

## Geral

#	NOME	DORSAL	EQUIPA	CHEGADA	TEMPO	IDADE	ESCALÃO
<b>1</b>	<b>Carlitos Ramos</b>	<b>69</b>	<b>SAERTEX</b>	<b>12:39:19</b>	<b>02:39:19</b>	<b>2014</b>	<b>MSeniores M</b>
2	LUIS FILIPE MIRANDA DOS SANTOS	65	DAR-R.R.AUTOMATIC-FERMAQ	12:39:43	02:39:43	44	MSeniores M
3	José Manuel Jesus	60	Formobike	12:40:42	02:40:42	47	M45 M
4	Bruno Tavares	77	Clube de Nobrijo	12:47:04	02:47:04	32	MSeniores M
5	Fernando Carvalho	36	O MUNDO DA CORRIDA	12:47:23	02:47:23	38	MSeniores M
6	Rui Cassiano	78	Clube de Nobrijo	12:47:40	02:47:40	32	MSeniores M
7	Paulo Manuel Ramos Santos	41	Mountain Trails	12:51:03	02:51:03	46	M45 M
8	jaime manuel oliveira	63	asas do Cértima	12:53:17	02:53:17	57	M55 M
9	Manuel Lino da Costa	14	Individual	12:53:52	02:53:52	58	M55 M
10	Luis filipe miranda dias pereira	52	avanca labialfarma	12:53:55	02:53:55	44	MSeniores M
11	Jose Carlos Reis Leal	5	Bttrain	12:54:49	02:54:49	44	M40 M
12	Augusto pinto oliveira	84	Paredes Aventura	12:55:46	02:55:46	41	M40 M
13	José Carlos Graca Gil	55	Individual	12:56:32	02:56:32	51	M50 M

14	HUGO GASPAR	72	Individual	12:57:11	02:57:11	39	MSeniores M
15	Fernando Baltazar	68	DAR-R.R.AUTOMATIC-FERMAQ	12:57:37	02:57:37	47	M45 M
16	Telmo Nuno Horta de Almeida	1	Lagrimas Team-Cantanhede	12:59:02	02:59:02	41	M40 M
17	Paulo Carvalho	37	Mundo da Corrida	13:01:44	03:01:44	34	MSeniores M
18	Orlando Manuel Aveiro Pires	18	A.R.S.Miguel-Poiares	13:03:18	03:03:18	44	M45 M
19	Vitor Manuel Jorge Oliveira	86		13:08:53	03:08:53	0	M45 M
20	Tony Graça	8	Free Runners	13:09:01	03:09:01	50	M50 M
21	Paulo Miguel Pereira Viegas	32	coimbra trailrunning	13:09:50	03:09:50	31	MSeniores M
22	Rui Daniel Dinis de Melo	75	CNI Running	13:11:22	03:11:22	29	MSeniores M
23	João Pedro Veleirinho Cardoso	16	CAPGE	13:11:23	03:11:23	23	MSub 23 M
24	ARNALDO OLIVEIRA FERREIRA	7	BTTRAIN	13:12:16	03:12:16	37	MSeniores M
25	Rui Antonio Santos Costa	80	lagrimas team Cantanhede	13:15:08	03:15:08	42	M40 M
26	Arnaldo Duarte Mendes	61	Ori Mondego	13:16:25	03:16:25	35	MSeniores M
27	Jorge Gomes da Silva Pimenta	38	Individual	13:17:22	03:17:22	28	MSeniores M
28	Jorge da Costa Pedro	39	Mountain Trails/cesta da Camponesa	13:17:59	03:17:59	42	M40 M
29	Mário Silva Cardoso	15	Tartarugas do Choupal	13:18:01	03:18:01	60	M60 M

Carlos Rodrigo Neves Madeira da Silva

30	Quintal	20	Individual	13:18:44	03:18:44	35	MSeniores M
31	Vasco Micaelo	67	DAR-R.R.AUTOMATIC-FERMAQ	13:20:31	03:20:31	67	M60 M
32	Nuno Domingos	2	Formobike	13:21:10	03:21:10	40	M40 M
33	Miguel João Ribeiro	53	lagrimas team	13:21:12	03:21:12	37	MSeniores M
34	Martinho José da Silva Pessoa	74	Lagrimas Team	13:22:04	03:22:04	23	MSub 23 M
35	Nuno Pinto Ferreira Carmo	11	Papa Trilhos	13:22:54	03:22:54	17	MSub 23 M
36	ELISIO Gonçalves	59	Individual	13:27:18	03:27:18	42	M40 M
37	Nuno Duarte Fernandes Azul	70	Run Figueira	13:27:58	03:27:58	36	MSeniores M
38	Tony Michael Cunha Vieira	71	Run Figueira	13:28:00	03:28:00	29	MSeniores M
39	Sérgio Miguel Simões Gonçalo	24	BTTRAIN	13:32:52	03:32:52	31	MSeniores M
40	Antonio Jose Neves Almeida	4	Bttrain	13:32:54	03:32:54	40	M40 M
41	João Carlos Assunção dos Santos	3	Individual	13:35:14	03:35:14	43	M40 M
42	José Miguel Fortuna Pinto	76	individual	13:38:38	03:38:38	34	MSeniores M
43	Jose Rodrigues	81		13:39:34	03:39:34	40	M40 M
44	Bruno Gil	31		13:39:59	03:39:59	34	MSeniores M
45	Nelson Orlando Martins	47	individual	13:40:10	03:40:10	44	M40 M
46	Custodio Loureiro	49	Individual	13:40:13	03:40:13	50	M50 M

47	Fernando Luis	21	O MUNDO DA CORRIDA	13:45:52	03:45:52	65	M60 M
48	Isabel Trindade	22	O MUNDO DA CORRIDA	13:45:54	03:45:54	49	M45 F
49	Miguel da Silva Ferreira	17	CAPGE	13:46:10	03:46:10	31	MSeniores M
50	Leonardo Martins Crisóstomo	79		13:50:54	03:50:54	33	MSeniores M
51	Miguel Pimenta	87	Centro Osteopático de Coimbra	13:52:52	03:52:52	36	MSeniores M
52	João Cavadas	64	Lagrimas Team Cantanhede	13:53:24	03:53:24	49	M45 M
53	David Silva Clemente	26	A20KM	13:55:33	03:55:33	44	MSeniores M
54	António José Dias Carmo	12	Papa Trilhos	13:55:39	03:55:39	48	M45 M
55	MARIA DE LURDES RAMOS GIL	44	Mountain Trails	13:57:41	03:57:41	42	M40 F
56	Paulo Manuel Melanda Açafrão	45	Mountain Trails	13:59:01	03:59:01	48	M45 M
57	RENATO MIGUEL RALHA PORTUGAL MATIAS FERREIRA	56	individual	14:00:37	04:00:37	42	M40 M
58	Lara Catarina Carapeta Azambujo	33	Run@figueira	14:00:47	04:00:47	29	MSeniores F
59	Vitor Emanuel Simões Dias	28	Pedra-Rija Running Team	14:06:42	04:06:42	27	MSeniores M
60	Duarte NunoCosta dos Anjos Ferreira	30	Além da Ponte	14:11:21	04:11:21	36	MSeniores M
61	Luís Alberto Bonito Cavaleiro	35	Run@figueira	14:16:54	04:16:54	34	MSeniores M
62	Marisa João	73	Castro Mozinho	14:17:37	04:17:37	38	MSeniores F
63	Miguel da Silva Capela	48	Individual	14:19:32	04:19:32	38	MSeniores M

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64	Esmeralda Melo	85	Run@figueira	14:20:53	04:20:53	51	M50 F
65	Luís Carlos Gil Andrade	25	Mountain Trails	14:21:21	04:21:21	27	MSeniores M
66	Rui Vilar	62		14:30:38	04:30:38	0	MSeniores M
67	Tomás Reis Pinto	19		14:30:40	04:30:40	26	MSeniores M
68	Nuno Miguel Marreiros Bandarra dos Reis	40	Run@Figueira	14:37:35	04:37:35	37	MSeniores M
69	Paulo Alexandre Peres da Rocha	42	Run@Figueira	14:40:55	04:40:55	41	M40 M
70	José Eduardo Gil Andrade	27	Mountain Trails	15:02:16	05:02:16	29	MSeniores M

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