

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
457	1	1	BRUNO SILVA	AGUIAS DE ALVELOS	M	34	33:32:00	MGERAL
456	2	2	ANDRE SILVA	AGUIAS DE ALVELOS	M	25	33:33:00	MGERAL
455	3	3	HENRIQUE PIRES	AGUIAS DE ALVELOS	M	23	35:45:00	MGERAL
452	4	4	VASCO BATISTA	AGUIAS DE ALVELOS	M	42	35:57:00	MGERAL
460	5	5	OSCAR MENDES	LIBERDADE FC	M	24	36:00:00	MGERAL
2	6	6	AUGUSTO COSTA	AMIGOS DA MONTANHA	M	47	37:23:00	MGERAL
451	7	7	FILIPE CUNHA	AGUIAS DE ALVELOS	M	36	37:26:00	MGERAL
459	8	8	ADRIANO SA	AGUIAS DE ALVELOS	M	46	38:02:00	MGERAL
378	9	9	DIOGO LOPES		M	28	38:44:00	MGERAL
453	10	10	JOAQUIM RODRIGUES	AGUIAS DE ALVELOS	M	52	38:50:00	MGERAL
509	11	11	JORGE OLIVEIRA		M	41	39:42:00	MGERAL
510	12	12	MANUEL RIBEIRO	ADA	M	44	39:43:00	MGERAL
242	13	13	GERMANO FIGUEIRA		M	29	39:43:00	MGERAL
351	14	14	FRANCISCO FONTELO	PADELA NATURAL TEAM FISIOFREIXO	M	27	40:09:00	MGERAL
508	15	15	JOSE ROCHA	ADA	M	45	40:46:00	MGERAL
38	16	16	ANDRE LOUREIRO	VFS	M	20	41:01:00	MGERAL
458	17	1	MARA COSTA	AGUIAS DE ALVELOS	F	30	41:13:00	FGERAL
454	18	17	MIGUEL MIRANDA	AGUIAS DE ALVELOS	M	18	41:17:00	MGERAL
398	19	18	JOSE BOUCINHA	VFS	M	31	41:21:00	MGERAL
463	20	19	CARLOS MACEDO		M	30	41:51:00	MGERAL
313	21	20	LUIS FERREIRA		M	40	41:55:00	MGERAL
345	22	21	JORGE DOMINGUES	LEBRES MINHOTAS	M	43	42:02:00	MGERAL
414	23	22	ORLANDO SILVA	DETRASPARENTE RUNNING TEAM	M	33	42:02:00	MGERAL
515	24	23	RUI CUNHA		M	32	42:10:00	MGERAL
15	25	24	JOAO CRUZ		M	37	42:13:00	MGERAL
154	26	25	DANIEL CARDOSO	AIRORUN	M	49	42:15:00	MGERAL
257	27	26	MARCELO MARTINS	PADELA NATURAL TEAM FISIOFREIXO	M	28	42:17:00	MGERAL
447	28	27	RUI AMARAL		M	29	42:21:00	MGERAL
344	29	28	ANTONIO DOMINGUES	LEBRES MINHOTAS	M	42	42:24:00	MGERAL
507	30	29	PEDRO CUNHA	VIDAATIVARUNNERS	M	31	42:28:00	MGERAL
488	31	30	OSCAR COSTA		M	36	42:36:00	MGERAL
346	32	31	ANTONIO MARTINS	LEBRES MINHOTAS	M	38	42:38:00	MGERAL
264	33	32	ANTONIO BOAS		M	39	42:48:00	MGERAL
166	34	33	ANTONIO CARDOSO	A.D.CARVALHAL	M	47	42:54:00	MGERAL
193	35	34	JOSE CARDOSO	ARCA BARCELOS RUNNERS	M	50	43:01:00	MGERAL
393	36	35	FRANCISCO PEREIRA	AIRORUN	M	47	43:03:00	MGERAL
521	37	36	BRUNO LEITE		M	33	43:05:00	MGERAL
20	38	37	MANUEL GOMES	A.D.CARVALHAL	M	42	43:13:00	MGERAL
91	39	38	BRUNO ESTEVES		M	35	43:17:00	MGERAL
426	40	39	BENJAMIM CRUZ		M	43	43:19:00	MGERAL
115	41	40	NUNO GONCALVES	B LIFE OUTDOORTEAM	M	32	43:25:00	MGERAL
465	42	41	PAULO MIRANDA	NAF BARCELOS	M	36	43:30:00	MGERAL
157	43	42	PEDRO MIRANDA	VIDAATIVARUNNERS	M	41	43:32:00	MGERAL
399	44	43	CESAR FARIA	GALOS BIKE TEAM	M	33	43:46:00	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
386	45	44	ESTEFANIO GONCALVES	GALOS BIKE TEAM	M	40	43:50:00	MGERAL
63	46	45	HELDER AZEVEDO	AIRORUN	M	40	43:50:00	MGERAL
343	47	46	EMANUEL ROCHA	LEBRES MINHOTAS	M	33	43:51:00	MGERAL
130	48	47	JORGE JAQUES	VIDAATIVARUNNERS	M	24	43:54:00	MGERAL
39	49	48	NUNO CRUZ	ARCA BARCELOS RUNNERS	M	37	43:56:00	MGERAL
269	50	49	JORGE SANTOS		M	23	43:59:00	MGERAL
205	51	50	ANTONIO SILVA		M	47	44:06:00	MGERAL
584	52	51	HELDER FERREIRA		M	37	44:06:00	MGERAL
36	53	52	JOAQUIM OLIVEIRA	VFS	M	25	44:07:00	MGERAL
487	54	53	JORGE BRITO		M	43	44:08:00	MGERAL
358	55	54	ANDRE DUARTE	NAF BARCELOS	M	25	44:12:00	MGERAL
78	56	55	JOAQUIM SA	BARCELOS RUNNERS	M	43	44:17:00	MGERAL
473	57	56	RUI COSTA		M	24	44:20:00	MGERAL
26	58	57	JOAO COUTO		M	34	44:20:00	MGERAL
312	59	58	MANUEL COSTA		M	30	44:25:00	MGERAL
251	60	59	NUNO FARIA	MARINES	M	41	44:27:00	MGERAL
468	61	60	MIGUEL COSTA	ARCA BARCELOS RUNNERS	M	34	44:28:00	MGERAL
229	62	61	MAURICIO VALE	BARCELOS RUNNERS	M	16	44:29:00	MGERAL
359	63	62	FABIEN PLACHOT		M	46	44:29:00	MGERAL
501	64	63	JOSE FERREIRA	FISIPADRAO	M	38	44:30:00	MGERAL
256	65	64	JOSE RIBEIRO	AIRAO TRAIL TEAM (ATT)	M	21	44:32:00	MGERAL
334	66	65	RAUL RIBEIRO		M	60	44:37:00	MGERAL
322	67	66	MARCIO CUNHA	UCRA TRAIL TEAM	M	20	44:38:00	MGERAL
377	68	67	SERGIO PEREIRA	BARBEARIA RATO SP MODELOS	M	14	44:38:00	MGERAL
330	69	68	MIGUEL FARIA	FARIA	M	23	44:45:00	MGERAL
395	70	69	JOSE FERREIRA		M	34	44:47:00	MGERAL
59	71	70	JOSE RODRIGUES		M	46	44:49:00	MGERAL
360	72	71	JOEL VALE	NAF BARCELOS	M	32	44:50:00	MGERAL
498	73	72	NUNO ARAUJO	BRG TEAM	M	41	44:54:00	MGERAL
113	74	73	JORGE SEABRA	INVICTUSRUNNINGTEAM	M	40	44:54:00	MGERAL
19	75	74	CARLOS NOVAIS	BARCELOS TEAM PORTUGAL	M	35	44:56:00	MGERAL
90	76	75	PAULO QUINTAS		M	48	45:00:00	MGERAL
40	77	76	VITOR SILVA	ARCA BARCELOS RUNNERS	M	35	45:14:00	MGERAL
462	78	77	GONCALO MENDES		M	18	45:19:00	MGERAL
594	79	78	RICARDO PEREIRA		M	33	45:23:00	MGERAL
444	80	79	PEDRO COSTA	SOLO	M	33	45:26:00	MGERAL
268	81	80	JOAO SOUSA	VIDAATIVARUNNERS	M	55	45:26:00	MGERAL
417	82	81	DOMINGOS COSTA	ADDC RUN	M	41	45:27:00	MGERAL
54	83	2	FLORA LEITE	PADELA NATURAL TEAM FISIOFREIXO	F	29	45:33:00	FGERAL
483	84	82	JOSE MONTEIRO	ARCA BARCELOS RUNNERS	M	17	45:42:00	MGERAL
100	85	83	JOSE OLIVEIRA	TURN2RUN	M	41	45:44:00	MGERAL
47	86	84	CARLOS RODRIGUES	VFS	M	30	45:47:00	MGERAL
207	87	85	MICHEL MOREIRA	ELITE RUNNERS	M	26	46:03:00	MGERAL
323	88	86	MIGUEL CORREIA	UCRA TRAIL TEAM	M	28	46:08:00	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
536	89	87	JOAO OLIVEIRA		M	29	46:10:00	MGERAL
79	90	88	MANUEL PERESTRELO		M	49	46:12:00	MGERAL
596	91	89	HELDER TORRES		M	35	46:13:00	MGERAL
317	92	90	LUIS CAMPOS	WTG	M	32	46:15:00	MGERAL
489	93	91	ALEX GOMES		M	18	46:19:00	MGERAL
476	94	92	ANTONIO SA	FRAGOSO TEAM	M	34	46:20:00	MGERAL
73	95	93	PAULO COELHO		M	24	46:21:00	MGERAL
248	96	94	NUNO MENDES		M	42	46:26:00	MGERAL
281	97	95	BRUNO FERREIRA		M	31	46:37:00	MGERAL
283	98	96	ROBERTO BARBOSA		M	23	46:38:00	MGERAL
204	99	97	JOSE DIAS		M	45	46:38:00	MGERAL
111	100	98	OCTAVIO BRITO		M	39	46:40:00	MGERAL
206	101	99	NELSON DUARTE	ELITE RUNNERS	M	33	46:40:00	MGERAL
481	102	100	JOSE SILVA		M	45	46:42:00	MGERAL
496	103	101	SERGIO ARAUJO	BRG TEAM	M	41	46:44:00	MGERAL
109	104	102	PAULO LOPES		M	37	46:47:00	MGERAL
480	105	103	RICARDO CARVALHO	FRAGOSO TEAM	M	32	46:49:00	MGERAL
145	106	104	JOSE FIGUEIREDO	OS ISABELINHAS	M	44	46:50:00	MGERAL
149	107	105	CARLOS CARRICO	OS ISABELINHAS	M	36	46:50:00	MGERAL
540	108	106	ARTUR GIL		M	38	46:57:00	MGERAL
300	109	107	DIONISIO CARVALHO		M	44	46:59:00	MGERAL
159	110	108	LUIS RIBEIRO	VIDAATIVARUNNERS	M	18	47:02:00	MGERAL
28	111	109	JOAO SANTOS		M	46	47:03:00	MGERAL
297	112	110	JOSE MACIEL	PADELA NATURAL TEAM FISIOFREIXO	M	21	47:04:00	MGERAL
172	113	111	MARIO BARBOSA	BRAGUINHASRUNNERS	M	39	47:04:00	MGERAL
368	114	3	MARLENE COSTA	BMCAR	F	40	47:10:00	FGERAL
136	115	112	PAULO ARAUJO	OS ISABELINHAS	M	43	47:11:00	MGERAL
69	116	113	JOAO CERQUEIRA	GRUPO JUVENIL VILA DE PUNHE	M	45	47:12:00	MGERAL
299	117	114	CARLOS FERREIRA		M	56	47:37:00	MGERAL
265	118	115	RICARDO VIEIRA		M	34	47:37:00	MGERAL
301	119	116	JULIEN SA		M	30	47:38:00	MGERAL
419	120	117	ANTONIO FERNANDES	ADDC RUN	M	63	47:38:00	MGERAL
82	121	118	CARLOS FERNANDES		M	29	47:38:00	MGERAL
164	122	119	NUNO CARVALHO		M	28	47:43:00	MGERAL
599	123	120	CARLOS CARDOSO		M	29	47:44:00	MGERAL
250	124	121	WELLINGTON ALVES		M	31	47:44:00	MGERAL
497	125	122	RICARDO PINTO	BRG TEAM	M	45	47:59:00	MGERAL
18	126	123	FRANCISCO FARIA		M	52	48:03:00	MGERAL
394	127	124	ABILIO FARIA		M	23	48:08:00	MGERAL
412	128	125	PAULO VIEIRA		M	29	48:08:00	MGERAL
104	129	126	CARLOS VALE	DETRASPARENTE RUNNING TEAM	M	33	48:10:00	MGERAL
443	130	127	ANDRE TORRES	ARCA BARCELOS RUNNERS	M	39	48:11:00	MGERAL
241	131	128	VITOR MARTINS	RENASCE	M	34	48:12:00	MGERAL
146	132	4	MARIA FREITAS	OS ISABELINHAS	F	45	48:14:00	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
277	133	129	CARLOS CUNHA	B LIFE OUTDOORTEAM	M	40	48:17:00	MGERAL
278	134	130	DANIEL SILVA	B LIFE OUTDOORTEAM	M	36	48:22:00	MGERAL
519	135	131	NUNO FALCAO		M	27	48:23:00	MGERAL
198	136	132	PAULO SILVA		M	30	48:24:00	MGERAL
470	137	133	RUI CASTRO	ARCA BARCELOS RUNNERS	M	33	48:25:00	MGERAL
408	138	134	SERGIO SALGADO	GIVEC	M	15	48:26:00	MGERAL
350	139	135	JOAO MARQUES		M	18	48:28:00	MGERAL
46	140	136	ANDRE ALVES	VILA COVA	M	42	48:44:00	MGERAL
112	141	137	VITOR SA		M	36	48:45:00	MGERAL
336	142	138	ALBERTO CUNHA		M	55	48:47:00	MGERAL
126	143	5	INES GOMES	AGUIAS DE ALVELOS	F	18	48:47:00	FGERAL
308	144	139	ANTONIO BORGES		M	47	48:54:00	MGERAL
158	145	140	RICARDO RIBEIRO	VIDAATIVARUNNERS	M	36	49:03:00	MGERAL
195	146	141	VITOR SILVA	QUEIROZ TEAM	M	45	49:07:00	MGERAL
209	147	142	TURNACIONCARLOS COSTA	ACTIONCOACH ADMINOVA	M	52	49:09:00	MGERAL
178	148	143	LUIS RODRIGUES		M	43	49:12:00	MGERAL
530	149	144	JOSE SOUSA		M	43	49:14:00	MGERAL
84	150	145	NUNO BOGAS	EQUIPA DO BOGAS	M	32	49:19:00	MGERAL
362	151	146	PAULO COSTA		M	49	49:27:00	MGERAL
437	152	147	VITOR CARVALHO		M	33	49:40:00	MGERAL
96	153	148	JORGE SERRA		M	32	49:41:00	MGERAL
279	154	149	IVO RODRIGUES	B LIFE OUTDOORTEAM	M	32	49:44:00	MGERAL
524	155	150	JOAQUIM SILVA		M	40	49:46:00	MGERAL
173	156	151	MANUEL FERREIRA	B LIFE OUTDOORTEAM	M	45	49:51:00	MGERAL
525	157	152	ORLANDO GONCALVES	ADA	M	43	49:58:00	MGERAL
272	158	153	PEDRO GONCALVES	B LIFE OUTDOORTEAM	M	40	50:02:00	MGERAL
523	159	154	PEDRO CARVALHO	VFS	M	27	50:17:00	MGERAL
236	160	6	MARIA COSTA		F	41	50:19:00	FGERAL
432	161	155	FERNANDO COSTA		M	40	50:21:00	MGERAL
239	162	156	BRUNO LOUREIRO	RENASCE	M	31	50:25:00	MGERAL
296	163	157	FREDERICO VIEIRA		M	40	50:29:00	MGERAL
528	164	158	JOSE CARVALHO	RUMA A AVENTURA	M	50	50:30:00	MGERAL
17	165	159	JOSE AZEVEDO		M	38	50:30:00	MGERAL
226	166	7	ANDREIA LOPES	B LIFE OUTDOORTEAM	F	28	50:31:00	FGERAL
353	167	160	PAULO GONCALVES	RENASCE	M	44	50:43:00	MGERAL
520	168	161	PACILIO FALCAO		M	27	50:51:00	MGERAL
284	169	162	RUI SOUSA		M	23	50:53:00	MGERAL
472	170	163	RUI COUTO		M	43	50:55:00	MGERAL
30	171	164	LUCIANO SILVA		M	57	51:00:00	MGERAL
529	172	165	DOMINGOS COELHO	MOTOGALOS	M	43	51:08:00	MGERAL
66	173	166	CANDIDO SILVA	VFS	M	19	51:09:00	MGERAL
324	174	167	LUIS SANTOS	UCRA TRAIL TEAM	M	41	51:10:00	MGERAL
41	175	168	PAULO SILVA	AMIGOS DE GUIMARAES	M	35	51:16:00	MGERAL
80	176	169	ALBERTO VINCENTE		M	49	51:25:00	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
81	177	170	VITOR CARVALHO		M	30	51:26:00	MGERAL
337	178	171	MIGUEL FARIA	EXPERIENCIAR	M	41	51:26:00	MGERAL
68	179	172	PEDRO RODRIGUES		M	30	51:31:00	MGERAL
67	180	173	BRUNO RODRIGUES		M	34	51:33:00	MGERAL
403	181	174	JOSE COSTA	AZEITONAS BIKERS	M	34	51:33:00	MGERAL
129	182	175	JOAO CARVALHO		M	22	51:33:00	MGERAL
114	183	176	RICARDO DUARTE		M	35	51:37:00	MGERAL
144	184	8	ISABEL SILVA	OS ISABELINHAS	F	45	51:40:00	FGERAL
404	185	177	HUGO LOURENCO		M	35	51:47:00	MGERAL
232	186	178	ARSELIO MACEDO		M	41	51:48:00	MGERAL
514	187	179	MARCO ARAUJO		M	32	51:55:00	MGERAL
339	188	180	ARTUR BOAS		M	36	52:09:00	MGERAL
338	189	181	ANDRE SILVA		M	25	52:16:00	MGERAL
352	190	182	PEDRO BARBOSA		M	22	52:17:00	MGERAL
16	191	183	DAVID SILVA		M	36	52:20:00	MGERAL
298	192	184	PAULO REGO		M	57	52:30:00	MGERAL
110	193	185	JOSE MARTINS		M	36	52:34:00	MGERAL
210	194	186	DECIO PEREIRA		M	47	52:39:00	MGERAL
445	195	187	JORGE PEREIRA	VOU ALI E JA VENHO	M	37	52:43:00	MGERAL
302	196	188	TIAGO MIRANDA		M	29	52:44:00	MGERAL
420	197	189	JOSE SOTELO	TSUNAMI TEAM	M	42	52:45:00	MGERAL
422	198	190	NELSON ALMEIDA	TSUNAMI TEAM	M	34	52:46:00	MGERAL
421	199	191	LIBORIO VILELA	TSUNAMI TEAM	M	39	52:46:00	MGERAL
92	200	192	FRANCISCO COSTA	APULIA A CORRER	M	40	52:52:00	MGERAL
196	201	193	TELMO SILVA		M	40	52:53:00	MGERAL
227	202	194	DOMINGOS VALE	BARCELOS RUNNERS	M	43	53:09:00	MGERAL
228	203	9	ISABEL COSTA	BARCELOS RUNNERS	F	35	53:09:00	FGERAL
416	204	195	MARIO FERNANDES	ADDC RUN	M	58	53:27:00	MGERAL
214	205	196	VITOR CORTEZ	CALCA FOLHAS	M	27	53:29:00	MGERAL
71	206	10	CELIA COSTA	OS LAMPIOES	F	45	53:33:00	FGERAL
70	207	197	VITOR SILVA	OS LAMPIOES	M	46	53:33:00	MGERAL
539	208	198	SERGIO COSTA		M	34	53:35:00	MGERAL
527	209	11	PAULA FERREIRA		F	38	53:48:00	FGERAL
192	210	12	ANA MATOS	ARCA BARCELOS RUNNERS	F	47	53:57:00	FGERAL
467	211	199	PEDRO ALVES		M	47	53:57:00	MGERAL
376	212	200	SERGIO AREZES	GALOS BIKE TEAM	M	34	54:08:00	MGERAL
244	213	201	MANUEL CARVALHO		M	20	54:14:00	MGERAL
439	214	202	DAVID CARVALHO		M	36	54:16:00	MGERAL
194	215	203	ADELINO CRUZ	QUEIROZ TEAM	M	39	54:18:00	MGERAL
33	216	204	JOSE PEREIRA		M	53	54:28:00	MGERAL
238	217	13	LILIANA LOUREIRO	RENASCE	F	34	54:38:00	FGERAL
201	218	205	TEOTONIO BOUCINHA		M	47	54:39:00	MGERAL
366	219	14	TANIA CAMPOS	BMCAR	F	40	54:41:00	FGERAL
168	220	15	CIDALIA RODRIGUS	ARCA BARCELOS RUNNERS	F	44	54:43:00	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
169	221	206	ANTONIO VILACA		M	44	54:44:00	MGERAL
260	222	207	VASCO OLIVEIRA		M	29	54:44:00	MGERAL
72	223	208	JOAO COELHO		M	18	54:50:00	MGERAL
275	224	16	ISABEL MACIEL	B LIFE OUTDOORTEAM	F	40	54:54:00	FGERAL
448	225	17	JULIANA CORREIA	B LIFE OUTDOORTEAM	F	34	55:07:00	FGERAL
140	226	18	MARIANA MARTINS	OS ISABELINHAS	F	33	55:09:00	FGERAL
349	227	209	JOSE ARAUJO		M	21	55:09:00	MGERAL
141	228	210	RUI FARIA	OS ISABELINHAS	M	36	55:09:00	MGERAL
139	229	211	ANTONIO FERREIRA	OS ISABELINHAS	M	60	55:10:00	MGERAL
600	230	212	MIGUEL NOVAIS		M	38	55:10:00	MGERAL
132	231	213	JOSE CAPELO	OS ISABELINHAS	M	52	55:10:00	MGERAL
286	232	214	PEDRO FARIA		M	36	55:11:00	MGERAL
12	233	19	CARLA BOAS		F	41	55:11:00	FGERAL
75	234	215	DELFIN COSTA		M	44	55:13:00	MGERAL
213	235	20	MADALENA DIAS		F	23	55:17:00	FGERAL
482	236	216	SERGIO TORRES		M	43	55:23:00	MGERAL
347	237	21	MONICA DOMINGUES	LEBRES MINHOTAS	F	36	55:25:00	FGERAL
86	238	217	JOAO SOUSA	EQUIPA DO BOGAS	M	31	55:28:00	MGERAL
310	239	218	PAULO REGUENGA		M	39	55:31:00	MGERAL
85	240	219	PAULO LIMA	EQUIPA DO BOGAS	M	26	55:33:00	MGERAL
387	241	22	ANA COSTA		F	30	55:52:00	FGERAL
512	242	220	NUNO FERNANDES	ADA	M	34	56:00:00	MGERAL
511	243	221	PAULO PINHEIRO	ADA	M	36	56:00:00	MGERAL
390	244	222	ANDRE CAMPOS	FAMILY FRIENDS	M	26	56:01:00	MGERAL
391	245	223	JOAO OLIVEIRA	FAMILY FRIENDS	M	25	56:02:00	MGERAL
388	246	23	MARTA MONTEIRO	FAMILY FRIENDS	F	25	56:02:00	FGERAL
543	247	224	PAULO COSTA		M	44	56:04:00	MGERAL
235	248	225	RICARDO COSTA		M	37	56:08:00	MGERAL
316	249	226	RUI COSTA		M	31	56:10:00	MGERAL
409	250	227	ANDRE COSTA		M	24	56:10:00	MGERAL
98	251	228	PEDRO MACHADO		M	36	56:11:00	MGERAL
243	252	229	EDUARDO BASTIANA	FALTA MUITO	M	18	56:12:00	MGERAL
52	253	230	ANTONIO BRAS		M	40	56:13:00	MGERAL
263	254	231	JORGE BARBOSA		M	27	56:18:00	MGERAL
94	255	232	LUIS PEREIRA		M	40	56:19:00	MGERAL
471	256	24	MARIANA SILVA	ARCA BARCELOS RUNNERS	F	34	56:26:00	FGERAL
53	257	25	FILIPA FERREIRA	ARCA BARCELOS RUNNERS	F	39	56:26:00	FGERAL
74	258	233	LUIS COELHO		M	31	56:46:00	MGERAL
531	259	234	MARCO BARBOSA	NOP	M	44	56:46:00	MGERAL
233	260	26	ANA CARDOSO		F	33	56:48:00	FGERAL
234	261	235	JOSE COUTO		M	30	56:48:00	MGERAL
165	262	236	PAULO LOPES		M	33	56:49:00	MGERAL
43	263	237	PEDRO COSTA		M	34	56:55:00	MGERAL
23	264	238	ANTONIO NETO	PT RUNNING TEAM	M	39	56:55:00	MGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
442	265	239	RUI DIAS		M	15	56:56:00	MGERAL
247	266	27	IRENE MAURICIO		F	26	56:57:00	FGERAL
246	267	240	CRISTOVAO RODRIGUES		M	32	56:57:00	MGERAL
518	268	241	DANIEL COSTA		M	20	56:58:00	MGERAL
385	269	242	JOSE CARVALHO	ALVELINHOS RUNNING	M	46	57:00:00	MGERAL
60	270	243	ANTONIO ROSA	ALVELINHOS RUNNING	M	51	57:00:00	MGERAL
315	271	244	CARLOS CORREIA	BIRDS	M	44	57:00:00	MGERAL
212	272	245	HUGO CARVALHO		M	18	57:05:00	MGERAL
541	273	246	PAULO LOPES		M	44	57:12:00	MGERAL
435	274	247	EDGAR REAL	MCDONALDS BARCELOS	M	20	57:14:00	MGERAL
326	275	248	ANTONIO CARIDADE	UCRA TRAIL TEAM	M	35	57:14:00	MGERAL
188	276	249	PAULO COSTA	GIVEC	M	46	57:19:00	MGERAL
191	277	250	JORGE AZEVEDO	GIVEC	M	50	57:19:00	MGERAL
200	278	251	PEDRO CARREIRAS		M	29	57:20:00	MGERAL
155	279	252	ANTONIO LOPES	CANGURU PERNETA	M	30	57:29:00	MGERAL
348	280	253	NELSON SILVA		M	33	57:32:00	MGERAL
400	281	254	ANTONIO RODRIGUES	GALOS BIKE TEAM	M	47	57:34:00	MGERAL
106	282	255	PEDRO RODRIGUES		M	17	57:42:00	MGERAL
270	283	256	NUNO PEREIRA		M	19	57:44:00	MGERAL
342	284	257	MARCO SOUSA		M	20	57:46:00	MGERAL
428	285	258	FILIPE SILVA		M	39	57:50:00	MGERAL
427	286	28	MARTA PEIXOTO		F	30	57:51:00	FGERAL
587	287	259	JOSE MAGALHAES		M	50	57:51:00	MGERAL
77	288	260	PEDRO PEIXOTO		M	37	57:51:00	MGERAL
532	289	261	PEDRO ROSETA	NOP	M	49	57:53:00	MGERAL
182	290	29	JOANA GOMES	FALTA MUITO	F	18	57:59:00	FGERAL
34	291	30	MARIA MARTINS	B LIFE OUTDOORTEAM	F	42	58:02:00	FGERAL
35	292	262	ABEL ALMEIDA	B LIFE OUTDOORTEAM	M	42	58:02:00	MGERAL
526	293	263	MIGUEL BARBOSA		M	33	58:02:00	MGERAL
174	294	31	JOANA OLIVEIRA		F	24	58:08:00	FGERAL
254	295	264	ANTONIO SILVA		M	63	58:11:00	MGERAL
202	296	265	PERON SILVA		M	66	58:14:00	MGERAL
598	297	266	FERNANDO EIRA		M	47	58:17:00	MGERAL
105	298	267	CARLOS BRITO		M	45	58:19:00	MGERAL
306	299	268	ALEXANDRE COSTA	COSMENATURA	M	39	58:21:00	MGERAL
307	300	269	VICTOR SILVA	COSMENATURA	M	45	58:21:00	MGERAL
162	301	270	RICARDO SIMOES		M	35	58:21:00	MGERAL
163	302	32	MARCIA MORAIS		F	40	58:21:00	FGERAL
274	303	271	ABILIO FERREIRA	B LIFE OUTDOORTEAM	M	45	58:27:00	MGERAL
304	304	272	MARCO MINEIRO	COSMENATURA	M	35	58:37:00	MGERAL
303	305	273	TIAGO PINHEIRO	COSMENATURA	M	23	58:38:00	MGERAL
21	306	33	ANA NASCIMENTO	MICKYS	F	35	58:41:00	FGERAL
22	307	34	SARA NASCIMENTO	MICKYS	F	32	58:42:00	FGERAL
535	308	35	DEBORA FILIPE		F	30	58:42:00	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
440	309	274	PEDRO ROCHA		M	35	58:44:00	MGERAL
117	310	36	MARIA CARVALHOSA	B LIFE OUTDOORTEAM	F	43	58:45:00	FGERAL
220	311	37	MARIA AZEVEDO	BARCELOS RUNNERS	F	55	58:46:00	FGERAL
370	312	275	ANTONIO VALE	BMCAR	M	51	58:47:00	MGERAL
433	313	276	TIAGO FERREIRA	MCDONALDS BARCELOS	M	24	58:47:00	MGERAL
252	314	277	FILIPE RODRIGUES		M	40	58:49:00	MGERAL
199	315	38	MARIANA VIEIRA	PIU PIU	F	29	58:50:00	FGERAL
379	316	39	MARIANA NOVO		F	27	58:53:00	FGERAL
167	317	278	RICARDO COSTA		M	39	58:54:00	MGERAL
184	318	279	PAULO VALE		M	40	58:54:00	MGERAL
446	319	280	RUI FERREIRA		M	36	59:00:00	MGERAL
436	320	281	JOAO PEREIRA		M	18	59:03:00	MGERAL
355	321	282	JOSE VALE		M	40	59:14:00	MGERAL
31	322	283	BRUNO NEIVA		M	16	59:37:00	MGERAL
538	323	40	JULIA CORREIA		F	30	59:41:00	FGERAL
107	324	284	LUIS RODRIGUES		M	46	59:43:00	MGERAL
466	325	41	CARLA MAGALHAES	SOZINHA TEAM	F	33	59:44:00	FGERAL
249	326	42	SANDRA MENDES		F	41	59:44:00	FGERAL
335	327	285	JOSE COSTA		M	28	59:45:00	MGERAL
431	328	43	LILIANA REBELO		F	33	59:47:00	FGERAL
328	329	44	CLAUDIA REGO	UCRA TRAIL TEAM	F	31	59:56:00	FGERAL
325	330	45	SANDRA MELO	UCRA TRAIL TEAM	F	24	59:56:00	FGERAL
175	331	286	PAULO RODRIGUES		M	35	01:00:09	MGERAL
99	332	46	FILIPA CRUZ	B LIFE OUTDOORTEAM	F	28	01:00:10	FGERAL
280	333	287	MANUEL PEREIRA	B LIFE OUTDOORTEAM	M	48	01:00:11	MGERAL
44	334	47	CLARA MARTINS	B LIFE OUTDOORTEAM	F	27	01:00:12	FGERAL
522	335	288	SERGIO SANTOS		M	36	01:00:15	MGERAL
150	336	48	MARIA ALMEIDA	ALFENENCE	F	42	01:00:26	FGERAL
151	337	289	AURELIO COSTA	ALFENENCE	M	42	01:00:27	MGERAL
534	338	290	PEDRO FERREIRA		M	39	01:00:30	MGERAL
180	339	291	EDUARDO SILVA	BAREJOTEAM	M	33	01:00:33	MGERAL
37	340	49	MARIA OLIVEIRA	VFS	F	23	01:00:34	FGERAL
255	341	50	TELMA SILVA	AIRAO TRAIL TEAM (ATT)	F	24	01:00:34	FGERAL
424	342	51	CIDALIA FERNANDES		F	40	01:00:41	FGERAL
389	343	292	TIAGO VEIGA	FAMILY FRIENDS	M	26	01:00:52	MGERAL
311	344	293	EDUARDO FARIA		M	46	01:00:56	MGERAL
64	345	52	CATARINA SANTOS		F	29	01:01:15	FGERAL
65	346	294	NUNO SANTOS		M	37	01:01:15	MGERAL
93	347	53	PAULA BARROS	APULIA A CORRER	F	35	01:01:18	FGERAL
101	348	54	SANDRA OLIVEIRA	TURN2RUN	F	38	01:01:26	FGERAL
45	349	55	CARLA NOGUEIRA	VILA COVA	F	41	01:01:34	FGERAL
153	350	295	PAULO COELHO	EQUIPA DO BOGAS	M	31	01:01:35	MGERAL
197	351	56	MARILIA FERREIRA		F	38	01:01:37	FGERAL
262	352	57	ROSA CORDEIRO		F	48	01:01:41	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
261	353	296	HUGO BARBOSA		M	32	01:01:41	MGERAL
259	354	297	FERNANDO SALGADO	GIVEC	M	50	01:02:14	MGERAL
186	355	298	FRANCISCO VARZIM	GIVEC	M	47	01:02:14	MGERAL
258	356	58	MARIA COSTA	GIVEC	F	52	01:02:14	FGERAL
187	357	59	ROSALINA COSTA	GIVEC	F	49	01:02:14	FGERAL
190	358	60	CINDY SILVA	GIVEC	F	47	01:02:15	FGERAL
364	359	61	HELENA LOUREIRO	BMCAR	F	38	01:02:15	FGERAL
374	360	299	JOAO LOUREIRO	BMCAR	M	26	01:02:15	MGERAL
48	361	62	CARLA PEREIRA		F	24	01:02:16	FGERAL
533	362	63	ANA ROSETA	NOP	F	18	01:02:16	FGERAL
97	363	300	JORGE SAMPAIO		M	40	01:02:20	MGERAL
237	364	301	JOSE ALVES	RENASCE	M	53	01:02:24	MGERAL
76	365	64	MARIA ARAUJO		F	48	01:02:49	FGERAL
365	366	65	ANGELINA FRANQUEIRA	BMCAR	F	42	01:03:09	FGERAL
597	367	66	ESMERALDA CARVALHO		F	42	01:03:09	FGERAL
478	368	302	FILIPE LOURO	FRAGOSO TEAM	M	31	01:03:14	MGERAL
479	369	303	JOAO BOAS	FRAGOSO TEAM	M	20	01:03:15	MGERAL
469	370	67	ANGELA CARVALHO	ARCA BARCELOS RUNNERS	F	32	01:03:17	FGERAL
361	371	68	SORAIA REBELO	ARCA BARCELOS RUNNERS	F	41	01:03:17	FGERAL
292	372	69	MARIA SILVA		F	47	01:03:19	FGERAL
305	373	304	PAULO NOGUEIRA	COSMENATURA	M	42	01:03:22	MGERAL
222	374	305	PAULO OLIVEIRA		M	53	01:04:03	MGERAL
320	375	306	ADELINO FARIA		M	53	01:04:04	MGERAL
223	376	307	BRUNO PIMENTA		M	39	01:04:04	MGERAL
449	377	308	LUIS ARANTE		M	24	01:04:05	MGERAL
87	378	70	MARIELA PINHEIRO	EQUIPA DO BOGAS	F	37	01:04:10	FGERAL
402	379	309	MARCO BOAS	EQUIPA DO BOGAS	M	43	01:04:11	MGERAL
29	380	71	PATRICIA FERNANDES		F	30	01:04:11	FGERAL
49	381	72	CARINA MAGALHAES	CECILS RUNNING CLUB	F	29	01:04:17	FGERAL
329	382	73	ANA SILVA	CECILS RUNNING CLUB	F	28	01:04:18	FGERAL
50	383	310	PAULO LOPES	CECILS RUNNING CLUB	M	33	01:04:18	MGERAL
25	384	311	TIAGO CECILIO	CECILS RUNNING CLUB	M	27	01:04:19	MGERAL
51	385	74	SARA MAGALHAES	CECILS RUNNING CLUB	F	20	01:04:20	FGERAL
152	386	312	JOAO GONCALVES	PSICOP2	M	26	01:04:31	MGERAL
143	387	75	MARIA TEIXEIRA	OS ISABELINHAS	F	50	01:04:39	FGERAL
135	388	76	PAULA PEREIRA	OS ISABELINHAS	F	54	01:04:41	FGERAL
137	389	313	JOSE PEREIRA	OS ISABELINHAS	M	54	01:04:42	MGERAL
219	390	77	ELISABETE OLIVEIRA	VIDAATIVARUNNERS	F	55	01:04:47	FGERAL
231	391	314	RUI CUNHA	CECILS RUNNING CLUB	M	27	01:05:00	MGERAL
410	392	315	BRUNO PEREIRA		M	29	01:05:14	MGERAL
411	393	78	SARA QUINTAS		F	30	01:05:15	FGERAL
429	394	79	LIBANIA FALCAO	BARCELOS RUNNERS	F	37	01:05:17	FGERAL
430	395	316	NUNO REIS	BARCELOS RUNNERS	M	39	01:05:17	MGERAL
309	396	80	LILIANA ALVES		F	37	01:05:28	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
95	397	81	FILIPA CARVALHO		F	34	01:05:31	FGERAL
89	398	82	SANDRA PEREIRA		F	37	01:05:32	FGERAL
88	399	317	DANIEL FERNANDES		M	40	01:05:33	MGERAL
118	400	83	MARIA MAGALHAES	B LIFE OUTDOORTEAM	F	42	01:05:38	FGERAL
208	401	318	BRUNO SOARES	ELITE RUNNERS	M	37	01:05:42	MGERAL
407	402	84	ANA ROCHA		F	40	01:05:53	FGERAL
513	403	319	OSCAR CUNHA		M	39	01:05:54	MGERAL
142	404	85	MARIA PEREIRA	OS ISABELINHAS	F	53	01:06:19	FGERAL
493	405	320	MANUEL CASTRO		M	52	01:06:28	MGERAL
504	406	86	ANGELA PIMENTA		F	44	01:06:29	FGERAL
375	407	321	CARLOS SANTOS	SPEM	M	53	01:06:31	MGERAL
363	408	87	MARIA MANO	SPEM	F	53	01:06:31	FGERAL
183	409	88	ALDA ABILHEIRA	FALTA MUITO	F	42	01:06:42	FGERAL
492	410	322	PEDRO LOPES		M	30	01:06:45	MGERAL
369	411	89	CARLA VALE	BMCAR	F	41	01:06:45	FGERAL
319	412	90	SONIA SANTOS	AIRORUN	F	42	01:07:00	FGERAL
318	413	323	CARLOS MARTINS	AIRORUN	M	38	01:07:00	MGERAL
42	414	91	SILVIA GOMES		F	39	01:07:09	FGERAL
397	415	324	CHRISTOPHER COSTA		M	26	01:07:17	MGERAL
14	416	325	BRUNO SILVA		M	33	01:07:40	MGERAL
32	417	326	IGOR ALVES		M	20	01:07:45	MGERAL
475	418	92	BARBARA FERNANDES	THE BEST	F	21	01:07:45	FGERAL
474	419	93	PAULA FERREIRA	THE BEST	F	20	01:07:45	FGERAL
170	420	94	SARA MEIRA	PADELA NATURAL TEAM FISIOFREIXO	F	28	01:08:14	FGERAL
253	421	95	ANA ROCHA	PADELA NATURAL TEAM FISIOFREIXO	F	29	01:08:15	FGERAL
171	422	327	JOAO ARAUJO	PADELA NATURAL TEAM FISIOFREIXO	M	35	01:08:15	MGERAL
271	423	96	CLAUDIA MACEDO	B LIFE OUTDOORTEAM	F	37	01:08:59	FGERAL
321	424	328	RUBEN BRANCO		M	40	01:08:59	MGERAL
592	425	97	ANA FARIA		F	34	01:09:31	FGERAL
340	426	98	TERESA PEREIRA	CALCA FOLHAS	F	29	01:09:33	FGERAL
341	427	329	ANDRE COSTA	CALCA FOLHAS	M	29	01:09:34	MGERAL
333	428	99	ISABEL GONCALVES	OLIMPICO VIANENSE TRAIL	F	47	01:09:39	FGERAL
245	429	330	CLAUDIO SILVA	ORDEM CRESCENTE FAMILIA	M	42	01:09:48	MGERAL
189	430	331	CARLOS LOPES	GIVEC	M	41	01:09:52	MGERAL
203	431	100	ANGELINA SILVA		F	50	01:10:17	FGERAL
517	432	332	JOSE MIRANDA	OS MANCOS	M	49	01:10:38	MGERAL
354	433	101	AMALIA PEDRA	RENASCE	F	49	01:10:38	FGERAL
494	434	333	FILIPE MARTINS		M	48	01:10:46	MGERAL
591	435	334	NUNO NOGUEIRA		M	17	01:10:48	MGERAL
593	436	335	ANDRE FREITAS		M	34	01:10:48	MGERAL
285	437	336	JOSE FARIA		M	39	01:10:49	MGERAL
438	438	102	LARA CARVALHO		F	32	01:10:53	FGERAL
138	439	103	MARIA MENDES	OS ISABELINHAS	F	54	01:11:10	FGERAL
240	440	104	IVONE MEIREIS	RENASCE	F	52	01:11:22	FGERAL

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
423	441	105	ANA FERNANDES		F	39	01:11:22	FGERAL
589	442	106	MARIA ARAUJO		F	38	01:11:25	FGERAL
371	443	107	TANIA SANTOS	BMCAR	F	23	01:11:26	FGERAL
267	444	337		267	M	0	01:11:26	MGERAL
461	445	108	ANA GONCALVES		F	29	01:11:28	FGERAL
588	446	109	ROSA SILVA		F	59	01:11:35	FGERAL
27	447	338	JOAQUIM VALE		M	59	01:11:58	MGERAL
382	448	339	JOSE BOAS		M	36	01:14:06	MGERAL
383	449	340	RICARDO CRISTINO		M	33	01:14:07	MGERAL
125	450	341	PAULO GOMES		M	46	01:14:41	MGERAL
122	451	342	ANTONIO SILVA		M	47	01:14:42	MGERAL
119	452	110	JULIANA BARBOSA	B LIFE OUTDOORTEAM	F	42	01:15:29	FGERAL
276	453	111	RAQUEL FERREIRA	B LIFE OUTDOORTEAM	F	39	01:15:29	FGERAL
372	454	343	JOAO GONCALVES	BMCAR	M	45	01:15:34	MGERAL
595	455	112	NATALIA ALVES		F	36	01:15:34	FGERAL
102	456	113	SUSANA BASTOS		F	37	01:17:07	FGERAL
332	457	114	NATALIA FERNANDES		F	36	01:17:11	FGERAL
331	458	115	ANDREIA FARIA	FARIA	F	18	01:18:14	FGERAL
384	459	344	FILIPPE COELHO		M	32	01:18:24	MGERAL
380	460	116	JOANA MARTINS		F	34	01:23:50	FGERAL
381	461	345	HERNANI SILVA		M	30	01:23:51	MGERAL
123	462	117	ONDINA PEREIRA		F	42	01:24:05	FGERAL
124	463	118	ISABEL PEREIRA		F	45	01:24:07	FGERAL
373	464	119	CLAUDIA FERNANDES	BMCAR	F	21	01:26:43	FGERAL
293	465	346	TIAGO SILVA		M	21	01:26:43	MGERAL
401	466	120	ROSA MENDES	AIRAO TRAIL TEAM (ATT)	F	46	01:27:22	FGERAL
131	467	121	MARIA CAPELO	OS ISABELINHAS	F	56	01:29:55	FGERAL
134	468	347	ALBERTO MENDES	OS ISABELINHAS	M	52	01:32:20	MGERAL
211	469	348	LUIS CERQUEIRA		M	18	01:32:27	MGERAL
230	470	349	PAULO CORREIA	GIVEC	M	16	01:32:27	MGERAL