





**TRAIL CURTO - STAGE 1**

**21 KM**



**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
89	832	Ricardo Neto	soure mov	Senior Masculino	02:33:21	+47:47	07:18
90	607	José Botelho	coimbra trail running	Veterano M50	02:33:56	+48:22	07:20
91	650	Luís Balula	formobike btt & trail running	Veterano M40	02:34:05	+48:31	07:20
92	743	Luis Manuel dos Reis Nunes	individual	Veterano M40	02:34:05	+48:31	07:20
93	735	João Paulo Nunes Pires	individual	Veterano M40	02:34:08	+48:33	07:20
94	586	Carlos Fonseca	coimbra trail running	Senior Masculino	02:34:20	+48:45	07:21
95	781	Luis vilela	montanha clube trail running/runners	Senior Masculino	02:34:50	+49:16	07:22
96	838	Abel Batalha	soure mov	Veterano M50	02:34:56	+49:21	07:23
97	850	Álvaro Centeio	ugas trail running	Veterano M40	02:34:59	+49:24	07:23
98	721	Sérgio Moreira	individual	Senior Masculino	02:35:00	+49:26	07:23
99	799	Mário Almeida	os maiores	Senior Masculino	02:35:26	+49:52	07:24
100	693	Gonçalo Emanuel Mendes Batista	individual	Senior Masculino	02:35:37	+50:03	07:25
101	543	Gil Santos	arcd venda da luísa	Veterano M40	02:36:50	+51:15	07:28
102	859	Agnelo Silva	ozxtreme	Senior Masculino	02:36:56	+51:22	07:28
103	810	José Pinho	ozxtreme	Senior Masculino	02:37:24	+51:49	07:30
104	811	Pedro Almeida	ozxtreme	Senior Masculino	02:37:26	+51:51	07:30
105	714	Pedro José Neves Marques	individual	Senior Masculino	02:37:28	+51:54	07:30
106	740	Luís Almeida	individual	Veterano M40	02:37:34	+52:00	07:30
107	517	Margarida Simões	agueda action clubjactib	Senior Feminino	02:38:07	+52:32	07:32
108	748	Miguel Marques	individual	Veterano M40	02:38:32	+52:57	07:33
109	722	Sérgio Romeu loreto vilão	individual	Senior Masculino	02:38:33	+52:58	07:33
110	61	Rui António Bernardes Branco	individual	Veterano M40	02:38:36	+53:01	07:33
111	763	Paulo Carvalho	individual	Veterano M50	02:39:16	+53:42	07:35
112	684	Carlos Gante	individual	Senior Masculino	02:39:27	+53:52	07:36
113	606	João Coroado	coimbra trail running	Veterano M50	02:39:35	+54:01	07:36
114	753	Pedro Nogueira de Lemos	individual	Veterano M40	02:40:29	+54:55	07:39
115	752	Pedro Monteiro	individual	Veterano M40	02:41:00	+55:25	07:40
116	542	Carlos Canais	arcd venda da luísa	Veterano M40	02:41:01	+55:27	07:40
117	528	Hernani Santos	agueda action clubjactib	Veterano M50	02:41:01	+55:27	07:40
118	585	Tania Batista	coimbra trail running	Senior Feminino	02:41:01	+55:27	07:40
119	817	João Miguel Santos	ozxtreme	Veterano M40	02:41:45	+56:11	07:42
120	514	PEDROSILVA PAULO2	águas das caldas de penacova	Veterano M40	02:42:12	+56:38	07:43
121	830	Luís Batalha	soure mov	Senior Masculino	02:42:32	+56:57	07:44
122	795	José Figueiredo	o mundo da corrida	Veterano M40	02:42:34	+57:00	07:45
123	577	André Ferro	clube de condeixa associação cultural e desportiva	Senior Masculino	02:42:46	+57:11	07:45
124	708	Nuno José Góis Coelho	formobike btt & trail running	Senior Masculino	02:42:50	+57:16	07:45
125	831	Márcio Felício	soure mov	Senior Masculino	02:43:36	+58:01	07:47
126	623	Luís Fernando Rocha das Neves	cscrchameca	Veterano M50	02:44:37	+59:02	07:50
127	847	Daniel Marques dos Santos	ugas trail running	Senior Masculino	02:45:05	+59:30	07:52
128	641	Mário Vaz	escola de atletismo de coimbra/jpaiva	Veterano M40	02:45:43	+01:00:09	07:54
129	671	Joao Pedro Cruz	individual	Senior Masculino	02:45:45	+01:00:10	07:54
130	601	Gustavo Gapo	coimbra trail running	Veterano M40	02:45:49	+01:00:15	07:54
131	583	Luisa Mesquita	coimbra trail running	Senior Feminino	02:45:49	+01:00:15	07:54
132	775	Luís Lages	lizrunners	Veterano M50	02:45:58	+01:00:23	07:54
133	556	Bruno Miguel Silva Oliveira Santos	ascvaleirinha	Senior Masculino	02:46:00	+01:00:25	07:54







TRAIL CURTO - STAGE 1

21 KM

**R**  
REVISED

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
270	815	Carina Nunes	ozxtreme/ r.d.a	Senior Feminino	03:38:55	+01:53:21	10:26
271	651	Paulo Antunes	formobike btt & trail running	Veterano M40	03:38:56	+01:53:21	10:26
272	613	Teresa C F M M Malheiro	correio de albergaria	Veterana F50	03:39:29	+01:53:55	10:27
273	608	Catarina Silva	correio de albergaria	Senior Feminino	03:39:30	+01:53:56	10:27
274	527	Gabriela Santos	agueda action clubjactib	Veterana F40	03:39:35	+01:54:00	10:27
275	731	maria luisa	individual	Veterana F40	03:39:59	+01:54:25	10:29
276	777	Olga Felamino	moinhos da gândara trail	Senior Feminino	03:40:43	+01:55:09	10:31
277	779	Luís Gaspar	moinhos da gândara trail	Senior Masculino	03:40:43	+01:55:09	10:31
278	724	Vitor Pereira	individual	Senior Masculino	03:41:34	+01:56:00	10:33
279	720	Rui Pedro Fernandes Marques	individual	Senior Masculino	03:43:12	+01:57:38	10:38
280	649	Carla Santos	formobike btt & trail running	Veterana F40	03:43:27	+01:57:53	10:38
281	697	Hugo Moreira Rodrigues	individual	Senior Masculino	03:44:44	+01:59:09	10:42
282	38	Carla Trindade Santos	individual	Senior Feminino	03:45:01	+01:59:26	10:43
283	787	Lúcia Martins	o mundo da corrida	Senior Feminino	03:45:12	+01:59:38	10:43
284	584	Natália José	coimbra trail running	Senior Feminino	03:45:38	+02:00:04	10:45
285	596	Natércia Carvalho	coimbra trail running	Veterana F40	03:45:39	+02:00:04	10:45
286	603	Jorge Tiago	coimbra trail running	Veterano M40	03:45:39	+02:00:04	10:45
287	699	João Fonseca	individual	Senior Masculino	03:46:08	+02:00:34	10:46
288	860	Richard Ferreira	individual	Senior Masculino	03:46:09	+02:00:35	10:46
289	670	Joana Raquel Miranda Pinto	individual	Senior Feminino	03:47:46	+02:02:12	10:51
290	842	André Santos	tiro certo	Senior Masculino	03:47:59	+02:02:24	10:51
291	844	Helga Ferreira	tribo nr	Senior Feminino	03:48:55	+02:03:20	10:54
292	845	Carlos Ramos	tribo nr	Veterano M50	03:48:55	+02:03:21	10:54
293	726	Ana Maria Vieira Loreto	individual	Veterana F40	03:49:06	+02:03:31	10:55
294	548	Liliana Azenha	arsm - poiares trail 2017	Senior Feminino	03:49:56	+02:04:21	10:57
295	776	Carla Simões	moinhos da gândara trail	Senior Feminino	03:50:06	+02:04:31	10:57
296	550	Joana Espírito Santo	arsm - poiares trail 2017	Senior Feminino	03:50:14	+02:04:40	10:58
297	839	António Mota	soure mov	Veterano M50	03:51:01	+02:05:27	11:00
298	857	Zina Fernandes	o praticante	Veterana F40	03:52:28	+02:06:53	11:04
299	858	Nuno Fernandes	o praticante	Veterano M40	03:52:28	+02:06:53	11:04
300	631	Inês Mendonça	desliza team	Senior Feminino	03:53:04	+02:07:30	11:06
301	678	André Pinto	individual	Senior Masculino	03:53:19	+02:07:44	11:07
302	805	Andreia Costa	ozxtreme	Senior Feminino	03:54:00	+02:08:26	11:09
303	595	Isabel Santos	coimbra trail running	Veterana F40	03:54:03	+02:08:28	11:09
304	829	João Mota	soure mov	Senior Masculino	03:57:26	+02:11:52	11:18
305	563	Paulo Abrantes	barc	Senior Masculino	04:00:02	+02:14:27	11:26
306	855	João Henriques	vikings trail runners	Senior Masculino	04:00:49	+02:15:15	11:28
307	704	Luís Ricardo Machado	individual	Senior Masculino	04:03:53	+02:18:19	11:37
308	562	Isabel Santos	barc	Senior Feminino	04:26:46	+02:41:12	12:42
309	853	Ana Filipa Costa	vikings trail runners	Senior Feminino	04:26:48	+02:41:14	12:42
310	768	Pedro Miguel Pimentel Bonito	instituto pedro hispano	Senior Masculino	04:27:06	+02:41:31	12:43
311	767	Pedro Miguel Coutinho Lanhoso	instituto pedro hispano	Senior Masculino	04:27:13	+02:41:38	12:43
312	770	José António Laranjeira Lemos	instituto pedro hispano	Veterano M50	04:31:05	+02:45:30	12:55
313	769	Maria da Graça Batista Simões	instituto pedro hispano	Veterana F50	04:31:06	+02:45:31	12:55
314	696	Hugo Moreira	individual	Senior Masculino	04:32:54	+02:47:20	13:00
315	669	Inês Peres	individual	Senior Feminino	04:32:55	+02:47:20	13:00













## Trail Curto

21 KM

**R**  
REVISED

### OFFICIAL RESULT

127	563	Paulo Abrantes	Barc	Senior Masculino	04:00:02	+02:13:55	11:26
128	855	João Henriques	Vikings Trail Runners	Senior Masculino	04:00:49	+02:14:43	11:28
129	704	Luís Ricardo Machado	Individual	Senior Masculino	04:03:53	+02:17:47	11:37
130	768	Pedro Miguel Pimentel Bonito	Instituto Pedro Hispano	Senior Masculino	04:27:06	+02:40:59	12:43
131	767	Pedro Miguel Coutinho Lanhoso	Instituto Pedro Hispano	Senior Masculino	04:27:13	+02:41:06	12:43
132	696	Hugo Moreira	Individual	Senior Masculino	04:32:54	+02:46:48	13:00
133	712	Pedro Daniel Rolim Bandeirinha Reis Cavaleiro	Individual	Senior Masculino	04:38:37	+02:52:31	13:16

## Veterana F40

1	549	Carla Reis	ARSM - Poiares Trail 2017	Veterana F40	02:29:24		07:07
2	505	Catarina Alves	ACDC	Veterana F40	02:49:59	+20:35	08:06
3	626	Silvia Dias	Da-lhe gaz	Veterana F40	02:55:34	+26:11	08:22
4	539	Célia Santos	ARCD Venda da Luísa	Veterana F40	02:58:42	+29:19	08:31
5	578	Magda Vieira	CLUBE DE CONDEIXA ASSOCIAÇÃO CULTURAL E DESPORTIVA	Veterana F40	03:09:00	+39:36	09:00
6	813	Fátima Videira	OZXTREME	Veterana F40	03:09:13	+39:50	09:01
7	823	Elza Mendes Cordeiro	Running Clube de Coimbra	Veterana F40	03:10:04	+40:41	09:03
8	783	Cidália Maria Santos Oliveira	Mor(e)Fit	Veterana F40	03:13:23	+44:00	09:13
9	594	Cláudia Isidoro	Coimbra Trail Running	Veterana F40	03:13:53	+44:30	09:14
10	727	Carla Santos	Individual	Veterana F40	03:18:23	+49:00	09:27
11	567	Isabel Gomes	Bio Team Run	Veterana F40	03:18:24	+49:01	09:27
12	730	Maria joao simoes	Individual	Veterana F40	03:18:25	+49:02	09:27
13	645	Ana Leal	Figueira Kayak Clube	Veterana F40	03:21:39	+52:15	09:36
14	725	Alice Ventura	Individual	Veterana F40	03:32:00	+01:02:36	10:06
15	564	Liliana Martins	Barc	Veterana F40	03:33:12	+01:03:49	10:09
16	632	Sara Pinheiro	Desliza Team	Veterana F40	03:34:19	+01:04:55	10:12
17	540	Cidália Canais	ARCD Venda da Luísa	Veterana F40	03:36:51	+01:07:28	10:20
18	541	Cristina Melo	ARCD Venda da Luísa	Veterana F40	03:37:34	+01:08:11	10:22
19	527	Gabriela Santos	Agueda Action Club ACTIB	Veterana F40	03:39:35	+01:10:11	10:27
20	731	maria luisa	Individual	Veterana F40	03:39:59	+01:10:36	10:29
21	649	Carla Santos	Formobike BTT & Trail Running	Veterana F40	03:43:27	+01:14:04	10:38
22	596	Natércia Carvalho	Coimbra Trail Running	Veterana F40	03:45:39	+01:16:15	10:45
23	726	Ana Maria Vieira Loreto	Individual	Veterana F40	03:49:06	+01:19:42	10:55
24	857	Zina Fernandes	O Praticante	Veterana F40	03:52:28	+01:23:04	11:04
25	595	Isabel Santos	Coimbra Trail Running	Veterana F40	03:54:03	+01:24:39	11:09
26	656	Célia Franja	Fruta da 5ª	Veterana F40	04:43:38	+02:14:14	13:30

## Veterana F50

1	597	Paula Vidas	Coimbra Trail Running	Veterana F50	02:51:44		08:11
2	794	Isabel trindade	O Mundo da Corrida	Veterana F50	03:04:58	+13:13	08:48
3	613	Teresa C F M M Malheiro	Correio de Albergaria	Veterana F50	03:39:29	+47:45	10:27
4	769	Maria da Graça Batista Simões	Instituto Pedro Hispano	Veterana F50	04:31:06	+01:39:21	12:55

**Trail Curto**

**21 KM**



**OFFICIAL RESULT**

### Veterano M40

1	814	Benek Marilandy Pinto De Morais	OZXTREME	Veterano M40	01:45:34		05:02
2	552	Orlando Pires	ARSM - Poiares Trail 2017	Veterano M40	01:50:48	+05:13	05:17
3	598	David Amaral	Coimbra Trail Running	Veterano M40	01:57:49	+12:14	05:37
4	573	Pedro Jorge Redinha Anselmo	Bttrain	Veterano M40	02:02:43	+17:08	05:51
5	734	Hélder Batista Ferreira Piedade	Individual	Veterano M40	02:05:58	+20:23	06:00
6	835	Jorge Rodrigues	SOURE MOV	Veterano M40	02:07:36	+22:01	06:05
7	737	José Alexandre Afonso Mendes	Individual	Veterano M40	02:08:14	+22:40	06:06
8	553	Pedro Amaro Ramos	ARSM - Poiares Trail 2017	Veterano M40	02:09:58	+24:23	06:11
9	599	Fausto Pimentel	Coimbra Trail Running	Veterano M40	02:11:53	+26:19	06:17
10	746	manuel sergio marques pinto	Individual	Veterano M40	02:12:05	+26:30	06:17
11	504	Álvaro Mano	ACDC	Veterano M40	02:12:17	+26:42	06:18
12	738	José Pinto	Individual	Veterano M40	02:12:47	+27:13	06:19
13	551	José Simões	ARSM - Poiares Trail 2017	Veterano M40	02:13:22	+27:47	06:21
14	733	Acílio Noro	Individual	Veterano M40	02:17:20	+31:46	06:32
15	558	José Miguel Santos	ASSSCC - Ar Livre e Aventura	Veterano M40	02:17:59	+32:25	06:34
16	576	João Paulo Oliveira Nepomuceno	Ciáticos Team	Veterano M40	02:21:32	+35:57	06:44
17	852	António Manuel Mendes Soares	URB TEODORA RUNNING TEAM	Veterano M40	02:21:37	+36:03	06:45
18	856	Luis Pedro dos Santos caridade	Vila Seca Run Team	Veterano M40	02:23:04	+37:30	06:49
19	572	Luis Maia	Bttrain	Veterano M40	02:26:05	+40:30	06:57
20	750	PEDRO FERREIRA	Individual	Veterano M40	02:26:23	+40:48	06:58
21	747	MANUEL. SILVA	Individual	Veterano M40	02:26:51	+41:16	07:00
22	604	Paulo J. Carvalho	Coimbra Trail Running	Veterano M40	02:28:04	+42:30	07:03
23	744	Luís Manuel dos Santos Silva 19	Individual	Veterano M40	02:28:05	+42:31	07:03
24	749	Paulo Baptista	Individual	Veterano M40	02:28:16	+42:41	07:04
25	745	Luis Pratas	Individual	Veterano M40	02:31:48	+46:14	07:14
26	600	Filipe Santos	Coimbra Trail Running	Veterano M40	02:32:34	+47:00	07:16
27	650	Luís Balula	Formobike BTT & Trail Running	Veterano M40	02:34:05	+48:31	07:20
28	743	Luis Manuel dos Reis Nunes	Individual	Veterano M40	02:34:05	+48:31	07:20
29	735	João Paulo Nunes Pires	Individual	Veterano M40	02:34:08	+48:33	07:20
30	850	Álvaro Centeio	UGAS TRAIL Running	Veterano M40	02:34:59	+49:24	07:23
31	543	Gil Santos	ARCD Venda da Luísa	Veterano M40	02:36:50	+51:15	07:28
32	740	Luís Almeida	Individual	Veterano M40	02:37:34	+52:00	07:30
33	748	Miguel Marques	Individual	Veterano M40	02:38:32	+52:57	07:33
34	61	Rui António Bernardes Branco	Individual	Veterano M40	02:38:36	+53:01	07:33
35	753	Pedro Nogueira de Lemos	Individual	Veterano M40	02:40:29	+54:55	07:39
36	752	Pedro Monteiro	Individual	Veterano M40	02:41:00	+55:25	07:40
37	542	Carlos Canais	ARCD Venda da Luísa	Veterano M40	02:41:01	+55:27	07:40
38	817	João Miguel Santos	OZXTREME	Veterano M40	02:41:45	+56:11	07:42
39	514	PEDROSILVA PAULO2	ÁGUAS DAS CALDAS DE PENACOVA	Veterano M40	02:42:12	+56:38	07:43
40	795	José Figueiredo	O Mundo da Corrida	Veterano M40	02:42:34	+57:00	07:45
41	641	Mário Vaz	Escola de Atletismo de Coimbra/JPaiva	Veterano M40	02:45:43	+01:00:09	07:54
42	601	Gustavo Gapo	Coimbra Trail Running	Veterano M40	02:45:49	+01:00:15	07:54

Official Timekeeper: Lap2Go	6 / 8	generate 05-Dec-2016 14:04
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