Gerês Extreme Marathon

Gerês, PT

30-November-2019

21KM - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	9.6ºC	93%
End	12:04	9.6ºC	93%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	2108	Nelson Feiteira	Grupo de Corrida de Argoncilhe	01:23:16		03:58	
2	2057	Federico losada Conde	CASTRO-TRAIL	01:23:45	+00:29	03:59	
3	2112	josé afonso	HSantaMariaRT	01:25:54	+02:38	04:05	
4	2337	João Narciso Gonçalves	OLÍMPICO VIANENSE	01:26:20	+03:04	04:07	
5	2432	Miguel Ribeiro	Zona Alta Trail	01:27:26	+04:10	04:10	
6	2299	Joel Pereira	Minho e Lima Trail	01:30:22	+07:06	04:18	
7	2240	Pedro Gilvaz	Individual	01:30:31	+07:15	04:19	
8	2377	José Rocha	Salgueiros Running	01:32:30	+09:14	04:24	
9	2300	Leandro Silva	Minho e Lima Trail	01:32:46	+09:30	04:25	
10	2274	Mário Gonçalves	Individual	01:33:01	+09:45	04:26	
11	2323	João Pedro Padilha Leal	OFRunning	01:33:21	+10:05	04:27	
12	2102	Gualter Freitas	FISIOVERALEMOS	01:33:46	+10:30	04:28	
13	2171	Paulo Moreira	Aliados Trail Running Team	01:34:10	+10:54	04:29	
14	2019	Fernando Antunes Ribeiro Dos Santos	ACRIF	01:34:28	+11:12	04:30	
15	2088	Jorge Alves	Desnível Positivo	01:34:34	+11:18	04:30	
16	2343	Rui Carvalho	PEDALARTE	01:34:43	+11:27	04:31	
17	2264	fernando pereira	Individual	01:34:59	+11:43	04:31	
18	2042	Tiago Lima	Aves runners	01:35:11	+11:55	04:32	
19	2101	Eduardo Lemos	FISIOVERALEMOS	01:35:58	+12:42	04:34	
20	2181	Vitor Cruz	Individual	01:36:09	+12:53	04:35	
21	2255	Sérgio Martins	Individual	01:36:54	+13:38	04:37	
22	2072	Sérgio Silva	Clube Atletismo de Brito	01:37:22	+14:06	04:38	
23	2237	Paulo Fernandes	Individual	01:39:05	+15:49	04:43	
24	2393	Carlos Gomes	Sport Comércio e Salgueiros	01:39:05	+15:49	04:43	
25	2439	Paulo Carvalho	Individual	01:39:40	+16:24	04:45	
26	2338	Nuno Araujo	OLÍMPICO VIANENSE	01:39:43	+16:27	04:45	
27	2150	Hugo Marante Lima	Individual	01:40:09	+16:53	04:46	
28	2022	José Barbosa Pereira Macedo	ACRIF	01:40:22	+17:06	04:47	
29	2424	HELDER SILVA	XPLODTT	01:40:35	+17:19	04:47	
30	2302	Antônio Barbosa	Minho e Lima Trail	01:40:49	+17:33	04:48	
31	2100	Sérgio Sampaio	FisioPedro Trail	01:41:01	+17:45	04:49	
32	2213	Daniel Grenha Fonseca	Individual	01:41:08	+17:52	04:49	
33	2273	José Oliveira	Individual	01:41:17	+18:01	04:49	
34	2013	Carlos Alberto Pires Loureiro	Academia Desportiva de Arcos de Valdevez	01:41:54	+18:38	04:51	
35	2212	António Cunha	Individual	01:42:17	+19:01	04:52	
36	2389	Victor Martins	SOCIEDADE RECREIO CEPANENSE	01:42:19	+19:03	04:52	
37	2317	Pedro Boto	O Mundo da Corrida	01:42:51	+19:35	04:54	
38	2021	Paulo César Barbosa Ferreira	ACRIF	01:43:27	+20:11	04:56	
39	2320	Flavio Silva	OFRunning	01:43:29	+20:13	04:56	
40	2339	Carlos Couto	Outlaw runners	01:43:52	+20:36	04:57	
41	2075	Paulo Silva	Clube Zupper	01:43:56	+20:40	04:57	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
42	2034	Carlos Peixoto	Amigos da Montanha	01:44:04	+20:48	04:57	
43	2113	João Patatas	Hyundai - Mirandela a Correr	01:44:18	+21:02	04:58	
44	2217	Hélder Barbosa	Individual	01:44:18	+21:02	04:58	
45	2232	Marcos Ourives	Individual	01:44:33	+21:17	04:59	
46	2368	Filipe Villas-Boas	Run4Fun Vila Real	01:44:48	+21:32	04:59	
47	2245	Ricardo Silva	Individual	01:44:52	+21:36	05:00	
48	2272	José Lopes	Individual	01:45:13	+21:57	05:01	
49	2162	Luís Magalhaes	Individual	01:45:15	+21:59	05:01	
50	2253	Serafim Reis	Individual	01:45:16	+22:00	05:01	
51	2314	Manuel Faria	MSS CONTABILIDADE TRAIL TEAM	01:45:22	+22:06	05:01	
52	2385	Fernando Pinto	SOCIEDADE RECREIO CEPANENSE	01:45:55	+22:39	05:03	
53	2104	Diamantino Martins	GDR Juventude das Ribeiras	01:46:04	+22:48	05:03	
54	2032	Paulo Melo	All About	01:46:10	+22:54	05:03	
55	2363	Rui Lobo Castro	Rinus Fafe	01:46:17	+23:01	05:04	
56	2056	Manuel Gomes	BTT Alegria // TUBANI	01:46:17	+23:01	05:04	
57	2333	Filipe Caldeira Oliveira	Oiã Runners	01:46:17	+23:01	05:04	
58	2305	Filipe Póvoas	MSS CONTABILIDADE TRAIL TEAM	01:46:17	+23:01	05:04	
59	2287	Pedro Miguel de Ascenção Neves	Juventude desportiva de Gondomar	01:46:18	+23:02	05:04	
60	2165	Michel Silva	Individual	01:46:28	+23:12	05:04	
61	2304	David Sousa	MSS CONTABILIDADE TRAIL TEAM	01:46:38	+23:22	05:05	
62	2035	Cristóvão Sampaio	Amigos das Sapatilhas	01:46:44	+23:28	05:05	
63	2414	André Mesquita Guimarães	Trevo do Sucesso	01:46:45	+23:29	05:05	
64	2138	Bruno Gonçalves	Individual	01:46:47	+23:31	05:05	
65	2043	Toni Neto	Aves runners	01:46:52	+23:36	05:05	
66	2275	Nuno Ferreira	Individual	01:47:05	+23:49	05:06	
67	2384	Paulo Elias	SF2002	01:47:14	+23:58	05:06	
68	2315	Manuel Póvoas	MSS CONTABILIDADE TRAIL TEAM	01:47:15	+23:59	05:06	
69	2295	Pedro Gaio	LION RUNNERS - G. D. LEÕES DA GUARDA	01:47:15	+23:59	05:06	
70	2116	Manuel Alves	Icarus Running Team	01:48:03	+24:47	05:09	
71	2026	Jose Tavares	AFIS/OVAR	01:48:12	+24:56	05:09	
72	2353	Bruno Melo	PORTO SENTIDO RUNNERS	01:48:31	+25:15	05:10	
73	2288	Agostinho da Silva Neves	Juventude desportiva de Gondomar	01:48:36	+25:20	05:10	
74	2370	Joaquim Santos	Run4Fun Vila Real	01:48:43	+25:27	05:11	
75	2136	Amaro José Faria Barbosa	Individual	01:48:44	+25:28	05:11	
76	2119	Alejandra Hernandez	Individual	01:48:46	+25:30	05:11	
77	2308	Ibraim Sousa	MSS CONTABILIDADE TRAIL TEAM	01:48:47	+25:31	05:11	
78	2238	Paulo Fonseca Pinto	Individual	01:49:05	+25:49	05:12	
79	2381	Orlando Ferreira	Salgueiros Running	01:49:31	+26:15	05:13	
80	2312	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	01:49:41	+26:25	05:13	
81	2010	Paulo Santos	A Vidraria Armando este ano patrocina	01:49:51	+26:35	05:14	
82	2105	Jorge Marinho	GDR Juventude das Ribeiras	01:49:58	+26:42	05:14	
83	2099	Filipe Oliveira	FisioPedro Trail	01:50:20	+27:04	05:15	
84	2089	Jorge Pinheiro	Dive into the montains	01:50:26	+27:10	05:16	
85	2277	paulo moreira	Individual	01:50:38	+27:22	05:16	
86	2364	Cidalia Novais	Rinus Fafe	01:50:46	+27:30	05:16	
87	2059	César Guimarães	CB RUN	01:50:53	+27:37	05:17	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
88	2047	Filipe Pedrosa	Aves runners	01:50:55	+27:39	05:17	
89	2243	Pedro Rodrigues	Individual	01:51:03	+27:47	05:17	
90	2248	rui carvalho	Individual	01:51:18	+28:02	05:18	
91	1117	Hugo água	Individual	01:51:31	+28:15	05:19	
92	2170	Paulo Jorge Costa Oliveira	Individual	01:51:41	+28:25	05:19	
93	2024	Paulo Conde	AFIS/OVAR	01:51:47	+28:31	05:19	
94	2412	Jorge Pires	TRAIL TEAM MONTARIA	01:52:33	+29:17	05:22	
95	2036	Ricardo Filipe Oliveira Esteves	ARCORUN	01:52:35	+29:19	05:22	
96	2169	Nuno Monteiro	Individual	01:52:38	+29:22	05:22	
97	2149	Francisco Silva	Individual	01:52:50	+29:34	05:22	
98	2246	Rolando Paulo	Individual	01:53:01	+29:45	05:23	
99	2098	Daniel Neto	FisioPedro Trail	01:53:03	+29:47	05:23	
100	2077	João Maia	Coronado runners	01:53:04	+29:48	05:23	
101	2011	Daniel Santos	A. D. Amarante Trail Running	01:53:04	+29:48	05:23	
102	2249	RUI FERREIRA	Individual	01:53:05	+29:49	05:23	
103	2392	David Sora	Sora team	01:53:08	+29:52	05:23	
104	2180	Simon de Sousa	Individual	01:53:09	+29:53	05:23	
105	2289	Pedro lopes	Lbr Team	01:53:14	+29:58	05:24	
106	2425	MIGUEL ÂNGELO	XPLODTT	01:53:19	+30:03	05:24	
107	2027	Paulo Fernandes	AFIS/OVAR	01:53:25	+30:09	05:24	
108	2053	José Mendes	Boavista Trail	01:53:30	+30:14	05:24	
109	2214	domingos peixoto	Individual	01:53:31	+30:15	05:24	
110	2434	Tiago Miguel	Individual	01:53:55	+30:39	05:25	
111	2278	Paulo Nóvoa	Individual	01:53:57	+30:41	05:26	
112	2294	Jorge Figueiredo	LION RUNNERS - G. D. LEÕES DA GUARDA	01:54:18	+31:02	05:27	
113	2030	Henrique Marques	All About	01:54:22	+31:06	05:27	
114	2147	Filipe Carreira	Individual	01:54:24	+31:08	05:27	
115	2420	Jorge Daniel Silva	Viana Running	01:54:26	+31:10	05:27	
116	2419	HELENA SOUSA	Viana Running	01:54:26	+31:10	05:27	
117	2083	Roberto Esteves	Correr por Monção	01:54:29	+31:13	05:27	
118	2369	Rui Borges	Run4Fun Vila Real	01:54:43	+31:27	05:28	
119	2372	Rui Filipe Fernandes Marques Correia	Run4Fun Vila Real	01:54:43	+31:27	05:28	
120	2366	Sergio Teixeira	Rinus Fafe	01:54:45	+31:29	05:28	
121	2121	Andrea Gillström	Individual	01:55:11	+31:55	05:29	
122	2097	Marcos Santos	FACTOR X / S4L / MEDENSE FC	01:55:13	+31:57	05:29	
123	2242	Pedro Nuno Neves Pereira	Individual	01:55:35	+32:19	05:30	
124	1011	Jose Padrão	ARCA BarceloS runners	01:55:39	+32:23	05:30	
125	2049	Mario lima	Aves runners	01:55:52	+32:36	05:31	
126	2020	Miguel António Vieira Ferreira	ACRIF	01:55:56	+32:40	05:31	
127	2068	João Paulo Rocha	Cerealis - Milaneza	01:56:01	+32:45	05:31	
128	2319	Eduardo Neves	OFRunning	01:56:15	+32:59	05:32	
129	2409	Bruno Miguel Afonso Pinheiro	TRAIL TEAM MONTARIA	01:56:29	+33:13	05:33	
130	2029	Paula Santos	All About	01:56:36	+33:20	05:33	
131	2080	Antonio Carlos Tavares de Paiva	CORRER LEÇA	01:56:39	+33:23	05:33	
132	2058	Castor Tombo Cantarilla	CASTRO-TRAIL	01:56:47	+33:31	05:34	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
133	2155	João Matias	Individual	01:56:53	+33:37	05:34	
134	2014	Sérgio Filipe Mendes Gomes	Acamados	01:57:06	+33:50	05:35	
135	2137	André Costa	Individual	01:57:12	+33:56	05:35	
136	2071	Sofia Peixoto	Clube Atletismo de Brito	01:57:12	+33:56	05:35	
137	2279	Paulo Silva	Individual	01:57:35	+34:19	05:36	
138	2023	Sara Conde	AFIS/OVAR	01:57:36	+34:20	05:36	
139	2316	José Paulo Magalhães Faria	NO TOMORROW RUNNING TEAM	01:57:39	+34:23	05:36	
140	2086	Hugo Lima	Desnível Positivo	01:57:55	+34:39	05:37	
141	2061	Leandro Rodrigues	CB RUN	01:57:56	+34:40	05:37	
142	2313	António Luís	MSS CONTABILIDADE TRAIL TEAM	01:57:58	+34:42	05:37	
143	1067	DANIEL MIRANDA	Individual	01:58:17	+35:01	05:38	
144	2009	Manuel Santos	A Vidraria Armando este ano patrocina	01:58:19	+35:03	05:38	
145	2216	Filipe Ribeiro	Individual	01:58:24	+35:08	05:38	
146	2256	Vitor Araújo	Individual	01:58:24	+35:08	05:38	
147	2357	Fernando Queirós	PORTO SENTIDO RUNNERS	01:58:25	+35:09	05:38	
148	2321	Hugo Ferreira	OFRunning	01:58:28	+35:12	05:38	
149	2004	Francisco Monteiro	#passoapasso-runners Pontével	01:58:33	+35:17	05:39	
150	2018	Joaquim Flávio Fernandes Carvalho	ACRIF	01:58:43	+35:27	05:39	
151	2016	Filipe Correia	ACRIF	01:58:43	+35:27	05:39	
152	2324	João Sousa	OFRunning	01:58:51	+35:35	05:40	
153	2006	Augusto Mendes	4TEAMBTT	01:58:53	+35:37	05:40	
154	2037	José Correia	ARCORUN	01:59:04	+35:48	05:40	
155	2281	Raul Macedo	Individual	01:59:30	+36:14	05:41	
156	2290	António Manuel Leite Ribeiro	LeoesASolta	01:59:30	+36:14	05:41	
157	2387	João Nuno	SOCIEDADE RECREIO CEPANENSE	01:59:43	+36:27	05:42	
158	2033	Lino Moreira	All About	02:00:01	+36:45	05:43	
159	2362	Joana Magalhães	Rinus Fafe	02:00:03	+36:47	05:43	
160	2210	Americo Areias	Individual	02:00:05	+36:49	05:43	
161	2418	Douglas	Viana Running	02:00:10	+36:54	05:43	
162	2219	JAVIER PEREZ ALONSO	Individual	02:00:31	+37:15	05:44	
163	2209	Amaro Fernandes	Individual	02:00:45	+37:29	05:45	
164	2007	João Mota	A Vidraria Armando este ano patrocina	02:01:39	+38:23	05:48	
165	2429	Tiago Martins	Zenit AUTOMÓVEIS	02:01:43	+38:27	05:48	
166	2282	Rui Coelho	Individual	02:01:52	+38:36	05:48	
167	2296	PAULO BRÁS	LION RUNNERS - G. D. LEÕES DA GUARDA	02:01:58	+38:42	05:48	
168	2114	Diogo Jorge Monteiro Alves	Icarus Running Team	02:02:06	+38:50	05:49	
169	2198	celeste moreira	Individual	02:02:16	+39:00	05:49	
170	2176	Ricardo Jorge Campos Seara Carneiro	Individual	02:02:23	+39:07	05:50	
171	2041	Jorge Costa	Aves runners	02:02:53	+39:37	05:51	
172	2226	José Rodrigues	Individual	02:02:54	+39:38	05:51	
173	2239	Paulo Hernani	Individual	02:03:06	+39:50	05:52	
174	2415	Carla Dalila Lage Vilela Martins de Oliveira	TURBULENTOS	02:03:12	+39:56	05:52	
175	2096	Martinho Dias	Ermida Team	02:03:23	+40:07	05:53	
176	2292	Claudia Carcau	LION RUNNERS - G. D. LEÕES DA GUARDA	02:03:36	+40:20	05:53	
177	2402	Marta Silva Ramos Ferreira	TEAM LANTEMIL	02:03:42	+40:26	05:53	

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
178	2173	Pedro neto	Individual	02:03:52	+40:36	05:54	
179	2107	carlos alberto	GENEROSOS RUNNERS	02:03:53	+40:37	05:54	
180	2223	Jorge Costa	Individual	02:04:00	+40:44	05:54	
181	2397	Helder Alexandre Gomes Monteiro	SUCUPIRA F C	02:04:07	+40:51	05:55	
182	2064	Sara Silva	Cerealis - Milaneza	02:04:11	+40:55	05:55	
183	2327	Tiago Coelho	OFRunning	02:04:29	+41:13	05:56	
184	2440	Paulo Jorge do Couto Gomes	Individual	02:04:37	+41:21	05:56	
185	2332	Carlos Manuel Marques Silva	Oiã Runners	02:04:57	+41:41	05:57	
186	2025	Joaquim. Moreira	AFIS/OVAR	02:05:26	+42:10	05:58	
187	2301	Ana Rita Carneiro	Minho e Lima Trail	02:05:26	+42:10	05:58	
188	2351	Valentina Pereira	PORTO SENTIDO RUNNERS	02:05:31	+42:15	05:59	
189	2410	Fábio Afonso	TRAIL TEAM MONTARIA	02:05:54	+42:38	06:00	
190	2306	Ricardo Marques Moreira	MSS CONTABILIDADE TRAIL TEAM	02:06:00	+42:44	06:00	
191	2411	MIGUEL BARROS	TRAIL TEAM MONTARIA	02:06:08	+42:52	06:00	
192	2008	Eduardo Nunes	A Vidraria Armando este ano patrocina	02:06:12	+42:56	06:01	
193	2341	Ricardo Dias	Paços runners	02:06:38	+43:22	06:02	
194	2234	Mílton	Individual	02:06:50	+43:34	06:02	
195	2422	Mike Pereira	VIEIRA A CORRER	02:06:51	+43:35	06:02	
196	2284	Victor Manuel	Individual	02:06:51	+43:35	06:02	
197	2328	Agostinho Correia Pacheco	OFRunning	02:07:06	+43:50	06:03	
198	2115	Maria Júlia Masculino Ribeiro	Icarus Running Team	02:07:26	+44:10	06:04	
199	2254	Sérgio	Individual	02:07:32	+44:16	06:04	
200	2398	HENRIQUE MANUEL SILVEIRA PEREIRA BARBEDO	SUCUPIRA F C	02:07:33	+44:17	06:04	
201	2396	MARIA DE LURDES PEREIRA GONÇALVES BARBEDO	SUCUPIRA F C	02:07:33	+44:17	06:04	
202	2244	Ricardo Quintas	Individual	02:07:42	+44:26	06:05	
203	2340	Mariana Pires	Paços runners	02:08:14	+44:58	06:06	
204	2054	Zé Tó Brito	BRAGA RUNNERS	02:08:42	+45:26	06:08	
205	2220	João Pedro Cunha	Individual	02:08:42	+45:26	06:08	
206	2095	Ricardo Alves	Emforça	02:08:47	+45:31	06:08	
207	2259	Vitor Miranda	Individual	02:09:04	+45:48	06:09	
208	2076	conceicao ferreira	Coronado runners	02:09:06	+45:50	06:09	
209	2152	Hugo Sousa	Individual	02:09:08	+45:52	06:09	
210	2276	Paulo Carneiro	Individual	02:09:08	+45:52	06:09	
211	2322	João Dias	OFRunning	02:09:17	+46:01	06:09	
212	2421	RICARDO QUEIROS	Viana Running	02:09:31	+46:15	06:10	
213	2391	António Mendes	SOCIEDADE RECREIO CEPANENSE	02:09:40	+46:24	06:10	
214	2388	Jorge Ferreira	SOCIEDADE RECREIO CEPANENSE	02:09:41	+46:25	06:11	
215	2390	Abílio Teixeira	SOCIEDADE RECREIO CEPANENSE	02:09:41	+46:25	06:11	
216	2156	João Nuno Xavier da Silva	Individual	02:09:45	+46:29	06:11	
217	2078	José Duarte	Coronado runners	02:09:51	+46:35	06:11	
218	2247	Rui Branco da Cruz	Individual	02:09:52	+46:36	06:11	
219	2200	Cristina Coelho	Individual	02:10:37	+47:21	06:13	
220	2283	Rui Madeira	Individual	02:11:20	+48:04	06:15	
221	2360	Rui Teixeira	PORTO SENTIDO RUNNERS	02:11:22	+48:06	06:15	
222	2307	António Rocha	MSS CONTABILIDADE TRAIL TEAM	02:11:35	+48:19	06:16	

21KM - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
223	2235	Nuno Rodrigues	Individual	02:11:35	+48:19	06:16	
224	1079	Rui Lobo Machado	Individual	02:12:06	+48:50	06:17	
225	2092	Cecília Martins	eFY	02:12:28	+49:12	06:18	
226	3186	André Oliveira	Individual	02:12:40	+49:24	06:19	
227	2045	Abílio Ferreira	Aves runners	02:12:50	+49:34	06:20	
228	2423	Rui Sousa	WOLVES	02:13:08	+49:52	06:20	
229	2225	José Henrique Ferreira da Silva	Individual	02:13:10	+49:54	06:20	
230	2222	Jorge Brito	Individual	02:13:15	+49:59	06:21	
231	2163	Manuel Laia Valente	Individual	02:13:28	+50:12	06:21	
232	2408	Benedita Ferreira	Titan Runners	02:13:28	+50:12	06:21	
233	2252	Rui Neves	Individual	02:13:31	+50:15	06:21	
234	2060	Leandro Oliveira	CB RUN	02:14:13	+50:57	06:23	
235	2082	Nelson Fernandes	Correr Para o Sucesso	02:14:27	+51:11	06:24	
236	2127	Moa Andersson	Individual	02:14:28	+51:12	06:24	
237	2050	Adélio Castro	Aves runners	02:14:30	+51:14	06:24	
238	2093	Isabel Carvalho	eFY	02:14:34	+51:18	06:24	
239	2141	Carlos Miguel Pinto Moreira	Individual	02:14:48	+51:32	06:25	
240	2125	Mara Gromball	Individual	02:14:53	+51:37	06:25	
241	2399	RICARDO NELSON MAIA	SUCUPIRA F C	02:15:04	+51:48	06:26	
242	2117	Paulo Manuel Monteiro Domingues	Ilha Brava Running	02:15:04	+51:48	06:26	
243	2407	Sérgio Carvalho	Temos pena	02:15:05	+51:49	06:26	
244	2382	Sara Colaço	Seixal Team	02:15:11	+51:55	06:26	
245	2040	Cláudia Coelho	Aves runners	02:15:12	+51:56	06:26	
246	2044	Delfina Rompante	Aves runners	02:15:12	+51:56	06:26	
247	2233	Mario Silva	Individual	02:15:14	+51:58	06:26	
248	2383	Rui Velez	Seixal Team	02:15:14	+51:58	06:26	
249	2017	João Pedro Vilaça Ferreira	ACRIF	02:15:15	+51:59	06:26	
250	2231	Marcos Gomes	Individual	02:15:43	+52:27	06:28	
251	2091	Daniela Vilas Boas	Dragon Club	02:15:51	+52:35	06:28	
252	1076	Rui Pedro Pinto	Individual	02:15:56	+52:40	06:28	
253	2143	Daniel Xavier	Individual	02:16:28	+53:12	06:30	
254	2211	Andre Seara	Individual	02:16:30	+53:14	06:30	
255	2413	Daniela Godinho	Trevo do Sucesso	02:16:30	+53:14	06:30	
256	2405	Fárido Tavares	Telhabel Runners	02:16:34	+53:18	06:30	
257	2335	Carlos Manuel Lemos Silva Martins	Oiã Runners	02:16:35	+53:19	06:30	
258	2124	Liliana Azevedo	Individual	02:16:38	+53:22	06:30	
259	2005	Manuela Monteiro	100meta	02:16:38	+53:22	06:30	
260	2427	Joel Sousa	Ze Team	02:17:10	+53:54	06:32	
261	2428	Tiago Ferreira	Ze Team	02:17:10	+53:54	06:32	
262	2205	Maria Ribeiro	Individual	02:17:16	+54:00	06:32	
263	2269	Jorge Caria	Individual	02:17:30	+54:14	06:33	
264	2293	Amílcar Teixeira	LION RUNNERS - G. D. LEÕES DA GUARDA	02:17:30	+54:14	06:33	
265	2354	Elizabete loureiro	PORTO SENTIDO RUNNERS	02:17:32	+54:16	06:33	
266	2355	Marina Silva	PORTO SENTIDO RUNNERS	02:17:32	+54:16	06:33	
267	2352	André Oliveira	PORTO SENTIDO RUNNERS	02:17:32	+54:16	06:33	
268	2350	Ines Neves	PORTO SENTIDO RUNNERS	02:17:32	+54:16	06:33	

21KM - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
269	2081	Regina Silva	Correr Para o Sucesso	02:18:08	+54:52	06:35	
270	2291	Ricardo Gonçalves	LeoesASolta	02:18:10	+54:54	06:35	
271	2154	João André Teixeira Soares	Individual	02:18:18	+55:02	06:35	
272	2227	Luís Carlos Rocha	Individual	02:18:20	+55:04	06:35	
273	2356	Fernanda Carneiro	PORTO SENTIDO RUNNERS	02:18:23	+55:07	06:35	
274	2002	Jorge Cristino	#altacilindrada	02:18:34	+55:18	06:36	
275	2297	João Maia	MAGNUNSSENS	02:18:36	+55:20	06:36	
276	2215	Fernando Agostinho	Individual	02:19:03	+55:47	06:37	
277	2015	Joaquim Oliveira	Acamados	02:19:06	+55:50	06:37	
278	2229	Manuel Correia	Individual	02:19:12	+55:56	06:38	
279	2126	Mariana Gomes Marques	Individual	02:19:12	+55:56	06:38	
280	2349	Manuel Carvalho	Pés de Chumbo Runners	02:19:24	+56:08	06:38	
281	2120	Anabela Silva	Individual	02:19:38	+56:22	06:39	
282	2179	Rui Lopes	Individual	02:19:55	+56:39	06:40	
283	2298	Óscar Martins	Melgaço Alvarinho Trail Team	02:20:14	+56:58	06:41	
284	2251	Rui Martins	Individual	02:20:18	+57:02	06:41	
285	2438	Paula Cristina Sá Peixoto	Braguinhas Runners	02:20:31	+57:15	06:41	
286	2051	José Coelho	Bikeservice	02:20:34	+57:18	06:42	
287	2347	Vítor Silva	Pernetas	02:20:40	+57:24	06:42	
288	2129	Rita Freitas	Individual	02:21:06	+57:50	06:43	
289	2153	JESUS GONZALEZ GONZALEZ	Individual	02:21:15	+57:59	06:44	
290	2067	Sandra Martins	Cerealis - Milaneza	02:21:30	+58:14	06:44	
291	2079	Nuno Alexandre da Costa Viana	Correr Antas à Noite	02:21:31	+58:15	06:44	
292	2241	Pedro Miguel Lourenço de Sousa	Individual	02:21:31	+58:15	06:44	
293	2031	José Nogueira	All About	02:21:31	+58:15	06:44	
294	2109	fernando rocha	GRUPO DESPORTIVO LEOES DO VENEZA	02:21:50	+58:34	06:45	
295	2436	Nuno Sá	Individual	02:22:07	+58:51	06:46	
296	2106	claudia coelho	GENEROSOS RUNNERS	02:22:13	+58:57	06:46	
297	135	FLORINDO JOSÉ GONZÁLEZ GONZALEZ	Individual	02:22:16	+59:00	06:46	
298	2271	José Cardoso	Individual	02:22:29	+59:13	06:47	
299	2303	Firmino Mendes	Montanha Clube Trail Running/Efapel	02:22:42	+59:26	06:48	
300	2404	Carlos Martins	Telhabel Runners	02:22:44	+59:28	06:48	
301	2406	Renato Seara	Telhabel Runners	02:22:45	+59:29	06:48	
302	2261	Artur Luis Moreira	Individual	02:22:45	+59:29	06:48	
303	3288	Luisa Marques	PORTO SENTIDO RUNNERS	02:22:56	+59:40	06:48	
304	2358	Jorge Pereira	PORTO SENTIDO RUNNERS	02:22:57	+59:41	06:48	
305	2196	Silvia Vilar	Individual	02:23:00	+59:44	06:49	
306	2342	Paulo Correia	Paulo Correia Reabilitação Integrada	02:23:01	+59:45	06:49	
307	2325	Mário Carvalho	OFRunning	02:23:18	+01:00:02	06:49	
308	2202	Elsa Mota	Individual	02:23:23	+01:00:07	06:50	
309	2430	Pedro Fernandes	Zenit AUTOMÓVEIS	02:23:27	+01:00:11	06:50	
310	2094	Suzana Rios	eFY	02:23:52	+01:00:36	06:51	
311	2130	Saga Nilsson	Individual	02:24:13	+01:00:57	06:52	
312	2140	carlos brandao	Individual	02:24:23	+01:01:07	06:53	
313	2184	Ana Pestana	Individual	02:24:26	+01:01:10	06:53	

21KM - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
314	2348	CARLA FRANCO	Pernetas	02:24:29	+01:01:13	06:53	
315	2416	Teresa Silva	TURBULENTOS	02:24:42	+01:01:26	06:53	
316	2417	Artur Silva	TURBULENTOS	02:24:42	+01:01:26	06:53	
317	2263	Avelino Paulo Moreira Marques	Individual	02:24:50	+01:01:34	06:54	
318	2186	Andréia Cristina de Oliveira	Individual	02:24:55	+01:01:39	06:54	
319	2431	Tony Dias	Zenit AUTOMÓVEIS	02:24:55	+01:01:39	06:54	
320	2260	abel ferreira	Individual	02:25:41	+01:02:25	06:56	
321	2344	Beatriz Loureiro	Pernetas	02:26:05	+01:02:49	06:57	
322	2257	Vitor Manuel Fonseca	Individual	02:26:10	+01:02:54	06:58	
323	2055	Sara Rocha	BTT Alegria // TUBANI	02:26:17	+01:03:01	06:58	
324	2206	Rosa vaz	Individual	02:26:20	+01:03:04	06:58	
325	2003	Luis cristino	#altacilindrada	02:26:30	+01:03:14	06:59	
326	2132	Silvia Vieira	Individual	02:26:34	+01:03:18	06:59	
327	2280	Paulo Soares	Individual	02:26:34	+01:03:18	06:59	
328	2203	Maria dos Anjos Gabriel Pereira	Individual	02:26:35	+01:03:19	06:59	
329	2334	Márcio Ferreira	Oiã Runners	02:26:50	+01:03:34	07:00	
330	2195	Paula Carneiro	Individual	02:28:26	+01:05:10	07:04	
331	2046	Afonso Torres	Aves runners	02:28:53	+01:05:37	07:05	
332	2048	Gabriel Freitas	Aves runners	02:28:53	+01:05:37	07:05	
333	2039	Ângela Pimenta	Aves runners	02:28:53	+01:05:37	07:05	
334	2145	Diogo Ricardo Soares Pereira	Individual	02:29:11	+01:05:55	07:06	
335	2310	Rui Augusto	MSS CONTABILIDADE TRAIL TEAM	02:29:11	+01:05:55	07:06	
336	2158	JOEL BARROSO AFONSO LANDEIRA	Individual	02:29:12	+01:05:56	07:06	
337	2190	Filipa Pimenta	Individual	02:29:29	+01:06:13	07:07	
338	2142	Carlos Neves	Individual	02:29:54	+01:06:38	07:08	
339	2074	Rita Chaves Rebelo	Clube Pessoal EDP - Delegação VNGaia	02:29:57	+01:06:41	07:08	
340	2073	Joana Chaves Rebelo	Clube Pessoal EDP - Delegação VNGaia	02:29:58	+01:06:42	07:08	
341	2174	PEDRO NEVES	Individual	02:30:02	+01:06:46	07:09	
342	2139	Bruno Martins	Individual	02:30:03	+01:06:47	07:09	
343	2012	Miguel Martins	Academia Desportiva de Arcos de Valdevez	02:30:07	+01:06:51	07:09	
344	2160	José Pedro Freitas	Individual	02:30:16	+01:07:00	07:09	
345	2070	Rafael Figueiredo	Chef Bandolete	02:30:16	+01:07:00	07:09	
346	2069	André Almeida	Chef Bandolete	02:30:16	+01:07:00	07:09	
347	2182	Sara Kindlund	Individual	02:30:41	+01:07:25	07:11	
348	2192	Maria Lurdes Mendes	Individual	02:30:52	+01:07:36	07:11	
349	2185	Ana Rebelo	Individual	02:30:52	+01:07:36	07:11	
350	2345	Liliana pinto	Pernetas	02:31:07	+01:07:51	07:12	
351	2128	Rahel Keppler	Individual	02:31:10	+01:07:54	07:12	
352	2311	Rui Rodrigues	MSS CONTABILIDADE TRAIL TEAM	02:31:20	+01:08:04	07:12	
353	2197	Susana canhola	Individual	02:31:49	+01:08:33	07:14	
354	2193	Marta Cardoso	Individual	02:31:56	+01:08:40	07:14	
355	2204	maria luz almeida	Individual	02:33:18	+01:10:02	07:18	
356	2151	Hugo Pereira	Individual	02:34:18	+01:11:02	07:21	
357	2191	Isabel Martins	Individual	02:34:33	+01:11:17	07:22	
358	2270	José Anes	Individual	02:34:33	+01:11:17	07:22	

21KM - STAGE 1

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
359	2201	Cristina Pacheco	Individual	02:34:34	+01:11:18	07:22	
360	2401	Carla Araújo	TEAM LANTEMIL	02:34:50	+01:11:34	07:22	
361	2087	Elisia Gonçalves	Desnível Positivo	02:34:51	+01:11:35	07:22	
362	2285	Carlos Almeida	Individual	02:34:57	+01:11:41	07:23	
363	2133	Sophie Duarte	Individual	02:34:58	+01:11:42	07:23	
364	2188	Diana Pereira	Individual	02:35:52	+01:12:36	07:25	
365	2400	Miguel Sousa	Taylors	02:36:38	+01:13:22	07:28	
366	2331	Carlos Maia	Oiã Runners	02:36:52	+01:13:36	07:28	
367	2103	Joaquim de Sousa	Fit2labor	02:37:01	+01:13:45	07:29	
368	2426	Mónica Margaride	Yazaki Runners	02:37:01	+01:13:45	07:29	
369	2230	Manuel Peixoto	Individual	02:37:02	+01:13:46	07:29	
370	2118	Plínio Marques Silva	Ilha Brava Running	02:37:02	+01:13:46	07:29	
371	2207	Abilio Silva	Individual	02:37:12	+01:13:56	07:29	
372	2367	José Freitas	RollingAventura	02:37:36	+01:14:20	07:30	
373	2084	Marta Martinho	CrossFit Black Edition	02:38:42	+01:15:26	07:33	
374	2085	Jorge Silva	CrossFit Black Edition	02:38:42	+01:15:26	07:33	
375	2379	Susana Vasconcelos	Salgueiros Running	02:41:11	+01:17:55	07:41	
376	2380	Ângelo Vidal	Salgueiros Running	02:41:12	+01:17:56	07:41	
377	2376	José Moreira	Salgueiros Running	02:41:12	+01:17:56	07:41	
378	2359	Miguel Azevedo	PORTO SENTIDO RUNNERS	02:41:21	+01:18:05	07:41	
379	2001	Silvia Sousa	#altacilindrada	02:41:22	+01:18:06	07:41	
380	2187	Cristina da Conceição Antunes Ferreira de Moura	Individual	02:45:47	+01:22:31	07:54	
381	2110	Ana Almeida	Hospital de Santa Maria - Porto	02:49:43	+01:26:27	08:05	
382	2172	Pedro Egídio Pinheiro Marques	Individual	02:49:44	+01:26:28	08:05	
383	2329	Manuel Moreira	OFRunning	02:51:02	+01:27:46	08:09	
384	2336	MARIO MAIA	oiã runners	02:55:20	+01:32:04	08:21	
385	2375	JOAO CASTRO LOPES	RUN4LUNCH	02:55:27	+01:32:11	08:21	
386	2373	CLARA PINTO	RUN4LUNCH	02:55:27	+01:32:11	08:21	
387	2189	Estefânia de Jesus Teixeira Matias	Individual	02:56:35	+01:33:19	08:25	
388	2258	Vitor Manuel Moreira Viana	Individual	02:56:35	+01:33:19	08:25	
389	2134	Alexandre Dias	Individual	02:56:35	+01:33:19	08:25	
390	2131	Sandra Silva	Individual	02:56:36	+01:33:20	08:25	
391	2183	João Pimenta	Individual	03:03:06	+01:39:50	08:43	

Gerês Extreme Marathon

Gerês, PT

30-November-2019

21KM **21 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	9.6ºC	93%
End	12:04	9.6ºC	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	2119	Alejandra Hernandez	Individual	Senior Feminino	01:48:45	+25:29	05:11
2	2121	Andrea Gillström	Individual	Senior Feminino	01:55:10	+31:54	05:29
3	2071	Sofia Peixoto	Clube Atletismo de Brito	Senior Feminino	01:57:11	+33:55	05:35
4	2362	Joana Magalhães	Rinus Fafe	Senior Feminino	02:00:03	+36:47	05:43
5	2292	Claudia Carcau	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	02:03:35	+40:19	05:53
6	2402	Marta Silva Ramos Ferreira	TEAM LANTEMIL	Senior Feminino	02:03:42	+40:26	05:53
7	2351	Valentina Pereira	PORTO SENTIDO RUNNERS	Senior Feminino	02:05:31	+42:14	05:59
8	2340	Mariana Pires	Paços runners	Senior Feminino	02:08:13	+44:57	06:06
9	2408	Benedita Ferreira	Titan Runners	Senior Feminino	02:13:27	+50:11	06:21
10	2127	Moa Andersson	Individual	Senior Feminino	02:14:27	+51:11	06:24
11	2125	Mara Gromball	Individual	Senior Feminino	02:14:53	+51:36	06:25
12	2040	Cláudia Coelho	Aves runners	Senior Feminino	02:15:11	+51:55	06:26
13	2091	Daniela Vilas Boas	Dragon Club	Senior Feminino	02:15:50	+52:34	06:28
14	2413	Daniela Godinho	Trevo do Sucesso	Senior Feminino	02:16:30	+53:14	06:30
15	2124	Liliana Azevedo	Individual	Senior Feminino	02:16:37	+53:21	06:30
16	2350	Ines Neves	PORTO SENTIDO RUNNERS	Senior Feminino	02:17:32	+54:15	06:33
17	2081	Regina Silva	Correr Para o Sucesso	Senior Feminino	02:18:08	+54:52	06:35
18	2126	Mariana Gomes Marques	Individual	Senior Feminino	02:19:12	+55:55	06:38
19	2120	Anabela Silva	Individual	Senior Feminino	02:19:38	+56:22	06:39
20	2129	Rita Freitas	Individual	Senior Feminino	02:21:05	+57:49	06:43
21	2106	claudia coelho	GENEROSOS RUNNERS	Senior Feminino	02:22:13	+58:57	06:46
22	2130	Saga Nilsson	Individual	Senior Feminino	02:24:13	+01:00:57	06:52
23	2344	Beatriz Loureiro	Pernetas	Senior Feminino	02:26:05	+01:02:49	06:57
24	2055	Sara Rocha	BTT Alegria // TUBANI	Senior Feminino	02:26:17	+01:03:01	06:58
25	2132	Silvia Vieira	Individual	Senior Feminino	02:26:34	+01:03:17	06:59
26	2039	Ângela Pimenta	Aves runners	Senior Feminino	02:28:52	+01:05:36	07:05
27	2074	Rita Chaves Rebelo	Clube Pessoal EDP - Delegação VNGaia	Senior Feminino	02:29:57	+01:06:41	07:08
28	2073	Joana Chaves Rebelo	Clube Pessoal EDP - Delegação VNGaia	Senior Feminino	02:29:57	+01:06:41	07:08
29	2345	Liliana pinto	Pernetas	Senior Feminino	02:31:07	+01:07:51	07:12
30	2128	Rahel Keppler	Individual	Senior Feminino	02:31:09	+01:07:53	07:12
31	2401	Carla Araújo	TEAM LANTEMIL	Senior Feminino	02:34:50	+01:11:34	07:22
32	2133	Sophie Duarte	Individual	Senior Feminino	02:34:57	+01:11:41	07:23
33	2084	Marta Martinho	CrossFit Black Edition	Senior Feminino	02:38:41	+01:15:25	07:33
34	2001	Silvia Sousa	#altacilindrada	Senior Feminino	02:41:21	+01:18:05	07:41
35	2110	Ana Almeida	Hospital de Santa Maria - Porto	Senior Feminino	02:49:42	+01:26:26	08:05
36	2131	Sandra Silva	Individual	Senior Feminino	02:56:35	+01:33:19	08:25

Senior Masculino

1	2108	Nelson Feiteira	Grupo de Corrida de Argoncilhe	Senior Masculino	01:23:16		03:58
2	2337	João Narciso Gonçalves	OLÍMPICO VIANENSE	Senior Masculino	01:26:19	+03:03	04:07
3	2299	Joel Pereira	Minho e Lima Trail	Senior Masculino	01:30:22	+07:06	04:18
4	2377	José Rocha	Salgueiros Running	Senior Masculino	01:32:30	+09:13	04:24
5	2300	Leandro Silva	Minho e Lima Trail	Senior Masculino	01:32:45	+09:29	04:25
6	2323	João Pedro Padilha Leal	OFRunning	Senior Masculino	01:33:20	+10:04	04:27
7	2171	Paulo Moreira	Aliados Trail Running Team	Senior Masculino	01:34:09	+10:53	04:29
8	2343	Rui Carvalho	PEDALARTE	Senior Masculino	01:34:42	+11:26	04:31
9	2042	Tiago Lima	Aves runners	Senior Masculino	01:35:11	+11:55	04:32
10	2181	Vitor Cruz	Individual	Senior Masculino	01:36:08	+12:52	04:35
11	2072	Sérgio Silva	Clube Atletismo de Brito	Senior Masculino	01:37:22	+14:06	04:38
12	2393	Carlos Gomes	Sport Comércio e Salgueiros	Senior Masculino	01:39:04	+15:48	04:43
13	2150	Hugo Marante Lima	Individual	Senior Masculino	01:40:09	+16:53	04:46
14	2320	Flavio Silva	OFRunning	Senior Masculino	01:43:28	+20:12	04:56
15	2075	Paulo Silva	Clube Zupper	Senior Masculino	01:43:55	+20:39	04:57
16	2368	Filipe Villas-Boas	Run4Fun Vila Real	Senior Masculino	01:44:48	+21:31	04:59
17	2162	Luís Magalhaes	Individual	Senior Masculino	01:45:14	+21:58	05:01
18	2363	Rui Lobo Castro	Rinus Fafe	Senior Masculino	01:46:16	+23:00	05:04
19	2056	Manuel Gomes	BTT Alegria // TUBANI	Senior Masculino	01:46:17	+23:00	05:04
20	2305	Filipe Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:46:17	+23:01	05:04
21	2287	Pedro Miguel de Ascenção Neves	Juventude desportiva de Gondomar	Senior Masculino	01:46:17	+23:01	05:04
22	2165	Michel Silva	Individual	Senior Masculino	01:46:28	+23:12	05:04
23	2304	David Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:46:37	+23:21	05:05
24	2138	Bruno Gonçalves	Individual	Senior Masculino	01:46:47	+23:30	05:05
25	2043	Toni Neto	Aves runners	Senior Masculino	01:46:51	+23:35	05:05
26	2384	Paulo Elias	SF2002	Senior Masculino	01:47:14	+23:58	05:06
27	2353	Bruno Melo	PORTO SENTIDO RUNNERS	Senior Masculino	01:48:31	+25:15	05:10
28	2136	Amaro José Faria Barbosa	Individual	Senior Masculino	01:48:43	+25:27	05:11
29	2099	Filipe Oliveira	FisioPedro Trail	Senior Masculino	01:50:19	+27:03	05:15
30	2059	César Guimarães	CB RUN	Senior Masculino	01:50:53	+27:37	05:17
31	1117	Hugo água	Individual	Senior Masculino	01:51:30	+28:14	05:19
32	2170	Paulo Jorge Costa Oliveira	Individual	Senior Masculino	01:51:40	+28:24	05:19
33	2036	Ricardo Filipe Oliveira Esteves	ARCORUN	Senior Masculino	01:52:35	+29:19	05:22
34	2169	Nuno Monteiro	Individual	Senior Masculino	01:52:37	+29:21	05:22
35	2149	Francisco Silva	Individual	Senior Masculino	01:52:50	+29:34	05:22
36	2098	Daniel Neto	FisioPedro Trail	Senior Masculino	01:53:02	+29:46	05:23
37	2011	Daniel Santos	A. D. Amarante Trail Running	Senior Masculino	01:53:03	+29:47	05:23
38	2180	Simon de Sousa	Individual	Senior Masculino	01:53:09	+29:52	05:23
39	2289	Pedro lopes	Lbr Team	Senior Masculino	01:53:14	+29:58	05:24
40	2434	Tiago Miguel	Individual	Senior Masculino	01:53:54	+30:38	05:25
41	2147	Filipe Carreira	Individual	Senior Masculino	01:54:24	+31:08	05:27
42	2369	Rui Borges	Run4Fun Vila Real	Senior Masculino	01:54:43	+31:27	05:28

21KM

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

43	2097	Marcos Santos	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:55:12	+31:56	05:29
44	2319	Eduardo Neves	OFRunning	Senior Masculino	01:56:15	+32:59	05:32
45	2409	Bruno Miguel Afonso Pinheiro	TRAIL TEAM MONTARIA	Senior Masculino	01:56:29	+33:12	05:33
46	2155	João Matias	Individual	Senior Masculino	01:56:52	+33:36	05:34
47	2137	André Costa	Individual	Senior Masculino	01:57:11	+33:55	05:35
48	2086	Hugo Lima	Desnível Positivo	Senior Masculino	01:57:54	+34:38	05:37
49	2061	Leandro Rodrigues	CB RUN	Senior Masculino	01:57:56	+34:40	05:37
50	2321	Hugo Ferreira	OFRunning	Senior Masculino	01:58:27	+35:11	05:38
51	2018	Joaquim Flávio Fernandes Carvalho	ACRIF	Senior Masculino	01:58:42	+35:26	05:39
52	2016	Filipe Correia	ACRIF	Senior Masculino	01:58:42	+35:26	05:39
53	2324	João Sousa	OFRunning	Senior Masculino	01:58:51	+35:35	05:40
54	2418	Douglas	Viana Running	Senior Masculino	02:00:10	+36:54	05:43
55	2007	João Mota	A Vidraria Armando este ano patrocina	Senior Masculino	02:01:39	+38:23	05:48
56	2429	Tiago Martins	Zenit AUTOMÓVEIS	Senior Masculino	02:01:43	+38:27	05:48
57	2114	Diogo Jorge Monteiro Alves	Icarus Running Team	Senior Masculino	02:02:06	+38:50	05:49
58	2176	Ricardo Jorge Campos Seara Carneiro	Individual	Senior Masculino	02:02:23	+39:06	05:50
59	2041	Jorge Costa	Aves runners	Senior Masculino	02:02:53	+39:36	05:51
60	2096	Martinho Dias	Ermida Team	Senior Masculino	02:03:22	+40:06	05:53
61	2173	Pedro neto	Individual	Senior Masculino	02:03:51	+40:35	05:54
62	2327	Tiago Coelho	OFRunning	Senior Masculino	02:04:28	+41:12	05:56
63	2440	Paulo Jorge do Couto Gomes	Individual	Senior Masculino	02:04:37	+41:20	05:56
64	2410	Fábio Afonso	TRAIL TEAM MONTARIA	Senior Masculino	02:05:53	+42:37	06:00
65	2341	Ricardo Dias	Paços runners	Senior Masculino	02:06:37	+43:21	06:02
66	2422	Mike Pereira	VIEIRA A CORRER	Senior Masculino	02:06:50	+43:34	06:02
67	2095	Ricardo Alves	Emforça	Senior Masculino	02:08:46	+45:30	06:08
68	2152	Hugo Sousa	Individual	Senior Masculino	02:09:08	+45:52	06:09
69	2322	João Dias	OFRunning	Senior Masculino	02:09:16	+46:00	06:09
70	2156	João Nuno Xavier da Silva	Individual	Senior Masculino	02:09:45	+46:29	06:11
71	2163	Manuel Laia Valente	Individual	Senior Masculino	02:13:27	+50:11	06:21
72	2060	Leandro Oliveira	CB RUN	Senior Masculino	02:14:12	+50:56	06:23
73	2082	Nelson Fernandes	Correr Para o Sucesso	Senior Masculino	02:14:27	+51:11	06:24
74	2141	Carlos Miguel Pinto Moreira	Individual	Senior Masculino	02:14:48	+51:32	06:25
75	2017	João Pedro Vilaça Ferreira	ACRIF	Senior Masculino	02:15:15	+51:59	06:26
76	2143	Daniel Xavier	Individual	Senior Masculino	02:16:27	+53:11	06:30
77	2405	Fárido Tavares	Telhabel Runners	Senior Masculino	02:16:34	+53:18	06:30
78	2427	Joel Sousa	Ze Team	Senior Masculino	02:17:09	+53:53	06:32
79	2428	Tiago Ferreira	Ze Team	Senior Masculino	02:17:09	+53:53	06:32
80	2352	André Oliveira	PORTO SENTIDO RUNNERS	Senior Masculino	02:17:31	+54:15	06:33
81	2154	João André Teixeira Soares	Individual	Senior Masculino	02:18:17	+55:01	06:35
82	2297	João Maia	MAGNUNSSENS	Senior Masculino	02:18:36	+55:19	06:36
83	2179	Rui Lopes	Individual	Senior Masculino	02:19:54	+56:38	06:40
84	2298	Óscar Martins	Melgaço Alvarinho Trail Team	Senior Masculino	02:20:14	+56:57	06:41
85	2051	José Coelho	Bikeservice	Senior Masculino	02:20:33	+57:17	06:42
86	2347	Vítor Silva	Pernetas	Senior Masculino	02:20:40	+57:23	06:42
87	2153	JESUS GONZALEZ GONZALEZ	Individual	Senior Masculino	02:21:14	+57:58	06:44
88	2436	Nuno Sá	Individual	Senior Masculino	02:22:06	+58:50	06:46

89	2404	Carlos Martins	Telhabel Runners	Senior Masculino	02:22:44	+59:28	06:48
90	2406	Renato Seara	Telhabel Runners	Senior Masculino	02:22:44	+59:28	06:48
91	2325	Mário Carvalho	OFRunning	Senior Masculino	02:23:18	+01:00:02	06:49
92	2140	carlos brandao	Individual	Senior Masculino	02:24:23	+01:01:06	06:53
93	2145	Diogo Ricardo Soares Pereira	Individual	Senior Masculino	02:29:11	+01:05:55	07:06
94	2158	JOEL BARROSO AFONSO LANDEIRA	Individual	Senior Masculino	02:29:11	+01:05:55	07:06
95	2142	Carlos Neves	Individual	Senior Masculino	02:29:54	+01:06:38	07:08
96	2174	PEDRO NEVES	Individual	Senior Masculino	02:30:01	+01:06:45	07:09
97	2139	Bruno Martins	Individual	Senior Masculino	02:30:03	+01:06:47	07:09
98	2012	Miguel Martins	Academia Desportiva de Arcos de Valdevez	Senior Masculino	02:30:06	+01:06:50	07:09
99	2160	José Pedro Freitas	Individual	Senior Masculino	02:30:15	+01:06:59	07:09
100	2070	Rafael Figueiredo	Chef Bandolete	Senior Masculino	02:30:15	+01:06:59	07:09
101	2069	André Almeida	Chef Bandolete	Senior Masculino	02:30:16	+01:07:00	07:09
102	2151	Hugo Pereira	Individual	Senior Masculino	02:34:18	+01:11:02	07:21
103	2085	Jorge Silva	CrossFit Black Edition	Senior Masculino	02:38:41	+01:15:25	07:33
104	2376	José Moreira	Salgueiros Running	Senior Masculino	02:41:11	+01:17:55	07:41
105	2172	Pedro Egídio Pinheiro Marques	Individual	Senior Masculino	02:49:43	+01:26:27	08:05
106	2134	Alexandre Dias	Individual	Senior Masculino	02:56:35	+01:33:19	08:25

Sub 23 Feminino

1	2301	Ana Rita Carneiro	Minho e Lima Trail	Sub 23 Feminino	02:05:25	+42:09	05:58
2	2182	Sara Kindlund	Individual	Sub 23 Feminino	02:30:41	+01:07:25	07:11

Sub 23 Masculino

1	2113	João Patatas	Hyundai - Mirandela a Correr	Sub 23 Masculino	01:44:17	+21:01	04:58
2	2411	MIGUEL BARROS	TRAIL TEAM MONTARIA	Sub 23 Masculino	02:06:07	+42:51	06:00
3	3186	André Oliveira	Individual	Sub 23 Masculino	02:12:40	+49:24	06:19
4	2183	João Pimenta	Individual	Sub 23 Masculino	03:03:06	+01:39:50	08:43

Veterana F40

1	2364	Cidalia Novais	Rinus Fafe	Veterana F40	01:50:46	+27:30	05:16
2	2419	HELENA SOUSA	Viana Running	Veterana F40	01:54:26	+31:10	05:27
3	2029	Paula Santos	All About	Veterana F40	01:56:35	+33:19	05:33
4	2023	Sara Conde	AFIS/OVAR	Veterana F40	01:57:35	+34:19	05:36
5	2415	Carla Dalila Lage Vilela Martins de Oliveira	TURBULENTOS	Veterana F40	02:03:11	+39:55	05:52
6	2064	Sara Silva	Cerealis - Milaneza	Veterana F40	02:04:11	+40:55	05:55
7	2396	MARIA DE LURDES PEREIRA GONÇALVES BARBEDO	SUCUPIRA F C	Veterana F40	02:07:32	+44:16	06:04
8	2076	conceicao ferreira	Coronado runners	Veterana F40	02:09:05	+45:49	06:09
9	2092	Cecília Martins	eFY	Veterana F40	02:12:28	+49:12	06:18
10	2093	Isabel Carvalho	eFY	Veterana F40	02:14:34	+51:18	06:24

11	2382	Sara Colaço	Seixal Team	Veterana F40	02:15:10	+51:54	06:26
12	2005	Manuela Monteiro	100meta	Veterana F40	02:16:37	+53:21	06:30
13	2354	Elizabete loureiro	PORTO SENTIDO RUNNERS	Veterana F40	02:17:31	+54:15	06:33
14	2355	Marina Silva	PORTO SENTIDO RUNNERS	Veterana F40	02:17:31	+54:15	06:33
15	2067	Sandra Martins	Cerealis - Milaneza	Veterana F40	02:21:30	+58:14	06:44
16	3288	Luisa Marques	PORTO SENTIDO RUNNERS	Veterana F40	02:22:56	+59:40	06:48
17	2196	Silvia Vilar	Individual	Veterana F40	02:23:00	+59:44	06:49
18	2094	Suzana Rios	eFY	Veterana F40	02:23:51	+01:00:35	06:51
19	2184	Ana Pestana	Individual	Veterana F40	02:24:25	+01:01:09	06:53
20	2348	CARLA FRANCO	Pernetas	Veterana F40	02:24:29	+01:01:13	06:53
21	2416	Teresa Silva	TURBULENTOS	Veterana F40	02:24:41	+01:01:25	06:53
22	2186	Andréia Cristina de Oliveira	Individual	Veterana F40	02:24:54	+01:01:38	06:54
23	2195	Paula Carneiro	Individual	Veterana F40	02:28:25	+01:05:09	07:04
24	2190	Filipa Pimenta	Individual	Veterana F40	02:29:28	+01:06:12	07:07
25	2192	Maria Lurdes Mendes	Individual	Veterana F40	02:30:51	+01:07:35	07:11
26	2185	Ana Rebelo	Individual	Veterana F40	02:30:51	+01:07:35	07:11
27	2197	Susana canhola	Individual	Veterana F40	02:31:48	+01:08:32	07:14
28	2193	Marta Cardoso	Individual	Veterana F40	02:31:55	+01:08:39	07:14
29	2191	Isabel Martins	Individual	Veterana F40	02:34:33	+01:11:17	07:22
30	2087	Elisia Gonçalves	Desnível Positivo	Veterana F40	02:34:50	+01:11:34	07:22
31	2188	Diana Pereira	Individual	Veterana F40	02:35:52	+01:12:36	07:25
32	2426	Mónica Margaride	Yazaki Runners	Veterana F40	02:37:01	+01:13:44	07:29
33	2379	Susana Vasconcelos	Salgueiros Running	Veterana F40	02:41:10	+01:17:54	07:41
34	2187	Cristina da Conceição Antunes Ferreira de Moura	Individual	Veterana F40	02:45:46	+01:22:30	07:54
35	2373	CLARA PINTO	RUN4LUNCH	Veterana F40	02:55:26	+01:32:10	08:21
36	2189	Estefânia de Jesus Teixeira Matias	Individual	Veterana F40	02:56:35	+01:33:19	08:25

Veterana F50

1	2198	celeste moreira	Individual	Veterana F50	02:02:15	+38:59	05:49
2	2115	Maria Júlia Masculino Ribeiro	Icarus Running Team	Veterana F50	02:07:25	+44:09	06:04
3	2200	Cristina Coelho	Individual	Veterana F50	02:10:36	+47:20	06:13
4	2044	Delfina Rompante	Aves runners	Veterana F50	02:15:11	+51:55	06:26
5	2205	Maria Ribeiro	Individual	Veterana F50	02:17:16	+54:00	06:32
6	2356	Fernanda Carneiro	PORTO SENTIDO RUNNERS	Veterana F50	02:18:23	+55:06	06:35
7	2438	Paula Cristina Sá Peixoto	Braguinhas Runners	Veterana F50	02:20:31	+57:15	06:41
8	2202	Elsa Mota	Individual	Veterana F50	02:23:22	+01:00:06	06:50
9	2206	Rosa vaz	Individual	Veterana F50	02:26:19	+01:03:03	06:58
10	2203	Maria dos Anjos Gabriel Pereira	Individual	Veterana F50	02:26:34	+01:03:18	06:59
11	2204	maria luz almeida	Individual	Veterana F50	02:33:18	+01:10:02	07:18
12	2201	Cristina Pacheco	Individual	Veterana F50	02:34:33	+01:11:17	07:22

Veterano M40

1	2057	Federico losada Conde	CASTRO-TRAIL	Veterano M40	01:23:44	+00:28	03:59

21KM

21 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	2112	josé afonso	HSantaMariaRT	Veterano M40	01:25:53	+02:37	04:05
3	2432	Miguel Ribeiro	Zona Alta Trail	Veterano M40	01:27:25	+04:09	04:10
4	2240	Pedro Gilvaz	Individual	Veterano M40	01:30:31	+07:15	04:19
5	2102	Gualter Freitas	FISIOVERALEMOS	Veterano M40	01:33:46	+10:30	04:28
6	2019	Fernando Antunes Ribeiro Dos Santos	ACRIF	Veterano M40	01:34:27	+11:11	04:30
7	2088	Jorge Alves	Desnível Positivo	Veterano M40	01:34:34	+11:18	04:30
8	2101	Eduardo Lemos	FISIOVERALEMOS	Veterano M40	01:35:57	+12:41	04:34
9	2255	Sérgio Martins	Individual	Veterano M40	01:36:53	+13:37	04:37
10	2237	Paulo Fernandes	Individual	Veterano M40	01:39:04	+15:48	04:43
11	2439	Paulo Carvalho	Individual	Veterano M40	01:39:39	+16:23	04:45
12	2338	Nuno Araujo	OLÍMPICO VIANENSE	Veterano M40	01:39:43	+16:27	04:45
13	2424	HELDER SILVA	XPLODTT	Veterano M40	01:40:35	+17:19	04:47
14	2100	Sérgio Sampaio	FisioPedro Trail	Veterano M40	01:41:01	+17:45	04:49
15	2213	Daniel Grenha Fonseca	Individual	Veterano M40	01:41:08	+17:52	04:49
16	2013	Carlos Alberto Pires Loureiro	Academia Desportiva de Arcos de Valdevez	Veterano M40	01:41:54	+18:37	04:51
17	2212	António Cunha	Individual	Veterano M40	01:42:16	+19:00	04:52
18	2389	Victor Martins	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:42:19	+19:03	04:52
19	2317	Pedro Boto	O Mundo da Corrida	Veterano M40	01:42:50	+19:34	04:54
20	2021	Paulo César Barbosa Ferreira	ACRIF	Veterano M40	01:43:26	+20:10	04:56
21	2339	Carlos Couto	Outlaw runners	Veterano M40	01:43:51	+20:35	04:57
22	2034	Carlos Peixoto	Amigos da Montanha	Veterano M40	01:44:03	+20:47	04:57
23	2217	Hélder Barbosa	Individual	Veterano M40	01:44:17	+21:01	04:58
24	2232	Marcos Ourives	Individual	Veterano M40	01:44:32	+21:16	04:59
25	2245	Ricardo Silva	Individual	Veterano M40	01:44:51	+21:35	05:00
26	2253	Serafim Reis	Individual	Veterano M40	01:45:15	+21:59	05:01
27	2385	Fernando Pinto	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:45:55	+22:39	05:03
28	2104	Diamantino Martins	GDR Juventude das Ribeiras	Veterano M40	01:46:04	+22:47	05:03
29	2333	Filipe Caldeira Oliveira	Oiã Runners	Veterano M40	01:46:17	+23:01	05:04
30	2035	Cristóvão Sampaio	Amigos das Sapatilhas	Veterano M40	01:46:43	+23:27	05:05
31	2414	André Mesquita Guimarães	Trevo do Sucesso	Veterano M40	01:46:44	+23:28	05:05
32	2295	Pedro Gaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	01:47:15	+23:58	05:06
33	2370	Joaquim Santos	Run4Fun Vila Real	Veterano M40	01:48:42	+25:26	05:11
34	2308	Ibraim Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:48:46	+25:30	05:11
35	2238	Paulo Fonseca Pinto	Individual	Veterano M40	01:49:05	+25:49	05:12
36	2312	Victor Azevedo	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	01:49:41	+26:25	05:13
37	2089	Jorge Pinheiro	Dive into the montains	Veterano M40	01:50:25	+27:09	05:16
38	2047	Filipe Pedrosa	Aves runners	Veterano M40	01:50:55	+27:39	05:17
39	2243	Pedro Rodrigues	Individual	Veterano M40	01:51:02	+27:46	05:17
40	2248	rui carvalho	Individual	Veterano M40	01:51:18	+28:02	05:18
41	2024	Paulo Conde	AFIS/OVAR	Veterano M40	01:51:47	+28:30	05:19
42	2412	Jorge Pires	TRAIL TEAM MONTARIA	Veterano M40	01:52:32	+29:16	05:22
43	2246	Rolando Paulo	Individual	Veterano M40	01:53:01	+29:45	05:23

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OFFICIAL RESULT

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44	2077	João Maia	Coronado runners	Veterano M40	01:53:03	+29:47	05:23
45	2249	RUI FERREIRA	Individual	Veterano M40	01:53:05	+29:49	05:23
46	2392	David Sora	Sora team	Veterano M40	01:53:08	+29:52	05:23
47	2425	MIGUEL ÂNGELO	XPLODTT	Veterano M40	01:53:18	+30:02	05:24
48	2214	domingos peixoto	Individual	Veterano M40	01:53:31	+30:15	05:24
49	2294	Jorge Figueiredo	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	01:54:18	+31:02	05:27
50	2030	Henrique Marques	All About	Veterano M40	01:54:21	+31:05	05:27
51	2420	Jorge Daniel Silva	Viana Running	Veterano M40	01:54:25	+31:09	05:27
52	2083	Roberto Esteves	Correr por Monção	Veterano M40	01:54:29	+31:13	05:27
53	2372	Rui Filipe Fernandes Marques Correia	Run4Fun Vila Real	Veterano M40	01:54:43	+31:27	05:28
54	2366	Sergio Teixeira	Rinus Fafe	Veterano M40	01:54:45	+31:29	05:28
55	2242	Pedro Nuno Neves Pereira	Individual	Veterano M40	01:55:35	+32:19	05:30
56	1011	Jose Padrão	ARCA BarceloS runners	Veterano M40	01:55:39	+32:22	05:30
57	2049	Mario lima	Aves runners	Veterano M40	01:55:51	+32:35	05:31
58	2020	Miguel António Vieira Ferreira	ACRIF	Veterano M40	01:55:55	+32:39	05:31
59	2080	Antonio Carlos Tavares de Paiva	CORRER LEÇA	Veterano M40	01:56:39	+33:22	05:33
60	2014	Sérgio Filipe Mendes Gomes	Acamados	Veterano M40	01:57:05	+33:49	05:35
61	2316	José Paulo Magalhães Faria	NO TOMORROW RUNNING TEAM	Veterano M40	01:57:39	+34:22	05:36
62	1067	DANIEL MIRANDA	Individual	Veterano M40	01:58:16	+35:00	05:38
63	2216	Filipe Ribeiro	Individual	Veterano M40	01:58:23	+35:07	05:38
64	2256	Vitor Araújo	Individual	Veterano M40	01:58:24	+35:08	05:38
65	2357	Fernando Queirós	PORTO SENTIDO RUNNERS	Veterano M40	01:58:25	+35:09	05:38
66	2004	Francisco Monteiro	#passoapasso-runners Pontével	Veterano M40	01:58:33	+35:17	05:39
67	2006	Augusto Mendes	4TEAMBTT	Veterano M40	01:58:53	+35:36	05:40
68	2037	José Correia	ARCORUN	Veterano M40	01:59:03	+35:47	05:40
69	2290	António Manuel Leite Ribeiro	LeoesASolta	Veterano M40	01:59:30	+36:14	05:41
70	2387	João Nuno	SOCIEDADE RECREIO CEPANENSE	Veterano M40	01:59:43	+36:27	05:42
71	2210	Americo Areias	Individual	Veterano M40	02:00:05	+36:48	05:43
72	2219	JAVIER PEREZ ALONSO	Individual	Veterano M40	02:00:31	+37:15	05:44
73	2209	Amaro Fernandes	Individual	Veterano M40	02:00:44	+37:28	05:45
74	2226	José Rodrigues	Individual	Veterano M40	02:02:54	+39:38	05:51
75	2239	Paulo Hernani	Individual	Veterano M40	02:03:06	+39:49	05:52
76	2107	carlos alberto	GENEROSOS RUNNERS	Veterano M40	02:03:53	+40:36	05:54
77	2223	Jorge Costa	Individual	Veterano M40	02:04:00	+40:44	05:54
78	2397	Helder Alexandre Gomes Monteiro	SUCUPIRA F C	Veterano M40	02:04:07	+40:51	05:55
79	2332	Carlos Manuel Marques Silva	Oiã Runners	Veterano M40	02:04:56	+41:40	05:57
80	2306	Ricardo Marques Moreira	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:05:59	+42:43	06:00
81	2234	Mílton	Individual	Veterano M40	02:06:50	+43:34	06:02
82	2328	Agostinho Correia Pacheco	OFRunning	Veterano M40	02:07:05	+43:49	06:03
83	2254	Sérgio	Individual	Veterano M40	02:07:31	+44:15	06:04
84	2398	HENRIQUE MANUEL SILVEIRA PEREIRA BARBEDO	SUCUPIRA F C	Veterano M40	02:07:32	+44:16	06:04
85	2244	Ricardo Quintas	Individual	Veterano M40	02:07:41	+44:25	06:05
86	2054	Zé Tó Brito	BRAGA RUNNERS	Veterano M40	02:08:41	+45:25	06:08

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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87	2220	João Pedro Cunha	Individual	Veterano M40	02:08:42	+45:25	06:08
88	2259	Vitor Miranda	Individual	Veterano M40	02:09:03	+45:47	06:09
89	2421	RICARDO QUEIROS	Viana Running	Veterano M40	02:09:30	+46:14	06:10
90	2388	Jorge Ferreira	SOCIEDADE RECREIO CEPANENSE	Veterano M40	02:09:40	+46:24	06:11
91	2078	José Duarte	Coronado runners	Veterano M40	02:09:51	+46:35	06:11
92	2247	Rui Branco da Cruz	Individual	Veterano M40	02:09:51	+46:35	06:11
93	2360	Rui Teixeira	PORTO SENTIDO RUNNERS	Veterano M40	02:11:22	+48:06	06:15
94	2307	António Rocha	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:11:34	+48:18	06:16
95	2235	Nuno Rodrigues	Individual	Veterano M40	02:11:34	+48:18	06:16
96	2045	Abílio Ferreira	Aves runners	Veterano M40	02:12:49	+49:33	06:20
97	2423	Rui Sousa	WOLVES	Veterano M40	02:13:08	+49:52	06:20
98	2225	José Henrique Ferreira da Silva	Individual	Veterano M40	02:13:10	+49:54	06:20
99	2222	Jorge Brito	Individual	Veterano M40	02:13:15	+49:59	06:21
100	2252	Rui Neves	Individual	Veterano M40	02:13:30	+50:14	06:21
101	2399	RICARDO NELSON MAIA	SUCUPIRA F C	Veterano M40	02:15:03	+51:47	06:26
102	2407	Sérgio Carvalho	Temos pena	Veterano M40	02:15:04	+51:48	06:26
103	2233	Mario Silva	Individual	Veterano M40	02:15:13	+51:57	06:26
104	2231	Marcos Gomes	Individual	Veterano M40	02:15:43	+52:27	06:28
105	1076	Rui Pedro Pinto	Individual	Veterano M40	02:15:56	+52:40	06:28
106	2211	Andre Seara	Individual	Veterano M40	02:16:29	+53:13	06:30
107	2293	Amílcar Teixeira	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:17:29	+54:13	06:33
108	2291	Ricardo Gonçalves	LeoesASolta	Veterano M40	02:18:09	+54:53	06:35
109	2227	Luís Carlos Rocha	Individual	Veterano M40	02:18:19	+55:03	06:35
110	2002	Jorge Cristino	#altacilindrada	Veterano M40	02:18:34	+55:18	06:36
111	2215	Fernando Agostinho	Individual	Veterano M40	02:19:03	+55:47	06:37
112	2229	Manuel Correia	Individual	Veterano M40	02:19:11	+55:55	06:38
113	2349	Manuel Carvalho	Pés de Chumbo Runners	Veterano M40	02:19:23	+56:07	06:38
114	2251	Rui Martins	Individual	Veterano M40	02:20:18	+57:02	06:41
115	2079	Nuno Alexandre da Costa Viana	Correr Antas à Noite	Veterano M40	02:21:30	+58:14	06:44
116	2241	Pedro Miguel Lourenço de Sousa	Individual	Veterano M40	02:21:30	+58:14	06:44
117	135	FLORINDO JOSÉ GONZÁLEZ GONZALEZ	Individual	Veterano M40	02:22:16	+59:00	06:46
118	2358	Jorge Pereira	PORTO SENTIDO RUNNERS	Veterano M40	02:22:57	+59:40	06:48
119	2342	Paulo Correia	Paulo Correia Reabilitação Integrada	Veterano M40	02:23:00	+59:44	06:49
120	2430	Pedro Fernandes	Zenit AUTOMÓVEIS	Veterano M40	02:23:27	+01:00:11	06:50
121	2431	Tony Dias	Zenit AUTOMÓVEIS	Veterano M40	02:24:55	+01:01:38	06:54
122	2257	Vitor Manuel Fonseca	Individual	Veterano M40	02:26:09	+01:02:53	06:58
123	2003	Luis cristino	#altacilindrada	Veterano M40	02:26:30	+01:03:13	06:59
124	2334	Márcio Ferreira	Oiã Runners	Veterano M40	02:26:49	+01:03:33	07:00
125	2046	Afonso Torres	Aves runners	Veterano M40	02:28:52	+01:05:36	07:05
126	2048	Gabriel Freitas	Aves runners	Veterano M40	02:28:52	+01:05:36	07:05
127	2310	Rui Augusto	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:29:11	+01:05:55	07:06
128	2311	Rui Rodrigues	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:31:20	+01:08:03	07:12

129	2400	Miguel Sousa	Taylors	Veterano M40	02:36:38	+01:13:22	07:28
130	2331	Carlos Maia	Oiã Runners	Veterano M40	02:36:51	+01:13:35	07:28
131	2103	Joaquim de Sousa	Fit2labor	Veterano M40	02:37:00	+01:13:44	07:29
132	2230	Manuel Peixoto	Individual	Veterano M40	02:37:01	+01:13:45	07:29
133	2207	Abilio Silva	Individual	Veterano M40	02:37:12	+01:13:55	07:29
134	2380	Ângelo Vidal	Salgueiros Running	Veterano M40	02:41:11	+01:17:55	07:41
135	2359	Miguel Azevedo	PORTO SENTIDO RUNNERS	Veterano M40	02:41:21	+01:18:04	07:41
136	2329	Manuel Moreira	OFRunning	Veterano M40	02:51:02	+01:27:46	08:09
137	2258	Vitor Manuel Moreira Viana	Individual	Veterano M40	02:56:35	+01:33:19	08:25

Veterano M50

1	2274	Mário Gonçalves	Individual	Veterano M50	01:33:00	+09:44	04:26
2	2264	fernando pereira	Individual	Veterano M50	01:34:59	+11:42	04:31
3	2022	José Barbosa Pereira Macedo	ACRIF	Veterano M50	01:40:22	+17:06	04:47
4	2302	Antônio Barbosa	Minho e Lima Trail	Veterano M50	01:40:49	+17:33	04:48
5	2273	José Oliveira	Individual	Veterano M50	01:41:16	+18:00	04:49
6	2272	José Lopes	Individual	Veterano M50	01:45:12	+21:56	05:01
7	2314	Manuel Faria	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	01:45:22	+22:05	05:01
8	2032	Paulo Melo	All About	Veterano M50	01:46:09	+22:53	05:03
9	2275	Nuno Ferreira	Individual	Veterano M50	01:47:05	+23:49	05:06
10	2315	Manuel Póvoas	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	01:47:14	+23:58	05:06
11	2116	Manuel Alves	Icarus Running Team	Veterano M50	01:48:02	+24:46	05:09
12	2026	Jose Tavares	AFIS/OVAR	Veterano M50	01:48:12	+24:56	05:09
13	2381	Orlando Ferreira	Salgueiros Running	Veterano M50	01:49:31	+26:15	05:13
14	2010	Paulo Santos	A Vidraria Armando este ano patrocina	Veterano M50	01:49:50	+26:34	05:14
15	2105	Jorge Marinho	GDR Juventude das Ribeiras	Veterano M50	01:49:58	+26:42	05:14
16	2277	paulo moreira	Individual	Veterano M50	01:50:38	+27:22	05:16
17	2027	Paulo Fernandes	AFIS/OVAR	Veterano M50	01:53:25	+30:09	05:24
18	2053	José Mendes	Boavista Trail	Veterano M50	01:53:29	+30:13	05:24
19	2278	Paulo Nóvoa	Individual	Veterano M50	01:53:56	+30:40	05:26
20	2068	João Paulo Rocha	Cerealis - Milaneza	Veterano M50	01:56:01	+32:44	05:31
21	2058	Castor Tombo Cantarilla	CASTRO-TRAIL	Veterano M50	01:56:46	+33:30	05:34
22	2279	Paulo Silva	Individual	Veterano M50	01:57:35	+34:19	05:36
23	2313	António Luís	MSS CONTABILIDADE TRAIL TEAM	Veterano M50	01:57:57	+34:41	05:37
24	2009	Manuel Santos	A Vidraria Armando este ano patrocina	Veterano M50	01:58:18	+35:02	05:38
25	2281	Raul Macedo	Individual	Veterano M50	01:59:30	+36:14	05:41
26	2282	Rui Coelho	Individual	Veterano M50	02:01:51	+38:35	05:48
27	2296	PAULO BRÁS	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:01:57	+38:41	05:48
28	2025	Joaquim. Moreira	AFIS/OVAR	Veterano M50	02:05:25	+42:09	05:58
29	2008	Eduardo Nunes	A Vidraria Armando este ano patrocina	Veterano M50	02:06:11	+42:55	06:01

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30	2284	Victor Manuel	Individual	Veterano M50	02:06:50	+43:34	06:02
31	2276	Paulo Carneiro	Individual	Veterano M50	02:09:08	+45:52	06:09
32	2391	António Mendes	SOCIEDADE RECREIO CEPANENSE	Veterano M50	02:09:40	+46:24	06:10
33	2390	Abílio Teixeira	SOCIEDADE RECREIO CEPANENSE	Veterano M50	02:09:40	+46:24	06:11
34	2283	Rui Madeira	Individual	Veterano M50	02:11:20	+48:04	06:15
35	1079	Rui Lobo Machado	Individual	Veterano M50	02:12:05	+48:49	06:17
36	2050	Adélio Castro	Aves runners	Veterano M50	02:14:30	+51:13	06:24
37	2117	Paulo Manuel Monteiro Domingues	Ilha Brava Running	Veterano M50	02:15:04	+51:47	06:26
38	2383	Rui Velez	Seixal Team	Veterano M50	02:15:14	+51:58	06:26
39	2335	Carlos Manuel Lemos Silva Martins	Oiã Runners	Veterano M50	02:16:35	+53:18	06:30
40	2269	Jorge Caria	Individual	Veterano M50	02:17:29	+54:13	06:33
41	2015	Joaquim Oliveira	Acamados	Veterano M50	02:19:06	+55:50	06:37
42	2031	José Nogueira	All About	Veterano M50	02:21:30	+58:14	06:44
43	2271	José Cardoso	Individual	Veterano M50	02:22:29	+59:13	06:47
44	2303	Firmino Mendes	Montanha Clube Trail Running/Efapel	Veterano M50	02:22:41	+59:25	06:48
45	2261	Artur Luis Moreira	Individual	Veterano M50	02:22:45	+59:29	06:48
46	2417	Artur Silva	TURBULENTOS	Veterano M50	02:24:41	+01:01:25	06:53
47	2263	Avelino Paulo Moreira Marques	Individual	Veterano M50	02:24:49	+01:01:33	06:54
48	2260	abel ferreira	Individual	Veterano M50	02:25:41	+01:02:25	06:56
49	2280	Paulo Soares	Individual	Veterano M50	02:26:34	+01:03:17	06:59
50	2270	José Anes	Individual	Veterano M50	02:34:33	+01:11:17	07:22
51	2118	Plínio Marques Silva	Ilha Brava Running	Veterano M50	02:37:02	+01:13:45	07:29
52	2367	José Freitas	RollingAventura	Veterano M50	02:37:36	+01:14:20	07:30
53	2336	MARIO MAIA	oiã runners	Veterano M50	02:55:19	+01:32:03	08:21
54	2375	JOAO CASTRO LOPES	RUN4LUNCH	Veterano M50	02:55:26	+01:32:10	08:21

Veterano M60

1	2288	Agostinho da Silva Neves	Juventude desportiva de Gondomar	Veterano M60	01:48:36	+25:20	05:10
2	2033	Lino Moreira	All About	Veterano M60	02:00:01	+36:44	05:43
3	2109	fernando rocha	GRUPO DESPORTIVO LEOES DO VENEZA	Veterano M60	02:21:50	+58:33	06:45
4	2285	Carlos Almeida	Individual	Veterano M60	02:34:57	+01:11:41	07:23