

PROVA VERTICAL

4,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:30	-99°C	-99%
End	11:53	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	4017	Carlos Sá	desnivel positivo	Veterano M40	33:29		07:26
2	4026	Amândio Filipe Pires Antunes	individual	Senior Masculino	35:10	+01:41	07:49
3	4043	João Veiga Cruz	grupo desportivo santander totta	Veterano M40	36:46	+03:17	08:10
4	4025	Alberto Pena Lomba	individual	Senior Masculino	37:17	+03:48	08:17
5	1492	Sergio Manuel Moreira Duarte	team duas faces	Senior Masculino	37:31	+04:02	08:20
6	4029	Joel Pereira	individual	Senior Masculino	37:54	+04:25	08:25
7	4050	Zé Pereira	individual	Veterano M40	38:22	+04:53	08:31
8	2486	Ricardo Jorge Arezes Lima	oralklass-amigos do trail	Senior Masculino	38:57	+05:28	08:39
9	4016	Bruno Querido	desnivel positivo	Veterano M40	39:32	+06:03	08:47
10	4013	Vitor Penetra	desnivel positivo	Senior Masculino	39:52	+06:23	08:52
11	4021	Pedro Conde	desnivel positivo	Veterano M40	41:21	+07:52	09:11
12	15	andre cunha	vimarunners	Senior Masculino	41:58	+08:29	09:19
13	4010	Renato Presa	desnivel positivo	Senior Masculino	42:07	+08:38	09:22
14	383	rui gomes	gd os ribeirinhos	Veterano M40	42:20	+08:51	09:24
15	1329	Rafael Perez	individual	Veterano M40	42:24	+08:55	09:25
16	1174	David Ferreira	individual	Senior Masculino	43:00	+09:31	09:33
17	1313	leopoldo garcía gonzález	individual	Veterano M40	43:44	+10:15	09:43
18	399	Carlos Manuel Pimenta Ribeiro	edv-viana trail	Senior Masculino	44:13	+10:44	09:50
19	114	Paulo Gomes	no tomorrow running team	Veterano M40	44:32	+11:03	09:54
20	4040	Diogo Almeida	individual	Senior Masculino	44:53	+11:24	09:59
21	4032	Orlando Silva	individual	Senior Masculino	44:54	+11:25	09:59
22	49	Eduardo merino	run&shine	Senior Masculino	45:12	+11:43	10:03
23	2220	Hugo Marante Lima	individual	Senior Masculino	45:32	+12:03	10:07
24	4031	Luís Freitas	individual	Veterano M45	46:23	+12:54	10:18
25	2063	Cesar Francisco	cesarfrancisco.com cantanhede xmas trail race	Veterano M40	47:17	+13:48	10:30
26	4006	Dionisio Pires	desnivel positivo	Senior Masculino	47:20	+13:51	10:31
27	4042	Pedro Fernandes	cm caminha	Senior Masculino	47:22	+13:53	10:32
28	4022	Camilo Neto	desnivel positivo	Veterano M45	47:58	+14:29	10:40
29	4003	Artur Costa	desnivel positivo	Senior Masculino	48:29	+15:00	10:46
30	271	Sérgio Moreira	individual	Senior Masculino	48:35	+15:06	10:48
31	170	André Ribeiro Fraga	individual	Senior Masculino	48:45	+15:16	10:50
32	242	Nuno Garrana	individual	Senior Masculino	48:56	+15:27	10:52
33	1167	Bruno Ricardo Vieira Dias	individual	Senior Masculino	49:27	+15:58	10:59
34	1361	Ricardo Vázquez Regueiro	individual	Veterano M45	49:55	+16:26	11:06
35	1349	Juan Carlos Carcedo Fernandez	individual	Veterano M45	51:44	+18:15	11:30
36	4019	Isaque Lucena	desnivel positivo	Veterano M40	53:31	+20:02	11:54
37	4012	Tiago Fernandes	desnivel positivo	Senior Masculino	53:49	+20:20	11:57
38	2257	Nelson Antunes Lopes	individual	Veterano M40	54:28	+20:59	12:06
39	4014	Fátima Alendouro	desnivel positivo	Veterana F40	54:39	+21:10	12:09
40	2389	Rui Miguel de Carvalho Gameiro	individual	Veterano M40	54:42	+21:13	12:09
41	365	José Carlos Melo	individual	Veterano M50	55:28	+21:59	12:20

PROVA VERTICAL**4,5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1014	Cláudia Marina da Silva Guerreiro	algarve trail running / acs	Senior Feminino	57:12	+23:43	12:43
43	522	Bruno Rodrigues	algarve trail running / acs	Senior Masculino	57:13	+23:44	12:43
44	4020	João Mota	desnivel positivo	Veterano M40	57:37	+24:08	12:48
45	4023	Frederico Esteves	desnivel positivo	Veterano M45	57:46	+24:17	12:50
46	2237	Jose Lemos	individual	Senior Masculino	58:02	+24:33	12:54
47	1259	Ricardo Miranda Oliveira	individual	Senior Masculino	58:18	+24:49	12:57
48	4015	Margarida Magalhaes	desnivel positivo	Veterana F45	58:56	+25:27	13:06
49	2514	Ricardo Heleno	s&h	Senior Masculino	01:01:08	+27:39	13:35
50	2513	Ana Rita Silva	s&h	Senior Feminino	01:01:08	+27:39	13:35
51	3136	Jorge louro	individual	Veterano M50	01:01:31	+28:02	13:40
52	2252	Miguel Faria	individual	Senior Masculino	01:05:26	+31:57	14:32
53	2548	Célia Vital	viana runners	Veterana F40	01:05:26	+31:57	14:32
54	3071	Paulo Pires	individual	Senior Masculino	01:12:14	+38:45	16:03
55	4018	Célia Sampaio	desnivel positivo	Veterano M40	01:16:31	+43:02	17:00
56	4024	Joaquim Sampaio	desnivel positivo	Veterano M60	01:16:32	+43:03	17:00

Prova Vertical

4,5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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	Time	Temperature	Humidity
Start	10:30	-99°C	-99%
End	11:53	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1014	Cláudia Marina da Silva Guerreiro	Algarve Trail Running / ACS	Senior Feminino	57:12		12:43
2	2513	Ana Rita Silva	S&H	Senior Feminino	01:01:08	+03:56	13:35

Senior Masculino

1	4026	Amândio Filipe Pires Antunes	Individual	Senior Masculino	35:10		07:49
2	4025	Alberto Pena Lomba	Individual	Senior Masculino	37:17	+02:07	08:17
3	1492	Sergio Manuel Moreira Duarte	Team DUAS FACES	Senior Masculino	37:31	+02:21	08:20
4	4029	Joel Pereira	Individual	Senior Masculino	37:54	+02:44	08:25
5	2486	Ricardo Jorge Arezes Lima	Oralklass-Amigos do Trail	Senior Masculino	38:57	+03:47	08:39
6	4013	Vitor Penetra	DESNIVEL POSITIVO	Senior Masculino	39:52	+04:42	08:52
7	15	andre cunha	vimarunners	Senior Masculino	41:58	+06:48	09:19
8	4010	Renato Presa	DESNIVEL POSITIVO	Senior Masculino	42:07	+06:57	09:22
9	1174	David Ferreira	Individual	Senior Masculino	43:00	+07:50	09:33
10	399	Carlos Manuel Pimenta Ribeiro	EDV-VIANA TRAIL	Senior Masculino	44:13	+09:03	09:50
11	4040	Diogo Almeida	Individual	Senior Masculino	44:53	+09:43	09:59
12	4032	Orlando Silva	Individual	Senior Masculino	44:54	+09:44	09:59
13	49	Eduardo merino	Run&Shine	Senior Masculino	45:12	+10:02	10:03
14	2220	Hugo Marante Lima	Individual	Senior Masculino	45:32	+10:22	10:07
15	4006	Dionisio Pires	DESNIVEL POSITIVO	Senior Masculino	47:20	+12:10	10:31
16	4042	Pedro Fernandes	CM Caminha	Senior Masculino	47:22	+12:12	10:32
17	4003	Artur Costa	DESNIVEL POSITIVO	Senior Masculino	48:29	+13:19	10:46
18	271	Sérgio Moreira	Individual	Senior Masculino	48:35	+13:25	10:48
19	170	André Ribeiro Fraga	Individual	Senior Masculino	48:45	+13:35	10:50
20	242	Nuno Garrana	Individual	Senior Masculino	48:56	+13:46	10:52
21	1167	Bruno Ricardo Vieira Dias	Individual	Senior Masculino	49:27	+14:17	10:59
22	4012	Tiago Fernandes	DESNIVEL POSITIVO	Senior Masculino	53:49	+18:39	11:57
23	522	Bruno Rodrigues	Algarve Trail Running / ACS	Senior Masculino	57:13	+22:03	12:43
24	2237	Jose Lemos	Individual	Senior Masculino	58:02	+22:52	12:54
25	1259	Ricardo Miranda Oliveira	Individual	Senior Masculino	58:18	+23:08	12:57
26	2514	Ricardo Heleno	S&H	Senior Masculino	01:01:08	+25:58	13:35
27	2252	Miguel Faria	Individual	Senior Masculino	01:05:26	+30:16	14:32
28	3071	Paulo Pires	Individual	Senior Masculino	01:12:14	+37:04	16:03

Veterana F40

1	4014	Fátima Alendouro	DESNIVEL POSITIVO	Veterana F40	54:39		12:09
2	2548	Célia Vital	VIANA RUNNERS	Veterana F40	01:05:26	+10:47	14:32

Official Timekeeper: Lap2Go	1 / 2	generate 27-set-2014 12:17
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Prova Vertical

4,5 KM

OFFICIAL RESULT

Veterana F45

1	4015	Margarida Magalhaes	DESNIVEL POSITIVO	Veterana F45	58:56	13:06
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Veterano M40

1	4017	Carlos Sá	DESNIVEL POSITIVO	Veterano M40	33:29	07:26
2	4043	João Veiga Cruz	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	36:46	+03:17 08:10
3	4050	Zé Pereira	Individual	Veterano M40	38:22	+04:53 08:31
4	4016	Bruno Querido	DESNIVEL POSITIVO	Veterano M40	39:32	+06:03 08:47
5	4021	Pedro Conde	DESNIVEL POSITIVO	Veterano M40	41:21	+07:52 09:11
6	383	rui gomes	GD OS RIBEIRINHOS	Veterano M40	42:20	+08:51 09:24
7	1329	Rafael Perez	Individual	Veterano M40	42:24	+08:55 09:25
8	1313	leopoldo garcía gonzález	Individual	Veterano M40	43:44	+10:15 09:43
9	114	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	44:32	+11:03 09:54
10	2063	Cesar Francisco	cesarfrancisco.com Cantanhede Xmas Trail Race	Veterano M40	47:17	+13:48 10:30
11	4019	Isaque Lucena	DESNIVEL POSITIVO	Veterano M40	53:31	+20:02 11:54
12	2257	Nelson Antunes Lopes	Individual	Veterano M40	54:28	+20:59 12:06
13	2389	Rui Miguel de Carvalho Gameiro	Individual	Veterano M40	54:42	+21:13 12:09
14	4020	João Mota	DESNIVEL POSITIVO	Veterano M40	57:37	+24:08 12:48
15	4018	Célia Sampaio	DESNIVEL POSITIVO	Veterano M40	01:16:31	+43:02 17:00

Veterano M45

1	4031	Luís Freitas	Individual	Veterano M45	46:23	10:18
2	4022	Camilo Neto	DESNIVEL POSITIVO	Veterano M45	47:58	+01:35 10:40
3	1361	Ricardo Vázquez Regueiro	Individual	Veterano M45	49:55	+03:32 11:06
4	1349	Juan Carlos Carcedo Fernandez	Individual	Veterano M45	51:44	+05:21 11:30
5	4023	Frederico Esteves	DESNIVEL POSITIVO	Veterano M45	57:46	+11:23 12:50

Veterano M50

1	365	José Carlos Melo	Individual	Veterano M50	55:28	12:20
2	3136	Jorge Iouro	Individual	Veterano M50	01:01:31	+06:03 13:40

Veterano M60

1	4024	Joaquim Sampaio	DESNIVEL POSITIVO	Veterano M60	01:16:32	17:00
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