

Grande Prémio de Natal 2016 - Corrida 10 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
13	1	HÉLIO GOMES	Sporting CP	M SENIORES	00:28:40.66	00:28:34.96	02:52
4	2	HERMANO FERREIRA	SL Benfica	M SENIORES	00:28:44.86	00:28:39.35	02:52
14	3	TIAGO COSTA	SL Benfica	M SENIORES	00:28:47.40	00:28:40.87	02:53
227	4	SÉRGIO DIAS	Individual	M SENIORES	00:28:53.63	00:28:47.00	02:53
2992	5	BRUNO PAIXÃO	Beja Atlético Clube	M SENIORES	00:29:11.23	00:29:04.66	02:55
61	6	HUGO CORREIRA	Sporting Clube de Portugal	M SENIORES	00:29:16.69	00:29:11.19	02:56
9	7	JOÃO S. PEREIRA	SL Benfica	M SENIORES	00:29:22.64	00:29:16.59	02:56
68	8	JOSÉ MOREIRA	Sporting Clube de Portugal	M SENIORES	00:29:35.52	00:29:29.38	02:57
59	9	ANDRALINO FURTADO	Sporting Clube de Portugal	M SENIORES	00:29:44.55	00:29:38.33	02:58
17	10	SAMUEL FREIRE	SL Benfica	M SENIORES	00:29:50.87	00:29:45.09	02:59
12	11	RICARDO DIAS	SC Portugal	M SENIORES	00:29:55.16	00:29:49.69	02:59
222	12	NUNO ALEXANDRE MENDES CARRAÇA	U.R.C.Abrunh	M SENIORES	00:29:58.02	00:29:58.02	03:00
67	13	PEDRO RIBEIRO	Sporting Clube de Portugal	M SENIORES	00:30:05.78	00:30:00.39	03:01
58	14	NUNO LOPES	Centro de Atletismo de Seia	M SENIORES	00:30:12.84	00:30:06.83	03:01
16	15	JOÃO CARLOS VALENTE	SL Benfica	M SENIORES	00:30:28.45	00:30:22.82	03:03
28	16	MUSSA DJAU	Beja Atlético Clube	M SENIORES	00:30:29.55	00:30:23.29	03:03
21	17	CARLOS M. SILVA	GDR Reboleira	M SENIORES	00:30:31.40	00:30:24.66	03:03
5465	18	HÉLIO FUMO	-	M SENIORES	00:30:32.73	00:30:25.41	03:03
3883	19	PEDRO ARSÉNIO	Beja Atlético Clube	M SENIORES	00:30:34.91	00:30:28.07	03:03
22	20	DAVID LUÍS	P. Talentus	M SENIORES	00:30:50.69	00:30:44.49	03:05
29	21	RICARDO MATEUS	Sporting CP	M SENIORES	00:30:51.77	00:30:45.20	03:05
10	22	JOÃO SILVA	SL Benfica	M SENIORES	00:31:03.90	00:30:56.75	03:06
48	23	HUMBERTO FRANCÊS	Maratona Clube de Portugal	M SENIORES	00:31:12.14	00:31:05.72	03:07
161	24	MIGUEL MEIRA	CA Olímpico Vianense	M VET 35-40-45	00:31:18.90	00:31:11.22	03:08
5804	25	ISAIAS GOMES	CLUBE DE FUTEBOL " OS BELENENSES "	M SENIORES	00:31:20.07	00:31:12.96	03:08
76	26	JOSE GASPAR	Clube de Atletismo Odimarq	M VET 35-40-45	00:31:22.87	00:31:16.16	03:08
47	27	JOÃO BERTOLO	Maratona Clube de Portugal	M SENIORES	00:31:25.82	00:31:19.13	03:08
3014	28	CARLOS PAPACINZA	Beja Atlético Clube	M SENIORES	00:31:27.45	00:31:27.45	03:09
5	29	EDUARDO MBENGANI	SL Benfica	M SENIORES	00:31:29.70	00:31:23.91	03:09
5818	30	RICARDO ESTEVES FERREIRA	Ingleses Futebol Clube	M JUNIORES	00:31:30.75	00:31:23.86	03:09
2895	31	ANDRÉ COSTA	U.F. Comércio e Indústria Atletismo	M SENIORES	00:31:40.08	00:31:33.79	03:10
224	32	MIGUEL MASCARANHAS	Unk	M JUNIORES	00:31:42.19	00:31:34.68	03:10
11	33	MIGUEL ARRAIOLOS	SL Benfica	M SENIORES	00:31:44.76	00:31:38.11	03:10
197	34	TIAGO FONSECA	Clube Olímpico de Oeiras	M JUNIORES	00:31:48.58	00:31:41.06	03:11
3915	35	PEDRO MORAIS NOGUEIRA NOGUEIRA	Individual	M SENIORES	00:31:52.23	00:31:45.70	03:11
25	36	JOÃO FERREIRA	SL Benfica	M SENIORES	00:31:57.47	00:31:51.81	03:12
77	37	CELSO PINTO	-	M SENIORES	00:32:03.90	00:31:56.20	03:12
57	38	HUGO PEREIRA	CF Os Belenenses	M JUNIORES	00:32:06.62	00:32:00.63	03:13
5021	39	JOÃO FERNANDES	-	M SENIORES	00:32:06.64	00:31:58.40	03:12
26	40	DIOGO SILVA	Rio Maior	M SENIORES	00:32:15.28	00:32:09.19	03:13
52	41	JOÃO SUSTELO	Maratona Clube de Portugal	M JUNIORES	00:32:16.17	00:32:09.56	03:13
5903	42	RAFAEL VERISSIMO	NucleOeiras	M SENIORES	00:32:18.47	00:31:51.99	03:12
221	43	DANIEL GLEIMAR	-	M SENIORES	00:32:18.81	00:32:11.82	03:14
2823	44	ABÍLIO GONÇALVES	Individual	M SENIORES	00:32:18.82	00:32:18.82	03:14
3705	45	MIGUEL FORTUNATO	Alhandra Sporting Club	M JUNIORES	00:32:19.41	00:32:11.22	03:14
5619	46	CLAUSSANDRO MOREIRA	Juventude Operária Monte Abraão	M JUNIORES	00:32:23.58	00:32:15.88	03:14
5072	47	LUIS COELHO	Grupo Desportivo e Recreativo da Reboleira	M VET 35-40-45	00:32:26.96	00:32:18.79	03:14
110	48	CELSO GRACIANO	Beja Atlético Clube	M SENIORES	00:32:30.00	00:32:23.75	03:15
50	49	BRUNO VIEIRA	Maratona Clube de Portugal	M JUNIORES	00:32:30.92	00:32:24.50	03:15

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4323	50	ANDRÉ BÔTO	Individual	M JUNIORES	00:32:31.19	00:32:24.29	03:15
142	51	LEONARDO ANICETO	Individual	M JUNIORES	00:32:31.38	00:32:24.35	03:15
4992	52	EUGÉNIO NETO	Grupo Desportivo e Recreativo da Reboleira	M VET 50-55-60	00:32:35.89	00:32:28.03	03:15
5565	53	MARIO CASSACA	Clube Atletismo Odimarq	M VET 35-40-45	00:32:36.07	00:32:28.94	03:15
4148	54	TIAGO PINTO	Alhandra Sporting Club	M JUNIORES	00:32:36.46	00:32:29.60	03:15
1144	55	JOÃO FERREIRA	Vitória Futebol Clube	M SENIORES	00:32:39.31	00:32:33.85	03:16
3333	56	JOÃO CRUZ	Beja Atlético Clube	M SENIORES	00:32:47.23	00:32:38.96	03:16
75	57	JORGE CRUZ	Individual	M VET 50-55-60	00:32:49.40	00:32:41.16	03:17
4732	58	FRANCISO PEDRO	Individual	M VET 35-40-45	00:32:49.56	00:32:40.70	03:17
3488	59	JOSÉ LAIR	Beja Atlético Clube	M VET 35-40-45	00:32:53.22	00:32:42.66	03:17
5648	60	NUNO LOPES	Juventude Operária Monte Abraão	M SENIORES	00:32:57.07	00:32:49.18	03:17
24	61	RAFAEL DOMINGOS	SL Benfica	M SENIORES	00:33:02.22	00:32:56.24	03:18
178	62	DUARTE BRÁS	-	M JUNIORES	00:33:09.13	00:33:09.13	03:19
655	63	CARLOS TIAGO	BELEM RUN	M VET 35-40-45	00:33:11.41	00:33:03.02	03:19
3	64	RICARDO RIBAS	SL Benfica	M SENIORES	00:33:11.98	00:33:06.17	03:19
49	65	ANDRÉ OLIVEIRA	Maratona Clube de Portugal	M JUNIORES	00:33:13.38	00:33:07.19	03:19
769	66	DIOGO BAENA	Individual	M SENIORES	00:33:13.77	00:33:01.47	03:19
3555	67	LUIS FERNANDES	U.F. Comércio e Indústria Atletismo	M VET 35-40-45	00:33:14.03	00:33:03.43	03:19
31	68	DULCE FÉLIX	SL Benfica	F SENIORES	00:33:14.94	00:33:08.63	03:19
1647	69	NELSON REBELO	Individual	M SENIORES	00:33:17.74	00:33:10.27	03:20
2266	70	VASCO MARTA	Vitória Futebol Clube	M SENIORES	00:33:21.61	00:33:15.09	03:20
5309	71	MÁRIO PEDRO	-	M VET 35-40-45	00:33:22.05	00:32:57.14	03:18
5926	72	LUÍS LIMA	NucleOeiras	M VET 35-40-45	00:33:22.13	00:33:14.28	03:20
170	73	AFONSO FEIJÃO	-	M JUNIORES	00:33:22.33	00:33:15.26	03:20
45	74	CLÁUDIA PEREIRA	GFD Running	F SENIORES	00:33:23.59	00:33:17.74	03:20
5774	75	EUCLIDES SANCHES	Casa Benfica Algueirão Mem Martins	M SENIORES	00:33:24.67	00:33:14.36	03:20
5995	76	RICARDO REIS	NucleOe	M VET 35-40-45	00:33:26.57	00:33:00.38	03:19
3920	77	PEDRO RIBEIRO	U.F. Comércio e Indústria Atletismo	M SENIORES	00:33:33.34	00:33:13.10	03:20
143	78	LUÍS MONTEIRO	Individual	M JUNIORES	00:33:42.86	00:33:34.74	03:22
129	79	NUNO ROMÃO	Individual	M VET 35-40-45	00:33:43.74	00:33:36.28	03:22
1808	80	PAULO GUIMARÃES	aminhacorrida/ Myprotein	M VET 35-40-45	00:33:46.99	00:33:35.68	03:22
19	81	NUNO SILVA	SL Benfica	M SENIORES	00:33:50.03	00:33:43.68	03:23
3422	82	JOAQUIM CERQUEIRA	Alhandra Sporting Club	M JUNIORES	00:33:50.15	00:33:40.65	03:23
5656	83	TIAGO SILVA	Juventude Operária Monte Abraão	M SENIORES	00:33:51.30	00:33:43.34	03:23
1007	84	HUGO AUGUSTO	Individual	M SENIORES	00:33:51.58	00:33:38.58	03:22
5070	85	LUÍS CANCELA CANCELA	-	M VET 35-40-45	00:33:53.28	00:33:46.36	03:23
145	86	PEDRO OLIVEIRA	Individual	M JUNIORES	00:33:55.51	00:33:48.31	03:23
3483	87	JOSÉ GUERRA	U.F. Comércio e Indústria Atletismo	M SENIORES	00:33:56.84	00:33:46.28	03:23
53	88	FILIPE CARVALHO	Maratona Clube de Portugal	M JUNIORES	00:33:57.20	00:33:50.49	03:24
60	89	FERNANDO ANSELMO	Associação Jorge pina	M SENIORES	00:33:57.96	00:33:51.25	03:24
217	90	JOAQUIM CARVALHO	-	M VET 35-40-45	00:33:58.14	00:33:49.08	03:23
3964	91	RICARDO FERNANDES	U.F. Comércio e Indústria Atletismo	M SENIORES	00:34:00.71	00:33:50.55	03:24
44	92	MARISA BARROS	Sport Clube Salgueiros	F SENIORES	00:34:02.93	00:34:02.93	03:25
5273	93	HUGO RODRIGUES	-	M JUNIORES	00:34:03.33	00:33:23.11	03:21
5443	94	LUÍS SANTOS	Indivi	M SENIORES	00:34:04.94	00:33:49.72	03:23
1985	95	RICARDO JORDÃO	CUA Benaventense	M SENIORES	00:34:09.67	00:33:58.16	03:24
34	96	DOROTEIA PEIXOTO	A. Montanha	F SENIORES	00:34:10.43	00:34:03.47	03:25
56	97	RICARDO PAIXÃO	SL Benfica	M SENIORES	00:34:10.64	00:34:02.89	03:25
6163	98	JOSÉ ANTUNES	-	M VET 50-55-60	00:34:10.69	00:33:56.64	03:24
5700	99	LUÍS MIGUEL NATÁLIO SANTOS	Amigos Atletismo Mafra	M SENIORES	00:34:17.63	00:34:08.86	03:25
140	100	DUARTE VIDAIS	Individual	M JUNIORES	00:34:17.90	00:34:10.16	03:26

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3405	100	JOÃO QUEIROS	Individual	M JUNIORES	00:34:17.90	00:34:09.71	03:25
99	102	SUSANA CUNHA	Linda-a-Pastora Sporting Clube	F SENIORES	00:34:21.50	00:34:21.50	03:27
98	103	JOSÉ FÉLIX	Linda-a-Pastora Sporting Clube	M VET 35-40-45	00:34:21.61	00:34:13.15	03:26
2499	104	JOSÉ CAMACHO	Linda-a-Pastora Sporting Clube	M SENIORES	00:34:21.82	00:34:14.88	03:26
3121	105	DIOGO GONÇALVES	Alhandra Sporting Club	M JUNIORES	00:34:22.01	00:34:12.52	03:26
51	106	AYRTON ANTUNES	Maratona Clube de Portugal	M JUNIORES	00:34:27.46	00:34:20.86	03:27
54	107	LUÍS FEITEIRA	Sporting CP	M SENIORES	00:34:27.54	00:34:22.21	03:27
32	108	VANESSA FERNANDES	SL Benfica	F SENIORES	00:34:28.35	00:34:22.04	03:27
27	109	LINO BARRUNCHO	Individual	M SENIORES	00:34:29.52	00:34:22.53	03:27
3936	110	RAFAEL RIBEIRO	Alhandra Sporting Club	M SENIORES	00:34:30.60	00:34:20.45	03:27
3460	111	JOSÉ PINHO	Manique de Cima	M VET 35-40-45	00:34:30.62	00:34:07.96	03:25
5946	112	EDGAR SEMEDO	Associação Desportiva Leões Apelaçonenses	M SENIORES	00:34:30.68	00:34:19.57	03:26
1568	113	MARK RIBEIRO	Vitória Futebol Clube	M SENIORES	00:34:32.85	00:34:20.55	03:27
6289	114	JAIME FILIPE DE SOUSA DIAS	-	M SENIORES	00:34:34.08	00:34:21.02	03:27
2091	115	RUI PEREIRA	Peniche a Correr	M VET 35-40-45	00:34:34.48	00:34:23.92	03:27
5478	116	ARTUR OLIVEIRA	-	M VET 35-40-45	00:34:42.25	00:34:34.58	03:28
4694	117	TIAGO SOUSA	Individual	M SENIORES	00:34:42.46	00:34:42.46	03:29
5504	118	FERNANDO ALVES	Amigos Atletismo Mafra	M VET 50-55-60	00:34:43.27	00:34:31.98	03:28
4738	119	JOÃO INOCÊNCIO	Amigos Vale Silencio	M VET 35-40-45	00:34:48.15	00:34:37.78	03:28
4539	120	JOSE ANTONIO MORADO MARTINS	Individual	M VET 50-55-60	00:34:50.10	00:34:40.87	03:29
3339	121	JOÃO MANSOS	Individual	M SENIORES	00:34:50.58	00:34:50.58	03:30
5645	122	LUÍS SANTOS	Juventude Operária Monte Abraão	M SENIORES	00:34:51.44	00:34:36.87	03:28
3089	123	CUSTÓDIO ANTÓNIO	Beja Atlético Clube	M VET 35-40-45	00:34:55.10	00:34:44.45	03:29
1853	124	PEDRO RATO	Individual	M VET 35-40-45	00:34:55.95	00:34:55.95	03:30
1791	125	PAULO ALVES	GDCTINCM	M VET 35-40-45	00:34:59.14	00:34:47.21	03:29
5651	126	PEDRO VARELA	Juventude Operária Monte Abraão	M SENIORES	00:35:00.88	00:34:53.02	03:30
4704	127	VITOR TAVARES MARQUES	CORRER LISBOA	M VET 35-40-45	00:35:01.93	00:34:55.00	03:30
5803	128	ANDRÉ CANUTO	CLUBE DE FUTEBOL " OS BELENENSES "	M SENIORES	00:35:02.17	00:34:54.16	03:30
147	129	CARLOS FREITAS	BELEM RUN	M VET 35-40-45	00:35:02.54	00:34:53.42	03:30
228	129	HUGO PEREIRA	Individual	Male	00:35:02.54	00:35:02.54	03:31
5510	131	JOEL RODRIGUES	Amigos Atletismo Mafra	M VET 35-40-45	00:35:02.59	00:34:44.62	03:29
141	132	JOÃO LOPES	Individual	M JUNIORES	00:35:03.94	00:34:56.83	03:30
1287	132	JOSE CORREIA	Ca Patameiras	M VET 50-55-60	00:35:03.94	00:34:50.51	03:30
33	134	FILOMENA COSTA	A. Jardim da Serra	F SENIORES	00:35:06.79	00:35:06.79	03:31
5763	135	PAULO BENEVENTE	Associação Jorge Pina	M VET 35-40-45	00:35:07.38	00:34:55.08	03:30
1845	136	PEDRO CAVILHAS	BELEM RUN	M VET 35-40-45	00:35:09.27	00:34:55.77	03:30
3786	137	NUNO VAZ	Individual	M SENIORES	00:35:11.53	00:35:11.53	03:32
23	138	ALEXANDRE NOBRE	P. Talentus	M SENIORES	00:35:12.44	00:35:06.16	03:31
6248	139	JOÃO MIRANDA	CLUBE VODAFONE	M VET 35-40-45	00:35:14.01	00:34:54.93	03:30
5503	140	EDUARDO EUSTÁQUIO	Amigos Atletismo Mafra	M VET 50-55-60	00:35:15.13	00:34:57.31	03:30
1340	141	JÚLIO FINOTE	CCD Sintrense	M VET 35-40-45	00:35:19.56	00:35:05.74	03:31
5655	142	SANDRA PROTÁSIO	Juventude Operária Monte Abraão	F SENIORES	00:35:23.09	00:35:15.79	03:32
6305	143	VITORIANO VARELA	-	M SENIORES	00:35:26.54	00:35:03.58	03:31
5549	144	AILTON MONTEIRO	Casa Benfica Algueirão Mem Martins	M JUNIORES	00:35:26.63	00:35:15.13	03:32
2189	145	STEPAN PEQUITO	Correr na Cidade - Canespor	M SENIORES	00:35:28.75	00:35:06.12	03:31
746	146	DAVID FERNANDES	Vitória Futebol Clube	M VET 35-40-45	00:35:29.09	00:35:08.72	03:31
4907	147	PAULO COSTA	Legionários	M VET 35-40-45	00:35:29.21	00:35:06.14	03:31
42	148	VERA FERNANDES	Associação Académica Bela Vista	F SENIORES	00:35:29.25	00:35:29.25	03:33
185	149	MIGUEL TIAGO SILVA	-	M JUNIORES	00:35:31.64	00:35:31.64	03:34
4739	150	JOÃO REBELO	Individual	M SENIORES	00:35:32.76	00:35:21.81	03:33
3511	151	JOSÉ VIRTUOSO	Individual	M SENIORES	00:35:33.70	00:35:09.17	03:31

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
39	152	MELANIE SANTOS	Alhandra SC	F SENIORES	00:35:33.90	00:35:26.96	03:33
1379	153	LUIS RODRIGUES	Individual	M VET 35-40-45	00:35:36.26	00:35:26.68	03:33
5399	154	ROBERTO BAIÃO	-	M SENIORES	00:35:36.36	00:35:23.82	03:33
2365	155	OLAIDE OGUNRONBI	Individual	M SENIORES	00:35:37.76	00:35:27.57	03:33
2160	156	SILVESTRE GOMES	Vitória Futebol Clube	M VET 50-55-60	00:35:40.19	00:35:34.10	03:34
3273	157	HUSSENE KESHAVJEE	Individual	M VET 35-40-45	00:35:43.31	00:35:30.31	03:34
5981	158	DIOGO ARAÚJO	Grupo Desportivo Recreativo Manique de Cima	M JUNIORES	00:35:47.88	00:35:24.73	03:33
907	159	FLÁVIO SANTOS	Federação da Família para a Paz Mundial e Unificação	M SENIORES	00:35:49.07	00:35:37.77	03:34
87	160	JOSÉ SANTOS	Individual	M VET 50-55-60	00:35:50.88	00:35:50.88	03:36
5916	161	JOSÉ TEIXEIRA	NucleOeiras	M VET 35-40-45	00:35:53.85	00:35:36.29	03:34
3144	162	EMANUEL DIOGO	G.D.R. São Francisco da Serra	M SENIORES	00:35:58.28	00:35:45.05	03:35
5923	163	SÉRGIO PAIVA	NucleOeiras	M VET 35-40-45	00:35:59.31	00:35:53.21	03:36
6126	164	RICARDO SANTOS	Clube Olimpico de Oeiras	M VET 35-40-45	00:36:02.41	00:35:39.42	03:34
5862	165	VITOR LIMA	NucleOeiras	M VET 35-40-45	00:36:02.57	00:35:47.23	03:35
214	166	MARGARIDA DIONÍSIO	Individual	F SENIORES	00:36:02.72	00:35:55.42	03:36
5551	167	HENRIQUE JOANICO	Casa Benfica Algueirão Mem Martins	M VET 35-40-45	00:36:03.71	00:35:55.55	03:36
593	168	CARLOS ALBERTO SOUSA DE ALMEIDA ALMEIDA	Individual	M VET 35-40-45	00:36:05.35	00:35:56.85	03:36
4779	169	NUNO ROCHA	Natural Force Trail Team	M VET 35-40-45	00:36:06.86	00:35:32.00	03:34
2539	170	FERNANDO SANTOS	BELEM RUN	M VET 35-40-45	00:36:07.29	00:35:56.68	03:36
5474	171	ANDRÉ JESUS	-	M SENIORES	00:36:08.06	00:35:57.61	03:36
46	172	SOFIA MARMELO	SL Benfica	F SENIORES	00:36:08.22	00:36:01.72	03:37
5794	173	JOSÉ CUSTÓDIO	CLUBE DE FUTEBOL " OS BELENENSES "	M VET 50-55-60	00:36:09.03	00:35:36.66	03:34
4741	174	JOAO FILIPE DE SOUSA E SOUSA BAPTISTA	Individual	M SENIORES	00:36:10.20	00:36:03.04	03:37
3415	175	JOÃO TOMÁS GUERRA	Alhandra Sporting Club	M JUNIORES	00:36:14.62	00:36:05.31	03:37
5561	176	AIRES PRATAS	Clube Atletismo Odimarq	M VET 50-55-60	00:36:15.51	00:36:02.66	03:37
5907	177	TIAGO VERMELHO	NucleOeiras	M SENIORES	00:36:19.52	00:36:04.46	03:37
5994	178	FILIPE BRANCO	NucleOeiras	M SENIORES	00:36:19.56	00:35:49.62	03:35
3184	179	FILIPE MIGUEL DUARTE SANTOS	Individual	M SENIORES	00:36:21.08	00:35:42.38	03:35
4651	180	PEDRO MIGUEL MACHADO	Individual	M SENIORES	00:36:22.34	00:35:56.14	03:36
3249	181	HENRIQUE COELHO	Individual	M VET 35-40-45	00:36:25.21	00:36:12.36	03:38
4240	182	JORGE COSME	Individual	M VET 35-40-45	00:36:26.31	00:36:18.05	03:38
1348	183	LEONARDO SIMÕES	Individual	M VET 35-40-45	00:36:27.64	00:35:58.09	03:36
5913	184	RICARDO LANCEIRO	NucleOeiras	M VET 35-40-45	00:36:29.35	00:36:08.43	03:37
38	185	LEONOR CARNEIRO	SC Portugal	F SENIORES	00:36:33.60	00:36:27.00	03:39
215	186	MARCO QUEDAS	-	M SENIORES	00:36:34.65	00:36:27.74	03:39
3859	187	PAULO SEQUEIRA	Falcões Selvagens	M VET 35-40-45	00:36:34.68	00:36:26.25	03:39
3461	188	JOSÉ PIRES	Individual	M VET 35-40-45	00:36:36.27	00:36:27.41	03:39
479	189	ANTÓNIO RODRIGUES	Individual	M VET 35-40-45	00:36:36.52	00:36:23.62	03:39
1935	190	PETER ROMÃO	Peniche a Correr	M SENIORES	00:36:36.66	00:36:36.66	03:40
414	191	ANGELO SILVA	Individual	M SENIORES	00:36:37.05	00:36:21.74	03:39
5659	192	CELMA BONFIM	Juventude Operária Monte Abraão	F VET 35-40-45	00:36:39.97	00:36:39.97	03:40
5047	193	JOSÉ INACIO	Grupo Desportivo e Recreativo da Reboleira	M VET 50-55-60	00:36:40.70	00:36:31.76	03:40
2106	194	ALEXANDRA ALVES SOUSA	Indivi	F SENIORES	00:36:40.78	00:36:34.20	03:40
4296	195	TIAGO CASTELA	Individual	M SENIORES	00:36:41.22	00:36:29.35	03:39
3441	196	JORGE GONÇALVES	3B - Samorunning	M VET 35-40-45	00:36:41.43	00:36:19.01	03:38
5513	197	MÁRIO ZORRO	Amigos Atletismo Mafra	M VET 35-40-45	00:36:43.34	00:36:28.75	03:39
4808	198	VASCO RAFAEL AGOSTINHO CAFÉ CAFÉ	Individual	M SENIORES	00:36:43.93	00:36:35.32	03:40
5265	199	EGIL D'ALMEIDA	-	M SENIORES	00:36:48.89	00:36:11.23	03:38
745	200	DÁRIO LUZ	Individual	M VET 35-40-45	00:36:49.52	00:36:36.81	03:40
1175	201	JOÃO PAULO CUNHA	Individual	M SENIORES	00:36:51.14	00:36:38.46	03:40
1413	202	LUIS MANUEL SALGADO BAÇO	Individual	M VET 35-40-45	00:36:51.82	00:36:38.30	03:40

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3522	203	LICINIO BERNARDINO DE MATOS	Individual	M SENIORES	00:36:52.32	00:36:25.10	03:39
5991	204	ANTONIO SANTOS	Individual - Lisboa	M VET 35-40-45	00:36:52.63	00:36:52.63	03:42
3025	205	CARLOS GOMES	Clube EDP - Lisboa	M VET 50-55-60	00:36:53.91	00:36:16.17	03:38
3905	206	PEDRO LEITÃO	Alhandra Sporting Club	M SENIORES	00:36:54.82	00:36:44.95	03:41
3123	207	DIOGO LUIZ LOPES	Individual	M VET 35-40-45	00:36:59.67	00:36:14.77	03:38
4223	208	HORÁCIO ALEXANDRE	Individual	M VET 35-40-45	00:37:00.43	00:36:44.14	03:41
66	209	JOAQUIM ANTUNES	Individual	M SENIORES	00:37:02.86	00:36:55.76	03:42
3929	210	PEDRO VAZ SEMEDO	Individual	M VET 35-40-45	00:37:03.66	00:36:45.11	03:41
4409	211	ARMANDO CORREIA	Sporting Clube de Casinhos	M SENIORES	00:37:04.99	00:36:47.95	03:41
5773	212	CARLOS PINHO	Casa Benfica Algueirão Mem Martins	M SENIORES	00:37:05.11	00:36:49.16	03:41
105	213	PEDRO MARQUES	Clube Ferroviário de Portugal	M VET 35-40-45	00:37:05.21	00:36:57.98	03:42
4050	214	SAMUEL GALVEIA	U.F. Comércio e Indústria Atletismo	M VET 35-40-45	00:37:07.58	00:36:42.22	03:41
1616	215	PEDRO GUIMARÃES	Individual	M VET 35-40-45	00:37:10.62	00:36:53.08	03:42
2495	216	FERNANDO ANDRADE	Linda-a-Pastora Sporting Clube	M VET 50-55-60	00:37:10.80	00:37:10.80	03:44
200	217	SOFIA MONTEIRO	Clube Olímpico de Oeiras	F VET 35-40-45	00:37:11.29	00:37:03.03	03:43
120	218	SÉRGIO LIMA	Associação Académica Bela Vista	M SENIORES	00:37:12.39	00:36:58.93	03:42
5901	219	BERNARDO GUERRA	NucleOeiras	M SENIORES	00:37:13.12	00:36:32.31	03:40
908	220	FLORIVAL BACALHAU	Vitória Futebol Clube	M VET 50-55-60	00:37:13.70	00:37:05.99	03:43
1013	221	HUGO DOURADO	Individual	M VET 35-40-45	00:37:14.01	00:37:00.89	03:43
4308	222	MIGUEL TOMÉ	Mercedes-Benz	M JUNIORES	00:37:15.17	00:37:15.17	03:44
5918	223	RODRIGO SANTOS	NucleOeiras	M VET 35-40-45	00:37:15.74	00:36:55.84	03:42
3217	224	GABRIEL ALVES	Individual	M VET 35-40-45	00:37:15.91	00:36:52.40	03:42
1216	225	JOAQUIM FREITAS	B. V. Montemor-o-Novo	M VET 35-40-45	00:37:17.59	00:37:05.84	03:43
4787	226	PAULO PEREIRA	CCD TRANQUILIDADE	M VET 35-40-45	00:37:18.05	00:37:01.09	03:43
618	227	RUI DA SILVA	BELEM RUN	M SENIORES	00:37:18.07	00:37:06.93	03:43
2496	228	HUMBERTO VIAIS	Linda-a-Pastora Sporting Clube	M VET 50-55-60	00:37:20.36	00:36:49.88	03:41
5500	229	MARIUS LEORDEAN	Amigos Atletismo Mafra	M SENIORES	00:37:21.50	00:37:13.37	03:44
2063	230	RUI HENRIQUES	Individual	M VET 35-40-45	00:37:24.44	00:36:59.00	03:42
720	231	CONSTANTINO ARAÚJO	Sporting Clube da Reboleira e Damaia	M VET 35-40-45	00:37:25.22	00:37:16.12	03:44
1625	232	MIGUEL SILVA	Clube de Atletismo da Nazaré	M VET 35-40-45	00:37:29.01	00:37:00.53	03:43
5564	233	JOSE PAJINHA	Clube Atletismo Odimarq	M VET 50-55-60	00:37:32.79	00:37:14.60	03:44
150	234	INOCÊNCIO AMORIM	BELEM RUN	M VET 35-40-45	00:37:35.71	00:37:26.74	03:45
218	235	MADALENA ALMEIDA	Individual	F JUNIORES	00:37:36.73	00:37:28.81	03:45
6226	236	JOANA FORTUNA	-	F SENIORES	00:37:36.77	00:37:36.77	03:46
5869	237	CARLOS GOMES	NucleOeiras	M VET 50-55-60	00:37:38.35	00:37:18.18	03:44
3541	238	LUÍS PEREIRA	G.D.R. São Francisco da Serra	M VET 50-55-60	00:37:40.09	00:37:26.57	03:45
1667	239	NUNO SOARES	Individual	M SENIORES	00:37:43.37	00:37:43.37	03:47
2743	240	LUÍS CRUZ	TST	M VET 35-40-45	00:37:44.89	00:37:02.46	03:43
1996	241	RICARDO RODRIGUES	Individual	M VET 35-40-45	00:37:47.33	00:37:29.16	03:45
5081	242	LUIS SILVA	-	M VET 50-55-60	00:37:48.13	00:37:36.44	03:46
4713	243	ANDRE MELO	CORRER LISBOA	M VET 35-40-45	00:37:50.07	00:37:38.80	03:46
5902	244	RUI FIRMINO	NucleOeiras	M VET 35-40-45	00:37:51.51	00:37:12.05	03:44
5947	245	MIGUEL RUIVO	Associação Desportiva Leões Apelaçonenses	M SENIORES	00:37:52.56	00:37:29.30	03:45
638	246	CARLOS MIGUEL TEIXEIRA	Individual	M VET 35-40-45	00:37:53.80	00:37:36.65	03:46
2249	247	TIAGO VINTÉM	Individual	M SENIORES	00:37:54.89	00:37:36.29	03:46
1897	248	PEDRO MARQUES	Individual	M VET 35-40-45	00:37:57.69	00:37:17.88	03:44
598	249	CARLOS CAETANO	Individual	M VET 35-40-45	00:37:58.39	00:37:48.25	03:47
6152	250	ANTÓNIO PINTO	-	M VET 35-40-45	00:37:59.04	00:37:51.49	03:48
4916	251	RICARDO NOBRE	-	M VET 35-40-45	00:37:59.32	00:37:59.32	03:48
4099	252	SOFIA HIPÓLITO	Alhandra Sporting Club	F SENIORES	00:37:59.94	00:37:48.04	03:47
3558	253	LUÍS FERREIRA	Casa Benfica Algueirão Mem Martins	M VET 35-40-45	00:38:02.28	00:38:02.28	03:49

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2953	254	ANTÓNIO SANTOS	Individual	M VET 50-55-60	00:38:03.29	00:37:37.57	03:46
3118	255	DIOGO RAMOS	Individual	M JUNIORES	00:38:03.42	00:37:24.97	03:45
4753	256	JORGE CORREIA	Grupo Desportivo e Recreativo da Reboleira	M VET 35-40-45	00:38:03.79	00:37:26.94	03:45
4760	257	LUIS VIEIRA	Individual	M VET 35-40-45	00:38:05.24	00:37:55.16	03:48
1268	258	JOSÉ SANTOS	Individual	M VET 35-40-45	00:38:05.35	00:37:45.89	03:47
1259	259	JOSÉ ESTEVES	Tartarugas Solidarias	M VET 50-55-60	00:38:05.81	00:37:50.89	03:48
2569	260	HUGO SILVA	Clube Ferroviário de Portugal	M SENIORES	00:38:07.32	00:37:53.11	03:48
5216	261	HUGO MIGUEL GORJÃO DE CARVALHO	-	M VET 35-40-45	00:38:09.49	00:37:32.38	03:46
4645	262	PEDRO FERNANDES	Individual	M VET 35-40-45	00:38:09.87	00:37:31.14	03:46
5646	263	NATHANIEL GUERREIRO	Juventude Operária Monte Abraão	M SENIORES	00:38:10.42	00:38:00.49	03:49
1074	264	JAIME LAMEGO	Individual	M VET 50-55-60	00:38:11.23	00:38:02.59	03:49
4375	265	ALCIDES JOSÉ CANIVETE	Individual	M VET 35-40-45	00:38:11.39	00:38:11.39	03:50
6094	266	KCÉNIA BOUGROVA	Sporting Clube de Portugal	F SENIORES	00:38:12.17	00:37:37.15	03:46
1	267	PAULO GUERRA	Associação Recreativa Casaence	M SENIORES	00:38:12.34	00:38:05.68	03:49
3370	268	JOÃO GONÇALVES	Beja Atlético Clube	M VET 35-40-45	00:38:12.40	00:37:36.27	03:46
3975	269	RICARDO PIRES	Individual	M SENIORES	00:38:13.32	00:38:02.12	03:49
4758	270	LUÍS CORTINHAS	Individual	M VET 35-40-45	00:38:14.85	00:37:58.66	03:48
1729	271	NUNO SANTOS	Individual	M VET 35-40-45	00:38:15.08	00:37:47.83	03:47
5044	272	JORGE SOARES	OPraticante.pt	M SENIORES	00:38:16.37	00:38:00.84	03:49
4467	273	FÁBIO PEREIRA	Sporting Clube de Casinhos	M SENIORES	00:38:16.76	00:37:51.74	03:48
2583	274	PAULO GARCIA	Clube Ferroviário de Portugal	M VET 35-40-45	00:38:16.99	00:38:02.61	03:49
2952	275	ANTÓNIO RODRIGUES LOPES	Individual	M VET 50-55-60	00:38:17.31	00:38:06.36	03:49
63	276	HELENA MIRANDA	Individual	F SENIORES	00:38:18.26	00:38:11.13	03:50
5817	277	LUIS CORDEIRO	Individual - Lisboa	M VET 35-40-45	00:38:18.91	00:38:06.17	03:49
4995	278	FÁBIO RAFAEL LIMA DA SILVA	-	M SENIORES	00:38:19.12	00:37:30.26	03:46
721	279	TIAGO COSTA	Individual	M VET 35-40-45	00:38:19.31	00:37:43.17	03:47
2617	280	FERNANDO CANDEIAS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:38:20.28	00:37:46.81	03:47
2547	281	STEVEN SANTOS	BELEM RUN	M SENIORES	00:38:23.83	00:37:58.26	03:48
792	282	DUARTE NUNO BRUGES COSTA	Individual	M SENIORES	00:38:24.76	00:38:12.77	03:50
2368	283	PAULO CARVALHO	CORRER LISBOA	M VET 35-40-45	00:38:25.92	00:37:16.31	03:44
3159	284	FERNANDO MESTRE	G.D.R. São Francisco da Serra	M VET 35-40-45	00:38:26.56	00:38:12.66	03:50
4818	285	ANDRÉ GAGA	-	M SENIORES	00:38:28.31	00:36:56.77	03:42
2544	286	LUIS XAVIER	BELEM RUN	M SENIORES	00:38:29.11	00:38:06.49	03:49
2554	287	ANTÓNIO FIGUEIREDO	Clube Ferroviário de Portugal	M VET 35-40-45	00:38:29.32	00:38:15.26	03:50
4458	288	EDUARDO QUARESMA	Individual	M VET 35-40-45	00:38:29.73	00:38:29.73	03:51
1882	289	PEDRO INÁCIO	Valejas AC	M SENIORES	00:38:29.91	00:38:07.54	03:49
1683	290	NUNO CALISTO	Conquista Ginásio	M VET 35-40-45	00:38:30.27	00:38:06.60	03:49
1320	291	JOSE PEIXOTO PEIXOTO	Individual	M VET 50-55-60	00:38:32.76	00:38:17.26	03:50
5160	292	RICARDO CORDEIRO	-	M VET 35-40-45	00:38:37.45	00:37:20.85	03:45
154	293	RAFAEL ABRUNHOSA	Individual	M VET 50-55-60	00:38:38.27	00:38:28.44	03:51
5358	294	DANIEL PEREIRA	-	M SENIORES	00:38:39.97	00:37:52.47	03:48
2135	295	SARA MARINHO	Individual	F SENIORES	00:38:41.25	00:38:06.26	03:49
2778	296	VITOR CANDEIAS	TST	M VET 35-40-45	00:38:42.27	00:37:59.26	03:48
3230	297	GONÇALO JOSÉ HENRIQUES BRÁS	Individual	M VET 35-40-45	00:38:43.56	00:38:31.55	03:52
3129	298	EDGAR PEREIRA	Individual	M VET 35-40-45	00:38:43.79	00:38:18.04	03:50
2865	299	ANA FILIPA FERREIRA	Alhandra Sporting Club	F SENIORES	00:38:44.14	00:38:18.86	03:50
2969	300	AURÉLIO AGUIAR	Amigos Vale Silencio	M VET 50-55-60	00:38:44.41	00:38:41.16	03:53
993	301	HÉLIO MARQUES	Individual	M VET 35-40-45	00:38:47.14	00:38:17.06	03:50
6213	302	HÉLIO MARQUES MARQUES	Individual	M VET 35-40-45	00:38:48.34	00:38:48.34	03:53
5403	303	VÍTOR SANTOS	-	M SENIORES	00:38:48.40	00:38:01.41	03:49
3134	304	EDUARDO PENA	Individual	M VET 50-55-60	00:38:48.53	00:38:31.30	03:52

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5909	305	LUIS SEMEDO	NucleOeiras	M VET 35-40-45	00:38:48.82	00:38:27.66	03:51
3236	306	GUILHERME CARVALHO	Individual	M SENIORES	00:38:49.17	00:38:27.86	03:51
263	307	ABEL ASSEMBLANO	Individual	M VET 35-40-45	00:38:49.34	00:38:07.35	03:49
3858	308	PAULO REIS	Individual	M VET 35-40-45	00:38:49.67	00:38:20.30	03:51
3995	309	ROBERTO GUERREIRO	RB RUNNING	M VET 35-40-45	00:38:49.90	00:37:54.17	03:48
3670	310	MARIO CRUZ	SFRAA-TRIATLO	M SENIORES	00:38:50.16	00:38:40.69	03:53
5147	311	PEDRO SOARES	Correr Lisboa	M VET 35-40-45	00:38:50.19	00:38:27.63	03:51
3388	312	JOÃO PAIXÃO	NAPA	M VET 35-40-45	00:38:50.29	00:37:24.58	03:45
1665	313	NUNO REBELO	Individual	M VET 35-40-45	00:38:51.17	00:38:39.58	03:52
2467	314	JOSÉ ALBERTO BATISTA	Individual	M VET 50-55-60	00:38:51.44	00:38:30.16	03:52
4009	315	RUBEN PINTO	RB RUNNING	M VET 35-40-45	00:38:52.17	00:37:57.51	03:48
277	316	AGOSTINHO MATOS	Individual	M VET 35-40-45	00:38:52.18	00:38:34.09	03:52
2418	317	JOAO CARLOS CARVALHO	Clube Millennium Bcp	M VET 50-55-60	00:38:52.21	00:38:37.16	03:52
5511	318	JOSÉ GONÇALVES	Amigos Atletismo Mafra	M VET 50-55-60	00:38:53.12	00:38:37.03	03:52
4340	319	MIGUEL SOUSA	Individual	M VET 35-40-45	00:38:55.55	00:38:34.37	03:52
3288	320	ISAAC LOURIDO	Individual	M VET 35-40-45	00:38:56.00	00:38:11.82	03:50
3785	321	NUNO SILVA	Individual	M VET 35-40-45	00:38:58.85	00:38:36.07	03:52
4752	322	JOAQUIM OLIVEIRA	Individual	M VET 50-55-60	00:39:00.93	00:38:40.92	03:53
878	323	FERNANDO RODRIGUES	Amigos Vale Silencio	M VET 35-40-45	00:39:03.26	00:38:50.64	03:54
3673	324	MÁRIO GOMES	Individual	M VET 35-40-45	00:39:04.19	00:38:43.98	03:53
635	325	CARLOS MENDES	CCD Sintrense	M VET 50-55-60	00:39:04.38	00:38:55.93	03:54
535	326	BRUNO GONCALVES	Individual	M VET 35-40-45	00:39:04.55	00:38:47.53	03:53
1431	327	LUÍS NUNES	Runners da Frente Ribeirinha da Póvoa de Sta. Iria	M VET 35-40-45	00:39:05.56	00:38:26.57	03:51
3924	328	PEDRO ROXO	Individual	M SENIORES	00:39:06.00	00:38:52.55	03:54
5501	329	ALICE ROMA	Amigos Atletismo Mafra	F VET 35-40-45	00:39:06.68	00:38:57.23	03:54
6125	330	PEDRO MENDES	Clube Olimpico de Oeiras	M VET 35-40-45	00:39:08.58	00:38:11.71	03:50
3183	331	FILIPE MARQUES	Individual	M JUNIORES	00:39:09.34	00:38:31.83	03:52
223	332	LUCILIA SOARES	-	F VET 50-55-60	00:39:10.50	00:39:02.42	03:55
2552	333	ANDRÉ MONTEIRO	Clube Ferroviário de Portugal	M SENIORES	00:39:10.94	00:38:54.96	03:54
4659	334	RICARDO ARAÚJO	Individual	M SENIORES	00:39:11.05	00:37:29.21	03:45
1304	335	JOSE MANUEL GOMES	Individual	M VET 50-55-60	00:39:11.30	00:38:46.51	03:53
497	336	ARTUR JORGE CARVALHO	Individual	M VET 35-40-45	00:39:11.66	00:38:56.95	03:54
5060	337	JOSE MIGUEL PAIS	CORRER LISBOA	M VET 35-40-45	00:39:13.48	00:39:02.04	03:55
220	338	CÉU NUNES	CORRER LISBOA	F VET 35-40-45	00:39:13.60	00:39:05.45	03:55
1019	339	HUGO MIGUEL MARTINS SEQUEIRA	Individual	M VET 35-40-45	00:39:13.74	00:38:18.39	03:50
3131	340	EDUARDO SANTOS	Individual	M VET 35-40-45	00:39:17.67	00:39:03.53	03:55
5508	341	JOÃO PASTOR	Amigos Atletismo Mafra	M VET 35-40-45	00:39:18.15	00:38:44.57	03:53
4412	342	ARTUR LOPES	Grupo Desportivo da Mouraria	M VET 35-40-45	00:39:19.12	00:39:04.99	03:55
94	343	MANUELA MARTINS	Maratona Clube de Portugal	F JUNIORES	00:39:19.35	00:39:12.88	03:56
3709	344	MIGUEL PAULINO	Peniche a Correr	M SENIORES	00:39:19.52	00:39:05.81	03:55
5274	345	IGOR VITALIEVICH	-	M VET 35-40-45	00:39:19.56	00:39:10.52	03:56
1205	346	JOÃO SILVA	Individual	M VET 35-40-45	00:39:20.33	00:38:55.55	03:54
5800	347	CARLOS FORTUNATO	CLUBE DE FUTEBOL " OS BELENENSES "	M VET 50-55-60	00:39:20.83	00:39:09.84	03:55
5997	348	JOÃO CARDOSO	Odimarq	M VET 50-55-60	00:39:21.14	00:39:21.14	03:57
5906	349	DIOGO CUSTODIO	NucleOeiras	M SENIORES	00:39:22.76	00:38:51.91	03:54
4151	350	TIAGO POVOA	Amigos Vale Silencio	M SENIORES	00:39:23.52	00:38:56.32	03:54
3150	351	EUNICE FERNANDES	AABV-Lagoa-Algarve	F VET 35-40-45	00:39:23.88	00:39:14.10	03:56
1866	352	PEDRO COSTA LOPES	Individual	M VET 35-40-45	00:39:24.64	00:39:24.64	03:57
1920	353	PEDRO PEREIRA	BELEM RUN	M VET 35-40-45	00:39:27.27	00:38:58.27	03:54
208	354	RUI GERALDES	-	M VET 35-40-45	00:39:28.13	00:39:16.88	03:56
206	355	JOÃO CATALÃO	-	M SENIORES	00:39:28.45	00:39:16.20	03:56

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
205	356	ISABEL SILVA	-	F SENIORES	00:39:29.04	00:39:17.28	03:56
1443	356	LUÍS RIO	GDC Banco de Portugal	M VET 35-40-45	00:39:29.04	00:38:33.05	03:52
2545	358	MARCOS OLIVEIRA	BELEM RUN	M VET 35-40-45	00:39:29.33	00:38:58.46	03:54
2964	359	ARNALDO SILVA	Individual	M VET 35-40-45	00:39:29.70	00:38:45.15	03:53
5512	360	MARIA FRIAS	Amigos Atletismo Mafra	F VET 50-55-60	00:39:30.00	00:39:19.84	03:56
3096	361	DANIEL ANTUNES	Câmara Lisboa Clube	M VET 50-55-60	00:39:30.44	00:39:30.44	03:58
3190	362	FLO LORENZ	Individual	M SENIORES	00:39:30.81	00:38:53.19	03:54
2493	363	BRUNO GARCIA	Linda-a-Pastora Sporting Clube	M VET 35-40-45	00:39:30.83	00:39:14.31	03:56
5476	364	ANTÓNIO ALMEIDA	-	M VET 35-40-45	00:39:30.93	00:38:37.90	03:52
216	365	HUGO SOUSA	-	M VET 35-40-45	00:39:30.96	00:39:22.61	03:57
5471	366	ALEXANDRE TAVARES	OPraticante.pt	M VET 35-40-45	00:39:31.16	00:38:53.44	03:54
6122	367	JOÃO MEDEIRO	Clube Olimpico de Oeiras	M VET 50-55-60	00:39:31.60	00:39:03.94	03:55
3424	368	JOAQUIM MARTINS VARANDA	Individual	M VET 50-55-60	00:39:31.75	00:39:15.57	03:56
2473	369	NELSON NASCIMENTO	Individual	M VET 35-40-45	00:39:35.31	00:38:55.88	03:54
3214	370	FREDERICO RAPOSO	Alhandra Sporting Club	M SENIORES	00:39:35.57	00:39:21.55	03:57
3594	371	MANUEL CHINITA	Individual	M VET 50-55-60	00:39:35.76	00:39:07.95	03:55
146	372	CARLOS ABRUNHOSA	Individual	M VET 35-40-45	00:39:35.89	00:39:26.13	03:57
5895	373	PEDRO BAIÃO	NucleOeiras	M JUNIORES	00:39:36.20	00:38:55.95	03:54
1861	374	PEDRO BARREIRÃO	GDC Banco de Portugal	M SENIORES	00:39:36.45	00:39:19.98	03:56
4803	375	TIAGO ARAÚJO	Individual	M JUNIORES	00:39:39.28	00:38:48.14	03:53
3262	376	HUGO BORGES	Casa Benfica Algueirão Mem Martins	M SENIORES	00:39:40.71	00:39:30.73	03:58
1292	377	JOSÉ FIGUEIREDO	Individual	M VET 35-40-45	00:39:42.67	00:39:18.07	03:56
692	378	CÉLIO ANASTÁCIO	Peniche a Correr	M VET 35-40-45	00:39:42.98	00:39:31.54	03:58
133	379	EDMILSON DOS SANTOS	Individual	M VET 50-55-60	00:39:43.86	00:39:26.53	03:57
871	380	FERNANDO MARTINS	GDC Banco de Portugal	M VET 35-40-45	00:39:44.40	00:38:48.23	03:53
2556	381	ARMANDO DIAS	Clube Ferroviário de Portugal	M VET 50-55-60	00:39:45.27	00:39:31.67	03:58
3976	382	RICARDO PITA	Câmara Lisboa Clube	M VET 35-40-45	00:39:46.18	00:39:14.77	03:56
79	383	PEDRO GOMES	Clube de Atletismo Odimarq	M VET 35-40-45	00:39:47.74	00:39:39.77	03:58
4494	384	HUGO MIGUEL FONSECA	Chouchou Team	M VET 35-40-45	00:39:49.09	00:39:24.55	03:57
2985	385	BRUNO FRANCISCO	SEF RUNNING TEAM	M SENIORES	00:39:49.56	00:39:38.82	03:58
823	386	EMANUEL DE JESUS BORGES PEREIRA	Correr Lisboa	M SENIORES	00:39:50.74	00:39:38.94	03:58
2201	387	SUSANA MATOS	Individual	F VET 35-40-45	00:39:51.25	00:39:34.44	03:58
5858	388	VITOR BATISTA	NucleOeiras	M VET 35-40-45	00:39:51.44	00:39:32.81	03:58
3267	389	HUGO PICOTTEZ	Individual	M VET 35-40-45	00:39:52.15	00:39:38.37	03:58
4879	390	JOSÉ MACHADO	-	M VET 50-55-60	00:39:52.59	00:39:15.86	03:56
5937	391	NUNO LOURENÇO	Associação de Estilos de Vida Saudável	M VET 35-40-45	00:39:52.70	00:39:12.84	03:56
5364	392	FLÁVIO PINELA	-	M VET 35-40-45	00:39:53.06	00:39:05.87	03:55
2891	393	ANASTACIO VALADAS	Grupo desportivo Santander Totta	M VET 50-55-60	00:39:55.54	00:39:25.33	03:57
3768	394	NUNO GALVÃO	Individual	M VET 50-55-60	00:39:55.98	00:39:39.98	03:58
4293	395	STEVE CUNHA	Individual	M VET 35-40-45	00:39:56.44	00:39:13.57	03:56
5354	396	BERNARDINO SOARES	-	M VET 35-40-45	00:39:56.48	00:39:25.58	03:57
4088	397	SERGIO TRINDADE	A.M. Atibá	M VET 35-40-45	00:39:57.07	00:39:57.07	04:00
2279	398	VICTOR VARIZO	Individual	M VET 35-40-45	00:39:57.97	00:39:41.10	03:59
1865	399	PEDRO COSTA LIMA	Individual	M VET 50-55-60	00:39:59.31	00:39:41.78	03:59
3350	400	JOÃO BENTO	3B - Samorunning	M SENIORES	00:39:59.56	00:39:37.64	03:58
1586	401	MIGUEL BARBA	Peniche a Correr	M VET 35-40-45	00:39:59.58	00:39:38.37	03:58
5621	402	ELIZÂNGELA OLIVEIRA	Juventude Operária Monte Abraão	F JUNIORES	00:40:00.11	00:39:52.92	04:00
126	403	JOÃO MEIRA	Padela Natural Team	M SENIORES	00:40:00.57	00:39:52.48	04:00
1071	404	JACINTO FERREIRA	Peniche a Correr	M VET 35-40-45	00:40:00.88	00:39:49.64	03:59
3368	405	JOÃO GASPAR	Casa Benfica Algueirão Mem Martins	M SENIORES	00:40:00.89	00:39:52.20	04:00
149	406	GONÇALO FERREIRA	BELEM RUN	M VET 35-40-45	00:40:01.02	00:39:52.19	04:00

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1097	407	JOÃO COUTINHO	Correr Lisboa	M VET 50-55-60	00:40:01.08	00:39:47.65	03:59
741	408	DANIEL FONSECA	Individual	M SENIORES	00:40:01.62	00:39:07.72	03:55
2032	409	RUBEN COSTA	Individual	M VET 35-40-45	00:40:01.95	00:39:50.66	04:00
5400	410	RUI GAMITO	-	M VET 35-40-45	00:40:02.32	00:39:13.57	03:56
614	411	CARLOS FERREIRA FERREIRA	Individual	M VET 35-40-45	00:40:02.53	00:39:32.45	03:58
5979	412	JORGE FONSECA	Grupo Desportivo Recreativo Manique de Cima	M VET 35-40-45	00:40:02.76	00:39:39.28	03:58
632	413	CARLOS MANUEL PEREIRA VISEU VISEU	Individual	M VET 35-40-45	00:40:03.32	00:39:43.53	03:59
3814	414	PAULA RIOS MARQUES	Individual	F VET 35-40-45	00:40:04.17	00:39:53.08	04:00
451	415	ANTÓNIO JOÃO MOREIRA	Individual	M VET 35-40-45	00:40:04.65	00:39:55.57	04:00
95	416	FERNANDO CHAMUSCA	Linda-a-Pastora Sporting Clube	M VET 50-55-60	00:40:04.85	00:39:57.59	04:00
5408	417	HUGO MEDRONHEIRA	-	M VET 35-40-45	00:40:05.11	00:38:52.25	03:54
1173	418	JOAO PAULO CASTANHEIRA FERREIRA	Individual	M VET 35-40-45	00:40:06.42	00:39:29.91	03:57
4450	419	DAVID PEREIRA	CORRER LISBOA	M SENIORES	00:40:08.06	00:39:18.03	03:56
1432	420	LUIS OLIVEIRA	Individual	M VET 35-40-45	00:40:08.59	00:39:56.56	04:00
6199	421	RUI SILVA	-	M VET 35-40-45	00:40:09.10	00:39:34.62	03:58
5158	422	RENATO MANUEL	-	M VET 35-40-45	00:40:11.28	00:39:34.58	03:58
93	423	INÊS SANTOS	Maratona Clube de Portugal	F JUNIORES	00:40:11.51	00:40:05.45	04:01
6209	424	PEDRO PEREIRA	Individual	M VET 35-40-45	00:40:12.04	00:40:00.52	04:01
1361	425	LÚCIA OLIVEIRA	Individual	F VET 35-40-45	00:40:12.16	00:40:01.75	04:01
1168	426	JOÃO MIGUEL DOS VULTOS MAMÃO DIAS PEDRO	Individual	M SENIORES	00:40:13.67	00:40:03.55	04:01
2345	427	JORGE MONTEIRO	ODEBRECHT PORTUGAL	M VET 35-40-45	00:40:14.43	00:39:52.90	04:00
3819	428	PAULO ALVES	Grupo desportivo Santander Totta	M VET 35-40-45	00:40:15.87	00:39:28.07	03:57
1689	429	NUNO FARIA	Individual	M SENIORES	00:40:16.91	00:39:58.91	04:00
5000	430	FERNANDO DOMINGOS	Maratona Clube de Portugal	M VET 50-55-60	00:40:16.96	00:39:53.22	04:00
5123	431	NUNO GARRANA	OPraticante.pt	M VET 35-40-45	00:40:16.99	00:38:47.13	03:53
3090	432	DÂMASO BARROS	SEF RUNNING TEAM	M VET 35-40-45	00:40:17.77	00:40:02.72	04:01
5291	433	JOSÉ DIOGO	-	M SENIORES	00:40:18.84	00:39:57.34	04:00
1796	434	PAULO CAMACHO	Individual	M VET 35-40-45	00:40:20.64	00:39:03.86	03:55
1669	435	NUNO SOARES	Individual	M VET 50-55-60	00:40:22.13	00:39:53.67	04:00
210	436	LUIS MIGUEL CARVALHO	-	M VET 35-40-45	00:40:22.58	00:40:14.99	04:02
3469	437	JOSÉ BRITO	Individual	M VET 50-55-60	00:40:22.79	00:40:14.36	04:02
446	438	ANTONIO GONCALVES	Individual	M SENIORES	00:40:27.00	00:40:05.56	04:01
1176	439	JOÃO PAULO DOS SANTOS FERREIRA	Individual	M VET 50-55-60	00:40:27.95	00:40:10.47	04:02
2948	440	ANTÓNIO PIRES	G.D.R. São Francisco da Serra	M VET 35-40-45	00:40:30.11	00:39:07.63	03:55
782	441	DOMINGOS NECA	Jovens da Serra das Minas	M VET 50-55-60	00:40:30.58	00:40:18.92	04:02
4994	442	FÁBIO DOMINGOS	Maratona Clube de Portugal	M SENIORES	00:40:32.00	00:38:46.01	03:53
4048	443	RUTE MARTINS	Individual	F SENIORES	00:40:33.63	00:40:24.26	04:03
4881	444	JOSÉ PEDRO PENELA	-	M VET 35-40-45	00:40:33.98	00:40:21.01	04:03
5027	445	JOÃO MANUEL SARAGOÇA MARTINS MARTINS	-	M SENIORES	00:40:34.54	00:39:57.48	04:00
1798	446	PAULO CECILIO	Individual	M VET 35-40-45	00:40:34.68	00:40:16.20	04:02
5263	447	EDGAR BRUNO PORTUGAL	-	M VET 35-40-45	00:40:36.28	00:40:24.83	04:03
2566	448	EURICO NICO	Clube Ferroviário de Portugal	M VET 50-55-60	00:40:37.11	00:40:03.93	04:01
853	449	FERNANDO SOARES	Individual	M VET 35-40-45	00:40:37.70	00:40:37.70	04:04
3820	450	PAULO DÂMASO	G.D.R. São Francisco da Serra	M JUNIORES	00:40:38.02	00:40:18.93	04:02
2920	451	ANTONIO FERREIRA	Individual	M VET 35-40-45	00:40:38.92	00:39:43.77	03:59
71	452	ANTÓNIO SANTOS	Individual	M SENIORES	00:40:39.48	00:40:25.17	04:03
459	453	ANTÓNIO LAZERA MARTINS	Individual	M VET 50-55-60	00:40:41.38	00:40:00.73	04:01
1405	454	LUÍS GONÇALO CANCELA	Individual	M VET 35-40-45	00:40:41.80	00:39:42.15	03:59
2061	455	RUI GRAZINA	CCD Sintrense	M VET 50-55-60	00:40:41.82	00:40:13.43	04:02
1373	455	LUÍS FERREIRA	Ca Patameiras	M SENIORES	00:40:41.82	00:40:07.55	04:01
2033	457	RUBEN DAVID FIGUEIRA SANTOS	Individual	M SENIORES	00:40:42.16	00:40:25.66	04:03

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5041	458	JORGE REIS	-	M VET 35-40-45	00:40:42.28	00:40:20.33	04:03
5191	459	TIAGO CARVALHO	-	M SENIORES	00:40:42.74	00:39:47.42	03:59
4811	460	WILSON AMADO	Individual	M SENIORES	00:40:43.63	00:38:52.82	03:54
2542	461	JORGE ABREU	BELEM RUN	M SENIORES	00:40:43.83	00:40:18.45	04:02
1962	462	RICARDO FIGUEIREDO	cas	M SENIORES	00:40:44.65	00:40:25.29	04:03
3213	463	FRANCISCO VILELA VILELA	Grupo Recreativo e Desportivo da Ribeira da Lage	M VET 35-40-45	00:40:45.31	00:40:05.92	04:01
64	464	MADALENA SILVA	Individual	F SENIORES	00:40:45.63	00:40:38.49	04:04
2761	465	PAULO LOPES	TST	M VET 35-40-45	00:40:46.00	00:40:06.52	04:01
770	466	DIOGO BRITO	Valejas AC	M JUNIORES	00:40:46.30	00:40:06.60	04:01
5036	467	JOÃO SILVEIRA	-	M VET 50-55-60	00:40:46.42	00:40:46.42	04:05
6255	468	CARINA COSTA CORREIA	-	F VET 35-40-45	00:40:47.00	00:40:21.81	04:03
5416	469	ANDRE GOUVEIA	-	M VET 35-40-45	00:40:48.92	00:38:54.10	03:54
2343	470	JOAO MARREIROS	Individual	M VET 50-55-60	00:40:49.32	00:40:36.71	04:04
1903	471	PEDRO MIGUEL GALAMARRA JANEIRO CIPRIANO MATOS	Individual	M VET 35-40-45	00:40:50.49	00:40:25.18	04:03
1256	472	JOSÉ AMARO	aminhacorrída/MYPROTEIN	M VET 35-40-45	00:40:50.97	00:40:28.16	04:03
554	473	BRUNO SILVA	Individual	M VET 35-40-45	00:40:51.81	00:40:26.82	04:03
5799	474	PEDRO REIS	CLUBE DE FUTEBOL " OS BELENENSES "	M VET 35-40-45	00:40:52.29	00:40:11.48	04:02
2498	475	JOÃO RODRIGUES	Linda-a-Pastora Sporting Clube	M VET 35-40-45	00:40:54.03	00:40:33.59	04:04
489	476	ANTÓNIO VILELA	Individual	M VET 35-40-45	00:40:55.52	00:40:22.20	04:03
3736	477	NELSON TORRES PEREIRA	Garehotelrunning	M VET 35-40-45	00:40:56.94	00:39:09.94	03:55
5801	478	PEDRO SEBASTIÃO	CLUBE DE FUTEBOL " OS BELENENSES "	M JUNIORES	00:40:57.14	00:40:35.99	04:04
5038	479	JOAQUIM ROSA	Maratona Clube de Portugal	M VET 50-55-60	00:41:00.02	00:40:35.76	04:04
2551	480	ANDRÉ COELHO	Clube Ferroviário de Portugal	M VET 35-40-45	00:41:00.52	00:40:26.24	04:03
5502	481	CLÁUDIA BATALHA	Amigos Atletismo Mafra	F VET 35-40-45	00:41:01.09	00:40:42.73	04:05
3484	482	JOSÉ GUILHERME	Individual	M VET 35-40-45	00:41:01.19	00:40:42.38	04:05
5360	483	DIOGO MAIA	UDR ZONA ALTA	M SENIORES	00:41:01.62	00:40:45.74	04:05
943	484	GONÇALO ALMEIDA	Individual	M SENIORES	00:41:02.70	00:39:14.25	03:56
2934	485	ANTÓNIO GOMES	Individual	M VET 35-40-45	00:41:03.39	00:40:52.65	04:06
901	486	FILIPE MATOS	Individual	M SENIORES	00:41:04.76	00:40:50.48	04:06
3607	487	MANUEL FERNANDES	Asas nos Pés	M VET 35-40-45	00:41:07.70	00:40:25.68	04:03
5514	488	PAULO MARQUES	Amigos Atletismo Mafra	M VET 50-55-60	00:41:07.73	00:40:51.39	04:06
3225	489	GONÇALO SARGO	Individual	M SENIORES	00:41:07.80	00:40:37.04	04:04
5505	490	GONÇALO CORREIA	Amigos Atletismo Mafra	M VET 35-40-45	00:41:08.28	00:40:53.66	04:06
5258	491	DANIEL TELES	-	M SENIORES	00:41:08.81	00:40:20.58	04:03
1872	492	PEDRO FERREIRA	Individual	M VET 35-40-45	00:41:09.24	00:40:32.00	04:04
3369	493	JOAO GONCALVES	Individual	M VET 35-40-45	00:41:10.35	00:40:44.34	04:05
2808	494	NUNO ALMEIDA	Holmes Place	M VET 35-40-45	00:41:10.73	00:38:50.92	03:54
1448	495	LUIS SILVERIO	Clube de Atletismo da Nazaré	M VET 35-40-45	00:41:11.87	00:39:46.79	03:59
4870	496	JOÃO MIRANDA	-	M SENIORES	00:41:12.37	00:39:37.29	03:58
4553	497	LUIS ALBUQUERQUE	AÇOREANA	M VET 35-40-45	00:41:13.24	00:40:24.81	04:03
6179	498	FERNANDO MARQUES	-	M VET 35-40-45	00:41:17.34	00:41:01.16	04:07
2573	499	LUÍS NOGUEIRA	Clube Ferroviário de Portugal	M VET 35-40-45	00:41:18.08	00:41:03.56	04:07
2234	500	TIAGO DELGADO	Individual	M SENIORES	00:41:21.56	00:40:36.54	04:04
1707	501	NUNO MARTINS	wikaboo	M VET 35-40-45	00:41:21.84	00:40:45.67	04:05
1831	502	PAULO REIS	Individual	M VET 35-40-45	00:41:22.95	00:40:41.43	04:05
3021	503	CARLOS CRUZ	Individual	M VET 50-55-60	00:41:23.62	00:40:28.45	04:03
4634	504	PAULO FERNANDO VIEIRA	Individual	M VET 35-40-45	00:41:25.38	00:41:25.38	04:09
2696	505	SOFIA ARGENTINA	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	00:41:25.95	00:40:49.44	04:05
1156	506	JOÃO LOURENÇO	Salamandrecos	M VET 50-55-60	00:41:28.38	00:41:28.38	04:09
4958	507	ANTÓNIO SOARES	OPraticante.pt	M VET 50-55-60	00:41:28.69	00:41:13.64	04:08
5174	508	RUI FERREIRA FERREIRA	-	M VET 35-40-45	00:41:30.18	00:39:34.57	03:58

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2546	509	PEDRO FAVINHA	BELEM RUN	M VET 35-40-45	00:41:30.47	00:41:01.10	04:07
4579	510	MARCOS ANTONIO PEREIRA	Individual	M VET 50-55-60	00:41:31.91	00:41:00.72	04:07
5998	511	JOAQUIM MARTINS	Odimarq	M VET 50-55-60	00:41:32.46	00:40:52.57	04:06
4313	512	RICARDO PINTO	Mercedes-Benz	M SENIORES	00:41:32.48	00:41:32.48	04:10
2071	513	RUI MACHINHO	Individual	M VET 35-40-45	00:41:33.41	00:41:17.53	04:08
3263	514	HUGO CARAGO	Individual	M VET 35-40-45	00:41:33.63	00:41:06.01	04:07
1606	515	MIGUEL BARREIROS	Individual	M VET 35-40-45	00:41:33.83	00:41:09.78	04:07
2538	516	APOLO PEREIRA	BELEM RUN	M VET 35-40-45	00:41:34.31	00:41:05.65	04:07
3132	517	EDUARDO SOARES	Individual	M VET 35-40-45	00:41:34.73	00:41:05.66	04:07
5232	518	SÉRGIO RUSSO	-	M VET 35-40-45	00:41:34.98	00:40:36.76	04:04
5045	519	JOSÉ BRANCO	-	M JUNIORES	00:41:35.20	00:38:36.99	03:52
1094	520	JOAO CABECAS	Individual	M VET 35-40-45	00:41:35.46	00:40:41.82	04:05
6156	521	DIOGO GARCIA DOS SANTOS	-	M VET 35-40-45	00:41:36.12	00:41:09.57	04:07
3611	522	MANUEL OLIVEIRA TAVARES TAVARES	run pirilampo	M VET 50-55-60	00:41:36.21	00:41:15.08	04:08
4576	523	MARCO BARATA BARATA	theREDproject	M VET 35-40-45	00:41:37.14	00:41:37.14	04:10
3218	524	GABRIELA RIBEIRO	Alhandra Sporting Club	F JUNIORES	00:41:37.78	00:40:31.66	04:04
2572	525	JOSÉ JOÃO	Clube Ferroviário de Portugal	M VET 50-55-60	00:41:38.50	00:41:23.91	04:09
5980	525	RODRIGO PINHO	Grupo Desportivo Recreativo Manique de Cima	M JUNIORES	00:41:38.50	00:41:22.29	04:09
3142	527	EMANUEL RIBEIRO	U.F. Comércio e Indústria Atletismo	M SENIORES	00:41:39.01	00:41:11.61	04:08
2049	528	RUI ASCENÇÃO	Peniche a Correr	M VET 35-40-45	00:41:39.96	00:40:47.17	04:05
617	529	CARLOS FLORÊNCIA	Individual	M SENIORES	00:41:40.08	00:41:29.57	04:09
1491	530	MARCO SANTOS	Individual	M VET 35-40-45	00:41:41.70	00:41:03.95	04:07
3392	531	JOÃO PEDRO ALVES PEREIRA	Individual	M SENIORES	00:41:41.84	00:41:00.71	04:07
3694	532	MICHAEL GRANADEIRO	Individual	M SENIORES	00:41:42.65	00:41:03.80	04:07
1294	533	JOSÉ FRANCISCO MIRANDA	Individual	M VET 50-55-60	00:41:42.82	00:41:17.40	04:08
4910	534	PEDRO AMARO	-	M SENIORES	00:41:43.70	00:40:50.09	04:06
3408	535	JOÃO SANTOS	Individual	M SENIORES	00:41:44.17	00:39:53.96	04:00
2576	536	MÁRIO MONTEIRO	Clube Ferroviário de Portugal	M VET 35-40-45	00:41:44.26	00:41:09.95	04:07
1965	537	RICARDO OLIVEIRA	Individual	M VET 35-40-45	00:41:45.06	00:41:29.39	04:09
6272	538	ARMINDO SANTOS	-	M VET 50-55-60	00:41:45.67	00:41:12.04	04:08
1203	539	JOÃO SEDAS NUNES	Os amigos do Tejo	M VET 50-55-60	00:41:45.73	00:41:12.31	04:08
373	540	ANA SOFIA MENDES MENDES	Individual	F VET 35-40-45	00:41:46.00	00:41:28.19	04:09
3817	541	PAULINE VIE	Alhandra Sporting Club	F JUNIORES	00:41:46.29	00:41:35.60	04:10
5247	542	ANTÓNIO SOUSA	-	M VET 35-40-45	00:41:48.14	00:41:28.27	04:09
2944	543	ANTÓNIO MARÇAL MARÇAL	Individual	M VET 50-55-60	00:41:48.16	00:41:06.30	04:07
654	544	CARLOS TEIXEIRA	Individual	M VET 35-40-45	00:41:49.40	00:40:53.90	04:06
3233	545	GONÇALO SANTOS	G.D.R. São Francisco da Serra	M VET 35-40-45	00:41:51.08	00:41:36.32	04:10
4541	546	JOSÉ FERREIRA	U.A.Povoense	F VET 35-40-45	00:41:51.37	00:41:51.37	04:12
3844	547	PAULO LOURENÇO	Individual	M SENIORES	00:41:51.56	00:41:11.93	04:08
4597	548	MARISA COSTA	Individual	F VET 35-40-45	00:41:51.89	00:41:51.89	04:12
5872	549	ANTÓNIO SABIDO	NucleOeiras	M VET 50-55-60	00:41:53.16	00:40:20.51	04:03
3487	550	JOSÉ JORGE SILVA GOMES GOMES	Individual	M SENIORES	00:41:54.01	00:40:05.84	04:01
1317	551	JOSÉ NUNES	Individual	M VET 35-40-45	00:41:54.70	00:41:38.10	04:10
4210	552	CARLOS ALVES ALVES	Individual	M VET 35-40-45	00:41:56.56	00:41:32.35	04:10
5643	553	ILÍRIO MENDES	Juventude Operária Monte Abraão	M SENIORES	00:41:56.92	00:41:15.78	04:08
4830	554	BRUNO SOUSA	-	M JUNIORES	00:41:57.69	00:41:27.41	04:09
525	555	BRUNO BERNARDO	Aminhacorrída/myprotein	M SENIORES	00:41:58.10	00:41:12.31	04:08
5553	556	MIGUEL ALEXANDRE DE LEMOS DE OLIVEIRA E CARMO	Casa do Benfica Torres Vedras	M VET 35-40-45	00:41:58.34	00:41:24.50	04:09
3876	557	PEDRO PEREIRA	Manique de Cima	M VET 35-40-45	00:41:58.84	00:40:55.52	04:06
1105	558	JOÃO MONIZ	Individual	M SENIORES	00:41:59.31	00:41:44.66	04:11
5506	559	HELENA MARTINS	Amigos Atletismo Mafra	F VET 50-55-60	00:41:59.88	00:41:42.02	04:11

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3363	560	JOÃO FILIPE MARTINHO	Individual	M SENIORES	00:42:00.44	00:41:24.49	04:09
1922	561	PEDRO PIRES	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	M VET 50-55-60	00:42:00.63	00:40:21.82	04:03
1160	562	JOÃO MANUEL CARDOSO LOPES	Individual	M SENIORES	00:42:00.64	00:41:13.81	04:08
1600	563	MIGUEL TRAVANCA	Individual	M VET 35-40-45	00:42:01.57	00:41:14.61	04:08
5410	564	RAQUEL CHANG	-	F VET 35-40-45	00:42:01.83	00:40:47.98	04:05
1164	565	JOÃO MENDES	Individual	M SENIORES	00:42:02.35	00:40:26.64	04:03
1629	566	MIGUEL TORGAL	Individual	M VET 35-40-45	00:42:02.79	00:41:06.68	04:07
2660	567	NUNO COSTA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:42:02.81	00:41:26.81	04:09
1940	568	RAFAEL ZAMBRANA	Individual	M SENIORES	00:42:03.73	00:42:03.73	04:13
5802	568	SANDRA BARROS	CLUBE DE FUTEBOL “ OS BELENENSES “	F VET 35-40-45	00:42:03.73	00:41:52.84	04:12
1091	570	JOAO ABRANTES	Individual	M VET 50-55-60	00:42:04.83	00:41:33.02	04:10
5068	571	LUIS ZUNA	-	M SENIORES	00:42:05.71	00:41:48.54	04:11
5897	572	INÉS OLIVEIRA	NucleOeiras	F SENIORES	00:42:05.75	00:41:25.65	04:09
3757	573	NUNO BOGALHEIRO	Amigos Vale Silencio	M VET 35-40-45	00:42:07.63	00:41:50.57	04:12
5143	574	PAULO SILVA	OPraticante.pt	M VET 35-40-45	00:42:07.80	00:40:36.73	04:04
5249	575	BRUNO AMARO	Conquista Ginásio	M VET 35-40-45	00:42:08.09	00:39:12.87	03:56
2470	576	JOSÉ MONTEIRO	Serviços Sociais Caixa Geral Depósitos	M SENIORES	00:42:08.64	00:41:25.80	04:09
1624	577	MIGUEL SANTOS	Individual	M SENIORES	00:42:09.87	00:40:20.29	04:03
2866	578	ANA FILIPA SAMPAIO	Alhandra Sporting Club	F SENIORES	00:42:10.06	00:41:43.88	04:11
1599	579	MIGUEL TAVARES	Ca Patameiras	M VET 35-40-45	00:42:11.06	00:41:21.49	04:09
1842	580	PAULO VIEIRA	Individual	M VET 35-40-45	00:42:14.76	00:41:13.28	04:08
4534	581	JORGE COSTA	CORRER LISBOA	M VET 35-40-45	00:42:15.37	00:41:56.58	04:12
3563	582	LUIS LEMOS	Individual	M VET 35-40-45	00:42:15.92	00:41:50.06	04:12
708	583	CLÁUDIA MATOS	Individual	F VET 35-40-45	00:42:16.41	00:40:59.82	04:06
2980	584	BRUNO RAPOSEIRA	Individual	M SENIORES	00:42:16.42	00:41:36.22	04:10
3069	585	CESAR ANDRADE	Alhandra Sporting Club	M VET 35-40-45	00:42:17.23	00:41:49.48	04:11
4912	586	PEDRO CANELAS	-	M VET 35-40-45	00:42:17.88	00:41:51.21	04:12
3765	587	NUNO FILIPE MARTINS	Pace.makers	M VET 35-40-45	00:42:18.60	00:41:54.89	04:12
4864	588	JAIME LIMA	-	M VET 50-55-60	00:42:19.71	00:42:07.17	04:13
480	589	ANTÓNIO RUI MERUJO MERUJO	Individual	M VET 50-55-60	00:42:20.02	00:41:09.99	04:07
3548	590	LUIS AURÉLIO	Individual	M VET 35-40-45	00:42:20.14	00:41:26.84	04:09
5138	591	PAULO BARRY	OPraticante.pt	M VET 35-40-45	00:42:20.29	00:40:49.45	04:05
4872	592	JOAO SOUSA	-	M JUNIORES	00:42:20.41	00:41:50.12	04:12
3128	593	DUARTE CARVALHO	Confraria Bons Vivans	M VET 35-40-45	00:42:20.81	00:41:26.60	04:09
2074	594	RUI MANUEL SARMENTO ANTUNES	Individual	M VET 35-40-45	00:42:20.91	00:42:20.91	04:15
187	595	NUNO MOREIRA DA SILVA	-	M VET 35-40-45	00:42:20.95	00:40:18.41	04:02
3546	596	LUÍS ANTÓNIO VALINHO VALINHO	Individual	M SENIORES	00:42:22.11	00:41:46.40	04:11
963	597	GUILHERME RIBEIRO MARTINS	Individual	M SENIORES	00:42:22.65	00:41:31.43	04:10
1846	598	PEDRO GOMES	Individual	M VET 35-40-45	00:42:23.17	00:41:33.06	04:10
1580	599	MAURICIO COSTA	Individual	M VET 35-40-45	00:42:23.22	00:42:05.91	04:13
1927	600	PEDRO SILVA	Individual	M VET 35-40-45	00:42:24.31	00:42:05.48	04:13
97	601	JOSÉ CONCEIÇÃO	Linda-a-Pastora Sporting Clube	M VET 50-55-60	00:42:24.99	00:42:17.20	04:14
5426	602	FILIPE CARREIRO	-	M SENIORES	00:42:25.57	00:41:21.59	04:09
1905	603	PEDRO MIGUEL PEREIRA	AminhaCorrida/Myprotein	M SENIORES	00:42:27.61	00:41:47.90	04:11
55	604	JOSÉ MOREIRA	Sporting CP	M SENIORES	00:42:27.87	00:42:21.07	04:15
4901	605	ORLANDO CORREIA	-	M VET 35-40-45	00:42:29.35	00:40:16.48	04:02
647	606	CARLOS SANTOS	Individual	M VET 35-40-45	00:42:29.42	00:41:16.18	04:08
1171	607	JOAO PARADINHA	Individual	M VET 35-40-45	00:42:30.18	00:41:24.74	04:09
592	608	CARLOS ALBERTO LIMA	Individual	M VET 35-40-45	00:42:30.25	00:41:47.65	04:11
4144	609	TIAGO FERREIRA	Individual	M SENIORES	00:42:30.54	00:41:55.40	04:12
3658	610	MARIANA MOREIRA	U.F. Comércio e Indústria Atletismo	F SENIORES	00:42:30.88	00:42:05.43	04:13

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1746	611	OSCAR SANTOS	Ca Patameiras	M VET 50-55-60	00:42:31.53	00:41:56.84	04:12
5226	612	PEDRO OLIVEIRA	-	M SENIORES	00:42:31.81	00:39:53.51	04:00
4804	613	TIAGO PEDRO VARANDA	Individual	M VET 35-40-45	00:42:31.95	00:40:14.45	04:02
4252	614	JOSÉ SILVA	Odimarq	M VET 50-55-60	00:42:32.49	00:42:17.24	04:14
1309	615	JOSE MANUEL MORAIS RIBEIRO	CNA - Clube Natação Amadora	M VET 50-55-60	00:42:32.93	00:40:30.34	04:04
4181	616	VITOR MANUEL BRANCO AZEVEDO AZEVEDO	Asas nos Pés	M VET 35-40-45	00:42:33.26	00:42:14.32	04:14
1328	616	JOSE SALAZAR	BELEM RUN	M VET 50-55-60	00:42:33.26	00:42:07.80	04:13
2346	618	JOSE RAMALHO	CORRER LISBOA	M VET 35-40-45	00:42:33.30	00:42:20.92	04:15
4781	619	OSVALDO CALDEIRA	Urban Run Team	M VET 50-55-60	00:42:33.38	00:40:45.87	04:05
1696	620	NUNO GONÇALO PINTO DA COSTA	Individual	M VET 35-40-45	00:42:33.53	00:41:52.25	04:12
2297	621	VITOR MARQUES	Individual	M VET 35-40-45	00:42:33.94	00:40:59.26	04:06
3044	622	CARLOS SOL	SEF RUNNING TEAM	M VET 35-40-45	00:42:34.44	00:41:47.44	04:11
2979	623	BRUNO MARTINS	Individual	M SENIORES	00:42:34.48	00:42:09.58	04:13
2416	624	IVO DOS SANTOS	Clube Millennium Bcp	M SENIORES	00:42:34.57	00:40:55.38	04:06
5509	625	JOÃO PEDRO GOMES	Amigos Atletismo Mafra	M VET 35-40-45	00:42:35.41	00:41:59.14	04:12
3146	626	ERNESTO MONTEIRO	Câmara Lisboa Clube	M VET 35-40-45	00:42:35.55	00:41:57.12	04:12
1743	627	ORLANDO PEDRO	CCD Sintrense	M VET 35-40-45	00:42:36.41	00:41:08.23	04:07
546	628	BRUNO PANDAIO	Individual	M VET 35-40-45	00:42:36.75	00:42:27.05	04:15
4101	629	SOLEDADE PEREIRA	Manique de Cima	F SENIORES	00:42:37.62	00:41:45.42	04:11
621	630	CARLOS GONÇALVES	PRAFIT CLUBE	M SENIORES	00:42:38.16	00:41:38.34	04:10
4155	631	TÓ SERRÃO	Individual	M VET 35-40-45	00:42:39.20	00:41:56.56	04:12
979	632	HELDER PEREIRA	Individual	M VET 35-40-45	00:42:39.95	00:41:14.32	04:08
2459	633	EDUARDO LAGOA	Centro cultural e desportivo dos trabalhadores do metropolitano de lisboa	M VET 35-40-45	00:42:40.91	00:42:01.91	04:13
2693	634	SEBASTIÃO BARATA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:42:41.27	00:42:26.36	04:15
3135	635	EDUARDO SCHMIDT	Individual	M SENIORES	00:42:42.01	00:41:41.40	04:11
1324	636	JOSÉ REIS REIS	Sporting Clube da Reboleira e Damaia	M VET 50-55-60	00:42:42.05	00:42:25.31	04:15
4419	637	BRIGITTE CARDOSO	CORRER LISBOA	F SENIORES	00:42:42.44	00:41:58.69	04:12
4644	638	PEDRO CARDOSO	CORRER LISBOA	M VET 35-40-45	00:42:42.59	00:41:57.62	04:12
3533	639	LUCIANO CORREIA	U.F. Comércio e Indústria Atletismo	M VET 35-40-45	00:42:42.97	00:42:16.97	04:14
3311	640	JEAN MICHEL VIE	Alhandra Sporting Club	M VET 35-40-45	00:42:43.77	00:41:41.16	04:11
1731	641	NUNO SILVA	Peniche a Correr	M VET 35-40-45	00:42:44.02	00:42:32.48	04:16
3031	642	CARLOS LOPES	Peniche a Correr	M VET 35-40-45	00:42:44.08	00:42:32.01	04:16
4341	643	LUIS SANTOS	Indivi	M VET 35-40-45	00:42:44.24	00:41:41.68	04:11
385	644	ANDRE MENDONÇA	BELEM RUNNERS	M SENIORES	00:42:45.23	00:42:19.74	04:14
2975	645	BERNARDO BRITO	Individual	M SENIORES	00:42:45.63	00:42:18.73	04:14
4782	646	PAULO MOREIRA	Grupo Desportivo e Recreativo da Reboleira	M VET 35-40-45	00:42:46.38	00:39:53.35	04:00
1026	647	HUMBERTO ROCHA BORGES BORGES	Individual	M VET 35-40-45	00:42:47.63	00:42:15.84	04:14
2728	648	JOÃO CRUZ	TST	M VET 50-55-60	00:42:47.97	00:42:08.67	04:13
3226	649	GONÇALO TORRES	Confraria Bons Vivans	M SENIORES	00:42:48.69	00:41:54.73	04:12
879	650	FERNANDO ROSETE	Individual	M VET 35-40-45	00:42:49.02	00:41:55.26	04:12
1802	651	PAULO FERREIRA	Individual	M VET 35-40-45	00:42:50.75	00:42:28.71	04:15
982	652	HELDER VALADAS	Os Perigosos	M VET 35-40-45	00:42:51.49	00:42:30.64	04:16
4936	653	ALEXANDRE COSTA	-	M VET 35-40-45	00:42:51.83	00:42:12.10	04:14
4983	654	DANIELA MARINHEIRO	-	F VET 35-40-45	00:42:52.25	00:42:39.51	04:16
5288	655	JORGE PAREDES	-	M VET 35-40-45	00:42:52.33	00:42:13.78	04:14
5335	656	ROMÃO PEDROSO	-	M SENIORES	00:42:52.94	00:41:09.67	04:07
4899	657	NUNO SEGUNDO	-	M SENIORES	00:42:53.22	00:42:33.06	04:16
1709	658	NUNO MIGUEL FERNANDES ISABEL	Individual	M VET 35-40-45	00:42:53.55	00:42:13.42	04:14
5920	659	ANA PEREIRA	NucleOe	F VET 35-40-45	00:42:53.60	00:42:43.44	04:17
630	660	CARLOS MANUEL DE OLIVEIRA GUERREIRO GUERREIRO	Individual	M VET 50-55-60	00:42:54.20	00:42:10.80	04:14
4951	661	ANILSON SOARES	-	M SENIORES	00:42:54.24	00:42:29.00	04:15

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2215	662	TEOTÓNIO XAVIER NETO	Individual	M VET 50-55-60	00:42:54.32	00:40:57.61	04:06
4362	663	LUÍS RAMOS	Individual	M VET 35-40-45	00:42:55.68	00:42:18.90	04:14
2002	664	RIO DIEGUES DIEGUES	Individual	M VET 50-55-60	00:42:56.35	00:42:36.57	04:16
282	665	ALBERTO MATIAS	Individual	M VET 50-55-60	00:42:57.89	00:42:38.41	04:16
1789	666	PAULO ALEXANDRE SANTOS	Individual	M SENIORES	00:42:58.50	00:39:53.93	04:00
5355	667	BRUNO GAMITO	-	M SENIORES	00:42:58.55	00:42:09.49	04:13
1835	668	PAULO SANTOS	LOURDETE PERFUMARIAS	M VET 35-40-45	00:42:58.61	00:42:45.43	04:17
1333	669	JOSÉ SÉRGIO SANTOS LOPES	Individual	M VET 35-40-45	00:42:59.85	00:42:05.80	04:13
2729	670	JOÃO FARINHA	TST	M VET 35-40-45	00:42:59.94	00:41:29.24	04:09
5398	671	RICARDO FARIA	-	M VET 35-40-45	00:43:00.75	00:42:10.33	04:14
3447	672	JORGE REIS REIS	AABV-Lagoa-Algarve	M VET 35-40-45	00:43:00.76	00:42:50.57	04:18
5694	673	ALEXANDRA PORTELA	União Atlético Povoense	F VET 35-40-45	00:43:01.21	00:42:42.49	04:17
4973	674	CARLOS ALBERTO BARBOSA FERREIRA	-	M VET 50-55-60	00:43:01.26	00:42:00.71	04:13
4549	675	LEONEL MENDES	Individual	M SENIORES	00:43:02.04	00:41:35.34	04:10
203	676	FERNANDO MOREIRA	-	M VET 50-55-60	00:43:03.23	00:42:54.82	04:18
978	677	HELDER PALHAS	Individual	M VET 35-40-45	00:43:03.25	00:42:41.16	04:17
2060	678	RUI GRAÇA	CCD Crédito Agrícola Mútuo	M VET 50-55-60	00:43:03.55	00:40:44.12	04:05
4477	679	FILIFE LOUREIRO	Individual	M VET 35-40-45	00:43:03.79	00:42:50.33	04:18
941	680	GONÇALO ÁGUAS	Individual	M SENIORES	00:43:04.12	00:42:45.41	04:17
2567	681	GABRIEL DRUMOND SILVA	Clube Ferroviário de Portugal	M SENIORES	00:43:04.54	00:42:08.80	04:13
2847	682	ALEXANDRE RICO	Alhandra Sporting Club	M VET 35-40-45	00:43:05.16	00:42:02.33	04:13
626	683	CARLOS LOPES	Aminhacorrida/myprotein	M VET 35-40-45	00:43:05.47	00:41:53.95	04:12
4042	684	RUI SILVA	Individual	M SENIORES	00:43:05.56	00:42:05.60	04:13
1016	685	HUGO LAMPREIA	Valejas AC	M VET 35-40-45	00:43:07.02	00:42:42.24	04:17
2212	686	TELMO NOGUEIRA	Fragosos	M SENIORES	00:43:08.24	00:41:30.31	04:10
1675	687	NUNO ALVES	Individual	M VET 35-40-45	00:43:08.46	00:41:49.43	04:11
3667	688	MARIO ALBERTO FIGUEIRA RODRIGUES PIRES	Individual	M VET 50-55-60	00:43:09.76	00:43:02.50	04:19
2685	689	RODRIGO PAIS DE ALMEIDA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:43:10.14	00:42:34.38	04:16
2540	690	JOÃO MARINHO	Individual	M VET 35-40-45	00:43:11.05	00:40:59.11	04:06
4091	691	SEVERINO SANTOS COSTA	Individual	M VET 50-55-60	00:43:11.20	00:42:44.54	04:17
5331	692	RICARDO NUNO	-	M VET 35-40-45	00:43:11.49	00:41:15.43	04:08
4693	693	TIAGO SIMÕES	Individual	M SENIORES	00:43:12.06	00:42:55.89	04:18
3502	694	JOSÉ PITA	Manique de Cima	M VET 50-55-60	00:43:12.50	00:42:10.28	04:14
1856	695	PEDRO AFONSO	Individual	M VET 35-40-45	00:43:15.18	00:41:19.72	04:08
5329	696	RICARDO FILIFE	Jobrinde Montes Saloios	M VET 35-40-45	00:43:15.62	00:41:03.57	04:07
2722	697	FERNANDO BATISTA	TST	M VET 35-40-45	00:43:15.95	00:41:52.31	04:12
5591	698	JOÃO CARLOS FERNANDES PEREIRA	Individual	M VET 50-55-60	00:43:16.49	00:42:13.25	04:14
5369	699	HÉLDER GUERREIRO	-	M VET 35-40-45	00:43:17.27	00:42:29.58	04:15
496	700	ARTUR GONÇALVES	Individual	M VET 35-40-45	00:43:18.15	00:42:24.31	04:15
5131	701	OSCAR CAETANO	-	M VET 35-40-45	00:43:19.84	00:42:54.25	04:18
297	702	ALEXANDRE SANTOS	Individual	M VET 35-40-45	00:43:20.58	00:42:56.44	04:18
1482	703	MARCO FANCISCO	Individual	M SENIORES	00:43:21.75	00:42:10.32	04:14
4393	704	ANDRÉ BARBOSA	Individual	M SENIORES	00:43:23.02	00:42:37.46	04:16
4484	705	FRANCISCO POMBO RODRIGUES	Individual	M SENIORES	00:43:23.13	00:41:50.16	04:12
2833	706	AFONSO LOPES LOPES	Individual	M VET 50-55-60	00:43:25.66	00:41:54.47	04:12
3234	707	GONÇALO VICENTE	Individual	M VET 35-40-45	00:43:26.04	00:39:48.60	03:59
6236	708	JOAQUIM SERENO	-	M VET 35-40-45	00:43:26.44	00:43:15.80	04:20
4361	709	JORGE CARVALHO	Individual	M VET 35-40-45	00:43:27.98	00:43:27.98	04:21
2436	710	NELSON COSTA	Clube Millennium Bcp	M SENIORES	00:43:28.27	00:41:05.73	04:07
3557	711	LUIS FERREIRA	Individual	M VET 35-40-45	00:43:28.39	00:42:44.75	04:17
5142	712	PAULO RODIGUES	CORRER LISBOA	M VET 35-40-45	00:43:28.47	00:41:40.58	04:11

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2431	713	MARINELA INACIO	Clube Millennium Bcp	F VET 50-55-60	00:43:28.86	00:41:05.70	04:07
824	714	EMANUEL SEITA	Individual	M VET 35-40-45	00:43:30.25	00:42:52.63	04:18
5012	715	BRUNO SOUSA	-	M VET 35-40-45	00:43:31.01	00:40:55.42	04:06
2687	716	RUI CASTRO MARTINS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:43:31.98	00:41:51.85	04:12
934	717	GABRIEL MOREIRA	Individual	M VET 50-55-60	00:43:32.57	00:42:43.74	04:17
1598	718	MIGUEL SIMÕES	Individual	M VET 35-40-45	00:43:32.80	00:42:43.42	04:17
5019	719	JOAO ANTUNES	-	M SENIORES	00:43:34.34	00:41:43.08	04:11
1178	720	JOÃO PAULO LIMÃO	Individual	M VET 35-40-45	00:43:34.65	00:43:01.01	04:19
5034	721	JOÃO PAULO BARROS	Tartarugas Solidárias	M VET 35-40-45	00:43:35.25	00:42:41.34	04:17
3540	722	LUÍS MATOS	G.D.R. São Francisco da Serra	M VET 35-40-45	00:43:36.81	00:43:20.45	04:21
3625	723	MARCO PASSARINHO	Individual	M SENIORES	00:43:37.62	00:43:13.98	04:20
1188	724	JOÃO PEREIRA	Individual	M VET 35-40-45	00:43:38.06	00:43:38.06	04:22
5427	725	FILIPPE LACERDA	-	M SENIORES	00:43:38.44	00:42:39.86	04:16
5128	726	NUNO PEREIRA	-	M VET 35-40-45	00:43:39.05	00:43:22.72	04:21
5406	727	CARLOS MANUEL BISPO MARQUES PINTO	-	M SENIORES	00:43:39.23	00:41:53.74	04:12
4854	728	HÉLDER SÊCO	-	M VET 35-40-45	00:43:39.39	00:43:11.15	04:20
1804	729	PAULO GAMBOA	Ca Patameiras	M VET 35-40-45	00:43:39.66	00:43:39.66	04:22
1565	730	MARISA FIGUEIREDO	Peniche a Correr	F VET 35-40-45	00:43:39.96	00:43:27.53	04:21
4254	731	LUIS NOBRE	Peniche a Correr	M VET 35-40-45	00:43:40.52	00:43:27.94	04:21
1564	732	MÁRIO ZARRO	Peniche a Correr	M VET 35-40-45	00:43:40.78	00:43:29.67	04:21
3410	733	JOAO SARAIVA	Individual	M VET 35-40-45	00:43:41.05	00:42:14.30	04:14
3745	734	NUNO LAURENTINO	Individual	M VET 35-40-45	00:43:41.50	00:42:18.82	04:14
4164	735	VENÂNCIO JOSÉ LEITÃO	Individual	M VET 35-40-45	00:43:42.33	00:43:25.24	04:21
492	736	ARMANDO CRUZ	Individual	M VET 50-55-60	00:43:42.53	00:42:47.45	04:17
1297	737	JOSE JULIO CORREIA HENRIQUES	Associação Desportiva Real Academia	M VET 35-40-45	00:43:43.61	00:42:39.71	04:16
2708	738	ANTÓNIO GALAMBA	TST	M VET 35-40-45	00:43:44.18	00:43:22.60	04:21
3043	739	CARLOS SOARES	Correr Lisboa	M VET 35-40-45	00:43:44.74	00:43:19.78	04:20
891	740	FILIPPE SANTOS	Individual	M VET 35-40-45	00:43:45.41	00:42:06.97	04:13
384	741	ANDRE COSTAL	Individual	M VET 35-40-45	00:43:46.11	00:43:14.77	04:20
5075	742	LUÍS LOUREIRO	OPraticante.pt	M SENIORES	00:43:47.16	00:42:19.45	04:14
1401	743	LUIS FERREIRA	u.r.d.arranhò	M VET 35-40-45	00:43:47.85	00:42:46.89	04:17
3602	744	MANUEL ARAÚJO	GRD OS FIXES	M VET 50-55-60	00:43:48.08	00:42:56.65	04:18
4237	745	JOÃO SILVA PINTO	Individual	M VET 35-40-45	00:43:48.65	00:43:16.94	04:20
1251	746	JORGE SERRA	Individual	M VET 50-55-60	00:43:48.80	00:42:39.81	04:16
3331	747	JOÃO BOGALHEIRO	Amigos Vale Silencio	M VET 50-55-60	00:43:48.84	00:43:31.36	04:22
5563	748	DANIEL SILVA	Clube Atletismo Odimarq	M VET 50-55-60	00:43:49.13	00:43:11.12	04:20
910	749	FRANCIS FRANCIS	Individual	M SENIORES	00:43:49.84	00:42:45.07	04:17
3277	750	ILISITO FERREIRA FERREIRA	Individual	M SENIORES	00:43:49.90	00:43:07.69	04:19
1822	751	PAULO MIGUEL GOMES	Correr Lisboa	M VET 35-40-45	00:43:51.80	00:43:05.45	04:19
3714	752	MIGUEL ROCHA	Individual	M VET 35-40-45	00:43:52.39	00:43:22.83	04:21
2501	753	ALEXANDRE COSTA	CLUBE VODAFONE	M VET 35-40-45	00:43:52.51	00:42:57.65	04:18
2507	754	JOAQUIM MANUEL COELHO LIMA	CLUBE VODAFONE	M VET 50-55-60	00:43:53.10	00:42:58.76	04:18
1244	755	JORGE MIGUEL AZENHA BERNARDO	Individual	M VET 35-40-45	00:43:53.80	00:42:48.25	04:17
2509	756	LUIS PIRES	Individual	M VET 35-40-45	00:43:54.25	00:43:00.40	04:19
2433	757	MARIO DURO	Clube Millennium Bcp	M VET 35-40-45	00:43:54.39	00:41:23.12	04:09
3385	758	JOÃO NÓBREGA	Individual	M SENIORES	00:43:54.99	00:42:35.24	04:16
540	759	BRUNO MARTINHO	Individual	M VET 35-40-45	00:43:55.22	00:42:09.55	04:13
783	760	DOMINGOS RODRIGUES	Individual	M VET 35-40-45	00:43:55.43	00:43:43.19	04:23
834	761	EVELINO MAGALHAES	Individual	M VET 35-40-45	00:43:55.53	00:43:33.95	04:22
1269	762	JOSÉ ABREU	GDCTINCM	M VET 50-55-60	00:43:56.39	00:42:59.84	04:18
1655	763	NUNO BEIJOCA	Individual	M VET 35-40-45	00:43:56.52	00:42:54.61	04:18

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3863	764	PAULO SOUSA TORRES	Garehotelrunning	M VET 35-40-45	00:43:57.27	00:42:10.79	04:14
760	765	DIAMANTINO MANUEL PEREIRA GAMITO GAMITO	Individual	M VET 50-55-60	00:43:58.18	00:43:35.78	04:22
2674	766	PEDRO FONTOURA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:43:58.23	00:43:12.95	04:20
103	767	JORGE MARTINHO	Clube Ferroviário de Portugal	M VET 35-40-45	00:43:58.58	00:43:49.55	04:23
3455	768	JOSÉ DE MATOS	Individual	M VET 50-55-60	00:43:58.76	00:43:33.66	04:22
1592	769	MIGUEL MARQUES	Individual	M VET 35-40-45	00:43:59.21	00:43:23.74	04:21
5203	770	ANTÓNIO COELHO	RUNning	M VET 50-55-60	00:43:59.58	00:43:15.82	04:20
393	771	ANDRÉ DOS SANTOS SOBRAL	Individual	M VET 35-40-45	00:43:59.99	00:43:28.28	04:21
1072	772	JAIME CARDOSO	Individual	M SENIORES	00:44:00.10	00:43:42.46	04:23
1238	773	JORGE FERREIRA	Individual	M VET 50-55-60	00:44:00.21	00:43:47.15	04:23
754	774	DAVID PINHEIRO	CCD-AT	M VET 35-40-45	00:44:00.47	00:41:47.08	04:11
2637	775	JOAQUIM FRADE	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:44:01.85	00:43:34.80	04:22
2608	776	CARLOS MANUEL LEITÃO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:44:01.87	00:43:00.13	04:19
4400	777	ANTÓNIO MOITA	Individual	M VET 50-55-60	00:44:02.03	00:43:49.69	04:23
2809	778	NUNO ANASTÁCIO	Holmes Place	M VET 35-40-45	00:44:02.46	00:42:58.37	04:18
4869	779	JOAO GAMA	-	M VET 35-40-45	00:44:02.54	00:43:44.02	04:23
5647	780	NUNO GRAÇA	Juventude Operária Monte Abraão	M SENIORES	00:44:03.45	00:43:22.78	04:21
2445	781	PEDRO SÁ	Clube Millennium Bcp	M VET 35-40-45	00:44:04.70	00:42:26.77	04:15
1581	782	MAURO PIMENTA	Individual	M VET 35-40-45	00:44:06.00	00:42:38.93	04:16
3887	783	PEDRO CAMPOS	Individual	M VET 35-40-45	00:44:06.23	00:43:47.63	04:23
1741	784	ORLANDO ALVES	Individual	M VET 35-40-45	00:44:06.93	00:42:09.59	04:13
2092	785	RUI REGO	Individual	M SENIORES	00:44:07.30	00:42:32.06	04:16
2475	786	PEDRO XAVIER	Individual	M VET 35-40-45	00:44:07.41	00:42:10.34	04:14
3907	787	PEDRO MARTINS	SEF RUNNING TEAM	M VET 35-40-45	00:44:07.73	00:43:20.95	04:21
605	788	CARLOS CRAVEIRA	Individual	M VET 35-40-45	00:44:08.15	00:43:21.49	04:21
2024	789	RODRIGO FIGUEIRA	Individual	M SENIORES	00:44:08.53	00:43:57.47	04:24
1661	790	NUNO GONÇALVES	Individual	M VET 35-40-45	00:44:08.55	00:42:32.39	04:16
2415	791	HELDER DIOGO	Clube Millennium Bcp	M VET 35-40-45	00:44:09.36	00:43:57.60	04:24
996	792	HENK JAN RUITENBEEK	Individual	M SENIORES	00:44:09.62	00:43:33.79	04:22
3751	793	NUNO VENTURA	G A Monsanto Gascan	M VET 35-40-45	00:44:10.88	00:42:24.01	04:15
1295	794	JOSÉ GUERREIRO	Individual	M VET 50-55-60	00:44:10.92	00:43:28.17	04:21
3160	795	FERNANDO PAULINO	Asas nos Pés	M VET 35-40-45	00:44:11.47	00:42:42.91	04:17
4944	796	ANDRÉ RISCADO	Maratona Clube de Portugal	M VET 35-40-45	00:44:12.56	00:42:11.69	04:14
3956	797	RICARDO ANDORINHO	Individual	M VET 35-40-45	00:44:13.93	00:42:51.65	04:18
902	798	FILIPPE MIGUEL MATOS	Individual	M SENIORES	00:44:15.30	00:42:05.53	04:13
3490	799	JOSÉ LOPES	Individual	M VET 35-40-45	00:44:15.51	00:43:11.47	04:20
3362	800	JOAO FILIPE ESTRELA ROSA	Individual	M SENIORES	00:44:15.81	00:41:36.70	04:10
3022	801	CARLOS DUARTE	Individual	M VET 35-40-45	00:44:15.93	00:43:30.15	04:22
640	802	CARLOS NORONHA	Individual	M VET 35-40-45	00:44:16.59	00:43:34.22	04:22
5312	803	MATTEO MARIA GAMBARDELLA GAMBARDELLA	-	M SENIORES	00:44:16.64	00:43:01.70	04:19
273	804	ADELINO SEMEDO	GDC Banco de Portugal	M VET 50-55-60	00:44:16.77	00:42:28.47	04:15
1177	805	JOÃO PAULO GONÇALVES	Correr na Cidade - Canespor	M VET 35-40-45	00:44:17.64	00:40:36.75	04:04
1658	806	NUNO FERREIRA	Individual	M VET 35-40-45	00:44:17.98	00:43:41.50	04:23
4690	807	TIAGO PINTO	CORRER LISBOA	M VET 35-40-45	00:44:18.89	00:43:35.37	04:22
5049	808	JOSÉ BELO	-	M VET 35-40-45	00:44:19.16	00:43:58.35	04:24
2101	809	RUI VALE	Individual	M VET 35-40-45	00:44:20.22	00:41:44.59	04:11
1428	810	LUÍS MIGUEL RELVAS PEDRO	Individual	M VET 35-40-45	00:44:20.77	00:43:25.13	04:21
884	811	FERNANDO ZACARIAS	Vitória Futebol Clube	M VET 35-40-45	00:44:21.13	00:44:13.42	04:26
4660	812	RICARDO FIRMINO	Individual	M VET 35-40-45	00:44:22.00	00:42:55.95	04:18
1321	813	JOSÉ PINTO	Clinica Dr Cautela	M VET 50-55-60	00:44:22.85	00:42:10.48	04:14
4192	814	ALEXANDRE SANTOS	Lobos da Católica	M VET 50-55-60	00:44:23.37	00:43:17.31	04:20

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1100	815	JOÃO GLÓRIA	Peniche a Correr	M SENIORES	00:44:24.09	00:44:11.38	04:26
2989	816	BRUNO MIGUEL ROMÃO NABAIS CORREIA	Individual	M SENIORES	00:44:25.32	00:42:51.72	04:18
1824	817	PAULO NEVES	CCD Sintrense	M VET 35-40-45	00:44:25.63	00:43:58.27	04:24
2560	818	CARLOS FRANÇA	Clube Ferroviário de Portugal	M VET 35-40-45	00:44:25.87	00:44:09.15	04:25
2104	819	RUI VIEITAS	Individual	M VET 35-40-45	00:44:28.04	00:43:58.52	04:24
1408	820	LUIS MACHADO	Individual	M SENIORES	00:44:28.21	00:43:56.53	04:24
4087	821	SÉRGIO TAVARES	Individual	M SENIORES	00:44:28.41	00:43:41.72	04:23
4635	822	PAULO GANDUM	Individual	M VET 35-40-45	00:44:30.08	00:44:08.08	04:25
4720	823	DANIEL MARTINS	Individual	M VET 35-40-45	00:44:30.62	00:44:30.62	04:28
2795	824	ANDRÉ MALHADO	Holmes Place	M SENIORES	00:44:31.23	00:43:27.20	04:21
5798	825	JOSÉ SERPA	CLUBE DE FUTEBOL " OS BELENENSES "	M VET 50-55-60	00:44:31.33	00:43:54.19	04:24
4279	826	RICARDO LOURENÇO	Individual	M VET 35-40-45	00:44:33.32	00:43:24.84	04:21
3901	827	PEDRO FERREIRA	Individual	M SENIORES	00:44:35.23	00:41:33.94	04:10
757	828	DELFINO MACHADO	Individual	M VET 50-55-60	00:44:35.46	00:43:23.21	04:21
585	829	CARLOS MARQUES	Individual	M VET 35-40-45	00:44:35.65	00:41:01.73	04:07
3566	830	LUIS MENDES	NAPA	M VET 35-40-45	00:44:36.35	00:43:53.17	04:24
1246	831	JORGE MIGUEL P F FERREIRA	Individual	M VET 35-40-45	00:44:36.72	00:43:45.39	04:23
2845	832	ALEXANDRE FIGUEIREDO FIGUEIREDO	Individual	M VET 35-40-45	00:44:36.76	00:43:08.15	04:19
5447	833	MIGUEL ROBIN DE ANDRADE	-	M VET 35-40-45	00:44:37.14	00:44:19.36	04:26
3065	834	CELIA CECILIO	NAPA	F VET 35-40-45	00:44:37.18	00:43:52.34	04:24
3677	835	MÁRIO MENDES AMARO AMARO	Individual	M VET 35-40-45	00:44:37.81	00:43:07.15	04:19
5940	836	ANA VIEIRA	Associação de Estilos de Vida Saudável	F VET 35-40-45	00:44:37.91	00:44:03.52	04:25
5156	837	PEDRO TAVARES	-	M VET 35-40-45	00:44:38.52	00:42:18.26	04:14
475	838	ANTONIO RAMOS	FCR ROSSÃO	M VET 35-40-45	00:44:38.79	00:44:11.82	04:26
1695	838	NUNO GOMES	Individual	M VET 35-40-45	00:44:38.79	00:44:06.29	04:25
259	840	JOÃO VEIGA	Correr Lisboa	M SENIORES	00:44:38.97	00:43:23.33	04:21
3389	841	JOÃO PAULO	99 provasgratuitas team	M VET 35-40-45	00:44:39.66	00:44:11.75	04:26
6257	842	PAULO JORGE DUARTE SILVA	Unk	M VET 50-55-60	00:44:39.70	00:44:19.68	04:26
918	843	FRANCISCO DIAS	Individual	M VET 35-40-45	00:44:39.91	00:43:40.53	04:23
1849	844	PEDRO MACHADO	Individual	M VET 35-40-45	00:44:39.97	00:44:22.56	04:27
5929	844	RICARDO MESTRE	NucleOeiras	M VET 35-40-45	00:44:39.97	00:42:50.95	04:18
130	846	BRUNO BERNARDO	Individual	M VET 35-40-45	00:44:40.18	00:44:31.22	04:28
2017	847	ROBERTO GONÇALVES	Individual	M VET 35-40-45	00:44:40.69	00:44:14.62	04:26
2974	848	BENTO JORGE RIBEIRO	Individual	M VET 50-55-60	00:44:40.74	00:43:37.29	04:22
1099	849	JOÃO FERREIRA	Individual	M VET 35-40-45	00:44:40.98	00:42:18.95	04:14
5864	850	JOÃO LOURENÇO	NucleOeiras	M VET 50-55-60	00:44:41.93	00:44:01.97	04:25
547	851	BRUNO PEDRO CORREIA	Individual	M VET 35-40-45	00:44:42.40	00:43:02.54	04:19
3431	852	JORGÉ BARROS	Individual	M VET 35-40-45	00:44:43.06	00:44:15.51	04:26
4363	853	NUNO LOPES	Individual	M VET 35-40-45	00:44:43.77	00:43:37.17	04:22
1128	854	JOÃO CARDOSO	CCD Sintrense	M VET 35-40-45	00:44:43.87	00:43:12.18	04:20
1262	855	JOSÉ MONTEIRO	GDC Banco de Portugal	M VET 50-55-60	00:44:43.99	00:42:52.70	04:18
184	856	MAFALDA GAMEIRO	-	F VET 35-40-45	00:44:44.61	00:44:36.48	04:28
5384	857	NUNO GONÇALO SOUSA	-	M SENIORES	00:44:44.72	00:42:27.09	04:15
1299	858	JOSÉ LUÍS CARNEIRO FERREIRA	Individual	M VET 50-55-60	00:44:44.77	00:43:07.90	04:19
3063	859	CÉDRIC DOS SANTOS MONTEIRO	Individual	M SENIORES	00:44:45.18	00:42:24.85	04:15
4177	860	VITOR AMADO	Individual	M VET 50-55-60	00:44:45.89	00:43:02.39	04:19
5428	861	FREDERICO LAZARO	CORRER LISBOA	M VET 35-40-45	00:44:47.00	00:42:10.89	04:14
4780	862	NUNO SILVA	Individual	M SENIORES	00:44:47.17	00:42:38.28	04:16
4594	863	MÁRIO GOMES	AÇOREANA	M VET 35-40-45	00:44:47.30	00:43:58.51	04:24
849	864	FERNANDO ALMEIDA	Individual	M VET 35-40-45	00:44:47.72	00:44:18.41	04:26
523	865	BRUNO AIRES	Individual	M VET 35-40-45	00:44:47.86	00:43:15.07	04:20

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
894	866	FILIPPE CHANÇAS PINTO	Individual	M SENIORES	00:44:49.62	00:41:16.94	04:08
3556	867	LUIS FERNANDO ANDRADE ANDRADE	ACS-AMIGOS DA CORRIDA DE SALVATERRA	M SENIORES	00:44:50.47	00:42:41.62	04:17
2654	868	MARIA NOÉMIA SEQUEIRA	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	00:44:50.54	00:43:48.26	04:23
883	869	FERNANDO VALÉRIO	Individual	M VET 35-40-45	00:44:50.90	00:43:53.71	04:24
5347	870	VITOR MARTINS	-	M VET 50-55-60	00:44:51.50	00:44:06.76	04:25
3580	871	LUIS SILVA	Grupo desportivo Santander Totta	M VET 50-55-60	00:44:51.98	00:43:29.12	04:21
287	872	ALBINO TOMAS	Ca Patameiras	M VET 50-55-60	00:44:53.63	00:44:19.26	04:26
634	873	CARLOS MARQUES	Peniche a Correr	M VET 50-55-60	00:44:53.93	00:44:42.61	04:29
6287	875	MARGARIDA GODINHO	-	F VET 50-55-60	00:44:54.47	00:44:39.37	04:28
4204	876	ARMINDO ROMANA	Individual	M VET 35-40-45	00:44:54.82	00:42:30.71	04:16
2382	877	SERGIO FELICIANO	CORRER LISBOA	M VET 35-40-45	00:44:55.34	00:42:40.85	04:17
4278	878	RICARDO ALVES	Individual	M SENIORES	00:44:55.85	00:42:59.64	04:18
4517	879	JOÃO COSTA	Individual	M VET 35-40-45	00:44:56.84	00:43:22.44	04:21
2036	880	RÚBEN NEVES	Individual	M SENIORES	00:44:57.05	00:43:04.58	04:19
5863	881	MARIA CONCEIÇÃO LOPES	NucleOeiras	F VET 50-55-60	00:44:57.57	00:44:28.09	04:27
2515	882	PEDRO CORDEIRO	CLUBE VODAFONE	M VET 35-40-45	00:44:57.75	00:44:01.87	04:25
4746	883	JOÃO PAULO RIBEIRO	Individual	M VET 35-40-45	00:44:57.97	00:44:28.01	04:27
4857	884	HERBERTO MONTEIRO	-	M VET 35-40-45	00:44:57.99	00:42:52.70	04:18
4757	885	LUIS BARRACHO BARRACHO	Individual	M SENIORES	00:44:58.50	00:44:41.67	04:29
4415	886	HUGO SILVA	-	M VET 35-40-45	00:44:58.63	00:44:32.90	04:28
881	887	FERNANDO SILVA	Individual	M VET 50-55-60	00:44:58.91	00:44:58.91	04:30
3444	888	JORGE PAULINO	Peniche a Correr	M VET 50-55-60	00:44:59.35	00:44:45.44	04:29
2511	889	NUNO CONSTÂNCIO	CLUBE VODAFONE	M VET 35-40-45	00:44:59.61	00:44:02.33	04:25
3253	890	HENRIQUE FERREIRA	Individual	M VET 35-40-45	00:44:59.69	00:44:33.29	04:28
2229	891	TIAGO TOUREIRO	Gang Bang	M SENIORES	00:44:59.89	00:43:52.57	04:24
530	892	BRUNO FERNANDES	Individual	M VET 35-40-45	00:45:01.54	00:44:25.15	04:27
2512	893	NUNO JACINTO	CLUBE VODAFONE	M VET 35-40-45	00:45:01.94	00:44:30.62	04:28
3861	894	PAULO SÉRGIO SSNTOS	Individual	M VET 35-40-45	00:45:01.98	00:43:25.15	04:21
2522	895	RUI LUIS	Individual	M VET 35-40-45	00:45:02.94	00:44:06.12	04:25
552	896	BRUNO SANTOS	CCD PM CASCAIS	M SENIORES	00:45:02.97	00:44:22.48	04:27
5348	897	ALBERTINO PACHECO	-	M VET 50-55-60	00:45:03.13	00:44:15.97	04:26
581	898	CARLOS BARATA LOPES	Individual	M VET 50-55-60	00:45:03.52	00:43:50.42	04:24
1932	898	PEDRO TRABUCHO	BPI Runners	M VET 50-55-60	00:45:03.52	00:44:08.54	04:25
5321	900	PAULO BASÍLIO	-	M VET 35-40-45	00:45:03.96	00:43:02.37	04:19
2564	901	DANIEL MACHADO	Clube Ferroviário de Portugal	M VET 35-40-45	00:45:04.08	00:44:30.73	04:28
3908	902	PEDRO MENDONÇA	Individual	M VET 35-40-45	00:45:04.15	00:44:26.60	04:27
2947	903	ANTÓNIO PEDRO MIRANDA	Individual	M SENIORES	00:45:04.30	00:42:10.03	04:14
5462	904	WILSON FERNANDES	Grupo Excursionista Os Económicos	M SENIORES	00:45:04.31	00:44:13.61	04:26
1167	905	JOAO MIGUEL DIAS CRISOSTOMO	Banco Santander Totta	M VET 35-40-45	00:45:04.62	00:43:40.62	04:23
123	906	ANTÓNIO PINHEIRO	Os Galgos	M VET 35-40-45	00:45:05.02	00:44:56.45	04:30
3426	907	JOAQUIM SEMEDO FIDALGO	Individual	M VET 50-55-60	00:45:05.67	00:44:02.10	04:25
3493	908	JOSÉ MARCOS GUERREIRO MIRA	99 provasgratuitas team	M VET 50-55-60	00:45:06.13	00:44:37.41	04:28
1334	909	JOSÉ TAVARES	Correr lisboa	M VET 35-40-45	00:45:06.70	00:44:19.76	04:26
4960	910	ARTUR BASILIO	OPraticante.pt	M VET 35-40-45	00:45:07.02	00:43:41.85	04:23
3202	911	FRANCISCO FERRÃO	Individual	M VET 35-40-45	00:45:07.16	00:44:37.46	04:28
1543	912	MÁRIO FIGUEIREDO	Cofina Runners	M VET 35-40-45	00:45:07.78	00:44:37.69	04:28
5418	913	ANTÓNIO DANIEL SAMPAIO	-	M VET 35-40-45	00:45:08.23	00:43:19.08	04:20
5982	914	CATARINA FERNANDES	Grupo Desportivo Recreativo Manique de Cima	F JUNIORES	00:45:08.32	00:44:06.09	04:25
5233	915	TIAGO BRANDÃO	-	M SENIORES	00:45:08.65	00:44:05.81	04:25
2586	916	RUI MIGUEL DIAS	Clube Ferroviário de Portugal	M VET 35-40-45	00:45:08.88	00:44:53.95	04:30
5194	917	TIAGO PENEDOS	-	M SENIORES	00:45:09.36	00:44:00.19	04:25

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2447	918	RITA NORITAKE	Clube Millennium Bcp	F JUNIORES	00:45:09.61	00:44:36.27	04:28
5390	919	PAULA BASÍLIO	-	F VET 35-40-45	00:45:09.65	00:43:14.48	04:20
5127	920	NUNO MIGUEL RODRIGUES SABINO	Açoreana Clube	M VET 35-40-45	00:45:09.94	00:43:04.70	04:19
4486	921	GENTIL PEREIRA PEREIRA	amigos da flor	M VET 35-40-45	00:45:10.00	00:44:11.10	04:26
2193	922	SUSANA BERNARDO	Aminhacorrída/Myprotein	F SENIORES	00:45:11.33	00:44:25.79	04:27
1131	923	JOÃO CARLOS FIGUEIRA	Individual	M VET 35-40-45	00:45:11.59	00:45:01.30	04:31
2568	924	HORÁCIO OLIVEIRA	Clube Ferroviário de Portugal	M VET 35-40-45	00:45:11.84	00:42:26.27	04:15
4002	925	ROGÉRIO CARREIRO	Asas nos Pés	M VET 50-55-60	00:45:12.03	00:43:34.67	04:22
2929	926	ANTÓNIO CASTRO	Individual	M VET 50-55-60	00:45:13.43	00:44:25.87	04:27
2951	927	ANTÓNIO RICO	Individual	M VET 35-40-45	00:45:14.98	00:43:45.91	04:23
5486	928	GONÇALO SANTOS	-	M SENIORES	00:45:15.57	00:43:54.50	04:24
310	929	ÁLVARO PINTO	Individual	M VET 50-55-60	00:45:15.60	00:44:41.48	04:29
2631	930	JOÃO MARQUES	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:45:15.69	00:43:14.01	04:20
3199	931	FRANCISCO CARMO	G.D.R. São Francisco da Serra	M VET 35-40-45	00:45:16.75	00:43:49.92	04:23
3130	932	EDUARDO ALEIXO	Câmara Lisboa C	M VET 35-40-45	00:45:17.32	00:44:21.30	04:27
1670	933	NUNO VALENCA	Individual	M VET 35-40-45	00:45:17.36	00:44:20.17	04:27
4526	933	JOÃO PIRES	Sport Queluz Gália	M VET 35-40-45	00:45:17.36	00:45:03.70	04:31
3492	935	JOSÉ MANUEL ROSALES VELASCO	Individual	M SENIORES	00:45:17.67	00:43:15.69	04:20
3779	936	NUNO MIGUEL VENES	Individual	M VET 35-40-45	00:45:18.27	00:45:00.87	04:31
1680	937	NUNO BELA	Individual	M VET 35-40-45	00:45:18.85	00:43:10.50	04:20
1626	938	MIGUEL SOUSA	Individual	M SENIORES	00:45:19.52	00:43:10.58	04:20
4274	939	PEDRO FETEIRO	Individual	M SENIORES	00:45:20.09	00:41:54.11	04:12
3198	940	FRANCISCO CAMPOS	Individual	M SENIORES	00:45:20.14	00:43:14.06	04:20
3077	941	CLÁUDIA ROSADO	Individual	F SENIORES	00:45:20.24	00:45:03.52	04:31
3712	942	MIGUEL RIBEIRO	Individual	M VET 35-40-45	00:45:20.32	00:44:44.94	04:29
2919	943	ANTÓNIO FERNANDES	Amigos Vale Silencio	M VET 50-55-60	00:45:21.08	00:44:49.62	04:29
283	944	ALBERTO DOMINGUES	Asas nos Pés	M VET 35-40-45	00:45:21.70	00:45:21.70	04:33
2837	945	ALBERTO COVAS	Individual	M VET 50-55-60	00:45:22.27	00:43:15.63	04:20
3832	946	PAULO BRITO	jackelane e manda brasa	M VET 35-40-45	00:45:22.29	00:43:03.40	04:19
4961	947	ARTUR JOSÉ CARVALHO	-	M VET 50-55-60	00:45:22.38	00:45:01.74	04:31
696	948	CHANTAL XHERVELLE	Individual	F VET 35-40-45	00:45:22.60	00:45:15.13	04:32
2405	949	CARLOS RAMOS	Clube Millennium Bcp	M VET 50-55-60	00:45:23.09	00:43:58.22	04:24
624	950	CARLOS JOSÉ TEIXEIRA DA COSTA	Individual	M VET 50-55-60	00:45:23.44	00:44:16.57	04:26
2112	950	SAMUEL SEBASTIAO SEBASTIAO	Individual	M SENIORES	00:45:23.44	00:43:53.62	04:24
4001	952	RODRIGO VARGAS	Individual	M VET 35-40-45	00:45:24.08	00:44:50.34	04:30
1999	953	RICARDO SILVA	Individual	M VET 35-40-45	00:45:24.37	00:43:34.50	04:22
3171	954	FERNANDO SOBRAL	G.D.R. São Francisco da Serra	M VET 50-55-60	00:45:25.02	00:45:06.37	04:31
1569	955	MARK LAVITA	Individual	M VET 35-40-45	00:45:25.08	00:45:07.16	04:31
5077	956	LUÍS MIGUEL PIRES FERREIRA	-	M VET 35-40-45	00:45:25.11	00:41:58.37	04:12
1755	957	PATRICIA CALDAS CALDAS	Individual	F SENIORES	00:45:26.75	00:43:57.16	04:24
5912	958	MARCO GONÇALVES	NucleOeiras	M VET 35-40-45	00:45:28.82	00:45:11.07	04:32
1062	959	ISABEL SANTOS	Federação da Família para a Paz Mundial e Unificação	F VET 35-40-45	00:45:28.91	00:44:53.18	04:30
4084	960	SERGIO SANTOS	Individual	M VET 35-40-45	00:45:28.98	00:43:27.49	04:21
4774	961	NUNO ARAÚJO	Individual	M VET 35-40-45	00:45:29.24	00:44:38.30	04:28
890	962	FILIPE RAMALHO	Individual	M VET 35-40-45	00:45:30.73	00:44:57.00	04:30
1591	963	MIGUEL LOPES	99 provasgratuitas team	M VET 35-40-45	00:45:31.79	00:45:03.47	04:31
533	964	BRUNO FILIPE RAMOA LIMA	Individual	M SENIORES	00:45:32.32	00:44:04.12	04:25
6206	965	MIRIAM TAVARES	-	F SENIORES	00:45:32.41	00:43:41.31	04:23
860	966	FERNANDO DE JESUS DOMINGUES	Individual	M VET 35-40-45	00:45:32.60	00:45:01.68	04:31
4203	967	ANTONIO NOGUEIRA	Individual	M VET 35-40-45	00:45:33.45	00:44:15.27	04:26
794	968	EDGAR FRANCISCO	u.r.d.arranhò	M VET 50-55-60	00:45:33.69	00:44:33.21	04:28

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1489	969	MARCO PALMA	Individual	M VET 35-40-45	00:45:33.78	00:44:29.46	04:27
892	970	FILIPE BRANCO	u.r.d.arranhô	M VET 35-40-45	00:45:33.87	00:44:33.27	04:28
2041	971	RUI PAVIA	Individual	M SENIORES	00:45:34.27	00:44:45.92	04:29
3467	972	JOSÉ BAPTISTA	Individual	M SENIORES	00:45:35.67	00:42:52.81	04:18
3690	973	MARTIM MENEZES MENEZES	Individual	M VET 35-40-45	00:45:35.99	00:44:48.45	04:29
3208	974	FRANCISCO MIGUEL FERREIRA PEREIRA	Individual	M SENIORES	00:45:36.67	00:42:45.51	04:17
5311	975	MARTIM CORREIA	-	M JUNIORES	00:45:37.22	00:45:16.44	04:32
3434	976	JORGE MACHADO	Individual	M SENIORES	00:45:37.64	00:44:49.31	04:29
4620	977	NUNO PEREIRA	Individual	M VET 35-40-45	00:45:38.13	00:44:18.27	04:26
1387	978	LUIS CALHA	Individual	M VET 35-40-45	00:45:38.54	00:45:19.40	04:32
4932	979	ADRIANO PIMENTEL	-	M VET 35-40-45	00:45:38.93	00:45:38.93	04:34
5002	980	FERNANDO VICENTE	Os Galgos	M VET 50-55-60	00:45:39.06	00:45:26.62	04:33
1221	981	JOAQUIM RAMALHO	Individual	M VET 35-40-45	00:45:39.39	00:45:12.90	04:32
3962	982	RICARDO CUNHA	Individual	M SENIORES	00:45:39.83	00:42:19.41	04:14
716	983	CLAUDIO FILIPE MOREIRA PAULINHO	Individual	M VET 35-40-45	00:45:40.44	00:45:19.15	04:32
2059	984	RUI GOMES	Individual	M VET 35-40-45	00:45:40.51	00:44:50.63	04:30
4180	985	VÍTOR JORGE COSTA MARQUES	Individual	M VET 50-55-60	00:45:41.42	00:44:18.52	04:26
506	986	AVELINO MÁRIO SOARES	Cofina runners	M VET 35-40-45	00:45:42.29	00:43:56.33	04:24
5795	987	JOSÉ FERNANDES	CLUBE DE FUTEBOL " OS BELENENSES "	M VET 35-40-45	00:45:43.49	00:45:25.24	04:33
2430	988	MARCOS NORITAKE	Clube Millennium Bcp	M VET 50-55-60	00:45:43.58	00:44:05.57	04:25
1316	989	JOSÉ MORGADO	Banco Santander Totta	M VET 35-40-45	00:45:44.89	00:45:14.93	04:32
3351	990	JOÃO CAFÉ	Individual	M SENIORES	00:45:45.59	00:44:59.64	04:30
2917	991	ANTONIO CASTRO	Grupo desportivo Santander Totta	M VET 35-40-45	00:45:45.99	00:45:01.41	04:31
1183	992	JOÃO PEDRO DOS SANTOS LOUREIRO LOUREIRO	Individual	M VET 35-40-45	00:45:46.19	00:43:22.52	04:21
3427	993	JOEL CALÇÃO	Individual	M VET 35-40-45	00:45:46.41	00:44:27.52	04:27
972	994	HÉLDER COTRIM	Individual	M VET 35-40-45	00:45:46.60	00:44:28.74	04:27
2984	995	BRUNO FRAGOSO	Individual	M VET 35-40-45	00:45:46.67	00:44:32.95	04:28
6245	996	NUNO GASPAR ROSA	-	F SENIORES	00:45:46.98	00:45:46.98	04:35
3562	997	LUIS GONÇALVES RAQUEL	Individual	M VET 50-55-60	00:45:47.67	00:44:52.86	04:30
1253	998	JORGE TESTOS	GDC Banco de Portugal	M SENIORES	00:45:48.07	00:45:20.36	04:33
5419	999	ANTONIO SIMOES VIEIRA VIEIRA	-	M VET 50-55-60	00:45:48.23	00:45:33.11	04:34
2463	1000	HUGO DURO	Individual	M VET 35-40-45	00:45:48.78	00:45:06.91	04:31
2048	1001	RUI ANTUNES	Individual	M VET 50-55-60	00:45:49.08	00:43:48.07	04:23
977	1002	HÉLDER MONTEIRO	Individual	M VET 35-40-45	00:45:50.13	00:44:30.24	04:28
877	1003	FERNANDO RIBEIRO	GDC Banco de Portugal	M VET 50-55-60	00:45:50.74	00:45:50.74	04:36
2736	1004	JOSÉ JOAQUIM CORREIA	TST	M VET 35-40-45	00:45:51.51	00:45:51.51	04:36
6271	1005	RUI PEDRO GUERREIRO	-	M VET 35-40-45	00:45:51.69	00:44:45.31	04:29
1589	1006	MIGUEL FERREIRA	Individual	M VET 35-40-45	00:45:52.50	00:45:01.24	04:31
2698	1007	TIAGO AVELÂS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:45:52.74	00:45:20.71	04:33
3823	1008	PAULO MARQUES	GO!Runners	M VET 35-40-45	00:45:52.82	00:44:13.10	04:26
3715	1009	MIGUEL ROCHA ALVES	Individual	M VET 35-40-45	00:45:53.04	00:44:19.80	04:26
5327	1010	RAUL SANTOS	Federação da Família para a Paz Mundial e Unificação	M VET 50-55-60	00:45:53.93	00:45:17.15	04:32
6150	1011	WILSON JUNOR	-	M SENIORES	00:45:54.68	00:45:30.35	04:34
5184	1012	SERGIO MACHADO	-	M VET 35-40-45	00:45:54.76	00:45:07.50	04:31
5896	1013	MARIANA TALHINHAS	NucleOeiras	F JUNIORES	00:45:55.17	00:45:14.89	04:32
6304	1014	CARLOS DIAS	-	M VET 50-55-60	00:45:55.39	00:45:06.28	04:31
2341	1015	JOAO FRANCISCO ROZA	Individual	M VET 35-40-45	00:45:55.40	00:44:08.78	04:25
153	1016	NUNO NAIA	Individual	M VET 35-40-45	00:45:55.85	00:45:46.18	04:35
5999	1017	PAULO LOURO	Individual	M VET 50-55-60	00:45:56.93	00:41:58.49	04:12
4648	1018	PEDRO CARVALHO	CORRER LISBOA	M VET 35-40-45	00:45:57.42	00:44:16.62	04:26
4461	1019	ELISABETE ROCHA	Natural Force	F VET 35-40-45	00:45:57.52	00:45:21.79	04:33

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5380	1020	LUIS RODRIGUES	-	M VET 35-40-45	00:45:58.05	00:43:56.33	04:24
1858	1021	PEDRO AZEVEDO	Individual	M VET 35-40-45	00:45:58.79	00:42:00.96	04:13
1893	1022	PEDRO MACEDO	Individual	M VET 35-40-45	00:45:59.10	00:44:17.24	04:26
4134	1023	THIAGO MAGALHÃES	Pés Escaldados	M SENIORES	00:45:59.36	00:42:21.25	04:15
809	1024	EDUARDO PINTO	Individual	M VET 35-40-45	00:45:59.87	00:45:03.76	04:31
5118	1025	MIGUEL RAMALHO	-	M VET 35-40-45	00:45:59.92	00:44:39.24	04:28
940	1026	GONÇALO GUIOMAR	Individual	M SENIORES	00:46:00.03	00:45:26.44	04:33
998	1027	HENRIQUE FERREIRA	u.r.d.arranhò	M VET 35-40-45	00:46:01.24	00:44:57.38	04:30
1471	1028	MANUEL MARTINHO	CCD-AT	M VET 35-40-45	00:46:02.82	00:43:48.67	04:23
3377	1029	JOÃO LEITÃO	RunLovers	M VET 35-40-45	00:46:02.98	00:45:21.40	04:33
2570	1030	JOÃO SAIANDA	Clube Ferroviário de Portugal	M VET 35-40-45	00:46:03.48	00:45:29.52	04:33
4542	1031	JOSÉ PEDRO STICHINI SANTOS RAMOS	Individual	M SENIORES	00:46:04.52	00:42:21.98	04:15
1560	1032	MARIO SANTOS	CCD PM CASCAIS	M VET 35-40-45	00:46:04.95	00:44:03.20	04:25
4501	1033	ISIDRO JOAQUIM MARTINS CARVALHO CARVALHO	luso	M VET 35-40-45	00:46:05.03	00:45:48.02	04:35
2190	1034	STEVEN DUNLOP	Individual	M VET 35-40-45	00:46:05.05	00:43:53.79	04:24
1686	1035	NUNO CIDADE DO CARMO	Individual	M VET 35-40-45	00:46:06.31	00:43:45.21	04:23
2076	1036	RUI MARTINS	Individual	M VET 35-40-45	00:46:06.59	00:43:43.65	04:23
4943	1037	ANDRÉ PATRÍCIO	-	M SENIORES	00:46:06.99	00:43:34.96	04:22
3733	1038	NELSON LOURO	Pés Escaldados	M VET 35-40-45	00:46:07.04	00:42:29.04	04:15
5917	1039	ALEXANDRA LOURENÇO	NucleOe	F VET 35-40-45	00:46:08.74	00:44:18.80	04:26
3042	1040	HUGO FERREIRA	-	M SENIORES	00:46:09.07	00:45:28.34	04:33
4895	1041	NUNO FILIPE AFONSO	-	M VET 35-40-45	00:46:09.53	00:44:01.20	04:25
663	1042	CARMEN FERREIRA	Individual	F VET 35-40-45	00:46:09.61	00:43:46.21	04:23
1540	1043	MÁRIO BASTARDO	Individual	M VET 35-40-45	00:46:09.72	00:42:25.58	04:15
2080	1044	RUI MIGUEL ALEIXO GOMES PINTO	Individual	M VET 50-55-60	00:46:09.91	00:45:09.25	04:31
1426	1045	LUÍS MIGUEL PEREIRA	Individual	M VET 35-40-45	00:46:10.39	00:45:36.98	04:34
5252	1046	BRUNO RODRIGUES	-	M VET 35-40-45	00:46:11.33	00:45:02.26	04:31
3846	1047	PAULO MANAM	Individual	M VET 35-40-45	00:46:11.50	00:45:54.27	04:36
1989	1048	RICARDO LOPES	Individual	M VET 35-40-45	00:46:11.86	00:45:49.09	04:35
264	1049	ABEL BÁEZ RASTROJO	Individual	M SENIORES	00:46:12.35	00:44:39.19	04:28
2960	1049	ARMANDO CORREIA	Lesmas Alopradas	M VET 50-55-60	00:46:12.35	00:44:37.96	04:28
2996	1051	BRUNO VASCONCELOS MAIA	Lobos da Católica	M SENIORES	00:46:13.16	00:45:06.66	04:31
1957	1052	RENATO GOMES	Individual	M VET 35-40-45	00:46:14.39	00:45:40.04	04:35
2087	1053	RUI PEDRO BOTO	Individual	M VET 35-40-45	00:46:14.41	00:45:31.66	04:34
2748	1054	MANUEL PEREIRA	TST	M VET 50-55-60	00:46:14.44	00:45:31.36	04:34
557	1055	CAMILA GOMES	Individual	F SENIORES	00:46:14.60	00:45:40.06	04:35
1646	1056	NELSON GOMES	Individual	M VET 35-40-45	00:46:14.86	00:45:40.11	04:35
3945	1057	RICARDO CAPELO	Clube Cimpor	M SENIORES	00:46:14.93	00:43:59.11	04:24
1628	1058	MIGUEL SOUSA	Individual	M VET 35-40-45	00:46:15.56	00:45:42.96	04:35
4826	1059	ARNALDO ROLO	-	M VET 50-55-60	00:46:15.73	00:44:40.67	04:29
1973	1060	RICARDO BAPTISTA	Individual	M VET 35-40-45	00:46:16.06	00:44:55.75	04:30
5928	1061	JOÃO MENDES	NucleOeiras	M VET 35-40-45	00:46:16.24	00:42:45.01	04:17
4750	1062	JOÃO SOUSA	Individual	M SENIORES	00:46:16.33	00:44:10.94	04:26
2791	1063	JOÃO LUIS CARVALHO	Holmes Place	M VET 35-40-45	00:46:16.44	00:44:26.00	04:27
1784	1064	PAULO TAINHA	Individual	M VET 50-55-60	00:46:16.68	00:46:04.24	04:37
3250	1065	HENRIQUE PEREIRA	Individual	M VET 35-40-45	00:46:16.77	00:44:59.78	04:30
1542	1066	MÁRIO CUNHA	CCD Crédito Agrícola Mútuo	M VET 35-40-45	00:46:17.13	00:44:11.35	04:26
495	1067	ARSENIO FERNANDES FERNANDES	Individual	M VET 50-55-60	00:46:17.35	00:45:24.57	04:33
582	1068	CARLOS COSTA	Individual	M VET 50-55-60	00:46:17.38	00:45:44.70	04:35
2287	1069	VÍTOR ARSÉNIO	Individual	M VET 35-40-45	00:46:17.43	00:44:32.17	04:28
2966	1070	ARTUR DUARTE	Individual	M VET 35-40-45	00:46:17.61	00:41:04.20	04:07

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5104	1071	MARIO CLAUDIO	Acoreana Seguros	M VET 35-40-45	00:46:17.81	00:45:06.24	04:31
589	1072	CARLOS VERISSIMO	Individual	M VET 35-40-45	00:46:17.89	00:45:21.69	04:33
4268	1073	NUNO MIGUEL RAMINHAS	Individual	M VET 35-40-45	00:46:18.03	00:46:07.51	04:37
5006	1074	FRANCISCO JORDÃO PEREIRA	-	M SENIORES	00:46:18.24	00:44:42.72	04:29
249	1075	ANA FARO	Individual	F VET 35-40-45	00:46:18.49	00:45:17.09	04:32
4558	1076	LUIÍS LÚCIO	Individual	M VET 35-40-45	00:46:19.10	00:44:47.56	04:29
2918	1077	ANTONIO CRUZ	Grupo desportivo Santander Totta	M VET 50-55-60	00:46:19.76	00:45:48.30	04:35
1588	1078	MIGUEL CRUZ	Individual	M VET 35-40-45	00:46:20.16	00:45:27.61	04:33
2461	1079	HERNÂNI GASPAR	Amigos Vale Silêncio	M VET 50-55-60	00:46:20.22	00:44:31.92	04:28
595	1080	CARLOS ANSELMO SILVA DE CARVALHO DE CARVALHO	Individual	M VET 35-40-45	00:46:20.29	00:44:48.95	04:29
4985	1081	DANIELA RIBEIRO	-	F SENIORES	00:46:20.38	00:43:47.94	04:23
3521	1082	LEONEL NEVES	Amigos Vale Silencio	M VET 50-55-60	00:46:22.05	00:45:58.52	04:36
5930	1083	DINIS MORAIS	NucleOeiras	M VET 35-40-45	00:46:22.25	00:45:17.06	04:32
4888	1084	MANUEL FONSECA	-	M VET 50-55-60	00:46:22.45	00:45:55.11	04:36
5868	1085	LINO SANTOS	NucleOeiras	M VET 50-55-60	00:46:22.93	00:44:33.98	04:28
1685	1086	NUNO CHICHARRO	Peniche a Correr	M VET 35-40-45	00:46:23.00	00:46:23.00	04:39
1645	1087	NELSON FERRO	Individual	M SENIORES	00:46:23.11	00:45:43.51	04:35
528	1088	BRUNO DELFINO	Individual	M VET 35-40-45	00:46:23.79	00:44:31.31	04:28
2399	1089	CARLOS DINIS	Clube Millennium Bcp	M VET 50-55-60	00:46:23.86	00:44:44.19	04:29
89	1090	PEDRO SANTOS	Individual	M VET 35-40-45	00:46:24.08	00:46:15.48	04:38
88	1091	NORBERT HODEL	Individual	M SENIORES	00:46:24.27	00:46:15.08	04:38
1193	1092	JOÃO REBELO	Individual	M VET 35-40-45	00:46:25.21	00:46:02.27	04:37
1727	1093	NUNO ROSA	Individual	M VET 35-40-45	00:46:25.28	00:46:25.28	04:39
1123	1094	JOÃO BARREIRA	Individual	M SENIORES	00:46:25.54	00:42:27.32	04:15
1264	1095	JOSÉ NETO	Individual	M VET 50-55-60	00:46:25.64	00:46:08.09	04:37
3206	1096	FRANCISCO MANUEL PINTO	Individual	M VET 50-55-60	00:46:26.38	00:46:11.76	04:38
5422	1097	CARLOS PINTO	-	M VET 35-40-45	00:46:26.70	00:44:05.65	04:25
4162	1098	VASCO COELHO	Individual	M VET 35-40-45	00:46:26.79	00:45:49.72	04:35
3235	1099	GUILHERME ROCHA ALVES	Individual	M VET 35-40-45	00:46:27.35	00:44:54.14	04:30
4920	1100	RUI RODRIGUES	-	M VET 50-55-60	00:46:27.47	00:45:43.45	04:35
1353	1101	LIBERTO SANTOS	Individual	M VET 35-40-45	00:46:28.64	00:45:29.88	04:33
4898	1102	NUNO PEDRO SANTOS FORTE	Açoreana	M VET 35-40-45	00:46:28.65	00:44:55.42	04:30
3969	1103	RICARDO JORGE BALAU	Individual	M SENIORES	00:46:30.00	00:45:05.83	04:31
4423	1104	BRUNO OLIVEIRA GOMES	Individual	M VET 35-40-45	00:46:30.52	00:45:18.73	04:32
4421	1105	BRUNO DUARTE	CCD TRANQUILIDADE	M SENIORES	00:46:30.94	00:43:04.11	04:19
4851	1106	FRANCISCO JOSÉ LOMBA PASSOS	-	M VET 50-55-60	00:46:31.55	00:45:09.39	04:31
3971	1107	RICARDO MADEIRA	Individual	M VET 35-40-45	00:46:31.68	00:45:19.41	04:32
144	1108	MARIA POCINHO	Individual	F JUNIORES	00:46:32.91	00:46:23.85	04:39
4532	1109	JOAQUIM COSTA COSTA	AMIGOS DA CORRIDA	M VET 50-55-60	00:46:33.59	00:45:18.23	04:32
4637	1110	PAULO PIRES PIRES	AMIGOS DA CORRIDA	M VET 35-40-45	00:46:33.95	00:45:19.29	04:32
1552	1111	MARIO MIGUEL LOPES	Individual	M VET 35-40-45	00:46:34.75	00:45:48.19	04:35
1705	1112	NUNO MAIA	Team Pernetas	M VET 35-40-45	00:46:34.88	00:45:13.14	04:32
6234	1113	FELIPE MENDONÇA	-	M SENIORES	00:46:34.93	00:44:55.23	04:30
4411	1114	ARNDT LEHELDT	Individual	M VET 35-40-45	00:46:34.98	00:45:25.42	04:33
3684	1115	MARTA ANDRADE ANDRADE	Individual	F VET 35-40-45	00:46:35.15	00:43:51.23	04:24
5214	1116	DINIS CARTAS	-	M SENIORES	00:46:35.29	00:44:22.92	04:27
1668	1117	NUNO SOARES	Individual	M VET 35-40-45	00:46:35.63	00:45:29.35	04:33
1141	1118	JOÃO FERNANDES	Individual	M VET 35-40-45	00:46:35.71	00:45:26.16	04:33
3753	1119	NUNO ALEXANDRE VAZ MIGUEL	Individual	M VET 35-40-45	00:46:35.87	00:45:37.94	04:34
830	1120	ETELVINA VIDAL	Individual	F VET 35-40-45	00:46:36.92	00:46:21.90	04:39
4028	1121	RUI GAMBOA	Confraria Bons Vivans	M VET 35-40-45	00:46:37.13	00:45:42.24	04:35

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1840	1122	PAULO SOUSA	Individual	M VET 35-40-45	00:46:37.52	00:44:51.01	04:30
2242	1123	TIAGO MARTINS RIBEIRO	Individual	M SENIORES	00:46:37.63	00:43:00.22	04:19
3749	1124	NUNO SANTOS	Individual	M VET 35-40-45	00:46:37.77	00:46:05.83	04:37
973	1124	HELDER PEREIRA	Individual	M VET 35-40-45	00:46:37.77	00:44:52.31	04:30
1871	1126	PEDRO FERRAZ	bjwhf	M VET 35-40-45	00:46:37.80	00:44:27.02	04:27
2462	1127	HUGO BRÁS	Individual	M VET 35-40-45	00:46:38.01	00:44:28.05	04:27
5483	1128	DIOGO SANTOS	-	M VET 35-40-45	00:46:38.09	00:43:38.61	04:22
2643	1129	JOSE AUGUSTO MONTEIRO FERNANDES	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:46:38.49	00:46:38.49	04:40
5336	1130	RUI MENDES MENDES	-	M VET 35-40-45	00:46:38.95	00:46:17.89	04:38
3435	1131	JORGE NETO	Individual	M VET 50-55-60	00:46:39.14	00:46:39.14	04:40
3845	1132	PAULO LUZ LUZ	Individual	M VET 35-40-45	00:46:39.79	00:44:31.50	04:28
969	1133	HAILÉ WELLA	Individual	M SENIORES	00:46:40.24	00:42:43.54	04:17
537	1134	BRUNO LOUREIRO	Individual	M VET 35-40-45	00:46:40.38	00:44:47.93	04:29
5314	1135	NUNO LUCAS	-	M SENIORES	00:46:41.12	00:45:21.93	04:33
1047	1136	SANDRA ZAMBUJAL	BELEM RUN	F VET 35-40-45	00:46:41.82	00:45:21.82	04:33
4522	1137	JOÃO MELO	AÇOREANA	M SENIORES	00:46:42.04	00:44:37.03	04:28
2085	1138	RUI PEDRO AMADOR CAMPOS DE ALMEIDA	Individual	M VET 35-40-45	00:46:42.12	00:46:25.41	04:39
1127	1139	JOAO BUCHO	Individual	M VET 35-40-45	00:46:43.48	00:44:46.59	04:29
6129	1140	MARIA MEDEIRO	Clube Olimpico de Oeiras	F JUNIORES	00:46:43.86	00:46:02.04	04:37
4852	1141	GONÇALO MARTINS	-	M SENIORES	00:46:44.43	00:45:45.18	04:35
1836	1142	PAULO SANTOS	Individual	M VET 50-55-60	00:46:44.70	00:44:19.34	04:26
1347	1143	LEANDRO INAKAKE DE SOUZA	Individual	M VET 35-40-45	00:46:44.72	00:43:44.16	04:23
2988	1144	BRUNO MIGUEL DOS REIS CAMPOS	Clube PT Zcs	M VET 35-40-45	00:46:44.82	00:43:45.90	04:23
5904	1145	MARISA ANTUNES	NucleOeiras	F SENIORES	00:46:45.32	00:44:37.20	04:28
2520	1146	RUI BARBOSA	CLUBE VODAFONE	M VET 35-40-45	00:46:45.96	00:45:50.82	04:36
3927	1147	PEDRO SINGÉIS	Individual	M VET 35-40-45	00:46:46.29	00:46:07.38	04:37
5368	1148	GUILHERME HORTINHA	-	M SENIORES	00:46:46.79	00:45:26.52	04:33
2606	1149	BRUNO RAINHO	Serviços Sociais Caixa Geral Depósitos	M SENIORES	00:46:47.61	00:46:14.57	04:38
1748	1150	OSVALDO CIPRIANO	pace.makers	M SENIORES	00:46:47.98	00:44:43.10	04:29
2848	1151	ALEXANDRE SOUSA	Individual	M SENIORES	00:46:48.17	00:45:18.72	04:32
4209	1152	CARLOS JUNIOR	Individual	M VET 35-40-45	00:46:48.43	00:44:32.73	04:28
2226	1153	TIAGO MARQUES	Individual	M SENIORES	00:46:48.44	00:44:15.22	04:26
3255	1154	HENRIQUE OLIVEIRA	Individual	M VET 50-55-60	00:46:49.46	00:44:14.44	04:26
2427	1155	LUIS GONÇALVES	Clube Millennium Bcp	M VET 35-40-45	00:46:50.23	00:46:05.15	04:37
3896	1156	PEDRO CURTO	Individual	M SENIORES	00:46:50.57	00:46:06.90	04:37
4677	1157	SARA GABRIEL	Individual	F SENIORES	00:46:51.12	00:46:36.47	04:40
3847	1158	PAULO MARQUES	Individual	M VET 35-40-45	00:46:51.19	00:44:40.76	04:29
3833	1159	PAULO CALDEIRA	Individual	M VET 35-40-45	00:46:51.40	00:44:42.94	04:29
2916	1160	ANTÓNIO CARVALHO	Individual	M VET 35-40-45	00:46:51.76	00:45:52.16	04:36
1350	1161	LEONEL SILVA	Individual	M VET 35-40-45	00:46:52.26	00:42:28.53	04:15
1249	1162	JORGE SANTOS COSTA	Individual	M VET 35-40-45	00:46:52.84	00:46:10.59	04:38
1475	1163	MANUEL VALENÇA	Team Ercília	M VET 35-40-45	00:46:52.96	00:44:44.01	04:29
148	1164	CLAÚDIA BORRALHO	BELEM RUN	F VET 35-40-45	00:46:52.98	00:46:44.29	04:41
4000	1165	RODRIGO CHIOLAS	Individual	M SENIORES	00:46:53.38	00:46:09.13	04:37
1222	1166	JOEL FERREIRA	Individual	M SENIORES	00:46:53.73	00:45:20.03	04:33
3569	1167	LUIS MIGUEL PEREIRA MARTINS	Individual	M VET 35-40-45	00:46:53.89	00:44:01.78	04:25
4215	1168	DAVID TALHÃO	Individual	M SENIORES	00:46:54.05	00:45:48.78	04:35
2757	1169	PAULO GOMES	TST	M VET 50-55-60	00:46:54.18	00:45:54.97	04:36
1931	1170	PEDRO TEIXEIRA	Team Ercilia	M VET 35-40-45	00:46:54.34	00:44:46.82	04:29
326	1171	ANA AMARO	aminhacorrida/MYPROTEIN	F VET 35-40-45	00:46:55.12	00:46:26.21	04:39
937	1172	GIL CARNEIRO	Individual	M VET 35-40-45	00:46:55.65	00:44:09.50	04:25

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3614	1173	MANUEL PAULINO FRANCISCO	Individual	M VET 50-55-60	00:46:55.90	00:44:58.94	04:30
2050	1174	RUI BARROS	Individual	M VET 35-40-45	00:46:56.01	00:45:19.73	04:32
3040	1175	CARLOS RAMOS RAMOS	Correr Lisboa	M VET 35-40-45	00:46:56.08	00:45:13.99	04:32
510	1176	BAVIECHE JAMNADAS SAMGI	Individual	M SENIORES	00:46:56.65	00:44:25.44	04:27
1028	1177	INÉS MARQUES	99 provasgratuitas team	F VET 35-40-45	00:46:57.43	00:46:25.94	04:39
6281	1178	CATARINA FERREIRA	-	F SENIORES	00:46:57.55	00:46:01.54	04:37
3109	1179	DELFIN PRATAS	Individual	M VET 35-40-45	00:46:57.66	00:45:50.20	04:36
3054	1180	CATARINA COITO	Individual	F VET 35-40-45	00:46:57.67	00:46:03.71	04:37
3895	1181	PEDRO CRUZINHA	Casa Benfica Algueirão Mem Martins	M VET 35-40-45	00:46:57.75	00:45:11.91	04:32
2624	1182	HENRIQUE GONÇALVES	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:46:58.29	00:44:40.91	04:29
350	1183	ANA MARGARIDA CORREIA	Individual	F VET 35-40-45	00:46:58.56	00:44:11.51	04:26
3722	1184	MONICA SILVA	Individual	F SENIORES	00:46:58.81	00:45:12.48	04:32
6253	1185	JOAO CALDEIRA	Individual	M SENIORES	00:46:58.84	00:46:02.61	04:37
6247	1186	PEDRO LOURENÇO	CLUBE VODAFONE	M VET 35-40-45	00:46:59.61	00:46:04.73	04:37
1360	1187	LOURENCO SAMPAIO	Individual	M VET 35-40-45	00:47:00.35	00:46:22.75	04:39
1293	1188	JOSÉ FRANCISCO MARTA CORREIA CORREIA	Individual	M VET 35-40-45	00:47:00.93	00:46:04.89	04:37
1232	1189	JORGE ANTÓNIO MARTA VALENTE VALENTE	Individual	M VET 35-40-45	00:47:01.02	00:46:04.47	04:37
267	1190	ACÁCIO CLEMENTE	Individual	M VET 35-40-45	00:47:01.23	00:46:12.13	04:38
755	1191	DAVID REIS	Individual	M VET 35-40-45	00:47:01.26	00:44:54.32	04:30
83	1192	ARMANDO ALDEGALEGA	Sporting Clube de Portugal	M VET 50-55-60	00:47:01.34	00:46:53.97	04:42
4475	1193	FILIPE MESTRE	Individual	M VET 35-40-45	00:47:01.43	00:45:33.38	04:34
102	1194	GUILHERME GONÇALVES	Clube Ferroviário de Portugal	M VET 50-55-60	00:47:01.71	00:46:52.09	04:42
1145	1195	JOÃO FIALHO	Individual	M VET 35-40-45	00:47:02.24	00:44:49.47	04:29
343	1196	ANA ISABEL ALMEIDA	Individual	F VET 35-40-45	00:47:02.58	00:46:31.86	04:40
796	1197	EDGAR JACINTO	Auto Jacinto	M SENIORES	00:47:02.66	00:42:58.33	04:18
3020	1198	CARLOS COSTA	Individual	M VET 35-40-45	00:47:02.72	00:46:29.65	04:39
421	1199	ANTÓNIO JACINTO	Auto Jacinto	M VET 50-55-60	00:47:03.02	00:42:58.97	04:18
134	1200	JOANA GONÇALVES	Clube Ferroviário de Portugal	F SENIORES	00:47:03.46	00:46:53.74	04:42
4348	1201	RENATO RAMOS	Individual	M VET 35-40-45	00:47:03.63	00:43:18.11	04:20
1459	1202	MAFALDA MARTINHO	Individual	F SENIORES	00:47:04.97	00:44:51.23	04:30
275	1203	AFZAL AZIZ	Individual	M SENIORES	00:47:05.48	00:45:39.09	04:34
5392	1204	PAULO MARQUES	-	M SENIORES	00:47:05.97	00:46:04.56	04:37
2565	1205	EDUARDO RODRIGUES	Clube Ferroviário de Portugal	M VET 50-55-60	00:47:06.68	00:45:41.18	04:35
2584	1206	PAULO VIEIRA	Clube Ferroviário de Portugal	M VET 35-40-45	00:47:07.61	00:43:26.76	04:21
4141	1207	TIAGO CLARA	Individual	M SENIORES	00:47:07.78	00:43:07.97	04:19
1921	1208	PEDRO PINTO	GDC Banco de Portugal	M SENIORES	00:47:08.70	00:44:53.26	04:30
2411	1209	FERNANDO LEMOS	Clube Millennium Bcp	M VET 50-55-60	00:47:09.40	00:47:09.40	04:43
4249	1210	JOSÉ MANUEL DA COSTA COSTA	Liberty Seguros	M VET 50-55-60	00:47:09.52	00:46:30.59	04:40
5873	1211	JOSÉ LACERDA	NucleOeiras	M VET 50-55-60	00:47:10.75	00:46:51.67	04:42
2021	1212	RODRIGO CORREIA	CCD Sintrense	M VET 35-40-45	00:47:10.79	00:45:39.36	04:34
2450	1213	SERGIO ANJOS	Clube Millennium Bcp	M VET 50-55-60	00:47:10.95	00:47:10.95	04:44
1550	1214	MÁRIO LAGEIRO	CCD Sintrense	M VET 50-55-60	00:47:10.96	00:45:38.97	04:34
2432	1215	MARIO CAMPOS	Clube Millennium Bcp	M VET 50-55-60	00:47:11.92	00:47:11.92	04:44
2820	1216	SUSANA MARQUES	Holmes Place	F VET 35-40-45	00:47:12.61	00:46:11.99	04:38
874	1217	FERNANDO OLIVEIRA	Individual	M VET 35-40-45	00:47:12.72	00:46:51.67	04:42
100	1218	RODRIGO REIS	Individual	M VET 35-40-45	00:47:13.36	00:46:51.15	04:42
2458	1219	ARMANDO ALMEIDA	Amigos Vale Silencio	M VET 50-55-60	00:47:13.61	00:46:26.28	04:39
4426	1220	CARLOS GRAÇA	ATeam	M SENIORES	00:47:13.65	00:44:21.66	04:27
1879	1221	PEDRO GOUVEIA	pace.makers	F VET 35-40-45	00:47:14.30	00:45:09.72	04:31
4395	1222	ANDRÉ MEDEIROS	CCD TRANQUILIDADE	M SENIORES	00:47:14.48	00:43:48.10	04:23
4324	1223	ANDRÉ GORJÃO	Individual	M VET 35-40-45	00:47:14.52	00:46:35.91	04:40

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1780	1224	PAULO LOPES	Individual	M VET 35-40-45	00:47:14.82	00:46:06.71	04:37
2188	1225	STEFAN WYSOCKI TIFFY	Individual	M SENIORES	00:47:15.08	00:46:15.00	04:38
3075	1226	CLAUDIA DOMINGUES	Individual	F SENIORES	00:47:16.14	00:46:00.73	04:37
4788	1227	PAULO PINTO	Individual	M VET 35-40-45	00:47:17.28	00:46:15.52	04:38
3238	1228	HELDER SAN ROMAO	Individual	M VET 35-40-45	00:47:17.73	00:45:51.40	04:36
609	1229	CARLOS EDUARDO DUARTE LAPA	Individual	M SENIORES	00:47:18.01	00:44:36.74	04:28
4170	1230	VICENTE BÔTO	Individual	M VET 35-40-45	00:47:18.31	00:47:05.67	04:43
5284	1231	JOÃO PEDRO LIMA	-	M VET 35-40-45	00:47:19.10	00:46:36.38	04:40
3968	1232	RICARDO GONÇALVES	Individual	M VET 35-40-45	00:47:19.57	00:46:16.44	04:38
4346	1233	PEDRO CRAVEIRO	Individual	M VET 35-40-45	00:47:20.36	00:46:58.63	04:42
5924	1234	CARLOS MARQUES	NucleOeiras	M VET 35-40-45	00:47:20.48	00:44:57.69	04:30
166	1235	MANUEL RODRIGUES	Individual	M VET 35-40-45	00:47:20.56	00:47:11.05	04:44
2038	1236	RUI ANTUNES	Individual	M VET 35-40-45	00:47:20.79	00:45:56.94	04:36
4489	1237	GUILHERME OLIVEIRA	Individual	M SENIORES	00:47:22.38	00:43:40.08	04:23
5165	1238	RICARDO SANTOS	-	M VET 35-40-45	00:47:23.56	00:45:32.51	04:34
995	1239	HENDRIK VON NIESSEN	Individual	M SENIORES	00:47:23.63	00:45:14.03	04:32
800	1240	EDUARDO VILHENA	Individual	M VET 35-40-45	00:47:23.72	00:45:18.83	04:32
5133	1241	PATRÍCIA BALÃO	-	F SENIORES	00:47:24.05	00:46:34.05	04:40
4069	1242	SÉRGIO ANTUNES	Individual	M VET 35-40-45	00:47:24.36	00:46:07.89	04:37
3775	1243	NUNO MELO	Individual	M SENIORES	00:47:25.08	00:45:11.99	04:32
5644	1244	JOÃO BRÁS	Juventude Operária Monte Abraão	M SENIORES	00:47:25.60	00:47:18.20	04:44
3880	1245	PEDRO AFONSO	Individual	M SENIORES	00:47:26.17	00:45:19.54	04:32
3284	1246	INÊS PEREIRA	Alhandra Sporting Club	F JUNIORES	00:47:26.34	00:47:16.81	04:44
4976	1247	CARLOS RODRIGUES	-	M VET 50-55-60	00:47:26.92	00:47:07.32	04:43
2508	1248	JOSE CAMELO	CLUBE VODAFONE	M VET 35-40-45	00:47:27.14	00:46:32.16	04:40
3098	1249	DANIEL MOTA	Individual	M VET 35-40-45	00:47:27.63	00:46:56.14	04:42
4070	1250	SÉRGIO AUGUSTO NETO COSTA	Clube PT Zcs	M VET 35-40-45	00:47:27.67	00:46:00.15	04:37
2454	1251	ALVARO MIRANDA	Individual	M VET 35-40-45	00:47:28.08	00:46:39.52	04:40
4307	1252	JOÃO BORGES	Mercedes-Benz	M VET 35-40-45	00:47:28.13	00:44:41.50	04:29
2640	1253	JOSÉ DIMAS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:47:28.21	00:44:58.11	04:30
2510	1254	MAURO GONÇALVES GONÇALVES	CLUBE VODAFONE	M VET 35-40-45	00:47:28.31	00:46:34.53	04:40
5316	1255	NUNO MIGUEL CORREIA	-	M VET 50-55-60	00:47:28.60	00:45:52.36	04:36
1994	1256	RICARDO PINTO SOUSA	Individual	M VET 35-40-45	00:47:28.67	00:45:15.04	04:32
3508	1257	JOSÉ SOUSA	Individual	M SENIORES	00:47:28.72	00:47:12.25	04:44
488	1258	ANTÓNIO VARELA	Individual	M VET 50-55-60	00:47:29.36	00:46:51.13	04:42
5915	1259	ANA ISABEL LOPES	NucleOeiras	F VET 35-40-45	00:47:29.50	00:46:58.83	04:42
3260	1260	HUGO MARREIROS	Corredores da Adega	M VET 35-40-45	00:47:29.72	00:43:40.96	04:23
1657	1261	NUNO CORTÉS	Individual	M VET 35-40-45	00:47:29.74	00:46:46.97	04:41
5374	1262	JOAO LUIS BARREIRAS PINTO	-	M VET 35-40-45	00:47:30.54	00:46:59.40	04:42
5017	1263	JOANA LEITAO	-	F VET 35-40-45	00:47:30.86	00:45:10.77	04:32
3349	1264	JOÃO AREAL	Individual	M VET 35-40-45	00:47:30.99	00:46:39.67	04:40
3138	1265	ELSA BARROSO	Individual	F VET 35-40-45	00:47:31.81	00:46:26.66	04:39
5898	1266	CATARINA CASTELEIRO	NucleOeiras	F SENIORES	00:47:32.42	00:47:01.11	04:43
4023	1267	RUI CUNHA	Grupo desportivo Santander Totta	M VET 50-55-60	00:47:32.62	00:45:43.69	04:35
6310	1268	HENRIQUE FERREIRA FERREIRA	-	M VET 35-40-45	00:47:32.81	00:46:26.75	04:39
162	1269	PEDRO MELO	BMW	M VET 50-55-60	00:47:33.08	00:47:22.12	04:45
2030	1270	ROSALIA SALDANHA	SCUT	F VET 35-40-45	00:47:33.17	00:46:18.21	04:38
5029	1271	JOÃO MARREIROS	-	M VET 35-40-45	00:47:33.53	00:46:46.03	04:41
1954	1272	RENATO CONSTÂNCIO	Individual	M SENIORES	00:47:33.82	00:46:25.97	04:39
1902	1273	PEDRO MENDES	Individual	M SENIORES	00:47:35.15	00:46:47.74	04:41
6171	1273	SAMUEL REIS	-	M SENIORES	00:47:35.15	00:46:45.16	04:41

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2500	1275	VANDA AUGUSTO	Linda-a-Pastora Sporting Clube	F VET 50-55-60	00:47:35.43	00:45:52.75	04:36
2290	1276	VITOR GLÓRIA	Peniche a Correr	M VET 35-40-45	00:47:35.93	00:47:23.06	04:45
5219	1277	JOAO PEDRO SIMOES	RUNning	M VET 35-40-45	00:47:36.61	00:45:24.05	04:33
1799	1278	PAULO DIONISIO DA SILVA FREIRE	Individual	M VET 35-40-45	00:47:36.72	00:47:08.15	04:43
4163	1279	VASCO DIAS	Individual	M VET 35-40-45	00:47:36.78	00:46:12.42	04:38
3879	1280	PEDRO VEIGA	Individual	M VET 35-40-45	00:47:37.24	00:45:41.15	04:35
2412	1281	FERNANDO ALCIDES RODRIGUES	Clube Millennium Bcp	M VET 50-55-60	00:47:37.69	00:45:34.47	04:34
3468	1282	JOSÉ BATISTA	Individual	M VET 35-40-45	00:47:39.17	00:45:17.01	04:32
1918	1283	PEDRO PALHA	Banco Santander Totta	M VET 35-40-45	00:47:39.76	00:44:52.30	04:30
2658	1284	MIGUEL REIS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:47:40.09	00:45:20.44	04:33
3840	1285	PAULO JORGE SANTOS DE SOUSA SOUSA	Individual	M VET 35-40-45	00:47:40.41	00:46:42.71	04:41
1728	1286	NUNO SALVADOR	URBAN TRAIL SAMORA CORREIA	M VET 35-40-45	00:47:40.76	00:45:05.06	04:31
1308	1287	JOSÉ MANUEL MAGALHÃES	Individual	M VET 35-40-45	00:47:40.85	00:46:25.77	04:39
5996	1288	CARLOS ANTUNES	Odimarq	M VET 50-55-60	00:47:41.01	00:45:46.83	04:35
627	1289	CARLOS MANUEL ANTUNES DE SOUSA ANTUNES DE SOUSA	Individual	M VET 50-55-60	00:47:41.02	00:47:20.04	04:45
4849	1290	FILIPE BOLEO	-	M VET 35-40-45	00:47:41.29	00:46:20.76	04:39
4646	1291	PEDRO SERRA	CORRER LISBOA	M VET 35-40-45	00:47:41.65	00:46:00.68	04:37
2014	1292	RITA RIBEIRO	Individual	F SENIORES	00:47:42.13	00:46:04.09	04:37
1833	1293	PAULO RIBEIRO	Individual	M VET 50-55-60	00:47:43.04	00:46:04.30	04:37
2410	1294	FERNANDO ALMEIDA	Clube Millennium Bcp	M VET 35-40-45	00:47:43.07	00:47:18.14	04:44
2304	1295	ADELINO PEREIRA	ODEBRECHT PORTUGAL	M VET 50-55-60	00:47:43.81	00:45:50.25	04:36
309	1296	ALVARO COSTA	Individual	M VET 35-40-45	00:47:43.83	00:46:06.63	04:37
1826	1297	PAULO NUNES	Correr Lisboa	M VET 35-40-45	00:47:44.01	00:47:02.39	04:43
2639	1298	JORGE PAULO MORGADO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:47:44.32	00:45:29.63	04:33
1575	1299	MARTA CONCEIÇÃO	Correr Lisboa	F SENIORES	00:47:44.73	00:47:03.70	04:43
529	1300	BRUNO DO BRITO	Correr Lisboa	M VET 35-40-45	00:47:44.77	00:45:09.79	04:31
2816	1301	RICARDO ROSA	Holmes Place	M SENIORES	00:47:44.85	00:46:39.29	04:40
3516	1302	KAROLINA SZERLAG	Individual	F SENIORES	00:47:45.11	00:47:29.75	04:45
266	1303	ABILIO TAVARES	Individual	M VET 50-55-60	00:47:45.38	00:44:44.17	04:29
4039	1304	RUI SANTOS	Individual	M VET 35-40-45	00:47:45.56	00:45:48.90	04:35
3274	1305	IDALÉCIO BARROS	Individual	M VET 50-55-60	00:47:45.61	00:47:19.38	04:44
4711	1306	ANDRÉ FALCÃO	Individual	M SENIORES	00:47:46.08	00:43:58.25	04:24
3932	1307	POMPEU AIRES AIRES	Grupo Recreativo e Desportivo da Ribeira da Lage	M VET 50-55-60	00:47:46.11	00:47:03.31	04:43
1485	1308	MARCO DIAS	Individual	M SENIORES	00:47:46.50	00:44:23.52	04:27
3344	1309	JOÃO ABREU	Individual	M VET 35-40-45	00:47:46.66	00:45:35.97	04:34
6211	1310	CÉSAR SOBREIRA	-	M SENIORES	00:47:46.85	00:44:20.57	04:27
1165	1311	JOÃO MENDES	Individual	M VET 35-40-45	00:47:47.03	00:47:05.83	04:43
1383	1312	LUI S SOUSA	Individual	M VET 35-40-45	00:47:47.29	00:46:28.72	04:39
1572	1313	MARTA FONSECA	Individual	F SENIORES	00:47:48.77	00:47:48.77	04:47
5797	1314	JOSÉ FIGUEIREDO	CLUBE DE FUTEBOL “ OS BELENENSES “	M VET 50-55-60	00:47:49.49	00:47:12.64	04:44
4751	1315	JOAQUIM SANTOS	Individual	M VET 50-55-60	00:47:49.54	00:46:30.97	04:40
4265	1316	NELSON GONÇALVES	Individual	M VET 35-40-45	00:47:49.55	00:45:05.91	04:31
4207	1317	BRUNO SANDE	Individual	M SENIORES	00:47:49.76	00:45:06.47	04:31
121	1318	ALBERTO PIMENTA	Individual	M VET 50-55-60	00:47:50.55	00:47:40.15	04:47
5496	1319	PEDRO MONTEIRO	-	M SENIORES	00:47:50.52	00:47:25.73	04:45
1114	1320	JOÃO ROSA	Individual	M SENIORES	00:47:51.35	00:47:29.44	04:45
1335	1321	JOSÉ TOMÁS	Valejas AC	M VET 35-40-45	00:47:51.39	00:46:25.72	04:39
1064	1322	ISAÍAS PEDRO	Individual	M SENIORES	00:47:51.70	00:46:11.89	04:38
4256	1323	LUIS CARLOS ANTUNES	Individual	M SENIORES	00:47:51.76	00:46:23.48	04:39
3353	1324	JOÃO CARLOS LUCAS DE OLIVEIRA CASTRO	Individual	M VET 35-40-45	00:47:51.92	00:45:25.37	04:33
4015	1325	RUI GASPAR	MARRIOTT LISBOA	M VET 50-55-60	00:47:52.27	00:46:27.41	04:39

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3379	1326	JOÃO MANUEL PEREIRA SALVADOR	Individual	M SENIORES	00:47:52.34	00:44:58.66	04:30
1674	1327	NUNO ALMEIDA	Individual	M VET 35-40-45	00:47:53.14	00:44:30.97	04:28
175	1328	ANTONIO FIGUEIREDO	-	M JUNIORES	00:47:54.03	00:47:45.94	04:47
82	1329	RICARDO SAMPAIO MAIA	Individual	M VET 35-40-45	00:47:54.09	00:47:42.40	04:47
3197	1330	FRANCISCO BISPO	Individual	M VET 50-55-60	00:47:55.16	00:45:36.96	04:34
3904	1331	PEDRO GABRIEL	Individual	M VET 35-40-45	00:47:55.17	00:44:57.56	04:30
3355	1332	JOAO CUNHA CUNHA		1957 M VET 50-55-60	00:47:55.54	00:47:23.63	04:45
5199	1333	VITOR MANUEL DOMINGUES BARATA	-	M VET 50-55-60	00:47:56.15	00:44:55.65	04:30
458	1334	ANTÓNIO JOSÉ RAMALHO	Individual	M VET 50-55-60	00:47:56.37	00:46:32.20	04:40
5065	1335	LITO BRAZAO	-	M SENIORES	00:47:56.57	00:46:38.21	04:40
5910	1336	CARLA SANTOS	NucleOeiras	F VET 35-40-45	00:47:57.04	00:45:33.15	04:34
767	1337	DIOGO ALFARELOS	Individual	M SENIORES	00:47:57.47	00:47:07.81	04:43
4848	1338	FERNANDO AGOSTINHO	-	M VET 50-55-60	00:47:57.65	00:45:17.01	04:32
1306	1339	JOSÉ MANUEL FERREIRA DE MATOS	Individual	M VET 50-55-60	00:47:58.56	00:47:05.37	04:43
2081	1340	RUI MIGUEL GUILHERME	Individual	M VET 35-40-45	00:47:59.10	00:46:24.39	04:39
2505	1341	HELDER FERREIRA BRANCO	CLUBE VODAFONE	M VET 35-40-45	00:47:59.16	00:44:59.07	04:30
536	1342	BRUNO LETRA	Individual	M SENIORES	00:47:59.48	00:46:19.90	04:38
4996	1343	FABRIZIO OTTAVIANI	-	M VET 35-40-45	00:47:59.89	00:44:28.08	04:27
1761	1344	PAULA TEIXEIRA	Individual	F VET 35-40-45	00:48:00.19	00:46:18.19	04:38
3329	1345	JOÃO ALEIXO	Individual	M SENIORES	00:48:00.37	00:47:14.23	04:44
2286	1346	VITOR ANTUNES	Valejas AC	M VET 35-40-45	00:48:00.51	00:47:19.69	04:44
756	1347	DAVIDE SOUSA	Individual	M VET 50-55-60	00:48:01.66	00:46:03.49	04:37
1926	1348	PEDRO SERRA	Individual	M SENIORES	00:48:02.69	00:45:37.18	04:34
791	1349	DUARTE GONÇALVES	Individual	M VET 50-55-60	00:48:02.83	00:45:49.04	04:35
5144	1349	PAULO TRIGO	-	M VET 35-40-45	00:48:02.83	00:46:25.00	04:39
294	1351	ALEXANDRA MARIA SILVA	Individual	F VET 35-40-45	00:48:03.30	00:47:10.21	04:44
2022	1352	RODRIGO COSTA	Individual	M SENIORES	00:48:03.79	00:44:50.33	04:30
917	1353	FRANCISCO COSTA	Individual	M SENIORES	00:48:04.19	00:46:06.12	04:37
625	1354	CARLOS LOMBA	Individual	M VET 50-55-60	00:48:04.71	00:47:33.11	04:46
870	1355	FERNANDO MARQUES MARQUES	Individual	M VET 50-55-60	00:48:05.13	00:47:44.84	04:47
6297	1356	JOSÉ AGAPITO	-	M VET 35-40-45	00:48:05.20	00:47:10.46	04:44
4445	1357	CUSTÓDIO QUIBINA	Sporting Clube de Casainhos	M SENIORES	00:48:05.40	00:46:46.06	04:41
1410	1358	LUIS MANUEL GARCIA	Individual	M VET 50-55-60	00:48:05.58	00:47:45.03	04:47
520	1359	BRUNO LOURENÇO	Individual	M VET 35-40-45	00:48:05.88	00:47:28.00	04:45
5507	1360	JOÃO FRIAS	Amigos Atletismo Mafra	M VET 35-40-45	00:48:06.05	00:47:12.88	04:44
3352	1361	JOÃO CARLOS GUERRA	Alhandra Sporting Club	M VET 35-40-45	00:48:06.18	00:47:02.07	04:43
2649	1362	LUIS SANCHEZ	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:48:06.89	00:47:31.15	04:46
1211	1363	JOAQUIM FERRÃO	GDC Banco de Portugal	M VET 50-55-60	00:48:07.21	00:45:52.63	04:36
3572	1364	LUÍS NUNES	Individual	M VET 35-40-45	00:48:07.92	00:47:16.91	04:44
1487	1365	MARCO GUIA	Individual	M VET 35-40-45	00:48:08.14	00:44:59.57	04:30
2956	1366	ANTÓNIO VALE	Os Conta-Kilómetros	M SENIORES	00:48:08.20	00:44:25.34	04:27
4989	1367	DORA FERNANDES	-	F VET 35-40-45	00:48:09.31	00:46:45.46	04:41
652	1368	CARLOS SIMÕES BATISTA	Correr Lisboa	M VET 35-40-45	00:48:09.39	00:47:29.43	04:45
5385	1369	NUNO MOREIRA DA SILVA	-	M VET 35-40-45	00:48:09.41	00:46:29.02	04:39
1472	1370	MANUEL NASCIMENTO NASCIMENTO	Individual	M VET 50-55-60	00:48:09.52	00:47:34.59	04:46
6279	1371	LUIS AMORIM	-	M VET 50-55-60	00:48:09.83	00:46:10.69	04:38
188	1372	PAULO CEPAL	-	F VET 35-40-45	00:48:10.85	00:48:01.69	04:49
2157	1373	SÉRGIO SIMÃO COUTO	Individual	M VET 35-40-45	00:48:11.05	00:47:51.58	04:48
4315	1374	RUI MATOS	Mercedes-Benz	M VET 35-40-45	00:48:11.32	00:46:14.10	04:38
6202	1375	SÉRGIO PONTES	-	M VET 35-40-45	00:48:11.81	00:46:17.23	04:38
4950	1376	ANIBAL MATEUS	CORRER LISBOA	M VET 50-55-60	00:48:12.07	00:45:49.63	04:35

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
868	1377	FERNANDO LUZ	GDCT Unicre	M VET 35-40-45	00:48:12.34	00:47:02.74	04:43
3914	1378	PEDRO MIGUEL SANTOS CASEIRO	Individual	M SENIORES	00:48:12.38	00:46:15.04	04:38
3946	1379	RICARDO LEITÃO	Individual	M VET 35-40-45	00:48:12.60	00:44:25.59	04:27
2811	1380	PATRÍCIA ROCHA	Holmes Place	F VET 35-40-45	00:48:12.75	00:46:18.73	04:38
1018	1381	HUGO MIGUEL FRANCELA HENRIQUES	Individual	M VET 35-40-45	00:48:12.92	00:46:49.50	04:41
5558	1382	PAULO LOURINHO	Clube Atletismo Amigos de Belém	M VET 35-40-45	00:48:13.83	00:47:41.12	04:47
3585	1383	LUÍS TIAGO ALMEIDA CARDOSO	Individual	M VET 35-40-45	00:48:14.14	00:45:40.87	04:35
2285	1384	VÍTOR GONZAS	Individual	M VET 35-40-45	00:48:14.92	00:47:50.61	04:48
1119	1385	JOÃO ALBERTO DIAS	Individual	M VET 50-55-60	00:48:15.58	00:47:40.84	04:47
3172	1386	FERNANDO TORRES TORRES	Garehotelrunning	M VET 50-55-60	00:48:15.62	00:46:27.72	04:39
764	1387	DINIS RIBAS	Banco Santander Totta	M VET 35-40-45	00:48:16.59	00:44:45.93	04:29
1837	1388	PAULO SÉRGIO AUGUSTO ALVES	Matilha Running	M VET 35-40-45	00:48:17.08	00:47:21.55	04:45
5642	1389	DANIELA VINAGRE	Juventude Operária Monte Abraão	F SENIORES	00:48:17.09	00:47:57.68	04:48
5393	1390	PAULO PEREIRA	-	M VET 35-40-45	00:48:17.27	00:47:30.55	04:46
3080	1391	CLÁUDIO DAVID DA CONCEIÇÃO GONÇALVES	Clube PT Zcs	M SENIORES	00:48:17.47	00:45:18.76	04:32
4470	1392	FERNANDO CELESTINO	AÇOREANA	M VET 50-55-60	00:48:17.65	00:46:10.38	04:38
5223	1393	MIGUEL JUDAS	-	M VET 35-40-45	00:48:17.95	00:46:05.82	04:37
5246	1394	ANTONIO NETO	-	M VET 50-55-60	00:48:18.11	00:47:48.84	04:47
2991	1395	BRUNO OLIVEIRA	Individual	M VET 35-40-45	00:48:18.20	00:46:06.14	04:37
4487	1396	GIL JORGE	TRANE	M VET 35-40-45	00:48:18.80	00:45:06.36	04:31
3391	1397	JOAO PEDRO ADEGAS	Individual	M VET 35-40-45	00:48:19.09	00:46:54.69	04:42
3754	1398	NUNO ANDRÉ NOVO RAMOS	Individual	M SENIORES	00:48:19.28	00:46:59.82	04:42
709	1399	CLAUDIA ROMÃO	Individual	F VET 35-40-45	00:48:19.53	00:46:49.27	04:41
6161	1400	JOÃO MANUEL ESPADA REAL	-	M SENIORES	00:48:20.30	00:47:49.45	04:47
1915	1401	PEDRO NUNES	Individual	M VET 35-40-45	00:48:20.56	00:46:36.60	04:40
2348	1402	LUÍS ALMEIDA	Six Feet Tall	M VET 50-55-60	00:48:20.93	00:46:16.57	04:38
5444	1403	MARCOS ALEJANDRO FARIAS	-	M VET 35-40-45	00:48:21.41	00:46:29.57	04:39
2235	1404	TIAGO FERREIRA	Individual	M SENIORES	00:48:22.25	00:47:46.53	04:47
4012	1405	RUI BRÁS	Individual	M SENIORES	00:48:22.37	00:47:31.38	04:46
1848	1406	PEDRO HORTA	Individual	M VET 50-55-60	00:48:22.94	00:48:22.94	04:51
3928	1407	PEDRO TRIGO	Individual	M SENIORES	00:48:23.22	00:44:45.38	04:29
4289	1408	SÉRGIO FERREIRA	Individual	M VET 35-40-45	00:48:23.28	00:47:21.23	04:45
1582	1409	MAXIMIANO SANTOS	Individual	M VET 50-55-60	00:48:23.94	00:47:55.48	04:48
5173	1410	RUI ALMEIDA	-	M VET 35-40-45	00:48:23.96	00:48:23.96	04:51
163	1411	ALVARO GOMES	Individual	M VET 35-40-45	00:48:24.61	00:48:15.97	04:50
4627	1412	PATRICK REIS	Grupo Desportivo da Mouraria	M SENIORES	00:48:24.84	00:48:09.38	04:49
5381	1413	MARCO MOUTINHO	-	M VET 35-40-45	00:48:24.96	00:45:36.84	04:34
4187	1414	VITOR MOREIRA	Clube EDP - Lisboa	M VET 50-55-60	00:48:25.24	00:47:08.82	04:43
3032	1415	CARLOS LOURENÇO	Individual	M VET 35-40-45	00:48:25.25	00:46:58.35	04:42
3404	1416	PAULO PEREIRA	Rail Runners	M VET 35-40-45	00:48:25.29	00:46:17.63	04:38
1732	1417	NUNO SOBRAL	Individual	M VET 35-40-45	00:48:25.76	00:45:41.14	04:35
5080	1418	LUIS SANTOS	-	M VET 50-55-60	00:48:25.85	00:45:11.87	04:32
3122	1419	DIOGO LEITE	CLUBE COLABORADORES AGEAS	M VET 35-40-45	00:48:27.18	00:47:30.29	04:46
3764	1420	NUNO FERREIRA	Individual	M VET 35-40-45	00:48:27.29	00:47:45.41	04:47
4631	1421	PAULO ALMEIDA	Individual	M VET 35-40-45	00:48:28.87	00:47:25.30	04:45
1313	1422	JOSÉ MARQUES	Individual	M VET 35-40-45	00:48:29.17	00:47:41.41	04:47
1775	1423	PAULO CALDEIRA	Individual	M VET 35-40-45	00:48:29.64	00:46:32.73	04:40
1892	1424	PEDRO LUCAS	Individual	M VET 35-40-45	00:48:29.71	00:48:09.92	04:49
3671	1425	MÁRIO ESPERANÇA	Individual	M SENIORES	00:48:30.97	00:45:52.58	04:36
2039	1426	RUI ESTEVES	Tartarugas Solidárias	M VET 35-40-45	00:48:31.10	00:45:32.32	04:34
3666	1427	MARIO SALGADO	Individual	M VET 35-40-45	00:48:31.60	00:47:30.04	04:46

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1783	1428	PAULO SILVA	Individual	M VET 35-40-45	00:48:31.72	00:47:53.74	04:48
4176	1429	VITOR MONTEIRO	MARRIOTT LISBOA	M VET 50-55-60	00:48:32.20	00:47:06.88	04:43
5413	1430	ADRIANA ELENA TURENSCHI	-	F SENIORES	00:48:33.21	00:48:05.13	04:49
526	1431	TIAGO DOS REIS CONSTANTINO VIDAL GUERREIRO	Individual	M VET 35-40-45	00:48:33.24	00:46:46.21	04:41
4772	1432	NUNO AFONSO COELHO	AÇOREANA	M VET 35-40-45	00:48:33.25	00:46:26.19	04:39
2240	1433	TIAGO MARQUES	Individual	M SENIORES	00:48:33.32	00:46:45.56	04:41
3078	1434	CLAUDIA SOFIA DE JESUS ABREU ABREU	Individual	F VET 35-40-45	00:48:33.86	00:46:47.34	04:41
86	1435	CARLOS CRUZ	Individual	M VET 50-55-60	00:48:33.98	00:48:24.62	04:51
251	1436	DAVID PEDRA	Individual	M SENIORES	00:48:34.41	00:44:27.82	04:27
1305	1437	JOSÉ MANUEL MUIÑOS FERNÁNDEZ	Individual	M VET 50-55-60	00:48:34.51	00:47:49.50	04:47
1960	1438	RICARDO CONCEIÇÃO	LOURDETE PERFUMARIAS	M SENIORES	00:48:35.06	00:48:19.30	04:50
1319	1439	JOSÉ PEDRO FERREIRA	Individual	M VET 35-40-45	00:48:35.10	00:46:23.43	04:39
5289	1440	JOSÉ CARVALHO	-	M SENIORES	00:48:35.28	00:45:59.84	04:36
4145	1441	TIAGO MARCELINO	Individual	M SENIORES	00:48:35.90	00:48:35.90	04:52
4883	1442	LUIS GAMA	-	M VET 50-55-60	00:48:36.11	00:48:15.09	04:50
1678	1443	NUNO BARATA	Peniche a Correr	M SENIORES	00:48:36.31	00:48:06.23	04:49
3856	1444	PAULO PALMINHA	Individual	M VET 35-40-45	00:48:36.40	00:47:45.01	04:47
5238	1445	ALEXANDRE VIEIRA	-	M VET 35-40-45	00:48:36.78	00:44:53.08	04:30
1407	1446	LUÍS ISIDORO	Individual	M SENIORES	00:48:36.90	00:47:12.58	04:44
1952	1447	RAQUEL MOREIRA	Individual	F SENIORES	00:48:37.81	00:46:59.83	04:42
2950	1448	ANTONIO RAMALHO	Individual	M VET 50-55-60	00:48:37.83	00:47:51.18	04:48
527	1449	BRUNO CORGAS	Gang Bang	M SENIORES	00:48:38.20	00:47:32.37	04:46
1012	1450	HUGO CRESCIDO	Individual	M VET 35-40-45	00:48:38.21	00:45:00.42	04:31
5925	1451	JOSÉ ALVES	NucleOeiras	M VET 35-40-45	00:48:38.37	00:45:06.43	04:31
6188	1452	LUIS MATOS MATOS	-	M VET 50-55-60	00:48:38.49	00:47:48.84	04:47
1602	1453	MIGUEL ALVES	Individual	M SENIORES	00:48:38.61	00:47:20.37	04:45
4662	1454	RITA NOVO	Individual	F VET 35-40-45	00:48:38.95	00:45:53.08	04:36
4633	1455	PAULO BRANCO	Individual	M VET 35-40-45	00:48:39.85	00:46:35.83	04:40
2913	1456	ANTÓNIA JORDÃO	Individual	F VET 35-40-45	00:48:41.38	00:46:55.66	04:42
3037	1457	CARLOS MATOS	Individual	M VET 50-55-60	00:48:41.79	00:46:56.06	04:42
5938	1458	QUINTINO VAZ	Associação de Estilos de Vida Saudável	M VET 35-40-45	00:48:41.93	00:47:07.31	04:43
5367	1459	GONCALO FERNANDES ROCHA	-	M VET 35-40-45	00:48:42.18	00:47:06.50	04:43
3747	1460	NUNO MENDES	Individual	M SENIORES	00:48:42.23	00:48:18.55	04:50
1484	1461	MARCO CARVALHO	Individual	M VET 35-40-45	00:48:42.56	00:47:15.29	04:44
658	1462	CARLOS VAZ	Individual	M VET 35-40-45	00:48:42.84	00:46:23.27	04:39
6316	1463	PEDRO PIRES	-	M VET 35-40-45	00:48:43.29	00:46:19.00	04:38
1240	1464	JORGE GRILO GRILO	Individual	M SENIORES	00:48:43.58	00:46:57.04	04:42
5224	1465	NINO RALEIRAS	-	M VET 35-40-45	00:48:43.62	00:46:32.18	04:40
613	1466	CARLOS FERNANDO VIEIRA	Individual	M VET 35-40-45	00:48:43.91	00:47:16.21	04:44
2421	1467	JOSE COELHO	Clube Millennium Bcp	M VET 50-55-60	00:48:43.95	00:46:51.51	04:42
483	1468	ANTÓNIO SERRANO	Individual	M VET 50-55-60	00:48:44.28	00:46:58.08	04:42
736	1469	DANIEL ALVES	Individual	M VET 35-40-45	00:48:44.40	00:48:15.56	04:50
5299	1470	LUIS MIGUEL SANTOS	CORRER LISBOA	M VET 35-40-45	00:48:45.09	00:46:11.83	04:38
5437	1471	JOAO LOPES	am 18 de maio	M VET 35-40-45	00:48:45.15	00:47:20.86	04:45
1277	1472	JOSE AUGUSTO LOUREIRO MACHADO JOSE MACHADO	Individual	M VET 50-55-60	00:48:45.41	00:45:40.18	04:35
558	1473	CÂNDIDO ALVES	CCD Crédito Agrícola Mútuo	M VET 35-40-45	00:48:45.46	00:46:41.97	04:41
1964	1474	RICARDO MADEIRA	Individual	M VET 35-40-45	00:48:46.13	00:46:12.97	04:38
1987	1475	RICARDO JOSÉ PIMENTA	Individual	M VET 35-40-45	00:48:46.21	00:46:35.31	04:40
160	1476	LUIS TAVARES	BMW	M VET 50-55-60	00:48:46.48	00:48:34.83	04:52
3938	1477	RALAEAL ALEXANDRE LOPES	Individual	M JUNIORES	00:48:46.63	00:48:02.30	04:49
1381	1478	LUÍS SIMAS MENÉM	Correr Lisboa	M VET 35-40-45	00:48:47.37	00:46:28.04	04:39

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2329	1479	FERNANDO COSTA	Individual	M VET 35-40-45	00:48:47.57	00:46:28.97	04:39
2446	1480	REGINA DE OLIVEIRA	Clube Millennium Bcp	F VET 50-55-60	00:48:48.11	00:47:09.34	04:43
3507	1481	JOSE SANTOS SANTOS	Individual	M VET 50-55-60	00:48:49.03	00:47:54.32	04:48
4143	1482	TIAGO DA SILVA	Individual	M SENIORES	00:48:50.66	00:47:36.72	04:46
1478	1483	MARA ARAUJO	CCD Sintrense	F SENIORES	00:48:50.69	00:48:01.27	04:49
1885	1484	PEDRO LEIRIA	Individual	M VET 35-40-45	00:48:51.12	00:47:31.43	04:46
2656	1485	MIGUEL CARVALHO	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:48:51.81	00:46:40.64	04:41
109	1486	CARLOS MANUEL TELES DE LEÃO MENDES	Individual	M VET 50-55-60	00:48:52.30	00:48:42.67	04:53
3340	1487	JOÃO MATOS	Individual	M JUNIORES	00:48:52.83	00:47:30.27	04:46
3124	1488	DIOGO MATOS	Individual	M VET 35-40-45	00:48:53.51	00:46:55.16	04:42
3254	1489	HENRIQUE MARTINS GOMES	Individual	M VET 35-40-45	00:48:54.95	00:47:41.27	04:47
5020	1490	JOAO DIONISIO RODRIGUES GREGORIO CATUNA	os salgados	M VET 35-40-45	00:48:56.15	00:45:58.21	04:36
3209	1491	FRANCISCO MORAIS	Individual	M VET 50-55-60	00:48:56.41	00:47:36.75	04:46
3013	1492	CARLOS FORTUNATO	G A Monsanto Gascan	M VET 50-55-60	00:48:56.55	00:46:40.85	04:41
1852	1493	PEDRO MATA	Individual	M VET 50-55-60	00:48:57.32	00:48:30.28	04:52
2144	1494	SÉRGIO FRANCLIM	Individual	M VET 35-40-45	00:48:57.52	00:48:31.46	04:52
3922	1495	PEDRO RODRIGUES	Individual	M VET 35-40-45	00:48:57.59	00:47:57.18	04:48
1671	1496	NUNO AFONSO	Individual	M VET 35-40-45	00:48:58.45	00:44:59.60	04:30
4784	1497	PAULO FERNANDES	AÇOREANA	M VET 35-40-45	00:48:58.49	00:46:52.23	04:42
5482	1498	DANIEL ALCINO AZEVEDO PORTELA PORTELA	-	M SENIORES	00:48:59.09	00:48:24.53	04:51
2257	1499	VANDA MURTEIRA	Individual	F VET 35-40-45	00:48:59.50	00:47:53.71	04:48
5201	1500	ANDRÉ ALVES	ConquistaD	M SENIORES	00:48:59.56	00:45:52.30	04:36
1048	1501	IOAN MATEI	Individual	M VET 50-55-60	00:48:59.85	00:48:48.39	04:53
3902	1502	PEDRO FERREIRA	Individual	M VET 35-40-45	00:48:59.96	00:47:39.62	04:46
983	1503	HELDER VAZ	CCD Sintrense	M VET 35-40-45	00:49:00.00	00:49:00.00	04:54
4548	1504	LEANDRO SANTOS SANTOS	Individual	M VET 50-55-60	00:49:00.95	00:48:43.39	04:53
1116	1505	JOÃO VAGOS	Peniche a Correr	M VET 35-40-45	00:49:01.22	00:48:30.60	04:52
3732	1506	NELSON GEADA	Individual	M VET 35-40-45	00:49:01.24	00:48:06.63	04:49
5056	1507	JOSÉ LEITÃO	OPraticante.pt	M VET 35-40-45	00:49:01.30	00:45:02.48	04:31
2098	1508	RUI SIMOES	Individual	M VET 35-40-45	00:49:01.42	00:47:08.56	04:43
1912	1509	PEDRO MIGUEL SENA SENA	Individual	M VET 35-40-45	00:49:02.07	00:46:26.12	04:39
1010	1510	HUGO CIPRIANO	Individual	M VET 35-40-45	00:49:02.35	00:47:12.82	04:44
5031	1511	JOAO MIGUEL CATUNA GREGORIO	os salgados	M SENIORES	00:49:02.71	00:46:04.75	04:37
5318	1512	NUNO PESTANA	-	M VET 35-40-45	00:49:03.67	00:47:47.10	04:47
3606	1513	MANUEL DOS SANTOS FIDALGO	Individual	M VET 50-55-60	00:49:03.71	00:47:47.63	04:47
810	1514	EDUARDO RIBEIRO	GDCT Unicre	M VET 35-40-45	00:49:03.72	00:47:51.20	04:48
1818	1515	PAULO LOPES	Individual	M VET 35-40-45	00:49:03.85	00:47:07.18	04:43
887	1516	FILIPE CUNHA	Individual	M VET 35-40-45	00:49:04.33	00:47:43.89	04:47
4687	1517	TAM AFONSO	AÇOREANA	M VET 50-55-60	00:49:04.90	00:48:28.77	04:51
3982	1518	RICARDO TEIXEIRA	CLUBE COLABORADORES AGEAS	M VET 35-40-45	00:49:05.09	00:46:34.02	04:40
2897	1519	ANDRÉ DIAS	CLUBE COLABORADORES AGEAS	M SENIORES	00:49:05.13	00:46:33.73	04:40
3718	1520	MIGUEL TRUNINGER	CLUBE COLABORADORES AGEAS	M VET 35-40-45	00:49:05.21	00:46:27.23	04:39
2401	1521	CARLOS NUNES	Clube Millennium Bcp	M VET 35-40-45	00:49:05.75	00:48:49.55	04:53
1854	1522	PEDRO REGO	Individual	M VET 35-40-45	00:49:05.87	00:45:47.83	04:35
1370	1523	LUIS CRUZ	Vitória Futebol Clube	M VET 35-40-45	00:49:06.03	00:48:56.58	04:54
712	1524	CLAUDIA SOUSA	Individual	F VET 35-40-45	00:49:06.22	00:46:34.76	04:40
5225	1524	HERNANI GASPAR	-	M VET 50-55-60	00:49:06.22	00:48:16.43	04:50
776	1526	DIOGO MIMOSO	Individual	M JUNIORES	00:49:07.22	00:47:44.38	04:47
4090	1527	SÉRGIO VICENTE RODRIGUES	Individual	M VET 35-40-45	00:49:07.89	00:47:35.34	04:46
4885	1528	LUÍS OLIVEIRA E SILVA	-	M VET 35-40-45	00:49:08.52	00:45:13.01	04:32
4756	1529	JOSE MARTINS	Individual	M VET 35-40-45	00:49:08.81	00:48:16.02	04:50

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
723	1529	CRISTIANO PAES	Gang Bang	M VET 35-40-45	00:49:08.81	00:48:02.63	04:49
4572	1531	MANUEL HORTELÃO HORTELÃO	amigos da flor	M VET 35-40-45	00:49:08.92	00:48:10.71	04:50
840	1532	FÁBIO ROCHA	Individual	M SENIORES	00:49:09.08	00:46:42.81	04:41
5139	1533	PAULO FALCAO	-	M SENIORES	00:49:09.16	00:47:25.04	04:45
4273	1534	PEDRO FERREIRA	Clube Robbialac	M VET 35-40-45	00:49:09.52	00:48:34.96	04:52
997	1535	HENRIQUE FERNANDES	Banco Santander Totta	M SENIORES	00:49:09.70	00:48:23.07	04:51
4963	1536	BELMIRO GARCIA SILVA	-	M VET 50-55-60	00:49:10.06	00:47:59.96	04:48
3416	1537	JOÃO VALHELHAS	Câmara Lisboa Clube	M VET 35-40-45	00:49:10.10	00:46:10.70	04:38
4618	1537	NUNO MIGUEL CARVALHO	Individual	M VET 35-40-45	00:49:10.10	00:47:44.31	04:47
3523	1539	LICÍNIO FIDALGO	Câmara Lisboa Clube	M VET 50-55-60	00:49:10.60	00:46:19.90	04:38
661	1540	CARLOTA MARIA PEREIRA	Banco Santander Totta	F SENIORES	00:49:10.76	00:48:58.37	04:54
4507	1541	JOAO CARVALHO	Individual	M VET 50-55-60	00:49:11.11	00:47:34.67	04:46
4358	1542	FERNANDO SILVEIRO	Individual	M VET 35-40-45	00:49:11.55	00:48:03.65	04:49
5640	1543	BRUNO LOURENÇO	Juventude Operária Monte Abraão	M SENIORES	00:49:11.56	00:47:23.52	04:45
2852	1544	ÁLVARO SILVA	Individual	M VET 35-40-45	00:49:11.70	00:45:32.75	04:34
1158	1545	JOÃO MADEIRA	Individual	M VET 35-40-45	00:49:11.86	00:47:51.24	04:48
1924	1546	PEDRO RAMOS	CCD PM CASCAIS	M SENIORES	00:49:12.10	00:47:10.85	04:44
5837	1547	JOSÉ TEIXEIRA	Juventude Operária Monte Abraão	M VET 50-55-60	00:49:12.73	00:47:25.26	04:45
392	1548	ANDRÉ DE CASTRO SILVA	Individual	M VET 35-40-45	00:49:12.82	00:48:32.31	04:52
4680	1549	SERGIO CAMECELHA	CORRER LISBOA	M VET 35-40-45	00:49:12.94	00:45:31.26	04:34
1421	1550	LUIS MIGUEL COMBADÃO ALEXANDRE ALEXANDRE	Individual	M VET 35-40-45	00:49:13.04	00:47:53.32	04:48
3629	1551	MARGARIDA COELHO	Individual	F VET 50-55-60	00:49:13.23	00:49:02.49	04:55
1724	1552	NUNO REBELO SANTOS	Individual	M VET 35-40-45	00:49:13.46	00:47:56.83	04:48
5911	1553	SARA DA SILVA NOGUEIRA	NucleOeiras	F VET 35-40-45	00:49:13.83	00:48:15.80	04:50
5001	1554	FERNANDO JOAQUIM DIAS AVELINO	Amigos Vale do Silêncio	M VET 50-55-60	00:49:14.25	00:48:21.01	04:51
3843	1555	PAULO LOPES	Valejas AC	M VET 35-40-45	00:49:14.61	00:46:47.70	04:41
4601	1556	MIGUEL GOMES	Individual	M VET 35-40-45	00:49:14.86	00:45:34.41	04:34
1745	1557	OSCAR RODRIGUES	Individual	M VET 35-40-45	00:49:15.04	00:48:43.17	04:53
4971	1558	CARLA REIS	Os Galgos	F VET 35-40-45	00:49:15.78	00:48:40.96	04:53
3743	1559	NUNO ESTÁCIO	Individual	M VET 35-40-45	00:49:15.97	00:45:33.81	04:34
299	1560	ALEXANDRE KORTES	Individual	M VET 35-40-45	00:49:16.21	00:47:38.93	04:46
1357	1561	LINO SILVA	Alverca Urban Runners	M VET 35-40-45	00:49:16.42	00:48:15.46	04:50
1738	1562	OLGA SIERRA BERNAT	Individual	F VET 35-40-45	00:49:16.57	00:48:32.43	04:52
1974	1563	RICARDO BRANCO	Individual	M VET 35-40-45	00:49:16.98	00:49:04.13	04:55
5115	1564	MIGUEL FONSECA	-	M SENIORES	00:49:17.58	00:49:17.58	04:56
2232	1565	TIAGO CRUZ	Individual	M SENIORES	00:49:17.77	00:48:44.04	04:53
1301	1566	JOSE MACHADO MACHADO	Individual	M VET 50-55-60	00:49:17.90	00:48:26.89	04:51
6174	1566	JORGÉ CORREIA	-	M VET 35-40-45	00:49:17.90	00:47:16.64	04:44
318	1568	ANA MARQUES	Individual	F VET 35-40-45	00:49:17.94	00:48:27.72	04:51
2781	1569	CLAÚDIA BORRALHO	Individual	F VET 35-40-45	00:49:17.98	00:45:04.44	04:31
3515	1570	JÚLIO RIBEIRO	Individual	M VET 35-40-45	00:49:18.73	00:47:18.59	04:44
4667	1571	RUI OLIVEIRA	Individual	M VET 35-40-45	00:49:18.85	00:48:14.11	04:50
2065	1571	RUI JORGE VASQUES DA FONSECA	Individual	M VET 50-55-60	00:49:18.85	00:49:18.85	04:56
1435	1573	LUIS PEREIRA	Individual	M VET 35-40-45	00:49:20.28	00:47:30.54	04:46
1662	1574	NUNO HENRIQUES	Individual	M VET 35-40-45	00:49:20.62	00:45:58.18	04:36
2052	1575	RUI CORREIA	GDCTINCM	M VET 35-40-45	00:49:20.87	00:45:58.62	04:36
419	1576	ANTÓNIO DOMINGUES	Individual	M VET 50-55-60	00:49:20.91	00:48:07.82	04:49
1278	1577	JOSÉ BONITO	Individual	M VET 35-40-45	00:49:21.80	00:46:40.52	04:41
1417	1578	LUIS MATOS PIRES	Individual	M VET 50-55-60	00:49:22.05	00:47:21.98	04:45
5171	1579	RODRIGO MASSENA	-	M SENIORES	00:49:22.12	00:46:19.42	04:38
622	1580	CARLOS GONCALVES GONCALVES	GCS	M VET 35-40-45	00:49:22.44	00:48:09.68	04:49

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
686	1581	CECÍLIA NICOLAU	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	F VET 35-40-45	00:49:23.59	00:48:36.24	04:52
2826	1582	ADELINO FONTES GOMES GOMES	Individual	M VET 35-40-45	00:49:23.64	00:46:12.46	04:38
3547	1583	LUIS APOLINARIO APOLINARIO	Individual	M VET 35-40-45	00:49:23.84	00:48:47.87	04:53
4408	1584	ARMANDO PARREIRA	AÇOREANA	M VET 35-40-45	00:49:24.03	00:48:10.89	04:50
3387	1585	JOÃO NUNO PEREIRA	Individual	M VET 35-40-45	00:49:24.68	00:47:24.65	04:45
3417	1586	JOÃO WANG DE ABREU	Individual	M SENIORES	00:49:24.75	00:48:42.78	04:53
3045	1587	CARLOS TEIXEIRA	LEBRES E TARTARUGAS	M VET 50-55-60	00:49:24.98	00:46:01.14	04:37
4374	1588	ALBERTO MARTINS	Individual	M VET 50-55-60	00:49:25.04	00:48:23.81	04:51
5323	1589	PAULO GOUVEIA	-	M VET 35-40-45	00:49:25.96	00:49:09.19	04:55
3948	1590	RICARDO NEGRÃO	PLMJ RUNNERS	M VET 35-40-45	00:49:26.31	00:45:46.24	04:35
518	1591	BRINDIS ÁLVAREZ GARCÍA	Individual	M VET 50-55-60	00:49:26.80	00:48:42.19	04:53
4652	1592	PEDRO PELEJA	AÇOREANA	M VET 35-40-45	00:49:28.40	00:48:19.76	04:50
3827	1593	PAULO SOUTO	Run to Boston	M VET 50-55-60	00:49:28.73	00:47:01.54	04:43
1595	1594	MIGUEL PEDRO	Individual	M VET 35-40-45	00:49:28.87	00:47:56.74	04:48
4609	1595	NICOLAS VINCENT	Individual	M VET 35-40-45	00:49:28.99	00:47:13.14	04:44
1896	1596	PEDRO MANUEL COSTA LOPES	Individual	M VET 35-40-45	00:49:29.45	00:46:44.43	04:41
471	1597	ANTONIO PEIXOTO DORES FRANCISCO	Banco Santander Totta	M VET 35-40-45	00:49:29.69	00:48:23.03	04:51
1083	1598	JOANA MIRANDA	Individual	F VET 35-40-45	00:49:29.79	00:48:28.45	04:51
3269	1599	HUGO RAMILO	Casa Benfica Algueirão Mem Martins	M VET 35-40-45	00:49:31.24	00:49:21.34	04:57
4821	1600	ANTONIO FERREIRA	-	M VET 50-55-60	00:49:31.82	00:49:07.17	04:55
2407	1601	CELIA CERDEIRA	Clube Millennium Bcp	F VET 35-40-45	00:49:32.25	00:48:08.38	04:49
5064	1602	LINA EUGÉNIO	-	F SENIORES	00:49:32.51	00:48:26.64	04:51
2621	1603	FRANCISCO VIEIRA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:49:33.45	00:47:16.46	04:44
4919	1604	RODRIGO COSTA	Mariobros	M SENIORES	00:49:33.64	00:46:19.09	04:38
5438	1605	JOAQUIM SANTOS	-	M VET 35-40-45	00:49:33.82	00:48:27.20	04:51
1148	1606	JOAO FREIRE	GDCTINCM	M VET 50-55-60	00:49:34.27	00:46:15.42	04:38
1138	1607	JOÃO DUARTE BATISTA FERNANDES	Individual	M VET 50-55-60	00:49:34.96	00:49:20.84	04:57
3981	1608	RICARDO SOUSA SOUSA	Individual	M SENIORES	00:49:35.10	00:47:25.38	04:45
6227	1609	MANUEL ANTUNES	-	M SENIORES	00:49:35.20	00:48:24.41	04:51
2641	1610	JOSÉ MARTINS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:49:35.43	00:46:03.06	04:37
3170	1611	FERNANDO SANTOS	Individual	M VET 35-40-45	00:49:35.62	00:47:20.35	04:45
553	1612	BRUNO SANTOS	Individual	M VET 35-40-45	00:49:35.67	00:48:23.28	04:51
2265	1613	VASCO FERREIRA	GDCTINCM	M VET 35-40-45	00:49:35.78	00:46:16.49	04:38
1282	1614	JOSÉ CARDINHO	Individual	M SENIORES	00:49:35.84	00:47:59.79	04:48
4571	1615	MANUEL GONÇALVES DA SILVA SILVA	Individual	M VET 50-55-60	00:49:36.40	00:47:16.18	04:44
3762	1616	NUNO ESTEVES	Individual	M VET 35-40-45	00:49:36.54	00:49:22.64	04:57
2804	1617	JOSE FEITEIRA	Holmes Place	M VET 35-40-45	00:49:36.78	00:45:52.94	04:36
4482	1618	FRANCISCO AUGUSTO	Individual	M VET 35-40-45	00:49:36.84	00:46:24.39	04:39
2300	1619	VITOR TEIXEIRA	Individual	M VET 35-40-45	00:49:36.99	00:49:26.76	04:57
2044	1620	RUI VIEIRA	Individual	M VET 35-40-45	00:49:37.08	00:47:22.06	04:45
1289	1621	JOSÉ CUNHA	Individual	M VET 50-55-60	00:49:37.52	00:47:44.18	04:47
1260	1622	JOSÉ HENRIQUES	Individual	M VET 50-55-60	00:49:37.78	00:49:16.78	04:56
1020	1623	HUGO PAULO	Individual	M VET 35-40-45	00:49:38.14	00:46:34.81	04:40
4863	1624	JAIME FILIPE SANTOS SOARES	Central de Cervejas	M SENIORES	00:49:38.16	00:46:09.82	04:37
944	1625	GONÇALO ALVES	Individual	M SENIORES	00:49:38.93	00:48:34.43	04:52
4529	1626	JOÃO SERRA	AÇOREANA	M VET 35-40-45	00:49:39.75	00:47:02.42	04:43
4658	1627	RICARDO SANTOS	CORRER LISBOA	M VET 35-40-45	00:49:40.75	00:46:49.49	04:41
1590	1627	MIGUEL GARCIA	Individual	M VET 35-40-45	00:49:40.75	00:46:43.22	04:41
4980	1629	DANIEL PIMENTA	-	M VET 35-40-45	00:49:41.03	00:48:28.88	04:51
2323	1630	DAVID AAS CORREIA	Individual	M SENIORES	00:49:41.09	00:45:55.96	04:36
2672	1631	PEDRO SEQUEIRA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:49:41.37	00:48:06.38	04:49

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
584	1632	CARLOS GREGORIO	Individual	M VET 50-55-60	00:49:41.46	00:48:28.89	04:51
4390	1633	ANA SORAIA GOMES	Chouchou Team	F VET 35-40-45	00:49:41.69	00:48:58.93	04:54
3039	1634	CARLOS PALMA	Individual	M VET 35-40-45	00:49:42.23	00:48:57.98	04:54
1201	1635	JOÃO ROSÁRIO	Individual	M VET 35-40-45	00:49:42.27	00:48:39.71	04:52
370	1636	ANA SANTOS	Individual	F VET 35-40-45	00:49:42.30	00:49:07.17	04:55
5894	1637	MÓNICA CRUZ	NucleOeiras	F JUNIORES	00:49:42.48	00:49:01.24	04:55
2638	1638	JOEL OLIVEIRA	Serviços Sociais Caixa Geral Depósitos	M SENIORES	00:49:43.73	00:48:03.29	04:49
866	1639	FERNANDO JORGE MONTEIRO MENDES	Individual	M VET 35-40-45	00:49:44.03	00:49:18.93	04:56
439	1640	ANTÓNIO DA CONCEIÇÃO MARTINS	Falcões Selvagens	M VET 50-55-60	00:49:44.69	00:48:12.71	04:50
4081	1641	SÉRGIO QUEIRÓS	Individual	M SENIORES	00:49:44.77	00:47:53.33	04:48
1288	1642	JOSÉ CRUZ	Individual	M VET 35-40-45	00:49:45.35	00:48:34.71	04:52
358	1643	ANA MOURATO	Individual	F VET 35-40-45	00:49:45.94	00:47:06.98	04:43
1281	1644	JOSÉ BORGES	CCD Sintrense	M VET 50-55-60	00:49:46.03	00:47:53.09	04:48
6128	1645	TERESA SEPÚLVEDA	Clube Olimpico de Oeiras	F VET 35-40-45	00:49:46.12	00:48:48.46	04:53
3272	1646	HUMBERTO LISBOA BRITO	Centro cultural e desportivo dos trabalhadores do metropolitano de lisboa	M VET 35-40-45	00:49:46.61	00:46:47.61	04:41
1694	1647	NUNO FREITAS	Individual	M VET 35-40-45	00:49:46.86	00:47:05.12	04:43
2678	1648	PEDRO LOURO	Serviços Sociais Caixa Geral Depósitos	M SENIORES	00:49:47.33	00:48:07.27	04:49
578	1649	CARLA VENÂNCIO	CCD Crédito Agrícola Mútuo	F VET 35-40-45	00:49:47.71	00:47:28.27	04:45
1126	1650	JOÃO BRANCO	Individual	M VET 35-40-45	00:49:47.95	00:45:49.56	04:35
2111	1651	SAMUEL SALVADOR	Individual	M VET 35-40-45	00:49:48.06	00:47:02.29	04:43
258	1652	ISABEL CONCEIÇÃO	Individual	F VET 35-40-45	00:49:48.44	00:48:55.30	04:54
2802	1653	JORGE COSTA	Holmes Place	M VET 35-40-45	00:49:48.63	00:48:50.44	04:54
787	1654	DORA SIMOES	Individual	F VET 35-40-45	00:49:48.96	00:47:56.86	04:48
4827	1655	AVELINO RODRIGUES	-	M VET 35-40-45	00:49:49.22	00:49:26.62	04:57
4604	1656	MIGUEL PIRES	Individual	M VET 35-40-45	00:49:49.28	00:47:53.94	04:48
3463	1657	JOSÉ TOMÉ	Individual	M VET 50-55-60	00:49:49.79	00:49:04.91	04:55
1103	1658	JOÃO LIMA	4 ao Km	M VET 50-55-60	00:49:49.97	00:48:41.83	04:53
3165	1659	FERNANDO GONÇALVES	Individual	M VET 35-40-45	00:49:50.49	00:47:36.63	04:46
2503	1660	CARLOS FERNANDES	Individual	M VET 50-55-60	00:49:51.48	00:46:51.21	04:42
1488	1661	MARCO MALTEZ	Individual	M VET 35-40-45	00:49:51.66	00:48:19.30	04:50
3773	1662	NUNO MARQUES	RunLovers	M VET 35-40-45	00:49:51.77	00:49:10.72	04:56
2236	1663	TIAGO FERREIRA	Individual	M SENIORES	00:49:51.82	00:47:28.43	04:45
2468	1664	JOSÉ FREITAS	Águas Livres de Caneças	M VET 35-40-45	00:49:52.14	00:48:51.27	04:54
869	1665	FERNANDO MANUEL LOPES	Individual	M VET 35-40-45	00:49:52.58	00:46:32.32	04:40
3944	1666	RENATO SAPATEIRO	Individual	M SENIORES	00:49:52.96	00:45:54.56	04:36
915	1667	FRANCISCO SARDINHA	Individual	M VET 35-40-45	00:49:53.00	00:48:27.78	04:51
2354	1668	MANUEL PAULO	ODEBRECHT PORTUGAL	M VET 50-55-60	00:49:53.13	00:47:58.90	04:48
3308	1669	JACINTO PEREIRA	Individual	M VET 50-55-60	00:49:53.14	00:48:26.25	04:51
1889	1670	PEDRO LOPES	Individual	M SENIORES	00:49:53.51	00:49:23.92	04:57
3347	1671	JOAO ANDRADE	ODEBRECHT PORTUGAL	M VET 35-40-45	00:49:53.81	00:47:58.76	04:48
1725	1672	NUNO RODRIGUES	Individual	M VET 35-40-45	00:49:53.95	00:46:46.99	04:41
3903	1673	PEDRO FILIPE CORREIA	Individual	M VET 35-40-45	00:49:54.22	00:47:41.20	04:47
509	1674	BART SCHOENMAKERS	Individual	M VET 35-40-45	00:49:54.26	00:47:45.45	04:47
4990	1675	DORA MARIA GASPAR LAGE DUQUE PEREIRA	-	F VET 35-40-45	00:49:54.30	00:48:30.94	04:52
1821	1676	PAULO MARQUES	Individual	M SENIORES	00:49:54.57	00:49:36.49	04:58
4536	1677	JORGE SALVADO	GJ Running	M VET 50-55-60	00:49:54.97	00:49:01.94	04:55
4510	1678	JOAO PEREIRA	Individual	M VET 35-40-45	00:49:55.12	00:46:50.50	04:42
4349	1679	REYES SEPULVEDA	Hiscox Clube da Corrida	M SENIORES	00:49:55.33	00:46:26.21	04:39
5469	1680	HENDRIK BONDZIO	-	M VET 35-40-45	00:49:55.35	00:46:26.42	04:39
2070	1681	RUI MACHADO	Individual	M VET 50-55-60	00:49:56.25	00:49:14.32	04:56
80	1682	RAQUEL MAIA	It's Up to You	F VET 35-40-45	00:49:56.62	00:49:56.62	05:00

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2268	1683	VASCO COSTA	Individual	F VET 50-55-60	00:49:57.20	00:48:09.61	04:49
1679	1684	NUNO BARRETO	Individual	M VET 35-40-45	00:49:57.45	00:49:38.69	04:58
4771	1685	NORBERTO COELHO	Individual	M VET 35-40-45	00:49:57.57	00:49:10.12	04:56
151	1686	JOSÉ RIBEIRO	Individual	M VET 50-55-60	00:49:58.54	00:49:48.19	04:59
2443	1687	PEDRO MURCA	Clube Millennium Bcp	M VET 50-55-60	00:49:59.92	00:48:20.70	04:51
2233	1688	TIAGO DANIEL MARQUES	Individual	M SENIORES	00:49:59.94	00:49:45.57	04:59
4691	1689	TIAGO RODRIGUES	CORRER LISBOA	M VET 35-40-45	00:50:00.56	00:48:23.53	04:51
4563	1690	LUISA NOGUEIRA	CORRER LISBOA	F SENIORES	00:50:00.59	00:48:23.59	04:51
6315	1691	AFONSO ATAÍDE	-	M SENIORES	00:50:00.70	00:45:57.14	04:36
2026	1692	RODRIGO SANTOS	Individual	M VET 35-40-45	00:50:01.50	00:48:13.55	04:50
1805	1693	PAULO GONÇALVES	Individual	M VET 35-40-45	00:50:01.75	00:46:50.92	04:42
4455	1694	EDGAR REINHARDT	Individual	M VET 35-40-45	00:50:01.91	00:46:16.42	04:38
1990	1695	RICARDO LUCAS MARTINS BRAS	Individual	M SENIORES	00:50:02.16	00:47:58.32	04:48
1106	1696	JOÃO MOREIRA	Individual	M VET 35-40-45	00:50:03.09	00:48:06.94	04:49
1986	1697	RICARDO JORGE DE ALMEIDA SANTOS ALMEIDA SANTOS	CNA - Clube Natação Amadora	M VET 50-55-60	00:50:03.49	00:47:59.71	04:48
4495	1698	HUGO SANTOS	Individual	M VET 35-40-45	00:50:04.01	00:47:34.25	04:46
4157	1699	TOMÁS SILVA	Individual	M SENIORES	00:50:04.30	00:48:31.79	04:52
2765	1700	RICARDO SILVEIRA	TST	M SENIORES	00:50:05.33	00:49:35.31	04:58
4820	1701	ANTÓNIO OLIVEIRA	-	M VET 35-40-45	00:50:05.39	00:49:06.06	04:55
4485	1702	GABRIEL NUNES	Individual	M SENIORES	00:50:05.94	00:48:38.32	04:52
1693	1703	NUNO FREIRE	Individual	M SENIORES	00:50:06.15	00:49:03.29	04:55
5308	1704	MARIANA CALDEIRA	URBAN RUN TEAM	F SENIORES	00:50:06.82	00:48:11.59	04:50
2824	1705	ACÁCIO DIOGO	treino	M VET 35-40-45	00:50:06.88	00:47:43.23	04:47
2676	1706	PEDRO LOPES	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:50:07.36	00:48:26.01	04:51
5641	1707	CLÁUDIO MOUSINHO	Juventude Operária Monte Abraão	M SENIORES	00:50:08.49	00:48:23.66	04:51
3954	1708	RICARDO ALEXANDRE ELIAS MOTA	Clube PT Zcs	M VET 35-40-45	00:50:08.55	00:47:10.17	04:44
5658	1709	CARLOS VITORINO	Juventude Operária Monte Abraão	M VET 35-40-45	00:50:09.26	00:48:24.54	04:51
4140	1710	TIAGO CASTRO	Individual	M SENIORES	00:50:09.49	00:47:59.74	04:48
1539	1711	MARINA FERNANDA RODRIGUES HENRIQUES	Associação Desportiva Real Academia	F VET 50-55-60	00:50:10.05	00:49:06.47	04:55
2077	1712	BRUNO AFONSO	Individual	M SENIORES	00:50:10.39	00:47:51.09	04:48
1492	1713	MARCO SILVA	Individual	M VET 35-40-45	00:50:10.41	00:48:34.48	04:52
1868	1714	PEDRO FARINHA	Individual	M VET 35-40-45	00:50:10.57	00:49:19.04	04:56
296	1715	ALEXANDRE ANDRADE	Individual	M VET 35-40-45	00:50:10.93	00:49:19.81	04:56
4927	1716	SUSANA SANTOS	Federação da Família para a Paz Mundial e Unificação	F JUNIORES	00:50:11.04	00:49:34.31	04:58
6208	1717	PAULO CALDEIRA CALDEIRA	-	M VET 35-40-45	00:50:11.50	00:45:55.37	04:36
1528	1718	MARIA ROLDAO	Individual	F VET 35-40-45	00:50:11.84	00:49:08.89	04:55
645	1719	CARLOS RIBEIRINHO	Individual	M VET 35-40-45	00:50:11.94	00:49:09.82	04:55
482	1720	ANTÓNIO SANTOS COSTA	Individual	M VET 35-40-45	00:50:12.11	00:46:36.98	04:40
564	1721	CARLA ROLDAO	Individual	F VET 35-40-45	00:50:12.66	00:49:09.70	04:55
487	1722	ANTONIO TEIXEIRA	Individual	M VET 35-40-45	00:50:12.92	00:48:20.50	04:51
2142	1723	SERGIO CARROLA	Individual	M VET 35-40-45	00:50:13.43	00:49:37.85	04:58
3700	1724	MIGUEL ANTÓNIO CIPRIANO	Individual	M VET 50-55-60	00:50:14.37	00:49:54.33	05:00
190	1725	RICARDO JESUS	-	M VET 35-40-45	00:50:14.43	00:48:10.03	04:50
2146	1726	SÉRGIO PIRES	Individual	M VET 35-40-45	00:50:14.56	00:47:16.61	04:44
1691	1727	NUNO FONSECA E SILVA	Individual	M VET 35-40-45	00:50:14.94	00:49:18.76	04:56
1140	1728	JOÃO FÉLIX	Individual	M SENIORES	00:50:15.21	00:46:40.30	04:41
1801	1729	PAULO FERNANDO	Individual	M VET 35-40-45	00:50:16.48	00:48:52.30	04:54
2548	1730	ALDINA MARQUES	Clube Ferroviário de Portugal	F VET 35-40-45	00:50:16.80	00:46:32.04	04:40
1228	1731	JORGE INÁCIO	Individual	M VET 50-55-60	00:50:16.93	00:49:27.26	04:57
3758	1732	NUNO BRUNHETA BRUNHETA	Individual	M VET 35-40-45	00:50:17.15	00:47:06.38	04:43
3888	1733	PEDRO CANECO	Individual	M VET 35-40-45	00:50:17.28	00:46:01.38	04:37

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3617	1734	MARCELO NEVES	Individual	M SENIORES	00:50:17.61	00:47:58.29	04:48
1272	1735	JOSE ALVES ALVES	Individual	M SENIORES	00:50:18.71	00:46:54.73	04:42
1250	1736	JORGE SEGURO MOREIRA PÊGO	Individual	M VET 35-40-45	00:50:19.52	00:49:14.65	04:56
1890	1737	PEDRO LOPES LOPES	Individual	M VET 35-40-45	00:50:19.54	00:49:30.97	04:58
5412	1738	SOFIA MEDRONHEIRA	-	F VET 35-40-45	00:50:20.59	00:49:05.78	04:55
1977	1739	RICARDO CAMPOS	CCD-AT	M VET 35-40-45	00:50:21.21	00:46:20.56	04:39
1981	1740	RICARDO COSTA	Scalabis Night Runners	M JUNIORES	00:50:21.75	00:47:50.84	04:48
4005	1741	ROGÉRIO PINA	CLUBE ANACOM	M VET 50-55-60	00:50:21.84	00:48:14.61	04:50
543	1742	BRUNO MIGUEL PEREIRA CORREIA	Individual	M SENIORES	00:50:23.07	00:47:53.80	04:48
4546	1743	JOSÉ SOUSA	CCD TRANQUILIDADE	M VET 50-55-60	00:50:23.14	00:46:54.76	04:42
4783	1744	PAULO VINTÉM OLIVEIRA	Individual	M VET 35-40-45	00:50:23.41	00:48:10.47	04:50
2224	1745	TIAGO LOPES	Individual	M SENIORES	00:50:23.83	00:49:47.18	04:59
6270	1746	HUGO CASTRO	Individual	M SENIORES	00:50:24.04	00:49:15.65	04:56
1032	1747	INÊS SIMÃO	Individual	F SENIORES	00:50:24.07	00:49:47.35	04:59
3094	1748	DANIEL ALMEIDA	Individual	M SENIORES	00:50:24.09	00:48:32.16	04:52
1118	1749	JOÃO AFONSO	Individual	M VET 35-40-45	00:50:24.23	00:47:02.04	04:43
3342	1750	JOÃO PINTO	G A Monsanto Gascan	M VET 50-55-60	00:50:24.52	00:48:36.97	04:52
5470	1751	ABRANTES MARGARIDA	-	F VET 35-40-45	00:50:24.76	00:49:55.79	05:00
3414	1752	JOÃO TEIXEIRA	Individual	M VET 35-40-45	00:50:24.82	00:47:03.41	04:43
2247	1753	TIAGO SARAIVA	CCD-AT	M SENIORES	00:50:24.87	00:46:55.11	04:42
2124	1754	SANDRA MONTEIRO	Individual	F VET 35-40-45	00:50:25.47	00:50:06.37	05:01
956	1755	GONÇALO PEDRO	A. M. 18 Maii	M VET 35-40-45	00:50:25.55	00:49:02.03	04:55
1395	1756	LUIS DIAS	PRAFIT CLUBE	M VET 35-40-45	00:50:25.64	00:49:19.75	04:56
3271	1757	HUGO SA NOGUEIRA	Individual	M VET 35-40-45	00:50:26.15	00:48:53.02	04:54
6204	1758	TIAGO CARVALHO	-	M SENIORES	00:50:26.64	00:48:16.51	04:50
4705	1759	ADELAIDE PEREIRA	Individual	F VET 35-40-45	00:50:26.88	00:48:04.04	04:49
2386	1760	THELMO CUNHA	ODEBRECHT PORTUGAL	M VET 50-55-60	00:50:26.97	00:48:32.14	04:52
1838	1761	PAULO SOARES	Individual	M VET 35-40-45	00:50:27.08	00:49:46.34	04:59
4026	1762	RUI FALHAS	Individual	M VET 35-40-45	00:50:27.28	00:46:35.55	04:40
1134	1763	JOÃO CORREIA	Individual	M SENIORES	00:50:27.58	00:48:19.16	04:50
1136	1764	JOÃO CRAVO	4 ao Km	M SENIORES	00:50:27.89	00:49:19.95	04:56
288	1765	ALCIDES NUNES	Os Perigosos	M VET 50-55-60	00:50:28.14	00:50:08.03	05:01
5071	1766	LUIS CARVALHO	-	M VET 35-40-45	00:50:28.39	00:49:38.49	04:58
1887	1767	PEDRO LIMA	Individual	M VET 35-40-45	00:50:28.43	00:48:40.65	04:53
1283	1768	JOSE CARDOSO	Individual	M VET 50-55-60	00:50:28.65	00:49:49.78	04:59
5097	1769	MARIA CARAPINHA	-	F SENIORES	00:50:28.73	00:48:46.94	04:53
3998	1770	RODRIGO MIGUEL SOARES DA COSTA MARTINS	Individual	M VET 35-40-45	00:50:28.96	00:49:05.44	04:55
3397	1770	JOÃO PEDRO VINTÉM	Individual	M VET 35-40-45	00:50:28.96	00:49:21.81	04:57
2020	1772	RODRIGO CAVALHEIRO	Individual	M VET 35-40-45	00:50:29.19	00:50:11.60	05:02
3186	1772	FILIPPE SOUSA	Individual	M VET 35-40-45	00:50:29.19	00:48:24.33	04:51
4443	1774	CRISTINA MADANÇOS	CORRER LISBOA	F VET 35-40-45	00:50:29.97	00:49:30.71	04:58
4404	1775	ANTÓNIO DUARTE	Individual	M VET 35-40-45	00:50:31.00	00:48:58.72	04:54
2211	1776	TELMA SOFIA RODRIGUES DOS SANTOS SILA	Individual	F SENIORES	00:50:31.71	00:49:33.94	04:58
3452	1777	JOSÉ BARREIRA	Individual	M VET 50-55-60	00:50:31.96	00:49:36.46	04:58
2270	1778	VASCO RODEIA	Correr Lisboa	M VET 35-40-45	00:50:32.19	00:48:59.83	04:54
1453	1779	LUIZ PEREIRA	Individual	M VET 35-40-45	00:50:32.31	00:48:14.60	04:50
5409	1780	NUNO GOMES	ADIDAS	M VET 35-40-45	00:50:32.52	00:49:17.56	04:56
3514	1781	JULIO MANUEL GOMES DA COSTA COSTA	Individual	M VET 35-40-45	00:50:33.35	00:50:18.91	05:02
1610	1782	MIGUEL CASTRO	Individual	M VET 35-40-45	00:50:34.07	00:50:04.05	05:01
4448	1783	DAVID CHARRINHO	Sporting Clube de Casainhos	M SENIORES	00:50:34.32	00:49:10.02	04:56
2280	1784	VIRGÍLIA FREIRE	Hospital Santa Cruz	F VET 50-55-60	00:50:34.57	00:49:23.26	04:57

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2169	1785	SOFIA ALMEIDA	Individual	F SENIORES	00:50:34.66	00:50:08.31	05:01
204	1786	FILONEMA MARTINS	-	F VET 50-55-60	00:50:34.70	00:50:25.92	05:03
2045	1787	RUI AFONSO	Individual	M VET 35-40-45	00:50:34.75	00:49:13.96	04:56
4025	1788	RUI DURÃO DURÃO	Individual	M VET 35-40-45	00:50:35.21	00:47:24.06	04:45
4678	1789	SARA LEÃO	Individual	F SENIORES	00:50:35.38	00:48:52.14	04:54
5477	1790	ANTÓNIO LOURENÇO	-	M VET 35-40-45	00:50:35.41	00:47:57.25	04:48
4174	1791	VITOR INÁCIO	Individual	M VET 50-55-60	00:50:35.44	00:50:19.01	05:02
4135	1792	TIAGO CARDOSO	Individual	M VET 35-40-45	00:50:35.62	00:48:34.64	04:52
3780	1793	NUNO MORGADO	Individual	M VET 35-40-45	00:50:35.88	00:47:00.12	04:43
2465	1794	JOÃO PEDRO DE OLIVEIRA PORTELA	Banco Santander Totta	M VET 35-40-45	00:50:36.08	00:49:55.92	05:00
3628	1794	MARGARIDA MARTINS	Peniche a Correr	M VET 50-55-60	00:50:36.08	00:50:17.77	05:02
2636	1796	JOAQUIM ANTUNES ANTUNES	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:50:36.39	00:48:55.80	04:54
5328	1797	RICARDO CASTELÃO	-	M SENIORES	00:50:36.81	00:47:55.87	04:48
505	1798	AUGUSTO JOSÉ CARIA	Individual	M VET 50-55-60	00:50:36.95	00:50:04.85	05:01
2442	1799	PEDRO FONTES	Clube Millennium Bcp	M VET 50-55-60	00:50:38.29	00:48:18.69	04:50
5187	1800	SÓNIA MAURICIO	OPraticante.pt	F VET 35-40-45	00:50:38.30	00:46:40.99	04:41
2615	1801	EDUARDO RODRIGUES	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:50:39.38	00:47:06.19	04:43
1202	1802	JOÃO SANTOS	CORRER LISBOA	M VET 35-40-45	00:50:39.63	00:48:43.03	04:53
1983	1803	RICARDO DIAS	Individual	M SENIORES	00:50:40.08	00:48:30.18	04:52
1447	1804	LUIS SILVA	Individual	M VET 35-40-45	00:50:40.18	00:47:08.17	04:43
1631	1805	MIGUEL VINAGRE	CCD Crédito Agrícola Mútuo	M VET 35-40-45	00:50:40.20	00:47:58.51	04:48
4446	1806	DANIEL FONSECA	Individual	M SENIORES	00:50:40.57	00:46:48.17	04:41
3437	1807	JORGE BARBOSA	Individual	M SENIORES	00:50:40.76	00:47:48.01	04:47
795	1808	EDGAR FERREIRA	Individual	M SENIORES	00:50:40.79	00:48:31.22	04:52
2619	1809	FERNANDO LIMA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:50:41.05	00:47:34.24	04:46
2605	1810	ANTÓNIO MANUEL BATISTA RATO NEGRINHO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:50:41.06	00:48:24.76	04:51
434	1811	ANTÓNIO CARRETO	Individual	M SENIORES	00:50:41.52	00:47:19.87	04:44
5159	1812	RENATO GOMES	-	M VET 35-40-45	00:50:41.62	00:46:25.35	04:39
3778	1813	NUNO MIGUEL GONÇALVES	Party Rock	M VET 35-40-45	00:50:42.26	00:49:05.44	04:55
3164	1814	FERNANDO FARIA	Individual	M VET 50-55-60	00:50:42.29	00:49:59.35	05:00
3796	1815	PATRICIA ALEXANDRA BATISTA DA SILVA	Tartarugas Solidárias	F VET 35-40-45	00:50:42.49	00:47:51.01	04:48
2015	1816	RITA RODRIGUES	Valejas AC	F SENIORES	00:50:42.51	00:47:10.53	04:44
1587	1817	MIGUEL BEJA	Individual	M VET 35-40-45	00:50:42.63	00:49:14.37	04:56
389	1818	ANDRE CALADO	Individual	M SENIORES	00:50:42.70	00:47:42.17	04:47
3034	1819	CARLOS MANUEL CAETANO MARTINS	Individual	M VET 35-40-45	00:50:43.04	00:49:30.96	04:58
1213	1820	JOAQUIM CARDOSO	Individual	M VET 35-40-45	00:50:43.09	00:49:40.94	04:59
4033	1821	RUI MÓNICA	Individual	M VET 35-40-45	00:50:43.12	00:50:22.70	05:03
2700	1822	VITOR BARATA	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:50:43.17	00:50:04.68	05:01
3759	1823	NUNO CARVALHO	Individual	M VET 35-40-45	00:50:43.40	00:49:44.73	04:59
1503	1824	MARIA MARTINS	Individual	F SENIORES	00:50:43.69	00:49:08.42	04:55
5455	1825	PEDRO MONTEIRO	-	M VET 35-40-45	00:50:43.73	00:48:07.78	04:49
1372	1826	LUIS ESPADA	Individual	M VET 50-55-60	00:50:44.69	00:50:12.95	05:02
4668	1827	RUI RODRIGUES	Individual	M VET 35-40-45	00:50:44.88	00:46:53.30	04:42
2213	1828	TELMO PINTO	Individual	M SENIORES	00:50:45.23	00:50:06.24	05:01
2912	1829	ANSELMO FERREIRA	Individual	M VET 35-40-45	00:50:45.82	00:49:09.82	04:55
284	1830	ALBERTO GIL SANTO	Individual	M VET 35-40-45	00:50:45.99	00:47:25.70	04:45
1314	1831	JOSÉ MIGUEL CALHEIROS	Individual	M VET 35-40-45	00:50:46.20	00:47:36.00	04:46
697	1832	CIDALIA PIMENTEL PIMENTEL	Individual	F VET 35-40-45	00:50:46.45	00:49:00.61	04:55
1460	1833	MAFALDA SANTOS	pace.makers	F VET 35-40-45	00:50:46.78	00:48:42.36	04:53
1716	1834	NUNO NUNES NUNES	Individual	M VET 35-40-45	00:50:47.42	00:48:32.97	04:52
4978	1835	CESAR FUNDO	-	M SENIORES	00:50:47.54	00:49:56.75	05:00

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5113	1836	MIGUEL CRISTINA	-	M VET 35-40-45	00:50:47.67	00:49:30.35	04:58
2628	1837	JOÃO CABRITO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:50:47.75	00:48:54.62	04:54
4775	1838	NUNO COSTA	Individual	M VET 35-40-45	00:50:48.08	00:49:38.11	04:58
2644	1839	JOSÉ FERREIRA	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:50:48.75	00:49:18.14	04:56
3587	1840	LUIS VASCONCELOS	Individual	M VET 50-55-60	00:50:48.94	00:49:42.85	04:59
4439	1841	CLARA RAIMUNDO	Individual	F VET 35-40-45	00:50:49.04	00:49:30.55	04:58
165	1842	JORGE FARINHA	Individual	M VET 50-55-60	00:50:49.17	00:50:39.20	05:04
1998	1843	RICARDO SANTOS	Individual	M VET 35-40-45	00:50:49.38	00:48:17.51	04:50
5114	1844	MIGUEL FONSECA	-	M VET 35-40-45	00:50:49.75	00:50:24.05	05:03
4669	1845	RUI TOMAS	Individual	M VET 35-40-45	00:50:50.53	00:48:13.00	04:50
4527	1846	JOÃO RIBEIRO	CCD TRANQUILIDADE	M VET 50-55-60	00:50:50.66	00:47:23.32	04:45
3573	1847	LUIS NUNES	Individual	M VET 35-40-45	00:50:50.68	00:47:37.11	04:46
65	1848	MARIA PEDRO	Individual	F SENIORES	00:50:50.74	00:50:44.17	05:05
2469	1849	JOSÉ LUÍS CARDOSO	Individual	M VET 35-40-45	00:50:51.22	00:48:52.65	04:54
2801	1850	JOÃO SOUSA	Holmes Place	M VET 35-40-45	00:50:51.32	00:50:23.92	05:03
164	1851	ELISABETE JORGE	Individual	F VET 35-40-45	00:50:51.45	00:50:41.34	05:05
1811	1852	PAULO JORGE DOMINGUES	Individual	M VET 35-40-45	00:50:51.82	00:49:54.18	05:00
1469	1853	MANUEL JOÃO ALVES	Individual	M VET 35-40-45	00:50:51.91	00:47:56.50	04:48
4136	1854	TIAGO MELO SANTOS	Individual	M VET 35-40-45	00:50:51.95	00:49:18.85	04:56
4035	1855	RUI PEDRO G RODRIGUES SILVA	Individual	M VET 35-40-45	00:50:52.29	00:47:19.27	04:44
437	1856	ANTÓNIO COSTA	Individual	M VET 50-55-60	00:50:52.68	00:50:52.68	05:06
1490	1857	MARCO PIRES	Individual	M SENIORES	00:50:52.72	00:48:56.71	04:54
3341	1858	JOÃO PASSEIRO	A.D.C.CatujaI	M VET 50-55-60	00:50:52.81	00:47:51.74	04:48
837	1859	FABIANO BORTOLOTTI	EMSA	M VET 35-40-45	00:50:53.12	00:48:40.30	04:53
3848	1860	PAULO MARQUES	Individual	M VET 35-40-45	00:50:54.15	00:50:25.29	05:03
1875	1861	PEDRO GABRIEL	Individual	M VET 35-40-45	00:50:54.38	00:47:58.03	04:48
2851	1862	ALMERINDO SILVA	A.D.C.CatujaI	M VET 50-55-60	00:50:54.42	00:47:53.26	04:48
3605	1863	MANUEL COUCEIRO	Individual	M SENIORES	00:50:54.63	00:50:04.86	05:01
1436	1864	LUIS PIEDADE PIEDADE	Individual	M VET 35-40-45	00:50:55.13	00:50:10.84	05:02
5454	1865	PEDRO COSTA	-	M JUNIORES	00:50:55.16	00:50:55.16	05:06
1742	1866	ORLANDO MARTINS	CCD Sintrense	M VET 50-55-60	00:50:55.85	00:49:02.45	04:55
4810	1867	VITOR NUNO PATROCÍNIO DOS SANTOS	Individual	M VET 35-40-45	00:50:55.88	00:47:48.08	04:47
718	1868	CLEONICE OLIVEIRA	Individual	F VET 50-55-60	00:50:56.10	00:49:17.07	04:56
3906	1869	PEDRO MARQUES	Individual	M SENIORES	00:50:56.54	00:48:46.06	04:53
583	1870	CARLOS GONÇALVES	R4C/Estrelas do Feijó	M VET 35-40-45	00:50:56.79	00:50:26.17	05:03
855	1871	FERNANDO BEATO MARQUES	Clube Pessoal EDP Carregado	M VET 50-55-60	00:50:57.36	00:50:42.00	05:05
4251	1872	JOSE MIGUEL SANTOS	Individual	M VET 35-40-45	00:50:57.66	00:49:27.27	04:57
6220	1873	RICARDO MONIZ	-	M VET 35-40-45	00:50:58.86	00:49:02.49	04:55
4942	1874	ANA ISABEL TAVARES	TVI	F VET 35-40-45	00:50:58.87	00:50:30.29	05:04
460	1875	ANTONIO MADURO	Individual	M SENIORES	00:50:58.91	00:49:37.81	04:58
3589	1876	MADALENA VASCONCELOS	Individual	F SENIORES	00:50:59.30	00:49:44.92	04:59
748	1877	DAVID LOPES	Individual	M VET 35-40-45	00:51:00.64	00:49:56.65	05:00
2861	1878	ANA CARVALHO	EngenhariaLiquida	F SENIORES	00:51:01.27	00:50:28.64	05:03
1782	1879	PAULO PROCÓPIO	Individual	M VET 35-40-45	00:51:01.30	00:49:18.87	04:56
4697	1880	VANDA FERREIRA	Sporting Clube de Casainhos	F VET 35-40-45	00:51:01.71	00:50:08.67	05:01
3983	1881	RICARDO VILCHEZ	jackelane e manda brasa	M VET 35-40-45	00:51:01.77	00:48:40.25	04:53
4828	1882	BÁRBARA CLEMENTE	-	F SENIORES	00:51:01.99	00:47:33.69	04:46
1468	1883	MANUEL GOMES	Individual	M VET 50-55-60	00:51:02.14	00:49:39.89	04:58
4433	1884	CATIA NASCIMENTO	CORRER LISBOA	F VET 35-40-45	00:51:05.15	00:49:22.79	04:57
3760	1885	NUNO DAMIÃES	Grupo desportivo Santander Totta	M VET 35-40-45	00:51:05.29	00:47:29.88	04:45
6293	1886	JOSÉ FINO GOMES	-	M VET 50-55-60	00:51:05.71	00:48:38.01	04:52

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4480	1887	FLÁVIO TOSCANO	Individual	M VET 35-40-45	00:51:06.62	00:47:29.69	04:45
500	1888	ARTUR SANTOS SANTOS	Individual	M VET 35-40-45	00:51:06.97	00:49:53.49	05:00
6175	1889	ANA FORTES	-	F VET 35-40-45	00:51:07.05	00:48:53.67	04:54
5370	1890	HENRIQUE SANTOS	-	M VET 50-55-60	00:51:07.33	00:48:08.16	04:49
4834	1891	CARLOS PESSOA	-	M VET 35-40-45	00:51:07.39	00:50:28.75	05:03
448	1892	ANTÓNIO J. AMARAL	CCD Crédito Agrícola Mútuo	M VET 50-55-60	00:51:07.90	00:48:26.61	04:51
1585	1893	MICAELA SIMÕES	Valejas AC	F SENIORES	00:51:08.07	00:47:37.04	04:46
3851	1894	PAULO MIGUEL DIAS GOMES	Clube PT Zcs	M VET 35-40-45	00:51:08.08	00:48:25.62	04:51
3911	1895	PEDRO MIGUEL DOS SANTOS PEREIRA PEREIRA	Clube PT Zcs	M VET 35-40-45	00:51:08.40	00:48:26.14	04:51
4267	1896	NUNO MIGUEL OLIVEIRA PALMA	Individual	M VET 35-40-45	00:51:08.49	00:49:40.96	04:59
2100	1897	RUI TOMÁS	CCD Crédito Agrícola Mútuo	M VET 35-40-45	00:51:09.83	00:50:17.53	05:02
1207	1898	JOÃO TOBIAS	CCD Crédito Agrícola Mútuo	M SENIORES	00:51:10.08	00:49:05.50	04:55
3261	1899	HUGO ALVES	Individual	M VET 35-40-45	00:51:10.94	00:50:43.84	05:05
3767	1900	NUNO FRANCISCO	SEF RUNNING TEAM	M VET 35-40-45	00:51:11.50	00:49:20.13	04:57
1493	1901	MARCO SOL	Individual	M VET 35-40-45	00:51:11.60	00:49:42.82	04:59
974	1902	HELDER CRUZ	Individual	M VET 35-40-45	00:51:12.23	00:49:33.64	04:58
4655	1903	PEDRO VENTURA	CCD TRANQUILIDADE	M VET 35-40-45	00:51:12.45	00:47:44.48	04:47
3407	1904	JOÃO SALVADO DE MELO	Individual	M VET 35-40-45	00:51:12.65	00:47:05.28	04:43
3741	1905	NUNO ALVES	Individual	M VET 35-40-45	00:51:13.11	00:49:37.38	04:58
4225	1906	JOANA RIBEIRO	Individual	F SENIORES	00:51:13.18	00:49:19.84	04:56
1788	1907	PAULO ALEXANDRE RODRIGUES	Gatos Fedorentos	M VET 35-40-45	00:51:13.60	00:48:31.63	04:52
4840	1908	DAVID PALMEIRO	-	M VET 50-55-60	00:51:13.62	00:50:29.94	05:03
5835	1909	JOAQUIM COSTA	Juventude Operária Monte Abraão	M VET 50-55-60	00:51:13.68	00:49:26.74	04:57
4993	1910	EVANGELINA SILVESTRE	-	F VET 35-40-45	00:51:14.12	00:49:05.75	04:55
3494	1911	JOSÉ MASSUÇA	Individual	M VET 35-40-45	00:51:14.20	00:47:07.45	04:43
4183	1912	VITOR MANUEL RIBEIRO ALMEIDA VITOR ALMEIDA	Individual	M VET 50-55-60	00:51:14.30	00:50:20.49	05:03
1218	1913	JOAQUIM PALMA	Jovens da Serra das Minas	M VET 50-55-60	00:51:14.93	00:50:53.80	05:06
1473	1914	MANUEL PINEDA NAVARRO	Individual	M VET 35-40-45	00:51:15.04	00:50:06.53	05:01
1807	1915	PAULO GUIA	Valejas AC	M VET 35-40-45	00:51:15.41	00:48:05.53	04:49
2152	1916	SÉRGIO MARTINS	Individual	M VET 35-40-45	00:51:15.62	00:49:52.83	05:00
1430	1917	LUÍS NETO	Individual	M VET 50-55-60	00:51:16.02	00:50:47.05	05:05
5292	1918	JOSÉ LUIS MARQUES	-	M VET 35-40-45	00:51:16.44	00:47:31.98	04:46
5320	1919	PATRICIA BRANCO	-	F VET 35-40-45	00:51:16.69	00:50:10.35	05:02
1065	1920	ISAUL RODRIGUES	Individual	M VET 50-55-60	00:51:17.06	00:50:43.13	05:05
4679	1921	SARA LOPES	Individual	F SENIORES	00:51:17.24	00:49:00.66	04:55
4454	1922	EDGAR LOPES	Individual	M SENIORES	00:51:17.33	00:49:00.60	04:55
4337	1923	JOSÉ BASTOS	Individual	M SENIORES	00:51:17.89	00:48:40.77	04:53
1943	1924	RAFAEL OLIVEIRA	IP RUNNERS	M SENIORES	00:51:18.08	00:47:26.50	04:45
3616	1925	MARCELO CHAGAS	Individual	M SENIORES	00:51:18.44	00:47:20.01	04:45
4234	1926	JOÃO MIGUEL OLIVEIRA	Individual	M SENIORES	00:51:18.55	00:48:51.62	04:54
2689	1927	RUI MIGUEL OLIVEIRA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:51:19.62	00:49:38.79	04:58
2153	1928	SÉRGIO MATOS	Individual	M VET 35-40-45	00:51:19.69	00:49:24.60	04:57
1088	1929	JOANA ZAGALO	Individual	F VET 35-40-45	00:51:19.73	00:47:43.44	04:47
2261	1930	VANIA PEREIRA	Individual	F SENIORES	00:51:20.22	00:48:39.46	04:52
643	1931	CARLOS PEREIRA	Individual	M SENIORES	00:51:20.33	00:48:39.82	04:52
2148	1932	SÉRGIO CORDEIRO RAMALHO	Individual	M VET 35-40-45	00:51:20.49	00:49:13.21	04:56
5155	1933	PEDRO SOUSA	-	M VET 35-40-45	00:51:21.32	00:50:33.55	05:04
2400	1934	CARLOS JANELA	Clube Millennium Bcp	M VET 50-55-60	00:51:21.33	00:50:06.15	05:01
5066	1935	LUCA RANISE	-	M VET 35-40-45	00:51:21.38	00:47:49.57	04:47
3698	1936	MIGUEL ALVES COUTINHO	RFF Running Club	M VET 35-40-45	00:51:22.55	00:46:46.63	04:41
3626	1937	MARCOS FERREIRA	Individual	M SENIORES	00:51:22.60	00:48:33.76	04:52

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4587	1938	MARIA JOÃO SÃO PEDRO	Individual	F VET 35-40-45	00:51:23.02	00:50:07.83	05:01
1322	1939	JOSÉ RAPOSO	Individual	M VET 35-40-45	00:51:23.12	00:49:30.38	04:58
3413	1940	JOÃO SILVEIRA	Individual	M VET 35-40-45	00:51:23.32	00:49:54.24	05:00
4731	1941	FRANCISCO REBELO	Individual	M VET 50-55-60	00:51:23.92	00:50:40.22	05:05
493	1942	ARMANDO MONTEIRO VELHO	Individual	M VET 50-55-60	00:51:24.44	00:49:00.93	04:55
5407	1943	DIOGO LEMOS	-	M VET 35-40-45	00:51:24.51	00:48:59.08	04:54
3062	1944	CECÍLIA TAVARES TAVARES	run pirilampo	F VET 50-55-60	00:51:24.59	00:51:02.71	05:07
3152	1945	FÁBIO CORREIA	Individual	M SENIORES	00:51:24.84	00:51:24.84	05:09
968	1946	GUSTAVO BASTOS	Quenianos do Sado	M VET 35-40-45	00:51:25.46	00:49:07.02	04:55
2634	1947	JOAQUIM CARRILHO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:51:25.59	00:48:16.67	04:50
2587	1948	VALTER TEIXEIRA	Clube Ferroviário de Portugal	M VET 35-40-45	00:51:25.79	00:49:45.71	04:59
5035	1949	JOÃO SANTOS	-	M VET 35-40-45	00:51:26.16	00:50:38.87	05:04
1189	1950	JOÃO PEREIRA DE FARIA	Individual	M VET 35-40-45	00:51:26.63	00:48:34.89	04:52
5079	1951	LUIS RIBEIRO DA SILVA	CORRER LISBOA	M VET 35-40-45	00:51:26.82	00:49:50.03	05:00
4429	1952	CARLOS BARGADO BARGADO	ACB	M VET 50-55-60	00:51:27.46	00:49:22.25	04:57
1390	1953	LUIS CARLOS ALMEIDA	Running Smile	M VET 35-40-45	00:51:27.69	00:50:18.12	05:02
1978	1954	RICARDO CLARO	Individual	M VET 35-40-45	00:51:27.83	00:48:47.45	04:53
1874	1955	PEDRO FILIPE MAGALHÃES GONÇALVES GONCALVES	Individual	M VET 35-40-45	00:51:28.10	00:49:33.69	04:58
5061	1956	JOSÉ PEDRO PATRICIO FERREIRA	-	M VET 50-55-60	00:51:28.41	00:49:13.96	04:56
1839	1957	PAULO SOUSA	Individual	M VET 35-40-45	00:51:28.51	00:47:32.57	04:46
2675	1958	PEDRO HENRIQUES	Serviços Sociais Caixa Geral Depósitos	M SENIORES	00:51:28.91	00:49:45.64	04:59
5332	1959	RICARDO SOARES	-	M VET 35-40-45	00:51:29.05	00:51:29.05	05:09
3026	1960	CARLOS GONÇALVES	LEBRES E TARTARUGAS	M VET 50-55-60	00:51:29.07	00:48:04.07	04:49
158	1961	JOÃO COPETO	BMW	M VET 50-55-60	00:51:29.66	00:51:18.58	05:08
648	1962	CARLOS SECO SECO	Individual	M VET 50-55-60	00:51:30.07	00:50:16.05	05:02
1466	1963	MANUEL COITO	Individual	M VET 35-40-45	00:51:30.16	00:49:03.80	04:55
422	1964	ANTONIO MELGÃO	Individual	M VET 35-40-45	00:51:30.18	00:49:20.44	04:57
4608	1964	NATÁLIA BERNARDO	CCD TRANQUILIDADE	F VET 50-55-60	00:51:30.18	00:49:56.67	05:00
6246	1966	RENATO MATOS	-	M VET 35-40-45	00:51:30.44	00:49:10.19	04:56
4255	1967	LUIS AMORIM	Individual	M VET 35-40-45	00:51:30.45	00:48:09.09	04:49
2444	1968	PEDRO REISINHO PEREIRA	Clube Millennium Bcp	M VET 50-55-60	00:51:30.89	00:50:49.23	05:05
5859	1969	RUI VIEIRA	NucleOeiras	M VET 35-40-45	00:51:30.92	00:49:27.63	04:57
5480	1970	CARLA PATRICIA	-	F SENIORES	00:51:31.01	00:49:54.31	05:00
3603	1971	MANUEL BATISTA	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	M VET 50-55-60	00:51:31.58	00:49:36.22	04:58
6120	1972	HELENA MEDEIRO	Clube Olimpico de Oeiras	F VET 35-40-45	00:51:31.92	00:50:50.28	05:06
256	1973	TIAGO PEDRA	Individual	M SENIORES	00:51:32.17	00:47:26.34	04:45
4175	1974	VÍTOR MACHADO	Individual	M VET 35-40-45	00:51:32.46	00:48:21.59	04:51
1034	1975	INÉS ALMEIDA SANTOS	Individual	F SENIORES	00:51:32.47	00:50:24.05	05:03
587	1976	CARLOS PINTO DE ABREU	Clube do Stress	M VET 35-40-45	00:51:32.54	00:48:27.78	04:51
4535	1977	JORGE LOURENÇO	Sporting Clube de Casainhos	M SENIORES	00:51:32.61	00:50:14.41	05:02
4557	1978	LUIS LEÃO	Individual	M VET 35-40-45	00:51:32.67	00:48:03.88	04:49
1339	1979	JÚLIO FERREIRA	Individual	M VET 35-40-45	00:51:32.99	00:50:11.08	05:02
3472	1980	JOSÉ CARLOS MARTINS	Falcões Selvagens	M VET 35-40-45	00:51:33.05	00:49:08.57	04:55
3029	1981	CARLOS IPE	Asas nos Pés	M VET 35-40-45	00:51:33.19	00:49:11.67	04:56
511	1982	BEATRICE TADEU	Individual	F SENIORES	00:51:33.31	00:50:24.96	05:03
2571	1983	JOSÉ BARRADAS	Clube Ferroviário de Portugal	M VET 35-40-45	00:51:33.56	00:48:47.73	04:53
305	1984	ALICE VILAÇA	CASA DO PESSOAL DA RTP	F VET 35-40-45	00:51:33.83	00:49:31.19	04:58
4259	1985	MANUEL DO CARMO FERREIRA	Individual	M SENIORES	00:51:34.00	00:51:14.29	05:08
2561	1986	CARLOS GARCIA	Clube Ferroviário de Portugal	M VET 35-40-45	00:51:34.12	00:50:59.91	05:06
2079	1987	RUI MESTRE	Individual	M VET 35-40-45	00:51:35.20	00:48:16.99	04:50
6282	1988	MIGUEL GAMA	-	M VET 35-40-45	00:51:35.22	00:49:55.52	05:00

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1682	1989	NUNO BORGES SANTOS	Individual	M VET 35-40-45	00:51:35.39	00:49:27.64	04:57
6203	1990	SOFIA SANTOS	-	F SENIORES	00:51:35.53	00:49:59.25	05:00
3220	1991	GABRIELA OLIVEIRA FREITAS	Individual	F VET 35-40-45	00:51:36.60	00:50:38.55	05:04
4778	1992	NUNO PATRICIO	CORRER LISBOA	M VET 35-40-45	00:51:36.77	00:48:45.29	04:53
5652	1993	PETER GOMEZ	Juventude Operária Monte Abraão	M SENIORES	00:51:36.83	00:49:44.71	04:59
1908	1994	PEDRO MIGUEL DELGADO MARTINS	Individual	M SENIORES	00:51:36.86	00:48:04.66	04:49
5217	1995	INÉS ALMEIDA	ConquistaDores	F SENIORES	00:51:37.30	00:48:29.26	04:51
822	1996	EMANUEL CAMPOS	Individual	M SENIORES	00:51:37.63	00:48:25.55	04:51
1519	1997	MARIA JOSÉ POLICARPO	CCD PM CASCAIS	F VET 35-40-45	00:51:38.51	00:49:33.37	04:58
3972	1998	RICARDO MENDES	Individual	M VET 35-40-45	00:51:39.28	00:49:38.28	04:58
1673	1999	NUNO ALMEIDA	CCD PM CASCAIS	M VET 35-40-45	00:51:40.39	00:49:34.58	04:58
799	2000	EDMUNDO SIMOES	Individual	M VET 50-55-60	00:51:40.48	00:48:01.78	04:49
3623	2001	MARCO IVO FERNANDES	Individual	M SENIORES	00:51:40.81	00:48:04.79	04:49
642	2002	CARLOS PEREIRA	Individual	M SENIORES	00:51:41.28	00:49:12.39	04:56
435	2003	ANTÓNIO CASAS NOVAS	Individual	M VET 35-40-45	00:51:41.45	00:48:02.13	04:49
2973	2004	BENTO RAMINHOS	Individual	M VET 35-40-45	00:51:41.59	00:49:01.59	04:55
5283	2005	JOÃO PAULO CUNHA FERREIRA	-	M VET 50-55-60	00:51:43.08	00:48:59.20	04:54
5251	2006	BRUNO MANUEL LIMA VIEIRA	-	M SENIORES	00:51:43.11	00:50:24.30	05:03
2967	2007	AUGUSTO RIBEIRO	Individual	M VET 35-40-45	00:51:44.31	00:51:03.01	05:07
3612	2008	MANUEL PACHECO	Individual	M VET 35-40-45	00:51:44.45	00:48:01.22	04:49
4247	2009	JOSE ANTONIO MENDES	Individual	M VET 35-40-45	00:51:44.50	00:50:16.60	05:02
3187	2010	FILIFE TOMAZ	Individual	M VET 50-55-60	00:51:44.62	00:48:27.24	04:51
4241	2011	JORGE CONCEIÇÃO	Individual	M VET 35-40-45	00:51:44.98	00:49:01.49	04:55
5126	2012	NUNO MIGUEL MOREIRA	-	M VET 35-40-45	00:51:45.54	00:47:58.73	04:48
4262	2013	MARCO CARDOSO	Individual	M VET 35-40-45	00:51:46.59	00:49:02.96	04:55
3116	2014	DINO SOARES	Individual	M VET 35-40-45	00:51:46.67	00:50:12.67	05:02
1051	2015	ISA ESPÍRITO SANTO	CCD-AT	F SENIORES	00:51:46.84	00:48:32.57	04:52
1537	2016	MARIANELA FIGUEIREDO	Individual	F VET 35-40-45	00:51:47.69	00:50:50.15	05:06
641	2017	CARLOS PENA	Individual	M VET 35-40-45	00:51:47.90	00:49:48.49	04:59
3600	2018	MANUEL SILVA	Asas nos Pés	M VET 50-55-60	00:51:48.11	00:51:08.83	05:07
5003	2019	FILIFE ANDRÉ GONÇALVES	-	M VET 35-40-45	00:51:48.84	00:51:14.21	05:08
3575	2020	LUIS RALHA	Individual	M VET 35-40-45	00:51:49.14	00:49:10.08	04:56
928	2021	FRANCISCO SILVA	Individual	M VET 35-40-45	00:51:49.30	00:50:09.87	05:01
4067	2022	SÉRGIO SOTA	Individual	M VET 35-40-45	00:51:49.50	00:49:20.49	04:57
2102	2023	RUI VASQUES	CCD PM CASCAIS	M VET 50-55-60	00:51:49.68	00:49:43.44	04:59
4238	2024	JOAQUIM SANDE	Individual	M VET 50-55-60	00:51:50.06	00:49:06.30	04:55
3766	2025	NUNO FRADE	Individual	M SENIORES	00:51:50.45	00:48:09.74	04:49
5221	2026	MARIA FRANÇA ANTÓNIO	-	M VET 50-55-60	00:51:50.61	00:47:33.82	04:46
5117	2027	MIGUEL MORADIAS	-	M VET 35-40-45	00:51:50.83	00:50:30.12	05:04
893	2028	FILIFE CAÇOILAS	Individual	M VET 35-40-45	00:51:51.00	00:49:09.42	04:55
3549	2029	LUIS AZEVEDO AZEVEDO	Individual	M VET 50-55-60	00:51:51.58	00:49:54.16	05:00
2921	2030	ANTÓNIO FONSECA	Pés Escaldados	M VET 50-55-60	00:51:51.88	00:50:39.94	05:04
1073	2031	JAIME GOMES	Individual	M VET 50-55-60	00:51:51.92	00:48:44.07	04:53
2941	2032	ANTONIO MANUEL DOMINGUES	Individual	M VET 50-55-60	00:51:52.92	00:48:41.21	04:53
1247	2033	JORGE PAULINO PAULINO	Individual	M VET 50-55-60	00:51:53.72	00:50:05.44	05:01
4877	2034	JOSÉ CARLOS ANTUNES	-	M VET 35-40-45	00:51:53.78	00:51:15.51	05:08
743	2035	DANIELA AFONSO	Individual	F SENIORES	00:51:54.18	00:49:24.93	04:57
4538	2036	JOSE AMOREIRA	GJ Running	M VET 35-40-45	00:51:54.39	00:51:03.31	05:07
2642	2037	JOSE ALVES	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:51:54.44	00:50:02.56	05:01
1991	2038	RICARDO MONTEIRO	Individual	M SENIORES	00:51:54.47	00:47:55.02	04:48
3110	2039	DIANA WALLIS DE CARVALHO	Individual	F SENIORES	00:51:54.63	00:49:05.69	04:55

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1298	2040	JOSE LUIS SANTOS CORREIA	Individual	M VET 50-55-60	00:51:55.45	00:50:57.69	05:06
6295	2041	SÉRGIO FERREIRA	-	M VET 35-40-45	00:51:55.84	00:50:51.50	05:06
4866	2042	JOANA ALBUQUERQUE	-	F VET 35-40-45	00:51:56.15	00:50:50.39	05:06
3248	2043	HELIO RICARDO RESENDES MOTA	Individual	M VET 35-40-45	00:51:56.27	00:49:55.97	05:00
927	2044	FRANCISCO PLINIO	Individual	M VET 50-55-60	00:51:56.61	00:50:00.82	05:01
703	2045	CLÁUDIA ALCASO	Individual	F VET 35-40-45	00:51:56.64	00:48:56.32	04:54
719	2046	CONSTANTE SILVA RODRIGUES	Individual	M VET 35-40-45	00:51:57.03	00:48:49.84	04:53
3412	2047	JOÃO SILVA	GDC Banco de Portugal	M SENIORES	00:51:57.04	00:49:54.27	05:00
2976	2048	BERNARDO GOMES	Hiscox Lisbon Running Club	M SENIORES	00:51:57.12	00:47:49.10	04:47
2283	2049	VÍTOR CANTO	Individual	M VET 35-40-45	00:51:57.78	00:49:32.47	04:58
6286	2050	LUIS PINTO MONTEIRO	-	M VET 35-40-45	00:51:57.89	00:49:56.17	05:00
3553	2051	LUIS DAMIÃO	Individual	M VET 35-40-45	00:51:58.96	00:50:01.08	05:01
3030	2052	CARLOS LEÃO	Individual	M VET 50-55-60	00:51:59.04	00:50:43.52	05:05
4127	2053	TANIA SILVA	Individual	F SENIORES	00:52:00.39	00:51:14.73	05:08
2010	2054	RITA GONÇALVES	Individual	F SENIORES	00:52:00.52	00:49:51.16	05:00
5302	2055	MANUELA LACERDA	-	F VET 50-55-60	00:52:00.73	00:49:24.92	04:57
4056	2056	SANDRA CRISTINA VENTORIM VENTORIM	Individual	F VET 35-40-45	00:52:00.81	00:51:45.17	05:11
2093	2057	RUI REIS	Individual	M VET 35-40-45	00:52:00.87	00:50:26.88	05:03
2529	2058	FÁBIO SILVA	Individual	M SENIORES	00:52:01.17	00:49:33.42	04:58
3028	2059	CARLOS HENRIQUE	Grupo desportivo Santander Totta	M VET 35-40-45	00:52:01.49	00:50:12.85	05:02
5550	2060	CARLOS SILVA	Casa Benfica Algueirão Mem Martins	M VET 50-55-60	00:52:02.01	00:50:36.07	05:04
1425	2061	LUÍS MIGUEL NOGUEIRA	Individual	M VET 35-40-45	00:52:02.28	00:49:49.75	04:59
930	2062	FREDERICO DUARTE	Individual	M VET 35-40-45	00:52:02.45	00:49:43.83	04:59
5146	2063	PEDRO SANTOS	-	M VET 50-55-60	00:52:02.67	00:51:11.08	05:08
2326	2064	EDUARDO BRAZ	Individual	M VET 35-40-45	00:52:03.39	00:50:27.18	05:03
2317	2065	BRUNO DIAS	CORRER LISBOA	M VET 35-40-45	00:52:03.97	00:50:23.56	05:03
740	2066	DANIEL BRETES	Individual	M SENIORES	00:52:04.24	00:49:38.79	04:58
596	2067	CARLOS BAPTISTA	Ginásio Clube Português	M VET 35-40-45	00:52:04.50	00:49:23.91	04:57
2425	2068	LEONEL FERREIRINHA	Clube Millennium Bcp	M VET 50-55-60	00:52:04.81	00:52:04.81	05:13
2692	2069	SANDRO COSTA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:52:05.29	00:49:47.48	04:59
1765	2070	PAULA CRISTINA GOMES	Individual	F VET 35-40-45	00:52:05.48	00:50:09.00	05:01
3038	2071	CARLOS MORAIS	Falcões Selvagens	M VET 35-40-45	00:52:06.11	00:51:20.83	05:09
2296	2072	VITOR MANUEL NUNES ALVES MARTINS	Individual	M VET 50-55-60	00:52:06.33	00:50:15.52	05:02
4972	2073	CARLOS SILVA	CORRER LISBOA	M VET 35-40-45	00:52:06.66	00:49:23.34	04:57
3143	2074	EMANUEL SILVA	Individual	M VET 35-40-45	00:52:07.17	00:51:03.32	05:07
2174	2075	SÓNIA CRUZ	Individual	F VET 35-40-45	00:52:07.19	00:51:34.49	05:10
1035	2076	INÉS AMARAL	Individual	F SENIORES	00:52:07.32	00:50:15.33	05:02
905	2077	FILOMENA SANTOS	Individual	F VET 35-40-45	00:52:07.55	00:52:07.55	05:13
1044	2078	INÉS PEREIRA	Individual	F SENIORES	00:52:08.13	00:50:16.63	05:02
4019	2079	RUI BARROS	Individual	M VET 35-40-45	00:52:08.17	00:50:19.40	05:02
4193	2080	ALEXANDRE LEANDRO	Individual	M SENIORES	00:52:08.26	00:49:57.17	05:00
3771	2081	NUNO JOSÉ DA SILVA BERTON CARVALHO	Clube PT Zcs	M VET 35-40-45	00:52:08.60	00:48:33.99	04:52
4075	2082	SÉRGIO DANIEL SORRELUZ	Individual	M VET 35-40-45	00:52:09.53	00:48:33.71	04:52
3195	2083	FRANCISCO PIRES	Individual	M VET 35-40-45	00:52:09.74	00:51:10.62	05:08
3565	2084	LUÍS MANUEL SOUSA DUARTE	Individual	M VET 50-55-60	00:52:10.12	00:52:10.12	05:14
1393	2085	LUIS DE BARROS	Individual	M VET 35-40-45	00:52:10.61	00:48:45.58	04:53
3899	2086	PEDRO ESTEVES	Individual	M SENIORES	00:52:10.71	00:49:20.07	04:57
706	2087	CLÁUDIA COSTA	Individual	F SENIORES	00:52:11.11	00:49:40.41	04:59
538	2088	BRUNO LOUREIRO	Individual	M SENIORES	00:52:11.13	00:48:08.84	04:49
5481	2089	CARLOS COSTA	-	M VET 50-55-60	00:52:11.43	00:49:39.66	04:58
4799	2090	SÉRGIO RODRIGUES	Individual	M VET 35-40-45	00:52:11.57	00:51:56.97	05:12

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
816	2091	ELISABETE LOPES MATEUS	Individual	F SENIORES	00:52:11.60	00:49:40.93	04:59
2650	2092	LUIS SILVA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:52:11.77	00:49:52.01	05:00
3162	2093	FERNANDO ANDRE SILVA	Individual	M VET 50-55-60	00:52:11.81	00:50:50.82	05:06
1191	2094	JOÃO RAINHO FERNANDES	Individual	M SENIORES	00:52:12.30	00:51:23.24	05:09
3470	2095	JOSÉ CARLOS SOARES	Individual	M VET 35-40-45	00:52:12.87	00:48:25.43	04:51
612	2096	CARLOS FERNANDES	Individual	M SENIORES	00:52:13.06	00:48:09.32	04:49
4630	2097	PAULO ABREU	Gj Running	M VET 50-55-60	00:52:13.74	00:51:20.55	05:09
6256	2098	JORGE MONTEIRO	-	M VET 35-40-45	00:52:15.20	00:50:21.07	05:03
903	2099	FILIPPE SILVA SILVA	Individual	M VET 50-55-60	00:52:15.22	00:51:05.60	05:07
4473	2100	FILIPA FERRO	Individual	F VET 35-40-45	00:52:15.92	00:52:02.85	05:13
3957	2101	RICARDO BORDALO	Individual	M VET 35-40-45	00:52:15.93	00:48:06.64	04:49
5414	2102	AFONSO PIRES	-	M VET 35-40-45	00:52:16.04	00:50:09.38	05:01
4560	2103	LUIS ROCHA	Sem clube	M SENIORES	00:52:16.29	00:50:30.77	05:04
765	2104	DINIS SILVA	Individual	M VET 50-55-60	00:52:16.67	00:50:30.41	05:04
5301	2105	MANUEL JOAQUIM GONILHO CATURRA CATURRA	-	M VET 50-55-60	00:52:17.89	00:49:38.66	04:58
1113	2106	JOÃO REIS	Individual	M SENIORES	00:52:17.92	00:49:23.52	04:57
759	2107	DEMÉTRIO CARDOSO	Individual	M VET 35-40-45	00:52:18.31	00:50:19.56	05:02
5215	2108	HELENA SOFIA MORAIS CONSTANTINO	-	F SENIORES	00:52:18.40	00:49:39.20	04:58
4706	2109	ALEXANDRE MARTINHO	Geek On The Run	M JUNIORES	00:52:18.56	00:48:53.42	04:54
3504	2109	JOSE RIBEIRO	Individual	M VET 35-40-45	00:52:18.56	00:49:51.42	05:00
2424	2111	LEONEL BRANDÃO	Clube Millennium Bcp	M VET 35-40-45	00:52:19.19	00:50:39.77	05:04
3418	2112	JOAOPAULO PIRES	Individual	M VET 35-40-45	00:52:19.21	00:48:32.83	04:52
3702	2113	MIGUEL ESTEVES	CLUBE COLABORADORES AGEAS	M SENIORES	00:52:19.30	00:49:41.77	04:59
2253	2114	VALTER FONTÃO	Individual	M VET 35-40-45	00:52:19.34	00:51:29.66	05:09
3380	2115	JOAO MARTINS	Clube ANA Lisboa	M SENIORES	00:52:19.57	00:51:58.75	05:12
1781	2116	PAULO MORAIS	Individual	M VET 35-40-45	00:52:19.92	00:50:23.90	05:03
1766	2117	PAULA ISABEL MARQUES NOGUEIRA	Clube PT Zcs	F VET 35-40-45	00:52:20.23	00:52:20.23	05:15
954	2118	GONÇALO NUNO ALVES	Individual	M VET 35-40-45	00:52:21.60	00:50:30.84	05:04
3822	2119	PAULO GONÇALVES	Câmara Lisboa Clube	M VET 35-40-45	00:52:21.63	00:49:26.51	04:57
2849	2120	ALFREDO JORGE TEIXEIRA NOTÁRIO	Individual	M VET 35-40-45	00:52:22.90	00:50:29.41	05:03
101	2121	AIRES SÃO PEDRO	Clube Ferroviário de Portugal	M VET 50-55-60	00:52:23.05	00:52:05.06	05:13
2933	2122	ANTONIO GALHETO	Individual	M VET 50-55-60	00:52:23.13	00:52:12.64	05:14
5018	2123	JOÃO OCHÔA	-	M SENIORES	00:52:23.87	00:49:03.97	04:55
4806	2124	VALDIR GENTEIO	Individual	M JUNIORES	00:52:23.94	00:49:40.48	04:59
699	2125	CIRO SILVA	Quenianos do Sado	M VET 35-40-45	00:52:24.57	00:50:06.29	05:01
3593	2126	MAFALDA SILVA	Individual	F VET 35-40-45	00:52:24.91	00:51:10.98	05:08
2651	2127	LUIZA LANDEIRO DA SILVA	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	00:52:25.04	00:51:09.40	05:07
5248	2128	ARTUR JORGE CARVALHO	-	M VET 35-40-45	00:52:25.45	00:51:22.84	05:09
2629	2129	JOÃO CORREIA	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:52:25.64	00:51:09.78	05:07
3649	2130	MARIA JOÃO VAZ	Individual	F VET 50-55-60	00:52:26.05	00:50:18.30	05:02
3459	2131	JOSÉ NEVES	Individual	M VET 35-40-45	00:52:26.25	00:50:17.89	05:02
3720	2132	MIGUEL VIOLA	Individual	M SENIORES	00:52:26.98	00:48:52.92	04:54
2198	2133	SUSANA GOMES	Valejas AC	F VET 35-40-45	00:52:27.02	00:49:17.34	04:56
1312	2134	JOSÉ MÁRIO RAFAEL	Banco Santander Totta	M VET 35-40-45	00:52:27.12	00:50:12.06	05:02
1968	2135	RICARDO SEQUEIRA	Individual	M VET 35-40-45	00:52:27.58	00:50:28.37	05:03
2521	2136	RUI MATIAS	CLUBE VODAFONE	M VET 35-40-45	00:52:27.79	00:51:40.11	05:11
1315	2137	JOSE MORENO MORENO	Individual	M VET 35-40-45	00:52:27.98	00:50:56.68	05:06
4610	2138	NUNO BOIA	Individual	M VET 35-40-45	00:52:28.02	00:49:14.79	04:56
1841	2139	PAULO TOMÀS	Individual	M VET 35-40-45	00:52:28.85	00:51:11.99	05:08
3154	2140	FABRICE CARVALHO	Individual	M SENIORES	00:52:28.93	00:49:35.21	04:58
668	2141	CAROLINA GARCIA	Individual	F SENIORES	00:52:29.02	00:51:36.06	05:10

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1344	2142	KIN HONG CHAN	Individual	M SENIORES	00:52:29.18	00:49:48.47	04:59
1969	2143	RICARDO VIEGAS	Individual	M VET 35-40-45	00:52:29.33	00:51:13.00	05:08
2313	2144	ANTONIO MARTINHO	CORRER LISBOA	M VET 35-40-45	00:52:29.38	00:50:53.22	05:06
5207	2145	BRUNO DIAS	RUNning	M SENIORES	00:52:29.84	00:50:41.35	05:05
628	2146	CARLOS MANUEL BARATA BRÁS BRÁS	CNA - Clube Natação Amadora	M VET 35-40-45	00:52:29.87	00:50:28.06	05:03
5209	2147	CARLA CONCEIÇÃO	RUNning	M VET 35-40-45	00:52:30.02	00:50:42.46	05:05
1115	2148	JOAO SANTOS	Individual	M VET 50-55-60	00:52:30.13	00:52:10.61	05:14
1779	2149	PAULO GONÇALVES	Individual	M VET 35-40-45	00:52:30.97	00:50:44.17	05:05
5260	2150	DIEGO CORTINA	-	M SENIORES	00:52:31.05	00:47:24.74	04:45
4355	2151	SUSANA BERNARDO	Individual	F VET 35-40-45	00:52:31.84	00:47:25.31	04:45
4868	2152	JOÃO DEUS	-	M SENIORES	00:52:32.25	00:51:43.63	05:11
3581	2153	LUIS SILVA	Individual	M SENIORES	00:52:32.33	00:48:52.70	04:54
2622	2154	FRANCISCO CLÉRIGO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:52:32.48	00:50:06.57	05:01
2790	2155	JOÃO CUNHA	Holmes Place	M VET 35-40-45	00:52:32.96	00:50:41.95	05:05
4376	2156	ALEXANDRA CARDOSO	Individual	F VET 35-40-45	00:52:33.30	00:51:33.21	05:10
4295	2157	TELMO CARVALHO	Individual	M VET 35-40-45	00:52:33.91	00:50:47.98	05:05
992	2158	HÉLIO BRUNO	Peniche a Correr	M VET 35-40-45	00:52:34.99	00:52:34.99	05:16
2350	2159	LUIS MANUEL LOPES VICENTE VICENTE	Individual	M VET 50-55-60	00:52:35.03	00:51:31.26	05:10
4011	2160	RUI ALVES	Aquae Scalabis	M SENIORES	00:52:35.26	00:50:15.81	05:02
355	2161	ANA MONTEIRO	Individual	F VET 35-40-45	00:52:36.73	00:50:32.88	05:04
5499	2162	TITO NASCIMENTO	-	M VET 35-40-45	00:52:36.92	00:49:05.99	04:55
3345	2163	JOÃO AGOSTINHO	Individual	M SENIORES	00:52:36.94	00:51:50.99	05:12
290	2164	ALEXANDRA CENTENO	Correr Lisboa	F VET 35-40-45	00:52:37.30	00:51:04.21	05:07
980	2165	HÉLDER SILVÉRIO	Individual	M VET 35-40-45	00:52:37.48	00:49:58.00	05:00
4280	2166	RICARDO SÁ	Individual	M SENIORES	00:52:37.64	00:52:13.87	05:14
872	2167	FERNANDO MARTINS	Individual	M VET 50-55-60	00:52:38.19	00:51:25.93	05:09
4126	2168	TÂNIA MARTINS	Individual	F VET 35-40-45	00:52:38.46	00:51:15.65	05:08
4561	2169	LUIS SOUSA	Sport Queluz Galia	M VET 35-40-45	00:52:38.48	00:52:15.92	05:14
4077	2170	SERGIO MAIA MAIA	Individual	M VET 35-40-45	00:52:38.67	00:52:09.12	05:13
1149	2171	JOÃO GASPAR	Individual	M VET 50-55-60	00:52:38.68	00:52:00.14	05:13
2841	2172	ALEXANDRE FERREIRA	Individual	M VET 50-55-60	00:52:38.94	00:52:22.55	05:15
827	2173	ERNESTO CARVALHO	Individual	M VET 50-55-60	00:52:39.02	00:50:07.05	05:01
2372	2174	PEDRO DIAS	Individual	M VET 35-40-45	00:52:39.09	00:51:31.79	05:10
2927	2175	ANTONIO ALVES	MARRIOTT LISBOA	M VET 50-55-60	00:52:39.17	00:51:13.57	05:08
3059	2176	CÁTIA DIAS	Individual	F SENIORES	00:52:39.32	00:49:47.41	04:59
1024	2177	HUMBERTO VALENTIM	Individual	M VET 35-40-45	00:52:39.69	00:51:59.76	05:12
3894	2178	PEDRO CRUZ	Individual	M VET 35-40-45	00:52:39.78	00:48:05.26	04:49
2555	2179	ANTÓNIO MONTEIRO	Clube Ferroviário de Portugal	M VET 50-55-60	00:52:41.08	00:52:07.73	05:13
2673	2180	PEDRO CLAUDIO	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:52:41.35	00:49:35.22	04:58
4149	2181	TIAGO PINTO	Individual	M SENIORES	00:52:41.57	00:49:35.33	04:58
4873	2182	JORGE FERRO	-	M VET 50-55-60	00:52:42.03	00:49:21.19	04:57
1891	2183	PEDRO LOUREIRO LOUREIRO	Individual	M VET 35-40-45	00:52:42.04	00:51:10.63	05:08
3205	2184	FRANCISCO JOSÉ RAMALHO FURÃO	Individual	M VET 35-40-45	00:52:42.23	00:49:18.59	04:56
3752	2185	NUNO ALEXANDRE DIAS BOTELHO	Individual	M VET 35-40-45	00:52:42.64	00:49:04.79	04:55
4115	2186	SUSANA FRAZÃO ANDRADE	ACS-AMIGOS DA CORRIDA DE SALVATERRA	F VET 35-40-45	00:52:43.03	00:50:06.42	05:01
375	2187	ANA SOFIA RIBEIRO CORREIA	Correr Lisboa	F SENIORES	00:52:43.16	00:51:19.92	05:08
1279	2188	JOSÉ BORGES	Individual	M VET 50-55-60	00:52:43.65	00:50:48.55	05:05
4520	2190	JOÃO MARQUES	CCD TRANQUILIDADE	M VET 35-40-45	00:52:44.57	00:49:17.66	04:56
4909	2191	PEDRO CARVALHO	-	M VET 35-40-45	00:52:44.66	00:49:19.97	04:56
3100	2192	DANIEL TABOADA NOGUEIRA	Individual	M SENIORES	00:52:45.03	00:49:45.41	04:59
5242	2193	ANTÓNIO OLÍMPICOCAMPOS	-	M VET 50-55-60	00:52:45.08	00:52:24.98	05:15

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
456	2194	ANTÓNIO JOSÉ GASPAR POMBINHO	Individual	M VET 50-55-60	00:52:45.18	00:51:47.05	05:11
4457	2195	EDUARDO CABRITA	CCD TRANQUILIDADE	M VET 35-40-45	00:52:45.92	00:49:18.81	04:56
4407	2196	ANTÓNIO SILVA	CCD TRANQUILIDADE	M VET 35-40-45	00:52:45.97	00:49:19.72	04:56
1717	2197	NUNO PINELA	Individual	M VET 35-40-45	00:52:46.55	00:49:11.20	04:56
3182	2198	FILIFE JOSE ZACARIAS EUGENIO	Individual	M SENIORES	00:52:46.77	00:50:07.41	05:01
1900	2199	PEDRO MATOS	Individual	M SENIORES	00:52:47.20	00:49:59.83	05:00
5190	2200	SUSANA SILVA	-	F SENIORES	00:52:47.25	00:51:04.29	05:07
2147	2201	SERGIO BERTOLET ROMERO	Individual	M VET 35-40-45	00:52:48.64	00:52:25.22	05:15
4949	2202	ANIBAL FRANCISCO ARAUJO DA COSTA	-	M VET 35-40-45	00:52:48.95	00:51:26.50	05:09
2907	2203	ANDREIA LEMOS	Individual	F SENIORES	00:52:49.28	00:51:14.34	05:08
2854	2204	AMILCAR CARVALHO	Individual	M VET 50-55-60	00:52:49.31	00:51:14.26	05:08
6201	2205	SÉRGIO GALÓ	-	M VET 35-40-45	00:52:49.73	00:50:35.07	05:04
975	2206	HELDER GOMES	Grupo desportivo Santander Totta	M SENIORES	00:52:49.80	00:49:54.79	05:00
949	2207	GONÇALO DOMINGOS	Individual	M VET 35-40-45	00:52:50.26	00:51:18.40	05:08
2846	2208	ALEXANDRE PEDROSA	Individual	M VET 35-40-45	00:52:50.37	00:48:59.84	04:54
807	2209	EDUARDO MANSO	Câmara Lisboa Clube	M VET 50-55-60	00:52:50.75	00:49:56.01	05:00
1023	2210	HUGO VICENTE	Individual	M VET 35-40-45	00:52:51.77	00:48:57.85	04:54
3910	2211	PEDRO MIGUEL BRANDÃO SERRA	Party Rock	M SENIORES	00:52:52.70	00:51:14.49	05:08
1465	2212	MANUEL CANANÉ	Individual	M VET 50-55-60	00:52:53.11	00:50:24.84	05:03
3303	2213	ISABEL SANTOS	Individual	F SENIORES	00:52:53.60	00:50:24.23	05:03
876	2214	FERNANDO PESTANA PESTANA	Individual	M VET 50-55-60	00:52:53.81	00:52:32.70	05:16
4277	2215	RAÚL COSTA	Clube Robbialac	M VET 50-55-60	00:52:53.88	00:52:19.99	05:14
1147	2216	JOÃO FONSECA	Correr Lisboa	M SENIORES	00:52:53.93	00:51:35.63	05:10
2088	2217	RUI PEDRO DE JESUS PINTO PEREIRA	Individual	M VET 35-40-45	00:52:53.97	00:50:30.85	05:04
5596	2218	MARIA IVONE CASQUINHA MIRANDA PEREIRA	Individual	F VET 35-40-45	00:52:54.07	00:50:16.57	05:02
2911	2219	ÂNGELO FLOR	Individual	M VET 50-55-60	00:52:55.22	00:50:50.12	05:06
4472	2220	FERNANDO FIGUEIREDO	CORRER LISBOA	M VET 35-40-45	00:52:55.32	00:50:14.08	05:02
4845	2221	FÁBIO RODRIGUES	-	M SENIORES	00:52:55.57	00:50:14.61	05:02
2648	2222	LUÍS FILIFE OLIVEIRA GOMES	Serviços Sociais Caixa Geral Depósitos	M SENIORES	00:52:55.90	00:52:55.90	05:18
5105	2223	MÁRIO CRUZ	-	M SENIORES	00:52:56.04	00:50:05.53	05:01
2928	2224	ANTÓNIO BAPTISTA	ADCR PJ	M VET 50-55-60	00:52:56.31	00:51:56.27	05:12
3679	2225	MÁRIO SILVA	Individual	M VET 35-40-45	00:52:56.64	00:52:41.54	05:17
1403	2226	LUÍS FILIFE GUERREIRO	Individual	M VET 35-40-45	00:52:56.92	00:52:43.47	05:17
3399	2227	JOÃO PEREIRA	Câmara Lisboa Clube	M VET 35-40-45	00:52:56.93	00:50:06.42	05:01
1777	2228	PAULO FONSECA	Individual	M VET 35-40-45	00:52:57.09	00:50:26.29	05:03
2558	2229	AVELINO RODRIGUES	Clube Ferroviário de Portugal	M VET 50-55-60	00:52:58.27	00:51:22.81	05:09
3621	2230	MARCIO MARQUES	Individual	M VET 35-40-45	00:52:58.46	00:52:38.33	05:16
5439	2231	JORGÉ ANTUNES	Louricorridas	M VET 35-40-45	00:52:58.70	00:50:57.97	05:06
5197	2232	VERA FERREIRA	-	F VET 35-40-45	00:52:58.89	00:52:58.89	05:18
1346	2233	LAURA GRILO	Individual	F SENIORES	00:52:59.27	00:50:52.74	05:06
332	2234	ANA CLAUDIA PAIXÃO	Individual	F VET 35-40-45	00:52:59.38	00:49:52.83	05:00
1153	2235	JOÃO GUILHERME ROSA	Individual	M VET 35-40-45	00:52:59.41	00:51:48.29	05:11
6176	2236	ANDRÉ GARRIDO DE FIGUEIREDO	-	M VET 35-40-45	00:52:59.60	00:50:52.13	05:06
5460	2237	TIAGO ABADE	-	M VET 35-40-45	00:52:59.84	00:49:13.88	04:56
2632	2238	JOÃO GUÉGUÉS	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:53:00.08	00:49:28.58	04:57
727	2239	CRISTINA DE LA CERDA	Individual	F VET 35-40-45	00:53:00.27	00:50:53.73	05:06
1415	2240	LUÍS MATIAS	Individual	M VET 35-40-45	00:53:01.00	00:49:38.35	04:58
5025	2241	JOÃO LIMPO	-	M VET 35-40-45	00:53:01.13	00:51:38.57	05:10
398	2242	ANDREIA LOPES	Peniche a Correr	F SENIORES	00:53:01.61	00:53:01.61	05:19
5334	2243	RODRIGO GREGORIO	-	M SENIORES	00:53:01.67	00:52:38.52	05:16
321	2244	ANA PESCADINHA	Peniche a Correr	F VET 35-40-45	00:53:02.31	00:52:43.98	05:17

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3275	2245	IGOR BATISTA	Corredores da Adeg	M SENIORES	00:53:02.36	00:49:13.11	04:56
777	2246	DIOGO POMBO	Individual	M VET 35-40-45	00:53:02.61	00:52:25.90	05:15
1011	2247	HUGO COLAÇO	Individual	M VET 35-40-45	00:53:02.78	00:49:57.64	05:00
4533	2248	JOAQUIM GOMES	Individual	M VET 50-55-60	00:53:03.41	00:52:28.52	05:15
281	2249	ALBERTO ABREU	CCD PM CASCAIS	M VET 35-40-45	00:53:03.88	00:49:12.44	04:56
3117	2250	DIOGO MOREIRA	Individual	M SENIORES	00:53:04.68	00:52:00.19	05:13
548	2251	BRUNO PINTO	Banco Santander Totta	M VET 35-40-45	00:53:05.01	00:52:15.97	05:14
5166	2252	RICARDO SOEIRO	-	M VET 35-40-45	00:53:05.37	00:52:37.52	05:16
3149	2253	EUGÉNIA MARIA GOMES RIBEIRO DAVID DAVID	Individual	F VET 35-40-45	00:53:05.60	00:51:44.58	05:11
5048	2254	JOSÉ AUGUSTO FILHO	-	M VET 35-40-45	00:53:06.13	00:52:22.85	05:15
680	2255	CATARINA VARGES	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	F VET 35-40-45	00:53:06.39	00:50:44.78	05:05
1248	2256	JORGE PAULO LOURENÇO RODRIGUES	Individual	M VET 50-55-60	00:53:06.91	00:51:04.51	05:07
2000	2257	RICARDO TRIGUEIRO	Individual	M SENIORES	00:53:07.30	00:49:37.50	04:58
4965	2258	BRUNO RIBEIRO	-	M SENIORES	00:53:07.61	00:49:17.82	04:56
1984	2259	RICARDO DIAS	Individual	M VET 35-40-45	00:53:08.38	00:51:46.85	05:11
5125	2260	NUNO ALEXANDRE RIBEIRO DE OLIVEIRA	Ferrero Roucher	M SENIORES	00:53:08.62	00:49:18.86	04:56
3440	2261	JORGE FONSECA	Individual	M VET 35-40-45	00:53:08.72	00:50:27.73	05:03
199	2262	INÊS MELO ALMEIDA	-	F SENIORES	00:53:10.30	00:53:02.74	05:19
6273	2263	JOÃO MENDES	-	M VET 35-40-45	00:53:10.63	00:49:32.66	04:58
651	2264	CARLOS SILVA	CCD Crédito Agrícola Mútuo	M VET 50-55-60	00:53:11.00	00:50:46.98	05:05
4744	2265	JOÃO MARCELO GAMA RODRIGUES	Individual	M SENIORES	00:53:12.17	00:49:28.83	04:57
4812	2266	ALEXANDRA MARIA TEIXEIRA DA SILVA	-	F VET 35-40-45	00:53:12.27	00:50:49.95	05:05
1231	2267	JORGE ANDRADE	Individual	M VET 50-55-60	00:53:12.71	00:50:02.75	05:01
1702	2268	NUNO JÚLIO	Individual	M VET 35-40-45	00:53:12.89	00:49:22.19	04:57
4805	2269	TOMÁS SILVA	Individual	M JUNIORES	00:53:13.11	00:50:52.01	05:06
1855	2270	PEDRO VENTURA	Individual	M VET 50-55-60	00:53:13.30	00:53:13.30	05:20
750	2271	DAVID FARIA	Individual	M SENIORES	00:53:13.95	00:50:02.05	05:01
2491	2272	ANA NETO	Linda-a-Pastora Sporting Clube	F VET 35-40-45	00:53:13.97	00:52:13.28	05:14
1391	2273	LUIS CHAMBEL	Rexcor	M VET 35-40-45	00:53:14.15	00:50:16.93	05:02
2127	2274	SANDRO PRATES	Individual	M VET 35-40-45	00:53:14.74	00:52:18.10	05:14
4271	2275	PAULO PESSOA	Individual	M VET 50-55-60	00:53:14.79	00:49:54.82	05:00
4031	2276	RUI MANUEL PAIVA ANDRADE ANDRADE	ACS-AMIGOS DA CORRIDA DE SALVATERRA	M VET 35-40-45	00:53:15.48	00:51:05.28	05:07
5494	2277	NUNO GUERREIRO	-	M VET 35-40-45	00:53:15.62	00:49:45.12	04:59
2604	2278	ANTÓNIO FERREIRA	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:53:15.65	00:52:37.26	05:16
1851	2279	PEDRO MARTINHO	Individual	M VET 35-40-45	00:53:15.70	00:50:29.68	05:03
4773	2280	NUNO ANDRÉ	Individual	M VET 35-40-45	00:53:16.13	00:51:23.43	05:09
193	2281	SÉRGIO SANTOS	-	M VET 35-40-45	00:53:16.19	00:49:57.83	05:00
4564	2282	LUISA FERNANDES	CORRER LISBOA	F SENIORES	00:53:16.32	00:51:21.79	05:09
4823	2283	ANTONIO LIMA	-	M VET 50-55-60	00:53:16.88	00:52:44.71	05:17
5175	2284	RUI MANUEL ARAÚJO	-	M VET 50-55-60	00:53:17.12	00:51:20.97	05:09
1009	2285	HUGO CASACA	Individual	M VET 35-40-45	00:53:17.33	00:52:00.39	05:13
2277	2286	VERONICA LLOPIS	Individual	F SENIORES	00:53:17.39	00:52:53.67	05:18
1446	2287	LUIS SANTOS	Individual	M SENIORES	00:53:17.89	00:51:13.91	05:08
3691	2288	MAURO FELIZ SILVA	Individual	M SENIORES	00:53:18.57	00:49:48.75	04:59
5162	2289	RICARDO GALVEIA	-	M VET 35-40-45	00:53:18.68	00:50:21.04	05:03
4469	2290	FERNANDA FRANÇA	CLUBE OGMA	F VET 35-40-45	00:53:19.05	00:50:50.60	05:06
4531	2291	JOAQUIM BEXIGA	CLUBE OGMA	M VET 35-40-45	00:53:19.58	00:50:51.14	05:06
5149	2292	PEDRO GONÇALVES	-	M SENIORES	00:53:19.88	00:52:53.26	05:18
202	2293	UMBELINA NUNES	-	F VET 50-55-60	00:53:20.03	00:51:56.51	05:12
2096	2294	RUI SALGADO	Individual	M VET 50-55-60	00:53:20.06	00:51:13.92	05:08
1329	2295	JOSÉ SAMPAIO	Individual	M VET 35-40-45	00:53:20.51	00:52:13.46	05:14

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
253	2296	GONÇALO OLIVEIRA	Individual	M VET 35-40-45	00:53:21.03	00:51:17.76	05:08
252	2297	FERNANDO BRANDÃO	Individual	M VET 50-55-60	00:53:21.29	00:51:18.80	05:08
2562	2298	CARLOS OLIVEIRA	Clube Ferroviário de Portugal	M VET 50-55-60	00:53:21.31	00:51:41.85	05:11
1966	2299	RICARDO REIXA	Individual	M VET 35-40-45	00:53:21.42	00:52:01.60	05:13
5293	2300	JOSÉ MIGUEL SOUSA	-	M VET 35-40-45	00:53:21.53	00:51:25.16	05:09
2949	2301	ANTONIO PULIDO	Clube ANA Lisboa	M VET 35-40-45	00:53:22.02	00:49:28.90	04:57
2325	2302	DUARTE CABRAL	Individual	M VET 35-40-45	00:53:22.10	00:50:45.97	05:05
1463	2303	MANUEL FONTINHA	Individual	M VET 35-40-45	00:53:22.21	00:52:23.31	05:15
1285	2304	JOSÉ CARLOS GASPAR	Individual	M VET 50-55-60	00:53:22.28	00:50:15.39	05:02
4098	2305	SOFIA FERRÃO MALHEIRO	Individual	F SENIORES	00:53:23.26	00:49:55.94	05:00
3777	2306	NUNO MIGUEL DA CRUZ LOURENÇO CUSTÓDIO	Individual	M SENIORES	00:53:23.44	00:51:15.37	05:08
4178	2307	VITOR COIMBRA	Individual	M VET 35-40-45	00:53:23.62	00:50:22.76	05:03
4453	2308	DULCE REIS	Individual	F VET 35-40-45	00:53:23.65	00:51:10.93	05:08
2936	2309	ANTÓNIO JOAQUIM JUBILADO	Individual	M VET 50-55-60	00:53:23.95	00:52:27.09	05:15
4709	2310	ANA RITA LEITE SILVA	Individual	F SENIORES	00:53:24.27	00:49:57.04	05:00
1901	2311	PEDRO MATOS	Individual	M VET 50-55-60	00:53:24.29	00:50:04.14	05:01
192	2312	RUI REIS	-	M VET 35-40-45	00:53:24.46	00:53:10.98	05:20
3559	2313	LUÍS FILIPE DUARTE SOARES	Individual	M VET 35-40-45	00:53:24.54	00:49:32.92	04:58
4925	2314	SÉRGIO SÁ	-	M VET 35-40-45	00:53:25.75	00:50:48.71	05:05
5188	2315	SONIA QUEIROZ	-	F VET 35-40-45	00:53:26.87	00:50:23.69	05:03
3930	2316	PEDRO VILELA	Individual	M VET 35-40-45	00:53:27.01	00:50:59.18	05:06
4639	2317	PAULO RIGOR	Individual	M SENIORES	00:53:27.04	00:51:41.85	05:11
125	2318	ELIZABETH DUARTE	Os Galgos	F VET 35-40-45	00:53:27.59	00:52:52.67	05:18
5345	2319	TERESA SIMOES	Santa Iria Runners	F VET 35-40-45	00:53:27.80	00:53:06.00	05:19
5243	2320	ANTONIO SIMOES	Santa Iria Runners	M VET 35-40-45	00:53:27.84	00:53:05.68	05:19
3403	2321	JOÃO PRELHAZ	Falcões Selvagens	M VET 50-55-60	00:53:28.56	00:51:40.88	05:11
4344	2322	PAULO CEPA	Individual	F VET 35-40-45	00:53:28.99	00:49:30.27	04:58
3223	2323	GLÓRIA GARCIA	Individual	F VET 35-40-45	00:53:29.45	00:50:37.13	05:04
5192	2324	TIAGO LANÇA	-	M SENIORES	00:53:29.52	00:53:09.98	05:19
3257	2325	HERMANO CARDOSO	Individual	M SENIORES	00:53:29.55	00:49:27.14	04:57
1092	2326	JOÃO ANTUNES	Individual	M VET 50-55-60	00:53:29.84	00:51:05.96	05:07
5096	2327	MARIA BORRACHA	-	F VET 50-55-60	00:53:30.18	00:50:13.52	05:02
3395	2328	JOÃO PEDRO RIBEIRO	Individual	M SENIORES	00:53:30.23	00:53:14.11	05:20
3977	2329	RICARDO RAMOS	Individual	M VET 35-40-45	00:53:30.73	00:50:38.13	05:04
4511	2330	JOÃO ALBERTO	Individual	M VET 35-40-45	00:53:30.81	00:51:17.46	05:08
4969	2331	CARLA MENDES	Tartarugas Solidárias	F VET 35-40-45	00:53:30.96	00:50:39.59	05:04
6165	2332	LUIS CANHÃO	-	M VET 50-55-60	00:53:31.02	00:51:27.72	05:09
5005	2333	FRANCISCO CUNHA	-	M VET 50-55-60	00:53:31.04	00:51:17.28	05:08
2084	2334	RUI PARÓLA	Individual	M VET 35-40-45	00:53:31.07	00:50:12.67	05:02
1958	2335	RENATO PEREIRA	Individual	M SENIORES	00:53:31.20	00:52:54.10	05:18
4981	2336	DANIEL SÃO PEDRO SÃO PEDRO	-	M SENIORES	00:53:31.30	00:52:53.89	05:18
4010	2337	RUBEN SILVA	Câmara Lisboa Clube	M VET 50-55-60	00:53:31.57	00:50:35.31	05:04
2581	2338	NEVES SILVA	Clube Ferroviário de Portugal	M VET 50-55-60	00:53:31.58	00:51:29.20	05:09
2935	2339	ANTONIO JACINTO NUNES CRISPIM BRUNO	Individual	M VET 35-40-45	00:53:31.80	00:53:31.80	05:22
2904	2340	ANDREIA COSTA	Individual	F VET 35-40-45	00:53:32.05	00:50:40.34	05:05
173	2341	ANA RAQUEL MARINHEIRO	-	F SENIORES	00:53:32.70	00:53:22.47	05:21
820	2342	ELSA LOUREIRO	Individual	F VET 35-40-45	00:53:33.26	00:52:11.85	05:14
4717	2343	CARLA GOMES	Peniche a Correr	F VET 35-40-45	00:53:33.44	00:53:14.56	05:20
1511	2344	MARIA GARCIA	Individual	F JUNIORES	00:53:33.51	00:52:11.58	05:14
4466	2345	FABIANO PEREIRA	Individual	M SENIORES	00:53:33.76	00:49:50.34	05:00
1619	2346	MIGUEL MARQUES	Individual	M VET 50-55-60	00:53:34.41	00:51:34.75	05:10

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4438	2346	CLARA AUGUSTO	Individual	F VET 50-55-60	00:53:34.41	00:52:34.09	05:16
4904	2348	PAULA SIMÕES	ACB - Açoreana Clube Banif	F VET 35-40-45	00:53:34.60	00:51:52.01	05:12
5007	2349	FRANCISCO PEREIRA	Açoreana Seguros	M VET 35-40-45	00:53:34.71	00:52:24.43	05:15
4798	2350	SÉRGIO PEREIRA	Peniche a Correr	M VET 35-40-45	00:53:35.34	00:53:04.82	05:19
2334	2351	GONÇALO LUIS	Individual	M SENIORES	00:53:35.43	00:49:30.51	04:58
2262	2352	VÂNIA ZARRO ZARRO	Peniche a Correr	F VET 35-40-45	00:53:35.50	00:53:16.62	05:20
2373	2353	RAUL SERRA	selvagens do oeste	M SENIORES	00:53:36.29	00:51:55.14	05:12
1737	2354	OLGA SEVERYANOVA	Individual	F SENIORES	00:53:36.34	00:51:45.45	05:11
2387	2355	VASCO JOSÉ BELO	selvagens do oeste	M SENIORES	00:53:36.37	00:51:54.53	05:12
3979	2356	RICARDO RODRIGUES	Individual	M VET 35-40-45	00:53:36.49	00:52:45.37	05:17
3756	2357	NUNO BATISTA	Individual	M VET 35-40-45	00:53:37.35	00:50:50.30	05:06
4740	2358	JOAO DELGADO	Individual	M SENIORES	00:53:37.36	00:51:02.98	05:07
1143	2359	JOÃO FERREIRA	GIJinha Runners	M VET 35-40-45	00:53:37.79	00:52:06.75	05:13
3499	2360	JOSÉ PAULO GONÇALVES	Individual	M VET 35-40-45	00:53:37.91	00:50:30.94	05:04
4612	2361	NUNO SILVA	Individual	M VET 35-40-45	00:53:38.07	00:50:03.83	05:01
1411	2362	LUIS MANUEL MOTA FERREIRA FERREIRA	Individual	M VET 50-55-60	00:53:39.19	00:49:57.02	05:00
2903	2363	ANDRÉ TEIXEIRA	Individual	M SENIORES	00:53:39.23	00:50:23.57	05:03
3474	2364	JOSE EDUARDO SEQUEIRA	Individual	M VET 35-40-45	00:53:39.58	00:53:12.61	05:20
3681	2365	MÁRIO VIANA	Individual	M SENIORES	00:53:39.75	00:50:23.52	05:03
4955	2366	ANTONIO GUERREIRO	-	M VET 50-55-60	00:53:40.23	00:53:13.01	05:20
1397	2367	LUIS ESTEVÃO	Peniche a Correr	M VET 50-55-60	00:53:40.86	00:53:19.81	05:20
2630	2367	JOÃO FONTES	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:53:40.86	00:50:51.96	05:06
4200	2369	ANDRE ALMEIDA	Individual	M SENIORES	00:53:41.61	00:49:52.89	05:00
2322	2370	DANIEL LIMA	Individual	M VET 35-40-45	00:53:41.74	00:49:37.63	04:58
735	2371	DAMIÃO REGA	Individual	M VET 50-55-60	00:53:41.80	00:52:32.19	05:16
1827	2372	PAULO PARRACHO	Individual	M SENIORES	00:53:41.89	00:49:56.37	05:00
5914	2373	MARCO PACHECO	NucleOeiras	M VET 35-40-45	00:53:41.96	00:50:05.39	05:01
1396	2374	LUIS DOMINGUES	Individual	M VET 35-40-45	00:53:42.00	00:50:24.90	05:03
2340	2375	JOÃO FRANCISCO DUARTE DUARTE	Individual	M VET 50-55-60	00:53:42.30	00:52:37.40	05:16
1416	2376	LUIÍS MATOS	Individual	M VET 35-40-45	00:53:42.78	00:52:49.26	05:17
4545	2377	JOSE SARAIVA	CORRER LISBOA	M VET 50-55-60	00:53:43.03	00:50:52.23	05:06
2455	2378	ANDREIA PEREIRA	Individual	F SENIORES	00:53:43.08	00:51:40.40	05:11
1928	2379	PEDRO SOBRAL	Individual	M VET 35-40-45	00:53:43.74	00:49:45.21	04:59
467	2380	ANTÓNIO P. AMARAL	CCD Crédito Agrícola Mútuo	M VET 35-40-45	00:53:43.99	00:51:34.64	05:10
4483	2381	FRANCISCO GALVAO	GJ Running	M VET 50-55-60	00:53:44.55	00:52:55.34	05:18
623	2382	CARLOS JESUS	Individual	M VET 50-55-60	00:53:44.64	00:51:45.04	05:11
5307	2383	MARIA GLÓRIA VIEIRA	runers	F VET 35-40-45	00:53:45.70	00:52:50.32	05:18
1594	2384	MIGUEL OLIVEIRA	Individual	M VET 50-55-60	00:53:47.46	00:49:54.60	05:00
6195	2385	PEDRO ANACLETO	-	M VET 35-40-45	00:53:47.87	00:52:07.50	05:13
4391	2386	ANABELA PEREIRA PEREIRA	amigos da flor	F VET 35-40-45	00:53:48.05	00:52:49.15	05:17
430	2387	ANTÓNIO ANTUNES	Individual	M VET 35-40-45	00:53:48.39	00:51:14.86	05:08
2655	2388	MARTA AFONSO	Individual	F VET 35-40-45	00:53:48.54	00:53:06.05	05:19
580	2389	CARLOS ALVES	IP RUNNERS	M VET 50-55-60	00:53:49.16	00:51:42.47	05:11
556	2390	BRUNO TIBÉRIO	Correr na Cidade - Canespor	M SENIORES	00:53:49.55	00:51:27.25	05:09
1676	2391	NUNO ALVES	Individual	M VET 35-40-45	00:53:49.91	00:53:49.91	05:23
1706	2392	NUNO MALCATA	Correr na Cidade - Canespor	M VET 35-40-45	00:53:50.18	00:51:30.00	05:09
5456	2393	RICARDO HENRIQUES	-	M VET 35-40-45	00:53:50.40	00:52:54.71	05:18
1008	2394	HUGO CARDOSO	Individual	M VET 35-40-45	00:53:51.03	00:49:56.86	05:00
3079	2395	CLÁUDIO NUNES	Individual	M SENIORES	00:53:51.28	00:50:38.35	05:04
314	2396	AMILCAR PÓVOA	Individual	M VET 50-55-60	00:53:51.50	00:52:41.35	05:17
4373	2397	ADELINO AUGUSTO CORREIA	Individual	M VET 50-55-60	00:53:51.76	00:52:09.05	05:13

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3544	2398	LUIS ALMEIDA	Individual	M VET 50-55-60	00:53:52.67	00:52:26.99	05:15
2827	2399	ADELINO PIRES	Câmara Lisboa Clube	M VET 50-55-60	00:53:52.75	00:50:35.53	05:04
603	2400	CARLOS COSTA	Individual	M VET 35-40-45	00:53:53.12	00:50:35.31	05:04
3788	2401	OCTAVIO SILVA	Individual	M VET 35-40-45	00:53:53.94	00:50:47.70	05:05
726	2402	CRISTINA CUNHA	Individual	F VET 35-40-45	00:53:53.99	00:52:32.76	05:16
2180	2403	SONIA CARDOZO	Individual	F VET 35-40-45	00:53:55.03	00:49:57.96	05:00
5101	2404	MARIA JOAI CORTESÃO	-	F SENIORES	00:53:55.11	00:53:34.54	05:22
5322	2405	PAULO CARVALHO	-	M VET 50-55-60	00:53:55.15	00:53:28.64	05:21
4166	2406	VERA DUARTE DUARTE	Individual	F VET 35-40-45	00:53:55.36	00:52:34.26	05:16
4032	2407	RUI MIGUEL FERREIRA SOARES SOARES	Individual	M VET 35-40-45	00:53:55.37	00:52:40.95	05:17
6169	2408	R SALGADO	-	M VET 50-55-60	00:53:55.93	00:49:50.03	05:00
4290	2409	SERGIO NUNES AGUIAR	Individual	M VET 35-40-45	00:53:56.08	00:50:53.90	05:06
3112	2410	DIANE DETOLLENAERE	Individual	F VET 50-55-60	00:53:56.19	00:53:14.34	05:20
5303	2411	MARCO MARQUES	-	M VET 35-40-45	00:53:56.66	00:51:15.37	05:08
2677	2412	PEDRO LOUREIRO	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:53:56.77	00:51:45.68	05:11
4360	2413	HONORATO MOURA	Individual	M VET 35-40-45	00:53:57.59	00:52:50.63	05:18
3536	2414	LUIS AUGUSTO	Individual	M VET 35-40-45	00:53:58.60	00:51:38.89	05:10
416	2415	ANTÓNIO BOAVIDA	Individual	M VET 50-55-60	00:53:58.77	00:53:22.63	05:21
665	2416	CARMINDA PIRES	Individual	F VET 50-55-60	00:53:59.26	00:52:49.79	05:17
1734	2417	NUNO VICENTE	Individual	M VET 35-40-45	00:53:59.85	00:52:15.89	05:14
5468	2418	ELLA WRITER	-	F SENIORES	00:53:59.96	00:50:33.83	05:04
4306	2419	HUGO MARTINS	Mercedes-Benz	M SENIORES	00:54:00.51	00:52:03.20	05:13
4528	2420	JOAO SAYANDA	Individual	M VET 35-40-45	00:54:00.53	00:51:52.04	05:12
1423	2421	LUIS MIGUEL GUILHERME	Individual	M SENIORES	00:54:00.58	00:52:26.48	05:15
1701	2422	NUNO JORGE	RUN FORREST RUN	M VET 35-40-45	00:54:01.07	00:51:30.23	05:10
279	2423	AIRES ILDEFONSO	Individual	M VET 50-55-60	00:54:01.08	00:52:20.56	05:15
3855	2424	PAULO PAIXÃO	CLUBE COLABORADORES AGEAS	M VET 35-40-45	00:54:01.12	00:52:28.54	05:15
2258	2425	VANESSA SALVADOR	Individual	F SENIORES	00:54:01.37	00:51:25.75	05:09
4428	2426	CARLOS BAPTISTA	Sporting Clube de Casainhos	M VET 50-55-60	00:54:01.58	00:53:09.75	05:19
1208	2427	JOÃO VALÉRIO	URBAN TRAIL SAMORA CORREIA	M VET 35-40-45	00:54:01.85	00:51:27.00	05:09
2202	2428	SUZANA CANO	Individual	F VET 35-40-45	00:54:01.97	00:51:28.07	05:09
3393	2429	JOÃO PEDRO FONSECA	Individual	M VET 35-40-45	00:54:02.01	00:48:42.86	04:53
2888	2430	ANABELA CONSTANTE	Individual	F VET 35-40-45	00:54:02.08	00:48:42.96	04:53
2275	2431	VERA VALÉRIO	URBAN TRAIL SAMORA CORREIA	F VET 35-40-45	00:54:02.26	00:51:26.67	05:09
4384	2432	ANA MARTA BAPTISTA	Sporting Clube de Casainhos	F SENIORES	00:54:02.43	00:53:08.73	05:19
78	2433	PEDRO BISCAIA	Individual	M VET 35-40-45	00:54:03.08	00:53:50.19	05:24
3477	2434	JOSÉ FERNANDES	Running JAF	M SENIORES	00:54:03.46	00:50:00.81	05:01
4312	2435	RENATO SILVA	Mercedes-Benz	M VET 35-40-45	00:54:03.50	00:51:09.17	05:07
485	2436	ANTÓNIO SOUSA	Peniche a Correr	M VET 50-55-60	00:54:03.84	00:53:41.71	05:23
4314	2437	RUI BRITO	Mercedes-Benz	M VET 35-40-45	00:54:04.26	00:51:16.65	05:08
4493	2438	HUGO GASPAR	Individual	M VET 35-40-45	00:54:04.47	00:50:19.94	05:02
3310	2439	JAIME PORTUGAL	Individual	M VET 35-40-45	00:54:04.67	00:51:36.91	05:10
4856	2440	HENRIQUE MARTINS	-	M SENIORES	00:54:04.73	00:53:05.95	05:19
2119	2441	SANDRA CUNHA	Individual	F SENIORES	00:54:05.08	00:53:12.12	05:20
1375	2442	LUIS MARQUES	Individual	M VET 35-40-45	00:54:06.10	00:52:00.65	05:13
3795	2442	PATRÍCIA PINTO	Individual	F VET 35-40-45	00:54:06.10	00:52:31.58	05:16
889	2442	FILIPPE POMBO	Pés de Chumbo	M VET 35-40-45	00:54:06.10	00:52:55.46	05:18
2830	2445	ADRIANO CUNHA	Individual	M VET 50-55-60	00:54:06.20	00:52:17.01	05:14
1245	2446	JORGE MIGUEL NUNES CORREIA	Individual	M VET 35-40-45	00:54:06.23	00:50:52.45	05:06
1930	2447	PEDRO SOUSA	Individual	M VET 35-40-45	00:54:06.30	00:52:38.92	05:16
3119	2448	DIOGO BÁRBARA BÁRBARA	Individual	M SENIORES	00:54:06.62	00:52:39.19	05:16

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3268	2449	HUGO PINTO	Individual	M VET 35-40-45	00:54:06.64	00:52:32.21	05:16
4076	2450	SÉRGIO FERREIRA	Individual	M VET 35-40-45	00:54:07.59	00:52:16.54	05:14
606	2451	CARLOS CURA	Individual	M SENIORES	00:54:08.03	00:53:03.45	05:19
452	2452	ANTÓNIO JOSÉ CARMO MORAIS PIRES	Individual	M VET 50-55-60	00:54:08.12	00:53:45.67	05:23
5993	2453	ANDRÉ SILVA	Individual - Lisboa	M JUNIORES	00:54:08.16	00:52:56.80	05:18
3157	2454	FERNANDO ALMEIDA	Individual	M VET 35-40-45	00:54:08.74	00:51:58.93	05:12
1303	2454	JOSÉ MAIO	Individual	M VET 50-55-60	00:54:08.74	00:52:57.99	05:18
1834	2456	PAULO SALGADO	Individual	M VET 35-40-45	00:54:09.39	00:51:30.08	05:10
4092	2457	SILVERIO ALBERTO MARTINS RODRIGUES RODRIGUES	TomTom	M VET 35-40-45	00:54:09.86	00:53:40.86	05:23
1442	2458	LUIS RIBEIRO	Individual	M VET 35-40-45	00:54:09.88	00:52:15.67	05:14
882	2459	FERNANDO TRISTÃO	CCD-AT	M VET 35-40-45	00:54:10.03	00:50:52.05	05:06
1945	2460	RAFAEL SANTOS	Individual	M VET 35-40-45	00:54:10.26	00:52:13.35	05:14
3366	2461	JOAO FRANCISCO NEVES	Individual	M SENIORES	00:54:10.50	00:53:24.56	05:21
1186	2462	JOÃO PEDRO SANTOS SALDANHA	Amigos Vale Silencio	M VET 35-40-45	00:54:12.23	00:52:26.53	05:15
3875	2463	PEDRO OLIVEIRA	Individual	M VET 35-40-45	00:54:12.65	00:52:37.38	05:16
1117	2464	JOÃO VIEIRA	CCD Crédito Agrícola Mútuo	M VET 50-55-60	00:54:12.79	00:51:30.59	05:10
4054	2465	SANDRA BATISTA	Amigos Vale Silencio	F VET 35-40-45	00:54:13.69	00:52:27.29	05:15
2023	2466	RODRIGO DUARTE SILVA	Individual	M VET 35-40-45	00:54:14.65	00:53:17.42	05:20
4968	2467	CARLA FIGUEIRA	OPraticante.pt	F VET 35-40-45	00:54:14.94	00:52:30.43	05:16
1341	2468	JÚLIO PAULO OLIVEIRA SANTOS COSTA COSTA	Individual	M VET 35-40-45	00:54:16.01	00:51:38.52	05:10
5082	2469	LUIS VALENTE	-	M VET 35-40-45	00:54:16.80	00:51:46.49	05:11
1800	2470	PAULO FERNANDES	Individual	M VET 35-40-45	00:54:16.88	00:51:10.43	05:08
486	2471	ANTÓNIO TEIXEIRA	Individual	M VET 50-55-60	00:54:17.96	00:51:49.39	05:11
2437	2472	NUNO MENDES	Clube Millennium Bcp	M SENIORES	00:54:18.25	00:52:00.34	05:13
1949	2473	RAQUEL FIGUEIREDO	carnide running	F VET 35-40-45	00:54:19.11	00:52:17.84	05:14
265	2474	ABEL FIGUEIREDO	carnide running	M VET 50-55-60	00:54:19.26	00:52:18.32	05:14
4962	2475	ARTUR SANTOS	-	M VET 35-40-45	00:54:19.83	00:52:58.37	05:18
1427	2476	LUIS MIGUEL PINHEIRO CUNHA	Individual	M VET 35-40-45	00:54:20.03	00:51:35.61	05:10
2691	2477	RUI SOARES	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:54:20.18	00:52:59.96	05:18
3411	2478	JOÃO SÊBO	Individual	M SENIORES	00:54:20.19	00:50:06.09	05:01
2337	2479	ISAC MENDES	Individual	M SENIORES	00:54:21.11	00:54:04.81	05:25
4654	2480	PEDRO SOUSA	Individual	M SENIORES	00:54:21.28	00:50:50.73	05:06
616	2481	CARLOS FILIPE SILVA MENDES	Individual	M VET 50-55-60	00:54:21.56	00:52:19.62	05:14
3293	2482	ISABEL FONSECA	Individual	F VET 50-55-60	00:54:22.02	00:53:46.61	05:23
1392	2483	LUÍS CRUZ	Individual	M VET 35-40-45	00:54:22.97	00:51:23.12	05:09
572	2484	CARLA ISABEL PEREIRA	Gatos Fedorentos	F VET 35-40-45	00:54:23.00	00:51:42.98	05:11
1767	2485	PAULA JORGE	Individual	F VET 35-40-45	00:54:23.41	00:51:44.11	05:11
4743	2486	JOÃO MANUEL PELADINHO	Individual	M VET 35-40-45	00:54:25.34	00:51:04.62	05:07
3384	2487	JOÃO NIZA	Individual	M VET 35-40-45	00:54:25.38	00:53:25.66	05:21
5043	2488	JORGE LIMA	-	M VET 50-55-60	00:54:25.83	00:54:03.70	05:25
2999	2489	CARINA PINA	Individual	F SENIORES	00:54:25.97	00:50:36.84	05:04
2536	2490	PAULO ROCHA	Individual	M VET 35-40-45	00:54:26.96	00:50:22.67	05:03
3127	2491	DOMINGOS JANELA JANELA	Individual	M VET 50-55-60	00:54:27.00	00:53:11.61	05:20
2892	2492	ANDRÉ CARDOSO	Individual	M VET 35-40-45	00:54:27.54	00:51:32.65	05:10
1720	2493	NUNO PITTA	Individual	M VET 35-40-45	00:54:27.60	00:51:18.86	05:08
4519	2494	JOÃO LIMA	GJ Running	M VET 50-55-60	00:54:28.07	00:53:36.73	05:22
656	2495	CARLOS TOMAZ	Individual	M VET 35-40-45	00:54:28.52	00:52:02.58	05:13
2978	2496	BRUNO MARQUE	Individual	M SENIORES	00:54:28.84	00:51:49.20	05:11
4689	2497	TIAGO OLIVEIRA	CORRER LISBOA	M VET 35-40-45	00:54:29.22	00:53:04.05	05:19
4762	2498	MANUEL GARCIA	Individual	M SENIORES	00:54:29.92	00:50:33.19	05:04
5229	2499	RUI JOSÉ RODRIGUES	-	M VET 35-40-45	00:54:30.44	00:53:42.51	05:23

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1495	2500	MARCOS LEONARDO	Individual	M VET 50-55-60	00:54:31.14	00:52:14.58	05:14
1385	2501	LUIS ALEXANDRE SOBRAL PINTO	Individual	M VET 35-40-45	00:54:31.21	00:51:43.16	05:11
2116	2502	SANDRA CARDOSO	Individual	F VET 35-40-45	00:54:31.39	00:53:01.04	05:19
2694	2503	SEVERINO ROSA	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:54:31.84	00:51:21.97	05:09
639	2504	CARLOS MORAIS	Individual	M VET 50-55-60	00:54:32.28	00:51:48.15	05:11
4657	2505	RENATO REIS	Individual	M VET 35-40-45	00:54:32.51	00:52:50.73	05:18
6239	2506	MARIA CALEJO	-	F VET 35-40-45	00:54:33.36	00:52:50.72	05:18
320	2507	ANA MORAIS	Individual	F VET 35-40-45	00:54:33.39	00:51:48.17	05:11
3730	2508	NELSON RUIVO	Individual	M VET 35-40-45	00:54:33.59	00:52:01.33	05:13
1163	2509	JOÃO MELO	Individual	M VET 35-40-45	00:54:33.63	00:52:00.45	05:13
5298	2510	LUIS MATOS	-	M VET 50-55-60	00:54:34.49	00:51:56.57	05:12
5202	2511	ANDREIA CASTRO	-	F SENIORES	00:54:35.12	00:51:54.90	05:12
3750	2512	NUNO SERRANO	Os Cansados	M VET 35-40-45	00:54:35.22	00:53:18.24	05:20
604	2513	CARLOS COSTA	Individual	M VET 35-40-45	00:54:35.47	00:52:10.85	05:14
3428	2514	JOEL MÓSCA	Os Cansados	M VET 35-40-45	00:54:35.53	00:53:16.93	05:20
4335	2515	JOÃO ROSA-DIAS	Individual	M VET 35-40-45	00:54:36.31	00:53:39.72	05:22
6185	2516	JOAO MILHEIRO BATISTA	-	M VET 50-55-60	00:54:36.35	00:52:22.33	05:15
4300	2517	VITOR MANUEL DOS SANTOS ELIAS	Individual	M VET 50-55-60	00:54:36.67	00:54:09.61	05:25
1786	2518	PAULO ALEXANDRE LEAL GORDINHO	Câmara Lisboa Clube	M VET 35-40-45	00:54:36.69	00:51:37.48	05:10
3586	2519	LUÍS TRIGO	Individual	M VET 35-40-45	00:54:37.49	00:51:00.29	05:07
3095	2520	DANIEL ANDRADE	Individual	M SENIORES	00:54:37.59	00:53:29.22	05:21
2312	2521	ANTONIO JOSE GARDETT DE BRITO CORREIA	Individual	M VET 50-55-60	00:54:38.34	00:54:38.34	05:28
2349	2522	LUIS CARLOS FERNANDES	Individual	M VET 35-40-45	00:54:38.64	00:53:01.99	05:19
4018	2523	RUI ANTÓNIO CONCEIÇÃO MACHADO	Individual	M VET 50-55-60	00:54:39.39	00:52:51.32	05:18
1555	2524	MÁRIO QUARENTA	Individual	M JUNIORES	00:54:39.58	00:54:05.54	05:25
3708	2525	MIGUEL MARQUES ROCHA	RFF Running Club	M SENIORES	00:54:39.63	00:50:33.94	05:04
450	2526	ANTONIO JOAO LUCIO PAINHA	Individual	M VET 35-40-45	00:54:40.12	00:54:06.59	05:25
301	2527	ALEXANDRE TAM	Individual	M VET 35-40-45	00:54:40.61	00:54:08.45	05:25
2688	2528	RUI BRAZ	Serviços Sociais Caixa Geral Depósitos	M SENIORES	00:54:40.84	00:52:16.50	05:14
1649	2529	NELSON SANTOS	Individual	M VET 35-40-45	00:54:40.93	00:50:29.56	05:03
4642	2530	PAULO VENTURA	AÇOREANA	M VET 35-40-45	00:54:40.95	00:52:19.57	05:14
865	2531	FERNANDO HORTA	Individual	M VET 50-55-60	00:54:42.13	00:53:19.87	05:20
5276	2532	JOANA PEREIRA	Fourtastics	F SENIORES	00:54:42.54	00:53:19.25	05:20
1936	2533	PHILIPPE SILVA	Individual	M SENIORES	00:54:42.64	00:50:19.08	05:02
5349	2534	ANA PINTO	-	F SENIORES	00:54:42.93	00:52:30.62	05:16
1029	2535	INÊS KOL	As 3 incríveis	F VET 35-40-45	00:54:42.94	00:51:36.33	05:10
3305	2536	IVO BHATT	Individual	M VET 35-40-45	00:54:43.73	00:53:30.10	05:22
5404	2537	ADRIANA MACHADO	-	F SENIORES	00:54:44.34	00:52:18.12	05:14
1992	2538	RICARDO PAIS	Individual	M SENIORES	00:54:44.39	00:50:52.64	05:06
4079	2539	SÉRGIO OLIVEIRA	Individual	M SENIORES	00:54:45.04	00:54:32.87	05:28
825	2540	EMILIA BORGES	CCD Sintrense	F VET 50-55-60	00:54:45.23	00:53:56.01	05:24
2578	2541	MARTINS BARATA	Clube Ferroviário de Portugal	M VET 50-55-60	00:54:45.64	00:54:28.41	05:27
5346	2542	TIAGO REDONDO	-	M SENIORES	00:54:46.18	00:53:35.54	05:22
2472	2543	MARGARIDA PIRES	Serviços Sociais Caixa Geral Depósitos	F SENIORES	00:54:46.46	00:53:16.07	05:20
3231	2544	GONÇALO MIGUEL ROCHA	Individual	M SENIORES	00:54:46.92	00:51:08.20	05:07
5185	2545	SIMÃO CAMPOS	-	M SENIORES	00:54:47.30	00:53:56.82	05:24
3185	2546	FILIPPE MONTEIRO	Individual	M SENIORES	00:54:47.64	00:52:49.11	05:17
429	2547	ANTÓNIO TEIXEIRA DUARTE	Clube do Stress	M VET 50-55-60	00:54:47.74	00:51:52.05	05:12
1963	2548	RICARDO FIGUEIREDO	Individual	M VET 35-40-45	00:54:47.90	00:51:44.15	05:11
4236	2549	JOÃO RIBEIRO	Individual	M SENIORES	00:54:47.99	00:52:54.85	05:18
2420	2550	JOEL ESTEVES	Clube Millennium Bcp	M VET 35-40-45	00:54:48.19	00:52:16.32	05:14

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1923	2551	PEDRO QUARTIN	IP RUNNERS	M VET 35-40-45	00:54:48.43	00:51:13.80	05:08
4257	2552	LUIS GODINHO	Individual	M VET 35-40-45	00:54:48.52	00:52:05.30	05:13
4742	2553	JOÃO MANUEL BARRIGOLA	Individual	M SENIORES	00:54:48.81	00:53:56.05	05:24
1815	2554	PAULO JORGE SARAIVA LIBÂNIO	Individual	M VET 35-40-45	00:54:49.02	00:52:24.91	05:15
4975	2555	CARLOS MARQUES	-	M VET 50-55-60	00:54:49.41	00:53:50.20	05:24
4599	2556	MARTA SÁ	2 M's	F SENIORES	00:54:49.83	00:52:27.68	05:15
4447	2557	DAVI DOS SANTOS	Individual	M VET 35-40-45	00:54:50.03	00:52:26.62	05:15
6291	2558	MARINA TURLYK	-	F SENIORES	00:54:50.38	00:52:25.85	05:15
3457	2559	JOSÉ GOUVEIA	Asas nos Pés	M VET 35-40-45	00:54:50.39	00:52:29.21	05:15
2219	2560	TERESA CARDOSO	Individual	F VET 35-40-45	00:54:51.14	00:54:07.06	05:25
1700	2561	NUNO JERÓNIMO	Individual	M VET 35-40-45	00:54:51.16	00:50:38.22	05:04
3865	2562	PEDERO FRANCISCO FRANCISCO	Individual	M VET 35-40-45	00:54:51.50	00:53:52.51	05:24
2832	2563	AFONSO COSTA COSTA	Individual	M VET 50-55-60	00:54:51.55	00:53:52.85	05:24
1895	2564	PEDRO MACHADO	Individual	M VET 35-40-45	00:54:51.74	00:52:23.97	05:15
3372	2565	JOÃO GUEDES	Individual	M SENIORES	00:54:52.64	00:51:52.73	05:12
5151	2566	PEDRO MIGUEL ALBINO FÉLIX FÉLIX	-	M VET 35-40-45	00:54:52.75	00:51:36.64	05:10
684	2567	CÁTIA JOÃO PRUDÊNCIO	Individual	F VET 35-40-45	00:54:52.92	00:52:54.53	05:18
5972	2568	JOAO FILIPE	-	M VET 50-55-60	00:54:53.06	00:54:14.15	05:26
209	2569	JOÃO ROSÁRIO	-	M VET 35-40-45	00:54:53.41	00:54:39.44	05:28
6205	2570	MARIA SARAIVA	-	F VET 35-40-45	00:54:53.45	00:52:46.66	05:17
2184	2571	SÓNIA RAQUEL DANTAS	Individual	F VET 35-40-45	00:54:54.10	00:52:21.27	05:15
3942	2572	RENATO COSTA	Individual	M VET 35-40-45	00:54:54.21	00:52:07.47	05:13
828	2573	ESTELA GONÇALVES	Individual	F VET 35-40-45	00:54:54.62	00:54:00.50	05:25
477	2574	ANTÓNIO REIS DA SILVA BASTOS VAZ VAZ	Individual	M VET 50-55-60	00:54:54.80	00:53:49.62	05:23
3365	2575	JOÃO FRADE	CLUBE COLABORADORES AGEAS	M VET 35-40-45	00:54:55.19	00:51:54.40	05:12
5270	2576	GONÇALO BARROS BARROS	-	M VET 35-40-45	00:54:55.41	00:53:13.63	05:20
5317	2577	NUNO MIGUEL LOUREIRO COIMBRA	-	M VET 35-40-45	00:54:55.70	00:54:05.70	05:25
1859	2578	PEDRO BAPTISTA	Individual	M VET 35-40-45	00:54:56.36	00:54:32.32	05:28
4585	2579	MARIA DEUS AMEIXA PALMA PALMA	Individual	F VET 50-55-60	00:54:56.39	00:52:55.62	05:18
3047	2580	CARLOS TORRAO	Individual	M SENIORES	00:54:56.49	00:51:03.75	05:07
5350	2580	ANTÓNIO ALMEIDA	-	M VET 35-40-45	00:54:56.49	00:51:19.81	05:08
3798	2582	PATRICIA FERNANDES	Clube ANA Lisboa	F VET 35-40-45	00:54:56.57	00:53:03.50	05:19
6207	2583	NELSON PHILIPPE PEDRO	-	M SENIORES	00:54:56.84	00:53:58.22	05:24
1367	2584	LUIS CATITA	Individual	M VET 50-55-60	00:54:56.90	00:52:51.80	05:18
2800	2585	HENRIQUE ROSA	Holmes Place	M SENIORES	00:54:57.12	00:53:52.43	05:24
4790	2586	PEDRO CHEDAS FERNANDES	Individual	M SENIORES	00:54:57.19	00:52:56.14	05:18
3838	2587	PAULO JORGE NEVES	Individual	M VET 35-40-45	00:54:57.47	00:54:10.95	05:26
2796	2588	ANDREIA ROCHA	Holmes Place	F VET 35-40-45	00:54:57.73	00:51:34.17	05:10
2034	2589	RUBEN GONÇALVES	CCD PM CASCAIS	M VET 35-40-45	00:54:58.42	00:52:20.33	05:15
397	2590	ANDREIA CARVALHO	Individual	F SENIORES	00:54:59.15	00:52:01.43	05:13
662	2591	CARMEN CRISTINO	Individual	F VET 35-40-45	00:54:59.43	00:52:30.01	05:16
4933	2592	AFONSO FILIPE QUINAZ	-	M SENIORES	00:54:59.51	00:54:09.37	05:25
2162	2593	SÍLVIA BORDALO BALEIRO BARRA BARRA	IP RUNNERS	F VET 35-40-45	00:54:59.68	00:51:24.33	05:09
6309	2594	ALEXANDRE CLAUDIO	-	M VET 35-40-45	00:54:59.79	00:54:12.96	05:26
3283	2595	INES PEREIRA	Individual	F VET 35-40-45	00:55:00.16	00:52:30.64	05:16
2618	2596	FERNANDO ALVES	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:55:00.47	00:52:57.48	05:18
4326	2597	BERNARDO FERNANDES	Individual	M SENIORES	00:55:00.52	00:51:16.20	05:08
839	2598	FÁBIO MENDES	Individual	M SENIORES	00:55:00.74	00:53:01.81	05:19
2156	2599	SÉRGIO SANTOS	os pingas	M SENIORES	00:55:00.85	00:53:02.72	05:19
2993	2600	BRUNO PAULOS	Individual	M VET 35-40-45	00:55:01.47	00:51:19.18	05:08
946	2601	GONÇALO BARROS	os pingas	M SENIORES	00:55:01.62	00:53:02.77	05:19

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1993	2602	RICARDO PEREIRA	os pingas	M SENIORES	00:55:01.67	00:53:03.72	05:19
4839	2603	CLÁUDIO MILHEIRO	-	M VET 35-40-45	00:55:02.08	00:51:41.31	05:11
174	2604	ANDRÉ GORJÃO	-	M VET 35-40-45	00:55:02.24	00:54:47.83	05:29
298	2605	ALEXANDRE BAPTISTA	Individual	M VET 35-40-45	00:55:02.28	00:52:16.26	05:14
2962	2606	ARMANDO MARTINS	Individual	M VET 50-55-60	00:55:02.44	00:53:36.80	05:22
2523	2607	SERGIO PEREIRA	Individual	M VET 35-40-45	00:55:02.80	00:52:03.47	05:13
4089	2608	SÉRGIO VASCO	Individual	M SENIORES	00:55:02.84	00:52:53.05	05:18
3011	2609	CARLA SOARES SOARES	treino	F VET 35-40-45	00:55:03.31	00:52:39.16	05:16
449	2610	ANTÓNIO JERÓNIMO	Individual	M VET 35-40-45	00:55:03.41	00:52:22.20	05:15
4188	2611	VITOR PORTELA	Individual	M VET 35-40-45	00:55:03.44	00:52:51.66	05:18
5236	2612	VANESSA PAIS	-	F SENIORES	00:55:04.09	00:52:52.14	05:18
602	2613	CARLOS COSTA	Individual	M VET 35-40-45	00:55:04.32	00:53:14.30	05:20
1209	2614	JOÃO VENTURA	Individual	M VET 35-40-45	00:55:04.42	00:52:45.23	05:17
2294	2615	VITOR MANUEL COMERCIO	Individual	M VET 35-40-45	00:55:04.80	00:53:53.23	05:24
1654	2616	NUNO BARRA	RUN FORREST RUN	M VET 35-40-45	00:55:04.96	00:52:34.58	05:16
6158	2617	FRANCISCO MACHADO MACHADO	-	M SENIORES	00:55:05.40	00:50:51.60	05:06
4710	2618	ANDRE AGUAS	Individual	M SENIORES	00:55:05.97	00:52:31.75	05:16
2657	2619	MIGUEL FRAZÃO	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:55:06.49	00:53:02.72	05:19
2025	2620	RODRIGO SANTOS	Individual	M SENIORES	00:55:06.64	00:51:14.57	05:08
2853	2621	AMADEU BRIGAS BRIGAS	Grupo Recreativo e Desportivo da Ribeira da Lage	M VET 35-40-45	00:55:07.38	00:53:19.14	05:20
1906	2622	PEDRO MIGUEL BARREIRA	Individual	M VET 35-40-45	00:55:07.44	00:53:40.12	05:23
4605	2623	MIGUEL SANTOS	Correr Lisboa	M VET 35-40-45	00:55:07.57	00:53:43.14	05:23
2170	2624	SOFIA BARBOSA	Pés de Chumbo	F SENIORES	00:55:08.18	00:53:57.45	05:24
4014	2625	RUI FREIXO	Individual	M SENIORES	00:55:08.69	00:51:43.57	05:11
4734	2626	HELENA FREITAS	Individual	F SENIORES	00:55:08.85	00:52:26.03	05:15
2768	2627	RUI NUNES	TST	M VET 35-40-45	00:55:09.63	00:54:49.75	05:29
2679	2628	PEDRO MEDEIROS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:55:10.93	00:52:54.23	05:18
4171	2629	VICTOR RODRIGUES	G A Monsanto Gascan	M VET 50-55-60	00:55:11.43	00:51:58.15	05:12
5449	2630	NELSON CARLOS RAMOS DE MELO DE MELO	-	M VET 35-40-45	00:55:11.53	00:53:24.82	05:21
845	2631	FAUSTO JOSE FRADE VICENTE	CNA - Clube Natação Amadora	M VET 35-40-45	00:55:11.90	00:53:07.49	05:19
1151	2632	JOÃO GONÇALVES	Ginásio Clube Português	M VET 50-55-60	00:55:12.70	00:53:03.72	05:19
2303	2633	ZUZKA SIMULCIKOVA	Individual	F SENIORES	00:55:12.92	00:52:48.26	05:17
3564	2634	LUIS LOURENÇO	Individual	M SENIORES	00:55:13.07	00:52:20.26	05:15
3739	2635	NUNO ROCHA	Individual	M VET 35-40-45	00:55:13.43	00:52:01.88	05:13
3018	2636	CARLOS BICHO	Individual	M VET 35-40-45	00:55:13.70	00:52:24.75	05:15
3790	2637	ORLANDO DUARTE	Individual	M VET 50-55-60	00:55:14.61	00:53:43.21	05:23
1711	2638	NUNO MOREIRA	Moreira	M VET 35-40-45	00:55:14.88	00:52:36.39	05:16
2178	2639	SÓNIA ANTÃO	Individual	F VET 35-40-45	00:55:14.90	00:54:52.48	05:30
2894	2640	ANDRE CAROÇO	Individual	M SENIORES	00:55:15.13	00:52:52.84	05:18
2295	2641	VÍTOR MANUEL GREGÓRIO DUARTE	Individual	M VET 35-40-45	00:55:15.30	00:54:36.97	05:28
802	2642	EDUARDO AMORIM	Individual	M VET 35-40-45	00:55:15.40	00:53:05.23	05:19
4514	2643	JOÃO BENEVENTE	Individual	M VET 50-55-60	00:55:15.85	00:53:14.89	05:20
3295	2644	ISABEL MARIA COSTA BAPTISTA RODRIGUES RODRIGUES	TomTom	F VET 50-55-60	00:55:16.52	00:54:48.09	05:29
461	2645	ANTONIO MANUEL PEDRO	Individual	M VET 35-40-45	00:55:16.92	00:51:26.25	05:09
5762	2646	BRUNO MATEUS	Associação Jorge Pina	M SENIORES	00:55:17.01	00:53:15.99	05:20
3401	2647	JOÃO PEREIRA	Individual	M VET 50-55-60	00:55:17.27	00:52:35.66	05:16
276	2648	AGOSTINHO RODRIGUES	Individual	M VET 50-55-60	00:55:17.34	00:52:56.02	05:18
2115	2649	SANDRA ARRAIAS	Os Arraias	F VET 35-40-45	00:55:17.39	00:52:51.72	05:18
1095	2650	JOÃO CARRINHO	Individual	M VET 50-55-60	00:55:17.52	00:53:38.80	05:22
768	2651	DIOGO ARRAIAS	Os Arraias	M VET 50-55-60	00:55:17.63	00:52:51.31	05:18
4481	2652	FRANCISCO GAMA	Individual	M VET 50-55-60	00:55:17.96	00:53:37.57	05:22

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1194	2653	JOÃO RIBEIRO	Individual	M VET 35-40-45	00:55:18.68	00:53:18.11	05:20
1677	2654	NUNO BALSAS	Individual	M VET 35-40-45	00:55:19.40	00:53:18.42	05:20
108	2655	BRUNO MIGUEL CALDEIRA E SOUSA	Individual	M SENIORES	00:55:19.44	00:51:27.99	05:09
4229	2656	JOÃO AUGUSTO AUGUSTO	Individual	M VET 35-40-45	00:55:19.72	00:51:06.91	05:07
2281	2657	VIRGILIO AFONSO VAZ VAZ	Individual	M VET 50-55-60	00:55:20.04	00:52:56.78	05:18
5351	2658	ANTÓNIO INÁCIO	-	M VET 35-40-45	00:55:20.11	00:52:43.14	05:17
2963	2659	ARMÉNIO FERNANDO PAIVA ANDRADE ANDRADE	Individual	M VET 50-55-60	00:55:21.22	00:53:10.74	05:20
4590	2660	MARIA SILVA	CCD TRANQUILIDADE	F VET 35-40-45	00:55:21.46	00:53:47.87	05:23
1794	2661	PAULO BORGES	Individual	M VET 35-40-45	00:55:21.52	00:52:41.40	05:17
1888	2662	PEDRO LOPES	Individual	M VET 35-40-45	00:55:22.45	00:54:21.58	05:27
2068	2663	CRISTINA CAETANO	-	F VET 50-55-60	00:55:22.62	00:53:28.54	05:21
1331	2664	JOSÉ SANTOS	Individual	M VET 50-55-60	00:55:23.27	00:53:50.16	05:24
689	2665	CÉLIA SILVEIRA	Clube de Praças da Armada	F VET 35-40-45	00:55:23.36	00:53:16.72	05:20
2850	2666	ALFREDO MARQUES	Individual	M VET 35-40-45	00:55:23.67	00:51:52.15	05:12
3294	2667	ISABEL LADEIRA	Individual	F VET 35-40-45	00:55:23.71	00:51:53.35	05:12
3166	2668	FERNANDO MANUEL LOPES GONÇALVES	Individual	M VET 35-40-45	00:55:23.79	00:53:09.51	05:19
4297	2669	VERA RODRIGUES	Individual	F VET 35-40-45	00:55:23.84	00:53:37.07	05:22
5121	2670	NELSON PINTO	-	M VET 35-40-45	00:55:24.16	00:51:14.54	05:08
4298	2671	VIRGÍNIO PATEIRO	Individual	M VET 35-40-45	00:55:24.34	00:53:37.39	05:22
4665	2672	RUI GONÇALVES	Individual	M VET 50-55-60	00:55:24.59	00:52:59.58	05:18
484	2673	ANTÓNIO SILVA	Fragosos	M VET 35-40-45	00:55:24.68	00:53:44.65	05:23
4521	2675	JOÃO MARQUES	G.D.R.da Reboleira	M VET 35-40-45	00:55:25.26	00:55:25.26	05:33
2439	2676	OSCAR MARQUES	Clube Millennium Bcp	M VET 50-55-60	00:55:25.93	00:51:33.11	05:10
2494	2677	CARLOS MARQUES	Linda-a-Pastora Sporting Clube	M VET 50-55-60	00:55:26.39	00:53:10.58	05:20
3091	2678	DANIEL ALEXANDRE OLIVEIRA ALMEIDA	Party Rock	M JUNIORES	00:55:26.73	00:53:49.42	05:23
115	2679	LUIS COITO	Individual	M VET 35-40-45	00:55:27.01	00:54:51.95	05:30
415	2680	ANN MACPHERSON	Individual	F VET 35-40-45	00:55:27.04	00:53:13.88	05:20
1197	2681	JOÃO RITO	Individual	M VET 50-55-60	00:55:27.96	00:54:41.20	05:29
2107	2682	RUTE SANTOS	Ca Patameiras	F VET 50-55-60	00:55:27.99	00:52:02.19	05:13
5417	2683	ANTONIO BATISTA	-	M VET 50-55-60	00:55:28.11	00:53:07.21	05:19
3755	2684	NUNO BAETA	Individual	M VET 35-40-45	00:55:28.26	00:53:59.95	05:24
4702	2685	VÍTOR ANTUNES	Individual	M VET 35-40-45	00:55:28.37	00:53:32.58	05:22
1664	2686	NUNO PATRAQUIM DA CONCEIÇÃO	Individual	M VET 35-40-45	00:55:28.46	00:54:22.43	05:27
1061	2687	ISABEL SANTOS	LOURDETE PERFUMARIAS	F VET 35-40-45	00:55:29.41	00:55:17.62	05:32
3550	2688	LUÍS CARLOS ALVES COSTA	Individual	M SENIORES	00:55:30.03	00:51:57.71	05:12
4625	2689	PATRÍCIA MACHADO	Individual	F SENIORES	00:55:30.17	00:55:18.21	05:32
2994	2690	BRUNO RICARDO BRANDÃO OLIVEIRA	Party Rock	M VET 35-40-45	00:55:30.71	00:53:52.50	05:24
4338	2691	LYUDMILA PROKOPCHENKO	Individual	F VET 35-40-45	00:55:30.76	00:54:59.00	05:30
3923	2692	PEDRO RODRIGUES	Individual	M VET 35-40-45	00:55:30.83	00:52:17.74	05:14
1750	2693	PABLO RUBEN AVILA SANCHEZ	Individual	M SENIORES	00:55:31.20	00:51:57.07	05:12
3443	2694	JORGE MANUEL SOUSA ALMEIDA	Party Rock	M VET 35-40-45	00:55:31.34	00:53:53.05	05:24
3196	2695	FRANCISCO ALVES	Individual	M SENIORES	00:55:31.36	00:50:30.32	05:04
169	2696	ADELINO LOPES	-	M VET 50-55-60	00:55:31.61	00:53:24.40	05:21
2574	2697	MÁRIO FERRO	Clube Ferroviário de Portugal	M VET 50-55-60	00:55:31.89	00:53:48.29	05:23
3456	2698	JOSÉ EUGÉNIO	Individual	M VET 50-55-60	00:55:32.37	00:52:52.65	05:18
3864	2699	PAULO VARANDAS	Individual	M SENIORES	00:55:32.58	00:53:26.25	05:21
84	2700	CARLOS BENTO	Individual	M SENIORES	00:55:32.99	00:52:17.02	05:14
381	2701	ANABELA FERNANDES RUIVO	Individual	F VET 35-40-45	00:55:33.27	00:53:55.09	05:24
5170	2702	ROBERTO BARROS	-	M SENIORES	00:55:33.34	00:53:40.73	05:23
3281	2703	INÊS MARTINS	Individual	F SENIORES	00:55:34.11	00:54:56.62	05:30
2770	2704	SARA DIAS	TST	F SENIORES	00:55:34.32	00:52:16.84	05:14

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3359	2705	JOÃO EDUARDO TOMAZ NETO	Individual	M VET 35-40-45	00:55:34.42	00:54:56.55	05:30
5111	2706	MIGUEL BERGANO	-	M VET 35-40-45	00:55:34.70	00:53:18.98	05:20
4843	2707	EMMA LOUISE KILNER GOMES	-	F SENIORES	00:55:34.71	00:51:31.18	05:10
337	2708	ANA DOMINGUES	Individual	F VET 50-55-60	00:55:34.96	00:54:26.16	05:27
2137	2709	SARA PAULINO	Individual	F SENIORES	00:55:35.16	00:52:06.59	05:13
1182	2710	JOÃO PEDRO CUNHA	Individual	M JUNIORES	00:55:35.91	00:53:41.45	05:23
842	2711	FATIMA CARDOSO	Individual	F SENIORES	00:55:35.97	00:53:31.70	05:22
4900	2712	NUNO TORRES	-	M SENIORES	00:55:36.13	00:52:51.82	05:18
2409	2713	EDUARDO VIEIRA PINTO	Clube Millennium Bcp	M VET 35-40-45	00:55:36.54	00:54:23.14	05:27
5182	2714	SARA ANDRADE	-	F VET 35-40-45	00:55:37.08	00:54:15.17	05:26
2214	2715	TELMO SOUSA	Individual	M VET 35-40-45	00:55:37.15	00:52:02.14	05:13
3247	2716	HELIA SANTOS	Individual	F SENIORES	00:55:37.51	00:52:15.72	05:14
3141	2717	ELSA NUNES	Individual	F VET 35-40-45	00:55:38.51	00:54:47.78	05:29
711	2718	CLÁUDIA SOFIA SANTOS	Individual	F SENIORES	00:55:38.59	00:54:24.97	05:27
3727	2719	NATACHA MARTINS	SEF RUNNING TEAM	F VET 35-40-45	00:55:38.68	00:53:44.31	05:23
3725	2720	NADIA MARTINS	SEF RUNNING TEAM	F VET 35-40-45	00:55:38.80	00:53:44.62	05:23
1369	2721	LUIS COUTINHO	Mad MaxTeam	M VET 35-40-45	00:55:39.73	00:54:25.99	05:27
1169	2722	JOÃO MIGUEL SERRA	Individual	M VET 35-40-45	00:55:39.77	00:52:34.28	05:16
1660	2723	NUNO GONÇALVES	Individual	M VET 50-55-60	00:55:40.15	00:55:21.88	05:33
2825	2724	ADALBERTO GRILO GRILO	Individual	M VET 50-55-60	00:55:40.97	00:53:19.28	05:20
851	2725	FERNANDO COUTINHO	Mad MaxTeam	M VET 35-40-45	00:55:41.18	00:54:26.49	05:27
1714	2726	NUNO NUNES	Individual	M VET 35-40-45	00:55:41.60	00:54:17.29	05:26
394	2727	ANDRÉ PEREIRA	Individual	M VET 35-40-45	00:55:42.76	00:52:20.36	05:15
2563	2728	CATARINA NICHÓ	Clube Ferroviário de Portugal	F VET 50-55-60	00:55:43.09	00:55:06.96	05:31
3330	2729	JOÃO ARAÚJO	Individual	M SENIORES	00:55:43.15	00:54:56.69	05:30
1464	2730	MANUEL ANTÓNIO LOPES SEQUEIRA	Individual	M VET 50-55-60	00:55:43.34	00:54:22.21	05:27
2248	2731	TIAGO SILVA	Individual	M VET 35-40-45	00:55:43.86	00:51:33.56	05:10
1615	2732	MIGUEL GOMES	Individual	M SENIORES	00:55:43.93	00:52:43.30	05:17
255	2733	TÂNIA RODRIGUES	Individual	F SENIORES	00:55:44.17	00:51:37.73	05:10
744	2734	DANIELA SILVA	Individual	F SENIORES	00:55:45.21	00:51:40.89	05:11
5485	2735	FILIPE MARTINS	-	M VET 35-40-45	00:55:45.28	00:53:59.23	05:24
362	2736	ANA PAULA PINTO	Grupo Cicloturismo Barquinhense	F VET 50-55-60	00:55:45.52	00:52:05.19	05:13
660	2737	CARLOS VITORINO	Grupo Cicloturismo Barquinhense	M VET 35-40-45	00:55:45.82	00:52:05.09	05:13
3519	2738	LARA VALENTE	Individual	F VET 35-40-45	00:55:46.04	00:54:43.49	05:29
2815	2739	PEDRO PEDRINHO	Holmes Place	M VET 50-55-60	00:55:47.04	00:52:09.04	05:13
2594	2740	ADÉLIA CABRAL	Individual	F VET 35-40-45	00:55:47.05	00:52:35.47	05:16
2932	2740	ANTONIO FONSECA	Individual	M VET 50-55-60	00:55:47.05	00:54:17.76	05:26
2577	2742	MARISA GONÇALVES	Clube Ferroviário de Portugal	F VET 35-40-45	00:55:47.09	00:55:12.36	05:32
4133	2743	TERESA MARGARIDA MATEUS RAMALHO RODRIGUES	Individual	F VET 35-40-45	00:55:47.12	00:51:53.31	05:12
5168	2744	RITA CERTÃ	Tartarugas Solidárias	F VET 35-40-45	00:55:47.22	00:52:55.50	05:18
5382	2745	MARTA REIS	-	F VET 35-40-45	00:55:47.59	00:52:07.73	05:13
5387	2746	NUNO SANTOS	-	M VET 35-40-45	00:55:47.86	00:52:03.33	05:13
1233	2747	JORGE BERNARDO BEXIGA CRUZ	Individual	M SENIORES	00:55:48.76	00:53:02.39	05:19
4305	2748	HUGO MARQUES	Mercedes-Benz	M VET 35-40-45	00:55:48.86	00:52:52.58	05:18
646	2749	CARLOS SAMPAIO	Individual	M VET 50-55-60	00:55:49.11	00:54:13.85	05:26
886	2750	FILIPE CARDOSO	Individual	M SENIORES	00:55:49.21	00:53:02.40	05:19
3421	2751	JOAQUIM CAVACO	Individual	M VET 50-55-60	00:55:49.91	00:53:20.59	05:21
5183	2752	SARA MORAIS	TVI	F VET 35-40-45	00:55:50.93	00:53:37.60	05:22
1632	2753	MILAIDA PATRAQUIM DA CONCEIÇÃO	Individual	F VET 35-40-45	00:55:51.21	00:54:45.20	05:29
201	2754	SOFIA PIGNATELLI	-	F VET 35-40-45	00:55:51.33	00:55:39.75	05:34
3278	2755	INÁCIO GONÇALVES	Rail Runners	M VET 50-55-60	00:55:51.52	00:54:45.43	05:29

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
875	2756	FERNANDO PALMA	Individual	M VET 35-40-45	00:55:51.62	00:53:23.68	05:21
1817	2757	PAULO LAPÃO	Individual	M VET 50-55-60	00:55:51.66	00:53:10.06	05:20
4479	2758	FLÁVIO MANUEL OLIVEIRA	"G.A. "" Os Tartarugas""	M VET 50-55-60	00:55:51.70	00:54:39.87	05:28
3035	2759	CARLOS MANUEL MADEIRA TENÓRIO	Individual	M VET 50-55-60	00:55:52.07	00:53:18.24	05:20
3588	2760	LURDES DE JESUS RIBEIRO ALMEIDA SILVA SILVA	Individual	F VET 35-40-45	00:55:52.39	00:54:09.06	05:25
1819	2761	PAULO MADEIRA	Peniche a Correr	M VET 35-40-45	00:55:52.41	00:55:32.39	05:34
938	2762	GILBERTO GONÇALVES	Individual	M VET 50-55-60	00:55:52.43	00:52:31.30	05:16
2028	2763	ROMÃO GUINCHO	Peniche a Correr	M VET 50-55-60	00:55:52.54	00:55:31.03	05:34
2316	2764	FREDERICO AZEVEDO	WIKABOO	M VET 35-40-45	00:55:52.81	00:53:15.71	05:20
542	2765	BRUNO MIGUEL MARTINS LOPES	Individual	M SENIORES	00:55:52.88	00:53:18.66	05:20
3999	2766	RODRIGO AZEVEDO	Individual	M VET 35-40-45	00:55:52.89	00:53:16.21	05:20
5095	2767	MARIA AZEVEDO	WIKABOO	F VET 35-40-45	00:55:52.95	00:53:16.18	05:20
5908	2767	CRISTINA SANTOS	NucleOeiras	F SENIORES	00:55:52.95	00:53:29.03	05:21
2782	2769	GONÇALO FERREIRA	Individual	M VET 35-40-45	00:55:53.06	00:53:16.39	05:20
676	2770	CATARINA LEITÃO	Individual	F SENIORES	00:55:53.28	00:53:26.80	05:21
3383	2771	JOÃO NEVES	Individual	M VET 35-40-45	00:55:53.46	00:55:30.80	05:34
3108	2772	DAVID MARTINHO	Individual	M SENIORES	00:55:53.78	00:52:28.47	05:15
950	2773	GONÇALO FERREIRA DOS SANTOS	Individual	M VET 35-40-45	00:55:53.90	00:55:01.85	05:31
3991	2774	RITA ISABEL BORRALHO CARRAPIÇO	Individual	F SENIORES	00:55:54.43	00:53:14.77	05:20
4425	2775	CARLA PINTO FERNANDES	CORRER LISBOA	F VET 35-40-45	00:55:54.44	00:54:34.03	05:28
2549	2776	ALEXANDRE JORGE	Clube Ferroviário de Portugal	M VET 50-55-60	00:55:54.86	00:53:28.45	05:21
5287	2777	JORGE CHAGAS	-	M SENIORES	00:55:54.97	00:53:05.81	05:19
2055	2778	RUI DOMINGUES	Individual	M VET 50-55-60	00:55:55.21	00:54:46.79	05:29
932	2779	GABRIEL ANTONIO	u.r.d.arranhô	M VET 50-55-60	00:55:55.24	00:53:18.92	05:20
5109	2780	MIGUEL VENTURA	-	M VET 35-40-45	00:55:55.31	00:55:38.35	05:34
72	2781	BRUNO CLARO	correr lisboa	M VET 35-40-45	00:55:55.33	00:53:06.32	05:19
5266	2781	FÁBIO FARINHA	-	M SENIORES	00:55:55.33	00:53:06.24	05:19
292	2783	ALEXANDRA GUERREIRO	CCD-AT	F VET 35-40-45	00:55:56.16	00:52:41.04	05:17
3997	2784	RODOLFO RPAZ	Individual	M VET 35-40-45	00:55:56.79	00:53:25.07	05:21
2006	2785	RITA CAPUCHO	CCD-AT	F VET 35-40-45	00:55:56.80	00:52:44.22	05:17
2256	2786	VANDA FERNANDES	CCD Crédito Agrícola Mútuo	F VET 35-40-45	00:55:56.83	00:53:51.04	05:24
1494	2787	MARCOS MADEIRA MADEIRA	Individual	M VET 35-40-45	00:55:56.91	00:54:36.07	05:28
2666	2788	PAULA MARTINS	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	00:55:57.96	00:52:49.02	05:17
5250	2789	BRUNO AMEIDA DA SILVA	-	M SENIORES	00:55:58.01	00:55:28.45	05:33
4512	2790	JOÃO ALVES	Individual	M SENIORES	00:55:58.03	00:52:31.12	05:16
4465	2791	ELSA RODRIGUES	Individual	F SENIORES	00:55:58.92	00:52:32.12	05:16
4073	2792	SÉRGIO CORDEIRO	ADCR PJ	M VET 35-40-45	00:55:59.18	00:54:57.19	05:30
2395	2793	ANTONIO DUARTE SANTOS	Clube Millennium Bcp	M VET 50-55-60	00:55:59.43	00:52:27.23	05:15
2143	2794	SERGIO FIGUEIREDO	Banco Santander Totta	M VET 35-40-45	00:56:00.94	00:56:00.94	05:37
2321	2795	CÉSAR COSTA	Six Feet Tall	M VET 35-40-45	00:56:01.53	00:52:39.98	05:16
2103	2796	RUI VIEGAS FARIA	Individual	M VET 35-40-45	00:56:02.03	00:53:04.19	05:19
5241	2797	ANA PROENÇA	-	F SENIORES	00:56:02.38	00:52:57.53	05:18
1441	2798	LUIÍS REIS	Individual	M VET 50-55-60	00:56:02.91	00:55:17.92	05:32
5092	2799	MARGARIDA TOMAZ	-	F SENIORES	00:56:03.19	00:55:42.57	05:35
960	2800	GONCALO RIBEIRO	Individual	M VET 35-40-45	00:56:03.21	00:52:43.88	05:17
2758	2801	PAULO JORGE MATOS	TST	M VET 35-40-45	00:56:03.82	00:55:18.95	05:32
2428	2802	LUIIS DA SILVA	Clube Millennium Bcp	M VET 35-40-45	00:56:03.99	00:54:22.98	05:27
6290	2803	JOÃO DIAS	-	M VET 50-55-60	00:56:04.71	00:55:00.96	05:31
5552	2804	NATALYA MARCHEVA	Casa Benfica Algueirão Mem Martins	F VET 50-55-60	00:56:04.84	00:54:52.20	05:30
3734	2805	NELSON OLIVEIRA	Individual	M VET 50-55-60	00:56:04.88	00:54:49.72	05:29
3517	2806	KATARZYNA PISKORCZYK	Individual	F SENIORES	00:56:05.01	00:54:09.48	05:25

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4935	2807	ALEXANDRE GOMES	-	M SENIORES	00:56:05.40	00:55:48.10	05:35
4245	2808	JOSÉ COELHO	Individual	M VET 50-55-60	00:56:05.47	00:52:11.00	05:14
4614	2809	NUNO ANTUNES	Individual	M SENIORES	00:56:05.64	00:52:28.97	05:15
2271	2810	VELOSO MANUELA	Individual	F VET 50-55-60	00:56:05.84	00:55:52.47	05:36
4359	2811	GISELA CARVALHO	Individual	F SENIORES	00:56:05.91	00:55:28.57	05:33
4317	2812	VANESSA SEQUEIRA	Mercedes-Benz	F SENIORES	00:56:06.45	00:54:06.27	05:25
6153	2813	ARTUR CORTE	-	M SENIORES	00:56:06.97	00:52:15.31	05:14
1129	2814	JOÃO CARLOS CAPARICA	Individual	M VET 35-40-45	00:56:07.19	00:54:38.04	05:28
5922	2815	JOÃO MOREIRA	NucleOeiras	M VET 35-40-45	00:56:07.42	00:54:52.79	05:30
1618	2816	MIGUEL MARQUES	Individual	M VET 35-40-45	00:56:07.50	00:54:38.25	05:28
4884	2817	LUIS MAGALHAES	-	M VET 35-40-45	00:56:07.66	00:52:57.42	05:18
73	2818	BRUNO VALERIO	Individual	M VET 35-40-45	00:56:08.08	00:55:54.74	05:36
1318	2819	JOSÉ PEDRO	Individual	M VET 35-40-45	00:56:08.29	00:52:41.88	05:17
5377	2820	JOSE MARTINS	-	M SENIORES	00:56:08.37	00:52:23.95	05:15
1046	2821	INÊS TOSCANO	Individual	F SENIORES	00:56:08.66	00:53:32.63	05:22
4321	2822	ANA PAULA MARTINS	Individual	F VET 50-55-60	00:56:09.42	00:55:26.14	05:33
5639	2823	BERNARD LEHMANN	Juventude Operária Monte Abraão	M SENIORES	00:56:09.49	00:52:27.65	05:15
4577	2824	MARCO BENTO	Individual	M VET 35-40-45	00:56:10.33	00:53:32.41	05:22
5436	2825	JOANA BARROS	-	F VET 35-40-45	00:56:10.48	00:54:14.32	05:26
4172	2826	VICTOR SILVA	Individual	M VET 50-55-60	00:56:10.71	00:55:28.75	05:33
2982	2827	BRUNO FERREIRA	Individual	M SENIORES	00:56:10.81	00:52:13.70	05:14
4755	2828	JOSÉ LUÍS FREITAS	Individual	M VET 50-55-60	00:56:11.32	00:53:28.84	05:21
5488	2829	JOAO AMORIM AMORIM	-	M VET 35-40-45	00:56:11.52	00:53:10.15	05:20
3382	2830	JOÃO MENDES	Individual	M VET 35-40-45	00:56:11.62	00:52:33.03	05:16
3019	2831	CARLOS CORTÊS	Individual	M VET 50-55-60	00:56:12.66	00:54:20.53	05:27
1793	2832	PAULO BETTENCOURT	Individual	M VET 50-55-60	00:56:13.72	00:53:33.18	05:22
4179	2833	VITOR COSTA	Individual	M VET 50-55-60	00:56:14.15	00:53:10.22	05:20
6187	2834	JOSÉ PEREIRA	-	M VET 50-55-60	00:56:14.19	00:52:42.82	05:17
2267	2835	VASCO OURELO	Individual	M VET 35-40-45	00:56:14.79	00:54:11.59	05:26
6191	2836	NUNO CORTE REAL	-	M VET 50-55-60	00:56:14.96	00:52:43.59	05:17
1336	2837	JOSÉ TÚLIO VASCONCELOS	Individual	M VET 35-40-45	00:56:15.14	00:52:42.80	05:17
6217	2838	SUSANA COSTA	-	F VET 35-40-45	00:56:15.17	00:53:11.83	05:20
2625	2839	HUGO MIGUEL FIGUEIRA PAZ FREIRE VENÂNCIO	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:56:15.95	00:54:33.05	05:28
3783	2839	HUGO FONSECA	-	M VET 35-40-45	00:56:15.95	00:52:05.72	05:13
5473	2841	ANA MARGARIDA VIEIRA MARGARIDA	-	F VET 35-40-45	00:56:16.31	00:53:14.88	05:20
4116	2842	SUSANA MARQUES	Road Runners	F VET 35-40-45	00:56:16.36	00:54:55.86	05:30
4724	2843	DIOGO CABRAL	Individual	M SENIORES	00:56:16.62	00:52:28.55	05:15
3099	2844	DANIEL OLIVEIRA	Câmara Lisboa Clube	M VET 50-55-60	00:56:16.87	00:53:24.03	05:21
1795	2845	PAULO CABAÇO	Individual	M VET 35-40-45	00:56:17.25	00:52:42.72	05:17
1917	2846	PEDRO NUNO RAPOSO MIRANDA MIRANDA	Alverca Urban Runners	M SENIORES	00:56:17.94	00:55:16.30	05:32
3784	2847	NUNO SANTIAGO	Individual	M VET 35-40-45	00:56:18.27	00:54:15.39	05:26
2663	2848	OLÍVIA CRISTINA GASPAS	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	00:56:18.36	00:53:36.96	05:22
4999	2848	FERNANDO COELHO	-	M VET 35-40-45	00:56:18.36	00:54:50.96	05:30
2623	2850	FRANCISCO MACHETA	Individual	M VET 35-40-45	00:56:18.50	00:53:37.71	05:22
3729	2851	NATHALIE BARONET	Pés escaldados	F VET 35-40-45	00:56:19.03	00:52:40.93	05:17
2910	2852	ÂNGELA F. GUERREIRO	ADRC Mata de Benfica	F VET 35-40-45	00:56:19.08	00:53:03.91	05:19
2616	2853	ESMERALDO ALEXANDRE PEREIRA	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:56:19.67	00:53:44.63	05:23
2972	2854	BÁRBARA SÁ MARQUES	Individual	F VET 35-40-45	00:56:20.20	00:53:31.75	05:22
1273	2855	JOSÉ ANTÓNIO	Breakaway	M VET 50-55-60	00:56:20.21	00:53:02.35	05:19
4984	2856	DANIELA BARRETO	-	F VET 35-40-45	00:56:21.08	00:54:34.46	05:28
4451	2857	DINA NUNES	Individual	F SENIORES	00:56:21.25	00:52:39.07	05:16

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
812	2858	ELISA PITEIRA	Individual	F VET 50-55-60	00:56:21.36	00:52:58.99	05:18
4004	2859	ROGERIO GASPAR	Individual	M VET 50-55-60	00:56:21.72	00:54:38.31	05:28
4796	2860	RUBEN MAURICIO	Individual	M VET 35-40-45	00:56:22.08	00:53:59.49	05:24
2680	2861	PEDRO MIGUEL JACOB MONTEIRO CAVALHEIRO COSTA	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:56:22.94	00:54:39.30	05:28
1806	2862	PAULO GUEDES	Individual	M VET 35-40-45	00:56:23.04	00:54:12.18	05:26
3898	2863	PEDRO EMANUEL VINHAS NUNES	Nunes Runners	M SENIORES	00:56:23.09	00:51:12.94	05:08
3900	2864	PEDRO FERREIRA	Individual	M VET 35-40-45	00:56:23.16	00:53:34.14	05:22
2986	2865	BRUNO GERALDES	Individual	M VET 35-40-45	00:56:23.49	00:52:34.95	05:16
3173	2866	FILIPA DOS SANTOS SIMÕES ANTUNES MENEZES NUNES	Nunes Runners	F VET 35-40-45	00:56:23.55	00:51:13.52	05:08
653	2867	DANIEL RAMOS	Individual	M VET 35-40-45	00:56:23.57	00:54:22.33	05:27
813	2868	ELISABETE BACELAR LUIS PINTO	Individual	F VET 35-40-45	00:56:24.26	00:54:49.17	05:29
1359	2869	LISA SANTOS	Individual	F VET 35-40-45	00:56:24.28	00:54:38.09	05:28
599	2870	CARLOS CARDOSO	Individual	M VET 50-55-60	00:56:24.32	00:56:02.59	05:37
3941	2871	RAQUEL LEAL	Individual	F SENIORES	00:56:24.76	00:53:31.56	05:22
2264	2872	VASCO CORREIA	Individual	M VET 35-40-45	00:56:24.87	00:52:40.51	05:17
376	2873	ANA SOFIA ROSA	Runners da Frente Ribeirinha da Póvoa de Santa Iria	F VET 35-40-45	00:56:25.75	00:54:02.38	05:25
6212	2874	ARTUR ANTONIO FARINHA	-	M VET 50-55-60	00:56:26.12	00:53:21.10	05:21
2408	2875	DULCE RAMOS	Clube Millennium Bcp	F VET 35-40-45	00:56:26.33	00:55:03.61	05:31
3807	2876	PAULA FIGUEIREDO	Grupo desportivo Santander Totta	F VET 50-55-60	00:56:27.77	00:53:32.46	05:22
106	2877	AFONSO MARQUES DOS SANTOS	Individual	M VET 35-40-45	00:56:28.65	00:56:16.61	05:38
815	2878	ELISABETE JESUS ASSUNÇÃO	Individual	F VET 35-40-45	00:56:28.88	00:52:51.47	05:18
3085	2879	CRISTINA MARIA DA CUNHA MARTINS	Individual	F VET 50-55-60	00:56:29.17	00:54:59.72	05:30
5141	2880	PAULO RIBEIRO	-	M VET 35-40-45	00:56:29.32	00:53:56.37	05:24
2971	2881	AURORA FIGUEIREDO	Clube ANA Lisboa	F VET 50-55-60	00:56:29.48	00:55:20.22	05:33
3663	2882	MARIANA POMBINHO	Clube ANA Lisboa	F SENIORES	00:56:29.60	00:55:20.13	05:33
2504	2883	EDUARDO MENDES	CLUBE VODAFONE	M VET 50-55-60	00:56:29.77	00:53:57.17	05:24
3448	2884	JORGE RODRIGUES	Clube ANA Lisboa	M VET 50-55-60	00:56:29.93	00:55:20.11	05:33
5472	2885	ANA GONÇALVES	-	F SENIORES	00:56:31.21	00:55:16.11	05:32
1365	2886	LUCIO ALBERTO BICHO SILVA	Individual	M VET 50-55-60	00:56:32.16	00:54:10.97	05:26
3245	2887	HELENA LEITÃO	Individual	F VET 35-40-45	00:56:32.28	00:55:51.20	05:36
1749	2888	OTELINDA SOUSA	Individual	F VET 35-40-45	00:56:32.56	00:53:05.16	05:19
3348	2889	JOÃO ANDRÉ SEQUEIRA	Individual	M SENIORES	00:56:32.62	00:55:47.53	05:35
6277	2890	MÁRIO SANTOS	-	M SENIORES	00:56:32.73	00:55:51.52	05:36
1571	2891	MARLENE OLIVEIRA OLIVEIRA	Individual	F VET 35-40-45	00:56:32.76	00:54:47.24	05:29
4602	2892	MIGUEL PEREIRA	2M's	M VET 35-40-45	00:56:32.99	00:53:46.56	05:23
5164	2893	RICARDO RASQUILHA	-	M SENIORES	00:56:33.39	00:52:45.68	05:17
629	2894	CARLOS MANUEL BARROS PEREIRA	Banco Santander Totta	M VET 35-40-45	00:56:33.76	00:53:17.99	05:20
5134	2895	PAULA CRISTINA DINIS	CORRER LISBOA	F VET 35-40-45	00:56:34.71	00:54:53.37	05:30
402	2896	ANDREIA FERNANDES SOBRAL	Individual	F SENIORES	00:56:35.42	00:56:01.82	05:37
952	2897	GONÇALO LOPES	GDCT Unicre	M VET 35-40-45	00:56:35.44	00:55:23.14	05:33
3769	2898	NUNO GOMES	Individual	M VET 35-40-45	00:56:35.75	00:53:50.29	05:24
387	2899	ANDRÉ AMARAL	Individual	F JUNIORES	00:56:36.50	00:53:48.32	05:23
3356	2900	JOÃO DAVIM	Individual	M SENIORES	00:56:37.41	00:55:44.42	05:35
1107	2901	JOÃO MOTA	Correr na Cidade - Canespor	M VET 35-40-45	00:56:37.92	00:52:55.72	05:18
6288	2902	JOANA CALDEIRA	-	F VET 35-40-45	00:56:38.28	00:53:19.58	05:20
2200	2903	SUSANA MARQUES	Peniche a Correr	F SENIORES	00:56:38.68	00:55:03.48	05:31
2131	2904	SARA DIAS	Correr na Cidade - Canespor	F SENIORES	00:56:38.70	00:52:55.75	05:18
751	2905	DAVID GOUFA	Individual	M VET 35-40-45	00:56:38.96	00:54:09.27	05:25
4551	2906	LINO COELHO	Individual	M VET 35-40-45	00:56:39.33	00:55:03.85	05:31
2250	2907	TITAGO CANHOTO	Banco Santander Totta	M VET 35-40-45	00:56:39.50	00:54:19.00	05:26
1730	2908	NUNO SILVA	Individual	M VET 35-40-45	00:56:39.63	00:53:18.84	05:20

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4371	2909	TÂNIA INÁCIO	Individual	F SENIORES	00:56:40.62	00:55:32.11	05:34
6314	2910	PATRICIA RIBEIRO	-	F VET 35-40-45	00:56:40.71	00:54:38.12	05:28
3862	2911	PAULO SILVA	Treino Turistico de Odivelas	M VET 50-55-60	00:56:40.99	00:54:39.26	05:28
3430	2912	JOEL SILVA	Individual	M VET 35-40-45	00:56:41.00	00:54:39.20	05:28
3801	2913	PATRICIA MARUJO	Individual	F SENIORES	00:56:41.25	00:53:35.34	05:22
3194	2914	FRANCISCO FERREIRA	Individual	M VET 35-40-45	00:56:41.74	00:54:37.96	05:28
3860	2915	PAULO SERGIO PEREIRA	Individual	M VET 35-40-45	00:56:42.08	00:54:38.63	05:28
4915	2916	RAQUEL PEDRO	Central de Cervejas	F SENIORES	00:56:42.39	00:53:15.63	05:20
4913	2917	PEDRO CARDOSO	Equipa Central de Cervejas	M SENIORES	00:56:42.52	00:53:15.37	05:20
2466	2918	JOEL FARINHA	Da Silva FF	M SENIORES	00:56:43.19	00:52:38.79	05:16
678	2919	CATARINA MOREIRA	Individual	F SENIORES	00:56:43.52	00:53:33.36	05:22
5441	2920	LÚCIO PINA	-	M SENIORES	00:56:44.22	00:52:33.75	05:16
5094	2921	MARIA ADONIS	-	F VET 35-40-45	00:56:44.70	00:54:30.68	05:28
4882	2922	LILIANA AGOSTINHO	-	F SENIORES	00:56:44.99	00:54:04.21	05:25
4061	2923	SARA BANDEIRA	Individual	F VET 35-40-45	00:56:45.41	00:55:52.89	05:36
328	2924	ANA CAGICA	BRRnightRUNNERS	F VET 35-40-45	00:56:45.58	00:55:53.07	05:36
5010	2924	ALESSANDRO TORRESI	-	M SENIORES	00:56:45.58	00:54:53.83	05:30
4208	2926	CARLA ALEXANDRA RODRIGUES	Individual	F VET 35-40-45	00:56:45.67	00:54:33.51	05:28
1227	2927	JORGE GOMES PEDRO	Individual	M VET 35-40-45	00:56:45.82	00:53:43.25	05:23
644	2928	CARLOS PITEIRA	Individual	M VET 50-55-60	00:56:46.40	00:53:23.18	05:21
3552	2929	LUIS COMPOETE	Individual	M VET 35-40-45	00:56:47.15	00:53:38.63	05:22
3789	2930	OLGA GALVÃO	Individual	F VET 50-55-60	00:56:47.49	00:55:25.50	05:33
135	2931	JORGE MÁXIMO	Individual	M VET 35-40-45	00:56:47.86	00:56:25.65	05:39
3246	2932	HELENA PIRES	Rail Runners	F VET 35-40-45	00:56:48.18	00:55:00.64	05:31
5169	2933	RITA DINIS	CORRER LISBOA	F SENIORES	00:56:48.27	00:55:05.50	05:31
4119	2934	TÂNIA CORREIA	Individual	F SENIORES	00:56:49.53	00:56:07.28	05:37
1672	2935	NUNO ALEXANDRE PEREIRA FERREIRA	Individual	M VET 35-40-45	00:56:49.60	00:53:41.36	05:23
1816	2936	PAULO JOSÉ ESTEVES GONÇALVES	Individual	M VET 50-55-60	00:56:49.98	00:53:42.38	05:23
2550	2937	ANA SILVESTRE	Clube Ferroviário de Portugal	F VET 35-40-45	00:56:51.31	00:53:07.53	05:19
2954	2938	ANTÓNIO SANTOS	IP RUNNERS	M SENIORES	00:56:51.61	00:52:59.34	05:18
4159	2939	VALTER NUNES	CLUBE COLABORADORES AGEAS	M VET 35-40-45	00:56:52.04	00:54:14.37	05:26
2735	2940	JOSÉ INFANTE	TST	M VET 35-40-45	00:56:52.98	00:55:23.69	05:33
2773	2941	SUSANA INFANTE	TST	F SENIORES	00:56:53.08	00:55:23.28	05:33
476	2942	ANTONIO REGO	Individual	M VET 35-40-45	00:56:53.20	00:54:50.28	05:30
3909	2943	PEDRO MIGUEL PEREIRA DOS SANTOS	Individual	M SENIORES	00:56:53.37	00:53:44.38	05:23
3696	2944	MIGUEL ALMEIDA ESTEVES	Individual	M VET 35-40-45	00:56:53.89	00:53:09.08	05:19
2361	2945	MIGUEL MONTEIRO FERNANDES	Individual	M VET 35-40-45	00:56:54.40	00:53:04.99	05:19
4152	2946	TIAGO RODRIGUES	Individual	M SENIORES	00:56:54.43	00:54:39.88	05:28
1692	2947	NUNO FRAGOSO	SerBenfiquista Running Team	M VET 35-40-45	00:56:55.09	00:54:13.26	05:26
3871	2948	PEDRO FERNANDES	Individual	M VET 35-40-45	00:56:55.16	00:54:57.02	05:30
3258	2949	HERNÂNI DE JESUS FERNANDES	Individual	M VET 35-40-45	00:56:55.18	00:54:57.33	05:30
441	2950	ANTÓNIO FARIA	Individual	M VET 50-55-60	00:56:55.69	00:53:52.98	05:24
3960	2951	RICARDO CASTANHEIRA	Madragoa Runners	M SENIORES	00:56:55.91	00:53:17.64	05:20
3237	2952	GUILHERNE MOURA	Madragoa Runners	M SENIORES	00:56:56.09	00:53:18.74	05:20
3221	2953	GERRY SANITZ	ODEBRECHT PORTUGAL	M VET 50-55-60	00:56:56.44	00:53:59.33	05:24
5861	2954	JOSE COELHO	NucleOeiras	M VET 35-40-45	00:56:56.80	00:53:19.49	05:20
2868	2955	ANA LEMOS	Individual	F VET 50-55-60	00:56:56.96	00:56:17.45	05:38
1021	2956	HUGO PEREIRA	Individual	M VET 35-40-45	00:56:57.07	00:54:18.12	05:26
4663	2957	ROGÉRIO FREIRE LUÍS	Individual	M VET 50-55-60	00:56:57.69	00:54:38.52	05:28
4770	2958	NOEMIA MONTEIRO	Individual	F VET 35-40-45	00:56:58.09	00:53:35.61	05:22
2880	2959	ANA SALVADO	Individual	F VET 35-40-45	00:56:58.16	00:54:42.77	05:29

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4291	2960	SERGIO RESENDE	Individual	M VET 35-40-45	00:56:58.70	00:56:27.95	05:39
4219	2961	ELSA FRANCISCO	Individual	F VET 35-40-45	00:56:58.73	00:54:20.20	05:27
5415	2962	ALEXANDRE VASCO	-	M VET 35-40-45	00:56:58.93	00:52:42.16	05:17
2073	2963	RUI MANUEL ESTEVES SALVADO	Corrida Noturna Parque Nações	M VET 35-40-45	00:56:59.22	00:54:43.87	05:29
4301	2964	CARLOS MORAIS	Mercedes-Benz	M VET 35-40-45	00:56:59.38	00:54:10.11	05:26
1608	2965	MIGUEL BERMONTÉ	Individual	M VET 35-40-45	00:56:59.49	00:53:48.66	05:23
6249	2966	FÁBIO LANCA GAUDÊNCIO	-	M SENIORES	00:56:59.68	00:52:51.64	05:18
555	2967	BRUNO TEIXEIRA	Individual	M SENIORES	00:56:59.75	00:54:30.45	05:28
5037	2968	JOAQUIM VALADARES	Valadares	M VET 50-55-60	00:56:59.80	00:55:39.64	05:34
431	2969	ANTÓNIO CAPELA	Individual	M VET 50-55-60	00:57:00.25	00:53:56.80	05:24
270	2970	ADELAIDE MANHICA	Individual	F VET 50-55-60	00:57:00.39	00:54:30.04	05:28
3697	2971	MIGUEL PAIS	VericiouS	M VET 35-40-45	00:57:00.67	00:55:13.34	05:32
1406	2972	LUIS GONZAGA RIBEIRO	Individual	M VET 35-40-45	00:57:00.72	00:56:23.61	05:39
2793	2973	MIGUEL MARQUES	Holmes Place	M VET 35-40-45	00:57:00.75	00:55:09.47	05:31
4377	2974	ANA BICA	ATeam	F SENIORES	00:57:02.15	00:54:07.88	05:25
5310	2975	MÁRIO SANTOS PATRÍCIO	-	M SENIORES	00:57:02.64	00:54:31.96	05:28
4837	2976	CELESTE PEDRO	Tartarugas Solidárias	F VET 35-40-45	00:57:02.82	00:54:10.42	05:26
6198	2977	RAFAEL SOUSA UVA	-	M SENIORES	00:57:03.03	00:54:34.19	05:28
3716	2978	MIGUEL SALGUEIRO	SEF RUNNING TEAM	M VET 35-40-45	00:57:03.27	00:55:08.28	05:31
574	2979	CARLA OLIVEIRA	Individual	F VET 35-40-45	00:57:03.42	00:55:34.54	05:34
2695	2980	SILVIA NEIVA	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	00:57:03.58	00:55:48.31	05:35
906	2981	FLÁVIO FERNANDES	Individual	M SENIORES	00:57:03.73	00:54:58.46	05:30
4422	2982	BRUNO MORAIS	Individual	M VET 35-40-45	00:57:04.00	00:53:19.90	05:20
550	2983	BRUNO RIBEIRO	Individual	M SENIORES	00:57:04.28	00:54:59.96	05:30
5557	2984	LUIZ ROSA	Clube Atletismo Amigos de Belém	M VET 50-55-60	00:57:05.29	00:54:13.80	05:26
1003	2985	HUGO OLIVEIRA	Individual	M VET 35-40-45	00:57:05.83	00:55:37.60	05:34
4275	2986	PEDRO FIGUEIRA	Individual	M VET 35-40-45	00:57:06.36	00:56:04.90	05:37
2254	2987	VALTER NUNES	Individual	M VET 35-40-45	00:57:06.65	00:54:19.80	05:26
6118	2988	ANTÓNIO BILA	Clube Olimpico de Oeiras	M VET 50-55-60	00:57:06.84	00:54:20.83	05:27
1230	2989	JORGE ALVES	Individual	M VET 50-55-60	00:57:07.12	00:55:39.33	05:34
4700	2990	VASCO TAVARES	CORRER LISBOA	M VET 35-40-45	00:57:07.39	00:55:27.09	05:33
3890	2991	PEDRO CARDOSO	Individual	M SENIORES	00:57:07.41	00:52:29.44	05:15
1684	2992	NUNO CARVALHO	Individual	M VET 35-40-45	00:57:07.46	00:55:00.56	05:31
360	2993	ANA PAULA HELENA	Individual	F VET 50-55-60	00:57:07.83	00:57:07.83	05:43
2385	2993	SUSANA AMORIM	CORRER LISBOA	F SENIORES	00:57:07.83	00:55:27.15	05:33
3868	2995	PEDRO BORGES	Ganda Lata Team	M VET 35-40-45	00:57:08.13	00:55:33.12	05:34
5032	2996	JOÃO PAULO	-	M VET 35-40-45	00:57:08.35	00:55:06.76	05:31
3676	2997	MÁRIO LIMA	Run Team Bombarral	M VET 35-40-45	00:57:08.64	00:53:59.92	05:24
5078	2998	LUÍS NUNES	-	M VET 50-55-60	00:57:09.65	00:54:34.74	05:28
152	2999	MICHELE CORREIA	BELEM RUN	F VET 35-40-45	00:57:10.03	00:54:44.91	05:29
2939	3000	ANTÓNIO MANUEL AZEVEDO FERNANDES	Individual	M VET 35-40-45	00:57:10.12	00:54:49.59	05:29
524	3001	BRUNO ALMEIDA	Individual	M SENIORES	00:57:10.46	00:53:08.28	05:19
3058	3002	CÁTIA CASANOVA MARTINS	Carros Vassoura	F SENIORES	00:57:10.66	00:53:02.38	05:19
3464	3003	JOSÉ ADELINO PERAS	Individual	M VET 50-55-60	00:57:11.22	00:53:30.79	05:22
5871	3004	JOÃO GOMES	NucleOeiras	M VET 50-55-60	00:57:11.88	00:53:28.75	05:21
2289	3005	VITOR DUARTE DUARTE	Individual	M VET 50-55-60	00:57:12.64	00:55:10.89	05:32
4459	3006	ELISABETE COSTA	CORRER LISBOA	F VET 35-40-45	00:57:13.31	00:55:55.86	05:36
3849	3007	PAULO MARTINS	Individual	M VET 35-40-45	00:57:13.40	00:54:51.53	05:30
3831	3008	PAULO ANTUNES	Lesmas Alopradas	M VET 35-40-45	00:57:13.69	00:54:52.39	05:30
1130	3010	JOAO CARLOS FERNANDES PESSOA GONCALVES	Individual	M VET 35-40-45	00:57:14.06	00:53:12.04	05:20
1620	3011	MIGUEL PARREIRA	Individual	M VET 35-40-45	00:57:14.74	00:55:45.57	05:35

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4388	3012	ANA PAULA RAMOS	Individual	F VET 35-40-45	00:57:14.98	00:56:54.46	05:42
1567	3013	MARISA SIMÕES	Valejas AC	F VET 50-55-60	00:57:15.15	00:55:07.23	05:31
1515	3014	MÁRIA JOÃO FRANCO	Valejas AC	F VET 35-40-45	00:57:15.21	00:55:07.85	05:31
1027	3015	ILDA SIMÕES	Valejas AC	F VET 35-40-45	00:57:15.22	00:55:07.60	05:31
2113	3016	SANDRA TORRES	Individual	F VET 35-40-45	00:57:15.23	00:55:42.99	05:35
2351	3017	LUIS SANTOS	ODEBRECHT PORTUGAL	M VET 50-55-60	00:57:15.96	00:57:15.96	05:44
3161	3018	FERNANDO AFONSO	Individual	M VET 35-40-45	00:57:16.55	00:54:42.69	05:29
4966	3019	BRUNO SOUSA	-	M SENIORES	00:57:16.62	00:56:53.57	05:42
5100	3020	MARIA DINIS	CORRER LISBOA	F JUNIORES	00:57:17.30	00:55:34.85	05:34
5052	3021	JOSE DINIS	CORRER LISBOA	M VET 35-40-45	00:57:17.78	00:55:34.36	05:34
1267	3022	JOSÉ RIBEIRO	Individual	M VET 50-55-60	00:57:17.94	00:55:20.58	05:33
1000	3023	HENRIQUE RODRIGUES	Individual	M VET 35-40-45	00:57:18.19	00:54:26.50	05:27
4802	3024	TERESA FONSECA	Individual	F SENIORES	00:57:18.81	00:54:36.39	05:28
1857	3025	PEDRO ALMEIDA	Individual	M VET 50-55-60	00:57:18.90	00:55:45.64	05:35
1004	3026	HUGO REIS	Individual	M VET 35-40-45	00:57:19.02	00:56:30.97	05:40
4763	3027	MANUELA GUERREIRO	Individual	F VET 35-40-45	00:57:19.40	00:56:41.56	05:41
1059	3028	ISABEL RUTE CAPARICA	Individual	F VET 35-40-45	00:57:19.88	00:55:51.91	05:36
3812	3029	PAULA LEÃO	Individual	F VET 35-40-45	00:57:20.25	00:53:59.70	05:24
3525	3030	LILIANA HENRIQUES	Individual	F SENIORES	00:57:20.38	00:53:40.63	05:23
3618	3031	MÁRCIO TAVARES	As flechas	M SENIORES	00:57:20.39	00:50:38.83	05:04
1570	3032	MARKUS EBENHOCH	CORRER LISBOA	M VET 35-40-45	00:57:21.19	00:53:50.90	05:24
5300	3033	LUÍS OLIVEIRA	-	M SENIORES	00:57:21.41	00:55:22.39	05:33
3282	3034	INÊS PAIS	Individual	F VET 35-40-45	00:57:21.59	00:55:16.80	05:32
4476	3035	FILIFE GINJA DUARTE	Individual	M SENIORES	00:57:21.64	00:55:32.51	05:34
852	3036	FERNANDO FRANCISCO	Peniche a Correr	M VET 50-55-60	00:57:21.85	00:57:01.74	05:43
4621	3037	NÚRIA ANTUNES	Individual	F SENIORES	00:57:22.16	00:53:47.07	05:23
3120	3038	DIOGO GIL	SEF RUNNING TEAM	M VET 35-40-45	00:57:22.68	00:55:27.69	05:33
5337	3039	RUI RAMOS	-	M VET 50-55-60	00:57:22.95	00:56:59.40	05:42
6241	3040	MARIA TOLENTINO	-	F SENIORES	00:57:23.01	00:55:50.25	05:36
1217	3041	JOAQUIM MELO	Banco Santander Totta	M VET 35-40-45	00:57:23.37	00:56:37.48	05:40
4948	3042	ANIBAL ANTUNES	SCC / Bucelas Aventura	M VET 35-40-45	00:57:23.39	00:55:51.53	05:36
4195	3043	ALFREDO FILIFE PUGA BACELAR	Individual	M VET 50-55-60	00:57:23.72	00:54:04.68	05:25
1516	3044	MARIA JOÃO FRANCO SILVA	Individual	F VET 50-55-60	00:57:23.98	00:54:05.95	05:25
1884	3045	PEDRO LASCASAS	Individual	M SENIORES	00:57:24.01	00:54:40.06	05:29
1635	3046	MÓNICA CUNHA	Individual	F SENIORES	00:57:24.17	00:54:37.03	05:28
2150	3047	SÉRGIO HORTA	Individual	M SENIORES	00:57:24.37	00:53:30.66	05:22
1120	3048	JOÃO ALBUQUERQUE GONÇALVES	Individual	M VET 35-40-45	00:57:24.96	00:54:16.79	05:26
3180	3049	FILIFE COQUIM	Individual	M SENIORES	00:57:26.08	00:55:00.28	05:31
2141	3050	SELMO PINTO	Individual	M SENIORES	00:57:26.10	00:54:17.86	05:26
3210	3051	FRANCISCO PINTO	Individual	M VET 50-55-60	00:57:26.16	00:54:20.14	05:27
1374	3052	LUÍS LIBÂNIO	Individual	M VET 50-55-60	00:57:26.50	00:56:07.97	05:37
1343	3053	JUSTILIANO SILVA	Falcões Selvagens	M VET 50-55-60	00:57:26.70	00:54:57.28	05:30
1703	3054	NUNO LOUREIRO	Falcões Selvagens	M VET 50-55-60	00:57:26.92	00:54:57.15	05:30
2870	3055	ANA MARIA MARQUES	Individual	F VET 35-40-45	00:57:27.04	00:56:12.28	05:38
2438	3056	NUNO RAMINHOS	Clube Millennium Bcp	M VET 35-40-45	00:57:27.21	00:56:53.05	05:42
138	3057	TELMA CATARINO	Individual	F VET 35-40-45	00:57:27.28	00:57:18.78	05:44
4216	3058	DAVID MARTINS	Individual	M SENIORES	00:57:27.32	00:54:59.85	05:30
2406	3059	CELIA LOURENÇO	Clube Millennium Bcp	F VET 35-40-45	00:57:27.49	00:56:53.03	05:42
2207	3060	TANIA SALES	Individual	F VET 35-40-45	00:57:28.03	00:54:09.34	05:25
3693	3061	MERCEDES FONSECA	Os Super	F VET 50-55-60	00:57:28.20	00:53:56.58	05:24
1017	3062	HUGO LIMA	Individual	M VET 35-40-45	00:57:28.29	00:54:40.61	05:29

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
788	3063	DUARTE CAMEIRÃO	Individual	M VET 35-40-45	00:57:28.82	00:53:50.10	05:24
579	3064	CARLA VITORINO	Individual	F VET 35-40-45	00:57:29.71	00:54:11.21	05:26
3746	3065	NUNO MARQUES	Individual	M VET 35-40-45	00:57:30.25	00:57:04.64	05:43
3884	3066	PEDRO BAPTISTA	Individual	M VET 35-40-45	00:57:30.35	00:57:03.52	05:43
4106	3067	SÓNIA CHAMBEL	Road Runners	F VET 35-40-45	00:57:31.06	00:56:09.13	05:37
6121	3068	ISABEL RODRIGUES	Clube Olimpico de Oeiras	F VET 35-40-45	00:57:31.07	00:53:43.27	05:23
6123	3069	JOSÉ CATITA	Clube Olimpico de Oeiras	M VET 50-55-60	00:57:31.25	00:53:44.82	05:23
6182	3070	HENRIQUE MAGALHÃES COELHO	-	M VET 35-40-45	00:57:31.63	00:55:16.90	05:32
1621	3071	MIGUEL PLACIDO	Individual	M VET 35-40-45	00:57:31.70	00:57:17.53	05:44
3791	3072	ORLANDO QUONG	Individual	M VET 35-40-45	00:57:32.20	00:54:04.05	05:25
359	3073	ANA PARDAL	Individual	F SENIORES	00:57:32.24	00:53:55.76	05:24
1847	3074	PEDRO HENRIQUES	Individual	M VET 35-40-45	00:57:32.55	00:55:24.48	05:33
2987	3075	BRUNO MADEIRA	Individual	M VET 35-40-45	00:57:32.71	00:54:11.82	05:26
3309	3076	JAIME AFONSO	CLUBE ANACOM	M VET 50-55-60	00:57:33.46	00:55:20.16	05:33
2614	3077	DORA PIRES PIRES	Serviços Sociais Caixa Geral Depósitos	F VET 50-55-60	00:57:33.68	00:56:03.13	05:37
2671	3078	PAULO PIRES	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:57:33.82	00:56:05.62	05:37
5386	3079	NUNO PACHECO	-	M SENIORES	00:57:33.99	00:56:45.98	05:41
2282	3080	VIRGÍNIA PEREIRA PEREIRA	Individual	F VET 50-55-60	00:57:34.15	00:55:05.70	05:31
6160	3081	JOÃO BRAGA	-	M VET 50-55-60	00:57:34.20	00:53:04.54	05:19
1979	3082	RICARDO COELHO	Individual	M SENIORES	00:57:35.17	00:56:21.10	05:39
1438	3083	LUIS PROENÇA	Individual	M VET 35-40-45	00:57:35.39	00:53:52.66	05:24
3644	3084	MARIA GORETI MARQUES FERNANDES	CLUBE CIMPOR	F VET 50-55-60	00:57:35.57	00:55:19.60	05:32
1098	3085	JOÃO CRESPO	Individual	M VET 35-40-45	00:57:35.77	00:54:20.81	05:27
1633	3086	MIMI DOMINGUES	Individual	F SENIORES	00:57:35.85	00:55:21.06	05:33
3505	3087	JOSÉ SANTOS	Santos & Filho	M VET 50-55-60	00:57:36.44	00:56:44.24	05:41
5450	3088	NUNO BALACÓ	-	M VET 35-40-45	00:57:36.61	00:53:35.42	05:22
1578	3089	MARTIJN BOONS	Individual	M SENIORES	00:57:36.98	00:55:22.41	05:33
1185	3090	JOÃO PEDRO SANTOS	Individual	M VET 35-40-45	00:57:37.54	00:55:12.73	05:32
2955	3091	ANTONIO SOBRAL	Individual	M VET 50-55-60	00:57:37.60	00:54:28.71	05:27
4876	3092	JOSE CARLOS CORREIA	-	M VET 35-40-45	00:57:37.86	00:54:28.35	05:27
3465	3093	JOSÉ ALVES	Individual	M VET 50-55-60	00:57:39.46	00:54:55.91	05:30
5198	3094	VITOR JOSÉ DA SILVA FERREIRA	-	M VET 50-55-60	00:57:39.47	00:54:59.82	05:30
5458	3095	SANDRA SANTOS	Grupo Excursionista Os Económicos	F VET 35-40-45	00:57:39.85	00:55:50.98	05:36
880	3096	FERNANDO SARDINHA	Individual	M VET 35-40-45	00:57:39.88	00:56:10.21	05:38
2066	3097	RUI LOPES	Individual	M VET 35-40-45	00:57:40.84	00:54:06.88	05:25
5135	3098	PAULO D'OLIVEIRA	Asas nos Pés	M VET 50-55-60	00:57:41.19	00:55:18.04	05:32
473	3099	ANTONIO PINTO	Individual	M SENIORES	00:57:41.49	00:53:59.14	05:24
6263	3100	FREDERICO ESTEVES FERREIRA	-	M SENIORES	00:57:42.04	00:54:17.81	05:26
4865	3101	JESUS JORGE	-	M VET 35-40-45	00:57:43.76	00:57:05.15	05:43
1988	3102	RICARDO LAMPREIA	Valejas AC	M VET 35-40-45	00:57:44.48	00:54:12.39	05:26
3854	3103	PAULO PADRÃO	Individual	M VET 35-40-45	00:57:44.54	00:54:22.84	05:27
3361	3104	JOÃO FIGUEIREDO	Câmara Lisboa Clube	M VET 50-55-60	00:57:44.57	00:54:52.52	05:30
4964	3105	BRUNO ARCANJO	-	M SENIORES	00:57:45.24	00:56:20.49	05:39
4063	3106	SARA FULGÊNCIO	Individual	F VET 35-40-45	00:57:45.59	00:55:24.30	05:33
4675	3107	SARA MARTINS	ATeam	F SENIORES	00:57:46.09	00:54:53.22	05:30
5490	3108	MANUEL FERNANDO BATISTA SILVA	-	M VET 50-55-60	00:57:46.12	00:57:36.18	05:46
5475	3109	ANDREA COIMBRA	-	F VET 35-40-45	00:57:46.42	00:54:37.63	05:28
5244	3110	ANTÓNIO LAVAJO	-	M VET 35-40-45	00:57:46.58	00:54:25.98	05:27
1257	3111	JOSE COELHO	Individual	M VET 50-55-60	00:57:46.95	00:54:50.89	05:30
5440	3112	JORGE BRITO BRITO	-	M VET 35-40-45	00:57:47.10	00:53:34.88	05:22
3537	3113	LUÍS CATITA	Individual	M VET 35-40-45	00:57:47.35	00:55:25.46	05:33

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5120	3113	MIKAEL SARAIVA	Hepafiltra	M SENIORES	00:57:47.35	00:54:12.55	05:26
925	3115	FRANCISCO MESTRE GONÇALVES	Individual	M VET 50-55-60	00:57:47.62	00:55:29.34	05:33
2353	3116	MAGDA FARINHA FARINHA	Centro cultural e desportivo dos trabalhadores do metropolitano de lisboa	F SENIORES	00:57:47.76	00:57:33.68	05:46
3735	3117	NELSON TANGANHA	Tinto Lovers	M SENIORES	00:57:48.58	00:53:48.00	05:23
1809	3118	PAULO JESUS	Individual	M VET 35-40-45	00:57:48.67	00:57:07.10	05:43
5927	3119	JOSÉ RAINHO	NucleOeiras	M VET 35-40-45	00:57:49.31	00:54:42.75	05:29
3510	3120	JOSÉ VAZ	Individual	M VET 50-55-60	00:57:49.65	00:55:06.49	05:31
5231	3121	SARA SEZIFREDO	-	F VET 35-40-45	00:57:49.66	00:55:36.37	05:34
4242	3122	JORGE GARCIA	Individual	M VET 35-40-45	00:57:49.91	00:55:06.11	05:31
1830	3123	PAULO RAÍNHO	Individual	M VET 50-55-60	00:57:50.64	00:54:43.03	05:29
382	3124	ANABELA MEIA-VIA	Câmara Lisboa Clube	F VET 35-40-45	00:57:50.69	00:55:00.15	05:31
3287	3125	ISAAC CARRÉLO	CLUBE ANACOM	M VET 50-55-60	00:57:50.71	00:55:07.08	05:31
3327	3126	JOANA MOURA	Individual	F SENIORES	00:57:51.18	00:57:36.05	05:46
1076	3127	JEREMIAS SILVA RIBEIRO	Individual	M VET 50-55-60	00:57:51.81	00:54:58.10	05:30
4656	3128	RAMIRO MIGUEL	Individual	M VET 50-55-60	00:57:53.10	00:56:47.85	05:41
2402	3129	CARLOS TOME	Clube Millennium Bcp	M VET 50-55-60	00:57:53.13	00:54:00.96	05:25
3458	3130	JOSE MOREIRA	Individual	M SENIORES	00:57:53.37	00:57:21.30	05:45
4258	3131	LURDES ANTÓNIO	Individual	F VET 35-40-45	00:57:54.05	00:57:09.91	05:43
707	3132	CLAUDIA MARQUES	GDCT Unicre	F VET 35-40-45	00:57:54.29	00:56:12.78	05:38
1236	3133	JORGE CRUZ	CORRER LISBOA	M VET 35-40-45	00:57:54.45	00:55:46.28	05:35
1776	3134	PAULO DUARTE	GDCT Unicre	M VET 50-55-60	00:57:54.49	00:57:54.49	05:48
571	3135	CARLA FILIPA CARDOSO GOMES	Individual	F VET 35-40-45	00:57:55.56	00:57:32.01	05:46
2171	3136	SOFIA CORDEIRO	BRRnightRUNNERS	F VET 35-40-45	00:57:56.44	00:57:13.36	05:44
4785	3137	PAULO GRAÇA	Individual	M SENIORES	00:57:56.75	00:56:09.54	05:37
1604	3138	MIGUEL ANGEL CAMPO RIBAS	Individual	M VET 35-40-45	00:57:56.88	00:56:13.13	05:38
4118	3139	TABREZ HANIF	Individual	M SENIORES	00:57:57.85	00:55:08.11	05:31
2037	3140	RUI AFONSO	Individual	M VET 35-40-45	00:57:57.97	00:56:20.84	05:39
4356	3141	SUSANA PEREIRA	Individual	F VET 35-40-45	00:57:58.06	00:55:14.13	05:32
1751	3142	PATRICIA BACELAR	Individual	F SENIORES	00:57:58.28	00:54:39.74	05:28
2690	3143	RUI SANTOS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	00:57:58.44	00:53:54.76	05:24
2252	3144	VALERIA MOREIRA	Individual	F VET 35-40-45	00:57:58.94	00:57:17.96	05:44
4235	3145	JOÃO OLIVEIRA	Individual	M VET 35-40-45	00:57:59.37	00:54:49.07	05:29
410	3146	ANGELA ANSELMO	Cofina Runners	F VET 35-40-45	00:58:00.72	00:54:09.13	05:25
659	3147	CARLOS VIEGAS	GDCT Unicre	M VET 50-55-60	00:58:00.88	00:54:30.27	05:28
806	3148	EDUARDO LOBATO SANTOS	Individual	M VET 35-40-45	00:58:01.13	00:57:36.19	05:46
3816	3149	PAULA SILVA	Câmara Lisboa Clube	F VET 50-55-60	00:58:01.28	00:55:02.34	05:31
1722	3150	NUNO RAINHO FERNANDES	Individual	M VET 50-55-60	00:58:01.81	00:57:13.67	05:44
3813	3151	PAULA LEITÃO	Câmara Lisboa Clube	F VET 35-40-45	00:58:02.09	00:55:06.31	05:31
4299	3152	VÍTOR CID	Individual	M VET 35-40-45	00:58:03.01	00:56:51.49	05:42
3297	3153	ISABEL MARQUES	Individual	F VET 50-55-60	00:58:03.02	00:54:22.05	05:27
3609	3154	MANUEL FRANCISCO PERAS	Individual	M VET 50-55-60	00:58:03.15	00:54:22.72	05:27
2957	3155	ANTONIO VALVIANO	Individual	M VET 35-40-45	00:58:03.18	00:54:22.39	05:27
2309	3156	ANTÓNIO PARAMÉS	Individual	M SENIORES	00:58:03.59	00:54:34.29	05:28
3984	3157	RICH NOTZ	Individual	M VET 35-40-45	00:58:04.05	00:56:06.30	05:37
1541	3158	MÁRIO CAETANO	Individual	M VET 35-40-45	00:58:04.17	00:54:02.84	05:25
4506	3159	JOÃO CARDOSO	ATeam	M VET 35-40-45	00:58:04.55	00:53:54.54	05:24
5860	3160	MANUEL FONTINHA	NucleOeiras	M VET 35-40-45	00:58:05.09	00:57:05.55	05:43
3133	3161	EDUARDO JESUS	Individual	M VET 35-40-45	00:58:05.55	00:54:01.15	05:25
1404	3162	LUIS GATINHO	Individual	M VET 35-40-45	00:58:05.76	00:55:31.07	05:34
5865	3163	BEATRIZ LOURENÇO	NucleOeiras	F VET 50-55-60	00:58:06.34	00:57:26.20	05:45
2497	3164	ISABEL LINO	Linda-a-Pastora Sporting Clube	F VET 50-55-60	00:58:06.38	00:55:50.74	05:36

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1609	3165	MIGUEL BUGALHO BUGALHO	Individual	M SENIORES	00:58:06.39	00:54:02.30	05:25
442	3166	ANTÓNIO FIGUEIREDO	Gang Bang	M SENIORES	00:58:08.61	00:57:01.09	05:43
5090	3167	MARCO SANTOS	-	M SENIORES	00:58:08.79	00:55:18.29	05:32
4272	3168	PAULO PINTO	Individual	M VET 35-40-45	00:58:09.02	00:55:09.42	05:31
4285	3169	RUI TEIXEIRA	Individual	M VET 35-40-45	00:58:09.04	00:55:09.80	05:31
1200	3170	JOÃO RODRIGUES	CCD Crédito Agrícola Mútuo	M VET 35-40-45	00:58:09.23	00:55:28.72	05:33
5290	3171	JOSE CARLOS BASTOS	-	M VET 35-40-45	00:58:09.40	00:54:20.50	05:27
5039	3172	JOAQUINA RUIVO	-	F VET 50-55-60	00:58:09.82	00:57:16.86	05:44
936	3173	GERMANO BERNARDO	Individual	M VET 50-55-60	00:58:10.13	00:52:53.44	05:18
4954	3174	ANTÓNIO ALVIM	-	M VET 35-40-45	00:58:10.23	00:55:19.69	05:32
3475	3175	JOSÉ EDUARDO FERNANDES MENDES	Individual	M VET 50-55-60	00:58:10.31	00:57:15.05	05:44
5796	3176	HENRIQUE LINARES	CLUBE DE FUTEBOL " OS BELENENSES "	M VET 50-55-60	00:58:11.95	00:57:40.40	05:47
2831	3177	AFONSO RIBEIRO	Individual	M SENIORES	00:58:11.96	00:56:08.52	05:37
4093	3178	SILVIA PEREZ	Individual	F VET 35-40-45	00:58:12.00	00:55:59.81	05:36
3343	3179	JOÃO VIEIRA	Individual	M VET 50-55-60	00:58:12.84	00:57:32.27	05:46
4953	3180	ANTÓNIO RODRIGUES	-	M SENIORES	00:58:12.97	00:54:11.55	05:26
2075	3181	RUI MARTINS	Grupo desportivo Santander Totta	M VET 35-40-45	00:58:13.40	00:55:23.03	05:33
6173	3182	TIAGO TÚBAL	-	M VET 35-40-45	00:58:13.93	00:54:01.43	05:25
4593	3183	MARÍLIA MACIEIRA	Individual	F VET 35-40-45	00:58:14.25	00:55:51.95	05:36
433	3184	ANTONIO CARLOS CARDOSO FERREIRA	Individual	M VET 35-40-45	00:58:14.64	00:57:04.43	05:43
1881	3185	PEDRO GUERRA	Individual	M VET 35-40-45	00:58:14.75	00:57:04.44	05:43
6230	3186	ANA PIRES DA SILVA	-	F VET 50-55-60	00:58:14.95	00:56:46.23	05:41
1972	3187	RICARDO ARAGÃO	MMR	M VET 35-40-45	00:58:15.01	00:54:20.81	05:27
2591	3188	MARIBEL SILVA	Individual	F VET 35-40-45	00:58:15.13	00:57:51.97	05:48
4674	3189	SANDRO ALMEIDA	Individual	M VET 35-40-45	00:58:15.23	00:54:14.01	05:26
1648	3190	NELSON ROGER ALMEIDA	Individual	M VET 35-40-45	00:58:15.89	00:55:43.39	05:35
588	3191	CARLOS RODRIGUES	Individual	M VET 35-40-45	00:58:17.11	00:56:45.27	05:41
560	3192	CARINA FERREIRA	Individual	F SENIORES	00:58:17.35	00:55:14.04	05:32
1942	3193	RAFAEL MARTINS	Individual	M VET 35-40-45	00:58:17.43	00:54:17.70	05:26
1132	3194	JOÃO CARVALHO	Individual	M VET 35-40-45	00:58:17.62	00:57:49.35	05:47
5013	3195	CAROLINA MANUEL	O mundo da Corrida	F VET 35-40-45	00:58:18.25	00:56:56.99	05:42
2595	3196	ALBERTINO MENDES SEMEDO SEMEDO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:58:18.50	00:56:03.62	05:37
1663	3197	NUNO MACHADO	Individual	M VET 35-40-45	00:58:18.66	00:54:40.88	05:29
2269	3198	VASCO JESUS	Individual	M SENIORES	00:58:18.96	00:55:16.24	05:32
1226	3199	JORGE FIGUEIREDO	Individual	M VET 35-40-45	00:58:19.24	00:56:49.91	05:41
2278	3200	VICTOR AFONSO	Individual	M VET 35-40-45	00:58:20.08	00:56:33.79	05:40
1470	3201	MANUEL JORGE NARCISO	Individual	M VET 50-55-60	00:58:20.63	00:55:13.75	05:32
3376	3202	JOAO LEAL	Individual	M SENIORES	00:58:20.95	00:54:41.31	05:29
4020	3203	RUI BASTOS	Individual	M VET 35-40-45	00:58:21.47	00:56:47.82	05:41
3648	3204	MARIA INÊS UVA	Individual	F SENIORES	00:58:21.63	00:57:04.24	05:43
5189	3205	SUSANA NEVES	OPraticante.pt	F VET 35-40-45	00:58:21.67	00:56:49.36	05:41
1997	3206	RICARDO RODRIGUES	Individual	M VET 35-40-45	00:58:22.16	00:54:37.42	05:28
462	3207	ANTÓNIO MANUEL DOS SANTOS JORGE JORGE	Individual	M VET 50-55-60	00:58:22.47	00:55:58.71	05:36
6300	3208	ACÁCIO TEIXEIRA	-	M VET 50-55-60	00:58:22.54	00:54:17.14	05:26
2896	3209	ANDRÉ D'ALMEIDA	Individual	M SENIORES	00:58:22.74	00:54:35.66	05:28
5177	3210	RUI MIGUEL	OPraticante.pt	M VET 35-40-45	00:58:22.75	00:56:51.03	05:42
1914	3211	PEDRO MURTINHAL	Individual	M VET 35-40-45	00:58:22.93	00:56:25.77	05:39
6301	3212	ALFREDO TAVARES	-	M VET 35-40-45	00:58:23.54	00:54:17.44	05:26
670	3213	CASIMIRO FERREIRA	Clube do Stress	M VET 50-55-60	00:58:24.00	00:55:31.18	05:34
2090	3214	RUI PEDRO RATO	Coxos do Palmeiras	M VET 35-40-45	00:58:24.11	00:55:06.54	05:31
3943	3216	RENATO RAMALHO	Individual	M SENIORES	00:58:24.67	00:54:09.48	05:25

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6240	3217	MARIA ANTÓNIA SALDANHA	-	F VET 35-40-45	00:58:25.55	00:54:57.29	05:30
5495	3218	PATRICIA MARQUES DOS SANTOS	-	F VET 35-40-45	00:58:26.30	00:55:08.74	05:31
4464	3219	ELIZETE DUARTE	AÇOREANA	F VET 35-40-45	00:58:26.84	00:54:25.52	05:27
3917	3220	PEDRO PEREIRA	Clube ANA Lisboa	M VET 35-40-45	00:58:26.87	00:54:33.93	05:28
5157	3221	RAUL FERREIRA	-	M VET 35-40-45	00:58:27.11	00:55:29.99	05:33
2292	3222	VÍTOR JORGE LOPES PEREIRA	Individual	M VET 35-40-45	00:58:28.66	00:56:00.36	05:37
1563	3223	MÁRIO SOBRAL	Individual	M VET 35-40-45	00:58:28.87	00:54:23.29	05:27
3394	3224	JOÃO PEDRO PAIS OSÓRIO	Individual	M VET 35-40-45	00:58:28.98	00:55:32.17	05:34
5042	3225	JORGE GIL	CORRER LISBOA	M VET 35-40-45	00:58:30.96	00:56:46.58	05:41
2829	3226	ADRIANA PAIS	Individual	F SENIORES	00:58:31.39	00:55:27.18	05:33
5271	3227	HELENA PEREIRA	-	F VET 35-40-45	00:58:32.12	00:54:43.03	05:29
912	3228	FRANCISCO COITO	Individual	M VET 50-55-60	00:58:32.76	00:57:10.79	05:44
5051	3229	JOSÉ CORREIA	-	M SENIORES	00:58:32.91	00:54:32.19	05:28
772	3229	DIOGO GONCALO BENEVIDES VIVEIROS	Banco Santander Totta	M SENIORES	00:58:32.91	00:56:07.58	05:37
904	3231	FILOMENA COSTA	Correr Lisboa	F VET 50-55-60	00:58:33.39	00:57:28.49	05:45
3897	3232	PEDRO DOMINGUES	Individual	M VET 35-40-45	00:58:33.83	00:55:48.04	05:35
2471	3233	LÍDIA FARINHA	Da Silva FF	F SENIORES	00:58:34.15	00:56:41.66	05:41
3699	3234	MIGUEL ÂNGELO PUNILHAS GOMES	Individual	M SENIORES	00:58:34.22	00:55:48.67	05:35
1894	3235	PEDRO MACHADO	Individual	M VET 35-40-45	00:58:34.58	00:55:26.08	05:33
3835	3236	PAULO ESTRELA	Clube ANA Lisboa	M SENIORES	00:58:35.89	00:54:45.29	05:29
5053	3237	JOSÉ EDUARDO DE OLIVEIRA MARQUES MARQUES	Marcha e Corrida Jamor	M VET 50-55-60	00:58:37.52	00:55:23.31	05:33
2580	3238	NATAL DA LUZ	Clube Ferroviário de Portugal	M VET 50-55-60	00:58:37.67	00:55:21.36	05:33
5254	3239	CARLOTA MATOS	-	F JUNIORES	00:58:37.92	00:57:16.74	05:44
5181	3240	SARA BEATRIZ BOLÉO	-	F JUNIORES	00:58:38.24	00:57:16.45	05:44
2908	3241	ANDREIA OLIVEIRA	Individual	F VET 35-40-45	00:58:38.72	00:55:04.74	05:31
3304	3242	ISABELLA WIESER WIESER	Individual	M SENIORES	00:58:39.00	00:55:08.43	05:31
600	3243	CARLOS CASINHAS	Individual	M SENIORES	00:58:39.37	00:57:17.03	05:44
1637	3244	MONICA MIGUEIS	Individual	F VET 35-40-45	00:58:39.87	00:54:44.33	05:29
789	3245	DUARTE GONÇALVES	Individual	M VET 35-40-45	00:58:40.80	00:54:57.43	05:30
399	3246	ANDREIA VALE	Cofina Runners	F VET 35-40-45	00:58:41.18	00:54:57.34	05:30
4309	3247	MÓNICA MATOS	Mercedes-Benz	F VET 35-40-45	00:58:42.75	00:56:43.66	05:41
2404	3248	CARLOS FERNANDES	Clube Millennium Bcp	M VET 50-55-60	00:58:43.32	00:58:17.68	05:50
2836	3249	ALBERTO RAMIRES	Individual	M VET 50-55-60	00:58:43.59	00:57:08.41	05:43
1445	3250	LUIS SANTOS	Individual	M VET 35-40-45	00:58:43.65	00:57:32.72	05:46
4160	3251	VALTER SANTOS	Hiscox Lisbon Running Club	M SENIORES	00:58:43.96	00:54:36.11	05:28
3966	3252	RICARDO FIGUEIREDO	Individual	M VET 35-40-45	00:58:44.44	00:55:28.94	05:33
1641	3253	NÉLIA PERDIGÃO	Individual	F VET 35-40-45	00:58:44.57	00:55:59.47	05:36
1284	3254	JOSÉ CARLOS FIGUEIREDO	Individual	M VET 35-40-45	00:58:44.93	00:57:00.29	05:43
2435	3255	NELSON GUIMARÃES	Clube Millennium Bcp	M VET 50-55-60	00:58:45.33	00:55:12.03	05:32
2083	3256	RUI MONTEIRO	Individual	M VET 35-40-45	00:58:45.35	00:57:00.36	05:43
6184	3257	JOAO ALMEIDA	-	M VET 50-55-60	00:58:45.49	00:54:42.71	05:29
501	3258	ARTURO GONZALEZ	Individual	M VET 35-40-45	00:58:45.52	00:56:50.90	05:42
1553	3259	MARIO PINHO	Individual	M VET 50-55-60	00:58:45.53	00:55:25.96	05:33
522	3260	BRUNO ABRANTES	Falcões Selvagens	M VET 35-40-45	00:58:46.48	00:56:19.75	05:38
3239	3261	HELDER ANTÓNIO DIAS RAPOSO	Individual	M VET 35-40-45	00:58:46.63	00:55:39.52	05:34
5098	3262	MARIA CATARINA LOURO	-	F SENIORES	00:58:46.83	00:55:01.22	05:31
5033	3263	JOAO PAULO ALMEIDA	-	M VET 35-40-45	00:58:47.02	00:55:14.36	05:32
5009	3264	FRANCISCO RASQUILHA	-	M SENIORES	00:58:47.12	00:55:00.99	05:31
2977	3265	BOGDAN SANDU	Individual	M SENIORES	00:58:47.14	00:56:52.17	05:42
4626	3266	PATRICIA CARDOSO	Individual	M SENIORES	00:58:49.28	00:56:54.37	05:42
481	3267	ANTÓNIO RUIVO	Individual	M VET 35-40-45	00:58:49.85	00:57:37.85	05:46

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
805	3268	EDUARDO FERREIRA	Individual	M VET 35-40-45	00:58:49.87	00:57:36.67	05:46
3578	3269	LUÍS RIBEIRO	Individual	M SENIORES	00:58:50.67	00:56:39.71	05:40
3126	3270	DIOGO SOARES	Clube ANA Lisboa	M SENIORES	00:58:51.45	00:55:41.98	05:35
2159	3271	SEZINANDA GUERREIRO	Individual	F VET 35-40-45	00:58:51.79	00:55:30.19	05:34
724	3272	CRISTINA CALAFATE	Individual	F VET 35-40-45	00:58:52.52	00:55:40.47	05:35
695	3273	CESAR JOAO RODRIGES LOURENÇO	Individual	M VET 35-40-45	00:58:52.63	00:56:37.61	05:40
1439	3274	LUIS QUITERIO FIALHO	Banco Santander Totta	M VET 35-40-45	00:58:52.74	00:56:37.60	05:40
1547	3275	MARIO COSTA	Individual	M VET 50-55-60	00:58:52.77	00:57:16.01	05:44
4554	3276	LUÍS SOARES	Individual	M SENIORES	00:58:53.03	00:54:55.75	05:30
4653	3277	PEDRO SANTOS	Individual	M VET 35-40-45	00:58:54.20	00:56:51.93	05:42
3192	3278	FLORBELA MORAIS	Correr Lisboa	F VET 35-40-45	00:58:54.39	00:56:41.87	05:41
5259	3279	DAVID ALMEIDA	-	M VET 35-40-45	00:58:54.63	00:56:42.13	05:41
2806	3280	MARISA SERRA	Holmes Place	F VET 35-40-45	00:58:55.09	00:55:12.17	05:32
4154	3281	TITO ANDRADE	Individual	M VET 35-40-45	00:58:55.35	00:57:34.61	05:46
1959	3282	RICARDO BASSO	Individual	M VET 35-40-45	00:58:56.09	00:56:53.24	05:42
1155	3283	JOÃO LANÇA	Individual	M SENIORES	00:58:57.32	00:55:42.86	05:35
308	3284	ALTINO SILVA	Individual	M VET 50-55-60	00:58:58.03	00:57:32.84	05:46
432	3285	ANTÓNIO CARLOS TEIXEIRA DUARTE	Clube do Stress	M VET 50-55-60	00:58:58.24	00:54:48.30	05:29
3224	3286	GONÇALO MIRA	Individual	M SENIORES	00:58:58.33	00:56:03.09	05:37
3049	3287	CARLOTA DE ABOIM BORGES LOPES DE OLIVEIRA	Individual	F SENIORES	00:58:58.57	00:57:07.71	05:43
3409	3288	JOÃO SANTOS	Individual	M JUNIORES	00:58:58.79	00:55:24.98	05:33
1154	3289	JOÃO JORGE	Individual	M VET 35-40-45	00:58:59.32	00:54:55.21	05:30
4499	3290	IRIA FÁTIMA ESTEVES	Individual	F VET 35-40-45	00:58:59.38	00:57:33.98	05:46
2810	3291	NUNO MOLERO	Holmes Place	M VET 35-40-45	00:58:59.39	00:55:15.40	05:32
4169	3292	VESNA BOZANIC	Individual	F VET 35-40-45	00:58:59.40	00:56:41.88	05:41
961	3293	GUERREIRO WILLIAM	Individual	M VET 35-40-45	00:59:00.10	00:55:41.78	05:35
5304	3294	MARCOS ROCHA	-	M VET 50-55-60	00:59:00.22	00:56:46.20	05:41
2968	3295	AUGUSTO VIDEIRA DA COSTA	SEF RUNNING TEAM	M VET 35-40-45	00:59:00.93	00:57:08.67	05:43
3436	3296	JORGE PEREIRA	Individual	M VET 35-40-45	00:59:00.95	00:58:34.34	05:52
3485	3297	JOSÉ GUILHERME BIO	Individual	M JUNIORES	00:59:00.98	00:58:03.27	05:49
3177	3298	FILIPA SÁ SAMPAIO	Individual	F JUNIORES	00:59:01.06	00:58:04.22	05:49
4185	3299	VITOR MASSENA	Individual	M VET 35-40-45	00:59:01.24	00:58:34.73	05:52
1558	3300	MARIO ROGADO	CORRER LISBOA	M VET 35-40-45	00:59:02.70	00:57:46.32	05:47
3325	3301	JOANA LUIZ	Individual	F SENIORES	00:59:03.18	00:56:55.55	05:42
2899	3302	ANDRE MIGUEL CARREIRA VERÍSSIMO	Individual	M SENIORES	00:59:03.58	00:55:21.03	05:33
3839	3303	PAULO JORGE SANTOS VERÍSSIMO	Individual	M VET 35-40-45	00:59:03.83	00:55:21.20	05:33
5356	3304	CARINE PIEDNOEL	-	F VET 35-40-45	00:59:04.07	00:56:50.51	05:42
1146	3305	JOÃO FILIPE MARQUES	Individual	M VET 35-40-45	00:59:04.13	00:56:30.98	05:40
5653	3306	RAÚL FERNANDES	Juventude Operária Monte Abraão	M SENIORES	00:59:04.56	00:58:44.92	05:53
261	3307	MANUEL PEREIRA	Individual	M VET 35-40-45	00:59:04.57	00:57:58.22	05:48
2513	3308	ODÍLIA MARIA FERNANDES PEREIRA	Individual	F VET 35-40-45	00:59:04.81	00:57:51.63	05:48
559	3309	CARLA GALHANO	Individual	F VET 35-40-45	00:59:05.27	00:58:14.40	05:50
4946	3310	ANDREIA TOURAIS	-	F SENIORES	00:59:07.20	00:57:52.53	05:48
6155	3311	CARLOS CORREIA	-	M VET 50-55-60	00:59:09.41	00:56:53.99	05:42
470	3312	ANTÓNIO PEDRO TEIXEIRA	Individual	M VET 35-40-45	00:59:09.76	00:56:07.32	05:37
1474	3313	MANUEL RODRIGUES	Individual	M VET 50-55-60	00:59:10.20	00:58:31.87	05:52
3615	3314	MANUEL PEREIRA	Individual	M SENIORES	00:59:10.41	00:55:19.69	05:32
1510	3315	MARIA GABRIELA MAURÍCIO CARVALHO CARVALHO	Individual	F SENIORES	00:59:11.85	00:56:24.97	05:39
3010	3316	CARLA SEQUEIRA	Individual	F VET 35-40-45	00:59:12.17	00:55:23.68	05:33
3081	3317	CONSTÂNCIO ALMEIDA	G A Monsanto Gascan	M VET 50-55-60	00:59:13.13	00:55:31.19	05:34
4911	3318	PEDRO BURGUETTE	Açoreana Clube	M VET 35-40-45	00:59:13.59	00:55:31.55	05:34

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3156	3319	FERNANDA PRIM	Individual	F VET 35-40-45	00:59:13.73	00:58:18.77	05:50
4603	3320	MIGUEL PINHAL	CCD TRANQUILIDADE	M VET 35-40-45	00:59:14.01	00:55:32.57	05:34
5593	3321	JOSÉ BRÁS RODRIGUES	Individual	M VET 50-55-60	00:59:14.07	00:57:54.29	05:48
2043	3322	RUI SANTOS	Individual	M VET 35-40-45	00:59:14.30	00:57:30.93	05:46
3579	3323	LUÍS RICARDO VAZ PALMA DA SILVA BARBOSA	Individual	M VET 35-40-45	00:59:15.34	00:55:46.70	05:35
4547	3324	JOSÉ SOUSA	Individual	M SENIORES	00:59:15.62	00:55:28.40	05:33
5988	3325	ANTONIO GABRIEL	Individual	M VET 50-55-60	00:59:15.76	00:55:56.41	05:36
4829	3326	BRUNO MIGUEL VIEIRA ALVES DA CRUZ	-	M SENIORES	00:59:16.11	00:54:53.50	05:30
4842	3327	EDGAR REMÉDIOS	-	M SENIORES	00:59:16.20	00:55:28.79	05:33
3139	3328	ELSA CRISTINA DE SOUSA BORDA DE AGUA	Individual	F VET 35-40-45	00:59:16.31	00:55:46.14	05:35
3723	3329	MÓNICA PEREIRA	Individual	F VET 35-40-45	00:59:16.56	00:56:32.39	05:40
2746	3330	MANUEL SANTOS	TST	M VET 50-55-60	00:59:16.66	00:56:00.37	05:37
3604	3331	MANUEL CARDIM	Individual	M VET 50-55-60	00:59:17.92	00:56:02.82	05:37
2464	3332	IVO LIMA	Individual	M VET 35-40-45	00:59:18.50	00:57:17.51	05:44
2139	3333	SARA REIS	Sunday team	F VET 35-40-45	00:59:18.72	00:58:25.35	05:51
2216	3334	TERESA MORENO	Sunday team	F VET 50-55-60	00:59:18.81	00:58:25.51	05:51
4759	3335	LUÍS SILVA	Individual	M SENIORES	00:59:19.20	00:56:24.39	05:39
1770	3336	PAULA PATA	Individual	F VET 35-40-45	00:59:19.41	00:57:34.36	05:46
2990	3337	BRUNO MONTEIRO	Individual	M SENIORES	00:59:19.60	00:56:46.10	05:41
1698	3338	NUNO HENRIQUES	Individual	M VET 35-40-45	00:59:19.71	00:56:29.32	05:39
2794	3339	PAULO ROSA	Holmes Place	M VET 35-40-45	00:59:19.91	00:58:16.00	05:50
1400	3340	LUÍS FELIZ	Individual	M VET 35-40-45	00:59:20.15	00:56:39.47	05:40
3829	3341	PAULO ALEXANDRE FIDALGO	Individual	M SENIORES	00:59:20.34	00:59:01.22	05:55
3978	3342	RICARDO REIS	Individual	M VET 35-40-45	00:59:20.50	00:55:05.93	05:31
3338	3343	JOÃO MALÃO	Individual	M SENIORES	00:59:20.58	00:55:05.45	05:31
2683	3344	RITA QUEIROZ	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	00:59:20.68	00:56:38.08	05:40
4550	3345	LILIANA SANTOS	Individual	F SENIORES	00:59:20.93	00:55:05.99	05:31
3322	3346	JOANA DUARTE	Individual	F SENIORES	00:59:21.18	00:59:01.67	05:55
6243	3347	PAULO ROCHA	-	M VET 35-40-45	00:59:21.46	00:58:44.60	05:53
2492	3348	ARMÉNIO PATRICIO	Linda-a-Pastora Sporting Clube	M VET 50-55-60	00:59:21.67	00:57:43.06	05:47
285	3349	ALBERTO LIXA	Individual	M VET 50-55-60	00:59:21.95	00:58:12.40	05:50
2251	3350	TOMÉ FRANCISCO	Individual	M SENIORES	00:59:22.02	00:57:00.04	05:43
4559	3351	LUIS RIBEIRO ALMEIDA	SANTANDER	M VET 35-40-45	00:59:22.40	00:58:23.90	05:51
4649	3352	PEDRO LOPES	Individual	M SENIORES	00:59:22.41	00:55:06.47	05:31
183	3353	LYUDMILA PROKOPCHENKO	-	F VET 35-40-45	00:59:22.65	00:59:12.86	05:56
1296	3354	JOSÉ INÁCIO MATIAS RICARDO	Individual	M VET 50-55-60	00:59:22.75	00:56:32.16	05:40
5313	3355	NATÁLIA COSTA	-	F VET 35-40-45	00:59:22.85	00:57:03.55	05:43
681	3356	CÁTIA ALVES	Hospital Santa Cruz	F SENIORES	00:59:22.95	00:58:08.62	05:49
5375	3357	JOÃO SILVA	-	M VET 35-40-45	00:59:23.02	00:56:03.49	05:37
5395	3357	PEDRO SILVA	-	M JUNIORES	00:59:23.02	00:56:03.10	05:37
3874	3359	PEDRO MALHEIRO	Tinto Lovers	M VET 35-40-45	00:59:24.34	00:55:22.52	05:33
2597	3360	ÁLVARO FURTADO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	00:59:24.93	00:56:09.38	05:37
2517	3361	PEDRO SANTOS	Individual	M VET 35-40-45	00:59:25.30	00:57:26.06	05:45
4047	3362	RUI XAVIER	Clube EDP - Lisboa	M VET 35-40-45	00:59:25.42	00:56:56.91	05:42
494	3363	ARMINDO LOUREIRO	Individual	M VET 50-55-60	00:59:25.48	00:57:22.56	05:45
4769	3364	NILCILENE ORMOND	CORRER LISBOA	F SENIORES	00:59:26.53	00:57:52.67	05:48
3398	3365	JOÃO PEREIRA	Correr Lisboa	M VET 50-55-60	00:59:26.59	00:58:55.54	05:54
1363	3366	LUCIANO PATRÃO	Individual	M VET 50-55-60	00:59:26.78	00:55:51.20	05:36
4921	3367	SANDRA FERREIRA	-	F SENIORES	00:59:27.17	00:56:40.36	05:41
4858	3368	HERMINIO COSTA	-	M VET 50-55-60	00:59:27.37	00:57:18.75	05:44
1437	3369	LUIS POLICARPO	Individual	M VET 50-55-60	00:59:27.78	00:56:53.83	05:42

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4588	3370	MARIA JOSE BATISTA	"G.A."Os Tartarugas""	F VET 50-55-60	00:59:28.23	00:58:13.03	05:50
966	3371	GUIOMAR SOARES	Runners da Frente Ribeirinha da Póvoa de Santa Íria	F VET 35-40-45	00:59:28.54	00:57:05.24	05:43
6194	3372	PAULA LIMA	-	F VET 35-40-45	00:59:30.46	00:57:14.52	05:44
5371	3373	HUGO LOPES	-	M SENIORES	00:59:30.53	00:55:45.42	05:35
2062	3374	RUI GUERREIRO GUERREIRO	Individual	M VET 35-40-45	00:59:31.08	00:57:56.82	05:48
3201	3375	FRANCISCO FERNANDES FERNANDES	Individual	M VET 35-40-45	00:59:31.24	00:57:02.34	05:43
1961	3376	RICARDO CORREIA	Individual	M VET 35-40-45	00:59:32.15	00:56:43.03	05:41
3158	3377	FERNANDO MARQUES	Individual	M VET 35-40-45	00:59:32.54	00:56:33.48	05:40
3818	3378	PAULO CARVALHO	EngenhariaLiquida	M VET 35-40-45	00:59:34.99	00:59:02.24	05:55
5058	3379	JOSÉ MANUEL ESTEVES FERREIRA	-	M VET 50-55-60	00:59:35.27	00:56:11.91	05:38
4386	3380	ANA MORAES	Individual	F VET 35-40-45	00:59:36.57	00:56:20.77	05:39
4543	3381	JOSÉ PEDRO TOMÉ	Individual	M VET 35-40-45	00:59:36.81	00:56:21.17	05:39
3056	3382	CATARINA FONTINHA	Individual	F VET 35-40-45	00:59:36.94	00:57:09.20	05:43
674	3383	CATARINA COSTA	CANELA&CHOCOLATE	F SENIORES	00:59:36.95	00:57:09.51	05:43
4595	3384	MARIO VINHAS	Individual	M VET 35-40-45	00:59:37.29	00:57:19.15	05:44
3570	3385	LUIS MILHEIRO	Individual	M VET 50-55-60	00:59:37.35	00:57:22.67	05:45
4629	3386	PAULO ANTUNES	Individual	M VET 35-40-45	00:59:37.53	00:57:38.71	05:46
3046	3387	CARLOS TEIXEIRA GONCALVES GONCALVES	Individual	M VET 50-55-60	00:59:37.63	00:57:19.10	05:44
3738	3388	NÍDIA CRISTINA TAVARES AGOSTINHO	Individual	F VET 35-40-45	00:59:38.08	00:57:59.98	05:48
2114	3389	SANDRA ANJOS BATISTA	Correr Lisboa	F VET 35-40-45	00:59:38.66	00:58:22.36	05:51
2047	3390	RUI ALMEIDA	Individual	M VET 35-40-45	00:59:39.22	00:58:01.23	05:49
4406	3391	ANTONIO IRIA	CORRER LISBOA	M VET 35-40-45	00:59:39.90	00:58:23.21	05:51
4959	3392	ARLINDO PARRA	-	M VET 50-55-60	00:59:40.17	00:56:26.75	05:39
361	3393	ANA PAULA CARREIRA	Individual	F VET 35-40-45	00:59:40.77	00:58:54.87	05:54
2158	3394	SÉRGIO TAVARES	CCD Crédito Agrícola Mútuo	M SENIORES	00:59:41.82	00:57:38.69	05:46
6278	3395	RUI DE MESQUITA LUIS LUIS	-	M VET 50-55-60	00:59:42.01	00:57:33.66	05:46
3425	3396	JOAQUIM PAIS	Individual	M VET 50-55-60	00:59:42.43	00:59:03.88	05:55
3632	3397	MARGARIDA SIOPA	Individual	F SENIORES	00:59:42.56	00:58:29.59	05:51
2665	3398	PATRÍCIA TAVARES	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	00:59:42.70	00:57:00.13	05:43
3665	3399	MARIANA VASCONCELOS	Individual	F VET 35-40-45	00:59:43.00	00:58:29.08	05:51
5383	3400	NUNO DUARTE FIDELES QUININO EMERENCIANO	-	M VET 35-40-45	00:59:43.19	00:57:38.00	05:46
1772	3401	PAULA SANTOS	Individual	F VET 35-40-45	00:59:43.25	00:58:51.13	05:54
4987	3402	DAVID SILVA	-	M VET 50-55-60	00:59:43.59	00:59:43.59	05:59
4974	3403	CARLOS FIGUEIRA	OPraticante.pt	M VET 35-40-45	00:59:43.67	00:57:59.59	05:48
2541	3404	JOÃO MARTINS	Individual	M VET 35-40-45	00:59:43.83	00:55:50.95	05:36
4786	3405	PAULO JESUS	CORRER LISBOA	F VET 35-40-45	00:59:44.32	00:56:15.10	05:38
4403	3406	ANTONIO CARLOS SANTOS	CORRER LISBOA	M VET 35-40-45	00:59:44.40	00:56:15.12	05:38
1229	3407	JORGE LOPES	Individual	M VET 50-55-60	00:59:44.82	00:57:23.74	05:45
2922	3408	ANTONIO HENRIQUES	Individual	M VET 50-55-60	00:59:44.99	00:55:54.44	05:36
1814	3409	PAULO JORGE MARTINS DOMINGOS	Individual	M VET 35-40-45	00:59:45.02	00:55:22.37	05:33
5119	3410	MIGUEL SILVA	OPraticante.pt	M JUNIORES	00:59:45.07	00:59:28.95	05:57
2785	3411	MICHELE CORREIA	Individual	F VET 35-40-45	00:59:45.11	00:57:55.79	05:48
5939	3412	MARIANA PEREIRA	Associação de Estilos de Vida Saudável	F VET 50-55-60	00:59:45.18	00:58:11.64	05:50
5205	3413	BÁRBARA RAPOSO	-	M SENIORES	00:59:45.86	00:58:55.91	05:54
2812	3414	PAULO SILVA	Holmes Place	M VET 35-40-45	00:59:46.69	00:57:52.73	05:48
4102	3415	SÓNIA DOMINGOS	Individual	F VET 35-40-45	00:59:46.76	00:58:14.78	05:50
2712	3416	BERNARDO MOREIRA	TST	M SENIORES	00:59:47.16	00:56:06.10	05:37
1394	3417	LUIS DIAS	Individual	M VET 35-40-45	00:59:47.30	00:55:24.57	05:33
5423	3418	DAVID PICO	Wodify Runners	M SENIORES	00:59:47.32	00:55:53.96	05:36
5874	3419	ANTÓNIO PAIS	NucleOeiras	M VET 50-55-60	00:59:47.41	00:55:54.09	05:36
4719	3420	DANIEL LOPES	Individual	M SENIORES	00:59:48.40	00:56:54.24	05:42

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4038	3421	RUI SAMPAIO	Individual	M VET 35-40-45	00:59:48.48	00:56:45.14	05:41
3002	3421	CARLA SAMPAIO	Individual	F VET 35-40-45	00:59:48.48	00:56:45.29	05:41
1039	3423	INÊS FERNANDES MARQUES	Individual	F SENIORES	00:59:49.30	00:56:54.09	05:42
404	3424	ANDREIA SILVA	Auto Jacinto	F SENIORES	00:59:50.04	00:55:45.09	05:35
5598	3425	TERESA PAULA FIGUEIREDO SIMÕES	Individual	F VET 35-40-45	00:59:51.02	00:57:12.86	05:44
2417	3426	JOÃO CUNHA	Clube Millennium Bcp	M VET 50-55-60	00:59:51.31	00:57:48.71	05:47
2890	3427	ANALICE SILVA	Individual	F VET 50-55-60	00:59:51.47	00:57:38.05	05:46
469	3428	ANTÓNIO PEDRO OLIVEIRA	Individual	M VET 35-40-45	00:59:51.61	00:55:42.22	05:35
3870	3429	PEDRO CURVEIRA	Individual	M VET 50-55-60	00:59:52.36	00:58:27.06	05:51
3740	3430	NUNO ALMEIDA	Individual	M VET 35-40-45	00:59:53.65	00:55:53.31	05:36
4380	3431	ANA CRISTINA	Individual	F VET 35-40-45	00:59:54.47	00:59:24.97	05:57
425	3432	ANTÓNIO PEREIRA	GDC Banco de Portugal	M VET 50-55-60	00:59:54.83	00:57:28.94	05:45
1263	3433	JOSÉ MORUJO	Individual	M VET 50-55-60	00:59:55.32	00:56:51.81	05:42
1364	3434	LUCINDA TAVARES	Ca Patameiras	F VET 35-40-45	00:59:55.71	00:59:01.17	05:55
4006	3435	ROSA MARIA FALARDO FALARDO	Individual	F VET 50-55-60	00:59:56.81	00:59:26.21	05:57
4036	3436	RUI PINTO	Individual	M VET 35-40-45	00:59:57.47	00:57:28.14	05:45
116	3437	LUIS DECQ MOTA	Individual	M VET 35-40-45	00:59:57.97	00:57:17.56	05:44
2942	3438	ANTÓNIO MANUEL FREIXO AMARAL	Individual	M VET 50-55-60	00:59:58.82	00:57:33.07	05:46
5402	3439	VANDA OLIVEIRA	-	F VET 35-40-45	00:59:59.15	00:56:43.08	05:41
4986	3440	DAVID GONÇALVES ANDRONICO	-	M VET 35-40-45	00:59:59.84	00:57:42.99	05:47
3761	3441	NUNO DURO SANTOS	Individual	M VET 35-40-45	01:00:00.79	00:56:03.22	05:37
3596	3442	MANUEL LOPES BARBOSA	Individual	M VET 50-55-60	01:00:00.86	00:59:28.18	05:57
6275	3443	BRUNO DOMINGOS	-	M SENIORES	01:00:00.95	00:57:00.68	05:43
3048	3444	CARLOS VIEIRA	ADCR PJ	M VET 35-40-45	01:00:00.96	00:58:58.64	05:54
2518	3445	REBECA BASTOS	CLUBE VODAFONE	F SENIORES	01:00:01.10	00:58:02.06	05:49
3256	3446	HENRIQUE VA	Individual	M SENIORES	01:00:01.39	00:57:21.01	05:45
3577	3447	LUÍS REIS	Falcões Selvagens	M VET 50-55-60	01:00:01.58	00:57:33.05	05:46
2828	3448	ADOLFO SALAZAR	Clube EDP - Lisboa	M VET 50-55-60	01:00:01.68	00:56:53.02	05:42
4880	3449	JOSÉ MIGUEL MOREIRA	-	M SENIORES	01:00:02.10	00:55:58.93	05:36
5030	3450	JOÃO MARTINS	"Grupo excursionista ""os económicos"""	M VET 35-40-45	01:00:02.44	00:58:13.47	05:50
4930	3451	TOZÉ CORREIA	-	M SENIORES	01:00:03.74	00:55:55.74	05:36
3336	3452	JOÃO GUERREIRO	Individual	M SENIORES	01:00:05.46	00:56:29.24	05:39
1630	3453	MIGUEL VIEIRA PITA	Individual	M SENIORES	01:00:06.48	00:58:17.11	05:50
4797	3454	RUI BARATA	CCD TRANQUILIDADE	M VET 50-55-60	01:00:06.73	00:58:00.40	05:49
2161	3455	SILVIA BARATA	Individual	F VET 35-40-45	01:00:08.68	00:57:33.85	05:46
2204	3456	TANIA CARVALHO	Individual	F SENIORES	01:00:09.11	00:58:05.85	05:49
5587	3457	RUI MIGUEL FRIEZAS ALDEANO	Individual	M SENIORES	01:00:10.02	00:56:58.58	05:42
4281	3458	RICARDO MALTA	Individual	M SENIORES	01:00:10.38	00:56:59.77	05:42
3174	3459	FILIPA FRANCISCO	SEF RUNNING TEAM	F VET 35-40-45	01:00:10.43	00:58:21.66	05:51
4819	3460	ANIBAL ESTEVES	-	M VET 35-40-45	01:00:10.72	00:58:46.48	05:53
4619	3461	NUNO PEREIRA	Sporting Clube de Casainhos	M VET 35-40-45	01:00:11.49	01:00:11.49	06:02
5074	3462	LUÍS FELICIANO	-	M SENIORES	01:00:11.93	00:56:29.12	05:39
4284	3463	RUI MARTINS	Individual	M VET 35-40-45	01:00:12.42	00:58:30.78	05:52
4874	3464	JORGE CRUZ	-	M SENIORES	01:00:12.57	00:58:48.71	05:53
5282	3465	JOAO ESTEVES	-	M VET 35-40-45	01:00:12.95	00:58:12.49	05:50
5264	3466	EDUARDO FONTES DE CARVALHO	-	M VET 50-55-60	01:00:13.05	00:58:12.61	05:50
3024	3467	CARLOS FERREIRA	Câmara Lisboa Clube	M VET 50-55-60	01:00:13.15	00:57:18.99	05:44
6183	3468	JOANA MATOS	-	F SENIORES	01:00:13.93	00:57:26.38	05:45
4146	3469	TIAGO MARQUES MARQUES	Individual	M SENIORES	01:00:13.99	00:57:01.64	05:43
5269	3470	GABRIELA MARQUES	-	F VET 35-40-45	01:00:14.55	00:59:23.31	05:57
858	3471	FERNANDO CHASQUEIRA	Individual	M VET 50-55-60	01:00:16.09	00:57:02.06	05:43

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5562	3472	DALIA LEITE	Clube Atletismo Odimarq	F VET 50-55-60	01:00:16.38	00:58:51.57	05:54
2607	3473	CARLOS GONÇALVES	Serviços Sociais Caixa Geral Depósitos	M SENIORES	01:00:18.56	00:56:06.06	05:37
1925	3474	PEDRO RIBEIRO	CASA DO PESSOAL DA RTP	M VET 35-40-45	01:00:18.72	00:58:15.88	05:50
1899	3475	PEDRO MARTINS	CASA DO PESSOAL DA RTP	M VET 35-40-45	01:00:18.83	00:58:16.56	05:50
4137	3476	TIAGO VEIGA	Grupo desportivo Santander Totta	M SENIORES	01:00:19.44	00:59:18.47	05:56
920	3477	FRANCISCO JANUARIO	Individual	M VET 35-40-45	01:00:19.60	00:59:18.69	05:56
1797	3478	PAULO CARNEIRO	Road Runners	M VET 35-40-45	01:00:19.90	00:58:20.40	05:51
5093	3479	MARIA LUCIO	-	F VET 35-40-45	01:00:20.26	00:58:30.51	05:52
1612	3480	MIGUEL CUNHA	Individual	M VET 35-40-45	01:00:20.46	00:57:16.11	05:44
131	3481	CARLOS CATRAINO	Individual	M VET 50-55-60	01:00:21.54	01:00:12.41	06:02
5148	3482	PEDRO CARREIRA	-	M VET 35-40-45	01:00:21.55	00:57:51.48	05:48
2001	3483	RILDO SOARES	Runners da Frente Ribeirinha da Póvoa de Santa Íria	M VET 35-40-45	01:00:21.61	00:57:59.60	05:48
5279	3484	JOANA FARINHA	-	F SENIORES	01:00:22.74	00:56:06.14	05:37
6197	3485	PEDRO VIEIRA	-	M VET 35-40-45	01:00:23.08	00:58:08.83	05:49
4304	3486	FERNANDO DIAS	Mercedes-Benz	M VET 50-55-60	01:00:23.98	00:57:07.86	05:43
5253	3487	CARLA BERNARDINO	-	F VET 35-40-45	01:00:24.03	00:57:27.13	05:45
4530	3488	JOAO VEIGA	Individual	M VET 50-55-60	01:00:24.50	00:57:28.20	05:45
601	3489	CARLOS CLARO	Jovens da Serra das Minas	M VET 50-55-60	01:00:24.70	00:57:31.83	05:46
2441	3490	PAULO RAMALHO	Clube Millennium Bcp	M VET 35-40-45	01:00:25.94	00:58:33.50	05:52
4124	3491	TÂNIA GLÓRIA COSTA DE SOUSA	Individual	F VET 35-40-45	01:00:26.00	00:57:31.44	05:46
4086	3492	SÉRGIO SIMÕES	Individual	M SENIORES	01:00:26.23	00:57:19.92	05:44
2945	3493	ANTÓNIO MARTINS	Individual	M VET 50-55-60	01:00:26.81	00:58:03.91	05:49
958	3494	GONÇALO POMBO	Pés de Chumbo	M SENIORES	01:00:26.94	00:59:15.33	05:56
1941	3495	RAFAEL CAETANO	Individual	M SENIORES	01:00:27.32	00:59:26.31	05:57
374	3496	ANA SOFIA NUNES	Individual	F SENIORES	01:00:28.28	00:59:27.34	05:57
4616	3497	NUNO GONÇALO MARTINS PICAMILHO	Individual	M VET 35-40-45	01:00:28.48	00:56:27.07	05:39
354	3498	ANA MARTINS	Individual	F VET 35-40-45	01:00:28.51	01:00:28.51	06:03
3640	3498	MARIA DA CONCEICAO FIGUEIREDO DA CUNHA	ASAS NOS PES	F VET 50-55-60	01:00:28.51	00:58:05.07	05:49
5340	3500	SOFIA FERREIRA	Fourastics	F SENIORES	01:00:28.62	00:59:05.10	05:55
2209	3501	TATIANA ILDEFONSO	Individual	F SENIORES	01:00:29.02	01:00:29.02	06:03
3543	3502	LUIS AFONSO	Individual	M VET 50-55-60	01:00:31.42	00:58:22.95	05:51
685	3503	CÁTIA LICIA MARTINS DE SOUSA	Individual	F SENIORES	01:00:32.20	00:57:54.44	05:48
2374	3504	RITA SALDANHA	CORRER LISBOA	F SENIORES	01:00:33.20	00:59:24.65	05:57
2369	3505	PAULO SILVA	Individual	M VET 35-40-45	01:00:34.17	00:59:04.41	05:55
3841	3506	PAULO LINO MARTINS	Individual	M VET 35-40-45	01:00:34.21	00:59:11.98	05:56
2130	3507	SARA CRISTO E SILVA	Individual	F VET 35-40-45	01:00:34.54	00:59:12.16	05:56
734	3508	DAFNE GONÇALVES	Individual	F SENIORES	01:00:34.67	00:57:28.28	05:45
2610	3509	CRISTIANA REIS	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:00:35.11	00:58:54.06	05:54
985	3510	HELENA SOUSA	Individual	F VET 35-40-45	01:00:35.73	00:57:00.74	05:43
4628	3511	PAULA ESPIGUINHA	Individual	F VET 35-40-45	01:00:36.09	00:58:35.89	05:52
1768	3512	PAULA NETO	CCD Crédito Agrícola Mútuo	F VET 50-55-60	01:00:36.92	00:58:11.86	05:50
4129	3513	TELMA MOREIRA	Individual	F SENIORES	01:00:37.20	00:57:14.00	05:44
4022	3514	RUI COSTA PINTO	Individual	M VET 50-55-60	01:00:37.76	00:58:19.91	05:50
5357	3515	CLÁUDIO CORTEZ	-	M VET 35-40-45	01:00:38.10	00:59:40.15	05:59
1342	3516	JÚNIA ANACLETO	Individual	F VET 50-55-60	01:00:38.29	00:58:12.17	05:50
1535	3517	MARIA TERESA LIMA RODRIGUES	Individual	F VET 50-55-60	01:00:38.36	01:00:38.36	06:04
464	3518	ANTÓNIO MENDES	Individual	M VET 50-55-60	01:00:39.94	00:57:53.05	05:48
2302	3519	ZAIDA MENDES	Individual	F VET 35-40-45	01:00:40.13	00:57:53.24	05:48
3072	3520	CHRISTINA GIACOSA	Individual	F SENIORES	01:00:40.57	00:56:57.18	05:42
3360	3521	JOAO EUSEBIO	Individual	M VET 35-40-45	01:00:40.64	00:59:46.01	05:59
4917	3522	RICARDO EMANUEL PEREIRA GASPAR	-	M SENIORES	01:00:40.76	01:00:25.00	06:03

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3480	3523	JOSÉ GALVEIA	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	M VET 50-55-60	01:00:40.79	00:57:47.43	05:47
2206	3524	TANIA PATRICIA SILVA FERNANDES GONCALVES	Individual	F VET 35-40-45	01:00:41.06	00:56:39.45	05:40
2163	3525	SILVIA CARVALHO	Individual	F VET 35-40-45	01:00:42.60	00:59:58.76	06:00
3454	3526	JOSÉ COSTA FARIA	Individual	M VET 50-55-60	01:00:42.95	01:00:05.46	06:01
4431	3527	CARLOS JESUS	Individual	M SENIORES	01:00:44.51	00:57:10.02	05:44
2310	3528	ANTONIO ALVES	ODEBRECHT PORTUGAL	M VET 50-55-60	01:00:44.84	00:58:47.26	05:53
3292	3529	ISABEL DIAS	Individual	F VET 50-55-60	01:00:45.45	00:59:13.64	05:56
2331	3530	FILIPE RODRIGUES	Individual	M SENIORES	01:00:45.59	00:56:49.09	05:41
466	3531	ANTÓNIO ÓSCAR ASSUNÇÃO	Individual	M VET 35-40-45	01:00:46.39	00:57:09.06	05:43
649	3532	CARLOS SEPULVEDA	Individual	M VET 35-40-45	01:00:46.79	00:58:47.60	05:53
3291	3533	ISABEL VENÂNCIO	Individual	F VET 35-40-45	01:00:46.89	00:59:43.55	05:59
4623	3534	PATRICIA ALVES	Individual	F VET 35-40-45	01:00:47.41	00:56:50.07	05:42
4463	3535	ELIZA FERNANDES	Individual	F VET 35-40-45	01:00:47.54	00:56:50.48	05:42
4364	3536	PAULA LEITÃO	Individual	M VET 35-40-45	01:00:47.60	00:59:39.87	05:58
3645	3537	MARIA HELENA CARDOSO GOMES DE LACERDA	Individual	F VET 50-55-60	01:00:48.41	00:59:49.50	05:59
2886	3538	ANABELA BASTOS	Individual	F VET 50-55-60	01:00:48.68	00:58:43.37	05:53
4394	3539	ANDRÉ DE ALMEIDA E SILVA	Individual	M SENIORES	01:00:49.12	00:56:37.17	05:40
3495	3540	JOSE MIRANDA	Individual	M VET 50-55-60	01:00:49.79	00:58:44.88	05:53
3598	3541	MANUEL PRATES	Atletismo Vidense	M VET 35-40-45	01:00:49.95	00:58:20.39	05:51
2419	3542	JOÃO ZARRO	Clube Millennium Bcp	M VET 35-40-45	01:00:50.10	00:57:12.98	05:44
4064	3543	SARA PRATES	Individual	F VET 35-40-45	01:00:50.14	00:58:20.95	05:51
1419	3544	LUIS MIGUEL MIRANDA	Individual	M VET 35-40-45	01:00:50.24	00:59:19.28	05:56
168	3545	GONÇALO DURÃO	Individual	M SENIORES	01:00:50.37	00:58:21.45	05:51
1162	3546	JOÃO MELO	Individual	M SENIORES	01:00:50.99	00:57:05.01	05:43
4231	3547	JOÃO ESCOVAL	Individual	M VET 35-40-45	01:00:51.36	00:57:05.76	05:43
167	3548	MARGARIDA SANTOS	Individual	F SENIORES	01:00:51.81	00:58:22.21	05:51
4401	3549	ANTÓNIO CANHOTO	Individual	M SENIORES	01:00:53.50	00:56:44.43	05:41
4640	3550	PAULO ROSA	Individual	M VET 35-40-45	01:00:53.97	00:57:26.12	05:45
1483	3551	MARCO CARDOSO	Individual	M VET 35-40-45	01:00:54.75	00:57:50.77	05:48
3189	3552	FLAVIO BEXIGA	Porto	M VET 35-40-45	01:00:55.40	00:57:19.37	05:44
2434	3553	MIGUEL AZEVEDO	Clube Millennium Bcp	M VET 35-40-45	01:00:55.56	00:56:47.85	05:41
3804	3554	PATRICIA SANTOS	Asas nos Pés	F SENIORES	01:00:55.96	00:58:33.64	05:52
2094	3555	RUI RIBEIRO	Individual	M VET 35-40-45	01:00:56.88	00:59:18.63	05:56
3675	3556	MÁRIO LAMEIRÃO	Casa Benfica Algueirão Mem Martins	M VET 50-55-60	01:00:56.97	01:00:31.54	06:04
4226	3557	JOANA RITA GOMES VIÃES	Individual	F SENIORES	01:00:57.24	00:58:28.84	05:51
1907	3558	PEDRO MIGUEL COSTA FERNANDES	Individual	M VET 35-40-45	01:00:58.05	00:57:40.92	05:47
4600	3559	MIGUEL CACHAO	Individual	M VET 35-40-45	01:00:59.72	00:56:42.77	05:41
3613	3560	MANUEL PAIVA	Individual	M VET 50-55-60	01:01:00.26	00:58:49.98	05:53
3886	3561	PEDRO BENTO	Individual	M VET 35-40-45	01:01:01.67	00:58:00.58	05:49
4696	3562	VANDA COVAS	CORRER LISBOA	F VET 35-40-45	01:01:02.19	00:58:10.18	05:50
5326	3563	RAQUEL VICTOR	-	F SENIORES	01:01:02.20	01:00:04.92	06:01
4726	3564	DOMINGOS BRITES	Individual	M VET 50-55-60	01:01:02.93	01:00:18.02	06:02
3346	3565	JOÃO AMARO	Individual	M VET 35-40-45	01:01:02.97	00:57:28.48	05:45
3893	3566	PEDRO COSTA	Individual	M VET 50-55-60	01:01:03.21	00:58:22.89	05:51
4222	3567	HERMANO SOUSA	Individual	M VET 35-40-45	01:01:03.74	00:58:43.25	05:53
2367	3568	PAULA MAGALHÃES	Six Feet Tall	F VET 35-40-45	01:01:04.23	00:58:48.02	05:53
2366	3569	ORLANDO SANTOS SILVA	Six Feet Tall	M VET 35-40-45	01:01:04.58	00:57:45.17	05:47
2051	3570	RUI CARVALHO	Individual	M VET 35-40-45	01:01:04.77	00:57:01.64	05:43
4661	3571	RITA MAIO	Individual	F JUNIORES	01:01:04.83	00:59:53.10	06:00
3168	3572	FERNANDO PEREIRA	Individual	M VET 35-40-45	01:01:04.89	00:58:05.54	05:49
5379	3573	LARA LEITE	-	F SENIORES	01:01:05.29	00:58:27.89	05:51

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2668	3574	PAULO ABREU	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	01:01:06.60	00:58:54.84	05:54
4029	3575	RUI HENRIQUES HENRIQUES	ADRC Mata de Benfica	M VET 50-55-60	01:01:06.98	01:01:06.98	06:07
3830	3576	PAULO ANDRÉ ROSADO	Individual	M VET 50-55-60	01:01:07.10	00:57:16.73	05:44
5424	3577	DAVID TAVARES	-	M VET 35-40-45	01:01:08.33	00:59:26.56	05:57
3015	3578	CARLOS PIRES	Ganda Lata Team	M VET 50-55-60	01:01:08.38	00:59:33.13	05:58
694	3579	CESAR FIALHO GUERRA	Individual	M VET 35-40-45	01:01:08.68	00:57:55.27	05:48
3561	3580	LUÍS GOIS	Individual	M VET 35-40-45	01:01:10.30	00:58:20.53	05:51
3204	3581	FRANCISCO JOSÉ PEREIRA	Individual	M VET 50-55-60	01:01:10.57	01:00:40.21	06:05
1174	3582	JOÃO PAULO AMARO JORGE	Individual	M VET 35-40-45	01:01:11.01	00:59:26.80	05:57
155	3583	FERNANDO MEDINA	Individual	M VET 35-40-45	01:01:11.67	00:57:52.36	05:48
5921	3584	SUSANA MENDES	NucleOeiras	F VET 35-40-45	01:01:11.72	00:57:36.26	05:46
436	3585	ANTONIO CORREIA FERNANDES	Individual	M VET 35-40-45	01:01:12.02	00:59:27.88	05:57
3802	3586	PATRICIA OLIVEIRA	Individual	F SENIORES	01:01:12.77	00:57:40.95	05:47
2155	3587	SERGIO RODELO	Individual	M VET 35-40-45	01:01:13.23	00:56:57.35	05:42
396	3588	ANDRÉA ALMEIDA	Individual	F VET 35-40-45	01:01:14.02	00:57:50.27	05:48
3535	3589	LUÍS ANTUNES	G A Monsanto Gascan	M VET 50-55-60	01:01:14.45	00:58:18.70	05:50
1450	3590	LUIS VICENTE	Individual	M VET 35-40-45	01:01:15.06	00:59:52.13	06:00
420	3591	ANTÓNIO FERREIRA	Individual	M SENIORES	01:01:15.43	00:58:35.56	05:52
3934	3592	RAFAEL AUGUSTO	Individual	M SENIORES	01:01:15.84	00:59:16.59	05:56
2288	3593	VITOR CARDOSO	GDCTINCM	M VET 35-40-45	01:01:16.08	00:57:56.91	05:48
1179	3594	JOÃO PAULO NUNES GODINHO DOMINGUES	Individual	M VET 35-40-45	01:01:16.17	00:57:27.21	05:45
5556	3595	ALBERTO CANO	Clube Atletismo Amigos de Belém	M VET 50-55-60	01:01:16.30	00:57:55.70	05:48
2647	3596	LUIS COSTA	Serviços Sociais Caixa Geral Depósitos	M SENIORES	01:01:16.93	00:57:05.95	05:43
391	3597	ANDRÉ CHANOCA	Individual	M VET 35-40-45	01:01:17.14	01:00:50.60	06:06
4580	3598	MARGARIDA MARTINS	Individual	F SENIORES	01:01:18.04	00:59:58.34	06:00
2011	3599	RITA GONLAVES LUPI MARQUES MOGO FERNANDES	Individual	F SENIORES	01:01:18.89	00:58:31.14	05:52
3207	3600	FRANCISCO MANUEL SILVA	Individual	M VET 50-55-60	01:01:18.93	00:58:50.29	05:54
2838	3601	ALBERTO JOSÉ RAMOS LOPES BISPO	Makongo Runners	M VET 35-40-45	01:01:19.77	00:57:25.70	05:45
690	3602	CÉLIA CORTE	Individual	F SENIORES	01:01:20.17	00:59:59.62	06:00
1402	3603	LUIS FILIPE COSTA	Individual	M VET 50-55-60	01:01:20.51	01:01:20.51	06:09
4703	3604	VITOR FERNANDES	Makongo Runners	M VET 35-40-45	01:01:20.59	00:57:24.91	05:45
5262	3605	DIOGO PALMA	-	M SENIORES	01:01:20.88	00:57:35.06	05:46
3147	3606	ESMERALDA RAMALHO	Individual	F VET 35-40-45	01:01:21.02	01:00:52.56	06:06
3396	3607	JOÃO PEDRO ROSA FERREIRA	Individual	M SENIORES	01:01:21.57	00:59:56.19	06:00
3216	3608	FREDERICO SOUSA	LEBRES E TARTARUGAS	M VET 50-55-60	01:01:21.81	00:57:58.15	05:48
3316	3609	JOANA DELGADO PEDRAS	Individual	F SENIORES	01:01:21.97	00:59:56.69	06:00
2633	3610	JOÃO PEDRO NEVES PINTO	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	01:01:22.67	00:57:11.10	05:44
4057	3611	SANDRA FÉLIX ROVISCO	Individual	F VET 35-40-45	01:01:23.24	01:00:31.44	06:04
1275	3612	JOSE ARTUR BARREIROS	Individual	M VET 35-40-45	01:01:23.48	00:58:34.13	05:52
4320	3613	ANA MARGARIDA PEREIRA	Individual	F VET 50-55-60	01:01:24.83	00:57:22.84	05:45
1323	3614	JOSÉ REBOCHO	Individual	M VET 50-55-60	01:01:24.90	01:00:52.29	06:06
4206	3615	BRUNO ALVES	Individual	M VET 35-40-45	01:01:27.69	01:00:55.31	06:06
1507	3616	MARIA DE FÁTIMA SERAFIM SOARES	Individual	F VET 50-55-60	01:01:28.15	00:59:59.55	06:00
4217	3617	DONZILIA PEREIRA	Individual	F VET 35-40-45	01:01:28.30	01:00:54.82	06:06
1579	3618	MARTINHO DIAS	Individual	M VET 35-40-45	01:01:28.40	00:59:49.73	05:59
4707	3619	ANA OLIVEIRA	Individual	F VET 35-40-45	01:01:29.30	00:59:00.68	05:55
4570	3620	MANUEL VAZQUEZ	Individual	M VET 50-55-60	01:01:29.40	01:00:25.48	06:03
864	3621	FERNANDO FILIPE	Individual	M VET 35-40-45	01:01:29.53	01:00:18.63	06:02
4117	3622	SUSANA NEVES	Coxos e Gordos	F VET 35-40-45	01:01:30.29	01:00:28.41	06:03
5227	3623	RITA ALVES	-	F SENIORES	01:01:30.39	01:00:41.85	06:05
1451	3624	LUISA FALE COSTA	Individual	F VET 35-40-45	01:01:31.98	00:59:09.53	05:55

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
728	3625	CRISTINA HENRIQUES	Individual	F SENIORES	01:01:32.34	01:00:47.48	06:05
4052	3626	SANDRA PIMENTA	Individual	F VET 35-40-45	01:01:33.14	01:00:47.81	06:05
531	3627	BRUNO FERREIRA	Individual	M SENIORES	01:01:33.17	01:00:48.12	06:05
2871	3628	ANA MARIA MARTINS	Falcões Selvagens	F VET 35-40-45	01:01:35.10	00:59:07.31	05:55
4103	3629	SÓNIA NEVES	Team Ramada	F VET 35-40-45	01:01:35.20	00:58:22.71	05:51
3033	3630	CARLOS MANUEL MATEUS TAVARES	Team Ramada	M VET 35-40-45	01:01:35.26	00:58:22.96	05:51
1001	3631	HENRIQUE VELOSO	Individual	M VET 35-40-45	01:01:36.10	00:57:34.78	05:46
1486	3632	MARCO FILIPE APARICIO JACINTO	Clube PT Zcs	M VET 35-40-45	01:01:37.15	01:00:05.64	06:01
2176	3633	SÓNIA ALEXANDRA ANDRÉ MENDES	Clube PT Zcs	F VET 35-40-45	01:01:38.03	01:00:06.83	06:01
2008	3634	RITA FIGUEIREDO	Individual	F SENIORES	01:01:38.30	00:58:43.61	05:53
2914	3635	ANTÓNIO AFONSO	Individual	M VET 50-55-60	01:01:38.86	01:01:04.90	06:07
5167	3636	RITA BRANDÃO	-	F SENIORES	01:01:39.00	00:58:41.39	05:53
303	3637	ALICE CUNHA	Individual	F VET 35-40-45	01:01:39.13	00:59:27.64	05:57
3878	3638	PEDRO RIBEIRO	Individual	M VET 35-40-45	01:01:39.29	00:58:28.05	05:51
3576	3639	LUIS RAPOSO	Individual	M VET 50-55-60	01:01:39.84	00:57:37.40	05:46
5497	3640	RODRIGO CASTRO	-	M VET 35-40-45	01:01:40.54	00:57:19.60	05:44
2519	3641	RITA BALTAZAR	CLUBE VODAFONE	F VET 35-40-45	01:01:41.29	01:00:45.85	06:05
1744	3642	ORLANDO SOUSA	Individual	M VET 50-55-60	01:01:41.35	00:59:44.00	05:59
688	3643	CELIA LUZ	Individual	F VET 35-40-45	01:01:41.36	00:58:54.14	05:54
5464	3644	ANA LIMA	-	F SENIORES	01:01:41.46	01:00:14.89	06:02
1934	3645	PEDRO VASCONCELOS CABRAL	Individual	M VET 35-40-45	01:01:42.35	01:01:30.73	06:10
3390	3646	JOÃO PEDRO CHASQUEIRA	Road Runners	M VET 35-40-45	01:01:42.37	01:00:19.76	06:02
3319	3647	JOANA COSTA	Individual	F SENIORES	01:01:43.32	01:00:20.06	06:03
3286	3648	IRINA GUERREIRO	Individual	F SENIORES	01:01:44.13	01:00:58.53	06:06
2333	3649	GISLAINE COSTA	CORRER LISBOA	F VET 35-40-45	01:01:44.19	01:00:02.26	06:01
2798	3650	BRUNO SANTOS	Holmes Place	M VET 35-40-45	01:01:44.80	00:59:54.23	06:00
6180	3651	FILIPA FERNANDES FIGUEIREDO	-	F VET 35-40-45	01:01:44.87	00:59:36.82	05:58
4683	3652	SOFIA GOMES	Individual	F SENIORES	01:01:45.68	01:00:18.03	06:02
1080	3653	JOANA VITÓRIO	Individual	F SENIORES	01:01:45.98	01:00:04.27	06:01
1715	3654	NUNO NUNES	Individual	M VET 35-40-45	01:01:46.26	00:58:30.06	05:52
3568	3655	LUIS MIGUEL MOUTINHO	Individual	M VET 35-40-45	01:01:47.19	00:58:25.78	05:51
3989	3656	RITA CORREIA	Individual	F VET 35-40-45	01:01:49.58	01:00:31.38	06:04
3211	3657	FRANCISCO ROQUE	Individual	M VET 50-55-60	01:01:50.05	00:57:34.68	05:46
4139	3658	TIAGO ALVES	Individual	M SENIORES	01:01:50.98	00:58:19.64	05:50
590	3659	CARLOS ALBERTO MAGUEIJO FRADE	Individual	M VET 35-40-45	01:01:51.95	01:00:32.26	06:04
1778	3660	PAULO FRANÇA	GDCT Unicre	M VET 50-55-60	01:01:52.89	00:58:24.01	05:51
2626	3661	JOANA FRIEZAS	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:01:53.00	00:59:41.40	05:59
1187	3662	JOÃO PEDRO SILVA PEREIRA	Individual	M VET 50-55-60	01:01:53.66	01:00:28.71	06:03
1380	3663	LUIS SANTOS	Individual	M VET 35-40-45	01:01:53.75	00:57:58.48	05:48
2902	3664	ANDRÉ PALINHAS	Individual	M SENIORES	01:01:54.34	00:57:59.75	05:48
4108	3665	SÓNIA PINTO	Individual	F VET 35-40-45	01:01:54.49	00:59:12.37	05:56
3772	3666	NUNO LEÃO	Individual	M VET 35-40-45	01:01:54.96	00:59:12.48	05:56
4158	3667	VALDEMAR ROCHA	Individual	M VET 50-55-60	01:01:55.21	00:57:53.58	05:48
4979	3668	CLÁUDIA TAVARES	-	F VET 35-40-45	01:01:55.94	00:59:27.26	05:57
4562	3669	LUÍSA GUERRA SANTOS	Individual	F VET 35-40-45	01:01:57.12	00:59:24.06	05:57
3674	3670	MÁRIO GONÇALVES	Centro cultural e desportivo dos trabalhadores do metropolitano de lisboa	M VET 50-55-60	01:01:57.17	00:58:19.73	05:50
4367	3671	RICARDO LOURENÇO	Individual	M VET 35-40-45	01:01:57.47	01:00:48.74	06:05
700	3672	CLARA CLERIGO	Individual	F VET 35-40-45	01:01:58.22	00:59:31.13	05:58
4581	3673	MARGARIDA MOURÃO	CORRER LISBOA	F VET 50-55-60	01:01:58.80	01:00:06.91	06:01
4125	3674	TÂNIA GRAÇA	Individual	F SENIORES	01:01:59.08	00:58:11.91	05:50
1070	3675	IVONE EMANUELA GRAÇA SILVA CLARO	Individual	F SENIORES	01:01:59.29	00:59:03.12	05:55

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
994	3676	HELIO RICARDO CARVALHEIRO CLARO	Indivi	M VET 35-40-45	01:01:59.55	00:59:03.29	05:55
368	3677	ANA RITA OLIVEIRA AMADO	Individual	F VET 35-40-45	01:02:00.16	01:00:31.70	06:04
3531	3678	LUCIA CORTINHAL	Individual	F VET 35-40-45	01:02:00.39	00:59:46.57	05:59
1911	3679	PEDRO MIGUEL PINTO SILVA	Individual	M SENIORES	01:02:00.48	01:00:32.25	06:04
4673	3680	SANDRA SILVA	Individual	F VET 35-40-45	01:02:01.44	00:57:37.96	05:46
677	3681	CATARINA MARQUES	Individual	F VET 35-40-45	01:02:01.75	00:59:26.69	05:57
177	3682	CÁTIA PEREIRA	-	F SENIORES	01:02:02.18	01:02:02.18	06:13
2448	3683	RODOLFO LIMA	Clube Millennium Bcp	F VET 35-40-45	01:02:02.56	00:59:32.29	05:58
914	3684	FRANCISCO RIBEIRO	Individual	M VET 50-55-60	01:02:02.62	01:01:05.92	06:07
3193	3685	FRANCISCA LORGA	Individual	F SENIORES	01:02:02.91	00:58:14.44	05:50
2342	3686	JOÃO MALHA	Individual	M VET 35-40-45	01:02:03.88	00:57:53.91	05:48
3486	3687	JOSÉ GUSTAVO	Individual	M VET 35-40-45	01:02:04.14	00:59:37.11	05:58
3828	3688	PAULO AGUIAR	Individual	M SENIORES	01:02:04.57	00:58:13.10	05:50
3963	3689	RICARDO FARIA	Individual	M VET 35-40-45	01:02:04.70	00:59:38.40	05:58
962	3690	GUILHERME NUNES	Individual	M VET 50-55-60	01:02:05.46	00:58:19.98	05:50
317	3691	ANA MACÊDO	Correr Lisboa	F VET 35-40-45	01:02:05.49	01:00:22.60	06:03
3592	3692	MAFALDA QUINTELA	Individual	F SENIORES	01:02:05.52	00:59:54.94	06:00
808	3693	EDUARDO MOUTINHO	Individual	M VET 35-40-45	01:02:05.54	01:00:22.93	06:03
2391	3694	ANA RITA AZEVEDO	Clube Millennium Bcp	F VET 35-40-45	01:02:06.92	00:57:58.00	05:48
6269	3695	MARGARIDA BENEVIDES	-	F VET 35-40-45	01:02:07.34	00:57:46.86	05:47
1869	3696	PEDRO FARO FARO	Individual	M VET 35-40-45	01:02:07.44	00:59:28.05	05:57
545	3697	BRUNO MORAIS	Individual	M SENIORES	01:02:07.88	00:59:22.82	05:57
5866	3698	ANTÓNIO LOPES	NucleOeiras	M VET 50-55-60	01:02:08.18	00:59:56.98	06:00
2858	3699	ANA AMORIM	SEF RUNNING TEAM	F VET 35-40-45	01:02:08.34	01:00:26.09	06:03
732	3700	CRISTINA RIBEIRO	Individual	F VET 50-55-60	01:02:08.75	01:00:13.53	06:02
41	3701	ANA RAMOS	Clube Olímpico de Oeiras	F SENIORES	01:02:08.94	01:02:01.83	06:13
4212	3702	CATARINA ALEXANDRA VIEIRA	Individual	F SENIORES	01:02:09.02	00:59:44.11	05:59
5342	3703	SOFIA MARTINS	-	F SENIORES	01:02:10.53	00:59:06.45	05:55
591	3704	CARLOS ALBERTO CORREIA TEIXEIRA	Individual	M VET 50-55-60	01:02:11.20	01:00:27.34	06:03
2943	3705	ANTONIO MANUEL PIRES TOMANE	Individual	M VET 50-55-60	01:02:13.31	01:01:45.44	06:11
4496	3706	HUGO VIEIRA COELHO	Individual	M VET 35-40-45	01:02:13.56	01:01:45.38	06:11
295	3707	ALEXANDRA VENTURA	Individual	F VET 35-40-45	01:02:13.76	00:59:54.47	06:00
1399	3708	LUÍS FARINHA	Individual	M VET 35-40-45	01:02:14.28	00:58:53.91	05:54
1502	3709	MARIA LINO BELLO	Unhas Negras	F VET 35-40-45	01:02:14.49	00:59:57.60	06:00
2389	3710	ALDA VINAGRE	Clube Millennium Bcp	F VET 35-40-45	01:02:14.63	00:59:59.44	06:00
1536	3711	MARIANA ROCHA E MELO	Unhas Negras	F VET 35-40-45	01:02:14.73	00:59:57.56	06:00
4896	3712	NUNO GOMES	-	M VET 35-40-45	01:02:15.08	01:00:25.50	06:03
272	3713	ADELINO SANTOS	Rexcor	M VET 35-40-45	01:02:15.11	00:59:08.80	05:55
1243	3714	JORGE MANUEL MENDES BAPTISTA	Individual	M VET 50-55-60	01:02:15.31	01:00:34.09	06:04
3265	3715	HUGO FERREIRA	Individual	M VET 35-40-45	01:02:16.41	00:58:32.21	05:52
1623	3716	MIGUEL ROCHA E MELO	Unhas Negras	M VET 35-40-45	01:02:16.56	00:59:59.39	06:00
987	3717	HELENA BASTARDO	Individual	F VET 35-40-45	01:02:16.72	00:58:31.23	05:52
6124	3718	NUNO SILVA	Clube Olimpico de Oeiras	M SENIORES	01:02:18.24	01:00:58.31	06:06
2293	3719	VÍTOR LUCAS	Breakaway	M VET 50-55-60	01:02:18.51	00:59:00.98	05:55
2166	3720	SOFIA PIRES	Individual	F VET 35-40-45	01:02:18.81	01:01:04.03	06:07
5103	3721	MARIA REBOLA	-	F VET 35-40-45	01:02:18.98	01:01:19.74	06:08
2384	3722	SUSANA ESTEVES	Individual	F VET 35-40-45	01:02:19.01	00:59:19.77	05:56
1916	3723	PEDRO NUNO REIS	Individual	M VET 35-40-45	01:02:19.22	01:00:38.74	06:04
843	3724	FÁTIMA FLORA	Individual	F VET 35-40-45	01:02:19.34	01:00:41.39	06:05
5069	3725	LUÍS CABAÇA	Tartarugas Solidárias	M VET 35-40-45	01:02:19.85	00:59:04.42	05:55
2260	3726	VANIA ALMEIDA	Individual	F VET 35-40-45	01:02:20.12	01:00:13.70	06:02

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1480	3727	MÁRCIA GASPAR	Individual	F VET 35-40-45	01:02:20.46	00:59:21.99	05:57
780	3728	DMITRY SOROKIN SOROKIN	Individual	M VET 35-40-45	01:02:21.83	01:01:18.12	06:08
4065	3729	SARA LIER	Individual	F VET 35-40-45	01:02:22.49	00:59:14.19	05:56
3136	3730	ELIA GRANJA	Clube ANA Lisboa	F VET 35-40-45	01:02:22.76	00:58:29.10	05:51
3776	3731	NUNO MENDES	Individual	M SENIORES	01:02:22.93	01:00:07.20	06:01
3093	3732	DANIEL AGUIAR	Individual	M VET 35-40-45	01:02:23.54	00:59:15.08	05:56
2429	3733	LUÍS ESTEVES	Clube Millennium Bcp	M VET 50-55-60	01:02:23.74	00:59:51.64	06:00
271	3734	ADELAIDE PÔRTO	Individual	F VET 50-55-60	01:02:25.62	01:00:55.16	06:06
2003	3735	RITA JOAQUIM	Individual	F VET 35-40-45	01:02:25.68	01:00:43.18	06:05
5467	3736	SUSANA TRAVANCA	-	F VET 35-40-45	01:02:27.25	00:58:43.85	05:53
4575	3737	MARCELINO GOMES	Individual	M VET 50-55-60	01:02:27.59	00:59:04.66	05:55
3125	3738	DIOGO MIGUEL PONTES SOUSA	Makongo Runners	M SENIORES	01:02:28.30	00:58:33.16	05:52
2223	3739	TERESA RODRIGUES	Valejas AC	F VET 35-40-45	01:02:28.98	01:00:21.04	06:03
859	3740	FERNANDO CORDA	Valejas AC	M VET 35-40-45	01:02:29.29	01:00:21.06	06:03
1639	3741	NÂNCI FILIPA BÔTO	Individual	F SENIORES	01:02:29.51	01:02:15.28	06:14
189	3742	PAULO VICTORINO	-	M VET 35-40-45	01:02:29.72	00:59:10.31	05:56
2599	3743	ANA CALINAS	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:02:30.14	00:59:33.29	05:58
424	3744	ANTÓNIO PAULINO	Clube do Stress	M VET 50-55-60	01:02:30.19	00:59:34.69	05:58
2661	3745	NUNO MARTINS	Serviços Sociais Caixa Geral Depósitos	M SENIORES	01:02:31.02	00:58:25.98	05:51
5479	3745	BRUNO GODINHO	Makongo Runners	M SENIORES	01:02:31.02	00:58:34.30	05:52
2924	3747	ANTÓNIO MOURA	Individual	M VET 50-55-60	01:02:31.49	01:02:21.13	06:15
4440	3748	CLÁUDIA ALEXANDRA CARVALHO CRISÓSTOMO	Individual	F SENIORES	01:02:31.69	00:59:07.19	05:55
4552	3748	LOURENÇO AZENHA	Individual	M VET 35-40-45	01:02:31.69	00:59:23.66	05:57
762	3750	DIANA MORAIS	Individual	F SENIORES	01:02:31.97	00:59:31.01	05:58
3986	3751	RITA MARTINS	Individual	F SENIORES	01:02:32.22	01:00:17.38	06:02
1929	3752	PEDRO SOUSA	Individual	M VET 35-40-45	01:02:32.44	00:59:16.58	05:56
534	3753	BRUNO FILIPE SILVA SANTOS	Individual	M SENIORES	01:02:32.82	01:00:00.74	06:01
3955	3754	RICARDO AMENDOEIRA	Individual	M SENIORES	01:02:32.87	01:00:17.35	06:02
3958	3755	RICARDO BORGES DUARTE	Individual	M SENIORES	01:02:33.66	01:00:01.30	06:01
3939	3756	RAQUEL ALEXANDRA TORRES	Individual	F SENIORES	01:02:34.97	01:01:15.76	06:08
1389	3757	LUIS CAMBEZ	Peniche a Correr	M VET 35-40-45	01:02:35.21	01:02:17.89	06:14
6283	3758	MARCO ANTONIO AFONSO	-	M VET 35-40-45	01:02:37.45	00:59:57.16	06:00
4264	3759	MARIA FÁTIMA ANASTÁCIO	Peniche a Correr	F VET 50-55-60	01:02:37.80	01:02:19.20	06:14
4688	3760	TIAGO FERNANDES	Individual	M SENIORES	01:02:38.19	01:00:21.69	06:03
2997	3761	CANDIDA ESTEVES	Individual	F VET 35-40-45	01:02:38.41	01:00:33.29	06:04
2122	3762	SANDRA MANUELA SANTOS TEIXEIRA	Individual	F VET 35-40-45	01:02:38.59	01:00:27.13	06:03
5014	3763	CLÁUDIA CAETANO	-	F SENIORES	01:02:38.73	01:01:50.19	06:12
4497	3764	INÉS LAGE	Individual	F SENIORES	01:02:39.13	01:00:23.30	06:03
5235	3765	VANESSA CHAMORRINHA	-	F SENIORES	01:02:39.16	00:58:52.55	05:54
4638	3766	PAULO REI	Individual	M VET 35-40-45	01:02:39.31	01:00:23.34	06:03
5306	3766	MARIA EDUARDA AMARAL	-	F SENIORES	01:02:39.31	01:01:43.28	06:11
6162	3768	JOÃO TÚBAL	-	M VET 35-40-45	01:02:39.66	00:58:27.44	05:51
5297	3769	LUDMIR LOPES DOMINGOS	-	M SENIORES	01:02:39.78	01:01:45.30	06:11
352	3770	ANA MARIA PAULINO	Stress	F VET 50-55-60	01:02:40.00	00:59:44.54	05:59
957	3771	GONÇALO PEREIRA	Gang Bang	M SENIORES	01:02:40.38	01:01:33.70	06:10
4518	3772	JOÃO FARINHA	Individual	M VET 35-40-45	01:02:41.77	00:59:33.31	05:58
3657	3773	MARIA TERESA COELHO DUARTE	Individual	M VET 35-40-45	01:02:43.71	01:00:33.58	06:04
5230	3774	SARA MIGUEIS	-	F SENIORES	01:02:46.43	00:58:59.43	05:54
2452	3775	VIRGILIO FERREIRA	Clube Millennium Bcp	M VET 50-55-60	01:02:47.46	00:58:53.95	05:54
631	3776	CARLOS MANUEL FERREIRA ELIAS ELIAS	Individual	M VET 35-40-45	01:02:48.01	01:00:15.52	06:02
3503	3777	JOSE RIBEIRO	Grupo desportivo Santander Totta	M VET 50-55-60	01:02:48.25	00:59:57.40	06:00

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4565	3778	LURDES SANTOS	Individual	F SENIORES	01:02:48.70	01:00:27.86	06:03
4730	3779	FRANCISCO CONTEL-MARTINS	Individual	M SENIORES	01:02:48.85	00:58:53.40	05:54
2603	3780	ANTÓNIO BOTELHO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	01:02:49.28	00:58:52.67	05:54
4861	3781	ISABEL FILIPE	-	F VET 50-55-60	01:02:50.11	01:01:59.40	06:12
3358	3782	JOÃO EDUARDO PENAS	Individual	M SENIORES	01:02:50.87	01:00:46.45	06:05
3660	3783	MARIANA FILIPA TEIXEIRA	Individual	F SENIORES	01:02:51.09	01:00:46.96	06:05
710	3784	CLAUDIA SILVA	Individual	F VET 35-40-45	01:02:52.26	01:00:47.70	06:05
3076	3785	CLÁUDIA FREIXO	Individual	F SENIORES	01:02:53.25	00:59:27.74	05:57
2627	3786	JOANA GABRIEL	Serviços Sociais Caixa Geral Depósitos	F VET 50-55-60	01:02:54.85	00:58:42.86	05:53
3053	3787	CATARINA COELHO	Individual	F SENIORES	01:02:55.57	01:00:43.64	06:05
2961	3788	ARMANDO ALBERTO MATOS DURÃO DURÃO	Individual	M VET 50-55-60	01:02:55.74	01:01:52.74	06:12
5206	3789	BRUNO CUNHA	-	M SENIORES	01:02:55.94	00:59:09.18	05:55
2397	3790	BERNARDO PARAIBA	Clube Millennium Bcp	M VET 50-55-60	01:02:56.30	01:00:39.13	06:04
426	3791	ANTONIO PUCARIÇO	CCD PM CASCAIS	M VET 50-55-60	01:02:56.48	00:58:40.50	05:53
1440	3792	LUIS REIS	CCD PM CASCAIS	M VET 50-55-60	01:02:56.63	00:58:40.67	05:53
2885	3793	ANABELA PEREIRA	G.D.R. São Francisco da Serra	F VET 35-40-45	01:02:57.35	01:01:29.53	06:09
1237	3794	JORGE FERREIRA	STJA	M VET 50-55-60	01:02:57.74	01:00:05.23	06:01
1880	3795	PEDRO GRACA	Individual	M VET 35-40-45	01:02:58.52	00:59:58.54	06:00
5650	3796	PAULO RIGOR	Juventude Operária Monte Abraão	M SENIORES	01:02:59.95	01:02:05.74	06:13
2239	3797	TIAGO MAIO	Incha!	M VET 35-40-45	01:03:00.92	00:59:05.28	05:55
774	3798	DIOGO MARTINEZ	Incha!	M SENIORES	01:03:00.96	00:59:04.83	05:55
532	3799	BRUNO FILIPE FRANCISCO MARTINS MARTINS	Individual	M VET 35-40-45	01:03:01.00	00:59:21.99	05:57
1481	3800	MARCO CUNHA	Incha!	M SENIORES	01:03:01.18	00:59:05.48	05:55
418	3801	ANTÓNIO CUNHA	Incha!	M SENIORES	01:03:01.55	00:59:05.45	05:55
3529	3802	LINDA OLIVEIRA	Individual	F VET 35-40-45	01:03:02.96	01:00:30.53	06:04
6307	3803	BASILIO PAIXÃO	-	M VET 35-40-45	01:03:03.58	00:59:24.15	05:57
3597	3804	MANUEL NOBRE BAPTISTA	Individual	M VET 50-55-60	01:03:03.76	01:01:44.65	06:11
1434	3805	LUIS PEDRO PEREIRA BICA	Individual	M SENIORES	01:03:05.65	01:01:07.56	06:07
1596	3806	MIGUEL PEREIRA	Individual	M VET 35-40-45	01:03:05.67	01:02:49.26	06:17
2167	3807	SOFIA RIBEIRO	Individual	F SENIORES	01:03:06.07	00:59:34.15	05:58
5870	3808	ESMERALDA GOMES	NucleOeiras	F VET 50-55-60	01:03:06.23	00:59:25.06	05:57
6296	3809	MANUEL ANUNCIAÇÃO	-	M VET 50-55-60	01:03:07.91	01:00:42.33	06:05
5084	3810	LUISA OLIVEIRA	-	F SENIORES	01:03:08.18	00:59:21.74	05:57
1376	3811	LUIS MOURA	Correr na Cidade - Canespor	M VET 35-40-45	01:03:09.64	00:59:41.29	05:59
408	3812	ANGELA COSTA	Correr na Cidade - Canespor	F SENIORES	01:03:10.27	00:59:41.43	05:59
3950	3813	RICARDO PREGUIÇA	Individual	M SENIORES	01:03:10.49	00:59:41.52	05:59
1067	3814	ISMAR FERREIRA	Individual	M VET 50-55-60	01:03:10.59	01:00:26.70	06:03
2884	3815	ANA VASCONCELOS LUÍS	Individual	F SENIORES	01:03:10.89	01:00:26.65	06:03
1354	3816	LILIANA MOREIRA	Correr na Cidade - Canespor	F SENIORES	01:03:11.49	01:03:11.49	06:20
826	3817	ERIC MOURATO	Individual	M VET 35-40-45	01:03:11.81	00:59:17.57	05:56
1548	3818	MÁRIO FERREIRA	Individual	M VET 35-40-45	01:03:11.98	00:59:17.62	05:56
5129	3819	NUNO SIMÕES	Simões & Fiães Associados	M VET 35-40-45	01:03:12.97	01:01:18.20	06:08
567	3820	CARLA ALVES	Individual	F VET 35-40-45	01:03:12.98	00:59:17.69	05:56
2301	3821	XICO MOURARIA XICO	Individual	M VET 35-40-45	01:03:13.30	01:02:02.35	06:13
6231	3822	CARLA ROCHA	-	F VET 35-40-45	01:03:14.08	01:02:39.27	06:16
786	3823	DORA ESTEVES	Individual	F SENIORES	01:03:14.89	00:59:55.79	06:00
1053	3824	ISABEL AGUIAR	Individual	F VET 35-40-45	01:03:15.66	00:59:56.10	06:00
2958	3825	ANTÓNIO VARELA	Individual	M VET 50-55-60	01:03:17.11	01:01:12.81	06:08
5240	3826	ANA COSTA	-	F VET 50-55-60	01:03:17.32	01:01:47.10	06:11
898	3827	FILIPE FERREIRA	Individual	M SENIORES	01:03:19.15	00:59:29.47	05:57
2767	3828	RUI CUNHA	TST	M VET 50-55-60	01:03:19.97	01:03:03.64	06:19

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2718	3829	DIOGO BATISTA	TST	M SENIORES	01:03:20.26	01:03:05.89	06:19
1030	3830	INÊS ROMÃO	Peniche a Correr	F SENIORES	01:03:21.27	01:03:01.55	06:19
2653	3831	MANUEL GOUVEIA	Serviços Sociais Caixa Geral Depósitos	M SENIORES	01:03:21.73	00:59:16.68	05:56
2352	3832	LUISA ALVES	ODEBRECHT PORTUGAL	F VET 35-40-45	01:03:22.86	01:03:22.86	06:21
1499	3833	MARGARIDA DOMINGUES	Individual	F SENIORES	01:03:24.96	00:59:34.43	05:58
964	3834	GUILHERME FERREIRA	Individual	M SENIORES	01:03:25.14	00:59:35.31	05:58
132	3835	CLAUDIA GARCIA	Individual	F VET 35-40-45	01:03:25.88	01:03:16.28	06:20
182	3836	JOÃO ROSA-DIAS	-	M VET 35-40-45	01:03:28.68	01:03:13.50	06:20
1713	3837	NUNO NEVES	Individual	M VET 35-40-45	01:03:29.80	00:59:22.69	05:57
1708	3838	NUNO MARTINS	Individual	M VET 35-40-45	01:03:33.63	01:00:07.22	06:01
1090	3839	JOAO NOGUEIRA	Individual	M VET 50-55-60	01:03:34.18	01:03:06.21	06:19
369	3840	ANA RITA OLIVEIRA OLIVEIRA	Individual	F SENIORES	01:03:34.19	01:00:05.69	06:01
1690	3841	NUNO FERNANDES	Individual	M VET 35-40-45	01:03:34.55	01:00:07.87	06:01
302	3842	ALEXANDRE VILAO	CORRER LISBOA	M SENIORES	01:03:35.10	01:00:45.08	06:05
3315	3843	JESUINA CORREIA	Asas nos Pés	F VET 50-55-60	01:03:36.81	01:01:13.80	06:08
6285	3844	JOSÉ FERREIRA	-	M VET 35-40-45	01:03:37.30	00:59:41.29	05:59
4186	3845	VÍTOR MORAIS	Individual	M VET 35-40-45	01:03:38.25	01:00:05.73	06:01
1181	3846	JOÃO PEDRO RAMOS BORGES DA CRUZ	Individual	M SENIORES	01:03:38.44	00:59:34.42	05:58
1753	3847	PATRICIA LEAL FERREIRA	Individual	F VET 35-40-45	01:03:38.64	01:01:28.18	06:09
3686	3848	MARTA MONTEIRO	Individual	F SENIORES	01:03:39.00	01:00:05.86	06:01
3314	3849	JESSICA SOARES	Individual	F SENIORES	01:03:39.17	01:00:04.68	06:01
3659	3850	MARIANA FEIJO	Individual	F SENIORES	01:03:39.36	01:01:01.80	06:07
1398	3851	LUIS F. ALVES	Individual	M VET 50-55-60	01:03:39.87	01:02:37.09	06:16
3953	3852	RICARDO ABREU	Individual	M VET 35-40-45	01:03:40.14	01:01:29.43	06:09
4027	3853	RUI FIGUEIREDO	Individual	M VET 35-40-45	01:03:40.44	01:00:07.58	06:01
3296	3854	ISABEL MARIA SOBREDA BARBIERI CARDOSO	Individual	F VET 50-55-60	01:03:40.89	01:01:14.72	06:08
4378	3855	ANA CANAVEIRA	CCD TRANQUILIDADE	F VET 35-40-45	01:03:41.02	01:00:51.13	06:06
342	3856	ANA ISABEL MARTINS COSTA RAMALHO	Individual	F SENIORES	01:03:42.27	01:01:35.79	06:10
3719	3857	MIGUEL VELEZ	Câmara Lisboa Clube	M VET 50-55-60	01:03:42.35	01:00:48.41	06:05
5107	3858	MIGUEL RIBEIRO	-	M SENIORES	01:03:42.46	01:00:28.74	06:03
3619	3859	MÁRCIO CAPELAS	Individual	M SENIORES	01:03:42.51	01:00:09.07	06:01
1640	3860	NATÁLIA NARCISO	Individual	F VET 50-55-60	01:03:43.40	01:00:36.69	06:04
3178	3861	FILIPE FRADE	Individual	M SENIORES	01:03:44.55	01:00:03.81	06:01
1636	3862	MÓNICA CARMO	MMR	F SENIORES	01:03:45.39	00:59:51.82	06:00
1739	3863	OLIVIA LUCAS	Breakaway	F VET 50-55-60	01:03:46.17	01:00:29.57	06:03
1651	3864	NICOLE ALCÁRIO	Individual	F SENIORES	01:03:47.77	00:59:29.85	05:57
3105	3865	DARJA DAVIDOVA	Individual	F SENIORES	01:03:47.88	01:01:51.45	06:12
4201	3866	ANDRÉ BARROS	Individual	M SENIORES	01:03:49.00	00:59:59.26	06:00
1627	3867	MIGUEL SOUSA	Individual	M SENIORES	01:03:50.91	01:01:24.32	06:09
3354	3868	JOÃO CAROÇO	Individual	M VET 50-55-60	01:03:51.28	01:01:28.53	06:09
5028	3869	JOAO MARCOS SANTOS SOUZA	-	M VET 35-40-45	01:03:52.43	01:00:47.99	06:05
2995	3870	BRUNO SILVA SILVA	Individual	M VET 35-40-45	01:03:52.76	01:03:24.37	06:21
4967	3871	CARINA TORRES BRIZIDA	-	F VET 35-40-45	01:03:52.85	01:00:49.03	06:05
4573	3872	MANUEL SOBREDA	Individual	M VET 35-40-45	01:03:53.11	00:59:55.71	06:00
4191	3873	ADRIANA DIAS	Individual	F SENIORES	01:03:53.83	01:00:06.44	06:01
3731	3874	NELSON BRITO BRITO	Gattal	M VET 35-40-45	01:03:55.53	01:00:57.14	06:06
4441	3875	CLAUDIA TAM	AÇOREANA	F SENIORES	01:03:56.98	01:01:02.61	06:07
4596	3876	MÁRIO JOÃO COLAÇO AGREIRO	Individual	M VET 35-40-45	01:03:59.98	01:00:52.54	06:06
172	3877	ANA MARGARIDA PEREIRA	-	F VET 50-55-60	01:04:00.01	01:03:49.69	06:23
4671	3878	SAMUEL GONÇALVES ESPIRITO SANTO	Individual	M VET 35-40-45	01:04:00.17	01:00:52.83	06:06
801	3879	EDUARDO ALMEIDA	Individual	M VET 35-40-45	01:04:00.38	01:00:25.98	06:03

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
257	3880	MARIA DE FÁTIMA DA CONCEIÇÃO PAIVA CARVALHO BELO	Alverca Urban Runners	M VET 35-40-45	01:04:03.36	01:00:37.03	06:04
4862	3881	ISILDA BARRADAS	-	F VET 50-55-60	01:04:03.73	01:01:25.32	06:09
330	3882	ANA CATARINA PEREIRA	Individual	F VET 35-40-45	01:04:04.49	01:00:34.03	06:04
5106	3883	MARTA PINTO-LEITE	-	F VET 35-40-45	01:04:04.81	00:59:51.67	06:00
5022	3884	JOÃO FERRO	-	M VET 35-40-45	01:04:05.47	00:59:51.54	06:00
1271	3885	JÓSE ALFREDO	Peniche a Correr	M VET 50-55-60	01:04:06.64	01:03:43.07	06:23
3539	3886	LUÍS GONÇALVES	Individual	M VET 35-40-45	01:04:06.69	01:00:05.25	06:01
4800	3887	SILVINO MARTINS	Individual	M VET 50-55-60	01:04:07.04	01:00:51.00	06:06
2817	3888	ROBERTO BETTENCOURT	Holmes Place	M VET 35-40-45	01:04:09.39	01:00:44.44	06:05
340	3889	ANA GODINHO GODINHO	Individual	F VET 35-40-45	01:04:09.83	01:00:44.34	06:05
1545	3890	MARIO PIRES	Individual	M VET 50-55-60	01:04:11.11	01:00:15.80	06:02
3509	3891	JOSE SOUSA	Individual	M VET 50-55-60	01:04:12.31	01:01:35.13	06:10
4269	3892	PAULO ALMEIDA	Individual	M VET 35-40-45	01:04:12.94	00:59:55.55	06:00
1310	3893	JOSE MANUEL RALHETAS CAPUCHO	Individual	M VET 50-55-60	01:04:13.58	01:00:35.98	06:04
4260	3894	MANUEL FERNANDO PIMENTA	Individual	M VET 35-40-45	01:04:14.48	01:02:06.13	06:13
4718	3895	CARMEN ISABEL FÉLIX DA LANÇA	Individual	F VET 35-40-45	01:04:14.89	01:01:07.33	06:07
6232	3896	CARLOS PEREIRA	-	M VET 35-40-45	01:04:14.90	01:03:39.13	06:22
4347	3897	PEDRO LUÍS	Individual	M VET 35-40-45	01:04:15.56	01:02:16.45	06:14
666	3898	CARMO CORREIA	Individual	F VET 50-55-60	01:04:16.69	01:00:46.33	06:05
4199	3899	ANASTÁCIA EVMÉENKO	Individual	F SENIORES	01:04:16.93	00:59:58.68	06:00
3574	3900	LUIS PACHECO	Individual	M VET 35-40-45	01:04:17.63	01:02:23.69	06:15
5333	3901	RITA ALVES	-	F VET 35-40-45	01:04:18.03	01:00:34.67	06:04
4505	3902	JOANA ROLÃO	Individual	F SENIORES	01:04:19.21	01:02:22.07	06:15
2855	3903	ANA ALMEIDA	Individual	F VET 35-40-45	01:04:19.88	01:00:19.57	06:02
5024	3904	JOÃO FONSECA	Hepafiltra	M SENIORES	01:04:20.90	01:00:45.58	06:05
620	3905	CARLOS GONÇALVES	Gloriosos Dudes	M SENIORES	01:04:21.07	01:00:22.57	06:03
1910	3906	PEDRO MIGUEL MOREIRA	Individual	M SENIORES	01:04:21.14	01:03:49.90	06:23
5459	3907	SOFIA HORTA	-	F SENIORES	01:04:21.62	01:03:14.15	06:20
2056	3908	RUI FARIA	RUN 4 FUN	M VET 35-40-45	01:04:22.64	01:02:13.29	06:14
4891	3909	MARIA CLOTILDE RIBEIRO DA SILVA	-	F VET 35-40-45	01:04:24.73	01:02:44.33	06:17
2227	3910	TIAGO PITO	Grupo desportivo Santander Totta	M VET 35-40-45	01:04:25.35	01:01:35.27	06:10
3717	3911	MIGUEL TAVARES	Individual	M SENIORES	01:04:26.17	01:03:26.74	06:21
1096	3912	JOAO CONIM	Individual	M VET 35-40-45	01:04:27.01	01:04:27.01	06:27
6299	3913	MAURICIO CALDEIRA	-	M VET 50-55-60	01:04:27.25	01:01:46.61	06:11
2745	3914	LUÍS SANTOS	TST	M VET 35-40-45	01:04:28.99	01:04:08.60	06:25
4383	3915	ANA MARIA ALMEIDA	Individual	F VET 35-40-45	01:04:29.38	01:00:41.51	06:05
2582	3916	OSVALDO PIRES	Clube Ferroviário de Portugal	M SENIORES	01:04:29.42	01:01:44.51	06:11
577	3917	CARLA SOFIA NUNES REAL	Individual	F VET 35-40-45	01:04:30.28	01:02:48.76	06:17
3482	3918	JOSÉ GONÇALVES	Individual	M VET 35-40-45	01:04:30.30	01:03:30.10	06:22
3307	3919	IVONE MINELI	Lesmas Alopradas	F VET 35-40-45	01:04:31.87	01:02:06.77	06:13
5211	3920	CONCEICAO LEAL	-	F VET 35-40-45	01:04:32.03	01:00:12.79	06:02
1015	3921	HUGO JESUS	Individual	M SENIORES	01:04:32.07	01:01:36.17	06:10
4611	3922	NUNO RAMOS	Individual	M SENIORES	01:04:32.14	01:01:36.31	06:10
3500	3923	JOSÉ PINTO SANTOS	RFF Running Club	M SENIORES	01:04:32.50	01:00:26.52	06:03
1345	3924	LARA VELOSO	Individual	F VET 35-40-45	01:04:32.88	01:02:01.45	06:13
378	3925	ANA-ALICE PEREIRA	Individual	F VET 50-55-60	01:04:33.05	01:04:33.05	06:28
1937	3926	PLÁCIDO MIRANDA	Individual	M SENIORES	01:04:33.14	01:01:36.78	06:10
3326	3927	JOANA MACEDO	Individual	F SENIORES	01:04:33.42	01:01:44.47	06:11
4685	3928	SUSAN PEREIRA	Individual	F VET 35-40-45	01:04:33.76	01:02:33.82	06:16
262	3929	ABEL LOURO	Individual	M VET 50-55-60	01:04:34.48	01:02:28.54	06:15
2064	3929	RUI JORGE PEREIRA DIAS DIAS	Individual	M VET 35-40-45	01:04:34.48	01:02:12.51	06:14

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5401	3932	SANDRA WEBER	-	F SENIORES	01:04:34.89	01:00:30.83	06:04
999	3933	HENRIQUE MANUEL PEREIRA DA SILVA LEITE	Individual	M VET 35-40-45	01:04:35.97	01:03:53.51	06:24
3803	3934	PATRICIA RIBEIRO	Individual	F VET 35-40-45	01:04:36.16	01:00:21.80	06:03
4266	3935	NUNO MIGUEL BERNARDO FERREIRA GODINHO	Individual	M VET 35-40-45	01:04:36.52	01:00:25.56	06:03
3711	3936	MIGUEL RIBEIRO	Individual	M VET 35-40-45	01:04:36.55	01:00:21.50	06:03
4555	3937	LUIS CASTRO E SILVA	AÇOREANA	M VET 35-40-45	01:04:36.76	01:00:25.17	06:03
3815	3938	PAULA RODRIGUES	Individual	F VET 35-40-45	01:04:37.43	01:01:46.51	06:11
5433	3939	ISABEL SILVA	-	F VET 35-40-45	01:04:38.50	01:02:53.94	06:18
447	3940	ANTONIO GONCALVES	Gloriosos Dudes	M VET 50-55-60	01:04:39.10	01:00:41.35	06:05
804	3941	EDUARDO COUTINHO	Individual	M VET 35-40-45	01:04:39.79	01:00:22.11	06:03
4114	3942	SUSANA FERREIRA	Individual	F SENIORES	01:04:40.00	01:03:12.79	06:20
1195	3943	JOÃO RIBEIRO	Individual	M SENIORES	01:04:40.14	01:02:42.58	06:17
4319	3944	SUSANA RITA VARELA CARGALEIRO	Individual	F SENIORES	01:04:42.55	01:01:15.56	06:08
3713	3945	MIGUEL ROCHA	Individual	M SENIORES	01:04:43.59	01:00:51.04	06:06
4336	3945	JOSÉ BASTOS	Individual	M VET 50-55-60	01:04:43.59	01:02:07.26	06:13
4008	3947	ROZZITA SILVA ANDRADE	Individual	F SENIORES	01:04:44.07	01:02:07.70	06:13
5353	3948	ANTONIO TELES	-	M SENIORES	01:04:44.26	01:00:57.92	06:06
793	3949	EBERHARD AXEL WILHELM	Individual	M VET 50-55-60	01:04:45.76	01:02:06.76	06:13
3842	3950	PAULO LOPES	Individual	M VET 35-40-45	01:04:46.04	01:03:06.92	06:19
923	3951	FRANCISCO MANUEL DA SILVA LUCAS LUCAS	Individual	M SENIORES	01:04:46.05	01:00:29.69	06:03
306	3952	ALINA MERIACRE MERIACRE	Individual	F SENIORES	01:04:46.78	01:00:30.09	06:04
2699	3953	VIRGÍNIA DELGADO	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:04:47.02	01:00:36.87	06:04
2664	3954	PATRICIA MORAIS	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:04:47.24	01:00:55.43	06:06
3836	3955	PAULO FIGUEIREDO	CLUBE COLABORADORES AGEAS	M SENIORES	01:04:47.56	01:02:09.52	06:13
6228	3956	ALEXANDRE BRITO	-	M VET 35-40-45	01:04:49.02	01:00:29.14	06:03
3036	3957	CARLOS MANUEL RIBEIRO	Individual	M VET 50-55-60	01:04:49.18	01:01:47.10	06:11
4568	3958	MANUEL AZENHA	Individual	M VET 50-55-60	01:04:51.81	01:01:44.15	06:11
4462	3959	ELISABETH LOUREIRO	Sporting Clube de Casainhos	F VET 50-55-60	01:04:51.95	01:01:09.26	06:07
4283	3960	RUI MANUEL SIMÕES ALMEIDA	Individual	M VET 35-40-45	01:04:52.39	01:01:28.63	06:09
4220	3961	FERNANDO ANTÓNIO LOURO	Individual	M VET 50-55-60	01:04:53.05	01:01:28.59	06:09
5193	3962	TIAGO OLIVEIRA	-	M SENIORES	01:04:53.47	01:01:02.22	06:07
4859	3963	INÉS MACHADO	Tartarugas Solidárias	F VET 35-40-45	01:04:54.64	01:02:02.55	06:13
1036	3964	INES COSTA	Individual	F SENIORES	01:04:54.91	01:01:32.26	06:10
841	3965	FÁTIMA GONÇALVES	Individual	F VET 50-55-60	01:04:55.52	01:01:31.34	06:10
3232	3966	GONÇALO ROCHA	Individual	M VET 50-55-60	01:04:55.57	01:03:48.23	06:23
4695	3967	VALTER LIMA	Individual	M VET 35-40-45	01:04:55.87	01:00:34.21	06:04
2575	3968	MÁRIO MELO	Clube Ferroviário de Portugal	M VET 50-55-60	01:04:55.88	01:01:38.97	06:10
2684	3969	RITA MARQUES	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:04:56.76	01:02:46.80	06:17
2179	3970	SONIA CAPITAO MOR	CORRER LISBOA	F VET 35-40-45	01:04:56.81	01:01:35.09	06:10
367	3971	ANA RITA MENDES CRUZ	Individual	F SENIORES	01:04:57.10	01:02:19.09	06:14
758	3972	DELFIN MACHADO	Individual	M VET 35-40-45	01:04:57.17	01:03:15.88	06:20
4424	3972	CARLA FERREIRA	CORRER LISBOA	F VET 35-40-45	01:04:57.17	01:01:35.43	06:10
2905	3974	ANDREIA CONIM	Individual	F VET 35-40-45	01:04:57.24	01:02:25.26	06:15
4288	3975	SARA FONSECA	Individual	F JUNIORES	01:04:58.35	01:02:08.82	06:13
2612	3976	CRISTINA GAROUPA AIRES	Serviços Sociais Caixa Geral Depósitos	F VET 50-55-60	01:05:00.07	01:01:49.49	06:11
1843	3977	PAULO XAVIER	Individual	M VET 50-55-60	01:05:00.61	01:01:50.27	06:12
1497	3978	MARGARIDA ANJOS	Individual	F VET 35-40-45	01:05:03.29	01:02:48.85	06:17
3227	3979	GONÇALO DUARTE	Run to Boston	M VET 35-40-45	01:05:04.34	01:02:33.90	06:16
4831	3980	CARLA MOTA	-	F VET 35-40-45	01:05:06.33	01:03:48.80	06:23
4844	3981	EVA MOTA	-	F SENIORES	01:05:06.70	01:03:49.17	06:23
3704	3982	MIGUEL FERREIRA	Clube ANA Lisboa	M VET 35-40-45	01:05:08.01	01:01:13.87	06:08

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1457	3983	MADALENA PINA	Individual	F VET 35-40-45	01:05:08.38	01:03:12.05	06:20
5420	3984	BÁRBARA MADEIRA	-	F SENIORES	01:05:09.31	01:02:38.77	06:16
3302	3985	ISABEL RODRIGUES	Individual	F VET 50-55-60	01:05:09.60	01:02:20.24	06:15
4068	3986	SÉRGIO ANTUNES	CLUBE ANACOM	M VET 35-40-45	01:05:09.86	01:02:20.59	06:15
2005	3987	RITA RAMOS	Individual	F VET 35-40-45	01:05:10.11	01:02:06.01	06:13
3320	3988	"JOANA D""ARC CHOURIÇO"	Individual	F VET 50-55-60	01:05:12.38	01:04:57.01	06:30
4021	3989	RUI COSTA	Individual	M VET 50-55-60	01:05:13.98	01:03:40.23	06:23
916	3990	FRANCISCO AMÁVEL SARRASQUEIRO	Individual	M VET 50-55-60	01:05:14.20	01:04:52.13	06:30
1970	3991	RICARDO ALEXANDRE BALSAS	Individual	M VET 50-55-60	01:05:15.83	01:02:26.38	06:15
1584	3992	MAYER RAPOSO	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	M VET 50-55-60	01:05:17.62	01:02:39.02	06:16
1040	3993	INÊS GARCIA	Individual	F SENIORES	01:05:17.73	01:02:21.92	06:15
1533	3994	MARIA TERESA AFONSO SILVINO	Individual	F SENIORES	01:05:19.32	01:02:54.31	06:18
1955	3995	RENATO RODRIGUES	Individual	M SENIORES	01:05:19.67	01:03:19.76	06:20
1944	3996	RAFAEL RODRIGUES	Individual	M SENIORES	01:05:20.48	01:03:20.64	06:21
701	3997	CLÁUDIA BENTO	Individual	F VET 35-40-45	01:05:20.65	01:01:48.11	06:11
1219	3998	JOAQUIM PAULA	Individual	M VET 35-40-45	01:05:20.86	01:04:06.86	06:25
1351	3999	LEONOR BAPTISTA	Individual	F VET 35-40-45	01:05:21.37	01:03:51.69	06:24
2263	4000	VASCO BAPTISTA	Individual	M VET 35-40-45	01:05:21.60	01:03:51.26	06:24
5172	4001	ROSA MARTINS	-	F SENIORES	01:05:22.16	01:02:55.02	06:18
1512	4002	MARIA HELENA DA SILVA COSTA ANDRADE ANDRADE	Individual	F VET 50-55-60	01:05:22.19	01:03:08.74	06:19
3299	4003	ISABEL MORGADO	Individual	F SENIORES	01:05:23.25	01:01:34.86	06:10
4156	4004	TOMÁS FERNANDES FERREIRA	RFF Running Club	M SENIORES	01:05:23.31	01:01:13.46	06:08
4147	4005	TIAGO MIGUEL MARQUES LOPES	Makongo Runners	M SENIORES	01:05:23.39	01:01:26.69	06:09
2867	4006	ANA GUIMARÃES	CLUBE COLABORADORES AGEAS	F VET 50-55-60	01:05:23.59	01:02:46.13	06:17
3402	4007	JOÃO PINTO	CLUBE COLABORADORES AGEAS	M VET 35-40-45	01:05:24.25	01:02:47.46	06:17
1461	4008	MAGDA SANTOS	Individual	F SENIORES	01:05:24.61	01:01:56.21	06:12
4997	4009	FERNANDA DOMINGUES	-	F VET 50-55-60	01:05:24.63	01:01:32.68	06:10
4003	4010	ROGERIO FERNANDES FERREIRA	RFF Running Club	M VET 50-55-60	01:05:24.89	01:01:14.64	06:08
2335	4011	HELDER FILIPE	Individual	M VET 35-40-45	01:05:25.58	01:02:37.69	06:16
4261	4012	MANUEL LEANDRO	Individual	M VET 50-55-60	01:05:30.84	01:03:20.25	06:21
2072	4013	RUI MANUEL DIAS	Individual	M VET 35-40-45	01:05:31.36	01:01:23.97	06:09
1215	4014	JOAQUIM DIAS	Individual	M VET 35-40-45	01:05:31.46	01:01:24.12	06:09
863	4015	FERNANDO FERNANDES	Individual	M VET 35-40-45	01:05:31.77	01:01:24.52	06:09
4410	4016	ARMINDO TEIXEIRA	Sporting Clube de Casainhos	M VET 35-40-45	01:05:32.18	01:04:08.70	06:25
4372	4017	ABDURAMANE SEIDI	Sporting Clube de Casainhos	M VET 35-40-45	01:05:32.35	01:04:08.89	06:25
1566	4018	MARISA NOBRE	Individual	F SENIORES	01:05:32.60	01:01:24.61	06:09
1524	4019	MARIA MOREIRA	Moreira	F SENIORES	01:05:32.84	01:02:53.59	06:18
563	4020	CARLA CORREIA	Individual	F VET 35-40-45	01:05:33.66	01:04:17.97	06:26
2192	4021	SUSANA PALMA	Individual	F VET 35-40-45	01:05:34.60	01:05:16.70	06:32
1378	4022	LUIS PEREIRA	Individual	M SENIORES	01:05:35.83	01:02:12.50	06:14
1069	4023	IVONE COSTA	Individual	F VET 35-40-45	01:05:37.11	01:02:04.03	06:13
1139	4024	JOÃO FARIA	Individual	M VET 35-40-45	01:05:37.86	01:02:04.73	06:13
1214	4025	JOAQUIM CARINHAS	Peniche a Correr	M VET 50-55-60	01:05:38.26	01:05:20.40	06:33
2959	4026	ARIANA RICARDO	Individual	F SENIORES	01:05:38.27	01:05:11.61	06:32
1356	4027	LINDA FERREIRA	Peniche a Correr	F SENIORES	01:05:38.38	01:05:13.26	06:32
400	4028	ANDREIA CAMBEZ	Peniche a Correr	F VET 35-40-45	01:05:38.42	01:05:11.50	06:32
1529	4029	MARIA ROSA DELGADO PIEDADE	Individual	F VET 50-55-60	01:05:38.88	01:04:24.08	06:27
2388	4030	ACACIO LOPES	Clube Millennium Bcp	M VET 35-40-45	01:05:40.31	01:02:08.18	06:13
226	4031	IZILDA LOURENÇO	-	F VET 35-40-45	01:05:40.34	01:05:28.12	06:33
2426	4031	LUIS COSTA	Clube Millennium Bcp	M VET 35-40-45	01:05:40.34	01:02:07.80	06:13
5489	4033	JOSÉ MANUEL SIMÕES	-	M VET 50-55-60	01:05:44.08	01:02:09.97	06:13

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3111	4034	DIANA VERISSIMO	Individual	F SENIORES	01:05:44.10	01:05:07.95	06:31
6190	4035	MIGUEL SOUSA UVA	-	M VET 50-55-60	01:05:44.20	01:03:14.49	06:20
2082	4036	RUI MIGUEL RODRIGUES SOARES BATARDA	Individual	M SENIORES	01:05:44.28	01:05:14.26	06:32
6235	4037	HELDER ALEXANDRE	-	M VET 35-40-45	01:05:44.71	01:01:24.61	06:09
2318	4038	CARLOS CORREIA	As lebres da rinchoa	M VET 35-40-45	01:05:44.93	01:02:21.39	06:15
3520	4039	LEANDRA PLACIDO	Individual	F SENIORES	01:05:44.98	01:05:08.30	06:31
785	4040	DORA CRUZ	GINjinha Runners	F VET 35-40-45	01:05:45.25	01:04:11.71	06:26
4807	4041	VANDA RAQUEL MARTINS	Individual	F VET 35-40-45	01:05:47.07	01:03:26.38	06:21
5452	4042	PAULO JORGE	-	M VET 35-40-45	01:05:48.19	01:01:29.87	06:09
5257	4043	CLAUDIA RODRIGUES	-	F VET 35-40-45	01:05:48.56	01:01:29.77	06:09
3794	4044	PATRÍCIA FERREIRA	Individual	F SENIORES	01:05:49.70	01:01:42.40	06:11
4153	4045	TIAGO SOUSA	Individual	M SENIORES	01:05:49.94	01:01:42.36	06:11
4418	4046	BIANCA ROSCA	Individual	F SENIORES	01:05:54.47	01:01:39.39	06:10
498	4047	ARTUR DINIS	ALGYMNS	M VET 50-55-60	01:05:54.95	01:03:19.65	06:20
2925	4048	ANTONIO REYES	G A Monsanto Gascan	M VET 50-55-60	01:05:55.22	01:02:42.22	06:17
1526	4049	MARIA QUITÉRIA	ALGYMNS	F VET 35-40-45	01:05:55.71	01:03:20.51	06:21
3289	4050	ISAAC SANTOS	Individual	M SENIORES	01:05:57.19	01:01:45.56	06:11
3682	4051	MARISA ALEXANDRA DA CONCEIÇÃO FERNANDES	Individual	F SENIORES	01:05:58.21	01:02:19.22	06:14
1261	4052	JOSÉ MILAGRES	GDCT Unicre	M VET 50-55-60	01:06:00.22	01:04:57.97	06:30
2336	4053	HUGO MOITA	Loures Team	M VET 35-40-45	01:06:01.24	01:04:11.33	06:26
2125	4054	SANDRA PATRICIA FESTAS DUARTE	Individual	F SENIORES	01:06:02.79	01:02:11.20	06:14
327	4055	ANA BARRA	Individual	F VET 35-40-45	01:06:04.55	01:04:15.20	06:26
3647	4056	MARIA INÊS PINHEIRO AFONSO BARATA	Clube PT Zcs	F VET 50-55-60	01:06:07.70	01:04:00.80	06:25
4030	4057	RUI MANUEL PINTO	Individual	M VET 35-40-45	01:06:09.09	01:02:15.84	06:14
2686	4058	ROGÉRIO LUÍS LUÍS	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	01:06:11.80	01:03:15.09	06:20
3188	4059	FILOMENA AGUIÃ	Lesmas Alopradas	F VET 50-55-60	01:06:12.45	01:03:47.27	06:23
1429	4060	LUIS MOREIRA	#VIEMOSSOBEBERCAFE	M VET 35-40-45	01:06:14.61	01:02:31.60	06:16
3532	4061	LUCIANE HUF	Individual	F VET 50-55-60	01:06:15.46	01:05:14.08	06:32
1234	4062	JORGE CEREJEIRA	Individual	M VET 35-40-45	01:06:15.59	01:02:40.94	06:17
4322	4063	ANA RAQUEL MARINHEIRO	Individual	F SENIORES	01:06:16.91	01:03:21.82	06:21
2078	4064	RUI MELO	CCD Crédito Agrícola Mútuo	M VET 35-40-45	01:06:17.26	01:04:59.34	06:30
2670	4065	PAULO BILAO	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	01:06:18.48	01:02:18.49	06:14
2609	4066	CATARINA MARTINS	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:06:18.80	01:02:18.93	06:14
514	4067	BENJAMIM ESPIGUINHA	Individual	M VET 35-40-45	01:06:21.79	01:04:21.70	06:27
4385	4068	ANA MARTINS	CCD TRANQUILIDADE	F VET 35-40-45	01:06:25.54	01:03:15.58	06:20
2328	4069	FÁBIO MIGUEL RODRIGUES CAEIRO	Individual	M SENIORES	01:06:25.59	01:02:29.02	06:15
6196	4070	PEDRO COSTA	-	M VET 35-40-45	01:06:25.94	01:02:54.17	06:18
6200	4071	RUI VALLERA	-	M VET 35-40-45	01:06:26.09	01:02:53.98	06:18
1813	4072	PAULO JORGE GONÇALVES RODRIGUES	Individual	M SENIORES	01:06:26.26	01:03:24.93	06:21
4723	4073	DINA NUNES	CCD TRANQUILIDADE	F VET 35-40-45	01:06:26.75	01:03:16.63	06:20
6250	4074	ALINE BORGES SANTOS	-	F VET 35-40-45	01:06:26.91	01:02:18.44	06:14
1500	4075	MARGARIDA TELLO DA GAMA	Individual	F SENIORES	01:06:27.38	01:02:33.72	06:16
2476	4076	RUI MENINO	Individual	M VET 35-40-45	01:06:27.63	01:02:29.03	06:15
4887	4077	MANUEL CRUZ	-	M SENIORES	01:06:28.66	01:03:47.14	06:23
3264	4078	HUGO CASTELO	Individual	M VET 35-40-45	01:06:28.85	01:03:24.93	06:21
4939	4079	ANA COELHO COELHO	-	F VET 35-40-45	01:06:29.99	01:06:14.85	06:38
1242	4080	JORGE MANUEL COSTA E SILVA	Individual	M VET 50-55-60	01:06:31.94	01:04:57.89	06:30
831	4081	EUCLIDES GOMES SANTOS	Grupo desportivo Santander Totta	M VET 50-55-60	01:06:32.15	01:04:57.87	06:30
377	4082	ANA TERESA FERREIRA	Individual	F VET 35-40-45	01:06:32.54	01:05:21.50	06:33
1562	4083	MARIO SOARES	Individual	M VET 50-55-60	01:06:32.75	01:04:58.68	06:30
3328	4084	JOANA RODRIGUES	Individual	F SENIORES	01:06:33.23	01:04:35.20	06:28

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
3985	4085	RITA CLAUDINO	Individual	F SENIORES	01:06:33.78	01:03:29.49	06:21
2611	4086	CRISTIANA ALMEIDA	Serviços Sociais Caixa Geral Depósitos	F VET 50-55-60	01:06:33.86	01:02:33.72	06:16
5124	4087	NUNO SERRANO	-	M VET 35-40-45	01:06:34.99	01:03:11.93	06:20
465	4088	ANTÓNIO NASCIMENTO	GDCTINCM	M VET 50-55-60	01:06:35.11	01:03:38.95	06:22
2344	4089	JOAQUIM SIMAO	ODEBRECHT PORTUGAL	M VET 50-55-60	01:06:35.18	01:03:30.97	06:22
3252	4090	HENRIQUE DOS SANTOS VILHENA	Individual	M VET 50-55-60	01:06:35.59	01:02:20.51	06:15
4931	4091	VIORICA TURCANU	-	F VET 35-40-45	01:06:35.70	01:04:14.63	06:26
675	4092	CATARINA GIL	Individual	F VET 35-40-45	01:06:36.04	01:03:17.41	06:20
4402	4093	ANTONIO CARLOS LOURENÇO ALBUQUERQUE	AÇOREANA	M VET 35-40-45	01:06:36.14	01:02:35.43	06:16
2221	4094	TERESA CORTES CORTES	Individual	F VET 35-40-45	01:06:37.70	01:06:19.28	06:38
5154	4095	PEDRO SILVA	-	M VET 35-40-45	01:06:38.32	01:05:20.90	06:33
784	4096	DORA VILHENA	Individual	F VET 35-40-45	01:06:38.78	01:04:33.84	06:28
3601	4097	MANUEL ANTÓNIO	Rail Runners	M VET 35-40-45	01:06:39.24	01:05:44.23	06:35
445	4098	ANTÓNIO GASPAS	GDCTINCM	M VET 50-55-60	01:06:39.70	01:03:42.79	06:23
2860	4099	ANA BELA GASPAS	Individual	F VET 50-55-60	01:06:41.08	01:04:13.22	06:26
3420	4100	JOAQUIM FONSECA	Os Super	M VET 50-55-60	01:06:46.13	01:03:04.99	06:19
1740	4101	ONDINA TEODORO	Individual	F VET 35-40-45	01:06:47.75	01:05:21.68	06:33
3926	4102	PEDRO SILVA RAMOS	Individual	M SENIORES	01:06:49.16	01:03:18.06	06:20
1060	4103	ISABEL SANTIAGO	Individual	F VET 50-55-60	01:06:49.94	01:02:36.35	06:16
1330	4104	JOSE SANTOS	Individual	M VET 35-40-45	01:06:49.98	01:02:36.72	06:16
5083	4105	LUIZA PENELA	-	F VET 35-40-45	01:06:50.77	01:06:15.26	06:38
269	4106	ADELAIDE LEITÃO	Individual	F VET 35-40-45	01:06:51.57	01:04:23.92	06:27
5286	4107	JOAQUINA HELENA NUNES	-	F VET 35-40-45	01:06:53.53	01:06:03.63	06:37
1773	4108	PAULA SERRA	Individual	F VET 35-40-45	01:06:54.87	01:03:15.30	06:20
2299	4109	VITOR HUGO MARQUES TAVARES	Correr Lisboa	M SENIORES	01:06:55.78	01:05:46.35	06:35
2596	4110	ALEXANDRA SOFIA COELHO RIBEIRO	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:06:56.05	01:04:37.62	06:28
4167	4111	VERA MADEIRA RODRIGUES	VericiouS	F VET 35-40-45	01:06:57.40	01:05:09.94	06:31
4198	4112	ANA TERESA SEABRA	Individual	F VET 50-55-60	01:06:59.29	01:03:11.85	06:20
3528	4113	LINA MONICA FERREIRA CARVALHO LINA	Individual	F SENIORES	01:07:03.69	01:05:15.51	06:32
4607	4114	MÓNICA SOARES	Individual	F SENIORES	01:07:04.95	01:03:06.90	06:19
2380	4115	SARA RAQUEL PAULINO SEBASTIÃO	Individual	F SENIORES	01:07:06.38	01:03:40.15	06:23
921	4116	FRANCISCO JORGE	Individual	M VET 35-40-45	01:07:07.74	01:05:27.08	06:33
5341	4117	SOFIA GOMES	-	F VET 35-40-45	01:07:08.66	01:02:50.24	06:18
753	4118	DAVID MATILDE	Individual	M VET 35-40-45	01:07:09.05	01:06:01.15	06:37
650	4119	CARLOS SEQUEIRA	Individual	M VET 35-40-45	01:07:10.25	01:05:12.22	06:32
3153	4120	FABIO PIO	Grupo desportivo Santander Totta	M VET 35-40-45	01:07:11.93	01:03:03.40	06:19
4311	4121	PEDRO SANTOS	Mercedes-Benz	M VET 35-40-45	01:07:12.12	01:04:15.26	06:26
4832	4122	CARLA MARTINS	-	F VET 35-40-45	01:07:13.47	01:04:19.42	06:26
6251	4123	HELDER MARTINS	Individual	M VET 35-40-45	01:07:14.02	01:04:19.84	06:26
2320	4124	CATARINA BORGES	Six Feet Tall	F VET 35-40-45	01:07:14.78	01:04:54.25	06:30
6276	4125	ANDRÉ FILIPE AZENHA CAETANO	-	M SENIORES	01:07:15.83	01:04:07.20	06:25
3634	4126	MARIA NEVES	Individual	F SENIORES	01:07:16.27	01:03:27.20	06:21
6242	4127	NATACHA FILIPE	-	F VET 35-40-45	01:07:17.24	01:02:58.28	06:18
1079	4128	JOANA PIRES DE MELLO	Individual	F SENIORES	01:07:17.65	01:04:47.36	06:29
4370	4129	SANDRA LOURENÇO	Individual	F VET 35-40-45	01:07:17.69	01:06:08.99	06:37
2721	4130	ELSIO SANTOS	TST	M SENIORES	01:07:20.25	01:07:20.25	06:45
3497	4131	JOSÉ OLIVEIRA	Individual	M VET 50-55-60	01:07:20.95	01:03:39.77	06:22
2173	4132	SOFIA TRISTÃO	CCD-AT	F VET 35-40-45	01:07:21.21	01:03:20.90	06:21
1583	4133	MAYA LIND	Individual	F VET 35-40-45	01:07:22.97	01:04:09.44	06:25
3244	4134	HELENA FINO	Happy Runners	F VET 50-55-60	01:07:23.82	01:03:09.37	06:19
5099	4135	MARIA COLARES	-	F VET 50-55-60	01:07:24.45	01:05:31.54	06:34

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1332	4136	JOSÉ SANTOS	Individual	M VET 35-40-45	01:07:24.71	01:05:31.69	06:34
1358	4137	LINO GOMES	CCD Crédito Agrícola Mútuo	M VET 50-55-60	01:07:25.11	01:02:59.82	06:18
2140	4138	SARAH LOUÍSA GONÇALVES ANDRADE	Individual	F SENIORES	01:07:25.55	01:06:35.42	06:40
278	4139	AGOSTINHO MONTEIRO	Individual	M VET 50-55-60	01:07:27.40	01:04:54.40	06:30
2889	4140	ANABELA SANTOS	Individual	F VET 50-55-60	01:07:29.63	01:05:18.88	06:32
1898	4141	PEDRO MARQUES	Individual	M VET 35-40-45	01:07:31.69	01:06:02.84	06:37
5179	4142	RUTE SOBRAL	-	F VET 35-40-45	01:07:34.68	01:04:22.47	06:27
319	4143	ANA MORAIS	Correr na Cidade - Canespor	F SENIORES	01:07:34.71	01:05:12.27	06:32
657	4144	CARLOS VALENTE BANDEIJAS	Vila Fria/JG Seguros	M VET 50-55-60	01:07:34.99	01:06:00.37	06:37
3279	4145	INÊS CARROMEU	Individual	F SENIORES	01:07:35.03	01:04:02.28	06:25
5180	4146	RUTE SOBRAL	-	F VET 35-40-45	01:07:35.58	01:04:23.46	06:27
3433	4147	JORGE CHANG	Individual	M VET 50-55-60	01:07:35.67	01:04:01.63	06:25
6258	4148	RICARDO MANUEL GASPAR	-	M VET 50-55-60	01:07:35.87	01:03:26.85	06:21
1101	4149	JOAO GOMES	Individual	M VET 50-55-60	01:07:35.93	01:06:01.98	06:37
5004	4150	FILOMENA CORREIA	OPraticante.pt	F VET 50-55-60	01:07:36.15	01:06:22.78	06:39
5220	4151	LEONOR XAVIER	-	F VET 50-55-60	01:07:36.60	01:06:39.31	06:40
4224	4152	HUGO PEREIRA	Individual	M JUNIORES	01:07:40.35	01:06:34.70	06:40
3155	4153	FAUSTINA MARIA CORREIA REIS	Individual	F SENIORES	01:07:44.81	01:05:04.21	06:31
1577	4154	MARTA RODRIGUES	Individual	F SENIORES	01:07:45.03	01:04:07.79	06:25
5363	4155	FERNANDO BISPO	-	M VET 50-55-60	01:07:46.55	01:04:58.64	06:30
5239	4156	ANA PINHEIRO	-	F VET 50-55-60	01:07:47.17	01:05:23.54	06:33
5108	4157	MIGUEL SILVA SUPERMAN	-	M VET 50-55-60	01:07:51.55	01:05:41.49	06:35
1192	4158	JOÃO RATO	Ginásio Clube Português	M VET 50-55-60	01:07:53.23	01:05:59.16	06:36
990	4159	HELENA ESTEVINHA	Ginásio Clube Português	F VET 35-40-45	01:07:53.28	01:05:59.74	06:36
3882	4160	PEDRO ANTUNES	LEBRES E TARTARUGAS	M SENIORES	01:07:53.39	01:04:28.24	06:27
107	4161	ANA RIBEIRO	Individual	F VET 35-40-45	01:07:53.93	01:05:14.55	06:32
2057	4162	RUI FERNANDO MONTEIRO CABRAL	Individual	M VET 50-55-60	01:07:55.77	01:05:10.21	06:32
3918	4163	PEDRO QUINTELA	Individual	M VET 35-40-45	01:07:56.08	01:07:12.15	06:44
3259	4164	HONORIO OLIVEIRA	Individual	M VET 50-55-60	01:07:56.79	01:07:16.23	06:44
3992	4165	RITA MACEDO DE OLIVEIRA	Individual	F SENIORES	01:07:58.52	01:06:54.70	06:42
2620	4166	FILIPA CALEIRO	Serviços Sociais Caixa Geral Depósitos	F SENIORES	01:08:00.28	01:03:55.21	06:24
2635	4167	JOAQUIM LAVADO	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	01:08:00.85	01:04:22.62	06:27
2983	4168	BRUNO FILIPE SALVADO ARAGÃO DUARTE GONÇALVES	Individual	M VET 35-40-45	01:08:01.82	01:04:13.30	06:26
2821	4169	SUSANA SOUSA	Holmes Place	F VET 50-55-60	01:08:01.91	01:05:22.44	06:33
3994	4170	RITA MARIA SERRA DA SILVA ARAGÃO GONÇALVES	Individual	F SENIORES	01:08:02.07	01:04:12.55	06:26
3251	4171	HENRIQUE CRUZ	Individual	M SENIORES	01:08:02.78	01:04:28.74	06:27
667	4172	CAROL VALÉRIO	Individual	F SENIORES	01:08:03.83	01:04:33.22	06:28
4357	4173	VASCO CAEIRO	Individual	M VET 35-40-45	01:08:04.21	01:04:27.96	06:27
5176	4174	RUI MANUEL VAZ	-	M VET 35-40-45	01:08:10.44	01:05:36.22	06:34
829	4175	ESTHER DOMINGUEZ	Individual	F VET 35-40-45	01:08:10.56	01:05:36.19	06:34
844	4176	FÁTIMA MANTEIGA	GDCT Unicre	F VET 35-40-45	01:08:12.75	01:04:42.04	06:29
4676	4177	SARA DE ARAÚJO SEQUEIRA	Individual	F VET 35-40-45	01:08:13.53	01:04:25.10	06:27
4329	4178	CATARINA ALMEIDA	Individual	F SENIORES	01:08:13.69	01:04:24.76	06:27
2109	4179	SAMUEL JOAQUIM	Individual	M VET 50-55-60	01:08:14.97	01:06:29.91	06:39
186	4180	MIGUEL VIANA	-	M VET 35-40-45	01:08:18.12	01:04:57.82	06:30
2273	4181	VERA BEXIGA	Individual	F VET 35-40-45	01:08:19.46	01:06:52.63	06:42
1938	4182	POLLIANA MELLO	Individual	F SENIORES	01:08:19.58	01:06:37.66	06:40
325	4183	ANA TEIXEIRA	Individual	F SENIORES	01:08:19.76	01:06:01.14	06:37
4083	4184	SÉRGIO ROSA	Individual	M VET 35-40-45	01:08:20.83	01:04:47.05	06:29
3792	4185	PATRICIA ANDRÉ	Individual	F SENIORES	01:08:21.32	01:04:47.72	06:29
3113	4186	DÍDIA FERREIRA FERREIRA	Individual	F VET 35-40-45	01:08:21.48	01:06:38.42	06:40

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2451	4187	VASCO ANICETO	Clube Millennium Bcp	M VET 35-40-45	01:08:23.31	01:08:23.31	06:51
2390	4188	ALEXANDRA ANICETO	Clube Millennium Bcp	F VET 35-40-45	01:08:23.42	01:06:58.38	06:42
1225	4189	JOHNNY THOMASSEN	Individual	M VET 50-55-60	01:08:26.73	01:05:47.89	06:35
848	4190	FERNANDA VIEIRA VIEIRA	Individual	F VET 50-55-60	01:08:26.97	01:07:40.93	06:47
4889	4191	MARCO TRICANJI	CORRER LISBOA	M VET 35-40-45	01:08:27.04	01:04:57.20	06:30
5388	4192	ORLANDO NUNES	GRUPO TOTALMEDIA	M VET 35-40-45	01:08:27.71	01:03:11.72	06:20
2230	4193	TIAGO ALMEIDA	Individual	M SENIORES	01:08:28.07	01:05:37.89	06:34
1355	4194	LINA GOMES	Individual	M SENIORES	01:08:28.34	01:05:39.28	06:34
5275	4195	ISABEL ALVES	-	F VET 35-40-45	01:08:28.44	01:04:39.25	06:28
4606	4196	MILITINO COSTA	Individual	M VET 50-55-60	01:08:29.70	01:08:29.70	06:51
3793	4197	PATRICIA APURA	Individual	F SENIORES	01:08:30.85	01:04:52.45	06:30
2869	4198	ANA MARGARIDA SARAMAGO	Individual	F SENIORES	01:08:31.10	01:04:52.65	06:30
2440	4199	PAULO PAIS	Clube Millennium Bcp	M VET 50-55-60	01:08:32.72	01:05:47.26	06:35
4871	4200	JOÃO RIBEIRO	-	M VET 35-40-45	01:08:34.58	01:04:20.10	06:27
5234	4201	TIAGO RODRIGUES	-	M JUNIORES	01:08:36.14	01:06:11.44	06:38
4982	4202	DANIEL SIMÕES	-	M SENIORES	01:08:37.78	01:05:47.00	06:35
3867	4203	PEDRO BERNARDINO	Aquae Scalabis	M SENIORES	01:08:37.90	01:06:17.95	06:38
1352	4204	LI CHANGZHAO JOE	Individual	M SENIORES	01:08:38.60	01:05:20.08	06:33
3630	4205	MARGARIDA DUARTE	Individual	F SENIORES	01:08:43.13	01:07:53.14	06:48
3103	4207	DANIELA OLIVEIRA	Individual	F SENIORES	01:08:50.36	01:08:08.43	06:49
4043	4208	RUI SILVA	orh+	M VET 35-40-45	01:08:50.93	01:08:21.96	06:51
1939	4209	PRITESH MANILAL	Individual	M VET 35-40-45	01:08:53.74	01:07:34.67	06:46
4624	4210	PATRICIA COSTA	Correr Lisboa	F JUNIORES	01:08:53.93	01:07:36.76	06:46
2377	4211	SANDRA DUARTE	Six Feet Tall	F VET 35-40-45	01:08:55.36	01:06:39.05	06:40
573	4212	CARLA MARINA RODRIGUES PEREIRA DE PINA	Individual	F VET 35-40-45	01:08:56.25	01:05:39.82	06:34
3007	4213	CARLA NEVES	Individual	F SENIORES	01:08:56.32	01:05:14.44	06:32
347	4214	ANA LUISA R	Individual	F VET 35-40-45	01:08:57.52	01:05:12.73	06:32
4059	4215	SANDRA FURTADO MIRANDA	Individual	F VET 35-40-45	01:08:57.86	01:05:12.80	06:32
5365	4216	FREDERICO BECK	GRUPO TOTALMEDIA	M VET 35-40-45	01:09:00.76	01:03:45.65	06:23
3491	4217	JOSÉ LUÍS OLIVEIRA	Individual	M VET 50-55-60	01:09:01.16	01:05:57.95	06:36
2843	4218	ALEXANDRE DUARTE OLIVEIRA	Individual	M SENIORES	01:09:01.32	01:05:58.04	06:36
1520	4219	MARIA LUISA SOARES	Team 143 Tasca do Zé Russo	F VET 50-55-60	01:09:01.92	01:06:26.18	06:39
1270	4220	JOSÉ ALBERTO SOARES	Individual	M SENIORES	01:09:02.37	01:06:25.94	06:39
838	4221	FÁBIO GAMITO	Individual	M SENIORES	01:09:02.89	01:07:06.70	06:43
1653	4222	NORBERTO FERREIRA	Team 143 Tasca do Zé Russo	M VET 50-55-60	01:09:02.93	01:06:26.78	06:39
5466	4223	JOÃO SOUSA E HOLSTEIN	-	M VET 50-55-60	01:09:02.96	01:07:56.52	06:48
5492	4224	MARIA M BERCERO M BERCERO	-	F VET 50-55-60	01:09:03.72	01:07:56.80	06:48
5397	4225	RICARDO DUQUE	GRUPO TOTALMEDIA	M VET 35-40-45	01:09:04.04	01:03:48.07	06:23
2877	4226	ANA PAULA QUINTELA	Individual	F VET 50-55-60	01:09:04.58	01:06:54.64	06:42
4714	4227	ANELIDE PEREIRA	Individual	M VET 35-40-45	01:09:06.62	01:05:43.95	06:35
5212	4228	CONSTANTINO DANIEL CONCEIÇÃO	-	M VET 50-55-60	01:09:08.92	01:05:53.37	06:36
566	4229	CARLA ALEXANDRA ALMEIDA	Running Smile	F VET 35-40-45	01:09:08.97	01:07:59.65	06:48
4016	4230	RUI SANTOS	PLMJ RUNNERS	M VET 35-40-45	01:09:15.37	01:05:32.28	06:34
81	4231	RENATA BELO BELO	Individual	F VET 35-40-45	01:09:15.92	01:09:02.79	06:55
3737	4232	NIDIA SILVA	Individual	F VET 50-55-60	01:09:20.84	01:05:26.63	06:33
5163	4233	RICARDO PEIXOTO	-	M VET 35-40-45	01:09:20.89	01:08:20.42	06:51
4867	4234	JOÃO CAVACO	-	M VET 50-55-60	01:09:21.07	01:05:20.54	06:33
3853	4235	PAULO MOUTINHO	Individual	M VET 35-40-45	01:09:22.06	01:05:09.37	06:31
835	4236	EZEQUIEL HUGO ABRANTES	Falcões Selvagens	M VET 50-55-60	01:09:23.47	01:06:57.13	06:42
981	4237	HELDER SOUSA	Individual	M SENIORES	01:09:25.14	01:06:27.89	06:39
3608	4238	MANUEL FILIPE RODRIGUES SOARES SOARES	Individual	M VET 50-55-60	01:09:25.46	01:05:47.64	06:35

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4822	4239	ANTÓNIO FERREIRA PINTO	-	M VET 35-40-45	01:09:26.18	01:06:52.03	06:42
4791	4240	PEDRO MARTINS	Individual	M SENIORES	01:09:26.76	01:05:28.67	06:33
4544	4241	JOSE PINTO	Individual	M VET 35-40-45	01:09:27.50	01:06:52.71	06:42
4578	4242	MARCO MENDES	CORRER LISBOA	M VET 35-40-45	01:09:28.54	01:06:07.22	06:37
4682	4243	SILVIA MENDES	CORRER LISBOA	F VET 35-40-45	01:09:28.70	01:06:07.38	06:37
2662	4244	NUNO SIMÕES	Serviços Sociais Caixa Geral Depósitos	M SENIORES	01:09:29.80	01:05:24.50	06:33
4793	4245	RICARDO MARTINHO	Individual	M VET 35-40-45	01:09:30.26	01:07:40.47	06:47
4792	4246	RAFAELA GONÇALVES	Individual	F SENIORES	01:09:32.20	01:05:52.27	06:36
4945	4247	ANDREIA MOITA	-	F SENIORES	01:09:34.58	01:05:43.42	06:35
2307	4248	ANDRÉ GUIMARÃES	Individual	M SENIORES	01:09:37.40	01:05:31.05	06:34
1087	4249	JOANA PIÇARRA	Individual	F SENIORES	01:09:38.98	01:06:33.10	06:40
3317	4250	JOANA RODRIGUES LONA	Individual	F SENIORES	01:09:40.60	01:06:00.24	06:37
5875	4251	JOAQUIM LIMA	NucleOeiras	M VET 50-55-60	01:09:40.91	01:09:40.91	06:59
3526	4252	LILIANA LOPES	Individual	F SENIORES	01:09:44.08	01:05:57.23	06:36
541	4253	BRUNO MIGUEL COSTA NEVES	Individual	M SENIORES	01:09:44.16	01:06:09.26	06:37
3312	4254	JEAN RAFAEL	Individual	M SENIORES	01:09:44.31	01:05:57.08	06:36
104	4255	JOSÉ VALENTIM	Clube Ferroviário de Portugal	M VET 50-55-60	01:09:45.10	01:06:28.00	06:39
2559	4256	CARLOS ALVES	Clube Ferroviário de Portugal	M VET 50-55-60	01:09:45.45	01:06:28.96	06:39
119	4257	PEDRO MIGUEL DE OLIVEIRA GUEDES COSTA	Individual	M VET 35-40-45	01:09:46.03	01:09:31.45	06:58
2105	4258	RUTE ELISABETE FERREIRA APOLÓNIA FILIPE	Banco Santander Totta	F VET 35-40-45	01:09:46.30	01:09:46.30	06:59
714	4259	CLAUDIA VIEIRA	Banco Santander Totta	F VET 35-40-45	01:09:46.45	01:06:49.02	06:41
1710	4260	NUNO MIGUEL GONÇALVES DO CARMO FILIPE	Banco Santander Totta	M VET 35-40-45	01:09:46.54	01:06:48.91	06:41
1951	4261	RAQUEL LOPES	Individual	F VET 35-40-45	01:09:46.67	01:06:49.85	06:41
3114	4262	DINA MARIA BRUNO CARREGUEIRA CRISPIM	Individual	F VET 35-40-45	01:09:47.43	01:07:19.12	06:44
3088	4263	CUSTODIA CONCEIÇÃO BESUGO SERAFIM CARRIÇO	Individual	F VET 50-55-60	01:09:48.23	01:07:20.52	06:45
1241	4264	JORGE LOURENÇO	Individual	M VET 35-40-45	01:09:48.28	01:08:58.02	06:54
873	4265	FERNANDO OLIVEIRA	Individual	M VET 50-55-60	01:09:49.60	01:07:05.10	06:43
366	4266	ANA RITA LEAL	Individual	F VET 35-40-45	01:09:50.40	01:07:59.11	06:48
4182	4267	VITOR MANUEL CANELHAS CARRIÇO	Individual	M VET 50-55-60	01:09:51.54	01:07:24.51	06:45
1509	4268	MARIA FERNANDA OLIVEIRA	Individual	F VET 50-55-60	01:09:52.23	01:07:08.04	06:43
4051	4269	SANDRA PAULOS	Individual	F VET 35-40-45	01:09:53.26	01:02:56.26	06:18
610	4270	CARLOS EDUARDO GOUVEIA	Individual	M VET 35-40-45	01:09:53.51	01:07:26.75	06:45
6260	4271	MIGUEL MENDES	-	M VET 35-40-45	01:09:56.35	01:04:57.63	06:30
6259	4272	RENATA VIANA	-	F SENIORES	01:09:56.74	01:04:58.46	06:30
4766	4273	MARIO JOAO S.RODRIGUES DA SILVA	Individual	M VET 50-55-60	01:09:58.33	01:06:32.75	06:40
989	4274	HELENA DORES DORES	Individual	F VET 50-55-60	01:09:59.53	01:09:14.43	06:56
1223	4275	JOEL PONTE	Individual	M SENIORES	01:10:00.67	01:06:36.02	06:40
2449	4276	SANDRA RAMALHO	Clube Millennium Bcp	F VET 35-40-45	01:10:02.32	01:08:10.17	06:50
1300	4277	JOSÉ LUIZ GONÇALVES	Individual	M VET 50-55-60	01:10:02.55	01:07:19.75	06:44
3082	4278	CRISTINA JESUS	Individual	F VET 50-55-60	01:10:02.90	01:08:07.99	06:49
2392	4279	ANA RITA MENDES	Clube Millennium Bcp	F SENIORES	01:10:07.03	01:07:54.06	06:48
2652	4280	MANUEL BRÁS	Individual	M VET 35-40-45	01:10:07.11	01:07:36.79	06:46
3680	4281	MÁRIO TAVARES	As flechas	M VET 35-40-45	01:10:07.23	01:03:25.43	06:21
2601	4282	ANABELA VASCONCELOS ESTEVES	Serviços Sociais Caixa Geral Depósitos	F VET 50-55-60	01:10:07.40	01:06:16.17	06:38
1733	4283	NUNO VALENTE	Individual	M SENIORES	01:10:10.29	01:07:06.53	06:43
1933	4284	PEDRO VALENTE	Individual	M VET 35-40-45	01:10:10.59	01:07:06.81	06:43
2129	4285	SARA SOUSA	Tartarugas Solidarias	F VET 35-40-45	01:10:13.15	01:09:57.26	07:00
1546	4286	MÁRIO CARMO	MMR	M VET 50-55-60	01:10:15.23	01:06:18.77	06:38
3530	4287	LUCAS PERRY	Individual	M JUNIORES	01:10:17.14	01:05:00.19	06:31
3952	4288	RICARDO SERRA	Individual	M JUNIORES	01:10:17.81	01:05:00.25	06:31
2403	4289	CARLOS CONCEICAO	Clube Millennium Bcp	M VET 50-55-60	01:10:18.00	01:07:04.91	06:43

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
1326	4290	JOSÉ ROMÃO	Individual	M VET 35-40-45	01:10:18.07	01:08:39.34	06:52
5343	4291	SUSANA FERREIRA	-	F VET 35-40-45	01:10:19.54	01:08:41.53	06:53
5396	4292	RAQUEL MILHO	-	F VET 35-40-45	01:10:20.20	01:08:43.04	06:53
5319	4293	PATRICIA ALEXANDRA PEREIRA LEAL	-	F VET 35-40-45	01:10:20.53	01:08:43.27	06:53
2598	4294	ANA AZEVEDO	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:10:21.30	01:06:29.88	06:39
2857	4295	ANA PIRES	Asas nos Pés	F VET 50-55-60	01:10:21.51	01:07:58.41	06:48
2394	4296	ANTONIO JORGE	Clube Millennium Bcp	M VET 50-55-60	01:10:23.46	01:08:58.42	06:54
5277	4297	JOANA SILVA	-	F SENIORES	01:10:25.97	01:06:20.67	06:39
3102	4298	HUGO SILVA	-	M VET 35-40-45	01:10:26.42	01:06:21.97	06:39
113	4299	JOÃO PEDRO LÚCIO ANTUNES	Individual	M SENIORES	01:10:26.57	01:10:12.87	07:02
1919	4300	PEDRO PEIXOTO	Individual	M VET 35-40-45	01:10:30.25	01:06:29.02	06:39
353	4301	ANA MARIA VERISSIMO FERREIRA	STJA	F VET 50-55-60	01:10:33.26	01:07:40.57	06:47
3498	4302	JOSÉ PALMA	Individual	M JUNIORES	01:10:36.58	01:05:19.68	06:32
3650	4303	MARIA LOPES	Individual	F JUNIORES	01:10:36.71	01:05:19.40	06:32
955	4304	GONÇALO OLIVEIRA	GDCT Unicre	M VET 50-55-60	01:10:40.73	01:07:09.78	06:43
5442	4305	LUIS MATIAS	-	M SENIORES	01:10:41.60	01:06:57.59	06:42
5461	4306	VANESSA COELHO	-	F SENIORES	01:10:42.69	01:06:58.24	06:42
729	4307	CRISTINA MAIA	Individual	F VET 50-55-60	01:10:43.20	01:09:33.08	06:58
3825	4308	PAULO PINTOR	Individual	M SENIORES	01:10:43.98	01:09:44.39	06:59
3721	4309	MILENE MATOS	G.D.R. São Francisco da Serra	F JUNIORES	01:10:46.04	01:10:30.28	07:04
1948	4310	RAQUEL FERNANDES SOBRAL	Individual	F SENIORES	01:10:46.81	01:10:16.02	07:02
3892	4311	PEDRO CARMONA	Individual	M JUNIORES	01:10:48.57	01:05:31.16	06:34
3642	4312	MARIA FATIMA MOURA RIBEIRO	Individual	F VET 50-55-60	01:10:50.30	01:08:22.36	06:51
112	4313	ISABEL MARIA BOIEIRO DE LEÃO MENDES	Individual	F VET 50-55-60	01:10:50.71	01:10:42.17	07:05
117	4314	MARIA DE FÁTIMA BRANCO RUSSO	Individual	F VET 35-40-45	01:10:51.16	01:10:41.15	07:05
1206	4315	JOÃO SPÍNOLA SPÍNOLA	Individual	M SENIORES	01:10:54.89	01:08:37.34	06:52
733	4316	CRISTINA VAZ FREIRE	Individual	F SENIORES	01:10:54.92	01:10:10.52	07:02
401	4317	ANDREIA DUARTE	Individual	F VET 35-40-45	01:10:55.32	01:06:37.02	06:40
766	4318	DIOGO DOMINGUES	Individual	M SENIORES	01:10:55.36	01:10:10.65	07:02
607	4319	CARLOS DIAS	Individual	M VET 50-55-60	01:10:57.35	01:09:10.93	06:56
5430	4320	GONÇALO PÁSCOA	Wodify Runners	M SENIORES	01:10:59.12	01:07:05.23	06:43
478	4321	ANTÓNIO RIBEIRO FERREIRA	STJA	M VET 50-55-60	01:11:00.20	01:08:06.81	06:49
1025	4322	HUMBERTO BERNARDO	Individual	M VET 50-55-60	01:11:01.53	01:07:27.55	06:45
2332	4323	FILIPPE MANUEL ROCHA MARTINS PINTO BASTO	Individual	M VET 50-55-60	01:11:01.77	01:10:30.67	07:04
2602	4324	ANDRÉ NORONHA	Serviços Sociais Caixa Geral Depósitos	M VET 50-55-60	01:11:02.09	01:08:07.31	06:49
3041	4325	CARLOS SALVADOR	Grupo desportivo Santander Totta	M VET 50-55-60	01:11:02.47	01:06:47.60	06:41
4540	4326	JOSÉ CLEMENTE FRAZÃO DOS SANTOS	Individual	M VET 50-55-60	01:11:03.11	01:07:10.36	06:44
4350	4327	RICARDO JESUS	Individual	M VET 35-40-45	01:11:03.14	01:10:00.58	07:01
4045	4328	RUI TAVARES	Individual	M VET 35-40-45	01:11:03.89	01:10:05.93	07:01
3857	4329	PAULO PINTO	Individual	M VET 50-55-60	01:11:03.98	01:06:49.64	06:41
3137	4330	ELISABETE PINTO	Individual	F VET 50-55-60	01:11:06.03	01:09:11.99	06:56
4940	4331	ANA COSTA	-	F SENIORES	01:11:06.59	01:10:06.45	07:01
790	4332	DUARTE FONSECA	Individual	M VET 35-40-45	01:11:08.95	01:07:42.50	06:47
4132	4333	TERESA DO CARMO FERREIRA	Individual	F SENIORES	01:11:11.68	01:07:38.88	06:46
4062	4334	SARA ELIAS	Individual	F SENIORES	01:11:11.85	01:06:33.94	06:40
3635	4335	MARIA ALEXANDRA RODRIGUES SILVA DE QUEIROZ MARTINS	Clube PT Zcs	F VET 35-40-45	01:11:12.86	01:10:48.67	07:05
5008	4336	FRANCISCO FIÃES	Simões & Fiães Associados	M JUNIORES	01:11:16.30	01:09:22.49	06:57
5040	4337	JORGE CONCEIÇÃO	-	M VET 50-55-60	01:11:16.69	01:08:26.39	06:51
5116	4338	MIGUEL GUERREIRO	-	M VET 35-40-45	01:11:16.95	01:08:26.29	06:51
2762	4339	PAULO NUNES	TST	M SENIORES	01:11:19.94	01:09:01.81	06:55
2134	4340	SARA LANÇA	Individual	F SENIORES	01:11:21.31	01:07:40.76	06:47

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
407	4341	ANGELA AGUIAR	Individual	F VET 35-40-45	01:11:23.25	01:07:42.79	06:47
2881	4342	ANA SEIJO	Individual	F VET 35-40-45	01:11:23.93	01:08:33.70	06:52
6265	4343	SAMANTA LLOYD LEITÃO FERREIRA	STJA	F VET 35-40-45	01:11:26.51	01:08:33.46	06:52
2600	4344	ANA CRISTINA CASTRO	Serviços Sociais Caixa Geral Depósitos	F VET 50-55-60	01:11:27.33	01:08:29.24	06:51
329	4345	ANA CANHOTO	Banco Santander Totta	F VET 35-40-45	01:11:30.37	01:09:14.35	06:56
291	4346	ALEXANDRA PINTO	Clinica Dr Cautela	F VET 35-40-45	01:11:32.85	01:08:30.84	06:52
2177	4347	SONIA ANDRADE	Road Runners	F VET 35-40-45	01:11:34.29	01:09:33.39	06:58
4847	4348	FERNANDO SOUSA	-	M VET 50-55-60	01:11:37.04	01:10:57.77	07:06
6172	4349	TERESA PUJOL	-	F VET 50-55-60	01:11:45.70	01:07:47.48	06:47
6311	4350	EDGAR MATEUS	-	M SENIORES	01:11:46.31	01:08:39.24	06:52
346	4351	ANA LOPES	BPI Runners	F VET 35-40-45	01:11:46.76	01:08:16.14	06:50
2856	4352	ANA BENTO	Individual	F JUNIORES	01:11:50.90	01:11:50.90	07:12
3064	4353	CELESTE ROMERO	Individual	F VET 35-40-45	01:11:52.58	01:10:16.39	07:02
2379	4354	SARA RAFAEL	Individual	F JUNIORES	01:11:52.89	01:08:39.79	06:52
4327	4355	BRUNO LINO	Individual	M VET 35-40-45	01:11:54.04	01:11:22.09	07:09
4591	4356	MARIA VIRGÍNIA DE JESUS CARREIRA DOS SANTOS	Individual	F VET 50-55-60	01:11:56.58	01:08:03.81	06:49
3527	4357	LINA ANDREIA SILVA	Individual	F SENIORES	01:12:00.87	01:10:46.48	07:05
1089	4358	JOANNA BACHMATIUK	Individual	F SENIORES	01:12:03.38	01:08:18.23	06:50
4500	4359	ISABEL GARCIA	Individual	F VET 35-40-45	01:12:06.63	01:11:54.68	07:12
3001	4360	CARLA MARCEDO	Individual	F VET 35-40-45	01:12:07.65	01:11:18.01	07:08
3332	4361	JOAO CONTREIRAS	Individual	M VET 50-55-60	01:12:13.31	01:11:26.06	07:09
6178	4362	FERNANDA ALMEIDA	-	F VET 35-40-45	01:12:16.17	01:08:13.44	06:50
2645	4363	JOSÉ FIGUEIREDO	Serviços Sociais Caixa Geral Depósitos	M SENIORES	01:12:18.10	01:08:14.01	06:50
3438	4364	JORGE BARRIGA	Individual	M VET 50-55-60	01:12:18.87	01:10:07.24	07:01
1477	4365	MANUELA FERREIRA	Individual	F SENIORES	01:12:21.89	01:10:00.90	07:01
2259	4366	VANESSA VAZ	Individual	F SENIORES	01:12:23.78	01:11:18.53	07:08
4890	4367	MARIA AGUIAR	-	F VET 35-40-45	01:12:25.92	01:08:56.23	06:54
3652	4368	MARIA PATRICIO	Grupo desportivo Santander Totta	F VET 50-55-60	01:12:26.22	01:10:59.10	07:06
1433	4369	LUIS PAULINO	Individual	M VET 35-40-45	01:12:26.70	01:11:43.62	07:11
4692	4370	TIAGO RODRIGUES	Individual	M SENIORES	01:12:31.47	01:08:33.96	06:52
4498	4371	INÊS OLIVEIRA	Individual	F SENIORES	01:12:36.43	01:10:44.89	07:05
6238	4372	MARGARIDA BRITO DA CRUZ	-	F SENIORES	01:12:38.63	01:09:47.93	06:59
365	4373	ANA RITA GAMEIRO	Individual	F VET 35-40-45	01:12:40.63	01:08:34.95	06:52
5446	4374	MIGUEL BELO	Grupo Excursionista Os Económicos	M VET 50-55-60	01:12:41.61	01:09:12.98	06:56
1280	4375	JOSÉ BORGES	Individual	M VET 35-40-45	01:12:41.85	01:08:34.55	06:52
5435	4376	JOANA CHORINCAS	Grupo Excursionista Os Económicos	F VET 35-40-45	01:12:41.98	01:09:13.65	06:56
5992	4377	FRANCELINA SILVA	Individual - Lisboa	F VET 50-55-60	01:12:42.92	01:11:30.08	07:10
4938	4378	ANA GIGANTE	WIKABOO	F SENIORES	01:12:43.67	01:10:06.16	07:01
3631	4379	MARGARIDA SALVADOR	Individual	F SENIORES	01:12:44.29	01:10:06.98	07:01
4850	4380	FILOMENA SILVA	-	F VET 35-40-45	01:12:44.77	01:11:05.54	07:07
1057	4381	ISABEL MARIA COSTA AMARAL	Individual	F VET 50-55-60	01:12:45.20	01:11:05.92	07:07
4214	4382	CIDÁLIA MALTA	Individual	F VET 35-40-45	01:12:45.40	01:11:05.88	07:07
1573	4383	MARTA REDONDO	Individual	F SENIORES	01:12:46.63	01:10:28.76	07:03
2196	4384	SUSANA CRISTINA MENESES FERNANDES HORTA	Individual	F VET 35-40-45	01:12:49.17	01:09:20.58	06:57
74	4385	ILIDIO MONTEIRO	Individual	M VET 50-55-60	01:12:49.65	01:09:21.15	06:57
576	4386	CARLA SOFIA MALCATO RIBEIRO	Individual	F VET 35-40-45	01:12:50.62	01:08:54.35	06:54
4729	4387	FERNANDA SILVA	Individual	F VET 50-55-60	01:12:51.64	01:12:51.64	07:18
411	4388	ANGELA FERNANDES	Individual	F VET 35-40-45	01:12:51.78	01:08:56.06	06:54
691	4389	CELIA SOUSA	Individual	F VET 35-40-45	01:12:51.96	01:10:47.24	07:05
2362	4390	NUNO MATOS	Individual	M VET 35-40-45	01:12:52.04	01:08:45.62	06:53
5448	4391	NATÁLIA PINTO	Grupo Excursionista Os Económicos	F VET 50-55-60	01:12:55.02	01:09:37.91	06:58

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4970	4392	CARLA PEREIRA	-	F VET 35-40-45	01:12:56.35	01:12:04.62	07:13
1517	4393	MARIA JOÃO VELADAS	Individual	F VET 35-40-45	01:12:56.65	01:09:44.45	06:59
254	4394	PEDRO GOMES	Individual	M VET 35-40-45	01:13:01.28	01:09:25.58	06:57
5112	4395	MIGUEL COSTA	-	M VET 50-55-60	01:13:02.44	01:09:37.56	06:58
5281	4396	JOÃO CONCEIÇÃO	-	M SENIORES	01:13:02.48	01:10:12.53	07:02
293	4397	ALEXANDRA ISABEL PATRÍCIO OLIVEIRA	Individual	F VET 35-40-45	01:13:05.47	01:12:21.58	07:15
3318	4398	JOANA CAETANO	Individual	F SENIORES	01:13:05.52	01:12:46.13	07:17
4567	4399	MA FEE HUNG	AÇOREANA	F VET 50-55-60	01:13:07.99	01:11:19.43	07:08
3222	4400	GILDA FORTES	Individual	F SENIORES	01:13:08.53	01:09:34.96	06:58
4345	4400	PAULO VICTORINO	Individual	M VET 35-40-45	01:13:08.53	01:08:33.43	06:52
1757	4402	PATRICIA MORGADO FERREIRA	Individual	F SENIORES	01:13:10.05	01:11:28.94	07:09
5942	4403	PAULA LOURENÇO	Associação de Estilos de Vida Saudável	F VET 35-40-45	01:13:10.72	01:10:08.05	07:01
1764	4404	PAULA COSTA	Individual	F VET 35-40-45	01:13:14.37	01:10:49.10	07:05
111	4405	INÊS FERNANDES DE MIRANDA	Individual	F SENIORES	01:13:18.30	01:13:03.25	07:19
5132	4406	PATRICIA BAIRRADA	-	F VET 35-40-45	01:13:19.74	01:09:03.72	06:55
4835	4407	CAROLINA MILHEIRO DA COSTA	Mariobros	F SENIORES	01:13:21.04	01:09:54.68	07:00
1055	4408	ISABEL COELHO	Individual	F VET 50-55-60	01:13:21.47	01:10:24.88	07:03
6280	4409	JOANA DIAS	-	F SENIORES	01:13:23.09	01:11:11.56	07:08
3367	4410	JOÃO GARIZO	Lobos	M VET 35-40-45	01:13:28.90	01:09:16.24	06:56
4055	4411	SANDRA CABAÇO	Lobos	F VET 35-40-45	01:13:29.88	01:09:17.60	06:56
3651	4412	MARIA MANUELA FARIA	Individual	F VET 50-55-60	01:13:31.32	01:10:37.43	07:04
4918	4413	RITA C COSTA	MarioBros	F SENIORES	01:13:31.51	01:10:05.48	07:01
2898	4414	ANDRÉ FARIA	Individual	M SENIORES	01:13:31.87	01:10:39.79	07:04
3419	4415	JOAQUIM FARIA	Individual	M VET 50-55-60	01:13:32.22	01:10:39.41	07:04
507	4416	BAIA LINA	Individual	F SENIORES	01:13:38.91	01:12:38.58	07:16
4988	4417	DÉLIA LOPES	Asas nos Pés	F SENIORES	01:13:42.60	01:11:17.81	07:08
1476	4418	MANUELA ALDEIA	Tálenos Team	F VET 50-55-60	01:13:50.36	01:11:32.35	07:10
3280	4419	INÊS GRÁCIO	Individual	F SENIORES	01:13:59.01	01:12:22.56	07:15
669	4420	CAROLINA PONTE	Individual	F SENIORES	01:14:12.54	01:11:11.76	07:08
5359	4421	DIANA NUNES	-	F VET 35-40-45	01:14:14.31	01:10:06.77	07:01
5394	4422	PEDRO JAIME	-	M VET 35-40-45	01:14:14.96	01:10:08.23	07:01
331	4423	ANA CLÁUDIA FERREIRINHA	Individual	F SENIORES	01:14:26.43	01:10:27.38	07:03
191	4424	RITA ALVES	-	F VET 35-40-45	01:14:28.66	01:14:13.46	07:26
2210	4425	TATIANA IRIA	Primas	F SENIORES	01:14:38.86	01:10:28.94	07:03
1031	4426	INÊS SEVERINO	Primas	F SENIORES	01:14:38.94	01:10:29.80	07:03
2123	4427	SANDRA MENDES	Primas	F VET 35-40-45	01:14:39.08	01:10:29.86	07:03
2168	4427	SOFIA ALMEIDA	Primas	F VET 35-40-45	01:14:39.08	01:10:29.95	07:03
4583	4429	MARIA CARMO ANJOS	Individual	F VET 50-55-60	01:14:39.66	01:13:45.40	07:23
2613	4430	CRISTINA SANTOS	Serviços Sociais Caixa Geral Depósitos	F VET 50-55-60	01:14:41.63	01:14:41.63	07:29
4569	4431	MANUEL ROBALO	GD SANTANDERTOTTA	M VET 50-55-60	01:14:46.98	01:11:35.97	07:10
4049	4432	SALVADOR AFONSO	Grupo desportivo Santander Totta	M VET 50-55-60	01:14:47.10	01:14:01.44	07:25
2844	4433	ALEXANDRE FERNANDES FERREIRA	RFF Running Club	M JUNIORES	01:14:48.77	01:10:37.44	07:04
763	4434	DIANA RAMOS	Cofina Runners	F SENIORES	01:14:49.06	01:13:39.15	07:22
1135	4435	JOAO CORTESAO	Cofina Runners	M SENIORES	01:14:49.12	01:13:39.77	07:22
4647	4436	PEDRO BATISTA	Individual	M SENIORES	01:14:53.02	01:11:13.87	07:08
4397	4437	ANDRÉ SANCHES	Individual	M SENIORES	01:14:53.59	01:11:14.62	07:08
516	4438	BRÍGIDA PAIS	Individual	F VET 35-40-45	01:14:55.71	01:10:56.77	07:06
1422	4439	LUIS MIGUEL CRUZ	Individual	M VET 35-40-45	01:14:57.12	01:12:31.11	07:16
4817	4440	ANA RUEFF	-	F SENIORES	01:14:57.28	01:10:40.16	07:05
4878	4441	JOSÉ GINJA	-	M VET 35-40-45	01:14:57.71	01:10:40.87	07:05
4430	4442	CARLOS CUSTÓDIO	Individual	M SENIORES	01:15:00.84	01:10:51.24	07:06

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2110	4443	SAMUEL JOAQUIM	Individual	M VET 50-55-60	01:15:01.37	01:13:16.46	07:20
5196	4444	VANESSA FILIPA BARATA GONÇALVES	-	F SENIORES	01:15:01.75	01:12:44.63	07:17
6268	4445	GEORGINA SOFIA BARATA GONÇALVES	-	F VET 35-40-45	01:15:02.15	01:15:02.15	07:31
3980	4446	RICARDO SOUSA	As flechas	M VET 35-40-45	01:15:05.43	01:08:23.44	06:51
3009	4447	CARLA SÁ SAMPAIO	Individual	F VET 35-40-45	01:15:05.76	01:14:08.63	07:25
4017	4448	RUI ALEXANDRE SÁ SAMPAIO	Individual	M VET 35-40-45	01:15:06.02	01:14:08.45	07:25
4104	4449	SÓNIA CARINA GOUVEIA MARTINHO	Individual	F SENIORES	01:15:09.58	01:11:03.46	07:07
428	4450	ANTONIO TAVARES	CCD PM CASCAIS	M VET 50-55-60	01:15:10.54	01:10:57.50	07:06
1291	4451	JOSÉ FIALHO	CCD PM CASCAIS	M VET 50-55-60	01:15:10.55	01:10:57.41	07:06
1366	4452	LUDGERO CALDEIRA	Individual	M VET 50-55-60	01:15:12.05	01:13:55.04	07:24
2585	4453	RITA ARIANA	Clube Ferroviário de Portugal	F VET 50-55-60	01:15:12.44	01:11:55.97	07:12
2682	4454	RAQUEL CAEIRO	Serviços Sociais Caixa Geral Depósitos	F VET 35-40-45	01:15:13.27	01:11:14.33	07:08
725	4455	CRISTINA CARNEIRO	Banco Santander Totta	F VET 35-40-45	01:15:16.30	01:12:27.66	07:15
3057	4456	CÁTIA ALMEIDA	Individual	F VET 35-40-45	01:15:21.63	01:11:50.65	07:12
3228	4457	GONÇALO GRADE MONTEIRO	RFF Running Club	M SENIORES	01:15:30.40	01:11:18.61	07:08
403	4458	ANDREIA LOPES	Rexcor	F SENIORES	01:15:32.06	01:12:25.90	07:15
1946	4459	RAMONN MARTINS	Rexcor	M SENIORES	01:15:32.07	01:12:25.74	07:15
2396	4460	ANTONIO SOUSA	Clube Millennium Bcp	M VET 50-55-60	01:15:32.50	01:12:10.00	07:14
6229	4461	ANA SOARES	-	F SENIORES	01:15:33.18	01:14:04.33	07:25
6237	4462	JULIO PIRES DA SILVA	-	M VET 35-40-45	01:15:33.35	01:14:04.69	07:25
2358	4463	MARINA COSTA	Individual	F SENIORES	01:15:44.86	01:13:23.46	07:21
4584	4464	MARIA CRISTINA ANTUNES ALVES ALVES	Individual	F VET 35-40-45	01:15:46.77	01:12:30.04	07:16
4902	4465	PATRÍCIA FIGUEIREDO	ORH-	F VET 35-40-45	01:15:46.78	01:12:32.79	07:16
4508	4466	JOÃO GIRARDI	Individual	M VET 35-40-45	01:15:48.43	01:12:08.85	07:13
463	4467	ANTÓNIO MARQUES MARQUES	Individual	M VET 50-55-60	01:15:50.04	01:15:33.03	07:34
4389	4468	ANA SANTOS	Individual	F SENIORES	01:15:51.29	01:12:16.23	07:14
1412	4469	LUIS MANUEL NUNES DUARTE	Runners Frente Ribeirinha da Póvoa de Santa Iria	M VET 35-40-45	01:15:52.34	01:15:52.34	07:36
6244	4470	RITA VENIDO	-	F VET 35-40-45	01:15:52.55	01:15:17.48	07:32
3627	4471	MARGARIDA CATARINO	Individual	F VET 50-55-60	01:15:53.60	01:12:01.60	07:13
3070	4472	CÉSAR GOMES	Individual	M VET 35-40-45	01:15:54.24	01:12:17.90	07:14
4074	4473	SÉRGIO CRUZ	Individual	M VET 35-40-45	01:15:54.85	01:12:17.36	07:14
942	4474	GONÇALO ALEM	carapuças alem	M SENIORES	01:15:54.95	01:12:25.25	07:15
1756	4475	PATRICIA CARAPUÇA	carapuças alem	F SENIORES	01:15:56.13	01:12:26.90	07:15
4664	4476	RUI MARQUES	Miranda Miles	M VET 35-40-45	01:16:06.76	01:13:03.51	07:19
4420	4477	BRUNA GARCIA DO FÔJO	Miranda Miles	F SENIORES	01:16:06.80	01:13:03.27	07:19
2132	4478	SARA ELISABETE SILVA	Individual	F VET 35-40-45	01:16:13.03	01:14:18.32	07:26
2244	4479	TIAGO PEREIRA	Oreos	M SENIORES	01:16:18.87	01:15:14.99	07:32
1033	4480	INÉS ALMEIDA	Oreos	F SENIORES	01:16:19.40	01:15:14.84	07:32
6159	4481	JOANA ANDRADE	-	F VET 35-40-45	01:16:19.74	01:12:54.91	07:18
2319	4482	CARLOS ANTONIO	Individual	M VET 50-55-60	01:16:23.58	01:16:23.58	07:39
1576	4483	MARTA JANEIRO	Individual	F VET 35-40-45	01:16:25.00	01:12:25.81	07:15
137	4484	PATRÍCIA MATOS	TVI	F SENIORES	01:16:25.14	01:16:25.14	07:39
6267	4485	ANTÓNIO MARRACHINHO	-	M VET 50-55-60	01:16:38.74	01:12:00.64	07:13
336	4486	ANA DOCE	Balas Urbanas	F SENIORES	01:16:41.73	01:14:23.09	07:27
2788	4487	ALEXANDRE RODRIGUES	Holmes Place	M VET 35-40-45	01:16:44.51	01:14:54.07	07:30
1886	4488	PEDRO LIMA	Balas Urbanas	M SENIORES	01:16:45.23	01:14:26.31	07:27
1769	4489	PAULA NEVES	Individual	F VET 35-40-45	01:16:45.76	01:14:27.69	07:27
4708	4490	ANA VENÂNCIO	Individual	F VET 35-40-45	01:16:49.43	01:13:23.00	07:21
4128	4491	TELMA CORREIA	Individual	F VET 35-40-45	01:16:49.80	01:13:23.15	07:21
4894	4492	MARISA PARDAL	-	F SENIORES	01:16:51.21	01:14:05.94	07:25
594	4493	CARLOS ALBERTO VICENTE VIEIRA PORFIRIO PORFIRIO	Individual	M VET 50-55-60	01:16:51.22	01:14:56.05	07:30

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2013	4494	RITA MELO E CASTRO CASTRO	Individual	F VET 35-40-45	01:16:52.79	01:16:25.71	07:39
2646	4495	JOSÉ REIS	Serviços Sociais Caixa Geral Depósitos	M SENIORES	01:16:57.32	01:12:52.41	07:18
3811	4496	PAULA GUERRA	Individual	F VET 35-40-45	01:17:06.77	01:13:39.31	07:22
371	4497	ANA SARA SOBREIRA SOUSA	Individual	F SENIORES	01:17:07.60	01:14:08.01	07:25
3877	4498	PEDRO PINTO	Individual	M VET 50-55-60	01:17:07.85	01:15:14.30	07:32
1449	4499	LUIS SIMOES	Individual	M SENIORES	01:17:12.35	01:14:25.30	07:27
2930	4500	ANTÓNIO CORREIA	Individual	M VET 35-40-45	01:17:13.52	01:15:36.78	07:34
4096	4501	SOFIA HIPOLITO	Individual	F SENIORES	01:17:18.12	01:13:04.30	07:19
2882	4502	ANA SILVA	GRD OS FIXES	F VET 50-55-60	01:17:18.67	01:17:18.67	07:44
4105	4503	SONIA CASANOVA MARQUES	Carros Vassoura	F VET 35-40-45	01:17:21.12	01:13:07.18	07:19
3073	4504	CIDÁLIA RIBEIRO	Individual	F VET 50-55-60	01:17:21.58	01:16:40.10	07:41
6189	4505	MARIA VIEIRA	-	F VET 35-40-45	01:17:24.01	01:13:51.88	07:24
1204	4506	JOÃO SEQUEIRA	Individual	M SENIORES	01:17:28.44	01:13:46.75	07:23
1687	4507	NUNO COSTA	Individual	M VET 35-40-45	01:17:29.03	01:15:03.57	07:31
4860	4508	ISABEL MILHEIRO DA COSTA	-	F VET 35-40-45	01:17:30.82	01:14:05.29	07:25
986	4509	HELENA ALVES	Individual	F VET 35-40-45	01:17:34.74	01:14:05.54	07:25
1338	4510	JULIE SERRAO SERRAO	Individual	F VET 35-40-45	01:17:35.40	01:14:24.16	07:27
3692	4511	MAURO MATOS	Individual	M SENIORES	01:17:38.08	01:13:22.85	07:21
390	4512	ANDRÉ CARDOSO AFONSO	Individual	M SENIORES	01:17:38.13	01:14:18.29	07:26
2909	4513	ÂNGELA SERRADOR	Individual	F SENIORES	01:17:38.56	01:14:24.79	07:27
3052	4514	CATARINA GOMES	Individual	F SENIORES	01:17:39.28	01:14:26.32	07:27
194	4515	SOFIA VILARDEBO	-	F SENIORES	01:17:42.24	01:17:42.24	07:47
2133	4516	SARA FARIA	Individual	F VET 35-40-45	01:17:49.30	01:14:19.95	07:26
3506	4517	JOSÉ SANTOS	Trails & C ^a .	M VET 50-55-60	01:17:56.02	01:16:18.67	07:38
6192	4518	NUNO VIEIRA	-	M VET 35-40-45	01:18:01.35	01:14:28.86	07:27
4643	4519	PEDRO BRANDÃO	AÇOREANA	M VET 50-55-60	01:18:09.01	01:16:01.80	07:37
4112	4520	SUSANA DIAS	Individual	F SENIORES	01:18:12.73	01:14:10.15	07:26
2222	4521	TERESA GRAÇA	Individual	F VET 50-55-60	01:18:23.14	01:15:35.17	07:34
5208	4522	BRUNO MIGUEL ROMÃO CANAVEIRA	-	M SENIORES	01:18:30.86	01:16:13.47	07:38
4836	4523	CAROLINA OLIVEIRA	-	F SENIORES	01:18:35.66	01:17:37.67	07:46
3148	4524	EUFRASINA LIMA	Individual	F VET 50-55-60	01:18:35.97	01:17:26.22	07:45
698	4525	CINTIA SANTOS	Rexcor	F VET 35-40-45	01:18:39.18	01:15:32.88	07:34
2514	4526	PATRICIA FILIPA DA COSTA GRAÇA DE BARROS	CLUBE VODAFONE	F VET 35-40-45	01:18:39.48	01:15:33.02	07:34
862	4527	FERNANDO FAVINHA FAVINHA	Clube de Empregados da Repsol em Portugal"	M VET 50-55-60	01:18:42.12	01:14:35.05	07:28
4120	4528	TANIA FERREIRA	Individual	F SENIORES	01:18:45.13	01:17:46.66	07:47
5145	4529	PEDRO LUCENA	-	M SENIORES	01:18:53.24	01:17:53.32	07:48
3643	4530	MARIA GERTRUDES SOUSA	ADRC Mata de Benfica	F VET 50-55-60	01:18:53.93	01:15:41.03	07:35
947	4531	GONÇALO CARAPUÇA	carapuças alem	M JUNIORES	01:18:56.42	01:15:27.75	07:33
454	4532	ANTONIO JOSE FERNANDES CARAPUÇA CARAPUÇA	carapuças alem	M VET 50-55-60	01:18:56.69	01:15:26.03	07:33
356	4533	ANA MONTEIRO	Individual	F VET 35-40-45	01:18:59.65	01:14:52.18	07:30
2998	4534	CARINA VIEIRA	Individual	F VET 35-40-45	01:19:02.39	01:15:26.24	07:33
3478	4535	JOSÉ FERREIRA	Individual	M VET 35-40-45	01:19:02.90	01:17:11.01	07:44
3074	4536	CLAUDIA SANTOS	Individual	F VET 35-40-45	01:19:02.94	01:17:10.90	07:44
2875	4537	ANA PAULA FERREIRA	Individual	F VET 35-40-45	01:19:03.82	01:11:52.38	07:12
5200	4538	VITOR SIMÕES	-	M VET 50-55-60	01:19:04.40	01:18:17.69	07:50
2218	4539	TERESA ARAUJO	Individual	F VET 35-40-45	01:19:06.50	01:17:28.73	07:45
3017	4540	CARLOS ALBERTO VIEIRA PEDRO	Individual	M VET 50-55-60	01:19:10.68	01:18:18.22	07:50
1077	4541	JESSICA MARTINS AMARAL JESSICA MARTINS	Individual	F SENIORES	01:19:13.09	01:16:03.25	07:37
2009	4542	RITA GONÇALVES	Individual	F SENIORES	01:19:13.17	01:16:12.50	07:38
2940	4543	ANTONIO MANUEL CASTANHEIRA BICHO	Individual	M VET 50-55-60	01:19:15.55	01:17:48.21	07:47
4722	4544	DIANA PORTUGAL	Individual	F SENIORES	01:19:16.61	01:19:16.61	07:56

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4794	4545	RITA DOMINGOS	Individual	F VET 35-40-45	01:19:17.11	01:19:17.11	07:56
4202	4546	ANGELA PIMENTA	Individual	F VET 35-40-45	01:19:17.21	01:15:34.86	07:34
2181	4547	SÓNIA CRISTINA TRINDADE DE JESUS	Individual	F VET 35-40-45	01:19:18.13	01:18:26.08	07:51
4801	4548	SÓNIA ESTEVES	As miudas	F VET 35-40-45	01:19:20.04	01:19:20.04	07:57
1613	4549	MIGUEL FRAGA	GDCTINCM	M VET 35-40-45	01:19:26.61	01:16:04.55	07:37
1037	4550	INÉS COUTO	Individual	F SENIORES	01:19:31.20	01:16:30.43	07:40
6298	4551	RITA CALDEIRA	-	F VET 35-40-45	01:19:37.73	01:16:55.94	07:42
988	4552	HELENA CONCEIÇÃO FAZENDA MARTINS MACHADO	Clube PT Zcs	F VET 35-40-45	01:19:47.73	01:16:43.91	07:41
3599	4553	MANUEL RIBEIRO	Individual	M VET 35-40-45	01:19:51.11	01:19:11.68	07:56
4398	4554	ANGELO RIBEIRO	Individual	M SENIORES	01:20:01.52	01:16:24.99	07:39
3243	4555	HELENA ELISABETE MONTEIRO DE ALMEIDA FERREIRA	Individual	F SENIORES	01:20:03.28	01:18:43.97	07:53
2906	4556	ANDRÉIA FILIPA ANDRADE DOS SANTOS	Individual	F SENIORES	01:20:03.53	01:18:44.41	07:53
705	4557	CLAUDIA COLAÇO	Individual	F VET 35-40-45	01:20:09.74	01:20:09.74	08:01
4516	4558	JOÃO CARLOS DA SILVA GOMES ROSA	Individual	M SENIORES	01:20:13.55	01:16:22.79	07:39
351	4559	ANA MARGARIDA SANTOS	Individual	F SENIORES	01:20:14.02	01:17:13.14	07:44
3653	4560	MARIA PAULO	Individual	F VET 35-40-45	01:20:20.02	01:19:33.81	07:58
683	4561	CÁTIA ANDREIA DOS SANTOS PALMEIRO CABRAL	Individual	F VET 35-40-45	01:20:30.59	01:17:42.46	07:47
5067	4562	LUCINDA LOPES HENRIQUES	-	F VET 50-55-60	01:20:30.75	01:19:35.31	07:58
2276	4563	VERA VAZ VAZ	Individual	F SENIORES	01:20:32.30	01:17:40.05	07:47
4387	4564	ANA PAULA PINHO	Individual	F SENIORES	01:20:33.64	01:16:54.04	07:42
1170	4565	JOÃO PACA	Individual	M VET 35-40-45	01:20:34.10	01:16:37.48	07:40
619	4566	CARLOS GASPAR	Individual	M VET 50-55-60	01:20:34.55	01:16:38.08	07:40
779	4567	DMITRY SHELEPENKO	Individual	M SENIORES	01:20:37.70	01:17:45.91	07:47
521	4568	BRUNO MIGUEL DIAS ALAMBRE GONÇALVES	Individual	M SENIORES	01:20:39.85	01:17:46.62	07:47
1043	4569	INÉS PARENTE MENDES GUERREIRO	Individual	F SENIORES	01:20:41.38	01:17:48.34	07:47
2413	4570	FOCK YIOT WAN	Individual	F VET 50-55-60	01:20:53.33	01:18:35.05	07:52
2423	4570	JOSÉ EDUARDO ARRUDA	Clube Millennium Bcp	M VET 50-55-60	01:20:53.33	01:18:35.72	07:52
1456	4572	MADALENA FELICIO	Individual	F SENIORES	01:20:59.67	01:19:42.28	07:59
1523	4573	MARIA MARGARIDA MACEDO	Individual	F VET 50-55-60	01:21:05.87	01:19:39.88	07:58
2803	4574	JOSÉ DIONISIO	Holmes Place	M VET 50-55-60	01:21:13.50	01:18:27.98	07:51
2007	4575	RITA CARVALHINHO RCARVALHINHO@GMAIL.COM	Individual	F VET 35-40-45	01:21:18.32	01:17:47.10	07:47
814	4576	ELISABETE CALADO	Individual	F VET 35-40-45	01:21:22.95	01:17:40.20	07:47
4432	4577	CARLOS SILVÉRIO	Individual	M VET 50-55-60	01:21:23.13	01:21:09.85	08:07
5011	4578	ALEXANDRA PEDRO	-	F SENIORES	01:21:23.98	01:17:40.27	07:47
836	4579	MARIA GAMITO	Individual	F VET 35-40-45	01:21:27.86	01:17:33.44	07:46
4095	4580	SOFIA HENRIQUES	SDRC Mata de Benfica	F VET 35-40-45	01:21:40.73	01:18:26.76	07:51
3003	4581	CARLA FERREIRA	Falcões selvagens	F VET 35-40-45	01:21:43.80	01:19:16.75	07:56
4034	4582	RUI OLIVEIRA	Falcões Selvagens	M VET 50-55-60	01:21:44.35	01:19:17.84	07:56
260	4583	SUSANA TOLEDO	Individual	F SENIORES	01:21:54.79	01:17:54.77	07:48
4286	4584	RUTE SOARES	Individual	F VET 35-40-45	01:21:55.22	01:17:55.60	07:48
4846	4585	FÁTIMA PACHECO	-	F VET 50-55-60	01:22:02.46	01:20:44.78	08:05
4761	4586	LUISA JESUS	correr lisboa	F VET 35-40-45	01:22:10.45	01:18:38.38	07:52
2659	4587	NUNO ABREU	Serviços Sociais Caixa Geral Depósitos	M VET 35-40-45	01:22:11.73	01:18:08.04	07:49
4733	4588	GRACIANA SANTOS	CORRER LISBOA	F VET 35-40-45	01:22:12.71	01:18:40.83	07:53
3462	4589	JOSE SANTOS	Individual	M VET 50-55-60	01:22:13.28	01:17:58.30	07:48
4227	4590	JOÃO CONCEIÇÃO	Individual	M SENIORES	01:22:15.08	01:19:26.56	07:57
443	4591	ANTÓNIO FRANÇO	Individual	M VET 50-55-60	01:22:16.98	01:18:57.51	07:54
1525	4592	MARIA PAULA DA SILVA PEREIRA RODRIGUES	Individual	F VET 50-55-60	01:22:38.12	01:19:21.67	07:57
1501	4593	MARIA CARNEIRO DE ALMEIDA	As 3 incríveis	F SENIORES	01:22:45.48	01:19:38.71	07:58
5429	4594	GEORGETA CLARO	CORRER LISBOA	F VET 50-55-60	01:23:10.03	01:22:02.23	08:13
798	4595	EDGAR RODRIGUES	Individual	M SENIORES	01:23:11.23	01:20:13.88	08:02

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
341	4596	ANA INÉS GONÇALVES	Individual	F SENIORES	01:23:12.23	01:20:14.51	08:02
1112	4597	JOÃO REBELO	Individual	M SENIORES	01:23:20.21	01:19:18.18	07:56
312	4598	AMADO REBELO	Individual	M VET 35-40-45	01:23:21.97	01:19:19.38	07:56
3987	4599	RITA ARCANJO MEDALHO	RFF Running Club	F SENIORES	01:23:48.05	01:19:35.73	07:58
3685	4600	MARTA MACHADO DE ALMEIDA	RFF Running Club	F VET 35-40-45	01:23:48.68	01:19:37.43	07:58
2557	4601	ARSÉNIO FACAS	Clube Ferroviário de Portugal	M VET 50-55-60	01:23:59.22	01:20:44.21	08:05
1386	4602	LUIS AMEIXA	Individual	M VET 35-40-45	01:24:10.18	01:21:35.49	08:10
3638	4603	MARIA COELHO	Individual	F VET 50-55-60	01:24:11.06	01:20:13.48	08:02
3163	4604	FERNANDO COELHO	Individual	M VET 50-55-60	01:24:11.51	01:20:13.59	08:02
2182	4605	SÓNIA CRISTINA MOEDAS MARTINS	Individual	F VET 35-40-45	01:24:20.20	01:23:28.94	08:21
4436	4606	CELIA PASSINHAS	Individual	F VET 35-40-45	01:24:51.43	01:23:46.04	08:23
3004	4607	CARLA FILOMENA CARRADA DA SILVA	Individual	F VET 35-40-45	01:24:56.98	01:24:56.98	08:30
3707	4608	MIGUEL ISIDORO	Individual	M VET 35-40-45	01:24:57.74	01:24:57.74	08:30
4875	4609	JORGE RATO	CML	M VET 50-55-60	01:25:00.46	01:20:47.17	08:05
2876	4610	ANA PAULA SOUSA	Individual	F VET 50-55-60	01:25:06.91	01:23:51.12	08:24
922	4611	FRANCISCO JOSÉ SILVA COSTA	Individual	M VET 35-40-45	01:25:17.51	01:21:05.22	08:07
5555	4612	NUNO SILVA	Clube Atletismo Amigos de Belém	M VET 35-40-45	01:25:18.72	01:25:18.72	08:32
1038	4613	INÉS ESTEVES	Individual	F SENIORES	01:25:58.74	01:23:00.98	08:19
4503	4614	JOANA ARMAS	Individual	F SENIORES	01:25:58.82	01:23:02.25	08:19
4332	4615	INÁCIO ALVARO SOUSA	Individual	M VET 50-55-60	01:26:06.93	01:25:50.38	08:36
2422	4616	JOSÉ VILELA	Clube Millennium Bcp	M VET 50-55-60	01:26:54.62	01:23:49.65	08:23
348	4617	ANA MADALENA MARQUES GONÇALVES VILELA	Clube PT Zcs	F VET 50-55-60	01:26:55.03	01:23:49.32	08:23
4903	4618	PATRICIA PEREIRA	-	F SENIORES	01:26:58.90	01:22:40.42	08:17
4814	4619	ANA LOPES	-	F SENIORES	01:26:59.78	01:22:41.94	08:17
1825	4620	PAULO NEVES	Individual	M VET 35-40-45	01:27:05.23	01:23:13.49	08:20
1022	4621	HUGO TORCATO	Individual	M VET 35-40-45	01:27:05.40	01:23:14.43	08:20
5278	4622	JOANA ESTEVES	-	F VET 35-40-45	01:27:05.75	01:24:17.47	08:26
5344	4623	SUSANA VILAÇA	-	F SENIORES	01:27:06.17	01:24:17.70	08:26
1763	4624	PAULA ALEXANDRA GRAÇA SANTOS COSTA	Individual	F VET 35-40-45	01:27:11.15	01:22:57.96	08:18
679	4625	CATARINA VALENTE RAPOSO	Individual	F SENIORES	01:27:27.19	01:24:35.82	08:28
2095	4626	RUI RODRIGO MARTINS RAPOSO	Individual	M VET 35-40-45	01:27:27.29	01:24:35.92	08:28
1454	4627	LURDES FERREIRA	Individual	F VET 50-55-60	01:27:42.60	01:26:57.89	08:42
3990	4628	RITA FERREIRA	Individual	F SENIORES	01:27:55.13	01:25:21.85	08:33
3450	4629	JORGE SOBRAL	Individual	M VET 50-55-60	01:28:23.09	01:25:08.06	08:31
3023	4630	CARLOS FERREIRA	Individual	M VET 50-55-60	01:28:26.88	01:27:18.66	08:44
6166	4631	NATALIA COELHO	-	F VET 50-55-60	01:28:27.63	01:28:27.63	08:51
3770	4632	NUNO GUERREIRO	ADRC Mata de Benfica	M SENIORES	01:29:17.87	01:29:17.87	08:56
3285	4633	INÉS PINTO	Individual	F SENIORES	01:29:23.40	01:26:21.72	08:39
3654	4634	MARIA PINTO	Individual	F VET 50-55-60	01:29:24.99	01:26:23.28	08:39
6168	4635	PAULA NOVO	-	F VET 50-55-60	01:29:31.56	01:25:27.97	08:33
4574	4636	MANUELA CRUZ	Run 4 Fun	F VET 50-55-60	01:29:52.69	01:25:40.71	08:35
3889	4637	PAULO FERNANDES	A.A. Lebres do Sado	M VET 35-40-45	01:29:52.75	01:25:39.90	08:34
4906	4638	PAULA MAGALHAES	-	F VET 35-40-45	01:30:13.03	01:26:59.04	08:42
5213	4639	CRISTINA PINHO	-	F VET 35-40-45	01:30:13.75	01:26:58.69	08:42
3726	4640	NAJLA MATA	CLUBE COLABORADORES AGEAS	F SENIORES	01:30:43.27	01:27:59.78	08:48
1736	4641	OLGA SANTOS	Individual	F VET 50-55-60	01:31:09.25	01:30:00.79	09:01
357	4642	ANA MORAIS BICA	Individual	F SENIORES	01:31:18.65	01:29:18.84	08:56
4318	4643	MARISA RITA FERREIRA FÉLIX	Individual	F SENIORES	01:31:20.81	01:27:55.10	08:48
2220	4644	TERESA CATARINA VARGES DOS SANTOS	Individual	F SENIORES	01:31:28.01	01:28:11.68	08:50
2121	4645	SANDRA ISABEL ALMEIDA GOMES	Individual	F VET 35-40-45	01:31:30.35	01:28:13.72	08:50
2118	4646	SANDRA CUNHA	Individual	F VET 35-40-45	01:32:08.67	01:29:33.95	08:58

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
2175	4647	SÓNIA MACHADO DE CASTRO	Individual	F SENIORES	01:32:08.81	01:29:34.54	08:58
1302	4648	JOSÉ MAGALHÃES	Individual	M SENIORES	01:32:38.33	01:28:59.29	08:54
6099	4649	JOAQUIM ARAÚJO	Amigos Atlético do Pêgo Longo	M VET 50-55-60	01:33:16.15	01:31:59.31	09:12
4490	4650	HELDER DOS SANTOS ALMEIDA ALMEIDA	-0-	M VET 50-55-60	01:33:23.53	01:32:20.72	09:15
3728	4651	NATERCIA SANTOS	Individual	F VET 35-40-45	01:34:32.97	01:32:47.12	09:17
4589	4652	MARIA SANTOS	Individual	F SENIORES	01:34:38.91	01:30:29.01	09:03
4502	4653	IVO SEQUEIRA	Individual	M SENIORES	01:34:40.48	01:30:30.36	09:04
2887	4654	ANABELA CARVALHO	Individual	F VET 35-40-45	01:35:03.35	01:33:17.09	09:20
3175	4655	FILIPA GOMES TEIXEIRA	RFF Running Club	F SENIORES	01:35:21.44	01:31:13.39	09:08
3633	4656	MARGOT LOPES MARTINS	RFF Running Club	F SENIORES	01:35:21.54	01:31:13.40	09:08
568	4657	CARLA CARVALHO CARVALHO	Individual	F VET 35-40-45	01:35:33.31	01:32:22.04	09:15
3799	4658	PATRICIA GERALDES	Individual	F VET 35-40-45	01:35:42.28	01:33:09.55	09:19
3688	4659	MARTA VICENTE	Individual	F SENIORES	01:35:42.41	01:33:08.63	09:19
5445	4660	MARGARIDA SUMARES	-	F SENIORES	01:36:31.86	01:33:17.61	09:20
713	4661	CLAUDIA SUMARES	Individual	F VET 35-40-45	01:36:33.34	01:33:19.16	09:20
2272	4662	VERA ANTUNES	Individual	F SENIORES	01:36:49.99	01:33:43.42	09:23
2205	4663	TÂNIA GRANJEIRO	Individual	F SENIORES	01:36:51.05	01:33:45.29	09:23
5272	4664	HELENA MARQUES	-	F VET 50-55-60	01:39:05.42	01:36:01.79	09:37
2231	4665	DULCE AGUAMEL	-	F VET 50-55-60	01:39:06.05	01:36:02.41	09:37
5338	4666	RUTE AGUAMEL	-	F VET 35-40-45	01:39:06.93	01:36:02.21	09:37
4582	4667	MARIA CINTRA	CML	F VET 35-40-45	01:39:11.19	01:39:11.19	09:56
4328	4668	CARLA MATOS	Individual	F VET 50-55-60	01:39:11.41	01:34:58.86	09:30
157	4669	STEPHANIE SILVA	Individual	F VET 35-40-45	01:39:12.39	01:35:00.14	09:31
984	4670	HELENA DIAS	Individual	F VET 35-40-45	01:39:19.89	01:36:59.20	09:42
1056	4671	ISABEL MARIA BORGES MARTINS DELGADO	Banco Santander Totta	F VET 35-40-45	01:39:20.90	01:36:58.01	09:42
1518	4672	MARIA JOSÉ COIMBRA	Individual	F VET 50-55-60	01:39:22.88	01:37:00.54	09:43
5919	4673	GUIDA ALVES	NucleOeiras	F VET 35-40-45	01:39:26.43	01:35:26.15	09:33
4287	4674	SANDRA LOPES	Individual	F VET 35-40-45	01:39:27.43	01:35:27.95	09:33
322	4675	ANA SANTOS	Individual	F SENIORES	01:39:43.15	01:36:37.62	09:40
339	4676	ANA FILIPA SANTOS	Individual	F SENIORES	01:39:43.45	01:36:38.16	09:40
4701	4677	VASCO ISMAEL RODRIGUES DA SILVA	Individual	M VET 35-40-45	01:39:50.58	01:35:35.43	09:34
4586	4678	MARIA JOÃO MATOS ANDRADE LOURENÇO	Individual	F SENIORES	01:39:50.96	01:35:36.65	09:34
4721	4679	DANIELA VICENTE	Individual	F SENIORES	01:40:35.53	01:36:25.73	09:39
4504	4680	JOANA MENA	Individual	F SENIORES	01:40:35.79	01:36:25.59	09:39
4613	4681	NUNO ANDRÉ	Individual	M SENIORES	01:40:52.94	01:36:41.97	09:41
4684	4682	SOFIA BONITO	Individual	F SENIORES	01:40:53.25	01:36:42.00	09:41
664	4683	CARMINDA LOPES	Individual	F VET 50-55-60	01:42:41.26	01:40:57.80	10:06
3639	4684	MARIA CRISTINA DOS SANTOS OLIVEIRA	Individual	F VET 50-55-60	01:42:41.56	01:38:45.23	09:53
517	4685	BRIGITE LOPES	Individual	F VET 35-40-45	01:42:42.18	01:42:42.18	10:17
575	4686	CARLA SOFIA ANTUNES	Individual	F VET 35-40-45	01:42:42.31	01:40:59.78	10:06
3636	4687	MARIA ALICE DA CRUZ GONÇALVES	Individual	F VET 50-55-60	01:42:42.52	01:38:46.63	09:53
4699	4688	VANESSA MARQUES	Individual	F VET 35-40-45	01:44:01.56	01:36:24.31	09:39
4855	4689	HELIO ANJOS	-	M VET 35-40-45	01:44:03.87	01:36:25.93	09:39
4276	4690	PEDRO SARAIVA	Individual	M SENIORES	01:45:06.16	01:37:25.27	09:45
3959	4691	RICARDO CAMPOS	Individual	M SENIORES	01:45:37.11	01:45:37.11	10:34
3101	4692	DANIELA BATISTA	Individual	F SENIORES	01:45:59.82	01:45:59.82	10:36
6313	4693	MARIANA PEDRO	-	F JUNIORES	01:46:02.95	01:46:02.95	10:37
3051	4694	CAROLINA SILVEIRA	Individual	F JUNIORES	01:46:03.43	01:46:03.43	10:37
3313	4695	JESSICA SEQUEIRA	Individual	F SENIORES	01:46:06.17	01:46:06.17	10:37
885	4696	FILIPA ALVES	Individual	F SENIORES	01:46:34.07	01:42:48.00	10:17
4282	4697	ROSA LOPES	Individual	F VET 50-55-60	01:46:45.41	01:42:45.23	10:17

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
4263	4698	MARGARIDA ROCHA	Individual	F VET 50-55-60	01:46:55.82	01:42:55.55	10:18
5152	4699	PEDRO PINHA	-	M VET 35-40-45	01:48:06.89	01:46:50.31	10:42
2787	4700	RAFAEL ABRUNHOSA	Individual	M VET 50-55-60	01:50:15.86	01:50:15.86	11:02
2383	4701	SEVERINA VELOSO	CERCIPÓVOA	M VET 50-55-60	01:55:04.05	01:55:04.05	11:31

Grande Prémio de Natal 2016 - Marcha 3 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6225	1	PEDRO ISIDRO	SL Benfica	M SEN	00:10:16.68	00:10:14.88	05:30
5554	2	KRISTINA SALTANOVIC	Centro de Atletismo de Seia	F VET	00:11:16.04	00:11:14.26	06:02
5805	3	ANDRÉ ANTUNES	CLUBE DE FUTEBOL " OS BELENENSES "	M JUN	00:11:46.01	00:11:44.25	06:18
5971	4	CARLOS PAIVA	Centro de Atletismo das Galinheiras	M VET	00:12:04.47	00:12:02.46	06:28
6145	5	PAULO CUNHA	Grupo Desportivo São Domingos	M VET	00:12:24.93	00:12:22.42	06:39
5662	6	SOFIA AVOILA	Juventude Operária Monte Abraão	F VET	00:12:35.00	00:12:35.00	06:46
5970	7	PAULO RAMOS	Centro de Atletismo das Galinheiras	M VET	00:13:37.88	00:13:35.37	07:18
5969	8	MARIA ORLETE MENDES	Centro de Atletismo das Galinheiras	F VET	00:13:58.09	00:13:55.74	07:29
5968	9	FÁTIMA COSTA	Centro de Atletismo das Galinheiras	F VET	00:14:26.70	00:14:23.57	07:44

Grande Prémio de Natal 2016 - Marcha 2 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6115	1	GONÇALO PINTO	Centro de Atletismo das Galinheiras	M INIC	00:10:44.06	00:10:46.49	05:23
5966	2	RAQUEL AMORIM	Centro de Atletismo das Galinheiras	F INIC	00:11:02.55	00:11:05.62	05:32
6116	3	ARIANA VARELA	Centro de Atletismo das Galinheiras	F JUV	00:11:06.47	00:11:09.31	05:34

Grande Prémio de Natal 2016 - Marcha 1 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5807	1	SANTIAGO XAVIER	Grupo Desportivo Popular do Chão Duro	M BENJ	00:04:11.98	00:04:14.22	06:46
5963	2	GONÇALO MARTINS	Centro de Atletismo das Galinheiras	M BENJ	00:04:44.25	00:04:46.28	07:38
5965	3	IRINA AMORIM	Centro de Atletismo das Galinheiras	F INF	00:04:49.52	00:04:51.88	07:46
5964	4	MARIANA GASPARINHO	Centro de Atletismo das Galinheiras	F BENJ	00:05:05.21	00:05:07.50	08:12
5960	5	MARTA GASPARINHO	Centro de Atletismo das Galinheiras	F BENJ	00:05:36.44	00:05:39.15	09:02
5961	6	LARA ARAUJO	Centro de Atletismo das Galinheiras	F BENJ	00:06:10.25	00:06:13.27	09:56
6112	7	MIRIAN FERNANDES	Centro de Atletismo das Galinheiras	F INF	00:09:09.52	00:09:09.52	14:45

Grande Prémio de Natal 2016 - Caminhada 4 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6006	1	MATILDE RODRIGUES	Sport Lisboa e Benfica	Female	00:14:37.56	00:14:37.56	03:40
5987	2	RÚBEN MANUEL GONÇALVES NAVE	individuais	Male	00:17:14.01	00:17:14.01	04:19
5986	3	JOÃO PEDRO NOGUEIRA PEDRO	individuais	Male	00:17:54.04	00:17:54.04	04:29
5984	4	HUGO MIGUEL NOGUEIRA PEDRO	individuais	Male	00:18:17.83	00:18:17.83	04:35
5676	5	MARCOS RUMOR	turbolentos	Male	00:18:55.87	00:18:55.87	04:44
5985	6	VÍTOR HUGO SOUSA FREITAS	individuais	Male	00:20:03.02	00:20:03.02	05:01
5983	7	FERNANDO MANUEL SERRA NAVE	individuais	Male	00:23:28.48	00:23:28.48	05:53
5813	8	FRANCISCO JOSÉ VALENTE MIMOSO	individual	Male	00:25:02.57	00:25:02.57	06:16
5543	9	LÍDIA PRATAS	BRRnightRUNNERS	Female	00:25:56.93	00:25:56.93	06:30
5542	10	CARLOS MESSIAS	BRRnightRUNNERS	Male	00:25:57.10	00:25:57.10	06:30
5675	11	DUARTE SANTOS	turbolentos	Male	00:26:13.81	00:26:13.81	06:34
5677	12	SARAI MATOS	turbolentos	Female	00:26:14.03	00:26:14.03	06:34

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6417	13	MARIA ISABEL MORNA	ZJ90	Female	00:31:22.84	00:31:22.84	07:51
6418	14	JOSÉ LUIS FERREIRA	ZJ90	Male	00:31:22.95	00:31:22.95	07:51
6097	15	ANA FILIPA LIMA	VERIFONE	Female	00:34:32.09	00:34:32.09	08:39
6098	16	ANA XAREPE	VERIFONE	Female	00:34:33.78	00:34:33.78	08:39
5990	17	ISABEL MARIA SILVA	Individual	Female	00:34:36.63	00:34:36.63	08:40
5853	18	ANA BORGES	Mercedes-Benz	Female	00:34:44.63	00:34:44.63	08:42
5850	19	BEATRIZ BORGES	Mercedes-Benz	Female	00:34:44.86	00:34:44.86	08:42
5851	20	MAFALDA FONSECA	Mercedes-Benz	Female	00:34:46.03	00:34:46.03	08:42
5854	21	ANA FONSECA	Mercedes-Benz	Female	00:34:46.27	00:34:46.27	08:42
5515	22	ANA CUSTODIO	ana custodio	Female	00:35:18.06	00:35:18.06	08:50
5814	23	JOSÉ LUÍS PAIS	individual	Male	00:35:49.10	00:35:49.10	08:58
5849	24	DEOLINDA SACRAMENTO	Maratona Clube de Portugal	Female	00:37:23.44	00:37:23.44	09:21
5547	25	MARIA JOÃO TELHADO	carrera	Female	00:38:29.41	00:38:29.41	09:38
5544	26	MÓNICA TELHADO	carrera	Female	00:38:29.98	00:38:29.98	09:38
5548	27	TERESA LOPES	carrera	Female	00:38:30.00	00:38:30.00	09:38
5532	28	PAULA CRISTINA CARDOSO LEITÃO DE ALMEIDA	Aon	Female	00:39:01.40	00:39:01.40	09:46
5527	29	ÉLIA RODRIGUES	Aon	Female	00:39:01.57	00:39:01.57	09:46
5706	30	ISABEL SOBRAL	Asas nos Pés	Female	00:39:21.58	00:39:21.58	09:51
6409	31	CÁTIA NOGUEIRA	Mercedes-Benz	Female	00:39:31.39	00:39:31.39	09:53
5581	32	AMERICO MARQUES CARDOSO	Individual	Male	00:39:32.99	00:39:32.99	09:54
5855	33	ISABEL MORAIS	Mercedes-Benz	Female	00:39:34.10	00:39:34.10	09:54
5974	34	CATARINA OLIVEIRA	Família Oliveira	Female	00:39:46.78	00:39:46.78	09:57
5973	34	ANDREIA OLIVEIRA	Família Oliveira	Female	00:39:46.78	00:39:46.78	09:57
5533	36	SANDRA SOFIA CASTRO DE ALMEIDA	Aon	Female	00:40:20.92	00:40:20.92	10:06
5519	37	ANA FLÁVIA BENTO CARLOS	Aon	Female	00:40:21.38	00:40:21.38	10:06
5521	38	CATARINA OLÍVIA DE ASSUNÇÃO RAMOS ALBERTO	Aon	Female	00:40:28.10	00:40:28.10	10:08
5518	39	RITA INÊS GONÇALVES VIEIRA TERROA	Aon	Female	00:40:28.20	00:40:28.20	10:08
5528	40	GISELA DOUWENS	Aon	Female	00:40:28.89	00:40:28.89	10:08
5531	41	MARIA DE LURDES DA SILVA FRANCO GODINHO	Aon	Female	00:40:28.90	00:40:28.90	10:08
5520	42	CARLA ALEXANDRA PEDRINHO RAMOS	Aon	Female	00:40:29.47	00:40:29.47	10:08
5529	43	HELENA PAULA MARTINS COSTA	Aon	Female	00:40:30.08	00:40:30.08	10:08
5705	44	SUSANA CARREIRA	AS FIXOLAS	Female	00:40:42.85	00:40:42.85	10:11
5525	45	ADELAIDE SOFIA DE CARVALHO GUEDES	Aon	Female	00:40:45.30	00:40:45.30	10:12
5530	46	LUÍSA MARIA GONÇALVES VIEIRA TERROA	Aon	Female	00:40:45.92	00:40:45.92	10:12
5517	47	VITÓRIA SOFIA GUEDES ROSA	Aon	Female	00:40:47.04	00:40:47.04	10:12
5704	48	MARIA ROSA PALMA	AS FIXOLAS	Female	00:40:48.05	00:40:48.05	10:13
5701	49	VERA LUCIA CUNHA	AS FIXOLAS	Female	00:40:50.06	00:40:50.06	10:13
5702	50	FATIMA PALMA	AS FIXOLAS	Female	00:40:50.08	00:40:50.08	10:13
5944	51	HELENA MONTEIRO	Associação de Estilos de Vida Saudável	Female	00:40:53.48	00:40:53.48	14:00
5943	52	CLEMENTINA EIRA	Associação de Estilos de Vida Saudável	Female	00:40:53.56	00:40:53.56	14:00
5977	53	RICARDO OLIVEIRA	Família Oliveira	Male	00:41:12.22	00:41:12.22	19:00
5703	54	MARIA JOSE BRANDÃO SANTOS	AS FIXOLAS	Female	00:41:13.57	00:41:13.57	19:00
5811	55	ANA PATRIARCA	individual	Female	00:41:26.62	00:41:26.62	22:00
5667	56	JOÃO VIEIRA	Nois Dois	Male	00:41:27.03	00:41:27.03	22:00
5666	57	CARLA SANTOS	Nois Dois	Female	00:41:27.40	00:41:27.40	22:00
5812	58	ANDREA PATRIARCA	individual	Male	00:41:27.48	00:41:27.48	22:00
5978	59	SÍLVIA OLIVEIRA	Família Oliveira	Female	00:41:29.16	00:41:29.16	23:00
5976	60	NUNO ARAGONEZ	Família Oliveira	Male	00:41:29.81	00:41:29.81	23:00
5975	61	DAVID OLIVEIRA	Família Oliveira	Male	00:41:30.49	00:41:30.49	23:00
5534	62	SUSANA ISABEL CABRITO PATRÍCIO	Aon	Female	00:41:36.26	00:41:36.26	25:00
5526	63	ALEXANDRA AFONSO	Aon	Female	00:41:37.16	00:41:37.16	25:00

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5516	64	MARIA DE ALMEIDA AFONSO	Aon	Female	00:41:38.45	00:41:38.45	25:00
5545	65	TIAGO TELHADO	carrera	Male	00:41:40.85	00:41:40.85	26:00
5546	66	ANA TELHADO	carrera	Female	00:41:41.57	00:41:41.57	26:00
5570	67	ADELAIDE BESOURO	Garotas de Benfica	Female	01:08:16.43	01:08:16.43	05:00
5571	68	ANGELA BURGUETE	Garotas de Benfica	Female	01:08:18.51	01:08:18.51	05:00

Grande Prémio de Natal 2016 - Prova Aberta 4 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5693	1	NUNO RIBEIRO	União Atlético Povoense	Male	00:11:33.71	00:11:33.71	02:54
5698	2	MARIA JOAO	AB CAMPOLIDE	Female	00:19:32.52	00:19:32.52	04:54
5699	3	FERNANDO SILVA	AB CAMPOLIDE	Male	00:19:33.01	00:19:33.01	04:54
5695	4	MÓNICA MARQUES	União Atlético Povoense	Female	00:22:32.15	00:22:32.15	05:39
5576	5	FÁTIMA ZORRO	Individual	Female	00:24:00.81	00:24:00.81	06:01
5585	6	SÓNIA BRITO	Individual	Female	00:24:01.03	00:24:01.03	06:01
5815	7	TANIA CORREIA	Individual	Female	00:32:42.99	00:32:42.99	08:11
5671	8	CONCEICAO SANTOS	ODEBRECHT PORTUGAL	Male	00:33:21.67	00:33:21.67	08:21
5660	9	PAULA LOURENÇO	Juventude Operária Monte Abraão	Female	00:33:47.42	00:33:47.42	08:27
5665	10	LUISA SANTOS	luisa santos	Female	00:35:17.45	00:35:17.45	08:50
5668	11	ANA SANTOS	ODEBRECHT PORTUGAL	Female	00:36:58.46	00:36:58.46	09:15
5670	12	ANA ELISA	ODEBRECHT PORTUGAL	Female	00:36:58.81	00:36:58.81	09:15
5673	13	ROSA PAULO	ODEBRECHT PORTUGAL	Female	00:39:00.08	00:39:00.08	09:46
5672	14	FERNANDA MEIA-VIA	ODEBRECHT PORTUGAL	Female	00:39:00.25	00:39:00.25	09:46
5669	15	ANA ALVES	ODEBRECHT PORTUGAL	Female	00:40:58.03	00:40:58.03	10:15
6146	16	ALICE JUSTINO	Individual	Female	00:41:41.80	00:41:41.80	10:26
5568	17	ANA CATARINA AMIGUINHO RETO	Falcões Selvagens	Female	02:37:38.26	02:37:38.26	39:25
5569	18	ANA RITA DE CARVALHO AUGUSTO	Falcões Selvagens	Female	02:37:38.83	02:37:38.83	39:25

Grande Prémio de Natal 2016 - Corrida 4 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5686	1	FRANÇOIS VIE	União Atlético Povoense	Male	00:08:25.29	00:08:25.29	02:07
6002	2	MIGUEL RIBEIRO	Sport Lisboa e Benfica	Male	00:11:40.38	00:11:40.38	02:56
6111	3	MARTIN MONTEIRO	Casa Benfica Algueirão Mem Martins	Male	00:11:43.14	00:11:43.14	02:56
6406	4	JOÃO COSTA	MCP	Male	00:11:48.53	00:11:48.53	02:58
6143	5	MARTA SOUSA	Grupo Desportivo Recreativo Manique de Cima	Female	00:11:49.76	00:11:49.76	02:58
6407	6	CARLOS CARVALHO	MCP	Male	00:12:08.78	00:12:08.78	03:03
6110	7	RUI CRUZ	Casa Benfica Algueirão Mem Martins	Male	00:12:18.25	00:12:18.25	03:05
6141	8	DIOGO SILVA	Grupo Desportivo Recreativo Manique de Cima	Male	00:12:28.88	00:12:28.88	03:08
5678	9	AFONSO NUNES	União Atlético Povoense	Male	00:12:30.63	00:12:30.63	03:08
5630	10	DANIEL COSTA	Juventude Operária Monte Abraão	Male	00:12:57.05	00:12:57.05	03:15
6001	11	MARGARIDA RAIMUNDO	Sport Lisboa e Benfica	Female	00:13:06.24	00:13:06.24	03:17
6003	12	PATRICIA SILVA	Sport Lisboa e Benfica	Female	00:13:06.28	00:13:06.28	03:17
5739	13	FILIFE PEDRO	Associação Cultural E Recreativa Da Mealhada	Male	00:13:11.96	00:13:11.96	03:18
6005	14	RUDI CARVALHO	Sport Lisboa e Benfica	Male	00:13:24.85	00:13:24.85	03:22
5687	15	INÉS RICO	União Atlético Povoense	Female	00:13:28.14	00:13:28.14	03:23
6004	16	RUBEN GUERREIRO	Sport Lisboa e Benfica	Male	00:13:54.68	00:13:54.68	03:29
6139	17	LEONARDO PITA	Grupo Desportivo Recreativo Manique de Cima	Male	00:13:55.38	00:13:55.38	03:29
5685	18	FILIFE MARQUES	União Atlético Povoense	Male	00:14:09.11	00:14:09.11	03:33
5689	19	RICARDO CANILHO	União Atlético Povoense	Male	00:14:21.40	00:14:21.40	03:36
5637	20	RICARDO FERNANDES	Juventude Operária Monte Abraão	Male	00:14:34.70	00:14:34.70	03:39

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6144	21	MATILDE BRAZETE	Grupo Desportivo Recreativo Manique de Cima	Female	00:15:16.89	00:15:16.89	03:50
5679	22	BÁRBARA AVELINO	União Atlético Povoense	Female	00:15:29.07	00:15:29.07	03:53
5690	23	SARA BONITO	União Atlético Povoense	Female	00:15:57.20	00:15:57.20	04:00
5691	24	SARA MENDES	União Atlético Povoense	Female	00:16:14.86	00:16:14.86	04:04
5632	25	IRINA VITORINO	Juventude Operária Monte Abraão	Female	00:16:34.13	00:16:34.13	04:09
6140	26	RAQUEL PEREIRA	Grupo Desportivo Recreativo Manique de Cima	Female	00:16:42.06	00:16:42.06	04:11
6142	27	JOANA SALVADOR	Grupo Desportivo Recreativo Manique de Cima	Female	00:17:02.55	00:17:02.55	04:16
5683	28	FILIPA AFONSO	União Atlético Povoense	Female	00:17:53.44	00:17:53.44	04:29
5692	29	TIAGO FAZENDEIRO	União Atlético Povoense	Male	00:21:46.69	00:21:46.69	05:27
5738	30	DANIEL MARINHO	Associação Cultural E Recreativa Da Mealhada	Male	00:24:37.97	00:24:37.97	06:10
5634	31	JOÃO BARROS	Juventude Operária Monte Abraão	Male	00:33:47.77	00:33:47.77	08:27
5953	32	DANIEL ALEXANDRE	Associação Jorge Pina	Male	00:37:22.78	00:37:22.78	09:21

Grande Prémio de Natal 2016 - Corrida 2 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6029	1	JOÃO PROTÁSIO	Sport Lisboa e Benfica	Male	00:05:33.45	00:05:33.45	02:47
6106	2	PEDRO SALDANHA	Casa Benfica Algueirão Mem Martins	Male	00:05:37.78	00:05:37.78	02:49
5538	3	RUI JORGE SARAGOÇA DE SOUSA	Associação Naval Amorense	Male	00:05:39.98	00:05:39.98	02:50
6096	4	RODRIGO PEREIRA	Triatlo Teleperformance os belenenses	Male	00:05:50.65	00:05:50.65	02:56
6100	5	RAFAEL REGO	Amigos Atlético do Pêgo Longo	Male	00:05:53.65	00:05:53.65	02:57
6033	6	ALEXANDRE SILVA	Sport Lisboa e Benfica	Male	00:05:59.04	00:05:59.04	03:00
6046	7	DIOGO GOUVEIA	Sport Lisboa e Benfica	Male	00:05:59.54	00:05:59.54	03:00
5539	8	PEDRO MIGUEL TOSCANO CARAPINHA	Associação Naval Amorense - Triatlo	Male	00:06:01.18	00:06:01.18	03:01
6138	9	GONÇALO BATISTA	Grupo Desportivo Recreativo Manique de Cima	Male	00:06:02.92	00:06:02.92	03:02
6023	10	JOÃO MENINO	Sport Lisboa e Benfica	Male	00:06:08.95	00:06:08.95	03:05
6019	11	DUARTE SANTOS	Sport Lisboa e Benfica	Male	00:06:12.01	00:06:12.01	03:07
6137	12	RODRIGO GODINHO	Grupo Desportivo Recreativo Manique de Cima	Male	00:06:13.00	00:06:13.00	03:07
6136	13	TOMÁS PEREIRA	Grupo Desportivo Recreativo Manique de Cima	Male	00:06:14.72	00:06:14.72	03:08
6027	14	JOÃO CORREIA	Sport Lisboa e Benfica	Male	00:06:16.16	00:06:16.16	03:09
6107	15	LEANDRO TAVARES	Casa Benfica Algueirão Mem Martins	Male	00:06:23.32	00:06:23.32	03:12
6021	16	GONÇALO PEDRO	Sport Lisboa e Benfica	Male	00:06:26.32	00:06:26.32	03:14
6063	17	MAFALDA MARQUES	Sport Lisboa e Benfica	Female	00:06:27.93	00:06:27.93	03:14
6010	18	DIOGO PEREIRA	Sport Lisboa e Benfica	Male	00:06:29.93	00:06:29.93	03:15
6038	19	BEATRIZ GOMES	Sport Lisboa e Benfica	Female	00:06:30.46	00:06:30.46	03:16
6081	20	RICARDO SILVA	Sport Lisboa e Benfica	Male	00:06:34.82	00:06:34.82	03:18
6043	21	DAÚDO JAMAL	Sport Lisboa e Benfica	Male	00:06:40.26	00:06:40.26	03:21
6082	22	RITA MIRANDA	Sport Lisboa e Benfica	Female	00:06:43.67	00:06:43.67	03:22
6108	23	EMANUEL BORGES	Casa Benfica Algueirão Mem Martins	Male	00:06:44.54	00:06:44.54	03:23
5608	24	DIOGO PARDAL	Juventude Operária Monte Abraão	Male	00:06:46.35	00:06:46.35	03:24
6135	25	TOMÁS HENRIQUES	Grupo Desportivo Recreativo Manique de Cima	Male	00:06:52.75	00:06:52.75	03:27
6014	26	BEATRIZ LAVADO	Sport Lisboa e Benfica	Female	00:06:57.36	00:06:57.36	03:29
5537	27	PEDRO DUARTE LOURENÇO	Associação Naval Amorense	Male	00:06:57.66	00:06:57.66	03:29
6037	28	BEATRIZ GALVÃO	Sport Lisboa e Benfica	Female	00:06:58.91	00:06:58.91	03:30
5611	29	INÉS SARAIVA	Juventude Operária Monte Abraão	Female	00:07:12.09	00:07:12.09	03:37
6132	30	JOANA TOMÉ	Grupo Desportivo Recreativo Manique de Cima	Female	00:07:13.36	00:07:13.36	03:37
5613	31	JOÃO SILVA	Juventude Operária Monte Abraão	Male	00:07:17.36	00:07:17.36	03:39
5954	32	MARIA NUNES	Associação Jorge Pina	Female	00:07:18.32	00:07:18.32	03:40
6052	33	INÉS ALMEIDA	Sport Lisboa e Benfica	Female	00:07:23.48	00:07:23.48	03:42
6031	34	ADRIANA MATIAS	Sport Lisboa e Benfica	Female	00:07:37.79	00:07:37.79	03:49
5606	35	CATARINA LOURENÇO	Juventude Operária Monte Abraão	Female	00:07:45.34	00:07:45.34	03:53

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6133	36	CÁTIA COSTA	Grupo Desportivo Recreativo Manique de Cima	Female	00:07:50.96	00:07:50.96	03:56
6404	37	LUÍSA JUIZ	MCP	Female	00:07:53.37	00:07:53.37	03:57
6405	38	CARMO JUIZ	MCP	Female	00:08:03.29	00:08:03.29	04:02
6054	39	JOANA CORREIA	Sport Lisboa e Benfica	Female	00:08:05.92	00:08:05.92	04:03
5614	40	JOÃO VINAGRE	Juventude Operária Monte Abraão	Male	00:08:14.77	00:08:14.77	04:08
5607	41	DANIELA SOUSA	Juventude Operária Monte Abraão	Female	00:08:20.86	00:08:20.86	04:11
5612	42	JÉSSICA ALVES	Juventude Operária Monte Abraão	Female	00:08:28.58	00:08:28.58	04:15
6134	43	DANIEL PINTO	Grupo Desportivo Recreativo Manique de Cima	Male	00:09:51.91	00:09:51.91	04:56
5735	44	SAMIRAH VALIMAMADE	Associação Cultural E Recreativa Da Mealhada	Female	00:51:42.62	00:51:42.62	25:52
5869	45	CARLOS GOMES	NucleOeiras	Male	02:22:09.25	02:22:09.25	11:05
5872	46	ANTÓNIO SABIDO	NucleOeiras	Male	02:26:24.06	02:26:24.06	13:13
5868	47	LINO SANTOS	NucleOeiras	Male	02:30:53.83	02:30:53.83	15:27
5871	48	JOÃO GOMES	NucleOeiras	Male	02:41:42.78	02:41:42.78	20:52
5866	49	ANTÓNIO LOPES	NucleOeiras	Male	02:46:39.08	02:46:39.08	23:20
5870	50	ESMERALDA GOMES	NucleOeiras	Female	02:47:37.13	02:47:37.13	23:49

Grande Prémio de Natal 2016 - Corrida 1 Km

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
5932	1	PEDRO VIDAL DOS SANTOS	Nuno Santos	M BENJ B.	00:03:17.30	00:03:17.30	03:18
5808	2	TIAGO FILIPE CORREIA	Individual	M BENJ B.	00:03:25.38	00:03:25.38	03:26
5535	3	GUSTAVO MIGUEL CAIADO DUQUE	Associação Cultural e Recreativa da Mealhada	M BENJ B.	00:03:25.77	00:03:25.77	03:26
5955	4	MARIANA GOMES	Associação Jorge Pina	F BENJ B.	00:03:26.12	00:03:26.12	03:27
6018	5	DIANA MARCELINO	Sport Lisboa e Benfica	F BENJ B.	00:03:28.30	00:03:28.30	03:29
5779	6	DIOGO FREITAS	CLUBE DE FUTEBOL " OS BELENENSES "	INF M	00:03:28.70	00:03:28.70	03:29
6016	7	CASSILDA CARVALHO	Sport Lisboa e Benfica	F BENJ B.	00:03:29.16	00:03:29.16	03:30
5711	8	TOMAS CARRASQUEIRA	Associação Cultural E Recreativa Da Mealhada	M BENJ B.	00:03:29.90	00:03:29.90	03:30
6022	9	JOANA SALGADO	Sport Lisboa e Benfica	F BENJ B.	00:03:30.16	00:03:30.16	03:31
6130	10	GONÇALO ALMEIDA	Grupo Desportivo Recreativo Manique de Cima	M BENJ B.	00:03:30.75	00:03:30.75	03:31
6274	11	MARTA BRITO	Individual	F BENJ B.	00:03:31.34	00:03:31.34	03:32
6131	12	DAVID FONSECA	Grupo Desportivo Recreativo Manique de Cima	M BENJ B.	00:03:32.08	00:03:32.08	03:33
6012	13	ANA MARCELINO	Sport Lisboa e Benfica	F BENJ B.	00:03:36.44	00:03:36.44	03:37
6011	14	AFONSO FERREIRA	Sport Lisboa e Benfica	M BENJ B.	00:03:39.70	00:03:39.70	03:40
5775	15	SEBASTIÃO CARVALHO	CLUBE DE FUTEBOL " OS BELENENSES "	M BENJ B.	00:04:01.19	00:04:01.19	04:02
6013	16	ANDRÉ COSTA	Sport Lisboa e Benfica	M BENJ B.	00:04:08.43	00:04:08.43	04:09
6075	17	MIGUEL FERREIRA	Sport Lisboa e Benfica	M BENJ B.	00:04:10.15	00:04:10.15	04:11
6024	18	JOÃO PRUDÊNCIO	Sport Lisboa e Benfica	M BENJ B.	00:06:05.96	00:06:05.96	06:06
6105	19	MARIA INÊS PEREIRA DA SILVA DIEGUES	Associação Naval Amorense	F BENJ B.	00:06:16.94	00:06:16.94	06:17
6044	20	DAVID GARCIA	Sport Lisboa e Benfica	INF M	00:06:31.54	00:06:31.54	06:32
5536	21	DANIEL RODRIGO DUARTE SANTOS	Associação Naval Amorense	INF M	00:06:35.88	00:06:35.88	06:36
5957	22	GUILHERME TEIXEIRINHA	Associação Jorge Pina	INF M	00:06:38.51	00:06:38.51	06:39
6028	23	JOÃO GANHÃO	Sport Lisboa e Benfica	INF M	00:06:47.76	00:06:47.76	06:48
6047	24	DIOGO PRUDÊNCIO	Sport Lisboa e Benfica	INF M	00:06:48.89	00:06:48.89	06:49
6077	25	PETRA SANTOS	Sport Lisboa e Benfica	INF F	00:06:59.51	00:06:59.51	07:00
6072	26	MARTA CASTRO	Sport Lisboa e Benfica	INF F	00:07:02.37	00:07:02.37	07:03
6071	27	MARIANA OLIVEIRA	Sport Lisboa e Benfica	INF F	00:07:05.92	00:07:05.92	07:06
6036	28	BEATRIZ FARINHA	Sport Lisboa e Benfica	INF F	00:07:16.82	00:07:16.82	07:17
6092	29	LUANA QUARESMA	Sport Lisboa e Benfica	INF F	00:07:23.50	00:07:23.50	07:24
6403	30	LEONOR FERREIRA	MCP	INF F	00:07:31.73	00:07:31.73	07:32
6089	31	TIAGO MARQUES	Sport Lisboa e Benfica	INF M	00:07:38.26	00:07:38.26	07:39
6080	32	RICARDO REIS	Sport Lisboa e Benfica	M BENJ B.	00:07:39.96	00:07:39.96	07:40

Dorsal	Lugar	Nome	Equipa	Escalão	Chip	Tempo	Média
6087	33	SORAIA PATRÍCIO	Sport Lisboa e Benfica	INF F	00:07:40.55	00:07:40.55	07:41
6074	34	MIGUEL COSTA	Sport Lisboa e Benfica	M BENJ B.	00:07:46.58	00:07:46.58	07:47
5956	35	JORGE SILVA	Associação Jorge Pina	INF M	00:07:57.50	00:07:57.50	07:58
5958	36	JONAS FERREIRA	Associação Jorge Pina	INF M	00:07:57.92	00:07:57.92	07:58
6041	37	CATARINA MOUTINHO	Sport Lisboa e Benfica	INF F	00:08:10.50	00:08:10.50	08:11
6083	38	RITA QUINTANS	Sport Lisboa e Benfica	F BENJ B.	00:08:14.03	00:08:14.03	08:15
5600	39	ALICE FERNANDES	Juventude Operária Monte Abraão	INF F	00:08:14.55	00:08:14.55	08:15
6064	40	MAFALDA VIEIRA	Sport Lisboa e Benfica	F BENJ B.	00:08:15.74	00:08:15.74	08:16
5760	41	EDGAR ANTUNES	Associação Desportiva Leões Apelaçonenses	INF M	00:08:25.36	00:08:25.36	08:26
5759	42	CARLOS DANIEL SOUSA	Associação Desportiva Leões Apelaçonenses	M BENJ B.	00:08:45.61	00:08:45.61	08:46
5750	43	DANIEL SANTOS	Associação Desportiva Leões Apelaçonenses	M BENJ B.	00:09:00.06	00:09:00.06	09:01
5754	44	LARA SANTOS	Associação Desportiva Leões Apelaçonenses	F BENJ B.	00:09:05.14	00:09:05.14	09:06
5749	45	SARA TAVARES	Associação Desportiva Leões Apelaçonenses	F BENJ B.	00:09:05.19	00:09:05.19	09:06
5989	46	ANDRÉ PIRES	Individual	M BENJ B.	00:09:09.60	00:09:09.60	09:10
6088	47	TAMARA ANTUNES	Sport Lisboa e Benfica	INF F	00:09:50.29	00:09:50.29	09:51
5748	48	MARCIA GOMES	Associação Desportiva Leões Apelaçonenses	F BENJ B.	00:10:02.06	00:10:02.06	10:03
5862	49	VITOR LIMA	NucleOeiras	INF M	02:20:33.47	02:20:33.47	20:34
5858	50	VITOR BATISTA	NucleOeiras	M BENJ B.	02:24:22.34	02:24:22.34	24:23
5602	51	GUILHERME RODRIGUES	Juventude Operária Monte Abraão	INF M	02:25:08.57	02:25:08.57	25:09
5864	52	JOÃO LOURENÇO	NucleOeiras	INF M	02:29:12.83	02:29:12.83	29:13
5863	53	MARIA CONCEIÇÃO LOPES	NucleOeiras	INF F	02:29:28.47	02:29:28.47	29:29
5859	54	RUI VIEIRA	NucleOeiras	M BENJ B.	02:36:01.82	02:36:01.82	36:02
5861	55	JOSE COELHO	NucleOeiras	INF M	02:41:27.70	02:41:27.70	41:28
5823	56	LEONARDO SEMEDO	Juventude Operária Monte Abraão	M BENJ B.	02:42:01.81	02:42:01.81	42:02
5860	57	MANUEL FONTINHA	NucleOeiras	INF M	02:42:35.99	02:42:35.99	42:36
5865	58	BEATRIZ LOURENÇO	NucleOeiras	INF F	02:42:37.24	02:42:37.24	42:38
6312	59	DUARTE -	Individual	M BENJ B.	02:53:19.47	02:53:19.47	53:20