

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	Bruno Miguel Gonçalves Barjona	BlackBulls/Clube Condeixa/CNI	22	01:07:00.070	----
2	Luís Martins	pascoalistos	143	01:08:07.650	00:01:07.580
3	Diogo Pimenta	DCI / Trilhos Luso Bussaco	326	01:08:38.730	00:01:38.660
4	Jorge Santos	-----	261	01:10:06.019	00:03:05.949
5	Joaquim Godinho	DCI/Trilhos Luso Bussaco	278	01:12:53.642	00:05:53.572
6	Manuel Cabete	Moinhos da Gândara Trail	146	01:13:04.990	00:06:04.920
7	Paulo Marques	FORMOBIKE BTT & TRAIL RUNNING	102	01:13:19.791	00:06:19.721
8	Joselito Pereira	out 2 run/Miro	43	01:15:29.232	00:08:29.162
9	Pedro Batista	-----	246	01:15:35.883	00:08:35.813
10	Sergio Marques	Caminhar ao Luar	161	01:15:46.261	00:08:46.191
11	João Rosinha	ARSM Associação Recreativa São Miguel	40	01:16:35.782	00:09:35.712
12	Nuno madeira	Lobos da Serra	287	01:17:06.017	00:10:05.947
13	JOSE FARO	Aminhacorrída/Myprotein	140	01:17:19.962	00:10:19.892
14	Filipe Duarte	Weshape	241	01:18:13.037	00:11:12.967
15	Nuno Coelho	Os Moitas	122	01:18:16.686	00:11:16.616
16	Hugo Filipe	-----	149	01:18:46.578	00:11:46.508
17	Sergio Forte	Bombeiros Brasfemes Trail e BTT	197	01:19:51.703	00:12:51.633
18	PAULO J. CARVALHO	Coimbra Trail Running	169	01:20:23.799	00:13:23.729
19	José Miguel Teixeira Gaspar	DCI/TRILHOS LUSO BUSSACO	27	01:20:26.970	00:13:26.900
20	Nelson Castro	Out2run	86	01:20:29.017	00:13:28.947
21	Paulo Marques	Pascoalitos.	305	01:20:34.102	00:13:34.032
22	Luis Sintra Marques	Lama Solta	269	01:20:50.684	00:13:50.614
23	Romeu Carvalho	Roda Dianteira	186	01:21:30.501	00:14:30.431
24	Márcio Antônio Fernandes Lopes	UP BIKE TEAM	104	01:26:36.668	00:19:36.598
25	João Paulo Mendes	-----	331	01:27:09.119	00:20:09.049
26	Luis Manuel Melo dos Santos	Os dominadores	336	01:27:59.542	00:20:59.472
27	Pedro Pereira	RedondaTrail/Cyclespace	263	01:28:28.251	00:21:28.181
28	carlos da conceição lobo	pormauscaminhos	198	01:28:37.388	00:21:37.318
29	Nuno Manso	Cross Trail	91	01:29:07.489	00:22:07.419
30	Bruno Carvalho	#brigadadogarrafão	168	01:29:41.104	00:22:41.034
31	José Tavares	#brigadadogarrafão	206	01:29:44.201	00:22:44.131
32	NUNO COSTA	ESCOLA DE ATLETISMO DE COIMBRA - J PAIVA	112	01:29:55.494	00:22:55.424
33	Gonçalo Marques	Runners&Friends - Rosa Biscoito	119	01:29:57.580	00:22:57.510
34	Augusto Amaral	Runners & Friends - Rosa Biscoito	2	01:30:00.379	00:23:00.309
35	Mário Carvalho	-----	141	01:30:02.414	00:23:02.344
36	Bruno Marques	Pés Troikados - CSCS	152	01:30:05.963	00:23:05.893
37	Luis Pires	Runners & Friends - Rosa Biscoito	54	01:30:11.095	00:23:11.025
38	Antonio Bento	-----	1	01:30:14.493	00:23:14.423
39	ARSÉNIO RODRIGUES	COMISSÃO PAIS DE EIRAS	211	01:30:31.118	00:23:31.048
40	Fernando da Silva Venda	Coimbra Trail Running	116	01:31:04.546	00:24:04.476
41	Henrique Manuel Nunes dos santos	Nuno cunha Automóveis	215	01:31:07.706	00:24:07.636
42	Pedro Roque	Os Papa Milhas	347	01:31:23.690	00:24:23.620
43	Marco Murgeiro	Lama Solta	281	01:32:04.286	00:25:04.216

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
44	Tiago Santos	-----	286	01:32:41.309	00:25:41.239
45	João Matos	CPT Coimbra	172	01:33:06.435	00:26:06.365
46	Pdro Batista	casa baia	82	01:33:25.237	00:26:25.167
47	Jorge Lestro	-----	248	01:33:33.290	00:26:33.220
48	Mário Alberto da Silva Amaro	B. V. Carregal do Sal	170	01:33:36.373	00:26:36.303
49	José Santos	out 2 run/Miro	133	01:33:54.510	00:26:54.440
50	Duarte José AraujoF Fernandes	Caminhar ao Luar	318	01:34:14.743	00:27:14.673
51	Miguel Almeida	UP BIKE TEAM	103	01:34:24.015	00:27:23.945
52	Tiago Fernandes	Caminhar ao Luar	160	01:34:38.151	00:27:38.081
53	Rodrigo	Caminhar ao Luar	236	01:34:40.142	00:27:40.072
54	Bruno Matos	Moinhos da Gândara Trail	87	01:34:42.424	00:27:42.354
55	MÁRIO NUNES	GELCENTRO	3	01:34:44.213	00:27:44.143
56	Silvino Lemos	União Clube Eirense	259	01:34:47.940	00:27:47.870
57	Luís Duarte	-----	124	01:34:51.231	00:27:51.161
58	João Nunes	-----	113	01:36:29.824	00:29:29.754
59	João Pedro carvalho Jorge	Casa baia	46	01:37:21.124	00:30:21.054
60	Alberto Valejo	IPNrunners	345	01:37:39.660	00:30:39.590
61	Jorge Pimenta	IPNrunners	346	01:37:42.204	00:30:42.134
62	João Paulo Mouta Dias	IPNrunners	282	01:37:45.058	00:30:44.988
63	Rui Manuel de Melo Lopes	OZXTREME	182	01:39:14.358	00:32:14.288
64	FREDERICO FERNANDES MARTINS	Pascoalitos	233	01:39:21.422	00:32:21.352
65	Cláudio Mortágua	Weshape	128	01:39:32.894	00:32:32.824
66	Hélio Sérgio Soares Paulino	Roda Dianteira	176	01:39:49.583	00:32:49.513
67	João Paulo Lopes	Lama Solta	65	01:40:11.839	00:33:11.769
68	Eduardo Neves	Lama Solta	67	01:40:18.145	00:33:18.075
69	Luís Gaspar	Moinhos da Gândara Trail	74	01:41:06.599	00:34:06.529
70	Bruno Cunha	Roda Dianteira	266	01:41:22.695	00:34:22.625
71	Manuel Tavares	Os Papa Milhas	348	01:42:13.548	00:35:13.478
72	Sérgio Simões Pereira	-----	351	01:42:53.723	00:35:53.653
73	Pedro Tiago Coelho Nunes	Patrulha Pata	189	01:42:59.408	00:35:59.338
74	Marco Santos	Roda Dianteira	311	01:43:06.497	00:36:06.427
75	Artur Serra	Lobos da Serra - Loureiro	142	01:43:16.748	00:36:16.678
76	Pedro Rodrigues	Caminhar ao Luar	155	01:43:22.409	00:36:22.339
77	Francisco Andrade	Team Paga pouco às vezes	96	01:44:04.173	00:37:04.103
78	carlos julio	Casa baia	48	01:44:07.885	00:37:07.815
79	Hugo Moreira Rodrigues	-----	317	01:44:09.444	00:37:09.374
80	André Curto	Moinhos da Gândara Trail	78	01:50:12.664	00:43:12.594
81	Pedro Francisco Veiga Santos	-----	179	01:50:24.994	00:43:24.924
82	Luís brandao	-----	315	01:50:26.572	00:43:26.502
83	Miguel Canelas	Paga Pouco Às Vezes	334	01:50:48.895	00:43:48.825
84	Paulo Fachada	Caminhar ao Luar	156	01:53:34.483	00:46:34.413
85	Fausto Reis	-----	118	01:56:15.418	00:49:15.348
86	João Rodrigues	Salamandrecos	114	01:56:19.294	00:49:19.224
87	Hugo Miguel Mocito da Silva	Bombeiros de Brasfemes Trail e Btt	37	01:56:37.988	00:49:37.918

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
88	Antonio Sousa	Os Papa Milhas	349	01:56:59.035	00:49:58.965
89	Rafael dias	Team Paga pouco ás vezes	106	01:57:03.939	00:50:03.869
90	Bernardo Miranda Lopes	Team Paga pouco ás vezes	95	01:58:15.283	00:51:15.213
91	Bruno Ferreira	WE SHAPE	195	01:59:29.416	00:52:29.346
92	bruno oliveira	casa baia	47	02:00:46.910	00:53:46.840
93	josé pedro lopes	Team Paga pouco ás vezes	80	02:04:52.854	00:57:52.784
94	Alexandre Gomes	Team Paga pouco ás vezes	53	02:04:55.246	00:57:55.176
95	José Santos	Team Paga pouco ás vezes	89	02:04:56.337	00:57:56.267
96	Paulo Gonçalves	----	247	02:05:03.903	00:58:03.833
97	Sérgio Marques	Caminhar ao Luar	159	02:06:19.592	00:59:19.522
98	Bruno Silva	Fruta da 5ª	110	02:06:43.648	00:59:43.578
99	Luís Teixeira	Fruta da 5a	225	02:06:45.807	00:59:45.737
100	Rodrigo Gonçalves	Cobridores Carborantes	275	02:08:03.459	01:01:03.389
101	Tiago Fonseca	Cobridores Carborantes	238	02:08:05.920	01:01:05.850
102	Bruno Martins	GELCENTRO	7	02:12:18.532	01:05:18.462
103	Tiago Marques	BOMBEIROS BRASFEMES	264	02:14:57.351	01:07:57.281
104	Filipe Miguel Veloso Rolim	Formobike btt	83	02:20:49.537	01:13:49.467
FEMININO					
1	Joana Franca	----	123	01:21:34.292	----
2	Ana Portugal	Caminhar ao Luar	243	01:29:52.117	00:08:17.825
3	Isabel Jesus	out 2 run/Miro	51	01:31:16.547	00:09:42.255
4	Marina Barroca	Lama Solta	38	01:33:19.393	00:11:45.101
5	Catarina Sintra	Lama Solta	72	01:33:20.768	00:11:46.476
6	Cláudia Isidoro	Coimbra Trail Running	73	01:34:21.247	00:12:46.955
7	Patrícia Gonçalves	Lama Solta	173	01:34:29.050	00:12:54.758
8	Fátima Fernandes	Bombeiros Brasfemes Trail e BTT	190	01:36:00.071	00:14:25.779
9	Laura Figueiredo Cabete	Moinhos da Gândara Trail	144	01:38:04.665	00:16:30.373
10	Maria do Ceu Moreira Rodrigues	----	360	01:38:18.385	00:16:44.093
11	Clara Pedreiro	----	245	01:38:20.013	00:16:45.721
12	Fátima Machado	CPT Coimbra	117	01:39:41.126	00:18:06.834
13	Gisela Curto	GELCENTRO	6	01:40:10.058	00:18:35.766
14	Marina Lemos	Coimbra Trail Running	70	01:40:16.299	00:18:42.007
15	Olga Felamino	Moinhos da Gândara Trail	75	01:41:04.327	00:19:30.035
16	Mónica Martins	BOMBEIROS BRASFEMES TRAIL E BTT	36	01:43:00.671	00:21:26.379
17	Ana Teresa Salsas	Lobos da Serra - Loureiro	109	01:43:15.304	00:21:41.012
18	Anabela Almeida	ASSSCC - Ar Livre e Aventura	178	01:44:32.355	00:22:58.063
19	Mara Janeiro	Comissão de Pais de Eiras	221	01:45:11.049	00:23:36.757
20	Ana Azêdo	CPT Coimbra	234	01:45:22.073	00:23:47.781
21	Ana Paula Rodrigues	Team Paga pouco ás vezes	271	01:48:53.183	00:27:18.891
22	Patrícia Abreu	----	32	01:48:57.204	00:27:22.912
23	Ana Paula Pio	CPT Coimbra	134	01:49:55.195	00:28:20.903
24	Carla Felamino	Moinhos da Gândara Trail	77	01:50:15.441	00:28:41.149
25	Dora Dourado	BIO TEAM RUN	333	01:50:17.804	00:28:43.512
26	Cláudia	Comissão de Pais de Eiras	216	01:51:27.828	00:29:53.536

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
27	Joana Margarida Bravi Nogueira	Comissão de pais Eiras	200	01:51:32.187	00:29:57.895
28	Rosa Matos	CPT Coimbra	171	01:51:48.196	00:30:13.904
29	Natercia Marques	Caminhar ao Luar	158	01:53:32.205	00:31:57.913
30	Tania Cristina Duarte Ferreira	out 2 run/Miro	115	01:54:08.410	00:32:34.118
31	Bruna Irina Campos Marques	Cobridores carborantes	227	01:57:06.147	00:35:31.855
32	Armandina Silva Vilas	-----	316	01:58:45.413	00:37:11.121
33	Daniela Dias	Résistance Dany	41	01:59:16.528	00:37:42.236
34	Rita Morais	Weshape	108	01:59:27.771	00:37:53.479
35	Sónia Margarida Pereira Morais Simões	Paga pouco às vezes	191	01:59:31.208	00:37:56.916
36	Daniela Geitoeira	Os Moitas	35	01:59:51.608	00:38:17.316
37	Maria Pereira	CPT Coimbra	127	02:04:01.595	00:42:27.303
38	Carina Isabel Matos Rosa	Comissão de Pais Eiras	352	02:04:48.311	00:43:14.019
39	Carla Silva	Caminhar ao Luar	154	02:05:58.819	00:44:24.527
40	Sonia Fernandes	Caminhar ao Luar	157	02:06:08.664	00:44:34.372
41	Laudelina Teixeira	Fruta da 5a	226	02:06:48.517	00:45:14.225
42	Sandra Matos	Fruta da 5ª	111	02:06:52.125	00:45:17.833
43	Lúcia Sofia forte	Fruta da 5a	223	02:06:56.432	00:45:22.140
44	Anabela Alves	Lobos da Serra - Loureiro	220	02:08:08.104	00:46:33.812
45	Joana Lopes	GELCENTRO	5	02:12:06.749	00:50:32.457
46	Cátia Farinha	GELCENTRO	4	02:12:10.528	00:50:36.236
47	Teresa Simões	BOMBEIROS. BRASFEMES	265	02:14:56.077	00:53:21.785
48	Joana Pina	-----	21	02:17:52.899	00:56:18.607
49	Joana Caeiro	GELCENTRO	10	02:29:15.348	01:07:41.056
50	Sofia Alexandra Nunes	Fruta da 5a	224	02:45:20.189	01:23:45.897
51	Maria Miguel Milheiro	Team Paga Pouco Às Vezes	204	02:45:23.413	01:23:49.121
52	Rita Milheiro	Team Paga Pouco Às Vezes	205	02:45:42.578	01:24:08.286