



Marginal do Rio Azul

06 de Julho, 2018

<https://werun.pt/resultados/marginal-do-rio-azul/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	12	RODRIGO CARRILHO	00:33:07	00:33:07	M2039	CASA SPORT LISBOA E BENFICA VENDAS NOVAS	1
2	232	MARK RIBEIRO	00:33:23	00:33:23	M2039	VITÓRIA FUTEBOL CLUBE	2
3	316	DAVID FERNANDES	00:34:01	00:34:00	M4044	VITORIA FUTEBOL CLUBE	1
4	273	JOÃO PIRES	00:35:15	00:35:14	M4044	LIGHTHOUSE RUNNER	2
5	293	ANTÓNIO BRANCO	00:35:17	00:35:17	M5054	CCR ALTO DO MOINHO	1
6	229	HERNANI FRANCISCO	00:36:45	00:36:45	M4549	VITÓRIA FUTEBOL CLUBE	1
7	110	DAVID PEREIRA	00:36:52	00:36:52	M2039	GRUPO DESPORTIVO "O INDEPENDENTE" - BARREIRO	3
8	233	FLORIVAL BACALHAU	00:37:44	00:37:44	M6064	VITÓRIA FUTEBOL CLUBE	1
9	216	FERNANDO SANTOS	00:37:47	00:37:47	M5054	CLUBE DE PRAÇAS DA ARMADA	2
10	174	PAULO PINTO	00:37:52	00:37:52	M4549	C.A.AMIGOS PARQUE DA PAZ	2
11	315	nuno dias	00:38:05	00:38:05	M4044	INDIVIDUAL	3
12	261	CARLOS ALBERTO LIMA	00:38:14	00:38:14	M4549		3
13	194	MARCO ROMÃO	00:38:18	00:38:17	M2039	ARRÁBIDA OBSTACLE RUNNERS	4
14	67	DAVID PEREIRA	00:38:28	00:38:28	M2039		5
15	313	VALGY TARMAHOMED	00:38:31	00:38:31	M4549	INDIVIDUAL	4
16	156	ANDRE MARTINS	00:38:37	00:38:37	M2039	TÁLENTOS TEAM	6
17	201	PEDRO BASSO	00:38:44	00:38:44	M4549	OS COXOS E O MIGUEL	5
18	228	JOSÉ SEABRA	00:38:50	00:38:50	M5054	VITÓRIA FUTEBOL CLUBE	3

19	173	SERGIO SANTOS	00:38:59	00:38:58	M5054	C.A.AMIGOS PARQUE DA PAZ	4
20	282	ANDRÉ FERNANDES	00:39:09	00:39:09	M2039	REMO CLUBE LUSITANO	7
21	250	PAULO SARTY	00:39:15	00:39:15	M4044	STRONG TEAM	4
22	87	EDSON OLIVEIRA	00:39:19	00:39:10	M2039		8
23	175	ANTONIO SILVA	00:39:36	00:39:36	M4549	C.A.AMIGOS PARQUE DA PAZ	6
24	267	NUNO MIGUEL CORREIA	00:40:01	00:40:01	M5054	A NATUREZA ENSINA	5
25	223	JOSÉ AMARO	00:40:34	00:40:34	M4044	AMINHACORRIDA/MY PROTEIN	5
26	76	JOSÉ AMIGO	00:40:38	00:40:35	M6599	CCR ALTO DO MOINHO	1
27	295	ANTÓNIO SOUSA	00:40:45	00:40:45	M4044	REMO CLUBE LUSITANO	6
28	142	JOÃO MONIZ	00:40:46	00:40:46	M2039		9
29	302	JOÃO CANENTO	00:40:52	00:40:48	M5054	CORRER EM ÉVORA	6
30	78	MÁRIO PINHEIRO	00:40:58	00:40:58	M4549	OS COXOS E O MIGUEL	7
31	49	JOÃO PÁSCOA	00:41:00	00:40:59	M5054	TÁLENTOS TEAM	7
32	63	EZEQUIEL FERNANDES	00:41:05	00:41:04	M6064	PALMELENSE FUTEBOL CLUBE	2
33	236	ANTÓNIO MARTINS	00:41:16	00:41:07	M5054	NAV RUNNERS	8
34	271	PAULO HENRIUES	00:41:29	00:41:27	M4044	CLUBE GROUNDFORCE PORTUGAL	7
35	177	MANUEL JANEIRO	00:41:32	00:41:32	M2039	ARRABIDA OBSTACLE RUNNERS	10
36	307	FILIPE FERREIRA	00:41:40	00:41:28	M2039	APPACDM DE SETÚBAL	11
37	286	JOÃO FARIA	00:41:48	00:41:44	M4044	OCS	8
38	101	CLAUDIO PIZARRO	00:41:50	00:41:50	M2039		12
39	249	JORGE ROMÃO	00:41:56	00:41:56	M4044	SETÚBAL	9
40	257	JOÃO CANANÉ	00:41:59	00:41:59	M4044		10
41	160	RUI SANTOS	00:42:01	00:41:55	M2039		13

42	143	JORGE PIRES	00:42:21	00:42:21	M4044	OS COXOS E O MIGUEL	11
43	283	FRANCISCO FERREIRA	00:42:23	00:42:21	M6064	UFCI ATLETISMO	3
44	94	ANA MARGARIDA CORREIA	00:42:37	00:42:30	F2039	MARGIL	1
45	6	ALAIN BESSON	00:42:46	00:42:46	M6599	TÁLENTOS TEAM	2
46	206	ELISANDER ROCHA	00:42:47	00:42:36	M2039	ARRÁBIDA OBSTACLE RUNNERS	14
47	215	JOÃO SANTOS	00:42:51	00:42:50	M5054	CLUBE DE PRAÇAS DA ARMADA	9
48	168	JOÃO PAIXÃO	00:42:51	00:42:37	M2039		15
49	231	MIGUEL DUARTE	00:43:00	00:42:52	M4044	VITÓRIA FUTEBOL CLUBE	12
50	203	FLORIVAL LUCAS	00:43:13	00:43:11	M5054	OS COXOS E O MIGUEL	10
51	50	MARTA PÁSCOA	00:43:15	00:43:14	F0019	TÁLENTOS TEAM	1
52	95	GIL CARNEIRO	00:43:17	00:43:09	M4044	MARGIL	13
53	253	FÁBIO DELGADO	00:43:22	00:43:17	M2039	CORRER EM ÉVORA	16
54	133	JAIME LAMEGO	00:43:24	00:43:24	M5559		1
55	132	CHANTAL XHERVELLE	00:43:25	00:43:25	F5054		1
56	140	MARIO SANTANA	00:43:31	00:43:22	M2039		17
57	296	ANTÓNIO OLIVEIRA	00:43:32	00:43:32	M4044	INDIVIDUAL	14
58	84	RICARDO SANTOS	00:43:37	00:43:37	M4549	CLUBE EDP LISBOA	8
59	55	CARLOS MARTINS	00:43:40	00:43:31	M4044	CCD CRÉDITO AGRICOLA MUTUO	15
60	182	BRUNO PERDIGAO	00:43:44	00:43:44	M4044	OS COXOS E O MIGUEL	16
61	166	SERGIO DORES	00:43:45	00:43:45	M4044	OS COXOS E O MIGUEL	17
62	172	RICARDO SEMIÃO	00:43:47	00:43:47	M2039		18
63	260	HELDER SILVA	00:43:49	00:43:38	M4549		9
64	238	CARLA PEREIRA	00:43:50	00:43:50	F2039		2

65	214	SERGIO PEDREIRO	00:43:51	00:43:49	M4044	CLUBE DE PRAÇAS DA ARMADA	18
66	262	ANA PAULA GUEDES CRUZ LOPES	00:43:53	00:43:53	F4549		1
67	36	TIAGO BOLEGAS	00:43:58	00:43:44	M2039		19
68	147	ANTÓNIO EUSÉBIO CAMACHO	00:44:09	00:44:06	M6064	PALÁCIO DA JUSTIÇA DE SETUBAL	4
69	311	INÊS MARQUES	00:44:10	00:44:07	F4044	99PROVASGRATUITAS	1
70	308	ATLETA NÃO CADASTRADO	00:44:13	00:44:00	M0019		1
71	248	GUILHERME SILVA	00:44:16	00:43:59	M2039		20
72	222	ANA AMARO	00:44:36	00:44:36	F4044	AMINHACORRIDA/MY PROTEIN	2
73	65	JOÃO CARVALHO	00:44:39	00:44:37	M4044	TEAM MELOM	19
74	265	JOÃO CAVALHEIRO	00:44:44	00:44:44	M2039		21
75	20	LUIS BAIXINHO	00:44:44	00:44:40	M2039	CLUBE MILLENNIUM BCP	22
76	309	CECILIA NICOLAU	00:44:47	00:44:47	F5054	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	2
77	193	RICARDO SOUSA	00:44:51	00:44:51	M2039		23
78	70	CRISTINA FROTA	00:44:59	00:44:54	F2039		3
79	287	VITOR PEREIRA	00:45:00	00:44:59	M2039	TÁLENTOS TEAM	24
80	209	JOÃO CORDENIZ	00:45:08	00:44:51	M2039	REBIS CONSULTING	25
81	224	RENATO SACRAMENTO	00:45:18	00:45:18	M4044		20
82	37	PEDRO PEREIRA	00:45:20	00:45:20	M4044	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	21
83	134	JOSÉ NETO	00:45:23	00:45:22	M6064	TEAM NETO	5
84	9	FERNANDO FERREIRA	00:45:24	00:45:24	M6599	TÁLENTOS TEAM	3
85	89	VITOR MARTINS	00:45:28	00:45:14	M5559	NÚCLEO DE ATLETISMO DO PENTEADO	2
86	266	PEDRO PERALTA	00:45:30	00:45:30	M2039		26
87	83	ANTÓNIO FIGUEIREDO	00:45:31	00:45:19	M5559	CLUBE EDP LISBOA	3

88	259	ANTONIO GROU GROU	00:45:33	00:45:28	M4044	CORRER EM ÉVORA	22
89	180	HÉLDER CONSTANTINO	00:45:34	00:45:33	M4549	TÁLENTOS TEAM	10
90	254	JOSE MACHADO	00:45:35	00:45:25	M5054	NAV RUNNERS	11
91	279	PEDRO GOUVEIA	00:45:39	00:45:39	M4549	INDIVIDUAL	11
92	149	MANUEL PARDAL	00:45:40	00:45:40	M6599	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	4
93	11	PEDRO SANTOS	00:45:45	00:45:45	M4044		23
94	297	PAULO GANDUM	00:45:45	00:45:37	M4044	ACPORTALEGRE/UTSM	24
95	207	SÉRGIO LOUREIRO	00:45:48	00:45:31	M2039	REBIS CONSULTING	27
96	164	MICKE ROSADO	00:45:49	00:45:49	M2039	LISBOA	28
97	163	ANTHONY ROSADO	00:45:49	00:45:49	M2039	LISBOA	29
98	73	FRANCISCO PINTO	00:45:55	00:45:55	M5559	CCR ALTO DO MOINHO	4
99	306	ÂNGELO MIGUEL	00:46:15	00:46:02	M2039	APPACDM DE SETÚBAL	30
100	212	FERNANDO NASCIMENTO	00:46:23	00:46:22	M5054	TÁLENTOS TEAM	12
101	107	CLÁUDIO CASADO	00:46:24	00:46:09	M2039	INDIVIDUAL	31
102	135	JOSÉ SILVA	00:46:28	00:46:28	M4549		12
103	136	LUÍS SILVA	00:46:28	00:46:28	M4044		25
104	258	VITALINO LINO	00:46:32	00:46:27	M5559	CORRER EM ÉVORA	5
105	28	JOÃO AZEVEDO	00:46:42	00:46:40	M2039	ABTT	32
106	129	PEDRO VICENTE	00:46:49	00:46:33	M5054	MARMELEIRA RESORT	13
107	278	PAULO SILVA	00:46:50	00:46:50	M5054	INDIVIDUAL	14
108	275	NUNO LUCAS	00:46:59	00:46:59	M4044	TÁLENTOS TEAM	26
109	241	PAULA RODRIGUES	00:47:00	00:46:54	F4549	CASA DO BENFICA DE ABRANTES	2
110	234	ANTÓNIO PIMPÃO	00:47:03	00:46:58	M5054	CORRER EM ÉVORA	15

111	97	ANGELO MENDES	00:47:09	00:47:09	M4549	PAPA-LÉGUAS	13
112	239	SANDRA VERÍSSIMO	00:47:14	00:47:14	F2039	SCALABIS NIGHT RUNNERS	4
113	98	ANTONIO J. M. LOPES	00:47:16	00:47:16	M4549		14
114	210	CARLOS FUJÃO	00:47:17	00:47:17	M4549		15
115	240	CARLOS MARTINS	00:47:19	00:47:13	M6064	CORRER EM ÉVORA	6
116	128	ALBRECHT DE GRAAT	00:47:23	00:47:13	M5559	RUNNING TEAM GRAFENBERG	6
117	1	FERNANDO FARIA	00:47:27	00:47:27	M4044	TÁLENTOS TEAM	27
118	52	TÂNIA FREITAS	00:47:28	00:47:28	F2039	FITRUNNERS	5
119	146	CARLA HENRIQUES	00:47:32	00:47:32	F4044		3
120	108	PEDRO CORREIA	00:47:33	00:47:18	M4549	INDIVIDUAL	16
121	60	SUSANA JEREMIAS	00:47:36	00:47:36	F4549	FITRUNNERS	3
122	226	CARLOS FERNANDES	00:47:40	00:47:39	M4549	TÁLENTOS TEAM	17
123	21	PEDRO PEREIRA	00:47:43	00:47:43	M5054	CLUBE MILLENNIUM BCP	16
124	19	FILIPE SILVA	00:47:44	00:47:44	M4044	CCD TRANQUILIDADE	28
125	211	HÉLDER SILVÉRIO	00:47:44	00:47:26	M4549	INDIVIDUAL	18
126	285	SILVIA ALMEIDA	00:47:45	00:47:25	F2039	INDIVIDUAL	6
127	42	JOAQUIM SILVA	00:47:50	00:47:38	M5054		17
128	99	NUNO RAMOS	00:47:51	00:47:35	M2039		33
129	155	FERNANDO CARVALHO	00:47:59	00:47:57	M6599	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	5
130	294	TERESA SILVA	00:48:03	00:48:03	F4549	CCR ALTO DO MOINHO	4
131	191	RUI ALVES	00:48:14	00:48:14	M4549	TÁLENTOS TEAM	19
132	263	MIGUEL MARTINS	00:48:18	00:48:18	M2039		34
133	225	PEDRO PEDROSA	00:48:18	00:48:03	M2039		35

134	243	PEDRO PINHO	00:48:21	00:48:01	M2039		36
135	270	TERESA SEPÚLVEDA	00:48:26	00:48:23	F2039	CLUBE GROUNDFORCE PORTUGAL	7
136	200	SALVADOR BASSO	00:48:29	00:48:29	M0019	OS COXOS E O MIGUEL	2
137	35	PEDRO HIPÓLITO	00:48:33	00:48:33	M4549	A NATUREZA ENSINA	20
138	80	ORLANDO BAPTISTA	00:48:39	00:48:39	M2039		37
139	13	DÁRIO NOBRE	00:48:46	00:48:33	M2039	SEPPIA	38
140	284	HUGO BATISTA	00:48:49	00:48:49	M2039	INDIVIDUAL	39
141	51	LEONEL BRANDÃO	00:48:53	00:48:53	M5054	CLUBE MILLENNIUM BCP	18
142	105	NUNO SIMÕES	00:48:58	00:48:52	M4044		29
143	300	ANTÓNIO RIBEIRO	00:49:01	00:48:50	M5054	CLUBE GROUNDFORCE PORTUGAL	19
144	217	POSSIDÓNIO CONSTANTINO	00:49:04	00:48:57	M6599	CLUBE DE PRAÇAS DA ARMADA	6
145	242	MARCO GOMES	00:49:05	00:49:05	M2039		40
146	280	JORGE MANUEL PEREIRA	00:49:15	00:49:15	M6064	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	7
147	304	CLÁUDIA SOFIA PEREIRA	00:49:30	00:49:19	F2039	APPACDM DE SETÚBAL	8
148	244	JOÃO DESIRAT	00:49:33	00:49:13	M2039	ALMADA	41
149	274	ALVARO FERREIRA	00:49:37	00:49:37	M2039		42
150	109	CARLOS AGRA	00:49:52	00:49:37	M2039		43
151	77	RICARDO PATROCÍNIO	00:49:58	00:49:58	M2039		44
152	187	ANDRÉ PIRES	00:49:59	00:49:44	M0019	TÁLENTOS TEAM	3
153	8	CIRO SILVA	00:50:02	00:49:43	M4044	QUENIANOS DO SADO	30
154	100	PEDRO CALDEIRA	00:50:03	00:50:03	M4044		31
155	205	PAULO CARDIM	00:50:04	00:49:39	M4044		32
156	202	ANA RITA CARVALHEIRA	00:50:04	00:50:04	F2039	O COVIL	9

157	312	MIGUEL LOPES	00:50:05	00:49:39	M4044	99PROVASGRATUITAS	33
158	75	PATRICIA MARUJO	00:50:07	00:50:00	F2039	CCR ALTO DO MOINHO	10
159	114	DIAMANTINO PEREIRA	00:50:10	00:49:43	M4044	ALCES TEAM	34
160	124	LUIS PESTANA	00:50:10	00:49:44	M4549	ALCES TEAM	21
161	119	HELDER CORREIA	00:50:10	00:49:50	M2039	ALCES TEAM	45
162	318	MIGUEL CASTELA	00:50:15	00:50:15	M4549	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	22
163	256	FERNANDO MARTINHO	00:50:16	00:49:58	M5559	NAVIGATOR CLUBE SETUBAL	7
164	151	JOSÉ MANUEL MARQUES	00:50:33	00:50:33	M6064	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	8
165	252	DANIEL SILVA	00:50:53	00:50:53	M2039		46
166	181	SANDRA CONSTANTINO	00:50:55	00:50:54	F4044	TÁLENTOS TEAM	4
167	74	MARGARIDA AMIGO	00:51:03	00:50:56	F5559	CCR ALTO DO MOINHO	1
168	198	INCA VIJAKAINEN	00:51:07	00:50:58	F4549		5
169	141	PAULO MONIZ	00:51:08	00:51:04	M6064		9
170	69	CARLOS PINTO	00:51:10	00:50:50	M4044		35
171	7	GUSTAVO BASTOS	00:51:11	00:51:11	M4044	QUENIANOS DO SADO	36
172	199	JORGE GONÇALVES	00:51:12	00:51:03	M2039	TÁLENTOS TEAM	47
173	291	ROSA AFONSO	00:51:12	00:51:06	F5054	CCR ALTO DO MOINHO	3
174	169	CÉLIA ANACLETO	00:51:13	00:51:04	F2039	ASSOCIAÇÃO ATLETISMO LEBRES DO SADO	11
175	305	MÓNICA ALEXANDRA DOS SANTOS	00:51:16	00:51:06	F4044	APPACDM DE SETÚBAL	5
176	66	NUNO AGOSTINHO	00:51:18	00:51:16	M4549	TEAM MELOM	23
177	5	NUNO MOLERO	00:51:21	00:51:16	M4549		24
178	317	ANA GARCIA	00:51:21	00:51:21	F4044	INDIVIDUAL	6
179	122	PEDRO BARATA	00:51:22	00:51:05	M4044	ALCES TEAM	37

180	123	DIOGO BARATA	00:51:25	00:51:10	M0019	ALCES TEAM	4
181	72	TIAGO CAIRRAO	00:51:26	00:51:26	M2039		48
182	196	ANA GIÃO	00:51:26	00:51:26	F2039	O COVIL	12
183	104	LUÍSA MOURÃO	00:51:37	00:51:29	F2039		13
184	251	SANDRA LOPES	00:51:43	00:51:43	F2039	STRONG TEAM	14
185	314	PAULO LOURENÇO	00:51:45	00:51:38	M5054	INDIVIDUAL	20
186	127	LUIA DE GRAAT	00:51:50	00:51:40	F4549	RUNNING TEAM GRAFENBERG	6
187	116	ANTÓNIO TEIXEIRA	00:52:00	00:51:39	M2039	ALCES TEAM	49
188	130	MARCO CARVALHO	00:52:02	00:51:44	M4044	ARMOTORSPORT	38
189	47	CELSO FERNANDES	00:52:07	00:51:50	M4549		25
190	157	INÊS BERNARDO	00:52:09	00:52:06	F2039	CLUBE MILLENNIUM BCP	15
191	31	PATRICIA SANTOS	00:52:12	00:52:12	F2039	ASAS NOS PÉS	16
192	113	LUIS RAMOS	00:52:12	00:51:57	M4549		26
193	197	JOÃO LISBOA	00:52:12	00:51:58	M2039		50
194	96	JOÃO FONSECA	00:52:13	00:51:53	M2039	HUT RUNNERS	51
195	264	PEDRO PRATA	00:53:03	00:52:48	M2039		52
196	125	JORGE LOPES	00:53:04	00:53:04	M2039		53
197	227	LUÍS CRUZ	00:53:04	00:53:04	M4549	VITÓRIA FUTEBOL CLUBE	27
198	15	JOSE CALISTO	00:53:04	00:53:04	M2039		54
199	68	ALEXANDRA C. COSTA	00:53:19	00:53:16	F4549	MILLENNIUMBPCP	7
200	167	PEDRO BATISTA	00:53:30	00:53:15	M2039		55
201	59	JOAQUIM MARTINS	00:53:36	00:53:36	M5054		21
202	269	SOFIA CÂNDIDO	00:53:36	00:53:32	F4549	CLUBE GROUNDFORCE PORTUGAL	8

203	186	JÚLIO FILIPE SILVA	00:53:37	00:53:37	M4549	TREVODEQUATROFOLHAS	28
204	161	TIAGO BATISTA	00:53:59	00:53:36	M0019		5
205	162	PAULO BATISTA	00:53:59	00:53:36	M4044	CLUBE DE MONTANHISMO DA ARRABIDA	39
206	93	NUNO GOMES	00:54:07	00:53:56	M4549	CLUBE EDP - LISBOA	29
207	272	MARIA JOÃO GONÇALVES	00:54:29	00:54:26	F5054	CLUBE GROUNDFORCE PORTUGAL	4
208	178	ANA CLAUDIA SILVA	00:54:40	00:54:29	F2039	ARRÁBIDA OBSTACLE RUNNERS	17
209	176	JULIANA CAMPOS	00:54:41	00:54:30	F2039		18
210	121	RUI VIEIRA	00:54:41	00:54:19	M4549	ALCES TEAM	30
211	82	SILVANA SAUCEDO	00:54:41	00:54:28	F4044		7
212	131	AMELIA PEREIRA	00:54:57	00:54:57	F4044		8
213	39	RUI MIRANDA	00:54:57	00:54:57	M2039		56
214	183	ANTÓNIO MARRACHINHO	00:54:58	00:54:28	M5559	TREVODEQUATROFOLHAS	8
215	301	VIRGINIA CANENTO	00:55:13	00:55:09	F4549	CORRER EM ÉVORA	9
216	290	CRISTINA CALDEIRA	00:55:14	00:54:51	F4549	RUNLOVERS	10
217	289	NUNO MARQUES	00:55:14	00:54:51	M5054	RUNLOVERS	22
218	64	IRENE CARVALHO	00:55:29	00:55:27	F4549	TEAM MELOM	11
219	303	ANA RITA SANTOS	00:55:44	00:55:32	F2039	APPACDM DE SETÚBAL	19
220	41	PAULO GONÇALVES	00:55:53	00:55:53	M6064		10
221	117	FERNANDO JESUS	00:56:19	00:55:58	M2039	ALCES TEAM	57
222	62	NUNO DIAS	00:56:23	00:56:23	M4044	RUA 1 DE MAIO SÃO LUÍS	40
223	246	GONÇALO ESPÍRITO SANTO	00:56:29	00:56:29	M2039		58
224	170	CLAUDIA TAVARES	00:56:49	00:56:49	F2039		20
225	91	EDUARDO DANIEL BERNARDO	00:56:53	00:56:53	M4549	SUDU	31

226	92	SUSANA SOUSA	00:56:53	00:56:53	F4044	SUDU	9
227	276	JOÃO FERREIRA	00:56:54	00:56:41	M4044	GRUPO MARCHA E CORRIDA JAMOR	41
228	14	ARMANDA SEMEAO	00:57:00	00:56:50	F4044		10
229	138	EZEQUIEL GOMES	00:57:06	00:56:57	M5559		9
230	192	ADELAIDE PALMA	00:57:07	00:56:58	F4549	CORRIDA NOCTURNA	12
231	120	PAULO SERRANO	00:57:08	00:57:08	M4549	ALCES TEAM	32
232	30	CONCEIÇÃO CUNHA	00:57:22	00:57:22	F5054	ASAS NOS PÉS	5
233	277	CARLOS FERREIRA	00:57:29	00:57:15	M2039	GRUPO MARCHA E CORRIDA JAMOR	59
234	81	MAFALDA RIBEIRO	00:57:32	00:57:12	F2039		21
235	18	JULIA ANDRADE	00:57:34	00:57:28	F2039		22
236	171	RUI SALVADOR	00:57:35	00:57:27	M4044		42
237	137	ROSA MENDES	00:57:40	00:57:22	F5559		2
238	24	ADRIANA GRIFO	00:57:57	00:57:57	F2039	CARACOLRAIL	23
239	26	BRUNO PEREIRA	00:57:58	00:57:58	M4044	CARACOLRAIL	43
240	344	ATLETA NÃO CADASTRADO	00:57:58	00:57:58	M0019		6
241	268	ANDREIA CARDADOR	00:58:09	00:57:45	F2039	ESCOLA DE ATLETISMO - AFDD	24
242	190	TÂNIA MACHADO	00:58:14	00:57:50	F2039	PEQUENADA FELIZ	25
243	189	CARLA COSTA	00:58:14	00:57:50	F2039	PEQUENADA FELIZ	26
244	292	PAULO SOARES	00:58:15	00:57:48	M4549	CCR ALTO DO MOINHO	33
245	195	AIDA FRANCO	00:58:36	00:58:30	F2039		27
246	118	JOÃO SANTOS	00:58:43	00:58:22	M5054	ALCES TEAM	23
247	102	MÓNICA RAMIRES	00:58:47	00:58:47	F2039		28
248	111	SARA BERNARDINO	00:58:47	00:58:47	F2039		29

249	153	JOSÉ SÁ	00:59:51	00:59:50	M5559	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	10
250	247	DIVA COELHO	00:59:54	00:59:49	F2039	CORRER EM ÉVORA	30
251	56	SÓNIA ANDRADE	01:00:06	00:59:57	F4044	CCD CRÉDITO AGRICOLA MUTUO	11
252	71	JOANA ANJOS	01:00:08	00:59:56	F2039		31
253	57	RUTE NOGUEIRA	01:00:17	01:00:17	F2039		32
254	58	RAQUEL MOTA	01:00:19	01:00:19	F4044		12
255	237	CRISTINA ABREU	01:00:38	01:00:38	F4044		13
256	23	DINA LAMAS	01:00:48	01:00:36	F2039		33
257	22	BRUNO LAMAS	01:00:48	01:00:36	M4044		44
258	152	LÍDIA ISABEL VIEIRA	01:01:00	01:00:58	F4044	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	14
259	310	CÉLIA AZENHA	01:01:01	01:00:59	F5054	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	6
260	38	MÁRIO ESTEVES	01:01:07	01:00:41	M4044	JP	45
261	53	RITA CRISTINA FRANCISCO	01:01:41	01:01:25	F5054	FITRUNNERS	7
262	188	MONICA JACINTO	01:02:13	01:02:13	F4044	FITRUNNERS	15
263	54	CARINA OLIVEIRA	01:02:14	01:02:14	F4044	FITRUNNERS	16
264	204	MAFALDA CUNHA	01:03:04	01:03:04	F2039		34
265	235	MIGUEL LABRUSCO	01:03:04	01:03:04	M2039		60
266	40	VANDA CORREIA	01:03:27	01:03:27	F4549		13
267	148	MAYER RAPOSO	01:03:34	01:03:34	M6599	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	7
268	165	PEDRO RASTEIRO	01:03:35	01:03:23	M4044	TÁLENTOS TEAM	46
269	139	PEDRO ARAUJO	01:03:55	01:03:45	M2039		61
270	213	ELISABETE LOURENÇO	01:05:47	01:05:34	F4044	TÁLENTOS TEAM	17
271	29	NEUSA ANJOS	01:05:59	01:05:50	F4044		18

272	245	LEONOR PEREIRA	01:06:22	01:06:08	F2039		35
273	90	MARLENE CONRAL	01:07:52	01:07:46	F6599	ASSOCIAÇÃO LEBRES DO SADO	1
274	184	CRISTINA SOARES	01:11:19	01:11:19	F5054	TREVO DE QUATRO FOLHAS	8
275	150	FRANCISCO PRATES	01:15:38	01:15:38	M6599	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	8
276	154	TERESA PRATES	01:15:38	01:15:38	F6599	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	2
277	61	ANDRÉ CHANOCA	01:16:19	01:15:58	M2039		62
278	46	NÁDIA CONCHACHA	01:16:19	01:16:19	M2039		63