

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
1	3046	pedro magalhães	M	AMA Associação Mondim Atletismo	Juniores/Séniore	01:14:08	01:14:02
2	2835	Tiago lisboa	M	Grupo Dramático e Recreativo da Retorta	VET 35	01:15:20	01:15:20
3	2200	Diogo Fernandes	M	Dr. Merino/4moove	Juniores/Séniore	01:15:31	01:15:26
4	2142	Renato Sousa	M	A D Rio Largo C Espinho	Juniores/Séniore	01:15:35	01:15:35
5	2327	JOAQUIM MANUEL JESUS LOPES	M	C.D. S. SALVADOR DO CAMPO	VET 50	01:15:48	01:15:48
6	3034	Tiago Pinto	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 35	01:15:50	01:15:47
7	3096	ANTONIO SOUSA	M	RIPOLINS GRIJÓ A CORRER	VET 45	01:16:13	01:16:13
8	3080	Pedro Silva Pereira	M	Águias de Alvelos	VET 40	01:16:32	01:16:30
9	2836	Luís Ricardo Beato Pereira	M	Águas de Alvelos	VET 35	01:16:34	01:16:34
10	3085	Pedro Ferreira	M	Sport Lisboa e Benfica	Juniores/Séniore	01:17:07	01:17:07
11	3086	Paulo Rocha	M	RunRiver-Escola Atletismo de Rio Tinto	VET 35	01:17:07	01:17:07
12	2598	José Almeida	M		VET 40	01:19:31	01:19:25
13	2329	José Cabral	M	S.C.E./António Leitão	VET 55	01:19:37	01:19:37
14	2858	Pedro Gama	M	CCD APDL	VET 40	01:19:39	01:19:39
15	2323	Toni soares	M	juventude ilha verde	VET 35	01:19:59	01:19:48
16	2282	Sérgio Ferreira	M	CCD APDL	Juniores/Séniore	01:20:03	01:20:00
17	2213	António Jesus	M	Nascidos Para Correr	VET 50	01:20:21	01:20:17
18	2538	Joaquim Alves	M	Nascidos Para Correr	VET 45	01:20:22	01:20:22
19	2289	Hugo Bastos	M	CCD APDL	VET 35	01:21:16	01:21:12
20	2769	Paulo Pilroto	M	Nascidos Para Correr	VET 45	01:21:32	01:21:32
21	2749	Américo santos	M	Casa doce	VET 45	01:21:41	01:21:41
22	2407	HUGO COSTA	M	Viriathys Runners Viseu	VET 50	01:21:53	01:21:30
23	2295	Joaquim Oliveira	M	Grupo Desportivo Ferroviários de Campanhã	VET 45	01:21:58	01:21:44
24	2826	Nuno André Moreira Soares	M	Correr Lisboa	VET 35	01:22:26	01:22:26
25	2149	Paulo Oliveira	M	Sporting Clube de Espinho / António Leitão	VET 45	01:22:36	01:22:36
26	2585	Hugo Santos	M	Nascidos Para Correr	VET 35	01:22:58	01:22:42
27	2408	JOSÉ AFONSO	M	HSANTAMARIART	VET 40	01:23:05	01:22:53
28	2565	António Pinto	M	ACR de Vale de Cambra	VET 50	01:23:13	01:23:08
29	2371	Rolando Ribeiro	M		VET 45	01:23:50	01:23:50
30	2669	carlos alves	M	GaiaTrail	VET 35	01:24:04	01:23:52
31	2696	fernando pereira	M	ad lustosa	VET 50	01:24:08	01:24:03
32	2697	Ricardo Pereira	M		VET 35	01:24:16	01:24:13
33	2318	Vasco	M	Correr Lisboa	VET 40	01:24:20	01:24:20
34	2581	DAVID LOPES	M		Juniores/Séniore	01:25:50	01:25:18
35	3001	Telmo Ferreira	M	ALIVE FITNESS CKUB	VET 35	01:25:56	01:24:55
36	2165	Jorge Gomes	M	Arcorun	VET 35	01:26:08	01:26:02
37	3099	RUI TAVARES	M	RIPOLINS GRIJÓ A CORRER	VET 35	01:26:10	01:26:04
38	2312	Carlos Rodrigues	M		Juniores/Séniore	01:26:25	01:26:18
39	2547	José Mota	M	Nascidos Para Correr	VET 55	01:26:37	01:25:27
40	2766	Bruno Cunha	M		Juniores/Séniore	01:26:41	01:26:33
41	2865	João Lopes	M	Nascidos Para Correr	VET 45	01:27:03	01:27:00
42	2763	Joao ribeiro	M		Juniores/Séniore	01:27:10	01:27:05
43	2301	Mati David	M	NAVR	VET 40	01:27:15	01:27:02
44	3090	António Moreira	M	Academia Fernanda Ribeiro	VET 40	01:27:19	01:27:10

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
45	2083	Victor Martins	M	Sociedade Recreio Cepanense	VET 40	01:27:24	01:27:19
46	3098	JOSÉ SILVA	M	RIPOLINS GRIJÓ A CORRER	VET 45	01:27:25	01:27:19
47	2111	mario monteiro	M	C.At. Nossa senhora conceição	VET 40	01:27:31	01:27:21
48	2571	Óscar Sobral	M	Viriathvs Runners Viseu	VET 35	01:27:34	01:27:17
49	2370	Joaquim Pinheiro	M	Sheraton Porto	VET 45	01:27:50	01:27:37
50	2554	Nuno Sousa	M	Running Espinho	VET 40	01:27:56	01:27:44
51	2525	Bruno Vidinha	M	Caldas S. Jorge Sport Clube	Juniores/Séniore	01:28:01	01:28:01
52	2604	Paulo José Gomes Fernandes	M	Clube Veteranos do Porto	VET 45	01:28:06	01:28:06
53	2281	Tiago Cordeiro	M	Correr Lisboa	Juniores/Séniore	01:28:26	01:28:09
54	2627	Vítor Manuel Ferreira Dias	M		Juniores/Séniore	01:28:31	01:28:31
55	2560	Telmo Reis	M	Lousada Runners	VET 35	01:28:40	01:28:21
56	3018	Frederico Fernandes	M		VET 35	01:28:56	01:28:17
57	2751	Pedro Freitas	M	Factor X / S4L / Medense FC	VET 40	01:29:02	01:28:53
58	2621	MANUEL HENRIQUE FERREIRA GOMES	M		VET 40	01:29:08	01:28:23
59	2558	João Carlos Rocha	M	NAVR	VET 35	01:29:19	01:29:08
60	2167	Rui Reis	M	HSANTAMARIART	VET 35	01:29:22	01:29:07
61	2082	Arnaldo José Araújo	M		VET 45	01:29:28	01:28:14
62	2496	Luís Filipe Costa Carvalho	M		Juniores/Séniore	01:29:29	01:29:24
63	2171	Rui Alves	M		VET 45	01:29:38	01:29:13
64	2800	Filipe Valente	M		Juniores/Séniore	01:29:59	01:28:23
65	2583	António Miranda	M		Juniores/Séniore	01:30:03	01:28:49
66	3045	paulo pires	M	AMA Associação Mondim Atletismo	VET 35	01:30:09	01:29:49
67	2821	Joaquim Pereira	M	Nascidos Para Correr	VET 50	01:30:11	01:30:05
68	3032	Elisabete Pereira	F	Recreio Desportivo de Águeda	VET 35	01:30:12	01:30:12
69	1999	Ana Rocha	F	ALIVE FITNESS CKUB	VET 35	01:30:19	01:29:17
70	2068	Miguel Lopes	M	Joana e Mi	VET 35	01:30:19	01:29:34
71	2398	Joaquim Filipe Vieira Pereira	M	Lousada Runners	Juniores/Séniore	01:30:37	01:30:18
72	2552	Rui Pereira	M	Boavista F.C	VET 45	01:30:38	01:30:23
73	2085	Fernando Souza	M	Boavista F.C	Juniores/Séniore	01:30:39	01:30:23
74	2287	Antonio M Nascimento	M	C.F.Oliveira do Douro	VET 50	01:30:51	01:30:51
75	2465	Pedro Brito	M		VET 45	01:30:52	01:30:23
76	2508	JOSE TAVARES	M		VET 45	01:30:59	01:30:56
77	2783	Paulo Nascimento	M	Nascidos Para Correr	VET 40	01:31:05	01:30:59
78	2219	Jose Carlos Lacerda	M		VET 35	01:31:15	01:31:04
79	2246	João Araújo	M	Ermentão	VET 35	01:31:25	01:31:12
80	2374	Joaquim Fernandes Pinheiro	M	INDIVIDUAL	VET 50	01:31:27	01:31:09
81	3060	Henrique Coelho	M	NASCIDOS PARA CORRER	VET 40	01:31:28	01:31:21
82	2384	Carlos Ferreira	M	Viseu 360	VET 40	01:31:33	01:30:20
83	2746	Álvaro Cardoso	M		VET 35	01:31:34	01:31:30
84	2250	João Martins	M	Nascidos Para Correr	VET 40	01:31:44	01:31:36
85	2882	Jorge Abreu	M	RUN TEJO	Juniores/Séniore	01:31:47	01:30:30
86	2715	Miguel Pereira	M	CCDTC.M.GONDOMAR	VET 45	01:31:51	01:31:46
87	2389	Tiago Ferreira	M	NAmadores	VET 35	01:32:04	01:31:48
88	3075	Luís Sá	M		913235271 Juniores/Séniore	01:32:17	01:31:55

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
89	2503	Ricardo Jorge Silva Osório	M	Unidos Á Fresca	VET 60	01:32:18	01:32:05
90	2542	FERNANDO COSTA	M	CDCR DOS CTT	VET 40	01:32:20	01:31:06
91	2051	José Mendes	M	Falsos Lentos	VET 35	01:32:30	01:31:57
92	2629	Carlos Couto	M	Arcorun	VET 40	01:32:35	01:31:57
93	2169	Pedro Teixeira	M	Nascidos Para Correr	VET 40	01:32:37	01:32:28
94	2705	silvio	M	NASCIDOS PARA CORRER	VET 40	01:32:41	01:32:32
95	2550	Mário Melo	M	Galhardos Runners	VET 35	01:32:42	01:31:26
96	2848	Paulo Silva	M		VET 50	01:32:42	01:32:25
97	2608	Eduardo Pinto	M		VET 40	01:32:44	01:32:31
98	2211	Hélder Silva	M	Os Rompe Solas	VET 40	01:32:46	01:32:46
99	2818	Luís Oliveira	M		Juniores/Séniore	01:32:47	01:32:24
100	2369	Pedro Ribeiro	M		Juniores/Séniore	01:32:57	01:32:48
101	2220	Ricardo Moutinho	M	100meta	Juniores/Séniore	01:32:59	01:32:04
102	2625	Paulo Moreira	M	CCD APDL	VET 45	01:33:02	01:32:42
103	2507	Joaquim Manuel Lopes Cunha	M	Águas do Porto - Casa dos Trabalhadores	VET 45	01:33:08	01:32:59
104	2586	Virgilio Vieira	M	Nascidos Para Correr	VET 35	01:33:08	01:33:06
105	2305	Manuel Silva	M	NORTIGAIA-AMIGOS DA PÍCUA	VET 60	01:33:13	01:33:00
106	2500	Nuno Vidal	M	Nascidos Para Correr	VET 40	01:33:15	01:32:29
107	2840	Carlos Oliveira	M	NAVR	VET 35	01:33:18	01:33:06
108	2347	Vital Soares	M	Viseu 360	VET 35	01:33:26	01:32:13
109	2556	Bruno Daniel Carvalho Castro	M	GDR Juventude das Ribeiras	Juniores/Séniore	01:33:28	01:33:19
110	2320	Pedro Miguel Iaranjo	M	Viseu 360	VET 45	01:33:33	01:32:20
111	2614	FERNANDO BARBOSA	M	INVICTA RUNNERS TEAM	VET 50	01:33:38	01:33:19
112	2884	Clara Oliveira	F	Viseu 360	Juniores/Séniore	01:33:38	01:32:13
113	2817	samuel salcedo	M		Juniores/Séniore	01:33:39	01:33:26
114	2402	Hugo Dias	M		Juniores/Séniore	01:33:39	01:32:51
115	2090	DamásioAntonio Moreira Pereira	M	Runnig Espinho	VET 35	01:33:40	01:33:05
116	2891	Nuno Costa	M		VET 35	01:33:48	01:32:51
117	2317	Cristóvão Sampaio	M	Amigos das Sapatilhas	VET 40	01:33:49	01:33:18
118	2815	Marco Vasconcelos	M	Equipa A	VET 35	01:34:04	01:32:53
119	2296	Helder Teixeira	M	Nascidos Para Correr	VET 40	01:34:08	01:34:02
120	2622	Luis Ribeiro	M	S. S. Montepio	VET 40	01:34:11	01:32:59
121	2001	Francisco Castelo Branco	M		VET 50	01:34:17	01:34:17
122	2349	vit0r	M		VET 45	01:34:21	01:34:21
123	2829	Marco Almeida	M	Nascidos Para Correr	VET 40	01:34:21	01:34:06
124	2782	António Pereira	M	Nascidos Para Correr	VET 60	01:34:21	01:34:17
125	2344	Eduardo Pinto	M	Nascidos Para Correr	VET 55	01:34:22	01:34:17
126	2197	Carlos Duarte	M		VET 35	01:34:35	01:33:54
127	2797	Miguel pinto	M	Trail running clube BTT Sanguedo	Juniores/Séniore	01:34:40	01:34:20
128	2373	Jose Pedro Montanha Martins	M		VET 40	01:34:47	01:34:25
129	2481	Paulo Craveiro	M	Veteranos do Porto	VET 45	01:34:50	01:33:08
130	2387	Jorge Lopes	M	Equipa A	VET 40	01:34:54	01:33:43
131	2052	Manuel Bastos	M	Trail Running Clube BTT Sanguedo	VET 45	01:35:02	01:34:55
132	2470	Vitor Manuel Ferreira de Sousa	M	Centro Ciclista de Gondomar	VET 50	01:35:10	01:35:03

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
133	2331	Diana Sousa	F	Centro Ciclista de Gondomar	Juniores/Séniore	01:35:11	01:35:11
134	3043	SILVÉRIO OLIVEIRA DOS SANTOS	M	Clube Pessoal Águas Gaia	VET 45	01:35:17	01:34:51
135	2174	Heitor Araújo	M		VET 50	01:35:23	01:35:05
136	2785	Faria	M	MSS CONTABILIDADE TRAIL TEAM	VET 50	01:35:28	01:34:48
137	2544	Paulo Palma	M	Dream Runners Évora	VET 50	01:35:29	01:35:20
138	2176	Tiago Vaz Osório	M	Grinder Boys	Juniores/Séniore	01:35:31	01:35:02
139	2878	Fabio Almeida	M	SAI DA FRENTE	Juniores/Séniore	01:35:38	01:35:22
140	2049	Alessio Paoletti	M		Juniores/Séniore	01:35:41	01:35:22
141	2597	LUÍS BRANCO	M	Fogaças com Malapos	VET 35	01:35:47	01:34:44
142	2062	Domingos Presas	M	Nascidos Para Correr	VET 50	01:35:47	01:35:43
143	2134	Fernando Rocha	M	Nascidos Para Correr	VET 50	01:35:48	01:35:03
144	2359	Hélder Guedes	M		VET 40	01:35:55	01:35:55
145	2485	Pedro Paula	M	Nascidos Para Correr	VET 40	01:36:02	01:35:16
146	2454	JOSÉ MARINHO	M	NORTIGAIA-AMIGOS DA PÍCUA	VET 45	01:36:06	01:35:59
147	2767	Pedro	M		Juniores/Séniore	01:36:11	01:35:41
148	2123	gaspar pais	M	GODINI	VET 45	01:36:18	01:35:53
149	2682	Octávio Sousa	M	Nascidos Para Correr	VET 55	01:36:25	01:36:18
150	2747	Fernando Eduardo Ribeiro Miranda	M		VET 50	01:36:30	01:35:27
151	2875	JOSE FARO	M	Viriathvs Runners Viseu	VET 45	01:36:34	01:36:13
152	2226	César Sousa	M	Hora do Lobo Trail - CF Perosinho Atletismo	VET 40	01:36:37	01:35:24
153	2060	António Borges	M	Porto Sentido Runners	VET 45	01:36:37	01:35:42
154	2703	Francisco Cunha	M	Sociedade Recreio Cepenense	VET 45	01:36:44	01:36:30
155	2234	RUI AMORIM	M	INVICTA RUNNERS TEAM	VET 50	01:36:46	01:35:25
156	2539	Carlos Brito	M		VET 35	01:36:48	01:36:31
157	2537	Hugo Tiago	M	LION RUNNERS - G. D. Leões da Guarda	Juniores/Séniore	01:36:50	01:36:23
158	2732	Raul Pinto Ferreira	M	Pinto Ferreira	VET 35	01:36:54	01:35:39
159	2805	TIAGO GOMES	M	INVICTA RUNNERS TEAM	VET 35	01:36:59	01:36:40
160	2670	Ricardo Queirós	M		VET 40	01:37:01	01:36:28
161	2086	Bobby Moran	M		Juniores/Séniore	01:37:08	01:35:26
162	2341	Paulo Reis	M	Arcorun	VET 45	01:37:11	01:37:04
163	2151	VITOR HUGO	M		VET 50	01:37:12	01:36:42
164	2611	Paulo Duarte	M		VET 40	01:37:13	01:36:51
165	2764	PAULO FRANCISCO	M	Paulo Francisco Runner Team	VET 45	01:37:16	01:36:21
166	2570	Quintino Amorim	M	Trail Running Clube BTT Sanguedo	VET 45	01:37:17	01:37:09
167	2472	Joel Roriz	M		VET 35	01:37:20	01:37:14
168	3051	fernando magalhães	M	AMA Associação Mondim Atletismo	VET 35	01:37:23	01:37:02
169	2298	ruí miguel rodrigues paralvas	M	académico de belém	VET 35	01:37:25	01:36:10
170	3020	Pedro Gomes	M		Juniores/Séniore	01:37:25	01:35:46
171	3009	Alberto Espinheira	M		VET 55	01:37:28	01:37:10
172	2662	José Lopes	M	Estrela Campo de Aviação F.C.	VET 50	01:37:41	01:36:55
173	2280	Ricardo Silva	M	Centro Atletismo Porto	VET 45	01:37:41	01:36:44
174	2699	Hélder Beleza	M		VET 35	01:37:43	01:37:14
175	2743	Jorge Marinho	M		VET 50	01:37:43	01:36:54
176	2294	Sofia Pimenta	F	LION RUNNERS - G. D. Leões da Guarda	VET 35	01:37:44	01:37:28

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
177	2790	Serafim Ramos	M	LION RUNNERS - G.D. Leões da Guarda	VET 60	01:37:44	01:36:32
178	2883	Fernando Remelgado	M	CCD - Siemens	VET 40	01:37:49	01:37:08
179	2872	Rui Teixeira	M	TEAM LANTEMIL	VET 40	01:37:50	01:37:09
180	3021	Manuel Silva Sá	M	Centro Atletismo Porto	VET 55	01:37:51	01:36:54
181	2201	hugo sousa	M	Gin Marathon Runners	VET 40	01:37:53	01:37:36
182	2476	BRUNO NEVES	M	INVICTA RUNNERS TEAM	VET 35	01:37:55	01:37:36
183	2115	Ibraim Sousa	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	01:37:56	01:37:30
184	2042	HENRIQUE BORGES	M	INDIVIDUAL	VET 50	01:38:07	01:37:15
185	2807	Eduardo Ribeiro	M	A. D. Amarante Atletismo	VET 40	01:38:09	01:37:42
186	3030	Rui Filipe Ferreira Vieira	M		VET 40	01:38:15	01:36:32
187	3078	Paulo Quintas	M		VET 45	01:38:18	01:38:03
188	2002	Sérgio Guimarães	M	Hora do Lobo Trail - CF Perosinho Atletismo	VET 40	01:38:22	01:36:48
189	2248	Antonio Gomes	M	Ginasio Clube Santo Tirso	VET 50	01:38:22	01:38:04
190	2590	Marco Amorim	M	Salgueiros Running	Juniores/Séniore	01:38:23	01:38:14
191	2333	João Carlos Ribeiro	M	Molinhas Team	VET 40	01:38:27	01:37:02
192	2511	Paulo Machado	M	Centro Atletismo Porto	VET 40	01:38:30	01:38:22
193	2104	rodrigo costa	M		VET 50	01:38:33	01:38:30
194	2080	Fernando Ribeiro	M	100meta	VET 50	01:38:35	01:37:39
195	2725	Eduardo Pacheco	M	Zollern & Comandita	VET 35	01:38:37	01:38:10
196	2112	Leonel Silva	M	Hora do Lobo Trail - CF Perosinho Atletismo	VET 45	01:38:37	01:37:04
197	2776	Paulo	M		VET 50	01:38:40	01:38:34
198	2793	VIRGILIO CARÇÃO	M	INVICTA RUNNERS TEAM	VET 45	01:38:41	01:37:20
199	2704	Miguel Moura	M	Factor X / S4L / Medense FC	VET 40	01:38:41	01:38:29
200	3035	António Azevedo	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 45	01:38:41	01:38:11
201	3048	luis costa	M	AMA Associação Mondim Atletismo	VET 45	01:38:44	01:38:21
202	2632	Emanuel Madureira	M	Nascidos Para Correr	VET 55	01:38:49	01:38:41
203	2444	Nuno Milheiro	M		VET 40	01:38:59	01:38:45
204	2628	Pires	M	Viseu 360	VET 40	01:39:03	01:37:23
205	2685	Nuno Pereira	M	MINDE RUN	VET 35	01:39:06	01:38:22
206	2750	Francisco Monteiro	M		VET 40	01:39:14	01:38:38
207	2889	António Gomes Barros Oliveira	M		VET 60	01:39:17	01:38:31
208	2435	narciso	M		Juniores/Séniore	01:39:18	01:39:08
209	2449	Carlos lourenço	M		VET 50	01:39:19	01:38:47
210	2166	Diogo Ferreira	M		VET 35	01:39:20	01:38:47
211	3039	Rui Eusébio	M	Academia Fernanda Ribeiro	VET 50	01:39:30	01:39:23
212	2342	Vitor Pereira	M		VET 35	01:39:34	01:39:22
213	2641	Fernando Pinto Carvalho	M		VET 60	01:39:35	01:38:24
214	2337	Rosa Conceição	F	Trail Running Clube BTT Sanguedo	VET 45	01:39:35	01:39:22
215	2030	Paulo Silva	M		VET 45	01:39:37	01:39:18
216	3007	Ricardo Campos	M	G. D. Leões da Agra	Juniores/Séniore	01:39:41	01:39:17
217	2646	Fernando Elói Santos Sousa	M		VET 55	01:39:43	01:39:19
218	2309	Luís Ribeiro	M	Lousada Runners	VET 35	01:39:47	01:38:45
219	2093	António Augusto Silva	M	Lousada Runners	VET 50	01:39:48	01:38:45
220	2432	Nuno Miguel Vieira Soares	M		Juniores/Séniore	01:39:49	01:38:49

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
221	2615	armando cerqueira	M	grupo desportivo leoes do veneza	VET 55	01:39:51	01:39:22
222	2425	Zé Pereira	M	A D Rio Largo C Espinho	VET 35	01:39:51	01:38:17
223	2602	Adriano Queiroz	M	A D Rio Largo C Espinho	VET 60	01:39:52	01:38:18
224	3097	EDGAR SILVA	M	RIPOLINS GRIJÓ A CORRER	VET 35	01:39:53	01:39:17
225	2193	Toni Ferreira	M	Hora do Lobo Trail - CF Perosinho Atletismo	VET 35	01:39:55	01:38:25
226	2127	FERNANDO COSTA	M	Running Espinho	VET 40	01:40:02	01:39:50
227	3002	Paula Rios	F	EDV-Vianatrail	VET 45	01:40:03	01:39:44
228	2186	Cristina Iglésias	F	Viana Running	VET 40	01:40:05	01:39:46
229	2194	Rui Rodrigues	M	Viriathvs Runners Viseu	VET 45	01:40:05	01:39:45
230	2143	PAULO MILHEIRO	M	Viriathvs Runners Viseu	VET 35	01:40:06	01:39:44
231	3011	Ivo Nascimento	M		Juniores/Séniore	01:40:09	01:39:45
232	3026	Bruno Jose Teixeira Gomes Gomes	M	Lousada runners	Juniores/Séniore	01:40:09	01:39:45
233	2147	João Silva	M		VET 40	01:40:11	01:39:22
234	2367	Orlando Ferreira	M		VET 50	01:40:16	01:39:45
235	2861	manuel povoas	M	MSS CONTABILIDADE TRAIL TEAM	VET 55	01:40:20	01:40:15
236	2479	Ernesto da Rocha Gonçalves	M		VET 45	01:40:25	01:40:13
237	2854	António Vila Pouca	M		Juniores/Séniore	01:40:30	01:40:17
238	2125	Emanuel Coelho	M	Porto Sentido Runners	VET 35	01:40:34	01:40:09
239	2081	jaime seoane	M	Gin Marathon Runners	VET 50	01:40:34	01:40:16
240	2649	José Ferreira	M		VET 40	01:40:40	01:40:07
241	2601	MANUELA FARIA	F	PORTOCARGO RUNNERS	VET 45	01:40:43	01:40:00
242	2067	jose fernando couto nogueira	M	licores do ze	VET 55	01:40:45	01:39:37
243	2214	Miguel Pena	M	Nascidos Para Correr	VET 40	01:40:50	01:40:28
244	2020	Ivo André Amorim Monteiro	M		Juniores/Séniore	01:40:51	01:39:31
245	2650	Davide afonso	M	Amigos das Sapatilhas	Juniores/Séniore	01:40:53	01:40:22
246	2379	Filipe Moura	M	Amigos das Sapatilhas	VET 40	01:40:54	01:40:23
247	2009	Marco Silva	M	Grupo Desportivo Banco de Portugal	VET 45	01:40:56	01:40:48
248	2382	Joao Silva	M		VET 35	01:40:58	01:40:11
249	2409	Vitor Cardoso	M	Baguim Runners	VET 40	01:40:58	01:40:47
250	2244	Olga Branquinho	F	Equipa A	VET 45	01:41:00	01:39:51
251	2196	Sergio Fonseca	M	Feltrail	VET 45	01:41:05	01:39:23
252	2116	David Silva	M		VET 40	01:41:06	01:41:00
253	2055	João Trigo	M		Juniores/Séniore	01:41:11	01:40:37
254	2824	ANTONIO TEIXEIRA	M	CDCR DOS CTT	VET 55	01:41:13	01:40:56
255	3023	Bruno Pinheiro	M		Juniores/Séniore	01:41:15	01:40:14
256	2023	Carlos Manuel Rocha	M	SAI DA FRENTE	VET 40	01:41:19	01:41:07
257	2041	Nelson Vinha	M	Gin Marathon Runners	VET 40	01:41:20	01:41:03
258	2109	TANIA HENRIQUE	F		VET 35	01:41:24	01:40:34
259	2300	Norberto Costa	M		VET 50	01:41:27	01:36:58
260	2543	Nuno Miguel de Castro Pereira	M	Gasistas	VET 35	01:41:29	01:40:40
261	2135	Marcos André Neves dos Santos	M	Factor X / S4L / Medense FC	Juniores/Séniore	01:41:30	01:41:18
262	2844	Hugo Fernandes	M		VET 40	01:41:35	01:41:13
263	2820	Artur Rego	M		VET 40	01:41:40	01:40:40
264	2097	Gilberto Ferreira	M	C.C.Recreativo de São Martinho	VET 35	01:41:50	01:41:28

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
265	2536	Alvaro Marques	M	Ginasio Clube Santo Tirso	VET 50	01:41:53	01:41:36
266	2140	Pedro Miguel Correia Vieira	M	C.C.Recreativo de São Martinho	VET 35	01:42:01	01:41:39
267	2263	RUI SOUSA	M		VET 45	01:42:03	01:41:56
268	3082	Rui Cardoso	M	Boavista F.C	VET 50	01:42:09	01:42:01
269	2663	JOAQUIM COELHO	M	INVICTA RUNNERS TEAM	VET 35	01:42:10	01:41:50
270	2762	Joao Antonio Marques	M		VET 35	01:42:13	01:41:42
271	2888	Miguel Aguiar	M	Viseu 360	Juniores/Séniore	01:42:15	01:40:49
272	2657	Bruno Couto	M		VET 35	01:42:16	01:41:05
273	2770	helder	M	Kilosmoda	VET 40	01:42:21	01:41:49
274	2594	Adão Dias	M	Nascidos Para Correr	VET 60	01:42:25	01:42:25
275	2205	Armando Moreira	M	Zollern	VET 40	01:42:25	01:41:58
276	2642	Alberto	M	Kilosmoda	VET 40	01:42:26	01:41:54
277	3064	Rúben Rocha	M	GVN Runners	Juniores/Séniore	01:42:27	01:41:24
278	2569	Frank Rogerson	M		VET 50	01:42:32	01:41:42
279	2856	Carlos Costa	M		VET 40	01:42:33	01:41:54
280	2771	Nelson Santos	M		VET 45	01:42:36	01:41:46
281	2215	pedro	M	jesus runners	Juniores/Séniore	01:42:37	01:40:59
282	2268	Luís Gonçalves	M	Dr. Runner's Team	VET 35	01:42:37	01:41:06
283	2555	Sidónio Gonçalves	M	CCS - Clube Ciclismo de Sendim	Juniores/Séniore	01:42:38	01:41:19
284	2118	Cédric	M		VET 35	01:42:43	01:41:58
285	2796	Pedro Marques	M	Factor X / S4L / Medense FC	VET 40	01:42:45	01:42:34
286	2686	ANTÓNIO CARVALHO	M	ATLÉTISMO ESTRELAS SUSANENSES	VET 50	01:42:52	01:41:43
287	2024	Francisco Aguiar	M	Viseu 360	VET 50	01:42:55	01:41:30
288	2207	André Botelho	M	Nascidos Para Correr	VET 40	01:42:56	01:42:41
289	2799	Vítor Mendes	M	Befitness Runners	VET 35	01:42:57	01:42:19
290	2216	Zeferino Fernandes	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	01:42:58	01:42:53
291	2285	Bruno Miguel Neves Marques	M		Juniores/Séniore	01:42:58	01:41:30
292	2843	sergio ricardo	M	HSANTAMARIART	VET 40	01:42:59	01:41:35
293	2517	Ricardo Figueiredo	M		VET 50	01:43:02	01:42:17
294	2311	Hugo Gomes	M	Run for Friends	VET 35	01:43:04	01:41:48
295	2026	Bruno Amaro	M	Run for Friends	VET 35	01:43:04	01:41:47
296	2690	ANIBAL CARRALAS	M		VET 40	01:43:05	01:42:52
297	2723	Erasmo Alves	M	TAYLORS	VET 40	01:43:06	01:41:57
298	2759	JORGE AGUIAR	M	Referee Team	VET 40	01:43:08	01:42:01
299	2336	Fábio Silva	M	Referee Team	Juniores/Séniore	01:43:08	01:42:02
300	2353	André Ferreira	M		Juniores/Séniore	01:43:16	01:41:51
301	2630	José Ribeiro	M	STCP Runners	VET 50	01:43:17	01:42:03
302	2567	Manuel Costa	M	Lebre 10	VET 60	01:43:20	01:42:50
303	2033	Jorge Vilhena	M		VET 40	01:43:29	01:42:35
304	2866	Vítor Costa	M	Nascidos Para Correr	VET 40	01:43:32	01:43:09
305	2765	Fernando Silva	M	Benfica	VET 55	01:43:39	01:42:37
306	2475	Tony Lopes	M		Juniores/Séniore	01:43:40	01:42:40
307	2209	Mariana Ameixeira	F		Juniores/Séniore	01:43:44	01:42:54
308	2252	Carlos Duarte	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	01:43:44	01:43:13

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
309	2241	Telmo Salazar	M		VET 50	01:43:44	01:43:16
310	2131	António Sousa	M	STCP Runners	VET 50	01:43:58	01:42:42
311	2429	CARLOS OLIVEIRA	M	OS KÁGADOS	VET 50	01:43:59	01:42:53
312	2474	José Oliveira	M	Grupo Desportivo Banco de Portugal	VET 45	01:44:09	01:43:18
313	2814	Leonel Videira	M	Nascidos Para Correr	Juniores/Séniore	01:44:13	01:42:29
314	2422	PEDRO FERREIRA	M	Leoes de Tardariz Trail	VET 40	01:44:17	01:43:54
315	2362	Amilcar Lopes	M	Flechas Drop In	VET 40	01:44:22	01:42:32
316	3004	joana creissac	F	AASM-Triatlo	VET 35	01:44:22	01:43:42
317	2457	josé Organista	M		VET 40	01:44:24	01:43:57
318	3040	VITOR ANDRE DA SILVA CARDOSO	M		VET 35	01:44:28	01:42:46
319	2375	CARLOS NEVES	M	INVICTA RUNNERS TEAM	VET 40	01:44:29	01:43:07
320	2129	Nuno Sá Lima	M		VET 50	01:44:31	01:42:50
321	2857	RUI FELGUEIRAS	M	CLUBE MILLENNIUM BCP	VET 45	01:44:33	01:44:12
322	2684	Victor Azevedo	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	01:44:35	01:44:30
323	2240	Jose Lemos	M	Feltrail	Juniores/Séniore	01:44:36	01:42:54
324	2182	Antonio Alexandre Moreira da Silva	M		VET 35	01:44:37	01:44:16
325	2504	David Oliveira	M	Runnig Espinho	VET 40	01:44:40	01:44:27
326	2372	Filipe Miranda	M	Bitrunners	VET 40	01:44:41	01:44:23
327	2803	Nuno Carvalho Martins	M	Viseu 360	VET 40	01:44:42	01:43:16
328	3083	manuel santos silva	M		VET 45	01:45:00	01:44:33
329	2546	António Azevedo	M	Nascidos Para Correr	VET 55	01:45:10	01:45:04
330	2011	Susana Pinto	F	Nascidos Para Correr	VET 45	01:45:10	01:45:04
331	2190	FERNANDO PINHO	M	INVICTA RUNNERS TEAM	VET 55	01:45:11	01:44:38
332	2172	EDUARDO FERREIRA	M	HSANTAMARIART	VET 35	01:45:12	01:43:54
333	2742	PEDRO FERNANDES	M	HSANTAMARIART	VET 35	01:45:12	01:43:49
334	2809	Bruno Rodrigues	M	Viseu 360	VET 35	01:45:14	01:43:48
335	2393	Hugo Sarmiento	M		VET 40	01:45:15	01:45:05
336	3092	Luis Torres	M	ComDor Runners	VET 45	01:45:16	01:43:49
337	2624	Leonardo Brito	M	Hora do Lobo Trail - CF Perosinho Atletismo	Juniores/Séniore	01:45:17	01:43:46
338	2786	Alexandre Pereira	M	Clube Portugal Telecom Zona Norte	VET 40	01:45:19	01:43:53
339	2315	Sandrina	F	Viseu 360	Juniores/Séniore	01:45:20	01:43:55
340	2478	André Coimbra	M	Escola de Atletismo Da Trofa	Juniores/Séniore	01:45:26	01:44:28
341	2735	José Correia	M	Arcorun	VET 40	01:45:34	01:44:57
342	2524	Silvio Pinto	M	A. D. Amarante Atletismo	VET 35	01:45:38	01:45:13
343	2160	Luis Morais	M	Hora do Lobo Trail - CF Perosinho Atletismo	VET 45	01:45:38	01:44:29
344	2334	Ricardo Costa	M	Lebre 10	VET 35	01:45:42	01:44:58
345	2316	Hugo Silva	M	Factor X / S4L / Medense FC	Juniores/Séniore	01:45:45	01:45:07
346	2895	PAULO VALENTE	M	Trailistas "Eu é que sei!"	VET 55	01:45:49	01:45:08
347	2013	Elisabete Barbosa	F		VET 40	01:45:49	01:45:21
348	3016	Bruno Teixeira	M		VET 35	01:45:50	01:45:11
349	2633	Sara Ferreira	F	Nascidos Para Correr	Juniores/Séniore	01:45:50	01:45:47
350	2364	Américo Areias	M		VET 40	01:45:54	01:44:23
351	2433	Ricardo Seromenho	M		VET 35	01:45:55	01:45:34
352	2057	carlos alberto alves lima	M	A Natureza Ensina	VET 45	01:45:56	01:44:57



Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
353	2339	Ana Paula Cruz Lopes	F	CAAPP	VET 45	01:45:57	01:45:01
354	2224	SÉRGIO FERREIRA	M	NORTIGAIA-AMIGOS DA PÍCUA	VET 60	01:45:57	01:45:48
355	2242	ALVARO PINTO	M	CLUBE MILLENNIUM BCP	VET 45	01:45:57	01:45:28
356	2623	Gil Moreira Nunes	M	Hora do Lobo Trail - CF Perosinho Atletismo	VET 35	01:45:57	01:44:25
357	2096	António Mendes	M	Sociedade Recreio Cepenense	VET 50	01:46:02	01:45:48
358	2365	Cristina Carneiro	F	Sociedade Recreio Cepenense	VET 40	01:46:02	01:45:48
359	2396	Ricardo Rui Amorim	M		Juniores/Séniore	01:46:03	01:22:49
360	3033	Manuel Santos	M	Douroconta - Gabinete de Apoio e Contabilidade, Lda	VET 45	01:46:12	01:45:42
361	2849	Hugo Alexandre Silva Santos Amaro	M		VET 40	01:46:15	01:45:13
362	2108	Rui Ribeiro	M	Viriathvs Runners Viseu	VET 40	01:46:20	01:45:35
363	2733	José Gonçalves	M	Calcantes	VET 50	01:46:21	01:45:32
364	2758	João Neto	M	Viseu 360	Juniores/Séniore	01:46:21	01:44:53
365	2038	Mário Fernandes	M	Viseu 360	Juniores/Séniore	01:46:24	01:44:56
366	2254	CÉLINE GOMES	F	CDCR DOS CTT	Juniores/Séniore	01:46:28	01:45:14
367	2031	Daniel Terra	M	Factor X / S4L / Medense FC	Juniores/Séniore	01:46:35	01:45:45
368	2592	Carla Costa	F		Juniores/Séniore	01:46:39	01:45:14
369	2229	Hugo Sousa	M		Juniores/Séniore	01:46:39	01:45:14
370	2113	Jorge Manuel Silva	M	Município de Gondomar - Desporto	VET 45	01:46:41	01:46:07
371	2781	António Rocha	M		VET 50	01:46:43	01:46:09
372	2521	Alcino Glória	M	INDIVIDUAL	VET 50	01:46:43	01:46:34
373	2845	LEANDRO RAMOS	M	Nocturnos de Paredes	VET 40	01:46:45	01:46:32
374	2420	Domingos Mendes	M	A. D. R. Aveleda	VET 55	01:46:45	01:46:33
375	2605	Pedro Meirinhos	M	Burdadeiros	Juniores/Séniore	01:46:49	01:45:33
376	3071	André Ribeiro	M		VET 35	01:47:01	01:45:50
377	2180	Pedro Morais	M		VET 40	01:47:05	01:45:15
378	2890	ANTÓNIO NETO	M	TRIFITROFA	VET 60	01:47:06	01:47:06
379	2523	Roberto Ribeiro	M	C.M.M.C. Vale de Cambras	VET 35	01:47:08	01:46:13
380	2418	ANTÓNIO JOSÉ NUNES FREIRE	M		VET 45	01:47:09	01:46:41
381	2284	Mário Vilarinho	M	INDIVIDUAL	VET 60	01:47:13	01:46:45
382	2880	Carlos Amaro	M	Run for Friends	VET 35	01:47:22	01:46:06
383	3019	Jorge Carvalho	M	Pernetas	VET 40	01:47:23	01:47:06
384	2549	Manuel Queiros	M		VET 45	01:47:25	01:47:13
385	2551	João Subida	M		VET 40	01:47:26	01:46:08
386	2406	Nuno Alexandre Duarte da Mota	M		VET 35	01:47:29	01:46:56
387	2136	Joaquim Teixeira	M		Juniores/Séniore	01:47:29	01:46:07
388	2873	Luis Rodrigues	M		VET 45	01:47:30	01:46:58
389	3027	Miguel Cancela	M		VET 45	01:47:32	01:46:31
390	2533	FATIMA PAIS	F		VET 50	01:47:37	01:47:22
391	2680	Joao Castro	M		VET 40	01:47:41	01:46:58
392	2391	António Guedes	M	Invicta Runners Team	VET 40	01:47:41	01:46:19
393	2870	LUIS LOUREIRO	M	Viriathvs Runners Viseu	VET 40	01:47:46	01:47:25
394	3038	Artur de Sousa Freiras	M	Academia Fernanda Ribeiro	VET 60	01:47:46	01:47:38
395	2744	Alfredo Solteiro	M		VET 50	01:47:50	01:46:06
396	2683	Rosa Pinto	F	Nascidos Para Correr	VET 55	01:47:50	01:47:39

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
397	2528	Jose Maias	M	Feltrail	VET 45	01:47:55	01:46:14
398	2867	Tiago Sequeira	M	MSS CONTABILIDADE TRAIL TEAM	Juniores/Séniore	01:48:02	01:47:57
399	3094	Rui Pereira	M		VET 45	01:48:16	01:47:39
400	3055	Sérgio Moura	M	Hora do Lobo Trail - CF Perosinho Atletismo	VET 35	01:48:17	01:46:44
401	2291	Fernando Azevedo	M		VET 60	01:48:19	01:48:06
402	2760	NUNO MONTEIRO	M	INVICTA RUNNERS TEAM	VET 60	01:48:21	01:46:59
403	2230	Diogo Manuel Teixeira de Sousa e Alvim	M	Invicta Runners Team	VET 40	01:48:22	01:47:47
404	2527	Salomé de almeida Mourisco	F		VET 35	01:48:22	01:47:21
405	2158	Joao Cardoso	M	S. S. Montepio	VET 40	01:48:22	01:47:23
406	2110	Fernando Carvalho	M	S. S. Montepio	VET 50	01:48:23	01:47:11
407	2575	Vasco Silva	M	S. S. Montepio	VET 40	01:48:23	01:47:23
408	2728	Emanuel Costa	M	S. S. Montepio	VET 35	01:48:23	01:47:23
409	2381	RICARDO JORGE LANDIM PINTO	M	Salgueiros Running	VET 35	01:48:23	01:48:15
410	2894	ANA BARBOSA	F	INVICTA RUNNERS TEAM	VET 55	01:48:24	01:47:51
411	3057	Vítor Manuel Magalhães Moreira	M	B.V.Moreira Maia	VET 40	01:48:29	01:48:16
412	2606	Olga Martins	F	Viriathvs Runners Viseu	VET 40	01:48:32	01:48:12
413	2181	João Teles	M	Factor X / S4L / Medense FC	VET 35	01:48:35	01:48:24
414	2153	Rosa Guedes	F	Equipa A	VET 50	01:48:36	01:47:26
415	2505	Cláudia Pimparel	F	Shots International Runners	VET 45	01:48:38	01:48:08
416	2141	José Moreira	M		VET 40	01:48:38	01:47:53
417	2562	MARIO CORREIA	M		VET 45	01:48:43	01:47:40
418	2726	Hélder Pereira	M	NAmadores	VET 50	01:48:44	01:48:28
419	2573	Igor Cunha	M	RUN2EAT - RUNNERS FAMILY	Juniores/Séniore	01:48:44	01:47:37
420	2678	Filipe Monteiro	M	Molinhas Team	Juniores/Séniore	01:48:44	01:47:12
421	2851	Alvaro Nunes	M	All About	VET 40	01:48:47	01:47:51
422	2269	Hermínio Pinho	M	CCDFPJP	VET 50	01:48:47	01:47:57
423	2559	Nuno Loureiro	M	Viriathvs Runners Viseu	VET 40	01:48:50	01:48:29
424	2159	Floriberto castro	M		VET 45	01:48:54	01:48:15
425	2273	Seca José	M		VET 45	01:48:58	01:48:30
426	2088	CARLOS JORGE OLIVEIRA	M		VET 45	01:48:58	01:48:30
427	2162	Carlos Manuel da Silva Saraiva	M		VET 35	01:49:00	01:47:16
428	2736	Nuno Ramos	M	Team Bravos	VET 35	01:49:06	01:48:10
429	2471	Marco André Ferreira Gomes	M		VET 35	01:49:10	01:47:41
430	2658	Benjamim Marinho	M		VET 35	01:49:10	01:47:41
431	2515	Vítor das Neves Pereira Vieira	M		VET 35	01:49:11	01:48:33
432	2258	Ângela Martins	F	Nascidos Para Correr	Juniores/Séniore	01:49:14	01:49:09
433	2718	Bruno Marques	M	Porto Sentido Runners	VET 35	01:49:19	01:48:55
434	2012	Joao Rodrigues	M		VET 45	01:49:23	01:48:34
435	2345	Sandra Pereira	F	Nascidos Para Correr	VET 40	01:49:23	01:49:01
436	2259	José Andrade	M	Nascidos Para Correr	VET 35	01:49:24	01:49:00
437	2092	Joaquim Gomes	M	A D Rio Largo C Espinho	VET 60	01:49:30	01:48:46
438	2486	Carlos Alberto Soares de Magalhães	M	Equipa A	VET 40	01:49:33	01:48:20
439	2501	paulo oliveira	M	jesus runners	VET 40	01:49:36	01:47:57
440	2239	Miguel Ângelo Sousa Rios da Costa	M		VET 35	01:49:48	01:48:54

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
441	2238	Francisco Vieira	M		VET 35	01:49:53	01:49:30
442	2297	Tatiana Mera	F	Nascidos Para Correr	Juniores/Séniore	01:49:57	01:49:51
443	2593	Amadeu Medeiros	M		VET 50	01:49:59	01:49:27
444	2048	Rafael Gonçalves Alves	M	Molinhas Team	VET 50	01:50:01	01:48:28
445	2233	António Sousa	M		VET 55	01:50:04	01:48:53
446	2666	Marisa Fernandes	F	Sociedade Recreio Cepenense	Juniores/Séniore	01:50:05	01:49:49
447	2378	Augusto Ribeiro	M	Sociedade Recreio Cepenense	VET 60	01:50:05	01:49:49
448	2010	Etelvina Rocha	F	Nascidos Para Correr	VET 50	01:50:14	01:50:07
449	2419	Paulo Sequeira	M		VET 50	01:50:16	01:48:32
450	2773	Paula Cardoso	F	Viseu 360	VET 45	01:50:18	01:48:50
451	2203	Luís Miguel Cruz	M		VET 40	01:50:20	01:50:15
452	2721	Armando Manuel Pinto Macedo	M		VET 60	01:50:20	01:50:09
453	2069	António Oliveira	M	Lousada Runners	VET 55	01:50:25	01:49:22
454	2487	ANA CAETANO	F		Juniores/Séniore	01:50:42	01:48:58
455	2466	Henrique Baessa	M		VET 45	01:50:42	01:49:30
456	2679	Cláudia Carcau	F	Invicta Runners Team	VET 35	01:50:55	01:49:32
457	2754	Sara Antas	F	Juntos a correr	VET 35	01:50:56	01:49:48
458	2091	Laura Mendes	F	KEMEDO TEAM	VET 45	01:51:09	01:50:59
459	2035	Pedro Pedroso	M		VET 45	01:51:11	01:49:46
460	2440	Joel Teixeira	M	Manquinhos	Juniores/Séniore	01:51:14	01:50:20
461	2105	Pablo	M		VET 40	01:51:15	01:49:23
462	2792	cristian oliveira	M	running 100/120	Juniores/Séniore	01:51:16	01:50:25
463	2278	luis matos	M	running 100/120	VET 45	01:51:16	01:50:26
464	2177	lucio silva	M	running 100/120	Juniores/Séniore	01:51:17	01:50:25
465	2647	Hugo Silva	M		VET 35	01:51:23	01:50:43
466	3054	Cristina Saraiva	F	Hora do Lobo Trail - CF Perosinho Atletismo	VET 50	01:51:24	01:50:16
467	3010	Fábio Pacheco	M		Juniores/Séniore	01:51:25	01:49:50
468	2279	JOÃO RESENDE	M	INVICTA RUNNERS TEAM	VET 45	01:51:27	01:50:19
469	2308	Rui Pereira	M		VET 35	01:51:29	01:49:43
470	2859	Ruben	M		VET 35	01:51:31	01:50:22
471	2027	Pedro Mesquita	M	Oporto Squash & Running	VET 50	01:51:34	01:50:34
472	3003	Jorge Serra	M	Spin&Run Esposende	VET 50	01:51:36	01:50:07
473	2772	Manuel Teixeira	M	Manquinhos	VET 55	01:51:38	01:50:45
474	2376	Nuno Neves	M		VET 35	01:51:40	01:51:24
475	2386	Manuel Correia	M		VET 40	01:51:43	01:50:53
476	2018	Joao Pinheiro	M	Porto Sentido Runners	VET 45	01:51:43	01:50:56
477	2798	André Filipe de Sousa Ramos	M		VET 35	01:51:50	01:51:13
478	2210	Henrique Conceição	M	Viseu 360	VET 60	01:51:55	01:50:38
479	2784	anabela oliveira	F	jesus runners	VET 35	01:51:58	01:50:20
480	2192	José Azevedo	M	A. D. Amarante Atletismo	VET 50	01:52:00	01:51:34
481	2399	Fernando Abreu	M	Lone Runner	VET 45	01:52:13	01:52:01
482	2077	Luís Patrício	M		Juniores/Séniore	01:52:23	01:51:48
483	3079	Marco Vieira	M		VET 40	01:52:27	01:51:13
484	2415	Carla	F		Juniores/Séniore	01:52:34	01:51:42

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
485	2653	João Nuno	M	Sociedade Recreio Capanense	VET 40	01:52:34	01:52:18
486	2775	SEHR SIMON	M		Juniores/Séniore	01:52:41	01:52:04
487	2253	Miguel Moura	M	TAYLORS	VET 45	01:52:44	01:51:11
488	2588	Américo Santos	M	TAYLORS	VET 45	01:52:44	01:51:32
489	2806	Joaquim Oliveira	M	C.M.M.C. Vale de Cambras	VET 55	01:52:48	01:51:59
490	2616	Pedro Silva	M	C.M.M.C. Vale de Cambras	Juniores/Séniore	01:52:48	01:51:59
491	2850	Regina Almeida	F	C.M.M.C. Vale de Cambras	VET 45	01:52:48	01:52:00
492	2489	custodio neto	M	INDIVIDUAL	VET 60	01:52:54	01:51:44
493	2133	Paulo Mesquita	M	Equipa A	Juniores/Séniore	01:53:09	01:51:55
494	2195	Carlos Freire	M	Veteranos do Porto	VET 55	01:53:09	01:51:26
495	2102	Américo Santos	M	A.N.E	VET 60	01:53:11	01:52:15
496	2869	ALBERTO CASTRO	M	CDCR DOS CTT	VET 60	01:53:17	01:52:58
497	2847	Fernando Novais	M	Lebre 10	VET 45	01:53:17	01:52:33
498	2032	António Casas Novas	M		VET 40	01:53:24	01:51:57
499	2516	Paulo Morais	M	Befitness Runners	VET 35	01:53:28	01:52:19
500	2152	SERGIO CARVALHO	M	CLUBE MILLENNIUM BCP	VET 40	01:53:51	01:52:11
501	2553	Lynn Straker	F		VET 60	01:53:53	01:52:05
502	2017	MARTINHO FERREIRA	M	C D SÃO SALAVDOR DO CAMPO	VET 40	01:53:53	01:52:51
503	2228	Sandra Silva	F	Befitness Runners	VET 35	01:53:59	01:53:18
504	2120	NUNO SANTOS	M	Equipa A	VET 35	01:54:01	01:52:48
505	2206	RUI FIGUEIREDO	M		VET 40	01:54:08	01:53:37
506	2530	OSCAR SILVA	M	CLUBE MILLENNIUM BCP	VET 55	01:54:10	01:53:14
507	2236	SOUTONIK	M		VET 50	01:54:12	01:52:27
508	2687	RICARDO VIEIRA	M	GAZELA RUNNING TEAM	Juniores/Séniore	01:54:12	01:53:26
509	2191	Domingos Silva	M	C.M.M.C. Vale de Cambras	VET 60	01:54:16	01:53:19
510	2787	Manuel Guedes	M	Clube Independente de Atletismo de Alpendorada	VET 40	01:54:19	01:53:42
511	2275	saul manuel soares costa	M		VET 45	01:54:19	01:54:03
512	2656	Maria vale	F	Viriathvs Runners Viseu	VET 50	01:54:24	01:54:04
513	3031	Luís Ribeiro	M		VET 35	01:54:26	01:53:41
514	2438	Vasco Granja	M	NAmadores	VET 55	01:54:27	01:54:13
515	2161	Fernando Leite	M	TNT - Trilhos Natura Team	VET 35	01:54:28	01:53:08
516	2811	Antonio Fonseca	M	Feltrail	VET 35	01:54:30	01:52:49
517	2897	António Gaspar Vieira Moreira	M		VET 45	01:54:34	01:53:21
518	3067	hilario norton	M		VET 55	01:54:36	01:53:25
519	2689	José Monteiro	M	Run friends	VET 35	01:54:40	01:53:25
520	2037	Paulo Pereira	M	Wellness Planet	VET 40	01:54:43	01:53:52
521	2452	Rogério Sarmento	M	Nascidos Para Correr	VET 55	01:54:45	01:54:30
522	2358	Pedro Silva	M	Team Bravos	Juniores/Séniore	01:54:46	01:53:49
523	2899	Sérgio Filipe de Castro Lima	M		VET 35	01:54:48	01:54:09
524	2145	David Sousa	M		Juniores/Séniore	01:54:53	01:53:27
525	2467	Hugo Santos	M	Factor X / S4L / Medense FC	VET 35	01:54:57	01:54:47
526	2366	Bruno Alexandre Braz Martins	M	Factor X / S4L / Medense FC	VET 35	01:54:57	01:54:07
527	2513	Rui Miguel Moreira Mota	M	Factor X / S4L / Medense FC	VET 45	01:54:57	01:54:07
528	2217	Jorge Torrão	M		VET 35	01:55:01	01:53:52

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
529	2739	ROSA CAMPANHÃ	F	NORTIGAIA-AMIGOS DA PÍCUA	VET 40	01:55:03	01:54:55
530	3041	Filipe	M		VET 35	01:55:04	01:53:19
531	3044	PAULO CRUZ	M		VET 40	01:55:10	01:53:59
532	2146	Rui Vilaça	M		VET 45	01:55:10	01:54:00
533	2121	Mónica Ferreira	F	Spin&Run Esposende	VET 40	01:55:12	01:53:43
534	2677	Ricardo Neves	M	NAmadores	VET 45	01:55:15	01:54:32
535	2107	David Barroco	M	NAmadores	VET 35	01:55:15	01:54:32
536	2223	António Rafael	M	SPEM	Juniores/Séniore	01:55:15	01:53:57
537	2681	José Amaral	M		VET 45	01:55:16	01:54:01
538	2076	Tiago Augusto Alves Morais	M		Juniores/Séniore	01:55:20	01:54:30
539	2225	Frederico Rangel	M	Rangel Inc	VET 35	01:55:23	01:54:16
540	2810	José Macedo	M	Veteranos do Porto	VET 60	01:55:24	01:53:43
541	2893	Rui Lobato Ferreira da Silva	M		VET 40	01:55:26	01:54:22
542	2221	António Pinto de Oliveira	M	Águas do Porto - Casa dos Trabalhadores	VET 55	01:55:28	01:54:53
543	2356	João Ribeiro	M		VET 40	01:55:28	01:55:00
544	2114	Júlio Soares Pinto Ferreira	M	Pinto Ferreira	VET 60	01:55:35	01:54:33
545	2434	CARLOS ARAUJO	M	CLUBE MILLENNIUM BCP	VET 50	01:55:36	01:55:07
546	2072	Ricardo Cunha	M		VET 35	01:55:40	01:54:32
547	2451	Armanda Pinto	F	Nascidos Para Correr	VET 50	01:55:45	01:55:34
548	2791	Agostinho Rocha	M		VET 50	01:56:14	01:54:34
549	2198	MANUEL ANDRADE	M	CLUBE MILLENNIUM BCP	VET 55	01:56:17	01:54:49
550	2655	Filipe Gonçalves	M	Índios de BTTrail	Juniores/Séniore	01:56:18	01:54:30
551	2095	Filipe Castro	M		VET 40	01:56:25	01:56:01
552	2450	Ricardo Sousa	M	os barriguitas	VET 35	01:56:27	01:55:27
553	2456	José Moura de Sousa	M	os barriguitas	VET 60	01:56:27	01:55:27
554	3006	Guilherme Moreira	M		VET 50	01:56:34	01:55:22
555	2801	Nuno Ferreira	M		VET 35	01:56:45	01:54:59
556	2448	Joana Silva	F	Arcorun	VET 35	01:56:50	01:56:11
557	2636	Carlos Pinto	M		VET 40	01:56:50	01:56:21
558	2719	César Rafael Carvalho Vaz	M		Juniores/Séniore	01:57:04	01:56:26
559	2227	Joana Catarina Gomes de Sousa	F		Juniores/Séniore	01:57:13	01:56:35
560	2832	Humberto Costa	M		VET 45	01:57:16	01:55:45
561	2326	José Nascimento	M		VET 45	01:57:16	01:55:45
562	2802	Carlos Ilídio Oliveira Costa	M	Molinhas Team	VET 45	01:57:18	01:55:48
563	2900	Filipe Magano	M		Juniores/Séniore	01:57:19	01:57:06
564	2612	Francisca Sousa	F	Viseu 360	Juniores/Séniore	01:57:26	01:55:58
565	3074	Jose Oliveira	M		VET 50	01:57:27	01:56:42
566	2548	Flávio Gaspar	M		Juniores/Séniore	01:57:28	01:55:59
567	2101	julio costa	M		VET 45	01:57:28	01:56:04
568	2667	Pedro Seara	M	Gin Marathon Runners	VET 45	01:57:29	01:57:11
569	2730	Maria Franco	F	Hora do Lobo Trail - CF Perosinho Atletismo	VET 35	01:57:29	01:55:59
570	3005	Sérgio Moreira	M		VET 35	01:57:29	01:55:51
571	3093	Cristina Ramalho	F	Equipa A	VET 35	01:57:31	01:56:20
572	2734	Jenny Lam	F		VET 40	01:57:33	01:55:46

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
573	3063	Fátima Silva	F	GVN Runners	VET 45	01:57:34	01:57:05
574	2016	José Loureiro	M	Amigos da Montanha	VET 50	01:57:41	01:56:57
575	2150	Augusto Ferreira	M		VET 45	01:57:53	01:57:01
576	3053	Manuel Lopes	M		VET 45	01:57:54	01:56:19
577	2468	Carlos Reis	M	Leroy Merlin Trail Team	VET 45	01:57:59	01:57:50
578	2164	Moisés Silva	M		Juniores/Séniore	01:57:59	01:56:15
579	2046	Sónia Figueiredo	F	Viseu 360		01:57:59	01:56:32
580	2063	Rui Santos	M	Nascidos Para Correr	VET 40	01:58:08	01:58:03
581	2168	António Santos	M	Nascidos Para Correr	VET 50	01:58:09	01:57:22
582	3061	Patrícia Pinho	F	NASCIDOS PARA CORRER	VET 35	01:58:09	01:58:01
583	2459	Sofia Carvalho	F		VET 35	01:58:12	01:57:49
584	2716	Avelino Pereira de Sousa	M	Tartarugas do Asfalto	VET 50	01:58:13	01:57:02
585	2100	sergio pinhal	M		VET 40	01:58:31	01:58:28
586	2607	Pedro Oliveira	M	Sob Efeito Trail	Juniores/Séniore	01:58:37	01:57:53
587	3070	Carlos Silva	M	C.M.M.C. Vale de Cambras	VET 45	01:58:40	01:58:05
588	2314	alipio lopes	M		VET 55	01:58:51	01:58:42
589	2603	margarida da silva gonçalves	F		VET 45	01:58:51	01:58:42
590	2383	José Manuel Cruz Costa	M	Molinhas Team	VET 50	01:58:55	01:57:18
591	2170	Keith Gissubel	M		VET 35	01:58:56	01:57:08
592	2780	Luís Fernando Rodrigues da Silva	M		Juniores/Séniore	01:59:09	01:58:54
593	2255	Tiago Soares	M	Running Espinho	VET 40	01:59:11	01:58:59
594	2816	FERNANDO PAIS	M		VET 50	01:59:13	01:58:57
595	2261	José Cruz	M		VET 40	01:59:18	01:57:43
596	2313	Pedro Marques	M	BoraBora, Vamos Lá!	VET 40	01:59:19	01:58:43
597	2394	Daniel F Silva	M	Hora do Lobo Trail - CF Perosinho Atletismo	Juniores/Séniore	01:59:20	01:57:47
598	2423	Ângela Sousa	F		VET 40	01:59:22	01:58:20
599	2306	Sergio	M		VET 40	01:59:23	01:58:55
600	2430	ALBERTO DE SOUSA	M		VET 45	01:59:27	01:58:02
601	3056	Joao Correia	M		VET 40	01:59:38	01:58:39
602	2270	Celso Mota	M		VET 45	01:59:38	01:58:39
603	2691	Jorge Gonçalves	M	Tugas na Estrada	VET 60	01:59:41	01:58:44
604	2437	Avelino Pereira	M	CCDTC.M.GONDOMAR	VET 60	01:59:42	01:59:28
605	2757	Paulo Gonçalves	M	STCP Runners	VET 45	01:59:45	01:58:30
606	2631	Manuel Cruz	M	Grupo Desportivo Banco de Portugal	VET 60	01:59:45	01:58:34
607	3008	Albino leite	M		VET 50	01:59:47	01:59:09
608	2189	Belmiro Magalhães	M		VET 35	01:59:48	01:58:01
609	2863	Eduardo Tomás Malheiro	M	Ginasio Clube Santo Tirso	VET 60	01:59:48	01:59:32
610	2582	Glória Santos	F	Arcorun	VET 60	01:59:59	01:59:09
611	2047	Katia Melanie Silva Reis Nunes Ferreira da Silva	F		Juniores/Séniore	02:00:02	01:58:13
612	3052	Alexandre Barbosa	M	Gondomar Futsal Clube	VET 60	02:00:02	01:59:49
613	2828	Rui Dias	M	Nascidos Para Correr	VET 55	02:00:04	01:59:52
614	2464	REGINA SILVA	F	INVICTA RUNNERS TEAM	Juniores/Séniore	02:00:07	01:58:48
615	2008	Isabel Aguiar	F		VET 35	02:00:14	01:59:59
616	2257	antonio fernandes	M	Polarzinhos	Juniores/Séniore	02:00:27	02:00:07

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
617	2885	Hugo Choupina	M	Burdadeiros	Juniores/Séniore	02:00:36	01:59:19
618	2179	Susana Pereira	F	Viriathvs Runners Viseu	Juniores/Séniore	02:00:41	02:00:20
619	2694	Pedro Pinheiro	M		VET 35	02:00:41	01:59:05
620	2138	Nelson Gandra	M	Juntos a correr	VET 40	02:00:47	01:59:40
621	2492	Manuel Vieira de Carvalho	M		VET 60	02:00:51	01:58:58
622	2124	Catarina Alexandra Carvalho dos Santos	F		VET 40	02:00:51	02:00:19
623	2568	FERNANDO FONTELONGA	M	CLUBE MILLENNIUM BCP	VET 40	02:00:54	01:59:08
624	2473	Luís Pires	M		VET 50	02:00:54	01:59:57
625	2576	Sao Galvao	F	Sscgd	VET 50	02:00:55	01:59:59
626	2058	Pedro Carvalho	M		VET 35	02:01:02	01:59:12
627	2458	MARTA MARTINS	F	HSANTAMARIART	VET 35	02:01:04	01:59:41
628	2126	DANIELA MACHADO	F	HSANTAMARIART	VET 35	02:01:05	01:59:41
629	2675	Dulce Correia	F	Trail Running Clube BTT Sanguedo	VET 45	02:01:06	02:00:51
630	2711	Maria Emilia Morgado Costa Bras	F	Spin&Run Esposende	VET 60	02:01:06	01:59:39
631	2712	José Falcão	M	A D Rio Largo C Espinho	VET 60	02:01:12	02:00:08
632	2218	Rui Ferreirinha	M		VET 45	02:01:14	02:00:12
633	2014	Paulo Vieira	M		VET 40	02:01:22	02:00:53
634	2413	Ricardo Cruz	M		Juniores/Séniore	02:01:24	02:00:12
635	2446	Diana Gaspar	F	MIMOS	VET 35	02:01:32	02:00:51
636	2163	Pedro Gaspar	M	MIMOS	VET 40	02:01:32	02:00:51
637	2212	Francisco Santos	M		VET 50	02:01:35	02:00:05
638	2232	Daniel Silva	M	Grupo Desportivo Banco de Portugal	VET 35	02:01:44	02:01:18
639	1998	FERNANDO CONCEIÇÃO	M	INVICTA RUNNERS TEAM	VET 50	02:01:48	02:00:26
640	2436	Susana Monteiro	F	A D Rio Largo C Espinho	VET 40	02:01:48	02:00:12
641	2019	sónia loureiro	F		VET 40	02:01:58	02:00:48
642	2178	NELSON FERNANDES	M	INVICTA RUNNERS TEAM	Juniores/Séniore	02:02:00	02:00:42
643	2045	Fernanda Lopes	F	Porto Sentido Runners	VET 45	02:02:02	02:01:14
644	3047	vania alves	F	AMA Associação Mondim Atletismo	Juniores/Séniore	02:02:03	02:01:24
645	2117	Afonso Costa	M	Clube Portugal Telecom Zona Norte	VET 55	02:02:05	02:00:38
646	2540	José Carlos Cardoso	M	MSS CONTABILIDADE TRAIL TEAM	VET 40	02:02:14	02:01:14
647	2634	António Rocha	M	MSS CONTABILIDADE TRAIL TEAM	VET 45	02:02:14	02:01:20
648	2535	Carlos Silva	M	Arcorun	VET 50	02:02:16	02:00:43
649	3028	jose carlos ferreira teixeira	M		VET 50	02:02:17	02:01:48
650	2290	JORGE CUNHA	M	MAIA-768	VET 45	02:02:18	02:02:07
651	2266	PAULO FERREIRA	M	PORTOCARGO RUNNERS	VET 45	02:02:19	02:01:35
652	2502	Aleksandra	F	Real Running Club	Juniores/Séniore	02:02:19	02:00:56
653	2006	Hiemstra	M	Running Junkies Amsterdam	VET 40	02:02:20	02:00:56
654	3089	Rogério Paiva	M		VET 50	02:02:21	02:01:11
655	3042	Paulo Alves Costa	M		VET 50	02:02:21	02:01:12
656	2752	Eliana Lopes	F		VET 35	02:02:22	02:00:55
657	2265	Joao Lourenco	M	C+ Runners	VET 45	02:02:43	02:02:14
658	2480	Rui Fernandes	M		VET 45	02:02:52	02:02:29
659	3017	Armando Teixeira	M		VET 55	02:02:53	02:02:14
660	2462	Cláudia Ferreira	F		Juniores/Séniore	02:03:08	02:02:26

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
661	3012	Rui Miguel da Costa Adão	M		Juniores/Séniiores	02:03:11	02:01:41
662	2139	Armando Rui Oliveira	M	GDC Fidelidade	VET 45	02:03:17	02:02:11
663	2709	ABILIO SOARES	M		VET 60	02:03:24	02:02:36
664	2541	Miguel Sousa	M	TAYLORS	VET 40	02:03:28	02:02:43
665	2659	Paula Cruz	F		VET 35	02:03:28	02:01:54
666	2340	Vera Ferreira	F	Running Family	VET 40	02:03:45	02:03:01
667	2737	luis silva	M	Team Bravos	VET 35	02:03:45	02:02:47
668	3014	Francisco José Lopes Moreiora	M	Runners SERNANCELHE Terra da Castanha	VET 40	02:03:51	02:02:10
669	2439	Artur Santos	M	Runners SERNANCELHE Terra da Castanha	VET 40	02:03:52	02:02:09
670	2698	Mário Rodrigues	M	Runners SERNANCELHE Terra da Castanha	VET 40	02:03:52	02:02:10
671	2490	Paula Guerra	F		Juniores/Séniiores	02:03:55	02:02:47
672	2674	Hélder Soares	M	Falsos Lentos	VET 35	02:03:56	02:03:21
673	2235	Diana Gonçalves	F	C.M.M.C. Vale de Cambras	Juniores/Séniiores	02:03:59	02:03:05
674	2094	VALDEMAR ALMEIDA	M	INVICTA RUNNERS TEAM	VET 50	02:04:04	02:03:06
675	2053	Sandra Fonseca	F	Clube Veteranos do Porto	Juniores/Séniiores	02:04:24	02:04:02
676	2029	Natacha Andrea Silva Reis Nunes	F		Juniores/Séniiores	02:04:33	02:02:45
677	2609	André Martins	M	Viseu 360	Juniores/Séniiores	02:04:46	02:03:19
678	2566	Filomena Trindade Santos	F	Molinhas Team	VET 55	02:04:51	02:03:18
679	2119	Francisco Gonçalves	M		VET 45	02:04:54	02:03:41
680	2788	Denise Morais	F		VET 45	02:04:55	02:03:42
681	2724	Alfredo Santos	M	A D Rio Largo C Espinho	VET 60	02:04:55	02:03:11
682	2056	Moura Pinto	M		VET 60	02:05:00	02:03:49
683	2514	Miguel Neto	M	Ei Team Trail	VET 35	02:05:00	02:04:19
684	3091	Sónia Machado	F	Ei Team Trail	VET 40	02:05:00	02:04:19
685	2660	Nuno Gomes	M	Wellness Planet	VET 40	02:05:02	02:04:11
686	2338	Sergio Silva	M	SOLINCA TEAM	VET 40	02:05:24	02:03:37
687	2106	Joana Saúde	F	Solinca Team	VET 35	02:05:24	02:03:37
688	2187	Bruno Meira	M	Spin&Run Esposende	VET 40	02:05:28	02:03:58
689	2208	António Conceição Pereira	M	Amigos Quinta Das Freiras	VET 55	02:05:30	02:05:10
690	2494	Margarida Pereira	F	Amigos Quinta Das Freiras	VET 55	02:05:31	02:05:12
691	2443	Margarida Neves	F	Hora do Lobo Trail - CF Perosinho Atletismo	VET 50	02:05:37	02:04:28
692	2522	PAULO RIBEIRO	M	INVICTA RUNNERS TEAM	VET 40	02:05:41	02:04:18
693	2864	JORGE ROCHA	M	LION RUNNERS - G. D. Leões da Guarda	VET 35	02:05:46	02:04:14
694	2483	Paulo Jorge	M	A.N.A.	VET 45	02:05:47	02:04:15
695	2073	Anne Ho	F		VET 40	02:05:49	02:04:00
696	2692	Marco Gaspar Ramos de Abreu	M	Ribeira de Abade Team	Juniores/Séniiores	02:05:54	02:05:34
697	3029	Paulo Vaz	M		VET 45	02:05:54	02:05:33
698	2529	Pedro Marinho	M	ANAG TENNIS TEAM	VET 40	02:06:05	02:04:16
699	2445	António Couto	M		Juniores/Séniiores	02:06:12	02:04:22
700	2874	Alberto Gama	M	Nascidos Para Correr	VET 55	02:06:17	02:05:31
701	2400	NUNO ROCHA	M	GAZELA RUNNING TEAM	Juniores/Séniiores	02:06:21	02:05:36
702	2260	Estrela Faro	F	Viriathvs Runners Viseu	VET 40	02:06:22	02:06:00
703	2441	Susana Cardoso	F	S. S. Montepio	VET 40	02:06:27	02:05:01
704	2707	Antonio Barbosa	M		VET 45	02:06:36	02:05:40



Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
705	2469	João Paulo Pais	M		VET 45	02:06:40	02:05:37
706	2303	Berta Ferreira	F	Porto Sentido Runners	VET 45	02:06:40	02:05:52
707	2584	Zinho	M		VET 50	02:06:43	02:05:48
708	3068	Rui Rocha	M	GVN Runners	VET 40	02:06:45	02:05:42
709	2292	António Pinheiro	M	Dr. Merino/4moove	VET 35	02:06:55	02:06:08
710	2761	Goreti Fernandes	F		Juniores/Séniore	02:06:57	02:05:31
711	2173	Paula	F		VET 35	02:07:03	02:05:34
712	2618	Paula Oliveira	F	S.C.E./António Leitão	VET 45	02:07:04	02:06:34
713	3069	Manuel BARROSO	M		VET 45	02:07:14	02:06:42
714	2731	Nuno Rocha	M		VET 45	02:07:14	02:06:42
715	2574	Catarina	F		Juniores/Séniore	02:07:32	02:06:05
716	2424	Maria Conceição Santos Campos	F	Spin&Run Esposende	VET 50	02:07:40	02:06:11
717	2078	Pedro Castro	M		Juniores/Séniore	02:07:45	02:05:54
718	2022	João Sousa	M	100Pernas	VET 40	02:07:52	02:06:33
719	2617	Dinis Martins	M	Viriathvs Runners Viseu	VET 45	02:08:02	02:07:26
720	2595	Cédric Silva	M	Índios de BTTrail	VET 35	02:08:13	02:06:24
721	2288	Bruna Coelho	F	Hora do Lobo Trail - CF Perosinho Atletismo	Juniores/Séniore	02:08:18	02:06:48
722	2577	Alfredo Rocha	M	Hora do Lobo Trail - CF Perosinho Atletismo	VET 45	02:08:18	02:06:46
723	2778	Luis Loureiro	M		VET 50	02:08:23	02:07:15
724	2676	Pedro Craveiro	M	Veteranos do Porto	VET 50	02:08:28	02:06:46
725	2122	Filipe Leitão	M	Gondomar Futsal Clube	VET 35	02:08:35	02:08:21
726	2673	AFONSO SANTOS	M	CLUBE MILLENNIUM BCP	VET 55	02:08:37	02:07:09
727	2561	Nancy Rapp	F		VET 55	02:08:38	02:06:51
728	2000	Rui Carvalho	M	S. S. Montepio	VET 35	02:08:41	02:07:28
729	2392	Francisco Moreira	M	S. S. Montepio	VET 45	02:08:41	02:07:29
730	2876	Flávio Cardoso	M		Juniores/Séniore	02:08:41	02:06:53
731	2130	José Teixeira	M	TinocoTeixeira	VET 45	02:08:46	02:08:22
732	3037	manuel monteiro	M		VET 50	02:08:46	02:08:22
733	2868	Cristina Loureiro	F	TAYLORS	VET 45	02:08:53	02:07:55
734	2417	Carla Neves	M	Factor X / S4L / Medense FC	Juniores/Séniore	02:08:53	02:07:55
735	2587	fernando moreira	M		VET 35	02:08:56	02:07:00
736	2256	Pedro Pereira	M		VET 40	02:10:13	02:09:40
737	2271	Sandra Cristina Figueiredo Abadito	F	Viriathvs Runners Viseu	VET 40	02:10:36	02:10:27
738	2830	José Moita	M	Viriathvs Runners Viseu	VET 45	02:10:36	02:10:14
739	2708	Cristina Almeida	F	Viseu 360	VET 45	02:10:52	02:09:22
740	2066	Nuno Ribeiro	M	Viseu 360	Juniores/Séniore	02:10:52	02:09:17
741	2745	Artur Fonseca	M	Ruptura Total	VET 40	02:11:18	02:10:09
742	2493	Ioannis Lignos	M		VET 35	02:11:34	02:09:54
743	2304	Fernando Antonio Resende Rodrigues	M		VET 45	02:11:37	02:09:58
744	2491	Florent Mille	M		Juniores/Séniore	02:11:38	02:10:32
745	3073	Luis Teixeira	M		VET 35	02:11:41	02:11:11
746	3072	Sónia Botelho	F		VET 35	02:11:41	02:11:11
747	2822	Célia Gonçalves	F		VET 40	02:11:44	02:10:24
748	2497	Helder Neves	M	TREPATRILHOS TRAIL TEAM	Juniores/Séniore	02:12:07	02:11:40

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
749	2871	Paulo Ferreira	M		VET 40	02:12:12	02:11:39
750	2132	Fernando Ferreira	M		VET 55	02:12:13	02:11:59
751	2688	Lourenço de Sousa	M		VET 35	02:12:40	02:12:06
752	2506	Maria Luz Almeida	F		VET 50	02:12:57	02:11:39
753	2720	Manuel Antonio Martins Sousa	M		VET 50	02:13:06	02:11:44
754	2307	Emílio Gonçalves	M	Amigos Vale Silêncio	VET 50	02:13:08	02:12:10
755	2740	João Jorge Godinho	M		VET 50	02:13:11	02:12:56
756	2074	Paulina soares	F		VET 55	02:13:15	02:12:50
757	2426	Paula Pinto	F	Top Runners	VET 40	02:13:29	02:12:37
758	2713	Claudio Oliveira	M	Top Runners	VET 45	02:13:29	02:12:37
759	2599	Ricardo lento	M	TREPATRILHOS TRAIL TEAM	VET 35	02:13:52	02:12:17
760	2064	Ivo Filipe Costa Ferreira	M	MSS CONTABILIDADE TRAIL TEAM	Juniores/Séniore	02:13:57	02:13:08
761	2059	Marlene Gomes	F	Arcorun	VET 35	02:14:32	02:13:38
762	2007	Verónica Sampaio	F	Arcorun	VET 40	02:14:32	02:13:39
763	2428	Pedro Ferreira	M		Juniores/Séniore	02:15:07	02:13:18
764	2004	jorge	M		VET 45	02:15:08	02:14:31
765	2431	Gustavo Costa	M		Juniores/Séniore	02:15:24	02:14:23
766	2148	Rui	M		VET 50	02:15:24	02:14:23
767	3025	José Carlos Lascasas	M	Gondomar Futsal Clube	VET 45	02:15:41	02:14:45
768	2044	Amândio Torres	M		Juniores/Séniore	02:15:50	02:14:15
769	2251	Elisângela Nardin	F		VET 40	02:16:42	02:15:28
770	3065	Miguel Pinto	M	GVN Runners	Juniores/Séniore	02:17:48	02:16:38
771	2144	RUI PAIVA	M	INVICTA RUNNERS TEAM	VET 35	02:18:10	02:17:36
772	2887	Nuno Gonçalves	M	Corridas.beer	VET 35	02:18:24	02:15:39
773	2421	nair bessa	F		Juniores/Séniore	02:18:31	02:16:40
774	2403	serafim fonseca	M	os amigos de s.pedro da cova	VET 60	02:18:31	02:18:09
775	2325	JOSE COSTA	M	INVICTA RUNNERS TEAM	VET 60	02:18:37	02:17:15
776	3095	paulo santos	M		VET 45	02:18:37	02:18:21
777	2579	José António de Moura Sousa	M		VET 40	02:18:43	02:17:43
778	2065	Evelyn Chong	F		VET 40	02:18:46	02:16:58
779	2427	JOANA MONTEIRO	F	INVICTA RUNNERS TEAM	Juniores/Séniore	02:18:47	02:17:24
780	3062	Inês Silva	F	GVN Runners	Juniores/Séniore	02:18:58	02:17:53
781	2741	Manuel Oliveira	M	LEÕES DE TARDARIZ TRAIL	VET 45	02:19:13	02:18:50
782	2644	Nuno Silva	M	100Pernas	VET 40	02:19:41	02:18:22
783	2717	Albertina Gonçalves	F	Lousada Runners	VET 35	02:20:15	02:19:00
784	2354	Rosa pinheiro	F		VET 55	02:21:00	02:19:43
785	2626	Thalita Alves	F		Juniores/Séniore	02:21:07	02:00:49
786	2404	Sérgio Pereira	M	Gondomar Futsal Clube	VET 35	02:22:25	02:22:11
787	2526	Patricia Pereira	F		VET 35	02:22:27	02:21:22
788	2442	Alvaro Silva	M	MSS CONTABILIDADE TRAIL TEAM	VET 55	02:22:49	02:22:10
789	2346	Maria Alves	F	MSS CONTABILIDADE TRAIL TEAM	VET 50	02:22:49	02:22:10
790	2671	Elsa Maria Martins Mota	F	Molinhos Team	VET 45	02:23:02	02:21:28
791	2412	Pedro Daniel Ribeiro	M		Juniores/Séniore	02:23:27	02:21:38
792	2563	João Pedro Valente Serdoura dos Santos	M	Locomotiva de Paranhos	VET 40	02:23:37	02:22:29

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
793	2779	Cláudia Dias	F	Arcorun	Juniores/Séniiores	02:24:11	02:23:19
794	2498	Fábio Pio	M		VET 45	02:24:40	02:23:44
795	2862	Patrícia Amorim	F	Arcorun	VET 40	02:25:04	02:24:13
796	2247	Fernando Lopes	M	Arcorun	VET 40	02:25:04	02:24:11
797	2293	Pedro Melo	M	Arcorun	VET 50	02:25:05	02:24:13
798	2596	Henrique Vilhena	M	FRUUT	VET 60	02:26:29	02:25:30
799	2834	Rui Sá	M	10TEMIDOS	VET 40	02:28:23	02:26:36
800	3084	Emilia Quota	F		VET 35	02:29:29	02:28:48
801	2054	Pedro Borges	M		VET 40	02:29:29	02:28:48
802	2477	joaquim ricardino silva teixeira	M		VET 40	02:31:36	02:30:13
803	3077	Manuel António Batista Magalhães	M		Juniores/Séniiores	02:31:52	02:29:57
804	2640	jose teixeira	M		VET 50	02:31:52	02:30:28
805	2808	Maria Celina Medeiros Fontes de Abreu	F	Actus Academia	VET 55	02:32:23	02:31:20
806	2283	Nitsa Andrews	F		VET 60	02:32:49	02:31:15
807	2572	Lyde Andrews	M		VET 45	02:32:50	02:31:16
808	2079	domingos soares	M		VET 55	02:33:03	02:31:38
809	3076	Fábio André Ferreira Martins	M		Juniores/Séniiores	02:33:04	02:31:08
810	2395	Sérgio Andrade	M		Juniores/Séniiores	02:34:52	02:34:05
811	2028	Paula Juliet's	F	BoraBora, Vamos Lá!	VET 35	02:35:27	02:34:51
812	3015	Genevieve Pereira	F	USEE	VET 45	02:35:46	02:34:47
813	2898	Nuno Grave	M		VET 45	02:36:57	02:35:10
814	3022	Ana Paula Moreira	F	Gondomar Futsal Clube	VET 40	02:36:57	02:35:10
815	2175	Carlos Santos	M		Juniores/Séniiores	02:37:17	02:37:10
816	2619	Sandra Nalasco	F		VET 40	02:37:40	02:35:50
817	2520	André Filipe Fangueiro	M	OS MANCOS	Juniores/Séniiores	02:39:41	02:38:50
818	2813	ACACIO LOPES	M	CLUBE MILLENNIUM BCP	VET 50	02:40:59	02:40:20
819	2039	Eugénia Lopes	F	Estrela Campo de Aviação F.C.	VET 50	02:41:50	02:41:03
820	2727	Ângelo Oliveira	M		Juniores/Séniiores	02:43:43	02:42:16
821	2510	MARIA ALICE GUIMARÃES	F	INVICTA RUNNERS TEAM	VET 55	02:44:27	02:43:53
822	2886	Monica Maria de Jesus Carvalho	F	Viriathvs Runners Viseu	VET 50	02:48:48	02:48:12
	2774	António Silva	M		VET 35	00:29:19 (desq.)	00:21:03
	1607	CÉSAR LISBOA	M	HSANTAMARIART	VET 35	00:51:10 (desq.)	00:49:49
	2877	JORGE MOREIRA	M	HSANTAMARIART	VET 35	00:51:10 (desq.)	00:49:49
	2274	Nuno Costa	M		VET 40	00:52:46 (desq.)	00:52:12
	2665	André Fontes	M		VET 35	00:53:12 (desq.)	00:51:41
	2838	Ricardo Sousa	M	SPEM	VET 35	00:56:44 (desq.)	00:56:25
	2348	Sérgio Rebelo	M		VET 45	00:58:01 (desq.)	00:56:16
	2352	Nuno Barreto	M		VET 40	00:58:35 (desq.)	00:57:33
	2645	Emanuel Duraes	M	SAI DA FRENTE	VET 45	00:59:03 (desq.)	00:57:47
	2357	Paulo Sergio Almeida	M	SAI DA FRENTE	VET 50	00:59:31 (desq.)	00:58:17
	2729	santiago romero	M		Juniores/Séniiores	01:01:17 (desq.)	01:00:36
	2397	Marco Vigário	M	MSS CONTABILIDADE TRAIL TEAM	VET 35	01:03:12 (desq.)	01:02:18
	2360	Luis Paulo Feiteira	M	Os ketuntos	VET 40	01:05:22 (desq.)	01:05:04
	2324	Alipio lopes	M		VET 35	01:06:27 (desq.)	01:04:59

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
	2842	Filipe	M		Juniores/Séniore	01:11:44 (desq.)	01:08:39
	3066	Cláudio Nunes	M	GVN Runners	Juniores/Séniore	01:11:57 (desq.)	01:10:47
	2512	Luísa Fernandes	F	Correr Lisboa	Juniores/Séniore	01:29:17 (desq.)	01:28:16
	2416	Conceição Morais	F	Nascidos Para Correr	VET 50	02:06:58 (desq.)	02:06:12
	2335	CECILIA RODRIGUES	F	CLUBE MILLENNIUM BCP	VET 35	02:39:43 (desq.)	02:38:51
	2185	Baltazar Ferreira	M		VET 50	02:50:28 (desq.)	02:50:20

#### Cadeiras de Rodas

Posição	Dorsal	Nome	Sexo	Equipa	Esc.	Tempo	Chip
1	2902	Sergio Gomes	M	NBA Barrosas	Cadeira de Rodas	01:38:08	01:38:08
2	2905	Rui Pereira	M	NBA Barrosas	Cadeira de Rodas	02:01:03	02:01:03
3	2901	Cristiano Magalhaes	M	NBA Barrosas	Cadeira de Rodas	01:01:36 (desq.)	01:01:36