



Lisboa On Top - Subida ao Miradouro Senhora do Monte

28 de Setembro, 2019

<https://werun.pt/resultados/lisboa-on-top/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	422	MARCELO GRAÇA	00:02:36		M2439		1
2	101	JOÃO TRINDADE	00:02:38		M0023		1
3	411	GONÇALO MAGALHÃES	00:02:49		M2439		2
4	418	TIAGO MIGUEL RODRIGUES SOUSA	00:02:50		M2439		3
5	27	VITOR TAVARES MARQUES	00:02:52		M4049		1
6	122	NUNO SILVA	00:02:52		M2439		4
7	165	JOSÉ MONTEIRO	00:02:53		M2439		5
8	104	MARCO PIRES	00:02:55		M2439		6
9	163	DAVID SARAIVA	00:02:58		M2439		7
10	164	JOÃO PARADINHA	00:02:59		M4049		2
11	277	HUGO BRÁS	00:02:59		M2439		8
12	93	BRUNO CARVALHO	00:03:01		M4049		3
13	364	NELSON FERNANDES	00:03:01		M4049		4
14	53	TIAGO GUERRA	00:03:01		M2439		9
15	181	BRUNO AMARO	00:03:03		M4049		5
16	351	PEDRO VIEIRA	00:03:04		M2439		10
17	334	JORGE PARDAL	00:03:06		M4049		6
18	395	NOEL ISIDORO MATOS FRANCO	00:03:08		M4049		7

19	308	PAULO MANUEL COSTA	00:03:09	M5059	1
20	312	DIOGO MARQUES	00:03:11	M2439	11
21	236	LUÍS GAMITO	00:03:12	M4049	8
22	350	NELSON SANTOS	00:03:14	M4049	9
23	155	ALEXANDRE REBOREDO	00:03:14	M2439	12
24	204	JOAO HORA FAUSTINO	00:03:15	M4049	10
25	135	RUI PEREIRA	00:03:15	M2439	13
26	329	NUNO CAFÉ	00:03:19	M4049	11
27	370	DUARTE COSTA	00:03:20	M2439	14
28	205	PAULO FERREIRA	00:03:20	M4049	12
29	159	NELSON DIOGO	00:03:22	M2439	15
30	68	RICARDO NETO	00:03:22	M4049	13
31	275	GUILHERME SEITI SUGUIMATSU	00:03:24	M2439	16
32	22	RUI JORGE CARDOSO DAS NEVES	00:03:24	M5059	2
33	49	PEDRO FERRAZ	00:03:24	M4049	14
34	347	MIGUEL BARATA	00:03:27	M2439	17
35	125	BRUNO GOMES	00:03:27	M4049	15
36	240	GUSTAVO BAPTISTA	00:03:28	M4049	16
37	54	DIOGO ASSUNÇÃO	00:03:28	M2439	18
38	146	TIAGO ROXO	00:03:29	M2439	19
39	432	MARGARIDA AMARO	00:03:29	F0023	1
40	66	NUNO MIGUEL HENRIQUES FRADE	00:03:30	M4049	17
41	412	JUSTINIANO SILVA	00:03:30	M5059	3

42	372	HELDER ROSÁRIO	00:03:31	M2439	20
43	60	NUNO GAMEIRO	00:03:33	M2439	21
44	170	MIGUEL ALMEIDA	00:03:34	M4049	18
45	77	JOÃO MARAL	00:03:34	M5059	4
46	433	JOSE MARQUES	00:03:34	M4049	19
47	396	BRUNO FRANCO	00:03:34	M4049	20
48	37	FREDERICO DE CARVALHO BAPTISTA	00:03:35	M2439	22
49	407	CÁTIA NASCIMENTO	00:03:37	F2439	1
50	344	ANTONIO DE JESUS RODRIGUES TEIXEIRA	00:03:38	M4049	21
51	431	RICARDO PASCOA	00:03:40	M2439	23
52	278	HARUN AR RASHID	00:03:41	M2439	24
53	42	JORGE VAZ	00:03:42	M4049	22
54	192	VLADIMIR RODAS	00:03:44	M4049	23
55	279	CARLOS NORONHA	00:03:45	M2439	25
56	154	EDGAR GONÇALVES	00:03:47	M2439	26
57	47	PAULO CALDEIRA	00:03:49	M4049	24
58	293	MARTA COSTA	00:03:49	F2439	2
59	472	LUÍS COUTO SOARES	00:03:49	M2439	27
60	201	ANTÓNIO REIS	00:03:50	M4049	25
61	500	JOÃO FERNANDES	00:03:51	M2439	28
62	493	DUARTE CÂMARA	00:03:52	M2439	29
63	233	DELFIN PRATAS	00:03:53	M5059	5
64	171	BERNARDO SALAVESSA	00:03:54	M4049	26

65	252	PAULO ALEXANDRE SARROEIRA	00:03:54	M4049	27
66	75	PEDRO MIGUEL PINTO MONTEIRO	00:03:57	M4049	28
67	21	ANABELA CARVALHO	00:03:58	F5059	1
68	142	ANA PEDREIRA	00:03:58	F2439	3
69	601	RUI ROCHA	00:03:59	M4049	29
70	378	PEDRO MIGUEL SILVA	00:03:59	M2439	30
71	153	RUI FLORES	00:04:00	M4049	30
72	335	PEDRO MIGUEL MAURICIO	00:04:01	M2439	31
73	353	DIOGO SOARES	00:04:01	M2439	32
74	167	SANDRA MARTINS	00:04:03	F4049	1
75	349	EUGENIO RODRIGUEZ	00:04:03	M2439	33
76	366	RICARDO ALEXANDRE ALVES MARQUES	00:04:06	M2439	34
77	266	NUNO PEREIRA	00:04:06	M2439	35
78	190	MIGUEL CRUZ	00:04:07	M4049	31
79	67	PEDRO REISINHO PEREIRA	00:04:09	M5059	6
80	318	PAULO CARVALHO	00:04:09	M2439	36
81	288	ANTÓNIO IRIA	00:04:10	M5059	7
82	189	CARLOS PÁSCOA	00:04:11	M6069	1
83	477	SANDRO PEREIRA	00:04:11	M2439	37
84	340	ALBERTO MARTINS	00:04:11	M5059	8
85	62	CARLOS SOARES	00:04:11	M5059	9
86	355	ANTÓNIO BOTELHO	00:04:12	M4049	32
87	348	JOSE ESPINOSA	00:04:13	M4049	33

88	320	ALEXANDRE RODRIGUES	00:04:14	M4049	34
89	394	BRUNO MARQUES	00:04:14	M2439	38
90	97	MIGUEL MELO	00:04:15	M5059	10
91	294	RENATO PAULETA	00:04:15	M5059	11
92	367	RICARDO CAMPOS	00:04:15	F4049	2
93	137	CARLOS LEÃO	00:04:15	M5059	12
94	208	RICARDO LEAL	00:04:15	M2439	39
95	292	FILOMENA JACINTO	00:04:15	F5059	2
96	424	FERNANDA ALMEIDA	00:04:15	F4049	3
97	130	FILOMENA MARIA ANDRADE SANTOS	00:04:16	F4049	4
98	43	RUI	00:04:16	M2439	40
99	381	OSCAR ROCHA	00:04:16	M5059	13
100	336	CRISTINA CUNHA	00:04:18	F4049	5
101	356	TIAGO	00:04:20	M0023	2
102	267	LUÍSA RALHA	00:04:21	F6069	1
103	144	JAIME FERNANDES	00:04:22	M4049	35
104	17	At. feminina	00:04:24	F0023	2
105	271	SÉRGIO ESTANQUEIRO	00:04:24	M2439	41
106	306	CARLOS JESUS	00:04:27	M5059	14
107	31	MIGUEL MATOS	00:04:27	M4049	36
108	316	NUNO FRAGOSO	00:04:28	M4049	37
109	184	LUIS RIBEIRO DA SILVA	00:04:28	M5059	15
110	251	RICARDO BAPTISTA	00:04:29	M4049	38

111	25	MIGUEL SANTOS	00:04:31	M4049	39
112	24	NUNO FIGUEIREDO	00:04:31	M4049	40
113	250	JORGE COSTA	00:04:32	M5059	16
114	390	LUÍS SANTOS	00:04:32	M2439	42
115	52	MÁRIO ROGADO	00:04:35	M4049	41
116	261	BRUNO CLARO	00:04:36	M2439	43
117	69	FILIPE FRADE	00:04:36	M2439	44
118	377	RITA DE SOUSA TEIXEIRA	00:04:36	F2439	4
119	227	JOÃO PEREIRA	00:04:38	M5059	17
120	229	JOSÉ FINURAS	00:04:38	M4049	42
121	88	JOÃO PAULO PAIS	00:04:40	M4049	43
122	18	GLORIA VIEIRA	00:04:41	F4049	6
123	40	JOAO RICARDO SERRA	00:04:41	M4049	44
124	113	FLAVIO MARTINS	00:04:41	M2439	45
125	197	HELENA ALONSO	00:04:42	F2439	5
126	428	SUSANA MORAIS	00:04:42	F5059	3
127	296	MÁRIO CANEIRA	00:04:42	F4049	7
128	126	PAULO MARTINS	00:04:44	M5059	18
129	158	PATRÍCIA MONTEIRO	00:04:45	F4049	8
130	387	REON FUJIEDA	00:04:45	M0023	3
131	604	PAULA NUNES	00:04:48	F4049	9
132	494	RUTE GONÇALVES	00:04:53	F2439	6
133	495	ARTUR BERNARDO	00:04:53	M4049	45

134	354	MARIA ANTÓNIA SALDANHA	00:04:54	F4049	10
135	228	PAULO COLAÇO	00:04:55	M4049	46
136	273	JOÃO PEDRO CHURRO	00:04:56	M4049	47
137	121	CARLOS JESUS	00:04:58	M5059	19
138	182	MARTA ADÃO	00:05:00	F4049	11
139	96	PAULA RODRIGUES	00:05:00	F4049	12
140	131	JOAO AMARAL TOMAZ	00:05:01	M4049	48
141	120	ESMERALDA RAMANHO	00:05:02	F4049	13
142	388	ALEXANDRE AMARO	00:05:03	M2439	46
143	235	ROBERTO BORGES	00:05:03	M5059	20
144	57	CARLOS EUGÉNIO DIAS DE MELO	00:05:04	M5059	21
145	276	VITOR FIGUEIREDO	00:05:07	M4049	49
146	483	JOAQUIM MATOS FONSECA	00:05:08	M0023	4
147	138	RUI BARROS	00:05:08	M5059	22
148	339	HELENA CUSTÓDIO	00:05:09	F4049	14
149	212	CARLOS LOURENÇO	00:05:09	M2439	47
150	268	TERESA SILVA	00:05:09	F6069	2
151	498	PAULO SOUSA	00:05:12	M4049	50
152	206	FILIPA GOMES	00:05:14	F2439	7
153	116	FILOMENA COSTA	00:05:16	F5059	4
154	270	VANESSA	00:05:17	F2439	8
155	489	JORGE ALMEIDA	00:05:17	M7099	1
156	478	LUCINDA BARATA	00:05:19	F5059	5

157	338	BRUNO FELISBERTO	00:05:19	M2439	48
158	333	DAVID SILVA	00:05:20	M2439	49
159	423	SALOMÉ SOLDADOR	00:05:20	F2439	9
160	311	HENRIQUE DIAS	00:05:21	M6069	2
161	345	BÁRBARA ALEXANDRA CAPELAS TEIXEIRA	00:05:21	F0023	3
162	343	CLAUDIA CRISTINA SANTOS CAPELAS TEIXEIRA	00:05:22	F4049	15
163	213	SANDRA TRIÃES	00:05:27	F2439	10
164	65	SONIA LIMA	00:05:29	F5059	6
165	80	MARIA ARMANDA FOLQUES	00:05:32	F5059	7
166	39	BRUNO DO BRITO	00:05:34	M2439	50
167	313	NEIDE GUERREIRO	00:05:35	F6069	3
168	484	MERCEDES JESUS FERNANDES FONSECA	00:05:37	F0023	4
169	191	CARLA SOBREDA	00:05:38	F4049	16
170	260	CRISTINA MARIA CAMPOS FILIPE	00:05:39	F5059	8
171	141	WANDERSON DANTAS	00:05:39	M2439	51
172	82	LEONEL FERNANDO FERREIRA GAMEIRO BRANDÃO	00:05:41	M5059	23
173	172	RICARDO MORAIS	00:05:41	M4049	51
174	369	THAIS STEFANI DE JESUS SILVA	00:05:42	F2439	11
175	391	VÍTOR CARVALHO	00:05:43	M2439	52
176	393	ANDREIA CAFÉ	00:05:54	F2439	12
177	298	MÁRTA CANEIRA	00:05:56	F4049	17
178	36	SOLANGE FELÍCIO COMIRAN	00:05:57	F4049	18
179	264	TIAGO MIGUEL DUARTE	00:05:58	M2439	53

180	262	CLÁUDIA RAQUEL COSTA PEREIRA	00:05:59	F2439	13
181	20	ALEXANDRA COSTA	00:06:00	F4049	19
182	128	GUILHERME BERTRAND	00:06:01	M0023	5
183	127	TERESA BERTRAND	00:06:01	F5059	9
184	255	RAQUEL OLIVEIRA ROCHA TELES LOPES RODRIGUES	00:06:02	F4049	20
185	497	MATILDE SOUSA	00:06:03	F0023	5
186	425	FRANCELINE BUGATTI	00:06:04	F4049	21
187	496	MARIA ALVES	00:06:05	F4049	22
188	330	HELENA CABRAL CAEIRO	00:06:06	F4049	23
189	71	ANA RIBEIRO	00:06:06	F4049	24
190	426	JOANA D'ARC CHOURIÇO	00:06:06	F5059	10
191	72	MONICA GRAÇA	00:06:08	F4049	25
192	325	CRISTINA CALAFATE	00:06:09	F5059	11
193	259	MARIA SCARLATTI	00:06:10	F2439	14
194	143	ANA FONSECA	00:06:11	F4049	26
195	301	PAULA NUNES	00:06:12	F4049	27
196	427	TOMÁS SOUSA	00:06:12	M0023	6
197	386	SÓNIA LAGE	00:06:21	F2439	15
198	321	PAULO ANTONIO OLIVEIRA	00:06:22	M4049	52
199	310	SÓNIA ROLIM	00:06:22	F5059	12
200	133	SUSANA LUISA PRIETO COUTINHO	00:06:25	F4049	28
201	269	HELGA	00:06:26	F4049	29
202	34	LUCÍLIA BRITO	00:06:26	F6069	4

203	419	ANA CRISTINA ANDRADE SARAIVA BERNARDO	00:06:28	F4049	30
204	19	TOLISSA COSTA	00:06:30	F5059	13
205	145	VANDA LEITE	00:06:33	F4049	31
206	70	ANA VIEIRA	00:06:36	F4049	32
207	488	JOSÉ RAMALHO	00:06:42	M5059	24
208	179	ISABEL SILVA	00:06:43	M6069	3
209	287	SANDRA BATISTA	00:06:45	F4049	33
210	74	VERA BEXIGA	00:06:46	F2439	16
211	114	ANA FIGUEIRAS	00:06:54	F2439	17
212	470	SÓNIA NEVES	00:06:55	F4049	34
213	94	ANA RODRIGUES	00:06:56	F4049	35
214	224	FERNANDA VIEIRA	00:06:57	F4049	36
215	223	JOSÉ MOTA	00:06:58	M4049	53
216	392	JOLINE MORAIS	00:07:06	F2439	18
217	26	LARA HERVETH	00:07:09	F2439	19
218	474	FABIANA MILANEZ	00:07:09	F4049	37
219	265	MÁRCIA ALEXANDRA HENRIQUES GUERREIRO	00:07:13	F4049	38
220	257	PEDRO PINTO	00:07:14	M6069	4
221	258	ELISABETE PINTO	00:07:17	F6069	5
222	221	JOÃO ANICETO	00:07:45	M5059	25
223	220	CARLA ANICETO	00:07:53	F4049	39
224	491	CLARA CAPA MARTINS	00:08:08	F5059	14
225	361	MARTA SANTOS	00:08:30	F4049	40

226	357	TÂNIA PATRÍCIA DO NASCIMENTO VITORINO	00:08:38	F4049	41
227	234	JORGE NARCISO NARCISO	00:09:03	M5059	26
228	322	FLORBELA CARVALHO	00:11:33	F4049	42
229	241	HENRIQUE VILHENA	00:12:10	M6069	5
230	106	TIAGO RODRIGUES	00:44:37	M2439	54