

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	56	FÁBIO ABRANTES	M	28	1	00:35:08.71	00:35:08.71	UNIÃO CLUBE EIRENSE
2	26	JOSÉ PINTO	M	21	2	00:36:44.44	00:36:43.35	SL BENFICA
3	47	JOSE SILVA	M	45	1	00:36:58.14	00:36:56.42	MARATONA CLUBE VILA CHA
4	52	CRISTIANO REIS	M	30	3	00:38:27.82	00:38:25.70	
5	27	NUNO SILVA	M	37	4	00:39:23.56	00:39:21.43	
6	32	ANTÓNIO FERREIRA	M	51	1	00:39:23.61	00:39:23.61	
7	53	ANA FILIPA SANTOS	F	37	1	00:40:20.27	00:40:20.27	RIO MAIOR TRIATLO
8	20	LUIS MONTEIRO	M	47	2	00:40:42.12	00:40:39.80	
9	97	FILIPE GUERRA	M	28	5	00:40:53.00	00:40:53.00	CCDR COLMEAL DA TORRE
10	46	JOSE MADEIRA	M	27	6	00:41:09.57	00:41:07.52	MARATONA CLUBE VILA CHÃ
11	88	UWE BORSORF	M	49	3	00:41:33.83	00:41:31.62	
12	34	SANDRA TEIXEIRA	F	40	1	00:41:51.36	00:41:51.36	SPORTING CP
13	89	ALVARO COSTA	M	59	2	00:41:53.31	00:41:51.93	QUINTA DOS JUGAIS
14	43	VITOR SALVADOR	M	47	4	00:41:56.42	00:41:52.93	ASRSENHORA DO DESTERO
15	99	MANUEL LINO	M	62	1	00:42:04.37	00:42:03.24	DCI/TRILHOS LUSO BUSSACO
16	49	ALBERTO MENDES	M	54	3	00:42:05.92	00:42:04.20	MARATONA CLUBE VILA CHÃ
17	96	ALEXANDRE FIGUEIREDO	M	19	7	00:42:26.10	00:42:24.34	SL BENFICA
18	48	JACINTO CORREIA	M	54	4	00:42:26.59	00:42:25.06	MARATONA CLUBE VILA CHÃ
19	63	JOÃO SIMÕES	M	37	8	00:43:21.48	00:43:21.48	DCI/TRILHOS LUSO BUSSACO
20	67	PAULO MADEIRA	M	37	9	00:43:49.20	00:43:45.91	GAIA TRAIL
21	106	VENTURA PINTO	M	58	5	00:44:10.93	00:44:08.84	
22	112	RUI DUARTE	M	47	5	00:44:15.32	00:44:09.48	
23	14	ANDRE LEAL	M	32	10	00:44:16.86	00:44:13.22	
24	36	VANDA RIBEIRO	F	43	2	00:44:31.36	00:44:29.71	GRECAS
25	100	EDUARDO PINTO	M	62	2	00:44:31.72	00:44:29.48	SRA DO DESTERRO
26	79	JOAQUIM GONÇALVES	M	47	6	00:44:49.20	00:44:45.75	
27	15	NUNO RODRIGUES	M	41	7	00:45:00.00	00:44:54.22	
28	91	JOSE SANTOS	M	58	6	00:45:34.61	00:45:32.07	QUINTA DOS JUGAIS
29	92	INES SANTOS	F	20	2	00:45:34.64	00:45:33.23	QUINTA DOS JUGAIS
30	65	FRANCISCO FERRÃO	M	38	11	00:46:27.60	00:46:20.57	
31	536	JOAQUIM CARDOSO	M	46	8	00:46:44.59	00:46:28.88	
32	78	PAULO MARQUES	M	48	9	00:47:29.00	00:47:25.80	CLUBE ATLÉTICO OH
33	86	RICARDO MENDES	M	41	10	00:47:30.65	00:47:24.05	SONAE
34	113	MATILDE RODRIGUES	F	20	3	00:47:31.78	00:47:29.69	
35	533	NUNO SALVADOR	M	40	11	00:47:40.64	00:47:35.82	DAO NELAS RUNNERS

36	109	FILIPE BRIZIDA	M	44	12	00:47:46.99	00:47:39.63	
37	11	LUIS JESUS	M	26	12	00:48:16.52	00:48:13.14	
38	50	ANTONIO DIAS	M	63	3	00:48:43.66	00:48:39.83	MARATONA CLUBE VILA CHÃ
39	82	LUIS PESTANA	M	21	13	00:48:53.16	00:48:51.29	CLUBE ATLÉTICO OH
40	24	RODRIGO SAMPAIO	M	27	14	00:49:07.40	00:49:02.83	
41	38	JOÃO CRUZ	M	25	15	00:49:13.00	00:49:13.00	
42	93	HUMBERTO CASTANHEIRA	M	53	7	00:49:17.71	00:49:12.94	
43	42	PEDRO RIBEIRO	M	31	16	00:49:27.11	00:49:21.79	FISIOPATELAR
44	37	RAFAEL FONSECA	M	23	17	00:50:00.89	00:49:56.56	CLUBE ATLÉTICO OH
45	69	CARLOS RODRIGUES	M	34	18	00:50:17.87	00:50:06.94	SONAE
46	70	DIOGO PINTO	M	29	19	00:50:43.00	00:50:43.00	SONAE
47	17	VASCO FIGUEIREDO	M	44	13	00:51:02.77	00:50:55.71	
48	98	FLÁVIO FONSECA	M	26	20	00:51:06.31	00:51:02.90	
49	54	FRANCISCO DE SOUSA	M	39	21	00:51:15.64	00:51:09.40	RGYM RACING TEAM
50	39	JOÃO PAULO NEVES	M	53	8	00:52:15.38	00:52:10.77	PEGADOS & PINTOS DAS NEVES
51	19	MÁRIO SANTOS	M	55	9	00:52:46.82	00:52:40.39	
52	62	NARCISO ARROMBA	M	65	4	00:53:24.86	00:53:22.68	
53	108	GONÇALO ALVES	M	34	22	00:53:27.54	00:53:18.93	
54	10	MÁRCIO HENRIQUES	M	39	23	00:53:27.94	00:53:17.90	
55	66	VIDAL FERREIRA	M	40	14	00:53:28.23	00:53:18.70	TASKA FORCE
56	23	MÁRIO AMARO	M	47	15	00:53:56.81	00:53:49.31	
57	301	JORGE FIGUEIREDO	M	46	16	00:54:00.00	00:54:00.00	
58	85	RICARDO SANTOS	M	36	24	00:54:00.10	00:54:00.10	SONAE
59	104	FRANCISCO CRUZ	M	29	25	00:54:13.43	00:54:04.53	
60	45	JOSE FERNANDES	M	32	26	00:54:19.01	00:54:15.17	BTT LAZER ARCC
61	94	ALFREDO RODRIGUES	M	41	17	00:54:48.86	00:54:41.42	NÓS E CAMINHADAS
62	44	HELDER FIGUEIREDO	M	28	27	00:55:09.25	00:55:02.92	RGYM RACING TEAM
63	58	RICARDO DIAS	M	40	18	00:55:43.90	00:55:38.11	RGYM RACING TEAM
64	110	JOAO ISIDORO	M	19	28	00:57:04.94	00:57:01.80	
65	35	HELDER ISIDORO	M	38	29	00:57:12.51	00:57:09.47	
66	61	AGOSTINHO MANUEL PEREIRA	M	50	10	00:57:30.70	00:57:26.64	
67	12	BÁRBARA CRUZ	F	27	4	00:57:38.18	00:57:33.48	
68	16	JOÃO FIGUEIREDO	M	23	30	00:58:09.54	00:58:05.79	
69	51	ISAIAS PERALTA	M	71	5	00:58:30.00	00:58:30.00	MARATONA CLUBE VILA CHÃ
70	31	CLÁUDIO COSTA	M	23	31	00:59:14.78	00:59:10.84	
71	64	CLÁUDIA AFONSO	F	38	5	00:59:16.61	00:59:12.71	DCI/TRILHOS LUSO BUSSACO
72	77	CLAUDIO SANTOS	M	44	19	00:59:24.38	00:59:14.31	SONAE

73	76	LUIS PACHECO	M	43	20	00:59:26.47	00:59:16.47	SONAE
74	25	BRUNO MENDES	M	38	32	00:59:31.93	00:59:28.89	
75	75	PAULO ALMEIDA	M	38	33	00:59:34.67	00:59:23.98	SONAE
76	40	EDUARDO AMARAL	M	35	34	00:59:41.64	00:59:32.61	
77	29	LUIS FERREIRA	M	59	11	01:00:01.57	00:59:52.79	
78	68	ANA NOBRE	F	32	6	01:00:04.44	01:00:01.44	GAIA TRAIL
79	87	BRUNO PERES	M	33	35	01:00:08.40	00:59:57.93	SONAE
80	84	LUIS MARQUES	M	43	21	01:00:19.45	01:00:09.96	SONAE
81	107	EDUARDO CAMPOS	M	39	36	01:01:53.03	01:01:48.75	
82	57	VITOR HUGO GONÇALVES	M	16	37	01:02:04.16	01:01:58.87	
83	28	RAQUEL GOMES	F	43	3	01:02:10.19	01:02:04.19	
84	13	PAULO SILVA	M	46	22	01:02:10.98	01:02:05.85	
85	111	PAULA COSTA	F	47	4	01:02:34.57	01:02:27.72	
86	18	ANABELA FIGUEIREDO	F	43	5	01:02:48.24	01:02:40.27	
87	74	DANIEL FIGUEIREDO	M	19	38	01:06:19.97	01:06:14.89	ARCD DO BAIRRO DE SANTA CRUZ
88	41	SALOMÉ SILVA	F	33	7	01:06:55.39	01:06:46.94	
89	73	RUBEN COSTA	M	41	23	01:06:55.61	01:06:47.32	MOLONI RUNNING TEAM
90	83	GIL FONSECA	M	41	24	01:07:00.05	01:07:00.05	CLUBE ATLÉTICO OH
91	105	CRISTINA BORGES	F	38	8	01:07:04.50	01:07:00.31	
92	55	ANA SILVA	F	35	9	01:07:14.22	01:07:08.37	DÁO NELAS RUNNERS
93	1149	JORGE LUIZ	M	53	12	01:07:20.00	01:07:20.00	
94	534	ELISABETE SALVADOR	F	39	10	01:07:31.50	01:07:26.13	
95	71	PEDRO OLIVEIRA	M	27	39	01:07:53.16	01:03:49.81	SONAE
96	33	ANA FERREIRA	F	46	6	01:09:21.35	01:09:18.50	

Total de registros: 96