

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
1	8	PEDRO ARSENIO	M	33	M0034	1 GFD RUNNING	00:31:11	00:31:11
2	7	SAMUEL FREIRE	M	26	M0034	2 SPORTING CP	00:31:17	00:31:17
3	4	ANDRALINO FURTADO	M	23	M0034	3 SPORTING CP	00:32:43	00:32:43
4	327	ANDRÉ ALVES	M	29	M0034	4 CUA BENAVENTENSE	00:34:11	00:34:11
5	45	EUSÉBIO R ROSA	M	48	M4549	1 A NATUREZA ENSINA	00:34:26	00:34:26
6	427	RICARDO FERNANDES	M	25	M0034	5 INDIVIDUAL	00:34:43	00:34:43
7	630	CARLOS TIAGO	M	36	M3539	1 BELÉM RUNNERS	00:34:49	00:34:49
8	6	VERA NUNES	F	36	F3544	1 SL BENFICA	00:34:55	00:34:55
9	9	ANTONIO SOUSA	M	46	M4549	2 GFD RUNNING	00:34:55	00:34:55
10	667	CLAUDIO PAULINHO	M	35	M3539	2 INDIVIDUAL	00:35:05	00:35:03
11	11	CARLOS FREITAS	M	45	M4549	3 BELÉM RUNNERS	00:35:08	00:35:08
12	564	FERNANDO ALVES	M	50	M5054	1 AA MAFRA	00:35:30	00:35:27
13	5	SUSANA CUNHA	F	28	F0034	1 LINDA A PASTORA SC	00:35:35	00:35:35
14	258	JOSE SILVA	M	35	M3539	3 RB RUNNING	00:35:55	00:35:55
15	933	JOSÉ CAPITÃO	M	43	M4044	1	00:36:11	00:36:09
16	624	HUGO RICARDO	M	30	M0034	6 BELÉM RUNNERS	00:36:18	00:36:13
17	324	PAULO PINHEIRO	M	39	M3539	4 CUA BENAVENTENSE	00:36:23	00:36:21
18	521	FERNANDO POLONIO	M	47	M4549	4 NUCLEOEIRAS	00:36:25	00:36:16
19	566	SERGIO TAVARES	M	35	M3539	5 AA MAFRA	00:36:26	00:36:22
20	579	HUSSENE KESHAVJEE	M	42	M4044	2 INDIVIDUAL	00:36:30	00:36:27
21	47	LUIS GOUVEIA	M	49	M4549	5 A NATUREZA ENSINA	00:36:38	00:36:22
22	120	VITOR LIMA	M	49	M4549	6 CRP CAMPOLIDE	00:37:02	00:36:58
23	377	RODRIGO G N GREGÓRIO	M	33	M0034	7 GORUNNERS	00:37:08	00:37:06
24	623	ELIAS FORTES	M	50	M5054	2 BELÉM RUNNERS	00:37:21	00:37:21
25	223	LUIS M SANTOS	M	34	M0034	8 LUSO-ATLÂNTICA-CORRETOR DE SEGUROS SA	00:37:26	00:37:23
26	13	SANDRA PROTASSIO	F	27	F0034	2 SPORTING CP	00:37:33	00:37:31
27	908	ÉLIO M BARREIRA	M	41	M4044	3 INDIVIDUAL	00:37:36	00:37:34
28	503	CLEBY A ARAÚJO	M	50	M5054	3 CPPEA	00:37:41	00:37:38
29	2	MONICA V CHAVEZ	F	35	F3544	2 VENCEDORA COSTA RICA	00:37:47	00:37:47
30	61	RICARDO FELIX	M	37	M3539	6 A NATUREZA ENSINA	00:37:49	00:37:44
31	113	1 FLORIANO SILVA	M	38	M3539	7 AMINHACORRIDA/ MYPROTEIN	00:37:52	00:37:45
32	880	NUNO M B RAPOSO	M	39	M3539	8 INDIVIDUAL	00:38:12	00:38:08
33	649	MIGUEL SANTOS	M	44	M4044	4 INDIVIDUAL	00:38:14	00:38:00
34	116	PEDRO GUIMARÃES	M	35	M3539	9 GEORUNNERS	00:38:17	00:38:13
35	260	JOSE LOPES	M	52	M5054	4 RB RUNNING	00:38:29	00:38:25
36	10	ALEXANDRA SOUSA	F	33	F0034	3 GFD RUNNING	00:38:31	00:38:30
37	116	3 JOAO VIEIRA	M	21	M0034	9 CORRER CIDADE	00:38:37	00:38:33
38	117	KCÉNIA BOUGROVA	F	21	F0034	4 SPORTING CP	00:38:38	00:38:38
39	57	JOSE FACHADAS	M	46	M4549	7 A NATUREZA ENSINA	00:38:41	00:38:36
40	307	ABEL GLÓRIA	M	52	M5054	5 CA ODIMARQ	00:38:51	00:38:48
41	328	JOSÉ PIRES	M	40	M4044	5 CUA BENAVENTENSE	00:38:56	00:38:54
42	580	EDGAR A S TRIGO	M	47	M4549	8 INDIVIDUAL	00:39:06	00:38:59
43	238	LUIS MESQUITA	M	41	M4044	6 EMANUEL FREITAS CENTURY21 CATISOL	00:39:12	00:39:08
44	482	HUGO NALHA	M	41	M4044	7 CD OS ÁGUIAS TRAIL RUNNING	00:39:15	00:39:11

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
45	629	INOCENCIO AMORIM	M	38	M3539 10	BELÉM RUNNERS	00:39:19	00:39:13
46	259	TONY ALMEIDA	M	34	M0034 10	RB RUNNING	00:39:22	00:39:16
47	874	RICARDO PIRES	M	34	M0034 11	INDIVIDUAL	00:39:24	00:39:24
48	257	PEDRO FERREIRA	M	49	M4549 9	RB RUNNING	00:39:30	00:39:18
49	48	MARCO FATELO	M	37	M3539 11	A NATUREZA ENSINA	00:39:33	00:39:27
50	443	ANTONIO GARCIA	M	53	M5054 6	INDIVIDUAL	00:39:35	00:39:31
51	654	ANTONIO JACINTO	M	56	M5559 1	AUTO JACINTO	00:39:38	00:39:34
52	112	8 PEDRO MOTA	M	45	M4549 10	BELÉM RUNNERS	00:39:40	00:39:37
53	253	HUGO LUZ	M	41	M4044 8	RB RUNNING	00:39:41	00:39:36
54	770	DIOGO GARCIA	M	29	M0034 12	OS CONTA KILOMETROS	00:39:45	00:39:21
55	375	JOSÉ MARCELINO	M	53	M5054 7	CD ESTRELA	00:39:47	00:39:47
56	520	RODRIGO SANTOS	M	41	M4044 9	NUCLEOEIRAS	00:39:48	00:39:48
57	105	ANTONIO SILVA	M	21	M0034 13	PREMIUM RUNNERS	00:39:48	00:39:39
58	447	MÁRIO A DIAS	M	35	M3539 12	SFU 1º DEZ ATOUGUIA BALEIA	00:39:55	00:39:44
59	915	LUCILIA SOARES	F	54	F4599 1	AMINHACORRIDA/MYPROTEIN	00:39:56	00:39:54
60	237	EMANUEL FREITAS	M	52	M5054 8	INDIVIDUAL	00:39:57	00:39:52
61	12	SARA MARINHO	F	26	F0034 5	BELÉM RUNNERS	00:40:02	00:40:02
62	571	MANUEL ROQUE	M	33	M0034 14	INDIVIDUAL	00:40:09	00:40:01
63	56	DAVID ROSA	M	40	M4044 10	A NATUREZA ENSINA	00:40:14	00:40:08
64	262	ROBERTO GUERREIRO	M	34	M0034 15	RB RUNNING	00:40:38	00:40:32
65	114	8 JOÃO P A CORREIA	M	24	M0034 16	YMAA PORTUGAL	00:40:41	00:40:04
66	114	VICTOR JORGE	M	41	M4044 11	PREMIUM RUNNERS	00:40:46	00:40:37
67	700	MIGUEL COSTA	M	42	M4044 12	EQUIPA DOS LENTOS	00:40:49	00:40:23
68	576	JOSE M GOMES	M	56	M5559 2	INDIVIDUAL	00:41:01	00:40:57
69	535	MANUEL FERNANDES	M	39	M3539 13	CORREMOS POR TI	00:41:09	00:41:06
70	469	HELDER SILVA	M	38	M3539 14	INDIVIDUAL	00:41:16	00:40:56
71	636	EZEQUIEL FERNANDES	M	59	M5559 3	UFCI-SADOPOST	00:41:30	00:41:25
72	844	ORLANDO J BARBOSA	M	59	M5559 4	GR JANZ E ASSOCIADOS	00:41:33	00:41:30
73	627	PEDRO A PEREIRA	M	41	M4044 13	BELÉM RUNNERS	00:41:33	00:41:01
74	66	MARIO BOUCINHA	M	44	M4044 14	A NATUREZA ENSINA	00:41:38	00:41:34
75	60	RICARDO CASTANHO	M	41	M4044 15	A NATUREZA ENSINA	00:41:40	00:41:36
76	762	RUI SILVA	M	44	M4044 16	INDIVIDUAL	00:41:41	00:41:30
77	362	MARCO TOMASIO	M	40	M4044 17	PAIÕES A CORRER	00:41:43	00:41:39
78	340	JOÃO FERNANDES	M	28	M0034 17	INDIVIDUAL	00:41:44	00:41:35
79	261	EUNICE FERNANDES	F	41	F3544 3	RB RUNNING	00:41:49	00:41:47
80	865	LUCIANO SILVA	M	39	M3539 15	INDIVIDUAL	00:41:50	00:41:48
81	191	DANIEL GIEBELS	M	34	M0034 18	INDIVIDUAL	00:41:54	00:41:24
82	699	MÁRCIO HORTA	M	35	M3539 16	EQUIPA DOS LENTOS	00:41:58	00:41:33
83	142	ORLANDO CORREIA	M	45	M4549 11	AB CAMPOLIDE	00:42:05	00:42:01
84	573	VITOR PARADA	M	34	M0034 19	ZIMBRA FOX RUNNERS	00:42:06	00:42:06
85	402	ANGELO SILVA	M	33	M0034 20	CCDT METRO LX	00:42:07	00:41:47
86	587	MARTINHO AMARO	M	37	M3539 17	CORRER LISBOA	00:42:09	00:41:54
87	216	BRUNO FRANCISCO	M	33	M0034 21	A TRINHÃO E PONTE FAJÃO	00:42:19	00:42:16
88	664	MARCO LOURENÇO	M	38	M3539 18	NO ROLLBACK	00:42:24	00:42:18

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
89	366	MAURO PIMENTA	M	40	M4044 18	INDIVIDUAL	00:42:29	00:42:21
90	229	CARLOS JESUS	M	41	M4044 19	O MUNDO DA CORRIDA	00:42:31	00:42:22
91	672	JOÃO LIMÃO	M	43	M4044 20	INDIVIDUAL	00:42:40	00:42:26
92	114	9 DIOGO RODRIGUES	M	26	M0034 22	YMAA PORTUGAL	00:42:40	00:42:02
93	118	2 JOSÉ MASSUÇA	M	45	M4549 12	INDIVIDUAL	00:42:42	00:41:50
94	817	NUNO AURELIANO	M	38	M3539 19	INDIVIDUAL	00:42:42	00:42:22
95	50	SERGIO MACATRAO	M	60	M6099 1	A NATUREZA ENSINA	00:42:44	00:42:32
96	367	MANUEL VAZ	M	57	M5559 5	INDIVIDUAL	00:42:46	00:42:44
97	51	NUNO OLIVEIRA	M	37	M3539 20	A NATUREZA ENSINA	00:42:47	00:42:41
98	117	2 NUNO NAIA	M	42	M4044 21	INDIVIDUAL	00:42:50	00:42:43
99	797	CARINA AMARO	F	25	F0034 6	INDIVIDUAL	00:42:53	00:42:11
100	341	JOÃO L A COSTA	M	28	M0034 23	INDIVIDUAL	00:42:55	00:42:45
101	674	LUIS M PEREIRA	M	45	M4549 13	INDIVIDUAL	00:43:05	00:42:24
102	917	PETER STEINHAUSEN	M	64	M6099 2		00:43:06	00:43:06
103	1	NORMA V O PORTOCARRERO	F	48	F4599 2	BIMBO VENCEDORA GUATEMALA	00:43:08	00:43:08
104	117	6 PEDRO GABRIEL	M	42	M4044 22	INDIVIDUAL	00:43:11	00:42:53
105	821	ALBÍSIO F MAGALHÃES	M	62	M6099 3	INDIVIDUAL	00:43:15	00:42:58
106	557	PAULO J C R COSTA	M	56	M5559 6	AA MAFRA	00:43:18	00:43:13
107	732	CARLOS M PEREIRA	M	48	M4549 14	INDIVIDUAL	00:43:24	00:42:58
108	267	JORGE REIS	M	46	M4549 15	RB RUNNING	00:43:24	00:43:21
109	355	JORGE FERNANDES	M	26	M0034 24	IMASAMS	00:43:28	00:43:22
110	502	FERNANDO A C FARINHA	M	49	M4549 16	INDIVIDUAL	00:43:33	00:43:05
111	88	PAULO NOVAIS	M	40	M4044 23	INDIVIDUAL	00:43:34	00:43:17
112	43	CARLOS LIMA	M	45	M4549 17	A NATUREZA ENSINA	00:43:34	00:43:29
113	804	LUIS ZUNA	M	30	M0034 25	INDIVIDUAL	00:43:35	00:43:29
114	365	JOSÉ L M FERNANDES	M	35	M3539 21	PAIÕES A CORRER	00:43:39	00:43:35
115	349	DAVID LOPES	M	22	M0034 26	IMASAMS	00:43:40	00:43:35
116	117	8 RUI SILVA	M	24	M0034 27	INDIVIDUAL	00:43:45	00:43:26
117	54	JOSE MARTINS	M	58	M5559 7	A NATUREZA ENSINA	00:43:48	00:43:43
118	867	GUILHERME CARDOSO	M	23	M0034 28	INDIVIDUAL	00:43:48	00:43:12
119	235	CARLOS FLORÊNCIA	M	33	M0034 29	INDIVIDUAL	00:43:51	00:43:43
120	617	JOEL M SILVA	M	28	M0034 30	INDIVIDUAL	00:43:51	00:41:04
121	254	ARNALDO TRINDADE	M	44	M4044 24	RB RUNNING	00:43:53	00:43:40
122	633	PEDRO FILIPE	M	35	M3539 22	BELÉM RUNNERS	00:43:56	00:43:50
123	631	ANDRE MENDONÇA	M	33	M0034 31	BELÉM RUNNERS	00:43:57	00:43:57
124	164	JOSÉ SALAZAR	M	56	M5559 8	INDIVIDUAL	00:43:58	00:43:58
125	95	PAULO SANTOS	M	49	M4549 18	LOURDETE PERFUMARIAS	00:44:06	00:44:04
126	185	PEDRO NOLASCO	M	31	M0034 32	INDIVIDUAL	00:44:08	00:43:28
127	628	JOAO SILVA	M	25	M0034 33	BELÉM RUNNERS	00:44:11	00:43:56
128	916	JOÃO CALDEIRA	M	25	M0034 34		00:44:12	00:44:04
129	149	EDUARDO LUÍS	M	38	M3539 23	ATÓMICOS	00:44:12	00:43:56
130	734	CARLOS CRUZ	M	39	M3539 24	INDIVIDUAL	00:44:13	00:44:03
131	845	CARLOS M MARQUES	M	38	M3539 25	INDIVIDUAL	00:44:15	00:43:24
132	110	NUNO FIGUEIREDO	M	41	M4044 25	PREMIUM RUNNERS	00:44:17	00:44:08

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
133	44	PAULO FRANCISCO	M	52	M5054 9	A NATUREZA ENSINA	00:44:18	00:44:11
134	563	PAULO A C MARQUES	M	51	M5054 10	AA MAFRA	00:44:21	00:44:17
135	165	ANA ISABEL BRÁS	F	32	F0034 7	CCD PM CASCAIS	00:44:24	00:44:16
136	143	RUI P RODRIGUES	M	42	M4044 26	AB CAMPOLIDE	00:44:27	00:44:22
137	480	NUNO SILVA	M	36	M3539 26	CARACÓIS DE PEDRA	00:44:28	00:44:25
138	135	JOÃO PEREIRA	M	36	M3539 27	INDIVIDUAL	00:44:28	00:44:10
139	334	INÊS BRITO	F	44	F3544 4	INDIVIDUAL	00:44:30	00:44:24
140	695	JOÃO H G VIEIRA	M	42	M4044 27	INDIVIDUAL	00:44:33	00:44:25
141	53	ALEXANDRE CANTANHEDE	M	37	M3539 28	A NATUREZA ENSINA	00:44:36	00:44:29
142	74	TIAGO HENRIQUES	M	36	M3539 29	INDIVIDUAL	00:44:36	00:44:29
143	104	ANTONIO MARQUES	M	39	M3539 30	PREMIUM RUNNERS	00:44:38	00:44:28
144	519	EMANUEL SEITA	M	40	M4044 28	INDIVIDUAL	00:44:42	00:44:27
145	369	RUI DUARTE	M	41	M4044 29	INDIVIDUAL	00:44:44	00:44:34
146	524	RICARDO NASCIMENTO	M	38	M3539 31	INDIVIDUAL	00:44:45	00:44:17
147	790	ANDRÉ LOPES	M	32	M0034 35	BILHUDOS	00:44:47	00:44:31
148	788	RUI M S ANTUNES	M	38	M3539 32	INDIVIDUAL	00:44:50	00:44:42
149	711	ANTÓNIO F P CASACA	M	55	M5559 9	INDIVIDUAL	00:44:54	00:44:22
150	842	CARLOS A D FERREIRA	M	38	M3539 33	ELITE RUNNERS	00:44:55	00:44:25
151	116	1 HELDER E F CARDOSO	M	40	M4044 30	DSBC	00:45:00	00:44:26
152	914	ANA VIEIRA	F	41	F3544 5		00:45:02	00:44:58
153	532	GONÇALO M FREITAS	M	26	M0034 36	INDIVIDUAL	00:45:06	00:44:23
154	921	HUGO SILVA	M	29	M0034 37		00:45:09	00:44:46
155	822	NUNO DOMINGUES	M	38	M3539 34	INDIVIDUAL	00:45:10	00:44:48
156	856	PEDRO ANTUNES	M	38	M3539 35	CA STA MARTA PINHAL	00:45:12	00:45:12
157	89	ADRIANO S REIS	M	40	M4044 31	P&A MULTISPORTS	00:45:15	00:44:59
158	212	CARLOS COSTA	M	45	M4549 19	CLUBE ANACOM	00:45:16	00:45:15
159	271	BRUNO BUCO	M	33	M0034 38	INDIVIDUAL	00:45:16	00:44:21
160	59	FLORBELA BARROS	F	43	F3544 6	A NATUREZA ENSINA	00:45:17	00:45:12
161	774	FILIFE P GONÇALVES	M	43	M4044 32	INDIVIDUAL	00:45:18	00:44:54
162	673	VICTOR SILVA	M	51	M5054 11	AA LEBRES SADO	00:45:22	00:45:02
163	850	SAMUEL SEBASTIÃO	M	34	M0034 39	INDIVIDUAL	00:45:23	00:45:11
164	849	PATRICIA CALDAS	F	32	F0034 8	INDIVIDUAL	00:45:24	00:45:12
165	255	PEDRO MARTINS	M	41	M4044 33	RB RUNNING	00:45:25	00:45:12
166	813	FIPE MENDES	M	33	M0034 40	OS CONTA KILOMETROS	00:45:26	00:45:02
167	551	DAVID SARAIVA	M	34	M0034 41	AD MANTEIGAS	00:45:29	00:45:07
168	166	DIOGO E T MARTINS	M	25	M0034 42	INDIVIDUAL	00:45:30	00:45:11
169	413	TIAGO GUERREIRO	M	38	M3539 36	INDIVIDUAL	00:45:31	00:45:23
170	544	HELDER SILVA	M	43	M4044 34	INDIVIDUAL	00:45:33	00:45:04
171	140	RUI RODRIGUES	M	50	M5054 12	AB CAMPOLIDE	00:45:34	00:45:26
172	133	NUNO GOMES	M	40	M4044 35	INDIVIDUAL	00:45:35	00:45:25
173	766	ANTÓNIO C F VALE	M	28	M0034 43	OS CONTA KILOMETROS	00:45:36	00:45:08
174	657	LUIS SANTOS	M	39	M3539 37	CORRER LISBOA	00:45:38	00:45:13
175	658	RUI M C VALE	M	36	M3539 38	INDIVIDUAL	00:45:38	00:45:12
176	118	9 VALTER F P FERREIRA	M	32	M0034 44	INDIVIDUAL	00:45:39	00:45:37

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
177	440	JOAO LOPES	M	38	M3539 39	AM 18 DE MAIO	00:45:41	00:45:09
178	65	AMERICO SANTOS	M	59	M5559 10	A NATUREZA ENSINA	00:45:44	00:45:44
179	241	GILBERTO R LOPES	M	49	M4549 20	INDIVIDUAL	00:45:50	00:45:12
180	685	NELSON CUSTÓDIO	M	41	M4044 36	INDIVIDUAL	00:45:51	00:45:32
181	739	ALVARO PINTO	M	59	M5559 11	AD REAL ACADEMIA	00:45:53	00:45:37
182	119	8 LUIS CHAMBEL	M	40	M4044 37	REXRUNNERS	00:45:56	00:45:36
183	252	LUIS ANTUNES	M	44	M4044 38	RB RUNNING	00:45:59	00:45:45
184	479	VITOR G MARTINS	M	56	M5559 12	INDIVIDUAL	00:46:00	00:45:47
185	344	LUÍS SOUSA	M	41	M4044 39	INDIVIDUAL	00:46:02	00:45:30
186	565	ANA R MARQUES	F	36	F3544 7	AA MAFRA	00:46:04	00:45:59
187	87	ANTONIO RIBEIRO	M	55	M5559 13	INDIVIDUAL	00:46:04	00:45:48
188	632	OSCAR RODRIGUES	M	46	M4549 21	BELÉM RUNNERS	00:46:05	00:45:54
189	73	MIGUEL FRIAS	M	40	M4044 40	INDIVIDUAL	00:46:11	00:46:00
190	64	ANA PEREIRA	F	46	F4599 3	A NATUREZA ENSINA	00:46:15	00:46:09
191	548	JOÃO MOREIRA	M	37	M3539 40	INDIVIDUAL	00:46:18	00:45:45
192	603	ALMERINDO SILVA	M	50	M5054 13	INDIVIDUAL	00:46:20	00:46:16
193	208	NUNO SALVADOR	M	41	M4044 41	URBAN TRAIL SAMORA CORREIA	00:46:23	00:46:12
194	595	RUI PARÓLA	M	43	M4044 42	INDIVIDUAL	00:46:26	00:45:59
195	924	VITOR ANTUNES	M	29	M0034 45		00:46:27	00:46:27
196	515	FILIPE BRITO	M	39	M3539 41	INDIVIDUAL	00:46:28	00:45:32
197	737	PEDRO SANTOS	M	37	M3539 42	INDIVIDUAL	00:46:33	00:46:11
198	635	PEDRO FAVINHA	M	44	M4044 43	BELÉM RUNNERS	00:46:40	00:46:08
199	904	PEDRO ALMEIDA	M	35	M3539 43	INDIVIDUAL	00:46:41	00:46:01
200	396	CÁTIA JOIA	F	41	F3544 8	POWERBOOST CLUB	00:46:42	00:46:42
201	710	JOAO PIRES	M	45	M4549 22	INDIVIDUAL	00:46:49	00:46:36
202	226	ANTÓNIO RODRIGUES	M	49	M4549 23	INDIVIDUAL	00:46:51	00:46:44
203	922	ARMANDO ALDEGALEGA	M	77	M6099 4	SPORTING CP	00:46:52	00:46:50
204	116	9 HUGO F S V HILÁRIO	M	37	M3539 44	TREVO-MEDICINA DESPORTIVA	00:46:53	00:46:35
205	862	CARLA MENDES	F	40	F3544 9	TARTARUGAS SOLIDÁRIAS	00:46:57	00:46:50
206	805	ANDREA SOUSA	F	32	F0034 9	OS CONTA KILOMETROS	00:47:00	00:47:00
207	455	JORGE S F A ROCHA	M	37	M3539 45	FÓNIX TEAM	00:47:03	00:46:38
208	207	JOÃO VALÉRIO	M	44	M4044 44	URBAN TRAIL SAMORA CORREIA	00:47:07	00:46:57
209	712	NUNO GUEDES	M	34	M0034 46	FAMÍLIA GUEDES	00:47:09	00:47:00
210	599	RUI MESTRE	M	45	M4549 24	INDIVIDUAL	00:47:11	00:46:44
211	441	JOÃO M COCHARRO	M	39	M3539 46	INDIVIDUAL	00:47:16	00:46:44
212	58	JOAO DIAS	M	51	M5054 14	A NATUREZA ENSINA	00:47:17	00:47:13
213	63	RODRIGO SILVA	M	49	M4549 25	A NATUREZA ENSINA	00:47:17	00:46:59
214	428	CARLOS DINIS	M	52	M5054 15	C MILLENNIUM BCP	00:47:19	00:46:36
215	798	RUI COSTA	M	35	M3539 47	INDIVIDUAL	00:47:34	00:47:29
216	736	EUCLIDES J M SOARES	M	27	M0034 47	INDIVIDUAL	00:47:36	00:47:36
217	113	RODRIGO MASSENA	M	32	M0034 48	PREMIUM RUNNERS	00:47:37	00:47:27
218	115	LAURA AZEVEDO	F	31	F0034 10	PREMIUM RUNNERS	00:47:38	00:47:29
219	417	ABÍLIO OLIVEIRA	M	51	M5054 16	INDIVIDUAL	00:47:38	00:47:30
220	686	BRUNO CARDOSO	M	37	M3539 48	INDIVIDUAL	00:47:38	00:47:19

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
221	49	LUIS PIRES	M	49	M4549 26	A NATUREZA ENSINA	00:47:38	00:47:33
222	46	JOSE MESQUITA	M	52	M5054 17	A NATUREZA ENSINA	00:47:40	00:47:15
223	55	FILIPA FERNANDES	F	33	F0034 11	A NATUREZA ENSINA	00:47:41	00:47:37
224	448	JORGE CAMPOS	M	42	M4044 45	INDIVIDUAL	00:47:42	00:47:22
225	471	TELMO NOGUEIRA	M	32	M0034 49	INDIVIDUAL	00:47:43	00:47:13
226	217	LUÍS GAMA	M	53	M5054 18	A TRINHÃO E PONTE FAJÃO	00:47:43	00:47:28
227	405	NUNO PITA	M	40	M4044 46	CCDT METRO LX	00:47:44	00:47:24
228	438	HUMBERTO D AFONSO	M	40	M4044 47	INDIVIDUAL	00:47:44	00:47:11
229	923	LUZIA DIAS	F	45	F4599 4	SPORTING CP	00:47:44	00:47:43
230	462	PAULO SANTOS	M	48	M4549 27	INDIVIDUAL	00:47:49	00:47:33
231	877	RUI CALADO	M	46	M4549 28	INDIVIDUAL	00:47:55	00:47:34
232	463	PAULO RODRIGUES	M	44	M4044 48	CORRER QUELUZ	00:47:57	00:47:38
233	642	PEDRO M S MACEDO	M	36	M3539 49	INDIVIDUAL	00:47:57	00:47:28
234	634	GONÇALO P FERRAZ	M	33	M0034 50	BELÉM RUNNERS	00:48:06	00:47:52
235	925	PEDRO ANTUNES	M	32	M0034 51		00:48:10	00:47:33
236	420	CIDALIA PIMENTEL	F	43	F3544 10	INDIVIDUAL	00:48:15	00:48:05
237	808	LINO VAZ	M	40	M4044 49	INDIVIDUAL	00:48:18	00:47:40
238	157	ALEXANDRE BERTON	M	18	M0034 52	INDIVIDUAL	00:48:18	00:47:43
239	879	NILTON MELO	M	37	M3539 50	INDIVIDUAL	00:48:21	00:48:21
240	225	HENRIQUE MARTINS	M	56	M5559 14	LUSO-ATLÂNTICA-CORRETOR DE SEGUROS SA	00:48:22	00:48:18
241	622	TINA OLIVEIRA	F	52	F4599 5	AMINHACORRIDA/ MYPROTEIN	00:48:22	00:48:14
242	691	RÚBEN F C TA MARINHO	M	21	M0034 53	INDIVIDUAL	00:48:25	00:48:11
243	376	ANTONIO BATISTA	M	69	M6099 5	CD ESTRELA	00:48:26	00:48:15
244	878	JOSE A L MACHADO	M	48	M4549 29	INDIVIDUAL	00:48:28	00:48:18
245	920	RUI COSTA	M	30	M0034 54		00:48:30	00:48:06
246	780	LUÍS FIGUEIREDO	M	54	M5054 19	INDIVIDUAL	00:48:34	00:48:24
247	232	VALTER H P DUARTE	M	36	M3539 51	INDIVIDUAL	00:48:35	00:48:35
248	832	ETELVINA VIDAL	F	48	F4599 6	INDIVIDUAL	00:48:36	00:48:32
249	807	PEDRO N G TRIGO	M	31	M0034 55	CORRER CIDADE	00:48:52	00:48:28
250	756	RODOLFO FERREIRA	M	28	M0034 56	INDIVIDUAL	00:49:06	00:48:39
251	789	MIGUEL VIVAS	M	23	M0034 57	BILHUDOS	00:49:08	00:48:47
252	473	PATRICIA JORDÃO	F	44	F3544 11	BANANA POWER	00:49:10	00:47:30
253	841	TITO NASCIMENTO	M	36	M3539 52	ELITE RUNNERS	00:49:10	00:48:40
254	716	CLAUDIO GONÇALVES	M	33	M0034 58	INDIVIDUAL	00:49:12	00:48:54
255	701	RICARDO J D ABREU	M	35	M3539 53	INDIVIDUAL	00:49:15	00:49:02
256	500	JOSE MAGALHAES	M	49	M4549 30	CORRER CIDADE	00:49:17	00:48:48
257	381	JORGE GONÇALVES	M	36	M3539 54	TÁLENTOS TEAM	00:49:20	00:49:04
258	818	SANDRO LEITÃO	M	27	M0034 59	BSSL	00:49:21	00:48:40
259	97	RICARDO CONCEIÇÃO	M	31	M0034 60	LOURDETE PERFUMARIAS	00:49:27	00:49:24
260	116	O PEDRO M P S DIAS	M	36	M3539 55	DSBC	00:49:29	00:48:55
261	814	ANTÓNIO CORREIA	M	53	M5054 20	INDIVIDUAL	00:49:37	00:49:24
262	694	CARLOS SECO	M	56	M5559 15	INDIVIDUAL	00:49:41	00:49:32
263	833	PAULO BRITO	M	45	M4549 31	SPORTING CP	00:49:42	00:49:40
264	713	MARTA GUEDES	F	33	F0034 12	FAMÍLIA GUEDES	00:49:45	00:49:37

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão		Equipa	Tempo	Chip
265	256	OLGA MARTINS	F	41	F3544	12	RB RUNNING	00:49:59	00:49:45
266	498	RICARDO M L ONOFRE	M	39	M3539	56	INDIVIDUAL	00:50:02	00:49:39
267	445	NUNO GASPAR	M	36	M3539	57	INDIVIDUAL	00:50:03	00:49:29
268	409	PEDRO MONTARGIL	M	37	M3539	58	SUSHICAFE	00:50:05	00:49:20
269	114	0 ROBERTO F AGOSTINHO	M	44	M4044	50	INDIVIDUAL	00:50:08	00:49:57
270	682	VALTER R M L N SANTOS	M	26	M0034	61	INDIVIDUAL	00:50:16	00:50:16
271	848	ANIBAL J G CARVALHO	M	65	M6099	6	INDIVIDUAL	00:50:22	00:49:26
272	883	PAULO J J HENRIQUES	M	41	M4044	51	FAMÍLIA HENRIQUES	00:50:27	00:49:10
273	132	NUNO BERTON	M	44	M4044	52	INDIVIDUAL	00:50:30	00:49:55
274	558	JOÃO VERISSIMO	M	58	M5559	16	INDIVIDUAL	00:50:30	00:49:36
275	373	BENTO RAMINHOS	M	47	M4549	32	INDIVIDUAL	00:50:33	00:49:53
276	115	0 MARCO GONÇALVES	M	33	M0034	62	YMAA PORTUGAL	00:50:34	00:49:56
277	893	VICTOR H RODRIGUES	M	24	M0034	63	ONGAGEMENT	00:50:39	00:50:06
278	227	JOSÉ RODRIGUES	M	47	M4549	33	INDIVIDUAL	00:50:39	00:50:23
279	228	JOSÉ HENRIQUES	M	47	M4549	34	INDIVIDUAL	00:50:39	00:50:23
280	400	RAFAEL SANTOS	M	49	M4549	35	CCDT METRO LX	00:50:40	00:50:19
281	769	DANIEL E G REIS	M	31	M0034	64	OS CONTA KILOMETROS	00:50:42	00:50:19
282	224	NUNO M OLIVEIRA	M	44	M4044	53	LUSO-ATLÂNTICA-CORRETOR DE SEGUROS SA	00:50:43	00:50:39
283	403	JOÃO C BARBOSA	M	55	M5559	17	CCDT METRO LX	00:50:46	00:50:25
284	52	PAULO FOLGADO	M	48	M4549	36	A NATUREZA ENSINA	00:50:47	00:50:41
285	791	HUGO M F HENRIQUES	M	39	M3539	59	INDIVIDUAL	00:50:49	00:50:22
286	868	CACAU MEDEIROS	F	48	F4599	7	INDIVIDUAL	00:50:50	00:50:30
287	437	GUILHERME BARON	M	39	M3539	60	INDIVIDUAL	00:50:50	00:50:18
288	183	BRUNO MARQUES	M	32	M0034	65	INDIVIDUAL	00:50:52	00:50:04
289	449	PAULO N C CAMPOS	M	46	M4549	37	PERNAS DE GAFANHOTO	00:50:54	00:50:34
290	690	CARLOS GONÇALVES	M	43	M4044	54	RUN4CHILDREN	00:50:56	00:50:24
291	117	9 HENRIQUE CHAPARRO	M	33	M0034	66	INDIVIDUAL	00:50:59	00:50:56
292	240	MARIO J R LUCIO	M	52	M5054	21	INDIVIDUAL	00:51:04	00:50:26
293	534	JOSÉ MARTINS	M	57	M5559	18	INDIVIDUAL	00:51:06	00:50:49
294	689	NELSON JANUÁRIO	M	33	M0034	67	INDIVIDUAL	00:51:11	00:50:40
295	839	ADÉRITO CARRELHAS	M	62	M6099	7	INDIVIDUAL	00:51:11	00:51:09
296	643	NUNO CHARRUA	M	39	M3539	61	INDIVIDUAL	00:51:14	00:50:58
297	496	MIKAEL SARAIVA	M	28	M0034	68	HEPAFILTRA	00:51:16	00:50:46
298	505	FERNANDO R P HOMEM	M	45	M4549	38	INDIVIDUAL	00:51:19	00:51:11
299	786	SHAHIN A MAMADEUSSENE	M	32	M0034	69	BENFICA EM FORMA	00:51:22	00:50:36
300	368	MARIA LEMOS	F	50	F4599	8	INDIVIDUAL	00:51:23	00:51:13
301	898	TIAGO D F GOMES	M	34	M0034	70	INDIVIDUAL	00:51:25	00:51:25
302	186	SÉRGIO VIEIRA	M	35	M3539	62	INDIVIDUAL	00:51:25	00:50:45
303	184	LUÍS RALHA	M	35	M3539	63	INDIVIDUAL	00:51:27	00:50:40
304	809	LUÍS MOURA	M	40	M4044	55	INDIVIDUAL	00:51:29	00:51:29
305	516	RICARDO VIEGAS	M	39	M3539	64	INDIVIDUAL	00:51:29	00:51:26
306	358	MIGUEL PEREIRA	M	41	M4044	56	IMASAMS	00:51:30	00:51:23
307	360	JOSÉ ADRIÃO	M	44	M4044	57	IMASAMS	00:51:30	00:51:24
308	336	CARLOS SILVA	M	41	M4044	58	INDIVIDUAL	00:51:31	00:51:31

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão		Equipa	Tempo	Chip
309	735	BÁRBARA M O CRUZ	F	25	F0034	13	INDIVIDUAL	00:51:33	00:51:18
310	728	RICARDO MONIZ	M	44	M4044	59	ETNAGA	00:51:34	00:50:42
311	683	RUI BRÁS	M	32	M0034	71	INDIVIDUAL	00:51:36	00:51:15
312	645	RITA A AFONSO	F	30	F0034	14	CORRER LISBOA	00:51:36	00:51:31
313	641	RICARDO J D CLARO	M	36	M3539	65	INDIVIDUAL	00:51:39	00:51:04
314	193	PAULO J DOMINGUES	M	43	M4044	60	INDIVIDUAL	00:51:41	00:51:18
315	840	NUNO PEREIRA	M	40	M4044	61	INDIVIDUAL	00:51:41	00:51:01
316	335	LURDES GONÇALVES	F	48	F4599	9	INDIVIDUAL	00:51:43	00:51:36
317	508	CLAUDIO PEREIRA	M	37	M3539	66	SEM PRESSA	00:51:47	00:50:56
318	753	SÉRGIO L F E GONÇALVES	M	38	M3539	67	OS QUEBRA-MILHAS	00:51:49	00:51:06
319	209	RICARDO LOPES	M	37	M3539	68	INDIVIDUAL	00:51:56	00:51:46
320	117	1 LÚCIO PINA	M	27	M0034	72	INDIVIDUAL	00:51:59	00:51:59
321	782	PEDRO JOGO	M	24	M0034	73	INDIVIDUAL	00:52:02	00:51:54
322	115	2 JORDI JACOBS	M	38	M3539	69	INDIVIDUAL	00:52:02	00:51:35
323	117	5 JOÃO GOMES	M	25	M0034	74	INDIVIDUAL	00:52:05	00:51:56
324	738	CARLOS NEVES	M	63	M6099	8	AD REAL ACADEMIA	00:52:07	00:52:07
325	244	LUIS ROMANEIRO	M	56	M5559	19	CORRIDAS E COMIDAS	00:52:08	00:51:37
326	746	JOÃO ROSÁRIO	M	42	M4044	62	INDIVIDUAL	00:52:10	00:51:36
327	787	FABIANO FERREIRA	M	36	M3539	70	BENFICA EM FORMA	00:52:10	00:51:24
328	101	SUSANA SANTOS	F	41	F3544	13	PREMIUM RUNNERS	00:52:14	00:52:03
329	781	JOAQUIM PALMA	M	62	M6099	9	INDIVIDUAL	00:52:19	00:51:52
330	450	VITOR M S M INÁCIO	M	49	M4549	39	INDIVIDUAL	00:52:20	00:52:11
331	86	JOSE SERAFIM	M	60	M6099	10	INDIVIDUAL	00:52:24	00:52:07
332	131	ANTÓNIO FONSECA	M	47	M4549	40	INDIVIDUAL	00:52:24	00:52:07
333	464	CONCEIÇÃO VARELA	F	41	F3544	14	CORRER QUELUZ	00:52:24	00:52:05
334	118	5 MANUEL SEMEDO	M	57	M5559	20	INDIVIDUAL	00:52:24	00:52:10
335	454	NUNO M F MARIZ	M	43	M4044	63	FÓNIX TEAM	00:52:32	00:52:08
336	308	IRINEU D CORREA JR	M	49	M4549	41	INDIVIDUAL	00:52:37	00:51:53
337	666	ANTÓNIO CAPELA	M	53	M5054	22	INDIVIDUAL	00:52:44	00:52:44
338	70	JOÃO R S C PAIVA	M	52	M5054	23	INDIVIDUAL	00:52:45	00:52:18
339	195	PAULO CABAÇO	M	49	M4549	42	INDIVIDUAL	00:52:53	00:52:00
340	919	ALMEIRINDO SILVA	M	57	M5559	21	ADC CATUJAL	00:52:57	00:52:45
341	731	CARLOS M R SILVA	M	59	M5559	22	INDIVIDUAL	00:52:58	00:52:53
342	304	JOSÉ SANTOS	M	55	M5559	23	INDIVIDUAL	00:52:59	00:52:07
343	320	PEDRO PEIXOTO	M	45	M4549	43	REFEREES MARGEM SUL	00:53:00	00:52:52
344	321	RICARDO BRITO	M	36	M3539	71	REFEREES MARGEM SUL	00:53:00	00:52:53
345	847	CARLOS A S PEREIRA	M	33	M0034	75	INDIVIDUAL	00:53:04	00:53:04
346	678	CARLOS MALHA	M	40	M4044	64	INDIVIDUAL	00:53:06	00:52:46
347	309	DIOGO SOUSA	F	31	F0034	15	STERIRUNNERS	00:53:07	00:52:20
348	487	PAULO PEREIRA	M	40	M4044	65	INDIVIDUAL	00:53:11	00:52:38
349	425	MARIO RAMAO	M	43	M4044	66	C MILLENNIUM BCP	00:53:11	00:53:11
350	171	ELISABETE FERNANDES	F	35	F3544	15	INDIVIDUAL	00:53:14	00:52:35
351	836	DAISE R P CARPES	F	34	F0034	16	INDIVIDUAL	00:53:15	00:52:33
352	172	JOSÉ P SILVA	M	27	M0034	76	INDIVIDUAL	00:53:16	00:52:37



Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
353	834	MIGUEL GAMA	M	48	M4549 44	INDIVIDUAL	00:53:19	00:52:59
354	687	MIGUEL A M SILVA	M	48	M4549 45	INDIVIDUAL	00:53:20	00:52:48
355	85	JOSÉ BARREIRA	M	53	M5054 24	FUNBUS - BARREIRO	00:53:20	00:52:43
356	128	MOISÉS GARCIA	M	36	M3539 72	INDIVIDUAL	00:53:21	00:53:02
357	758	ÁLVARO GOMES	M	43	M4044 67	INDIVIDUAL	00:53:22	00:53:12
358	210	NUNO SILVA	M	39	M3539 73	URBAN TRAIL SAMORA CORREIA	00:53:31	00:52:23
359	84	NUNO CARVALHO	M	43	M4044 68	FUNBUS - BARREIRO	00:53:34	00:52:58
360	442	GONÇALO PEDRO	M	36	M3539 74	AM 18 DE MAIO	00:53:37	00:53:06
361	869	JOSÉ MADUREIRA	M	27	M0034 77	OS ZECAS	00:53:41	00:53:27
362	752	LUIS DOMINGUES	M	35	M3539 75	INDIVIDUAL	00:53:43	00:53:04
363	374	JOSÉ EUGÉNIO	M	55	M5559 24	INDIVIDUAL	00:53:44	00:53:05
364	269	PATRICIA M FERREIRA	F	28	F0034 17	CORRER LISBOA	00:53:46	00:53:46
365	268	DANIEL TAVARES	M	37	M3539 76	PUKASATTACK	00:53:46	00:52:50
366	322	PEDRO TOMÉ	M	45	M4549 46	REFEREES MARGEM SUL	00:53:47	00:53:07
367	873	NELSON L V SEMEDO	M	41	M4044 69	INDIVIDUAL	00:53:53	00:52:59
368	562	PAULO NUNES	M	41	M4044 70	INDIVIDUAL	00:53:55	00:53:15
369	729	PEDRO BICO	M	44	M4044 71	ETNAGA	00:53:56	00:53:04
370	431	JOEL ESTEVES	M	36	M3539 77	C MILLENNIUM BCP	00:54:02	00:53:54
371	861	LUÍS TRINDADE	M	31	M0034 78	INDIVIDUAL	00:54:05	00:53:09
372	504	MARIO LINO	M	53	M5054 25	INDIVIDUAL	00:54:08	00:53:51
373	894	JOÃO FIGUEIREDO	M	35	M3539 78	INDIVIDUAL	00:54:11	00:54:11
374	906	JOSE VALENTE	M	30	M0034 79	INDIVIDUAL	00:54:13	00:53:32
375	795	FREDERICO M S M RAPOSO	M	30	M0034 80	INDIVIDUAL	00:54:13	00:53:32
376	718	PEDRO G REIS	M	28	M0034 81	JAMESON TEAM	00:54:14	00:54:14
377	112	RICARDO MOREIRA	M	43	M4044 72	PREMIUM RUNNERS	00:54:15	00:54:03
378	870	JORGE E MIMOSO	M	26	M0034 82	OS ZECAS	00:54:16	00:54:02
379	539	LUCIANO C H MARQUES	M	57	M5559 25	INDIVIDUAL	00:54:16	00:54:07
380	451	PAULO J F MARIZ	M	48	M4549 47	FÓNIX TEAM	00:54:17	00:53:54
381	67	SÉRGIO SORRELUZ	M	37	M3539 79	TOKANDAR	00:54:18	00:53:22
382	754	MIGUEL A A SANTOS	M	33	M0034 83	OS QUEBRA-MILHAS	00:54:19	00:53:36
383	601	JOÃO F DUARTE	M	63	M6099 11	INDIVIDUAL	00:54:21	00:54:09
384	338	JOSE V RODRIGUES	M	50	M5054 26	INDIVIDUAL	00:54:24	00:53:49
385	119	5 JOSÉ RIBEIRO	M	50	M5054 27	INDIVIDUAL	00:54:25	00:54:09
386	638	MARTINHO DIAS	M	40	M4044 73	INDIVIDUAL	00:54:25	00:53:33
387	139	ANTONIO LIMA	M	53	M5054 28	AB CAMPOLIDE	00:54:38	00:54:23
388	578	BRUNO COITO	M	37	M3539 80	INDIVIDUAL	00:54:40	00:53:46
389	236	MANUEL SOBRAL	M	71	M6099 12	CAAPARQUE DA PAZ	00:54:40	00:54:14
390	175	RICARDO A P OLIVEIRA	M	38	M3539 81	INDIVIDUAL	00:54:41	00:54:11
391	456	RUI F D RODRIGUES	M	34	M0034 84	FÓNIX TEAM	00:54:44	00:54:18
392	168	PAULA C SILVA	F	51	F4599 10	INDIVIDUAL	00:54:45	00:54:32
393	749	HUGO CAVACAS	M	37	M3539 82	INDIVIDUAL	00:54:45	00:54:36
394	899	CRISTINA M T FIGUEIRA	F	40	F3544 16	INDIVIDUAL	00:54:47	00:54:24
395	698	NUNO FARINHO	M	39	M3539 83	EQUIPA DOS LENTOS	00:54:47	00:54:21
396	897	JOÃO ALBERTO	M	49	M4549 48	JOBRINDE - MONTES SALOIOS	00:54:47	00:54:24

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
397	109	PEDRO PRATA	M	20	M0034 85	PREMIUM RUNNERS	00:54:49	00:54:37
398	124	AGOSTINHO FARINHA	M	44	M4044 74	AS LEBRES DA RINCHOA	00:54:52	00:54:38
399	597	JOANA DOMINGUES	F	40	F3544 17	LA FAMILIA	00:54:53	00:54:09
400	598	NUNO ALMEIDA	M	38	M3539 84	LA FAMILIA	00:54:53	00:54:09
401	890	JOSÉ SILVA	M	31	M0034 86	INDIVIDUAL	00:54:54	00:54:10
402	903	LUIS DAVID	M	29	M0034 87	INDIVIDUAL	00:54:55	00:54:14
403	709	LUIS SOUSA	M	45	M4549 49	INDIVIDUAL	00:54:55	00:54:42
404	146	FÁBIO CARVALHO	M	27	M0034 88	INDIVIDUAL	00:55:00	00:53:39
405	145	VANESSA REIS	F	25	F0034 18	INDIVIDUAL	00:55:00	00:53:39
406	665	PAULO J A CAIRES	M	47	M4549 50	INDIVIDUAL	00:55:04	00:54:10
407	581	SÉRGIO A R ANTUNES	M	40	M4044 75	INDIVIDUAL	00:55:04	00:54:47
408	378	HELDER J S ALMEIDA	M	46	M4549 51	INDIVIDUAL	00:55:05	00:54:46
409	313	SONIA PEREIRA	F	41	F3544 18	INDIVIDUAL	00:55:13	00:54:26
410	554	NUNO OLIVEIRA	M	38	M3539 85	INDIVIDUAL	00:55:17	00:55:17
411	118	8 JOAQUIM F C PINTO	M	57	M5559 26	INDIVIDUAL	00:55:18	00:54:57
412	806	LILIANA C HENRIQUES	F	29	F0034 19	CORRER CIDADE	00:55:21	00:54:51
413	555	NUNO MACHADO	M	41	M4044 76	INDIVIDUAL	00:55:21	00:54:57
414	768	JOÃO C S MENDES	M	41	M4044 77	OS CONTA KILOMETROS	00:55:22	00:54:53
415	600	LUIS M L VICENTE	M	55	M5559 27	INDIVIDUAL	00:55:22	00:55:11
416	119	0 SÉRGIO RODRIGUES	M	42	M4044 78	INDIVIDUAL	00:55:27	00:55:22
417	159	JORGE NUNES	M	75	M6099 13	INDIVIDUAL	00:55:29	00:54:50
418	190	RUI M F ALDEANO	M	33	M0034 89	INDIVIDUAL	00:55:34	00:55:00
419	116	5 PAULO CARDOSO	M	53	M5054 29	CORRER CIDADE	00:55:34	00:54:43
420	144	PEDRO FIGUEIRA	M	40	M4044 79	INDIVIDUAL	00:55:36	00:54:44
421	663	ANDRE AMARAL	M	18	M0034 90	INDIVIDUAL	00:55:36	00:54:58
422	250	LUIS LANÇA	M	53	M5054 30	INDIVIDUAL	00:55:37	00:55:04
423	81	FRANCISCO PIRES	M	42	M4044 80	FUNBUS - BARREIRO	00:55:38	00:55:02
424	83	FRANCISCO ZORRO	M	40	M4044 81	FUNBUS - BARREIRO	00:55:40	00:55:04
425	561	ELISABETE S G VINAGRE	F	31	F0034 20	INDIVIDUAL	00:55:47	00:55:31
426	461	PAULO FRANCO	M	44	M4044 82	INDIVIDUAL	00:55:47	00:55:26
427	460	RUI SOUSA	M	52	M5054 31	INDIVIDUAL	00:55:47	00:55:26
428	37	HUGO J CARDOSO	M	53	M5054 32	PANRICO	00:55:51	00:55:25
429	507	MARISA LARGUINHO	F	33	F0034 21	PLMJ RUNNERS	00:55:54	00:55:02
430	179	PAULO C SOUSA	M	50	M5054 33	RUN 4 FUN	00:55:58	00:55:16
431	120	0 MÁRIO CARDOSO	M	37	M3539 86	INDIVIDUAL	00:55:59	00:55:53
432	221	SÉRGIO P S RODRIGUES	M	41	M4044 83	INDIVIDUAL	00:56:00	00:55:19
433	306	LUIS MIRANDA	M	36	M3539 87	ACTIVA	00:56:01	00:55:31
434	681	BRUNO SILVA	M	34	M0034 91	INDIVIDUAL	00:56:03	00:55:09
435	680	JORGE M G PIRES	M	61	M6099 14	INDIVIDUAL	00:56:06	00:55:46
436	154	FERNANDO MARTINS	M	50	M5054 34	TRIOODEMIRA	00:56:07	00:55:42
437	475	CONSTANTINO TRINDADE	M	49	M4549 52	BANANA POWER	00:56:08	00:54:27
438	888	ALEXANDRE CARDANA	M	33	M0034 92	INDIVIDUAL	00:56:09	00:55:32
439	853	ELISABETE ASSUNÇÃO	F	45	F4599 11	INDIVIDUAL	00:56:13	00:55:59
440	583	ATLETA NÃO CADASTRADO	M	0	M0034 93		00:56:13	00:55:44

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
441	393	EDUARDO CORREIA	M	43	M4044 84	POWERBOOST CLUB	00:56:13	00:55:28
442	495	DORA S C SIMOES	F	42	F3544 19	INDIVIDUAL	00:56:23	00:55:43
443	895	SERGIO M C RAMALHO	M	35	M3539 88	INDIVIDUAL	00:56:26	00:55:13
444	707	PEDRO FREITAS	M	24	M0034 94	INDIVIDUAL	00:56:29	00:56:21
445	332	ROZIREZ FERREIRA	F	35	F3544 20	USRUN&FUN	00:56:30	00:56:23
446	550	VITOR ESCÁRIA	M	44	M4044 85	ESCARIA&FRIENDS	00:56:30	00:55:47
447	542	HELDER A D RAPOSO	M	48	M4549 53	INDIVIDUAL	00:56:31	00:55:36
448	35	LUIS M LOUREIRO	M	34	M0034 95	PANRICO	00:56:32	00:56:05
449	783	JOÃO C V LÁZARO	M	35	M3539 89	INDIVIDUAL	00:56:32	00:56:06
450	764	ANDRE CARTAXO	M	26	M0034 96	INDIVIDUAL	00:56:32	00:56:32
451	202	DIOGO CABRAL	M	29	M0034 97	IALBAX	00:56:33	00:55:43
452	33	Mª JOAO S PEDRO	F	37	F3544 21	PANRICO	00:56:33	00:56:09
453	117	0 EMANUEL RIBEIRO	M	33	M0034 98	INDIVIDUAL	00:56:34	00:56:01
454	527	RAPHAEL FONSECA	M	42	M4044 86	FUROES	00:56:35	00:55:38
455	497	JOAO VEIGA	M	27	M0034 99	CORRER CIDADE	00:56:35	00:56:11
456	528	PEDRO VILELA	M	37	M3539 90	FUROES	00:56:35	00:55:37
457	401	GUALDINO FREIRE	M	70	M6099 15	CCDT METRO LX	00:56:36	00:56:16
458	499	LUÍSA FERNANDES	F	23	F0034 22	CORRER LISBOA	00:56:37	00:56:13
459	765	PAULO FERREIRA	M	43	M4044 87	INDIVIDUAL	00:56:40	00:56:06
460	113	4 NUNO OLIVEIRA	M	38	M3539 91	CORRER LISBOA	00:56:41	00:56:14
461	106	RUI PEREIRA	M	37	M3539 92	PREMIUM RUNNERS	00:56:41	00:56:32
462	602	NUNO FRAGOSO	M	40	M4044 88	INDIVIDUAL	00:56:43	00:55:52
463	246	PEDRO OLIVEIRA	M	42	M4044 89	INDIVIDUAL	00:56:44	00:56:34
464	422	LUIS GONCALVES	M	39	M3539 93	C MILLENNIUM BCP	00:56:44	00:56:44
465	419	MARLENE OLIVEIRA	F	43	F3544 22	INDIVIDUAL	00:56:50	00:56:39
466	270	TIAGO A FERREIRA	M	29	M0034 100	CORRER LISBOA	00:56:52	00:56:52
467	889	LUIS ROSA	M	58	M5559 28	INDIVIDUAL	00:56:59	00:56:36
468	158	RUI P P SALVADO	M	35	M3539 94	INDIVIDUAL	00:57:05	00:56:30
469	245	CONCEIÇÃO AMORIM	F	48	F4599 12	INDIVIDUAL	00:57:15	00:57:06
470	329	HUGO F R GONÇALVES	M	36	M3539 95	INDIVIDUAL	00:57:17	00:57:01
471	777	PEDRO MARTINS	M	30	M0034 101	INDIVIDUAL	00:57:21	00:57:13
472	802	PAULO MISSAS	M	32	M0034 102	INDIVIDUAL	00:57:21	00:57:15
473	679	PAULINO SILVA	M	36	M3539 96	INDIVIDUAL	00:57:25	00:56:31
474	785	SONIA DANTAS	F	37	F3544 23	INDIVIDUAL	00:57:27	00:57:05
475	130	TOZÉ CORREIA	M	31	M0034 103	INDIVIDUAL	00:57:27	00:57:27
476	755	CLAUDIA PIMENTEL	F	28	F0034 23	INDIVIDUAL	00:57:27	00:56:59
477	314	TÂNIA A A FERREIRA	F	27	F0034 24	STERIRUNNERS	00:57:29	00:56:42
478	465	PAULO A B GORDO	M	49	M4549 54	CORRER QUELUZ	00:57:30	00:57:11
479	113	3 MANUEL GOMES	M	51	M5054 35	CLUBE MARGINAL	00:57:31	00:57:28
480	113	2 FRANCISCO COITO	M	64	M6099 16	CLUBE MARGINAL	00:57:31	00:57:28
481	301	JOAO FONTES	M	38	M3539 97	BIMBO	00:57:33	00:56:57
482	650	PAULO COSTA	M	33	M0034 104	INDIVIDUAL	00:57:33	00:56:40
483	767	SANDRA MARQUES	F	33	F0034 25	OS CONTA KILOMETROS	00:57:35	00:57:07
484	909	JOAO PINHO	M	33	M0034 105	PINHO	00:57:36	00:56:42

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
485	311	DINO SOARES	M	36	M3539 98	STERIRUNNERS	00:57:38	00:56:51
486	161	CARLOS RENTE	M	42	M4044 90	INDIVIDUAL	00:57:40	00:57:15
487	247	SANDRA CRUZ	F	41	F3544 24	AS ZEBRAS	00:57:44	00:57:28
488	784	JOAO MARQUES	M	39	M3539 99	INDIVIDUAL	00:57:44	00:57:22
489	82	JOÃO NIZA	M	48	M4549 55	FUNBUS - BARREIRO	00:57:45	00:57:09
490	127	JORGE A L ZENHA	M	52	M5054 36	INDIVIDUAL	00:58:00	00:57:50
491	851	GABRIEL BUIXO	M	32	M0034 106	BIMBO	00:58:06	00:57:11
492	115	3 PATRICIA C FRIAS	F	26	F0034 26	INDIVIDUAL	00:58:06	00:57:39
493	676	CARLA MORGADO	F	33	F0034 27	INDIVIDUAL	00:58:08	00:57:26
494	675	FRANCISCO LINHOL	M	62	M6099 17	INDIVIDUAL	00:58:08	00:57:26
495	772	SOFIA COSTA	F	36	F3544 25	OS CONTA KILOMETROS	00:58:10	00:57:40
496	114	2 AMÂNDIO BUSCA	M	48	M4549 56	INDIVIDUAL	00:58:15	00:57:37
497	114	1 LUÍS GARÇÃO	M	49	M4549 57	INDIVIDUAL	00:58:15	00:57:36
498	103	KELLEN ABREU	F	39	F3544 26	PREMIUM RUNNERS	00:58:21	00:58:10
499	119	7 JOÃO FERNANDES	M	23	M0034 107	INDIVIDUAL	00:58:24	00:57:28
500	119	6 INÊS BARROSO	F	24	F0034 28	INDIVIDUAL	00:58:26	00:57:39
501	640	LUÍS M B FELIZ	M	37	M3539 100	INDIVIDUAL	00:58:29	00:57:54
502	167	JORGE H PEREIRA	M	52	M5054 37	INDIVIDUAL	00:58:34	00:57:51
503	382	SARA C SILVA	F	38	F3544 27	CORRER LISBOA	00:58:34	00:58:18
504	201	MARGARIDA BAJANCA	F	49	F4599 13	INDIVIDUAL	00:58:37	00:57:49
505	118	EDUARDO SOO	M	29	M0034 108	INDIVIDUAL	00:58:41	00:58:20
506	885	MÓNICA MARTINS	F	33	F0034 29	CARACÓIS TURBINADOS	00:58:43	00:58:21
507	126	LUIS COSTA	M	40	M4044 91	INDIVIDUAL	00:58:44	00:57:50
508	333	MARISA I S RIANÇO	F	36	F3544 28	INDIVIDUAL	00:58:45	00:58:39
509	453	BEATRIZ P MARIZ	F	19	F0034 30	FÓNIX TEAM	00:58:50	00:58:26
510	671	RUTE LORETI	F	48	F4599 14	INDIVIDUAL	00:58:57	00:58:42
511	526	NELSON RUIVO	M	49	M4549 58	FUROES	00:58:57	00:58:00
512	918	ALFREDO PINHAL	M	64	M6099 18		00:59:02	00:58:29
513	655	RICARDO RODRIGUES	M	36	M3539 101	INDIVIDUAL	00:59:02	00:58:13
514	96	ISABEL SANTOS	F	49	F4599 15	LOURDETE PERFUMARIAS	00:59:02	00:59:00
515	722	NUNO A P FERREIRA	M	34	M0034 109	INDIVIDUAL	00:59:03	00:58:44
516	723	PAULO J E GONÇALVES	M	50	M5054 38	INDIVIDUAL	00:59:04	00:58:44
517	773	NUNO CORTÊS	M	39	M3539 102	INDIVIDUAL	00:59:10	00:58:40
518	745	RUI COSTA	M	41	M4044 92	INDIVIDUAL	00:59:20	00:58:39
519	187	RENATO ALVES	M	36	M3539 103	INDIVIDUAL	00:59:22	00:59:05
520	397	JOÃO GONÇALVES	M	47	M4549 59	POWERBOOST CLUB	00:59:28	00:58:41
521	380	ANTONIO RAIMUNDO	M	50	M5054 39	INDIVIDUAL	00:59:32	00:59:15
522	843	VASCO PERES	M	38	M3539 104	INDIVIDUAL	00:59:35	00:59:21
523	93	ARMINDO LOUREIRO	M	67	M6099 19	INDIVIDUAL	00:59:36	00:58:34
524	421	MIGUEL VELEZ	M	53	M5054 40	CM LISBOA	00:59:38	00:59:00
525	863	ACÁCIO MENDES	M	66	M6099 20	TARTARUGAS SOLIDÁRIAS	00:59:38	00:59:31
526	79	GISELA CARVALHO	F	31	F0034 31	ESTRELAS LISBOA	00:59:39	00:59:19
527	412	MEAGAN CARTY	F	40	F3544 29	INDIVIDUAL	00:59:40	00:59:00
528	529	RUBEN SANTOS	M	34	M0034 110	INDIVIDUAL	00:59:44	00:58:46

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
529	530	IRINA BARROS	F	33	F0034 32	INDIVIDUAL	00:59:44	00:58:46
530	118	3 ANTÓNIO M S O VINAGRE	M	68	M6099 21	INDIVIDUAL	00:59:53	00:59:10
531	803	MIGUEL VENTURA	M	36	M3539 105	INDIVIDUAL	00:59:54	00:59:48
532	170	DANIEL FERNANDES	M	35	M3539 106	INDIVIDUAL	00:59:55	00:59:15
533	134	CELINA JORGE	F	34	F0034 33	INDIVIDUAL	00:59:57	00:59:37
534	119	ANTONIO BOTELHO	M	30	M0034 111	INDIVIDUAL	00:59:59	00:59:37
535	102	JOAO BENTO	M	18	M0034 112	PREMIUM RUNNERS	00:59:59	00:59:50
536	116	4 MIGUEL LOURENÇO	M	28	M0034 113	CORRER CIDADE	01:00:00	00:59:09
537	582	LUIS ROCHA	M	43	M4044 93	INDIVIDUAL	01:00:00	00:59:41
538	116	7 FATIMA CARDOSO	F	57	F4599 16	CORRER CIDADE	01:00:00	00:59:09
539	156	NUNO SERRANO	M	35	M3539 107	INDIVIDUAL	01:00:01	00:59:42
540	572	JOEL MÓSCA	M	48	M4549 60	INDIVIDUAL	01:00:02	00:59:44
541	907	SERGIO RIBEIRO	M	31	M0034 114	INDIVIDUAL	01:00:03	00:59:21
542	169	MARCO P G MENDES	M	42	M4044 94	INDIVIDUAL	01:00:12	00:59:59
543	467	DIAMANTINO SERRANO	M	41	M4044 95	CORRER QUELUZ	01:00:15	00:59:55
544	466	CARLA SERRANO	F	39	F3544 30	CORRER QUELUZ	01:00:16	00:59:58
545	386	ANTONIO M HENRIQUES	M	58	M5559 29	INDIVIDUAL	01:00:18	00:59:37
546	852	ÓSCAR ASSUNÇÃO	M	47	M4549 61	INDIVIDUAL	01:00:20	01:00:05
547	230	RICARDO DOURADO	M	41	M4044 96	INDIVIDUAL	01:00:22	01:00:12
548	835	CARLOS CASINHAS	M	32	M0034 115	INDIVIDUAL	01:00:23	01:00:01
549	111	SONIA JACINTO	F	40	F3544 31	PREMIUM RUNNERS	01:00:33	01:00:11
550	612	RICARDO CALDEIRA	M	40	M4044 97	CP IVA	01:00:34	01:00:07
551	669	PATRICIA GIRAO	F	43	F3544 32	INDIVIDUAL	01:00:34	01:00:00
552	483	SEZINANDA GUERREIRO	F	35	F3544 33	INDIVIDUAL	01:00:47	01:00:47
553	211	VERA VALÉRIO	F	42	F3544 34	URBAN TRAIL SAMORA CORREIA	01:00:49	01:00:38
554	347	INÊS MARTINS	F	32	F0034 34	NAV RUNNERS	01:01:07	01:00:34
555	937	ADELAIDE MANHICA	F	58	F4599 17	GRCD LEIÃO	01:01:11	01:00:49
556	626	JOAO MARTINS	M	48	M4549 62	BELÉM RUNNERS	01:01:26	01:01:02
557	38	ELOI CAMPS	M	24	M0034 116	PANRICO	01:01:27	01:01:01
558	346	LUIS MARTINS	M	60	M6099 22	NAV RUNNERS	01:01:36	01:01:03
559	486	PEDRO LOPES	M	41	M4044 98	INDIVIDUAL	01:01:37	01:01:37
560	771	LUÍS COSTA	M	31	M0034 117	OS CONTA KILOMETROS	01:01:48	01:01:18
561	113	6 RICARDO VERISSIMO	M	33	M0034 118	INDIVIDUAL	01:01:49	01:01:10
562	115	7 ARMANDO VALENTE	M	46	M4549 63	INDIVIDUAL	01:01:51	01:00:56
563	115	6 CARLA CARDOSO	F	42	F3544 35	INDIVIDUAL	01:01:51	01:00:56
564	395	SÓNIA SOARES	F	36	F3544 36	POWERBOOST CLUB	01:01:55	01:01:08
565	720	ANABELA PACHECO	F	45	F4599 18	INDIVIDUAL	01:02:06	01:01:20
566	721	ANDRÉ MATOS	M	38	M3539 108	O MUNDO DA CORRIDA	01:02:06	01:01:20
567	589	PAULO J FERNANDES	M	46	M4549 64	INDIVIDUAL	01:02:07	01:01:28
568	114	6 PAULO ALVES	M	58	M5559 30	INDIVIDUAL	01:02:08	01:01:23
569	114	3 LUIS LAGARTO	M	55	M5559 31	INDIVIDUAL	01:02:09	01:01:24
570	930	MONICA QUARTENTA	F	43	F3544 37	40IPAINHA	01:02:11	01:01:55
571	931	ANTÓNIO PAINHA	M	49	M4549 65	40IPAINHA	01:02:11	01:01:56
572	929	JORGE A QUARTENTA	M	45	M4549 66	40IPAINHA	01:02:12	01:01:57

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
573	533	MANUEL L BARBOSA	M	61	M6099 23	INDIVIDUAL	01:02:23	01:02:05
574	68	MARÍLIA RIBEIRO	F	32	F0034 35	TOKANDAR	01:02:39	01:01:44
575	69	DAVID BARBOTIN	M	31	M0034 119	TOKANDAR	01:02:40	01:01:45
576	113	7 TIAGO CORREIA	M	37	M3539 109	INDIVIDUAL	01:02:40	01:02:00
577	248	ISABEL RIBEIRO	F	33	F0034 36	INDIVIDUAL	01:02:41	01:02:07
578	119	9 MIGUEL GOMES	M	48	M4549 67	INDIVIDUAL	01:02:41	01:02:19
579	677	SUZANA MALHA	F	45	F4599 19	INDIVIDUAL	01:02:42	01:02:22
580	196	NUNO VAZ	M	44	M4044 99	INDIVIDUAL	01:02:42	01:02:26
581	792	JOÃO P S PEREIRA	M	55	M5559 32	INDIVIDUAL	01:02:45	01:02:17
582	310	RUI BASTOS	M	44	M4044 100	STERIRUNNERS	01:02:49	01:02:01
583	549	SOFIA ESCÁRIA	F	19	F0034 37	ESCARIA&FRIENDS	01:02:49	01:02:05
584	162	JORGE E P FERNANDES	M	31	M0034 120	INDIVIDUAL	01:02:56	01:02:18
585	160	TIAGO A M FERNANDES	M	31	M0034 121	INDIVIDUAL	01:02:56	01:02:18
586	892	NUNO MOLERO	M	33	M0034 122	INDIVIDUAL	01:02:56	01:02:11
587	117	7 ANTONIO GABRIEL	M	71	M6099 24	INDIVIDUAL	01:03:01	01:02:56
588	514	ISABEL CARVALHO	F	36	F3544 38	INDIVIDUAL	01:03:03	01:02:06
589	684	ALBERTO LIXA	M	54	M5054 41	INDIVIDUAL	01:03:12	01:03:12
590	926	HUGO ROSA	M	44	M4044 101		01:03:13	01:02:22
591	927	RUI RAPOSO	M	54	M5054 42		01:03:13	01:02:22
592	330	DANIELA BRÁS	F	21	F0034 38	BRÁS	01:03:13	01:02:31
593	811	JOANA CORREIA	F	32	F0034 39	INDIVIDUAL	01:03:15	01:02:43
594	34	LUIS M V PALMA	M	43	M4044 102	PANRICO	01:03:16	01:02:49
595	249	SARA LANÇA	F	21	F0034 40	INDIVIDUAL	01:03:20	01:02:46
596	900	HENRIQUE SIMAO	M	49	M4549 68	JOBRINDE - MONTES SALOIOS	01:03:23	01:02:59
597	163	HUGO DIOGO	M	31	M0034 123	INDIVIDUAL	01:03:25	01:02:46
598	714	FILIPA P P PAULA	F	20	F0034 41	INDIVIDUAL	01:03:27	01:03:19
599	31	RICARDO RAMOS	M	32	M0034 124	PANRICO	01:03:40	01:03:14
600	331	ANTÓNIO BRÁS	M	45	M4549 69	BRÁS	01:03:43	01:03:43
601	484	JORGE PINTO	M	39	M3539 110	INDIVIDUAL	01:03:47	01:03:15
602	379	Mª FÁTIMA B P ALMEIDA	F	43	F3544 39	INDIVIDUAL	01:03:50	01:03:31
603	99	ANTONIO FERNANDES	M	53	M5054 43	PREMIUM RUNNERS	01:03:52	01:03:40
604	174	INES I B C ALEIXO	F	38	F3544 40	INDIVIDUAL	01:04:01	01:03:30
605	155	ANA MARTINS	F	45	F4599 20	TRIOODEMIRA	01:04:08	01:03:43
606	575	LUCILIA CASANOVA	F	61	F4599 21	INDIVIDUAL	01:04:09	01:03:51
607	300	RICARDO CORREIA	M	38	M3539 111	BIMBO	01:04:13	01:03:37
608	703	ANDRÉ ALVES	M	26	M0034 125	INDIVIDUAL	01:04:13	01:03:58
609	750	LUIS REVEZ	M	50	M5054 44	INDIVIDUAL	01:04:15	01:03:44
610	751	ELIZABETH REVEZ	F	49	F4599 22	INDIVIDUAL	01:04:16	01:03:45
611	100	PATRICIA PAULO	F	41	F3544 41	PREMIUM RUNNERS	01:04:17	01:04:07
612	199	JOSÉ LAVADO	M	56	M5559 33	INDIVIDUAL	01:04:25	01:03:37
613	200	ANA LAVADO	F	52	F4599 23	INDIVIDUAL	01:04:25	01:03:38
614	860	JOÃO REIS	M	32	M0034 126	INDIVIDUAL	01:04:30	01:03:33
615	433	RITA NORITAKE	F	18	F0034 42	C MILLENNIUM BCP	01:04:35	01:03:39
616	646	JOSE NUNES	M	43	M4044 103	INDIVIDUAL	01:04:38	01:04:08

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
617	910	MARIO PINHO	M	33	M0034 127	PINHO	01:04:42	01:03:48
618	506	CÁTI LOPES	F	43	F3544 42	PLMJ RUNNERS	01:04:44	01:04:20
619	359	MARGARIDA CARDOSO	F	43	F3544 43	IMASAMS	01:05:08	01:05:02
620	609	SUSANA PALMA	F	40	F3544 44	CP IVA	01:05:12	01:04:43
621	614	ALTINO SILVA	M	71	M6099 25	CP IVA	01:05:12	01:04:43
622	194	PAULA SERRA	F	47	F4599 24	INDIVIDUAL	01:05:15	01:04:21
623	816	PAULO SOUTO	M	51	M5054 45	INDIVIDUAL	01:05:20	01:04:23
624	815	GONÇALO DUARTE	M	40	M4044 104	INDIVIDUAL	01:05:20	01:04:22
625	522	RUI MELÃO	M	52	M5054 46	INDIVIDUAL	01:05:41	01:04:58
626	510	NUNO ABRANTES	M	35	M3539 112	INDIVIDUAL	01:05:52	01:05:18
627	616	RAQUEL CARDOSO	F	25	F0034 43	INDIVIDUAL	01:05:56	01:05:56
628	429	LUIS V ESTEVES	M	57	M5559 34	C MILLENNIUM BCP	01:05:57	01:05:50
629	426	JOAO CUNHA	M	59	M5559 35	C MILLENNIUM BCP	01:06:02	01:05:19
630	32	NUNO M F LAGOA	M	41	M4044 105	PANRICO	01:06:06	01:05:43
631	41	BRUNO MENDES	M	38	M3539 113	PANRICO	01:06:06	01:05:40
632	776	PAULA B OLIVEIRA	F	37	F3544 45	RENTALO	01:06:07	01:05:43
633	775	JUAN C F FABIAN	M	40	M4044 106	RENTALO	01:06:08	01:05:43
634	668	PEDRO XAVIER	M	41	M4044 107	INDIVIDUAL	01:06:12	01:06:04
635	123	ANDRE BARROS	M	24	M0034 128	AS LEBRES DA RINCHOA	01:06:16	01:06:03
636	125	CARLOS F A CORREIA	M	39	M3539 114	AS LEBRES DA RINCHOA	01:06:16	01:06:03
637	404	FERNANDO C FERNANDES	M	64	M6099 26	CCDT METRO LX	01:06:16	01:05:55
638	231	JOHNNY THOMASSEN	M	56	M5559 36	INDIVIDUAL	01:06:18	01:05:24
639	660	JOANA MAYA	F	38	F3544 46	INDIVIDUAL	01:06:25	01:05:49
640	407	MANUEL SALEMA	M	47	M4549 70	SUSHICAFE	01:06:30	01:05:44
641	411	BRUNO GONZALEZ	M	35	M3539 115	SUSHICAFE	01:06:30	01:05:43
642	512	NUNO MARQUES	M	46	M4549 71	PALMA	01:06:36	01:05:54
643	592	VASCO SILVA	M	25	M0034 129	INDIVIDUAL	01:06:38	01:05:41
644	288	FERNANDO ANDRADE	M	53	M5054 47	BIMBO	01:06:49	01:06:27
645	287	Mª LURDES ANDRADE	F	53	F4599 25	BIMBO	01:06:49	01:06:28
646	295	RICARDO M R SILVA	M	40	M4044 108	BIMBO	01:06:50	01:06:28
647	606	CARLOS M O SILVA	M	51	M5054 48	INDIVIDUAL	01:06:50	01:05:51
648	593	TERESA INIGUEZ	F	29	F0034 44	BIMBO	01:06:53	01:06:53
649	615	ELINA MATONSE	F	33	F0034 45	AMINHACORRIDA/ MYPROTEIN	01:07:02	01:06:49
650	138	ISILDA BARRADAS	F	66	F4599 26	AB CAMPOLIDE	01:07:07	01:06:35
651	799	CARLOS CASAL	M	41	M4044 109	BLOG SALTOS CRISTAL	01:07:07	01:06:15
652	812	PEDRO FANICO	M	33	M0034 130	INDIVIDUAL	01:07:10	01:06:37
653	107	LEONEL LIMA	M	19	M0034 131	PREMIUM RUNNERS	01:07:12	01:07:01
654	108	BARBARA CHOON	F	19	F0034 46	PREMIUM RUNNERS	01:07:12	01:07:01
655	114	4 CRISTINA SOUSA	F	52	F4599 27	INDIVIDUAL	01:07:20	01:06:28
656	477	JOÃO GUERREIRO	M	23	M0034 132	BANANA POWER	01:07:35	01:05:45
657	474	CATARINA REBELO	F	36	F3544 47	BANANA POWER	01:07:37	01:05:46
658	472	CARLA TRINDADE	F	37	F3544 48	BANANA POWER	01:07:37	01:05:47
659	476	SARA CUNHA	F	21	F0034 47	BANANA POWER	01:07:38	01:05:48
660	222	FRANCISCO J S FERRO	M	45	M4549 72	INDIVIDUAL	01:07:40	01:07:13

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
661	478	TIAGO ROSADO	M	34	M0034 133	BANANA POWER	01:07:42	01:05:55
662	637	INÊS BARRADAS	F	36	F3544 49	INDIVIDUAL	01:07:50	01:07:15
663	113	8 RICARDO LOPES	M	34	M0034 134	INDIVIDUAL	01:07:50	01:07:08
664	719	SANDRA MOREIRA	F	33	F0034 48	JAMESON TEAM	01:07:58	01:07:58
665	659	JOSÉ RIBEIRO	M	37	M3539 116	INDIVIDUAL	01:08:34	01:07:58
666	876	CARLOS MARUTA	M	38	M3539 117	INDIVIDUAL	01:08:34	01:08:09
667	153	PAULA L S CAFÉ	F	42	F3544 50	INDIVIDUAL	01:08:42	01:08:02
668	501	ALEXANDRE SOARES	M	42	M4044 110	INDIVIDUAL	01:08:43	01:08:23
669	177	LUIS PEREIRA	M	44	M4044 111	INDIVIDUAL	01:08:51	01:08:20
670	733	NATASHA RODRIGUES	F	42	F3544 51	INDIVIDUAL	01:08:54	01:08:44
671	518	SANDRA CHARNECA	F	49	F4599 28	INDIVIDUAL	01:09:05	01:09:05
672	651	RICARDO OLIVEIRA	M	33	M0034 135	INDIVIDUAL	01:09:16	01:08:23
673	78	SANDRA LOURENÇO	F	39	F3544 52	ESTRELAS LISBOA	01:09:19	01:08:59
674	492	JOÃO NOGUEIRA	M	52	M5054 49	INDIVIDUAL	01:09:39	01:09:07
675	493	MARTA TEIXEIRA	F	41	F3544 53	INDIVIDUAL	01:09:40	01:09:09
676	116	2 FÁBIO CARDOSO	M	19	M0034 136	INDIVIDUAL	01:09:50	01:09:17
677	410	CATARINA NUNES	F	35	F3544 54	SUSHICAFE	01:09:57	01:09:11
678	866	ANDREIA A CLEMENTE	F	33	F0034 49	INDIVIDUAL	01:10:02	01:09:56
679	137	MARIA AGUIAR	F	45	F4599 29	AB CAMPOLIDE	01:10:10	01:09:50
680	887	EVA NAVARRETE	F	36	F3544 55	INDIVIDUAL	01:10:26	01:09:30
681	855	HELIO SOUSA	M	57	M5559 37	INDIVIDUAL	01:10:46	01:09:55
682	854	JAIME N FERREIRA	M	57	M5559 38	INDIVIDUAL	01:10:46	01:09:55
683	886	TIAGO CATALÃO	M	33	M0034 137	CARACÓIS TURBINADOS	01:10:48	01:10:26
684	36	JOAO MORAO	M	47	M4549 73	PANRICO	01:10:48	01:10:22
685	345	SILVIA MORÃO	F	37	F3544 56	INDIVIDUAL	01:10:48	01:10:23
686	509	VERA BEXIGA	F	36	F3544 57	INDIVIDUAL	01:11:01	01:10:27
687	857	INES LOPES	F	28	F0034 50	BLOG SALTOS CRISTAL	01:11:02	01:10:40
688	858	JOANA C C ALVES	F	28	F0034 51	BLOG SALTOS CRISTAL	01:11:02	01:10:40
689	119	1 DORA R ARENGA	F	43	F3544 58	INDIVIDUAL	01:11:12	01:11:08
690	757	RUI LEANDRO	M	28	M0034 138	INDIVIDUAL	01:11:24	01:10:56
691	151	MARIA GONÇALVES	F	33	F0034 52	INDIVIDUAL	01:11:50	01:11:50
692	203	LOBO DA FONSECA	M	55	M5559 39	INDIVIDUAL	01:11:51	01:11:33
693	706	HELDER VARANDAS	M	69	M6099 27	INDIVIDUAL	01:11:54	01:11:38
694	715	MARIANA P P PAULA	F	21	F0034 53	INDIVIDUAL	01:12:08	01:12:00
695	39	DANIEL L A P GOUVEIA	M	35	M3539 118	PANRICO	01:12:44	01:12:18
696	859	DANIEL ALFAIATE	M	32	M0034 139	INDIVIDUAL	01:12:49	01:11:52
697	75	FOCK YIOT WAN	F	66	F4599 30	C MILLENNIUM BCP	01:13:14	01:12:45
698	778	JOSÉ ALÍPIO	M	59	M5559 40	INDIVIDUAL	01:13:17	01:13:03
699	353	RAQUEL LOPES	F	23	F0034 54	IMASAMS	01:13:45	01:13:37
700	351	PAULO PEDRO	M	55	M5559 41	IMASAMS	01:13:45	01:13:37
701	928	JOSÉ PIRES	M	41	M4044 112		01:13:57	01:13:57
702	605	Mª AMELIA N MARTINS	F	42	F3544 59	INDIVIDUAL	01:13:59	01:13:30
703	911	INÊS GUARDADO	F	38	F3544 60	INDIVIDUAL	01:14:00	01:13:07
704	670	AGAPITO C BELGA	M	65	M6099 28	INDIVIDUAL	01:14:30	01:14:13



Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
705	517	INÁCIO CHARNECA	M	70	M6099 29	INDIVIDUAL	01:14:44	01:14:29
706	540	Mª OLIVIA RUGANI	F	22	F0034 55	INDIVIDUAL	01:15:03	01:14:40
707	302	LUIS MONTEIRO	M	39	M3539 119	BIMBO	01:15:20	01:14:43
708	283	ATLETA NÃO CADASTRADO	M	0	M0034 140		01:15:20	01:14:43
709	457	CAMILA M S ROCHA	F	36	F3544 61	FÓNIX TEAM	01:15:26	01:15:01
710	793	RICARDO CARVALHO	M	36	M3539 120	LISRUNNING	01:15:34	01:14:53
711	794	VANESSA CARVALHO	F	29	F0034 56	LISRUNNING	01:15:34	01:14:53
712	90	ANA P C LEITÃO	F	42	F3544 62	INDIVIDUAL	01:15:36	01:14:55
713	661	CRISTINA CARNEIRO	F	44	F3544 63	INDIVIDUAL	01:15:52	01:15:13
714	652	PEDRO RIBEIRO	M	36	M3539 121	INDIVIDUAL	01:15:52	01:13:07
715	98	ELISABETE DOUTOR	F	39	F3544 64	PREMIUM RUNNERS	01:15:53	01:15:43
716	618	LILIANA RINGLER	F	24	F0034 57	INDIVIDUAL	01:16:28	01:14:48
717	452	ESTRELA M R P MARIZ	F	47	F4599 31	FÓNIX TEAM	01:17:06	01:16:41
718	264	RUI A GOMES	M	44	M4044 113	INDIVIDUAL	01:17:06	01:17:06
719	176	FRANCISCA M DIMAS	F	48	F4599 32	INDIVIDUAL	01:17:29	01:16:58
720	371	LUIS GARCIA	M	50	M5054 50	INDIVIDUAL	01:17:36	01:16:46
721	370	DANIEL GARCIA	M	21	M0034 141	INDIVIDUAL	01:17:36	01:16:46
722	372	FERNANDO J L MARQUES	M	51	M5054 51	INDIVIDUAL	01:17:37	01:16:48
723	901	LEANDRO ESCUDEIRO	M	40	M4044 114	INDIVIDUAL	01:17:37	01:16:47
724	902	TALITA ESCUDEIRO	F	33	F0034 58	INDIVIDUAL	01:17:38	01:16:49
725	704	ANA P CAGICA	F	46	F4599 33	CULTURA BORLA	01:17:46	01:17:34
726	705	CRISTINA MOURA	F	43	F3544 65	CULTURA BORLA	01:17:46	01:17:34
727	653	CARLOS MOURÃO	M	45	M4549 74	INDIVIDUAL	01:18:14	01:17:48
728	40	CARLA MOURAO	F	44	F3544 66	PANRICO	01:18:15	01:17:48
729	339	LUÍS MONTEIRO	M	41	M4044 115	INDIVIDUAL	01:19:07	01:18:22
730	77	Mª CARMO ANJOS	F	70	F4599 34	INDIVIDUAL	01:19:15	01:18:46
731	594	PEDRO M R V DIAS	M	43	M4044 116	INDIVIDUAL	01:19:15	01:18:18
732	936	ANNA P V L SILVA	F	32	F0034 59	INDIVIDUAL	01:19:37	01:18:56
733	584	CINTIA SANTOS	F	38	F3544 67	REXRUNNERS	01:19:50	01:19:06
734	585	ADELINO SANTOS	M	44	M4044 117	REXRUNNERS	01:19:50	01:19:06
735	205	ELISABETE LUÍS	F	41	F3544 68	URBAN TRAIL SAMORA CORREIA	01:20:11	01:19:59
736	872	Mª GRAÇA CARVALHO	F	69	F4599 35	INDIVIDUAL	01:20:11	01:19:41
737	206	TEODORA COUTINHO	F	47	F4599 36	URBAN TRAIL SAMORA CORREIA	01:20:12	01:20:00
738	619	ROSA CASACA	F	24	F0034 60	INDIVIDUAL	01:20:13	01:17:28
739	446	SANDRA SILVA	F	46	F4599 37	INDIVIDUAL	01:21:42	01:21:27
740	724	CLÁUDIA P SOUSA	F	34	F0034 61	INDIVIDUAL	01:22:17	01:21:54
741	613	LUDGERO CALDEIRA	M	71	M6099 30	CP IVA	01:22:30	01:22:02
742	725	SERGIO M P MARQUES	M	40	M4044 118	INDIVIDUAL	01:23:26	01:23:04
743	837	CRISTINA MARQUES	F	22	F0034 62	INDIVIDUAL	01:23:31	01:22:46
744	112	6 JOSÉ AUGUSTO	M	49	M4549 75	4 EVER	01:23:44	01:23:16
745	112	7 PAULA FERREIRA	F	44	F3544 69	4 EVER	01:23:44	01:23:44
746	875	Mª FÁTIMA C NEIVA	F	58	F4599 38	INDIVIDUAL	01:23:56	01:23:42
747	702	RAQUEL GOMES	F	26	F0034 63	INDIVIDUAL	01:24:48	01:24:34
748	173	VÂNIA BARRADAS	F	38	F3544 70	INDIVIDUAL	01:25:05	01:24:34

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
749	392	CRISTINA RIBEIRO	F	40	F3544 71	POWERBOOST CLUB	01:25:27	01:24:37
750	390	VANDA MATOS	F	45	F4599 39	POWERBOOST CLUB	01:25:28	01:24:38
751	394	SOFIA NUNES	F	33	F0034 64	POWERBOOST CLUB	01:25:41	01:24:52
752	577	Mª MARGARIDA MACEDO	F	54	F4599 40	INDIVIDUAL	01:27:08	01:26:54
753	42	ANA S A SANTOS	F	36	F3544 72	PANRICO	01:28:15	01:27:49
754	356	TELMA LOURENÇO	F	23	F0034 65	IMASAMS	01:28:16	01:28:09
755	312	CLÁUDIA RAMALHOSA	F	34	F0034 66	INDIVIDUAL	01:28:19	01:27:30
756	350	ADELAIDE SERRANO	F	38	F3544 73	IMASAMS	01:28:19	01:28:10
757	388	CÁTIA LANÇA	F	34	F0034 67	POWERBOOST CLUB	01:28:22	01:27:35
758	389	ANA ALMEIDA	F	24	F0034 68	POWERBOOST CLUB	01:28:22	01:27:35
759	91	SÓNIA M G BATALHA	F	39	F3544 74	INDIVIDUAL	01:30:51	01:30:10
760	408	ANTÓNIO O SILVA	M	60	M6099 31	SUSHICAFE	01:32:04	01:31:17
761	141	DAVID PALMEIRO	M	50	M5054 52	AB CAMPOLIDE	01:34:20	01:34:20
762	387	FILIPA PEDRAS	F	35	F3544 75	POWERBOOST CLUB	01:40:54	01:40:06
763	391	CÉU VARELAS	F	57	F4599 41	POWERBOOST CLUB	01:40:54	01:40:05
764	399	CARLOS MOREIRA	M	63	M6099 32	CCDT METRO LX	01:40:57	01:40:57