

| Lugar | Dorsal | Atleta             | Sexo | Idade | Escalão | Equipa                      | Tempo    |
|-------|--------|--------------------|------|-------|---------|-----------------------------|----------|
| 1     | 407    | NUNO ROMAO         | M    | 42    | M4044   | 1 GFD RUNNING               | 00:33:06 |
| 2     | 476    | JOÃO F FERREIRA    | M    | 21    | M2034   | 1 ESC ATLETISMO COIMBRA     | 00:33:07 |
| 3     | 153    | PEDRO M M JANUÁRIO | M    | 36    | M3539   | 1 INDIVIDUAL                | 00:33:40 |
| 4     | 183    | PAULO GUIMARAES    | M    | 37    | M3539   | 2 CDR AGUIAS UNIDAS         | 00:33:59 |
| 5     | 292    | PEDRO LOPES        | M    | 24    | M2034   | 2 UFCI TOMAR                | 00:34:15 |
| 6     | 182    | RUI BALTAZAR       | M    | 49    | M4549   | 1 CDR AGUIAS UNIDAS         | 00:34:16 |
| 7     | 401    | DAVID FERNANDES    | M    | 40    | M4044   | 2 GFD RUNNING               | 00:34:18 |
| 8     | 218    | RUI M O LOPES      | M    | 37    | M3539   | 3 CDCR CTT COIMBRA          | 00:34:21 |
| 9     | 48     | RODRIGO COSTA      | M    | 23    | M2034   | 3 ESC ATLETISMO RUI SILVA   | 00:34:36 |
| 10    | 287    | LUIS CANCELA       | M    | 41    | M4044   | 3 UFCI TOMAR                | 00:34:44 |
| 11    | 224    | OCTÁVIO VICENTE    | M    | 30    | M2034   | 4 INDIVIDUAL                | 00:34:45 |
| 12    | 408    | PEDRO CRUZ         | M    | 28    | M2034   | 5 GFD RUNNING               | 00:34:59 |
| 13    | 280    | GONÇALO RESINA     | M    | 39    | M3539   | 4 TRIATLO GOLEGÃ            | 00:35:23 |
| 14    | 403    | FERNANDO PEREIRA   | M    | 41    | M4044   | 4 GFD RUNNING               | 00:35:26 |
| 15    | 586    | JORGE CORREIA      | M    | 44    | M4044   | 5                           | 00:35:29 |
| 16    | 20     | EDUARDO EUSTAQUIO  | M    | 51    | M5054   | 1 AA MAFRA                  | 00:35:31 |
| 17    | 503    | ANTÓNIO BRANCO     | M    | 50    | M5054   | 2 NA PENTEADO               | 00:35:35 |
| 18    | 402    | ERNESTO FERREIRA   | M    | 44    | M4044   | 6 GFD RUNNING               | 00:35:40 |
| 19    | 566    | DANIEL CAMPOS      | M    | 31    | M2034   | 6 20 KM ALMEIRIM            | 00:35:48 |
| 20    | 556    | JOAO CORREIA       | M    | 41    | M4044   | 7                           | 00:35:50 |
| 21    | 296    | CHRISTIAN FARINHA  | M    | 25    | M2034   | 7 UFCI TOMAR                | 00:35:53 |
| 22    | 25     | JOSÉ A C CUSTÓDIO  | M    | 50    | M5054   | 3 INDIVIDUAL                | 00:35:57 |
| 23    | 491    | JOSÉ DURÃO         | M    | 49    | M4549   | 2 C BENFICA ABRANTES        | 00:36:06 |
| 24    | 326    | FERNANDO SILVA     | M    | 45    | M4549   | 3 CP MANGUALDE              | 00:36:09 |
| 25    | 529    | MARCO FRANCISCO    | M    | 32    | M2034   | 8 UFCI TOMAR                | 00:36:14 |
| 26    | 367    | IVO SILVA          | M    | 21    | M2034   | 9 SC REBOLEIRA DAMAIA       | 00:36:17 |
| 27    | 567    | ANTONIO SANTOS     | M    | 47    | M4549   | 4 INDIVIDUAL                | 00:36:38 |
| 28    | 435    | ILIDIO DIAS        | M    | 22    | M2034   | 10 GA CARANGUEJEIRA         | 00:36:40 |
| 29    | 225    | JOAQUIM ANTUNES    | M    | 56    | M5559   | 1 ASS PARAQUEDISTAS T NORTE | 00:36:46 |
| 30    | 283    | RUI J GALINHA      | M    | 43    | M4044   | 8 NS GOLEGA                 | 00:36:50 |
| 31    | 559    | PEDRO CAPELA       | M    | 34    | M2034   | 11 GAU BAJOUCA              | 00:36:54 |
| 32    | 432    | LUIS GUARDA        | M    | 50    | M5054   | 4 GA CARANGUEJEIRA          | 00:36:58 |
| 33    | 195    | LUIS MARTINS       | M    | 36    | M3539   | 5 GDR FIGUEIRAS             | 00:37:03 |
| 34    | 430    | RICARDO SIMOES     | M    | 50    | M5054   | 5 ESC ATLETISMO RUI SILVA   | 00:37:06 |
| 35    | 49     | JORGE COSME        | M    | 45    | M4549   | 5 ESC ATLETISMO RUI SILVA   | 00:37:09 |
| 36    | 444    | JOÃO CARDOSO       | M    | 53    | M5054   | 6 INDIVIDUAL                | 00:37:13 |
| 37    | 141    | PAULO FERNANDES    | M    | 49    | M4549   | 6 CCD O ALVITEJO            | 00:37:14 |
| 38    | 365    | ANTONINO VAZ       | M    | 35    | M3539   | 6 SC REBOLEIRA DAMAIA       | 00:37:18 |
| 39    | 340    | FLÁVIO SANTOS      | M    | 18    | M0019   | 1 FF PAZ MUNDIAL            | 00:37:22 |
| 40    | 528    | ANTONIO REIS       | M    | 0     | M0019   | 2                           | 00:37:26 |
| 41    | 523    | BRUNO VIEIRA       | M    | 17    | M0019   | 3 C BENFICA ABRANTES        | 00:37:29 |
| 42    | 475    | JOAQUIM SANTOS     | M    | 44    | M4044   | 9 NSTN                      | 00:37:54 |
| 43    | 492    | DANIEL DOMINGUES   | M    | 18    | M0019   | 4 C BENFICA ABRANTES        | 00:37:57 |
| 44    | 428    | JOSÉ R RODRIGUES   | M    | 34    | M2034   | 12 INDIVIDUAL               | 00:37:59 |
| 45    | 295    | ANDRÉ FERREIRA     | M    | 25    | M2034   | 13 UFCI TOMAR               | 00:38:03 |

| Lugar | Dorsal | Atleta              | Sexo | Idade | Escalão | Equipa                         | Tempo    |
|-------|--------|---------------------|------|-------|---------|--------------------------------|----------|
| 46    | 531    | VITOR RAMOS         | M    | 17    | M0019   | 5 SLB BENFICA                  | 00:38:06 |
| 47    | 359    | MARCO PINTO         | M    | 23    | M2034   | 14 SC REBOLEIRA DAMAIA         | 00:38:07 |
| 48    | 532    | ANDRE ANTUNES       | M    | 18    | M0019   | 6                              | 00:38:09 |
| 49    | 471    | ARMENIO LEAL        | M    | 57    | M5559   | 2 CR AMIEIRINHENSE             | 00:38:11 |
| 50    | 167    | NUNO M D BALAS      | M    | 38    | M3539   | 7 INDIVIDUAL                   | 00:38:14 |
| 51    | 308    | GIL BATISTA         | M    | 45    | M4549   | 7 UFCI TOMAR                   | 00:38:19 |
| 52    | 343    | CARLOS PALAS        | M    | 55    | M5559   | 3 C PEDRO PESSOA ESC ATLETISMO | 00:38:19 |
| 53    | 317    | JORGE CALAFATE      | M    | 47    | M4549   | 8 TRIATLO GOLEGÃ               | 00:38:22 |
| 54    | 433    | ANTONIO B FRANCISCO | M    | 51    | M5054   | 7 GA CARANGUEJEIRA             | 00:38:25 |
| 55    | 248    | JOSE SANTOS         | M    | 46    | M4549   | 9 INDIVIDUAL                   | 00:38:29 |
| 56    | 434    | NUNO CASALINHO      | M    | 35    | M3539   | 8 GA CARANGUEJEIRA             | 00:38:31 |
| 57    | 552    | LUIS JESUS          | M    | 40    | M4044   | 10                             | 00:38:31 |
| 58    | 580    | LUIS ALEXANDRE      | M    | 38    | M3539   | 9                              | 00:38:31 |
| 59    | 137    | LUÍS SIMÕES         | M    | 54    | M5054   | 8 INDIVIDUAL                   | 00:38:33 |
| 60    | 485    | NELSON FERREIRA     | M    | 35    | M3539   | 10 AC VERMOIL                  | 00:38:33 |
| 61    | 96     | JOAO FRANCO         | M    | 61    | M6099   | 1 GDRC ZAMBUJEIRA S CALVO      | 00:38:35 |
| 62    | 459    | HUGO REIS           | M    | 38    | M3539   | 11 GD INE                      | 00:38:40 |
| 63    | 388    | JOÃO P FERREIRA     | M    | 38    | M3539   | 12 CLAC - ENTRONCAMENTO        | 00:38:44 |
| 64    | 270    | ADRIANO RIBEIRO     | M    | 30    | M2034   | 15 INDIVIDUAL                  | 00:38:45 |
| 65    | 483    | JOAQUIM QUITÉRIO    | M    | 40    | M4044   | 11 AC VERMOIL                  | 00:38:47 |
| 66    | 489    | JUVENAL SILVA       | M    | 44    | M4044   | 12 C BENFICA ABRANTES          | 00:38:50 |
| 67    | 479    | PEDRO FERREIRA      | M    | 40    | M4044   | 13 AC VERMOIL                  | 00:38:51 |
| 68    | 233    | MANUEL L G NOGUEIRA | M    | 39    | M3539   | 13 INDIVIDUAL                  | 00:38:52 |
| 69    | 391    | ABREU MOURA         | M    | 59    | M5559   | 4 CLAC - ENTRONCAMENTO         | 00:38:54 |
| 70    | 469    | RICARDO OLIVEIRA    | M    | 39    | M3539   | 14 CR AMIEIRINHENSE            | 00:39:05 |
| 71    | 437    | JOSÉ FIGUEIRA       | M    | 35    | M3539   | 15 CA Barreira                 | 00:39:05 |
| 72    | 215    | CARLOS M A CAETANO  | M    | 41    | M4044   | 14 INDIVIDUAL                  | 00:39:07 |
| 73    | 412    | RUBEN FERREIRA      | M    | 18    | M0019   | 7 NS LOURINHA                  | 00:39:16 |
| 74    | 486    | PAULO ALVES         | M    | 37    | M3539   | 16 GDT IN CASA MOEDA           | 00:39:21 |
| 75    | 286    | SAMUEL JESUS        | M    | 39    | M3539   | 17 UFCI TOMAR                  | 00:39:22 |
| 76    | 157    | JOAQUIM ALEXANDRE   | M    | 49    | M4549   | 10 URD ARRANHÒ                 | 00:39:27 |
| 77    | 387    | NELSON OLIVEIRA     | M    | 37    | M3539   | 18 CLAC - ENTRONCAMENTO        | 00:39:28 |
| 78    | 481    | CRISTIANO ANTONIO   | M    | 26    | M2034   | 16 AC VERMOIL                  | 00:39:30 |
| 79    | 363    | GABRIEL GONÇALVES   | M    | 60    | M6099   | 2 SC REBOLEIRA DAMAIA          | 00:39:34 |
| 80    | 249    | JOSE F SILVA        | M    | 53    | M5054   | 9 C A S P A                    | 00:39:37 |
| 81    | 242    | FILIPE DIAS         | M    | 29    | M2034   | 17 GD4C                        | 00:39:38 |
| 82    | 447    | KCÉNIA BOUGROVA     | F    | 20    | F2034   | 1 VALEJAS AC                   | 00:39:44 |
| 83    | 530    | BERNARDO QUINTELA   | M    | 17    | M0019   | 8                              | 00:39:56 |
| 84    | 113    | ALEXANDRA ALVES     | F    | 32    | F2034   | 2 AÇOREANA C BANIF             | 00:40:03 |
| 85    | 478    | CARLOS ALVES        | M    | 18    | M0019   | 9 AC VERMOIL                   | 00:40:03 |
| 86    | 393    | LUÍS MOTA           | M    | 42    | M4044   | 15 CLAC - ENTRONCAMENTO        | 00:40:06 |
| 87    | 43     | FERNANDO G SILVA    | M    | 50    | M5054   | 10 ESC ATLETISMO RUI SILVA     | 00:40:07 |
| 88    | 121    | JOÃO LUIS           | M    | 48    | M4549   | 11 CP ALCANENA                 | 00:40:08 |
| 89    | 464    | PEDRO SERRA         | M    | 20    | M2034   | 18 INDIVIDUAL                  | 00:40:17 |
| 90    | 180    | AGOSTINHO GONÇALVES | M    | 57    | M5559   | 5 CDR AGUIAS UNIDAS            | 00:40:20 |

| Lugar | Dorsal | Atleta              | Sexo | Idade | Escalão | Equipa                     | Tempo    |
|-------|--------|---------------------|------|-------|---------|----------------------------|----------|
| 91    | 561    | OTELO PEREIRA       | M    | 40    | M4044   | 16 GAU BAJOUCA             | 00:40:22 |
| 92    | 555    | PAULO SANTOS        | M    | 39    | M3539   | 19                         | 00:40:31 |
| 93    | 423    | CARLOS SOARES       | M    | 47    | M4549   | 12 CCRD BURINHOSA          | 00:40:32 |
| 94    | 539    | PEDRO RODRIGUES     | M    | 47    | M4549   | 13                         | 00:40:45 |
| 95    | 411    | ALEXIS M            | M    | 19    | M0019   | 10 NS LOURINHA             | 00:40:50 |
| 96    | 414    | RODRIGO CARVALHO    | M    | 19    | M0019   | 11 ESC TRIATLO T NOVAS     | 00:41:02 |
| 97    | 348    | TIAGO G BARREIRO    | M    | 29    | M2034   | 19 INDIVIDUAL              | 00:41:10 |
| 98    | 400    | CARLA RIBEIRO       | F    | 33    | F2034   | 3 GFD RUNNING              | 00:41:13 |
| 99    | 93     | EURICO AGOSTINHO    | M    | 54    | M5054   | 11 GDRC ZAMBUJEIRA S CALVO | 00:41:17 |
| 100   | 15     | ARTUR DINIS         | M    | 48    | M4549   | 14 ID VIEIRENSE            | 00:41:19 |
| 101   | 548    | TOMAS LOPES         | M    | 17    | M0019   | 12                         | 00:41:23 |
| 102   | 99     | DANIEL LOURENÇO     | M    | 41    | M4044   | 17 CA Barreira             | 00:41:24 |
| 103   | 470    | VICTOR TEIXEIRA     | M    | 53    | M5054   | 12 CR AMIEIRINHENSE        | 00:41:25 |
| 104   | 67     | RICARDO MONTEIRO    | M    | 39    | M3539   | 20 C VETERANOS LIS         | 00:41:27 |
| 105   | 196    | JUCELINO MONTEIRO   | M    | 48    | M4549   | 15 GDR FIGUEIRAS           | 00:41:33 |
| 106   | 261    | RODRIGO A C MATOS   | M    | 32    | M2034   | 20 INDIVIDUAL              | 00:41:34 |
| 107   | 431    | MARCO FIDALGO       | M    | 37    | M3539   | 21 ESC ATLETISMO RUI SILVA | 00:41:35 |
| 108   | 366    | FLÁVIO JULIÃO       | M    | 20    | M2034   | 21 SC REBOLEIRA DAMAIA     | 00:41:38 |
| 109   | 185    | MANUEL M M COSTA    | M    | 38    | M3539   | 22 INDIVIDUAL              | 00:41:39 |
| 110   | 521    | PATRÍCIA G ROSADO   | F    | 26    | F2034   | 4 ARNEIRENSE               | 00:41:39 |
| 111   | 31     | FILIPA MOUTINHO     | F    | 32    | F2034   | 5 NS TORRES NOVAS          | 00:41:41 |
| 112   | 239    | EDUARDO J C BRANCO  | M    | 36    | M3539   | 23 INDIVIDUAL              | 00:41:41 |
| 113   | 465    | ÓSCAR SANTOS        | M    | 58    | M5559   | 6 CA PATAMEIRAS            | 00:41:45 |
| 114   | 329    | LUÍS SANTOS         | M    | 44    | M4044   | 18 CSCR LITEIROS           | 00:41:47 |
| 115   | 238    | NUNO LORVAO         | M    | 44    | M4044   | 19 ID VIEIRENSE            | 00:41:50 |
| 116   | 299    | MARCIO BATISTA      | M    | 24    | M2034   | 22 UFCI TOMAR              | 00:41:52 |
| 117   | 578    | CARLOS GONÇALVES    | M    | 32    | M2034   | 23                         | 00:41:54 |
| 118   | 173    | LUÍS GAVAZZI        | M    | 50    | M5054   | 13 OS MATRECOS             | 00:41:54 |
| 119   | 26     | ALEXANDRA C PORTELA | F    | 45    | F4599   | 1 INDIVIDUAL               | 00:41:54 |
| 120   | 142    | FRANCISCO CALÇADA   | M    | 50    | M5054   | 14 CCD O ALVITEJO          | 00:41:57 |
| 121   | 386    | DAVID A LOPES       | M    | 44    | M4044   | 20 INDIVIDUAL              | 00:42:02 |
| 122   | 223    | LUIS C S TRIGUINHO  | M    | 46    | M4549   | 16 INDIVIDUAL              | 00:42:03 |
| 123   | 396    | JOSÉ GARRAFÃO       | M    | 53    | M5054   | 15 CLAC - ENTRONCAMENTO    | 00:42:08 |
| 124   | 64     | FERNANDO MARQUES    | M    | 47    | M4549   | 17 GM TEAM                 | 00:42:10 |
| 125   | 441    | ANTONIO CARVALHO    | M    | 57    | M5559   | 7 TOMAR RUNNERS            | 00:42:15 |
| 126   | 240    | JOÃO PROENÇA        | M    | 21    | M2034   | 24 INDIVIDUAL              | 00:42:16 |
| 127   | 190    | LUIS M C NEVES      | M    | 36    | M3539   | 24 MARINHAIS AC            | 00:42:16 |
| 128   | 13     | ALBERTO VINAGRE     | M    | 53    | M5054   | 16 ID VIEIRENSE            | 00:42:18 |
| 129   | 334    | CÉSAR CONCEIÇÃO     | M    | 39    | M3539   | 25 C ORIENTAÇÃO CENTRO     | 00:42:20 |
| 130   | 290    | MANUEL MORENO       | M    | 56    | M5559   | 8 UFCI TOMAR               | 00:42:20 |
| 131   | 85     | MARIO LOPES         | M    | 45    | M4549   | 18 CR CRUZ PAU             | 00:42:23 |
| 132   | 472    | JOÃO SANTOS         | M    | 24    | M2034   | 25 NSTN                    | 00:42:28 |
| 133   | 353    | ALCINDO ALMEIDA     | M    | 56    | M5559   | 9 CA100CORREMAIS           | 00:42:29 |
| 134   | 574    | HERLANDER MARTINS   | M    | 58    | M5559   | 10 GD SÃO DOMINGOS         | 00:42:33 |
| 135   | 55     | JOAO CALDAS         | M    | 49    | M4549   | 19 ND AUTOCOOPE            | 00:42:38 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão | Equipa                          | Tempo    |
|-------|--------|-----------------------|------|-------|---------|---------------------------------|----------|
| 136   | 463    | PEDRO FERREIRA        | M    | 33    | M2034   | 26 INDIVIDUAL                   | 00:42:43 |
| 137   | 385    | ANTONIO TIBURCIO      | M    | 50    | M5054   | 17 INDIVIDUAL                   | 00:42:44 |
| 138   | 271    | ELCIDES SILVA         | M    | 33    | M2034   | 27 INDIVIDUAL                   | 00:42:48 |
| 139   | 221    | PAULO VIEIRA          | M    | 39    | M3539   | 26 INDIVIDUAL                   | 00:42:48 |
| 140   | 127    | ANDRÉ FRANCISCO       | M    | 27    | M2034   | 28 SC MOITENSE                  | 00:42:53 |
| 141   | 379    | JOÃO FERREIRA         | M    | 24    | M2034   | 29 INDIVIDUAL                   | 00:42:53 |
| 142   | 302    | FRANCISCO GASPAR      | M    | 32    | M2034   | 30 UFCI TOMAR                   | 00:42:55 |
| 143   | 294    | JORGE MAURICIO        | M    | 41    | M4044   | 21 UFCI TOMAR                   | 00:42:56 |
| 144   | 416    | HUGO MATOS            | M    | 31    | M2034   | 31 REATAM                       | 00:42:56 |
| 145   | 298    | PAULO MARQUES         | M    | 29    | M2034   | 32 UFCI TOMAR                   | 00:42:56 |
| 146   | 293    | NORBERTO TRIÃES       | M    | 37    | M3539   | 27 UFCI TOMAR                   | 00:42:58 |
| 147   | 538    | JOAQUIM GOMES         | M    | 64    | M6099   | 3                               | 00:43:02 |
| 148   | 458    | MARIANA POMBO         | F    | 20    | F2034   | 6 SL BENFICA                    | 00:43:02 |
| 149   | 66     | JOSE GABRIEL          | M    | 65    | M6099   | 4 C VETERANOS LIS               | 00:43:08 |
| 150   | 364    | APOLO PEREIRA         | M    | 45    | M4549   | 20 SC REBOLEIRA DAMAIA          | 00:43:10 |
| 151   | 541    | VASCO LOPES           | M    | 38    | M3539   | 28                              | 00:43:12 |
| 152   | 563    | ANTONIO FERNANDES     | M    | 54    | M5054   | 18 GAU BAJOUCA                  | 00:43:14 |
| 153   | 14     | RICARDO VICENTE       | M    | 42    | M4044   | 22 ID VIEIRENSE                 | 00:43:19 |
| 154   | 117    | FRANCISCO J S V SILVA | M    | 41    | M4044   | 23 INDIVIDUAL                   | 00:43:20 |
| 155   | 389    | JOSÉ FIDÉLIO          | M    | 60    | M6099   | 5 CLAC - ENTRONCAMENTO          | 00:43:22 |
| 156   | 429    | JORGE LUÍS            | M    | 38    | M3539   | 29 ESC ATLETISMO RUI SILVA      | 00:43:25 |
| 157   | 392    | ANTÓNIO FERREIRA      | M    | 35    | M3539   | 30 CLAC - ENTRONCAMENTO         | 00:43:29 |
| 158   | 191    | ANTÓNIO M C S LEAL    | M    | 43    | M4044   | 24 MARINHAIS AC                 | 00:43:34 |
| 159   | 154    | FILIPE BRANCO         | M    | 45    | M4549   | 21 URD ARRANHÔ                  | 00:43:34 |
| 160   | 284    | PAULO J C FREIRE      | M    | 39    | M3539   | 31 NS GOLEGA                    | 00:43:36 |
| 161   | 11     | ROGÉRIO D S VERAS     | M    | 34    | M2034   | 33 TEAM IRUN   TOMAR - PORTUGAL | 00:43:37 |
| 162   | 279    | RÚBEN SANTOS          | M    | 18    | M0019   | 13 CD ÁGUIAS ALPIARÇA           | 00:43:40 |
| 163   | 132    | ARMANDO SILVA         | M    | 59    | M5559   | 11 INDIVIDUAL                   | 00:43:41 |
| 164   | 306    | CARLOS SANTOS         | M    | 48    | M4549   | 22 UFCI TOMAR                   | 00:43:43 |
| 165   | 510    | HUGO AGUIAR           | M    | 41    | M4044   | 25 INDIVIDUAL                   | 00:43:44 |
| 166   | 360    | JOÃO RODRIGUES        | M    | 66    | M6099   | 6 SC REBOLEIRA DAMAIA           | 00:43:49 |
| 167   | 533    | JOSE MAGALHAES        | M    | 58    | M5559   | 12 SCR M                        | 00:43:50 |
| 168   | 480    | DEONILDE COSTA        | F    | 40    | F3544   | 1 AC VERMOIL                    | 00:43:50 |
| 169   | 537    | GONÇALO JNUARIO       | M    | 30    | M2034   | 34                              | 00:43:51 |
| 170   | 508    | MIGUEL Â F CUSTÓDIO   | M    | 36    | M3539   | 32 ID VIEIRENSE                 | 00:43:52 |
| 171   | 253    | DUARTE SARES          | M    | 58    | M5559   | 13 C SARGENTO ARMADA            | 00:44:08 |
| 172   | 177    | VITOR JORGE           | M    | 52    | M5054   | 19 CDR AGUIAS UNIDAS            | 00:44:11 |
| 173   | 32     | JOAQUIM J T PESSOA    | M    | 57    | M5559   | 14 C BENFICA CON CONDEIXA       | 00:44:13 |
| 174   | 546    | DANIEL ANTUNES        | M    | 53    | M5054   | 20 C LISBOA CLUB                | 00:44:13 |
| 175   | 120    | ABEL P V GONÇALVES    | M    | 36    | M3539   | 33 INDIVIDUAL                   | 00:44:15 |
| 176   | 342    | HELDER R L C MARQUES  | M    | 49    | M4549   | 23 SR CAMARNAL                  | 00:44:18 |
| 177   | 398    | JOSE GERARDO          | M    | 53    | M5054   | 21 CA NAZARÉ                    | 00:44:21 |
| 178   | 579    | FRANCISCO ROFRIGUES   | M    | 43    | M4044   | 26                              | 00:44:23 |
| 179   | 301    | FRANCISCO DIAS        | M    | 19    | M0019   | 14 UFCI TOMAR                   | 00:44:23 |
| 180   | 405    | JORGE CORREIA         | M    | 43    | M4044   | 27 GFD RUNNING                  | 00:44:26 |

| Lugar | Dorsal | Atleta                  | Sexo | Idade | Escalão | Equipa                     | Tempo    |
|-------|--------|-------------------------|------|-------|---------|----------------------------|----------|
| 181   | 197    | PEDRO FALCAO            | M    | 38    | M3539   | 34 GDR FIGUEIRAS           | 00:44:28 |
| 182   | 362    | JOSÉ REIS               | M    | 61    | M6099   | 7 SC REBOLEIRA DAMAIA      | 00:44:30 |
| 183   | 172    | PAULO MESTRE            | M    | 51    | M5054   | 22 OS MATRECOS             | 00:44:30 |
| 184   | 568    | VITOR M MARQUES         | M    | 51    | M5054   | 23 INDIVIDUAL              | 00:44:33 |
| 185   | 219    | ANTONIO FERNANDES       | M    | 51    | M5054   | 24 CLUBE STRESS            | 00:44:34 |
| 186   | 241    | BRUNO FERNANDES         | M    | 31    | M2034   | 35 INDIVIDUAL              | 00:44:36 |
| 187   | 208    | NUNO ROMAO              | M    | 47    | M4549   | 24 GD INE                  | 00:44:39 |
| 188   | 585    | MIGUEL BARBA            | M    | 36    | M3539   | 35                         | 00:44:40 |
| 189   | 384    | ANTONIO M Q RAMOS       | M    | 46    | M4549   | 25 INDIVIDUAL              | 00:44:41 |
| 190   | 204    | LEONEL RODRIGUES        | M    | 60    | M6099   | 8 GDR FIGUEIRAS            | 00:44:42 |
| 191   | 557    | MARCO REIS              | M    | 23    | M2034   | 36 GAU BAJOUCA             | 00:44:45 |
| 192   | 200    | MARIO DUARTE            | M    | 57    | M5559   | 15 GDR FIGUEIRAS           | 00:44:46 |
| 193   | 462    | JORGE FORMIGA           | M    | 41    | M4044   | 28 UDR ZONA ALTA           | 00:44:47 |
| 194   | 210    | JOSÉ FERNANDES          | M    | 46    | M4549   | 26 INDIVIDUAL              | 00:44:48 |
| 195   | 324    | LEONEL CAMPOS           | M    | 51    | M5054   | 25 INDIVIDUAL              | 00:44:51 |
| 196   | 554    | LUIS MENDONSA           | M    | 46    | M4549   | 27                         | 00:44:52 |
| 197   | 38     | PEDRO J MARQUES         | M    | 43    | M4044   | 29 ESC ATLETISMO COIMBRA   | 00:44:55 |
| 198   | 203    | EVANGELINO CARDEIRA     | M    | 59    | M5559   | 16 GDR FIGUEIRAS           | 00:44:55 |
| 199   | 104    | ARTUR GONÇALVES         | M    | 39    | M3539   | 36 AA LEBRES SADO          | 00:44:55 |
| 200   | 138    | CARLA CALÇADA           | F    | 45    | F4599   | 2 CCD O ALVITEJO           | 00:44:59 |
| 201   | 449    | JORGE ROSA              | M    | 37    | M3539   | 37 INDIVIDUAL              | 00:45:01 |
| 202   | 282    | JOAO R FERNANDES        | M    | 21    | M2034   | 37 JUST FOR FUN            | 00:45:02 |
| 203   | 314    | LILIANA F B P FERNANDES | F    | 29    | F2034   | 7 JUST FOR FUN             | 00:45:02 |
| 204   | 468    | FILIPE HONÓRIO          | M    | 25    | M2034   | 38 JUST FOR FUN            | 00:45:02 |
| 205   | 146    | ANDRÉ LEANDRO           | M    | 31    | M2034   | 39 NAZ ABOBODA             | 00:45:09 |
| 206   | 410    | LILIA MARTINS           | F    | 19    | F0019   | 1 NS LOURINHA              | 00:45:09 |
| 207   | 361    | MÁRIO J MARQUES         | M    | 54    | M5054   | 26 SC REBOLEIRA DAMAIA     | 00:45:11 |
| 208   | 323    | PAULO SIMOES            | M    | 36    | M3539   | 38 GO RUNNERS              | 00:45:13 |
| 209   | 42     | SUZETE SILVA            | F    | 45    | F4599   | 3 ESC ATLETISMO RUI SILVA  | 00:45:14 |
| 210   | 417    | ESTEVAO RIBEIRO         | M    | 65    | M6099   | 9 REATAM                   | 00:45:24 |
| 211   | 583    | ANTONIO RUFINO          | M    | 33    | M2034   | 40                         | 00:45:27 |
| 212   | 413    | ALEXANDRE FERREIRA      | M    | 41    | M4044   | 30 NS LOURINHA             | 00:45:29 |
| 213   | 53     | ANTONIO ALMEIDA         | M    | 51    | M5054   | 27 ND AUTOCOOPE            | 00:45:29 |
| 214   | 56     | JUVENAL MOREIRA         | M    | 51    | M5054   | 28 ND AUTOCOOPE            | 00:45:30 |
| 215   | 484    | EUGENIO MENDES          | M    | 53    | M5054   | 29 AC VERMOIL              | 00:45:40 |
| 216   | 518    | CÉSAR M S SANTOS        | M    | 33    | M2034   | 41 PENICHE@CORRER          | 00:45:41 |
| 217   | 305    | JOSÉ FONSECA            | M    | 50    | M5054   | 30 UFCI TOMAR              | 00:45:42 |
| 218   | 165    | ANTONIO MENDES          | M    | 53    | M5054   | 31 INDIVIDUAL              | 00:45:43 |
| 219   | 450    | FREDERICO GAMAS         | M    | 26    | M2034   | 42 INDIVIDUAL              | 00:45:45 |
| 220   | 95     | VALENTIM FERNANDES      | M    | 59    | M5559   | 17 GDRC ZAMBUJEIRA S CALVO | 00:45:45 |
| 221   | 175    | GONÇALO PEREIRA         | M    | 36    | M3539   | 39 INDIVIDUAL              | 00:45:45 |
| 222   | 460    | JOAO CUNHA              | M    | 29    | M2034   | 43 INDIVIDUAL              | 00:45:46 |
| 223   | 94     | LUCAS DELGADO           | M    | 61    | M6099   | 10 GDRC ZAMBUJEIRA S CALVO | 00:45:51 |
| 224   | 291    | MANUEL MOTA             | M    | 52    | M5054   | 32 UFCI TOMAR              | 00:45:52 |
| 225   | 262    | CLÁUDIO J R ESPADINHA   | M    | 37    | M3539   | 40 INDIVIDUAL              | 00:45:52 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão | Equipa                     | Tempo    |
|-------|--------|-----------------------|------|-------|---------|----------------------------|----------|
| 226   | 159    | JOÃO ALVES            | M    | 47    | M4549   | 28 URD ARRANHÓ             | 00:45:53 |
| 227   | 92     | ANTONIO CLARA         | M    | 52    | M5054   | 33 GDRC ZAMBUJEIRA S CALVO | 00:45:58 |
| 228   | 234    | FILIPE BATISTA        | M    | 43    | M4044   | 31 INDIVIDUAL              | 00:46:00 |
| 229   | 394    | RENATO MARTINS        | M    | 42    | M4044   | 32 CLAC - ENTRONCAMENTO    | 00:46:04 |
| 230   | 274    | CARLOS OLIVEIRA       | M    | 41    | M4044   | 33 INDIVIDUAL              | 00:46:05 |
| 231   | 202    | DIAMANTINO CRUZ       | M    | 57    | M5559   | 18 GDR FIGUEIRAS           | 00:46:08 |
| 232   | 572    | ANABELA CARVALHO      | F    | 51    | F4599   | 4 GD SÃO DOMINGOS          | 00:46:10 |
| 233   | 415    | PEDRO SILVA           | M    | 41    | M4044   | 34 ESC TRIATLO T NOVAS     | 00:46:14 |
| 234   | 281    | MANUEL NASCIMENTO     | M    | 58    | M5559   | 19 CR CRUZ PAU             | 00:46:15 |
| 235   | 51     | LUCIO L D MENDES      | M    | 57    | M5559   | 20 INDIVIDUAL              | 00:46:18 |
| 236   | 285    | LUIS GONÇALVES        | M    | 49    | M4549   | 29 UFCI TOMAR              | 00:46:19 |
| 237   | 158    | ANDRÉ MOTA            | M    | 38    | M3539   | 41 URD ARRANHÓ             | 00:46:21 |
| 238   | 148    | RUI PEREIRA           | M    | 40    | M4044   | 35 CD SALVATERRENSE        | 00:46:21 |
| 239   | 418    | LEONEL EUSEBIO        | M    | 46    | M4549   | 30 INDIVIDUAL              | 00:46:22 |
| 240   | 288    | CAROLINA FELIZ        | F    | 56    | F4599   | 5 UFCI TOMAR               | 00:46:25 |
| 241   | 149    | NUNO COSTA            | M    | 30    | M2034   | 44 INDIVIDUAL              | 00:46:28 |
| 242   | 551    | JOAO ANTUNES          | M    | 45    | M4549   | 31                         | 00:46:29 |
| 243   | 456    | FIDEL CONDE           | M    | 37    | M3539   | 42 INDIVIDUAL              | 00:46:30 |
| 244   | 194    | VANDA JERONIMO        | F    | 33    | F2034   | 8 GDR FIGUEIRAS            | 00:46:34 |
| 245   | 22     | ANTÓNIO MATIAS        | M    | 57    | M5559   | 21 INDIVIDUAL              | 00:46:35 |
| 246   | 143    | HORÁCIO RUIVO         | M    | 54    | M5054   | 34 CCD O ALVITEJO          | 00:46:41 |
| 247   | 17     | HIPÓLITO M S FERREIRA | M    | 50    | M5054   | 35 INDIVIDUAL              | 00:46:45 |
| 248   | 310    | ANTONIO SERAFIM       | M    | 65    | M6099   | 11 UFCI TOMAR              | 00:46:45 |
| 249   | 47     | VITOR SANTOS          | M    | 51    | M5054   | 36 ESC ATLETISMO RUI SILVA | 00:46:45 |
| 250   | 422    | ANIBAL SILVA          | M    | 51    | M5054   | 37 CCRD BURINHOSA          | 00:46:46 |
| 251   | 254    | HENRIQUE ALVAREDO     | M    | 57    | M5559   | 22 C SARGENTO ARMADA       | 00:46:47 |
| 252   | 217    | FERNANDO MARTINS      | M    | 42    | M4044   | 36 INDIVIDUAL              | 00:46:48 |
| 253   | 457    | JOSÉ L L SEQUEIRA     | M    | 67    | M6099   | 12 INDIVIDUAL              | 00:46:49 |
| 254   | 152    | EDUARDO RODRIGUES     | M    | 45    | M4549   | 32 INDIVIDUAL              | 00:46:49 |
| 255   | 82     | JOSE SOUSA            | M    | 55    | M5559   | 23 CR CRUZ PAU             | 00:46:49 |
| 256   | 368    | JOSÉ PAULO            | M    | 18    | M0019   | 15 SC REBOLEIRA DAMAIA     | 00:46:51 |
| 257   | 474    | INÊS SANTOS           | F    | 18    | F0019   | 2 NSTN                     | 00:46:53 |
| 258   | 36     | CARLOS A A DIAS       | M    | 49    | M4549   | 33 INDIVIDUAL              | 00:46:54 |
| 259   | 309    | ALBERTO GRAÇA         | M    | 61    | M6099   | 13 UFCI TOMAR              | 00:46:55 |
| 260   | 522    | NUNO BARATA           | M    | 42    | M4044   | 37 C BENFICA ABRANTES      | 00:46:55 |
| 261   | 565    | JACINTO ROMEIRAS      | M    | 44    | M4044   | 38 TOMAR RUNNERS           | 00:46:56 |
| 262   | 347    | BRUNO M C PEDRO       | M    | 24    | M2034   | 45 INDIVIDUAL              | 00:46:58 |
| 263   | 70     | MARIANA SILVA         | F    | 22    | F2034   | 9 C VETERANOS LIS          | 00:47:00 |
| 264   | 344    | PEDRO LOZANO          | M    | 24    | M2034   | 46 INDIVIDUAL              | 00:47:03 |
| 265   | 205    | CARLOS ALBERTO        | M    | 56    | M5559   | 24 GD INE                  | 00:47:05 |
| 266   | 501    | VITOR SILVA           | M    | 38    | M3539   | 43 UDR ZONA ALTA           | 00:47:09 |
| 267   | 97     | RUI AGUIAR            | M    | 41    | M4044   | 39 GDRC ZAMBUJEIRA S CALVO | 00:47:12 |
| 268   | 560    | PEDRO CABECINHAS      | M    | 37    | M3539   | 44 GAU BAJOUCA             | 00:47:16 |
| 269   | 232    | MANUEL M V CALÇADA    | M    | 46    | M4549   | 34 CA Barreira             | 00:47:17 |
| 270   | 494    | PAULA RODRIGUES       | F    | 46    | F4599   | 6 C BENFICA ABRANTES       | 00:47:18 |

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão | Equipa                          | Tempo    |
|-------|--------|----------------------|------|-------|---------|---------------------------------|----------|
| 271   | 168    | RENATO P F MARQUES   | M    | 46    | M4549   | 35 INDIVIDUAL                   | 00:47:20 |
| 272   | 325    | LÚCIO SERRA          | M    | 55    | M5559   | 25 INDIVIDUAL                   | 00:47:28 |
| 273   | 451    | MÁRIO PINTO          | M    | 35    | M3539   | 45 INDIVIDUAL                   | 00:47:30 |
| 274   | 264    | FRANCISCO L G MOURÃO | M    | 18    | M0019   | 16 TOMAR RUNNERS                | 00:47:34 |
| 275   | 126    | ACÚRCIO MARIA        | M    | 43    | M4044   | 40 SC MOITENSE                  | 00:47:37 |
| 276   | 255    | FRANCISCO CURTINHA   | M    | 57    | M5559   | 26 C SARGENTO ARMADA            | 00:47:38 |
| 277   | 536    | MARCOS SOUSA         | M    | 26    | M2034   | 47                              | 00:47:41 |
| 278   | 12     | LUIS AMARAL          | M    | 49    | M4549   | 36 INDIVIDUAL                   | 00:47:43 |
| 279   | 420    | RUI VENTURA          | M    | 54    | M5054   | 38 CCRD BURINHOSA               | 00:47:44 |
| 280   | 216    | SÍLVIO PAIVA         | M    | 63    | M6099   | 14 FAMILIA PAIVA                | 00:47:48 |
| 281   | 351    | ANTONIO SEROMENHO    | M    | 56    | M5559   | 27 INDIVIDUAL                   | 00:47:50 |
| 282   | 525    | MAURO MOURA          | M    | 36    | M3539   | 46 INDIVIDUAL                   | 00:47:50 |
| 283   | 419    | JOSE RATO            | M    | 56    | M5559   | 28 CCRD BURINHOSA               | 00:47:54 |
| 284   | 276    | PAULO FONSECA        | M    | 50    | M5054   | 39 INDIVIDUAL                   | 00:47:55 |
| 285   | 189    | CARLOS M O MENDES    | M    | 40    | M4044   | 41 INDIVIDUAL                   | 00:47:57 |
| 286   | 549    | CARLOS FELIPE        | M    | 39    | M3539   | 47                              | 00:47:57 |
| 287   | 339    | ISABEL SANTOS        | F    | 45    | F4599   | 7 FF PAZ MUNDIAL                | 00:48:05 |
| 288   | 341    | ARMINDO SANTOS       | M    | 53    | M5054   | 40 FF PAZ MUNDIAL               | 00:48:05 |
| 289   | 114    | PEDRO M SOUSA        | M    | 44    | M4044   | 42 AÇOREANA C BANIF             | 00:48:06 |
| 290   | 516    | JOSÉ C A MACHADO     | M    | 35    | M3539   | 48 PENICHE@CORRER               | 00:48:06 |
| 291   | 513    | MARIO R C ZARRO      | M    | 36    | M3539   | 49 PENICHE@CORRER               | 00:48:06 |
| 292   | 52     | GONÇALO N RODRIGUES  | M    | 40    | M4044   | 43 INDIVIDUAL                   | 00:48:10 |
| 293   | 544    | RUI MARTINS          | M    | 29    | M2034   | 48 A SC V gd                    | 00:48:13 |
| 294   | 74     | JACINTO FERREIRA     | M    | 58    | M5559   | 29 C VETERANOS LIS              | 00:48:13 |
| 295   | 236    | JULIO CRUZ           | M    | 38    | M3539   | 50 INDIVIDUAL                   | 00:48:15 |
| 296   | 198    | VITOR CARDEIRA       | M    | 49    | M4549   | 37 GDR FIGUEIRAS                | 00:48:16 |
| 297   | 453    | ANTONIO COSTA        | M    | 51    | M5054   | 41 C BENFICA ABRANTES           | 00:48:18 |
| 298   | 174    | SANDRA QUINTAS       | F    | 42    | F3544   | 2 OS MATRECOS                   | 00:48:19 |
| 299   | 207    | MIGUEL P BASTOS      | M    | 49    | M4549   | 38 GD INE                       | 00:48:22 |
| 300   | 519    | JOAO F F CONSTANTINO | M    | 39    | M3539   | 51 CA NAZARE                    | 00:48:31 |
| 301   | 564    | RAMIRO RODRIGUES     | M    | 57    | M5559   | 30 GAU BAJOUCA                  | 00:48:31 |
| 302   | 547    | PEDRO SILVA          | M    | 36    | M3539   | 52                              | 00:48:34 |
| 303   | 425    | VITOR MONTEIRO       | M    | 47    | M4549   | 39 CCRD BURINHOSA               | 00:48:37 |
| 304   | 209    | PEDRO CAMPOS         | M    | 38    | M3539   | 53 INDIVIDUAL                   | 00:48:37 |
| 305   | 553    | LUCIA GONÇALVES      | F    | 30    | F2034   | 10                              | 00:48:44 |
| 306   | 477    | ALFREDO SANTOS       | M    | 59    | M5559   | 31 AC VERMOIL                   | 00:48:44 |
| 307   | 482    | ANTONIO SANTOS       | M    | 49    | M4549   | 40 AC VERMOIL                   | 00:48:44 |
| 308   | 436    | DANIEL F H ROBALO    | M    | 29    | M2034   | 49 TEAM IRUN   TOMAR - PORTUGAL | 00:48:45 |
| 309   | 39     | JOSE OLIVEIRA        | M    | 41    | M4044   | 44 PES DE CHUMBO                | 00:48:52 |
| 310   | 263    | LUIS F R M FARCIA    | M    | 47    | M4549   | 41 TOMAR RUNNERS                | 00:48:54 |
| 311   | 577    | PEDRO N C TOME       | M    | 34    | M2034   | 50 INDIVIDUAL                   | 00:48:54 |
| 312   | 181    | JOSÉ PULIDO          | M    | 65    | M6099   | 15 CDR AGUIAS UNIDAS            | 00:48:58 |
| 313   | 575    | GONÇALO REBELO       | M    | 56    | M5559   | 32 GD SÃO DOMINGOS              | 00:49:00 |
| 314   | 187    | ANTÓNIO MAJOR        | M    | 57    | M5559   | 33 TOMAR RUNNERS                | 00:49:03 |
| 315   | 115    | JOÃO J FERNANDES     | M    | 33    | M2034   | 51 AÇOREANA C BANIF             | 00:49:04 |

| Lugar | Dorsal | Atleta                | Sexo | Idade | Escalão | Equipa                         | Tempo    |
|-------|--------|-----------------------|------|-------|---------|--------------------------------|----------|
| 316   | 231    | NUNO BARREIRO         | M    | 41    | M4044   | 45 INDIVIDUAL                  | 00:49:06 |
| 317   | 438    | ORLANDO DUARTE        | M    | 57    | M5559   | 34 INDIVIDUAL                  | 00:49:06 |
| 318   | 91     | RICARDO N D CARMO     | M    | 43    | M4044   | 46 CARACOLTRAIL TEAM           | 00:49:08 |
| 319   | 101    | DIOGO ARRAIAS         | M    | 61    | M6099   | 16 OS ARRAIAS                  | 00:49:10 |
| 320   | 199    | FERNANDO SANTOS       | M    | 54    | M5054   | 42 GDR FIGUEIRAS               | 00:49:23 |
| 321   | 46     | JOÃO CAPÃO            | M    | 44    | M4044   | 47 ESC ATLETISMO RUI SILVA     | 00:49:25 |
| 322   | 243    | LILIANA OLIVEIRA      | F    | 24    | F2034   | 11 GD4C                        | 00:49:25 |
| 323   | 119    | JORGE DE SOUSA        | M    | 40    | M4044   | 48 G CICLOTURISMO BARQUINHENSE | 00:49:26 |
| 324   | 490    | MANUEL SILVA          | M    | 41    | M4044   | 49 C BENFICA ABRANTES          | 00:49:26 |
| 325   | 44     | RICARDO VIEIRA        | M    | 44    | M4044   | 50 ESC ATLETISMO RUI SILVA     | 00:49:27 |
| 326   | 45     | LUÍSA GUERRA          | F    | 44    | F3544   | 3 ESC ATLETISMO RUI SILVA      | 00:49:27 |
| 327   | 576    | ANIBAL CARVALHO       | M    | 63    | M6099   | 17 GD SÃO DOMINGOS             | 00:49:32 |
| 328   | 178    | ANTONIO RIBEIRO       | M    | 65    | M6099   | 18 CDR AGUIAS UNIDAS           | 00:49:38 |
| 329   | 446    | ANTÓNIO Mouro         | M    | 56    | M5559   | 35 INDIVIDUAL                  | 00:49:40 |
| 330   | 278    | VALTER TEIXEIRA       | M    | 46    | M4549   | 42 INDIVIDUAL                  | 00:49:41 |
| 331   | 445    | FERNANDO MOURA        | M    | 53    | M5054   | 43 INDIVIDUAL                  | 00:49:41 |
| 332   | 374    | SANDRA MARTINS        | F    | 41    | F3544   | 4 SC REBOLEIRA DAMAIA          | 00:49:43 |
| 333   | 186    | JOÃO P ALCOBIA        | M    | 44    | M4044   | 51 TOMAR RUNNERS               | 00:49:50 |
| 334   | 461    | RUI ESTANQUEIRO       | M    | 38    | M3539   | 54 UDR ZONA ALTA               | 00:49:52 |
| 335   | 571    | ROSARIO MORGADO       | F    | 40    | F3544   | 5 GD SÃO DOMINGOS              | 00:49:52 |
| 336   | 473    | JOSÉ FONTINHA         | M    | 37    | M3539   | 55 NSTN                        | 00:49:53 |
| 337   | 376    | ACÚRCIO MENDES        | M    | 44    | M4044   | 52 INDIVIDUAL                  | 00:50:00 |
| 338   | 421    | OCTAVIO MARIANO       | M    | 44    | M4044   | 53 CCRD BURINHOSA              | 00:50:07 |
| 339   | 123    | JOSÉ SAPO             | M    | 65    | M6099   | 19 SC MOITENSE                 | 00:50:16 |
| 340   | 34     | PEDRO SERRA           | M    | 41    | M4044   | 54 SAMIPE                      | 00:50:19 |
| 341   | 118    | JOSÉ E M MARIQUITOS   | M    | 53    | M5054   | 44 LR MELHORAMENTOS ORTIGA     | 00:50:19 |
| 342   | 267    | FILIPE A M AUGUSTO    | M    | 35    | M3539   | 56 INDIVIDUAL                  | 00:50:22 |
| 343   | 455    | RODRIGO M S C MARTINS | M    | 40    | M4044   | 55 INDIVIDUAL                  | 00:50:24 |
| 344   | 122    | ANTÓNIO PRIMOR        | M    | 72    | M6099   | 20 SC MOITENSE                 | 00:50:32 |
| 345   | 300    | MANUEL DIAS           | M    | 48    | M4549   | 43 UFCI TOMAR                  | 00:50:39 |
| 346   | 111    | NELSON MOTA           | M    | 44    | M4044   | 56 AÇOREANA C BANIF            | 00:50:44 |
| 347   | 112    | FRANCISCO PEREIRA     | M    | 48    | M4549   | 44 AÇOREANA C BANIF            | 00:50:45 |
| 348   | 320    | JOSÉ SERRA            | M    | 61    | M6099   | 21 UDR ZONA ALTA               | 00:50:55 |
| 349   | 245    | ALEXANDRE V MANIÉS    | M    | 50    | M5054   | 45 INDIVIDUAL                  | 00:50:56 |
| 350   | 77     | FRANCISCO FERRO       | M    | 66    | M6099   | 22 CR CRUZ PAU                 | 00:51:01 |
| 351   | 28     | JOSE ALVES            | M    | 48    | M4549   | 45 OS LAGARTOS                 | 00:51:13 |
| 352   | 252    | MAGNIFICA ALVAREDO    | F    | 60    | F4599   | 8 C SARGENTO ARMADA            | 00:51:15 |
| 353   | 86     | JOAO TOMAS            | M    | 60    | M6099   | 23 CR CRUZ PAU                 | 00:51:16 |
| 354   | 125    | RAUL NEVES            | M    | 62    | M6099   | 24 SC MOITENSE                 | 00:51:18 |
| 355   | 369    | PAULA SILVA           | F    | 41    | F3544   | 6 SC REBOLEIRA DAMAIA          | 00:51:20 |
| 356   | 54     | CARLOS FERREIRA       | M    | 58    | M5559   | 36 ND AUTOCOOPE                | 00:51:20 |
| 357   | 193    | JAIME MESTRE          | M    | 44    | M4044   | 57 INDIVIDUAL                  | 00:51:33 |
| 358   | 507    | JOÃO C L PINTO        | M    | 24    | M2034   | 52 INDIVIDUAL                  | 00:51:35 |
| 359   | 332    | JOANA TEIXEIRA        | F    | 27    | F2034   | 12 INDIVIDUAL                  | 00:51:38 |
| 360   | 333    | JOAQUIM TEIXEIRA      | M    | 60    | M6099   | 25 INDIVIDUAL                  | 00:51:38 |

| Lugar | Dorsal | Atleta               | Sexo | Idade | Escalão | Equipa                         | Tempo    |
|-------|--------|----------------------|------|-------|---------|--------------------------------|----------|
| 361   | 19     | GILBERTO GONÇALVES   | M    | 69    | M6099   | 26 INDIVIDUAL                  | 00:51:38 |
| 362   | 424    | TELMO PEDROSO        | M    | 41    | M4044   | 58 CCRD BURINHOSA              | 00:51:40 |
| 363   | 73     | SILVIA RAQUEL        | F    | 41    | F3544   | 7 C VETERANOS LIS              | 00:51:44 |
| 364   | 71     | CARMEN SOFIA         | F    | 34    | F2034   | 13 C VETERANOS LIS             | 00:51:46 |
| 365   | 488    | JOÃO CALADO          | M    | 38    | M3539   | 57 C BENFICA ABRANTES          | 00:51:49 |
| 366   | 397    | ANTÓNIO PAIXÃO       | M    | 64    | M6099   | 27 CLAC - ENTRONCAMENTO        | 00:51:51 |
| 367   | 147    | ARLINDO MADURO       | M    | 51    | M5054   | 46 TOMAR RUNNERS               | 00:51:54 |
| 368   | 35     | PEDRO BICO           | M    | 46    | M4549   | 46 INDIVIDUAL                  | 00:51:56 |
| 369   | 338    | BERNARDO M C LEITE   | M    | 19    | M0019   | 17 CLUBE ESTRELA VERDE         | 00:52:03 |
| 370   | 349    | PAULO J C ANTÃO      | M    | 45    | M4549   | 47 CLUBE ESTRELA VERDE         | 00:52:08 |
| 371   | 289    | ANA GRACIO           | F    | 29    | F2034   | 14 UFCI TOMAR                  | 00:52:14 |
| 372   | 78     | PAULO FERRO          | M    | 44    | M4044   | 59 CR CRUZ PAU                 | 00:52:15 |
| 373   | 352    | ANDRE CRUZ           | M    | 33    | M2034   | 53 INDIVIDUAL                  | 00:52:16 |
| 374   | 230    | RICARDO BAPTISTA     | M    | 48    | M4549   | 48 TOMAR RUNNERS               | 00:52:20 |
| 375   | 235    | JOAO MAIA            | M    | 37    | M3539   | 58 INDIVIDUAL                  | 00:52:28 |
| 376   | 390    | JOSÉ M SANTOS        | M    | 59    | M5559   | 37 CLAC - ENTRONCAMENTO        | 00:52:36 |
| 377   | 322    | RICARDO MORAIS       | M    | 39    | M3539   | 59 GO RUNNERS                  | 00:52:37 |
| 378   | 163    | MARCO SOARES         | M    | 39    | M3539   | 60 INDIVIDUAL                  | 00:52:40 |
| 379   | 395    | MANUEL MAIA          | M    | 74    | M6099   | 28 CLAC - ENTRONCAMENTO        | 00:52:41 |
| 380   | 213    | VITOR M P LUIS       | M    | 56    | M5559   | 38 INDIVIDUAL                  | 00:52:51 |
| 381   | 98     | MANUEL A L SEQUEIRA  | M    | 64    | M6099   | 29 GDCT REPSOL POLÍMEROS       | 00:52:53 |
| 382   | 493    | ANDREIA JERONIMO     | F    | 19    | F0019   | 3 C BENFICA ABRANTES           | 00:52:54 |
| 383   | 81     | JOSE GONÇALVES       | M    | 73    | M6099   | 30 CR CRUZ PAU                 | 00:52:57 |
| 384   | 336    | GONÇALO N P O CUNHA  | M    | 18    | M0019   | 18 CLUBE ESTRELA VERDE         | 00:52:58 |
| 385   | 105    | ESTELA GONÇALVES     | F    | 37    | F3544   | 8 AA LEBRES SADO               | 00:53:00 |
| 386   | 128    | ANABELA MARIA        | F    | 43    | F3544   | 9 SC MOITENSE                  | 00:53:03 |
| 387   | 355    | MIGUEL MATIAS        | M    | 40    | M4044   | 60 INDIVIDUAL                  | 00:53:03 |
| 388   | 313    | MIGUEL BARRADAS      | M    | 32    | M2034   | 54 INDIVIDUAL                  | 00:53:08 |
| 389   | 495    | ELSA DINIS           | F    | 43    | F3544   | 10 C BENFICA ABRANTES          | 00:53:15 |
| 390   | 179    | MARIO LOPES          | M    | 45    | M4549   | 49 CDR AGUIAS A                | 00:53:16 |
| 391   | 192    | CARLOS SECO          | M    | 54    | M5054   | 47 INDIVIDUAL                  | 00:53:17 |
| 392   | 40     | ANDRÉ DANIEL         | M    | 23    | M2034   | 55 GC BARQUINHENSE             | 00:53:18 |
| 393   | 50     | JOSÉ F CALADO        | M    | 50    | M5054   | 48 G CICLOTURISMO BARQUINHENSE | 00:53:19 |
| 394   | 62     | PEDRO F R M CARREIRA | M    | 40    | M4044   | 61 G CICLOTURISMO BARQUINHENSE | 00:53:20 |
| 395   | 496    | PATRICIA SILVA       | F    | 36    | F3544   | 11 C BENFICA ABRANTES          | 00:53:20 |
| 396   | 371    | PAULA CARDOSO        | F    | 38    | F3544   | 12 SC REBOLEIRA DAMAIA         | 00:53:23 |
| 397   | 448    | ANTÓNIO CARDOSO      | M    | 38    | M3539   | 61 SC REBOLEIRA DAMAIA         | 00:53:23 |
| 398   | 527    | JOANA C ALMEIDA      | F    | 29    | F2034   | 15 INDIVIDUAL                  | 00:53:29 |
| 399   | 268    | RICARDO PEREIRA      | M    | 35    | M3539   | 62 INDIVIDUAL                  | 00:53:31 |
| 400   | 454    | RICARDO MOTA         | M    | 39    | M3539   | 63 MOTAS                       | 00:53:48 |
| 401   | 526    | ANA C FERREIRA       | F    | 28    | F2034   | 16 INDIVIDUAL                  | 00:53:53 |
| 402   | 27     | LUCAS AMARO          | M    | 47    | M4549   | 50 OS LAGARTOS                 | 00:53:54 |
| 403   | 30     | MARCIO PINTO         | M    | 35    | M3539   | 64 OS LAGARTOS                 | 00:53:56 |
| 404   | 399    | NELSON J M RÊGO      | M    | 41    | M4044   | 62 INDIVIDUAL                  | 00:54:06 |
| 405   | 166    | BRUNO M M COSTA      | M    | 33    | M2034   | 56 INDIVIDUAL                  | 00:54:07 |

| Lugar | Dorsal | Atleta                 | Sexo | Idade | Escalão | Equipa                  | Tempo    |
|-------|--------|------------------------|------|-------|---------|-------------------------|----------|
| 406   | 426    | LUIS VIEIRA            | M    | 23    | M2034   | 57 CCRD BURINHOSA       | 00:54:07 |
| 407   | 250    | CATIA CAMARA           | F    | 29    | F2034   | 17 C SARGENTO ARMADA    | 00:54:19 |
| 408   | 102    | SANDRA ARRAIAS         | F    | 33    | F2034   | 18 OS ARRAIAS           | 00:54:28 |
| 409   | 37     | ANTÓNIO M E CORDA      | M    | 47    | M4549   | 51 INDIVIDUAL           | 00:54:32 |
| 410   | 260    | CLÁUDIA M M APARICIO   | F    | 34    | F2034   | 19 INDIVIDUAL           | 00:54:34 |
| 411   | 354    | PAULO ALMEIDA          | M    | 46    | M4549   | 52 CA100CORREMAIS       | 00:54:43 |
| 412   | 29     | JOSE RODRIGUES         | M    | 50    | M5054   | 49 OS LAGARTOS          | 00:54:48 |
| 413   | 257    | FERNANDO OLIVEIRA      | M    | 59    | M5559   | 39 C SARGENTO ARMADA    | 00:54:57 |
| 414   | 164    | JOSE VENTURA           | M    | 55    | M5559   | 40 INDIVIDUAL           | 00:55:06 |
| 415   | 466    | INÊS SANTOS            | F    | 26    | F2034   | 20 CA PATAMEIRAS        | 00:55:13 |
| 416   | 467    | RUTE SANTOS            | F    | 48    | F4599   | 9 CA PATAMEIRAS         | 00:55:14 |
| 417   | 124    | PEDRO CAPELAS          | M    | 45    | M4549   | 53 SC MOITENSE          | 00:55:25 |
| 418   | 514    | MARISA C L FIGUEIREDO  | F    | 41    | F3544   | 13 PENICHE@CORRER       | 00:55:27 |
| 419   | 304    | ANTÓNIO GUILHERME      | M    | 47    | M4549   | 54 UFCI TOMAR           | 00:55:35 |
| 420   | 440    | Mª ROSÁRIO P G GODINHO | F    | 46    | F4599   | 10 CARACOLTRAIL TEAM    | 00:55:46 |
| 421   | 100    | HENRIQUE VILHENA       | M    | 58    | M5559   | 41 INDIVIDUAL           | 00:55:53 |
| 422   | 550    | RUI ALMEIDA            | M    | 30    | M2034   | 58                      | 00:56:01 |
| 423   | 506    | JOÃO CAVALEIRO         | M    | 34    | M2034   | 59 GUMELO RUNNERS       | 00:56:04 |
| 424   | 504    | TELMO MARQUES          | M    | 39    | M3539   | 65 GUMELO RUNNERS       | 00:56:04 |
| 425   | 505    | ANTÓNIO CAVALEIRO      | M    | 25    | M2034   | 60 GUMELO RUNNERS       | 00:56:04 |
| 426   | 303    | ARMANDO MARCOS         | M    | 51    | M5054   | 50 UFCI TOMAR           | 00:56:24 |
| 427   | 272    | JOÃO CUNHA             | M    | 57    | M5559   | 42 CA AMIGOS PARQUE PAZ | 00:56:28 |
| 428   | 269    | JOÃO RESENDE           | M    | 48    | M4549   | 55 INDIVIDUAL           | 00:56:33 |
| 429   | 452    | SÉRGIO CRUZ            | M    | 33    | M2034   | 61 INDIVIDUAL           | 00:56:37 |
| 430   | 570    | TERESA SOUSA           | F    | 40    | F3544   | 14 GD SÃO DOMINGOS      | 00:56:40 |
| 431   | 373    | DIANA VARELA           | F    | 18    | F0019   | 4 SC REBOLEIRA DAMAIA   | 00:56:46 |
| 432   | 131    | JAIME COSTA            | M    | 54    | M5054   | 51 INDIVIDUAL           | 00:56:50 |
| 433   | 569    | NADINE BERNARDINO      | F    | 22    | F2034   | 21 GD SÃO DOMINGOS      | 00:56:57 |
| 434   | 307    | CLARA LOURENÇO         | F    | 42    | F3544   | 15 UFCI TOMAR           | 00:57:04 |
| 435   | 41     | JOÃO P SANTOS          | M    | 39    | M3539   | 66 INDIVIDUAL           | 00:57:15 |
| 436   | 335    | PAULO J C LEITE        | M    | 49    | M4549   | 56 CLUBE ESTRELA VERDE  | 00:57:34 |
| 437   | 512    | VÂNIA A C ZARRO        | F    | 33    | F2034   | 22 PENICHE@CORRER       | 00:57:37 |
| 438   | 582    | JOSE LUIS GONÇALVES    | M    | 39    | M3539   | 67                      | 00:57:37 |
| 439   | 443    | ROBERTO GERARDO        | M    | 33    | M2034   | 62 INDIVIDUAL           | 00:57:40 |
| 440   | 75     | GUIDA SOUSA            | F    | 38    | F3544   | 16 GC BARQUINHENSE      | 00:57:52 |
| 441   | 76     | TO MANEL               | M    | 30    | M2034   | 63 GC BARQUINHENSE      | 00:57:52 |
| 442   | 524    | MARIO M MATOS          | M    | 54    | M5054   | 52 INDIVIDUAL           | 00:57:55 |
| 443   | 381    | CÉLIA VIEIRA           | F    | 37    | F3544   | 17 CATCH ME IF YOU CAN  | 00:57:57 |
| 444   | 33     | SANDRA SERRA           | F    | 40    | F3544   | 18 SAMIPE               | 00:58:01 |
| 445   | 184    | ANTÓNIO CASTANHEIRA    | M    | 38    | M3539   | 68 INDIVIDUAL           | 00:58:04 |
| 446   | 375    | MARLENE OLIVEIRA       | F    | 41    | F3544   | 19 SC REBOLEIRA DAMAIA  | 00:58:27 |
| 447   | 150    | ANA M L MADEIRA        | F    | 26    | F2034   | 23 FM                   | 00:58:29 |
| 448   | 151    | FRANCISCO P V ANTUNES  | M    | 24    | M2034   | 64 FM                   | 00:58:29 |
| 449   | 226    | ANTÓNIO JOAQUIM        | M    | 45    | M4549   | 57 INDIVIDUAL           | 00:58:33 |
| 450   | 155    | LUIS FERREIRA          | M    | 48    | M4549   | 58 URD ARRANHÔ          | 00:58:41 |

| Lugar | Dorsal | Atleta              | Sexo | Idade | Escalão | Equipa                 | Tempo    |
|-------|--------|---------------------|------|-------|---------|------------------------|----------|
| 451   | 156    | GABRIEL ANTONIO     | M    | 51    | M5054   | 53 URD ARRANHÓ         | 00:58:41 |
| 452   | 499    | MARCO SILVA         | M    | 44    | M4044   | 63 CARACOIS DO ASFALTO | 00:58:55 |
| 453   | 500    | PAULO CUNHA         | M    | 40    | M4044   | 64 CARACOIS DO ASFALTO | 00:58:56 |
| 454   | 331    | JOÃO CARRAÇO        | M    | 32    | M2034   | 65 INDIVIDUAL          | 00:58:56 |
| 455   | 134    | ANTÓNIO REYES       | M    | 60    | M6099   | 31 GA MONSANTO/GASCAN  | 00:58:58 |
| 456   | 136    | FRANCISCO PINHEIRO  | M    | 59    | M5559   | 43 GA MONSANTO/GASCAN  | 00:58:58 |
| 457   | 327    | ISABEL SILVA        | F    | 30    | F2034   | 24 INDIVIDUAL          | 00:59:01 |
| 458   | 206    | ELSA SOARES         | F    | 40    | F3544   | 20 GD INE              | 00:59:12 |
| 459   | 144    | HENRIQUE RUAS       | M    | 74    | M6099   | 32 CCD O ALVITEJO      | 00:59:22 |
| 460   | 110    | NUNO E SANTO        | M    | 45    | M4549   | 59 AÇOREANA C BANIF    | 00:59:29 |
| 461   | 109    | SANDRA MARTINS      | F    | 37    | F3544   | 21 AÇOREANA C BANIF    | 00:59:29 |
| 462   | 228    | JOÃO P S LIMA       | M    | 55    | M5559   | 44 4 ao Km             | 00:59:29 |
| 463   | 297    | VITOR MARTO         | M    | 57    | M5559   | 45 UFCI TOMAR          | 00:59:51 |
| 464   | 337    | JOÃO F C LEITE      | M    | 18    | M0019   | 19 CLUBE ESTRELA VERDE | 01:00:04 |
| 465   | 318    | ISABEL BUÉ          | F    | 31    | F2034   | 25 UDR ZONA ALTA       | 01:00:09 |
| 466   | 427    | JOSE SOARES         | M    | 52    | M5054   | 54 CCRD BURINHOSA      | 01:00:16 |
| 467   | 170    | ANA I R ALVES       | F    | 33    | F2034   | 26 TOMAR RUNNERS       | 01:00:18 |
| 468   | 107    | ANTÓNIO GUEDES      | M    | 44    | M4044   | 65 AÇOREANA C BANIF    | 01:00:19 |
| 469   | 108    | SOFIA GUEDES        | F    | 39    | F3544   | 22 AÇOREANA C BANIF    | 01:00:20 |
| 470   | 487    | SERGIO DURAO        | M    | 40    | M4044   | 66 C BENFICA ABRANTES  | 01:00:29 |
| 471   | 515    | MÁRCIO J M MARQUES  | M    | 36    | M3539   | 69 PENICHE@CORRER      | 01:00:40 |
| 472   | 517    | RAFAELA F F VICENTE | F    | 26    | F2034   | 27 PENICHE@CORRER      | 01:00:40 |
| 473   | 330    | PAULO A R OLIVEIRA  | M    | 41    | M4044   | 67 INDIVIDUAL          | 01:00:47 |
| 474   | 84     | RICARDO GASPAR      | M    | 61    | M6099   | 33 CR CRUZ PAU         | 01:00:59 |
| 475   | 229    | EBERHARD A WILHELM  | M    | 67    | M6099   | 34 4 ao Km             | 01:01:01 |
| 476   | 372    | FÁTIMA ABREU        | F    | 64    | F4599   | 11 SC REBOLEIRA DAMAIA | 01:01:05 |
| 477   | 511    | SOFIA AGUIAR        | F    | 44    | F3544   | 23 INDIVIDUAL          | 01:01:57 |
| 478   | 59     | DULCE LACERDA       | F    | 39    | F3544   | 24 INDIVIDUAL          | 01:02:42 |
| 479   | 60     | ROGÉRIO LAVOS       | M    | 42    | M4044   | 68 INDIVIDUAL          | 01:02:42 |
| 480   | 63     | SÓNIA R P ALEXANDRE | F    | 35    | F3544   | 25 INDIVIDUAL          | 01:02:42 |
| 481   | 58     | RITA LAVOS          | F    | 36    | F3544   | 26 INDIVIDUAL          | 01:02:42 |
| 482   | 89     | SANDRINA J SOUSA    | F    | 22    | F2034   | 28 INDIVIDUAL          | 01:02:52 |
| 483   | 275    | MARISA MADUREIRA    | F    | 41    | F3544   | 27 INDIVIDUAL          | 01:02:53 |
| 484   | 377    | HUGO FERREIRA       | M    | 36    | M3539   | 70 INDIVIDUAL          | 01:02:54 |
| 485   | 88     | SERGIO C P SALGADO  | M    | 24    | M2034   | 66 INDIVIDUAL          | 01:02:55 |
| 486   | 439    | RUI NUNES           | M    | 33    | M2034   | 67 FORASTEIROS         | 01:03:07 |
| 487   | 312    | JOANA EMÍDIO        | F    | 35    | F3544   | 28 INDIVIDUAL          | 01:03:07 |
| 488   | 311    | MARTA EMÍDIO        | F    | 32    | F2034   | 29 INDIVIDUAL          | 01:03:09 |
| 489   | 581    | ANA PAULA MARTINS   | F    | 46    | F4599   | 12                     | 01:03:29 |
| 490   | 103    | ANTÓNIO PINHO       | M    | 62    | M6099   | 35 AA LEBRES SADO      | 01:03:48 |
| 491   | 79     | JOSE MONIZ          | M    | 66    | M6099   | 36 CR CRUZ PAU         | 01:03:51 |
| 492   | 573    | ANDRE DAMAS         | M    | 26    | M2034   | 68 GD SÃO DOMINGOS     | 01:04:03 |
| 493   | 542    | RITA COELHO         | F    | 35    | F3544   | 29                     | 01:04:34 |
| 494   | 266    | HELDER POMBO        | M    | 43    | M4044   | 69 INDIVIDUAL          | 01:04:36 |
| 495   | 265    | LUIS LEITAO         | M    | 43    | M4044   | 70 INDIVIDUAL          | 01:04:37 |

| Lugar | Dorsal | Atleta             | Sexo | Idade | Escalão | Equipa                 | Tempo    |
|-------|--------|--------------------|------|-------|---------|------------------------|----------|
| 496   | 18     | JOHNNY THOMASSEN   | M    | 54    | M5054   | 55 INDIVIDUAL          | 01:04:50 |
| 497   | 23     | MARIA DE SÃO JOÃO  | F    | 62    | F4599   | 13 INDIVIDUAL          | 01:05:05 |
| 498   | 106    | FREDERICO A ROMÃO  | M    | 37    | M3539   | 71 INDIVIDUAL          | 01:05:06 |
| 499   | 350    | ALEXANDRE B ANTÃO  | M    | 18    | M0019   | 20 CLUBE ESTRELA VERDE | 01:05:17 |
| 500   | 497    | MAFALDA MATOS      | F    | 36    | F3544   | 30 INDIVIDUAL          | 01:05:34 |
| 501   | 498    | PAULO CALADO       | M    | 39    | M3539   | 72 INDIVIDUAL          | 01:05:34 |
| 502   | 346    | SANDRA C R DIAS    | F    | 24    | F2034   | 30 INDIVIDUAL          | 01:05:40 |
| 503   | 328    | RITA ROSA          | F    | 37    | F3544   | 31 INDIVIDUAL          | 01:05:48 |
| 504   | 383    | PAULO SILVA        | M    | 36    | M3539   | 73 CATCH ME IF YOU CAN | 01:06:09 |
| 505   | 201    | MANUEL BRAS        | M    | 57    | M5559   | 46 GDR FIGUEIRAS       | 01:06:49 |
| 506   | 380    | ÂNGELA PIMENTA     | F    | 41    | F3544   | 32 CATCH ME IF YOU CAN | 01:07:15 |
| 507   | 116    | ANA CANAVEIRA      | F    | 48    | F4599   | 14 AÇOREANA C BANIF    | 01:07:21 |
| 508   | 251    | MARIA ADELAIDE     | F    | 58    | F4599   | 15 C SARGENTO ARMADA   | 01:07:24 |
| 509   | 140    | VITOR RODRIGUES    | M    | 47    | M4549   | 60 CCD O ALVITEJO      | 01:08:39 |
| 510   | 139    | ELISABETE ÁGUAS    | F    | 49    | F4599   | 16 CCD O ALVITEJO      | 01:08:40 |
| 511   | 277    | NATÁLIA LIMA       | F    | 66    | F4599   | 17 CR CRUZ PAU         | 01:08:45 |
| 512   | 57     | JOAO GRAÇA         | M    | 75    | M6099   | 37 ND AUTOCOOPE        | 01:08:45 |
| 513   | 24     | CLAUDIA G BARREIRO | F    | 33    | F2034   | 31 INDIVIDUAL          | 01:08:47 |
| 514   | 382    | FILIPA LOPES       | F    | 40    | F3544   | 33 CATCH ME IF YOU CAN | 01:09:47 |
| 515   | 509    | CARLA ANICETO      | F    | 43    | F3544   | 34 INDIVIDUAL          | 01:09:55 |
| 516   | 220    | RITA POMBO         | F    | 39    | F3544   | 35 INDIVIDUAL          | 01:09:56 |
| 517   | 534    | MARTASERRA         | F    | 25    | F2034   | 32                     | 01:10:23 |
| 518   | 535    | PEDRO CARREIA      | M    | 26    | M2034   | 69                     | 01:10:23 |
| 519   | 80     | AGAPITO BELGA      | M    | 64    | M6099   | 38 CR CRUZ PAU         | 01:11:22 |
| 520   | 258    | ANTONIO NUNES      | M    | 75    | M6099   | 39 C SARGENTO ARMADA   | 01:12:26 |
| 521   | 256    | ALBANO GINJA       | M    | 59    | M5559   | 47 C SARGENTO ARMADA   | 01:12:26 |
| 522   | 130    | CLAUDIA RATO       | F    | 35    | F3544   | 36 INDIVIDUAL          | 01:12:46 |
| 523   | 543    | JOAQUIMARAUAO      | M    | 70    | M6099   | 40 SC REB              | 01:13:58 |
| 524   | 72     | JOSE CARREIRA      | M    | 68    | M6099   | 41 C VETERANOS LIS     | 01:18:23 |
| 525   | 68     | JOSE CLARO         | M    | 69    | M6099   | 42 C VETERANOS LIS     | 01:19:34 |
| 526   | 171    | JOÃO MACHADO       | M    | 53    | M5054   | 56 OS MATRECOS         | 01:20:31 |