

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
1	8956	André Guimaraes	Individual	00:35:06.257	00:35:05.460	00:00:00.000
2	8204	Hugo Borges	Individual	00:35:34.717	00:35:29.070	00:00:28.460
3	8686	Pedro Nadais	Recreio Desportivo De Águeda	00:35:54.967	00:35:52.890	00:00:48.710
4	8501	Carlos Nunes	Casa Do Povo De Mangualde	00:36:10.967	00:36:01.554	00:01:04.710
5	8687	Ricardo Santos	Recreio Desportivo De Águeda	00:36:14.227	00:36:12.830	00:01:07.970
6	8890	Rui Lopes	Associação Académica De Coimbra	00:36:15.967	00:36:12.390	00:01:09.710
7	8562	Pedro Barbosa	Individual	00:36:36.487	00:36:28.897	00:01:30.230
8	8705	Vasco Pereira	Escola De Atletismo De Coimbra/Jpaiva	00:37:06.993	00:37:03.323	00:02:00.736
9	8792	Hélder Costa	Individual	00:37:21.990	00:37:20.413	00:02:15.733
10	8765	Daniel Monteiro	Academia Fernanda Ribeiro	00:38:31.990	00:38:31.990	00:03:25.733
11	8313	Vera Fernandes	Aabv-Lagoa-Algarve	00:38:36.730	00:38:34.177	00:03:30.473
12	8684	Bárbara Oiveira	Recreio Desportivo De Águeda	00:38:53.973	00:38:52.620	00:03:47.716
13	8685	Fábio Castro	Recreio Desportivo De Águeda	00:38:54.227	00:38:52.424	00:03:47.970
14	8766	Nuno Pereira	Individual	00:39:03.227	00:39:02.440	00:03:56.970
15	8891	Rui Rodrigues	Associação Académica De Coimbra	00:39:15.727	00:39:14.317	00:04:09.470
16	8967	Mark Vishnevsky	Individual	00:39:21.477	00:39:03.184	00:04:15.220
17	8638	Jean-Louis Coelho-Inês	Individual	00:39:30.223	00:39:26.810	00:04:23.966
18	8944	Ricardo Pinho	Individual	00:39:32.463	00:39:04.913	00:04:26.206
19	8616	Rúben Almeida	Caob - Oliveira Do Bairro	00:39:35.973	00:39:32.433	00:04:29.716
20	8718	Filipe Carvalho	Individual	00:40:02.463	00:39:53.673	00:04:56.206
21	8794	Fernando Figueiredo	Individual	00:40:12.720	00:40:11.143	00:05:06.463
22	8424	Ricardo Sousa	Tribo Nr	00:41:03.960	00:40:59.723	00:05:57.703
23	8615	Nuno Silva	Caob - Oliveira Do Bairro	00:41:04.727	00:41:01.774	00:05:58.470
24	8020	Alcino Silva	Clube Independente De Atletismo De Alpendorada	00:41:06.450	00:39:06.270	00:06:00.193
25	8425	Tiago Taborda	Tribo Nr	00:41:15.730	00:41:12.053	00:06:09.473
26	8743	Pedro Magalhães	Europarque Running	00:41:16.980	00:41:03.940	00:06:10.723
27	8889	Pedro Varela	Associação Académica De Coimbra	00:41:36.477	00:41:34.057	00:06:30.220
28	8333	Paulo Toledo	Individual	00:41:45.237	00:41:41.574	00:06:38.980
29	8671	Pedro Gerardo	Individual	00:41:55.480	00:41:27.820	00:06:49.223
30	8702	Luis Oliveira	Escola De Atletismo De Coimbra/Jpaiva	00:42:03.977	00:41:50.927	00:06:57.720
31	8724	Mark Suddaby	Individual	00:42:49.447	00:42:03.894	00:07:43.190
32	8364	Edite Santos	Individual	00:43:10.627		00:08:04.370
33	8535	Marco Pereira	Guardarunners	00:43:13.233	00:42:35.573	00:08:06.976
34	8963	Eva Gonzalez	Individual	00:43:32.950	00:42:12.997	00:08:26.693
35	8964	Marcos Blanco	Individual	00:43:32.950	00:42:12.520	00:08:26.693
36	8235	Joaquim Ribeiro	Sporting Clube De Braga	00:43:41.940	00:43:25.863	00:08:35.683
37	8936	Joaquim Ramos	Individual	00:43:48.697	00:42:24.790	00:08:42.440
38	8253	Manuel Teixeira	Individual	00:44:10.487	00:44:01.077	00:09:04.230
39	854	João Ferreira	Individual	00:44:26.423	00:44:04.013	00:09:20.166
40	8505	João Rosinha	Arsm - Associação Recreativa De S. Miguel	00:44:35.693	00:44:30.860	00:09:29.436
41	8887	Fernando Agante	Associação Académica De Coimbra	00:44:39.737	00:44:35.937	00:09:33.480
42	8885	António Pêgo	Associação Académica De Coimbra	00:44:39.937	00:44:28.790	00:09:33.680
43	8439	Pedro Silva	Individual	00:45:04.240	00:44:48.690	00:09:57.983
44	8461	Nuno Gomes	Individual	00:45:29.177	00:45:00.730	00:10:22.920

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
45	8851	Gonalo Pereira	Individual	00:45:35.240	00:43:29.443	00:10:28.983
46	8683	Rui Borges	Escola De Atletismo De Coimbra/Jpaiva	00:45:37.423	00:43:11.400	00:10:31.166
47	8601	Maria Pereira	Escola De Atletismo De Coimbra/Jpaiva	00:45:52.737	00:45:31.680	00:10:46.480
48	8955	Leonardo Travitzki	Individual	00:45:58.417	00:43:47.134	00:10:52.160
49	8608	Daniel Viera	Individual	00:46:07.737	00:45:47.420	00:11:01.480
50	8457	Ana Gomes	Guardarunners	00:46:17.430	00:45:41.257	00:11:11.173
51	8500	Andre Nunes	Casa Do Povo De Mangualde	00:46:18.237	00:46:01.944	00:11:11.980
52	8793	Joao Carvalho	Individual	00:46:23.170	00:46:18.120	00:11:16.913
53	8886	Carlos Ribeiro	Associao Acadmica De Coimbra	00:46:37.917	00:46:27.320	00:11:31.660
54	8862	Acacio Martins	Individual	00:46:55.240	00:45:08.460	00:11:48.983
55	8237	Jlio Teixeira	Individual	00:46:59.490	00:46:50.197	00:11:53.233
56	618	Pedro Farto	Academia Do Pro Peniche	00:47:07.667	00:46:36.024	00:12:01.410
57	8335	Rui Oliveira	Individual	00:47:13.667	00:47:06.060	00:12:07.410
58	8089	Marcelo Fernandes	Individual	00:47:39.243	00:45:26.963	00:12:32.986
59	8899	Patrick Toss	Cires Running Team	00:47:41.910	00:46:49.873	00:12:35.653
60	8939	Vera Ferreira	Individual	00:47:46.907	00:47:22.750	00:12:40.650
61	8506	Paulo Alegria	Individual	00:47:49.660	00:46:17.620	00:12:43.403
62	8690	Daniela Falco	Individual	00:47:53.407	00:47:45.820	00:12:47.150
63	8751	Susana Meireles	Escola De Atletismo De Coimbra/Jpaiva	00:47:58.660	00:47:31.253	00:12:52.403
64	328	Rodrigo Coelho	Individual	00:48:07.657	00:47:03.240	00:13:01.400
65	8050	Jorge Faria	Nokia Runners	00:48:29.903	00:46:25.250	00:13:23.646
66	8342	Jaime Neto	Individual	00:48:33.403	00:48:05.336	00:13:27.146
67	8940	Jos Resende	Individual	00:48:36.153	00:46:39.490	00:13:29.896
68	8436	Tiago Mendona	Kirchhoff - Konect Running Team	00:48:43.400	00:45:55.373	00:13:37.143
69	8926	Jonas Dewolf	Team Rikkie	00:48:52.743	00:46:51.086	00:13:46.486
70	8534	Filipe Sousa	Individual	00:48:56.657	00:48:33.990	00:13:50.400
71	8921	Paul Delabays	Individual	00:49:09.647	00:46:43.107	00:14:03.390
72	8103	Manuel Oliveira	Individual	00:49:15.397	00:48:52.487	00:14:09.140
73	8139	Manuel Gomes	Individual	00:49:29.157	00:47:51.237	00:14:22.900
74	8731	Catarina Cardoso	Europarque Running	00:49:49.503	00:49:32.720	00:14:43.246
75	8691	Lus Silva	Ria Stone Team	00:49:51.997	00:49:26.927	00:14:45.740
76	8052	Rui Godinho	Individual	00:49:54.640	00:49:42.083	00:14:48.383
77	8884	Celso Maia	Individual	00:49:57.643	00:48:21.100	00:14:51.386
78	8435	Miguel Miranda	Kirchhoff - Konect Running Team	00:50:22.377	00:49:54.480	00:15:16.120
79	8625	Ana Peirats	Individual	00:50:25.497	00:47:53.467	00:15:19.240
80	8298	Pedro Eufsio	Individual	00:50:27.387	00:47:50.957	00:15:21.130
81	8278	Tiago Fernandes	Aveiro Runners	00:50:30.250	00:49:53.213	00:15:23.993
82	8664	Joo Almeida	Individual	00:50:32.377	00:47:58.110	00:15:26.120
83	8138	Eduardo Oliveira	Individual	00:50:33.637	00:48:54.977	00:15:27.380
84	8894	Arthur Tropia	Individual	00:50:44.000	00:49:00.220	00:15:37.743
85	8920	Rui Fragoso	Individual	00:50:48.377	00:48:23.617	00:15:42.120
86	8125	Jose Vieira	Individual	00:50:50.883	00:47:29.476	00:15:44.626
87	8191	Sara Conceio	Fitness Team	00:50:54.373	00:48:54.700	00:15:48.116
88	8823	Rafael Oliveira	Individual	00:50:54.747	00:48:48.090	00:15:48.490

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
89	8585	Fernando Leite	Individual	00:50:56.133	00:50:33.596	00:15:49.876
90	8550	Humberto Alves	Tribo Nr	00:50:57.383	00:50:22.726	00:15:51.126
91	8371	Tiago Abreu	Individual	00:51:00.497	00:48:25.077	00:15:54.240
92	8970	João Negrão	Individual	00:51:30.003	00:48:17.960	00:16:23.746
93	8692	Diogo Oliveira	Individual	00:51:31.627	00:48:35.430	00:16:25.370
94	8745	Rafael Andrade	Europarque Running	00:51:35.500	00:50:43.947	00:16:29.243
95	8711	Liliana Martinho	Individual	00:51:35.503	00:51:26.713	00:16:29.246
96	8725	Rodrigo Santos	Individual	00:51:36.127	00:48:54.727	00:16:29.870
97	8849	Nelson Rocha	Individual	00:51:38.250	00:49:23.190	00:16:31.993
98	8171	Marco Rodrigues	M´ S Running	00:51:41.630	00:48:57.863	00:16:35.373
99	8487	Fernanda Gil	Individual	00:51:44.503	00:49:48.346	00:16:38.246
100	8867	Carlos Negrão	Individual	00:51:51.500	00:48:27.843	00:16:45.243
101	8499	João Abrunheiro	Individual	00:52:23.003	00:50:43.353	00:17:16.746
102	8708	Daniel Costa	Individual	00:52:28.253	00:50:20.726	00:17:21.996
103	8527	Fernando Almeida	Individual	00:52:30.657	00:50:53.744	00:17:24.400
104	8045	José Sá	Individual	00:52:53.753	00:52:01.596	00:17:47.496
105	8598	Nelson Rosete	Atletismo Clube Da Tocha	00:52:58.757	00:51:19.317	00:17:52.500
106	8003	Hugo Pinto	Individual	00:53:05.867	00:51:21.960	00:17:59.610
107	8434	Marco Silva	Kirchhoff - Konect Running Team	00:53:15.617	00:50:50.084	00:18:09.360
108	8675	Silvia Baptista	Individual	00:53:16.357	00:51:11.427	00:18:10.100
109	8421	João Duarte	Aabv-Lagoa-Algarve	00:53:20.357	00:53:15.960	00:18:14.100
110	8873	Nelson Lopes	Individual	00:53:22.613	00:51:18.460	00:18:16.356
111	8700	Dora Serra	Escola De Atletismo De Coimbra/Jpaiva	00:53:23.257	00:53:01.720	00:18:17.000
112	8971	Rui Esteves	Individual	00:53:24.757	00:50:12.717	00:18:18.500
113	8542	Hugo Lima	Individual	00:53:35.113	00:50:17.600	00:18:28.856
114	8797	Filipe Santos	Individual	00:53:35.257	00:49:39.497	00:18:29.000
115	8427	Liliana Silva	Tribo Nr	00:53:35.863	00:53:23.306	00:18:29.606
116	8320	Antonio Lopes	Individual	00:53:43.257	00:53:23.704	00:18:37.000
117	8502	Blandino Silva	Individual	00:53:44.357	00:51:09.307	00:18:38.100
118	8031	Paulo Loureiro	Gapafit Castro Daire	00:53:44.507	00:51:19.857	00:18:38.250
119	8674	Guilherme Carlos	Individual	00:53:44.610	00:50:01.690	00:18:38.353
120	8795	Amilcar Vinagre	Individual	00:53:48.113	00:50:46.206	00:18:41.856
121	8942	Jorge Santos	Individual	00:53:48.613	00:51:08.963	00:18:42.356
122	8351	Vitor Braz	Os Filhos Da Noite	00:53:48.613	00:51:20.186	00:18:42.356
123	8901	Sandra Santos	Individual	00:53:52.900	00:51:30.747	00:18:46.643
124	8507	Krystian Struszczyk	Individual	00:53:56.860	00:51:58.330	00:18:50.603
125	8624	Paulo Almeida	Individual	00:53:58.613	00:52:37.456	00:18:52.356
126	8614	Luis Lopes	Individual	00:53:59.257	00:52:27.357	00:18:53.000
127	8768	Ribau Esteves	Individual	00:54:04.107	00:54:01.564	00:18:57.850
128	8575	Jorge Pessoa	Individual	00:54:07.007	00:51:35.474	00:19:00.750
129	8192	Francisco Pessoa	Individual	00:54:07.257	00:51:35.480	00:19:01.000
130	8183	Filomena Santos	C.M.M.C. Vale De Cambra	00:54:11.757	00:53:48.847	00:19:05.500
131	8181	Carlos Silva	C.M.M.C. Vale De Cambra	00:54:12.010	00:53:48.217	00:19:05.753
132	8602	Leonel Dias	Runners Sernancelhe Terra Da Castanha	00:54:16.007	00:50:55.864	00:19:09.750

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
133	8225	Octavio Linhares	Individual	00:54:18.757	00:51:45.840	00:19:12.500
134	8737	Ivan Silva	Europarque Running	00:54:20.007	00:54:02.677	00:19:13.750
135	8668	Humberto Dias	Individual	00:54:23.257	00:52:29.097	00:19:17.000
136	8431	Anthony Borges	Kirchhoff - Konect Running Team	00:54:27.107	00:51:39.580	00:19:20.850
137	8305	João Leal	Individual	00:54:31.107	00:52:13.550	00:19:24.850
138	8189	Cristiana Santos	Fitness Team	00:54:32.347	00:52:32.694	00:19:26.090
139	8190	Diana Pinho	Fitness Team	00:54:32.347	00:52:32.324	00:19:26.090
140	8367	Luis Alves	Individual	00:54:34.010	00:50:58.247	00:19:27.753
141	8949	José Conde	Individual	00:54:35.107	00:54:32.780	00:19:28.850
142	8755	Fernando Lacerda	Individual	00:54:36.347	00:52:18.810	00:19:30.090
143	8213	Fernando Cunha	Individual	00:54:36.347	00:52:15.554	00:19:30.090
144	8357	José Almeida	Fresenius Kabi Runners	00:54:36.857	00:50:35.104	00:19:30.600
145	8528	António Maia	Os Rompe Solas	00:54:38.510	00:54:31.463	00:19:32.253
146	8432	Bruno Moreira	Kirchhoff - Konect Running Team	00:54:40.783	00:51:53.513	00:19:34.526
147	8140	Túlio Tomaz	Individual	00:54:44.343	00:52:58.436	00:19:38.086
148	8236	Luis Silva	Sporting Clube De Braga	00:54:53.353	00:54:17.186	00:19:47.096
149	8121	David Pinho	Jesus Runners	00:54:54.603	00:52:10.756	00:19:48.346
150	8846	Nuno Marques	Individual	00:54:55.613	00:52:35.953	00:19:49.356
151	8644	David Cavaleiro	Mws Running Team	00:55:00.013	00:52:30.616	00:19:53.756
152	8759	Hélder Aguiar	Individual	00:55:06.340	00:53:15.573	00:20:00.083
153	8482	Simão Santana	Individual	00:55:08.600	00:52:24.073	00:20:02.343
154	8669	Celina Dias	Individual	00:55:10.343	00:53:17.440	00:20:04.086
155	8266	Carlos Chaves	Individual	00:55:11.600	00:51:56.943	00:20:05.343
156	8532	Valter Pinho	Bravos & Bravitas	00:55:13.257	00:53:08.487	00:20:07.000
157	8038	Pedro Marques	Individual	00:55:15.100	00:53:12.440	00:20:08.843
158	8824	Avelino Silva	Individual	00:55:18.343	00:52:49.913	00:20:12.086
159	8844	Dina Sousa	Individual	00:55:18.600	00:52:50.827	00:20:12.343
160	8088	Henrique Pastor	Amigos Atletismo Mafra	00:55:19.600	00:52:35.560	00:20:13.343
161	8530	Sotero Martins	Os Rompe Solas	00:55:21.347	00:55:14.264	00:20:15.090
162	8030	Marlene Martins	Gapafit Castro Daire	00:55:22.510	00:52:50.083	00:20:16.253
163	8707	Carina Almeida	Individual	00:55:22.513	00:52:27.606	00:20:16.256
164	8106	Felisbino Almeida	Individual	00:55:24.513	00:52:43.360	00:20:18.256
165	8087	Alexandre Pastor	Amigos Atletismo Mafra	00:55:24.597	00:52:40.557	00:20:18.340
166	8727	André Pais	Europarque Running	00:55:28.337	00:52:56.044	00:20:22.080
167	8258	Maria Benquerença	Individual	00:55:28.510	00:52:39.987	00:20:22.253
168	8393	Duarte Mendes	Individual	00:55:30.510	00:52:25.597	00:20:24.253
169	8101	Carlos Silva	Individual	00:55:32.510	00:53:40.970	00:20:26.253
170	8769	Hélio Silva	Individual	00:55:34.847	00:52:34.434	00:20:28.590
171	5228	Maria Vale	Viriathvs Runners Viseu	00:55:41.510	00:54:31.353	00:20:35.253
172	8093	Cristina Silva	Aveiro Runners	00:55:44.847	00:53:43.817	00:20:38.590
173	8524	António Fernandes	Mancos	00:55:45.260	00:53:21.963	00:20:39.003
174	8752	José Teixeira	Individual	00:55:50.607	00:54:05.947	00:20:44.350
175	8709	Tiago Almeida	Individual	00:55:52.847	00:53:14.574	00:20:46.590
176	8533	Vera Leite	Bravos & Bravitas	00:55:54.097	00:53:49.807	00:20:47.840

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
177	8716	Hugo Garcia	Individual	00:55:54.333	00:53:36.560	00:20:48.076
178	8414	Jorge Ribeiro	Individual	00:55:55.597	00:54:09.450	00:20:49.340
179	8761	Ana Lemos	Patrulha Pata	00:55:55.600	00:53:28.953	00:20:49.343
180	8770	Délio Carquejo	Iscia	00:55:57.097	00:52:45.697	00:20:50.840
181	8481	Alexis Pereira	Individual	00:56:01.343	00:52:25.833	00:20:55.086
182	8776	Dora Duarte	Individual	00:56:08.843	00:53:31.676	00:21:02.586
183	8651	Sérgio Vieira	Individual	00:56:14.770	00:53:12.237	00:21:08.513
184	8137	Diogo Barge	Individual	00:56:16.097	00:54:36.684	00:21:09.840
185	8147	Luis Gama	Individual	00:56:16.333	00:55:25.296	00:21:10.076
186	8344	Leonor Rocha	Aveiro Runners	00:56:16.597	00:53:12.447	00:21:10.340
187	8479	Miguel Almeida	Egis Road Operation Portugal	00:56:18.590	00:55:36.193	00:21:12.333
188	8470	Marco Correia	Ria Stone Team	00:56:18.840	00:53:08.323	00:21:12.583
189	8735	Gil Fontes	Europarque Running	00:56:21.590	00:55:26.297	00:21:15.333
190	8228	António Cerejo	Mr&Mrs	00:56:25.840	00:54:11.563	00:21:19.583
191	8961	Carlos Martins	Individual	00:56:26.513	00:52:46.743	00:21:20.256
192	8105	Bruno Camarada	Individual	00:56:26.590	00:53:06.077	00:21:20.333
193	8353	Tiago Carvalho	Individual	00:56:29.840	00:54:02.310	00:21:23.583
194	8345	Jose Silva	Queirã Runners	00:56:30.837	00:52:57.640	00:21:24.580
195	8739	Joel Marques	Europarque Running	00:56:33.337	00:55:38.040	00:21:27.080
196	8865	António Saraiva	Individual	00:56:39.587	00:55:02.177	00:21:33.330
197	8019	Zi Barros	Viriathvs Runners Viseu	00:56:40.597	00:54:45.947	00:21:34.340
198	8960	Alexandre Santos	Individual	00:56:41.087	00:53:00.560	00:21:34.830
199	8968	Michelle Genin	Individual	00:56:46.837	00:53:51.044	00:21:40.580
200	8786	Francisco Simões	Tvlar	00:56:47.513	00:56:23.216	00:21:41.256
201	8308	Basilio Simões	Individual	00:56:54.587	00:54:04.797	00:21:48.330
202	8341	Pedro Correia	Olympic Silvas	00:56:56.267	00:54:53.354	00:21:50.010
203	8706	Ana Brandão	Individual	00:56:59.587	00:54:04.684	00:21:53.330
204	8962	Pedro Sendão	Individual	00:57:01.083	00:53:20.930	00:21:54.826
205	8244	Pedro Serodio	El Spa Meliá Ria	00:57:05.833	00:53:28.563	00:21:59.576
206	8323	Marisa Mascarenhas	Individual	00:57:06.833	00:53:44.930	00:22:00.576
207	5297	José Trindade	Tribalistas De Aveiro	00:57:07.763	00:54:12.710	00:22:01.506
208	8471	Nádia Rodrigues	Ria Stone Team	00:57:09.513	00:53:58.996	00:22:03.256
209	8641	Filipe Augusto	Runners Sernancelhe Terra Da Castanha	00:57:11.333	00:53:48.933	00:22:05.076
210	8577	Ana Almeida	Individual	00:57:11.767	00:55:02.220	00:22:05.510
211	8186	Ernesto Santos	Individual	00:57:16.017	00:51:21.027	00:22:09.760
212	8123	Bruna Santos	Os Incansáveis	00:57:16.263	00:55:13.733	00:22:10.006
213	8124	Hugo Ribeiro	Os Incansáveis	00:57:16.583	00:55:13.816	00:22:10.326
214	969	Carlos Ramos	Individual	00:57:17.833	00:55:04.056	00:22:11.576
215	8670	Rafael Gomes	Individual	00:57:18.583	00:53:30.433	00:22:12.326
216	8523	Rui Oliveira	Grupo De Corrida De Argoncilhe	00:57:19.083	00:55:19.433	00:22:12.826
217	8259	Manuel Costa	El Spa Meliá Ria	00:57:21.517	00:54:27.864	00:22:15.260
218	8297	Daniel Costa	Viseu360	00:57:22.083	00:54:43.916	00:22:15.826
219	8386	Jose Cruz	Individual	00:57:26.263	00:55:38.473	00:22:20.006
220	8053	Sandra Aguiar	Individual	00:57:27.587	00:57:15.300	00:22:21.330

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
221	8568	Andrés Montero	Individual	00:57:28.263	00:55:09.993	00:22:22.006
222	8859	Sandra Coelho	Javalis - Amizade & Glória	00:57:30.833	00:56:30.043	00:22:24.576
223	8858	Marco Silva	Javalis - Amizade & Glória	00:57:31.017	00:56:31.710	00:22:24.760
224	8680	Pintinha João	Individual	00:57:31.333	00:55:49.806	00:22:25.076
225	8643	Sérgio Pacheco	Individual	00:57:31.517	00:53:57.237	00:22:25.260
226	8146	Pedro Almeida	Individual	00:57:38.517	00:52:27.364	00:22:32.260
227	8712	Vasco Silva	Individual	00:57:41.327	00:55:10.404	00:22:35.070
228	8399	Frederico Figueira	Individual	00:57:43.080	00:55:02.057	00:22:36.823
229	8892	Miguel Nuno	Individual	00:57:43.767	00:55:31.740	00:22:37.510
230	8384	Luis Reis	Individual	00:57:44.080	00:55:56.550	00:22:37.823
231	8172	Marta Soares	M´ S Running	00:57:45.327	00:55:01.530	00:22:39.070
232	8368	Vitor Oliveira	Aveiro Runners	00:57:48.830	00:55:42.797	00:22:42.573
233	8092	Cristina Silva	Aveiro Runners	00:57:52.580	00:55:51.553	00:22:46.323
234	8063	Alexandra Pinho	Run 4 Fun	00:57:52.580	00:55:51.307	00:22:46.323
235	8411	Ana Guedes	El Spa Meliá Ria	00:57:54.077	00:55:00.667	00:22:47.820
236	8639	Fernando Mendes	Individual	00:58:00.320	00:55:56.783	00:22:54.063
237	8848	Fernando Miranda	Individual	00:58:03.513	00:56:06.353	00:22:57.256
238	8429	Nelson Tavares	C.M.M.C. Vale De Cambra	00:58:05.267	00:55:54.610	00:22:59.010
239	8653	Rui Gomes	Individual	00:58:07.827	00:54:33.817	00:23:01.570
240	8478	Paulo Costa	Iscia	00:58:08.267	00:54:41.360	00:23:02.010
241	8245	Maria Rolla	El Spa Meliá Ria	00:58:09.770	00:55:16.867	00:23:03.513
242	8151	Alcides Marques	Individual	00:58:11.577	00:55:29.287	00:23:05.320
243	8895	Tiago Rocha	Melguinhas Doces	00:58:12.517	00:55:53.304	00:23:06.260
244	8381	Carlos Neves	Acd Ases Sta Eufemia	00:58:12.587		00:23:06.330
245	8610	Carlos Ribeiro	Acd Ases Sta Eufemia	00:58:12.587		00:23:06.330
246	8218	Miguel Santos	Viriathvs Runners Viseu	00:58:13.083	00:55:00.066	00:23:06.826
247	8626	Hugo Silva	Acd Ases Sta Eufemia	00:58:13.267		00:23:07.010
248	8762	Manuel Ferreira	Individual	00:58:16.833	00:55:49.186	00:23:10.576
249	8538	Miguel Morgado	Cpt Coimbra	00:58:17.017	00:56:03.994	00:23:10.760
250	8032	Isaul Rodrigues	Academia Do Pro Peniche	00:58:20.823	00:58:13.160	00:23:14.566
251	8130	José Oliveira	Queirã Runners	00:58:21.517	00:54:47.610	00:23:15.260
252	8652	Bruno Ferreira	Individual	00:58:23.573	00:54:34.423	00:23:17.316
253	8013	Ana Gandaio	Individual	00:58:24.767	00:57:58.217	00:23:18.510
254	8220	Elisabete Leitão	Runners Sernancelhe Terra Da Castanha	00:58:30.017	00:50:39.607	00:23:23.760
255	8131	Rui Correia	Queirã Runners	00:58:33.017	00:54:59.600	00:23:26.760
256	8486	Francisco Vaz	Individual	00:58:36.270	00:57:28.100	00:23:30.013
257	8197	Rui Dias	Individual	00:58:43.823	00:56:30.536	00:23:37.566
258	8196	Iolanda Batista	Individual	00:58:43.827	00:56:30.547	00:23:37.570
259	8857	Lina Coelho	Javalis - Amizade & Glória	00:58:49.277	00:57:48.204	00:23:43.020
260	8856	José Figueiredo	Javalis - Amizade & Glória	00:58:49.603	00:57:49.553	00:23:43.346
261	8738	Joana Sousa	Europarque Running	00:58:49.607	00:56:18.570	00:23:43.350
262	8750	Vânia Costa	Europarque Running	00:58:50.073	00:56:19.046	00:23:43.816
263	8127	Vladimir Koptev	Individual	00:58:50.267	00:54:53.010	00:23:44.010
264	8620	Caio Vitoriano	Corra Galado, Corra!	00:58:53.020	00:55:34.853	00:23:46.763

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
265	8049	Joana Tavares	Nokia Runners	00:58:53.823	00:56:49.423	00:23:47.566
266	8529	Florbela Linhares	Os Rompe Solas	00:58:57.820	00:58:51.737	00:23:51.563
267	8272	Sérgio Melo	El Spa Meliá Ria	00:59:01.070	00:55:45.543	00:23:54.813
268	8100	Vítor Salgado	Individual	00:59:03.767	00:56:26.730	00:23:57.510
269	8965	António Ribeiro	Individual	00:59:03.820	00:55:31.657	00:23:57.563
270	8959	Rui Martins	Individual	00:59:04.830	00:54:49.673	00:23:58.573
271	8958	Liana Silva	Individual	00:59:07.067	00:55:59.784	00:24:00.810
272	8927	Hugo Marques	Individual	00:59:08.570	00:56:22.527	00:24:02.313
273	8067	Catia Bras	Bicademia Runners	00:59:11.070	00:57:39.277	00:24:04.813
274	8058	Ana Silva	Individual	00:59:11.070	00:57:18.533	00:24:04.813
275	8230	Cátia Moreira	Individual	00:59:12.817	00:56:01.534	00:24:06.560
276	8252	José Freitas	El Spa Meliá Ria	00:59:14.267	00:55:59.007	00:24:08.010
277	8576	Carla Ferreira	Individual	00:59:14.817	00:57:06.280	00:24:08.560
278	8676	Manuela Vieira	Individual	00:59:17.067	00:56:32.404	00:24:10.810
279	8957	Carlos Rodrigues	Individual	00:59:17.770	00:55:36.487	00:24:11.513
280	8114	Rita Moura	Exerciseforyou	00:59:23.270	00:55:59.760	00:24:17.013
281	8679	Helder Ferreira	Individual	00:59:23.770	00:55:59.977	00:24:17.513
282	8014	Carlos Gandaio	Individual	00:59:26.770	00:57:21.707	00:24:20.513
283	8199	José Leal	Individual	00:59:34.020	00:57:15.480	00:24:27.763
284	8119	Mário Dias	Individual	00:59:39.777	00:57:16.254	00:24:33.520
285	8746	Rosa Rosário	Europarque Running	00:59:41.270	00:58:49.477	00:24:35.013
286	8657	Aurelio Carvalho	Individual	00:59:50.307	00:57:31.024	00:24:44.050
287	8286	Vera Maia	Individual	00:59:50.520	00:57:13.863	00:24:44.263
288	8078	Roberto Silva	Individual	00:59:52.520	00:57:01.000	00:24:46.263
289	8777	Fernando Leite	Individual	00:59:55.770	00:56:16.620	00:24:49.513
290	8813	Carina Costa	Individual	00:59:56.777	00:57:23.000	00:24:50.520
291	8590	Liliana Amorim	Individual	01:00:02.563	00:58:04.756	00:24:56.306
292	8661	Marta Senos	Individual	01:00:02.770	00:58:05.243	00:24:56.513
293	8469	António Pereira	Ria Stone Team	01:00:03.060	00:56:51.793	00:24:56.803
294	8594	Jodir Lima	Individual	01:00:05.270	00:53:53.367	00:24:59.013
295	8016	João Marques	Individual	01:00:06.560	00:58:35.903	00:25:00.303
296	8627	Manuel Costa	Individual	01:00:09.810	00:56:40.160	00:25:03.553
297	8693	Nuno Almeida	Individual	01:00:10.020	00:56:56.730	00:25:03.763
298	8552	Paulo Dias	Individual	01:00:21.060	00:58:12.527	00:25:14.803
299	8394	Nuno Vieira	Individual	01:00:24.523	00:58:57.126	00:25:18.266
300	8292	Marcelo Almeida	Individual	01:00:24.807	00:56:39.637	00:25:18.550
301	8164	Hélder Aguiar	Porcupine Monkeys	01:00:26.273	00:58:34.996	00:25:20.016
302	8312	Maura Ferreira	Individual	01:00:26.807	00:57:06.134	00:25:20.550
303	8551	Cheila Dias	Individual	01:00:28.060	00:58:18.157	00:25:21.803
304	8360	Antonio Pires	Individual	01:00:30.580	00:57:28.173	00:25:24.323
305	8666	Myriam Vieitez	Individual	01:00:31.273	00:58:14.110	00:25:25.016
306	8028	Filipe Brandão	Jesus Runners	01:00:31.770	00:57:50.750	00:25:25.513
307	8027	Antonio Oliveira	Jesus Runners	01:00:32.057	00:57:53.530	00:25:25.800
308	8578	Andreia Valente	Caga Tacos Running Team	01:00:35.523	00:59:21.490	00:25:29.266

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
309	8247	Daniela Gloria	El Spa Meliá Ria	01:00:35.807	00:57:41.660	00:25:29.550
310	8494	João Silva	Individual	01:00:39.557	00:57:25.027	00:25:33.300
311	8754	Ricardo Pinho	Individual	01:00:40.560	00:58:44.393	00:25:34.303
312	8485	Palmira Baltazar	Guardarunners	01:00:40.770	00:59:32.597	00:25:34.513
313	8010	Carlos Barroso	Individual	01:00:40.810	00:58:45.023	00:25:34.553
314	8107	Odília Pereira	Tartarugas Solidárias	01:00:41.023	00:58:24.986	00:25:34.766
315	8153	Carlos Santos	Individual	01:00:41.520	00:57:34.600	00:25:35.263
316	8446	João Antunes	Individual	01:00:42.523	00:57:58.246	00:25:36.266
317	8120	Sara Petiz	Individual	01:00:45.770	00:58:23.000	00:25:39.513
318	8629	João Neves	Individual	01:00:47.273	00:58:06.003	00:25:41.016
319	8630	Rui Morgado	Individual	01:00:48.273	00:58:07.503	00:25:42.016
320	8882	Fernando Oliveira	Individual	01:00:50.773	00:57:09.860	00:25:44.516
321	8294	Sandra Almeida	Individual	01:00:52.057	00:57:06.867	00:25:45.800
322	8017	Jorge Silva	Molinhas Team	01:00:52.803	00:58:32.403	00:25:46.546
323	8742	Laurinda Oliveira	Europarque Running	01:00:54.273	00:58:39.236	00:25:48.016
324	8163	Silvina Graça	Individual	01:00:54.527	00:58:57.360	00:25:48.270
325	8673	Bruno Goncalves	Individual	01:00:55.057	00:59:14.027	00:25:48.800
326	8156	Pedro Santos	Individual	01:00:56.557	00:58:14.277	00:25:50.300
327	8307	Bruno Leite	Individual	01:00:57.773	00:57:44.006	00:25:51.516
328	8881	Rui Ribeiro	Bys- Beyourself	01:00:59.303	00:57:25.790	00:25:53.046
329	8678	Mariana Roque	Individual	01:01:03.063	00:54:35.660	00:25:56.806
330	8912	Rui Pinto	Vitória	01:01:03.307	00:59:34.660	00:25:57.050
331	8908	Aurora Lemos	Vitória	01:01:03.523	00:59:34.870	00:25:57.266
332	8637	Paulo Calisto	Individual	01:01:06.273	00:57:00.376	00:26:00.016
333	8083	Angelo Paiva	Individual	01:01:07.527	00:58:52.584	00:26:01.270
334	8018	Francisca Barros	Individual	01:01:07.553	00:57:38.386	00:26:01.296
335	8840	Paulo Andrade	""Os Magriços""	01:01:10.773	00:58:10.736	00:26:04.516
336	8838	Nélio Cardoso	""Os Magriços""	01:01:10.813	00:58:10.290	00:26:04.556
337	8861	Carla Magalhães	Individual	01:01:12.553	00:59:16.766	00:26:06.296
338	8142	Paula Miranda	Individual	01:01:12.553	00:59:17.143	00:26:06.296
339	8540	Paulo Vasconcelos	Prestigio Alpina	01:01:16.273	00:59:20.233	00:26:10.016
340	8780	Vasco Pires	R5 Consulting Engineers	01:01:17.053	00:57:49.793	00:26:10.796
341	8493	Lucio Batista	Ca Running Tour	01:01:17.803	00:59:03.896	00:26:11.546
342	8178	António Sario	Individual	01:01:18.023	00:58:52.263	00:26:11.766
343	8748	Teresa Soares	Europarque Running	01:01:20.293	00:58:49.520	00:26:14.036
344	8574	Antonio Macedo	Caga Tacos Running Team	01:01:22.803	00:59:05.526	00:26:16.546
345	8390	Miguel Pereira	Correr Lisboa	01:01:23.523	00:58:15.000	00:26:17.266
346	8161	Carlos Carneiro	Gapafit	01:01:25.310	00:58:52.387	00:26:19.053
347	8094	Andreia Martins	Galinhas De Cross	01:01:25.313	00:58:44.903	00:26:19.056
348	8303	Luis Vale	Individual	01:01:26.777	00:59:31.234	00:26:20.520
349	8330	Jose Ratola	Molinhas Team	01:01:27.053	00:59:05.643	00:26:20.796
350	8128	Gaspar Dias	Nokia Runners	01:01:27.527	00:59:05.257	00:26:21.270
351	8352	Raquel Braz	Os Filhos Da Noite	01:01:28.800	00:58:56.887	00:26:22.543
352	8854	Ana Neto	Linda-A-Pastora Sporting Clube	01:01:34.523	00:59:10.616	00:26:28.266

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
353	8509	Bruna Rodrigo	Individual	01:01:44.523	00:58:59.590	00:26:38.266
354	8677	Jose Carvalho	Individual	01:01:46.277	00:59:33.610	00:26:40.020
355	8282	Carlos Grácio	Individual	01:01:47.797	00:59:52.137	00:26:41.540
356	8688	Rita Almeida	Individual	01:01:48.023	00:59:10.613	00:26:41.766
357	8283	Helena Grácio	Individual	01:01:51.023	00:59:55.616	00:26:44.766
358	8337	Catarina Matias	Olympic Silvas	01:01:53.547	00:59:41.897	00:26:47.290
359	8293	Raquel Silva	Individual	01:01:55.080	00:58:07.180	00:26:48.823
360	8466	Carlos Ortet	Aveiro Runners	01:01:57.547	00:58:56.024	00:26:51.290
361	8449	Vasco Miguel	Individual	01:02:01.523	00:58:34.773	00:26:55.266
362	8667	Ana Alves	Individual	01:02:06.047	00:59:14.020	00:26:59.790
363	8460	Marisa Martins	Guardarunners	01:02:07.527	01:00:25.320	00:27:01.270
364	8338	Francisca Silva	Olympic Silvas	01:02:08.297	00:59:56.144	00:27:02.040
365	8168	João Carvalho	Ferrujão	01:02:08.793	00:58:45.386	00:27:02.536
366	8069	Mariana Monteiro	Bicademia Runners	01:02:10.047	01:00:40.520	00:27:03.790
367	8379	Bauduino Ferreira	Running Family	01:02:15.297	00:57:29.144	00:27:09.040
368	8954	Marco Cunha	Individual	01:02:15.297	01:01:48.494	00:27:09.040
369	8803	Sandra Jesus	Individual	01:02:16.527	00:58:03.370	00:27:10.270
370	8801	Vera Mosca	Individual	01:02:17.033	00:58:04.290	00:27:10.776
371	8634	Delfim Costa	Individual	01:02:17.533	00:58:59.630	00:27:11.276
372	8310	Nuno Félix	Individual	01:02:19.297	00:58:54.510	00:27:13.040
373	8149	Sara Oliveira	Patrulha Pata	01:02:21.527	00:59:54.880	00:27:15.270
374	8591	Manuela Nunes	Individual	01:02:22.543	00:58:26.276	00:27:16.286
375	8647	Francisca Santos	Bioteam	01:02:24.533	01:00:22.986	00:27:18.276
376	8898	Isabel Enes	Cires Running Team	01:02:25.043	00:58:42.013	00:27:18.786
377	8800	Mariana Teixeira	Aabv-Lagoa-Algarve	01:02:25.790	01:00:03.373	00:27:19.533
378	8450	Mónica Gomes	Individual	01:02:31.280	00:59:34.117	00:27:25.023
379	8336	Beatriz Silva	Olympic Silvas	01:02:31.290	00:59:15.857	00:27:25.033
380	8492	Ana Fortunado	Ca Running Tour	01:02:32.030	00:59:17.880	00:27:25.773
381	8946	José Madail	Individual	01:02:33.523	00:59:15.623	00:27:27.266
382	8816	João Ribeiro	Bagateam	01:02:38.053	00:59:38.383	00:27:31.796
383	8817	Jorge Castilho	Bagateam	01:02:38.287	00:59:39.004	00:27:32.030
384	8818	Marta Almeida	Bagateam	01:02:38.530	00:59:40.083	00:27:32.273
385	8819	Rui Nora	Bagateam	01:02:38.543	00:59:40.520	00:27:32.286
386	8820	Vitor Carvalho	Bagateam	01:02:38.810	00:59:40.357	00:27:32.553
387	8599	Paula Gandra	Individual	01:02:40.283	01:00:15.000	00:27:34.026
388	8573	Sandra Machado	Individual	01:02:40.283	01:00:15.000	00:27:34.026
389	8596	Maria Correia	Individual	01:02:42.040	01:00:37.513	00:27:35.783
390	8714	André Oliveira	Individual	01:02:43.027	00:58:58.310	00:27:36.770
391	8154	César Pita	Individual	01:02:45.057	00:59:41.137	00:27:38.800
392	8159	Susana Vieira	Individual	01:02:45.057	00:59:03.650	00:27:38.800
393	8157	Tiago Santos	Individual	01:02:46.790	00:59:41.363	00:27:40.533
394	8423	Joana Fernandes	Correr Lisboa	01:02:54.547	00:59:50.114	00:27:48.290
395	8316	Fernando Gouveia	Viriathvs Runners Viseu	01:02:55.787	01:00:58.890	00:27:49.530
396	8834	Artur Gerardo	""Os Magriços""	01:02:58.277	01:00:00.257	00:27:52.020

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
397	8830	Hélder Prazeres	Individual	01:03:00.040	01:00:31.747	00:27:53.783
398	8829	Maria Almeida	Individual	01:03:00.283	01:00:32.500	00:27:54.026
399	8291	Artur Santos	Individual	01:03:00.527	00:59:13.614	00:27:54.270
400	8362	Hugo Carvalho	O Regresso Da Troika	01:03:01.287	00:59:47.874	00:27:55.030
401	8672	Donato Barbeiro	Individual	01:03:07.787	01:01:57.997	00:28:01.530
402	8775	Sandra Maciel	Individual	01:03:08.027	01:00:29.370	00:28:01.770
403	8621	Rudá Virginio	Corra Galado, Corra!	01:03:09.280	00:59:51.267	00:28:03.023
404	8783	Bruno Reis	Individual	01:03:10.040	00:59:40.873	00:28:03.783
405	8774	Pedro Pires	Individual	01:03:11.787	00:59:48.630	00:28:05.530
406	8757	Artur Varum	Individual	01:03:12.527	00:59:47.874	00:28:06.270
407	8806	Rosa Martinho	Individual	01:03:13.530	01:00:18.867	00:28:07.273
408	8373	Carlos Gonçalves	Raiaeventos-Rosmaninhal	01:03:13.537	00:58:06.134	00:28:07.280
409	8374	Filipe Dias	Raiaeventos-Rosmaninhal	01:03:13.537	00:58:08.137	00:28:07.280
410	8255	Dora Pires	Ss Cgd	01:03:14.027	01:00:54.807	00:28:07.770
411	8375	Francisco Louro	Raiaeventos-Rosmaninhal	01:03:15.283	00:58:07.130	00:28:09.026
412	8732	Cristina Azevedo	Europarque Running	01:03:17.027	01:01:01.744	00:28:10.770
413	8513	João Lopes	Individual	01:03:17.787	00:59:48.760	00:28:11.530
414	8037	Pedro Pereira	Gdlu	01:03:20.280	01:00:36.483	00:28:14.023
415	8522	Fernando Couto	Grupo De Corrida De Argoncilhe	01:03:21.530	01:01:21.350	00:28:15.273
416	8730	Carla Oliveira	Europarque Running	01:03:21.530	01:01:21.870	00:28:15.273
417	8918	Pedro Goncalves	Individual	01:03:24.527	01:00:59.994	00:28:18.270
418	8438	Paulo Santos	Individual	01:03:27.777	01:00:26.500	00:28:21.520
419	8029	Manuel Sequeira	G.D.C.T. Repsol Polímeros	01:03:28.277	01:01:36.600	00:28:22.020
420	8440	Ana Batista	Individual	01:03:32.043	01:01:16.383	00:28:25.786
421	8909	Carlos Jesus	Vitória	01:03:32.527	01:02:06.600	00:28:26.270
422	8660	Paulo Areal	Individual	01:03:32.787	01:01:28.257	00:28:26.530
423	8951	Filipe Pinto	Individual	01:03:34.530	00:59:19.027	00:28:28.273
424	8952	Paulo Morenito	Individual	01:03:34.530	00:59:19.027	00:28:28.273
425	8852	Fernando Brás	Individual	01:03:38.033	01:00:44.510	00:28:31.776
426	8804	Ana Almeida	Torreira Runners	01:03:40.530	01:00:31.623	00:28:34.273
427	8047	Lúcia Corucho	Individual	01:03:42.320	01:01:21.150	00:28:36.063
428	8611	Artur Teixeira	Individual	01:03:45.290	00:59:49.640	00:28:39.033
429	8546	Fabiana Conceição	Individual	01:03:46.273	01:02:43.506	00:28:40.016
430	8497	Fernando Silva	Individual	01:03:49.283	01:02:04.006	00:28:43.026
431	8503	Sandrine Silva	Individual	01:03:49.530	01:01:14.000	00:28:43.273
432	8872	Sofia Lemos	Patrulha Pata	01:04:02.540	01:01:36.130	00:28:56.283
433	8945	Ana Cunha	Individual	01:04:05.530	01:00:36.863	00:28:59.273
434	5997	Francisco Silva	Iscia	01:04:06.780	01:00:49.617	00:29:00.523
435	8720	Beatriz Claro	Individual	01:04:10.970	00:58:46.477	00:29:04.713
436	8941	Cristina Isabel	Individual	01:04:14.527	01:01:19.764	00:29:08.270
437	8903	Carla Silva	Individual	01:04:16.027	01:02:06.004	00:29:09.770
438	8772	Raquel Pedrosa	Iscia	01:04:30.027	01:01:20.374	00:29:23.770
439	8915	André Gilvaia	Individual	01:04:31.777	01:00:53.127	00:29:25.520
440	8579	Miguel Neves	Individual	01:04:32.527	01:02:08.504	00:29:26.270

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
441	8564	Ana Almeida	Individual	01:04:34.530	01:03:31.487	00:29:28.273
442	8860	Jorge Costa	Molinhas Team	01:04:34.533	01:02:14.626	00:29:28.276
443	8261	Daniela Figueiredo	Nuno Troia Personal Trainer	01:04:35.030	01:01:09.877	00:29:28.773
444	8263	Nuno Troia	Nuno Troia Personal Trainer	01:04:35.037	01:01:11.237	00:29:28.780
445	8401	Henrique Neves	Individual	01:04:35.783	01:00:57.766	00:29:29.526
446	8400	Dany Santos	Individual	01:04:36.027	01:00:57.500	00:29:29.770
447	8733	Cristina Presello	Europarque Running	01:04:45.523	01:04:28.743	00:29:39.266
448	8448	Ildefonso Martins	Individual	01:04:48.787	01:01:34.514	00:29:42.530
449	8321	Maria Henriques	Mágicas	01:04:49.277	01:01:24.264	00:29:43.020
450	8433	Daniela Oliveira	Kirchhoff - Konect Running Team	01:04:52.053	01:02:13.153	00:29:45.796
451	8966	Vasco Jorge	Individual	01:04:55.280	01:01:27.927	00:29:49.023
452	8948	Cláudio Alves	Individual	01:04:56.283	01:01:03.373	00:29:50.026
453	8763	Maria Peixoto	Individual	01:04:56.533	01:02:27.886	00:29:50.276
454	8756	Carla Torres	Individual	01:04:57.527	01:01:32.010	00:29:51.270
455	8635	Marcelo Abrantes	Individual	01:04:58.297	01:02:17.647	00:29:52.040
456	8555	Bruno Amaral	Individual	01:05:03.530	01:01:19.263	00:29:57.273
457	8489	Arcelina Martinho	Molinhas Team	01:05:04.773	01:02:42.123	00:29:58.516
458	8544	Paulo Maio	Individual	01:05:06.020	01:01:49.367	00:29:59.763
459	8659	Fábio Magalhães	Individual	01:05:09.283	01:03:10.980	00:30:03.026
460	8811	António Vicêncio	Individual	01:05:09.520	01:01:25.743	00:30:03.263
461	8388	João Ramalho	Individual	01:05:09.773	01:01:23.746	00:30:03.516
462	8812	Teresa Simões	Individual	01:05:10.283	01:01:27.253	00:30:04.026
463	8044	Rui Esteves	Viseu	01:05:13.770	01:02:33.730	00:30:07.513
464	8581	Alcina Antunes	Top Era	01:05:16.033	01:01:43.123	00:30:09.776
465	8689	Susana Seixas	Ccdr Colmeal Da Torre	01:05:17.533	01:02:17.380	00:30:11.276
466	8531	Ana Trigo	Individual	01:05:18.020	01:03:17.733	00:30:11.763
467	8563	Hugo Venancio	Individual	01:05:19.020	01:02:17.617	00:30:12.763
468	8382	Mónica Dias	Linda-A-Pastora Sporting Clube	01:05:19.023	01:02:54.123	00:30:12.766
469	8116	Ivo Palma	Caldas S. Jorge Sport Clube	01:05:19.770	01:02:50.730	00:30:13.513
470	8802	Tomás Bento	Individual	01:05:20.533	01:01:19.636	00:30:14.276
471	8841	Rodrigo Amante	""Os Magriços""	01:05:21.020	01:02:21.743	00:30:14.763
472	8902	Cristina Pissarro	Guardarunners	01:05:21.793	01:02:43.523	00:30:15.536
473	8969	Valentina Costa	Individual	01:05:23.277	01:01:56.370	00:30:17.020
474	8346	Raul Cardosa	Guardarunners	01:05:23.277	01:02:46.107	00:30:17.020
475	8408	Virgínia Cardosa	Guardarunners	01:05:23.277	01:02:45.237	00:30:17.020
476	8079	Sónia Pacheco	Individual	01:05:24.527	01:02:32.997	00:30:18.270
477	8419	Graça Ferreira	Viriathvs Runners Viseu	01:05:25.030	01:03:30.373	00:30:18.773
478	8418	Egon Rodrigues	Viriathvs Runners Viseu	01:05:25.033	01:03:30.263	00:30:18.776
479	8553	Carla Silva	Individual	01:05:26.770	01:02:29.103	00:30:20.513
480	8041	Madalena Mariz	Clube Millennium Bcp	01:05:29.270	01:02:36.870	00:30:23.013
481	8241	Catarina Menano	El Spa Meliá Ria	01:05:30.767	01:01:50.754	00:30:24.510
482	8565	Annabelle Luis	Individual	01:05:32.767	01:02:00.607	00:30:26.510
483	8636	Ticiane Abrantes	Individual	01:05:33.280	01:02:55.120	00:30:27.023
484	8715	Cristiana Pereira	Individual	01:05:34.767	01:03:29.710	00:30:28.510

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
485	8623	Pedro Pereira	Individual	01:05:35.767	01:02:38.607	00:30:29.510
486	8194	Madalena Pina	Clube Tap Portugal	01:05:39.517	01:02:32.487	00:30:33.260
487	8526	Sara Oliveira	Mancos	01:05:42.767	01:03:18.990	00:30:36.510
488	8465	Sara Vitória	@Correremportugal	01:05:45.767	01:02:45.614	00:30:39.510
489	8464	Mário Bernardino	@Correremportugal	01:05:45.770	01:02:44.840	00:30:39.513
490	8809	Bruno Jesus	Individual	01:05:46.523	01:02:11.356	00:30:40.266
491	8150	Aida Dias	Individual	01:05:48.517	01:02:44.087	00:30:42.260
492	8744	Pedro Cruz	Europarque Running	01:05:49.020	01:03:17.490	00:30:42.763
493	8728	Andreia Oliveira	Europarque Running	01:05:49.023	01:03:17.250	00:30:42.766
494	8543	Laura Oliveira	Individual	01:05:49.767	01:02:32.860	00:30:43.510
495	8933	Cristina Gomes	Individual	01:05:50.780	01:02:30.017	00:30:44.523
496	8934	Hugo Santos	Individual	01:05:50.780	01:02:29.763	00:30:44.523
497	8215	Regina Araújo	Runners Sernancelhe Terra Da Castanha	01:05:54.017	01:02:32.857	00:30:47.760
498	8304	Tânia Teles	Taylors	01:05:56.517	01:03:03.487	00:30:50.260
499	8710	Ana Matos	Individual	01:05:57.770	01:02:11.510	00:30:51.513
500	8091	Augusto Costa	Aveiro Runners	01:05:58.763	01:03:08.353	00:30:52.506
501	8256	Mariana Cruz	Individual	01:06:01.267	01:03:20.847	00:30:55.010
502	8406	António Couto	Individual	01:06:03.517	01:02:48.367	00:30:57.260
503	8329	Cristiana Rosa	Individual	01:06:07.017	01:02:57.230	00:31:00.760
504	8416	Rita Morais	Individual	01:06:08.257	01:02:43.744	00:31:02.000
505	8454	Ana Figueiredo	Individual	01:06:10.013	01:03:54.353	00:31:03.756
506	8295	Vera Pinheiro	Individual	01:06:16.013	01:02:30.110	00:31:09.756
507	8372	Alcino Sanches	Raiaeventos-Rosmaninhal	01:06:17.767	00:56:51.857	00:31:11.510
508	8187	Herminia Oliveira	Individual	01:06:18.013	01:04:59.473	00:31:11.756
509	8410	Paula Gonçalves	Hsantamariart	01:06:18.513	01:03:31.756	00:31:12.256
510	8498	Joaquim Castro	Individual	01:06:18.513	01:03:33.573	00:31:12.256
511	8810	Sandrina Pereira	Individual	01:06:22.773	01:02:47.606	00:31:16.516
512	8467	Sandra Martinho	Ca Running Tour	01:06:23.763	01:02:32.493	00:31:17.506
513	8040	Graça Silva	Clube Millennium Bcp	01:06:24.763	01:03:35.350	00:31:18.506
514	8633	José Sousa	Tartaruginhas	01:06:25.013	01:02:53.750	00:31:18.756
515	8907	Angela Matos	Vitória	01:06:29.520	01:05:02.123	00:31:23.263
516	8906	Ana Rocha	Vitória	01:06:30.253	01:05:02.856	00:31:23.996
517	8855	Rita Mina	Linda-A-Pastora Sporting Clube	01:06:31.513	01:04:06.590	00:31:25.256
518	8753	Sofia Pinheiro	Individual	01:06:35.260	01:04:23.973	00:31:29.003
519	8136	Carlos Campos	Individual	01:06:37.770	01:04:51.490	00:31:31.513
520	8175	Hugo Silva	Individual	01:06:40.487	01:04:56.504	00:31:34.230
521	8250	Carlos Cabouco	Ss Montepio	01:06:43.507	01:04:28.954	00:31:37.250
522	8953	Pedro Ferreira	Individual	01:06:45.267	01:02:30.014	00:31:39.010
523	8663	Miguel Pinto	Individual	01:06:48.757	01:03:18.240	00:31:42.500
524	8061	Rui Nascimento	Estrela Campo Aviação F.C.	01:06:53.007	01:04:04.984	00:31:46.750
525	8359	Verónica Costa	Fresenius Kabi Runners	01:06:54.757	01:03:41.100	00:31:48.500
526	8878	Diogo Amaral	Individual	01:06:54.760	01:04:05.360	00:31:48.503
527	8112	Justa Ferreira	Exerciseforyou	01:06:57.270	01:03:34.493	00:31:51.013
528	8734	Cristina Rocha	Europarque Running	01:07:00.007	01:04:48.450	00:31:53.750

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
529	8409	Fernando Cunha	Hsantamariart	01:07:09.253	01:04:27.600	00:32:02.996
530	8082	Alexandra Teixeira	Individual	01:07:16.757	01:03:48.744	00:32:10.500
531	8081	Helena Teixeira	Individual	01:07:17.507	01:03:49.240	00:32:11.250
532	8051	Margarida Campos	Manos Team	01:07:18.507	01:04:33.207	00:32:12.250
533	8826	César Tavares	Individual	01:07:19.007	01:04:33.984	00:32:12.750
534	8035	Teresa Filipe	Viriathvs Runners Viseu	01:07:20.007	01:05:01.317	00:32:13.750
535	8203	Irene Melo	Viriathvs Runners Viseu	01:07:20.007	01:04:58.860	00:32:13.750
536	8879	Pedro Lopes	Individual	01:07:26.753	01:04:37.846	00:32:20.496
537	8483	Sonia Silva	Individual	01:07:27.753	01:04:12.720	00:32:21.496
538	8782	Aurora Silva	Individual	01:07:32.243	01:05:27.466	00:32:25.986
539	8488	Sónia Almeida	Individual	01:07:34.007	01:04:50.080	00:32:27.750
540	8864	Dina Almeida	Individual	01:07:34.757	01:04:50.960	00:32:28.500
541	8043	Olga Lopes	Clube Millennium Bcp	01:07:35.250	01:04:20.353	00:32:28.993
542	8022	Carmen Dobos	Individual	01:07:37.250	01:04:42.223	00:32:30.993
543	8713	Fernanda Sousa	Corredor De Fim De Tarde	01:07:38.243	01:04:47.340	00:32:31.986
544	8807	Sandra Gomes	Individual	01:07:38.247	01:04:42.590	00:32:31.990
545	8805	Letícia Costa	Individual	01:07:38.503	01:04:43.326	00:32:32.246
546	8343	Célia Araújo	Aveiro Runners	01:07:42.500	01:04:18.600	00:32:36.243
547	8458	Jose Anastacio	Ca Running Tour	01:07:43.263	01:03:51.753	00:32:37.006
548	8459	Maria Anastacio	Ca Running Tour	01:07:43.500	01:03:51.720	00:32:37.243
549	8160	Emanuelle Carvalho	Individual	01:07:51.000	01:05:04.093	00:32:44.743
550	8356	Anabela Godinho	Fresenius Kabi Runners	01:07:54.750	01:04:40.103	00:32:48.493
551	8463	Anabela Gomes	Guardarunners	01:07:55.000	01:05:21.833	00:32:48.743
552	8417	Sandra Batista	Correr Lisboa	01:07:55.497	01:04:48.587	00:32:49.240
553	8070	Renata Gonçalves	Aveiro Runners	01:07:58.240	01:04:14.980	00:32:51.983
554	8407	Paula Santos	Individual	01:07:58.500	01:04:15.990	00:32:52.243
555	8508	José Rocha	Individual	01:08:00.503	01:04:17.240	00:32:54.246
556	8177	Nancy Almeida	Tribalistas De Aveiro	01:08:01.250	01:04:39.733	00:32:54.993
557	8583	Fábio Neto	Individual	01:08:04.240	01:04:32.840	00:32:57.983
558	8904	Guilherme Neto	Tatigui	01:08:04.747	01:04:17.234	00:32:58.490
559	8868	Ricardo Roque	Tvlar	01:08:06.247	01:05:10.230	00:32:59.990
560	8943	Marta Silva	Individual	01:08:06.500	01:05:27.457	00:33:00.243
561	8430	Alexandra Barros	Kirchhoff - Konect Running Team	01:08:06.750	01:05:31.100	00:33:00.493
562	8325	Carla Pinho	Kirchhoff - Konect Running Team	01:08:06.750	01:05:30.717	00:33:00.493
563	8559	Martinha Barbosa	Sai Da Frente	01:08:11.747	01:05:44.330	00:33:05.490
564	8415	Margarida Sarroeira	Clube Ferroviário De Portugal	01:08:17.500	01:06:21.957	00:33:11.243
565	8613	Marta Sousa	Pascácios	01:08:17.750	01:04:40.343	00:33:11.493
566	8866	Dulce Silva	Individual	01:08:17.750	01:04:40.590	00:33:11.493
567	8428	Isabel Ventura	Tribo Nr	01:08:20.757	01:06:33.580	00:33:14.500
568	8404	Rui Dias	Go-Cascar	01:08:20.997	01:04:32.484	00:33:14.740
569	8403	Rui Dias	Go-Cascar	01:08:21.247	01:04:33.344	00:33:14.990
570	8570	Angelo Machado	Individual	01:08:21.497	01:04:11.990	00:33:15.240
571	8665	Maria Silva	Correr Lisboa	01:08:22.747	01:05:20.340	00:33:16.490
572	8068	Julia Peixoto	Bicademia Runners	01:08:24.747	01:06:54.210	00:33:18.490

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
573	8883	Paulo Rolim	Individual	01:08:25.997	01:04:35.990	00:33:19.740
574	8365	Sara Castro	Aveiro Runners	01:08:27.003	01:05:24.846	00:33:20.746
575	8773	Vitor Reis	Iscia	01:08:28.237	01:05:16.314	00:33:21.980
576	8654	João Abrantes	Duravit Raceteam	01:08:29.247	01:05:47.470	00:33:22.990
577	8900	Catarina Costa	Individual	01:08:30.753	01:06:09.090	00:33:24.496
578	8198	Isabel Santos	Individual	01:08:31.493	01:06:26.590	00:33:25.236
579	8113	Lurdes Sanguedo	Exerciseforyou	01:08:32.757	01:05:08.734	00:33:26.500
580	8511	Carla Costa	Individual	01:08:33.257	01:05:04.230	00:33:27.000
581	8512	Liliana Silva	Individual	01:08:33.497	01:05:02.744	00:33:27.240
582	8510	Mafalda Lisboa	Individual	01:08:34.743	01:05:04.226	00:33:28.486
583	8567	Rui Banza	Individual	01:08:37.497	01:05:04.847	00:33:31.240
584	8799	Hilário Martins	Acra Running	01:08:38.233	01:06:53.063	00:33:31.976
585	8332	Sandra Ribeiro	Individual	01:08:39.993	01:04:29.346	00:33:33.736
586	8593	Ricardo Barreto	Individual	01:08:40.233	01:04:57.970	00:33:33.976
587	8238	Marta Pereira	Individual	01:08:45.253	01:04:53.343	00:33:38.996
588	8597	Diana Costa	Atletismo Clube Da Tocha	01:08:48.233	01:07:08.793	00:33:41.976
589	8007	Rui Barros	Individual	01:08:50.237	01:06:13.330	00:33:43.980
590	8110	Isabel Rocha	Exerciseforyou	01:08:53.493	01:05:28.980	00:33:47.236
591	8326	Sandra Ferreira	Individual	01:08:57.493	01:05:46.330	00:33:51.236
592	8420	Anita Nascimento	Aabv-Lagoa-Algarve	01:08:58.787	01:08:12.350	00:33:52.530
593	8422	Natália Conduto	Aabv-Lagoa-Algarve	01:08:58.787	01:08:12.877	00:33:52.530
594	8729	Carla Santos	Europarque Running	01:09:01.750	01:06:29.980	00:33:55.493
595	8747	Tânia Santos	Europarque Running	01:09:02.233	01:06:30.576	00:33:55.976
596	8066	Carla Azevedo	Bicademia Runners	01:09:07.740	01:07:35.203	00:34:01.483
597	8589	Ana Branco	Individual	01:09:10.247	01:05:44.464	00:34:03.990
598	8405	Paulo Dias	Individual	01:09:12.493	01:05:19.586	00:34:06.236
599	8656	Juliana Garbayo	Individual	01:09:15.497	01:05:27.987	00:34:09.240
600	8539	Lurdes Lopes	Prestigio Alpina	01:09:15.737	01:07:19.194	00:34:09.480
601	8350	Patrícia Moreira	Os Filhos Da Noite	01:09:23.500	01:06:51.063	00:34:17.243
602	8232	Hélder Nogueira	Individual	01:09:23.500	01:06:21.343	00:34:17.243
603	8188	Regina Pimentel	Individual	01:09:23.990	01:05:56.227	00:34:17.733
604	8472	Susana Branco	Ria Stone Team	01:09:24.230	01:06:13.447	00:34:17.973
605	8541	Mariajoao Cardoso	El Spa Meliá Ria	01:09:26.737	01:05:49.074	00:34:20.480
606	8248	Vítor Machado	Individual	01:09:28.227	01:07:05.194	00:34:21.970
607	8451	Ana Valente	Individual	01:09:30.740	01:05:49.713	00:34:24.483
608	8556	Rita Bicho	Individual	01:09:30.743	01:05:50.973	00:34:24.486
609	8004	Jose Soares	Individual	01:09:39.497	01:07:02.330	00:34:33.240
610	8182	Ceu Silva	C.M.M.C. Vale De Cambra	01:09:39.737	01:07:01.214	00:34:33.480
611	8059	Tânia Grafino	Individual	01:09:41.990	01:07:15.823	00:34:35.733
612	8234	Edite Fernandes	Aveiro Runners	01:09:42.503	01:06:40.460	00:34:36.246
613	8662	Evaristo Moreira	Individual	01:09:42.510	01:05:49.357	00:34:36.253
614	8645	Natália Sequeira	Mws Running Team	01:09:43.490	01:07:11.340	00:34:37.233
615	8015	João Veladas	Tartarugas Solidárias	01:09:43.493	01:07:12.093	00:34:37.236
616	8201	Paulo Antunes	Tribalistas De Aveiro	01:09:44.737	01:06:23.570	00:34:38.480

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
617	8640	Claudia Lopes	Individual	01:09:44.987	01:07:42.710	00:34:38.730
618	8569	José Pinto	Individual	01:09:58.227	01:08:14.444	00:34:51.970
619	8547	Jorge Soares	Individual	01:09:58.733	01:08:18.453	00:34:52.476
620	8592	Luís Costa	Individual	01:09:58.983	01:07:49.200	00:34:52.726
621	8246	Gonçalo Pimentel	El Spa Meliá Ria	01:10:02.223	01:06:21.826	00:34:55.966
622	8947	Carina Guterres	Individual	01:10:04.733	01:07:30.066	00:34:58.476
623	8395	André Guerra	Individual	01:10:04.993	01:07:19.200	00:34:58.736
624	8391	Ricardo Fernandes	Individual	01:10:07.983	01:07:26.816	00:35:01.726
625	8396	Ana Gonçalves	Individual	01:10:13.233	01:06:30.810	00:35:06.976
626	8361	Carla Tavares	Clube Brisa	01:10:19.230	01:07:00.970	00:35:12.973
627	8296	Odette Debrito	Individual	01:10:20.220	01:06:43.040	00:35:13.963
628	8202	Rui Pereira	Individual	01:10:25.233	01:04:28.500	00:35:18.976
629	8158	Luis Vilhena	Individual	01:10:25.730	01:04:29.487	00:35:19.473
630	8339	Inês Rosendo	Olympic Silvas	01:10:30.983	01:07:14.826	00:35:24.726
631	8869	Sofia Feijó	Individual	01:10:30.983	01:06:30.333	00:35:24.726
632	8874	Fernando Ferreira	Runners Sernancelhe Terra Da Castanha	01:10:32.730	01:07:11.567	00:35:26.473
633	8877	Sandra Santos	Runners Sernancelhe Terra Da Castanha	01:10:33.040	01:07:12.003	00:35:26.783
634	8935	José Lima	Individual	01:10:33.730	01:07:16.710	00:35:27.473
635	8741	Laura Valente	Europarque Running	01:10:34.737	01:08:19.804	00:35:28.480
636	8876	Francisca Nascimento	Runners Sernancelhe Terra Da Castanha	01:10:35.730	01:02:43.073	00:35:29.473
637	8778	Ana Frazão	R5 Consulting Engineers	01:10:40.220	01:07:14.940	00:35:33.963
638	8779	Bruno Rocha	R5 Consulting Engineers	01:10:40.480	01:07:14.703	00:35:34.223
639	8839	Paulo Fonseca	""Os Magriços""	01:10:40.547	01:07:42.527	00:35:34.290
640	8781	Vitor Francisco	R5 Consulting Engineers	01:10:40.730	01:07:14.717	00:35:34.473
641	8318	Rita Carvalho	Individual	01:10:41.480	01:06:55.720	00:35:35.223
642	8141	Nuno Genrinho	Individual	01:10:50.217	01:07:36.190	00:35:43.960
643	8605	Sofia Barreto	Individual	01:10:51.230	01:07:09.220	00:35:44.973
644	8622	Rui Soares	Individual	01:10:58.993	01:07:26.083	00:35:52.736
645	8582	Ivone Ressurreição	Top Era	01:10:59.223	01:07:26.813	00:35:52.966
646	8273	Adriana Oliveira	El Spa Meliá Ria	01:10:59.490	01:07:53.083	00:35:53.233
647	8798	Ana Genua	Individual	01:11:00.477	01:08:02.554	00:35:54.220
648	8595	Silja Frankenbach	Individual	01:11:00.730	01:08:02.820	00:35:54.473
649	8548	Sofia Coutinho	Individual	01:11:01.983	01:07:42.326	00:35:55.726
650	8554	Cristina Mendes	Navr	01:11:04.977	01:07:21.050	00:35:58.720
651	8831	Made Wijaya	Individual	01:11:05.477	01:07:56.690	00:35:59.220
652	8366	Carla Teixeira	Individual	01:11:07.227	01:07:30.207	00:36:00.970
653	8193	Alexandra Ferreira	Clube Tap Portugal	01:11:15.977	01:08:09.827	00:36:09.720
654	8603	André Joaquim	Runners Sernancelhe Terra Da Castanha	01:11:16.227	01:07:56.084	00:36:09.970
655	8207	Grace Salvador	Runners Do Demo	01:11:27.223	01:08:59.573	00:36:20.966
656	8209	Sara Ferreira	Individual	01:11:27.723	01:08:05.463	00:36:21.466
657	8836	Luís Melfe	""Os Magriços""	01:11:29.763	01:08:33.960	00:36:23.506
658	8076	Cristina Bárbara	Os Incansáveis	01:11:40.213	01:09:12.680	00:36:33.956
659	8075	Ana Bárbara	Os Incansáveis	01:11:40.797	01:09:12.777	00:36:34.540
660	8227	Manuel Carvalho	Individual	01:11:42.477	01:08:19.724	00:36:36.220

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
661	8976	Julia Batista	Individual	01:11:50.720	01:09:36.560	00:36:44.463
662	8587	Izabel Correia	Individual	01:11:53.470	01:09:55.817	00:36:47.213
663	8385	Fátima Lopes	Trofa Runners	01:11:53.727	01:08:40.204	00:36:47.470
664	8932	António Duarte	Individual	01:11:54.470	01:08:19.953	00:36:48.213
665	8176	Luis Almeida	Tribalistas De Aveiro	01:12:01.470	01:08:39.953	00:36:55.213
666	8905	Tatiana Peralta	Tatigui	01:12:03.717	01:08:16.557	00:36:57.460
667	8549	Diogo Figueiredo	Individual	01:12:03.967	01:08:44.814	00:36:57.710
668	8358	Sandra Almeida	Fresenius Kabi Runners	01:12:04.207	01:08:50.054	00:36:57.950
669	8134	Susana Ferreira	Ss Cgd	01:12:09.713	01:09:31.546	00:37:03.456
670	8863	Marta Fonseca	Individual	01:12:22.973	01:09:39.153	00:37:16.716
671	8442	Manuel Marques	Turismo Do Centro De Portugal	01:12:24.713	01:08:48.700	00:37:18.456
672	8441	Silvia Ribau	Turismo Do Centro De Portugal	01:12:24.717	01:09:12.930	00:37:18.460
673	8893	Marta Gomes	Individual	01:12:31.213	01:09:07.310	00:37:24.956
674	8973	Alexandre Silva	Individual	01:12:31.970		00:37:25.713
675	8974	Carla Barbosa	Individual	01:12:32.710		00:37:26.453
676	8380	Teresa Ferreira	Running Family	01:12:38.713	01:07:51.066	00:37:32.456
677	8348	Zizina Moreira	Zim	01:12:43.800	01:09:45.147	00:37:37.543
678	8285	Nanda Félix	Individual	01:12:46.550	01:09:43.133	00:37:40.293
679	8085	Daniela Leitão	R_D	01:12:49.300	01:09:28.257	00:37:43.043
680	8758	Mónica Matos	Individual	01:12:57.297	01:10:03.140	00:37:51.040
681	8584	Carina Freitas	Individual	01:13:04.960	01:10:07.797	00:37:58.703
682	8642	Ilda Silva	Individual	01:13:05.550	01:10:04.853	00:37:59.293
683	8057	João Benevente	C.A.Amigos Parque Da Paz	01:13:13.047	01:10:23.394	00:38:06.790
684	8387	Sofia Ramalho	Individual	01:13:13.957	01:09:27.447	00:38:07.700
685	8825	Rute Duarte	Individual	01:13:19.457	01:09:45.190	00:38:13.200
686	8309	Rui Preto	Individual	01:13:20.047	01:11:04.137	00:38:13.790
687	8828	Enrico Galli	Individual	01:13:26.457	01:11:06.034	00:38:20.200
688	8919	Olga Gomes	Individual	01:13:27.703	01:10:37.933	00:38:21.446
689	8496	Sara Gouveia	Individual	01:13:34.300	01:09:54.647	00:38:28.043
690	8495	Helder Paula	Individual	01:13:34.703	01:09:54.546	00:38:28.446
691	8719	Felipe Silva	Individual	01:13:40.193	01:10:49.676	00:38:33.936
692	8491	Mauro Muniz	Individual	01:13:40.197	01:10:50.417	00:38:33.940
693	8340	Miguel Rosendo	Olympic Silvas	01:13:47.957	01:11:35.300	00:38:41.700
694	8426	Marcia Ribeiro	Tribo Nr	01:13:50.950	01:12:03.653	00:38:44.693
695	8717	Sofia Nilo	Torreira Runners	01:13:56.950	01:10:48.787	00:38:50.693
696	8152	Ana Marcelino	Individual	01:14:00.453	01:10:54.533	00:38:54.196
697	8514	Raquel Ricardo	Individual	01:14:05.703	01:10:35.686	00:38:59.446
698	8515	Nuno Nunes	Individual	01:14:06.190	01:10:36.430	00:38:59.933
699	8223	Sara Silva	Cookie	01:14:07.553	01:10:29.536	00:39:01.296
700	8281	Susana Morgado	Cookie	01:14:07.700	01:10:29.543	00:39:01.443
701	8280	Marco Duque	Cookie	01:14:07.950	01:10:28.690	00:39:01.693
702	8833	Ângela Augusto	""Os Magriços""	01:14:15.700	01:12:49.053	00:39:09.443
703	8698	Luis Machado	Individual	01:14:22.450	01:10:33.050	00:39:16.193
704	8242	Maria Furtado	El Spa Meliá Ria	01:14:39.303	01:11:01.026	00:39:33.046

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
705	8519	Sandra Pinto	Exerciseforyou	01:14:41.947	01:11:18.434	00:39:35.690
706	8102	Patrícia Fernandes	Individual	01:14:52.197	01:11:24.534	00:39:45.940
707	8787	Joao Ferreira	Tvlar	01:14:57.193	01:14:32.906	00:39:50.936
708	8155	Daniela Santos	Individual	01:15:15.057	01:12:08.387	00:40:08.800
709	8740	Júlia Grilo	Europarque Running	01:15:19.440	01:13:08.163	00:40:13.183
710	8167	Paula Roque	Run4fun	01:15:51.437	01:09:22.454	00:40:45.180
711	8034	José Alberto	Viriathvs Runners Viseu	01:15:51.440	01:13:32.030	00:40:45.183
712	8268	Antonio Silva	Individual	01:15:58.437	01:12:49.910	00:40:52.180
713	8062	Jorge Bessa	Individual	01:16:00.437	01:09:54.690	00:40:54.180
714	8311	Cláudio Russo	Individual	01:16:03.437	01:12:33.027	00:40:57.180
715	8251	Sergio Costa	Ss Montepio	01:16:12.560	01:12:39.607	00:41:06.303
716	8249	Ana Neves	Ss Montepio	01:16:13.057	01:12:42.547	00:41:06.800
717	8233	Ana Ribeiro	Aveiro Runners	01:16:14.307	01:13:11.517	00:41:08.050
718	8722	Natascha Silva	Taylors	01:16:21.307	01:13:29.640	00:41:15.050
719	8300	Diana Morais	Individual	01:16:33.930	01:12:24.783	00:41:27.673
720	8977	Paulo Cavaleiro	Individual	01:16:37.690	01:13:53.163	00:41:31.433
721	8095	Filipa Silva	Individual	01:16:52.170	01:13:19.890	00:41:45.913
722	8195	Maria Pereira	G.D.R. São Francisco Da Serra	01:16:54.430	01:13:44.020	00:41:48.173
723	8383	Paula Alves	Guardarunners	01:16:54.807	01:16:04.890	00:41:48.550
724	8210	Fatima Fonseca	Viriathvs Runners Viseu	01:17:01.177	01:13:42.260	00:41:54.920
725	8211	Elsa Coelho	Viriathvs Runners Viseu	01:17:01.433	01:13:43.026	00:41:55.176
726	8808	Cecília Aguiar	Individual	01:17:10.677	01:13:52.270	00:42:04.420
727	8217	Alfredo Pinhal	Individual	01:17:11.207	01:14:09.290	00:42:04.950
728	8402	Maria Carvalho	Go-Cascar	01:17:12.310	01:13:24.300	00:42:06.053
729	8090	Sergio Figueiredo	Individual	01:17:13.173	01:14:31.266	00:42:06.916
730	8071	Joao Vilarinho	Aveiro Runners	01:17:15.423	01:14:20.266	00:42:09.166
731	8072	Manuel Vilarinho	Aveiro Runners	01:17:16.557	01:14:20.154	00:42:10.300
732	8736	Helder Silva	Europarque Running	01:17:34.163	01:17:01.863	00:42:27.906
733	8504	Pedro Silva	Individual	01:17:42.063	01:14:05.650	00:42:35.806
734	8696	Luciane Manteiga	Equipa Farber	01:17:42.673	01:13:48.773	00:42:36.416
735	8845	Ervin Guarín	Individual	01:17:43.173	01:14:42.643	00:42:36.916
736	8914	António Marques	Individual	01:17:43.423	01:14:42.646	00:42:37.166
737	8950	Emilia Freitas	Individual	01:18:02.920	01:14:15.660	00:42:56.663
738	8180	Henrique Ruivo	Tartarugas Solidárias	01:18:11.063	01:14:25.406	00:43:04.806
739	8179	Alexandra Ruivo	Tartarugas Solidárias	01:18:11.167	01:14:25.014	00:43:04.910
740	8398	Mario Pereira	Individual	01:18:22.927	01:15:17.007	00:43:16.670
741	8853	Beatriz Oliveira	Individual	01:18:35.167	01:15:31.640	00:43:28.910
742	8279	Manuela Murtinho	Dá-Lhe Gás Team	01:18:48.917	01:15:39.627	00:43:42.660
743	8475	Gisela Mello	Individual	01:18:49.663	01:15:30.996	00:43:43.406
744	8972	Alfredo Costa	Individual	01:18:50.153	01:18:47.490	00:43:43.896
745	8606	Hugo Dantas	Individual	01:18:52.413	01:16:03.510	00:43:46.156
746	8767	Belia Saragoça	Individual	01:18:57.910	01:16:06.743	00:43:51.653
747	8319	Rosário Carvalho	Individual	01:19:01.170	01:15:16.140	00:43:54.913
748	8929	Ana Torres	Individual	01:19:01.417	01:15:27.150	00:43:55.160

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
749	8104	Maria Santos	Individual	01:19:01.913	01:16:23.496	00:43:55.656
750	8520	Elsa Moreira	Individual	01:19:02.410	01:17:02.123	00:43:56.153
751	8617	Rosa Costa	Individual	01:19:03.063	01:15:19.913	00:43:56.806
752	8166	Susana Pedreira	Individual	01:19:06.313	01:16:21.646	00:44:00.056
753	8269	Goreti Silva	Individual	01:19:11.410	01:16:02.750	00:44:05.153
754	8270	Sofia Chipelo	Individual	01:19:12.257	01:16:04.104	00:44:06.000
755	8931	Nuno Conde	Individual	01:19:37.160		00:44:30.903
756	8930	Ana Conde	Individual	01:19:37.410	01:16:25.120	00:44:31.153
757	8145	Maria Praça	Individual	01:19:39.817	01:14:36.920	00:44:33.560
758	8317	Diana Henriques	Individual	01:19:42.163	01:15:56.403	00:44:35.906
759	8832	Aldina Aguiar	""Os Magriços""	01:20:00.813	01:16:59.793	00:44:54.556
760	8850	Patricia Fonseca	Sharpei	01:20:24.847	01:15:41.447	00:45:18.590
761	8462	Paula Simões	Individual	01:20:54.817	01:18:22.390	00:45:48.560
762	8521	Joana Lima	Individual	01:20:55.327	01:17:15.560	00:45:49.070
763	8026	Simão Rocha	Run For Lunch	01:21:11.647	01:18:06.880	00:46:05.390
764	8039	Carla Almeida	Run For Lunch	01:21:11.817	01:18:07.297	00:46:05.560
765	8162	Joao Francisco	Canas2018	01:21:14.643	01:15:41.243	00:46:08.386
766	8389	Antonio Cardoso	Individual	01:22:15.320	01:18:35.167	00:47:09.063
767	8048	Daniela Brites	Nokia Runners	01:22:26.323	01:20:21.920	00:47:20.066
768	8445	Ana Leitão	Individual	01:23:41.573	01:20:28.800	00:48:35.316
769	8349	Rita Pereira	Individual	01:23:41.877	01:17:33.227	00:48:35.620
770	8697	Paulo Farber	Equipa Farber	01:23:59.873	01:20:05.976	00:48:53.616
771	8913	Luisa Helguero	Individual	01:24:38.327	01:21:11.167	00:49:32.070
772	8938	Filipa Pascoal	Individual	01:25:27.077	01:23:47.790	00:50:20.820
773	8937	Ana Silva	Individual	01:25:47.867	01:24:09.340	00:50:41.610
774	8097	Helena Pacheco	Individual	01:26:01.360	01:22:24.340	00:50:55.103
775	8363	Inês Adelino	O Regresso Da Troika	01:26:20.077	01:23:16.550	00:51:13.820
776	8173	Sandra Cunha	Tartarugas Solidárias	01:26:40.833	01:22:52.310	00:51:34.576
777	8033	Luis Araujo	Tartarugas Solidárias	01:26:41.337	01:22:53.574	00:51:35.080
778	8723	Alexandra Vicente	Armada Torriense	01:26:42.327	01:23:08.164	00:51:36.070
779	8126	Helio Balinha	Individual	01:26:45.100	01:25:04.443	00:51:38.843
780	8837	Maria Direito	""Os Magriços""	01:26:50.583	01:25:23.433	00:51:44.326
781	8843	Teresa Melfe	""Os Magriços""	01:26:50.833	01:25:23.686	00:51:44.576
782	8287	Helena Russo	Individual	01:26:58.830	01:23:27.930	00:51:52.573
783	8012	Filomena Azevedo	Individual	01:27:06.597	01:24:06.927	00:52:00.340
784	8397	Maria Correia	Individual	01:27:07.097	01:24:03.550	00:52:00.840
785	8558	Marta Fernandes	Individual	01:27:16.333	01:24:19.683	00:52:10.076
786	8005	Cristina Maia	Run For Lunch	01:28:03.333	01:24:58.563	00:52:57.076
787	8658	João Monteiro	Individual	01:28:04.590	01:21:25.683	00:52:58.333
788	8925	Nele Verhoeven	Team Rikkie	01:28:26.333	01:24:09.830	00:53:20.076
789	8392	Andreia Freitas	Individual	01:28:49.337	01:25:44.934	00:53:43.080
790	8444	Paula Marinho	Equipa A.N.A.	01:28:51.587	01:25:19.307	00:53:45.330
791	8443	Marta Magalhães	Equipa A.N.A.	01:28:51.590	01:25:19.180	00:53:45.333
792	8260	Jose Francisco	Individual	01:29:19.330	01:26:42.423	00:54:13.073

Lugar	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
793	8271	Sueli Silva	Individual	01:29:34.087	01:26:25.430	00:54:27.830
794	8473	Catia Cabral	Individual	01:30:03.073	01:26:42.056	00:54:56.816
795	8771	Pedro Carrana	Iscia	01:30:10.583	01:26:58.416	00:55:04.326
796	8628	Joana Luiz	Individual	01:30:35.320	01:25:43.920	00:55:29.063
797	8115	Sandra Couto	Exerciseforyou	01:30:38.590	01:27:13.567	00:55:32.333
798	8299	Anabela Pina	Individual	01:31:19.563	01:28:24.653	00:56:13.306
799	8452	Anabela Gonçalves	Gdr Juventude Das Ribeiras	01:32:21.053		00:57:14.796
800	8537	Sofia Martins	Individual	01:32:22.567	01:20:54.210	00:57:16.310
801	8842	Sónia Carvalho	""Os Magriços""	01:32:47.300	01:31:22.403	00:57:41.043
802	8835	Gabriela Cardoso	""Os Magriços""	01:32:47.593	01:31:22.430	00:57:41.336
803	8924	Kaatje Cloetens	Team Rikkie	01:33:51.847	01:29:35.344	00:58:45.590
804	8789	Rute Duarte	Tvlar	01:33:52.550	01:30:57.523	00:58:46.293
805	8784	Ana Ferreira	Tvlar	01:33:52.850	01:30:57.823	00:58:46.593
806	8785	Benilde Correia	Tvlar	01:33:53.307	01:30:59.254	00:58:47.050
807	8788	Paula Lopes	Tvlar	01:35:07.097	01:32:11.827	01:00:00.840
808	8289	Lucinda Romao	Romoes	01:35:31.030	01:31:47.263	01:00:24.773
809	8288	Antonio Romao	Romoes	01:35:31.033	01:31:47.013	01:00:24.776
810	8328	João Ribeiro	Individual	01:35:37.347	01:31:50.430	01:00:31.090
811	8133	Paula Cardoso	Just4fun	01:35:57.033	01:32:28.770	01:00:50.776
812	8023	Isabel Moucho	Individual	01:35:59.350	01:32:41.573	01:00:53.093
813	8618	Camila Morgado	Sp Brasil	01:36:13.027	01:31:05.280	01:01:06.770
814	8025	Francisco Morgado	Run For Lunch	01:38:04.510	01:34:54.720	01:02:58.253
815	8216	Silvia Cardoso	Runners Sernancelhe Terra Da Castanha	01:38:09.857	01:34:47.947	01:03:03.600
816	8646	Dulce Fernandes	Bioteam	01:38:48.607	01:36:01.847	01:03:42.350
817	8000	Margarida Marques	Lousada Runners	01:40:24.113	01:36:31.966	01:05:17.856
818	8001	Tomás Castelão	Lousada Runners	01:40:24.860	01:36:32.960	01:05:18.603
819	8301	Marco Silva	Viriathvs Runners Viseu	01:42:39.477	01:39:16.957	01:07:33.220
820	8302	Salette Ferreira	Viriathvs Runners Viseu	01:42:39.477	01:39:16.960	01:07:33.220
821	8560	Tiago Correia	Individual	01:42:46.863	01:42:09.710	01:07:40.606
822	8790	Susana Lopes	Tvlar	01:45:03.120	01:42:09.070	01:09:56.863
823	8024	Cristina Santos	Run For Lunch	01:50:40.160	01:47:30.133	01:15:33.903
824	8315	Tanamara Santos	Individual	01:51:01.157	01:50:02.250	01:15:54.900
825	18168437	Desconhecido	Individual	01:53:25.877	01:50:07.697	01:18:19.620
826	8254	Joana José	Individual	02:06:28.917	02:03:47.010	01:31:22.660
827	8453	Catarina Ramos	Correr Lisboa	02:10:52.500	02:07:49.073	01:35:46.243
828	5070	Rui Baptista	Manos Team	02:16:48.200	02:14:17.050	01:41:41.943
829	8525	José Fernandes	Mancos	02:25:59.877	02:23:36.090	01:50:53.620
830	8480	Marisa Alves	Guardarunners	03:34:45.563		02:59:39.306