

Controlos	Administrador	Supervisor	Password
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## RESULTADOS INDIVIDUAIS

[Resultados por equipa](#)

Epic30
  Epic60
  **Femininos**
 **Masculinos**

**Todos**
 SF
  45F
  40F
  30F

Peitoral	Nome	Escalaao	Equipa	Controlo3	E3	G3	Controlo4	E4	G4	Obs
254	Lucinda Sousa	45F	-	01:19:34	1	1	03:05:42	1	1	
219	Mónica Cardoso	45F	#letsrunazores	01:36:35	2	2	03:52:14	2	2	
229	Maria Silva	30F	Atl. Desp. S.Pedro	01:44:21	2	4	03:59:46	1	3	
213	Vanessa Borja	30F	Onlyme Team	01:49:46	4	6	04:11:48	2	4	
215	Bárbara Sardinha	30F	-	01:44:03	1	3	04:18:50	3	5	
234	Janete Morais	SF	Tartarugas solid.	01:57:14	1	7	04:21:27	1	6	
231	Catarina Pires	30F	#letsrunazores	01:46:33	3	5	04:28:42	4	7	
252	Ana Gaspar	40F	-	02:03:35	1	9	05:02:08	1	8	
203	Margarida Mejo	45F	#letsrunazores	02:29:16	3	14	05:02:30	3	9	
210	Maria Matos	40F	Atl. Desp. S.Pedro	02:05:05	2	10	05:02:40	2	10	
208	Ana Maçanita	30F	#letsrunazores	01:57:57	5	8	05:09:08	5	11	
255	Susana Aguiar	30F	Atl. Desp. S.Pedro	02:36:37	8	15	05:39:13	6	12	
240	Rita Anjos	30F	#letsrunazores	02:19:10	6	11	05:42:02	7	13	
248	Melissa Gerrard	SF	-	02:28:33	2	13	05:45:23	2	14	
232	Margarida Amaro	30F	AMCF-ArrábidaTrail	02:27:23	7	12	05:51:55	8	15	
244	Maria Janela	45F	TS	02:50:01	4	17	06:42:59	4	16	
206	Maria Pinto	30F	Tartarugas solid.	02:49:54	9	16	06:43:03	9	17	
209	Ana Rico	30F	Atl. Desp. S.Pedro							DNS
224	Regina Mota	40F	Molinhas Team							DNS

E: Classificação por escalaão/ G: Classificação Geral /DNS: Não partiu/ DNF: Não terminou

## PESQUISA

Nome, Peitoral, Equipa, Obs



[testeControlos.zip](#)

Controlos	Administrador	Supervisor	Password
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## RESULTADOS INDIVIDUAIS

[Resultados por equipa](#)

- Epic30
  Epic60
  Femininos
  Masculinos
- Todos
  SM
  45M
  40M
  30M

Peitoral	Nome	Escala	Equipa	Controlo3	E3	G3	Controlo4	E4	G4	Obs
243	Paulo Barbosa	SM	Fitboxisland	01:12:30	1	1	03:07:03	1	1	
217	José Geada	45M	Ass. Vale Grande	01:17:06	1	2	03:10:34	1	2	
216	José Silva	45M	Ass. Vale Grande	01:19:41	2	3	03:10:34	1	3	
218	Antonio Santos	45M	Ass. Vale Grande	01:28:36	3	7	03:12:31	3	4	
211	Luis Mendonça	45M	#letsrunazores	01:30:09	4	10	03:23:32	4	5	
259	Simão Melo	40M	-	01:29:24	1	9	03:30:56	1	6	
258	Aurélio Barbosa	SM	Fitboxisland	01:21:56	3	5	03:32:57	2	7	
249	João Raposo	30M	-	01:28:47	2	8	03:33:25	1	8	
245	Mirko Peters	30M	-	01:28:33	1	6	03:38:12	2	9	
230	Daniel Louro	SM	-	01:21:16	2	4	03:38:52	3	10	
253	Jorge Fernandes	30M	nuRse	01:33:16	3	11	03:45:20	3	11	
246	Rui Marques	45M	Morcegos Trail	01:36:16	5	13	03:46:18	5	12	
200	Ricardo Andrade	30M	#letsrunazores	01:38:56	6	18	03:59:50	4	13	
226	Rui Melo	45M	Atl. Desp. S.Pedro	01:42:15	6	22	04:01:29	6	14	
250	Carlos Antão	40M	-	01:36:22	3	14	04:01:38	2	15	
257	Hamilton Cruz	40M	CD Metralhas	01:42:54	7	23	04:02:58	3	16	
236	Marco Pinto	40M	#letsrunazores	01:35:22	2	12	04:08:01	4	17	
241	Luís Alves	30M	-	01:40:22	7	20	04:12:46	5	18	
204	Paulo Branco	40M	-	01:36:29	4	15	04:15:39	5	19	
251	Pedro Rosa	30M	-	01:38:29	5	17	04:16:03	6	20	
202	Rui Silva	40M	#letsrunazores	01:49:40	9	26	04:17:31	6	21	
220	Bruno Cardoso	40M	#letsrunazores	01:41:54	6	21	04:20:02	7	22	
235	João Silva	30M	Tartarugas solid.	01:56:41	10	29	04:21:25	7	23	
233	Joaquim Rodrigues	30M	Tartarugas solid.	01:56:37	9	28	04:21:28	8	24	
214	Fernando Almeida	40M	#letsrunazores	01:43:52	8	24	04:28:19	8	25	
227	David Lopes	30M	-	01:44:10	8	25	04:29:31	9	26	
221	Sérgio Soares	40M	#letsrunazores	01:40:00	5	19	04:47:50	9	27	
225	Alexandre Almeida	45M	Molinhas Team	01:50:09	7	27	04:54:28	7	28	
205	Paulo Fontes	30M	-	01:57:06	11	30	05:02:23	10	29	
212	Rafael Nunes	40M	-	01:57:18	10	31	05:09:10	10	30	
207	Simão Neves	40M	#letsrunazores	01:58:49	11	32	05:11:41	11	31	
256	António Ferreira	40M	-	02:03:29	12	33	05:12:05	12	32	
238	Nuno Lopes	40M	-	02:11:40	14	35	05:18:56	13	33	
201	Luís Quental	40M	-	02:08:00	13	34	05:22:52	14	34	
223	Bruno Pacheco	30M	#letsrunazores	02:39:21	14	41	05:29:45	11	35	
222	Francisco Correia	30M	-	02:31:00	13	39	05:30:04	12	36	
228	Jaime Ferreira	45M	-	02:36:27	8	40	05:39:13	8	37	
242	Miguel Mota	30M	#letsrunazores	02:19:05	12	36	05:42:03	13	38	
247	Ian Scholten	SM	-	02:28:15	4	38	05:45:23	4	39	
237	Bruno Conceição	40M	#letsrunazores	02:26:35	15	37	05:57:30	15	40	
265	Paulo Barbosa	30M	-	01:36:44	4	16				DNF
239	Fernando Soares	45M	-							DNS