

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
1.	ANDRÉ REIS	3163	1	SEN M	1	INDIVIDUAL	33:39:00	<b>33:39:00</b>
2.	PAULO PEREIRA	3152	2	SEN M	2	INDIVIDUAL	34:10:00	<b>34:10:00</b>
3.	JOÃO PEREIRA	3110	3	VET M40	1	ESCOLA DE ATLETISMO DE COIMBRA - JPAIVA	34:11:00	<b>34:11:00</b>
4.	FÁBIO DURÃO	3274	4	SEN M	3	G.A.CARANGUEJEIRA	35:13:00	<b>35:13:00</b>
5.	WEVERSON SÍRIO	3231	5	SUB 23 M	1	INDIVIDUAL	35:36:00	<b>35:37:00</b>
6.	NATANIEL LOPES	3230	6	VET M35	1	INDIVIDUAL	35:38:00	<b>35:39:00</b>
7.	CARLOS COSTA	3158	7	SEN M	4	INDIVIDUAL	36:08:00	<b>36:08:00</b>
8.	JOÃO M FIGUEIREDO	3246	8	SEN M	5	CN ALVITO	36:54:00	<b>36:54:00</b>
9.	TIAGO CONDE	3282	9	SUB 23 M	2	INDIVIDUAL	37:02:00	<b>37:03:00</b>
10.	CARLOS PIMENTA	3111	10	VET M40	2	INDIVIDUAL	37:52:00	<b>37:53:00</b>
11.	RICARDO GERMANO	3225	11	SEN M	6	INDIVIDUAL	38:09:00	<b>38:10:00</b>
12.	LUIS NOBRE	3191	12	SEN M	7	LIZ RUNNERS	39:20:00	<b>39:26:00</b>
13.	ANDRE ROBERTO	3220	13	JUN M	1	INDIVIDUAL	39:20:00	<b>39:32:00</b>
14.	RICARDO OLIVEIRA	3260	14	VET M40	3	INDIVIDUAL	39:19:00	<b>39:36:00</b>
15.	RUI PARROCHINHA	3208	15	VET M40	4	INDIVIDUAL	39:43:00	<b>39:47:00</b>
16.	DANIEL CABECINHAS	3132	16	JUN M	2	INDIVIDUAL	40:02:00	<b>40:18:00</b>
17.	FRANCLIM SILVA	3134	17	JUN M	3	INDIVIDUAL	40:09:00	<b>40:25:00</b>
18.	AMANDIO CARAPINHA	3204	18	VET M45	1	INDIVIDUAL	40:35:00	<b>40:37:00</b>
19.	MANUEL FONSECA	3020	19	VET M35	2	INDIVIDUAL	40:48:00	<b>40:53:00</b>
20.	MARCO GAMEIRO	3233	20	JUN M	4	JUVENTUDE VIDIGALENSE	41:07:00	<b>41:12:00</b>
21.	WERONIKA HEDZIELSKA	3093	1	SUB 23 F	1	INDIVIDUAL	41:17:00	<b>41:19:00</b>
22.	PAULO LOPES DA SILVA	3072	21	VET M50	1	INDIVIDUAL	41:27:00	<b>41:29:00</b>
23.	ANTÓNIO PEREIRA	3245	22	VET M40	5	GDR GRANJA - TRUTAS DO MAU	41:30:00	<b>41:34:00</b>
24.	PAULO MONTEIRO	3232	23	VET M50	2	INDIVIDUAL	41:44:00	<b>41:48:00</b>
25.	GONÇALO OLIVEIRA	3202	24	JUN M	5	INDIVIDUAL	41:52:00	<b>42:03:00</b>
26.	DOMINGOS FORTUNATO	3235	25	VET M35	3	INDIVIDUAL	42:09:00	<b>42:19:00</b>
27.	DEONILDE COSTA	3237	2	VET F45	1	INDIVIDUAL	42:48:00	<b>42:51:00</b>
28.	NUNO BALTAZAR	3234	26	VET M40	6	INDIVIDUAL	42:59:00	<b>43:03:00</b>
29.	ANTONIO PEDROSA	3133	27	JUN M	6	INDIVIDUAL	42:48:00	<b>43:04:00</b>
30.	LUIS FERNANDES	3160	28	SEN M	8	INDIVIDUAL	43:20:00	<b>43:31:00</b>
31.	MIGUEL GOMES	3099	29	SEN M	9	INDIVIDUAL	43:23:00	<b>43:33:00</b>
32.	CLARA RODRIGUES	3124	3	VET F35	1	INDIVIDUAL	43:35:00	<b>43:38:00</b>
33.	FILIPE CORREIA	3103	30	VET M40	7	INDIVIDUAL	43:36:00	<b>43:38:00</b>
34.	TELMO ALMEIDA	3113	31	VET M45	2	INDIVIDUAL	43:57:00	<b>43:59:00</b>
35.	GONÇALO ESTEVES	3256	32	SEN M	10	BOMBEIROS MUNICIPAIS LEIRIA	44:00:00	<b>44:09:00</b>
36.	CASIMIRO GOMES	3259	33	VET M40	8	AC BATALHA	44:30:00	<b>44:32:00</b>
37.	BRUNO RODRIGUES	3064	34	VET M45	3	INDIVIDUAL	44:27:00	<b>44:34:00</b>
38.	DINIS PEDROSA	3131	35	JUN M	7	INDIVIDUAL	44:21:00	<b>44:37:00</b>
39.	MIGUEL GINETO	3205	36	VET M40	9	INDIVIDUAL	44:37:00	<b>44:40:00</b>
40.	MIGUEL LOPES	3170	37	VET M35	4	INDIVIDUAL	44:37:00	<b>44:43:00</b>
41.	MIGUEL SANTOS	3060	38	VET M35	5	INDIVIDUAL	44:47:00	<b>44:47:00</b>
42.	NELSON PERPÉTUA	3203	39	VET M45	4	INDIVIDUAL	45:00:00	<b>45:04:00</b>
43.	ÂNGELO LOPES	3182	40	VET M35	6	INDIVIDUAL	44:59:00	<b>45:09:00</b>
44.	NUNO MOLEANO	3207	41	VET M40	10	INDIVIDUAL	45:09:00	<b>45:14:00</b>

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
45.	JOÃO BARREIROS	3219	42	VET M65	1	INDIVIDUAL	45:15:00	<b>45:23:00</b>
46.	IVO ALMEIDA	3252	43	SEN M	11	FALCO TEAM	45:13:00	<b>45:26:00</b>
47.	JOEL DOMINGUES	3048	44	SEN M	12	INDIVIDUAL	45:14:00	<b>45:29:00</b>
48.	RODRIGO FETEIRA	3130	45	JUN M	8	INDIVIDUAL	45:53:00	<b>46:09:00</b>
49.	VIRGILIO OLIVEIRA	3257	46	VET M55	1	SPORTING CLUBE MOITENSE	46:15:00	<b>46:19:00</b>
50.	JOÃO JUSTO	3206	47	VET M45	5	INDIVIDUAL	46:30:00	<b>46:34:00</b>
51.	VERÓNICA SANTOS	3139	4	VET F35	2	CLUBE DE ATLETISMO MÓNICA ROSA	46:49:00	<b>46:52:00</b>
52.	PAULO TAINHA	3247	48	VET M55	2	GFD RUNNING	47:02:00	<b>47:04:00</b>
53.	SARA BRITO	3287	5	VET F45	2	CABARREIRA	47:24:00	<b>47:36:00</b>
54.	JORGE VIEIRA	3021	49	VET M45	6	INDIVIDUAL	47:43:00	<b>47:45:00</b>
55.	ELISABETE SERÉM	3052	6	SEN F	1	INDIVIDUAL	47:47:00	<b>47:58:00</b>
56.	PEDRO DELGADO	3045	50	SEN M	13	INDIVIDUAL	47:48:00	<b>48:00:00</b>
57.	PAULO VIEIRA	3167	51	VET M40	11	INDIVIDUAL	47:51:00	<b>48:05:00</b>
58.	JOEL SIMÕES	3101	52	SEN M	14	INDIVIDUAL	48:19:00	<b>48:28:00</b>
59.	JOÃO SANTOS	3120	53	SEN M	15	SIE - EQUIPA	48:06:00	<b>48:31:00</b>
60.	MANUEL FERREIRA	3081	54	VET M50	3	INDIVIDUAL	48:06:00	<b>48:33:00</b>
61.	JOÃO GOMES	3125	55	SEN M	16	INDIVIDUAL	48:37:00	<b>48:43:00</b>
62.	JOÃO REIS	3190	56	SUB 23 M	3	INDIVIDUAL	48:35:00	<b>48:47:00</b>
63.	ANTÓNIO DIAS	3200	57	VET M50	4	INDIVIDUAL	48:34:00	<b>48:52:00</b>
64.	EVANGELINA CARDEIRA	3258	58	VET M60	1	AC BATALHA	48:48:00	<b>48:56:00</b>
65.	MANUEL MEDEIROS	3100	59	VET M40	12	INDIVIDUAL	48:50:00	<b>48:57:00</b>
66.	ANTÓNIO OLIVEIRA	3140	60	VET M40	13	INDIVIDUAL	48:38:00	<b>49:05:00</b>
67.	BLANDINA LOURENÇO	3244	7	VET F40	1	ACVERMOIL	49:02:00	<b>49:05:00</b>
68.	PAULO SERRA	3108	61	VET M40	14	INDIVIDUAL	48:59:00	<b>49:07:00</b>
69.	PEDRO VASCONCELOS	3238	62	SEN M	17	INDIVIDUAL	49:14:00	<b>49:18:00</b>
70.	TIAGO CARVALHO	3156	63	VET M35	7	INDIVIDUAL	49:16:00	<b>49:26:00</b>
71.	JOSÉ CARLOS NOBRE	3050	64	SEN M	18	INDIVIDUAL	49:26:00	<b>49:31:00</b>
72.	MARCO FAUSTINO	3073	65	VET M40	15	INDIVIDUAL	49:31:00	<b>49:38:00</b>
73.	SERGIO SILVA	3121	66	VET M45	7	INDIVIDUAL	49:32:00	<b>49:38:00</b>
74.	TIAGO TOMÁS	3119	67	SEN M	19	INDIVIDUAL	49:31:00	<b>49:56:00</b>
75.	PEDRO SOUSA	3042	68	SEN M	20	INDIVIDUAL	49:42:00	<b>50:02:00</b>
76.	DALILA PEREIRA	3183	8	SEN F	2	INDIVIDUAL	49:57:00	<b>50:07:00</b>
77.	DAVID SANTOS	3181	69	VET M45	8	INDIVIDUAL	49:57:00	<b>50:07:00</b>
78.	DIOGO PINHEIRO	3046	70	SEN M	21	INDIVIDUAL	50:03:00	<b>50:15:00</b>
79.	BERNARDO TEMUDO	3165	71	SEN M	22	INDIVIDUAL	50:13:00	<b>50:18:00</b>
80.	JOÃO RESENDE	3273	72	VET M50	5	CABARREIRA	50:08:00	<b>50:19:00</b>
81.	MIGUEL SARAIVA	3288	73	VET M50	6	CABARREIRA	50:07:00	<b>50:19:00</b>
82.	ANTÓNIO CASTANHEIRA	3070	74	VET M40	16	INDIVIDUAL	50:16:00	<b>50:27:00</b>
83.	SERGIO MIRANDA	3154	75	VET M55	3	INDIVIDUAL	50:16:00	<b>50:37:00</b>
84.	ARMÉNIO VICÊNCIO	3009	76	VET M40	17	INDIVIDUAL	50:41:00	<b>50:46:00</b>
85.	RUI CARREIRA	3185	77	VET M35	8	INDIVIDUAL	50:50:00	<b>51:08:00</b>
86.	LILIANA FERREIRA	3135	9	SUB 23 F	2	INDIVIDUAL	50:55:00	<b>51:12:00</b>
87.	MAYCON VIEIRA	3069	78	VET M35	9	INDIVIDUAL	51:07:00	<b>51:12:00</b>
88.	MARIO MOREIRA	3221	79	VET M40	18	INDIVIDUAL	50:59:00	<b>51:19:00</b>

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
89.	GONÇALO MARTINS	3243	80	SUB 23 M	4	PADRONGZ	51:20:00	<b>51:23:00</b>
90.	RUI CORDEIRO	3051	81	SEN M	23	INDIVIDUAL	50:57:00	<b>51:25:00</b>
91.	ELISEO ALVAREZ	3159	82	VET M35	10	INDIVIDUAL	51:06:00	<b>51:25:00</b>
92.	INÊS FIGUEIREDO	3123	10	SEN F	3	INDIVIDUAL	51:00:00	<b>51:26:00</b>
93.	BRUNO SILVA	3142	83	SEN M	24	INDIVIDUAL	51:25:00	<b>51:38:00</b>
94.	BRUNO COELHO	3164	84	SEN M	25	INDIVIDUAL	51:13:00	<b>51:39:00</b>
95.	DEIFERSON DEMARCHI	3076	85	VET M35	11	INDIVIDUAL	51:27:00	<b>51:51:00</b>
96.	PEDRO LOUREIRO	3061	86	VET M35	12	INDIVIDUAL	51:38:00	<b>51:57:00</b>
97.	CARLOS PEDRO	3102	87	VET M45	9	INDIVIDUAL	51:56:00	<b>52:06:00</b>
98.	RUI SILVA	3129	88	VET M35	13	INDIVIDUAL	51:41:00	<b>52:11:00</b>
99.	RAFAEL RAMUSGA	3035	89	JUN M	9	INDIVIDUAL	52:05:00	<b>52:13:00</b>
100.	JOSÉ LADEIRO	3049	90	SEN M	26	INDIVIDUAL	52:16:00	<b>52:21:00</b>
101.	ANA FILIPA	3117	11	SUB 23 F	3	INDIVIDUAL	52:20:00	<b>52:24:00</b>
102.	CARLOS BARROSO	3024	91	VET M50	7	INDIVIDUAL	52:17:00	<b>52:33:00</b>
103.	JOEL FERREIRA	3224	92	SEN M	27	INDIVIDUAL	52:04:00	<b>52:34:00</b>
104.	WILSON PETISCA	3077	93	SEN M	28	INDIVIDUAL	52:32:00	<b>52:40:00</b>
105.	DIOGO CASEIRO	3193	94	VET M45	10	LIZ RUNNERS	52:37:00	<b>52:46:00</b>
106.	TIAGO MELO	3016	95	SEN M	29	INDIVIDUAL	52:55:00	<b>53:04:00</b>
107.	ANTONIO CABRAL	3198	96	VET M40	19	INDIVIDUAL	52:48:00	<b>53:08:00</b>
108.	CLARINDA SANTOS	3271	12	VET F60	1	INDIVIDUAL	52:57:00	<b>53:14:00</b>
109.	BRUNO B DE JESUS	3031	97	VET M35	14	INDIVIDUAL	52:52:00	<b>53:16:00</b>
110.	LUIS SANTOS	3145	98	VET M35	15	INDIVIDUAL	53:13:00	<b>53:32:00</b>
111.	HUGO DOMINGUES	3226	99	VET M35	16	INDIVIDUAL	53:06:00	<b>53:32:00</b>
112.	JOSÉ DIOGO BRAGA	3229	100	SEN M	30	INDIVIDUAL	53:05:00	<b>53:32:00</b>
113.	PEDRO RIBEIRO	3088	101	VET M40	20	CLUBE DE ATLETISMO DA NAZARÉ	53:25:00	<b>53:33:00</b>
114.	EUGENIO MENDES	3118	102	VET M55	4	INDIVIDUAL	53:21:00	<b>53:35:00</b>
115.	RENATO VILELA	3008	103	VET M40	21	INDIVIDUAL	53:34:00	<b>53:53:00</b>
116.	FILIPE SOARES	3242	104	SEN M	31	INDIVIDUAL	53:56:00	<b>54:16:00</b>
117.	TIAGO DELGADO	3047	105	SEN M	32	INDIVIDUAL	54:08:00	<b>54:21:00</b>
118.	HUGO CARRIÇO	3146	106	VET M35	17	INDIVIDUAL	54:05:00	<b>54:25:00</b>
119.	EMANUEL DIAS	3189	107	SEN M	33	INDIVIDUAL	54:25:00	<b>54:31:00</b>
120.	LUIS TAVARES	3138	108	VET M40	22	INDIVIDUAL	54:17:00	<b>54:32:00</b>
121.	CÁTIA FERREIRA	3188	13	SEN F	4	INDIVIDUAL	54:37:00	<b>54:43:00</b>
122.	ANTÓNIO FELIZARDO	3068	109	VET M35	18	INDIVIDUAL	54:58:00	<b>55:14:00</b>
123.	DIOGO SOUSA	3126	110	SEN M	34	INDIVIDUAL	54:51:00	<b>55:17:00</b>
124.	FRANCISCO AGUIAR	3248	111	SEN M	35	INDIVIDUAL	55:08:00	<b>55:30:00</b>
125.	HUGO LOURENCO	3236	112	SEN M	36	INDIVIDUAL	55:06:00	<b>55:31:00</b>
126.	JULIO GASPAR	3157	113	VET M55	5	INDIVIDUAL	55:35:00	<b>55:46:00</b>
127.	SUSANA SANTOS	3150	14	VET F40	2	INDIVIDUAL	55:37:00	<b>55:52:00</b>
128.	BRUNO LUÍS	3071	114	VET M35	19	INDIVIDUAL	55:39:00	<b>55:59:00</b>
129.	MICAEL MARQUES	3195	115	SEN M	37	INDIVIDUAL	55:38:00	<b>56:04:00</b>
130.	NELSON MARQUES	3114	116	VET M40	23	INDIVIDUAL	56:02:00	<b>56:06:00</b>
131.	MONICA CARVALHEIRO	3085	15	VET F35	3	INDIVIDUAL	56:03:00	<b>56:08:00</b>
132.	AMÁVEL LUZ	3033	117	VET M55	6	INDIVIDUAL	56:04:00	<b>56:11:00</b>

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
133.	LINA FRANCISCO	3249	16	VET F45	3	CABARREIRA	56:03:00	<b>56:13:00</b>
134.	JORGE LISBOA	3065	118	VET M45	11	INDIVIDUAL	55:59:00	<b>56:24:00</b>
135.	JOSÉ MARCELINO	3089	119	VET M50	8	INDIVIDUAL	56:24:00	<b>56:24:00</b>
136.	ANA MARIA LOPES	3177	17	SEN F	5	INDIVIDUAL	56:04:00	<b>56:25:00</b>
137.	VASCO ROLDÃO	3241	120	VET M35	20	NEL - PÉDATLETA	56:37:00	<b>56:44:00</b>
138.	CARLOS LOURENÇO	3094	121	VET M45	12	INDIVIDUAL	56:29:00	<b>56:51:00</b>
139.	JOÃO MENEZES	3059	122	VET M45	13	INDIVIDUAL	56:31:00	<b>56:51:00</b>
140.	RICARDO LEÃO	3105	123	SEN M	38	INDIVIDUAL	56:40:00	<b>57:05:00</b>
141.	JOÃO ROSÁRIO	3086	124	VET M45	14	INDIVIDUAL	56:46:00	<b>57:05:00</b>
142.	CARLOS FERREIRA	3144	125	VET M40	24	INDIVIDUAL	57:24:00	<b>57:43:00</b>
143.	SÍLVIA LOPES	3090	18	VET F35	4	INDIVIDUAL	57:44:00	<b>57:59:00</b>
144.	BRIGITE CLEMENTE	3001	19	VET F40	3	INDIVIDUAL	57:49:00	<b>58:08:00</b>
145.	MARIA GOMES	3063	20	VET F40	4	INDIVIDUAL	58:32:00	<b>58:49:00</b>
146.	LINO CARRACO	3115	126	VET M50	9	INDIVIDUAL	58:33:00	<b>58:59:00</b>
147.	JOANA ESPINHA	3122	21	SUB 23 F	4	INDIVIDUAL	59:03:00	<b>59:17:00</b>
148.	SANDRINA NÓBREGA PEREIRA	3030	22	VET F35	5	INDIVIDUAL	59:01:00	<b>59:24:00</b>
149.	ALCIDES BRANCO	3029	127	VET M40	25	INDIVIDUAL	59:51:00	<b>59:59:00</b>
150.	HUGO CORREIA	3151	128	SEN M	39	INDIVIDUAL	59:49:00	<b>01:00:01</b>
151.	MARLENE BERNARDINO	3251	23	SEN F	6	FALCO TEAM	59:35:00	<b>01:00:04</b>
152.	MARISA BERNARDINO	3250	24	SEN F	7	FALCO TEAM	59:35:00	<b>01:00:04</b>
153.	MÁRIO RODRIGUES	3255	129	VET M40	26	RUNNERS SERNANCELHE TERRA DA CASTANHA	59:59:00	<b>01:00:20</b>
154.	RENATO FIGUEIREDO	3153	130	VET M40	27	INDIVIDUAL	59:57:00	<b>01:00:21</b>
155.	SUSANA VIEIRA	3147	25	VET F40	5	INDIVIDUAL	01:00:22	<b>01:00:38</b>
156.	ONDINA LEAL	3098	26	VET F45	4	INDIVIDUAL	01:00:33	<b>01:00:38</b>
157.	TERESA SOFIA FERREIRA	3148	27	VET F35	6	INDIVIDUAL	01:00:26	<b>01:00:48</b>
158.	MIGUEL BRANCO	3162	131	VET M45	15	INDIVIDUAL	01:00:27	<b>01:00:48</b>
159.	JOSE BRITES	3149	132	VET M50	10	INDIVIDUAL	01:00:35	<b>01:00:48</b>
160.	HUGO BRITES	3097	133	VET M40	28	INDIVIDUAL	01:00:49	<b>01:01:04</b>
161.	SÓNIA SALGADO	3106	28	VET F35	7	INDIVIDUAL	01:01:46	<b>01:02:02</b>
162.	TERESA GONÇALVES	3025	29	VET F35	8	INDIVIDUAL	01:01:29	<b>01:02:06</b>
163.	NUNO SERRANO	3155	134	VET M50	11	INDIVIDUAL	01:01:45	<b>01:02:07</b>
164.	PEDRO SERRANO	3283	135	SEN M	40	INDIVIDUAL	01:02:00	<b>01:02:12</b>
165.	CLÁUDIO SOUSA	3078	136	VET M45	16	INDIVIDUAL	01:02:01	<b>01:02:25</b>
166.	DINA NUNES	3087	30	VET F40	6	INDIVIDUAL	01:02:15	<b>01:02:42</b>
167.	SERGIO PEREIRA	3168	137	VET M45	17	INDIVIDUAL	01:02:43	<b>01:03:00</b>
168.	VERA CONSTANCIO	3211	31	VET F35	9	INDIVIDUAL	01:03:20	<b>01:03:20</b>
169.	VITOR SANTOS	3215	138	VET M50	12	INDIVIDUAL	01:03:20	<b>01:03:20</b>
170.	JULIETA LOURENÇO	3213	32	VET F50	1	INDIVIDUAL	01:03:20	<b>01:03:20</b>
171.	LUIS SUBTIL	3214	139	VET M50	13	INDIVIDUAL	01:03:20	<b>01:03:20</b>
172.	ANTONIO LOURENÇO	3218	140	VET M55	7	INDIVIDUAL	01:03:20	<b>01:03:20</b>
173.	NUNO SOUSA	3216	141	VET M45	18	INDIVIDUAL	01:03:20	<b>01:03:20</b>
174.	EMANUEL JORDÃO	3212	142	VET M35	21	INDIVIDUAL	01:02:03	<b>01:03:21</b>
175.	JOÃO FRANCISCO	3223	143	VET M50	14	INDIVIDUAL	01:03:58	<b>01:04:10</b>
176.	DENISE ADELINO	3023	33	SEN F	8	INDIVIDUAL	01:04:05	<b>01:04:31</b>

Geral	Nome	Dorsal	Sexo	Escalão	Esc.	Equipa	Chip	Tempo
177.	NUNO RODRIGUES	3038	144	VET M45	19	INDIVIDUAL	01:04:19	<b>01:04:46</b>
178.	CARLOS PALHEIRA	3128	145	VET M45	20	INDIVIDUAL	01:04:19	<b>01:04:46</b>
179.	EMA ORFAO	3075	34	SEN F	9	INDIVIDUAL	01:04:27	<b>01:04:53</b>
180.	ANA BÁRBARA	3036	35	VET F50	2	INDIVIDUAL	01:04:42	<b>01:05:06</b>
181.	JOÃO VILA VERDE	3194	146	SEN M	41	INDIVIDUAL	01:04:58	<b>01:05:25</b>
182.	RITA BRITES	3096	36	VET F35	10	INDIVIDUAL	01:05:18	<b>01:05:33</b>
183.	LUÍS SOUSA	3209	147	VET M40	29	INDIVIDUAL	01:05:33	<b>01:06:00</b>
184.	MANUEL ANTUNES	3062	148	VET M65	2	INDIVIDUAL	01:05:58	<b>01:06:13</b>
185.	SÓNIA NEVES	3043	37	VET F40	7	INDIVIDUAL	01:05:59	<b>01:06:19</b>
186.	PEDRO MIGUEL SARRAIPA	3172	149	SEN M	42	INDIVIDUAL	01:06:21	<b>01:06:37</b>
187.	AURÉLIO SILVA	3002	150	VET M55	8	INDIVIDUAL	01:06:39	<b>01:06:58</b>
188.	LUIS FELIPE OLIVEIRA	3055	151	SEN M	43	INDIVIDUAL	01:06:51	<b>01:07:20</b>
189.	FILIPA BRAGA	3228	38	SEN F	10	INDIVIDUAL	01:07:42	<b>01:08:09</b>
190.	CECÍLIA CARDOSO	3227	39	VET F35	11	INDIVIDUAL	01:07:43	<b>01:08:10</b>
191.	CARINE ALEXANDRE	3186	40	VET F40	8	INDIVIDUAL	01:07:52	<b>01:08:16</b>
192.	LUIS OLIVEIRA	3201	152	VET M55	9	INDIVIDUAL	01:08:23	<b>01:08:44</b>
193.	ANGELA CLEMENTE	3003	41	VET F40	9	INDIVIDUAL	01:08:48	<b>01:09:07</b>
194.	NÁDIA FARIA	3127	42	SEN F	11	INDIVIDUAL	01:08:45	<b>01:09:10</b>
195.	HELENA MARQUES	3039	43	VET F40	10	INDIVIDUAL	01:09:09	<b>01:09:17</b>
196.	SONIA PERPETUA	3032	44	VET F40	11	INDIVIDUAL	01:09:22	<b>01:09:49</b>
197.	SANDRA PIRES	3173	45	VET F45	5	INDIVIDUAL	01:09:21	<b>01:11:23</b>
198.	SILVIA SOARES	3174	46	VET F40	12	INDIVIDUAL	01:09:17	<b>01:11:23</b>
199.	CÉLIA PEREIRA	3019	47	VET F45	6	INDIVIDUAL	01:11:50	<b>01:12:15</b>
200.	BÁRBARA AMADO	3010	48	VET F35	12	INDIVIDUAL	01:12:09	<b>01:12:23</b>
201.	ÂNGELA TRIGUINHO	3067	49	SEN F	12	INDIVIDUAL	01:11:58	<b>01:12:23</b>
202.	NUNO FROIS	3184	153	VET M35	22	INDIVIDUAL	01:12:04	<b>01:12:36</b>
203.	CARLOS MÁXIMO	3074	154	VET M50	15	INDIVIDUAL	01:13:08	<b>01:13:23</b>
204.	CELIA BRANCO	3041	50	VET F40	13	INDIVIDUAL	01:13:16	<b>01:13:23</b>
205.	VÂNIA ANDRADE	3197	51	SEN F	13	INDIVIDUAL	01:16:40	<b>01:17:01</b>
206.	CARLA SILVA	3187	52	VET F55	1	INDIVIDUAL	01:17:18	<b>01:17:40</b>
207.	ALEIDE SILVA	3056	53	VET F35	13	INDIVIDUAL	01:19:27	<b>01:19:57</b>
208.	ANGELA CHARTERS	3104	54	SEN F	14	INDIVIDUAL	01:20:49	<b>01:21:14</b>
209.	PEDRO ALFERES	3079	155	VET M45	21	INDIVIDUAL	01:21:07	<b>01:21:31</b>
210.	ANA ALFERES	3080	55	VET F45	7	INDIVIDUAL	01:21:08	<b>01:21:31</b>
211.	CARLA BORGES	3083	56	VET F45	8	INDIVIDUAL	01:21:03	<b>01:21:31</b>
212.	ELSA ANDRADE	3239	57	VET F45	9	INDIVIDUAL	01:22:36	<b>01:23:04</b>
213.	MANUEL BORGES	3084	156	VET M45	22	INDIVIDUAL	01:24:18	<b>01:24:48</b>
214.	CHRISTOPHER SILVA	3017	157	SEN M	44	INDIVIDUAL	01:24:16	<b>01:25:18</b>
215.	EMANUELLA SILVA	3018	58	SEN F	15	INDIVIDUAL	01:24:16	<b>01:25:18</b>
216.	ROGÉRIO GUERRA	3199	158	VET M50	16	INDIVIDUAL	01:25:31	<b>01:25:52</b>
217.	FRANCISCO MARQUES	3005	159	VET M45	23	INDIVIDUAL	01:27:36	<b>01:27:54</b>
218.	JOSÉ MANUEL FERNANDES	3004	160	VET M45	24	INDIVIDUAL	01:27:35	<b>01:27:54</b>
219.	MANUEL VIEIRA	3040	161	VET M35	23	INDIVIDUAL	02:01:46	<b>02:01:46</b>