



Lx Trail Monsanto - Trail Longo

27 de Maio, 2018

<https://werun.pt/resultados/lx-trail-2018/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	505	HÉLDER GROSSO	01:36:53	01:36:53	M2339	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	1
2	558	FERNANDO GOMES	01:41:16	01:41:16	M2339	GORUNNERS - OUTPRO	2
3	297	LUIS FERNANDES	01:41:44	01:41:43	M2339	CLUBE DE PRAÇAS DA ARMADA	3
4	503	VIRGÍLIO GOMES	01:42:28	01:42:28	M4049	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	1
5	307	JOÃO GINJA	01:44:45	01:44:45	M5059	AMCF - ARRÁBIDA TRAIL TEAM	1
6	5868	WESLEY TRIGGER	01:44:47	01:44:46	M4049	GORUNNERS - OUTPRO	2
7	318	JORGE MIGUEL PEREIRA	01:47:07	01:47:07	M2339	OZXTREME/ADCRPEREIRA	4
8	389	LEONARDO LOUREIRO	01:47:35	01:47:29	M2339	CARACÓIS DA PEDRA	5
9	5782	JOÃO MIGUEL SILVA	01:48:01	01:48:01	M2339	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	6
10	471	NELSON QUITERIO	01:48:07	01:48:06	M4049	RÓÓDINHAS-SANTOS SILVA/ OXYGEN-GYM&FITNESS	3
11	549	OSVALDO HORTA	01:49:02	01:48:58	M2339		7
12	218	MÁRCIO FONSECA	01:49:35	01:49:27	M2339		8
13	5777	MIGUEL MIRANDA	01:50:15	01:50:15	M4049	CLUBE DIRTRUNNERS	4
14	294	VALDEMAR CARDOSO	01:50:49	01:50:49	M4049	VERTICAL NAVIS	5
15	5850	PAULO MIRANDA	01:51:16	01:51:15	M4049	TURRES TRAIL TEAM	6
16	575	JOÃO CAETANO	01:51:17	01:51:17	M2339	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	9
17	551	JOSÉ BARRINHA	01:51:50	01:51:49	M4049	CLUBE DE FUTEBOL GUADIANA	7

18	504	MILTON SILVA	01:52:55	01:52:55	M2339	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	10
19	332	LUIS AIRES	01:58:05	01:58:02	M4049	JOBRINDE-MONTES SALOIOS	8
20	473	NUNO DIAS	01:58:23	01:58:17	M4049		9
21	545	NUNO FERREIRA	01:58:32	01:58:29	M4049	CORRERPORTUGAL.NETE	10
22	76	FRANCISCO FERREIRA DA CUNHA BARROS	01:58:34	01:58:05	M0022	ULISBOA	1
23	5779	JTRIGUEIROS	01:58:45	01:58:45	M0022	GAIATRIL	2
24	577	MÁRIO SILVA RODRIGUES	01:59:23	01:59:22	M5059	FF PAZ MUNDIAL E UNIFICAÇÃO	2
25	422	TIAGO ALMEIDA	01:59:36	01:59:27	M2339		11
26	382	PAULO BRUNO	02:01:36	02:01:33	M4049		11
27	524	LUIS GOUVEIA	02:02:40	02:02:38	M4049	CLUBE FUTEBOL GUADIANA	12
28	511	JOAO CORTESAO	02:03:06	02:03:01	M2339		12
29	5849	NUNO CESÁRIO	02:03:11	02:03:06	M4049	MOITA A CORRER	13
30	298	PEDRO XAVIER	02:03:16	02:03:13	M4049	GRUPO DESPORTIVO SANTANDER TOTTA	14
31	386	ALCINO SANTOS	02:03:55	02:03:55	M5059	VERTICAL NAVIS	3
32	5886	LUÍS LOPES	02:03:57	02:03:47	M4049	TÁLENTOS TEAM	15
33	435	JOSÉ DE MATOS	02:04:03	02:03:57	M5059	AMIGOS DE ATLETISMO DE AVIS	4
34	274	RUI LOBO	02:04:34	02:04:34	M2339		13
35	434	DAVID LOPES	02:04:41	02:04:25	M2339		14
36	5722	RICARDO SOUSA	02:04:49	02:04:43	M4049	ARRIBA TRAIL RUNNERS	16
37	5742	JOAO BARBADO	02:04:49	02:04:49	M4049	INDIVIDUAL	17
38	283	RUI CARDOSO	02:05:06	02:04:37	M2339		15
39	419	PAULO GOMES	02:05:10	02:04:58	M2339		16
40	334	LUIS BOAL	02:05:11	02:05:09	M2339	DUBLIN O' SEVEN	17

41	521	ANDREA BAGNUOLI	02:05:29	02:05:18	M4049	ANDREA	18
42	296	JOSÉ EDUARDO SOUSA PEREIRA	02:05:43	02:05:36	M5059	TÉCNICO RUGBY RUNNING TEAM	5
43	568	PEDRO CARMONA	02:05:53	02:05:53	M2339	GORUNNERS - OUTPRO	18
44	397	TIAGO ESTEVES	02:05:55	02:05:50	M2339	NATURA4EVER RUN PORTUGAL	19
45	448	PEDRO BORREGANA	02:06:14	02:06:10	M4049		19
46	467	JOÃO RODRIGUES	02:06:21	02:06:18	M4049	SALAMANDRECOS	20
47	401	JOSÉ MONSANTO	02:06:23	02:06:11	M2339		20
48	306	LUÍS CARDOSO CARDOSO	02:06:59	02:06:37	M4049	RACING BIKES	21
49	327	SALETE TAVARES	02:07:17	02:07:15	F4049	CA BARREIRA	1
50	424	AMÉLIA COSTA	02:07:33	02:07:33	F5059	PROAVENTURAS	1
51	512	RICHARD AMORIM	02:07:40	02:07:40	M2339	NOVO BANCO	21
52	426	GONÇALO PORÊLO	02:08:26	02:08:15	M2339	GP RUNNING	22
53	395	GERMANO CANEDO	02:09:19	02:09:18	M5059	CROSSFIT ALPHADEN	6
54	5855	CIRILO FORMIGA	02:09:26	02:09:20	M6099	ZIMBRA FOX RUNNERS	1
55	5818	NUNO SABINO	02:09:46	02:09:46	M4049	TRANQUILIDADE AÇOREANA CLUBE	22
56	497	PEDRO GONÇALVES	02:09:49	02:09:36	M2339		23
57	5814	JOSÉ C F NUNES	02:10:06	02:09:55	M4049	NAZA ABÓBODA	23
58	405	JUVENAL MOREIRA	02:10:14	02:10:10	M5059	NUCLEO DESPORTIVO AUTOCOOPE	7
59	525	PEDRO LAVRADOR	02:10:18	02:10:12	M2339	100 ESTRILHOS	24
60	5853	RUI MARQUES	02:10:36	02:10:34	M4049	TURRES TRAIL TEAM	24
61	322	SUSANA MARIA MATOS	02:10:36	02:10:36	F4049		2
62	321	MANUEL NEVES	02:11:39	02:11:32	M6099	LAMEGO TRIBO RUNNERS	2
63	564	NUNO MIGUEL LOPES	02:11:48	02:11:33	M4049	V DATLETAS	25

64	5788	RUI DA SILVA	02:12:03	02:11:50	M4049	DENTORAL RACING TEAM	26
65	270	RUI INÁCIO	02:12:09	02:11:52	M2339	DOLCE FURADOURO	25
66	5757	EDUARDO LUÍS	02:12:37	02:12:20	M4049	ATÓMICOS	27
67	465	LEANDRO SOARES	02:12:40	02:12:40	M2339	ACD JARDIM DA SERRA	26
68	383	JOSÉ EDUARDO FIDALGO PENA	02:12:42	02:12:34	M5059	KEEP RUNNING	8
69	339	PAULO SANTOS	02:12:43	02:12:32	M5059	LIS RUNNING CPA	9
70	519	PEDRO SARAIVA	02:13:03	02:12:46	M0022		3
71	523	JOÃO MEDRONHO	02:13:32	02:13:22	M0022		4
72	357	LUIS ANDRADE	02:13:36	02:13:36	M4049	CDCR DOS CTT	28
73	438	ANTÓNIO RAPOSO	02:13:48	02:13:46	M4049	CLUBE FUTEBOL GUADIANA	29
74	212	VITOR BORGES	02:14:25	02:14:17	M2339	PÉS D ECHUMBO	27
75	585	MARIANA BRUGGER	02:15:12	02:15:09	F2339	ESTORIL PRAIA	1
76	330	CARLOS ESTEVES	02:16:31	02:15:46	M4049	MATILHA RUNNING	30
77	538	RUBEN CHAVES	02:16:32	02:16:32	M2339	BEAR CAVE TRAIL OCR	28
78	354	VASCO ASCENSÃO	02:16:35	02:16:16	M4049	CDCR DOS CTT	31
79	556	JULIAN MASSA	02:16:52	02:16:20	F2339	INDIVIDUAL	2
80	324	PATRICIA MADEIRA	02:16:56	02:16:56	F4049	VERTICAL NAVIS	3
81	79	MANUELA MARIA GUERREIRO GONÇALVES DE CASTRO	02:17:07	02:16:22	F4049	ULISBOA	4
82	404	JORGE GONÇALVES	02:17:07	02:17:07	M4049	RUNNERS DE KINTAL	32
83	5891	JOSÉ SANTOS	02:17:15	02:17:12	M4049	INDUSTRIAL DESPORTIVO VIEIRENSE	33
84	5852	NUNO GRANADAS	02:17:26	02:17:23	M2339	TURRES TRAIL TEAM	29
85	5832	PÊRA DOCE	02:18:24	02:18:20	M4049	ZIMBRA FOX RUNNERS	34
86	380	CARLOS ANDRADE	02:18:45	02:18:45	M2339	CABARÉ DOS COXOS	30

87	572	GABRIEL MOREIRA	02:18:52	02:18:38	M6099		3
88	489	EDUARDO RODRIGUES	02:18:58	02:18:45	M5059	CLUBE MILLENNIUM BCP	10
89	461	JOSÉ SILVA	02:19:16	02:18:59	M5059	OS PARDAIS	11
90	5842	JOSÉ CORREIA	02:19:43	02:19:31	M5059	STRAVISTAS VP	12
91	78	CATARINA MARIA GOMES DUARTE DA SILVA	02:19:47	02:19:47	F5059	ULISBOA	2
92	268	NUNO FRANCISCO	02:20:25	02:20:25	M4049	TRAIL RUNNERS PORTIMÃO	35
93	399	FILIPE LOPES	02:21:10	02:21:10	M2339		31
94	375	PAULO MARTINS FERREIRA	02:21:10	02:21:10	M2339	TEAM SALAMANDRAS	32
95	578	NELSON SANTOS	02:21:15	02:21:15	M4049	RUNNING WILD	36
96	271	QUINTIN BARRY	02:21:49	02:21:49	M5059	CLUBE DE MONTANHA DO FUNCHAL	13
97	5896	GONÇALO ALMEIDA	02:22:03	02:21:56	M2339	ARRIBA TRAIL RUNNERS	33
98	475	NUNO BOGALHEIRO	02:22:21	02:22:11	M4049	100 ESTRILHOS	37
99	5888	NUNO LAGRANGE	02:22:42	02:22:18	M4049	INDIVIDUAL	38
100	457	CARLOS GRAÇA	02:23:08	02:22:38	M2339		34
101	369	JORGE CARVALHO	02:23:17	02:22:54	M2339		35
102	231	JOSÉ FRANCISCO ROCHA	02:23:18	02:22:42	M5059		14
103	5822	NA24COACH	02:23:21	02:22:44	M4049	RUN24RUN	39
104	420	INÊS PEIXOTO	02:23:27	02:23:13	F2339		3
105	5774	ROGÉRIO VENÂNCIO	02:23:32	02:23:28	M6099	O MUNDO DA CORRIDA	4
106	5885	RICARDO SANTOS	02:23:37	02:23:32	M4049	MOITA A CORRER	40
107	396	PAULO MARÇALO	02:23:53	02:23:51	M4049		41
108	384	NELSON GASPAR	02:23:57	02:23:51	M4049	INDIVIDUAL	42
109	325	CARLOS MARQUES	02:23:59	02:23:49	M5059	LINDA-A-PASTORA SC	15

110	80	RICARDO MIGUEL CARREIRA GERALDES	02:24:33	02:24:03	M2339	ULISBOA	36
111	275	PEDRO COSTA	02:24:47	02:24:47	M4049	INSIDE TOURS	43
112	433	AMÉRICO RODRIGUES PALA	02:25:03	02:25:00	M5059	HOUSEMARTINS	16
113	462	MIGUEL CUNHA	02:25:21	02:25:06	M4049	GRCD LEIÃO COBRAS TRAILISTAS	44
114	5727	FERNANDO JORGE RIBEIRO	02:25:31	02:25:31	M5059	TÉCNICO RUGBY RUNNING TEAM	17
115	582	PEDRO RAMOS	02:25:32	02:25:32	M4049	OPRATICANTE	45
116	329	BRUNO PEREIRA	02:25:34	02:25:21	M4049	GRUPETA RUNNING TEAM	46
117	589	rui almeida	02:25:43	02:25:35	M4049	INDIVIDUAL	47
118	368	JORGE FRANCO	02:25:51	02:25:51	M4049	POLRUNNERS	48
119	316	NUNO FONSECA	02:25:55	02:25:55	M2339	LINDA-A-PASTORA SC	37
120	284	JOSÉ CARLOS AMARAL	02:26:02	02:26:02	M4049	U.F. COMÉRCIO E INDÚSTRIA ATLETISMO	49
121	362	RICARDO MARQUES	02:26:08	02:26:08	M2339	BIKE4LIFE	38
122	393	CÉSAR COSTA	02:26:21	02:25:55	M4049		50
123	5835	CARLA SANTOS	02:26:23	02:26:16	F4049	INDIVIDUAL	5
124	5730	PEDRO CAMPOS	02:26:25	02:26:14	M4049	JÁ T'APANHO	51
125	314	JOAO DE SOUSA	02:26:34	02:26:17	M5059		18
126	423	PEDRO GRANADAS	02:26:39	02:26:36	M4049	TURRES TRAIL	52
127	292	JOSÉ OLIVEIRA	02:26:39	02:26:39	M2339	#OSMANOS	39
128	5716	ALEX	02:26:41	02:26:36	M4049	CORRER LISBOA	53
129	374	JOAO LIMPO	02:26:44	02:26:35	M2339	100 ESTRILHOS	40
130	5877	VERA REIS	02:28:09	02:28:09	F4049	MORCEGOS TRAIL	6
131	5711	CARLOS PASCOAL	02:28:20	02:27:53	M5059	INDIVIDUAL	19
132	363	JOSE AZEVEDO RAPOSO	02:28:20	02:28:19	M4049	GD SANTANDER TOTTA	54

133	5719	FERNANDO CÂNDIDO	02:28:23	02:27:56	M5059	INDIVIDUAL	20
134	333	HÉLDER CABEÇA	02:28:24	02:27:56	M4049		55
135	428	MIGUEL VELUDO	02:28:35	02:28:25	M4049		56
136	265	RUBEN GONÇALVES	02:28:38	02:28:38	M2339	CCD PM CASCAIS	41
137	491	PEDRO FONTINHA	02:29:26	02:28:53	M2339	CLUBE MILLENNIUM BCP	42
138	308	CARLA DIAS	02:29:27	02:29:26	F4049	INDIVIDUAL	7
139	5709	FRANCISCO COSTA	02:29:32	02:29:20	M4049	INDIVIDUAL	57
140	5712	PAULO SOUSA	02:29:32	02:29:21	M4049	INDIVIDUAL	58
141	5836	JOÃO COUTO	02:30:21	02:30:18	M4049	INDIVIDUAL	59
142	5765	JORGE FERREIRA	02:30:23	02:30:05	M4049	H-GARRA A LEBRE !!!	60
143	439	CATARINA VIEIRA	02:30:25	02:29:55	F2339		4
144	483	HELDER ROSARIO	02:30:42	02:30:27	M2339	GRCD LEIÃO - COBRAS TRAILISTAS	43
145	557	PAULO DOMINGOS	02:30:56	02:30:56	M5059	INDIVIDUAL	21
146	247	LUIS BASTOS	02:31:03	02:30:50	M5059	CCD SIEMENS	22
147	376	HUMBERTO BORGES	02:31:05	02:30:55	M5059		23
148	372	ANTÓNIO FERREIRA	02:31:34	02:31:07	M2339	CORRER LOURES	44
149	5869	NUNO MAGRO	02:32:01	02:31:59	M4049	GORUNNERS - OUTPRO	61
150	282	PEDRO REIS	02:32:02	02:31:54	M4049		62
151	299	ALEXANDRE LEIRIA	02:32:19	02:32:11	M4049	FITRUNNERS	63
152	338	LUIS SANTANA	02:32:36	02:32:36	M5059	TRILHOS DO COSTUME	24
153	430	FERNANDO PEREIRA	02:32:56	02:32:41	M5059	CLUBE VODAFONE	25
154	540	DOUGLAS FRY	02:33:12	02:33:06	M6099	CLUBE DESPORTIVO DE MAFRA	5
155	345	LUIS SILVESTRE	02:33:14	02:33:04	M4049	COININHA RUNNERS	64

156	295	RAFAEL MARTINS	02:33:37	02:33:37	M2339		45
157	331	PEDRO CORDEIRO	02:33:44	02:32:58	M4049	MATILHA	65
158	280	RICARDO NUNO PAIXÃO FERREIRA	02:33:44	02:33:44	M2339		46
159	487	PEDRO DOMINGOS	02:33:53	02:33:53	M5059		26
160	277	JULIANA MORAES	02:34:28	02:34:07	F4049		8
161	290	ALEXANDRE COSTA	02:34:37	02:33:52	M4049	MATILHA RUNNING	66
162	518	JOSÉ CARLOS GASPAR	02:34:54	02:34:48	M4049	NATURA4EVER RUN PORTUGAL	67
163	410	LUÍS FILIPE GUERRA	02:35:21	02:34:32	M4049		68
164	312	JOEL SOUSA	02:35:23	02:35:23	M2339		47
165	588	acurcio mendes	02:35:43	02:35:18	M4049		69
166	449	ANA CORREIA	02:35:49	02:35:10	F4049	TRILHO PERDIDO EVENTOS/IMPORLUX	9
167	542	GONÇALO ROSA	02:35:55	02:35:27	M2339	49:59T	48
168	562	SÉRGIO CORTEZ	02:35:56	02:35:15	M2339	GORUNNERS - OUTPRO	49
169	441	EMILIO BANQUERI	02:36:02	02:36:02	M0022		5
170	5887	CARLOS BRITO	02:36:02	02:35:27	M4049	TÁLENTOS TEAM	70
171	493	ANTONIO FERREIRA	02:36:08	02:35:54	M4049	CLUBE MILLENNIUM BCP	71
172	413	NUNO OLIVEIRA	02:36:20	02:36:20	M4049	MOV'ET	72
173	291	RICARDO JORGE CHIOTE	02:36:27	02:36:27	M2339		50
174	442	JOÃO ROSÁRIO	02:36:33	02:36:33	M4049		73
175	5714	MANUEL ALVES	02:36:42	02:36:36	M5059	CORRER LISBOA	27
176	387	CATARINA REIS	02:36:56	02:36:09	F4049	FITNESS REBELDES	10
177	546	FRANK LEGRAND	02:37:03	02:36:24	M4049		74
178	500	DANIEL SAMPAIO	02:37:08	02:36:57	M4049	LIS RUNNING CPA	75

179	411	BRUNO DIAS	02:37:10	02:37:10	M4049	SSCGD	76
180	528	FILIFE GONÇALVES	02:37:29	02:36:58	M4049		77
181	5749	JORGE SOUSA	02:37:32	02:37:01	M4049	INDIVIDUAL	78
182	517	RUI MIGUEL FIGUEIREDO	02:37:48	02:37:43	M4049	NATURA4EVER RUN PORTUGAL	79
183	5717	JOÃO RAMOS	02:37:51	02:37:44	M4049	ARRIBA TRAIL RUNNERS	80
184	402	ANTÓNIO CARREIRO	02:38:05	02:37:21	M5059	INDIVIDUAL	28
185	319	LUÍS GONÇALVES	02:38:13	02:37:39	M4049		81
186	539	MARIA ALVES	02:38:13	02:37:41	F5059	SAPINHAS	3
187	456	LUÍS MIGUEL NOGUEIRA	02:38:21	02:38:06	M4049	GRCD LEIÃO-COBRAS TRAILISTAS	82
188	445	RICARDO LUÍS	02:39:08	02:38:38	M4049	SPURO RUNNING	83
189	478	CARLOS FILIFE	02:39:09	02:38:42	M5059		29
190	486	INÊS KOL DE CARVALHO	02:39:18	02:38:33	F2339		5
191	479	INÊS CLAUDINA	02:39:21	02:38:34	F2339		6
192	498	FRANCISCO DIAS	02:39:22	02:38:36	M4049		84
193	480	NUNO ANTUNES	02:39:25	02:38:38	M4049		85
194	514	BRUNO MONTEIRO	02:39:26	02:38:50	M4049	TÁLENTOS TEAM	86
195	5761	PEDRO LOPES	02:39:33	02:39:33	M2339	SS CGD	51
196	563	NUNO BARRETO	02:39:48	02:39:08	M4049	GORUNNERS - OUTPRO	87
197	485	BRUNO MANUEL MENDES	02:39:52	02:39:41	M2339	VENDASNOVAS TRAIL	52
198	484	CIDALIA MARTINS SERRA MARQUES MARTINS	02:39:52	02:39:42	F4049	VENDASNOVAS TRAIL	11
199	579	CARLOS COSTA	02:39:56	02:39:31	M5059	TRAILERS	30
200	5825	NUNO LUCAS	02:40:07	02:39:32	M4049	TÁLENTOS TEAM	88
201	454	PEDRO SANTOS	02:40:11	02:39:26	M4049	MATILHA RUNNING	89

202	5831	GONALO FONTES DE MELO	02:40:25	02:40:00	M5059	RUN 4 FUN	31
203	459	LUÍS MOITEIRO	02:40:43	02:40:28	M2339	ATLETADESOPA.COM	53
204	358	JOÃO AFONSO	02:40:56	02:40:56	M4049	CDCR DOS CTT	90
205	532	JAN BERDYCHOWSKI	02:41:09	02:40:18	M2339	FESTIWAL BIEGOWY	54
206	417	FILIFE BONITO	02:41:17	02:40:40	M2339	CAMILA FICA	55
207	496	CARLOS MAGALHÃES	02:41:18	02:40:56	M5059	DEIXEM PASSAR OS COXOS	32
208	544	PEDRO LUCAS	02:41:23	02:41:03	M4049		91
209	5895	RUI MANUEL FERNANDES	02:41:24	02:40:53	M4049		92
210	328	LUIS REVEZ	02:41:24	02:41:12	M5059		33
211	373	PEDRO TAVARES	02:42:08	02:41:40	M2339	CORRER LOURES	56
212	5847	PAULO RODRIGUES	02:42:30	02:42:14	M4049	MOITA A CORRER	93
213	443	JOÃO GANHO	02:42:59	02:42:36	M4049		94
214	348	ANGELO SILVA	02:43:28	02:43:06	M2339	CCDTMETROLX	57
215	349	BRUNO BARBOSA	02:43:29	02:43:07	M2339	CCDTMETROLX	58
216	447	BERNARDO RATILAL	02:43:29	02:43:29	M4049		95
217	470	PEDRO COSTA	02:43:47	02:43:14	M4049		96
218	5815	BUNO CARDOSO	02:43:59	02:43:41	M2339	KANINOS	59
219	451	BRUNO DELFINO	02:44:11	02:44:02	M2339	MANJOEIRARUNNERS	60
220	450	FLÁVIO DELFINO	02:44:11	02:44:01	M2339	MANJOEIRARUNNERS	61
221	482	JOSE MANTA	02:44:21	02:43:45	M4049	CLUBE ORIENTAL DE LISBOA	97
222	507	MADALENA CLUNY	02:44:25	02:44:25	F2339	MITI	7
223	506	SEBASTIÃO GUERRA RODRIGUES SILVA	02:44:25	02:44:06	M2339	MITI	62
224	313	RICARDO MARQUES	02:44:27	02:43:44	M2339		63

225	377	RICHARD WARRELL	02:44:27	02:43:45	M4049	OLHÓ SIMÃO!	98
226	5707	PEDRO RIBEIRO	02:44:28	02:44:04	M2339	RUN 4 FUN	64
227	432	CARLA NEVES	02:44:44	02:44:32	F4049	GAMBUZINAS DO TEJO	12
228	520	ALEXANDRE TAVARES	02:44:54	02:19:23	M2339		65
229	474	LUIS ROCHA	02:45:00	02:44:40	M4049		99
230	5846	ANTÓNIO PEREIRA	02:45:07	02:45:07	M4049	MOITA A CORRER	100
231	574	ANDRÉ SANTOS	02:45:17	02:44:36	M4049	AMIGOS VALE SILÊNCIO	101
232	453	SANDRA ELVAS	02:45:17	02:44:36	F4049	AMIGOS VALE SILÊNCIO	13
233	452	LEONEL ANJOS NEVES	02:45:19	02:44:39	M6099	AMIGOS VALE SILÊNCIO	6
234	550	FORTUNATO MULAS	02:45:22	02:45:11	M4049	INDIVIDUAL	102
235	406	PEDRO LOUREIRO	02:45:50	02:45:17	M4049	JP-RUN	103
236	429	ANA CORTES	02:45:56	02:45:47	F2339		8
237	5848	HELDER MARQUES	02:46:10	02:45:53	M4049	MOITA A CORRER	104
238	337	BERNARDO SALVADOR	02:46:26	02:46:25	M0022		6
239	5750	PAULO SERRANITO	02:46:31	02:45:59	M5059	INDIVIDUAL	34
240	336	DANIEL XAREPE	02:46:40	02:46:37	M5059	GRUPO DESPORTIVO SANTANDER TOTTA	35
241	5799	JOSÉ PINTO	02:47:03	02:46:40	M4049	CLUBE ANACOM	105
242	552	PEDRO CONSTANTINO	02:47:16	02:47:12	M2339	WWW.CORRERPORTUGAL.NET	66
243	5845	SÉRGIO CAJADO	02:47:49	02:47:11	M4049	INDIVIDUAL	106
244	287	DAMIEN LAYGUE	02:48:17	02:48:04	M2339		67
245	367	JOANA PEREIRA	02:49:28	02:49:18	F2339	100 ESTRILHOS	9
246	477	JAIME BATISTA	02:49:42	02:49:42	M2339		68
247	346	JOSÉ ALVES	02:50:12	02:49:52	M4049	CCDTMETROLX	107

248	351	HELENA PINTO	02:50:13	02:49:50	F4049	CORRER LOURES	14
249	347	PEDRO CUNHA	02:50:13	02:49:52	M5059	CCDTMETROLX	36
250	5741	JOÃO CANHOTO	02:50:13	02:49:51	M4049	CORRER LOURES	108
251	415	FILIPA CURRALO	02:50:52	02:50:14	F4049		15
252	440	PAULO COSTA	02:50:53	02:50:36	M4049		109
253	342	JOÃO CARLOS BRITO	02:51:12	02:50:29	M4049	INDIVIDUAL	110
254	553	PEDRO REBELO	02:51:22	02:50:49	M4049		111
255	5703	PAULO MOUTINHO	02:51:33	02:51:12	M4049	H-GARRA A LEBRE !!!	112
256	378	GONÇALO RANGEL	02:52:14	02:51:36	M2339		69
257	554	SONIA SEQUEIRA	02:52:19	02:51:47	F4049	STJOAOLIVEIRATEAM	16
258	555	MIGUEL SEQUEIRA	02:52:19	02:51:47	M2339	STJOAOLIVEIRATEAM	70
259	418	CARLOS MARQUES	02:52:30	02:52:16	M5059	GRCD LEIÃO - COBRAS TRAILISTAS	37
260	201	ISABEL DIAS	02:53:11	02:52:29	F5059	CABARÉ DOS COXOS	4
261	5810	MIGUEL SANTOS	02:53:45	02:53:15	M2339	INDIVIDUAL	71
262	77	JOAQUIM MANUEL MENDES MARQUES	02:53:53	02:53:31	M4049	ULISBOA	113
263	381	HENRIQUE SACADURA	02:54:05	02:53:47	M6099		7
264	206	ANTONIO CARLOS CORREIA	02:54:41	02:54:41	M6099		8
265	513	SARA FERNANDES	02:54:51	02:54:47	F2339	BEARCAVE OCR TRAIL	10
266	569	ANTÓNIO DIAS	02:54:53	02:54:19	M4049	INDIVIDUAL	114
267	356	RICARDO CARVALHO	02:54:55	02:54:36	M4049	CDCR DOS CTT	115
268	409	ARTUR GAIO	02:55:00	02:54:32	M2339	LISBOA	72
269	492	CARLOS COSTA	02:55:08	02:54:54	M5059	CLUBE MILLENNIUM BCP	38
270	547	ANTÓNIO GONÇALVES	02:55:13	02:54:53	M5059	AMEG	39

271	548	ISABEL FRANÇA	02:55:13	02:54:54	F4049	AMEG	17
272	315	PAULO GUEDES	02:55:13	02:55:13	M4049	CENTRO DE MARCHA E CORRIDA DE ALENQUER	116
273	463	GLORIA VIEIRA	02:56:02	02:55:40	F4049		18
274	5744	JOÃO CRUZ	02:56:39	02:56:02	M4049	INDIVIDUAL	117
275	509	RICARDO AGUIAR	02:57:33	02:56:46	M5059	RUNNERS DE KINTAL	40
276	515	CARLA RIBEIRO	02:58:00	02:57:34	F4049	HAPPY RUNNERS	19
277	516	MIGUEL RIBEIRO	02:58:00	02:57:34	M4049	HAPPY RUNNERS	118
278	573	RUI ESTEVES	02:58:14	02:57:27	M4049	TARTARUGAS SOLIDÁRIAS	119
279	5854	LUÍS DOMINGUES	02:58:14	02:57:28	M4049	INDIVIDUAL	120
280	408	CARLOS FONSECA	02:58:30	02:57:56	M5059	TACLUBE	41
281	416	FEDERICO HERRERA	02:58:47	02:58:10	M4049	CAMILA FICA	121
282	587	ANDREA NEVES	02:58:58	02:58:58	F2339	TU E EU	11
283	5723	MARCO CACHINHO	02:58:58	02:58:33	M2339	KANINOS	73
284	215	JOAQUIM SANTOS	02:59:00	02:58:55	M6099	FALCOES SELVAGENS	9
285	403	PAULO ALVES	02:59:03	02:58:18	M4049	MATILHA RUNNING	122
286	379	IRYNA DYACHOK	02:59:06	02:59:00	F2339	HOUSEMARTINS BELAS	12
287	293	IVO LIMA	02:59:24	02:59:21	M4049	GRUPO DESPORTIVO SANTANDER TOTTA	123
288	570	SÉRGIO TEIXEIRA	02:59:43	02:59:29	M2339	INDIVIDUAL	74
289	269	HUMBERTO JOSÉ DE BARROS	03:00:24	03:00:04	M2339	KANINOS	75
290	5833	PEDRO MACHADO	03:00:40	03:00:17	M5059	RUN 4 FUN	42
291	230	MANUEL PINEDA NAVARRO	03:00:46	03:00:46	M2339	DIABLOS RUNNERS	76
292	437	ANTÓNIO LIMA	03:01:08	03:00:44	M5059	GINJA TEAM	43
293	436	VICTOR FERREIRA	03:01:08	03:00:43	M4049	GINJA TEAM	124

294	407	SANDRA CARDOSO	03:01:20	03:00:47	F4049	JP-RUN	20
295	5823	LUÍS SPENCER	03:01:43	03:01:43	M5059	RUN24RUN	44
296	388	NELSON RUIVO	03:01:46	03:01:32	M5059		45
297	464	EDUARDA AMARAL	03:03:50	03:03:30	F2339		13
298	310	INÊS ABRANTES	03:04:29	03:03:50	F2339	BALHELHAS	14
299	400	NUNO MADUREIRA	03:04:36	03:04:05	M2339		77
300	5798	SÉRGIO ANTUNES	03:05:09	03:04:48	M5059	CLUBE ANACOM	46
301	320	BRUNO NEVES	03:06:22	03:06:22	M2339	LAMEGO TRIBO RUNNERS	78
302	5843	PAULO FARIAS RODRIGUES	03:06:31	03:06:00	M5059	FALCÕES SELVAGENS	47
303	317	MAURO GONÇALVES	03:06:59	03:06:14	M4049	MATILHA RUNNING	125
304	5857	MARIO MENDES	03:08:44	03:08:26	M5059	INDIVIDUAL	48
305	385	NELSON MOREIRA	03:08:51	03:08:26	M2339	CORRER LOURES	79
306	586	TIAGO BASILIO	03:08:54	03:08:05	M4049	TU E EU	126
307	365	AURELIANO DA LUZ	03:09:39	03:09:26	M4049	AS MÁQUINAS	127
308	366	ANA SANTOS	03:09:39	03:09:25	F2339	AS MÁQUINAS	15
309	531	PATRICK GALLAGHER	03:09:47	03:08:55	M4049		128
310	536	DIANE GALLAGHER	03:09:47	03:08:55	F5059	KCR	5
311	5819	PAULA SIMÕES	03:09:51	03:09:13	F2339	TRANQUILIDADE AÇOREANA CLUBE	16
312	394	NATACHA MOUCO	03:10:00	03:09:11	F2339	PANDAS GORDOS	17
313	543	ANTONIO PATACAS	03:10:39	03:10:29	M4049	LESMAS	129
314	311	SOFIA ABRANTES	03:11:16	03:10:37	F2339	BALHELHAS	18
315	5738	NUNO SOUSA	03:11:18	03:11:18	M4049	ARRIBA TRAIL RUNNERS	130
316	469	FREDERICO SOUSA	03:11:28	03:10:47	M5059	LEBRES E TARTARUGAS	49

317	5901	LUIS SANTOS	03:12:08	03:11:36	M2339	JA FOSTE	80
318	5899	OLGA MARTINS	03:12:09	03:11:35	F4049	JA FOSTE	21
319	5900	MARIA ALMEIDA	03:12:09	03:11:34	F2339	JA FOSTE	19
320	326	MARIA DO CÉU FERREIRA RIBEIRO DUARTE	03:12:33	03:12:09	F4049	CORRER LOURES	22
321	289	OLÍVIA CRISTINA GASPAR	03:12:35	03:11:58	F4049		23
322	353	FRANCISCO MACHETA	03:12:35	03:11:58	M4049		131
323	476	LUIZA MIRANDA REIS	03:12:39	03:12:02	F2339		20
324	468	CARLOS GONÇALVES	03:14:00	03:13:19	M6099	LEBRES E TARTARUGAS	10
325	535	JONATHAN SHOEMAKER	03:14:51	03:14:05	M4049		132
326	583	SÓNIA CRUZ	03:15:38	03:14:56	F4049	SOC REG DA GRANJA	24
327	335	LUIS GATINHO	03:17:01	03:16:59	M5059	GRUPO DESPORTIVO SANTANDER TOTTA	50
328	581	PEDRO CUSTODIO	03:18:31	03:18:09	M4049	PERNAS DE GAFANHOTO	133
329	444	LUÍSA PIRES	03:19:30	03:19:07	F4049	SALAMANDRECOS	25
330	266	SANDRA ATALHO BOLAS	03:22:04	03:21:24	F4049	OS PAPOS SECOS	26
331	431	KEUM RYE CHOI	03:22:06	03:21:56	F4049		27
332	323	SERGIO PINHEIRO	03:22:12	03:21:37	M4049	JÁ FOSTE	134
333	560	RODRIGO MORAIS	03:22:18	03:21:40	M2339	INDIVIDUAL	81
334	488	PEDRO TEIXEIRA	03:22:18	03:21:41	M4049	TEAM ERCÍLIA	135
335	559	RICARDO MONIZ	03:22:18	03:21:41	M4049	INDIVIDUAL	136
336	494	LUÍS SILVA	03:24:27	03:24:10	M5059	CLUBE MILLENNIUM BCP	51
337	495	JULIANA SILVA	03:24:27	03:24:11	M4049	CLUBE MILLENNIUM BCP	137
338	534	MONIKA WILK	03:25:39	03:25:39	F2339		21
339	364	JOÃO GILBERTO DE ABREU	03:25:56	03:25:29	M2339	CORRER LOURES	82

340	309	MARIO SANTOS	03:26:41	03:25:57	M4049	MONTE DA LUA RUNNERS	138
341	472	ANTONIO HENRIQUES	03:26:43	03:25:55	M5059		52
342	414	PAULO SOUTO	03:29:12	03:28:56	M5059		53
343	499	NUNO OLIVEIRA	03:32:54	03:32:19	M4049	LUSO-ATLÂNTICA CORRETOR DE SEGUROS SA	139
344	285	MARIA CONDEÇO	03:38:39	03:38:17	F5059	KANINOS	6
345	286	MÁRIO SANTIAGO	03:38:39	03:38:14	M5059	KANINOS	54
346	267	MILENA ALIPIO	03:39:18	03:38:39	F5059	OS PAPOS SECOS	7
347	421	ANDRE LUIZ VAZ	03:39:23	03:38:55	M4049	KMC	140
348	571	GONÇALO DUARTE	03:39:23	03:39:07	M4049	INDIVIDUAL	141
349	425	MANUEL BAPTISTA	03:45:33	03:45:33	M5059	SS CGD	55
350	580	PEDRO MONTEIRO	03:50:51	03:50:26	M5059	TRAILERS	56