

Lugar	Dorsal	Nome/Equipa	Escalão	Sexo	Tempo	Diferença
1	388	Fabio Santos FontouraIndividual	Seniores M	M	1:37:40.0	-
2	272	Mario FirminoDOLCE FURADOURO	Seniores M	M	1:37:40.6	+0:00.6
3	217	Nuno GonçalvesRUNCROSSTRAIL	M 40	M	1:38:59.9	+1:19.9
4	210	Mario ramosSabores do paco zatopeques	Seniores M	M	1:40:36.8	+2:56.8
5	317	Samuel Almeida GuedesSPALD Ginásios	Seniores M	M	1:43:40.5	+6:00.5
6	392	Luís Miguel CarvalhoClube OGMA	M 40	M	1:49:53.7	+12:13.7
7	239	artur monteiroOos coelhinhos	M 40	M	1:50:26.0	+12:46.0
8	297	Horácio CaetanoAlquimia	M 40	M	1:51:41.4	+14:01.4
9	232	João BalsinhaGo!runners / outpro	M 40	M	1:53:23.9	+15:43.9
10	216	Denise PereiraRUNCROSSTRAIL	Seniores F	F	1:53:29.5	+15:49.5
11	231	Marco FranciscoMonsanto Running Team	Seniores M	M	1:55:03.2	+17:23.2
12	327	João CostaSabores do Paço/Zatopeques	M 40	M	1:55:09.8	+17:29.8
13	230	Vanda JerónimoBurinhosa	Seniores F	F	1:55:27.1	+17:47.1
14	220	Flávio RamosAssociação De Toledo	Seniores M	M	1:55:56.6	+18:16.6
15	346	Marcio AzevedoIndividual	Seniores M	M	1:57:31.5	+19:51.5
16	368	Jorge PedrosoAmigos Atletismo Mafra	M 40	M	1:57:41.7	+20:01.7
17	304	Daniel Simões4X4	Seniores M	M	1:58:25.7	+20:45.7
18	205	Pedro Lavrador100 esTRILHOS	Seniores M	M	2:05:01.6	+27:21.6
19	391	Nuno PereiraClube OGMA	M 40	M	2:05:53.5	+28:13.5
20	314	Tiago Carvalhosabores do paço Zatopeques	Seniores M	M	2:08:42.6	+31:02.6
21	351	Bruno Bruno Miguel Almeida FigueiraGDAzambuja - Trail team	M 40	M	2:09:52.4	+32:12.4
22	303	Sérgio Sebastião4X4	M 40	M	2:09:59.0	+32:19.0
23	280	Marco NazaréSabores do Paço/Zatopeques	Seniores M	M	2:10:10.2	+32:30.2
24	266	João Filipe Venâncio LeitãoATIVO TEAM RUNNING	M 40	M	2:11:29.9	+33:49.9
25	260	Cristovão NascimentoGMG Seguros / Canovedras	Seniores M	M	2:12:54.7	+35:14.7
26	349	Narciso Manuel SantosBonecos	M 40	M	2:13:41.2	+36:01.2
27	204	Luis Aires100 esTRILHOS	M 40	M	2:14:12.4	+36:32.4
28	214	Paulo Manuel CostaIndividual	M 50	M	2:14:59.2	+37:19.2
29	290	Pedro José Costa CustódioOos batatas	M 40	M	2:16:49.3	+39:09.3
30	381	Carlos RebeloCAPenafirme	M 50	M	2:17:35.2	+39:55.2
31	369	José Fernandes AmarolIZ RUNNERS	M 40	M	2:18:21.0	+40:41.0
32	377	Rui MerujoArmada Torriense	M 50	M	2:19:24.5	+41:44.5
33	355	Óscar OliveiraSabores do Paço/Zatopeques	M 50	M	2:19:27.3	+41:47.3
34	384	Pedro Jorge Ferreira GranadasTurres Trail Team	M 40	M	2:19:33.7	+41:53.7
35	241	ARLINDO FRIAS DEUSClube Millennium bcp	M 60	M	2:19:41.5	+42:01.5
36	249	Manuel AlvesCorrer Lisboa	M 50	M	2:20:48.1	+43:08.1
37	367	Alexandre SantosSS CGD	M 50	M	2:23:25.3	+45:45.3
38	385	JulioRUN TEAM BOMBARRAL	M 50	M	2:23:31.4	+45:51.4
39	201	Bruno Alexandre Martins MarquesIndividual	Seniores M	M	2:23:37.0	+45:57.0
40	219	Miguel FerreiraAssociação De Toledo	Sub 23 M	M	2:23:43.3	+46:03.3
41	339	ARTUR COSTAConquista Ginásio Cadaval	M 50	M	2:23:51.2	+46:11.2
42	359	Paulo Fernando dos Santos JordãoIndividual	M 40	M	2:23:54.7	+46:14.7
43	237	David José GonçalvesHipoloeste Full Energy	M 50		2:26:28.1	+48:48.1
44	271	Cláudio BarreiraDIRRUNNERS	M 40	M	2:26:34.9	+48:54.9

Lugar	Dorsal	Nome/Equipa	Escalão	Sexo	Tempo	Diferença
45	263	Rodolfo FonsecaSabores do paço Zatopeques	Seniores M	M	2:28:12.4	+50:32.4
46	293	Nuno LourençoEVELX	M 40	M	2:28:53.3	+51:13.3
47	259	Ricardo HenriquesGMG Seguros / Canovedras	Seniores M	M	2:30:01.7	+52:21.7
48	315	Ricardo Figueira37-TEAM	Seniores M	M	2:31:49.7	+54:09.7
49	334	Alexandre GomesFortíssimos Running Team	M 40	M	2:32:01.0	+54:21.0
50	300	Nuno ViolaATIVO TEAM RUNNING	M 40	M	2:32:22.6	+54:42.6
51	222	Carlos CostaIndividual	Seniores M	M	2:32:36.1	+54:56.1
52	298	Daniel Gerardo RibeiroIndividual	Seniores M	M	2:32:36.8	+54:56.8
53	261	Paulo FerreiraGMG Seguros / Canovedras	M 40	M	2:32:58.5	+55:18.5
54	264	Augusto Fernandes10 P'ras 11	M 50	M	2:33:48.6	+56:08.6
55	203	André TrindadeLusco-Fusco Runners	Seniores M	M	2:34:04.6	+56:24.6
56	398	Daniel AlmeidaIndividual	Seniores M	M	2:34:19.3	+56:39.3
57	306	Helena Taube100 esTRILHOS	F 40	F	2:34:53.7	+57:13.7
58	307	António GuerreiroFortíssimos Running Team	M 50	M	2:34:57.0	+57:17.0
59	341	Mário Rui Da Silva Martins SoaresIndividual	Seniores M	M	2:35:19.5	+57:39.5
60	326	Antonio CaetanoSTJoaoOliveiraTeam	M 40	M	2:35:37.6	+57:57.6
61	270	Mara SimõesDIRTRUNNERS	F 40	F	2:35:50.7	+58:10.7
62	371	Filipe GomesIndividual	Seniores M	M	2:35:55.2	+58:15.2
63	380	Jorge RibeiroPAPA_TRAILERS	M 40	M	2:36:09.9	+58:29.9
64	378	Marco CustódioPAPA_TRAILERS	M 40	M	2:36:10.5	+58:30.5
65	294	Pedro fernandesIndividual	Seniores M	M	2:36:17.8	+58:37.8
66	342	Nuno FigueiredoRUN TEAM BOMBARRAL	M 40	M	2:36:20.1	+58:40.1
67	344	Hugo ReisArmada Torreense	Seniores M	M	2:36:33.2	+58:53.2
68	305	Manuel BarbosaIndividual	M 50	M	2:38:07.6	+1:00:27.6
69	258	Helder PereiraGMG Seguros / Canovedras	Seniores M	M	2:38:19.6	+1:00:39.6
70	213	Manuel Luis Rolim MoleiroIndividual	M 50	M	2:39:15.8	+1:01:35.8
71	370	Rogério Paulo RibeiroIndividual	M 40	M	2:39:19.4	+1:01:39.4
72	282	Tiago Cordeiro37 team	Seniores M	M	2:39:38.6	+1:01:58.6
73	291	Marco Paulo Oliveira Costa37 team	Seniores M	M	2:39:40.1	+1:02:00.1
74	323	JOSE CARLOS SANTOS CATARINOIndividual	M 50	M	2:39:47.8	+1:02:07.8
75	348	Rodrigo SousaRunlovers	Seniores M	M	2:40:46.2	+1:03:06.2
76	328	Ricardo RosaIndividual	Seniores M	M	2:40:47.3	+1:03:07.3
77	366	Ana favasNão fazemos nem mais um...km	Seniores F	F	2:40:55.3	+1:03:15.3
78	276	Susan PereiraRunning Brothers	F 40	F	2:41:11.4	+1:03:31.4
79	289	José Carlos AlmeidaOs batatas	M 40	M	2:41:26.8	+1:03:46.8
80	255	Henrique AmadorSSCGD	M 40	M	2:41:45.6	+1:04:05.6
81	235	Adelina Vinagre BasilioCorreMisto	F 40	F	2:41:48.3	+1:04:08.3
82	234	Flavio Pontes BasilioCorreMisto	M 40	F	2:41:48.8	+1:04:08.8
83	273	Mario Monteiro100estrilhos@gmail.com	M 50	M	2:41:50.4	+1:04:10.4
84	242	RUI PEDRO SANTOS GARCIAClube Millennium bcp	M 40	M	2:42:02.5	+1:04:22.5
85	331	Miguel Dias CardosoIndividual	M 40	M	2:43:11.1	+1:05:31.1
86	208	Aníbal RibeiroIndividual	M 40	M	2:43:49.8	+1:06:09.8
87	383	Graça JesusCAPenafirme	F 50	F	2:43:51.5	+1:06:11.5
88	302	Hugo CarvalhoIndividual	M 40	M	2:44:01.8	+1:06:21.8

Lugar	Dorsal	Nome/Equipa	Escalão	Sexo	Tempo	Diferença
89	318	António SimõesPisa-Rochas	M 60	M	2:44:18.4	+1:06:38.4
90	396	CAtarina Maria Pereira DiasIndividual	Seniores F	F	2:45:11.9	+1:07:31.9
91	312	César VieiraAcorde Bem Running	Seniores M	M	2:45:17.9	+1:07:37.9
92	233	Pedro SequeiraClube Brisa	M 40	M	2:46:15.4	+1:08:35.4
93	375	Vitor Viana100 esTRILHOS	Seniores M	M	2:46:42.9	+1:09:02.9
94	372	Pedro Mario Batista lopesGatus Trail	M 40	M	2:47:02.2	+1:09:22.2
95	281	Sérgio sotaIndividual	M 50	M	2:47:04.9	+1:09:24.9
96	244	DORA ALEXANDRA C PINHO VILHENAClube Millennium bcp	F 40	F	2:47:09.5	+1:09:29.5
97	376	João Pedro Rodrigues DuarteJoão Pedro Rodrigues Duarte	Seniores M	M	2:47:11.2	+1:09:31.2
98	243	EDUARDO CARLOS S JESUS VILHENAClube Millennium bcp	M 50	M	2:47:14.2	+1:09:34.2
99	288	Pedro TavaresSalamandrecos	Seniores M	M	2:47:17.3	+1:09:37.3
100	352	Bruno FonsecaIndividual	Seniores M	M	2:47:33.1	+1:09:53.1
101	256	luis belbutesomeis1km	M 50	M	2:52:06.5	+1:14:26.5
102	248	José BarrocoIndividual	M 50	M	2:52:36.9	+1:14:56.9
103	358	Nuno CesarioIndividual	M 40	M	2:52:45.9	+1:15:05.9
104	357	João PereiraIndividual	Seniores M	M	2:52:46.5	+1:15:06.5
105	212	Marta SantosIndividual	F 40	F	2:53:08.3	+1:15:28.3
106	373	Liliana Sofia AguiarGatus Trail	F 40	F	2:53:09.9	+1:15:29.9
107	225	Helder Fernando Oliveira MachadoHipoloeste Full Energy	M 40	M	2:53:23.0	+1:15:43.0
108	202	Paulo Jorge Cardoso GonçalvesAbutres	M 40	M	2:55:39.5	+1:17:59.5
109	292	António Manuelk SimõesIndividual	M 40	M	3:01:10.0	+1:23:30.0
110	226	luis diasHipoloeste Full Energy	M 40	M	3:02:46.0	+1:25:06.0
111	265	NATALYA MARCHEVA10 P'ras 11	F 50	F	3:03:40.5	+1:26:00.5
112	301	almerinda frazaoIndividual	F 50	F	3:04:35.1	+1:26:55.1
113	254	Pedro CustódioPernas de Gafanhoto	M 40	M	3:09:03.3	+1:31:23.3
114	207	Luis Jorge Baptista Duarte DiasDirtRunners - Fonte Grada	M 50	M	3:09:06.5	+1:31:26.5
115	275	Luis AlmeidaRun for Lunch	M 40	M	3:09:21.2	+1:31:41.2
116	274	José CruzRun for Lunch	M 40	M	3:09:21.5	+1:31:41.5
117	251	HelderIndividual	M 40	M	3:09:36.5	+1:31:56.5
118	309	Sergio MelroTrail..onde quer q seja!!	M 50	M	3:09:40.2	+1:32:00.2
119	267	Maria Helena SousaIndividual	F 40	F	3:11:04.6	+1:33:24.6
120	393	Mónica Alexandra da Cunha dos SantosGDAzambuja - Trail team	M 40	F	3:11:29.5	+1:33:49.5
121	322	Maria da Luz ConchinhaClube do Stress	F 50	F	3:11:49.7	+1:34:09.7
122	335	Francisco GomesFortissimos Running Team	Seniores M	M	3:11:55.7	+1:34:15.7
123	240	GRAÇA MATIASDOLCE FURADOURO	F 50	F	3:12:07.8	+1:34:27.8
124	218	Marina RosarioIndividual	F 40	F	3:13:59.8	+1:36:19.8
125	215	Maria FerreiraIndividual	F 40	F	3:16:12.2	+1:38:32.2
126	311	Maria Manuel NoronhaTrail..onde quer q seja!!	F 40	F	3:16:31.6	+1:38:51.6
127	308	Cristina FernandesTrail..onde quer q seja!!	F 40	F	3:16:33.1	+1:38:53.1
128	363	Emanuel Santos SilvestreIndividual	Seniores M	M	3:17:14.5	+1:39:34.5
129	224	Luisa RalhaRUN 4 FUN	F 50	F	3:17:23.7	+1:39:43.7
130	347	Jorge pitaIndividual	M 40	M	3:17:25.5	+1:39:45.5
131	365	João FradeIndividual	Seniores M	M	3:19:09.6	+1:41:29.6
132	262	Carolina PereiraDOLCE FURADOURO	Sub 23 F	F	3:21:24.7	+1:43:44.7

Lugar	Dorsal	Nome/Equipa	Escalão	Sexo	Tempo	Diferença
133	223	João RalhaRUN 4 FUN	M 50	M	3:21:36.1	+1:43:56.1
134	316	Ricardo LeitãoOs Saloios	Seniores M	M	3:21:49.3	+1:44:09.3
135	325	Carla Farinha4X4	Seniores F	F	3:26:09.3	+1:48:29.3
136	364	Daniela SantosKintaPata	F 40	F	3:27:43.2	+1:50:03.2
137	397	Carla Sofia Miranda FrutuosoIndividual	M 40	F	3:27:52.8	+1:50:12.8
138	361	Lígia ValeriOpé de atleta	Seniores F	M	3:27:55.7	+1:50:15.7
139	247	Carla SilvaCarla lopes	F 40	F	3:28:13.8	+1:50:33.8
140	250	Sário NunesSário Nunes	Seniores M	M	3:28:16.5	+1:50:36.5
141	379	Carla ClementePAPA_TRAILERS	F 40	F	3:31:25.1	+1:53:45.1
142	227	Dina DiasHipoeste Full Energy	F 40	F	3:32:43.4	+1:55:03.4
143	374	Márcia RetoIndividual	F 40	F	3:32:47.1	+1:55:07.1
144	206	Sónia Dias100 esTRILHOS	F 40	F	3:32:56.1	+1:55:16.1
145	330	Francisco Peixoto100 esTRILHOS	M 50	M	3:33:00.7	+1:55:20.7
146	353	Bruno PintoIndividual	M 40	M	3:37:31.2	+1:59:51.2
147	354	Andreia LourençoKinta Pata	F 40	F	3:37:31.8	+1:59:51.8
148	362	Nuno BarradaSpé de atleta	Seniores M	M	3:42:34.6	+2:04:54.6
149	245	Alexandra santosXana Santos	Seniores F	F	3:42:37.3	+2:04:57.3
150	340	Ana SanchoNovos Trilhos	F 50	F	3:46:53.1	+2:09:13.1
151	228	João Miguel de Oliveira CapitulinoIndividual	Seniores M	M	3:48:42.1	+2:11:02.1
152	229	Patrícia Lúcia Gomes AlgarvioIndividual	Seniores F	F	3:48:42.7	+2:11:02.7
153	332	Ceu MiguelNovos Trilhos	F 50	F	3:49:02.9	+2:11:22.9
154	333	Pedro FernandesNovos Trilhos	M 50	M	3:49:03.1	+2:11:23.1
155	336	Luísa Guerra SantosIndividual	F 50	F	3:49:19.0	+2:11:39.0
156	319	Juliana RamosIndividual	Seniores F	F	3:53:13.2	+2:15:33.2
157	320	Sílvia Espírito SantoRUN TEAM BOMBARRAL	Seniores F	F	3:53:15.4	+2:15:35.4
157	337	Sandra TiagoRUN TEAM BOMBARRAL	F 40	F	3:53:15.4	+2:15:35.4
159	321	Sheila TomazRUN TEAM BOMBARRAL	F 40	F	3:53:15.7	+2:15:35.7
160	277	Hélder NogueiraIndividual	M 40	M	3:54:29.5	+2:16:49.5
161	200	Heloise RodriguesBando de Coxos	F 40	F	3:56:02.7	+2:18:22.7
162	257	crisrina barbosasomais1km	F 40	F	3:58:49.0	+2:21:09.0
163	299	Pedro FerreiraIndividual	M 40	M	3:58:49.6	+2:21:09.6
164	279	Paulo SoutoIndividual	M 50	M	3:59:30.8	+2:21:50.8
165	278	Goncalo duarteIndividual	M 40	M	3:59:34.7	+2:21:54.7
166	345	Paula Matos dos SantosIndividual	F 40	F	4:01:11.6	+2:23:31.6
167	386	Ricardo FrazãoF&J	Seniores M	M	4:09:08.8	+2:31:28.8
168	387	Carla FarinhaF&J	F 40	F	4:09:14.3	+2:31:34.3
169	246	Cidália LadeiraCidália Ladeira	F 50	F	4:21:05.5	+2:43:25.5
170	286	Hélia Cristina Frias FerreiraMariolas do Oeste	Seniores F	F	4:26:57.3	+2:49:17.3
171	343	Pilar Casquilhoboom trail team	F 50	F	4:31:01.7	+2:53:21.7
172	350	Ana Isabel Gouveiaboom trail team	Seniores F	F	4:31:03.1	+2:53:23.1
-	295	Eduarda QueimadoIndividual	F 40	F	DNF	-
-	338	João Ricardo Marques CanasIndividual	Seniores M	M	-	-
-	360	Sérgio SanrosIndividual	M 40	M	-	-
-	238	lara silvaos coelhinhos	F 40	F	DSQ	-