

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1	Daniel Pinheiro	00:22:08	00:22:08		1
2	Artur Rodrigues	00:22:15	00:22:15	Núcleo de Atletismo de Cucujães	2
3	Luis Mendes	00:22:19	00:22:19		3
4	Paulo Pereira	00:23:31	00:23:31	Núcleo de Atletismo de Cucujães	4
5	Mario Fonseca	00:23:51	00:23:51	CDC NAVAIS	5
6	Baltazar Sousa	00:24:09	00:24:09		1
7	Sérgio Teixeira	00:24:24	00:24:24		1
8	José Monteiro	00:24:39	00:24:39	Individuais	1
9	Vitor Gonçalo	00:24:50	00:24:45		1
10	David Fernandes	00:24:58	00:24:58	A.R. Luz e Vida Gondomarense	6
11	Antonio Caneca	00:25:05	00:25:05	Associação Desportiva Rio Largo Clube de Espinho	2
12	João Pereira	00:25:11	00:25:11	AFISOVAR	2
13	Ulisses Lopes	00:25:14	00:25:12		2
14	Nuno Silva	00:25:18	00:25:18	I2S Run Team	7
15	Paulo Gomes	00:25:28	00:25:27	Dá-lhe Gás	3
16	Pedro Carvalho	00:25:34	00:25:34	CCD-APDL	8
17	Sara Carvalho	00:25:39	00:25:39		1
18	Adão Silva	00:25:55	00:25:55		3
19	Joaquim Lopes	00:25:55	00:25:54		4
20	Mario Carreira	00:26:10	00:26:10		4
21	André Cabreira	00:26:15	00:26:15		9
22	Manuel Mendes	00:26:18	00:26:18	Vitória Sport Clube	5
23	Alberto Mendes	00:26:19	00:26:18	Vitória Sport Clube	6
24	Carlos Baptista	00:26:21	00:26:19		5
25	Fernando Soares	00:26:25	00:26:24	Trapaceiros	7
26	Marta Martins	00:26:25	00:26:25		2
27	Mário Gonçalves	00:26:32	00:26:26	Amigos do pagode	6
28	Paulo Oliveira	00:26:39	00:26:38		8
29	Romeu Sousa	00:26:41	00:26:37		10
30	Bruno Martins	00:26:43	00:26:42		11
31	Alvaro Grande	00:26:44	00:26:44		1
32	Paulo Pereira	00:26:45	00:26:42		12
33	Luis Rodrigues	00:26:48	00:26:45	Associação Desportiva Rio Largo Clube de Espinho	13
34	Modesto Vieira	00:26:50	00:26:50		7
35	Carlos Cruz	00:27:00	00:27:00		8
36	Domingos Barros	00:27:00	00:27:00	Sociedade Instrução e Recreio Aldreense	9
37	Carlos F.baptista	00:27:00	00:26:57		14

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
38	Fernando Santos	00:27:05	00:27:03	Grupo Desportivo Luz Verde	15
39	Joaquim Fernandes	00:27:05	00:26:55		10
40	Francisco Teixeira	00:27:07	00:27:05	Grupo Desportivo Luz Verde	11
41	António Ruela	00:27:09	00:27:04		3
42	João Sousa	00:27:11	00:27:08		16
43	António Ascensão	00:27:12	00:27:10		17
44	Antonio Vale	00:27:20	00:27:20		12
45	Joao Silva	00:27:23	00:27:22		18
46	Eduardo Brandaõ	00:27:30	00:27:29		19
47	Sergio Jorge	00:27:31	00:27:30		20
48	Cristiano Pereira	00:27:32	00:27:30		21
49	Fernando Mendes	00:27:34	00:27:26		4
50	Miguel Figueiredo	00:27:38	00:27:30	Café Ponto Final/Conf. Paulo Nogueira	22
51	Hernani Soares	00:27:39	00:27:31		5
52	Hilmar Knoll	00:27:40	00:27:40		6
53	Vitor Pinto	00:27:40	00:27:35	Chill Out	23
54	Carlos Machado	00:27:43	00:27:38	Grupo Desportivo da Limpeza Urbana - CMP	24
55	Miguel Constante	00:27:48	00:27:48		1
56	Rui Sobral	00:27:50	00:27:49		13
57	Fernando Brandão	00:27:51	00:27:49		9
58	Amaro Silva	00:27:59	00:27:58	Grupo Cultural Recreativo de Alvarelos	10
59	Juan Oliveira	00:28:01	00:27:54		25
60	Antonio Silva	00:28:02	00:28:02		7
61	José Mendes	00:28:06	00:28:06	Clube Galp Energia - Norte	11
62	Paulo Azevedo	00:28:06	00:27:40		26
63	Manuel Carneiro	00:28:08	00:28:08	Grupo Cultural Recreativo de Alvarelos	12
64	Miguel Barbosa	00:28:12	00:28:02	CLUBE IND 38	13
65	Fernando Ferreira	00:28:14	00:28:13	Grupo Desportivo da Limpeza Urbana - CMP	14
66	Orlando Oliveira	00:28:16	00:28:11		2
67	Manuel Centeno	00:28:19	00:28:15		27
68	Fábio Pereira	00:28:19	00:27:53		28
69	Ernesto Pinto	00:28:24	00:28:24		15
70	Abílio Marques	00:28:24	00:28:14		29
71	Paulo Ribeiro	00:28:25	00:27:42	OS AMIGOS PAPA MILHAS	16
72	Ricardo Lima	00:28:26	00:28:14	Chill Out	30
73	Alberto Soares	00:28:26	00:28:05	centro recreio popular s. tiago	14
74	Roemu Sousa	00:28:30	00:28:25		31

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
75	João Cruz	00:28:30	00:28:17	Grupo Desportivo Santander Totta	32
76	Duarte Rocha	00:28:30	00:28:21		33
77	Manuel Lima	00:28:31	00:28:09		34
78	Ricardo Magalhães	00:28:32	00:27:40		35
79	Tiago Alves	00:28:35	00:28:30		36
80	Jorge Esteves	00:28:36	00:28:33	Desnivel Positivo-Sportzone	2
81	Julio Magalhaes	00:28:36	00:28:28	LOUSADA RUNNERS	37
82	José Corval	00:28:39	00:28:39		3
83	Ricardo Gonçalves	00:28:39	00:28:39		38
84	Bruno Bino	00:28:40	00:28:25		39
85	Fernando Pereira	00:28:40	00:28:39	CPTBairro Carcavelos	4
86	Domingos Presas	00:28:40	00:00:00	Nascidos para Correr	15
87	Nuno Cardoso	00:28:40	00:27:36		40
88	Filipe Lima	00:28:41	00:28:29	Grupo Desportivo Santander Totta	41
89	Evelina Shamarova	00:28:43	00:28:42	Porto Runners	3
90	Manuel Oliveira	00:28:43	00:28:43	Perene	16
91	Fernando Correia	00:28:44	00:28:40		42
92	Julio Ribeiro	00:28:47	00:28:23	centro recreio popular s. tiago	17
93	André Pinto	00:28:49	00:28:32	Freamunde Running Crew	43
94	José Rosendo	00:28:52	00:28:43		8
95	Diogo Machado	00:28:53	00:28:53		44
96	Antonio Ribeiro	00:28:53	00:28:53		5
97	Manuela Machado	00:28:53	00:28:53		4
98	Armando Oliveira	00:28:54	00:28:44	LOUSADA RUNNERS	9
99	Manuel Ribeiro	00:28:55	00:28:51	OS KÁGADOS	6
100	Filipe Moreira	00:28:57	00:28:54		17
101	Emanuel Valente	00:29:05	00:28:57	DRAGÕES do VOLFRAMIO	10
102	Aurelio Vieira	00:29:08	00:28:19		45
103	Jorge Fonseca	00:29:10	00:29:10		11
104	David Perdigoto	00:29:14	00:28:52		46
105	Fabrizio Amador	00:29:18	00:28:27	BOM SUCESSO HEALTH CLUB	47
106	Anibal Silva	00:29:18	00:29:14		1
107	João Peralta	00:29:19	00:29:08		18
108	José Silva	00:29:23	00:29:11		18
109	Jaime Moreira	00:29:26	00:29:26	Grupo Cultural Recreativo de Alvarelhos	19
110	Miguel Teixeira	00:29:26	00:29:19	Nascidos para Correr	48
111	Rui Eusébio	00:29:26	00:29:26		19

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
112	Sérgio Capelo	00:29:28	00:29:17	Manos Capelo	49
113	Bruno Pinto	00:29:28	00:29:28		3
114	Jose Silva	00:29:29	00:29:19		20
115	Paulo Oliveira	00:29:29	00:29:29		21
116	Rui Leitão	00:29:29	00:28:53		50
117	Jose Ribeiro	00:29:29	00:29:26		12
118	Vander Silva	00:29:29	00:28:48	h3 Porto	51
119	Filipe Coimbra	00:29:31	00:29:27		13
120	Silverio Miranda	00:29:31	00:29:31	Sociedade Instrução e Recreio Aldreense	20
121	Joao Correia	00:29:32	00:29:24	LOUSADA RUNNERS	21
122	Albino Fernandes	00:29:33	00:00:00	GINASIO CLUBE SANTO TIRSO	14
123	Alvaro Machado	00:29:36	00:29:16	CLUBE GBES-DELEGAÇÃO NORTE	22
124	Helder Rodrigues	00:29:36	00:29:24		52
125	Luis Cerquinho	00:29:37	00:28:42	Caes Da Avenida	2
126	Carlos Vieira	00:29:42	00:29:23	Energia Ginásio	53
127	João Silva	00:29:43	00:29:24		54
128	Pedro Silva	00:29:45	00:29:41		55
129	Carlos Silva	00:29:46	00:29:38	Chill Out	23
130	Josè Matos	00:29:48	00:29:45	OS KÁGADOS	56
131	Andre Magalhaes	00:29:48	00:29:48		57
132	Silvério Oliveira	00:29:49	00:29:49		24
133	Vitor Pereira	00:29:49	00:28:56		58
134	Paulo Alves	00:29:49	00:28:55		59
135	Antonio Silva	00:29:50	00:29:43	LOUSADA RUNNERS	22
136	Pedro Fernandes	00:29:50	00:29:37		60
137	Jose Machado	00:29:50	00:29:39		25
138	Carlos Gavinho	00:29:51	00:29:13		23
139	Miguel Nascimento	00:29:51	00:29:46		26
140	João Dias	00:29:53	00:29:29		61
141	Paulo Ribeiro	00:29:53	00:29:29		27
142	Augusto Baptista	00:29:54	00:29:52		15
143	Salvador Silva	00:29:55	00:29:34	CLUBE GBES-DELEGAÇÃO NORTE	62
144	Roberto Ferreira	00:29:55	00:29:40		63
145	José Santos	00:29:56	00:28:35		64
146	Orlando Silva	00:29:56	00:29:32		28
147	Paulo Silva	00:29:59	00:29:43		65
148	Albano Braga	00:29:59	00:29:56		7

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
149	Joaquim Nogueira	00:30:01	00:29:56		8
150	Ricardo Rocha	00:30:04	00:29:48		66
151	Markus Renn	00:30:06	00:00:00		67
152	Pedro Rodrigues	00:30:07	00:30:07	Portugal	68
153	Bruno Gomes	00:30:08	00:29:43		69
154	Bruno Dinarez	00:30:09	00:30:09		70
155	Geraldo Gomes	00:30:10	00:30:10		24
156	Antonio Nascimento	00:30:11	00:29:49	centro recreio popular s. tiago	25
157	João Capelo	00:30:13	00:30:01	Manos Capelo	71
158	Miguel Ferreira	00:30:13	00:29:21	Oporto Squash & Running	72
159	Nuno Silva	00:30:13	00:30:03	ASCUM Moreiró	73
160	Alberto Meireles	00:30:14	00:30:08		16
161	Jose Neves	00:30:15	00:29:34		74
162	Rui Araújo	00:30:16	00:29:12	Sapadores da Invicta Associação Cultural e Desportiva	75
163	Rui Ribeiro	00:30:16	00:30:05		26
164	Diogo Cardoso	00:30:18	00:29:35	Individuais	76
165	Pedro Mesquita	00:30:18	00:29:27	Oporto Squash & Running	29
166	Diana Pinto	00:30:21	00:30:17		5
167	Pedro Ezequiel	00:30:21	00:30:12	JAVIP	77
168	Eugénio Ribeiro	00:30:23	00:30:18		78
169	Maximiano Rodrigues	00:30:23	00:30:01	centro recreio popular s. tiago	27
170	Joaquim Leandro	00:30:25	00:00:00	Living	17
171	Marco Almeida	00:30:29	00:30:29	Clube Galp Energia - Norte	79
172	Artur Ferraz	00:30:30	00:30:17	A KARATE FELGUEIRAS	18
173	Carlos Braga	00:30:31	00:29:42	Caes Da Avenida	30
174	Antonio Maltez	00:30:31	00:28:59		9
175	Artur Freitas	00:30:31	00:30:29		2
176	Armando Costa	00:30:32	00:29:17		28
177	Guilherme Ferraz	00:30:34	00:30:30		80
178	Paulo Bernardo	00:30:37	00:30:28		29
179	Fernando Coelho	00:30:37	00:30:11		31
180	Paulo Costa	00:30:39	00:00:00		81
181	Luis Azevedo	00:30:40	00:00:00		82
182	Joao Santos	00:30:43	00:30:35		83
183	Ricardo Osorio	00:30:44	00:30:07		10
184	Helder Silva	00:30:44	00:29:53		84
185	Antonio Caldas	00:30:44	00:30:41		11

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
186	José Machado	00:30:45	00:30:29		85
187	Fernando Silva	00:30:45	00:30:44	Grupo Cultural Recreativo de Alvarelhos	30
188	José Guerra	00:30:45	00:29:51		86
189	Luís Matos	00:30:46	00:30:30	Osvaldo Matos	87
190	Fernando Remelgado	00:30:47	00:00:00		88
191	J Menezes	00:30:48	00:30:24		32
192	Filipe Leite	00:30:49	00:29:40	AFISOVAR	3
193	Alexandre Moreira	00:30:49	00:30:35		89
194	José Ferreira	00:30:50	00:30:50		90
195	Carlos Silva	00:30:50	00:30:39	Clube de Corrida In&Out Parque da Aguda	91
196	Bruno Boas	00:30:51	00:30:22		92
197	Manuel Cerquinho	00:30:52	00:29:45		93
198	Fernando Silva	00:30:54	00:30:35		33
199	Gonçalo Couto	00:30:55	00:30:55		94
200	Carlos Moreira	00:30:57	00:30:42	Clube de Corrida In&Out Parque da Aguda	95
201	Vitor Oliveira	00:31:01	00:00:00		34
202	Manuel Oliveira	00:31:03	00:30:30		35
203	Virgílio Carção	00:31:06	00:30:50	PT Running TEAM	36
204	Tiago Teixeira	00:31:07	00:30:33		96
205	Alfredo Rocha	00:31:08	00:31:08	CCD-APDL	3
206	Celestino Silva	00:31:08	00:30:53	Café Ponto Final/Conf. Paulo Nogueira	31
207	Joaquim Nunes	00:31:08	00:30:26	Sapadores da Invicta Associação Cultural e Desportiva	32
208	Renato Sousa	00:31:09	00:31:03	DeRose Running Team	97
209	Jose Manta	00:31:10	00:30:53	AFISOVAR	12
210	José Amor	00:31:11	00:31:08		98
211	Brigida Pinto	00:31:11	00:31:06	Chill Out	6
212	Paulo Marques	00:31:11	00:31:00	Café Ponto Final/Conf. Paulo Nogueira	37
213	Ricardo Queiróz	00:31:11	00:31:11	A.R. Luz e Vida Gondomarense	99
214	Pedro Guimaraes	00:31:12	00:30:30		100
215	José Ribeiro	00:31:12	00:31:04	Grupo Desportivo da Limpeza Urbana - CMP	19
216	Pedro Lago	00:31:13	00:31:04		33
217	Luis Peixoto	00:31:13	00:30:40		101
218	Ricardo Pinheiro	00:31:14	00:30:57	PT Running TEAM	102
219	Nuno Vieira	00:31:14	00:30:46		103
220	Jose Abreu	00:31:15	00:31:11	GRUPO DESPORTIVO LEÕES DO VENEZA	4
221	Joaquim Marques	00:31:15	00:31:13	Grupo Cultural Recreativo de Alvarelhos	34
222	Manuel Tavares	00:31:16	00:30:30		35

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
223	Manuel Peixoto	00:31:16	00:30:34	OS AMIGOS PAPA MILHAS	38
224	Pedro Maia	00:31:17	00:30:43		36
225	Jorge Oliveira	00:31:17	00:31:15		104
226	Alcides Sales	00:31:18	00:31:03	Cirac	20
227	Pedro Pereira	00:31:18	00:31:07		105
228	Claudio Pinto	00:31:20	00:31:13		39
229	Julio Monteiro	00:31:21	00:31:18		21
230	Nuno Teixeira	00:31:22	00:30:48		106
231	Nuno Rodrigues	00:31:23	00:31:01		37
232	Luis Gama	00:31:23	00:31:13	Vitória Sport Clube	22
233	Pedro Vales	00:31:25	00:31:06		40
234	Pedro Braz	00:31:25	00:31:02		107
235	Mário Gonçalves	00:31:26	00:31:19	Amigos do pagode	23
236	Mário Vilanova	00:31:26	00:31:11		38
237	Pedro Almeida	00:31:27	00:31:07		108
238	João Pereira	00:31:29	00:31:17		109
239	Manuel Costa	00:31:30	00:31:29		24
240	Antonio Oliveira	00:31:30	00:31:22		25
241	Jorge Silva	00:31:31	00:31:26	Chill Out	110
242	Firmino Nogueira	00:31:31	00:31:10		39
243	António Teixeira	00:31:32	00:31:08		40
244	Manuel Tavares	00:31:32	00:30:28	Açoreana Clube Banif	41
245	Franclim Prata	00:31:33	00:31:09		41
246	Ernesto Brandão	00:31:33	00:31:10	NUCLEO KARATE E ATLETISMO DE RORIZ	26
247	Armindo Torres	00:31:33	00:31:09	NUCLEO KARATE E ATLETISMO DE RORIZ	27
248	Rui Gonçalves	00:31:36	00:31:21		111
249	Pedro Albuquerque	00:31:36	00:31:28		112
250	Paulo Correia	00:31:36	00:30:30		113
251	Pedro Barbosa	00:31:37	00:31:26		114
252	Manuel Teixeira	00:31:37	00:31:30	LOUSADA RUNNERS	28
253	Casimiro Fernandes	00:31:37	00:31:30	Vitória Sport Clube	13
254	Alvaro Araujo	00:31:37	00:31:29	Vitoria Sport Clube	29
255	João Martins	00:31:39	00:31:34		115
256	Miguel Madureira	00:31:40	00:30:36	Açoreana Clube Banif	42
257	Jacinto Oliveira	00:31:40	00:30:00	Individual	30
258	Eduardo Fernandes	00:31:41	00:31:28	N´amadores	116
259	Celso Coelho	00:31:42	00:31:40	BESJOGING	31

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
260	Joaquim Pinheiro	00:31:43	00:31:32	Café Ponto Final/Conf. Paulo Nogueira	43
261	António Salgado	00:31:44	00:31:12	FUNTASTICs	117
262	Luis Ferreira	00:31:44	00:31:35		118
263	Paulo Martins	00:31:44	00:30:45		119
264	Hugo Esteves	00:31:45	00:31:37		120
265	Manuel Ferreira	00:31:46	00:30:19	Cirac	14
266	José Ribeiro	00:31:46	00:31:28		42
267	André Osório	00:31:47	00:31:44		121
268	Pedro Couto	00:31:47	00:31:30		122
269	Joaquim Coelho	00:31:47	00:31:45		123
270	Carlos Fonseca	00:31:48	00:31:21		124
271	Filipe Marinho	00:31:49	00:31:36	A KARATE FELGUEIRAS	125
272	David Moura	00:31:49	00:31:35		4
273	Arnaldo Santos	00:31:50	00:31:15		43
274	Nelson Machado	00:31:51	00:31:39		126
275	Vitor Ribeiro	00:31:52	00:31:48		127
276	Antonio Barros	00:31:53	00:31:50		128
277	Nuno Costa	00:31:55	00:31:01	Nuno Costa	129
278	Luis Torres	00:31:55	00:00:00	h3 Porto	130
279	Bruno Bessa	00:31:57	00:31:00	Os Labaredas	131
280	Marco Magalhães	00:31:58	00:31:25		132
281	Pedro Alves	00:32:01	00:31:52		44
282	Francisco Lima	00:32:01	00:31:50	CCD-APDL	15
283	Silverio Pinto	00:32:03	00:31:17	Comporto	44
284	Paulo Areias	00:32:04	00:31:50		133
285	Rui Costa	00:32:04	00:31:00		134
286	Pedro Soares	00:32:05	00:30:50	VAINAVOLTA	135
287	Cesar Lomba	00:32:07	00:31:29		45
288	Carlos Duarte	00:32:07	00:31:12		5
289	Jorge Ferreira	00:32:07	00:31:58	MIB_Sport	45
290	Alvaro Reis	00:32:07	00:31:09	Associação Desportiva Rio Largo Clube de Espinho	46
291	Joao Siilva	00:32:08	00:31:42	GINASIO CLUBE SANTO TIRSO	16
292	Manuel Silva	00:32:09	00:31:11	MAJESTIC CAFE	46
293	Rafael Matos	00:32:09	00:32:04		136
294	Xavier Oliveira	00:32:10	00:30:54	OS AMIGOS PAPA MILHAS	47
295	Carlos Machado	00:32:10	00:30:55	OS AMIGOS PAPA MILHAS	48
296	Jorge Machado	00:32:11	00:30:55	OS AMIGOS PAPA MILHAS	47

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
297	Helder Queiros	00:32:11	00:32:11	CDC NAVAIS	137
298	Miguel Santo	00:32:12	00:31:39		138
299	Ricardo Ferreira	00:32:13	00:32:04	ASCUM Moreiró	139
300	António Leitão	00:32:13	00:32:13		140
301	Sérgio Alves	00:32:14	00:32:01	Best Dragan	141
302	Clemente Teixeira	00:32:14	00:31:06	É de shot International	49
303	Paulo Domingues	00:32:14	00:00:00	É de shot International	142
304	José Lima	00:32:14	00:31:42		143
305	César Almeida	00:32:15	00:30:50	MAFATE TEAM	144
306	Antonio Mendes	00:32:15	00:32:15		145
307	Paulo Gomes	00:32:15	00:31:32		50
308	Jose Teixeira	00:32:16	00:31:51		48
309	Faustino Silva	00:32:16	00:32:09		32
310	Carlos Alves	00:32:17	00:32:11	DeRose Running Team	49
311	Joaquim Borges	00:32:17	00:32:11		50
312	José Pereira	00:32:17	00:30:42	Anjos Runners	51
313	Valentim Brandão	00:32:18	00:00:00		146
314	Tomás Bahia	00:32:18	00:31:24		4
315	Oswaldo Oliveira	00:32:19	00:31:47	FUNTASTICs	33
316	Custodio Neto	00:32:19	00:32:13		5
317	António Freitas	00:32:19	00:30:30	Os amadores	51
318	Mário Mateus	00:32:22	00:32:11		52
319	Manuel Pinto	00:32:22	00:31:58		34
320	José Pereira	00:32:23	00:32:15		147
321	Rui Castanheira	00:32:24	00:32:05		148
322	Júlio Maia	00:32:24	00:32:12	Café Ponto Final/Conf. Paulo Nogueira	149
323	Florbela Costa	00:32:24	00:32:23	Vitória Sport Clube	7
324	Conceição Grare	00:32:24	00:32:24		1
325	Antonio Machado	00:32:24	00:31:09	OS AMIGOS PAPA MILHAS	52
326	Gaspar Costa	00:32:24	00:32:22	Vitória Sport Clube	17
327	Hugo Duarte	00:32:25	00:31:49		150
328	Ruben Martins	00:32:25	00:31:43		151
329	Joao Filipe	00:32:25	00:32:20		152
330	António Oliveira	00:32:26	00:32:15		53
331	Rui Pintão	00:32:28	00:32:22		53
332	Francisco Melo	00:32:28	00:31:56		6
333	Gustavo Correia	00:32:28	00:31:55		153

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
334	João Guimarães	00:32:29	00:30:37		154
335	Vicente Moura	00:32:29	00:31:39	Caes Da Avenida	155
336	Miguel Moreira	00:32:29	00:32:29	Caes Da Avenida	156
337	Antonio Teixeira	00:32:30	00:32:30		6
338	José Antunes	00:32:30	00:32:21		35
339	Jose Leite	00:32:31	00:31:44	GINASIO CLUBE SANTO TIRSO	36
340	Antonio Natario	00:32:32	00:32:02		54
341	Ricardo Pinto	00:32:33	00:00:00		157
342	Helder Braga	00:32:34	00:31:37		158
343	Fernando Ferreira	00:32:35	00:30:50		18
344	Jorge Sousa	00:32:35	00:32:29		159
345	Manuel Santo	00:32:36	00:00:00		19
346	Matilde Baptista	00:32:36	00:32:02		2
347	Rui Moreira	00:32:36	00:31:59		160
348	Hugo Romano	00:32:37	00:28:48	Merenguita.com	54
349	Telmo Cunha	00:32:37	00:32:19		7
350	Philippe Azevedo	00:32:38	00:32:21		161
351	Nuno Magalhães	00:32:39	00:31:37	pai e filho	8
352	Isaac Costa	00:32:39	00:32:15		162
353	Bruno Sousa	00:32:39	00:00:00		163
354	Daniel Coutinho	00:32:40	00:32:18		164
355	Antonio Pires	00:32:40	00:31:15		165
356	Pedro Escoval	00:32:40	00:32:35		9
357	Fernando Pereira	00:32:41	00:32:00		166
358	Pedro Teixeira	00:32:42	00:31:19		167
359	Diogo Ramos	00:32:42	00:31:29		168
360	Joaquim Ferreira	00:32:42	00:32:36		20
361	Paulo Osorio	00:32:43	00:32:07		169
362	Jose Fernandes	00:32:43	00:31:57		55
363	Mário Cardoso	00:32:43	00:32:26		7
364	Alexandre Ferreira	00:32:45	00:31:39	Sapadores da Invicta Associação Cultural e Desportiva	170
365	Fernando Santos	00:32:45	00:32:03		171
366	Elísio Almeida	00:32:45	00:32:26		172
367	Nelson Cunha	00:32:46	00:32:23		173
368	Hugo Canossa	00:32:48	00:31:59		174
369	Hugo Ferreira	00:32:49	00:32:46		175
370	Oscar Costa	00:32:49	00:32:49		55

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
371	Jose Boavista	00:32:49	00:32:07		56
372	Miguel Allegro	00:32:49	00:31:42		176
373	Jorge Alves	00:32:49	00:32:22		177
374	Joao Coelho	00:32:50	00:00:00		57
375	Francisco Nascimento	00:32:50	00:31:43		178
376	Manuel Dantas	00:32:50	00:31:48		179
377	Miguel Barbosa	00:32:50	00:32:02		180
378	Manuel Ferraz	00:32:51	00:32:01		181
379	Pedro Matos	00:32:51	00:32:13		58
380	Joaquim Fernandes	00:32:52	00:32:39		182
381	Henrique Neves	00:32:53	00:32:50		56
382	António Matos	00:32:53	00:32:37		8
383	Miguel Petiz	00:32:53	00:31:48		183
384	Laetitia Melo	00:32:53	00:32:09	LAMBAREIROS DO ASFALTO	8
385	Pedro Nogueira	00:32:53	00:31:47		184
386	Alcino Pinto	00:32:54	00:30:58	Os amadores	185
387	Joaquim Pereira	00:32:56	00:32:38		59
388	José Pinto	00:32:56	00:32:21		60
389	Fernando Gomes	00:32:56	00:32:29		61
390	Diogo Serra	00:32:57	00:32:22		186
391	Artur Matias	00:32:57	00:32:22		187
392	António Peixoto	00:32:58	00:32:01		21
393	Carlos Loureiro	00:32:58	00:32:36	Loureiros	10
394	Vasco Moreira	00:32:58	00:31:57		188
395	Manuel Alves	00:32:59	00:32:23		189
396	Pedro Quintas	00:33:00	00:32:58		190
397	Mário Pacheco	00:33:00	00:31:54		191
398	Jorge Pereira	00:33:01	00:32:32		57
399	Gonçalo Aroso	00:33:01	00:33:01		192
400	José Machado	00:33:02	00:32:54	idealkorpus club running	9
401	Ana Fernandes	00:33:02	00:31:52		9
402	Joao Gonçalves	00:33:02	00:32:52		193
403	Duarte Pinto	00:33:04	00:33:02		194
404	Joao Silva	00:33:04	00:00:00		62
405	Miguel Silva	00:33:05	00:32:56		63
406	Joaquim Leite	00:33:06	00:00:00		64
407	Agostinho Moreira	00:33:06	00:32:37		58

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
408	Diogo Ramalhão	00:33:06	00:33:00	DeRose Running Team	195
409	Alexandre Lopes	00:33:06	00:32:57		65
410	Ricardo Dantas	00:33:07	00:32:22		196
411	Francisco Cortinhas	00:33:07	00:33:05		197
412	José Gonçalves	00:33:07	00:32:28		66
413	José Almeida	00:33:08	00:32:18	Caes Da Avenida	198
414	Fernando Silva	00:33:09	00:33:01		199
415	Nuno Porto	00:33:09	00:32:03		200
416	Domingos Silva	00:33:10	00:31:54		201
417	Jorge Fernandes	00:33:11	00:32:40		202
418	Daniel Lopes	00:33:11	00:32:14	Associação Desportiva Rio Largo Clube de Espinho	203
419	Hugo Moutinho	00:33:13	00:32:51	Oswaldo Matos	204
420	Ricardo Pinto	00:33:13	00:31:52		205
421	Antonio Leite	00:33:14	00:33:14	Living	37
422	Mário Barbosa	00:33:14	00:32:55		206
423	Eugénio Machado	00:33:15	00:32:59	A KARATE FELGUEIRAS	67
424	Filipe Carvalho	00:33:15	00:33:00	A KARATE FELGUEIRAS	207
425	Luís Vicente	00:33:17	00:31:52	MAFATE TEAM	208
426	Miguel Dias	00:33:18	00:33:18		68
427	João Ramalhão	00:33:18	00:33:18		209
428	Rui Miranda	00:33:19	00:32:13		69
429	José Macedo	00:33:19	00:32:33		59
430	Filipe Leitão	00:33:20	00:31:56	MAFATE TEAM	210
431	Francisco Cavaleiro	00:33:20	00:32:12		60
432	Rui Machado	00:33:21	00:33:12		211
433	Alcindo Freitas	00:33:21	00:32:57		212
434	Júlio Silva	00:33:21	00:00:00		70
435	António Moura	00:33:21	00:33:14		71
436	Francisco Pacheco	00:33:22	00:32:27		61
437	Sérgio Padilha	00:33:23	00:33:12		213
438	Jose Gomes	00:33:24	00:31:26		62
439	Antonio Ferreira	00:33:24	00:33:19		38
440	Jose Neves	00:33:25	00:32:19		63
441	Paulo Silva	00:33:25	00:32:54		64
442	Vítor Moreira	00:33:25	00:33:03	B.V.Moreira-Maia	214
443	Paulo Silva	00:33:26	00:32:10		65
444	Miguel Loureiro	00:33:26	00:33:04		215

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
445	Gustavo Barandas	00:33:26	00:32:14	Pedra Rija de Portunhos	216
446	Rui Vieira	00:33:27	00:33:05		72
447	Alvaro Marques	00:33:27	00:32:30	GINASIO CLUBE SANTO TIRSO	66
448	Marco Silva	00:33:27	00:29:56		217
449	Luís Pinheiro	00:33:28	00:32:29		218
450	Rui Lopes	00:33:28	00:33:14		219
451	Delfim Ribeiro	00:33:28	00:33:18		67
452	Jose Teixeira	00:33:29	00:33:09	CLUBE GBES-DELEGAÇÃO NORTE	73
453	Anabela Keta	00:33:30	00:33:10		10
454	Patricia Oliveira	00:33:30	00:33:29		11
455	Vitor Santos	00:33:30	00:31:12		220
456	Pedro Teixeira	00:33:30	00:33:00		74
457	Sandra Oliveira	00:33:31	00:33:29		12
458	Joaquim Pereira	00:33:32	00:33:20		221
459	Vitor Carriço	00:33:32	00:32:05	INFORFERREIRA	39
460	Enio Djalo	00:33:32	00:00:00		222
461	Jose Neto	00:33:33	00:32:52		223
462	Jose Ribeiro	00:33:33	00:33:01		224
463	Elisabete Vieira	00:33:34	00:32:19	VAINAVOLTA	13
464	António Ferreira	00:33:35	00:31:49	ASSOCIAÇÃO CULTURAL VERMOIM	68
465	Jorge Matos	00:33:35	00:31:00	Quarteto Maravilha	75
466	Daniela Machado	00:33:36	00:33:34		14
467	Carlos Dias	00:33:36	00:33:28		76
468	Pedro Matos	00:33:36	00:33:21	Oswaldo Matos	225
469	Pedro Oliveira	00:33:37	00:33:18	Clube Galp Energia - Norte	226
470	Pedro Gomes	00:33:37	00:33:37	Clube Galp Energia - Norte	227
471	Nuno Campota	00:33:38	00:32:53	Sentados de pé	228
472	Florimundo Nogueira	00:33:38	00:32:53		69
473	António Organista	00:33:38	00:32:52	Sentados de pé	77
474	Bruno Lima	00:33:38	00:33:24		229
475	Sérgio Pinto	00:33:40	00:33:40	Soc. Com. C. Santos	230
476	Luis Lopes	00:33:41	00:31:50		78
477	José Figueiredo	00:33:41	00:33:35		231
478	Rui Rodrigues	00:33:42	00:32:25		79
479	João Gomes	00:33:42	00:31:35	Os Pingos Doces	80
480	Fernando Cardoso	00:33:42	00:33:33		81
481	Cesar Neves	00:33:43	00:33:19		232

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
482	Eduardo Ferreira	00:33:43	00:31:42		233
483	Paulo Ruivo	00:33:43	00:31:53		40
484	António Coelho	00:33:44	00:31:27	Associação Cultural e Desportiva dos Sapadores da Invicta	234
485	Amândio Rodrigues	00:33:44	00:33:10		41
486	Cipriano Sousa	00:33:46	00:33:46		235
487	Jose Pereira	00:33:46	00:31:56		236
488	Antero Rocha	00:33:46	00:31:53	F C PENAFIEL	82
489	Jorge Pires	00:33:47	00:32:23		237
490	Joao Pinheiro	00:33:47	00:32:33		83
491	João Trigo	00:33:47	00:33:47		70
492	Nuno Vasconcelos	00:33:48	00:33:38		238
493	Carlos Campos	00:33:48	00:33:31	AFISOVAR	71
494	Daniel Oliveira	00:33:48	00:31:50		239
495	Carlos Almeida	00:33:48	00:32:49		84
496	Pedro Oliveira	00:33:49	00:32:24		240
497	Filipe Ribeiro	00:33:50	00:32:04	ASSOCIAÇÃO CULTURAL VERMOIM	241
498	Filipe Castro	00:33:50	00:33:24		242
499	Aurélio Sousa	00:33:50	00:33:50		42
500	Ricardo Rego	00:33:51	00:33:24		243
501	Jorge Gomes	00:33:51	00:33:26		244
502	Joel Marques	00:33:51	00:32:17		245
503	Rui Costa	00:33:51	00:32:36		246
504	Norberto Bessa	00:33:52	00:33:26		247
505	David Smith	00:33:52	00:32:11		248
506	Luis Castro	00:33:53	00:33:42	Sportingh Clube da Cruz	43
507	Luis Trigo	00:33:53	00:32:00		72
508	José Ferreira	00:33:53	00:33:32		249
509	Maria Rego	00:33:54	00:33:29		15
510	José Silva	00:33:54	00:33:24		250
511	Heliodoro Manuel	00:33:55	00:33:33		251
512	José Guedes	00:33:56	00:32:55		252
513	Alfredo Barbosa	00:33:57	00:32:53	Sporting Senhora da Hora	22
514	Manuel Costa	00:33:59	00:33:59		73
515	Nuno Teixeira	00:33:59	00:33:43		253
516	Mohammed Moudnib	00:34:00	00:33:35		85
517	Carlos Carneiro	00:34:01	00:33:58		23
518	Francisco Gonçalves	00:34:02	00:33:13	Caes Da Avenida	254

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
519	Joao Gil	00:34:03	00:33:13	Caes Da Avenida	255
520	Manuel Fidalgo	00:34:03	00:33:30		44
521	Rui Santos	00:34:04	00:33:43		256
522	Manuel Cruz	00:34:06	00:33:14	Sportinhg Clube da Cruz	24
523	Francisco Figueiredo	00:34:06	00:33:08		257
524	Pedro Nunes	00:34:07	00:32:51		258
525	Luis Archer	00:34:08	00:33:46		45
526	Renato Costa	00:34:08	00:34:04	Clínica Central do Bonfim	259
527	Augusto Granja	00:34:08	00:33:03	clube do pessoal da edp- delegação do porto	10
528	José Vieira	00:34:09	00:33:02	faltadar	86
529	Manuel Silva	00:34:09	00:33:01		87
530	Pedro Machado	00:34:09	00:32:01		260
531	Ricardo Fernandes	00:34:09	00:32:52		261
532	João Torres	00:34:10	00:33:57		262
533	Ricardo Albuquerque	00:34:10	00:00:00	Clube Galp Energia - Norte	263
534	António Ferreira	00:34:10	00:32:25		264
535	Helder Rodrigues	00:34:10	00:34:04		265
536	Fernando Santos	00:34:11	00:32:05	Freamunde Running Crew	46
537	Pedro Silva	00:34:11	00:33:30	h3 Porto	266
538	Abílio Marques	00:34:11	00:32:04	Freamunde Running Crew	47
539	Jorge Sá	00:34:11	00:34:03		267
540	Rui Alves	00:34:12	00:32:51		268
541	Paulo Fernandes	00:34:12	00:00:00	AFISOVAR	88
542	Alberto Moreira	00:34:13	00:32:18		89
543	Rui Lopes	00:34:13	00:33:43		269
544	Hugo Soares	00:34:13	00:34:13	Soc. Com. C. Santos	270
545	Paulo Boas	00:34:15	00:33:37		271
546	Antonio Vale	00:34:15	00:34:15		90
547	Ricardo Silva	00:34:16	00:33:19		272
548	Mauricio Mendes	00:34:17	00:33:51		48
549	Renato Tavares	00:34:18	00:34:01		273
550	Andre Sousa	00:34:18	00:33:35		274
551	Nuno Veiga	00:34:19	00:34:03		74
552	Luis Abreu	00:34:19	00:32:57		11
553	Lucia Moreira	00:34:20	00:33:48		16
554	Nuno Sousa	00:34:20	00:33:46		275
555	José Correia	00:34:21	00:33:21	Os Labaredas	276

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
556	Carlos Ferraz	00:34:22	00:33:55		277
557	António Alves	00:34:24	00:33:29		278
558	Henrique Araújo	00:34:24	00:30:49		279
559	Daniel Silva	00:34:24	00:31:40	Unha Encravada	280
560	Pascoal Melo	00:34:25	00:31:40		281
561	Armindo Ferreira	00:34:25	00:33:06		75
562	André Simões	00:34:26	00:33:26		282
563	Luís Braga	00:34:26	00:34:23		283
564	Paulo Cerdeiral	00:34:26	00:30:36	Merenguita.com	284
565	Antonio Pereira	00:34:26	00:33:36		285
566	Bruno Costa	00:34:27	00:33:45		11
567	Alda Rocha	00:34:27	00:33:43	LAMBAREIROS DO ASFALTO	17
568	Duarte Vieira	00:34:27	00:34:14		76
569	. .	00:34:28	00:34:16		286
570	André Fraga	00:34:28	00:33:21		287
571	Ricardo Gonçalves	00:34:29	00:34:18		288
572	João Godinho	00:34:29	00:34:04	LAMBAREIROS DO ASFALTO	77
573	Pedro Rodrigues	00:34:29	00:34:01		91
574	Rui Fernandes	00:34:29	00:33:41	LAMBAREIROS DO ASFALTO	92
575	Tiago Nobre	00:34:30	00:33:20	Pedra Rija de Portunhos	289
576	Francisco Jervell	00:34:30	00:33:41	Caes Da Avenida	290
577	Rui Lopes	00:34:31	00:33:39		78
578	Bruno Santos	00:34:32	00:32:08		291
579	Álvaro Gomes	00:34:32	00:33:38		292
580	Carlos Delgado	00:34:34	00:33:14		293
581	Edgar Moniz	00:34:34	00:34:04		294
582	Pedro Monteiro	00:34:34	00:33:40		295
583	Manuel Sequeira	00:34:34	00:34:15		79
584	Tárik Nina	00:34:35	00:31:53		296
585	Fernando Matos	00:34:35	00:33:48	Caes Da Avenida	93
586	Ricardo Azevedo	00:34:35	00:34:35		80
587	Carlos Ferreira	00:34:36	00:33:46	Caes Da Avenida	81
588	Luis Guimarães	00:34:36	00:33:13		297
589	Miguel Santos	00:34:37	00:34:36		94
590	Miguel Barata	00:34:38	00:33:06		298
591	Jose Sampaio	00:34:38	00:34:25		95
592	Hélder Vieira	00:34:38	00:32:59	3 Tigres	299

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
593	Pedro Ferreira	00:34:39	00:33:04	MIRADOURO	300
594	Carlos Azevedo	00:34:39	00:33:05		301
595	Carlos Alves	00:34:39	00:34:14		25
596	Miguel Gomes	00:34:40	00:34:15		302
597	Nuno Azevedo	00:34:40	00:33:47		303
598	Luis Faria	00:34:40	00:34:02		96
599	Ernesto Carvalho	00:34:41	00:34:41	IND 38	12
600	Manuel Batista	00:34:42	00:33:36		49
601	Roque Martins	00:34:42	00:34:18	A KARATE FELGUEIRAS	82
602	João Bandeira	00:34:44	00:33:58		97
603	Eduardo Couto	00:34:44	00:34:36		83
604	Sérgio Lima	00:34:44	00:34:40		304
605	Paulo Valente	00:34:45	00:34:22		50
606	Pedro Simões	00:34:45	00:33:43		305
607	Wilson Soares	00:34:46	00:34:41		306
608	Tiago Mendes	00:34:46	00:34:36		98
609	Victor Rachao	00:34:47	00:34:38		26
610	Paulo Mota	00:34:47	00:34:47		307
611	Paulo Araújo	00:34:47	00:33:49	Sapadores da Invicta Associação Cultural e Desportiva	308
612	Susana Mota	00:34:48	00:34:48		18
613	Alzira Maria	00:34:48	00:34:28	grupo desportivo são paio de oleiros	3
614	Fernando Pessegueiro	00:34:48	00:34:47		99
615	Pedro Silva	00:34:48	00:34:27		309
616	Jose Deltoro	00:34:48	00:33:50		310
617	Ivo Marques	00:34:49	00:33:38	Pedra Rija de Portunhos	5
618	Paulo Ferreira	00:34:49	00:34:31		311
619	Rui Tinoco	00:34:49	00:34:42		100
620	José Pereira	00:34:50	00:34:16		101
621	Sergio Rocha	00:34:50	00:33:50		312
622	Joaquim Oliveira	00:34:50	00:33:28	Cirac	27
623	Jorge Silva	00:34:51	00:33:29	Cirac	102
624	Filipe Costa	00:34:51	00:33:52		313
625	David Rodrigues	00:34:51	00:33:51		103
626	Vitor Monteiro	00:34:52	00:33:46		314
627	Manuel Rodrtgues	00:34:52	00:34:42		28
628	Pedro Silva	00:34:52	00:33:19		315
629	Jose Teixeira	00:34:52	00:34:32	CLUBE GBES-DELEGAÇÃO NORTE	13

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
630	Adelino Guimares	00:34:53	00:34:26		104
631	Daniel Nogueira	00:34:53	00:34:24		316
632	João Lopes	00:34:53	00:33:58		317
633	José Ferreira	00:34:53	00:34:12		318
634	Maria Melo	00:34:54	00:00:00	TirsoRunners	19
635	Antonio Pereira	00:34:54	00:33:53		14
636	Vitor Ribeiro	00:34:54	00:34:50	Clínica Central do Bonfim	105
637	Ricardo Couto	00:34:55	00:34:23		319
638	Mauro Goncalves	00:34:55	00:00:00	MIRADOURO	320
639	Vitor Silva	00:34:55	00:34:47		321
640	José Alves	00:34:56	00:34:50		84
641	Joaquim Lopes	00:34:56	00:33:28	OS KÁGADOS	29
642	Carlos Pereira	00:34:57	00:34:45	A KARATE FELGUEIRAS	85
643	Pedro Meixedo	00:34:57	00:34:33		322
644	Bebdito Pereira	00:34:58	00:34:27		323
645	Joaquim Machado	00:34:58	00:33:41	OS AMIGOS PAPA MILHAS	86
646	Antoniio Ferreira	00:34:59	00:33:44	OS AMIGOS PAPA MILHAS	87
647	Patrick Borja	00:34:59	00:33:34		324
648	Jorge Mendes	00:34:59	00:33:12		12
649	Vitor Queirós	00:35:00	00:34:39	Energia Ginásio	325
650	Pedro Vidal	00:35:00	00:33:06		326
651	Armando Peneda	00:35:00	00:35:00	clube do pessoal da edp- delegação do porto	30
652	Sérgio Silva	00:35:01	00:33:44		327
653	José Ferreira	00:35:01	00:34:31		328
654	Rui Freitas	00:35:01	00:33:38		329
655	Nuno Conceição	00:35:03	00:34:52		330
656	Jose Vasconcelos	00:35:04	00:34:45		331
657	Pedro Vilas	00:35:04	00:34:37		332
658	Roberto Rodrigues	00:35:05	00:34:50	rodrigues	333
659	Jorge Vieira	00:35:06	00:34:15		88
660	Antonio Carvalho	00:35:06	00:34:36		334
661	Pedro Ferreira	00:35:06	00:32:58	ZMF - AMG	335
662	Nuno Ferreira	00:35:06	00:00:00		336
663	Carlos Barbosa	00:35:07	00:33:43	Lá de casa	106
664	Jorge Sousa	00:35:07	00:00:00		6
665	Luís Pereira	00:35:07	00:33:37		337
666	Maria Guerra	00:35:08	00:34:37		20

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
667	Cristina Alves	00:35:08	00:34:45		21
668	Valter Almeida	00:35:09	00:34:44		107
669	Mario Almeida	00:35:09	00:34:45		338
670	Victor Carvalho	00:35:09	00:34:26		31
671	Hugo Couto	00:35:09	00:33:19		339
672	Horácio Machado	00:35:10	00:34:19		340
673	Antonio Costa	00:35:11	00:35:11		13
674	Joachim Suhm	00:35:11	00:34:44		89
675	Mauro Ferreira	00:35:11	00:35:03		90
676	Francisco Trigueiros	00:35:11	00:34:20	Caes Da Avenida	14
677	Pedro Pereira	00:35:12	00:31:36		341
678	Márcio Pereira	00:35:13	00:32:55		342
679	Soares Soares	00:35:15	00:34:47		343
680	Diogo Sousa	00:35:15	00:33:47		344
681	António Silva	00:35:15	00:35:08		91
682	Eduardo Barros	00:35:16	00:34:50		108
683	Maria Moura	00:35:16	00:34:24		22
684	Luis Moreira	00:35:16	00:34:59		345
685	Fernando Santos	00:35:16	00:35:10		346
686	Eduardo Malheiro	00:35:16	00:34:52	GINASIO CLUBE SANTO TIRSO	15
687	Paulo Ferreira	00:35:17	00:35:04		347
688	Pedro Silva	00:35:18	00:35:11		348
689	José Martins	00:35:18	00:35:10		51
690	Filipe Cruz	00:35:20	00:34:28		92
691	Jorge Simões	00:35:21	00:34:54		93
692	Miguel Coelho	00:35:21	00:33:31		1
693	Jorge Silva	00:35:21	00:00:00		349
694	Armando Silva	00:35:22	00:34:13		16
695	José Magalhães	00:35:23	00:34:58		109
696	João Fonseca	00:35:23	00:34:59	os amigos de s.pedro da cova	350
697	Serafim Fonseca	00:35:23	00:34:59	os amigos de s.pedro da cova	32
698	Rui Lima	00:35:23	00:35:03	Energia Ginásio	351
699	Carlos Campos	00:35:24	00:35:13		352
700	José Costa	00:35:24	00:35:06	Amigos do Parque Biológico	52
701	Alfredo Santos	00:35:25	00:35:19	Associação Desportiva Rio Largo Clube de Espinho	33
702	Pedro Fernandes	00:35:25	00:33:22		353
703	Anibal Rosa	00:35:26	00:34:52		354

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
704	Joaquim Meneses	00:35:26	00:34:52		34
705	Nuno Marques	00:35:26	00:00:00		355
706	Joana Santo	00:35:26	00:34:52		23
707	Pedro Costa	00:35:27	00:33:09		356
708	Mariana Barbosa	00:35:28	00:35:05		24
709	Frederico Gomes	00:35:28	00:35:18		357
710	Constantino Vieira	00:35:28	00:34:19	faltadar	35
711	Manuel Soares	00:35:29	00:34:25		53
712	João Leal	00:35:29	00:33:46		358
713	Carla Bancelos	00:35:30	00:35:26		25
714	Fábio Teixeira	00:35:30	00:33:42		359
715	Rolando Correia	00:35:30	00:35:04		36
716	Angelo Orosa	00:35:31	00:34:09		54
717	António Lourenço	00:35:31	00:35:11		360
718	Humberto Pousa	00:35:31	00:33:19		361
719	Ivo Pinto	00:35:31	00:33:15		362
720	André Rocha	00:35:31	00:35:04		363
721	Bruno Jorge	00:35:32	00:35:17		364
722	José Rodrigues	00:35:33	00:35:18	rodrigues	94
723	Eduardo Braga	00:35:35	00:31:55		365
724	José Pinto	00:35:35	00:34:14		366
725	João Peres	00:35:35	00:32:48	Grupo Desportivo Banco de Potugal	367
726	Pedro Leite	00:35:36	00:32:36		368
727	Célio Pereira	00:35:36	00:35:29		369
728	Victor Oliveira	00:35:37	00:35:21		95
729	Henrique Pestana	00:35:38	00:33:41	CCD-APDL	17
730	Pedro Caldas	00:35:38	00:35:37		370
731	Filipe Meira	00:35:38	00:32:54	Unha Encravada	371
732	Manuel Couto	00:35:39	00:35:18	Caldas de São Joge Sport Clube	37
733	João Silva	00:35:40	00:35:07		15
734	Henrique Nunes	00:35:40	00:34:44		372
735	Fausto Ribeiro	00:35:41	00:35:20		55
736	Bartolomeu Mota	00:35:42	00:35:35	Grupo Desportivo da Limpeza Urbana - CMP	56
737	Filipe Capelas	00:35:42	00:35:32		373
738	Rui Alves	00:35:42	00:35:06		374
739	Daniel Rocha	00:35:43	00:32:17	Café Ponto Final/Conf. Paulo Nogueira	375
740	Bruno Correia	00:35:43	00:35:36		376

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
741	António Cidade	00:35:43	00:35:24	Clube Galp Energia - Norte	18
742	Claudia Pinhal	00:35:43	00:35:37		26
743	Ricardo Guimarães	00:35:44	00:35:03		7
744	Nuno Marques	00:35:44	00:34:34		377
745	Herder Gomes	00:35:44	00:34:23		378
746	Rui Jesus	00:35:45	00:34:53		110
747	Pedro Fontes	00:35:45	00:34:03		379
748	Antonio Fernandes	00:35:45	00:35:32		57
749	Adelino Moutinho	00:35:45	00:35:27	Clube Galp Energia - Norte	19
750	Filipe Xavier	00:35:45	00:00:00		380
751	Flávia Bessa	00:35:46	00:00:00	idealkorpus club running	27
752	Ricardo Borges	00:35:46	00:33:12	IPBRICK	381
753	João Valente	00:35:46	00:35:38	DRAGÕES do VOLFRAMIO	16
754	José Machado	00:35:46	00:32:09		111
755	Renato Presas	00:35:47	00:35:38	Nascidos para Correr	382
756	Albina Gavina	00:35:47	00:35:40		28
757	João Brandão	00:35:48	00:34:53	Caes Da Avenida	383
758	Manuel Pinheiro	00:35:48	00:33:37		112
759	Cândido Rocha	00:35:48	00:34:22		38
760	Jose Santos	00:35:49	00:35:38		96
761	Tiago Cadete	00:35:49	00:31:35	Living	384
762	José Santos	00:35:49	00:33:42	Os Pingos Doces	97
763	Domingos Araújo	00:35:49	00:35:29		113
764	Paulo Ribeiro	00:35:50	00:35:42		385
765	Hermengardo Silva	00:35:50	00:35:11		386
766	Diogo Tavares	00:35:50	00:00:00		387
767	Augusto Silvacorreira	00:35:51	00:35:44		98
768	Jose Aires	00:35:51	00:33:09		388
769	Davide Ferreira	00:35:51	00:34:51		389
770	Cláudio Araújo	00:35:51	00:35:24		390
771	Antonio Maria	00:35:52	00:35:29		99
772	Rui Sousa	00:35:52	00:35:19		114
773	Nuno Oliveira	00:35:52	00:33:00		58
774	Fernando Leite	00:35:52	00:33:01		59
775	Eurico Pinto	00:35:52	00:32:59		100
776	Abel Cardoso	00:35:52	00:32:58		60
777	João Sameiro	00:35:53	00:35:50	Liberdade Futebol Clube	115

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
778	Jim Santos	00:35:53	00:35:41	Clube de Corrida In&Out Parque da Aguda	391
779	José Palhau	00:35:53	00:34:49		101
780	Joao Guedes	00:35:54	00:35:23		8
781	Rui Silveira	00:35:54	00:34:11		392
782	André Campante	00:35:54	00:35:12		393
783	Joaquim Moreira	00:35:54	00:35:23		394
784	Aurélio Marques	00:35:54	00:33:45	CAVE Esposende	102
785	Frederico Pacheco	00:35:55	00:35:11	Os Monárquicos	395
786	João Lopes	00:35:55	00:35:44		103
787	Jose Caetano	00:35:55	00:32:35		39
788	João Colaço	00:35:56	00:33:40		396
789	Gabriela Madeira	00:35:57	00:35:14	Clube Galp Energia - Norte	29
790	Jorge Correa	00:35:57	00:33:47		397
791	Gilberto Oliveira	00:35:57	00:33:47		398
792	João Ferreira	00:35:57	00:35:34		399
793	Vitor Barbosa	00:35:57	00:34:17		400
794	Nelson Alves	00:35:57	00:34:17		401
795	Luis Neves	00:35:57	00:34:17		402
796	Carlos Tadeia	00:35:58	00:34:58		104
797	João Ramos	00:35:58	00:35:37		17
798	Carlos Cruz	00:35:58	00:00:00		116
799	Alam Marques	00:35:58	00:35:28		403
800	João Silva	00:35:59	00:35:38	Café Ponto Final/Conf. Paulo Nogueira	117
801	Fernando Luis	00:35:59	00:34:56	Sporting Senhora da Hora	40
802	Miguel Fontes	00:35:59	00:35:07	Caes Da Avenida	118
803	Manuel Silva	00:35:59	00:35:35	Café Ponto Final/Conf. Paulo Nogueira	119
804	Nuno Martins	00:35:59	00:33:43		404
805	Gonçalo Archer	00:35:59	00:35:06	Caes Da Avenida	120
806	Armandino Taborda	00:36:00	00:33:34	Grupo Desportivo Santander Totta	41
807	Jorge Gonçalves	00:36:00	00:35:58		20
808	Nuno Matos	00:36:00	00:35:44	Oswaldo Matos	121
809	Manuel Monteiro	00:36:01	00:35:03	GRUPO DESPORTIVO LEÕES DO VENEZA	42
810	Ângelo Flor	00:36:01	00:35:19		43
811	João Rodrigues	00:36:02	00:33:07	Grupo Desportivo Santander Totta	405
812	Arnaldo Dias	00:36:02	00:34:44		61
813	Francisco Fontoura	00:36:02	00:34:58		406
814	Oswaldo Ferreira	00:36:02	00:32:50		407

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
815	Paulo Silva	00:36:03	00:34:37	Maia AC	122
816	Jorge Mota	00:36:04	00:34:01	Cirac	105
817	Marco Bastos	00:36:04	00:33:08	Inimigos do Podium	123
818	Fernando Melo	00:36:04	00:35:37		21
819	Manuel Ribeiro	00:36:04	00:35:25	Porto Runners	22
820	Bruno Duarte	00:36:05	00:35:29		408
821	Fernando Remião	00:36:06	00:35:22		124
822	Paulo Oliveira	00:36:06	00:32:55		409
823	Pedro Cruz	00:36:06	00:33:35		410
824	Álvaro Almeida	00:36:06	00:33:14		62
825	Sílvio Gonçalves	00:36:06	00:36:03		411
826	Elisabete Gonçalves	00:36:06	00:36:01		30
827	Vasco Santos	00:36:07	00:34:34		412
828	Jorge Aguiar	00:36:07	00:34:33		413
829	Tiago Costa	00:36:08	00:33:07		414
830	Fernando Zeller	00:36:08	00:34:32	Belo & Monstra	415
831	Justino José Soares	00:36:08	00:33:41		416
832	Hélder Oliveira	00:36:09	00:35:59	ASCUM Moreiró	417
833	Diogo Santos	00:36:09	00:35:53		418
834	Luís Liz	00:36:10	00:36:00		419
835	Helder Oquiniame	00:36:11	00:36:01	JAVIP	420
836	Micael Guimarães	00:36:12	00:32:46	Clube Rugby Famalicão	421
837	Fernando Silva	00:36:12	00:35:14		63
838	João Silva	00:36:13	00:34:40		422
839	Pedro Matos	00:36:13	00:36:00		423
840	Rui Magalhães	00:36:13	00:34:25		125
841	Margarida Monteiro	00:36:14	00:34:26		2
842	Alfredo Moreira	00:36:14	00:34:34	MIRADOURO	18
843	Manuel Ferreira	00:36:14	00:34:01		23
844	Hugo Silva	00:36:14	00:35:34		424
845	Luis Lourenço	00:36:15	00:36:01		64
846	Anibal Saraiva	00:36:15	00:34:25		106
847	Emílio Vilarinho	00:36:16	00:34:07	CAVE Esposende	425
848	Miguel Araujo	00:36:16	00:35:28		426
849	Sérgio Pereira	00:36:16	00:34:40		19
850	António Ferreira	00:36:17	00:35:57		427
851	Fabio Matos	00:36:17	00:36:04		428

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
852	Antonio Silva	00:36:17	00:00:00	Os Pingos Doces	107
853	Ivo Costa	00:36:18	00:34:44		429
854	Simao Coroa	00:36:19	00:34:45		430
855	Jorge Freitas	00:36:19	00:36:08		108
856	Virgílio Rigueira	00:36:21	00:34:36		431
857	Pedro Rodrigues	00:36:22	00:34:17		432
858	Gualter Pereira	00:36:22	00:33:35	Dá-lhe Gás	433
859	Rui Moura	00:36:22	00:36:08	N'amadores	434
860	Emanuel Cardoso	00:36:23	00:35:42	h3 Porto	435
861	Patricia Nogueira	00:36:23	00:35:32		31
862	João Aguiar	00:36:23	00:34:10		436
863	Ricardo Carneiro	00:36:24	00:35:53		437
864	Peter Koppitz	00:36:24	00:00:00		65
865	Amadeu Moreira	00:36:24	00:34:28	Complexo Municipal de Ginástica da Maia	438
866	André Ferreira	00:36:25	00:36:20		439
867	Clara Freire	00:36:26	00:34:18	CAVE Esposende	32
868	Pedro Cardoso	00:36:26	00:34:53		440
869	Margarida Magalhaes	00:36:27	00:35:48		3
870	Nelson Machado	00:36:27	00:35:47		441
871	Artur Ferreira	00:36:27	00:35:46		442
872	José Cardoso	00:36:28	00:36:12		109
873	Nelson Bessa	00:36:28	00:36:01		443
874	Pedro Leal	00:36:29	00:35:13	AFISOVAR	9
875	Manuel Silva	00:36:29	00:35:20	faltadar	444
876	Paulo Freitas	00:36:29	00:36:23		110
877	Nuno Cunha	00:36:29	00:35:19		445
878	Carlos Beça	00:36:29	00:33:42		66
879	João Dias	00:36:29	00:35:06		126
880	Joao Mota	00:36:30	00:35:19		44
881	Bernardo Pinto	00:36:30	00:35:45		446
882	Nuno Maiato	00:36:30	00:36:04		447
883	Gustavo Pinto	00:36:30	00:35:44	Oporto Squash & Running	448
884	Angelo Ramalho	00:36:31	00:33:15		111
885	José Pinto	00:36:32	00:35:38		449
886	Pedro Magalhaes	00:36:32	00:35:52		112
887	Orlando Parente	00:36:32	00:34:33	Os amadores	127
888	Mário Marques	00:36:32	00:35:23	Pedra Rija de Portunhos	450

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
889	Constantino Santos	00:36:32	00:35:02	CLUBE IND 38	24
890	Carlos Ferreira	00:36:33	00:33:06	Grupo Desportivo BPI	113
891	Manuel Costa	00:36:33	00:36:33	Living	45
892	Del Piero	00:36:34	00:36:33		451
893	Fernando Santos	00:36:34	00:36:30	Núcleo de Montanha de Espinho	67
894	Mariana Santos	00:36:34	00:36:30	Núcleo de Montanha de Espinho	1
895	Manuel Valentim	00:36:34	00:36:05		25
896	Fernando Faustino	00:36:35	00:33:03		114
897	João Rocha	00:36:35	00:32:46	Merenguita.com	20
898	Augusto Fonseca	00:36:36	00:36:18	Amigos do Parque Biológico	115
899	Eduardo Silva	00:36:36	00:34:49	Lourenço Silva	21
900	João Carvalho	00:36:37	00:35:57		452
901	Pedro Rocha	00:36:37	00:35:58		453
902	Alexandre Neves	00:36:37	00:36:00		454
903	Rodrigo Almeida	00:36:37	00:36:17		26
904	Jose Soares	00:36:37	00:35:42		128
905	Armando Barros	00:36:37	00:34:54		116
906	Manuel Carvalho	00:36:38	00:36:37		129
907	Luis Cardoso	00:36:38	00:35:59	DTUGA	455
908	Ricardo Pedroso	00:36:38	00:36:00	DTUGA	456
909	Rui Magalhães	00:36:38	00:32:08		22
910	Maria Fernandes	00:36:39	00:35:52	Clube Gaia	4
911	Pedro Lemos	00:36:39	00:34:09		457
912	Francisco Oliveira	00:36:39	00:35:37		68
913	Jose Gomes	00:36:40	00:36:37		130
914	José Dias	00:36:40	00:35:56		458
915	Agostinho Monteiro	00:36:40	00:34:55		69
916	Ricardo Coelho	00:36:41	00:36:04	Yes We Kenya	459
917	João Passos	00:36:41	00:34:40	Rompe Trilhos Clube BTT	10
918	André Querido	00:36:41	00:35:56		460
919	Carlos Monteiro	00:36:42	00:36:23	Amigos do Parque Biológico	70
920	Joana Martins	00:36:42	00:35:46		33
921	Fernando Dionisio	00:36:42	00:34:34	AFISOVAR	131
922	Manuel Candido	00:36:42	00:36:32	MIB_Sport	132
923	Laurentino Leal	00:36:42	00:35:44		461
924	Luís Lourenço	00:36:43	00:36:11		462
925	Victor Costa	00:36:43	00:34:57		133

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
926	Simão Moreira	00:36:43	00:36:30	A KARATE FELGUEIRAS	463
927	José Fonseca	00:36:43	00:36:08		71
928	Rui Machado	00:36:44	00:35:51	Caes Da Avenida	134
929	Carlos Rodrigues	00:36:44	00:36:43		72
930	Pedro Fernandes	00:36:44	00:36:43	Os Imparáveis	117
931	Heitor Costa	00:36:44	00:36:08		464
932	Sérgio Conceição	00:36:44	00:36:07		465
933	Tomás Silva	00:36:44	00:35:29	AFISOVAR	23
934	Nuno Oliveira	00:36:45	00:34:47		466
935	Gyorgyi Boka	00:36:46	00:35:24		34
936	Jorge Orosa	00:36:46	00:35:26		467
937	Ricardo Costa	00:36:46	00:35:48		468
938	José Alves	00:36:46	00:36:38		73
939	Joao Sousa	00:36:47	00:30:50		469
940	Luís Rodrigues	00:36:47	00:35:55		470
941	Joao Espregueira	00:36:47	00:35:57	Caes Da Avenida	135
942	Vítor Moreira	00:36:48	00:35:29		471
943	Cláudio Martins	00:36:49	00:35:41	Os Ligeirinhos	472
944	André Ribeiro	00:36:49	00:36:08	Francelos	473
945	Luis Abreu	00:36:49	00:36:32		474
946	Adriano Silva	00:36:49	00:36:49		46
947	Amaro Dias	00:36:50	00:34:36		475
948	Paulo Costa	00:36:51	00:34:25		136
949	Bruno Mega	00:36:51	00:34:37		476
950	Matilde Correia	00:36:51	00:36:39	Clube de Corrida In&Out Parque da Aguda	5
951	Manuel Costa	00:36:51	00:36:23		118
952	Victor Leite	00:36:51	00:36:22		119
953	Rui Santos	00:36:51	00:35:56	Grupo Desportivo BPI	477
954	Joaquim Ferreira	00:36:52	00:35:58	Caes Da Avenida	478
955	António Soares	00:36:52	00:35:26	SOARES BROTHERS	74
956	Joana Direito	00:36:52	00:35:46		35
957	Pedro Silva	00:36:52	00:00:00		479
958	Airam Martin	00:36:53	00:32:55		480
959	Raul Pereira	00:36:53	00:36:39	Best Dragan	137
960	João Oliveira	00:36:53	00:36:17	Caldas de São Joge Sport Clube	75
961	João Correia	00:36:54	00:36:02		481
962	Pedro Neto	00:36:54	00:34:12		482

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
963	Luis Silva	00:36:54	00:35:33		483
964	Jose Pereira	00:36:54	00:35:34		484
965	Alexandre Ferreira	00:36:55	00:33:33		120
966	Aderito Teixeira	00:36:55	00:33:34	clube do pessoal da edp- delegação do porto	76
967	Maria Queiros	00:36:55	00:35:50		6
968	Jorge Loureiro	00:36:55	00:34:47	CAVE Esposende	27
969	Carlos Castro	00:36:55	00:33:20		485
970	Artur Ferreira	00:36:55	00:36:48		486
971	Joao Vale	00:36:56	00:35:51		24
972	Helena Gomes	00:36:56	00:36:52		36
973	Pedro Allen	00:36:56	00:35:39		487
974	José Borges	00:36:57	00:35:57		488
975	José Teixeira	00:36:57	00:35:25		489
976	Bruno Ferreira	00:36:57	00:35:55		490
977	Paulo Limbado	00:36:58	00:35:39		121
978	Domingos Patena	00:36:58	00:33:07		491
979	Julio Tendeiro	00:36:59	00:36:29		492
980	Artur Monteiro	00:37:00	00:36:10		77
981	Luís Brochado	00:37:01	00:36:39	A KARATE FELGUEIRAS	493
982	Paulo Santos	00:37:01	00:36:51		138
983	Alberto Melo	00:37:02	00:00:00	Sporting Senhora da Hora	28
984	Patrícia Leite	00:37:02	00:36:01		37
985	Joana Cardoso	00:37:02	00:36:22		38
986	Henrique Rocha	00:37:03	00:36:15	LAMBAREIROS DO ASFALTO	122
987	Sandra Moreira	00:37:04	00:36:52	Chill Out	39
988	Artur Rodrigues	00:37:05	00:36:30	Caldas de São Joge Sport Clube	139
989	Anselmo Moreira	00:37:05	00:36:52		47
990	Jorge Miranda	00:37:07	00:35:42		494
991	Filipe Marques	00:37:07	00:36:09	Corkinhos	495
992	Macario Silva	00:37:07	00:36:57		123
993	João Cunha	00:37:07	00:33:37		496
994	Julio Marco	00:37:07	00:36:58		497
995	Angela Cardoso	00:37:08	00:36:31		40
996	Luis Santos	00:37:08	00:34:48	Os Pancinhas	498
997	Rafael Faria	00:37:08	00:35:42	Faria Portugal	11
998	Tiago Tomás	00:37:08	00:36:01		499
999	Vitor Reis	00:37:08	00:36:30		140

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1000	Rui Freitas	00:37:08	00:35:55		141
1001	João Costa	00:37:09	00:36:26		500
1002	Filipe Souto	00:37:09	00:36:19	Caes Da Avenida	142
1003	Antonio Vela	00:37:09	00:34:41	I2S Run Team	501
1004	Ricardo Ribeiro	00:37:09	00:35:26		502
1005	Frederico Esteves	00:37:10	00:36:33		124
1006	Fernando Camarneiro	00:37:10	00:36:35		78
1007	César Costa	00:37:10	00:36:31		503
1008	Luís Machado	00:37:10	00:33:29	Era uma vez a meta!	504
1009	Nuno Martins	00:37:10	00:35:12		143
1010	Ricardo Mesquita	00:37:11	00:35:53		144
1011	Pedro Magalhães	00:37:12	00:36:31		12
1012	Filipe Peixe	00:37:12	00:35:48		505
1013	Pedro Rodrigues	00:37:13	00:36:51	Oswaldo Matos	506
1014	Arlindo Caldas	00:37:13	00:35:24		125
1015	Jose Barbosa	00:37:14	00:37:12		507
1016	Isabel Saraiva	00:37:14	00:36:01		4
1017	Pedro Ribeiro	00:37:14	00:36:37	Francelos	508
1018	Hélder Costa	00:37:15	00:37:04	Klein	509
1019	Paula Teixeira	00:37:15	00:35:35	BOM SUCESSO HEALTH CLUB	41
1020	Pedro Rodrigues	00:37:16	00:36:02	Pedra Rija de Portunhos	510
1021	Abílio Guimarães	00:37:17	00:33:38	Era uma vez a meta!	511
1022	Pedro Franca	00:37:17	00:36:28	Caes Da Avenida	126
1023	Marcial Gomes	00:37:18	00:33:43		512
1024	Jivago Nunes	00:37:18	00:34:06		513
1025	Manuel Rocha	00:37:19	00:37:01	Clube Galp Energia - Norte	29
1026	Joaquim Ribeiro	00:37:19	00:36:39	Clube Galp Energia - Norte	514
1027	Nelson Mota	00:37:19	00:35:56		25
1028	Belmiro Azevedo	00:37:21	00:37:07		30
1029	Carlos Neves	00:37:22	00:35:46		515
1030	José Vieira	00:37:22	00:34:37		79
1031	Alfredo Rocha	00:37:23	00:37:23	CCD-APDL	516
1032	Alberto Alves	00:37:25	00:36:56		145
1033	Nuno Ribeiro	00:37:25	00:36:24		517
1034	Alberto Silva	00:37:25	00:34:51	CLUBE IND 38	48
1035	David Ribeiro	00:37:26	00:37:24		518
1036	Jorge Ferreira	00:37:26	00:35:37		146

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1037	João Amaral	00:37:26	00:34:09		147
1038	Rui Ferreira	00:37:26	00:36:06		26
1039	Gil Benido	00:37:27	00:36:06		519
1040	Luis Azevedo	00:37:27	00:36:34		520
1041	Sérgio Freire	00:37:27	00:35:38	Clube PT Aveiro	521
1042	Frederico Silva	00:37:27	00:33:48		522
1043	Jaime Rodrigues	00:37:28	00:33:49		523
1044	Nelson Ferreira	00:37:28	00:37:00		524
1045	Daniel Ferreira	00:37:28	00:34:05		27
1046	José Moita	00:37:28	00:37:17	Grupo Desportivo Banco de Potugal	80
1047	Salvador Lima	00:37:28	00:37:24		148
1048	José Matos	00:37:28	00:37:05	Grupo Desportivo Banco de Potugal	81
1049	Manuel Fernandes	00:37:28	00:36:18		525
1050	Jose Machado	00:37:28	00:36:18		526
1051	Benedita Souto	00:37:29	00:36:38	Caes Da Avenida	2
1052	Gerson Oliveira	00:37:29	00:35:01		527
1053	Ana Cruz	00:37:29	00:35:44		42
1054	Alcino Coelho	00:37:29	00:37:29		31
1055	Henrique Rocha	00:37:31	00:34:24		528
1056	Jose Barros	00:37:31	00:36:04		82
1057	Carlos Saavedra	00:37:31	00:37:28	Inimigos do Podium	529
1058	Paulo Silva	00:37:32	00:35:48		530
1059	Antonio Longo	00:37:32	00:36:24		127
1060	Júlio Teixeira	00:37:32	00:36:06		83
1061	Rui Pereira	00:37:32	00:36:58		531
1062	Hélder Rocha	00:37:32	00:35:02	IPBRICK	532
1063	Rui Bernardo	00:37:33	00:33:37		533
1064	João Ribeiro	00:37:33	00:37:25		534
1065	Carlos Cardoso	00:37:33	00:33:00	CLUBE IND 38	535
1066	Joel Santos	00:37:34	00:35:06	I2S Run Team	536
1067	João Macedo	00:37:34	00:34:58	Run Me - Im Famous	28
1068	Rui Campos	00:37:35	00:37:12		537
1069	Francisco Gouveia	00:37:35	00:37:35		29
1070	Zulmira Lima	00:37:35	00:37:21		5
1071	Manuel Neves	00:37:35	00:37:20		538
1072	Aquilino Santos	00:37:36	00:37:26		32
1073	Olívia Pombo	00:37:37	00:35:56	BOM SUCESSO HEALTH CLUB	7

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1074	André Mendes	00:37:37	00:35:09	Os Pancinhas	539
1075	Samuel Sousa	00:37:37	00:35:13	Os Pancinhas	540
1076	Luís Cerquinho	00:37:38	00:36:45	Caes Da Avenida	84
1077	Álvaro Oliveira	00:37:39	00:34:00		128
1078	Rui Grangeio	00:37:39	00:35:51		541
1079	Paula Vieira	00:37:39	00:36:40		43
1080	David Sousa	00:37:39	00:33:40		542
1081	José Leites	00:37:39	00:37:31	Grupo Desportivo da Limpeza Urbana - CMP	85
1082	Miguel Sá	00:37:40	00:33:16		543
1083	Americo Guedes	00:37:40	00:34:54		544
1084	Angelo Almeida	00:37:40	00:35:59		545
1085	José Coelho	00:37:40	00:33:50	CLUBE IND 38	546
1086	Lidio Freitas	00:37:40	00:37:19		33
1087	José Pereira	00:37:41	00:34:40		547
1088	Orlando Almeida	00:37:41	00:00:00		129
1089	Marinho Pereira	00:37:41	00:37:14		149
1090	Hélder Fernandes	00:37:41	00:37:04	Yes We Kenya	548
1091	Adelaide Mendes	00:37:41	00:36:35		6
1092	Telmo Nunes	00:37:41	00:36:07		549
1093	João Ferreira	00:37:41	00:36:07		550
1094	Eduardo Trigo	00:37:41	00:33:31	Em último não ficamos!!!	551
1095	Fernando Silva	00:37:42	00:33:41	Em último não ficamos!!!	552
1096	Joaquim Ferreira	00:37:43	00:35:57	ASSOCIAÇÃO CULTURAL VERMOIM	130
1097	Francisco Miranda	00:37:43	00:35:57	ASSOCIAÇÃO CULTURAL VERMOIM	553
1098	José Costa	00:37:43	00:35:57	ASSOCIAÇÃO CULTURAL VERMOIM	131
1099	Pedro Barbosa	00:37:43	00:36:34		554
1100	Armando Neves	00:37:44	00:37:18		150
1101	Henrique Sousa	00:37:44	00:37:20		49
1102	Telmo Adão	00:37:44	00:35:07		555
1103	Jose Oliveira	00:37:45	00:34:50		556
1104	Francisco Costa	00:37:45	00:34:13		132
1105	José Alves	00:37:47	00:37:13	Clube Galp Energia - Norte	557
1106	Paulo Silva	00:37:47	00:34:34		558
1107	Paulo Marinho	00:37:47	00:34:57	Café Ponto Final Conf Paulo Nogueira	559
1108	Adelino Pinto	00:37:48	00:34:42		560
1109	José Gomes	00:37:48	00:35:41	Os Pingos Doces	561
1110	Carlos Santos	00:37:48	00:37:26		562

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1111	Licínio Conceição	00:37:48	00:35:31		151
1112	Nelson Vinha	00:37:49	00:35:24		563
1113	Henrique Gonçalves	00:37:49	00:35:06	Serzedo Team	30
1114	Joaquina Martins	00:37:50	00:37:43		7
1115	Miguel Ferreira	00:37:51	00:34:55		564
1116	Arnaldo Barbosa	00:37:51	00:36:07	Campinas	565
1117	Ernesto Santos	00:37:51	00:37:44		566
1118	Ana Pinto	00:37:51	00:36:52		44
1119	Miguel Silva	00:37:51	00:37:00		567
1120	Fernando Franco	00:37:52	00:37:00		152
1121	Francisco Aragão	00:37:52	00:36:51		568
1122	Filipe Esteves	00:37:52	00:34:04		569
1123	Gil Carvalho	00:37:53	00:36:25		86
1124	Francisco Kendall	00:37:55	00:37:02	Caes Da Avenida	153
1125	Jaime Reis	00:37:55	00:37:55		570
1126	José Afonso	00:37:55	00:37:30		34
1127	Luis Gomes	00:37:55	00:36:56		154
1128	Filipe Rodrigues	00:37:56	00:37:24	CLUBE GBES-DELEGAÇÃO NORTE	571
1129	Joaquim Peres	00:37:56	00:34:34		133
1130	Armando Tavares	00:37:56	00:35:13	Os Ases de Gondomar	155
1131	Hugo Rocha	00:37:56	00:36:23		572
1132	Pedro Silva	00:37:56	00:36:22		573
1133	Pedro Lopes	00:37:56	00:36:34		574
1134	Manuel Moreira	00:37:57	00:35:03		134
1135	Joana Sousa	00:37:57	00:37:17		45
1136	Elias Pereira	00:37:58	00:37:19		50
1137	Fatima Aleixo	00:37:58	00:36:44		46
1138	Rui Teixeira	00:37:58	00:37:29		135
1139	José Andrade	00:37:59	00:36:55		156
1140	Olga Mota	00:37:59	00:37:13		47
1141	Luís Sousa	00:37:59	00:37:28		157
1142	Bruno Batista	00:37:59	00:35:20		575
1143	Adelino Frada	00:37:59	00:37:27		51
1144	Pedro Duarte	00:37:59	00:37:20		158
1145	Sérgio Neto	00:38:00	00:37:56		576
1146	António Basílio	00:38:00	00:36:54		577
1147	Gonçalo Albuquerque	00:38:00	00:37:09	Caes Da Avenida	159

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
1148	João Mendes	00:38:01	00:37:48		578
1149	Fernando Pereira	00:38:01	00:36:22		136
1150	Juliana Sousa	00:38:03	00:37:38		48
1151	Carlos Carreira	00:38:03	00:35:56	ZMF - AMG	579
1152	Bruno Rocha	00:38:03	00:37:38		580
1153	António Ferreira	00:38:03	00:35:50		137
1154	Maria Magalhães	00:38:04	00:37:51	A KARATE FELGUEIRAS	8
1155	João Correia	00:38:04	00:37:54		581
1156	Jorge Sousa	00:38:04	00:38:02	Lounge Team	582
1157	Luís Moreira	00:38:04	00:36:40		138
1158	André Soares	00:38:05	00:36:38		31
1159	J.c. Ramalhao	00:38:05	00:37:48		52
1160	Liliana Almeida	00:38:05	00:37:46		49
1161	Jorge Rodrigues	00:38:06	00:34:18		583
1162	Rui Pinto	00:38:06	00:37:43		584
1163	Victor Sousa	00:38:07	00:35:55		585
1164	José Ferreira	00:38:07	00:37:05		139
1165	Vera Luis	00:38:07	00:37:43		50
1166	José Carvalho	00:38:08	00:36:54		586
1167	Pedro Barbosa	00:38:08	00:37:59		587
1168	Paulo Saraiva	00:38:08	00:37:56		32
1169	Joaquim Matos	00:38:08	00:36:30		87
1170	Joaquim Coelho	00:38:08	00:37:31	Yes We Kenya	35
1171	Nelson Almeida	00:38:09	00:36:15	JUNEL	588
1172	Luis Pereira	00:38:09	00:37:57		53
1173	José Soares	00:38:09	00:36:01		160
1174	Eduardo Paquete	00:38:11	00:38:07	Individual	36
1175	José Neves	00:38:12	00:37:09	Roseira e Neves	88
1176	Pedro Silva	00:38:12	00:37:41	Campeões	589
1177	Luís Neves	00:38:12	00:37:08	Roseira e Neves	33
1178	Paulo Neves	00:38:12	00:37:36		590
1179	Tiago Matias	00:38:12	00:37:36	Equipa Matias	591
1180	Sidon Dias	00:38:12	00:00:00		592
1181	Manuel Gaspar	00:38:12	00:37:46		37
1182	Ricardo Matias	00:38:12	00:37:35	Equipa Matias	593
1183	Ana Cavalheiro	00:38:12	00:37:57		3
1184	Teresa Mota	00:38:13	00:37:21	idealkorpus club running	9

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1185	Ricardo Martins	00:38:13	00:36:22		594
1186	Emidio Silva	00:38:13	00:35:33		38
1187	José Freitas	00:38:14	00:35:29		54
1188	Daniel Miranda	00:38:14	00:38:07		595
1189	Joao Barbosa	00:38:14	00:37:25	Caes Da Avenida	596
1190	Arsénio Ferreira	00:38:15	00:37:55		597
1191	Helder Oliveira	00:38:15	00:36:36		598
1192	Cláudia Veiga	00:38:16	00:37:32		51
1193	Manuel Gaspar	00:38:16	00:36:22		599
1194	Nuno Botelho	00:38:17	00:37:37	BOM SUCESSO HEALTH CLUB	600
1195	Márcio Correia	00:38:17	00:36:45		601
1196	José Araújo	00:38:18	00:35:04	Os Tirsenses	602
1197	Lucídio Dias	00:38:18	00:34:28	CLUBE IND 38	39
1198	Ivo Dias	00:38:18	00:32:44		603
1199	Manuel Magalhães	00:38:18	00:32:59		161
1200	Joao Costa	00:38:19	00:37:18		604
1201	Elisabete Silva	00:38:21	00:37:06		10
1202	Leonardo Monteiro	00:38:23	00:37:36	Os melhores adeptos de Portugal	34
1203	Pedro Sanguedo	00:38:23	00:35:47	Run Me - Im Famous	605
1204	Marco Machado	00:38:23	00:35:10	Os Tirsenses	606
1205	Bruno Bastos	00:38:23	00:37:32	Move one	607
1206	Fernando Silva	00:38:23	00:37:32	Move one	608
1207	Silvia Gomes	00:38:23	00:37:15		52
1208	Sérgio Almeida	00:38:24	00:35:10	Os Tirsenses	609
1209	Antonio Meneses	00:38:24	00:35:44		610
1210	Tomas Oliveira	00:38:24	00:37:35	Os melhores adeptos de Portugal	35
1211	André Bandeira	00:38:25	00:37:41		611
1212	Luís Santos	00:38:26	00:37:13		140
1213	Isaque Lucena	00:38:26	00:36:54		612
1214	António Pereira	00:38:27	00:35:58		141
1215	Ricardo Alves	00:38:28	00:36:47		613
1216	José Bessa	00:38:28	00:35:25		614
1217	Antonio Simoes	00:38:28	00:38:10		89
1218	Paulo Soares	00:38:29	00:37:03	SOARES BROTHERS	142
1219	Nuno Maltez	00:38:29	00:37:22		615
1220	Domingos Monteiro	00:38:29	00:38:29		616
1221	Mário Bastos	00:38:30	00:37:30		617

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1222	Edgar Marques	00:38:30	00:35:22		618
1223	Miguel Matos	00:38:30	00:35:37		619
1224	Paulo Grilo	00:38:30	00:35:08		620
1225	Francisco Silva	00:38:30	00:36:46	Campinas	621
1226	Ricardo Campos	00:38:31	00:35:59		622
1227	Nuno Malheiro	00:38:32	00:37:03		623
1228	Joana Rebelo	00:38:32	00:37:05		53
1229	Andre Rocha	00:38:32	00:37:15		624
1230	Pedro Lima	00:38:33	00:37:25		625
1231	Mariana Ferreira	00:38:33	00:36:57	Belo & Monstra	54
1232	Rui Carvalho	00:38:33	00:36:35	Parque health Club	626
1233	Maria Paixão	00:38:33	00:38:21		11
1234	António Dias	00:38:33	00:38:08		162
1235	Alice Costa	00:38:33	00:35:36		55
1236	Americo Sousa	00:38:34	00:35:56		627
1237	João Verissimo	00:38:34	00:36:38		628
1238	José Raimundo	00:38:35	00:37:19	Parque health Club	55
1239	António Carvalho	00:38:35	00:37:58		629
1240	Joana Almeida	00:38:35	00:37:57		56
1241	Fernanda Costa	00:38:35	00:37:57		12
1242	Guilherme Pereira	00:38:35	00:36:59		143
1243	Diana Maia	00:38:35	00:35:12		57
1244	Bruno Maia	00:38:36	00:34:04		630
1245	Tasso Caio	00:38:36	00:37:57		163
1246	Paulo Bastos	00:38:37	00:36:56		631
1247	Ricardo Pereira	00:38:37	00:36:56		632
1248	Alvaro Silva	00:38:37	00:37:57	Porto Runners	40
1249	António Sá	00:38:38	00:36:23		633
1250	Luis Cerqueira	00:38:38	00:36:35	academia de saude estetica korpus	144
1251	Pedro Costa	00:38:39	00:36:54		634
1252	Acácio Aguiar	00:38:39	00:36:59	Biba a Seleção	41
1253	Rui Couto	00:38:39	00:37:49		42
1254	Matilde Leal	00:38:39	00:37:25	CAO	13
1255	Jose Matos	00:38:39	00:36:28	PJN GAIA	164
1256	Júlio Santos	00:38:39	00:35:47		635
1257	Davide Pinheiro	00:38:40	00:37:35		165
1258	Maria Pinto	00:38:40	00:37:24	AFISOVAR	4

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
1259	Armenio Ferreira	00:38:40	00:37:53		56
1260	Luis Reis	00:38:40	00:33:53		636
1261	Luis Terencio	00:38:41	00:37:56		637
1262	Rui Duarte	00:38:41	00:37:58		638
1263	Joaquim Costa	00:38:41	00:37:01	OS KÁGADOS	43
1264	Mario Conde	00:38:42	00:38:24	AFISOVAR	57
1265	Nuno Vieira	00:38:42	00:33:55		639
1266	Paulo Bernardo	00:38:43	00:37:49		640
1267	Vitor Tavares	00:38:43	00:38:29	Clube de Corrida In&Out Parque da Aguda	166
1268	Juliano Presas	00:38:43	00:38:34	Nascidos para Correr	641
1269	Jose Marques	00:38:43	00:38:14	OS RAMALHOS	642
1270	Renata Coelho	00:38:43	00:38:30	Talhos Bem Servir	58
1271	Pedro Marinho	00:38:43	00:36:33		643
1272	Antonio Gomes	00:38:44	00:37:57		644
1273	José Alves	00:38:44	00:38:02		44
1274	Jose Faria	00:38:44	00:38:16	OS RAMALHOS	645
1275	Rogério Sereno	00:38:45	00:38:42		58
1276	Urbano Castro	00:38:45	00:38:25		646
1277	Ricardo Pinto	00:38:45	00:37:33		36
1278	Vitor Marques	00:38:46	00:35:19	Grupo Desportivo BPI	145
1279	Nuno Bettencourt	00:38:46	00:35:19		647
1280	Carlos Vieira	00:38:46	00:36:36		648
1281	Luís Costa	00:38:47	00:36:36	Associação Novo Futuro	13
1282	Sara Lopes	00:38:47	00:37:33		649
1283	Armando Santos	00:38:47	00:37:28		146
1284	Hugo Silva	00:38:47	00:37:32	Parque health Club	650
1285	Maria Monteiro	00:38:48	00:37:45		8
1286	Amadeu Vale	00:38:48	00:38:28	NTP Porto	651
1287	Hugo Bastos	00:38:48	00:37:13	In Action	652
1288	Pedro Ferreira	00:38:48	00:35:10		653
1289	Nuno Salgado	00:38:48	00:38:27	NTP Porto	654
1290	Jorge Gonçalves	00:38:48	00:38:40		655
1291	Antonio Liberal	00:38:48	00:37:59		656
1292	Ana Reis	00:38:49	00:37:45		59
1293	Bruno Silva	00:38:50	00:38:22		657
1294	Alice Moutinho	00:38:51	00:35:40	individual	14
1295	Jorge Barbosa	00:38:51	00:35:27	BT3	658

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1296	João Sousa	00:38:51	00:35:49		659
1297	Hugo Santos	00:38:51	00:35:50		660
1298	Luis Campelo	00:38:52	00:36:48	CORREIO EMPRESARIAL DO NORTE	59
1299	Nelio Paulo	00:38:53	00:32:56		167
1300	Arnaldo Frias	00:38:53	00:38:14		60
1301	Francisco Magalhaes	00:38:54	00:37:22		61
1302	Ilidio Silva	00:38:54	00:38:44		90
1303	Jorge Neto	00:38:54	00:38:04		62
1304	Marco Guimarães	00:38:54	00:36:51		14
1305	Nuno Tavares	00:38:56	00:38:50	DeRose Running Team	661
1306	Nuno Carneiro	00:38:56	00:34:32		37
1307	Joao Brito	00:38:57	00:36:16		147
1308	Miguel Crisóstomo	00:38:57	00:38:41		662
1309	Arnando Santos	00:38:58	00:35:09	GINASIO CLUBE SANTO TIRSO	45
1310	Hélder Lopes	00:38:58	00:38:07		663
1311	Eduardo Pinto	00:38:59	00:00:00		664
1312	Anselmo Vieira	00:38:59	00:37:18	3 Tigres	665
1313	Artur Lopes	00:38:59	00:00:00		666
1314	Gilberto Lopes	00:38:59	00:37:22		667
1315	Pedro Andrade	00:39:00	00:35:59		668
1316	Frederico Marques	00:39:00	00:35:12	GRUNIL	669
1317	Jorge Ribeiro	00:39:00	00:37:57		670
1318	José Guimarães	00:39:01	00:38:39		63
1319	Pedro Ferreira	00:39:01	00:36:46	Os Pancinhas	671
1320	João Silva	00:39:01	00:36:46	Os Pancinhas	672
1321	Daniel Carvalho	00:39:01	00:38:43	Oswaldo Matos	673
1322	Miguel Abreu	00:39:01	00:00:00		674
1323	Rui Gonçalves	00:39:02	00:38:01		675
1324	João Gonçalves	00:39:02	00:37:57		676
1325	Nuno Oliveira	00:39:02	00:00:00		677
1326	Diogo Sousa	00:39:02	00:37:57		678
1327	Jose Folha	00:39:03	00:37:25		679
1328	Martino Gioia	00:39:03	00:37:26		168
1329	Cláudio Silva	00:39:03	00:37:46		680
1330	Vasco Ferreira	00:39:04	00:36:24		681
1331	Emanuel Santos	00:39:05	00:38:19		682
1332	Cecília Teixeira	00:39:05	00:38:18		60

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1333	Gildo Soares	00:39:05	00:38:09		683
1334	Justyna Szmigielska	00:39:05	00:38:24		61
1335	Rodrigo Fontoura	00:39:06	00:35:32	Super Mancos	38
1336	Tiago Sousa	00:39:06	00:38:18		684
1337	Fernando Braz	00:39:07	00:38:36		169
1338	Daniela Palhares	00:39:07	00:38:34		9
1339	Luis Moutinho	00:39:07	00:00:00	Em último não ficamos!!!	685
1340	Helder Oliveira	00:39:08	00:36:55		91
1341	Fernando Neto	00:39:08	00:39:04		686
1342	Nuno Pinto	00:39:08	00:37:25	DAC PORTO	687
1343	Jorge Leite	00:39:08	00:38:06	Familia Moreira	688
1344	Amilcar Ferreira	00:39:09	00:38:06	Familia Moreira	170
1345	Tiago Castro	00:39:09	00:37:35	In Action	689
1346	Raquel Gomes	00:39:09	00:38:59	DREAD TEAM	62
1347	Pedro Cortinhas	00:39:09	00:38:59	DREAD TEAM	690
1348	Jorge Gomes	00:39:09	00:39:09		92
1349	Elisabete Repas	00:39:10	00:36:56		15
1350	Antonio Santos	00:39:10	00:38:20		64
1351	Rui Brochado	00:39:10	00:38:48	A KARATE FELGUEIRAS	148
1352	Filipe Moura	00:39:10	00:38:47		691
1353	Carlos Leao	00:39:10	00:37:42		692
1354	Ricardo Ferraz	00:39:11	00:37:44		693
1355	Rui Ribeiro	00:39:11	00:37:05	Açoreana Clube Banif	694
1356	Marcia Silva	00:39:11	00:38:52	Energia Ginásio	63
1357	Rui Queiros	00:39:11	00:37:38	Açoreana Clube Banif	171
1358	Nelson Prata	00:39:13	00:36:31		695
1359	Ana Cortez	00:39:13	00:38:46		64
1360	Nuno Paiva	00:39:13	00:37:44		696
1361	Antonio Gomes	00:39:14	00:38:42		149
1362	Helder Pinto	00:39:15	00:39:09		697
1363	Rui Pereira	00:39:16	00:38:42		698
1364	Ivo Guerra	00:39:16	00:37:15		699
1365	Sonia .	00:39:16	00:37:42		65
1366	Domingos Azevedo	00:39:17	00:39:07		65
1367	Tiago Oliveira	00:39:17	00:39:13		700
1368	Jose Esteves	00:39:18	00:37:46		701
1369	Tiago Dias	00:39:18	00:35:50		702

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1370	Mário Cunha	00:39:18	00:36:50	Corgas Club	172
1371	Paulo Marques	00:39:18	00:36:32		173
1372	Paulo Ramos	00:39:18	00:38:45	PAZ BASEBALL CLUB de OLIVEIRA de AZEMÉIS	703
1373	José Dias	00:39:19	00:39:08		174
1374	Pedro Dias	00:39:20	00:39:09		39
1375	Osvaldo Costa	00:39:20	00:00:00		704
1376	Bruno Baltazar	00:39:20	00:34:59		705
1377	Miguel Carvalho	00:39:21	00:38:26	Caes Da Avenida	175
1378	Miguel Carvalho	00:39:21	00:38:27	Caes Da Avenida	40
1379	Jose Silva	00:39:21	00:35:27		150
1380	João Meneses	00:39:21	00:38:41	BOM SUCESSO HEALTH CLUB	706
1381	Paulo Rendeiro	00:39:23	00:34:59		707
1382	Frederico Rocha	00:39:23	00:35:54		708
1383	Rui Pinto	00:39:23	00:37:39		709
1384	Diogo Neves	00:39:23	00:38:09	Pedra Rija de Portunhos	710
1385	Mário Ferreira	00:39:24	00:37:40		711
1386	Ricardo Duarte	00:39:24	00:37:45		712
1387	José Ferreira	00:39:25	00:36:33	By Gods Runners	713
1388	Carla Pereira	00:39:25	00:37:47		66
1389	Fernando Vieira	00:39:25	00:39:04		714
1390	Maria Martins	00:39:26	00:00:00	MAJESTIC CAFE	10
1391	João Guimarães	00:39:26	00:39:00		715
1392	Carlos Ferreira	00:39:26	00:37:43		716
1393	Helena Ferreira	00:39:27	00:38:26		16
1394	Alexandre Silva	00:39:27	00:39:27	centro recreio popular s. tiago	93
1395	Rui Ferreira	00:39:27	00:38:07		717
1396	Paula Silva	00:39:27	00:38:49		67
1397	Mario Bessa	00:39:28	00:39:07	CLUBE GBES-DELEGAÇÃO NORTE	66
1398	Miguel Coutinho	00:39:29	00:38:35	PT running team	718
1399	Filipe Neves	00:39:29	00:37:30		719
1400	José Beira	00:39:29	00:37:06		720
1401	João Marques	00:39:30	00:39:25		721
1402	Josué Neves	00:39:30	00:39:00		722
1403	Manuel Sousa	00:39:31	00:39:23		67
1404	Antonio Jorge	00:39:32	00:39:31		176
1405	Rui Mota	00:39:32	00:38:50		723
1406	Fernando Costa	00:39:33	00:39:01		151

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1407	Raul Pereira	00:39:33	00:37:26	Açoreana Clube Banif	177
1408	António Pinto	00:39:34	00:39:31		724
1409	Pedro Salgueiro	00:39:35	00:37:53	SAWASDEE TEAM	725
1410	Miguel Amado	00:39:35	00:37:23	Somos D IVA	726
1411	Zélia Martins	00:39:35	00:39:35	Living	17
1412	Jaime Pereira	00:39:36	00:39:36	Almeida - Pereira	46
1413	Jose Maia	00:39:36	00:36:04	BES Porto Centro Oriental	727
1414	Paulo Oliveira	00:39:36	00:38:56		178
1415	Pedro Paiva	00:39:37	00:38:51		728
1416	Candido Leodoro	00:39:37	00:37:45		68
1417	António Neiva	00:39:38	00:37:34		729
1418	Joaquim Alves	00:39:39	00:36:48		730
1419	Nuno Tavares	00:39:39	00:34:46		731
1420	Maria Moreira	00:39:40	00:39:25		18
1421	Vitor Anjos	00:39:41	00:37:50	Papa Léguas Team	732
1422	José Azevedo	00:39:42	00:37:26	Os Pancinhas	733
1423	Gustavo Martins	00:39:42	00:39:35		734
1424	Rui Oliveira	00:39:42	00:36:26		735
1425	Nelson Vieira	00:39:43	00:36:58		736
1426	Francisco Bartolomeu	00:39:43	00:35:52		737
1427	Raquel Ferreira	00:39:43	00:37:14		68
1428	Miguel Campos	00:39:43	00:37:45		179
1429	Sara Martins	00:39:44	00:38:13		69
1430	Ernani Carvalho	00:39:44	00:39:17	Clube Galp Energia - Norte	47
1431	Pedro Cid	00:39:44	00:37:20		152
1432	Dalila Reis	00:39:44	00:39:08		70
1433	João Costa	00:39:45	00:39:12		738
1434	Tiago Sousa	00:39:45	00:37:15		739
1435	Luis Morais	00:39:45	00:00:00		740
1436	Rui Costa	00:39:45	00:37:27		741
1437	Ffrancisco Almeida	00:39:45	00:39:26		94
1438	Ricardo Pereira	00:39:46	00:37:09	Run Me - Im Famous	742
1439	Tiago Santos	00:39:46	00:38:55		743
1440	José Cláudio	00:39:46	00:38:21		69
1441	José Organista	00:39:47	00:38:45		744
1442	Hugo Oliveira	00:39:47	00:37:04		745
1443	Joana Figueiredo	00:39:47	00:37:42		71

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1444	Fernando Pereira	00:39:47	00:37:50	BATE NO FUNDO	746
1445	Fátima Galdes	00:39:47	00:38:05	BOM SUCESSO HEALTH CLUB	11
1446	Anabela Ribeiro	00:39:48	00:38:07	BOM SUCESSO HEALTH CLUB	12
1447	Miguel Simões	00:39:48	00:39:28		747
1448	Jorge Ferreira	00:39:49	00:38:30		748
1449	João Duarte	00:39:49	00:36:28		749
1450	Hugo Silva	00:39:50	00:35:41		750
1451	José Silva	00:39:50	00:38:47		751
1452	Joao Antunes	00:39:50	00:38:47		180
1453	Pedro Antunes	00:39:50	00:00:00		752
1454	Manuel Brito	00:39:50	00:38:48		181
1455	Ricardo Amaral	00:39:50	00:38:15		753
1456	Cristina Teixeira	00:39:51	00:38:49		13
1457	Tiago Loureiro	00:39:51	00:39:28	Loureiros	754
1458	Manuel Terroso	00:39:51	00:38:57	Caes Da Avenida	182
1459	Cláudio Trigais	00:39:51	00:36:35		755
1460	Nuno Rodrigues	00:39:51	00:00:00	MIB_Sport	756
1461	Pedro Teixeira	00:39:51	00:37:02		757
1462	Marco Sousa	00:39:51	00:39:33	MIB_Sport	758
1463	Nuno Leão	00:39:52	00:37:45	Freamunde Running Crew	759
1464	Jose Rebelo	00:39:53	00:37:49	CORREIO EMPRESARIAL DO NORTE	70
1465	Catia Semedo	00:39:53	00:37:13		72
1466	Joana Gonçalves	00:39:53	00:39:36		73
1467	Tomas Costa	00:39:53	00:00:00		71
1468	Carlos Carvalho	00:39:53	00:37:50	MCG - Movimento de Cidadãos por Gaia	48
1469	António Moreira	00:39:53	00:39:37		72
1470	José Machado	00:39:53	00:37:49	MCG - Movimento de Cidadãos por Gaia	73
1471	Bernardo Fonseca	00:39:53	00:38:58		760
1472	Fernando Amaral	00:39:54	00:38:19		183
1473	Elisio Maia	00:39:54	00:38:51		761
1474	Francisco Oliveira	00:39:54	00:38:50		762
1475	Rui Russo	00:39:55	00:39:41	Clube de Corrida In&Out Parque da Aguda	763
1476	Nelson Campos	00:39:55	00:37:44	PJN GAIA	184
1477	João Oliveira	00:39:55	00:37:07	Grupo Desportivo Santander Totta	185
1478	Lucilia Penteado	00:39:55	00:39:17		74
1479	José Casanova	00:39:56	00:37:12		764
1480	Guilherme Oliveira	00:39:56	00:37:54		765

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1481	André Cruz	00:39:57	00:37:30		766
1482	Tomas Reis	00:39:57	00:39:09	Os melhores adeptos de Portugal	41
1483	Sandra Queiroz	00:39:58	00:39:55		19
1484	Osvaldo Costa	00:39:59	00:38:41		153
1485	Carlos Barros	00:39:59	00:39:50	Klein	767
1486	Ricardo Teixeira	00:39:59	00:34:22		768
1487	Francisco Costa	00:39:59	00:39:11	Comporto	186
1488	Helder Ferreira	00:39:59	00:38:38		769
1489	Henrique Morais	00:40:00	00:37:08		154
1490	Elisio Campos	00:40:00	00:39:23	OS KÁGADOS	95
1491	Laurinda Costa	00:40:01	00:39:24	OS KÁGADOS	20
1492	Helder Costa	00:40:01	00:37:40	Os Pancinhas	770
1493	Isabel Silva	00:40:01	00:37:17		14
1494	Luis Almeida	00:40:01	00:37:08		187
1495	Thierry Dussaubat	00:40:01	00:37:07		155
1496	Paulo Costa	00:40:01	00:37:01		771
1497	João Santos	00:40:02	00:36:33		772
1498	José Pereira	00:40:02	00:39:30		156
1499	Fernanda Gonçalves	00:40:02	00:39:49		75
1500	Valmar Silva	00:40:02	00:35:02		157
1501	Pedro Matos	00:40:03	00:37:51	PJN GAIA	188
1502	Leonardo Maia	00:40:03	00:37:16		773
1503	Manuel Costa	00:40:03	00:00:00	ASSOCIAÇÃO CULTURAL VERMOIM	96
1504	José Menéres	00:40:04	00:36:55		774
1505	Joana Moura	00:40:04	00:39:24		76
1506	Jose Guimaraes	00:40:04	00:37:38		775
1507	Tiago Fernandes	00:40:04	00:34:10		776
1508	Joaquim Silva	00:40:05	00:36:41		189
1509	Rui Ferreira	00:40:05	00:37:54	Topo-Gigio	42
1510	Miguel Xu	00:40:05	00:37:06		15
1511	Paulo Pereira	00:40:06	00:39:14		777
1512	Ricardo Taxa	00:40:06	00:37:16		778
1513	Sérgio Brandão	00:40:07	00:38:57		190
1514	Antonio Moniz	00:40:07	00:39:17	OnePiece	74
1515	Nuno Macedo	00:40:07	00:38:30	MIRADOURO	779
1516	José Cardoso	00:40:08	00:37:03		43
1517	Vasco Pimenta	00:40:08	00:37:47		780

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1518	Jose Rosas	00:40:09	00:38:27		781
1519	Casimiro Fernandes	00:40:09	00:38:12	Grupo Os Barrigas	75
1520	João Abreu	00:40:09	00:37:57	Topo-Gigio	44
1521	Tomás Barbosa	00:40:09	00:38:24		782
1522	Diogo Vasques	00:40:09	00:36:30	PAPALÉGUAS	783
1523	Nuno Santos	00:40:10	00:39:51		784
1524	Sergio Teixeira	00:40:11	00:34:55		49
1525	Carla Faria	00:40:11	00:39:44		77
1526	Fernando Veiga	00:40:11	00:39:26		785
1527	Nuno Silva	00:40:11	00:39:32		191
1528	Fernando Sousa	00:40:12	00:39:41	CLUBE GBES-DELEGAÇÃO NORTE	76
1529	Flavio Pais	00:40:13	00:38:12	CORREIO EMPRESARIAL DO NORTE	21
1530	Tiago Barbosa	00:40:13	00:38:08	barbosa	786
1531	Jorge Varandas	00:40:14	00:38:38	In Action	787
1532	Domingos Leal	00:40:14	00:36:25		788
1533	Daniela Pinto	00:40:14	00:00:00	LAMBAREIROS DO ASFALTO	78
1534	Domingos Ferreira	00:40:14	00:39:29	LAMBAREIROS DO ASFALTO	192
1535	João Mota	00:40:14	00:39:28		789
1536	Fábio Russo	00:40:15	00:38:28		790
1537	João Ferreira	00:40:15	00:38:23		791
1538	Jose Nogueira	00:40:16	00:37:14	particular	97
1539	Herlander Marques	00:40:16	00:39:06		98
1540	Liliana Pereira	00:40:16	00:39:48	Wellrunner	79
1541	José Martins	00:40:17	00:36:25	CLUBE IND 38	792
1542	Carlos Mota	00:40:18	00:37:50		793
1543	Sérgio Pacheco	00:40:18	00:39:08		794
1544	Andre Fernandes	00:40:19	00:38:33		795
1545	Vasco Vinhas	00:40:19	00:39:40		796
1546	Rui Gonzalez	00:40:19	00:40:01		797
1547	Manuel Fontes	00:40:19	00:39:30		77
1548	Luís Castro	00:40:20	00:00:00		798
1549	Paulo Correia	00:40:20	00:39:19		799
1550	Armando Pinho	00:40:20	00:37:19		800
1551	Paulo Moreira	00:40:20	00:36:43		801
1552	Daniel Gomes	00:40:21	00:35:35		802
1553	Francisco Surrador	00:40:22	00:39:47	Familia Surra	45
1554	Raquel Ferreira	00:40:22	00:39:43		80

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1555	Humberto Bezerra	00:40:22	00:39:13		803
1556	Hugo Teixeira	00:40:22	00:35:35		804
1557	Abilio Brandao	00:40:22	00:38:45		50
1558	Vitor Marques	00:40:23	00:38:17		805
1559	Paula Barros	00:40:23	00:40:23		22
1560	Jorge Pereira	00:40:23	00:38:18	Açoreana Clube Banif	193
1561	Ana Rocha	00:40:23	00:37:43	Quarteto Maravilha	81
1562	Marco Santos	00:40:24	00:39:31		806
1563	Duarte Aires	00:40:24	00:36:15	Em último não ficamos!!!	807
1564	Vítor Meireles	00:40:25	00:40:12		51
1565	Nuno Guerra	00:40:25	00:35:55	Em último não ficamos!!!	808
1566	Fábio Ferreira	00:40:25	00:38:29		809
1567	Sérgio Moreira	00:40:26	00:38:27	BATE NO FUNDO	810
1568	Miguel Novais	00:40:26	00:36:26		811
1569	Jose Magalhaes	00:40:26	00:39:44		812
1570	José Novais	00:40:27	00:38:45	DORH	158
1571	José Fernandes	00:40:27	00:38:45	DORH	99
1572	Manuel Mata	00:40:27	00:38:44	DORH	159
1573	António Moreira	00:40:27	00:00:00	Super Mancos	16
1574	Cátia Gomes	00:40:27	00:38:45	DORH	82
1575	Eurico Pinto	00:40:27	00:38:50		813
1576	Miguel Santos	00:40:27	00:38:49		814
1577	Paulo Alves	00:40:28	00:38:56		815
1578	Antonio Santiago	00:40:28	00:00:00		160
1579	Salomé Mourisco	00:40:29	00:39:44		83
1580	Marta Guimarães	00:40:29	00:39:42		84
1581	Joao Lopes	00:40:29	00:36:34	GINASIO CLUBE SANTO TIRSO	46
1582	Victor Neves	00:40:29	00:37:15		161
1583	Luis Mota	00:40:29	00:39:42		816
1584	Luis Sousa	00:40:30	00:37:14		194
1585	José Sá	00:40:30	00:37:20		817
1586	Joao Sousa	00:40:30	00:38:44		818
1587	Angela Pimenta	00:40:30	00:37:21		85
1588	Jose Carvalho	00:40:30	00:38:49		819
1589	Odilio Pinto	00:40:31	00:38:31	Os amadores	820
1590	Vitor Lopes	00:40:31	00:36:36	GINASIO CLUBE SANTO TIRSO	195
1591	Mariana Esteves	00:40:31	00:37:44		86

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1592	Bruno Cochofel	00:40:31	00:37:56	IPBRICK	821
1593	David Costa	00:40:32	00:40:31		196
1594	Ricardo Pinheiro	00:40:32	00:38:07		822
1595	Joaquim Rocha	00:40:32	00:38:37		823
1596	Fatima Oliveira	00:40:32	00:00:00		87
1597	Sergio Barbosa	00:40:33	00:39:07		824
1598	Manuel Marques	00:40:33	00:38:27		197
1599	Susana Fernandes	00:40:33	00:39:08		88
1600	Jorge Barbosa	00:40:34	00:40:27		825
1601	João Ribas	00:40:34	00:40:17		826
1602	André Ribeiro	00:40:34	00:40:28		47
1603	Filipe Monteiro	00:40:35	00:34:46		827
1604	Serafim Costa	00:40:36	00:39:00		52
1605	Francisco Pinto	00:40:37	00:38:50		828
1606	João Teixeira	00:40:37	00:40:10		829
1607	Maria Teixeira	00:40:37	00:40:10		23
1608	Ofélia Augusto	00:40:37	00:40:32	BESJOGING	24
1609	Jose Falcão	00:40:37	00:39:37	Associação Desportiva Rio Largo Clube de Espinho	53
1610	Raquel Pereira	00:40:37	00:39:38		89
1611	Manuel Araújo	00:40:38	00:39:45		830
1612	Alexandre Oliveira	00:40:38	00:34:45		831
1613	Manuel Orosa	00:40:39	00:39:16		54
1614	Ricardo Carvalho	00:40:39	00:39:39		832
1615	Fernando Maia	00:40:39	00:37:55		833
1616	Maria Quirino	00:40:39	00:39:24		25
1617	Renato Cardoso	00:40:39	00:37:30		834
1618	Aristides Carneiro	00:40:40	00:38:12		48
1619	Maria Surrador	00:40:40	00:40:05	Familia Surra	15
1620	Heitor Surrador	00:40:40	00:40:05	Familia Surra	198
1621	André Coelho	00:40:41	00:36:51	CLUBE IND 38	835
1622	Ricardo Vidal	00:40:41	00:37:32		836
1623	Daniel Rebelo	00:40:41	00:37:18		837
1624	Luísa Galvão	00:40:41	00:39:28		90
1625	Carlos Costa	00:40:42	00:39:16		199
1626	Inês Teixeira	00:40:42	00:39:36		91
1627	Cláudia Santos	00:40:43	00:39:44		92
1628	Miguel Martins	00:40:43	00:35:50		838

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1629	Cândido Santos	00:40:44	00:39:31		200
1630	Manuel Costa	00:40:44	00:39:37		839
1631	Ana Guimarães	00:40:44	00:40:17		26
1632	Rui Alves	00:40:44	00:36:48		840
1633	Joana Tomas	00:40:45	00:36:47		93
1634	Luciano Pereira	00:40:45	00:37:14		100
1635	Rui Neves	00:40:45	00:36:48		841
1636	Miguel Oliva	00:40:45	00:38:43		842
1637	Nuno Neves	00:40:45	00:36:49		843
1638	Luis Pinho	00:40:46	00:36:51	MLSF Team	844
1639	Jorge Pinto	00:40:46	00:38:17	ZMF - AMG	201
1640	Carlos Coelho	00:40:46	00:38:16	ZMF - AMG	101
1641	Ricardo Cruz	00:40:47	00:40:13		845
1642	Juliana Saldanha	00:40:47	00:39:26		94
1643	Cristiana Rodrigues	00:40:47	00:37:23		95
1644	João Carvalho	00:40:48	00:37:22		846
1645	Bruno Fonseca	00:40:48	00:38:22		847
1646	Catarina Campos	00:40:49	00:39:38		96
1647	Alexandra Silva	00:40:50	00:40:34	Clube de Corrida In&Out Parque da Aguda	16
1648	Lucia Oliveira	00:40:51	00:40:35		97
1649	Manuela Damas	00:40:51	00:40:04		98
1650	Sandra Rios	00:40:51	00:39:28		99
1651	Rui Sá	00:40:52	00:39:53		102
1652	Joaquim Araujo	00:40:52	00:39:41	Centro Atletismo de Ermesinde	55
1653	Hugo Costa	00:40:52	00:40:07	Os Monárquicos	848
1654	Paulo Santos	00:40:53	00:37:04		162
1655	Joao Santos	00:40:53	00:37:03		17
1656	Mario Macedo	00:40:53	00:39:39	CLUBE GBES-DELEGAÇÃO NORTE	163
1657	Veridiano Ribeiro	00:40:54	00:39:25		78
1658	Nuno Silva	00:40:54	00:39:24		849
1659	Jose Silva	00:40:55	00:39:57	Seleccionados	164
1660	Bruno Rodrigues	00:40:55	00:36:45		850
1661	Rui Silva	00:40:55	00:40:23		851
1662	João Silva	00:40:56	00:00:00	Living	852
1663	Joaquim Sousa	00:40:56	00:40:48		56
1664	Joaquim Figueiredo	00:40:56	00:40:51		79
1665	Valério Noval	00:40:57	00:35:32		853

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1666	Carlos Silva	00:40:57	00:37:28		854
1667	Tiago Frias	00:40:58	00:35:34		855
1668	Rogério Arteiro	00:40:58	00:38:05	Curto Mamas Largo	856
1669	Jose Rocha	00:40:59	00:39:48	Centro Atletismo de Ermesinde	103
1670	Cristina Gomes	00:40:59	00:39:54		17
1671	Tiago Moreira	00:40:59	00:38:33		857
1672	Bruno Ramos	00:41:00	00:36:32		858
1673	Ana Especial	00:41:01	00:40:26		100
1674	Manuel Ribeiro	00:41:01	00:40:09		104
1675	Daniel Martins	00:41:01	00:40:07		859
1676	Daniel Leitão	00:41:01	00:40:25		860
1677	Pedro Pereira	00:41:03	00:38:31		861
1678	Paula Nascimento	00:41:03	00:38:31		101
1679	Carlos Azevedo	00:41:04	00:38:32		862
1680	Márcia Silva	00:41:04	00:38:33		102
1681	Fernando Carvalho	00:41:05	00:38:01		80
1682	Fernanda Santos	00:41:05	00:38:48	terrores asfalto	18
1683	Rui Tedim	00:41:05	00:38:46		863
1684	Sónia Teixeira	00:41:05	00:38:49		103
1685	Angelina Pinho	00:41:05	00:38:48		104
1686	Pedro Moreira	00:41:06	00:38:48		202
1687	Lourenco Guimaraes	00:41:06	00:40:00		864
1688	Ricardo Reis	00:41:06	00:36:54		865
1689	Nuno Dias	00:41:06	00:35:51		866
1690	Fátima Correia	00:41:07	00:37:08	MLSF Team	105
1691	Carlos Pinto	00:41:07	00:37:40		867
1692	Andreia Andrade	00:41:07	00:00:00		106
1693	Jorge Ferreira	00:41:08	00:38:34		868
1694	Filipe Magalhães	00:41:08	00:37:44		869
1695	Jaime Seoane	00:41:08	00:36:56		165
1696	Noel Gomes	00:41:08	00:38:05		870
1697	Luis Reis	00:41:08	00:37:04	Pé de chumbo	166
1698	Alfredo Cunha	00:41:09	00:36:57		81
1699	Diogo Sousa	00:41:09	00:38:25		871
1700	Fernando Sousa	00:41:09	00:38:28		872
1701	Arménio Sousa	00:41:09	00:38:25		203
1702	Elsa Leiroz	00:41:11	00:40:19	Caes Da Avenida	107

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1703	Isabel Miguel	00:41:12	00:37:20		108
1704	Emídio Pereira	00:41:12	00:38:33	Emídio Pereira	873
1705	Ricardo Pereira	00:41:13	00:38:33	Emídio Pereira	874
1706	Fátima Cabral	00:41:13	00:37:23		19
1707	Jose Carmo	00:41:13	00:38:51		167
1708	Nelson Alves	00:41:14	00:39:29		875
1709	Fernando Araújo	00:41:14	00:38:14		168
1710	Manuel Meneses	00:41:15	00:38:15		169
1711	André Franco	00:41:15	00:39:34	3 Tigres	876
1712	Luis Moreira	00:41:15	00:38:05		877
1713	Pedro Soeiro	00:41:16	00:39:36		878
1714	Diogo Oliveira	00:41:16	00:39:31	Famelga oliveira	49
1715	Joao Costa	00:41:16	00:38:26		879
1716	Filipe França	00:41:17	00:37:56	Super Mancos	880
1717	Maria Silva	00:41:17	00:38:27		27
1718	Pedro Reis	00:41:18	00:37:56	Super Mancos	204
1719	Marta Moreira	00:41:18	00:38:29		28
1720	Júlio Pinto	00:41:18	00:40:40	Yes We Kenya	881
1721	Rui Borges	00:41:18	00:38:29		882
1722	Agostinho Cerqueira	00:41:18	00:39:13	academia de saude estetica korpus	105
1723	Pedro Sá	00:41:18	00:00:00		883
1724	Salvador Silva	00:41:18	00:38:34	manviarunners	106
1725	Carlos Soares	00:41:19	00:38:31		107
1726	Pedro Santos	00:41:19	00:41:18		18
1727	Nuno Campos	00:41:19	00:39:25	Complexo Municipal de Ginástica da Maia	884
1728	Vitor Oliveira	00:41:19	00:39:15	CORREIO EMPRESARIAL DO NORTE	170
1729	António Lima	00:41:19	00:40:51		82
1730	Ana Barros	00:41:20	00:40:23		109
1731	Vitor Martins	00:41:20	00:40:22		885
1732	Pedro Fonseca	00:41:20	00:35:10		886
1733	Vítor Pereira	00:41:20	00:37:11		205
1734	Marta Neves	00:41:20	00:40:33	Oporto Squash & Running	110
1735	Tiago Faria	00:41:20	00:40:24		887
1736	Ana Guimarães	00:41:21	00:40:52		111
1737	Pedro Silva	00:41:21	00:38:51		206
1738	Pedro Miranda	00:41:21	00:37:18	Iperforma Runners	888
1739	Carla Tavares	00:41:21	00:38:51		112

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1740	Rui Silva	00:41:22	00:37:06		19
1741	Nuno Vales	00:41:22	00:38:24	Fanqueiros	889
1742	Mário Teixeira	00:41:22	00:39:53		890
1743	Marco Costa	00:41:22	00:37:18	Pé de chumbo	891
1744	Andreia Ferreira	00:41:22	00:38:19		113
1745	Ricardo Queirós	00:41:22	00:38:52		892
1746	Maria Ministro	00:41:23	00:38:30		114
1747	João Ministro	00:41:23	00:38:30		171
1748	Júlio Lourenço	00:41:24	00:39:52		893
1749	Carlos Pimenta	00:41:24	00:40:09		894
1750	Ricardo Costa	00:41:24	00:41:24		50
1751	Domingos Sereno	00:41:25	00:40:43	Clube Galp Energia - Norte	83
1752	Eduardo Passos	00:41:25	00:40:25		84
1753	Paulo Augusto	00:41:25	00:41:02		207
1754	Karla Alves	00:41:25	00:38:10		115
1755	Joaquim Simões	00:41:26	00:40:26		895
1756	Armando Augusto	00:41:26	00:41:02		85
1757	Manuel Fernandes	00:41:26	00:39:50	GERESLUX	208
1758	João Saraiva	00:41:26	00:39:50	GERESLUX	209
1759	Tiago Moura	00:41:27	00:39:35		896
1760	Joaquim Nogueira	00:41:27	00:38:26		86
1761	Paulo Meireles	00:41:28	00:38:02		210
1762	António Iglésias	00:41:29	00:41:17		897
1763	Pedro Henriques	00:41:29	00:39:49	Biba a Seleção	898
1764	Jose Nogueira	00:41:30	00:38:28	particular	87
1765	Daniela Santos	00:41:30	00:40:56		1
1766	Bruno Pereira	00:41:31	00:39:37		899
1767	Cristina Ferrás	00:41:31	00:37:33		116
1768	Diogo Pinto	00:41:32	00:40:20		900
1769	Francisco Milheiro	00:41:32	00:41:04		51
1770	Fabio Oliveira	00:41:32	00:38:29	Farrapice	901
1771	Jorge Suzano	00:41:33	00:39:55		172
1772	Armando Sousa	00:41:33	00:39:55		173
1773	Esmeralda Silva	00:41:33	00:41:33	Living	29
1774	Paulo Nogueira	00:41:34	00:39:15		117
1775	Ana Silva	00:41:35	00:40:26		118
1776	Daniel Sousa	00:41:35	00:40:25		902

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1777	Manuel Costa	00:41:36	00:39:31	Re cycle	108
1778	Pedro Costa	00:41:36	00:39:30	Re cycle	903
1779	José Azevedo	00:41:36	00:40:39	Café Ponto Final/Conf. Paulo Nogueira	904
1780	Sofia Azevedo	00:41:37	00:39:37		119
1781	Rui Araújo	00:41:37	00:40:41	Sapadores da Invicta Associação Cultural e Desportiva	905
1782	João Lopes	00:41:37	00:00:00		906
1783	Angelo Vaz	00:41:37	00:41:08		907
1784	Francisco Polido	00:41:37	00:40:39	Sapadores da Invicta Associação Cultural e Desportiva	908
1785	Ivo Pereira	00:41:37	00:40:17		909
1786	Fábio Silva	00:41:37	00:39:10		910
1787	Ricardo Regueiro	00:41:38	00:38:08		911
1788	Joaquim Pereira	00:41:38	00:36:59	clavedideias	912
1789	Aracélio Mendes	00:41:39	00:40:38	Sportinhg Clube da Cruz	57
1790	Cláudia Pesqueira	00:41:39	00:00:00		120
1791	Rita Pereira	00:41:40	00:40:20		121
1792	Sérgio Teixeira	00:41:40	00:38:19		913
1793	Armando Gomes	00:41:40	00:37:04		914
1794	Maria Gomes	00:41:40	00:40:32		122
1795	Tiago Marques	00:41:41	00:00:00		915
1796	Luis Cottim	00:41:41	00:37:06		916
1797	José Fonseca	00:41:41	00:38:16		917
1798	Adelino Silva	00:41:43	00:41:13		211
1799	Tiago Ferreira	00:41:43	00:41:34		918
1800	João Santos	00:41:44	00:38:38		919
1801	Paulo Pinho	00:41:44	00:37:43		920
1802	Armando Pereira	00:41:44	00:37:43		921
1803	Mariano Sarno	00:41:44	00:40:25		88
1804	Nuno Martins	00:41:46	00:40:49		922
1805	Helder Ferreira	00:41:47	00:36:56		923
1806	Paulo Oliveira	00:41:48	00:40:54	Caes Da Avenida	212
1807	Mário Pinto	00:41:49	00:40:21		924
1808	Paulo Correia	00:41:50	00:40:48		89
1809	Ana Moura	00:41:50	00:40:22		123
1810	Maria Correia	00:41:50	00:40:47		20
1811	Conceicao Pinto	00:41:50	00:41:18		21
1812	Luis Baptista	00:41:51	00:36:23		925
1813	Isabel Santos	00:41:51	00:41:05		124

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1814	Elisabete Vieira	00:41:51	00:41:05		125
1815	Antero Almeida	00:41:51	00:41:12		90
1816	José Magalhães	00:41:52	00:36:04		926
1817	Helder Aguiar	00:41:52	00:40:47	Clube de Corrida In&Out Parque da Aguda	927
1818	Fernando Carneiro	00:41:52	00:41:07		174
1819	Antonio Silva	00:41:53	00:41:32		928
1820	Jorge Neto	00:41:53	00:38:09		929
1821	Andre Antunes	00:41:53	00:39:07		930
1822	Horácio Carvalho	00:41:56	00:35:34	À BEIRA DOURO 3	20
1823	João Pinto	00:41:56	00:41:12		931
1824	Guido Strengnaerts	00:41:56	00:38:04		109
1825	Rogério Ribeiro	00:41:59	00:38:57		932
1826	Andreia Carvalho	00:42:00	00:40:26		126
1827	Mario Fernandes	00:42:01	00:42:00		933
1828	Diogo Pinto	00:42:01	00:42:00		934
1829	Helder Bernardo	00:42:01	00:41:43	Osvaldo Matos	935
1830	Helga Ataide	00:42:01	00:41:02		127
1831	Armando Cardoso	00:42:01	00:38:54	Quarteto de 4	213
1832	Miguel Pereira	00:42:01	00:39:24		936
1833	Alvaro Samuel	00:42:01	00:38:30		58
1834	Rui Gouveia	00:42:02	00:40:16		110
1835	Nuno Couto	00:42:03	00:40:44		52
1836	Emily Gouveia	00:42:03	00:40:18		128
1837	Céline Gomes	00:42:03	00:39:01		129
1838	Virgílio Couto	00:42:03	00:40:45	Coprax	214
1839	Rui Batista	00:42:04	00:41:22	Quarteto de 4	215
1840	Ana Pinto	00:42:04	00:00:00	Os amadores	22
1841	Damiao Pacheco	00:42:06	00:39:37		216
1842	Pedro Gomes	00:42:06	00:39:33		937
1843	Diogo Almeida	00:42:06	00:39:50		938
1844	Nuno Almeida	00:42:06	00:41:09	Caes Da Avenida	175
1845	António Alves	00:42:07	00:42:07		939
1846	João Pereira	00:42:07	00:39:08		21
1847	Bruno Gonçalves	00:42:07	00:39:39		940
1848	Vera Moreira	00:42:07	00:41:39		2
1849	Maria Pinto	00:42:08	00:40:27	MIRADOURO	30
1850	José Vinhas	00:42:09	00:38:35		217

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1851	Fernando Rodrigues	00:42:09	00:38:39		218
1852	Pedro Moreira	00:42:10	00:36:17		941
1853	Rita Sousa	00:42:11	00:40:57		130
1854	Vasco Santos	00:42:11	00:39:36		942
1855	Helga Soares	00:42:11	00:39:36		131
1856	Fábio Lucas	00:42:11	00:39:51		943
1857	Marco Pereira	00:42:12	00:40:13	BATE NO FUNDO	944
1858	Lucia Maia	00:42:13	00:41:12		132
1859	Paulo Silva	00:42:13	00:38:26		176
1860	Elisio Pereira	00:42:13	00:41:14		59
1861	Clarindo Carvalho	00:42:14	00:40:34	F C PENAFIEL	91
1862	Ruben Leal	00:42:15	00:40:23		945
1863	Manuel Silva	00:42:15	00:40:23		219
1864	Maria Carneiro	00:42:15	00:41:48		133
1865	Nuno Teixeira	00:42:16	00:40:42		946
1866	Daniela Ricardo	00:42:16	00:40:42		134
1867	Raquel Sousa	00:42:16	00:40:00		23
1868	Artur Ramos	00:42:16	00:40:18		947
1869	Nuno Ferraz	00:42:17	00:40:36		948
1870	Maria Coelho	00:42:17	00:40:02		135
1871	Rui Novais	00:42:18	00:40:50	Jagunços	949
1872	Ana Sousa	00:42:18	00:40:04		136
1873	Ivete Carneiro	00:42:18	00:41:12		24
1874	Nuno Carvalho	00:42:18	00:40:19		53
1875	Silverio Morales	00:42:18	00:38:48		950
1876	Miguel Teixeira	00:42:19	00:37:58		951
1877	Pedro Mendes	00:42:19	00:39:12	Quarteto de 4	54
1878	Alberto Lizardo	00:42:20	00:40:42	CLUBE GBES-DELEGAÇÃO NORTE	60
1879	Pedro Gonçalves	00:42:20	00:39:00		952
1880	Ricardo Loureiro	00:42:22	00:39:19	Kuadrilha Nacional	953
1881	Filipe Santos	00:42:22	00:39:20	Kuadrilha Nacional	954
1882	André Santos	00:42:23	00:39:21	Kuadrilha Nacional	955
1883	Rita Castro	00:42:23	00:40:25		137
1884	Magui Gomes	00:42:23	00:41:23		138
1885	David Pereira	00:42:23	00:37:33		956
1886	Ângelo Moreira	00:42:25	00:41:53		61
1887	André Almeida	00:42:25	00:39:11		957

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1888	Pedro Lira	00:42:25	00:39:20		958
1889	Ricardo Monteiro	00:42:25	00:38:21	Pé de chumbo	959
1890	Paulo Braga	00:42:25	00:40:19		960
1891	Cristina Mata	00:42:25	00:38:22	Iperforma Runners	139
1892	José Ferreira	00:42:25	00:38:17		961
1893	Sandra Moreira	00:42:26	00:41:19		140
1894	Lucile Charge	00:42:26	00:38:27		141
1895	Ana Macedo	00:42:26	00:41:48		5
1896	Augusto Coelho	00:42:27	00:41:00		177
1897	Rui Borges	00:42:27	00:39:20		962
1898	Daniel Coelho	00:42:27	00:40:59		55
1899	Salvador Leitao	00:42:28	00:41:33	Caes Da Avenida	56
1900	Manuel Rocha	00:42:28	00:42:16		963
1901	Isilda Costa	00:42:28	00:40:38	GRUNIL	31
1902	Elisabete Mota	00:42:29	00:38:36		142
1903	Marcelo Petry	00:42:29	00:39:46		964
1904	Maria Parracho	00:42:30	00:40:36		32
1905	Marco Pereira	00:42:30	00:39:36		965
1906	João Monteiro	00:42:31	00:39:37		966
1907	Filipe Lopes	00:42:31	00:41:53		57
1908	Nelson Ré	00:42:31	00:41:57		178
1909	Francisco Leitao	00:42:31	00:41:36	Caes Da Avenida	220
1910	Márcia Monteiro	00:42:31	00:00:00		143
1911	Fernando Gonçalves	00:42:32	00:38:14		967
1912	Alexandre Monte	00:42:33	00:39:41	Curto Mamas Largo	968
1913	Gwenaël Boué	00:42:33	00:39:31		969
1914	Miguel Ramalhão	00:42:33	00:37:29	IPBRICK	970
1915	Nuno Martins	00:42:33	00:37:29		971
1916	Nuno Martins	00:42:34	00:41:45		972
1917	José Silva	00:42:35	00:37:31		973
1918	Anabela Silva	00:42:36	00:38:53	Living	144
1919	José Freitas	00:42:36	00:41:36		974
1920	Carlos Goncalves	00:42:36	00:39:09		221
1921	Luis Lima	00:42:36	00:00:00		975
1922	Helder Silva	00:42:37	00:41:32		976
1923	Marco Ferreira	00:42:37	00:41:49		977
1924	Luís Santos	00:42:37	00:39:16		978

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1925	Paulo Dias	00:42:37	00:36:25		979
1926	António Orfão	00:42:37	00:37:22		179
1927	Joaquim Silva	00:42:37	00:41:12	Maia AC	980
1928	Isabel Martins	00:42:38	00:40:15		25
1929	Nelson Moura	00:42:38	00:41:59		981
1930	Paulo Cruz	00:42:38	00:38:21		982
1931	Sónia Mota	00:42:38	00:40:15		145
1932	Carlos Costa	00:42:38	00:40:14		983
1933	Bruno Silva	00:42:38	00:39:26		984
1934	Ricardo Ribeiro	00:42:40	00:40:17		985
1935	Nuno Oliveira	00:42:40	00:37:03		986
1936	Jose Santos	00:42:41	00:40:46		222
1937	Mário Cardoso	00:42:41	00:41:17		987
1938	Ivo Santos	00:42:41	00:39:15		988
1939	Angela Lopes	00:42:41	00:42:33		33
1940	João Lima	00:42:41	00:40:02		989
1941	Ricardo Pinto	00:42:41	00:39:30		990
1942	Joel Barbosa	00:42:42	00:39:16		991
1943	Isabel Carvalho	00:42:42	00:42:37		146
1944	José Coelho	00:42:42	00:41:03		992
1945	Gonçalo Guerra	00:42:42	00:42:09		180
1946	Nuno Rodrigues	00:42:43	00:39:15		993
1947	Joao Leite	00:42:44	00:41:51	Caes Da Avenida	223
1948	Rodrigo Rodrigues	00:42:45	00:39:41		994
1949	Tiago Almeida	00:42:45	00:38:49		995
1950	Ricardo Gomes	00:42:45	00:39:46		996
1951	Fernanda Pinho	00:42:45	00:39:54	By Gods Runners	26
1952	Leonel Costa	00:42:46	00:40:24	TirsoRunners	997
1953	Pedro Simões	00:42:47	00:41:26		998
1954	Daniela Haddad	00:42:48	00:42:45		147
1955	Eugénio Campos	00:42:49	00:41:46		181
1956	Diogo Oliveira	00:42:49	00:39:06	Ultimate Team	58
1957	Miguel Pereira	00:42:49	00:39:06	Ultimate Team	59
1958	João Campos	00:42:51	00:40:57		999
1959	Delfim Santos	00:42:51	00:39:44		62
1960	Silvia Cardoso	00:42:51	00:40:56		148
1961	António Santos	00:42:51	00:40:15		1000

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1962	Liliana Gomes	00:42:52	00:41:57	Trio	149
1963	Augusto Silveira	00:42:52	00:41:56		1001
1964	Pedro Santos	00:42:52	00:39:00		1002
1965	Rui Pereira	00:42:52	00:40:46		1003
1966	Luis Gomes	00:42:53	00:39:48		1004
1967	Nuno Lameiras	00:42:53	00:39:47		1005
1968	Joaquim Silva	00:42:54	00:41:21		63
1969	António Rocha	00:42:54	00:42:38		1006
1970	Ana Maio	00:42:54	00:42:37		150
1971	Tiago Silva	00:42:55	00:42:39		1007
1972	Joao Brabosa	00:42:55	00:41:59	Caes Da Avenida	1008
1973	Nuno Carvalho	00:42:55	00:37:08	Grupo Desportivo Vale do Ave	1009
1974	Álvaro Correia	00:42:55	00:40:16		224
1975	Antonio Gonçalves	00:42:56	00:40:29		92
1976	Ana Coelho	00:42:56	00:42:14		151
1977	Luis Ferreira	00:42:56	00:40:17		1010
1978	Carla Pinto	00:42:57	00:00:00		152
1979	Henrique Dias	00:42:57	00:37:08		225
1980	Filipe Almeida	00:42:58	00:37:13		1011
1981	Arménio Monteiro	00:42:59	00:41:01		1012
1982	Diamantino Catarino	00:42:59	00:40:37		226
1983	Maria Jesus	00:42:59	00:41:54		153
1984	Nuno Cerdeira	00:42:59	00:41:03		1013
1985	Susana Monteiro	00:42:59	00:41:12		154
1986	Alberto Silva	00:42:59	00:41:18		93
1987	Pedro Silva	00:42:59	00:41:12		1014
1988	Rui Pinto	00:42:59	00:41:54		182
1989	Vera Silva	00:43:00	00:41:12		155
1990	Fernando Teixeira	00:43:00	00:41:22		94
1991	Teresa Caldas	00:43:01	00:41:13		34
1992	José Domingues	00:43:01	00:42:10		111
1993	Miguel Ricardo	00:43:01	00:41:13		1015
1994	Bruno Vaz	00:43:01	00:41:28		1016
1995	Cristina Machado	00:43:02	00:41:17		156
1996	Cristina Vieira	00:43:02	00:42:04		157
1997	Julio Correia	00:43:03	00:42:42		227
1998	Bruno Alves	00:43:03	00:38:01		1017

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
1999	Miguel Silva	00:43:03	00:42:15	OnePiece	1018
2000	Francisco G.coutinho	00:43:03	00:41:54		60
2001	Carla Moreira	00:43:04	00:38:49	ARRASTASSOLAS	158
2002	Pedro Magalhães	00:43:04	00:38:49	ARRASTASSOLAS	1019
2003	António Correia	00:43:04	00:36:46		228
2004	António Reis	00:43:05	00:40:01		183
2005	Pedro Coelho	00:43:05	00:40:18		1020
2006	Miguel Moreda	00:43:05	00:40:34		229
2007	Sara Santos	00:43:05	00:39:54		159
2008	Carlindo Martins	00:43:05	00:39:54		1021
2009	Ruben Rocha	00:43:06	00:40:07		1022
2010	José Vasques	00:43:06	00:39:24	PAPALÉGUAS	184
2011	João Gonçalves	00:43:06	00:40:15		1023
2012	Belmiro Correia	00:43:07	00:38:22	DORH	112
2013	António Vales	00:43:07	00:40:13	Faniqueiros	185
2014	Vasco Coelho	00:43:08	00:42:14	Caes Da Avenida	230
2015	Isabel Lourenço	00:43:08	00:40:16		160
2016	João Pestana	00:43:08	00:39:24		1024
2017	Glória Santos	00:43:08	00:40:06		35
2018	Emanuel Vieira	00:43:08	00:37:43	MAFATE TEAM	1025
2019	Marta Novaes	00:43:09	00:42:41		27
2020	Norberto Marques	00:43:09	00:42:32		1026
2021	José Clemente	00:43:10	00:41:29		113
2022	Bruno Mendes	00:43:10	00:37:54		1027
2023	Manuel Bento	00:43:10	00:41:23		64
2024	Nuno Vidal	00:43:10	00:37:18		1028
2025	Paula Vales	00:43:11	00:40:13	Faniqueiros	28
2026	João Reis	00:43:11	00:40:34		1029
2027	Filipa Silva	00:43:11	00:39:17		61
2028	António Santos	00:43:12	00:00:00	Farrapice	1030
2029	Simão Cardeal	00:43:12	00:40:35		1031
2030	João Pinto	00:43:14	00:42:24	Starolas	231
2031	Alexandre Teixeira	00:43:14	00:41:22		1032
2032	Rafael Valente	00:43:15	00:00:00		1033
2033	Luciana Marques	00:43:15	00:00:00		161
2034	Bruno Pinho	00:43:16	00:38:45	CLUBE IND 38	1034
2035	Jose Moreira	00:43:16	00:38:42		1035

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2036	Paula Barroso	00:43:16	00:42:26		36
2037	Eduardo Macedo	00:43:16	00:40:39		65
2038	Jorge Xavier	00:43:17	00:40:40		95
2039	Pedro Pereira	00:43:17	00:36:53	Flash Team	1036
2040	Vitor Ramos	00:43:17	00:42:03		1037
2041	Andreia Almeida	00:43:17	00:42:03		162
2042	Aquiles Ribeiro	00:43:17	00:41:47	sai da frente	1038
2043	Daniela Castro	00:43:17	00:40:30	Grupo Desportivo Santander Totta	163
2044	Antonio Dias	00:43:18	00:36:11		1039
2045	Marcos Gandra	00:43:18	00:41:31		1040
2046	Paula Coelho	00:43:18	00:41:31		29
2047	Pedro Vidal	00:43:19	00:41:48	EDP - Corremos porque sim	1041
2048	Renata Martins	00:43:20	00:42:05		164
2049	Sérgio Alves	00:43:20	00:39:36		1042
2050	Helder Oliveira	00:43:20	00:40:17	Kuadrilha Nacional	1043
2051	Paulo Sousa	00:43:21	00:00:00		1044
2052	Nuno Mendes	00:43:22	00:39:31		1045
2053	José Leal	00:43:22	00:39:50		1046
2054	Branca Marques	00:43:22	00:42:44		37
2055	Rui Adão	00:43:23	00:42:27		1047
2056	Daniel Revez	00:43:23	00:42:37	Os Monárquicos	1048
2057	Ilidio Santos	00:43:23	00:41:51		1049
2058	Pedro Almeida	00:43:25	00:41:04	TirsoRunners	1050
2059	João Oliveira	00:43:26	00:37:05		1051
2060	Eduardo Coelho	00:43:26	00:39:42		1052
2061	António Silva	00:43:26	00:39:42	Living	96
2062	Pedro André	00:43:27	00:43:01		1053
2063	Hugo Santos	00:43:28	00:40:23		232
2064	Virgílio Barbosa	00:43:28	00:42:00	Sai da frente	233
2065	Mariana Rocha	00:43:28	00:40:05	MLSF Team	165
2066	Flávio Dias	00:43:28	00:37:38		1054
2067	Eduardo Aguiar	00:43:29	00:40:19		114
2068	Carla Lopes	00:43:29	00:39:34		166
2069	Joaquim Castro	00:43:29	00:40:19		186
2070	Teresa Oliveira	00:43:29	00:40:22		167
2071	Paulo Madeira	00:43:29	00:41:56		1055
2072	Nuno Alves	00:43:30	00:43:25		115

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2073	Vitor Silva	00:43:30	00:41:34		234
2074	Nuno Oliveira	00:43:30	00:41:45	Famelga oliveira	235
2075	Ernestina Santos	00:43:30	00:41:42	Studio do Corpo	38
2076	Sílvia Coimbra	00:43:31	00:41:44	Studio do Corpo	39
2077	Liliana Pereira	00:43:31	00:42:23	É DE SHOT INTERNATIONAL	168
2078	Mario Vespa	00:43:31	00:37:53		1056
2079	Rui Silva	00:43:31	00:40:25		1057
2080	José Martins	00:43:31	00:37:20		22
2081	Jorge Monteiro	00:43:32	00:37:49		1058
2082	Hugo Pinto	00:43:32	00:39:35		1059
2083	Alexandre Costa	00:43:32	00:38:57		23
2084	Luis Monteiro	00:43:32	00:38:56		1060
2085	João Alves	00:43:32	00:42:56		1061
2086	Davide Ferreira	00:43:33	00:43:02		236
2087	Marta Valadares	00:43:33	00:40:13	Familia	169
2088	João Moutinho	00:43:34	00:40:14		1062
2089	Susana Martins	00:43:34	00:42:51		170
2090	Pedro Carvalho	00:43:34	00:42:52		237
2091	José Gomes	00:43:34	00:43:03		66
2092	Décio Mortágua	00:43:35	00:39:47	GRUNIL	1063
2093	João Filho	00:43:35	00:00:00		1064
2094	Joao Oliveira	00:43:38	00:40:30		1065
2095	Hernâni Coutinho	00:43:38	00:40:22		238
2096	Joao Oliveira	00:43:38	00:40:30		187
2097	Luis Gonçalves	00:43:39	00:43:29	Sociedade Instrução e Recreio Aldreense	116
2098	Abilio Malheiro	00:43:39	00:40:57		1066
2099	Jose Saraiva	00:43:39	00:35:55		1067
2100	Fernando Espinhosa	00:43:40	00:42:27		239
2101	Zé Santo	00:43:40	00:41:53		97
2102	Paulo Feyo	00:43:40	00:41:45		1068
2103	Tiago Fraga	00:43:41	00:43:13		24
2104	Adérito Fraga	00:43:41	00:43:13		188
2105	João Valério	00:43:41	00:40:17		1069
2106	Vítor Rocha	00:43:41	00:39:34		1070
2107	Renato Santo	00:43:41	00:37:40		1071
2108	Luis Vieira	00:43:41	00:43:25		1072
2109	Ricardo Bessa	00:43:42	00:40:14		1073

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
2110	Nuno Ferreira	00:43:42	00:39:59		1074
2111	Cátia Coelho	00:43:43	00:43:38	BESJOGING	171
2112	Luis Faria	00:43:44	00:40:30		1075
2113	Rui Silva	00:43:44	00:38:55		1076
2114	Luís Loureiro	00:43:44	00:40:29		1077
2115	Luis Santosfonseca	00:43:45	00:41:48		1078
2116	Louisa Fry	00:43:45	00:43:27	Clube de Corrida In&Out Parque da Aguda	40
2117	Albano Rodrigues	00:43:46	00:40:26		189
2118	Joao Pinheiro	00:43:47	00:41:27		190
2119	Eduardo Água	00:43:47	00:40:16		1079
2120	Manuel Bacelar	00:43:47	00:43:20	Starolas	1080
2121	Rita Terroso	00:43:48	00:43:00	Caes Da Avenida	172
2122	Ines Salazar	00:43:48	00:42:55	Caes Da Avenida	30
2123	Tânia Gil	00:43:49	00:38:41		173
2124	Vera Rocha	00:43:49	00:38:42		174
2125	José Flório	00:43:49	00:00:00		191
2126	Bruno Moraes	00:43:50	00:36:57		1081
2127	Pedro Amorim	00:43:51	00:39:21		1082
2128	Isabel Queirós	00:43:51	00:40:20		31
2129	Carlos Valga	00:43:51	00:40:20		240
2130	Armando Carragoso	00:43:51	00:40:23		1083
2131	Marlene Pinheiro	00:43:51	00:41:01		175
2132	Altino Nobre	00:43:52	00:43:22		1084
2133	Paulo Silva	00:43:52	00:39:08		1085
2134	Joana Couto	00:43:52	00:41:58	JUNEL	176
2135	Ricardo Costa	00:43:52	00:40:23		1086
2136	Helder Rebelo	00:43:52	00:42:26		1087
2137	Raquel Vasconcelos	00:43:52	00:43:18		177
2138	Rui Lemos	00:43:52	00:40:25		117
2139	Paulo Pereira	00:43:53	00:40:25		192
2140	Nuno Batista	00:43:54	00:39:40		1088
2141	Ana Sousa	00:43:55	00:41:20		6
2142	Catarina Dias	00:43:55	00:42:50		7
2143	Renato Coelho	00:43:55	00:43:32		1089
2144	Joana Marques	00:43:56	00:41:11		178
2145	Rui Nogueira	00:43:56	00:41:10		1090
2146	Rui Ribeiro	00:43:58	00:41:51		1091

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2147	Ricardo Moreira	00:43:58	00:41:50		1092
2148	Helga Pinto	00:43:58	00:39:51	Iperforma Runners	179
2149	Jose Silva	00:43:59	00:41:56		241
2150	Fernando Moreira	00:43:59	00:42:25		1093
2151	Belmiro Novais	00:43:59	00:41:57		193
2152	Nuno Vieira	00:44:00	00:41:29		1094
2153	Maria Sá	00:44:01	00:43:59		41
2154	Rui Maçana	00:44:02	00:37:26		1095
2155	Diogo Pinheiro	00:44:02	00:41:53		1096
2156	Pedro Dias	00:44:05	00:37:05		1097
2157	Gabriela Rocha	00:44:05	00:43:45		180
2158	Pedro Rocha	00:44:05	00:43:44		1098
2159	Andreia Dias	00:44:07	00:43:24		181
2160	Pedro Espada	00:44:07	00:00:00		1099
2161	Diogo Carvalho	00:44:07	00:37:40		1100
2162	Fernando Silveira	00:44:08	00:38:39		1101
2163	Angela Sousa	00:44:08	00:43:23		182
2164	Paula Silva	00:44:08	00:42:44		183
2165	Vitor Dias	00:44:09	00:41:27		242
2166	Nuno Monteiro	00:44:09	00:40:10		1102
2167	David Macedo	00:44:09	00:38:43		1103
2168	Maria Ribeiro	00:44:09	00:38:17		42
2169	José Amorim	00:44:10	00:40:57		98
2170	Pedro Lopes	00:44:10	00:43:02		1104
2171	Rita Pinto	00:44:10	00:43:45		43
2172	Neuza Caridade	00:44:11	00:42:12	Os amadores	184
2173	Isabel Queiros	00:44:11	00:43:03		44
2174	Marcelo Ribeiro	00:44:12	00:39:30		1105
2175	Susana Silva	00:44:13	00:43:28	LAMBAREIROS DO ASFALTO	185
2176	Monica Freitas	00:44:13	00:43:13		186
2177	Ludovino Pimenta	00:44:14	00:42:59		1106
2178	Fernando Andrade	00:44:14	00:43:20		118
2179	Paulo Coelho	00:44:14	00:38:57	PT Running TEAM	1107
2180	Jorge Rocha	00:44:15	00:39:25		1108
2181	Luís Alves	00:44:16	00:42:46	EDP - Corremos porque sim	243
2182	José Mota	00:44:17	00:43:09		1109
2183	António Costa	00:44:17	00:42:21	Clínica Central do Bonfim	67

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2184	Wilson Oliveira	00:44:17	00:42:26		1110
2185	Sofia Apolinário	00:44:17	00:40:56		187
2186	Alcides Guimarães	00:44:18	00:41:57		1111
2187	António Faria	00:44:18	00:42:49	CAVE Esposende	99
2188	Vasco Varela	00:44:18	00:43:30	Familia Barge	62
2189	Raul Reis	00:44:18	00:43:30	Familia Barge	1112
2190	Carlos Neto	00:44:18	00:42:49	EDP - Corremos porque sim	244
2191	Luís Ramos	00:44:18	00:42:51	Jagunços	1113
2192	José Meneses	00:44:19	00:42:51	Jagunços	1114
2193	Jorge Lima	00:44:19	00:41:51		1115
2194	Sergio Ribeiro	00:44:19	00:42:49		1116
2195	Anabela Martins	00:44:20	00:42:50		188
2196	Marinho Laranjeira	00:44:20	00:42:38	SAWASDEE TEAM	1117
2197	Eduardo Almeida	00:44:21	00:42:35	Grupo Desportivo Banco de Potugal	68
2198	António Borges	00:44:22	00:38:38		1118
2199	Luis Cardoso	00:44:22	00:38:39		100
2200	Maria Oliveira	00:44:22	00:42:48		189
2201	Luis Leite	00:44:22	00:39:51	Em último não ficamos!!!	1119
2202	Morgana Hoffmann	00:44:23	00:41:41		190
2203	Bruno Lima	00:44:23	00:40:06		1120
2204	Paulo Pinto	00:44:23	00:41:21		1121
2205	Cristine Schmidt	00:44:23	00:41:42		191
2206	Raquel Pinto	00:44:23	00:41:21		192
2207	Sofia Martinho	00:44:24	00:43:39		193
2208	Pedro Monteiro	00:44:25	00:43:27		1122
2209	Elsa Leite	00:44:25	00:43:41		194
2210	Leandro Rainha	00:44:25	00:41:55		1123
2211	Hugo Peixoto	00:44:25	00:39:20		1124
2212	Jose Gama	00:44:25	00:42:28		1125
2213	Miguel Meira	00:44:25	00:39:10	Tudo á grande!	1126
2214	André Bonito	00:44:25	00:00:00		1127
2215	Pedro Ferreira	00:44:26	00:37:51		1128
2216	Celestino Ramalho	00:44:26	00:39:38		1129
2217	Rui Ferreira	00:44:26	00:39:39		1130
2218	Jorge Costa	00:44:27	00:43:58	TirsoRunners	69
2219	Vitor Santos	00:44:28	00:41:58		1131
2220	Tiago Anjos	00:44:28	00:42:17		1132

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2221	Ricardo Oliveira	00:44:28	00:43:45		1133
2222	Ana Azevedo	00:44:28	00:43:59	TirsoRunners	195
2223	Bernardo Meira	00:44:29	00:39:02	Fia-te na Virgem e Não Corras!	1134
2224	Dorotea Silva	00:44:29	00:41:47		196
2225	Pedro Sousa	00:44:30	00:40:17		1135
2226	Luis Guimaraes	00:44:30	00:40:51		1136
2227	Liliana Vaz	00:44:30	00:42:57		197
2228	Alexandre Silva	00:44:30	00:40:49		1137
2229	Filipe Silva	00:44:31	00:42:12		1138
2230	Samuel Saleiro	00:44:31	00:41:51		1139
2231	Marta Costa	00:44:31	00:41:50		198
2232	Jose Carneiro	00:44:32	00:42:57		70
2233	José Alves	00:44:33	00:43:37		63
2234	Sofia Gomes	00:44:33	00:43:33	PT running team	32
2235	Carla Gomes	00:44:34	00:43:35	PT running team	33
2236	Pedro Castro	00:44:34	00:38:50		1140
2237	Alice Costa	00:44:34	00:43:29	Dá-lhe Gás	45
2238	Anselmo Leitão	00:44:34	00:41:26		245
2239	Jorge Quina	00:44:34	00:41:15		1141
2240	Roberto Vaz	00:44:34	00:39:21	Tudo á grande!	1142
2241	Paula Lopes	00:44:35	00:43:50		199
2242	Elisabete Cunha	00:44:35	00:44:06		200
2243	Hugo Torres	00:44:35	00:43:53	h3 Porto	1143
2244	Helena Barros	00:44:35	00:43:53		201
2245	Manuel Silva	00:44:35	00:42:21		246
2246	Miguel Pina	00:44:36	00:43:54	h3 Porto	64
2247	Isabel Silva	00:44:36	00:43:17		202
2248	António Dias	00:44:37	00:43:50		119
2249	Rui Vergueiro	00:44:37	00:00:00	Coprax	247
2250	Elsa Dias	00:44:37	00:43:51		46
2251	Joaquim Armando	00:44:38	00:39:44		120
2252	Hélder Martins	00:44:38	00:37:31		1144
2253	Daniel Cunha	00:44:39	00:39:41		248
2254	Isabel Moreira	00:44:39	00:00:00	Moreiras e Mendes	34
2255	Ricardo Santos	00:44:39	00:44:30		1145
2256	Duarte Gonçalves	00:44:40	00:43:53	OnePiece	249
2257	Claudia Moreira	00:44:40	00:00:00	Moreiras e Mendes	8

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2258	Nuno Carvalho	00:44:42	00:41:40		1146
2259	Luis Oliveira	00:44:42	00:41:38		121
2260	Leonor Lapa	00:44:43	00:40:45		47
2261	Maria Oliveira	00:44:43	00:41:48		9
2262	Joao Lemos	00:44:43	00:42:45		250
2263	António Lourenço	00:44:43	00:41:47		122
2264	Ana Lapa	00:44:44	00:00:00		10
2265	Paulo Roque	00:44:44	00:42:26		251
2266	Salome Dionisio	00:44:44	00:42:36		35
2267	Américo Fernandes	00:44:44	00:40:16		1147
2268	Domingos Raimundo	00:44:45	00:41:37		1148
2269	Jorge Martins	00:44:46	00:42:53		101
2270	Paulo Dias	00:44:47	00:43:45		194
2271	Carlos Silva	00:44:48	00:40:52		1149
2272	João Albuquerque	00:44:48	00:00:00		123
2273	Joaquim Cunha	00:44:49	00:43:47		102
2274	José Castro	00:44:49	00:44:33		1150
2275	Marcio Santos	00:44:49	00:40:46		1151
2276	Carlos Silva	00:44:50	00:38:24	À BEIRA DOURO 1	65
2277	Romeu Gomes	00:44:51	00:40:46	Pé de chumbo	1152
2278	Adelia Guimarães	00:44:53	00:44:12		36
2279	Agustin Lamas	00:44:53	00:41:16		195
2280	André Sousa	00:44:54	00:42:01	By Gods Runners	1153
2281	Paolo Pozzan	00:44:54	00:43:35		252
2282	Bruno Barbosa	00:44:55	00:00:00		25
2283	Pedro Antunes	00:44:56	00:43:09		1154
2284	José Ferreira	00:44:57	00:41:15		253
2285	Francisco Azevedo	00:44:58	00:42:36		254
2286	Ricardo Fernandes	00:44:58	00:42:40		1155
2287	Mário Santos	00:44:59	00:40:42	ARRASTASSOLAS	1156
2288	Filipe Couto	00:45:00	00:41:41		1157
2289	Luis Silva	00:45:00	00:41:42		1158
2290	Ana Santos	00:45:00	00:40:46		203
2291	Laura Gomes	00:45:01	00:43:56	Dá-lhe Gás	204
2292	Paula Costa	00:45:01	00:42:15		37
2293	Agostinho Santos	00:45:01	00:44:25		103
2294	Nuno Sousa	00:45:02	00:40:58	Pé de chumbo	1159

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
2295	Tiago Moreira	00:45:03	00:40:59	Pé de chumbo	1160
2296	Nuno Mendes	00:45:03	00:40:45		1161
2297	Tiago Vieira	00:45:03	00:42:44		66
2298	Gil Ribeiro	00:45:04	00:44:57	PT Running TEAM	1162
2299	Maria Lucas	00:45:04	00:43:31		38
2300	Ricardo Teixeira	00:45:05	00:41:47		1163
2301	Tiago Matos	00:45:05	00:44:52		1164
2302	Marta Sousa	00:45:05	00:43:59		205
2303	Cristiano Coutinho	00:45:06	00:43:55		1165
2304	Liliane Coutinho	00:45:06	00:42:22		39
2305	José Silva	00:45:07	00:42:58		1166
2306	Fábio Peixoto	00:45:07	00:39:01		1167
2307	Jose Firmino	00:45:08	00:42:08		255
2308	André Castro	00:45:09	00:43:10	Fia-te na Virgem e Não Corras!	1168
2309	Liliana Rodrigues	00:45:10	00:44:51		206
2310	Maria Modesto	00:45:11	00:40:48		40
2311	Sergio Modesto	00:45:11	00:40:47		104
2312	Ana Pacheco	00:45:11	00:38:04		207
2313	Gustavo Jorge	00:45:13	00:42:49		1169
2314	Mário Castro	00:45:13	00:42:43	Freamunde Running Crew	1170
2315	Jose Meinedo	00:45:13	00:43:35		256
2316	Jani Diogo	00:45:14	00:40:38		208
2317	José Fernandes	00:45:14	00:42:43	Freamunde Running Crew	1171
2318	Cláudio Ferreira	00:45:14	00:38:48	À BEIRA DOURO 1	26
2319	Cristina Dias	00:45:14	00:45:02		41
2320	Carla Carvalho	00:45:14	00:43:39		209
2321	Miguel Quaresma	00:45:18	00:40:09		105
2322	Vasco Cidade	00:45:21	00:44:01		1172
2323	Mariana Teixeira	00:45:22	00:42:04		210
2324	Joaquim Vieira	00:45:22	00:42:36		196
2325	Diana Gavazzo	00:45:23	00:44:12		211
2326	Jose Ferreira	00:45:23	00:42:30		71
2327	Sebastião Machado	00:45:23	00:44:19	slmdesign	67
2328	Nuno Rocha	00:45:23	00:44:28		1173
2329	Alfredo Magalhães	00:45:23	00:44:00	pai e filho	124
2330	Jose Moreira	00:45:23	00:42:05		257
2331	Sérgio Martins	00:45:24	00:43:55	Sai da frente	1174

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2332	Teresa Carvalho	00:45:24	00:43:49		212
2333	Abel Cruz	00:45:25	00:44:18		68
2334	Filipa Gomes	00:45:26	00:44:33		213
2335	Alice Marques	00:45:27	00:44:31		42
2336	Rui Campos	00:45:27	00:42:54		1175
2337	Marcelo Tobo	00:45:27	00:44:07		197
2338	Maria Almeida	00:45:27	00:42:29		214
2339	Antonio Costa	00:45:28	00:42:30		258
2340	Vitor Lopes	00:45:29	00:43:43		1176
2341	Vasco Albuquerque	00:45:29	00:44:48		1177
2342	Patrícia Santos	00:45:29	00:43:42		215
2343	João Bahia	00:45:30	00:44:04		198
2344	Rui Fernandes	00:45:30	00:43:45		1178
2345	Miguel Mandim	00:45:32	00:41:32		1179
2346	Mário Lima	00:45:32	00:43:29		1180
2347	Joaquim Dias	00:45:32	00:42:46		125
2348	José Silva	00:45:32	00:00:00		1181
2349	Pedro Gasosa	00:45:33	00:42:04		126
2350	Rui Gonçalves	00:45:33	00:42:32		1182
2351	Frederico Carvalho	00:45:33	00:43:17	Os Pancinhas	1183
2352	Cesar Sampaio	00:45:33	00:43:09	Os Pancinhas	1184
2353	Angelo Senra	00:45:34	00:40:04		1185
2354	Paulo Loureiro	00:45:34	00:44:27	Loureiros	27
2355	Pedro Loureiro	00:45:34	00:44:27	Loureiros	1186
2356	Antonio Peixoto	00:45:35	00:41:29		1187
2357	Marta Oliveira	00:45:36	00:43:00		216
2358	Nuno Silva	00:45:36	00:43:13	Os Pancinhas	1188
2359	Oliveira Rodrigues	00:45:36	00:42:59		1189
2360	Eduardo Faria	00:45:38	00:43:49	MIRADOURO	259
2361	Pedro Sampaio	00:45:38	00:43:48	MIRADOURO	106
2362	Nuno Pereira	00:45:38	00:40:08		1190
2363	Helena Oliveira	00:45:38	00:45:38		48
2364	Fátima Santos	00:45:39	00:42:55		217
2365	Diogo Cardia	00:45:39	00:40:15		69
2366	Rui Paiva	00:45:39	00:39:15	À BEIRA DOURO 1	70
2367	Paulo Ladeira	00:45:39	00:42:45		260
2368	Rui Gomes	00:45:40	00:43:22	terrores asfalto	261

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2369	Luís Cardia	00:45:41	00:40:16		262
2370	Carlos Rodrigues	00:45:41	00:39:53		1191
2371	Ricardo Pereira	00:45:43	00:43:07		1192
2372	Alexandre Machado	00:45:43	00:43:05		1193
2373	Fernando Godinho	00:45:43	00:44:17		263
2374	David Lima	00:45:43	00:41:35		1194
2375	Filomena Rodrigues	00:45:44	00:43:06		218
2376	Paulo Moreira	00:45:44	00:41:36		199
2377	Ana Batista	00:45:45	00:42:45		49
2378	Francisco Santos	00:45:45	00:43:55	MIRADOURO	200
2379	António Silva	00:45:46	00:41:58		201
2380	Andre Maia	00:45:46	00:44:09		264
2381	Miguel Coelho	00:45:48	00:41:06		265
2382	Bernardo Campos	00:45:49	00:45:42		71
2383	Nuno Pires	00:45:49	00:45:19		1195
2384	Rui Campos	00:45:49	00:45:42		202
2385	Jaime Coelho	00:45:49	00:42:28		127
2386	Carla Silva	00:45:49	00:45:40		1196
2387	Sonia Paradela	00:45:50	00:40:16	Chill Out	219
2388	Cecília Penteado	00:45:50	00:42:29		43
2389	Amândio Miranda	00:45:50	00:43:29		203
2390	Fatima Rocha	00:45:50	00:43:29		50
2391	Manuel Castiajo	00:45:50	00:40:01		1197
2392	Tiago Santos	00:45:50	00:39:37		1198
2393	Joao Crispim	00:45:51	00:45:11		1199
2394	Sérgio Santos	00:45:52	00:00:00		1200
2395	Rui Santos	00:45:52	00:43:01		266
2396	Rui Escaleira	00:45:52	00:42:17		1201
2397	Vânia Cardoso	00:45:52	00:45:24		220
2398	Francisco Beires	00:45:52	00:41:38		107
2399	Joao Eira	00:45:52	00:42:59		1202
2400	Rui Regino	00:45:53	00:43:01		1203
2401	Ana Fernandes	00:45:53	00:43:58	Complexo Municipal de Ginástica da Maia	44
2402	Luis Lisboa	00:45:54	00:44:00	Complexo Municipal de Ginástica da Maia	1204
2403	Paulo Bessa	00:45:54	00:00:00		267
2404	Sofia Mota	00:45:55	00:45:17	CLUBE GBES-DELEGAÇÃO NORTE	45
2405	Paula Calheiros	00:45:55	00:42:51		46

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2406	Duarte Carvalho	00:45:55	00:45:45		1205
2407	Nuno Marques	00:45:55	00:45:18	CLUBE GBES-DELEGAÇÃO NORTE	268
2408	David Coimbra	00:45:56	00:43:37		204
2409	Miguel Guimaraes	00:45:56	00:40:45		1206
2410	Pedro Costa	00:45:57	00:40:47		1207
2411	Manuel Resende	00:45:58	00:44:43		205
2412	Marcio Azevedo	00:45:59	00:44:07		1208
2413	Pedro Valério	00:46:00	00:44:28		1209
2414	Jose Silva	00:46:01	00:42:10		108
2415	Sandrina Cardoso	00:46:02	00:43:52		221
2416	José Rocha	00:46:02	00:44:34		269
2417	Ana Rocha	00:46:02	00:44:35		51
2418	Diana Cardoso	00:46:02	00:45:53		3
2419	Vitor Silva	00:46:02	00:41:14		1210
2420	Carlos C.	00:46:03	00:42:35		270
2421	José Teixeira	00:46:03	00:42:54		1211
2422	Luis Martins	00:46:03	00:41:10		1212
2423	José Araújo	00:46:04	00:42:32		109
2424	Tiago Machado	00:46:04	00:41:48	slmdesign	1213
2425	José Ruas	00:46:05	00:45:35		72
2426	Bruno Dionisio	00:46:06	00:43:57		28
2427	Hugo Oliveira	00:46:06	00:00:00	Amigos do Parque Biológico	1214
2428	Rui Moreira	00:46:06	00:45:47	Amigos do Parque Biológico	1215
2429	Fernando Moreira	00:46:07	00:45:50	Nascidos para Correr	1216
2430	João Pedro	00:46:08	00:44:06		73
2431	Luis Pedro	00:46:08	00:44:06		271
2432	Alberto Pinto	00:46:10	00:45:47	Oswaldo Matos	206
2433	Artur Cardoso	00:46:13	00:41:09	Vamos conquistar a Europa DT-CRT	272
2434	Bruno Ferreira	00:46:13	00:44:11		1217
2435	Carlos Santos	00:46:13	00:42:00		273
2436	Joaquim Santos	00:46:14	00:46:01		1218
2437	Monica Santos	00:46:15	00:43:21		222
2438	João Carvalho	00:46:15	00:40:20		274
2439	Nuno Oliveira	00:46:15	00:42:28		1219
2440	Hugo Rodrigues	00:46:15	00:43:19		1220
2441	Nuno Castro	00:46:16	00:41:42		1221
2442	Maria Costa	00:46:16	00:46:15		128

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
2443	Rui Viegas	00:46:17	00:44:35	DAC PORTO	1222
2444	Susana Oliveira	00:46:18	00:45:01		223
2445	Nuno Matos	00:46:18	00:45:00		1223
2446	Alexandre Costa	00:46:19	00:41:06	Cosmenatura	1224
2447	Antonio Bernardo	00:46:19	00:42:25		1225
2448	Filinto Moreira	00:46:19	00:45:59	Amigos do Parque Biológico	275
2449	Manuel Costa	00:46:19	00:00:00	Amigos do Parque Biológico	207
2450	Goreti Couto	00:46:19	00:42:26		224
2451	Ricardo Magalhães	00:46:19	00:44:56		1226
2452	Juliana Monteiro	00:46:20	00:44:29	Papa Léguas Team	225
2453	André Grilo	00:46:20	00:41:46		1227
2454	Hugo Lima	00:46:20	00:43:07		1228
2455	João Silva	00:46:20	00:43:06		1229
2456	Maria Peixoto	00:46:23	00:43:15		52
2457	Maria Pereira	00:46:23	00:43:15		53
2458	Licínio Miranda	00:46:23	00:44:43	Fodaxxe k xusto	276
2459	Antonio Paulos	00:46:24	00:44:54		110
2460	Gil Lopes	00:46:24	00:42:48		72
2461	André Raimundo	00:46:24	00:44:46	CLUBE GBES-DELEGAÇÃO NORTE	74
2462	Hugo Costa	00:46:24	00:44:01		1230
2463	Macario Raimundo	00:46:24	00:44:46	CLUBE GBES-DELEGAÇÃO NORTE	277
2464	Pedro Pinheiro	00:46:25	00:41:27	Vamos conquistar a Europa DT-CRT	1231
2465	Rui Faustino	00:46:25	00:41:35		1232
2466	Ricardo Ferreira	00:46:26	00:45:45		1233
2467	Nuno Sousa	00:46:27	00:41:30	Vamos conquistar a Europa DT-CRT	278
2468	Maria Barbosa	00:46:30	00:44:25	barbosa	54
2469	Diana Araújo	00:46:30	00:43:07	Farrapice	47
2470	Carlos Soares	00:46:30	00:43:26		1234
2471	Edson Pina	00:46:30	00:00:00		1235
2472	Miguel Ribeiro	00:46:30	00:43:01		1236
2473	Basilio Correia	00:46:30	00:43:07		129
2474	Hugo Domingues	00:46:31	00:42:43	Kituki - Leões da Agra	1237
2475	Miguel Matos	00:46:32	00:44:19	CLUBE IND 38	1238
2476	Francisco Soares	00:46:32	00:46:09		111
2477	Luís Mota	00:46:32	00:43:13		1239
2478	Rui Santos	00:46:33	00:43:13		1240
2479	Isabel Ferreira	00:46:33	00:43:33		226

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
2480	Paulo Ferreira	00:46:34	00:44:39	F C PENAFIEL	1241
2481	David Sousa	00:46:35	00:46:11		1242
2482	Luís Neves	00:46:36	00:40:25		29
2483	Ivo Ferreira	00:46:36	00:44:35		75
2484	Ricardo Gomes	00:46:36	00:46:34		1243
2485	Manuel Ferreira	00:46:37	00:44:36		208
2486	Julieta Costa	00:46:37	00:45:32	Clube de Corrida In&Out Parque da Aguda	227
2487	Manuel Soeira	00:46:37	00:44:36		1244
2488	Rui Monteiro	00:46:38	00:40:47		30
2489	Pedro Matos	00:46:38	00:43:20		1245
2490	Pedro Brito	00:46:38	00:42:17		1246
2491	Andre Goncalves	00:46:38	00:42:21		1247
2492	Ricardo Teixeira	00:46:39	00:43:33		1248
2493	Luis Poeira	00:46:40	00:45:54		209
2494	Ana Henriques	00:46:40	00:45:55		48
2495	João Sousa	00:46:40	00:43:15	Os Barriguitas	1249
2496	José Correia	00:46:41	00:43:24		1250
2497	Germano Moura	00:46:41	00:43:16		130
2498	André Moreira	00:46:41	00:42:43		1251
2499	Carlos Alves	00:46:41	00:43:36		1252
2500	Helder Gomes	00:46:42	00:40:20	Flash Team	1253
2501	Tomasia Escoval	00:46:42	00:46:37		55
2502	Jose Ferreira	00:46:43	00:44:32		210
2503	José Nunes	00:46:43	00:44:32		279
2504	Lynn-marie Carneiro	00:46:44	00:44:58		49
2505	Jorge Teixeira	00:46:44	00:43:31		131
2506	Raquel Silva	00:46:46	00:43:51		228
2507	José Silva	00:46:46	00:44:28		1254
2508	Isa Baptista	00:46:46	00:43:45		229
2509	Paulo Pinto	00:46:47	00:46:12		211
2510	Pedro Cardoso	00:46:48	00:42:58		1255
2511	Fabio Marinho	00:46:48	00:42:35		31
2512	Jorge Lima	00:46:49	00:43:50		1256
2513	Ana Silva	00:46:52	00:46:31		50
2514	Fernando Antunes	00:46:52	00:46:31		280
2515	Hugo Oliveira	00:46:52	00:41:32	PT Running TEAM	1257
2516	Antonio Silva	00:46:53	00:39:42		1258

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2517	Manuel Conde	00:46:53	00:00:00		73
2518	Rosa Moreira	00:46:53	00:41:31	PT Running TEAM	56
2519	José Esteves	00:46:54	00:40:43		32
2520	Tiago Medeiros	00:46:55	00:42:00	Vamos conquistar a Europa DT-CRT	1259
2521	Manuel Costa	00:46:56	00:44:26		132
2522	Ricardo Lopes	00:46:56	00:41:56	Vamos conquistar a Europa DT-CRT	1260
2523	Serafim Sousa	00:46:56	00:44:25		112
2524	Bruno Alves	00:46:56	00:44:22	IPBRICK	1261
2525	Rui Pedro	00:46:56	00:46:33	Oswaldo Matos	1262
2526	Ângelo Santos	00:46:56	00:43:34		1263
2527	Jorge Simões	00:46:56	00:46:33	Oswaldo Matos	1264
2528	Bernardo Vieira	00:46:57	00:44:27		1265
2529	Guilherme Lima	00:46:57	00:44:10		1266
2530	Claudia Santos	00:47:01	00:43:16		230
2531	Luis Silva	00:47:01	00:44:30		281
2532	Rui Morais	00:47:01	00:46:54		212
2533	Paulo Couto	00:47:01	00:46:12		282
2534	Hugo Sousa	00:47:01	00:46:11		1267
2535	Ana Curralo	00:47:01	00:45:01	Os amadores	231
2536	Jose Soares	00:47:02	00:42:29		133
2537	Tiago Castro	00:47:03	00:43:42	Repeloes FC	1268
2538	Cláudia Ferreira	00:47:04	00:46:09		232
2539	Paulo Cardoso	00:47:05	00:42:24		1269
2540	Hugo Sousa	00:47:05	00:44:30		1270
2541	Carla Neves	00:47:05	00:41:45	PT Running TEAM	51
2542	Pedro Teixeira	00:47:06	00:42:12		1271
2543	Catarina Fernandes	00:47:07	00:00:00		233
2544	Tracey Schwartz	00:47:08	00:43:18		52
2545	Rui Gaspar	00:47:09	00:41:40		1272
2546	Nuno Gomes	00:47:10	00:43:23		1273
2547	Doris Macedo	00:47:10	00:44:26		234
2548	Bruno Ramos	00:47:13	00:45:51		1274
2549	Sara Marques	00:47:13	00:00:00		235
2550	Helena Cunha	00:47:13	00:42:57	ARRASTASSOLAS	236
2551	Pedro Carvalho	00:47:14	00:42:57	ARRASTASSOLAS	1275
2552	Rui Martins	00:47:15	00:43:15		1276
2553	Sílvia Portugal	00:47:15	00:47:01		57

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2554	Cláudia Carvalho	00:47:16	00:45:30		237
2555	Francisco Cerqueira	00:47:17	00:44:00	Maratonistas do Minho	283
2556	Maria Viana	00:47:17	00:44:00	Maratonistas do Minho	238
2557	João Pinto	00:47:18	00:00:00		1277
2558	Matthew Salt	00:47:18	00:43:31		134
2559	Lynn Salt	00:47:18	00:43:56		58
2560	João Mendes	00:47:18	00:46:53		284
2561	João Marques	00:47:18	00:47:15	Rateres	53
2562	Fernando Silva	00:47:19	00:47:15	Rateres	285
2563	António Pinto	00:47:19	00:44:25	idealkorpus club running	213
2564	Sofia Barbosa	00:47:19	00:45:06		239
2565	Jorge Pereira	00:47:20	00:45:07		1278
2566	Carla Pereira	00:47:20	00:45:06		240
2567	Viriato Almeida	00:47:20	00:42:37		286
2568	Sérgio Boalhosa	00:47:21	00:41:55		1279
2569	Paulo Paiva	00:47:21	00:45:22		1280
2570	Alfredo Rodrigues	00:47:22	00:44:30		1281
2571	Patrícia Teixeira	00:47:23	00:45:03	Os Ligeirinhos	241
2572	Fernando Santos	00:47:24	00:46:15		113
2573	Andrea Moreira	00:47:25	00:45:07		242
2574	Peixoto Rosa	00:47:25	00:45:22		54
2575	Silveira Victor	00:47:25	00:45:22		287
2576	Roseanne Autran	00:47:26	00:44:45		243
2577	Luísa Almeida	00:47:26	00:00:00	Iperforma Runners	59
2578	Anabela Rodrigues	00:47:27	00:43:21	Iperforma Runners	60
2579	Jose Esperança	00:47:27	00:44:55		74
2580	Bruno Macieira	00:47:28	00:42:05		1282
2581	Paula Matos	00:47:29	00:45:08	TirsoRunners	244
2582	Pedro Pereira	00:47:30	00:45:35		1283
2583	Ana Gomes	00:47:30	00:45:47	DORH	245
2584	Claudia Parodi	00:47:31	00:43:12		246
2585	José Silva	00:47:31	00:42:09		1284
2586	Sandra Pera	00:47:31	00:42:08		247
2587	José Fernandes	00:47:32	00:43:56		1285
2588	Vitor Ribeiro	00:47:32	00:43:13		214
2589	António Cardoso	00:47:33	00:46:25	Os Ligeirinhos	1286
2590	Avelino Familiar	00:47:34	00:00:00	Os Kágados	75

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2591	Ana Basto	00:47:35	00:45:16		61
2592	João Basto	00:47:36	00:45:17		135
2593	Filipe Santos	00:47:37	00:44:32		1287
2594	José Pinheiro	00:47:38	00:45:06		76
2595	Paulo Pinto	00:47:39	00:42:20	PT Running TEAM	215
2596	José Cardoso	00:47:39	00:42:15	PT Running TEAM	216
2597	Carlos Varum	00:47:40	00:42:19		288
2598	Rui Santosgoncalves	00:47:40	00:42:18		217
2599	Nuno Fernandes	00:47:40	00:45:48		218
2600	Pedro Sousa	00:47:42	00:44:45	By Gods Runners	1288
2601	Sandra Lemos	00:47:42	00:43:27		248
2602	Manuel Tedim	00:47:43	00:44:59		114
2603	Joao Leite	00:47:45	00:44:06	4405 SPORT	1289
2604	Sonia Diogo	00:47:46	00:45:13		249
2605	Jorge Santos	00:47:46	00:44:58		1290
2606	Antonio Pires	00:47:46	00:44:57		1291
2607	Paulo Oliveira	00:47:46	00:44:57		1292
2608	Marcia Timoteo	00:47:47	00:46:07	SAWASDEE TEAM	250
2609	Carlos Rodrigues	00:47:48	00:43:07		289
2610	Marcelo Morim	00:47:49	00:43:57		1293
2611	Rui Silva	00:47:51	00:44:13		290
2612	Ana Carvalho	00:47:51	00:47:23		251
2613	Pedro Pinheiro	00:47:52	00:47:24		291
2614	Leonor Carvalho	00:47:52	00:46:51		252
2615	Luísa Passos	00:47:52	00:45:52	Os amadores	253
2616	Regina Freitas	00:47:54	00:44:35		254
2617	Artur Ferreira	00:47:55	00:45:02		1294
2618	Maria Silva	00:47:56	00:44:48		62
2619	Ricardo Carvalho	00:47:57	00:44:27	Repeloes FC	1295
2620	André Monteiro	00:47:57	00:47:57		1296
2621	Cláudia Pereira	00:47:57	00:45:22		255
2622	Rosa Batista	00:48:00	00:44:55		256
2623	Sandra Mendes	00:48:01	00:44:08		257
2624	Paula Parente	00:48:01	00:44:09		258
2625	Carla Fonseca	00:48:02	00:45:33		259
2626	Sandra Alves	00:48:02	00:45:33		260
2627	Lucinda Nunes	00:48:03	00:45:52		261

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2628	André Romão	00:48:03	00:45:05		1297
2629	Manuel Soares	00:48:03	00:47:49		136
2630	Vitor Cardoso	00:48:04	00:47:30		33
2631	Mónica Lázaro	00:48:05	00:46:34		262
2632	Hélder Silva	00:48:05	00:46:37		1298
2633	Barbara Moreira	00:48:05	00:00:00		263
2634	Claudia Dias	00:48:06	00:46:34		264
2635	Rui Figueiredo	00:48:06	00:46:25	SAWASDEE TEAM	1299
2636	Joaquim Rodrigues	00:48:06	00:45:13		1300
2637	Pedro Silva	00:48:07	00:46:09	Lourenço Silva	292
2638	Tiago Silva	00:48:07	00:46:09	Lourenço Silva	77
2639	Vítor Rocha	00:48:08	00:44:28		219
2640	Irene Miranda	00:48:08	00:45:47		265
2641	Cesario Silva	00:48:08	00:45:42		220
2642	Paula Correia	00:48:09	00:41:44		266
2643	Daniel Moreira	00:48:09	00:42:02		1301
2644	Marta Marques	00:48:09	00:45:37		267
2645	Paulo Gomes	00:48:10	00:44:35		293
2646	Filipe Madureira	00:48:11	00:45:38		1302
2647	Ricardo Marinho	00:48:11	00:42:54		1303
2648	Nuno Ribeiro	00:48:13	00:43:25		1304
2649	Alfredo Magalhães	00:48:13	00:45:56		221
2650	Márcia Cabouco	00:48:13	00:45:56		268
2651	Afonso Pinto	00:48:16	00:46:29		137
2652	Joao Santos	00:48:17	00:45:19		1305
2653	Claudio Rocha	00:48:17	00:45:20		1306
2654	Armando Oliveira	00:48:18	00:42:21		1307
2655	Ivo Soares	00:48:18	00:41:57	À BEIRA DOURO 4	78
2656	Susana Soares	00:48:19	00:47:01	BOM SUCESSO HEALTH CLUB	269
2657	David Santos	00:48:19	00:45:57	La Família	79
2658	Nuno Pereira	00:48:20	00:45:54		1308
2659	Ana Ferreira	00:48:20	00:44:31		270
2660	Pedro Marques	00:48:20	00:46:49	EDP - Corremos porque sim	222
2661	Ana Costa	00:48:21	00:42:00	À BEIRA DOURO 2	11
2662	Nina Clemente	00:48:21	00:46:49	EDP - Corremos porque sim	55
2663	Ines Rocha	00:48:21	00:45:40	Quarteto Maravilha	271
2664	Jean Amaral	00:48:22	00:43:29		1309

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2665	Ivone Sá	00:48:22	00:43:58		272
2666	Maria Gonçalves	00:48:23	00:47:52		273
2667	Francisco Belard	00:48:23	00:42:14	BES Porto Centro Oriental	294
2668	Francisco Amado	00:48:23	00:41:31		34
2669	Tiago Rodrigues	00:48:23	00:44:01		1310
2670	Cesar Pinto	00:48:23	00:44:55	Grupo Desportivo BPI	295
2671	Ana Tavares	00:48:24	00:45:00		56
2672	Bruno Tavares	00:48:24	00:45:00		1311
2673	Ana Silva	00:48:24	00:44:03		274
2674	Antonio Alves	00:48:24	00:47:29		296
2675	Celso Santos	00:48:25	00:46:02	La Família	1312
2676	Rui Silva	00:48:25	00:45:01		297
2677	Ana Sousa	00:48:25	00:44:19	À BEIRA DOURO 2	12
2678	Elisabete Santos	00:48:25	00:46:02	La Família	275
2679	Carlos Tavares	00:48:26	00:43:19		298
2680	Auria Santos	00:48:26	00:43:19		276
2681	Natalia Pereira	00:48:26	00:45:17		57
2682	Cátia Martins	00:48:26	00:43:50		277
2683	Carolina Musso	00:48:26	00:46:27		278
2684	Aventino Ribeiro	00:48:27	00:45:46		223
2685	Pedro Martins	00:48:28	00:42:20		1313
2686	Marlos Silva	00:48:29	00:46:29	Fufros	1314
2687	Filipe Soares	00:48:29	00:43:50		1315
2688	Jose Rebelo	00:48:29	00:44:18		115
2689	Maria Silva	00:48:33	00:45:24		63
2690	Margarida Nunes	00:48:33	00:45:24		58
2691	Carina Pereira	00:48:33	00:45:53		279
2692	Nuno Aroso	00:48:34	00:44:07		1316
2693	Nádia Costa	00:48:37	00:44:31	Iperforma Runners	280
2694	Andre Oliveira	00:48:37	00:47:18	BOM SUCESSO HEALTH CLUB	224
2695	Joao Silva	00:48:38	00:45:11		1317
2696	Marcelo Silva	00:48:40	00:42:44		1318
2697	Vitor Leite	00:48:41	00:47:29		1319
2698	Nuno Fonseca	00:48:43	00:45:48		80
2699	Agostinho Fonseca	00:48:43	00:45:47		76
2700	Ricardo Lirio	00:48:43	00:43:08		1320
2701	Jorge Coelho	00:48:44	00:48:22	Oswaldo Matos	1321

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
2702	Jose Aleixo	00:48:44	00:43:26		299
2703	Tiago Duarte	00:48:44	00:43:23		300
2704	Vânia Teixeira	00:48:45	00:46:46	PÉ COXINHO	281
2705	José Miranda	00:48:45	00:46:46	PÉ COXINHO	1322
2706	Sónia Nunes	00:48:45	00:45:54	By Gods Runners	282
2707	Sérgio Pereira	00:48:47	00:47:45		225
2708	Joaquim Marques	00:48:47	00:47:44		226
2709	Filipe Duarte	00:48:47	00:44:51		1323
2710	Ricardo Ramalho	00:48:47	00:44:52		1324
2711	Cristina Loureiro	00:48:48	00:46:54		64
2712	Ana Cunha	00:48:49	00:47:54	MULTIUTILIDADES	283
2713	Júlio Costa	00:48:49	00:48:05		1325
2714	Rui Brito	00:48:50	00:48:12		1326
2715	Jose Costa	00:48:50	00:45:26	Farrapice	301
2716	Juliana Vilaça	00:48:51	00:45:05		284
2717	Anne-marie Eastley	00:48:51	00:44:40		285
2718	Paulo Dionisio	00:48:52	00:46:43		302
2719	Joana Oliveira	00:48:52	00:44:06		286
2720	Filipa Couto	00:48:53	00:44:56		287
2721	Fabio Pinhel	00:48:53	00:44:56		1327
2722	Flavia Aliberti	00:48:53	00:45:06		288
2723	Fernando Carneiro	00:48:53	00:45:33		77
2724	Nuno Moreira	00:48:54	00:45:37		1328
2725	Maria Serra	00:48:55	00:46:43		289
2726	Marta Sousa	00:48:55	00:47:50		290
2727	Tiago Pinho	00:48:56	00:45:29		1329
2728	Carlos Ramalho	00:48:56	00:47:04		227
2729	Filipe Lima	00:48:57	00:44:01		1330
2730	Raquel Meirinhos	00:48:57	00:44:28		291
2731	Bernardo Silva	00:48:57	00:45:15		81
2732	Frederico Almeida	00:48:58	00:45:24		1331
2733	Americo Barroso	00:48:59	00:47:22		1332
2734	José Vidal	00:48:59	00:43:27		303
2735	Carlos Azevedo	00:48:59	00:45:06		1333
2736	Claudia Batista	00:48:59	00:45:25		292
2737	Vasco Magalhaes	00:48:59	00:43:03		78
2738	Pedro Oliveira	00:49:01	00:42:37	Flash Team	1334

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2739	Paulo Lopes	00:49:03	00:47:31		1335
2740	Pedro Vale	00:49:04	00:43:26		1336
2741	José Pinho	00:49:04	00:43:26		304
2742	Orlando Rebelo	00:49:04	00:48:22		138
2743	Francisco Oliveira	00:49:05	00:47:15		1337
2744	Jose Castelo	00:49:07	00:46:20		116
2745	Fernando Ramalho	00:49:07	00:46:45		1338
2746	Luis Santos	00:49:08	00:42:01		1339
2747	Ricardo Pinto	00:49:08	00:45:32		1340
2748	Augusta Moreira	00:49:08	00:00:00	Moreiras e Mendes	293
2749	José Freitas	00:49:09	00:48:53	Clube de Corrida In&Out Parque da Aguda	1341
2750	Maria Moreira	00:49:09	00:48:54	Clube de Corrida In&Out Parque da Aguda	294
2751	Marta Ferreira	00:49:10	00:47:22	Studio do Corpo	295
2752	Jorge Duarte	00:49:11	00:47:21		228
2753	Rui Silva	00:49:11	00:45:27		229
2754	Antonio Rodrigues	00:49:11	00:46:18		305
2755	Isabel Ferreira	00:49:12	00:47:24		296
2756	Bruna Vieira	00:49:14	00:48:54	Energia Ginásio	4
2757	Rui Ribeiro	00:49:14	00:47:01		1342
2758	Nuno Mendes	00:49:15	00:00:00	Moreiras e Mendes	1343
2759	Ana Borges	00:49:16	00:47:34		65
2760	Bruno Moreira	00:49:16	00:00:00	Moreiras e Mendes	35
2761	José Peres	00:49:17	00:45:50		36
2762	Maria Jesus	00:49:18	00:49:09		66
2763	João Bóia	00:49:18	00:00:00		1344
2764	Tania Mota	00:49:19	00:47:40	CLUBE GBES-DELEGAÇÃO NORTE	297
2765	Miguel Cruz	00:49:19	00:00:00		306
2766	Rui Pereira	00:49:19	00:00:00		1345
2767	Maria Moreira	00:49:19	00:43:08	CLUBE GBES-DELEGAÇÃO NORTE	67
2768	Paulo Ferreira	00:49:20	00:45:12		230
2769	Anibal Paiva	00:49:20	00:47:17	Açoreana Clube Banif	1346
2770	Ana Barbosa	00:49:21	00:47:14	Açoreana Clube Banif	298
2771	Miguel Ferreira	00:49:22	00:46:26	Inimigos do Podium	82
2772	Reinaldo Pinto	00:49:22	00:47:50		117
2773	José Ferreira	00:49:22	00:46:26	Inimigos do Podium	307
2774	Paulo Nogueira	00:49:22	00:44:10	Cosmenatura	1347
2775	Rita Pinto	00:49:22	00:45:44		299

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2776	Nuno Carvalho	00:49:23	00:45:45		308
2777	Célia Ferreira	00:49:23	00:43:26		300
2778	Andreia Zenha	00:49:23	00:45:46	4405 SPORT	301
2779	Alberto Moreira	00:49:23	00:45:39		1348
2780	Jose Vaz	00:49:24	00:45:45	4405 SPORT	1349
2781	Daniel Coelho	00:49:24	00:45:38		1350
2782	Jorge Esteves	00:49:24	00:47:35	Anjos Runners	231
2783	Fábio Costa	00:49:24	00:48:07		37
2784	Carla André	00:49:25	00:48:07		302
2785	Pedro Braga	00:49:25	00:43:58	PT Running TEAM	1351
2786	Eduardo Mendonça	00:49:26	00:45:40		83
2787	Pedro Martins	00:49:28	00:42:56		1352
2788	Cláudia Duarte	00:49:28	00:49:28		59
2789	Marco Silva	00:49:28	00:49:28		309
2790	Miguel Oliveira	00:49:28	00:47:20		1353
2791	Anabela Gonçalves	00:49:28	00:49:23		303
2792	Carlos Salgado	00:49:29	00:47:24		232
2793	Sandra Matos	00:49:30	00:47:47	DORH	304
2794	Fausto Matos	00:49:30	00:44:33		1354
2795	Domingos Oliveira	00:49:30	00:48:10	Sai da frente	1355
2796	António Carvalho	00:49:32	00:47:39		1356
2797	André Viana	00:49:32	00:00:00		1357
2798	Renata Carvalho	00:49:32	00:48:24		305
2799	Sofia Castro	00:49:33	00:45:06		306
2800	Pedro Póvoas	00:49:33	00:48:26		1358
2801	Cristina Santos	00:49:33	00:47:28	woman power	68
2802	Bernardo Monteiro	00:49:33	00:43:14	À BEIRA DOURO 1	84
2803	Catarina Branco	00:49:33	00:44:05		307
2804	Flávio Saraiva	00:49:34	00:44:15		1359
2805	Cátia Pereira	00:49:34	00:47:58		308
2806	Vasco Gomes	00:49:34	00:47:34		1360
2807	Juvenal Carvalho	00:49:34	00:48:27		139
2808	Luis Reis	00:49:35	00:44:14	PT Running TEAM	310
2809	Joana Sousa	00:49:35	00:45:48		309
2810	Joaquim Vinagre	00:49:35	00:48:55		140
2811	Sara Soares	00:49:36	00:47:23		310
2812	Sónia Alicott	00:49:36	00:47:12	Corgas Club	311

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
2813	Filipe Centeno	00:49:37	00:46:10		1361
2814	Elsa Martins	00:49:37	00:47:13		60
2815	Acácio Monteiro	00:49:37	00:47:23		118
2816	Maria Moreira	00:49:37	00:45:50		312
2817	Alexandre Aroso	00:49:38	00:45:11		1362
2818	Sónia Silva	00:49:38	00:46:47		313
2819	Sofia Cerveira	00:49:38	00:45:31	À BEIRA DOURO 1	13
2820	Paulo Rodrigues	00:49:38	00:46:45		1363
2821	Paulo Teixeira	00:49:38	00:43:18	À BEIRA DOURO 2	233
2822	Sandra Figueirinhas	00:49:39	00:48:25		69
2823	José Alves	00:49:40	00:45:54		141
2824	Abilio Ferreira	00:49:40	00:48:12	INFORFERREIRA	311
2825	Carlos Gomes	00:49:42	00:47:00	Good Fellas	1364
2826	Pedro Gonçalves	00:49:43	00:47:02	Good Fellas	1365
2827	Diogo Moreira	00:49:43	00:47:30		85
2828	Manuel Moreira	00:49:44	00:47:30		234
2829	Sofia Moreira	00:49:45	00:48:58		314
2830	Joana Coelho	00:49:45	00:47:29		315
2831	Sílvia Oliveira	00:49:45	00:44:48		316
2832	Sara Rocha	00:49:45	00:44:08	MLSF Team	317
2833	Pedro Gomes	00:49:45	00:46:41		1366
2834	Sandra Ferreira	00:49:45	00:46:40		318
2835	Vítor Ribeiro	00:49:46	00:44:15	MAFATE TEAM	1367
2836	Sandra Loibl	00:49:46	00:44:09		319
2837	Ricardo Barbosa	00:49:46	00:44:16	MAFATE TEAM	1368
2838	Bruno Machado	00:49:46	00:44:16	MAFATE TEAM	1369
2839	Paula Macedo	00:49:46	00:44:09	Studio do Corpo	61
2840	Susana Lamelas	00:49:47	00:44:23	MAFATE TEAM	320
2841	Tânia Rebelo	00:49:47	00:45:45		321
2842	Carolina Mendes	00:49:48	00:45:46		322
2843	Antonio Bleco	00:49:48	00:46:26		235
2844	Carlos Oliveira	00:49:48	00:46:26		236
2845	Monica Costa	00:49:48	00:47:49	BATE NO FUNDO	323
2846	Ana Peixoto	00:49:49	00:45:46		324
2847	Maria Campos	00:49:49	00:46:53		325
2848	Rodolfo Carvalho	00:49:50	00:45:34		1370
2849	Vitor Rua	00:49:50	00:47:03		142

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2850	Gabriel Dias	00:49:51	00:47:44		1371
2851	Bruno Lucena	00:49:51	00:43:09		1372
2852	Nuno Melo	00:49:51	00:43:08		1373
2853	Sandra Amorim	00:49:52	00:44:41		326
2854	Jorge Cavalheiro	00:49:53	00:49:38		237
2855	Jorge Ferreira	00:49:54	00:48:19	idealkorpus club running	1374
2856	Patricia Silva	00:49:54	00:48:19	idealkorpus club running	327
2857	Mário Antunes	00:49:55	00:44:32	MAFATE TEAM	1375
2858	Paulo Lopes	00:49:56	00:45:59		1376
2859	Tiago Tomás	00:49:56	00:44:01		1377
2860	Rogério Reis	00:49:58	00:46:36		1378
2861	Paulo Ferreira	00:49:59	00:47:59		1379
2862	João Martins	00:50:00	00:46:49		238
2863	Isabel Mateus	00:50:00	00:49:37		328
2864	Marta Gomes	00:50:00	00:49:38		329
2865	Frederico Silva	00:50:00	00:43:19	Os inactivos	1380
2866	Jorge Firmino	00:50:00	00:46:48		312
2867	Miguel Castro	00:50:00	00:42:57		1381
2868	Daniel Sousa	00:50:01	00:42:57		1382
2869	João Lopes	00:50:01	00:46:50		143
2870	Nuno Montenegro	00:50:01	00:46:13		38
2871	Paula Areal	00:50:01	00:46:13		62
2872	Ana Sousa	00:50:03	00:47:17	Talhos Bem Servir	330
2873	Ana Silva	00:50:03	00:47:17	Talhos Bem Servir	70
2874	Manuel Moura	00:50:03	00:46:41	Os Barriguitas	119
2875	Adriana Gomes	00:50:03	00:43:40		331
2876	António Guedes	00:50:04	00:45:56	Iperforma Runners	1383
2877	Miguel Vaz	00:50:04	00:45:55		313
2878	Pedro Montinho	00:50:05	00:49:13		1384
2879	Susana Monção	00:50:06	00:49:14		332
2880	David Azevedo	00:50:07	00:48:57		1385
2881	Lara Lacerda	00:50:07	00:48:57		333
2882	Carlos Costa	00:50:07	00:48:51		1386
2883	Mário Gouveia	00:50:07	00:50:07		239
2884	Francisca Santos	00:50:07	00:50:00		334
2885	Bruno Silva	00:50:08	00:48:32		1387
2886	Jorge Timoteo	00:50:09	00:48:38	SAWASDEE TEAM	1388

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2887	Nelson Duarte	00:50:09	00:48:37		1389
2888	Maria Guimarães	00:50:09	00:48:07		71
2889	Adelaide Horta	00:50:09	00:48:07		72
2890	Andreia Marques	00:50:10	00:48:10		335
2891	Cláudia Silva	00:50:11	00:47:13		336
2892	João Morais	00:50:11	00:47:13		1390
2893	Felipe Gonçalves	00:50:11	00:44:12		314
2894	João Silva	00:50:11	00:44:10		1391
2895	Bruno Araujo	00:50:12	00:44:10		1392
2896	Jose Couto	00:50:12	00:49:00		120
2897	Júlia Barbosa	00:50:13	00:43:07		337
2898	Raquel Varela	00:50:15	00:46:07	Iperforma Runners	338
2899	Pedro Rodrigues	00:50:15	00:47:33		1393
2900	Ana Henriques	00:50:16	00:47:44		339
2901	Ana Gomes	00:50:17	00:49:17		340
2902	Carla Araújo	00:50:17	00:49:28		341
2903	Rui Gonçalves	00:50:19	00:47:34		1394
2904	Vera Fernandes	00:50:19	00:48:29		342
2905	Manuel Ferreira	00:50:19	00:48:43		1395
2906	Elisa Pereira	00:50:20	00:47:49		343
2907	Rui Calado	00:50:22	00:44:38		1396
2908	Margarida Quintã	00:50:23	00:46:14	Iperforma Runners	344
2909	Ludgero Mendes	00:50:24	00:43:53		240
2910	Alexandra Davim	00:50:24	00:47:47		345
2911	Pedro Sousa	00:50:24	00:47:46		1397
2912	Vitor Castelo	00:50:26	00:47:40		315
2913	Gaspar Santos	00:50:27	00:45:27		1398
2914	Pedro Braga	00:50:27	00:43:23		1399
2915	Dinis Silva	00:50:27	00:46:30		1400
2916	Joana Campos	00:50:27	00:46:31		346
2917	Mafalda Rocha	00:50:28	00:46:34		347
2918	Elisabete Santos	00:50:28	00:47:54		348
2919	Ana Soares	00:50:29	00:47:55		349
2920	Joaquim Gonçalves	00:50:29	00:45:40	Clube ANACOM	241
2921	Paulo Campos	00:50:29	00:47:29		1401
2922	Carla Alves	00:50:30	00:44:52		350
2923	Maria Igreja	00:50:32	00:47:49	Perene	63

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
2924	Pedro Guimarães	00:50:33	00:44:10	À BEIRA DOURO 2	86
2925	Sandra Carone	00:50:34	00:49:33	Patuá	73
2926	Cátia Oliveira	00:50:35	00:47:21		351
2927	Liliana Pereira	00:50:35	00:48:26		74
2928	Saritta Nápoles	00:50:35	00:49:33	Patuá	75
2929	Ana Santos	00:50:35	00:45:53		14
2930	Antonio Pereira	00:50:35	00:47:33		316
2931	Carlos Costa	00:50:35	00:44:55		1402
2932	Francisco Faria	00:50:36	00:44:56		317
2933	José Machado	00:50:36	00:46:10		1403
2934	Francisco Rosa	00:50:37	00:00:00		1404
2935	Andreia Barbosa	00:50:38	00:49:57		352
2936	Duarte Ribeiro	00:50:38	00:48:03		318
2937	Bruno Rocha	00:50:39	00:48:54		1405
2938	Alexandre Goncalves	00:50:39	00:46:32		1406
2939	Hugo Fonseca	00:50:40	00:00:00		1407
2940	Norma Magalhães	00:50:40	00:00:00		353
2941	Sara Silva	00:50:40	00:00:00		354
2942	Joana Couto	00:50:40	00:48:06		355
2943	Pedro Moreira	00:50:41	00:48:06		1408
2944	Isabel Oliveira	00:50:41	00:48:01		15
2945	José Loureiro	00:50:43	00:48:50		242
2946	Rita Vilaça	00:50:44	00:47:16		356
2947	Catarina Moreira	00:50:44	00:47:18	Clube Rugby Famalicão	357
2948	Antonio Barros	00:50:44	00:45:07		1409
2949	Rui Barreto	00:50:45	00:45:51		1410
2950	Antonio Santos	00:50:47	00:46:04		319
2951	Maria Faria	00:50:47	00:49:22	Faria Portugal	358
2952	Rui Botelho	00:50:47	00:49:22		1411
2953	Daniel Barbosa	00:50:48	00:48:22		1412
2954	José Faria	00:50:48	00:45:08		1413
2955	Isabel Costa	00:50:48	00:48:23		359
2956	Manuel Santos	00:50:49	00:50:13		243
2957	Adriana Campos	00:50:49	00:48:24		360
2958	Alice Oliveira	00:50:50	00:50:03	Trapaceiros	76
2959	Isabel Santos	00:50:50	00:50:02	Trapaceiros	361
2960	Fernando Rodrigues	00:50:54	00:45:44		79

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
2961	Joaquim Silva	00:50:56	00:45:20		144
2962	Susana Silva	00:50:56	00:45:59	Vamos conquistar a Europa DT-CRT	362
2963	Rosalino Moura	00:50:57	00:48:29		145
2964	Maria Moura	00:50:57	00:48:28		77
2965	Sofia Sampaio	00:50:59	00:49:14	os sampolhos	16
2966	Alexandre Magalhães	00:50:59	00:50:02	Papa Léguas do Porto	80
2967	Katalin Szakács	00:51:01	00:48:56		363
2968	Susana Franco	00:51:01	00:50:12		364
2969	Cátia Pereira	00:51:01	00:50:11		5
2970	José Oliveira	00:51:01	00:50:11		39
2971	Maria Gomes	00:51:02	00:45:56		365
2972	Daniel Rocha	00:51:05	00:49:08		1414
2973	José Gonçalves	00:51:05	00:48:54		320
2974	Mário Rodrigues	00:51:05	00:49:14	Amorim	1415
2975	Marlene Amorim	00:51:05	00:49:14	Amorim	366
2976	Ana Vasconcelos	00:51:06	00:48:37		367
2977	Paulo Sobreira	00:51:06	00:48:37		368
2978	Rui Veloso	00:51:07	00:48:05		1416
2979	Sílvia Fernandes	00:51:08	00:48:51		369
2980	Sara Castro	00:51:08	00:48:50		64
2981	Isa Pereira	00:51:09	00:46:20		370
2982	Diana Mendes	00:51:09	00:46:56		371
2983	Rui Monteiro	00:51:09	00:45:27		244
2984	Tiago Salgueiro	00:51:10	00:49:39	SAWASDEE TEAM	1417
2985	Paulo Mendes	00:51:11	00:48:52		245
2986	Elsa Gomes	00:51:11	00:48:03		65
2987	Marco Alves	00:51:13	00:49:50	Coprax	1418
2988	Rui Gonçalves	00:51:13	00:48:17	By Gods Runners	121
2989	Fernanda Valente	00:51:15	00:48:00		78
2990	Lúcia Pinheiro	00:51:15	00:44:59		372
2991	Claudia Morais	00:51:16	00:48:52		373
2992	Renata Vieira	00:51:17	00:46:19		374
2993	Ilídio Cadilhe	00:51:18	00:49:57		1419
2994	Maria Machado	00:51:18	00:49:57		79
2995	Maria Pereira	00:51:19	00:48:22		375
2996	Eduardo Espinheira	00:51:19	00:45:32		1420
2997	Filipe Rodrigues	00:51:20	00:50:23		321

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
2998	Helena Ramos	00:51:20	00:45:03		376
2999	Ricardo Cardoso	00:51:20	00:48:42		1421
3000	Sandra Silva	00:51:21	00:48:43		377
3001	Alexandra Rios	00:51:21	00:45:02	À BEIRA DOURO 2	378
3002	César Oliveira	00:51:21	00:45:10		87
3003	Claudia .	00:51:22	00:47:12		379
3004	Maurício Ferreira	00:51:22	00:47:13		1422
3005	Sílvia Cardoso	00:51:23	00:47:34		380
3006	João Teixeira	00:51:23	00:50:08		81
3007	Silvia Castelo	00:51:24	00:48:37		381
3008	Paulo Monteiro	00:51:26	00:50:16		88
3009	Carlos Legoinha	00:51:26	00:00:00		246
3010	Fatima Pereira	00:51:27	00:47:56		382
3011	Paulo Cardoso	00:51:27	00:46:03		322
3012	Carla Vieira	00:51:29	00:50:58		383
3013	José Barros	00:51:29	00:50:58		1423
3014	Maria Corvacho	00:51:30	00:47:42		384
3015	Inês Miranda	00:51:30	00:46:18	Família Miranda	17
3016	José Miranda	00:51:30	00:46:18	Família Miranda	247
3017	Pedro Fernandes	00:51:31	00:50:09		89
3018	Gustavo Meira	00:51:32	00:46:04	Fia-te na Virgem e Não Corras!	1424
3019	Ana Pereira	00:51:32	00:45:59		385
3020	Tânia Almeida	00:51:33	00:49:37		386
3021	Joanna Guimarães	00:51:33	00:47:45		387
3022	Vânia Maia	00:51:33	00:46:01		388
3023	Ana Rocha	00:51:33	00:49:51		389
3024	Susana Pereira	00:51:34	00:49:53		390
3025	Maria Durães	00:51:34	00:51:31		391
3026	Albina Resende	00:51:34	00:46:24		392
3027	Isabel Almeida	00:51:34	00:46:23		393
3028	Carla Pimentel	00:51:36	00:50:14		394
3029	Antonio Goncalves	00:51:36	00:50:14		248
3030	Luísa Rebelo	00:51:36	00:48:08		395
3031	Mónica Romão	00:51:36	00:50:14		66
3032	Paulo Fernandes	00:51:36	00:50:13		323
3033	Joao Jesus	00:51:40	00:50:19		249
3034	José Teixeira	00:51:40	00:00:00		1425

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3035	Joana Amorim	00:51:41	00:51:03		396
3036	Sandra Mendes	00:51:41	00:50:20		397
3037	Jaime Costa	00:51:42	00:48:10		1426
3038	Davide Borges	00:51:42	00:49:06		1427
3039	Jerónimo Silva	00:51:43	00:45:41	GatosDaninhos	1428
3040	Luís Pedro	00:51:43	00:45:40	GatosDaninhos	1429
3041	Vitor Oliveira	00:51:43	00:49:07		250
3042	Manuel Monteiro	00:51:44	00:49:07		324
3043	Daniela Fernandez	00:51:44	00:47:10	YellowPuffs	398
3044	Patricia Vieira	00:51:44	00:47:11	YellowPuffs	399
3045	Lia Santos	00:51:45	00:47:42		400
3046	Ana Edra	00:51:45	00:47:43		401
3047	Clara Landolt	00:51:46	00:46:19		402
3048	Fernando Gonçalves	00:51:46	00:49:08		251
3049	Eva Mendes	00:51:47	00:50:02		403
3050	Sandra Pina	00:51:48	00:49:01	h3 Porto	404
3051	Jonathan Santos	00:51:49	00:48:51		1430
3052	Marco Rocha	00:51:49	00:45:42		1431
3053	Ricardo Dias	00:51:50	00:48:38	Trolhas de Civil	1432
3054	Paulo Monteiro	00:51:50	00:50:41		325
3055	Frederico Correia	00:51:50	00:48:40	Trolhas de Civil	1433
3056	Joel Marques	00:51:50	00:48:39	Trolhas de Civil	1434
3057	Hugo Pina	00:51:50	00:48:39	Trolhas de Civil	1435
3058	Diogo Pinheiro	00:51:51	00:48:41	Trolhas de Civil	1436
3059	Diogo Martins	00:51:52	00:46:02		1437
3060	Sílvia Meira	00:51:53	00:46:29	PT Running TEAM	405
3061	José Lopes	00:51:53	00:46:29		252
3062	Carlos Oliveira	00:51:55	00:48:43		1438
3063	Carla Rodrigues	00:51:57	00:49:04		67
3064	Paulo Costa	00:51:58	00:51:23		1439
3065	Sandra Pinto	00:51:59	00:49:31		406
3066	Rui Coutinho	00:51:59	00:45:54	GatosDaninhos	1440
3067	Andreia Amaral	00:52:01	00:47:44		407
3068	Heitor Trindade	00:52:02	00:45:59		1441
3069	Sandra Moreira	00:52:02	00:49:34		408
3070	Paulo Teixeira	00:52:03	00:51:22		1442
3071	Luís Coelho	00:52:03	00:45:41	À BEIRA DOURO 1	40

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3072	Bruno Afonso	00:52:04	00:45:03		1443
3073	Ricardo Santos	00:52:05	00:45:02		1444
3074	Ana Carvalho	00:52:05	00:45:01		409
3075	Eduardo Carvalho	00:52:06	00:47:57		41
3076	Joaquim Sousa	00:52:06	00:00:00		82
3077	Pedro Viana	00:52:06	00:45:57		1445
3078	Lia Oliveira	00:52:06	00:45:54		410
3079	Ana Santos	00:52:08	00:51:07		411
3080	Marise Oliveira	00:52:09	00:48:46		412
3081	Miguel Bento	00:52:10	00:50:17		1446
3082	Suati Almeida	00:52:12	00:50:26		413
3083	Maria Martins	00:52:12	00:50:27		414
3084	Joao Nascimento	00:52:13	00:46:07		326
3085	Luisa Nogueira	00:52:15	00:51:32		415
3086	Ana Cruz	00:52:15	00:48:12		416
3087	Diogo Alves	00:52:16	00:45:43		1447
3088	Susana Gomes	00:52:17	00:49:14		417
3089	Jorge Ribeiro	00:52:18	00:47:06		1448
3090	Luís Tavares	00:52:18	00:47:05	Sapadores da Invicta Associação Cultural e Desportiva	1449
3091	Teotonio .	00:52:21	00:50:15		1450
3092	João Cunha	00:52:21	00:49:52	Somos D IVA	1451
3093	Inês Pereira	00:52:22	00:49:54	Somos D IVA	418
3094	Fernando Soares	00:52:22	00:50:10	Associação Novo Futuro	90
3095	Francisco .	00:52:23	00:50:16		122
3096	António Moreira	00:52:23	00:50:11	Associação Novo Futuro	91
3097	Carla Calvo	00:52:24	00:49:14		68
3098	Miguel Guimarães	00:52:24	00:45:51		1452
3099	Tiago Domingues	00:52:25	00:48:18	Iperforma Runners	1453
3100	Aurelio Costa	00:52:27	00:49:12		327
3101	Isabel Duarte	00:52:27	00:49:05		123
3102	Paulo Almeida	00:52:28	00:49:05		253
3103	Nisalda Machado	00:52:28	00:49:05		69
3104	Rui Costa	00:52:28	00:49:13		42
3105	Graça Carvalho	00:52:28	00:48:18		70
3106	Alice Sousa	00:52:29	00:49:45	Levanta Poeira	71
3107	Carolina Ferreira	00:52:29	00:50:23		92
3108	Jose Moita	00:52:30	00:48:20		1454

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3109	Jose Silva	00:52:34	00:45:50		1455
3110	Marta Rocha	00:52:35	00:48:57		72
3111	Diogo Silva	00:52:36	00:45:51		93
3112	Maria Guedes	00:52:37	00:51:19		80
3113	Tiago Silva	00:52:38	00:45:54		94
3114	Nuno Pires	00:52:39	00:51:34		1456
3115	Paulo Fraga	00:52:40	00:49:46		1457
3116	Fernando Bastos	00:52:42	00:50:51		1458
3117	Álvaro Ferreira	00:52:42	00:50:52		1459
3118	Filipa Bastos	00:52:42	00:50:53		419
3119	Joana Gaudêncio	00:52:42	00:46:34		420
3120	Tiago Andrade	00:52:44	00:47:09		1460
3121	Vania Oliveira	00:52:45	00:47:09		421
3122	Rodrigo Sampaio	00:52:46	00:52:16		1461
3123	Andreia Rodrigues	00:52:46	00:52:16		422
3124	Cristina Correia	00:52:47	00:51:57		423
3125	Susana Alves	00:52:49	00:50:09	Run Me - Im Famous	424
3126	Carlos Pereira	00:52:49	00:52:35	Best Dragan	43
3127	Gonçalo Nobre	00:52:51	00:51:17		1462
3128	Daniel Leal	00:52:51	00:45:50		1463
3129	Nelson Gomes	00:52:51	00:45:52		1464
3130	Vânia Alves	00:52:52	00:47:03		425
3131	Mariana Dias	00:52:52	00:51:48		426
3132	Nádia Silva	00:52:55	00:50:48		18
3133	Hélder Rocha	00:52:56	00:46:59		1465
3134	Bruno Ferreira	00:52:56	00:46:59		1466
3135	Catarina Amado	00:52:57	00:46:05		6
3136	Laura Martins	00:52:58	00:49:54	GRUNIL	427
3137	Isabel Martins	00:52:58	00:49:56	GRUNIL	81
3138	Igor Dias	00:53:00	00:50:39		1467
3139	Patricia Machado	00:53:00	00:49:46	Os Tirsenses	428
3140	Ricardo Fernandes	00:53:01	00:49:46	Os Tirsenses	1468
3141	Adolfo Ferreira	00:53:01	00:48:43		1469
3142	Eduardo Silva	00:53:02	00:46:54		328
3143	Berta Pinheiro	00:53:02	00:51:22		429
3144	Marisa Silva	00:53:05	00:51:40		430
3145	Gabriela Esteves	00:53:08	00:50:40		431

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3146	Adolfo Ferreira	00:53:08	00:48:50		95
3147	Mário Ferreira	00:53:10	00:51:15		146
3148	Pantaleone Bruni	00:53:11	00:47:14		1470
3149	Joaquim Santos	00:53:12	00:48:30		124
3150	Jose Prata	00:53:13	00:51:09		254
3151	Bruno Lima	00:53:13	00:52:11		1471
3152	Jorge Martins	00:53:14	00:47:27	Os bigodes	1472
3153	Nuno Sá	00:53:15	00:47:26	Speedy Gonzalez	1473
3154	Carla Lopes	00:53:25	00:00:00	SAWASDEE TEAM	432
3155	Luis Monteiro	00:53:28	00:47:26		1474
3156	Carla Pinto	00:53:29	00:47:15	Merenguita.com	433
3157	Carlos Damas	00:53:29	00:48:03	Cosmenatura	1475
3158	Cláudia Ferreira	00:53:29	00:47:16	Merenguita.com	434
3159	Helder Ferreira	00:53:30	00:49:40	Kituki - Leões da Agra	1476
3160	Carlos Caldeira	00:53:31	00:50:08		329
3161	Carlos Lopes	00:53:32	00:50:07		330
3162	Orlando Magalhães	00:53:32	00:50:07		1477
3163	Ana Salgado	00:53:32	00:50:07		435
3164	Rita Salgado	00:53:34	00:52:09		436
3165	Nina Hedderich	00:53:34	00:52:29		437
3166	Aline Colaço	00:53:35	00:47:54	Açoreana Clube Banif	438
3167	Luiz Moreira	00:53:36	00:47:31		96
3168	Ana Conde	00:53:37	00:50:15		439
3169	Jose Freitas	00:53:40	00:53:34		255
3170	Sonia Amaral	00:53:40	00:53:39		440
3171	Margarida Gomes	00:53:41	00:51:43		73
3172	Nadiry Diniz	00:53:43	00:50:15	Clube Rugby Famalicão	441
3173	Sílvia Parati	00:53:43	00:51:30		442
3174	Tânia Santos	00:53:43	00:51:29		443
3175	Fernando Marques	00:53:43	00:49:30	Farrapice	97
3176	Nuno Magalhães	00:53:44	00:00:00	Farrapice	1478
3177	Andre Fonseca	00:53:45	00:50:04		1479
3178	Joao Lopes	00:53:45	00:48:40	Vamos conquistar a Europa DT-CRT	1480
3179	Miguel Amado	00:53:50	00:52:46		1481
3180	Vania Nogueira	00:53:54	00:50:10	particular	444
3181	Pilar Babo	00:53:57	00:49:44	Farrapice	445
3182	Helena Vilaça	00:53:57	00:49:45	Farrapice	74

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
3183	Pedro Marques	00:53:57	00:49:44	Farrapice	98
3184	Flávio Miranda	00:53:58	00:51:09		1482
3185	Luís Duarte	00:53:58	00:51:08		125
3186	Sandrina Alves	00:53:59	00:48:10	Speedy Gonzalez	446
3187	Ricardo Silva	00:53:59	00:48:11	Speedy Gonzalez	1483
3188	Rosemary Davis	00:54:01	00:00:00		75
3189	Manuel Junqueiro	00:54:02	00:48:38	PT Running TEAM	147
3190	Isabel Teixeira	00:54:03	00:50:39		76
3191	Marcio Teixeira	00:54:03	00:50:34	Repeloes FC	1484
3192	Daniel Machado	00:54:04	00:51:01		1485
3193	Paulo Carvalho	00:54:04	00:51:52	Topo-Gigio	99
3194	Sandra Guedes	00:54:05	00:51:41		447
3195	Margarida Brito	00:54:05	00:52:35		448
3196	Filipe Barros	00:54:06	00:51:43		1486
3197	Bruno Moreira	00:54:08	00:53:07		1487
3198	Armando Sousa	00:54:11	00:00:00	CLUBE GBES-DELEGAÇÃO NORTE	148
3199	Patrícia Silva	00:54:12	00:48:56		449
3200	Artur Pereira	00:54:12	00:49:01		256
3201	Nuno Santos	00:54:13	00:52:33		1488
3202	Ana Bernardo	00:54:14	00:52:35		450
3203	Diana Gonçalves	00:54:15	00:53:41		451
3204	Manuel Silva	00:54:16	00:52:04	Associação Novo Futuro	1489
3205	Ana Tavares	00:54:16	00:49:45		19
3206	Vitor Tavares	00:54:16	00:49:44		257
3207	Ana Maia	00:54:21	00:52:48	Lá de casa	77
3208	Ema Martins	00:54:23	00:49:35		452
3209	Zildea Santos	00:54:24	00:53:27		453
3210	Carlos Russo	00:54:26	00:48:16		331
3211	Duarte Silva	00:54:26	00:53:14		100
3212	Sergio Leite	00:54:27	00:53:15		332
3213	Ricardo Couto	00:54:28	00:54:22		1490
3214	Rita Ferreira	00:54:30	00:53:36		20
3215	Armando Silva	00:54:30	00:53:17		333
3216	Jorge Gandra	00:54:32	00:53:11	Gandra	334
3217	Hugo Leite	00:54:32	00:53:20		101
3218	Bruno Pereira	00:54:32	00:48:43		1491
3219	Teresa Pinto	00:54:33	00:53:48		454

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3220	Fátima Ferreira	00:54:34	00:53:49		455
3221	Daniela Silva	00:54:34	00:51:50		456
3222	Pedro Silva	00:54:35	00:52:21		335
3223	Barbara Pinto	00:54:37	00:53:53		457
3224	Pedro Rodrigues	00:54:38	00:53:52		1492
3225	Paulo Narciso	00:54:39	00:51:13		1493
3226	Joao Pinheiro	00:54:41	00:53:01		336
3227	Maria Moreira	00:54:41	00:52:18	barbosa	82
3228	Vânia Cruz	00:54:41	00:47:53		458
3229	Augusto Barbosa	00:54:42	00:52:19	barbosa	258
3230	Bruno Marques	00:54:42	00:47:53		1494
3231	Ludmila Vicente	00:54:47	00:53:17		459
3232	Dulce Reis	00:54:50	00:51:23		78
3233	Luís Reis	00:54:50	00:51:24		1495
3234	Celia Sousa	00:54:52	00:49:55		460
3235	Antonio Marques	00:54:53	00:49:15		1496
3236	Carla Lourenço	00:54:54	00:54:35		461
3237	Dino Silva	00:54:57	00:51:21		1497
3238	Carlos Paulo	00:54:57	00:51:23	Café Ponto Final/Conf. Paulo Nogueira	337
3239	Sonia Correia	00:54:58	00:50:42		79
3240	Lino Rangel	00:54:59	00:52:22		83
3241	Sara Sobral	00:55:00	00:52:21		462
3242	Angela Jesus	00:55:00	00:50:44		463
3243	Hugo Aleixo	00:55:01	00:51:28		1498
3244	Manuel Correia	00:55:02	00:52:17	Grupo Desportivo BPI	1499
3245	Ana Cruz	00:55:02	00:52:17	Grupo Desportivo BPI	464
3246	Pedro Ramos	00:55:03	00:53:12		1500
3247	Ana Ribeiro	00:55:03	00:53:12		465
3248	Silvia Leite	00:55:04	00:49:34	BEST Team	466
3249	Pedro Sanches	00:55:04	00:49:34	BEST Team	1501
3250	Ana Rodrigues	00:55:06	00:51:13		467
3251	Márcia Valente	00:55:07	00:52:18	DRAGÕES do VOLFRAMIO	468
3252	Conceição Valente	00:55:07	00:52:19	DRAGÕES do VOLFRAMIO	80
3253	Ana Jerónimo	00:55:14	00:54:01		7
3254	Susana Ramos	00:55:14	00:52:13		469
3255	Carlos Sousa	00:55:15	00:51:46		1502
3256	Pedro Gonçalves	00:55:21	00:48:27		1503

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3257	Rui Silva	00:55:22	00:48:27		1504
3258	Nadia Massarelli	00:55:23	00:51:35		470
3259	Rui Gomes	00:55:25	00:51:00		1505
3260	Daniela Dias	00:55:27	00:54:23		471
3261	Victor Gonçalves	00:55:28	00:50:20		1506
3262	Gonçalo Ferreira	00:55:28	00:52:51	Leça com a Selecção	102
3263	Ana Martins	00:55:28	00:50:20		81
3264	António Brandão	00:55:29	00:49:24		338
3265	Ricardo Alves	00:55:39	00:51:11		1507
3266	Cátia Silva	00:55:39	00:49:14	Flash Team	472
3267	Lurdes Ferreira	00:55:41	00:53:47		83
3268	Tanya Martins	00:55:42	00:53:22	Os Ligeirinhos	473
3269	Diogo Brandao	00:55:42	00:50:39	azevedo e companhia	103
3270	Julia Machado	00:55:43	00:50:37		84
3271	Fabio Moreira	00:55:43	00:50:40	azevedo e companhia	1508
3272	Ana Magalhães	00:55:44	00:53:34		474
3273	Ana Alves	00:55:44	00:53:35		1509
3274	Luis Silva	00:55:46	00:49:39		1510
3275	Jorge Ferreira	00:55:46	00:50:52		1511
3276	Helena Carvalho	00:55:47	00:51:37		85
3277	Maria Silva	00:55:48	00:54:49		86
3278	Bárbara Varejão	00:55:50	00:50:20		475
3279	Liliana Teixeira	00:55:50	00:52:49		476
3280	Nuno Gouveia	00:55:53	00:54:27		1512
3281	Maria Cunha	00:55:54	00:54:28	CLUBE GBES-DELEGAÇÃO NORTE	21
3282	Manuela Soares	00:55:54	00:54:17		477
3283	Liliana Ferreira	00:55:55	00:54:19		478
3284	Joana Pinto	00:55:58	00:52:54		479
3285	Alberto Mota	00:55:59	00:52:54		1513
3286	Mário Santos	00:56:00	00:52:12		1514
3287	Raquel Silva	00:56:00	00:55:13	OnePiece	480
3288	Inês Azevedo	00:56:06	00:53:05		481
3289	Alberto Ribeiro	00:56:07	00:54:41		84
3290	Maria Teixeira	00:56:08	00:52:35		482
3291	Diana Carneiro	00:56:08	00:53:08		483
3292	João Lobo	00:56:08	00:49:59		1515
3293	Cláudia Calçada	00:56:08	00:49:59		8

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3294	Gonçalo Pereira	00:56:08	00:49:59		104
3295	Pedro Peixoto	00:56:09	00:52:44	Tudo á grande!	1516
3296	Luisa Caramelo	00:56:09	00:51:51		484
3297	Cosme Machado	00:56:12	00:52:36		1517
3298	Joaquim Coelho	00:56:15	00:51:59		1518
3299	Mariana Maciel	00:56:15	00:54:17		485
3300	Maria Pavlaki	00:56:16	00:54:17		486
3301	Sofia Pereira	00:56:16	00:50:08		22
3302	Ricardo Teixeira	00:56:18	00:53:36	R&R	339
3303	Pedro Baptista	00:56:19	00:55:46		1519
3304	Joana Soares	00:56:19	00:55:48		23
3305	Christina Licht	00:56:19	00:55:54		487
3306	Helena Fonseca	00:56:21	00:52:19		82
3307	Nuno Teixeira	00:56:21	00:00:00		1520
3308	João Loureiro	00:56:22	00:54:10		105
3309	Pedro Loureiro	00:56:22	00:54:09		1521
3310	Pedro Moreira	00:56:24	00:53:57		1522
3311	Filipa Matias	00:56:24	00:53:57		488
3312	Luis Costa	00:56:24	00:53:57		1523
3313	Helena Nascimento	00:56:24	00:54:09		489
3314	Cristina Aleixo	00:56:26	00:52:21		490
3315	Mónica Moutinho	00:56:26	00:52:10		491
3316	Joao Sousa	00:56:27	00:51:28	Vamos conquistar a Europa DT-CRT	1524
3317	Francisco Araújo	00:56:28	00:51:05		1525
3318	Ângela Lopes	00:56:28	00:55:46	Anjos Runners	492
3319	Rui Esperança	00:56:29	00:52:38		106
3320	António Teixeira	00:56:30	00:53:38		85
3321	Leonel Ribeiro	00:56:34	00:50:39		1526
3322	Marta Cardoso	00:56:36	00:00:00		493
3323	Susana Teixeira	00:56:36	00:50:44		494
3324	Alberto Cunha	00:56:36	00:55:41	MULTIUTILIDADES	126
3325	Maria Mateus	00:56:36	00:56:29		24
3326	Antonio Silva	00:56:38	00:54:06		1527
3327	Patricia Emilio	00:56:39	00:53:04		495
3328	Vânia Guedes	00:56:39	00:55:03		496
3329	Cristiano Oliveira	00:56:39	00:52:55		1528
3330	Francisco Barros	00:56:39	00:54:41		1529

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3331	Ricardo Jorge	00:56:40	00:53:18		1530
3332	João Freitas	00:56:42	00:50:00	Os inactivos	1531
3333	Salvatore Peppe	00:56:44	00:55:10	In Action	1532
3334	Marco Vieira	00:56:44	00:55:09	In Action	1533
3335	Carlos Gomes	00:56:49	00:55:27		1534
3336	Maria Dinis	00:56:50	00:53:25		497
3337	Vânia Souto	00:56:52	00:52:48		498
3338	Rui Sampaio	00:56:53	00:55:05	os sampolhos	259
3339	Carla Silva	00:56:54	00:51:33		83
3340	Sílvia Rodrigues	00:56:55	00:55:06		499
3341	Pedro Saleiro	00:56:56	00:50:09		1535
3342	Susana Machado	00:57:00	00:55:49	slmdesign	84
3343	Fernando Martins	00:57:01	00:53:11		340
3344	Júlio Rocha	00:57:02	00:55:04		149
3345	Maria Moreira	00:57:06	00:56:59	Associação Novo Futuro	500
3346	Palmira Maia	00:57:07	00:54:34		87
3347	Fatima Abreu	00:57:07	00:00:00		88
3348	Rui Amorim	00:57:09	00:57:03		1536
3349	Susana Bogas	00:57:10	00:52:18		501
3350	Maria Leal	00:57:11	00:53:48	Farrapice	502
3351	Maria Lagoa	00:57:11	00:52:20		503
3352	Francisco Fernandes	00:57:12	00:52:39		107
3353	Paula Cunha	00:57:16	00:52:18		504
3354	Francisca Silva	00:57:16	00:52:45	O Bule	25
3355	Mario Esperança	00:57:16	00:53:24		1537
3356	Isabel Malheiro	00:57:17	00:55:55		505
3357	Tiago Santos	00:57:19	00:54:54		1538
3358	Joaquim Filipe	00:57:20	00:52:43	clavedideias	44
3359	Natacha Martins	00:57:20	00:52:54		506
3360	Mariline Barbosa	00:57:22	00:52:51	O Bule	507
3361	Bruno Sousa	00:57:22	00:52:08		1539
3362	Mónica Rosas	00:57:22	00:52:06		508
3363	Antonio Cardoso	00:57:23	00:52:43		260
3364	Carlos Coelho	00:57:24	00:51:11		150
3365	Teresa Rocha	00:57:24	00:51:12		85
3366	Sara Gabriel	00:57:24	00:53:42	Com Valor	26
3367	Ricardo Gabriel	00:57:24	00:53:40	Com Valor	1540

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3368	Filipa F.	00:57:25	00:54:36		509
3369	Luís Mendes	00:57:25	00:51:08		1541
3370	Catarina Costa	00:57:26	00:54:37		510
3371	Sofia Barreiro	00:57:26	00:54:37		27
3372	Carlos Pinheiro	00:57:29	00:54:13	os impiedosos	261
3373	Carlos Ventura	00:57:31	00:53:18		1542
3374	Ricardo Pedroso	00:57:31	00:55:07		1543
3375	Rui Pereira	00:57:32	00:52:52		1544
3376	Sofia Correia	00:57:34	00:56:13		511
3377	Francisco Amorim	00:57:35	00:55:01	Amorim	86
3378	António Botelho	00:57:38	00:53:52	bitious	127
3379	Adriana Pereira	00:57:38	00:52:57		28
3380	Marina Zincovitich	00:57:38	00:53:53	bitious	89
3381	Maria Silva	00:57:41	00:50:44		90
3382	José Legoinha	00:57:41	00:50:57		262
3383	Ana Gonçalves	00:57:41	00:53:25		86
3384	Camila Ribeiro	00:57:43	00:51:24	À BEIRA DOURO 2	29
3385	José Reis	00:57:43	00:53:49	individual	151
3386	José Oliveira	00:57:44	00:51:33		45
3387	Maria Ribeiro	00:57:45	00:56:52		91
3388	José Paupério	00:57:48	00:54:31		108
3389	António Figueiras	00:57:53	00:56:44		87
3390	Pedro Monteiro	00:57:55	00:50:50	Slow Motion	1545
3391	Adérito Fernandes	00:57:57	00:50:51	Slow Motion	1546
3392	Rui Pereira	00:57:58	00:50:52	Slow Motion	1547
3393	Miguel Rocha	00:58:06	00:52:20		109
3394	Liliana Carvalho	00:58:06	00:52:50		512
3395	Paula Brito	00:58:06	00:54:15		513
3396	José Brito	00:58:07	00:54:15		1548
3397	Telma Salgueiro	00:58:07	00:55:32	IPBRICK	514
3398	Nuno Goncalves	00:58:13	00:54:05		110
3399	Liliana Ribeiro	00:58:14	00:57:21		515
3400	Maria Ribeiro	00:58:16	00:56:45		87
3401	Gisela Ribeiro	00:58:17	00:58:11		516
3402	Jorge Coutinho	00:58:18	00:56:48	CORREIO EMPRESARIAL DO NORTE	1549
3403	Diana Cardoso	00:58:18	00:56:59		517
3404	Inês Baptista	00:58:19	00:52:51		518

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
3405	Susana Ferreira	00:58:20	00:53:02	EBPORTUGA	88
3406	Patricia Correia	00:58:22	00:57:19	planoB	519
3407	Teresa Araujo	00:58:22	00:55:49	CLUBE GBES-DELEGAÇÃO NORTE	92
3408	Jose Silva	00:58:24	00:54:39	Com Valor	1550
3409	Sara Silva	00:58:25	00:54:42	Com Valor	520
3410	Rute Silva	00:58:27	00:54:42	Com Valor	521
3411	Diana Torres	00:58:28	00:56:51		522
3412	Nelson Guimaraes	00:58:28	00:56:50		1551
3413	Rui Alvim	00:58:29	00:52:35		1552
3414	Emilia Alvim	00:58:30	00:52:36		523
3415	Joana Duarte	00:58:31	00:55:58		524
3416	Monica Almeida	00:58:32	00:58:32		525
3417	Catarina Sousa	00:58:33	00:00:00		526
3418	Inês Pires	00:58:33	00:57:28		527
3419	Cristina Mendes	00:58:33	00:52:59		528
3420	Alcina Sousa	00:58:33	00:52:57		529
3421	Hugo Freitas	00:58:34	00:51:52	Os inactivos	530
3422	Nikita Ferreira	00:58:38	00:52:47		9
3423	Mónica Ferreira	00:58:38	00:52:48		531
3424	Susana Gomes	00:58:38	00:58:35		532
3425	Sergio Goncalves	00:58:39	00:54:30		341
3426	Andre Teixeira	00:58:43	00:53:49		1553
3427	Valeria Lasorsa	00:58:43	00:53:58		533
3428	Joana Correia	00:58:43	00:53:24	A-Team	534
3429	Maria Monteiro	00:58:44	00:53:01		93
3430	Fiammetta Cavallin	00:58:44	00:53:59		535
3431	Clarissa Veloso	00:58:44	00:54:00		536
3432	Bárbara Oliveira	00:58:46	00:53:54		537
3433	Alirio Simoes	00:58:47	00:56:01		88
3434	Mafalda Machado	00:58:48	00:53:41		538
3435	Andre Duarte	00:58:50	00:53:32	A-Team	1554
3436	Andreia Silva	00:58:52	00:56:41		539
3437	Luciano Chaves	00:58:55	00:00:00		1555
3438	Joana Lisboa	00:58:57	00:53:06		540
3439	Raquel Fortuna	00:59:07	00:54:22		541
3440	Filipe Silva	00:59:08	00:54:23		1556
3441	Paulo Lobo	00:59:08	00:53:03		1557

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3442	Nuno Mendes	00:59:08	00:53:03		1558
3443	Gonçalo Pereira	00:59:09	00:54:29		111
3444	Magda Noronha	00:59:09	00:55:36		94
3445	Paulo Ferreira	00:59:10	00:54:07	Vamos conquistar a Europa DT-CRT	342
3446	Maria Correia	00:59:10	00:55:38		95
3447	Francisco Medeiros	00:59:10	00:54:13	Vamos conquistar a Europa DT-CRT	1559
3448	Andreia Pereira	00:59:11	00:54:30		542
3449	João Santos	00:59:20	00:57:51	O Ti Manel	112
3450	Manuel Freitas	00:59:20	00:57:49	O Ti Manel	89
3451	João Matos	00:59:25	00:54:28		1560
3452	Helder Bessa	00:59:25	00:54:27		1561
3453	Jose Sousa	00:59:27	00:00:00		152
3454	Deolinda Ferreira	00:59:31	00:00:00		89
3455	Marta Ferreira	00:59:32	00:53:25		543
3456	Marcio Freitas	00:59:37	00:57:53	Biba a Seleção	1562
3457	Marisa Almeida	00:59:37	00:57:53	Biba a Seleção	544
3458	Catarina Santos	00:59:41	00:58:19		545
3459	Sergio Miranda	00:59:41	00:00:00		1563
3460	Rui Lopes	00:59:48	00:56:24		263
3461	Armando Ramos	00:59:49	00:54:59		90
3462	Ana Pereira	00:59:50	00:54:24		10
3463	Regina Cunha	00:59:50	00:53:25	Flash Team	546
3464	Marcia Sousa	00:59:52	00:58:54		547
3465	Luísa Rocha	00:59:53	00:57:43		548
3466	José Simões	00:59:55	00:58:25		128
3467	Pablíane Castro	00:59:57	00:55:05		549
3468	Kelly Oliveira	00:59:57	00:55:06		550
3469	Maria Maia	00:59:58	00:57:25		96
3470	Milene Mamede	00:59:58	00:55:06		551
3471	Jorge Maia	00:59:58	00:57:25		153
3472	Vítor Martins	01:00:00	00:59:02		1564
3473	Andreia Magalhaes	01:00:00	00:57:55		552
3474	Bruno Almeida	01:00:01	00:56:44		1565
3475	Susana Paupério	01:00:01	00:56:43		553
3476	Carla Matos	01:00:02	00:57:51	Associação Novo Futuro	30
3477	Leandro Gomes	01:00:03	00:57:51	Associação Novo Futuro	1566
3478	José Magalhães	01:00:04	00:57:01		343

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3479	Helena Oliveira	01:00:06	00:56:46		11
3480	Maria Pestana	01:00:10	00:56:02		554
3481	Marta Gonçalves	01:00:10	00:56:04		555
3482	Katy Reis	01:00:19	00:53:59		556
3483	Bruno Lucas	01:00:19	00:53:59		1567
3484	Abilio Milheiro	01:00:20	00:59:51		344
3485	Pedro Santos	01:00:23	00:58:48		1568
3486	Helena Pinto	01:00:23	00:58:48		557
3487	Lucilia Andrade	01:00:25	00:59:29		97
3488	Simão Esteves	01:00:27	00:57:18		154
3489	Ana Pinto	01:00:27	00:56:21		558
3490	Teresa Branco	01:00:28	00:57:17		90
3491	Manuel Gavina	01:00:29	00:57:42		155
3492	Pedro Ribeiro	01:00:30	00:55:26	azevedo e companhia	1569
3493	Pedro Cruz	01:00:30	00:55:30		1570
3494	Liliana Catarino	01:00:32	00:55:02		559
3495	André Lopes	01:00:33	00:54:20		1571
3496	Simão Machado	01:00:35	00:59:23	slmdesign	113
3497	António Ferreira	01:00:36	00:56:26	slmdesign	345
3498	Albano Cardoso	01:00:36	00:54:13		1572
3499	Pedro Costa	01:00:38	00:54:15		1573
3500	Lília Silva	01:00:44	00:59:57	Trapaceiros	560
3501	Anabela Silva	01:00:44	00:59:56	Trapaceiros	561
3502	Margarida Goncalves	01:00:46	00:55:24		31
3503	Fernando Gomes	01:00:50	00:56:25		1574
3504	Frederico Oliveira	01:00:51	00:54:53		114
3505	Fernando Oliveira	01:00:54	00:54:54		129
3506	Bruno Oliveira	01:00:57	00:58:55		1575
3507	Joana Sousa	01:01:02	00:59:11		562
3508	João Oliveira	01:01:02	00:59:10		1576
3509	Barbara Ribeiro	01:01:04	00:55:43		563
3510	Luis Pimenta	01:01:04	00:55:10		156
3511	Célia Meira	01:01:05	00:55:36	Fia-te na Virgem e Não Corras!	564
3512	Cristina Pereira	01:01:06	00:59:50		565
3513	Bruno Catarino	01:01:06	00:59:49		1577
3514	Mário Leandro	01:01:09	00:58:24	Levanta Poeira	346
3515	Jorge Moreira	01:01:09	00:58:25	Levanta Poeira	347

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3516	Mariana Tavares	01:01:11	01:01:00		32
3517	Bárbara Tavares	01:01:11	01:01:00		566
3518	Maria Maltez	01:01:12	00:55:50		91
3519	Rui Catarino	01:01:13	00:56:05		115
3520	Vera Nogueira	01:01:14	01:00:18	Trio	567
3521	Catarina Simoes	01:01:14	00:55:13	CAESMA	33
3522	Estefânia Simoes	01:01:14	00:55:13	CAESMA	92
3523	Pedro André	01:01:17	00:58:36	Good Fellas	1578
3524	Cecília Cruz	01:01:17	00:57:11		12
3525	Ricardo Magalhães	01:01:18	00:58:37	Good Fellas	1579
3526	Alfredo Silva	01:01:19	00:58:01		264
3527	Sofia Miranda	01:01:24	00:59:12	Somos D IVA	568
3528	Maria Silva	01:01:24	00:58:06		98
3529	William Figueira	01:01:26	00:56:40		1580
3530	Joana Aragão	01:01:27	00:58:07		569
3531	Daniela Soousa	01:01:28	00:58:07		570
3532	Catarina Rodrigues	01:01:29	00:58:14		571
3533	Benjamim Santos	01:01:30	01:01:28		130
3534	Joao Pinheiro	01:01:32	01:01:16		116
3535	Ana Capelas	01:01:34	00:57:19		572
3536	Cristina Carneiro	01:01:38	00:59:05		573
3537	Ernesto Pinho	01:01:40	01:01:38		91
3538	Victor Alves	01:01:41	01:00:46		1581
3539	Maria Silva	01:01:42	01:00:46		574
3540	Anthony Silva	01:01:44	00:55:37		1582
3541	Ana Machado	01:01:44	00:55:33		13
3542	Claudia Silva	01:01:45	00:56:27	A-Team	575
3543	Conceição Pereira	01:01:46	00:58:23		99
3544	António Carvalho	01:01:46	00:58:43	Azul	131
3545	António Dias	01:01:47	00:58:45	Azul	157
3546	Tatiana Barroso	01:01:48	01:00:22		1583
3547	António Lourenço	01:01:50	00:58:17		1584
3548	Anna Nápoles	01:01:50	01:00:48	Patuá	34
3549	Maria Ramalho	01:01:50	00:58:17		576
3550	João Carvalho	01:01:50	01:00:47	Patuá	117
3551	Ana Teixeira	01:01:51	00:56:43		93
3552	Tânia Ferreira	01:01:53	00:58:50	Azul	577

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3553	Evaristo Correia	01:01:54	00:58:55		92
3554	Tiago Trigo	01:02:00	01:01:51	Caes Da Avenida	348
3555	Carlos Reis	01:02:00	01:00:58		158
3556	Patrícia Catarino	01:02:02	00:59:39		578
3557	Vítor Duarte	01:02:04	01:00:04	Fia-te na Virgem e Não Corras!	1585
3558	Lígia Bessa	01:02:04	01:00:05	Fia-te na Virgem e Não Corras!	579
3559	João Rilo	01:02:06	00:58:00		1586
3560	Rui Silva	01:02:09	00:57:47		349
3561	Maria Monteiro	01:02:18	01:00:13	woman power	580
3562	Paula Marques	01:02:19	00:59:13	MAJESTIC CAFE	94
3563	Paulo Marques	01:02:19	00:59:12	MAJESTIC CAFE	350
3564	Susana Goncalves	01:02:19	00:56:11		95
3565	Armindo Correia	01:02:26	01:00:36		1587
3566	Sónia Oliva	01:02:28	00:59:07		581
3567	João Mendes	01:02:28	00:58:50		1588
3568	Joaquim Sousa	01:02:31	01:01:34	Papa Léguas do Porto	132
3569	Liliana Quartas	01:02:35	00:00:00		582
3570	Ana Silva	01:02:37	00:56:38		583
3571	Alice Martins	01:02:41	00:57:31		584
3572	Maria Amorim	01:02:52	01:00:55		585
3573	João Carvalhais	01:02:53	01:00:13		265
3574	Bernardino Sousa	01:02:57	00:59:51		266
3575	Maria Pereira	01:02:58	00:58:46		100
3576	Jorge Moreira	01:03:02	01:00:21	Maia AC	267
3577	Natalia Moreira	01:03:02	01:00:20	Maia AC	101
3578	Teresa Cardoso	01:03:07	00:59:53		586
3579	Paulo Ferreira	01:03:07	00:59:53		1589
3580	Alexandre Gonçalves	01:03:15	00:59:01	Serzedo Team	118
3581	Maria Novais	01:03:20	00:59:44		587
3582	Filomena Coelho	01:03:26	01:00:43		96
3583	Inês Pereira	01:03:28	00:58:23	Maclongo	35
3584	João Pereira	01:03:29	00:58:23	Maclongo	1590
3585	Pedro Loureiro	01:03:29	00:59:08		1591
3586	Jorge Gonçalves	01:03:30	00:59:16	Serzedo Team	268
3587	Renata Alcoforado	01:03:32	00:57:00		588
3588	Ana Moreira	01:03:32	00:56:57		589
3589	José Rocha	01:03:35	00:59:48	Grupo Os Barrigas	133

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3590	José Cruz	01:03:38	01:02:45		119
3591	Nuno Leal	01:03:38	00:00:00		120
3592	Luis Barbosa	01:03:38	01:02:46		121
3593	Joel Silva	01:03:42	01:01:31		122
3594	Fernando Vieira	01:03:47	00:58:55		93
3595	Maria Silva	01:03:50	01:02:37		102
3596	Brígida Lessa	01:03:51	00:58:35		590
3597	Juliana Silva	01:03:51	00:58:34		591
3598	Bruno Meireles	01:03:54	00:59:17		1592
3599	Américo Relva	01:03:56	00:58:20		269
3600	Joana Relva	01:03:56	00:58:20		592
3601	Bernardo Almeida	01:03:59	01:01:30	Somos D IVA	1593
3602	Brunna Calazans	01:04:00	01:01:32	Somos D IVA	593
3603	Pedro Nunes	01:04:05	00:58:43		1594
3604	Vera Almeida	01:04:05	00:58:06		594
3605	Fernando Vieira	01:04:12	01:01:42		94
3606	Tânia Pinto	01:04:14	01:00:54		595
3607	Lidia Silva	01:04:21	01:02:19		103
3608	Alda Silva	01:04:21	01:02:18		104
3609	Sílvia Araújo	01:04:34	01:00:18	ARRASTASSOLAS	596
3610	Pedro Lopes	01:04:35	01:00:18	ARRASTASSOLAS	1595
3611	Isabel Oliveira	01:04:40	01:01:20		597
3612	Domingos Guedes	01:04:50	00:59:59		134
3613	Carla Pinto	01:04:54	01:01:19		598
3614	Daniela Moreira	01:05:01	00:58:35	À BEIRA DOURO 4	36
3615	Nuno Ferreira	01:05:13	00:59:49		1596
3616	Andreia Rebelo	01:05:20	01:00:41		599
3617	Ariana Santos	01:05:24	01:02:36		1597
3618	Sandra Vilaça	01:05:24	01:02:35		37
3619	Luís Machado	01:05:24	01:01:32	Clube Galp Energia - Norte	95
3620	Isabel Matos	01:05:25	00:59:36		600
3621	Nuno Nunes	01:05:38	01:03:03		1598
3622	Antonio Santos	01:05:39	01:02:59		1599
3623	Claudia Rocha	01:05:46	01:02:13		97
3624	Rita Bettencourt	01:05:47	01:05:22		601
3625	Ilidio Peres	01:05:48	01:03:22		270
3626	Maria Peres	01:05:48	01:03:22		105

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3627	Rogério Ribeiro	01:05:50	01:05:26		351
3628	Joaquim Araujo	01:05:51	01:03:07		352
3629	Hugo Saleiro	01:05:51	00:59:05		1600
3630	Dulce Santos	01:05:54	01:03:47		98
3631	Paulo Ferreira	01:05:54	01:03:48		271
3632	António Morais	01:05:55	01:02:19		123
3633	Antonio Marques	01:05:55	01:03:51		96
3634	Ana Gomes	01:06:00	00:59:37		602
3635	Ricardo Carvalho	01:06:00	00:59:39	À BEIRA DOURO 2	124
3636	Hélio Freitas	01:06:01	00:00:00	À BEIRA DOURO 2	125
3637	Pedro Rocha	01:06:03	00:59:27	Merenguita.com	353
3638	Bruno Alves	01:06:09	01:01:40		1601
3639	Luis Seco	01:06:09	01:01:41		1602
3640	Rui Pereira	01:06:10	01:01:42		354
3641	Vera Portela	01:06:12	01:02:29	Living	603
3642	Pedro Azevedo	01:06:12	01:02:22		272
3643	Fernanda Marques	01:06:13	00:59:54	À BEIRA DOURO 1	38
3644	Patrícia Oliveira	01:06:13	00:59:53	À BEIRA DOURO 2	39
3645	Laurinda Bento	01:06:13	01:03:37	Run Me - Im Famous	106
3646	Joana Marques	01:06:14	01:03:34	Run Me - Im Famous	604
3647	João Coutinho	01:06:17	00:59:57		135
3648	Bruno Soares	01:06:18	01:02:01		1603
3649	Silverio Dias	01:06:18	01:00:11	BES Porto Centro Oriental	355
3650	Sergio Carvalho	01:06:21	00:59:35	RunVale	356
3651	Barbara Silva	01:06:23	01:04:24	Fufros	605
3652	Bruno Santos	01:06:27	01:05:02		126
3653	Neusa Ferreira	01:06:29	01:01:58		606
3654	Sílvia Dias	01:06:29	01:02:43		607
3655	Ana Amaral	01:06:31	01:02:43		608
3656	Maria Silva	01:06:32	01:01:59		99
3657	José Coutinho	01:06:32	01:05:23		46
3658	Ana Coutinho	01:06:32	01:05:24		609
3659	Nuno Ferreira	01:06:33	01:01:47		127
3660	Ana Brito	01:06:48	01:00:36		40
3661	Helena Ferreira	01:06:49	01:02:32		610
3662	Alexandre Costa	01:06:49	01:03:33		128
3663	Helena Leal	01:06:50	01:00:14	Merenguita.com	100

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3664	Almerindo Afonso	01:06:51	01:00:12	clavedideias	97
3665	Manuel Brandão	01:06:55	01:04:46		273
3666	Manuela Santos	01:06:56	01:04:46		101
3667	Nuno Gonçalves	01:06:57	01:00:41		1604
3668	João Gonçalves	01:06:57	01:00:41		47
3669	Ana Almeida	01:07:00	01:00:31	Unidas pela selecção	107
3670	Maria Costa	01:07:00	01:00:30	Unidas pela selecção	611
3671	Andre Ribeiro	01:07:06	01:05:40		1605
3672	Laurinda Silva	01:07:08	00:00:00		108
3673	Inês Pereira	01:07:14	01:02:05		41
3674	Sara Alves	01:07:14	01:02:03		42
3675	Francisco Rico	01:07:17	01:03:16		1606
3676	Joaquim Leite	01:07:17	01:04:19		1607
3677	Rosa Rodrigues	01:07:21	01:06:05		102
3678	Felismina Cunha	01:07:25	01:04:06		109
3679	Cláudia Lemos	01:07:28	01:04:37	Curto Mamas Largo	612
3680	Joana Monte	01:07:28	01:04:36	Curto Mamas Largo	613
3681	Tiago Patricio	01:07:29	01:04:37	Curto Mamas Largo	1608
3682	Carla Serra	01:07:29	01:04:11		614
3683	Conceição Rodrigues	01:07:29	01:04:11		103
3684	Maria Coutinho	01:07:30	01:01:17		615
3685	Vera Costa	01:07:33	01:04:58		616
3686	Filipa Oliveira	01:07:34	01:04:56		617
3687	Pedro Rodrigues	01:07:34	01:04:56		1609
3688	Cristina Sousa	01:07:37	01:05:35	Rompe Trilhos Clube BTT	618
3689	Isabel Pinho	01:07:47	01:05:31		104
3690	Fernanda Dias	01:07:47	01:05:32		105
3691	Paula Ferreira	01:07:57	01:05:21		106
3692	Rosa Sales	01:07:58	01:05:17	R&R	619
3693	Luisa Rodrigues	01:07:58	01:03:50		110
3694	Sara Martins	01:08:00	01:06:16		620
3695	Dulce Vieira	01:08:00	01:06:17		111
3696	Tiago Cabeçadas	01:08:01	00:00:00		1610
3697	Susana Tavarela	01:08:02	01:04:11		107
3698	Claudia Frade	01:08:05	01:04:05		621
3699	Catarina Ribeiro	01:08:06	01:07:10	Perafita	14
3700	João Faria	01:08:06	01:07:09	Perafita	48

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3701	Juvenal Ribeiro	01:08:07	01:02:48		274
3702	Alfredo Silva	01:08:07	01:02:48		1611
3703	Natalia Sal	01:08:08	01:02:48		108
3704	Maria Jerónimo	01:08:10	01:06:56		112
3705	Jenny Badas	01:08:22	01:02:11		622
3706	Maria Fontes	01:08:23	01:04:42		113
3707	Mónica Pereira	01:08:23	01:04:41		623
3708	Manuel Rodrigues	01:08:24	01:04:42		1612
3709	Inês Alves	01:08:29	01:02:08		43
3710	Marta Alves	01:08:29	01:02:08		44
3711	Ines Monteiro	01:08:29	01:02:06		45
3712	Mafalda Alves	01:08:30	01:02:09		46
3713	Deolinda Moura	01:08:31	01:04:46		114
3714	Albina Carneiro	01:08:31	01:04:45		115
3715	Maria Meneses	01:08:32	00:00:00		624
3716	Paulo Santos	01:08:35	01:07:09		1613
3717	Maria Pinto	01:08:36	01:07:12		109
3718	Lurdes Nunes	01:08:37	01:03:28		116
3719	Isabel Azevedo	01:08:50	01:05:34		117
3720	José Pereira	01:08:59	01:03:56	Maclongo	159
3721	Angelina Moreira	01:09:02	01:05:47		625
3722	Jose Moreira	01:09:02	01:05:47		1614
3723	Carlos Ribeiro	01:09:11	01:07:41	Sai da frente	1615
3724	Liliana Mack	01:09:11	01:07:41	sai da frente	626
3725	Susana Gonçalves	01:09:13	01:07:16		627
3726	Catarina Silva	01:09:14	01:04:06		628
3727	Sonia Esteves	01:09:14	01:04:53		629
3728	João Teixeira	01:09:15	01:08:03		1616
3729	Manuel Ventura	01:09:15	01:02:15		160
3730	Clarisse Moreira	01:09:16	01:04:34	Energia Ginásio	118
3731	Ana Teixeira	01:09:16	01:08:03		630
3732	Vitor Moreira	01:09:16	01:04:34	Energia Ginásio	136
3733	Raquel Lima	01:09:18	01:04:39	Energia Ginásio	631
3734	José Sá	01:09:19	01:04:40	Energia Ginásio	1617
3735	Elisio Silva	01:09:20	01:02:21		357
3736	Alfredo Ceia	01:09:21	01:02:16		98
3737	José Carvalho	01:09:21	01:06:55		1618

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
3738	Vera Soares	01:09:24	01:07:28	Complexo Municipal de Ginástica da Maia	632
3739	Avelino Cunha	01:09:24	01:07:27	Complexo Municipal de Ginástica da Maia	99
3740	Maria Pereira	01:09:24	01:03:57		47
3741	Cristina Antunes	01:09:25	01:07:57	O Ti Manel	119
3742	Mª Neves	01:09:25	01:08:01		120
3743	Manueal Ferreira	01:09:32	01:09:31		633
3744	Liliana Robalo	01:09:32	01:09:31		634
3745	Inês Torres	01:09:34	01:07:34		15
3746	Cláudia Torres	01:09:35	01:07:34		635
3747	Mafalda Paiva	01:09:37	01:07:35		636
3748	Ezequiel Vasconcelos	01:09:43	01:04:29		100
3749	Daniel Vasconcelos	01:09:43	01:04:30		1619
3750	Gracinda Nogueira	01:09:43	01:06:00	particular	121
3751	Carlos Carreira	01:09:47	01:07:12		137
3752	Raquel Oliveira	01:09:47	01:04:41	Maclongo	637
3753	Amelia Carreira	01:09:47	01:07:12		122
3754	Maria Sousa	01:09:48	01:04:40		123
3755	Carlos Barbosa	01:09:48	01:04:42		358
3756	Maria Costa	01:09:49	00:00:00		124
3757	Daniel Silva	01:09:49	01:06:52		1620
3758	Marta Fernandes	01:09:49	01:06:52		638
3759	Alcino Santos	01:09:52	01:02:48		101
3760	Ana Sousa	01:09:53	01:09:25		639
3761	Ricardo Monteiro	01:09:53	01:09:26		1621
3762	Maria Santos	01:09:54	01:02:51		125
3763	Joaquim Maio	01:10:03	01:06:56		1622
3764	Michelle Maio	01:10:03	01:06:56		48
3765	Maria Borges	01:10:09	01:07:36		138
3766	Sara Caldas	01:10:10	01:07:39		16
3767	João Rego	01:10:10	01:08:02		129
3768	Jorge Rego	01:10:11	01:08:02		275
3769	Fatima Barbosa	01:10:12	01:05:05		110
3770	Elisio Cunha	01:10:13	01:08:53		161
3771	Manuel Rodrigues	01:10:13	01:08:56		276
3772	Maria Alves	01:10:14	01:05:44		111
3773	José Alves	01:10:15	01:05:46		359
3774	Ana Anjos	01:10:17	01:06:12	Papa Léguas Team	640

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3775	Diogo Costa	01:10:18	01:04:39		1623
3776	Cláudio Gomes	01:10:19	01:04:40		1624
3777	Arminda Moreira	01:10:19	01:05:59		112
3778	Maria Azevedo	01:10:21	01:06:18	Papa Léguas Team	126
3779	Cecília Monteiro	01:10:22	01:06:18		127
3780	Victor Lamego	01:10:24	01:06:20	Papa Léguas Team	162
3781	Ana Anjos	01:10:25	01:06:21	Papa Léguas Team	128
3782	Helena Araújo	01:10:28	01:06:22		641
3783	Diana Araújo	01:10:29	00:00:00		642
3784	Isabel Cabral	01:10:32	01:06:27		643
3785	Susana Ferreira	01:10:36	01:07:31		644
3786	Sara Vieira	01:10:36	00:00:00		645
3787	Patrícia Cruz	01:10:36	01:07:51		49
3788	Maria Cruz	01:10:37	01:07:52		129
3789	Micaela Santos	01:10:41	01:05:42		646
3790	Luis Neves	01:10:41	01:05:42		1625
3791	Joana Correia	01:10:43	01:06:42		647
3792	Pedro Monteiro	01:10:43	01:06:41		1626
3793	Isabel Nogueira	01:10:44	01:05:12	Tamos Convosco!	50
3794	Rodrigo Fernandes	01:10:44	01:07:56	Familia Fernandes	51
3795	Penelope Santos	01:10:45	01:09:30		113
3796	Maria Natario	01:10:45	01:09:31		130
3797	Diogo Fernandes	01:10:47	01:07:58	Familia Fernandes	130
3798	Ana Fernandes	01:10:51	01:06:31		648
3799	Pedro Cruz	01:10:51	01:06:30		1627
3800	Fernando Fernandes	01:10:55	01:08:07	Familia Fernandes	360
3801	Monica Fernandes	01:10:56	01:08:07	Familia Fernandes	114
3802	Paula Próspero	01:10:57	01:08:54		115
3803	Andreia Perpétua	01:10:57	01:07:05		649
3804	Paulo Próspero	01:10:57	01:08:55		361
3805	Elisa Martins	01:10:58	01:08:20		131
3806	Virgínia Pinto	01:10:58	01:08:18		116
3807	Nuno Vilas	01:10:59	01:09:34		1628
3808	Pedro Próspero	01:11:00	01:08:57		1629
3809	Isabel Próspero	01:11:00	01:08:57		650
3810	Pedro Rodrigues	01:11:01	01:07:46		1630
3811	António Santos	01:11:01	01:05:30	Tamos Convosco!	131

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3812	Pedro Nogueira	01:11:02	00:00:00	Tamos Convosco!	362
3813	Marcia Ribeiro	01:11:03	01:08:13		52
3814	Marisa Barros	01:11:03	01:08:13		651
3815	Tania Couto	01:11:04	01:09:52		652
3816	Maria Sampaio	01:11:04	01:09:16	os sampolhos	117
3817	João Pereira	01:11:06	01:04:12	Czech Team	1631
3818	Jitka Krejňá	01:11:06	01:04:14	Czech Team	653
3819	Rui Sousa	01:11:07	01:08:15		1632
3820	Helder Sousa	01:11:08	01:08:15		1633
3821	Gonçalo Dias	01:11:09	01:07:18	CLUBE IND 38	1634
3822	Barbora Dukátová	01:11:09	01:04:16	Czech Team	654
3823	Duarte Fontes	01:11:09	01:07:17		132
3824	Paula Pinho	01:11:10	01:07:04		655
3825	Paula Castro	01:11:10	01:09:13		656
3826	Ines Sousa	01:11:10	01:04:22		657
3827	Rute Monteiro	01:11:10	01:04:20		658
3828	Ana Silva	01:11:11	01:08:20		17
3829	Joana Pereira	01:11:12	01:02:14		659
3830	Patrícia Correia	01:11:12	01:08:21		18
3831	Maria Lapa	01:11:12	01:06:28		660
3832	Fernando Simão	01:11:13	01:02:15		1635
3833	Luis Pinheiro	01:11:25	01:07:05		1636
3834	Inês Teixeira	01:11:26	01:07:06		661
3835	Ana Cardoso	01:11:27	01:08:21		662
3836	Lorena Cardoso	01:11:28	01:08:21		132
3837	Maria Silva	01:11:33	01:04:35		133
3838	Pedro Silvaes	01:11:33	01:06:57		49
3839	Laurentino Silvaes	01:11:34	01:06:59		139
3840	Mário Silva	01:11:36	01:08:46		277
3841	Luísa Lourenço	01:11:41	01:09:42	Lourenço Silva	118
3842	Vítor Santos	01:11:42	00:00:00		1637
3843	Joana Fraguito	01:11:43	01:10:18		663
3844	Paulo Lima	01:11:46	01:06:49		1638
3845	João Silva	01:11:46	01:07:47		1639
3846	José Rodrigues	01:11:47	01:10:16	O Ti Manel	1640
3847	Ângela Saraiva	01:11:47	01:10:18	O Ti Manel	664
3848	Cristina Freitas	01:11:47	01:10:19	O Ti Manel	665

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3849	Maria Moutinho	01:12:03	01:09:41		134
3850	Gloria Fernandes	01:12:04	01:09:09	RED BLUE	666
3851	José Cruz	01:12:04	01:09:08	RED BLUE	1641
3852	Diana Cruz	01:12:05	01:09:10	RED BLUE	667
3853	Clara Almeida	01:12:06	01:09:46		135
3854	Paulo Camelo	01:12:06	01:09:12		1642
3855	Ana Alves	01:12:07	01:08:16		668
3856	Marc Martins	01:12:10	01:08:11		1643
3857	Armanda Seabra	01:12:11	01:09:48		669
3858	Paula Lima	01:12:18	01:09:35		670
3859	Ana Magalhaes	01:12:26	01:07:13	Tres Gerações	671
3860	Ema Santos	01:12:31	01:07:02	La Família	53
3861	Alfredo Maia	01:12:32	01:08:06	RUBRAS	102
3862	Mariana Oliveira	01:12:34	01:08:27		54
3863	Sergio Oliveira	01:12:34	01:08:27		363
3864	Ana Vasconcelos	01:12:35	01:07:24		672
3865	Catarina Oliveira	01:12:36	01:10:20		673
3866	Maria Vasconcelos	01:12:36	01:07:24		136
3867	Ana Dias	01:12:36	01:10:20		674
3868	Sandra Silva	01:12:36	01:10:20		675
3869	Paula Magalhaes	01:12:37	01:07:25	Tres Gerações	119
3870	Liz Andrade	01:12:38	01:07:52		676
3871	Lucia Portela	01:12:45	01:07:32	Tres Gerações	137
3872	Rita Almeida	01:12:48	01:08:21		677
3873	Ana Elias	01:12:48	01:08:22		678
3874	Paulo Silva	01:12:48	01:10:31	DRAGÕES	364
3875	Lucia Machado	01:12:49	01:10:32	DRAGÕES	138
3876	Luisa Sampaio	01:12:50	01:08:24		139
3877	Manuela Delgado	01:12:51	01:08:24		140
3878	Cátia Pinheiro	01:12:52	01:07:47	Optivisão	55
3879	Joana Pinheiro	01:12:53	01:07:47	Optivisão	56
3880	Lúcia Teixeira	01:12:54	01:08:39	Living	679
3881	Ana Ribeiro	01:12:54	01:09:37		141
3882	Isabel Costa	01:12:55	01:08:42	Living	142
3883	Susana Ribeiro	01:12:55	01:08:42	Living	680
3884	Amâncio Pinheiro	01:12:55	01:07:48	Optivisão	365
3885	Rui Pinto	01:12:57	01:08:45		1644

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3886	Albano Couto	01:12:58	01:11:46		140
3887	Sonia Andrade	01:12:59	01:10:21	Run Me - Im Famous	681
3888	Carla Pereira	01:13:00	01:10:09		682
3889	Maria Cunha	01:13:00	01:11:40		143
3890	Maria Ribeiro	01:13:00	01:07:14		683
3891	Helder Santos	01:13:00	01:10:09		1645
3892	Rosa Esperança	01:13:00	01:10:22	Run Me - Im Famous	120
3893	Maria Ribeiro	01:13:01	01:07:15		144
3894	Antonio Silva~	01:13:01	01:09:14		366
3895	Paula Carvalho	01:13:01	01:09:19		684
3896	Aida Rodrigues	01:13:02	01:09:22		145
3897	Fábio Carvalho	01:13:05	01:07:48		1646
3898	Liliana Pereira	01:13:05	01:07:48		685
3899	Avelino Coelho	01:13:06	01:09:46		1647
3900	Maria Nobrega	01:13:06	01:09:47		146
3901	Lydie Adem	01:13:08	01:09:01		686
3902	Viviane Cruz	01:13:08	01:09:02		687
3903	Nelson Neves	01:13:10	01:10:54		1648
3904	Sandra Conceição	01:13:10	01:09:27	Nuno Costa	688
3905	Paulo Faria	01:13:10	01:10:55		1649
3906	Bárbara Ferreira	01:13:12	01:06:20		19
3907	Marco Ferreira	01:13:13	01:08:58	Living	1650
3908	Paula Macedo	01:13:15	01:07:59		147
3909	Sandra Costa	01:13:20	01:08:44		121
3910	Catarina Monteiro	01:13:23	01:10:11		57
3911	Patricia Monteiro	01:13:24	01:10:12		689
3912	João Rego	01:13:25	01:09:03		367
3913	Ana Silva	01:13:25	01:07:43		58
3914	Paulo Silva	01:13:30	01:07:47		278
3915	Ana Costa	01:13:30	01:07:47		148
3916	Ernestina Costa	01:13:32	01:11:41		149
3917	Maria Rocha	01:13:33	01:12:34		150
3918	Fernando Costa	01:13:39	01:11:47		103
3919	Alexandra Rosa	01:13:42	01:08:33		59
3920	Eduardo Gomes	01:13:42	01:08:34		133
3921	Rosario Pereira	01:13:42	01:09:47		151
3922	Rebeca Rodrigues	01:13:42	01:09:19	CLUBE IND 38	690

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3923	António Gomes	01:13:42	01:08:34		1651
3924	Maria Couto	01:13:45	01:12:34		152
3925	Lara Dias	01:13:46	01:08:02	EDF 11.2	60
3926	Manuela Falcão	01:13:46	01:12:35		153
3927	Ângela Martins	01:13:46	01:08:03	EDF 11.2	61
3928	Mara Mateus	01:13:46	01:08:03	EDF 11.2	62
3929	Beatriz Graça	01:13:47	01:08:03	EDF 11.2	63
3930	Sara Puga	01:13:48	01:08:04	EDF 11.2	64
3931	Rita Puga	01:13:48	01:08:05	EDF 11.2	65
3932	Ricardo Costa	01:13:54	01:08:39		134
3933	Antero Monteiro	01:13:54	01:10:41		279
3934	Ana Costa	01:13:58	01:08:44		122
3935	Sónia Azevedo	01:13:58	01:08:45		691
3936	Fátima Quelhas	01:14:00	01:09:28		123
3937	Ana Teixeira	01:14:02	01:09:42		692
3938	Marta Lima	01:14:02	01:09:43		693
3939	Ana Silva	01:14:02	01:09:43		694
3940	Rui Pereira	01:14:06	01:12:25	Biba a Seleção	1652
3941	José Neto	01:14:06	01:12:25		135
3942	Pedro Rocha	01:14:07	01:09:58		1653
3943	Patricia Campos	01:14:09	01:11:09	Familia Moreira	124
3944	Rosa Sousa	01:14:10	01:07:32		695
3945	Ricardo Rodrigues	01:14:11	01:11:48		136
3946	Mara Gonçalves	01:14:11	01:07:12		696
3947	Sandra Abreu	01:14:11	01:07:11		697
3948	Fernanda Ramos	01:14:13	01:08:43		154
3949	Zulmira Ferreira	01:14:13	01:11:40	Amorim	155
3950	Ana Oliveira	01:14:13	01:08:42		156
3951	Fernanda Dias	01:14:14	01:09:06		698
3952	Ana Perdigão	01:14:14	01:09:19		699
3953	Ricardo Festa	01:14:14	01:10:57		1654
3954	Lucinda Cruz	01:14:17	01:09:03		157
3955	Bárbara Amaral	01:14:18	01:07:48		700
3956	Isabel Braz	01:14:18	01:10:36		125
3957	Patricia Pinheiro	01:14:18	01:09:26	Move one	701
3958	Estela Campos	01:14:18	00:00:00	Move one	702
3959	Tania Almeida	01:14:20	01:11:48		703

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3960	Ernestina Gomes	01:14:21	01:12:14		158
3961	Maria Oliveira	01:14:21	01:12:13		126
3962	Bruna Cardoso	01:14:22	01:11:25		66
3963	Ana Silva	01:14:23	01:11:25		704
3964	Mara Freitas	01:14:23	01:11:26		705
3965	Manuela Gonçalves	01:14:23	01:12:14		159
3966	Margarida Pereira	01:14:26	01:11:36		706
3967	Sónia Fernandes	01:14:26	01:11:36		707
3968	Filipa Teixeira	01:14:27	01:08:59	La Família	67
3969	Teresa Silva	01:14:27	01:09:52		160
3970	Avelino Henriques	01:14:31	01:12:03		280
3971	Carlos Teixeira	01:14:31	01:12:03		163
3972	Catarina Nunes	01:14:32	01:12:05		708
3973	Claudia Freitas	01:14:32	01:09:48	França	709
3974	Nuno França	01:14:32	01:09:46	França	1655
3975	Ana Pereira	01:14:33	01:09:48	França	68
3976	Ana Pinheiro	01:14:37	01:13:14		69
3977	Helena Dinis	01:14:38	01:09:15		710
3978	Paulo Dinis	01:14:38	01:09:15		1656
3979	Serafim Cardoso	01:14:39	01:10:45		104
3980	Ana Jesus	01:14:39	01:10:41		70
3981	César Gomes	01:14:41	01:13:44	Trio	1657
3982	Andreia Costa	01:14:44	01:11:10		71
3983	Ana Costa	01:14:44	01:11:08		711
3984	Francisco Malheiros	01:14:49	01:12:56		368
3985	Elsa Cardoso	01:14:51	01:10:53		127
3986	Helena Dias	01:14:51	01:08:50	CAESMA	161
3987	Arminda Rodrigues	01:14:54	01:12:30		128
3988	Manuel Rodrigues	01:14:54	01:12:31		1658
3989	Tiago Ferreira	01:14:55	01:13:32	Coprax	1659
3990	Pedro Necho	01:14:55	01:13:31	Coprax	1660
3991	Carmen Gomes	01:14:55	01:13:31	Coprax	712
3992	Daniela Cerqueira	01:14:56	01:12:48		713
3993	Manuel Monteiro	01:14:59	01:12:15		281
3994	Maria Afonso	01:14:59	01:12:16		129
3995	Andreia Magalhães	01:15:00	01:12:59		714
3996	Alice Freitas	01:15:01	01:12:02		162

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
3997	Armanda Duarte	01:15:02	00:00:00		163
3998	Fernando Cunha	01:15:04	01:13:08		282
3999	Alexandra Marques	01:15:04	01:13:08		164
4000	Luisa Vilela	01:15:07	01:10:25	CLUBE GBES-DELEGAÇÃO NORTE	165
4001	Joao Almeida	01:15:07	01:09:52		137
4002	Ana Veiga	01:15:07	01:10:20		166
4003	José Vilela	01:15:09	01:10:27	CLUBE GBES-DELEGAÇÃO NORTE	141
4004	Joana Oliveira	01:15:09	01:11:58	Fantastic Five	715
4005	Carla Pereira	01:15:10	01:10:52	BATE NO FUNDO	130
4006	Dalila Pinto	01:15:11	01:12:27		716
4007	Fabio Almeida	01:15:12	01:09:57		1661
4008	Luisa Plasencia	01:15:13	01:13:26		717
4009	Maria Silva	01:15:13	01:11:33		718
4010	Alexandra Pereira	01:15:15	01:14:28	OnePiece	719
4011	Irene Silva	01:15:16	01:11:03	Living	167
4012	Ana Neves	01:15:16	01:11:03	Living	168
4013	Pedro Figueira	01:15:17	01:10:01		105
4014	Rui Pereira	01:15:17	01:10:01		1662
4015	Isabel Cortez	01:15:18	01:13:13		169
4016	Ines Cortez	01:15:19	01:13:14		131
4017	Francisco Ferreira	01:15:25	01:12:47	Leça com a Selecção	164
4018	Fernando Pedrosa	01:15:26	01:11:30	CLUBE GBES-DELEGAÇÃO NORTE	106
4019	Ana Pedrosa	01:15:26	01:11:31	CLUBE GBES-DELEGAÇÃO NORTE	20
4020	Maria Pedrosa	01:15:27	01:11:32	CLUBE GBES-DELEGAÇÃO NORTE	170
4021	Manuel Oliveira	01:15:29	01:11:31		165
4022	Inês Tavares	01:15:29	01:11:15	Os Ases de Gondomar	72
4023	Rui Rodrigues	01:15:30	01:11:00		138
4024	Vitor Madureira	01:15:30	01:12:02		1663
4025	Rita Carvalho	01:15:31	01:12:03		720
4026	Rosa Frada	01:15:32	01:11:46		171
4027	José Frada	01:15:32	01:11:46		142
4028	Palmira Costa	01:15:33	00:00:00		721
4029	Ana Valente	01:15:34	01:10:12		172
4030	Filipa Pires	01:15:35	01:13:34		722
4031	Manuela Morais	01:15:36	01:11:06		132
4032	Elza Osorio	01:15:39	01:11:51		173
4033	Dina Silva	01:15:40	01:11:51		174

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4034	Kayla Silva	01:15:44	01:11:23		73
4035	Marcelina Silva	01:15:45	01:12:10		175
4036	Rui Antunes	01:15:48	01:11:36		166
4037	Maria Antunes	01:15:49	01:11:38		133
4038	Angela Murta	01:15:50	01:12:15		723
4039	Marisa Portela	01:15:50	01:12:17		724
4040	Mónica Amorim	01:15:50	01:11:14		725
4041	Manuel Andrade	01:15:51	01:12:32		107
4042	Fátima Silva	01:15:51	01:11:29		134
4043	Elizabeth Neto	01:15:54	01:14:13		726
4044	Maria Ribeiro	01:15:55	01:13:42		176
4045	João Fontes	01:16:05	01:11:50		1664
4046	Cidália Fonseca	01:16:05	01:11:50		177
4047	Sofia Cunha	01:16:08	01:11:31		727
4048	Luís Santos	01:16:10	01:09:28	Os Gornitis	1665
4049	Ana Pinto	01:16:13	01:10:11	As maiores	728
4050	Bruna Sá	01:16:16	01:10:15	As maiores	729
4051	Patricia Barroso	01:16:17	01:10:16	As maiores	730
4052	Elisa Domingues	01:16:18	01:13:30	h3 Porto	178
4053	Diana Cancela	01:16:18	01:10:39		731
4054	Cipriano Abrunhosa	01:16:18	01:13:30	h3 Porto	143
4055	Tiago Teixeira	01:16:19	01:10:39		1666
4056	Joana Carneiro	01:16:25	01:09:22	ADWc Porto	732
4057	Jose Marques	01:16:25	01:09:22	BES Porto Centro Oriental	1667
4058	Alexandre Maia	01:16:26	01:04:12		369
4059	Joana Morgado	01:16:26	01:04:12		733
4060	Tânia Braga	01:16:27	01:13:06		734
4061	Eduardo Pires	01:16:27	01:13:05		108
4062	Filomena Castro	01:16:33	01:12:23	Iperforma Runners	179
4063	Armando Sousa	01:16:34	01:12:23	Iperforma Runners	167
4064	Celeste Oliveira	01:16:35	01:12:07		735
4065	Sandra Costa	01:16:35	01:12:08		736
4066	Sónia Barreto	01:16:36	01:12:01		737
4067	José Faria	01:16:37	01:15:41	Perafita	168
4068	Susana Saavreda	01:16:39	01:10:45		135
4069	Fernando Seguro	01:16:40	01:10:47		1668
4070	Elisabete Braga	01:16:40	01:10:46		738

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4071	Susana Pereira	01:16:42	01:12:26		739
4072	Fernando Pereira	01:16:43	01:12:25		109
4073	Luis Reis	01:16:49	01:14:16		50
4074	Vasco Dias	01:16:51	01:12:27	Coprax	139
4075	Ulisses Goncalves	01:16:52	01:09:39		370
4076	Jose Maia	01:16:52	01:12:25	RUBRAS	169
4077	Valdemar Silva	01:16:52	01:12:24	RUBRAS	110
4078	Maria Loureiro	01:16:53	01:12:33		740
4079	Cinira Loureiro	01:16:54	01:12:34		180
4080	Susana Gonçalves	01:16:56	01:14:10		741
4081	Otília Silvapereira	01:16:56	01:14:09		742
4082	Carlos Costa	01:16:59	01:09:44		371
4083	Jose Sobrado	01:16:59	01:16:41		170
4084	Domingos Martins	01:16:59	01:13:07		283
4085	Carla Martins	01:16:59	01:13:02		136
4086	Filipe Travassos	01:17:00	01:11:31		1669
4087	Jorge Rocha	01:17:01	01:13:09		284
4088	Beatriz Rocha	01:17:02	01:13:10		74
4089	José Oliveira	01:17:03	01:10:23		144
4090	Adelia Soares	01:17:06	01:14:25		137
4091	Hugo Brandão	01:17:07	01:14:19	GERESLUX	51
4092	Marco Saraiva	01:17:07	01:14:18	GERESLUX	52
4093	Maria Moreira	01:17:08	01:12:57		181
4094	Ana Costa	01:17:09	01:10:34		75
4095	Ana Freitas	01:17:11	01:10:38		76
4096	Ana Costa	01:17:13	01:10:38		743
4097	Sara Santos	01:17:13	01:10:39		744
4098	Lucia Ribeiro	01:17:14	01:12:43		745
4099	Generosa Laranja	01:17:17	01:14:04		182
4100	Maria Guimarães	01:17:18	00:00:00		183
4101	Laurentina Vieira	01:17:18	01:14:05		184
4102	Idilberto Vieira	01:17:18	01:14:05		111
4103	Rosa Morais	01:17:19	01:12:49		746
4104	Margarida Mendes	01:17:19	01:12:49		747
4105	Tania Teixeira	01:17:19	01:12:51		21
4106	Claudia Ribeiro	01:17:22	01:14:22		22
4107	José Torres	01:17:22	00:00:00		53

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4108	Catarina Silva	01:17:22	01:14:24		23
4109	Daniela Dias	01:17:23	01:14:24		24
4110	Fátima Santos	01:17:24	01:14:39		138
4111	Graça Martins	01:17:25	01:12:53		139
4112	Diogo Lima	01:17:27	01:12:55		140
4113	Nicole Neto	01:17:31	01:12:20		748
4114	José Teixeira	01:17:31	01:12:17		372
4115	Francisca Teixeira	01:17:31	01:12:17		77
4116	Ana Ribeiro	01:17:33	01:14:16		78
4117	Jesuina Moura	01:17:33	01:14:17		185
4118	Manuel Salgueiro	01:17:37	01:12:38	SAWASDEE TEAM	112
4119	Sílvia Ferreira	01:17:38	01:13:47		749
4120	Antonio Coutinho	01:17:39	01:16:28		285
4121	Joana Reis	01:17:39	01:16:28		25
4122	M Salgueiro	01:17:39	01:12:41	SAWASDEE TEAM	186
4123	Carla Martins	01:17:40	01:12:41	SAWASDEE TEAM	750
4124	Filipe Martins	01:17:40	01:12:40	SAWASDEE TEAM	1670
4125	Beatriz Ribeiro	01:17:40	01:11:54		79
4126	Maria Ribeiro	01:17:41	01:11:54		187
4127	Matilde Nogueira	01:17:47	01:12:14	Tamos Convosco!	80
4128	Isabel Nogueira	01:17:47	01:12:14	Tamos Convosco!	140
4129	Diana Ballester	01:17:48	01:13:50	Era uma vez a meta!	751
4130	Daniela Maciel	01:17:48	01:13:49	Era uma vez a meta!	752
4131	Cesar M	01:17:49	01:13:49	Era uma vez a meta!	1671
4132	Cristina Vieira	01:17:49	01:12:18		141
4133	Teresa Santos	01:17:53	01:12:29	Destemidas	753
4134	Conceição Santos	01:17:53	01:12:29	Destemidas	754
4135	Fernanda Santos	01:17:53	01:12:31	Destemidas	755
4136	Estela Torres	01:17:53	01:12:31		756
4137	Fernanda Vieira	01:17:53	01:12:31		757
4138	Catarina Lima	01:17:53	01:12:30		758
4139	Kevin Rodrigues	01:17:54	01:16:00		54
4140	Ivânia Silva	01:17:54	01:16:00		759
4141	Lurdes Lima	01:17:55	01:14:35		188
4142	Emília Teixeira	01:17:56	00:00:00		189
4143	Nelson Ferreira	01:17:57	00:00:00		1672
4144	Maria Pinheiro	01:17:58	00:00:00		190

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4145	Ivone Andrade	01:17:59	01:15:20		191
4146	Sara Magalhães	01:17:59	00:00:00		26
4147	Maria Silva	01:18:02	01:14:59		192
4148	Rita Costa	01:18:06	01:12:25		760
4149	Sónia Saldanha	01:18:07	01:12:26		761
4150	Cristiana Ascensão	01:18:08	01:12:50		762
4151	Carla Sousa	01:18:08	01:12:50		763
4152	Marília Paiva	01:18:10	01:12:43		193
4153	Juliana Abreu	01:18:13	01:13:50	Topo-Gigio	81
4154	Sofia Gonçalves	01:18:13	01:13:51	Topo-Gigio	82
4155	Olinda Cunha	01:18:14	01:13:18		764
4156	Beatriz Ferreira	01:18:15	01:13:18		83
4157	Paula Dias	01:18:17	01:12:19	Portelix	142
4158	Rui Portela	01:18:17	01:12:18	Portelix	373
4159	Pedro Dias	01:18:25	01:15:24		141
4160	Maria Dias	01:18:25	01:15:25		194
4161	Licínio Nadais	01:18:26	01:17:36		286
4162	Mariana Pereira	01:18:29	01:15:28		84
4163	Maria Moreira	01:18:31	01:17:43		143
4164	Manuela Oliveira	01:18:36	01:13:08		195
4165	Paulo Rocha	01:18:37	01:15:18		171
4166	João Rocha	01:18:38	01:15:19		142
4167	Marco Oliveira	01:18:39	01:12:56		374
4168	Paula Rangel	01:18:39	01:12:56		196
4169	Joana R.	01:18:39	01:13:51		85
4170	Lucília Fonseca	01:18:41	00:00:00		197
4171	Lucia Marinho	01:18:43	00:00:00	clavedideias	198
4172	Francisca Costa	01:18:47	01:12:40		199
4173	Mónica Roque	01:18:51	01:14:06		765
4174	Ana Ferreira	01:18:52	01:14:06		766
4175	Antonio Pires	01:18:52	01:14:06		375
4176	Susana Andrade	01:18:59	01:13:25		767
4177	Ana Almeida	01:19:00	01:13:26		768
4178	Teresa Víctor	01:19:01	01:16:42		769
4179	Paula Víctor	01:19:01	01:16:43		144
4180	Rafaela Lopes	01:19:01	01:12:34		86
4181	Maria Silva	01:19:01	01:13:41		145

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4182	Susana Lopes	01:19:01	01:13:41		770
4183	Luisa Gonçalves	01:19:02	01:12:33		87
4184	Catarina Santos	01:19:02	01:13:54		88
4185	Paulo Ferreira	01:19:03	01:15:14	Café Ponto Final Conf Paulo Nogueira	1673
4186	Deolinda Martins	01:19:05	01:12:06		771
4187	Tiago Lopes	01:19:05	01:12:04		1674
4188	Saúl Coelho	01:19:07	01:12:10		1675
4189	Bernardo Pereira	01:19:07	01:17:10		143
4190	João Silva	01:19:12	01:12:42		1676
4191	Carla Costa	01:19:13	01:12:43		772
4192	Cátia Pereira	01:19:13	01:17:54		773
4193	Carla Oliveira	01:19:16	01:17:37	Fodaxxe k xusto	774
4194	Diogo Rafael	01:19:16	00:00:00	SOMOS SELECÇÃO	144
4195	Arminda Vita	01:19:16	01:17:45	SOMOS SELECÇÃO	200
4196	Liliana Rodrigues	01:19:16	01:17:37	Fodaxxe k xusto	27
4197	António Vieira	01:19:20	01:17:49	SOMOS SELECÇÃO	113
4198	Ivete Esteves	01:19:22	00:00:00	InDat	775
4199	Marlene Tavares	01:19:23	00:00:00	InDat	776
4200	Sonia Couto	01:19:23	01:16:26		777
4201	Sandra Loureiro	01:19:23	01:16:26		778
4202	Rui Nogueira	01:19:25	01:14:26	Nogueira	145
4203	Miguel Rodrigues	01:19:27	01:14:29	Nogueira	146
4204	Jacinta Marques	01:19:27	00:00:00		201
4205	Zulmira Dias	01:19:27	01:14:50		779
4206	Ricardo Silva	01:19:27	01:14:47		147
4207	Andreia Filipa	01:19:28	01:13:48		89
4208	Ana Marques	01:19:28	01:17:09		90
4209	Maria Silva	01:19:28	01:17:08		780
4210	Mário Folha	01:19:28	01:17:08		1677
4211	Alexandra Machado	01:19:29	01:13:48		28
4212	Manuel Marques	01:19:29	01:17:10		287
4213	José Carvalho	01:19:29	01:16:33	Os Lutadores	376
4214	António Teixeira	01:19:29	01:16:32	Os Lutadores	377
4215	Juliana Vieira	01:19:29	01:17:49	Fodaxxe k xusto	781
4216	Pedro Ribeiro	01:19:30	01:14:30		1678
4217	Carlos Matias	01:19:31	01:15:31		378
4218	Milene Pinto	01:19:37	01:19:01		782

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4219	Marinha Baptista	01:19:37	01:19:01		202
4220	Adelino Pereira	01:19:39	01:17:18		114
4221	Belmira Pereira	01:19:39	01:17:19		203
4222	Cristina Santos	01:19:41	01:15:55	terrores asfalto	146
4223	Conceição Santos	01:19:42	01:15:54	terrores asfalto	783
4224	Idalina Sousa	01:19:42	01:16:45	Os Lutadores	784
4225	Carla Santos	01:19:42	01:16:46	Os Lutadores	785
4226	Helena Relva	01:19:45	01:18:31		204
4227	Monica Costa	01:19:45	01:13:16		786
4228	Ana Dias	01:19:47	01:14:29		205
4229	António Peneda	01:19:47	01:14:29		172
4230	Manuela Lopes	01:19:48	01:18:34		787
4231	Mário Rodrigues	01:19:48	01:15:27		1679
4232	Eva Azeredo	01:19:49	01:15:29		788
4233	Benedito Vale	01:19:49	01:17:01		115
4234	M Vale	01:19:50	01:17:02		206
4235	Marina Silva	01:19:50	01:16:41	woman power	789
4236	Elisabete Bastos	01:19:50	01:16:40	woman power	207
4237	Angelina Oliveira	01:19:50	01:18:49		208
4238	Inês Rocha	01:19:50	01:16:39	woman power	790
4239	Isabel Oliveira	01:19:50	01:18:49		791
4240	Paulo Vieira	01:19:51	01:18:49		379
4241	Marco Cunha	01:19:51	01:12:55		1680
4242	Pedro Neves	01:19:51	01:12:55		1681
4243	Catarina Saraiva	01:19:51	01:12:56		792
4244	Rosa Monteiro	01:19:51	01:16:43		209
4245	Luisa Costa	01:19:53	01:13:24		210
4246	Conceição Dias	01:19:55	01:15:18		147
4247	Joaquim Silva	01:19:55	01:15:19		288
4248	Patrícia Silva	01:19:56	01:15:18		793
4249	Pedro Santos	01:20:03	00:00:00		1682
4250	Helda Machado	01:20:04	01:14:57		794
4251	Albina Dias	01:20:06	01:14:34	CLUBE IND 38	795
4252	Luarinda Machado	01:20:06	01:16:16	Clube de Corridas Corre Tu	211
4253	Luana Costa	01:20:06	01:16:17	Clube de Corridas Corre Tu	91
4254	Cristiano Santos	01:20:07	01:14:55		1683
4255	Nídia Moreira	01:20:07	01:14:30		796

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4256	Susana Sá	01:20:07	01:14:31		797
4257	Antonio Costa	01:20:07	01:16:17	Clube de Corridas Corre Tu	1684
4258	Cristina Sá	01:20:07	00:00:00		798
4259	Vera Pinheiro	01:20:08	01:14:56		799
4260	Sérgio Almeida	01:20:09	01:14:56	M.A.M. Móveis	116
4261	Sergio Almeida	01:20:09	01:14:54		173
4262	Pedro Tavares	01:20:09	01:13:14		55
4263	Mario Aires	01:20:09	01:14:57		117
4264	Sofia Dias	01:20:09	01:13:11		92
4265	Georgina Lopes	01:20:10	01:13:16		800
4266	Ana Teixeira	01:20:11	00:00:00		801
4267	Sónia Rodrigues	01:20:11	00:00:00		802
4268	Paulo Santos	01:20:11	01:15:02		1685
4269	Mariana Silva	01:20:12	00:00:00		212
4270	Sandra Leite	01:20:14	01:17:15	Familia Moreira	803
4271	Maria Ribeiro	01:20:16	01:18:20		213
4272	Cristinça Pereira	01:20:16	01:18:18		804
4273	Ricardo Reis	01:20:17	01:18:33	Fodaxxe k xusto	1686
4274	Rui Oliveira	01:20:18	01:18:34	Fodaxxe k xusto	1687
4275	Filipa Moreira	01:20:19	01:14:50		805
4276	Manuel Marques	01:20:19	00:00:00		289
4277	Sandra Fernandes	01:20:20	01:14:52	CLUBE GBES-DELEGAÇÃO NORTE	806
4278	Gracinda Morence	01:20:20	01:18:51		214
4279	Maria Pinto	01:20:21	01:18:50		215
4280	Nelson Ribeiro	01:20:23	01:18:43	Dream team	1688
4281	Sofia Otto	01:20:24	01:14:42		807
4282	Manuel Magalhães	01:20:24	01:14:41		1689
4283	Alexandra Cardoso	01:20:30	01:14:45		93
4284	Carla Cardoso	01:20:31	01:14:46		808
4285	Cátia Silva	01:20:34	01:18:52	Fodaxxe k xusto	809
4286	Fabiana Silva	01:20:35	01:18:52	Fodaxxe k xusto	810
4287	Cidália Pacheco	01:20:38	01:15:59		216
4288	Maria Pinto	01:20:38	01:15:59		217
4289	Carla Leite	01:20:38	01:16:00		811
4290	Maria Ribeiro	01:20:39	01:15:59		218
4291	Daniel Paiva	01:20:42	01:14:11	À BEIRA DOURO 1	148
4292	Gonçalo Rodrigues	01:20:43	01:17:02		149

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4293	Vasco Pinheiro	01:20:43	01:14:13	À BEIRA DOURO 1	150
4294	Paula Sousa	01:20:43	01:14:33	Nunes	219
4295	Rute Loureiro	01:20:45	01:14:44	As maiores	812
4296	Tiago Nunes	01:20:46	01:14:35	Nunes	151
4297	Paulo Rodrigues	01:20:46	01:17:04		1690
4298	Carla Sousa	01:20:46	01:14:44	As maiores	813
4299	Mauro Monteiro	01:20:49	01:17:08		1691
4300	João Cruz	01:20:52	01:16:51	Os Pernetas	174
4301	Manuel Cruz	01:20:53	01:16:53	Os Pernetas	1692
4302	Angelina Cruz	01:20:54	01:16:54	Os Pernetas	220
4303	Rui Silva	01:20:56	01:16:48		175
4304	Fernanda Silva	01:20:58	01:16:50		221
4305	Nuno Moreira	01:20:58	00:00:00	Moreira	152
4306	Fernando Moreira	01:20:58	01:17:30	Moreira	380
4307	Raquel Godinho	01:20:59	01:15:46		814
4308	Cândida Oliveira	01:20:59	01:15:45		815
4309	Carla Silva	01:20:59	01:14:17		816
4310	Eduardo Silva	01:20:59	01:18:42		1693
4311	Maria Rodrigues	01:20:59	01:14:17		817
4312	Manuel Amaral	01:21:00	01:18:43		1694
4313	Afonso Carvalho	01:21:00	01:13:55	MELO	153
4314	Liliana Silva	01:21:01	01:14:19		818
4315	Maria Carvalho	01:21:01	01:13:55	MELO	94
4316	Manuel Carvalho	01:21:01	01:13:55	MELO	154
4317	Filipa Neves	01:21:02	01:16:00		95
4318	Maria Moreira	01:21:02	01:15:58		819
4319	Lidia Oliveira	01:21:02	01:18:46		820
4320	Humberto Silva	01:21:03	01:15:59		145
4321	Beatriz Neves	01:21:06	01:16:04		222
4322	Luisa Branco	01:21:07	01:16:37		148
4323	Maria Silva	01:21:07	01:16:02		223
4324	Sérgio Pinto	01:21:08	01:16:38		381
4325	João Gomes	01:21:09	01:16:50		1695
4326	Carla Teixeira	01:21:09	01:17:28		821
4327	Joao Machado	01:21:10	01:16:07		118
4328	Monica Esteves	01:21:11	01:15:55		822
4329	Mariana Santos	01:21:12	01:18:05		96

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4330	Miguel Freitas	01:21:12	01:15:54		1696
4331	Fernanda Santos	01:21:13	01:18:07		149
4332	Carla Mateus	01:21:14	01:16:19	sempre a frente	823
4333	Lucinda Moreira	01:21:16	01:16:13		224
4334	Luis Santos	01:21:17	01:15:59	EBPORTUGA	155
4335	Maria Marinho	01:21:17	01:16:58		225
4336	Alice Santos	01:21:17	01:16:45		226
4337	Maria Santos	01:21:17	00:00:00		227
4338	Fatima Gomes	01:21:18	01:19:09		228
4339	Monica Gonçalves	01:21:18	01:19:08		824
4340	Maria Neves	01:21:19	01:16:37		150
4341	Amélia Neves	01:21:19	01:16:37		825
4342	Maria Santos	01:21:20	01:18:10	woman power	229
4343	Marcia Cardoso	01:21:20	01:16:27	sempre a frente	826
4344	Maria Teixeira	01:21:21	01:14:50		827
4345	Margarida Goncalves	01:21:22	01:16:11		151
4346	Marco Duarte	01:21:22	01:16:08		1697
4347	Adelaide Miranda	01:21:24	01:16:52		230
4348	Rui Cardoso	01:21:24	01:16:54		290
4349	Ana Teixeira	01:21:24	01:14:53		97
4350	Hugo Rodrigues	01:21:26	01:17:03	RUBRAS	119
4351	Alberto Moura	01:21:27	01:17:02	RUBRAS	120
4352	Marlene Salgado	01:21:31	01:15:01		828
4353	Joana Borges	01:21:32	01:15:55		829
4354	Rosa Silva	01:21:33	01:18:26		231
4355	Emilia Gonçalves	01:21:36	01:18:30		232
4356	Helena Monteiro	01:21:37	01:19:04	bombeiras	830
4357	Andreia Romero	01:21:37	01:19:04	brigada dos reumáticos	831
4358	Pedro Ribeiro	01:21:37	00:00:00	brigada dos reumáticos	1698
4359	Ângela Santos	01:21:37	01:18:31		98
4360	Susana Grulha	01:21:38	01:16:43	sempre a frente	832
4361	Rui Santos	01:21:38	01:16:41	sempre a frente	1699
4362	Susana Pinto	01:21:39	01:16:45	sempre a frente	833
4363	Fernanda Moura	01:21:39	01:18:31		834
4364	José Gonçalves	01:21:39	01:16:29	Equipa Gonçalves	176
4365	Amadeu Santos	01:21:41	01:16:23	EBPORTUGA	291
4366	Celia Simoes	01:21:42	01:16:27		835

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4367	Luciana Moreira	01:21:46	01:18:18	Moreira	836
4368	Isabel Costa	01:21:48	01:15:18	Unidas pela selecção	99
4369	Graça Castro	01:21:48	01:15:19	Unidas pela selecção	233
4370	Adélia Peixoto	01:21:49	01:17:46		234
4371	Isabel Loureiro	01:21:49	01:17:01		235
4372	Rosane Bernardes	01:21:49	01:17:00		236
4373	Diogo Silva	01:21:52	01:17:03	Seleccionados	156
4374	Andre R.	01:21:54	01:17:06		157
4375	Ana Mendonça	01:21:57	01:18:39		237
4376	Fernanda Lemos	01:21:57	01:18:15		238
4377	Maria Borges	01:21:57	01:16:20		239
4378	Joana Gonçalves	01:21:58	00:00:00		837
4379	Joana Fraga	01:21:58	01:16:00		838
4380	Vânia Gonçalves	01:21:58	01:15:59		839
4381	Maria Santos	01:21:58	01:16:44		840
4382	Luisa Pinto	01:21:58	00:00:00		152
4383	Bruna Gonçalves	01:22:00	01:16:48		100
4384	Vanessa Santos	01:22:00	01:18:56		841
4385	Leandro Santos	01:22:01	01:18:57		1700
4386	Carlota Melo	01:22:03	01:15:49	MELO	101
4387	Cristina Melo	01:22:03	01:15:47	MELO	153
4388	Sofia Ferraz	01:22:03	01:14:54		842
4389	Fernando Borges	01:22:05	01:16:28		240
4390	Júlia Queiros	01:22:06	01:19:05		241
4391	Fernando Mota	01:22:07	01:15:06		1701
4392	Sofia Rodrigues	01:22:08	01:15:05		843
4393	Liliana Sousa	01:22:08	01:15:06		844
4394	Florinda Fernandes	01:22:08	01:16:17		154
4395	Laura Maia	01:22:10	01:15:39		242
4396	Jorge Querales	01:22:11	01:16:19		382
4397	Natalina Silva	01:22:11	01:18:32	Família Ferreira	845
4398	Benilde Pimpão	01:22:11	01:18:10		243
4399	Pedro Ferreira	01:22:11	01:18:32	Família Ferreira	1702
4400	Luis Tavares	01:22:11	01:15:22	M & M	1703
4401	Verónica Ferreira	01:22:12	01:18:31	Família Ferreira	102
4402	Rui Ribeiro	01:22:12	01:19:54		158
4403	Tatiana Teixeira	01:22:13	01:19:55	CLUBE GBES-DELEGAÇÃO NORTE	103

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4404	Gracinda Teixeira	01:22:13	01:19:55	CLUBE GBES-DELEGAÇÃO NORTE	846
4405	Marta Tavares	01:22:13	01:15:49	À BEIRA DOURO 1	104
4406	Berta Leite	01:22:13	01:18:10		244
4407	Liliana Sousa	01:22:13	01:15:50	À BEIRA DOURO 1	105
4408	Marlene Moreira	01:22:14	01:15:51	À BEIRA DOURO 1	106
4409	Pedro Dias	01:22:14	01:13:17		1704
4410	Fernando Oliveira	01:22:15	01:15:29		1705
4411	Hugo Vieira	01:22:16	01:15:46	À BEIRA DOURO 1	159
4412	Claudia Jacques	01:22:16	00:00:00		847
4413	Laurinda Queiros	01:22:18	01:15:41		245
4414	Francisco Esteves	01:22:19	01:20:10		160
4415	Elisa Rocha	01:22:20	01:17:08		246
4416	Paula Freixo	01:22:21	01:20:10		155
4417	Branca Pato	01:22:22	01:20:12		247
4418	João Andrade	01:22:23	01:18:53		161
4419	Diogo Andrade	01:22:24	01:18:54		162
4420	José Baptista	01:22:24	01:17:51		1706
4421	Cátia Baptista	01:22:24	01:17:50		848
4422	Berta Ferreira	01:22:25	01:20:36		849
4423	Ana Caetano	01:22:25	01:20:03		29
4424	Manuel Ventura	01:22:26	01:15:29		177
4425	Alexandrina Freitas	01:22:26	01:20:04		248
4426	Conceição Ribeiro	01:22:26	01:20:03		249
4427	Anabela Ventura	01:22:26	01:15:24		250
4428	Susana Santos	01:22:29	01:17:57	BTT MATOSINHOS	850
4429	Juliana Santos	01:22:29	01:17:55		851
4430	António Caetano	01:22:29	01:20:06		121
4431	Aniceto Santos	01:22:30	01:17:56		122
4432	Maurício Conceição	01:22:30	01:17:58	BTT MATOSINHOS	1707
4433	Sandra Serafim	01:22:33	01:17:40		852
4434	Tania Neves	01:22:33	01:16:36		853
4435	Helena Silva	01:22:33	01:17:40		854
4436	Filomena Silva	01:22:34	01:17:41		855
4437	Maria Reis	01:22:34	01:16:47		251
4438	Elizabete Ventura	01:22:34	01:17:42		856
4439	Luísa Romarigo	01:22:34	01:17:42		252
4440	José Romarigo	01:22:34	01:17:41		163

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4441	Rosalina Monteiro	01:22:35	00:00:00		857
4442	Ana Pinto	01:22:35	01:16:49		107
4443	Rita Reis	01:22:35	01:16:49		858
4444	Celso Santos	01:22:37	01:17:08	La Família	123
4445	Ana Silva	01:22:40	01:17:10	La Família	156
4446	Fernando Barbosa	01:22:42	01:18:17		292
4447	Georgina Costa	01:22:45	01:18:06		253
4448	Patrícia Vinha	01:22:45	01:15:37		859
4449	Carla Rodrigues	01:22:46	01:18:06		860
4450	Geraldina Costa	01:22:46	01:18:06		254
4451	Vítor Reis	01:22:47	01:18:09	TugaForce	293
4452	Teresa Alexandra	01:22:47	01:18:10	TugaForce	108
4453	Maria Antónia	01:22:48	01:18:11	TugaForce	255
4454	Jorge Reis	01:22:49	01:18:12	TugaForce	164
4455	Fátima Reis	01:22:49	01:18:11	TugaForce	256
4456	Sandra Amorim	01:22:50	01:16:30		861
4457	Ricardo Amorim	01:22:51	01:16:30		1708
4458	Ana Ribeiro	01:22:54	01:18:40	Os Ases de Gondomar	157
4459	Hugo Tavares	01:22:54	01:18:40	Os Ases de Gondomar	165
4460	Cláudia Santos	01:23:00	01:18:54	Santos	862
4461	Ana Santos	01:23:00	01:18:54	Santos	863
4462	Teresa Maia	01:23:02	01:18:00		864
4463	Sandra Nora	01:23:03	01:18:01		865
4464	Eldon Costa	01:23:04	01:19:24		1709
4465	Maria Costa	01:23:04	01:19:23		257
4466	Maria Moreira	01:23:20	01:20:13		158
4467	Diana Pereira	01:23:20	01:16:21		30
4468	Clara Martins	01:23:21	01:19:41	Só Irmãs	866
4469	Susana Martins	01:23:21	01:19:41	Só Irmãs	867
4470	Joaquim Lima	01:23:23	01:18:17	Grupo Desportivo BPI	383
4471	Andreia Lima	01:23:24	01:18:18	Grupo Desportivo BPI	109
4472	Gonçalo Lima	01:23:24	01:18:18	Grupo Desportivo BPI	110
4473	Isabel Veiga	01:23:27	01:19:45		868
4474	Gustavo Alves	01:23:27	01:20:37		166
4475	Raquel Veiga	01:23:28	01:19:44		869
4476	Sérgio Alves	01:23:28	01:20:37		1710
4477	José Mendonça	01:23:34	01:21:25	Núcleo de Montanha de Espinho	124

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4478	Fernanda Gomes	01:23:34	01:21:27	Núcleo de Montanha de Espinho	258
4479	Catarina Bastos	01:23:35	01:19:04	In Action	870
4480	Silvia Silva	01:23:35	01:19:03	In Action	871
4481	Diana Vieira	01:23:38	01:19:06	In Action	872
4482	Cristiana Santos	01:23:39	01:20:01	Pardilhó GIN	873
4483	Ana Lopes	01:23:39	01:20:01		259
4484	Ana Marques	01:23:41	01:20:04	Pardilhó GIN	260
4485	Fatima Oliveira	01:23:44	01:22:20		874
4486	Sandra Aguiar	01:23:44	01:22:20		875
4487	Lucilia Gomes	01:23:47	00:00:00	Pardilhó GIN	261
4488	Sofia Moreira	01:23:47	01:19:36	BATE NO FUNDO	876
4489	Marisa Pereira	01:23:47	01:19:36		877
4490	Graça Dias	01:23:47	01:18:39		262
4491	Lúcia Orfão	01:23:48	01:18:39		159
4492	Mariana Goncalves	01:23:48	01:21:11		878
4493	Ana Pereira	01:23:48	01:21:10	As Magriças	879
4494	Ligia Garcia	01:23:49	00:00:00		880
4495	Ana Santos	01:24:01	01:20:58		160
4496	Eduardo Ribeiro	01:24:01	01:17:39		1711
4497	Emanuel Reis	01:24:03	01:17:43		1712
4498	Justino Rodrigues	01:24:09	01:18:03		384
4499	Ligia Gonçalves	01:24:09	01:18:59		881
4500	Ivo Leites	01:24:09	01:18:58		1713
4501	Jose Sousa	01:24:10	01:18:05		125
4502	Madalena Pinheiro	01:24:10	01:18:07		263
4503	Carlos Pinheiro	01:24:13	01:18:10		126
4504	Ana Fonseca	01:24:14	01:20:45		161
4505	Luis Almeida	01:24:16	01:19:01		1714
4506	Claudia Lopes	01:24:16	01:19:15		882
4507	Marisa Cruz	01:24:16	01:19:15		1715
4508	Sandra Almeida	01:24:17	01:19:04		883
4509	Luis Santos	01:24:18	01:20:49		1716
4510	Carla Lopes	01:24:18	01:19:22		884
4511	Ricardo Sousa	01:24:19	01:22:36	Bio-Runners	1717
4512	Manuel Portocarrero	01:24:20	01:22:37	Bio-Runners	167
4513	Manuel Carvalho	01:24:20	01:22:36	Bio-Runners	127
4514	Pedro Sousa	01:24:20	01:22:36	Bio-Runners	1718

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4515	Fátima Oliveira	01:24:21	01:20:16		264
4516	Carina Dias	01:24:21	01:20:16		885
4517	Maria Rocha	01:24:21	01:22:39	Bio-Runners	265
4518	Liliana Astorga	01:24:22	01:20:10		886
4519	Maria Costa	01:24:22	01:20:09		887
4520	Gonçalo Cavadas	01:24:22	01:19:44	Dream Team	168
4521	Jorge Gorito	01:24:23	01:20:00		1719
4522	Maria Rodrigues	01:24:24	01:20:01		266
4523	Maria Borges	01:24:24	01:19:16		267
4524	Jessica Pinto	01:24:24	01:19:17		111
4525	Deolinda Pinto	01:24:25	01:19:18		268
4526	Cidália Martins	01:24:26	01:19:17		269
4527	Natalia Viegas	01:24:26	01:20:41		162
4528	Ana Correia	01:24:27	01:20:10		888
4529	Paolo Santini	01:24:30	01:17:27		1720
4530	Goreti Cerqueira	01:24:30	01:17:41	M & M	889
4531	Sara Barros	01:24:30	01:17:24	ADWc Porto	890
4532	Celia Reis	01:24:32	01:22:05	As Magriças	891
4533	Maria Mota	01:24:32	01:22:06	As Magriças	270
4534	Joao Freitas	01:24:33	01:14:09		385
4535	Florbela Tavares	01:24:33	01:20:47		271
4536	Abílio Vilanova	01:24:34	01:18:37	Ermentão Sport Clube	386
4537	Paula Lima	01:24:34	01:14:08		892
4538	Daniela Matos	01:24:35	01:17:45	M & M	893
4539	Pedro Areias	01:24:36	01:17:52	M & M	1721
4540	Rúben Aleixo	01:24:36	01:18:36	Ermentão Sport Clube	169
4541	Sofia Cavadas	01:24:37	01:19:59	Dream Team	894
4542	Tiago Cavadas	01:24:37	01:20:00	Dream Team	170
4543	Miguel Cavadas	01:24:38	01:19:59	Dream Team	1722
4544	Jorge Sousa	01:24:38	01:22:48	Familia Carvalho	171
4545	Nelson Bastos	01:24:39	00:00:00	Ermentão Sport Clube	1723
4546	Damião Martins	01:24:39	00:00:00		1724
4547	Artur Carneiro	01:24:39	01:21:15	Os Jesuitas	1725
4548	Carlos Vieira	01:24:40	01:18:35	Ermentão Sport Clube	1726
4549	André Augusto	01:24:40	01:21:13		1727
4550	Miguel Dias	01:24:40	01:21:22	Os Jesuitas	1728
4551	Inês Silva	01:24:40	01:21:14	Os Jesuitas	895

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4552	Bárbara Antunes	01:24:40	01:21:15	Os Jesuitas	896
4553	Tiago Antunes	01:24:40	01:21:21	Os Jesuitas	1729
4554	Alexandra Leite	01:24:41	01:21:23	Os Jesuitas	897
4555	Sónia Lopes	01:24:41	01:21:16	Os Jesuitas	898
4556	Fernando Braga	01:24:41	01:21:17	Os Jesuitas	1730
4557	Karolína Ulcová	01:24:41	01:17:49	Czech Team	899
4558	Maria Portuguesa	01:24:41	01:18:56		272
4559	Clara Pinheiro	01:24:42	01:21:15		900
4560	Isolina Pimentel	01:24:42	01:18:38		163
4561	Pedro Carvalho	01:24:42	01:17:51	Czech Team	1731
4562	Armandina Pereira	01:24:42	01:18:56		273
4563	Paulo Pimentel	01:24:42	01:18:38		387
4564	Joana Cancela	01:24:42	01:18:56		901
4565	Diogo Guimaraes	01:24:43	01:18:09		172
4566	Lino Guimaraes	01:24:43	01:18:08		178
4567	Armando Barge	01:24:45	01:18:51	Familia Barge	146
4568	Patricia Barge	01:24:45	01:18:52	Familia Barge	902
4569	Raquel Peralta	01:24:46	01:18:53	Familia Barge	274
4570	Anibal Marinho	01:24:46	01:19:30		179
4571	Débora Neves	01:24:46	00:00:00		31
4572	Esmeralda Cleto	01:24:46	01:19:30		275
4573	Marli Silva	01:24:48	01:20:39	Fia-te na Virgem e Não Corras!	903
4574	Joana Monteiro	01:24:48	00:00:00	Fia-te na Virgem e Não Corras!	904
4575	Rafael Costa	01:24:53	01:23:15	Dream team	1732
4576	Sofia Leão	01:24:53	01:23:16	Dream team	905
4577	Andreia Moreira	01:24:53	01:18:30	À BEIRA DOURO 1	112
4578	Daniela Sousa	01:24:54	01:23:15	Dream team	906
4579	Mariana Melo	01:24:57	01:18:48		113
4580	Ana Santos	01:24:57	01:18:48		114
4581	Vítor Vieira	01:24:59	01:18:33		294
4582	Isabel Gonçalves	01:25:00	01:18:44		276
4583	Glauco Sousa	01:25:00	01:18:30	À BEIRA DOURO 3	56
4584	Agostinho Mendes	01:25:00	01:18:43		180
4585	Gisela Tabuada	01:25:00	01:20:32		907
4586	Maria Silva	01:25:01	01:24:26		277
4587	Jéssica Costa	01:25:01	01:24:26		32
4588	Carmen Pinho	01:25:01	01:20:32		908

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4589	Pedro Santos	01:25:03	01:21:20		1733
4590	Sonia Neves	01:25:04	01:24:29	Complexo Municipal de Ginástica da Maia	1734
4591	Susana Oliveira	01:25:04	01:18:20		909
4592	Patricia Oliveira	01:25:04	01:18:19		910
4593	Ana Almeida	01:25:05	01:21:24		911
4594	Rita Marinho	01:25:05	01:18:37	Sandra & Rita	115
4595	Joaquim Teixeira	01:25:07	01:18:40		1735
4596	Claudio Marinho	01:25:08	01:18:39		388
4597	Natália Oliveira	01:25:08	01:22:48		164
4598	Joana Sousa	01:25:09	01:23:15	Familia Carvalho	116
4599	Márcia Coelho	01:25:11	01:23:17		912
4600	Sofia Moreira	01:25:11	01:23:17		913
4601	Adriano Moreira	01:25:14	01:24:39		1736
4602	Andre Pereira	01:25:15	01:21:20		173
4603	Sandra Gomes	01:25:15	01:18:49	Sandra & Rita	914
4604	Regina Pereira	01:25:18	01:21:24		915
4605	Armindo Pereira	01:25:18	01:21:22		389
4606	Filipa Silva	01:25:19	01:19:33	MCG - Movimento de Cidadãos por Gaia	916
4607	Francisca Cruz	01:25:21	01:24:04		278
4608	José Nunes	01:25:22	01:18:54		1737
4609	Elsa Moreira	01:25:23	01:18:54		917
4610	Albertina Magalhaes	01:25:24	01:20:41		165
4611	Ema Azevedo	01:25:24	01:20:39		918
4612	Cristina Teixeira	01:25:27	01:22:29	Nós	166
4613	Celia Nogueira	01:25:27	01:22:29	Nós	919
4614	Olga Ferreira	01:25:28	01:20:43		167
4615	Ana Silva	01:25:28	01:23:07		117
4616	Cristina Magalhaes	01:25:28	01:20:45		920
4617	Joana Oliveira	01:25:29	01:23:08		118
4618	Jose Coelho	01:25:30	01:23:37		1738
4619	Teresa Carvalho	01:25:30	01:23:37	Familia Carvalho	921
4620	Rui Rodrigues	01:25:35	01:24:02	Sporting Senhora da Hora	1739
4621	Luís César	01:25:36	01:20:42		1740
4622	Solange Silva	01:25:37	01:20:43		922
4623	Carla César	01:25:37	01:21:18	Corkinhos	168
4624	Gaspar Rodrigues	01:25:38	01:20:44		128
4625	Cristina Silva	01:25:38	00:00:00	Portelix	169

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4626	Carla Oliveira	01:25:39	01:19:02		33
4627	Julieta Correia	01:25:39	01:21:30	Corkinhos	279
4628	Telma Portela	01:25:39	01:19:53	Portelix	119
4629	Teresa Teixeira	01:25:39	01:20:52		170
4630	Maria Barbosa	01:25:39	01:20:52		280
4631	Américo Pinto	01:25:40	00:00:00		295
4632	Fátima Teixeira	01:25:41	01:20:55		923
4633	Isabel Monteiro	01:25:41	01:20:56		924
4634	Ana Pinto	01:25:42	01:20:56		120
4635	Manuel Silva	01:25:43	01:19:10		281
4636	Diana Reis	01:25:44	01:22:41		925
4637	Ana Silva	01:25:44	01:19:11		282
4638	Lucília Gonçalves	01:25:44	01:20:09		129
4639	Valentina Correia	01:25:45	01:23:25		171
4640	Vitoria Passos	01:25:46	01:19:28	BES Porto Centro Oriental	172
4641	Alexandra Coutinho	01:25:46	01:19:26		926
4642	Leandro Queiros	01:25:46	01:19:33	BES Porto Centro Oriental	1741
4643	Fernando Castro	01:25:46	01:19:33	BES Porto Centro Oriental	181
4644	Antonio Gonçalves	01:25:48	01:20:14		130
4645	Hugo Correia	01:25:48	01:22:42		1742
4646	Beatriz Pinto	01:25:49	01:19:24	À BEIRA DOURO 1	121
4647	Gisela Nogueira	01:25:50	01:19:25	À BEIRA DOURO 1	122
4648	Isabel Moreira	01:25:50	01:22:46		927
4649	Ana Correia	01:25:53	01:22:48		928
4650	Álvaro Simões	01:25:54	01:22:49		1743
4651	Madalena Santos	01:25:54	01:21:34	Corkinhos	173
4652	Lúcia Silva	01:25:55	01:21:39	Corkinhos	929
4653	Miguel Almeida	01:25:55	01:21:13		174
4654	Gonçalo Gandra	01:25:55	01:21:15	Gandra	175
4655	Rita Moreira	01:25:56	01:19:59		283
4656	Sara Pimenta	01:25:56	01:20:00		930
4657	Alice Almeida	01:25:57	01:21:38		284
4658	Sancha Costa	01:25:58	01:20:03		931
4659	Paulo Freire	01:25:59	01:21:39	Corkinhos	390
4660	Ema Coelho	01:26:00	01:21:41	Corkinhos	932
4661	Alexandre Melo	01:26:01	01:19:45	MELO	1744
4662	Leonor Melo	01:26:01	01:19:45	MELO	123

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4663	Ana Ascensão	01:26:06	01:21:04		933
4664	Helena Veiga	01:26:07	01:22:24		34
4665	Maria Veiga	01:26:07	01:22:25		285
4666	Carla Xavier	01:26:08	01:21:06		934
4667	Maria Mota	01:26:09	01:20:21		174
4668	Joaquim Ribeiro	01:26:10	01:20:20		296
4669	Maria Duarte	01:26:14	01:20:17		286
4670	Mariana Neves	01:26:14	01:20:18		35
4671	Joana Pereira	01:26:14	01:19:31		935
4672	Nair Monteiro	01:26:16	01:19:33		936
4673	Sofia Pimentel	01:26:17	01:20:14		124
4674	Bruno Pimentel	01:26:19	01:20:15		176
4675	Maria Pereira	01:26:21	01:22:50		287
4676	Isabel Coelho	01:26:24	01:23:21		937
4677	Andrea Carvalho	01:26:28	01:21:32		938
4678	Susana Pinto	01:26:28	01:21:32		939
4679	Verónica Silva	01:26:28	01:21:32		940
4680	Alexandrina Correia	01:26:35	01:20:40		288
4681	Bárbara Nascimento	01:26:35	01:20:43		36
4682	Ana Monteiro	01:26:36	01:20:42		941
4683	Marta Braga	01:26:37	01:20:43		942
4684	Luis Moreira	01:26:39	01:19:59	moreira famaly	177
4685	Teresa Barros	01:26:39	01:21:44		943
4686	Alda Silva	01:26:39	01:20:33		289
4687	Isabel Barros	01:26:39	01:21:43		944
4688	Maria Resende	01:26:40	01:20:33		175
4689	Maria Lopes	01:26:41	01:20:46		945
4690	Gonçalo Silva	01:26:42	01:22:16	Familia	178
4691	Catarina Silva	01:26:43	01:20:36		37
4692	Defensor Oliveira	01:26:45	00:00:00		182
4693	Rosalina Leite	01:26:46	00:00:00		290
4694	Isabel Carvalho	01:26:46	01:21:21		291
4695	Ivo Ferreira	01:26:47	01:22:20	Familia	1745
4696	Maria Veiga	01:26:48	01:23:39		292
4697	Vitor Carvalho	01:26:48	00:00:00		183
4698	Maria Rodrigues	01:26:48	01:23:39		293
4699	Maria Dias	01:26:49	01:23:41		294

Class.	Atleta	Tempo	T. Chip	Clube	Escalão
4700	Dany Barbosa	01:26:52	00:00:00	Dream team	1746
4701	Margarida Ribeiro	01:26:52	01:25:13	Dream team	946
4702	Sandra Neto	01:26:52	01:20:52		295
4703	Andreia Ribeiro	01:26:53	01:21:52		947
4704	Gabriela Silva	01:26:53	01:21:35		176
4705	Filomena Correia	01:26:53	01:21:32		296
4706	José Catarino	01:26:53	01:20:55		184
4707	João Rodrigues	01:26:54	01:21:57		1747
4708	Tiago Rodrigues	01:27:00	01:22:48	Corkinhos	391
4709	Sandra Paiva	01:27:01	01:22:50	Corkinhos	948
4710	Joana Campos	01:27:01	00:00:00	Corkinhos	949
4711	Mónica Paiva	01:27:01	01:22:51	Corkinhos	125
4712	Sonia Valadares	01:27:03	01:22:36	Familia	950
4713	Joaquim Silva	01:27:03	01:22:36	Familia	1748
4714	Hugo Lopes	01:27:05	01:21:28		1749
4715	Ana Lopes	01:27:06	01:21:30		126
4716	Elisabete Carvalho	01:27:08	01:20:44	À BEIRA DOURO 2	297
4717	Ivone Mamede	01:27:09	01:20:44	À BEIRA DOURO 2	177
4718	Marta Vieira	01:27:10	01:20:47	À BEIRA DOURO 1	127
4719	Pedro Sá	01:27:12	01:21:30		1750
4720	Cidália Miranda	01:27:24	01:23:28		298
4721	Fernando Macedo	01:27:24	01:23:28		297
4722	Pedro Venâncio	01:27:26	00:00:00	Tânia Vasconcelos	1751
4723	Sandra Narciso	01:27:27	01:23:58		951
4724	Emilia Rocha	01:27:29	01:22:59	In Action	299
4725	Lurdes Coreixas	01:27:29	01:22:56	In Action	300
4726	Tânia Vasconcelos	01:27:30	01:21:05	Tânia Vasconcelos	952
4727	Paula Fernandes	01:27:30	01:22:57	In Action	301
4728	Jose Ferreira	01:27:47	01:22:18		1752
4729	Barbara Coutinho	01:27:47	01:22:18		953
4730	Ana Freire	01:27:47	01:22:20		954
4731	Manuel Carvalho	01:27:49	01:26:31		147
4732	Paulo Coutinho	01:27:50	01:22:18		1753
4733	Pedro Arrojado	01:27:50	01:22:17		1754
4734	Cecília Ferreira	01:27:50	01:26:32		302
4735	Vania Xavier	01:27:53	01:23:03		955
4736	Paulo Pereira	01:27:53	01:23:03		1755

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4737	Joana Nunes	01:28:02	01:21:52	Nunes	179
4738	Bernardo Freitas	01:28:08	01:18:58		185
4739	Sofia Freitas	01:28:08	01:18:58		38
4740	Sara Machado	01:28:12	01:24:10		956
4741	Maria Silva	01:28:12	00:00:00		303
4742	Zelia Mendes	01:28:13	01:24:10		304
4743	Serafim Martins	01:28:15	01:24:16	Os Ligeirinhos	148
4744	Ana Martins	01:28:15	01:24:15	Os Ligeirinhos	305
4745	Joana Pinto	01:28:26	01:25:18	Fantastic Five	957
4746	Ricardo Silva	01:28:26	01:25:18	Fantastic Five	180
4747	Ana Ribeiro	01:28:30	01:22:43		128
4748	Cristina Cardoso	01:28:32	01:24:07		958
4749	Teresa Ferreira	01:28:37	01:24:19		178
4750	Jorge Silva	01:28:39	01:22:48		392
4751	Sonia Santos	01:28:40	01:26:11		959
4752	Hugo Silva	01:28:42	01:22:50		181
4753	António Ribeiro	01:28:54	01:25:01		131
4754	Amélia Ferreira	01:28:54	01:25:01		306
4755	Alexandra Clemente	01:28:56	01:23:36		960
4756	João Santos	01:28:57	01:25:19	Campeões	182
4757	Pedro Moreira	01:28:57	01:25:18	Campeões	183
4758	Francisco Silva	01:29:02	01:25:23	Campeões	184
4759	Jose Silva	01:29:04	00:00:00		132
4760	Nuno Oliveira	01:29:05	01:23:43		1756
4761	Liliana Sousa	01:29:08	01:25:59	Fantastic Five	961
4762	Ana Silva	01:29:08	00:00:00	Fantastic Five	962
4763	Luis Oliveira	01:29:09	01:23:47		1757
4764	Conceicao Pereira	01:29:09	01:26:43		963
4765	Nancy Varum	01:29:09	01:23:48		964
4766	Silvia Alves	01:29:11	01:22:34		965
4767	Carla Aguiar	01:29:12	01:22:34		966
4768	Diogo Conceição	01:29:13	01:23:29		185
4769	Paula Fernandes	01:29:13	01:25:27		179
4770	Paula Dias	01:29:15	01:23:11		180
4771	Carolina Recarei	01:29:16	01:21:59		129
4772	Nuno Recarei	01:29:16	01:21:59		1758
4773	Alexandra Jorge	01:29:16	01:22:00		967

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4774	Luisa Magalhaes	01:29:17	01:23:12		968
4775	Clara Magalhaes	01:29:17	01:23:11		969
4776	Susana Moreira	01:29:17	01:23:14		970
4777	Maria Rodrigues	01:29:18	01:24:16		307
4778	Margarida Cardoso	01:29:19	01:24:16		308
4779	Maria Sousa	01:29:21	01:26:39		309
4780	Maria Silva	01:29:22	01:26:40		310
4781	Almira Silva	01:29:23	01:25:00		311
4782	Hugo Seabra	01:29:30	01:23:55		186
4783	Diogo Seabra	01:29:30	01:23:55		187
4784	Alexandra Sousa	01:29:30	01:25:02		971
4785	Rosaria Cruz	01:29:31	01:23:56		181
4786	Isabel Palhares	01:29:32	01:25:03		182
4787	Maria Sá	01:29:32	01:23:53		312
4788	Lais Lobo	01:29:33	01:25:54		313
4789	José Sá	01:29:33	01:23:53		133
4790	Miguel Sá	01:29:34	01:23:54		393
4791	Maria Cunha	01:29:34	00:00:00		314
4792	Clementina Ribeiro	01:29:36	01:25:53		183
4793	Diana Pimenta	01:29:38	01:27:13		972
4794	Filipa Ribeiro	01:29:39	01:25:53		130
4795	Lígia Violas	01:29:40	01:23:03	À BEIRA DOURO 2	973
4796	João Teixeira	01:29:48	01:23:09	À BEIRA DOURO 3	188
4797	Cláudia Sousa	01:29:48	01:23:18	À BEIRA DOURO 1	131
4798	Rui Moreira	01:29:49	01:23:12	À BEIRA DOURO 3	189
4799	Diogo Bessa	01:29:50	01:23:18	À BEIRA DOURO 3	57
4800	Beatriz Silva	01:29:50	01:23:18	À BEIRA DOURO 1	132
4801	Marina Ribeiro	01:29:51	01:23:16	À BEIRA DOURO 3	974
4802	Fátima Silva	01:29:52	01:26:14		975
4803	Teresa Carvalho	01:29:54	01:23:58		184
4804	Albertina Pereira	01:29:58	01:27:17		315
4805	Isabel Pinheiro	01:29:58	01:24:19		976
4806	Cristina Dias	01:29:58	01:24:19		977
4807	Manuel Moreira	01:29:59	01:26:21		1759
4808	Maria Rodrigues	01:30:00	01:24:45		316
4809	Alice Maria	01:30:00	01:27:19		317
4810	Paulo Rodrigues	01:30:00	01:24:45		186

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4811	Cristina Teixeira	01:30:00	01:27:30		978
4812	Marta Mota	01:30:02	01:26:49		979
4813	Fabio Mota	01:30:03	01:26:50		190
4814	Helena Monteiro	01:30:04	01:27:35		980
4815	Maria Batista	01:30:06	01:28:31		318
4816	Leonor Teixeira	01:30:07	01:28:32		133
4817	Maria Cardoso	01:30:08	01:28:32		319
4818	Alexandre Mendes	01:30:09	01:24:47	EBPORTUGA	191
4819	Julio Mendes	01:30:11	01:24:51	EBPORTUGA	298
4820	Serafim Dias	01:30:15	01:26:15		149
4821	Maria Santos	01:30:15	01:24:58	EBPORTUGA	185
4822	Claudia Tavares	01:30:15	01:26:15		981
4823	Ana Tavares	01:30:16	01:26:15		320
4824	Aurora Dias	01:30:17	01:26:17		321
4825	Sónia Fernandes	01:30:17	01:24:12		982
4826	Alexandra Pereira	01:30:20	01:24:15		983
4827	Maria Costa	01:30:34	01:23:52		984
4828	Joana Madureira	01:30:37	00:00:00	RunVale	985
4829	Sonia Matos	01:30:38	00:00:00	RunVale	322
4830	Maria Ferraz	01:30:40	01:26:38		323
4831	Lúcia Sousa	01:30:40	01:26:38		186
4832	Antonio Figueiredo	01:30:43	01:24:26	Conquistadores	187
4833	João Freitas	01:30:43	01:24:28	Conquistadores	192
4834	Jose Reis	01:30:44	01:24:29	Conquistadores	188
4835	Fatima Figueiredo	01:30:44	01:24:27	Conquistadores	324
4836	Irene Teixeira	01:30:44	01:24:26	Conquistadores	325
4837	Avelino Silva	01:30:45	01:26:22		134
4838	Tony Alves	01:30:48	01:23:58	RunVale	1760
4839	Élia Magalhães	01:30:50	01:24:35		986
4840	Margarida Noronha	01:30:50	01:24:36		326
4841	Ana Gonçalves	01:30:52	01:25:33	EBPORTUGA	134
4842	Susana Ferreira	01:30:52	01:25:32	EBPORTUGA	39
4843	Ruben Araujo	01:30:52	01:25:32	EBPORTUGA	193
4844	Maria Gonçalves	01:30:52	01:25:33	EBPORTUGA	327
4845	Maria Teixeira	01:30:53	01:24:37	Conquistadores	328
4846	Maria Pereira	01:30:54	01:25:50		329
4847	Maria Amaral	01:30:54	01:25:50		330

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4848	Artur Pereira	01:30:55	00:00:00		135
4849	Maria Borges	01:30:56	01:24:41		331
4850	Carla Moreira	01:30:57	01:24:42		987
4851	Afonso Almeida	01:30:57	01:24:23	SOMOS4	194
4852	Ana Meireles	01:31:02	01:26:36		332
4853	Luis Meireles	01:31:02	01:26:34		299
4854	Carla Mendes	01:31:02	01:27:45		988
4855	Nuno Pereira	01:31:03	01:27:47		1761
4856	Celeste Rocha	01:31:04	01:25:34	Grupo Os Barrigas	333
4857	Lia Fernandes	01:31:05	01:25:34	Grupo Os Barrigas	334
4858	Maria Santos	01:31:05	01:27:32		187
4859	Ana Soares	01:31:06	01:27:33		135
4860	Mariana Monteiro	01:31:06	01:21:58		40
4861	Filipa Freitas	01:31:06	01:21:57		41
4862	Lisete Caria	01:31:07	00:00:00		335
4863	Catarina Costa	01:31:08	01:21:56		42
4864	Beatriz Miranda	01:31:08	01:22:00		43
4865	Helena Cunha	01:31:09	01:21:57		44
4866	Joana Rodrigues	01:31:09	01:21:59		45
4867	Conceição Silva	01:31:12	01:25:00		336
4868	Rita Almeida	01:31:14	01:25:03		136
4869	Sandra Kellen	01:31:16	00:00:00		989
4870	Sara Rodrigues	01:31:17	00:00:00		990
4871	Carlos Torres	01:31:19	01:24:16	MELO	195
4872	Ana Leite	01:31:19	01:24:09		991
4873	Maria Melo	01:31:19	01:24:10	MELO	136
4874	Graciete Luis	01:31:20	01:25:35		992
4875	Marlene Leite	01:31:20	01:24:07		188
4876	Pedro Silva	01:31:21	01:24:08		1762
4877	Francisco Melo	01:31:21	01:24:17	MELO	196
4878	M ^a Albertino	01:31:23	01:25:29		337
4879	Armanda Almeida	01:31:29	01:30:00		993
4880	Patricia Torres	01:31:29	01:25:15	MELO	994
4881	Antonio Almeida	01:31:29	01:29:59		1763
4882	Mariana Melo	01:31:30	01:24:22	MELO	137
4883	Gonçalo Melo	01:31:30	00:00:00	MELO	197
4884	Luis Melo	01:31:30	01:24:21	MELO	394

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4885	Maria Rosario	01:31:34	01:26:37		338
4886	Antonio Marques	01:31:35	01:26:39		137
4887	Alexandra Gigante	01:31:42	01:27:36		189
4888	Amélia Almeida	01:31:43	01:25:32		339
4889	Marta Rocha	01:31:44	01:25:17	À BEIRA DOURO 2	995
4890	Maria Batista	01:31:44	01:26:37	Maclongo	340
4891	Angelina Rocha	01:31:44	01:25:17	À BEIRA DOURO 2	341
4892	Sara Ramalho	01:31:45	01:25:16	À BEIRA DOURO 2	996
4893	Armindia Pereira	01:31:46	01:26:39	Maclongo	342
4894	Ana Batista	01:31:47	01:26:42	Maclongo	343
4895	Isabel Campos	01:31:53	01:29:28		190
4896	Francisco Campos	01:31:53	01:29:29		198
4897	Ana Martinho	01:31:56	01:26:38		344
4898	Helena Reis	01:31:56	01:26:34		345
4899	Maria Silva	01:31:58	01:26:09		997
4900	Daniel Gomes	01:31:59	01:26:10		1764
4901	Patricia Bastos	01:31:59	01:26:10		998
4902	Joana Almeida	01:32:04	01:25:29	SOMOS4	999
4903	Octávio Almeida	01:32:07	01:25:34	SOMOS4	1765
4904	Tomás Almeida	01:32:07	01:25:35	SOMOS4	199
4905	Sandra Almeida	01:32:10	01:26:44		191
4906	Isabel Araújo	01:32:13	01:25:45		1000
4907	Nelson Araújo	01:32:16	01:25:47		395
4908	Sandra Lima	01:32:19	01:27:36	Grupo Desportivo BPI	1001
4909	Elisabete Vaz	01:32:22	01:28:08		1002
4910	Maria Sousa	01:32:23	01:28:09		192
4911	Joana Durão	01:32:27	01:30:01		1003
4912	Maria Durão	01:32:28	01:30:02		200
4913	Diana Almeida	01:32:29	01:26:03	À BEIRA DOURO 4	346
4914	Rui Lima	01:32:31	01:27:51	Grupo Desportivo BPI	201
4915	Rui Lima	01:32:31	01:27:49	Grupo Desportivo BPI	396
4916	Catarina Araújo	01:32:33	01:26:06		138
4917	Joana Barroso	01:32:39	01:26:54		1004
4918	Patricia Nunes	01:32:40	01:28:12		1005
4919	Manuela Barroso	01:32:42	01:26:56		1006
4920	Vera Maia	01:32:44	01:26:25	Re cycle	1007
4921	Maria Maia	01:32:45	01:26:43		347

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4922	Mariana Calado	01:32:45	01:25:33	calado	139
4923	Pedro Margalho	01:32:46	01:25:37	calado	202
4924	Pedro Calado	01:32:53	01:25:42	calado	397
4925	Sara Calado	01:32:54	01:25:42	calado	140
4926	Cristiana Calado	01:32:54	01:25:44	calado	193
4927	Ana Silva	01:32:57	01:27:30		1008
4928	Maria Resende	01:32:57	01:27:31		1009
4929	Carla Silva	01:32:57	01:27:30		1010
4930	Andreia Leitão	01:32:58	01:27:31		1011
4931	Mónica Macedo	01:32:59	01:27:33		194
4932	Ines Leite	01:32:59	01:27:33		141
4933	Sandra Godinho	01:32:59	01:27:25		1012
4934	Fatima Santos	01:33:00	01:27:28		1013
4935	João Sousa	01:33:00	01:27:27		203
4936	Ana Freire	01:33:01	01:27:27		1014
4937	Ana Matos	01:33:01	01:27:28		1015
4938	Inês Gomes	01:33:02	01:29:30		1016
4939	Beatriz Barbosa	01:33:02	01:27:35		142
4940	Blandina Maia	01:33:03	01:30:05		1017
4941	Maria Maia	01:33:03	00:00:00		348
4942	Maria Martins	01:33:03	01:29:29		349
4943	Mafalda Lemos	01:33:04	01:30:05		1018
4944	Antonio Guimaraes	01:33:06	01:21:13		138
4945	Maria Guimarães	01:33:07	01:21:12		350
4946	Rui Cochofel	01:33:08	01:26:51		150
4947	Ana Silva	01:33:09	01:27:09	Re cycle	351
4948	Maria Maia	01:33:09	01:27:09	Re cycle	352
4949	Lucinda Bodas	01:33:13	01:29:26		353
4950	Luiz Bodas	01:33:13	01:29:26		189
4951	Ana Ramalho	01:33:20	01:27:49		143
4952	Teresa Bastos	01:33:20	01:27:49		144
4953	Lidia Ferreira	01:33:21	01:29:25		354
4954	Zulmira Moreira	01:33:22	01:29:26		355
4955	Flora Valente	01:33:32	01:30:33		195
4956	Luís Leitão	01:33:32	01:30:33		1766
4957	Marta Oliveira	01:33:33	01:28:50		196
4958	Joaquim Pinto	01:33:34	01:28:50		139

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4959	Iara Ataide	01:33:35	01:30:39	RED BLUE	145
4960	Maria Cruz	01:33:35	01:30:38	RED BLUE	356
4961	Gualdino Cruz	01:33:37	01:30:40	RED BLUE	151
4962	Joana Sousa	01:33:39	01:27:52		1019
4963	Fernanda Ataide	01:33:42	01:30:46	RED BLUE	357
4964	Natércia Barbosa	01:33:56	01:28:55		358
4965	Helena Ramalho	01:33:56	01:28:24		197
4966	Isaura Reis	01:33:58	01:28:25		198
4967	Joaquim Pinto	01:34:02	00:00:00		300
4968	Daniela Cunha	01:34:05	01:29:00		1020
4969	Gonçalo Gonçalves	01:34:06	01:32:48		204
4970	António Gonçalves	01:34:07	01:32:49		398
4971	Marta Silva	01:34:09	01:28:10		46
4972	Francisco Daniel	01:34:14	01:27:02		205
4973	Fabio Daniel	01:34:20	01:27:09		1767
4974	Ana Daniel	01:34:20	01:27:08		1021
4975	José Martins	01:34:26	01:29:36		140
4976	Albertina M.s.martins	01:34:27	01:29:37		359
4977	Maria Catarino	01:34:32	01:28:35		360
4978	Maria Catarino	01:34:33	01:28:34		361
4979	Mariana Moreira	01:34:34	01:27:59	moreira famaly	146
4980	Ana Silva	01:34:35	01:28:00	moreira famaly	1022
4981	Joao Moreira	01:34:36	01:28:01	moreira famaly	206
4982	Luisa Silva	01:34:36	01:28:00		1023
4983	Alexandre Morira	01:34:36	01:27:55	moreira famaly	1768
4984	Dulce Rodrigues	01:34:39	01:28:30		362
4985	Susana Barbosa	01:34:39	01:30:36		1024
4986	Sofia Ferreira	01:34:40	01:28:33		1025
4987	Maria Barbosa	01:34:40	01:30:36		363
4988	Belarmino Gonçalves	01:34:57	01:30:08		1769
4989	Mariana Almeida	01:35:03	01:29:29		147
4990	Joana Reis	01:35:03	01:29:28		148
4991	Fernanda Sá	01:35:05	01:33:15		364
4992	Ana Lucia	01:35:05	01:33:15		365
4993	Manuel Moreira	01:35:19	01:28:39		207
4994	Diana Nora	01:35:19	01:29:44		1026
4995	Mário Bentick	01:35:20	00:00:00	os carochinhas	399

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
4996	Anabela Carneiro	01:35:21	01:28:42		199
4997	Teresa Correia	01:35:21	01:28:43		200
4998	Maria Abreu	01:35:21	01:28:43		149
4999	Vania Silva	01:35:23	00:00:00		1027
5000	Afonso Bentick	01:35:23	01:30:11	os carochinhas	208
5001	Alexandra Abreu	01:35:23	00:00:00		201
5002	Maria Oliveira	01:35:24	00:00:00		366
5003	Armando Sarmento	01:35:34	01:29:15		141
5004	Maria Moreira	01:35:34	01:28:55		202
5005	Maria Lameirinhas	01:35:35	00:00:00		367
5006	Maria Chaves	01:35:38	01:30:57		203
5007	Joana Limbado	01:35:39	01:31:01		1028
5008	Maria Carneiro	01:35:39	01:30:59	Gandra	204
5009	Maria Limbado	01:35:39	01:30:59		368
5010	Beatriz Limbado	01:35:39	01:31:02		150
5011	Ana Soares	01:35:41	01:30:10		205
5012	Rosa Sousa	01:35:41	01:30:08		1029
5013	Nádia Correia	01:35:41	01:27:02		1030
5014	André Correia	01:35:44	01:27:05		1770
5015	Sara Almeida	01:35:44	01:27:05		1031
5016	Patrícia Silva	01:35:45	01:30:11		1032
5017	Marlise Magalhaes	01:35:46	01:29:29	Conquistadores	1033
5018	Sandra Correia	01:35:46	01:29:27	Conquistadores	1034
5019	Dalila Cunha	01:36:05	01:31:11		1035
5020	Claudia Almeida	01:36:05	00:00:00		1036
5021	Angela Jorge	01:36:06	01:30:57		1037
5022	Luis Durão	01:36:06	01:29:20		301
5023	Andre Barros	01:36:08	01:31:53		209
5024	Simao Gradissimo	01:36:08	01:31:53		400
5025	Alberto Barros	01:36:11	01:30:30		401
5026	Ana Santos	01:36:11	01:30:32		206
5027	Carina Silva	01:36:12	01:30:22		1038
5028	Rui Faria	01:36:13	01:29:27		1771
5029	Marta Gonçalves	01:36:13	01:30:22		1039
5030	Liliana Maia	01:36:13	01:29:28		1040
5031	Maria Alves	01:36:28	01:29:42		369
5032	Anabela Cordeiro	01:36:36	01:29:50	Ratatrinhos	1041

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
5033	Maria Silva	01:36:38	01:30:28		370
5034	Nelson Sousa	01:36:38	00:00:00		1772
5035	Patricia Marú	01:36:38	01:30:28		1042
5036	Leonor Oliveira	01:36:39	01:32:17	Famelga oliveira	151
5037	Susana Pinto	01:36:39	01:32:18	Famelga oliveira	1043
5038	Antonio Nunes	01:36:46	01:29:57	Ratatrinhos	371
5039	Vera Barbosa	01:36:47	01:32:22		152
5040	Fábio Neto	01:36:51	01:30:01	Ratatrinhos	1773
5041	Isabel Nunes	01:36:51	01:30:03	Ratatrinhos	1044
5042	Susana Nunes	01:36:52	01:30:05	Ratatrinhos	153
5043	Luisa Nunes	01:36:53	01:30:06	Ratatrinhos	207
5044	Carla Mendonça	01:36:57	01:29:47		1045
5045	Maria Martins	01:36:57	01:29:49		208
5046	Nilza Machado	01:36:58	01:29:47		1046
5047	Cátia Reis	01:37:11	01:30:54	Conquistadores	1047
5048	Marlene Correia	01:37:11	01:30:52	Conquistadores	1048
5049	Antonio Gomes	01:37:12	01:30:53	Conquistadores	1774
5050	Tânia Pereira	01:37:12	01:30:54	Conquistadores	1049
5051	Helena Monteiro	01:37:15	01:32:14		372
5052	Antonio Machado	01:37:15	01:32:14		142
5053	Sonia Monteiro	01:37:16	01:32:15		1050
5054	Ana Araújo	01:37:21	01:30:22		1051
5055	Celeste Miranda	01:37:21	01:30:23		373
5056	Nuno Araújo	01:37:21	01:30:20		1775
5057	Carolina Goncalves	01:37:28	01:30:32		154
5058	Paula Moura	01:37:28	01:30:31	Os Barriguitas	1052
5059	Noémia Moura	01:37:29	00:00:00	Os Barriguitas	374
5060	Teresa Santos	01:37:31	01:30:37		1053
5061	Adriano Ferreira	01:37:32	01:30:39		143
5062	Maria Adelaide	01:37:33	01:33:14	BATE NO FUNDO	375
5063	Filipe Santos	01:37:33	01:30:34		1776
5064	Maria Vieira	01:37:37	01:36:08		376
5065	Carlos Leite	01:37:37	01:36:09		210
5066	Rute Vieira	01:37:37	01:36:08		1054
5067	Rosa Teixeira	01:37:43	01:33:32	AJUDA AO PRÓXIMO	377
5068	Soraia Silva	01:37:44	01:33:34	AJUDA AO PRÓXIMO	47
5069	Maria Silva	01:37:46	01:33:33		378

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
5070	Maria Pereira	01:37:46	00:00:00	AJUDA AO PRÓXIMO	209
5071	Maria Pereira	01:37:47	01:33:37	AJUDA AO PRÓXIMO	379
5072	António Mota	01:38:26	00:00:00		402
5073	Ana Martins	01:38:27	00:00:00		1055
5074	Sofia Mota	01:38:27	00:00:00		155
5075	Maria Costa	01:38:34	01:32:26		156
5076	Margarida Costa	01:38:36	01:32:27		1056
5077	Anabela Barbosa	01:38:39	01:34:13		302
5078	Rita Coelho	01:39:14	00:00:00	Rabbit & Associados	157
5079	Carlos Coelho	01:39:15	01:33:32	Rabbit & Associados	1777
5080	Antonio Melo	01:40:10	01:33:04	MELO	144
5081	Sofia Torres	01:40:14	00:00:00	MELO	158
5082	Branca Albino	01:40:14	01:36:24		380
5083	Teresa Guedes	01:40:15	01:33:08	MELO	159
5084	Jose Albino	01:40:16	01:36:26		152
5085	Rita Lemos	01:40:44	01:33:54		1057
5086	Ines Monteiro	01:40:44	00:00:00		160
5087	Critina Magalhaes	01:40:44	01:33:52		1058
5088	Jose Monteiro	01:40:44	01:33:54		403
5089	Luis Costa	01:40:44	01:33:53		1778
5090	Maria Coelho	01:40:48	01:35:08	Rabbit & Associados	381
5091	Lídia Coelho	01:40:48	01:35:04	Rabbit & Associados	1059
5092	César Lopes	01:40:48	01:35:05	Rabbit & Associados	1779
5093	Pedro Monteiro	01:40:57	01:35:55	Os Mangericos	1780
5094	Mariana Oliveira	01:40:58	01:37:21	oliveira	161
5095	Marcia Costa	01:40:58	01:35:58	Os Mangericos	1060
5096	Fernando Pereira	01:40:58	01:37:19	Pereira	145
5097	Gonçalo Monteiros	01:40:58	01:35:57	Os Mangericos	211
5098	José Faria	01:41:00	01:35:57	Os Mangericos	1781
5099	Barbara Monteiro	01:41:00	01:35:58	Os Mangericos	162
5100	Mário Alte	01:41:00	01:35:59	Os Mangericos	153
5101	Ivone Alte	01:41:02	01:36:04	Os Mangericos	382
5102	Silvia Marques	01:41:04	01:34:26		1061
5103	Susana Baptista	01:41:13	00:00:00		210
5104	Diana Oliveira	01:41:38	00:00:00	oliveira	163
5105	Carla Oliveira	01:41:39	01:38:02	oliveira	1062
5106	Rosa Pereira	01:41:39	01:38:01	Pereira	383

<i>Class.</i>	<i>Atleta</i>	<i>Tempo</i>	<i>T. Chip</i>	<i>Clube</i>	<i>Escalão</i>
5107	Helena Gomes	01:41:42	01:37:09		164
5108	Ana Gomes	01:41:46	01:37:12		165
5109	Maria Fernandes	01:41:57	01:39:06		384
5110	Jose Meireles	01:41:58	01:39:07		154
5111	José Gomes	01:42:19	01:37:42		404
5112	Ana Gomes	01:42:20	01:37:42		166
5113	Martinho Nunes	01:42:21	01:38:42		146
5114	Maria Gomes	01:42:24	01:37:48		167
5115	Isabel Nunes	01:42:25	01:37:48		211
5116	Maria Nunes	01:42:30	01:37:57		385
5117	Mª Nunes	01:42:47	01:39:09		386
5118	Luz Cardeal	01:42:47	01:39:09		387
5119	Jose Santos	01:43:24	01:37:32		303
5120	Clara Castro	01:43:24	01:37:32		304
5121	Jose Henriques	01:43:37	01:37:40		212
5122	Fernando Azevedo	01:43:37	01:37:42		405