

Pos	Dorsal	Nome	Escalão	Clube	Tempo
1	89	CRISTIANO SANTOS	Senior M.	INDIVIDUAL	00:36:53
2	135	NUNO FERNANDES	Senior M.	INDIVIDUAL	00:37:34
3	52	PEDRO SANTOS	Vet. M40	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	00:38:19
4	44	DIOGO LOPES	Senior M.	EDV-VIANA TRAIL	00:39:35
5	237	ALEX TONDELA	Vet. M40	SPORT CLUBE BEIRA-MAR	00:40:49
6	49	PEDRO CAPRICHOSO	Senior M.	EDV-VIANA TRAIL	00:42:10
7	2	AMÂNDIO ANTUNES	Vet. M40	AFIFENSETRAIL	00:43:13
8	221	JOÃO CASTEL-BRANCO	Senior M.	OLIMPICO VIANENSE TRAIL	00:43:17
9	269	FERNANDA VERDE	Senior F.	INDIVIDUAL	00:45:45
10	43	CARLOS FERREIRA	Senior M.	DR. MERINO/4MOOVE	00:45:46
11	69	ANDRÉ SARMENTO	Senior M.	INDIVIDUAL	00:45:46
12	181	INÊS MOREIRA	Senior F.	MOINHOS RUN-ADRM	00:47:19
13	34	MARCO CARAUX	Vet. M40	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	00:47:47
14	170	TIAGO LEAL	Vet. M45	INDIVIDUAL	00:48:08
15	254	PEDRO CASTRO	Senior M.	XL&S TRAIL	00:48:22
16	176	ADRIANA GOMES	Senior F.	MINHO AVENTURA	00:49:07
17	118	JORGE FERNANDES	Senior M.	INDIVIDUAL	00:49:10
18	111	JOAO BARBOSA	Vet. M40	INDIVIDUAL	00:49:54
19	146	PEDRO POLÓNIO	Senior M.	INDIVIDUAL	00:50:16
20	17	JOSÉ OLIVEIRA	Vet. M40	ASCÁRIOS ESCARIZ	00:50:24
21	99	FILIPE FERREIRA	Vet. M40	INDIVIDUAL	00:50:35
22	207	SÉRGIO VALE	Senior M.	NOCTURNOS DE PAREDES	00:50:43
23	31	FILIPE ALVES	Vet. M40	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	00:50:56
24	220	HUGO CASAL	Senior M.	OLIMPICO VIANENSE TRAIL	00:51:02
25	125	LUIS BRAGA	Senior M.	INDIVIDUAL	00:51:25
26	173	VITOR SANTOS	Senior M.	INDIVIDUAL	00:51:35
27	180	CLÁUDIA MOREIRA	Senior F.	MOINHOS RUN-ADRM	00:51:51
28	234	HUGO VENTURA	Senior M.	PUZZLE CENTRO DE EXPLICAÇÕES E PSICOLOGIA	00:52:12
29	91	DANIEL FONSECA	Vet. M40	INDIVIDUAL	00:52:32
30	92	DIOGO ALMEIDA	Senior M.	INDIVIDUAL	00:52:32
31	48	PAULO VILAVERDE	Vet. M45	EDV-VIANA TRAIL	00:52:58
32	214	NUNO RAPOSO	Senior M.	NÚCLEO DE MONTANHA DE ESPINHO	00:53:01
33	105	HUGO BRITO	Vet. M40	INDIVIDUAL	00:53:07
34	255	RUI CARMO	Senior M.	XL&S TRAIL	00:53:10
35	84	CELESTINO GOMES	Vet. M40	INDIVIDUAL	00:53:24
36	121	JOSÉ DOMINGUEZ	Senior M.	INDIVIDUAL	00:54:01
37	133	NATÁLIA AMOEDO	Senior F.	INDIVIDUAL	00:54:22
38	222	PEDRO CARVALHIDO	Vet. M40	OLIMPICO VIANENSE TRAIL	00:54:37
39	175	FÁTIMA ALENDOURO	Vet F40	JUVENTUDE VIDIGALENSE	00:55:39
40	33	JOSÉ GOMES	Vet. M50	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	00:55:46
41	218	FRANCISCO FERREIRA	Vet. M50	OLIMPICO VIANENSE TRAIL	00:56:27
42	217	EUSEBIO RUAS	Vet. M45	OLIMPICO VIANENSE TRAIL	00:56:28
43	53	SÉRGIO SILVA	Senior M.	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	00:57:44
44	115	JOAQUIM GOMES	Vet. M55	INDIVIDUAL	00:58:12

Pos	Dorsal	Nome	Escalão	Clube	Tempo
45	260	ERIBERTO MATOSS	Vet. M40	TRAIL TEAM MONTARIA	00:59:10
46	268	SIMÃO MATOS	Senior M.	INDIVIDUAL	00:59:30
47	160	RUI TORRES	Vet. M50	INDIVIDUAL	01:01:11
48	86	CÉSAR COSTA	Vet. M40	INDIVIDUAL	01:02:35
49	262	TIAGO MARTINS	Sub23 M.	TRAIL TEAM MONTARIA	01:02:50
50	39	DAVID ANTUNES	Vet. M45	DESNÍVEL POSITIVO	01:02:52
51	71	ANTÓNIO MENDES	Vet. M50	INDIVIDUAL	01:03:07
52	117	JORGE COELHO	Vet. M45	JUVENTUDE CORTEGACENSE	01:03:23
53	51	HUGO OLIVEIRA	Senior M.	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	01:03:36
54	265	PATRICK FERREIRA	Senior M.	TRAIL TEAM MONTARIA	01:03:48
55	13	ÁLVARO NUNES	Vet. M40	ALL ABOUT	01:06:06
56	241	TIAGO MARTINS	Senior M.	TRAIL TEAM MONTARIA	01:08:03
57	259	MARCO PIRES	Sub23 M.	TRAIL TEAM MONTARIA	01:08:04
58	256	JOÃO MOTA	Vet. M40	INDIVIDUAL	01:11:37
59	258	FERNANDO MARTINS	Senior M.	TRAIL TEAM MONTARIA	01:13:45
60	261	HELDER MACIEL	Sub23 M.	TRAIL TEAM MONTARIA	01:14:28
61	263	MIGUEL AMORIM	Senior M.	TRAIL TEAM MONTARIA	01:15:36
62	235	PATRICIA VENTURA	Senior F.	PUZZLE CENTRO DE EXPLICAÇÕES E PSICOLOGIA	01:19:18
63	164	SOFIA SANTO	Senior F.	INDIVIDUAL	01:19:34
64	257	CARLOS PIRES	Vet. M40	TRAIL TEAM MONTARIA	01:22:36
65	267	BRUNO PINHEIRO	Senior M.	TRAIL TEAM MONTARIA	01:22:39
66	264	ANDRÉ BARROS	Sub23 M.	TRAIL TEAM MONTARIA	01:22:55
67	83	CARLOS GUERRA	Senior M.	INDIVIDUAL	01:28:33
68	42	RICARDO MENDES	Vet. M40	DESNÍVEL POSITIVO	01:28:44