

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	563	Pedro Correia Bastos	A.D.TRAVASSO	01:21:13	00:00:00
2	550	Paulo Rafael Dos Santos Palhinha	Casa do Povo da Abrunheira	01:22:04	00:00:51
3	531	Milton César Miranda Dos Santos	Sport Clube Beira-Mar	01:27:28	00:06:15
4	557	Paulo Jorge Da Silva Amaral	Escola Atletismo Coimbra / JPaiva	01:27:32	00:06:19
5	533	António Manuel Campos De Jesus	Vulcal	01:27:34	00:06:21
6	507	Joze Ferreira		01:28:22	00:07:09
7	548	Vitor Manuel Jorge Oliveira	DCI-CCRD Pedrulha-Mealhada	01:28:26	00:07:13
8	536	Nuno Miguel Silva Coutinho	Norte e Soure	01:29:32	00:08:19
9	514	Vitor Manuel Dos Santos Francisco		01:30:55	00:09:42
10	599	Paulo Alexandre Couveiro Faria	DCI/CCDRP MEALHADA	01:31:43	00:10:30
11	577	Luis Filipe Miranda Dias Pereira	Avança	01:31:53	00:10:40
12	578	Germano Capela	CA Barreira	01:32:41	00:11:28
13	522	Arlindo Lopes Ribeiro	Formobike	01:33:07	00:11:54
14	515	Pedro Filipe Dos Santos Alves	Melguinhas doces	01:33:24	00:12:11
15	501	Luis Miguel Pereira Martins	PASCOALITOS/A.D.BARCOUÇO	01:34:07	00:12:54
16	579	João Carlos Assunção Dos Santos		01:35:24	00:14:11
17	556	Paulo Alexandre Santos Pessoa		01:35:32	00:14:19
18	567	Tiago Rafael Mendes Duarte	Atletismo Clube da Tocha	01:35:33	00:14:20
19	593	Nélio José Da Cruz Oliveira	Atletismo Clube da Tocha	01:36:28	00:15:15
20	602	Rui Miguel Carvalho Cadete	Lama Solta	01:36:58	00:15:45
21	565	Joaquim José Martins	DCI/CCDRP MEALHADA	01:37:39	00:16:26
22	589	Adriano Tabanez	Atletismo Clube da Tocha	01:38:11	00:16:58
23	583	Fernando Machado	Almatrail	01:39:49	00:18:36
24	568	Bruno Alexandre Da Silva Marques	Atletismo Clube da Tocha	01:40:38	00:19:25
25	581	Manuel Silva	Cenap	01:40:57	00:19:44
26	570	Riicardo Filipe Cabete Silva	Atletismo Clube da Tocha	01:40:58	00:19:45
27	505	David Madeira	PASCOALITOS/A.D.BARCOUÇO	01:41:06	00:19:53
28	537	Guilherme Mendes	Trio D\Ataque	01:41:33	00:20:20
29	585	Joao Carlos Miranda Dias Pereira	Tribo	01:43:31	00:22:18
30	516	Mauro André Da Costa Gonçalves		01:43:44	00:22:31
31	582	Luis Filipe Lousada Pires De Lima		01:44:49	00:23:36
32	535	Marco Cunha		01:45:58	00:24:45
33	521	Rui Manuel De Jesus Seabra	CorreRia	01:47:11	00:25:58
34	592	Paulo Pires	A.D.TRAVASSÔ	01:47:25	00:26:12
35	569	Renata Simões Vinagre	OzXtreme/GDCR	01:47:34	00:26:21
36	587	Andreia Baptista		01:47:43	00:26:30
37	591	Luís Filipe Rosete Da Silva		01:47:55	00:26:42
38	502	Luís Filipe Dos Santos Mesquita	Bustos Runners	01:48:31	00:27:18
39	508	Luis Francisco Duarte	Bustos Runners	01:48:35	00:27:22
40	506	Renato César Ribeiro	Bustos Runners	01:49:16	00:28:03
41	525	Paulo Silva	Bustos runners	01:49:18	00:28:05
42	530	Tiago Santos	FlashOver-BVPenela	01:49:52	00:28:39
43	586	Ana Porto		01:49:55	00:28:42
44	601	Narciso Garcia Simões Arromba	CLUVE	01:50:19	00:29:06
45	596	Hugo Pacheco		01:51:53	00:30:40

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
46	546	Miguel Alves Martins 4150-341		01:52:15	00:31:02
47	523	Raul Martins		01:52:55	00:31:42
48	500	Sílvia Gomes	Correio de Albergaria Trail Running	01:54:27	00:33:14
49	509	Manuel Carlos Santos Dias	Correio de Albergaria Trail Running	01:54:29	00:33:16
50	559	Hugo Jorge Pires Ferreira		01:54:31	00:33:18
51	571	David Gabriel Alves Oliveira	SC Povoense - Caracois de Corrida	01:54:45	00:33:32
52	513	Nelson Costa	Bustos Runners	01:55:23	00:34:10
53	562	JosÉ Paulos	A.D. TRAVASSÓ	01:55:41	00:34:28
54	547	Zenaide Catarina Da Silva Alves		01:58:51	00:37:38
55	551	Paulo Jorge Da Silva Pinto		01:58:53	00:37:40
56	539	João Cavadas	Lagrimas Team	01:59:24	00:38:11
57	590	Paulo Carvalho	WILD RUNNERS	02:01:39	00:40:26
58	566	Eunice Da Conceição Magalhães	DCI-CCRD Pedrulha-Mealhada	02:02:16	00:41:03
59	575	Filipe Coelho	Gatinhos Assanhados	02:02:29	00:41:16
60	529	Brian Dias Ferreira		02:02:53	00:41:40
61	540	Nuno Gonçalo Teodosio Oliveira	Trio D'Ataque	02:03:45	00:42:32
62	572	Joaquim Gonçalves Amieiro	USIDEC - Universidade Sénior Cacia	02:03:54	00:42:41
63	554	Jorge Manuel Alves Ramos		02:03:55	00:42:42
64	552	Eduardo Ferreira	Atletismo Clube da Tocha	02:04:44	00:43:31
65	553	Tiago Filipe Da Silva Cruz		02:06:00	00:44:47
66	538	Elton Pinho	Trio D'Ataque	02:06:19	00:45:06
67	549	Guilherme Rodolfo Leite P. Gonçalves		02:06:51	00:45:38
68	560	Nuno Almeida		02:07:06	00:45:53
69	528	Andreia Paulos	A.D. TRAVASSO	02:07:20	00:46:07
70	561	José Abrantes1975	TRIBO NR	02:07:43	00:46:30
71	595	Nuno André Libório Cardetas	EM'Força - SPEM	02:08:04	00:46:51
72	598	Gustavo Severo Baeta	SANTIAGOBIKES	02:08:07	00:46:54
73	527	Miguel A. Martins	X20A Strike Freedom	02:09:37	00:48:24
74	503	Sérgio Marco Medeiros Tavares	Correio de Albergaria Trail Running	02:09:38	00:48:25
75	555	Anselmo Maia		02:10:24	00:49:11
76	524	Alexandre Jose Lopes Costa	Atletismo Clube da Tocha	02:10:43	00:49:30
77	576	Jorge Contente	Gatinhos Assanhados	02:10:47	00:49:34
78	545	Sara Sousa	ARCD Venda da Luísa	02:12:43	00:51:30
79	600	José Ferreira Santos	out 2 run	02:13:32	00:52:19
80	541	Paulo Jorge Correia Faria		02:18:28	00:57:15
81	588	Maria Conceição Marcela Abreu		02:20:04	00:58:51
82	532	Maria De Fátima De Jesus Malta		02:20:31	00:59:18
83	534	Sandra Marisa Matos	Fruta da 5ª	02:22:14	01:01:01
84	604	Nuno Pedro Viana Lemos Matos Santos		02:26:15	01:05:02
85	510	Teresa Malheiro	Correio de Albergaria Trail Running	02:26:18	01:05:05
86	584	Iracema Jesus Alves Ferreira		02:29:10	01:07:57
87	574	Carla Patricia Moreira Rodrigues	OS PRIMOS	02:34:24	01:13:11
88	573	SÉrgio Miguel Rodrigues Moreira	OS PRIMOS	02:34:29	01:13:16
89	544	Rubina Araújo	ARCD Venda da Luísa	02:37:54	01:16:41
90	597	Luis Alberto Dos Santos Freitas	Correio de Albergaria Trail Running	02:49:34	01:28:21

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91	504	Marta Isabel Alves Loureiro	SANTIAGOBIKES	02:52:19	01:31:06
92	558	Angela Reis Felix Moita		02:52:22	01:31:09