



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
RUI PEDRO	SILVA	M	PT	3	INDIVIDUAL	1	M20	1	01:02:38	01:02:38	00:30:45
EVANS	KIPLAGAT	M	KE	2	INDIVIDUAL	2	M20	2	01:03:27	01:03:27	00:30:45
NILOLAY	CHAVKIN	M	RU	95	INDIVIDUAL	3	M20	3	01:03:27	01:03:27	00:30:45
RUI	TEIXEIRA	M	PT	8	MARATONA C P	4	M20	4	01:03:52	01:03:52	00:30:45
PAULO	GOMES	M	PT	4	INDIVIDUAL	5	M20	5	01:03:59	01:03:59	00:30:46
DANIEL	PINHEIRO	M	PT	26	MAIA ATLETICO CLUBE	6	M20	6	01:04:26	01:04:27	00:30:45
ALEXEY	REUNKOV	M	RU	94	INDIVIDUAL	7	M20	7	01:04:39	01:04:40	00:30:46
RICARDO	RIBAS	M	PT	25	MARATONA C P	8	M20	8	01:05:55	01:05:55	00:30:46
HASSAN	LERHILI	M	GL	39	ATLETISMO OURENSE	9	M20	9	01:05:56	01:05:56	00:30:45
PEDRO NIMO	DEL HORO	M	GL	76	BIKILA	10	M20	10	01:06:14	01:06:14	00:32:12
CARLOS	COSTA	M	PT	37	JUV UNIDA FORNOS	11	M20	11	01:06:24	01:06:24	00:31:26
ROMAN	PRODIUS	M	MD	24	INDIVIDUAL	12	M20	12	01:06:53	01:06:54	00:31:35
Bruno	Soares	M	PT	1524	C.P.T. Bairro Carcavelos	13	M20	13	01:07:01	01:07:02	00:31:36
JOSE	CARVALHO	M	PT	1994	NUCLEO DE ATLETISMO DE VILA REAL	14	M20	14	01:07:11	01:07:17	00:31:26
AKKA	ESSAADAQUI	M	GL	1040	Individual	15	M20	15	01:07:24	01:07:25	00:31:35
MIGUEL	RIBEIRO	M	PT	1830	OLIMPICO VIANENSE	16	M20	16	01:07:26	01:07:26	00:31:36
HEITOR	OLIVEIRA	M	PT	6	CYCLONES SANITOP	17	M20	17	01:07:46	01:07:46	00:31:36
VITOR	BARBOSA	M	PT	40	G D R RETORTA	18	M20	18	01:07:50	01:07:52	00:31:45
ANTONIO	FERNANDES	M	PT	2169	A C R VALE DE CAMBRA	19	M40	1	01:08:11	01:08:13	00:31:57
SANTIAGO	LOPEZ RODRIGUEZ	M	GL	643	ATLETISMO PORRIÑO	20	M40	2	01:09:16	01:09:19	00:32:20
MANUEL	FERREIRA	M	PT	2142	ARADA ATLETICO CLUBE	21	M40	3	01:09:21	01:09:22	00:32:17
Augusto	Costa	M	PT	1671	N.A. TAIPAS	22	M40	4	01:09:31	01:09:32	00:33:04
DOMINGOS	BARROS	M	PT	22	SIRA	23	M40	5	01:09:55	01:09:56	00:33:03
MARISA	BARROS	F	PT	7	SPORT LISBOA E BENFICA	24	F20	1	01:10:26	01:10:26	00:33:19
HELDER	SANTOS	M	PT	5	CYCLONES SANITOP	25	M20	19	01:10:29	01:10:29	00:31:43
AMERICO	MOREIRA	M	PT	17	C D POVOA	26	M20	20	01:10:36	01:10:37	00:32:51
MIGUEL	MEIRA	M	PT	11	C A MAZAREFES	27	M20	21	01:10:39	01:10:40	00:33:19
RUBEN	PEREIRA CARDALDA	M	GL	231	ATHLETICS KRONOS	28	M20	22	01:10:45	01:10:46	00:33:19
Manuel	Gomes	M	PT	1585	C. D. SÃO SALVADOR CAMPO	29	M45	1	00:00:00	01:11:21	00:33:18
VITOR	RIBEIRO	M	PT	1268	SOCIEDADE INSTRUÇÃO E RECREIO ALDREENSE	30	M20	23	01:11:24	01:11:25	00:33:18
Mihail	Ialev	M	PT	1071	grupo desportivo airao-curvia	31	M20	24	00:00:00	01:11:28	00:34:03
JOAQUIM	SILVA	M	PT	27	A REC ESTRELAS DO SUL	32	M50	1	01:11:27	01:11:29	00:34:04
CARLOS	LOPES	M	PT	1996	NUCLEO DE ATLETISMO DE VILA REAL	33	M20	25	01:11:31	01:11:36	00:34:09
FILIPE	CRISOSTOMO	M	PT	236	JUV UNIDA FORNOS	34	M20	26	01:12:54	01:12:55	00:33:19
Carlos	Martins	M	PT	246	Individual	35	M20	27	01:12:55	01:13:00	00:34:20
JORGE	CUNHA	M	PT	1953	ASSOCIAÇÃO MOINHOS DE VERMOIM	36	M45	2	01:13:23	01:13:25	00:34:20



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Fernando	Barros	M	PT	1716	Individual	37	M35	1	01:13:25	01:13:37	00:35:13
BALTAZAR	SOUSA	M	PT	34	GINASIO VILACONDENSE	38	M40	6	01:13:44	01:13:44	00:34:53
JOAO	ANTUNES	M	PT	1958	ASSOCIAÇÃO MOINHOS DE VERMOIM	39	M20	28	01:14:01	01:14:01	00:34:38
MANUEL	MAGALHAES	M	PT	97	UNIDOS DE FORNOS	40	M35	2	01:14:01	01:14:01	00:33:04
Mário	Barbosa	M	PT	202	Liberdade Futebol Clube	41	M40	7	01:14:00	01:14:03	00:35:01
PEDRO	COSTA	M	PT	1951	ASSOCIAÇÃO MOINHOS DE VERMOIM	42	M45	3	01:14:11	01:14:14	00:35:09
Belmiro	Ferreira	M	PT	1129	Leões da Guarda	43	M45	4	01:14:30	01:14:42	00:35:33
LUIS	CARVALHO	M	PT	1957	ASSOCIAÇÃO MOINHOS DE VERMOIM	44	M35	3	00:00:00	01:14:43	00:35:25
MIGUEL FERNANDES	PEREIRA	M	GL	2141	REAL CLUBE CELTA ATLETISMO	45	M50	2	01:14:41	01:14:48	00:34:41
DOROTEIA	PEIXOTO	F	PT	98	N A JOANE	46	F20	2	01:14:51	01:14:51	00:35:32
Adelino	Silva	M	PT	1430	CCD Camara Municipal de Gondomar	47	M35	4	01:14:55	01:14:59	00:00:00
Victor	Gonzalez Horta	M	GL	757	Individual	48	M20	29	01:14:58	01:15:03	00:35:33
ANTÓNIO	RAMALHO	M	PT	1128	LEÕES DA GUARDA	49	M45	5	01:15:00	01:15:04	00:35:25
ANTONIO	CARRECA	M	PT	1967	RIO LARGO CLUBE DE ESPINHO	50	M35	5	01:15:01	01:15:10	00:35:32
FILOMENA	COSTA	F	PT	80	SC BRAGA	51	F20	3	01:15:12	01:15:13	00:35:34
LUIS	MENDES	M	PT	10	CYCLONES SANITOP	52	M20	30	01:15:13	01:15:14	00:35:34
Adelino	Fernandes	M	PT	1800	AMVE	53	M45	6	01:15:20	01:15:22	00:35:32
JOAO	NASCIMENTO	M	PT	243	SPORT CLUBE DA REGUA	54	M45	7	01:15:27	01:15:29	00:35:25
Américo	Pinho	M	PT	613	ACRDE	55	M35	6	01:16:09	01:16:13	00:35:35
JOSE	MONTEIRO	M	PT	1301	GRUPO DOURO AZUL	56	M50	3	01:16:12	01:16:14	00:35:34
RUI	MANUEL ALVES DA SILVA	M	PT	980	NUCLEO DE ATLETISMO DE VILA REAL	57	M20	31	01:16:29	01:16:34	00:36:13
João	Fulgêncio	M	PT	566	Ass. 20 km de Almeirim	58	M20	32	01:16:44	01:16:51	00:35:35
Carlos	Magalhães	M	PT	1459	Eurotransmissão-Braga	59	M45	8	00:00:00	01:16:58	00:36:54
Joaquim	Pinto	M	PT	1130	Leões da Guarda	60	M45	9	01:16:55	01:17:01	00:36:34
FERNANDA	MIRANDA	F	PT	81	SC BRAGA	61	F20	4	01:17:02	01:17:04	00:36:10
Samuel	Fão	M	PT	1703	Individual	62	M50	4	01:17:06	01:17:06	00:36:31
HENRIQUE	DIAS	M	PT	31	A REC ESTRELAS DO SUL	63	M45	10	01:17:11	01:17:13	00:35:25
PEDRO	NUNES	M	PT	1997	NUCLEO DE ATLETISMO DE VILA REAL	64	M20	33	01:17:19	01:17:24	00:37:14
Jose	Luis Gomez Soto	M	GL	1125	Taninos Runners Pontearas	65	M35	7	01:17:26	01:17:27	00:35:36
David	Marques	M	PT	524	CAVE Esposende	66	M45	11	01:17:17	01:17:27	00:00:00
Orlando	Ferreira Valente	M	PT	573	Grupo Amizade	67	M40	8	01:17:16	01:17:38	00:37:06
Hugo	Costa	M	PT	1454	Individual	68	M20	34	00:00:00	01:17:40	00:37:07
MANUEL	BRANQUINHO	M	PT	2135	G JUV VILA DE PUNHE	69	M20	35	01:17:39	01:17:44	00:36:54
PAULO	PILROTO	M	PT	2194	ATLETISMO OS GAIENSES/TOYOTA	70	M35	8	01:17:44	01:17:48	00:36:23
BENJAMIM	SOARES	M	PT	30	A REC ESTRELAS DO SUL	71	M50	5	01:17:49	01:17:49	00:36:15
Miguel	Oliveira	M	PT	254	G.D. LUZ VERDE	72	M35	9	01:17:32	01:17:51	00:37:10



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Fernando	Santos	M	PT	255	G.D. LUZ VERDE	73	M35	10	01:17:34	01:17:53	00:37:16
CESAR	PEREZ NOVAS	M	GL	1568	Individual	74	M35	11	01:17:52	01:18:04	00:37:11
SERGIO	LIMA	M	PT	2131	G JUV VILA DE PUNHE	75	M20	36	01:18:06	01:18:09	00:36:12
JOAQUIM	COSTA	M	PT	1954	ASSOCIAÇÃO MOINHOS DE VERMOIM	76	M50	6	01:18:07	01:18:10	00:36:56
Angelo	Freitas	M	PT	976	Individual	77	M45	12	01:18:17	01:18:20	00:36:35
CATARINA	LIMA	F	PT	2002	UNIAO DESPORTIVA DO VARZEA	78	F20	5	01:18:27	01:18:28	00:37:14
MARCO	FILIPE	M	PT	1995	NUCLEO DE ATLETISMO DE VILA REAL	79	M20	37	01:18:25	01:18:31	00:36:29
ROBERTO	MATA MARTUNEZ	M	GL	692	CLUB ALEJANDRO GOMEZ	80	M20	38	01:18:24	01:18:37	00:37:07
RECHO	JERUBET	F	KE	19	INDIVIDUAL	81	F20	6	01:18:49	01:18:50	00:37:15
Guilherme	Romano	M	PT	1651	N.A. TAIPAS	82	M45	13	01:18:56	01:19:02	00:37:15
HILARIO	GONÇALVES GARIM	M	PT	1386	TURISTAS PRADENSES	83	M50	7	01:18:57	01:19:03	00:36:34
VITOR	SILVA	M	PT	2193	ATLETISMO OS GAIENSES/TOYOTA	84	M50	8	01:19:04	01:19:08	00:36:30
Paulo	Rocha	M	PT	874	Café Ponto Final /Sasia	85	M20	39	00:00:00	01:19:14	00:00:00
ANTONIO	OLIVEIRA	M	PT	1854	A D RIO LARGO CLUBE DE ESPINHO	86	M40	9	00:00:00	01:19:15	00:37:14
JUAN	RAMON CAAMAÑO GONZALEZ	M	GL	1216	CLUB ATLETISMO NOIA	87	M35	12	01:19:40	01:19:42	00:37:49
Rui	Miguel Covinha Viana	M	PT	232	Individual	88	M35	13	00:00:00	01:19:45	00:37:49
PEDRO	CARVALHO	M	PT	1344	GRUPO DOURO AZUL	89	M20	40	01:19:45	01:19:47	00:37:23
JOSE	FERREIRA	M	PT	1324	GRUPO DOURO AZUL	90	M35	14	00:00:00	01:19:50	00:36:55
jose	carlos ferreira gonzalez	M	GL	1923	club alejandro gomez	91	M35	15	01:19:47	01:19:51	00:37:13
MANUEL	MACHADO	M	PT	1970	CCD COELIMA	92	M45	14	01:19:45	01:19:53	00:37:02
Joaquim	Rodrigues	M	PT	1947	Associação Cultural e Recreativa de Roriz	93	M45	15	01:19:49	01:19:54	00:37:16
ORLANDO	NEVES	M	PT	1289	GRUPO DOURO AZUL	94	M40	10	01:19:53	01:19:58	00:35:56
JOAQUIM	RIBEIRO	M	PT	1623	SS CGD	95	M45	16	01:19:57	01:20:01	00:37:49
João	Patrício Gonçalves Nogueira	M	PT	928	Chill Out	96	M20	41	01:19:51	01:20:07	00:38:45
Miguel	Ángel Costas Iglesias	M	GL	1609	Comesaña Sporting Club	97	M20	42	01:19:57	01:20:07	00:37:14
ANDRE	CORREIA	M	PT	38	JUV UNIDA FORNOS	98	M20	43	01:20:10	01:20:11	00:35:00
NUNO	SILVA	M	PT	1617	Individual	99	M20	44	01:20:03	01:20:11	00:39:13
ARMINDO	ALVES	M	PT	1971	CCD COELIMA	100	M45	17	01:20:05	01:20:13	00:37:15
Alfredo	Silva	M	PT	526	CAVE Esposende	101	M40	11	01:20:04	01:20:14	00:00:00
JUAN	CARLOS VIDAL GONZALEZ	M	GL	962	ATLETISMO PORRIÑO	102	M45	18	01:19:50	01:20:15	00:38:21
JUAN	BAUTISTA	M	GL	889	TANINOS RUNNERS PONTEAREAS	103	M35	16	01:20:14	01:20:19	00:37:19
António	Caturna	M	PT	780	Individual	104	M45	19	01:20:19	01:20:20	00:37:21
Francisco	Novais	M	PT	440	Vitória Sport Clube	105	M45	20	01:20:18	01:20:23	00:37:49
Carlos	Justo	M	PT	1667	N.A. TAIPAS	106	M50	9	01:20:12	01:20:24	00:38:45
ANTONIO	MAGALHAES	M	PT	1969	CCD COELIMA	107	M40	12	01:20:19	01:20:26	00:38:07
Pedro	Regueiras	M	PT	1661	N.A. TAIPAS	108	M20	45	01:20:20	01:20:27	00:38:48



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
PEDRO	PABLO	M	GL	1755	Individual	109	M40	13	00:00:00	01:20:30	00:38:21
SAUL	ZUÑIGA RODRIGUES	M	GL	921	Taninos runners Ponteareas	110	M20	46	01:20:32	01:20:34	00:37:40
Rui	Paulo Lima do Seixo	M	PT	271	Individual	111	M20	47	01:20:25	01:20:34	00:37:50
José	Capela	M	PT	1648	N.A. TAIPAS	112	M45	21	01:20:27	01:20:38	00:38:44
Luís	Simões	M	PT	1784	CENAP	113	M50	10	01:20:31	01:20:46	00:38:07
António	Silva	M	PT	1662	N.A. TAIPAS	114	M40	14	01:20:36	01:20:48	00:38:47
manuel	ferreira	M	PT	1070	grupo desportivo airao-curvia	115	M40	15	01:20:40	01:20:50	00:38:20
CARLA	MACHADO	F	PT	21	UNIAO DESPORTIVA DO VARZEA	116	F20	7	01:20:49	01:20:51	00:37:49
FERNANDO	ANTUNES	M	PT	1244	SOARENSE SPORT CLUBE	117	M50	11	01:20:42	01:20:55	00:38:37
FELIX	QUINTANS MELENDEZ	M	GL	983	Individual	118	M35	17	01:21:01	01:21:04	00:38:45
MARIO	CARREIRA	M	PT	2054	PORTO RUNNERS	119	M40	16	00:00:00	01:21:08	00:38:20
JOAQUIM	LOPES	M	PT	2034	PORTO RUNNERS	120	M45	22	01:20:49	01:21:08	00:38:20
ANTONIO	OTERO UHIA	M	PT	2200	INDIVIDUAL	121	M40	17	01:21:12	01:21:14	00:38:20
Mário	Carvalho	M	PT	537	Clube os 5 à Hora	122	M45	23	01:21:07	01:21:16	00:38:21
Fernando	Pérez Reboredo	M	GL	1106	CCA Carballiño	123	M20	48	01:21:12	01:21:23	00:38:36
JOSÉ	CARLOS	M	PT	1548	OS BRAGUINHAS	124	M40	18	00:00:00	01:21:30	00:39:13
JOAQUIM	RIBEIRO	M	PT	1305	GRUPO DOURO AZUL	125	M50	12	01:21:30	01:21:33	00:38:34
José	Carlos Quinta Gomes	M	PT	1502	Individual	126	M20	49	01:21:31	01:21:35	00:38:34
AVELINO	FILIPE	M	PT	2154	AGUIAS DE ALVELOS	127	M50	13	01:21:19	01:21:36	00:38:45
Sérgio	Martins	M	PT	1213	A.R.N. - Os Flechinhos	128	M40	19	01:21:32	01:21:39	00:39:07
Hélder	Varandas	M	PT	671	Reportpro	129	M50	14	01:21:08	01:21:39	00:39:04
Paulo	Oliveira	M	PT	119	Individual	130	M40	20	01:21:32	01:21:41	00:38:48
Miguel	josé Baptista Campelo	M	PT	1592	Individual	131	M20	50	01:21:29	01:21:43	00:38:48
AUGUSTO	ANTUNES	M	PT	1952	ASSOCIAÇÃO MOINHOS DE VERMOIM	132	M45	24	00:00:00	01:21:43	00:36:57
CARLOS	ROCHA	M	PT	2013	PORTO RUNNERS	133	M45	25	01:21:24	01:21:45	00:38:33
GUILLERMO	PEDRERO LÓPEZ	M	GL	1494	Individual	134	M20	51	01:21:21	01:21:58	00:39:34
Manuel	Mendes	M	PT	437	Vitória Sport Clube	135	M40	21	01:21:52	01:21:58	00:39:12
FERNANDO	SANTIAGO	M	PT	481	Individual	136	M50	15	01:21:57	01:21:59	00:38:47
Carlos	Frias	M	PT	1126	Leões da Guarda	137	M50	16	01:21:34	01:22:00	00:38:46
Paulo	Freitas	M	PT	1212	A.R.N. - Os Flechinhos	138	M20	52	01:20:51	01:22:00	00:00:00
Paulo	Sousa	M	PT	1087	Tartarugas	139	M40	22	01:21:55	01:22:02	00:38:34
Abraham	Torre Soengas	M	GL	1399	Verxel N.D.-Drasanvi	140	M20	53	01:22:02	01:22:04	00:38:35
Jose	Fernando Gomes Marques	M	PT	852	CA Matosinhos	141	M40	23	01:22:01	01:22:07	00:38:15
João	Sampaio	M	PT	1720	Individual	142	M50	17	00:00:00	01:22:09	00:38:35
PAULO	FERREIRA	M	PT	1687	SPORT CLUBE DA REGUA	143	M40	24	00:00:00	01:22:11	00:38:42
FATIMA	SILVA	F	PT	13	C D POVOA	144	F20	8	01:22:17	01:22:18	00:38:25



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
jaime	vazquez mejide	M	GL	1743	TRAN-TRAN	145	M35	18	00:00:00	01:22:22	00:38:51
Carlos	Manuel Prado Fernandez	M	GL	702	Individual	146	M40	25	01:22:27	01:22:29	00:37:52
JERMANO	NADAIS	M	PT	2170	A C R VALE DE CAMBRA	147	M50	18	01:22:19	01:22:33	00:38:52
José	Miguel Nunes Pereira	M	PT	149	Individual	148	M35	19	01:21:04	01:22:35	00:40:48
JOSÉ	ALBINO AMORIM DIAS SORO	M	PT	1795	VIANACYCLES	149	M20	54	01:22:22	01:22:36	00:38:33
catia	galhardo	F	PT	316	A C e R senhora do desterro	150	F20	9	01:22:36	01:22:39	00:38:48
EDUARDO	COSTA	M	PT	82	SC BRAGA	151	M20	55	01:22:36	01:22:39	00:38:48
VITOR	FERREIRA	M	PT	2088	PORTO RUNNERS	152	M35	20	01:22:40	01:22:53	00:39:11
ARTUR	CEPEDA	M	PT	1296	GRUPO DOURO AZUL	153	M50	19	01:22:53	01:22:56	00:38:34
JOAQUIM	SA	M	PT	795	C DE NATAÇÃO E CULTURA-PAREDES DE COURA	154	M50	20	01:22:50	01:22:56	00:39:11
Cristiana	Santos Valente	F	PT	1756	Clube Desportivo Feirense	155	F20	10	00:00:00	01:22:56	00:39:37
Carlos	Coelho	M	PT	1577	Dasdikes	156	M35	21	01:22:53	01:22:59	00:39:12
MANUEL	AZEVEDO	M	PT	1240	SOARENSE SPORT CLUBE	157	M45	26	01:22:48	01:23:01	00:39:52
CARLOS	SA	M	PT	93	DESNIVEL POSITIVO	158	M35	22	01:22:02	01:23:02	00:39:39
VASCO	BATISTA	M	PT	2086	PORTO RUNNERS	159	M35	23	01:22:43	01:23:02	00:38:46
PEDRO	NUNO DOMINGUES GONÇALVES	M	PT	1385	DESNIVEL POSITIVO	160	M35	24	01:22:03	01:23:02	00:39:46
ANTÓNIO	CRISTOVÃO	M	PT	155	GRUPO DESPORTIVO E CULTURAL DO GUILHOVAI	161	M20	56	00:00:00	01:23:04	00:38:48
ANTONIO	ROCHA	M	PT	1885	ATLETISMO OS GAIENSES/TOYOTA	162	M50	21	00:00:00	01:23:11	00:38:37
JOAQUIM	COSTA	M	PT	1961	ARTO POUADENSE	163	M40	26	01:22:49	01:23:18	00:39:42
Nuno	Carvalho	M	PT	1021	ThunderRunners	164	M20	57	01:22:38	01:23:19	00:39:31
Manuel	Suárez Martínez	M	GL	1495	Individual	165	M50	22	01:22:53	01:23:19	00:40:11
JACOBO	MOSQUERA ALVAREZ	M	GL	1846	ATLETISMO AURUM	166	M20	58	01:23:02	01:23:27	00:39:40
jose	alves	M	PT	1074	grupo desportivo airao-curvia	167	M45	27	00:00:00	01:23:33	00:00:00
BRUNO	MARTINS	M	PT	2012	PORTO RUNNERS	168	M35	25	01:23:25	01:23:35	00:39:38
Antonio	Filipe Bastos Fontes	M	PT	572	Grupo Amizade	169	M35	26	01:23:08	01:23:35	00:40:22
ANTONIO	MEIRA	M	PT	2153	AGUIAS DE ALVELOS	170	M45	28	01:23:34	01:23:37	00:37:49
Paulo	Xoán Muínelo Pedreira	M	GL	969	Coruña Comarca	171	M40	27	01:23:09	01:23:38	00:39:24
Jose	Losada Marra	M	GL	585	Red 1 Ourense	172	M50	23	00:00:00	01:23:39	00:39:56
FRANCISCO	CARVALHO	M	PT	2097	NUCLEO DE ATLETISMO DE MATOSINHOS	173	M50	24	01:23:29	01:23:42	00:39:54
SILVERIO	GUEDES	M	PT	29	A REC ESTRELAS DO SUL	174	M50	25	01:23:40	01:23:42	00:38:52
Daniel	Lorenzo Hermida	M	GL	1739	VICLAUMAIA	175	M35	27	01:23:20	01:23:43	00:39:56
CARLOS	GONZALEZ REINO	M	GL	743	ATLETISMO NOIA	176	M45	29	01:23:22	01:23:43	00:39:57
Diego	Martínez Ribao	M	GL	560	Red 1 Ourense	177	M20	59	01:23:37	01:23:43	00:39:56
Fernando	Manuel Rodrigues	M	PT	1939	Individual	178	M40	28	01:22:57	01:23:46	00:40:53
Jose	Cabaço	M	PT	1380	CPArmada	179	M50	26	01:23:32	01:23:50	00:39:09
MANUEL	ANTONIO DA CRRUZ SÁ	M	PT	1452	GRUPO AMIZADE	180	M35	28	01:23:26	01:23:53	00:39:52



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
JOSE	NUNES	M	PT	1326	GRUPO DOURO AZUL	181	M40	29	01:23:54	01:23:57	00:39:53
ALBERTO	SOARES	M	PT	1250	CENTRO RECREIO POPULAR S. TIAGO	182	M45	30	01:23:57	01:23:58	00:40:01
MARK	VELHOTE	M	PT	168	FLUVIAL TRIATHLON	183	M35	29	01:24:00	01:24:00	00:39:12
GERARDO	PEREZ LENZA	M	GL	431	verxel ND	184	M50	27	00:00:00	01:24:14	00:40:03
Guillermo	José Rivas González	M	GL	832	Individual	185	M40	30	01:23:55	01:24:16	00:40:53
GONZALO	RODRIGUEZ LOPEZ	M	GL	2199	INDIVIDUAL	186	M35	30	01:23:08	01:24:22	00:40:34
CARLOS	TEIXEIRA	M	PT	2172	A C R VALE DE CAMBRA	187	M20	60	01:24:19	01:24:25	00:38:54
Alfredo	Sanchez	M	GL	1764	veteran@sdegacia	188	M45	31	01:23:57	01:24:26	00:40:23
Luis	Enrique Martínez Comesaña	M	GL	213	Individual	189	M20	61	01:24:01	01:24:26	00:40:37
OSCAR	MECA JUNCAL	M	GL	452	SOTAVENTO	190	M40	31	01:24:01	01:24:30	00:40:24
Carlos	Manuel Rodrigues	M	PT	617	Individual	191	M45	32	01:24:32	01:24:32	00:40:10
CARLOS	FERNANDES	M	PT	1241	SOARENSE SPORT CLUBE	192	M45	33	01:24:31	01:24:34	00:39:51
Marcos	Mendez barran	M	GL	724	C.A.R. Marisqueiro	193	M20	62	01:24:21	01:24:35	00:40:09
Marcos	Francés Gómez	M	GL	1771	Individual	194	M40	32	00:00:00	01:24:37	00:39:59
PASCOAL	MELO	M	PT	545	GNR GUIMARÃES	195	M35	31	01:24:00	01:24:38	00:40:23
Carlos	Figueiredo	M	PT	869	Café Ponto Final /Sasia	196	M35	32	01:24:27	01:24:39	00:39:33
António	Leite	M	PT	1089	Tartarugas	197	M45	34	01:24:06	01:24:41	00:39:39
Leopoldo	Fernandes	M	PT	1132	Leões da Guarda	198	M50	28	01:24:13	01:24:41	00:40:45
Jose	Bujan Gonzalez	M	GL	762	Pato Blanco de Celanova	199	M35	33	01:23:32	01:24:42	00:40:33
Juan	ramon diaz quintela	M	GL	598	Individual	200	M50	29	01:24:42	01:24:42	00:40:27
ESTEBAN	COSTAS MARCOTE	M	GL	1645	Individual	201	M35	34	01:24:21	01:24:45	00:40:36
LUIS	VIEIRA	M	PT	1831	CLUBE DE ATLETISMO DE VILA DO BISPO	202	M40	33	01:24:43	01:24:46	00:40:16
FERNANDO	SOARES	M	PT	2000	CAMPISMO S. JOAO DA MADEIRA	203	M40	34	01:24:42	01:24:46	00:39:15
PAULO	CARVALHO	M	PT	1964	ARTO POUADENSE	204	M45	35	01:24:20	01:24:47	00:40:19
ANTONIO	OSORIO	M	PT	1567	SPORT CLUBE DA REGUA	205	M50	30	01:24:45	01:24:48	00:38:53
Filipe	Lima	M	PT	1085	Tartarugas	206	M35	35	01:24:36	01:24:53	00:39:52
MANUEL	ALVES	M	PT	1955	ASSOCIAÇÃO MOINHOS DE VERMOIM	207	M50	31	01:24:50	01:24:56	00:39:13
FILIPA	ALMEIDA	F	PT	36	SPORT LISBOA E BENFICA	208	F20	11	01:24:55	01:24:56	00:39:17
JOSÉ	MIRANDA MOTA	M	PT	239	CTT 4200 PORTO	209	M45	36	01:24:50	01:24:58	00:38:48
JOSE AFONSO	FERREIRA	M	PT	2143	CLUBE PT	210	M35	36	01:24:36	01:25:01	00:41:26
JOSE	MANUEL VILAS FERNANDEZ	M	GL	1178	CLUB ATLETISMO NOIA	211	M40	35	00:00:00	01:25:10	00:40:46
Ricardo	Pereira	M	PT	486	Individual	212	M20	63	01:23:49	01:25:15	00:42:43
MODESTO	VIEIRA	M	GL	389	C A ESTRELAS DO MARCO DE CANAVESES	213	M45	37	01:25:14	01:25:22	00:40:04
Carlos	Machado	M	PT	893	JOBRA	214	M45	38	00:00:00	01:25:23	00:40:07
VITOR	CARVALHO	M	PT	2087	PORTO RUNNERS	215	M45	39	01:24:52	01:25:25	00:41:09
PEDRO	SOARES	M	PT	33	A REC ESTRELAS DO SUL	216	M50	32	01:25:31	01:25:33	00:40:57





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
VICENTE	REY JÁCOME	M	GL	1448	Individual	217	M40	36	01:25:12	01:25:34	00:40:53
José	Perdigão	M	PT	1579	Dasdikes	218	M45	40	01:25:30	01:25:35	00:40:00
DAVID	DACUÑA GONZALEZ	M	GL	1644	Individual	219	M20	64	01:25:12	01:25:36	00:40:37
JOSE	ANTONIO BURGOS REY	M	GL	964	ATLETISMO PORRIÑO	220	M35	37	01:25:11	01:25:36	00:38:47
Marcos	Groba Bargiela	M	GL	1155	Individual	221	M35	38	01:25:17	01:25:37	00:40:59
VITOR	MIGUEL FERREIRA PINTO	M	PT	158	CHILL OUT	222	M20	65	01:25:22	01:25:38	00:40:13
Antonio	Martinez Garcia	M	GL	677	Panadería d' Osedo	223	M50	33	01:25:14	01:25:42	00:42:37
Juan	Antonio Lopez Fernadez	M	GL	818	Individual	224	M35	39	01:25:05	01:25:42	00:41:27
Joaquim	Silva	M	PT	1653	N.A. TAIPAS	225	M40	37	01:25:40	01:25:47	00:40:22
ANTONIO	CORREIA	M	PT	1836	CLUBE DE ATLETISMO DE VILA DO BISPO	226	M50	34	01:25:46	01:25:48	00:40:58
josé	filipe afonso	M	PT	633	Tribraga	227	M35	40	01:25:33	01:25:52	00:41:40
Luís	Dantas	M	PT	1090	Tartarugas	228	M20	66	01:25:47	01:25:55	00:40:09
pedro	miguel de brito moreira	M	PT	1636	Individual	229	M20	67	01:25:38	01:25:55	00:41:21
BRUNO	MUIÑOS CARBALLO	M	GL	720	C.A.R. MARISQUEIRO	230	M20	68	01:25:44	01:25:57	00:40:11
Raúl	Ramos Aina	M	GL	1068	Individual	231	M20	69	01:25:50	01:26:03	00:40:33
ANTONIO	MOREIRA	M	PT	991	MAIA ATLETICO CLUBE	232	M50	35	01:25:56	01:26:07	00:40:28
ANTONIO	GOMES	M	PT	2122	GINASIO C SANTO TIRSO	233	M20	70	01:25:56	01:26:07	00:42:07
ANTONIO	MALTEZ	M	PT	798	Individual	234	M50	36	01:25:32	01:26:10	00:41:50
Diamantino	Coelho	M	PT	1460	Eurotransmissão-Braga	235	M50	37	01:25:15	01:26:15	00:00:00
João	Fernandes Gonçalves	M	PT	1588	CTM - Vila Pouca de Aguiar	236	M45	41	01:25:53	01:26:16	00:39:57
Indalecio	Nuñez	M	GL	1055	Individual	237	M35	41	01:24:54	01:26:17	00:42:12
JOÃO	SOUSA	M	PT	994	MAIA ATLETICO CLUBE	238	M20	71	01:26:12	01:26:17	00:40:36
MANUEL	FERNANDO OLIVEIRA	M	PT	1775	OS ROMPE SOLAS	239	M45	42	01:25:54	01:26:18	00:41:00
Joaquim	Rodrigues	M	PT	1945	Associação Cultural e Recreativa de Roriz	240	M45	43	01:26:15	01:26:21	00:39:23
JOSE	CORVAL	M	PT	1303	GRUPO DOURO AZUL	241	M50	38	01:26:19	01:26:22	00:40:50
João	Barbosa	M	PT	1655	N.A. TAIPAS	242	M45	44	01:26:08	01:26:24	00:41:46
Henrique	Manuel de Araújo	M	PT	1935	Ciclone	243	M35	42	01:25:59	01:26:24	00:41:36
Marcos	Blanco Figueirido	M	GL	1117	CLUB ATLETISMO NOIA	244	M40	38	01:26:03	01:26:25	00:41:16
Manuel	Mota	M	PT	1649	N.A. TAIPAS	245	M45	45	01:26:09	01:26:25	00:41:46
Adélio	Marques	M	PT	1670	N.A. TAIPAS	246	M35	43	01:26:10	01:26:25	00:41:46
LUIS	PIRES	M	PT	2047	PORTO RUNNERS	247	M50	39	01:26:09	01:26:30	00:41:29
Vitor	Teixeira	M	PT	854	C A Matosinhos	248	M50	40	01:26:26	01:26:32	00:39:47
Jesus	Figueroa Fernandez	M	GL	1466	Individual	249	M35	44	01:25:33	01:26:33	00:41:01
Carlos	Graña Alonso	M	GL	1503	Athletics Aventura	250	M45	46	01:26:06	01:26:34	00:41:26
Helder	Gabriel Mendes Pinheiro	M	PT	1772	Individual	251	M40	39	01:25:18	01:26:39	00:41:08
MANUEL	SANTOS	M	PT	193	.COM	252	M50	41	01:26:00	01:26:41	00:41:39



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
RUI	SOBRAL	M	PT	2080	PORTO RUNNERS	253	M35	45	01:26:35	01:26:44	00:40:24
JOAQUIM	SANTOS	M	PT	28	A REC ESTRELAS DO SUL	254	M50	42	01:26:43	01:26:45	00:40:12
JOAO	RIBEIRO	M	PT	681	CLUBE DE ATLETISMO DE VILA DO BISPO	255	M50	43	01:26:36	01:26:47	00:40:45
LUCIA	VIEIRA	F	PT	1134	LEÕES DA GUARDA	256	F20	12	01:26:39	01:26:47	00:40:40
JOSE MANUEL	RODRIGUES	M	PT	1185	INDIVIDUAL	257	M20	72	01:26:34	01:26:48	00:42:08
António	Moreira	M	PT	1635	triatlto clube dos galitos	258	M20	73	01:26:31	01:26:48	00:42:06
XOSE	FERNANDEZ CALVO	M	GL	1483	Individual	259	M35	46	01:26:18	01:26:51	00:40:33
MANUEL	ROCHA	M	PT	2050	PORTO RUNNERS	260	M40	40	01:25:38	01:26:52	00:42:41
EDUARDO	GOY GOMEZ	M	GL	1727	REDONELITE - SOID	261	M40	41	01:25:48	01:26:54	00:42:04
CARLOS	FERREIRA	M	PT	1962	ARTO POUADENSE	262	M45	47	01:26:38	01:26:56	00:41:45
Adélio	Gonçalves Marques	M	PT	1509	Individual	263	M20	74	01:26:52	01:26:56	00:41:40
Fernando	Santos	M	PT	399	Amigos Quinta das Freiras	264	M45	48	01:25:59	01:26:56	00:42:04
Serafin	Pascual Canal	M	GL	586	Red 1 Ourense	265	M45	49	01:26:30	01:26:57	00:41:08
Helena	Lobo	F	PT	1663	N.A. TAIPAS	266	F20	13	01:26:47	01:27:02	00:42:00
PEDRO JORGE	BARROS	M	PT	1186	INDIVIDUAL	267	M20	75	01:26:49	01:27:03	00:42:08
CARLOS	CRUZ	M	PT	1781	OS ROMPE SOLAS	268	M45	50	01:26:38	01:27:03	00:40:54
ANTONIO	LÓPEZ FERNÁNDEZ	M	GL	802	C.C.A.CARBALLIÑO	269	M40	42	01:26:57	01:27:06	00:40:32
GONZALO	FERNÁNDEZ ALBERTE	M	GL	1440	KORPORE CARBALLIÑO	270	M20	76	01:26:43	01:27:10	00:42:26
JOSE	MANUEL PEREZ IGLESIAS	M	GL	511	Individual	271	M35	47	01:26:46	01:27:11	00:40:59
JOÃO	VALENTIM	M	PT	1295	GRUPO DOURO AZUL	272	M50	44	01:27:08	01:27:15	00:41:48
SAMUEL SABORIDO	SONORA	M	GL	304	INDIVIDUAL	273	M20	77	01:26:17	01:27:15	00:42:32
JOSE	MARTINS	M	PT	1270	SOCIEDADE INSTRUÇÃO E RECREIO ALDREENSE	274	M45	51	01:26:39	01:27:17	00:42:55
ANTONIO	FERNANDEZ HERMIDA	M	GL	381	CLUB ATLETISMO NOIA	275	M50	45	01:27:11	01:27:18	00:41:49
António	Magalhães	M	PT	1135	Leões da Guarda	276	M40	43	01:26:44	01:27:19	00:41:29
Pablo	Ginés Mayor	M	GL	1281	Individual	277	M35	48	01:26:57	01:27:26	00:42:26
JAVIER	RIAL BOUBETA	M	GL	1034	Individual	278	M40	44	01:27:14	01:27:30	00:41:11
VALTER	PEREIRA	M	PT	2192	INDIVIDUAL	279	M20	78	01:27:19	01:27:32	00:42:08
ramon	rodriguez gonzalez	M	GL	1561	c.c.a.carballiño	280	M40	45	01:27:23	01:27:33	00:40:45
JOÃO	PINHEIRO	M	PT	2029	PORTO RUNNERS	281	M20	79	01:26:54	01:27:33	00:42:06
FERNANDO	JOSÉ GUERRA ÁLVAREZ	M	GL	1100	C.C.A.CARBALLIÑO	282	M50	46	01:27:24	01:27:35	00:41:29
Angel	Boquete Diz	M	GL	1741	atletismo Tui thermalia	283	M35	49	01:27:22	01:27:35	00:41:47
jorge	ferreira	M	PT	1072	grupo desportivo airao-curveda	284	M35	50	01:27:19	01:27:35	00:41:40
Joaquim	Castro	M	PT	1209	A.R.N. - Os Flechinhos	285	M50	47	01:26:37	01:27:37	00:41:35
Luis	Martins	M	PT	1210	A.R.N. - Os Flechinhos	286	M45	52	00:00:00	01:27:37	00:41:35
Alberto	Iglesias Cabaleiro	M	GL	1468	Individual	287	M35	51	01:26:24	01:27:38	00:42:08
Juan	Carlos Martul Hernández	M	GL	723	Individual	288	M45	53	01:27:12	01:27:40	00:42:20





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
ISIDRO	GOMES	M	PT	1230	FERREIROLUX	289	M45	54	01:27:22	01:27:42	00:40:12
Josué	Miguel Oliveira	M	PT	1757	Clube Desportivo Feirense	290	M35	52	00:00:00	01:27:45	00:41:26
MANUEL	CRUZ	M	PT	2182	A DESPORTIVA AFIFENSE	291	M45	55	01:27:08	01:27:46	00:42:23
MANUEL	SALGADO GOMEZ	M	GL	288	BURGAS ATLETISMO	292	M35	53	01:26:53	01:27:46	00:43:15
Carlos	Cunha	M	PT	1027	Corre Connosco Felgueiras	293	M40	46	01:27:30	01:27:48	00:42:30
JOSE	MORAIS	M	PT	1713	C DE A NOSSA SRA DA CONCEIÇÃO	294	M50	48	01:26:55	01:27:49	00:41:55
LUIS	CAMILO FERNANDEZ ALVAREZ	M	GL	1733	Individual	295	M40	47	01:26:34	01:27:50	00:42:57
JOSE	PEIXOTO	M	PT	1965	ARTO POUSADENSE	296	M40	48	01:27:47	01:27:51	00:41:06
Pedro	Romano	M	PT	224	Suicidas Brácaros	297	M20	80	01:27:05	01:27:52	00:42:34
MANUEL	ANGEL VAZQUEZ RODRIGUEZ	M	GL	1730	REDONELITE - SOID	298	M35	54	01:26:31	01:27:53	00:43:49
Manuel	Joaquim Miranda	M	PT	1944	Associação Cultural e Recreativa de Roriz	299	M45	56	01:27:40	01:27:55	00:41:47
Adão	Mendes	M	PT	1527	A.D.R. OUTEIRENSE	300	M35	55	01:27:22	01:27:57	00:41:46
Hugo	Couto	M	PT	310	I-RUN	301	M20	81	01:27:02	01:27:58	00:42:38
Luís	Fontinha	M	PT	676	Bilarunners	302	M45	57	01:27:40	01:27:59	00:42:08
José	Rubén Calvo Fdez	M	GL	533	OS AFIADORES OURENSE	303	M35	56	01:27:40	01:27:59	00:41:38
narciso	insua gonzalez	M	GL	1642	club atletismo noia	304	M20	82	01:27:39	01:28:00	00:40:46
David	Sanisidro Rego	M	GL	235	Individual	305	M20	83	01:27:40	01:28:01	00:41:18
Fernando	Teles	M	PT	1026	Corre Connosco Felgueiras	306	M50	49	01:27:53	01:28:02	00:41:52
JOSE	SA	M	PT	473	Individual	307	M40	49	01:27:42	01:28:04	00:41:59
RAMON	BARBA SANTOS	M	GL	737	CLUB ATLETISMO FONTES DO SAR	308	M50	50	01:27:18	01:28:05	00:42:24
Jorge	Manuel Pereira do Vale	M	PT	1052	Individual	309	M40	50	01:27:39	01:28:08	00:42:07
LUIS	SILVA	M	PT	1624	SC BRAGA	310	M50	51	01:27:42	01:28:09	00:41:48
JOSE	OLIVEIRA	M	PT	1968	CCD COELIMA	311	M35	57	00:00:00	01:28:10	00:42:04
Ricardo	Salgado	M	PT	1672	N.A. TAIPAS	312	M20	84	01:27:54	01:28:10	00:41:22
Fernando	Jorge de Sousa Ferreira	M	PT	1153	Grupo Desportivo da Limpeza Urbana - CMP	313	M40	51	01:28:05	01:28:10	00:41:14
Francisco	Teixeira	M	PT	253	G.D. LUZ VERDE	314	M40	52	01:27:49	01:28:12	00:42:40
João	Dias	M	PT	644	Chaves Running Team	315	M20	85	01:27:00	01:28:12	00:43:07
Fernando	Queirós	M	PT	479	Individual	316	M40	53	01:27:01	01:28:12	00:42:47
JOSE	SUAREZ RODRIGUEZ	M	GL	755	Individual	317	M20	86	01:28:05	01:28:12	00:41:07
Sandro	Castro	M	PT	514	Individual	318	M35	58	01:28:01	01:28:16	00:42:49
LEANDRO	FERNANDES DE LEMOS GOMES PINT	M	PT	647	TRIPLA AGITADA - CLUBE DE TRIATLO	319	M20	87	01:28:09	01:28:18	00:43:16
Manuel	Alejandro Lago Rios	M	GL	1463	Individual	320	M40	54	01:26:58	01:28:19	00:43:20
JOAO PAULO	LOURO	M	PT	1190	INDIVIDUAL	321	M35	59	01:27:49	01:28:20	00:42:59
LUIS	LEITE	M	PT	955	MAIA ATLETICO CLUBE	322	M35	60	01:28:14	01:28:21	00:41:15
Jose	Manuel Pérez Rodríguez	M	GL	758	Os Afiadores Ourense	323	M40	55	01:28:01	01:28:21	00:40:56
Bruno	Pereira	M	PT	299	Individual	324	M20	88	01:28:14	01:28:23	00:42:17



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
CARLOS	CARDOSO	M	PT	1855	A D RIO LARGO CLUBE DE ESPINHO	325	M40	56	01:28:00	01:28:25	00:42:38
Jose	Manuel Antunes Gomes	M	PT	693	Confraria da Bike Clube	326	M45	58	01:27:19	01:28:25	00:43:29
MARIO	ARUFE SANTAMARIA	M	GL	742	ATLETISMO NOIA	327	M50	52	01:28:04	01:28:26	00:41:47
RICARDO	FERREIRA	M	PT	2074	PORTO RUNNERS	328	M20	89	01:27:19	01:28:26	00:42:56
ANGEL	PEREZ LAGO	M	GL	1406	Individual	329	M45	59	01:27:21	01:28:26	00:42:01
DAVID	VAZQUEZ RODRIGUEZ	M	GL	934	Individual	330	M40	57	01:28:29	01:28:32	00:40:49
Manuel	Antonio Carneiro	M	PT	920	Grupo Cultural Recreativo Alvarelos	331	M45	60	00:00:00	01:28:33	00:40:36
AURÉLIO	VIEIRA	M	PT	1076	C A ESTRELAS DO MARCO DE CANAVESES	332	M35	61	01:28:27	01:28:34	00:41:30
Rodrigo	Costa	M	PT	876	Café Ponto Final /Sasia	333	M45	61	00:00:00	01:28:44	00:41:07
JORGE	MORGADO	M	PT	1717	C DE A NOSSA SRA DA CONCEIÇÃO	334	M45	62	01:27:52	01:28:46	00:41:55
João	Garcia	M	PT	1674	N.A. TAIPAS	335	M20	90	01:28:38	01:28:51	00:41:46
José	Carlos Pérez Puente	M	GL	979	Individual	336	M45	63	01:27:29	01:28:52	00:43:49
Manuel	Sousa	M	PT	321	CCDR Fundo de Vila	337	M50	53	01:28:30	01:28:52	00:42:40
carlos	rocha	M	PT	1598	Galitos	338	M20	91	01:28:37	01:28:54	00:41:48
RUBEN	CASTRO DOMINGUEZ	M	GL	796	ATLETISMO TUY	339	M40	58	01:28:41	01:28:54	00:41:18
Manuel	Sousa	M	PT	256	G.D. LUZ VERDE	340	M50	54	01:28:31	01:28:55	00:42:40
Joao	Manuel Nunes Sousa	M	PT	1721	Individual	341	M20	92	01:28:50	01:28:55	00:41:43
JUAN	CARLOS BRANDON RODRIGUEZ	M	GL	624	Atletismo Fontes do sat	342	M50	55	01:28:08	01:28:56	00:43:44
MANUEL	DA SILV E SÁ	M	PT	571	CAP	343	M50	56	01:28:15	01:28:58	00:42:40
PAULO	CORREIA	M	PT	375	Individual	344	M35	62	01:28:50	01:29:00	00:41:50
Antonio	Oliveira	M	PT	784	Individual	345	M50	57	01:28:38	01:29:01	00:42:49
JACINTO	OLIVEIRA	M	PT	1298	GRUPO DOURO AZUL	346	M50	58	01:28:03	01:29:01	00:42:39
manuel	enrique estevez garcia	M	GL	1932	club alejandro gomez	347	M35	63	01:28:35	01:29:03	00:43:23
ruben	miguez bargiela	M	GL	1918	club alejandro gomez	348	M20	93	01:28:34	01:29:03	00:43:24
david	alonso bargiela	M	GL	1917	club alejandro gomez	349	M20	94	01:28:34	01:29:03	00:00:00
ANTONIO	MORAIS	M	PT	44	SPORT ZONE	350	M35	64	01:29:01	01:29:03	00:41:31
ANDRE	GOMES	M	PT	1832	OLIMPICO VIANENSE	351	M20	95	01:29:01	01:29:03	00:40:20
JOAQUIM	NOGUEIRA	M	PT	2035	PORTO RUNNERS	352	M50	59	01:28:43	01:29:07	00:41:58
LUCAS	ALVAREZ RODRIGUEZ	M	GL	1032	Individual	353	M35	65	01:28:46	01:29:10	00:41:44
Jose	Antonio Gomez Fidalgo	M	GL	738	Individual	354	M40	59	01:27:47	01:29:10	00:44:04
JUSTINO	PEREIRA	M	PT	1205	GAVIÕES	355	M45	64	01:29:04	01:29:11	00:42:36
DOMINGOS	PEREIRA	M	PT	1206	GAVIÕES	356	M45	65	01:29:07	01:29:12	00:42:33
jesus	carballeira florez	M	GL	1920	club alejandro gomez	357	M50	60	01:28:08	01:29:12	00:43:11
Manuel	Silva	M	PT	1787	CENAP	358	M35	66	01:28:37	01:29:12	00:42:31
JOSÉ	MENDES	M	PT	553	GNR GUIMARÃES	359	M45	66	01:29:04	01:29:13	00:41:10
jesus	gonzalez gonzalez	M	GL	1563	c.c.a.carballiño	360	M20	96	01:28:09	01:29:13	00:44:48



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
BRUNO	MIRANDA	M	PT	1234	FERREIROLUX	361	M20	97	01:29:00	01:29:14	00:42:44
MANUEL	CARDOSO	M	PT	1881	ASSOCIAÇÃO DESP. AMARANTE - ADA	362	M45	67	01:29:04	01:29:16	00:44:09
Xavier	Manuel Lima Rodrigues	M	PT	488	Individual	363	M45	68	01:29:02	01:29:16	00:41:40
hilmar	knoll	M	PT	943	Individual	364	M50	61	00:00:00	01:29:17	00:42:21
XOSE	MAUEL MALVIDO CARRILLO	M	GL	1689	CLUB ATLETISMO FONTES DO SAR	365	M50	62	01:28:33	01:29:18	00:43:24
JOSÉ	ANTONIO JUANATEY PÉREZ	M	GL	843	Atletismo Fontes do sat	366	M40	60	01:28:32	01:29:18	00:43:17
JOÃO	DIAS	M	PT	1513	MOVIMENTO DE JUVENTUDE DE MERELÍM	367	M20	98	01:28:13	01:29:18	00:44:27
JOSE	FRANCISCO LORENZO FERNANDEZ	M	GL	1426	C.C.A.CARBALLIÑO	368	M40	61	01:29:08	01:29:19	00:41:38
AUGUSTO	FERREIRA	M	PT	216	TEAM BIKE SPACE	369	M35	67	01:29:13	01:29:19	00:41:57
ALVARO	SOUSA	M	PT	1960	ARTO POUSADENSE	370	M40	62	01:29:17	01:29:20	00:41:06
Fernando	Monteiro Camelo	M	PT	1183	S.C. Salgueiros	371	M50	63	01:29:15	01:29:21	00:40:47
Augusto	Figueiredo	M	PT	929	Individual	372	M40	63	01:27:57	01:29:21	00:43:22
AMILCAR	FERREIRA	M	PT	1246	SOARENSE SPORT CLUBE	373	M45	69	01:29:20	01:29:24	00:42:17
Domingos	Soares	M	PT	401	Amigos Quinta das Freiras	374	M50	64	01:28:54	01:29:27	00:42:28
FRANCISCO	LOBO	M	PT	2021	PORTO RUNNERS	375	M45	70	01:29:15	01:29:27	00:42:12
Victor	Sousa	M	PT	1086	Tartarugas	376	M40	64	01:29:33	01:29:39	00:41:42
Augusto	Oliveira	M	PT	1060	Paredes Aventura	377	M35	68	01:29:32	01:29:39	00:41:32
Pinto	Soares	M	PT	773	Individual	378	M50	65	01:29:25	01:29:42	00:43:53
ruí	cassiano marques da silva	M	PT	1221	Individual	379	M20	99	01:29:35	01:29:44	00:40:42
Aires	São Pedro	M	PT	1145	Clube Ferroviário de Portugal	380	M50	66	01:29:21	01:29:45	00:43:28
Manuel	Quelhas Lima	M	PT	1826	Individual	381	M35	69	01:29:31	01:29:47	00:42:44
Filipe	Moreira	M	PT	503	Individual	382	M40	65	01:29:36	01:29:48	00:41:58
MIGUEL	ARAÚJO	M	PT	1360	CLUBE VETERANOS DO PORTO	383	M40	66	01:28:57	01:29:50	00:43:53
Avelino	Penedo Feijó	M	GL	965	Individual	384	M40	67	01:29:21	01:29:51	00:42:06
JOSÉ	PIRES	M	PT	580	GRUPO DESPORTIVO LEÕES DO VENEZA	385	M50	67	01:29:15	01:29:57	00:43:07
JOAQUIM	VIANA	M	PT	2036	PORTO RUNNERS	386	M40	68	01:28:45	01:29:59	00:43:30
alejandro	mendez rodriguez	M	GL	250	Individual	387	M20	100	01:28:36	01:30:01	00:43:40
Antonio	Jorge Castro Vale	M	PT	212	Individual	388	M40	69	00:00:00	01:30:02	00:41:20
Rubén	Vernet Solla	M	GL	1500	Individual	389	M35	70	01:29:39	01:30:03	00:41:44
ANTONIO	TEIXEIRA	M	PT	1300	GRUPO DOURO AZUL	390	M20	101	01:30:02	01:30:04	00:35:34
Tiago	Miguel Lontro Costa	M	PT	1328	Individual	391	M20	102	01:28:44	01:30:04	00:42:58
emílio	vilarinho	M	PT	365	CAVE Esposende	392	M20	103	01:29:55	01:30:05	00:40:02
RAUL	CARVALHO	M	PT	1963	ARTO POUSADENSE	393	M50	68	01:30:04	01:30:06	00:41:29
Manuel	Miyares Ces	M	GL	1738	VICLAUMAIA	394	M35	71	01:29:16	01:30:08	00:42:45
Carlos	Barroso	M	PT	252	G.D. LUZ VERDE	395	M40	70	01:29:47	01:30:11	00:42:40
JESUS	P. AGULLEIRO DIAZ	M	GL	1097	Individual	396	M40	71	01:28:51	01:30:12	00:43:26



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Nuno	Fornelos	M	PT	257	Individual	397	M20	104	01:30:00	01:30:13	00:41:52
ALEJANDRO	OTERO RAMIREZ	M	GL	1402	A BOUZA SPRINT	398	M20	105	01:29:34	01:30:14	00:42:22
jesus	maria fernandez canto	M	GL	1219	Individual	399	M50	69	01:29:51	01:30:16	00:42:31
BRUNO	CAETANO	M	PT	200	CLUBE DE ATLETISMO DE VILA DO BISPO	400	M20	106	00:00:00	01:30:16	00:41:35
JOSE	CARLOS VILAR FERNANDEZ	M	GL	1420	Individual	401	M50	70	01:30:10	01:30:19	00:00:00
Celso	Manuel Dias Martins	M	PT	1522	Individual	402	M35	72	01:29:12	01:30:20	00:45:11
LUCIA	RIBEIRO	F	PT	1835	OLIMPICO VIANENSE	403	F20	14	01:29:30	01:30:20	00:42:45
HENRIQUE	GONÇALVES	M	PT	1347	CLUBE VETERANOS DO PORTO	404	M50	71	01:29:41	01:30:21	00:00:00
JOSÉ	RICARDO	M	PT	999	MAIA ATLETICO CLUBE	405	M40	72	01:29:53	01:30:21	00:42:41
juan	carlos roman marcote	M	PT	306	Individual	406	M40	73	01:29:18	01:30:22	00:43:58
RAFAEL	DIOS GONZALEZ	M	GL	1434	TANINOS RUNNERS	407	M45	71	01:29:28	01:30:22	00:43:37
ABILIO	SILVA	M	PT	1254	CENTRO RECREIO POPULAR S. TIAGO	408	M45	72	01:29:55	01:30:23	00:42:48
MANUEL	JORGE SOUSA FESTAS	M	PT	215	CAVALEIROS DO MINHO	409	M20	107	01:30:11	01:30:25	00:41:36
Francisco	Joaquim Moreira Reis	M	PT	1136	Dragões d'Afurada	410	M35	73	01:30:02	01:30:26	00:43:11
Bruno	Miguel Godinho Pontes	M	PT	1621	Tripla Agitada - Clube de Triatlo	411	M20	108	01:30:18	01:30:27	00:43:16
FERNANDO	PEREIRA	M	PT	1304	GRUPO DOURO AZUL	412	M50	72	01:29:30	01:30:28	00:43:34
Luís	Filipe Carvalhais	M	PT	678	Bilarunners - Corredores de Vila Real	413	M45	73	01:30:13	01:30:28	00:42:09
angelo	ferreira	M	PT	1073	grupo desportivo airao-curvia	414	M20	109	01:30:15	01:30:29	00:42:33
Paulo	Domingues	M	PT	618	É de shot	415	M20	110	01:29:57	01:30:30	00:42:43
PAULO	NUNES	M	PT	2070	PORTO RUNNERS	416	M40	74	01:29:55	01:30:32	00:43:23
MANUEL	SILVA	M	PT	1859	A D RIO LARGO CLUBE DE ESPINHO	417	M40	75	01:30:13	01:30:33	00:43:36
Manuel	Marques	M	PT	1666	N.A. TAIPAS	418	M40	76	01:30:18	01:30:35	00:43:41
Pablo	Taberner Vidal	M	GL	1505	Athletics Aventura	419	M20	111	01:29:53	01:30:36	00:43:04
JOSÉ	ANTÓNIO LEITÃO	M	PT	1759	Individual	420	M45	74	01:29:58	01:30:37	00:43:15
Mario	Camiña Iglesias	M	GL	1171	Individual	421	M35	74	01:30:35	01:30:37	00:41:14
Joaquim	Alberto Gonçalves	M	PT	1138	Dragões d'Afurada	422	M50	73	01:30:14	01:30:39	00:43:06
Orlando	João Soares Gonçalves	M	PT	374	Individual	423	M35	75	01:30:27	01:30:41	00:44:16
HUGO	ROCHA	M	PT	2188	INDIVIDUAL	424	M20	112	01:30:17	01:30:42	00:45:04
Jose	Suarez Leis	M	GL	833	Individual	425	M45	75	01:30:05	01:30:43	00:42:06
Amaro	Vieira da Silva	M	PT	919	Grupo Cultural Recreativo Alvarelos	426	M45	76	01:30:36	01:30:46	00:42:28
Ângelo	Pereira	M	PT	761	Individual	427	M45	77	01:29:50	01:30:47	00:43:03
Rui	Pedro Reis Duarte	M	PT	459	Individual	428	M20	113	01:30:04	01:30:48	00:43:03
HELDER	MEIRELES	M	PT	2174	CLUBE GBES	429	M40	77	01:30:39	01:30:50	00:43:06
Ricardo	Miranda	M	PT	1892	VianaCycles	430	M20	114	01:30:12	01:30:50	00:44:34
jose	ramon rodriguez	M	GL	1912	club alejandro gomez	431	M35	76	01:30:28	01:30:53	00:43:33
Fernando	Rama González	M	GL	1108	Taninos Runners Ponteareas	432	M40	78	01:29:43	01:30:54	00:45:52



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
oscar	Garcia garcia	M	GL	1441	Individual	433	M20	115	01:29:32	01:30:55	00:00:00
jose	alar prado	M	GL	911	sam miguel	434	M40	79	01:29:13	01:30:56	00:00:00
Sergio	Machado	M	PT	877	Café Ponto Final /Sasia	435	M40	80	01:30:36	01:30:57	00:44:00
Roberto	gaspar fernandez	M	GL	744	Individual	436	M40	81	01:30:07	01:30:58	00:43:37
ERNESTO	FERNANDES	M	PT	1959	ASSOCIAÇÃO MOINHOS DE VERMOIM	437	M45	78	01:30:39	01:30:59	00:45:07
CARLOS	PINTO	M	PT	2099	NUCLEO DE ATLETISMO DE MATOSINHOS	438	M50	74	01:31:00	01:31:03	00:41:49
Constantino	Alvarez BAS	M	GL	1141	Sociedad atletica Val Miñor	439	M35	77	01:30:32	01:31:03	00:43:22
JAVIER	GARCÍA GIL	M	GL	842	Individual	440	M20	116	01:30:10	01:31:04	00:43:53
Americo	Machado	M	PT	169	Individual	441	M20	117	01:30:39	01:31:05	00:44:30
Luis	Ribeiro	M	PT	1528	A.D.R. OUTEIRENSE	442	M35	78	01:30:30	01:31:05	00:41:46
antónio	faria	M	PT	370	CAVE Esposende	443	M50	75	01:30:58	01:31:06	00:41:56
JOSE	FERNANDES	M	PT	1516	MOVIMENTO DE JUVENTUDE DE MERELÍM	444	M50	76	01:30:03	01:31:07	00:43:18
Luis	Marinha	M	PT	508	Individual	445	M35	79	01:30:17	01:31:08	00:44:26
CARLOS	GUERRA	M	PT	1249	RECREIO DESPORTIVO DE AGUEDA	446	M40	82	01:30:15	01:31:11	00:44:19
jose	luis vazquez mejide	M	GL	1742	TRAN-TRAN	447	M40	83	00:00:00	01:31:12	00:42:27
QUINTINO	BACELO	M	PT	1329	GRUPO DOURO AZUL	448	M50	77	01:30:50	01:31:12	00:43:31
RUI MANUEL	SOUTO	M	PT	1028	VIANACYCLES	449	M20	118	01:30:32	01:31:12	00:42:17
Carlos	Quiñones Piquenque	M	GL	1425	Individual	450	M35	80	01:30:15	01:31:14	00:45:42
Alberto	Alves	M	PT	1050	Clube os 5 à Hora	451	M40	84	01:30:41	01:31:15	00:00:00
Paulo	Campos	M	PT	418	Leões da Agra	452	M40	85	01:30:09	01:31:16	00:44:31
Jose	Moreira	M	GL	1770	veteran@sdegalicia	453	M45	79	01:30:44	01:31:18	00:43:50
ANTÓNIO	GOMES	M	PT	429	INDIVIDUAL	454	M40	86	01:31:19	01:31:19	00:41:09
ANTONIO	NASCIMENTO	M	PT	1260	CENTRO RECREIO POPULAR S. TIAGO	455	M45	80	01:30:53	01:31:20	00:42:58
BRUNO	FERNANDES	M	PT	2173	INDIVIDUAL	456	M20	119	00:00:00	01:31:21	00:42:41
Jose	Manuel Agrelo Estevez	M	GL	1696	Individual	457	M40	87	01:30:38	01:31:28	00:45:53
SONGY	PENA LOMBA	M	GL	900	VICTOR PAZOS & BUGALLAS MOBLES	458	M45	81	01:30:53	01:31:31	00:43:35
Emanuel	Matos	M	PT	410	Clube Fluvial Vilacondense	459	M35	81	01:31:15	01:31:33	00:42:26
faber	bastos	M	PT	767	Individual	460	M40	88	01:31:16	01:31:34	00:40:17
OSCAR	LOUREIRO	M	PT	1310	GRUPO DOURO AZUL	461	M50	78	01:31:07	01:31:37	00:43:48
Nuno	Vieira	M	PT	570	Individual	462	M20	120	01:31:18	01:31:38	00:42:00
Bruno	Alexandre Silva Araújo	M	PT	812	Individual	463	M35	82	01:31:13	01:31:38	00:43:52
NUNO SA	LIMA	M	PT	2177	CLUBE GBES	464	M45	82	01:31:19	01:31:40	00:43:30
Pedro	Peixoto	M	PT	446	Vitória Sport Clube	465	M35	83	00:00:00	01:31:40	00:43:03
Xosé	Manuel Carrera Carrera	M	GL	1022	Individual	466	M40	89	01:30:32	01:31:42	00:44:51
MANUEL	LOJO CARAMES	M	GL	1583	PATO BLANCO	467	M20	121	01:31:11	01:31:43	00:43:10
Marcos	Vidal	M	GL	1769	veteran@sdegalicia	468	M20	122	01:31:10	01:31:43	00:43:21





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Bernardino	Guimarães	M	PT	1526	A.D.R. OUTEIRENSE	469	M45	83	01:31:10	01:31:43	00:42:11
João	Pedro Mendes Capa	M	PT	701	Individual	470	M35	84	01:31:13	01:31:48	00:43:05
João	Álvaro Mendes Capa	M	PT	700	Individual	471	M40	90	01:31:14	01:31:49	00:43:32
ALEJANDRO	RIOS OYA	M	GL	785	clube xadrez marin	472	M20	123	01:31:21	01:31:50	00:42:26
Francisco	Lemos	M	PT	1025	Corre Connosco Felgueiras	473	M50	79	01:31:33	01:31:51	00:43:49
Manuel	Peixoto	M	PT	1819	Individual	474	M40	91	01:31:19	01:31:53	00:43:59
Carlos	de la Vega Sierra	M	GL	1798	Individual	475	M20	124	01:30:35	01:31:55	00:44:46
FILIPE	FIDALGO	M	PT	358	MAIA ATLETICO CLUBE	476	M20	125	00:00:00	01:31:59	00:42:23
Augusto	Marques	M	PT	1654	N.A. TAIPAS	477	M45	84	01:31:44	01:32:00	00:43:41
JOSE DANIEL	QUINTAIROS	M	PT	2197	INDIVIDUAL	478	M50	80	01:31:23	01:32:03	00:00:00
ALFONSO CODON	VEGA	M	GL	2117	INDIVIDUAL	479	M40	92	01:31:28	01:32:04	00:44:57
Paulo	guimarães	M	PT	378	CAVE esposende	480	M50	81	01:30:49	01:32:06	00:00:00
MANUEL	GONÇALVES	M	PT	1302	GRUPO DOURO AZUL	481	M50	82	01:31:48	01:32:06	00:42:30
Vasco	Figueiredo	M	PT	251	DASDIKES	482	M45	85	01:32:01	01:32:06	00:39:50
José	Luis Pires	M	PT	642	Individual	483	M40	93	01:31:30	01:32:07	00:44:06
jose	carlos gago dorna	M	GL	816	Atletismo Porriño	484	M20	126	01:31:33	01:32:10	00:00:00
ALEXANDRE	SILVA	M	PT	1258	CENTRO RECREIO POPULAR S. TIAGO	485	M50	83	01:31:36	01:32:11	00:44:03
ANTONIO	GOMES	M	PT	1515	MOVIMENTO DE JUVENTUDE DE MERELÍM	486	M20	127	01:31:45	01:32:13	00:42:26
Jose	Luis Novoa Cid	M	GL	927	Individual	487	M35	85	01:31:54	01:32:13	00:41:45
HUGO	FERNANDES	M	PT	1612	Individual	488	M35	86	01:31:49	01:32:14	00:44:22
Jaime	Fernandez Blas	M	GL	1849	Individual	489	M35	87	01:31:24	01:32:14	00:43:38
emilio	blanco-praia runners	M	GL	783	Individual	490	M50	84	00:00:00	01:32:17	00:43:34
Fernando	Abreu	M	GL	727	C.A.R. Marisqueiro	491	M45	86	01:32:04	01:32:17	00:44:03
Manuel	Tavares	M	PT	654	Açoreana Clube Banif	492	M35	88	00:00:00	01:32:18	00:42:23
Joaquim	Monteiro	M	PT	420	Leões da Agra	493	M45	87	01:31:12	01:32:21	00:45:04
JOAQUIM	PEREIRA	M	PT	1227	FERREIROLUX	494	M50	85	01:31:56	01:32:25	00:43:50
Daniel	.	M	GL	332	Individual	495	M35	89	00:00:00	01:32:26	00:44:14
Rogério	Fernandes	M	PT	1988	Estornorte	496	M40	94	01:31:55	01:32:30	00:46:19
MAXIMIANO	RODRIGUES	M	PT	1251	CENTRO RECREIO POPULAR S. TIAGO	497	M45	88	01:31:57	01:32:32	00:44:05
NORBERTO	OLIVEIRA	M	PT	2090	NUCLEO DE ATLETISMO DE CUCUJÃES	498	M50	86	01:32:10	01:32:32	00:44:17
Anxo	Barros	M	GL	1763	veteran@sdegalicia	499	M45	89	01:32:05	01:32:34	00:42:47
CESAR	BARROS	M	PT	2014	PORTO RUNNERS	500	M20	128	01:31:29	01:32:35	00:44:36
MODESTO	GOMEZ GARCIA	M	GL	625	Atletismo Fontes do sat	501	M50	87	01:31:49	01:32:35	00:44:01
francisco	lopez hidalgo	M	GL	829	Individual	502	M20	129	01:31:44	01:32:37	00:43:56
JOÃO	VEIGA DA CRUZ	M	PT	1496	TRILHOS E COMPANHIA - NEVES F. C.	503	M35	90	01:32:12	01:32:37	00:44:29
JULIO	ÁLVAREZ ESTÉVEZ	M	GL	1523	Individual	504	M40	95	01:31:33	01:32:38	00:44:53





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Amândio	Soares	M	PT	199	Arsenal da Devesa - Braga	505	M50	88	01:32:33	01:32:41	00:44:01
JORGE	SOARES	M	PT	67	CYCLONES SANITOP	506	M40	96	01:32:40	01:32:42	00:42:08
VICTOR	MANUEL CARBALLIDO ARAUJO	M	GL	694	TANINOS RUNNERS PONTEAREAS	507	M40	97	01:31:35	01:32:45	00:45:52
Nascimento	Pires	M	PT	506	amigos quinta das freiras	508	M40	98	01:32:37	01:32:45	00:43:13
FRANCISCO	RAMON BLANCO PAN	M	GL	1584	Individual	509	M35	91	01:32:14	01:32:48	00:43:50
JESUS	PEREIRO MALLO	M	GL	688	FONTES DO SAR	510	M45	90	01:32:02	01:32:49	00:43:53
Candito	Pitta	M	PT	906	GD Estaleiros Navais	511	M50	89	01:32:23	01:32:50	00:42:43
Julio	Mota	M	PT	443	Vitória Sport Clube	512	M35	92	01:32:43	01:32:51	00:43:02
JOÃO	NETO	M	PT	2025	PORTO RUNNERS	513	M40	99	01:32:27	01:32:51	00:44:10
FILIPE	MANUEL RIBEIRO	M	PT	1862	A. C. VERMOIM	514	M35	93	01:32:13	01:32:52	00:43:31
FILIPE	LIMA	M	PT	809	GRUPO DESPORTIVO SANTANDER	515	M35	94	01:31:28	01:32:53	00:45:57
gonçalo	miranda	M	PT	219	trilhos e companhia - neves f. c.	516	M50	90	01:32:28	01:32:53	00:44:22
antonio	guerra	M	PT	220	trilhos e companhia - neves f. c.	517	M50	91	01:32:29	01:32:54	00:44:22
Antonio	José Coimbra Franco	M	PT	325	Individual	518	M35	95	01:32:10	01:32:54	00:45:41
Armando	Macedo	M	PT	405	Amigos Quinta das Freiras	519	M50	92	01:32:50	01:32:56	00:43:59
RAÚL	VELOSO	M	PT	1540	OS BRAGUINHAS	520	M50	93	01:31:18	01:32:57	00:00:00
ANA	SALGADO	F	PT	1287	GRUPO DOURO AZUL	521	F20	15	01:32:58	01:32:58	00:00:00
MANUEL	RIBEIRO	M	PT	1292	GRUPO DOURO AZUL	522	M45	91	01:32:51	01:32:58	00:40:11
DIOGO	SOUSA	M	PT	2132	G JUV VILA DE PUNHE	523	M20	130	01:32:59	01:32:59	00:41:41
SERGIO	AMORIM	M	PT	1291	GRUPO DOURO AZUL	524	M40	100	01:32:57	01:32:59	00:42:42
FERNANDO	LAGO CASTRO	M	GL	1728	REDONELITE - SOID	525	M35	96	01:31:38	01:32:59	00:46:16
Ricardo	Manuel da Costa Ferreira	M	PT	1521	Individual	526	M20	131	01:31:52	01:33:00	00:45:11
LUIS	DAVID MARTIN PEÑA	M	GL	1438	Individual	527	M40	101	01:31:49	01:33:00	00:44:53
Charo	Figueroa Figueroa	F	GL	1119	C.A. CORREDOIRAS	528	F20	16	01:32:30	01:33:01	00:44:00
Rui	Pedro Pereira Rodrigues	M	PT	129	Individual	529	M20	132	01:32:44	01:33:01	00:42:37
LUIS	AZEVEDO	M	PT	1989	Individual	530	M20	133	01:32:13	01:33:01	00:44:27
BARTOLOMÉ	SANMARTÍN CAAMAÑO	M	GL	1312	ATLETISMO NOIA	531	M35	97	01:32:39	01:33:02	00:44:55
DR	JOAO PAULO MARTINS CORREIA	M	PT	1197	Individual	532	M45	92	01:32:48	01:33:03	00:44:34
Juan	Miguel Costa Lago	M	GL	1754	PRAIA DE CARNOTA RUNNERS	533	M45	93	01:32:37	01:33:04	00:45:17
MARCOS	GARCIA LAGO	M	GL	522	Individual	534	M40	102	01:32:01	01:33:05	00:44:13
jesus	eduardo	M	GL	1395	Individual	535	M20	134	01:32:09	01:33:05	00:45:15
jorge	teixeira	M	PT	954	barbeariateixeira	536	M35	98	01:32:46	01:33:07	00:45:40
Luís	Silva	M	PT	1628	AASM - Triatlo	537	M40	103	01:32:47	01:33:07	00:44:17
Ester	Sofia Alves	F	PT	1492	CDC NAVAIS	538	F20	17	01:33:08	01:33:08	00:43:33
Victor	Lima	M	PT	403	Amigos Quinta das Freiras	539	M40	104	01:32:32	01:33:09	00:44:59
João	Carlos Oliveira	M	PT	607	Individual	540	M40	105	01:33:04	01:33:09	00:43:34



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
José	Silva	M	PT	614	ACRDE	541	M45	94	01:32:46	01:33:11	00:44:17
SERGIO MANUEL	JORGE	M	PT	2180	INDIVIDUAL	542	M40	106	01:32:53	01:33:12	00:44:01
Manuel	Estévez Barros	M	GL	886	Individual	543	M35	99	01:31:57	01:33:13	00:45:21
João	Silva	M	PT	1650	N.A. TAIPAS	544	M50	94	00:00:00	01:33:14	00:43:55
ANTONIO	DIAS	M	PT	1349	CLUBE VETERANOS DO PORTO	545	M45	95	01:32:37	01:33:15	00:44:10
Fernando	Alvarez	M	GL	1828	RCNV	546	M40	107	01:32:06	01:33:15	00:43:47
Juan	A. Gómez Álvarez	M	GL	495	Individual	547	M35	100	01:32:21	01:33:15	00:43:25
GUILHERME	MARTINS	M	PT	112	MOVIMENTO DE JUVENTUDE DE MERELÍM	548	M35	101	01:32:13	01:33:15	00:44:48
RUI	LIMA	M	PT	1202	GAVIÕES	549	M45	96	01:33:08	01:33:16	00:42:33
PAULO	NEVES	M	PT	1357	CLUBE VETERANOS DO PORTO	550	M45	97	01:32:39	01:33:18	00:44:14
QUIRINO	DE ARAÚJO DIAS PEIXOTO	M	PT	1381	TURISTAS PRADENSES	551	M50	95	01:32:21	01:33:19	00:46:00
António	Mota	M	PT	402	Amigos Quinta das Freiras	552	M50	96	01:33:03	01:33:21	00:45:07
JOSE	MANUEL GARCIA ESTEVEZ	M	GL	740	Individual	553	M35	102	01:33:07	01:33:22	00:40:02
Manuel	Cutrín Domínguez	M	GL	1181	fontes do sar	554	M20	135	01:32:19	01:33:23	00:45:28
FERNANDO	SACRAMENTO	M	PT	2150	GINASIO FIT E FUN VALE DE CAMBRA	555	M45	98	01:32:35	01:33:25	00:45:10
luis	pinho	M	PT	1746	ginasio fit e fun vale de cambra	556	M35	103	01:32:35	01:33:25	00:45:10
JOAQUIM	GOMES	M	PT	1858	A D RIO LARGO CLUBE DE ESPINHO	557	M50	97	00:00:00	01:33:26	00:44:23
FRANCISCO	COUCEIRO MAGAN	M	GL	746	Individual	558	M45	99	01:32:41	01:33:27	00:44:00
André	Bastos	M	PT	837	Individual	559	M20	136	01:32:11	01:33:32	00:47:52
jose	manuel mosquera vello	M	GL	1910	club alejandro gomez	560	M40	108	01:32:47	01:33:33	00:45:00
CLAUDIO	GASPAR	M	PT	96	MARATONA CLUB DE PORTUGAL	561	M40	109	01:33:33	01:33:34	00:43:58
Andre	Barbosa Vasconcelos	M	PT	180	Pedalarte	562	M20	137	01:33:25	01:33:37	00:43:55
MIGUEL	ANGEL BREA LOPEZ	M	GL	722	Individual	563	M40	110	01:32:46	01:33:38	00:44:53
NELSON	VALENTE	M	PT	115	Individual	564	M35	104	01:33:30	01:33:41	00:44:34
ANTONIO MANUEL	SILVA	M	PT	619	ZUPPER	565	M35	105	01:32:06	01:33:42	00:46:23
Jose	Posada	M	GL	1765	veteran@sdegalicia	566	M40	111	01:32:27	01:33:43	00:45:51
JOSÉ	OLIVEIRA	M	PT	1207	GAVIÕES	567	M35	106	01:33:38	01:33:45	00:42:36
Marco	André da Silva Almeida	M	PT	1683	Clube Galp Energia Norte	568	M35	107	01:33:24	01:33:45	00:44:28
JUAN	ANTONIO QUIÑONES MIGUEZ	M	GL	608	Individual	569	M40	112	01:32:41	01:33:45	00:44:12
orlando	vieira	M	PT	372	CAVE Esposende	570	M50	98	01:33:15	01:33:45	00:44:22
José	Guimarães	M	PT	1668	N.A. TAIPAS	571	M45	100	01:33:26	01:33:47	00:44:32
Nelson	Montenegro Romeu	M	PT	242	Individual	572	M20	138	00:00:00	01:33:49	00:42:57
maximino	limens prado	M	GL	1919	club alejandro gomez	573	M50	99	01:33:16	01:33:50	00:45:31
Armando	Oliveira	M	PT	335	lousada runners	574	M50	100	01:32:38	01:33:50	00:43:40
RODRIGO	FERREIRA	M	PT	90	UNICER	575	M40	113	01:33:50	01:33:52	00:42:34
PEDRO	TEIXEIRA	M	PT	634	CLUBE DE ATLETISMO DE VILA DO BISPO	576	M35	108	01:33:48	01:33:52	00:46:05



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
José	Carlos Baptista Pereira	M	PT	957	Individual	577	M20	139	01:32:33	01:33:53	00:45:34
Jorge	LAMAS FERREIRA	M	GL	290	Individual	578	M35	109	01:33:42	01:33:54	00:41:09
RUI	MENDES	M	PT	2076	PORTO RUNNERS	579	M35	110	01:33:54	01:33:54	00:43:11
Pedro	Rosa Afonso	M	PT	396	Individual	580	M40	114	01:33:48	01:33:54	00:43:23
alberto	meireles	M	PT	505	Individual	581	M50	101	01:33:46	01:33:55	00:43:36
Eurico	Emanuel Miranda Moura	M	PT	697	Individual	582	M20	140	01:33:46	01:33:55	00:43:37
JOSE	MARIZ	M	PT	1791	OS LARANJINHAS	583	M40	115	01:32:38	01:33:55	00:46:22
Pedro	Brito	M	PT	178	Individual	584	M40	116	01:33:17	01:33:55	00:45:41
Manuel	Fernando de Sousa Alves	M	PT	1024	Corre Connosco Felgueiras	585	M45	101	01:33:44	01:33:57	00:43:50
Marcos	Villaverde Gomez	M	GL	1706	Individual	586	M20	141	01:32:41	01:33:57	00:44:58
victor	manuel mourinho fortes	M	GL	1387	atletismo porriño	587	M20	142	01:33:23	01:33:58	00:42:21
Gabriel	Fagundes Meira	M	PT	114	Individual	588	M35	111	01:33:27	01:34:00	00:45:15
Juan	carlos fernandez caride	M	GL	1564	c.c.a.carballiño	589	M40	117	01:32:59	01:34:03	00:44:50
J.	ANTONIO GALLARDO CANITROT	M	GL	546	Individual	590	M35	112	01:32:59	01:34:03	00:44:48
JOSE	MANUEL IGLESIAS ARAUJO	M	GL	1647	KORPORE CARBALLIÑO	591	M40	118	01:32:59	01:34:03	00:44:48
EVELINA	SHAMAROVA	F	PT	2017	PORTO RUNNERS	592	F20	18	01:33:55	01:34:03	00:44:22
VIRGILIO	CARCAO	M	PT	2144	CLUBE PT	593	M40	119	01:33:41	01:34:06	00:44:41
Marino	Rodrigues	M	PT	183	Individual	594	M20	143	01:33:59	01:34:10	00:44:12
Rui	Correia	M	PT	407	Amigos Quinta das Freiras	595	M45	102	01:33:36	01:34:13	00:45:02
António	Carvalho	M	PT	1985	Estornorte	596	M45	103	01:33:37	01:34:14	00:45:02
Mario	Carmona	M	GL	1766	veteran@sdegalicia	597	M40	120	01:32:59	01:34:15	00:46:11
Carlos	Alberto Pereira	M	GL	937	Individual	598	M45	104	00:00:00	01:34:17	00:00:00
LUIS	CRESPO ROCA	M	GL	695	Individual	599	M50	102	01:33:54	01:34:18	00:43:45
Antonio	Gonçalves	M	PT	421	Leões da Agra	600	M45	105	01:33:11	01:34:19	00:44:31
JOÃO	CUNHA	M	PT	1262	CENTRO RECREIO POPULAR S. TIAGO	601	M50	103	01:33:53	01:34:21	00:44:36
Luis	Manuel da Silva Antunes	M	PT	851	Individual	602	M40	121	01:34:09	01:34:23	00:44:10
Rui	Alves	M	PT	408	Amigos Quinta das Freiras	603	M35	113	01:33:52	01:34:23	00:45:16
António	Carlos Canelhas	M	PT	1605	Grupo Recreativo Estrela do Bonfim	604	M50	104	01:34:09	01:34:24	00:44:50
Carlos	Mata	M	PT	111	Individual	605	M40	122	01:33:05	01:34:24	00:45:41
António	Fernandes	M	PT	1525	A.D.R. OUTEIRENSE	606	M50	105	01:34:00	01:34:27	00:43:05
FRANCISCO	SOBRINO	M	GL	1978	ATHLETICS B	607	M50	106	01:33:55	01:34:28	00:44:48
Joaquim	Ferreira	M	PT	1211	A.R.N. - Os Flechinhos	608	M50	107	00:00:00	01:34:36	00:40:09
SILVINO	MOURISCO	M	PT	2083	PORTO RUNNERS	609	M40	123	01:34:26	01:34:37	00:44:31
José	Afonso	M	PT	1220	Individual	610	M40	124	01:34:17	01:34:38	00:44:59
ALVARO	REIS	M	PT	1853	A D RIO LARGO CLUBE DE ESPINHO	611	M45	106	01:34:18	01:34:38	00:43:46
ARMANDO	VERDE MOREIRA	M	GL	222	Individual	612	M40	125	01:33:24	01:34:40	00:47:02



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Julio	López Carracedo	M	GL	896	Individual	613	M40	126	01:33:08	01:34:40	00:45:54
jose	luis requejo rodriguez	M	GL	1559	c.c.a.carballiño	614	M40	127	01:33:42	01:34:45	00:44:48
Joao	Oliveira	M	PT	445	Vitória Sport Clube	615	M45	107	01:34:43	01:34:46	00:44:01
Patrick	Silva	M	PT	217	TEAM BIKE SPACE	616	M35	114	01:34:40	01:34:47	00:44:19
João	Pinto	M	PT	204	Liberdade Futebol Clube	617	M40	128	01:34:16	01:34:47	00:44:43
Sergio	JACINTO	M	PT	470	Individual	618	M35	115	01:33:17	01:34:50	00:45:13
ANTÓNIO	RODRIGUES	M	PT	1534	OS BRAGUINHAS	619	M50	108	01:34:41	01:34:52	00:43:10
JOSE	MARIA LEVOSO TOUCEDA	M	GL	194	ESPRINTES OURENSE	620	M40	129	01:34:16	01:34:52	00:44:56
José	António Miranda da Silva	M	PT	141	Individual	621	M40	130	01:34:48	01:34:53	00:44:23
Bruno	Miguel Carvalho Monteiro	M	PT	357	Individual	622	M20	144	01:34:55	01:34:55	00:43:55
Silvério	Pinto	M	PT	1878	Comperto	623	M45	108	01:34:17	01:34:59	00:44:37
João	Felisbino Garcia Oliveira	M	PT	831	CHAVES RUNNING TEAM	624	M20	145	01:33:48	01:35:00	00:44:08
JOSÉ	SANTOS	M	PT	1259	RECREIO DESPORTIVO DE AGUEDA	625	M45	109	01:34:04	01:35:01	00:44:19
Jorge	Carneiro	M	PT	279	Porto Runners	626	M20	146	01:34:54	01:35:05	00:44:49
Manuel	Oliveira	M	PT	136	Individual	627	M45	110	00:00:00	01:35:05	00:44:39
ANTONIO	RIBEIRO	M	PT	2009	PORTO RUNNERS	628	M40	131	01:33:52	01:35:05	00:46:14
MANUEL	LUIS	M	PT	2145	NUCLEO DE ATLETISMO DE CUCUJÃES	629	M50	109	01:33:58	01:35:08	00:47:04
José	Castro	M	PT	562	Individual	630	M40	132	01:35:02	01:35:10	00:44:26
DANIEL	SILVA	M	PT	549	GNR GUIMARÃES	631	M35	116	01:35:10	01:35:10	00:44:26
PRIMITIVO	PARDO PEREZ	M	GL	419	ROZA TOXOS	632	M45	111	01:33:52	01:35:12	00:46:08
Helder	Filipe Silva Campos	M	PT	382	Individual	633	M20	147	01:33:58	01:35:12	00:47:03
JOSE	PESSOA	M	PT	1834	CLUBE DE ATLETISMO DE VILA DO BISPO	634	M40	133	00:00:00	01:35:13	00:44:58
MANUEL	LOPEZ ALONSO	M	GL	520	ATLETISMO PORRIÑO	635	M40	134	01:34:41	01:35:15	00:45:25
LUIS	PALHARES	M	PT	2042	PORTO RUNNERS	636	M20	148	01:34:51	01:35:15	00:44:26
ARTUR	FERRAZ	M	PT	1159	A KARATE FELGUEIRAS	637	M50	110	01:34:24	01:35:16	00:44:42
ANTÓNIO	PATRÍCIO	M	PT	1797	WELLDOMUS	638	M45	112	01:35:07	01:35:18	00:43:03
Marco	lopes	M	PT	120	Individual	639	M20	149	01:34:35	01:35:19	00:46:21
Jose	Antonio Varela Barrera	M	GL	698	Taninos runners	640	M50	111	01:34:11	01:35:20	00:45:33
ROBERTO	CARRIL COMESAÑA	M	GL	1725	CLUB TIERRA TRAGAME	641	M40	135	01:34:25	01:35:22	00:46:25
Paulo	Cesar Martins Carvalho	M	PT	749	Individual	642	M20	150	01:34:56	01:35:23	00:45:44
António	Afonso	M	PT	1677	N.A. TAIPAS	643	M45	113	01:35:08	01:35:25	00:43:49
Joaquim	fernando Costa Marques	M	PT	918	Grupo Cultural Recreativo Alvarelhos	644	M45	114	01:35:17	01:35:27	00:45:29
JOAO	PEDRO DA VEIGA FERNANDES	M	PT	182	Individual	645	M35	117	01:35:20	01:35:29	00:43:41
Ilídeo	Peixoto	M	PT	498	CAVE Esposende	646	M45	115	01:35:26	01:35:29	00:44:21
Manuel	Cruz	M	PT	99	Individual	647	M50	112	01:34:00	01:35:31	00:47:03
JOSE	ANGEL GONZALEZ MIGUEZ	M	GL	1729	REDONELITE - SOID	648	M35	118	01:34:09	01:35:31	00:46:56



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
jose	manuel miguez piñeiro	M	GL	1481	Individual	649	M45	116	01:34:57	01:35:33	00:45:27
Carlos	Durán	M	GL	1813	Individual	650	M40	136	01:34:31	01:35:34	00:45:32
AMÉRICO	FERREIRA	M	PT	1531	OS BRAGUINHAS	651	M50	113	01:34:21	01:35:40	00:46:59
LUIS	MADEIRA	M	PT	2103	HLM-FEMAB	652	M35	119	01:34:43	01:35:40	00:45:16
FERNANDO	ALCAIDE	M	PT	1537	OS BRAGUINHAS	653	M50	114	01:34:24	01:35:42	00:46:59
Daniel	Cruz	M	PT	1943	I-Run	654	M20	151	01:34:43	01:35:42	00:47:19
JORGE	FONSECA	M	PT	1346	GRUPO DOURO AZUL	655	M45	117	01:35:42	01:35:42	00:45:09
Borja	Cadilla Lomba	M	GL	1467	San Xerome	656	M20	152	00:00:00	01:35:45	00:44:43
RAMIRO	PINHEIRO	M	PT	467	VITÓRIA SPORT CLUBE	657	M35	120	01:35:39	01:35:47	00:45:57
Artur	Manuel Ribeiro Matos	M	PT	151	Individual	658	M40	137	01:35:33	01:35:48	00:43:59
NUNO	GONÇALVES	M	PT	2063	PORTO RUNNERS	659	M35	121	01:34:27	01:35:48	00:46:14
ALBANO	DA SILVA PARENTE	M	PT	1792	Individual	660	M40	138	01:35:33	01:35:48	00:43:59
VITOR	LOPES	M	PT	2126	GINASIO C SANTO TIRSO	661	M40	139	01:35:39	01:35:50	00:44:36
ARNALDO	SILVA	M	PT	1558	OS BRAGUINHAS	662	M50	115	01:34:12	01:35:52	00:00:00
JOSE	MACHADO	M	PT	1	CYCLONES SANITOP	663	M45	118	01:35:53	01:35:53	00:42:56
DELFIN	CONCEIÇÃO	M	PT	32	A REC ESTRELAS DO SUL	664	M40	140	01:35:53	01:35:55	00:40:58
Anton	Pousada	M	GL	1762	veteran@sdegalicia	665	M50	116	01:34:39	01:35:55	00:46:12
SALVADOR	SILVA	M	PT	2178	CLUBE GBES	666	M35	122	01:35:45	01:35:55	00:44:07
Leandro	Freitas	M	PT	134	Individual	667	M45	119	01:35:20	01:35:56	00:44:16
Luis	Mariano Fernandez	M	GL	1560	Club Atletismo Fontes Do Sar	668	M40	141	01:35:01	01:35:58	00:46:26
Henrique	Manuel Telo Alves	M	PT	327	Individual	669	M20	153	01:34:39	01:36:00	00:46:11
ALBERTO	VEIGA MARTINEZ	M	GL	1618	TANINOS RUNNERS PONTEAREAS	670	M40	142	01:34:50	01:36:00	00:45:52
Celestino	Silva	M	PT	870	Café Ponto Final /Sasia	671	M45	120	01:35:42	01:36:01	00:44:02
Juan	Carlos Raña Gregorio	M	GL	1173	C.A.R. Marisqueiro	672	M40	143	01:35:26	01:36:02	00:45:27
Marco	Silva	M	PT	1675	N.A. TAIPAS	673	M20	154	01:35:02	01:36:03	00:45:22
José	Ponte	M	PT	777	Individual	674	M50	117	01:35:36	01:36:03	00:44:33
Jaime	Carlos Assunção Moreira	M	PT	914	G.C.D.ALVARELHOS	675	M45	121	01:35:57	01:36:05	00:45:29
CARLOS	BRITO	M	PT	1233	FERREIROLUX	676	M45	122	01:35:51	01:36:05	00:44:40
Valter	Passos	M	PT	1891	VianaCycles	677	M35	123	01:35:27	01:36:06	00:46:04
PAULO	ROLANDO FREITAS COELHO	M	PT	938	VIANACYCLES	678	M35	124	01:35:24	01:36:06	00:45:35
Pedro	Gonçalves	M	PT	830	CAC	679	M20	155	01:35:38	01:36:06	00:45:44
MANUEL	SILVA	M	PT	1208	GAVIÕES	680	M40	144	01:35:58	01:36:07	00:44:19
EDUARDO	PAQUETE	M	PT	1306	GRUPO DOURO AZUL	681	M50	118	01:35:08	01:36:08	00:00:00
ARTUR	FREITAS	M	PT	988	MAIA ATLETICO CLUBE	682	M50	119	01:35:57	01:36:09	00:44:28
RUI	EUSÉBIO	M	PT	1780	OS ROMPE SOLAS	683	M40	145	01:35:58	01:36:10	00:44:43
francisco	moreira	M	PT	133	barriguitas / porto	684	M35	125	01:35:18	01:36:11	00:48:03





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
José	Lopes	M	PT	1669	N.A. TAIPAS	685	M45	123	01:35:05	01:36:12	00:47:00
JOSE	AUGUSTO GUEDES NEVES	M	PT	1751	Individual	686	M35	126	01:36:00	01:36:13	00:44:54
Joaquim	Fernando Ferreira Fernandes	M	PT	1435	Individual	687	M40	146	01:35:59	01:36:14	00:44:18
Abílio	Pedro Fernandes Moreira	M	PT	1376	Individual	688	M35	127	01:35:14	01:36:15	00:49:02
Pedro	Brandão	M	PT	1061	Individual	689	M20	156	01:35:21	01:36:16	00:44:58
Rufino	Joaquim Pereira Moreira	M	PT	1815	Grupo Amizade-Tempos Livres e Educação para a	690	M40	147	01:35:49	01:36:17	00:46:27
EDUARDO	BRANDÃO	M	PT	2015	PORTO RUNNERS	691	M20	157	01:35:58	01:36:17	00:43:22
MODESTO	MARTINEZ ZUÑIGA	M	GL	1652	Individual	692	M40	148	01:35:18	01:36:18	00:46:55
Antonio	Rui Baptista Silva	M	PT	659	Individual	693	M40	149	01:35:50	01:36:19	00:44:46
DIEGO	CASTRO BALBOA	M	GL	750	Individual	694	M35	128	01:35:08	01:36:20	00:47:24
Pedro	Poças	M	PT	1378	Clube dos Colaboradores AXA	695	M20	158	01:36:01	01:36:20	00:47:04
Christopher	Williams	M	PT	267	Individual	696	M20	159	01:35:30	01:36:21	00:46:38
Carlos	Bruno Dias Machado	M	PT	1150	Grupo Desportivo da Limpeza Urbana - CMP	697	M20	160	01:35:12	01:36:22	00:48:18
MARCOS	VARELA MÉNDEZ	M	GL	632	Individual	698	M35	129	01:35:12	01:36:24	00:47:24
DAVID	GONÇALVES	M	PT	1232	FERREIROLUX	699	M50	120	01:35:39	01:36:25	00:45:43
MANUEL	MARTINEZ FERNANDEZ	M	GL	1660	atletismo porriño	700	M40	150	01:35:52	01:36:26	00:45:25
JOSE	GRAÇA	M	PT	2171	A C R VALE DE CAMBRA	701	M45	124	01:36:24	01:36:29	00:41:14
JOÃO	CRAVEIRO	M	PT	2028	PORTO RUNNERS	702	M35	130	01:35:28	01:36:31	00:46:55
LUIS	ALMEIDA	M	PT	2043	PORTO RUNNERS	703	M40	151	01:35:23	01:36:31	00:46:39
Nuno	Joel Rodrigues Araújo	M	PT	1948	Whiskytistas	704	M20	161	01:36:20	01:36:32	00:47:52
MARIBEL	GONÇALVES	F	PT	2186	INDIVIDUAL	705	F20	19	01:36:07	01:36:33	00:00:00
José	Teixeira	M	PT	1785	CENAP	706	M50	121	01:36:14	01:36:35	00:45:41
Jorge	Ferreira	M	PT	1047	Individual	707	M35	131	01:35:42	01:36:37	00:45:57
FRANCISCO	BARROS PEREZ	M	GL	1419	Individual	708	M50	122	00:00:00	01:36:40	00:00:00
Paulo	Jorge Pinho Ferreira	M	PT	371	Individual	709	M45	125	01:36:12	01:36:42	00:47:02
EDUARDO	SOUSA	M	PT	1297	GRUPO DOURO AZUL	710	M50	123	01:36:10	01:36:42	00:47:02
francisco	javier zufiaurre	M	GL	882	Individual	711	M35	132	01:35:49	01:36:43	00:43:16
MANUEL	PEREIRA	M	PT	1229	FERREIROLUX	712	M45	126	01:35:39	01:36:44	00:46:22
NUNO	PAZ	M	PT	2114	VIANACYCLES	713	M20	162	01:35:06	01:36:44	00:50:09
Fernando	Miguel Gomes Remelgado	M	PT	130	Individual	714	M35	133	01:36:45	01:36:45	00:45:55
António	Carlos Bento Almeida	M	GL	1565	Individual	715	M50	124	01:36:16	01:36:46	00:46:13
Casimiro	Fernandes	M	PT	439	Vitória Sport Clube	716	M50	125	01:36:40	01:36:47	00:46:17
PABLO	MIGUEZ CORDO	M	GL	1941	Individual	717	M35	134	01:36:32	01:36:49	00:44:12
Carlos	Muradás Núñez	M	GL	458	ESPRINTES OURENSE	718	M40	152	01:36:15	01:36:51	00:45:22
GERALDO	GOMES	M	PT	603	C A ESTRELAS DO MARCO DE CANAVESES	719	M45	127	01:36:48	01:36:53	00:43:20
ANTÓNIO	BRANDÃO RUELA	M	PT	942	Individual	720	M50	126	01:36:27	01:36:57	00:44:46





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
carlos	alberto pedro gonalves	M	PT	336	Individual	721	M35	135	01:36:58	01:37:01	00:46:00
JOSE	Manuel	M	GL	703	Club ciclista la cuesta	722	M50	127	01:36:01	01:37:02	00:46:07
JOSÉ	COELHO	M	PT	1614	Individual	723	M20	163	01:36:14	01:37:03	00:46:16
Carlos	Manuel Moreira da Silva	M	PT	209	Chill Out	724	M40	153	01:36:47	01:37:03	00:44:59
roberto	exposito exposito	M	GL	1921	club alejandro gomez	725	M35	136	01:36:51	01:37:05	00:44:58
david	lado gonzalez	M	GL	1749	Individual	726	M20	164	01:36:47	01:37:05	00:44:47
CARLOS CID	COELHO	M	PT	2118	INDIVIDUAL	727	M40	154	01:36:31	01:37:06	00:44:58
NICASIO	JUAN	M	GL	2140	ATLETISMO VIGO	728	M20	165	01:36:31	01:37:06	00:44:59
Samuel	Gomes	M	PT	903	GD Estaleiros Navais	729	M35	137	01:36:41	01:37:07	00:44:45
jose	rodriguez blanco	M	GL	764	Individual	730	M50	128	01:36:35	01:37:09	00:45:24
Rui	Amandi de Sousa	M	PT	817	Funtastics	731	M35	138	01:36:51	01:37:11	00:46:53
ARNALDO	ROGÉRIO RODRIGUES	M	PT	1110	Individual	732	M45	128	01:36:35	01:37:13	00:47:39
Serafín	Rodríguez González	M	GL	867	Individual	733	M45	129	01:36:10	01:37:15	00:47:48
CANDIDO	MONTEIRO	M	PT	1882	ASSOCIAÇÃO DESP. AMARANTE - ADA	734	M50	129	01:36:53	01:37:16	00:44:34
Manuel	Costa	M	PT	1578	Dasdikes	735	M50	130	01:37:02	01:37:17	00:45:55
JOSE	LEITE	M	PT	2125	GINASIO C SANTO TIRSO	736	M50	131	01:37:10	01:37:21	00:44:37
HELENA	MOURÃO	F	PT	2096	NUCLEO DE ATLETISMO DE MATOSINHOS	737	F20	20	01:36:16	01:37:21	00:47:58
Celestino	Garcia	M	PT	1676	Individual	738	M40	155	00:00:00	01:37:24	00:47:27
Pablo	García Núñez	M	GL	790	Individual	739	M20	166	01:35:55	01:37:27	00:46:45
cesar	luis m. lombra	M	PT	600	Individual	740	M45	130	01:36:49	01:37:27	00:46:59
Antonio	pereira	M	PT	398	Amigos Quinta das Freiras	741	M50	132	01:36:51	01:37:28	00:45:02
Silvia	Rodríguez Ferro	F	GL	229	Esprintes Ourense	742	F20	21	01:36:49	01:37:29	00:47:58
Paulo	Gomes	M	PT	223	Individual	743	M35	139	01:36:01	01:37:30	00:46:50
Arnaldo	João da Cruz	M	PT	1002	welldomus	744	M45	131	01:37:19	01:37:30	00:46:42
AGUSTIN	VILAS FERNANDEZ	M	GL	1179	CLUB ATLETISMO NOIA	745	M35	140	01:37:09	01:37:32	00:45:32
ANTONIO	FREITAS	M	PT	2196	CONFRARIA DA BIKE CLUBE	746	M40	156	01:36:27	01:37:33	00:47:58
RAMON	REY GEY	M	GL	1701	TRAN-TRAN	747	M50	133	00:00:00	01:37:33	00:44:39
MIGUEL	SANTOS	M	PT	2060	PORTO RUNNERS	748	M40	157	01:36:17	01:37:36	00:47:13
Antonio	Machado	M	PT	1818	Individual	749	M40	158	01:37:03	01:37:37	00:45:20
MANUEL	SILVA	M	PT	1245	SOARENSE SPORT CLUBE	750	M50	134	01:37:35	01:37:38	00:00:00
Emilio	Saborido Fernandez	M	GL	1814	Individual	751	M20	167	01:36:41	01:37:39	00:45:51
Luis	Vence Corton	M	GL	456	Individual	752	M40	159	01:37:19	01:37:41	00:45:13
José	Silva	M	PT	1627	AASM - Triatlo	753	M45	132	01:37:23	01:37:43	00:46:11
MÁRIO	ARAÚJO	M	PT	2094	Individual	754	M35	141	01:36:43	01:37:45	00:49:03
Ivo	Rúben Soares Dias	M	PT	163	Chill Out	755	M20	168	01:37:29	01:37:45	00:45:00
Ricardo	Cerejeira Leite	M	GL	124	Individual	756	M20	169	01:36:58	01:37:46	00:47:00



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
ARMANDO	CERQUEIRA	M	PT	578	GRUPO DESPORTIVO LEÕES DO VENEZA	757	M50	135	01:37:19	01:37:46	00:46:32
Paulo	Ricardo Carneiro Pinho	M	PT	1005	Individual	758	M20	170	01:37:29	01:37:46	00:45:31
Jacinto	Manuel Trindade Santos	M	PT	1054	Individual	759	M45	133	01:37:11	01:37:47	00:47:33
JOÃO	LELIS	M	PT	2024	PORTO RUNNERS	760	M35	142	01:36:49	01:37:51	00:47:06
Brígida	Raquel Dias Pinto	F	PT	926	Chill Out	761	F20	22	01:37:36	01:37:52	00:45:31
FRANCISCO	QUINTELA	M	GL	2129	NOITEBRA FC	762	M35	143	01:36:12	01:37:52	00:47:45
CARLOS	ABREU	M	PT	1520	MOVIMENTO DE JUVENTUDE DE MERELÍM	763	M50	136	01:37:23	01:37:52	00:45:34
Antonio	Melon Gonzalez	M	GL	1694	Individual	764	M50	137	01:37:24	01:37:56	00:00:00
Nuno	Filipe Alpoim	M	PT	196	Suicidas Brácaros	765	M20	171	01:36:46	01:37:58	00:46:37
Paulo	Jorge Machado	M	PT	1591	CTM - Vila Pouca de Aguiar	766	M35	144	01:36:58	01:38:00	00:45:14
Custódia	Rodrigues	F	PT	1673	N.A. TAIPAS	767	F20	23	01:37:45	01:38:00	00:45:40
ARTURO	BERMUDEZ FERREIRA	M	GL	1603	Individual	768	M40	160	01:37:05	01:38:05	00:46:55
JORGE	SANTOS	M	PT	2038	PORTO RUNNERS	769	M40	161	01:36:52	01:38:05	00:48:03
JOSE	VIEIRA	M	PT	84	UNICER	770	M45	134	01:37:53	01:38:05	00:46:21
Marcos	Vidal Criado	M	GL	811	Atletismo Tui Thermalia	771	M35	145	01:37:01	01:38:06	00:47:47
Antonio	Mariño Santamaría	M	GL	717	Individual	772	M50	138	01:37:09	01:38:07	00:46:41
Manuel	Lago Rama	M	GL	1796	Individual	773	M50	139	01:37:42	01:38:09	00:46:20
FRANCLIM CARDOSO	PRATA	M	PT	2156	WELLDOMUS	774	M20	172	01:38:01	01:38:11	00:45:59
JOSE	ANTON REY	M	GL	1418	Individual	775	M50	140	01:37:46	01:38:11	00:45:28
Antonio	Liebanas Blanco	M	GL	517	Individual	776	M50	141	01:36:45	01:38:13	00:47:43
Antonio	Liébanas Méndez	M	GL	518	Individual	777	M20	173	01:36:46	01:38:13	00:47:43
NUNO	CACERES	M	PT	2064	PORTO RUNNERS	778	M40	162	01:37:03	01:38:16	00:47:36
José	Rodrigues	M	PT	1679	Terroros do Asfalto	779	M35	146	01:37:13	01:38:16	00:49:02
jose	manuel de sá	M	PT	601	Individual	780	M45	135	01:37:38	01:38:17	00:46:59
OSCAR	LEITE	M	PT	1352	CLUBE VETERANOS DO PORTO	781	M45	136	01:37:36	01:38:17	00:46:36
CARLOS	DAVIDE	M	PT	2134	G JUV VILA DE PUNHE	782	M20	174	01:37:27	01:38:18	00:47:42
Joaquim	Manuel Pinto Vieira	M	PT	1680	"OS CACHOS"	783	M45	137	01:37:28	01:38:18	00:47:04
CARLOS ALBERTO	NEIVA	M	PT	2190	INDIVIDUAL	784	M45	138	01:37:45	01:38:18	00:46:39
JOAQUIM	CARVALHO FERREIRA	M	PT	1866	A. C. VERMOIM	785	M45	139	01:37:41	01:38:20	00:48:00
António	Baptista	M	PT	752	Individual	786	M35	147	01:37:29	01:38:21	00:47:05
RAQUEL	MARIA GUIMARÃES	F	PT	1462	INDIVIDUAL	787	F20	24	01:36:58	01:38:23	00:47:00
FRANCISCO	JAVIER ALVAREZ	M	GL	973	LICEO	788	M40	163	01:36:46	01:38:23	00:48:01
Fernando	Coelho	M	PT	1983	Estornorte	789	M40	164	01:37:49	01:38:25	00:46:24
Carlos	Manuel Pinto Vieira	M	PT	1681	"OS CACHOS"	790	M40	165	01:37:34	01:38:25	00:47:04
Luís	Manuel Caseiro de Brito	M	PT	234	Individual	791	M20	175	01:38:00	01:38:26	00:46:04
ANTÓNIO	CORUCHO	M	PT	547	GNR GUIMARÃES	792	M45	140	00:00:00	01:38:28	00:00:00



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Pedro	Magalhães	M	PT	1629	AASM - Triatlo	793	M20	176	01:38:08	01:38:28	00:46:05
Rogério	Dinis Vicente	M	PT	1056	STARolas	794	M35	148	01:37:38	01:38:31	00:49:06
Joaquim	ANTAO	M	GL	1731	Individual	795	M45	141	01:38:17	01:38:36	00:45:38
José	Ramón Sáez Suárez	M	GL	747	Ria de Ferrol C.A.	796	M20	177	01:37:43	01:38:36	00:45:10
JOAO	ANTONIO GONÇALVES CATALÃO	M	PT	433	Individual	797	M20	178	01:38:19	01:38:37	00:45:33
JUAN	RAMÓN PEÑA BARREIRO	M	GL	1039	ATLETISMO NOIA	798	M40	166	01:38:14	01:38:37	00:45:59
ANDRE	MAGALHAES	M	PT	45	SPORT ZONE	799	M20	179	01:37:36	01:38:37	00:49:01
Rui	Lopes	M	PT	504	Individual	800	M45	142	01:38:14	01:38:41	00:47:39
FILIPE	JORGE VARANDAS	M	PT	590	REPORTPRO	801	M35	149	01:38:11	01:38:44	00:46:25
João	Nuno Araújo	M	PT	465	Welldomus	802	M35	150	01:38:33	01:38:44	00:45:57
JOSE	CORREIA	M	PT	2116	VIANACYCLES	803	M20	180	01:37:06	01:38:45	00:50:09
AMARO	FRANCISCO FORNEIRO ROCHA	M	PT	1109	Individual	804	M45	143	01:38:45	01:38:46	00:45:28
João	P. Ferreira	M	PT	1632	AASM - Triatlo	805	M45	144	01:38:29	01:38:48	00:46:58
Daniel	Reis	M	PT	1626	AASM - Triatlo	806	M20	181	01:38:29	01:38:48	00:46:58
ALBERTO	CARNEIRO	M	PT	2119	GINASIO C SANTO TIRSO	807	M35	151	00:00:00	01:38:48	00:00:00
Juan	Pablo Figueroa Fernandez	M	GL	1470	Individual	808	M20	182	01:37:08	01:38:49	00:47:13
juan	j. paz	M	GL	1195	Individual	809	M45	145	01:38:28	01:38:49	00:43:24
JESUS	JANDRA GONZALEZ	M	GL	1405	A BOUZA SPRINT	810	M40	167	00:00:00	01:38:51	00:00:00
Carlos	Alberto Cepeda Freitas	M	PT	735	chaves running team	811	M35	152	01:37:38	01:38:51	00:48:27
NUNO	ALEXANDRE COSTA RIBEIRO	M	PT	881	Individual	812	M20	183	01:38:34	01:38:53	00:46:55
JOSE	GOMES	M	PT	35	GINASIO VILACONDENSE	813	M50	142	01:38:25	01:38:53	00:47:28
Carlos	Manuel Martins Gavinho	M	PT	726	Individual	814	M45	146	01:38:15	01:38:54	00:46:59
Carlos	Manuel Barbosa Queirós	M	PT	360	Individual	815	M35	153	01:38:22	01:38:54	00:47:02
Carlos	Branco	M	PT	361	Individual	816	M35	154	01:38:22	01:38:54	00:47:02
JULIO	CESAR ALVAREZ DOCAMPO	M	GL	301	ESPRINTES OURENSE	817	M40	168	01:38:01	01:38:55	00:48:05
FIRMINO	NOGUEIRA	M	PT	2107	CLUBE MILLENNIUM BCP	818	M45	147	01:38:08	01:38:55	00:45:49
FRANCISCO	MIGUEL GOMEZ RIVERA	M	GL	102	Individual	819	M35	155	01:37:29	01:38:56	00:48:31
Ismael	Silva	M	PT	323	CCDR Fundo de Vila	820	M50	143	01:37:29	01:39:00	00:48:38
LAURO	ANTONIO DAMAS ARAUJO	M	PT	1841	INDIVIDUAL	821	M20	184	00:00:00	01:39:02	00:44:34
Simao	Pereira	M	PT	436	Vitória Sport Clube	822	M50	144	01:38:55	01:39:03	00:46:26
Joaquim	Pinheiro	M	PT	872	Café Ponto Final /Sasia	823	M40	169	01:37:43	01:39:03	00:00:00
LUIS	SERRA	M	PT	2044	PORTO RUNNERS	824	M45	148	01:38:48	01:39:08	00:00:00
JOSE	PARENTE	M	PT	68	CYCLONES SANITOP	825	M45	149	01:38:41	01:39:08	00:46:34
Letícia	Melo	F	PT	324	Individual	826	F20	25	01:38:37	01:39:10	00:47:40
Bruno	Sousa	M	PT	322	Individual	827	M20	185	01:38:38	01:39:11	00:47:39
DONZILIA	SILVA	F	PT	48	SPORT ZONE	828	F20	26	01:38:11	01:39:12	00:49:01



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
GILBERTO	PIRES	M	PT	596	CLUBE PESSOAL ÁGUAS DE GAIA	829	M40	170	01:38:40	01:39:12	00:47:40
NUNO	RAFAEL PEREIRA	M	PT	1902	RUN4FUN	830	M20	186	01:37:39	01:39:14	00:50:04
José	Antonio Fernández Núñez	M	GL	628	Individual	831	M20	187	01:37:50	01:39:14	00:48:26
JOSELO	TUBIO MARTINEZ	M	GL	2100	CLUB ATLETISMO NOIA	832	M35	156	01:38:51	01:39:15	00:48:02
Ricardo	Vilão	M	PT	985	Individual	833	M40	171	01:37:50	01:39:15	00:49:46
Ignacio	Manuel Comesaña Pérez	M	GL	858	Individual	834	M40	172	01:37:33	01:39:16	00:49:39
saul	nemesio vazquez pedreira	M	GL	910	Individual	835	M20	188	01:37:34	01:39:17	00:50:05
FERNANDO	PINTO	M	PT	2018	PORTO RUNNERS	836	M50	145	01:37:58	01:39:18	00:48:56
JOSÉ	RIBEIRO	M	PT	1536	OS BRAGUINHAS	837	M50	146	00:00:00	01:39:18	00:47:25
Raúl	Ferreira	M	PT	376	CAVE esposende	838	M50	147	01:39:10	01:39:18	00:45:35
Xoan	Antón Peón Valle	M	GL	1139	Individual	839	M40	173	01:38:02	01:39:21	00:46:36
José	Antonio Mayo Caamaño	M	GL	800	Individual	840	M45	150	01:37:58	01:39:21	00:49:21
Rafael	Espido Lata	M	GL	895	Individual	841	M20	189	01:37:56	01:39:22	00:49:16
Paulo	Jorge Pereira	M	PT	1901	run4fun	842	M35	157	01:37:50	01:39:25	00:50:04
ADRIANO	QUEIROZ	M	PT	2098	NUCLEO DE ATLETISMO DE MATOSINHOS	843	M50	148	01:38:21	01:39:26	00:48:29
Tiago	Pereira	M	PT	645	Chaves Running Team	844	M20	190	01:38:16	01:39:29	00:47:56
JORGE	MATOS	M	PT	89	UNICER	845	M40	174	01:39:28	01:39:29	00:44:00
Jose	Ignacio Calvo Fernandez	M	GL	117	Club Atletismo Noia	846	M20	191	00:00:00	01:39:30	00:44:38
Cesar	Almeida	M	PT	1392	MAFATE	847	M20	192	01:38:20	01:39:31	00:48:23
AMANDIO	SILVA	M	PT	1737	EDP	848	M50	149	01:39:28	01:39:31	00:45:05
JOSE	DIAS	M	PT	636	EDP	849	M50	150	01:39:30	01:39:32	00:44:59
David	Gómez López	M	GL	1031	Afilados runners	850	M20	193	01:38:48	01:39:33	00:48:07
Javier	Santos Gonzalez	M	GL	1046	Afilados runners	851	M40	175	01:38:47	01:39:33	00:48:07
JOSE	LUIS ARMADA LUACES	M	GL	1049	Athletics Xtrem	852	M50	151	01:38:50	01:39:33	00:47:33
ALDA	ROCHA	F	PT	346	Individual	853	F20	27	01:39:01	01:39:33	00:47:40
FERNANDO	FONSECA	M	PT	923	OMUNDODACORRIDA	854	M45	151	01:39:12	01:39:36	00:47:04
Vasco	Nuno Valim Xavier	M	PT	665	Individual	855	M35	158	01:39:22	01:39:40	00:46:10
FRANCISCO	CORDEIRO RODRIGUEZ	M	GL	1035	Individual	856	M50	152	01:39:16	01:39:40	00:47:35
Alfredo	Cunha	M	PT	328	Individual	857	M50	153	01:39:18	01:39:41	00:47:04
Enrique	Comesaña Figueroa	M	GL	1144	Individual	858	M20	194	01:38:39	01:39:41	00:46:38
Joaquim	Amieiro	M	PT	1786	CENAP	859	M50	154	01:39:15	01:39:43	00:46:57
ROGERIO	OLIVEIRA	M	PT	50	SPORT ZONE	860	M35	159	01:38:25	01:39:44	00:47:38
PAULA	RIOS MARQUES	F	PT	1966	LEOES DA FRONTEIRA	861	F20	28	01:39:40	01:39:44	00:46:05
MIGUEL	SÁ	M	PT	822	Individual	862	M35	160	01:39:18	01:39:46	00:46:33
PEDRO	SANTOS	M	PT	61	SPORT ZONE	863	M20	195	01:39:42	01:39:46	00:48:10
RUI	COSTA	M	PT	54	SPORT ZONE	864	M35	161	01:39:44	01:39:46	00:48:10



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
RUI	COSTA	M	PT	2078	PORTO RUNNERS	865	M35	162	01:39:28	01:39:48	00:43:15
JOSÉ	MARTINS	M	PT	1615	Individual	866	M20	196	01:38:59	01:39:48	00:46:42
Paulo	Jorge Gomes Santos	M	PT	612	ACRDE	867	M40	176	01:39:35	01:39:48	00:43:54
JOSÉ	MANUEL GUSMAN BARBOSA	M	PT	198	SUICIDAS BRÁCAROS	868	M20	197	01:38:28	01:39:49	00:47:52
JOSE	CALDAS	M	PT	1247	SOARENSE SPORT CLUBE	869	M50	155	01:38:09	01:39:49	00:00:00
JOSE	SEQUEIRA	M	PT	1242	SOARENSE SPORT CLUBE	870	M50	156	01:38:11	01:39:50	00:00:00
RUI	SILVA	M	PT	58	SPORT ZONE	871	M20	198	01:39:46	01:39:50	00:48:11
Oscar	Gonzalez Estevez	M	GL	939	Individual	872	M20	199	01:38:25	01:39:51	00:49:16
Alvaro	Araujo	M	PT	292	Galerias PePe	873	M45	152	01:39:29	01:39:52	00:47:05
JOSÉ	ANDRADE	M	PT	993	MAIA ATLETICO CLUBE	874	M50	157	01:39:36	01:39:53	00:44:09
Rafael	de Sousa Amorim	M	PT	320	Individual	875	M20	200	01:39:32	01:39:54	00:45:41
JOAQUIN	DIBUJA BARREIROS	M	GL	690	INDIVIDUAL	876	M20	201	01:39:10	01:39:54	00:48:05
Luís	António da Magalhães	M	PT	1860	Individual	877	M40	177	01:38:20	01:39:55	00:51:04
ABILIO	FERNANDES	M	PT	2120	GINASIO C SANTO TIRSO	878	M50	158	01:38:49	01:39:55	00:46:04
DAVID	SOUSA	M	PT	1166	A KARATE FELGUEIRAS	879	M35	163	01:38:26	01:39:57	00:47:41
JOSE LUIS	SA COUTO	M	PT	1187	INDIVIDUAL	880	M20	202	01:39:43	01:39:57	00:46:02
Pablo	Penín González	M	GL	1848	Individual	881	M35	164	01:38:45	01:39:58	00:49:42
JUDITE	MARTINS	F	PT	1857	A D RIO LARGO CLUBE DE ESPINHO	882	F20	29	01:39:41	01:40:00	00:47:56
Luís	São Vicente	M	PT	1375	MAFATE	883	M20	203	01:38:51	01:40:02	00:48:23
JORGE DA SILVA	DIAS	M	PT	2158	AMIGOS ATLETAS POVOENSES	884	M20	204	01:39:22	01:40:03	00:47:26
Ramón	Barreiro Cernadas	M	GL	1217	Pato Blanco de Celanova	885	M50	159	01:38:45	01:40:05	00:47:51
JOSE	RIAL PAIS	M	GL	1407	Pato Blanco de Celanova	886	M50	160	01:38:45	01:40:05	00:47:51
Luís	André Moreira Nunes Vieira	M	PT	1933	Individual	887	M20	205	01:38:56	01:40:05	00:46:21
ANTONIO	DUARTE	M	PT	1351	CLUBE VETERANOS DO PORTO	888	M50	161	01:39:31	01:40:06	00:47:59
ELISEO	ARZA PARRACIA	M	GL	561	Individual	889	M35	165	01:38:30	01:40:06	00:50:11
FERNANDO	FERRO	M	GL	2127	NOITEBRA FC	890	M40	178	01:38:26	01:40:06	00:47:45
Miguel	Cruces Molina	M	GL	1940	Individual	891	M20	206	01:38:30	01:40:06	00:50:12
JUAN	TAGARRO	M	GL	2128	NOITEBRA FC	892	M20	207	01:38:26	01:40:06	00:47:45
Ricardo	Briote	M	PT	1732	Individual	893	M20	208	01:39:41	01:40:07	00:46:29
Clemente	Teixeira	M	PT	620	É de shot	894	M40	179	01:39:34	01:40:07	00:47:53
JOAQUIM	SANTOS	M	PT	1714	C DE A NOSSA SRA DA CONCEIÇÃO	895	M45	153	01:39:12	01:40:07	00:00:00
FERNANDO REBANAL	ALFAYA	M	GL	1009	INDIVIDUAL	896	M40	180	01:38:26	01:40:08	00:49:39
Pedro	Miguel Castilho	M	PT	146	Individual	897	M20	209	01:39:54	01:40:08	00:45:58
Paulo	Costa	M	PT	1634	AASM - Triatlo	898	M35	166	01:39:06	01:40:09	00:48:01
Pedro	Faria de Oliveira	M	PT	138	Individual	899	M35	167	01:39:20	01:40:09	00:48:04
Armindo	José Martins Ferreira	M	PT	355	Individual	900	M45	154	01:38:26	01:40:12	00:47:46





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Miguel	Jorge Ferreira de Araújo	M	PT	244	Individual	901	M20	210	01:39:50	01:40:12	00:45:40
Francisco	Fueyo Casado	M	GL	1201	Individual	902	M35	168	01:38:54	01:40:13	00:46:35
Yago	Lago Álvarez	M	GL	1610	Comesaña Sporting Club	903	M20	211	01:40:02	01:40:13	00:42:20
Ramón	Conde Bermúdez	M	GL	1390	Individual	904	M50	162	01:39:00	01:40:15	00:49:13
PEDRO	PITA	M	PT	2073	PORTO RUNNERS	905	M20	212	01:38:51	01:40:15	00:49:49
FRANCK	CARPENTIER	M	GL	409	Individual	906	M40	181	00:00:00	01:40:16	00:46:02
Rui	Maia	M	PT	1174	Individual	907	M45	155	01:39:24	01:40:18	00:48:04
Gersom	Costas Bastida	M	GL	1820	Individual	908	M45	156	01:39:10	01:40:19	00:48:43
manuel	fernando teixeira	M	PT	1199	lousada runners	909	M45	157	01:39:09	01:40:21	00:47:53
Ricardo	Bru Vazquez	M	GL	890	Individual	910	M20	213	01:38:41	01:40:23	00:49:41
RUI	BROCHADO	M	PT	1161	A KARATE FELGUEIRAS	911	M45	158	01:39:30	01:40:24	00:47:26
FRANCISCO GONZALEZ	OLIVEIRA	M	GL	2113	VICLAUMAIA	912	M35	169	01:40:01	01:40:26	00:48:08
Mario	Daniel	M	GL	308	ESPRINTES OURENSE	913	M20	214	01:39:11	01:40:27	00:47:46
NELSON	GABRIEL TEIXEIRA LOPES	M	PT	1154	Individual	914	M35	170	01:40:02	01:40:28	00:46:52
gabriel	alvarez alvarez	M	GL	1692	Individual	915	M20	215	01:39:40	01:40:34	00:49:14
CARLOS	CARDOSO	M	PT	1607	Individual	916	M35	171	01:39:45	01:40:35	00:46:16
CARLOS	PEREIRA	M	PT	1235	FERREIROLUX	917	M50	163	01:39:51	01:40:38	00:48:01
FERNANDO	CARVALHO	M	PT	46	SPORT ZONE	918	M50	164	01:39:39	01:40:40	00:49:01
Ricardo	António Neves Neto	M	PT	696	Tugas na Estrada	919	M50	165	01:39:56	01:40:42	00:49:11
jose	costa	M	PT	1075	grupo desportivo airao-curvia	920	M50	166	01:40:03	01:40:42	00:47:55
Joaquim	Faria	M	PT	435	Vitória Sport Clube	921	M45	159	01:39:32	01:40:44	00:48:50
José	Carlos Neves Pereira	M	PT	343	Individual	922	M20	216	01:40:34	01:40:50	00:46:08
Luis	Lobo	M	PT	447	Vitória Sport Clube	923	M50	167	01:39:41	01:40:51	00:49:00
Adão	Ribeiro	M	PT	491	Individual	924	M50	168	01:39:17	01:40:52	00:48:42
PAULO	REIS	M	PT	41	SPORT ZONE	925	M40	182	01:40:50	01:40:52	00:45:30
JOAO	SILVA	M	PT	2124	GINASIO C SANTO TIRSO	926	M50	169	01:39:50	01:40:52	00:48:20
THIERRY	DUSSAUBAT	M	PT	2084	PORTO RUNNERS	927	M45	160	01:39:46	01:40:53	00:47:34
Paulo	Marques	M	PT	875	Café Ponto Final /Sasia	928	M40	183	01:40:35	01:40:55	00:47:25
ANTONIO	DA SILVA MATOS	M	PT	214	Individual	929	M50	170	01:40:37	01:40:57	00:46:23
LUIS	SANTOS	M	PT	1362	CLUBE VETERANOS DO PORTO	930	M40	184	01:40:21	01:40:59	00:47:41
Andrés	Pérez Figueroa	M	GL	1688	Individual	931	M20	217	01:39:46	01:41:00	00:49:05
Lucia	Costa	F	PT	689	VianaCycles	932	F20	30	01:40:59	01:41:03	00:46:39
ANTÓNIO	CARVALHO FERREIRA	M	PT	1868	A. C. VERMOIM	933	M45	161	01:40:26	01:41:04	00:48:13
Lauro	Martins	M	PT	905	GD Estaleiros Navais	934	M50	171	01:40:37	01:41:04	00:44:11
CANDIDO	FRANCO	M	PT	1323	GRUPO DOURO AZUL	935	M35	172	01:40:05	01:41:05	00:52:46
CELSO	TORRES	M	PT	422	GINASIO FIT E FUN VALE DE CAMBRA	936	M50	172	01:40:14	01:41:05	00:49:09





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
samuel	gomes	M	PT	1747	ginasio fit e fun vale de cambra	937	M20	218	01:40:14	01:41:05	00:00:00
Agostinho	Costa	M	PT	404	Amigos Quinta das Freiras	938	M50	173	01:40:28	01:41:06	00:47:08
Carlos	Barreto	M	PT	349	I2S Run Team	939	M35	173	01:40:40	01:41:06	00:47:05
Sérgio	Amaro Ferreira Bastos	M	PT	582	Individual	940	M35	174	01:39:59	01:41:07	00:48:33
Álvaro	Manuel Marques Oliveira	M	PT	152	Individual	941	M45	162	01:39:33	01:41:08	00:49:54
nuno	miguel pires de souza	M	PT	1625	Individual	942	M35	175	00:00:00	01:41:10	00:47:20
Nuno	Figueiredo Gonçalves	M	PT	241	FERREIROLUX	943	M20	219	01:40:22	01:41:10	00:47:18
emilio	rodriguez otero	M	GL	1562	Individual	944	M40	185	01:39:42	01:41:14	00:49:24
António	Fernando Oliveira	M	PT	728	Individual	945	M40	186	01:39:54	01:41:14	00:47:38
Fernando	Jorge Vieira de Sousa	M	PT	384	Individual	946	M20	220	01:40:00	01:41:15	00:49:13
prudencio	da silva pereira	M	PT	963	Individual	947	M50	174	01:40:37	01:41:15	00:48:25
CANDIDO	GUERREIRO	M	PT	1299	GRUPO DOURO AZUL	948	M35	176	01:40:17	01:41:16	00:51:01
MANUEL	CARDOSO	M	PT	1290	GRUPO DOURO AZUL	949	M40	187	01:40:18	01:41:16	00:51:01
Bruno	da Silva	M	PT	574	Individual	950	M20	221	01:39:56	01:41:18	00:51:00
Paulo	Jorge Machado Rodrigues	M	PT	311	Individual	951	M20	222	01:40:56	01:41:19	00:45:48
Fernando	Cardoso	M	PT	1924	Alert Runners	952	M40	188	01:41:00	01:41:20	00:47:45
Jorge	Manuel Sousa Vilela	M	PT	1589	CTM - Vila Pouca de Aguiar	953	M45	163	01:40:19	01:41:21	00:49:34
jose	moura de souza	M	PT	387	Os Barriguitas	954	M50	175	01:40:30	01:41:23	00:48:43
Paulo	Alexandre Almeida	M	PT	650	Grupo Lobo Livre	955	M35	177	01:40:51	01:41:27	00:47:56
FERNANDO	GRENHA PINHEIRO	M	PT	917	INDIVIDUAL	956	M35	178	01:39:52	01:41:28	00:49:43
MIGUEL	ANGEL SANTIAGO PEREIRA	M	GL	451	CLUBE XADREZ MARIN	957	M35	179	01:41:00	01:41:28	00:46:09
Miguel	Ángel Fernández	M	GL	1042	Individual	958	M45	164	00:00:00	01:41:29	00:49:40
Alfonso	Costas Fernández	M	GL	1517	Individual	959	M40	189	01:39:50	01:41:30	00:49:14
Bruno	Madureira	M	PT	778	Individual	960	M20	223	01:40:15	01:41:30	00:48:28
Manuel	González Ferreira	M	GL	1004	Individual	961	M45	165	01:39:52	01:41:31	00:49:14
GERALDINO	SILVA	M	PT	2022	PORTO RUNNERS	962	M50	176	01:40:11	01:41:31	00:48:56
Eloy	Prieto Criado	M	GL	1890	Veteranos de Samil/Manuel Tomás	963	M50	177	01:40:42	01:41:31	00:49:10
CARLOS	CARNEIRO	M	PT	990	MAIA ATLETICO CLUBE	964	M50	178	01:41:06	01:41:32	00:48:32
João	Alves	M	PT	208	Suicidas Brácaros	965	M20	224	01:40:47	01:41:33	00:48:48
Amílcar	Costa	M	PT	1986	Estornorte	966	M45	166	01:40:56	01:41:34	00:49:00
PEDRO	LOBAO	M	PT	56	SPORT ZONE	967	M20	225	01:41:32	01:41:36	00:47:25
Antonio	David Garrido	M	GL	1449	Ría de Arousa	968	M35	180	01:40:58	01:41:37	00:47:20
MANUEL	FERNANDES	M	PT	1228	FERREIROLUX	969	M45	167	01:41:13	01:41:39	00:48:42
CARLOS	MACEDO	M	PT	1879	ASSOCIAÇÃO DESP. AMARANTE - ADA	970	M50	179	01:41:18	01:41:40	00:48:04
Ramiro	Taboada González	M	GL	733	Individual	971	M45	168	01:40:52	01:41:40	00:48:59
Severino	Seguín Cid	M	GL	1752	Individual	972	M50	180	01:40:52	01:41:40	00:48:59



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
LUIS	SANTOS	M	PT	1715	C DE A NOSSA SRA DA CONCEIÇÃO	973	M20	226	01:40:46	01:41:41	00:47:42
Nuno	Filipe Mendes Pinho Cruz	M	PT	981	Individual	974	M35	181	01:40:58	01:41:43	00:51:09
MARCO	PINHO	M	PT	2053	PORTO RUNNERS	975	M45	169	01:41:08	01:41:44	00:48:50
AUGUSTO	GRANJA	M	PT	1718	EDP	976	M50	181	01:41:41	01:41:48	00:48:33
MANUEL	MATOS	M	PT	1956	ASSOCIAÇÃO MOINHOS DE VERMOIM	977	M50	182	01:40:33	01:41:49	00:49:02
Luis	Lima	M	PT	1580	Individual	978	M35	182	01:41:16	01:41:49	00:00:00
FERNADO	VIEIRA	M	PT	2095	NUCLEO DE ATLETISMO DE MATOSINHOS	979	M50	183	01:41:38	01:41:50	00:48:43
NUNO	F. VASCONCELOS T. SOARES	M	PT	177	Individual	980	M35	183	01:41:43	01:41:52	00:47:27
JOSE	PIRES	M	PT	2110	CLUBE MILLENNIUM BCP	981	M50	184	01:41:22	01:41:53	00:48:10
Juan	Carlos Carrillo Claro	M	GL	1458	Individual	982	M35	184	01:41:01	01:41:54	00:48:28
AUGUSTO	LIMA	M	PT	1203	GAVIÕES	983	M35	185	01:41:46	01:41:54	00:47:25
FILIFE	MANUEL NASCIMENTO	M	PT	1473	COMPANHIA DO BAZOFIAS	984	M20	227	01:41:11	01:41:56	00:47:15
FERNANDO	ANTONIO ROTHES	M	PT	1474	COMPANHIA DO BAZOFIAS	985	M20	228	01:41:13	01:41:56	00:46:52
Domingos	Manuel Morim Cunha	M	PT	712	Individual	986	M50	185	01:41:28	01:41:56	00:49:37
Casanova	Gonzalez, Jose	M	GL	1850	Individual	987	M50	186	01:40:29	01:41:56	00:49:38
juan	manuel sanroman braga	M	GL	1412	Individual	988	M50	187	01:40:30	01:41:57	00:49:37
José	Adriano de Mtos Ribeiro	M	PT	1147	Grupo Desportivo da Limpeza Urbana - CMP	989	M50	188	01:40:48	01:41:57	00:48:29
SIMON DE	SOUSA	M	PT	2155	INDIVIDUAL	990	M20	229	00:00:00	01:41:58	00:47:27
Javier	Bermejo Santos	M	GL	1013	Metropolitan Running	991	M50	189	01:40:51	01:41:59	00:48:45
ANTONIO	PEREIRA	M	PT	2008	PORTO RUNNERS	992	M20	230	01:41:44	01:41:59	00:48:20
JORGE	GONÇALVES	M	PT	2037	PORTO RUNNERS	993	M50	190	01:41:17	01:42:01	00:49:12
Filipe	Miguel Figueiredo Alves	M	PT	313	Individual	994	M20	231	01:41:37	01:42:01	00:47:42
FERNANDO	LEITE	M	PT	1704	MAIA ATLETICO CLUBE	995	M50	191	01:40:32	01:42:02	00:50:04
Ramiro	Balea Piñeiro	M	GL	1501	Individual	996	M40	190	01:41:03	01:42:02	00:49:54
Hugo	Almeida	M	PT	1608	LousadaBTT	997	M35	186	01:40:53	01:42:05	00:49:40
Paulo	Valente	M	PT	122	Individual	998	M50	192	01:42:08	01:42:08	00:47:37
JOÃO	ANDRADE	M	PT	1777	OS ROMPE SOLAS	999	M50	193	01:42:03	01:42:10	00:48:05
VITOR	MELO	M	PT	887	Individual	1000	M35	187	01:42:11	01:42:11	00:49:13
José	Carlos Leite Ramalho	M	PT	1439	.COM - Clube de Orientação do Minho	1001	M40	191	01:40:40	01:42:11	00:47:48
Anxo	Manuel Fernandez Saborido	M	GL	1373	Taninos Runners Ponteareas	1002	M20	232	01:41:02	01:42:12	00:48:19
António	Jesus	M	PT	1436	Individual	1003	M40	192	01:41:57	01:42:13	00:47:30
Roberto	Carlos Santos Fernández	M	GL	1708	Individual	1004	M35	188	01:40:58	01:42:14	00:49:18
Fernando	Pinheiro Mendes	M	PT	729	Individual	1005	M40	193	01:42:02	01:42:15	00:47:37
Ricardo	Maia Ramos	M	PT	1091	Vilar Runners	1006	M20	233	01:42:18	01:42:23	00:47:32
SILVERIO	MIRANDA	M	PT	1269	SOCIEDADE INSTRUÇÃO E RECREIO ALDREENSE	1007	M40	194	01:41:46	01:42:24	00:43:22
JOSE RUI	MOREIRA	M	PT	2157	AMIGOS ATLETAS POVOENSES	1008	M35	189	01:41:43	01:42:26	00:47:26



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Ricardo	Vieites Blanco	M	GL	259	Individual	1009	M50	194	01:41:44	01:42:28	00:48:05
FRANCISCO	SERRANO CANTALEJO	M	PT	1604	DESNIVEL POSITIVO	1010	M35	190	01:41:25	01:42:28	00:50:57
PABLO	GARCIA GONZALEZ	M	GL	933	Individual	1011	M20	234	01:40:00	01:42:29	00:50:10
Pablo	Bernardez Gonzalez	M	GL	1707	Individual	1012	M20	235	01:41:14	01:42:30	00:50:57
João	José Lopes de Almeida	M	PT	1938	Individual	1013	M45	170	01:41:59	01:42:30	00:51:18
NOE AMORIM	ROCHA	M	PT	2189	INDIVIDUAL	1014	M35	191	01:41:31	01:42:31	00:49:13
Liliana	Conceição Gomes Cruz	F	PT	1949	Individual	1015	F20	31	01:42:00	01:42:31	00:51:17
António	Mnuel da Silva Celeste	M	PT	1151	Grupo Desportivo da Limpeza Urbana - CMP	1016	M45	171	01:41:21	01:42:31	00:48:30
Bernardino	Morais	M	PT	345	Individual	1017	M45	172	01:42:03	01:42:34	00:48:31
MIGUEL	DIAS	M	PT	2057	PORTO RUNNERS	1018	M40	195	01:41:53	01:42:36	00:49:36
JOSÉ	DUARTE	M	GL	428	Individual	1019	M50	195	01:42:21	01:42:36	00:48:54
José	Freitas	M	PT	438	Vitória Sport Clube	1020	M40	196	01:41:25	01:42:37	00:50:59
Carlos	Ribeiro	M	PT	788	Individual	1021	M50	196	01:41:27	01:42:38	00:50:59
Álvaro	Araujo	M	PT	450	Vitória Sport Clube	1022	M50	197	01:41:25	01:42:38	00:50:59
ALVARO	MARQUES	M	PT	2121	GINASIO C SANTO TIRSO	1023	M45	173	01:41:36	01:42:40	00:00:00
Ricardo	Dantas	M	PT	397	Individual	1024	M20	236	01:41:55	01:42:41	00:00:00
Renato	Carvalho	M	PT	652	Individual	1025	M35	192	01:41:05	01:42:42	00:00:00
HELDER	NEVES	M	PT	885	Individual	1026	M20	237	01:42:43	01:42:43	00:49:12
João	Alves de Sá	M	PT	1499	Ginásio Status	1027	M20	238	01:41:14	01:42:46	00:00:00
António	Salgado	M	PT	821	Funtastics	1028	M20	239	01:42:26	01:42:47	00:48:58
Luis	João Archer	M	PT	464	Welldomus	1029	M50	198	01:42:35	01:42:47	00:48:18
VICTOR	SOUSA	M	PT	1322	GRUPO DOURO AZUL	1030	M35	193	01:42:47	01:42:47	00:47:44
Manuel	Silva	M	PT	873	Café Ponto Final /Sasia	1031	M40	197	01:42:27	01:42:48	00:48:26
Oscar	Gonçalves	M	PT	366	CAVE Esposende	1032	M20	240	01:41:39	01:42:48	00:48:53
Paulo	Jorge Gomes Rito Soares	M	PT	660	Individual	1033	M40	198	01:42:17	01:42:49	00:49:59
Marco	Gomes	M	PT	105	Individual	1034	M35	194	01:41:35	01:42:49	00:49:28
Manuel	Gomes	M	PT	1684	Individual	1035	M35	195	01:42:21	01:42:50	00:49:32
Rui	Celso Sousa Ribeiro	M	PT	468	Individual	1036	M20	241	01:41:43	01:42:51	00:50:32
Pedro	Fírvida Diz	M	GL	1010	Individual	1037	M40	199	01:41:09	01:42:51	00:51:05
LUIS	CAMANHO	M	PT	592	YUPIIRUN	1038	M20	242	01:41:56	01:42:58	00:48:03
Rui	Morais	M	PT	823	CAC	1039	M35	196	01:42:57	01:42:59	00:48:12
Ricardo	Matos	M	PT	1665	N.A. TAIPAS	1040	M40	200	01:41:53	01:43:00	00:48:18
Joaquim	de sousa costa	M	PT	1599	Amarante Running Team	1041	M40	201	01:42:02	01:43:00	00:48:52
Alberto	Marques	M	PT	406	Amigos Quinta das Freiras	1042	M35	197	01:42:07	01:43:00	00:00:00
Manuel	Lemos Soares	M	PT	333	Individual	1043	M50	199	01:42:37	01:43:06	00:47:41
JOSÉ	RIBEIRO	M	PT	1705	MAIA ATLETICO CLUBE	1044	M40	202	01:43:02	01:43:11	00:47:19



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
ANTÓNIO	FERREIRA	M	PT	1543	OS BRAGUINHAS	1045	M45	174	01:41:40	01:43:11	00:49:55
TIAGO	ANDRE MACEDO PINTO	M	PT	2093	Individual	1046	M20	243	01:41:48	01:43:11	00:50:33
Rui	Magalhaes	M	PT	787	Individual	1047	M35	198	01:42:00	01:43:13	00:51:00
JORGE	CUNHA	M	PT	1547	OS BRAGUINHAS	1048	M50	200	00:00:00	01:43:16	00:00:00
Fernando	Vitor Moreira Silva	M	PT	913	G.C.D.ALVARELHOS	1049	M45	175	01:43:08	01:43:16	00:47:47
NATALINO	EUGÉNIO MARTINS PEREIRA	M	PT	287	PORTO RUNNERS	1050	M50	201	01:42:41	01:43:16	00:49:00
oscar	otero fernandez	M	GL	280	Individual	1051	M35	199	01:41:59	01:43:18	00:49:30
RIACARDO	LUIS LIMA PINTO TEIXEIRA	M	PT	457	INDIVIDUAL	1052	M20	244	01:42:54	01:43:19	00:47:01
Ricardo	emanuel fernandes	M	PT	1903	run4fun	1053	M20	245	01:41:45	01:43:20	00:50:05
LEONEL	POÇAS	M	PT	2109	CLUBE MILLENNIUM BCP	1054	M50	202	01:42:50	01:43:21	00:48:30
Gustavo	Jorge da Rocha Taveira	M	PT	664	Individual	1055	M35	200	01:43:05	01:43:22	00:47:54
manuel	acevedo taboada	M	GL	670	Individual	1056	M50	203	01:43:23	01:43:23	00:46:23
MARCO	SILVA	M	PT	72	EDP GAS	1057	M40	203	01:42:31	01:43:24	00:50:15
Jose	Antonio Díaz	M	GL	880	Individual	1058	M35	201	00:00:00	01:43:26	00:49:44
Carolina	Montiel Reyero	F	GL	879	Individual	1059	F20	32	00:00:00	01:43:26	00:49:44
MANUEL	MARQUES	M	PT	71	EDP GAS	1060	M40	204	01:42:34	01:43:27	00:50:15
JESUS	POMBO PAMPIN	M	GL	868	Individual	1061	M45	176	01:42:14	01:43:31	00:48:33
Agostinho	Pimenta	M	PT	1984	Estornorte	1062	M45	177	01:42:55	01:43:31	00:47:49
António	Salgueiro Fernandes	M	PT	1093	Galerias PePe	1063	M45	178	01:43:13	01:43:35	00:47:05
ALBERTO	PEREIRO GONZALEZ	M	GL	1198	Individual	1064	M20	246	01:42:18	01:43:35	00:48:34
orlando	Santos	M	PT	1867	Individual	1065	M35	202	01:42:43	01:43:37	00:50:11
JORGE	COSTA	M	PT	1121	INDIVIDUAL	1066	M40	205	01:43:00	01:43:40	00:51:00
jose	luis barreiras	M	GL	1048	Individual	1067	M35	203	01:42:34	01:43:41	00:49:23
MANUEL	BRAGANÇA	M	PT	1545	OS BRAGUINHAS	1068	M45	179	01:42:01	01:43:41	00:51:45
Sónia	Bernardes	F	PT	1712	Individual	1069	F20	33	01:42:34	01:43:41	00:51:44
Paula	Quintela	F	PT	1593	Escola Atletismo Rosa Oliveira	1070	F20	34	01:43:37	01:43:45	00:49:09
Gonçalo	Rodrigues da Costa	M	PT	1218	Individual	1071	M20	247	01:42:14	01:43:46	00:50:36
Alberto	Mendes	M	PT	442	Vitória Sport Clube	1072	M40	206	01:42:33	01:43:47	00:49:13
José	Miguel da Silva Rodrigues	M	PT	1812	Individual	1073	M20	248	01:42:58	01:43:47	00:48:42
Vasco	Carvalho	M	PT	478	Individual	1074	M20	249	01:42:37	01:43:47	00:50:35
Custodio	Neto	M	PT	268	Individual	1075	M50	204	00:00:00	01:43:53	00:47:57
Francisco	Xavier Aparicio Olivan	M	GL	1806	Individual	1076	M35	204	01:43:06	01:43:55	00:48:28
Julio	Miguel Carvalho Antunes	M	PT	307	Individual	1077	M35	205	01:43:26	01:43:58	00:47:07
PEDRO	FERRAZ	M	PT	2101	HLM-FEMAB	1078	M45	180	01:43:00	01:43:58	00:50:20
Iris	Soto Blanco	F	GL	1471	San Miguel Marin	1079	F20	35	01:42:45	01:43:59	00:50:32
FERNANDO	SOUSA	M	PT	144	FERREIROLUX	1080	M50	205	01:43:39	01:44:00	00:49:01



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
FERNANDO	OTERO RAMIREZ	M	GL	1401	A BOUZA SPRINT	1081	M40	207	01:43:19	01:44:00	00:48:08
Paulo	Pinto	M	PT	339	Individual	1082	M35	206	01:42:35	01:44:00	00:48:47
Alice	Moutinho	F	PT	543	Individual	1083	F20	36	01:43:09	01:44:01	00:49:05
Antonio	Oliveira	M	PT	230	Individual	1084	M50	206	01:43:37	01:44:01	00:46:00
FRANCISCO	PAIS TRIGO	M	GL	1389	Individual	1085	M35	207	01:42:48	01:44:05	00:48:26
CARLOS	REIS	M	PT	159	INDIVIDUAL	1086	M50	207	01:42:32	01:44:07	00:49:46
JUSTINO	COUTADA	M	GL	157	FERREIROLUX	1087	M50	208	01:43:51	01:44:12	00:49:01
JOSE	ALBERTO TEIXEIRA BARBOSA	M	PT	630	Individual	1088	M20	250	01:43:40	01:44:12	00:49:48
Pedro	Alves	M	PT	770	Individual	1089	M40	208	01:43:57	01:44:15	00:46:32
JOSE	BENTO MORAIS	M	PT	1255	CENTRO RECREIO POPULAR S. TIAGO	1090	M45	181	01:43:43	01:44:15	00:47:59
NUNO	ENRIQUE COSTA RUSSO	M	PT	704	Individual	1091	M50	209	01:43:06	01:44:15	00:49:38
Ramiro	Batista	M	PT	507	Individual	1092	M50	210	01:43:24	01:44:15	00:48:14
XESUS	E. MONTERO FERREIRA	M	GL	682	Individual	1093	M40	209	01:43:33	01:44:15	00:50:18
Carlos	Alonso Rey	M	GL	567	Individual	1094	M40	210	01:43:12	01:44:16	00:50:18
JOSE	A. PEREZ ALONSO	M	GL	683	Individual	1095	M35	208	01:43:33	01:44:16	00:00:00
Antonio	Torre Mejía	M	GL	1403	Verxel N.D.-Drasanvi	1096	M50	211	01:42:55	01:44:17	00:48:00
Telmo	Fernandes	M	PT	475	Individual	1097	M35	209	01:42:54	01:44:17	00:51:34
Manuel	Sampaio	M	PT	610	Individual	1098	M45	182	01:43:17	01:44:18	00:49:03
Sonia	Lopes Mendes Silva	F	PT	127	Individual	1099	F20	37	01:43:17	01:44:18	00:49:11
Felipe	Iglesias Mira	M	GL	300	ESPRINTES OURENSE	1100	M35	210	01:43:41	01:44:20	00:50:37
Antonio	Serafim Silva	M	PT	1638	Individual	1101	M45	183	01:43:16	01:44:21	00:51:23
Manuel	Alonso	M	GL	721	Individual	1102	M40	211	01:42:51	01:44:23	00:48:52
TIAGO	JESUS	M	PT	1261	RECREIO DESPORTIVO DE AGUEDA	1103	M20	251	01:43:24	01:44:24	00:50:45
JOSE	ANGEL ROMAN PICOS	M	GL	1157	Individual	1104	M50	212	01:43:07	01:44:25	00:49:29
Pedro	Campos	M	PT	1018	ThunderRunners	1105	M20	252	01:43:06	01:44:26	00:49:48
Mário	Sá Carneiro Barbosa	M	PT	510	I-RUN	1106	M35	211	01:43:40	01:44:27	00:49:00
Cândido	Calvo Varela	M	GL	1224	Atletismo Fontes do Sar	1107	M50	213	01:43:21	01:44:28	00:49:53
Filipe	oliveira	M	PT	932	Confraria da Bike Clube	1108	M20	253	01:42:52	01:44:29	00:51:00
PEDRO	SANTOS MARCILLA	M	GL	1182	Individual	1109	M45	184	01:43:11	01:44:29	00:51:08
JOSE	MANUEL GONZALEZ GRAÑA	M	GL	1340	Fontes do Sar	1110	M45	185	01:43:26	01:44:34	00:49:54
António	Teixeira	M	PT	276	Individual	1111	M45	186	01:44:04	01:44:36	00:48:15
Juan	Diego Bermejo Fernández	M	GL	1895	Individual	1112	M20	254	01:43:15	01:44:36	00:52:55
DIANA	PINTO	F	PT	1284	GRUPO DOURO AZUL	1113	F20	38	00:00:00	01:44:38	00:00:00
DANIELA	MACHADO	F	PT	1283	GRUPO DOURO AZUL	1114	F20	39	01:43:55	01:44:38	00:00:00
PATRICIA	OLIVEIRA	F	PT	1282	GRUPO DOURO AZUL	1115	F20	40	01:43:55	01:44:38	00:00:00
Olivier	Fernández Torres	M	GL	1805	Individual	1116	M35	212	01:43:43	01:44:41	00:49:12





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Albino	José Cubelo Machado	M	PT	1734	Individual	1117	M35	213	01:43:31	01:44:43	00:47:15
david	sousa	M	PT	166	Individual	1118	M40	212	01:43:17	01:44:43	00:52:04
MARIA	OTERO RAMIREZ	F	GL	1404	A BOUZA SPRINT	1119	F20	41	01:44:05	01:44:46	00:50:04
JOSE	MANUEL LAGO COSTAS	M	GL	1044	Afilados runners	1120	M40	213	01:43:21	01:44:50	00:51:20
QUIQUE	ABATI GÓMEZ	M	GL	1105	PRAIA DE CARNOTA RUNNERS	1121	M50	214	01:44:26	01:44:52	00:48:55
Domingos	Saraiva Gonçalves	M	PT	768	Individual	1122	M50	215	01:43:42	01:44:53	00:51:01
Paulo	Alexandre Silva	M	PT	109	Individual	1123	M35	214	01:44:17	01:44:54	00:47:48
Fernando	Martins Gonçalves	M	PT	113	Individual	1124	M45	187	01:43:19	01:44:54	00:50:29
JOSÉ	VIEIRA	M	PT	554	GNR GUIMARÃES	1125	M50	216	01:43:38	01:44:54	00:49:46
RICARDO	ALVES	M	PT	2115	VIANACYCLES	1126	M20	255	01:43:15	01:44:54	00:50:09
ANA	ISABEL SOUTULLO PARADELA	F	GL	1007	Individual	1127	F20	42	01:43:55	01:44:55	00:50:07
Nuno	Jorge Lopes Rodrigues	M	PT	941	Individual	1128	M45	188	01:44:26	01:44:55	00:47:02
Francisco	Gonçalves	M	PT	354	Individual	1129	M35	215	01:44:12	01:44:59	00:49:03
Paulo	Fernandes	M	PT	563	AFIS/OVAR	1130	M40	214	01:44:41	01:45:01	00:49:33
Antonio	Alexandre da Silva	M	PT	1929	Individual	1131	M40	215	01:43:28	01:45:03	00:52:47
jose	duraes	M	PT	521	Individual	1132	M40	216	01:44:22	01:45:03	00:48:07
Adelino	Fernando e Costa	M	PT	1922	Individual	1133	M35	216	01:43:28	01:45:03	00:52:47
TIAGO	MENDES	M	PT	1279	GRUPO DOURO AZUL	1134	M20	256	01:44:18	01:45:04	00:55:36
MICHAEL	OLIVEIRA	M	PT	1285	GRUPO DOURO AZUL	1135	M20	257	01:44:14	01:45:04	00:55:35
Francisco	J. Otero García	M	GL	1118	C.A. CORREDOIRAS	1136	M50	217	00:00:00	01:45:10	00:00:00
José	Cruz	M	PT	1656	N.A. TAIPAS	1137	M50	218	01:44:53	01:45:10	00:47:11
Paulo	Rodrigues	M	PT	956	barbeariateixeira	1138	M40	217	01:44:50	01:45:11	00:47:10
JOSE	PEREIRA	M	PT	63	SPORT ZONE	1139	M35	217	01:45:07	01:45:12	00:50:37
José	Carlos Forte Costa	M	PT	669	Reportpro	1140	M50	219	01:44:37	01:45:12	00:50:37
joão	costa	M	PT	373	CAVE Esposende	1141	M50	220	01:45:01	01:45:13	00:49:16
JOSE	SANTOS	M	PT	1975	Grupo Os Barrigas	1142	M50	221	01:43:26	01:45:13	00:48:56
FILIPE	MARINHO	M	PT	1168	A KARATE FELGUEIRAS	1143	M20	258	01:44:16	01:45:13	00:50:46
David	Paul Frick	M	PT	1063	Individual	1144	M50	222	00:00:00	01:45:15	00:49:58
SERAFIM	RAMOS	M	PT	385	EDP	1145	M50	223	00:00:00	01:45:16	00:48:33
Alexandre	Cruz	M	PT	959	Individual	1146	M40	218	01:44:33	01:45:18	00:51:10
Pedro	Mesquita	M	PT	653	Oporto Squash & Running	1147	M40	219	01:43:18	01:45:18	00:50:28
Jorge	Fernando Alonso Del Río	M	GL	275	Castrelos 20.30	1148	M40	220	01:44:36	01:45:21	00:47:16
Javier	Gonzalez Lopez Mosquera	M	GL	705	Individual	1149	M20	259	01:43:50	01:45:21	00:50:29
José	Manuel Pinhel Gonçalves	M	PT	863	Individual	1150	M40	221	01:45:21	01:45:21	00:48:47
José	Pedro da Rocha Mendes	M	PT	1845	Individual	1151	M20	260	01:44:02	01:45:22	00:49:56
ISAAC	CHOUZA	M	GL	1981	ATHLETICS B	1152	M40	222	01:44:50	01:45:23	00:47:16



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
JOAO	NUNES	M	PT	66	EDP GAS	1153	M20	261	01:43:55	01:45:23	00:53:09
FERNANDO	MENDES	M	PT	1316	GRUPO DOURO AZUL	1154	M40	223	01:45:25	01:45:25	00:47:43
TOMÁS	MARTÍNEZ ÁLVAREZ	M	GL	1019	A.D. LIMIACTIVA	1155	M20	262	01:44:02	01:45:26	00:51:07
António	Coutinho	M	PT	1214	A.R.N. - Os Flechinhas	1156	M50	224	01:44:17	01:45:26	00:51:04
ISABEL	MARIA	F	PT	1331	GRUPO DOURO AZUL	1157	F20	43	00:00:00	01:45:29	00:00:00
JOÃO	CARMO	M	PT	1318	GRUPO DOURO AZUL	1158	M50	225	01:45:29	01:45:29	00:47:44
Paulo	Jorge Loureiro	M	PT	225	Individual	1159	M40	224	01:44:17	01:45:35	00:50:40
JOÃO	RAMALHO	M	PT	2031	PORTO RUNNERS	1160	M35	218	01:44:57	01:45:39	00:51:56
Miguel	Sampaio de Mattos	M	PT	187	Individual	1161	M40	225	01:45:04	01:45:39	00:51:11
JOSE	MOTA	M	PT	1243	SOARENSE SPORT CLUBE	1162	M50	226	00:00:00	01:45:41	00:00:00
Fernando	Pereira	M	PT	604	Individual	1163	M50	227	01:44:24	01:45:43	00:52:05
ARMINDO	GONÇALVES	M	PT	2104	PORTO RUNNERS	1164	M50	228	01:44:16	01:45:45	00:51:44
NUNO	OLIVEIRA	M	PT	2066	PORTO RUNNERS	1165	M50	229	01:44:17	01:45:46	00:51:55
ARTUR	LUIS M. RODRIGUES	M	PT	501	CALDAS S. JORGE	1166	M40	226	01:44:17	01:45:47	00:52:25
ALBERTO	MOURA	M	PT	1342	GRUPO DOURO AZUL	1167	M50	230	00:00:00	01:45:48	00:00:00
ANTÓNIO	GUIMARÃES	M	PT	1275	Individual	1168	M20	263	01:44:46	01:45:48	00:52:50
damian	rodriguez montalban	M	GL	281	Individual	1169	M35	219	01:44:28	01:45:49	00:50:04
LUIS	RAMOS ALVAREZ	M	GL	564	LIMIACTIVA	1170	M35	220	01:44:29	01:45:53	00:51:06
FERNANDO	RIBEIRO	M	PT	581	GRUPO DESPORTIVO LEÕES DO VENEZA	1171	M50	231	01:44:44	01:45:53	00:51:09
SÉRGIO	RIBEIRO	M	PT	884	LEÕES DO VENEZA	1172	M35	221	01:44:33	01:45:55	00:51:41
JOÃO	LOBATO	M	PT	2026	PORTO RUNNERS	1173	M40	227	01:44:34	01:45:55	00:49:15
RUI	BALDAIA MENDES	M	PT	462	INDIVIDUAL	1174	M20	264	01:44:41	01:45:56	00:51:33
DAVID	PINTO	M	PT	805	MAIA ATLETICO CLUBE	1175	M40	228	01:44:43	01:45:56	00:52:19
PAULO	SILVA	M	PT	803	MAIA ATLETICO CLUBE	1176	M40	229	01:44:44	01:45:57	00:52:19
Filipa	Matias	F	PT	836	Individual	1177	F20	44	01:44:38	01:45:59	00:49:15
FRANCISCO	MIGUEL MIRANDA	M	PT	1865	A. C. VERMOIM	1178	M35	222	01:45:20	01:45:59	00:00:00
Cristiano	Coutinho	M	PT	1619	Individual	1179	M20	265	01:45:11	01:46:00	00:55:07
ANTONIO	SOARES	M	PT	1286	GRUPO DOURO AZUL	1180	M20	266	01:45:10	01:46:01	00:55:35
Luis	Abreu	M	PT	1639	GRUPO ATLETISMO "INDEPENDENTES" DE GAIA	1181	M50	232	01:45:03	01:46:02	00:49:55
MARLENE	FONSECA	F	PT	2055	PORTO RUNNERS	1182	F20	45	01:45:33	01:46:02	00:52:05
PEDRO	GOUCHO	M	PT	1165	A KARATE FELGUEIRAS	1183	M35	223	01:45:05	01:46:03	00:51:13
RODRIGO	LOPES	M	PT	2152	INDIVIDUAL	1184	M20	267	01:45:08	01:46:04	00:48:52
JOÃO	ARANTES	M	PT	1238	FERREIROLUX	1185	M20	268	01:45:17	01:46:04	00:49:43
JOSÉ	MARÍA GARAGORRI JIMÉNEZ	M	GL	952	Individual	1186	M45	189	01:45:14	01:46:06	00:49:59
João	Paulo Alves Rodrigues	M	PT	1822	Individual	1187	M40	230	01:46:03	01:46:10	00:46:22
AMANDIO	SILVA	M	PT	1293	GRUPO DOURO AZUL	1188	M45	190	01:45:21	01:46:11	00:55:35



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Narciso	Arromba	M	PT	579	Clube de Veteranos de Atletismo de Coimbra (CLU)	1189	M50	233	01:46:06	01:46:13	00:49:37
JOSE	MANUEL PEREZ VELOSO	M	GL	745	Individual	1190	M45	191	01:45:19	01:46:17	00:51:04
julio	carpintero	M	GL	1899	Individual	1191	M40	231	01:44:37	01:46:18	00:51:04
Nuno	Peixoto	M	PT	471	NUMO	1192	M45	192	01:45:50	01:46:18	00:49:39
Luís	Gonzaga	M	PT	233	Hermes & Comp. <sup>a</sup>	1193	M50	234	01:45:50	01:46:19	00:49:41
Fernando	Rodrigues	M	PT	1719	Individual	1194	M20	269	01:45:49	01:46:19	00:49:32
José	Manuel Torres Blanco	M	GL	350	Esprintes Ourense	1195	M20	270	01:45:03	01:46:20	00:51:24
Jorge	Suárez de Lis	M	GL	1143	Individual	1196	M20	271	01:45:19	01:46:21	00:51:20
FILIPE	ALMEIDA	M	PT	1256	RECREIO DESPORTIVO DE AGUEDA	1197	M35	224	01:45:23	01:46:21	00:50:45
Jesús	Bernal Gómez	M	GL	453	C.D.Egovarros	1198	M50	235	01:46:08	01:46:23	00:50:33
FILIPE	SILVA	M	PT	1518	MOVIMENTO DE JUVENTUDE DE MERELÍM	1199	M20	272	01:45:25	01:46:26	00:50:40
RICARDO	MIGUEL DIAS DELFIM	M	PT	261	Individual	1200	M20	273	01:45:00	01:46:26	00:51:25
JOSE	CARVALHO	M	PT	1793	OS LARANJINHAS	1201	M45	193	01:45:13	01:46:30	00:51:04
PAULO DUARTE	SILVANO	M	PT	2148	INDIVIDUAL	1202	M35	225	01:44:51	01:46:30	00:53:02
Joana	Creissac	F	PT	1630	AASM - Triatlo	1203	F20	46	01:45:23	01:46:32	00:50:54
ANTONIO	COSTA	M	PT	1341	GRUPO DOURO AZUL	1204	M50	236	01:46:34	01:46:34	00:50:01
DOMINGOS	MATEUS	M	PT	1236	FERREIROLUX	1205	M45	194	01:45:47	01:46:34	00:51:37
FRANCISCO	LIMA	M	PT	43	SPORT ZONE	1206	M50	237	01:46:33	01:46:35	00:48:38
felix	alvarez rodriguez	M	GL	1913	club alejandro gomez	1207	M50	238	01:45:50	01:46:35	00:52:03
rosa	vidal perez	F	GL	237	Individual	1208	F20	47	01:45:56	01:46:35	00:52:03
TIAGO	LEITE	M	PT	64	SPORT ZONE	1209	M35	226	01:46:33	01:46:36	00:50:36
FILIPE	LEMONS	M	PT	2020	PORTO RUNNERS	1210	M45	195	01:45:12	01:46:38	00:51:45
MANUEL	MENDES	M	PT	2051	PORTO RUNNERS	1211	M45	196	01:45:09	01:46:38	00:51:45
ANTÓNIO	SIMÃO BASTOS GOMES	M	PT	1384	TURISTAS PRADENSES	1212	M50	239	01:45:58	01:46:41	00:50:10
ARTURO	GOMEZ ESPÍNEIRA	M	GL	1363	ATLETISMO TUI THERMALIA	1213	M20	274	01:45:03	01:46:41	00:54:47
DIOGO	CARDOSO	M	PT	1280	GRUPO DOURO AZUL	1214	M20	275	01:45:48	01:46:48	00:55:35
Ramón	Villar Ruibal	M	GL	1095	Individual	1215	M45	197	01:45:27	01:46:49	00:51:50
Artur	Pereira C. Nunes	M	PT	766	Galerias PePe	1216	M45	198	01:46:28	01:46:50	00:49:34
Maria	Dolores Muñiz Cabanas	F	GL	1092	Verxel Nutrición Deportiva.	1217	F20	48	01:45:29	01:46:52	00:51:50
Diogo	Nunes	M	PT	538	Individual	1218	M20	276	01:45:25	01:46:53	00:53:41
PEDRO JOSE	BRAGA	M	PT	2146	CLUBE PT	1219	M20	277	01:45:47	01:46:54	00:51:46
Ricardo	Ferraz	M	PT	104	Individual	1220	M35	227	01:45:46	01:46:59	00:53:49
JOÃO	TROCA	M	PT	2032	PORTO RUNNERS	1221	M20	278	00:00:00	01:47:00	00:00:00
CESAR	VALLADARES VARELA	M	GL	1036	Individual	1222	M35	228	01:45:53	01:47:03	00:53:54
AMILCAR	HENRIQUES	M	PT	1253	RECREIO DESPORTIVO DE AGUEDA	1223	M45	199	01:46:07	01:47:04	00:50:45
MÁRIO	GONÇALVES	M	PT	1555	OS BRAGUINHAS	1224	M50	240	01:45:26	01:47:05	00:52:25



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
ANTONIO	BORLIDO	M	PT	69	CYCLONES SANITOP	1225	M45	200	01:47:02	01:47:06	00:50:08
John	Olsen	M	PT	751	Individual	1226	M20	279	01:46:55	01:47:06	00:47:48
FERNANDO	CERQUEIRA	M	PT	1873	ASSOCIAÇÃO DESP. AMARANTE - ADA	1227	M45	201	01:46:44	01:47:06	00:49:42
António	Freitas	M	PT	541	Individual	1228	M40	232	01:45:47	01:47:09	00:54:35
EMILIO	SILVA	M	PT	2108	CLUBE MILLENNIUM BCP	1229	M50	241	01:46:39	01:47:09	00:48:30
Jose	Carlos Machado	M	PT	153	Quebrarritmo	1230	M20	280	01:46:47	01:47:10	00:49:43
JOSÉ	FREITAS	M	PT	555	GNR GUIMARÃES	1231	M50	242	01:45:56	01:47:13	00:51:24
Artur	Jorge Carvalho Da Costa	M	PT	248	Individual	1232	M20	281	01:46:09	01:47:13	00:53:00
JOSE	ANTONIO OTERO RAMIREZ	M	GL	1398	A BOUZA SPRINT	1233	M40	233	01:46:34	01:47:16	00:48:42
DOMINGOS MANUEL	SILVA	M	PT	2139	INDIVIDUAL	1234	M40	234	01:45:54	01:47:16	00:52:15
JUAN	ANTONIO LLORENTE REGLERO	M	GL	164	Individual	1235	M50	243	01:45:57	01:47:16	00:52:35
Rui	Pena	M	PT	1633	AASM - Triatlo	1236	M35	229	01:45:53	01:47:18	00:53:29
FATIMA	GONÇALVES	F	PT	1307	GRUPO DOURO AZUL	1237	F20	49	00:00:00	01:47:19	00:00:00
JOAO	COSTA LEITE	M	PT	591	4405 SPORT	1238	M20	282	01:47:17	01:47:21	00:50:37
FATIMA	VEIGA	F	PT	2181	A DESPORTIVA AFIFENSE	1239	F20	50	01:47:08	01:47:24	00:48:17
Alberto	Valente	M	PT	116	V2	1240	M50	244	01:47:15	01:47:27	00:49:36
álvaro	Iago vazquez	M	GL	1457	Individual	1241	M20	283	01:45:55	01:47:27	00:51:03
abel	alvarez feijoo	M	GL	968	Individual	1242	M50	245	01:46:28	01:47:28	00:52:04
José	Manuel Moreira	M	PT	646	Individual	1243	M50	246	01:46:25	01:47:29	00:53:00
Avelino	de Freitas	M	PT	769	Individual	1244	M50	247	01:46:19	01:47:30	00:53:45
Antonio	Candido Gomes Nogueira	M	PT	661	Individual	1245	M40	235	00:00:00	01:47:31	00:50:03
Adelio	da silva Moutinho	M	PT	975	Grupo Cultural Recreativo Alvarelos	1246	M50	248	01:47:24	01:47:34	00:50:35
SONIA	TEIXEIRA	F	PT	49	SPORT ZONE	1247	F20	51	01:46:32	01:47:34	00:50:33
Antonio	de la Cruz	M	GL	1008	Individual	1248	M40	236	01:45:53	01:47:35	00:51:18
JESUS	NAVAZO RUIZ	M	GL	575	FONTES DO SAR	1249	M40	237	01:46:31	01:47:36	00:52:29
JORGE	ESPERANÇA	M	PT	1271	Individual	1250	M35	230	00:00:00	01:47:36	00:00:00
JOSE	OLIVEIRA	M	PT	1977	Grupo Os Barrigas	1251	M45	202	01:46:21	01:47:38	00:00:00
XURXU MANUEL	SIEIRA	M	GL	2184	INDIVIDUAL	1252	M35	231	01:46:43	01:47:41	00:52:01
FERNANDO	GARCIA ALONSO	M	GL	844	Individual	1253	M45	203	01:45:58	01:47:42	00:54:00
FILIPE	MEIRA	M	PT	550	GNR GUIMARÃES	1254	M20	284	01:46:09	01:47:42	00:51:18
German	Gomes Azevedo	M	GL	353	Individual	1255	M20	285	01:45:57	01:47:43	00:51:38
Fernando	Maurício Ribeiro	M	PT	493	Individual	1256	M50	249	01:46:19	01:47:52	00:54:01
ANTONIO	FERNANDES	M	PT	708	ATLETISMO OS AMIGOS DE GRIJO	1257	M50	250	01:46:40	01:47:57	00:50:47
ANGELO ESAGUY	AGUAS	M	GL	2106	INDIVIDUAL	1258	M20	286	01:46:27	01:47:58	00:53:06
RAFAEL ESAGUY	AGUAS	M	GL	2105	INDIVIDUAL	1259	M20	287	01:46:27	01:47:58	00:53:06
Ivan	Abal Pulleiro	M	GL	1041	Afilados runners	1260	M20	288	01:47:16	01:48:01	00:48:07



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
christophe	le corre	M	GL	1451	Individual	1261	M40	238	00:00:00	01:48:01	00:00:00
Alberto	Bragado Rodriguez	M	GL	1847	Individual	1262	M40	239	01:46:29	01:48:02	00:51:06
JOAO	COUTO	M	PT	2112	CLUBE MILLENNIUM BCP	1263	M35	232	01:47:46	01:48:03	00:48:23
Fernando	Filgueira Ponce	M	GL	1175	Individual	1264	M35	233	01:47:10	01:48:04	00:46:52
JOAQUIM	MARQUES	M	PT	426	TURBO-LENTOS	1265	M45	204	01:47:23	01:48:09	00:49:15
CARLOS	MAIA	M	PT	348	Individual	1266	M35	234	01:46:52	01:48:12	00:51:00
ANTÓNIO	JORGE MORAIS CARDONA	M	PT	826	CAC	1267	M35	235	01:46:53	01:48:12	00:51:00
NUNO	SILVA	M	PT	1277	INDIVIDUAL	1268	M35	236	01:46:54	01:48:13	00:51:03
Daniel	Filipe Pereira Lacerda	M	PT	269	Núcleo de Montanha de Espinho	1269	M35	237	01:47:25	01:48:13	00:50:13
ricardo	sousa	M	PT	386	Os Barriguitas	1270	M20	289	01:47:20	01:48:13	00:50:19
ADOLFO	SILVA	M	PT	1551	OS BRAGUINHAS	1271	M50	251	00:00:00	01:48:14	00:00:00
Miguel	Ângelo Trindade Loureiro	M	PT	583	Terroros do Asfalto	1272	M35	238	01:47:13	01:48:16	00:49:38
MANUEL	VELOSO	M	PT	2048	PORTO RUNNERS	1273	M50	252	01:46:49	01:48:17	00:52:05
Marco	Dias Silva	M	PT	1393	MAFATE	1274	M20	290	01:47:06	01:48:17	00:50:03
RAFAEL	DA ROCHA GUISANDE	M	GL	1001	Individual	1275	M40	240	01:47:44	01:48:19	00:52:52
MANUEL LUIS	MOREIRA	M	PT	2159	AMIGOS ATLETAS POVOENSES	1276	M45	205	01:47:36	01:48:21	00:52:13
GUSTAVO	CALDAS	M	PT	88	UNICER	1277	M50	253	01:48:11	01:48:22	00:49:50
Joao	Miguel Mangericao	M	PT	987	Individual	1278	M35	239	01:47:38	01:48:22	00:51:27
ANTONIO	PEREIRA	M	PT	2162	AMIGOS ATLETAS POVOENSES	1279	M45	206	01:47:36	01:48:22	00:52:14
JOAO	OLIVEIRA	M	PT	2161	AMIGOS ATLETAS POVOENSES	1280	M45	207	01:47:36	01:48:22	00:52:13
RICARDO	LEAO	M	PT	2075	PORTO RUNNERS	1281	M45	208	01:47:40	01:48:23	00:52:02
MARIA	JOSE MOLDES RODAL	F	GL	1033	Individual	1282	F20	52	01:47:16	01:48:25	00:53:54
Rui	Nogueira	M	PT	1691	Individual	1283	M40	241	01:48:09	01:48:26	00:51:16
Luís	Filipe Domingues Lopes	M	PT	967	Individual	1284	M20	291	01:46:47	01:48:26	00:53:28
BERNARDO	GUIMARAES	M	PT	2185	INDIVIDUAL	1285	M20	292	01:48:09	01:48:27	00:51:16
manuel	fernandez arean	M	GL	765	Individual	1286	M50	254	01:47:52	01:48:27	00:50:42
Richard	Touret	M	PT	1690	Individual	1287	M35	240	01:48:09	01:48:27	00:51:16
ALVARO	FERNANDES	M	PT	55	SPORT ZONE	1288	M20	293	01:48:24	01:48:27	00:52:40
EDUARDO	ANTÓNIA G.C. PEREIRA	M	PT	1379	TURISTAS PRADENSES	1289	M50	255	01:47:46	01:48:29	00:51:02
Henrique	José Oliveira	M	PT	1622	Individual	1290	M20	294	01:47:47	01:48:32	00:53:02
JORGE	MOREIRA	M	PT	806	MAIA ATLETICO CLUBE	1291	M45	209	01:47:19	01:48:32	00:52:19
Jorge	Cruz	M	PT	1782	OS ROMPE SOLAS	1292	M35	241	01:48:06	01:48:33	00:50:48
jorge	loureiro	M	PT	369	CAVE Esposende	1293	M50	256	01:47:16	01:48:34	00:53:59
GISELDA	COUTO	F	PT	2102	HLM-FEMAB	1294	F20	53	01:47:38	01:48:35	00:51:22
Rui	Vieira	M	PT	367	Welldomus	1295	M40	242	01:48:26	01:48:38	00:49:24
JOSE	SILVA	M	PT	1320	GRUPO DOURO AZUL	1296	M45	210	01:48:38	01:48:38	00:51:24





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Nuno	Fernandes	M	PT	944	Individual	1297	M20	295	01:47:14	01:48:39	00:49:50
CLÁUDIO	COSTA	M	PT	1533	OS BRAGUINHAS	1298	M35	242	01:47:36	01:48:39	00:51:12
Luis	Miguel Barbosa Ramos	M	PT	970	Individual	1299	M20	296	01:47:48	01:48:39	00:50:33
ANTONIO	MORAIS	M	PT	2006	PORTO RUNNERS	1300	M45	211	01:47:14	01:48:41	00:51:57
EURICO	PINHO	M	PT	2016	PORTO RUNNERS	1301	M45	212	01:47:13	01:48:41	00:52:12
FERNANDO	LEITE	M	PT	2019	PORTO RUNNERS	1302	M50	257	01:47:14	01:48:41	00:51:57
ALVARO	ALMEIDA	M	PT	2005	PORTO RUNNERS	1303	M50	258	01:47:14	01:48:42	00:51:57
JORGE	MAGALHAES	M	PT	1709	Individual	1304	M40	243	01:48:15	01:48:42	00:50:40
José	Antonio Saavedra Pazos	M	GL	1029	Individual	1305	M45	213	01:47:10	01:48:42	00:52:46
alvaro	monteiro	M	PT	334	Individual	1306	M45	214	01:48:35	01:48:44	00:49:54
CARLOS	MANUEL SAMPAIO	M	PT	1776	OS ROMPE SOLAS	1307	M40	244	01:48:05	01:48:48	00:53:00
victor	manuel miguez novoa	M	GL	206	Individual	1308	M50	259	01:47:58	01:48:52	00:52:56
Joao	Faria	M	PT	1079	Individual	1309	M40	245	01:47:45	01:48:56	00:54:30
José	Carlos Gonçalves Coelho	M	PT	772	Individual	1310	M50	260	01:47:45	01:48:56	00:00:00
MIGUEL	RUA VAZQUEZ	M	GL	797	Individual	1311	M35	243	01:48:06	01:48:59	00:49:45
LUIS	COSTA	M	PT	52	SPORT ZONE	1312	M20	297	01:49:00	01:49:00	00:51:24
TIAGO	BORGES	M	PT	53	SPORT ZONE	1313	M20	298	01:48:57	01:49:00	00:51:25
ANTÓNIO	CÉSAR TEIXEIRA	M	PT	953	CENTRO DE ESTUDOS BLOCO DE NOTAS	1314	M35	244	01:48:26	01:49:01	00:52:08
Vitor	Dinis	M	PT	1735	Individual	1315	M35	245	01:48:33	01:49:02	00:49:37
PEDRO	MIGUEL MELO	M	PT	1475	COMPANHIA DO BAZOFIAS	1316	M35	246	01:48:14	01:49:04	00:52:04
marta	ramilo gonzalez	F	GL	1915	club alejandro gomez	1317	F20	54	01:48:16	01:49:08	00:54:00
Mário	Vilarinho	M	PT	167	Individual	1318	M50	261	01:48:31	01:49:09	00:49:31
JULIO	CAMPOS	M	PT	1334	GRUPO DOURO AZUL	1319	M50	262	01:47:48	01:49:09	00:53:19
JOSE	SARAIVA	M	PT	1335	GRUPO DOURO AZUL	1320	M50	263	00:00:00	01:49:10	00:53:19
RUI	PINHO	M	PT	2079	PORTO RUNNERS	1321	M35	247	01:48:17	01:49:11	00:52:47
Santiago	Lago Larrán	M	GL	1611	Individual	1322	M50	264	01:47:28	01:49:12	00:52:15
JOEL	MARQUES	M	PT	1077	INDIVIDUAL	1323	M20	299	01:48:33	01:49:13	00:49:08
CARLOS	SILVA	M	PT	160	TUBARÕES DE ESPINHO	1324	M50	265	01:48:46	01:49:13	00:51:59
Miguel	Borges	M	PT	1176	Individual	1325	M20	300	01:48:25	01:49:16	00:52:56
HELDER	GOMES	M	PT	1315	GRUPO DOURO AZUL	1326	M40	246	01:48:20	01:49:20	00:55:42
LUIS	PEREIRA	M	PT	1226	FERREIROLUX	1327	M50	266	01:48:34	01:49:22	00:51:38
MANUEL	BRITO	M	PT	1231	FERREIROLUX	1328	M50	267	01:49:09	01:49:22	00:48:36
carmen	carlin gago	F	GL	1450	Individual	1329	F20	55	00:00:00	01:49:22	00:50:58
Francisco	Javier Blanco García	M	GL	719	Individual	1330	M45	215	01:47:52	01:49:25	00:53:19
JOSÉ	JOAQUIM COSTA	M	PT	1870	A. C. VERMOIM	1331	M45	216	00:00:00	01:49:26	00:51:19
MANUEL	CARLOS DA COSTA	M	PT	1869	A. C. VERMOIM	1332	M50	268	01:48:45	01:49:26	00:51:19



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
José	Leiroz	M	PT	1937	Individual	1333	M40	247	01:48:32	01:49:34	00:49:31
Luis	Torres	M	PT	477	Individual	1334	M35	248	01:48:37	01:49:35	00:52:28
Mario	Paulo Fernandes Pinto	M	PT	1116	I-Run	1335	M45	217	01:48:30	01:49:40	00:53:46
ANTÓNIO	CARDOSO	M	PT	2091	Cães DAvenida	1336	M35	249	01:48:30	01:49:40	00:53:46
Pedro	Miguel Dias Rodrigues	M	PT	930	Individual	1337	M40	248	01:48:17	01:49:43	00:00:00
Margarita	Costas Vila	F	GL	1829	Individual	1338	F20	56	01:48:02	01:49:44	00:52:14
Maria	Fernanda Costa	F	PT	536	Clube os 5 à Hora	1339	F20	57	01:49:18	01:49:44	00:50:25
MANUEL	COELHO	M	PT	315	Individual	1340	M45	218	01:49:06	01:49:46	00:51:44
LUCIANO	PEREIRA	M	PT	2041	PORTO RUNNERS	1341	M50	269	01:48:26	01:49:50	00:00:00
RAFAEL	DE SOUSA VELOSO	M	PT	519	INDIVIDUAL	1342	M20	301	01:49:36	01:49:52	00:49:50
Zé	Rui Peixoto	M	PT	1804	CML	1343	M20	302	01:48:02	01:49:53	00:54:31
Francisco	Magalhães	M	PT	899	Individual	1344	M20	303	01:48:26	01:49:53	00:48:52
Juan	Manuel GonzÁllez Quiroga	M	GL	240	ESPRINTES OURENSE	1345	M50	270	01:49:00	01:49:54	00:50:57
BEGOÃA	DONIZ FREIRE	F	GL	289	VETERANOS PABELLON ORENSE	1346	F20	58	01:49:01	01:49:55	00:50:57
CRISTOVAO FILIPE	VIEIRA	M	PT	1188	INDIVIDUAL	1347	M20	304	01:48:34	01:49:57	00:51:14
BRUNO	PINHO	M	PT	1606	Individual	1348	M20	305	01:49:10	01:50:00	00:52:38
JOSE	GUILHERME DOS SANTOS	M	PT	1991	INDIVIDUAL	1349	M45	219	01:48:56	01:50:02	00:51:34
JOSÉ	MANUEL DIAS RODRIGUES	M	PT	951	CENTRO DE ESTUDOS BLOCO DE NOTAS	1350	M45	220	01:49:26	01:50:02	00:52:09
JOSE MANUEL	CACHEIRA	M	PT	2149	ASS JUV ESTREMOZ AJES	1351	M20	306	01:48:30	01:50:02	00:53:14
VITOR	MANUEL GARCIA FERNANDES	M	PT	947	CENTRO DE ESTUDOS BLOCO DE NOTAS	1352	M35	250	01:49:25	01:50:03	00:52:08
Eunice	Paula Rodrigues Reis	F	PT	150	Individual	1353	F20	59	01:48:33	01:50:03	00:52:33
MICAEL NEVES	DUARTE	M	PT	2138	INDIVIDUAL	1354	M20	307	01:48:41	01:50:03	00:52:33
DINIS	PIRES	M	PT	989	MAIA ATLETICO CLUBE	1355	M50	271	01:49:39	01:50:05	00:51:27
JOSE	MARIA GUIANCE PARADA	M	GL	1397	Individual	1356	M35	251	01:49:20	01:50:05	00:48:39
Alvaro	Vaz	M	PT	1877	Comporto	1357	M50	272	01:49:21	01:50:07	00:52:17
FLAVIO	CARVALHO	M	PT	1637	COMPORTO	1358	M20	308	01:49:23	01:50:08	00:52:16
Oscar	Lemos	M	PT	850	Individual	1359	M35	252	01:49:09	01:50:08	00:51:01
henrique	jorge capela baixinho	M	PT	961	Individual	1360	M45	221	01:49:59	01:50:09	00:47:44
Pedro	Barros Cândido da Silva	M	PT	1012	Individual	1361	M20	309	01:49:47	01:50:11	00:50:31
Luis	Jorge P. Machado	M	PT	472	Individual	1362	M40	249	01:49:44	01:50:14	00:49:40
Rui	Jorge Canelhas Neves	M	PT	781	Individual	1363	M20	310	01:49:28	01:50:14	00:51:50
Candido	Rocha	M	PT	1640	GRUPO ATLETISMO "INDEPENDENTES" DE GAIA	1364	M50	273	01:49:34	01:50:14	00:49:07
OSCAR	DIAZ PRADO	M	GL	528	Individual	1365	M20	311	01:49:27	01:50:15	00:54:26
Manuel	Pereira	M	PT	902	GD Estaleiros Navais	1366	M50	274	01:49:17	01:50:16	00:50:46
JOAQUIM	PAULINO	M	PT	1613	Individual	1367	M50	275	01:49:24	01:50:23	00:52:32
JOSÉ	PALMA	M	PT	1616	Individual	1368	M35	253	01:49:34	01:50:23	00:52:38



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
GONÇALO	TEIXEIRA	M	PT	1321	GRUPO DOURO AZUL	1369	M45	222	01:49:24	01:50:24	00:54:11
JORGE	MANUEL FERRAZ NETO	M	PT	1196	INDIVIDUAL	1370	M50	276	00:00:00	01:50:25	00:52:20
Filipe	Rocha	M	PT	135	Individual	1371	M20	312	01:48:59	01:50:25	00:53:15
ARTURO	RIVAS MIRANDA	M	GL	1422	Individual	1372	M50	277	01:48:45	01:50:27	00:54:24
JOÃO	VILAÇA	M	PT	2030	PORTO RUNNERS	1373	M35	254	01:49:24	01:50:27	00:51:58
JOSE	CARLOS RIVAS MIRANDA	M	GL	1424	Individual	1374	M50	278	01:48:44	01:50:28	00:54:24
LUIS	FERNANDEZ MANEIRO	M	GL	1779	INDIVIDUAL	1375	M20	313	01:48:44	01:50:28	00:54:24
Gil	da Costa	M	PT	565	Individual	1376	M50	279	01:49:22	01:50:28	00:51:44
Susana	Neta	F	PT	1844	Individual	1377	F20	60	01:50:19	01:50:35	00:51:14
JOSE	RAMON CONDE TORRES	M	GL	810	CARMA	1378	M50	280	01:49:58	01:50:37	00:52:30
FERNANDO	PIRES	M	PT	201	INDIVIDUAL	1379	M35	255	01:49:21	01:50:37	00:53:37
Luís	Telmo Balsemão de Abreu	M	PT	1368	Individual	1380	M35	256	01:49:23	01:50:38	00:53:37
ANTONIO	BATISTA	M	PT	2007	PORTO RUNNERS	1381	M40	250	01:49:56	01:50:38	00:52:02
CESAR	AUGUSTO CARVALHO	M	PT	935	Individual	1382	M35	257	01:50:20	01:50:38	00:49:05
DOMINGOS	ROCHA	M	PT	1535	OS BRAGUINHAS	1383	M50	281	01:50:36	01:50:39	00:49:37
ALFREDO	RODRIGUES	M	PT	1532	OS BRAGUINHAS	1384	M50	282	01:50:35	01:50:39	00:49:37
JOSE	ISAIAS BURLIDO BORREGO	M	GL	1437	club atletismo porriño	1385	M50	283	01:49:19	01:50:39	00:54:11
FERNANDO	MARINHO	M	PT	424	TURBO-LENTOS	1386	M50	284	01:49:54	01:50:41	00:52:56
ADOLFO	FERNANDEZ DOCASAR	M	GL	1658	Individual	1387	M40	251	01:50:17	01:50:48	00:49:20
MANUEL	PALHARES	M	PT	1338	GRUPO DOURO AZUL	1388	M35	258	01:50:07	01:50:49	00:51:46
Jorge	Andrade Silva	M	PT	1487	Individual	1389	M35	259	01:49:16	01:50:50	00:52:52
JAMIR	RODRIGUES	M	PT	2151	GINASIO FIT E FUN VALE DE CAMBRA	1390	M20	314	01:50:01	01:50:53	00:49:29
DANIEL	GARRIDO FERNÁNDEZ	M	GL	861	LICEO	1391	M45	223	01:49:12	01:50:53	00:54:14
Zaira	Garcia Fernandez	F	GL	1069	Individual	1392	F20	61	01:50:13	01:50:53	00:00:00
albino	oliveira	M	PT	1223	Individual	1393	M50	285	01:49:47	01:51:00	00:53:08
JORGE	BASTO	M	PT	85	UNICER	1394	M40	252	01:51:02	01:51:04	00:52:15
ANA	ROCHA	F	PT	86	UNICER	1395	F20	62	01:51:03	01:51:05	00:52:15
Ricardo	Xavier Dias Sampaio	M	PT	278	Individual	1396	M20	315	01:50:29	01:51:07	00:51:10
JORGE	LAGO BLANCO	M	GL	1408	Individual	1397	M20	316	01:49:39	01:51:13	00:54:33
JOAO FILIPE	RAINHO	M	PT	2137	INDIVIDUAL	1398	M20	317	01:49:55	01:51:15	00:52:33
CÉSAR	OSORIO DIEGUEZ	M	GL	1799	BEKELE RUNNING TEAM	1399	M20	318	01:49:29	01:51:17	00:56:48
Filipe	Almeida Pacheco	M	PT	502	Individual	1400	M20	319	01:50:27	01:51:17	00:47:26
Francisco	José Martins Lima	M	PT	413	Individual	1401	M20	320	01:50:46	01:51:19	00:54:12
Eduardo	Miguel Fernandes	M	PT	668	N Amadores	1402	M35	260	01:50:36	01:51:25	00:47:38
NUNO	FILIPE	M	PT	739	ZUPPER	1403	M20	321	01:50:08	01:51:26	00:55:07
Joao	Cordeiro de Melo Bandeira	M	PT	1102	Individual	1404	M40	253	01:50:37	01:51:27	00:50:23



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Patrick	Olivier Vaz Henriques	M	PT	1082	RE3	1405	M20	322	01:50:30	01:51:29	00:52:17
RAFAEL	CAÑADAS CASALES	M	GL	1433	ATLETISMO PORRIÑO	1406	M45	224	01:50:58	01:51:32	00:51:34
FILIPE	SILVA MARTINS	M	PT	1493	Individual	1407	M35	261	01:49:59	01:51:32	00:53:55
Marco	Vieira	M	PT	487	Individual	1408	M20	323	01:50:36	01:51:38	00:00:00
JOSÉ	FERNANDO SOARES LOPES	M	PT	950	CENTRO DE ESTUDOS BLOCO DE NOTAS	1409	M40	254	01:51:02	01:51:39	00:52:08
Bernardino	Faria	M	PT	1511	Individual	1410	M45	225	01:50:10	01:51:39	00:53:56
ANA	PIRES	F	PT	995	MAIA ATLETICO CLUBE	1411	F20	63	01:51:12	01:51:39	00:51:27
Cristina	Marbela Martins Nunes	F	PT	584	Individual	1412	F20	64	01:50:25	01:51:42	00:51:32
RUBEN	PEREZ IGLESIAS	M	GL	1455	Individual	1413	M20	324	01:50:15	01:51:45	00:52:55
ARMANDO	PINHO	M	PT	2011	PORTO RUNNERS	1414	M35	262	01:50:51	01:51:47	00:51:08
basilio	verdeal gonzalez	M	GL	958	Individual	1415	M45	226	01:50:17	01:51:47	00:52:55
ROBERTO	ALONSO	M	GL	1980	ATHLETICS B	1416	M40	255	01:51:16	01:51:50	00:50:56
David	Pérez	M	GL	1113	Individual	1417	M35	263	01:50:31	01:51:54	00:54:01
Alexis	Bensch	M	GL	1566	Individual	1418	M45	227	01:51:06	01:51:55	00:54:40
Manuel	Fernando Carneiro	M	PT	1682	"OS CACHOS"	1419	M45	228	01:50:56	01:51:59	00:53:39
JOSE CARLOS	PIMENTA	M	PT	1192	INDIVIDUAL	1420	M35	264	01:50:39	01:52:02	00:50:02
Gonçalo	Amorim	M	PT	1906	Individual	1421	M20	325	01:50:40	01:52:08	00:53:38
Pedro	Filipe Vaz da Silva	M	PT	1909	Individual	1422	M20	326	01:50:40	01:52:08	00:53:38
Manuel	Carvalho	M	PT	1169	I-Run	1423	M40	256	01:51:12	01:52:11	00:53:55
Rui	Pedro Gonçalves	M	PT	1886	VianaCycles	1424	M35	265	01:51:32	01:52:12	00:53:27
ARTURO	MARTINEZ ANGEL	M	GL	1808	BEKELE RUNNING TEAM	1425	M20	327	01:50:26	01:52:13	00:56:48
Armando	Neves	M	PT	1051	Clube os 5 à Hora	1426	M40	257	01:51:46	01:52:19	00:51:38
carmen	costas rodriguez	F	GL	1911	club alejandro gomez	1427	F20	65	01:51:30	01:52:22	00:54:13
ALTINO	SILVA	M	PT	1710	EDP	1428	M45	229	01:52:06	01:52:22	00:52:04
JOSE	CUNHA	M	PT	1790	OS LARANJINHAS	1429	M40	258	01:51:05	01:52:23	00:55:13
Goreti	Rocha	F	PT	1222	wellness Studio Paredes	1430	F20	66	01:50:46	01:52:25	00:54:14
Hugo	Jose Sousa ferreira	M	PT	469	wellness studio	1431	M20	328	01:50:47	01:52:26	00:54:14
MANUEL	RIBOIRA	M	PT	2052	PORTO RUNNERS	1432	M50	286	01:51:50	01:52:27	00:52:02
Fernando	Pereira	M	PT	904	GD Estaleiros Navais	1433	M45	230	01:52:01	01:52:28	00:49:04
Ricardo	Silva	M	PT	1529	A.D.R. OUTEIRENSE	1434	M20	329	01:52:01	01:52:29	00:46:49
Hélio	Lopes	M	PT	137	Individual	1435	M20	330	01:52:11	01:52:30	00:52:00
RAFAEL	SEÑARIS GONZALEZ	M	GL	1595	Individual	1436	M50	287	01:51:08	01:52:31	00:51:41
Aires	Manuel Ramos da Rocha	M	PT	1852	VianaCycles	1437	M35	266	01:51:54	01:52:33	00:53:27
Luís	Carlos Lopes	M	PT	197	Suicidas Brácaros	1438	M20	331	01:51:23	01:52:35	00:52:00
Carlos	Barbosa da Silva	M	PT	379	Individual	1439	M40	259	01:52:06	01:52:36	00:49:50
JAIME	PEREIRA	M	PT	1876	ASSOCIAÇÃO DESP. AMARANTE - ADA	1440	M50	288	01:52:34	01:52:38	00:49:06



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Rui	M Vieira	M	PT	559	Individual	1441	M40	260	01:51:37	01:52:39	00:55:44
NUNO	SOUSA	M	PT	57	SPORT ZONE	1442	M20	332	01:52:37	01:52:40	00:52:40
Daniel	Otero Cepeda	M	GL	1388	Individual	1443	M50	289	01:51:29	01:52:44	00:52:05
antonio	amaro caamaño	M	GL	840	Individual	1444	M50	290	01:52:18	01:52:49	00:48:58
lima	nunes	M	PT	415	tutilar class runners	1445	M50	291	01:52:41	01:52:55	00:50:04
Júlio	António Dantas Gonçalves	M	PT	1748	Individual	1446	M40	261	01:52:05	01:52:56	00:50:45
Francisco	N. Ramallo González	M	GL	1744	Individual	1447	M20	333	01:51:09	01:52:57	00:56:49
Fernando	Manuel Costa	M	PT	966	Individual	1448	M40	262	01:52:13	01:52:58	00:54:09
Miguel	José Guerreiro Puga	M	PT	1758	Individual	1449	M20	334	01:51:51	01:52:58	00:51:50
JESUS	PEREZ BALIRAC	M	GL	759	Individual	1450	M40	263	01:51:38	01:52:58	00:54:10
Pedro	Manuel Sarmiento Costa	M	PT	1590	CTM - Vila Pouca de Aguiar	1451	M35	267	01:51:57	01:53:03	00:52:23
ROQUE	MARTINS	M	PT	1160	A KARATE FELGUEIRAS	1452	M45	231	01:52:11	01:53:07	00:53:59
Henrique	Rocha	M	PT	344	Individual	1453	M45	232	01:52:39	01:53:11	00:51:11
JUAN	FRANCISCO LAMEIRO	M	GL	330	Individual	1454	M50	292	01:52:31	01:53:13	00:52:41
José	Luís Carreço Dantas	M	PT	181	Individual	1455	M20	335	01:52:56	01:53:14	00:51:07
MARTA	CAMPO	F	PT	2056	PORTO RUNNERS	1456	F20	67	01:52:19	01:53:16	00:54:28
ALVARO	CERQUEIRA	M	PT	1872	ASSOCIAÇÃO DESP. AMARANTE - ADA	1457	M45	233	01:52:56	01:53:17	00:50:55
Pedro	Fonseca Oliveira	M	PT	1415	One Man Team	1458	M35	268	01:52:52	01:53:17	00:51:44
MIGUEL	MEIRELES	M	PT	449	Individual	1459	M40	264	01:52:03	01:53:18	00:00:00
Fernandes	de Sousa Teixeira	M	PT	771	Individual	1460	M50	293	01:52:08	01:53:18	00:53:42
Rui	Costa	M	PT	1264	Individual	1461	M35	269	01:52:03	01:53:18	00:53:53
Paulo	Costa	M	PT	1443	Individual	1462	M35	270	01:52:47	01:53:20	00:51:10
Tiago	Nuno Vilaverde Gomes	M	PT	1272	Individual	1463	M20	336	01:52:05	01:53:20	00:53:53
Nelson	Vinha	M	PT	1444	Individual	1464	M35	271	01:52:50	01:53:22	00:51:10
Benigno	Torres Lopez	M	GL	1750	Individual	1465	M50	294	01:51:40	01:53:23	00:54:23
JOSE	MIGUEL ALMEIDA	M	PT	2092	Cães DAvenida	1466	M35	272	01:52:14	01:53:24	00:53:46
Vasco	Balixa	M	PT	463	Individual	1467	M35	273	01:53:21	01:53:25	00:52:52
André	Vaz	M	PT	185	Clinica Dentária António Silva Cardoso	1468	M35	274	01:53:21	01:53:25	00:52:53
João	Pedro Soares Martins	M	PT	1391	Individual	1469	M20	337	01:52:55	01:53:30	00:53:13
Paulo	Dias	M	PT	492	Individual	1470	M45	234	01:51:58	01:53:31	00:54:01
NUNO	LAGO DE CARVALHO MARQUES	M	PT	1142	MAIA ATLETICO CLUBE	1471	M20	338	01:52:39	01:53:34	00:53:48
Joni	Fernandes	M	PT	291	Individual	1472	M20	339	01:52:38	01:53:34	00:53:48
Francisco	Alonso Cuevas	M	GL	699	C.A.R. Marisqueiro	1473	M40	265	01:51:52	01:53:35	00:54:45
julio	antonio vazquez moreira	M	GL	238	Individual	1474	M50	295	01:53:01	01:53:41	00:54:13
JORGE	MANUEL T. LOURO	M	PT	849	Individual	1475	M45	235	01:52:36	01:53:44	00:54:45
arnaldo	silva lourenço	M	PT	825	Individual	1476	M50	296	01:52:08	01:53:44	00:55:17





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
JAVIER ALBA	ALONSO	M	GL	305	INDIVIDUAL	1477	M40	266	01:52:34	01:53:45	00:53:18
Duarte	Emanuel Ferraz Delgado	M	PT	1510	ZUPPER	1478	M20	340	00:00:00	01:53:47	00:00:00
CARLOS	PEREIRA	M	PT	1162	A KARATE FELGUEIRAS	1479	M45	236	01:52:52	01:53:47	00:53:06
Daniel	Nogueira	M	PT	593	Individual	1480	M20	341	01:53:31	01:53:52	00:52:23
Nelson	Ferreira	M	PT	1697	Individual	1481	M35	275	01:52:54	01:53:56	00:50:40
José	Maria Raposo	M	PT	1081	RE3	1482	M20	342	01:53:15	01:53:57	00:57:42
Marco	António Oliveira Bastos	M	PT	1080	RE3	1483	M20	343	01:53:16	01:53:57	00:57:42
JOAQUIM	CRUZ	M	PT	1319	GRUPO DOURO AZUL	1484	M40	267	01:53:02	01:54:03	00:52:55
JESUS	AREAL	M	GL	1979	ATHLETICS B	1485	M45	237	01:53:32	01:54:05	00:52:06
JOSE	RODRIGUES	M	PT	2039	PORTO RUNNERS	1486	M45	238	01:53:28	01:54:12	00:53:47
Tiago	Melo Patricio	M	PT	1801	CML	1487	M20	344	01:52:21	01:54:13	00:54:32
Paulo	Ribeiro	M	PT	1488	Individual	1488	M40	268	01:52:48	01:54:15	00:55:06
Patrícia	Garcez Soares	F	PT	412	Individual	1489	F20	68	01:53:44	01:54:15	00:54:13
Margarida	Magalhaes	F	PT	188	Individual	1490	F20	69	01:53:48	01:54:18	00:54:13
JOAQUIM	PERES	M	PT	2033	PORTO RUNNERS	1491	M45	239	01:52:50	01:54:19	00:54:23
JOSE	COSTA	M	PT	2040	PORTO RUNNERS	1492	M50	297	01:52:52	01:54:20	00:54:23
JORGE	CERQUEIRA	M	PT	1874	ASSOCIAÇÃO DESP. AMARANTE - ADA	1493	M50	298	01:53:59	01:54:21	00:53:23
José	Domingos Santos	M	PT	1700	Individual	1494	M45	240	01:53:49	01:54:22	00:49:14
Manuel	Carlos Figueiredo	M	PT	1586	Individual	1495	M45	241	01:53:13	01:54:29	00:55:47
Helena	Manuela Oliveira	F	PT	1936	Individual	1496	F20	70	01:53:25	01:54:30	00:53:33
RUI	JORGE NOVO	M	PT	1990	Individual	1497	M35	276	01:53:24	01:54:30	00:53:33
Diamantino	José Martins Pereira	M	PT	651	Individual	1498	M35	277	01:53:59	01:54:30	00:54:13
Antonio	Augusto Trindade	M	PT	527	Individual	1499	M50	299	01:53:30	01:54:35	00:54:42
FERNANDO	PIRES	M	PT	485	INDIVIDUAL	1500	M20	345	01:53:30	01:54:36	00:54:42
MANUEL	LEITAO	M	PT	12	CYCLONES SANITOP	1501	M50	300	01:54:09	01:54:37	00:50:51
Henrique	Ruivo	M	PT	434	Individual	1502	M50	301	01:53:39	01:54:40	00:54:36
CARLOS	REVUELTA MÉNDEZ	M	GL	912	ADAS O BARCO	1503	M50	302	01:52:51	01:54:41	00:56:36
jorge	mota	M	PT	611	cirac	1504	M45	242	01:53:48	01:54:44	00:50:55
PEDRO	PEDRA	M	PT	78	INDIVIDUAL	1505	M35	278	01:54:47	01:54:51	00:52:24
PAULO	BRANDÃO	M	PT	2068	PORTO RUNNERS	1506	M45	243	01:53:36	01:54:51	00:55:28
NUNO	BETTENCOURT	M	PT	2062	PORTO RUNNERS	1507	M35	279	01:54:45	01:55:00	00:51:11
MIGUEL	SOUSA	M	PT	1314	GRUPO DOURO AZUL	1508	M50	303	01:55:03	01:55:03	00:52:13
Hélder	Pereira	M	PT	667	N Amadores	1509	M40	269	01:54:25	01:55:09	00:53:04
Duarte	Alves	M	PT	730	Individual	1510	M40	270	01:54:53	01:55:11	00:54:29
Gabriel	M Santos	M	PT	1123	C.P.R A-do-Barbas	1511	M50	304	01:54:52	01:55:12	00:51:44
MANUEL	COUTO	M	PT	709	ATLETISMO OS AMIGOS DE GRIJO	1512	M50	305	01:54:15	01:55:14	00:54:02



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
ALBERTO	PAIVA	M	PT	711	ATLETISMO OS AMIGOS DE GRIJO	1513	M50	306	01:54:16	01:55:15	00:54:02
GUSTAVO	FERRAZ VIEIRA PINTO	M	PT	576	OPORTO SQUASH & RUNNING	1514	M20	346	01:53:21	01:55:20	00:53:40
JOSE	BRITO	M	PT	1519	MOVIMENTO DE JUVENTUDE DE MERELÍM	1515	M40	271	01:54:18	01:55:20	00:56:27
OSVALDO	MANUEL DIAS FERREIRA	M	PT	142	OPORTO SQUASH & RUNNING	1516	M20	347	01:53:30	01:55:20	00:53:40
MIGUEL	CUNHA	M	PT	2058	PORTO RUNNERS	1517	M40	272	00:00:00	01:55:21	00:53:53
Frederico	Esteves	M	PT	388	Individual	1518	M45	244	01:54:15	01:55:24	00:54:45
henrique	david morais ribeiro	M	PT	635	Parque Health club	1519	M40	273	01:54:20	01:55:34	00:55:00
MANUEL	SANDE	M	GL	2130	NOITEBRA FC	1520	M50	307	01:53:53	01:55:34	00:53:58
Carmo	Marinho	F	PT	568	Associação Recreativa	1521	F20	71	01:54:56	01:55:35	00:53:47
ANTONIO	CUNHA	M	PT	2010	PORTO RUNNERS	1522	M40	274	01:54:13	01:55:40	00:53:21
Xosé	Manuel Carballeira Hortas	M	GL	1180	Individual	1523	M50	308	01:54:25	01:55:41	00:54:39
Bartolomeu	Teixeira da Mota	M	PT	1149	Grupo Desportivo da Limpeza Urbana - CMP	1524	M50	309	01:54:37	01:55:45	00:54:00
MANUEL JOAQUIM	MOREIRA	M	PT	2160	AMIGOS ATLETAS POVOENSES	1525	M45	245	01:55:00	01:55:47	00:54:09
Ricardo	Lopes Mendes Silva	M	PT	126	Individual	1526	M35	280	01:54:47	01:55:49	00:55:44
Agostinho	Fontes	M	PT	103	Individual	1527	M50	310	01:55:48	01:55:51	00:52:03
Paulo	Serra	M	PT	363	Individual	1528	M20	348	01:54:26	01:55:59	00:55:31
Fernanda	Pinho	F	PT	1809	Parque Health Club	1529	F20	72	01:54:47	01:56:00	00:54:09
JOSÉ	LUIS CORREIA	M	PT	314	Individual	1530	M40	275	01:55:21	01:56:03	00:52:37
BORJA	CONEJERO JORDAN	M	GL	529	Individual	1531	M20	349	01:55:15	01:56:03	00:54:26
jose	Afonso	M	PT	484	Individual	1532	M50	311	01:55:54	01:56:04	00:52:43
Francisco	Joao Cerqueira	M	PT	1015	Individual	1533	M40	276	01:54:31	01:56:05	00:55:55
José	Fernandes	M	PT	444	Vitória Sport Clube	1534	M45	246	01:54:57	01:56:09	00:56:49
JORGE	RIBEIRO	M	PT	1861	Individual	1535	M35	281	01:55:14	01:56:09	00:51:42
Francisco	Bartolomeu	M	PT	1088	Individual	1536	M35	282	01:54:48	01:56:17	00:53:56
paulo	silva	M	PT	971	Individual	1537	M45	247	01:54:55	01:56:21	00:55:10
Ana	Pereira	F	PT	1372	AS CANSADAS DA AZENHA	1538	F20	73	01:54:51	01:56:22	00:57:02
CAMILO	BARANDA VALEIRAS	M	GL	631	Individual	1539	M40	277	01:54:56	01:56:22	00:55:46
DORA	RIBEIRO GOMEZ	F	GL	548	Individual	1540	F20	74	01:55:06	01:56:22	00:54:41
Ernesto	Martins	M	PT	1369	AS CANSADAS DA AZENHA	1541	M45	248	01:54:51	01:56:23	00:57:02
XOMA	PEREZ RODRIGUEZ	M	GL	534	Individual	1542	M50	312	01:54:56	01:56:23	00:55:45
CÉU	SANTOS	F	PT	925	OMUNDODACORRIDA	1543	F20	75	01:54:59	01:56:29	00:52:25
Ricardo	Bastos	M	PT	227	Associação de Atletismo Lebres do sado	1544	M45	249	00:00:00	01:56:30	00:50:51
Adelino	Guimarães	M	PT	1987	Estornorte	1545	M40	278	01:55:55	01:56:32	00:53:08
Jorge	Silva	M	PT	483	Individual	1546	M35	283	01:55:23	01:56:32	00:55:47
Vasco	Granja	M	PT	666	N Amadores	1547	M45	250	01:55:52	01:56:35	00:54:52
Juvenal	Rodrigues	M	PT	482	Individual	1548	M20	350	01:55:47	01:56:39	00:54:43



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Raquel	Sofia Cerqueira	F	PT	1014	Individual	1549	F20	76	01:55:08	01:56:42	00:55:55
José	Manuel Rocha Martins	M	PT	641	Individual	1550	M35	284	01:55:52	01:56:44	00:54:44
Jammy	Graçoeiro	M	PT	716	Enerunners	1551	M35	285	00:00:00	01:56:45	00:52:56
EDUARDO	PASSOS	M	PT	1856	A D RIO LARGO CLUBE DE ESPINHO	1552	M50	313	01:56:20	01:56:48	00:53:51
Helder	Pimenta de Assunção	M	PT	841	cave esposende	1553	M20	351	00:00:00	01:56:50	00:54:56
João	Araújo	M	PT	948	cave esposende	1554	M45	251	00:00:00	01:56:50	00:54:56
ARMANDO	PENEDA	M	PT	1602	EDP	1555	M50	314	00:00:00	01:56:51	00:55:00
Isabel	Ribeiro	F	PT	638	Parque Health club	1556	F20	77	01:55:45	01:56:58	00:55:00
Sergio	Freire	M	PT	1490	Clube PT	1557	M20	352	01:56:11	01:56:58	00:56:11
Luis	Gonçalves	M	PT	1884	VianaCycles	1558	M50	315	01:56:30	01:57:09	00:55:53
MIGUEL	LUIS SALGADO PAZOS	M	GL	556	Individual	1559	M45	252	01:56:22	01:57:10	00:55:05
Pedro	Miguel Andrade	M	PT	337	Individual	1560	M35	286	01:55:46	01:57:11	00:57:24
Miguel	Rocha	M	PT	736	Individual	1561	M40	279	01:56:37	01:57:13	00:56:11
Carlos	Leão	M	PT	1045	Individual	1562	M35	287	01:56:01	01:57:14	00:53:56
Cipriano	Sousa	M	PT	535	Clube os 5 à Hora	1563	M35	288	01:56:41	01:57:14	00:53:10
PEDRO	LUÍS PAIVA DIAS	M	PT	891	Team Cachorrão	1564	M20	353	01:56:41	01:57:21	00:53:27
Diogo	Luís Seixas Barros	M	PT	824	Individual	1565	M35	289	01:56:51	01:57:21	00:54:22
João	Gabriel Silva Gonçalves	M	PT	1193	Individual	1566	M35	290	01:56:12	01:57:23	00:57:41
ALVARO	RENATO	M	PT	1999	Individual	1567	M20	354	01:56:07	01:57:25	00:54:56
Hugo	Campos	M	PT	1016	ThunderRunners	1568	M20	355	01:56:07	01:57:26	00:54:56
Amílcar	dos Santos da Costa	M	PT	1693	Individual	1569	M50	316	01:56:23	01:57:27	00:56:14
Diogo	Soares da Costa Almeida	M	PT	629	Individual	1570	M20	356	01:56:19	01:57:28	00:55:12
Jorge	Portela Miranda	M	PT	1839	Individual	1571	M40	280	01:57:05	01:57:28	00:54:45
Joaquim	Portela Miranda	M	PT	1838	Individual	1572	M40	281	01:57:04	01:57:28	00:54:45
JORGE	CASTRO GIL	M	GL	860	LICEO	1573	M40	282	01:55:51	01:57:29	00:55:41
SARA	RODAL ÁLVAREZ	F	GL	859	LICEO	1574	F20	78	01:55:51	01:57:29	00:55:41
Sílvia	Pedroso	F	PT	1631	AASM - Triatlo	1575	F20	79	01:56:29	01:57:37	00:54:06
Luís	Miguel Novaes Machado	M	PT	897	Individual	1576	M20	357	01:56:14	01:57:41	00:55:16
Rui	Chamusca	M	PT	658	Açoreana Clube Banif	1577	M35	291	01:56:35	01:57:42	00:57:51
Pedro	Manuel Pereira Castro	M	PT	317	Individual	1578	M20	358	01:57:17	01:57:42	00:48:58
FREDERICO	FREITAS	M	PT	2198	INDIVIDUAL	1579	M20	359	00:00:00	01:57:42	00:00:00
Jorge	Pereira	M	PT	656	Açoreana Clube Banif	1580	M40	283	01:56:35	01:57:42	00:57:51
Raul	Pereira	M	PT	655	Açoreana Clube Banif	1581	M40	284	01:56:37	01:57:43	00:57:51
Aline	Colaço	F	PT	662	Açoreana Clube Banif	1582	F20	80	01:56:37	01:57:43	00:57:51
lucília	maria penteado	F	PT	1896	Individual	1583	F20	81	01:56:18	01:57:44	00:57:55
José	Manuel Peixoto Gomes	M	PT	190	Individual	1584	M50	317	01:56:23	01:57:47	00:55:26



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
António	Maria Coutinho Monteiro	M	PT	189	Individual	1585	M45	253	01:56:23	01:57:47	00:55:26
Joao	Cacheira	M	PT	779	Individual	1586	M20	360	01:56:19	01:57:52	00:56:33
Paulo	Cesár Sá do Vale	M	PT	1897	Individual	1587	M20	361	01:56:16	01:57:56	00:52:25
Mª	RITA RIELO FRANCO	F	GL	1413	LICEO	1588	F20	82	01:56:14	01:57:56	00:55:43
ANGEL	COSTAS COSTAS	M	GL	853	LICEO	1589	M35	292	01:56:13	01:57:56	00:55:42
CAMEN	LIMA	F	PT	42	SPORT ZONE	1590	F20	83	01:57:58	01:58:00	00:56:16
Xano	Monte	M	PT	1803	CML	1591	M20	362	01:56:09	01:58:02	00:54:31
ALVARO	LIZARDO	M	PT	1152	CLUBE GBES	1592	M50	318	01:57:29	01:58:05	00:55:21
MANUEL	ANGEL REZA GOMEZ	M	GL	1942	Individual	1593	M20	363	01:58:07	01:58:26	00:52:44
mario	jaime coutinho de amorim	M	PT	1773	Individual	1594	M45	254	01:57:07	01:58:29	00:00:00
DAVID	SOUSA	M	PT	1313	GRUPO DOURO AZUL	1595	M40	285	01:57:37	01:58:33	00:55:41
CARLOS	PINHO	M	PT	1317	GRUPO DOURO AZUL	1596	M50	319	01:57:33	01:58:34	00:54:53
Marinho	Pereira	M	PT	1982	Estornorte	1597	M40	286	01:58:03	01:58:38	00:53:08
ISABEL	ALMEIDA	F	PT	87	UNICER	1598	F20	84	01:58:39	01:58:41	00:54:24
PAULO	COSTA	M	PT	2067	PORTO RUNNERS	1599	M35	293	01:57:20	01:58:45	00:57:24
JESUS AMIEIRO	BECERRA	M	GL	2136	INDIVIDUAL	1600	M20	364	01:57:39	01:58:47	00:55:01
MANUEL	PINTO	M	PT	1833	CLUBE DE ATLETISMO DE VILA DO BISPO	1601	M45	255	00:00:00	01:58:48	00:54:43
Luís	Miguel Alves da Conceição	M	PT	145	Sport Lisboa e Benfica	1602	M20	365	01:57:49	01:58:48	00:52:32
Manuel	António de Araújo	M	PT	1893	Individual	1603	M40	287	01:58:32	01:58:49	00:53:34
Alexandre	Caetano	M	PT	400	Amigos Quinta das Freiras	1604	M20	366	01:58:13	01:58:54	00:55:14
SALVADOR	SILVA	M	PT	2133	G JUV VILA DE PUNHE	1605	M20	367	01:58:10	01:59:02	00:50:19
VASCO	TABORDA	M	PT	1930	Individual	1606	M50	320	01:57:38	01:59:04	00:58:25
Ricardo	Vazquez Soto	M	GL	1695	Individual	1607	M20	368	01:58:16	01:59:06	00:57:00
emmanuel	girondo rueda	M	GL	211	Individual	1608	M40	288	01:57:30	01:59:14	00:50:41
PEDRO	COSTA	M	PT	2072	PORTO RUNNERS	1609	M35	294	01:58:01	01:59:16	00:57:12
NUNO	MALHEIRO	M	PT	2065	PORTO RUNNERS	1610	M45	256	01:58:01	01:59:17	00:57:12
Elsa	Vaz Direito	F	PT	916	Individual	1611	F20	85	01:57:42	01:59:19	00:57:15
paulo	jose costa	M	PT	587	Individual	1612	M40	289	01:58:05	01:59:20	00:58:43
Luis	Antonio Sández García	M	GL	1472	San Xerome	1613	M35	295	01:59:02	01:59:21	00:52:16
DANIEL	CARDOSO	M	PT	1711	EDP	1614	M50	321	01:58:45	01:59:31	00:56:21
MANUEL	RIBEIRO	M	PT	2049	PORTO RUNNERS	1615	M50	322	01:58:47	01:59:32	00:56:21
Joel	Santos	M	PT	416	I2S Run Team	1616	M35	296	01:58:55	01:59:38	00:58:35
JOÃO	MASCARENHAS	M	PT	411	I2S RUN TEAM	1617	M20	369	01:58:55	01:59:38	00:58:36
António	Vela	M	PT	417	I2S Run Team	1618	M20	370	01:58:56	01:59:39	00:58:36
ANTONIO	MEDEIROS	M	PT	974	Individual	1619	M45	257	01:59:10	01:59:44	00:54:06
paulo	silva	M	PT	139	Individual	1620	M45	258	01:58:11	01:59:46	00:54:36



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
LUIS	MIGUEL MIRANDA MAGALHAES	M	PT	277	Individual	1621	M45	259	00:00:00	01:59:47	00:54:21
Paulo	Alexandre Palmeira Graça	M	PT	936	Individual	1622	M20	371	01:58:33	01:59:50	00:57:13
Érica	Fonseca dos Reis	F	PT	326	Individual	1623	F20	86	01:58:33	01:59:51	00:57:13
Natercia	maria teixeira	F	PT	1600	Amarante Running Team	1624	F20	87	01:58:55	01:59:54	00:53:00
João	António Ferreira da Silva	M	PT	901	Individual	1625	M20	372	01:59:49	01:59:58	00:52:53
Manuel	Duran Ferreira Santos	M	PT	883	Individual	1626	M35	297	01:58:36	02:00:02	00:58:02
Isabel	Alexandra Oliveira Silva	F	PT	1200	Individual	1627	F20	88	01:59:55	02:00:16	00:56:33
Ana	Varela	F	PT	1140	Individual	1628	F20	89	01:59:55	02:00:16	00:56:33
JOSE	CARLOS	M	PT	807	MAIA ATLETICO CLUBE	1629	M40	290	01:59:10	02:00:22	00:55:47
Joel	Pereira Martins	M	PT	1774	Individual	1630	M20	373	01:59:52	02:00:24	00:50:55
PATRICIA	TOBIO PADIN	F	GL	1037	Individual	1631	F20	90	01:59:16	02:00:25	00:58:54
MARIA	ANGELES PAMPIN FACORRO	F	GL	1783	Individual	1632	F20	91	01:58:47	02:00:25	00:58:46
SONIA	ALONSO MIGUEZ	F	GL	1907	LOMBIS	1633	F20	92	01:58:49	02:00:26	00:58:46
ANTONIO	BERMUDEZ BILBAO	M	GL	1740	Individual	1634	M50	323	01:58:47	02:00:26	00:58:46
Bruno	Martins da Silva	M	PT	195	Individual	1635	M20	374	02:00:09	02:00:27	00:50:31
ROBERTO	GONZALEZ BLANCO	M	GL	1908	LOMBIS	1636	M40	291	01:58:50	02:00:28	00:00:00
Miguel	António Ramos de Matos	M	PT	1103	Individual	1637	M20	375	01:59:41	02:00:28	00:58:18
Sérgio	Daniel Almeida Martins	M	PT	1011	Team Cachorrão	1638	M20	376	01:59:52	02:00:31	00:50:57
Juan	Carlos Rodriguez Vazquez	M	GL	1423	Individual	1639	M40	292	01:59:25	02:00:43	00:57:11
Nuno	Veiga Moreira da Silva	M	PT	864	Colégio Rosário - Porto	1640	M45	260	01:59:10	02:00:43	00:56:31
MARCO PAULO	DIAS	M	PT	2147	INDIVIDUAL	1641	M35	298	01:59:49	02:00:47	00:49:55
ALBERTO	SÁ	M	PT	423	TURBO-LENTOS	1642	M50	324	02:00:05	02:00:53	00:51:37
JOSE	CARNEIRO	M	PT	427	TURBO-LENTOS	1643	M50	325	02:00:06	02:00:54	00:53:41
Carlos	A. Ganço	M	PT	341	Individual	1644	M35	299	02:00:36	02:01:11	00:54:51
Bruno	Galante	M	PT	455	Individual	1645	M20	377	02:00:37	02:01:11	00:54:51
Nuno	Rocha	M	PT	1442	Individual	1646	M20	378	02:00:40	02:01:13	00:53:11
Isabel	Fernanda Ferreira Lourenço	F	PT	1104	Individual	1647	F20	93	02:00:35	02:01:22	00:58:18
ANDRÉ	MAGALHÃES	M	PT	552	GNR GUIMARÃES	1648	M45	261	01:59:49	02:01:22	00:53:58
Sónia	Mota	F	PT	1170	Cool Running	1649	F20	94	02:00:18	02:01:25	00:58:13
Isabel	Martins	F	PT	606	Cool running	1650	F20	95	02:00:20	02:01:26	00:58:15
CANDIDO	VILABOA CRESPO	M	GL	1156	Individual	1651	M45	262	02:00:12	02:01:30	00:51:40
JOSÉ	DE ARAÚJO DIAS PEIXOTO	M	PT	1383	TURISTAS PRADENSES	1652	M50	326	02:00:48	02:01:32	00:53:44
Renato	Viana	M	PT	865	Starolas	1653	M35	300	02:00:37	02:01:33	00:54:28
PEDRO	CRISPIM	M	PT	377	INDIVIDUAL	1654	M45	263	02:00:41	02:01:35	00:55:45
LUIS	VILAÇA	M	PT	2045	PORTO RUNNERS	1655	M35	301	02:01:01	02:01:36	00:56:24
FERNANDO	GONÇALVES	M	PT	1353	CLUBE VETERANOS DO PORTO	1656	M45	264	02:01:07	02:01:48	00:54:59





FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
CASIMIRO	FERNANDES	M	PT	1976	Grupo Os Barrigas	1657	M50	327	02:00:48	02:01:55	00:55:53
JOSE	IVAN VALENCIA BARCIA	M	GL	557	Individual	1658	M20	379	02:01:07	02:01:56	00:55:06
Nuno	Martins	M	PT	1699	Individual	1659	M40	293	02:01:07	02:02:03	00:57:50
Cláudia	Oliveira	F	PT	364	Individual	1660	F20	96	02:00:49	02:02:07	00:57:13
Rute	Liliana Teixeira Pinto	F	PT	1122	Individual	1661	F20	97	02:00:50	02:02:07	00:57:29
Ana	Alexandra de Paredes	F	PT	273	Individual	1662	F20	98	02:01:48	02:02:10	00:57:35
Nuno	Miguel Herdeiro Silva	M	PT	274	Individual	1663	M20	380	02:01:49	02:02:10	00:57:35
Fernando	Agostinho de Lemos	M	PT	588	Individual	1664	M20	381	02:01:26	02:02:20	00:59:24
Antonio	Mata	M	PT	1078	Individual	1665	M50	328	02:01:14	02:02:26	00:56:49
Alfredo	Pinto de Magalhães	M	PT	1057	Individual	1666	M45	265	02:01:21	02:02:37	00:56:05
Francisco	Ferreira	M	PT	1825	Individual	1667	M45	266	02:00:58	02:02:40	01:00:55
Eusebio	Gaião Ruas	M	PT	1824	Individual	1668	M40	294	02:00:57	02:02:40	01:00:55
RICARDO ALMEIDA	POÇAS	M	PT	303	INDIVIDUAL	1669	M20	382	02:02:34	02:02:49	00:48:59
JOÃO	MARQUES	M	PT	425	TURBO-LENTOS	1670	M50	329	02:01:16	02:02:49	00:58:43
SUSANA	CUNHA	F	PT	1974	YUPIIRUN	1671	F20	99	02:02:01	02:03:04	00:59:28
Teresa	Faria	F	PT	848	Individual	1672	F20	100	02:02:19	02:03:18	00:58:54
José	Sampaio	M	PT	847	Individual	1673	M50	330	02:02:19	02:03:18	00:58:54
Anibal	Paiva	M	PT	657	Açoreana Clube Banif	1674	M35	302	02:02:17	02:03:24	00:58:42
ADERITO	TEIXEIRA	M	PT	125	EDP	1675	M50	331	02:01:51	02:03:26	00:55:49
Jorge	Carlos Conde Saá	M	GL	978	Individual	1676	M45	267	02:02:50	02:03:27	00:56:09
Monica	Hombreiro Pérez	F	GL	1111	Individual	1677	F20	101	02:02:21	02:03:32	00:58:04
Estefânia	Dias Surreira	F	PT	1038	Individual	1678	F20	102	02:02:55	02:03:37	00:56:19
Arménio	Ferreira de Sousa	M	PT	1030	Individual	1679	M50	332	02:02:54	02:03:37	00:56:39
Joao	Jose Martins Carvalho	M	PT	1410	Individual	1680	M50	333	02:02:08	02:03:45	00:57:15
Maria	João da Silva Passos	F	PT	1017	Individual	1681	F20	103	02:03:14	02:03:45	00:57:12
ANDRE	COSTA	M	PT	2195	INDIVIDUAL	1682	M20	383	02:02:40	02:03:49	00:54:30
TIAGO	COSTA	M	PT	1973	YUPIIRUN	1683	M20	384	02:02:48	02:03:52	00:59:39
JOSÉ	VIEIRA	M	PT	997	MAIA ATLETICO CLUBE	1684	M50	334	00:00:00	02:03:56	00:00:00
PAULO	LIMBADO	M	PT	1309	GRUPO DOURO AZUL	1685	M45	268	00:00:00	02:04:02	01:05:13
MANUEL	SILVA	M	PT	1308	GRUPO DOURO AZUL	1686	M45	269	00:00:00	02:04:02	01:05:14
Nuno	Germano Teixeira	M	PT	338	Vodafone	1687	M35	303	02:02:15	02:04:03	00:56:42
FILIPE	CARVALHO	M	PT	1167	A KARATE FELGUEIRAS	1688	M40	295	02:03:08	02:04:05	00:50:58
João	Pedro de Carvalho Teixeira	M	PT	1107	Individual	1689	M35	304	02:03:24	02:04:10	00:56:29
Leonardo	Pires cerejeira	M	PT	123	Individual	1690	M50	335	02:03:25	02:04:11	00:56:29
Christopher	Barker	M	PT	266	Individual	1691	M20	385	02:03:23	02:04:14	00:54:32
CARLOS	COSTA	M	PT	2123	GINASIO C SANTO TIRSO	1692	M50	336	02:03:17	02:04:23	00:57:38



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
cláudia	sofia souza fernandes	F	PT	984	Individual	1693	F20	104	02:03:04	02:04:27	00:57:52
PAULO	SÉRGIO ALVES PIRES	M	PT	949	CENTRO DE ESTUDOS BLOCO DE NOTAS	1694	M35	305	02:03:50	02:04:28	00:56:40
Paula	Granja	F	PT	1927	YupiiRun	1695	F20	105	02:03:30	02:04:33	00:58:25
Jose	Miguel	M	PT	1925	YupiiRun	1696	M35	306	02:03:30	02:04:33	00:59:39
Jorge	Miguel	M	PT	1926	YupiiRun	1697	M35	307	02:03:29	02:04:33	00:59:39
alejandro	figueiredo vazquez	M	GL	760	Individual	1698	M20	386	02:03:32	02:04:48	00:55:48
Hugo	Manuel Morais Cerqueira	M	PT	147	Individual	1699	M20	387	02:04:10	02:04:49	00:55:27
JOAQUIM	SILVA	M	PT	804	MAIA ATLETICO CLUBE	1700	M35	308	02:03:42	02:04:54	00:58:49
Carolina	Inocência Faria	F	PT	782	Individual	1701	F20	106	02:04:35	02:05:16	00:59:44
Vitor	Leal	M	PT	1112	Individual	1702	M40	296	02:04:25	02:05:20	00:56:31
JOSE JAIME	TEIXEIRA	M	PT	2175	CLUBE GBES	1703	M40	297	02:05:22	02:05:37	00:53:16
CARLOS	SILVA	M	PT	62	SPORT ZONE	1704	M20	388	02:05:58	02:05:58	01:00:25
ANTÓNIO	COSTA	M	PT	1549	OS BRAGUINHAS	1705	M50	337	02:04:26	02:06:07	01:00:23
RUI	OLIVEIRA	M	PT	1541	OS BRAGUINHAS	1706	M50	338	02:04:27	02:06:08	01:00:23
DÁRIO	BRAGA	M	PT	1539	OS BRAGUINHAS	1707	M50	339	02:04:27	02:06:08	01:00:23
Jorge	Manuel Passarinho Machado	M	PT	1020	Individual	1708	M45	270	02:05:39	02:06:11	00:58:11
João	Carvalho	M	PT	293	Individual	1709	M35	309	02:04:38	02:06:13	00:59:04
DANIEL	CAIERO	M	PT	1883	PORTO RUNNERS	1710	M20	389	02:05:49	02:06:19	00:56:26
Miguel	Cruz	M	PT	1446	Individual	1711	M20	390	02:05:47	02:06:21	00:55:09
Sofia	Moreira	F	PT	1177	Individual	1712	F20	107	02:05:50	02:06:41	00:58:49
MIGUEL	MAGALHAES	M	PT	2059	PORTO RUNNERS	1713	M40	298	02:06:42	02:06:42	00:00:00
José	Manuel de Sousa Pereira	M	PT	791	Individual	1714	M35	310	02:06:42	02:06:59	00:53:59
Pedro	gomes Carneiro	M	PT	1453	Grupo Cultural Recreativo Alvarelos	1715	M20	391	00:00:00	02:07:04	00:49:55
Carlos	Azevedo	M	PT	909	Individual	1716	M20	392	02:05:38	02:07:05	00:55:16
MARIA	MAGALHÃES	F	PT	1163	A KARATE FELGUEIRAS	1717	F20	108	02:06:13	02:07:09	00:56:30
Nuno	Martins	M	PT	866	Individual	1718	M35	311	02:06:53	02:07:10	00:58:21
EUGÉNIO	MACHADO	M	PT	1164	A KARATE FELGUEIRAS	1719	M35	312	02:06:18	02:07:14	00:56:30
AMADEU	FERREIRA	M	PT	1225	FERREIROLUX	1720	M50	340	02:06:01	02:07:23	00:57:07
DUARTE	SÁ	M	PT	577	Individual	1721	M50	341	02:07:01	02:07:52	01:00:34
SÁNDRA	FREITAS	F	PT	2082	PORTO RUNNERS	1722	F20	109	02:07:02	02:07:59	00:58:36
NELSON	SOUSA	M	PT	2061	PORTO RUNNERS	1723	M20	393	02:07:05	02:08:02	00:47:19
RUI	FERNANDES	M	PT	2077	PORTO RUNNERS	1724	M45	271	02:07:40	02:08:03	00:56:56
EURICO	NASCIMENTO	M	PT	1476	COMPANHIA DO BAZOFIAS	1725	M40	299	02:07:18	02:08:07	01:00:33
José	Alberto Lopes	M	PT	414	Individual	1726	M40	300	02:06:50	02:08:09	00:58:46
Armindo	Portela Miranda	M	PT	1837	Individual	1727	M45	272	02:07:48	02:08:11	00:54:53
PACHECO	LOPES	M	PT	1311	GRUPO DOURO AZUL	1728	M50	342	02:07:27	02:08:29	01:00:18



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

www.mmviana.com



Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
Coelho	Ferreira	M	PT	1950	Individual	1729	M50	343	02:07:06	02:08:39	00:00:00
Luís	Almeida	M	PT	685	Confraria da Bike Clube	1730	M45	273	02:07:54	02:09:31	01:01:33
Joao	Filipe Miranda	M	PT	687	Confraria da Bike Clube	1731	M40	301	02:07:54	02:09:31	01:01:33
Joel	Dinis Pereira Alves	M	PT	1760	Individual	1732	M20	394	02:07:54	02:09:34	00:56:19
Javier	Ledo Castro	M	GL	207	Individual	1733	M20	395	02:08:06	02:09:45	01:00:46
Rui	Canas	M	PT	179	Individual	1734	M20	396	00:00:00	02:10:21	00:51:41
JOSE	MARIA PAZOS ACUÑA	M	GL	516	Individual	1735	M50	344	02:09:24	02:10:39	01:04:01
ANA	PEIXOTO	F	PT	1530	OS BRAGUINHAS	1736	F20	110	00:00:00	02:10:39	00:00:00
Paulo	guimarães	M	PT	499	CAVE Esposende	1737	M50	345	00:00:00	02:11:22	00:00:00
Carlos	ribeiro	M	PT	497	CAVE Esposende	1738	M40	302	00:00:00	02:11:23	00:00:00
PEDRO	VALENÇA	M	PT	1557	OS BRAGUINHAS	1739	M35	313	02:11:17	02:12:20	01:02:56
Joaquim	Manuel Pinto da Silva	M	PT	1572	Dasdikes	1740	M45	274	02:10:43	02:12:24	00:00:00
Oscar	Fresnedo Arias	M	GL	1894	Individual	1741	M20	397	02:11:12	02:12:54	01:02:31
Paula	Lopes	F	PT	1065	Individual	1742	F20	111	02:12:01	02:13:31	01:01:27
Joaquim	Cunha	M	PT	490	Individual	1743	M50	346	02:12:37	02:14:12	01:04:02
Sónia	Maria Pereira Brandão	F	PT	734	Individual	1744	F20	112	02:12:45	02:14:19	01:04:09
Jorge	Querales	M	PT	494	Individual	1745	M40	303	02:14:04	02:14:37	01:00:30
Paula	Matos	F	PT	594	Individual	1746	F20	113	02:13:45	02:15:19	01:03:07
CARLOS	PAIPINA	M	PT	1972	YUPIRUN	1747	M35	314	02:14:26	02:15:30	01:03:22
ARMANDO	MARTINS	M	PT	2111	CLUBE MILLENNIUM BCP	1748	M45	275	02:15:33	02:16:03	00:56:49
LUIS	SA	M	PT	794	C DE NATAÇÃO E CULTURA-PAREDES DE COURA	1749	M40	304	00:00:00	02:16:20	00:00:00
ANTONIO	COSTA	M	PT	992	MAIA ATLETICO CLUBE	1750	M50	347	00:00:00	02:16:44	00:00:00
José	Benjamim Pinto da Silva	M	PT	1575	Dasdikes	1751	M50	348	02:15:23	02:16:53	01:04:12
Ana	Maria Xavier Dias Coelho	F	PT	898	Individual	1752	F20	114	02:15:28	02:16:56	01:04:54
Bruno	Filipe Ferraz Matos	M	PT	1146	Individual	1753	M20	398	02:16:04	02:17:20	01:04:17
Marta	Neves	F	PT	691	Oporto Squash & Running	1754	F20	115	02:15:28	02:17:22	01:02:37
Fernando	Jorge Vinhas Pereira	M	PT	1643	Bate no Fundo	1755	M20	399	02:17:10	02:18:05	00:57:49
JOSE	CRUZ	M	PT	1345	GRUPO DOURO AZUL	1756	M50	349	02:17:24	02:18:13	01:00:31
Ricardo	Filipe Oiveira Fontes	M	PT	1827	Vilar Runners	1757	M20	400	02:17:35	02:18:42	01:03:26
JAIME	QUIÑONES PIQUENQUE	M	GL	515	Individual	1758	M50	350	02:18:57	02:20:12	01:04:01
Cristina	Maria Teles Cerqueira	F	PT	192	Individual	1759	F20	116	02:18:49	02:20:13	01:03:27
PAULO	ALMEIDA	M	PT	2187	INDIVIDUAL	1760	M40	305	02:19:10	02:20:14	00:57:40
Maria	Madalena Rola Pereira	F	PT	1409	Individual	1761	F20	117	02:20:02	02:20:23	01:04:29
jose	ramon martinez aguilera	M	GL	302	Individual	1762	M35	315	02:19:04	02:20:43	01:00:46
Rodolfo	Savino Gomez	M	GL	191	Individual	1763	M40	306	02:19:04	02:20:43	01:00:45
Susana	Martins	F	PT	908	Individual	1764	F20	118	02:19:37	02:21:05	01:04:55



FICA NO CORAÇÃO



## 14ª MEIA MARATONA MANUELA MACHADO 2012

## VIANA FICA NO CORAÇÃO

CLASSIFICAÇÕES

[www.mmviana.com](http://www.mmviana.com)

Nome	Apelido	Sexo	País	Dorsal	Equipa	Lugar Geral	Categoria	Lugar Categoria	Tempo Líquido	Tempo Oficial	Checkpoint
VASCO	ROCHA PIMENTA	M	PT	2089	Individual	1765	M20	401	02:19:56	02:21:26	01:02:02
Ricardo	Oliveira	M	PT	1064	Individual	1766	M35	316	02:20:06	02:21:36	01:03:14
JORGE	ARAUJO	M	PT	60	SPORT ZONE	1767	M20	402	02:22:06	02:22:10	01:00:25
ALVARO	MACHADO	M	PT	1148	CLUBE GBES	1768	M40	307	00:00:00	02:22:16	00:59:51
Francisco	José Fernández Rego	M	GL	718	Individual	1769	M45	276	02:21:19	02:23:02	01:07:43
ALEXANDRE	MORGADO	M	PT	218	VIANACYCLES	1770	M20	403	02:21:22	02:23:06	00:59:25
ANA	ATHAYDE	F	PT	171	VIANACYCLES	1771	F20	119	02:21:22	02:23:07	00:59:25
João	Miranda de Azevedo	M	PT	1127	STARolas	1772	M35	317	02:22:12	02:23:08	00:59:09
FILIPE	GONÇALVES	M	PT	51	SPORT ZONE	1773	M35	318	02:23:39	02:23:41	01:03:43
Luís	Pereira Martins	M	PT	835	Individual	1774	M50	351	02:23:24	02:24:24	01:04:30
Manuel	António Oliveira Araújo	M	PT	509	Individual	1775	M35	319	02:23:57	02:24:25	01:02:36
Vitor	Afonso	M	PT	1864	Individual	1776	M35	320	02:23:30	02:24:25	00:00:00
ANTONIO	VILA COVA	M	PT	1339	GRUPO DOURO AZUL	1777	M50	352	02:23:43	02:24:25	01:00:32
Gerson	Moreira	M	PT	1366	Individual	1778	M20	404	02:23:50	02:25:30	01:03:58
Neuza	Morgado	F	PT	862	Individual	1779	F20	120	02:24:49	02:25:30	01:03:19
Miguel	Costa	M	PT	1365	Individual	1780	M35	321	02:23:51	02:25:31	01:03:58
Ângelo	Moreira	M	PT	1364	Individual	1781	M50	353	02:23:51	02:25:31	01:03:58
PEDRO MIGUEL	MOREIRA	M	PT	741	ZUPPER	1782	M20	405	02:24:23	02:25:44	01:04:22
Cristiana	Ramos	F	PT	1507	vilar runners	1783	F20	121	02:24:50	02:25:57	00:00:00
José	Mário Alves	M	PT	1370	AS CANSADAS DA AZENHA	1784	M35	322	02:26:28	02:28:00	00:57:02