

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
1.	BRUNO MONIZ	115	1	SEN M	1	ADRAP	01:09:21	01:09:21
2.	JOÃO FERREIRA	67	2	SEN M	2	MF GRUPO	01:11:51	01:11:51
3.	ROBERTO LADEIRAS	211	3	VET M45	1	GFD RUNNING	01:13:08	01:13:08
4.	BRUNO GASPAR	190	4	VET M35	1	AC VERMOIL	01:13:31	01:13:32
5.	PEDRO JANUÁRIO	186	5	VET M40	1	INDUSTRIAL DESPORTIVO VIEIRENSE	01:14:07	01:14:08
6.	FILIFE COSTA	196	6	VET M35	2	CLUBE DESPORTIVO DE ESPITE	01:16:47	01:16:48
7.	HUGO RAMALHO	230	7	VET M40	2	RECREIO DESPORTIVO DE ÁGUEDA	01:16:52	01:16:52
8.	CRISTIANO ANTÓNIO	236	8	SEN M	3	CML	01:16:52	01:16:54
9.	RICARDO GASPAR	22	9	SEN M	4	ESCOLA DE ATLETISMO DE COIMBRA - JPAIVA	01:17:10	01:17:10
10.	TELMO NASCIMENTO	260	10	SUB 23 M	1	ACRSO DESTERRA	01:17:24	01:17:24
11.	LUIS GOMES	138	11	VET M35	3	G.A.CARANGUEJEIRA	01:17:25	01:17:28
12.	RICARDO HENRIQUES	136	12	VET M35	4	CLUBE RECREATIVO AMIEIRINHENSE	01:18:10	01:18:11
13.	JOAO MATEUS	59	13	SEN M	5	GFD RUNNING	01:18:19	01:18:21
14.	VITOR DINIS	187	14	VET M45	2	INDUSTRIAL DESPORTIVO VIEIRENSE	01:18:49	01:18:50
15.	NELSON SANTOS	208	15	VET M35	5	GFD RUNNING	01:19:21	01:19:22
16.	HUGO DUARTE	140	16	VET M35	6	G.A.CARANGUEJEIRA	01:19:23	01:19:24
17.	FRANCISCO MONTE	205	17	VET M35	7	GFD RUNNING	01:21:51	01:21:52
18.	JAIME NUNES	168	18	VET M45	3	INDIVIDUAL	01:21:56	01:21:56
19.	MARIO SILVA	253	19	VET M55	1	CML	01:22:51	01:22:56
20.	FERNANDO PEREIRA	204	20	VET M45	4	GFD RUNNING	01:23:11	01:23:11
21.	MICAEL COSTA	213	21	SEN M	6	CLUBE DESPORTIVO DE ESPITE	01:23:18	01:23:20
22.	LUÍS RODRIGUES	42	22	VET M35	8	CPT SOBRAL DE CEIRA	01:23:38	01:23:38
23.	LUIS GUARDA	139	23	VET M50	1	G.A.CARANGUEJEIRA	01:23:45	01:23:45
24.	RICARDO BERNARDES	58	24	SEN M	7	GFD RUNNING	01:23:58	01:24:00
25.	AMILCAR BRITO	189	25	VET M35	9	AC VERMOIL	01:25:06	01:25:07
26.	NUNO CASALINHO	141	26	VET M35	10	G.A.CARANGUEJEIRA	01:26:09	01:26:10
27.	RICARDO MORDOMO	120	27	SEN M	8	CLUBE DESPORTIVO DE ESPITE	01:26:40	01:26:43
28.	ERNESTO FERREIRA	203	28	VET M45	5	GFD RUNNING	01:26:57	01:26:59
29.	FILIFE SILVEIRA	269	29	VET M35	11	GFD RUNNING	01:26:57	01:26:59
30.	ARTUR PINTO	200	30	VET M40	3	GFD RUNNING	01:26:57	01:26:59
31.	NELSON FERNANDES	226	31	VET M40	4	CML	01:27:39	01:27:58
32.	RICARDO NEVES	239	32	SEN M	9	INDIVIDUAL	01:28:00	01:28:08
33.	TIAGO TOMAS	97	33	SEN M	10	CCRD BURINHOSA	01:28:06	01:28:09
34.	JOÃO GOMES	182	34	VET M55	2	CLUBE RECREATIVO AMIEIRINHENSE	01:28:18	01:28:25
35.	JOÃO MALHEIRO	155	35	SEN M	11	INDIVIDUAL	01:29:07	01:29:08
36.	TIAGO ISIDORO	43	36	SEN M	12	PIMPÕES TRIATLO	01:29:07	01:29:19
37.	LUIS BARBOSA	282	37	VET M40	5	CML	01:29:38	01:29:43
38.	PEDRO VIEIRA	259	38	VET M45	6	GFD RUNNING	01:29:58	01:30:05
39.	JOÃO SILVA	40	39	SEN M	13	ARCD- VENDA DA LUÍSA	01:30:31	01:30:34
40.	BRUNO ANTUNES	244	40	SEN M	14	NOTÍCIAS DE COLMEIAS ATLETISMO	01:30:47	01:30:50
41.	DINIS PRUDENCIO	212	41	VET M45	7	CRP - RIBAFRIA	01:30:59	01:31:00
42.	PATRÍCIA CARREIRA	152	1	SEN F	1	INDIVIDUAL	01:31:05	01:31:11
43.	NUNO PIMENTA	312	42	VET M40	6	PORTUGAL RUNNING	01:30:19	01:31:18
44.	PAULO CRUZ	188	43	VET M45	8	AC VERMOIL	01:31:36	01:31:38

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
45.	DELFIN PEDRO	87	44	VET M35	12	INDIVIDUAL	01:31:48	01:31:54
46.	BRUNO SILVA	301	45	SEN M	15	ADRMATA	01:31:52	01:31:54
47.	HORÁCIO GASPAR	142	46	VET M45	9	G.A.CARANGUEJEIRA	01:32:20	01:32:21
48.	TIAGO CANTO	217	47	SEN M	16	INDIVIDUAL	01:33:18	01:33:20
49.	MIGUEL MARQUES	184	48	VET M45	10	CA BARREIRA	01:34:08	01:34:15
50.	ANDRE CRESPO	223	49	SEN M	17	GAU BAJOUCA	01:34:06	01:34:17
51.	TIAGO BORGES	257	50	VET M35	13	INDIVIDUAL	01:34:14	01:34:19
52.	AMILCAR COSTA	13	51	VET M45	11	ACRM SILVEIRINHA GRANDE CLARAS	01:34:20	01:34:22
53.	BRUNO BRANQUINHO	286	52	VET M35	14	INDIVIDUAL	01:34:46	01:34:54
54.	DIOGO OLIVAL	60	53	SEN M	18	NOTÍCIAS DE COLMEIAS ATLETISMO	01:34:45	01:34:54
55.	JOSÉ RAIMUNDO	174	54	VET M55	3	CLUBE RECREATIVO AMIEIRINHENSE	01:35:00	01:35:00
56.	LILIANA NEVES	222	2	VET F35	1	ACVERMOIL	01:34:58	01:35:00
57.	AQUILINO FERREIRA	267	55	VET M60	1	AC VERMOIL	01:34:51	01:35:00
58.	JOAO SIMOES	255	56	VET M35	15	CML	01:35:20	01:35:36
59.	LEANDRO DELGADO	124	57	VET M35	16	INDIVIDUAL	01:35:32	01:35:40
60.	ANDRE SISMEIRO	192	58	SEN M	19	CLUBE DESPORTIVO DE ESPITE	01:35:44	01:35:47
61.	MAURO MODERNO	288	59	SEN M	20	MDR RUNNERS	01:35:49	01:35:53
62.	ARNALDO SANTOS	296	60	VET M40	7	CLUBE DESPORTIVO DE ESPITE	01:35:51	01:35:54
63.	PEDRO NEVES	305	61	VET M40	8	JV	01:35:51	01:35:56
64.	CARLOS A LIMA	199	62	VET M45	12	INDIVIDUAL	01:36:01	01:36:03
65.	TIAGO ESTEVES	302	63	VET M40	9	GFD RUNNING	01:36:07	01:36:13
66.	BRUNO CAMPOS	143	64	VET M40	10	INDIVIDUAL	01:36:09	01:36:19
67.	FABRICE POLTEAU	241	65	VET M45	13	KALENJI BY DECATHLON	01:36:14	01:36:22
68.	RUI MÓNICA	80	66	VET M45	14	INDIVIDUAL	01:36:29	01:36:35
69.	AUGUSTO PORTUGAL	164	67	VET M40	11	CLUBE DE ATLETISMO DA NAZARÉ	01:36:33	01:36:42
70.	FÁBIO MARTINS	161	68	VET M35	17	CLUBE DE ATLETISMO DA NAZARÉ	01:36:43	01:36:43
71.	FRANCISCO FERREIRA	89	69	VET M50	2	ADRMATA	01:36:51	01:36:53
72.	PAULO OLIVEIRA	178	70	VET M50	3	PELAESTRADAFORA	01:36:49	01:36:59
73.	JORGE PEREIRA	275	71	VET M45	15	OLIVEIRAS	01:36:56	01:37:01
74.	ROMÃO CORREIA	82	72	VET M40	12	INDIVIDUAL	01:37:00	01:37:07
75.	RUI SILVA	320	73	VET M40	13	INDIVIDUAL	01:37:01	01:37:11
76.	HÉLDER PEREIRA	162	74	VET M40	14	CLUBE DE ATLETISMO DA NAZARÉ	01:37:11	01:37:19
77.	NUNO JOSÉ	92	75	SEN M	21	ADRMATA	01:37:22	01:37:26
78.	JOAO SILVA	313	76	VET M40	15	INDIVIDUAL	01:37:45	01:37:56
79.	EVANGELISTA SANTOS	194	77	VET M50	4	MAGNÍFICOS RUNNERS	01:37:46	01:37:58
80.	MIGUEL SILVA	163	78	VET M50	5	CLUBE DE ATLETISMO DA NAZARÉ	01:37:50	01:37:58
81.	JORGE LANDAU	317	79	VET M50	6	INDIVIDUAL	01:37:50	01:38:04
82.	MÁRIO MORGADO	169	80	SEN M	22	INDIVIDUAL	01:38:03	01:38:10
83.	MANUEL FERREIRA	91	81	VET M60	2	ADRMATA	01:38:20	01:38:22
84.	LUIS SILVA	175	82	VET M45	16	ACRM SILVEIRINHA GRANDE	01:39:06	01:39:07
85.	LUIS CARVALHEIRO	167	83	VET M45	17	ACRM SILVEIRINHA GRANDE	01:39:05	01:39:07
86.	HELDER MIRANDA	307	84	VET M40	16	ACVERMOIL	01:39:12	01:39:16
87.	ANDRÉ RODRIGUES	277	85	VET M45	18	CABARREIRA	01:39:21	01:39:30
88.	TIAGO QUITERIO	135	86	VET M35	18	AMINHACORRIDA	01:39:55	01:40:05

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
89.	NELSON SOUSA	63	87	VET M40	17	GAC - G. A. CARANGUEJEIRA	01:40:07	01:40:11
90.	JOSÉ RAFAEL	220	88	VET M45	19	GP RUNNERS	01:40:36	01:40:39
91.	CLÁUDIO SOUSA	202	89	VET M40	18	GFD RUNNING	01:40:33	01:40:40
92.	RICARDO RUAS	243	90	VET M40	19	A. R. MEIRINHAS	01:40:46	01:40:56
93.	JOSÉ ALVES	90	91	VET M50	7	ADRMATA	01:40:51	01:40:59
94.	PAULO NUNES	111	92	VET M45	20	CORRER LISBOA	01:41:00	01:41:08
95.	DAVID ACOSTA	123	93	JUN M	1	INDIVIDUAL	01:40:52	01:41:09
96.	JORGE CORREIA	207	94	VET M45	21	GFD RUNNING	01:41:16	01:41:23
97.	HÉLDER PIRES	3	95	VET M40	20	INDIVIDUAL	01:41:09	01:41:25
98.	ARMENIO NEVES	15	96	VET M40	21	INDIVIDUAL	01:41:16	01:41:30
99.	JOÃO PASCOAL	297	97	SEN M	23	MDR RUNNERS	01:41:52	01:41:57
100.	JORGE AZEVEDO	113	98	VET M45	22	INDIVIDUAL	01:41:48	01:41:59
101.	GONÇALO RODRIGUES	45	99	VET M35	19	INDIVIDUAL	01:42:12	01:42:24
102.	DIOGO DUARTE	99	100	SEN M	24	CCRD BURINHOSA	01:42:29	01:42:34
103.	NELSON JORGE	247	101	VET M50	8	NOTÍCIAS DE COLMEIAS ATLETISMO	01:42:52	01:43:01
104.	HELDER ABREU	246	102	VET M40	22	NOTÍCIAS DE COLMEIAS ATLETISMO	01:42:58	01:43:15
105.	JOEL SANTOS	66	103	SEN M	25	ACRM SILVEIRINHA GRANDE	01:43:23	01:43:25
106.	JOÃO BARATA	102	104	VET M45	23	INDIVIDUAL	01:43:19	01:43:32
107.	PEDRO VICENTE	5	105	VET M55	4	INDIVIDUAL	01:44:01	01:44:06
108.	SOFIA VAZ	68	3	SEN F	2	MF GRUPO	01:44:14	01:44:18
109.	NUNO SILVA	117	106	SEN M	26	INDIVIDUAL	01:44:00	01:44:19
110.	DANIEL CORREIA	41	107	VET M35	20	CPT SOBRAL DE CEIRA	01:44:10	01:44:20
111.	TATIANA LOURO	84	4	VET F35	2	GFD RUNNING	01:44:27	01:44:44
112.	RUI ESTRADA	112	108	SEN M	27	INDIVIDUAL	01:44:40	01:44:46
113.	SANDRO VILELA	103	109	VET M40	23	AMIGOS DO DESCANSO	01:44:57	01:45:08
114.	PEDRO GOMES	271	110	VET M40	24	CLUBE COLABORADORES AGEAS	01:45:07	01:45:15
115.	JORGE CARMO	32	111	VET M35	21	INDIVIDUAL	01:45:25	01:45:40
116.	MARLENE OLIVEIRA	283	5	VET F40	1	CML	01:45:40	01:45:46
117.	VITOR RODRIGUES	231	112	VET M35	22	INDIVIDUAL	01:45:52	01:45:55
118.	TIAGO FAUSTINO	170	113	SEN M	28	INDIVIDUAL	01:45:53	01:46:00
119.	VIRGILIO ALBERTO	224	114	VET M50	9	GAU BAJOUCA	01:45:54	01:46:06
120.	LEONEL SOUSA	47	115	VET M50	10	INDIVIDUAL	01:46:04	01:46:11
121.	MARIO MOREIRA	11	116	VET M40	25	MAXIMIANOS	01:46:16	01:46:20
122.	HELDER PEREIRA	214	117	VET M45	24	INDIVIDUAL	01:46:33	01:46:38
123.	JOSÉ MARTINS	71	118	VET M65	1	CA BARREIRA	01:46:56	01:46:58
124.	PAULO BRIGA	258	119	VET M50	11	GRECAS - VAGOS	01:46:53	01:47:02
125.	FRANCISCO JORGE	23	120	VET M50	12	CLUBE AMIGOS PARQUE PAZ	01:46:39	01:47:02
126.	MARCO MORGADO	144	121	VET M40	26	INDIVIDUAL	01:46:55	01:47:08
127.	GONÇALO BARREIRO	195	122	VET M45	25	INDIVIDUAL	01:46:59	01:47:08
128.	ANTÓNIO FERREIRA	157	123	VET M45	26	INDIVIDUAL	01:47:10	01:47:22
129.	RUI VENTURA	132	124	VET M55	5	CCRD BURINHOSA	01:47:20	01:47:30
130.	CLAUDIA TORRES	96	6	VET F35	3	CCRD BURINHOSA	01:47:20	01:47:31
131.	SÉRGIO GARCÊS	279	125	SEN M	29	1.0 CC	01:47:49	01:48:01
132.	EDUARDO COSTA	281	126	VET M45	27	1.0 CC	01:47:50	01:48:01

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
133.	HAMID MONSEF	150	127	VET M35	23	THUNDER LEGS	01:48:14	01:48:24
134.	CARLOS RODRIGUES	125	128	SEN M	30	MONTANELAS UNITED	01:48:19	01:48:35
135.	ALBERTO SANTOS	93	129	VET M55	6	INDIVIDUAL	01:48:23	01:48:45
136.	CRISTINA BARROS	72	7	VET F40	2	INDIVIDUAL	01:48:43	01:48:46
137.	MANUEL ROMANO	284	130	VET M55	7	MARVILA JOVEM	01:49:00	01:49:06
138.	LILIANA LOURO	83	8	VET F40	3	GFD RUNNING	01:48:55	01:49:13
139.	FERNANDO ANDRADE	75	131	VET M45	28	INDIVIDUAL	01:49:09	01:49:14
140.	MIGUEL COELHO	20	132	VET M40	27	INDIVIDUAL	01:49:10	01:49:32
141.	ÉNIO MOTA	145	133	VET M40	28	A. R. MEIRINHAS	01:49:19	01:49:35
142.	MARCO MONTEIRO	128	134	VET M40	29	INDIVIDUAL	01:49:38	01:49:43
143.	MARCO DOMINGUES	216	135	VET M40	30	INDIVIDUAL	01:49:39	01:50:00
144.	HUGO BAPTISTA	308	136	VET M40	31	INDIVIDUAL	01:49:48	01:50:06
145.	GONÇALO CARREIRA	131	137	VET M35	24	GAB RUNNERS	01:50:01	01:50:15
146.	CELIA FERNANDES	274	9	VET F45	1	OLIVEIRAS	01:50:13	01:50:25
147.	PEDRO REIS	44	138	VET M40	32	INDIVIDUAL	01:50:12	01:50:26
148.	JOÃO FERREIRA	328	139	SEN M	31	NEL - PÉDATLETA	01:50:27	01:50:36
149.	SÉRGIO LOPES	171	140	VET M40	33	SUPERFRESCO TRAIL TEAM	01:50:35	01:50:41
150.	NUNO BRAGA	166	141	VET M45	29	INDIVIDUAL	01:50:26	01:50:42
151.	RAFAEL NUNES	121	142	VET M40	34	INDIVIDUAL	01:50:30	01:50:57
152.	PAULO DURÃO	180	143	VET M45	30	INDIVIDUAL	01:50:31	01:51:02
153.	JOÃO FELIZARDO	126	144	SEN M	32	MONTANELAS UNITED	01:51:04	01:51:19
154.	TIAGO RODRIGUES	229	145	VET M40	35	A.R.MEIRINHAS	01:51:03	01:51:25
155.	LILIANA ABREU	149	10	SEN F	3	THUNDER LEGS	01:51:24	01:51:34
156.	ANDRÉ RODRIGUES	265	146	SEN M	33	SAGRES	01:51:21	01:51:35
157.	DAVID CUNHA	193	147	VET M40	36	INDIVIDUAL	01:51:39	01:51:43
158.	SERGIO CRUZ	298	148	VET M45	31	GFD RUNNING	01:51:36	01:51:43
159.	MARCO MANGAS	268	149	VET M45	32	CLUBE ATLETISMO NAZARÉ	01:51:44	01:51:52
160.	CARLOS XAVIER	118	150	SEN M	34	INDIVIDUAL	01:51:33	01:51:53
161.	TIAGO SOUSA	173	151	VET M35	25	GAB RUNNERS	01:51:40	01:51:54
162.	GIL GASPAR	242	152	VET M45	33	INDIVIDUAL	01:52:13	01:52:24
163.	CARLA SANTOS	201	11	VET F45	2	GFD RUNNING	01:52:17	01:52:35
164.	ANABELA RIBEIRO	235	12	VET F45	3	INDIVIDUAL	01:52:42	01:52:45
165.	ANA CAROLINA	311	13	VET F40	4	NELPÉDATLETA	01:52:32	01:52:48
166.	BASILIO SIMOES	116	153	VET M50	13	HAPPY AND FIT	01:52:58	01:53:23
167.	JORGE HENRIQUES	74	154	VET M35	26	LIZ RUNNERS	01:53:18	01:53:27
168.	RICARDO COSTA	158	155	VET M45	34	INDIVIDUAL	01:53:43	01:53:53
169.	JUSTINO SILVA	262	156	VET M40	37	CML	01:53:45	01:53:59
170.	ALFREDO SANTOS	191	157	VET M60	3	AC VERMOIL	01:53:54	01:54:03
171.	JOÃO PEDRO CAETANO	130	158	VET M35	27	OLYMPIC SILVAS	01:54:08	01:54:21
172.	RICARDO PASCOA	221	159	VET M35	28	INDIVIDUAL	01:54:11	01:54:30
173.	JOSÉ AMENDOEIRA	304	160	VET M35	29	INDIVIDUAL	01:54:12	01:54:30
174.	RICARDO MARQUES	227	161	VET M35	30	CML	01:54:13	01:54:30
175.	ANÍBAL PISCO	233	162	VET M55	8	INDIVIDUAL	01:54:10	01:54:31
176.	JORGE PIMPÃO	106	163	VET M50	14	INDIVIDUAL	01:54:32	01:54:52

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
177.	ISAUL OLIVEIRA	232	164	VET M45	35	FAINÉR'SS	01:54:28	01:54:55
178.	ROGERIO SANTOS	110	165	VET M45	36	INDIVIDUAL	01:54:51	01:55:09
179.	JORGE RODRIGUES	270	166	VET M50	15	GRUPO ALEGRE UNIDO	01:56:00	01:56:12
180.	SUZETE MARCO	14	14	VET F45	4	GRECAS	01:56:08	01:56:18
181.	FÁBIO LEAL	264	167	SEN M	35	SAGRES	01:56:15	01:56:28
182.	GABRIEL CANDIDO	215	168	JUN M	2	MAXIMIANOS	01:56:46	01:56:50
183.	MARIA JOÃO BENQUERENÇA	119	15	VET F45	5	INDIVIDUAL	01:56:39	01:56:57
184.	PEDRO NEVES	52	169	VET M40	38	INDIVIDUAL	01:56:46	01:57:05
185.	JOAO CAVADAS	251	170	VET M50	16	CML	01:56:57	01:57:19
186.	CRISTIANA CUNHA	299	16	SEN F	4	COC	01:57:07	01:57:22
187.	GALHISPO JORGE	78	171	VET M45	37	GAC-GRUPO ATLETISMO CARANGUEJEIRA	01:57:34	01:57:53
188.	OLIVIER DURAO	219	172	VET M40	39	INDIVIDUAL	01:57:45	01:58:17
189.	ALEXANDRE ESPÍRITO SANTO	28	173	VET M35	31	INDIVIDUAL	01:58:12	01:58:34
190.	GUILHERME BENTO	245	174	VET M50	17	NOTÍCIAS DE COLMEIAS ATLETISMO	01:58:36	01:58:40
191.	NILTON OLIVEIRA	181	175	VET M50	18	INDIVIDUAL	01:58:32	01:58:57
192.	RUI GASPAR	278	176	VET M50	19	CABARREIRA	01:59:11	01:59:19
193.	GONÇALO REIS	146	177	SEN M	36	INDIVIDUAL	01:59:04	01:59:24
194.	RITA MAIA	147	17	SEN F	5	INDIVIDUAL	01:59:04	01:59:24
195.	LUIS POUSEIRO	218	178	VET M45	38	INDIVIDUAL	01:59:14	01:59:26
196.	GONÇALO DIAS	240	179	VET M35	32	BV LEIRIA	01:59:11	01:59:28
197.	PEDRO COELHO	300	180	VET M40	40	INDIVIDUAL	01:59:48	02:00:02
198.	HÉLIO GARCIA	7	181	VET M40	41	INDIVIDUAL	01:59:38	02:00:03
199.	MARCELO ALVES	4	182	VET M45	39	INDIVIDUAL	01:59:39	02:00:03
200.	ANTÓNIO CASEIRO	185	183	VET M45	40	INDIVIDUAL	02:00:06	02:00:20
201.	JOÃO PEREIRA GRAÇA	10	184	VET M60	4	ACRM SILVEIRINHA GRANDE	02:01:08	02:01:21
202.	VASCO SILVA	280	185	SEN M	37	1.0 CC	02:01:24	02:01:37
203.	RUI PINTO	137	186	VET M40	42	MARVILA JOVEM	02:00:26	02:01:37
204.	TIAGO FREITAS	263	187	SEN M	38	SRI CHINMOY MARATHON TEAM	02:01:46	02:01:48
205.	LOURDES PEREIRA	177	18	VET F60	1	AC BATALHA	02:01:38	02:01:51
206.	RICARDO BRANCO	210	188	VET M45	41	GFD RUNNING	02:01:36	02:01:54
207.	JOAO BERNARDO	53	189	VET M40	43	INDIVIDUAL	02:02:07	02:02:36
208.	NUNO BELO	73	190	VET M45	42	LIZRUNNERS	02:02:32	02:02:54
209.	GISLAINE COSTA	134	19	VET F40	5	AMINHACORRIDA	02:03:06	02:03:16
210.	DIANA NEVES	55	20	VET F35	4	INDIVIDUAL	02:03:28	02:03:51
211.	BARBARA LAMOLINARA	309	21	SEN F	6	INDIVIDUAL	02:03:34	02:03:51
212.	JORGE VILLARROWK	234	191	SEN M	39	INDIVIDUAL	02:03:30	02:03:51
213.	JORGE INÊS	248	192	SEN M	40	FITNESS FACTORY	02:03:53	02:04:11
214.	HENRIQUE BORGES	266	193	VET M55	9	INDIVIDUAL	02:04:58	02:05:22
215.	EVA ROSA	237	22	VET F50	1	INDIVIDUAL	02:05:51	02:06:05
216.	PEDRO SERRA	114	194	VET M40	44	CORRER LISBOA	02:06:07	02:06:13
217.	ADRIANA ASCENSO	276	23	VET F40	6	CABARREIRA	02:06:06	02:06:18
218.	DIOGO PINTO	306	195	SEN M	41	NEL - PÉDATLETA	02:05:07	02:06:25
219.	CRISTIANO CASALINHO	290	196	VET M35	33	NEL - PÉDATLETA	02:05:08	02:06:25
220.	RUI MONTEIRO	291	197	VET M50	20	NEL - PÉDATLETA	02:05:07	02:06:25

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
221.	TEOFILO PEQUICHO	293	198	VET M40	45	NEL - PÉDATLETA	02:05:08	02:06:25
222.	JOÃO QUEIRÓS	294	199	VET M50	21	NEL - PÉDATLETA	02:05:08	02:06:25
223.	JOSE AGOSTINHO	289	200	VET M60	5	NEL - PÉDATLETA	02:05:08	02:06:25
224.	PAULO DIAS	292	201	VET M35	34	NEL - PÉDATLETA	02:06:26	02:06:26
225.	JOÃO LIMA	57	202	VET M55	10	4 AO KM	02:06:10	02:06:26
226.	VALTER SILVA	172	203	VET M40	46	INDIVIDUAL	02:06:41	02:07:01
227.	MARTINE RAINHO	8	24	VET F50	2	CLAS	02:07:11	02:07:26
228.	LUIS CONCEIÇÃO	101	204	VET M55	11	CCRD BURINHOSA	02:07:41	02:07:53
229.	NUNO CARREIRA	287	205	VET M35	35	INDIVIDUAL	02:08:06	02:08:16
230.	CLAUDIA AFONSO	256	25	VET F35	5	CML	02:08:45	02:09:00
231.	MIGUEL FRANCO	295	206	VET M45	43	NEL - PÉDATLETA	02:07:51	02:09:08
232.	NUNO GRANJA	151	207	VET M40	47	ESTILHAÇOS	02:09:02	02:09:22
233.	FILIPE SOBREIRA	54	208	VET M45	44	INDIVIDUAL	02:09:03	02:09:25
234.	INÊS PEREIRA	206	26	VET F45	6	GFD RUNNING	02:09:22	02:09:38
235.	ISABEL RODRIGUES	303	27	VET F45	7	INDIVIDUAL	02:09:40	02:09:58
236.	CARLA BEATO	100	28	VET F40	7	CCRD BURINHOSA	02:11:03	02:11:16
237.	LUIS LACERDA	129	209	VET M45	45	INDIVIDUAL	02:11:41	02:12:00
238.	CARLOS SEBASTIAO	95	210	VET M45	46	INDIVIDUAL	02:12:33	02:12:50
239.	RUI CUNHA	261	211	VET M50	22	INDIVIDUAL	02:15:03	02:15:18
240.	RUI MIGUEL IVO LOPES	249	212	VET M45	47	INDIVIDUAL	02:15:39	02:15:56
241.	SANDRA PEREIRA	70	29	VET F40	8	INDIVIDUAL	02:21:05	02:21:20
242.	ANTÓNIO JOSÉ OLIVEIRA	176	213	VET M50	23	INDIVIDUAL	02:22:10	02:22:25
243.	TAMMY NISHITANI	310	30	VET F40	9	INDIVIDUAL	02:24:08	02:24:57
244.	NELSON SEABRA	179	214	SEN M	42	INDIVIDUAL	02:26:09	02:26:37
DSQ	ANA BENTO	108	-1	VET F40	-1	INDIVIDUAL	01:02:38	01:02:42
DSQ	ANNABELLE LUIS	85	-1	VET F45	-1	INDIVIDUAL	58:00:00	58:07:00
DSQ	SUSANA FREITAS	69	-1	VET F40	-1	INDIVIDUAL	01:12:45	01:12:59
DSQ	PAULO MACEIRAS	225	-1	VET M45	-1	CML	55:58:00	57:58:00