

Geral	Dorsal	Nome	Escalão	Esc.	Equipa	Tempo
1.	74	FÁBIO CORREIA	JUN/SEN M	1	INDIVIDUAL	56:41:00
2.	140	RUI MATOS	JUN/SEN M	2	GRECAS VAGOS	57:01:00
3.	105	ARICSON GOMES	JUN/SEN M	3	JOÃO SILVA CCR PRAIA MIRA	57:21:00
4.	49	LUÍS MIGUEL	VET1 35-49 M	1	RECREIO DESP. DE ÁGUEDA	57:44:00
5.	160	ANTONIO CORREIA	VET1 35-49 M	2	JOÃO SILVA CCR PRAIA MIRA	58:52:00
6.	158	PAULO FERREIRA	VET1 35-49 M	3	GRECAS VAGOS	59:55:00
7.	106	ALEXSANDRO VARELA	JUN/SEN M	4	JOÃO SILVA CCR PRAIA MIRA	01:01:16
8.	147	TIAGO DUARTE	JUN/SEN M	5	ATLETISMO CLUBE DA TOCHA	01:01:53
9.	120	ORLANDO VALENTE	VET2 50+ M	1	FC PENAFIEL	01:03:40
10.	38	TONY GRAÇA	VET2 50+ M	2	DCI - TRILHOS LUSO BUSSAC	01:06:05
11.	126	JOSIAS MEIRA	VET1 35-49 M	4	RECREIO DE ÁGUEDA	01:06:14
12.	139	PAULO ANTÓNIO	VET1 35-49 M	5	GRECAS VAGOS	01:07:28
13.	143	MANUEL FARIA	VET2 50+ M	3	JOÃO SILVA CCR PRAIA MIRA	01:07:44
14.	97	MÁRCIA MARTINS	VET1 35-49 F	1	DCI/ TRILHOS LUSO BUSSACO	01:08:00
15.	156	PAULO SILVA	VET1 35-49 M	6	INDIVIDUAL	01:08:07
16.	145	BRUNO MARQUES	VET1 35-49 M	7	ATLETISMO CLUBE DA TOCHA	01:08:21
17.	104	NUNO SILVA	VET1 35-49 M	8	JOÃO SILVA CCR PRAIA MIRA	01:08:38
18.	13	RICARDO RUMOR	VET1 35-49 M	9	INDIVIDUAL	01:09:14
19.	99	JOÃO PEDRO PERALTA	VET1 35-49 M	10	INDIVIDUAL	01:09:31
20.	58	VITOR MARTINS	VET1 35-49 M	11	INDIVIDUAL	01:09:38
21.	161	EVANGELISTA SANTOS	VET2 50+ M	4	INDIVIDUAL	01:10:20
22.	146	ADRIANO TABANEZ	VET1 35-49 M	12	ATLETISMO CLUBE DA TOCHA	01:10:20
23.	138	FERNANDO FREIRE	VET1 35-49 M	13	GRECAS VAGOS	01:10:45
24.	148	DANIEL AGUIAR	VET1 35-49 M	14	INDIVIDUAL	01:11:09
25.	92	RICARDO SILVA	VET1 35-49 M	15	INDIVIDUAL	01:11:27
26.	8	RICARDO SILVA	JUN/SEN M	6	CCD RENAULT CACIA	01:11:57
27.	4	HÉLDER DUARTE	JUN/SEN M	7	INDIVIDUAL	01:12:07
28.	81	ADÉRITO CURTO	VET2 50+ M	5	INDIVIDUAL	01:12:29
29.	117	DIOGO OLIVEIRA	JUN/SEN M	8	INDIVIDUAL	01:14:46
30.	152	ANDRE CRUZ	JUN/SEN M	9	INDIVIDUAL	01:15:01
31.	159	RICARDO OLIVEIRA	JUN/SEN M	10	INDIVIDUAL	01:15:01
32.	79	RICARDO BRANQUINHO	JUN/SEN M	11	NAR - REQUEIXO	01:15:08
33.	103	NUNO ALMEIDA	JUN/SEN M	12	ATLETISMO CLUBE DA TOCHA	01:15:19
34.	7	MÁRIO MARQUES	JUN/SEN M	13	INDIVIDUAL	01:16:16
35.	137	VANDA RIBEIRO	VET1 35-49 F	2	GRECAS VAGOS	01:16:39
36.	3	WILLIAM CAETANO	JUN/SEN M	14	CORRERIA	01:17:09
37.	43	MARA CÉLIA	VET1 35-49 F	3	MC	01:17:10
38.	87	DANIEL CAMARNEIRO	JUN/SEN M	15	INDIVIDUAL	01:18:04
39.	134	JOAO NEGRAO	JUN/SEN M	16	INDIVIDUAL	01:18:40
40.	151	RUI FIGUEIREDO	JUN/SEN M	17	BIKE RIDERS	01:18:54
41.	90	PEDRO SILVESTRE	VET1 35-49 M	16	INDIVIDUAL	01:18:57
42.	73	JOÃO TIAGO SILVA	JUN/SEN M	18	LOBITOSBIKETEAM	01:19:07
43.	31	TIAGO GANDAREZ	JUN/SEN M	19	INDIVIDUAL	01:19:10
44.	121	BRIAN FERREIRA	JUN/SEN M	20	INDIVIDUAL	01:19:42
45.	72	JORGE VILELA	VET1 35-49 M	17	NAR - REQUEIXO	01:19:55
46.	39	ROBERTO RODRIGUES	JUN/SEN M	21	INDIVIDUAL	01:20:09
47.	67	LUCIANO RAMOS AMARAL	VET1 35-49 M	18	LOBITOSBIKETEAM	01:20:13
48.	5	RICARDO SANTOS	JUN/SEN M	22	LOBITOSBIKETEAM	01:20:15
49.	65	JORGE FERNANDES	VET1 35-49 M	19	INDIVIDUAL	01:20:32
50.	54	PAULO COSTA	VET1 35-49 M	20	INDIVIDUAL	01:20:40
51.	93	VITOR BARRETO	VET1 35-49 M	21	BORABORA, VAMOS LÁ!	01:20:49
52.	1	MIGUEL ROCHA	VET1 35-49 M	22	ASV	01:20:51
53.	141	AGNELO SILVA	JUN/SEN M	23	OZXTREME / ADCRPEREIRA	01:21:13
54.	16	LUIS SANTOS	VET1 35-49 M	23	INDIVIDUAL	01:21:39
55.	86	BRUNO KALSSAS	VET1 35-49 M	24	ASV	01:21:39
56.	45	JORGE LAGAREIRO	VET1 35-49 M	25	MC	01:21:40
57.	128	EDUARDO FERREIRA	VET1 35-49 M	26	ATLETISMO CLUBE DA TOCHA	01:22:01
58.	2	JOÃO SANTANA	VET1 35-49 M	27	ARRASTÃO	01:22:17
59.	40	FILIPE ROUXINOL	VET1 35-49 M	28	CARREGA	01:22:18
60.	19	RICARDO BOTELHO	VET1 35-49 M	29	CARREGA	01:22:18

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61.	18	RUI SOARES	VET1 35-49 M	30	CARREGA	01:22:19
62.	111	LUIS FERREIRA	JUN/SEN M	24	INDIVIDUAL	01:22:25
63.	157	GONÇALO CARVALHO	VET1 35-49 M	31	SUPRAS	01:22:32
64.	130	MIGUEL CARLOS	VET1 35-49 M	32	SUPRAS	01:23:11
65.	136	SUZETE MARCO	VET1 35-49 F	4	GRECAS VAGOS	01:23:43
66.	42	JONI ROCHA	JUN/SEN M	25	TAINADAS RUN TEAM	01:23:44
67.	144	PEDRO MIGUEL PINTO	VET1 35-49 M	33	BORABORA, VAMOS LÁ!	01:23:49
68.	142	PEDRO RUANO DE CASTRO	VET1 35-49 M	34	INDIVIDUAL	01:23:53
69.	127	RENATO SILVA	VET1 35-49 M	35	INDIVIDUAL	01:23:54
70.	17	ANTONIO LOPES	VET1 35-49 M	36	INDIVIDUAL	01:24:07
71.	153	SOFIA SIMOES	VET1 35-49 F	5	BIO TEAM RUN	01:24:13
72.	34	BRUNO MIGUEIS	JUN/SEN M	26	VAMOS A PÉ	01:24:36
73.	107	MIGUEL GOMES	JUN/SEN M	27	JOÃO SILVA CCR PRAIA MIRA	01:24:40
74.	55	ALEXANDRE CARDOSO	VET1 35-49 M	37	INDIVIDUAL	01:24:51
75.	15	JOÃO PACHECO	JUN/SEN M	28	INDIVIDUAL	01:25:09
76.	14	SARA DINIS	JUN/SEN F	1	INDIVIDUAL	01:25:11
77.	33	MÁRIO MIGUEIS	VET1 35-49 M	38	VAMOS A PÉ	01:25:44
78.	44	ARMANDO LEITE	VET1 35-49 M	39	MC	01:25:57
79.	66	ALÍRIO DINIZ	VET2 50+ M	6	INDIVIDUAL	01:26:18
80.	154	FERNANDO BANCA	VET1 35-49 M	40	WIKABOO	01:28:15
81.	94	JOSÉ CARVALHO	VET1 35-49 M	41	INDIVIDUAL	01:29:24
82.	83	MANUEL OLIVEIRA	VET1 35-49 M	42	CATS PROGECT	01:30:12
83.	35	MARCO MARQUES	VET1 35-49 M	43	VAMOS A PÉ	01:30:37
84.	41	DAVID MOÇO	JUN/SEN M	29	TAINADAS RUN TEAM	01:31:03
85.	108	CARLOS PEDRO	VET1 35-49 M	44	JOÃO SILVA CCR PRAIA MIRA	01:31:39
86.	57	JULIO MARQUES	VET1 35-49 M	45	INDIVIDUAL	01:31:58
87.	118	PAULO PINTO	VET1 35-49 M	46	INDIVIDUAL	01:32:11
88.	132	ANTONIO MATIAS	JUN/SEN M	30	SUPRAS	01:32:26
89.	46	FATIMA OLIVEIRA	VET1 35-49 F	6	MC	01:32:30
90.	47	CARLOS FAMILIAR	VET1 35-49 M	47	MC	01:32:37
91.	61	SARA RENATA OLIVEIRA	JUN/SEN F	2	DCI/TRILHOS LUSO BUSSACO	01:32:37
92.	96	MANUEL FERREIRA	VET2 50+ M	7	ONDA TEAM	01:34:25
93.	89	JHONNY MARQUES	JUN/SEN M	31	@CAFE	01:34:40
94.	125	ALDA CORDEIRO	VET2 50+ F	1	LADECASA	01:34:55
95.	29	RUI SALGADO	VET1 35-49 M	48	PAPOILAS SALTITANTES	01:38:03
96.	60	DANIELA SANTOS	JUN/SEN F	3	INDIVIDUAL	01:38:08
97.	59	ODETA CRUZ	VET2 50+ F	2	INDIVIDUAL	01:38:09
98.	91	AUGUSTO COSTA	VET2 50+ M	8	BORABORA, VAMOS LÁ!	01:39:01
99.	135	CARLA SIMÕES	VET1 35-49 F	7	BIO TEAM RUN	01:39:02
100.	51	BRUNO MOTA	JUN/SEN M	32	TAINADAS RUN TEAM	01:39:24
101.	52	ROGERIO BARREIRA	VET1 35-49 M	49	INDIVIDUAL	01:39:38
102.	53	PEDRO OLIVEIRA	VET1 35-49 M	50	INDIVIDUAL	01:39:40
103.	68	ALEXANDRE OLIVEIRA	JUN/SEN M	33	INDIVIDUAL	01:46:27
104.	129	ISABEL RIBAU	VET1 35-49 F	8	OS QUARTAS	01:47:11
105.	21	DANIELA FERREIRA	VET1 35-49 F	9	INDIVIDUAL	01:47:14
106.	20	SANDRA SANTOS	VET1 35-49 F	10	INDIVIDUAL	01:47:15
107.	82	HELIA MOUTINHO	VET1 35-49 F	11	CATS PROGECT	01:49:43
108.	69	ANTÓNIO MATOS	VET1 35-49 M	51	BORABORA, VAMOS	01:49:46
109.	77	CLÁUDIA HORTÊNSIO	VET1 35-49 F	12	INDIVIDUAL	01:50:26
110.	75	JOÃO HORTÊNSIO	VET1 35-49 M	52	INDIVIDUAL	01:50:27
111.	56	DUARTE OLIVEIRA	JUN/SEN M	34	INDIVIDUAL	01:57:09
112.	102	PAULA SILVA	VET1 35-49 F	13	SPORTING CLUBE REBOLEIRA	01:57:10
113.	133	ÂNGELA ALMEIDA	JUN/SEN F	4	INDIVIDUAL	02:03:22
114.	131	ANTONIO MALICIA	VET1 35-49 M	53	SUPRAS	02:03:23
115.	100	ANA GOMES	VET1 35-49 F	14	INDIVIDUAL	02:45:35