

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
1	460	ANDRALINO FURTADO	M	23	M0034	1	SPORTING CP	00:32:52	00:32:50
2	459	LUIS COELHO	M	43	M4044	1	GD REBOLEIRA	00:33:19	00:33:17
3	338	JOSÉ ESTRANGEIRO	M	27	M0034	2	ATLÉTICO CP	00:33:52	00:33:51
4	327	EGÉNIO NETO	M	53	M5054	1	GDR REBOLEIRA	00:34:05	00:34:03
5	306	PEDRO RIBEIRO	M	24	M0034	3	TIMERUNNERS/SADOPOST	00:34:53	00:34:49
6	452	JOSE JOAO SANTOS	M	22	M0034	4		00:34:56	00:34:54
7	463	BRUNO FRAGA	M	38	M3539	1	GDR REBOLEIRA	00:34:58	00:34:58
8	328	JOSÉ INÁCIO	M	50	M5054	2	GDR REBOLEIRA	00:34:58	00:34:56
9	329	JOSÉ ANTUNES	M	49	M4549	1	GDR REBOLEIRA	00:35:16	00:35:14
10	50	NUNO SILVA	M	34	M0034	5	CAA BELÉM	00:35:25	00:35:23
11	316	DIOGO L RAMALHEIRA	M	28	M0034	6	INDIVIDUAL	00:35:33	00:35:31
12	65	JOÃO CALDEIRA	M	54	M5054	3	LINDA-A-PASTORA SC	00:36:15	00:36:12
13	288	MARCOS O S ESTRELA	M	22	M0034	7	GD ESTORIL PRAIA	00:36:17	00:36:15
14	194	RUI HENRIQUES	M	36	M3539	2	SS MONTEPIO GERAL	00:36:45	00:36:42
15	429	ARTUR OLIVEIRA	M	43	M4044	2	C BENFICA ALG M MARTINS	00:37:06	00:37:03
16	106	LEONARDO COELHO	M	20	M0034	8	RUNLOVERS	00:37:11	00:36:52
17	430	HENRIQUE JOANICO	M	37	M3539	3	C BENFICA ALG M MARTINS	00:37:11	00:37:09
18	215	NUNO SOARES	M	34	M0034	9	CORRER LISBOA	00:37:25	00:37:22
19	227	PEDRO M V RODRIGUES	M	25	M0034	10	CD MOVIMENTO	00:37:30	00:37:22
20	399	NELSON CASANOVA	M	32	M0034	11	C BENFICA ALG M MARTINS	00:38:03	00:38:00
21	330	JORGE CORREIA	M	44	M4044	3	GDR REBOLEIRA	00:38:37	00:38:35
22	289	RODRIGO GUERRA	M	40	M4044	4	INDIVIDUAL	00:38:42	00:38:38
23	291	NUNO COUTO	M	40	M4044	5	GRFH IMPORTAÇÃO E EXPORTAÇÃO	00:38:51	00:38:46
24	450	BRUNO DIAS	M	39	M3539	4	INDIVIDUAL	00:38:57	00:38:55
25	400	CARLOS PINHO	M	31	M0034	12	C BENFICA ALG M MARTINS	00:39:20	00:39:20
26	40	MÁRIO SÁ	M	36	M3539	5	TREINO PER C/MÁRIO SÁ	00:39:26	00:39:21
27	325	PEDRO COSTA	M	47	M4549	2	BEJA AC	00:39:37	00:39:33
28	397	JORGE PINHO	M	40	M4044	6	C BENFICA ALG M MARTINS	00:39:40	00:39:37
29	208	PAULO GOMES	M	33	M0034	13	INDIVIDUAL	00:39:42	00:39:36
30	36	PEDRO MARQUES	M	46	M4549	3	INDIVIDUAL	00:39:44	00:39:44
31	15	FERNANDO VICENTE	M	50	M5054	4	INDIVIDUAL	00:40:04	00:40:01
32	334	JOSE MARCELINO	M	53	M5054	5	CD ESTRELA	00:40:23	00:40:23
33	272	NUNO F LINO	M	35	M3539	6	SERBENFIQUISTA	00:40:36	00:40:31
34	342	HELIO MARTINS	M	29	M0034	14	INDIVIDUAL	00:40:47	00:40:40
35	396	LUIS ALVES	M	46	M4549	4	C BENFICA ALG M MARTINS	00:40:53	00:40:51
36	33	JORGE AMARAL	M	47	M4549	5	AMINHACORRIDA/ KALENJI	00:40:57	00:40:53
37	311	MÁRIO ZORRO	M	40	M4044	7	INDIVIDUAL	00:41:01	00:40:56
38	256	JOSE ESTEVES	M	50	M5054	6	TARTARUGAS SOLIDÁRIAS	00:41:03	00:40:58
39	480	ORLANDO CORREIA	M	44	M4044	8	ABC CAMPOLIDE	00:41:06	00:41:02
40	283	PETER STEINHAUSEN	M	63	M6099	1	INDIVIDUAL	00:41:07	00:41:05
41	174	ANDRÉ QUARENTA	M	45	M4549	6	AÇOREANA	00:41:09	00:41:06
42	438	PEDRO CARRASQUEIRA	M	35	M3539	7	C BENFICA ALG M MARTINS	00:41:23	00:41:17
43	435	IOAN MARIUS	M	33	M0034	15	C BENFICA ALG M MARTINS	00:41:25	00:41:22
44	407	LUIS M OLIVEIRA	M	45	M4549	7	C BENFICA ALG M MARTINS	00:41:37	00:41:30
45	395	LUCILIA SOARES	F	54	F4554	1	INDIVIDUAL	00:41:44	00:41:42

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
46	443	RUI CASTILHO	M	21	M0034	16	C BENFICA ALG M MARTINS	00:41:46	00:41:43
47	261	SÉRGIO N M O NUNES	M	41	M4044	9	CARAP AUS CORRIDA	00:41:50	00:41:48
48	410	HELDER MARTINS	M	46	M4549	8	C BENFICA ALG M MARTINS	00:42:14	00:42:07
49	49	EDGAR A S TRIGO	M	46	M4549	9	INDIVIDUAL	00:42:17	00:42:13
50	232	JOAO VILAS	M	32	M0034	17	INDIVIDUAL	00:42:26	00:42:21
51	432	JOAO GRILO	M	28	M0034	18	C BENFICA ALG M MARTINS	00:42:26	00:42:22
52	347	ROBERTO GLORIA	M	26	M0034	19	INDIVIDUAL	00:42:26	00:42:26
53	263	RUI PEREIRA	M	51	M5054	7	ESC SEC FERREIRA DIAS	00:42:35	00:42:32
54	408	MARCELO OLIVEIRA	M	27	M0034	20	C BENFICA ALG M MARTINS	00:42:37	00:42:33
55	441	JOAO SOARES	M	62	M6099	2	C BENFICA ALG M MARTINS	00:42:43	00:42:39
56	374	FERNANDO LOPES	M	45	M4549	10	AD REAL ACADEMIA	00:42:52	00:42:49
57	356	CARLOS MENDES	M	50	M5054	8	GIMNOANIMA	00:42:57	00:42:54
58	434	JOAO PEREIRA	M	37	M3539	8	C BENFICA ALG M MARTINS	00:43:01	00:42:57
59	350	DARIO MARREIROS	M	27	M0034	21	INDIVIDUAL	00:43:02	00:42:45
60	415	ANTONIO ANGELINO	M	47	M4549	11	C BENFICA ALG M MARTINS	00:43:07	00:42:58
61	30	CARLOS M MARQUES	M	37	M3539	9	INDIVIDUAL	00:43:18	00:42:57
62	359	JOÃO SANTOS	M	56	M5559	1	GIMNOANIMA	00:43:23	00:43:20
63	373	ANTÓNIO VILELA	M	46	M4549	12	AD REAL ACADEMIA	00:43:25	00:43:17
64	204	JOAO C M P GRANJA	M	43	M4044	10	INDIVIDUAL	00:43:34	00:43:28
65	89	JOSE M S R GOMES	M	55	M5559	2	INDIVIDUAL	00:43:43	00:43:31
66	287	PEDRO M R C LIMA	M	49	M4549	13	INDIVIDUAL	00:43:47	00:43:42
67	54	CARLOS JESUS	M	41	M4044	11	O MUNDO DA CORRIDA	00:43:49	00:43:38
68	170	VIRGILIO MADEIRA	M	56	M5559	3	AÇOREANA	00:43:55	00:43:42
69	177	FÁBIO MOÇO	M	24	M0034	22	INDIVIDUAL	00:43:56	00:43:51
70	85	FERNANDO CARREIRO	M	54	M5054	9	REST O CARTAXEIRO	00:43:56	00:43:48
71	116	FÚLVIO ESTEVES	M	37	M3539	10	4 RUNNERS	00:43:59	00:43:50
72	405	JOSE INOCENCIO	M	63	M6099	3	C BENFICA ALG M MARTINS	00:44:11	00:44:04
73	35	VITOR M R JORGE	M	53	M5054	10	AMINHACORRIDA/ KALENJI	00:44:13	00:44:08
74	157	LEONEL SELEIRO	M	58	M5559	4	AA AGUALVA	00:44:13	00:44:04
75	458	PAULO SILVA	M	39	M3539	11	C BENFICA ALG M MARTINS	00:44:14	00:44:10
76	201	JOAQUIM FRADE	M	60	M6099	4	SS CGD	00:44:17	00:44:08
77	117	CARLOS CONCEIÇÃO	M	35	M3539	12	4 RUNNERS	00:44:21	00:44:12
78	428	JOAO GASPAR	M	27	M0034	23	C BENFICA ALG M MARTINS	00:44:37	00:44:34
79	164	DIAMANTINO NUNO	M	39	M3539	13	INDIVIDUAL	00:44:45	00:44:30
80	343	RICARDO D LEITAO	M	39	M3539	14	BOELAS TEAM	00:44:56	00:44:33
81	37	SÉRGIO PIRES	M	40	M4044	12	INDIVIDUAL	00:44:56	00:44:47
82	160	FRANCISCO PESSOA	M	42	M4044	13	AA AGUALVA	00:44:58	00:44:48
83	457	ALBERTO DOMINGUES	M	43	M4044	14	TAEBAEK	00:44:58	00:44:48
84	275	JOAO CALDAS	M	50	M5054	11	ND AUTOCOOPE	00:45:02	00:44:58
85	128	ANTÓNIO MACHADO	M	45	M4549	14	INDIVIDUAL	00:45:04	00:44:49
86	141	FERNANDO ANACLETO	M	64	M6099	5	INDIVIDUAL	00:45:07	00:44:59
87	83	MIGUEL T SOUSA	M	40	M4044	15	C COLAB AXA	00:45:10	00:45:03
88	456	JOSE MACHADO	M	44	M4044	16		00:45:14	00:45:07
89	303	JOSÉ FERNANDES	M	36	M3539	15	INDIVIDUAL	00:45:17	00:45:07
90	78	ANDRÉ FDIAS	M	28	M0034	24	C COLAB AXA	00:45:17	00:45:09

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
91	189	JOSE GUERREIRO	M	58	M5559	5	SS MONTEPIO GERAL	00:45:25	00:45:16
92	422	VICENTE ALCOBIA	M	61	M6099	6	C BENFICA ALG M MARTINS	00:45:37	00:45:32
93	115	CARLOS PORTELA	M	44	M4044	17	4 RUNNERS	00:45:38	00:45:30
94	365	GABRIEL HENRIQUES	M	21	M0034	25	AD REAL ACADEMIA	00:45:39	00:45:29
95	403	CARLOS OLEASTRO	M	52	M5054	12	C BENFICA ALG M MARTINS	00:45:40	00:45:40
96	178	JOÃO L G BOGALHEIRO	M	46	M4549	15	A VALE SILENCIO	00:45:40	00:45:30
97	420	NARCISO SA	M	50	M5054	13	C BENFICA ALG M MARTINS	00:45:41	00:45:36
98	253	PEDRO FREITAS	M	41	M4044	18	FALCOES SELVAGENS	00:45:42	00:45:28
99	259	NUNO CALISTO	M	26	M0034	26	INDIVIDUAL	00:45:47	00:45:24
100	61	JOSÉ REIS	M	62	M6099	7	INDIVIDUAL	00:45:56	00:45:46
101	39	RICARDO AMARAL	M	27	M0034	27	INDIVIDUAL	00:45:56	00:45:53
102	246	JOSÉ PINTO	M	53	M5054	14	INDIVIDUAL	00:45:58	00:45:58
103	68	PEDRO CARDOSO	M	42	M4044	19	INDIVIDUAL	00:45:59	00:45:47
104	315	CARLOS SILVA	M	52	M5054	15	CCD Crédito Agrícola Mútuo	00:46:02	00:45:42
105	166	EDUARDO LUÍS	M	38	M3539	16	ATÓMICOS	00:46:07	00:45:54
106	146	CARLOS S GONÇALVES	M	44	M4044	20	INDIVIDUAL	00:46:11	00:46:08
107	436	HUGO BORGES	M	33	M0034	28	C BENFICA ALG M MARTINS	00:46:13	00:46:07
108	169	JOÃO MELO	M	29	M0034	29	AÇOREANA	00:46:15	00:46:01
109	118	PAULO M ALVES	M	45	M4549	16	INDIVIDUAL	00:46:16	00:45:54
110	209	INÊS PEIXOTO	F	36	F3544	1	INDIVIDUAL	00:46:18	00:46:12
111	419	RUI EMIDIO	M	59	M5559	6	C BENFICA ALG M MARTINS	00:46:22	00:46:17
112	437	ANATOLIE NEGRAI	M	51	M5054	16	C BENFICA ALG M MARTINS	00:46:26	00:46:20
113	353	JOSE PITA	M	51	M5054	17		00:46:39	00:46:29
114	114	LUÍS MACEDO	M	45	M4549	17	4 RUNNERS	00:46:39	00:46:30
115	462	PEDRO LUIS	M	25	M0034	30	MERCEDES	00:46:42	00:46:34
116	122	DIOGO HENRIQUES	M	19	M0034	31	INDIVIDUAL	00:46:47	00:46:47
117	218	LUIS FERREIRA	M	49	M4549	18	URD ARRANHÒ	00:46:48	00:46:44
118	60	ALEXANDRE VIEGAS	M	36	M3539	17	INDIVIDUAL	00:46:50	00:46:40
119	277	JUVENAL MOREIRA	M	51	M5054	18	ND AUTOCOOPE	00:46:56	00:46:56
120	104	FERNANDO CELESTINO	M	57	M5559	7	AÇOREANA	00:46:57	00:46:47
121	331	NUNO BOGALHEIRO	M	43	M4044	21	A VALE SILENCIO	00:46:57	00:46:47
122	440	JOSE ALVES	M	66	M6099	8	C BENFICA ALG M MARTINS	00:46:59	00:46:53
123	439	RICARDO SERGIO	M	39	M3539	18	C BENFICA ALG M MARTINS	00:47:08	00:47:02
124	333	MARCO SILVA	M	35	M3539	19	INDIVIDUAL	00:47:14	00:47:11
125	216	FILIFE BRANCO	M	46	M4549	19	URD ARRANHÒ	00:47:19	00:47:02
126	217	EDGAR FRANCISCO	M	50	M5054	19	URD ARRANHÒ	00:47:20	00:47:04
127	243	NUNO SERRA	M	39	M3539	20	ENERGY FITNESS CLUB	00:47:32	00:47:10
128	381	GILSON DUARTE	M	24	M0034	32	BV ALG M MARTINS	00:47:33	00:47:29
129	448	AGOSTINHO CRISTINO	M	67	M6099	9	C BENFICA ALG M MARTINS	00:47:35	00:47:33
130	431	EDUARDO GRILO	M	58	M5559	8	C BENFICA ALG M MARTINS	00:47:43	00:47:37
131	161	MANUEL RODRIGUES	M	57	M5559	9	AA AGUALVA	00:47:47	00:47:37
132	14	PAULO A R NUNES	M	42	M4044	22	INDIVIDUAL	00:47:49	00:47:42
133	299	CARLOS TEIXEIRA	M	55	M5559	10	LEBRES E TARTARUGAS	00:47:51	00:47:34
134	352	TIAGO CRUZ	M	33	M0034	33	GIMNOANIMA	00:47:56	00:47:40
135	47	ANA MARTINS	F	50	F4554	2	LA CONSULTORES	00:48:05	00:48:01

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
136	46	LUIS AMARAL	M	49	M4549	20	LA CONSULTORES	00:48:05	00:48:00
137	163	NUNO M S CORDEIRO	M	40	M4044	23	INDIVIDUAL	00:48:06	00:47:55
138	224	PEDRO SINGEIS	M	45	M4549	21	INDIVIDUAL	00:48:08	00:48:01
139	158	BERNARDO GRADISSIMO	M	57	M5559	11	AA AGUALVA	00:48:17	00:48:17
140	105	JOÃO LEITÃO	M	45	M4549	22	RUNLOVERS	00:48:21	00:47:59
141	29	MIGUEL CASTELA	M	45	M4549	23	AA LEBRES SADO	00:48:28	00:48:06
142	305	LUIS ALMEIDA	M	42	M4044	24	GUP GRALHAS	00:48:28	00:48:10
143	185	EURICO LOUREIRO	M	35	M3539	21	SS MONTEPIO GERAL	00:48:31	00:48:20
144	159	ALBERTO FERNANDES	M	62	M6099	10	AA AGUALVA	00:48:32	00:48:20
145	41	CLÁUDIA FUSTIGA	F	36	F3544	2	TREINO PER C/MÁRIO SÁ	00:48:32	00:48:26
146	245	JOÃO J FERNANDES	M	34	M0034	34	INDIVIDUAL	00:48:33	00:48:20
147	312	RUI MATOS	M	38	M3539	22	MERCEDES	00:48:34	00:48:27
148	69	HUGO EVARISTO	M	31	M0034	35	100FOBIAS	00:48:45	00:48:28
149	91	JOSÉ R L F M FERNANDES	M	37	M3539	23	RUN AZORES	00:48:46	00:48:27
150	341	IVAN RAMOS	M	32	M0034	36	INDIVIDUAL	00:48:50	00:48:29
151	108	SANDRO PINTO	M	40	M4044	25	RUNLOVERS	00:48:53	00:48:53
152	426	JOSE OLIVEIRA	M	61	M6099	11	C BENFICA ALG M MARTINS	00:48:55	00:48:44
153	332	TIAGO BALEIZA	M	25	M0034	37	INDIVIDUAL	00:48:58	00:48:38
154	320	MANUEL FONSECA	M	52	M5054	20	ABC CAMPOLIDE	00:49:09	00:49:04
155	309	LUÍS LEÃO	M	37	M3539	24	STANLEY SECURITY	00:49:10	00:48:49
156	62	RICARDO SOUSA	M	28	M0034	38	INDIVIDUAL	00:49:14	00:49:14
157	200	JOAO HENRIQUES	M	41	M4044	26	SS CGD	00:49:15	00:49:02
158	412	ANABELA FERREIRA	F	46	F4554	3	C BENFICA ALG M MARTINS	00:49:15	00:49:15
159	349	NELSON PESTANA	M	28	M0034	39	INDIVIDUAL	00:49:21	00:49:21
160	248	JOAO JACINTO	M	35	M3539	25	TARTARUGAS SOLIDÁRIAS	00:49:22	00:49:07
161	75	JOSÉ HENRIQUES	M	47	M4549	24	INDIVIDUAL	00:49:24	00:49:11
162	67	PAULO LAGARTO	M	40	M4044	27	INDIVIDUAL	00:49:24	00:49:03
163	19	PEDRO BARROSO	M	34	M0034	40	FISIOBARROSORUN	00:49:26	00:49:17
164	207	JOSÉ AMARAL	M	43	M4044	28	INDIVIDUAL	00:49:27	00:49:11
165	394	RODRIGO SERRA	M	39	M3539	26	MEM MARTINS SC	00:49:30	00:49:12
166	129	NUNO BERTON	M	44	M4044	29	INDIVIDUAL	00:49:30	00:49:14
167	140	IDALÉCIO BARROS	M	61	M6099	12	INDIVIDUAL	00:49:33	00:49:25
168	82	MIGUEL F ESTEVES	M	32	M0034	41	C COLAB AXA	00:49:35	00:49:27
169	367	JOSÉ HENRIQUES	M	44	M4044	30	AD REAL ACADEMIA	00:49:36	00:49:27
170	79	ANTÓNIO R PEREIRA	M	53	M5054	21	C COLAB AXA	00:49:37	00:49:30
171	453	SOLEDADE PEREIRA	F	49	F4554	4		00:49:43	00:49:33
172	229	VALTER R M L N SANTOS	M	26	M0034	42	INDIVIDUAL	00:49:44	00:49:20
173	176	FAUSTO ISAAC	M	46	M4549	25	AÇOREANA	00:49:44	00:49:33
174	154	NUNO VENTURA	M	42	M4044	31	GÁ MONSANTO GASCAN	00:49:45	00:49:32
175	369	MAFALDA MACHADO	F	36	F3544	3	AD REAL ACADEMIA	00:49:45	00:49:35
176	421	JORGE MIRANDA	M	48	M4549	26	C BENFICA ALG M MARTINS	00:49:48	00:49:31
177	38	RUI PROENÇA	M	39	M3539	27	INDIVIDUAL	00:49:48	00:49:24
178	34	TINA OLIVEIRA	F	51	F4554	5	AMINHACORRIDA/ KALENJI	00:49:55	00:49:51
179	26	ANTÓNIO J VARELA	M	50	M5054	22	INDIVIDUAL	00:49:55	00:49:49
180	375	JOAQUIM LEONARDO	M	43	M4044	32	BV ALG M MARTINS	00:50:00	00:50:00

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
181	214	JOSÉ VAZ	M	57	M5559	12	CLUBE ANACOM	00:50:02	00:49:54
182	391	JOSE FERREIRA	M	59	M5559	13	MEM MARTINS SC	00:50:05	00:49:48
183	11	FILIPE ALMEIDA	M	36	M3539	28	100FOBIAS	00:50:07	00:49:46
184	21	NUNO NUNES	M	41	M4044	33	CCD-AT	00:50:07	00:50:07
185	449	JOSE B FERNANDES	M	65	M6099	13	C BENFICA ALG M MARTINS	00:50:08	00:49:49
186	186	JAIME GOMES	M	59	M5559	14	SS MONTEPIO GERAL	00:50:09	00:49:57
187	74	JOSÉ RODRIGUES	M	46	M4549	27	INDIVIDUAL	00:50:15	00:50:03
188	336	JOAQUIM CARDOSO	M	43	M4044	34	INDIVIDUAL	00:50:20	00:50:01
189	358	ORLANDO MARTINS	M	60	M6099	14	GIMNOANIMA	00:50:22	00:50:08
190	357	JOÃO SANCHES	M	53	M5054	23	GIMNOANIMA	00:50:22	00:50:07
191	406	CARLOS SILVA	M	50	M5054	24	C BENFICA ALG M MARTINS	00:50:22	00:50:08
192	454	CATARINA FERNANDES	F	18	F0034	1	INDIVIDUAL	00:50:23	00:50:11
193	119	EURICO GOMES	M	53	M5054	25	ADCR PJ	00:50:26	00:50:14
194	363	DAVID KARIM	M	37	M3539	29	AD REAL ACADEMIA	00:50:37	00:50:16
195	97	RUI BRITO	M	36	M3539	30	MERCEDES	00:50:40	00:50:33
196	416	ALEXANDRE REIS	M	55	M5559	15	C BENFICA ALG M MARTINS	00:50:45	00:50:34
197	27	PAULO GONÇALVES	M	37	M3539	31	INDIVIDUAL	00:50:46	00:50:30
198	252	MIGUEL CARVALHO	M	19	M0034	43	FALCOES SELVAGENS	00:50:51	00:50:38
199	401	ANTONIO BOGAS	M	49	M4549	28	C BENFICA ALG M MARTINS	00:50:58	00:50:43
200	197	BRUNO DIAS	M	39	M3539	32	SS CGD	00:51:06	00:50:58
201	132	ANTONIO C NOVAS	M	37	M3539	33	INDIVIDUAL	00:51:07	00:50:42
202	300	CARLOS GONÇALVES	M	59	M5559	16	LEBRES E TARTARUGAS	00:51:12	00:50:54
203	203	ORLINDO FIGUEIREDO	M	67	M6099	15	SS CGD	00:51:26	00:51:24
204	220	PAULO TOMÁS	M	43	M4044	35	URD ARRANHÔ	00:51:28	00:51:11
205	295	ANDRÉ LEITÃO	M	33	M0034	44	INDIVIDUAL	00:51:29	00:51:22
206	294	JOÃO CANINHAS	M	40	M4044	36	INDIVIDUAL	00:51:29	00:51:22
207	179	RAÚL COSTA	M	55	M5559	17	CLUBE ROBBIALAC	00:51:31	00:51:26
208	48	MARIA NETO	F	43	F3544	4	LA CONSULTORES	00:51:31	00:51:26
209	313	RUI MELO	M	44	M4044	37	CCD Crédito Agrícola Mútuo	00:51:35	00:51:17
210	314	MIGUEL VINAGRE	M	40	M4044	38	CCD Crédito Agrícola Mútuo	00:51:36	00:51:17
211	235	GONÇALO GARCIA	M	35	M3539	34	INDIVIDUAL	00:51:39	00:51:33
212	183	NUNO FERREIRA	M	35	M3539	35	INDIVIDUAL	00:51:40	00:51:20
213	445	JOAQUIM NEIVA	M	72	M6099	16	C BENFICA ALG M MARTINS	00:51:41	00:51:28
214	162	FERNANDO M R F OLIVEIRA	M	48	M4549	29	INDIVIDUAL	00:51:43	00:51:25
215	188	JOAO P CATARINO	M	19	M0034	45	SS MONTEPIO GERAL	00:51:47	00:51:34
216	23	CARLOS MORAIS	M	50	M5054	26	INDIVIDUAL	00:51:49	00:51:30
217	230	MAURO MACHADO	M	33	M0034	46	INDIVIDUAL	00:51:52	00:51:28
218	135	ANTÓNIO SANTINHOS	M	46	M4549	30	LFMOTORS	00:51:59	00:51:33
219	362	CARLOS NEVES	M	63	M6099	17	AD REAL ACADEMIA	00:52:02	00:51:46
220	73	PAULA MACHADO	F	61	F5599	1	INDIVIDUAL	00:52:07	00:51:47
221	447	MARCO GOUVEIA	M	62	M6099	18	C BENFICA ALG M MARTINS	00:52:11	00:51:43
222	102	NUNO MATIAS	M	40	M4044	39	MERCEDES	00:52:13	00:51:57
223	28	JOÃO FIALHO	M	37	M3539	36	CCD-AT	00:52:14	00:52:02
224	223	CARLOS GUERRA	M	44	M4044	40	INDIVIDUAL	00:52:17	00:52:10
225	317	NEVES SILVA	M	63	M6099	19	C FERROV PORTUGAL	00:52:18	00:52:09

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
226	318	DAVID PALMEIRO	M	50	M5054	27	ABC CAMPOLIDE	00:52:20	00:52:16
227	22	PAULO ISMÉNIO	M	40	M4044	41	INDIVIDUAL	00:52:22	00:51:58
228	42	ALBERTO P CABO	M	47	M4549	31	INDIVIDUAL	00:52:25	00:52:16
229	52	CARLOS JANELA	M	59	M5559	18	INDIVIDUAL	00:52:28	00:52:18
230	80	JOÃO F FRADE	M	44	M4044	42	C COLAB AXA	00:52:29	00:52:21
231	111	LUIA PALMINHAS	F	46	F4554	6	RUNLOVERS	00:52:30	00:52:08
232	198	FRANCISCO CLERIGO	M	62	M6099	20	SS CGD	00:52:30	00:52:14
233	144	SERGIO COUTO	M	33	M0034	47	ALGYMNS	00:52:39	00:52:28
234	274	CARLOS FERREIRA	M	58	M5559	19	ND AUTOCOOPE	00:52:46	00:52:46
235	211	EDUARDO RIBEIRO	M	48	M4549	32	GDCT UNICRE	00:52:49	00:52:36
236	212	CARLOS COSTA	M	45	M4549	33	CLUBE ANACOM	00:52:54	00:52:46
237	340	JOANA CHOURIÇO	F	23	F0034	2	INDIVIDUAL	00:53:02	00:52:52
238	58	PAULO CARVALHO	M	61	M6099	21	CP EDP LISBOA	00:53:06	00:52:58
239	279	SERGIO BORGES	M	43	M4044	43	ND AUTOCOOPE	00:53:10	00:52:52
240	276	JOSE DIAS	M	58	M5559	20	ND AUTOCOOPE	00:53:10	00:52:52
241	319	ANTONIO LIMA	M	53	M5054	28	ABC CAMPOLIDE	00:53:10	00:52:54
242	238	NUNO CORREIA	M	44	M4044	44	ENERGY FITNESS CLUB	00:53:13	00:52:50
243	337	PEDRO NOGUEIRA	M	44	M4044	45	INDIVIDUAL	00:53:14	00:53:10
244	150	ROBERTO BETTENCOURT	M	40	M4044	46	INDIVIDUAL	00:53:14	00:52:58
245	103	PEDRO BURGUETTE	M	40	M4044	47	AÇOREANA	00:53:17	00:52:59
246	455	MARIA INES COSTA	F	19	F0034	3		00:53:21	00:53:10
247	302	NUNO PINTO	M	38	M3539	37	INDIVIDUAL	00:53:23	00:53:00
248	417	SARA REIS	F	21	F0034	4	C BENFICA ALG M MARTINS	00:53:24	00:53:13
249	348	TIAGO SILVA	M	38	M3539	38	INDIVIDUAL	00:53:31	00:53:04
250	236	LUÍS MOURA	M	39	M3539	39	INDIVIDUAL	00:53:31	00:53:07
251	167	HERNÂNI F R GOMES	M	24	M0034	48	INDIVIDUAL	00:53:36	00:53:17
252	285	MARISA LARGUINHO	F	32	F0034	5	PLMJ RUNNERS	00:53:38	00:53:24
253	92	TOMÁS SOUSA	M	39	M3539	40	OS SUPER	00:53:44	00:53:29
254	156	EMANUEL A V SALES	M	32	M0034	49	INDIVIDUAL	00:53:46	00:53:31
255	190	JOSE C GASPAR	M	56	M5559	21	SS MONTEPIO GERAL	00:53:50	00:53:39
256	242	Mª JOÃO S PEDRO	F	36	F3544	5	ENERGY FITNESS CLUB	00:53:52	00:53:29
257	109	RODRIGO SOUSA	M	34	M0034	50	RUNLOVERS	00:53:58	00:53:37
258	184	ANDRE GASPAR	M	25	M0034	51	SS MONTEPIO GERAL	00:53:59	00:53:47
259	180	JOSÉ VILELA	M	51	M5054	29	CLUBE ROBBIALAC	00:54:00	00:53:54
260	31	DANIEL GUERREIRO	M	41	M4044	48	INDIVIDUAL	00:54:20	00:54:13
261	247	RICARDO NEVES	M	36	M3539	41	TARTARUGAS SOLIDÁRIAS	00:54:28	00:54:14
262	98	CARLOS SILVA	M	55	M5559	22	MERCEDES	00:54:28	00:54:07
263	138	FERNANDO M S ALMEIDA	M	47	M4549	34	INDIVIDUAL	00:54:29	00:54:17
264	268	VITOR LOPES	M	41	M4044	49	INDIVIDUAL	00:54:30	00:54:06
265	12	ANA SOFIA AUGUSTO	F	32	F0034	6	100FOBIAS	00:54:33	00:54:16
266	165	HÉLIO CARREIRA	M	30	M0034	52	INDIVIDUAL	00:54:38	00:54:24
267	153	CONSTANCIO ALMEIDA	M	56	M5559	23	GA MONSANTO GASCAN	00:54:41	00:54:27
268	281	MANUEL ROCHA	M	62	M6099	22	INDIVIDUAL	00:54:43	00:54:23
269	142	MÁRIO PEREIRA	M	44	M4044	50	INDIVIDUAL	00:54:44	00:54:44
270	344	ABILIO TAVARES	M	60	M6099	23	INDIVIDUAL	00:54:44	00:54:34

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
271	251	RAUL CARVALHO	M	57	M5559	24	FALCOES SELVAGENS	00:54:48	00:54:35
272	219	HENRIQUE FERREIRA	M	44	M4044	51	URD ARRANHÔ	00:54:54	00:54:38
273	225	VÍTOR CANTO	M	45	M4549	35	INDIVIDUAL	00:54:58	00:54:32
274	234	MARIO FERNANDES	M	38	M3539	42	INDIVIDUAL	00:55:10	00:54:51
275	402	HELENA MOREIRA	F	39	F3544	6	C BENFICA ALG M MARTINS	00:55:11	00:54:58
276	192	MANUEL J NARCISO	M	51	M5054	30	SS MONTEPIO GERAL	00:55:16	00:55:06
277	387	LUCAS CRUZ	M	19	M0034	53	BV ALG M MARTINS	00:55:17	00:55:14
278	206	SIDONIA A ATANAZIO	F	29	F0034	7	INDIVIDUAL	00:55:31	00:52:55
279	425	RICARDO SOUSA	M	44	M4044	52	C BENFICA ALG M MARTINS	00:55:36	00:55:15
280	90	FILIFE JUNOT	M	33	M0034	54	INDIVIDUAL	00:55:39	00:55:15
281	66	JOSÉ F A SILVEIRA	M	47	M4549	36	INDIVIDUAL	00:55:43	00:55:32
282	360	EMILIA BORGES	F	53	F4554	7	GIMNOANIMA	00:55:43	00:55:27
283	64	ROGÉRIO DIAS	M	35	M3539	43	INDIVIDUAL	00:55:44	00:55:30
284	96	CARLOS MORAIS	M	46	M4549	37	MERCEDES	00:55:46	00:55:46
285	151	LUIS ANTUNES	M	54	M5054	31	GA MONSANTO GASCAN	00:55:50	00:55:35
286	147	MÁRIO MONTEIRO	M	42	M4044	53	GALGOS	00:55:50	00:55:45
287	464	LUIS FOUTO	M	44	M4044	54		00:55:58	00:55:38
288	271	JOÃO ROSA	M	30	M0034	55	INDIVIDUAL	00:56:04	00:55:41
289	100	SALVADOR BOBONE	M	43	M4044	55	MERCEDES	00:56:08	00:56:01
290	101	MÓNICA MATOS	F	38	F3544	7	MERCEDES	00:56:08	00:56:00
291	345	ALEXANDRE DRAKE	M	48	M4549	38	INDIVIDUAL	00:56:08	00:55:40
292	433	JOAQUIM GRILO	M	59	M5559	25	C BENFICA ALG M MARTINS	00:56:09	00:55:50
293	76	NUNO MENDES	M	31	M0034	56	INDIVIDUAL	00:56:14	00:56:03
294	270	JORGE VILAR	M	47	M4549	39	INDIVIDUAL	00:56:14	00:55:50
295	213	JAIME AFONSO	M	51	M5054	32	CLUBE ANACOM	00:56:18	00:55:59
296	282	CRISTIANA M RODRIGUES	F	36	F3544	8	ALL TOGETHER RUNNING	00:56:23	00:56:02
297	413	ADRIANA SILVA	F	21	F0034	8	C BENFICA ALG M MARTINS	00:56:24	00:56:20
298	451	JOAO VIANA	M	49	M4549	40	INDIVIDUAL	00:56:26	00:56:20
299	284	CLAUDIO PEREIRA	M	36	M3539	44	SEM PRESSA	00:56:29	00:56:16
300	152	ANTONIO REYES	M	61	M6099	24	GA MONSANTO GASCAN	00:56:35	00:56:21
301	149	CARLOS RIBEIRO	M	43	M4044	56	GALGOS	00:56:36	00:56:30
302	346	CARLA BERNARDINO	F	39	F3544	9	INDIVIDUAL	00:56:42	00:56:20
303	205	ANA MENDES	F	36	F3544	10	INDIVIDUAL	00:56:42	00:56:24
304	266	SÓNIA ANTÃO	F	37	F3544	11	INDIVIDUAL	00:56:45	00:56:22
305	423	ANA MARTINS	F	42	F3544	12	C BENFICA ALG M MARTINS	00:56:45	00:56:35
306	148	ANTÓNIO MONTEIRO	M	68	M6099	25	GALGOS	00:56:52	00:56:45
307	324	ALVARO FURTADO	M	57	M5559	26	SS CGD	00:57:02	00:56:43
308	222	ANTÓNIO TABORDA	M	41	M4044	57	INDIVIDUAL	00:57:13	00:56:52
309	81	JOÃO P PINTO	M	47	M4549	41	C COLAB AXA	00:57:15	00:57:07
310	301	SÍLVIA DE OLIVEIURA	F	38	F3544	13	INDIVIDUAL	00:57:35	00:57:14
311	444	FERNANDO FERREIRA	M	77	M6099	26	C BENFICA ALG M MARTINS	00:57:43	00:57:24
312	260	AUGUSTO AGUIAR	M	58	M5559	27	INDIVIDUAL	00:57:49	00:55:03
313	131	LINA LOPES	F	49	F4554	8	INDIVIDUAL	00:58:02	00:57:44
314	110	IRIS MAURICIO	F	39	F3544	14	RUNLOVERS	00:58:07	00:57:45
315	32	PAULA C F VIEIRA	F	28	F0034	9	INDIVIDUAL	00:58:12	00:57:53

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
316	24	BRUNO MORAIS	M	24	M0034	57	INDIVIDUAL	00:58:18	00:57:58
317	389	JORGE JESUS	M	50	M5054	33	INDIVIDUAL	00:58:19	00:58:04
318	221	GABRIEL ANTONIO	M	52	M5054	34	URD ARRANHÔ	00:58:25	00:57:57
319	326	ANTÓNIO J G POMBINHO	M	58	M5559	28	INDIVIDUAL	00:58:26	00:58:13
320	307	PAULO J M NOGUEIRA	M	50	M5054	35	INDIVIDUAL	00:58:28	00:58:15
321	267	JOÃO LEAL	M	52	M5054	36	2725 M&M	00:58:33	00:58:18
322	254	MARGARIDA SILVESTRE	F	47	F4554	9	JD MELIDENSE	00:58:35	00:58:20
323	383	JOÃO MATIAS	M	39	M3539	45	BV ALG M MARTINS	00:58:39	00:58:34
324	411	PATRICIA PEDRO	F	50	F4554	10	C BENFICA ALG M MARTINS	00:58:43	00:58:28
325	258	JULIETA SANTOS	F	55	F5599	2	TARTARUGAS SOLIDÁRIAS	00:58:43	00:58:28
326	427	ADALBERTO GRILO	M	54	M5054	37	C BENFICA ALG M MARTINS	00:58:44	00:58:24
327	16	SANDRA TORRES	F	35	F3544	15	INDIVIDUAL	00:58:44	00:58:23
328	55	VANESSA FONSECA	F	23	F0034	10	INDIVIDUAL	00:59:00	00:58:42
329	173	HELENA SANTOS	F	53	F4554	11	AÇOREANA	00:59:02	00:58:52
330	172	ANTÓNIO JORGE	M	61	M6099	27	AÇOREANA	00:59:04	00:58:54
331	10	HUGO M R COLAÇO	M	38	M3539	46	INDIVIDUAL	00:59:24	00:59:02
332	404	MARIO LAMEIRAO	M	67	M6099	28	C BENFICA ALG M MARTINS	00:59:29	00:59:20
333	231	JOAQUIM GAMITO	M	54	M5054	38	INDIVIDUAL	00:59:36	00:59:11
334	94	MERCEDES FONSECA	F	59	F5599	3	OS SUPER	00:59:44	00:59:32
335	187	JOAO CATARINO	M	49	M4549	42	SS MONTEPIO GERAL	01:00:12	01:00:00
336	335	DANIEL PEREIRA	M	26	M0034	58	CD ESTRELA	01:00:13	00:59:57
337	308	PAULO ROSA	M	37	M3539	47	STANLEY SECURITY	01:00:15	00:59:54
338	113	ISABEL VIEIRA	F	44	F3544	16	INDIVIDUAL	01:00:20	00:59:59
339	264	EDUARDO AMORIM	M	44	M4044	58	INDIVIDUAL	01:00:21	00:59:53
340	124	IVONE PEREIRA	F	48	F4554	12	INDIVIDUAL	01:00:22	01:00:00
341	123	JOÃO PEREIRA	M	53	M5054	39	INDIVIDUAL	01:00:22	01:00:00
342	121	SARA HENRIQUES	F	42	F3544	17	INDIVIDUAL	01:00:22	01:00:22
343	298	FREDERICO SOUSA	M	52	M5054	40	LEBRES E TARTARUGAS	01:00:24	01:00:06
344	93	JOAQUIM FONSECA	M	60	M6099	29	OS SUPER	01:00:37	01:00:26
345	18	GUILHERME C M HENRIQUES	M	42	M4044	59	INDIVIDUAL	01:01:06	01:00:55
346	293	MARTINHO DIAS	M	39	M3539	48	INDIVIDUAL	01:01:08	01:00:52
347	296	ANDRÉ L FERREIRA	M	32	M0034	59	INDIVIDUAL	01:01:08	01:00:50
348	56	HENRIQUE VILHENA	M	59	M5559	29	INDIVIDUAL	01:01:14	01:00:47
349	127	ANTONIO M HENRIQUES	M	57	M5559	30	INDIVIDUAL	01:01:17	01:00:56
350	378	DAMÁSIO DIOGO	M	33	M0034	60	BV ALG M MARTINS	01:01:21	01:01:18
351	249	CÉLIA FRANCISCO	F	42	F3544	18	MERCEDES	01:01:23	01:01:10
352	265	CLAUDIA OLIVEIRA	F	31	F0034	11	INDIVIDUAL	01:01:29	01:01:15
353	380	FILIPA TAVARES	F	27	F0034	12	BV ALG M MARTINS	01:01:36	01:01:33
354	233	VERONICA OLIVEIRA	F	29	F0034	13	INDIVIDUAL	01:01:36	01:01:16
355	442	JOSE P CARLOS	M	68	M6099	30	C BENFICA ALG M MARTINS	01:01:59	01:01:54
356	409	CUSTODIO SILVA	M	51	M5054	41	C BENFICA ALG M MARTINS	01:02:00	01:01:46
357	191	MANUEL C SANTOS	M	41	M4044	60	SS MONTEPIO GERAL	01:02:01	01:01:51
358	88	MAYER RAPOSO	M	68	M6099	31	AA LEBRES SADO	01:02:19	01:02:03
359	237	MARTINHO ROQUE	M	47	M4549	43	INDIVIDUAL	01:02:56	01:02:30
360	414	ROSA GONÇALVES	F	48	F4554	13	C BENFICA ALG M MARTINS	01:03:04	01:02:50

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
361	269	RUI MARQUES	M	50	M5054	42	INDIVIDUAL	01:03:05	01:02:42
362	354	JOSÉ S ROSA	M	64	M6099	32	INDIVIDUAL	01:03:14	01:03:14
363	145	MARIA QUITÉRIA	F	42	F3544	19	ALGYMNS	01:03:14	01:02:57
364	57	ISABEL CANAS FILIPE	F	57	F5599	4	CP EDP LISBOA	01:03:15	01:02:58
365	241	ANA FOLGADO	F	44	F3544	20	ENERGY FITNESS CLUB	01:03:23	01:03:04
366	70	FILIPE MARTINS	M	32	M0034	61	SALTAMOS DO SOFÁ	01:03:24	01:02:57
367	210	PAULO FRANÇA	M	53	M5054	43	GDCT UNICRE	01:03:38	01:03:25
368	168	FÁBIO PIO	M	44	M4044	61	AMANTES DA CORRIDA	01:03:42	01:03:33
369	59	ISMAEL TEIXEIRA	M	41	M4044	62	INDIVIDUAL	01:03:48	01:03:24
370	310	ANTÓNIO PINHO	M	63	M6099	33	AA LEBRES SADO	01:04:01	01:03:43
371	25	EBERHARD A WILHELM	M	67	M6099	34	4 AO KM	01:04:22	01:04:13
372	199	HUGO VENANCIO	M	37	M3539	49	SS CGD	01:04:48	01:04:39
373	392	DANIEL AUGUSTO	M	31	M0034	62	MEM MARTINS SC	01:05:09	01:04:49
374	139	PAULO D SILVA	M	40	M4044	63	INDIVIDUAL	01:05:19	01:04:50
375	175	MÓNICA QUARENTA	F	42	F3544	21	AÇOREANA	01:05:50	01:05:27
376	143	ARTUR DINIS	M	58	M5559	31	ALGYMNS	01:05:50	01:05:33
377	390	GHEORGHE TIBU	M	37	M3539	50	INDIVIDUAL	01:06:28	01:06:28
378	388	ANA CLARO	F	18	F0034	14	BV ALG M MARTINS	01:06:29	01:06:26
379	398	LUIS MONTEIRO	M	44	M4044	64	C BENFICA ALG M MARTINS	01:07:02	01:07:02
380	72	JOÃO FARIA	M	36	M3539	51	INDIVIDUAL	01:07:35	01:07:08
381	71	IVONE COSTA	F	34	F0034	15	INDIVIDUAL	01:07:35	01:07:09
382	86	NUNO M S OLIVEIRA	M	39	M3539	52	INDIVIDUAL	01:07:42	01:07:42
383	467	MANUELA CUNHA	F	42	F3544	22		01:07:58	01:07:39
384	466	JOAQUIM CUNHA	M	44	M4044	65		01:08:00	01:07:40
385	385	RAFAEL GONÇALVES	M	19	M0034	63	BV ALG M MARTINS	01:08:09	01:08:05
386	136	BRUNO GONÇALVES	M	39	M3539	53	LFMOTORS	01:08:26	01:07:59
387	322	MARIA AGUIAR	F	44	F3544	23	ABC CAMPOLIDE	01:09:02	01:08:36
388	321	JOAQUIM CORREIA	M	54	M5054	44	ABC CAMPOLIDE	01:09:04	01:09:04
389	376	RICARDO PINTO	M	39	M3539	54	BV ALG M MARTINS	01:09:15	01:09:11
390	239	CARLA MOTA	F	42	F3544	24	ENERGY FITNESS CLUB	01:10:35	01:10:35
391	386	FÁBIO PICA	M	19	M0034	64	BV ALG M MARTINS	01:10:38	01:10:35
392	171	IDALINA MADEIRA	F	55	F5599	5	AÇOREANA	01:11:04	01:10:41
393	339	JOANA D CHOURIÇO	F	52	F4554	14	INDIVIDUAL	01:11:20	01:11:11
394	182	MIGUEL SILVA	M	41	M4044	66	CLUBE ROBBIALAC	01:12:13	01:12:06
395	355	ROSA M M REIS	F	58	F5599	6	INDIVIDUAL	01:12:43	01:12:40
396	278	JOAO GRAÇA	M	76	M6099	35	ND AUTOCOOPE	01:13:02	01:12:34
397	418	JOAO CORREIA	M	63	M6099	36	C BENFICA ALG M MARTINS	01:13:12	01:12:57
398	193	RITA GONÇALVES	F	40	F3544	25	SS MONTEPIO GERAL	01:14:29	01:14:17
399	155	BENTO A A FERREIRA	M	69	M6099	37	INDIVIDUAL	01:14:43	01:14:15
400	99	RAQUEL ALMEIDA	F	37	F3544	26	MERCEDES	01:14:54	01:14:46
401	133	RUI FIGUEIREDO	M	47	M4549	44	LFMOTORS	01:15:58	01:15:31
402	134	RICARDO COSTA	M	34	M0034	65	LFMOTORS	01:15:59	01:15:32
403	255	SARA DE SOUSA	F	37	F3544	27	TARTARUGAS SOLIDÁRIAS	01:16:22	01:16:22
404	465	JORGE ROVISCO	M	48	M4549	45		01:17:50	01:17:21
405	43	FOCK WAN	F	65	F5599	7	CONDOR	01:18:31	01:18:08

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Pos.	Equipa	Tempo	Chip
406	44	JOSE ARRUDA	M	66	M6099	38	CONDOR	01:18:32	01:18:08
407	351	MARIA DO CARMO ANJOS	F	69	F5599	8		01:19:19	01:19:01
408	370	MANUEL RODRIGUES	M	54	M5054	45	AD REAL ACADEMIA	01:41:24	01:41:24