

8° G.P. ATLETISMO CIDADE DE MONTEMOR-O-NOVO

Patrocínio: C.M. MONTEMOR-O-NOVO

Apoio: B.V. MONTEMOR-O-NOVO

Data: 02/03/2008

Classif.: Relatório Geral Masculino e Feminino

| Coloc. | Num. | Atleta | Id. | Ex.Et. | Cl.E.E | Sx. | C. | SC1 | SC2 | SC3 | Clube | Tempo |
|--------|------|--------------------|-----|--------|--------|-----|----|-----|-----|-----|--------------------|----------|
| 1 | 50 | BRUNO FRAGA | 30 | M2039 | 1 | M | | | | | GDR REBOLEIRA | 00:30:53 |
| 2 | 1 | CARLOS SILVA | 24 | M2039 | 2 | M | | | | | SPORTING CP | 00:30:54 |
| 3 | 489 | ARTUR SANTIAGO | 36 | M2039 | 3 | M | | | | | UNIDOS CAIXIENSE | 00:30:56 |
| 4 | 395 | MANUEL SILVA | 29 | M2039 | 4 | M | | | | | SL BENFICA | 00:31:06 |
| 5 | 8 | JOSE DA LUZ | 27 | M2039 | 5 | M | | | | | GD FABRIL | 00:31:13 |
| 6 | 9 | RICARDO ABREU | 28 | M2039 | 6 | M | | | | | GD ESTREITO | 00:31:17 |
| 7 | 468 | RICARDO MATEUS | 20 | M2039 | 7 | M | | | | | SPORTING CP | 00:31:32 |
| 8 | 493 | LUIS CABRAL | 29 | M2039 | 8 | M | | | | | UCRD PRAIENSE | 00:31:47 |
| 9 | 51 | EMILIANO VIEIRA | 28 | M2039 | 9 | M | | | | | GDR REBOLEIRA | 00:31:51 |
| 10 | 55 | EUGENIO NETO | 45 | M4549 | 1 | M | | | | | GDR REBOLEIRA | 00:31:53 |
| 11 | 159 | CARLOS ALVES | 41 | M4044 | 1 | M | | | | | BOAVISTA S MATEUS | 00:32:22 |
| 12 | 52 | NUNO ROMAO | 35 | M2039 | 10 | M | | | | | GDR REBOLEIRA | 00:32:41 |
| 13 | 162 | PEDRO GOMES | 30 | M2039 | 11 | M | | | | | BOAVISTA S MATEUS | 00:32:54 |
| 14 | 356 | GILBERTO FERNANDES | 45 | M4549 | 2 | M | | | | | ACR FRADE CIMA | 00:33:06 |
| 15 | 226 | PEDRO MARAVILHAS | 31 | M2039 | 12 | M | | | | | NS SESIMBRA | 00:33:13 |
| 16 | 227 | LUIS GINJA | 34 | M2039 | 13 | M | | | | | OLIMPICO C LAGOS | 00:33:18 |
| 17 | 54 | JOSE INACIO | 42 | M4044 | 2 | M | | | | | GDR REBOLEIRA | 00:33:24 |
| 18 | 78 | JOSE MARTINS | 42 | M4044 | 3 | M | | | | | GRD OS FIXES | 00:33:31 |
| 19 | 490 | LUIS LIMA | 36 | M2039 | 14 | M | | | | | UNIDOS CAIXIENSE | 00:33:39 |
| 20 | 125 | JOSE O SANTOS | 46 | M4549 | 3 | M | | | | | AA PEGO LONGO | 00:33:46 |
| 21 | 398 | HONORIO CAEIRO | 46 | M4549 | 4 | M | | | | | GD DIANA | 00:33:54 |
| 22 | 53 | MARIO MONTEIRO | 29 | M2039 | 15 | M | | | | | GDR REBOLEIRA | 00:33:56 |
| 23 | 12 | SILVESTRE GOMES | 52 | M5054 | 1 | M | | | | | JD NEVES | 00:33:57 |
| 24 | 301 | EDUARDO EUSTAQUIO | 43 | M4044 | 4 | M | | | | | AA MAFRA | 00:34:00 |
| 25 | 56 | FILIPPE SILVA | 55 | M5559 | 1 | M | | | | | GDR REBOLEIRA | 00:34:01 |
| 26 | 402 | FRANCISCO PEDRO | 37 | M2039 | 16 | M | | | | | INDIVIDUAL | 00:34:03 |
| 27 | 169 | JOSE SOLDADO | 45 | M4549 | 5 | M | | | | | CEFA MARINHA | 00:34:17 |
| 28 | 297 | VIRGILIO GOMES | 39 | M2039 | 17 | M | | | | | GD MACEDO OCULISTA | 00:34:35 |
| 29 | 10 | RENATO MANUEL | 32 | M2039 | 18 | M | | | | | JD NEVES | 00:34:38 |
| 30 | 353 | APARECIDO GOMES | 26 | M2039 | 19 | M | | | | | NA CP LAVRE | 00:34:48 |

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| 31 | 145 | JOAO CARDOSO | 46 | M4549 | 6 | M | | | | | CP LIBERTY SEGUROS | 00:34:52 |
| 32 | 302 | FRANCISCO ROCHA | 40 | M4044 | 5 | M | | | | | AA MAFRA | 00:34:57 |
| 33 | 11 | JOSE SANTOS | 48 | M4549 | 7 | M | | | | | JD NEVES | 00:35:10 |
| 34 | 31 | JOAO VEIGA | 41 | M4044 | 6 | M | | | | | SFUAP | 00:35:12 |
| 35 | 151 | PAULO GUIMARAES | 30 | M2039 | 20 | M | | | | | CP LIBERTY SEGUROS | 00:35:12 |
| 36 | 135 | VITOR CARVALHEIRA | 20 | M2039 | 21 | M | | | | | CN ALVITO | 00:35:22 |
| 37 | 283 | ALEXANDRE PINHEIRO | 37 | M2039 | 22 | M | | | | | GD MACEDO OCULISTA | 00:35:24 |
| 38 | 57 | JOAO FERREIRA | 32 | M2039 | 23 | M | | | | | GDR REBOLEIRA | 00:35:26 |
| 39 | 494 | HUGO LEAL | 24 | M2039 | 24 | M | | | | | GD O INDEPENDENTE | 00:35:29 |
| 40 | 292 | MARIO PEDRO | 32 | M2039 | 25 | M | | | | | GD MACEDO OCULISTA | 00:35:38 |
| 41 | 287 | GABRIEL GONCALVES | 53 | M5054 | 2 | M | | | | | GD MACEDO OCULISTA | 00:35:40 |
| 42 | 210 | MANUEL VILELA | 44 | M4044 | 7 | M | | | | | GD O INDEPENDENTE | 00:35:56 |
| 43 | 499 | RENATO GUERREIRO | 28 | M2039 | 26 | M | | | | | NAR MESSEJANA | 00:35:57 |
| 44 | 269 | RUI INFANTE | 37 | M2039 | 27 | M | | | | | C PRAÇAS ARMADA | 00:36:07 |
| 45 | 225 | SERGIO SILVA | 43 | M4044 | 8 | M | | | | | GD O INDEPENDENTE | 00:36:15 |
| 46 | 239 | DOMINGOS CARDOSO | 48 | M4549 | 8 | M | | | | | GC 1° MAIO AGUALVA | 00:36:27 |
| 47 | 348 | MAROLANDO NEVES | 23 | M2039 | 28 | M | | | | | ADR B° FRATERNIDADE | 00:36:29 |
| 48 | 304 | JORGE CRUZ | 43 | M4044 | 9 | M | | | | | AA MAFRA | 00:36:36 |
| 49 | 365 | MANUEL VEIGA | 44 | M4044 | 10 | M | | | | | GD CRUZ PICADA | 00:36:37 |
| 50 | 473 | MADALENA CARRIÇO | 29 | F2034 | 1 | F | | | | | CA MADEIRA | 00:36:40 |
| 51 | 36 | PEDRO RIBEIRO | 19 | M1819 | 1 | M | | | | | SR CAMARNAL | 00:36:41 |
| 52 | 143 | FERNANDO RIBEIRO | 41 | M4044 | 11 | M | | | | | CP LIBERTY SEGUROS | 00:36:44 |
| 53 | 217 | ANTONIO SARAIVA | 55 | M5559 | 2 | M | | | | | GD O INDEPENDENTE | 00:36:46 |
| 54 | 168 | NORBERTO AGOSTINHO | 43 | M4044 | 12 | M | | | | | CEFA MARINHA | 00:36:47 |
| 55 | 170 | LUIS OLIVEIRA | 21 | M2039 | 29 | M | | | | | CEFA MARINHA | 00:36:47 |
| 56 | 4 | CRISTINA PONTE | 34 | F2034 | 2 | F | | | | | CLINIPONTE | 00:36:51 |
| 57 | 206 | DUARTE BANDEIRAS | 29 | M2039 | 30 | M | | | | | GD O INDEPENDENTE | 00:36:53 |
| 58 | 399 | ILDEFONSO BARREIROS | 46 | M4549 | 9 | M | | | | | GD DIANA | 00:36:57 |
| 59 | 429 | NUNO CARPINTEIRO | 25 | M2039 | 31 | M | | | | | INDIVIDUAL | 00:36:58 |
| 60 | 326 | HERCULANO PEREIRA | 52 | M5054 | 3 | M | | | | | AA LEBRES SADO | 00:37:02 |
| 61 | 255 | BEATRIZ CUNHA | 34 | F2034 | 3 | F | | | | | CA PATAMEIRAS | 00:37:03 |
| 62 | 485 | VALTER SOARES | 32 | M2039 | 32 | M | | | | | UCRD PRAIENSE | 00:37:16 |
| 63 | 221 | ANTONIO BENTES | 61 | M6099 | 1 | M | | | | | GD O INDEPENDENTE | 00:37:21 |
| 64 | 208 | BRUNO BONDOSO | 33 | M2039 | 33 | M | | | | | GD O INDEPENDENTE | 00:37:22 |
| 65 | 230 | JORGE CANDEIAS | 46 | M4549 | 10 | M | | | | | OLIMPICO C LAGOS | 00:37:27 |
| 66 | 351 | JOAO PORTELA | 61 | M6099 | 2 | M | | | | | OS PORTELAS | 00:37:38 |
| 67 | 141 | RUI CAMELO | 36 | M2039 | 34 | M | | | | | CP LIBERTY SEGUROS | 00:37:41 |

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| 68 | 359 | ANTONIO DUARTE | 49 | M4549 | 11 | M | | | | | ACR FRADE CIMA | 00:37:52 |
| 69 | 2 | RITA SIMOES | 25 | F2034 | 4 | F | | | | | SPORTING CP | 00:37:53 |
| 70 | 28 | RICHARDSON FERREIRA | 33 | M2039 | 35 | M | | | | | GDR S FRANC.SERRA | 00:37:53 |
| 71 | 167 | LUIS VALVERDE | 42 | M4044 | 13 | M | | | | | CEFA MARINHA | 00:37:54 |
| 72 | 153 | PEDRO VIEIRA | 25 | M2039 | 36 | M | | | | | ESTRELA FC | 00:37:57 |
| 73 | 155 | MANUEL SANTOS | 44 | M4044 | 14 | M | | | | | ESTRELA FC | 00:37:58 |
| 74 | 266 | ADOLFO LOUREIRO | 55 | M5559 | 3 | M | | | | | C PRAÇAS ARMADA | 00:37:59 |
| 75 | 41 | JOAO RODRIGUES | 43 | M4044 | 15 | M | | | | | GDC ESTRELA NEGRA | 00:38:04 |
| 76 | 140 | JOSE CAMELO | 36 | M2039 | 37 | M | | | | | CP LIBERTY SEGUROS | 00:38:05 |
| 77 | 291 | JOSE SILVA | 52 | M5054 | 4 | M | | | | | GD MACEDO OCULISTA | 00:38:05 |
| 78 | 403 | JOAQUIM A RODRIGUES | 38 | M2039 | 38 | M | | | | | INDIVIDUAL | 00:38:13 |
| 79 | 396 | MANUEL SANTOS | 37 | M2039 | 39 | M | | | | | GD DIANA | 00:38:19 |
| 80 | 246 | ALEXANDRE MAGALHAES | 30 | M2039 | 40 | M | | | | | CA PATAMEIRAS | 00:38:21 |
| 81 | 157 | MANUEL SERRA | 57 | M5559 | 4 | M | | | | | ESTRELA FC | 00:38:22 |
| 82 | 491 | VITOR LIMA | 40 | M4044 | 16 | M | | | | | UNIDOS CAIXIENSE | 00:38:24 |
| 83 | 73 | IVO FERREIRA | 18 | M1819 | 2 | M | | | | | GRD OS FIXES | 00:38:25 |
| 84 | 99 | JOAQUIM PEREIRA | 59 | M5559 | 5 | M | | | | | C BENFICA AGUALVA | 00:38:25 |
| 85 | 22 | RUI CANDEIAS | 31 | M2039 | 41 | M | | | | | GDR S FRANC.SERRA | 00:38:34 |
| 86 | 146 | JOAO CRUZ | 45 | M4549 | 12 | M | | | | | CP LIBERTY SEGUROS | 00:38:34 |
| 87 | 6 | LUCILIA SOARES | 46 | F3599 | 1 | F | | | | | SL BENFICA | 00:38:37 |
| 88 | 393 | CARLOS MANEIRAS | 28 | M2039 | 42 | M | | | | | C RUGBY JUROMENHA | 00:38:43 |
| 89 | 213 | JOAO ALVES | 53 | M5054 | 5 | M | | | | | GD O INDEPENDENTE | 00:38:45 |
| 90 | 467 | JOAO CANAS | 32 | M2039 | 43 | M | | | | | TURBOLENTOS | 00:38:47 |
| 91 | 7 | VERA NUNES | 28 | F2034 | 5 | F | | | | | SL BENFICA | 00:38:48 |
| 92 | 469 | ALEXANDRE ARAUJO | 27 | M2039 | 44 | M | | | | | CN RIO MAIOR | 00:38:53 |
| 93 | 446 | JOSE F J CARDOSO | 50 | M5054 | 6 | M | | | | | INDIVIDUAL | 00:38:55 |
| 94 | 233 | PAULO NEVES | 42 | M4044 | 17 | M | | | | | GC 1° MAIO AGUALVA | 00:39:04 |
| 95 | 305 | ORLANDO CARLOS | 51 | M5054 | 7 | M | | | | | AA MAFRA | 00:39:06 |
| 96 | 338 | CARLOS ALVES | 38 | M2039 | 45 | M | | | | | GD PIC NIC | 00:39:11 |
| 97 | 251 | CARLOS ANTUNES | 56 | M5559 | 6 | M | | | | | CA PATAMEIRAS | 00:39:14 |
| 98 | 174 | JOAO JACINTO | 50 | M5054 | 8 | M | | | | | CCD O ALVITEJO | 00:39:19 |
| 99 | 461 | FRANCISCO FERNANDES | 53 | M5054 | 9 | M | | | | | SC MOTTENSE | 00:39:24 |
| 100 | 470 | RAFAEL LOURENÇO | 29 | M2039 | 46 | M | | | | | CN RIO MAIOR | 00:39:25 |
| 101 | 29 | FERNANDO MESTRE | 34 | M2039 | 47 | M | | | | | GDR S FRANC.SERRA | 00:39:26 |
| 102 | 247 | CARLOS FONSECA | 39 | M2039 | 48 | M | | | | | CA PATAMEIRAS | 00:39:28 |
| 103 | 124 | RAQUEL TRABUCO | 22 | F2034 | 6 | F | | | | | CF OS ELVENSES | 00:39:29 |
| 104 | 175 | JOAQUIM ALVES | 56 | M5559 | 7 | M | | | | | CCD O ALVITEJO | 00:39:30 |

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| 105 | 482 | FRANCISCO PIRES | 40 | M4044 | 18 | M | | | | | UCRD PRAIENSE | 00:39:31 |
| 106 | 118 | FLAVIO COSTA | 18 | M1819 | 3 | M | | | | | CA BAIXA BANHEIRA | 00:39:32 |
| 107 | 472 | JOAO RODRIGUES | 48 | M4549 | 13 | M | | | | | UF DEGOLADOS | 00:39:35 |
| 108 | 102 | FILIFE PARREIRA | 32 | M2039 | 49 | M | | | | | C BENFICA AGUALVA | 00:39:41 |
| 109 | 423 | FERNANDO VAZ | 38 | M2039 | 50 | M | | | | | INDIVIDUAL | 00:39:41 |
| 110 | 366 | FRANCISCO TORRINHA | 44 | M4044 | 19 | M | | | | | GD CRUZ PICADA | 00:39:42 |
| 111 | 466 | JOAO BENTO | 39 | M2039 | 51 | M | | | | | TURBOLENTOS | 00:39:43 |
| 112 | 181 | RUI BOLOTA | 35 | M2039 | 52 | M | | | | | AM CASAL FIGUEIRAS | 00:39:46 |
| 113 | 38 | CARLOS FERREIRA | 38 | M2039 | 53 | M | | | | | SR CAMARNAL | 00:39:49 |
| 114 | 164 | PAULO SILVA | 45 | M4549 | 14 | M | | | | | CP PONTEVEL | 00:39:54 |
| 115 | 367 | JOSE PESTANA | 37 | M2039 | 54 | M | | | | | GD CRUZ PICADA | 00:40:06 |
| 116 | 103 | MONICA MOREIRAS | 28 | F2034 | 7 | F | | | | | JUVENTUDE VIDIGALENSE | 00:40:07 |
| 117 | 104 | MARCO FERNANDES | 29 | M2039 | 55 | M | | | | | JUVENTUDE VIDIGALENSE | 00:40:07 |
| 118 | 285 | CARLA PINTO | 36 | F3599 | 2 | F | | | | | GD MACEDO OCULISTA | 00:40:12 |
| 119 | 232 | JOSE SANTOS | 43 | M4044 | 20 | M | | | | | GC 1° MAIO AGUALVA | 00:40:13 |
| 120 | 161 | PAULO CARVALHO | 39 | M2039 | 56 | M | | | | | BOAVISTA S MATEUS | 00:40:22 |
| 121 | 372 | PAULO POUPINO | 44 | M4044 | 21 | M | | | | | GD CRUZ PICADA | 00:40:24 |
| 122 | 179 | MARIO PITEIRA | 35 | M2039 | 57 | M | | | | | AM CASAL FIGUEIRAS | 00:40:27 |
| 123 | 66 | JOSE REIS | 27 | M2039 | 58 | M | | | | | AC PORTALEGRE | 00:40:33 |
| 124 | 114 | FRANCISCO OLIVEIRA | 36 | M2039 | 59 | M | | | | | BV MONTEMOR NOVO | 00:40:36 |
| 125 | 23 | HUGO GONÇALVES | 20 | M2039 | 60 | M | | | | | GDR S FRANC.SERRA | 00:40:38 |
| 126 | 183 | MARIO PAIXAO | 51 | M5054 | 10 | M | | | | | AM CASAL FIGUEIRAS | 00:40:40 |
| 127 | 3 | ARMANDO ALDEGALEGA | 70 | M6099 | 3 | M | | | | | SPORTING CP | 00:40:46 |
| 128 | 180 | JOAO SOUSA | 52 | M5054 | 11 | M | | | | | AM CASAL FIGUEIRAS | 00:40:46 |
| 129 | 160 | AMILCAR DUARTE | 49 | M4549 | 15 | M | | | | | BOAVISTA S MATEUS | 00:40:47 |
| 130 | 298 | JOSE INOCENCIO | 55 | M5559 | 8 | M | | | | | GD MACEDO OCULISTA | 00:40:48 |
| 131 | 340 | JOAO PALMA | 50 | M5054 | 12 | M | | | | | GD PIC NIC | 00:40:49 |
| 132 | 386 | ARQUIMINIO CARRETAS | 43 | M4044 | 22 | M | | | | | C ELVENSE NATAÇÃO | 00:40:52 |
| 133 | 427 | JOSE M SILVA | 33 | M2039 | 61 | M | | | | | INDIVIDUAL | 00:40:53 |
| 134 | 270 | PAULO GONÇALVES | 35 | M2039 | 62 | M | | | | | C PRAÇAS ARMADA | 00:40:54 |
| 135 | 385 | VICENTE APERTA | 42 | M4044 | 23 | M | | | | | C ELVENSE NATAÇÃO | 00:40:55 |
| 136 | 171 | MIGUEL CARNEIRO | 24 | M2039 | 63 | M | | | | | CEFA MARINHA | 00:40:59 |
| 137 | 205 | FILIFE CORREIA | 24 | M2039 | 64 | M | | | | | GD O INDEPENDENTE | 00:41:01 |
| 138 | 250 | ALBINO TOMAS | 51 | M5054 | 13 | M | | | | | CA PATAMEIRAS | 00:41:07 |
| 139 | 224 | FRANCISCO FERA | 65 | M6099 | 4 | M | | | | | GD O INDEPENDENTE | 00:41:08 |
| 140 | 495 | ANTONIO COSTA | 42 | M4044 | 24 | M | | | | | AD REAL ACADEMIA | 00:41:09 |
| 141 | 27 | LUIS PEREIRA | 38 | M2039 | 65 | M | | | | | GDR S FRANC.SERRA | 00:41:13 |

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| 142 | 354 | PAULO DINIS | 34 | M2039 | 66 | M | | | | | NA CP LAVRE | 00:41:16 |
| 143 | 408 | LEANDRO SANTOS | 51 | M5054 | 14 | M | | | | | INDIVIDUAL | 00:41:17 |
| 144 | 368 | ANTONIO CATRONGA | 49 | M4549 | 16 | M | | | | | GD CRUZ PICADA | 00:41:18 |
| 145 | 144 | JOSE M COSTA | 62 | M6099 | 5 | M | | | | | CP LIBERTY SEGUROS | 00:41:20 |
| 146 | 176 | FILIPE SOUSA | 18 | M1819 | 4 | M | | | | | AM CASAL FIGUEIRAS | 00:41:24 |
| 147 | 253 | ANTONIO MORAIS | 55 | M5559 | 9 | M | | | | | CA PATAMEIRAS | 00:41:28 |
| 148 | 307 | NUNO LEMOS | 33 | M2039 | 67 | M | | | | | AA MAFRA | 00:41:31 |
| 149 | 93 | JOSE GOMES | 52 | M5054 | 15 | M | | | | | GD INE | 00:41:34 |
| 150 | 418 | ARTUR TAVARES | 42 | M4044 | 25 | M | | | | | INDIVIDUAL | 00:41:38 |
| 151 | 235 | JOAO SOARES | 54 | M5054 | 16 | M | | | | | GC 1° MAIO AGUALVA | 00:41:40 |
| 152 | 346 | FERNANDO CATARINO | 53 | M5054 | 17 | M | | | | | GD O INDEPENDENTE | 00:41:41 |
| 153 | 195 | JOAQUIM FRADE | 52 | M5054 | 18 | M | | | | | SS CGD | 00:41:59 |
| 154 | 116 | FRANCISCO SANTOS | 58 | M5559 | 10 | M | | | | | CA BAIXA BANHEIRA | 00:42:00 |
| 155 | 355 | RUI BORRALHO | 20 | M2039 | 68 | M | | | | | NA CP LAVRE | 00:42:02 |
| 156 | 194 | MATHIAS EISTRUP | 17 | M0017 | 1 | M | | | | | GD REGUENGO S MATEUS | 00:42:03 |
| 157 | 25 | BRUNO GAMITO | 20 | M2039 | 69 | M | | | | | GDR S FRANC.SERRA | 00:42:06 |
| 158 | 380 | PAULO FARRAPA | 25 | M2039 | 70 | M | | | | | C ELVENSE NATAÇÃO | 00:42:10 |
| 159 | 17 | GERMANO PIRES | 50 | M5054 | 19 | M | | | | | GDOA | 00:42:16 |
| 160 | 311 | Mª JOSE FRIAS | 42 | F3599 | 3 | F | | | | | AA MAFRA | 00:42:21 |
| 161 | 334 | JORGE APOLINARIO | 39 | M2039 | 71 | M | | | | | A 20 KM ALMEIRIM | 00:42:22 |
| 162 | 15 | RUI PASTOR | 35 | M2039 | 72 | M | | | | | AUTOCARRO R LISBOA | 00:42:27 |
| 163 | 241 | ANTONIO CABRAL | 53 | M5054 | 20 | M | | | | | SUC | 00:42:30 |
| 164 | 296 | VERONICA CORREIA | 32 | F2034 | 8 | F | | | | | GD MACEDO OCULISTA | 00:42:33 |
| 165 | 110 | JOAO RODRIGUES | 33 | M2039 | 73 | M | | | | | BV MONTEMOR NOVO | 00:42:37 |
| 166 | 237 | JOAO MOACHO | 51 | M5054 | 21 | M | | | | | GC 1° MAIO AGUALVA | 00:42:38 |
| 167 | 80 | CARLOS MONTEIRO | 57 | M5559 | 11 | M | | | | | VALEJAS AC | 00:42:39 |
| 168 | 458 | CARLOS GONÇALVES | 37 | M2039 | 74 | M | | | | | SC MOITENSE | 00:42:40 |
| 169 | 211 | ANTONIO CASTANHEIRA | 48 | M4549 | 17 | M | | | | | GD O INDEPENDENTE | 00:42:44 |
| 170 | 240 | LUIS ORVALHO | 55 | M5559 | 12 | M | | | | | SUC | 00:42:45 |
| 171 | 100 | PAULA FERNANDES | 43 | F3599 | 4 | F | | | | | C BENFICA AGUALVA | 00:42:46 |
| 172 | 40 | FREDERICO RAPOSO | 17 | M0017 | 2 | M | | | | | SR CAMARNAL | 00:42:49 |
| 173 | 488 | LUISA COELHO | 44 | F3599 | 5 | F | | | | | SL BENFICA | 00:42:50 |
| 174 | 342 | LUIS SALAS | 45 | M4549 | 18 | M | | | | | GD PIC NIC | 00:42:52 |
| 175 | 138 | JULIO DIAS | 59 | M5559 | 13 | M | | | | | CP LIBERTY SEGUROS | 00:42:55 |
| 176 | 46 | JOSE M SILVA | 59 | M5559 | 14 | M | | | | | AC PORTO SALVO | 00:42:57 |
| 177 | 430 | EDGAR NINA | 31 | M2039 | 75 | M | | | | | INDIVIDUAL | 00:42:58 |
| 178 | 360 | JOSE SILVA | 53 | M5054 | 22 | M | | | | | ACR FRADE CIMA | 00:43:04 |

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| 179 | 182 | MARIO TOME | 32 | M2039 | 76 | M | | | | | AM CASAL FIGUEIRAS | 00:43:06 |
| 180 | 74 | ANTONIO LOPES | 43 | M4044 | 26 | M | | | | | GRD OS FIXES | 00:43:09 |
| 181 | 443 | PAULO FIDALGO | 38 | M2039 | 77 | M | | | | | INDIVIDUAL | 00:43:10 |
| 182 | 476 | ARMENIO FERREIRA | 66 | M6099 | 6 | M | | | | | A3C | 00:43:11 |
| 183 | 165 | CESAR NUNES | 21 | M2039 | 78 | M | | | | | CP PONTEVEL | 00:43:13 |
| 184 | 414 | MARIO SANTANA | 58 | M5559 | 15 | M | | | | | INDIVIDUAL | 00:43:17 |
| 185 | 442 | JORGE PECURTO | 32 | M2039 | 79 | M | | | | | INDIVIDUAL | 00:43:26 |
| 186 | 105 | NUNO M CORREIA | 41 | M4044 | 27 | M | | | | | SDF | 00:43:29 |
| 187 | 378 | PAULO ARAUJO | 35 | M2039 | 80 | M | | | | | C ELVENSE NATAÇÃO | 00:43:33 |
| 188 | 454 | RUI VILLAR | 33 | M2039 | 81 | M | | | | | AE PAULO GAMA | 00:43:35 |
| 189 | 379 | RICARDO GONÇALVES | 21 | M2039 | 82 | M | | | | | C ELVENSE NATAÇÃO | 00:43:36 |
| 190 | 265 | POSSIDONIO CONSTANTINO | 55 | M5559 | 16 | M | | | | | C PRAÇAS ARMADA | 00:43:37 |
| 191 | 267 | JOAO SANTOS | 43 | M4044 | 28 | M | | | | | C PRAÇAS ARMADA | 00:43:37 |
| 192 | 474 | VICTOR FERREIRA | 40 | M4044 | 29 | M | | | | | A3C | 00:43:40 |
| 193 | 62 | LUIS RODRIGO | 32 | M2039 | 83 | M | | | | | SEX SHOP 69 | 00:43:41 |
| 194 | 411 | PAULO NABO | 34 | M2039 | 84 | M | | | | | INDIVIDUAL | 00:43:42 |
| 195 | 438 | PAULO FERNANDES | 33 | M2039 | 85 | M | | | | | INDIVIDUAL | 00:43:44 |
| 196 | 425 | JOSE HILARIO | 48 | M4549 | 19 | M | | | | | INDIVIDUAL | 00:43:45 |
| 197 | 275 | ANTONIO ALMEIDA | 44 | M4044 | 30 | M | | | | | CLUBE AUTOCOOPE | 00:43:46 |
| 198 | 397 | PEDRO REIS | 31 | M2039 | 86 | M | | | | | GD DIANA | 00:43:46 |
| 199 | 315 | JOAO FRIAS | 41 | M4044 | 31 | M | | | | | AA MAFRA | 00:43:49 |
| 200 | 108 | ANTONIO LEAL | 35 | M2039 | 87 | M | | | | | MARINHAI S AC | 00:43:50 |
| 201 | 436 | JOAQUIM CAMPOS | 50 | M5054 | 23 | M | | | | | INDIVIDUAL | 00:43:51 |
| 202 | 376 | JOSE BADALO | 43 | M4044 | 32 | M | | | | | GD CRUZ PICADA | 00:43:53 |
| 203 | 339 | JOSE MARTINS | 42 | M4044 | 33 | M | | | | | GD PIC NIC | 00:43:56 |
| 204 | 344 | ANTONIO GUERREIRO | 55 | M5559 | 17 | M | | | | | GD PIC NIC | 00:43:57 |
| 205 | 13 | FATIMA SANTOS | 32 | F2034 | 9 | F | | | | | JD NEVES | 00:43:59 |
| 206 | 343 | ANTONIO LOPES | 40 | M4044 | 34 | M | | | | | GD PIC NIC | 00:43:59 |
| 207 | 187 | MARCIO GATO | 19 | M1819 | 5 | M | | | | | GD REGUENGO S MATEUS | 00:44:01 |
| 208 | 222 | DOMINGOS CORREIA | 60 | M6099 | 7 | M | | | | | GD O INDEPENDENTE | 00:44:01 |
| 209 | 67 | PAULO RODRIGUES | 38 | M2039 | 88 | M | | | | | AC PORTALEGRE | 00:44:04 |
| 210 | 197 | BERNARDINO PEREIRA | 71 | M6099 | 8 | M | | | | | SS CGD | 00:44:06 |
| 211 | 90 | FERNANDO CARVALHO | 43 | M4044 | 35 | M | | | | | GD INE | 00:44:15 |
| 212 | 65 | JOAO RODRIGUES | 34 | M2039 | 89 | M | | | | | AC PORTALEGRE | 00:44:21 |
| 213 | 272 | MARCO GOUVEIA | 34 | M2039 | 90 | M | | | | | CLUBE AUTOCOOPE | 00:44:21 |
| 214 | 453 | DINA OLIVEIRA | 28 | F2034 | 10 | F | | | | | AE PAULO GAMA | 00:44:21 |
| 215 | 323 | ALBERTO CRUZ | 59 | M5559 | 18 | M | | | | | AA LEBRES SADO | 00:44:29 |

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| 216 | 158 | JOSUE INACIO | 69 | M6099 | 9 | M | | | | | ESTRELA FC | 00:44:32 |
| 217 | 106 | LUIS NEVES | 29 | M2039 | 91 | M | | | | | MARINHAI AC | 00:44:38 |
| 218 | 223 | JOSE SERPA | 62 | M6099 | 10 | M | | | | | GD O INDEPENDENTE | 00:44:40 |
| 219 | 149 | LEONEL CARVALHOSA | 57 | M5559 | 19 | M | | | | | CP LIBERTY SEGUROS | 00:44:41 |
| 220 | 358 | ANTONIO MADEIRA | 46 | M4549 | 20 | M | | | | | ACR FRADE CIMA | 00:44:49 |
| 221 | 406 | ANTONIO V OLIVEIRA | 50 | M5054 | 24 | M | | | | | INDIVIDUAL | 00:44:49 |
| 222 | 236 | MARIO GOMES | 57 | M5559 | 20 | M | | | | | GC 1° MAIO AGUALVA | 00:44:52 |
| 223 | 341 | FELICIANO GUTIERRES | 59 | M5559 | 21 | M | | | | | GD PIC NIC | 00:44:53 |
| 224 | 39 | JOSE SANTOS | 42 | M4044 | 36 | M | | | | | SR CAMARNAL | 00:45:01 |
| 225 | 201 | JOSE GUIA | 59 | M5559 | 22 | M | | | | | SS CGD | 00:45:03 |
| 226 | 188 | RICARDO VARELA | 18 | M1819 | 6 | M | | | | | GD REGUENGO S MATEUS | 00:45:05 |
| 227 | 268 | JOSE INFANTE | 40 | M4044 | 37 | M | | | | | C PRAÇAS ARMADA | 00:45:11 |
| 228 | 271 | FABIO MARINHO | 18 | M1819 | 7 | M | | | | | CLUBE AUTOCOOPE | 00:45:11 |
| 229 | 117 | STEPHANIE SAMPAIO | 24 | F2034 | 11 | F | | | | | CA BAIXA BANHEIRA | 00:45:12 |
| 230 | 77 | AMERICO POMBO | 43 | M4044 | 38 | M | | | | | GRD OS FIXES | 00:45:14 |
| 231 | 260 | CARLOS CALDEIRA | 44 | M4044 | 39 | M | | | | | A DANIEL CALDEIRA | 00:45:16 |
| 232 | 349 | WISTON ROSARIO | 21 | M2039 | 92 | M | | | | | ADR B° FRATERNIDADE | 00:45:16 |
| 233 | 328 | FERNANDO CARVALHO | 58 | M5559 | 23 | M | | | | | AA LEBRES SADO | 00:45:17 |
| 234 | 48 | PAULO BARREIRA | 34 | M2039 | 93 | M | | | | | GRCD LEIAO | 00:45:18 |
| 235 | 113 | JOAQUIM FREITAS | 30 | M2039 | 94 | M | | | | | BV MONTEMOR NOVO | 00:45:18 |
| 236 | 364 | JOAQUIM SIQUENIQUE | 42 | M4044 | 40 | M | | | | | GD CRUZ PICADA | 00:45:20 |
| 237 | 444 | JOSE M P FIGUEIREDO | 37 | M2039 | 95 | M | | | | | INDIVIDUAL | 00:45:21 |
| 238 | 318 | MANUEL PEDRO | 62 | M6099 | 11 | M | | | | | AA LEBRES SADO | 00:45:23 |
| 239 | 320 | MANUEL BATISTA | 58 | M5559 | 24 | M | | | | | AA LEBRES SADO | 00:45:25 |
| 240 | 24 | AMILCAR ROMAO | 56 | M5559 | 25 | M | | | | | GDR S FRANC.SERRA | 00:45:32 |
| 241 | 26 | ANTONIO SIMOES | 44 | M4044 | 41 | M | | | | | GDR S FRANC.SERRA | 00:45:33 |
| 242 | 313 | HELENA MARTINS | 46 | F3599 | 6 | F | | | | | AA MAFRA | 00:45:37 |
| 243 | 314 | LEONEL AMARO | 43 | M4044 | 42 | M | | | | | AA MAFRA | 00:45:37 |
| 244 | 115 | ABILIO CATARRO | 51 | M5054 | 25 | M | | | | | BV MONTEMOR NOVO | 00:45:40 |
| 245 | 94 | LEONTINA OLIVEIRA | 40 | F3599 | 7 | F | | | | | GD INE | 00:45:58 |
| 246 | 133 | MARIO MOURA | 54 | M5054 | 26 | M | | | | | CD CA TE ESPERO | 00:46:02 |
| 247 | 163 | AMILCAR AMORIM | 40 | M4044 | 43 | M | | | | | CP PONTEVEL | 00:46:04 |
| 248 | 483 | ANTONIO BOLRA | 62 | M6099 | 12 | M | | | | | UCRD PRAIENSE | 00:46:09 |
| 249 | 136 | EDGAR GEADA | 43 | M4044 | 44 | M | | | | | GRD RIBEIRA LAGE | 00:46:10 |
| 250 | 496 | RUI LACERDA | 35 | M2039 | 96 | M | | | | | GRD RIBEIRA LAGE | 00:46:10 |
| 251 | 497 | CRISTINA GUERREIRO | 34 | F2034 | 12 | F | | | | | CA BAIXA BANHEIRA | 00:46:10 |
| 252 | 498 | ANTONIO CAMPOS | 43 | M4044 | 45 | M | | | | | CA BAIXA BANHEIRA | 00:46:10 |

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| 253 | 252 | MANUEL CALISTO | 56 | M5559 | 26 | M | | | | | CA PATAMEIRAS | 00:46:11 |
| 254 | 375 | JOSE ROCHA | 44 | M4044 | 46 | M | | | | | GD CRUZ PICADA | 00:46:12 |
| 255 | 150 | JOSE CRUZ | 58 | M5559 | 27 | M | | | | | CP LIBERTY SEGUROS | 00:46:24 |
| 256 | 300 | MANUELA DIAS | 44 | F3599 | 8 | F | | | | | AA MAFRA | 00:46:27 |
| 257 | 384 | CARLOS MAGRINHO | 36 | M2039 | 97 | M | | | | | C ELVENSE NATAÇÃO | 00:46:35 |
| 258 | 434 | JOSE VARELA | 34 | M2039 | 98 | M | | | | | INDIVIDUAL | 00:46:37 |
| 259 | 43 | JOAQUIM NAZARIO | 66 | M6099 | 13 | M | | | | | GDCT REPSOL | 00:46:44 |
| 260 | 281 | CRISTOVAO NUNES | 35 | M2039 | 99 | M | | | | | TORINO TORRANENSE | 00:46:48 |
| 261 | 357 | HELDER FERNANDES | 48 | M4549 | 21 | M | | | | | ACR FRADE CIMA | 00:46:52 |
| 262 | 335 | JOAO LUZIA | 45 | M4549 | 22 | M | | | | | A 20 KM ALMEIRIM | 00:46:54 |
| 263 | 347 | FERNANDO SANTOS | 62 | M6099 | 14 | M | | | | | GD O INDEPENDENTE | 00:46:58 |
| 264 | 500 | ANTONIO VAQUEIRINHO | 47 | M4549 | 23 | M | | | | | INDIVIDUAL | 00:46:59 |
| 265 | 178 | JOAQUIM SANTOS | 38 | M2039 | 100 | M | | | | | AM CASAL FIGUEIRAS | 00:47:01 |
| 266 | 82 | JOAO REIS | 43 | M4044 | 47 | M | | | | | VALEJAS AC | 00:47:05 |
| 267 | 177 | MARCO CRUJEIRA | 24 | M2039 | 101 | M | | | | | AM CASAL FIGUEIRAS | 00:47:11 |
| 268 | 186 | BRUNO REIS | 18 | M1819 | 8 | M | | | | | GD REGUENGO S MATEUS | 00:47:13 |
| 269 | 245 | TELMA GRACIA | 20 | F2034 | 13 | F | | | | | SUC | 00:47:13 |
| 270 | 392 | LUIS MARIANO | 46 | M4549 | 24 | M | | | | | GD FONTE PRATA | 00:47:15 |
| 271 | 257 | JOAO VIEIRA | 33 | M2039 | 102 | M | | | | | A DANIEL CALDEIRA | 00:47:21 |
| 272 | 421 | JOSE BELCHIOR | 56 | M5559 | 28 | M | | | | | INDIVIDUAL | 00:47:21 |
| 273 | 463 | ANTONIO PRIMOR | 65 | M6099 | 15 | M | | | | | SC MOITENSE | 00:47:25 |
| 274 | 382 | LUIS AMORIM | 50 | M5054 | 27 | M | | | | | C ELVENSE NATAÇÃO | 00:47:27 |
| 275 | 383 | VICENTE DIAS | 54 | M5054 | 28 | M | | | | | C ELVENSE NATAÇÃO | 00:47:27 |
| 276 | 218 | JOAQUIM ROLO | 55 | M5559 | 29 | M | | | | | GD O INDEPENDENTE | 00:47:28 |
| 277 | 381 | FILIPPE MOTA | 39 | M2039 | 103 | M | | | | | C ELVENSE NATAÇÃO | 00:47:29 |
| 278 | 277 | CARLOS FERREIRA | 51 | M5054 | 29 | M | | | | | CLUBE AUTOCOOPE | 00:47:34 |
| 279 | 128 | HUGO TEIXEIRA | 20 | M2039 | 104 | M | | | | | CD CA TE ESPERO | 00:47:39 |
| 280 | 198 | ESMERALDO PEREIRA | 61 | M6099 | 16 | M | | | | | SS CGD | 00:47:40 |
| 281 | 424 | JOAO ESTAÇO | 57 | M5559 | 30 | M | | | | | INDIVIDUAL | 00:47:48 |
| 282 | 234 | LUCIO MORAIS | 48 | M4549 | 25 | M | | | | | GC 1° MAIO AGUALVA | 00:47:52 |
| 283 | 142 | ALVARO COELHO | 50 | M5054 | 30 | M | | | | | CP LIBERTY SEGUROS | 00:47:56 |
| 284 | 147 | JACINTO MARQUES | 64 | M6099 | 17 | M | | | | | CP LIBERTY SEGUROS | 00:47:59 |
| 285 | 200 | CONCEIÇÃO LOPES | 41 | F3599 | 9 | F | | | | | SS CGD | 00:48:00 |
| 286 | 18 | JOSE NUNES | 40 | M4044 | 48 | M | | | | | GDOA | 00:48:01 |
| 287 | 426 | JOSE M COSTA | 42 | M4044 | 49 | M | | | | | INDIVIDUAL | 00:48:05 |
| 288 | 86 | CONSTANCIO ALMEIDA | 48 | M4549 | 26 | M | | | | | GA MONSANTO GASCAN | 00:48:09 |
| 289 | 330 | CONSTANTINO MENDAO | 48 | M4549 | 27 | M | | | | | AA LEBRES SADO | 00:48:09 |

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| 290 | 207 | NUNO FERNANDES | 37 | M2039 | 105 | M | | | | | GD O INDEPENDENTE | 00:48:13 |
| 291 | 216 | HENRIQUE LINARES | 54 | M5054 | 31 | M | | | | | GD O INDEPENDENTE | 00:48:13 |
| 292 | 92 | ALBERTO PINA | 52 | M5054 | 32 | M | | | | | GD INE | 00:48:17 |
| 293 | 321 | JOSE GALVEIA | 55 | M5559 | 31 | M | | | | | AA LEBRES SADO | 00:48:17 |
| 294 | 435 | FRANCISCO AGRA | 45 | M4549 | 28 | M | | | | | INDIVIDUAL | 00:48:20 |
| 295 | 44 | AMADEU FERREIRA | 65 | M6099 | 18 | M | | | | | GDCT REPSOL | 00:48:22 |
| 296 | 192 | GABRIEL CABRINHAS | 26 | M2039 | 106 | M | | | | | GD REGUENGO S MATEUS | 00:48:25 |
| 297 | 419 | ALVARO QUITERIO | 42 | M4044 | 50 | M | | | | | INDIVIDUAL | 00:48:31 |
| 298 | 248 | PAULO GAMBOA | 37 | M2039 | 107 | M | | | | | CA PATAMEIRAS | 00:48:39 |
| 299 | 249 | ADRIANO VITORINO | 46 | M4549 | 29 | M | | | | | CA PATAMEIRAS | 00:48:44 |
| 300 | 61 | ARMINDO CHAINHO | 33 | M2039 | 108 | M | | | | | SEX SHOP 69 | 00:48:50 |
| 301 | 371 | FRANCISCO SETOCA | 43 | M4044 | 51 | M | | | | | GD CRUZ PICADA | 00:48:52 |
| 302 | 440 | JOSE A CUNHA | 53 | M5054 | 33 | M | | | | | INDIVIDUAL | 00:48:54 |
| 303 | 387 | JOAO SEMEDO | 52 | M5054 | 34 | M | | | | | C ELVENSE NATAÇÃO | 00:49:07 |
| 304 | 457 | PEDRO CAPELAS | 38 | M2039 | 109 | M | | | | | SC MOITENSE | 00:49:07 |
| 305 | 374 | ANTONIO GRILO | 42 | M4044 | 52 | M | | | | | GD CRUZ PICADA | 00:49:12 |
| 306 | 329 | MANUEL SEQUEIRA | 57 | M5559 | 32 | M | | | | | AA LEBRES SADO | 00:49:15 |
| 307 | 464 | LUIS PENTEADO | 36 | M2039 | 110 | M | | | | | TURBOLENTOS | 00:49:18 |
| 308 | 332 | CLARINDA SANTOS | 42 | F3599 | 10 | F | | | | | AA LEBRES SADO | 00:49:22 |
| 309 | 89 | RUI BORGES | 45 | M4549 | 30 | M | | | | | GA MONSANTO GASCAN | 00:49:23 |
| 310 | 75 | CARLOS GOMES | 39 | M2039 | 111 | M | | | | | GRD OS FIXES | 00:49:30 |
| 311 | 97 | JULIO ROBALO | 44 | M4044 | 53 | M | | | | | GD INE | 00:49:34 |
| 312 | 308 | JOAO BELCHIOR | 38 | M2039 | 112 | M | | | | | AA MAFRA | 00:49:34 |
| 313 | 83 | M ^a MANUEL FOLGADO | 57 | F3599 | 11 | F | | | | | VALEJAS AC | 00:49:38 |
| 314 | 290 | JOAQUIM MACEDO | 53 | M5054 | 35 | M | | | | | GD MACEDO OCULISTA | 00:49:43 |
| 315 | 293 | OLGA PEREIRA | 33 | F2034 | 14 | F | | | | | GD MACEDO OCULISTA | 00:49:44 |
| 316 | 49 | NELSON PIRES | 33 | M2039 | 113 | M | | | | | CC CORVAL | 00:49:52 |
| 317 | 199 | PAULO PIRES | 42 | M4044 | 54 | M | | | | | SS CGD | 00:49:52 |
| 318 | 370 | MANUEL BALTAZAR | 43 | M4044 | 55 | M | | | | | GD CRUZ PICADA | 00:49:56 |
| 319 | 119 | ANA SANTOS | 18 | M1819 | 9 | M | | | | | CA BAIXA BANHEIRA | 00:49:58 |
| 320 | 299 | VITOR SILVA | 55 | M5559 | 33 | M | | | | | GD MACEDO OCULISTA | 00:50:09 |
| 321 | 244 | SILVIA SOBREIRA | 36 | F3599 | 12 | F | | | | | SUC | 00:50:14 |
| 322 | 447 | MIGUEL MARINA | 33 | M2039 | 114 | M | | | | | INDIVIDUAL | 00:50:21 |
| 323 | 20 | JOSE CARDOSO | 39 | M2039 | 115 | M | | | | | GDOA | 00:50:31 |
| 324 | 324 | MANUEL PRATES | 60 | M6099 | 19 | M | | | | | AA LEBRES SADO | 00:50:37 |
| 325 | 19 | JOSE ANDRADE | 42 | M4044 | 56 | M | | | | | GDOA | 00:50:43 |
| 326 | 131 | ANTONIO TEIXEIRA | 41 | M4044 | 57 | M | | | | | CD CA TE ESPERO | 00:50:45 |

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| 327 | 415 | AVELINO VESTIAS | 58 | M5559 | 34 | M | | | | | INDIVIDUAL | 00:50:47 |
| 328 | 471 | ROGERIO NUNES | 35 | M2039 | 116 | M | | | | | GD AGUIAS MOITA | 00:50:51 |
| 329 | 214 | JORGE NUNES | 53 | M5054 | 36 | M | | | | | GD O INDEPENDENTE | 00:51:02 |
| 330 | 87 | FRANCISCO PINHEIRO | 52 | M5054 | 37 | M | | | | | GA MONSANTO GASCAN | 00:51:06 |
| 331 | 389 | NARCISO CASTANHO | 62 | M6099 | 20 | M | | | | | C ELVENSE NATAÇÃO | 00:51:08 |
| 332 | 452 | MAFALDA NUNES | 18 | F1819 | 1 | F | | | | | AE PAULO GAMA | 00:51:08 |
| 333 | 441 | JOAO F OLIVEIRA | 53 | M5054 | 38 | M | | | | | INDIVIDUAL | 00:51:15 |
| 334 | 492 | ILIODORO AZOUGADO | 67 | M6099 | 21 | M | | | | | CA BAIXA BANHEIRA | 00:51:21 |
| 335 | 325 | MARIO NOVA | 57 | M5559 | 35 | M | | | | | AA LEBRES SADO | 00:51:25 |
| 336 | 460 | RAUL NEVES | 55 | M5559 | 36 | M | | | | | SC MOITENSE | 00:51:26 |
| 337 | 64 | FERNANDO CARVALHO | 38 | M2039 | 117 | M | | | | | AC PORTALEGRE | 00:51:30 |
| 338 | 156 | ANTONIO VALADAS | 57 | M5559 | 37 | M | | | | | ESTRELA FC | 00:51:41 |
| 339 | 122 | GILBERTO GONÇALVES | 59 | M5559 | 38 | M | | | | | CR ALVORADA | 00:51:50 |
| 340 | 96 | MIGUEL BASTOS | 42 | M4044 | 58 | M | | | | | GD INE | 00:51:58 |
| 341 | 58 | JORGE FERREIRA | 47 | M4549 | 31 | M | | | | | JAF | 00:51:59 |
| 342 | 172 | CLAUDIA NUNES | 20 | F2034 | 15 | F | | | | | CEFA MARINHA | 00:52:00 |
| 343 | 319 | FILINTO GROSSO | 60 | M6099 | 22 | M | | | | | AA LEBRES SADO | 00:52:13 |
| 344 | 312 | FERNANDA COSTA | 45 | F3599 | 13 | F | | | | | AA MAFRA | 00:52:25 |
| 345 | 111 | JOSE ALDINHAS | 29 | M2039 | 118 | M | | | | | BV MONTEMOR NOVO | 00:52:28 |
| 346 | 373 | VITOR JORGE | 42 | M4044 | 59 | M | | | | | GD CRUZ PICADA | 00:52:32 |
| 347 | 388 | MARIO GERMANO | 63 | M6099 | 23 | M | | | | | C ELVENSE NATAÇÃO | 00:52:40 |
| 348 | 289 | ADELINO FORTUNATO | 57 | M5559 | 39 | M | | | | | GD MACEDO OCULISTA | 00:52:45 |
| 349 | 220 | ANTONIO CORREIA | 57 | M5559 | 40 | M | | | | | GD O INDEPENDENTE | 00:52:54 |
| 350 | 350 | ANA GONÇALVES | 23 | F2034 | 16 | F | | | | | ADR B° FRATERNIDADE | 00:52:55 |
| 351 | 433 | RUI VIGOÇO | 62 | M6099 | 24 | M | | | | | INDIVIDUAL | 00:53:06 |
| 352 | 475 | VITOR PEREIRA | 68 | M6099 | 25 | M | | | | | A3C | 00:53:11 |
| 353 | 32 | ROSARIO PEDRO | 44 | F3599 | 14 | F | | | | | CAMARA L CLUBE | 00:53:14 |
| 354 | 79 | ANA MARTINS | 41 | F3599 | 15 | F | | | | | GRD OS FIXES | 00:53:20 |
| 355 | 486 | AVELINO CLAUDIO | 52 | M5054 | 39 | M | | | | | UCRD PRAIENSE | 00:53:20 |
| 356 | 345 | ANTONIO HORTA | 54 | M5054 | 40 | M | | | | | GD PIC NIC | 00:53:21 |
| 357 | 428 | ALCIDES MATIAS | 55 | M5559 | 41 | M | | | | | INDIVIDUAL | 00:53:33 |
| 358 | 85 | ANTONIO REYES | 53 | M5054 | 41 | M | | | | | GA MONSANTO GASCAN | 00:53:36 |
| 359 | 410 | JORGE ESTEVES | 43 | M4044 | 60 | M | | | | | INDIVIDUAL | 00:53:41 |
| 360 | 203 | HELENA COSTA | 52 | F3599 | 16 | F | | | | | GD O INDEPENDENTE | 00:53:45 |
| 361 | 261 | RENATO SOUSA | 57 | M5559 | 42 | M | | | | | A DANIEL CALDEIRA | 00:53:54 |
| 362 | 327 | MARIO MIRA | 57 | M5559 | 43 | M | | | | | AA LEBRES SADO | 00:53:54 |
| 363 | 331 | JOSE SANTOS | 49 | M4549 | 32 | M | | | | | AA LEBRES SADO | 00:54:07 |

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| 364 | 449 | ANA BARATA | 53 | F3599 | 17 | F | | | | | INDIVIDUAL | 00:54:15 |
| 365 | 30 | MARIO ALVES | 52 | M5054 | 42 | M | | | | | SFUAP | 00:54:27 |
| 366 | 88 | LUIS ANTUNES | 46 | M4549 | 33 | M | | | | | GA MONSANTO GASCAN | 00:54:37 |
| 367 | 465 | FERNANDO CARVALHO | 36 | M2039 | 119 | M | | | | | TURBOLENTOS | 00:54:46 |
| 368 | 259 | ANTONIO CALDEIRA | 54 | M5054 | 43 | M | | | | | A DANIEL CALDEIRA | 00:54:49 |
| 369 | 280 | IDALECIO SILVA | 67 | M6099 | 26 | M | | | | | TORINO TORRANENSE | 00:54:54 |
| 370 | 459 | JOSE PEREIRA | 47 | M4549 | 34 | M | | | | | SC MOITENSE | 00:54:59 |
| 371 | 445 | SONIA CAIXEIRINHO | 37 | F3599 | 18 | F | | | | | INDIVIDUAL | 00:55:00 |
| 372 | 416 | PAULO CRUZ | 48 | M4549 | 35 | M | | | | | INDIVIDUAL | 00:55:04 |
| 373 | 47 | HUGO SALVADOR | 22 | M2039 | 120 | M | | | | | AC PORTO SALVO | 00:55:05 |
| 374 | 437 | FERNANDO SANTOS | 41 | M4044 | 61 | M | | | | | INDIVIDUAL | 00:55:13 |
| 375 | 132 | RUI NHASSENDO | 42 | M4044 | 62 | M | | | | | CD CA TE ESPERO | 00:55:19 |
| 376 | 422 | JORGE MATIAS | 49 | M4549 | 36 | M | | | | | INDIVIDUAL | 00:55:21 |
| 377 | 202 | EDMILSON CALDEIRA | 30 | M2039 | 121 | M | | | | | SS CGD | 00:55:30 |
| 378 | 129 | LUIS MACHADO | 35 | M2039 | 122 | M | | | | | CD CA TE ESPERO | 00:55:34 |
| 379 | 123 | ANTONIO AGOSTINHO | 61 | M6099 | 27 | M | | | | | CR ALVORADA | 00:55:35 |
| 380 | 21 | PEDRO DIAS | 33 | M2039 | 123 | M | | | | | GDOA | 00:55:36 |
| 381 | 127 | FRANCISCO GRADE | 35 | M2039 | 124 | M | | | | | CD CA TE ESPERO | 00:55:38 |
| 382 | 91 | NUNO SILVA | 53 | M5054 | 44 | M | | | | | GD INE | 00:56:11 |
| 383 | 81 | ILIDIO TORGAL | 65 | M6099 | 28 | M | | | | | VALEJAS AC | 00:56:20 |
| 384 | 377 | CARLOS CRESPO | 45 | M4549 | 37 | M | | | | | A PALACIO QUELUZ | 00:56:21 |
| 385 | 369 | ANTONIO RAPOSO | 42 | M4044 | 63 | M | | | | | GD CRUZ PICADA | 00:56:23 |
| 386 | 282 | DINIS PEREIRA | 29 | M2039 | 125 | M | | | | | TORINO TORRANENSE | 00:56:32 |
| 387 | 288 | INACIO GONCALVES | 56 | M5559 | 44 | M | | | | | GD MACEDO OCULISTA | 00:56:36 |
| 388 | 295 | ROSINDA GONÇALVES | 53 | F3599 | 19 | F | | | | | GD MACEDO OCULISTA | 00:56:37 |
| 389 | 450 | MARIO PIRES | 48 | M4549 | 38 | M | | | | | INDIVIDUAL | 00:56:45 |
| 390 | 42 | JOAQUIM CARPELHO | 59 | M5559 | 45 | M | | | | | CCS EPUL | 00:56:51 |
| 391 | 451 | JOAQUIM MONICA | 49 | M4549 | 39 | M | | | | | INDIVIDUAL | 00:56:59 |
| 392 | 256 | PEDRO SIMEAO | 26 | M2039 | 126 | M | | | | | A DANIEL CALDEIRA | 00:57:00 |
| 393 | 120 | MIGUEL CARRIÇO | 22 | M2039 | 127 | M | | | | | CD OS AGUIAS | 00:57:03 |
| 394 | 264 | PAULO CARDIM | 34 | M2039 | 128 | M | | | | | A DANIEL CALDEIRA | 00:57:06 |
| 395 | 407 | Mª FATIMA OLIVEIRA | 45 | M4549 | 40 | M | | | | | INDIVIDUAL | 00:57:07 |
| 396 | 352 | ANA VICTORIA | 33 | F2034 | 17 | F | | | | | OS PORTELAS | 00:57:14 |
| 397 | 413 | PAULINO A RODRIGUES | 48 | M4549 | 41 | M | | | | | INDIVIDUAL | 00:57:29 |
| 398 | 390 | JOANA PANAÇAS | 42 | F3599 | 20 | F | | | | | C ELVENSE NATAÇÃO | 00:57:31 |
| 399 | 59 | LUIS AFONSO | 37 | M2039 | 129 | M | | | | | JAF | 00:57:34 |
| 400 | 462 | RAUL CORREIA | 43 | M4044 | 64 | M | | | | | SC MOITENSE | 00:57:54 |

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| 401 | 420 | EBERHARD WILHELM | 59 | M5559 | 46 | M | | | | | INDIVIDUAL | 00:58:12 |
| 402 | 219 | BELARMINO MALHEIRO | 58 | M5559 | 47 | M | | | | | GD O INDEPENDENTE | 00:58:21 |
| 403 | 204 | MARIA CORREIA | 55 | F3599 | 21 | F | | | | | GD O INDEPENDENTE | 00:58:22 |
| 404 | 258 | JOSE FRANGANITO | 39 | M2039 | 130 | M | | | | | A DANIEL CALDEIRA | 00:58:38 |
| 405 | 84 | VITORIA MONTEIRO | 55 | F3599 | 22 | F | | | | | VALEJAS AC | 00:58:44 |
| 406 | 184 | VANESSA COELHO | 21 | F2034 | 18 | F | | | | | AM CASAL FIGUEIRAS | 00:59:04 |
| 407 | 45 | LUIS TORRAO | 54 | M5054 | 45 | M | | | | | GDCT REPSOL | 00:59:15 |
| 408 | 337 | HUGO CAVACO | 63 | M6099 | 29 | M | | | | | GD PIC NIC | 00:59:25 |
| 409 | 448 | HERLANDER BRAZ | 48 | M4549 | 42 | M | | | | | INDIVIDUAL | 00:59:49 |
| 410 | 431 | VITOR COSTA | 55 | M5559 | 48 | M | | | | | INDIVIDUAL | 01:00:47 |
| 411 | 432 | RUI RAPOSO | 44 | M4044 | 65 | M | | | | | INDIVIDUAL | 01:00:47 |
| 412 | 71 | ELSA ANACLETO | 37 | F3599 | 23 | F | | | | | GRD OS FIXES | 01:00:57 |
| 413 | 69 | ADRIANA PEREIRA | 18 | F1819 | 2 | F | | | | | GRD OS FIXES | 01:01:10 |
| 414 | 76 | ANTONIO FERREIRA | 46 | M4549 | 43 | M | | | | | GRD OS FIXES | 01:01:10 |
| 415 | 121 | PAULO SIMOES | 23 | M2039 | 131 | M | | | | | CD OS AGUIAS | 01:01:14 |
| 416 | 166 | LUIS NEVES | 34 | M2039 | 132 | M | | | | | AÇOREANA SEGUROS | 01:01:17 |
| 417 | 279 | ANA PAULA | 30 | F2034 | 19 | F | | | | | CLUBE AUTOCOOPE | 01:01:46 |
| 418 | 109 | NUNO NARCISO | 33 | M2039 | 133 | M | | | | | MARINHAI AC | 01:03:14 |
| 419 | 254 | BETO MARINHO | 64 | M6099 | 30 | M | | | | | CA PATAMEIRAS | 01:03:15 |
| 420 | 284 | ARTUR DINIS | 50 | M5054 | 46 | M | | | | | GD MACEDO OCULISTA | 01:04:42 |
| 421 | 294 | PAULA COUTO | 44 | F3599 | 24 | F | | | | | GD MACEDO OCULISTA | 01:04:43 |
| 422 | 409 | JOAO MONTEIRO | 51 | M5054 | 47 | M | | | | | INDIVIDUAL | 01:06:01 |
| 423 | 404 | LUIS AGOSTINHO | 59 | M5559 | 49 | M | | | | | INDIVIDUAL | 01:06:07 |
| 424 | 72 | CRISTINA GOMES | 39 | F3599 | 25 | F | | | | | GRD OS FIXES | 01:06:27 |
| 425 | 412 | MARIO J SANTOS | 38 | M2039 | 134 | M | | | | | INDIVIDUAL | 01:06:29 |
| 426 | 481 | JULIO SANTOS | 46 | M4549 | 44 | M | | | | | UCRD PRAIENSE | 01:06:48 |
| 427 | 401 | MARIO MARTINS | 60 | M6099 | 31 | M | | | | | INDIVIDUAL | 01:07:27 |

8° G.P. MONTEMOR-O-NOVO_JUVENIS

Patrocínio: C.M. MONTEMOR-O-NOVO

Apoio: B.V. MONTEMOR-O-NOVO

Data 02/03/2008

Classif.: Relatório Geral Masculino e Feminino

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|--------|------|------------------|-----|--------|--------|-----|----|-----|-----|-----|----------------------|----------|
| 1 | 596 | PAULO MOREIRA | 18 | M0099 | 1 | M | | | | | C RUGBY JUROMENHA | 00:09:59 |
| 2 | 544 | JOAO FIGUEIREDO | 16 | M0099 | 2 | M | | | | | CN ALVITO | 00:10:08 |
| 3 | 558 | AIDER MAHOMED | 16 | M0099 | 3 | M | | | | | ESTRELA FC | 00:10:13 |
| 4 | 592 | TIAGO RODRIGUES | 16 | M0099 | 4 | M | | | | | NAR MESSEJANA | 00:10:16 |
| 5 | 587 | JOAO PINHEIRO | 17 | M0099 | 5 | M | | | | | SR CAMARNAL | 00:10:20 |
| 6 | 600 | MARIO BARREIROS | 16 | M0099 | 6 | M | | | | | GD DIANA | 00:10:39 |
| 7 | 549 | MARCO TAVARES | 15 | M0099 | 7 | M | | | | | GD O INDEPENDENTE | 00:10:44 |
| 8 | 526 | JORGE MUACHO | 16 | M0099 | 8 | M | | | | | CF OS ELVENSES | 00:10:50 |
| 9 | 560 | JOAO PERFEITO | 16 | M0099 | 9 | M | | | | | ESTRELA FC | 00:10:59 |
| 10 | 562 | FABIO FERREIRA | 15 | M0099 | 10 | M | | | | | GRD OS FIXES | 00:10:59 |
| 11 | 591 | RUBEN BORGES | 17 | M0099 | 11 | M | | | | | NAR MESSEJANA | 00:11:04 |
| 12 | 593 | DIOGO VARELA | 16 | M0099 | 12 | M | | | | | NAR MESSEJANA | 00:11:15 |
| 13 | 598 | FABIO TAVARES | 18 | M0099 | 13 | M | | | | | C RUGBY JUROMENHA | 00:11:16 |
| 14 | 564 | CACIO BARROSO | 16 | M0099 | 14 | M | | | | | BV MONTEMOR NOVO | 00:11:20 |
| 15 | 578 | ALEXANDRE DUARTE | 16 | M0099 | 15 | M | | | | | A 20 KM ALMEIRIM | 00:11:24 |
| 16 | 567 | ANDRE SANTOS | 15 | M0099 | 16 | M | | | | | BV MONTEMOR NOVO | 00:11:36 |
| 17 | 569 | NUNO REBOCHO | 16 | M0099 | 17 | M | | | | | BV MONTEMOR NOVO | 00:11:40 |
| 18 | 568 | TIAGO VILELAS | 17 | M0099 | 18 | M | | | | | BV MONTEMOR NOVO | 00:11:49 |
| 19 | 563 | RUBEN FERREIRA | 15 | M0099 | 19 | M | | | | | GRD OS FIXES | 00:11:50 |
| 20 | 545 | ANDRE PITEIRA | 16 | M0099 | 20 | M | | | | | GD PAVIA | 00:11:54 |
| 21 | 556 | VITOR CANAVERDE | 15 | M0099 | 21 | M | | | | | GD REGUENGO S MATEUS | 00:11:56 |
| 22 | 581 | SUSANA CRUZ | 17 | F0099 | 1 | F | | | | | SR CAMARNAL | 00:12:06 |
| 23 | 523 | MARISA COSTAL | 17 | F0099 | 2 | F | | | | | CF OS ELVENSES | 00:12:18 |
| 24 | 575 | LEANDRO CASTELO | 16 | M0099 | 22 | M | | | | | A 20 KM ALMEIRIM | 00:12:19 |
| 25 | 577 | CHEN SHENGHUA | 16 | M0099 | 23 | M | | | | | A 20 KM ALMEIRIM | 00:12:31 |
| 26 | 552 | PATRICIA FOITO | 15 | F0099 | 3 | F | | | | | GD REGUENGO S MATEUS | 00:12:32 |
| 27 | 553 | CARLOS SAIOTE | 15 | M0099 | 24 | M | | | | | GD REGUENGO S MATEUS | 00:12:34 |
| 28 | 561 | TIAGO PEREIRA | 15 | M0099 | 25 | M | | | | | GRD OS FIXES | 00:12:40 |
| 29 | 571 | JOAO CASQUEIRO | 17 | M0099 | 26 | M | | | | | A 20 KM ALMEIRIM | 00:13:07 |
| 30 | 573 | ROMAN LEYUKH | 16 | M0099 | 27 | M | | | | | A 20 KM ALMEIRIM | 00:13:08 |

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|--------|------|------------------|-----|--------|--------|-----|----|-----|-----|-----|----------------------|----------|
| 31 | 595 | CATIA SERRA | 18 | F0099 | 4 | F | | | | | C RUGBY JUROMENHA | 00:13:09 |
| 32 | 579 | CARLOS VITAL | 17 | M0099 | 28 | M | | | | | A 20 KM ALMEIRIM | 00:13:27 |
| 33 | 590 | MARIA MESTRINHO | 16 | F0099 | 5 | F | | | | | NA CP LAVRE | 00:13:30 |
| 34 | 589 | LUISA RODRIGUES | 26 | F0099 | 6 | F | | | | | SR CAMARNAL | 00:13:47 |
| 35 | 507 | CLAUDIA PESTANA | 16 | F0099 | 7 | F | | | | | CF OS ELVENSES | 00:14:00 |
| 36 | 551 | INES ALDINHAS | 16 | F0099 | 8 | F | | | | | GD REGUENGO S MATEUS | 00:14:26 |
| 37 | 588 | SANCHA PEREIRA | 17 | F0099 | 9 | F | | | | | SR CAMARNAL | 00:15:34 |
| 38 | 557 | CATALINA TIMOFTE | 15 | F0099 | 10 | F | | | | | GD FONTE PRATA | 00:16:37 |

8° G.P. MONTEMOR-O-NOVO_INICIADOS

Patrocínio: C.M. MONTEMOR-O-NOVO

Apoio: B.V. MONTEMOR-O-NOVO

Data: 02/03/2008

Classif.: Relatório Geral Masculino e Feminino

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|--------|------|--------------------|-----|--------|--------|-----|----|-----|-----|-----|----------------------|----------|
| 1 | 446 | CARLOS VALERIO | 15 | M0099 | 1 | M | | | | | NAR MESSEJANA | 00:06:44 |
| 2 | 442 | PEDRO BELEM | 14 | M0099 | 2 | M | | | | | C ELVENSE NATAÇÃO | 00:06:53 |
| 3 | 255 | RICARDO FREIXIAL | 14 | M0099 | 3 | M | | | | | BV MONTEMOR NOVO | 00:07:11 |
| 4 | 473 | JOAO RODRIGUES | 14 | M0099 | 4 | M | | | | | C RUGBY JUROMENHA | 00:07:20 |
| 5 | 221 | SERGIO RODRIGUES | 14 | M0099 | 5 | M | | | | | GRD OS FIXES | 00:07:27 |
| 6 | 166 | TIAGO FELES | 14 | M0099 | 6 | M | | | | | CN ALVITO | 00:07:32 |
| 7 | 162 | EMANUEL SOUSA | 14 | M0099 | 7 | M | | | | | SR CAMARNAL | 00:07:40 |
| 8 | 233 | JOAO REIS | 13 | M0099 | 8 | M | | | | | GD FONTE PRATA | 00:07:54 |
| 9 | 468 | MARCO GUERREIRO | 15 | M0099 | 9 | M | | | | | NAR MESSEJANA | 00:08:03 |
| 10 | 413 | RICARDO CARRILHO | 15 | M0099 | 10 | M | | | | | A 20 KM ALMEIRIM | 00:08:19 |
| 11 | 219 | ANDREIA ANACLETO | 13 | F0099 | 1 | F | | | | | GRD OS FIXES | 00:08:31 |
| 12 | 453 | DANIELA TEIXEIRA | 15 | F0099 | 2 | F | | | | | NAR MESSEJANA | 00:08:33 |
| 13 | 479 | GONÇALO PATACHO | 14 | M0099 | 11 | M | | | | | C RUGBY JUROMENHA | 00:08:38 |
| 14 | 399 | FILIPE MARTINS | 15 | M0099 | 12 | M | | | | | A 20 KM ALMEIRIM | 00:08:54 |
| 15 | 231 | CARINA MARTINHO | 13 | F0099 | 3 | F | | | | | GD FONTE PRATA | 00:09:07 |
| 16 | 261 | PAULO GATO | 14 | M0099 | 13 | M | | | | | GD REGUENGO S MATEUS | 00:09:11 |
| 17 | 152 | FLAVIO JULIAO | 13 | M0099 | 14 | M | | | | | CD CA TE ESPERO | 00:09:12 |
| 18 | 220 | JOAO RODRIGUES | 13 | M0099 | 15 | M | | | | | GRD OS FIXES | 00:09:18 |
| 19 | 410 | TIERRI LOPES | 14 | M0099 | 16 | M | | | | | A 20 KM ALMEIRIM | 00:09:22 |
| 20 | 258 | DIANA ESTROIA | 14 | F0099 | 4 | F | | | | | GD REGUENGO S MATEUS | 00:09:25 |
| 21 | 262 | RICARDO REIS | 13 | M0099 | 17 | M | | | | | GD REGUENGO S MATEUS | 00:09:25 |
| 22 | 230 | LIDIA OLIVEIRA | 15 | F0099 | 5 | F | | | | | GD FONTE PRATA | 00:09:43 |
| 23 | 260 | FERNANDO NARIGUETA | 13 | M0099 | 18 | M | | | | | GD REGUENGO S MATEUS | 00:09:44 |
| 24 | 234 | JOAO MATIAS | 14 | M0099 | 19 | M | | | | | INDIVIDUAL | 00:09:46 |
| 25 | 188 | CATIA SIMOES | 13 | F0099 | 6 | F | | | | | GD PAVIA | 00:10:03 |
| 26 | 192 | SARA GARCIA | 14 | F0099 | 7 | F | | | | | GD PAVIA | 00:10:04 |
| 27 | 189 | MARCIA PIRES | 14 | F0099 | 8 | F | | | | | GD PAVIA | 00:10:05 |
| 28 | 232 | ANGELA TAVARES | 14 | F0099 | 9 | F | | | | | GD FONTE PRATA | 00:10:30 |
| 29 | 313 | GEORGIANA GROSOS | 15 | F0099 | 10 | F | | | | | A 20 KM ALMEIRIM | 00:11:19 |
| 30 | 326 | ALEKSANDRA LEYUKH | 15 | F0099 | 11 | F | | | | | A 20 KM ALMEIRIM | 00:11:20 |

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8° G.P. MONTEMOR-O-NOVO_INFANTIS

Patrocínio: C.M. MONTEMOR-O-NOVO
 Data: 02/03/2008
 Classif.: Relatório Geral Masculino e Feminino

Apoio: B.V. MONTEMOR-O-NOVO

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|--------|------|-------------------|-----|--------|--------|-----|----|-----|-----|-----|----------------------|----------|
| 1 | 139 | JOAO MENDES | 12 | M0099 | 1 | M | | | | | AE PAULO GAMA | 00:03:27 |
| 2 | 57 | JOAO MUACHO | 13 | M0099 | 2 | M | | | | | CF OS ELVENSES | 00:03:27 |
| 3 | 141 | FILIPE REBELO | 13 | M0099 | 3 | M | | | | | AE PAULO GAMA | 00:03:29 |
| 4 | 75 | JOAO FERREIRA | 12 | M0099 | 4 | M | | | | | GD REGUENGO S MATEUS | 00:03:37 |
| 5 | 136 | ROSARIO SILVA | 12 | F0099 | 1 | F | | | | | NAR MESSEJANA | 00:03:43 |
| 6 | 74 | JOAO CHIOLA | 12 | M0099 | 5 | M | | | | | GD REGUENGO S MATEUS | 00:03:44 |
| 7 | 137 | ELMANO VALERIO | 12 | M0099 | 6 | M | | | | | NAR MESSEJANA | 00:03:44 |
| 8 | 79 | JOAO SANTOS | 13 | M0099 | 7 | M | | | | | CN ALVITO | 00:03:46 |
| 9 | 78 | SUSANA CALHAU | 13 | F0099 | 2 | F | | | | | CN ALVITO | 00:03:47 |
| 10 | 58 | JOAO PESTANA | 13 | M0099 | 8 | M | | | | | CF OS ELVENSES | 00:03:49 |
| 11 | 81 | PAUL ROTHAMS | 13 | M0099 | 9 | M | | | | | CN ALVITO | 00:03:51 |
| 12 | 97 | RADU CASANDRUC | 13 | M0099 | 10 | M | | | | | A 20 KM ALMEIRIM | 00:03:53 |
| 13 | 56 | VANESSA SIMOES | 12 | F0099 | 3 | F | | | | | SPORTING CP | 00:03:54 |
| 14 | 132 | PEDRO FREIXIAL | 11 | M0099 | 11 | M | | | | | BV MONTEMOR NOVO | 00:03:54 |
| 15 | 138 | MARTA CATARINO | 13 | F0099 | 4 | F | | | | | AE PAULO GAMA | 00:03:55 |
| 16 | 142 | DAVID TAVARES | 13 | M0099 | 12 | M | | | | | C RUGBY JUROMENHA | 00:03:57 |
| 17 | 67 | PAULA CAEIRO | 12 | F0099 | 5 | F | | | | | GD PAVIA | 00:03:58 |
| 18 | 66 | TANIA ROSADO | 12 | F0099 | 6 | F | | | | | GD PAVIA | 00:03:58 |
| 19 | 82 | DIOGO FALCATO | 13 | M0099 | 13 | M | | | | | CN ALVITO | 00:04:01 |
| 20 | 93 | INES PEREIRA | 13 | F0099 | 7 | F | | | | | A 20 KM ALMEIRIM | 00:04:07 |
| 21 | 127 | JOAO ANICETO | 13 | M0099 | 14 | M | | | | | A 20 KM ALMEIRIM | 00:04:07 |
| 22 | 76 | MARIO GRILLO | 12 | M0099 | 15 | M | | | | | GD REGUENGO S MATEUS | 00:04:15 |
| 23 | 91 | TATIANA CORREIA | 12 | F0099 | 8 | F | | | | | GD FONTE PRATA | 00:04:18 |
| 24 | 73 | JOAO AMBROSIO | 12 | M0099 | 16 | M | | | | | GD REGUENGO S MATEUS | 00:04:39 |
| 25 | 123 | NUNO TAVARES | 13 | M0099 | 17 | M | | | | | A 20 KM ALMEIRIM | 00:04:42 |
| 26 | 100 | JOEL ANDRE | 12 | M0099 | 18 | M | | | | | A 20 KM ALMEIRIM | 00:04:46 |
| 27 | 92 | MAFALDA CRISTOVAO | 13 | F0099 | 9 | F | | | | | A 20 KM ALMEIRIM | 00:04:51 |
| 28 | 63 | MIGUEL SALGUEIRO | 12 | M0099 | 19 | M | | | | | GD PAVIA | 00:04:52 |
| 29 | 65 | INES PIRES | 12 | F0099 | 10 | F | | | | | GD PAVIA | 00:05:01 |
| 30 | 95 | MARIANA FERREIRA | 13 | F0099 | 11 | F | | | | | A 20 KM ALMEIRIM | 00:05:21 |

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| 31 | 77 | BRUNO TERROA | 12 | M0099 | 20 | M | | | | | CD CA TE ESPERO | 00:11:02 |

8° G.P. CIDADE DE MONTEMOR-O-NOVO_BENJAMINS

Patrocinio: C.M. MONTEMOR-O-NOVO

Apoio: B.V. MONTEMOR-O-NOVO

Data: 02/03/2008

Classif.: Relatório Geral Masculino e Feminino

| Coloc. | Num. | Atleta | Id. | Fx.Et. | Cl.E.E | Sx. | C. | SC1 | SC2 | SC3 | Clube | Tempo |
|--------|------|---------------------|-----|--------|--------|-----|----|-----|-----|-----|----------------------|----------|
| 1 | 4 | CLAUDIA TICIDEIRO | 10 | F0099 | 1 | F | | | | | GD REGUENGO S MATEUS | 00:03:55 |
| 2 | 42 | JOSE FRAGOSO | 10 | M0099 | 1 | M | | | | | INDIVIDUAL | 00:03:56 |
| 3 | 9 | VITOR ROQUE | 10 | M0099 | 2 | M | | | | | GD REGUENGO S MATEUS | 00:03:59 |
| 4 | 30 | JOAO GOMES | 10 | M0099 | 3 | M | | | | | GD FONTE PRATA | 00:03:59 |
| 5 | 10 | LUIS CONCEIÇÃO | 10 | M0099 | 4 | M | | | | | GD REGUENGO S MATEUS | 00:04:03 |
| 6 | 46 | GABRIEL FIGUEIRINHA | 11 | M0099 | 5 | M | | | | | NAR MESSEJANA | 00:04:05 |
| 7 | 32 | NERICA AMARAL | 10 | F0099 | 2 | F | | | | | GD FONTE PRATA | 00:04:09 |
| 8 | 3 | LUANA BARROS | 11 | F0099 | 3 | F | | | | | CF OS ELVENSES | 00:04:13 |
| 9 | 36 | DAVID ANACLETO | 10 | M0099 | 6 | M | | | | | GRD OS FIXES | 00:04:16 |
| 10 | 33 | SONIA SEMEDO | 11 | F0099 | 4 | F | | | | | GD FONTE PRATA | 00:04:17 |
| 11 | 21 | RAFAELA MENDES | 11 | F0099 | 5 | F | | | | | GD PAVIA | 00:04:19 |
| 12 | 31 | ALEXANDRE OLIVEIRA | 10 | M0099 | 7 | M | | | | | GD FONTE PRATA | 00:04:21 |
| 13 | 53 | MIGUEL CRUZ | 10 | M0099 | 8 | M | | | | | INDIVIDUAL | 00:04:22 |
| 14 | 22 | CRISTINA REIS | 11 | F0099 | 6 | F | | | | | CN ALVITO | 00:04:24 |
| 15 | 1 | CARINA BABAROCA | 10 | F0099 | 7 | F | | | | | CF OS ELVENSES | 00:04:26 |
| 16 | 17 | TIAGO GALVRIAS | 10 | M0099 | 9 | M | | | | | GD PAVIA | 00:04:27 |
| 17 | 11 | SOFIA CONCEIÇÃO | 10 | F0099 | 8 | F | | | | | GD REGUENGO S MATEUS | 00:04:30 |
| 18 | 6 | CARLOS CARVALHO | 10 | M0099 | 10 | M | | | | | GD REGUENGO S MATEUS | 00:04:31 |
| 19 | 38 | LEONOR TAVARES | 11 | F0099 | 9 | F | | | | | A 20 KM ALMEIRIM | 00:04:32 |
| 20 | 5 | DUARTE CHIOLA | 8 | M0099 | 11 | M | | | | | GD REGUENGO S MATEUS | 00:04:33 |
| 21 | 25 | INES SANTOS | 11 | F0099 | 10 | F | | | | | CN ALVITO | 00:04:34 |
| 22 | 2 | BEATRIZ JORGE | 10 | F0099 | 11 | F | | | | | CF OS ELVENSES | 00:04:38 |
| 23 | 18 | RODRIGO FERREIRA | 10 | M0099 | 12 | M | | | | | GD PAVIA | 00:04:38 |
| 24 | 50 | JOAO BOM | 10 | M0099 | 13 | M | | | | | C RUGBY JUROMENHA | 00:04:40 |
| 25 | 16 | ANTONIO HORTA | 9 | M0099 | 14 | M | | | | | GD PAVIA | 00:04:41 |
| 26 | 24 | INES MIRA | 11 | F0099 | 12 | F | | | | | CN ALVITO | 00:04:41 |
| 27 | 47 | PEDRO GUERREIRO | 11 | M0099 | 15 | M | | | | | NAR MESSEJANA | 00:04:44 |
| 28 | 8 | PEDRO QUITERIO | 10 | M0099 | 16 | M | | | | | GD REGUENGO S MATEUS | 00:04:47 |
| 29 | 45 | JOANA RODRIGUES | 9 | F0099 | 13 | F | | | | | NAR MESSEJANA | 00:04:50 |
| 30 | 19 | RUI FARROBISTA | 11 | M0099 | 17 | M | | | | | GD PAVIA | 00:04:56 |

| Coloc. | Num. | Atleta | Id. | Fx.Et. | Cl.E.E | Sx. | C. | SC1 | SC2 | SC3 | Clube | Tempo |
|--------|------|-------------------|-----|--------|--------|-----|----|-----|-----|-----|-------------------|----------|
| 31 | 52 | TOMAS GONZAGA | 10 | M0099 | 18 | M | | | | | INDIVIDUAL | 00:05:07 |
| 32 | 51 | FRANCISCO TAVARES | 10 | M0099 | 19 | M | | | | | C RUGBY JUROMENHA | 00:05:21 |
| 33 | 35 | GONÇALO DUARTE | 7 | M0099 | 20 | M | | | | | GRD OS FIXES | 00:05:24 |
| 34 | 49 | PEDRO JALECO | 9 | M0099 | 21 | M | | | | | C RUGBY JUROMENHA | 00:05:33 |
| 35 | 39 | CATIA SERRA | 11 | F0099 | 14 | F | | | | | A 20 KM ALMEIRIM | 00:05:34 |
| 36 | 27 | FRANCISCO SANTOS | 8 | M0099 | 22 | M | | | | | CD CA TE ESPERO | 00:05:39 |
| 37 | 37 | DIOGO GOMES | 10 | M0099 | 23 | M | | | | | GRD OS FIXES | 00:05:50 |