

TRAIL 30K - STAGE 1

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1069	Belen Vidal	kórpore arenteiro trail	Veterana F40	04:08:59	+01:18:14	08:18
43	1067	Martins Dias Carlos	individual	Veterano M60	04:09:48	+01:19:03	08:20
44	1011	ADELINO LUCIANO SILVA BRITO	clube millennium bcp	Veterano M50	04:09:53	+01:19:08	08:20
45	1065	Rui Baptista	individual	Veterano M45	04:10:33	+01:19:48	08:21
46	1093	Marco	tartarugas trail	Senior Masculino	04:13:45	+01:23:01	08:28
47	1086	Mauro Pedro Mendes Gonçalves	os ilhavsos	Veterano M40	04:19:07	+01:28:22	08:38
48	1076	André Fernando Marinho De Abreu Gomes	olimpico vianense trail/nd sport	Senior Masculino	04:19:39	+01:28:54	08:39
49	1049	Sandra Arribança	individual	Veterana F40	04:21:10	+01:30:25	08:42
50	1014	Margarida Magalhaes	desnível positivo	Veterana F45	04:22:17	+01:31:33	08:45
51	1040	Paulo Carlos Marques Miranda	individual	Senior Masculino	04:22:38	+01:31:53	08:45
52	1073	Daniela Barreto	olimpico vianense trail/nd sport	Senior Feminino	04:22:44	+01:32:00	08:45
53	1003	Carlos Pereira	afifense trail	Veterano M40	04:26:50	+01:36:05	08:54
54	1046	RUFINO FREITAS	individual	Senior Masculino	04:27:31	+01:36:47	08:55
55	1096	Luis Rafael Lima Coutinho	team workout 48	Senior Masculino	04:28:25	+01:37:41	08:57
56	1095	Bruno Daniel Morais Rodrigues	team workout 48	Senior Masculino	04:28:25	+01:37:41	08:57
57	1059	Wilson Fonseca	individual	Veterano M40	04:30:09	+01:39:24	09:00
58	1089	Luis Gil Caldeira	proaventuras	Veterano M40	04:32:35	+01:41:51	09:05
59	1083	RUI PEDRO BERNARDES DOA SANTOS	os contrabandistas	Senior Masculino	04:34:01	+01:43:16	09:08
60	1085	Ivone Correia	os estreloucados	Senior Feminino	04:34:08	+01:43:23	09:08
61	1060	carlos alberto	individual	Veterano M45	04:34:18	+01:43:34	09:09
62	1008	Miguel Barbosa	associação desportiva da efacec	Veterano M40	04:36:44	+01:46:00	09:13
63	1007	Nuno Filipe Gomes Moreira	associação desportiva da efacec	Senior Masculino	04:37:08	+01:46:24	09:14
64	1055	JOEL GUIMARÃES	individual	Veterano M40	04:37:41	+01:46:56	09:15
65	1017	MANUEL ARAÚJO	edv-viana trail	Veterano M45	04:39:47	+01:49:03	09:20
66	1031	Susana Machado	individual	Senior Feminino	04:40:47	+01:50:03	09:22
67	1033	Alexandre Manuel Esteves Ferreira	individual	Senior Masculino	04:45:01	+01:54:17	09:30
68	1028	Helena Passos	individual	Senior Feminino	04:47:33	+01:56:49	09:35
69	1045	Ricardo Santos	individual	Senior Masculino	04:55:00	+02:04:15	09:50
70	1072	Mário Soares	lion runners - g. d. leões da guarda	Veterano M55	04:55:01	+02:04:16	09:50
71	1058	Paulo Freitas	individual	Veterano M40	04:58:59	+02:08:15	09:58
72	1027	Alejandra Freitas	individual	Senior Feminino	04:59:00	+02:08:16	09:58
73	1097	Florinda Fernandes	team workout 48	Veterana F45	04:59:56	+02:09:12	10:00
74	1004	Ana Borges	amigos da onça	Senior Feminino	05:04:15	+02:13:30	10:09
75	1021	HENRIQUE MATOS	ffit gaia trail	Veterano M45	05:06:41	+02:15:57	10:13
76	1061	David Jorge Garcez Antunes	individual	Veterano M45	05:16:57	+02:26:12	10:34
77	1022	RUI SÁ	ffit gaia trail	Veterano M50	05:31:45	+02:41:01	11:04
78	1054	GOMES	individual	Veterano M40	05:31:45	+02:41:01	11:04
79	1006	Manuel Moura	associação desportiva da efacec	Senior Masculino	05:31:46	+02:41:01	11:04
80	1005	Diogo Ricardo Lopes Moreira	associação desportiva da efacec	Senior Masculino	05:31:46	+02:41:01	11:04

trail 30k

30 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	13.3°C	92%
End	14:02	21.7°C	56%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1030	Rosa Alves Alves	Individual	Senior Feminino	03:54:31		07:49
2	1074	Natalia Martins	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Feminino	03:54:41	+00:10	07:49
3	1094	Joana Filipa Correia Barros	Team Workout 48	Senior Feminino	04:00:52	+06:21	08:02
4	1073	Daniela Barreto	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Feminino	04:22:45	+28:14	08:45
5	1085	Ivone Correia	OS ESTRELOUCADOS	Senior Feminino	04:34:08	+39:37	09:08
6	1031	Susana Machado	Individual	Senior Feminino	04:40:48	+46:17	09:22
7	1028	Helena Passos	Individual	Senior Feminino	04:47:34	+53:03	09:35
8	1027	Alejandra Freitas	Individual	Senior Feminino	04:59:01	+01:04:30	09:58
9	1004	Ana Borges	Amigos da Onça	Senior Feminino	05:04:15	+01:09:44	10:09

Senior Masculino

1	1019	Francisco João Cruz Fernandes	Experienciar/Barceltécnica/SportsonFire	Senior Masculino	02:50:45		05:42
2	1077	Nuno Alexandre Vale Ferreira Gonçalves Pereira	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	02:52:38	+01:53	05:45
3	1068	Joel Filipe Alves Pereira	KER SPORTS PONTE DE LIMA	Senior Masculino	02:53:07	+02:22	05:46
4	1001	Amândio Antunes	Afifense Trail	Senior Masculino	02:58:42	+07:57	05:57
5	1100	Ricardo miguel sousa amorim	XL&S TRAIL	Senior Masculino	03:01:26	+10:41	06:03
6	1024	Ricardo Miranda	GTT - ARMAZÉM DO CAFFÉ	Senior Masculino	03:18:56	+28:11	06:38
7	1038	Luis Filipe Salgado Oliveira	Individual	Senior Masculino	03:23:56	+33:11	06:48
8	1078	Nuno Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:31:44	+40:59	07:03
9	1091	Paulo Alexandre Matos	SLB 105	Senior Masculino	03:31:54	+41:09	07:04
10	1075	Miguel Jaques	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:33:15	+42:30	07:07
11	1037	Hugo Paço do Casal	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:36:54	+46:09	07:14
12	1042	Pedro Filipe Dias Alves	Individual	Senior Masculino	03:38:01	+47:16	07:16
13	1090	Francisco Alves	SLB 105	Senior Masculino	03:38:43	+47:58	07:17
14	1080	Sergio Martins	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:39:55	+49:10	07:20
15	1034	Allan Apolónio	Individual	Senior Masculino	03:41:45	+51:00	07:23
16	1002	Carlos Neto	Afifense Trail	Senior Masculino	03:49:00	+58:15	07:38
17	1013	João Cardoso	CTAD TRILHOS DE CINFAES	Senior Masculino	03:49:20	+58:35	07:39
18	1015	Vítor Ribeiro	Didáxis Trail	Senior Masculino	03:54:29	+01:03:44	07:49
19	1079	Nuno Paredinha	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	03:54:37	+01:03:52	07:49
20	1039	Nuno Araujo	Individual	Senior Masculino	03:56:25	+01:05:40	07:53
21	1043	Pedro Henrique Torres Alves	Individual	Senior Masculino	03:58:52	+01:08:07	07:58

Official Timekeeper: Lap2Go	1 / 3	generate 11-Jun-2016 16:44
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UPHILL 30KM

Rk	Dorsal	NomeAtleta	NomeClube	Escalao	TempoOficial
1	1001	Amândio Antunes	Afifense Trail	Senior Masculino	00:10:24
2	1019	Francisco João Cruz Fernandes	Experienciar/Barceltécnica/SportsonFire	Senior Masculino	00:10:41
3	1068	Joel Filipe Alves Pereira	KER SPORTS PONTE DE LIMA	Senior Masculino	00:10:46
4	1100	Ricardo miguel sousa amorim	XL&S TRAIL	Senior Masculino	00:10:57
5	1081	Joao Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	Sub 23 Masculino	00:11:16
6	1077	Nuno Alexandre Vale Ferreira Gonçalves Pereira	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	00:11:45
7	1023	Patrick Marques	GONDOMAR FUTSAL CLUBE	Veterano M40	00:12:12
8	1078	Nuno Castel-Branco	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	00:12:15
9	1009	Pedro Meneses	Associação Desportiva da Efacec	Veterano M40	00:12:24
10	1037	Hugo Paço do Casal	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	00:12:25
11	1092	Vitor Rocha	SLB 105	Veterano M40	00:12:28
12	1070	diego vaquero	Kórpore Arenteiro Trail	Veterano M40	00:12:28
13	1071	Fernando Garcia	Kórpore Arenteiro Trail	Veterano M40	00:12:38
14	1038	Luis Filipe Salgado Oliveira	Individual	Senior Masculino	00:12:45
15	1024	Ricardo Miranda	GTT - ARMAZÉM DO CAFFÉ	Senior Masculino	00:12:56
16	1063	Paulo Guilherme Silva	Individual	Veterano M45	00:13:05
17	1013	João Cardoso	CTAD TRILHOS DE CINFAES	Senior Masculino	00:13:07
18	1090	Francisco Alves	SLB 105	Senior Masculino	00:13:18
19	1042	Pedro Filipe Dias Alves	Individual	Senior Masculino	00:13:24
20	1025	César Canito	GTT - ARMAZÉM DO CAFFÉ	Veterano M40	00:13:25
21	1057	Miguel Lira	Individual	Veterano M40	00:13:27
22	1067	Martins Dias Carlos	Individual	Veterano M60	00:13:33
23	1080	Sergio Martins	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	00:13:39
24	1043	Pedro Henrique Torres Alves	Individual	Senior Masculino	00:14:01
25	1075	Miguel Jaques	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	00:14:04
26	1034	Allan Apolónio	Individual	Senior Masculino	00:14:19
27	1091	Paulo Alexandre Matos	SLB 105	Senior Masculino	00:14:21
28	1016	Domingos Paulo Rocha	EDV-VIANA TRAIL	Veterano M45	00:14:31
29	1066	Manuel Oliveira	Individual	Veterano M50	00:14:36
30	1084	Carlos Soares	OS DUROS	Veterano M45	00:14:40

31	1079	Nuno Paredinha	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	00:14:43
32	1049	Sandra Arribança	Individual	Veterana F40	00:14:45
33	1065	Rui Baptista	Individual	Veterano M45	00:14:50
34	1011	ADELINO LUCIANO SILVA BRITO	Clube Millennium BCP	Veterano M50	00:14:56
35	1094	Joana Filipa Correia Barros	Team Workout 48	Senior Feminino	00:14:59
36	1074	Natalia Martins	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Feminino	00:15:04
37	1018	José Ponte	EDV-VIANA TRAIL	Veterano M55	00:15:04
38	1095	Bruno Daniel Morais Rodrigues	Team Workout 48	Senior Masculino	00:15:05
39	1030	Rosa Alves Alves	Individual	Senior Feminino	00:15:08
40	1007	Nuno Filipe Gomes Moreira	Associação Desportiva da Efacec	Senior Masculino	00:15:08
41	1008	Miguel Barbosa	Associação Desportiva da Efacec	Veterano M40	00:15:08
42	1093	Marco	Tartarugas Trail	Senior Masculino	00:15:11
43	1056	José Oliveira	Individual	Veterano M40	00:15:11
44	1015	Vítor Ribeiro	Didáxis Trail	Senior Masculino	00:15:25
45	1098	Paulo Cabrita	We Runners	Senior Masculino	00:15:31
46	1088	João Meira	PADELA NATURAL TEAM	Senior Masculino	00:15:34
47	1086	Mauro Pedro Mendes Gonçalves	Os Ílhavos	Veterano M40	00:15:39
48	1002	Carlos Neto	Afifense Trail	Senior Masculino	00:15:42
49	1072	Mário Soares	LION RUNNERS - G. D. Leões da Guarda	Veterano M55	00:15:54
50	1083	RUI PEDRO BERNARDES DOA SANTOS	Os contrabandistas	Senior Masculino	00:15:59
51	1069	Belen Vidal	Kórpore Arenteiro Trail	Veterano M40	00:16:05
52	1073	Daniela Barreto	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Feminino	00:16:15
53	1085	Ivone Correia	OS ESTRELOUCADOS	Senior Feminino	00:16:17
54	1046	RUFINO FREITAS	Individual	Senior Masculino	00:16:19
55	1060	carlos alberto	Individual	Veterano M45	00:16:21
56	1040	Paulo Carlos Marques Miranda	Individual	Senior Masculino	00:16:25
57	1055	JOEL GUIMARÃES	Individual	Veterano M40	00:16:26
58	1033	Alexandre Manuel Esteves Ferreira	Individual	Senior Masculino	00:16:33
59	1006	Manuel Moura	Associação Desportiva da Efacec	Senior Masculino	00:16:37
60	1039	Nuno Araujo	Individual	Senior Masculino	00:16:38
61	1096	Luis Rafael Lima Coutinho	Team Workout 48	Senior Masculino	00:16:39
62	1089	Luis Gil Caldeira	PROAVENTURAS	Veterano M40	00:16:44
63	1059	Wilson Fonseca	Individual	Veterano M40	00:17:03

64	1076	André Fernando Marinho De Abreu Gomes	OLIMPICO VIANENSE TRAIL/ND SPORT	Senior Masculino	00:17:03
65	1032	virginia bezzi	Individual	Senior Feminino	00:17:26
66	1026	FERNANDO AREZES	GTT - ARMAZÉM DO CAFFÉ	Veterano M45	00:17:42
67	1014	Margarida Magalhaes	Desnível Positivo	Veterana F45	00:17:47
68	1003	Carlos Pereira	Afifense Trail	Veterano M40	00:18:09
69	1031	Susana Machado	Individual	Senior Feminino	00:18:17
70	1045	Ricardo Santos	Individual	Senior Masculino	00:18:22
71	1021	HENRIQUE MATOS	FFit Gaia Trail	Veterano M45	00:18:27
72	1022	RUI SÁ	FFit Gaia Trail	Veterano M50	00:18:27
73	1005	Diogo Ricardo Lopes Moreira	Associação Desportiva da Efacec	Senior Masculino	00:18:27
74	1017	MANUEL ARAÚJO	EDV-VIANA TRAIL	Veterano M45	00:18:32
75	1028	Helena Passos	Individual	Senior Feminino	00:19:28
76	1061	David Jorge Garcez Antunes	Individual	Veterano M45	00:19:45
77	1097	Florinda Fernandes	Team Workout 48	Veterana F45	00:19:45
78	1058	Paulo Freitas	Individual	Veterano M40	00:20:23
79	1054	GOMES	Individual	Veterano M40	00:20:23
80	1027	Alejandra Freitas	Individual	Senior Feminino	00:20:42
81	1004	Ana Borges	Amigos da Onça	Senior Feminino	00:20:58