

21K - STAGE 1

21 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	1202	Jose Carlos Cachola Mestre	individual	Senior Masculino	01:40:17	+20:09	04:47
40	1350	Rui Miguel baeta Nogueira	juventude	Veterano M40	01:40:20	+20:12	04:47
41	1212	Nuno Castel-Branco	individual	Senior Masculino	01:40:34	+20:25	04:47
42	1445	Fernando Meira	riofit running	Veterano M40	01:40:41	+20:32	04:48
43	1014	Pedro Guimaraes	a+	Veterano M40	01:41:29	+21:20	04:50
44	1499	Pedro Pimentel	tugas na estrada	Veterano M40	01:41:36	+21:28	04:50
45	1028	segundo rodrigues	arcorun	Veterano M60	01:41:43	+21:35	04:51
46	1371	Jorge Domingues	lebres minhotas	Veterano M40	01:42:05	+21:57	04:52
47	1184	Francisco Miguel Carneiro Matos Ramalhosa	individual	Senior Masculino	01:42:33	+22:24	04:53
48	1228	Rui Miguel da Costa Leite	individual	Senior Masculino	01:43:07	+22:59	04:55
49	1081	Pedro Leandro Nogueira	clube vodafone	Senior Masculino	01:43:25	+23:16	04:55
50	1038	TONI NETO	aves runners	Senior Masculino	01:43:25	+23:17	04:55
51	1355	Ernesto Marques Alves	juventude cortegacense	Veterano M40	01:43:26	+23:17	04:56
52	1082	Mark Velhote	clube vodafone	Veterano M40	01:43:26	+23:17	04:56
53	1460	Francisco Cunha	sociedade recreio cepanense	Veterano M40	01:43:35	+23:26	04:56
54	1016	Marco Paulo Sousa Andrade	afipre team / chrono.pt	Senior Masculino	01:44:25	+24:17	04:58
55	1237	Luis Machado Cerqueira	individual	Sub 23 Masculino	01:44:52	+24:43	05:00
56	1065	Jorge Silva	centro ciclista de gondomar	Veterano M50	01:45:00	+24:51	05:00
57	1428	António Borges	porto sentido runners	Veterano M40	01:45:06	+24:58	05:00
58	1052	Nelson Miguel Ferreira Ribeiro Torres	bai k andas team	Senior Masculino	01:45:35	+25:27	05:02
59	1510	Telmo Figueiredo	unidos à fresca	Veterano M40	01:45:38	+25:29	05:02
60	1022	Ezequiel Fernandes	águas de alvelos	Veterano M40	01:45:54	+25:45	05:03
61	1360	Pedro Miguel de Ascensão Neves	juventude desportiva de gondomar	Senior Masculino	01:45:56	+25:47	05:03
62	1204	JOSÉ SILVA	individual	Senior Masculino	01:45:57	+25:48	05:03
63	1523	Miguel Costa	individual	Senior Masculino	01:45:57	+25:49	05:03
64	1357	Joao Paulo Oliveira	juventude cortegacense	Veterano M40	01:46:10	+26:02	05:03
65	1190	João Carlos Ferreira da Silva	individual	Senior Masculino	01:46:12	+26:03	05:03
66	1448	Manuel Lopes	riofit running	Veterano M50	01:46:28	+26:19	05:04
67	1306	Paulo Fernandes	individual	Veterano M40	01:46:28	+26:19	05:04
68	1519	Joao Ricardo	vimarunners	Senior Masculino	01:46:29	+26:21	05:04
69	1370	António Martins	lebres minhotas	Senior Masculino	01:46:48	+26:40	05:05
70	1272	David José Almeida Ferreira	individual	Veterano M40	01:46:48	+26:40	05:05
71	1468	André Garcia Vieira de Sá	ss montepio	Senior Masculino	01:47:08	+27:00	05:06
72	1221	Pedro Rodrigues	individual	Senior Masculino	01:47:15	+27:06	05:06
73	1492	Ricardo Maia	team lanthemil	Senior Masculino	01:47:16	+27:08	05:06
74	1378	José Sá	lion runners - g. d. leões da guarda	Senior Masculino	01:47:27	+27:19	05:07
75	1291	jose domingos duarte nogueira	individual	Veterano M40	01:47:38	+27:29	05:08
76	1331	Mateus Silva	individual	Veterano M50	01:47:42	+27:33	05:08
77	1372	Miguel Domingues	lebres minhotas	Veterano M40	01:47:48	+27:40	05:08
78	1391	Serafim Ramos	lion runners - g. d. leões da guarda	Veterano M50	01:48:00	+27:52	05:09
79	1199	Jorge Fernandes	individual	Senior Masculino	01:48:13	+28:05	05:09
80	1368	Hugo Martins	la zinco	Senior Masculino	01:48:13	+28:05	05:09
81	1273	DE CASTRO	individual	Veterano M40	01:48:37	+28:28	05:10
82	1172	Carlos Teixeira	individual	Senior Masculino	01:48:38	+28:30	05:10

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	1267	António Caldas	individual	Veterano M40	01:48:39	+28:30	05:10
84	1449	Anita Costa	royal wellness center	Senior Feminino	01:48:50	+28:41	05:11
85	1170	Bruno Resende	individual	Senior Masculino	01:49:07	+28:59	05:12
86	118	João Edmundo Alexandre	individual	Senior Masculino	01:49:14	+29:05	05:12
87	1091	Rita Ribeiro	correr lisboa	Senior Feminino	01:49:15	+29:07	05:12
88	1093	Vasco Tavares	correr lisboa	Veterano M40	01:49:16	+29:07	05:12
89	1148	Natália Pires Amoedo	individual	Senior Feminino	01:49:25	+29:16	05:13
90	1361	Agostinho da Silva Neves	juventude desportiva de gondomar	Veterano M60	01:49:34	+29:26	05:13
91	1103	Fernando Marinho	ferromi	Senior Masculino	01:49:47	+29:38	05:14
92	1459	António Pereira	sociedade recreio cepanense	Veterano M40	01:49:51	+29:43	05:14
93	1226	Rui Alberto Soares Fonseca	individual	Senior Masculino	01:49:55	+29:47	05:14
94	1436	Luís Nuno Gonçalves de Oliveira	rexemingas team	Veterano M40	01:50:13	+30:05	05:15
95	1077	MARCO ANDRÉ DA SILVA ALMEIDA	clube galp - norte	Veterano M40	01:50:53	+30:45	05:17
96	1326	Henrique Borges	individual	Veterano M50	01:50:54	+30:46	05:17
97	1216	Pedro Castro	individual	Senior Masculino	01:50:59	+30:51	05:17
98	1354	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	01:51:01	+30:53	05:17
99	1121	RUI EDUARDO FLORINDO ROLO	ginásio clube de bragança	Veterano M40	01:51:12	+31:04	05:18
100	1444	Abilio Oliveira	riofit running	Veterano M40	01:51:52	+31:44	05:20
101	1053	Nuno Santos	bai k andas team	Senior Masculino	01:51:58	+31:50	05:20
102	1203	José Padrão	individual	Senior Masculino	01:52:07	+31:58	05:20
103	1443	Cidalia Novais	rinus fafe	Veterana F40	01:52:14	+32:05	05:21
104	1305	paulo fernanded	individual	Veterano M40	01:52:15	+32:07	05:21
105	1233	Tiago Lages Ribeiro	individual	Senior Masculino	01:52:16	+32:07	05:21
106	1080	Nuno Bastos	clube vodafone	Senior Masculino	01:52:30	+32:21	05:21
107	1066	Filipe Alves	cerveira team running/clube celtas do minho	Veterano M40	01:52:51	+32:42	05:22
108	1287	Jorge Manuel Afonso Pires	trail team montaria	Veterano M40	01:52:57	+32:49	05:23
109	1045	HELDER COSTA	aves runners	Veterano M40	01:52:58	+32:50	05:23
110	1043	FILIPE PEDROSA	aves runners	Veterano M40	01:52:58	+32:50	05:23
111	1182	Filipe Machado	individual	Senior Masculino	01:53:05	+32:57	05:23
112	1313	Ricardo Luís Lima Pinto Teixeira	individual	Veterano M40	01:53:06	+32:57	05:23
113	1335	Paulo Pinheiro	individual	Veterano M50	01:53:09	+33:00	05:23
114	1340	Sergio Sá Magalhães	individual	Veterano M50	01:53:10	+33:02	05:23
115	1338	Raul Macedo	individual	Veterano M50	01:53:13	+33:04	05:23
116	1235	João Francisco Gonçalves	individual	Sub 23 Masculino	01:53:16	+33:07	05:24
117	1484	Erasmus Alves	taylors325	Veterano M40	01:53:24	+33:16	05:24
118	1521	Paula Quintela	xirobloc	Veterana F50	01:53:25	+33:17	05:24
119	1304	Paulo Antunes	individual	Veterano M40	01:53:28	+33:20	05:24
120	1446	João Silva	riofit running	Veterano M40	01:53:39	+33:30	05:25
121	1472	Nuno Alexandre Martins Leite Ribeiro	ss montepio	Senior Masculino	01:53:46	+33:38	05:25
122	1087	Manuel Antonio Ferreira Pinto Teixeira	cmmcp	Veterano M40	01:53:51	+33:43	05:25
123	1130	Domingos Vieira	grupo desportivo recreativo juventude das ribeiras	Veterano M50	01:53:52	+33:43	05:25

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
124	1501	Rui Rito	turbulentos	Senior Masculino	01:53:57	+33:48	05:26
125	1376	Sofia Pimenta	lion runners - g. d. leões da guarda	Senior Feminino	01:54:01	+33:53	05:26
126	1192	João Paulo Castro	individual	Senior Masculino	01:54:04	+33:55	05:26
127	1175	David Camelo	individual	Senior Masculino	01:54:11	+34:02	05:26
128	1442	Rui Lobo Castro	rinus fafe	Senior Masculino	01:54:13	+34:05	05:26
129	1024	Vítor Almeida	all about spirit team	Veterano M50	01:54:16	+34:07	05:26
130	1048	RAFAEL GOUVEIA	aves runners	Veterano M40	01:54:17	+34:09	05:27
131	1039	EVA GOUVEIA	aves runners	Veterana F40	01:54:17	+34:09	05:27
132	1181	Filipe Faria	individual	Senior Masculino	01:54:37	+34:29	05:27
133	1104	Alcino Sousa	filipe	Veterano M60	01:54:40	+34:31	05:28
134	1389	Paulo Brás	lion runners - g. d. leões da guarda	Veterano M50	01:54:42	+34:33	05:28
135	1358	Jorge Augusto Oliveira Guerra	juventude cortegacense	Veterano M40	01:54:43	+34:34	05:28
136	1435	Luís Filipe Vieira Soares	rexemingas team	Veterano M40	01:54:45	+34:37	05:28
137	1513	Augusta Silva	viana running	Veterana F40	01:54:47	+34:38	05:28
138	1512	Douglas Nascimento	viana running	Senior Masculino	01:54:53	+34:44	05:28
139	1333	Nuno Rodrigues	individual	Veterano M50	01:54:55	+34:46	05:28
140	1290	Jose Antonio SALGADO RUA	individual	Veterano M40	01:54:58	+34:50	05:28
141	1023	Rui Fernandes	alive runners	Veterano M40	01:55:02	+34:54	05:29
142	1180	Fernando Pinheiro	individual	Senior Masculino	01:55:06	+34:57	05:29
143	1220	Pedro Pereira	individual	Senior Masculino	01:55:19	+35:10	05:29
144	1100	Alberto Ricardo Fernandes Lucas	falta muito?	Senior Masculino	01:55:32	+35:23	05:30
145	1476	Nuno Bastos	ss montepio	Veterano M40	01:55:32	+35:23	05:30
146	1083	Nuno Gomes de Pina	clube vodafone	Veterano M40	01:55:33	+35:25	05:30
147	1165	André Neves	individual	Senior Masculino	01:55:33	+35:25	05:30
148	1075	João Vasco Gil da Silva Gomes Ferreira	clube do pessoal edp - delegação de gaia	Veterano M40	01:55:55	+35:46	05:31
149	1217	pedro Castro	individual	Senior Masculino	01:55:57	+35:48	05:31
150	1292	José Duarte	individual	Veterano M40	01:56:02	+35:53	05:32
151	3170	Juliana Onuma	viana running / edv viana trail	Veterana F40	01:56:03	+35:54	05:32
152	1133	Nuno Almeida	guimarunning	Senior Masculino	01:56:17	+36:09	05:32
153	1433	Carlos Jorge	reumaticos	Veterano M40	01:56:23	+36:15	05:33
154	1047	HONORATO COELHO	aves runners	Veterano M40	01:56:28	+36:19	05:33
155	1096	Paulo Vilaverde	edv-viana trail	Veterano M40	01:56:31	+36:22	05:33
156	1013	Gonçalo Nazaré	a.c.r casais das boiças	Senior Masculino	01:56:35	+36:26	05:33
157	1281	JAVIER PEREZ ALONSO	individual	Veterano M40	01:56:46	+36:37	05:34
158	1297	Marco Dias	individual	Veterano M40	01:57:00	+36:51	05:34
159	1491	Pedro Coelho	team lanthemil	Senior Masculino	01:57:01	+36:53	05:34
160	1493	Vítor Horácio Esteves Correia	team lanthemil	Senior Masculino	01:57:01	+36:53	05:34
161	1015	Filipe Ribeiro	acv vermoim	Veterano M40	01:57:05	+36:57	05:35
162	1511	Ricardo Osório	unidos à fresca	Veterano M60	01:57:08	+37:00	05:35
163	1509	Paulo Osorio	unidos à fresca	Veterano M40	01:57:08	+37:00	05:35
164	1508	Daniela Soares	unidos à fresca	Senior Feminino	01:57:08	+37:00	05:35
165	1088	Tiago Fernandes da Silva Montalvão Coelho	correr leça	Senior Masculino	01:57:13	+37:05	05:35
166	1329	Manuel Pegas Rodrigues	individual	Veterano M50	01:57:18	+37:09	05:35
167	1299	Mário Pereira	individual	Veterano M40	01:57:26	+37:18	05:36

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
168	1160	Vera Lúcia Cruz Fernandes	individual	Senior Feminino	01:57:41	+37:32	05:36
169	1034	GABRIEL CARNEIRO	aves runners	Senior Masculino	01:57:53	+37:45	05:37
170	1408	Fábio Silva	nós acreditamos	Sub 23 Masculino	01:58:03	+37:54	05:37
171	1275	Eliseu Manuel Campos Leite	individual	Veterano M40	01:58:10	+38:02	05:38
172	1173	Christophe Moreira	individual	Senior Masculino	01:58:14	+38:05	05:38
173	1285	Jorge Alves	individual	Veterano M40	01:58:14	+38:06	05:38
174	1529	Nuno Miguel Gonçalves Pereira	individual	Veterano M40	01:58:19	+38:10	05:38
175	1469	Diogo Matos	ss montepio	Senior Masculino	01:58:25	+38:17	05:38
176	1505	Vitor Pacheco	turbulentos	Veterano M40	01:58:26	+38:17	05:38
177	1327	josé couto	individual	Veterano M50	01:58:30	+38:22	05:39
178	1157	Solange Sousa	individual	Senior Feminino	01:58:35	+38:27	05:39
179	1314	Ricardo Silva	individual	Veterano M40	01:59:04	+38:56	05:40
180	1356	Hélder Fernandes da Rocha	juventude cortegacense	Veterano M40	01:59:09	+39:00	05:40
181	1222	Pierre Gomes	cerveira team running	Senior Masculino	01:59:11	+39:02	05:41
182	1421	Lino Moreira	os turbomula	Veterano M60	01:59:37	+39:29	05:42
183	1019	Paulo Jorge Martins Abreu	afipre team / chrono.pt	Veterano M40	01:59:52	+39:44	05:42
184	1218	Pedro Gomes	individual	Senior Masculino	01:59:56	+39:48	05:43
185	1387	Ernesto Martins	lion runners - g. d. leões da guarda	Veterano M50	02:00:07	+39:58	05:43
186	1461	António Mendes	sociedade recreio cepanense	Veterano M50	02:00:07	+39:59	05:43
187	1440	Sandrina Carneiro	rinus fafe	Senior Feminino	02:00:07	+39:59	05:43
188	1388	Mário Soares	lion runners - g. d. leões da guarda	Veterano M50	02:00:09	+40:01	05:43
189	1215	Pawel Kozela	individual	Senior Masculino	02:00:36	+40:28	05:45
190	1151	Ribot	individual	Senior Feminino	02:00:41	+40:33	05:45
191	1352	Tiago Padrela Ferreira da silva	juventude cortegacense	Senior Masculino	02:00:42	+40:34	05:45
192	1347	Paulo Nobre	inquipa	Senior Masculino	02:00:44	+40:35	05:45
193	1346	Diogo Aguiar	inquipa	Senior Masculino	02:00:44	+40:36	05:45
194	1012	Rui Filipe Silva	100meta	Senior Masculino	02:00:46	+40:38	05:45
195	1200	Jorge Loureiro	individual	Senior Masculino	02:00:53	+40:45	05:45
196	1534	Luis Barreiro	domoweb	Senior Masculino	02:01:13	+41:04	05:46
197	1535	Nelson Ferreira	domoweb	Senior Masculino	02:01:22	+41:13	05:47
198	1169	Bruno Freire	individual	Senior Masculino	02:01:26	+41:18	05:47
199	1139	Ana Marques	individual	Senior Feminino	02:01:26	+41:18	05:47
200	1502	Simão Vilaça	turbulentos	Senior Masculino	02:01:30	+41:22	05:47
201	1437	Ricardo Duarte	cerveira team running	Senior Masculino	02:01:32	+41:24	05:47
202	1483	Américo Santos	taylors325	Veterano M40	02:01:33	+41:25	05:47
203	1471	José Miguel Patricio Córias	ss montepio	Senior Masculino	02:01:41	+41:33	05:48
204	1470	Gil Alexandre da Conceição Morgado	ss montepio	Senior Masculino	02:01:42	+41:34	05:48
205	1011	Filipe Almeida	100fobias	Senior Masculino	02:01:49	+41:40	05:48
206	1120	PEDRO NUNO AFONSO GONÇALVES	ginásio clube de bragança	Veterano M40	02:01:57	+41:48	05:48
207	1003	Carlos Cunha	cunhas	Senior Masculino	02:02:03	+41:54	05:49
208	1407	Leandro Teixeira	nós acreditamos	Senior Masculino	02:02:05	+41:57	05:49
209	1402	Firmino Mendes	montanha clube trail running/efapel	Veterano M50	02:02:09	+42:01	05:49
210	1310	Pedro Rola	individual	Veterano M40	02:02:11	+42:03	05:49
211	1344	Jorge Vieira Dias Lobo	individual	Veterano M60	02:02:26	+42:18	05:50

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
212	1049	António José Pinheiro	aztrail	Veterano M40	02:02:38	+42:29	05:50
213	1134	Ângela Costa	guimarunning	Veterana F40	02:02:41	+42:33	05:51
214	1102	Artur Teixeira Ferraz	falta muito?	Veterano M50	02:02:56	+42:48	05:51
215	1412	Fernando Silva	nós acreditamos	Veterano M50	02:02:57	+42:48	05:51
216	1174	Daniel Carvalho Rocha	individual	Senior Masculino	02:03:14	+43:05	05:52
217	1036	Mário Lima	aves runners	Senior Masculino	02:03:22	+43:13	05:52
218	1334	Paulo Dionisio da Silva Freire	individual	Veterano M50	02:03:38	+43:30	05:53
219	1099	Rui Freitas	esgalhada trail team	Senior Masculino	02:03:42	+43:34	05:53
220	1033	DINIS SOARES	aves runners	Senior Masculino	02:03:57	+43:49	05:54
221	1046	HELDER MARTINS	aves runners	Veterano M40	02:04:02	+43:53	05:54
222	1425	Elizabete Loureiro	porto sentido runners	Veterana F40	02:04:05	+43:57	05:55
223	1035	JORGE COSTA	aves runners	Senior Masculino	02:04:07	+43:59	05:55
224	1225	Ricardo Quintas	individual	Senior Masculino	02:04:07	+43:59	05:55
225	1309	Pedro Pereira	individual	Veterano M40	02:04:16	+44:07	05:55
226	1293	Jose Gonçalo Gomes Guedes Rodrigued	individual	Veterano M40	02:04:22	+44:13	05:55
227	1185	Gilberto da Cunha Dias	individual	Senior Masculino	02:04:23	+44:14	05:55
228	1330	martinho cunha	individual	Veterano M50	02:04:23	+44:15	05:55
229	1090	Luísa Nogueira	correr lisboa	Senior Feminino	02:04:26	+44:17	05:56
230	1067	Vítor Araújo	cerveira team running/clube celtas do minho	Veterano M40	02:04:30	+44:22	05:56
231	1321	Alexandre Viegas Maniés	individual	Veterano M50	02:04:32	+44:24	05:56
232	1518	Jose Venda Lira	viana running	Veterano M50	02:04:32	+44:24	05:56
233	1209	Miguel Martins	individual	Senior Masculino	02:05:12	+45:04	05:58
234	1430	João Pinheiro	porto sentido runners	Veterano M40	02:05:14	+45:06	05:58
235	200	Luís Oliveira	individual	Veterano M40	02:05:23	+45:15	05:58
236	1490	Filipe Azevedo Rodrigues	team lanthemil	Senior Masculino	02:05:28	+45:19	05:58
237	1487	Sandra Dias	team lanthemil	Senior Feminino	02:05:28	+45:19	05:58
238	1301	Nelson Santos	individual	Veterano M40	02:05:44	+45:35	05:59
239	1251	Marta Cardoso	individual	Veterana F40	02:05:50	+45:41	06:00
240	1268	António Mendes	individual	Veterano M40	02:05:52	+45:44	06:00
241	1164	André Fernandes Pinto	individual	Senior Masculino	02:05:52	+45:44	06:00
242	1089	MANUEL RODRIGUES	correr leça	Veterano M50	02:05:57	+45:48	06:00
243	1032	Marco Dantas	asphalt assault team	Veterano M40	02:06:07	+45:58	06:00
244	1030	António Vela	asphalt assault team	Senior Masculino	02:06:07	+45:59	06:00
245	1031	Paulo Gavina	asphalt assault team	Senior Masculino	02:06:08	+45:59	06:00
246	1390	Paulo Henriques	lion runners - g. d. leões da guarda	Veterano M50	02:06:18	+46:10	06:01
247	1132	Quintino Bacelo	grupo desportivo recreativo juventude das ribeiras	Veterano M50	02:06:18	+46:10	06:01
248	1171	Carlos Carvalho	individual	Senior Masculino	02:06:19	+46:11	06:01
249	1283	João Oliveira	individual	Veterano M40	02:06:38	+46:30	06:02
250	1040	Sandra Veloso	aves runners	Veterana F40	02:06:43	+46:34	06:02
251	1506	António Santos	turbulentos	Veterano M50	02:06:44	+46:36	06:02
252	1507	Artur Silva	turbulentos	Veterano M50	02:06:48	+46:39	06:02
253	1415	Daniel Machado	os fugitivos da crise	Senior Masculino	02:06:52	+46:44	06:02
254	1063	Henrique Matos	centro ciclista de gondomar	Veterano M40	02:06:56	+46:48	06:03
255	1431	Marco Caldas	porto sentido runners	Veterano M40	02:07:03	+46:54	06:03

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
256	1427	Luísa Marques	porto sentido runners	Veterana F40	02:07:03	+46:55	06:03
257	1231	Simão Vasco Pires Fernandes	individual	Senior Masculino	02:07:12	+47:04	06:03
258	1351	Marcio Costa	juventude cortegacense	Senior Masculino	02:07:16	+47:07	06:04
259	1532	Ricardo Santa	individual	Veterano M40	02:07:16	+47:07	06:04
260	1474	João Carlos Silva Leite Freitas	ss montepio	Veterano M40	02:07:24	+47:15	06:04
261	1477	Ricardo José Mendes Ribeiro	ss montepio	Veterano M40	02:07:24	+47:15	06:04
262	53	PEDRO MIGUEL FERNANDES OLIVEIRA	clube galp - norte	Veterano M40	02:08:15	+48:06	06:06
263	52	RUI MIGUEL MOREIRA DIAS	clube galp - norte	Senior Masculino	02:08:15	+48:06	06:06
264	1168	AVELINO SOUSA DIAS	individual	Senior Masculino	02:08:19	+48:10	06:07
265	1481	Paulo Jorge Ferreira Alves Leite	ss montepio	Veterano M50	02:08:23	+48:14	06:07
266	1207	Manuel Martins	individual	Senior Masculino	02:08:24	+48:15	06:07
267	1379	Miguel Mendes	lion runners - g. d. leões da guarda	Senior Masculino	02:08:32	+48:23	06:07
268	1409	Armando Cardoso	nós acreditamos	Veterano M40	02:08:37	+48:28	06:07
269	1298	Mário Alberto Jesus da Silva	individual	Veterano M40	02:08:40	+48:32	06:08
270	1042	ABILIO FERREIRA	aves runners	Veterano M40	02:08:47	+48:38	06:08
271	1307	Paulo Marques	individual	Veterano M40	02:08:54	+48:45	06:08
272	1254	patricia fernandes	individual	Veterana F40	02:08:55	+48:46	06:08
273	1359	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M50	02:08:56	+48:48	06:08
274	1353	Marcia Castro Costa	juventude cortegacense	Veterana F40	02:08:56	+48:48	06:08
275	1230	Sérgio Moreira	individual	Senior Masculino	02:09:09	+49:01	06:09
276	1438	Joana Magalhães	rinus fafe	Senior Feminino	02:09:17	+49:09	06:09
277	1439	Marisa Novais	rinus fafe	Senior Feminino	02:09:18	+49:09	06:09
278	1479	Vitor Manuel Moreira Viana	ss montepio	Veterano M40	02:09:20	+49:11	06:10
279	1234	Tiago Mendonça	individual	Senior Masculino	02:09:34	+49:25	06:10
280	1244	Clarisse Ribeiro	individual	Veterana F40	02:09:36	+49:28	06:10
281	1115	Ricardo Silva	gerês forever	Veterano M40	02:09:49	+49:40	06:11
282	1343	Álvaro José Pontes Oliveira	individual	Veterano M60	02:09:56	+49:48	06:11
283	1025	António Tomás Kirsch Belo Ferreira	all-about	Veterano M50	02:10:08	+49:59	06:12
284	1345	José Carlos Pereira Gomes	individual	Veterano M60	02:10:12	+50:04	06:12
285	1186	gilberto ricardo batista pereira duque	individual	Senior Masculino	02:10:14	+50:05	06:12
286	1311	Ricardo Baptista	individual	Veterano M40	02:10:14	+50:05	06:12
287	1455	MARIA DE LURDES BARBEDO	runriver associação de atletismo de rio tinto	Veterana F40	02:10:22	+50:13	06:12
288	1456	HENRIQUE BARBEDO	runriver associação de atletismo de rio tinto	Veterano M40	02:10:22	+50:13	06:12
289	1252	MIOSETE SILVA	individual	Veterana F40	02:10:32	+50:24	06:13
290	1288	Jorge Manuel Campelos Soares	individual	Veterano M40	02:10:50	+50:42	06:14
291	1027	Márcia Vilas Boas Bandeira	amigos da montanha	Veterano M40	02:10:56	+50:48	06:14
292	1242	Carla Gonçalves	individual	Veterana F40	02:11:09	+51:00	06:15
293	1458	SERGIO CUNHA	runriver associação de atletismo de rio tinto	Veterano M40	02:11:13	+51:04	06:15
294	1126	LUIS ALMEIDA	ginásio fit 4 fun	Veterano M40	02:11:30	+51:22	06:16
295	1127	DURBALINO FERREIRA	ginásio fit 4 fun	Veterano M50	02:11:31	+51:22	06:16

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REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
296	1504	Teresa Silva	turbulentos	Veterana F40	02:11:41	+51:32	06:16
297	1457	RICARDO MAIA	runriver associação de atletismo de rio tinto	Veterano M40	02:11:41	+51:33	06:16
298	1107	Ana coelho	gaia running	Senior Feminino	02:11:43	+51:34	06:16
299	1255	Sofia Guerra	individual	Veterana F40	02:11:47	+51:39	06:17
300	1315	ROBERTO CASAS PEREZ	individual	Veterano M40	02:11:50	+51:41	06:17
301	1524	Francisco Machado	individual	Senior Masculino	02:12:03	+51:54	06:17
302	1441	João Lira	rinus fafe	Senior Masculino	02:12:04	+51:56	06:17
303	1341	Valdemar Almeida	individual	Veterano M50	02:12:05	+51:56	06:17
304	269	joao paulo almeida	kaninos	Veterano M50	02:12:10	+52:01	06:18
305	1482	Rui Pinto	taylors325	Senior Masculino	02:12:22	+52:14	06:18
306	1337	Pedro Castel-Branco	individual	Veterano M50	02:12:41	+52:32	06:19
307	1097	Olga Martins	ermida team	Senior Feminino	02:12:43	+52:35	06:19
308	1447	Joaquim Oliveira	riofit running	Veterano M50	02:12:44	+52:36	06:19
309	1462	Rogério Rocha	solas rotas	Veterano M40	02:12:45	+52:36	06:19
310	1396	Luís Simas Meném	mais crianças que adultos	Veterano M40	02:12:49	+52:40	06:19
311	1394	Fernando Costa	mais crianças que adultos	Veterano M40	02:12:49	+52:40	06:19
312	1395	Luís Mata	mais crianças que adultos	Veterano M40	02:12:49	+52:40	06:19
313	1514	Veiga Carmo	viana running	Veterana F40	02:12:57	+52:49	06:20
314	1286	JORGE CARIA	individual	Veterano M40	02:13:11	+53:03	06:21
315	1503	Alzira Almeida	turbulentos	Veterana F40	02:13:17	+53:08	06:21
316	1147	Mariana da Silva Ferreira	team lantermil	Senior Feminino	02:13:28	+53:19	06:21
317	1249	Elisabete Gonçalves	individual	Veterana F40	02:13:31	+53:23	06:21
318	1070	Sérgio ferreira	clube de atletismo de arentim e cunha - caac	Senior Masculino	02:13:35	+53:26	06:22
319	1238	Ana Ferreira	individual	Veterana F40	02:13:37	+53:29	06:22
320	1383	Maria Ricardo	lion runners - g. d. leões da guarda	Veterana F50	02:13:38	+53:30	06:22
321	1377	Carlos Mendes	lion runners - g. d. leões da guarda	Senior Masculino	02:13:38	+53:30	06:22
322	1210	Miguel Pereira	individual	Senior Masculino	02:14:00	+53:51	06:23
323	1434	Rui Pinho	reumaticos	Veterano M40	02:14:11	+54:03	06:23
324	1432	Alexandre Santos	reumaticos	Veterano M40	02:14:11	+54:03	06:23
325	1420	Carlos Ribeiro	os tolinhos	Veterano M40	02:14:28	+54:19	06:24
326	1274	Dias Paul Serge	individual	Veterano M40	02:14:36	+54:28	06:25
327	1208	Michel Martins	individual	Senior Masculino	02:14:36	+54:28	06:25
328	1271	Barros Toni	individual	Veterano M40	02:14:37	+54:28	06:25
329	1480	Paulo Jorge da Cunha Rainho	ss montepio	Veterano M50	02:14:41	+54:32	06:25
330	1118	TERESA DE JESUS ALVES CATITA	ginásio clube de bragança	Veterana F50	02:15:05	+54:56	06:26
331	1475	João Mesquita	ss montepio	Veterano M40	02:15:17	+55:08	06:27
332	1229	Rui Pedro Dias Botelho	individual	Senior Masculino	02:15:18	+55:10	06:27
333	1145	Karolina Rogowska	individual	Senior Feminino	02:15:21	+55:12	06:27
334	1041	DELFINA ROMPANTE	aves runners	Veterana F50	02:15:29	+55:21	06:27
335	1158	Susana Araújo	individual	Senior Feminino	02:15:44	+55:36	06:28
336	1155	Silvia Rafael	individual	Senior Feminino	02:15:51	+55:42	06:28
337	1278	Filipe Pereira	individual	Veterano M40	02:15:51	+55:42	06:28
338	1295	Luís Carlos Rocha	individual	Veterano M40	02:15:56	+55:48	06:28
339	1320	Victor Manuel	individual	Veterano M40	02:15:56	+55:48	06:28

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
340	1135	Catarina Barbosa	happy runners	Senior Feminino	02:16:00	+55:51	06:29
341	1136	Nuno Martins	happy runners	Senior Masculino	02:16:04	+55:56	06:29
342	1140	Banita	individual	Senior Feminino	02:16:12	+56:03	06:29
343	1422	Clara Raimundo	pernas de gafanhoto	Veterana F40	02:16:29	+56:20	06:30
344	1467	Joana Isabel Pinheiro Azevedo	ss montepio	Senior Feminino	02:16:40	+56:31	06:30
345	1317	Rui Loureiro	individual	Veterano M40	02:16:42	+56:33	06:31
346	1129	Albina Vieira	grupo desportivo recreativo juventude das ribeiras	Veterana F50	02:17:17	+57:09	06:32
347	1056	Nuno Santos	bpm/adi-higiene	Veterano M40	02:17:17	+57:09	06:32
348	1495	Mónica Martins	team lanthemil	Veterana F40	02:17:18	+57:10	06:32
349	1325	Diamantino Martins Ribeiro	individual	Veterano M50	02:17:21	+57:13	06:32
350	1176	David Martins	individual	Senior Masculino	02:17:23	+57:14	06:33
351	1110	Hugo Martins	gerês forever	Senior Masculino	02:17:25	+57:16	06:33
352	1191	Joao Monteiro	individual	Senior Masculino	02:17:26	+57:17	06:33
353	1224	Ricardo cruz	individual	Senior Masculino	02:17:26	+57:18	06:33
354	1397	Lara Pereira	matilharun	Senior Feminino	02:17:36	+57:27	06:33
355	1227	Rui Jorge Fontes Costa	individual	Senior Masculino	02:17:46	+57:38	06:34
356	1257	Sónia Pereira	individual	Veterana F40	02:17:48	+57:39	06:34
357	1247	CRISTINA ALEIXO	individual	Veterana F40	02:18:01	+57:53	06:34
358	1062	Sandra Matos	centro ciclista de gondomar	Veterana F40	02:18:13	+58:04	06:35
359	1525	Humberto Cordeiro Correia Carvalho	individual	Veterano M40	02:18:26	+58:17	06:36
360	1530	Ana Silva	individual	Veterana F40	02:18:26	+58:18	06:36
361	1263	Maria Laranja	individual	Veterana F50	02:18:27	+58:18	06:36
362	1373	Claire Bétry	les zouzous	Senior Feminino	02:18:30	+58:21	06:36
363	1374	Clément legris	les zouzous	Senior Masculino	02:18:30	+58:22	06:36
364	1044	GABRIEL FREITAS	aves runners	Veterano M40	02:18:38	+58:30	06:36
365	1496	Jorge marques	team lanthemil	Veterano M40	02:18:59	+58:50	06:37
366	1382	Isabel Pinto	lion runners - g. d. leões da guarda	Veterana F40	02:19:03	+58:54	06:37
367	1381	dina goncalves	lion runners - g. d. leões da guarda	Veterana F40	02:19:03	+58:55	06:37
368	1527	Edgar Seabra	individual	Senior Masculino	02:19:17	+59:08	06:38
369	1404	LUIS FERREIRA	nocturnos de paredes	Veterano M50	02:19:36	+59:28	06:39
370	1124	ANA PISSARRA	ginásio fit 4 fun	Veterana F40	02:19:48	+59:39	06:39
371	1144	Isabel Cristina oliveira ferreira	individual	Senior Feminino	02:19:48	+59:40	06:39
372	1211	Miguel Teixeira	individual	Senior Masculino	02:20:03	+59:54	06:40
373	1417	Mário Lopes	os perigosos	Veterano M40	02:20:39	+01:00:31	06:42
374	1328	Justino Gonçalves	individual	Veterano M50	02:21:01	+01:00:53	06:43
375	1153	Rozires Ferreira	individual	Senior Feminino	02:21:50	+01:01:42	06:45
376	1187	Hernâni Manuel Silva Veríssimo	individual	Senior Masculino	02:22:11	+01:02:02	06:46
377	1150	Paula Carneiro	individual	Senior Feminino	02:22:11	+01:02:03	06:46
378	1137	CÉSAR LISBOA	hsantamariart	Senior Masculino	02:22:12	+01:02:03	06:46
379	1092	Susana Amorim	correr lisboa	Senior Feminino	02:22:13	+01:02:05	06:46
380	1336	Paulo Ribeiro	individual	Veterano M50	02:22:14	+01:02:05	06:46
381	1419	José Henriques	os perigosos	Veterano M60	02:22:25	+01:02:16	06:47
382	2331	Artur Moreira	vianetas	Veterano M50	02:22:32	+01:02:23	06:47
383	1246	CONCEIÇÃO FERREIRA	individual	Veterana F40	02:22:34	+01:02:26	06:47

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
384	1366	Joana Paiva	la zinco	Senior Feminino	02:22:39	+01:02:30	06:48
385	1367	Helder Silva	la zinco	Senior Masculino	02:22:39	+01:02:30	06:48
386	1365	Helena Cerqueda	la zinco	Senior Feminino	02:22:39	+01:02:31	06:48
387	1339	Rui Lobo Machado	individual	Veterano M50	02:22:58	+01:02:49	06:48
388	1403	Ana Barroso	no tomorrow running team	Veterana F40	02:23:00	+01:02:51	06:49
389	1429	Ernesto Eduardo Ribeiro	porto sentido runners	Veterano M40	02:23:09	+01:03:01	06:49
390	1026	Joaquim Seca	alto relevo - clube de montanhismo	Veterano M50	02:23:38	+01:03:29	06:50
391	1319	Rui Martins	individual	Veterano M40	02:23:50	+01:03:42	06:51
392	1152	Rita Catarina Marques Gabriel	individual	Senior Feminino	02:24:42	+01:04:33	06:53
393	1154	Sandra Manuela da Silva Zeferino	individual	Senior Feminino	02:24:44	+01:04:36	06:54
394	1163	Ana Sofia Moreira Pimentel	individual	Senior Feminino	02:24:45	+01:04:36	06:54
395	1318	Rui Martins	individual	Veterano M40	02:24:54	+01:04:46	06:54
396	1111	Nuno Serrão	gerês forever	Senior Masculino	02:24:59	+01:04:50	06:54
397	1113	Mónica Matos	gerês forever	Veterana F40	02:24:59	+01:04:51	06:54
398	1253	monica montenegro	individual	Veterana F40	02:25:10	+01:05:02	06:55
399	1262	Isabel Pereira	individual	Veterana F50	02:25:10	+01:05:02	06:55
400	1375	Ana Isabel Oliveira	lion runners - g. d. leões da guarda	Senior Feminino	02:25:33	+01:05:25	06:56
401	1380	Pedro Bernardes	lion runners - g. d. leões da guarda	Senior Masculino	02:25:34	+01:05:25	06:56
402	1489	Bruno Moreira	team lanthemil	Senior Masculino	02:26:59	+01:06:50	07:00
403	1384	Luis Ferreira	lion runners - g. d. leões da guarda	Veterano M40	02:27:12	+01:07:03	07:01
404	1386	Paulo Ribeiro	lion runners - g. d. leões da guarda	Veterano M40	02:27:12	+01:07:03	07:01
405	1112	Rui Brito	gerês forever	Senior Masculino	02:27:22	+01:07:13	07:01
406	1142	Diana Pereira	individual	Senior Feminino	02:27:23	+01:07:15	07:01
407	1078	Paulo Dias	clube ren	Veterano M50	02:27:24	+01:07:15	07:01
408	1522	Tiago Ferreira	ze team	Senior Masculino	02:27:57	+01:07:49	07:03
409	1196	Joel Sousa	individual	Senior Masculino	02:27:58	+01:07:49	07:03
410	1010	Daniela Varandas	100fobias	Senior Feminino	02:27:59	+01:07:51	07:03
411	1050	Ju Sofia silva Correia	b`life outdoor team	Senior Feminino	02:28:32	+01:08:24	07:04
412	1051	Pedro Bogas	b`life outdoor team	Veterano M40	02:28:32	+01:08:24	07:04
413	1197	Jordan Nanin Calvo	individual	Senior Masculino	02:28:38	+01:08:30	07:05
414	1239	Ana Luísa Ribeiro Pontes Oliveira	individual	Veterana F40	02:28:41	+01:08:32	07:05
415	1057	Silvia faria	budeguita runners	Senior Feminino	02:28:48	+01:08:39	07:05
416	1269	Antonio Rego	individual	Veterano M40	02:28:52	+01:08:44	07:05
417	1393	Albertina Gonçalves	lousada runners	Senior Feminino	02:29:13	+01:09:05	07:06
418	1423	Patrícia Ribeiro	porto sentido runners	Senior Feminino	02:29:14	+01:09:06	07:06
419	1108	Andreia Cristina de Oliveira	georunners portugal	Senior Feminino	02:29:15	+01:09:07	07:06
420	1424	Berta Ferreira	porto sentido runners	Veterana F40	02:30:27	+01:10:18	07:10
421	1260	Fernanda Gomes de Almeida	individual	Veterana F50	02:30:50	+01:10:42	07:11
422	1243	Catarina Vargas	individual	Veterana F40	02:31:14	+01:11:06	07:12
423	1486	Isabel Martins	team lanthemil	Senior Feminino	02:31:23	+01:11:14	07:13
424	1282	João Miguel Vilaça Pires	individual	Veterano M40	02:32:18	+01:12:10	07:15
425	1261	Helena Costa	individual	Veterana F50	02:32:49	+01:12:41	07:17
426	1259	Zulmira Matilde Ribeiro Pontes Oliveira	individual	Veterana F40	02:33:25	+01:13:16	07:18
427	1453	João Castro Lopes	run4lunch	Veterano M40	02:33:25	+01:13:16	07:18

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
428	1454	ACÁCIO MIRANDA	run4lunch	Veterano M50	02:33:25	+01:13:17	07:18
429	1219	Pedro Miguel Torres Machado	individual	Senior Masculino	02:33:34	+01:13:26	07:19
430	1205	José Tiago Machado Gomes	individual	Senior Masculino	02:33:41	+01:13:32	07:19
431	1323	Armenio Sousa	individual	Veterano M50	02:33:53	+01:13:44	07:20
432	1020	PATRICIA MACHADO	afrikanrunners	Senior Feminino	02:34:48	+01:14:39	07:22
433	1021	MARCO RUSSO	afrikanrunners	Senior Masculino	02:34:48	+01:14:39	07:22
434	1156	Sofia Reis	individual	Senior Feminino	02:35:29	+01:15:21	07:24
435	1324	Carlos almeida	individual	Veterano M50	02:35:29	+01:15:21	07:24
436	1488	Sofia Alexandra Silva Pereira	team lanthemil	Senior Feminino	02:36:22	+01:16:14	07:27
437	1485	Carla Araújo	team lanthemil	Senior Feminino	02:36:22	+01:16:14	07:27
438	2060	Sandra Pina	comdor runners	Veterana F40	02:36:41	+01:16:33	07:28
439	2303	Susana Cardoso	ss montepio	Veterana F40	02:36:41	+01:16:33	07:28
440	1363	Paula Capela	kaninos	Veterana F50	02:38:18	+01:18:10	07:32
441	1114	Carlos Morais	gerês forever	Veterano M40	02:39:15	+01:19:07	07:35
442	2061	MLuz Olivença	comdor runners	Veterana F50	02:40:58	+01:20:50	07:40
443	1426	Fátima Mesquita	porto sentido runners	Veterana F40	02:41:28	+01:21:19	07:41
444	1270	Artur Fonseca	individual	Veterano M40	02:42:23	+01:22:15	07:44
445	1276	Emanuel Pinto Pereira Vale	individual	Veterano M40	02:43:06	+01:22:57	07:46
446	1364	MÁRIO SANTIAGO	kaninos	Veterano M50	02:43:19	+01:23:11	07:47
447	1362	MARIA CONDEÇO	kaninos	Veterana F50	02:43:19	+01:23:11	07:47
448	1084	Cândida Vilas-Boas	clube zipper	Veterana F40	02:43:21	+01:23:13	07:47
449	1085	Sandra Alexandra Silva mendes	clube zipper	Veterana F40	02:43:22	+01:23:13	07:47
450	1086	Maria Fátima Marques Ribeiro	clube zipper	Veterana F50	02:43:22	+01:23:13	07:47
451	1494	Ana Martins	team lanthemil	Veterana F40	02:43:42	+01:23:33	07:48
452	1079	Susana cunha	clube trilheiros e amigos	Veterana F40	02:43:42	+01:23:33	07:48
453	1498	Edna Queiros	tugas na estrada	Veterana F40	02:46:34	+01:26:25	07:56
454	1497	Inês Gonçalves	tugas na estrada	Senior Feminino	02:46:34	+01:26:25	07:56
455	1500	Jose Manuel P. Nogueira	tugas na estrada	Veterano M50	02:46:34	+01:26:25	07:56
456	1250	Gonçalves Alda	individual	Veterana F40	02:47:28	+01:27:19	07:58
457	1241	Annika Maria Fryklund	individual	Veterana F40	02:47:28	+01:27:19	07:58
458	1149	Natália Sofia Dantas Martins	individual	Senior Feminino	03:00:06	+01:39:57	08:35
459	1248	Eduarda Freitas	individual	Veterana F40	03:00:06	+01:39:58	08:35
460	1166	António Luís Tavares Teixeira Ferreira	individual	Senior Masculino	03:00:08	+01:39:59	08:35
461	1128	Hugo Costa	gondomar futsal clube	Veterano M40	03:00:13	+01:40:04	08:35
462	1316	ROGERIO AMADEU	individual	Veterano M40	03:00:40	+01:40:31	08:36
463	1277	Filipe Moutinho	individual	Veterano M40	03:03:15	+01:43:07	08:44

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28	1204	JOSÉ SILVA	Individual	Senior Masculino	01:45:57	+25:48	05:03
29	1523	Miguel Costa	Individual	Senior Masculino	01:45:57	+25:49	05:03
30	1190	João Carlos Ferreira da Silva	Individual	Senior Masculino	01:46:12	+26:03	05:03
31	1519	Joao Ricardo	vimarunners	Senior Masculino	01:46:29	+26:21	05:04
32	1370	António Martins	LEBRES MINHOTAS	Senior Masculino	01:46:48	+26:40	05:05
33	1468	André Garcia Vieira de Sá	SS MONTEPIO	Senior Masculino	01:47:08	+27:00	05:06
34	1221	Pedro Rodrigues	Individual	Senior Masculino	01:47:15	+27:06	05:06
35	1492	Ricardo Maia	Team Lantemil	Senior Masculino	01:47:16	+27:08	05:06
36	1378	José Sá	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	01:47:27	+27:19	05:07
37	1199	Jorge Fernandes	Individual	Senior Masculino	01:48:13	+28:05	05:09
38	1368	Hugo Martins	LA Zinco	Senior Masculino	01:48:13	+28:05	05:09
39	1172	Carlos Teixeira	Individual	Senior Masculino	01:48:38	+28:30	05:10
40	1170	Bruno Resende	Individual	Senior Masculino	01:49:07	+28:59	05:12
41	118	João Edmundo Alexandre	Individual	Senior Masculino	01:49:14	+29:05	05:12
42	1103	Fernando Marinho	FERROMI	Senior Masculino	01:49:47	+29:38	05:14
43	1226	Rui Alberto Soares Fonseca	Individual	Senior Masculino	01:49:55	+29:47	05:14
44	1216	Pedro Castro	Individual	Senior Masculino	01:50:59	+30:51	05:17
45	1053	Nuno Santos	BAI K ANDAS TEAM	Senior Masculino	01:51:58	+31:50	05:20
46	1203	José Padrão	Individual	Senior Masculino	01:52:07	+31:58	05:20
47	1233	Tiago Lages Ribeiro	Individual	Senior Masculino	01:52:16	+32:07	05:21
48	1080	Nuno Bastos	Clube Vodafone	Senior Masculino	01:52:30	+32:21	05:21
49	1182	Filipe Machado	Individual	Senior Masculino	01:53:05	+32:57	05:23
50	1472	Nuno Alexandre Martins Leite Ribeiro	SS MONTEPIO	Senior Masculino	01:53:46	+33:38	05:25
51	1501	Rui Rito	TURBULENTOS	Senior Masculino	01:53:57	+33:48	05:26
52	1192	João Paulo Castro	Individual	Senior Masculino	01:54:04	+33:55	05:26
53	1175	David Camelo	Individual	Senior Masculino	01:54:11	+34:02	05:26
54	1442	Rui Lobo Castro	RINUS FAFE	Senior Masculino	01:54:13	+34:05	05:26
55	1181	Filipe Faria	Individual	Senior Masculino	01:54:37	+34:29	05:27
56	1512	Douglas Nascimento	Viana Running	Senior Masculino	01:54:53	+34:44	05:28
57	1180	Fernando Pinheiro	Individual	Senior Masculino	01:55:06	+34:57	05:29
58	1220	Pedro Pereira	Individual	Senior Masculino	01:55:19	+35:10	05:29
59	1100	Alberto Ricardo Fernandes Lucas	FALTA MUITO?	Senior Masculino	01:55:32	+35:23	05:30
60	1165	André Neves	Individual	Senior Masculino	01:55:33	+35:25	05:30
61	1217	pedro Castro	Individual	Senior Masculino	01:55:57	+35:48	05:31
62	1133	Nuno Almeida	Guimarunning	Senior Masculino	01:56:17	+36:09	05:32
63	1013	Gonçalo Nazaré	A.C.R Casais das Boiças	Senior Masculino	01:56:35	+36:26	05:33
64	1491	Pedro Coelho	Team Lantemil	Senior Masculino	01:57:01	+36:53	05:34
65	1493	Vítor Horácio Esteves Correia	Team Lantemil	Senior Masculino	01:57:01	+36:53	05:34
66	1088	Tiago Fernandes da Silva Montalvão Coelho	CORRER LEÇA	Senior Masculino	01:57:13	+37:05	05:35
67	1034	GABRIEL CARNEIRO	Aves Runners	Senior Masculino	01:57:53	+37:45	05:37
68	1173	Christophe Moreira	Individual	Senior Masculino	01:58:14	+38:05	05:38
69	1469	Diogo Matos	SS MONTEPIO	Senior Masculino	01:58:25	+38:17	05:38
70	1222	Pierre Gomes	CERVEIRA TEAM RUNNING	Senior Masculino	01:59:11	+39:02	05:41
71	1218	Pedro Gomes	Individual	Senior Masculino	01:59:56	+39:48	05:43
72	1215	Pawel Kozela	Individual	Senior Masculino	02:00:36	+40:28	05:45

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10	1254	patricia fernandes	Individual	Veterana F40	02:08:55	+48:46	06:08
11	1353	Marcia Castro Costa	JUVENTUDE CORTEGACENSE	Veterana F40	02:08:56	+48:48	06:08
12	1244	Clarisse Ribeiro	Individual	Veterana F40	02:09:36	+49:28	06:10
13	1455	MARIA DE LURDES BARBEDO	RUNRIVER ASSOCIAÇÃO DE ATLETISMO DE RIO TINTO	Veterana F40	02:10:22	+50:13	06:12
14	1252	MIOSETE SILVA	Individual	Veterana F40	02:10:32	+50:24	06:13
15	1242	Carla Gonçalves	Individual	Veterana F40	02:11:09	+51:00	06:15
16	1504	Teresa Silva	TURBULENTOS	Veterana F40	02:11:41	+51:32	06:16
17	1255	Sofia Guerra	Individual	Veterana F40	02:11:47	+51:39	06:17
18	1514	Veiga Carmo	Viana Running	Veterana F40	02:12:57	+52:49	06:20
19	1503	Alzira Almeida	TURBULENTOS	Veterana F40	02:13:17	+53:08	06:21
20	1249	Elisabete Gonçalves	Individual	Veterana F40	02:13:31	+53:23	06:21
21	1238	Ana Ferreira	Individual	Veterana F40	02:13:37	+53:29	06:22
22	1422	Clara Raimundo	Pernas de Gafanhoto	Veterana F40	02:16:29	+56:20	06:30
23	1495	Mónica Martins	Team Lantermil	Veterana F40	02:17:18	+57:10	06:32
24	1257	Sónia Pereira	Individual	Veterana F40	02:17:48	+57:39	06:34
25	1247	CRISTINA ALEIXO	Individual	Veterana F40	02:18:01	+57:53	06:34
26	1062	Sandra Matos	CENTRO CICLISTA DE GONDOMAR	Veterana F40	02:18:13	+58:04	06:35
27	1530	Ana Silva	Individual	Veterana F40	02:18:26	+58:18	06:36
28	1382	Isabel Pinto	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	02:19:03	+58:54	06:37
29	1381	dina goncalves	LION RUNNERS - G. D. Leões da Guarda	Veterana F40	02:19:03	+58:55	06:37
30	1124	ANA PISSARRA	GINÁSIO FIT 4 FUN	Veterana F40	02:19:48	+59:39	06:39
31	1246	CONCEIÇÃO FERREIRA	Individual	Veterana F40	02:22:34	+01:02:26	06:47
32	1403	Ana Barroso	NO TOMORROW RUNNING TEAM	Veterana F40	02:23:00	+01:02:51	06:49
33	1113	Mónica Matos	Gerês Forever	Veterana F40	02:24:59	+01:04:51	06:54
34	1253	monica montenegro	Individual	Veterana F40	02:25:10	+01:05:02	06:55
35	1239	Ana Luísa Ribeiro Pontes Oliveira	Individual	Veterana F40	02:28:41	+01:08:32	07:05
36	1424	Berta Ferreira	Porto Sentido Runners	Veterana F40	02:30:27	+01:10:18	07:10
37	1243	Catarina Varges	Individual	Veterana F40	02:31:14	+01:11:06	07:12
38	1259	Zulmira Matilde Ribeiro Pontes Oliveira	Individual	Veterana F40	02:33:25	+01:13:16	07:18
39	2060	Sandra Pina	ComDor Runners	Veterana F40	02:36:41	+01:16:33	07:28
40	2303	Susana Cardoso	SS MONTEPIO	Veterana F40	02:36:41	+01:16:33	07:28
41	1426	Fátima Mesquita	Porto Sentido Runners	Veterana F40	02:41:28	+01:21:19	07:41
42	1084	Cândida Vilas-Boas	Clube Zupper	Veterana F40	02:43:21	+01:23:13	07:47
43	1085	Sandra Alexandra Silva mendes	Clube Zupper	Veterana F40	02:43:22	+01:23:13	07:47
44	1494	Ana Martins	Team Lantermil	Veterana F40	02:43:42	+01:23:33	07:48
45	1079	Susana cunha	clube trilheiros e amigos	Veterana F40	02:43:42	+01:23:33	07:48
46	1498	Edna Queiros	TUGAS NA ESTRADA	Veterana F40	02:46:34	+01:26:25	07:56
47	1250	Gonçalves Alda	Individual	Veterana F40	02:47:28	+01:27:19	07:58
48	1241	Annika Maria Fryklund	Individual	Veterana F40	02:47:28	+01:27:19	07:58
49	1248	Eduarda Freitas	Individual	Veterana F40	03:00:06	+01:39:58	08:35

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Veterana F50

1	1521	Paula Quintela	Xirobloc	Veterana F50	01:53:25	+33:17	05:24
2	1383	Maria Ricardo	LION RUNNERS - G. D. Leões da Guarda	Veterana F50	02:13:38	+53:30	06:22
3	1118	TERESA DE JESUS ALVES CATITA	GINÁSIO CLUBE DE BRAGANÇA	Veterana F50	02:15:05	+54:56	06:26
4	1041	DELFINA ROMPANTE	Aves Runners	Veterana F50	02:15:29	+55:21	06:27
5	1129	Albina Vieira	Grupo Desportivo Recreativo Juventude das Ribeiras	Veterana F50	02:17:17	+57:09	06:32
6	1263	Maria Laranja	Individual	Veterana F50	02:18:27	+58:18	06:36
7	1262	Isabel Pereira	Individual	Veterana F50	02:25:10	+01:05:02	06:55
8	1260	Fernanda Gomes de Almeida	Individual	Veterana F50	02:30:50	+01:10:42	07:11
9	1261	Helena Costa	Individual	Veterana F50	02:32:49	+01:12:41	07:17
10	1363	Paula Capela	Kaninos	Veterana F50	02:38:18	+01:18:10	07:32
11	2061	MLuz Oliveira	ComDor Runners	Veterana F50	02:40:58	+01:20:50	07:40
12	1362	MARIA CONDEÇO	Kaninos	Veterana F50	02:43:19	+01:23:11	07:47
13	1086	Maria Fátima Marques Ribeiro	Clube Zupper	Veterana F50	02:43:22	+01:23:13	07:47

Veterano M40

1	1536	Amandio Antunes	Afifense Trail	Veterano M40	01:26:35	+06:26	04:07
2	1401	luis Magalhães	Minho e Lima Trail	Veterano M40	01:28:16	+08:07	04:12
3	1516	Miguel Lira	Viana Running	Veterano M40	01:31:45	+11:36	04:22
4	1105	Eduardo Lemos	FISIOVERALEMOS	Veterano M40	01:33:29	+13:21	04:27
5	1411	Fernando Carvalho	Nós Acreditamos	Veterano M40	01:33:59	+13:51	04:29
6	1106	Gominhães	FISIOVERALEMOS	Veterano M40	01:36:52	+16:44	04:37
7	1300	Miguel Ângelo Figueiredo Gomes	Individual	Veterano M40	01:37:45	+17:36	04:39
8	1400	José Carlos Roque da Costa	Minho e Lima Trail	Veterano M40	01:38:07	+17:58	04:40
9	1414	JOAQUIM MARTINS	NUCLEO DE KARATE E ATLETISMO DE RORIZ	Veterano M40	01:39:04	+18:55	04:43
10	1018	Hélder Pereira Borges	AFIPRE TEAM / CHRONO.PT	Veterano M40	01:39:22	+19:14	04:44
11	1058	Albino Dias	BUDEGUITA RUNNERS	Veterano M40	01:39:41	+19:32	04:45
12	1284	JOAQUIN MENO BARJA	Individual	Veterano M40	01:39:52	+19:44	04:45
13	1265	Alberto DIAZ PORTAS	Individual	Veterano M40	01:40:14	+20:06	04:46
14	1350	Rui Miguel baeta Nogueira	Juventude	Veterano M40	01:40:20	+20:12	04:47
15	1445	Fernando Meira	RIOFIT RUNNING	Veterano M40	01:40:41	+20:32	04:48
16	1014	Pedro Guimaraes	A+	Veterano M40	01:41:29	+21:20	04:50
17	1499	Pedro Pimentel	TUGAS NA ESTRADA	Veterano M40	01:41:36	+21:28	04:50
18	1371	Jorge Domingues	LEBRES MINHOTAS	Veterano M40	01:42:05	+21:57	04:52
19	1355	Ernesto Marques Alves	JUVENTUDE CORTEGACENSE	Veterano M40	01:43:26	+23:17	04:56
20	1082	Mark Velhote	Clube Vodafone	Veterano M40	01:43:26	+23:17	04:56
21	1460	Francisco Cunha	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:43:35	+23:26	04:56
22	1428	António Borges	Porto Sentido Runners	Veterano M40	01:45:06	+24:58	05:00
23	1510	Telmo Figueiredo	UNIDOS À FRESCA	Veterano M40	01:45:38	+25:29	05:02
24	1022	Ezequiel Fernandes	Águias de Alvelos	Veterano M40	01:45:54	+25:45	05:03
25	1357	Joao Paulo Oliveira	JUVENTUDE CORTEGACENSE	Veterano M40	01:46:10	+26:02	05:03

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111	1286	JORGE CARIA	Individual	Veterano M40	02:13:11	+53:03	06:21
112	1434	Rui Pinho	REUMATICOS	Veterano M40	02:14:11	+54:03	06:23
113	1432	Alexandre Santos	REUMATICOS	Veterano M40	02:14:11	+54:03	06:23
114	1420	Carlos Ribeiro	Os Tolinhos	Veterano M40	02:14:28	+54:19	06:24
115	1274	Dias Paul Serge	Individual	Veterano M40	02:14:36	+54:28	06:25
116	1271	Barros Toni	Individual	Veterano M40	02:14:37	+54:28	06:25
117	1475	João Mesquita	SS MONTEPIO	Veterano M40	02:15:17	+55:08	06:27
118	1278	Filipe Pereira	Individual	Veterano M40	02:15:51	+55:42	06:28
119	1295	Luís Carlos Rocha	Individual	Veterano M40	02:15:56	+55:48	06:28
120	1320	Victor Manuel	Individual	Veterano M40	02:15:56	+55:48	06:28
121	1317	Rui Loureiro	Individual	Veterano M40	02:16:42	+56:33	06:31
122	1056	Nuno Santos	Bpm/ADI-HIGIENE	Veterano M40	02:17:17	+57:09	06:32
123	1525	Humberto Cordeiro Correia Carvalho	Individual	Veterano M40	02:18:26	+58:17	06:36
124	1044	GABRIEL FREITAS	Aves Runners	Veterano M40	02:18:38	+58:30	06:36
125	1496	Jorge marques	Team Lantermil	Veterano M40	02:18:59	+58:50	06:37
126	1417	Mário Lopes	os perigosos	Veterano M40	02:20:39	+01:00:31	06:42
127	1429	Ernesto Eduardo Ribeiro	Porto Sentido Runners	Veterano M40	02:23:09	+01:03:01	06:49
128	1319	Rui Martins	Individual	Veterano M40	02:23:50	+01:03:42	06:51
129	1318	Rui Martins	Individual	Veterano M40	02:24:54	+01:04:46	06:54
130	1384	Luis Ferreira	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:27:12	+01:07:03	07:01
131	1386	Paulo Ribeiro	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	02:27:12	+01:07:03	07:01
132	1051	Pedro Bogas	B'Life Outdoor Team	Veterano M40	02:28:32	+01:08:24	07:04
133	1269	Antonio Rego	Individual	Veterano M40	02:28:52	+01:08:44	07:05
134	1282	João Miguel Vilaça Pires	Individual	Veterano M40	02:32:18	+01:12:10	07:15
135	1453	João Castro Lopes	RUN4LUNCH	Veterano M40	02:33:25	+01:13:16	07:18
136	1114	Carlos Morais	Gerês Forever	Veterano M40	02:39:15	+01:19:07	07:35
137	1270	Artur Fonseca	Individual	Veterano M40	02:42:23	+01:22:15	07:44
138	1276	Emanuel Pinto Pereira Vale	Individual	Veterano M40	02:43:06	+01:22:57	07:46
139	1128	Hugo Costa	GONDOMAR FUTSAL CLUBE	Veterano M40	03:00:13	+01:40:04	08:35
140	1316	ROGERIO AMADEU	Individual	Veterano M40	03:00:40	+01:40:31	08:36
141	1277	Filipe Moutinho	Individual	Veterano M40	03:03:15	+01:43:07	08:44

Veterano M50

1	1122	MANUEL JOSÉ GOMES PALMEIRO	GINÁSIO CLUBE DE BRAGANÇA	Veterano M50	01:25:48	+05:40	04:05
2	1004	Vasco Morais Pinheiro de Sousa	Coimbra Trail Running	Veterano M50	01:37:43	+17:35	04:39
3	1413	Francisco Lemos	Nós Acreditamos	Veterano M50	01:38:30	+18:21	04:41
4	1064	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:38:52	+18:44	04:42
5	1065	Jorge Silva	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:45:00	+24:51	05:00
6	1448	Manuel Lopes	RIOFIT RUNNING	Veterano M50	01:46:28	+26:19	05:04
7	1331	Mateus Silva	Individual	Veterano M50	01:47:42	+27:33	05:08
8	1391	Serafim Ramos	LION RUNNERS - G. D. Leões da Guarda	Veterano M50	01:48:00	+27:52	05:09
9	1326	Henrique Borges	Individual	Veterano M50	01:50:54	+30:46	05:17

