

Pos.	Dorsal	Nome	Equipa	Tempo	Tempo+
1	504	Luis Mota	CASA DO BENFICA EM ABRANTES	02:15:20	
2	503	Diogo Fernandes	OFFTEL RUNNERS	02:15:29	00:00:09
3	543	Nuno Dias	CABarreira	02:17:01	00:01:41
4	601	Carlos Mendes	O Mundo da Corrida	02:18:46	00:03:26
5	501	João Colaço	Nel - Pédatleta PADRINHO	02:24:04	00:08:44
6	693	Daniel Dias	Centro Vicentino Portalegre	02:25:33	00:10:13
7	571	João Pascoal		02:26:21	00:11:01
8	648	Samuel Santos	Canhões da Nazaré	02:29:15	00:13:55
9	579	Pedro Pereira	ADFA	02:35:05	00:19:45
10	551	Paulo R. Santos	Mountain trail team	02:35:12	00:19:52
11	638		1	02:36:09	00:20:49
12	662	Nuno Gravito	Pinhal Total Oleiros Aventura	02:36:55	00:21:35
13	593	Simon		02:37:02	00:21:42
14	624	Daniel Jaulino	Veteranos do Lis	02:38:42	00:23:22
15	583	Luis Cunha	Gatões BTT	02:38:51	00:23:31
16	634	Nuno André	NEL - Pédatleta	02:39:13	00:23:53
17	549	Sara de Brito	CABarreira	02:39:58	00:24:38
18	1005	Edgar Ganilho		02:40:43	00:25:23
19	566	João Santos	C.A.S.P.A Green Roc	02:43:53	00:28:33
20	687	Paulo Amaro	PelaEstradaFora	02:45:22	00:30:02
21	502	Patricia Carreira	OFFTEL RUNNERS	02:45:44	00:30:24
22	570	Luis Martins	OFFTEL RUNNERS	02:45:49	00:30:29
23	659	Rui Pedro Lucas	SRJardoeira	02:45:50	00:30:30
24	545	Germano Capela	CABarreira	02:46:02	00:30:42
25	611	Pedro Freitas	Caracol Trail Team	02:46:13	00:30:53
26	594	Rui Cabeças		02:46:36	00:31:16
27	582	Augusto Portugal	Carapaus de Corrida NZR	02:49:23	00:34:03
28	625	David Oliveira	Veteranos do Lis	02:50:10	00:34:50
29	567	Rui Fernandes		02:50:43	00:35:23
30	509	Bruno Melo	feel the gain	02:50:44	00:35:24
31	511	Artur Bernardo		02:50:53	00:35:33
32	613	Orlando Marques	SRJardoeira	02:51:10	00:35:50
33	526	Tiago Santos		02:51:22	00:36:02
34	618	Sergio Jorge	Rastejantes	02:51:37	00:36:17
35	664	Paulo Marreiros		02:52:22	00:37:02
36	541	Miguel Saraiva	CABarreira	02:53:09	00:37:49
37	577	Pedro Nascimento		02:53:19	00:37:59
38	591	Gonçalo Barreiro		02:54:14	00:38:54
39	639	Luis Morgado	SCALABIS NIGHT RUNNERS	02:54:21	00:39:01
40	512	Caldeira	FAST N FURIOUS	02:54:30	00:39:10
41	677	Mr.wolf		02:54:30	00:39:10
42	614	Joao Rosa	S S MONTEPIO GERAL	02:55:22	00:40:02
43	681	Paulo Viegas		02:55:39	00:40:19
44	539	Pedro Medley	CLAC	02:56:56	00:41:36
45	619	Bruno Reis		02:57:11	00:41:51
46	599	Vilela	CCD INATEL	02:58:02	00:42:42
47	636	Keniano	CLAC	02:58:07	00:42:47
48	521	João Paulo		02:58:13	00:42:53
49	508	Pedro Reis	Portugal Running	02:58:53	00:43:33
50	605	Jose Mota	OS MATRECOS	02:58:57	00:43:37
51	518	Márcio Sousa	CPR A-Do-Barbas	02:59:04	00:43:44
52	576	Pedro Assunção	Pirilampos Trail Team	02:59:10	00:43:50
53	658	Cristóvão Gomes	Clube Veteranos do Liz	02:59:51	00:44:31

Pos.	Dorsal	Nome	Equipa	Tempo	Tempo+
54	673	Miguel Antunes		03:00:07	00:44:47
55	684	Tiago Ramos	CAFZ	03:00:07	00:44:47
56	612	Sara Reis		03:00:27	00:45:07
57	522	Vitor Galego	Carapaus de Corrida NZR	03:00:31	00:45:11
58	558	Pedro Rodrigues		03:00:36	00:45:16
59	532	David Amaral		03:01:27	00:46:07
60	610	Sérgio Silva	SRJardoeira	03:01:31	00:46:11
61	561	Rui Tenreiro		03:01:33	00:46:13
62	607	Wilson Subtil	WS	03:01:41	00:46:21
63	621	Jorge Vieira	ABC Caxarias	03:01:46	00:46:26
64	670	Sérgio Contente	RA 4	03:01:49	00:46:29
65	531	Nuno Oliveira	ALFA GEWINNEN	03:02:00	00:46:40
66	589	Navalho		03:03:15	00:47:55
67	671	Filipe Domingues	Pinhal Total Oleiros Aventura	03:03:19	00:47:59
68	563	João Viegas	Fitproject	03:03:57	00:48:37
69	615	Roger	S S MONTEPIO GERAL	03:05:27	00:50:07
70	647	João Salvador		03:05:42	00:50:22
71	692	Sam		03:06:40	00:51:20
72	668	Jorge Sobrinho	Cartoon Cafe	03:06:57	00:51:37
73	661	Ramos		03:07:22	00:52:02
74	500	Glória Serrazina	CRP Ribafria- MADRINHA	03:07:26	00:52:06
75	572	Al	Los Panponilhas	03:08:28	00:53:08
76	535	Nuno Lopes	Here 4 Beer	03:09:24	00:54:04
77	691	Julio Pinto		03:09:35	00:54:15
78	649	Hugo Barqueiro	Canhões da Nazaré	03:09:42	00:54:22
79	603	João Fernandes	The Fat	03:09:48	00:54:28
80	669	Stomba		03:10:04	00:54:44
81	635	Carlos Nascimento		03:10:46	00:55:26
82	623	Manuel Carreira	Veteranos do Lis	03:10:56	00:55:36
83	609	Emanuel Santos	Associação R. S. C. Toledo	03:11:02	00:55:42
84	629	Rodrigo Selada	NEL - Pédatleta	03:11:19	00:55:59
85	568	Pedro de Brito	Pés Troikados	03:11:46	00:56:26
86	588	Zé Luís Pinto	Fullmoto	03:11:56	00:56:36
87	617	élio Cerejo	Rastejantes	03:13:01	00:57:41
88	547	Cristiano Casalinho	CABarreira	03:13:05	00:57:45
89	666	Zé Tó	k'tespero	03:13:07	00:57:47
90	585	Luis Junqueira		03:15:34	01:00:14
91	674	José Oliveira	C.A.S.P.A Green Roc	03:15:57	01:00:37
92	654	Carlos Alegre	A.R.S.C.TOLEDO	03:16:02	01:00:42
93	686	Paulo Oliveira	PelaEstradaFora	03:16:14	01:00:54
94	637	Torpedo	CLAC	03:16:32	01:01:12
95	514	Kapau	Los Panponilhas	03:17:57	01:02:37
96	569	Gago		03:19:32	01:04:12
97	641	Regina Fernandes	SCALABIS NIGHT RUNNERS	03:19:36	01:04:16
98	640	Pedro Maria	SCALABIS NIGHT RUNNERS	03:19:40	01:04:20
99	554	Vasco	Veteranos do Lis	03:19:42	01:04:22
100	542	Ricardo Ferreira	CABarreira	03:20:24	01:05:04
101	622	Pedro Filipe	Follow Me - Trail Runners	03:22:52	01:07:32
102	544	António Agostinho	CABarreira	03:23:06	01:07:46
103	557	Maçarria	CASA DO BENFICA DA FIG. FOZ	03:23:27	01:08:07
104	584	Pedro Lopes		03:25:09	01:09:49
105	530	Joel Valente	NEL - Pédatleta	03:25:20	01:10:00
106	1015	Telmo		03:26:12	01:10:52

Pos.	Dorsal	Nome	Equipa	Tempo	Tempo+
107	587	Caco		03:27:33	01:12:13
108	679	Joel Martinho		03:28:48	01:13:28
109	633	Branco	Follow Me	03:29:17	01:13:57
110	643	Joel Ribeiro	Follow Me	03:29:32	01:14:12
111	602	André Goucha		03:30:21	01:15:01
112	573	Da	Los Panponilhas	03:30:33	01:15:13
113	616	Telmo Oliveira	Rastejantes	03:30:59	01:15:39
114	586	Marco Ribeiro		03:31:23	01:16:03
115	562	Alex Santos	Associação Trilhos Simples	03:31:38	01:16:18
116	515	Ana Duarte	Falcões Selvagens	03:32:32	01:17:12
117	529	Octavio Mariano	C.C.R.D.Burinhosa	03:32:49	01:17:29
118	552	Lurdes Gil	Mountain trail team	03:33:26	01:18:06
119	642	Vanda Fernandes	SCALABIS NIGHT RUNNERS	03:33:35	01:18:15
120	675	Edgar		03:34:22	01:19:02
121	564	Carda	CASA DO BENFICA EM ABRANTES	03:34:31	01:19:11
122	672	Bruno Da Costa	fire team	03:34:53	01:19:33
123	656	Nuno Gameiro	Saúde ao Quadrado	03:35:06	01:19:46
124	533	Manuel Cabete	ALFA GEWINNEN	03:35:10	01:19:50
125	520	Pedro Faísca		03:35:39	01:20:19
126	525	Santos	Falcões Selvagens	03:38:07	01:22:47
127	574	Godinho		03:38:28	01:23:08
128	683	Mário Duarte	BOMCAR	03:38:33	01:23:13
129	655	Pedro Faustino	Canhões da Nazaré	03:38:49	01:23:29
130	650	Catarina Gaudêncio	Canhões da Nazaré	03:38:55	01:23:35
131	516	José Sousa		03:39:01	01:23:41
132	600	José Carlos Melo	Run 4 Fun	03:41:19	01:25:59
133	540	Marco Miguel	OFFTEL RUNNERS	03:42:47	01:27:27
134	559	Andrey Rodrigues	FORÇA VEGANA	03:43:06	01:27:46
135	581	André Clemente	Os Palmilhantes d´Aviz	03:43:31	01:28:11
136	523	Frutuoso		03:43:38	01:28:18
137	608	João Santos		03:45:27	01:30:07
138	663	Nuno Gomes	Pinhal Total Oleiros Aventura	03:47:27	01:32:07
139	505	Bruno Querido	Desnível Positivo / SportZone	03:47:30	01:32:10
140	644	Jorge Pimenta	Sinmetro	03:51:48	01:36:28
141	660	Gaspar		03:51:54	01:36:34
142	538	Pimenta	Free Runners	03:51:59	01:36:39
143	645	Gonçalo Martins	Sinmetro	03:52:00	01:36:40
144	667	Maia	k´tespero	03:52:46	01:37:26
145	517	Gonçalo Rita	Tartarugas do Alviela	03:53:13	01:37:53
146	519	Luis Teteto	Tartarugas do Alviela	03:53:23	01:38:03
147	513	Tânia Cunha	FAST N FURIOUS	03:56:06	01:40:46
148	590	Calçada		03:59:31	01:44:11
149	580	Marta Sofis	ADFA	04:00:59	01:45:39
150	630	Ricardo Ferreira		04:04:32	01:49:12
151	680	Gilberto Silva		04:16:33	02:01:13
152	592	Mafobrites		04:18:56	02:03:36
153	578	Pedro Neves		04:18:59	02:03:39
154	665	Sérgio		04:19:02	02:03:42
155	689	Carlos Alfaiate	CASA DO BENFICA EM ABRANTES	04:20:05	02:04:45
156	550	Adriana Ascenso	CABarreira	04:20:51	02:05:31
157	548	André Rodrigues	CABarreira	04:20:57	02:05:37
158	575	Nuno Neves	Nemsabesnoquetemetes	04:20:59	02:05:39
159	565	Rui Gaspar	OFFTEL RUNNERS	04:21:02	02:05:42

Pos.	Dorsal	Nome	Equipa	Tempo	Tempo+
160	595	Alex.rosa		04:24:02	02:08:42
161	620	Cordas		04:27:24	02:12:04
162	596	Carlos Lavadinho		04:27:29	02:12:09
163	507	Pedrosa Augusto	Ana Augusto	04:37:49	02:22:29
164	506	Mota Martinho	Grémio Atlético de Lisboa	04:37:53	02:22:33
165	555	ANALICE	O Mundo da Corrida	04:41:00	02:25:40
166	688	Helena Miranda	C.A.S.P.A Green Roc	04:48:22	02:33:02
167	685	Rogério Tomé	CAFZ	04:48:30	02:33:10
168	560	Marta Tomada	Mar da Barca	04:50:04	02:34:44
DCL-FP	527	Luís Conceição	CCRD BURINHOSA		
DCL-FP	631	Paulo Lopes	OXI/CARBBOOM		
DCL-FP	676	Marisa Lemos	Sunset runners		
NC	510	João Veigas			
NC	628	Nuno Sousa	Free Runners		
NC	632	João Vieira	ThunderRunners		
NC	646	Gonçalo Lopes	CASA DO BENFICA DA FIG. FOZ		
NC	651	Gerardo Belo	Canhões da Nazaré		
NC	652	Paulo Santos			
NC	653	Raul	Os Palmilhantes d'Aviz		
NC	657	Mário Almeida	Pés Troikados		
NC	678	Milton			
NC	690	Ana			
NC	626	Telmo Inácio	Veteranos do Lis		
NC	606	Vanda Anjos	Troc'ó Passo		
NC	524	Ganilho	OFFTEL RUNNERS		
NC	528	Joana Marques	NEL - Pédatleta		
NC	534	Pedro Amaral	Here 4 Beer		
NC	536	G.belo	S.Limites-Running Team		
NC	537	Mario Pires			
NC	546	Jorge Agostinho	CABarreira		
NC	553	Francisco Vaz	Frufresh Runners		
NC	556	Benjamin Boeltzig	Hertha BSC		
NC	597	Niko	Monsanto Running Team		
NC	598	Telmo Rodrigues			
NC	694	Marco Martinho	RUN.PT		
NT	604	Ivo Carreira	k'tespero		
NT	682	João Jorge	BOMCAR		
NT	627	Paulo Gomes			