

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
90	1	1	ARTUR RODRIGUES	G.D.GUILHOVAI	M	25:16:00	MSEN
201	2	2	OSCAR MENDES	LIBERDADE F C	M	26:17:00	MSEN
186	3	3	RICARDO RIBAS	SL BENFICA	M	26:18:00	MSEN
293	4	1	ABILIO PEREIRA	NUCLEO DE ATLETISMO DAS TAIPAS	M	26:47:00	M40
91	5	1	JOAQUIM CARVALHO	FIGUEIREDOS RUNNERS E FRIENDS	M	27:08:00	M50
1	6	4	JOSE AZEVEDO		M	27:12:00	MSEN
285	7	2	ABILIO COSTA	SAO SALVADOR DO CAMPO	M	27:15:00	M50
109	8	5	AMERICO MOREIRA	C. D. POVOA	M	27:22:00	MSEN
323	9	2	JOAQUIM SILVA	SUNSHINE	M	27:25:00	M40
185	10	1	MARCELO DIAS	VARZEA	M	27:27:00	MJUN
179	11	3	MANUEL GOMES	SAO SALVADOR DO CAMPO	M	27:53:00	M50
146	12	3	JOSE TEIXEIRA	ADECA	M	27:56:00	M40
7	13	6	TIAGO NEVES	CLUBE GAIA	M	27:56:00	MSEN
10	14	7	PAULO BENEVENTE	ASSOCIACAO JORGE PINA	M	28:31:00	MSEN
301	15	8	MARCO SANTOS	FISIOJOANE	M	28:42:00	MSEN
200	16	9	SERGIO SALGUEIRO	VITORIA SPORT CLUBE	M	28:43:00	MSEN
15	17	10	JOAO MONTEIRO	CCD LEOES FLORESTA UBI	M	28:58:00	MSEN
163	18	11	RICARDO CAMPOS	ARC VALE S. COSME	M	29:20:00	MSEN
9	19	4	PAULO PINHEIRO	ASSOCIACAO JORGE PINA	M	29:24:00	M40
29	20	12	ANDRE PINTO	ANDATRILHOS FREAMUNDE	M	29:24:00	MSEN
3	21	13	LUIS PIMENTEL	ACMTERCEIRA	M	29:27:00	MSEN
153	22	5	JOSE ARAUJO	ADECA	M	29:36:00	M40
288	23	1	VANESA CARVALHO	S.C.BRAGA	F	29:51:00	FSEN
44	24	6	LUIS RIBEIRO		M	30:20:00	M40
184	25	14	HENRIQUE PIRES	ALVELOS	M	30:27:00	MSEN
348	26	7	CARLOS ALVAREZ	S.A.TREGA	M	30:45:00	M40
183	27	2	JESSICA PONTES	LIBERDADE F C	F	31:01:00	FSEN
298	28	4	JOAQUIM PEREIRA	CENTRAL RUNNERS	M	31:01:00	M50
13	29	15	LUIS CRUZ	ASSOCIACAO JORGE PINA	M	31:03:00	MSEN
140	30	16	TIAGO LIMA	AVES RUNNERS	M	31:14:00	MSEN
105	31	8	AFONSO TORRES	AVES RUNNERS	M	31:24:00	M40
349	32	3	ARIANA VERDE	S.A.TREGA	F	31:28:00	FSEN
315	33	9	JOSE FERNANDES	CYCLONES SANITOP	M	31:36:00	M40
159	34	10	RAUL SILVA	PROFISIO	M	31:37:00	M40
302	35	2	PAULO OLIVEIRA	FISIOJOANE	M	32:10:00	MJUN
167	36	17	MIGUEL GUIMARAES	ARC VALE S. COSME	M	32:11:00	MSEN
144	37	11	ABILIO FARIA	ADECA	M	32:29:00	M40
162	38	12	ANDRE MARTINS	TESCO TEAM RUNNING	M	32:42:00	M40
113	39	13	ALCINO SAMPAIO	AVES RUNNERS	M	32:50:00	M40
131	40	18	VITOR OLIVEIRA	AMAPE	M	33:09:00	MSEN
344	41	19	PEDRO PEREIRA	AMAPE	M	33:09:00	MSEN
49	42	20	MIGUEL SILVA		M	33:12:00	MSEN
143	43	21	BRUNO PEREIRA	ADECA	M	33:12:00	MSEN
107	44	14	JACINTO FONSECA		M	33:18:00	M40
108	45	1	FATIMA SILVA	C. D. POVOA	F	33:34:00	F40
309	46	22	PAULO GOMES	BOTAESIGA	M	33:35:00	MSEN
152	47	5	MANUEL RIBEIRO	ADECA	M	33:36:00	M50
147	48	23	JOSE CASTRO	ADECA	M	33:36:00	MSEN
81	49	15	JOSE COSTA		M	33:45:00	M40
106	50	24	AMARO BARBOSA	TARTARUGUINHAS	M	33:46:00	MSEN
101	51	25	TONI NETO	AVES RUNNERS	M	33:50:00	MSEN
125	52	26	PAULO FREITAS	AVES RUNNERS	M	33:50:00	MSEN
148	53	6	DELFINO MONTEIRO	ADECA	M	33:50:00	M50
303	54	27	LIBORIO VILELA	FISIOJOANE	M	33:55:00	MSEN
158	55	16	MANUEL GOMES	FAMA RUNNERS	M	33:56:00	M40
5	56	28	CLAUDINO MATOS	CLUBE GAIA	M	33:57:00	MSEN
310	57	29	LUIS RIBEIRO	BOTAESIGA	M	34:09:00	MSEN
50	58	30	FRANCISCO SILVA		M	34:10:00	MSEN
332	59	3	LUIS PEREIRA	PASTELARIA SAO CRISTOVAO	M	34:12:00	MJUN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
347	60	4	ROSENDO GONZALEZ	S.A.TREGA	M	34:19:00	MJUN
114	61	7	JOAO SILVA	DRAGON CLUB	M	34:28:00	M50
21	62	17	ANTONIO CALDAS	OS PRACETAS	M	34:38:00	M40
57	63	18	HELDER COSTA	AVES RUNNERS	M	34:40:00	M40
97	64	4	INES FIGUEIREDO	TURBULENTOS	F	34:42:00	FSEN
64	65	19	RICARDO MEIRA	OS SANTA APOLONIA	M	34:43:00	M40
306	66	31	OCTAVIO OLIVEIRA	FISIOJOANE	M	34:46:00	MSEN
96	67	32	NUNO BRITO		M	34:49:00	MSEN
82	68	20	FILIPE PEDROSA	AVES RUNNERS	M	34:50:00	M40
56	69	21	PAULO QUINTAS		M	34:58:00	M40
342	70	33	VITOR RIBEIRO	DOCE MOMENT	M	35:00:00	MSEN
198	71	34	MARCO MOREIRA		M	35:00:00	MSEN
312	72	22	EDUARDO BARBOSA	BOTAESIGA	M	35:13:00	M40
72	73	8	JOAQUIM FERREIRA	A.C. VERMOIM	M	35:19:00	M50
292	74	35		292	M	35:22:00	MSEN
305	75	23	JOSE SOTELO	FISIOJOANE	M	35:22:00	M40
24	76	36	MARIO PINTO		M	35:23:00	MSEN
14	77	5	FRANCISCO SERRA	CCD LEOES FLORESTA UBI	M	35:23:00	MJUN
149	78	24	AGOSTINHO BARROS	ADECA	M	35:33:00	M40
142	79	25	FRANCISCO MORAIS	ADECA	M	35:33:00	M40
196	80	1	FRANCISCO	RODA DOS VENTOS	M	35:35:00	M60
157	81	26	ANTONIO OLIVEIRA	ARPO	M	35:35:00	M40
47	82	27	CARLOS BATISTA		M	35:41:00	M40
191	83	5	NADINE LARANJEIRA	C. D. POVOA	F	35:46:00	FSEN
102	84	2	HELENA BALDASSARRE	TURBULENTOS	F	35:48:00	F40
165	85	37	RICARDO SEARA	ARC VALE S. COSME	M	35:50:00	MSEN
150	86	2	JOSE MAGALHAES	ADECA	M	35:53:00	M60
118	87	28	PAULO RIBEIRO	DRAGON CLUB	M	35:53:00	M40
295	88	38		295	M	36:02:00	MSEN
65	89	9	JORGE MACHADO	OS SANTA APOLONIA	M	36:02:00	M50
35	90	39	LUIS MARTINS		M	36:06:00	MSEN
80	91	29	JORGE SILVA	PEVIDEM	M	36:07:00	M40
177	92	10	ALVARO COSTA	ALTOS E BAIXOS	M	36:12:00	M50
160	93	30	JORGE PACHECO		M	36:13:00	M40
127	94	3	CLAUDIA PIMPAREL	SHOTS INTERNATIONAL RUNNERS	F	36:14:00	F40
128	95	11	JOAO LOPES	DESPORTIVO ASAS S. JORGE FAFE	M	36:14:00	M50
92	96	31	HELDER MARTINS	AVES RUNNERS	M	36:19:00	M40
41	97	32	JORGE SILVA	RUNNERS UNIDOS A PIPA	M	36:24:00	M40
70	98	12	FERNANDO PAIVA		M	36:24:00	M50
171	99	13	ANTONIO FERNANDES		M	36:25:00	M50
27	100	33	CARLOS CARDOSO		M	36:33:00	M40
197	101	40	AGOSTINHO COSTA	ARC VALE S. COSME	M	36:39:00	MSEN
334	102	41	NUNO BAPTISTA	PASTELARIA SAO CRISTOVAO	M	36:44:00	MSEN
77	103	14	ALVARO PEREIRA	AVES RUNNERS	M	36:46:00	M50
151	104	15	FRANCISCO GOMES	ADECA	M	36:47:00	M50
155	105	42	JOAO MACHADO	SQUADRA DI POTENZA	M	37:06:00	MSEN
141	106	43	VITOR MOREIRA		M	37:06:00	MSEN
111	107	44	JORGE COSTA	AVES RUNNERS	M	37:12:00	MSEN
307	108	45	RUI GOMES	BOTAESIGA	M	37:16:00	MSEN
291	109	16	JOSE MAGALHAES	A.C. VERMOIM	M	37:16:00	M50
69	110	34	RAFAEL GOUVEIA	AVES RUNNERS	M	37:20:00	M40
68	111	4	EVA GOUVEIA	AVES RUNNERS	F	37:20:00	F40
75	112	46	HUGO SAMPAIO		M	37:24:00	MSEN
121	113	47	GABRIEL CARNEIRO	AVES RUNNERS	M	37:24:00	MSEN
117	114	35	MARIO OLIVEIRA		M	37:25:00	M40
39	115	36	OLEGARIO OLIVEIRA	RUNNERS UNIDOS A PIPA	M	37:28:00	M40
6	116	48	DOMINGOS OLIVEIRA	CLUBE GAIA	M	37:28:00	MSEN
195	117	37	ARMANDO OLIVEIRA	MAGIC FRIENDS RUNNERS	M	37:29:00	M40
205	118	49	NELSON MACHADO	PROFISIO	M	37:31:00	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
343	119	50	RICARDO COELHO	DOCE MOMENT	M	37:37:00	MSEN
129	120	38	LEONEL MARTINS	AVES RUNNERS	M	37:43:00	M40
174	121	51	ANGELO CARNEIRO	ALTOS E BAIXOS	M	37:47:00	MSEN
86	122	52	PEDRO MORAIS	CHOCO TEAM	M	37:49:00	MSEN
74	123	53	HUGO BENEVENTE	C.A.AMIGOS PARQUE DA PAZ	M	37:54:00	MSEN
327	124	39	RUI OLIVEIRA	SUNSHINE	M	37:59:00	M40
88	125	17	JOAQUIM PEREIRA	RODA DOS VENTOS	M	38:08:00	M50
313	126	40	CARLOS RIBEIRO	BOTAESIGA	M	38:11:00	M40
316	127	18	JOSE SILVA		M	38:16:00	M50
4	128	54	BRUNO GASPAR	CLUBE GAIA	M	38:22:00	MSEN
317	129	6	FERNANDO LOPES		M	38:32:00	MJUN
25	130	41	ARMINDO FERNANDES		M	38:37:00	M40
339	131	55	JOAQUIM MENDES	DOCE MOMENT	M	38:39:00	MSEN
136	132	56	HUGO RIBEIRO	AVES RUNNERS	M	38:39:00	MSEN
170	133	42	PEDRO MARTINS		M	38:40:00	M40
132	134	57	RICARDO QUINTAS	AVES RUNNERS	M	38:42:00	MSEN
103	135	19	GIUSEPPE BALDASSARRE	TURBULENTOS	M	38:43:00	M50
137	136	58	BRUNO MONTEIRO	AMAPE	M	38:47:00	MSEN
138	137	59	LUIS PEDRO	GUIMARUNNING MOSCADA	M	38:56:00	MSEN
294	138	1	MANUELA BENTO	CEPANENSE	F	38:56:00	F50
16	139	60	CARLOS DIOGO	CCD LEOES FLORESTA UBI	M	39:01:00	MSEN
335	140	61	JOAO MENDES	PASTELARIA SAO CRISTOVAO	M	39:19:00	MSEN
38	141	2	CELESTE CRUZ	TURBULENTOS	F	39:19:00	F50
181	142	62	VITOR BARBOSA	RUNNERS UNIDOS A PIPA	M	39:21:00	MSEN
33	143	63	DUARTE BRITO		M	39:23:00	MSEN
79	144	64	DINIS SOARES	AVES RUNNERS	M	39:23:00	MSEN
169	145	65	JOSE CEOLHO		M	39:25:00	MSEN
32	146	66	SIMAO FERREIRA		M	39:35:00	MSEN
8	147	5	MARIA FERNANDES	CLUBE GAIA	F	39:39:00	F40
333	148	43	ABILIO SILVA	PASTELARIA SAO CRISTOVAO	M	39:40:00	M40
345	149	44	RUI COSTA	INDIVIDUAL	M	39:45:00	M40
176	150	45	RUI SILVA	ALTOS E BAIXOS	M	39:46:00	M40
135	151	6	LUISA MONTEIRO	CORRE COMIGO RIBA DE AVE	F	39:48:00	F40
182	152	20	JAIME GONCALVES	RUNNERS UNIDOS A PIPA	M	40:07:00	M50
20	153	46	ALBERTO SILVA	TEAM TOYOTA	M	40:10:00	M40
115	154	47	FLORIANO GONCALVES	AVES RUNNERS	M	40:11:00	M40
330	155	67	AURELIO FERNANDES	SUNSHINE	M	40:19:00	MSEN
331	156	68	SALVADOR GONCALVES	PASTELARIA SAO CRISTOVAO	M	40:23:00	MSEN
12	157	69	BRUNO MATEUS	ASSOCIACAO JORGE PINA	M	40:26:00	MSEN
30	158	70	BRUNO AZEVEDO		M	40:31:00	MSEN
37	159	6	LILI LS	DRAGON CLUB	F	40:35:00	FSEN
319	160	71	VITOR COSTA	SUNSHINE	M	40:35:00	MSEN
54	161	48	TOZE LS	DRAGON CLUB	M	40:38:00	M40
308	162	72	PAULO PEREIRA	BOTAESIGA	M	40:40:00	MSEN
168	163	73	HUMBERTO DINIS		M	40:44:00	MSEN
180	164	21	JOSE ALVES	RUNNERS UNIDOS A PIPA	M	40:57:00	M50
45	165	74	JOAO LEITE	CLUBE ATLESTISMO FAFE	M	40:57:00	MSEN
337	166	49	CARLOS MIRANDA	PASTELARIA SAO CRISTOVAO	M	41:00:00	M40
40	167	50	CARLOS ALVES		M	41:00:00	M40
296	168	75		296	M	41:01:00	MSEN
71	169	22	ANTONIO FERREIRA		M	41:02:00	M50
145	170	7	ANGELA ABREU	ADECA	F	41:04:00	FSEN
59	171	7	SANDRA VELOSO	AVES RUNNERS	F	41:16:00	F40
46	172	51	ANTONIO DIAS	RUNNERS UNIDOS A PIPA	M	41:18:00	M40
124	173	8	CATIA MAGALHAES	AVES RUNNERS	F	41:23:00	FSEN
123	174	76	DIOGO MATOS		M	41:23:00	MSEN
189	175	77	ANTONIO FERNANDES		M	41:23:00	MSEN
26	176	52	CANDIDO MACHADO		M	41:24:00	M40
321	177	53	RUI PESTANA	SUNSHINE	M	41:24:00	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
290	178	8	SANDRA MESQUITA	OS SANTA APOLONIA	F	41:25:00	F40
95	179	54	ABILIO FERREIRA	AVES RUNNERS	M	41:39:00	M40
322	180	9	DEOLINDA FARIA	SUNSHINE	F	41:45:00	F40
94	181	55	PEDRO DINIS	CORRE COMIGO RIBA DE AVE	M	41:55:00	M40
63	182	9	MARA SAMPAIO	AVES RUNNERS	F	42:02:00	FSEN
55	183	56	HONORATO COELHO	AVES RUNNERS	M	42:03:00	M40
89	184	78	CARLOS PEREIRA		M	42:08:00	MSEN
34	185	57	PEDRO SILVA		M	42:09:00	M40
166	186	79	ANTONIO COSTA	ARC VALE S. COSME	M	42:22:00	MSEN
346	187	23	ANTONIO SILVA	INDIVIDUAL	M	42:22:00	M50
31	188	58	RICARDO MACHADO		M	42:28:00	M40
188	189	80	JOSE CASTRO	AVES RUNNERS	M	42:38:00	MSEN
58	190	3	DELFINA ROMPANTE	AVES RUNNERS	F	42:49:00	F50
193	191	4	NILDA MAGALHAES	MAGIC FRIENDS RUNNERS	F	42:50:00	F50
320	192	59	RAMIRO GUIMARAES	SUNSHINE	M	42:51:00	M40
336	193	81	FAUSTO CUNHA	PASTELARIA SAO CRISTOVAO	M	42:53:00	MSEN
202	194	10	HELENA SOARES	TURBULENTOS	F	42:59:00	F40
42	195	10	SARA MACHADO	FIGUEIREDOS RUNNERS E FRIENDS	F	42:59:00	FSEN
164	196	60	JOAO RAMALHO	ARC VALE S. COSME	M	43:02:00	M40
338	197	82	FERNANDO CUNHA	DOCE MOMENT	M	43:14:00	MSEN
175	198	83	LUCIANO ROCHA	ALTOS E BAIXOS	M	43:21:00	MSEN
110	199	84	ANDRE GOMES		M	43:25:00	MSEN
341	200	85	FILIPE MIRANDA	DOCE MOMENT	M	43:38:00	MSEN
73	201	86	JORGE TEIXEIRA	CHOCO TEAM	M	43:41:00	MSEN
194	202	11	ELIA OLIVEIRA	MAGIC FRIENDS RUNNERS	F	43:45:00	F40
84	203	11	JOANA MENESES	CHOCO TEAM	F	43:46:00	FSEN
93	204	24	JOSE MARIA		M	43:50:00	M50
324	205	87	MIGUEL RIBEIRO	SUNSHINE	M	43:50:00	MSEN
299	206	12	CECILIA VIEIRA	FISIOJOANE	F	43:50:00	FSEN
304	207	13	MARTA PEIXOTO	FISIOJOANE	F	44:18:00	FSEN
130	208	61	CARLOS BRITO	TURBULENTOS	M	44:22:00	M40
98	209	3	MANUEL SILVA	TURBULENTOS	M	44:23:00	M60
11	210	88	PEDRO FERNANDES	ASSOCIACAO JORGE PINA	M	44:36:00	MSEN
36	211	89	JOAO FERREIRA		M	44:42:00	MSEN
119	212	14	DANIELA FILIPA	DRAGON CLUB	F	45:04:00	FSEN
329	213	15	DIANA PEREIRA	SUNSHINE	F	45:08:00	FSEN
62	214	62	ALFREDO MACHADO		M	45:11:00	M40
60	215	63	GABRIEL FREITAS	AVES RUNNERS	M	45:14:00	M40
116	216	5	GORETI SILVA	DRAGON CLUB	F	45:27:00	F50
48	217	90	VITOR PIMENTA		M	45:45:00	MSEN
300	218	64	RICARDO BATISTA	AVES RUNNERS	M	45:46:00	M40
297	219	91	ANTONIO COELHO	AVES RUNNERS	M	45:46:00	MSEN
28	220	92	NELSON PINTO		M	46:08:00	MSEN
172	221	65	PAULO RIBEIRO	ALTOS E BAIXOS	M	46:29:00	M40
173	222	66	BRUNO ROCHA	ALTOS E BAIXOS	M	46:30:00	M40
154	223	93	FILIPE FERNANDES		M	47:20:00	MSEN
314	224	67	AVELINO PEREIRA	BOTAESIGA	M	47:25:00	M40
311	225	1	JOAO PEREIRA	BOTAESIGA	M	47:26:00	
328	226	12	CARLA PEREIRA	SUNSHINE	F	47:31:00	F40
325	227	25	XAVIER SILVA	SUNSHINE	M	47:31:00	M50
87	228	68	RUI COSTA	CORRE COMIGO RIBA DE AVE	M	47:32:00	M40
104	229	16	ANA AMORIM	CORRE COMIGO RIBA DE AVE	F	47:33:00	FSEN
190	230	69	MIGUEL ABREU	RUNNERS UNIDOS A PIPA	M	47:54:00	M40
23	231	17	ANA MOURA		F	47:59:00	FSEN
156	232	4	NATALINO PEREIRA		M	48:02:00	M60
112	233	13	SANDRA GOMES	AVES RUNNERS	F	49:08:00	F40
22	234	18	MARILIA FERREIRA		F	49:39:00	FSEN
67	235	14	CELIA SOUSA	AVES RUNNERS	F	49:42:00	F40
192	236	19	FILIPA ANDRADE		F	50:21:00	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Tempo	Escalão
326	237	94	JORGE MONTEIRO	SUNSHINE	M	50:24:00	MSEN
83	238	20	VERA GONCALVES	AVES RUNNERS	F	50:33:00	FSEN
2	239	95	VITOR PLENO	APPACDMCOIMBRA	M	50:51:00	MSEN
289	240	70	FRANCISCO SOUSA		M	51:08:00	M40
122	241	15	FILIPA CARVALHO	A D ESMERIZ RUNNING	F	51:11:00	F40
286	242	71	FILIFE COELHO		M	51:36:00	M40
287	243	72	GILBERTO CARVALHO		M	51:37:00	M40
134	244	21	ANDREIA OLIVEIRA	AVES RUNNERS	F	51:37:00	FSEN
133	245	22	BEATRIZ PEREIRA	AVES RUNNERS	F	51:37:00	FSEN
85	246	6	RICARDINA MENESES	CHOCO TEAM	F	51:45:00	F50
120	247	23	ARIANA PEREIRA	AVES RUNNERS	F	52:05:00	FSEN
283	248	24	ISABEL MAGALHAES		F	53:24:00	FSEN
139	249	25	TANIA NETO	AVES RUNNERS	F	53:44:00	FSEN
100	250	26	DIANA MATOS	AVES RUNNERS	F	54:09:00	FSEN
66	251	7	PAULA CASTRO	AVES RUNNERS	F	54:55:00	F50
78	252	8	CARMINDA CASTRO	AVES RUNNERS	F	55:17:00	F50
284	253	27	MANUELA ABREU		F	58:25:00	FSEN
99	254	16	PAULA ASSUNCAO	AVES RUNNERS	F	58:59:00	F40
76	255	26	JOAQUIM CASTRO	AVES RUNNERS	M	59:56:00	M50