

Pos	Dorsal	Chip	Atleta	Categoria	Equipa	10.2 km	18.0 km	Ritmo	Tempo
1	320	7569	Filipe Costa	M18	Espite Runner / SILECTRIS	00:59:33	01:39:31	05:04	02:22:03
2	375	7623	Helder Pereira	M40	Clube de Atletismo de Ferreira do Zêzere	01:00:33	01:41:29	05:10	02:25:05
3	361	7609	Fábio Filipe	M18		01:02:33	01:45:13	05:27	02:32:40
4	355	7603	Luís Veríssimo	M45	Figueira Kayak Clube	01:02:33	01:47:50	05:37	02:37:26
5	327	7575	José Lopes	M45	CCD Siemens	01:07:33	01:55:27	05:50	02:43:23
6	346	7594	Joaquim Capela	M45	KANINOS	01:07:33	01:55:27	05:52	02:44:32
7	340	7588	Marco Martins	M18		01:10:33	01:56:59	05:56	02:46:20
8	345	7593	Tiago David	M18		01:10:33	01:56:53	06:02	02:49:01
9	344	7592	Guilherme David	M50		01:10:33	01:57:57	06:02	02:49:01
10	343	7591	Paulo Patrício	M18		01:10:33	01:57:32	06:02	02:49:20
11	332	7580	Joao Espiguiha	M40	BORBA TRAIL / HELP 4U	01:07:33	01:56:24	06:05	02:50:40
12	369	7617	Ricardo Gonçalves	M18	CP CMP	01:09:33	01:57:24	06:08	02:52:28
13	336	7584	Amílcar Ramos	M40	GRVilaverdense	01:11:33	01:58:15	06:11	02:53:18
14	371	7619	Jorge Fernandes	M50	ARSM - Associação Recreativa de S. Miguel	01:11:33	02:02:03	06:17	02:56:26
15	380	7742	Daniel Neto	M18		01:09:33	02:02:38	06:20	02:57:37
16	379	7739	Vitor Pires	M45	ALCANENA TRAIL	01:18:33	02:05:59	06:22	02:58:34
17	373	7621	Rui Pimenta	M18		01:11:33	02:04:19	06:39	03:06:25
18	333	7581	Nuno Nunes	M18		01:17:33	02:11:31	06:39	03:06:45
19	314	7563	Paulo Manuel Costa	M50		01:17:33	02:10:55	06:47	03:10:21
20	377	7737	Pedro Barros	M40	Os Tolinhas	01:12:33	02:10:47	06:49	03:11:24
21	347	7595	Vera Reis	F40	Morcegos Trail	01:15:33	02:11:29	06:52	03:12:19
22	378	7738	José Lemos	M50		01:15:33	02:11:54	06:51	03:12:20
23	352	7600	João Alves	M18		01:13:33	02:09:24	06:55	03:14:20
24	365	7613	Custódio Loureiro	M50	Sky	01:21:33	02:18:19	07:03	03:17:53
25	381	7743	Luís Martins	M45		01:20:33	02:18:03	07:04	03:17:54
26	354	7602	Inês Jordão	F18	MRT	01:20:33	02:17:55	07:04	03:17:54
27	317	7566	Diogo Monteiro	M40		01:21:33	02:17:58	07:03	03:17:55
28	362	7610	Bruno Romão	M18		01:15:33	02:12:35	07:06	03:19:25
29	330	7578	Nuno Almeida	M18		01:24:33	02:22:43	07:10	03:20:51
30	312	7561	Tiago Ferreira	M18		01:21:33	02:17:29	07:13	03:22:22
31	366	7614	João Paulo Queiroz	M50	Sky	01:21:33	02:19:22	07:18	03:24:48
32	349	7597	Daniel Cavalheiro	M40		01:17:33	02:18:25	07:21	03:26:07
33	331	7579	Mário Caridade	M18		01:20:33	02:20:20	07:22	03:26:37
34	329	7577	Filipe Fitas	M18		01:24:33	02:22:45	07:23	03:27:14
35	328	7576	Pedro Daniel Correia	M40		01:20:33	02:22:10	07:25	03:27:50
36	382	7744	Cláudia Medeiro	F50		01:24:33	02:22:23	07:25	03:28:03
37	326	7574	Ricardo Rato	M18		01:24:33	02:20:24	07:28	03:29:38
38	370	7618	Nelson Pereira	M45	CLAC Entroncamento/OndaTrilhos	01:24:33	02:26:45	07:39	03:34:38
39	334	7582	Americo Alves De Oliveira	M50	Running Club Tour Eiffel	01:24:34	02:23:01	07:39	03:34:43
40	323	7571	Fátima Gonçalves	F50	O MUNDO DA CORRIDA	01:27:33	02:29:26	07:52	03:40:34
41	324	7572	António Gonçalves	M50	O MUNDO DA CORRIDA	01:27:33	02:33:46	07:52	03:40:36
42	372	7620	Arnaud Marmouset	M50	Rebels runner	01:27:34	02:33:21	07:54	03:41:32
43	322	7570	Florian Wakenhut	M40		01:27:35	02:25:47	07:59	03:43:53
44	337	7585	Helder Pais	M18	Run Forest Run	01:27:33	02:33:20	08:03	03:45:52

Pos	Dorsal	Chip	Atleta	Categoria	Equipa	10.2 km	18.0 km	Ritmo	Tempo
45	315	7564	Carlos Ribeiro	M40	Os Tolinhos	01:27:33	02:33:45	08:03	03:45:54
46	363	7611	Filipe Moreira	M40	Juventude Vidigalense	01:21:33	02:22:42	08:03	03:45:59
47	308	7557	Fábio Lamas	M18		01:32:33	02:56:54	08:06	03:47:18
48	348	7596	Sérgio Nunes	M40		01:34:33	02:40:21	08:10	03:49:03
49	341	7589	Ricardo Pereira	M18	GRVilaverdense	01:29:33	02:40:01	08:12	03:50:01
50	342	7590	Joel Jacinto	M40	GRVilaverdense	01:29:33	02:40:01	08:12	03:50:02
51	316	7565	Nelson Franco	M40		01:32:33	02:41:37	08:13	03:50:34
52	325	7573	Edgar Cristeta	M18	CCD Siemens	01:32:33	02:39:54	08:20	03:53:45
53	359	7607	Gislaine Costa	F18	Safados Do Trail	01:32:33	02:40:12	08:23	03:55:20
54	358	7606	Hugo Carolino	M18	Safados Do Trail	01:32:33	02:40:02	08:25	03:55:59
55	376	7624	Horácio Alexandre	M50		01:27:33	02:40:02	08:29	03:57:45
56	313	7562	Carla Garrett	F18	Gin. Qta do Valbom- AAAlcochete	01:27:33	02:47:46	08:34	04:00:04
57	374	7622	Paulo Costa	M45		01:43:33	02:54:25	09:00	04:12:47
58	350	7598	Rui Marguilho	M40	Algarunners	01:44:33	02:57:41	09:47	04:34:24
59	360	7608	Jose Garcez	M40	Évora Night Runners	01:44:34	03:10:16	09:50	04:35:27
60	319	7568	Nuno Fontes	M18		01:39:33	03:22:29	09:56	04:38:20
61	368	7616	Humberto Barros	M18	KANINOS	01:44:33	03:11:02	09:58	04:39:36
62	351	7599	Marco Cachinho	M18	KANINOS	01:44:33	03:11:02	09:58	04:39:38
63	338	7586	Gonçalo Alves	M18	Mirense	01:32:33	03:11:02	09:58	04:39:38
64	318	7567	Filipe Leite	M18	Os Finos	01:46:33	03:22:29	10:11	04:45:38
65	311	7560	André Pinto	M18		01:46:33	03:22:30	10:31	04:54:39
66	356	7604	Juliana Cotrim Da Silva	F45		01:45:32	03:05:09	11:10	05:13:01
67	364	7612	Vítor Medeiros Fernandes	M50	CALMA - Tomar	01:45:33	03:02:04	11:10	05:13:02
DNF	300	7553	José António Pereira	M50	Salamandrecos				
DNF	307	7556	Filipe Ferreira	M40					
DNF	309	7558	Mauricio Lopes De Oliveira	M45					
DNF	310	7559	Juliana Lemos De Moraes	F45					
DNF	339	7587	Paulo Granjal	M45	Jorsat - Runners				
DNF	353	7601	Nelson Lebre	M40					
DNF	357	7605	Luis Manuel Cotrim Silva	M50					
DNF	367	7615	Francisco Morais	M18	Coimbra Trail Running				
DNF	305	7554	Jose Jorge	M50	Clube de Atletismo Os Pesados				