



# Marginal do Rio Azul 2019

05 de Julho, 2019

<https://werun.pt/resultados/marginal-do-rio-azul-2019/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	205	ANDRE COSTA	00:31:54	00:31:54	M2039	CLUBE DE PRAÇAS DA ARMADA	1
2	204	JOAO BRAGADESTE	00:32:21	00:32:21	M2039	CLUBE DE PRAÇAS DA ARMADA	2
3	244	LUIS MARGARIDO	00:32:35	00:32:35	M2039	VITORIA FUTEBOL CLUBE	3
4	243	ANDRE ALVES	00:34:03	00:34:03	M2039	VITORIA FUTEBOL CLUBE	4
5	221	JOÃO JESUS	00:34:06	00:34:06	M2039	AMICICLO GRÂNDOLA	5
6	4	RODRIGO CARRILHO	00:34:14	00:34:14	M2039	CASA SPORT LISBOA E BENFICA VENDAS NOVAS	6
7	118	JOÃO RECTO	00:36:36	00:36:36	M2039	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	7
8	28	FERNADO ALVES	00:37:05	00:37:05	M5054	URBAN RUN TEAM	1
9	144	DANIEL SEBORRO	00:37:15	00:37:15	M2039		8
10	308	MIGUEL SOBRAL	00:37:22	00:37:22	M4044	A NATUREZA ENSINA	1
11	239	HERNANI FRANCISCO	00:37:31	00:37:31	M5054	VITORIA FUTEBOL CLUBE	2
12	117	ALÍPIO TRIGO	00:37:39	00:37:37	M4044	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	2
13	253	ANTÓNIO BRANCO	00:37:44	00:37:44	M5054	CLUBE DE PRAÇAS DA ARMADA	3
14	194	PAULO PINTO	00:37:46	00:37:45	M4549	A NATUREZA ENSINA	1
15	250	FERNANDO SANTOS	00:38:10	00:38:10	M5054	CLUBE DE PRAÇAS DA ARMADA	4
16	181	TIAGO ANDRÉ CORREIA	00:38:35	00:38:27	M2039		9
17	22	NUNO ANTUNES	00:38:41	00:38:41	M4549	URBAN RUN TEAM	2
18	23	JOÃO SALGUEIRO ANTUNES	00:39:21	00:39:20	M4549	URBAN RUN TEAM	3

19	295	TIAGO MARCELINO	00:39:21	00:39:09	M4044	VITORIA FUTEBOL CLUBE	3
20	276	PAULO SOUSA	00:39:30	00:39:29	M4044	Outdoor Clube de Setúbal - Strendure running Team	4
21	193	CARLOS ALBERTO LIMA	00:39:33	00:39:32	M4549	A NATUREZA ENSINA	4
22	301	JOÃO BERNARDO	00:39:34	00:39:12	M2039	NAFCS	10
23	96	JORGE NABAIS	00:39:39	00:39:39	M2039		11
24	6	MIGUEL LADEIRA	00:39:45	00:39:44	M4549	CLUBE4ESTILOS	5
25	89	ANTÓNIO TORRES	00:39:49	00:39:38	M2039		12
26	302	RUI PASTOR	00:40:05	00:39:59	M4549	PASTOR RACING	6
27	294	FLORIVAL BACALHAU	00:40:13	00:40:13	M6064	VITORIA FUTEBOL CLUBE	1
28	97	RUTE MARTINS	00:40:14	00:40:13	F2039		1
29	31	HENRIQUE PEREIRA	00:40:23	00:40:20	M2039	OS COXOS E O MIGUEL	13
30	8	PAULO SARTY	00:40:24	00:40:22	M4549	STRONG TEAM	7
31	115	WILIJON RAÚL	00:40:36	00:40:33	M5054	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	5
32	218	JOÃO MONIZ	00:40:37	00:40:37	M2039		14
33	162	ANTONIO SILVA	00:40:37	00:40:37	M4549	C A AMIGOS PARQUE DA PAZ	8
34	189	ALBERTO RODRIGUES	00:40:40	00:40:39	M5559	CCR ALTO DO MOINHO	1
35	248	MÁRIO LOURENÇO	00:40:53	00:40:52	M5054	CLUBE DE PRAÇAS DA ARMADA	6
36	173	NUNO RAMOS	00:41:20	00:41:16	M2039		15
37	170	JOÃO PAULINO	00:41:25	00:41:23	M5559		2
38	188	PEDRO FERREIRA	00:41:29	00:41:27	M2039	CCR ALTO DO MOINHO	16
39	40	PEDRO BASSO	00:41:37	00:41:34	M4549	OS COXOS E O MIGUEL	9
40	291	EDUARDO SALVADOR	00:41:51	00:41:30	M2039	ARRÁBIDA OBSTACLE RUNNERS	17

41	110	PEDRO PEREIRA	00:41:55	00:41:52	M4044	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	5
42	146	ANTÓNIO MARTINS	00:42:01	00:41:53	M5054	NAV RUNNERS	7
43	46	JORGE ROMÃO	00:42:08	00:41:56	M4044	SETÚBAL	6
44	229	JOÃO MARAL	00:42:17	00:42:17	M5054		8
45	203	JOÃO PÁSCOA	00:42:24	00:42:23	M5054	TÁLENTOS TEAM	9
46	238	CLAUDIO PIZARRO	00:42:27	00:42:02	M2039		18
47	185	JOSE AMIGO	00:42:34	00:42:34	M6599	CCR ALTO DO MOINHO	1
48	65	CHANTAL XHERVELLE	00:42:51	00:42:51	F5054	CCR ALTO DO MOINHO	1
49	64	JAIME LAMEGO	00:42:53	00:42:53	M5559		3
50	241	SUSANA RODRIGUES	00:42:55	00:42:55	F2039	VITORIA FUTEBOL CLUBE	2
51	68	JOSÉ BRITO	00:43:04	00:42:56	M5559		4
52	273	FERNANDO FERREIRA	00:43:04	00:43:04	M6599	TÁLENTOS TEAM	2
53	161	SERGIO SANTOS	00:43:08	00:43:05	M5559	C A AMIGOS PARQUE DA PAZ	5
54	142	JOÃO VALHELHAS	00:43:08	00:43:01	M4549	CÂMARA LISBOA CLUBE	10
55	297	ADELINO JOSÉ	00:43:11	00:42:57	M2039		19
56	275	FRANCISCO MULETA	00:43:11	00:43:08	M6064	FF PARA A PAZ MUNDIAL E UNIFICAÇÃO	2
57	52	JORGE PIRES	00:43:24	00:43:20	M4044	OS COXOS E O MIGUEL	7
58	261	ANTÓNIO ROSADO	00:43:27	00:43:19	M5054	G.D.R. SÃO FRANCISCO DA SERRA	10
59	298	CARLOS LOPES	00:43:28	00:43:01	M4044	AMINHACORRIDA	8
60	293	JOÃO LIMA	00:43:29	00:43:02	M2039	VITORIA FUTEBOL CLUBE	20
61	121	RUI SIMPLICIO	00:43:31	00:43:23	M4549	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	11
62	165	CARLOS MARTINS	00:43:33	00:43:28	M4549	CCD CRÉDITO AGRÍCOLA MÚTUO	12
63	150	CARLA CARMONA	00:43:34	00:43:33	F4044	GRUPO DESPORTIVO O INDEPENDENTE	1

64	39	FLORIVAL LUCAS	00:43:36	00:43:35	M5559	OS COXOS E O MIGUEL	6
65	149	LUIS ROSARIO	00:43:37	00:43:37	M5054		11
66	133	EZEQUIEL FERNANDES	00:43:40	00:43:37	M6064	INDIVIDUAL	3
67	73	JOÃO PAIXÃO	00:43:51	00:43:31	M2039	NAFCS	21
68	174	TIAGO ALEXANDRE MEDEIROS BOLEGAS	00:43:55	00:43:35	M2039	NAFCS	22
69	111	TIAGO BRAGA	00:44:05	00:43:43	M2039		23
70	29	ANTONIO LOPES	00:44:06	00:43:54	M4549		13
71	120	GONÇALO CARDOSO	00:44:12	00:44:07	M2039	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	24
72	119	ANTÓNIO FONSECA	00:44:13	00:44:10	M4044	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	9
73	286	DAVID CALVO	00:44:15	00:44:15	M2039	LEBRES DO SADO	25
74	230	DANIEL ZEFERINO	00:44:18	00:44:10	M2039		26
75	201	JOSE BOUCEIRO	00:44:22	00:44:12	M5054		12
76	296	FRANCISCO CALVO	00:44:22	00:44:21	M5559	VITORIA FUTEBOL CLUBE	7
77	5	RENATO SACRAMENTO	00:44:24	00:44:23	M4549		14
78	122	PEDRO BARATA	00:44:25	00:44:08	M4044	ALCES TEAM	10
79	134	NEVILSON SOARES	00:44:26	00:44:11	M0019	CORRIDA NOCTURNA	1
80	123	EDGAR BARATA	00:44:27	00:44:09	M2039	ALCES TEAM	27
81	163	BRUNO JOTA	00:44:30	00:44:17	M2039		28
82	225	TIAGO ADRIÃO	00:44:32	00:44:27	M0019	G.D.SBSI	2
83	283	TIAGO QUITÉRIO	00:44:33	00:44:28	M2039		29
84	274	RUI LÓIO	00:44:38	00:44:36	M5054	Azeitão	13
85	77	ALAIN BESSON	00:44:39	00:44:39	M6599	TÁLENTOS TEAM	3
86	268	CARLA PEREIRA	00:44:42	00:44:26	F2039	UCRD Praiense	3

87	69	LEANDRO GARCIA	00:44:45	00:44:21	M2039		30
88	159	CLAUDIO CASADO	00:44:46	00:44:34	M4044		11
89	67	VIRIATO PATACO	00:44:50	00:44:34	M4549		15
90	267	JOSÉ AMARO	00:44:51	00:44:27	M4044	LIZ RUNNERS	12
91	305	PEDRO TRABUCHO	00:44:52	00:44:38	M5054		14
92	56	JOÃO SANTANA	00:44:55	00:44:40	M2039		31
93	49	PEDRO CORREIA	00:44:57	00:44:30	M2039		32
94	292	SELENA LIMA	00:45:02	00:45:02	F2039	VITORIA FUTEBOL CLUBE	4
95	3	PEDRO HIPÓLITO	00:45:06	00:45:02	M4549	A NATUREZA ENSINA	16
96	284	FÁBIO DUQUE	00:45:09	00:44:49	M2039	LEBRES DO SADO	33
97	307	TIAGO LUIS	00:45:28	00:44:59	M2039		34
98	127	LUÍS PESTANA	00:45:31	00:45:31	M4549	ALCES TEAM	17
99	240	MIGUEL DUARTE	00:45:43	00:45:35	M4549	VITORIA FUTEBOL CLUBE	18
100	309	VITOR MARTINS	00:45:46	00:45:39	M5559	Moita Running	8
101	258	JOAO OLIVEIRA	00:45:53	00:45:53	M2039		35
102	101	MANUEL FELIZARDO	00:46:02	00:45:52	M4549	GRUPO RECREATIVO PALHAVÃ	19
103	86	MIGUEL DIAS	00:46:04	00:45:53	M4044	SS SGD	13
104	264	NUNO MIGUEL LUCAS	00:46:11	00:46:03	M4549	TÁLENTOS TEAM	20
105	70	ANGELO MENDES	00:46:19	00:46:13	M4549		21
106	281	JOÃO CARVALHO	00:46:27	00:46:02	M4549	99PROVASGRATUITAS	22
107	300	GUSTAVO ÉVORA	00:46:28	00:46:02	M5054	99PROVASGRATUITAS	15
108	140	CARLOS SOUSA	00:46:30	00:46:24	M4044	CÂMARA LISBOA CLUBE	14
109	270	RICARDO AMARAL	00:46:40	00:46:14	M2039	NAVIGATOR CLUBE SETUBAL	36

110	263	VENÂNCIO GUERREIRO	00:46:43	00:46:40	M6064	COOP A SACAVERNENSE	4
111	171	PEDRO ALMEIDA	00:46:47	00:46:42	M4044		15
112	187	FRANCISCO PINTO	00:46:51	00:46:48	M5559	CCR ALTO DO MOINHO	9
113	269	JOSÉ GOMES	00:46:51	00:46:36	M4044		16
114	54	GONÇALO GONÇALVES	00:46:54	00:46:33	M2039	NAFCS	37
115	51	OLGA ARAUJO	00:46:54	00:46:41	F2039	FF PARA A PAZ MUNDIAL E UNIFICAÇÃO	5
116	20	PAULO SILVA	00:46:56	00:46:48	M5054		16
117	299	JORGE BARROS	00:47:02	00:46:38	M4044	99PROVASGRATUITAS	17
118	172	ANTONIO TEIXEIRA	00:47:04	00:46:53	M4044		18
119	175	ÁLVARO BRITO	00:47:06	00:46:49	M4044		19
120	252	MANUEL JACINTO	00:47:07	00:46:57	M6064	CLUBE DE PRAÇAS DA ARMADA	5
121	186	PATRICIA MARUJO	00:47:09	00:47:06	F2039	CCR ALTO DO MOINHO	6
122	280	MIGUEL LOPES	00:47:10	00:46:45	M4044	99PROVASGRATUITAS	20
123	154	FRANCISCO BERNARDINO	00:47:13	00:47:13	M2039		38
124	158	PEDRO CORREIA	00:47:15	00:47:03	M4549		23
125	139	NUNO MOREIRA	00:47:17	00:47:09	M4044	CÂMARA LISBOA CLUBE	21
126	12	RICARDO HUGO PATROCINIO	00:47:18	00:47:11	M4044	SETÚBAL	22
127	279	AURELIO ANDORINHA	00:47:18	00:47:08	M4549		24
128	11	FILIPE SILVA	00:47:19	00:47:11	M4044	CCD TRANQUILIDADE	23
129	237	SÉRGIO MANUEL MACHADO CASAL	00:47:24	00:47:09	M5054	VITÓRIA FUTEBOL CLUBE	17
130	245	EDUARDO BORGES	00:47:24	00:47:09	M4549	VITORIA FUTEBOL CLUBE	25
131	137	PAULO GONÇALVES	00:47:26	00:47:19	M4549	CÂMARA LISBOA CLUBE	26
132	2	SERGIO BASTOS	00:47:27	00:46:59	M4044		24

133	114	SILVIA GALVEIA	00:47:33	00:47:22	F4044	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	2
134	21	TIAGO ROSA	00:47:47	00:47:35	M2039	NÉS RUNNING	39
135	37	NUNO FIGUEIREDO	00:47:47	00:47:32	M4044	CORRER LISBOA	25
136	192	CÉSAR FERREIRA	00:47:52	00:47:28	M2039		40
137	94	SARA PAINHA	00:47:57	00:47:57	F2039		7
138	266	ANDRÉ PIRES	00:47:59	00:47:38	M0019	NAFCS	3
139	87	CÁTIA FONSECA	00:48:05	00:47:55	F2039	SS CGD	8
140	129	HÉLDER CORREIA	00:48:07	00:48:04	M2039	ALCES TEAM	41
141	251	POSSIDONIO CONSTANTINO	00:48:17	00:48:07	M6599	CLUBE DE PRAÇAS DA ARMADA	4
142	130	DANIEL PINTO	00:48:19	00:47:58	M2039	BRRNIGHTRUNNERS	42
143	128	FILIPE AUGUSTO	00:48:20	00:48:16	M4549	ALCES TEAM	27
144	223	JOSÉ ADRIÃO	00:48:20	00:48:15	M4549	G.D.SBSI	28
145	44	GUSTAVO BASTOS	00:48:26	00:48:08	M4044	QUENIANOS DO SADO	26
146	249	VERA REIS	00:48:27	00:48:27	M4044	CLUBE DE PRAÇAS DA ARMADA	27
147	242	CRISTIANA RODRIGUES	00:48:34	00:48:34	F2039	VITORIA FUTEBOL CLUBE	9
148	58	HENRIQUE SANTOS	00:48:49	00:48:28	M4044	Sesimbra	28
149	255	LUÍS FERNANDES	00:48:49	00:48:45	M4549		29
150	228	SERGIO LUIS AMADOR	00:48:50	00:48:19	M4044		29
151	72	JOÃO FARIA	00:48:53	00:48:24	M4044	OCS	30
152	260	LUIS GONÇALVES	00:48:54	00:48:34	M2039	SETUBAL	43
153	9	SANDRA LOPES	00:49:00	00:48:59	F2039	STRONG TEAM	10
154	45	JOSE NUNES	00:49:05	00:48:42	M4549		30
155	210	NUNO GOMES	00:49:08	00:48:55	M4044	INDIVIDUAL	31

156	233	CARLOS MARQUES	00:49:15	00:49:03	M6064	TÁLENTOS TEAM	6
157	24	JAIME RELHAS	00:49:21	00:49:03	M2039		44
158	303	EDNA TELES	00:49:26	00:49:05	F2039		11
159	208	JORGE MOREIRA	00:49:31	00:49:12	M5054		18
160	306	PEDRO BAU	00:49:33	00:49:04	M4044		32
161	227	JAIME PEREIRA	00:49:37	00:49:28	M4549	CORRIDA NOTURNA	31
162	157	PAULO SERRANITO	00:49:38	00:49:26	M5559	NÃO TE PRIVES	10
163	1	RUBEN COSTA	00:49:41	00:49:15	M4044		33
164	26	GINA MARTINS	00:49:45	00:49:22	F4549		1
165	25	DAVID BERNARDO	00:49:45	00:49:22	M2039		45
166	36	PAULO SOUSA	00:49:48	00:49:27	M2039	PALMELENSE FUTEBOL CLUBE	46
167	53	ANDRÉ BAPTISTA	00:50:01	00:49:41	M2039		47
168	254	TERESA SILVA	00:50:07	00:49:52	F4549	CLUBE DE PRAÇAS DA ARMADA	2
169	179	CLIDIA COELHO	00:50:20	00:50:10	F5054		2
170	271	VASCO BERNARDO	00:50:27	00:50:01	M4044	NAVIGATOR CLUBE SETUBAL	34
171	126	RUI VIEIRA	00:50:43	00:50:38	M4549	ALCES TEAM	32
172	15	SONIA FERNANDES	00:50:47	00:50:28	F4044		3
173	207	GERMANO BERNARDO	00:50:57	00:50:26	M6064	PRAZER DA CORRIDA	7
174	35	TIAGO LOUREIRO	00:51:24	00:50:58	M2039		48
175	256	EDMUNDO SILVA	00:51:38	00:51:21	M4044	INDIVIDUAL	35
176	247	CLÁUDIO GUERREIRO	00:51:39	00:51:09	M2039		49
177	282	DANIEL FERREIRA	00:51:40	00:51:18	M2039		50
178	226	CARLA SILVA	00:52:02	00:51:58	F4549	G.D.SBSI	3



179	113	ILÍDIA JOSÉ	00:52:16	00:52:05	F2039	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	12
180	34	PEDRO SILVA	00:52:24	00:52:10	M2039		51
181	41	HELENA ISABEL RECHARTE GONÇALVES	00:52:24	00:52:07	F4044	PINHAL NOVO A CORRER	4
182	42	PAULO JORGE GONÇALVES DA SILVA	00:52:25	00:52:09	M5054	PINHAL NOVO A CORRER	19
183	214	ANTÓNIO TEIXEIRA	00:52:45	00:52:40	M2039	ALCES TEAM	52
184	209	DAVID FERNANDES	00:52:46	00:52:20	M2039		53
185	184	MARGARIDA AMIGO	00:52:51	00:52:48	F5599	CCR ALTO DO MOINHO	1
186	231	NUNO DOMINGUES	00:52:55	00:52:38	M2039		54
187	287	CÉLIA ANACLETO	00:53:02	00:53:02	F4044	LEBRES DO SADO	5
188	84	CLAUDIO CRUZ	00:53:03	00:53:03	M4044	ARRABIDA OBSTACLE RUNNERS	36
189	125	PEDRO ANDRÉ	00:53:10	00:52:54	M4549	ALCES TEAM	33
190	95	PEDRO FONSECA	00:53:14	00:52:55	M2039		55
191	196	SERGIO MARQUES	00:53:24	00:52:59	M2039		56
192	213	HÉLDER PIRES	00:53:58	00:53:58	M2039		57
193	190	SUSANA COSTA	00:54:04	00:53:51	F4549	JUMP4	4
194	217	ANA CATARINA PEREIRA QUINTAS	00:54:06	00:54:00	F4549		5
195	206	CATARINA FIGUEIREDO	00:54:08	00:53:54	F5054	JUMP4	3
196	265	PEDRO MANSO	00:54:21	00:54:13	M4044	TÁLENTOS TEAM	37
197	168	JOANA GORRÃO	00:54:29	00:54:20	F4044	A NATUREZA ENSINA	6
198	136	PAULA LEITÃO	00:54:30	00:54:18	F4549	CÂMARA LISBOA CLUBE	6
199	195	MIHAI ACONSTANTINEI	00:55:05	00:54:41	M2039		58
200	272	FERNANDO MARTINHO	00:55:14	00:54:55	M5559	NAVIGATOR CLUBE SETUBAL	11
201	222	ANABELA MARTINS	00:55:20	00:55:04	M2039		59

202	234	JORGE VICENTE	00:55:21	00:55:04	M4044		38
203	10	ISABEL CARVALHO	00:55:42	00:55:33	F4044	GINASIO QUINTA DO VALBOM ALCOCHETE	7
204	216	PEDRO BATISTA	00:55:42	00:55:23	M2039	CARACÓIS TURBINADOS	60
205	288	FERNANDO NASCIMENTO	00:55:50	00:55:44	M5054	TÁLENTOS TEAM	20
206	289	ELISABETE LOURENÇO	00:55:51	00:55:44	F4044	TÁLENTOS TEAM	8
207	153	ANTÓNIO CASTRO	00:55:56	00:55:27	M5054	SANTANDER TOTTA	21
208	257	MIGUEL GASPAR	00:55:57	00:55:37	M4549	BTTRUPE -ADC PEREIRO DE MAÇÃO	34
209	43	CIRO SÁ SILVA	00:56:03	00:55:41	M4044	QUENIANOS DO SADO	39
210	285	TERESA SANTO	00:56:04	00:56:04	M4549	LEBRES DO SADO	35
211	17	EDUARDO BERNARDO	00:56:22	00:56:13	M4549	CMC ODIVELAS - SUDU	36
212	16	SUSANA SOUSA	00:56:22	00:56:12	F4044	CMC ODIVELAS - SUDU	9
213	278	LUIS MARTINS	00:56:23	00:55:56	M4044		40
214	27	SERGIO RODELO	00:56:30	00:56:22	M4549	RUN CREW TRAIL MONTIJO	37
215	100	FERNANDO ALMEIDA	00:56:31	00:56:20	M4044		41
216	145	CARLA SOFIA VENÂNCIO	00:56:35	00:56:22	F2039		13
217	232	MARCO CARVALHO	00:56:36	00:56:09	M4044	ARMOTORSPORT	42
218	155	PEDRO RASTEIRO	00:56:43	00:56:24	M4044	TÁLENTOS TEAM	43
219	61	ANABELA RUIVO	00:56:43	00:56:25	F4549	CORRER LISBOA	7
220	60	LUÍS NABAIS	00:56:45	00:56:27	M2039	CORRER LISBOA	61
221	235	JOANA GONÇALVES	00:56:51	00:56:33	F2039	H&J	14
222	47	PAULO SIMÕES	00:56:54	00:56:30	M5054		22
223	116	ANDREIA CARDADOR	00:57:02	00:56:50	F2039	ESCOLA DE ATLETISMO DO MONTIJO- A.F.D.D	15
224	112	JOÃO MENDES	00:57:08	00:56:53	M2039		62

225	13	JOANA GRILO	00:57:10	00:56:55	F2039		16
226	14	ALISSON PIETRO	00:57:13	00:56:59	M4044		44
227	131	MIGUEL SILVA	00:57:19	00:57:14	M4044		45
228	290	ANA CLÁUDIA SILVA	00:57:21	00:56:58	F2039	ARRÁBIDA OBSTACLE RUNNERS	17
229	57	CARLOS GOUVEIA	00:57:26	00:57:04	M2039	Sesimbra	63
230	215	JOÃO SANTOS	00:57:34	00:57:18	M5054	ALCES TEAM	23
231	211	FÁBIO BATALHA	00:57:44	00:57:12	M2039	TRIPA TEAM	64
232	148	NUNO OLIVEIRA	00:57:53	00:57:42	M4549	LUSO-ATLÂNTICA CORRETOR DE SEGUROS SA	38
233	152	CÉLIA AZENHA	00:58:32	00:58:32	F5054	AA LEBRES DO SADO	4
234	30	ARMANDA SEMEAO	00:58:38	00:58:27	F4044	CDR ÁGUIAS UNIDAS	10
235	178	JOAQUIM PEDROSO	00:58:46	00:58:26	M4549		39
236	98	ANGELA NUNES	00:59:08	00:58:56	F2039		18
237	99	VALTER NUNES	00:59:08	00:58:57	M2039		65
238	177	JULIA JACINTO	00:59:16	00:58:56	F5054		5
239	92	CÉLIA SANTOS	00:59:27	00:59:18	F4044		11
240	141	CARLOS FERREIRA	00:59:28	00:58:59	M5054	CÂMARA LISBOA CLUBE	24
241	93	MIGUEL XAVIER	00:59:28	00:59:19	M4549		40
242	135	JOÃO FIGUEIREDO	00:59:30	00:59:01	M6064	CÂMARA LISBOA CLUBE	8
243	164	SONIA ANDRADE	00:59:30	00:59:12	F4549	CCD CRÉDITO AGRÍCOLA MÚTUO	8
244	124	PAULO SERRANO	00:59:32	00:59:15	M4549	ALCES TEAM	41
245	91	MÁRIO FERNANDO ESTEVES	00:59:40	00:59:40	M4044	JP	46
246	59	VANDA SILVA	00:59:51	00:59:30	F4044		12
247	191	ADELAIDE PALMA	00:59:56	00:59:33	F4549	CORRIDA NOCTURNA	9

248	85	EZEQUIEL GOMES	00:59:56	00:59:32	M5559		12
249	102	JOÃO SANTANA	00:59:57	00:59:33	M5559		13
250	143	ANABELA MEIA-VIA	00:59:57	00:59:48	M5054	CÂMARA LISBOA CLUBE	25
251	224	MARGARIDA MARQUES	01:00:37	01:00:31	F4549	G.D.SBSI	10
252	106	FRANCISCO PRATES	01:00:41	01:00:39	M6599	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	5
253	38	JULIA ANDRADE	01:00:42	01:00:23	F4044	BRR NIGHT RUNNERS	13
254	108	LÍDIA VIEIRA	01:00:42	01:00:41	F4549	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	11
255	7	CATARINA LADEIRA	01:01:05	01:00:38	F4549	CLUBE4ESTILOS	12
256	198	ANA PATO	01:01:11	01:00:40	F2039		19
257	200	ANTONIO CAEIRO	01:01:44	01:01:13	M4549		42
258	132	ELISABETE SILVA	01:02:09	01:02:04	F4044		14
259	156	ANTÓNIO RASTEIRO	01:03:25	01:03:02	M6064	TÁLENTOS TEAM	9
260	48	SANDRA OLIVEIRA	01:03:26	01:03:02	F4549		13
261	304	ANA LOPES	01:04:15	01:04:02	F4549	SUNSET RUNNING TEAM	14
262	138	HELENA PEREIRA	01:04:17	01:04:06	F4044	CÂMARA LISBOA CLUBE	15
263	32	MARISA PEREIRA	01:05:01	01:04:56	F4044	OS COXOS E O MIGUEL	16
264	246	ROBERTA MELO	01:05:57	01:05:57	F4549	VITORIA FUTEBOL CLUBE	15
265	199	ANABELA CARVALHO	01:08:08	01:07:38	F2039		20
266	19	MARLENE CONRAL	01:08:10	01:08:10	F5599	LEBRES DO SADO	2
267	160	MAYER RAPOSO	01:11:26	01:11:26	M6599	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	6
268	277	RAFAEL SILVA	01:12:58	01:12:44	M2039		66
269	169	SAMUEL GORRÃO	01:13:42	01:13:17	M2039	A NATUREZA ENSINA	67
270	167	DOMINGOS GATO	01:13:49	01:13:26	M4549	A NATUREZA ENSINA	43

271	62	LIGIA SANTOS	01:14:49	01:14:20	F4044	MAMÃS À SOLTA	17
272	63	SARA PATROCÍNIO	01:14:50	01:14:23	F2039	MAMÃS À SOLTA	21