

| Pos. | Dorsal | Nome              | Equipa                                    | Tempo        | Diferença    |
|------|--------|-------------------|---|--------------|--------------|
| 1    | 551    | Duarte Cruz       | Cscd Norte E Soure                        | 01:14:00.067 | 00:00:00.000 |
| 2    | 507    | Orlando Pires     | Formobike Btt & Trail Running             | 01:15:07.150 | 00:01:07.083 |
| 3    | 515    | André Rosário     | Individual                                | 01:15:22.050 | 00:01:21.983 |
| 4    | 556    | Jose Jesus        | Formobike Btt & Trail Running             | 01:16:35.313 | 00:02:35.246 |
| 5    | 558    | João Silva        | Acdrs Quinhendros                         | 01:20:59.430 | 00:06:59.363 |
| 6    | 531    | Nuno Coutinho     | Cscd Norte E Soure                        | 01:21:19.497 | 00:07:19.430 |
| 7    | 113    | Paulo Maia        | Dci                                       | 01:22:50.710 | 00:08:50.643 |
| 8    | 508    | Arlindo Ribeiro   | Formobike Btt & Trail Running             | 01:24:05.787 | 00:10:05.720 |
| 9    | 505    | Tiago Carvalho    | C. C. D. Crédito Agrícola                 | 01:25:13.770 | 00:11:13.703 |
| 10   | 564    | Paulo Marques     | Formobike Btt & Trail Running             | 01:26:26.887 | 00:12:26.820 |
| 11   | 538    | Pedro Ramos       | A.R.S.M. Associação Recreativa Sao Miguel | 01:27:57.627 | 00:13:57.560 |
| 12   | 580    | Paulo Correia     | Individual                                | 01:28:17.453 | 00:14:17.386 |
| 13   | 521    | Andreia Baptista  | Sc Automóveis & Mm Fisio                  | 01:28:31.820 | 00:14:31.753 |
| 14   | 520    | Tiago Silva       | Sc Automóveis & Mm Fisio                  | 01:28:52.547 | 00:14:52.480 |
| 15   | 561    | Ricardo Pedrosa   | Individual                                | 01:31:13.817 | 00:17:13.750 |
| 16   | 548    | Pedro Ferreira    | Centro Trail Carlos Sá Team Penacova      | 01:31:25.303 | 00:17:25.236 |
| 17   | 562    | Helder Domingues  | Individual                                | 01:31:32.680 | 00:17:32.613 |
| 18   | 141    | Joao Domingues    | Individual                                | 01:31:44.760 | 00:17:44.693 |
| 19   | 563    | Rodrigo Cardoso   | Cscd Norte E Soure                        | 01:31:48.020 | 00:17:47.953 |
| 20   | 545    | Jorge Rodrigues   | Cscd Norte E Soure                        | 01:33:17.250 | 00:19:17.183 |
| 21   | 594    | Abel Batalha      | Souremov                                  | 01:33:17.423 | 00:19:17.356 |
| 22   | 557    | Augusto Silva     | Vikings Trail Runners                     | 01:33:37.047 | 00:19:36.980 |
| 23   | 592    | Ricardo Páscoa    | Souremov                                  | 01:33:54.380 | 00:19:54.313 |
| 24   | 549    | Carlos Pires      | Individual                                | 01:34:05.647 | 00:20:05.580 |
| 25   | 523    | Joel Santos       | Acrm Silveirinha Grande Claras            | 01:35:10.493 | 00:21:10.426 |
| 26   | 544    | Gonçalo Freitas   | C. C. D. Crédito Agrícola                 | 01:37:03.073 | 00:23:03.006 |
| 27   | 533    | Nuno Queiroz      | Pastelaria Almeida                        | 01:38:24.217 | 00:24:24.150 |
| 28   | 529    | Leonel Almeida    | Kick Runners                              | 01:38:28.903 | 00:24:28.836 |
| 29   | 593    | Nélson Rodrigues  | Souremov                                  | 01:39:05.977 | 00:25:05.910 |
| 30   | 567    | Marinho Nunes     | Arca -Gesteira                            | 01:39:06.920 | 00:25:06.853 |
| 31   | 510    | Paulo Lopes       | Pastelaria Almeida                        | 01:40:51.620 | 00:26:51.553 |
| 32   | 568    | Bruno Marques     | Pés Troikados Cscs                        | 01:41:04.443 | 00:27:04.376 |
| 33   | 542    | Paulo Sarmento    | Coimbra Trail Running                     | 01:41:29.047 | 00:27:28.980 |
| 34   | 539    | Bruno Botelho     | Kick Runners                              | 01:41:34.897 | 00:27:34.830 |
| 35   | 571    | Filipe Reis       | Pés Troikados Cscs                        | 01:41:40.833 | 00:27:40.766 |
| 36   | 600    | Miguel Carvalho   | Souremov                                  | 01:41:48.680 | 00:27:48.613 |
| 37   | 559    | Anabela Remédios  | Individual                                | 01:41:57.200 | 00:27:57.133 |
| 38   | 509    | Sandra Santos     | Centro Trail Carlos Sá Team Penacova      | 01:41:57.423 | 00:27:57.356 |
| 39   | 501    | João Dâmaso       | Grupo Maravilha                           | 01:42:14.290 | 00:28:14.223 |
| 40   | 579    | Henrique Costa    | Formobike Btt & Trail Running             | 01:42:17.180 | 00:28:17.113 |
| 41   | 599    | João Marques      | Individual                                | 01:42:44.093 | 00:28:44.026 |
| 42   | 586    | Fernando Rolo     | Souremov                                  | 01:42:51.990 | 00:28:51.923 |
| 43   | 566    | Mário Salgado     | Individual                                | 01:43:01.740 | 00:29:01.673 |
| 44   | 109    | Jorge Ramos       | Individual                                | 01:43:11.193 | 00:29:11.126 |
| 45   | 572    | Gilberto Marques  | Individual                                | 01:43:15.033 | 00:29:14.966 |
| 46   | 576    | Paulo Araujo      | Slow Runners Pombal                       | 01:43:54.613 | 00:29:54.546 |
| 47   | 575    | André Costa       | Slow Runners Pombal                       | 01:43:55.500 | 00:29:55.433 |
| 48   | 506    | João Graça        | Acrm Silveirinha Grande Claras            | 01:44:16.963 | 00:30:16.896 |
| 49   | 577    | Fernando Raimundo | Individual                                | 01:44:53.513 | 00:30:53.446 |
| 50   | 145    | Gina Domingues    | Individual                                | 01:45:05.413 | 00:31:05.346 |
| 51   | 553    | Pedro Moreira     | Slow Runners Pombal                       | 01:45:05.957 | 00:31:05.890 |
| 52   | 589    | Mariana Esteves   | Souremov                                  | 01:45:43.250 | 00:31:43.183 |
| 53   | 601    | Nuno Coelho       | Formobike Btt & Trail Running             | 01:47:01.020 | 00:33:00.953 |
| 54   | 516    | Luis Mendes       | Trilhos Da Nexebra Trail                  | 01:47:19.237 | 00:33:19.170 |
| 55   | 555    | Nuno Fontes       | Individual                                | 01:47:22.937 | 00:33:22.870 |
| 56   | 595    | Tózé Batalha      | Souremov                                  | 01:47:32.297 | 00:33:32.230 |
| 57   | 517    | Hugo Costa        | Individual                                | 01:48:14.263 | 00:34:14.196 |

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|------|--------|--------------------|---|--------------|--------------|
| 58   | 573    | Fausto Carvalho    | A.R.S.M. Associação Recreativa Sao Miguel | 01:48:30.213 | 00:34:30.146 |
| 59   | 546    | Rui Sêco           | Arca -Gesteira                            | 01:49:57.890 | 00:35:57.823 |
| 60   | 519    | Hélder Sêco        | A.R.S.M. Associação Recreativa Sao Miguel | 01:49:58.083 | 00:35:58.016 |
| 61   | 569    | Marco Marco        | Lama Solta                                | 01:51:02.817 | 00:37:02.750 |
| 62   | 518    | Lucidio Dias       | Acrm Silveirinha Grande Claras            | 01:52:58.453 | 00:38:58.386 |
| 63   | 565    | Fernanda Gariso    | Souremov                                  | 01:53:48.530 | 00:39:48.463 |
| 64   | 526    | José Pedrosa       | Grupo Maravilha                           | 01:53:54.770 | 00:39:54.703 |
| 65   | 547    | Ivan Costa         | Individual                                | 01:54:06.863 | 00:40:06.796 |
| 66   | 574    | Alexandre Ferreira | Individual                                | 01:54:07.607 | 00:40:07.540 |
| 67   | 537    | Jorge Contente     | Gatinhos Assanhados                       | 01:54:10.127 | 00:40:10.060 |
| 68   | 597    | Vítor Gariso       | Souremov                                  | 01:54:41.390 | 00:40:41.323 |
| 69   | 513    | Joao Roso          | Individual                                | 01:55:14.490 | 00:41:14.423 |
| 70   | 608    | António Ferreira   | Formobike Btt & Trail Running             | 01:55:15.247 | 00:41:15.180 |
| 71   | 578    | Vasco Lapo         | Individual                                | 01:56:06.380 | 00:42:06.313 |
| 72   | 532    | Raquel Matias      | Formobike Btt & Trail Running             | 01:56:57.897 | 00:42:57.830 |
| 73   | 530    | Gabriela Carraco   | Acrm Silveirinha Grande Claras            | 01:57:14.523 | 00:43:14.456 |
| 74   | 512    | Artur Costa        | Individual                                | 01:58:31.527 | 00:44:31.460 |
| 75   | 560    | Hugo Carvalho      | Fruta Da 5ª                               | 01:59:32.080 | 00:45:32.013 |
| 76   | 581    | Sílvia Domingues   | Slow Runners Pombal                       | 02:01:08.887 | 00:47:08.820 |
| 77   | 511    | Luis Paiva         | Kick Runners                              | 02:02:33.403 | 00:48:33.336 |
| 78   | 583    | Catarina Cordeiro  | Souremov                                  | 02:02:45.867 | 00:48:45.800 |
| 79   | 588    | Telmo Lopes        | Souremov                                  | 02:02:47.013 | 00:48:46.946 |
| 80   | 527    | Rute Silva         | Individual                                | 02:03:15.103 | 00:49:15.036 |
| 81   | 552    | Daniel Reis        | Individual                                | 02:04:39.587 | 00:50:39.520 |
| 82   | 534    | Vitor Lourenco     | Btt Davinha                               | 02:04:44.743 | 00:50:44.676 |
| 83   | 591    | António Mota       | Souremov                                  | 02:05:13.740 | 00:51:13.673 |
| 84   | 535    | Nuno Martins       | Coimbra Trail Running                     | 02:06:06.393 | 00:52:06.326 |
| 85   | 585    | Carlos Rocha       | Souremov                                  | 02:07:20.787 | 00:53:20.720 |
| 86   | 570    | Joao Marques       | Pés Troikados Cscs                        | 02:07:23.547 | 00:53:23.480 |
| 87   | 587    | Alda Santos        | Souremov                                  | 02:07:29.287 | 00:53:29.220 |
| 88   | 524    | Rafael Bronze      | Grupo Maravilha                           | 02:09:07.727 | 00:55:07.660 |
| 89   | 536    | Carlos Inacio      | Kick Runners                              | 02:11:59.367 | 00:57:59.300 |
| 90   | 582    | António Seródio    | Souremov                                  | 02:12:09.190 | 00:58:09.123 |
| 91   | 584    | Rita Cordeiro      | Souremov                                  | 02:12:10.293 | 00:58:10.226 |
| 92   | 596    | Sofia Santos       | Souremov                                  | 02:12:29.827 | 00:58:29.760 |
| 93   | 514    | Ondina Leal        | Acrm Silveirinha Grande Claras            | 02:15:51.960 | 01:01:51.893 |
| 94   | 610    | Joao Sousa         | Individual                                | 02:15:52.340 | 01:01:52.273 |
| 95   | 554    | Pedro Nunes        | Individual                                | 02:15:53.013 | 01:01:52.946 |
| 96   | 590    | Aida Pinheiro      | Souremov                                  | 02:16:59.577 | 01:02:59.510 |
| 97   | 528    | Beatriz Matias     | Individual                                | 02:18:07.710 | 01:04:07.643 |