

PROVA PRINCIPAL - STAGE 1**10 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:00	14.9°C	31%
End	12:28	14.9°C	31%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	6	Artur Rodrigues	g.d.c.guilhovai	Veterano M40	31:10		03:07
2	115	Cristiano Pereira	casa do povo de mangualde	Senior Masculino	31:21	+00:10	03:08
3	3	Vitor Santos	fiães sc	Veterano M40	31:41	+00:30	03:10
4	4	Toze Castro	fiães sc	Senior Masculino	32:02	+00:51	03:12
5	16	Ricardo Dias	acd são joão da serra	Senior Masculino	32:23	+01:12	03:14
6	735	José Pires	sociedade recreio cepanense	Senior Masculino	32:28	+01:17	03:15
7	5	paulo pereira	g.d.c.guilhovai	Veterano M40	32:44	+01:33	03:16
8	161	JANIK LIMA	clube de atletismo de ovar	Senior Masculino	33:03	+01:52	03:18
9	445	Tiago pinho	individual	Senior Masculino	33:17	+02:06	03:20
10	17	Sérgio Rodrigues	acd são joão da serra	Senior Masculino	33:30	+02:19	03:21
11	525	Luís Silva	individual	Veterano M40	33:55	+02:44	03:24
12	748	Fabio fernandes correia	trail running clube btt sanguedo	Senior Masculino	34:05	+02:54	03:25
13	551	Pedro Reis	individual	Veterano M40	34:35	+03:24	03:28
14	116	Milton Duarte	casa do povo de mangualde	Senior Masculino	34:41	+03:30	03:28
15	180	Filipe Miguel Salvado Afonso	cmsmf	Senior Masculino	34:45	+03:34	03:29
16	239	Cláudio Costa	fiães sc	Senior Masculino	34:59	+03:48	03:30
17	417	Paulo pinto	individual	Senior Masculino	35:00	+03:49	03:30
18	107	Renato Silva	caldas s. jorge sport clube	Veterano M40	35:03	+03:52	03:30
19	119	Fernando Santos	casa do povo de mangualde	Veterano M40	35:11	+04:00	03:31
20	247	ANTÓNIO CRISTÓVÃO	g.d.c.guilhovai	Senior Masculino	35:11	+04:00	03:31
21	390	João Pedro Ferreira Moita	individual	Senior Masculino	35:12	+04:01	03:31
22	165	LINO FERREIRA	clube desportivo feirense	Veterano M40	35:15	+04:04	03:32
23	95	NUNO SILVA	cal - clube atletismo de lamas	Veterano M40	35:24	+04:13	03:32
24	94	FILIPE FONTES	cal - clube atletismo de lamas	Veterano M40	35:29	+04:18	03:33
25	120	Marco Andrade	casa do povo de mangualde	Veterano M40	35:38	+04:27	03:34
26	482	Abílio Ribeiro	sporting clube de espinho	Veterano M40	35:50	+04:39	03:35
27	246	ORLANDO VALENTE	futebol clube penafiel	Veterano M50	35:53	+04:42	03:35
28	761	PAULO COSTA	viriativs runners viseu	Veterano M40	36:09	+04:58	03:37
29	241	Hélder Robalinho	fiães sc	Senior Masculino	36:23	+05:12	03:38
30	238	Bruno Melo	fiães sc	Senior Masculino	36:24	+05:14	03:38
31	391	João Sousa	peruf race team	Senior Masculino	36:38	+05:27	03:40
32	370	Filipe Almeida	individual	Senior Masculino	36:40	+05:29	03:40
33	377	Gil Maia	individual	Senior Masculino	36:40	+05:29	03:40
34	548	paulo rodrigues	individual	Veterano M40	36:44	+05:33	03:40
35	166	ROGÉRIO CAMPOS	clube desportivo feirense	Veterano M40	36:48	+05:37	03:41
36	253	JORGE LUZ	g.d.s.p. oleiros	Veterano M50	36:58	+05:47	03:42
37	100	Bruno Vidinha	caldas s. jorge sport clube	Senior Masculino	36:59	+05:48	03:42
38	30	Sérgio Paiva	afis/ovar	Senior Masculino	37:04	+05:53	03:42
39	739	Augusto Aluai	sporting clube de espinho	Veterano M40	37:19	+06:08	03:44
40	240	Diogo Coutinho	fiães sc	Senior Masculino	37:20	+06:09	03:44
41	760	Rui Oliveira	vila maior em turismo	Veterano M40	37:33	+06:22	03:45
42	416	Paulo Adão	individual	Senior Masculino	37:48	+06:37	03:47

PROVA PRINCIPAL - STAGE 1

10 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	682	Ricardo Silva	piscinas da feira	Senior Masculino	41:09	+09:58	04:07
89	163	JOAQUIM COSTA	clube de atletismo de ovar	Veterano M50	41:10	+09:59	04:07
90	159	MONICA FERNANDES	clube de atletismo de ovar	Senior Feminino	41:10	+09:59	04:07
91	380	Hugo Miguel Henriques Silva	individual	Senior Masculino	41:13	+10:02	04:07
92	69	Paulo Grilo	arcorun	Veterano M40	41:13	+10:02	04:07
93	512	Joel SantoS	individual	Veterano M40	41:14	+10:03	04:07
94	194	ANTÓNIO LEITAO	convencidos.com	Veterano M50	41:18	+10:07	04:08
95	606	Carlos Martins	jl alumínios	Senior Masculino	41:19	+10:09	04:08
96	488	Antonio Jorge Martins Francisco	individual	Veterano M40	41:24	+10:13	04:08
97	428	Ricardo Jorge	individual	Senior Masculino	41:26	+10:15	04:09
98	114	Paula Martinho	casa do povo de mangualde	Senior Feminino	41:27	+10:16	04:09
99	362	Cristiano Pereira	individual	Senior Masculino	41:27	+10:16	04:09
100	550	Pedro Miguel Gonçalves de Resende	individual	Veterano M40	41:28	+10:17	04:09
101	657	Marco Paulo Costa Botelho	os falta d'ar	Veterano M40	41:29	+10:18	04:09
102	535	Mike Dias	individual	Veterano M40	41:29	+10:18	04:09
103	703	RÓmeu Rocha	remax spirit-market	Senior Masculino	41:30	+10:19	04:09
104	248	marco peixoto	g.d.c.guilhovai	Senior Masculino	41:33	+10:22	04:09
105	374	Flávio Silva	individual	Senior Masculino	41:38	+10:27	04:10
106	613	Rui oliveira	juventude cortegacense	Veterano M40	41:40	+10:29	04:10
107	18	António Paiva Santos	acdr reguenga palhota	Senior Masculino	41:48	+10:37	04:11
108	64	Mário Fonseca	almeida pneus	Veterano M40	42:00	+10:49	04:12
109	483	Adelino Almeida	individual	Veterano M40	42:01	+10:50	04:12
110	67	Rui Silva	almeida pneus	Veterano M40	42:01	+10:50	04:12
111	693	Paulo Jorge Gomes Santos	piscinas da feira	Veterano M40	42:05	+10:54	04:13
112	200	RODRIGO NUNES	convencidos.com	Veterano M50	42:09	+10:58	04:13
113	15	Francisco Teixeira	a.r.luz e vida gondomarense	Veterano M40	42:10	+10:59	04:13
114	198	MANUEL ANTONIO	convencidos.com	Veterano M50	42:10	+10:59	04:13
115	164	DANIEL FERREIRA	clube desportivo feirense	Senior Masculino	42:13	+11:02	04:13
116	211	António Carvalho	familia carvalho	Veterano M50	42:18	+11:07	04:14
117	758	José Manuel Silva Rocha	vila maior em turismo	Veterano M40	42:18	+11:07	04:14
118	210	VÍTOR RENTE	falta d'ar	Veterano M40	42:20	+11:09	04:14
119	607	Helder Costa	jl alumínios	Senior Masculino	42:22	+11:11	04:14
120	628	atelat 628	mum's run	Senior Masculino	42:23	+11:12	04:14
121	661	Manuel Oliveira	os falta d'ar	Veterano M50	42:23	+11:12	04:14
122	594	Manuel Tavares	individual	Veterano M50	42:25	+11:14	04:15
123	646	Pedro Magalhães	no limits	Senior Masculino	42:27	+11:16	04:15
124	376	Gil Alves Pinho	individual	Senior Masculino	42:28	+11:17	04:15
125	520	LUIS CARLOS SILVA TEIXEIRA	individual	Veterano M40	42:35	+11:24	04:16
126	181	HÉLDER COSTA	convencidos.com	Senior Masculino	42:36	+11:25	04:16
127	250	MIGUEL SANTOS	g.d.c.guilhovai	Veterano M40	42:42	+11:31	04:16
128	125	Joao Antonio Oliveira	centro municipal de marcha e corrida de vale de cambra	Senior Masculino	42:44	+11:33	04:16
129	648	Carlos Magalhães	olha nós	Senior Masculino	42:47	+11:36	04:17
130	513	Joice dias de Jesus	individual	Veterano M40	42:47	+11:36	04:17

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10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	tkm
175	252	CARLOS OLIVEIRA	g.d.c.guilhovai	Veterano M50	44:49	+13:38	04:29
176	528	Marco Filipe Ferreira Carvalho	individual	Veterano M40	44:51	+13:40	04:29
177	324	Marisa Santos	individual	Senior Feminino	44:52	+13:41	04:29
178	171	CARLOS PINHEIRO	clube millennium bcp	Veterano M40	44:52	+13:42	04:29
179	439	ruimofernandes@hotmail.com	individual	Senior Masculino	44:55	+13:44	04:30
180	401	Luís Peralta	individual	Senior Masculino	44:57	+13:46	04:30
181	216	Fernando Marques	fcprunners	Senior Masculino	45:02	+13:51	04:30
182	226	andre	fiaes running	Senior Masculino	45:07	+13:56	04:31
183	656	Jorge Augusto Oliveira Guerra	os falta d'ar	Veterano M40	45:08	+13:57	04:31
184	702	Bruno Rocha	remax spirit-market	Senior Masculino	45:11	+14:00	04:31
185	153	Fernando Gonçalves	cirac - circulo de recreio arte e cultura	Veterano M50	45:13	+14:02	04:31
186	251	sergio vieira	c d feirense	Veterano M40	45:14	+14:03	04:31
187	214	Daniel Cunha	família cunha	Veterano M50	45:15	+14:04	04:32
188	256	Luís Almeida	ginásio fit4fun	Veterano M40	45:16	+14:05	04:32
189	632	Vitor Peixoto	nascidos para correr	Senior Masculino	45:17	+14:06	04:32
190	381	Hugo Ricardo Soares de Pinho Lima	individual	Senior Masculino	45:18	+14:07	04:32
191	373	Filipe Sousa Alves da Silva	individual	Senior Masculino	45:31	+14:20	04:33
192	234	Rui aras	fiaes running	Veterano M50	45:32	+14:21	04:33
193	680	Daniel Filipe Andrade Moreira Pessoa Medeiros	piscinas da feira	Senior Masculino	45:33	+14:22	04:33
194	750	David Aguiar	trilhados	Senior Masculino	45:36	+14:25	04:34
195	768	Sara Cristina Pereira da Conceição	if	Senior Feminino	45:38	+14:27	04:34
196	103	Alberto Neves	caldas s. jorge sport clube	Veterano M40	45:39	+14:28	04:34
197	751	Fábio Reis	trilhados	Senior Masculino	45:48	+14:37	04:35
198	73	André Moreira	atletismo geração paramos	Senior Masculino	45:53	+14:42	04:35
199	353	António JF Silva	individual	Senior Masculino	45:53	+14:42	04:35
200	504	Hamilton Dias	individual	Veterano M40	45:59	+14:48	04:36
201	507	João Cardoso	individual	Veterano M40	46:02	+14:51	04:36
202	524	Luis Miguel Rego Lamas	individual	Veterano M40	46:04	+14:54	04:36
203	667	Valerio Sá	peruf race team	Veterano M40	46:05	+14:54	04:37
204	218	Rui Silva	feira viva	Senior Masculino	46:06	+14:55	04:37
205	235	Carla Pacheco	fiães sc	Senior Feminino	46:06	+14:55	04:37
206	182	JORGE GONSALVES	convencidos.com	Senior Masculino	46:10	+14:59	04:37
207	709	João Paulo Meixedo	remax spirit-market	Veterano M50	46:11	+15:00	04:37
208	152	Carlos Tavares	cirac - circulo de recreio arte e cultura	Veterano M50	46:11	+15:00	04:37
209	423	Pedro Miguel Sousa Pastor	individual	Senior Masculino	46:16	+15:05	04:38
210	659	Rui Manuel Oliveira Teixeira	os falta d'ar	Veterano M40	46:17	+15:06	04:38
211	449	Vitor Alexandre Almeida Moreira	individual	Senior Masculino	46:19	+15:08	04:38
212	80	Valdemar Ferreira	atletismo geração paramos	Veterano M40	46:20	+15:09	04:38
213	489	Bruno Rafael Ferreira Azevedo	individual	Veterano M40	46:25	+15:14	04:39
214	640	Márcio Lourenço	newteam2011	Senior Masculino	46:30	+15:19	04:39
215	375	Francisco Manuel Teixeira Marques	individual	Senior Masculino	46:31	+15:21	04:39
216	497	Ernesto da Rocha Gonçalves	individual	Veterano M40	46:37	+15:26	04:40

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
217	498	Fernando Ferreira	individual	Veterano M40	46:41	+15:30	04:40
218	565	Álvaro Henriques	individual	Veterano M50	46:43	+15:32	04:40
219	117	Laurinda Ferreira	casa do povo de mangualde	Veterana F40	46:46	+15:35	04:41
220	539	Óscar Brandão	individual	Veterano M40	46:52	+15:42	04:41
221	616	António Augusto Silva	lousada runners	Veterano M50	46:53	+15:42	04:41
222	609	Daniel Henriques	just for fun	Senior Masculino	46:58	+15:47	04:42
223	350	André Filipe da Silva Rocha	individual	Senior Masculino	47:02	+15:51	04:42
224	402	Manuel António Fernandes Mendes	individual	Senior Masculino	47:03	+15:52	04:42
225	358	Bruno Moreira	individual	Senior Masculino	47:06	+15:55	04:43
226	8	DANIEL COSTA	#steelrunners	Senior Masculino	47:07	+15:56	04:43
227	352	António Constantino Silva	individual	Senior Masculino	47:07	+15:56	04:43
228	90	José Alexandre Moreira	cal - clube atletismo de lamas	Senior Masculino	47:07	+15:56	04:43
229	592	manuel constantino silva	individual	Veterano M50	47:08	+15:57	04:43
230	574	Evaristo Bastos	individual	Veterano M50	47:13	+16:02	04:43
231	725	Luís Cruz	run2eat	Veterano M50	47:15	+16:04	04:44
232	92	ADELINO GOMES	cal - clube atletismo de lamas	Veterano M40	47:15	+16:04	04:44
233	563	Abelardo Ferreira Gomes	individual	Veterano M50	47:19	+16:08	04:44
234	191	JOSE SOUSA	convencidos.com	Veterano M40	47:19	+16:08	04:44
235	233	Marcelo	faes running	Veterano M40	47:31	+16:20	04:45
236	669	Pedro Silva	peter team	Senior Masculino	47:33	+16:22	04:45
237	671	Pedro Guimaraes	peter team	Veterano M40	47:33	+16:22	04:45
238	690	Jose Pedro Miranda Pessoa Medeiros	piscinas da feira	Veterano M40	47:34	+16:23	04:45
239	764	Pedro Pereira	if	Senior Masculino	47:39	+16:28	04:46
240	677	Bruno Manuel Marques Santos	piscinas da feira	Senior Masculino	47:41	+16:30	04:46
241	515	José Almeida	individual	Veterano M40	47:43	+16:32	04:46
242	105	José Sousa	caldas s. jorge sport clube	Veterano M40	47:46	+16:35	04:47
243	49	Manuel Gomes	afis/ovar	Veterano M50	47:47	+16:36	04:47
244	470	Manuela Abelha	individual	Veterana F40	47:48	+16:37	04:47
245	217	Leandro Leite	fcprunners	Senior Masculino	47:49	+16:38	04:47
246	65	Miguel Castro	almeida pneus	Veterano M40	47:50	+16:39	04:47
247	612	Hélder Fernandes da Rocha	juventude cortegacense	Veterano M40	47:53	+16:42	04:47
248	431	Ricardo Matos	individual	Senior Masculino	47:54	+16:43	04:47
249	731	José Riba	running esmoriz	Veterano M50	47:54	+16:43	04:47
250	150	Alcides Sales	cirac - circulo de recreio arte e cultura	Veterano M50	48:03	+16:53	04:48
251	382	Hugo Silva	individual	Senior Masculino	48:04	+16:53	04:48
252	752	Hugo Guito	trilhados	Senior Masculino	48:12	+17:01	04:49
253	155	Oscar Magolo	cirac - circulo de recreio arte e cultura	Veterano M50	48:12	+17:01	04:49
254	533	Miguel Miranda	individual	Veterano M40	48:13	+17:02	04:49
255	743	Paulo Carneiro	stcp runners	Veterano M40	48:17	+17:06	04:50
256	443	Tiago Filipe Alberto Antunes	individual	Senior Masculino	48:19	+17:08	04:50
257	595	Óscar Loureiro	individual	Veterano M50	48:22	+17:11	04:50
258	585	José António Marques Baptista	individual	Veterano M50	48:32	+17:22	04:51
259	14	Fábio Jorge Gonçalves Justo	3mais1	Senior Masculino	48:35	+17:24	04:52
260	584	José António de P Fernandes	individual	Veterano M50	48:35	+17:24	04:52
261	9	FILIPE PINHO	#steelrunners	Senior Masculino	48:38	+17:27	04:52

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
262	19	João Carlos Ferreira Abreu	acdr reguenga palhota	Senior Masculino	48:39	+17:28	04:52
263	21	Xavier Alves Paiva	acdr reguenga palhota	Senior Masculino	48:39	+17:28	04:52
264	137	Arlindo Rodrigues	centro municipal de marcha e corrida de vale de cambra	Veterano M50	48:40	+17:29	04:52
265	730	António Porrão	running esmoriz	Veterano M50	48:47	+17:36	04:53
266	617	Manuel Teixeira	lousada runners	Veterano M50	48:47	+17:36	04:53
267	728	Isabel Rosas	running esmoriz	Veterana F40	48:47	+17:36	04:53
268	368	Fábio Lourenço	individual	Senior Masculino	48:53	+17:42	04:53
269	173	FIRMINO NOGUEIRA	clube millennium bcp	Veterano M50	48:54	+17:43	04:53
270	740	Valter Barbosa	stcp runners	Senior Masculino	48:56	+17:45	04:54
271	126	Luis Magalhaes	centro municipal de marcha e corrida de vale de cambra	Senior Masculino	48:56	+17:45	04:54
272	429	Ricardo José Azevedo Pinho	individual	Senior Masculino	48:57	+17:46	04:54
273	47	José Sousa	afis/ovar	Veterano M50	48:58	+17:47	04:54
274	536	Nestor gomes	individual	Veterano M40	48:58	+17:47	04:54
275	156	Serafim Rodrigues	cirac - circulo de recreio arte e cultura	Veterano M50	48:58	+17:47	04:54
276	466	FATIMA PAIS	individual	Veterana F40	48:59	+17:49	04:54
277	591	Luis Filipe Martins Soares	individual	Veterano M50	49:01	+17:50	04:54
278	620	Mariana Ameixieira	m&m	Senior Feminino	49:02	+17:51	04:54
279	138	Domingos Silva	centro municipal de marcha e corrida de vale de cambra	Veterano M50	49:05	+17:54	04:55
280	349	André Fernandes Correia	individual	Senior Masculino	49:05	+17:55	04:55
281	542	Paulo António Pereira Duarte	individual	Veterano M40	49:07	+17:56	04:55
282	101	Goretti Cardoso	caldas s. jorge sport clube	Veterana F40	49:08	+17:57	04:55
283	61	Filipe Valente Silva	almeida pneus	Senior Masculino	49:11	+18:01	04:55
284	770	RICARDO JORGE	if	Senior Masculino	49:17	+18:06	04:56
285	540	OSCAR HENRIQUES DE BASTOS	individual	Veterano M40	49:19	+18:08	04:56
286	102	Maria Leite	caldas s. jorge sport clube	Veterana F40	49:22	+18:11	04:56
287	97	JOAQUIM PAULINO	cal - clube atletismo de lamas	Veterano M50	49:23	+18:12	04:56
288	111	David Leite	caldas s. jorge sport clube	Veterano M50	49:23	+18:12	04:56
289	487	António Gomes	individual	Veterano M40	49:23	+18:12	04:56
290	457	Ana Maria Almeida	individual	Veterana F40	49:27	+18:16	04:57
291	601	JOSÉ PINTO	jam - juventude atlética mozelense	Veterano M40	49:30	+18:19	04:57
292	664	Pedro Santos	pari passu	Veterano M40	49:31	+18:20	04:57
293	54	Ricardo Rocha	aliança de gandra	Senior Masculino	49:32	+18:21	04:57
294	208	José Duarte	cubalibre	Veterano M40	49:32	+18:21	04:57
295	712	Jorge Paiva	roda souto team acbf	Veterano M40	49:34	+18:23	04:57
296	66	Pedro Costa	almeida pneus	Veterano M40	49:35	+18:24	04:58
297	692	Miguel José Fonseca Pinheiro	piscinas da feira	Veterano M40	49:37	+18:26	04:58
298	46	Joaquim Ferreira	afis/ovar	Veterano M50	49:39	+18:28	04:58
299	386	Jaime Pimenta Ribeiro	individual	Senior Masculino	49:39	+18:28	04:58
300	36	Américo Oliveira	afis/ovar	Veterano M40	49:39	+18:28	04:58
301	385	Ivo Filipe Valente Mota	individual	Senior Masculino	49:39	+18:28	04:58
302	37	Eduardo Oliveira	afis/ovar	Veterano M40	49:41	+18:30	04:58
303	440	Simão Cardoso	individual	Senior Masculino	49:50	+18:39	04:59
304	408	Mr Castro	individual	Senior Masculino	49:50	+18:39	04:59
305	231	Olga gomes	fiaes running	Veterana F40	49:57	+18:46	05:00

PROVA PRINCIPAL - STAGE 1
10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
306	578	Frank Rogerson	individual	Veterano M50	50:02	+18:51	05:00
307	372	Filipe Marques	individual	Senior Masculino	50:04	+18:53	05:00
308	199	MANUEL REIS	convencidos.com	Veterano M50	50:05	+18:54	05:01
309	697	Hélder José Oliveira Lopes	quase "aos" 40...!!	Senior Masculino	50:06	+18:55	05:01
310	420	Pedro amorim	individual	Senior Masculino	50:09	+18:58	05:01
311	568	António Hugo Lamarão	individual	Veterano M50	50:12	+19:01	05:01
312	547	Paulo Oliveira	individual	Veterano M40	50:16	+19:05	05:02
313	361	Carlos Rocha	individual	Senior Masculino	50:19	+19:08	05:02
314	258	José Oliveira	grupo a bida é bela	Veterano M50	50:20	+19:09	05:02
315	732	Carlos Alberto Alves da Silva	running espinho	Veterano M50	50:22	+19:11	05:02
316	421	Pedro Custódio	individual	Senior Masculino	50:23	+19:12	05:02
317	586	José Oliveira Gomes	individual	Veterano M50	50:24	+19:13	05:02
318	577	Fernando ramos silva valente	individual	Veterano M50	50:26	+19:15	05:03
319	263	Fernando Silva	grupo de corrida de argoncilhe	Veterano M50	50:29	+19:18	05:03
320	621	Mário Ferreira	m&m	Senior Masculino	50:29	+19:18	05:03
321	213	Filipe Cunha	família cunha	Senior Masculino	50:33	+19:22	05:03
322	39	Joaquim Moreira	afis/ovar	Veterano M40	50:35	+19:24	05:04
323	11	SANDRO SILVA	#steelrunners	Senior Masculino	50:36	+19:25	05:04
324	572	celso lino oliveira gomes	individual	Veterano M50	50:40	+19:29	05:04
325	736	Isabel Cristina Brandão Soares	sportarc	Veterana F40	50:41	+19:30	05:04
326	158	Luís Filipe Fonseca da Cunha Ferreira	clube colaboradores ageas	Veterano M40	50:47	+19:36	05:05
327	608	JOSE JESUS	jl alumínios	Veterano M40	50:47	+19:36	05:05
328	75	António Sá	atletismo geração paramos	Veterano M40	50:50	+19:39	05:05
329	738	Luis Silva	sporting clube de braga	Veterano M50	50:50	+19:39	05:05
330	25	Joana Alçada	afis/ovar	Senior Feminino	50:54	+19:43	05:05
331	321	Mafalda Valente	individual	Senior Feminino	50:55	+19:44	05:06
332	436	Ricardo Soares	individual	Senior Masculino	50:55	+19:44	05:06
333	500	fernando manuel soares de almeida	individual	Veterano M40	50:56	+19:45	05:06
334	451	vitor costa	individual	Senior Masculino	50:56	+19:45	05:06
335	131	Regina Almeida	centro municipal de marcha e corrida de vale de cambra	Veterana F40	50:59	+19:48	05:06
336	135	Luis Ferreira	centro municipal de marcha e corrida de vale de cambra	Veterano M40	50:59	+19:48	05:06
337	691	José Pedro Rocha Cruz	Piscinas da Feira	Veterano M40	51:06	+19:55	05:07
338	430	Ricardo Manuel Pereira Barbosa	individual	Senior Masculino	51:07	+19:56	05:07
339	593	Manuel Firmino Martins Soares	individual	Veterano M50	51:09	+19:58	05:07
340	387	João Aleixo	individual	Senior Masculino	51:10	+19:59	05:07
341	10	JORGE GONÇALVES	#steelrunners	Senior Masculino	51:13	+20:02	05:07
342	639	Joaquim Lopes	newteam2011	Senior Masculino	51:16	+20:05	05:08
343	93	CARLOS CARDOSO	cal - clube atletismo de lamas	Veterano M40	51:18	+20:07	05:08
344	559	Rui Neves	individual	Veterano M40	51:21	+20:10	05:08
345	288	Ana Gomes	individual	Senior Feminino	51:22	+20:11	05:08
346	50	Mário Conde	afis/ovar	Veterano M50	51:28	+20:17	05:09
347	175	MANUEL LOBÃO	clube millennium bcp	Veterano M50	51:29	+20:18	05:09
348	729	Maribel Oliveira	running esmoriz	Veterana F40	51:33	+20:22	05:09

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
392	434	Ricardo Pais	individual	Senior Masculino	53:21	+22:10	05:20
393	222	Marco Brito	feira viva	Veterano M40	53:23	+22:12	05:20
394	541	Paulo almeida	individual	Veterano M40	53:24	+22:13	05:20
395	128	Cristina Silva	centro municipal de marcha e corrida de vale de cambra	Veterana F40	53:25	+22:14	05:21
396	280	Paulo Alexandre Reis Valente	homegym	Senior Masculino	53:27	+22:16	05:21
397	278	Marco Silva	homegym	Senior Masculino	53:28	+22:17	05:21
398	363	Daniel Filipe Costa	individual	Senior Masculino	53:31	+22:20	05:21
399	62	Nuno Miguel Fernandes	almeida pneus	Senior Masculino	53:33	+22:22	05:21
400	273	Liliana Andrade	homegym	Senior Feminino	53:36	+22:25	05:22
401	496	EMANUEL MOTA	individual	Veterano M40	53:37	+22:26	05:22
402	279	Mauro Xavier Leal Andrade	homegym	Senior Masculino	53:37	+22:26	05:22
403	583	Jose Alves	individual	Veterano M50	53:38	+22:27	05:22
404	189	JOSE AUGUSTO	convencidos.com	Veterano M40	53:39	+22:28	05:22
405	294	Ana Pinto	individual	Senior Feminino	53:39	+22:28	05:22
406	506	Hugo Miguel Pereira de Sá	individual	Veterano M40	53:40	+22:29	05:22
407	590	Luís Filipe Higino	individual	Veterano M50	53:40	+22:29	05:22
408	187	FRANCISCO REIS	convencidos.com	Veterano M40	53:40	+22:29	05:22
409	265	Rui Oliveira	grupo de corrida de argoncilhe	Veterano M50	53:41	+22:30	05:22
410	22	Graça Leite	acrefa	Veterana F40	53:48	+22:37	05:23
411	348	André Augusto Vaz Pais	individual	Senior Masculino	53:53	+22:42	05:23
412	170	SÉRGIO ANDRADE	clube millennium bcp	Senior Masculino	54:04	+22:53	05:24
413	554	RICARDO FERREIRA	individual	Veterano M40	54:04	+22:53	05:24
414	283	Sergio Manuel Almeida	homegym	Senior Masculino	54:05	+22:54	05:25
415	228	Filomena pinheiro	faes running	Veterana F40	54:10	+23:00	05:25
416	663	Jorge Ferreira	pari passu	Veterano M40	54:15	+23:04	05:26
417	432	Ricardo Nuno Rodrigues Ribeiro	individual	Senior Masculino	54:18	+23:07	05:26
418	7	Paulo Pais	feira viva	Veterano M40	54:19	+23:08	05:26
419	460	celeste moreira	individual	Veterana F40	54:23	+23:12	05:26
420	76	Carlos Moreira	atletismo geração paramos	Veterano M40	54:33	+23:22	05:27
421	337	Sílvia Caetano	individual	Senior Feminino	54:38	+23:27	05:28
422	147	Denise Moraes	cirac - circulo de recreio arte e cultura	Veterana F40	54:39	+23:29	05:28
423	149	Francisco Gonçalves	cirac - circulo de recreio arte e cultura	Veterano M40	54:39	+23:29	05:28
424	495	elisio maia	individual	Veterano M40	54:40	+23:29	05:28
425	672	Miguel Reis	pintoreis	Veterano M40	54:45	+23:34	05:29
426	12	VITOR LEMOS	#steelrunners	Senior Masculino	54:46	+23:35	05:29
427	422	Pedro Manuel Soares Vieira	individual	Senior Masculino	54:51	+23:41	05:29
428	755	Hugo Alves	vamos ver se conseguimos	Senior Masculino	54:54	+23:43	05:29
429	305	Cristiana Santos	individual	Senior Feminino	54:54	+23:43	05:29
430	511	JOAO PAULINO	individual	Veterano M40	54:58	+23:47	05:30
431	544	paulo jose da sousa santos	individual	Veterano M40	55:01	+23:50	05:30
432	501	Fernando Remião	individual	Veterano M40	55:01	+23:50	05:30
433	518	JOSUE ARAUJO LOUREIRO	individual	Veterano M40	55:17	+24:06	05:32
434	409	Nelson de Oliveira	individual	Senior Masculino	55:21	+24:10	05:32
435	298	Camila Henriques	individual	Senior Feminino	55:21	+24:10	05:32
436	356	Bruno Ferreira	individual	Senior Masculino	55:22	+24:11	05:32

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
437	344	Teresa Campos Amorim Silva Dias	individual	Senior Feminino	55:22	+24:11	05:32
438	713	Sofia Azenha	rumo34	Senior Feminino	55:24	+24:13	05:32
439	714	Pedro Marques	rumo34	Senior Masculino	55:25	+24:14	05:33
440	771	Vitor Silva	if	Senior Masculino	55:26	+24:15	05:33
441	287	Ana Filipa Albuquerque Cerqueira	individual	Senior Feminino	55:29	+24:18	05:33
442	312	Estrela Patrício	individual	Senior Feminino	55:32	+24:21	05:33
443	227	Pedro peixoto	faes running	Senior Masculino	55:36	+24:25	05:34
444	744	Paulo Gonçalves	stop runners	Veterano M40	55:48	+24:37	05:35
445	742	Dinis Pinto	stop runners	Veterano M40	55:48	+24:37	05:35
446	183	ANABELA SANTOS	convencidos.com	Veterana F40	55:49	+24:38	05:35
447	610	Joaquim Encarnação	just for fun	Veterano M40	55:49	+24:38	05:35
448	319	Josefa Cunha Fonseca	individual	Senior Feminino	55:51	+24:40	05:35
449	587	JOSÉ PAULA	individual	Veterano M50	55:52	+24:41	05:35
450	575	fernando costa barbosa dias	individual	Veterano M50	55:58	+24:47	05:36
451	345	Valéria Fernandes Correia	individual	Senior Feminino	55:58	+24:47	05:36
452	599	MARINHA BAPTISTA	jam - juventude atlética mozelense	Veterana F40	56:00	+24:49	05:36
453	371	filipe cardoso araujo	individual	Senior Masculino	56:00	+24:49	05:36
454	293	Ana Paula Brandão Soares Pinto	individual	Senior Feminino	56:00	+24:49	05:36
455	711	Carla Cardoso	rf - refugi...	Veterana F40	56:03	+24:52	05:36
456	392	João Tavares	individual	Senior Masculino	56:04	+24:53	05:36
457	558	Rui Moreira	individual	Veterano M40	56:06	+24:55	05:37
458	530	Meninho	individual	Veterano M40	56:08	+24:57	05:37
459	566	Álvaro Sousa	individual	Veterano M50	56:10	+24:59	05:37
460	77	Cristóvão Santos	atletismo geração paramos	Veterano M40	56:14	+25:03	05:37
461	471	Maria da Luz Almeida	individual	Veterana F40	56:15	+25:05	05:38
462	509	João Francisco da Silva Alves Ribeiro	individual	Veterano M40	56:16	+25:05	05:38
463	123	Helena Silva	centro municipal de marcha e corrida de vale de cambra	Senior Feminino	56:17	+25:06	05:38
464	121	Ana Margarida Santos	centro municipal de marcha e corrida de vale de cambra	Senior Feminino	56:18	+25:07	05:38
465	308	diana raquel da silva pinho	individual	Senior Feminino	56:26	+25:15	05:39
466	197	MANUEL ALMEIDA	convencidos.com	Veterano M50	56:27	+25:16	05:39
467	172	AFONSO SANTOS	clube millennium bcp	Veterano M50	56:27	+25:16	05:39
468	717	Eduardo Bártole	run2eat	Senior Masculino	56:28	+25:17	05:39
469	555	Rogério Rocha	individual	Veterano M40	56:29	+25:18	05:39
470	307	Diana Leite	individual	Senior Feminino	56:29	+25:18	05:39
471	179	Joana Sofia Correio de Melo	cmsmf	Senior Feminino	56:34	+25:23	05:39
472	245	Wilson Sousa	fpw team	Senior Masculino	56:40	+25:29	05:40
473	243	Fábio Almeida	fpw team	Senior Masculino	56:41	+25:30	05:40
474	244	Pedro Sá	fpw team	Senior Masculino	56:41	+25:30	05:40
475	306	cristina santos alves ribeiro	individual	Senior Feminino	56:43	+25:32	05:40
476	84	Helena Oliveira Pereira	bunheiro night runners	Senior Feminino	56:44	+25:33	05:40
477	465	Elvira silva	individual	Veterana F40	56:48	+25:37	05:41
478	689	Joaquim Moreira	piscinas da feira	Veterano M40	56:49	+25:38	05:41

PROVA PRINCIPAL - STAGE 1
10 KM
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
OFFICIAL RESULT
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
479	394	Jorge António Magalhães de Oliveira Maia	individual	Senior Masculino	56:50	+25:39	05:41
480	127	Conceição Soares	centro municipal de marcha e corrida de vale de cambra	Veterana F40	56:50	+25:39	05:41
481	393	Joaquim Ferreira	individual	Senior Masculino	56:55	+25:44	05:42
482	275	Filipe João Coito	homegym	Senior Masculino	56:56	+25:45	05:42
483	109	Albano Miranda	caldas s. jorge sport clube	Veterano M50	56:57	+25:46	05:42
484	395	Leandro Leite	individual	Senior Masculino	57:00	+25:49	05:42
485	68	Carla Pereira	antónio pedro	Senior Feminino	57:01	+25:50	05:42
486	403	Manuel José Ferreira da Silva	individual	Senior Masculino	57:03	+25:52	05:42
487	292	Ana Patricia de Almeida Pinho	individual	Senior Feminino	57:03	+25:52	05:42
488	631	Pedro Paiva	nascidos para correr	Senior Masculino	57:16	+26:05	05:44
489	236	Paula Oliveira	fiães sc	Senior Feminino	57:18	+26:07	05:44
490	543	Paulo Jorge	individual	Veterano M40	57:21	+26:10	05:44
491	411	Nuno Belo	individual	Senior Masculino	57:22	+26:11	05:44
492	384	Ivo Azevedo	individual	Senior Masculino	57:24	+26:13	05:44
493	221	Teresa Fallé	feira viva	Veterana F40	57:26	+26:15	05:45
494	340	Sofia Silveira	individual	Senior Feminino	57:26	+26:15	05:45
495	602	AUGUSTO BAPTISTA	jam - juventude atlética mozelense	Veterano M50	57:33	+26:22	05:45
496	33	Elisabete Silva	afis/ovar	Veterana F40	57:33	+26:22	05:45
497	270	Bárbara Valente	homegym	Senior Feminino	57:36	+26:25	05:46
498	271	Cristiana Filipa Oliveira da Silva	homegym	Senior Feminino	57:37	+26:26	05:46
499	561	Sergio Mota	individual	Veterano M40	57:43	+26:32	05:46
500	232	Zelia silva	faes running	Veterana F40	57:43	+26:32	05:46
501	225	Sara santos	faes running	Senior Feminino	57:44	+26:33	05:46
502	556	Rui Cardoso	individual	Veterano M40	57:50	+26:39	05:47
503	658	Rui Edgar Santos	os falta d'ar	Veterano M40	57:54	+26:43	05:47
504	485	Alberto Manuel Oliveira Ferreira	individual	Veterano M40	57:56	+26:45	05:48
505	78	Eusébio Lopes	atletismo geração paramos	Veterano M40	58:01	+26:50	05:48
506	675	Sofia Maria dos Santos Rodrigues	piscinas da feira	Senior Feminino	58:02	+26:51	05:48
507	683	Claudia Pereira Pires Teixeira	piscinas da feira	Veterana F40	58:03	+26:52	05:48
508	167	ANA MENDES	clube millennium bcp	Senior Feminino	58:07	+26:56	05:49
509	461	Célia Aguiar	individual	Veterana F40	58:12	+27:01	05:49
510	140	Elisio Gomes	centro municipal de marcha e corrida de vale de cambra	Veterano M50	58:12	+27:01	05:49
511	174	GABRIEL MENDES	clube millennium bcp	Veterano M50	58:15	+27:04	05:50
512	472	Maria de Jesus dos Santos Alves Lino	individual	Veterana F40	58:17	+27:06	05:50
513	202	Bruno Cardoso	crew concordia	Senior Masculino	58:23	+27:12	05:50
514	220	Ana Paula Silva	feira viva	Veterana F40	58:28	+27:17	05:51
515	139	domingos silva	centro municipal de marcha e corrida de vale de cambra	Veterano M50	58:38	+27:27	05:52
516	567	António Dias	individual	Veterano M50	58:41	+27:30	05:52
517	328	Patrícia Laranjeira	individual	Senior Feminino	58:41	+27:30	05:52
518	148	Helena Silva	cirac - circulo de recreio arte e cultura	Veterana F40	58:41	+27:30	05:52
519	418	Paulo Pinto	individual	Senior Masculino	58:41	+27:31	05:52

PROVA PRINCIPAL - STAGE 1
10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
520	446	Tiago Pinho	individual	Senior Masculino	58:42	+27:31	05:52
521	398	Luis Gomes	individual	Senior Masculino	58:43	+27:32	05:52
522	749	Carlos Freitas	trilhados	Senior Masculino	58:46	+27:35	05:53
523	695	PEDRO BASTOS	pnb	Veterano M40	58:59	+27:48	05:54
524	676	Vânia Costa	piscinas da feira	Senior Feminino	59:01	+27:50	05:54
525	438	Rui Tiago Pereira dos Reis	individual	Senior Masculino	59:03	+27:52	05:54
526	85	Inês Rodrigues	bunheiro night runners	Senior Feminino	59:07	+27:56	05:55
527	83	Ana Abreu Freire	bunheiro night runners	Senior Feminino	59:07	+27:56	05:55
528	86	António Miguel Lopes Tavares	bunheiro night runners	Senior Masculino	59:08	+27:57	05:55
529	727	Gabriel Silva	running esmoriz	Senior Masculino	59:09	+27:58	05:55
530	257	Casimiro Fernandes	grupo a vida é bela	Veterano M50	59:10	+27:59	05:55
531	719	João Bairreira	run2eat	Senior Masculino	59:13	+28:02	05:55
532	537	Nuno Filipe Sá Maia	individual	Veterano M40	59:14	+28:03	05:55
533	774	Fernando Gonçalves	if	Veterano M40	59:14	+28:03	05:55
534	141	Jorge Martins	centro municipal de marcha e corrida de vale de cambra	Veterano M50	59:38	+28:27	05:58
535	477	Olga Brandão	individual	Veterana F40	59:39	+28:28	05:58
536	299	Carla Pereira	individual	Senior Feminino	59:39	+28:28	05:58
537	766	Miguel Costa	if	Veterano M40	59:40	+28:29	05:58
538	424	PEDRO SOUSA	peruf race team	Senior Masculino	59:40	+28:30	05:58
539	765	Andreia Silva	if	Senior Feminino	59:41	+28:30	05:58
540	291	Ana Maria Ferreira Campos	individual	Senior Feminino	59:46	+28:35	05:59
541	130	Maria Jose Santos	centro municipal de marcha e corrida de vale de cambra	Veterana F40	59:50	+28:39	05:59
542	480	Silvina Pais	individual	Veterana F40	59:54	+28:43	05:59
543	490	CARLOS JORGE OLIVEIRA	individual	Veterano M40	59:54	+28:43	05:59
544	347	Alexandre Miguel Pereira Magalhães da Silva	individual	Senior Masculino	59:55	+28:44	06:00
545	523	Luis Miguel	individual	Veterano M40	59:56	+28:45	06:00
546	456	Alda Dalila Alves Pereira	individual	Veterana F40	59:56	+28:45	06:00
547	685	Lucinda Maria Andrade Moreira Medeiros	piscinas da feira	Veterana F40	59:56	+28:45	06:00
548	588	José Santos	individual	Veterano M50	59:56	+28:45	06:00
549	473	Maria Emília Couto Ferreira	individual	Veterana F40	59:56	+28:46	06:00
550	274	Paula Marisa Silva Cruz	homegym	Senior Feminino	01:00:06	+28:55	06:01
551	644	Pedro Guardão	newteam2011	Veterano M40	01:00:06	+28:55	06:01
552	442	Tiago Brandão Soares	individual	Senior Masculino	01:00:07	+28:56	06:01
553	444	Tiago Henriques	individual	Senior Masculino	01:00:07	+28:56	06:01
554	668	Edgar Seabra	peter team	Senior Masculino	01:00:08	+28:57	06:01
555	329	Patricia Santos	individual	Senior Feminino	01:00:10	+28:59	06:01
556	129	Fernanda Almeida	centro municipal de marcha e corrida de vale de cambra	Veterana F40	01:00:10	+28:59	06:01
557	754	Diogo Albuquerque	vamos ver se conseguimos	Senior Masculino	01:00:10	+28:59	06:01
558	338	Sofia Leal	individual	Senior Feminino	01:00:18	+29:08	06:02
559	38	Gabriel Alegre	afis/ovar	Veterano M40	01:00:20	+29:09	06:02
560	397	Luís Filipe Gonçalo	individual	Senior Masculino	01:00:28	+29:17	06:03
561	678	Carlos Gabriel Castro Lima Sampaio	piscinas da feira	Senior Masculino	01:00:47	+29:36	06:05

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
562	295	Ana Rita Amorim dos Reis	individual	Senior Feminino	01:00:50	+29:39	06:05
563	323	Maria silva	individual	Senior Feminino	01:00:51	+29:40	06:05
564	212	Carolina Figueiredo	família cunha	Senior Feminino	01:00:55	+29:44	06:06
565	146	Fernando Américo Cruz	cirac - circulo de recreio arte e cultura	Senior Masculino	01:00:56	+29:45	06:06
566	124	Sonia Silva	centro municipal de marcha e corrida de vale de cambra	Senior Feminino	01:00:56	+29:45	06:06
567	726	Heliana Sá	running esmoriz	Senior Feminino	01:00:57	+29:46	06:06
568	469	Luísa Brandão Soares	individual	Veterana F40	01:00:58	+29:47	06:06
569	582	Jorge Santos	individual	Veterano M50	01:01:07	+29:56	06:07
570	519	Júlio Augusto Morais Pereira	individual	Veterano M40	01:01:26	+30:15	06:09
571	688	Carlos Manuel Castro Lima Sampaio	piscinas da feira	Veterano M40	01:01:43	+30:32	06:10
572	674	Rita Alexandra Martins Lima	piscinas da feira	Senior Feminino	01:01:43	+30:32	06:10
573	455	Vitor Santos	individual	Senior Masculino	01:01:51	+30:40	06:11
574	206	Patrícia Oliveira	cubalibre	Senior Feminino	01:01:56	+30:45	06:12
575	207	Pedro Gonçalves	cubalibre	Senior Masculino	01:01:56	+30:45	06:12
576	310	Dulcineia Miriam Rodrigues Oliveira Fernandes	individual	Senior Feminino	01:01:57	+30:46	06:12
577	481	Sónia Rocha	individual	Veterana F40	01:02:01	+30:50	06:12
578	747	Nuno Rocha	sushi team	Veterano M40	01:02:17	+31:06	06:14
579	722	Vitor Sousa	run2eat	Senior Masculino	01:02:36	+31:25	06:16
580	618	Daniel Reis	lusos xxi	Senior Masculino	01:02:37	+31:26	06:16
581	619	João Carvalho	lusos xxi	Senior Masculino	01:02:38	+31:27	06:16
582	645	Manuel Nunes	newteam2011	Veterano M50	01:02:43	+31:33	06:16
583	637	Sofia Nunes	newteam2011	Senior Feminino	01:02:44	+31:33	06:16
584	476	Mónica Gomes	individual	Veterana F40	01:02:46	+31:35	06:17
585	145	António Brandão	cgd-ovar	Veterano M50	01:02:47	+31:36	06:17
586	89	Ana Resende	cal - clube atletismo de lamas	Senior Feminino	01:02:47	+31:36	06:17
587	144	Olívia Brandão	cgd-ovar	Veterana F40	01:02:48	+31:37	06:17
588	458	Carla Almeida	individual	Veterana F40	01:02:54	+31:43	06:17
589	630	Maria João Peixoto	mum's run	Veterana F40	01:03:02	+31:51	06:18
590	629	Arminda Cardoso	mum's run	Veterana F40	01:03:02	+31:51	06:18
591	320	Liliana Oliveira	individual	Senior Feminino	01:03:02	+31:52	06:18
592	346	Vânia Oliveira	individual	Senior Feminino	01:03:04	+31:53	06:18
593	53	Rute Ramos	aliança de gandra	Senior Feminino	01:03:07	+31:56	06:19
594	57	Telmo Almeida	aliança de gandra	Veterano M40	01:03:07	+31:56	06:19
595	339	Sofia Oliveira Martins	individual	Senior Feminino	01:03:10	+31:59	06:19
596	300	Carla Sofia das Neves Duarte	individual	Senior Feminino	01:03:12	+32:01	06:19
597	415	Octávio David Silva Frutuoso	individual	Senior Masculino	01:03:12	+32:01	06:19
598	302	Catarina oliveira reis	individual	Senior Feminino	01:03:18	+32:07	06:20
599	598	Sebastião silva	individual	Veterano M50	01:03:23	+32:12	06:20
600	136	Miguel Almeida	centro municipal de marcha e corrida de vale de cambra	Veterano M40	01:03:43	+32:32	06:22
601	684	Lúcia Maria Santos Lima	piscinas da feira	Veterana F40	01:03:44	+32:33	06:22
602	721	Pedro Almeida	run2eat	Senior Masculino	01:03:51	+32:40	06:23
603	224	Alcina coutinho	faes running	Senior Feminino	01:03:51	+32:40	06:23
604	733	Vera Nogueira	saniluz	Senior Feminino	01:04:44	+33:33	06:28

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
605	316	Helena Lima Bernardo	individual	Senior Feminino	01:04:47	+33:36	06:29
606	474	Maria José da Silva Amorim Reis	individual	Veterana F40	01:04:53	+33:42	06:29
607	122	Carla Silva	centro municipal de marcha e corrida de vale de cambra	Senior Feminino	01:05:00	+33:49	06:30
608	169	RAQUEL MENDES	clube millennium bcp	Senior Feminino	01:05:01	+33:50	06:30
609	176	RUI MARTINS	clube millennium bcp	Veterano M50	01:05:34	+34:24	06:34
610	184	MARIA RIBEIRO	convencidos.com	Veterana F40	01:05:38	+34:27	06:34
611	331	Rafaela Marques da Silva	individual	Senior Feminino	01:05:38	+34:27	06:34
612	48	Luis Quintino	afis/ovar	Veterano M50	01:05:44	+34:33	06:34
613	464	Cristina Romariz	individual	Veterana F40	01:05:48	+34:37	06:35
614	229	Liliana canedo	faes running	Veterana F40	01:05:50	+34:39	06:35
615	304	Cláudia Pinho	individual	Senior Feminino	01:06:01	+34:51	06:36
616	447	Tiago Silva	individual	Senior Masculino	01:06:03	+34:52	06:36
617	468	Inês Pestana	individual	Veterana F40	01:06:04	+34:53	06:36
618	154	Joaquim Oliveira	cirac - circulo de recreio arte e cultura	Veterano M50	01:06:06	+34:55	06:37
619	745	Rui Magalhães	stcp runners	Veterano M40	01:06:10	+34:59	06:37
620	741	Fátima Azevedo	stcp runners	Veterana F40	01:06:11	+35:00	06:37
621	142	Jose Soares	centro municipal de marcha e corrida de vale de cambra	Veterano M50	01:06:12	+35:01	06:37
622	230	Maria	faes running	Veterana F40	01:06:23	+35:12	06:38
623	71	Conceição Bessa	atletismo geração paramos	Senior Feminino	01:06:50	+35:39	06:41
624	72	Marisa Rodrigues	atletismo geração paramos	Senior Feminino	01:06:50	+35:39	06:41
625	311	Érica Lino Pereira	individual	Senior Feminino	01:06:50	+35:40	06:41
626	478	Paula Alferes	individual	Veterana F40	01:06:59	+35:48	06:42
627	318	Joana Marinho	individual	Senior Feminino	01:07:28	+36:17	06:45
628	333	sandra almeida	individual	Senior Feminino	01:07:29	+36:18	06:45
629	521	Luís Claro	individual	Veterano M40	01:07:30	+36:19	06:45
630	673	Mariana Moreira	piscinas da feira	Senior Feminino	01:07:54	+36:43	06:47
631	204	Teresa Lima	crew concordia	Veterana F40	01:07:55	+36:44	06:48
632	538	Nuno Filipe Teixeira Mónica Conde	individual	Veterano M40	01:07:56	+36:45	06:48
633	508	João Carlos M Higino Oliveira	individual	Veterano M40	01:07:56	+36:45	06:48
634	289	Ana Isabel Sotomaíor Domingues Padrão Conde	individual	Senior Feminino	01:07:57	+36:46	06:48
635	336	Sara Sousa	individual	Senior Feminino	01:07:59	+36:48	06:48
636	343	Susana Ferreira	individual	Senior Feminino	01:08:00	+36:49	06:48
637	342	Soraia Alves	individual	Senior Feminino	01:08:28	+37:17	06:51
638	96	PAULO MELO	cal - clube atletismo de lamas	Veterano M40	01:08:28	+37:17	06:51
639	366	Diogo Pimentel Ribeiro	individual	Senior Masculino	01:08:29	+37:18	06:51
640	715	Sara Ribeiro	run2eat	Senior Feminino	01:08:32	+37:21	06:51
641	55	Fátima Ramos	aliança de gandra	Veterana F40	01:08:36	+37:26	06:52
642	463	CRISTINA MARIA DA SILVA AZEVEDO	individual	Veterana F40	01:08:37	+37:26	06:52
643	35	Susana Pinto	afis/ovar	Veterana F40	01:08:48	+37:38	06:53
644	23	Elisabete Assunção	afis/ovar	Senior Feminino	01:08:49	+37:38	06:53
645	272	Daniela Sofia Costa Lopes	homegym	Senior Feminino	01:09:06	+37:55	06:55
646	332	Rita Sousa	individual	Senior Feminino	01:09:18	+38:07	06:56

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	11:00	14.9°C	31%
End	12:28	14.9°C	31%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	113	Célia Matias	CASA DO POVO DE MANGUALDE	Senior Feminino	40:22	+09:11	04:02
2	159	MONICA FERNANDES	CLUBE DE ATLETISMO DE OVAR	Senior Feminino	41:10	+09:59	04:07
3	114	Paula Martinho	CASA DO POVO DE MANGUALDE	Senior Feminino	41:27	+10:16	04:09
4	622	Daniela Gregório	Maia A.C.	Senior Feminino	43:11	+12:00	04:19
5	623	Marta Marques	Maia Runners	Senior Feminino	44:04	+12:53	04:24
6	324	Marisa Santos	Individual	Senior Feminino	44:52	+13:41	04:29
7	768	Sara Cristina Pereira da Conceição	IF	Senior Feminino	45:38	+14:27	04:34
8	235	Carla Pacheco	Fiães SC	Senior Feminino	46:06	+14:55	04:37
9	620	Mariana Ameixeira	M&M	Senior Feminino	49:02	+17:51	04:54
10	25	Joana Alçada	AFIS/OVAR	Senior Feminino	50:54	+19:43	05:05
11	321	Mafalda Valente	Individual	Senior Feminino	50:55	+19:44	05:06
12	288	Ana Gomes	Individual	Senior Feminino	51:22	+20:11	05:08
13	327	Nilza Simone reis pereira	Individual	Senior Feminino	52:20	+21:09	05:14
14	168	MARIA INES SANTOS	Clube Millennium BCP	Senior Feminino	52:23	+21:12	05:14
15	273	Liliana Andrade	HomeGym	Senior Feminino	53:36	+22:25	05:22
16	294	Ana Pinto	Individual	Senior Feminino	53:39	+22:28	05:22
17	337	Sílvia Caetano	Individual	Senior Feminino	54:38	+23:27	05:28
18	305	Cristiana Santos	Individual	Senior Feminino	54:54	+23:43	05:29
19	298	Camila Henriques	Individual	Senior Feminino	55:21	+24:10	05:32
20	344	Teresa Campos Amorim Silva Dias	Individual	Senior Feminino	55:22	+24:11	05:32
21	713	Sofia Azenha	Rumo34	Senior Feminino	55:24	+24:13	05:32
22	287	Ana Filipa Albuquerque Cerqueira	Individual	Senior Feminino	55:29	+24:18	05:33
23	312	Estrela Patrício	Individual	Senior Feminino	55:32	+24:21	05:33
24	319	Josefa Cunha Fonseca	Individual	Senior Feminino	55:51	+24:40	05:35
25	345	Valéria Fernandes Correia	Individual	Senior Feminino	55:58	+24:47	05:36
26	293	Ana Paula Brandão Soares Pinto	Individual	Senior Feminino	56:00	+24:49	05:36
27	123	Helena Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Feminino	56:17	+25:06	05:38
28	121	Ana Margarida Santos	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Feminino	56:18	+25:07	05:38
29	308	diana raquel da silva pinho	Individual	Senior Feminino	56:26	+25:15	05:39
30	307	Diana Leite	Individual	Senior Feminino	56:29	+25:18	05:39
31	179	Joana Sofia Correio de Melo	CMSMF	Senior Feminino	56:34	+25:23	05:39
32	306	cristina santos alves ribeiro	Individual	Senior Feminino	56:43	+25:32	05:40
33	84	Helena Oliveira Pereira	Bunheiro Night Runners	Senior Feminino	56:44	+25:33	05:40
34	68	Carla Pereira	António Pedro	Senior Feminino	57:01	+25:50	05:42
35	292	Ana Patricia de Almeida Pinho	Individual	Senior Feminino	57:03	+25:52	05:42
36	236	Paula Oliveira	Fiães SC	Senior Feminino	57:18	+26:07	05:44
37	340	Sofia Silveira	Individual	Senior Feminino	57:26	+26:15	05:45

Official Timekeeper: Lap2Go	1 / 16	generate 19-Nov-2017 12:32
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Prova Principal

10 KM

OFFICIAL RESULT

38	270	Bárbara Valente	HomeGym	Senior Feminino	57:36	+26:25	05:46
39	271	Cristiana Filipa Oliveira da Silva	HomeGym	Senior Feminino	57:37	+26:26	05:46
40	225	Sara santos	Fiaes running	Senior Feminino	57:44	+26:33	05:46
41	675	Sofia Maria dos Santos Rodrigues	Piscinas da Feira	Senior Feminino	58:02	+26:51	05:48
42	167	ANA MENDES	Clube Millennium BCP	Senior Feminino	58:07	+26:56	05:49
43	328	Patrícia Laranjeira	Individual	Senior Feminino	58:41	+27:30	05:52
44	676	Vânia Costa	Piscinas da Feira	Senior Feminino	59:01	+27:50	05:54
45	85	Inês Rodrigues	Bunheiro Night Runners	Senior Feminino	59:07	+27:56	05:55
46	83	Ana Abreu Freire	Bunheiro Night Runners	Senior Feminino	59:07	+27:56	05:55
47	299	Carla Pereira	Individual	Senior Feminino	59:39	+28:28	05:58
48	765	Andreia Silva	IF	Senior Feminino	59:41	+28:30	05:58
49	291	Ana Maria Ferreira Campos	Individual	Senior Feminino	59:46	+28:35	05:59
50	274	Paula Marisa Silva Cruz	HomeGym	Senior Feminino	01:00:06	+28:55	06:01
51	329	Patrícia Santos	Individual	Senior Feminino	01:00:10	+28:59	06:01
52	338	Sofia Leal	Individual	Senior Feminino	01:00:18	+29:08	06:02
53	295	Ana Rita Amorim dos Reis	Individual	Senior Feminino	01:00:50	+29:39	06:05
54	323	Maria silva	Individual	Senior Feminino	01:00:51	+29:40	06:05
55	212	Carolina Figueiredo	Família Cunha	Senior Feminino	01:00:55	+29:44	06:06
56	124	Sonia Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Feminino	01:00:56	+29:45	06:06
57	726	Heliana Sá	Running Esmoriz	Senior Feminino	01:00:57	+29:46	06:06
58	674	Rita Alexandra Martins Lima	Piscinas da Feira	Senior Feminino	01:01:43	+30:32	06:10
59	206	Patrícia Oliveira	CubaLibre	Senior Feminino	01:01:56	+30:45	06:12
60	310	Dulcineia Miriam Rodrigues Oliveira Fernandes	Individual	Senior Feminino	01:01:57	+30:46	06:12
61	637	Sofia Nunes	Newteam2011	Senior Feminino	01:02:44	+31:33	06:16
62	89	Ana Resende	CAL - Clube Atletismo de Lamas	Senior Feminino	01:02:47	+31:36	06:17
63	320	Liliana Oliveira	Individual	Senior Feminino	01:03:02	+31:52	06:18
64	346	Vânia Oliveira	Individual	Senior Feminino	01:03:04	+31:53	06:18
65	53	Rute Ramos	ALIANÇA DE GANDRA	Senior Feminino	01:03:07	+31:56	06:19
66	339	Sofia Oliveira Martins	Individual	Senior Feminino	01:03:10	+31:59	06:19
67	300	Carla Sofia das Neves Duarte	Individual	Senior Feminino	01:03:12	+32:01	06:19
68	302	Catarina oliveira reis	Individual	Senior Feminino	01:03:18	+32:07	06:20
69	224	Alcina coutinho	Fiaes running	Senior Feminino	01:03:51	+32:40	06:23
70	733	Vera Nogueira	Saniluz	Senior Feminino	01:04:44	+33:33	06:28
71	316	Helena Lima Bernardo	Individual	Senior Feminino	01:04:47	+33:36	06:29
72	122	Carla Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Feminino	01:05:00	+33:49	06:30
73	169	RAQUEL MENDES	Clube Millennium BCP	Senior Feminino	01:05:01	+33:50	06:30
74	331	Rafaela Marques da Silva	Individual	Senior Feminino	01:05:38	+34:27	06:34
75	304	Cláudia Pinho	Individual	Senior Feminino	01:06:01	+34:51	06:36
76	71	Conceição Bessa	Atletismo Geração Paramos	Senior Feminino	01:06:50	+35:39	06:41
77	72	Marisa Rodrigues	Atletismo Geração Paramos	Senior Feminino	01:06:50	+35:39	06:41
78	311	Érica Lino Pereira	Individual	Senior Feminino	01:06:50	+35:40	06:41
79	318	Joana Marinho	Individual	Senior Feminino	01:07:28	+36:17	06:45
80	333	sandra almeida	Individual	Senior Feminino	01:07:29	+36:18	06:45
81	673	Mariana Moreira	Piscinas da Feira	Senior Feminino	01:07:54	+36:43	06:47

Prova Principal

10 KM

OFFICIAL RESULT

82	289	Ana Isabel Sotomaior Domingues Padrão Conde	Individual	Senior Feminino	01:07:57	+36:46	06:48
83	336	Sara Sousa	Individual	Senior Feminino	01:07:59	+36:48	06:48
84	343	Susana Ferreira	Individual	Senior Feminino	01:08:00	+36:49	06:48
85	342	Soraia Alves	Individual	Senior Feminino	01:08:28	+37:17	06:51
86	715	Sara Ribeiro	run2eat	Senior Feminino	01:08:32	+37:21	06:51
87	23	Elisabete Assunção	AFIS/OVAR	Senior Feminino	01:08:49	+37:38	06:53
88	272	Daniela Sofia Costa Lopes	HomeGym	Senior Feminino	01:09:06	+37:55	06:55
89	332	Rita Sousa	Individual	Senior Feminino	01:09:18	+38:07	06:56
90	649	Mónica Sofia Bastos Silva	Os 3 mosqueteiros	Senior Feminino	01:11:08	+39:57	07:07
91	650	Silvia Alexandra Soares Moura	Os 3 mosqueteiros	Senior Feminino	01:11:08	+39:57	07:07
92	710	Vanessa Oliveira	RF - Refugi...	Senior Feminino	01:11:22	+40:11	07:08
93	81	Andreia Raquel Silva Baptista	BIO RUN	Senior Feminino	01:12:16	+41:05	07:14
94	286	Ana Catarina Silva Andrade	Individual	Senior Feminino	01:12:54	+41:43	07:17
95	313	Filipa Lourenço	Individual	Senior Feminino	01:13:31	+42:20	07:21
96	303	Catarina Silva	Individual	Senior Feminino	01:13:31	+42:20	07:21
97	52	Celina Ferreira	ALIANÇA DE GANDRA	Senior Feminino	01:15:33	+44:22	07:33
98	636	Sofia Almeida	Newteam2011	Senior Feminino	01:16:32	+45:21	07:39
99	296	Ana Teresa Maia Reis Vieira	Individual	Senior Feminino	01:16:36	+45:25	07:40
100	325	Marta Fernandes	Individual	Senior Feminino	01:18:04	+46:53	07:48
101	341	Sonia Morais	Individual	Senior Feminino	01:26:00	+54:50	08:36
102	635	Mafalda Silva	Newteam2011	Senior Feminino	01:26:41	+55:30	08:40

Senior Masculino

1	115	Cristiano Pereira	CASA DO POVO DE MANGUALDE	Senior Masculino	31:21	+00:10	03:08
2	4	Toze Castro	Fiães SC	Senior Masculino	32:02	+00:51	03:12
3	16	Ricardo Dias	ACD São João da Serra	Senior Masculino	32:23	+01:12	03:14
4	735	José Pires	SOCIEDADE RECREIO CEPANENSE	Senior Masculino	32:28	+01:17	03:15
5	161	JANIK LIMA	CLUBE DE ATLETISMO DE OVAR	Senior Masculino	33:03	+01:52	03:18
6	445	Tiago pinho	Individual	Senior Masculino	33:17	+02:06	03:20
7	17	Sérgio Rodrigues	ACD São João da Serra	Senior Masculino	33:30	+02:19	03:21
8	748	Fabio fernandes correira	Trail Running Clube Btt Sanguedo	Senior Masculino	34:05	+02:54	03:25
9	116	Milton Duarte	CASA DO POVO DE MANGUALDE	Senior Masculino	34:41	+03:30	03:28
10	180	Filipe Miguel Salvado Afonso	CMSMF	Senior Masculino	34:45	+03:34	03:29
11	239	Cláudio Costa	Fiães SC	Senior Masculino	34:59	+03:48	03:30
12	417	Paulo pinto	Individual	Senior Masculino	35:00	+03:49	03:30
13	247	ANTÓNIO CRISTÓVÃO	G.D.C.Guilhovai	Senior Masculino	35:11	+04:00	03:31
14	390	João Pedro Ferreira Moita	Individual	Senior Masculino	35:12	+04:01	03:31
15	241	Hélder Robalinho	Fiães SC	Senior Masculino	36:23	+05:12	03:38
16	238	Bruno Melo	Fiães SC	Senior Masculino	36:24	+05:14	03:38
17	391	João Sousa	Peruf Race Team	Senior Masculino	36:38	+05:27	03:40
18	370	Filipe Almeida	Individual	Senior Masculino	36:40	+05:29	03:40
19	377	Gil Maia	Individual	Senior Masculino	36:40	+05:29	03:40

Prova Principal

10 KM

OFFICIAL RESULT

20	100	Bruno Vidinha	Caldas S. Jorge Sport Clube	Senior Masculino	36:59	+05:48	03:42
21	30	Sérgio Paiva	AFIS/OVAR	Senior Masculino	37:04	+05:53	03:42
22	240	Diogo Coutinho	Fiães SC	Senior Masculino	37:20	+06:09	03:44
23	416	Paulo Adão	Individual	Senior Masculino	37:48	+06:37	03:47
24	426	Ricardo	Individual	Senior Masculino	38:19	+07:09	03:50
25	627	Nuno Moreira	Meninos da Lágrima	Senior Masculino	38:37	+07:26	03:52
26	762	Nuno Macedo	Peruf Race Team	Senior Masculino	38:53	+07:42	03:53
27	160	HELDER PIRES	CLUBE DE ATLETISMO DE OVAR	Senior Masculino	39:23	+08:12	03:56
28	242	Paulo Leça	Figueiredo's Runner`s and Friends	Senior Masculino	40:11	+09:00	04:01
29	99	Antonio Neves	Caldas S. Jorge Sport Clube	Senior Masculino	40:24	+09:13	04:02
30	389	João Paulo	Individual	Senior Masculino	40:28	+09:17	04:03
31	441	Tiago Avelino Sousa Santos	Individual	Senior Masculino	40:41	+09:30	04:04
32	60	Daniel Rodrigues	ALMEIDA PNEUS	Senior Masculino	40:59	+09:48	04:06
33	452	Vitor Dias	Individual	Senior Masculino	41:00	+09:49	04:06
34	682	Ricardo Silva	Piscinas da Feira	Senior Masculino	41:09	+09:58	04:07
35	380	Hugo Miguel Henriques Silva	Individual	Senior Masculino	41:13	+10:02	04:07
36	606	Carlos Martins	JL ALUMINIOS	Senior Masculino	41:19	+10:09	04:08
37	428	Ricardo Jorge	Individual	Senior Masculino	41:26	+10:15	04:09
38	362	Cristiano Pereira	Individual	Senior Masculino	41:27	+10:16	04:09
39	703	ROmeu Rocha	REMAX Spirit-Market	Senior Masculino	41:30	+10:19	04:09
40	248	marco peixoto	G.D.C.Guilhovai	Senior Masculino	41:33	+10:22	04:09
41	374	Flávio Silva	Individual	Senior Masculino	41:38	+10:27	04:10
42	18	António Paiva Santos	ACDR Reguenga Palhota	Senior Masculino	41:48	+10:37	04:11
43	164	DANIEL FERREIRA	Clube Desportivo Feirense	Senior Masculino	42:13	+11:02	04:13
44	607	Helder Costa	JL ALUMINIOS	Senior Masculino	42:22	+11:11	04:14
45	628	atelat 628	Mum's run	Senior Masculino	42:23	+11:12	04:14
46	646	Pedro Magalhães	No Limits	Senior Masculino	42:27	+11:16	04:15
47	376	Gil Alves Pinho	Individual	Senior Masculino	42:28	+11:17	04:15
48	181	HÉLDER COSTA	CONVENCIDOS.COM	Senior Masculino	42:36	+11:25	04:16
49	125	Joao Antonio Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Masculino	42:44	+11:33	04:16
50	648	Carlos Magalhães	Olha Nós	Senior Masculino	42:47	+11:36	04:17
51	734	Nuno Santos	Saniluz	Senior Masculino	42:49	+11:38	04:17
52	364	Daniel Moreira	Individual	Senior Masculino	43:43	+12:32	04:22
53	404	marcelo teixeira da mota	Individual	Senior Masculino	43:45	+12:34	04:23
54	266	Daniel Silva	Grupo Desportivo Banco de Portugal	Senior Masculino	43:45	+12:34	04:23
55	27	Cristiano Tavares	AFIS/OVAR	Senior Masculino	43:46	+12:35	04:23
56	28	Helder Costa	AFIS/OVAR	Senior Masculino	43:51	+12:40	04:23
57	400	Luís Miguel Andrade Gonçalves Magalhães	Individual	Senior Masculino	43:52	+12:41	04:23
58	624	Filipe Rocha	Maia Runners	Senior Masculino	44:04	+12:53	04:24
59	407	Miguel Ângelo Rios Faria	Individual	Senior Masculino	44:12	+13:01	04:25
60	716	Celso Silva	run2eat	Senior Masculino	44:19	+13:08	04:26
61	720	Paulo Oliveira	run2eat	Senior Masculino	44:20	+13:09	04:26
62	351	André Santos	Individual	Senior Masculino	44:25	+13:14	04:27
63	282	Rodrigo Lopes	HomeGym	Senior Masculino	44:31	+13:20	04:27

Official Timekeeper: Lap2Go

4 / 16

generate 19-Nov-2017 12:32

Prova Principal

10 KM

OFFICIAL RESULT

109	349	André Fernandes Correia	Individual	Senior Masculino	49:05	+17:55	04:55
110	61	Filipe Valente Silva	ALMEIDA PNEUS	Senior Masculino	49:11	+18:01	04:55
111	770	RICARDO JORGE	IF	Senior Masculino	49:17	+18:06	04:56
112	54	Ricardo Rocha	ALIANÇA DE GANDRA	Senior Masculino	49:32	+18:21	04:57
113	386	Jaime Pimenta Ribeiro	Individual	Senior Masculino	49:39	+18:28	04:58
114	385	Ivo Filipe Valente Mota	Individual	Senior Masculino	49:39	+18:28	04:58
115	440	Simão Cardoso	Individual	Senior Masculino	49:50	+18:39	04:59
116	408	Mr Castro	Individual	Senior Masculino	49:50	+18:39	04:59
117	372	Filipe Marques	Individual	Senior Masculino	50:04	+18:53	05:00
118	697	Hélder José Oliveira Lopes	Quase "aos" 40...!!	Senior Masculino	50:06	+18:55	05:01
119	420	Pedro amorim	Individual	Senior Masculino	50:09	+18:58	05:01
120	361	Carlos Rocha	Individual	Senior Masculino	50:19	+19:08	05:02
121	421	Pedro Custódio	Individual	Senior Masculino	50:23	+19:12	05:02
122	621	Mário Ferreira	M&M	Senior Masculino	50:29	+19:18	05:03
123	213	Filipe Cunha	Família Cunha	Senior Masculino	50:33	+19:22	05:03
124	11	SANDRO SILVA	#STEELRUNNERS	Senior Masculino	50:36	+19:25	05:04
125	436	Ricardo Soares	Individual	Senior Masculino	50:55	+19:44	05:06
126	451	vitore costa	Individual	Senior Masculino	50:56	+19:45	05:06
127	430	Ricardo Manuel Pereira Barbosa	Individual	Senior Masculino	51:07	+19:56	05:07
128	387	João Aleixo	Individual	Senior Masculino	51:10	+19:59	05:07
129	10	JORGE GONÇALVES	#STEELRUNNERS	Senior Masculino	51:13	+20:02	05:07
130	639	Joaquim Lopes	Newteam2011	Senior Masculino	51:16	+20:05	05:08
131	58	António Almeida	ALMEIDA PNEUS	Senior Masculino	51:35	+20:24	05:10
132	31	Tiago Leite	AFIS/OVAR	Senior Masculino	51:54	+20:43	05:11
133	698	João Afonso Silva Conceição	Quase "aos" 40...!!	Senior Masculino	51:59	+20:48	05:12
134	699	Óscar Manuel Barroqueiro Marques Rodrigues	Quase "aos" 40...!!	Senior Masculino	51:59	+20:48	05:12
135	281	Ricardo Manuel Oliveira Martins	HomeGym	Senior Masculino	52:01	+20:50	05:12
136	357	bruno miguel almeida da silva	Individual	Senior Masculino	52:12	+21:01	05:13
137	369	Felipe Schmitt	Individual	Senior Masculino	52:21	+21:10	05:14
138	450	Vitor Ângelo costa faria	Individual	Senior Masculino	52:26	+21:15	05:15
139	772	Rui Godinho	Saniluz	Senior Masculino	52:26	+21:15	05:15
140	365	Diogo Neves	Individual	Senior Masculino	52:31	+21:20	05:15
141	453	Vitor Miguel	Individual	Senior Masculino	52:34	+21:23	05:15
142	388	João Baldaia	Individual	Senior Masculino	52:44	+21:33	05:16
143	367	Diogo Remião	Individual	Senior Masculino	52:56	+21:46	05:18
144	379	Henrique Dias	Individual	Senior Masculino	52:57	+21:46	05:18
145	414	nuno teixeira	Individual	Senior Masculino	52:58	+21:48	05:18
146	405	marcio andre jesus melo	Individual	Senior Masculino	52:59	+21:48	05:18
147	433	ricardo oliveira	Individual	Senior Masculino	53:00	+21:49	05:18
148	718	Eduardo Ferreira	run2eat	Senior Masculino	53:05	+21:54	05:19
149	448	Victor Gomez	Individual	Senior Masculino	53:11	+22:00	05:19
150	29	Paulo Conde	AFIS/OVAR	Senior Masculino	53:16	+22:05	05:20
151	434	Ricardo Pais	Individual	Senior Masculino	53:21	+22:10	05:20
152	280	Paulo Alexandre Reis Valente	HomeGym	Senior Masculino	53:27	+22:16	05:21
153	278	Marco Silva	HomeGym	Senior Masculino	53:28	+22:17	05:21
154	363	Daniel Filipe Costa	Individual	Senior Masculino	53:31	+22:20	05:21

Prova Principal
10 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

155	62	Nuno Miguel Fernandes	ALMEIDA PNEUS	Senior Masculino	53:33	+22:22	05:21
156	279	Mauro Xavier Leal Andrade	HomeGym	Senior Masculino	53:37	+22:26	05:22
157	348	André Augusto Vaz Pais	Individual	Senior Masculino	53:53	+22:42	05:23
158	170	SÉRGIO ANDRADE	Clube Millennium BCP	Senior Masculino	54:04	+22:53	05:24
159	283	Sergio Manuel Almeida	HomeGym	Senior Masculino	54:05	+22:54	05:25
160	432	Ricardo Nuno Rodrigues Ribeiro	Individual	Senior Masculino	54:18	+23:07	05:26
161	12	VITOR LEMOS	#STEELRUNNERS	Senior Masculino	54:46	+23:35	05:29
162	422	Pedro Manuel Soares Vieira	Individual	Senior Masculino	54:51	+23:41	05:29
163	755	Hugo Alves	VAMOS VER SE CONSEGUIMOS	Senior Masculino	54:54	+23:43	05:29
164	409	Nelson de Oliveira	Individual	Senior Masculino	55:21	+24:10	05:32
165	356	Bruno Ferreira	Individual	Senior Masculino	55:22	+24:11	05:32
166	714	Pedro Marques	Rumo34	Senior Masculino	55:25	+24:14	05:33
167	771	Vitor Silva	IF	Senior Masculino	55:26	+24:15	05:33
168	227	Pedro peixoto	Fiaes running	Senior Masculino	55:36	+24:25	05:34
169	371	filipe cardoso araujo	Individual	Senior Masculino	56:00	+24:49	05:36
170	392	João Tavares	Individual	Senior Masculino	56:04	+24:53	05:36
171	717	Eduardo Bártolo	run2eat	Senior Masculino	56:28	+25:17	05:39
172	245	Wilson Sousa	FPW Team	Senior Masculino	56:40	+25:29	05:40
173	243	Fábio Almeida	FPW Team	Senior Masculino	56:41	+25:30	05:40
174	244	Pedro Sá	FPW Team	Senior Masculino	56:41	+25:30	05:40
175	394	Jorge António Magalhães de Oliveira Maia	Individual	Senior Masculino	56:50	+25:39	05:41
176	393	Joaquim Ferreira	Individual	Senior Masculino	56:55	+25:44	05:42
177	275	Filipe João Coito	HomeGym	Senior Masculino	56:56	+25:45	05:42
178	395	Leandro Leite	Individual	Senior Masculino	57:00	+25:49	05:42
179	403	Manuel José Ferreira da Silva	Individual	Senior Masculino	57:03	+25:52	05:42
180	631	Pedro Paiva	Nascidos para Correr	Senior Masculino	57:16	+26:05	05:44
181	411	Nuno Belo	Individual	Senior Masculino	57:22	+26:11	05:44
182	384	Ivo Azevedo	Individual	Senior Masculino	57:24	+26:13	05:44
183	202	Bruno Cardoso	Crew Concordia	Senior Masculino	58:23	+27:12	05:50
184	418	Paulo Pinto	Individual	Senior Masculino	58:41	+27:31	05:52
185	446	Tiago Pinho	Individual	Senior Masculino	58:42	+27:31	05:52
186	398	Luis Gomes	Individual	Senior Masculino	58:43	+27:32	05:52
187	749	Carlos Freitas	Trilhados	Senior Masculino	58:46	+27:35	05:53
188	438	Rui Tiago Pereira dos Reis	Individual	Senior Masculino	59:03	+27:52	05:54
189	86	António Miguel Lopes Tavares	Bunheiro Night Runners	Senior Masculino	59:08	+27:57	05:55
190	727	Gabriel Silva	Running Esmoriz	Senior Masculino	59:09	+27:58	05:55
191	719	João Bairreira	run2eat	Senior Masculino	59:13	+28:02	05:55
192	424	PEDRO SOUSA	Peruf Race Team	Senior Masculino	59:40	+28:30	05:58
193	347	Alexandre Miguel Pereira Magalhães da Silva	Individual	Senior Masculino	59:55	+28:44	06:00
194	442	Tiago Brandão Soares	Individual	Senior Masculino	01:00:07	+28:56	06:01
195	444	Tiago Henriques	Individual	Senior Masculino	01:00:07	+28:56	06:01
196	668	Edgar Seabra	Peter Team	Senior Masculino	01:00:08	+28:57	06:01
197	754	Diogo Albuquerque	VAMOS VER SE CONSEGUIMOS	Senior Masculino	01:00:10	+28:59	06:01
198	397	Luís Filipe Gonçalo	Individual	Senior Masculino	01:00:28	+29:17	06:03
199	678	Carlos Gabriel Castro Lima Sampaio	Piscinas da Feira	Senior Masculino	01:00:47	+29:36	06:05

Official Timekeeper: Lap2Go	7 / 16	generate 19-Nov-2017 12:32
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

200	146	Fernando Américo Cruz	Cirac - Circulo de Recreio Arte e Cultura	Senior Masculino	01:00:56	+29:45	06:06
201	455	Vitor Santos	Individual	Senior Masculino	01:01:51	+30:40	06:11
202	207	Pedro Gonçalves	CubaLibre	Senior Masculino	01:01:56	+30:45	06:12
203	722	Vitor Sousa	run2eat	Senior Masculino	01:02:36	+31:25	06:16
204	618	Daniel Reis	LUSOS XXI	Senior Masculino	01:02:37	+31:26	06:16
205	619	João Carvalho	LUSOS XXI	Senior Masculino	01:02:38	+31:27	06:16
206	415	Octávio David Silva Frutuoso	Individual	Senior Masculino	01:03:12	+32:01	06:19
207	721	Pedro Almeida	run2eat	Senior Masculino	01:03:51	+32:40	06:23
208	447	Tiago Silva	Individual	Senior Masculino	01:06:03	+34:52	06:36
209	366	Diogo Pimentel Ribeiro	Individual	Senior Masculino	01:08:29	+37:18	06:51
210	651	Luis Tiago da Costa Bastos	Os 3 mosqueteiros	Senior Masculino	01:11:08	+39:57	07:07
211	652	Paulo Manuel Pereira de Sousa	Os 3 mosqueteiros	Senior Masculino	01:11:08	+39:57	07:07
212	704	Tiago Menezes	REMAX Spirit-Market	Senior Masculino	01:11:58	+40:47	07:12
213	354	António Pinto	Individual	Senior Masculino	01:13:32	+42:21	07:21
214	641	Nuno Silva	Newteam2011	Senior Masculino	01:16:32	+45:21	07:39

Veterana F40

1	34	Helena Sampaio	AFIS/OVAR	Veterana F40	38:28	+07:17	03:51
2	600	MATILDE BAPTISTA	JAM - Juventude Atlético Mozelense	Veterana F40	43:32	+12:21	04:21
3	117	Laurinda Ferreira	CASA DO POVO DE MANGUALDE	Veterana F40	46:46	+15:35	04:41
4	470	Manuela Abelha	Individual	Veterana F40	47:48	+16:37	04:47
5	728	Isabel Rosas	Running Esmoriz	Veterana F40	48:47	+17:36	04:53
6	466	FATIMA PAIS	Individual	Veterana F40	48:59	+17:49	04:54
7	101	Goretti Cardoso	Caldas S. Jorge Sport Clube	Veterana F40	49:08	+17:57	04:55
8	102	Maria Leite	Caldas S. Jorge Sport Clube	Veterana F40	49:22	+18:11	04:56
9	457	Ana Maria Almeida	Individual	Veterana F40	49:27	+18:16	04:57
10	231	Olga gomes	Fiaes running	Veterana F40	49:57	+18:46	05:00
11	736	Isabel Cristina Brandão Soares	SPORTARC	Veterana F40	50:41	+19:30	05:04
12	131	Regina Almeida	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	50:59	+19:48	05:06
13	729	Maribel Oliveira	Running Esmoriz	Veterana F40	51:33	+20:22	05:09
14	32	Ana Silva	AFIS/OVAR	Veterana F40	51:55	+20:44	05:12
15	756	Susana Martins	VAMOS VER SE CONSEGUIMOS	Veterana F40	52:27	+21:16	05:15
16	128	Cristina Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	53:25	+22:14	05:21
17	22	Graça Leite	ACREFA	Veterana F40	53:48	+22:37	05:23
18	228	Filomena pinheiro	Fiaes running	Veterana F40	54:10	+23:00	05:25
19	460	celeste moreira	Individual	Veterana F40	54:23	+23:12	05:26
20	147	Denise Morais	Cirac - Circulo de Recreio Arte e Cultura	Veterana F40	54:39	+23:29	05:28
21	183	ANABELA SANTOS	CONVENCIDOS.COM	Veterana F40	55:49	+24:38	05:35
22	599	MARINHA BAPTISTA	JAM - Juventude Atlético Mozelense	Veterana F40	56:00	+24:49	05:36
23	711	Carla Cardoso	RF - Refugi...	Veterana F40	56:03	+24:52	05:36

Prova Principal

10 KM

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OFFICIAL RESULT

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24	471	María da Luz Almeida	Individual	Veterana F40	56:15	+25:05	05:38
25	465	Elvira Silva	Individual	Veterana F40	56:48	+25:37	05:41
26	127	Conceição Soares	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	56:50	+25:39	05:41
27	221	Teresa Fallé	Feira Viva	Veterana F40	57:26	+26:15	05:45
28	33	Elisabete Silva	AFIS/OVAR	Veterana F40	57:33	+26:22	05:45
29	232	Zelia Silva	Fiaes running	Veterana F40	57:43	+26:32	05:46
30	683	Claudia Pereira Pires Teixeira	Piscinas da Feira	Veterana F40	58:03	+26:52	05:48
31	461	Célia Aguiar	Individual	Veterana F40	58:12	+27:01	05:49
32	472	Maria de Jesus dos Santos Alves Lino	Individual	Veterana F40	58:17	+27:06	05:50
33	220	Ana Paula Silva	Feira Viva	Veterana F40	58:28	+27:17	05:51
34	148	Helena Silva	Cirac - Circulo de Recreio Arte e Cultura	Veterana F40	58:41	+27:30	05:52
35	477	Olga Brandão	Individual	Veterana F40	59:39	+28:28	05:58
36	130	Maria Jose Santos	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	59:50	+28:39	05:59
37	480	Silvina Pais	Individual	Veterana F40	59:54	+28:43	05:59
38	456	Alda Dalila Alves Pereira	Individual	Veterana F40	59:56	+28:45	06:00
39	685	Lucinda Maria Andrade Moreira Medeiros	Piscinas da Feira	Veterana F40	59:56	+28:45	06:00
40	473	Maria Emília Couto Ferreira	Individual	Veterana F40	59:56	+28:46	06:00
41	129	Fernanda Almeida	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterana F40	01:00:10	+28:59	06:01
42	469	Luísa Brandão Soares	Individual	Veterana F40	01:00:58	+29:47	06:06
43	481	Sónia Rocha	Individual	Veterana F40	01:02:01	+30:50	06:12
44	476	Mónica Gomes	Individual	Veterana F40	01:02:46	+31:35	06:17
45	144	Olívia Brandão	CGD-Ovar	Veterana F40	01:02:48	+31:37	06:17
46	458	Carla Almeida	Individual	Veterana F40	01:02:54	+31:43	06:17
47	630	Maria João Peixoto	Mum's run	Veterana F40	01:03:02	+31:51	06:18
48	629	Arminda Cardoso	Mum's run	Veterana F40	01:03:02	+31:51	06:18
49	684	Lúcia Maria Santos Lima	Piscinas da Feira	Veterana F40	01:03:44	+32:33	06:22
50	474	Maria José da Silva Amorim Reis	Individual	Veterana F40	01:04:53	+33:42	06:29
51	184	MARIA RIBEIRO	CONVENCIDOS.COM	Veterana F40	01:05:38	+34:27	06:34
52	464	Cristina Romariz	Individual	Veterana F40	01:05:48	+34:37	06:35
53	229	Liliana canedo	Fiaes running	Veterana F40	01:05:50	+34:39	06:35
54	468	Inês Pestana	Individual	Veterana F40	01:06:04	+34:53	06:36
55	741	Fátima Azevedo	STCP Runners	Veterana F40	01:06:11	+35:00	06:37
56	230	Maria	Fiaes running	Veterana F40	01:06:23	+35:12	06:38
57	478	Paula Alferes	Individual	Veterana F40	01:06:59	+35:48	06:42
58	204	Teresa Lima	Crew Concordia	Veterana F40	01:07:55	+36:44	06:48
59	55	Fátima Ramos	ALIANÇA DE GANDRA	Veterana F40	01:08:36	+37:26	06:52
60	463	CRISTINA MARIA DA SILVA AZEVEDO	Individual	Veterana F40	01:08:37	+37:26	06:52
61	35	Susana Pinto	AFIS/OVAR	Veterana F40	01:08:48	+37:38	06:53
62	475	Marília Paiva	Individual	Veterana F40	01:09:20	+38:09	06:56
63	87	Isabel Costa	Bunheiro Night Runners	Veterana F40	01:16:36	+45:25	07:40
64	643	Susana Campos	Newteam2011	Veterana F40	01:26:40	+55:29	08:40

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterano M40

1	6	Artur Rodrigues	G.D.C.Guilhovai	Veterano M40	31:10		03:07
2	3	Vitor Santos	Fiães SC	Veterano M40	31:41	+00:30	03:10
3	5	paulo pereira	G.D.C.Guilhovai	Veterano M40	32:44	+01:33	03:16
4	525	Luís Silva	Individual	Veterano M40	33:55	+02:44	03:24
5	551	Pedro Reis	Individual	Veterano M40	34:35	+03:24	03:28
6	107	Renato Silva	Caldas S. Jorge Sport Clube	Veterano M40	35:03	+03:52	03:30
7	119	Fernando Santos	CASA DO POVO DE MANGUALDE	Veterano M40	35:11	+04:00	03:31
8	165	LINO FERREIRA	Clube Desportivo Feirense	Veterano M40	35:15	+04:04	03:32
9	95	NUNO SILVA	CAL - Clube Atletismo de Lamas	Veterano M40	35:24	+04:13	03:32
10	94	FILIPPE FONTES	CAL - Clube Atletismo de Lamas	Veterano M40	35:29	+04:18	03:33
11	120	Marco Andrade	CASA DO POVO DE MANGUALDE	Veterano M40	35:38	+04:27	03:34
12	482	Abílio Ribeiro	Sporting clube de Espinho	Veterano M40	35:50	+04:39	03:35
13	761	PAULO COSTA	Viriathvs Runners Viseu	Veterano M40	36:09	+04:58	03:37
14	548	paulo rodrigues	Individual	Veterano M40	36:44	+05:33	03:40
15	166	ROGÉRIO CAMPOS	Clube Desportivo Feirense	Veterano M40	36:48	+05:37	03:41
16	739	Augusto Aluai	Sporting clube de Espinho	Veterano M40	37:19	+06:08	03:44
17	760	Rui Oliveira	Vila Maior em Turismo	Veterano M40	37:33	+06:22	03:45
18	687	António Pinto	Piscinas da Feira	Veterano M40	38:01	+06:50	03:48
19	108	Tozé Amorim	Caldas S. Jorge Sport Clube	Veterano M40	38:06	+06:55	03:49
20	43	Paulo Figueiredo	AFIS/OVAR	Veterano M40	38:12	+07:01	03:49
21	40	José Godinho	AFIS/OVAR	Veterano M40	38:27	+07:16	03:51
22	546	Paulo monteiro	Individual	Veterano M40	38:48	+07:37	03:53
23	41	José Rodrigues	AFIS/OVAR	Veterano M40	38:54	+07:43	03:53
24	532	Miguel Campos	Individual	Veterano M40	39:06	+07:55	03:55
25	707	Alcindo Dias	REMAX Spirit-Market	Veterano M40	39:12	+08:01	03:55
26	759	Júlio Oliveira	Vila Maior em Turismo	Veterano M40	39:16	+08:05	03:56
27	491	CARLOS MANUEL DA SILVA RODRIGUES	Individual	Veterano M40	39:33	+08:22	03:57
28	70	Carlos Fernandes	As Belas e Eles	Veterano M40	39:36	+08:25	03:58
29	104	Eduardo Martins	Caldas S. Jorge Sport Clube	Veterano M40	39:42	+08:31	03:58
30	185	ANTONIO NUNES	CONVENCIDOS.COM	Veterano M40	40:22	+09:11	04:02
31	44	Paulo Sousa	AFIS/OVAR	Veterano M40	40:27	+09:16	04:03
32	79	Henriques Neves	Atletismo Geração Paramos	Veterano M40	40:28	+09:17	04:03
33	562	Victor Correia	Individual	Veterano M40	40:28	+09:17	04:03
34	545	Paulo Maia	Individual	Veterano M40	40:33	+09:22	04:03
35	529	Marco Neves	Individual	Veterano M40	40:37	+09:26	04:04
36	510	João Patrício	Individual	Veterano M40	40:42	+09:31	04:04
37	193	VÍTOR CUNHA	CONVENCIDOS.COM	Veterano M40	41:02	+09:51	04:06
38	655	Arménio Rodrigues	OS FALTA D'AR	Veterano M40	41:05	+09:54	04:07
39	69	Paulo Grilo	ARCORUN	Veterano M40	41:13	+10:02	04:07
40	512	Joel SantoS	Individual	Veterano M40	41:14	+10:03	04:07
41	488	Antonio Jorge Martins Francisco	Individual	Veterano M40	41:24	+10:13	04:08
42	550	Pedro Miguel Gonçalves de Resende	Individual	Veterano M40	41:28	+10:17	04:09

Prova Principal**10 KM****OFFICIAL RESULT**

43	657	Marco Paulo Costa Botelho	OS FALTA D'AR	Veterano M40	41:29	+10:18	04:09
44	535	Mike Dias	Individual	Veterano M40	41:29	+10:18	04:09
45	613	Rui oliveira	Juventude Cortegacense	Veterano M40	41:40	+10:29	04:10
46	64	Mário Fonseca	ALMEIDA PNEUS	Veterano M40	42:00	+10:49	04:12
47	483	Adelino Almeida	Individual	Veterano M40	42:01	+10:50	04:12
48	67	Rui Silva	ALMEIDA PNEUS	Veterano M40	42:01	+10:50	04:12
49	693	Paulo Jorge Gomes Santos	Piscinas da Feira	Veterano M40	42:05	+10:54	04:13
50	15	Francisco Teixeira	A.R.Luz e Vida Gondomarense	Veterano M40	42:10	+10:59	04:13
51	758	José Manuel Silva Rocha	Vila Maior em Turismo	Veterano M40	42:18	+11:07	04:14
52	210	VÍTOR RENTE	FALTA D'AR	Veterano M40	42:20	+11:09	04:14
53	520	LUIS CARLOS SILVA TEIXEIRA	Individual	Veterano M40	42:35	+11:24	04:16
54	250	MIGUEL SANTOS	G.D.C.Guilhovai	Veterano M40	42:42	+11:31	04:16
55	513	Joice dias de jesus	Individual	Veterano M40	42:47	+11:36	04:17
56	133	Antonio Martins	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	42:48	+11:37	04:17
57	526	Manuel Petiz	Individual	Veterano M40	42:59	+11:48	04:18
58	192	RICARDO SILVA	CONVENCIDOS.COM	Veterano M40	43:08	+11:57	04:19
59	190	JOSE GOMES	CONVENCIDOS.COM	Veterano M40	43:11	+12:00	04:19
60	186	FERNANDO COSTA	CONVENCIDOS.COM	Veterano M40	43:21	+12:10	04:20
61	696	José Correia	Press Team	Veterano M40	43:23	+12:12	04:20
62	188	JOÃO NEVES	CONVENCIDOS.COM	Veterano M40	43:29	+12:18	04:21
63	134	Joaquim Couto	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	43:34	+12:23	04:21
64	132	Antonio Jorge Melo	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	43:34	+12:23	04:21
65	494	David Silva	Individual	Veterano M40	43:36	+12:25	04:22
66	261	Antonio Prata	Grupo de Corrida de Argoncilhe	Veterano M40	43:46	+12:35	04:23
67	522	Luis Ferreira Gomes	Individual	Veterano M40	43:48	+12:37	04:23
68	2	Roberto Silva	Individual	Veterano M40	44:05	+12:54	04:25
69	106	Manuel Almeida	Caldas S. Jorge Sport Clube	Veterano M40	44:05	+12:54	04:25
70	757	Carlos Rocha Costa	Vila Maior em Turismo	Veterano M40	44:25	+13:14	04:27
71	552	Raul Silva	Individual	Veterano M40	44:25	+13:14	04:27
72	708	José Loureiro	REMAX Spirit-Market	Veterano M40	44:35	+13:24	04:28
73	753	Miguel Ferreira	Trilhados	Veterano M40	44:37	+13:26	04:28
74	528	Marco Filipe Ferreira Carvalho	Individual	Veterano M40	44:51	+13:40	04:29
75	171	CARLOS PINHEIRO	Clube Millennium BCP	Veterano M40	44:52	+13:42	04:29
76	656	Jorge Augusto Oliveira Guerra	OS FALTA D'AR	Veterano M40	45:08	+13:57	04:31
77	251	sergio vieira	C D Feirense	Veterano M40	45:14	+14:03	04:31
78	256	Luís Almeida	Ginásio Fit4Fun	Veterano M40	45:16	+14:05	04:32
79	103	Alberto Neves	Caldas S. Jorge Sport Clube	Veterano M40	45:39	+14:28	04:34
80	504	Hamilton Dias	Individual	Veterano M40	45:59	+14:48	04:36
81	507	João Cardoso	Individual	Veterano M40	46:02	+14:51	04:36
82	524	Luis Miguel Rego Lamas	Individual	Veterano M40	46:04	+14:54	04:36
83	667	Valerio Sá	Peruf Race Team	Veterano M40	46:05	+14:54	04:37
84	659	Rui Manuel Oliveira Teixeira	OS FALTA D'AR	Veterano M40	46:17	+15:06	04:38
85	80	Valdemar Ferreira	Atletismo Geração Paramos	Veterano M40	46:20	+15:09	04:38
86	489	Bruno Rafael Ferreira Azevedo	Individual	Veterano M40	46:25	+15:14	04:39

Official Timekeeper: Lap2Go	11 / 16	generate 19-Nov-2017 12:32
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

132	492	Carlos Manuel Monteiro Soares da Silva	Individual	Veterano M40	52:58	+21:47	05:18
133	223	Pedro Oliveira	Feira Viva	Veterano M40	53:00	+21:49	05:18
134	222	Marco Brito	Feira Viva	Veterano M40	53:23	+22:12	05:20
135	541	Paulo almeida	Individual	Veterano M40	53:24	+22:13	05:20
136	496	EMANUEL MOTA	Individual	Veterano M40	53:37	+22:26	05:22
137	189	JOSE AUGUSTO	CONVENCIDOS.COM	Veterano M40	53:39	+22:28	05:22
138	506	Hugo Miguel Pereira de Sá	Individual	Veterano M40	53:40	+22:29	05:22
139	187	FRANCISCO REIS	CONVENCIDOS.COM	Veterano M40	53:40	+22:29	05:22
140	554	RICARDO FERREIRA	Individual	Veterano M40	54:04	+22:53	05:24
141	663	Jorge Ferreira	Pari Passu	Veterano M40	54:15	+23:04	05:26
142	7	Paulo Pais	Feira Viva	Veterano M40	54:19	+23:08	05:26
143	76	Carlos Moreira	Atletismo Geração Paramos	Veterano M40	54:33	+23:22	05:27
144	149	Francisco Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M40	54:39	+23:29	05:28
145	495	elísio maia	Individual	Veterano M40	54:40	+23:29	05:28
146	672	Miguel Reis	PintoReis	Veterano M40	54:45	+23:34	05:29
147	511	JOAO PAULINO	Individual	Veterano M40	54:58	+23:47	05:30
148	544	paulo jose da souza santos	Individual	Veterano M40	55:01	+23:50	05:30
149	501	Fernando Remião	Individual	Veterano M40	55:01	+23:50	05:30
150	518	JOSUE ARAUJO LOUREIRO	Individual	Veterano M40	55:17	+24:06	05:32
151	744	Paulo Gonçalves	STCP Runners	Veterano M40	55:48	+24:37	05:35
152	742	Dinis Pinto	STCP Runners	Veterano M40	55:48	+24:37	05:35
153	610	Joaquim Encarnação	Just for fun	Veterano M40	55:49	+24:38	05:35
154	558	Rui Moreira	Individual	Veterano M40	56:06	+24:55	05:37
155	530	Meninho	Individual	Veterano M40	56:08	+24:57	05:37
156	77	Cristóvão Santos	Atletismo Geração Paramos	Veterano M40	56:14	+25:03	05:37
157	509	João Francisco da Silva Alves Ribeiro	Individual	Veterano M40	56:16	+25:05	05:38
158	555	Rogério Rocha	Individual	Veterano M40	56:29	+25:18	05:39
159	689	Joaquim Moreira	Piscinas da Feira	Veterano M40	56:49	+25:38	05:41
160	543	Paulo Jorge	Individual	Veterano M40	57:21	+26:10	05:44
161	561	Sergio Mota	Individual	Veterano M40	57:43	+26:32	05:46
162	556	Rui Cardoso	Individual	Veterano M40	57:50	+26:39	05:47
163	658	Rui Edgar Santos	OS FALTA D'AR	Veterano M40	57:54	+26:43	05:47
164	485	Alberto Manuel Oliveira Ferreira	Individual	Veterano M40	57:56	+26:45	05:48
165	78	Eusébio Lopes	Atletismo Geração Paramos	Veterano M40	58:01	+26:50	05:48
166	695	PEDRO BASTOS	PNB	Veterano M40	58:59	+27:48	05:54
167	537	Nuno Filipe Sá Maia	Individual	Veterano M40	59:14	+28:03	05:55
168	774	Fernando Gonçalves	IF	Veterano M40	59:14	+28:03	05:55
169	766	Miguel Costa	IF	Veterano M40	59:40	+28:29	05:58
170	490	CARLOS JORGE OLIVEIRA	Individual	Veterano M40	59:54	+28:43	05:59
171	523	Luis Miguel	Individual	Veterano M40	59:56	+28:45	06:00
172	644	Pedro Guardão	Newteam2011	Veterano M40	01:00:06	+28:55	06:01
173	38	Gabriel Alegre	AFIS/OVAR	Veterano M40	01:00:20	+29:09	06:02
174	519	Júlio Augusto Morais Pereira	Individual	Veterano M40	01:01:26	+30:15	06:09
175	688	Carlos Manuel Castro Lima Sampaio	Piscinas da Feira	Veterano M40	01:01:43	+30:32	06:10
176	747	Nuno Rocha	Sushi Team	Veterano M40	01:02:17	+31:06	06:14

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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177	57	Telmo Almeida	ALIANÇA DE GANDRA	Veterano M40	01:03:07	+31:56	06:19
178	136	Miguel Almeida	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M40	01:03:43	+32:32	06:22
179	745	Rui Magalhães	STCP Runners	Veterano M40	01:06:10	+34:59	06:37
180	521	Luís Claro	Individual	Veterano M40	01:07:30	+36:19	06:45
181	538	Nuno Filipe Teixeira Mónica Conde	Individual	Veterano M40	01:07:56	+36:45	06:48
182	508	João Carlos M Higinio Oliveira	Individual	Veterano M40	01:07:56	+36:45	06:48
183	96	PAULO MELO	CAL - Clube Atletismo de Lamas	Veterano M40	01:08:28	+37:17	06:51
184	499	Fernando Ferreira	Individual	Veterano M40	01:09:26	+38:15	06:57
185	531	Miguel Branco	Individual	Veterano M40	01:10:18	+39:07	07:02
186	653	Jorge Filipe Resende da Silva	Os 3 mosqueteiros	Veterano M40	01:11:08	+39:57	07:07

Veterano M50

1	246	ORLANDO VALENTE	FUTEBOL CLUBE PENAFIEL	Veterano M50	35:53	+04:42	03:35
2	253	JORGE LUZ	G.D.S.P. OLEIROS	Veterano M50	36:58	+05:47	03:42
3	603	CARLOS BAPTISTA	JAM - Juventude Atlético Mozelenense	Veterano M50	37:59	+06:48	03:48
4	737	Joaquim Ribeiro	Sporting Clube de Braga	Veterano M50	38:13	+07:02	03:49
5	769	António Alves Pinho	IF	Veterano M50	38:19	+07:08	03:50
6	51	Salvador Fardilha	AFIS/OVAR	Veterano M50	39:13	+08:02	03:55
7	162	JOAO PAULO RODRIGUES	CLUBE DE ATLETISMO DE OVAR	Veterano M50	39:21	+08:10	03:56
8	589	José Soares Correia	Individual	Veterano M50	39:29	+08:18	03:57
9	604	FERNANDO BRANDÃO	JAM - Juventude Atlético Mozelenense	Veterano M50	39:38	+08:27	03:58
10	660	Carlos Alberto Frazão Fazendeiro	OS FALTA D'AR	Veterano M50	40:13	+09:02	04:01
11	157	Valdemar Alves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	40:22	+09:11	04:02
12	112	Manuel Grilo	Caldas S. Jorge Sport Clube	Veterano M50	40:24	+09:13	04:02
13	110	António Joaquim Vaz da Silva	Caldas S. Jorge Sport Clube	Veterano M50	40:48	+09:37	04:05
14	195	DAVIDE FERNANDES	CONVENCIDOS.COM	Veterano M50	41:06	+09:55	04:07
15	163	JOAQUIM COSTA	CLUBE DE ATLETISMO DE OVAR	Veterano M50	41:10	+09:59	04:07
16	194	ANTÓNIO LEITAO	CONVENCIDOS.COM	Veterano M50	41:18	+10:07	04:08
17	200	RODRIGO NUNES	CONVENCIDOS.COM	Veterano M50	42:09	+10:58	04:13
18	198	MANUEL ANTONIO	CONVENCIDOS.COM	Veterano M50	42:10	+10:59	04:13
19	211	António Carvalho	Familia Carvalho	Veterano M50	42:18	+11:07	04:14
20	661	Manuel Oliveira	OS FALTA D'AR	Veterano M50	42:23	+11:12	04:14
21	594	Manuel Tavares	Individual	Veterano M50	42:25	+11:14	04:15
22	151	Américo Coelho	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	42:49	+11:38	04:17
23	570	Carlos Alberto Ferreira	Individual	Veterano M50	42:53	+11:42	04:17
24	605	MANUEL PEREIRA	JAM - Juventude Atlético Mozelenense	Veterano M50	43:06	+11:55	04:19
25	196	JORGE OLIVEIRA	CONVENCIDOS.COM	Veterano M50	43:11	+12:00	04:19
26	88	José santos	C. I. ARGONCILHE	Veterano M50	43:49	+12:38	04:23
27	579	Heitor Araújo	Individual	Veterano M50	44:10	+12:59	04:25
28	573	David silva	Peruf Race Team	Veterano M50	44:36	+13:25	04:28
29	252	CARLOS OLIVEIRA	G.D.C.Guilhovai	Veterano M50	44:49	+13:38	04:29

Official Timekeeper: Lap2Go	14 / 16	generate 19-Nov-2017 12:32
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Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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30	153	Fernando Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	45:13	+14:02	04:31
31	214	Daniel Cunha	Família Cunha	Veterano M50	45:15	+14:04	04:32
32	234	Rui aras	Fiaes running	Veterano M50	45:32	+14:21	04:33
33	709	João Paulo Meixedo	REMAX Spirit-Market	Veterano M50	46:11	+15:00	04:37
34	152	Carlos Tavares	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	46:11	+15:00	04:37
35	565	Álvaro Henriques	Individual	Veterano M50	46:43	+15:32	04:40
36	616	António Augusto Silva	LOUSADA RUNNERS	Veterano M50	46:53	+15:42	04:41
37	592	manuel constantino silva	Individual	Veterano M50	47:08	+15:57	04:43
38	574	Evaristo Bastos	Individual	Veterano M50	47:13	+16:02	04:43
39	725	Luís Cruz	run2eat	Veterano M50	47:15	+16:04	04:44
40	563	Abelardo Ferreira Gomes	Individual	Veterano M50	47:19	+16:08	04:44
41	49	Manuel Gomes	AFIS/OVAR	Veterano M50	47:47	+16:36	04:47
42	731	José Riba	Running Esmoriz	Veterano M50	47:54	+16:43	04:47
43	150	Alcides Sales	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	48:03	+16:53	04:48
44	155	Oscar Magolo	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	48:12	+17:01	04:49
45	595	Óscar Loureiro	Individual	Veterano M50	48:22	+17:11	04:50
46	585	José António Marques Baptista	Individual	Veterano M50	48:32	+17:22	04:51
47	584	José António de P Fernandes	Individual	Veterano M50	48:35	+17:24	04:52
48	137	Arlindo Rodrigues	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	48:40	+17:29	04:52
49	730	António Porrão	Running Esmoriz	Veterano M50	48:47	+17:36	04:53
50	617	Manuel Teixeira	LOUSADA RUNNERS	Veterano M50	48:47	+17:36	04:53
51	173	FIRMINO NOGUEIRA	Clube Millennium BCP	Veterano M50	48:54	+17:43	04:53
52	47	José Sousa	AFIS/OVAR	Veterano M50	48:58	+17:47	04:54
53	156	Serafim Rodrigues	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	48:58	+17:47	04:54
54	591	Luís Filipe Martins Soares	Individual	Veterano M50	49:01	+17:50	04:54
55	138	Domingos Silva	Centro Municipal de Marcha e Corrida de Vale de Cambra	Veterano M50	49:05	+17:54	04:55
56	97	JOAQUIM PAULINO	CAL - Clube Atletismo de Lamas	Veterano M50	49:23	+18:12	04:56
57	111	David Leite	Caldas S. Jorge Sport Clube	Veterano M50	49:23	+18:12	04:56
58	46	Joaquim Ferreira	AFIS/OVAR	Veterano M50	49:39	+18:28	04:58
59	578	Frank Rogerson	Individual	Veterano M50	50:02	+18:51	05:00
60	199	MANUEL REIS	CONVENCIDOS.COM	Veterano M50	50:05	+18:54	05:01
61	568	António Hugo Lamarão	Individual	Veterano M50	50:12	+19:01	05:01
62	258	José Oliveira	Grupo A Bida é Bela	Veterano M50	50:20	+19:09	05:02
63	732	Carlos Alberto Alves da Silva	RUNNING ESPINHO	Veterano M50	50:22	+19:11	05:02
64	586	José Oliveira Gomes	Individual	Veterano M50	50:24	+19:13	05:02
65	577	Fernando ramos silva valente	Individual	Veterano M50	50:26	+19:15	05:03
66	263	Fernando Silva	Grupo de Corrida de Argoncilhe	Veterano M50	50:29	+19:18	05:03
67	572	celso lino oliveira gomes	Individual	Veterano M50	50:40	+19:29	05:04
68	738	Luis Silva	Sporting Clube de Braga	Veterano M50	50:50	+19:39	05:05
69	593	Manuel Firmino Martins Soares	Individual	Veterano M50	51:09	+19:58	05:07
70	50	Mário Conde	AFIS/OVAR	Veterano M50	51:28	+20:17	05:09
71	175	MANUEL LOBÃO	Clube Millennium BCP	Veterano M50	51:29	+20:18	05:09

Official Timekeeper: Lap2Go	15 / 16	generate 19-Nov-2017 12:32
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COLETIVO - PROVA PRINCIPAL

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

39	ALIANÇA DE GANDRA	293 + 377 + 593	1263
40	Mum's run	120 + 589 + 590	1299
41	VAMOS VER SE CONSEGUIMOS	374 + 428 + 556	1358
42	FPW Team	472 + 473 + 474	1419
43	CubaLibre	294 + 574 + 575	1443
44	Crew Concordia	354 + 513 + 631	1498
45	Bunheiro Night Runners	476 + 526 + 527	1529
46	Os 3 mosqueteiros	650 + 651 + 652	1953