

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	425	BRUNO M S PAIXÃO	M	33	1	00:30:57.04	00:30:55.15	BEJA AC
2	426	PEDRO ARSENIO	M	35	2	00:31:06.89	00:31:04.35	BEJA AC
3	159	MARCO A S P MIGUEL	M	27	3	00:31:11.72	00:31:11.72	C PRAÇAS ARMADA
4	60	JOSE GASPAR	M	40	1	00:31:19.95	00:31:19.95	CA ODIMARQ
5	347	CARLOS M SILVA	M	34	4	00:31:29.49	00:31:29.49	GDR REBOLEIRA
6	200	LUIS M M RAÇÕES	M	42	2	00:32:37.15	00:32:34.28	INGLESES FC
7	427	JOÃO CRUZ	M	32	5	00:32:54.15	00:32:51.10	BEJA AC
8	225	JOAO P VAZ	M	50	1	00:33:26.33	00:33:24.60	CCD ALVITEJO
9	11	RUI DOLORES	M	33	6	00:33:28.42	00:33:26.84	AMICICLO GRANDOLA
10	507	CARLOS TIAGO	M	38	7	00:33:38.70	00:33:35.87	BELEM RUNNERS
11	65	PEDRO GOMES	M	40	3	00:33:46.47	00:33:45.31	CA ODIMARQ
12	61	MARIO CASSACA	M	45	1	00:33:54.97	00:33:52.61	CA ODIMARQ
13	375	FRANCISCO J G ROCHA	M	50	2	00:34:06.62	00:34:04.73	AA MAFRA
14	126	SUSANA M CUNHA	F	29	1	00:34:11.63	00:34:10.47	LINDA A PASTORA SC
15	345	EUCÉNIO M NETO	M	55	1	00:34:18.37	00:34:16.60	GDR REBOLEIRA
16	344	JOSÉ M INACIO	M	52	3	00:34:24.07	00:34:21.96	GDR REBOLEIRA
17	346	LUIS M COELHO	M	45	2	00:34:37.35	00:34:37.35	GDR REBOLEIRA
18	397	FILIPE M SILVA	M	19	8	00:34:38.58	00:34:33.10	BV MONTEMOR NOVO
19	511	EMILIANO VIEIRA	M	39	9	00:34:39.94	00:34:38.15	BELEM RUNNERS
20	322	EDGAR J MATIAS	M	38	10	00:34:43.34	00:34:41.29	GDR S FRANCISCO SERRA
21	68	JOAO FERREIRA	M	41	4	00:34:49.19	00:34:46.87	CA ODIMARQ
22	273	LUIS M BAÇO	M	42	5	00:34:55.56	00:34:53.37	AMINHACORRIDA/MYPROTEIN
23	459	ROBERTO L LADEIRAS	M	25	11	00:35:05.95	00:35:04.13	GFD RUNNING
24	429	CUSTÓDIO M ANTÓNIO	M	41	6	00:35:06.82	00:35:05.12	BEJA AC
25	354	RUBEN PINTO	M	20	12	00:35:08.91	00:35:06.06	AA MAFRA
26	348	JOSÉ M ANTUNES	M	51	4	00:35:14.70	00:35:14.70	GDR REBOLEIRA
27	461	NELSON S SANTOS	M	35	13	00:35:16.74	00:35:14.81	GFD RUNNING
28	514	CARLOS FREITAS	M	46	3	00:35:17.15	00:35:17.15	BELEM RUNNERS
29	455	DUARTE M FORTES	M	21	14	00:35:18.53	00:35:16.39	NAR MESSEJANA
30	337	JOÃO A B JESUS	M	27	15	00:35:23.44	00:35:21.68	AMICICLO GRANDOLA
31	331	FÁBIO R SILVA	M	31	16	00:35:27.87	00:35:25.72	GDR S FRANCISCO SERRA
32	100	RUBEN J S FONSECA	M	36	17	00:35:31.45	00:35:29.39	AMICICLO GRANDOLA
33	41	PEDRO N TRINDADE	M	33	18	00:35:32.16	00:35:28.03	AMICICLO GRANDOLA
34	362	RUI CUPIDO	M	49	4	00:35:38.12	00:35:36.12	AA MAFRA
35	452	ALEXANDRE J PIMPÃO	M	46	5	00:35:46.48	00:35:45.05	NAR MESSEJANA
36	440	PEDRO M FERNANDES	M	36	19	00:35:50.29	00:35:50.29	VITÓRIA FUTEBOL CLUBE

37	319	EMANUEL C DIOGO	M	27	20	00:35:51.33	00:35:49.33	GDR S FRANCISCO SERRA
38	363	SERGIO E P TAVARES	M	38	21	00:35:52.00	00:35:52.00	AA MAFRA
39	229	ROBERTO D C BAIÃO	M	25	22	00:36:02.39	00:35:57.33	JUVENTUDE AC
40	63	ANDRÉ FERREIRA	M	37	23	00:36:04.80	00:35:57.82	CA ODIMARQ
41	594	CLAUDIA PEREIRA	F	38	2	00:36:05.51	00:36:03.25	GFD RUNNING
42	357	MARIO ZORRO	M	42	7	00:36:10.14	00:36:04.39	AA MAFRA
43	321	PAULO J MORAIS	M	43	8	00:36:19.07	00:36:16.47	GDR S FRANCISCO SERRA
44	98	NUNO F P CHAINHO	M	32	24	00:36:20.04	00:36:17.32	OS KOTAS
45	372	EDUARDO S EUSTÁQUIO	M	53	5	00:36:21.30	00:36:17.58	AA MAFRA
46	428	PATRICIA MARQUES	F	34	3	00:36:23.17	00:36:20.79	BEJA AC
47	464	ERNESTO F FERREIRA	M	47	6	00:36:24.70	00:36:23.55	GFD RUNNING
48	400	JOAQUIM N FREITAS	M	40	9	00:36:31.59	00:36:28.96	BV MONTEMOR NOVO
49	555	RICARDO GOMES	M	34	25	00:36:34.13	00:36:30.27	AMICICLO GRANDOLA
50	439	SILVESTRE N GOMES	M	62	1	00:36:35.26	00:36:33.56	VITÓRIA FUTEBOL CLUBE
51	418	JOSÉ A SIMÕES	M	45	7	00:36:36.44	00:36:33.73	AA MAFRA
52	109	ANTÓNIO J ALVES	M	51	6	00:36:47.60	00:36:44.03	TARTUGAS DE LOULÉ
53	431	ESTÉVÃO R P JANEIRO	M	21	26	00:37:08.89	00:37:04.32	BEJA AC
54	206	ADRIANO L DOMINGOS	M	29	27	00:37:27.59	00:37:23.45	GDCT REPSOL POLÍMEROS
55	352	JORGE M GINJA	M	44	10	00:37:37.43	00:37:34.10	AA MAFRA
56	497	ELIAS FORTES	M	51	7	00:37:39.58	00:37:31.31	BELEM RUNNERS
57	87	JOAO SIMOES	M	46	8	00:37:49.90	00:37:45.76	AMINHACORRIDA/MYPROTEIN
58	554	JOÃO D COSTA	M	27	28	00:37:50.97	00:37:49.56	
59	358	MARIUS LEORDEAN	M	35	29	00:37:56.96	00:37:55.18	AA MAFRA
60	258	ALEXANDRA SOUSA	F	35	4	00:38:01.74	00:37:59.46	JOMA
61	597	ANTONIO URBANO	M	54	8	00:38:10.32	00:38:09.17	
62	315	VASCO M LOURENÇO	M	17	30	00:38:16.00	00:38:14.01	GDR S FRANCISCO SERRA
63	237	ELVINO B GALEGO	M	35	31	00:38:16.05	00:38:13.88	TREPA MONTES?
64	595	VASCO RAFAEL	M	28	32	00:38:18.16	00:38:14.86	AMICICLO GRANDOLA
65	534	MIGUEL PEREIRA	M	31	33	00:38:20.49	00:38:16.65	AMICICLO GRANDOLA
66	549	GONÇALO J H BRÁS	M	39	34	00:38:25.92	00:38:22.60	CA SÃO BRÁS
67	537	IURI A LEANDRO	M	19	35	00:38:31.33	00:38:31.33	VITÓRIA FUTEBOL CLUBE
68	318	JOÃO E CARRILHO	M	32	36	00:38:37.76	00:38:34.46	GDR S FRANCISCO SERRA
69	150	HUGO N BALUGA	M	21	37	00:38:40.73	00:38:38.42	AMICICLO GRANDOLA
70	36	ANTONIO L C GARCIA	M	55	2	00:38:43.55	00:38:40.37	
71	438	FLORIVAL E BACALHAU	M	60	2	00:38:45.80	00:38:44.21	VITÓRIA FUTEBOL CLUBE
72	323	LUÍS F PEREIRA	M	58	3	00:38:47.68	00:38:45.98	GDR S FRANCISCO SERRA
73	432	MARIO GODINHO	M	53	9	00:38:49.50	00:38:47.95	BEJA AC

74	343	JORGE V CORREIA	M	46	9	00:38:51.71	00:38:44.29	GDR REBOLEIRA
75	232	ROGERIO M PINGUINHA	M	54	10	00:38:51.90	00:38:48.59	TARTUGAS DE LOULÉ
76	483	SAMUEL GALVEIA	M	36	38	00:38:59.13	00:38:51.70	NAVIGATOR CLUBE SETUBAL
77	105	HUGO A A G PATRÍCIO	M	41	11	00:39:00.00	00:38:57.72	AMICICLO GRANDOLA
78	317	PAULO J CAVALINHOS	M	41	12	00:39:01.87	00:38:56.19	GDR S FRANCISCO SERRA
79	66	ANTONIO HENRIQUES	M	60	3	00:39:02.80	00:39:01.13	CA ODIMARQ
80	391	JOÃO V RODRIGUES	M	43	13	00:39:03.95	00:39:01.25	BV MONTEMOR NOVO
81	181	PAULO A SILVA	M	44	14	00:39:04.28	00:38:58.43	GA OS PATRICIOS
82	437	MIGUEL A DUARTE	M	44	15	00:39:05.40	00:38:59.18	VITÓRIA FUTEBOL CLUBE
83	407	BRUNO A V HELENO	M	36	39	00:39:15.14	00:39:11.93	ESTRELA FC
84	519	MIGUEL C GARCIA	M	40	16	00:39:19.24	00:39:15.70	AMICICLO GRANDOLA
85	327	ROGÉRIO C CASSACA	M	47	10	00:39:21.86	00:39:20.34	GDR S FRANCISCO SERRA
86	4	RUI J L SOUSA	M	43	17	00:39:24.13	00:39:08.30	SINGARUNNERS
87	245	JOSÉ C G MARCELINO	M	55	4	00:39:25.73	00:39:23.79	CD ESTRELA
88	398	ALEXANDRE F CANDEIAS	M	29	40	00:39:26.34	00:39:21.69	BV MONTEMOR NOVO
89	314	PAULO J CHAINHO	M	53	11	00:39:27.82	00:39:26.03	GDR S FRANCISCO SERRA
90	272	CARLOS A G PARREIRA	M	39	41	00:39:30.64	00:39:29.05	CDC CASAL MARCO
91	408	PAULO N VIEGAS	M	36	42	00:39:35.10	00:39:32.67	ESTRELA FC
92	219	PEDRO M COSTA	M	49	11	00:39:37.35	00:39:33.91	CCD CRÉDITO AGRÍCOLA MÚTUO
93	86	JORGE A AMARAL	M	49	12	00:39:47.88	00:39:44.48	AMINHACORRIDA/MYPROTEIN
94	453	ANTÓNIO PARREIRA	M	62	4	00:39:50.52	00:39:47.68	NAR MESSEJANA
95	230	RUI M S HILÁRIO	M	27	43	00:39:53.34	00:39:37.08	VFCE
96	306	FÁBIO J FAUSTINO	M	32	44	00:39:55.54	00:39:47.49	AMICICLO GRANDOLA
97	498	NUNO NAIA	M	43	18	00:39:55.62	00:39:51.84	BELEM RUNNERS
98	172	DANIEL J M PEREIRA	M	31	45	00:39:59.66	00:39:42.29	JUVENTUDE AC
99	465	ARTUR P PINTO	M	40	19	00:40:03.38	00:40:01.28	GFD RUNNING
100	548	ANTÓNIO R LOPES	M	52	12	00:40:11.57	00:40:07.38	CA SÃO BRÁS
101	376	FERNANDO FERNANDES	M	56	5	00:40:17.37	00:40:13.68	CA ALENTEJANOS FARO
102	547	LUCILIA V SOARES	F	56	1	00:40:21.37	00:40:19.66	CA GALINHEIRAS
103	366	FRANCISCO M RODRIGUES	M	34	46	00:40:24.73	00:40:20.11	AA MAFRA
104	369	ALICE B ROMA	F	47	1	00:40:24.81	00:40:21.12	AA MAFRA
105	454	RENATO GUERREIRO	M	37	47	00:40:35.23	00:40:31.53	NAR MESSEJANA
106	395	ANTÓNIO M MALHÃO	M	49	13	00:40:38.81	00:40:36.05	BV MONTEMOR NOVO
107	162	TITO J PEREIRA	M	35	48	00:40:40.69	00:40:26.73	LEBRES DE DOMINGO
108	32	LUIS M C NEVES	M	39	49	00:40:44.01	00:40:37.70	MARINHAI AC
109	136	LUIS M C ANICETO	M	59	6	00:40:47.09	00:40:40.32	MATINHA
110	78	ANTÓNIO L MARTINS	M	52	13	00:40:50.69	00:40:46.65	LEBRES E TARTARUGAS DE GRÂNDOLA

111	546	JOÃO CARLOS	M	41	20	00:40:53.93	00:40:25.93	
112	9	HUGO N GAUDÊNCIO	M	42	21	00:40:56.37	00:40:54.14	CORRER EM SANTO ANDRÉ
113	360	RODOLFO ANDRADE	M	36	50	00:40:56.95	00:40:48.86	AA MAFRA
114	240	LUÍS M PEREIRA	M	31	51	00:40:57.23	00:40:50.00	CLUBE CORRIDA REN
115	209	FÁBIO H L JESUS	M	31	52	00:40:58.60	00:40:51.56	GDCT REPSOL POLÍMEROS
116	255	LUIS M PEREIRA	M	46	14	00:40:58.86	00:40:37.81	AS FERAS
117	484	DIOGO GARCIA	M	36	53	00:40:59.17	00:40:50.21	NAVIGATOR CLUBE SETUBAL
118	235	WILSON A P VARELA	M	30	54	00:41:03.30	00:40:46.67	VITÓRIA FC ERMIDENSE
119	330	VASCO M AGOSTINHO	M	52	14	00:41:06.99	00:40:58.88	GDR S FRANCISCO SERRA
120	193	CARLA M SILVANO	F	48	2	00:41:07.55	00:41:00.99	AREIAS SÃO JOÃO
121	214	FÁBIO A GOMES	M	33	55	00:41:08.51	00:40:55.20	LEBRES DE DOMINGO
122	371	CLÁUDIA S BATALHA	F	41	1	00:41:12.39	00:41:06.65	AA MAFRA
123	269	PAULO F FIGUEIRA	M	52	15	00:41:14.47	00:41:02.41	
124	257	JOÃO M DUARTE	M	44	22	00:41:18.39	00:41:10.38	AMICICLO GRANDOLA
125	51	PAULO C ROMÃO	M	37	56	00:41:19.84	00:41:07.12	GDC PORTOS SINES E ALGARVE
126	108	JORGE F FONTES	M	56	7	00:41:28.61	00:41:21.21	BEJA AC
127	499	JOSE M SALAZAR	M	57	8	00:41:35.16	00:41:30.62	BELEM RUNNERS
128	481	NUNO SILVA	M	42	23	00:41:36.08	00:41:28.03	NAVIGATOR CLUBE SETUBAL
129	491	RUBEN DIAS	M	43	24	00:41:37.00	00:41:30.74	BELEM RUNNERS
130	416	PEDRO M NUNES	M	32	57	00:41:39.13	00:41:34.47	GDCFA
131	449	HELDER F FAIA	M	42	25	00:41:40.91	00:41:24.71	CP EDP SINES
132	351	JOÃO BATALHA	M	51	16	00:41:44.22	00:41:34.76	AA MAFRA
133	91	VITOR R C SANTOS	M	34	58	00:41:46.12	00:41:40.93	JUVENTUDE AC
134	370	CARLOS M MORAIS	M	54	17	00:41:51.15	00:41:40.94	AA MAFRA
135	25	ANDRÉ M AFONSO	M	29	59	00:41:54.40	00:41:44.50	MAGNUNSSSENS
136	153	JOAQUIM M P LOPES	M	54	18	00:41:55.21	00:41:51.60	CP PINHEIRO CRUZ
137	320	PAULO J DÂMASO	M	19	60	00:42:08.35	00:42:02.02	GDR S FRANCISCO SERRA
138	44	RAFAEL F SILVA	M	39	61	00:42:09.06	00:42:01.89	PENICHE@CORRER
139	355	LUÍS M ZEFERINO	M	43	26	00:42:15.05	00:42:05.24	AA MAFRA
140	303	CARINA T CORREIA	F	40	2	00:42:22.22	00:42:15.42	C ORIENTAL PECHÃO
141	495	PEDRO CANELAS	M	45	15	00:42:22.93	00:42:18.38	BELEM RUNNERS
142	236	CARLOS F MENDES	M	43	27	00:42:25.48	00:42:19.40	LSC RUNNING
143	305	PAULO M M PALMA	M	54	19	00:42:26.02	00:42:23.96	DREAM RUNNERS ÉVORA
144	385	NUNO M REBOCHO	M	26	62	00:42:30.45	00:42:26.15	BV MONTEMOR NOVO
145	393	ANTÓNIO M CAEIRO	M	49	16	00:42:30.81	00:42:25.52	BV MONTEMOR NOVO
146	90	Mª CRUZ T LUCAS	F	50	1	00:42:31.00	00:42:31.00	GDC FIDELIDADE
147	139	DANIEL A NUNES	M	58	9	00:42:32.97	00:42:27.99	MATINHA

148	389	HELIODORO J ARRANJA	M	47	17	00:42:36.88	00:42:27.79	BV MONTEMOR NOVO
149	540	BRUNO M SAFARA	M	37	63	00:42:37.59	00:42:33.24	AMICICLO GRANDOLA
150	552	ANDRÉ CARVALHO	M	27	64	00:42:37.93	00:42:24.48	CLUBE BTT GRÂNDOLA
151	174	JOAQUIM A ANTUNES	M	61	5	00:42:38.99	00:42:32.29	GA OS PATRICIOS
152	307	SERGIO A SANTOS	M	53	20	00:42:39.81	00:42:33.62	CA AMIGOS PARQUE PAZ
153	110	RICARDO M J FARIA	M	37	65	00:42:40.47	00:42:21.62	
154	390	CARLOS J MESTRINHO	M	44	28	00:42:45.30	00:42:30.35	BV MONTEMOR NOVO
155	382	BRUNO A S MOREIRA	M	36	66	00:42:46.33	00:42:38.56	GD SANTA CRUZ / LITORALMOTORS.PT
156	88	HELDER J G GUERREIRO	M	41	29	00:42:49.72	00:42:41.02	JUVENTUDE AC
157	308	PEDRO A ALVAREZ	M	45	18	00:42:51.76	00:42:44.36	CA AMIGOS PARQUE PAZ
158	456	HELDER F C ISIDRO	M	47	19	00:42:55.80	00:42:52.57	
159	539	RAFINI	M	34	67	00:42:57.09	00:42:46.88	RAFINI
160	350	HELENA MARTINS	F	56	2	00:42:57.83	00:42:52.10	AA MAFRA
161	94	JOÃO C SANTOS	M	40	30	00:42:58.78	00:42:47.86	OS KOTAS
162	378	ESTELIO ALMEIDA	M	37	68	00:43:05.13	00:42:54.15	CA ALENTEJANOS FARO
163	409	ANTÓNIO A ROSADO	M	53	21	00:43:14.44	00:43:11.18	ESTRELA FC
164	517	CARLOS A NUNES	M	46	20	00:43:19.65	00:43:03.77	ATR CABRAS DOIDAS
165	444	MAFALDA R MARTINHO	F	29	5	00:43:27.16	00:43:24.49	UA POVOENSE
166	208	ANTÓNIO J MARTINS	M	45	21	00:43:28.47	00:43:17.54	GDCT REPSOL POLÍMEROS
167	64	JOAQUIM MARTINS	M	54	22	00:43:29.35	00:43:24.92	CA ODIMARQ
168	421	HENRIQUE F ADREGA	M	65	6	00:43:29.79	00:43:17.76	MATINHA
169	252	RUI S SILVA	M	47	22	00:43:35.46	00:43:28.05	CD ESTRELA
170	23	AMÁVEL F FIGUEIREDO	M	57	10	00:43:36.63	00:43:28.05	CA AMIGOS PARQUE PAZ
171	535	RICARDO	M	34	69	00:43:39.19	00:43:19.57	BATE E FOGUE
172	74	CARLOS D GONÇALVES	M	35	70	00:43:44.61	00:43:33.51	PRAFITCLUB VIVÊNCIA EXPLOSIVA
173	18	EZEQUIEL A FERNANDES	M	61	7	00:43:45.32	00:43:36.38	
174	353	JOSÉ GONÇALVES	M	51	23	00:43:53.34	00:43:42.50	AA MAFRA
175	39	RICARDO J P MACHADO	M	36	71	00:43:56.83	00:43:43.17	LEBRES DE DOMINGO
176	188	LUIS A T FERREIRA	M	50	24	00:43:59.19	00:43:43.50	JUVENTUDE AC
177	170	RUI M P P GAMITO	M	36	72	00:44:04.97	00:43:47.22	JUVENTUDE AC
178	396	ANTÓNIO M GASPAR	M	56	11	00:44:11.90	00:44:02.39	BV MONTEMOR NOVO
179	486	OLIMPIO SANTOS	M	51	25	00:44:12.64	00:43:59.94	NAVIGATOR CLUBE SETUBAL
180	532	CARLOS M RODRIGUES	M	61	8	00:44:14.35	00:44:08.02	AA MAFRA
181	472	PAULO A P NUNES	M	31	73	00:44:14.82	00:44:08.63	PARDALITOS RUNNING TEAM
182	551	RUI DE FREITAS	M	65	9	00:44:17.00	00:44:11.60	GDR S FRANCISCO SERRA
183	359	PAULO R COSTA	M	57	12	00:44:19.21	00:44:14.56	AA MAFRA
184	388	PEDRO M PEREIRA	M	40	31	00:44:22.43	00:44:16.80	BV MONTEMOR NOVO

185	328	FERNANDO B MESTRE	M	44	32	00:44:22.61	00:44:18.61	GDR S FRANCISCO SERRA
186	340	ANTÓNIO J VENTURA	M	41	33	00:44:27.13	00:44:19.68	BEJA AC
187	171	VASCO M M RODRIGUES	M	35	74	00:44:31.49	00:44:15.27	JUVENTUDE AC
188	24	CARLOS C CHAVES	M	58	13	00:44:32.44	00:44:20.57	CA AMIGOS PARQUE PAZ
189	187	FILIPA T FERNANDES	F	39	6	00:44:33.19	00:44:16.77	UFC INDÚSTRIA ATLETISMO
190	38	DAVID O GORGULHO	M	35	75	00:44:34.87	00:44:28.06	
191	494	PEDRO R AFONSO	M	50	26	00:44:36.16	00:44:31.51	BELEM RUNNERS
192	160	JOÃO SANTOS	M	53	27	00:44:36.60	00:44:29.56	C PRAÇAS ARMADA
193	377	JOÃO CARMO	M	45	23	00:44:39.36	00:44:28.06	CA ALENTEJANOS FARO
194	111	PAULO A ISMÉNIO	M	42	34	00:44:40.86	00:44:29.84	JOBRINDE - MONTES SALOIOS
195	365	ANTÓNIO BATISTA	M	54	28	00:44:41.57	00:44:33.42	AA MAFRA
196	122	VICÉLIO M M MENDES	M	55	14	00:44:43.25	00:44:38.91	TARTUGAS DE LOULÉ
197	526	ALBERTO TIQUINHO	M	42	35	00:44:44.96	00:44:38.54	CA ALENTEJANOS FARO
198	443	JOAO R GONÇALVES	M	48	24	00:44:46.35	00:44:39.16	BEJA AC
199	474	OCTÁVIO CARMO	M	44	36	00:44:47.73	00:44:42.29	CLUBE BTT GRÂNDOLA
200	101	ANDRÉ F P LOPES	M	27	76	00:44:48.73	00:44:41.01	
201	96	JOSÉ A R VILHENA	M	51	29	00:44:49.42	00:44:44.97	OS KOTAS
202	394	ABILIO J CATARRO	M	61	10	00:44:51.15	00:44:47.18	BV MONTEMOR NOVO
203	518	SANDRA E ISABEL	F	34	7	00:44:51.34	00:44:51.34	GDCT REPSOL POLÍMEROS
204	95	ANTÓNIO C PARREIRA	M	59	15	00:44:51.40	00:44:46.76	OS KOTAS
205	178	EDUARDO J R SILVA	M	57	16	00:44:52.17	00:44:43.84	GA OS PATRICIOS
206	59	JOSÉ L M SANTOS	M	52	30	00:44:55.40	00:44:49.71	RK
207	411	CHANTAL J XHERVELLE	F	49	3	00:45:02.10	00:44:59.02	
208	412	JAIME P LAMEGO	M	58	17	00:45:03.86	00:45:00.35	MULTIRUNNERS
209	75	RICARDO J B BARROS	M	32	77	00:45:06.07	00:44:56.55	
210	99	RODRIGO R R SILVA	M	32	78	00:45:07.21	00:44:52.11	SINESCROSSTRaining
211	500	LENIA SILVA	F	43	3	00:45:07.59	00:45:04.02	BELEM RUNNERS
212	70	RICARDO COSTA	M	30	79	00:45:08.08	00:45:03.98	AMICICLO GRANDOLA
213	177	CARLOS A LOPES	M	52	31	00:45:09.31	00:44:58.69	GA OS PATRICIOS
214	14	FLAVIANO L DIAS	M	68	11	00:45:14.63	00:45:12.39	AMICICLO GRANDOLA
215	301	PAULO A SANTOS	M	50	32	00:45:15.00	00:45:10.90	LOURDETE PERFUMARIAS
216	42	CARMEN S VIEGAS	F	39	8	00:45:16.00	00:45:01.25	LEBRES DE DOMINGO
217	55	RUI S SILVA	M	41	37	00:45:22.63	00:44:58.67	GDC PORTOS SINES E ALGARVE
218	367	GONÇALO L CORREIA	M	39	80	00:45:25.66	00:45:16.29	AA MAFRA
219	364	VALTER E NUNES	M	44	38	00:45:25.98	00:45:15.72	AA MAFRA
220	233	NELSON M B MATEUS	M	36	81	00:45:28.89	00:45:08.29	
221	475	HELDER A CONCEIÇÃO	M	36	82	00:45:33.90	00:45:27.68	OS PARDALITOS RUNNING TEAM

222	192	ANACLETO J S FAÍSCA	M	60	12	00:45:41.55	00:45:28.31	AREIAS SÃO JOÃO
223	163	FILIFE A M PEREIRA	M	24	83	00:45:43.44	00:45:28.75	LEBRES DE DOMINGO
224	131	JOSÉ N MATINHA	M	50	33	00:45:54.35	00:45:44.08	MATINHA
225	48	TELMO F MATOS	M	27	84	00:45:57.85	00:45:32.83	GDC PORTOS SINES E ALGARVE
226	156	VERISSIMO S PEREIRA	M	47	25	00:45:58.65	00:45:38.63	CP PINHEIRO CRUZ
227	480	FRANCISCO J MOLETA	M	63	13	00:46:01.33	00:45:56.56	UFC INDÚSTRIA ATLETISMO
228	473	FERNANDO M V DIAS	M	40	39	00:46:05.53	00:46:00.22	BV MONTEMOR NOVO
229	516	PEDRO J G JORGE	M	30	85	00:46:06.41	00:45:52.87	SEAGULL RESCUE
230	164	MIGUEL A FERREIRA	M	37	86	00:46:13.54	00:46:08.37	JUVENTUDE AC
231	287	ANTONIO PEREIRA	M	28	87	00:46:15.86	00:45:53.64	N GRANDOLA M CORAGEM ASSOCIAÇÃO
232	106	DANIEL E SILVÉRIO	M	42	40	00:46:18.26	00:46:09.88	EU & TU
233	341	TIAGO D S MARQUES	M	27	88	00:46:19.64	00:46:10.68	CORRER LISBOA
234	216	JOÃO T TOBIAS	M	36	89	00:46:22.88	00:46:03.27	CCD CRÉDITO AGRÍCOLA MÚTUO
235	186	HUGO D P CARDOSO	M	38	90	00:46:24.48	00:46:10.80	AMICICLO GRANDOLA
236	165	ALBERTINO M P PACHECO	M	54	34	00:46:27.86	00:46:11.11	JUVENTUDE AC
237	119	ARLINDO G PARRA	M	56	18	00:46:31.06	00:46:14.03	CP EDP LISBOA
238	215	CARLOS J BOY	M	54	35	00:46:33.91	00:46:30.56	CCD CRÉDITO AGRÍCOLA MÚTUO
239	33	JOSE L C S LEAL	M	41	41	00:46:36.70	00:46:13.01	MARINHAIS AC
240	34	ANTÓNIO M C S LEAL	M	46	26	00:46:37.74	00:46:14.85	MARINHAIS AC
241	424	ARTUR N MARINHO	M	33	91	00:46:40.51	00:46:23.71	MAREDEUS PT
242	3	RUI M P ROLIM	M	47	27	00:46:40.90	00:46:32.01	
243	29	NELSON R S BARRADINHAS	M	40	42	00:46:44.03	00:46:41.04	AMICICLO GRANDOLA
244	212	CARLOS M A HENRIQUES	M	54	36	00:46:44.80	00:46:18.05	
245	73	PEDRO M SOUSA	M	61	14	00:46:46.11	00:46:28.38	PALMELENSE F CLUBE
246	118	CARLOS P RODRIGUES	M	60	15	00:46:49.06	00:46:46.35	CP EDP LISBOA
247	251	MARIO A NEVES	M	62	16	00:47:04.25	00:47:02.73	CD ESTRELA
248	470	LUIS M P CHAINHO	M	42	43	00:47:04.49	00:47:02.09	AMICICLO GRANDOLA
249	445	AUGUSTO A SILVA	M	61	17	00:47:06.52	00:46:54.50	GA OS PATRICIOS
250	239	MÁRIO J BURRICA	M	37	92	00:47:11.09	00:46:52.97	UDCB TERRAS DE BARRO
251	224	PAULO M M REBELO	M	19	93	00:47:13.07	00:46:57.04	
252	336	ALVARO M SILVA	M	61	18	00:47:13.67	00:46:58.03	C PRAÇAS ARMADA
253	404	TIAGO FERNANDES	M	29	94	00:47:16.82	00:47:09.11	ALPHAFITNESS
254	402	JOÃO FARINHA	M	24	95	00:47:20.87	00:47:13.69	ALPHAFITNESS
255	379	JOSE BRITO	M	58	19	00:47:22.57	00:47:14.18	CA ALENTEJANOS FARO
256	58	FERNANDO J FRAGATEIRO	M	57	20	00:47:23.72	00:46:58.41	GDC PORTOS SINES E ALGARVE
257	53	TELMO A MACARRÃO	M	40	44	00:47:23.74	00:46:58.93	GDC PORTOS SINES E ALGARVE
258	121	RUI M V CORREIA	M	48	28	00:47:27.53	00:47:03.77	

259	260	JOAQUIM S FIDALGO	M	57	21	00:47:28.99	00:47:05.92	TEJAVISTA
260	46	GONÇALO A SANTOS	M	44	45	00:47:30.17	00:47:03.77	GDC PORTOS SINES E ALGARVE
261	97	HENRIQUE M ESPADA	M	42	46	00:47:30.18	00:47:23.18	OS KOTAS
262	213	VICENTE A V BOTO	M	45	29	00:47:36.69	00:47:31.06	CORRER LISBOA
263	125	MARTA G JESUS	F	16	9	00:47:43.86	00:47:39.43	AMICICLO GRANDOLA
264	415	RICARDO M CONCEIÇÃO	M	32	96	00:47:46.40	00:47:41.55	LOURDETE PERFUMARIAS
265	335	CONSTANTINO M MENDÃO	M	58	22	00:47:50.74	00:47:47.06	C PRAÇAS ARMADA
266	525	LUIS MANUEL	M	56	23	00:47:50.97	00:47:39.91	CA ALENTEJANOS FARO
267	405	CRISTINA I GAVINHO	F	41	4	00:47:52.79	00:47:40.52	
268	289	SERGIO VIEIRA	M	46	30	00:47:53.15	00:47:40.57	N GRANDOLA M CORAGEM ASSOCIAÇÃO
269	210	JOAQUIM A GUERREIRO	M	29	97	00:48:13.15	00:48:06.32	GDCT REPSOL POLÍMEROS
270	414	TELMO BATISTA	M	38	98	00:48:17.63	00:48:02.37	LEBRES DE DOMINGO
271	191	HUGO J C PARREIRA	M	44	47	00:48:23.90	00:48:06.86	VITÓRIA FC ERMIDENSE
272	220	RUI C GRAÇA	M	55	24	00:48:29.88	00:48:10.86	CCD CRÉDITO AGRÍCOLA MÚTUO
273	7	PAULO J CARDIM	M	44	48	00:48:34.50	00:48:05.70	A DANIEL CALDEIRA
274	356	MANUEL ZORRO	M	56	25	00:48:38.93	00:48:18.19	AA MAFRA
275	37	JORGE A T CÔCO	M	41	49	00:48:53.98	00:48:38.35	UFC INDÚSTRIA ATLETISMO
276	89	PEDRO M BRÁS	M	42	50	00:48:58.78	00:48:46.09	B13X CROSSFIT ENDURANCE
277	104	LUIS P B CASIMIRO	M	45	31	00:48:59.18	00:48:45.13	B13X CROSSFIT ENDURANCE
278	244	ANTONIO C BATISTA	M	70	19	00:49:01.82	00:48:52.51	CD ESTRELA
279	50	TIAGO PAULO	M	43	51	00:49:06.48	00:48:42.06	GDC PORTOS SINES E ALGARVE
280	185	GONÇALO P SALES	M	14	99	00:49:08.45	00:48:52.78	C CORRIDA E MARCHA GRÂNDOLA
281	234	AMÉRICO O CARVALHO	M	35	100	00:49:14.74	00:49:00.78	GERUNNER
282	406	JOSE M CARVALHO	M	56	26	00:49:15.21	00:49:12.50	ESTRELA FC
283	298	RUI M SOPA	M	29	101	00:49:15.35	00:48:59.80	
284	84	RICARDO J F FRANCO	M	45	32	00:49:24.00	00:49:07.89	
285	401	PEDRO CORDEIRO	M	35	102	00:49:27.93	00:49:27.93	ALPHAFITNESS
286	196	JOSÉ M POLANA	M	69	20	00:49:37.50	00:49:29.91	TARTUGAS DE LOULÉ
287	138	LUIS P MATINHA	M	56	27	00:49:48.00	00:49:41.77	MATINHA
288	302	BRUNO M PALMA	M	25	103	00:49:48.06	00:49:44.93	DREAM RUNNERS ÉVORA
289	2	JOÃO M SILVA	M	56	28	00:49:50.36	00:49:30.92	
290	423	ARMANDO M S B LACERDA	M	63	21	00:49:54.22	00:49:44.90	OCULISTA PORTAS STO ANTÓNIO
291	157	RUI P SOBRAL	M	31	104	00:49:54.28	00:49:33.92	CP PINHEIRO CRUZ
292	596	SAMIRA SIMOES	F	38	10	00:49:57.94	00:49:45.00	
293	71	LUIS G PINHEIRO	M	42	52	00:50:00.56	00:49:52.16	
294	120	RÚBEN A P CARVALHO	M	22	105	00:50:01.69	00:49:47.11	LEBRES DE DOMINGO
295	325	JOAO MIGUEL	M	32	106	00:50:05.94	00:49:44.13	GDR S FRANCISCO SERRA

296	553	RUI O COMPORTA	M	42	53	00:50:07.09	00:49:53.15	ERMELINDO NUNES JARDINAGEM BIKE TEAM
297	158	TIAGO D GONÇALVES	M	34	107	00:50:11.42	00:49:50.83	CP PINHEIRO CRUZ
298	248	JOÃO A MIGUEL	M	79	22	00:50:13.92	00:50:02.89	CD ESTRELA
299	380	LUISA MARTINS	F	52	2	00:50:19.67	00:50:10.68	CA ALENTEJANOS FARO
300	218	NUNO G SIMÕES	M	40	54	00:50:22.64	00:50:11.15	CCD CRÉDITO AGRÍCOLA MÚTUO
301	169	PAULO J G M PEREIRA	M	37	108	00:50:23.14	00:50:05.25	JUVENTUDE AC
302	413	VITOR PINELA	M	33	109	00:50:27.28	00:50:13.90	LEBRES DE DOMINGO
303	368	ANTÓNIO M REIS	M	63	23	00:50:34.67	00:50:26.51	AA MAFRA
304	492	ROSA FREITAS	F	52	3	00:50:35.49	00:50:30.92	BELEM RUNNERS
305	485	SILVINO MARREIROS	M	50	37	00:50:38.82	00:50:25.32	NAVIGATOR CLUBE SETUBAL
306	533	PEDRO CALDEIRA	M	41	55	00:50:43.36	00:50:13.22	
307	259	CARLA C MORGADO	F	44	5	00:50:53.87	00:50:34.28	AS FERAS
308	387	RUI M CHAPA	M	36	110	00:50:57.00	00:50:54.27	BV MONTEMOR NOVO
309	31	MARIO J ALVES	M	62	24	00:51:07.38	00:50:55.13	SFUAP
310	476	TIAGO A P SILVA	M	33	111	00:51:13.70	00:51:05.64	JUVENTUDE AC
311	550	JOÃO M NOGUEIRA	M	42	56	00:51:13.85	00:50:48.12	GDR S FRANCISCO SERRA
312	201	HENRIQUE J D SANTOS	M	53	38	00:51:19.63	00:51:03.43	JUVENTUDE AC
313	221	RUI S MELO	M	46	33	00:51:26.61	00:51:06.70	CCD CRÉDITO AGRÍCOLA MÚTUO
314	386	MANUEL J ANTONIO	M	59	29	00:51:27.71	00:51:21.44	BV MONTEMOR NOVO
315	467	MIGUEL P MOURA	M	31	112	00:51:33.58	00:51:08.33	TEJAVISTA
316	256	CARLOS P CAJO	M	36	113	00:51:37.53	00:51:18.85	VFCE
317	195	ANTONIO M SANTOS	M	59	30	00:51:39.18	00:51:29.26	TARTUGAS DE LOULÉ
318	264	LUÍS C MOURA	M	59	31	00:51:42.07	00:51:18.42	TEJAVISTA
319	152	ROBERTO MATOS	M	40	57	00:51:44.41	00:51:22.54	CP PINHEIRO CRUZ
320	115	PEDRO R RIBEIRO	M	37	114	00:51:45.55	00:51:18.49	
321	175	FERNANDO A AZEVEDO	M	64	25	00:51:46.04	00:51:26.18	GA OS PATRICIOS
322	312	ROBERTO F AGOSTINHO	M	45	34	00:51:52.88	00:51:42.85	
323	85	TINA C OLIVEIRA	F	53	4	00:51:54.32	00:51:47.02	AMINHACORRIDA/MYPROTEIN
324	501	MARTA FALEIO	F	26	11	00:51:57.67	00:51:43.31	BELEM RUNNERS
325	334	MANUEL B BATISTA	M	68	26	00:52:02.35	00:51:46.36	C PRAÇAS ARMADA
326	508	CATARINA FERREIRA	F	44	6	00:52:08.88	00:51:54.74	BELEM RUNNERS
327	450	MANUEL C PEDRO	M	55	32	00:52:13.34	00:52:09.54	CP EDP SINES
328	451	FRANCISCO S REBELO	M	51	39	00:52:20.39	00:52:04.76	CP EDP SINES
329	49	CLÁUDIO J PINTO	M	43	58	00:52:24.52	00:51:59.56	GDC PORTOS SINES E ALGARVE
330	103	LUIS S DIAS	M	36	115	00:52:29.20	00:52:17.35	PRAFITCLUB VIVÊNCIA EXPLOSIVA
331	145	CARLOS A JESUS	M	67	27	00:52:29.60	00:52:05.50	GDCT REPSOL POLÍMEROS
332	205	RENATO J SANTOS	M	45	35	00:52:32.98	00:52:15.36	PASTELARIA VONINHA

333	112	LUÍS F REGO	M	31	116	00:52:34.27	00:52:21.12	
334	392	ELISABETE P PICAÑO	F	40	7	00:52:36.59	00:52:26.65	BV MONTEMOR NOVO
335	469	VITOR GONZAS	M	51	40	00:52:38.38	00:52:30.21	C FERROVIARIO PORTUGAL
336	5	Mª JESUS S B SOUSA	F	39	12	00:52:41.36	00:52:25.82	SINGARUNNERS
337	10	VANDA S CORREIA	F	43	8	00:52:46.17	00:52:34.74	CORRER EM SANTO ANDRÉ
338	543	ALEXANDRE F NUNES	M	29	117	00:52:55.76	00:52:41.25	LEBRES DE DOMINGO
339	82	JOÃO P PARREIRA	M	43	59	00:53:04.07	00:52:50.85	BTT JD CARVALHAL
340	329	FERNANDO M SOBRAL	M	60	28	00:53:04.09	00:52:50.60	GDR S FRANCISCO SERRA
341	217	LUÍSA M MOURÃO	F	38	13	00:53:05.55	00:52:53.54	CCD CRÉDITO AGRÍCOLA MÚTUO
342	92	MARGARIDA B PEDRO	F	53	5	00:53:07.97	00:53:05.29	OS KOTAS
343	254	PEDRO M BATISTA	M	37	118	00:53:11.30	00:52:55.33	
344	151	ARMINDO P CHAINHO	M	43	60	00:53:15.99	00:52:50.10	CP PINHEIRO CRUZ
345	154	RUI B PEREIRA	M	50	41	00:53:16.01	00:52:51.31	CP PINHEIRO CRUZ
346	161	BRAULIA M GAMITO	F	51	6	00:53:20.16	00:53:09.98	EQUIPA BTT C BENFICA GRÂNDOLA
347	536	MANUEL AMBRÓSIO	M	47	36	00:53:26.37	00:53:07.50	
348	419	LUIS S SOBRAL	M	42	61	00:53:31.30	00:53:22.92	N GRANDOLA M CORAGEM ASSOCIAÇÃO
349	493	RITA CRUZ	F	21	14	00:53:35.17	00:53:07.31	BELEM RUNNERS
350	292	PEDRO GUERREIRO	M	48	37	00:53:37.16	00:53:24.36	N GRANDOLA M CORAGEM ASSOCIAÇÃO
351	293	SUSANA GUERREIRO	F	42	9	00:53:37.99	00:53:26.13	N GRANDOLA M CORAGEM ASSOCIAÇÃO
352	338	ANABELA S MARTINS	F	31	15	00:53:46.39	00:53:29.28	
353	311	JOSÉ A BRITO	M	60	29	00:53:46.54	00:53:33.54	GA OS PATRICIOS
354	133	FRANCISCO S MATINHA	M	54	42	00:53:55.82	00:53:49.40	MATINHA
355	132	JOSÉ F MATINHA	M	61	30	00:53:56.19	00:53:50.50	MATINHA
356	593	UMBELINA NUNES	F	64	1	00:54:00.21	00:53:45.27	CLUBE XISTARCA
357	433	JOSÉ C LEANDRO	M	43	62	00:54:06.06	00:53:46.89	VFCE
358	283	RITA PACHECO	M	28	119	00:54:06.47	00:53:45.19	N GRANDOLA M CORAGEM ASSOCIAÇÃO
359	243	VIRGÍLIO A RODRIGUES	M	70	31	00:54:12.62	00:54:00.73	CD ESTRELA
360	52	SÉRGIO P TIMÓTEO	M	56	33	00:54:13.38	00:53:58.19	GDC PORTOS SINES E ALGARVE
361	203	NEUZA F F REIS	F	26	16	00:54:13.62	00:54:01.47	SEAGULL RESCUE
362	383	RUI M A M BAPTISTA	M	48	38	00:54:16.87	00:54:01.41	
363	529	MIGUEL CHAINHO	M	19	120	00:54:21.80	00:54:04.21	OS LENTINHOS
364	528	LUIS M R CHAINHO	M	44	63	00:54:22.98	00:54:04.37	OS LENTINHOS
365	13	CARLOS M C AMBRÓSIO	M	41	64	00:54:24.41	00:54:06.17	
366	541	RUTE FIGUEIRAS	F	39	17	00:54:27.00	00:54:27.00	CORRER EM SANTO ANDRÉ
367	542	INÉS MATEUS	F	22	18	00:54:27.44	00:54:16.70	MELIDES POWER TEAM
368	40	VERA C P GOMES	F	39	19	00:54:30.46	00:54:15.71	LEBRES DE DOMINGO
369	117	RUI M B PEREIRA	M	35	121	00:54:34.98	00:54:20.88	LEBRES DE DOMINGO

370	72	NUNO M OLIVEIRA	M	45	39	00:54:38.54	00:54:31.76	LUSO-ATLÂNTICA CORRETOR DE SEGUROS SA
371	93	JOAQUIM J SANTANA	M	34	122	00:54:45.47	00:54:40.75	OS KOTAS
372	173	ALEXANDRA PEREIRA	F	40	10	00:54:48.68	00:54:29.94	LEBRES DE DOMINGO
373	297	ANA BERTA	F	42	11	00:54:51.52	00:54:29.67	N GRANDOLA M CORAGEM ASSOCIAÇÃO
374	294	ERNESTO PRATAS	M	60	32	00:54:51.89	00:54:28.66	N GRANDOLA M CORAGEM ASSOCIAÇÃO
375	296	DOLORES PRATAS	F	54	7	00:54:51.96	00:54:30.25	N GRANDOLA M CORAGEM ASSOCIAÇÃO
376	521	JOSE LOPES	M	60	33	00:55:00.42	00:54:51.05	AMIGOS DA ESTRELA
377	116	VANIA PINELA	F	31	20	00:55:04.59	00:54:44.03	LEBRES DE DOMINGO
378	194	FELICIANO M ELIAS	M	72	34	00:55:16.21	00:55:06.25	TARTUGAS DE LOULÉ
379	57	PAULO S GOMES	M	30	123	00:55:18.50	00:54:54.13	GDC PORTOS SINES E ALGARVE
380	54	RENATO J PENAS	M	40	65	00:55:19.00	00:54:53.18	GDC PORTOS SINES E ALGARVE
381	77	JORGE M NUNES	M	51	43	00:55:32.18	00:55:21.62	LEBRES E TARTARUGAS DE GRÂNDOLA
382	477	JOSE L MARTINS	M	43	66	00:55:35.00	00:55:11.48	PRÍNCIPES DO MONSANTO
383	262	LUIS M MIRANDA	M	58	34	00:55:35.01	00:55:12.22	TEJAVISTA
384	266	JOÃO F P CAROÇO	M	61	35	00:55:35.06	00:55:12.85	TEJAVISTA
385	374	FERNANDA L VIEIRA	F	45	4	00:55:47.26	00:55:38.81	AA MAFRA
386	141	FILIPE G MATINHA	M	35	124	00:55:47.41	00:55:38.64	MATINHA
387	300	ISABEL B SANTOS	F	50	8	00:55:55.12	00:55:51.77	LOURDETE PERFUMARIAS
388	202	JOSÉ H SANTOS	M	54	44	00:56:11.86	00:55:57.90	GDR S FRANCISCO SERRA
389	403	RAQUEL MATA	F	36	21	00:56:29.35	00:56:22.71	ALPHAFITNESS
390	144	MANUEL L SEQUEIRA	M	67	36	00:56:43.78	00:56:27.44	GDCT REPSOL POLÍMEROS
391	20	AMILCAR S PÓVOA	M	71	37	00:57:01.20	00:56:58.24	CA AMIGOS PARQUE PAZ
392	538	ANDREIA A C LOPES	F	23	22	00:57:15.11	00:57:03.09	AMICICLO GRANDOLA
393	76	RUTE F MOURA	F	33	23	00:57:15.30	00:57:04.11	LEBRES E TARTARUGAS DE GRÂNDOLA
394	479	LUIS F S SANTOS	M	39	125	00:57:28.42	00:57:17.70	LEBRES E TARTARUGAS DE GRÂNDOLA
395	179	JOSÉ A GOMES	M	64	38	00:57:34.80	00:57:14.30	GA OS PATRICIOS
396	333	RUI M M GOMES	M	56	35	00:57:52.55	00:57:33.07	VITÓRIA FC ERMIDENSE
397	598	JOAO PEDRO FELIX	M	36	126	00:57:53.88	00:57:30.01	
398	441	ANA R BOTO	F	40	12	00:57:53.93	00:57:44.42	
399	339	NÂNCI F BÔTO	F	25	24	00:58:05.13	00:57:56.42	CORRER LISBOA
400	381	ANA C MORAES	F	46	5	00:58:11.48	00:57:54.68	RBAM
401	223	MARIANA D PINGUICHA	F	35	25	00:58:15.60	00:58:07.46	FRONTEIRA RUNNING
402	422	Mª HELENA C G LACERDA	F	53	9	00:58:29.56	00:58:20.24	OCULISTA PORTAS STO ANTÓNIO
403	399	Mª MANUEL CORREIA	F	51	10	00:58:32.44	00:58:11.37	BV MONTEMOR NOVO
404	599	ANA LUISA SOBRAL	F	30	26	00:58:42.55	00:58:17.57	
405	487	ANABELA SALAZAR	F	45	6	00:59:07.81	00:58:41.02	BELEM RUNNERS
406	69	ARTUR C SANTOS	M	64	39	00:59:09.36	00:58:54.74	

407	324	ANABELA C PEREIRA	F	44	13	00:59:11.04	00:58:51.31	GDR S FRANCISCO SERRA
408	332	PEDRO M GAMITO	M	41	67	00:59:11.07	00:58:51.87	GDR S FRANCISCO SERRA
409	326	AMÍLCAR P ROMÃO	M	66	40	00:59:12.60	00:58:53.02	GDR S FRANCISCO SERRA
410	253	ANTÓNIO L FONSECA	M	62	41	00:59:17.10	00:59:01.63	CD ESTRELA
411	489	ANA P MARTINS	F	51	11	00:59:20.74	00:59:09.26	GRD OS FIXES
412	544	JOSÉ M MARTINS	M	52	45	00:59:20.97	00:59:19.61	INAPA
413	12	ANA M B PALMA	F	41	14	00:59:27.27	00:59:09.94	
414	19	Mª IRENE S PEREIRA	F	50	12	00:59:29.47	00:59:14.46	C CORRIDA E MARCHA GRÂNDOLA
415	299	JOÃO MAIA	M	37	127	00:59:29.51	00:59:15.09	C CORRIDA E MARCHA GRÂNDOLA
416	83	CARLOS M N GALHETO	M	48	40	00:59:30.38	00:59:15.25	
417	267	ANA L FONSECA	F	41	15	00:59:31.37	00:59:08.05	TEJAVISTA
418	8	PAULA C SILVA	F	39	27	00:59:55.15	00:59:43.87	CORRER EM SANTO ANDRÉ
419	436	MEDA M VENTURA	F	37	28	00:59:57.19	00:59:45.28	
420	247	NATIVIDADE E CARDOSO	F	67	2	00:59:58.39	00:59:46.01	CD ESTRELA
421	226	TERESA PRATAS	F	41	16	00:59:58.73	00:59:40.36	LEBRES DE DOMINGO
422	47	CARLA C SILVA	F	40	17	00:59:59.73	00:59:49.18	GDC PORTOS SINES E ALGARVE
423	600	GABIRELA SOBRAL	F	57	3	00:59:59.78	00:59:34.72	
424	504	HUGO BAPTISTA	M	44	68	01:00:23.41	01:00:02.34	BELEM RUNNERS
425	274	JOAO RAPOSO	M	53	46	01:00:34.94	01:00:08.95	N GRANDOLA M CORAGEM ASSOCIAÇÃO
426	140	GONÇALVES N MATINHA	M	71	42	01:00:38.81	01:00:15.15	MATINHA
427	249	ARTUR C MARTINS	M	78	43	01:00:39.54	01:00:28.97	CD ESTRELA
428	488	ALEXANDRE BENTO	M	56	36	01:00:49.26	01:00:19.72	BELEM RUNNERS
429	513	ANDRE HENRIQUES	M	21	128	01:00:54.41	01:00:27.50	BELEM RUNNERS
430	446	PEDRO J V PONTE	M	57	37	01:00:59.71	01:00:43.04	CP EDP SINES
431	134	ESMAEL G MATINHA	M	67	44	01:01:04.05	01:00:39.04	MATINHA
432	265	DANIELA P MOURA	F	57	4	01:01:05.67	01:00:43.62	TEJAVISTA
433	520	JOAO A SALAZAR	M	51	47	01:01:07.96	01:00:55.93	TOKA A CORRER
434	482	MANUEL CARDIM	M	66	45	01:01:08.93	01:00:47.90	NAVIGATOR CLUBE SETUBAL
435	135	JOÃO R MATINHA	M	59	38	01:01:20.39	01:00:57.13	MATINHA
436	316	JOAQUIM D MACHADO	M	59	39	01:01:50.38	01:01:30.30	GDR S FRANCISCO SERRA
437	466	JORGE L LOURO	M	43	69	01:02:00.24	01:01:38.56	N GRANDOLA M CORAGEM ASSOCIAÇÃO
438	282	CARLA LOURO	M	45	41	01:02:00.26	01:01:39.28	N GRANDOLA M CORAGEM ASSOCIAÇÃO
439	279	ANA CARNEIRO	M	23	129	01:02:01.19	01:01:41.45	N GRANDOLA M CORAGEM ASSOCIAÇÃO
440	490	RUI A COELHO	M	45	42	01:02:10.66	01:01:43.36	BELEM RUNNERS
441	512	CARLA COELHO	M	43	70	01:02:12.11	01:01:45.56	BELEM RUNNERS
442	124	EDMUNDO P JESUS	M	57	40	01:02:29.39	01:02:15.87	AMICICLO GRANDOLA
443	268	ANA P FIGUEIRA	F	49	7	01:02:31.74	01:02:18.93	

444	524	FATIMA TADEU	F	51	13	01:02:39.85	01:02:23.36	ATR CABRAS DOIDAS
445	471	HERLANDE R BRAZ	M	58	41	01:03:01.24	01:02:34.59	
446	137	SILVINO M MATINHA	M	68	46	01:03:15.75	01:02:54.13	MATINHA
447	129	ANTÓNIO L MARQUES	M	61	47	01:03:17.05	01:02:52.96	MATINHA
448	509	CARLA NASCIMENTO	F	37	29	01:03:24.70	01:02:58.29	BELEM RUNNERS
449	176	ANTÓNIO M C REALINHO	M	66	48	01:03:28.01	01:03:07.07	GA OS PATRICIOS
450	114	HUGO V LAPA	M	34	130	01:03:32.05	01:03:05.75	
451	309	LINDA A SANTOS	F	28	30	01:03:44.37	01:03:26.19	VFCE
452	123	FILIPA M G SANTOS	F	39	31	01:03:45.40	01:03:33.28	VITÓRIA FC ERMIDENSE
453	531	PAULO A J ROSADO	M	57	42	01:03:52.04	01:03:19.19	PINK
454	530	OLGA MIRAND	M	50	48	01:03:53.57	01:03:20.48	PINK
455	271	JOAO L LANDEIRO	M	71	49	01:03:58.42	01:03:30.97	
456	183	Mª JOÃO BICO	F	43	18	01:04:27.83	01:04:09.78	
457	184	IVO M NUNES	M	42	71	01:04:27.90	01:04:09.10	TEAM AZULENGO
458	30	AXEL BALZAC	M	34	131	01:05:03.81	01:04:44.87	PINHEIRO MANSO RUNNERS
459	113	CARLA I CARMO	M	42	72	01:05:16.33	01:04:50.98	
460	207	ULISSES J M PEDRO	M	45	43	01:05:37.01	01:05:08.19	GDCT REPSOL POLÍMEROS
461	56	JOSÉ N MARTINS	M	29	132	01:05:37.09	01:05:11.39	GDC PORTOS SINES E ALGARVE
462	478	SANDRA M JOAQUIM	F	42	19	01:06:32.99	01:06:11.54	PRÍNCIPES DO MONSANTO
463	166	VERA L GARCIA	F	37	32	01:06:34.07	01:06:16.44	LEBRES DE DOMINGO
464	127	TÂNIA PEREIRA	F	36	33	01:06:34.18	01:06:16.54	LEBRES DE DOMINGO
465	313	LUIS R GONÇALVES	M	42	73	01:06:34.19	01:06:10.33	GDR S FRANCISCO SERRA
466	128	ARTUR ALEXANDRE	M	40	74	01:06:34.22	01:06:17.49	LEBRES DE DOMINGO
467	246	BEATRIZ A FRANCO	F	62	3	01:08:03.06	01:07:41.19	CD ESTRELA
468	148	MANUEL F SANTOS	M	70	50	01:08:26.45	01:08:03.61	GDCT REPSOL POLÍMEROS
469	349	NEUSA M L GUERREIRO	F	38	34	01:08:29.85	01:08:10.86	VITÓRIA FC ERMIDENSE
470	238	SERGIO M PARREIRA	M	40	75	01:08:30.34	01:08:17.70	VFCE
471	80	SUSANA M S PEREIRA	M	34	133	01:08:39.63	01:08:10.53	GD SANTA CRUZ / LITORALMOTORS.PT
472	417	NUNO R PEREIRA	M	34	134	01:08:39.79	01:08:09.48	GD SANTA CRUZ / LITORALMOTORS.PT
473	222	ANGÉLICA L E BRANQUINHO	F	46	8	01:08:42.87	01:08:34.34	
474	261	Mª FATIMA M RIBEIRO	F	54	14	01:08:46.14	01:08:23.27	TEJAVISTA
475	263	ANA M R G CAROÇO	F	60	4	01:08:46.30	01:08:22.69	TEJAVISTA
476	468	MARGARIDA C C PIRES	F	30	35	01:08:48.92	01:08:23.41	TEJAVISTA
477	277	PATRICIA RAPOSO	F	51	15	01:08:59.72	01:08:33.86	N GRANDOLA M CORAGEM ASSOCIAÇÃO
478	291	CATIA SIMOES	M	25	135	01:09:01.67	01:08:37.13	N GRANDOLA M CORAGEM ASSOCIAÇÃO
479	290	FABIO MATEUS	M	30	136	01:09:01.81	01:08:38.10	N GRANDOLA M CORAGEM ASSOCIAÇÃO
480	130	ADELINO M MATINHA	M	57	43	01:10:04.95	01:09:50.93	MATINHA

481	270	FLORINDA P PEREIRA	F	62	5	01:10:40.64	01:10:35.54	
482	149	LUIS M TORRÃO	M	64	51	01:10:41.31	01:10:19.39	GDCT REPSOL POLÍMEROS
483	190	SANDRA I P S BRAZ	F	44	20	01:11:38.29	01:11:10.20	C CORRIDA E MARCHA GRÂNDOLA
484	189	ANA C PINELA	F	53	16	01:11:39.59	01:11:12.15	C CORRIDA E MARCHA GRÂNDOLA
485	43	SOPHIA B SOBRAL	F	40	21	01:11:53.18	01:11:24.70	ESTRELAS DO MAR
486	81	NUNO M M PEREIRA	M	36	137	01:11:53.24	01:11:23.72	MELIDES POWER TEAM
487	510	CARLOS ALVES	M	40	76	01:12:15.11	01:11:46.93	BELEM RUNNERS
488	143	CARLOS A CARMO	M	64	52	01:12:50.29	01:12:26.93	GDCT REPSOL POLÍMEROS
489	310	ANA F T GODINHO	F	25	36	01:12:51.63	01:12:33.01	VITÓRIA FC ERMIDENSE
490	241	CARINA I R FARIA	F	26	37	01:14:54.78	01:14:37.25	VFCE
491	231	FILIPA N GOMES	F	26	38	01:14:54.91	01:14:37.49	VFCE
492	280	MARCELO BENTO	M	30	138	01:14:56.13	01:14:36.97	N GRANDOLA M CORAGEM ASSOCIAÇÃO
493	304	RITA G PALMA	M	48	44	01:16:00.48	01:15:57.18	DREAM RUNNERS ÉVORA
494	147	AMADEU D FERREIRA	M	75	53	01:16:02.07	01:15:40.11	GDCT REPSOL POLÍMEROS
495	523	Mª ANTONIA S R GOMES	F	55	5	01:18:32.85	01:18:16.15	ATR CABRAS DOIDAS
496	522	MÁRIO M CAETANO	M	49	45	01:18:36.64	01:18:19.73	ATR CABRAS DOIDAS
497	592	MARIA FATIMA ROSA	F	54	17	01:19:39.84	01:19:39.84	
498	435	JOAQUIM J PEREIRA	M	78	54	01:20:03.37	01:19:55.35	C PRAÇAS ARMADA
499	278	MARISA AMANDIO	F	20	39	01:20:06.89	01:19:47.23	N GRANDOLA M CORAGEM ASSOCIAÇÃO
500	146	JULIO M MILHARADAS	M	66	55	01:22:30.00	01:22:06.82	GDCT REPSOL POLÍMEROS
501	102	CLÁUDIA M M JOAQUIM	F	44	22	01:22:47.61	01:22:19.47	

Total de registros: 501

Classificações por equipa baseadas na soma dos 5 primeiros atletas mistos:

Posição final	Equipa	Chegados	Soma posições	Posições 5 primeiros atletas				
				1º	2º	3º	4º	5º
1	GDR REBOLEIRA	6	79	5	15	16	17	26
2	BEJA AC	10	80	1	2	7	24	46
3	CA ODIMARQ	7	88	4	11	12	21	40
4	AA MAFRA	26	152	13	25	34	38	42
5	AMICICLO GRANDOLA	21	153	9	30	32	33	49
6	GDR S FRANCISCO SERRA	23	193	20	31	37	43	62
7	BELEM RUNNERS	22	210	10	19	28	56	97
8	GFD RUNNING	5	237	23	27	41	47	99
9	VITÓRIA FUTEBOL CLUBE	5	306	36	50	67	71	82
10	BV MONTEMOR NOVO	17	340	18	48	80	88	106
11	JUVENTUDE AC	12	602	39	98	133	156	176
12	NAVIGATOR CLUBE SETUBAL	6	805	76	117	128	179	305

13	GDCT REPSOL POLÍMEROS	13	807	54	115	166	203	269
14	LEBRES DE DOMINGO	17	842	107	121	175	216	223
15	OS KOTAS	7	871	44	161	201	204	261
16	GA OS PATRICIOS	9	899	81	151	205	213	249
17	CA ALENTEJANOS FARO	7	908	101	162	193	197	255
18	TARTUGAS DE LOULÉ	6	926	52	75	196	286	317
19	MATINHA	14	935	109	147	168	224	287
20	C PRAÇAS ARMADA	6	1037	3	192	252	265	325
21	CA AMIGOS PARQUE PAZ	5	1058	152	157	170	188	391
22	CD ESTRELA	10	1079	87	169	247	278	298
23	GDC PORTOS SINES E ALGARVE	13	1080	125	217	225	256	257
24	CCD CRÉDITO AGRÍCOLA MÚTUO	7	1136	92	234	238	272	300
25	CP PINHEIRO CRUZ	7	1269	136	226	291	297	319
26	N GRANDOLA M CORAGEM ASSOCIAÇÃO	18	1548	231	268	348	350	351
27	TEJAVISTA	10	1659	259	315	318	383	384
28	VFCE	7	1689	95	316	357	451	470
29	VITÓRIA FC ERMIDENSE	6	1706	118	271	396	452	469
30	C CORRIDA E MARCHA GRÂNDOLA	5	2078	280	414	415	484	485

Total equipas com 5 ou mais atletas chegados: 30

Classificação de residentes de Grândola Masculinos:

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	11	RUI DOLORES	M	33	00:33:28.42	00:33:26.84	AMICICLO GRANDOLA
2	61	MARIO CASSACA	M	45	00:33:54.97	00:33:52.61	CA ODIMARQ
3	429	CUSTÓDIO M ANTÓNIO	M	41	00:35:06.82	00:35:05.12	BEJA AC
4	555	RICARDO GOMES	M	34	00:36:34.13	00:36:30.27	AMICICLO GRANDOLA
5	595	VASCO RAFAEL	M	28	00:38:18.16	00:38:14.86	AMICICLO GRANDOLA
6	150	HUGO N BALUGA	M	21	00:38:40.73	00:38:38.42	AMICICLO GRANDOLA
7	105	HUGO A A G PATRÍCIO	M	41	00:39:00.00	00:38:57.72	AMICICLO GRANDOLA
8	519	MIGUEL C GARCIA	M	40	00:39:19.24	00:39:15.70	AMICICLO GRANDOLA
9	327	ROGÉRIO C CASSACA	M	47	00:39:21.86	00:39:20.34	GDR S FRANCISCO SERRA
10	219	PEDRO M COSTA	M	49	00:39:37.35	00:39:33.91	CCD CRÉDITO AGRÍCOLA MÚTUO
11	9	HUGO N GAUDÊNCIO	M	42	00:40:56.37	00:40:54.14	CORRER EM SANTO ANDRÉ
12	153	JOAQUIM M P LOPES	M	54	00:41:55.21	00:41:51.60	CP PINHEIRO CRUZ
13	552	ANDRÉ CARVALHO	M	27	00:42:37.93	00:42:24.48	CLUBE BTT GRÂNDOLA
14	88	HELDER J G GUERREIRO	M	41	00:42:49.72	00:42:41.02	JUVENTUDE AC
15	535	RICARDO	M	34	00:43:39.19	00:43:19.57	BATE E FOGUE
16	39	RICARDO J P MACHADO	M	36	00:43:56.83	00:43:43.17	LEBRES DE DOMINGO
17	551	RUI DE FREITAS	M	65	00:44:17.00	00:44:11.60	GDR S FRANCISCO SERRA

18	474	OCTÁVIO CARMO	M	44	00:44:47.73	00:44:42.29	CLUBE BTT GRÂNDOLA
19	70	RICARDO COSTA	M	30	00:45:08.08	00:45:03.98	AMICICLO GRANDOLA
20	14	FLAVIANO L DIAS	M	68	00:45:14.63	00:45:12.39	AMICICLO GRANDOLA
21	163	FILIPE A M PEREIRA	M	24	00:45:43.44	00:45:28.75	LEBRES DE DOMINGO
22	156	VERISSIMO S PEREIRA	M	47	00:45:58.65	00:45:38.63	CP PINHEIRO CRUZ
23	516	PEDRO J G JORGE	M	30	00:46:06.41	00:45:52.87	SEAGULL RESCUE
24	287	ANTONIO PEREIRA	M	28	00:46:15.86	00:45:53.64	N GRANDOLA M CORAGEM ASSOCIAÇÃO
25	186	HUGO D P CARDOSO	M	38	00:46:24.48	00:46:10.80	AMICICLO GRANDOLA
26	29	NELSON R S BARRADINHAS	M	40	00:46:44.03	00:46:41.04	AMICICLO GRANDOLA
27	470	LUIS M P CHAINHO	M	42	00:47:04.49	00:47:02.09	AMICICLO GRANDOLA
28	289	SERGIO VIEIRA	M	46	00:47:53.15	00:47:40.57	N GRANDOLA M CORAGEM ASSOCIAÇÃO
29	414	TELMO BATISTA	M	38	00:48:17.63	00:48:02.37	LEBRES DE DOMINGO
30	185	GONÇALO P SALES	M	14	00:49:08.45	00:48:52.78	C CORRIDA E MARCHA GRÂNDOLA
31	2	JOÃO M SILVA	M	56	00:49:50.36	00:49:30.92	
32	157	RUI P SOBRAL	M	31	00:49:54.28	00:49:33.92	CP PINHEIRO CRUZ
33	120	RÚBEN A P CARVALHO	M	22	00:50:01.69	00:49:47.11	LEBRES DE DOMINGO
34	553	RUI O COMPORTA	M	42	00:50:07.09	00:49:53.15	ERMELINDO NUNES JARDINAGEM BIKE TEAM
35	158	TIAGO D GONÇALVES	M	34	00:50:11.42	00:49:50.83	CP PINHEIRO CRUZ
36	413	VITOR PINELA	M	33	00:50:27.28	00:50:13.90	LEBRES DE DOMINGO
37	152	ROBERTO MATOS	M	40	00:51:44.41	00:51:22.54	CP PINHEIRO CRUZ
38	205	RENATO J SANTOS	M	45	00:52:32.98	00:52:15.36	PASTELARIA VONINHA
39	543	ALEXANDRE F NUNES	M	29	00:52:55.76	00:52:41.25	LEBRES DE DOMINGO
40	82	JOÃO P PARREIRA	M	43	00:53:04.07	00:52:50.85	BTT JD CARVALHAL
41	329	FERNANDO M SOBRAL	M	60	00:53:04.09	00:52:50.60	GDR S FRANCISCO SERRA
42	151	ARMINDO P CHAINHO	M	43	00:53:15.99	00:52:50.10	CP PINHEIRO CRUZ
43	154	RUI B PEREIRA	M	50	00:53:16.01	00:52:51.31	CP PINHEIRO CRUZ
44	419	LUIS S SOBRAL	M	42	00:53:31.30	00:53:22.92	N GRANDOLA M CORAGEM ASSOCIAÇÃO
45	292	PEDRO GUERREIRO	M	48	00:53:37.16	00:53:24.36	N GRANDOLA M CORAGEM ASSOCIAÇÃO
46	433	JOSÉ C LEANDRO	M	43	00:54:06.06	00:53:46.89	VFCE
47	283	RITA PACHECO	M	28	00:54:06.47	00:53:45.19	N GRANDOLA M CORAGEM ASSOCIAÇÃO
48	529	MIGUEL CHAINHO	M	19	00:54:21.80	00:54:04.21	OS LENTINHOS
49	528	LUIS M R CHAINHO	M	44	00:54:22.98	00:54:04.37	OS LENTINHOS
50	117	RUI M B PEREIRA	M	35	00:54:34.98	00:54:20.88	LEBRES DE DOMINGO
51	294	ERNESTO PRATAS	M	60	00:54:51.89	00:54:28.66	N GRANDOLA M CORAGEM ASSOCIAÇÃO
52	202	JOSÉ H SANTOS	M	54	00:56:11.86	00:55:57.90	GDR S FRANCISCO SERRA
53	479	LUIS F S SANTOS	M	39	00:57:28.42	00:57:17.70	LEBRES E TARTARUGAS DE GRÂNDOLA
54	69	ARTUR C SANTOS	M	64	00:59:09.36	00:58:54.74	

55	299	JOÃO MAIA	M	37	00:59:29.51	00:59:15.09	C CORRIDA E MARCHA GRÂNDOLA
56	83	CARLOS M N GALHETO	M	48	00:59:30.38	00:59:15.25	
57	274	JOAO RAPOSO	M	53	01:00:34.94	01:00:08.95	N GRANDOLA M CORAGEM ASSOCIAÇÃO
58	466	JORGE L LOURO	M	43	01:02:00.24	01:01:38.56	N GRANDOLA M CORAGEM ASSOCIAÇÃO
59	282	CARLA LOURO	M	45	01:02:00.26	01:01:39.28	N GRANDOLA M CORAGEM ASSOCIAÇÃO
60	279	ANA CARNEIRO	M	23	01:02:01.19	01:01:41.45	N GRANDOLA M CORAGEM ASSOCIAÇÃO
61	124	EDMUNDO P JESUS	M	57	01:02:29.39	01:02:15.87	AMICICLO GRANDOLA
62	128	ARTUR ALEXANDRE	M	40	01:06:34.22	01:06:17.49	LEBRES DE DOMINGO
63	80	SUSANA M S PEREIRA	M	34	01:08:39.63	01:08:10.53	GD SANTA CRUZ / LITORALMOTORS.PT
64	417	NUNO R PEREIRA	M	34	01:08:39.79	01:08:09.48	GD SANTA CRUZ / LITORALMOTORS.PT
65	291	CATIA SIMOES	M	25	01:09:01.67	01:08:37.13	N GRANDOLA M CORAGEM ASSOCIAÇÃO
66	290	FABIO MATEUS	M	30	01:09:01.81	01:08:38.10	N GRANDOLA M CORAGEM ASSOCIAÇÃO
67	81	NUNO M M PEREIRA	M	36	01:11:53.24	01:11:23.72	MELIDES POWER TEAM
68	280	MARCELO BENTO	M	30	01:14:56.13	01:14:36.97	N GRANDOLA M CORAGEM ASSOCIAÇÃO
69	147	AMADEU D FERREIRA	M	75	01:16:02.07	01:15:40.11	GDCT REPSOL POLÍMEROS

Classificação de residentes de Grândola Femininos:

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	125	MARTA G JESUS	F	16		00:47:43.86	00:47:39.43	AMICICLO GRANDOLA
2	161	BRAULIA M GAMITO	F	51		00:53:20.16	00:53:09.98	EQUIPA BTT C BENFICA GRÂNDOLA
3	293	SUSANA GUERREIRO	F	42		00:53:37.99	00:53:26.13	N GRANDOLA M CORAGEM ASSOCIAÇÃO
4	203	NEUZA F F REIS	F	26		00:54:13.62	00:54:01.47	SEAGULL RESCUE
5	542	INÊS MATEUS	F	22		00:54:27.44	00:54:16.70	MELIDES POWER TEAM
6	40	VERA C P GOMES	F	39		00:54:30.46	00:54:15.71	LEBRES DE DOMINGO
7	297	ANA BERTA	F	42		00:54:51.52	00:54:29.67	N GRANDOLA M CORAGEM ASSOCIAÇÃO
8	296	DOLORES PRATAS	F	54		00:54:51.96	00:54:30.25	N GRANDOLA M CORAGEM ASSOCIAÇÃO
9	116	VANIA PINELA	F	31		00:55:04.59	00:54:44.03	LEBRES DE DOMINGO
10	538	ANDREIA A C LOPES	F	23		00:57:15.11	00:57:03.09	AMICICLO GRANDOLA
11	76	RUTE F MOURA	F	33		00:57:15.30	00:57:04.11	LEBRES E TARTARUGAS DE GRÂNDOLA
12	19	Mª IRENE S PEREIRA	F	50		00:59:29.47	00:59:14.46	C CORRIDA E MARCHA GRÂNDOLA
13	8	PAULA C SILVA	F	39		00:59:55.15	00:59:43.87	CORRER EM SANTO ANDRÉ
14	47	CARLA C SILVA	F	40		00:59:59.73	00:59:49.18	GDC PORTOS SINES E ALGARVE
15	166	VERA L GARCIA	F	37		01:06:34.07	01:06:16.44	LEBRES DE DOMINGO
16	127	TÂNIA PEREIRA	F	36		01:06:34.18	01:06:16.54	LEBRES DE DOMINGO

17	277	PATRICIA RAPOSO	F	51	01:08:59.72	01:08:33.86	N GRANDOLA M CORAGEM ASSOCIAÇÃO
18	190	SANDRA I P S BRAZ	F	44	01:11:38.29	01:11:10.20	C CORRIDA E MARCHA GRÂNDOLA
19	189	ANA C PINELA	F	53	01:11:39.59	01:11:12.15	C CORRIDA E MARCHA GRÂNDOLA
20	278	MARISA AMANDIO	F	20	01:20:06.89	01:19:47.23	N GRANDOLA M CORAGEM ASSOCIAÇÃO
21	102	CLÁUDIA M M JOAQUIM	F	44	01:22:47.61	01:22:19.47	

Total de registros: 21