

Grande Prémio de Natal - Corrida 10 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	Hélder SANTOS	19	00:29:01	02:55	Sporting CP	Seniores Masculinos	1
2	Tiago COSTA	24	00:29:05	02:55	Sporting CP	Seniores Masculinos	2
3	Miguel RIBEIRO	47	00:29:08	02:55	Olímpico Vianense	Seniores Masculinos	3
4	Eduardo MBENGANI	4	00:29:21	02:57	SL Benfica	Seniores Masculinos	4
5	João Pereira	10	00:29:24	02:57	SL Benfica	Seniores Masculinos	5
6	Andrelino FURTADO	21	00:29:26	02:57	Sporting CP	Seniores Masculinos	6
7	Rui TEIXEIRA	6	00:29:28	02:57	Sporting CP	Seniores Masculinos	7
8	Hugo CORREIA	20	00:29:44	02:59	Sporting CP	Seniores Masculinos	8
9	Fernando SERRÃO	25	00:29:46	02:59	Sporting CP	Seniores Masculinos	9
10	Paulo Pinheiro	11	00:29:52	03:00	Sporting CP	Seniores Masculinos	10
11	Emanuel ROLIM	5	00:30:00	03:00	SL Benfica	Seniores Masculinos	11
12	Nuno CARRAÇA	27	00:30:11	03:02	URCA	Seniores Masculinos	12
13	José MOREIRA	8	00:30:19	03:02	Sporting CP	Seniores Masculinos	13
14	Bruno Paixão	244	00:30:21	03:03	Beja Atlético Clube	Seniores Masculinos	14
15	Ruben Pessoa	22	00:30:25	03:03	Sporting CP	Seniores Masculinos	15
16	Pedro Ribeiro	12	00:30:28	03:03	Sporting CP	Seniores Masculinos	16
17	André Costa	232	00:30:35	03:04	Individual	Seniores Masculinos	17
18	Alexandre Figueiredo	174	00:30:40	03:04	SL Benfica	Juniores Masculinos	1
19	Pedro Arsénio	231	00:30:48	03:05	Individual	M35/M40/M45	1
20	Marco Teixeira	4303	00:30:53	03:06	Individual	Seniores Masculinos	18
21	Ricardo Figueiredo	4301	00:31:01	03:07	Individual	Seniores Masculinos	19
22	Humberto FRANCÊS	29	00:31:09	03:07	Maratona CP	Seniores Masculinos	20
23	Carlos COSTA	28	00:31:15	03:08	S. Salvador Campo	Seniores Masculinos	21
24	Miguel Ribeiro	179	00:31:22	03:09	SL Benfica	Juniores Masculinos	2
25	João BERTOLO	30	00:31:23	03:09	Maratona CP	Seniores Masculinos	22
26	BOB Haller	39	00:31:26	03:09	X3M Mersch	Seniores Masculinos	23
27	Bruno VIEIRA	31	00:31:30	03:09	Maratona CP	Seniores Masculinos	24
28	José Gaspar	4525	00:31:32	03:10	Clube Desportivo Lisboa e Águias Odimarque	M35/M40/M45	2
29	José Carlos Pinto	181	00:31:37	03:10	SL Benfica	Juniores Masculinos	3
30	Miguel MEIRA	48	00:31:37	03:10	Olímpico Vianense	Seniores Masculinos	25
31	Miguel Arraiolos	15	00:31:41	03:11	SL Benfica	Seniores Masculinos	26
32	Alexandre JODIDIO	44	00:31:47	03:11	Individual	Seniores Masculinos	27
33	Duarte Gomes	180	00:31:48	03:11	SL Benfica	Juniores Masculinos	4
34	Gonçalo Casimiro	4302	00:31:53	03:12	Individual	Seniores Masculinos	28
35	Ricardo Filipe Lopes Batista	163	00:31:55	03:12	Triatlo Clube Natação Torres Novas	Juniores Masculinos	5
36	FILIPE SÁ FERREIRA	93	00:31:57	03:12	Individual	Seniores Masculinos	29
37	Marco Cardoso	3060	00:31:59	03:12	Individual	Seniores Masculinos	30
38	Hugo ROCHA	18	00:32:06	03:13	SL Benfica	Seniores Masculinos	31
39	Isaias Gomes	6116	00:32:10	03:13	Clube Futebol "Os Belenenses"	Seniores Masculinos	32
40	Luís FERNANDES	36	00:32:14	03:14	Maratona CP	Seniores Masculinos	33
41	Tiago Madureira	2233	00:32:19	03:14	ACR Sra Do Desterro-Napo	Seniores Masculinos	34
42	Silva Miguel	50	00:32:23	03:15	Individual	Seniores Masculinos	35
43	Miguel de Sousa Micaela Fortunato	162	00:32:24	03:15	Triatlo Alhandra Sporting Clube	Seniores Masculinos	36
44	Hermano Ferreira	3	00:32:30	03:15	SL Benfica	Seniores Masculinos	37
45	Sara MOREIRA	51	00:32:31	03:16	Sporting CP	Seniores Femininos	1
46	Tiago de Jesus Pinto	159	00:32:43	03:17	Triatlo Alhandra Sporting Clube	Juniores Masculinos	6

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
47	Carlos Tiago	248	00:32:46	03:17	Clube Futebol "Os Belenenses"	M35/M40/M45	3
48	Rui Pacheco	2133	00:32:54	03:18	Correr Soc Reg Da Granja	M35/M40/M45	4
49	Luís Pedro Lopes de Sousa Ferreira	161	00:32:54	03:18	Triatlo Alhandra Sporting Clube	Juniores Masculinos	7
50	Claussandro Moreira	6262	00:32:58	03:18	Juventude Operária Monte Abraão	Juniores Masculinos	8
51	José Pedro Ferreira Vieira	164	00:33:02	03:19	Triatlo Clube Natação Torres Novas	Juniores Masculinos	9
52	Jorge Sousa	1995	00:33:03	03:19	Individual	M35/M40/M45	5
53	Tiago GUILHERME	34	00:33:04	03:19	Maratona CP	Seniores Masculinos	38
54	Rui Gominho	3052	00:33:04	03:19	Beja Atlético Clube	Seniores Masculinos	39
55	Ricardo Paixão	6114	00:33:05	03:19	Clube Futebol "Os Belenenses"	Seniores Masculinos	40
56	Filomena Costa	57	00:33:07	03:19	Jardim Serra	Seniores Femininos	2
57	Eugénio Neto	6216	00:33:09	03:19	Grupo Desportivo Recreativo Reboleira	M50/M55/M60	1
58	Leonardo Pita	32	00:33:09	03:19	Maratona CP	Seniores Masculinos	41
59	Andre Alves	732	00:33:12	03:20	Vitória Futebol Clube	Seniores Masculinos	42
60	Daniel Pinheiro	3072	00:33:15	03:20	Individual	M35/M40/M45	6
61	Jose Guerra	3059	00:33:16	03:20	Individual	Seniores Masculinos	43
62	Diogo Miguel Costa Santos Silva	158	00:33:25	03:21	Triatlo Vitória de Setubal	Seniores Masculinos	44
63	João Queirós	3070	00:33:25	03:21	Alhandra Sporting Club	Juniores Masculinos	10
64	João Fonte-Boa	1113	00:33:29	03:21	Individual	Seniores Masculinos	45
65	João Ferreira	2758	00:33:31	03:22	Individual	Seniores Masculinos	46
66	Celso Pinto	6113	00:33:32	03:22	Clube Futebol "Os Belenenses"	Seniores Masculinos	47
67	Alexandre Nobre	37	00:33:36	03:22	Portugal Talentos	Seniores Masculinos	48
68	Duarte Brás	165	00:33:39	03:22	Triatlo Clube Olímpico de Oeiras	Juniores Masculinos	11
69	Ercília MACHADO	64	00:33:39	03:22	Individual	Seniores Femininos	3
70	João Ginja	173	00:33:40	03:22	Individual	M50/M55/M60	2
71	Joaquim Cerqueira	3057	00:33:46	03:23	Alhandra Sporting Club	Juniores Masculinos	12
72	João Vieira	182	00:33:47	03:23	SL Benfica	Juniores Masculinos	13
73	Marcelo Morais dos Santos	4526	00:33:48	03:23	Individual	Seniores Masculinos	49
74	Hugo Augusto	6115	00:33:48	03:23	Clube Futebol "Os Belenenses"	Seniores Masculinos	50
75	Luís Cancela Cancela	3062	00:33:51	03:24	Individual	M35/M40/M45	7
76	Jorge Cruz	6063	00:33:54	03:24	Casa Benfica Torres Vedras	M50/M55/M60	3
77	Alfredo PINHEIRO	42	00:33:55	03:24	Individual	Seniores Masculinos	51
78	Edgar Jacinto	4530	00:33:57	03:24	Clube Desportivo Lisboa e Águias Auto Jacinto	Seniores Masculinos	52
79	ANTÓNIO PINTO	3259	00:34:02	03:25	Individual	M35/M40/M45	8
80	João Reis	4305	00:34:03	03:25	Individual	Seniores Masculinos	53
81	Rodrigo Carrera	6253	00:34:05	03:25	Juventude Operária Monte Abraão	Seniores Masculinos	54
82	Mark Ribeiro	731	00:34:11	03:26	Vitória Futebol Clube	Seniores Masculinos	55
83	Diogo Gonçalves	3065	00:34:14	03:26	Alhandra Sporting Club	Juniores Masculinos	14
84	José Camacho	176	00:34:14	03:26	Individual	Seniores Masculinos	56
85	Luis Baço	2761	00:34:15	03:26	Individual	M35/M40/M45	9
86	João Cabaça	6077	00:34:16	03:26	Casa Benfica Torres Vedras	Juniores Masculinos	15
87	Carlos Freitas	134	00:34:17	03:26	VIP_EDP	M35/M40/M45	10
88	Paulo ROSÁRIO	7	00:34:18	03:26	Sporting CP	Seniores Masculinos	57
89	Marcelo Dias	43	00:34:18	03:26	Individual	Seniores Masculinos	58
90	João Silva	16	00:34:18	03:26	SL Benfica	Seniores Masculinos	59
91	Luis Francisco	6074	00:34:19	03:26	Casa Benfica Torres Vedras	Seniores Masculinos	60
92	RICARDO HENRIQUES	3064	00:34:25	03:27	Câmara Municipal Marinha Grande CR AMIEIRINHENSE	Seniores Masculinos	61
93	Doroteia PEIXOTO	56	00:34:26	03:27	Amigos Montanha	Seniores Femininos	4
94	Nuno Carrasqueiro	6070	00:34:27	03:27	Casa Benfica Torres Vedras	M35/M40/M45	11

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
95	José Ribeiro	3082	00:34:29	03:27	Beja Atlético Clube	M50/M55/M60	4
96	Tiago Galão	4529	00:34:29	03:27	Individual	Juniores Masculinos	16
96	Silvana Dias	63	00:34:29	03:27	SL Benfica	Seniores Femininos	5
98	José Antunes	6217	00:34:33	03:28	Grupo Desportivo Recreativo Reboleira	M50/M55/M60	5
99	Mário Zorro	6010	00:34:33	03:28	Amigos Atletismo Mafra	M35/M40/M45	12
100	João Caldeira	175	00:34:33	03:28	Individual	M50/M55/M60	6
101	PEDRO RATO	2699	00:34:33	03:28	Individual	M35/M40/M45	13
102	JOSE MIGUEL PAIS	2273	00:34:34	03:28	Individual	M35/M40/M45	14
103	Rui Pereira	1122	00:34:38	03:28	Peniche a Correr	M35/M40/M45	15
104	Carlos Cobos Márquez	5449	00:34:38	03:28	Individual	Seniores Masculinos	62
105	Sérgio paiva Paiva	5446	00:34:39	03:28	Individual	M35/M40/M45	16
106	Emília Piscoeiro	4779	00:34:40	03:28	Individual	Seniores Femininos	6
107	João COSTA	35	00:34:41	03:29	Maratona CP	Seniores Masculinos	63
108	JOAQUIM CARVALHO	4733	00:34:43	03:29	Reinaldo Gomes	M35/M40/M45	17
109	Sandra TEIXEIRA	53	00:34:43	03:29	Sporting CP	Seniores Femininos	7
110	João Toscano	2232	00:34:45	03:29	ACR Sra Do Desterro-Napo	Juniores Masculinos	17
111	Luís Gomes	6065	00:34:46	03:29	Casa Benfica Torres Vedras	M35/M40/M45	18
112	Leonardo Aniceto	178	00:34:49	03:29	SL Benfica	Juniores Masculinos	18
113	Julio Almeida	2587	00:34:56	03:30	Individual	M35/M40/M45	19
114	Jose Morado Martins	3049	00:34:56	03:30	Individual	M50/M55/M60	7
115	JUAN JOSÉ MATEOS HERNÁNDEZ	2453	00:34:58	03:30	CLUB ATLETISMO BADAJOZ	M35/M40/M45	20
116	João NULL	124	00:34:58	03:30	VIP_EDP	Seniores Masculinos	64
117	Silvestre Gomes	729	00:34:59	03:30	Vitória Futebol Clube	M50/M55/M60	8
118	Edgar Matias	2456	00:34:59	03:30	G.D.R. São Francisco da Serra	M35/M40/M45	21
119	Euclides Sanches	6058	00:35:03	03:31	Casa Benfica Algueirão Mem Martins	Seniores Masculinos	65
120	Pedro Filipe Coimbra de Sousa	4273	00:35:06	03:31	Individual	Seniores Masculinos	66
121	Marco Vieira Vieira	3090	00:35:07	03:31	Individual	M35/M40/M45	22
122	Leonardo Pena Simoes	2187	00:35:08	03:31	Clube PT - zcs	M35/M40/M45	23
123	Flávio Santos	1115	00:35:08	03:31	Federação da Família para a Paz Mundial e Unificação	Seniores Masculinos	67
124	Pedro Miguel Machado	469	00:35:08	03:31	Individual	Seniores Masculinos	68
125	Pedro Fernandes	330	00:35:09	03:31	Individual	M35/M40/M45	24
126	Ricardo Teixeira	3048	00:35:11	03:32	Individual	M35/M40/M45	25
127	Olaide Ogunronbi	2134	00:35:15	03:32	Individual	M35/M40/M45	26
128	José Custodio	1117	00:35:15	03:32	Clube Futebol "Os Belenenses"	M50/M55/M60	9
129	Rui Correia	3137	00:35:15	03:32	Individual	M35/M40/M45	27
130	Nuno Soares	1126	00:35:15	03:32	Individual	M35/M40/M45	28
131	Nuno Teixeira	1114	00:35:16	03:32	Individual	Seniores Masculinos	69
132	Hugo Nunes	49	00:35:16	03:32	C A Amigos de Belém	Seniores Masculinos	70
133	Rafael Cunha	72	00:35:17	03:32	Prova de Deficientes Motores Cadeira de Rodas	Juniores Masculinos	19
134	Lino Barruncho	38	00:35:17	03:32	Individual	Seniores Masculinos	71
135	Rafael Ribeiro	3071	00:35:17	03:32	Alhandra Sporting Club	Seniores Masculinos	72
136	Ruben Pinto	45	00:35:18	03:32	Os Belenenses	Seniores Masculinos	73
137	Carlos Correia	6069	00:35:18	03:32	Casa Benfica Torres Vedras	M35/M40/M45	29
138	Miguel Ângelo Silva	5488	00:35:23	03:33	Individual	Seniores Masculinos	74
139	Emanuel Diogo	2455	00:35:24	03:33	G.D.R. São Francisco da Serra	Seniores Masculinos	75
140	João Baptista	487	00:35:24	03:33	Individual	Seniores Masculinos	76
141	Cláudia PEREIRA	58	00:35:26	03:33	GFD Running	Seniores Femininos	8
142	Artur Oliveira	6049	00:35:29	03:33	Casa Benfica Algueirão Mem Martins	M35/M40/M45	30

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
143	Vitor TavaresMarques	2759	00:35:32	03:34	Individual	M35/M40/M45	31
144	Carlos Almeida	1112	00:35:33	03:34	Individual	M35/M40/M45	32
145	Jorge Matos	6105	00:35:33	03:34	Clube Futebol "Os Belenenses"	M35/M40/M45	33
146	Paulo Costa	2266	00:35:34	03:34	Reinaldo Gomes Legionários	M35/M40/M45	34
147	Gonçalo Santos	166	00:35:35	03:34	Triatlo Clube Olímpico de Oeiras	Seniores Masculinos	77
148	José Jacinto Santos	73	00:35:37	03:34	Prova de Deficientes Motores Cadeira de Rodas	M50/M55/M60	10
149	Vanessa Fernandes	55	00:35:41	03:35	SL Benfica	Seniores Femininos	9
150	Daniel Silva	4534	00:35:41	03:35	Individual	Juniores Masculinos	20
150	João Caniço	1127	00:35:41	03:35	3B-S	M35/M40/M45	35
152	Renato Rodrigues	6013	00:35:44	03:35	Amigos Atletismo Mafra	M35/M40/M45	36
153	Melanie Santos	62	00:35:46	03:35	SL Benfica	Seniores Femininos	10
154	Hugo Dourado Dourado	1100	00:35:49	03:35	Individual	M35/M40/M45	37
155	Fábio Rafael Lima da Silva	906	00:35:54	03:36	Individual	Seniores Masculinos	78
156	Peter Romão	1129	00:35:54	03:36	Peniche a Correr	M35/M40/M45	38
157	Sandra Protásio	6256	00:35:55	03:36	Juventude Operária Monte Abraão	Seniores Femininos	11
158	Justyna WOJCIK	66	00:35:55	03:36	SC Salgueiros	Seniores Femininos	12
159	Carlos CARVALHO	33	00:35:56	03:36	Maratona CP	Seniores Masculinos	79
160	JOSÉ CORREIA	1135	00:35:58	03:36	Individual	M50/M55/M60	11
161	MIGUEL CARRETO	2909	00:36:00	03:36	Individual	M35/M40/M45	39
162	Rafael MARQUES	46	00:36:00	03:36	Os Belenenses	Seniores Masculinos	80
163	João Tomás Guerra	3087	00:36:04	03:37	Individual	Juniores Masculinos	21
164	Eduardo Eustáquio	6002	00:36:05	03:37	Amigos Atletismo Mafra	M50/M55/M60	12
165	Francisco Rocha	6004	00:36:05	03:37	Amigos Atletismo Mafra	M50/M55/M60	13
166	Luís Feiteira	13	00:36:08	03:37	Sporting Cp	Seniores Masculinos	81
167	Dário Palma	4306	00:36:08	03:37	Associação Cultural Moinho da Juventude	M35/M40/M45	40
168	António Jorge Gonçalves	4735	00:36:11	03:38	Individual	M35/M40/M45	41
169	José Neves	4018	00:36:11	03:38	Club Millenium BCP	M35/M40/M45	42
170	Pedro Cardoso	2275	00:36:12	03:38	Individual	M35/M40/M45	43
171	Jorge Gonçalves	1128	00:36:14	03:38	3B-S	M35/M40/M45	44
172	Catarina GUERREIRO	54	00:36:17	03:38	Sporting CP	Seniores Femininos	13
173	Tiago Castela	1121	00:36:21	03:39	DCI-CCDRP Mealhada	Seniores Masculinos	82
174	Ricardo Margarido	3088	00:36:22	03:39	Individual	Seniores Masculinos	83
175	Gabriel Sousa	177	00:36:24	03:39	Individual	Seniores Masculinos	84
176	Paulo Costa	2461	00:36:25	03:39	Individual	M50/M55/M60	14
177	António Moura	1638	00:36:28	03:39	Individual	M50/M55/M60	15
178	Luis Xavier	6206	00:36:30	03:39	Clube Futebol "Os Belenenses"	Seniores Masculinos	85
179	Duarte Martins Fortes Fortes	5479	00:36:31	03:40	Individual	Juniores Masculinos	22
180	Nuno Filipe Rodrigues Silva Silva	606	00:36:31	03:40	Individual	M35/M40/M45	45
181	António Rodrigues	1119	00:36:32	03:40	ACADEMIA DO PRO PENICHE	M35/M40/M45	46
182	Diogo Luiz Lopes	815	00:36:35	03:40	Individual	M35/M40/M45	47
183	Bruno Castro	2135	00:36:36	03:40	Correr Soc Reg Da Granja	M35/M40/M45	48
184	Rui Henriques	1132	00:36:36	03:40	Federação da Família para a Paz Mundial e Unificação	M35/M40/M45	49
185	Margarida Dionísio	249	00:36:39	03:40	Individual	Seniores Femininos	14
186	Filipe Loureiro	71	00:36:40	03:40	Prova de Deficientes Motores Cadeira de Rodas	M35/M40/M45	50
187	Licínio Matos	3089	00:36:41	03:41	Individual	M35/M40/M45	51
188	Joao Matos	4272	00:36:41	03:41	Individual	Seniores Masculinos	86
189	José Borges	5461	00:36:42	03:41	Individual	M35/M40/M45	52
190	Joana COSTA	59	00:36:42	03:41	SC Braga	Seniores Femininos	15

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191	Pedro Pereira	6110	00:36:43	03:41	Clube Futebol "Os Belenenses"	M35/M40/M45	53
192	Hugo Borges	6055	00:36:43	03:41	Casa Benfica Algueirão Mem Martins	M35/M40/M45	54
193	António Araújo	151	00:36:43	03:41	Individual	M50/M55/M60	16
194	Inocência Amorim	6111	00:36:45	03:41	Clube Futebol "Os Belenenses"	M35/M40/M45	55
195	António Figueiredo	83	00:36:45	03:41	Individual	M35/M40/M45	56
196	Carlos Manuel Galego Ruxa	1131	00:36:47	03:41	Individual	Seniores Masculinos	87
197	Alexandre Ferreira	4533	00:36:48	03:41	Individual	Juniores Masculinos	23
198	João Sousa	2586	00:36:49	03:41	collaborator EDP	Seniores Masculinos	88
199	Bruno Caetano	5133	00:36:51	03:42	Individual	Seniores Masculinos	89
200	Gabriela Alexandra Cardoso Ribeiro	160	00:36:56	03:42	Triatlo Alhandra Sporting Clube	Juniores Femininos	1
201	Pedro Carrasqueira	6054	00:36:58	03:42	Casa Benfica Algueirão Mem Martins	M35/M40/M45	57
202	Tiago Lopes	1840	00:37:00	03:42	collaborator EDP	Seniores Masculinos	90
203	Bruno Taveira	1143	00:37:01	03:43	Núcleo Atletismo Vialonga	M35/M40/M45	58
204	Olga Serbyn	104	00:37:02	03:43	Clube de Atletismo de Fatima	Seniores Femininos	16
205	Bruno Pontes	3101	00:37:02	03:43	Team ATXcyclingstore	Seniores Masculinos	91
206	Elias Fortes	6101	00:37:02	03:43	Clube Futebol "Os Belenenses"	M50/M55/M60	17
207	Jaime Cardoso Cardoso	376	00:37:06	03:43	Individual	Seniores Masculinos	92
208	João Prisal	4172	00:37:06	03:43	Individual	M35/M40/M45	59
209	Paulo Garcia	187	00:37:06	03:43	Clube Ferroviário de Portugal	M35/M40/M45	60
210	Gustavo Santos	6107	00:37:07	03:43	Clube Futebol "Os Belenenses"	M35/M40/M45	61
211	Paulo Henriques	4539	00:37:07	03:43	Individual	Seniores Masculinos	93
212	Angelo Silva	4316	00:37:08	03:43	Individual	Seniores Masculinos	94
213	JOAO GUERREIRO	3093	00:37:11	03:44	Câmara Municipal Marinha Grande CR AMIEIRINHENSE	M50/M55/M60	18
214	Eduardo Quaresma	1123	00:37:12	03:44	Individual	M35/M40/M45	62
215	Luis Semedo	108	00:37:13	03:44	Nucleo de oeiras	M35/M40/M45	63
216	José Lair	4527	00:37:13	03:44	Individual	M35/M40/M45	64
217	Pedro Leal	2713	00:37:16	03:44	Individual	M35/M40/M45	65
218	Pedro Burrica	3096	00:37:18	03:44	GRCD Leião	M35/M40/M45	66
219	Kcenia Bougrova	94	00:37:20	03:44	Sporting CP	Seniores Femininos	17
220	Rodrigo Moral Alcaraz	3058	00:37:21	03:45	Individual	M35/M40/M45	67
221	Fernando Santos	6204	00:37:22	03:45	Clube Futebol "Os Belenenses"	M35/M40/M45	68
222	Tiago Piedade	4309	00:37:24	03:45	Individual	Seniores Masculinos	95
223	José Jarmela	4536	00:37:26	03:45	Individual	M50/M55/M60	19
224	José Santos	128	00:37:27	03:45	VIP_EDP	M35/M40/M45	69
225	Rui Henriques	1137	00:37:28	03:45	Serviços Sociais Montepio	M35/M40/M45	70
226	Bruno Maia	5486	00:37:28	03:45	Individual	M35/M40/M45	71
227	Edmir Pontes Correia	3099	00:37:30	03:45	Individual	Seniores Masculinos	96
228	Tiago Vintém	3095	00:37:31	03:46	Individual	Seniores Masculinos	97
229	Florival Bacalhau	730	00:37:32	03:46	Vitória Futebol Clube	M50/M55/M60	20
230	Maksym salenco	106	00:37:33	03:46	Clube Atletismo de Fátima	Juniores Masculinos	24
231	Carlos Pinho	2457	00:37:34	03:46	Individual	Seniores Masculinos	98
232	Armindo Teixeira	2464	00:37:34	03:46	Sporting Clube de Casainhos	M35/M40/M45	72
233	Alcino Nunes	1101	00:37:35	03:46	CLAC - Entroncamento	M35/M40/M45	73
234	Pedro Cavilhas	6106	00:37:35	03:46	Clube Futebol "Os Belenenses"	M35/M40/M45	74
235	Jorge Ginja	6009	00:37:35	03:46	Amigos Atletismo Mafra	M35/M40/M45	75
236	Paulo Nolasco Rodrigues	1419	00:37:35	03:46	Serviços Sociais Montepio	M35/M40/M45	76
237	jose Francisco Banha	4268	00:37:35	03:46	Individual	Seniores Masculinos	99
238	Luis Rebelo	6062	00:37:36	03:46	Casa Benfica Torres Vedras	M50/M55/M60	21

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
239	Samuel Galveia	803	00:37:36	03:46	Individual	M35/M40/M45	77
240	Jorge Correia	6219	00:37:37	03:46	Grupo Desportivo Recreativo Reboleira	M35/M40/M45	78
241	José Lemos	6100	00:37:38	03:46	Clube Futebol "Os Belenenses"	M50/M55/M60	22
242	José Peixotp	2593	00:37:39	03:46	Individual	M50/M55/M60	23
243	Armando Pessoa	341	00:37:39	03:46	Individual	M35/M40/M45	79
244	Nuno Nobre	6211	00:37:39	03:46	Clube Oriental de Lisboa	Geral Masculina	226
245	Luís Pereira	2459	00:37:40	03:46	G.D.R. São Francisco da Serra	M50/M55/M60	24
246	PAULO PEREIRA	102	00:37:41	03:47	CTT	M50/M55/M60	25
247	Miguel Baptista Ribeiro dos Santos	369	00:37:41	03:47	Individual	Seniores Masculinos	100
248	Frederico Lázaro	5005	00:37:42	03:47	TVI Correr Lisboa	M35/M40/M45	80
249	Mário Rodrigues	1133	00:37:42	03:47	Federação da Família para a Paz Mundial e Unificação	M50/M55/M60	26
250	Rui Pires	4308	00:37:44	03:47	Individual	Seniores Masculinos	101
251	Joaquim Frazão	6071	00:37:45	03:47	Casa Benfica Torres Vedras	M35/M40/M45	81
252	Edgar Trigo	1731	00:37:45	03:47	Federação da Família para a Paz Mundial e Unificação	M35/M40/M45	82
253	Bernardo Frazão	6078	00:37:46	03:47	Casa Benfica Torres Vedras	Seniores Masculinos	102
254	Rui Fonte-Boa	2760	00:37:46	03:47	Individual	Seniores Masculinos	103
255	Céu Nunes	95	00:37:47	03:47	Individual	F35/F40/F45	1
256	Herminio Bernardino	1470	00:37:48	03:47	Asas nos Pés	M50/M55/M60	27
257	Luiz Garcia	4310	00:37:48	03:47	Individual	M50/M55/M60	28
258	João Lopes	6145	00:37:49	03:47	Individual	M50/M55/M60	29
259	AFONSO Pinhal DO CANTO	4304	00:37:49	03:47	Individual	Juniores Masculinos	25
260	Rui Grazina	2591	00:37:50	03:47	Individual	M50/M55/M60	30
261	Mário Sá	84	00:37:50	03:47	Clube Ferroviário de Portugal	M35/M40/M45	83
262	João Simões	4550	00:37:52	03:48	Individual	M35/M40/M45	84
263	Carlos Lopes	6050	00:37:52	03:48	Casa Benfica Algueirão Mem Martins	M35/M40/M45	85
264	Hugo Miguel Dias Gomes Hugo Gomes	4548	00:37:54	03:48	Individual	Seniores Masculinos	104
265	Antonio Cardina	2304	00:37:55	03:48	Individual	M35/M40/M45	86
266	António Pedro Miranda	1148	00:37:55	03:48	Individual	Seniores Masculinos	105
267	Gonçalo Brás	4361	00:37:55	03:48	Clube Atlético São Brás	M35/M40/M45	87
268	Egil D'Almeida	3091	00:37:56	03:48	Individual	Seniores Masculinos	106
269	Bruno Marrao	363	00:37:59	03:48	Individual	M35/M40/M45	88
270	Emilio GONZALEZ parada	3041	00:38:03	03:49	Individual	M35/M40/M45	89
271	PEDRO VAZ SEMEDO PEDRO SEMEDO	2463	00:38:03	03:49	Individual	M35/M40/M45	90
272	Jorge Fonseca	1734	00:38:04	03:49	Individual	M35/M40/M45	91
273	Joao Caetano	1072	00:38:06	03:49	Individual	M35/M40/M45	92
274	José Manuel Nunes	3112	00:38:06	03:49	Individual	Seniores Masculinos	107
275	Raquel Cabaço	5019	00:38:07	03:49	Individual	Seniores Femininos	18
276	João André André	5016	00:38:08	03:49	Individual	Seniores Masculinos	108
277	José Luís Simões	1147	00:38:10	03:49	Individual	M50/M55/M60	31
278	Wilson Amado	2307	00:38:10	03:49	Individual	Seniores Masculinos	109
279	Nuno Calisto	1136	00:38:13	03:50	Casa do Povo de Pontével	M35/M40/M45	93
280	Henrique Janota Janota	2439	00:38:15	03:50	Individual	M35/M40/M45	94
281	Luis Candeias	4781	00:38:17	03:50	Reinaldo Gomes	Seniores Masculinos	110
282	Carlos Manuel Caetano	4537	00:38:19	03:50	CM Lisboa	M35/M40/M45	95
283	João Eduardo Carrilho	1844	00:38:19	03:50	Individual	Seniores Masculinos	111
284	André Cruz	1130	00:38:21	03:51	Individual	Juniores Masculinos	26
285	Liliana Alexandre	167	00:38:22	03:51	Triatlo Clube Olímpico de Oeiras	Seniores Femininos	19
286	Marius leordean	6182	00:38:22	03:51	Amigos Atletismo Mafra	M35/M40/M45	96

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
287	Soraia TAVARES	61	00:38:24	03:51	Sporting CP	Seniores Femininos	20
288	Paulo Reis	4746	00:38:24	03:51	Individual	Seniores Masculinos	112
289	Miguel Barba	1149	00:38:24	03:51	Peniche a Correr	M35/M40/M45	97
290	Nelson Moreira	6072	00:38:27	03:51	Casa Benfica Torres Vedras	M35/M40/M45	98
291	Nuno Valente	4269	00:38:29	03:51	Individual	M35/M40/M45	99
292	Paulo Hermezilha	6213	00:38:29	03:51	EVELX-Associação de Estilos de Vida Saudável	M35/M40/M45	100
293	Joaquim Oliveira	1782	00:38:30	03:51	collaborator EDP	M50/M55/M60	32
294	Pedro Gonçalves Gonçalves	4542	00:38:36	03:52	Individual	M35/M40/M45	101
295	Ricardo Cordeiro	2708	00:38:36	03:52	Individual	M35/M40/M45	102
296	Ruben Santos	504	00:38:37	03:52	Individual	Seniores Masculinos	113
297	Duarte Costa	1125	00:38:38	03:52	Individual	Seniores Masculinos	114
298	ALÍPIO FERREIRA	2767	00:38:39	03:52	Individual	Seniores Masculinos	115
299	Ricardo Ferreira	2588	00:38:39	03:52	Individual	M35/M40/M45	103
300	Fernando Candeias	2410	00:38:39	03:52	SSCGD-Secção Atletismo	M35/M40/M45	104
301	Miguel Lopes	1857	00:38:39	03:52	99 Provas Gratuitas	M50/M55/M60	33
302	Pedro Costa Lopes	1140	00:38:42	03:53	Individual	M35/M40/M45	106
303	joão oliveira oliveira	3275	00:38:44	03:53	Metropolitano de Lisboa CCDT METRO LX	M35/M40/M45	107
304	andre riscado	2306	00:38:44	03:53	Individual	M35/M40/M45	108
305	Luís Mealha	1141	00:38:46	03:53	Individual	M35/M40/M45	109
306	Aléxis Martins	6315	00:38:46	03:53	Núcleo Sportinguista Lourinhã	Seniores Masculinos	116
307	Ricardo Rodrigues	951	00:38:47	03:53	ACADEMIA DO PRO PENICHE	M35/M40/M45	110
308	Nuno Almeida	2910	00:38:48	03:53	Holmes Place	M35/M40/M45	111
309	Telmo Viegas	107	00:38:48	03:53	Grupo do Jamor	M35/M40/M45	112
310	Delfim Machado	588	00:38:50	03:53	Individual	M35/M40/M45	113
311	Apolo Pereira	6103	00:38:50	03:53	Clube Futebol "Os Belenenses"	M35/M40/M45	114
312	Miguel David	1151	00:38:52	03:54	Individual	M35/M40/M45	115
313	jose esteves	1159	00:38:52	03:54	tartarugas solidarias	M50/M55/M60	34
314	Fernando Martins	3111	00:38:53	03:54	GDC Banco de Portugal	M35/M40/M45	116
315	FRANCISCO Santos	3098	00:38:53	03:54	Individual	M35/M40/M45	117
316	Miguel Fragoso	114	00:38:55	03:54	Clube Olímpico de Oeiras	M50/M55/M60	35
317	ANTONIO JOSE LOURO	2128	00:38:55	03:54	Santander Totta GD Santander Totta	M35/M40/M45	118
318	Paulo Vieira	4738	00:38:56	03:54	Individual	M50/M55/M60	36
319	Tiago Guerreiro	4329	00:38:57	03:54	Individual	Seniores Masculinos	117
320	Fábio Teixeira	3108	00:38:57	03:54	TVI	Seniores Masculinos	118
321	Horácio Oliveira	3145	00:38:58	03:54	Individual	M35/M40/M45	119
322	Miguel Paulino	1164	00:38:58	03:54	Peniche a Correr	Seniores Masculinos	119
323	Sérgio Malheiro	4275	00:38:59	03:54	Individual	M35/M40/M45	120
324	Pedro Pimentel	2462	00:38:59	03:54	SSCGD-Secção Atletismo	M35/M40/M45	121
325	Marco Gonçalves	4543	00:39:00	03:54	Individual	M35/M40/M45	122
326	Carlos Baptista	2471	00:39:01	03:55	Sporting Clube de Casainhos	M50/M55/M60	37
327	Cleby Albuquerque de Araújo Araújo	2528	00:39:01	03:55	Individual	M50/M55/M60	38
328	Eduardo Santos	304	00:39:01	03:55	Individual	M35/M40/M45	123
329	Carlos Tavares	4178	00:39:02	03:55	Individual	Seniores Masculinos	120
330	Joaquim Cunha	2914	00:39:03	03:55	Auto Jacinto	M35/M40/M45	124
331	Nuno Rebelo	327	00:39:05	03:55	Individual	M35/M40/M45	125
332	Constantino Araújo	1251	00:39:07	03:55	Individual	M50/M55/M60	39
333	Telmo Nogueira Nogueira	1168	00:39:08	03:55	Individual	Seniores Masculinos	121
334	Luís Rio	3142	00:39:08	03:55	GDC Banco de Portugal	M35/M40/M45	126

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
335	Aita Tamang	4535	00:39:09	03:55	Individual	Seniores Masculinos	122
336	Mario silva Pereira	2917	00:39:09	03:55	Individual	Seniores Masculinos	123
337	José Silva	4541	00:39:09	03:55	Clube Desportivo Lisboa e Águias Odimarque	M50/M55/M60	40
338	FERNANDO GODINHO	3055	00:39:10	03:55	Individual	M35/M40/M45	127
339	Nuno Corchado	5021	00:39:11	03:56	Individual	M35/M40/M45	128
340	João Pedro	2589	00:39:11	03:56	Individual	Seniores Masculinos	124
341	Nelson Oliveira	1105	00:39:11	03:56	Individual	M35/M40/M45	129
342	Luís Cancela	437	00:39:12	03:56	Individual	M35/M40/M45	130
343	João Afonso	3129	00:39:12	03:56	Individual	M35/M40/M45	131
344	Daniel Alexandre	2278	00:39:15	03:56	Prova de Deficientes Motores Cadeira de Rodas	Juniores Masculinos	27
345	Nuno Deus	4780	00:39:15	03:56	Individual	Seniores Masculinos	125
346	Nuno Naia	96	00:39:16	03:56	Nuno Naia BCP Clube Futebol os Belenenses	M35/M40/M45	132
347	José Figueiredo	482	00:39:17	03:56	Team Pernetas	M35/M40/M45	133
348	Cláudio António Mira	2714	00:39:17	03:56	Individual	M50/M55/M60	41
349	César Andrade	3104	00:39:17	03:56	Alhandra Sporting Club	M35/M40/M45	134
350	João Rocha	1180	00:39:17	03:56	Individual	Seniores Masculinos	126
351	Helder Silva	5432	00:39:18	03:56	Individual	M35/M40/M45	135
352	jose manuel gomes	353	00:39:19	03:56	Individual	M50/M55/M60	42
353	Fernando Vicente	607	00:39:19	03:56	Individual	M50/M55/M60	43
354	VITOR MARTINS	4739	00:39:20	03:56	Individual	M35/M40/M45	136
355	Bruno Vitorino	4318	00:39:20	03:57	Individual	M35/M40/M45	137
356	Henrique Joanico	6052	00:39:22	03:57	Casa Benfica Algueirão Mem Martins	M35/M40/M45	138
357	Jorge Quarenta	2915	00:39:23	03:57	Individual	M35/M40/M45	139
358	Santos Ricardo	4532	00:39:23	03:57	Individual	M35/M40/M45	140
359	Carlos Cruz	1165	00:39:24	03:57	Individual	M50/M55/M60	44
360	Nuno Sousa	3136	00:39:25	03:57	Individual	M35/M40/M45	141
361	António Rodrigues Lopes Lopes	4307	00:39:25	03:57	Individual	M50/M55/M60	45
362	Fernando Gomes	2597	00:39:26	03:57	Individual	M35/M40/M45	142
363	Rui Candeias	2465	00:39:26	03:57	G.D.R. São Francisco da Serra	M35/M40/M45	143
364	Pedro Inácio	1195	00:39:26	03:57	Individual	M35/M40/M45	144
365	Nuno Gonçalo Santos	1169	00:39:28	03:57	Individual	M35/M40/M45	145
366	Rui Pericão de Almeida	511	00:39:28	03:57	Individual	M35/M40/M45	146
367	Nuno Bela	3100	00:39:29	03:57	Individual	M35/M40/M45	147
368	Antonio P.L. Santos	2224	00:39:31	03:58	Individual	M50/M55/M60	46
369	Rodrigo Spínola Correia	2774	00:39:31	03:58	Individual	M35/M40/M45	148
370	José Pajinha	1158	00:39:31	03:58	Clube de Atletismo Odimarq	M50/M55/M60	47
371	Natanael Guerreiro	6202	00:39:32	03:58	Associação Desportiva Novas Luzes	Seniores Masculinos	127
372	Nuno Lino	1996	00:39:33	03:58	Individual	M35/M40/M45	149
373	Armando Dlas	126	00:39:34	03:58	VIP_EDP	M50/M55/M60	48
374	Vitor Lopes	3288	00:39:34	03:58	Individual	M35/M40/M45	150
375	FILIPA EUTIQUIO	4311	00:39:35	03:58	Individual	Seniores Femininos	21
376	Paulo Novais Novais	3227	00:39:35	03:58	Grupo amigos atletismo de Vila f xira	M35/M40/M45	151
377	MARCO FIDALGO	2017	00:39:36	03:58	SR. CAMARNAL	M35/M40/M45	152
378	Paula Rios Marques	235	00:39:38	03:58	Individual	F35/F40/F45	2
379	António Pires	2466	00:39:38	03:58	G.D.R. São Francisco da Serra	M35/M40/M45	153
380	Filipe Pedro	6020	00:39:38	03:58	Associação Cultural Recreativa da Mealhada	Seniores Masculinos	128
381	José Penela	400	00:39:39	03:58	Individual	M35/M40/M45	154
382	Sérgio Costa	453	00:39:40	03:58	Individual	M35/M40/M45	155

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
383	Rui Vale	950	00:39:40	03:58	Individual	M35/M40/M45	156
384	Adriano Pimentel	1754	00:39:41	03:59	collaborator EDP	M35/M40/M45	157
385	Nuno Queija	6109	00:39:41	03:59	Clube Futebol "Os Belenenses"	M35/M40/M45	158
386	Luis Ferreira	2912	00:39:41	03:59	Auto Jacinto	M35/M40/M45	159
387	Jorge Reis	936	00:39:42	03:59	ACADEMIA DO PRO PENICHE	M35/M40/M45	160
388	António Ricardo Almeida	2908	00:39:42	03:59	Individual	M35/M40/M45	161
389	António Valente	754	00:39:42	03:59	A. D. R. "Amigos Atletismo Avis"	M35/M40/M45	162
390	João Lourenço	2884	00:39:43	03:59	Individual	M50/M55/M60	49
391	Antonio Silva	2308	00:39:43	03:59	Premium Runners	Seniores Masculinos	129
392	Fernando Chamusca	183	00:39:44	03:59	Individual	M50/M55/M60	50
393	José Félix	4270	00:39:44	03:59	Individual	M35/M40/M45	163
394	Paulo Vieira	3167	00:39:45	03:59	Individual	M35/M40/M45	164
395	Steve Cunha	855	00:39:45	03:59	Individual	M35/M40/M45	165
396	Aires Afonseca	340	00:39:46	03:59	Individual	M35/M40/M45	166
397	Ricardo Cifuentes	5135	00:39:46	03:59	Individual	Seniores Masculinos	130
398	António Jacinto	4547	00:39:47	03:59	Clube Desportivo Lisboa e Águias Auto Jacinto	M50/M55/M60	51
399	Francisco Campos	1156	00:39:47	03:59	Individual	Seniores Masculinos	131
400	João Sedas Nunes	1162	00:39:47	03:59	Individual	M50/M55/M60	52
401	Carlos Manuel Pereira Viseu Viseu	1081	00:39:48	03:59	Individual	M35/M40/M45	167
402	Nuno Martins	972	00:39:50	03:59	Individual	M35/M40/M45	168
403	João Pastor	1145	00:39:50	03:59	CCDTMETROLX	M35/M40/M45	169
404	José Monsanto	2469	00:39:53	04:00	Individual	M35/M40/M45	170
405	Luís Manuel Martins Vieira	1124	00:39:54	04:00	Individual	M35/M40/M45	171
406	Saul Fino	1845	00:39:55	04:00	Clube Futebol "Os Belenenses"	M35/M40/M45	172
407	Luis Mazeda	1260	00:39:56	04:00	Asas nos Pés	Seniores Masculinos	132
408	Diogo Jacinto	6075	00:39:57	04:00	Casa Benfica Torres Vedras	Seniores Masculinos	133
409	Gil Xavier Alves	2766	00:39:57	04:00	Unidos da Manutenção	M35/M40/M45	173
410	Sérgio Pires	2768	00:39:58	04:00	Individual	M35/M40/M45	174
411	Lucília Soares	229	00:39:58	04:00	Centro de Atletismo das Galinheiras	F50/F55/F60	1
412	Ricardo Figueiredo	115	00:40:00	04:00	Bombeiros Voluntários do Estoril	Seniores Masculinos	134
413	Brigitte Cardoso	2776	00:40:00	04:00	Individual	Seniores Femininos	22
414	Marco Pinto	1120	00:40:00	04:00	Federação da Família para a Paz Mundial e Unificação	Seniores Masculinos	135
415	João Maia	2916	00:40:01	04:01	Individual	M35/M40/M45	175
416	João Morais	2773	00:40:01	04:01	Individual	M35/M40/M45	176
417	Fernanda Marques Santinha	1155	00:40:02	04:01	Individual	F35/F40/F45	3
418	João Silva	555	00:40:02	04:01	Individual	M35/M40/M45	177
419	Nelson Costa	4020	00:40:06	04:01	Club Millenium BCP	Seniores Masculinos	136
420	Nuno Garrana Garrana	756	00:40:07	04:01	Individual	M35/M40/M45	178
421	Bruno Martins Martins	1138	00:40:08	04:01	Individual	Seniores Masculinos	137
422	Rui NULL	125	00:40:08	04:01	VIP_EDP	M35/M40/M45	179
423	André Queijo	1153	00:40:08	04:01	Individual	Seniores Masculinos	138
424	Miguel Carmo	6067	00:40:09	04:01	Casa Benfica Torres Vedras	M35/M40/M45	180
425	Filipa Sá Maia	2924	00:40:11	04:02	Individual	F35/F40/F45	4
426	Paulo Jorge Rodrigues Alves	2123	00:40:11	04:02	Santander Totta GD Santander Totta	M35/M40/M45	181
427	Paulo Salvador Pacheco Rodrigues	2712	00:40:13	04:02	Individual	M50/M55/M60	53
428	Rafael Fernandes	1160	00:40:14	04:02	Individual	Seniores Masculinos	139
429	Nuno NULL	121	00:40:14	04:02	VIP_EDP	M35/M40/M45	182
430	Rodrigo Correia	2606	00:40:14	04:02	Individual	M35/M40/M45	183

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
431	Pedro Bravo	4991	00:40:16	04:02	EDP Free	M35/M40/M45	184
432	Pedro Alves	5475	00:40:17	04:02	Individual	Seniores Masculinos	140
433	CAROLINA Leal Vale da SERRA	4320	00:40:17	04:02	Individual	Juniores Femininos	2
434	ALEXANDRE ANDRADE	850	00:40:21	04:03	BOTA LAMBRA	M35/M40/M45	185
435	Luis Nogueira	4181	00:40:21	04:03	Individual	M35/M40/M45	186
436	João Leitão	1221	00:40:27	04:03	Individual	M35/M40/M45	187
437	Paulo Rebelo	1768	00:40:27	04:03	collaborator EDP	Juniores Masculinos	28
438	Artur Carvalho	4173	00:40:28	04:03	Individual	M35/M40/M45	188
439	joao marreiros	2882	00:40:29	04:03	EDP Free	M50/M55/M60	54
440	Luis Alvaro	1196	00:40:29	04:03	Individual	M35/M40/M45	189
441	DAVID LOPES	5134	00:40:29	04:03	Individual	Seniores Masculinos	141
442	Alice Basilio	6005	00:40:31	04:04	Amigos Atletismo Mafra	F35/F40/F45	5
443	André Coelho	4174	00:40:32	04:04	Individual	M35/M40/M45	190
444	Hugo Bastos Fonseca	581	00:40:33	04:04	CCTeam	M35/M40/M45	191
445	Horácio Alexandre	543	00:40:33	04:04	Academia do pró	M35/M40/M45	192
446	Diogo Silveira Branco	2403	00:40:34	04:04	SSCGD-Secção Atletismo	Juniores Masculinos	29
447	Bruno Fataça	4333	00:40:35	04:04	Individual	Seniores Masculinos	142
448	João Neves	939	00:40:35	04:04	ACADEMIA DO PRO PENICHE	Seniores Masculinos	143
449	José Gomes	1102	00:40:36	04:04	Individual	M50/M55/M60	55
450	Lúis Pires	2204	00:40:36	04:04	Clube Vodafone	M35/M40/M45	193
451	Lúcia Oliveira	464	00:40:37	04:04	Individual	F35/F40/F45	6
452	Abel Assemblano	5464	00:40:38	04:04	Individual	M35/M40/M45	194
453	Daniel Gralheira	528	00:40:38	04:04	Individual	Seniores Masculinos	144
454	Luis Nobre	3266	00:40:43	04:05	Peniche a Correr	M35/M40/M45	195
455	Francisco M. Pereira	2298	00:40:44	04:05	Individual	Seniores Masculinos	145
456	João Gonçalves	4842	00:40:45	04:05	Individual	M35/M40/M45	196
457	julio reis	1172	00:40:45	04:05	camara lisboa clube	M35/M40/M45	197
458	Luís Albuquerque	2592	00:40:47	04:05	Individual	M35/M40/M45	198
459	Nuno Quintela	3163	00:40:47	04:05	Individual	Seniores Masculinos	146
460	António Lazera Martins	856	00:40:47	04:05	Individual	M50/M55/M60	56
461	João Manuel Cardoso Lopes	2669	00:40:49	04:05	Individual	Seniores Masculinos	147
462	Victor Varizo	3113	00:40:49	04:05	Individual	M35/M40/M45	199
463	Rodrigo Gonçalves da Silva Silva	615	00:40:49	04:05	Individual	M50/M55/M60	57
464	Martins Ricardo	4545	00:40:50	04:05	Individual	M35/M40/M45	200
465	carlos nelson dias	3110	00:40:50	04:05	Metropolitano de Lisboa CCDT METRO LX	M50/M55/M60	58
466	Mário Lourenço	1226	00:40:50	04:05	Clube de Praças da Armada	M50/M55/M60	59
467	Adilson Lino	355	00:40:52	04:06	Individual	M35/M40/M45	201
468	Sandra Barros	1111	00:40:52	04:06	Clube Futebol "Os Belenenses"	F35/F40/F45	7
469	Daniel Antunes	3217	00:40:52	04:06	Armada Torriense	Seniores Masculinos	148
470	Rui Machinho	1992	00:40:52	04:06	Santander Totta GD Santander Totta	M35/M40/M45	202
471	Nuno Costa	1170	00:40:53	04:06	CAD A CORRER	M35/M40/M45	203
472	Vasco Matos	2139	00:40:53	04:06	Correr Soc Reg Da Granja	M35/M40/M45	204
473	Jorge Serra	773	00:40:55	04:06	Individual	M50/M55/M60	60
474	Luis Aurélio	2594	00:40:56	04:06	Individual	M35/M40/M45	205
475	Joaquim Frade	2368	00:40:56	04:06	SSCGD-Secção Atletismo	M50/M55/M60	61
476	João Paulo Páscoa	1167	00:40:56	04:06	Individual	M50/M55/M60	62
477	Parfond Pierre Alain	3168	00:40:57	04:06	Individual	M35/M40/M45	206
478	Jose Barros	5456	00:40:59	04:06	Individual	Seniores Masculinos	149

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
479	carlos alberto alves lima lima	3160	00:40:59	04:06	Individual	M35/M40/M45	207
480	Tony Almeida	3097	00:41:00	04:06	Individual	M35/M40/M45	208
481	Jose NULL	133	00:41:01	04:07	VIP_EDP	M35/M40/M45	209
482	Jose Bueno	4331	00:41:01	04:07	Individual	M35/M40/M45	210
483	DAVID PEREIRA	2473	00:41:01	04:07	Individual	M35/M40/M45	211
484	Bruno Silva	2775	00:41:04	04:07	Individual	M35/M40/M45	212
485	ANTONIO SILVA	3984	00:41:04	04:07	Individual	M50/M55/M60	63
486	Manuel Soares	2770	00:41:05	04:07	Unidos da Manutenção	M50/M55/M60	64
487	Marcio Batista	1139	00:41:05	04:07	Individual	Seniores Masculinos	150
488	Manuel Rocha	1259	00:41:05	04:07	Individual	M35/M40/M45	213
489	Carlos Lopes	2765	00:41:06	04:07	TOMTOM	M35/M40/M45	214
490	Carlos Manuel Pedro Pedro	4741	00:41:06	04:07	Individual	M35/M40/M45	215
491	Joao Belo Martins	1732	00:41:07	04:07	Individual	Seniores Masculinos	151
492	Andre Monteiro	4175	00:41:07	04:07	Individual	Seniores Masculinos	152
493	Antonio Goncalves Goncalves	3105	00:41:07	04:07	Individual	Seniores Masculinos	153
494	Luis Marques	4544	00:41:11	04:08	Individual	M35/M40/M45	216
495	Thomas Uytdewilligen Thomas	3155	00:41:11	04:08	LUSO	Seniores Masculinos	154
496	Filipe Fitas	656	00:41:12	04:08	Individual	Seniores Masculinos	155
497	José Salazar	1255	00:41:12	04:08	Clube Futebol "Os Belenenses"	M50/M55/M60	65
498	João Paradinha	1027	00:41:12	04:08	Individual	M35/M40/M45	217
499	Pedro Xavier	2103	00:41:12	04:08	Santander Totta	M35/M40/M45	218
500	Rui Teixeira	2780	00:41:12	04:08	Individual	M35/M40/M45	219
501	CARLOS BRITO	2790	00:41:13	04:08	Individual	M50/M55/M60	66
502	Pedro Miguel Martins dos Santos	810	00:41:13	04:08	Pernas de Gafanhoto	M35/M40/M45	220
503	Ana Filipa Ferreira	3094	00:41:13	04:08	Alhandra Sporting Club	Seniores Femininos	23
504	Pedro Miguel Lopes Pereira	1150	00:41:14	04:08	Individual	Seniores Masculinos	156
505	Jorge Valente	389	00:41:15	04:08	Individual	M35/M40/M45	221
506	Jose Julio Correia Henriques	4572	00:41:15	04:08	Reinaldo Gomes	M35/M40/M45	222
507	Tiago Manuel Araújo	2911	00:41:16	04:08	Individual	Juniores Masculinos	30
508	Mário Pimenta	3219	00:41:17	04:08	Individual	M35/M40/M45	223
509	Rui Fernandes	4341	00:41:17	04:08	Individual	Seniores Masculinos	157
510	Rodrigo Azevedo	1062	00:41:18	04:08	Individual	M35/M40/M45	224
511	Paulo Dâmaso	2467	00:41:18	04:08	G.D.R. São Francisco da Serra	Juniores Masculinos	31
512	Daniel Santos	4345	00:41:20	04:08	Delta	Seniores Masculinos	158
513	Avelino Soares	739	00:41:21	04:09	Cofina Runners	M50/M55/M60	67
514	Joao Crisostomo	3051	00:41:21	04:09	Santander Totta I GDST	M35/M40/M45	225
515	Ricardo Teixeira Teixeira	3154	00:41:24	04:09	Individual	Seniores Masculinos	159
516	Joana BOAVENTURA	67	00:41:24	04:09	Sª Desterro	Seniores Femininos	24
517	Jacinto Ferreira	3265	00:41:24	04:09	Peniche a Correr	M35/M40/M45	226
518	Paulo Barry	4324	00:41:26	04:09	Individual	M35/M40/M45	227
519	Alexandra Portela	1201	00:41:26	04:09	Clube Futebol "Os Belenenses"	F35/F40/F45	8
520	Marisa Costa	3045	00:41:26	04:09	Grupo Desportivo de Barcarena	F35/F40/F45	9
521	Pedro Pereira	4841	00:41:27	04:09	Individual	M35/M40/M45	228
522	Hugo Carago	1736	00:41:27	04:09	Individual	M35/M40/M45	229
523	Paulo Santos	654	00:41:28	04:09	Individual	M35/M40/M45	230
524	Carlos Florência	983	00:41:29	04:09	Individual	Seniores Masculinos	160
525	Nuno Alves	1848	00:41:29	04:09	Individual	M35/M40/M45	231
526	André Borges	5024	00:41:31	04:10	Individual	Seniores Masculinos	161

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
527	Paulo Marques	3053	00:41:31	04:10	CM Lisboa Go Runners	M35/M40/M45	232
528	Helder Vaz	2590	00:41:31	04:10	Individual	M35/M40/M45	233
529	António Sabido	4549	00:41:31	04:10	Individual	M50/M55/M60	68
530	Nuno Carvalho	4555	00:41:32	04:10	Individual	Seniores Masculinos	162
531	Hélio Marques Marques	818	00:41:33	04:10	Individual	M35/M40/M45	234
532	Mário Monteiro	4176	00:41:34	04:10	Individual	M35/M40/M45	235
533	Alexandre Santos	2376	00:41:36	04:10	SSCGD-Secção Atletismo	M50/M55/M60	69
534	Beatriz Fernandes	3054	00:41:36	04:10	G.D.Barcarena	F35/F40/F45	10
535	Luis Barracho Barracho	3225	00:41:36	04:10	Individual	Seniores Masculinos	163
536	Albertino Pires	4789	00:41:37	04:10	Individual	M35/M40/M45	236
537	Carlos Fortunato	6099	00:41:37	04:10	Clube Futebol "Os Belenenses"	M50/M55/M60	70
538	Diogo Mourão	787	00:41:38	04:10	Individual	Seniores Masculinos	164
539	Luís Alves	4330	00:41:38	04:10	Individual	M35/M40/M45	237
540	Gonçalo Águas	270	00:41:39	04:10	Individual	M35/M40/M45	238
541	Manuel Nunes	709	00:41:39	04:10	Individual	M50/M55/M60	71
542	Mário rui Seabra	1200	00:41:40	04:10	Grupo recreativo janz e associados	M35/M40/M45	239
543	Inês Pereira	3213	00:41:42	04:11	Alhandra Sporting Club	Juniores Femininos	3
544	RUI ANTUNES	1179	00:41:42	04:11	Individual	M50/M55/M60	72
545	Tiago Alves	4582	00:41:43	04:11	Individual	Seniores Masculinos	165
546	Nuno Silva	804	00:41:43	04:11	Individual	M35/M40/M45	240
547	Pedro Barreirão	3723	00:41:44	04:11	GDC Banco de Portugal	Seniores Masculinos	166
548	Eduardo Aleixo	1254	00:41:44	04:11	Clube Futebol "Os Belenenses"	M35/M40/M45	241
549	Miguel Marques	2786	00:41:44	04:11	Individual	M35/M40/M45	242
550	Joao Andre Goncalves	813	00:41:44	04:11	Individual	M35/M40/M45	243
551	Luís Loureiro	499	00:41:45	04:11	Individual	Seniores Masculinos	167
552	Elisabete Gomes	6068	00:41:45	04:11	Casa Benfica Torres Vedras	F35/F40/F45	11
553	José João Prata	3076	00:41:46	04:11	Individual	Seniores Masculinos	168
554	Bruno Loureiro	1415	00:41:47	04:11	Clube de Praças da Armada	Seniores Masculinos	169
555	Hugo Torres	2769	00:41:48	04:11	Individual	M35/M40/M45	244
556	João Rodrigues	4274	00:41:48	04:11	Individual	M35/M40/M45	245
557	Pedro Lima	2533	00:41:49	04:11	Individual	M35/M40/M45	246
558	PAULO GONCALVES	4086	00:41:49	04:11	Club Millenium BCP	M35/M40/M45	247
559	Victor Jorge	2309	00:41:49	04:11	Individual	M35/M40/M45	248
560	Vitor Batista	1182	00:41:51	04:12	Individual	M35/M40/M45	249
561	Miguel Truninger Sousa	1174	00:41:52	04:12	CLUBE COLABORADORES AGEAS	M35/M40/M45	250
562	JOÃO MONIZ	3215	00:41:52	04:12	Individual	Seniores Masculinos	170
563	Miguel Ribeiro	3141	00:41:52	04:12	Individual	M35/M40/M45	251
564	Nuno Santos	1003	00:41:53	04:12	Individual	M35/M40/M45	252
565	Antonio Pires	3102	00:41:54	04:12	Individual	M50/M55/M60	73
566	João pedro dos santos Saldanha	3245	00:41:54	04:12	Carris Amigos Vale Silêncio	M35/M40/M45	253
567	Ricardo Simoes Simoes	4736	00:41:56	04:12	Individual	M35/M40/M45	254
568	Cél Cecilio	4313	00:41:56	04:12	NAPA	F35/F40/F45	12
569	Pedro Carvalho	1287	00:41:57	04:12	Individual	Seniores Masculinos	171
570	António Frazão	4321	00:41:58	04:12	Individual	Seniores Masculinos	172
571	Nuno Henriques	3135	00:41:58	04:12	Individual	M35/M40/M45	255
572	Carlos Alberto Gomes Branco	2402	00:41:58	04:12	SSCGD-Secção Atletismo	M35/M40/M45	256
573	Ruben Dias	1257	00:41:59	04:12	Clube Futebol "Os Belenenses"	M35/M40/M45	257
574	José Gonçalves	6003	00:42:00	04:12	Amigos Atletismo Mafra	M50/M55/M60	74

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
575	Antonio Manuel Rocha Da Silva Rocha Da Silva	2938	00:42:00	04:12	Individual	M35/M40/M45	258
576	Antonio Rebelo	3125	00:42:01	04:13	Individual	M35/M40/M45	259
577	Paulo Ribeiro	3229	00:42:01	04:13	Individual	M50/M55/M60	75
578	Rui Batista	6181	00:42:01	04:13	Amigos Atletismo Mafra	M35/M40/M45	260
579	Rita Ribeiro	3230	00:42:01	04:13	Individual	Seniores Femininos	25
580	VITOR MARQUES	4021	00:42:02	04:13	Club Millenium BCP	M35/M40/M45	261
581	Luis Sousa Sousa	4568	00:42:02	04:13	Individual	M35/M40/M45	262
582	Nuno Sousa	4565	00:42:03	04:13	Individual	M35/M40/M45	263
583	Eduardo Rodrigues	4184	00:42:03	04:13	Individual	M50/M55/M60	76
584	Rodrigo Guerra	6011	00:42:04	04:13	Amigos Atletismo Mafra	M35/M40/M45	264
585	João Hipolito	4319	00:42:05	04:13	Individual	M50/M55/M60	77
586	João Gomes	6007	00:42:05	04:13	Amigos Atletismo Mafra	M35/M40/M45	265
587	Nuno Pedro Santos Forte Forte	2555	00:42:06	04:13	Tranquilidade TAC	M35/M40/M45	266
588	Hugo Monteiro	1829	00:42:09	04:13	collaborator EDP	M35/M40/M45	267
589	Orlando Pedro	2603	00:42:09	04:13	Individual	M50/M55/M60	78
590	LUIS QUARESMA	3383	00:42:09	04:13	MARRIOTT LISBOA	Seniores Masculinos	173
591	BELCHIOR BARROCAS	3281	00:42:09	04:13	CD ARNEIRO	M50/M55/M60	79
592	José Francisco Miranda	272	00:42:10	04:13	Individual	M50/M55/M60	80
593	Henrique Adrega	6096	00:42:10	04:13	Clube Atletismo Amigos de Belém	M50/M55/M60	81
594	Camilo Valgy	3186	00:42:10	04:13	PROSEGUR	M35/M40/M45	268
595	Alexandre Santo Santos	3106	00:42:10	04:13	Individual	M35/M40/M45	269
596	Luis Machado	1850	00:42:11	04:14	Individual	Seniores Masculinos	174
597	Mauricio Costa	366	00:42:12	04:14	Individual	M35/M40/M45	270
598	Emanuel Ramalho	4579	00:42:13	04:14	Individual	Seniores Masculinos	175
599	Luís António Valinho	337	00:42:13	04:14	Individual	Seniores Masculinos	176
600	Rui Vieira	614	00:42:13	04:14	Individual	M35/M40/M45	271
601	Paulo Moreira	6218	00:42:14	04:14	Grupo Desportivo Recreativo Reboleira	M35/M40/M45	272
602	Paulo Sousa	2783	00:42:14	04:14	Individual	Seniores Masculinos	177
603	Nuno Lourenço	6128	00:42:15	04:14	EVELX-Associação de Estilos de Vida Saudável	M35/M40/M45	273
604	Daniela Sampaio	3228	00:42:15	04:14	Alhandra Sporting Club	Juniores Femininos	4
605	Marcio Pimenta	672	00:42:15	04:14	Individual	Seniores Masculinos	178
606	LUIS CASCÃO	2665	00:42:18	04:14	Individual	M35/M40/M45	274
607	Francisco Machado	4377	00:42:19	04:14	Individual	Seniores Masculinos	179
608	Filipe Oliveira	3247	00:42:19	04:14	Individual	M35/M40/M45	275
609	Joaquim Ramalho	3238	00:42:21	04:15	Individual	M35/M40/M45	276
610	Sérgio Duarte	3126	00:42:21	04:15	Santander Totta I	M35/M40/M45	277
611	Joao Monteiro	5170	00:42:22	04:15	Individual	M35/M40/M45	278
612	Ricardo Jorge Matias Nunes	4560	00:42:23	04:15	Individual	M35/M40/M45	279
613	Bruno Gomes	3187	00:42:24	04:15	PROSEGUR	Seniores Masculinos	180
614	António Vilela	1343	00:42:24	04:15	Individual	M35/M40/M45	280
615	Joaquim Belo	1849	00:42:25	04:15	Correr Soc Reg Da Granja	M50/M55/M60	82
616	António Martinho	2599	00:42:26	04:15	GDCFidelidade	M35/M40/M45	281
617	Antonio Santos Silva Santos	2458	00:42:26	04:15	Individual	M50/M55/M60	83
618	Rui Carvalho	4976	00:42:26	04:15	Individual	M35/M40/M45	282
619	joaquim alexandre	3311	00:42:26	04:15	titularia	M50/M55/M60	84
620	Fábio Machado	937	00:42:27	04:15	ACADEMIA DO PRO PENICHE	Seniores Masculinos	181
621	BRUNO GOMES	3085	00:42:27	04:15	Individual	M35/M40/M45	283
622	luis jose	1064	00:42:28	04:15	Individual	M35/M40/M45	284

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
623	Pedro Silva	1913	00:42:28	04:15	Individual	M35/M40/M45	285
624	Ricardo Rosa	1194	00:42:28	04:15	Individual	M35/M40/M45	286
625	André Carvalho	1191	00:42:28	04:15	Gore	M35/M40/M45	287
626	Paulo Ventura	2772	00:42:29	04:15	Tranquilidade TAC	M35/M40/M45	288
627	Nuno Santos	1418	00:42:30	04:15	Serviços Sociais Montepio	M35/M40/M45	289
628	Tiago Carvalho	5014	00:42:31	04:16	edpRunners	Seniores Masculinos	182
629	Jose João Lopes	2521	00:42:32	04:16	Individual	M50/M55/M60	85
630	Alexandre Cavalheiro	629	00:42:32	04:16	Individual	M35/M40/M45	290
631	Nuno Chicharro	1360	00:42:33	04:16	Peniche a Correr	M35/M40/M45	291
632	Rodrigo Francisco	2920	00:42:34	04:16	Wikaboo	Juniores Masculinos	32
633	Vitor Francisco	2919	00:42:35	04:16	Wikaboo	M35/M40/M45	292
634	Jose Morais	2137	00:42:35	04:16	Individual	M35/M40/M45	293
635	Pedro Teixeira	3103	00:42:35	04:16	Individual	M35/M40/M45	294
636	Paulo Pereira	2763	00:42:36	04:16	Tranquilidade TAC	M50/M55/M60	86
637	FRANCISCO VILELA VILELA	4557	00:42:37	04:16	Individual	M35/M40/M45	295
638	António Santos	2130	00:42:38	04:16	Santander Totta	Seniores Masculinos	183
639	Ricardo Pinto	6221	00:42:38	04:16	Grupo Desportivo Recreativo Reboleira	M35/M40/M45	296
640	Joana Ramalho	1152	00:42:39	04:16	Individual	Seniores Femininos	26
641	PAULO GOULART	3364	00:42:39	04:16	Individual	M35/M40/M45	297
642	João Marinho	3164	00:42:42	04:17	Individual	M35/M40/M45	298
643	Bento Semedo	2931	00:42:42	04:17	Individual	M50/M55/M60	87
644	Paulo Antunes	2595	00:42:44	04:17	Individual	M35/M40/M45	299
645	Paulo Santos	2670	00:42:45	04:17	EDP Free	M50/M55/M60	88
646	José Pinto	2700	00:42:45	04:17	Individual	M50/M55/M60	89
647	Miguel Almeida	1185	00:42:45	04:17	Individual	M35/M40/M45	300
648	Daniel Guerreiro	2446	00:42:45	04:17	Individual	Juniores Masculinos	33
649	joao braz	3165	00:42:46	04:17	Individual	M50/M55/M60	90
650	Fernando Melão Melão	3298	00:42:46	04:17	Federação da Família para a Paz Mundial e Unificação	M50/M55/M60	91
651	Fábio Pereira	2472	00:42:47	04:17	Sporting Clube de Casainhos	Seniores Masculinos	184
652	Joaquim Carrilho	2379	00:42:48	04:17	SSCGD-Secção Atletismo	M50/M55/M60	92
653	Pedro Miguel Ferraz	4813	00:42:48	04:17	Renault RRC	M35/M40/M45	301
654	Diamantino Gamito	3235	00:42:48	04:17	Individual	M50/M55/M60	93
655	João Santos	1805	00:42:49	04:17	collaborator EDP	M50/M55/M60	94
656	José Amaro	5497	00:42:49	04:17	Individual	M35/M40/M45	302
657	Teotónio Xavier Neto	334	00:42:50	04:17	ADRC Mata de Benfica	M50/M55/M60	95
658	Matilde Rodrigues	184	00:42:50	04:17	SL Benfica	Juniores Femininos	5
659	João Pereira	2913	00:42:51	04:18	Auto Jacinto	M35/M40/M45	303
660	João Oliveira e Costa	2300	00:42:51	04:18	Ginásio Clube Português	M35/M40/M45	304
661	Rui Oliveira	2907	00:42:52	04:18	Tranquilidade TAC	M35/M40/M45	305
662	Luis faria	4025	00:42:53	04:18	Club Millenium BCP	M35/M40/M45	306
663	OSCAR SANTOS	97	00:42:53	04:18	Individual	M50/M55/M60	96
664	rui fonseca	3169	00:42:55	04:18	Individual	M50/M55/M60	97
665	Teresa Raposo	3366	00:42:55	04:18	Individual	Juniores Femininos	6
666	Jorge Martinho	4180	00:42:55	04:18	Individual	M35/M40/M45	307
667	Artur Gonçalves	3249	00:42:55	04:18	Individual	M35/M40/M45	308
668	Miguel Rocha	4326	00:42:55	04:18	Individual	M35/M40/M45	309
669	joaquim santos santos	3377	00:42:56	04:18	Individual	M50/M55/M60	98
670	João Navarro	4844	00:42:56	04:18	Individual	M35/M40/M45	310

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
671	Filipe Correia	2366	00:42:59	04:18	SSCGD-Secção Atletismo	M35/M40/M45	311
672	licinio fidalgo	1171	00:43:00	04:18	camara lisboa clube	M50/M55/M60	99
673	Sergio Duarte Fernandes	2186	00:43:01	04:19	Clube PT - zcs	Seniores Masculinos	185
674	Eduardo Alves Silva	338	00:43:02	04:19	Individual	M50/M55/M60	100
675	Pedro Ferreira	1300	00:43:02	04:19	Individual	M35/M40/M45	312
676	Luis Mendes	4312	00:43:03	04:19	NAPA	M35/M40/M45	313
677	António Domingues	952	00:43:04	04:19	Individual	M50/M55/M60	101
678	Nuno Cruz	451	00:43:04	04:19	Individual	M35/M40/M45	314
679	Joao Santos	6066	00:43:04	04:19	Casa Benfica Torres Vedras	M35/M40/M45	315
680	Carlos Monteiro	6225	00:43:05	04:19	Grupo Desportivo São Domingos	M50/M55/M60	102
681	Gonçalo Ferreira	88	00:43:06	04:19	Hotel Dom Pedro C. F. Os Belenenses	M35/M40/M45	316
682	David Penedo	2311	00:43:06	04:19	Individual	M35/M40/M45	317
683	João Paulo Luís	4354	00:43:06	04:19	Individual	Seniores Masculinos	186
684	Helder Borges	3221	00:43:09	04:19	Individual	M35/M40/M45	318
685	Pompeu Aires Aires	4564	00:43:09	04:19	Individual	M50/M55/M60	103
686	João Melo	2733	00:43:10	04:19	Tranquilidade TAC	Seniores Masculinos	187
687	Gonçalo Rodrigues	4210	00:43:10	04:19	Individual	M35/M40/M45	319
688	Armando Monteiro	2664	00:43:11	04:20	Individual	M35/M40/M45	320
689	Paulo Moreira	4740	00:43:12	04:20	Individual	M35/M40/M45	321
690	Mafalda Martinho	3988	00:43:12	04:20	Individual	Seniores Femininos	27
691	Jorge Bernardo	512	00:43:12	04:20	Individual	M35/M40/M45	322
692	Pedro Vasco Costa Almeida	2414	00:43:12	04:20	SSCGD-Secção Atletismo	M35/M40/M45	323
693	Gonçalo Areia	2715	00:43:12	04:20	Individual	M35/M40/M45	324
694	Joaquim Cabaça	4008	00:43:13	04:20	Individual	Seniores Masculinos	188
695	Tiago Toureiro	2140	00:43:14	04:20	Individual	Seniores Masculinos	189
696	Joaquim Sande	4317	00:43:14	04:20	Individual	M50/M55/M60	104
697	João Miguel Barral	74	00:43:17	04:20	Santander Totta Team It's Up to You	M35/M40/M45	325
698	Filipe Santos	990	00:43:18	04:20	Individual	M35/M40/M45	326
699	Carlos França	1187	00:43:18	04:20	Individual	M35/M40/M45	327
700	Ruben Alves	816	00:43:18	04:20	Individual	M35/M40/M45	328
701	David Reis	1851	00:43:18	04:20	Individual	M35/M40/M45	329
702	catarina viana	3026	00:43:18	04:20	Santander Totta I	F35/F40/F45	13
703	Paulo Sérgio Santos	3222	00:43:19	04:20	Individual	M35/M40/M45	330
704	Pedro Machado Machado	4783	00:43:19	04:20	Individual	M35/M40/M45	331
705	Sérgio Trindade	4322	00:43:19	04:20	Delta Associação de Moradores de Atibá	M35/M40/M45	332
706	Sérgio Silva	3050	00:43:20	04:20	Beja Atlético Clube	Seniores Masculinos	190
707	Sérgio Pontes	3243	00:43:21	04:21	Individual	M35/M40/M45	333
708	vasco Baptista	965	00:43:21	04:21	Individual	M35/M40/M45	334
709	João Carlos Bronze da Silva	3046	00:43:22	04:21	Santander Totta I	M35/M40/M45	335
710	Antonio Teixeira Teixeira	3270	00:43:22	04:21	Grupo amigos atletismo de Vila f xira	M35/M40/M45	336
711	Fernando Costa Costa	2474	00:43:22	04:21	Individual	M35/M40/M45	337
712	Tiago Gonçalves	2683	00:43:23	04:21	Individual	M35/M40/M45	338
713	Joel Ferreira	858	00:43:24	04:21	Individual	Seniores Masculinos	191
714	Henk Jan Ruitenbeek	867	00:43:25	04:21	Individual	Seniores Masculinos	192
715	JOANA Beatriz Matos Luis MIRANDA	4325	00:43:25	04:21	Individual	Juniores Femininos	7
716	Francisco Rodrigues	5492	00:43:25	04:21	Individual	M35/M40/M45	339
717	Alberto Covas	1204	00:43:26	04:21	Asas nos Pés	M50/M55/M60	105
718	Adelino Semedo	3248	00:43:26	04:21	GDC Banco de Portugal	M50/M55/M60	106

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
719	Pedro Guerreiro	4465	00:43:27	04:21	Individual	M35/M40/M45	340
720	Mário Fernandes	3333	00:43:27	04:21	Grupo Desportivo e Cultural dos Empregados do Banco BPI	M35/M40/M45	341
721	Carlos Graça	3250	00:43:27	04:21	Individual	M35/M40/M45	342
722	DANIEL VERISSIMO	2925	00:43:29	04:21	Individual	M35/M40/M45	343
723	Nuno Silva	3191	00:43:30	04:21	Individual	M35/M40/M45	344
724	Mariana Soares	4860	00:43:31	04:22	Cofina GRCD Leião	Seniores Femininos	28
725	Jorge Carlos Simões Costa	2314	00:43:32	04:22	Individual	M35/M40/M45	345
726	Rodolfo Lopes	4851	00:43:33	04:22	Individual	M35/M40/M45	346
727	Vasco Rebordão	1079	00:43:35	04:22	Individual	Seniores Masculinos	193
728	Ilisito Ferreira	1190	00:43:35	04:22	Individual	Seniores Masculinos	193
729	Ana Filipa Sampaio	3214	00:43:35	04:22	Alhandra Sporting Club	Seniores Femininos	29
730	JOSÉ CARLOS	3143	00:43:36	04:22	N. A. PAPAGAIOS DE CASCAIS	M50/M55/M60	107
731	Paulo Pires	2003	00:43:37	04:22	Individual	M50/M55/M60	108
732	Paulo Jorge Fonseca Fonseca	4747	00:43:37	04:22	Individual	M35/M40/M45	347
733	Daniel Barbosa	3239	00:43:38	04:22	Pés de Chumbo	M50/M55/M60	109
734	Helder Faia	1757	00:43:39	04:22	collaborator EDP	M35/M40/M45	348
735	Paulo Cecílio	1089	00:43:40	04:22	Individual	M35/M40/M45	349
736	Ricardo Nobre	3029	00:43:42	04:23	EDP Free	M35/M40/M45	350
737	Fernando Correia	854	00:43:42	04:23	Individual	M50/M55/M60	110
738	Julio Roque	2160	00:43:44	04:23	Correr Soc Reg Da Granja	M50/M55/M60	111
739	Nelson Gomes	4834	00:43:45	04:23	SIMECruz Quebradense	M35/M40/M45	351
740	Henrique Ferreira	3432	00:43:45	04:23	ADRC Mata de Benfica	M35/M40/M45	352
741	Francisco Casegas	4031	00:43:46	04:23	Club Millenium BCP	Seniores Masculinos	195
742	PAULO ANDRADE	851	00:43:47	04:23	BOTA LAMBRA	M35/M40/M45	353
743	Bruno Miguel Reis Campos Campos	2183	00:43:48	04:23	Clube PT - zcs	M35/M40/M45	354
744	Rui Vieira	923	00:43:48	04:23	CCD PM CASCAIS	M50/M55/M60	112
745	JORGE FIGUEIREDO	3196	00:43:49	04:23	Câmara Municipal Marinha Grande CR AMIEIRINHENSE	M35/M40/M45	355
746	Alfredo Valente	2734	00:43:49	04:23	Individual	M50/M55/M60	113
747	ADRIANO DA SILVA REIS	1018	00:43:50	04:23	Individual	M35/M40/M45	356
748	Herlander Martins	6233	00:43:50	04:23	Grupo Desportivo São Domingos	M35/M40/M45	357
749	Vitor Ferreira	6014	00:43:50	04:23	Associação Cultural Recreativa da Mealhada	M35/M40/M45	358
750	MIGUEL TAVARES	1203	00:43:51	04:24	Individual	M35/M40/M45	359
751	Rui Granada	3267	00:43:52	04:24	Peniche a Correr	M35/M40/M45	360
752	Ricardo Damiao	2114	00:43:52	04:24	Santander Totta Santander	M35/M40/M45	361
753	Mario Zarro	3264	00:43:52	04:24	Peniche a Correr	M35/M40/M45	362
754	Carlos Cruz	741	00:43:52	04:24	Cofina Runners	M35/M40/M45	363
755	Carlos Gonçalves	3313	00:43:52	04:24	Prafit clube	M35/M40/M45	364
756	Virgílio Madeira	2797	00:43:53	04:24	Tranquilidade TAC	M50/M55/M60	114
757	Sérgio Alves	4193	00:43:53	04:24	Individual	M35/M40/M45	365
758	Afonso Ataíde	2537	00:43:53	04:24	Individual	Seniores Masculinos	196
759	António Pedro Costa	4659	00:43:53	04:24	Individual	M35/M40/M45	366
760	Rui Nunes	4584	00:43:53	04:24	Individual	M35/M40/M45	367
761	Filipe Felipe	4280	00:43:54	04:24	CM Lisboa Rafael Pereira	Seniores Masculinos	197
762	Leonel Neves	2538	00:43:54	04:24	Amigos Vale Silencio	M50/M55/M60	115
763	Carlos Ramos Ramos	3279	00:43:55	04:24	Individual	M35/M40/M45	368
764	Diogo Maia	1118	00:43:55	04:24	Individual	Seniores Masculinos	198
765	Nuno Marco Esteves Beijoca	3162	00:43:55	04:24	Individual	M35/M40/M45	369
766	Rui Monteiro Monteiro	4356	00:43:56	04:24	Individual	Seniores Masculinos	199

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
767	Rafael Zambrana	1253	00:43:56	04:24	Individual	Seniores Masculinos	200
768	Marco Dias	2016	00:43:56	04:24	Biodermarunners	M35/M40/M45	370
769	Carlos Santos	700	00:43:56	04:24	Individual	M35/M40/M45	371
770	Guilherme Alves	3255	00:43:57	04:24	Individual	M35/M40/M45	372
771	Nuno Miguel Rodrigues Gonçalves	2785	00:43:57	04:24	URBAN RUN TEAM	M35/M40/M45	373
772	Rodrigo Pais de Almeida	2361	00:43:57	04:24	SSCGD-Secção Atletismo	M35/M40/M45	374
773	Pedro Serra	2927	00:43:58	04:24	Correr Lisboa	M35/M40/M45	375
774	Tiago Marques	2942	00:43:58	04:24	Individual	M35/M40/M45	376
775	ADELINO TRINDADE	2930	00:43:58	04:24	Individual	M35/M40/M45	377
776	Rita Rodrigues	1235	00:43:58	04:24	Individual	Seniores Femininos	30
777	Carlos Manuel NULL	120	00:43:59	04:24	VIP_EDP	M35/M40/M45	378
778	Daniel Paiva	875	00:43:59	04:24	Individual	Seniores Masculinos	201
779	Gonçalo Pais	427	00:43:59	04:24	Individual	M35/M40/M45	379
780	Gil Sousa	3231	00:43:59	04:24	Individual	M35/M40/M45	380
781	Alberto Luís Mateus Matias	525	00:43:59	04:24	Individual	M50/M55/M60	116
782	Jorge Manuel dos Santos Barros	1860	00:44:00	04:24	99 Provas Gratuitas	M35/M40/M45	381
783	Hugo Lampreia	1207	00:44:00	04:24	Individual	M35/M40/M45	382
784	Paulo Louro	2138	00:44:00	04:24	Individual	M50/M55/M60	117
785	Jaime Lima	2264	00:44:01	04:25	Individual	M50/M55/M60	118
786	Miguel Barreiros	797	00:44:01	04:25	Individual	M35/M40/M45	383
787	Domingos Rodrigues	465	00:44:01	04:25	Individual	M35/M40/M45	384
788	PEDRO SA	4023	00:44:03	04:25	Club Millenium BCP	M35/M40/M45	385
789	Bruno Oliveira	4332	00:44:03	04:25	Individual	M35/M40/M45	386
790	João Antunes	2310	00:44:06	04:25	Individual	Seniores Masculinos	202
791	Pedro Barbosa	3323	00:44:06	04:25	innovagency	M35/M40/M45	387
792	LUIS MIGUEL SANTOS	2936	00:44:07	04:25	Individual	M35/M40/M45	388
793	Rui Afonso	6102	00:44:07	04:25	Clube Futebol "Os Belenenses"	M35/M40/M45	389
794	Rui Patricio Miguel	4562	00:44:07	04:25	Individual	M35/M40/M45	390
795	Cédric Monteiro	1216	00:44:08	04:25	Grupo Desportivo de Chaves	Seniores Masculinos	203
796	Carlos Marques	2152	00:44:08	04:25	Correr Soc Reg Da Granja	M35/M40/M45	391
797	JOSÉ CASTRO PEREIRA PEREIRA	4737	00:44:09	04:25	Individual	M35/M40/M45	392
798	António Fernandes	2535	00:44:09	04:25	Amigos Vale Silencio	M50/M55/M60	119
799	antonio pataca pataca	3296	00:44:10	04:25	Individual	M35/M40/M45	393
800	humberto rocha borges borges	3295	00:44:10	04:25	Individual	M35/M40/M45	394
801	Liberto Santos	517	00:44:11	04:26	Individual	M50/M55/M60	120
802	Henrique Amador	2374	00:44:11	04:26	SSCGD-Secção Atletismo	M35/M40/M45	395
803	Cátia Sofia Nascimento	2928	00:44:11	04:26	Correr Lisboa	F35/F40/F45	14
804	Marta Conceição	2005	00:44:11	04:26	Individual	Seniores Femininos	31
805	Leonardo Prado	928	00:44:11	04:26	Individual	Juniores Masculinos	34
806	Sergio Pires	1208	00:44:11	04:26	Individual	M35/M40/M45	396
807	Pedro Boto	1274	00:44:13	04:26	Serviços Sociais Montepio	M50/M55/M60	121
808	Pedro Fontoura	2420	00:44:13	04:26	SSCGD-Secção Atletismo	M35/M40/M45	397
809	Paulo Rodrigues	3066	00:44:13	04:26	Moinho da Juventude -	M35/M40/M45	398
810	Carlos Oleastro	6047	00:44:13	04:26	Casa Benfica Algueirão Mem Martins	M50/M55/M60	122
811	João Pedro Alves Pereira Pereira	5490	00:44:14	04:26	Individual	Seniores Masculinos	204
812	Armando Cruz	808	00:44:15	04:26	Individual	M50/M55/M60	123
813	Pedro Martins Martins	3386	00:44:15	04:26	Individual	Seniores Masculinos	205
814	José Tomás	702	00:44:16	04:26	VALEJAS ATLETICO CLUBE	M35/M40/M45	399

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
815	Paulo Guia	1209	00:44:16	04:26	Individual	M35/M40/M45	400
816	Ricardo Jorge Balau	2771	00:44:16	04:26	Individual	Seniores Masculinos	206
817	Pedro Caramba	2779	00:44:17	04:26	Individual	M35/M40/M45	401
818	SONIA NEVES	3073	00:44:17	04:26	Individual	F50/F55/F60	2
819	Valdemar Costa	4195	00:44:17	04:26	Individual	M35/M40/M45	402
820	Francisco José Henoch Gama	651	00:44:18	04:26	Individual	M50/M55/M60	124
821	JOSÉ MAIO	3280	00:44:19	04:26	CD ARNEIRO	M50/M55/M60	125
822	José Cunha	6234	00:44:20	04:26	Grupo Desportivo São Domingos	M50/M55/M60	126
823	Ricardo Dias	480	00:44:20	04:26	Team Pernetas	M35/M40/M45	403
824	Vítor Manuel Pereira	1202	00:44:22	04:27	Grupo recreativo janz e associados	M35/M40/M45	404
825	JOÃO ABRANTES	1188	00:44:23	04:27	Individual	M50/M55/M60	127
826	Joaquim Silva	307	00:44:23	04:27	GINjinha Runners	M35/M40/M45	405
827	José Guerreiro	3344	00:44:23	04:27	Individual	M50/M55/M60	128
828	Sergio Borges	1381	00:44:24	04:27	Individual	M35/M40/M45	406
829	Alexandra Martinho	3271	00:44:24	04:27	Alhandra Sporting Club	Seniores Femininos	32
830	João Lobo	711	00:44:24	04:27	Individual	M35/M40/M45	407
831	Francisco Calado	2000	00:44:25	04:27	Individual	Seniores Masculinos	207
832	Carlos Semide	5007	00:44:25	04:27	Individual	M35/M40/M45	408
833	João Ferreira	3527	00:44:26	04:27	Individual	M35/M40/M45	409
834	Sílvio Romão	4719	00:44:27	04:27	edpRunners	M35/M40/M45	410
835	Ricardo Nunes Farinha Nel	2836	00:44:27	04:27	Clube PT - zcs	M35/M40/M45	411
836	Mário Bastardo	1198	00:44:28	04:27	Individual	M35/M40/M45	412
837	António Amaral	3258	00:44:29	04:27	Guizo Runners	M35/M40/M45	413
838	Rúben José Ramos Ponte Simão Simão	1585	00:44:30	04:27	Individual	Seniores Masculinos	208
839	Mário Rui Soares	113	00:44:30	04:27	Individual	Seniores Masculinos	209
840	Marco Quedas	219	00:44:30	04:27	Associação Cultural Recreativa da Mealhada	Seniores Masculinos	210
841	Roberto Baião	4296	00:44:30	04:27	DMC Juventude Atlético Clube	Seniores Masculinos	211
842	Jorge Paulo Morgado	2479	00:44:30	04:27	SSCGD-Secção Atletismo	M50/M55/M60	129
843	Lenia Silva	6205	00:44:30	04:27	Clube Futebol "Os Belenenses"	F35/F40/F45	15
844	Jorge Leite	4846	00:44:31	04:28	CM Lisboa	M35/M40/M45	414
845	Fernando Corda	1197	00:44:31	04:28	Individual	M50/M55/M60	130
846	Leonel Marques	3467	00:44:31	04:28	Individual	Seniores Masculinos	212
847	Nuno Bogalheiro	2534	00:44:31	04:28	Amigos Vale Silencio	M35/M40/M45	415
848	ANIBAL FERNANDES	3079	00:44:31	04:28	Individual	M35/M40/M45	416
849	Germano Louro	1236	00:44:32	04:28	Individual	M35/M40/M45	417
850	Luis Rodrigues	4843	00:44:33	04:28	Individual	M35/M40/M45	418
851	Eduardo Baptista	1358	00:44:33	04:28	Peniche a Correr	M35/M40/M45	419
852	Helder Rui Meireles Da Silva	4441	00:44:33	04:28	Individual	M35/M40/M45	420
853	Ana Margarida Correia	380	00:44:33	04:28	Individual	F35/F40/F45	16
854	Ricardo Filipe Micaelo Silva	2838	00:44:34	04:28	Clube PT - zcs	M35/M40/M45	421
855	Carla Alexandra Fernandes	1863	00:44:34	04:28	99 Provas Gratuitas	F35/F40/F45	17
856	Fausto Isaac	2795	00:44:35	04:28	Tranquilidade TAC	M35/M40/M45	422
857	Rosa Maria Leitão Marques Marques	4384	00:44:35	04:28	Individual	F35/F40/F45	18
858	Gustavo Évora	1861	00:44:35	04:28	99 Provas Gratuitas	M50/M55/M60	131
859	filipe branco	3307	00:44:35	04:28	tituaria	M35/M40/M45	423
860	Ricardo Seco	3300	00:44:36	04:28	Individual	M35/M40/M45	424
861	Sérgio Barbosa	1758	00:44:36	04:28	collaborator EDP	Seniores Masculinos	213
862	João Rodrigues	3507	00:44:36	04:28	GDC Banco de Portugal	M35/M40/M45	425

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
863	Flaviano Dias	4742	00:44:36	04:28	Individual	M50/M55/M60	132
864	Tiago Realista	6006	00:44:37	04:28	Amigos Atletismo Mafra	M35/M40/M45	426
865	António Godinho	5480	00:44:37	04:28	Individual	M35/M40/M45	427
866	Arnaldo Rolo	3061	00:44:38	04:28	Santander Totta I Runners Frente Ribeirinha Póvoa Santa Iria	M50/M55/M60	133
867	Helena Moreira	4574	00:44:38	04:28	Individual	F35/F40/F45	19
868	Pedro Quaresma	4030	00:44:38	04:28	Club Millenium BCP	M50/M55/M60	134
869	Ana Vieira	6127	00:44:39	04:28	EVELX-Associação de Estilos de Vida Saudável	F35/F40/F45	20
870	Jorge Azevedo	260	00:44:39	04:28	Individual	M35/M40/M45	428
871	Quintino Vaz	6126	00:44:40	04:28	EVELX-Associação de Estilos de Vida Saudável	M50/M55/M60	135
872	Paulo Sousa	3119	00:44:41	04:29	FIT RUNNERS Fitrunners	M35/M40/M45	429
873	Luís Baptista Isidoro Isidoro	287	00:44:41	04:29	Individual	Seniores Masculinos	214
874	pedro serra	365	00:44:42	04:29	Individual	Seniores Masculinos	215
875	Pedro Alves	2598	00:44:42	04:29	Individual	M35/M40/M45	430
876	Cândido Alves	1231	00:44:42	04:29	Individual	M35/M40/M45	431
877	NUNO VENES	4993	00:44:42	04:29	Individual	M35/M40/M45	432
878	Diogo Lopes	185	00:44:42	04:29	Asas nos Pés	M35/M40/M45	433
879	Ana Isabel Almeida	1281	00:44:42	04:29	Individual	F35/F40/F45	21
880	Francisco Ribeiro Ribeiro	1854	00:44:43	04:29	Individual	M35/M40/M45	434
881	Nuno Almeida	1206	00:44:43	04:29	Individual	Seniores Masculinos	216
882	Sandro Nunes Nunes	2799	00:44:43	04:29	Individual	M35/M40/M45	435
883	Francisco Moleta	4569	00:44:44	04:29	Individual	M50/M55/M60	136
884	Carlos Gomes	1961	00:44:44	04:29	Individual	M50/M55/M60	137
885	Paulo Luz	1279	00:44:45	04:29	Individual	M35/M40/M45	436
886	Arlindo Garcia Parra	441	00:44:45	04:29	Clube EDP - Lisboa	M50/M55/M60	138
887	Pedro Maria Nogueira Carvalho Carvalho	3192	00:44:46	04:29	Individual	M50/M55/M60	139
888	Cristiano Paes	2141	00:44:46	04:29	Individual	M35/M40/M45	437
889	João Paulo Carvalho	1847	00:44:47	04:29	99 Provas Gratuitas	M35/M40/M45	438
890	MARIA PRAÇA	4850	00:44:48	04:29	Individual	F35/F40/F45	22
891	evelino magalhaes	1189	00:44:48	04:29	Individual	M35/M40/M45	439
892	João Pedro Veríssimo Ribeiro	2009	00:44:48	04:29	Individual	M35/M40/M45	440
893	Edgar Reinhardt	2315	00:44:49	04:29	Individual	M35/M40/M45	441
894	João Caldeira	6076	00:44:49	04:29	Casa Benfica Torres Vedras	Seniores Masculinos	217
895	Jorge Miguel Sardinha de Almeida	539	00:44:50	04:29	Individual	Seniores Masculinos	218
896	Ricardo Baptista	1214	00:44:50	04:29	Individual	M35/M40/M45	442
897	Eliza Varela	6236	00:44:50	04:29	Grupo Desportivo São Domingos	F35/F40/F45	23
898	Paulo Torrão	2792	00:44:50	04:29	Tranquilidade TAC	M35/M40/M45	443
899	Miguel Castro	435	00:44:51	04:30	Individual	M50/M55/M60	140
900	Nuno Melo	2616	00:44:51	04:30	Especiais de Corrida	Seniores Masculinos	219
901	ANGELO GASPAS	3207	00:44:51	04:30	Câmara Municipal Marinha Grande CR AMIEIRINHENSE	M50/M55/M60	141
902	José Bárbara	4590	00:44:52	04:30	Individual	M50/M55/M60	142
903	josé tomás	2612	00:44:52	04:30	Individual	M35/M40/M45	444
904	Eugénio Ruivo	3067	00:44:52	04:30	CM Lisboa	M50/M55/M60	143
905	Jaime Arnaldo Coelho Silva	2791	00:44:52	04:30	Clube PT - zcs	M50/M55/M60	144
906	Luís Miguel Gaspar de Sousa	980	00:44:53	04:30	Individual	M35/M40/M45	445
907	Joaquim Semedo Fidalgo	3223	00:44:53	04:30	Individual	M50/M55/M60	145
908	Luís Filipe Almeida	4323	00:44:53	04:30	Individual	M50/M55/M60	146
909	Rui Pedro	3297	00:44:53	04:30	Individual	M35/M40/M45	446
910	edgar francisco	3308	00:44:53	04:30	tituaria	M50/M55/M60	147

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
911	Francisco Mendes	4314	00:44:54	04:30	NAPA	Juniores Masculinos	35
912	Paulo Santos	770	00:44:54	04:30	Individual	M50/M55/M60	148
913	Nuno Silva	1335	00:44:55	04:30	Peniche a Correr	M35/M40/M45	447
914	Hugo Ferreira	710	00:44:55	04:30	Individual	M35/M40/M45	448
915	paulo tomas	3312	00:44:55	04:30	tituaria	M35/M40/M45	449
916	João Santos	4362	00:44:55	04:30	Clube Atlético São Brás	Seniores Masculinos	220
917	Matilde Brazete	6183	00:44:55	04:30	Associação Atlética Pêgo Longo	Juniores Femininos	8
918	Ricardo Lourenço	1192	00:44:55	04:30	Individual	Seniores Masculinos	221
919	Inês Marques	1846	00:44:56	04:30	99 Provas Gratuitas	F35/F40/F45	24
920	Aline Correia Correia	4744	00:44:56	04:30	Individual	Seniores Femininos	33
921	Rui Miguel Paulo Guilherme	390	00:44:56	04:30	Individual	M35/M40/M45	450
922	Carla Carmona	1178	00:44:56	04:30	Grupo Desportivo O Independente - Barreiro	F35/F40/F45	25
923	Madalena Fontinhas	5140	00:44:56	04:30	3B Triatlo	F35/F40/F45	26
924	PEDRO CARDOSO	2145	00:44:56	04:30	Individual	M35/M40/M45	451
925	Gil Carneiro	381	00:44:57	04:30	Individual	M35/M40/M45	452
926	Luís Rosa	1054	00:44:58	04:30	Individual	M35/M40/M45	453
927	Pedro Reis	3286	00:44:58	04:30	Individual	M35/M40/M45	454
928	Rita Rosa	3257	00:44:59	04:30	Treinar, Comer e ser Feliz	Seniores Femininos	34
929	Sérgio Viana	4602	00:44:59	04:30	Individual	M35/M40/M45	455
930	Pedro Vicente	5424	00:45:00	04:30	Individual	M35/M40/M45	456
931	Joana Castro	4580	00:45:00	04:30	CM Lisboa Go Runners	Seniores Femininos	35
932	Rui Vieitas	434	00:45:01	04:31	Individual	M35/M40/M45	457
933	Joaquim Ferrão	3301	00:45:02	04:31	GDC Banco de Portugal	M50/M55/M60	149
934	marco antónio simões da silva	3195	00:45:02	04:31	Individual	M35/M40/M45	458
935	Renato Ramos	6141	00:45:02	04:31	Gupo Cultural Desportivo Recreativo do El Corte Inglés	M35/M40/M45	459
936	Sara Silva	3749	00:45:02	04:31	Individual	F35/F40/F45	27
937	Carlos Leitão	2394	00:45:03	04:31	SSCGD-Secção Atletismo	M50/M55/M60	150
938	Miguel Figueiredo Esteves	1331	00:45:03	04:31	CLUBE COLABORADORES AGEAS	Seniores Masculinos	222
939	Diogo Martins	1080	00:45:06	04:31	Individual	Seniores Masculinos	223
940	Nuno Pinela	4227	00:45:07	04:31	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	460
941	Francisco Borges	3044	00:45:08	04:31	Moinho da Juventude - Fundação Benfica Correr Queluz	Seniores Masculinos	224
942	MARIA JOÃO MADEIRA	3305	00:45:08	04:31	N. A. PAPAGAIOS DE CASCAIS	F35/F40/F45	28
943	ADELINO PEREIRA	1866	00:45:08	04:31	Run2Finish.PT	M50/M55/M60	151
944	Paulo Figueira	4297	00:45:08	04:31	DMC Juventude Atlético Clube	M50/M55/M60	152
945	Paulo Santos	4567	00:45:08	04:31	Individual	M35/M40/M45	461
946	Pedro Encarnação	2720	00:45:09	04:31	Individual	M35/M40/M45	462
947	Hélder Guerreiro	4295	00:45:09	04:31	DMC Juventude Atlético Clube	M35/M40/M45	463
948	Aldina Marques	4188	00:45:09	04:31	Individual	F35/F40/F45	29
949	Nuno Diogo	2143	00:45:10	04:31	Correr Soc Reg Da Granja	M35/M40/M45	464
950	Joao Rodrigues	3262	00:45:11	04:32	Individual	M35/M40/M45	465
951	Guilherme Bonito	3318	00:45:11	04:32	Individual	Seniores Masculinos	225
952	Gonçalo Lagos	3039	00:45:11	04:32	EDP Free	M35/M40/M45	466
953	João Abreu	2793	00:45:12	04:32	Individual	M35/M40/M45	467
954	Nuno Fideles	1292	00:45:12	04:32	Run Baby Run	M35/M40/M45	468
955	Artur Jose Carvalho	1095	00:45:12	04:32	Individual	M50/M55/M60	153
956	António Almeida	4594	00:45:13	04:32	Individual	M35/M40/M45	469
957	Renato Cruz	1791	00:45:13	04:32	collaborator EDP	M35/M40/M45	470
958	Paulo Andrade	2318	00:45:13	04:32	Individual	Seniores Masculinos	226

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
959	SERGIO MORAIS	3357	00:45:13	04:32	MARRIOTT LISBOA	M35/M40/M45	471
960	VITOR MONTEIRO	3335	00:45:13	04:32	MARRIOTT LISBOA	M50/M55/M60	154
961	manuel cabeças	3327	00:45:14	04:32	Individual	M50/M55/M60	155
962	Milton Batista	1406	00:45:14	04:32	Asas nos Pés	M35/M40/M45	472
963	Tiago Cruz	2148	00:45:14	04:32	Correr Soc Reg Da Granja	Seniores Masculinos	227
964	Nuno Jacinto	2888	00:45:15	04:32	Individual	Seniores Masculinos	228
965	João Damásio	1272	00:45:15	04:32	Grupo Desportivo O Independente - Barreiro	M35/M40/M45	473
966	Anabela Sousa Santos	197	00:45:15	04:32	Individual	F35/F40/F45	30
967	Paula Castelão	169	00:45:15	04:32	Reinaldo Gomes	Seniores Femininos	36
968	Ricardo Rodrigues	3585	00:45:16	04:32	Individual	Seniores Masculinos	229
969	José Carlos Amaral	809	00:45:16	04:32	Individual	M35/M40/M45	474
970	Fernando Anjos	2010	00:45:17	04:32	Individual	M35/M40/M45	475
971	Miguel Baptista	1916	00:45:17	04:32	D2	M50/M55/M60	156
972	Fernando Paulino	1268	00:45:17	04:32	Individual	M35/M40/M45	476
973	Pedro Rodrigues	5483	00:45:18	04:32	Individual	M35/M40/M45	477
974	Gonçalo Magalhães	2645	00:45:19	04:32	GDCFidelidade	Seniores Masculinos	230
975	Paulo Jesus	1265	00:45:19	04:32	Individual	M35/M40/M45	478
976	Migue Teixeira Ribeiro	4578	00:45:19	04:32	Individual	M35/M40/M45	479
977	Luís Faro Godinho	626	00:45:20	04:32	Geoban Run	M35/M40/M45	480
978	GONÇALO LOPES	4070	00:45:20	04:32	Club Millenium BCP	Juniores Masculinos	36
979	Ricardo José Neves Ferreira Santos	448	00:45:21	04:33	Clube EDP - Lisboa	M35/M40/M45	481
980	Carlos Soares	3241	00:45:21	04:33	Individual	M50/M55/M60	157
981	João Pedro Roque	1594	00:45:22	04:33	Clube de Praças da Armada	Seniores Masculinos	231
982	João Gonçalves	3068	00:45:23	04:33	Holmes Place	M35/M40/M45	482
983	Paulo Rodrigues	1289	00:45:23	04:33	Serviços Sociais Montepio	M35/M40/M45	483
984	Luís Rodrigues	2680	00:45:24	04:33	collaborator EDP	Seniores Masculinos	232
985	Rui Ribeiro	2693	00:45:24	04:33	collaborator EDP	M35/M40/M45	484
986	Luís Ferreira	4290	00:45:25	04:33	DMC Juventude Atlético Clube	M50/M55/M60	158
987	David Palmeiro	3320	00:45:25	04:33	Individual	M50/M55/M60	159
988	CARLOS JOSÉ RAMOS	4027	00:45:26	04:33	Club Millenium BCP	M50/M55/M60	160
989	Wang Xiaowu	4723	00:45:26	04:33	Individual	M35/M40/M45	485
990	Luís Ferreira (Gregório)	4185	00:45:26	04:33	Individual	M50/M55/M60	161
991	RICARDO FIRMINO	5476	00:45:26	04:33	Individual	M35/M40/M45	486
992	Pedro Pires	5500	00:45:27	04:33	Individual	M50/M55/M60	162
993	Hélder Cotrim	322	00:45:27	04:33	Individual	M35/M40/M45	487
994	Rodrigo Santos	268	00:45:27	04:33	Individual	M35/M40/M45	488
995	António Vieira	4610	00:45:27	04:33	Individual	Seniores Masculinos	233
996	Cristina Madanços	2937	00:45:27	04:33	Individual	F35/F40/F45	31
997	BRUNO DO BRITO	2921	00:45:27	04:33	Individual	M35/M40/M45	489
998	Mário da silva carvalho Mário da silva carvalho	1859	00:45:28	04:33	99 Provas Gratuitas	M50/M55/M60	163
999	Guilherme Marta	3441	00:45:28	04:33	Individual	Seniores Masculinos	234
1000	Pedro Quintela	657	00:45:29	04:33	Individual	Seniores Masculinos	235
1001	Pedro Santos Santos	2777	00:45:29	04:33	Individual	M35/M40/M45	490
1002	Dário Silva	1345	00:45:29	04:33	Individual	Seniores Masculinos	236
1003	Alexandre Sousa	4591	00:45:29	04:33	Individual	M35/M40/M45	491
1004	Ricardo Maia	75	00:45:30	04:33	Santander Totta Team It's Up to You	M35/M40/M45	492
1005	Alexandre Ferreira	5611	00:45:32	04:34	Individual	Juniores Masculinos	37
1006	José Marcos Guerreiro Mira	1858	00:45:32	04:34	99 Provas Gratuitas	M50/M55/M60	164

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1007	Rosária Morgado	6237	00:45:32	04:34	Grupo Desportivo São Domingos	F35/F40/F45	32
1008	Helder Rosário	3240	00:45:32	04:34	Individual	M35/M40/M45	493
1009	João Saraiva	5454	00:45:32	04:34	OPraticante.pt	M35/M40/M45	494
1010	Rui Belo	2478	00:45:33	04:34	Individual	Seniores Masculinos	237
1011	Bruno Buco	5027	00:45:33	04:34	Individual	Seniores Masculinos	238
1012	Pedro Daniel Gaspar Correia	549	00:45:34	04:34	Individual	M35/M40/M45	495
1013	Sonia Brandão	3347	00:45:34	04:34	Grupo Desportivo e Cultural dos Empregados do Banco BPI	F35/F40/F45	33
1014	Carlos Craveira	348	00:45:35	04:34	Individual	M35/M40/M45	496
1015	Zanin Nicolas	941	00:45:35	04:34	Individual	Seniores Masculinos	239
1016	Ricardo Figueiredo	4847	00:45:35	04:34	Individual	M35/M40/M45	497
1017	Edgar Anastacio	2716	00:45:36	04:34	Individual	M50/M55/M60	165
1018	João Vieira	1293	00:45:37	04:34	Individual	M50/M55/M60	166
1019	palmira quinhama	4720	00:45:37	04:34	Individual	F35/F40/F45	34
1020	Qun Chen	3613	00:45:38	04:34	Individual	M35/M40/M45	498
1021	RICARDO LAVAREDA	5275	00:45:38	04:34	Individual	Seniores Masculinos	240
1022	Ricardo Grilo	3329	00:45:39	04:34	Individual	M35/M40/M45	499
1023	Luis Silva	1177	00:45:39	04:34	Individual	M35/M40/M45	500
1024	Nuno Pais	1304	00:45:39	04:34	Grupo Desportivo O Independente - Barreiro	M35/M40/M45	501
1025	Marcos Fidalgo	1233	00:45:39	04:34	Individual	Seniores Masculinos	241
1026	José Miguel Barradas	2935	00:45:39	04:34	Individual	M35/M40/M45	502
1027	Alexandre Almeida	1374	00:45:39	04:34	Individual	M35/M40/M45	503
1028	Bruno Corgas	2146	00:45:41	04:35	Individual	Seniores Masculinos	242
1029	Diogo Rodrigues	3413	00:45:41	04:35	Individual	M35/M40/M45	504
1030	Jose Reis	1393	00:45:42	04:35	Individual	M50/M55/M60	167
1031	paulo goncalves	1252	00:45:42	04:35	camara lisboa clube	M35/M40/M45	505
1032	Nuno Borges Pereira	2939	00:45:43	04:35	Individual	M35/M40/M45	506
1033	Jose Rodrigues	2943	00:45:44	04:35	Individual	M50/M55/M60	168
1034	Rui Coelho	3606	00:45:44	04:35	Clube Futebol "Os Belenenses"	M35/M40/M45	507
1035	Hélder Pereira	3360	00:45:44	04:35	Individual	M35/M40/M45	508
1036	Laura Grilo	4975	00:45:45	04:35	SIMECruz Quebradense	Seniores Femininos	37
1037	Joao Gregorio	5028	00:45:45	04:35	Individual	Seniores Masculinos	243
1038	Fábio Dias	4342	00:45:45	04:35	Individual	Seniores Masculinos	244
1039	JOAO NABAIS	3496	00:45:46	04:35	Individual	M50/M55/M60	169
1040	Nuno Estevão	962	00:45:46	04:35	ACADEMIA DO PRO PENICHE	Seniores Masculinos	245
1041	Miguel Robin	2719	00:45:47	04:35	Individual	M35/M40/M45	509
1042	Rodolfo Oliveira	3332	00:45:47	04:35	Individual	M35/M40/M45	510
1043	José Miguel Paciência de Oliveira de Oliveira	956	00:45:47	04:35	Individual	M35/M40/M45	511
1044	Carlos Marques	398	00:45:47	04:35	Individual	M35/M40/M45	512
1045	Sérgio Martins	2642	00:45:47	04:35	GDCFidelidade	Seniores Masculinos	246
1046	João José Fernandes	2940	00:45:47	04:35	Individual	M35/M40/M45	513
1047	José Raposo	1461	00:45:48	04:35	Individual	M35/M40/M45	514
1048	Pedro Bettencourt	4845	00:45:49	04:35	Individual	M35/M40/M45	515
1049	João Faria	6140	00:45:49	04:35	Gupo Cultural Desportivo Recreativo do El Corte Inglés	M35/M40/M45	516
1050	Luís Trigo	1212	00:45:50	04:35	Individual	M35/M40/M45	517
1051	Filipe Ramalho	1855	00:45:50	04:35	Correr Soc Reg Da Granja	M35/M40/M45	518
1052	João Santos	4209	00:45:50	04:35	Individual	Seniores Masculinos	247
1053	Bruno Rainho	2392	00:45:50	04:35	SSCGD-Secção Atletismo	Seniores Masculinos	248
1054	Nuno Moreira	1299	00:45:50	04:35	Individual	M35/M40/M45	519

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1055	Guilherme Gonçalves	80	00:45:51	04:36	Individual	M50/M55/M60	170
1056	Nuno Fonseca	673	00:45:52	04:36	Individual	M35/M40/M45	520
1057	João Miguel Dias Rodrigues	3451	00:45:52	04:36	Individual	Seniores Masculinos	249
1058	Rui Monica	609	00:45:53	04:36	Individual	M35/M40/M45	521
1059	Francisco Lobato de Melo	2886	00:45:53	04:36	TOMTOM Benfica	Seniores Masculinos	250
1060	Pedro Farinha	466	00:45:53	04:36	Individual	M35/M40/M45	522
1061	Nuno Galvão	3040	00:45:54	04:36	EDP Free	M50/M55/M60	171
1062	Nuno Martins	2496	00:45:54	04:36	SSCGD-Secção Atletismo	Seniores Masculinos	251
1063	Ivo Claro	3444	00:45:54	04:36	Individual	M35/M40/M45	523
1064	Silvia Sobreira	246	00:45:55	04:36	Individual	F35/F40/F45	35
1065	Luís Jesus	245	00:45:55	04:36	Individual	M35/M40/M45	524
1066	SERGIO MACHADO	3899	00:45:56	04:36	TVI SEAWOLVES	M35/M40/M45	525
1067	Alberto Domingues	1261	00:45:56	04:36	Asas nos Pés	M35/M40/M45	526
1068	Paulo silva Silva	286	00:45:58	04:36	Individual	M35/M40/M45	527
1069	Paulo Figueiras	4196	00:45:58	04:36	Individual	M35/M40/M45	528
1070	Jorge Sousa	2804	00:46:00	04:36	Individual	M50/M55/M60	172
1071	Paulo Caldeira	1879	00:46:00	04:36	Individual	M35/M40/M45	529
1072	Paulo Marques	2407	00:46:01	04:37	SSCGD-Secção Atletismo	M35/M40/M45	530
1073	Marta Aleixo	4389	00:46:01	04:37	Delta	F35/F40/F45	36
1074	Pedro Miguel da Silva Pinto	3237	00:46:01	04:37	Individual	Seniores Masculinos	252
1075	João Ferreira	822	00:46:02	04:37	Individual	M35/M40/M45	531
1076	Mário Lageiro	2615	00:46:03	04:37	Individual	M50/M55/M60	173
1077	David Simao Simao	3063	00:46:03	04:37	Correr Lisboa	M35/M40/M45	532
1078	João Pedro Lima	825	00:46:03	04:37	Individual	M35/M40/M45	533
1079	Ricardo Castelão	646	00:46:04	04:37	Individual	Seniores Masculinos	253
1080	Vitor Paiva	890	00:46:04	04:37	Individual	M35/M40/M45	534
1081	Jorge Pascoal	1314	00:46:04	04:37	Individual	Seniores Masculinos	254
1082	jose silva	1501	00:46:04	04:37	ASICS Lisboa Run Club	Seniores Masculinos	255
1083	Pedro Gonçalves	3404	00:46:04	04:37	Individual	M35/M40/M45	535
1084	PAULO SANTOS	1029	00:46:04	04:37	LOURDETE PERFUMARIAS	M50/M55/M60	174
1085	Pedro Bueno	4223	00:46:04	04:37	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	536
1086	Antonio Ramalho	5474	00:46:05	04:37	Individual	M50/M55/M60	175
1087	Luis Pinto	3224	00:46:05	04:37	Individual	M50/M55/M60	176
1088	Pedro Rego	387	00:46:05	04:37	Individual	M35/M40/M45	537
1089	Nelson Martins	5498	00:46:06	04:37	Elite Runners	Seniores Masculinos	256
1090	Eduardo Pinto	4782	00:46:06	04:37	Individual	M35/M40/M45	538
1091	Ivo Gonçalves Campos	1370	00:46:06	04:37	Individual	Seniores Masculinos	257
1092	Vasco Rodrigues	4300	00:46:07	04:37	DMC Juventude Atlético Clube	Seniores Masculinos	258
1093	Nuno Franco	4365	00:46:07	04:37	Individual	M35/M40/M45	539
1094	Hugo Marreiros	5030	00:46:07	04:37	Individual	M35/M40/M45	540
1095	João Pereira	1711	00:46:07	04:37	Individual	F35/F40/F45	37
1096	Pedro Machado	388	00:46:07	04:37	Individual	M35/M40/M45	541
1097	André Correia	5129	00:46:08	04:37	Individual	Seniores Masculinos	259
1098	SANDRA CRISTINA MARQUES DA MATA	3470	00:46:09	04:37	Santander Totta I	F35/F40/F45	38
1099	Bruno Letra	1012	00:46:09	04:37	Individual	Seniores Masculinos	260
1100	Vitor Manuel Domingues Barata	3443	00:46:11	04:38	Individual	M50/M55/M60	177
1101	António Martins	4197	00:46:11	04:38	Individual	M35/M40/M45	542
1102	Nuno Ferreira	475	00:46:11	04:38	Individual	M35/M40/M45	543

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1103	João Silva Pinto	1074	00:46:12	04:38	Individual	M35/M40/M45	544
1104	Leandro Santos	5130	00:46:12	04:38	Individual	Seniores Masculinos	261
1105	Ekaterina KhramenKova	1243	00:46:12	04:38	Individual	F50/F55/F60	3
1106	Pedro Monteiro	2918	00:46:13	04:38	Individual	M35/M40/M45	545
1107	Ricardo Duque Oliveira	1225	00:46:13	04:38	Individual	M35/M40/M45	546
1108	Orlando Gabriel da Silva Ferreira Ferreira	2013	00:46:13	04:38	Individual	M50/M55/M60	178
1109	Rui Guerreiro	3069	00:46:14	04:38	Holmes Place	M35/M40/M45	547
1110	Hugo André Alves da Glória Patrício	4486	00:46:15	04:38	Centro de Marcha e Corrida Grândola	M35/M40/M45	548
1111	José Manuel Godinho	4853	00:46:15	04:38	Individual	M35/M40/M45	549
1112	César Costa	1229	00:46:15	04:38	Individual	M35/M40/M45	550
1113	Rui Sebastião	3440	00:46:16	04:38	Individual	Seniores Masculinos	262
1114	José Cruz	930	00:46:16	04:38	Run for Lunch	M35/M40/M45	551
1115	Vitor Ferrão	4583	00:46:16	04:38	Individual	M35/M40/M45	552
1116	João Lopes	3362	00:46:17	04:38	Individual	M35/M40/M45	553
1117	francisco rebelo	1767	00:46:17	04:38	collaborator EDP	M50/M55/M60	179
1118	Álvaro Gomes	152	00:46:17	04:38	PSP - Chefe Farinha TERRAS FUNDEIRAS	M35/M40/M45	554
1119	Vladimiro Bravo	1404	00:46:18	04:38	Individual	M35/M40/M45	555
1120	Carla Dias	3321	00:46:18	04:38	Individual	F35/F40/F45	39
1121	José Eusébio	2796	00:46:18	04:38	Guizo Runners	M35/M40/M45	556
1122	Nuno Gonçalves	3133	00:46:18	04:38	Individual	M35/M40/M45	557
1123	Paulo GUERRA	1	00:46:19	04:38	Individual	Seniores Masculinos	263
1124	JORGE RAMINHAS	2313	00:46:19	04:38	Individual	Seniores Masculinos	264
1125	Edgar Carrolo	2214	00:46:19	04:38	collaborator EDP	Seniores Masculinos	265
1126	Ricardo Caetano	1783	00:46:19	04:38	collaborator EDP	Seniores Masculinos	266
1127	Nuno Gomes Gomes	3304	00:46:19	04:38	Individual	M35/M40/M45	558
1128	Susana Rodrigues	2687	00:46:20	04:38	FIT RUNNERS Fitrunners	F35/F40/F45	40
1129	Joel Calção	1852	00:46:20	04:38	Individual	M35/M40/M45	559
1130	Paulo Dionisio Silva Freire	3356	00:46:20	04:38	Individual	M50/M55/M60	180
1131	Ricardo Durão	2149	00:46:20	04:38	Individual	M35/M40/M45	560
1132	Paulo Nunes	1193	00:46:21	04:39	Individual	M35/M40/M45	561
1133	Miguel Alves	3702	00:46:21	04:39	Individual	M35/M40/M45	562
1134	António Pinto Amaral	1230	00:46:23	04:39	Individual	M35/M40/M45	563
1135	Paulo Tainha	267	00:46:23	04:39	Individual	M50/M55/M60	181
1136	PAULO GAMBOA	1320	00:46:24	04:39	Individual	M35/M40/M45	564
1137	Ricardo Miguel Brasio Rodrigues	3289	00:46:24	04:39	Individual	M35/M40/M45	565
1138	Paulo Guedes	1410	00:46:24	04:39	CCDTMETROLX	M35/M40/M45	566
1139	Isabel Santos	1215	00:46:24	04:39	Federação da Família para a Paz Mundial e Unificação	F35/F40/F45	41
1140	josé nascimento santos santos	3979	00:46:25	04:39	Individual	M50/M55/M60	182
1141	Carlos Ribeiro	1312	00:46:25	04:39	Família PiFe	Seniores Masculinos	267
1142	Manuel Costa	3429	00:46:25	04:39	Individual	M50/M55/M60	183
1143	Domingues Manuel Domingues Domingues	4404	00:46:26	04:39	Individual	M50/M55/M60	184
1144	Manuel Martinho	1199	00:46:26	04:39	Desportivo de Odivelas	M50/M55/M60	185
1145	Ricardo Carvalho	2020	00:46:26	04:39	Individual	M35/M40/M45	567
1146	João Pedro Nóbrega	1288	00:46:26	04:39	Individual	Seniores Masculinos	268
1147	Daniel Martins	3403	00:46:26	04:39	LUSO	M35/M40/M45	568
1148	Francisco Barata	2022	00:46:28	04:39	Individual	Seniores Masculinos	269
1149	Pedro Ferraz	3244	00:46:29	04:39	bjwhf	M35/M40/M45	569
1150	Pedro Singéis	3290	00:46:29	04:39	bjwhf	M35/M40/M45	570

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1151	Etelvina Vidal	3438	00:46:29	04:39	Individual	F35/F40/F45	42
1152	Nelson Lopes	3293	00:46:30	04:39	Individual	M35/M40/M45	571
1153	Ricardo Cameira Santos Santos	4743	00:46:30	04:39	Individual	M35/M40/M45	572
1154	Gabriel Lúcio	3359	00:46:31	04:40	Individual	Seniores Masculinos	270
1155	Tiago Rodrigues	2270	00:46:31	04:40	Individual	Seniores Masculinos	271
1156	João Marques	2404	00:46:31	04:40	SSCGD-Secção Atletismo	M35/M40/M45	573
1157	Alexandre Cardana	1286	00:46:32	04:40	Individual	M35/M40/M45	574
1158	Catarina Coito	4784	00:46:32	04:40	Individual	F35/F40/F45	43
1159	Rui Parola	662	00:46:32	04:40	Individual	M35/M40/M45	575
1160	ana jose	1065	00:46:33	04:40	Individual	F35/F40/F45	44
1161	Ana Rebelo	3393	00:46:33	04:40	GDC Banco de Portugal	Seniores Femininos	38
1162	Pedro Proenca	4785	00:46:33	04:40	Individual	M35/M40/M45	576
1163	Anibal Carvalho	4577	00:46:34	04:40	Individual	M50/M55/M60	186
1164	Berto Martins	2676	00:46:34	04:40	collaborator EDP	M50/M55/M60	187
1165	CARLOS DINIS	4054	00:46:34	04:40	Club Millenium BCP	M50/M55/M60	188
1166	Alexandre Baião	3201	00:46:35	04:40	Santander Totta I	Seniores Masculinos	272
1167	Luis Tavares	3339	00:46:35	04:40	Individual	M35/M40/M45	577
1168	Joao Bogalheiro Bogalheiro	1735	00:46:36	04:40	Individual	M35/M40/M45	578
1169	Nuno Manuel Araújo	2932	00:46:36	04:40	Individual	M35/M40/M45	579
1170	Belmiro Silva	2012	00:46:37	04:40	Individual	M50/M55/M60	189
1171	Carlos Resa	577	00:46:37	04:40	Individual	M35/M40/M45	580
1172	Joana Salvador	6184	00:46:38	04:40	Associação Atlético Pêgo Longo	Juniores Femininos	9
1173	Miguel Ramalho	3038	00:46:38	04:40	EDP Free	M35/M40/M45	581
1174	Silva Dias	4177	00:46:39	04:40	Individual	M50/M55/M60	190
1175	Fábio Alves	2608	00:46:39	04:40	Individual	Seniores Masculinos	273
1176	Antonio Nogueira	4585	00:46:39	04:40	Individual	M50/M55/M60	191
1177	Manuel Rodrigues	140	00:46:39	04:40	PSP - Chefe Farinha	M35/M40/M45	582
1178	Nelson Louro	3268	00:46:40	04:40	Moinho da Juventude - Fundação Benfica CorrerQueluz	F35/F40/F45	45
1179	Ricardo Viegas Viegas	1242	00:46:40	04:40	Individual	M35/M40/M45	583
1180	Jorge Martins	1032	00:46:40	04:40	Individual	M50/M55/M60	192
1181	Pedro Lourenço	4229	00:46:41	04:41	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	584
1182	Luis Sousa	234	00:46:41	04:41	Individual	M50/M55/M60	193
1183	Margarida Godinho	3246	00:46:43	04:41	Individual	F50/F55/F60	4
1184	Pedro Gomes	2015	00:46:44	04:41	Biodermarunners	M35/M40/M45	585
1185	Nuno Nunes	2613	00:46:44	04:41	Individual	M35/M40/M45	586
1186	Carlos Manuel Canarias Rocha	534	00:46:45	04:41	Individual	M35/M40/M45	587
1187	Jorge Almeida	6064	00:46:46	04:41	Casa Benfica Torres Vedras	M35/M40/M45	588
1188	ALBINO TOMÁS	1258	00:46:46	04:41	Individual	M50/M55/M60	194
1189	Luís Miguel Pereira	1276	00:46:47	04:41	Individual	M35/M40/M45	589
1190	Paulo Simões	2778	00:46:48	04:41	CM Lisboa	M35/M40/M45	590
1191	Ricardo Andorinho	4835	00:46:49	04:41	SIMECruz Quebradense	M35/M40/M45	591
1192	Fernando Cardoso	2723	00:46:49	04:41	Individual	Seniores Masculinos	274
1193	Fernando Almeida	769	00:46:49	04:41	Individual	M50/M55/M60	195
1194	Fernando Agostinho	628	00:46:50	04:41	Individual	M35/M40/M45	592
1195	Nuno Alexandre Vaz Miguel	1213	00:46:50	04:41	Individual	M35/M40/M45	593
1196	Gonçalo Caeiro	3397	00:46:51	04:42	Individual	M35/M40/M45	594
1197	Diogo Pina Pereira	3985	00:46:51	04:42	Individual	M35/M40/M45	595
1198	Rogério Carreiro	1284	00:46:52	04:42	Asas nos Pés	M50/M55/M60	196

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1199	Vitor Azevedo	1262	00:46:52	04:42	Asas nos Pés	M35/M40/M45	596
1200	Ricardo Santos	1392	00:46:53	04:42	Individual	Seniores Masculinos	275
1201	Carlos Magalhães	1864	00:46:53	04:42	99 Provas Gratuitas	M35/M40/M45	597
1202	Renato Gomes	1210	00:46:54	04:42	Individual	M35/M40/M45	598
1203	ANTÓNIO MORAIS	1219	00:46:54	04:42	Individual	M50/M55/M60	197
1204	Luís Filipe Bronze Rocha	444	00:46:55	04:42	Clube EDP - Lisboa	M35/M40/M45	599
1205	Camila Gomes	1239	00:46:55	04:42	Individual	F35/F40/F45	46
1206	Dairy Josmary Gonzalez Medina	4982	00:46:55	04:42	Individual	Seniores Femininos	39
1207	Rui Mestre	674	00:46:55	04:42	Individual	M35/M40/M45	600
1208	Pedro Curto	1353	00:46:55	04:42	Individual	Seniores Masculinos	276
1209	JOSE GOMES	2929	00:46:55	04:42	Individual	M35/M40/M45	601
1210	Pedro Santos	4037	00:46:56	04:42	Club Millenium BCP	M35/M40/M45	602
1211	Fernando Faria	1323	00:46:56	04:42	Individual	M50/M55/M60	198
1212	Eurico Rosado	2200	00:46:56	04:42	Clube Vodafone	M35/M40/M45	603
1213	Tiago Oliveira	3469	00:46:56	04:42	Individual	M35/M40/M45	604
1214	Bruno Martins Martins	3445	00:46:56	04:42	Individual	M35/M40/M45	605
1215	João Cardoso	2601	00:46:58	04:42	Individual	M35/M40/M45	606
1216	Tiago Rosa	2614	00:46:58	04:42	Individual	Seniores Masculinos	277
1217	Pedro Sequeira	2416	00:46:59	04:42	SSCGD-Secção Atletismo	M50/M55/M60	199
1218	Vitor Santos	1319	00:46:59	04:42	Individual	M35/M40/M45	607
1219	António Pinheiro	127	00:46:59	04:42	VIP_EDP	M35/M40/M45	608
1220	JOAO CAEIRO	4035	00:46:59	04:42	Club Millenium BCP	M35/M40/M45	609
1221	Antonio Martinho	3394	00:46:59	04:42	CLUVE - Clube de Veteranos de Coimbra	M50/M55/M60	200
1222	Chantal Xhervelle	2096	00:46:59	04:42	Individual	F35/F40/F45	47
1223	Jaime Lamego	2097	00:46:59	04:42	Individual	M50/M55/M60	201
1224	Luis Manuel de Carvalho Sanchez	2482	00:47:02	04:43	SSCGD-Secção Atletismo	M50/M55/M60	202
1225	Nuno Sobral	2132	00:47:04	04:43	Santander Totta GD Santander Totta	M35/M40/M45	610
1226	Carlos Ipe	186	00:47:05	04:43	Asas nos Pés	M35/M40/M45	611
1227	Nelson Santos	1761	00:47:06	04:43	collaborator EDP	M35/M40/M45	612
1228	João Carlos de Sousa Serra	2741	00:47:07	04:43	Tranquilidade TAC	M35/M40/M45	613
1229	Bruno Espadeiro	4877	00:47:07	04:43	Individual	M35/M40/M45	614
1230	RICARDO BATISTA	852	00:47:07	04:43	BOTA LAMBRA	M35/M40/M45	615
1231	Ana Soraia Gomes Gomes	580	00:47:08	04:43	CCTeam	F35/F40/F45	48
1232	Ricardo Afonso	1351	00:47:08	04:43	Individual	M35/M40/M45	616
1233	Paulo Jose Ferreira Silva	970	00:47:08	04:43	Individual	M35/M40/M45	617
1234	Paulo Pires	4745	00:47:08	04:43	Individual	M50/M55/M60	203
1235	Andreia Mira	1263	00:47:09	04:43	Asas nos Pés	F35/F40/F45	49
1236	Alexandre Ferreira	6314	00:47:09	04:43	Núcleo Sportinguista Lourinhã	M35/M40/M45	618
1237	Sérgio Torrinha	1307	00:47:09	04:43	Individual	M35/M40/M45	619
1238	ELIZETE DUARTE	2740	00:47:11	04:44	Tranquilidade	F35/F40/F45	50
1239	Carlos Teixeira	3336	00:47:12	04:44	LEBRES E TARTARUGAS	M50/M55/M60	204
1240	António Avidago	1979	00:47:13	04:44	Reinaldo Gomes	M35/M40/M45	620
1241	Luís Miguel Nogueira	1090	00:47:13	04:44	Individual	M35/M40/M45	621
1242	João Ricardo Luz	3986	00:47:13	04:44	Individual	M35/M40/M45	622
1243	Roberto Bettencourt	3337	00:47:14	04:44	Individual	M35/M40/M45	623
1244	João Guterres	4592	00:47:14	04:44	Individual	M50/M55/M60	205
1245	Ana Cláudia Pinheiro	682	00:47:14	04:44	Individual	F35/F40/F45	51
1246	João Mendes	4315	00:47:14	04:44	Individual	M35/M40/M45	624

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1247	Sandro Pinto	1322	00:47:14	04:44	RunLovers	M35/M40/M45	625
1248	Ricardo Furtado	1049	00:47:15	04:44	Individual	M35/M40/M45	626
1249	Luis Calha	2788	00:47:15	04:44	Individual	M35/M40/M45	627
1250	Nuno Amado	3407	00:47:15	04:44	Individual	M35/M40/M45	628
1251	Purificano Gomes	2855	00:47:15	04:44	FIT RUNNERS Fitrunners	M35/M40/M45	629
1252	Luis Calheiros	3348	00:47:16	04:44	Grupo Desportivo e Cultural dos Empregados do Banco BPI	M35/M40/M45	630
1253	Jorge Lotra	3242	00:47:16	04:44	Individual	M50/M55/M60	206
1254	HENRIQUE DIAS	3084	00:47:17	04:44	Individual	M50/M55/M60	207
1255	João Pedro Santos Silva Félix	3485	00:47:17	04:44	Individual	Seniores Masculinos	278
1256	Leonel Adérito Fernandes de São José	4575	00:47:17	04:44	Individual	M35/M40/M45	631
1257	Pedro Lourenço	2208	00:47:18	04:44	Clube Vodafone	M35/M40/M45	632
1258	Carlos Amaro	4581	00:47:18	04:44	Individual	M35/M40/M45	633
1259	Miriam Tavares	2256	00:47:18	04:44	Individual	Seniores Femininos	40
1260	Andre Mendonça	1271	00:47:19	04:44	Clube Futebol "Os Belenenses"	Seniores Masculinos	279
1261	Miguel Ferreira	1349	00:47:20	04:44	Individual	M35/M40/M45	634
1262	João Paulo Teixeira	3349	00:47:21	04:45	Individual	M35/M40/M45	635
1263	David Neves	3391	00:47:22	04:45	David e Filipa	M35/M40/M45	636
1264	Filipa Veloso	3389	00:47:22	04:45	David e Filipa	Seniores Femininos	41
1265	Arlindo Santos	1006	00:47:23	04:45	Individual	M35/M40/M45	637
1266	Rui Miguel Aleixo Gomes Pinto	3369	00:47:23	04:45	Individual	M50/M55/M60	208
1267	Tiago Santos	5003	00:47:24	04:45	PROSEGUR condores varge mondar	Seniores Masculinos	280
1268	carlos gregorio	1346	00:47:24	04:45	Individual	M50/M55/M60	209
1269	Helder Bargão Rodrigues Rodrigues	3531	00:47:24	04:45	Individual	M35/M40/M45	638
1270	André Colaço	3399	00:47:24	04:45	Clube Futebol "Os Belenenses"	Juniores Masculinos	38
1271	José Pedro da Silva Canela Canela	1083	00:47:24	04:45	Individual	M35/M40/M45	639
1272	Manuel Cascón Sanchez-Rodilla	1837	00:47:25	04:45	Individual	M50/M55/M60	210
1273	Eduardo Vilhena	4029	00:47:26	04:45	Club Millenium BCP	M50/M55/M60	211
1274	Cascón Vaello Juan	1918	00:47:26	04:45	Individual	Seniores Masculinos	281
1275	Jorge Paulino	1334	00:47:26	04:45	Peniche a Correr	M50/M55/M60	212
1276	Ana Leal	1048	00:47:27	04:45	Individual	F35/F40/F45	52
1277	João Deus	1839	00:47:28	04:45	collaborator EDP	Seniores Masculinos	282
1278	Jorge Santos Costa	1416	00:47:28	04:45	Serviços Sociais Montepio	M35/M40/M45	640
1279	Jose Luis Marques	4034	00:47:29	04:45	Club Millenium BCP	M35/M40/M45	641
1280	Nuno Raminhas	2147	00:47:29	04:45	Individual	M35/M40/M45	642
1281	João Paca	2317	00:47:30	04:45	Individual	M35/M40/M45	643
1282	Bruno Santos Santos	1241	00:47:30	04:45	Individual	M35/M40/M45	644
1283	jose gaspar	1045	00:47:30	04:45	Individual	M35/M40/M45	645
1284	Nuno Filipe	1797	00:47:30	04:45	collaborator EDP	Seniores Masculinos	283
1285	FERNANDO LIMA	2395	00:47:30	04:45	SSCGD-Secção Atletismo	M35/M40/M45	646
1286	Rui Manuel Rodrigues	1088	00:47:30	04:45	Individual	M50/M55/M60	213
1287	Luis Henriques	5141	00:47:31	04:46	Individual	Seniores Masculinos	284
1288	Pedro Lopes	2480	00:47:31	04:46	SSCGD-Secção Atletismo	M35/M40/M45	647
1289	Nelson Rodrigues Craveiro	791	00:47:31	04:46	Individual	M35/M40/M45	648
1290	João Guerrilha Pires Inácio Leal	3140	00:47:31	04:46	Individual	Juniores Masculinos	39
1291	Alberto Santos	4589	00:47:31	04:46	Individual	M50/M55/M60	214
1292	MANUEL PINEDA NAVARRO	566	00:47:31	04:46	Individual	M35/M40/M45	649
1293	Sebastião Barata	2371	00:47:31	04:46	SSCGD-Secção Atletismo	M35/M40/M45	650
1294	Carlos Luís Guerra	5280	00:47:32	04:46	Individual	M35/M40/M45	651

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1295	Nuno Barreto	331	00:47:32	04:46	Individual	M35/M40/M45	652
1296	Nuno Gomes	5462	00:47:32	04:46	Individual	M35/M40/M45	653
1297	Mário Rui Romão	4038	00:47:32	04:46	Club Millenium BCP	M35/M40/M45	654
1298	Carlos Garcia	4600	00:47:32	04:46	Clube Ferroviário de Portugal	M35/M40/M45	655
1299	PAULO MONIZ	3346	00:47:33	04:46	Individual	M50/M55/M60	215
1300	Joao Cocharro	3338	00:47:33	04:46	Individual	M35/M40/M45	656
1301	Pedro Ribeiro	560	00:47:34	04:46	Individual	M35/M40/M45	657
1302	Carlos Veríssimo Veríssimo	712	00:47:34	04:46	Individual	M35/M40/M45	658
1303	André Filipe Dias	1267	00:47:34	04:46	CLUBE COLABORADORES AGEAS	Seniores Masculinos	285
1304	Andriy Politylo	4861	00:47:35	04:46	Individual	M35/M40/M45	659
1305	Rui Costa	3118	00:47:35	04:46	Moinho da Juventude - Fundação Benfica Correr Queluz	M35/M40/M45	660
1306	Hugo Rebelo	1280	00:47:35	04:46	Federação da Família para a Paz Mundial e Unificação	M35/M40/M45	661
1307	Constantino Mendao	1430	00:47:35	04:46	Clube de Praças da Armada	M50/M55/M60	216
1308	Maria Pedro	135	00:47:35	04:46	Individual	F50/F55/F60	5
1309	Zilun Lin	4170	00:47:35	04:46	Individual	Seniores Masculinos	286
1310	Luís Miguel Melo Santos	5012	00:47:36	04:46	Individual	M35/M40/M45	662
1311	Bruno Carvalho	573	00:47:37	04:46	Individual	M35/M40/M45	663
1312	Vitor Revez	3367	00:47:38	04:46	Individual	M50/M55/M60	217
1313	Bruno Vasconcelos Maia	3252	00:47:38	04:46	CM Lisboa Rafael Pereira Lobos da Católica	M35/M40/M45	664
1314	nuno segundo	1778	00:47:39	04:46	collaborator EDP	Seniores Masculinos	287
1315	António Trindade	1328	00:47:39	04:46	Individual	M35/M40/M45	665
1316	André Bolou	3929	00:47:40	04:46	Santander Totta I	Seniores Masculinos	288
1317	JOAO MIGUEL ESTIVEIRA	4039	00:47:40	04:46	Club Millenium BCP	M35/M40/M45	666
1318	Sara Gabriel	2443	00:47:41	04:47	Individual	Seniores Femininos	42
1319	Gonçalo Oliveira	4228	00:47:41	04:47	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	667
1320	Luísa Inês Nogueira	2787	00:47:41	04:47	Correr Lisboa	Seniores Femininos	43
1321	João Pratas	491	00:47:41	04:47	Individual	M50/M55/M60	218
1322	Vítor Canto	2889	00:47:42	04:47	Individual	M35/M40/M45	668
1323	Cleonice Oliveira	2801	00:47:42	04:47	CM Lisboa	F50/F55/F60	6
1324	RUBEN FORTES	2477	00:47:42	04:47	Individual	M35/M40/M45	669
1325	José Vaz	1443	00:47:42	04:47	CLUBE ANACOM	M50/M55/M60	219
1326	Nuno Freire	1365	00:47:43	04:47	Individual	Seniores Masculinos	289
1327	José Carlos Freitas	4983	00:47:43	04:47	Cofina GRCD Leião	M35/M40/M45	670
1328	Ricardo Pereira	2536	00:47:43	04:47	Amigos Vale Silencio	M35/M40/M45	671
1329	Márcio Basílio	4576	00:47:43	04:47	Individual	Seniores Masculinos	290
1330	Carla Santos	1874	00:47:44	04:47	SpeedRunners	F35/F40/F45	53
1331	Manuel Francisco	4363	00:47:44	04:47	Clube Atlético São Brás	M50/M55/M60	220
1332	Artur Soares	1873	00:47:44	04:47	SpeedRunners	M35/M40/M45	672
1333	Jorge Esteves	1247	00:47:45	04:47	Individual	M50/M55/M60	221
1334	Hernâni Gaspar	3378	00:47:45	04:47	Amigos Vale Silencio	M50/M55/M60	222
1335	Rodrigo Santos	3416	00:47:45	04:47	Individual	Seniores Masculinos	291
1336	Ema Tomé	6017	00:47:46	04:47	Associação Cultural Recreativa da Mealhada	Juniores Femininos	10
1337	Telmo MAtos	4291	00:47:46	04:47	DMC Juventude Atlético Clube	Seniores Masculinos	292
1338	Cristiano Rodrigues	3513	00:47:46	04:47	Individual	Seniores Masculinos	293
1339	João António Soares de Oliveira	474	00:47:47	04:47	Individual	Seniores Masculinos	294
1340	Pedro Jorge Ribeiro	508	00:47:48	04:47	Individual	M35/M40/M45	673
1341	Virgilio duarte de oliveira Oliveira	5279	00:47:48	04:47	Individual	M50/M55/M60	223
1342	Filipe Costa	841	00:47:48	04:47	Individual	Seniores Masculinos	295

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1343	vitlor garrido martins martins	4013	00:47:48	04:47	Individual	M50/M55/M60	224
1344	Carlos Pereira	2736	00:47:49	04:47	Individual	M35/M40/M45	674
1345	João Pereira	1341	00:47:49	04:47	Individual	M50/M55/M60	225
1346	Luis Azevedo	2784	00:47:49	04:47	Individual	M50/M55/M60	226
1347	Rui Pedro Cruz de Almeida Gil Gil	4042	00:47:49	04:47	Club Millenium BCP	M50/M55/M60	227
1348	Nuno Gomes	4169	00:47:49	04:47	Individual	Seniores Masculinos	296
1349	Rui Matos	505	00:47:50	04:47	BE2RUN	M35/M40/M45	675
1350	Joao Paulo Trindade Caeiro	4446	00:47:52	04:48	Individual	M35/M40/M45	676
1351	António Tavares	908	00:47:53	04:48	CCD PM CASCAIS	M50/M55/M60	228
1352	Jose Duarte Ferreira	2229	00:47:53	04:48	Individual	M50/M55/M60	229
1353	Hélder Silvério	1310	00:47:54	04:48	Individual	M35/M40/M45	677
1354	Francisco José Lomba Passos	457	00:47:54	04:48	Individual	M50/M55/M60	230
1355	André Lopes	3233	00:47:55	04:48	Individual	Seniores Masculinos	297
1356	Manuel Silva	3317	00:47:55	04:48	Individual	M50/M55/M60	231
1357	Inês Simão	276	00:47:55	04:48	Individual	Seniores Femininos	44
1358	FERNANDO ARVELAIZ	5256	00:47:56	04:48	Individual	Seniores Masculinos	298
1359	RICARDO CAMPOS	1285	00:47:56	04:48	Individual	M35/M40/M45	678
1360	André Malhado	3374	00:47:56	04:48	Holmes Place Beloura Runners	Seniores Masculinos	299
1361	Rui Gamito	4289	00:47:56	04:48	DMC Juventude Atlético Clube	M35/M40/M45	679
1362	Pedro Cleto	2540	00:47:56	04:48	Individual	M35/M40/M45	680
1363	Tiago Lopes	277	00:47:56	04:48	Individual	Seniores Masculinos	300
1364	Jose Julio Ferreira	4071	00:47:57	04:48	Club Millenium BCP	M35/M40/M45	681
1365	Rui Fernandes	3464	00:47:57	04:48	Individual	M35/M40/M45	682
1366	Lurdes Gonçalves	1424	00:47:57	04:48	Individual	F50/F55/F60	7
1367	Pedro Vaz Pereira	4791	00:47:58	04:48	Individual	M35/M40/M45	683
1368	Vanessa Sousa	2151	00:47:58	04:48	Correr Soc Reg Da Granja	F35/F40/F45	54
1369	Rui Heleno	1227	00:48:00	04:48	Individual	M35/M40/M45	684
1370	Luís Bravo da Mata	3387	00:48:00	04:48	Individual	M35/M40/M45	685
1371	JOSÉ GABRIEL TOMÁS DA SILVA SILVA	1870	00:48:00	04:48	Individual	M50/M55/M60	232
1372	Francisco Ferrao	3334	00:48:01	04:49	Individual	M35/M40/M45	686
1373	Nuno Sousa	4618	00:48:02	04:49	Individual	M35/M40/M45	687
1374	Mara Araujo	2619	00:48:02	04:49	Individual	Seniores Femininos	45
1375	Albertino PAcheco	4292	00:48:02	04:49	DMC Juventude Atlético Clube	M50/M55/M60	233
1376	Tiago Abade	4852	00:48:02	04:49	Individual	M35/M40/M45	688
1377	Armando ALDEGALEGA	14	00:48:03	04:49	Sporting CP	Seniores Masculinos	301
1378	JOÃO MARREIROS	3901	00:48:03	04:49	TVI SEAWOLVES	M35/M40/M45	689
1379	Hugo Viana	5040	00:48:04	04:49	Individual	Seniores Masculinos	302
1380	Luzia Dias	60	00:48:04	04:49	Sporting CP	Seniores Femininos	46
1381	Pedro Mata	3342	00:48:05	04:49	Individual	M50/M55/M60	234
1382	José Luis Santos	1146	00:48:06	04:49	CCDTMETROLX	M35/M40/M45	690
1383	luis miguel alexandre	2807	00:48:06	04:49	Individual	M35/M40/M45	691
1384	Paulo Pires	2411	00:48:06	04:49	SSCGD-Secção Atletismo	M50/M55/M60	235
1385	Luca Ranise	4599	00:48:07	04:49	Individual	M35/M40/M45	692
1386	João Gonçalves	4792	00:48:07	04:49	SIMECruz Quebradense	M50/M55/M60	236
1387	José Tomé	4595	00:48:08	04:49	Individual	M50/M55/M60	237
1388	Bruno Dias	2429	00:48:09	04:49	SSCGD-Secção Atletismo	M35/M40/M45	693
1389	Filipe Balseiro	4570	00:48:10	04:49	Individual	Seniores Masculinos	303
1390	Carlos De Gouveia Freire	3234	00:48:10	04:49	ADCR Polícia Judiciária	M35/M40/M45	694

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1391	António Carvalho	1103	00:48:10	04:49	Individual	M35/M40/M45	695
1392	Fernando Anacleto	4336	00:48:10	04:49	Individual	M50/M55/M60	238
1393	Nuno Dantas	4222	00:48:10	04:49	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	696
1394	Tomás Sousa	1228	00:48:10	04:49	Federação da Família para a Paz Mundial e Unificação	M35/M40/M45	697
1395	Thomas Stark	1368	00:48:11	04:50	Individual	M35/M40/M45	698
1396	Pedro Lobo	3322	00:48:12	04:50	innovagency	M35/M40/M45	699
1397	Paulo Rainho	1420	00:48:12	04:50	Serviços Sociais Montepio	M50/M55/M60	239
1398	Jose Carlos Silva	1367	00:48:13	04:50	Individual	M35/M40/M45	700
1399	Cláudio Figueiredo	1339	00:48:13	04:50	Individual	Seniores Masculinos	304
1400	Anselmo Ferreira Ferreira	2144	00:48:13	04:50	Individual	M35/M40/M45	701
1401	sérgio nunes	4608	00:48:13	04:50	Individual	M35/M40/M45	702
1402	Pedro Loureiro	658	00:48:14	04:50	Individual	M35/M40/M45	703
1403	Faizal Ismael	4621	00:48:14	04:50	Individual	M35/M40/M45	704
1404	Filipe Gonçalves	2491	00:48:14	04:50	Individual	M35/M40/M45	705
1405	Joao oliveira	5008	00:48:14	04:50	Individual	M35/M40/M45	706
1406	Sónia Parreira	6073	00:48:14	04:50	Casa Benfica Torres Vedras	F35/F40/F45	55
1407	Tiago Guerreiro	4339	00:48:15	04:50	Delta	M35/M40/M45	707
1408	Tiago Alexandre Silvestre Castanho	1917	00:48:15	04:50	Individual	Seniores Masculinos	305
1409	Filipe Martins	4593	00:48:15	04:50	Individual	M35/M40/M45	708
1410	jose augusto rodrigues rodrigues	888	00:48:16	04:50	Individual	M50/M55/M60	240
1411	Paulo Procópio	3388	00:48:17	04:50	Individual	M35/M40/M45	709
1412	João Estevão	2486	00:48:17	04:50	Individual	M35/M40/M45	710
1413	Pedro Vicente	1298	00:48:17	04:50	Individual	M50/M55/M60	241
1414	Alexandre Domingos	5117	00:48:18	04:50	Individual	M35/M40/M45	711
1415	Nuno Lopes	5114	00:48:18	04:50	Futebol Clube Estrelas de Lisboa	M35/M40/M45	712
1416	Gonçalo Guiomar	2161	00:48:19	04:50	Correr Soc Reg Da Granja	Seniores Masculinos	306
1417	Michel Gomes	4194	00:48:19	04:50	Individual	M35/M40/M45	713
1418	Miguel Bastos	6394	00:48:19	04:50	Individual	M50/M55/M60	242
1419	Pedro Ventura	1737	00:48:20	04:50	Individual	M50/M55/M60	243
1420	Luis Páris	2363	00:48:20	04:50	SSCGD-Secção Atletismo	M50/M55/M60	244
1421	Júlio Ribeiro	3618	00:48:21	04:51	Individual	M35/M40/M45	714
1422	Bruno Silva	1382	00:48:21	04:51	Individual	M35/M40/M45	715
1423	Rui Marques	3340	00:48:22	04:51	Individual	M35/M40/M45	716
1424	Joaquim Bacalhau	4559	00:48:22	04:51	Individual	M50/M55/M60	245
1425	Henrique Santos	3120	00:48:23	04:51	FIT RUNNERS Fitrunners	M35/M40/M45	717
1426	Carlos Bargado	2808	00:48:23	04:51	Tranquilidade TAC	M50/M55/M60	246
1427	Pedro Coelho	1028	00:48:23	04:51	Individual	M35/M40/M45	718
1428	Nuno Meia-Onça Meia-Onça	4353	00:48:24	04:51	Individual	M35/M40/M45	719
1429	Nelson Coelho	6412	00:48:24	04:51	Associação Atlética Pêgo Longo	Seniores Femininos	47
1430	Rafael Lopes	4863	00:48:24	04:51	Individual	Juniores Masculinos	40
1431	JOSÉ MANUEL MUIÑOS FERNÁNDEZ	2008	00:48:25	04:51	Santander Totta	M50/M55/M60	247
1432	Paulo Jorge Paixão	2006	00:48:25	04:51	CLUBE COLABORADORES AGEAS	M35/M40/M45	720
1433	Pedro Oliveira	900	00:48:25	04:51	GfK	M35/M40/M45	721
1434	Carlos Queijo	1305	00:48:26	04:51	Individual	M50/M55/M60	248
1435	Fernando Rosa	3410	00:48:27	04:51	Individual	M50/M55/M60	249
1436	Marino Rodrigues	5150	00:48:27	04:51	Individual	Seniores Masculinos	307
1437	Carlos Barros	2966	00:48:29	04:51	Individual	M35/M40/M45	722
1438	AMÁVEL LUZ	1066	00:48:29	04:51	Individual	M50/M55/M60	250

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1439	Gustavo Ramos	666	00:48:30	04:51	Individual	Seniores Masculinos	308
1440	Duarte Teixeira	2007	00:48:30	04:51	Hitachi Vantara	M35/M40/M45	723
1441	Rui Barbosa	2211	00:48:30	04:51	Clube Vodafone	M35/M40/M45	724
1442	Mauro Gonçalves	2205	00:48:30	04:51	Clube Vodafone	M35/M40/M45	725
1443	Roberto Fróis	3395	00:48:31	04:52	Individual	M35/M40/M45	726
1444	Paulo Duarte	3351	00:48:31	04:52	GDCT Unicre	M50/M55/M60	251
1445	Joao Pedro da Silva Pereira Pereira	3170	00:48:31	04:52	Individual	M50/M55/M60	252
1446	José Pedro Martins da Cunha	3382	00:48:32	04:52	Metropolitano de Lisboa CCDT METRO LX	M50/M55/M60	253
1447	Carlos Alberto Silva Gonçalves	3365	00:48:32	04:52	Individual	M50/M55/M60	254
1448	João Paulo NULL	4997	00:48:32	04:52	DMC	F35/F40/F45	56
1449	José Monteiro	3166	00:48:32	04:52	GDC Banco de Portugal	M50/M55/M60	255
1450	Eugénia Cid	3543	00:48:33	04:52	Individual	F35/F40/F45	57
1451	Nuno Rosa	295	00:48:33	04:52	Individual	M35/M40/M45	727
1452	Antonio Ferreira	1313	00:48:33	04:52	Individual	M50/M55/M60	256
1453	Carlo Costa Costa	4028	00:48:34	04:52	Club Millenium BCP	M35/M40/M45	728
1454	Teresa Santiago	291	00:48:34	04:52	Individual	F35/F40/F45	58
1455	Miguel Garcia	2319	00:48:35	04:52	Individual	M35/M40/M45	729
1456	Hugo Vaz Pinto Vaz Pinto	561	00:48:35	04:52	Individual	M35/M40/M45	730
1457	ALBERTO PIMENTA	101	00:48:35	04:52	CTT	M50/M55/M60	257
1458	José Júlio Anastácio	884	00:48:36	04:52	Peniche a Correr	M50/M55/M60	258
1459	Manuel Anastácio	4786	00:48:36	04:52	Individual	M35/M40/M45	731
1460	Susana Santos	1364	00:48:37	04:52	Gore	Seniores Femininos	48
1461	Ricardo Fernandes	521	00:48:37	04:52	Individual	M35/M40/M45	732
1462	Faro João	1301	00:48:37	04:52	Individual	M35/M40/M45	733
1463	Isaiás Pedro	1050	00:48:37	04:52	Individual	M35/M40/M45	734
1464	Oscar Rodrigues	6104	00:48:37	04:52	Clube Futebol "Os Belenenses"	M35/M40/M45	735
1465	António Figueiredo	2174	00:48:37	04:52	Individual	Seniores Masculinos	309
1466	Paulo neves	3495	00:48:38	04:52	Individual	M35/M40/M45	736
1467	Pedro Marques	1544	00:48:38	04:52	Individual	Seniores Masculinos	310
1468	Mónica Silva	6056	00:48:38	04:52	Casa Benfica Algueirão Mem Martins	Seniores Femininos	49
1469	Diogo Machado Leite	1412	00:48:38	04:52	CLUBE COLABORADORES AGEAS	M35/M40/M45	737
1470	Nuno Couto	5391	00:48:39	04:52	Individual, Portugal	M35/M40/M45	738
1471	LUIS AMORIM	914	00:48:40	04:52	Individual	M50/M55/M60	259
1472	Nelson Geada	3396	00:48:40	04:52	Individual	M35/M40/M45	739
1473	FERNANDO ALVES	2423	00:48:40	04:52	SSCGD-Secção Atletismo	M50/M55/M60	260
1474	Luis Murilhas	2848	00:48:40	04:52	Palmeiras	Seniores Masculinos	311
1475	AMERICO RAMOS	4622	00:48:40	04:52	Individual	M50/M55/M60	261
1476	Carlos Matos	3343	00:48:40	04:52	Individual	M50/M55/M60	262
1477	Antonio NULL	142	00:48:41	04:53	VIP_EDP	M50/M55/M60	263
1478	Manuel Romano	2893	00:48:41	04:53	Individual	M50/M55/M60	264
1479	Gisele Braun	4848	00:48:41	04:53	Individual	F35/F40/F45	59
1480	Luís Tavares	1475	00:48:41	04:53	Individual	M35/M40/M45	740
1481	Guillermo Arturo Ramírez Hunter	4856	00:48:42	04:53	Individual	M35/M40/M45	741
1482	Filipe Dias	2754	00:48:42	04:53	EDP Free	Seniores Masculinos	312
1483	Ana Bivar	79	00:48:42	04:53	Santander Totta Team Its up to you	F35/F40/F45	60
1484	António Tavares	4865	00:48:43	04:53	Individual	M35/M40/M45	742
1485	César Nogueira	862	00:48:43	04:53	Individual	Seniores Masculinos	313
1486	Jorge Miguel Ferreira	602	00:48:43	04:53	Individual	M35/M40/M45	743

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1487	Eduardo Coelho	932	00:48:43	04:53	Individual	M35/M40/M45	744
1488	Artur Leite	4044	00:48:44	04:53	Club Millenium BCP	M50/M55/M60	265
1489	Pedro Horta	502	00:48:44	04:53	Individual	M50/M55/M60	266
1490	Pedro Ferreira	1234	00:48:44	04:53	Individual	M35/M40/M45	745
1491	Carlos Nunes	5445	00:48:44	04:53	Individual	M35/M40/M45	746
1492	Miguel Vilares	6396	00:48:45	04:53	Individual	Juniores Masculinos	41
1493	Carlos Correia	3354	00:48:45	04:53	Individual	Seniores Masculinos	314
1494	Nuno Coelho	3260	00:48:45	04:53	ADCR Polícia Judiciária	M35/M40/M45	747
1495	Paulo Moutinho	544	00:48:45	04:53	Individual	M35/M40/M45	748
1496	Carlos Santos	3400	00:48:46	04:53	Santos & Filho	Seniores Masculinos	315
1497	Antonio Figueiredo	4833	00:48:46	04:53	DMC	M50/M55/M60	267
1498	Luís Manuel Sousa Duarte	2227	00:48:46	04:53	CRT running	M50/M55/M60	268
1499	Fernando Luz	3353	00:48:46	04:53	GDCT Unicre	M35/M40/M45	749
1500	Isabel Nunes	2312	00:48:46	04:53	Individual	F35/F40/F45	61
1501	Carlos Palma	1324	00:48:47	04:53	Individual	M35/M40/M45	750
1502	Pedro Silva	4869	00:48:47	04:53	Individual	Seniores Masculinos	316
1503	Fernando Oliveira	273	00:48:47	04:53	Individual	M50/M55/M60	269
1504	rui mendes mendes	1001	00:48:48	04:53	Individual	M35/M40/M45	751
1505	Pedro Roberto	2802	00:48:48	04:53	CM Lisboa	Seniores Masculinos	317
1506	Maximiano Santos	2153	00:48:48	04:53	Individual	M50/M55/M60	270
1507	Maria Cortesão	445	00:48:48	04:53	Clube EDP - Lisboa	Seniores Femininos	50
1508	Céu Leitão	2617	00:48:49	04:53	Individual	F50/F55/F60	8
1509	Filipe Rosário	3645	00:48:49	04:53	Individual	Seniores Masculinos	318
1510	Jorge Salvado	4045	00:48:49	04:53	Club Millenium BCP	M50/M55/M60	271
1511	António Landeiro Lopes Lopes	3544	00:48:50	04:53	Individual	M35/M40/M45	752
1512	Pedro Vieira	3630	00:48:51	04:54	Individual	M35/M40/M45	753
1513	José Dimas	2405	00:48:51	04:54	SSCGD-Secção Atletismo	M35/M40/M45	754
1514	Isabel Conceição	1316	00:48:51	04:54	Individual	F35/F40/F45	62
1515	JOÃO JOÃO MARQUES	1244	00:48:51	04:54	Individual	M50/M55/M60	272
1516	INES SANTOS	1220	00:48:52	04:54	Individual	Seniores Femininos	51
1517	André Ramos	4357	00:48:52	04:54	Individual	Seniores Masculinos	319
1518	Joel Ponte	2749	00:48:53	04:54	Santander Totta GD Santander Totta	Seniores Masculinos	320
1519	PEDRO NABAIS	3497	00:48:53	04:54	Individual	Seniores Masculinos	321
1520	Lino Oliveira	2117	00:48:53	04:54	Santander Totta GD Santander Totta	M50/M55/M60	273
1521	Nelson Gomes	1211	00:48:53	04:54	Individual	M35/M40/M45	755
1522	Avelino Rodrigues	1830	00:48:54	04:54	collaborator EDP	M35/M40/M45	756
1523	Ana Santos	1342	00:48:54	04:54	Individual	F35/F40/F45	63
1524	Joao Pinto	3973	00:48:54	04:54	Individual	M35/M40/M45	757
1525	Adelino Gomes	3472	00:48:54	04:54	Individual	M35/M40/M45	758
1526	Nuno Brunheta	3508	00:48:54	04:54	Individual	M35/M40/M45	759
1527	RUTE SANTOS	1350	00:48:55	04:54	Individual	F50/F55/F60	9
1528	António Veloso	909	00:48:56	04:54	CCD PM CASCAIS	M35/M40/M45	760
1529	Maria José Policarpo	918	00:48:56	04:54	CCD PM CASCAIS	F35/F40/F45	64
1530	Bruno Vicente	5136	00:48:57	04:54	Individual	Seniores Masculinos	322
1531	José Augusto	2425	00:49:00	04:54	SSCGD-Secção Atletismo	M35/M40/M45	761
1532	ANTONIO PARAMES	2027	00:49:00	04:54	Individual	Seniores Masculinos	323
1533	João Rosa	323	00:49:00	04:54	Individual	Seniores Masculinos	324
1534	Jorge Neto	1327	00:49:00	04:54	Individual	M35/M40/M45	762

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1535	Pedro Lopes	586	00:49:01	04:55	Individual	M35/M40/M45	763
1536	João Batista	3537	00:49:02	04:55	GDC Banco de Portugal	M50/M55/M60	274
1537	Paulo Marques	280	00:49:02	04:55	Individual	M35/M40/M45	764
1538	Manuel Pereira	1308	00:49:02	04:55	Individual	M50/M55/M60	275
1539	hugo santos santos	3370	00:49:03	04:55	Individual	M35/M40/M45	765
1540	Ivo Santos	4019	00:49:04	04:55	Club Millenium BCP	M35/M40/M45	766
1541	Ricardo Santos	247	00:49:04	04:55	Sporting CP	F35/F40/F45	65
1542	Ana Paula Cruz Lopes Cruz Lopes	3274	00:49:04	04:55	Individual	F35/F40/F45	66
1543	Luis Carvalho	782	00:49:04	04:55	Individual	M35/M40/M45	767
1544	Pedro Ramos	921	00:49:04	04:55	CCD PM CASCAIS	M35/M40/M45	768
1545	Diogo Santos	671	00:49:05	04:55	Individual	Seniores Masculinos	325
1546	João Tomás	3384	00:49:05	04:55	Individual	M50/M55/M60	276
1547	Andre Costal	300	00:49:05	04:55	Individual	M35/M40/M45	769
1548	Tiago Lopes	3849	00:49:06	04:55	CM Lisboa	M35/M40/M45	770
1549	Carlos Gonçalves	638	00:49:06	04:55	Individual	M35/M40/M45	771
1550	Hugo Cipriano	3074	00:49:06	04:55	CPA	M35/M40/M45	772
1551	MANUEL PAULO	1872	00:49:06	04:55	Run2Finish.PT	M50/M55/M60	277
1552	Ioan Matei	1521	00:49:07	04:55	Individual	M50/M55/M60	278
1553	Carlos Costa	1269	00:49:07	04:55	CLUBE ANACOM	M35/M40/M45	773
1554	Fernando Zacarias	1020	00:49:07	04:55	Individual	M35/M40/M45	774
1555	Carlos Francisco	857	00:49:07	04:55	Individual	Seniores Masculinos	326
1556	Natacha Dinis	2730	00:49:07	04:55	Individual	Seniores Femininos	52
1557	Paulo Pascoal	1071	00:49:07	04:55	Individual	M50/M55/M60	279
1558	Carlos Fernandes	2243	00:49:08	04:55	Individual	Seniores Masculinos	327
1559	Manuel Carlos Ferreira	3426	00:49:09	04:55	Individual	M50/M55/M60	280
1560	Idalécio Barros	4355	00:49:09	04:55	Individual	M50/M55/M60	281
1561	Ricardo Alberto da Costa Domingos	1256	00:49:09	04:55	Individual	M35/M40/M45	775
1562	Saint-Criq Ugo	5113	00:49:09	04:55	Individual	Seniores Masculinos	328
1563	Manuel Nascimento Nascimento	1423	00:49:09	04:55	Individual	M50/M55/M60	282
1564	Ricardo Trigueiro	3363	00:49:09	04:55	Individual	M35/M40/M45	776
1565	Orlando Silva	4327	00:49:10	04:55	Metropolitano de Lisboa CCDT METRO LX	M50/M55/M60	283
1566	João Ramalho	3524	00:49:10	04:55	Individual	Seniores Masculinos	329
1567	Manuel Barros Costa	3139	00:49:10	04:55	Metropolitano de Lisboa CCDT METRO LX	M50/M55/M60	284
1568	Angelo Canivet	6018	00:49:11	04:56	Associação Cultural Recreativa da Mealhada	Juniores Masculinos	42
1569	Marcos Alejandro Farias	4790	00:49:13	04:56	Individual	M35/M40/M45	777
1570	António Fonseca	3131	00:49:14	04:56	Moinho da Juventude - Fundação Benfica Correr Queluz	M50/M55/M60	285
1571	Pedro Cruz	989	00:49:14	04:56	Individual	M35/M40/M45	778
1572	José Maria Viegas	4881	00:49:15	04:56	Individual	M50/M55/M60	286
1573	Diéquison dos santos vieira Ronin vieira	2258	00:49:15	04:56	Prova de Deficientes Motores Cadeira de Rodas	M35/M40/M45	779
1574	JOAO FERREIRA	2941	00:49:18	04:56	Individual	M50/M55/M60	287
1575	Fernando Lopo	1303	00:49:18	04:56	Núcleo Atletismo Vialonga	M50/M55/M60	288
1576	Miguel Dias Neves	118	00:49:18	04:56	Fernando Guarany	Seniores Masculinos	330
1577	Nuno Malaquias	492	00:49:19	04:56	Individual	M35/M40/M45	780
1578	José Freitas	4368	00:49:19	04:56	Delta Águas Livres de Caneças	M35/M40/M45	781
1579	Fernanda Martins	1391	00:49:19	04:56	Individual	F50/F55/F60	10
1580	Francisco Furao	2150	00:49:20	04:56	Individual	M35/M40/M45	782
1581	Pedro Ferreira	1570	00:49:20	04:56	Clube Robbialac	M35/M40/M45	783
1582	José Lacerda	4343	00:49:21	04:57	Nucleoeiras Nucleo de Oeiras	M50/M55/M60	289

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1583	João Paulo Ferreira	3581	00:49:21	04:57	Individual	M35/M40/M45	784
1584	Nuno Moreira	1330	00:49:22	04:57	Individual	M35/M40/M45	785
1585	José Martins	2155	00:49:22	04:57	Individual	M50/M55/M60	290
1586	JOÃO PINTO	5039	00:49:23	04:57	Individual	Seniores Masculinos	331
1587	Luís Filipe Medeiro Costa	4603	00:49:23	04:57	Individual	Seniores Masculinos	332
1588	Niccolo Primo	1388	00:49:24	04:57	Individual	Seniores Masculinos	333
1589	Sandra Monteiro	332	00:49:24	04:57	Individual	F35/F40/F45	67
1590	Aires São Pedro	81	00:49:24	04:57	Individual	M50/M55/M60	291
1591	rafael pina	1401	00:49:24	04:57	camara lisboa clube	M35/M40/M45	786
1592	João Adegas	509	00:49:24	04:57	Individual	M35/M40/M45	787
1593	Markus Schwenk	1249	00:49:25	04:57	Individual	Seniores Masculinos	334
1594	João Botelheiro	3493	00:49:25	04:57	Individual	Juniores Masculinos	43
1595	João Campos	3277	00:49:25	04:57	Individual	M35/M40/M45	788
1596	Camilla Cavaliere	1389	00:49:26	04:57	Individual	Seniores Femininos	53
1597	Patrícia Monteiro	3646	00:49:26	04:57	Individual	Seniores Femininos	54
1598	Maria Salete Borges	3381	00:49:26	04:57	Individual	F35/F40/F45	68
1599	Nuno Cristóvão Pereira Pereira	3652	00:49:26	04:57	Individual	M35/M40/M45	789
1600	Bernardo Capelo	1806	00:49:26	04:57	collaborator EDP	Seniores Masculinos	335
1601	Hugo Teixeira Silva	4110	00:49:27	04:57	Individual	M35/M40/M45	790
1602	rodrigo Massena	3287	00:49:27	04:57	Individual	Seniores Masculinos	336
1603	Tiago Marques	2609	00:49:27	04:57	Individual	M35/M40/M45	791
1604	guilherme mota mota	4458	00:49:28	04:57	Reinaldo Gomes mota	Seniores Masculinos	337
1605	Nuno Miguel Carvalho	4351	00:49:28	04:57	CM Lisboa	M35/M40/M45	792
1606	Pedro Burquette	3701	00:49:28	04:57	TVI Lisbon Moonlight Runners	M35/M40/M45	793
1607	André Gouveia	5022	00:49:28	04:57	Individual	M35/M40/M45	794
1608	PAULO PAIS	4024	00:49:28	04:57	Club Millenium BCP	M50/M55/M60	292
1609	João Agostinho	1326	00:49:28	04:57	Individual	Seniores Masculinos	338
1610	Tiago Manuel Almeida Marques Marques	4340	00:49:29	04:57	Delta	M35/M40/M45	795
1611	João Marinho	3453	00:49:29	04:57	Individual	M35/M40/M45	796
1612	Fernando Celestino	2877	00:49:29	04:57	Tranquilidade TAC	M50/M55/M60	293
1613	Filipe Borges	3494	00:49:29	04:57	Individual	M35/M40/M45	797
1614	Bruno Miguel Figueiredo Barbosa	4379	00:49:29	04:57	Individual	Seniores Masculinos	339
1615	Elsio Rego	1616	00:49:29	04:57	Individual	Seniores Masculinos	340
1616	António Moita	1245	00:49:29	04:57	Individual	M50/M55/M60	294
1617	Luis Gonzaga Ribeiro	1373	00:49:31	04:58	Individual	M35/M40/M45	798
1618	Luis Damião	1833	00:49:31	04:58	collaborator EDP	M50/M55/M60	295
1619	Fernando Guerreiro	6222	00:49:32	04:58	Grupo Desportivo São Domingos	M50/M55/M60	296
1620	Gonçalo Serrão	1309	00:49:32	04:58	Individual	M35/M40/M45	799
1621	Henrique Martins	1108	00:49:32	04:58	Individual	M50/M55/M60	297
1622	Bruno Loureiro	2805	00:49:32	04:58	Individual	M35/M40/M45	800
1623	Paulo Barbeito	2541	00:49:32	04:58	Amigos Vale Silencio	M50/M55/M60	298
1624	FERNANDO MANUEL SILVA ALMEIDA	4046	00:49:32	04:58	Club Millenium BCP	M35/M40/M45	801
1625	Luis Garcia	721	00:49:33	04:58	Individual	M50/M55/M60	299
1626	João Fernandes	3514	00:49:33	04:58	Individual	Seniores Masculinos	341
1627	João Canhoto	2154	00:49:33	04:58	Correr Loures	M35/M40/M45	802
1628	Pedro Matos	562	00:49:33	04:58	Individual	M50/M55/M60	300
1629	Rui Melo Silva	2320	00:49:33	04:58	Individual	M35/M40/M45	803
1630	José Henriques	967	00:49:33	04:58	Asas nos Pés	M35/M40/M45	804

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1631	Rute Maneira	3109	00:49:34	04:58	TVI	Seniores Femininos	55
1632	Miguel Vinagre	1294	00:49:34	04:58	Individual	M35/M40/M45	805
1633	Ricardo Correia	2162	00:49:35	04:58	Individual	Seniores Masculinos	342
1634	Eduardo Ribeiro	3352	00:49:35	04:58	GDCT Unicre	M50/M55/M60	301
1635	Jose Almada	3331	00:49:35	04:58	Individual	M35/M40/M45	806
1636	Noémia Sequeira	2393	00:49:35	04:58	SSCGD-Secção Atletismo	F35/F40/F45	69
1637	CARLOS ALBERTO QUINTAS DE MIRA	2539	00:49:35	04:58	Individual	M35/M40/M45	807
1638	Luís Neves	3405	00:49:36	04:58	Treinar, Comer e ser Feliz	M35/M40/M45	808
1639	Marques Rui	733	00:49:37	04:58	Individual	M50/M55/M60	302
1640	Gonçalo Silva	1427	00:49:37	04:58	Coxos do Palmeiras	M35/M40/M45	809
1641	Om bahadur Thapa	3980	00:49:37	04:58	Individual	M35/M40/M45	810
1642	Nuno Marques	1321	00:49:37	04:58	RunLovers	M50/M55/M60	303
1643	Simão Luis Dias Marques Costa Escudero Campos	449	00:49:37	04:58	Clube EDP - Lisboa	Seniores Masculinos	343
1644	André Casimiro	698	00:49:38	04:58	Individual	M35/M40/M45	811
1645	Fabio Rodrigues	669	00:49:39	04:58	Individual	Seniores Masculinos	344
1646	José Belo	4440	00:49:39	04:58	Individual	M35/M40/M45	812
1647	Hugo Gouveia Gouveia	3753	00:49:39	04:58	Individual	M35/M40/M45	813
1648	Nuno Martins	467	00:49:40	04:58	Individual	Seniores Masculinos	345
1649	José NULL	4998	00:49:40	04:58	DMC	M35/M40/M45	814
1650	Hugo Dinis	4167	00:49:40	04:58	Individual	Seniores Masculinos	346
1651	Virgília Freire	4335	00:49:41	04:59	Associação Cultural Moinho da Juventude	F50/F55/F60	11
1652	Francisco Vieira	2377	00:49:41	04:59	SSCGD-Secção Atletismo	M35/M40/M45	815
1653	Francisco Borges Força	4811	00:49:41	04:59	Renault RRC	Seniores Masculinos	347
1654	Luís Simões	4189	00:49:43	04:59	Individual	M35/M40/M45	816
1655	Renata Belo	78	00:49:43	04:59	Santander Totta Team It's Up to You	F35/F40/F45	70
1656	Paulo Varandas	690	00:49:44	04:59	Individual	M35/M40/M45	817
1657	Samuel Salvador	3358	00:49:44	04:59	Individual	M35/M40/M45	818
1658	Hugo Costa	5137	00:49:44	04:59	Individual	M35/M40/M45	819
1659	Sofia Bastos	1067	00:49:45	04:59	Individual	F35/F40/F45	71
1660	António Miguel Xavier	4957	00:49:45	04:59	Individual	Seniores Masculinos	348
1661	Beatriz Ferreira	3047	00:49:45	04:59	Santander Totta I	Seniores Femininos	56
1662	Mário José de Jesus Nunes	3414	00:49:46	04:59	Individual	M35/M40/M45	820
1663	João Oliveira	3637	00:49:46	04:59	Individual	Juniores Masculinos	44
1664	João Ferreira	3515	00:49:47	04:59	Individual	Seniores Masculinos	349
1665	Rodolfo Neves	5145	00:49:48	04:59	Individual	M35/M40/M45	821
1666	João Lima	752	00:49:48	04:59	4 ao Km	M50/M55/M60	304
1667	Mario Sobraç	358	00:49:48	04:59	Individual	M35/M40/M45	822
1668	Daniela Heleno	2225	00:49:48	04:59	Individual	F35/F40/F45	72
1669	Francisco Gomes Plinio	1355	00:49:49	04:59	CCDTMETROLX	M50/M55/M60	305
1670	Jose Cruz	315	00:49:49	04:59	Individual	M35/M40/M45	823
1671	Marco Bastos	1568	00:49:50	04:59	Individual	M35/M40/M45	824
1672	André Corredoura	3462	00:49:50	04:59	Individual	Seniores Masculinos	350
1673	Paulo Sena	3283	00:49:50	04:59	Individual	M35/M40/M45	825
1674	Susana Câmara	3622	00:49:50	04:59	Individual	F35/F40/F45	73
1675	José Alberto Soares	2158	00:49:50	04:59	Individual	M35/M40/M45	826
1676	Rui Pereira	1409	00:49:51	05:00	Individual	M50/M55/M60	306
1677	André Barroso	3620	00:49:52	05:00	Mais cuidar running	M35/M40/M45	827
1678	Luis Espada	3509	00:49:52	05:00	Individual	M50/M55/M60	307

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1679	Rui Simoes	1297	00:49:52	05:00	Individual	M35/M40/M45	828
1680	Antonio Teixeira	1311	00:49:53	05:00	Individual	M35/M40/M45	829
1681	Miguel Oliveira	4224	00:49:53	05:00	INFRAESTRUTURAS DE PORTUGAL	M50/M55/M60	308
1682	Paulo Bénard Guedes	1871	00:49:54	05:00	Individual	M35/M40/M45	830
1683	Manuela Lacerda	846	00:49:54	05:00	Individual	F50/F55/F60	12
1684	Carlos Duarte	799	00:49:54	05:00	Individual	M50/M55/M60	309
1685	Luis Miguel Loureiro Costa	4033	00:49:54	05:00	Club Millenium BCP	M35/M40/M45	831
1686	Tatiana Mera	692	00:49:54	05:00	Individual	Seniores Femininos	57
1687	Ventura Saraiva	1302	00:49:55	05:00	Individual	M50/M55/M60	310
1688	José Camelo	2202	00:49:55	05:00	Clube Vodafone	M35/M40/M45	832
1689	Pedro Vieira	3468	00:49:55	05:00	Santander Totta I Geoban Run	Seniores Masculinos	351
1690	Filipe Miguel Caçador Peseiro Marques	3678	00:49:55	05:00	Individual	Seniores Masculinos	352
1691	BRUNO CLARO	2794	00:49:56	05:00	Individual	M35/M40/M45	833
1692	Sergio dos Anjos	4098	00:49:56	05:00	Club Millenium BCP	M50/M55/M60	311
1693	Christiane Monteiro	1344	00:49:56	05:00	Grupo Desportivo de Chaves	Seniores Femininos	58
1694	Sergio Figueiredo	2738	00:49:56	05:00	Santander Totta GD Santander Totta	M35/M40/M45	834
1695	Luís Pereira	2460	00:49:57	05:00	G.D.R. São Francisco da Serra	M35/M40/M45	835
1696	Luís Matos	2475	00:49:57	05:00	G.D.R. São Francisco da Serra	M35/M40/M45	836
1697	Pedro Gamito	2485	00:49:57	05:00	G.D.R. São Francisco da Serra	M35/M40/M45	837
1698	paulo gordinho	1397	00:49:57	05:00	camara lisboa clube	M35/M40/M45	838
1699	Fernando Sobral	2481	00:49:58	05:00	G.D.R. São Francisco da Serra	M50/M55/M60	312
1700	Rui Pedro Rodrigues	2136	00:49:58	05:00	Correr Soc Reg Da Granja	M35/M40/M45	839
1701	Nuno Olho Azul	4192	00:49:58	05:00	Individual	M35/M40/M45	840
1702	Rui Manuel Claudino Raposo	4488	00:49:58	05:00	Centro de Marcha e Corrida Grândola	M50/M55/M60	313
1703	Luís Nuno Gaspar	2722	00:49:59	05:00	Individual	M35/M40/M45	841
1704	JORGE MONTEIRO	1881	00:50:00	05:00	Run2Finish.PT	M50/M55/M60	314
1705	PEDRO JORDÃO	2824	00:50:00	05:00	Individual	M35/M40/M45	842
1706	Marcelo Chagas	3355	00:50:00	05:00	Individual	Seniores Masculinos	353
1707	Ana Rita Aleixo	1954	00:50:01	05:01	Individual	Seniores Femininos	59
1708	Luan Amaral	3077	00:50:01	05:01	Individual	Seniores Masculinos	354
1709	Rui Caeiro	1007	00:50:01	05:01	Individual	M35/M40/M45	843
1710	Miguel Lavrador	2490	00:50:02	05:01	Individual	M35/M40/M45	844
1711	Paula Silva	3341	00:50:02	05:01	Individual	F35/F40/F45	74
1712	Bruno Amaro	3769	00:50:02	05:01	Individual	M35/M40/M45	845
1713	Sergio Pereira Pereira	309	00:50:02	05:01	Individual	Seniores Masculinos	355
1714	Hugo Torres	947	00:50:03	05:01	Individual	M35/M40/M45	846
1715	Luis Garcia	1005	00:50:03	05:01	Individual	M35/M40/M45	847
1716	João Cruz	4424	00:50:03	05:01	Individual	M50/M55/M60	315
1717	Manuel Cascon Vaello	1919	00:50:03	05:01	Individual	Juniores Masculinos	45
1718	Fernando Marques	648	00:50:04	05:01	Individual	M50/M55/M60	316
1719	Nuno Maia	479	00:50:04	05:01	Team Pernetas	M35/M40/M45	848
1720	Filipe Mateus	948	00:50:04	05:01	Individual	Seniores Masculinos	356
1721	Delfim Pratas	4215	00:50:04	05:01	Individual	M35/M40/M45	849
1722	Vanessa Loureiro	2484	00:50:04	05:01	SSCGD-Secção Atletismo	Seniores Femininos	60
1723	jorge Lopes	1428	00:50:04	05:01	Asas nos Pés	M35/M40/M45	850
1724	Jose Feiteira	3181	00:50:05	05:01	PROSEGUR	M35/M40/M45	851
1725	Miguel Mendes	3569	00:50:05	05:01	Individual	Seniores Masculinos	357
1726	Artur Jorge Fernandes Gaio	2809	00:50:05	05:01	Tranquilidade TAC	Seniores Masculinos	358

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1727	Ricardo Oliveira	3291	00:50:06	05:01	Individual	M35/M40/M45	852
1728	Paula Campos	364	00:50:06	05:01	Individual	F35/F40/F45	75
1729	DUARTE GONCALVES	2288	00:50:07	05:01	Individual	Seniores Masculinos	359
1730	Manuel Mendes	1518	00:50:07	05:01	Individual	M35/M40/M45	853
1731	Pedro Simoes	362	00:50:07	05:01	Individual	M35/M40/M45	854
1732	Ricardo Leitão	432	00:50:07	05:01	Individual	M35/M40/M45	855
1733	Fernando Pereira	5044	00:50:08	05:01	Individual	Seniores Masculinos	360
1734	João Silveira Silveira	3574	00:50:08	05:01	Individual	M35/M40/M45	856
1735	Juliana Rogério	4633	00:50:09	05:01	Individual	Seniores Masculinos	361
1736	Ana Monteiro	2545	00:50:09	05:01	Individual	F35/F40/F45	76
1737	MIGUEL CARVALHO	2398	00:50:09	05:01	SSCGD-Secção Atletismo	M35/M40/M45	857
1738	Telmo Carvalheiro	4632	00:50:09	05:01	Individual	Seniores Masculinos	362
1739	Nuno Alves	3584	00:50:10	05:01	Individual	M35/M40/M45	858
1740	Valter Teixeira	4191	00:50:10	05:01	Individual	M35/M40/M45	859
1741	Steeve Rosado	4795	00:50:10	05:01	Individual	Seniores Masculinos	363
1742	PEDRO MANUEL ARROYO	1869	00:50:10	05:01	Individual	M35/M40/M45	860
1743	Rui Manuel Rei Barros	2177	00:50:10	05:01	Clube PT - zcs	M35/M40/M45	861
1744	Filipe Ferreira	3427	00:50:11	05:02	Individual	M35/M40/M45	862
1745	Nuno Setúbal	5481	00:50:12	05:02	Individual	M35/M40/M45	863
1746	João Ferreira	1356	00:50:12	05:02	Individual	M35/M40/M45	864
1747	Ron Trevor	5468	00:50:12	05:02	Individual	M35/M40/M45	865
1748	Tiago Pinto	4762	00:50:13	05:02	PROSEGUR	Seniores Masculinos	364
1749	Filipa Fadista	3314	00:50:13	05:02	Individual	Seniores Femininos	61
1750	David Talhão	4107	00:50:13	05:02	CM Lisboa Rafael Pereira Lobos da Católica	M35/M40/M45	866
1751	Francisco Dias	1856	00:50:13	05:02	Correr Soc Reg Da Granja	M35/M40/M45	867
1752	Sandra Oliveira	1414	00:50:13	05:02	Clube de Praças da Armada	F35/F40/F45	77
1753	Tiago Pedro Silva	370	00:50:14	05:02	Individual	M35/M40/M45	868
1754	Pedro Miguel Nunes	4372	00:50:14	05:02	Individual	M35/M40/M45	869
1755	Jaime Portugal	589	00:50:14	05:02	Meias e Minis	M35/M40/M45	870
1756	eduardo manso	1399	00:50:14	05:02	camara lisboa clube	M50/M55/M60	317
1757	JOÃO ANTUNES	329	00:50:14	05:02	Individual	M50/M55/M60	318
1758	Antonio Santos	820	00:50:14	05:02	Individual	M50/M55/M60	319
1759	Pedro Quartin	4225	00:50:15	05:02	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	871
1760	luis miguel renee avila simoes gomes	2953	00:50:15	05:02	Santander Totta I Grupo Desportivo Santander Totta	M35/M40/M45	872
1761	Nuno Barra	470	00:50:16	05:02	Individual	M35/M40/M45	873
1762	Luisa Landeiro	2365	00:50:16	05:02	SSCGD-Secção Atletismo	F35/F40/F45	78
1763	Nuno Lopes	6260	00:50:16	05:02	Juventude Operária Monte Abraão	Seniores Masculinos	365
1764	Bárbara Cruz	3390	00:50:17	05:02	Individual	Seniores Femininos	62
1765	Jorge Garcia	1425	00:50:17	05:02	Individual	M35/M40/M45	874
1766	Nuno Pinto	2112	00:50:17	05:02	collaborator EDP	Seniores Masculinos	366
1767	António Varela	824	00:50:17	05:02	Individual	M50/M55/M60	320
1768	JAMET Michel	1741	00:50:17	05:02	Individual	M50/M55/M60	321
1769	Hugo Colaço Colaço	529	00:50:17	05:02	Individual	M35/M40/M45	875
1770	Gonçalo Rangel	627	00:50:18	05:02	Individual	Seniores Masculinos	367
1771	Elizabeth Di Cioccio	2276	00:50:18	05:02	Individual	Seniores Femininos	63
1772	Mario Cardoso	2172	00:50:18	05:02	Correr Soc Reg Da Granja	M35/M40/M45	876
1773	Pedro Domingos	4980	00:50:18	05:02	Individual	M50/M55/M60	322
1774	THELMO CUNHA	1880	00:50:19	05:02	Run2Finish.PT	M50/M55/M60	323

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1775	Diogo Ressurreição	3995	00:50:19	05:02	Individual	M35/M40/M45	877
1776	Manuel dos Santos Fidalgo	1606	00:50:19	05:02	Individual	M50/M55/M60	324
1777	Sonia Sousa Santos	198	00:50:19	05:02	Individual	Seniores Femininos	64
1778	Marco Silva	371	00:50:20	05:02	Individual	M35/M40/M45	878
1779	Irina Araújo	1526	00:50:20	05:02	Peniche a Correr	F35/F40/F45	79
1780	Pedro Gabriel	3326	00:50:22	05:03	C.A. Amigos Parque da Paz	M35/M40/M45	879
1781	Augusto Ferreira	1186	00:50:23	05:03	Correr Lisboa	M35/M40/M45	880
1782	Rui Tomás	605	00:50:23	05:03	Individual	M35/M40/M45	881
1783	Susana Freitas	1354	00:50:24	05:03	Correr Lisboa	F35/F40/F45	80
1784	Ricardo Santos	1329	00:50:24	05:03	Correr Lisboa	M35/M40/M45	882
1785	Maria Silva	2811	00:50:24	05:03	Tranquilidade	F35/F40/F45	81
1786	António Gabriel	3649	00:50:24	05:03	Individual	M50/M55/M60	325
1787	Maria Máximo	4366	00:50:25	05:03	Individual	Seniores Femininos	65
1788	Helder Coelho	1317	00:50:25	05:03	Individual	M35/M40/M45	883
1789	Dominico Bruno Domingues Lage Lage	3582	00:50:25	05:03	Individual	M35/M40/M45	884
1790	José Saraiva	3534	00:50:25	05:03	Individual	M50/M55/M60	326
1791	António Jacinto Godinho Casasa Novas	3473	00:50:26	05:03	TVI	M35/M40/M45	885
1792	Bruno Gonçalves	553	00:50:26	05:03	Individual	M35/M40/M45	886
1793	Cesário Borges	1333	00:50:26	05:03	Peniche a Correr	M35/M40/M45	887
1794	Pedro Ferrabelo Rosa	2156	00:50:27	05:03	Individual	M35/M40/M45	888
1795	Tiago Lança	3679	00:50:27	05:03	Individual	Seniores Masculinos	368
1796	vítor teixeira	713	00:50:27	05:03	Individual	M35/M40/M45	889
1797	Carlos Pestana	1144	00:50:28	05:03	Individual	M35/M40/M45	890
1798	Cristina Gabriel	3556	00:50:28	05:03	Individual	F35/F40/F45	82
1799	Rita Dinis	2558	00:50:28	05:03	EDP Free	Seniores Femininos	66
1800	João Veiga	2782	00:50:28	05:03	Individual	Seniores Masculinos	369
1801	RUI SOARES	2375	00:50:28	05:03	SSCGD-Secção Atletismo	M35/M40/M45	891
1802	Fernando Ferreira	2330	00:50:29	05:03	Individual	M35/M40/M45	892
1803	João Vaz	2323	00:50:30	05:03	Individual	M35/M40/M45	893
1804	Luis Miguel Santos Goncalves	4049	00:50:30	05:03	Club Millenium BCP	M35/M40/M45	894
1805	Ricardo Raposo	4558	00:50:30	05:03	Individual	Seniores Masculinos	370
1806	Tiago Gonçalves Gonçalves	3521	00:50:31	05:04	Individual	Seniores Masculinos	371
1807	Sara Nogueira	5025	00:50:31	05:04	Individual	F35/F40/F45	83
1808	Paulo Gandum Gandum	4849	00:50:31	05:04	Individual	M35/M40/M45	895
1809	António Francisco Galheto	719	00:50:31	05:04	Individual	M50/M55/M60	327
1810	eduardo moreno	3619	00:50:32	05:04	Individual	M35/M40/M45	896
1811	Paulo Marques	302	00:50:32	05:04	Individual	Seniores Masculinos	372
1812	LUIS LUCIO	5276	00:50:32	05:04	Individual	M35/M40/M45	897
1813	Maria Silva	4168	00:50:32	05:04	Delta	F50/F55/F60	13
1814	Gonçalo Alves	3031	00:50:32	05:04	CPA	M35/M40/M45	898
1815	Ana Emília Novais Peixoto Peixoto	4613	00:50:33	05:04	Individual	Seniores Femininos	67
1816	Bruno Batista	1097	00:50:33	05:04	Individual	M35/M40/M45	899
1817	Carlos Batista	2531	00:50:33	05:04	EDP Free	M35/M40/M45	900
1818	Clara Ferreira	87	00:50:34	05:04	Hotel Dom Pedro	F35/F40/F45	84
1819	João Figueira	1596	00:50:34	05:04	Individual	M35/M40/M45	901
1820	Fernando Jorge Matias	1357	00:50:34	05:04	CLUBE COLABORADORES AGEAS	M50/M55/M60	328
1821	Nuno Correia	1315	00:50:35	05:04	Individual	M35/M40/M45	902
1822	Adriano Felicio	2605	00:50:35	05:04	Individual	M35/M40/M45	903

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1823	Fernando Gonçalves	3511	00:50:36	05:04	Individual	M35/M40/M45	904
1824	Fernando Malheiros	961	00:50:36	05:04	Individual	M50/M55/M60	329
1825	Bruno Oliveira	2948	00:50:36	05:04	Individual	Seniores Masculinos	373
1826	Inácio Duarte	1154	00:50:37	05:04	ACADEMIA DO PRO PENICHE	M35/M40/M45	905
1827	Gabriela Freitas	3932	00:50:37	05:04	Individual	F35/F40/F45	85
1828	Antonio Lima	1184	00:50:37	05:04	Individual	M50/M55/M60	330
1829	LUIS VIDOEIRA	3319	00:50:38	05:04	CD ARNEIRO	M50/M55/M60	331
1830	Romão Santos	2950	00:50:38	05:04	Individual	M35/M40/M45	906
1831	Hugo Costa	977	00:50:38	05:04	Individual	Seniores Masculinos	374
1832	MANUEL ALVES	3282	00:50:38	05:04	CD ARNEIRO	M50/M55/M60	332
1833	Joana Taneco Taneco	1070	00:50:38	05:04	Individual	Seniores Femininos	68
1834	João Pedro Pereira	3433	00:50:39	05:04	Individual	M35/M40/M45	907
1835	Hugo Ribeiro	4625	00:50:39	05:04	Individual	Seniores Masculinos	375
1836	João Rosário	4616	00:50:39	05:04	Individual	M35/M40/M45	908
1837	hugo sa nogueira	2321	00:50:39	05:04	Individual	M35/M40/M45	909
1838	RICARDO CONCEIÇÃO	1030	00:50:41	05:05	LOURDETE PERFUMARIAS	Seniores Masculinos	376
1839	Bruna Santos	4626	00:50:41	05:05	Individual	Seniores Masculinos	377
1840	Nuno Marques	1825	00:50:41	05:05	collaborator EDP	M35/M40/M45	910
1841	Lino Coelho	4788	00:50:41	05:05	Individual	M35/M40/M45	911
1842	Manuel Canané	695	00:50:41	05:05	Individual	M50/M55/M60	333
1843	Rita da Rocha Sousa Monteiro da Rocha Sousa Monteiro	4871	00:50:42	05:05	Individual	F35/F40/F45	86
1844	Alice Vilaça	155	00:50:42	05:05	RTP	F35/F40/F45	87
1845	José Massuça	6210	00:50:42	05:05	Clube Oriental de Lisboa	M35/M40/M45	912
1846	Márcio Rodrigues	4609	00:50:42	05:05	Individual	M35/M40/M45	913
1847	Carlos Russo	2024	00:50:43	05:05	Individual	M35/M40/M45	914
1848	Ricardo Amorim	670	00:50:44	05:05	Individual	Seniores Masculinos	378
1849	Rodrigo Reis	4251	00:50:44	05:05	IPDJ	M35/M40/M45	915
1850	Tiago Silva	2322	00:50:45	05:05	Individual	M35/M40/M45	916
1851	Andre Laborinho Laborinho	344	00:50:45	05:05	Individual	M35/M40/M45	917
1852	Pablo Perez	5444	00:50:45	05:05	Individual	M35/M40/M45	918
1853	ARTUR JORGE CARVALHO	3536	00:50:46	05:05	Individual	M50/M55/M60	334
1854	Mária Santos	1867	00:50:46	05:05	Individual	F35/F40/F45	88
1855	António Malaquias	760	00:50:46	05:05	Individual	M35/M40/M45	919
1856	Fernando Correia Correia	3476	00:50:46	05:05	Individual	M35/M40/M45	920
1857	Miguel Ribeiro	2817	00:50:47	05:05	Happy Runners	M35/M40/M45	921
1858	Fernando Manuel Areosa Almeida	2542	00:50:48	05:05	Santander Totta Benfica	M35/M40/M45	922
1859	paulo gonçalves	4619	00:50:48	05:05	Individual	M50/M55/M60	335
1860	José Soares	2892	00:50:48	05:05	Elite Runners	M35/M40/M45	923
1861	Bo Irik	2800	00:50:48	05:05	TOMTOM Correr na Cidade	Seniores Femininos	69
1862	paulo candeias	1431	00:50:48	05:05	Individual	M35/M40/M45	924
1863	Paulo João Garrudo Oliveira	3206	00:50:49	05:05	Santander Totta I	M35/M40/M45	925
1864	José Cavaco	3415	00:50:49	05:05	Individual	M50/M55/M60	336
1865	Edmundo Jesus	4489	00:50:50	05:05	Centro de Marcha e Corrida Grândola	M50/M55/M60	337
1866	Ricardo Neiva	3611	00:50:50	05:05	Individual	M35/M40/M45	926
1867	Pedro Curto	3612	00:50:50	05:05	Individual	M35/M40/M45	927
1868	César Santos	1096	00:50:51	05:06	Individual	M35/M40/M45	928
1869	TIAGO MOREIRA MOREIRA	4858	00:50:51	05:06	Individual	M35/M40/M45	929
1870	ÁLVARO ELISIÁRIO	2625	00:50:51	05:06	Individual	M35/M40/M45	930

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.	
1871	João Calisto	4864	00:50:51	05:06	Individual	M50/M55/M60	338	
1872	João Antunes	3350	00:50:51	05:06	Individual	M35/M40/M45	931	
1873	José calos nunes ferreira	3484	00:50:52	05:06	Individual	M50/M55/M60	339	
1874	Nuno Jerónimo	488	00:50:52	05:06	Individual	M35/M40/M45	932	
1875	Estevão Pape	414	00:50:52	05:06	Individual	M35/M40/M45	933	
1876	João Grilo	6057	00:50:53	05:06	Casa Benfica	Algueirão Mem Martins	Seniores Masculinos	379
1877	Antonio Jose Marques Teixeira Teixeira	2820	00:50:53	05:06	Individual	M50/M55/M60	340	
1878	Paulo Jorfge Pinto	4144	00:50:53	05:06	Individual	M35/M40/M45	934	
1879	João Pedro Santos	4487	00:50:53	05:06	Centro de Marcha e Corrida	Grândola	M35/M40/M45	935
1880	Paulo Lourinho	779	00:50:53	05:06	C A Amigos de Belém	M35/M40/M45	936	
1881	Carlos Martins	798	00:50:54	05:06	Individual	M35/M40/M45	937	
1882	Luís Neto	419	00:50:54	05:06	Individual	M50/M55/M60	341	
1883	luis ferreira	3310	00:50:54	05:06	tituaria	M50/M55/M60	342	
1884	Tam Afonso	2737	00:50:55	05:06	Tranquilidade TAC	M50/M55/M60	343	
1885	Tiago Fazendeiro	1538	00:50:55	05:06	Individual	Seniores Masculinos	380	
1886	José Gomes	2504	00:50:55	05:06	Individual	M35/M40/M45	938	
1887	Carlos Leão Mendes	82	00:50:55	05:06	Individual	M50/M55/M60	344	
1888	João Maria Toscano	2513	00:50:56	05:06	Individual	Seniores Masculinos	381	
1889	João Correia	4885	00:50:57	05:06	Individual	M35/M40/M45	939	
1890	Pedro Ferreira	4884	00:50:57	05:06	Individual	M35/M40/M45	940	
1891	Nuno Ferreira	1361	00:50:57	05:06	Peniche a Correr	Seniores Masculinos	382	
1892	Iolanda Marisa Alexandre Batista	1336	00:50:57	05:06	Individual	F35/F40/F45	89	
1893	Rui Pedro Valente Mauricio Dias	1337	00:50:57	05:06	Individual	M35/M40/M45	941	
1894	Miguel Oliveira	3442	00:50:58	05:06	Individual	M35/M40/M45	942	
1895	Antonio Ribeiro Tó	3345	00:50:58	05:06	Grupo amigos atletismo de Vila f xira	M50/M55/M60	345	
1896	Vicente C.L.	2895	00:50:58	05:06	Individual	M35/M40/M45	943	
1897	Ana Sofia Correia	2806	00:50:58	05:06	Individual	Seniores Femininos	70	
1898	Paulo Teixeira	4836	00:50:59	05:06	Individual	M35/M40/M45	944	
1899	Gonçalo Rocha	378	00:50:59	05:06	Individual	M35/M40/M45	945	
1900	Fernando Custódio	2579	00:50:59	05:06	collaborator EDP	M35/M40/M45	946	
1901	Alberto Abreu	907	00:51:00	05:06	CCD PM CASCAIS	M50/M55/M60	346	
1902	Catarina Rodrigues	2498	00:51:00	05:06	Individual	F35/F40/F45	90	
1903	Pedro Peleja	2803	00:51:00	05:06	Tranquilidade TAC	M35/M40/M45	947	
1904	Carla Bernardino	3487	00:51:00	05:06	Individual	F35/F40/F45	91	
1905	Rita Alexandra Rodrigues de Oliveira de Oliveira	1558	00:51:01	05:07	Individual	Seniores Femininos	71	
1906	José Castro	777	00:51:01	05:07	C A Amigos de Belém	M50/M55/M60	347	
1907	GABRIELA SACHEVA GENOVA	4163	00:51:02	05:07	Santander Totta I	Seniores Femininos	72	
1908	Manuel Brás	2386	00:51:02	05:07	SSCGD-Secção Atletismo	M35/M40/M45	948	
1909	Mário Figueiredo	746	00:51:02	05:07	Cofina Runners	M35/M40/M45	949	
1910	Luis Corredoura	3461	00:51:02	05:07	Individual	Seniores Masculinos	383	
1911	Jaime Gomes	1529	00:51:03	05:07	Serviços Sociais Montepio	M50/M55/M60	348	
1912	Carlos Manuel Oliveira e Silva	532	00:51:03	05:07	Individual	M50/M55/M60	349	
1913	Bruno Madeira	536	00:51:03	05:07	Individual	M35/M40/M45	950	
1914	Nuno Miguel Oliveira Simão Simão	714	00:51:03	05:07	Individual	M35/M40/M45	951	
1915	António Pinto	2326	00:51:04	05:07	Individual	M35/M40/M45	952	
1916	luis manuel mota ferreira ferreira	716	00:51:04	05:07	Individual	M50/M55/M60	350	
1917	Carlos Brás	2237	00:51:04	05:07	Santander Totta cna-clube natacao amadora	M35/M40/M45	953	
1918	João Fontes	2413	00:51:04	05:07	SSCGD-Secção Atletismo	M35/M40/M45	954	

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1919	Sara Lestre	1739	00:51:04	05:07	Individual	F35/F40/F45	92
1920	Ricardo Correia	1450	00:51:05	05:07	Individual	M35/M40/M45	955
1921	Luis Carlos Almeida	1876	00:51:05	05:07	Individual	M35/M40/M45	956
1922	João Teixeira	5139	00:51:05	05:07	Individual	M35/M40/M45	957
1923	Luis Souto	4748	00:51:06	05:07	Individual	M35/M40/M45	958
1924	Sofia Cabeças	1161	00:51:07	05:07	Clube Futebol "Os Belenenses"	Seniores Femininos	73
1925	Fernando Ribeiro	3430	00:51:07	05:07	CLUVE - Clube de Veteranos de Coimbra	M50/M55/M60	351
1926	Jose Xavier	3623	00:51:07	05:07	Individual	Seniores Masculinos	384
1927	Gonçalo Rosa	4627	00:51:07	05:07	Individual	M35/M40/M45	959
1928	Ricardo Costa	4105	00:51:07	05:07	Individual	M35/M40/M45	960
1929	Luís Baptista	4793	00:51:07	05:07	Individual	Seniores Masculinos	385
1930	Pedro Louro	3608	00:51:08	05:07	Individual	Seniores Masculinos	386
1931	André Loureiro	2086	00:51:08	05:07	collaborator EDP	M35/M40/M45	961
1932	João Cabrito	2412	00:51:08	05:07	SSCGD-Secção Atletismo	M50/M55/M60	352
1933	João Góis	887	00:51:09	05:07	Individual	Juniores Masculinos	46
1934	Luísa Fernandes	2742	00:51:09	05:07	Individual	Seniores Femininos	74
1935	César Ganchas	2957	00:51:09	05:07	Individual	M35/M40/M45	962
1936	Diogo Madeira	4231	00:51:10	05:07	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	963
1937	Miguel Bermonte	620	00:51:10	05:07	Individual	M35/M40/M45	964
1938	Carina Veiga	2108	00:51:11	05:08	Santander Totta GD Santander Totta	Seniores Femininos	75
1939	João Rocha	2115	00:51:11	05:08	Santander Totta GD Santander Totta	M50/M55/M60	353
1940	José Hilário	2934	00:51:11	05:08	KonanRunners	M50/M55/M60	354
1941	Bogdan Sandu	1624	00:51:11	05:08	Individual	Seniores Masculinos	387
1942	José Manuel Batista	1951	00:51:12	05:08	Individual	M35/M40/M45	965
1943	André Dinis	1623	00:51:12	05:08	Individual	Seniores Masculinos	388
1944	Mariana Pombinho	3733	00:51:12	05:08	Individual	Seniores Femininos	76
1945	humberto carlos da costa dias dias	1408	00:51:12	05:08	Individual	M35/M40/M45	966
1946	Júlio Ferreira	481	00:51:12	05:08	Team Pernetas	M35/M40/M45	967
1947	Luís Gomes	2415	00:51:13	05:08	SSCGD-Secção Atletismo	M35/M40/M45	968
1948	Valério Passarinho	5438	00:51:14	05:08	Individual	Seniores Masculinos	389
1949	Jorge Testos	3302	00:51:14	05:08	GDC Banco de Portugal	Seniores Masculinos	390
1950	Pedro Confraria	2107	00:51:16	05:08	Individual	M35/M40/M45	969
1951	Ricardo Alexandre	3990	00:51:16	05:08	Carris	M35/M40/M45	970
1952	Ricardo Claro	871	00:51:16	05:08	Individual	M35/M40/M45	971
1953	Nuno Infante	4878	00:51:16	05:08	Individual	M35/M40/M45	972
1954	NUNO PATRICIO	891	00:51:17	05:08	Individual	M35/M40/M45	973
1955	LuisAdriano Pires Martins Martins	3559	00:51:17	05:08	Individual	M50/M55/M60	355
1956	Eurico Patrocinio	4832	00:51:18	05:08	Individual	M35/M40/M45	974
1957	João Brito	1798	00:51:18	05:08	collaborator EDP	Seniores Masculinos	391
1958	António Gavado	1683	00:51:19	05:08	Individual	M50/M55/M60	356
1959	Marcos Noritake	4074	00:51:19	05:08	Club Millenium BCP	M50/M55/M60	357
1960	Isabel Vieira	912	00:51:19	05:08	CCD PM CASCAIS	F35/F40/F45	93
1961	João Pita	2357	00:51:19	05:08	CFS	M35/M40/M45	975
1962	Vanda Murteira	893	00:51:20	05:08	Individual	F35/F40/F45	94
1963	Henrique Veiga	3625	00:51:20	05:08	Individual	M35/M40/M45	976
1964	Marco Pinto	4471	00:51:20	05:08	edpRunners	M35/M40/M45	977
1965	Alexandre Silva	1277	00:51:21	05:09	Individual	Seniores Masculinos	392
1966	Paulo Sousa	701	00:51:21	05:09	Individual	M35/M40/M45	978

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1967	Francisco Ramos	4369	00:51:22	05:09	Individual	M35/M40/M45	979
1968	José Ferreira	2033	00:51:22	05:09	Individual	M35/M40/M45	980
1969	Diana Pereira	2849	00:51:23	05:09	Palmeiras	Seniores Femininos	77
1970	JOSE RIBEIRO	3149	00:51:23	05:09	Individual	M50/M55/M60	358
1971	Armando de Lacerda	3747	00:51:23	05:09	Oculista Portas de Santo António	M50/M55/M60	359
1972	Raquel Fortes	76	00:51:23	05:09	Santander Totta Team It's Up to You	F35/F40/F45	95
1973	miguel velez	1733	00:51:23	05:09	camara lisboa clube	M50/M55/M60	360
1974	nuno chicau	1517	00:51:23	05:09	camara lisboa clube	Seniores Masculinos	393
1975	Mário Vilares	6397	00:51:26	05:09	Individual	M35/M40/M45	981
1976	Rui Almeida	3406	00:51:26	05:09	Individual	M35/M40/M45	982
1977	Luis Barrela	929	00:51:26	05:09	Individual	M50/M55/M60	361
1978	Jorge Curvelo	1502	00:51:27	05:09	Clube Futebol "Os Belenenses"	M35/M40/M45	983
1979	Carlos Lomba	3434	00:51:27	05:09	Individual	M50/M55/M60	362
1980	Jorge Barros	5036	00:51:27	05:09	Individual	M35/M40/M45	984
1981	Miguel Angel Campo Ribas	352	00:51:28	05:09	Individual	M35/M40/M45	985
1982	Tomás Godinho	886	00:51:28	05:09	Individual	Seniores Masculinos	394
1983	Paula Martins	2378	00:51:28	05:09	SSCGD-Secção Atletismo	F35/F40/F45	96
1984	Telmo Pinto	1912	00:51:30	05:09	Individual	Seniores Masculinos	395
1985	Susana Amorim	2819	00:51:30	05:09	Individual	Seniores Femininos	78
1986	Vitor Manuel Nunes alves Martins	802	00:51:30	05:09	Individual	M50/M55/M60	363
1987	Tigas Rodriguez	2781	00:51:31	05:10	Correr Lisboa	M35/M40/M45	986
1988	Miguel Gama	622	00:51:31	05:10	Individual	M35/M40/M45	987
1989	VITOR GONCALVES	2287	00:51:32	05:10	Individual	M35/M40/M45	988
1990	Rui Fernandes	518	00:51:32	05:10	Individual	M35/M40/M45	989
1991	Ivan Guerra	2685	00:51:33	05:10	Clube Futebol "Os Belenenses"	M35/M40/M45	990
1992	Paulo Faustino	3517	00:51:33	05:10	Individual	M35/M40/M45	991
1993	Joao Braga Braga	5035	00:51:35	05:10	Individual	M50/M55/M60	364
1994	Rui Lopes	2970	00:51:35	05:10	Individual	M35/M40/M45	992
1995	Patrícia Pires Bacelar	1463	00:51:35	05:10	Individual	Seniores Femininos	79
1996	Paula Santos	3588	00:51:36	05:10	Metropolitano de Lisboa	F35/F40/F45	97
1997	Cândida Esteves	1567	00:51:37	05:10	Individual	F35/F40/F45	98
1998	Jorge Monteiro	1862	00:51:37	05:10	99 Provas Gratuitas	M35/M40/M45	993
1999	João Mateus	1352	00:51:38	05:10	Individual	Seniores Masculinos	396
2000	Alberto Martins	4866	00:51:38	05:10	Individual	M50/M55/M60	365
2001	Ricardo Dias	1421	00:51:38	05:10	Serviços Sociais Montepio	M35/M40/M45	994
2002	Luís Barbosa	3448	00:51:38	05:10	Individual	M35/M40/M45	995
2003	Pedro Barroso	894	00:51:38	05:10	Individual	M35/M40/M45	996
2004	Jorge Ferreira	998	00:51:39	05:10	Individual	M50/M55/M60	366
2005	Bárbara Gonçalves	2636	00:51:39	05:10	GDCFidelidade	Seniores Femininos	80
2006	Alexandre Tam	1363	00:51:39	05:10	Individual	M35/M40/M45	997
2007	VICTORIA MATA	3638	00:51:39	05:10	OS MATAS	F50/F55/F60	14
2008	Nuno Barata	3699	00:51:40	05:10	Individual	Seniores Masculinos	397
2009	João Figueiredo	2023	00:51:42	05:11	Individual	M35/M40/M45	998
2010	Manuel Garrinhas	4378	00:51:42	05:11	Individual	M50/M55/M60	367
2011	Mario Bordalo	2959	00:51:43	05:11	Holmes Place	Seniores Masculinos	398
2012	carlos seco seco	394	00:51:43	05:11	Individual	M50/M55/M60	368
2013	Miguel Ramos	5477	00:51:44	05:11	Individual	M35/M40/M45	999
2014	João Ribeiro	2844	00:51:44	05:11	GDCFidelidade	M50/M55/M60	369

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2015	Paulo jorge Castelão	170	00:51:44	05:11	Reinaldo Gomes	M35/M40/M45	1000
2016	Nuno Nunes	2688	00:51:45	05:11	Individual	M35/M40/M45	1001
2017	Miguel Rodrigues	1053	00:51:45	05:11	Asas nos Pés	Seniores Masculinos	399
2018	MARIA LISBÃO RODRIGUES	2673	00:51:46	05:11	Santander Totta DICASA	F50/F55/F60	15
2019	João Paulo Barbosa Marques Pedrosa	3128	00:51:46	05:11	Santander Totta I PREMIUM RUNNERS	M35/M40/M45	1002
2020	José Manuel Filipe	4862	00:51:46	05:11	CM Lisboa	M50/M55/M60	370
2021	Marco Pacheco	4182	00:51:47	05:11	Individual	M35/M40/M45	1003
2022	Tiago Gaspar	1533	00:51:47	05:11	Serviços Sociais Montepio	M35/M40/M45	1004
2023	SÍLVIO PAIVA	2958	00:51:47	05:11	Individual	M50/M55/M60	371
2024	Luis Filipe Nunes	1603	00:51:48	05:11	Individual	M35/M40/M45	1005
2025	Gonçalo Domingues	1002	00:51:48	05:11	Individual	Seniores Masculinos	400
2026	Carlos Alberto Marques Henriques Martins Horta	868	00:51:49	05:11	ZêzereTREK	M50/M55/M60	372
2027	João Paulo Soares	1963	00:51:50	05:11	Santander Totta	M50/M55/M60	373
2028	Gonçalo Grazina	1325	00:51:50	05:11	Individual	Seniores Masculinos	401
2029	rui figueiredo	1044	00:51:50	05:11	Individual	M35/M40/M45	1006
2030	João Malão	5148	00:51:51	05:12	Individual	Seniores Masculinos	402
2031	HUGO PINTO	250	00:51:51	05:12	Individual	M35/M40/M45	1007
2032	Joana Antunes	1429	00:51:52	05:12	Clube de Praças da Armada	Seniores Femininos	81
2033	Sérgio Rodrigues	3503	00:51:53	05:12	Individual	M35/M40/M45	1008
2034	Paulo Silva	4749	00:51:53	05:12	Cofina Treino Turístico de Odivelas	M50/M55/M60	374
2035	Diogo Henriques	910	00:51:54	05:12	CCD PM CASCAIS	Juniores Masculinos	47
2036	Nuno Maria	1485	00:51:54	05:12	Individual	M35/M40/M45	1009
2037	Rui Pedro Ferreira	5173	00:51:55	05:12	Individual	M35/M40/M45	1010
2038	Orlando Martins	2622	00:51:55	05:12	Individual	M50/M55/M60	375
2039	Ricardo Raposo	2728	00:51:55	05:12	Individual	M35/M40/M45	1011
2040	Susana Jeremias	2994	00:51:55	05:12	FIT RUNNERS Fitrunners	F35/F40/F45	99
2041	Gonçalo Ventura	1875	00:51:55	05:12	Individual	Seniores Masculinos	403
2042	Mário Marques	5172	00:51:55	05:12	DMC	M35/M40/M45	1012
2043	Sérgio Patrício	1510	00:51:56	05:12	Individual	M35/M40/M45	1013
2044	José Raposo	2812	00:51:56	05:12	Individual	M50/M55/M60	376
2045	Luis Filipe Oliveira Pereira	864	00:51:56	05:12	Individual	Seniores Masculinos	404
2046	João Rato	548	00:51:56	05:12	Individual	M50/M55/M60	377
2047	artur santos	3991	00:51:57	05:12	Individual	M35/M40/M45	1014
2048	Pedro Camilo	3658	00:51:57	05:12	Individual	M35/M40/M45	1015
2049	NURIA ANTUNES	3134	00:51:57	05:12	Individual	Seniores Femininos	82
2050	PEDRO PEREIRA	4036	00:51:58	05:12	Club Millenium BCP	M50/M55/M60	378
2051	Sheila Marinete Galiano Galiano	3379	00:51:58	05:12	Individual	F35/F40/F45	100
2052	António Lavajo	563	00:51:58	05:12	Individual	M35/M40/M45	1016
2053	Pedro Rosa	5285	00:51:58	05:12	Individual	M35/M40/M45	1017
2054	Hugo Alves	3848	00:51:59	05:12	PROSEGUR	Seniores Masculinos	405
2055	Maria Freilão	3835	00:51:59	05:12	PROSEGUR	Seniores Femininos	83
2056	Paulo Miguel Dias Gomes	2840	00:51:59	05:12	Clube PT - zcs	M35/M40/M45	1018
2057	Manuel Sobral	4770	00:51:59	05:12	Carris	M50/M55/M60	379
2058	Monica Oliveira	4966	00:52:00	05:12	EDP Free	F35/F40/F45	101
2059	José Duarte	5042	00:52:00	05:12	Individual	M35/M40/M45	1019
2060	Rodrigo Moita de Deus	1651	00:52:00	05:12	Individual	M35/M40/M45	1020
2061	João Miguel Moiteiro	461	00:52:01	05:13	Individual	M35/M40/M45	1021
2062	jose correia	1175	00:52:01	05:13	Individual	M50/M55/M60	380

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2063	Luís Filipe Guerreiro	957	00:52:01	05:13	Individual	M35/M40/M45	1022
2064	Luís Nunes	477	00:52:02	05:13	Individual	M50/M55/M60	381
2065	Henrique Martins	3737	00:52:03	05:13	Individual	Seniores Masculinos	406
2066	Rita Teixeira	3030	00:52:03	05:13	Individual	F35/F40/F45	102
2067	Joao Duarte Batista Fernandses	3501	00:52:03	05:13	Individual	M50/M55/M60	382
2068	Luis Sousa Sousa	4620	00:52:03	05:13	Individual	M35/M40/M45	1023
2069	José Amaral	1176	00:52:03	05:13	Individual	M50/M55/M60	383
2070	Mário Silva	3375	00:52:04	05:13	Holmes Place Beloura Runners	M35/M40/M45	1024
2071	Henrique Ferreira	3888	00:52:04	05:13	Individual	M35/M40/M45	1025
2072	Antonio Sena	2717	00:52:04	05:13	Individual	M35/M40/M45	1026
2073	Cristina Maria Gonçalves Falé	4075	00:52:05	05:13	Club Millenium BCP	F35/F40/F45	103
2074	Rui Alexandre Fonseca Encarnação	5471	00:52:06	05:13	Metropolitano de Lisboa CCDT METRO LX	M35/M40/M45	1027
2075	Tiago Miguel Freitas Correia	4439	00:52:06	05:13	Individual	Seniores Masculinos	407
2076	Diogo Custódio	4734	00:52:07	05:13	Individual	Seniores Masculinos	408
2077	Nuno Raminhos	4040	00:52:07	05:13	Club Millenium BCP	M35/M40/M45	1028
2078	Valter Hugo Nunes	1413	00:52:07	05:13	CLUBE COLABORADORES AGEAS	M35/M40/M45	1029
2079	BRUNO MARTINIANO	5051	00:52:07	05:13	Individual	M35/M40/M45	1030
2080	Rita Capucho	1436	00:52:07	05:13	Desportivo de Odivelas	F35/F40/F45	104
2081	Rui Bastos	2962	00:52:07	05:13	Individual	M35/M40/M45	1031
2082	JOSÉ SILVA	5050	00:52:07	05:13	Individual	M50/M55/M60	384
2083	Sónia Antão	1478	00:52:08	05:13	Individual	F35/F40/F45	105
2084	NOEMIA MONTEIRO MONTEIRO	1384	00:52:08	05:13	Individual	F35/F40/F45	106
2085	Luis Grade	6226	00:52:09	05:13	Grupo Desportivo São Domingos	M50/M55/M60	385
2086	João Verissimo	4444	00:52:09	05:13	Individual	M50/M55/M60	386
2087	João Silva	6228	00:52:09	05:13	Grupo Desportivo São Domingos	M50/M55/M60	387
2088	Luís Brazão	2818	00:52:09	05:13	Unidos da Manutenção	M50/M55/M60	388
2089	ELISABETE BACELAR LUIS PINTO	410	00:52:09	05:13	Individual	F35/F40/F45	107
2090	José Moraes	6231	00:52:10	05:13	Grupo Desportivo São Domingos	M50/M55/M60	389
2091	Hugo Rodrigues	836	00:52:10	05:13	Individual	M35/M40/M45	1032
2092	FRANCISCO MANUEL VIEIRA CLÉRIGO CLÉRIGO	2380	00:52:10	05:13	SSCGD-Secção Atletismo	M50/M55/M60	390
2093	Gonçalo José Pedro	4810	00:52:10	05:13	Renault RRC	M35/M40/M45	1033
2094	Ricardo Peixoto	2681	00:52:10	05:13	collaborator EDP	M35/M40/M45	1034
2095	FABIO SIMOES	5144	00:52:11	05:14	Individual	Seniores Masculinos	409
2096	Pedro Abreu	2627	00:52:11	05:14	GDCFidelidade	M35/M40/M45	1035
2097	Luis Sabino	2947	00:52:11	05:14	Individual	M35/M40/M45	1036
2098	Marcelo franco da rosa	1396	00:52:11	05:14	Individual	M35/M40/M45	1037
2099	António Monteiro	4202	00:52:12	05:14	Individual	M50/M55/M60	391
2100	Paula Gonçalves	2384	00:52:13	05:14	SSCGD-Secção Atletismo	F35/F40/F45	108
2101	Miguel Horta	2168	00:52:14	05:14	Individual	M35/M40/M45	1038
2102	Luis Pinto	1981	00:52:14	05:14	Santander Totta	M35/M40/M45	1039
2103	MARIA DE FÁTIMA LAVRADOR	100	00:52:14	05:14	Asas nos Pés	F35/F40/F45	109
2104	João Passeiro	3480	00:52:15	05:14	A.D.C.Catujal	M50/M55/M60	392
2105	Almerindo Silva	3479	00:52:15	05:14	A.D.C.Catujal	M50/M55/M60	393
2106	José Miguel Garcia de Gusmão Calheiros	1380	00:52:16	05:14	Individual	M35/M40/M45	1040
2107	daniel oliveira	1505	00:52:16	05:14	camara lisboa clube	M50/M55/M60	394
2108	Miguel Alves	3657	00:52:16	05:14	Individual	Seniores Masculinos	410
2109	NUNO MARIZ	4073	00:52:17	05:14	Club Millenium BCP	M35/M40/M45	1041
2110	Jose Veiga	4992	00:52:17	05:14	EDP Free	M50/M55/M60	395

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2111	Délia Lopes	1052	00:52:18	05:14	Asas nos Pés	F35/F40/F45	110
2112	Luis Manuel Guerra Neri	4883	00:52:18	05:14	Individual	M50/M55/M60	396
2113	Yan Martins	3078	00:52:18	05:14	Individual	Seniores Masculinos	411
2114	Julio Meireles	917	00:52:18	05:14	CCD PM CASCAIS	M50/M55/M60	397
2115	Pedro Henrique Ferreira	3081	00:52:18	05:14	Individual	Seniores Masculinos	412
2116	João António Azevedo dos Santos	2228	00:52:18	05:14	ASICS Lisboa Run Club	M35/M40/M45	1042
2117	Francisco Pinto	4763	00:52:19	05:14	PROSEGUR	M50/M55/M60	398
2118	Rute Henriques	1536	00:52:19	05:14	Individual	F35/F40/F45	111
2119	Tiago José Mendes Lança	3498	00:52:19	05:14	Individual	Seniores Masculinos	413
2120	João Luís Lourenço	755	00:52:19	05:14	Individual	M35/M40/M45	1043
2121	joao paulo almeida	2483	00:52:20	05:14	Individual	M50/M55/M60	399
2122	Francisco Bispo	1009	00:52:20	05:14	Individual	M50/M55/M60	400
2123	Fernando Lança Martins Martins	3447	00:52:21	05:15	Individual	Seniores Masculinos	414
2124	Sandra Cardoso	3425	00:52:21	05:15	Individual	F35/F40/F45	112
2125	joão gonçalves	540	00:52:21	05:15	Individual	M50/M55/M60	401
2126	Sandro Almeida Almeida	4381	00:52:22	05:15	Individual	M35/M40/M45	1044
2127	Inês Kol	1441	00:52:22	05:15	Resistentes do Palácio	F35/F40/F45	113
2128	Luis Quiterio Fialho	1965	00:52:22	05:15	Santander Totta Santander Totta SA	M35/M40/M45	1045
2129	Joaquim Mendes Mendes	4750	00:52:22	05:15	Individual	M50/M55/M60	402
2130	Alexandre Guerra	4360	00:52:23	05:15	Individual	M35/M40/M45	1046
2131	Pedro Miguel Magalhães Pimenta	4817	00:52:23	05:15	Individual	M35/M40/M45	1047
2132	Paulo Gomes	1348	00:52:24	05:15	Individual	M50/M55/M60	403
2133	Nuno Simões	3263	00:52:24	05:15	Individual	M35/M40/M45	1048
2134	Jorge Santos	2626	00:52:24	05:15	Individual	M50/M55/M60	404
2135	Rui Dias	1403	00:52:25	05:15	Individual	M35/M40/M45	1049
2136	João Moreira	3731	00:52:25	05:15	Individual	Seniores Masculinos	415
2137	Hugo Almeida	4136	00:52:26	05:15	PROSEGUR	M35/M40/M45	1050
2138	Filipe Rocha	5427	00:52:26	05:15	Individual	M35/M40/M45	1051
2139	Alfredo Filipe Puga Bacelar	1493	00:52:27	05:15	Individual	M50/M55/M60	405
2140	Ana Luísa Joaquim Martins Martins	2333	00:52:27	05:15	Individual	F35/F40/F45	114
2141	Jorge Humberto Pereira	3631	00:52:28	05:15	Individual	M50/M55/M60	406
2142	João Rebocho	5116	00:52:29	05:15	Individual	M35/M40/M45	1052
2143	Fernando Silva	3294	00:52:29	05:15	Individual	M50/M55/M60	407
2144	Sara Barata	4985	00:52:30	05:15	EDP Free	Seniores Femininos	84
2145	Ricardo Vergas	1008	00:52:30	05:15	Individual	M50/M55/M60	408
2146	francisco carvalho	3458	00:52:30	05:15	Individual	M35/M40/M45	1053
2147	Tânia Oliveira	4413	00:52:30	05:15	PROSEGUR	F35/F40/F45	115
2148	João Ferro	3663	00:52:31	05:16	Individual	Seniores Masculinos	416
2149	Luis Dias	3516	00:52:31	05:16	Prafitclub	M35/M40/M45	1054
2150	JOSÉ RAPOSO	1984	00:52:31	05:16	Santander Totta	M35/M40/M45	1055
2151	Luís Matias	1069	00:52:32	05:16	Individual	M50/M55/M60	409
2152	Alexandre Kortes	2355	00:52:32	05:16	Individual	M35/M40/M45	1056
2153	Inês Abrantes	4645	00:52:32	05:16	Individual	Seniores Femininos	85
2154	ANDRÉ SILVA	3522	00:52:32	05:16	CD ARNEIRO	Seniores Masculinos	417
2155	Nuno Oliveira	4959	00:52:33	05:16	EDP Free	Seniores Masculinos	418
2156	João Medeiros	2956	00:52:33	05:16	Individual	M35/M40/M45	1057
2157	Francisco Pereira	2739	00:52:33	05:16	Tranquilidade TAC	M50/M55/M60	410
2158	Sergio Ramalho	1439	00:52:34	05:16	Individual	M35/M40/M45	1058

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2159	Cristina Caldeira	3083	00:52:34	05:16	Individual	F35/F40/F45	116
2160	Nuno Miguel Condeço	1434	00:52:35	05:16	Individual	M35/M40/M45	1059
2161	Tiago Oliveira	2157	00:52:35	05:16	Individual	M35/M40/M45	1060
2162	Inês Ribeiro Ribeiro	2725	00:52:35	05:16	Individual	Seniores Femininos	86
2163	Pedro Gomes	4588	00:52:36	05:16	Individual	Seniores Masculinos	419
2164	Marisa Delgado Silva	996	00:52:36	05:16	Individual	Seniores Femininos	87
2165	Nuno Gomes	4358	00:52:37	05:16	Individual	M35/M40/M45	1061
2166	Jorge Oliveira	4359	00:52:37	05:16	Individual	M35/M40/M45	1062
2167	Paulo Picão	3465	00:52:38	05:16	Individual	M35/M40/M45	1063
2168	Tiago Dias	749	00:52:38	05:16	Cofina Runners	M35/M40/M45	1064
2169	Gonçalo Casaca	3032	00:52:39	05:16	Individual	M35/M40/M45	1065
2170	Luciano Marques	3653	00:52:40	05:16	Grupo Desportivo e Cultural dos Empregados do Banco BPI	M50/M55/M60	411
2171	jorge manuel manuel	4598	00:52:40	05:16	Individual	M50/M55/M60	412
2172	Paulo Sousa	3482	00:52:40	05:16	Individual	M35/M40/M45	1066
2173	João Manuel Agostinho da Silva	5071	00:52:40	05:16	Individual	Seniores Masculinos	420
2174	Fernando Horta	483	00:52:40	05:16	Team Pernetas	M50/M55/M60	413
2175	Luis Morgado	2546	00:52:40	05:16	Individual	M35/M40/M45	1067
2176	Pedro Macêdo Macêdo	2874	00:52:40	05:16	Individual	M35/M40/M45	1068
2177	Nuno Coimbra	3708	00:52:40	05:16	Individual	M35/M40/M45	1069
2178	David Ricardo	4132	00:52:41	05:17	PROSEGUR	Seniores Masculinos	421
2179	OSCAR MARQUES	4066	00:52:41	05:17	Club Millenium BCP	M50/M55/M60	414
2180	Júlio Daniel Moreira de Sousa	5072	00:52:41	05:17	Individual	Seniores Masculinos	422
2181	Jose Liberato	3130	00:52:41	05:17	Individual	M35/M40/M45	1070
2182	David José Ferreira Vaz	1878	00:52:41	05:17	Individual	Seniores Masculinos	423
2183	João André Pereira Duarte	5070	00:52:41	05:17	Individual	Seniores Masculinos	424
2184	Paula Gomes	2452	00:52:42	05:17	EDP Free	F35/F40/F45	117
2185	PAULA LEÃO	2239	00:52:42	05:17	Individual	F35/F40/F45	118
2186	José Ferreira	2372	00:52:42	05:17	SSCGD-Secção Atletismo	M50/M55/M60	415
2187	Sara Lucas	1795	00:52:42	05:17	collaborator EDP	Seniores Femininos	88
2188	Sandra Batista	2543	00:52:43	05:17	Amigos Vale Silencio	F35/F40/F45	119
2189	Gonçalo Abreu	1046	00:52:43	05:17	ADRC Mata de Benfica	M35/M40/M45	1071
2190	mario alves alves	1073	00:52:43	05:17	sfuap	M50/M55/M60	416
2191	vítor manuel almeida almeida	3981	00:52:44	05:17	Individual	M50/M55/M60	417
2192	Abel Costa	2822	00:52:44	05:17	Individual	M50/M55/M60	418
2193	Mercedes Fonseca	1456	00:52:44	05:17	Federação da Família para a Paz Mundial e Unificação	F50/F55/F60	16
2194	PAULO CAMPOS	5277	00:52:44	05:17	Individual	M35/M40/M45	1072
2195	FRANCISCO MOUCHINHO	807	00:52:45	05:17	Individual	M50/M55/M60	419
2196	MIGUEL PIRES	5278	00:52:45	05:17	Individual	M35/M40/M45	1073
2197	Luis Franco	2711	00:52:45	05:17	collaborator EDP	M35/M40/M45	1074
2198	Luis Canhão	3550	00:52:45	05:17	Individual	M50/M55/M60	420
2199	Igor Jaumandreu Santos	678	00:52:46	05:17	Individual	M50/M55/M60	421
2200	Marianela Figueiredo	4984	00:52:46	05:17	Individual	F35/F40/F45	120
2201	Beatriz Matias	1458	00:52:46	05:17	Individual	F35/F40/F45	121
2202	Joao Martins	3603	00:52:46	05:17	Clube Futebol "Os Belenenses"	M35/M40/M45	1075
2203	Melvin Adriano da Cruz Rocha	2510	00:52:47	05:17	Oficina do Rui	Seniores Masculinos	425
2204	Luís Godinho	1432	00:52:48	05:17	Individual	M35/M40/M45	1076
2205	Celia Silveira	1444	00:52:48	05:17	Clube de Praças da Armada	F35/F40/F45	122
2206	Susana Cabrita	3325	00:52:49	05:17	innovagency	Seniores Femininos	89

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2207	Paulo Serra	4981	00:52:49	05:17	SIMECruz Quebradense	M35/M40/M45	1077
2208	Bruno Cardoso Lopes	2045	00:52:49	05:17	Individual	Seniores Masculinos	426
2209	Nuno Constâncio	2206	00:52:50	05:17	Clube Vodafone	M35/M40/M45	1078
2210	Jose Vermelhudo	569	00:52:50	05:17	Individual	M50/M55/M60	422
2211	Marcos Ferreira Ferreira	1395	00:52:50	05:17	Individual	Seniores Masculinos	427
2212	Marcelo Sousa	1183	00:52:50	05:17	Clube Futebol "Os Belenenses"	Seniores Masculinos	428
2213	helia santos santos	2526	00:52:50	05:17	Individual	Seniores Femininos	90
2214	joana santos	2527	00:52:51	05:18	Individual	Seniores Femininos	91
2215	Paulo Coutinho	3912	00:52:51	05:18	Individual	M35/M40/M45	1079
2216	Catarina Martins	2399	00:52:51	05:18	SSCGD-Secção Atletismo	F35/F40/F45	123
2217	Paula Rita	2632	00:52:52	05:18	Individual	F50/F55/F60	17
2218	Luís Vicente	1763	00:52:52	05:18	collaborator EDP	M35/M40/M45	1080
2219	Anildo Cabral Monteiro	4415	00:52:53	05:18	Individual	Seniores Masculinos	429
2220	Américo de Jesus Alves Francisco	468	00:52:53	05:18	Individual	M35/M40/M45	1081
2221	José Paulo Almeida Balula	842	00:52:54	05:18	Individual	M35/M40/M45	1082
2222	Lito Brazao	3982	00:52:55	05:18	Individual	Seniores Masculinos	430
2223	ELISA MARIA DA SILVA GAIÃO MENDES PITEIRA	2165	00:52:55	05:18	Individual	F50/F55/F60	18
2224	Marisa Rodrigues	4206	00:52:56	05:18	Individual	F35/F40/F45	124
2225	Joao Aguamel	1969	00:52:56	05:18	collaborator EDP	Seniores Masculinos	431
2226	Hernando José Marques Lopes	4896	00:52:56	05:18	Individual	M35/M40/M45	1083
2227	Vasco Alpalhão	4868	00:52:57	05:18	Individual	M35/M40/M45	1084
2228	Michael Borsdorf	3591	00:52:57	05:18	Carris	M50/M55/M60	423
2229	Orlando Silva	6229	00:52:58	05:18	Grupo Desportivo São Domingos	M50/M55/M60	424
2230	ANTÓNIO TEIXEIRA	4624	00:53:00	05:18	Individual	M50/M55/M60	425
2231	Nuno Neves	988	00:53:00	05:18	Individual	M35/M40/M45	1085
2232	Luís Semedo	4240	00:53:02	05:19	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	1086
2233	André Carreiro	3409	00:53:02	05:19	Individual	M35/M40/M45	1087
2234	Paulo Pereira	4288	00:53:03	05:19	DMC Juventude Atlético Clube	M35/M40/M45	1088
2235	Miguel Sousa	4854	00:53:03	05:19	Individual	M50/M55/M60	426
2236	Luís Silva	1238	00:53:04	05:19	Individual	M50/M55/M60	427
2237	Mário Quarenta	2961	00:53:05	05:19	Tranquilidade TAC	Juniores Masculinos	48
2238	Luis Santos Cagareu	2195	00:53:05	05:19	Individual	M35/M40/M45	1089
2239	João Pinto	2389	00:53:06	05:19	SSCGD-Secção Atletismo	M35/M40/M45	1090
2240	José Graça	3829	00:53:07	05:19	Individual	M35/M40/M45	1091
2241	ADRIANA ELENA TURENSCHI	4604	00:53:07	05:19	Individual	Seniores Femininos	92
2242	Jorge Manuel Conceição Lopes	236	00:53:08	05:19	Individual	M50/M55/M60	428
2243	Nuno Fonseca e Silva	3435	00:53:08	05:19	TVI	M50/M55/M60	429
2244	Rui Reis	5439	00:53:08	05:19	DMC	M35/M40/M45	1092
2245	Jose Ribeiro	98	00:53:09	05:19	Nuno Naia BCP	Seniores Masculinos	432
2246	Augusto Ribeiro	688	00:53:09	05:19	Individual	M35/M40/M45	1093
2247	Sofia Caetano	2267	00:53:09	05:19	Reinaldo Gomes	F35/F40/F45	125
2248	Maria João Mateus Fernandes Vaz	1495	00:53:09	05:19	Individual	F50/F55/F60	19
2249	José Manuel Tavares das Neves	1494	00:53:10	05:19	Individual	M50/M55/M60	430
2250	Sérgio Manuel Valente Patrício	3552	00:53:10	05:19	Individual	M35/M40/M45	1094
2251	Filipa Ferro	6220	00:53:11	05:20	Grupo Desportivo Recreativo Reboleira	F35/F40/F45	126
2252	Nathalie Baronet	3199	00:53:11	05:20	Moinho da Juventude - Fundação Benfica Correr Queluz	F35/F40/F45	127
2253	Marco Cardoso	601	00:53:11	05:20	Individual	M35/M40/M45	1095
2254	Pedro Almeida	1332	00:53:11	05:20	Individual	M50/M55/M60	431

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2255	Alfredo Notário	1445	00:53:12	05:20	Individual	M35/M40/M45	1096
2256	Nuno Antunes	4364	00:53:12	05:20	Individual	M35/M40/M45	1097
2257	joaquim bentes	1043	00:53:12	05:20	Individual	M50/M55/M60	432
2258	Daniel Tavares Tavares	4445	00:53:13	05:20	Individual	M35/M40/M45	1098
2259	Pedro Correia	2244	00:53:14	05:20	Individual	Seniores Masculinos	433
2260	Alzira Cruz	3299	00:53:14	05:20	Individual	F50/F55/F60	20
2261	Leonel Brandão	4041	00:53:14	05:20	Club Millenium BCP	M50/M55/M60	433
2262	Nuno Ravasco Alves Vale Oliveira	2618	00:53:14	05:20	Santander Totta	M35/M40/M45	1099
2263	IVO LIMA	4106	00:53:15	05:20	Individual	M35/M40/M45	1100
2264	Ricardo Grazina	2343	00:53:15	05:20	Lisbon South Bay Running Club	M35/M40/M45	1101
2265	Carlos Alberto dos Santos Jesus Jesus	436	00:53:15	05:20	Individual	M50/M55/M60	434
2266	Marta Malhadas	4392	00:53:16	05:20	Individual	F35/F40/F45	128
2267	Tiago Veiga	2109	00:53:16	05:20	Santander Totta GD Santander Totta	Seniores Masculinos	434
2268	Pedro Henriques	1622	00:53:17	05:20	Clube Futebol "Os Belenenses"	M35/M40/M45	1102
2269	João Wang de Abreu	4639	00:53:17	05:20	Individual	Seniores Masculinos	435
2270	Ana Sofia	4968	00:53:18	05:20	EDP Free	M35/M40/M45	1103
2271	Rita Figueiredo	2053	00:53:18	05:20	Santander Totta	Seniores Femininos	93
2272	Dina Sousa	4960	00:53:18	05:20	EDP Free	F35/F40/F45	129
2273	João Gonçalves	4973	00:53:18	05:20	EDP Free	M35/M40/M45	1104
2274	Tiago Geraldes	4964	00:53:18	05:20	EDP Free	Seniores Masculinos	436
2275	Celina Francisco	5284	00:53:18	05:20	Individual	Seniores Femininos	94
2276	Ana Maria Sá	3908	00:53:19	05:20	Individual	Seniores Femininos	95
2277	Francisco Cruz	2436	00:53:19	05:20	SSCGD-Secção Atletismo	M35/M40/M45	1105
2278	Elsa Água	3578	00:53:19	05:20	Individual	F35/F40/F45	130
2279	António José Félix Ninhos Ninhos	4979	00:53:20	05:20	Individual	M50/M55/M60	435
2280	Rui Amaral Pinto	845	00:53:20	05:20	Individual	M50/M55/M60	436
2281	João Correia	2369	00:53:21	05:21	SSCGD-Secção Atletismo	M50/M55/M60	437
2282	jorge neves	1899	00:53:21	05:21	Mucifalense	M50/M55/M60	438
2283	Luís Nabais	2354	00:53:21	05:21	EDP Free	M35/M40/M45	1106
2284	Fernando Silva	3452	00:53:22	05:21	Individual	M35/M40/M45	1107
2285	Telmo Sousa	839	00:53:22	05:21	Individual	M35/M40/M45	1108
2286	Anabela Ruivo	2331	00:53:22	05:21	Correr Lisboa	M35/M40/M45	1109
2287	Rui Santos	2427	00:53:23	05:21	SSCGD-Secção Atletismo	M50/M55/M60	439
2288	Bruno Antunes	5349	00:53:23	05:21	Individual	Seniores Masculinos	437
2289	MARIO FILIPE CRISTO PAULINO DURO	4022	00:53:24	05:21	Club Millenium BCP	M35/M40/M45	1110
2290	Margarida Martins	1453	00:53:24	05:21	Peniche a Correr	F50/F55/F60	21
2291	Bruno Oliveira	2628	00:53:24	05:21	GDCFidelidade	M35/M40/M45	1111
2292	Gonçalo Duarte	3660	00:53:24	05:21	GDC Banco de Portugal	Seniores Masculinos	438
2293	Sérgio Figueiredo	3431	00:53:25	05:21	Individual	Seniores Masculinos	439
2294	Alexandra Rodrigues	1503	00:53:25	05:21	Individual	F35/F40/F45	131
2295	João Valério	3557	00:53:26	05:21	LEBRES E TARTARUGAS	M50/M55/M60	440
2296	Luís Nunes	2641	00:53:26	05:21	GDCFidelidade	M35/M40/M45	1112
2297	João Filipe Martinho	336	00:53:27	05:21	Individual	Seniores Masculinos	440
2298	MANUELA GUERREIRO	3691	00:53:27	05:21	N. A. PAPAGAIOS DE CASCAIS	F50/F55/F60	22
2299	Aníbal Raimundo Neves	3006	00:53:27	05:21	Individual	M50/M55/M60	441
2300	Carlos Alberto Fernandes Candido Mendes Piteira	2164	00:53:27	05:21	Individual	M50/M55/M60	442
2301	Paulo Santos	1273	00:53:28	05:21	Serviços Sociais Montepio	Seniores Masculinos	441
2302	Andreia Carvalho	3548	00:53:28	05:21	Individual	Seniores Femininos	96

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2303	Nuno Fortes	4466	00:53:28	05:21	Individual	M35/M40/M45	1113
2304	Catarina Lamego	1085	00:53:29	05:21	Individual	Seniores Femininos	97
2305	Marco Alexandre Silva	2226	00:53:29	05:21	Individual	M35/M40/M45	1114
2306	Hélio Bruno	1525	00:53:30	05:21	Peniche a Correr	M35/M40/M45	1115
2307	Diogo Vieira Vieira	2240	00:53:30	05:21	Individual	M35/M40/M45	1116
2308	Paulo Sousa	4238	00:53:30	05:21	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	1117
2309	Ann Macpherson	774	00:53:32	05:22	Individual	F35/F40/F45	132
2310	FERNANDO FIGUEIREDO	3202	00:53:32	05:22	Individual	M35/M40/M45	1118
2311	João Ventura	1362	00:53:32	05:22	Individual	M35/M40/M45	1119
2312	Luis Ribeiro	3086	00:53:32	05:22	CPA	M35/M40/M45	1120
2313	André Cardoso	2487	00:53:33	05:22	Individual	M35/M40/M45	1121
2314	Paulo Dias	2850	00:53:33	05:22	Palmeiras	M50/M55/M60	443
2315	Roberto Borges	346	00:53:33	05:22	Individual	M50/M55/M60	444
2316	Catarina Honorato	3764	00:53:35	05:22	Peniche a Correr	F35/F40/F45	133
2317	Aires Ildefonso	2329	00:53:35	05:22	Individual	M50/M55/M60	445
2318	Marco Miguel	694	00:53:35	05:22	Individual	M35/M40/M45	1122
2319	Miguel Marques	4623	00:53:35	05:22	Individual	M50/M55/M60	446
2320	Júlio Cruz Barroso	5126	00:53:35	05:22	Individual	M50/M55/M60	447
2321	Joaquim Costa	1740	00:53:35	05:22	Individual	M50/M55/M60	448
2322	João Filipe Henriques	2362	00:53:36	05:22	SSCGD-Secção Atletismo	M35/M40/M45	1123
2323	Sérgia Narciso	4888	00:53:36	05:22	Individual	F50/F55/F60	23
2324	Gonçalo Franca	5048	00:53:36	05:22	Individual	M50/M55/M60	449
2325	Rui Viegas Faria	3303	00:53:37	05:22	Individual	M35/M40/M45	1124
2326	Celio Anastacio	1422	00:53:37	05:22	Individual	M35/M40/M45	1125
2327	Teresa Paula NULL	122	00:53:37	05:22	VIP_EDP	F50/F55/F60	24
2328	Rui Reis	901	00:53:37	05:22	Individual	M35/M40/M45	1126
2329	Nuno Sousa Gomes	446	00:53:37	05:22	Clube EDP - Lisboa	M35/M40/M45	1127
2330	Narciso Chaves	4802	00:53:37	05:22	Individual	M35/M40/M45	1128
2331	Susan Pereira	3614	00:53:38	05:22	Individual	F35/F40/F45	134
2332	Paul Ascenção Ascenção	1519	00:53:38	05:22	Individual	M35/M40/M45	1129
2333	Ricardo Carvalho	3944	00:53:38	05:22	Individual	M35/M40/M45	1130
2334	Artur Carvalho	832	00:53:39	05:22	Individual	M35/M40/M45	1131
2335	Hugo Costa	668	00:53:39	05:22	Individual	M35/M40/M45	1132
2336	Diogo Arraias	416	00:53:41	05:23	Os Arraias	M50/M55/M60	450
2337	Bruno Seabra	593	00:53:41	05:23	Meias e Minis	M35/M40/M45	1133
2338	Sandra Arraias	417	00:53:41	05:23	Os Arraias	F35/F40/F45	135
2339	Fernando Silva	1914	00:53:42	05:23	Individual	M50/M55/M60	451
2340	Bruno Ferreira	3545	00:53:42	05:23	Individual	Seniores Masculinos	442
2341	Teodoro Trindade	1246	00:53:42	05:23	RUN 4 FUN	M50/M55/M60	452
2342	Dinis Silva	3558	00:53:43	05:23	Individual	M50/M55/M60	453
2343	Vanessa Leite	2499	00:53:43	05:23	Individual	F35/F40/F45	136
2344	Fernando Jorge Monteiro Mendes	3368	00:53:44	05:23	Individual	M35/M40/M45	1134
2345	ANA ALMEIDA	2217	00:53:44	05:23	Santander Totta	F35/F40/F45	137
2346	PAULO VAZ ANTUNES	5451	00:53:45	05:23	Individual	M35/M40/M45	1135
2347	Henrique Rodrigues	538	00:53:46	05:23	Individual	M35/M40/M45	1136
2348	Fernando Gonçalves	4660	00:53:47	05:23	Individual	M35/M40/M45	1137
2349	Luís Silva	2747	00:53:47	05:23	Individual	Seniores Masculinos	443
2350	Rui Pedro Amador Campos de Almeida	1378	00:53:48	05:23	Individual	M35/M40/M45	1138

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2351	Pedro Faria	2127	00:53:48	05:23	Santander Totta	M35/M40/M45	1139
2352	Paulo Bettencourt	283	00:53:49	05:23	Individual	M50/M55/M60	454
2353	José António	460	00:53:49	05:23	Breakaway	M50/M55/M60	455
2354	Patricia Marujo	4761	00:53:50	05:23	PROSEGUR	Seniores Femininos	98
2355	MARIO BOTAS CAMPOS	4065	00:53:50	05:23	Club Millenium BCP	M50/M55/M60	456
2356	Cristina Portugal	590	00:53:50	05:23	Meias e Minis	F35/F40/F45	138
2357	fernando manuel augusto curto curto	3993	00:53:50	05:23	Individual	M35/M40/M45	1140
2358	Helder Gomes	3814	00:53:51	05:24	Individual	M35/M40/M45	1141
2359	Pedro Lau	5386	00:53:52	05:24	Individual	M35/M40/M45	1142
2360	Luis Proença	526	00:53:52	05:24	Individual	M35/M40/M45	1143
2361	Susana Gomes	1483	00:53:53	05:24	Individual	F35/F40/F45	139
2362	Samuel Ferreira Ferreira	4870	00:53:53	05:24	Individual	M35/M40/M45	1144
2363	Rita Mogo	3656	00:53:53	05:24	Santander Totta I	Seniores Femininos	99
2364	Meagan Carty	831	00:53:54	05:24	Individual	F35/F40/F45	140
2365	Rafaela Gonçalves	1605	00:53:54	05:24	Individual	Seniores Femininos	100
2366	Diogo Barata	507	00:53:54	05:24	Individual	M35/M40/M45	1145
2367	Elin Forzelius	5043	00:53:55	05:24	Individual	Seniores Femininos	101
2368	Fortunato João Rosado Mulas	4683	00:53:55	05:24	Individual	M35/M40/M45	1146
2369	Hugo Pereira	1490	00:53:56	05:24	Individual	Seniores Masculinos	444
2370	Rui de Almeida	530	00:53:56	05:24	Individual	M35/M40/M45	1147
2371	FILOMENA SANTOS	3121	00:53:56	05:24	Individual	F35/F40/F45	141
2372	Pedro Miguel Pereira Santos Santos	4767	00:53:56	05:24	Individual	Seniores Masculinos	445
2373	João Paulo Correia Carril	3665	00:53:56	05:24	Individual	M50/M55/M60	457
2374	Isabel Rodrigues	3261	00:53:57	05:24	ADCR Polícia Judiciária	F35/F40/F45	142
2375	Antonio Castanera	5499	00:53:57	05:24	Individual	M35/M40/M45	1148
2376	Paulo Sá	1076	00:53:58	05:24	Individual	M35/M40/M45	1149
2377	Jorge Modesto Modesto	3677	00:54:00	05:24	Individual	M35/M40/M45	1150
2378	Helder Martins	3576	00:54:00	05:24	Individual	M35/M40/M45	1151
2379	João Reis	1460	00:54:00	05:24	Individual	M50/M55/M60	458
2380	Pedro Almeida	5269	00:54:00	05:24	Premium Runners	M50/M55/M60	459
2381	Antonio Guerreiro	5423	00:54:01	05:25	Individual	M50/M55/M60	460
2382	Maria João Rocha	533	00:54:01	05:25	Individual	F35/F40/F45	143
2383	Maria Antónia Saldanha	3695	00:54:01	05:25	Individual	F35/F40/F45	144
2384	Pedro Miguel dos Santos Pereira	2837	00:54:02	05:25	Clube PT - zcs	M35/M40/M45	1152
2385	Luís Miguel Paquete Duarte	1371	00:54:02	05:25	Individual	M50/M55/M60	461
2386	Pedro Vinhas Nunes	495	00:54:03	05:25	Individual	M35/M40/M45	1153
2387	Cristiano Pereira	3475	00:54:03	05:25	Individual	Seniores Masculinos	446
2388	Luis Fragoso	3474	00:54:03	05:25	Individual	M35/M40/M45	1154
2389	Dmitry Sorokin	2163	00:54:03	05:25	Individual	M35/M40/M45	1155
2390	Carlos Manuel Morgado Pereira	442	00:54:04	05:25	Clube EDP - Lisboa	M50/M55/M60	462
2391	Bruno Rodrigues	1455	00:54:04	05:25	Serviços Sociais Montepio	M35/M40/M45	1156
2392	Fernando Pereira Pereira	1886	00:54:04	05:25	Individual	M35/M40/M45	1157
2393	Ana Veiga	3992	00:54:06	05:25	Individual	Seniores Femininos	102
2394	Patricia Lopes	1489	00:54:07	05:25	Individual	F35/F40/F45	145
2395	José Vaz	4420	00:54:07	05:25	Individual	Seniores Masculinos	447
2396	André Sousa	4648	00:54:07	05:25	Individual	Seniores Masculinos	448
2397	Ricardo Miranda	2810	00:54:08	05:25	Individual	M35/M40/M45	1158
2398	João Correia Botelho	4112	00:54:08	05:25	Individual	M35/M40/M45	1159

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2399	António Oliveira	3672	00:54:09	05:25	Individual	M50/M55/M60	463
2400	Jorge Rocha	2085	00:54:09	05:25	Individual	M35/M40/M45	1160
2401	Luis Antunes	4671	00:54:10	05:25	Individual	Seniores Masculinos	449
2402	Nuno Francisco	3272	00:54:10	05:25	Individual	M35/M40/M45	1161
2403	Filipa Francisco	3273	00:54:10	05:25	Individual	F35/F40/F45	146
2404	MARIA GORETI FERNANDES	1560	00:54:11	05:26	Individual	F50/F55/F60	25
2405	Henrique Santos	4293	00:54:11	05:26	DMC Juventude Atlético Clube	M50/M55/M60	464
2406	Jorge Sousa	1417	00:54:12	05:26	Serviços Sociais Montepio	M35/M40/M45	1162
2407	Lisa Santos	3526	00:54:12	05:26	Individual	F35/F40/F45	147
2408	Carlos Cortês	1447	00:54:12	05:26	Individual	M50/M55/M60	465
2409	Flávia Brito Brito	2094	00:54:12	05:26	Individual	Seniores Femininos	103
2410	Paulo Morais	1442	00:54:13	05:26	CCDTMETROLX	M35/M40/M45	1163
2411	Nuno Graça	2891	00:54:13	05:26	Individual	M35/M40/M45	1164
2412	Pedro Pacheco Pacheco	2890	00:54:13	05:26	Individual	M35/M40/M45	1165
2413	Jose Castro	835	00:54:14	05:26	Individual	M50/M55/M60	466
2414	Nuno Almeida	919	00:54:14	05:26	CCD PM CASCAIS	M35/M40/M45	1166
2415	Rodrigo Sousa	1283	00:54:15	05:26	RunLovers	M35/M40/M45	1167
2416	JOAO JANICAS	4630	00:54:15	05:26	Individual	Seniores Masculinos	450
2417	Carlos Tenório	3560	00:54:15	05:26	Individual	M50/M55/M60	467
2418	Carla Morgado	2167	00:54:16	05:26	Individual	F35/F40/F45	148
2419	Nuno Costa	2383	00:54:16	05:26	SSCGD-Secção Atletismo	M35/M40/M45	1168
2420	Nuno Rosado Rosado	4641	00:54:17	05:26	Individual	M35/M40/M45	1169
2421	Rui Tomás	1278	00:54:17	05:26	Individual	M35/M40/M45	1170
2422	Jorge Coelho	541	00:54:17	05:26	Individual	M35/M40/M45	1171
2423	Maria Augusta Vieira	2548	00:54:18	05:26	Técnico Rugby Running Team	F35/F40/F45	149
2424	David Cavalheiro	3460	00:54:18	05:26	Individual	Seniores Masculinos	451
2425	Bruno Dos Santos Dos Santos	4390	00:54:20	05:26	Individual	M35/M40/M45	1172
2426	Elsa Loureiro	2051	00:54:20	05:26	Santander Totta	F35/F40/F45	150
2427	Luísa Palminhas	3411	00:54:20	05:26	Individual	F35/F40/F45	151
2428	José Garcia	4963	00:54:20	05:26	Individual	M35/M40/M45	1173
2429	Ana Gonçalves	594	00:54:20	05:26	Meias e Minis	F35/F40/F45	152
2430	Dora Camara Camara	4675	00:54:21	05:27	Individual	F35/F40/F45	153
2431	BERTO MARINHO	1576	00:54:21	05:27	Individual	M50/M55/M60	468
2432	Marcos Madeira	552	00:54:22	05:27	Individual	M35/M40/M45	1174
2433	CARLOS PENA	1056	00:54:23	05:27	Individual	M35/M40/M45	1175
2434	Maria da Luz Conchinha	943	00:54:23	05:27	Individual	F50/F55/F60	26
2435	Anibal Coelho	3528	00:54:23	05:27	Santander Totta I	M50/M55/M60	469
2436	Ricardo Dias	4661	00:54:24	05:27	Individual	M35/M40/M45	1176
2437	Filipe Pombo	3594	00:54:24	05:27	Individual	M35/M40/M45	1177
2438	Hugo Gaspar	3436	00:54:24	05:27	CM Lisboa Rafael Pereira	M35/M40/M45	1178
2439	Armando Correia	597	00:54:24	05:27	Individual	M35/M40/M45	1179
2440	LUIS REBELO	3555	00:54:24	05:27	Individual	M35/M40/M45	1180
2441	Joana Pereira	1588	00:54:25	05:27	Individual	Seniores Femininos	104
2442	Vasco Andre Picamilho	2944	00:54:25	05:27	Tranquilidade	M35/M40/M45	1181
2443	José Dias	4646	00:54:26	05:27	Individual	M50/M55/M60	470
2444	Paula Neto	1556	00:54:26	05:27	Individual	F50/F55/F60	27
2445	Nuno Mateus	600	00:54:27	05:27	Individual	M35/M40/M45	1182
2446	Dulce Nogueira Ramos	4078	00:54:27	05:27	Club Millenium BCP	F35/F40/F45	154

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.	
2447	Vanda Ferreira	595	00:54:27	05:27	Individual	F35/F40/F45	155	
2448	João Melo	440	00:54:28	05:27	Individual	M35/M40/M45	1183	
2449	Susana Vicente	5143	00:54:28	05:27	Individual	F35/F40/F45	156	
2450	Nuno Côrte-Real	4676	00:54:29	05:27	Individual	M50/M55/M60	471	
2451	Zuzka Simulcikova	343	00:54:30	05:27	Individual	Seniores Femininos	105	
2452	Mário Ferro	4200	00:54:30	05:27	Individual	M50/M55/M60	472	
2453	Nuno Rafael	6053	00:54:31	05:28	Casa Benfica	Algueirão Mem Martins	M35/M40/M45	1184
2454	migue Melo	608	00:54:31	05:28	Individual	M50/M55/M60	473	
2455	MANUEL ANTONIO SANTOS LOPES	4077	00:54:31	05:28	Club Millenium BCP	M35/M40/M45	1185	
2456	Carina Pina	3510	00:54:31	05:28	Individual	Seniores Femininos	106	
2457	Joaquim Fonseca	1535	00:54:32	05:28	Federação da Família para a Paz Mundial e Unificação	M50/M55/M60	474	
2458	Carlos Amorim	3147	00:54:32	05:28	Moinho da Juventude - Fundação Benfica	Correr Queluz	M50/M55/M60	475
2459	Miguel Redmont	1887	00:54:32	05:28	Individual	M35/M40/M45	1186	
2460	Vera Carvalho	1999	00:54:33	05:28	Individual	Seniores Femininos	107	
2461	Nuno Amaro	2963	00:54:33	05:28	Individual	M35/M40/M45	1187	
2462	Fernando Tristão	2493	00:54:33	05:28	Individual	M35/M40/M45	1188	
2463	SOFIA TRISTÃO	2494	00:54:33	05:28	Correr Loures	F35/F40/F45	157	
2464	Orlando Freitas	5288	00:54:33	05:28	Individual	Seniores Masculinos	452	
2465	Susana Sousa	1390	00:54:34	05:28	Individual	Seniores Femininos	108	
2466	Margarida Santos	195	00:54:34	05:28	Individual	Seniores Femininos	109	
2467	Ana Luisa Pimenta	2547	00:54:34	05:28	Técnico Rugby	Running Team	F35/F40/F45	158
2468	André Bernardino Ribeiro Barata Barbosa	869	00:54:36	05:28	Zêzere	TREK	Seniores Masculinos	453
2469	Amilcar Póvoa	557	00:54:36	05:28	Individual	M50/M55/M60	476	
2470	Rodrigo Cardoso	1486	00:54:37	05:28	Individual	Juniores Masculinos	49	
2471	Rafael Gouveia	5018	00:54:37	05:28	Individual	Seniores Masculinos	454	
2472	Carlos Leão	649	00:54:37	05:28	Individual	M50/M55/M60	477	
2473	Maria Franco Silva	1469	00:54:37	05:28	Individual	F50/F55/F60	28	
2474	Catarina Amaro	5107	00:54:38	05:28	Individual	Seniores Femininos	110	
2475	Henrique Costa	1893	00:54:38	05:28	Individual	Seniores Masculinos	455	
2476	Paulo Rosário	3564	00:54:39	05:28	Individual	M50/M55/M60	478	
2477	Claudia Gonzaga	1573	00:54:39	05:28	Individual	F35/F40/F45	159	
2478	Jorge paulino	1369	00:54:39	05:28	Individual	M50/M55/M60	479	
2479	Margarida Cruz	2552	00:54:39	05:28	Individual	Seniores Femininos	111	
2480	Carlos Cagica	4754	00:54:40	05:28	Individual	M50/M55/M60	480	
2481	Gonçalo Pombo	3595	00:54:40	05:28	Pés de Chumbo	Seniores Masculinos	456	
2482	Pedro Martinho	1383	00:54:40	05:28	Individual	M35/M40/M45	1189	
2483	Paulo Soares	4751	00:54:40	05:28	Individual	M35/M40/M45	1190	
2484	Luis Reis	1962	00:54:40	05:28	collaborator	EDP	M50/M55/M60	481
2485	Ana Amorim	196	00:54:40	05:28	Individual	Seniores Femininos	112	
2486	Mário Pinho	3712	00:54:41	05:29	Grupo Desportivo e Cultural dos Empregados do Banco BPI	M50/M55/M60	482	
2487	Bruno Mateus	2253	00:54:42	05:29	Prova de Deficientes	Motores Cadeira de Rodas	M35/M40/M45	1191
2488	Ana Raposo	1484	00:54:43	05:29	Individual	F35/F40/F45	160	
2489	Rozires Ferreira	2028	00:54:43	05:29	Individual	F35/F40/F45	161	
2490	Paulo Martins	1462	00:54:43	05:29	Individual	M35/M40/M45	1192	
2491	António Bruno	1497	00:54:43	05:29	Individual	M35/M40/M45	1193	
2492	José Manuel Barata Gonçalves	1011	00:54:44	05:29	Individual	M50/M55/M60	483	
2493	Mónica Migueis	4867	00:54:44	05:29	Tranquilidade	F35/F40/F45	162	
2494	Gonçalo Azevedo	242	00:54:44	05:29	Individual	Geral Masculina	2179	

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2495	Miguel Moia	241	00:54:45	05:29	Individual	M35/M40/M45	1194
2496	Vitor Coropos	1800	00:54:45	05:29	collaborator EDP	M35/M40/M45	1195
2497	RITA QUEIROZ	2430	00:54:45	05:29	SSCGD-Secção Atletismo	F35/F40/F45	163
2498	Pedro Dias	1953	00:54:45	05:29	Santander Totta	M35/M40/M45	1196
2499	Anabela Salazar	1621	00:54:46	05:29	Clube Futebol "Os Belenenses"	F35/F40/F45	164
2500	António Boavida	2894	00:54:47	05:29	Individual	M50/M55/M60	484
2501	Carlos Martins	2623	00:54:47	05:29	Individual	M35/M40/M45	1197
2502	Vitor Moura	1473	00:54:47	05:29	Individual	M35/M40/M45	1198
2503	André Chanoca Chanoca	373	00:54:47	05:29	Individual	M35/M40/M45	1199
2504	EDUARDO MOUTINHO	927	00:54:48	05:29	Individual	M35/M40/M45	1200
2505	Paulo Morais	6108	00:54:48	05:29	Clube Futebol "Os Belenenses"	M35/M40/M45	1201
2506	Iria Fátima Esteves	630	00:54:48	05:29	Individual	F35/F40/F45	165
2507	Carlos Gonçalves	4970	00:54:48	05:29	EDP Free	M35/M40/M45	1202
2508	Ricardo Valente	2492	00:54:49	05:29	Individual	Seniores Masculinos	457
2509	Marcelo Valentim Gomes	4495	00:54:50	05:29	Centro de Marcha e Corrida Grândola	Seniores Masculinos	458
2510	Gonçalo Domingos	3533	00:54:51	05:30	Individual	M35/M40/M45	1203
2511	Helena Leitão	1509	00:54:51	05:30	Individual	F35/F40/F45	166
2512	Antonio Manuel da SILVA FERREIRA Antonio FERREIRA	689	00:54:51	05:30	Individual	M50/M55/M60	485
2513	Umbelina Nunes	4879	00:54:52	05:30	Individual	F50/F55/F60	29
2514	António Santos	1446	00:54:53	05:30	Individual	M35/M40/M45	1204
2515	João Medronho	5297	00:54:53	05:30	Individual	Seniores Masculinos	459
2516	joao santos santos	1082	00:54:53	05:30	Individual	M50/M55/M60	486
2517	Vanda Augusto	4276	00:54:54	05:30	Individual	F50/F55/F60	30
2518	Gonçalo Coelho	4628	00:54:54	05:30	Individual	Juniores Masculinos	50
2519	Rui Aldeano	3698	00:54:54	05:30	Individual	Seniores Masculinos	460
2520	Pedro Hipólito	1587	00:54:55	05:30	Individual	M35/M40/M45	1205
2521	José Filipe	1785	00:54:55	05:30	collaborator EDP	Seniores Femininos	113
2522	Mariana Farinha	3682	00:54:55	05:30	Individual	Seniores Femininos	114
2523	Ana Santos	3586	00:54:55	05:30	Moinho da Juventude - Fundação Benfica Correr Queluz	F35/F40/F45	167
2524	Varela São	3117	00:54:55	05:30	Moinho da Juventude - Fundação Benfica Correr Queluz	F35/F40/F45	168
2525	ISABEL SANTOS	1031	00:54:55	05:30	LOURDETE PERFUMARIAS	F50/F55/F60	31
2526	Telma Vilares	6398	00:54:55	05:30	Individual	F35/F40/F45	169
2527	António Faria	301	00:54:56	05:30	Individual	M50/M55/M60	487
2528	MARIA DINIS	2971	00:54:56	05:30	Individual	Juniores Femininos	11
2529	RODRIGO HENRIQUE FERNANDES DIAS DIAS	2672	00:54:56	05:30	Santander Totta DICASA	Seniores Masculinos	461
2530	Paulo Jorge Martinho Fernandes Fernandes	3752	00:54:56	05:30	Individual	Seniores Masculinos	462
2531	Ana Neto	4278	00:54:56	05:30	Individual	F35/F40/F45	170
2532	JOSE DINIS	2968	00:54:56	05:30	Individual	M50/M55/M60	488
2533	Den Chuang	3457	00:54:57	05:30	Individual	Seniores Masculinos	463
2534	Nuno Filipe Torres	4875	00:54:58	05:30	TVI	Seniores Masculinos	464
2535	Ana Alexandra Alves Garrido da Silva	3284	00:54:58	05:30	Santander Totta I PREMIUM RUNNERS	F35/F40/F45	171
2536	Jaime Silva	2853	00:54:59	05:30	Individual	M35/M40/M45	1206
2537	Ana Serrão	3605	00:54:59	05:30	Clube Futebol "Os Belenenses"	Seniores Femininos	115
2538	Jorge Esteves Esteves	2815	00:54:59	05:30	Individual	Seniores Masculinos	465
2539	Luis Santos	4171	00:55:00	05:30	PROSEGUR	M35/M40/M45	1207
2540	Miguel Dantas	3028	00:55:01	05:31	Individual	M35/M40/M45	1208
2541	Sonia Cruz	2159	00:55:01	05:31	Correr Soc Reg Da Granja	F35/F40/F45	172
2542	Rita Certã	3148	00:55:02	05:31	CM Lisboa Tartarugas Solidárias	F35/F40/F45	173

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2543	Margarida Pires	3512	00:55:02	05:31	Metropolitano de Lisboa	Juniores Femininos	12
2544	Nuno Sílvia Dias Ferreira	3809	00:55:03	05:31	Individual	M35/M40/M45	1209
2545	Nuno Batista	3734	00:55:03	05:31	Individual	M35/M40/M45	1210
2546	Vasco Lavado	520	00:55:04	05:31	Individual	M35/M40/M45	1211
2547	Cláudia Inácio	1437	00:55:04	05:31	Individual	Seniores Femininos	116
2548	Bruno Geraldes	1275	00:55:05	05:31	Individual	M35/M40/M45	1212
2549	Rui Luís	2166	00:55:05	05:31	Individual	M35/M40/M45	1213
2550	Hélder Branco	2201	00:55:06	05:31	Clube Vodafone	M35/M40/M45	1214
2551	Ana Cardoso	1820	00:55:06	05:31	collaborator EDP	Seniores Femininos	117
2552	José Alves	1752	00:55:06	05:31	collaborator EDP	M50/M55/M60	489
2553	Nuno Mestre	4220	00:55:07	05:31	PROSEGUR	M35/M40/M45	1215
2554	HUGO TIMOTEO	3758	00:55:08	05:31	Individual	Seniores Masculinos	466
2555	ANTONIO ALVES	3428	00:55:08	05:31	MARRIOTT LISBOA	M50/M55/M60	490
2556	João Cunha Silva	1522	00:55:08	05:31	Individual	Seniores Masculinos	467
2557	Paulo Castanheira	2040	00:55:09	05:31	Individual	M35/M40/M45	1216
2558	Pedro Igreja	881	00:55:09	05:31	Individual	M35/M40/M45	1217
2559	Ana Rute Panela	2816	00:55:10	05:31	Tranquilidade TAC	F35/F40/F45	174
2560	Nelson Melo Melo	1520	00:55:10	05:31	Individual	M35/M40/M45	1218
2561	Bruno Marques	3704	00:55:10	05:31	Treinar, Comer e ser Feliz	M35/M40/M45	1219
2562	Sofia Morgado	1546	00:55:10	05:31	Grupo Desportivo O Independente - Barreiro	F35/F40/F45	175
2563	Luis Gatinho	2037	00:55:11	05:32	Santander Totta	M35/M40/M45	1220
2564	rui miguel rodrigues perdigao perdigao	3607	00:55:12	05:32	Individual	M35/M40/M45	1221
2565	Diogo Fonseca e Silva	3401	00:55:12	05:32	TVI Grupo Corridinha	M35/M40/M45	1222
2566	Antonio Fonseca	2983	00:55:12	05:32	Individual	M35/M40/M45	1223
2567	Caio Costa	2021	00:55:12	05:32	Individual	Seniores Masculinos	468
2568	Luis Custodio	3025	00:55:13	05:32	Santander Totta I	F35/F40/F45	176
2569	Nuno Vicente	899	00:55:13	05:32	Individual	M35/M40/M45	1224
2570	Antonio Jose Gaspar Pombinho Pombinho	256	00:55:13	05:32	Individual	M50/M55/M60	491
2571	Pedro Cebola	1799	00:55:14	05:32	collaborator EDP	M35/M40/M45	1225
2572	Maria Fontes	1821	00:55:14	05:32	collaborator EDP	M35/M40/M45	1226
2573	Diana Soraia Morais	2074	00:55:14	05:32	Lebre d'Avenida de Roma	Seniores Femininos	118
2574	Dina Silva	316	00:55:14	05:32	Individual	Seniores Femininos	119
2575	Carmina Pires Pires	3670	00:55:16	05:32	Individual	F50/F55/F60	32
2576	Ravion Clémentine	940	00:55:16	05:32	Individual	Seniores Femininos	120
2577	Fernando Silva	2176	00:55:16	05:32	Individual	M35/M40/M45	1227
2578	Susana Pina Pereira	4721	00:55:17	05:32	Individual	F35/F40/F45	177
2579	João Cunha Lopes	4722	00:55:17	05:32	Individual	M35/M40/M45	1228
2580	Paulo Cruz	1476	00:55:17	05:32	Individual	M35/M40/M45	1229
2581	Pedro Matos Viegas Chedas Fernandes	2951	00:55:18	05:32	Individual	Seniores Masculinos	469
2582	Luis Pereira	4758	00:55:20	05:32	Individual	Seniores Masculinos	470
2583	CARLOS LOPES	311	00:55:20	05:32	Individual	M50/M55/M60	492
2584	João Vagos	1527	00:55:21	05:33	Peniche a Correr	M35/M40/M45	1230
2585	Rita Costa	1347	00:55:21	05:33	Individual	Seniores Femininos	121
2586	Bruno Santos	1240	00:55:22	05:33	Individual	Juniores Masculinos	51
2587	Rui Miguel Rordrigues Palma	2387	00:55:22	05:33	SSCGD-Secção Atletismo	M35/M40/M45	1231
2588	Carla Serrano	3146	00:55:23	05:33	Moinho da Juventude - Fundação Benfca Correr Queluz	F35/F40/F45	178
2589	Jose Dias	3770	00:55:23	05:33	Moinho da Juventude - Fundação Benfca Correr Queluz	M35/M40/M45	1232
2590	João Prehaz	751	00:55:23	05:33	Individual	M50/M55/M60	493

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2591	Julio Dias	4629	00:55:24	05:33	Individual	M35/M40/M45	1233
2592	João Rito	612	00:55:24	05:33	Individual	M50/M55/M60	494
2593	Paulo Prudêncio	1511	00:55:24	05:33	Asas nos Pés	M50/M55/M60	495
2594	Marco Aparício	454	00:55:25	05:33	Individual	M35/M40/M45	1234
2595	João Silva	3819	00:55:26	05:33	Individual	Seniores Masculinos	471
2596	António Morgado	2092	00:55:26	05:33	Individual	M50/M55/M60	496
2597	Paulo João	3771	00:55:26	05:33	Individual	M50/M55/M60	497
2598	FABIO MONTEIRO	5286	00:55:26	05:33	Individual	Seniores Masculinos	472
2599	Catarina Linhares de Lima	3897	00:55:26	05:33	Individual	F50/F55/F60	33
2600	Bila Antonio	4643	00:55:26	05:33	Individual	M50/M55/M60	498
2601	Alexandre Ribeiro	4658	00:55:27	05:33	Individual	M35/M40/M45	1235
2602	Maria João Carvalho	2002	00:55:27	05:33	Individual	F35/F40/F45	179
2603	Antonio fernandes Cruz	3551	00:55:28	05:33	Individual	M50/M55/M60	499
2604	Hugo Henriques	3385	00:55:30	05:33	Individual	M35/M40/M45	1236
2605	paulo falcao	2125	00:55:31	05:34	collaborator EDP	Seniores Masculinos	473
2606	Cristina Cunha	2337	00:55:31	05:34	Individual	F35/F40/F45	180
2607	Helena Pereira	1543	00:55:31	05:34	Individual	F35/F40/F45	181
2608	Paula Correia	1515	00:55:31	05:34	Asas nos Pés	F35/F40/F45	182
2609	Jorge Viais	1770	00:55:32	05:34	collaborator EDP	M35/M40/M45	1237
2610	José Barata	3488	00:55:32	05:34	GRCD Leião	M50/M55/M60	500
2611	José Oliveira	3674	00:55:33	05:34	Individual	Seniores Masculinos	474
2612	nuno pinheiro	3200	00:55:34	05:34	Santander Totta I	M35/M40/M45	1238
2613	Gil NULL	132	00:55:34	05:34	VIP_EDP	M35/M40/M45	1239
2614	Carlos Batista	1938	00:55:34	05:34	collaborator EDP	Seniores Masculinos	475
2615	Ricardo Miguel da Silva Alves Alves	3572	00:55:34	05:34	TVI	M35/M40/M45	1240
2616	Jorge Cardoso Farinha	136	00:55:34	05:34	PSP - Chefe Farinha	M50/M55/M60	501
2617	Tiago Alves	2823	00:55:35	05:34	Individual	Seniores Masculinos	476
2618	Ricardo Lampreia	1459	00:55:35	05:34	Individual	M35/M40/M45	1241
2619	Rui Costa	4892	00:55:35	05:34	Individual	Seniores Masculinos	477
2620	ARTUR ANTÓNIO INÁCIO FARINHA	1657	00:55:36	05:34	Individual	M50/M55/M60	502
2621	Sandro Prates	431	00:55:36	05:34	Individual	M35/M40/M45	1242
2622	José Manuel Henriques	582	00:55:37	05:34	Individual	M35/M40/M45	1243
2623	Luis Matos	2091	00:55:37	05:34	collaborator EDP	M50/M55/M60	503
2624	JOÃO PEREIRA	4116	00:55:38	05:34	Individual	M50/M55/M60	504
2625	José Gouveia	1405	00:55:38	05:34	Asas nos Pés	M50/M55/M60	505
2626	Andreia Vieira	2899	00:55:38	05:34	Individual	Seniores Femininos	122
2627	SILVERIO ALBERTO MARTINS RODRIGUES RODRIGUES	5052	00:55:38	05:34	Individual	M35/M40/M45	1244
2628	Nuno Andrade	4654	00:55:39	05:34	Individual	M35/M40/M45	1245
2629	Graciano Nunes da Silva Silva	3832	00:55:40	05:34	TVI	M50/M55/M60	506
2630	Paulo Marques	279	00:55:40	05:34	Individual	Seniores Masculinos	478
2631	João Osório	971	00:55:41	05:35	Individual	M35/M40/M45	1246
2632	Bruno Cruz	3826	00:55:42	05:35	Individual	Seniores Masculinos	479
2633	Luis Albuquerque	3946	00:55:42	05:35	Individual	M35/M40/M45	1247
2634	Manuel Nina	2507	00:55:43	05:35	Individual	Seniores Masculinos	480
2635	Nuno Nunes	1575	00:55:43	05:35	Individual	M35/M40/M45	1248
2636	Marcos José Pereira Pinto	3380	00:55:44	05:35	TVI	M35/M40/M45	1249
2637	Inês Albuquerque	3680	00:55:44	05:35	Treinar, Comer e ser Feliz	F35/F40/F45	183
2638	Helena Sousa	838	00:55:44	05:35	Individual	F35/F40/F45	184

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2639	Fernando Marques	1832	00:55:45	05:35	collaborator EDP	M50/M55/M60	507
2640	João Ribeiro	399	00:55:46	05:35	Individual	Seniores Masculinos	481
2641	Joana Caldeira	4519	00:55:46	05:35	Reinaldo Gomes	F35/F40/F45	185
2642	Celeste Almeida	2987	00:55:47	05:35	EDP Free	F35/F40/F45	186
2643	Carlos Manuel Benavente Oliveira	2185	00:55:49	05:35	Clube PT - zcs	M50/M55/M60	508
2644	LUIS CATITA	1885	00:55:49	05:35	Individual	M50/M55/M60	509
2645	Alfredo Reis	4898	00:55:49	05:35	Individual	M50/M55/M60	510
2646	Bruno Guerreiro	3502	00:55:51	05:36	Individual	M35/M40/M45	1250
2647	Vera Jorge Lopes	4399	00:55:52	05:36	Delta A.M. 18 de Maio	F35/F40/F45	187
2648	nuno rocha	4468	00:55:52	05:36	Individual	M35/M40/M45	1251
2649	João Caroço	5147	00:55:53	05:36	Individual	M50/M55/M60	511
2650	André Figueiredo	1023	00:55:54	05:36	Individual	M35/M40/M45	1252
2651	Bernardo Fernandes	2199	00:55:54	05:36	Clube Vodafone	Seniores Masculinos	482
2652	João Neves	2727	00:55:54	05:36	Individual	M35/M40/M45	1253
2653	Edmilton José da Silva Silva	826	00:55:55	05:36	Individual	M35/M40/M45	1254
2654	Sandra Rodrigues	4218	00:55:55	05:36	Clube Ferroviário de Portugal	F35/F40/F45	188
2655	Bruno Abrantes Abrantes	876	00:55:56	05:36	Falcões Selvagens	M35/M40/M45	1255
2656	JAIME AFONSO	4647	00:55:56	05:36	Individual	M50/M55/M60	512
2657	Eurico Nicho	4179	00:55:57	05:36	Individual	M50/M55/M60	513
2658	Catarina Nicho	4203	00:55:57	05:36	Individual	F50/F55/F60	34
2659	Rodrigo Manuel Peralta Peguicha	4794	00:55:57	05:36	Individual	M35/M40/M45	1256
2660	Marlene Verissimo	1040	00:55:58	05:36	Individual	Seniores Femininos	123
2661	RITA FACHADAS	3780	00:55:58	05:36	Individual	Seniores Femininos	124
2662	Gil Dias	1547	00:55:59	05:36	Individual	Seniores Masculinos	483
2663	Tânia Sales	2996	00:55:59	05:36	Hotel Dom Pedro Pump Runers	F35/F40/F45	189
2664	Luis Fernandes	3996	00:55:59	05:36	Individual	M35/M40/M45	1257
2665	Pedro Gutierrez	4380	00:56:00	05:36	Individual	M35/M40/M45	1258
2666	RITA COSTA	2973	00:56:00	05:36	Individual	F35/F40/F45	190
2667	LUIS DA SILVA	4063	00:56:01	05:37	Club Millenium BCP	M35/M40/M45	1259
2668	Luis Oliveira	2339	00:56:01	05:37	Individual	M35/M40/M45	1260
2669	Rui Serafim	946	00:56:01	05:37	Individual	M35/M40/M45	1261
2670	Frederico Esteves Ferreira	3519	00:56:01	05:37	JFH	Seniores Masculinos	484
2671	Carla Ferreira	4799	00:56:02	05:37	Individual	F35/F40/F45	191
2672	Pedro Garcia	5154	00:56:02	05:37	Individual	M50/M55/M60	514
2673	Afonso Barbosa Barbosa	500	00:56:02	05:37	Individual	M50/M55/M60	515
2674	Maria Baltazar	4913	00:56:02	05:37	Individual	F50/F55/F60	35
2675	Marta Fonseca	3580	00:56:03	05:37	Individual	Seniores Femininos	125
2676	Leandro Santos	3454	00:56:03	05:37	Individual	M50/M55/M60	516
2677	Francisco Alves	2014	00:56:03	05:37	Sport Amadora e Pumas	Juniores Masculinos	52
2678	Ana Amorim Amorim	339	00:56:03	05:37	Individual	F35/F40/F45	192
2679	Rui Gonçalves	4880	00:56:03	05:37	Individual	M50/M55/M60	517
2680	Luis Manuel Sousa	926	00:56:03	05:37	Individual	M50/M55/M60	518
2681	Sandra Cruz Cruz	2553	00:56:04	05:37	Individual	F35/F40/F45	193
2682	Paulo Lopes	522	00:56:04	05:37	Individual	M35/M40/M45	1262
2683	Alda Domingues	3721	00:56:04	05:37	Individual	F50/F55/F60	36
2684	João Filipe Frade	2035	00:56:05	05:37	CLUBE COLABORADORES AGEAS	M35/M40/M45	1263
2685	Joana Laranjinha	3720	00:56:05	05:37	Individual	Seniores Femininos	126
2686	Carlos Rijo	1022	00:56:06	05:37	Individual	M50/M55/M60	519

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2687	Eduardo Almeida	253	00:56:06	05:37	Individual	M50/M55/M60	520
2688	Cândida Ganchas	3863	00:56:06	05:37	Individual	F35/F40/F45	194
2689	Carina Rodrigues	3570	00:56:06	05:37	Individual	Seniores Femininos	127
2690	Bruno Ribeiro	4398	00:56:06	05:37	Individual	Seniores Masculinos	485
2691	Filipe Alexandre Almeida Vale	872	00:56:06	05:37	Individual	Seniores Masculinos	486
2692	João Gaspar	564	00:56:06	05:37	Individual	M50/M55/M60	521
2693	Augusto José Caria	384	00:56:07	05:37	Individual	M50/M55/M60	522
2694	Luís Dias	677	00:56:07	05:37	Individual	M35/M40/M45	1264
2695	Clara Augusto Augusto	5047	00:56:07	05:37	Individual	F50/F55/F60	37
2696	Vitor Morais	385	00:56:08	05:37	Individual	M50/M55/M60	523
2697	Lucas Duque Vieira Ferreira	1743	00:56:08	05:37	Individual	Seniores Masculinos	487
2698	Diana Guimaraes	1674	00:56:08	05:37	Individual	F35/F40/F45	195
2699	Luís Nascimento	717	00:56:09	05:37	Individual	Seniores Masculinos	488
2700	José Rocha	2325	00:56:09	05:37	Individual	M50/M55/M60	524
2701	Sezinanda Guerreiro	1098	00:56:09	05:37	Individual	F35/F40/F45	196
2702	Carlos Silva	4518	00:56:09	05:37	Individual	M35/M40/M45	1265
2703	GERMANO SOUSA BERNARDO	788	00:56:10	05:37	Individual	M50/M55/M60	525
2704	Francisco Vaz	5151	00:56:10	05:37	Individual	M50/M55/M60	526
2705	Diogo Baptista	4221	00:56:10	05:37	Individual	Seniores Masculinos	489
2706	José Santos	3697	00:56:10	05:37	Santos & Filho	M50/M55/M60	527
2707	Beatriz Vaz	4470	00:56:10	05:37	Individual	Juniores Femininos	13
2708	JOÃO RIBEIRO	1465	00:56:10	05:37	Individual	M35/M40/M45	1266
2709	JOÃO PAULO	1466	00:56:11	05:38	Individual	M35/M40/M45	1267
2710	Rui Manuel Ribeiro Parreira Parreira	3463	00:56:11	05:38	Polícia Marítima de Cascais Marinha	M50/M55/M60	528
2711	Bastien Jacinto	4374	00:56:11	05:38	Individual	Seniores Masculinos	490
2712	João Bispo Bispo	3987	00:56:11	05:38	Individual	Seniores Masculinos	491
2713	Isaac Carrêlo	1551	00:56:11	05:38	Individual	M50/M55/M60	529
2714	David César Nascimento§	1218	00:56:12	05:38	Individual	M35/M40/M45	1268
2715	Nuno Oliveira	726	00:56:12	05:38	Individual	M35/M40/M45	1269
2716	Ana Manha	3571	00:56:12	05:38	Individual	Seniores Femininos	128
2717	Filipa Figueiredo	1024	00:56:13	05:38	Individual	F35/F40/F45	197
2718	Jorge Melo Melo	4634	00:56:14	05:38	Individual	M35/M40/M45	1270
2719	Ana Marta Baptista	596	00:56:14	05:38	Individual	Seniores Femininos	129
2720	Jose Garcia	4122	00:56:14	05:38	Individual	M50/M55/M60	530
2721	Adriano Zambujeiro	85	00:56:14	05:38	Hotel Dom Pedro Anselminho Runners	M35/M40/M45	1271
2722	João Marques	4423	00:56:14	05:38	Individual	Seniores Masculinos	492
2723	Nuno Miguel Cortês	587	00:56:15	05:38	Individual	M35/M40/M45	1272
2724	PAULA CRISTINA DINIS	2969	00:56:15	05:38	Individual	F35/F40/F45	198
2725	Maria João Emídio	2726	00:56:15	05:38	Individual	F50/F55/F60	38
2726	Sandra Torres	722	00:56:15	05:38	Individual	F35/F40/F45	199
2727	Nuno Marques	2332	00:56:16	05:38	Individual	M35/M40/M45	1273
2728	Margarida Rodrigues	3001	00:56:16	05:38	Individual	F50/F55/F60	39
2729	Lukasz Bibik	3922	00:56:17	05:38	Individual	M35/M40/M45	1274
2730	Jorge Rodrigues	3732	00:56:17	05:38	Individual	M50/M55/M60	531
2731	Cristina NULL	4521	00:56:17	05:38	DMC	Seniores Femininos	130
2732	Abel Felicio	4839	00:56:19	05:38	LUSO	M35/M40/M45	1275
2733	Vanessa Moura Pereira	1375	00:56:20	05:38	Individual	Seniores Femininos	131
2734	Helder Conceição	903	00:56:20	05:38	Individual	M35/M40/M45	1276

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2735	Ana Lúcia Rodrigues	4299	00:56:20	05:38	DMC Juventude Atlético Clube	F35/F40/F45	200
2736	Jorge Lopes	2327	00:56:20	05:38	Individual	M50/M55/M60	532
2737	Manuel António Lopes Sequeira	1574	00:56:21	05:39	Individual	M50/M55/M60	533
2738	Daniel Pereira	4294	00:56:21	05:39	DMC Juventude Atlético Clube	Seniores Masculinos	493
2739	José Serafim Serafim	3651	00:56:21	05:39	Grupo amigos atletismo de Vila f xira	M50/M55/M60	534
2740	Marques da Costa Marques	3855	00:56:21	05:39	Grupo amigos atletismo de Vila f xira	M50/M55/M60	535
2741	José Alves	3744	00:56:21	05:39	Individual	M50/M55/M60	536
2742	Sara Madeira	3583	00:56:21	05:39	Individual	F35/F40/F45	201
2743	Caroline Rezende	131	00:56:21	05:39	VIP_EDP	F35/F40/F45	201
2744	Acácio Gamboa	3587	00:56:21	05:39	Individual	M35/M40/M45	1277
2745	Eduardo Pereira	3947	00:56:22	05:39	Individual	Seniores Masculinos	494
2746	Carla Sequeira	1532	00:56:22	05:39	Individual	F35/F40/F45	203
2747	Alexandre Baptista	2212	00:56:23	05:39	Individual	M35/M40/M45	1278
2748	Luís Manuel Correia Alves de Oliveira	4517	00:56:23	05:39	Individual	M35/M40/M45	1279
2749	Bruno Sereno	1811	00:56:23	05:39	collaborator EDP	Seniores Masculinos	495
2750	Magdalena Ferreira	3673	00:56:23	05:39	Individual	Seniores Femininos	132
2751	Carlos Pinto de Almeida	5458	00:56:24	05:39	Individual	Seniores Masculinos	496
2752	Herminio Manuel Encarnacao Cabaceira	3824	00:56:24	05:39	Individual	M50/M55/M60	537
2753	SAMUEL ROSADO	1993	00:56:24	05:39	Santander Totta GD Santander Totta	M35/M40/M45	1280
2754	Bruno Cardoso	3786	00:56:25	05:39	Santander Totta I	M35/M40/M45	1281
2755	João Ferreira	407	00:56:25	05:39	Individual	M35/M40/M45	1282
2756	Rodrigo Cavalheiro	3376	00:56:25	05:39	Individual	M35/M40/M45	1283
2757	Pedro Amorim	4115	00:56:26	05:39	Individual	M35/M40/M45	1284
2758	Andreia Sofia Serra Roque Costa	4076	00:56:26	05:39	Club Millenium BCP	F35/F40/F45	204
2759	fernando robles	4800	00:56:26	05:39	Individual	M35/M40/M45	1285
2760	Luís Filipe	3490	00:56:26	05:39	Individual	M35/M40/M45	1286
2761	Maria Helena Pires	4219	00:56:27	05:39	Individual	F50/F55/F60	40
2762	João Pedro Pascoal Carvalho Carvalho	1889	00:56:27	05:39	Individual	Seniores Masculinos	497
2763	Henrique Martins	3642	00:56:27	05:39	JFH	Juniores Masculinos	53
2764	Luis Miguel Pinheiro Esteves	2121	00:56:27	05:39	Santander Totta GD Santander Totta	M35/M40/M45	1287
2765	André Tomaz Lopes	2358	00:56:29	05:39	CFS	M35/M40/M45	1288
2766	Micaela Simões	1675	00:56:30	05:39	Individual	F35/F40/F45	205
2767	Marisa Simões	705	00:56:30	05:39	Individual	F50/F55/F60	41
2768	JOSE MARTINS	3577	00:56:30	05:39	Tejavista	M35/M40/M45	1289
2769	Helena Bastardo	1545	00:56:30	05:39	Individual	F35/F40/F45	206
2770	Carlos Dias	3762	00:56:30	05:39	Individual	M50/M55/M60	538
2771	Ivan Russo	4889	00:56:31	05:40	Individual	Seniores Masculinos	498
2772	Diana NULL	4520	00:56:31	05:40	DMC	F35/F40/F45	207
2773	Filipe Junot	1884	00:56:32	05:40	Individual	M35/M40/M45	1290
2774	Eduardo Ferreira	1492	00:56:32	05:40	Individual	M50/M55/M60	539
2775	Marina Leitão	4974	00:56:32	05:40	Clube Ferroviário de Portugal	F35/F40/F45	208
2776	Ricardo Rodrigues Rodrigues	422	00:56:32	05:40	Individual	M35/M40/M45	1291
2777	Miguel Caldas	2827	00:56:32	05:40	Individual	M50/M55/M60	540
2778	Sónia Vicente	1630	00:56:32	05:40	Individual	F35/F40/F45	209
2779	Bruno Loução	2637	00:56:33	05:40	Individual	M35/M40/M45	1292
2780	Pedro Reis	489	00:56:33	05:40	Individual	M35/M40/M45	1293
2781	Elisabete Marques	4902	00:56:34	05:40	Individual	F35/F40/F45	210
2782	Miguel Parreira	667	00:56:34	05:40	Individual	M35/M40/M45	1294

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2783	Frederico Sousa	3671	00:56:35	05:40	LEBRES E TARTARUGAS	M50/M55/M60	541
2784	João Manuel Leite Vieira	2324	00:56:35	05:40	Individual	M50/M55/M60	542
2785	Luís Fouto	5034	00:56:35	05:40	Individual	M35/M40/M45	1295
2786	ANA CRISTINA RIBEIRO	3150	00:56:36	05:40	Individual	F50/F55/F60	42
2787	Monica Cunha	2976	00:56:36	05:40	Individual	Seniores Femininos	133
2788	Juca Jacob	2175	00:56:36	05:40	Correr Soc Reg Da Granja	M50/M55/M60	543
2789	Joaquim Fraga	4771	00:56:37	05:40	Carris	M50/M55/M60	544
2790	Sara Gomes	3553	00:56:37	05:40	Individual	Seniores Femininos	134
2791	Manuel Lamego	1084	00:56:37	05:40	Individual	M50/M55/M60	545
2792	José Carlos Batista de Figueiredo	3788	00:56:38	05:40	Individual	M35/M40/M45	1296
2793	Paulo Ferreira Alves Carvalho	447	00:56:38	05:40	Clube EDP - Lisboa	M50/M55/M60	546
2794	Ivone Pereira	913	00:56:38	05:40	CCD PM CASCAIS	F50/F55/F60	43
2795	Jose Coelho	1472	00:56:38	05:40	Individual	M50/M55/M60	547
2796	Angela Mariana Silva	4383	00:56:39	05:40	Individual	F35/F40/F45	211
2797	Henrique Veloso	879	00:56:39	05:40	Individual	M35/M40/M45	1297
2798	Frango Rui	4553	00:56:40	05:40	Individual	M50/M55/M60	548
2799	Pedro Nuno Gomes da Conceição Conceição	2789	00:56:41	05:41	Individual	M35/M40/M45	1298
2800	Patricia Marques dos Santos	4890	00:56:42	05:41	Reinaldo Gomes TRI IT	F35/F40/F45	212
2801	NELSON ALEXANDRE PIMENTEL DA SILVA CORREIA	4117	00:56:43	05:41	Individual	M35/M40/M45	1299
2802	Nuno Mendes	4087	00:56:43	05:41	Club Millenium BCP	Seniores Masculinos	499
2803	Jose carlos almeida	3799	00:56:43	05:41	Individual	M35/M40/M45	1300
2804	Miguel Oliveira	4873	00:56:44	05:41	SIMECruz Quebradense	M35/M40/M45	1301
2805	Lídia Sousa	964	00:56:44	05:41	ACADEMIA DO PRO PENICHE	Seniores Femininos	135
2806	Sergio Peixino	4166	00:56:44	05:41	Individual	M35/M40/M45	1302
2807	Paula Café	379	00:56:44	05:41	Individual	F35/F40/F45	213
2808	António Pina	4405	00:56:45	05:41	Individual	M50/M55/M60	549
2809	Marta Pitau	938	00:56:45	05:41	ACADEMIA DO PRO PENICHE	F35/F40/F45	214
2810	Nuno Fragoso	942	00:56:45	05:41	Individual	M35/M40/M45	1303
2811	Filipa Caleiro	2495	00:56:45	05:41	SSCGD-Secção Atletismo	Seniores Femininos	136
2812	Joana Fernandes	2106	00:56:45	05:41	collaborator EDP	Seniores Femininos	137
2813	César Vistas	4120	00:56:46	05:41	Individual	M35/M40/M45	1304
2814	Inês Andrade	2100	00:56:46	05:41	collaborator EDP	Seniores Femininos	138
2815	Cristina Pires	2102	00:56:46	05:41	collaborator EDP	F50/F55/F60	44
2816	João Rodrigues	786	00:56:46	05:41	Individual	M50/M55/M60	550
2817	Paulo Jorge Saramago	4267	00:56:47	05:41	TVI Tranquilidade Açoreana clube	M35/M40/M45	1305
2818	Maria de Jesus Silva Leão	4903	00:56:47	05:41	Individual	F50/F55/F60	45
2819	Inês Coutinho	111	00:56:47	05:41	Individual	Seniores Femininos	139
2820	Tânia Freitas	4805	00:56:48	05:41	Individual	Seniores Femininos	140
2821	Esmeraldo Pereira	2501	00:56:48	05:41	SSCGD-Secção Atletismo	M50/M55/M60	551
2822	Carlos Cardoso	3185	00:56:48	05:41	PROSEGUR	M50/M55/M60	552
2823	Vanessa Baptista	1504	00:56:49	05:41	Clube Futebol "Os Belenenses"	F35/F40/F45	215
2824	Pedro Patrício	3834	00:56:49	05:41	CM Lisboa	M35/M40/M45	1306
2825	Vanessa Reis	3838	00:56:49	05:41	CM Lisboa	F35/F40/F45	216
2826	Miguel Faria	1589	00:56:50	05:41	Individual	Seniores Masculinos	500
2827	José Marques	3659	00:56:50	05:41	Individual	M50/M55/M60	553
2828	Paulo Duarte Silva	1508	00:56:50	05:41	Individual	M50/M55/M60	554
2829	António Pedro de Lemos Figueiredo e Oliveira	984	00:56:50	05:41	Individual	M35/M40/M45	1307
2830	Ricardo NULL	4994	00:56:51	05:42	DMC	M35/M40/M45	1308

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2831	Hugo Guerreiro	3693	00:56:51	05:42	Individual	M35/M40/M45	1309
2832	Francisco Campos Costa	156	00:56:52	05:42	VIP_EDP	Juniores Masculinos	54
2833	Isabel Caparica	4397	00:56:52	05:42	Santander Totta I	F35/F40/F45	217
2834	Kellen Abreu	5261	00:56:52	05:42	Premium Runners	F35/F40/F45	218
2835	João Carlos caparica	4396	00:56:52	05:42	Santander Totta I	M50/M55/M60	555
2836	Carlos Viegas	3420	00:56:53	05:42	GDCT Unicre	M50/M55/M60	556
2837	João Fernandes	4235	00:56:54	05:42	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	1310
2838	Miguel Peres	1804	00:56:54	05:42	collaborator EDP	Seniores Masculinos	501
2839	Filipe Jorge Silva	3930	00:56:55	05:42	Individual	M50/M55/M60	557
2840	Rui Soares	4642	00:56:55	05:42	Individual	M35/M40/M45	1311
2841	João Paulo Amaro Jorge	3687	00:56:55	05:42	Individual	M35/M40/M45	1312
2842	Vitor José Ramos	1452	00:56:56	05:42	CLUBE COLABORADORES AGEAS	M35/M40/M45	1313
2843	Sónia Soares	1480	00:56:56	05:42	Individual	F35/F40/F45	219
2844	António Fonseca	3624	00:56:56	05:42	Individual	M50/M55/M60	558
2845	Luis Compoete	1561	00:56:57	05:42	Individual	M35/M40/M45	1314
2846	Paulo Filipe	830	00:56:58	05:42	Individual	M35/M40/M45	1315
2847	Tânia Valentim	925	00:56:58	05:42	CCD PM CASCAIS	F35/F40/F45	220
2848	Fernando Pestana	3486	00:56:58	05:42	GRCD Leião	M50/M55/M60	559
2849	Fábio Pio Antão do Rosário Dias	2686	00:56:58	05:42	Santander Totta GD Santander Totta	M35/M40/M45	1316
2850	Fernanda Prim	4905	00:56:58	05:42	Individual	F35/F40/F45	221
2851	António Lourenço	1814	00:56:59	05:42	collaborator EDP	M50/M55/M60	560
2852	Filipe Frade	2340	00:57:00	05:42	Individual	Seniores Masculinos	502
2853	Adelino Augusto Correia	834	00:57:01	05:43	Individual	M50/M55/M60	561
2854	Pedro Cabrita	4375	00:57:01	05:43	Individual	M35/M40/M45	1317
2855	João Carvalho	2110	00:57:01	05:43	Individual	M35/M40/M45	1318
2856	eduardo carvalho	2444	00:57:02	05:43	Individual	M50/M55/M60	562
2857	José Moreira	333	00:57:02	05:43	Individual	Seniores Masculinos	503
2858	Rafael Lopez	2753	00:57:04	05:43	EDP Free	M35/M40/M45	1319
2859	Raul Girão SANTOS	2826	00:57:05	05:43	URBAN RUN TEAM	M50/M55/M60	563
2860	Catarina Afonso	1571	00:57:05	05:43	Individual	Seniores Femininos	141
2861	Cláudia Sousa	1047	00:57:06	05:43	ADRC Mata de Benfica	F35/F40/F45	222
2862	Paulo Vila Luz Luz	968	00:57:07	05:43	Individual	M50/M55/M60	564
2863	Luiz Ribeiro Rosa	775	00:57:08	05:43	C A Amigos de Belém	M50/M55/M60	565
2864	Jacinto Pereira	2694	00:57:08	05:43	EDP Free	M50/M55/M60	566
2865	Adriano Cunha	2170	00:57:08	05:43	Individual	M50/M55/M60	567
2866	João Teixeira	5266	00:57:08	05:43	Premium Runners	Seniores Masculinos	504
2867	joao pereira	1400	00:57:08	05:43	camara lisboa clube	M35/M40/M45	1320
2868	JOAO RUSSO	2954	00:57:08	05:43	Individual	M35/M40/M45	1321
2869	carlos sousa	1402	00:57:09	05:43	camara lisboa clube	M35/M40/M45	1322
2870	São Marques	2653	00:57:09	05:43	Especiais de Corrida	F35/F40/F45	223
2871	Maulide Xavier	4394	00:57:09	05:43	Individual	M35/M40/M45	1323
2872	GILBERTO GONÇALVES	5470	00:57:10	05:43	Individual	M50/M55/M60	568
2873	KYRYL KALYNYCHENKO	1738	00:57:11	05:44	Individual	Seniores Masculinos	505
2874	Fábio Duarte	5086	00:57:11	05:44	Individual	Seniores Masculinos	506
2875	Nilcilene Ormond	2832	00:57:12	05:44	Individual	Seniores Femininos	142
2876	Pedro Esteves	4142	00:57:12	05:44	Individual	Seniores Masculinos	507
2877	Paulo Quin	3122	00:57:13	05:44	Holmes Place	M35/M40/M45	1324
2878	Dina Marques	153	00:57:13	05:44	PSP - Chefe Farinha	Seniores Femininos	143

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2879	MIHAI TICU	723	00:57:13	05:44	Solar dos Leões de Almada	Seniores Masculinos	508
2880	Jorge Sousa	4962	00:57:14	05:44	EDP Free	M35/M40/M45	1325
2881	Fábio Lima	745	00:57:14	05:44	Cofina Runners	Seniores Masculinos	509
2882	Valter Nunes	2975	00:57:14	05:44	Individual	M35/M40/M45	1326
2883	Bernardo Mendes	3554	00:57:14	05:44	Individual	Juniores Masculinos	55
2884	Nelson Caleiro	1911	00:57:15	05:44	collaborator EDP	M35/M40/M45	1327
2885	Patricia Monteiro	1714	00:57:16	05:44	Individual	F35/F40/F45	224
2886	João Monteiro	1604	00:57:16	05:44	Individual	M35/M40/M45	1328
2887	Ana Costa	840	00:57:17	05:44	Individual	Seniores Femininos	144
2888	sergio Matos	5251	00:57:17	05:44	Premium Runners	Seniores Masculinos	510
2889	Alexandra Biscaia	4141	00:57:18	05:44	Individual	Seniores Femininos	145
2890	Sandra Silva	4882	00:57:18	05:44	Individual	F35/F40/F45	225
2891	Catarina Varges	3499	00:57:18	05:44	Individual	F35/F40/F45	226
2892	João Farinha	3865	00:57:19	05:44	Individual	Seniores Masculinos	511
2893	Hugo Pires	3827	00:57:19	05:44	Individual	Seniores Masculinos	512
2894	Heitor Manuel Santos	2896	00:57:19	05:44	Individual	M35/M40/M45	1329
2895	Ines Sofia Henriques Rodrigues	3689	00:57:20	05:44	Individual	Seniores Femininos	146
2896	Carlos Casal	2230	00:57:21	05:45	Individual	M35/M40/M45	1330
2897	Marta Baptista	1646	00:57:21	05:45	Peniche a Correr	F35/F40/F45	227
2898	Vânia Zarro Zarro	1523	00:57:21	05:45	Peniche a Correr	F35/F40/F45	228
2899	FILOMENA COSTA	2980	00:57:21	05:45	Individual	F50/F55/F60	46
2900	Pedro Galdes	1745	00:57:22	05:45	Individual	M35/M40/M45	1331
2901	Joana Friezas	2409	00:57:23	05:45	SSCGD-Secção Atletismo	F35/F40/F45	229
2902	João Farinha	599	00:57:23	05:45	Individual	Seniores Masculinos	513
2903	João Carlos Brito Brito	2344	00:57:24	05:45	Individual	Seniores Masculinos	514
2904	Eduardo Jesus	2898	00:57:25	05:45	LUSO SCC/LUSO	M35/M40/M45	1332
2905	Susana Ferreira	1426	00:57:26	05:45	Individual	Seniores Femininos	147
2906	Martinho Sousa	861	00:57:27	05:45	Individual	Seniores Masculinos	515
2907	Pedro Miguel Filipe	874	00:57:28	05:45	Individual	M35/M40/M45	1333
2908	Jorge Oliveira	2039	00:57:29	05:45	Individual	M50/M55/M60	569
2909	PAULO MARIZ	4079	00:57:29	05:45	Club Millenium BCP	M35/M40/M45	1334
2910	BEATRIZ MARIZ	4080	00:57:30	05:45	Club Millenium BCP	Seniores Femininos	148
2911	Luís Libânio	4391	00:57:30	05:45	Individual	M50/M55/M60	570
2912	Paulo Manuel Gardete Leitão Leitão	292	00:57:30	05:45	Individual	M35/M40/M45	1335
2913	João Almeida	766	00:57:30	05:45	Individual	Seniores Masculinos	516
2914	Carlos Alves	4226	00:57:31	05:46	INFRAESTRUTURAS DE PORTUGAL	M50/M55/M60	571
2915	Nelson Guedes	1730	00:57:31	05:46	Individual	M35/M40/M45	1336
2916	José Torgal	3398	00:57:31	05:46	Individual	M35/M40/M45	1337
2917	Rita Mesquita	110	00:57:31	05:46	Santander Totta I Team It's Up to You	F35/F40/F45	230
2918	Júlia Calisto	4894	00:57:32	05:46	Individual	F50/F55/F60	47
2919	Fabio Gaudencio	4631	00:57:32	05:46	Individual	M35/M40/M45	1338
2920	Mirella Vergara	2263	00:57:33	05:46	Prova de Deficientes Motores Cadeira de Rodas	F35/F40/F45	231
2921	Marta Mafra	1021	00:57:33	05:46	Individual	F35/F40/F45	232
2922	Patrícia Galvão	2831	00:57:35	05:46	Happy Runners	F35/F40/F45	233
2923	Augusto Fonseca	4164	00:57:36	05:46	Individual	M50/M55/M60	572
2924	paula leitao	1507	00:57:37	05:46	camara lisboa clube	F35/F40/F45	234
2925	carlos manuel de oliveira guerreiro guerreiro	3784	00:57:38	05:46	Carris Amigos Vale Silêncio	M50/M55/M60	573
2926	Pedro Brantes	2524	00:57:38	05:46	Individual	Seniores Masculinos	517

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2927	Tiago Pinhal	3005	00:57:38	05:46	Individual	M35/M40/M45	1339
2928	Alfredo Pinhal	3004	00:57:38	05:46	Individual	M50/M55/M60	574
2929	ANTONIO SOBRAL	1440	00:57:39	05:46	Individual	M50/M55/M60	575
2930	Ana Madeira	3418	00:57:39	05:46	GDCT Unicre	F35/F40/F45	235
2931	Antero Moura	1634	00:57:40	05:46	Individual	Seniores Masculinos	518
2932	Marisa Rianço	3690	00:57:40	05:46	Individual	Seniores Femininos	149
2933	Henrique Linares	6098	00:57:41	05:47	Clube Futebol "Os Belenenses"	M50/M55/M60	576
2934	Raquel NULL	4732	00:57:41	05:47	DMC	Seniores Femininos	150
2935	António Lopes Amaral	2038	00:57:41	05:47	Individual	M50/M55/M60	577
2936	Cláudia Oliveira	1577	00:57:41	05:47	ASICS Lisboa Run Club	Seniores Femininos	151
2937	Pedro Cardigos	3152	00:57:41	05:47	Holmes Place	M50/M55/M60	578
2938	Raquel Ribeiro Ribeiro	342	00:57:42	05:47	Individual	Seniores Femininos	152
2939	António Correia	4400	00:57:43	05:47	Individual	M50/M55/M60	579
2940	Pedro Miguel Albino Félix	2813	00:57:43	05:47	CM Lisboa	M35/M40/M45	1340
2941	Joana Moura	1637	00:57:43	05:47	Individual	Seniores Femininos	153
2942	Paula Sobral	3174	00:57:43	05:47	CM Lisboa Tartarugas Solidárias	F35/F40/F45	236
2943	Paulo Andrade	2367	00:57:43	05:47	SSCGD-Secção Atletismo	M35/M40/M45	1341
2944	Luís Cabaça	2825	00:57:44	05:47	CM Lisboa Tartarugas Solidarias	M35/M40/M45	1342
2945	Miguel Silva Silva	3627	00:57:44	05:47	Individual	Seniores Masculinos	519
2946	Sara Barata	4653	00:57:45	05:47	Individual	Seniores Femininos	154
2947	Inês Bernardo	4094	00:57:46	05:47	Club Millenium BCP	F35/F40/F45	237
2948	Davide Raposo	1822	00:57:47	05:47	collaborator EDP	Seniores Masculinos	520
2949	António Donato	5379	00:57:47	05:47	Individual	M50/M55/M60	580
2950	Catarina Lobinho	3904	00:57:48	05:47	Individual	Seniores Femininos	155
2951	Vitor Hugo miranda Sa Sa	5469	00:57:48	05:47	Individual	F35/F40/F45	238
2952	Manuel Gomes	1496	00:57:49	05:47	Clube marginal	M50/M55/M60	581
2953	Rute Morna	1530	00:57:50	05:47	Serviços Sociais Montepio	F35/F40/F45	239
2954	Isabel Maria Rodrigues	2634	00:57:50	05:47	TOMTOM	F50/F55/F60	48
2955	Nelma Afonso	2335	00:57:50	05:47	Individual	Seniores Femininos	156
2956	Francisco Januário	312	00:57:50	05:47	Individual	M35/M40/M45	1343
2957	Miguel Pardal	3650	00:57:50	05:47	Individual	M50/M55/M60	582
2958	Antonio Francisco	873	00:57:50	05:47	Individual	M35/M40/M45	1344
2959	Ana Isabel Verissimo	1641	00:57:51	05:48	Peniche a Correr	F35/F40/F45	240
2960	Soraia Mestre	5004	00:57:51	05:48	PROSEGUR condores varge mondar	Juniores Femininos	14
2961	Sergio Gonzalez	1836	00:57:51	05:48	Individual	M35/M40/M45	1345
2962	Romeu Afonso	2305	00:57:51	05:48	Individual	M35/M40/M45	1346
2963	Marcos A	6046	00:57:52	05:48	Casa Benfica Algueirão Mem Martins	M50/M55/M60	583
2964	João Picoto	591	00:57:52	05:48	Meias e Minis	M35/M40/M45	1347
2965	Cecilia Pardal	3675	00:57:52	05:48	Individual	F35/F40/F45	241
2966	Winnie Picoto	592	00:57:53	05:48	Meias e Minis	F35/F40/F45	242
2967	LUCIO MELO	4891	00:57:53	05:48	Individual	M35/M40/M45	1348
2968	Francisco Linhol	1891	00:57:53	05:48	Individual	M50/M55/M60	584
2969	Orlando Costa	2041	00:57:53	05:48	Individual	M35/M40/M45	1349
2970	Silvia do Ó	2036	00:57:54	05:48	CLUBE COLABORADORES AGEAS	Seniores Femininos	157
2971	Catarina Moreira	1109	00:57:54	05:48	Individual	Seniores Femininos	158
2972	Samuel Santos	1650	00:57:54	05:48	Serviços Sociais Montepio	M35/M40/M45	1350
2973	Sara Henriques	924	00:57:55	05:48	CCD PM CASCAIS	F35/F40/F45	243
2974	José Jorge Caranova Brás	2835	00:57:56	05:48	Clube PT - zcs	M50/M55/M60	585

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
2975	Ricardo Linhares	2359	00:57:57	05:48	CFS	M35/M40/M45	1351
2976	paula nogueira	645	00:57:57	05:48	Individual	F35/F40/F45	244
2977	Patrícia Machado	2998	00:57:57	05:48	Guizo Runners	F35/F40/F45	245
2978	Paulo Lapão	513	00:57:57	05:48	Individual	M50/M55/M60	586
2979	Tiago Antunes	1359	00:57:57	05:48	Individual	Seniores Masculinos	521
2980	Maria Milho	1642	00:57:58	05:48	Individual	F35/F40/F45	246
2981	Eduardo Cunha Vieira Pinto	4082	00:57:58	05:48	Club Millenium BCP	M35/M40/M45	1352
2982	Veronica Cruz	314	00:57:58	05:48	Individual	F35/F40/F45	247
2983	Orlando Marta	1615	00:57:59	05:48	Individual	M35/M40/M45	1353
2984	Cláudia Santos	4382	00:57:59	05:48	Associação Cultural Moinho da Juventude	Seniores Femininos	159
2985	Luis Barata	720	00:58:00	05:48	Individual	M50/M55/M60	587
2986	Frederico Mendes	4198	00:58:00	05:48	Individual	M35/M40/M45	1354
2987	Paulo Caniço	1569	00:58:00	05:48	Individual	M35/M40/M45	1355
2988	Tiago Nogueira	4085	00:58:01	05:49	Club Millenium BCP	M35/M40/M45	1356
2989	Flo Lorenz	898	00:58:03	05:49	Individual	Seniores Masculinos	522
2990	José Casimiro	3951	00:58:03	05:49	Individual	M50/M55/M60	588
2991	Tomás Presas	1586	00:58:04	05:49	Individual	Seniores Masculinos	523
2992	António Iria	1223	00:58:04	05:49	Individual	M35/M40/M45	1357
2993	Sandra Batista	1516	00:58:04	05:49	Individual	F35/F40/F45	248
2994	Mónica Quarenta	4901	00:58:05	05:49	Tranquilidade TAC	F35/F40/F45	249
2995	gonçalo garcia-mercadal contreras de Oliveira	2447	00:58:05	05:49	Individual	Seniores Masculinos	524
2996	CONSTÂNCIO DE ALMEIDA ALMEIDA	3796	00:58:05	05:49	Individual	M50/M55/M60	589
2997	Joao Fernando Pereira Filipe	5054	00:58:05	05:49	Individual	M50/M55/M60	590
2998	Ana Paula Matias	1639	00:58:05	05:49	CLUBE COLABORADORES AGEAS	F50/F55/F60	49
2999	Paulo Barbosa	3518	00:58:05	05:49	Individual	M35/M40/M45	1358
3000	Rute Alves	3692	00:58:06	05:49	Individual	F35/F40/F45	250
3001	Miguel Vieira Pita	516	00:58:06	05:49	Individual	Seniores Masculinos	525
3002	Pedro Moleirinho	3843	00:58:07	05:49	CM Lisboa	M35/M40/M45	1359
3003	Esmeralda Ramalho	3668	00:58:07	05:49	Individual	F35/F40/F45	251
3004	Ricardo Reis	5149	00:58:07	05:49	Individual	M35/M40/M45	1360
3005	Vitor Lucas	458	00:58:07	05:49	Breakaway	M50/M55/M60	591
3006	Sérgio Bragança	3724	00:58:07	05:49	Individual	M35/M40/M45	1361
3007	Eduardo Correia	1479	00:58:09	05:49	Individual	M35/M40/M45	1362
3008	Nelson Ricardo Barradinhas	4491	00:58:09	05:49	Centro de Marcha e Corrida Grândola	M35/M40/M45	1363
3009	RUI JOSÉ OLIVEIRA	2432	00:58:09	05:49	SSCGD-Secção Atletismo	M50/M55/M60	592
3010	Fernando Louro	546	00:58:10	05:49	Individual	M50/M55/M60	593
3011	Rafaela Rodrigues	4490	00:58:10	05:49	Centro de Marcha e Corrida Grândola	Seniores Femininos	160
3012	RICARDO JORGE LOPES MATIAS	3757	00:58:10	05:49	Individual	M35/M40/M45	1364
3013	André Costa	2701	00:58:11	05:50	Individual	M35/M40/M45	1365
3014	Salvador Tavares Afonso	2646	00:58:11	05:50	Santander Totta GD Santander Totta	M50/M55/M60	594
3015	Bruno Miguel Reis Teixeira Teixeira	2821	00:58:11	05:50	Individual	Seniores Masculinos	526
3016	Lúcio Batista	1643	00:58:12	05:50	Peniche a Correr	M35/M40/M45	1366
3017	Daniela Afonso	5466	00:58:12	05:50	Individual	Seniores Femininos	161
3018	Luis Osório	1513	00:58:12	05:50	Asas nos Pés	M50/M55/M60	595
3019	Bruno Silva	2234	00:58:12	05:50	collaborator EDP	M35/M40/M45	1367
3020	Margarida Moreno Silvestre	4492	00:58:13	05:50	Centro de Marcha e Corrida Grândola	F35/F40/F45	252
3021	Sofia Barbosa	3593	00:58:15	05:50	Pés de Chumbo	Seniores Femininos	162
3022	André NULL	4523	00:58:16	05:50	DMC	M35/M40/M45	1368

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3023	Ricardo NULL	4730	00:58:16	05:50	DMC	Seniores Masculinos	527
3024	João Souza Holstein	2255	00:58:16	05:50	Individual	M50/M55/M60	596
3025	MANUEL CARDOSO	2506	00:58:16	05:50	Individual	M35/M40/M45	1369
3026	JOSÉ ROCHA	4060	00:58:17	05:50	Club Millenium BCP	M50/M55/M60	597
3027	Beatriz Morgado	827	00:58:17	05:50	Individual	Seniores Femininos	163
3028	Antonio Lopes	269	00:58:17	05:50	Individual	M50/M55/M60	598
3029	Carlos Antunes	2422	00:58:18	05:50	SSCGD-Secção Atletismo	M35/M40/M45	1370
3030	Isaac Santos	1841	00:58:18	05:50	collaborator EDP	Seniores Masculinos	528
3031	Miguel Campos	4047	00:58:19	05:50	Club Millenium BCP	M35/M40/M45	1371
3032	Vitor José Oliveira Santos Moreira	450	00:58:19	05:50	Clube EDP - Lisboa	M50/M55/M60	599
3033	Antonio Jorge da Luz Nunes Nunes	2856	00:58:19	05:50	Individual	M50/M55/M60	600
3034	Adelino Esteves Lopes	154	00:58:20	05:50	Reinaldo Gomes	M50/M55/M60	601
3035	Gilberto Nelson de Freitas Loth	4933	00:58:20	05:50	Individual	M35/M40/M45	1372
3036	Helena Maria Pinto santos Santos	2857	00:58:20	05:50	Individual	F50/F55/F60	50
3037	Rui Pereira	2095	00:58:21	05:51	Individual	M35/M40/M45	1373
3038	Paulo Alves	1488	00:58:21	05:51	Individual	M35/M40/M45	1374
3039	João Carlos Pereira da Cunha Pires	1010	00:58:22	05:51	Individual	M35/M40/M45	1375
3040	HÉLIO GODINHO	3808	00:58:23	05:51	Individual	M50/M55/M60	602
3041	Mário Rogado	625	00:58:23	05:51	Individual	M35/M40/M45	1376
3042	Paulo Figueiredo	2047	00:58:23	05:51	CLUBE COLABORADORES AGEAS	M35/M40/M45	1377
3043	Nuno Rito	3123	00:58:23	05:51	CM Lisboa Tartarugas Solidarias	M35/M40/M45	1378
3044	Ana Rita Pereira Oliveira	2833	00:58:25	05:51	Individual	Seniores Femininos	164
3045	Tiago Silva	1705	00:58:25	05:51	Serviços Sociais Montepio	M35/M40/M45	1379
3046	Antonio Henriques	3579	00:58:25	05:51	Individual	M50/M55/M60	603
3047	João Carrinho	621	00:58:27	05:51	Individual	M50/M55/M60	604
3048	Sérgio Cavaco	575	00:58:27	05:51	Individual	M35/M40/M45	1380
3049	João Gameiro	2054	00:58:27	05:51	Individual	M35/M40/M45	1381
3050	Diogo Mariano	2512	00:58:27	05:51	Individual	Seniores Masculinos	529
3051	Elisabete Costa	2900	00:58:28	05:51	Individual	F35/F40/F45	253
3052	Bruno Fernandes	4907	00:58:28	05:51	PROSEGUR	M35/M40/M45	1382
3053	Bruno Pereira	4904	00:58:28	05:51	Individual	M35/M40/M45	1383
3054	Rui Agrião	3709	00:58:29	05:51	Individual	Seniores Masculinos	530
3055	carlos luis	4859	00:58:30	05:51	Cofina GRCD Leião	M35/M40/M45	1384
3056	joel mósca	1438	00:58:30	05:51	Individual	M50/M55/M60	605
3057	Susana Mendes	2986	00:58:30	05:51	EDP Free	F35/F40/F45	254
3058	Olga Galvão	2988	00:58:31	05:52	EDP Free	M50/M55/M60	606
3059	Fernando Chasqueira	814	00:58:31	05:52	Individual	M50/M55/M60	607
3060	Cristina Guerreiro	1955	00:58:31	05:52	Santander Totta	F35/F40/F45	255
3061	Antonio Fernandes	5265	00:58:32	05:52	Premium Runners	M50/M55/M60	608
3062	José Mota	4855	00:58:32	05:52	Individual	M50/M55/M60	609
3063	Fernanda Santos	6124	00:58:33	05:52	EVELX-Associação de Estilos de Vida Saudável	F50/F55/F60	51
3064	Nuno Oliveira	3609	00:58:34	05:52	Individual	M35/M40/M45	1385
3065	Luis Godinho	4026	00:58:34	05:52	Club Millenium BCP	M50/M55/M60	610
3066	Carlos Rosario	1593	00:58:35	05:52	Individual	M50/M55/M60	611
3067	Jose Carlos Correia	1487	00:58:35	05:52	Individual	M50/M55/M60	612
3068	Maria Lacerda	3748	00:58:35	05:52	Oculista Portas de Santo António	F50/F55/F60	52
3069	Eduardo Jorge Pereira Borralho Borralho	4674	00:58:37	05:52	Individual	M50/M55/M60	613
3070	Ricardo Negrão	217	00:58:37	05:52	Individual	M35/M40/M45	1386

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3071	Cristina Negrão	218	00:58:38	05:52	Individual	F35/F40/F45	256
3072	Vanda Oliveira	395	00:58:38	05:52	Individual	F35/F40/F45	257
3073	carlos dias	5077	00:58:38	05:52	Individual	M35/M40/M45	1387
3074	Ricardo Preguiça	2979	00:58:39	05:52	Individual	Seniores Masculinos	531
3075	Pedro Lopes	5447	00:58:39	05:52	collaborator EDP	F35/F40/F45	258
3076	Elsa Soares	6395	00:58:40	05:52	Individual	F35/F40/F45	259
3077	Nélia Castanheira	1905	00:58:40	05:52	Individual	F35/F40/F45	260
3078	Aníbal Francisco	3644	00:58:41	05:53	Individual	M50/M55/M60	614
3079	David Feijão	317	00:58:41	05:53	Individual	Seniores Masculinos	532
3080	Leo Djavidnia	3950	00:58:41	05:53	Individual	Seniores Masculinos	533
3081	João Torres	494	00:58:43	05:53	Individual	M35/M40/M45	1388
3082	Jose Mario Pereira Rafael	2089	00:58:43	05:53	Santander Totta Banco Santander Totta	M35/M40/M45	1389
3083	Ana Fortunato	1640	00:58:44	05:53	Peniche a Correr	F35/F40/F45	261
3084	Catarina Leitão	3561	00:58:44	05:53	Individual	Seniores Femininos	165
3085	Maria Tomás	1512	00:58:44	05:53	Asas nos Pés	F35/F40/F45	262
3086	Ana Soares da Costa	478	00:58:45	05:53	Individual	F35/F40/F45	263
3087	Manuel Batista	1454	00:58:46	05:53	Clube de Praças da Armada	M50/M55/M60	615
3088	Luís Augusto	1385	00:58:46	05:53	Aquae Scalabis	M35/M40/M45	1390
3089	Duate Cleto	2550	00:58:46	05:53	Individual	Juniores Masculinos	56
3090	Alexandre Luz	1652	00:58:49	05:53	Individual	M35/M40/M45	1391
3091	Fernando Lopes	1972	00:58:50	05:53	collaborator EDP	M35/M40/M45	1392
3092	Andreia Silva	579	00:58:50	05:53	Casa Benfica Torres Vedras	F35/F40/F45	264
3093	Suzana Malha	455	00:58:50	05:53	Individual	F35/F40/F45	265
3094	Carlos Malha	456	00:58:51	05:54	Individual	M35/M40/M45	1393
3095	Rui Monteiro	3566	00:58:51	05:54	Individual	M35/M40/M45	1394
3096	Alketa Nano	3683	00:58:51	05:54	Individual	F35/F40/F45	266
3097	Camila Rocha	2087	00:58:51	05:54	Individual	F35/F40/F45	267
3098	Maria João São Pedro	1449	00:58:51	05:54	Individual	F35/F40/F45	268
3099	Rita Correia	1559	00:58:51	05:54	Individual	F35/F40/F45	268
3100	Luis Silva	2828	00:58:51	05:54	Tranquilidade TAC	M35/M40/M45	1395
3101	José Bom	1063	00:58:52	05:54	Individual	M35/M40/M45	1396
3102	Ana Romano	1892	00:58:53	05:54	Individual	F35/F40/F45	270
3103	Bruno Lima	1306	00:58:54	05:54	Individual	Seniores Masculinos	534
3104	Rui Mónica	3182	00:58:55	05:54	PROSEGUR	M35/M40/M45	1397
3105	Brian Rodgers	696	00:58:56	05:54	Individual	M50/M55/M60	616
3106	Luis Quaresma	5463	00:58:56	05:54	Individual	M35/M40/M45	1398
3107	Olga Branco Neves	4900	00:58:56	05:54	Santander Totta I	Seniores Femininos	166
3108	Paulo Carneiro	514	00:58:57	05:54	Individual	M35/M40/M45	1399
3109	Nuno Roque	2197	00:58:57	05:54	collaborator EDP	M35/M40/M45	1400
3110	Mariana Almeida	5268	00:58:59	05:54	Premium Runners	Seniores Femininos	167
3111	Jeremias Ribeiro	1906	00:58:59	05:54	Individual	M50/M55/M60	617
3112	António Pedro Teixeira	408	00:59:00	05:54	Individual	M35/M40/M45	1401
3113	Diogo Santos	1468	00:59:01	05:55	Coxos do Palmeiras	M35/M40/M45	1402
3114	Jose Ramon Cojo Sanchez	409	00:59:01	05:55	Individual	M35/M40/M45	1403
3115	Catarina Ramos	3722	00:59:01	05:55	GDC Banco de Portugal	Seniores Femininos	168
3116	Francisco Coito	1617	00:59:01	05:55	Individual	M50/M55/M60	618
3117	Tito Andrade	4812	00:59:01	05:55	Renault RRC	M35/M40/M45	1404
3118	Rafael Caetano	2509	00:59:02	05:55	Individual	Seniores Masculinos	535

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3119	Sofia Nunes	2508	00:59:02	05:55	Individual	Seniores Femininos	169
3120	Luis Miguel Correia dos Santos	418	00:59:02	05:55	Individual	M35/M40/M45	1405
3121	Ines Carvalho Carvalho	2105	00:59:02	05:55	Individual	F35/F40/F45	271
3122	Paulo Dantas	5080	00:59:03	05:55	Individual	M35/M40/M45	1406
3123	Maria Hermínia Ferreira	3750	00:59:04	05:55	RunFamily	F35/F40/F45	272
3124	veloso manuela	945	00:59:04	05:55	Individual	F50/F55/F60	53
3125	Nídia Cristina Tavares Agostinho	1572	00:59:05	05:55	Individual	F35/F40/F45	273
3126	Paulo Martins	849	00:59:05	05:55	Individual	M35/M40/M45	1407
3127	Marta Pereira	3628	00:59:07	05:55	Individual	F35/F40/F45	274
3128	Hugo Pereira	3547	00:59:07	05:55	Individual	M35/M40/M45	1408
3129	João Cruz	4131	00:59:07	05:55	PROSEGUR	M35/M40/M45	1409
3130	Miguel Vila Luz	5459	00:59:08	05:55	Individual	Seniores Masculinos	536
3131	Brígida Cristóvão	2286	00:59:08	05:55	Prova de Deficientes Motores Cadeira de Rodas	F35/F40/F45	275
3132	Rafael Caixeiro	4130	00:59:11	05:56	PROSEGUR	M35/M40/M45	1410
3133	Jorge Cardoso	4129	00:59:11	05:56	PROSEGUR	M35/M40/M45	1411
3134	Diana Lourenço	2684	00:59:11	05:56	Individual	Seniores Femininos	170
3135	francisco musiello musiello	4876	00:59:11	05:56	Individual	M50/M55/M60	619
3136	Gonçalo Loureiro	1540	00:59:13	05:56	Individual	M35/M40/M45	1412
3137	Marco Silva	3745	00:59:14	05:56	Individual	M35/M40/M45	1413
3138	Pedro Medeiros	2382	00:59:14	05:56	SSCGD-Secção Atletismo	M35/M40/M45	1414
3139	Carlos Custodio	3107	00:59:15	05:56	Individual	M35/M40/M45	1415
3140	Rosa Martins	3989	00:59:15	05:56	Santander Totta I	Seniores Femininos	171
3141	Ahmad NULL	5259	00:59:15	05:56	DMC	Seniores Masculinos	537
3142	Raquel Coelho Simoes	611	00:59:16	05:56	Individual	Seniores Femininos	172
3143	Jacinta Almeida	4186	00:59:16	05:56	Individual	F50/F55/F60	54
3144	luis bravo	3903	00:59:16	05:56	FIT RUNNERS Fitrunners	M35/M40/M45	1416
3145	Paulo Soberano	1557	00:59:17	05:56	Família PiFe	M50/M55/M60	620
3146	Joana Trigueiros	112	00:59:18	05:56	Santander Totta I teamsuptoyou	F35/F40/F45	276
3147	Carlos Jesus	271	00:59:18	05:56	Individual	M35/M40/M45	1417
3148	Carlos Gonçalves	4797	00:59:19	05:56	Individual	M50/M55/M60	621
3149	Maria Goulart	3478	00:59:19	05:56	Individual	F35/F40/F45	277
3150	Jerry Cunha	1635	00:59:19	05:56	Individual	Seniores Masculinos	538
3151	Sérgio Vicente Rodrigues	77	00:59:19	05:56	Santander Totta TeamItsUpToYou	M35/M40/M45	1418
3152	Ricardo Verissimo	1034	00:59:19	05:56	Individual	Seniores Masculinos	539
3153	Sérgio Antunes Antunes	1550	00:59:20	05:56	CLUBE ANACOM	M50/M55/M60	622
3154	Ricardo Vicente	1039	00:59:20	05:56	Individual	M35/M40/M45	1419
3155	Dora Pires	2418	00:59:21	05:57	SSCGD-Secção Atletismo	F50/F55/F60	55
3156	Nuno NULL	5274	00:59:22	05:57	DMC	M35/M40/M45	1420
3157	Andreia Rijo	4972	00:59:23	05:57	EDP Free	Seniores Femininos	173
3158	João Fernandes	792	00:59:23	05:57	Individual	Seniores Masculinos	540
3159	João NULL	4729	00:59:23	05:57	DMC	M35/M40/M45	1421
3160	Maria Moradias	1620	00:59:24	05:57	Individual	Seniores Femininos	174
3161	RITA MAIO	3525	00:59:25	05:57	Individual	Seniores Femininos	175
3162	Ana Gouveia	4971	00:59:25	05:57	EDP Free	Seniores Femininos	176
3163	Ariana Rocha	1562	00:59:25	05:57	DCI-CCDRP Mealhada	Seniores Femininos	177
3164	Filipe Pereira Pereira	1448	00:59:27	05:57	Individual	Seniores Masculinos	541
3165	Carlos Manuel Tavares	4814	00:59:27	05:57	Renault RRC	M35/M40/M45	1422
3166	Nuno Miguel Martins Bastos	4804	00:59:27	05:57	Individual	M35/M40/M45	1423

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3167	INES SILVA	2960	00:59:28	05:57	Individual	Seniores Femininos	178
3168	Carlos Sampaio	2356	00:59:29	05:57	Individual	M50/M55/M60	623
3169	Rita Anastacio	4124	00:59:31	05:58	Individual	F35/F40/F45	278
3170	Armindo Loureiro	2830	00:59:31	05:58	Individual	M50/M55/M60	624
3171	gabriel antonio	3309	00:59:32	05:58	tituaria	M50/M55/M60	625
3172	Pedro Sá e Costa	3647	00:59:32	05:58	Ginásio Clube Português	M50/M55/M60	626
3173	Manuel Nobre Baptista	623	00:59:32	05:58	Individual	M50/M55/M60	626
3174	hugo miguel figueira paz freire venancio	2434	00:59:33	05:58	SSCGD-Secção Atletismo	M35/M40/M45	1424
3175	Paulo Pereira	5422	00:59:33	05:58	Individual	Seniores Masculinos	542
3176	Susana Ribeiro Ribeiro	3563	00:59:34	05:58	Holmes Place HOLMES PLACE BELOURA	F35/F40/F45	279
3177	Nuno André Pereira Lopes	1092	00:59:34	05:58	Individual	Seniores Masculinos	543
3178	Isabel Maria Cândido Mota	2814	00:59:35	05:58	Tranquilidade TAC	F35/F40/F45	280
3179	paula costa	1888	00:59:35	05:58	Individual	F35/F40/F45	280
3180	Francisco Rafael	5083	00:59:35	05:58	Individual	M35/M40/M45	1425
3181	Hugo Roma	3857	00:59:35	05:58	Individual	M35/M40/M45	1426
3182	Miguel Angelo Carvalho	2417	00:59:35	05:58	SSCGD-Secção Atletismo	M35/M40/M45	1427
3183	Diogo Gonçalves	2557	00:59:36	05:58	EDP Free	Seniores Masculinos	544
3184	Inês Verdelho	2049	00:59:36	05:58	collaborator EDP	Seniores Femininos	179
3185	Pedro Sardinha	4430	00:59:36	05:58	Individual	M35/M40/M45	1428
3186	Isabel Perez	1091	00:59:36	05:58	Individual	Seniores Femininos	180
3187	Rogério Fung	4431	00:59:36	05:58	Individual	M35/M40/M45	1429
3188	António Teixeira Duarte	684	00:59:37	05:58	Clube do Stress	M50/M55/M60	628
3189	Ana Maria Marques	718	00:59:39	05:58	Individual	F35/F40/F45	282
3190	Ricardo Lopes	3632	00:59:39	05:58	Individual	M35/M40/M45	1430
3191	Leandro Almeida	819	00:59:40	05:58	Individual	Juniores Masculinos	57
3192	adelino pires	1500	00:59:40	05:58	camara lisboa clube	M50/M55/M60	629
3193	Rodrigo Miguel de Barros e Silva Duarte	1372	00:59:40	05:58	Individual	Seniores Masculinos	545
3194	Marta Afonso	4385	00:59:41	05:59	Individual	F35/F40/F45	283
3195	Carla Domingos	1555	00:59:41	05:59	Individual	F35/F40/F45	284
3196	Paula Figueiredo	2630	00:59:41	05:59	Santander Totta GD Santander Totta	F50/F55/F60	56
3197	Rodrigo de Freitas Silva Lopes	238	00:59:42	05:59	Individual	Seniores Masculinos	546
3198	Michele Correia	89	00:59:42	05:59	Hotel Dom Pedro C. F. Os Belenenses	F35/F40/F45	285
3199	Frederico Segurado	4370	00:59:42	05:59	Individual	M35/M40/M45	1431
3200	Joaquim Santos	3573	00:59:42	05:59	Individual	M35/M40/M45	1432
3201	Hélio Balinha	537	00:59:42	05:59	Individual	M35/M40/M45	1433
3202	Nuno Barradas	4004	00:59:43	05:59	Pé de Atleta	Seniores Masculinos	547
3203	Manuel Prates	1542	00:59:43	05:59	Individual	M35/M40/M45	1434
3204	João Guégués	2426	00:59:44	05:59	SSCGD-Secção Atletismo	M50/M55/M60	630
3205	Antonio Jose Esteves Castro	2279	00:59:44	05:59	Santander Totta GD Santander Totta	M35/M40/M45	1435
3206	José Cruz	3634	00:59:44	05:59	Individual	M50/M55/M60	631
3207	Rui Leal dos Santos	3775	00:59:45	05:59	Individual	M35/M40/M45	1436
3208	João Farinha	1580	00:59:45	05:59	Individual	M35/M40/M45	1437
3209	Pedro Martins	4395	00:59:45	05:59	Individual	Seniores Masculinos	548
3210	Mónica Pereira	3743	00:59:45	05:59	Individual	F35/F40/F45	286
3211	CRISTINA OLIVEIRA	5263	00:59:46	05:59	Premium Runners	F35/F40/F45	287
3212	Vitor Cabral	240	00:59:47	05:59	Individual	M50/M55/M60	632
3213	Nuno Seíça	243	00:59:47	05:59	Individual	Geral Masculina	2673
3214	Susana Santos	5253	00:59:48	05:59	Premium Runners	F35/F40/F45	288

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3215	lucio bicho silva	2690	00:59:48	05:59	Santander Totta	M50/M55/M60	633
3216	Gonçalo Faria	661	00:59:48	05:59	Individual	M35/M40/M45	1438
3217	Susana Teixeira	3830	00:59:49	05:59	Individual	Seniores Femininos	181
3218	Susana Silva	2655	00:59:49	05:59	collaborator EDP	F35/F40/F45	289
3219	Carla Galhano Galhano	828	00:59:49	05:59	Individual	F35/F40/F45	290
3220	Fernando Manuel Claudino	3532	00:59:50	05:59	Individual	M50/M55/M60	634
3221	Carla Simões	3694	00:59:52	06:00	Team ATXcyclingstore	Seniores Femininos	182
3222	Catita José	4587	00:59:53	06:00	Individual	M50/M55/M60	635
3223	Laura Broleri	1386	00:59:53	06:00	Individual	Seniores Femininos	183
3224	Claudia Tam	2745	00:59:53	06:00	Tranquilidade TAC	F35/F40/F45	291
3225	PAULO ARSENIO	4145	00:59:54	06:00	Individual	M35/M40/M45	1439
3226	Vânia Ferreira Ferreira	497	00:59:54	06:00	Individual	Seniores Femininos	184
3227	Antonio Eduardo Tavares Tavares	290	00:59:55	06:00	Individual	M50/M55/M60	636
3228	SANDRA CRISTINA VENTORIM	2674	00:59:56	06:00	Santander Totta DICASA	F35/F40/F45	292
3229	Celia Freire	3871	00:59:57	06:00	Moinho da Juventude - Fundação Benfica Correr Queluz	F35/F40/F45	293
3230	Paulo Gordo	3194	00:59:57	06:00	Moinho da Juventude - Fundação Benfica Correr Queluz	M50/M55/M60	637
3231	Luisa Xarraz	3198	00:59:57	06:00	Moinho da Juventude - Fundação Benfica Correr Queluz	F35/F40/F45	294
3232	António Piedade	2018	00:59:57	06:00	Biodermarunners	M35/M40/M45	1440
3233	Rui Merujo	1157	00:59:58	06:00	Individual	M50/M55/M60	638
3234	Ana Pereira	359	00:59:58	06:00	Individual	F35/F40/F45	295
3235	João Merujo	2272	00:59:58	06:00	Blankenberge Loopt	Seniores Masculinos	549
3236	David Poço	5267	00:59:58	06:00	Premium Runners	M35/M40/M45	1441
3237	Valentina Catuna	5075	00:59:59	06:00	Individual	F35/F40/F45	296
3238	Mário Lameirão	523	00:59:59	06:00	Individual	M50/M55/M60	639
3239	Paulo Sérgio	4925	01:00:00	06:00	Individual	M35/M40/M45	1442
3240	joao catuna	5074	01:00:01	06:01	Individual	M50/M55/M60	640
3241	MENINHA MENINHA	3994	01:00:01	06:01	Individual	F35/F40/F45	297
3242	Nuno Gonçalo Picamilho	2967	01:00:03	06:01	Tranquilidade	M35/M40/M45	1443
3243	luis Miguel Estrela André	2025	01:00:04	06:01	Individual	M35/M40/M45	1444
3244	Sofia Reis	2974	01:00:04	06:01	Santander Totta I	F35/F40/F45	298
3245	Dora Esteves	3208	01:00:04	06:01	Hotel Dom Pedro Pump Runers	F35/F40/F45	299
3246	Izabela Santos	319	01:00:05	06:01	Individual	Seniores Femininos	185
3247	Miguel Frazão	2520	01:00:05	06:01	SSCGD-Secção Atletismo	M35/M40/M45	1445
3248	LIDIA LOPES	4752	01:00:05	06:01	Individual	F50/F55/F60	57
3249	Rui de Mesquita Luis	3151	01:00:07	06:01	Polícia Marítima de Cascais Marinha	M50/M55/M60	641
3250	César Magalhães	2640	01:00:08	06:01	Individual	M50/M55/M60	642
3251	Luís Machado	949	01:00:10	06:01	Individual	M35/M40/M45	1446
3252	Eduardo Amorim	686	01:00:11	06:02	Individual	M35/M40/M45	1447
3253	Norberto Ferreira	2846	01:00:13	06:02	Individual	M50/M55/M60	643
3254	Carapuça Antonio	3716	01:00:13	06:02	Individual	M50/M55/M60	644
3255	Alexandra Santos	4001	01:00:13	06:02	Pé de Atleta	F35/F40/F45	300
3256	Sérgio Tavares	1457	01:00:13	06:02	Individual	M35/M40/M45	1448
3257	Rui Melão	4644	01:00:13	06:02	Clube Desportivo Lisboa e Águias Individual	M50/M55/M60	645
3258	Manuela Gonçalves	1026	01:00:13	06:02	Individual	F35/F40/F45	301
3259	Diogo Agostinho	1411	01:00:14	06:02	Individual	Seniores Masculinos	550
3260	João Ferreira	375	01:00:14	06:02	GINJinha Runners	M35/M40/M45	1449
3261	cesaltina gregorio	1435	01:00:15	06:02	Individual	F50/F55/F60	58
3262	Carla Mota	1656	01:00:15	06:02	Individual	F35/F40/F45	302

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3263	Eva Mota	3820	01:00:16	06:02	Individual	Seniores Femininos	186
3264	Luis Dias	3825	01:00:16	06:02	Individual	M35/M40/M45	1450
3265	Sario Nunes	4003	01:00:16	06:02	Pé de Atleta	Seniores Masculinos	551
3266	Hugo Matos	3805	01:00:17	06:02	Carris	M35/M40/M45	1451
3267	Carla Silva	4002	01:00:18	06:02	Pé de Atleta	F35/F40/F45	303
3268	Ruben Gonçalves	4401	01:00:18	06:02	Individual	Seniores Masculinos	552
3269	Paulo Figueira	1823	01:00:18	06:02	collaborator EDP	Seniores Masculinos	553
3270	Matilde Fernandes	3774	01:00:19	06:02	Santander Totta I	F50/F55/F60	59
3271	Pedro Rodrigues	4967	01:00:19	06:02	Individual	M35/M40/M45	1452
3272	António Maria Silva Oliveira	4410	01:00:19	06:02	Individual	M50/M55/M60	646
3273	Salvador Matos	3804	01:00:19	06:02	Carris	Seniores Masculinos	554
3274	Diogo Baptista	4914	01:00:21	06:03	Individual	M35/M40/M45	1453
3275	Cristiana Reis	2431	01:00:21	06:03	SSCGD-Secção Atletismo	F35/F40/F45	304
3276	Miguel Moreira	5023	01:00:22	06:03	Individual	M50/M55/M60	647
3277	Damião Rega Rega	3610	01:00:22	06:03	Individual	M50/M55/M60	647
3278	Iurdes de Jesus Ribeiro Almeida Silva	1661	01:00:22	06:03	Individual	F35/F40/F45	305
3279	Roberto Freitas	4887	01:00:22	06:03	Individual	M35/M40/M45	1454
3280	Ricardo Faria	550	01:00:24	06:03	Individual	M35/M40/M45	1455
3281	Vasco Ferreira	3483	01:00:24	06:03	Individual	M35/M40/M45	1456
3282	Ricardo Fonseca	1564	01:00:24	06:03	casa do pessoal do iva	M35/M40/M45	1457
3283	Ligia Valerio	4000	01:00:25	06:03	Individual	Seniores Femininos	187
3284	Cátia Pinto	1595	01:00:26	06:03	Individual	F35/F40/F45	306
3285	Pedro Baptista	4403	01:00:26	06:03	Individual	M35/M40/M45	1458
3286	Dora Vilhena	4083	01:00:26	06:03	Club Millenium BCP	F35/F40/F45	307
3287	João Martins	1581	01:00:27	06:03	Individual	M35/M40/M45	1459
3288	Cristina Segurado	4411	01:00:27	06:03	Individual	F35/F40/F45	308
3289	João Figueiredo	2696	01:00:27	06:03	collaborator EDP	M35/M40/M45	1460
3290	Pedro Ponte	1766	01:00:27	06:03	collaborator EDP	M50/M55/M60	649
3291	Milena Farinha Alipio Alipio	2544	01:00:28	06:03	Santander Totta Os papos secos	F35/F40/F45	309
3292	Elisabete Henriques	4417	01:00:28	06:03	Individual	F35/F40/F45	310
3293	Carlos Oliveira Andrade Andrade	3676	01:00:28	06:03	MiRC.	M35/M40/M45	1461
3294	Ivo Pereira	4820	01:00:29	06:03	FIT RUNNERS Fitrunners	M35/M40/M45	1462
3295	Luis Cambez	1644	01:00:29	06:03	Peniche a Correr	M35/M40/M45	1463
3296	Sonia Coelho Fandango Godinho	3666	01:00:31	06:04	Correr Lisboa	F35/F40/F45	311
3297	Nuno Miguel Dionísio	2965	01:00:32	06:04	Individual	M35/M40/M45	1464
3298	Carlos Ferreira	1506	01:00:33	06:04	camara lisboa clube	M50/M55/M60	650
3299	Fernando Fonseca	3870	01:00:33	06:04	Individual	Seniores Masculinos	555
3300	Maria Uva	636	01:00:34	06:04	Individual	Seniores Femininos	188
3301	Humberto Martins	3821	01:00:34	06:04	Individual	Seniores Masculinos	556
3302	Paulo Silva	230	01:00:35	06:04	Individual	Geral Masculina	2727
3303	MÁRIO SILVA	2624	01:00:35	06:04	Individual	M35/M40/M45	1465
3304	Pedro Gonçalves	4119	01:00:36	06:04	Individual	M35/M40/M45	1466
3305	Bruno Filipe Francisco Martins	421	01:00:36	06:04	Individual	M35/M40/M45	1467
3306	Amilcar Monteiro	3768	01:00:36	06:04	Individual	M50/M55/M60	651
3307	Isabel Santa	4821	01:00:37	06:04	FIT RUNNERS Fitrunners	F35/F40/F45	312
3308	Luís Feliz	870	01:00:37	06:04	Individual	M35/M40/M45	1468
3309	Catarina Rolo	619	01:00:37	06:04	Individual	Seniores Femininos	189
3310	Diogo Jesus	750	01:00:37	06:04	Cofina Runners	Seniores Masculinos	557

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3311	PEDRO MURÇA	4097	01:00:38	06:04	Club Millenium BCP	M50/M55/M60	652
3312	Tiago Silva	5085	01:00:38	06:04	Individual	M35/M40/M45	1469
3313	Pedro Ponte	737	01:00:39	06:04	Cofina Runners	Seniores Masculinos	558
3314	Paulo Simões	4617	01:00:39	06:04	Individual	M35/M40/M45	1470
3315	Carlos Romao	3007	01:00:39	06:04	Holmes Place	M50/M55/M60	653
3316	Alfredo Jorge Pereira Martinho	5152	01:00:39	06:04	Individual	M35/M40/M45	1471
3317	Cátia Fernandes Câmara	298	01:00:39	06:04	Individual	Seniores Femininos	190
3318	Tomé Vardasca	1379	01:00:40	06:04	Individual	Seniores Masculinos	559
3319	Conceição Santos	3002	01:00:41	06:05	Individual	F50/F55/F60	60
3320	altino silva	1578	01:00:41	06:05	casa do pessoal do iva	M50/M55/M60	654
3321	André Godinho	765	01:00:41	06:05	Individual	Seniores Masculinos	560
3322	susana palma	1565	01:00:41	06:05	casa do pessoal do iva	F35/F40/F45	313
3323	Mario Vinhas	4416	01:00:42	06:05	Individual	M35/M40/M45	1472
3324	Vitor Cerqueira	3549	01:00:45	06:05	Individual	M50/M55/M60	655
3325	Rui Pinheiro	2032	01:00:45	06:05	Individual	M35/M40/M45	1473
3326	António Manuel Antunes	3542	01:00:45	06:05	TVI	M50/M55/M60	656
3327	Joao Eusebio Eusebio	425	01:00:45	06:05	Individual	M35/M40/M45	1474
3328	Luis Henriques	5087	01:00:46	06:05	Individual	Seniores Masculinos	561
3329	Teresa Moreno	484	01:00:46	06:05	Individual	F50/F55/F60	61
3330	Lurdes António	4897	01:00:48	06:05	Individual	F35/F40/F45	314
3331	Rui Sá	4140	01:00:48	06:05	PROSEGUR	M35/M40/M45	1475
3332	RICARDO EMANUEL PEREIRA GASPAR	2530	01:00:49	06:05	Santander Totta DICASA	Seniores Masculinos	562
3333	João Diegues	1670	01:00:50	06:05	Individual	M35/M40/M45	1476
3334	Rodrigo Duarte Silva	5478	01:00:50	06:05	TVI 5 Estações	M50/M55/M60	657
3335	SÍLVIA MATA	3858	01:00:51	06:06	OS MATAS	F35/F40/F45	315
3336	Sandra Santos	1582	01:00:51	06:06	Individual	F35/F40/F45	316
3337	DINIS SOUSA	4796	01:00:52	06:06	Individual	M50/M55/M60	658
3338	paula Lima	1945	01:00:52	06:06	collaborator EDP	F35/F40/F45	317
3339	Helena Soares	4768	01:00:53	06:06	Individual	F35/F40/F45	318
3340	Paulo Padrão	5146	01:00:54	06:06	Individual	M35/M40/M45	1477
3341	anabela meia-via	1398	01:00:58	06:06	camara lisboa clube	F35/F40/F45	319
3342	EUCLIDES GOMES SANTOS	1987	01:00:59	06:06	Santander Totta	M50/M55/M60	659
3343	JOSE MANUEL MORAIS RIBEIRO	1986	01:01:00	06:06	Santander Totta	M50/M55/M60	660
3344	gonçalo dias	1000	01:01:00	06:06	Individual	M35/M40/M45	1478
3345	Da silva Carlos	1896	01:01:02	06:07	Individual	M50/M55/M60	661
3346	VIRGILIO FERREIRA	4069	01:01:05	06:07	Club Millenium BCP	M50/M55/M60	662
3347	Miguel Marques	4916	01:01:06	06:07	Individual	M35/M40/M45	1479
3348	Antonio Raimundo	979	01:01:06	06:07	Individual	M50/M55/M60	663
3349	Pedro Graca	2635	01:01:07	06:07	Santander Totta GD Santander Totta	M35/M40/M45	1480
3350	Carla Alexandra Pimenta Varela Almeida Nunes	3713	01:01:08	06:07	Individual	F35/F40/F45	320
3351	Iolanda Vaz	2098	01:01:09	06:07	Individual	F35/F40/F45	321
3352	PAULO RODRIGUES	2705	01:01:09	06:07	Individual	M50/M55/M60	664
3353	Carla Vitorino	2978	01:01:10	06:07	Hotel Dom Pedro	F35/F40/F45	322
3354	Tiago Rosa	4987	01:01:11	06:08	Individual	Seniores Masculinos	563
3355	BERNARDO BRANDÃO	4053	01:01:11	06:08	Club Millenium BCP	Seniores Masculinos	564
3356	carlos nunes	4043	01:01:11	06:08	Club Millenium BCP	M50/M55/M60	665
3357	António Manuel dos Santos Jorge Jorge	351	01:01:12	06:08	Individual	M50/M55/M60	666
3358	Paulo Matos	5010	01:01:12	06:08	PROSEGUR condores varge mondar	M35/M40/M45	1481

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3359	Joao Augusto	3024	01:01:12	06:08	Individual	M35/M40/M45	1482
3360	Luiza Miranda dos Reis	3923	01:01:13	06:08	Individual	Seniores Femininos	191
3361	Ana Robin Andrade	4753	01:01:14	06:08	Individual	F35/F40/F45	323
3362	ANA MORAES	5258	01:01:14	06:08	Individual	F35/F40/F45	324
3363	Sara Oliveira	4090	01:01:15	06:08	Club Millenium BCP	F35/F40/F45	325
3364	Sandra Poço	4096	01:01:17	06:08	Club Millenium BCP	F35/F40/F45	326
3365	Alexandra Silva	306	01:01:17	06:08	GINjinha Runners	F35/F40/F45	327
3366	cecilia Ribeiro	1898	01:01:18	06:08	Mucifalense	F35/F40/F45	328
3367	Sara Ribeiro	86	01:01:18	06:08	Hotel Dom Pedro	F35/F40/F45	329
3368	Carlos Aires	2860	01:01:18	06:08	Premium Runners	M50/M55/M60	667
3369	beatriz Carvalho	1909	01:01:20	06:08	Mucifalense	Juniores Femininos	15
3370	sergio canelas	5078	01:01:20	06:08	Individual	M35/M40/M45	1483
3371	Mayer Raposo	428	01:01:21	06:09	Associação de Atletismo Lebres do Sado	M50/M55/M60	668
3372	Ana Paula Telo	4007	01:01:22	06:09	Individual	F35/F40/F45	330
3373	Mauro Lança	3481	01:01:23	06:09	Individual	M35/M40/M45	1484
3374	Patricia Paulo	5254	01:01:24	06:09	Premium Runners	F35/F40/F45	331
3375	ISABEL OLEIRO	4436	01:01:24	06:09	PROSEGUR	F35/F40/F45	332
3376	Ana Sofia Rosa	3138	01:01:24	06:09	Santander Totta I Runners Frente Ribeirinha Póvoa Santa Iria	F35/F40/F45	333
3377	Vera Silveira	4803	01:01:26	06:09	Individual	Seniores Femininos	192
3378	Celeste Alves	2633	01:01:27	06:09	Individual	F50/F55/F60	62
3379	Dina Nunes	2748	01:01:28	06:09	Tranquilidade TAC	F35/F40/F45	334
3380	Pedro Alves	1834	01:01:28	06:09	collaborator EDP	Seniores Masculinos	565
3381	Rumor Filipe	1895	01:01:29	06:09	Individual	M35/M40/M45	1485
3382	Ricardo Carrasqueira	5059	01:01:30	06:09	Individual	M35/M40/M45	1486
3383	Isabel Garcia	2999	01:01:30	06:09	Guizo Runners	F50/F55/F60	63
3384	Jalmor Jalmor	2873	01:01:30	06:09	EDP Free	M35/M40/M45	1487
3385	José Lino Costa	3759	01:01:31	06:10	Individual	M35/M40/M45	1488
3386	Tobias Rocha	4126	01:01:31	06:10	Individual	M50/M55/M60	669
3387	Marcelino Gomes Gomes	4652	01:01:32	06:10	Individual	M50/M55/M60	670
3388	MARIA QUITÉRIA	768	01:01:32	06:10	ALGYMNS	F35/F40/F45	335
3389	Alexandre Vilão	1019	01:01:33	06:10	Individual	Seniores Masculinos	566
3390	Ricardo Basso	1464	01:01:34	06:10	Individual	M35/M40/M45	1489
3391	josé Quaresma	5065	01:01:34	06:10	Individual	M50/M55/M60	671
3392	Tânia Gonçalves	632	01:01:35	06:10	Individual	Seniores Femininos	193
3393	Pedro Serápio	2564	01:01:35	06:10	EDP Free	Seniores Masculinos	567
3394	Adelaide Leitão	5045	01:01:36	06:10	Individual	F35/F40/F45	336
3395	Ana Ramos	4895	01:01:36	06:10	Individual	F35/F40/F45	337
3396	Tânia Pina	1541	01:01:37	06:10	Individual	F35/F40/F45	338
3397	Ana Duarte	4138	01:01:38	06:10	PROSEGUR	F35/F40/F45	339
3398	Sandra atalho Bolas	2631	01:01:38	06:10	Santander Totta Os papos secos	F35/F40/F45	340
3399	Carlos André Garcia	4680	01:01:38	06:10	Individual	M35/M40/M45	1490
3400	Luis Silva Sousa	2532	01:01:39	06:10	Individual	M50/M55/M60	672
3401	João Pereira	5467	01:01:39	06:10	Individual	M50/M55/M60	673
3402	Luis Isabelinha	3604	01:01:40	06:10	Clube Futebol "Os Belenenses"	M35/M40/M45	1491
3403	Sara Filipa	1667	01:01:40	06:10	Clube Futebol "Os Belenenses"	Seniores Femininos	194
3404	BEATRIZ MARTINS	5465	01:01:40	06:10	Premium Runners	Seniores Femininos	195
3405	Ana Cabrita	1923	01:01:41	06:11	collaborator EDP	M35/M40/M45	1492
3406	Artur Paulo Almeida Botão	4048	01:01:41	06:11	Club Millenium BCP	M35/M40/M45	1493

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3407	Rui Tavares	3836	01:01:42	06:11	PROSEGUR	M35/M40/M45	1494
3408	Hugo Félix Silva	1061	01:01:43	06:11	Individual	M35/M40/M45	1495
3409	Marco Carvalho	3132	01:01:43	06:11	Individual	M35/M40/M45	1496
3410	José Gonçalves	3841	01:01:44	06:11	PROSEGUR	M35/M40/M45	1497
3411	Andreia Graça	1566	01:01:44	06:11	Individual	Seniores Femininos	196
3412	pedro Calvário	2922	01:01:44	06:11	Individual	M35/M40/M45	1498
3413	Raquel Moleiro Moleiro	3739	01:01:44	06:11	Individual	F35/F40/F45	341
3414	nancy almeida	999	01:01:46	06:11	Individual	F35/F40/F45	342
3415	nora chmielewski	2342	01:01:46	06:11	Individual	Seniores Femininos	197
3416	Rodrigo Catrau	2316	01:01:47	06:11	Individual	Seniores Masculinos	568
3417	Carla Guerreiro	2638	01:01:48	06:11	Individual	F35/F40/F45	343
3418	Marta Rodrigues	3798	01:01:48	06:11	Individual	Seniores Femininos	198
3419	Madalena Estevao	3767	01:01:49	06:11	Individual	F35/F40/F45	344
3420	Mariana Pereira	6125	01:01:50	06:11	EVELX-Associação de Estilos de Vida Saudável	F50/F55/F60	64
3421	Nuno Rainho Fernandes	257	01:01:50	06:11	Individual	M50/M55/M60	674
3422	José Ribeiro ribeiro	2126	01:01:51	06:12	Santander Totta GD Santander Totta	M50/M55/M60	675
3423	Flávio Pereira	3867	01:01:51	06:12	Individual	Seniores Masculinos	569
3424	Duarte Jaime Fernandes Pereira	4432	01:01:52	06:12	Individual	M35/M40/M45	1499
3425	Margarida Benevides	5058	01:01:53	06:12	Individual	F35/F40/F45	345
3426	CLAUDIA SILVA	1633	01:01:53	06:12	Individual	F35/F40/F45	346
3427	Pedro Ferreira	1528	01:01:54	06:12	Peniche a Correr	Seniores Masculinos	570
3428	Paulo Caetano	4095	01:01:54	06:12	Club Millenium BCP	M35/M40/M45	1500
3429	Joana Fitas	3866	01:01:54	06:12	Individual	Seniores Femininos	199
3430	Tiago Pereira	4672	01:01:54	06:12	Individual	M35/M40/M45	1501
3431	Luís Lopes	3772	01:01:55	06:12	Individual	M35/M40/M45	1502
3432	Mário Lobo	3643	01:01:56	06:12	Individual	M35/M40/M45	1503
3433	Nuno Ricardo Cardoso	3883	01:01:57	06:12	Individual	M35/M40/M45	1504
3434	Sofia Ferreira Cândido	2192	01:01:59	06:12	Individual	F35/F40/F45	347
3435	Rui Baptista	3636	01:01:59	06:12	Individual	M35/M40/M45	1505
3436	Ana Costa	2571	01:02:00	06:12	collaborator EDP	Seniores Femininos	200
3437	ABEL LOURO	4051	01:02:00	06:12	Club Millenium BCP	M50/M55/M60	676
3438	António Fonseca	2408	01:02:01	06:13	SSCGD-Secção Atletismo	M35/M40/M45	1506
3439	António Ferreira	959	01:02:01	06:13	Individual	M35/M40/M45	1507
3440	Pedro Guerra	958	01:02:02	06:13	Individual	M35/M40/M45	1508
3441	Susana Camara	3621	01:02:02	06:13	Mais cuidar running	F35/F40/F45	348
3442	Favelina sANTOS	5068	01:02:02	06:13	Individual	F35/F40/F45	349
3443	jose fonseca	5084	01:02:02	06:13	Individual	M50/M55/M60	677
3444	António José Carmo Morais Pires	911	01:02:06	06:13	Reinaldo Gomes	M50/M55/M60	678
3445	Carlos António Caçador Marques	4127	01:02:07	06:13	Individual	M50/M55/M60	679
3446	Jorge Figueiredo	386	01:02:07	06:13	Individual	M35/M40/M45	1509
3447	João Carmo Ventura Fernandes	920	01:02:07	06:13	Reinaldo Gomes	M50/M55/M60	680
3448	José Pedro Vilela	4081	01:02:08	06:13	Club Millenium BCP	M50/M55/M60	681
3449	Raquel Víctor	2569	01:02:09	06:13	collaborator EDP	Seniores Femininos	201
3450	Izilda Lourenço	119	01:02:09	06:13	Reinaldo Gomes	F35/F40/F45	350
3451	Márcia Andrade	2257	01:02:10	06:13	Individual	Seniores Femininos	202
3452	Jorge Manuel Nunes da Fonseca Mendes Baptista	2191	01:02:10	06:13	Individual	M50/M55/M60	682
3453	Sepúlveda Teresa	4563	01:02:10	06:13	Individual	F35/F40/F45	351
3454	Alexandre NULL	4285	01:02:11	06:14	DMC	M35/M40/M45	1510

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3455	António Abrantes	4668	01:02:12	06:14	Individual	M50/M55/M60	683
3456	Susana Monteiro	3881	01:02:13	06:14	Individual	Seniores Femininos	203
3457	Marta Jesus	4496	01:02:14	06:14	Centro de Marcha e Corrida Grândola	Seniores Femininos	204
3458	Ana Santos	3791	01:02:16	06:14	Individual	F35/F40/F45	352
3459	João Castro	1653	01:02:17	06:14	Individual	M50/M55/M60	684
3460	Tiago Pinto	3742	01:02:18	06:14	Individual	M35/M40/M45	1511
3461	Bruno Caiado	3706	01:02:19	06:14	Individual	Seniores Masculinos	571
3462	Tania Ferreira	1952	01:02:19	06:14	Santander Totta	Seniores Femininos	205
3463	Angela Afonso	4906	01:02:19	06:14	PROSEGUR	F35/F40/F45	353
3464	Sancha Pereira	878	01:02:19	06:14	Individual	Seniores Femininos	206
3465	José Vilela	1609	01:02:19	06:14	Clube Robbialac	M50/M55/M60	685
3466	Robin Statfeld	321	01:02:21	06:15	Individual	F50/F55/F60	65
3467	Silvino Martins	2503	01:02:23	06:15	Individual	M50/M55/M60	686
3468	José Santos	1491	01:02:24	06:15	Individual	M35/M40/M45	1512
3469	crisrina garoupa	2396	01:02:25	06:15	SSCGD-Secção Atletismo	F50/F55/F60	66
3470	Carlos Espirito santo	4050	01:02:25	06:15	Club Millenium BCP	M50/M55/M60	687
3471	Adelaide Porto	2190	01:02:25	06:15	Individual	F50/F55/F60	67
3472	Monica Coutinho	5295	01:02:26	06:15	Individual	F35/F40/F45	354
3473	Miguel Caratão	3815	01:02:27	06:15	Individual	M35/M40/M45	1513
3474	Marta Ribeiro	4147	01:02:27	06:15	Individual	Seniores Femininos	207
3475	Sergio Casteleiro	3600	01:02:27	06:15	Individual	M35/M40/M45	1514
3476	Manuel Lucas António	4201	01:02:29	06:15	Individual	M35/M40/M45	1515
3477	Gonçalo Nascimento	3455	01:02:29	06:15	Individual	Seniores Masculinos	572
3478	Ana Margarida José	2274	01:02:30	06:15	Individual	F35/F40/F45	355
3479	Pedro Curveira	2905	01:02:30	06:15	Individual	M50/M55/M60	688
3480	Andreia vale	738	01:02:31	06:16	Cofina Runners	F35/F40/F45	356
3481	Duarte Gonçalves	2702	01:02:31	06:16	Individual	M35/M40/M45	1516
3482	Tania Matos	5009	01:02:31	06:16	PROSEGUR condores varge mondar	Seniores Femininos	208
3483	Marta Mata	2879	01:02:31	06:16	Individual	Seniores Femininos	209
3484	RODOLFO LIMA	4089	01:02:32	06:16	Club Millenium BCP	M50/M55/M60	689
3485	Maria de Fátima Anastácio	885	01:02:34	06:16	Peniche a Correr	F50/F55/F60	68
3486	Ana Rita Ramos	2349	01:02:34	06:16	Individual	F35/F40/F45	357
3487	Bruno Urmal Miranda	992	01:02:35	06:16	Individual	Seniores Masculinos	573
3488	Adelina Brum	4662	01:02:36	06:16	Individual	F35/F40/F45	358
3489	Carla Coelho	3602	01:02:36	06:16	Clube Futebol "Os Belenenses"	F35/F40/F45	359
3490	Vanda Sequeira	1549	01:02:36	06:16	CLUBE COLABORADORES AGEAS	F35/F40/F45	360
3491	Andre Gordinho	2348	01:02:37	06:16	Individual	Seniores Masculinos	574
3492	Rita Miranda	2347	01:02:38	06:16	Individual	Seniores Femininos	210
3493	João Fonseca	3941	01:02:39	06:16	Individual	Seniores Masculinos	575
3494	Luis Farinha	1649	01:02:40	06:16	Serviços Sociais Montepio	M35/M40/M45	1517
3495	Leonor Oliveira	3776	01:02:41	06:17	Individual	F35/F40/F45	361
3496	Ernesto Pereira	4204	01:02:42	06:17	Individual	M35/M40/M45	1518
3497	Flávio Matias	2196	01:02:42	06:17	Individual	Seniores Masculinos	576
3498	Ana Pereira	4183	01:02:42	06:17	Individual	M35/M40/M45	1519
3499	Nuno Vieira	2549	01:02:43	06:17	Técnico Rugby Running Team	M35/M40/M45	1520
3500	Yiran Meng	4669	01:02:43	06:17	Individual	Seniores Femininos	211
3501	Renato Alves	1613	01:02:44	06:17	Individual	M35/M40/M45	1521
3502	Antonio Ferreira Alves	3740	01:02:44	06:17	Individual	M50/M55/M60	690

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3503	Maria Gabriela Sobral	1719	01:02:44	06:17	Individual	F50/F55/F60	69
3504	Bruno Silva Santos	5088	01:02:45	06:17	Individual	M35/M40/M45	1522
3505	Diogo Madeira	4165	01:02:46	06:17	Individual	Seniores Masculinos	577
3506	Rui Fernandes	357	01:02:49	06:17	Individual	M35/M40/M45	1523
3507	Henrique Pastor	3504	01:02:50	06:17	Metropolitano de Lisboa CCDT METRO LX	Juniores Masculinos	58
3508	Bruno Ferreira	740	01:02:51	06:18	Cofina Runners	Seniores Masculinos	578
3509	Sofia Garcia	4650	01:02:51	06:18	Individual	Seniores Femininos	212
3510	Sandra Dinis	5122	01:02:51	06:18	Futebol Clube Estrelas de Lisboa	F35/F40/F45	362
3511	Paulo Trigo	4146	01:02:52	06:18	Individual	M35/M40/M45	1524
3512	Hugo Rodrigues	1682	01:02:53	06:18	Individual	M35/M40/M45	1525
3513	Raúl Costa	1608	01:02:55	06:18	Clube Robbialac	M50/M55/M60	691
3514	Carlos Machado	5119	01:02:55	06:18	Futebol Clube Estrelas de Lisboa	M35/M40/M45	1526
3515	David Candeias	4635	01:02:56	06:18	Individual	Juniores Masculinos	59
3516	Carmen Lança	1692	01:02:57	06:18	Individual	F35/F40/F45	363
3517	Sandrina Cristele Pereira Vieira Vieira	2346	01:02:58	06:18	Individual	Seniores Femininos	213
3518	Marcelo Cardoso	3422	01:03:00	06:18	GDCT Unicre	M35/M40/M45	1527
3519	MARIA DA CONCEIÇÃO FIGUEIREDO DA CUNHA	103	01:03:00	06:18	Asas nos Pés	F50/F55/F60	70
3520	José Abreu	3793	01:03:01	06:19	Individual	M50/M55/M60	692
3521	Isilda Barradas	3000	01:03:04	06:19	Individual	F50/F55/F60	71
3522	Fernando Guarany	117	01:03:05	06:19	Fernando Guarany	M50/M55/M60	693
3523	Flávio Alves Ferreira	2246	01:03:06	06:19	Individual	M35/M40/M45	1528
3524	Bruno Miguel Santos Belmonte de Lemos	883	01:03:07	06:19	Oficina do Rui	M35/M40/M45	1529
3525	José Rasquinho	5062	01:03:08	06:19	Individual	Seniores Masculinos	579
3526	Mahomed Assifo Hassane	4279	01:03:08	06:19	Individual	M35/M40/M45	1530
3527	Teresa Realinho	4915	01:03:08	06:19	Individual	Seniores Femininos	214
3528	ISABEL VIEIRA	3884	01:03:09	06:19	OS MATAS	F35/F40/F45	364
3529	Elia Granja	3592	01:03:09	06:19	Individual	F35/F40/F45	365
3530	José Santos	3882	01:03:10	06:19	Individual	M50/M55/M60	694
3531	Ana Luísa Sobral	1718	01:03:11	06:20	Individual	Seniores Femininos	215
3532	José Andrade	4154	01:03:11	06:20	Individual	M35/M40/M45	1531
3533	Nuno Oliveira	781	01:03:12	06:20	Individual	M35/M40/M45	1532
3534	Miguel Chin	1910	01:03:12	06:20	Individual	Seniores Masculinos	580
3535	Julie Serrao	4699	01:03:14	06:20	Individual	F35/F40/F45	366
3536	Pedro Carvalho	4232	01:03:16	06:20	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	1533
3537	Jorge Valadares	4840	01:03:16	06:20	SIMECruz Quebradense	M50/M55/M60	695
3538	Luís Coelho	4825	01:03:16	06:20	SIME Cruz Quebradense	M50/M55/M60	696
3539	Flávia Penan	5281	01:03:17	06:20	Individual	Seniores Femininos	216
3540	Alejandro Jaumandreu Ramirez	679	01:03:18	06:20	Individual	Seniores Masculinos	581
3541	Carlos Alberto Medeiros Rosa da Conceição	4100	01:03:19	06:20	Club Millenium BCP	M50/M55/M60	697
3542	Rui Pinto	3616	01:03:19	06:20	Individual	M50/M55/M60	698
3543	Luísa Penela	401	01:03:19	06:20	Individual	F35/F40/F45	367
3544	Jorge Camoesas	3931	01:03:19	06:20	Individual	M35/M40/M45	1534
3545	André Santos	4663	01:03:19	06:20	Individual	Seniores Masculinos	582
3546	Mariana de Almeida Pinto Ferreira Francisco	137	01:03:20	06:20	Individual	Juniores Femininos	16
3547	ANTONIO ALBUQUERQUE	2991	01:03:21	06:21	Tranquilidade	M35/M40/M45	1535
3548	Sérgio Ricardo Matos Dias	4689	01:03:21	06:21	Individual	M35/M40/M45	1536
3549	Rui Dinis	1232	01:03:21	06:21	Individual	M35/M40/M45	1537
3550	Jorge Antunes	1296	01:03:21	06:21	Individual	M35/M40/M45	1538

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3551	João Gonçalves	1655	01:03:22	06:21	Individual	M35/M40/M45	1539
3552	Filipe Gomes	4402	01:03:22	06:21	Individual	M50/M55/M60	699
3553	Cátia Silva	1669	01:03:22	06:21	Individual	F35/F40/F45	368
3554	Helena Vasconcelos	2839	01:03:22	06:21	GDCFidelidade	F35/F40/F45	369
3555	Raquel Duarte	2644	01:03:22	06:21	GDCFidelidade	F35/F40/F45	370
3556	Alfredo Magalhães Júnior	4435	01:03:24	06:21	Individual	M50/M55/M60	700
3557	Eurico Filipe Madeira Fernandes	3437	01:03:24	06:21	MiRC.	Seniores Masculinos	583
3558	Ana Canaveira	3190	01:03:26	06:21	Tranquilidade TAC	F50/F55/F60	72
3559	Francisca Lorga	3696	01:03:29	06:21	Individual	Seniores Femininos	217
3560	Céu Neves	4965	01:03:32	06:22	Individual	F50/F55/F60	73
3561	Hilario Dias	472	01:03:35	06:22	Individual	M50/M55/M60	701
3562	António Manuel Freixo Amaral	3529	01:03:37	06:22	Individual	M50/M55/M60	702
3563	João Maia	4514	01:03:37	06:22	Centro de Marcha e Corrida Grândola	M35/M40/M45	1540
3564	Inês Agostinho	1579	01:03:38	06:22	Individual	Seniores Femininos	218
3565	Cátia Costa	2639	01:03:38	06:22	Individual	F35/F40/F45	371
3566	Sandra Caturra	4501	01:03:38	06:22	Centro de Marcha e Corrida Grândola	F35/F40/F45	372
3567	Raquel Roque	4407	01:03:39	06:22	Individual	F35/F40/F45	373
3568	Hugo Santos	4406	01:03:40	06:22	Individual	M35/M40/M45	1541
3569	Vitor Cardoso	3795	01:03:41	06:23	Individual	M35/M40/M45	1542
3570	luis filipe costa	641	01:03:42	06:23	quarentões na bisga	M50/M55/M60	703
3571	Catarina Bailão	2515	01:03:42	06:23	SSCGD-Secção Atletismo	Seniores Femininos	219
3572	Jorge Gomes	5482	01:03:43	06:23	Individual	M50/M55/M60	704
3573	Paulo Bailão	2502	01:03:43	06:23	SSCGD-Secção Atletismo	M35/M40/M45	1543
3574	josefa bras pereira	4801	01:03:44	06:23	Individual	Seniores Femininos	220
3575	Carlos Miguel Teixeira	1116	01:03:44	06:23	Wikaboo	M35/M40/M45	1544
3576	Célia João da Cruz Marmelo	519	01:03:44	06:23	Individual	F35/F40/F45	374
3577	valeria mloreira	4690	01:03:44	06:23	Individual	F35/F40/F45	375
3578	camila melo	3801	01:03:45	06:23	Individual	F35/F40/F45	376
3579	Carlos Alberto Teixeira	1583	01:03:45	06:23	Individual	M50/M55/M60	705
3580	Catarina Matias Marcelino	4493	01:03:45	06:23	Centro de Marcha e Corrida Grândola	Seniores Femininos	221
3581	Dina Lúcia Gonçalves	4498	01:03:46	06:23	Centro de Marcha e Corrida Grândola	F35/F40/F45	377
3582	João Paulo Nunes Godinho Domingues	372	01:03:46	06:23	Individual	M35/M40/M45	1545
3583	António Soares	5453	01:03:47	06:23	OPraticante.pt	M50/M55/M60	706
3584	David Castro	1037	01:03:47	06:23	Individual	Seniores Masculinos	584
3585	Paula Saraiva	5452	01:03:47	06:23	O Praticante.PT	F35/F40/F45	378
3586	Filipa Figueira	4824	01:03:47	06:23	Individual	F35/F40/F45	379
3587	Arminda Basilio	5457	01:03:48	06:23	OPraticante.pt	F35/F40/F45	380
3588	carlos teixeira goncalves king	2440	01:03:49	06:23	Individual	M50/M55/M60	707
3589	Joana Rodrigues	3856	01:03:50	06:23	Individual	F35/F40/F45	381
3590	Jose Alberto Dias Oliveira Martins Lopes	4715	01:03:50	06:23	Individual	M35/M40/M45	1546
3591	JOSE MARQUES	2977	01:03:50	06:23	Individual	M50/M55/M60	708
3592	Isabel Rodrigues	3869	01:03:51	06:24	Individual	F35/F40/F45	382
3593	Vanessa Fonseca	4123	01:03:51	06:24	Individual	Seniores Masculinos	585
3594	Rafael Santos	1474	01:03:52	06:24	CCDTMETROLX	M50/M55/M60	709
3595	Daniel Tomás	5153	01:03:52	06:24	Individual	M35/M40/M45	1547
3596	Nuno alexandre matos pita Pita	3115	01:03:52	06:24	Metropolitano de Lisboa CCDT METRO LX	M35/M40/M45	1548
3597	João Carvalho	345	01:03:54	06:24	Individual	M35/M40/M45	1549
3598	Rute Dias	2442	01:03:55	06:24	Individual	F35/F40/F45	383

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3599	Sónia Luz	4806	01:03:56	06:24	Individual	F35/F40/F45	384
3600	Pedro Domingues	2334	01:03:56	06:24	MiRC.	M35/M40/M45	1550
3601	Miguel Angelo Gomes	3735	01:03:56	06:24	MiRC.	Seniores Masculinos	586
3602	Pedro Paulos	4807	01:03:57	06:24	Individual	M35/M40/M45	1551
3603	Maria Helena Fino	2989	01:03:57	06:24	EDP Free	F50/F55/F60	74
3604	Ailton Pereira	1842	01:03:57	06:24	collaborator EDP	Seniores Masculinos	587
3605	Ana Rita	5026	01:03:58	06:24	Individual	Seniores Femininos	222
3606	Maria Fialho	4422	01:03:58	06:24	Individual	Seniores Femininos	223
3607	Marco Lourenço	4271	01:03:58	06:24	Individual	Seniores Masculinos	588
3608	Bruno Neves	3599	01:04:00	06:24	Individual	Seniores Masculinos	589
3609	Domingos Gaspar Gaspar	3968	01:04:00	06:24	Maratona Clube de Portugal - Zanussi G.M.E.Nacional	M50/M55/M60	710
3610	Fábio Costa	4759	01:04:01	06:25	Individual	Seniores Masculinos	590
3611	José Nogueira	1843	01:04:01	06:25	collaborator EDP	M35/M40/M45	1552
3612	Mónica Sousa	4207	01:04:02	06:25	Individual	F35/F40/F45	385
3613	Rita Marques	2406	01:04:03	06:25	SSCGD-Secção Atletismo	F35/F40/F45	386
3614	Dora Reis Arenga	3862	01:04:04	06:25	Individual	F35/F40/F45	387
3615	Patricia Fernandes	361	01:04:04	06:25	Individual	F35/F40/F45	388
3616	Lina Gomes	3008	01:04:06	06:25	Santander Totta I	Seniores Femininos	224
3617	Luís Fernandes	3633	01:04:06	06:25	Individual	M50/M55/M60	711
3618	Cátia Cabral	3017	01:04:07	06:25	Santander Totta I	F35/F40/F45	389
3619	Carlos Rodrigues	2336	01:04:09	06:25	Individual	M35/M40/M45	1553
3620	ANA MARTINS	2981	01:04:09	06:25	Individual	F35/F40/F45	390
3621	Celia Carvalho	3766	01:04:10	06:25	Individual	F35/F40/F45	391
3622	Paulo Godinho	3710	01:04:10	06:25	Grupo Desportivo e Cultural dos Empregados do Banco BPI	M50/M55/M60	712
3623	António Manuel Costa	3828	01:04:11	06:26	Individual	M50/M55/M60	713
3624	Anabela Carvalho	3924	01:04:11	06:26	Individual	F35/F40/F45	392
3625	Susana Mendes	4344	01:04:12	06:26	Individual	F35/F40/F45	393
3626	Hermínio Costa	978	01:04:13	06:26	Individual	M50/M55/M60	714
3627	João Apolo	3864	01:04:14	06:26	Individual	M35/M40/M45	1554
3628	Carlos Rodrigues	1826	01:04:14	06:26	collaborator EDP	M50/M55/M60	715
3629	ANTONIO PAIS PAIS	4917	01:04:14	06:26	Individual	M50/M55/M60	716
3630	Carlos Valério	1677	01:04:14	06:26	Individual	Seniores Masculinos	591
3631	Margarida Teixeira	3681	01:04:14	06:26	Individual	F35/F40/F45	394
3632	Mª João Franco	703	01:04:15	06:26	VALEJAS ATLETICO CLUBE	F35/F40/F45	395
3633	Paulo Cruz	2992	01:04:15	06:26	Individual	M50/M55/M60	717
3634	Armando Correia	3278	01:04:15	06:26	Individual	M50/M55/M60	718
3635	Fernando Matos	4425	01:04:15	06:26	Individual	M35/M40/M45	1555
3636	Ilda Simões	704	01:04:15	06:26	VALEJAS ATLETICO CLUBE	F35/F40/F45	396
3637	João Fernandes	2048	01:04:16	06:26	Individual	Seniores Masculinos	592
3638	Inês Almeida	1902	01:04:16	06:26	Individual	Seniores Femininos	225
3639	Mikael Saraiva	3939	01:04:16	06:26	Individual	Seniores Masculinos	593
3640	Tânia Lurdes Sales	4815	01:04:16	06:26	Renault RRC	F35/F40/F45	397
3641	luisa falé costa	640	01:04:16	06:26	quarentões na bisga	F35/F40/F45	398
3642	Fatima Duarte	3601	01:04:17	06:26	Individual	F35/F40/F45	399
3643	Natalia Fernandes Fernandes	4155	01:04:19	06:26	Individual	F50/F55/F60	75
3644	Fiona Duffy Monteiro	1744	01:04:20	06:26	Individual	Seniores Femininos	226
3645	Orlando Sousa	1591	01:04:22	06:27	CCDTMETROLX	M50/M55/M60	719
3646	Ana Isabel Brás	681	01:04:23	06:27	Individual	Seniores Femininos	227

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3647	Catarina Vieira	683	01:04:23	06:27	Individual	F35/F40/F45	400
3648	Fernando Filipe	1618	01:04:25	06:27	Individual	M35/M40/M45	1556
3649	António Pinho	429	01:04:25	06:27	Associação de Atletismo Lebres do Sado	M50/M55/M60	720
3650	Catarina Clérigo	261	01:04:28	06:27	Individual	F50/F55/F60	76
3651	Cesar Fialho Guerra	1602	01:04:28	06:27	Individual	M35/M40/M45	1557
3652	Marcela Pizzinatto	4831	01:04:28	06:27	Individual	F35/F40/F45	401
3653	ARQUIMINIO CABRAL	1107	01:04:30	06:27	Individual	M35/M40/M45	1558
3654	Bruno Graça	1947	01:04:30	06:27	collaborator EDP	M35/M40/M45	1559
3655	marta sofia pinto borges	4757	01:04:30	06:27	Individual	F35/F40/F45	402
3656	Nuno Dona	1720	01:04:31	06:28	Individual	M35/M40/M45	1560
3657	Renato Vasconcelos Junior	3876	01:04:34	06:28	Individual	M35/M40/M45	1561
3658	Luis Gois	2044	01:04:34	06:28	Individual	M35/M40/M45	1562
3659	Carlos VelozComoUmaLebre	2019	01:04:34	06:28	Individual	M35/M40/M45	1563
3660	TERESA NICOLAU	578	01:04:35	06:28	Individual	F50/F55/F60	77
3661	Cecília Nicolau	610	01:04:35	06:28	Individual	F50/F55/F60	78
3662	Aline Santos	4657	01:04:35	06:28	Individual	F35/F40/F45	403
3663	Acacio Lopes	4091	01:04:37	06:28	Club Millenium BCP	M50/M55/M60	721
3664	TANIA MARINA CARVALHO MARTINS SIMOES DURO	4101	01:04:37	06:28	Club Millenium BCP	F35/F40/F45	404
3665	Ana Silva	1824	01:04:43	06:29	collaborator EDP	F50/F55/F60	79
3666	Julio NULL	4283	01:04:43	06:29	DMC	M35/M40/M45	1564
3667	Ana Godinho	3859	01:04:47	06:29	Individual	F35/F40/F45	405
3668	Joana Gomes	1598	01:04:48	06:29	Individual	F35/F40/F45	406
3669	Carla Alves	4347	01:04:49	06:29	Individual	F35/F40/F45	407
3670	Paulo Almeida	2887	01:04:49	06:29	Individual	M50/M55/M60	722
3671	Franklim Morgado	2218	01:04:50	06:29	collaborator EDP	M35/M40/M45	1565
3672	Ricardo Ferreira	1672	01:04:50	06:29	Serviços Sociais Montepio	M35/M40/M45	1566
3673	Jordana Gonçalves	5082	01:04:51	06:30	Individual	Seniores Femininos	228
3674	José Augusto Antunes	2231	01:04:51	06:30	collaborator EDP	M50/M55/M60	723
3675	Sónia Santos	5066	01:04:51	06:30	Individual	Seniores Femininos	229
3676	Ana Paula Mateus	5067	01:04:51	06:30	Individual	Seniores Femininos	230
3677	Suzana Silveiro Silveiro	4412	01:04:52	06:30	Individual	M35/M40/M45	1567
3678	Ana Cristina Gonçalves	2949	01:04:52	06:30	Individual	Seniores Femininos	231
3679	Jorge Manuel pepe Serra	2245	01:04:52	06:30	Individual	M35/M40/M45	1568
3680	Carolina Peixoto	2707	01:04:52	06:30	Individual	Seniores Femininos	232
3681	Luís Silva	1810	01:04:53	06:30	collaborator EDP	Seniores Masculinos	594
3682	MARGARIDA METELO	4064	01:04:53	06:30	Club Millenium BCP	F35/F40/F45	408
3683	Vanda Badé	4769	01:04:54	06:30	Individual	F35/F40/F45	409
3684	DAVID PEREIRA PERDIGÃO	3761	01:04:54	06:30	Individual	Seniores Masculinos	595
3685	Vanio Dias	1929	01:04:55	06:30	collaborator EDP	Seniores Masculinos	596
3686	Alexandra Pinto	2704	01:04:56	06:30	Individual	F35/F40/F45	410
3687	Susana Oliveira	2643	01:04:56	06:30	GDCFidelidade	F35/F40/F45	411
3688	Celina Jorge	1998	01:04:57	06:30	Individual	F35/F40/F45	412
3689	Honorato Moura	5289	01:04:58	06:30	Futebol Clube Estrelas de Lisboa	M35/M40/M45	1569
3690	Paulo Fernandes	5165	01:05:00	06:30	Individual	M35/M40/M45	1570
3691	Joaquim Paula	1607	01:05:02	06:31	Individual	M35/M40/M45	1571
3692	João Manuel de Jesus Pereira Pereira	1548	01:05:04	06:31	Individual	M50/M55/M60	724
3693	Catarina Morgado Figueira	2046	01:05:07	06:31	CLUBE COLABORADORES AGEAS	F35/F40/F45	413
3694	Fernanda Vieira Vieira	1679	01:05:07	06:31	Individual	F50/F55/F60	80

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3695	Antonio Raimundo	4773	01:05:08	06:31	Individual	M35/M40/M45	1572
3696	Carla Patricio	3880	01:05:08	06:31	Individual	F35/F40/F45	414
3697	Ana Pereira	3790	01:05:09	06:31	GDCTINCM	F35/F40/F45	415
3698	Vanda Chaves	4213	01:05:11	06:32	Individual	F35/F40/F45	416
3699	Rebeca Bastos	2209	01:05:11	06:32	Clube Vodafone	Seniores Femininos	233
3700	Luis Pinheiro	2059	01:05:12	06:32	Individual	M35/M40/M45	1573
3701	ISABEL MARIA COSTA AMARAL	411	01:05:12	06:32	Individual	F50/F55/F60	81
3702	Joana Marques	2060	01:05:12	06:32	Individual	Seniores Femininos	234
3703	Miguel Faria	5689	01:05:13	06:32	Individual	M35/M40/M45	1574
3704	ALBERTO LIXA	294	01:05:16	06:32	Individual	M50/M55/M60	725
3705	Pedro Santos	2207	01:05:17	06:32	Clube Vodafone	M35/M40/M45	1575
3706	Helana Nunes	3896	01:05:19	06:32	Individual	F35/F40/F45	417
3707	Francisco Roque	3705	01:05:19	06:32	Individual	M50/M55/M60	726
3708	Manuel Fernandes	3892	01:05:19	06:32	Individual	M50/M55/M60	727
3709	Isabel Prates	2450	01:05:20	06:32	Individual	F35/F40/F45	418
3710	Sofia Pinho	1686	01:05:20	06:32	Individual	Seniores Femininos	235
3711	Tabrez Hanif	1890	01:05:21	06:33	Individual	Seniores Masculinos	597
3712	Alexandra Ferreira	3779	01:05:21	06:33	Individual	F35/F40/F45	419
3713	Rui Manuel Afonso Vaz	3910	01:05:21	06:33	Individual	M35/M40/M45	1576
3714	Telmo Oliveira	4765	01:05:22	06:33	Individual	Seniores Masculinos	598
3715	Tiago caramelo	4764	01:05:22	06:33	Individual	Seniores Masculinos	599
3716	Paulo Cabanas	2629	01:05:24	06:33	GDCFidelidade	M35/M40/M45	1577
3717	GUERRA Sylvie	4989	01:05:25	06:33	Individual	Seniores Femininos	236
3718	Eberhard Wilhelm	753	01:05:26	06:33	4 ao Km	M50/M55/M60	728
3719	Amélia Silva	697	01:05:26	06:33	Individual	F50/F55/F60	82
3720	Patrícia Viegas	4926	01:05:27	06:33	Individual	F35/F40/F45	420
3721	Marisa Feliz	5090	01:05:28	06:33	Individual	F35/F40/F45	421
3722	Vera Calção	4208	01:05:29	06:33	Individual	F35/F40/F45	422
3723	Ana Margarida dos Santos Correia	2188	01:05:31	06:34	Clube PT - zcs	F35/F40/F45	423
3724	Sara Reis	485	01:05:32	06:34	Individual	F35/F40/F45	424
3725	Carlos Henriques	3956	01:05:33	06:34	Individual	M35/M40/M45	1578
3726	Vanda Silva	3171	01:05:34	06:34	FIT RUNNERS Fitrunners	F35/F40/F45	425
3727	Sérgio Montes	4612	01:05:34	06:34	Individual	M35/M40/M45	1579
3728	Maria Helena Sá	3885	01:05:34	06:34	Individual	F50/F55/F60	83
3729	Susana Campos	4153	01:05:35	06:34	Individual	F35/F40/F45	426
3730	Ana Azevedo	2364	01:05:41	06:35	SSCGD-Secção Atletismo	F35/F40/F45	427
3731	Severino Rosa	2373	01:05:42	06:35	SSCGD-Secção Atletismo	M50/M55/M60	729
3732	João Francisco Martins Ramos	1699	01:05:43	06:35	Individual	M35/M40/M45	1580
3733	Sofia Oliveira	3725	01:05:44	06:35	Individual	Seniores Femininos	237
3734	PEDRO ROQUE	3211	01:05:44	06:35	Santander Totta I	Juniores Masculinos	60
3735	Maria Helena Afonso	583	01:05:45	06:35	Individual	F50/F55/F60	84
3736	José Esperto	1818	01:05:46	06:35	collaborator EDP	M35/M40/M45	1581
3737	HUGO SANTOS	4438	01:05:46	06:35	PROSEGUR	M35/M40/M45	1582
3738	Sandro Medina	1817	01:05:46	06:35	collaborator EDP	Seniores Masculinos	600
3739	Paulo Pinto	3891	01:05:47	06:35	Individual	M50/M55/M60	730
3740	Joana Aguamel	1946	01:05:48	06:35	collaborator EDP	Seniores Femininos	238
3741	Carlos Fernandes	3212	01:05:51	06:36	Santander Totta I	M50/M55/M60	731
3742	Carla Botequim	3210	01:05:51	06:36	Santander Totta I	F35/F40/F45	428

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3743	Alexandra Sofia Ceolho Ribeiro	2401	01:05:51	06:36	SSCGD-Secção Atletismo	F35/F40/F45	429
3744	Luis Afonso	5429	01:05:53	06:36	Individual	M35/M40/M45	1583
3745	Carla Trindade	5426	01:05:54	06:36	Individual	F35/F40/F45	430
3746	Rui Symanic	922	01:05:54	06:36	CCD PM CASCAIS	M35/M40/M45	1584
3747	Sérgio Dias	17	01:05:55	06:36	SL Benfica	Seniores Masculinos	601
3748	Natacha NULL	4286	01:05:56	06:36	DMC	F35/F40/F45	431
3749	Rui Manuel de Barros Correia	4713	01:05:56	06:36	Individual	M35/M40/M45	1585
3750	Rui Ferreira	3424	01:05:56	06:36	GDCT Unicre	M35/M40/M45	1586
3751	André Santos	1900	01:05:57	06:36	Individual	Seniores Masculinos	602
3752	Laura Gouveia	1901	01:05:57	06:36	Individual	Seniores Femininos	239
3753	Daniel Valadas	1816	01:05:57	06:36	collaborator EDP	Seniores Masculinos	603
3754	Sérgio Frade	3183	01:05:59	06:36	PROSEGUR	Seniores Masculinos	604
3755	José Costa	2523	01:05:59	06:36	Individual	Seniores Masculinos	605
3756	Vera Lima	1676	01:06:00	06:36	Individual	F35/F40/F45	432
3757	José Monteiro	2116	01:06:01	06:37	Santander Totta GD Santander Totta	M50/M55/M60	732
3758	Francisco Amável Sarrasqueiro Sarrasqueiro	904	01:06:02	06:37	Individual	M50/M55/M60	733
3759	Sérgio Gonçalves	1673	01:06:03	06:37	Individual	M35/M40/M45	1587
3760	Ana Figueiras	5060	01:06:05	06:37	Individual	Seniores Femininos	240
3761	Nuno Paz	324	01:06:05	06:37	Individual	Seniores Masculinos	606
3762	Alexandra Paz	325	01:06:05	06:37	Individual	Seniores Femininos	241
3763	Ana Alice Simões Pereira	2189	01:06:06	06:37	Clube PT - zcs	F50/F55/F60	85
3764	Raqueline Lenira de Oliveira Delgado Duarte	4015	01:06:06	06:37	Individual	F35/F40/F45	433
3765	Maria Luisa Soares	2847	01:06:08	06:37	Individual	F50/F55/F60	86
3766	Joana Costa	2706	01:06:11	06:38	Individual	Seniores Femininos	242
3767	Jaqueline patricia de Oliveira Delgado Duarte	4460	01:06:11	06:38	Individual	F35/F40/F45	434
3768	Lena Bryant-jorge	935	01:06:13	06:38	Individual	F35/F40/F45	435
3769	Pedro Antunes	3868	01:06:13	06:38	LEBRES E TARTARUGAS	Seniores Masculinos	607
3770	Eduardo De Moura De Moura	1956	01:06:13	06:38	Individual	M35/M40/M45	1588
3771	Florisvaldo Cristian da Silva	4686	01:06:14	06:38	Individual	M35/M40/M45	1589
3772	Tomás Monte Monte	4706	01:06:15	06:38	Individual	Seniores Masculinos	608
3773	Marco Monte Monte	4705	01:06:16	06:38	Individual	M35/M40/M45	1590
3774	Vanessa Cabral	2659	01:06:16	06:38	Especiais de corrida	Seniores Femininos	243
3775	Marisa Costa	3875	01:06:16	06:38	GDC Banco de Portugal	Seniores Femininos	244
3776	patricia figueiredo	3915	01:06:17	06:38	Santander Totta I GDST	F35/F40/F45	436
3777	Zilda Rodrigues	2654	01:06:18	06:38	Premium Runners	F50/F55/F60	87
3778	Isabel Maria Sobreda Barbieri Cardoso	763	01:06:18	06:38	Individual	F50/F55/F60	88
3779	Bárbara Teles	4426	01:06:18	06:38	Individual	Seniores Femininos	245
3780	Vítor José Mendes Brites Nunes	1904	01:06:19	06:38	Individual	M35/M40/M45	1591
3781	Ana Fonseca	4457	01:06:19	06:38	Individual	Seniores Femininos	246
3782	Joana Carneiro	4448	01:06:20	06:38	edpRunners	Seniores Masculinos	609
3783	Carlos Gonçalves	3392	01:06:21	06:39	LEBRES E TARTARUGAS	M50/M55/M60	734
3784	Andreia Negreira	2341	01:06:22	06:39	Individual	Seniores Femininos	247
3785	Pedro Silva	4921	01:06:27	06:39	Individual	Seniores Masculinos	610
3786	Daniel Santos	1982	01:06:28	06:39	Individual	M35/M40/M45	1592
3787	Fabiana Fão	4919	01:06:28	06:39	Individual	Seniores Femininos	248
3788	Helena Estevinha	5597	01:06:28	06:39	Grupo Desportivo e Cultural dos Empregados do Banco BPI	F35/F40/F45	437
3789	Pedro Reis	706	01:06:29	06:39	Individual	M35/M40/M45	1593
3790	Camila Gomes Savio	3887	01:06:34	06:40	Individual	F35/F40/F45	438

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3791	Maria Francisca Veiga de Almeida Baptista	2073	01:06:34	06:40	Lebre d'Avenida de Roma	Seniores Femininos	249
3792	Carolina Sofia Oliveira	2075	01:06:35	06:40	Lebre d'Avenida de Roma	Seniores Femininos	250
3793	Ana Ribeiro	1658	01:06:36	06:40	Individual	F35/F40/F45	439
3794	Márcia Silva Jeronimo Jeronimo	2268	01:06:36	06:40	Individual	F35/F40/F45	440
3795	Ana Paula Carreira	3878	01:06:38	06:40	Individual	F35/F40/F45	441
3796	joao carlos Bernardo	5127	01:06:40	06:40	Individual	M35/M40/M45	1594
3797	Carolina Paulete	843	01:06:40	06:40	Individual	Seniores Femininos	251
3798	Rui Ventura	5255	01:06:40	06:40	Premium Runners	M50/M55/M60	735
3799	João Silva	844	01:06:41	06:41	Individual	Seniores Masculinos	611
3800	ANA TERESA SEABRA	2859	01:06:46	06:41	Individual	F50/F55/F60	89
3801	Rui Manuel Correia Barata	2179	01:06:46	06:41	Clube PT - zcs	M50/M55/M60	736
3802	Pedro Aquino	3530	01:06:47	06:41	Individual	M50/M55/M60	737
3803	Antonio Nascimento	3792	01:06:49	06:41	Individual	M50/M55/M60	738
3804	José Fialho	916	01:06:50	06:41	CCD PM CASCAIS	M50/M55/M60	739
3805	Helder Manuel moura Amaral Amaral	3738	01:06:50	06:41	Individual	M35/M40/M45	1595
3806	Agostinho Monteiro	3886	01:06:52	06:42	Carris	M50/M55/M60	740
3807	Paula Clemente	2057	01:06:52	06:42	Individual	Seniores Femininos	252
3808	Pritesh Manilal	313	01:06:53	06:42	Individual	M35/M40/M45	1596
3809	maria eduarda menino menino	2265	01:06:54	06:42	Individual	F50/F55/F60	90
3810	Carla Brito	4808	01:06:55	06:42	Renault RRC	M35/M40/M45	1597
3811	Joana Lima	4217	01:06:55	06:42	Individual	Seniores Femininos	253
3812	Nidia Silva	2067	01:06:56	06:42	Individual	F50/F55/F60	91
3813	Samuel Joaquim	616	01:06:56	06:42	Individual	M50/M55/M60	741
3814	Vanessa Ciriaco	2861	01:06:57	06:42	CM Lisboa	Seniores Femininos	254
3815	Catarina Gil	2997	01:06:58	06:42	Hotel Dom Pedro Pump Runers	F35/F40/F45	442
3816	Célia Farinha Corte	4816	01:06:59	06:42	Renault RRC	Seniores Femininos	255
3817	Luis Martins	3874	01:07:01	06:43	Individual	M50/M55/M60	742
3818	João Ribeiro	2658	01:07:02	06:43	Especiais de Corrida	Seniores Masculinos	612
3819	Mafalda Franco	4707	01:07:02	06:43	Individual	F35/F40/F45	443
3820	Alberto Cano	776	01:07:05	06:43	C A Amigos de Belém	M50/M55/M60	743
3821	Sandra Lourenço	5123	01:07:05	06:43	Futebol Clube Estrelas de Lisboa	F35/F40/F45	444
3822	Isabel Magalhães	1660	01:07:05	06:43	Individual	F50/F55/F60	92
3823	ana rita oliveira amado	2043	01:07:10	06:43	Santander Totta	F35/F40/F45	445
3824	Pedro Miguel Pinto Silva	1967	01:07:10	06:43	Santander Totta	Seniores Masculinos	613
3825	luis manuel da carvalha lopes carvalha lopes	3011	01:07:10	06:43	Individual	M50/M55/M60	744
3826	Alipio costa	3012	01:07:10	06:43	Individual	M50/M55/M60	745
3827	rui pedro	1696	01:07:11	06:44	casa do pessoal do iva	M50/M55/M60	746
3828	Marta Simão	1659	01:07:12	06:44	Individual	F35/F40/F45	446
3829	Helena Dores Dores	1681	01:07:12	06:44	Individual	F50/F55/F60	93
3830	Ines Costa	4134	01:07:13	06:44	PROSEGUR	Seniores Femininos	256
3831	Dide Marise	2756	01:07:14	06:44	EDP Free	F35/F40/F45	447
3832	Jose Manuel Ralhetas Capucho	558	01:07:15	06:44	Individual	M50/M55/M60	747
3833	MARIA CLOTILDE RIBEIRO DA SILVA	2972	01:07:15	06:44	Individual	F50/F55/F60	94
3834	Ana Faneca	3905	01:07:15	06:44	Individual	F35/F40/F45	448
3835	Daniel Pereira	3324	01:07:21	06:45	innovagency	M35/M40/M45	1598
3836	Marta Duarte	3911	01:07:21	06:45	innovagency	F35/F40/F45	449
3837	Maria Ines Alves Alves	4012	01:07:23	06:45	Individual	F35/F40/F45	450
3838	Luís Filipe Alves Alves	4011	01:07:23	06:45	Individual	M50/M55/M60	748

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3839	Paula Maria	1514	01:07:28	06:45	Asas nos Pés	F35/F40/F45	451
3840	José Alípio	3945	01:07:28	06:45	Individual	M50/M55/M60	749
3841	Rodrigo Saraiva	1058	01:07:28	06:45	Individual	M35/M40/M45	1599
3842	Francisco Ribeiro	382	01:07:29	06:45	Individual	M50/M55/M60	750
3843	Susana do Carmo Azevedo de Sousa Sousa	3889	01:07:29	06:45	Individual	F35/F40/F45	452
3844	Rita Baptista	4243	01:07:32	06:46	PROSEGUR	Seniores Femininos	257
3845	Elia Cascon	1838	01:07:32	06:46	Individual	Seniores Femininos	258
3846	ARTUR DINIS	767	01:07:33	06:46	ALGYMNS	M50/M55/M60	751
3847	Luis Mendonça	2203	01:07:34	06:46	Clube Vodafone	M35/M40/M45	1600
3848	Ana Luisa de Carvalho Alves	3741	01:07:35	06:46	Individual	F35/F40/F45	453
3849	Casimiro Ramos	3895	01:07:36	06:46	Individual	M50/M55/M60	752
3850	Fernanda Domingues	3813	01:07:38	06:46	Individual	F50/F55/F60	95
3851	Isabel Cardona	2370	01:07:38	06:46	SSCGD-Secção Atletismo	F35/F40/F45	454
3852	Filomena Silva	2345	01:07:39	06:46	Individual	F35/F40/F45	455
3853	Silvana Vieira	6414	01:07:39	06:46	Individual	Seniores Femininos	259
3854	Margarida NULL	4731	01:07:40	06:46	DMC	F50/F55/F60	96
3855	Sofia Pires	4692	01:07:42	06:47	Individual	Seniores Femininos	260
3856	Susana Zurga	3921	01:07:44	06:47	Individual	Seniores Femininos	261
3857	Cátia Praia	4931	01:07:45	06:47	Individual	Seniores Femininos	262
3858	Susana Branco	288	01:07:45	06:47	Individual	F35/F40/F45	456
3859	Antonio Caeiro	3925	01:07:45	06:47	Individual	M35/M40/M45	1601
3860	Inês Nogueira	3800	01:07:46	06:47	Carris	Seniores Femininos	263
3861	Cátia zurga	3919	01:07:46	06:47	Individual	Seniores Femininos	264
3862	Ana Sofia Santos	5095	01:07:47	06:47	Individual	F35/F40/F45	457
3863	Raquel Santos	3879	01:07:51	06:48	Individual	F35/F40/F45	458
3864	Joana Lambin	5073	01:07:51	06:48	Individual	F35/F40/F45	459
3865	Mariana Ventura	5252	01:07:54	06:48	Premium Runners	Seniores Femininos	265
3866	Isabel DUARTE	5270	01:07:54	06:48	Premium Runners	F50/F55/F60	97
3867	David Tavares	4702	01:07:55	06:48	Individual	M35/M40/M45	1602
3868	Ana Paula Leal	3778	01:07:56	06:48	Individual	F35/F40/F45	460
3869	Samuel Djavidnia	3949	01:07:58	06:48	Individual	M35/M40/M45	1603
3870	ELISABETE DOUTOR	5262	01:07:59	06:48	Premium Runners	F35/F40/F45	461
3871	Nuno Inverno	3833	01:07:59	06:48	PROSEGUR	M35/M40/M45	1604
3872	Sara Carvalha	3890	01:08:00	06:48	Individual	F35/F40/F45	462
3873	Ana Teresa Daniel Oliveira	5108	01:08:00	06:48	Individual	F50/F55/F60	98
3874	André Teixeira	795	01:08:00	06:48	Individual	Seniores Masculinos	614
3875	Cátia Salgueiro	4670	01:08:00	06:48	Individual	Seniores Femininos	266
3876	Paulo Cardoso	3184	01:08:00	06:48	PROSEGUR	M35/M40/M45	1605
3877	Rosa correia	975	01:08:01	06:49	Individual	F35/F40/F45	463
3878	Susana Castro	2001	01:08:03	06:49	Individual	Seniores Femininos	267
3879	Diogo Ferreira	660	01:08:04	06:49	Individual	Seniores Masculinos	615
3880	Sara Casaleiro	4827	01:08:06	06:49	Individual	Seniores Femininos	268
3881	Teresa Felício	413	01:08:06	06:49	Individual	Seniores Femininos	269
3882	elisa dias	3873	01:08:07	06:49	Metropolitano de Lisboa CCDT METRO LX	F50/F55/F60	99
3883	MILA BENTO	4151	01:08:08	06:49	Individual	F35/F40/F45	464
3884	Ana Farias	1708	01:08:09	06:49	Individual	Seniores Femininos	270
3885	Ramiro Miguel	801	01:08:11	06:50	Individual	M50/M55/M60	753
3886	Daniela Boleta	4507	01:08:16	06:50	Centro de Marcha e Corrida Grândola	Seniores Femininos	271

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3887	Hugo Barreiros	5159	01:08:17	06:50	Individual	M35/M40/M45	1606
3888	Margarida Pinto	2381	01:08:19	06:50	SSCGD-Secção Atletismo	F35/F40/F45	465
3889	Nuno Correia	2419	01:08:19	06:50	SSCGD-Secção Atletismo	M35/M40/M45	1607
3890	Maria José Bonito	3727	01:08:22	06:51	Individual	F35/F40/F45	466
3891	Pedro Moreira	293	01:08:22	06:51	Individual	Seniores Masculinos	616
3892	Jose Bonito	3520	01:08:22	06:51	Wikaboo	M35/M40/M45	1608
3893	HUMBERTO FERREIRA	4056	01:08:24	06:51	Club Millenium BCP	M50/M55/M60	754
3894	Vitor Rodrigues	2269	01:08:25	06:51	Individual	M50/M55/M60	755
3895	PREETI YADAV	1654	01:08:25	06:51	Individual	Seniores Femininos	272
3896	MARIA TERESA LOZANO	1894	01:08:27	06:51	Individual	F35/F40/F45	467
3897	Joana NULL	5001	01:08:27	06:51	DMC	Seniores Femininos	273
3898	Mário NULL	5000	01:08:27	06:51	DMC	Seniores Masculinos	617
3899	Vanda Ribeiro	2056	01:08:28	06:51	Individual	F35/F40/F45	468
3900	Rute Timóteo	2561	01:08:28	06:51	EDP Free	Seniores Femininos	274
3901	Henrique Vilhena	2729	01:08:30	06:51	Individual	M50/M55/M60	756
3902	Laura Lamas	1983	01:08:31	06:52	Individual	Seniores Femininos	275
3903	Isabel Santos	3193	01:08:31	06:52	Moinho da Juventude - Fundação Benfica Correr Queluz	F35/F40/F45	469
3904	Gislaine Costa	4899	01:08:31	06:52	Individual	F35/F40/F45	470
3905	Rafael Azriel	4159	01:08:32	06:52	CM Lisboa Rafael Pereira	M35/M40/M45	1609
3906	Ana Macêdo Macêdo	2876	01:08:33	06:52	Individual	F35/F40/F45	471
3907	Luís Gonçalves	3717	01:08:33	06:52	Individual	M35/M40/M45	1610
3908	Jorge Maxino	190	01:08:35	06:52	Individual	M35/M40/M45	1611
3909	Claudia Garcia	189	01:08:36	06:52	Individual	F35/F40/F45	472
3910	Vitor Carriço	1689	01:08:39	06:52	Individual	M50/M55/M60	757
3911	Elisabete Martins	663	01:08:45	06:53	Individual	Seniores Femininos	276
3912	Patrícia Vicente	664	01:08:46	06:53	Individual	F35/F40/F45	473
3913	Vitor Manuel Felix Guarda Verdades	4499	01:08:47	06:53	Centro de Marcha e Corrida Grândola	M35/M40/M45	1612
3914	Hugo Rebelo	4239	01:08:49	06:53	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	1613
3915	Joana Andrade	542	01:08:50	06:53	Individual	F35/F40/F45	474
3916	Dina Crispim	1691	01:08:53	06:54	Individual	F35/F40/F45	475
3917	Custódia Carriço	1690	01:08:53	06:54	Individual	F50/F55/F60	100
3918	cátia patricia Moreira Gama Coutinho	3913	01:08:55	06:54	Individual	F35/F40/F45	476
3919	Laurinda Simões	3176	01:08:56	06:54	Holmes Place	F35/F40/F45	477
3920	Dora Cruz	374	01:08:56	06:54	GINJinha Runners	F35/F40/F45	478
3921	Isabel Leão Mendes	105	01:08:57	06:54	Individual	F50/F55/F60	101
3922	Nuno Gonçalves	3177	01:08:57	06:54	Holmes Place	Seniores Masculinos	618
3923	Sofia Carvalho	1698	01:08:57	06:54	Individual	F35/F40/F45	479
3924	Miguel Mendes	193	01:09:00	06:54	Individual	M35/M40/M45	1614
3925	Carlos Bandeijas	848	01:09:00	06:54	Vila Fria/JG Seguros	M50/M55/M60	758
3926	Renata Viana	192	01:09:00	06:54	Individual	Seniores Femininos	277
3927	Joao Gomes	847	01:09:01	06:55	Vila Fria/JG Seguros	M50/M55/M60	759
3928	Luis Rocha	551	01:09:02	06:55	Individual	M35/M40/M45	1615
3929	Ânia Vaz	4920	01:09:03	06:55	Individual	Seniores Femininos	278
3930	Luis Costa	2497	01:09:05	06:55	SSCGD-Secção Atletismo	Seniores Masculinos	619
3931	MARIO AUGUSTO CORDEIRO GONÇALVES PIRES PIRES	266	01:09:05	06:55	Individual	M50/M55/M60	760
3932	Pedro Marques	5069	01:09:06	06:55	Individual	M35/M40/M45	1616
3933	Paulo Alexandre da Silva Martins	2842	01:09:12	06:56	Clube PT - zcs	M35/M40/M45	1617
3934	Liliana Moreira	4421	01:09:13	06:56	Individual	Seniores Femininos	279

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3935	Teresa Martinho	4701	01:09:13	06:56	Individual	Seniores Femininos	280
3936	Tiago Avelãs	2397	01:09:14	06:56	SSCGD-Secção Atletismo	M35/M40/M45	1618
3937	Marta R Gomes	4687	01:09:16	06:56	Individual	Seniores Femininos	281
3938	André Martins	5037	01:09:17	06:56	Individual	Seniores Masculinos	620
3939	Amandio do Fundo Taveira	2184	01:09:17	06:56	Clube PT - zcs	M50/M55/M60	761
3940	Marta Lima	3003	01:09:18	06:56	Individual	Seniores Femininos	282
3941	Tomás Cabral	2193	01:09:19	06:56	Individual	Seniores Masculinos	621
3942	Gonçalo Neves	1666	01:09:21	06:57	Individual	Seniores Masculinos	622
3943	Pedro Estrela	5038	01:09:21	06:57	Individual	Seniores Masculinos	623
3944	Guido Costa	2703	01:09:21	06:57	Individual	M35/M40/M45	1619
3945	Nuno Abreu	3179	01:09:22	06:57	FIT RUNNERS fitrunners	Seniores Masculinos	624
3946	Júlia Arsénio	3902	01:09:22	06:57	FIT RUNNERS Fitrunners	F35/F40/F45	480
3947	Carlos Silva	3178	01:09:22	06:57	FIT RUNNERS Fitrunners	M35/M40/M45	1620
3948	Fernando Poças	2353	01:09:25	06:57	Individual	M35/M40/M45	1621
3949	Carla Sofia Santos Craveiro	5097	01:09:27	06:57	Individual	Seniores Femininos	283
3950	Jose Gabriel NULL	188	01:09:27	06:57	VIP_EDP	M35/M40/M45	1622
3951	Rita Melo	2657	01:09:29	06:57	Especiais de Corrida	Seniores Femininos	284
3952	carlos galvao	3818	01:09:30	06:57	Individual	M35/M40/M45	1623
3953	Alexandre Monteiro Ribeiro	3893	01:09:32	06:58	Individual	Seniores Masculinos	625
3954	Vanda Raquel Pires Almeida Martins Martins	1685	01:09:33	06:58	Individual	F35/F40/F45	481
3955	Pedro Silva	2691	01:09:34	06:58	collaborator EDP	M35/M40/M45	1624
3956	ANTÓNIO VIDAS	4651	01:09:35	06:58	Individual	M50/M55/M60	762
3957	Mariana Paulino	1645	01:09:36	06:58	Peniche a Correr	Seniores Femininos	285
3958	Leonor Teixeira	2435	01:09:36	06:58	SSCGD-Secção Atletismo	F35/F40/F45	482
3959	ELISABETE PINTO	2862	01:09:38	06:58	OS PINTOS	F50/F55/F60	102
3960	Ana Madalena Vilela	4102	01:09:39	06:58	Club Millenium BCP	F50/F55/F60	103
3961	Hélia Vale Oliveira	3894	01:09:43	06:59	Individual	F35/F40/F45	483
3962	Sandra Félix	4497	01:09:43	06:59	Centro de Marcha e Corrida Grândola	F35/F40/F45	484
3963	Paulo Gonçalves	4234	01:09:46	06:59	INFRAESTRUTURAS DE PORTUGAL	M35/M40/M45	1625
3964	Manuel Sobreda	4233	01:09:46	06:59	INFRAESTRUTURAS DE PORTUGAL	M50/M55/M60	763
3965	NUNO MORTA	4694	01:09:49	06:59	Individual	M35/M40/M45	1626
3966	Elsa Costa	3938	01:09:50	06:59	Individual	F50/F55/F60	104
3967	Ana Duarte	3629	01:09:50	06:59	GDC Banco de Portugal	Seniores Femininos	286
3968	mario soares	1958	01:09:54	07:00	Santander Totta	M50/M55/M60	764
3969	Aquilino José Marques Ventura	2448	01:09:55	07:00	Santander Totta	M50/M55/M60	765
3970	Inês Oliveira	1703	01:09:58	07:00	Individual	Seniores Femininos	287
3971	JUSTILIANO MEIRELES	282	01:09:59	07:00	Individual	M50/M55/M60	766
3972	Jorge Chang	934	01:10:00	07:00	Individual	M50/M55/M60	767
3973	Jorge Vicente Dias	2129	01:10:00	07:00	collaborator EDP	M35/M40/M45	1627
3974	Rosa Maria Falardo	2656	01:10:01	07:01	TOMTOM	F50/F55/F60	105
3975	Mário Melo	4211	01:10:01	07:01	Individual	M50/M55/M60	768
3976	Rita Sofia Melo	4187	01:10:02	07:01	Individual	F35/F40/F45	485
3977	Pedro Baptista	554	01:10:02	07:01	Individual	M35/M40/M45	1628
3978	Pedro Miguel Baptista	4798	01:10:03	07:01	Individual	Seniores Masculinos	626
3979	Joaquim Carinhas	1270	01:10:04	07:01	Peniche a Correr	M50/M55/M60	769
3980	António Coutinho	3763	01:10:05	07:01	Peniche a Correr	M50/M55/M60	770
3981	Rute Coelho	2575	01:10:05	07:01	collaborator EDP	Seniores Femininos	288
3982	Maria Garcia	4459	01:10:06	07:01	Individual	F35/F40/F45	486

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3983	António Figueiredo	634	01:10:07	07:01	Individual	M50/M55/M60	771
3984	Luis Jorge Dias Monteiro	3934	01:10:07	07:01	Santander Totta I	M35/M40/M45	1629
3985	Mariana Raimundo	981	01:10:07	07:01	Individual	Seniores Femininos	289
3986	JOSÉ ARRUDA	4061	01:10:08	07:01	Club Millenium BCP	M50/M55/M60	772
3987	Maria João ferreira Dias Moura	4772	01:10:10	07:01	Individual	F35/F40/F45	487
3988	Maria do Ceu Carvalho	4005	01:10:10	07:01	Individual	F35/F40/F45	488
3989	Merici Pereira	1036	01:10:12	07:02	Individual	Seniores Femininos	290
3990	Jacques Pereira	1038	01:10:12	07:02	Individual	Seniores Masculinos	627
3991	Silvia Rodrigues	1611	01:10:14	07:02	Clube Robbialac	Seniores Femininos	291
3992	Ana Cristina Ciuro	2985	01:10:16	07:02	KonanRunners	F35/F40/F45	489
3993	Gonçalo Miguel Martins Ferreira	3751	01:10:16	07:02	Individual	Seniores Masculinos	628
3994	Robert Teixeira	2933	01:10:16	07:02	KonanRunners	Seniores Masculinos	629
3995	Paula Leitão	5118	01:10:18	07:02	Futebol Clube Estrelas de Lisboa	F35/F40/F45	490
3996	Sara Raquel Gonçalves Cândido	896	01:10:19	07:02	Individual	Seniores Femininos	292
3997	Ricardo Simões	897	01:10:19	07:02	Individual	Seniores Masculinos	630
3998	Elisabeth Loureiro	598	01:10:19	07:02	Individual	F50/F55/F60	106
3999	Natália Narciso	1671	01:10:20	07:02	Serviços Sociais Montepio	F50/F55/F60	107
4000	JOAQUIM FULGENCIO	4059	01:10:21	07:03	Club Millenium BCP	M50/M55/M60	773
4001	Jorge Narciso	1531	01:10:22	07:03	Serviços Sociais Montepio	M50/M55/M60	774
4002	Margarida Rito	4443	01:10:22	07:03	Individual	Seniores Femininos	293
4003	Henrique Girão	4679	01:10:25	07:03	Clube Desportivo Lisboa e Águias	M50/M55/M60	775
4004	Iqra Hamid	4778	01:10:25	07:03	Renault RRC	Seniores Femininos	294
4005	Célia Sousa	3173	01:10:30	07:03	Hotel Dom Pedro Pump Runers	F35/F40/F45	491
4006	Alexandra Cristina Gouveia de Faria Carmona Costa	4104	01:10:31	07:04	Club Millenium BCP	F35/F40/F45	492
4007	Virginia Pereira Delgado	985	01:10:34	07:04	Individual	F35/F40/F45	493
4008	Patrícia Pereira	2982	01:10:35	07:04	Individual	Seniores Femininos	295
4009	João Mimoso	1059	01:10:38	07:04	Individual	M35/M40/M45	1630
4010	Jose Penedo	2667	01:10:42	07:05	Santander Totta Sporting	M35/M40/M45	1631
4011	Luís Baptista	2732	01:10:43	07:05	Santander Totta	M50/M55/M60	776
4012	António Costa	405	01:10:45	07:05	Individual	M50/M55/M60	777
4013	Miguel Silva	4143	01:10:46	07:05	Individual	M50/M55/M60	778
4014	Cristina Santos	2428	01:10:53	07:06	SSCGD-Secção Atletismo	F50/F55/F60	108
4015	Lidia Pratas	4212	01:10:55	07:06	Individual	F50/F55/F60	109
4016	Carlos Messias	4214	01:10:55	07:06	Individual	M50/M55/M60	779
4017	Song Rongqi	4727	01:11:00	07:06	Individual	F35/F40/F45	494
4018	Pedro Nifra	1599	01:11:01	07:07	Individual	M35/M40/M45	1632
4019	Rita Montalvão	5434	01:11:01	07:07	Individual	F35/F40/F45	495
4020	Nuno Branco	5436	01:11:01	07:07	Individual	M35/M40/M45	1633
4021	Carla Henriques	3955	01:11:03	07:07	Individual	F35/F40/F45	496
4022	Paulo Gonçalves	618	01:11:07	07:07	Individual	M35/M40/M45	1634
4023	Vanda Bernardino	4695	01:11:09	07:07	Individual	F35/F40/F45	497
4024	Margarida Brito da Cruz	2438	01:11:09	07:07	Individual	Seniores Femininos	296
4025	André Simoes	5433	01:11:15	07:08	Individual	M35/M40/M45	1635
4026	Paula Antunes	5091	01:11:21	07:09	Individual	F35/F40/F45	498
4027	Mauricio Antunes	5092	01:11:22	07:09	Individual	F35/F40/F45	499
4028	Ezequiel Abrantes	877	01:11:22	07:09	Falcões Selvagens	M50/M55/M60	780
4029	Olivia Lucas	459	01:11:26	07:09	Breakaway	F50/F55/F60	110
4030	Maria Inês Pinheiro Afonso Barata	2178	01:11:31	07:10	Clube PT - zcs	F50/F55/F60	111

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
4031	Maria João Abreu	4766	01:11:31	07:10	Individual	F35/F40/F45	500
4032	Helena Conceição Fazenda Martins Machado	2180	01:11:32	07:10	Clube PT - zcs	F35/F40/F45	501
4033	Rita Carvalhinho	2869	01:11:33	07:10	Individual	F35/F40/F45	502
4034	Esther Dominguez	987	01:11:34	07:10	Individual	F35/F40/F45	503
4035	Ilidio Monteiro	2252	01:11:34	07:10	Individual	M50/M55/M60	781
4036	Mariana Nobre Máximo	2249	01:11:35	07:10	Individual	Seniores Femininos	297
4037	Ana Paula Monteiro Ramos	1974	01:11:36	07:10	Santander Totta santander	F35/F40/F45	504
4038	Helena Dias	2072	01:11:37	07:10	Santander Totta	F35/F40/F45	505
4039	johnny thomassen thomassen	265	01:11:44	07:11	Individual	M50/M55/M60	782
4040	Sara Elisabete Silva	3033	01:11:47	07:11	CPA	F35/F40/F45	506
4041	Inês Graça	2568	01:11:55	07:12	collaborator EDP	Seniores Femininos	298
4042	Andreia Cambez	1680	01:11:59	07:12	Peniche a Correr	F35/F40/F45	507
4043	Ana Mendes	758	01:11:59	07:12	Individual	Seniores Femininos	299
4044	Rui Miguel Rodrigues Soares Batarda	1060	01:12:01	07:13	Individual	Seniores Masculinos	631
4045	Carlos Alberto da Silva Martins	2841	01:12:01	07:13	Clube PT - zcs	M50/M55/M60	783
4046	nuno costa	643	01:12:01	07:13	Individual	M35/M40/M45	1636
4047	Catarina Ameixial	3872	01:12:01	07:13	Individual	F35/F40/F45	508
4048	Nuno Ameixial	3785	01:12:02	07:13	Individual	M35/M40/M45	1637
4049	Lidia Bailão	2514	01:12:08	07:13	SSCGD-Secção Atletismo	F35/F40/F45	509
4050	Daniela Bailão	2516	01:12:08	07:13	SSCGD-Secção Atletismo	Seniores Femininos	300
4051	Elisa Honorio	2219	01:12:18	07:14	collaborator EDP	F35/F40/F45	510
4052	Cristina Coelho	2522	01:12:28	07:15	G.D.R. São francisco da Serra	F50/F55/F60	112
4053	Inês Carapau	1629	01:12:30	07:15	Individual	Seniores Femininos	301
4054	Daniela Rebelo	1628	01:12:30	07:15	Individual	Seniores Femininos	302
4055	Darcília Matos	2069	01:12:31	07:16	Individual	Seniores Femininos	303
4056	Patrícia Cordeiro	1632	01:12:31	07:16	Individual	Seniores Femininos	304
4057	Neuza Rebelo	1627	01:12:31	07:16	Individual	Seniores Femininos	305
4058	Kátia Freitas	3937	01:12:35	07:16	Individual	Seniores Femininos	306
4059	Gonçalo Oliveira	3421	01:12:36	07:16	GDCT Unicre	M50/M55/M60	784
4060	Ana Damião	2695	01:12:40	07:16	Individual	F35/F40/F45	511
4061	Vera Faneca	3898	01:12:43	07:17	FIT RUNNERS Fitrunners	Seniores Femininos	307
4062	Bento Correia	3419	01:12:43	07:17	GDCT Unicre	M50/M55/M60	785
4063	Paulo França	3417	01:12:43	07:17	GDCT Unicre	M50/M55/M60	786
4064	Elisabete Penedo	2865	01:12:45	07:17	Individual	F35/F40/F45	512
4065	Esmeralda Martins	2864	01:12:45	07:17	Individual	F35/F40/F45	513
4066	Rui Santos	426	01:12:46	07:17	Individual	M35/M40/M45	1638
4067	Vitor Inácio	318	01:12:55	07:18	Individual	M50/M55/M60	787
4068	Maria Gertrudes Sousa	335	01:13:00	07:19	ADRC Mata de Benfica	F50/F55/F60	113
4069	Isabel Silva	1078	01:13:04	07:19	Individual	F50/F55/F60	114
4070	Monica Vital	4244	01:13:05	07:19	PROSEGUR	Seniores Femininos	308
4071	João Ribeiro Ribeiro	2750	01:13:06	07:19	Tranquilidade TAC	M50/M55/M60	788
4072	Joana D'Arc Chouriço	3860	01:13:08	07:19	Individual	F50/F55/F60	115
4073	Ana Mestre	2570	01:13:10	07:19	collaborator EDP	F35/F40/F45	514
4074	José Safara	2070	01:13:17	07:20	Individual	M50/M55/M60	789
4075	Carla Alexandra Almeida	5257	01:13:17	07:20	Individual	F35/F40/F45	515
4076	André Neves	1827	01:13:17	07:20	collaborator EDP	Seniores Masculinos	632
4077	Joana Silva	4724	01:13:18	07:20	Individual	Juniores Femininos	17
4078	Filipa Henriques	1828	01:13:19	07:20	collaborator EDP	Seniores Femininos	309

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
4079	Isaul Rodrigues	954	01:13:24	07:21	ACADEMIA DO PRO PENICHE	M50/M55/M60	790
4080	Isabel Filipe	2061	01:13:25	07:21	collaborator EDP	F50/F55/F60	116
4081	Rute Saraiva	5437	01:13:26	07:21	Individual	F35/F40/F45	516
4082	Marco Ascenso	974	01:13:29	07:21	Individual	M35/M40/M45	1639
4083	Marisa Fernandes	973	01:13:29	07:21	Individual	Seniores Femininos	310
4084	Rui Madeira Pires	2360	01:13:31	07:22	Individual	M35/M40/M45	1640
4085	Hugo Silva	4725	01:13:34	07:22	Individual	M35/M40/M45	1641
4086	João Peixito	4726	01:13:34	07:22	Individual	Juniores Masculinos	61
4087	José Luiz Gonçalves	4923	01:13:36	07:22	Individual	M50/M55/M60	791
4088	leticia silva	3954	01:13:39	07:22	Individual	F50/F55/F60	117
4089	paula costa	642	01:13:42	07:23	Individual	F35/F40/F45	517
4090	Tania Carrusca	5076	01:13:42	07:23	Individual	F35/F40/F45	518
4091	Carlos Gonçalves	655	01:13:44	07:23	Individual	M50/M55/M60	792
4092	Paulo G. Pedro	4696	01:13:44	07:23	Individual	M50/M55/M60	793
4093	José Conchinha	4429	01:13:45	07:23	Individual	M50/M55/M60	794
4094	Carina Amaro Amaro	905	01:13:46	07:23	Individual	Seniores Femininos	311
4095	Henrique ESTEVES Vaz vaz	305	01:13:48	07:23	Individual	M50/M55/M60	795
4096	David Guerreiro	3018	01:13:49	07:23	Individual	M35/M40/M45	1642
4097	Carla Aniceto	624	01:13:59	07:24	Individual	F35/F40/F45	519
4098	Telma Leitão	2559	01:14:00	07:24	EDP Free	Seniores Femininos	312
4099	Diogo Sousa	2560	01:14:00	07:24	EDP Free	Seniores Masculinos	633
4100	Joana Filipa Silva Silva	2878	01:14:04	07:25	Individual	Seniores Femininos	313
4101	Ricardo Sequeira Sequeira	902	01:14:06	07:25	Individual	M35/M40/M45	1643
4102	Sandra Isabel Trindade Gaspar	708	01:14:08	07:25	Individual	Seniores Femininos	314
4103	carlos alberto silverio	707	01:14:09	07:25	Individual	M50/M55/M60	796
4104	Militino Costa	1742	01:14:10	07:25	Individual	M50/M55/M60	797
4105	José Ginja	1815	01:14:11	07:26	collaborator EDP	M35/M40/M45	1644
4106	Ana Rueff	1990	01:14:11	07:26	collaborator EDP	Seniores Femininos	315
4107	Ana Cristina Castro	2390	01:14:16	07:26	SSCGD-Secção Atletismo	F50/F55/F60	118
4108	Dulce Aguamel	1937	01:14:18	07:26	collaborator EDP	F50/F55/F60	119
4109	Miguel Teixeira Pinto	4162	01:14:18	07:26	Individual	M35/M40/M45	1645
4110	Sandra Marques	1717	01:14:18	07:26	Individual	F50/F55/F60	120
4111	Maria Cidália Dias Ribeiro	2280	01:14:19	07:26	Prova de Deficientes Motores Cadeira de Rodas	F50/F55/F60	121
4112	Miguel garanhoto	1897	01:14:21	07:27	Mucifalense	M35/M40/M45	1646
4113	liliana correia correia	1908	01:14:22	07:27	Mucifalense	F35/F40/F45	520
4114	Maria Martins	4829	01:14:24	07:27	Individual	F50/F55/F60	122
4115	Patricia Louro	5158	01:14:28	07:27	Individual	F35/F40/F45	521
4116	Luís Martins	4830	01:14:29	07:27	Individual	M50/M55/M60	798
4117	Maria Aguiar	4156	01:14:29	07:27	Individual	F35/F40/F45	522
4118	antonio almeida	4886	01:14:37	07:28	Reinaldo Gomes	M35/M40/M45	1647
4119	jose delgado	3914	01:14:37	07:28	Santander Totta I GDST	M50/M55/M60	799
4120	Rita Ferreira	1728	01:14:37	07:28	Família PiFe	Seniores Femininos	316
4121	Tânia Antas	4922	01:14:40	07:28	Individual	Seniores Femininos	317
4122	Leonor Xavier	2577	01:14:48	07:29	collaborator EDP	F50/F55/F60	123
4123	Nuno Ramos	490	01:14:49	07:29	Individual	M35/M40/M45	1648
4124	Joana Samúdio Grilo	991	01:14:54	07:30	Individual	Seniores Femininos	318
4125	JOAO SILVA	2122	01:14:55	07:30	Santander Totta	M35/M40/M45	1649
4126	Marisa Gomes	3787	01:15:01	07:31	Santander Totta I	F35/F40/F45	523

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
4127	Ricardo infante Neves	1665	01:15:04	07:31	Individual	M35/M40/M45	1650
4128	maria margarida macedo	354	01:15:06	07:31	Individual	F50/F55/F60	124
4129	Victoria Sukhotskaya	794	01:15:09	07:31	Individual	F50/F55/F60	125
4130	Gao Hengyu	4728	01:15:12	07:32	Individual	F35/F40/F45	524
4131	Mónica Rodrigues	2724	01:15:15	07:32	Individual	F35/F40/F45	525
4132	Marisa Lopes	3851	01:15:22	07:33	CM Lisboa	F35/F40/F45	526
4133	Carlos Vieira	1684	01:15:23	07:33	Individual	M35/M40/M45	1651
4134	Tiago Pito	5081	01:15:24	07:33	Individual	M35/M40/M45	1652
4135	Barbara Silva	4673	01:15:26	07:33	Individual	Seniores Femininos	319
4136	Mario Campina	1712	01:15:27	07:33	Individual	M50/M55/M60	800
4137	Ana Correia	953	01:15:30	07:33	ACADEMIA DO PRO PENICHE	F35/F40/F45	527
4138	Fernando Degli Esposti	5164	01:15:38	07:34	Individual	M35/M40/M45	1653
4139	Carolina Teodoro	3958	01:15:38	07:34	Individual	Seniores Femininos	320
4140	Ana Sofia dos Santos Costa	4936	01:15:38	07:34	Individual	F35/F40/F45	528
4141	Helena Casaca	3035	01:15:39	07:34	Individual	F35/F40/F45	529
4142	Patrícia Oliveira	3948	01:15:39	07:34	Resistência do Palácio	Seniores Femininos	321
4143	Vitor Teodoro	3957	01:15:39	07:34	Individual	M35/M40/M45	1654
4144	Rafael Ferreira	5056	01:15:41	07:35	Individual	Seniores Masculinos	634
4145	Ana Catarina Baião	1715	01:15:42	07:35	Individual	Seniores Femininos	322
4146	sara sousa sousa	1688	01:15:42	07:35	tartarugas solidarias	F35/F40/F45	530
4147	Maria Costa	4135	01:15:47	07:35	PROSEGUR	F50/F55/F60	126
4148	Linda Mendonça	4137	01:15:47	07:35	PROSEGUR	F35/F40/F45	531
4149	Luísa Jesus	4500	01:15:51	07:36	Centro de Marcha e Corrida Grândola	Seniores Femininos	323
4150	Laura Isabel Rosa Nunes Oliveira	4512	01:15:52	07:36	Centro de Marcha e Corrida Grândola	F35/F40/F45	532
4151	Paula Rodrigues	4152	01:15:58	07:36	Individual	F35/F40/F45	533
4152	António Brandão	3960	01:15:59	07:36	Individual	M50/M55/M60	801
4153	Rudolph Santarromana	1498	01:16:00	07:36	Individual	Seniores Masculinos	635
4154	Víctor Manuel Simões Alves Alves	2881	01:16:00	07:36	Individual	M50/M55/M60	802
4155	Vera Serra	3959	01:16:01	07:37	Individual	Seniores Femininos	324
4156	Rita Monteiro	4434	01:16:03	07:37	Individual	Seniores Femininos	325
4157	Daniel Vieira	4433	01:16:04	07:37	Individual	Seniores Masculinos	636
4158	Luís Oliveira	3822	01:16:08	07:37	ADRC Mata de Benfica	M35/M40/M45	1655
4159	Luis Godinho	2858	01:16:10	07:37	Tranquilidade TAC	M35/M40/M45	1656
4160	Marta Fernandes	4148	01:16:12	07:38	FIT RUNNERS Fitrunners	Seniores Femininos	326
4161	Daniel Gomes	4677	01:16:15	07:38	Individual	M35/M40/M45	1657
4162	Abduramane Seidi	2517	01:16:18	07:38	Sporting Clube de Casainhos	M35/M40/M45	1658
4163	Célia Corte	4467	01:16:25	07:39	Holmes Place Correr Queluz	Seniores Femininos	327
4164	Agapito Belga Costa	4160	01:16:31	07:40	Individual	M50/M55/M60	803
4165	João Fernandes	5061	01:16:34	07:40	Individual	Seniores Masculinos	637
4166	Inês Batista	5096	01:16:35	07:40	Individual	Seniores Femininos	328
4167	Mário Marques	1722	01:16:37	07:40	Individual	Seniores Masculinos	638
4168	Isilda Rabasquinho	3972	01:16:41	07:41	Individual	F50/F55/F60	127
4169	Natália Pinto	3640	01:16:51	07:42	Individual	F50/F55/F60	128
4170	Carlos Morais Morais	3812	01:17:11	07:44	Individual	M35/M40/M45	1659
4171	Rui Oliveira Oliveira	3773	01:17:11	07:44	Falcões Selvagens	M50/M55/M60	804
4172	Marta Marques	4655	01:17:13	07:44	Individual	F35/F40/F45	534
4173	Ricardo Pereira	4656	01:17:14	07:44	Individual	M35/M40/M45	1660
4174	Sofia Henriques	3907	01:17:18	07:44	ADRC Mata de Benfica	F35/F40/F45	535

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
4175	María Elia Vaello	1920	01:17:21	07:45	Individual	F50/F55/F60	129
4176	FRANCELINA SILVA	3523	01:17:22	07:45	CD ARNEIRO	F50/F55/F60	130
4177	Catarina Guerreiro	5162	01:17:22	07:45	Individual	F35/F40/F45	536
4178	João Gomes	2866	01:17:26	07:45	Individual	M50/M55/M60	805
4179	Nuno Miguel Faria Santos	350	01:17:27	07:45	Individual	Seniores Masculinos	639
4180	Sidónia Atanázio	3036	01:17:31	07:46	Individual	Seniores Femininos	329
4181	Mónica Cerqueira	5121	01:17:31	07:46	Futebol Clube Estrelas de Lisboa	F35/F40/F45	537
4182	Vitor Refacho	2984	01:17:32	07:46	Individual	M35/M40/M45	1661
4183	Júlio Castro	778	01:17:33	07:46	C A Amigos de Belém	M50/M55/M60	806
4184	Heidy Pereira	1035	01:17:36	07:46	Individual	F35/F40/F45	538
4185	Ely Pereira	1041	01:17:37	07:46	Individual	F35/F40/F45	539
4186	Alex Batuli	2995	01:17:47	07:47	Santander Totta I	M35/M40/M45	1662
4187	Raymond Castillo	2551	01:17:52	07:48	Individual	Seniores Masculinos	640
4188	Vitor Patinha	5166	01:17:53	07:48	Individual	M50/M55/M60	807
4189	CARLOS FAIAS	3726	01:17:55	07:48	Individual	M50/M55/M60	808
4190	Luis Silva	3802	01:17:55	07:48	Individual	Seniores Masculinos	641
4191	Patrícia Pereira	2052	01:17:58	07:48	Individual	Seniores Femininos	330
4192	Mónica Silveira	863	01:17:59	07:48	Individual	Seniores Femininos	331
4193	Luisa Candeias	1706	01:18:00	07:48	Correr Lisboa	F50/F55/F60	131
4194	Isabel Coelho	1619	01:18:04	07:49	Individual	F50/F55/F60	132
4195	Tiago Morgado	2500	01:18:04	07:49	SSCGD-Secção Atletismo	Seniores Masculinos	642
4196	Catarina Baptista	2662	01:18:07	07:49	Especiais de Corrida	Seniores Femininos	332
4197	Cristiana Guerreiro	5296	01:18:13	07:50	Individual	F35/F40/F45	540
4198	Sónia Barata	471	01:18:14	07:50	Individual	F35/F40/F45	541
4199	João Rosa	3023	01:18:20	07:50	LUSO	Seniores Masculinos	643
4200	Pedro Miguel Gonçalves Cabral Borges	2901	01:18:21	07:51	LUSO Sporting	M35/M40/M45	1663
4201	Vanda Ribeiro	2351	01:18:32	07:52	Individual	F35/F40/F45	542
4202	Ana Carolina Ferreira	349	01:18:34	07:52	Individual	Seniores Femininos	333
4203	Sonia Andrade	515	01:18:45	07:53	Individual	F35/F40/F45	543
4204	Cristina Maia	931	01:18:58	07:54	Run for Lunch	F50/F55/F60	133
4205	Inês Margarida Carraça	994	01:18:58	07:54	Individual	Seniores Femininos	334
4206	Ondina Teodoro Teodoro	5089	01:19:02	07:55	Individual	F35/F40/F45	544
4207	Maria da Luz Lopes	5430	01:19:02	07:55	Individual	F50/F55/F60	134
4208	Maria Da Luz Correia Braga	995	01:19:06	07:55	Individual	Seniores Femininos	335
4209	Teresa Lopes	237	01:19:06	07:55	Individual	F50/F55/F60	135
4210	Rodrigo Diniz	2649	01:19:06	07:55	Premium Runners	Seniores Masculinos	644
4211	Luís Diniz	2647	01:19:07	07:55	Premium Runners	M35/M40/M45	1664
4212	Eufrasina Lima	4014	01:19:07	07:55	Individual	F50/F55/F60	136
4213	ANTÓNIO MARQUES MARQUES	811	01:19:13	07:56	Individual	M50/M55/M60	809
4214	Luis Augusto Durbeck Afonso	1025	01:19:21	07:57	Individual	M50/M55/M60	810
4215	Tiago Miguel Araujo Rolin	2964	01:19:21	07:57	Individual	Seniores Masculinos	645
4216	Ana Gomes	4941	01:19:21	07:57	Individual	F35/F40/F45	545
4217	Rui Manuel Pinto	3746	01:19:25	07:57	Individual	M35/M40/M45	1665
4218	PEDRO PINTO	2867	01:19:32	07:58	OS PINTOS	M50/M55/M60	811
4219	Helena Saldanha	2050	01:19:34	07:58	Individual	F35/F40/F45	546
4220	Miguel Fraga	3794	01:19:37	07:58	Individual	M35/M40/M45	1666
4221	Carla Marisa Silva	4009	01:19:46	07:59	Santander Totta I Geoban Run	F35/F40/F45	547
4222	Cláudia Sofia Lopes Gonçalves	4010	01:19:47	07:59	Santander Totta I Geoban Run	Seniores Femininos	336

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
4223	Natacha Gomes	4503	01:19:53	08:00	Centro de Marcha e Corrida Grândola	Seniores Femininos	337
4224	Ana Cristina Pinela	4502	01:19:53	08:00	Centro de Marcha e Corrida Grândola	F50/F55/F60	137
4225	Paula Lopes	4508	01:19:53	08:00	Centro de Marcha e Corrida Grândola	F35/F40/F45	548
4226	João Carlos Santos	4515	01:19:54	08:00	Centro de Marcha e Corrida Grândola	M35/M40/M45	1667
4227	Basílio Paixão	572	01:19:56	08:00	Individual	M35/M40/M45	1668
4228	Ma Fee Hung	2751	01:19:56	08:00	Tranquilidade TAC	F50/F55/F60	138
4229	marina azevedo	1775	01:19:56	08:00	collaborator EDP	F50/F55/F60	139
4230	LARA HERVETH	3021	01:20:00	08:00	Individual	F35/F40/F45	549
4231	ANA CATARINA DELGADO	3204	01:20:05	08:01	Individual	Seniores Femininos	338
4232	ISABEL DELGADO	3205	01:20:05	08:01	Individual	F50/F55/F60	140
4233	Adelino da Costa Santos	4685	01:20:15	08:02	Individual	M50/M55/M60	812
4234	Beatriz Cracel	3940	01:20:16	08:02	Individual	F50/F55/F60	141
4235	Vera Silva Silva	764	01:20:38	08:04	Individual	F35/F40/F45	550
4236	Pedro Bernardino	1664	01:20:46	08:05	Aquae Scalabis	Seniores Masculinos	646
4237	Paulo Domingos	3803	01:20:52	08:06	Individual	M35/M40/M45	1669
4238	Cesar Gomes	2567	01:20:54	08:06	EDP Free	M35/M40/M45	1670
4239	Sérgio Cruz	4149	01:20:55	08:06	Individual	M35/M40/M45	1671
4240	André Lopes	2055	01:20:55	08:06	Individual	M35/M40/M45	1672
4241	Maria Gonçalves	2113	01:21:08	08:07	collaborator EDP	Seniores Femininos	339
4242	Ana Sofia Rocha	2223	01:21:08	08:07	collaborator EDP	Seniores Femininos	340
4243	MARIA CARMO ANJOS ANJOS	2863	01:21:26	08:09	CONDOR	F50/F55/F60	142
4244	LUCINDA LOPES HENRIQUES	2868	01:21:31	08:10	CONDOR	F50/F55/F60	143
4245	Teresa Pastor	3688	01:22:01	08:13	Metropolitano de Lisboa CCDT METRO LX	F35/F40/F45	551
4246	Daniele Prozczinski	347	01:22:04	08:13	Individual	Seniores Femininos	341
4247	Margarida Duque Ascenção Ascenção	4708	01:22:25	08:15	Individual	F35/F40/F45	552
4248	Guiomar Tomé	3020	01:22:28	08:15	Guizo Runners	F50/F55/F60	144
4249	Maria de Lurdes Campos	4469	01:22:36	08:16	Individual	F50/F55/F60	145
4250	Mafalda Gonçalves	3842	01:22:37	08:16	PROSEGUR	F35/F40/F45	553
4251	Mariana Gonçalves	3845	01:22:37	08:16	PROSEGUR	Seniores Femininos	342
4252	Adelia Santos	4703	01:22:44	08:17	Individual	F50/F55/F60	146
4253	Carlos Moniz	5161	01:22:59	08:18	Individual	M50/M55/M60	813
4254	Maria Carapinha	2666	01:23:25	08:21	collaborator EDP	Seniores Femininos	343
4255	João Patrício	2678	01:23:25	08:21	collaborator EDP	M50/M55/M60	814
4256	Rui Rainha	2698	01:23:27	08:21	collaborator EDP	M35/M40/M45	1673
4257	Maria Fernanda Neves	4712	01:23:49	08:23	Individual	F50/F55/F60	147
4258	Sara Barradas dos Santos	1723	01:23:50	08:23	Individual	Seniores Femininos	344
4259	António Franco	1166	01:24:03	08:25	Serviços Sociais Montepio	M50/M55/M60	815
4260	Joao Gonçalves	4961	01:24:03	08:25	EDP Free	M35/M40/M45	1674
4261	ANA CHIRITA	724	01:24:26	08:27	Individual	Seniores Femininos	345
4262	Inês Paiva	5448	01:24:27	08:27	Individual	Seniores Femininos	346
4263	ANTONIO MANUEL CASTANHEIRA BICHO	1985	01:24:35	08:28	Santander Totta	M50/M55/M60	816
4264	José Maria Dos Santos	5160	01:24:36	08:28	Individual	M50/M55/M60	817
4265	Sónia Lança	1710	01:24:44	08:29	Individual	F35/F40/F45	554
4266	Miriam Boucinha	1935	01:24:49	08:29	collaborator EDP	F35/F40/F45	555
4267	Ana Rita Simão	1933	01:24:50	08:29	collaborator EDP	Seniores Femininos	347
4268	Tiago Simão	1932	01:24:53	08:30	collaborator EDP	Seniores Masculinos	647
4269	Rui Samuel Cavale	1709	01:24:53	08:30	Individual	M35/M40/M45	1675
4270	Dalila Pereira	1592	01:24:55	08:30	Peniche a Correr	Seniores Femininos	348

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
4271	Miguel Marques	5292	01:25:13	08:32	Individual	M35/M40/M45	1676
4272	Miguel Ribas	5293	01:25:13	08:32	Individual	Juniores Masculinos	62
4273	Edgar Magro	3816	01:25:29	08:33	Individual	M35/M40/M45	1677
4274	Leila de Burgo	3817	01:25:32	08:34	Individual	F35/F40/F45	556
4275	Anabela Candido	4909	01:25:53	08:36	Hotel Dom Pedro Pump Runers	F35/F40/F45	557
4276	Susana Beatriz Trindade Valente Rosa	3189	01:25:53	08:36	Hotel Dom Pedro Pump Runers	F35/F40/F45	558
4277	Isabel Maria Borges Martins Delgado Martins Delgado	2529	01:26:39	08:40	Santander Totta	F35/F40/F45	559
4278	Luis Ameixa	986	01:26:55	08:42	Individual	M35/M40/M45	1678
4279	Isabel Pires	3966	01:26:59	08:42	Individual	F35/F40/F45	560
4280	Nuno Bolas	4717	01:27:00	08:42	Individual	Seniores Masculinos	648
4281	Andrea Madrid	4718	01:27:00	08:42	Individual	Seniores Femininos	349
4282	catia curica	4700	01:27:06	08:43	Individual	F35/F40/F45	561
4283	maria jose coimbra	1978	01:27:18	08:44	Santander Totta	F50/F55/F60	148
4284	Céu Guerreiro	3998	01:27:19	08:44	Runtopia	F35/F40/F45	562
4285	Catarina Pacheco	3999	01:27:19	08:44	Individual	Juniores Femininos	18
4286	Manuel Maria Almeida Luís	4505	01:27:31	08:46	Centro de Marcha e Corrida Grândola	M50/M55/M60	818
4287	Paula Cristina Fernandes Bernardo	4509	01:27:31	08:46	Centro de Marcha e Corrida Grândola	F35/F40/F45	563
4288	sandra silva silva	259	01:27:34	08:46	Individual	F35/F40/F45	564
4289	Carlos Calado	3927	01:27:46	08:47	Metropolitano de Lisboa CCDT METRO LX	M35/M40/M45	1679
4290	Carla Freire	3936	01:27:48	08:47	Metropolitano de Lisboa CCDT METRO LX	F35/F40/F45	565
4291	Gualdino Freire	1704	01:27:48	08:47	CCDTMETROLX	M50/M55/M60	819
4292	Helena Santos	5156	01:27:54	08:48	Individual	F35/F40/F45	566
4293	Deolinda Maria Lança Sacramento De Castro Silva	2525	01:28:28	08:51	Prova de Deficientes Motores Cadeira de Rodas	F35/F40/F45	567
4294	Ana Valente	501	01:28:39	08:52	Individual	Seniores Femininos	350
4295	Laura Alexandre Bernardo Pereira	4506	01:28:40	08:52	Centro de Marcha e Corrida Grândola	Seniores Femininos	351
4296	Carina Batista	138	01:28:40	08:52	Individual	F35/F40/F45	568
4297	Isabel Maria Marcelino	4513	01:28:41	08:53	Centro de Marcha e Corrida Grândola	F35/F40/F45	569
4298	Bruno NULL	4999	01:28:47	08:53	DMC	M35/M40/M45	1680
4299	Maria Graciele NULL	4287	01:28:53	08:54	DMC	F50/F55/F60	149
4300	Catarina Valente Raposo	1977	01:29:09	08:55	Santander Totta	Juniores Femininos	19
4301	Rui Rodrigo Martins Raposo	2076	01:29:11	08:56	Santander Totta	M35/M40/M45	1681
4302	Paulo Português	4463	01:29:13	08:56	Delta	M50/M55/M60	820
4303	Manuela Santos	4462	01:29:13	08:56	Delta	F35/F40/F45	570
4304	Fátima Pacheco	2352	01:29:25	08:57	Lisbon South Bay Running Club	F50/F55/F60	150
4305	Teresa Costa	3175	01:29:31	08:58	Hotel Dom Pedro Pump Runers	Seniores Femininos	352
4306	Isabel Aguiar	3209	01:29:31	08:58	Hotel Dom Pedro Pump Runers	F35/F40/F45	571
4307	Dora Coelho	3009	01:29:57	09:00	Asas nos Pés	F35/F40/F45	572
4308	Paula Martins Sousa	796	01:30:36	09:04	Individual	F35/F40/F45	573
4309	Olga Santos	892	01:30:44	09:05	Individual	F50/F55/F60	151
4310	Daniela Rodrigues	866	01:31:00	09:06	Individual	Seniores Femininos	353
4311	Gustavo Pereira	865	01:31:00	09:06	Individual	Seniores Masculinos	649
4312	Milene Matos	2518	01:31:47	09:11	G.D.R. São Francisco da Serra	Juniores Femininos	20
4313	Inácio Alvaro Sousa	3975	01:31:49	09:11	Individual	M50/M55/M60	821
4314	Camila Batista Esperto	4516	01:31:57	09:12	Centro de Marcha e Corrida Grândola	Seniores Femininos	354
4315	Sónia Bento	1482	01:32:07	09:13	Individual	F35/F40/F45	574
4316	Cristina Ribeiro	1707	01:32:08	09:13	Individual	F35/F40/F45	575
4317	Ana Emília Batista	4510	01:32:30	09:15	Centro de Marcha e Corrida Grândola	F35/F40/F45	576
4318	Maria Marques	4265	01:32:38	09:16	IPDJ	Seniores Femininos	355

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
4319	Cristina Rodrigues	4260	01:32:40	09:16	IPDJ	F35/F40/F45	577
4320	Miriam Rodrigues	4266	01:32:57	09:18	IPDJ	Seniores Femininos	356
4321	Rui Eduardo Palma Bebiano	4937	01:33:35	09:22	CM Almada	M50/M55/M60	822
4322	maria garcia-mercadal contreras de oliveira	2449	01:33:54	09:24	Individual	Seniores Femininos	357
4323	Maria Garcia-Mercadal Berzero	2254	01:33:55	09:24	Individual	F50/F55/F60	152
4324	Inês Sales	5157	01:35:31	09:34	Individual	F35/F40/F45	578
4325	Monica Teresa Gloria Rodrigues Rodrigues	3961	01:35:31	09:34	TVI	F35/F40/F45	579
4326	nuno gomes	1789	01:35:31	09:34	collaborator EDP	F35/F40/F45	580
4327	Susana Toledo	4349	01:35:31	09:34	Individual	Seniores Femininos	358
4328	Guida Alves	4348	01:35:31	09:34	Individual	F35/F40/F45	581
4329	Márcia Silva	2078	01:36:55	09:42	Santander Totta	Seniores Femininos	359
4330	Andre Mendes	4346	01:37:55	09:48	Individual	Seniores Masculinos	650
4331	Isabel Bento	2870	01:37:59	09:48	Guizo Runners	F35/F40/F45	582
4332	Milu Eusébio	2872	01:37:59	09:48	Guizo Runners	F50/F55/F60	153
4333	José Simões	2871	01:38:52	09:54	CM Lisboa	M50/M55/M60	823
4334	Sónia Valente Raposo	1991	01:39:26	09:57	Santander Totta	F35/F40/F45	583
4335	Alfredo José Santos	2213	01:39:26	09:57	Santander Totta	M35/M40/M45	1682
4336	Elza Raposo	2289	01:39:26	09:57	Santander Totta	F35/F40/F45	584
4337	Nuno Almeida de Araújo Sobreira	4455	01:39:56	10:00	Individual	Seniores Masculinos	651
4338	Susana Cristina Silva Carvalho Lopes	4454	01:39:56	10:00	Individual	F35/F40/F45	585
4339	António Manuel da Silva Duarte	4452	01:39:59	10:00	Individual	M50/M55/M60	824
4340	Isabel Maria Fonseca Silva	4453	01:39:59	10:00	Individual	F35/F40/F45	586
4341	Alexandra Filipa da Silva Duarte	4456	01:40:00	10:00	Individual	Seniores Femininos	360
4342	Sandra Antunes	5167	01:40:28	10:03	Individual	F35/F40/F45	587
4343	Raquel Susana da Silva Ferreira	3964	01:41:48	10:11	Santander Totta I	F35/F40/F45	588
4344	Vilma Marisa Chiu Moy	3963	01:41:48	10:11	Santander Totta I	F35/F40/F45	589
4345	Maria João Santos palmeiro	3965	01:41:51	10:12	Santander Totta I Geoban PT	F35/F40/F45	590
4346	Ana Paula Lima	139	01:42:45	10:17	Reinaldo Gomes	F50/F55/F60	154
4347	paula magalhaes	3943	01:42:45	10:17	Individual	F35/F40/F45	591
4348	patricia figueiredo	3942	01:42:46	10:17	camara lisboa clube	F35/F40/F45	592
4349	Ines Diniz	2650	01:44:40	10:28	Premium Runners	Seniores Femininos	361
4350	Isabel Sobral	3019	01:44:46	10:29	Asas nos Pés	F35/F40/F45	593
4351	Paula Gonçalves	3016	01:44:46	10:29	Asas nos Pés	F35/F40/F45	594
4352	Marilia Nascimento	3010	01:44:46	10:29	Asas nos Pés	F35/F40/F45	595
4353	VANDA BRITO	3933	01:45:43	10:35	Tejavista	F35/F40/F45	596
4354	Fernando Serra	3976	01:46:44	10:41	Individual	M50/M55/M60	825
4355	Judite Gonçalves	4504	01:47:51	10:48	Centro de Marcha e Corrida Grândola	F35/F40/F45	597
4356	Teresa Teles	4682	01:47:53	10:48	Individual	F35/F40/F45	598
4357	Barbara Teles	4684	01:47:55	10:48	Individual	Seniores Femininos	362
4358	Paulo Teles	4681	01:47:55	10:48	Individual	M35/M40/M45	1683
4359	Ana Diniz	2648	01:47:55	10:48	Premium Runners	F35/F40/F45	599
4360	Maria Louro	2854	01:50:53	11:06	CM Lisboa	F35/F40/F45	600

Grande Prémio de Natal - Prova Aberta 4 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	Diogo Banha	6159	00:13:02	03:16	Maratona Clube Portugal, --	Geral Masculina	1
2	Joaquim Silva	6048	00:13:45	03:27	Casa Benfica Algueirão Mem Martins, --	Geral Masculina	2

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
3	Rita Bacelar	6120	00:15:03	03:46	Clube Natação Amadora, --	Geral Feminina	1
4	Dulce Amaral	6363	00:16:28	04:07	Sporting Clube Reboleira Damaia, --	Geral Masculina	3
5	Cátia Costa	6406	00:17:27	04:22	Grupo Desportivo Recreativo Manique Cima, --	Geral Feminina	2
6	Daniel Pinto	6404	00:20:52	05:13	Grupo Desportivo Recreativo Manique Cima, --	Geral Masculina	4
7	Joaquim Araujo	6413	00:41:41	10:26	Individual, --	Geral Masculina	5
8	Cristiano Borges	6364	01:44:54	26:14:00	Sporting Clube Reboleira Damaia, --	Geral Masculina	6
9	Daniela Simões	6402	02:10:33	32:39:00	Grupo Desportivo Recreativo Manique Cima, --	Geral Feminina	3

Grande Prémio de Natal - Corrida 4 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	Martim Monteiro	6386	00:11:11	02:48	Individual, --	Geral JUV Masculina	1
2	Pedro Saldanha	6387	00:11:22	02:51	Individual, --	Geral JUV Masculina	2
3	Vasco Murteira	6163	00:11:45	02:57	Maratona Clube Portugal, --	Geral JUV Masculina	3
4	Ivan Brito	6370	00:11:52	02:58	Sporting Clube Reboleira Damaia, --	Geral JUV Masculina	4
5	Gonçalo Batista	6161	00:11:54	02:59	Maratona Clube Portugal, --	Geral JUV Masculina	5
6	Rubém Amaral	6369	00:12:12	03:03	Sporting Clube Reboleira Damaia, --	Geral JUV Masculina	6
7	Rui Cruz	6059	00:12:15	03:04	Casa Benfica Algueirão Mem Martins, --	Geral JUV Masculina	7
8	Tiago Conceição	6322	00:12:15	03:04	Individual, --	Geral JUV Masculina	8
9	Rodrigo Godinho	6162	00:12:22	03:06	Maratona Clube Portugal, --	Geral JUV Masculina	9
10	Daniel Costa	6268	00:12:33	03:09	Juventude Operária Monte Abraão, --	Geral JUV Masculina	10
11	Pedro Carvalho	6329	00:13:06	03:17	Individual, --	Geral JUV Masculina	11
12	Diogo Silva	6272	00:13:32	03:23	Juventude Operária Monte Abraão, --	Geral JUV Masculina	12
13	Rita Miranda	6326	00:13:35	03:24	Individual, --	Geral JUV Feminina	1
14	Margarida Raimundo	6321	00:13:42	03:26	Individual, --	Geral JUV Feminina	2
15	Samuel Latas	6022	00:13:55	03:29	Associação Cultural Recreativa Mealhada, --	Geral JUV Masculina	13
16	Leila Semedo	6371	00:14:02	03:31	Sporting Clube Reboleira Damaia, --	Geral JUV Feminina	3
17	Thiago Santiago	6273	00:14:18	03:35	Juventude Operária Monte Abraão, --	Geral JUV Masculina	14
18	Ricardo Fernandes	6270	00:14:21	03:36	Juventude Operária Monte Abraão, --	Geral JUV Masculina	15
19	Mafalda Marques	6328	00:14:28	03:37	Individual, --	Geral JUV Feminina	4
20	Marta Páscoa	6325	00:14:35	03:39	Individual, --	Geral JUV Feminina	5
21	Beatriz Gomes	6330	00:16:25	04:07	Individual, --	Geral JUV Feminina	6
22	Inês Lopes	6366	00:17:09	04:18	Sporting Clube Reboleira Damaia, --	Geral JUV Feminina	7

Grande Prémio de Natal - Caminhada 4 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	José Almeida	6142	00:25:33	06:24	Individual, --	Overall	1
2	Luis Santos	6144	00:32:22	08:06	Individual, --	Overall	2
3	Sílvia Namorado	6148	00:32:22	08:06	Individual, --	Overall	3
4	Ana Elisa	6147	00:34:07	08:32	Individual, --	Overall	4
5	Ana Santos	6149	00:34:43	08:41	Individual, --	Overall	5
6	Conceição Santos	6146	00:34:43	08:41	Individual, --	Overall	6
7	José Pais	6143	00:37:20	09:20	Individual, --	Overall	7
8	Maria Tomás	6212	00:38:24	09:36	EVELX-Associação de Estilos de Vida Saudável, --	Overall	8
9	Helena Monteiro	6122	00:40:53	10:14	EVELX-Associação de Estilos de Vida Saudável, --	Overall	9
10	Maria Cruz	5103	00:42:13	10:34	Individual, --	Overall	10
11	Ana Cruz	4943	00:42:14	10:34	Individual, --	Overall	11

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
12	José Cruz	5102	00:42:15	10:34	Individual, --	Overall	12
13	Bruno Martins	4944	00:42:17	10:35	Individual, --	Overall	13
14	Susana Carreira	6178	00:43:53	10:59	Aires Fernandes de Almeida, --	Overall	14
15	Margarida Fundo	6152	00:43:55	10:59	Individual, --	Overall	15
16	Maria Serralheiro	6177	00:43:55	10:59	Aires Fernandes de Almeida, --	Overall	16
17	Rafael Caseiro	6251	00:43:55	10:59	Individual, --	Overall	17
18	Luís Apolónia	6153	00:43:56	10:59	Individual, --	Overall	18
19	Tiago Caseiro	6250	00:43:58	11:00	Individual, --	Overall	19
20	Daniel Fundo	6151	00:43:58	11:00	Individual, --	Overall	20
21	Edite Gomes	6249	00:43:58	11:00	Individual, --	Overall	21
22	Maria Palma	6179	00:43:58	11:00	Aires Fernandes de Almeida, --	Overall	22
23	Marta Gonçalves	6150	00:43:59	11:00	Individual, --	Overall	23
24	Maria Santos	6176	00:44:14	11:04	Aires Fernandes de Almeida, --	Overall	24

Grande Prémio de Natal - Corrida 2 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	Hugo Cruz	6335	00:05:18	02:39	Individual, --	Iniciados Masculinos	1
2	Jonathan Rosa	6377	00:05:31	02:46	Sporting Clube Reboleira Damaia, --	Iniciados Masculinos	2
3	André Massuça	6334	00:05:34	02:47	Individual, --	Iniciados Masculinos	3
4	Ivo Cruz	6336	00:05:43	02:52	Individual, --	Iniciados Masculinos	4
5	David Garcia	6342	00:05:43	02:52	Individual, --	Iniciados Masculinos	5
6	Tomás Pereira	6164	00:05:45	02:53	Maratona Clube Portugal, --	Iniciados Masculinos	6
7	Pedro Neves	6337	00:05:52	02:56	Individual, --	Iniciados Masculinos	7
8	Tiago Costa	6339	00:05:54	02:57	Individual, --	Iniciados Masculinos	8
9	Emanuel Borges	6060	00:06:02	03:01	Casa Benfica Algueirão Mem Martins, --	Iniciados Masculinos	9
10	João Santos	6316	00:06:05	03:03	Núcleo Sportinguista Lourinhã, --	Iniciados Masculinos	10
11	João Franco	6332	00:06:09	03:05	Individual, --	Iniciados Masculinos	11
12	Gonçalo Martinho	6393	00:06:10	03:05	Individual, --	Iniciados Masculinos	12
13	Tomás Henriques	6170	00:06:12	03:06	Maratona Clube Portugal, --	Iniciados Masculinos	13
14	Duarte Grilo	6344	00:06:17	03:09	Individual, --	Iniciados Masculinos	14
15	Luana Solé	6375	00:06:18	03:09	Sporting Clube Reboleira Damaia, --	Iniciados Femininos	1
16	Rodrigo Ribeirinho	6171	00:06:20	03:10	Maratona Clube Portugal, --	Iniciados Masculinos	15
17	Marco Ferreira	6317	00:06:21	03:11	Núcleo Sportinguista Lourinhã, --	Iniciados Masculinos	16
18	Lourenço Ferreira	6139	00:06:32	03:16	Fundação Salesianos, --	Iniciados Masculinos	17
19	Joana Tomé	6169	00:06:43	03:22	Maratona Clube Portugal, --	Iniciados Femininos	2
20	Beatriz Galvão	6333	00:06:48	03:24	Individual, --	Iniciados Femininos	3
21	Marta Castro	6340	00:06:50	03:25	Individual, --	Iniciados Femininos	4
22	Diogo Bragança	6376	00:07:01	03:31	Sporting Clube Reboleira Damaia, --	Iniciados Masculinos	18
23	Carolina Proença	6278	00:07:02	03:31	Juventude Operária Monte Abraão, --	Iniciados Femininos	5
24	Inês Saraiva	6165	00:07:04	03:32	Maratona Clube Portugal, --	Iniciados Femininos	6
25	Catarina Gomes	6343	00:07:08	03:34	Individual, --	Iniciados Femininos	7
26	Bruna Reis	6374	00:07:15	03:38	Sporting Clube Reboleira Damaia, --	Iniciados Femininos	8
27	Beatriz Dominguez	6061	00:07:38	03:49	Casa Benfica Algueirão Mem Martins, --	Iniciados Femininos	9
28	Carmo Juiz	6167	00:07:45	03:53	Maratona Clube Portugal, --	Iniciados Masculinos	19
29	Luisa Juiz	6166	00:07:45	03:53	Maratona Clube Portugal, --	Iniciados Femininos	10
30	Marilene Fernandes	6026	00:08:02	04:01	Associação Cultural Recreativa Mealhada, --	Iniciados Femininos	11
31	Aaliyah Rosa	6379	00:08:09	04:05	Sporting Clube Reboleira Damaia, --	Iniciados Femininos	12

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
32	Madalena Silva	6286	00:08:09	04:05	Juventude Operária Monte Abraão, --	Iniciados Femininos	13
33	Núria Gomes	6378	00:08:19	04:10	Sporting Clube Reboleira Damaia, --	Iniciados Femininos	14
34	Diana Pereira	6029	00:09:03	04:32	Associação Cultural Recreativa Mealhada, --	Iniciados Femininos	15
35	Mara Mendes	6023	00:09:17	04:39	Associação Cultural Recreativa Mealhada, --	Iniciados Femininos	16
36	Joana Veríssimo	6027	00:09:18	04:39	Associação Cultural Recreativa Mealhada, --	Iniciados Femininos	17
37	Gonçalo Pinto	6086	00:27:37	13:49	Centro de Atletismo das Galinheiras, --	Iniciados Masculinos	20
38	Guilherme Silva	6408	00:43:48	21:54	Grupo Desportivo Recreativo Manique Cima, --	Iniciados Masculinos	21
39	Inês Matos	6298	00:48:57	24:29:00	Linda-a-pastora Sporting Clube, --	Iniciados Femininos	18
40	Hugo Dias	6131	01:10:55	35:28:00	EVELX-Associação de Estilos de Vida Saudável, --	Iniciados Masculinos	22
41	José Carvalho	6030	02:12:45	01:06:23	Associação Cultural Recreativa Mealhada, --	Iniciados Masculinos	23

Grande Prémio de Natal - Corrida 1 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	David Ribeiro	6318	00:02:48	02:48	Núcleo Sportinguista Lourinhã, --	Infantil Masculino	1
2	Miguel Massuça	6214	00:02:55	02:55	Fundação CEBI, --	Infantil Masculino	2
3	Rodrigo Silva	6357	00:03:02	03:02	Individual, --	Benjamim Masculino	1
4	Leonor Ferreira	6172	00:03:04	03:04	Maratona Clube Portugal, --	Infantil Feminina	1
5	Petra Sequeira	6350	00:03:14	03:14	Individual, --	Benjamim Feminina	1
6	Mafalda Vieira	6347	00:03:23	03:23	Individual, --	Infantil Feminina	2
7	Carlos Valente	6380	00:03:24	03:24	Sporting Clube Reboleira Damaia, --	Benjamim Masculino	2
8	Carolina Lopes	6292	00:03:25	03:25	Juventude Operária Monte Abraão, --	Benjamim Feminina	2
9	Diogo Roque	6345	00:03:37	03:37	Individual, --	Infantil Masculino	3
10	Cláudia Vinagre	6382	00:03:40	03:40	Sporting Clube Reboleira Damaia, --	Benjamim Feminina	3
11	Sebastião Carvalho	6117	00:03:41	03:41	Clube Futebol "Os Belenenses", --	Infantil Masculino	4
12	Bárbara Fataça	6409	00:03:42	03:42	Grupo Desportivo Recreativo Manique Cima, --	Infantil Feminina	3
13	Aicha Lamina	6094	00:03:47	03:47	Centro de Atletismo das Galinheiras, --	Benjamim Feminina	4
14	Lara Lima	6383	00:03:47	03:47	Sporting Clube Reboleira Damaia, --	Benjamim Feminina	5
15	Carolina Silva	6407	00:03:49	03:49	Grupo Desportivo Recreativo Manique Cima, --	Benjamim Feminina	6
16	Sara Alturas	6037	00:03:57	03:57	Associação Cultural Recreativa Mealhada, --	Infantil Feminina	4
17	Diogo Viegas	6036	00:03:59	03:59	Associação Cultural Recreativa Mealhada, --	Infantil Masculino	5
18	Martim Carvalho	6118	00:03:59	03:59	Clube Futebol "Os Belenenses", --	Benjamim Masculino	3
19	Marta Pinto	6093	00:04:05	04:05	Centro de Atletismo das Galinheiras, --	Benjamim Feminina	7
20	Catarina Birne	6209	00:04:05	04:05	Clube Futebol "Os Belenenses", --	Benjamim Feminina	8
21	Jéssica Moraes	6045	00:04:06	04:06	Associação Cultural Recreativa Mealhada, --	Benjamim Feminina	9
22	Mauro Mendes	6042	00:04:07	04:07	Associação Cultural Recreativa Mealhada, --	Benjamim Masculino	4
23	Joana Silva	6035	00:04:08	04:08	Associação Cultural Recreativa Mealhada, --	Infantil Feminina	5
24	João Santos	6040	00:04:12	04:12	Associação Cultural Recreativa Mealhada, --	Benjamim Masculino	5
25	Margarida Simões	6403	00:04:16	04:16	Grupo Desportivo Recreativo Manique Cima, --	Benjamim Feminina	10
26	Margarida Vieira	6355	00:04:36	04:36	Individual, --	Benjamim Feminina	11
27	Catarina Gonçalves	6352	00:04:37	04:37	Individual, --	Benjamim Feminina	12
28	Rodrigo Vitorino	6299	00:04:38	04:38	Linda-a-pastora Sporting Clube, --	Benjamim Masculino	6
29	Mariana Pinto	6405	00:05:07	05:07	Grupo Desportivo Recreativo Manique Cima, --	Benjamim Feminina	13
30	Marisa Mota	6136	00:05:28	05:28	EVELX-Associação de Estilos de Vida Saudável, --	Benjamim Feminina	14
31	Henrique Galvão	6119	00:05:33	05:33	Clube Futebol "Os Belenenses", --	Benjamim Masculino	7
32	Urairatu Baldé	6134	00:06:35	06:35	EVELX-Associação de Estilos de Vida Saudável, --	Infantil Masculino	6
33	Mariana Isidro	6356	00:12:17	12:17	Individual, --	Benjamim Feminina	15
34	Alice Fernandes	6289	00:25:32	25:32:00	Juventude Operária Monte Abraão, --	Infantil Feminina	6

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
35	Mónica Mota	6132	00:27:46	27:46:00	EVELX-Associação de Estilos de Vida Saudável, --	Infantil Feminina	7
36	Marta Mendes	6133	00:28:18	28:18:00	EVELX-Associação de Estilos de Vida Saudável, --	Infantil Feminina	8

Grande Prémio de Natal - Marcha 5 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	Pedro Isidro	6320	00:21:21	04:17	Individual, --	Seniores Masculinos	1
2	Paulo Martins	6358	00:22:00	04:24	Individual, --	Juniores Masculinos	1
3	Sidney Santos	6360	00:23:22	04:41	Individual, --	Juniores Masculinos	2
4	Luis Silva	6297	00:23:31	04:43	Leiria Marcha Atlético Clube, --	Veteranos Masculinos	1
5	Kristina Saltanovic	6296	00:23:36	04:44	Juventude Vidigalense, --	Veteranas Femininas	1
6	André Antunes	6203	00:24:49	04:58	Casa Benfica de Faro, --	Seniores Masculinos	2
7	Ricardo Santos	6215	00:25:14	05:03	Grupo Desp Rec Popular Chão Duro, --	Veteranos Masculinos	2
8	Felicidade Rosa	6085	00:26:58	05:24	Centro de Atletismo das Galinheiras, --	Veteranas Femininas	2
9	Paulo Cunha	6235	00:27:46	05:34	Grupo Desportivo São Domingos, --	Veteranos Masculinos	3
10	Andreia Reis	6264	00:29:27	05:54	Juventude Operária Monte Abraão, --	Juniores Femininas	1
11	Alexandre Monteiro	6410	00:29:28	05:54	União Atlético Povoense, --	Veteranos Masculinos	4
12	Paulo Ramos	6083	00:29:51	05:59	Centro de Atletismo das Galinheiras, --	Veteranos Masculinos	5
13	Maria Mendes	6079	00:30:57	06:12	Centro de Atletismo das Galinheiras, --	Veteranas Femininas	3
14	Francisco Mimoso	6080	00:31:43	06:21	Centro de Atletismo das Galinheiras, --	Veteranos Masculinos	6
15	Joaquim Leitão	6224	00:32:36	06:32	Grupo Desportivo São Domingos, --	Veteranos Masculinos	7
16	Gonçalo Rebelo	6227	00:33:41	06:45	Grupo Desportivo São Domingos, --	Veteranos Masculinos	8
17	Ana Macedo	6411	00:33:50	06:46	União Atlético Povoense, --	Veteranas Femininas	4
18	Teresa Sousa	6238	00:34:37	06:56	Grupo Desportivo São Domingos, --	Veteranas Femininas	5
19	Maria Moura	6391	00:36:04	07:13	Grupo Marcha e Corrida do Jamor, --	Veteranas Femininas	6
20	Maria Azevedo	6392	00:37:58	07:36	Grupo Marcha e Corrida do Jamor, --	Veteranas Femininas	7
21	Teresa Medeiros	6230	00:41:44	08:21	Grupo Desportivo São Domingos, --	Veteranas Femininas	8

Grande Prémio de Natal - Marcha 3 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	Catarina Santos	6361	00:17:03	09:09	Individual, --	Juvenis Femininos	1
2	Leandro Francisco	6388	00:18:37	09:59	Centro de Atletismo das Galinheiras, --	Iniciados Masculinos	1
3	Inês Pinto	6368	00:19:44	10:35	Sporting Clube Reboleira Damaia, --	Juvenis Femininos	2
4	Jéssica Sousa	6239	00:19:54	10:41	Grupo Desportivo São Domingos, --	Juvenis Femininos	3
5	Inês Dias	6196	00:22:30	12:05	Associação Cultural Recreativa Mealhada, --	Juvenis Femininos	4

Grande Prémio de Natal - Marcha 1 Km

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
1	Guilherme Rodrigues	6362	00:05:12	05:12	Individual, --	Infantil Masculino	1
2	Santiago Xavier	6319	00:05:13	05:13	Solar Leões Almada, --	Infantil Masculino	2
3	Irina Martins	6090	00:05:42	05:42	Centro de Atletismo das Galinheiras, --	Infantil Feminino	1
4	Estefânia Rebelo	6241	00:05:51	05:51	Grupo Desportivo São Domingos, --	Infantil Feminino	2
5	Gonçalo Martins	6091	00:06:09	06:09	Centro de Atletismo das Galinheiras, --	Infantil Masculino	3
6	Carla Jesus	6092	00:06:21	06:21	Centro de Atletismo das Galinheiras, --	Benjamim Feminino	1
7	Miriam Fernandes	6088	00:06:21	06:21	Centro de Atletismo das Galinheiras, --	Infantil Feminino	3
8	Miriana Fernandes	6089	00:06:25	06:25	Centro de Atletismo das Galinheiras, --	Infantil Feminino	4

Lugar	Nome	Dorsal	Tempo	Ritmo	Equipa	Escalão	Esc.
9	Mariana Fernandes	6087	00:06:33	06:33	Centro de Atletismo das Galinheiras, --	Infantil Feminino	5
10	Sara Sarmiento	6198	00:06:48	06:48	Associação Cultural Recreativa Mealhada, --	Infantil Feminino	6
11	Pedro Sousa	6243	00:06:52	06:52	Grupo Desportivo São Domingos, --	Benjamim Masculino	1
12	Flávia Rocha	6247	00:07:13	07:13	Grupo Desportivo São Domingos, --	Benjamim Feminino	2
13	Leandra José	6245	00:07:17	07:17	Grupo Desportivo São Domingos, --	Benjamim Feminino	3
14	Carolina Braga	6246	00:07:20	07:20	Grupo Desportivo São Domingos, --	Benjamim Feminino	4
15	Lara Araújo	6095	00:08:05	08:05	Centro de Atletismo das Galinheiras, --	Benjamim Feminino	5