

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1	1	Pedro Cruz	982	j cruz irmaos	Séniore	M	01:09:42	00:11:56	00:40:27
2	1	Antonio Sousa	1543	GARMIN CLUBE OLIMPICO OEIRAS	Veteranos M40	M	01:09:51	00:11:55	00:40:28
3	2	Jorge Pinto	1689	Individual	Veteranos M40	M	01:11:21	00:11:55	00:40:45
4	2	Bruno Soares	1468	são joao da serra	Séniore	M	01:11:30	00:11:56	00:40:38
5	1	Vítor Ribeiro	1567	Individual	Veteranos M35	M	01:12:04	00:11:56	00:41:28
6	3	Tiago Babo	58	F.C. Penafiel	Séniore	M	01:14:11	00:12:25	00:42:35
7	2	Will Smith	1408	Individual	Veteranos M35	M	01:14:21	00:11:56	00:42:23
8	3	Paulo Martins	1356	ASSOCIAÇÃO DE MORADORES DE ATIBÁ	Veteranos M35	M	01:14:25	00:12:43	00:43:10
9	4	Nuno Romão	1358	G.D.R. Reboleira	Veteranos M35	M	01:14:27	00:12:40	00:43:10
10	3	Virgílio Gomes	829	N.A.Z.A.	Veteranos M40	M	01:16:05	00:12:55	00:44:26
11	1	João Ginja	827	N.A.Z.A.	Veteranos M45	M	01:16:05	00:12:55	00:44:26
12	4	Filipe Martins	1031	GRE BONFIM	Séniore	M	01:16:18	00:12:44	00:43:50
13	2	Fernando Santos	337	Núcleo de Atletismo de Cucujães	Veteranos M45	M	01:16:27	00:12:43	00:43:51
14	4	Carlos Oliveira	1523	Jobra	Veteranos M40	M	01:16:51	00:12:42	00:43:51
15	5	Fernando Grilo	572	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	Veteranos M35	M	01:16:57	00:13:12	00:44:21
16	5	Luis Santos	1521	DAR-Recardães	Séniore	M	01:17:24	00:12:37	00:44:21
17	6	Paulo Jesus	1029	GRE BONFIM	Veteranos M35	M	01:17:35	00:12:44	00:44:22
18	5	Luís Mota	1245	Clube de Atletismo de Ferreira do Zêzere	Veteranos M40	M	01:17:36	00:13:25	00:45:09
19	6	José Félix	299	Linda-a-Pastora Sporting Clube	Veteranos M40	M	01:17:38	00:13:27	00:45:09
20	7	Ezequiel Lobo	407	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	Veteranos M35	M	01:17:39	00:12:55	00:44:41
21	8	Armando Monteiro	189	FSG Collonge-Bellerive	Veteranos M35	M	01:17:44	00:12:43	00:44:16
22	9	Rui Rodrigues	703	CDCR CTT COIMBRA	Veteranos M35	M	01:17:55	00:12:42	00:45:09
23	3	Gabriel Gabriel	1226	G.F.VIDAIS	Veteranos M45	M	01:18:13	00:12:53	00:45:00
24	6	Nuno Graça	192	FSG Collonge-Bellerive	Séniore	M	01:18:44	00:13:18	00:45:53
25	7	Valdo Neves	1175	Peniche Amigos Clube	Séniore	M	01:18:48	00:13:00	00:45:31
26	10	Luis Cancela	1301	Zona Alta / Torres Novas	Veteranos M35	M	01:18:54	00:13:25	00:45:53
27	8	Bruno Rodrigues	571	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	Séniore	M	01:18:58	00:13:27	00:45:32
28	7	João Afonso	634	Casa do Benfica de Algueirão Mem Martins	Veteranos M40	M	01:18:59	00:13:26	00:45:17
29	11	Fernando Carvalho	699	CDCR CTT COIMBRA	Veteranos M35	M	01:19:14	00:13:17	00:45:20
30	12	Jorge Bola	1519	DAR-Recardães	Veteranos M35	M	01:19:37	00:13:25	00:46:11
31	13	Adelino Silva	1448	Individual	Veteranos M35	M	01:19:55	00:12:45	00:45:31
32	14	Fernando Pereira	371	Centro Optico da Reboleira	Veteranos M35	M	01:19:56	00:13:29	00:46:11
33	9	João Plácido	1036	UNIÃO DE TOMAR	Séniore	M	01:20:05	00:13:17	00:46:16
34	10	Eduardo Lopes	1222	G.F.VIDAIS	Séniore	M	01:20:13	00:13:16	00:45:44
35	11	Del Vincent	1103	Individual	Séniore	M	01:20:25	00:14:45	00:47:38
36	1	Duarte Barbosa	1323	CCDCMGONDOMAR	Veteranos M50	M	01:20:26	00:13:30	00:46:24
37	4	Adão Silva	55	F.C. Penafiel	Veteranos M45	M	01:20:27	00:13:25	00:46:22

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
38	2	Augusto Pereira	1324	CCDTC.M.Gondomar	Veteranos M55	M	01:20:35	00:13:27	00:46:24
39	12	Dúlio Parreira	1288	Golden Team	Séniore	M	01:20:40	00:13:26	00:45:54
40	13	Joselito Pedro	902	Individual	Séniore	M	01:20:48	00:13:38	00:46:36
41	14	Pedro Capela	582	Grupo Alegre e Unido	Séniore	M	01:20:49	00:13:34	00:46:31
42	15	Nuno Dias	405	Clube Atletismo da Barreira	Séniore	M	01:20:58	00:13:54	00:46:57
43	15	Luís Graça	1246	Clube de Atletismo de Ferreira do Zêzere	Veteranos M35	M	01:21:01	00:13:26	00:46:39
44	16	David Caldeirão	151	Individual	Veteranos M35	M	01:21:04	00:13:28	00:47:05
45	16	Ricardo Franco	1070	oesterunning/carregueirenses	Séniore	M	01:21:15	00:13:33	00:46:31
46	8	Paulo Reis	1694	Individual	Veteranos M40	M	01:21:17	00:12:52	00:45:36
47	17	Americo Pinho	85	Clube Escapães St Maria Feira	Veteranos M35	M	01:21:19	00:13:17	00:47:01
48	17	Antonio Ferreira	996	j cruz irmaos	Séniore	M	01:21:23	00:13:48	00:47:47
49	18	Emanuelbandeira Emanuelbandeira	1072	oesterunning/carregueirenses	Veteranos M35	M	01:21:26	00:13:59	00:47:05
50	3	Licínio Pereira	527	I.D.VIEIRENSE	Veteranos M55	M	01:21:38	00:14:57	00:47:43
51	19	Bruno Pereira	193	Linda-a-Pastora Sporting Clube	Veteranos M35	M	01:21:42	00:13:53	00:47:41
52	5	Paulo Leandro	1224	G.F.VIDAIS	Veteranos M45	M	01:21:54	00:14:07	00:47:28
53	6	Jorge Ilva	581	Grupo Alegre e Unido	Veteranos M45	M	01:21:56	00:13:33	00:46:40
54	7	Joaquim Ribeiro	1342	SS CGD	Veteranos M45	M	01:21:57	00:14:11	00:47:41
55	20	Helder Carreira	400	Clube Atletismo da Barreira	Veteranos M35	M	01:22:02	00:13:59	00:47:28
56	1	Xose Otero	292	Individual	Veteranos M60	M	01:22:30	00:14:03	00:47:32
57	8	Manuel Cardoso	942	A D Amarante	Veteranos M45	M	01:22:32	00:15:17	00:48:45
58	18	Nélio Almeida	653	A.C.S.MAMEDE	Séniore	M	01:22:33	00:14:49	00:48:29
59	21	Pedro Ferreira	632	Casa do Benfica de Algueirão Mem Martins	Veteranos M35	M	01:22:33	00:13:54	00:47:27
60	19	Bruno Martins	1028	GRE BONFIM	Séniore	M	01:22:35	00:13:27	00:47:10
61	9	Desidério Pires	1083	Casa Benfca de Alcobaça	Veteranos M40	M	01:22:37	00:13:50	00:47:24
62	20	Nuno Aldinhas	408	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	Séniore	M	01:22:38	00:13:58	00:48:13
63	21	Janício Reis	1350	Casa do Benfica de Algueirão Mem Martins	Séniore	M	01:22:53	00:13:49	00:47:24
64	10	Mário Caseiro	480	Clube de Atletismo da Nazaré	Veteranos M40	M	01:22:54	00:13:33	00:46:35
65	22	Rui Silva	375	Individual	Séniore	M	01:23:05	00:14:22	00:48:43
66	11	Mark Monteiro	128	Individual	Veteranos M40	M	01:23:11	00:13:29	00:47:16
67	12	Armando Pessoa	1007	Individual	Veteranos M40	M	01:23:13	00:14:03	00:48:09
68	9	Luis Ferreira	1401	u.r.d. arranhò	Veteranos M45	M	01:23:19	00:16:22	00:00:00
69	13	Fernando Candeias	972	SS CGD	Veteranos M40	M	01:23:27	00:14:12	00:48:24
70	14	Joel Marcelino	525	I.D.VIEIRENSE	Veteranos M40	M	01:23:30	00:13:51	00:47:47
71	23	Nelson César	1247	Clube de Atletismo de Ferreira do Zêzere	Séniore	M	01:23:38	00:13:27	00:47:27
72	24	João Ferreira	453	Individual	Séniore	M	01:23:46	00:14:23	00:47:31
73	15	Pedro Quintela	1300	Zona Alta / Torres Novas	Veteranos M40	M	01:23:48	00:14:33	00:48:26
74	10	Germano Capela	393	Clube Atletismo da Barreira	Veteranos M45	M	01:23:53	00:14:08	00:48:37

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
75	25	Pedro Gomes	1176	Zoot Sports	Séniore	M	01:23:55	00:13:50	00:48:35
76	26	Nuno Miranda	494	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	Séniore	M	01:24:08	00:13:27	00:48:07
77	2	Antonio Dias	532	GRE BONFIM	Veteranos M50	M	01:24:13	00:14:25	00:48:54
78	27	Alexandre Serrano	413	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	Séniore	M	01:24:19	00:14:01	00:48:57
79	3	João Martins	1177	Clube União Artística Benaventense	Veteranos M50	M	01:24:21	00:14:31	00:48:34
80	16	Francisco Primo	452	Individual	Veteranos M40	M	01:24:22	00:14:13	00:49:23
81	11	Francisco Novais	1154	Vitória Sport Club	Veteranos M45	M	01:24:24	00:13:56	00:48:48
82	12	Fernando Carmo	1068	Clube de Natação do Colégio Vasco da Gama	Veteranos M45	M	01:24:27	00:15:13	00:49:22
83	17	José Queirós	845	Alvitejo	Veteranos M40	M	01:24:28	00:14:38	00:49:44
84	13	José Martins	497	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	Veteranos M45	M	01:24:28	00:15:28	00:50:16
85	4	Vitor Ribeiro	402	Clube Atletismo da Barreira	Veteranos M50	M	01:24:29	00:14:56	00:50:06
86	18	Juan Merlos	297	Club Universidade de Santiago	Veteranos M40	M	01:24:30	00:14:39	00:49:05
87	4	Jorge Neto	342	LOUSADA RUNNERS	Veteranos M55	M	01:24:41	00:17:20	00:00:00
88	1	Rosa Madureira	56	F.C. Penafiel	Veteranos F35	F	01:24:49	00:14:46	00:49:46
89	19	Aires Sousa	57	F.C. Penafiel	Veteranos M40	M	01:24:51	00:14:46	00:49:46
90	28	Daniel Baptista	381	Clube Atletismo da Barreira	Séniore	M	01:25:01	00:14:21	00:49:07
91	29	André Cabreira	1437	clube de atletismo da povoa de varzim	Séniore	M	01:25:19	00:14:04	00:48:56
92	22	Pedro Pereira	594	ADFA-EVORA	Veteranos M35	M	01:25:31	00:14:52	00:49:13
93	5	António Santos	1440	GDINE	Veteranos M50	M	01:25:33	00:14:55	00:50:14
94	20	Jorge Freitas	686	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M40	M	01:25:35	00:14:50	00:50:15
95	21	Fernando Santos	372	Centro Optico da Reboleira	Veteranos M40	M	01:25:39	00:13:54	00:48:36
96	23	Marco Sousa	1332	Individual	Veteranos M35	M	01:25:43	00:15:16	00:50:27
97	22	Paulo Pereira	702	CDCR CTT COIMBRA	Veteranos M40	M	01:25:44	00:15:08	00:50:11
98	23	Jose Faria	1498	clube de atletismo da povoa de varzim	Veteranos M40	M	01:25:59	00:15:13	00:49:57
99	30	Pedro Rodrigues	1099	ARSM - Associação Recreativa de S. Miguel	Séniore	M	01:26:08	00:15:06	00:50:48
100	24	Fernando Neves	62	G.D.C. EIRAPEDRENSE	Veteranos M40	M	01:26:11	00:15:05	00:50:24
101	25	Miguel Silva	482	Clube de Atletismo da Nazaré	Veteranos M40	M	01:26:14	00:15:04	00:50:14
102	26	Paulo Oliveira	1088	Individual	Veteranos M40	M	01:26:15	00:14:22	00:49:17
103	27	Marcos Oliveira	1442	GDINE	Veteranos M40	M	01:26:19	00:14:56	00:50:14
104	6	Rui Falcão	208	Falcões Selvagens	Veteranos M50	M	01:26:27	00:14:42	00:50:09
105	14	Antonio Ferreira	914	Individual	Veteranos M45	M	01:26:27	00:13:52	00:48:23
106	7	Jose Brito	1325	CCDTC.M.Gondomar	Veteranos M50	M	01:26:30	00:14:42	00:49:23
107	15	Fernando Figueiredo	209	Falcões Selvagens	Veteranos M45	M	01:26:31	00:14:47	00:50:11
108	31	Diogo Silva	200	Individual	Séniore	M	01:26:31	00:14:03	00:49:52
109	8	José Oliveira	383	Clube Atletismo da Barreira	Veteranos M50	M	01:26:32	00:14:55	00:50:07
110	24	Vítor Santos	131	Individual	Veteranos M35	M	01:26:33	00:14:39	00:49:51
111	25	Vitor Santos	1074	oesterunning/carregueirenses	Veteranos M35	M	01:26:36	00:14:59	00:50:26

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
112	1	Mónica Moreiras	1417	NucleOeiras/SportZone	Senhoras	F	01:26:37	00:14:45	00:50:13
113	9	António Moreira	1004	clube de praças da armada	Veteranos M50	M	01:26:49	00:14:55	00:50:22
114	28	Luis Silva	1278	CASA DO POVO DE ALCANENA (CPA-S)	Veteranos M40	M	01:26:52	00:14:01	00:49:37
115	10	Jose Borges	1249	Alhandra Sporting Club	Veteranos M50	M	01:26:58	00:14:02	00:49:28
116	26	Rui Aguiar	673	ASSOCIAÇÃO -TOLEDO	Veteranos M35	M	01:27:03	00:14:46	00:50:25
117	32	Samuel Alexandre	892	Associação de Atletismo Lebres do Sado	Séniore	M	01:27:05	00:14:49	00:50:51
118	29	Carlos Pinto	526	I.D.VIEIRENSE	Veteranos M40	M	01:27:10	00:14:18	00:50:01
119	33	Noel Sarreira	670	ASSOCIAÇÃO -TOLEDO	Séniore	M	01:27:13	00:18:40	00:00:00
120	16	Jorge Ferreira	1449	Gelpinhos	Veteranos M45	M	01:27:15	00:14:46	00:50:27
121	30	Paulo Sequeira	1295	SRJARDOEIRA	Veteranos M40	M	01:27:17	00:15:19	00:50:51
122	5	Orlando Silva	1022	CCDTML	Veteranos M55	M	01:27:20	00:14:00	00:49:29
123	34	Tiago Cruz	513	Individual	Séniore	M	01:27:25	00:14:40	00:51:01
124	11	António Gaspar	412	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	Veteranos M50	M	01:27:29	00:14:41	00:49:55
125	35	Heraldo Peixe	478	Clube de Atletismo da Nazaré	Séniore	M	01:27:31	00:15:04	00:50:25
126	17	Paulo Chainho	886	Grupo Desp. e Rec. São Francisco da Serra	Veteranos M45	M	01:27:34	00:15:06	00:51:54
127	36	Bruno Canhão	577	Individual	Séniore	M	01:27:38	00:14:57	00:50:24
128	31	Jorge Teixeira	1340	clube de praças da armada	Veteranos M40	M	01:27:39	00:14:56	00:50:23
129	32	Joaquim Rodrigues	1073	oesterunning/carregueirenses	Veteranos M40	M	01:27:41	00:15:22	00:51:52
130	33	Augusto Figueiredo	1110	Individual	Veteranos M40	M	01:27:42	00:15:37	00:51:50
131	34	Paulo Marques	922	Individual	Veteranos M40	M	01:27:43	00:15:00	00:51:08
132	35	Jorge Canteiro	1066	Acoreana Clube Banif	Veteranos M40	M	01:27:47	00:15:27	00:51:56
133	18	José Gomes	554	Grupo Desportivo São Paio de Oleiros	Veteranos M45	M	01:27:49	00:15:22	00:51:04
134	12	Ricardo Fernandes	1090	Clube do Grupo BES	Veteranos M50	M	01:27:49	00:14:14	00:50:23
135	27	Henrique Venâncio	294	Individual	Veteranos M35	M	01:27:51	00:15:19	00:51:39
136	36	Rui Cabeças	1581	Individual	Veteranos M40	M	01:27:53	00:16:02	00:51:52
137	37	José Marques	873	centro de atletismo de matosinhos	Veteranos M40	M	01:27:54	00:14:38	00:49:57
138	19	Jorge Lercas	1040	UNIÃO DE TOMAR	Veteranos M45	M	01:27:57	00:14:22	00:50:46
139	37	Pedro Nascimento	779	Individual	Séniore	M	01:27:59	00:14:56	00:51:07
140	38	João Santos	1501	Individual	Séniore	M	01:28:00	00:15:51	00:51:53
141	38	Ignacio Couñago	296	Club Universidad de Santiago	Veteranos M40	M	01:28:00	00:14:41	00:49:50
142	28	Ricardo Silva	1210	Clube de Natação do Colégio Vasco da Gama	Veteranos M35	M	01:28:04	00:15:34	00:51:54
143	1	Paulo Benavente	325	APCLisboa	Deficientes I	M	01:28:13	00:14:25	00:49:27
144	20	António Azedo	848	Alvitejo	Veteranos M45	M	01:28:17	00:15:14	00:51:15
145	39	Rui Roberto	403	Clube Atletismo da Barreira	Veteranos M40	M	01:28:21	00:16:10	00:52:03
146	13	Acácio Campos	1219	G.F.VIDAIS	Veteranos M50	M	01:28:21	00:15:33	00:51:38
147	29	João Espiguinha	595	Individual	Veteranos M35	M	01:28:22	00:15:42	00:52:12
148	39	Charles Custodio	651	A.C.S.MAMEDE	Séniore	M	01:28:23	00:15:09	00:51:57

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
149	14	José Silva	1310	ACR Santa Cita	Veteranos M50	M	01:28:39	00:15:04	00:50:26
150	30	Pedro Marques	211	Individual	Veteranos M35	M	01:28:51	00:15:04	00:50:46
151	6	José Clemente	42	Individual	Veteranos M55	M	01:28:55		
152	21	Anibal Godinho	1315	Individual	Veteranos M45	M	01:28:57	00:15:31	00:52:04
153	31	Marco Melo	1368	amigos vale silencio	Veteranos M35	M	01:29:00	00:16:34	00:52:49
154	40	Nuno Lorvão	522	I.D.VIEIRENSE	Veteranos M40	M	01:29:02	00:14:33	00:50:46
155	32	Paulo Silva	726	Individual	Veteranos M35	M	01:29:03	00:15:12	00:51:53
156	15	Javier Fernandez-feijoo	295	Club Universidade de Santiago	Veteranos M50	M	01:29:03	00:16:08	00:52:34
157	22	Carlos Silva	293	Club Universidade de Santiago	Veteranos M45	M	01:29:04	00:16:07	00:52:34
158	40	Ricardo Coelho	429	Bosch Aveiro	Séniore	M	01:29:05	00:15:56	00:53:12
159	41	Jose Fernandes	75	Associação 20Km de Almeirim	Veteranos M40	M	01:29:06	00:15:18	00:52:02
160	7	João Jacinto	844	Alvitejo	Veteranos M55	M	01:29:06	00:15:16	00:52:02
161	41	José Rodrigues	1566	Ginásio Clube Figueirense	Séniore	M	01:29:10	00:16:53	00:52:23
162	42	Olivier Delmotte	821	Clube Vodafone	Veteranos M40	M	01:29:11	00:15:18	00:52:58
163	2	Emilia Kumos	1097	Individual	Senhoras	F	01:29:20	00:15:08	00:51:38
164	2	Henrique Adrega	1334	amigosdacorrida.com	Veteranos M60	M	01:29:21	00:15:48	00:52:09
165	43	Rui Gomes	654	A.C.S.MAMEDE	Veteranos M40	M	01:29:22	00:15:26	00:52:20
166	44	Orlando Franciso	1261	estrela campo de aviação futebol clube	Veteranos M40	M	01:29:26	00:14:31	00:50:46
167	33	Paulo Silva	1433	Individual	Veteranos M35	M	01:29:37	00:15:18	00:52:16
168	45	Adao Mendes	1493	clube de atletismo da povoa de varzim	Veteranos M40	M	01:29:40	00:14:58	00:51:42
169	42	Sérgio Montes	828	N.A.Z.A.	Séniore	M	01:29:41	00:15:51	00:52:39
170	34	João Lopes	202	Individual	Veteranos M35	M	01:29:42	00:15:34	00:51:49
171	43	Márcio Santos	1264	Individual	Séniore	M	01:29:44	00:14:51	00:51:40
172	46	Carlos Pereira	368	Clube Atletico Riachense	Veteranos M40	M	01:29:45	00:14:41	00:51:06
173	35	Hélder Milheiras	74	Charity Multisport	Veteranos M35	M	01:29:47	00:15:57	00:53:11
174	47	Hermínio Vicente	839	Golden Team	Veteranos M40	M	01:29:50	00:14:13	00:50:47
175	23	Paulo Santos	1541	clube tap	Veteranos M45	M	01:29:51	00:15:56	00:53:11
176	24	Vitor Silva	637	Casa do Benfica de Algueirão Mem Martins	Veteranos M45	M	01:30:01	00:14:36	00:50:13
177	44	André Santos	411	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	Séniore	M	01:30:02	00:14:27	00:50:08
178	48	Rogério Duarte	1130	Odimarq Aluminios	Veteranos M40	M	01:30:03	00:14:45	00:51:06
179	49	Antonio Serra	912	Clube de Atletismo da Nazaré	Veteranos M40	M	01:30:03	00:15:54	00:53:11
180	50	Emanuel Marques	619	g.d.c.zambujeira eserra	Veteranos M40	M	01:30:07	00:15:18	00:52:50
181	16	Manuel Carneiro	1200	GCRAlvarelos	Veteranos M50	M	01:30:08	00:15:52	00:52:44
182	51	Luis Morgado	379	gymrunners	Veteranos M40	M	01:30:10	00:15:39	00:52:49
183	8	Joaquim Fangueiro	531	GRE BONFIM	Veteranos M55	M	01:30:12	00:15:51	00:52:44
184	36	Joaquim Quitério	1480	AC VERMOIL	Veteranos M35	M	01:30:15	00:16:09	00:52:46
185	52	Paulo Amaro	499	Individual	Veteranos M40	M	01:30:17	00:16:00	00:53:19

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
186	45	Tiago Gomes	1658	Individual	Séniore	M	01:30:25	00:14:18	00:51:23
187	53	Alexandre Rosa	1121	Reg Art 4	Veteranos M40	M	01:30:28	00:14:57	00:52:51
188	46	Luís Cavaleiro	1048	Individual	Séniore	M	01:30:28	00:15:19	00:51:58
189	47	Raul Bicho	1697	Individual	Séniore	M	01:30:30	00:17:02	00:54:00
190	9	Armando Silva	212	Individual	Veteranos M55	M	01:30:32	00:15:17	00:52:31
191	10	Leandro Santos	1481	AC VERMOIL	Veteranos M55	M	01:30:33	00:16:09	00:52:54
192	11	Luis Prego	1067	Acoreana Clube Banif	Veteranos M55	M	01:30:34	00:15:34	00:53:31
193	17	Jorge Agostinho	390	Clube Atletismo da Barreira	Veteranos M50	M	01:30:35	00:15:17	00:52:15
194	18	Manuel Sá	677	Individual	Veteranos M50	M	01:30:35	00:15:23	00:52:02
195	25	José Lopes	1503	estrela campo de aviação futebol clube	Veteranos M45	M	01:30:35	00:15:13	00:51:28
196	48	Nuno Botelho	543	I.D.VIEIRENSE	Séniore	M	01:30:36	00:16:04	00:53:11
197	2	Luis Silva	1343	scbraga	Deficientes I	M	01:30:36	00:15:17	00:52:31
198	54	Nuno Costa	1525	C C R D BURINHOSA	Veteranos M40	M	01:30:38	00:14:28	00:48:53
199	37	Paulo Carvalho	932	acaventura	Veteranos M35	M	01:30:39	00:15:53	00:52:11
200	19	Pedro Gerardo	923	Clube de Veteranos de Atletismo de Coimbra	Veteranos M50	M	01:30:41	00:16:04	00:53:30
201	26	Nuno Correia	1266	GDINE	Veteranos M45	M	01:30:41	00:15:05	00:52:33
202	49	João Matos	434	Bosch Aveiro	Séniore	M	01:30:44	00:15:55	00:53:48
203	55	Paulo Gomes	1426	No Tomorrow - Running Team	Veteranos M40	M	01:30:45	00:16:47	00:54:08
204	27	José Lopes	1082	Individual	Veteranos M45	M	01:30:47	00:16:18	00:53:34
205	38	Luís Alexandre	162	ACR SANTA CITA	Veteranos M35	M	01:30:48	00:15:03	00:52:03
206	20	José Gomes	86	Associação Cultural e Juvenil do Mozinho	Veteranos M50	M	01:30:49	00:15:21	00:51:58
207	1	Ana Duarte	1087	Alvitejo	Veteranos F40	F	01:30:49	00:15:17	00:52:30
208	56	Miguel Tavares	560	Clube Atlético das Patameiras	Veteranos M40	M	01:30:49	00:16:37	00:53:51
209	39	Domingos Lopes	201	Individual	Veteranos M35	M	01:30:49	00:16:57	00:54:12
210	57	José Silva	1281	Ginásio Clube Figueirense	Veteranos M40	M	01:30:49	00:17:10	00:54:08
211	40	Antonio Gasparinho	1134	Individual	Veteranos M35	M	01:30:50	00:15:53	00:54:00
212	58	Artur Duarte	722	Pernas de Gafanhoto	Veteranos M40	M	01:30:50	00:16:23	00:53:30
213	28	José Bouceiro	1188	A.D.C.R. PJ	Veteranos M45	M	01:30:50	00:16:07	00:53:17
214	3	Albino Neiva	1391	Casa do Benfica de Algueirão Mem Martins	Veteranos M60	M	01:30:56	00:15:21	00:52:06
215	59	José Magalhães	1002	AMCR FONTE GRADA	Veteranos M40	M	01:31:03	00:15:14	00:52:03
216	50	José Guimarães	496	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	Séniore	M	01:31:17	00:15:37	00:52:27
217	29	Nuno Barra	569	Individual	Veteranos M45	M	01:31:19	00:16:39	00:54:07
218	30	Amaro Silva	1199	GCRAIvarelhos	Veteranos M45	M	01:31:20	00:15:53	00:53:18
219	60	Paulo Oliveira	1201	GCRAIvarelhos	Veteranos M40	M	01:31:25	00:15:44	00:53:10
220	31	António Lopes	1312	ACR Santa Cita	Veteranos M45	M	01:31:26	00:16:03	00:53:49
221	21	Henrique Helder	790	Individual	Veteranos M50	M	01:31:29	00:15:41	00:53:50
222	41	Miguel Oliveira	1520	DAR-Recardães	Veteranos M35	M	01:31:30	00:15:10	00:53:26

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
223	22	Guilherme David	1545	OS ZATOPEQUES	Veteranos M50	M	01:31:35	00:16:33	00:54:09
224	42	João Canas	671	ASSOCIAÇÃO -TOLEDO	Veteranos M35	M	01:31:37	00:17:50	00:55:35
225	61	Emilio Martinez	298	Club Universidade de Santiago	Veteranos M40	M	01:31:41	00:16:08	00:53:04
226	32	Luis Conceição	450	Grupo Desportivo São Paio de Oleiros	Veteranos M45	M	01:31:41	00:15:27	00:53:11
227	62	Armando Sousa	1336	Os Kotas Bike Team	Veteranos M40	M	01:31:44	00:15:22	00:52:49
228	33	Paulo Santos	924	Peniche Amigos Clube	Veteranos M45	M	01:31:44	00:15:44	00:53:37
229	51	José Pinto	93	Casa do Benfica de Algueirão Mem Martins	Séniore	M	01:31:45	00:15:54	00:53:46
230	52	Manuel Couto	1353	Casa do Benfica de Algueirão Mem Martins	Séniore	M	01:31:45	00:15:50	00:54:04
231	3	Joana Lima	1436	clube de atletismo da povoa de varzim	Senhoras	F	01:31:46	00:15:19	00:53:13
232	53	Nuno Rebocho	410	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	Séniore	M	01:31:46	00:16:02	00:53:57
233	63	Filipe Branco	1404	u.r.d. arranhò	Veteranos M40	M	01:31:53	00:16:22	00:53:51
234	23	Duarte Sares	470	Centro Optico da Reboleira	Veteranos M50	M	01:31:54	00:16:09	00:54:18
235	12	Augusto Dourado	1186	Casa Pires \"A Sardinha\"	Veteranos M55	M	01:31:56	00:15:59	00:53:18
236	54	Pedro Romano	1382	Individual	Séniore	M	01:31:57	00:16:21	00:54:14
237	64	Paulo Jesuino	1220	G.F.VIDAIS	Veteranos M40	M	01:31:58	00:14:12	00:49:50
238	65	Pedro Sebastião	1180	Individual	Veteranos M40	M	01:31:58	00:16:56	00:54:44
239	43	Ricardo Reis	120	GDR Covas de Coina	Veteranos M35	M	01:32:04	00:12:43	00:46:55
240	13	Antonio Barbsosa	987	Individual	Veteranos M55	M	01:32:04	00:19:26	00:00:00
241	44	Paulo Pinheiro	1169	Individual	Veteranos M35	M	01:32:07	00:15:53	00:54:06
242	66	Samuel Oliveira	1140	Individual	Veteranos M40	M	01:32:15	00:16:52	00:55:11
243	34	Pedro Matias	1461	CENAP	Veteranos M45	M	01:32:19	00:15:13	00:51:45
244	45	Pedro Ferreira	170	Individual	Veteranos M35	M	01:32:23	00:15:34	00:53:21
245	4	Carlos Cardoso	1009	GD BANCO BPI	Veteranos M60	M	01:32:24	00:15:54	00:53:54
246	46	Nelson Bento	324	G.D.R FIGUEIRAS	Veteranos M35	M	01:32:30	00:16:20	00:54:58
247	47	Pedro Marques	1306	ACR Santa Cita	Veteranos M35	M	01:32:34	00:16:01	00:52:57
248	5	Vasco Micaelo	1514	DAR-Recardães	Veteranos M60	M	01:32:41	00:15:54	00:53:58
249	67	José Sousa	1631	Associação de Atletismo Lebres do Sado	Veteranos M40	M	01:32:42	00:15:30	00:54:08
250	68	Luis Ramos	1339	Individual	Veteranos M40	M	01:32:43	00:16:05	00:54:01
251	55	Flavio Vicente	652	A.C.S.MAMEDE	Séniore	M	01:32:44	00:15:58	00:54:17
252	56	Sandro Jordão	259	BCP Millennium	Séniore	M	01:32:46	00:16:28	00:54:56
253	48	Luís Queirós	850	Alvitejo	Veteranos M35	M	01:32:51	00:16:53	00:54:56
254	14	Mario Amador	1144	grupo dos amigos do atletismo de vila franca de xira	Veteranos M55	M	01:32:52	00:15:36	00:54:13
255	69	Filipe Reinoite	866	Individual	Veteranos M40	M	01:32:53	00:15:59	00:54:09
256	2	Sara Brito	396	Clube Atletismo da Barreira	Veteranos F40	F	01:32:54	00:15:52	00:54:03
257	35	Gabriel Antonio	1403	u.r.d. arranhò	Veteranos M45	M	01:32:56	00:20:17	00:00:00
258	15	António Geraldo	169	Individual	Veteranos M55	M	01:32:57	00:16:26	00:54:28
259	57	Nuno Miguel	562	Clube Atlético das Patameiras	Séniore	M	01:32:58	00:16:37	00:53:51

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
260	70	Joaquim Capela	776	casa do benfica em alhandra	Veteranos M40	M	01:33:01	00:15:33	00:53:16
261	49	Gerardo Belo	968	Individual	Veteranos M35	M	01:33:02	00:17:59	00:55:52
262	58	Ricardo Mendes	538	Bombeiros Caxarias	Séniore	M	01:33:07	00:16:40	00:55:07
263	50	Filipe Mendes	492	Scalabis Night Runners	Veteranos M35	M	01:33:13	00:16:07	00:55:07
264	59	Rui Rodrigues	355	Individual	Séniore	M	01:33:13	00:16:38	00:55:07
265	51	Avelino Freitas	553	Grupo Desportivo São Paio de Oleiros	Veteranos M35	M	01:33:15	00:13:50	00:49:31
266	60	Rui Estrelinha	225	Individual	Séniore	M	01:33:16	00:17:05	00:55:09
267	52	Victor Sousa	1496	clube de atletismo da povoa de varzim	Veteranos M35	M	01:33:18	00:16:03	00:52:47
268	61	Samuel David	1546	OS ZATOPEQUES	Séniore	M	01:33:19	00:16:33	00:54:22
269	53	Alfredo Pereira	1148	hereforbeer	Veteranos M35	M	01:33:20	00:16:21	00:54:09
270	62	Tiago Miguel	1248	Clube de Atletismo de Ferreira do Zêzere	Séniore	M	01:33:22	00:14:43	00:51:46
271	71	Helder Branco	818	Clube Vodafone	Veteranos M40	M	01:33:22	00:15:57	00:53:42
272	54	Hugo Magalhães	503	GP Runners	Veteranos M35	M	01:33:24	00:15:35	00:53:45
273	63	Paulo Veloso	1555	Ginásio Clube Figueirense	Séniore	M	01:33:28	00:17:57	00:55:56
274	6	Joaquim Gomes	733	Centro Popular e Recreativo de A-do-Barbas	Veteranos M60	M	01:33:29	00:15:17	00:53:32
275	16	Mário Cardoso	156	Individual	Veteranos M55	M	01:33:31	00:15:33	00:54:10
276	72	Paulo Amadeu	1313	ACR Santa Cita	Veteranos M40	M	01:33:34	00:16:38	00:55:22
277	55	Nuno Pita	1023	CCDTML	Veteranos M35	M	01:33:37	00:17:20	00:55:26
278	64	Marco Vitorino	1274	CASA DO POVO DE ALCANENA (CPA-S)	Séniore	M	01:33:42	00:15:14	00:53:38
279	73	Abilio António	780	Individual	Veteranos M40	M	01:33:44	00:16:01	00:54:39
280	36	Edgar Francisco	1405	u.r.d. arranhò	Veteranos M45	M	01:33:45	00:16:23	00:54:29
281	24	Vitor Luis	744	Individual	Veteranos M50	M	01:33:46	00:15:58	00:54:54
282	7	Orlindo Figueiredo	975	SS CGD	Veteranos M60	M	01:33:46	00:15:23	00:54:06
283	65	João Mendes	930	O Mundo da Corrida	Séniore	M	01:33:48	00:16:30	00:54:40
284	56	Jorge Mauricio	1037	UNIÃO DE TOMAR	Veteranos M35	M	01:33:53	00:15:16	00:51:39
285	3	Dulcinea Silva	386	Clube Atletismo da Barreira	Veteranos F40	F	01:33:54	00:15:31	00:53:47
286	57	Casimiro Gomes	1290	SRJARDOEIRA	Veteranos M35	M	01:33:57	00:16:10	00:52:03
287	37	Paulo Santos	596	Individual	Veteranos M45	M	01:33:58	00:18:56	00:55:42
288	66	Micael Agostinho	404	Clube Atletismo da Barreira	Séniore	M	01:34:01	00:15:10	00:52:46
289	38	Mario Coelho	1635	Associação de Atletismo Lebres do Sado	Veteranos M45	M	01:34:04	00:16:43	00:55:06
290	17	Jorge Santos	1351	Casa do Benfica de Algueirão Mem Martins	Veteranos M55	M	01:34:05	00:16:14	00:55:18
291	58	José Gonçalves	1223	G.F.VIDAIS	Veteranos M35	M	01:34:06	00:16:36	00:55:10
292	59	Emanuel Lopes	500	Individual	Veteranos M35	M	01:34:10	00:15:53	00:54:57
293	60	Joao Duarte	248	Individual	Veteranos M35	M	01:34:12	00:16:24	00:55:29
294	25	José Rosendo	1452	LOUSADA RUNNERS	Veteranos M50	M	01:34:17	00:15:10	00:54:24
295	18	Manuel Costa	1015	CCDTML	Veteranos M55	M	01:34:18	00:15:58	00:55:04
296	26	Vitor Manso	510	G.F.VIDAIS	Veteranos M50	M	01:34:20	00:16:36	00:55:09

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
297	61	Sergio Contente	1122	Reg Art 4	Veteranos M35	M	01:34:21	00:14:59	00:52:51
298	67	Horácio Alexandre	511	G.F.VIDAIS	Séniore	M	01:34:22	00:13:17	00:46:29
299	19	Joaquim Teixeira	1328	Individual	Veteranos M55	M	01:34:22	00:16:10	00:54:57
300	74	José Santos	1020	CCDTML	Veteranos M40	M	01:34:23	00:17:12	00:55:26
301	68	Jorge Duarte	1542	Ginásio Clube Figueirense	Séniore	M	01:34:24	00:17:07	00:54:16
302	69	Raul Quaresma	215	O Mundo da Corrida	Séniore	M	01:34:25	00:16:26	00:54:28
303	75	Carlos Guerra	1191	Recreio Desportivo de Àgueda	Veteranos M40	M	01:34:30	00:16:39	00:55:41
304	70	Sergio Pocinho	808	Individual	Séniore	M	01:34:32	00:16:09	00:53:35
305	20	José Alcobia	1238	Clube Ferroviario de Portugal	Veteranos M55	M	01:34:34	00:15:49	00:55:55
306	71	Moisés Cardoso	723	Individual	Séniore	M	01:34:35	00:17:06	00:55:24
307	39	Luis Estrelinha	544	Clube Atletismo da Barreira	Veteranos M45	M	01:34:37	00:16:47	00:55:20
308	27	Joaquim Martins	846	Alvitejo	Veteranos M50	M	01:34:37	00:17:03	00:54:59
309	62	Pedro Ferreira	1396	Casa do Benfica de Algueirão Mem Martins	Veteranos M35	M	01:34:39	00:17:04	00:55:30
310	28	Antonio Nunes	1327	CRP Ribafria	Veteranos M50	M	01:34:41	00:16:13	00:54:09
311	63	Fernando Bernardino	116	Individual	Veteranos M35	M	01:34:42	00:16:37	00:54:15
312	40	João Mendes	1258	estrela campo de aviação futebol clube	Veteranos M45	M	01:34:44	00:15:40	00:54:19
313	76	Francisco Confraria	1311	ACR Santa Cita	Veteranos M40	M	01:34:46	00:16:25	00:56:04
314	77	António Ferreira	1189	C.A. Amigos Parque da Paz	Veteranos M40	M	01:34:49	00:16:02	00:54:54
315	41	José Vital	609	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M45	M	01:34:50	00:16:38	00:55:59
316	29	José Maçarria	875	Casa do Benfica da Figueira da Foz	Veteranos M50	M	01:34:56	00:17:15	00:56:09
317	64	Duarte Domingues	1427	Casa do Benfica da Figueira da Foz	Veteranos M35	M	01:34:56	00:17:15	00:56:09
318	21	Manuel Simão	1221	G.F.VIDAIS	Veteranos M55	M	01:34:57	00:16:00	00:54:45
319	78	Luis Pedro	1225	G.F.VIDAIS	Veteranos M40	M	01:34:57	00:16:00	00:54:45
320	30	Paulo Coelho	980	Individual	Veteranos M50	M	01:34:57	00:16:00	00:54:45
321	42	Jaime Moreira	1198	GCRAIvarelhos	Veteranos M45	M	01:34:58	00:15:53	00:54:11
322	31	Vitor Simoes	1147	hereforbeer	Veteranos M50	M	01:34:59	00:15:33	00:53:54
323	43	Fernando Vilela	698	BCP Millennium	Veteranos M45	M	01:35:02	00:14:53	00:52:59
324	72	André Ferreira	1400	Individual	Séniore	M	01:35:04	00:17:49	00:57:11
325	65	Augusto Portugal	751	LESMAS DO OESTE	Veteranos M35	M	01:35:07	00:16:16	00:56:16
326	79	Ricardo Vicente	528	I.D.VIEIRENSE	Veteranos M40	M	01:35:10	00:15:59	00:55:32
327	44	António Braz	564	Clube Atlético das Patameiras	Veteranos M45	M	01:35:12	00:17:10	00:56:59
328	45	Francisco Calçada	1055	Acoreana Clube Banif	Veteranos M45	M	01:35:13	00:15:43	00:54:44
329	8	Manuel Barreira	1515	DAR-Recardães	Veteranos M60	M	01:35:16	00:15:41	00:54:12
330	66	Nuno Jorge	731	Centro Popular e Recreativo de A-do-Barbas	Veteranos M35	M	01:35:17	00:17:06	00:56:11
331	73	Luis Neves	247	Marinhais AC	Séniore	M	01:35:18	00:15:45	00:54:39
332	74	Miguel Saturnino	307	Scalabis Night Runners	Séniore	M	01:35:24	00:16:07	00:55:10
333	46	Pedro Carvalho	317	Scalabis Night Runners	Veteranos M45	M	01:35:24	00:16:09	00:55:10

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
334	75	ângelo Santos	312	Scalabis Night Runners	Séniore	M	01:35:24	00:16:08	00:55:07
335	80	Paulo Lamego	589	Clube de Natação do Colégio Vasco da Gama	Veteranos M40	M	01:35:25	00:16:08	00:54:44
336	47	Luís Carvalhais	917	BilaRunners	Veteranos M45	M	01:35:29	00:16:54	00:55:45
337	81	Paulo Gamboa	559	Clube Atlético das Patameiras	Veteranos M40	M	01:35:31	00:17:11	00:57:01
338	48	Carlos Neves	197	Individual	Veteranos M45	M	01:35:32	00:16:15	00:55:27
339	82	Paulo Basílio	488	Os Zatopeques	Veteranos M40	M	01:35:32	00:16:14	00:55:35
340	32	Cândido Monteiro	949	A D Amarante	Veteranos M50	M	01:35:33	00:16:18	00:55:20
341	49	António Fórnea	713	Individual	Veteranos M45	M	01:35:34	00:16:49	00:55:40
342	83	Pedro Rodrigues	1320	Individual	Veteranos M40	M	01:35:34	00:16:27	00:56:10
343	76	Rui Lacerda	1419	Individual	Séniore	M	01:35:38	00:18:32	00:58:37
344	9	Fernando Luis	154	Clube de Veteranos de Atletismo de Coimbra	Veteranos M60	M	01:35:39	00:15:41	00:54:40
345	50	Jose Nobre	718	Sociedade Filarmonica União Artística Piedense	Veteranos M45	M	01:35:42	00:16:33	00:55:27
346	77	João Ferreira	421	Bosch Aveiro	Séniore	M	01:35:45	00:17:13	00:55:52
347	67	Luis Batista	314	Scalabis Night Runners	Veteranos M35	M	01:35:47	00:16:08	00:55:19
348	68	Luís Ferreira	313	Scalabis Night Runners	Veteranos M35	M	01:35:47	00:16:07	00:55:18
349	51	Carlos Quinteiro	537	Individual	Veteranos M45	M	01:35:51	00:17:02	00:56:38
350	78	Rogério Branco	127	Individual	Séniore	M	01:35:52	00:17:35	00:56:58
351	69	Gualter Constantino	906	Individual	Veteranos M35	M	01:35:52	00:17:36	00:56:58
352	79	Lúcio Carrilho	1272	CASA DO POVO DE ALCANENA (CPA-S)	Séniore	M	01:35:54	00:17:52	00:58:22
353	80	Helder Pereira	756	Individual	Séniore	M	01:35:55	00:17:03	00:56:40
354	70	Carlos Tavares	315	Scalabis Night Runners	Veteranos M35	M	01:35:55	00:16:08	00:55:47
355	81	Marco Melo	310	Scalabis Night Runners	Séniore	M	01:35:56	00:16:09	00:55:07
356	71	Carlos Hipólito	308	Scalabis Night Runners	Veteranos M35	M	01:35:56	00:16:07	00:55:47
357	52	António Gonçalves	1013	CCDTML	Veteranos M45	M	01:35:57	00:17:35	00:57:03
358	82	Martinho Monteiro	515	Sapadores da Invicta	Séniore	M	01:35:57	00:18:42	00:58:24
359	83	Carlos Rossa	772	S.Frutuoso	Séniore	M	01:35:58	00:16:02	00:55:05
360	84	Tiago Gonçalves	1510	OFFtel runners	Séniore	M	01:35:58	00:16:03	00:55:28
361	53	Mario Bonifacio	613	g.d.c.zambujeira eserra	Veteranos M45	M	01:35:59	00:22:26	00:00:00
362	72	Pedro Fernandes	501	Individual	Veteranos M35	M	01:36:01	00:16:17	00:56:17
363	84	Vitor Galego	867	Individual	Veteranos M40	M	01:36:03	00:16:16	00:56:10
364	85	André Coelho	1361	Individual	Séniore	M	01:36:03	00:18:32	00:58:37
365	54	Mário Nogueira	555	Grupo Desportivo São Paio de Oleiros	Veteranos M45	M	01:36:05	00:16:04	00:55:53
366	73	Mário Carvalho	1432	A.C.R.SOUTOS	Veteranos M35	M	01:36:06	00:17:38	00:57:47
367	10	Rui Silva	716	Sociedade Filarmonica União Artística Piedense	Veteranos M60	M	01:36:06	00:16:47	00:56:53
368	4	Alexandra Alves	1057	Acoreana Clube Banif	Senhoras	F	01:36:07	00:15:45	00:55:53
369	86	Rui Silva	936	Família Silva	Séniore	M	01:36:12	00:16:41	00:55:28
370	87	Gonçalo Ferreira	645	Individual	Séniore	M	01:36:19	00:16:49	00:56:16

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
371	33	Joaquim Fernandes	889	Associação de Atletismo Lebres do Sado	Veteranos M50	M	01:36:21	00:16:30	00:55:59
372	74	Jorge Oliveira	966	Individual	Veteranos M35	M	01:36:27	00:17:53	00:58:44
373	75	Luis Tavares	520	Sapadores da Invicta	Veteranos M35	M	01:36:33	00:18:07	00:57:10
374	34	Carlos Cruz	135	Individual	Veteranos M50	M	01:36:36	00:17:43	00:58:07
375	35	Carlos Pinto	1279	CASA DO POVO DE ALCANENA (CPA-S)	Veteranos M50	M	01:36:37	00:16:37	00:55:49
376	22	Jose André	301	C. R. Amieirinhense	Veteranos M55	M	01:36:39	00:17:37	00:56:27
377	55	Paulo Valada	915	Individual	Veteranos M45	M	01:36:40	00:16:18	00:56:35
378	88	Simão Seiça	1364	Individual	Séniore	M	01:36:42	00:16:14	00:55:30
379	89	Hugo Ferreira	1298	Zona Alta / Torres Novas	Séniore	M	01:36:43	00:16:17	00:56:07
380	90	Bruno Tavares	1271	CASA DO POVO DE ALCANENA (CPA-S)	Séniore	M	01:36:44	00:17:53	00:58:23
381	91	Bruno Pedro	1415	Individual	Séniore	M	01:36:48	00:15:03	00:51:14
382	76	Rui Figueiredo	548	ARSM - Associação Recreativa de S. Miguel	Veteranos M35	M	01:36:48	00:16:14	00:55:01
383	56	João Capelôa	1462	Individual	Veteranos M45	M	01:36:52	00:16:24	00:55:50
384	77	Pedro Cardoso	446	Bosch Aveiro	Veteranos M35	M	01:36:55	00:16:24	00:55:55
385	23	José Silva	961	clube edp - porto	Veteranos M55	M	01:36:56	00:15:30	00:54:39
386	78	Jose Varela	415	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO	Veteranos M35	M	01:36:59	00:17:39	00:58:38
387	85	Antonio Ferreira	758	Individual	Veteranos M40	M	01:37:00	00:17:02	00:56:38
388	79	Vitor Novais	1143	grupo dos amigos do atletismo de vila franca de xira	Veteranos M35	M	01:37:01	00:16:57	00:55:49
389	57	Luís Cotrim	395	Clube Atletismo da Barreira	Veteranos M45	M	01:37:03	00:16:24	00:55:34
390	24	Aires Pedro	1235	Clube Ferroviario de Portugal	Veteranos M55	M	01:37:06	00:16:32	00:56:31
391	36	João Costa	805	Individual	Veteranos M50	M	01:37:09	00:19:08	00:58:19
392	86	Luis Ferreira	1425	amigos vale silencio	Veteranos M40	M	01:37:09	00:17:11	00:57:09
393	58	António Fernandes	669	ASSOCIAÇÃO -TOLEDO	Veteranos M45	M	01:37:12	00:16:36	00:57:05
394	92	Joel Cabete	1409	Ginásio Clube Figueirense	Séniore	M	01:37:13	00:17:53	00:55:56
395	25	Carlos Carmino	1551	Leiria Marcha Atletica	Veteranos M55	M	01:37:13	00:17:41	00:58:22
396	93	Pedro Ribeiro	1447	Individual	Séniore	M	01:37:13	00:17:16	00:57:45
397	80	Bruno Silva	853	omundodacorrída.com	Veteranos M35	M	01:37:14	00:17:18	00:57:42
398	26	Joaquim Frade	973	SS CGD	Veteranos M55	M	01:37:15	00:16:46	00:56:09
399	94	Alberto Rodrigues	552	Grupo Desportivo São Paio de Oleiros	Séniore	M	01:37:16	00:16:34	00:56:21
400	37	José Costa	931	Individual	Veteranos M50	M	01:37:18	00:16:34	00:56:26
401	59	Jose Oliveira	825	N.A.Z.A.	Veteranos M45	M	01:37:19	00:16:43	00:56:52
402	95	Rui Gomes	1430	Individual	Séniore	M	01:37:19	00:16:22	00:55:51
403	27	Albino Machado	237	Tutilar Class Runners	Veteranos M55	M	01:37:21	00:17:32	00:57:34
404	87	Miguel Saraiva	399	Clube Atletismo da Barreira	Veteranos M40	M	01:37:22	00:16:40	00:57:10
405	81	Mario Neto	1126	OS SANTARENOS	Veteranos M35	M	01:37:23	00:17:07	00:56:29
406	60	André Pena	1307	ACR Santa Cita	Veteranos M45	M	01:37:23	00:16:39	00:56:12
407	96	Luis Ribeiro	1565	Conheira Team	Séniore	M	01:37:25	00:17:21	00:56:29

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
408	61	João Vargas	970	Individual	Veteranos M45	M	01:37:28	00:18:01	00:58:53
409	38	António Veloso	265	BCP Millennium	Veteranos M50	M	01:37:28	00:16:47	00:57:10
410	97	Francisco Mesquita	1244	Ginásio Clube Figueirense	Séniore	M	01:37:28	00:17:57	00:57:17
411	62	João Alves	1000	AMCR FONTE GRADA	Veteranos M45	M	01:37:29	00:16:31	00:54:45
412	39	Jose Dias	963	clube edp - porto	Veteranos M50	M	01:37:30	00:16:10	00:56:00
413	82	Paulo Pereira	119	Oliveira irmão	Veteranos M35	M	01:37:31	00:17:13	00:57:43
414	98	Rui Lourenço	199	Individual	Séniore	M	01:37:34	00:16:37	00:57:06
415	63	Alexandre Teixeira	188	Individual	Veteranos M45	M	01:37:35	00:16:12	00:56:32
416	28	Vítor Parreira	391	Clube Atletismo da Barreira	Veteranos M55	M	01:37:37	00:16:09	00:55:34
417	88	Joaquim Figueira	545	Clube Atletismo da Barreira	Veteranos M40	M	01:37:37	00:16:57	00:55:49
418	99	Ricardo Cunha	339	Individual	Séniore	M	01:37:39	00:17:20	00:57:20
419	64	Manuel Silva	941	Individual	Veteranos M45	M	01:37:42	00:16:06	00:55:33
420	65	Paulo Costa	714	Sociedade Filarmonica União Artística Piedense	Veteranos M45	M	01:37:45	00:16:34	00:56:08
421	89	Lúis Oliveira	275	Individual	Veteranos M40	M	01:37:45	00:17:41	00:57:19
422	40	Henrique Martins	1303	Individual	Veteranos M50	M	01:37:46	00:18:43	00:58:45
423	66	Paulo Almeida	1089	Individual	Veteranos M45	M	01:37:49	00:16:57	00:57:11
424	41	Eurico Agostinho	615	g.d.c.zambujeira eserra	Veteranos M50	M	01:37:52	00:16:30	00:56:10
425	90	Jorge Antunes	667	ASSOCIAÇÃO -TOLEDO	Veteranos M40	M	01:37:52	00:16:27	00:56:11
426	42	Carlos Alegre	668	ASSOCIAÇÃO -TOLEDO	Veteranos M50	M	01:37:53	00:16:36	00:57:32
427	100	David Carvalho	1569	Individual	Séniore	M	01:37:54	00:17:37	00:57:42
428	83	Hugo Pinho	1518	DAR-Recardães	Veteranos M35	M	01:37:55	00:16:26	00:56:58
429	84	Rui Correia	678	Individual	Veteranos M35	M	01:38:04	00:17:55	00:59:28
430	67	Fernando Fonseca	701	CDCR CTT COIMBRA	Veteranos M45	M	01:38:05	00:18:06	00:58:37
431	43	João Lopes	1252	REMOLPINTA	Veteranos M50	M	01:38:05	00:17:06	00:58:02
432	11	Silvio Paiva	814	Clube do Grupo BES	Veteranos M60	M	01:38:08	00:17:08	00:57:45
433	68	José Fonseca	1041	UNIÃO DE TOMAR	Veteranos M45	M	01:38:09	00:17:44	00:57:40
434	85	Paulo Antunes	320	REMOLPINTA	Veteranos M35	M	01:38:09	00:17:06	00:58:02
435	5	Daniela Cardoso	1549	Leiria Marcha Atletica	Senhoras	F	01:38:11	00:17:40	00:58:22
436	86	Pedro Burguette	1060	Acoreana Clube Banif	Veteranos M35	M	01:38:14	00:17:10	00:56:57
437	44	Armindo Correia	1337	Os Kotas Bike Team	Veteranos M50	M	01:38:15	00:16:36	00:57:16
438	91	Carlos Correia	1338	Os Kotas Bike Team	Veteranos M40	M	01:38:15	00:16:36	00:57:16
439	101	André Campos	935	Individual	Séniore	M	01:38:18	00:17:42	00:57:45
440	92	Luis Barrelas	1124	Individual	Veteranos M40	M	01:38:23	00:17:11	00:57:00
441	69	Edegar Geada	1410	Individual	Veteranos M45	M	01:38:23	00:17:11	00:57:00
442	93	Jorge Caiado	1155	pedrAmarela	Veteranos M40	M	01:38:23	00:17:11	00:57:00
443	45	Alberto Vinagre	529	I.D.VIEIRENSE	Veteranos M50	M	01:38:25	00:16:26	00:56:39
444	102	Bernardo Filipitsch	1254	REMOLPINTA	Séniore	M	01:38:27	00:17:06	00:58:02

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
445	70	Carlos Duarte	1537	C C R D BURINHOSA	Veteranos M45	M	01:38:28	00:16:43	00:56:37
446	6	Joana Eduarda	401	Clube Atletismo da Barreira	Senhoras	F	01:38:29	00:16:14	00:56:49
447	71	Antonio Pereira	1014	CCDTML	Veteranos M45	M	01:38:31	00:17:41	00:57:34
448	87	José Marques	235	Individual	Veteranos M35	M	01:38:34	00:16:39	00:56:28
449	46	José Duarte	289	Individual	Veteranos M50	M	01:38:35	00:17:44	00:58:04
450	88	Alvaro Augusto	735	Individual	Veteranos M35	M	01:38:35	00:17:09	00:58:05
451	72	José Cunha	487	Os Zatopeques	Veteranos M45	M	01:38:43	00:16:59	00:57:31
452	94	Paulo Vasconcelos	944	A D Amarante	Veteranos M40	M	01:38:44	00:16:31	00:56:40
453	73	Antonio Cruz	1459	Run 4 Fun	Veteranos M45	M	01:38:47	00:18:06	00:58:27
454	103	Celso Moreira	1517	DAR-Recardães	Séniore	M	01:38:49	00:15:21	00:56:01
455	74	Rui Tenreiro	926	Individual	Veteranos M45	M	01:38:52	00:16:54	00:57:07
456	95	Pedro Monteiro	1485	Wikaboo	Veteranos M40	M	01:38:52	00:17:52	00:58:52
457	75	Paulo Oliveira	484	Individual	Veteranos M45	M	01:38:53	00:16:58	00:57:24
458	104	Paulo Simões	369	Clube Atletico Riachense	Séniore	M	01:38:53	00:16:47	00:56:46
459	76	Paulo Luz	1010	GD BANCO BPI	Veteranos M45	M	01:38:53	00:16:36	00:56:54
460	89	Manuel Pinto	852	Individual	Veteranos M35	M	01:38:55	00:17:19	00:57:44
461	47	Antonio Clara	614	g.d.c.zambujeira eserra	Veteranos M50	M	01:38:56	00:18:01	00:59:26
462	48	António Almeida	1125	O Mundo da Corrida	Veteranos M50	M	01:38:57	00:17:37	00:58:37
463	49	Mário Carvalho	771	Individual	Veteranos M50	M	01:39:00	00:17:08	00:57:34
464	77	João Luis	1270	CASA DO POVO DE ALCANENA (CPA-S)	Veteranos M45	M	01:39:01	00:15:31	00:56:19
465	50	Américo Amaro	282	10 P´rás 11	Veteranos M50	M	01:39:01	00:16:49	00:58:43
466	12	Victor Campos	1513	DAR-Recardães	Veteranos M60	M	01:39:02	00:17:17	00:58:13
467	4	Sónia Quintela	1299	Zona Alta / Torres Novas	Veteranos F40	F	01:39:03	00:16:33	00:57:41
468	78	Armando Cruz	878	Individual	Veteranos M45	M	01:39:03	00:18:09	00:59:46
469	90	Bruno Jesus	1486	Wikaboo	Veteranos M35	M	01:39:05	00:17:52	00:58:52
470	96	Joao Caçada	612	g.d.c.zambujeira eserra	Veteranos M40	M	01:39:05	00:18:01	00:59:27
471	97	Hermínio Lopes	1454	Individual	Veteranos M40	M	01:39:05	00:17:42	00:58:40
472	29	Rui Pereira	398	Clube Atletismo da Barreira	Veteranos M55	M	01:39:07	00:16:21	00:55:33
473	30	Lucas Delgado	616	g.d.c.zambujeira eserra	Veteranos M55	M	01:39:08	00:17:39	00:58:36
474	98	Miguel Gomes	788	Clube de Natação do Colégio Vasco da Gama	Veteranos M40	M	01:39:08	00:16:56	00:57:55
475	51	Carlos Vale	530	GRE BONFIM	Veteranos M50	M	01:39:10	00:17:48	00:58:24
476	7	Sara Reis	130	Individual	Senhoras	F	01:39:10	00:16:39	00:57:33
477	105	Gonçalo Vicente	990	Clube de Natação do Colégio Vasco da Gama	Séniore	M	01:39:11	00:18:10	01:00:01
478	79	Joaquim Vieira	768	"Os Cachos"	Veteranos M45	M	01:39:20	00:17:18	00:57:39
479	99	Artur Tomaz	712	Individual	Veteranos M40	M	01:39:22	00:17:43	00:58:42
480	100	Simon Cuña	666	Individual	Veteranos M40	M	01:39:23	00:17:28	00:58:14
481	91	Paulo Machado	1185	CTM - Centro de Treino Municipal	Veteranos M35	M	01:39:24	00:16:00	00:56:47

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
482	80	Joao Crespo	836	Golden Team	Veteranos M45	M	01:39:25	00:18:01	00:58:53
483	13	Albano Ferreira	389	Clube Atletismo da Barreira	Veteranos M60	M	01:39:25	00:17:39	00:58:23
484	31	Alfredo Santos	1479	AC VERMOIL	Veteranos M55	M	01:39:27	00:17:04	00:57:50
485	52	Joao Silva	1434	Individual	Veteranos M50	M	01:39:29	00:17:48	00:58:24
486	101	Artur Botão	254	BCP Millennium	Veteranos M40	M	01:39:30	00:16:39	00:57:15
487	106	António Botão	261	BCP Millennium	Séniore	M	01:39:30	00:16:39	00:57:15
488	107	Bruno Raposeira	865	Individual	Séniore	M	01:39:30	00:17:02	00:56:42
489	102	Nelson Mota	1063	Acoreana Clube Banif	Veteranos M40	M	01:39:30	00:17:19	00:58:41
490	103	Nuno Santo	1059	Acoreana Clube Banif	Veteranos M40	M	01:39:30	00:17:18	00:58:42
491	53	Miguel Marques	157	Individual	Veteranos M50	M	01:39:31	00:17:09	00:58:07
492	92	Marco Freitas	1399	Casa do Benfica de Algueirão Mem Martins	Veteranos M35	M	01:39:32	00:17:55	00:59:13
493	54	Virgílio Madeira	1061	Acoreana Clube Banif	Veteranos M50	M	01:39:33	00:17:15	00:58:27
494	108	Pedro Neves	1119	Reg Art 4	Séniore	M	01:39:34	00:18:29	00:58:23
495	55	Carlos Rato	1260	estrela campo de aviação futebol clube	Veteranos M50	M	01:39:37	00:16:51	00:57:23
496	32	Leonel Seleiro	147	Extintos 2	Veteranos M55	M	01:39:40	00:17:37	00:58:05
497	109	Nuno Silva	1242	Individual	Séniore	M	01:39:44	00:18:36	01:00:54
498	8	Alexandra Vicente	1576	Individual	Senhoras	F	01:39:45	00:16:45	00:56:58
499	33	Orlando Duarte	1179	Individual	Veteranos M55	M	01:39:46	00:18:08	00:59:24
500	104	José Pascoa	1387	Casa do Benfica de Algueirão Mem Martins	Veteranos M40	M	01:39:47	00:17:22	00:57:12
501	93	José Oliveira	1633	Associação de Atletismo Lebres do Sado	Veteranos M35	M	01:39:56	00:17:19	00:58:14
502	105	Jose Rocha	965	Individual	Veteranos M40	M	01:39:56	00:17:53	00:58:44
503	110	Nuno Pereira	636	Casa do Benfica de Algueirão Mem Martins	Séniore	M	01:40:04	00:16:15	00:57:38
504	56	José Morais	485	Os Zatopeques	Veteranos M50	M	01:40:05	00:16:58	00:58:24
505	94	Andre Cid.	747	Individual	Veteranos M35	M	01:40:06	00:18:49	01:00:02
506	81	Paulo Arrenega	549	Individual	Veteranos M45	M	01:40:09	00:16:13	00:58:05
507	57	Ricardo Ferreira	136	Clube Atletismo da Barreira	Veteranos M50	M	01:40:15	00:16:21	00:58:00
508	106	Carlos Teixeira	1194	C.A. Amigos Parque da Paz	Veteranos M40	M	01:40:20	00:16:07	00:56:52
509	2	Carla Santos	287	CR LEÕES PORTO SALVO	Veteranos F35	F	01:40:21	00:17:08	00:58:22
510	95	Mário Oliveira	504	GP Runners	Veteranos M35	M	01:40:21	00:17:54	00:59:49
511	111	Fábio Marques	907	Individual	Séniore	M	01:40:23	00:18:46	00:59:40
512	14	Ivo Silva	749	Individual	Veteranos M60	M	01:40:24	00:18:00	00:59:09
513	34	Carlos Gonçalves	740	Lebres e Tartarugas	Veteranos M55	M	01:40:25	00:16:59	00:58:29
514	58	Miguel Sousa	1484	Wikaboo	Veteranos M50	M	01:40:27	00:18:28	00:59:40
515	82	Oscar Leite	952	Clube Veteranos Porto	Veteranos M45	M	01:40:27	00:16:18	00:57:01
516	107	Guilherme Godinho	278	Individual	Veteranos M40	M	01:40:28	00:17:33	00:59:09
517	83	Filipe Carvalheiro	579	Grupo Alegre e Unido	Veteranos M45	M	01:40:28	00:16:09	00:56:15
518	108	João Gonçalves	854	Individual	Veteranos M40	M	01:40:31	00:18:13	00:58:57

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
519	112	Orlando Marques	1113	Reg Art 4	Séniore	M	01:40:32	00:18:36	00:59:42
520	84	Norberto Toscano	392	Clube Atletismo da Barreira	Veteranos M45	M	01:40:32	00:17:40	00:59:06
521	113	Cristiano Casalinho	385	Clube Atletismo da Barreira	Séniore	M	01:40:33	00:18:12	00:59:15
522	85	João Pereira	603	Individual	Veteranos M45	M	01:40:33	00:19:14	00:59:44
523	96	João Borralho	706	Individual	Veteranos M35	M	01:40:35	00:18:24	01:00:45
524	109	José Canhola	1500	Ginásio Clube Figueirense	Veteranos M40	M	01:40:35	00:18:31	00:59:21
525	114	Rui Ligeiro	1297	Ginásio Clube Figueirense	Séniore	M	01:40:35	00:18:13	00:59:20
526	110	Luís Peça	967	Individual	Veteranos M40	M	01:40:36	00:18:44	01:00:06
527	15	Manuel Calvario	61	G.D.C. EIRAPEDRENSE	Veteranos M60	M	01:40:37	00:17:29	00:58:36
528	59	José Melo	273	Run 4 Fun	Veteranos M50	M	01:40:39	00:18:05	01:00:27
529	115	Ricardo Paiva	274	Individual	Séniore	M	01:40:42	00:18:10	00:59:34
530	97	Ricardo Barroso	757	Individual	Veteranos M35	M	01:40:43	00:17:45	00:59:44
531	98	Joao Rodrigues	1132	Individual	Veteranos M35	M	01:40:44	00:17:00	00:58:40
532	35	Fernando Andrade	1065	Acoreana Clube Banif	Veteranos M55	M	01:40:44	00:17:19	00:58:51
533	86	Narciso Cordeiro	1092	Individual	Veteranos M45	M	01:40:46	00:17:28	00:58:27
534	36	Francisco Esperança	437	Individual	Veteranos M55	M	01:40:48	00:17:06	00:58:38
535	87	Anibal Silva	1532	C C R D BURINHOSA	Veteranos M45	M	01:40:51	00:17:24	00:58:57
536	111	João Moreira	675	ASSOCIAÇÃO -TOLEDO	Veteranos M40	M	01:40:52	00:17:37	00:58:11
537	112	José Brás	471	Casa do Benfica da Figueira da Foz	Veteranos M40	M	01:40:55	00:19:38	01:00:44
538	60	Alexandre Duarte	305	Individual	Veteranos M50	M	01:40:58	00:18:36	01:00:41
539	16	Arlindo Santos	1516	DAR-Recardães	Veteranos M60	M	01:40:58	00:16:58	00:58:16
540	88	Mario Mateus	721	Individual	Veteranos M45	M	01:41:00	00:17:24	00:58:51
541	99	Dario Cabete	1533	C C R D BURINHOSA	Veteranos M35	M	01:41:02	00:17:12	00:57:49
542	61	Carlos Celho	241	GA Monsanto/Gascan	Veteranos M50	M	01:41:05	00:16:53	00:57:25
543	3	Cristina Couceiro	1100	ARSM - Associação Recreativa de S. Miguel	Veteranos F35	F	01:41:07	00:17:56	00:59:42
544	113	José Feteira	547	ARSM - Associação Recreativa de S. Miguel	Veteranos M40	M	01:41:07	00:17:56	00:59:41
545	89	Fernando Faustino	420	Bosch Aveiro	Veteranos M45	M	01:41:08	00:17:58	00:59:13
546	100	Marco Marques	687	Bosch Aveiro	Veteranos M35	M	01:41:08	00:17:56	00:59:13
547	116	Tiago Mineiro	900	O Ultimo Apaga a Luz	Séniore	M	01:41:17	00:18:57	01:00:28
548	17	José Felix	229	Amigos do Atletismo de Avis	Veteranos M40	M	01:41:17	00:17:53	01:00:32
549	114	Henrique Ferreira	1402	u.r.d. arranhò	Veteranos M40	M	01:41:18	00:20:17	00:00:00
550	18	Manuel Martinho	1237	Clube Ferroviario de Portugal	Veteranos M60	M	01:41:18	00:20:19	00:00:00
551	62	Luís Conceição	1536	C C R D BURINHOSA	Veteranos M50	M	01:41:18	00:17:30	00:58:27
552	90	Rui Pinto	218	Individual	Veteranos M45	M	01:41:21	00:18:30	01:00:18
553	115	Rui Pereira	426	Bosch Aveiro	Veteranos M40	M	01:41:23	00:17:46	00:58:49
554	116	Moisés Nunes	546	ARSM - Associação Recreativa de S. Miguel	Veteranos M40	M	01:41:23	00:17:55	00:59:42
555	19	Arsénio Ferreira	567	Gelpinhos	Veteranos M60	M	01:41:24	00:18:38	01:00:53

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
556	117	Jose Mira	1280	CASA DO POVO DE ALCANENA (CPA-S)	Veteranos M40	M	01:41:26	00:18:44	01:00:31
557	118	Paulo Conde	851	Alvitejo	Veteranos M40	M	01:41:26	00:16:30	00:58:05
558	117	Hugo Roque	1397	Casa do Benfica de Algueirão Mem Martins	Séniore	M	01:41:27	00:14:51	00:53:16
559	91	António Silva	340	LOUSADA RUNNERS	Veteranos M45	M	01:41:28	00:17:20	00:58:32
560	37	Antonio Morais	561	Clube Atlético das Patameiras	Veteranos M55	M	01:41:28	00:17:11	00:58:42
561	118	Lourenzo Soares	70	Individual	Séniore	M	01:41:30	00:18:32	01:00:31
562	20	José Canhoto	1386	Casa do Benfica de Algueirão Mem Martins	Veteranos M60	M	01:41:32	00:17:07	00:58:28
563	119	Paulo Vieira	1407	NEL - Pédatleta	Veteranos M40	M	01:41:37	00:18:35	01:01:19
564	63	Carlos Major	59	G.D.C. EIRAPEDRENSE	Veteranos M50	M	01:41:38	00:19:37	01:01:36
565	120	Victor Marques	1091	Individual	Veteranos M40	M	01:41:39	00:17:34	00:58:59
566	119	Patric Vieira	840	Individual	Séniore	M	01:41:45	00:19:03	00:59:04
567	38	Carlos Teixeira	951	A D Amarante	Veteranos M55	M	01:41:47	00:17:40	00:59:04
568	21	Arlindo Deus	251	BCP Millennium	Veteranos M60	M	01:41:48	00:16:46	00:57:52
569	64	João Cartaxana	719	Sociedade Filarmonica União Artística Piedense	Veteranos M50	M	01:41:48	00:17:10	00:58:53
570	65	Joao Marques	1563	amigos atletismo antoes	Veteranos M50	M	01:41:58	00:19:36	01:00:52
571	101	Dulcideo Marques	1561	amigos atletismo antoes	Veteranos M35	M	01:41:58	00:19:36	01:00:52
572	92	Antonio Souto	988	Individual	Veteranos M45	M	01:41:58	00:17:56	00:59:15
573	120	Pedro Raposo	901	O Ultimo Apaga a Luz	Séniore	M	01:41:59	00:18:57	01:00:28
574	93	João Balau	1114	Reg Art 4	Veteranos M45	M	01:42:01	00:18:20	01:00:49
575	94	Carlos Oliveira	319	Individual	Veteranos M45	M	01:42:04	00:19:01	01:00:31
576	66	Jose Carvalho	78	GRCD Candoso Santiago	Veteranos M50	M	01:42:06	00:16:36	00:56:49
577	67	António Alexandre	479	Clube de Atletismo da Nazaré	Veteranos M50	M	01:42:09	00:17:43	00:59:33
578	95	António Gonçalves	948	A D Amarante	Veteranos M45	M	01:42:11	00:16:14	00:58:21
579	121	Edgar Silvano	856	Individual	Séniore	M	01:42:12	00:18:34	00:59:02
580	122	Ricardo Martins	969	Conheira Team	Séniore	M	01:42:14	00:18:52	01:00:53
581	68	José Gonçalves	226	Amigos do Atletismo de Avis	Veteranos M50	M	01:42:15	00:17:54	01:00:33
582	39	José Eufrásio	1411	Individual	Veteranos M55	M	01:42:16	00:19:11	01:01:33
583	40	Antonio Carvalho	380	Individual	Veteranos M55	M	01:42:18	00:16:42	00:57:46
584	121	Rui Heleno	869	maduroathletics	Veteranos M40	M	01:42:18	00:16:42	00:57:46
585	96	Vitor Esgaio	477	Clube de Atletismo da Nazaré	Veteranos M45	M	01:42:19	00:17:43	00:59:34
586	41	Armando Oliveira	341	LOUSADA RUNNERS	Veteranos M55	M	01:42:20	00:17:41	00:59:25
587	69	Manuel Teixeira	260	BCP Millennium	Veteranos M50	M	01:42:20	00:17:41	00:59:26
588	97	Paulo Ribeiro	953	Clube Veteranos Porto	Veteranos M45	M	01:42:22	00:17:07	00:00:00
589	42	Serafim Fonseca	1540	os amigos de s.pedro da cova	Veteranos M55	M	01:42:26	00:17:02	00:58:35
590	102	Paulo Vieira	431	Bosch Aveiro	Veteranos M35	M	01:42:26	00:19:05	01:01:18
591	122	Pedro Rodrigues	1111	Individual	Veteranos M40	M	01:42:29	00:19:00	01:00:16
592	70	Miguel Payo	799	Run 4 Fun	Veteranos M50	M	01:42:30	00:18:47	01:01:20

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
593	123	Pedro Brito	152	Individual	Veteranos M40	M	01:42:31	00:17:37	00:59:33
594	123	Rui Amaral	1293	SRJARDOEIRA	Séniore	M	01:42:33	00:18:55	01:00:14
595	124	Renato Clara	1446	Individual	Veteranos M40	M	01:42:35	00:17:04	00:58:43
596	124	José Miguel	1522	DAR-Recardães	Séniore	M	01:42:37	00:17:17	00:59:47
597	125	António Teixeira	724	Individual	Veteranos M40	M	01:42:37	00:18:13	01:00:06
598	98	Silvério Miranda	495	SIRA - SOC INSTRUÇÃO E RECREIO ALDREENSE	Veteranos M45	M	01:42:38	00:15:18	00:56:31
599	71	Jose Rodrigues	145	Extintos 2	Veteranos M50	M	01:42:40	00:18:28	01:01:08
600	103	Vasco Silva	1209	Individual	Veteranos M35	M	01:42:43	00:19:22	01:02:18
601	126	Pedro Peralta	322	Individual	Veteranos M40	M	01:42:44	00:18:52	01:00:53
602	127	Miguel Silva	140	Individual	Veteranos M40	M	01:42:44	00:16:31	00:59:58
603	125	Silverio Azenha	1575	Individual	Séniore	M	01:42:51	00:15:53	00:54:25
604	99	Luís Rodrigues	536	MaisUmaVez	Veteranos M45	M	01:42:51	00:17:42	00:58:22
605	43	Valentim Fernandes	617	g.d.c.zambujeira eserra	Veteranos M55	M	01:42:51	00:18:01	00:59:27
606	104	Luís Inácio	665	ARSM - Associação Recreativa de S. Miguel	Veteranos M35	M	01:42:53	00:16:29	00:58:08
607	105	Pedro Moreira	1443	GDINE	Veteranos M35	M	01:42:54	00:17:03	00:59:26
608	128	Carlos Vieira	767	"Os Cachos"	Veteranos M40	M	01:42:56	00:17:18	00:58:34
609	106	Arménio Neves	1079	Individual	Veteranos M35	M	01:42:59	00:18:25	00:59:59
610	100	Paulo Fernandes	1206	Individual	Veteranos M45	M	01:43:01	00:18:44	01:00:59
611	126	Jose Sousa	82	os barriguitas	Séniore	M	01:43:02	00:18:07	01:00:51
612	107	Cesar Moreira	81	os barriguitas	Veteranos M35	M	01:43:02	00:18:08	01:00:50
613	44	Jose Sousa	80	os barriguitas	Veteranos M55	M	01:43:02	00:18:08	01:00:51
614	108	Leonel Borges	505	GP Runners	Veteranos M35	M	01:43:03	00:17:56	00:59:49
615	72	José Araujo	1376	G.F.VIDAIS	Veteranos M50	M	01:43:04	00:17:53	00:59:55
616	101	Jorge Leitão	489	Os Zatopeques	Veteranos M45	M	01:43:05	00:17:08	00:59:07
617	127	Luís Carmo	601	Individual	Séniore	M	01:43:07	00:17:03	00:57:54
618	109	Emanuel Martins	1412	Individual	Veteranos M35	M	01:43:07	00:16:36	00:57:27
619	22	António Ferreira	1045	UNIÃO DE TOMAR	Veteranos M60	M	01:43:08	00:17:45	00:59:28
620	128	Fabio Ferreira	1573	Oeste Running	Séniore	M	01:43:10	00:16:33	00:58:09
621	110	Luís Nunes	1457	Individual	Veteranos M35	M	01:43:11	00:17:50	01:01:07
622	102	Paulo Constantino	1275	CASA DO POVO DE ALCANENA (CPA-S)	Veteranos M45	M	01:43:12	00:17:20	01:00:14
623	103	Pedro Trabucho	184	Individual	Veteranos M45	M	01:43:13	00:18:45	01:01:10
624	104	José Santos	1193	Recreio Desportivo de Àgueda	Veteranos M45	M	01:43:14	00:17:46	00:59:19
625	129	Tiago Jesus	1190	Recreio Desportivo de Àgueda	Séniore	M	01:43:15	00:17:46	00:59:21
626	111	Pedro Antunes	1071	oesterunning/carregueirenses	Veteranos M35	M	01:43:18	00:16:33	00:58:12
627	5	Iete Gonçalves	773	omundodacorrida.com	Veteranos F40	F	01:43:18	00:18:06	00:59:27
628	129	Miguel Menezes	186	Individual	Veteranos M40	M	01:43:20	00:18:25	01:02:13
629	130	Eurico Couto	417	Bosch Aveiro	Séniore	M	01:43:20	00:17:58	01:00:18

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
630	105	Osvaldo Reis	146	Extintos 2	Veteranos M45	M	01:43:21	00:18:27	01:01:08
631	131	João Veiga	1137	Run 4 Fun	Séniore	M	01:43:23	00:18:47	01:01:21
632	132	João Amaro	1363	Individual	Séniore	M	01:43:24	00:16:03	00:58:16
633	45	José Fidélio	460	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M55	M	01:43:30	00:17:40	00:59:34
634	23	Manuel Simoes	797	Individual	Veteranos M60	M	01:43:30	00:19:10	01:00:52
635	24	Joaquim Amieiro	918	CENAP	Veteranos M60	M	01:43:31	00:17:42	01:00:16
636	73	Rui Araújo	1025	CCDTML	Veteranos M50	M	01:43:35	00:18:18	01:00:54
637	133	João Nunes	688	Individual	Séniore	M	01:43:35	00:19:58	01:02:22
638	74	Manuel Carlos	331	CALMA	Veteranos M50	M	01:43:36	00:17:22	00:59:57
639	1	Margarida Godinho	1080	Individual	Veteranos F50	F	01:43:36	00:17:38	00:59:36
640	134	João Carvalho	416	Bosch Aveiro	Séniore	M	01:43:38	00:17:57	00:59:32
641	75	António Gonçalves	364	OS TUGAS	Veteranos M50	M	01:43:41	00:18:15	01:01:10
642	106	José Cunha	1019	CCDTML	Veteranos M45	M	01:43:45	00:18:27	01:01:10
643	135	Nuno Costa	1309	ACR Santa Cita	Séniore	M	01:43:49	00:18:59	01:01:45
644	76	Carlos Fortunato	802	Individual	Veteranos M50	M	01:43:54	00:17:51	01:00:28
645	130	José Gonçalves	1284	Individual	Veteranos M40	M	01:43:57	00:18:23	01:00:45
646	25	Pedro Rodrigues	335	Individual	Veteranos M40	M	01:44:05	00:20:03	01:02:43
647	107	Oscar Oliveira	1413	OS ZATOPEQUES	Veteranos M45	M	01:44:05	00:19:29	01:02:36
648	26	Antonio Borla	885	Grupo Desp. e Rec. São Francisco da Serra	Veteranos M60	M	01:44:08	00:18:29	01:01:05
649	27	Ramiro Inácio	775	casa do benfica em alhandra	Veteranos M60	M	01:44:08	00:17:32	01:00:49
650	77	António Merujo	837	Golden Team	Veteranos M50	M	01:44:08	00:18:01	01:00:17
651	6	Graça Roldão	366	OS TUGAS	Veteranos F40	F	01:44:08	00:18:28	01:00:18
652	131	Paulo Martins	682	Running of Dª Maria	Veteranos M40	M	01:44:11	00:19:30	01:01:53
653	78	Adriano Vitorino	681	Running of Dª Maria	Veteranos M50	M	01:44:11	00:19:31	01:01:53
654	108	Pedro Roberto	1347	Individual	Veteranos M45	M	01:44:11	00:18:17	01:00:03
655	109	Carlos Santos	1039	UNIÃO DE TOMAR	Veteranos M45	M	01:44:12	00:17:44	00:59:54
656	46	Alberto Graça	1044	UNIÃO DE TOMAR	Veteranos M55	M	01:44:12	00:17:46	00:59:54
657	47	António Agostinho	394	Clube Atletismo da Barreira	Veteranos M55	M	01:44:13	00:17:04	00:59:29
658	136	Diogo Tavares	1506	OFFtel runners	Séniore	M	01:44:13	00:19:09	01:02:35
659	132	Armando Parreira	1062	Acoreana Clube Banif	Veteranos M40	M	01:44:13	00:18:41	01:02:04
660	28	José Couto	640	Casa do Benfica de Algueirão Mem Martins	Veteranos M60	M	01:44:15	00:17:59	01:00:38
661	137	José Carvalho	1558	Os Santarenos	Séniore	M	01:44:17	00:18:13	01:02:06
662	2	Carolina	1042	UNIÃO DE TOMAR	Veteranos F50	F	01:44:19	00:17:46	00:59:54
663	138	António Loureiro	1423	Individual	Séniore	M	01:44:20	00:17:03	00:59:26
664	139	João Santos	1302	Zona Alta / Torres Novas	Séniore	M	01:44:22	00:18:29	01:01:08
665	140	João Santos	321	Individual	Séniore	M	01:44:22	00:18:00	00:59:31
666	112	Pedro Falcão	374	Individual	Veteranos M35	M	01:44:23	00:16:22	00:56:40

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
667	48	Adelino Parreira	1273	CASA DO POVO DE ALCANENA (CPA-S)	Veteranos M55	M	01:44:27	00:17:05	01:00:13
668	113	Sergio Conceicao	1317	Individual	Veteranos M35	M	01:44:27	00:19:39	01:02:01
669	141	Gonçalo Januario	729	Centro Popular e Recreativo de A-do-Barbas	Séniore	M	01:44:29	00:18:43	01:01:13
670	110	Augusto Fernandes	285	10 P´rás 11	Veteranos M45	M	01:44:29	00:17:25	01:00:10
671	79	José Borges	286	10 P´rás 11	Veteranos M50	M	01:44:30	00:17:25	01:00:10
672	111	José Garrafão	455	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M45	M	01:44:35	00:17:56	01:00:06
673	3	Magnifica Alvaredo	467	Centro Optico da Reboleira	Veteranos F50	F	01:44:35	00:18:05	01:01:00
674	112	António Trindade	330	CALMA	Veteranos M45	M	01:44:35	00:18:40	01:02:04
675	29	Eugenio Pisco	1129	OS SANTARENOS	Veteranos M60	M	01:44:36	00:19:25	01:02:07
676	114	Paulo Trindade	214	O Mundo da Corrida	Veteranos M35	M	01:44:38	00:18:00	01:00:40
677	113	Carlos Costa	255	BCP Millennium	Veteranos M45	M	01:44:44	00:19:13	01:01:04
678	133	Paulo Santos	1120	Reg Art 4	Veteranos M40	M	01:45:01	00:18:20	01:01:01
679	80	Carlos Ferreira	1123	GAFE	Veteranos M50	M	01:45:02	00:17:50	01:01:07
680	142	Bruno Cipriano	625	Slackers United	Séniore	M	01:45:03	00:20:19	01:04:33
681	143	Sérgio Cipriano	1003	AMCR FONTE GRADA	Séniore	M	01:45:04	00:18:00	01:00:49
682	144	Pedro Muja	1380	Ginásio Clube Figueirense	Séniore	M	01:45:04	00:19:20	01:01:52
683	134	Paulo Abreu	1491	clube de atletismo da povoa de varzim	Veteranos M40	M	01:45:06	00:16:21	00:56:21
684	81	Alcides Nunes	658	Os Perigosos	Veteranos M50	M	01:45:08	00:19:04	01:01:52
685	135	Pedro Eugénio	710	Os Perigosos	Veteranos M40	M	01:45:08	00:19:04	01:01:52
686	115	Jose Rodrigues	792	Individual	Veteranos M35	M	01:45:09	00:18:38	01:02:06
687	116	Miguel Meireles	1141	Individual	Veteranos M35	M	01:45:12	00:18:41	01:01:45
688	114	Manuel Rodrigues	300	C. R. Amieirinhense	Veteranos M45	M	01:45:13	00:18:24	01:02:39
689	117	Marco Vieira	302	C. R. Amieirinhense	Veteranos M35	M	01:45:13	00:18:24	01:02:39
690	30	António Matos	628	Individual	Veteranos M60	M	01:45:13	00:17:08	01:00:23
691	49	Henrique Alvaredo	468	Centro Optico da Reboleira	Veteranos M55	M	01:45:14	00:17:39	01:01:00
692	136	Daniel Silva	1304	Clube de Natação do Colégio Vasco da Gama	Veteranos M40	M	01:45:19	00:18:03	01:01:15
693	82	João Diogo	114	Individual	Veteranos M50	M	01:45:23	00:18:13	01:01:39
694	118	Nuno Calvo	316	Scalabis Night Runners	Veteranos M35	M	01:45:24	00:18:02	01:01:24
695	115	Carlos Camponez	1471	Individual	Veteranos M45	M	01:45:25	00:19:54	01:03:06
696	116	João Dias	920	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M45	M	01:45:27	00:17:59	01:01:38
697	83	Manuel Saraiva	230	Amigos do Atletismo de Avis	Veteranos M50	M	01:45:31	00:17:57	01:01:09
698	119	Hugo Louro	1145	Individual	Veteranos M35	M	01:45:34	00:19:10	01:02:37
699	137	Vctor Rodrigues	1109	Associação 20Km de Almeirim	Veteranos M40	M	01:45:35	00:19:10	01:02:37
700	31	Antonio Grazina	1379	Individual	Veteranos M60	M	01:45:35	00:19:52	01:03:30
701	120	Luís Lopes	1133	Associação 20Km de Almeirim	Veteranos M35	M	01:45:35	00:19:10	01:02:38
702	84	Serafim Ramos	960	clube edp - porto	Veteranos M50	M	01:45:36	00:16:48	01:01:08
703	121	Sandro Goncalves	909	Individual	Veteranos M35	M	01:45:37	00:17:54	01:01:10

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
704	32	José Agostinho	290	Individual	Veteranos M60	M	01:45:39	00:17:46	01:00:41
705	145	Luis Santos	600	Clube de Natação do Colégio Vasco da Gama	Séniore	M	01:45:40	00:16:56	00:59:14
706	50	José Matias	64	G.D.C. EIRAPEDRENSE	Veteranos M55	M	01:45:43	00:18:51	01:01:39
707	7	Sílvia Coelho	397	Clube Atletismo da Barreira	Veteranos F40	F	01:45:43	00:17:46	01:01:28
708	138	Jose Oliveira	1197	GCRAlvarelhos	Veteranos M40	M	01:45:44	00:17:12	01:00:57
709	117	Paulo Fonseca	1378	Individual	Veteranos M45	M	01:45:49	00:19:21	01:03:14
710	122	Fidélío Ferreira	1076	táleno pr'a correr team	Veteranos M35	M	01:45:50	00:17:56	01:01:11
711	118	Carlos Santos	107	táleno pr'a correr team	Veteranos M45	M	01:45:50	00:17:57	01:01:11
712	146	Samuel Vidinha	491	Individual	Séniore	M	01:45:52	00:17:57	01:00:46
713	147	Luis Coelho	517	Sapadores da Invicta	Séniore	M	01:45:54	00:19:32	01:01:42
714	123	Antonio Coelho	518	Sapadores da Invicta	Veteranos M35	M	01:45:54	00:19:32	01:01:40
715	148	Rui Araújo	514	Sapadores da Invicta	Séniore	M	01:45:54	00:19:32	01:01:41
716	124	Rui Araújo	521	Sapadores da Invicta	Veteranos M35	M	01:45:54	00:19:34	01:01:40
717	33	Filipe Tomas	657	A.C.S.MAMEDE	Veteranos M60	M	01:46:05	00:18:41	01:02:02
718	139	Miguel Pereira	1094	Individual	Veteranos M40	M	01:46:08	00:20:16	01:04:29
719	34	Arnaldo Machado	1392	Casa do Benfica de Algueirão Mem Martins	Veteranos M60	M	01:46:08	00:18:30	01:02:09
720	51	Rui Emídio	1390	Casa do Benfica de Algueirão Mem Martins	Veteranos M55	M	01:46:13	00:18:00	01:00:39
721	85	Carlos Teixeira	739	Lebres e Tartarugas	Veteranos M50	M	01:46:14	00:17:57	01:00:55
722	125	Ricardo Martins	1008	GD BANCO BPI	Veteranos M35	M	01:46:17	00:17:38	01:00:09
723	126	Carlos Ochoa	1606	Individual	Veteranos M35	M	01:46:25	00:18:50	01:03:30
724	86	Jose Sousa	717	Sociedade Filarmonica União Artistica Piedense	Veteranos M50	M	01:46:25	00:19:56	01:03:58
725	127	Francisco Macedo	1507	OFFtel runners	Veteranos M35	M	01:46:30	00:19:13	01:02:59
726	128	Sérgio Silva	871	Individual	Veteranos M35	M	01:46:32	00:19:44	01:03:14
727	149	Matheus Almeida	1172	Individual	Séniore	M	01:46:34	00:16:15	00:58:21
728	119	Nuno Silva	992	Individual	Veteranos M45	M	01:46:36	00:17:58	01:00:59
729	150	Nuno Gonçalves	991	Carapaus de Corrida	Séniore	M	01:46:36	00:17:23	00:57:05
730	129	Paulo Estrelinha	175	Individual	Veteranos M35	M	01:46:37	00:15:23	00:55:50
731	120	Jorge Pinheiro	1381	Run 4 Fun	Veteranos M45	M	01:46:38	00:18:35	01:01:04
732	151	João Mirante	336	NEL - Pédatleta	Séniore	M	01:46:40	00:18:58	01:03:19
733	140	Ricardo Franco	998	Individual	Veteranos M40	M	01:46:40	00:17:19	01:00:43
734	130	Nuno Ferreira	1472	Gym Runners	Veteranos M35	M	01:46:42	00:17:45	01:01:29
735	35	Jorge Loureiro	217	O Mundo da Corrida	Veteranos M60	M	01:46:42	00:18:52	01:02:40
736	36	Valdemar Ferráz	815	Clube de Veteranos de Atletismo de Coimbra	Veteranos M60	M	01:46:43	00:18:27	01:03:19
737	141	Fédéric Serre	1538	OS ZATOPEQUES	Veteranos M40	M	01:46:46	00:18:43	01:00:58
738	121	João Monteiro	191	FSG Collonge-Bellerive	Veteranos M45	M	01:46:46	00:18:47	01:01:33
739	152	Ricardo Carrelo	842	Individual	Séniore	M	01:46:48	00:19:23	01:02:51
740	142	Miguel Azevedo	641	Individual	Veteranos M40	M	01:46:49	00:19:23	01:02:51

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
741	153	Miguel Nascimento	631	Individual	Séniore	M	01:46:49	00:20:20	01:04:11
742	143	Joao Carvalho	1557	Os Santarenos	Veteranos M40	M	01:46:50	00:18:13	01:02:10
743	122	Fernando Ferreira	100	Individual	Veteranos M45	M	01:46:52	00:20:07	01:03:51
744	9	Renata Mota	370	Clube Atletico Riachense	Senhoras	F	01:46:53	00:17:16	01:01:47
745	154	Luis Fernandes	732	Centro Popular e Recreativo de A-do-Barbas	Séniore	M	01:46:55	00:17:53	00:58:34
746	37	Custodio Neto	112	Individual	Veteranos M60	M	01:46:56	00:17:57	01:00:56
747	144	João Bento	672	ASSOCIAÇÃO -TOLEDO	Veteranos M40	M	01:46:57	00:17:50	01:00:04
748	131	Paulo Rodrigues	1243	acaventura	Veteranos M35	M	01:46:58	00:18:10	01:00:51
749	38	Orlando China	263	BCP Millennium	Veteranos M60	M	01:46:59	00:18:43	01:03:09
750	52	Narciso Arromba	163	Individual	Veteranos M55	M	01:47:01	00:18:12	01:01:46
751	39	Antonio Silva	1212	Individual	Veteranos M60	M	01:47:06	00:19:52	01:02:59
752	123	Manuel Batista	449	Individual	Veteranos M45	M	01:47:11	00:19:59	01:04:12
753	155	Emanuel Silva	576	Individual	Séniore	M	01:47:13	00:19:55	01:03:44
754	87	Samuel Lopes	382	Clube Atletismo da Barreira	Séniore	M	01:47:17	00:18:34	01:02:59
755	132	Paulo Durão	910	Individual	Veteranos M35	M	01:47:20	00:19:21	01:03:14
756	156	João Rosa	1161	Serviços Sociais Montepio Geral	Séniore	M	01:47:21	00:18:06	01:01:37
757	157	Hugo Benevente	439	C.A. Amigos Parque da Paz	Séniore	M	01:47:23	00:18:15	01:01:12
758	88	José Mota	1488	Wikaboo	Veteranos M50	M	01:47:24	00:18:51	01:03:20
759	89	Jorge Paulino	1345	Amigos Peniche	Veteranos M50	M	01:47:25	00:19:16	01:03:27
760	8	Maria Trindade	153	Clube de Veteranos de Atletismo de Coimbra	Veteranos F40	F	01:47:27	00:18:56	01:02:14
761	145	João Cláudio	919	Individual	Veteranos M40	M	01:47:28	00:17:01	01:00:20
762	158	André Santos	602	Individual	Séniore	M	01:47:31	00:18:36	01:01:45
763	133	Nuno Mourato	502	GP Runners	Veteranos M35	M	01:47:34	00:17:55	01:01:12
764	159	Hugo Barqueiro	954	Individual	Séniore	M	01:47:35	00:18:55	01:03:03
765	124	Angelo Sequeira	1276	CASA DO POVO DE ALCANENA (CPA-S)	Veteranos M45	M	01:47:36	00:19:38	01:02:42
766	40	Alberto Sá	874	Individual	Veteranos M60	M	01:47:39	00:19:43	01:03:06
767	10	Maria Pacheco	1292	SRJARDOEIRA	Senhoras	F	01:47:40	00:18:59	01:02:45
768	41	Amândio Lobo	887	Associação de Atletismo Lebres do Sado	Veteranos M60	M	01:47:40	00:18:35	01:02:44
769	125	Vitor Ferreira	1257	estrela campo de aviação futebol clube	Veteranos M45	M	01:47:43	00:20:01	01:04:32
770	160	Rui Portuguesa	1136	PORTUGAL RUNNING	Séniore	M	01:47:47	00:17:44	01:00:00
771	134	Manuel Melo	424	Bosch Aveiro	Veteranos M35	M	01:47:51	00:18:50	01:02:20
772	42	Manuel Santos	893	Associação de Atletismo Lebres do Sado	Veteranos M60	M	01:47:51	00:18:35	01:02:41
773	9	Paula Rodrigues	1075	Gym Runners	Veteranos F40	F	01:47:52	00:18:30	01:02:41
774	146	Paulo Ferreira	1305	ACR Santa Cita	Veteranos M40	M	01:47:55	00:18:59	01:01:45
775	147	Gualter Cordeiro	1117	Reg Art 4	Veteranos M40	M	01:47:58	00:18:20	01:01:33
776	148	Lúis Marques	1167	UNIÃO DE TOMAR	Veteranos M40	M	01:48:02	00:20:16	01:04:37
777	53	Orlando Ferreira	995	GRUPO DESPORTIVO DO PESSOAL DA CIMPOR	Veteranos M55	M	01:48:03	00:18:44	01:02:19

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
778	11	Sónia Carvalho	198	Individual	Senhoras	F	01:48:05	00:18:48	01:02:37
779	149	Jose Cerejo	1669	Individual	Veteranos M40	M	01:48:08	00:19:14	01:03:41
780	54	Carlos Rangel	993	Individual	Veteranos M55	M	01:48:08	00:19:31	01:03:39
781	126	João Corte-real	1001	AMCR FONTE GRADA	Veteranos M45	M	01:48:09	00:18:46	01:02:06
782	43	José Lucas	1572	A.C.R.SOUTOS	Veteranos M60	M	01:48:14	00:18:07	01:02:18
783	55	José Santos	456	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M55	M	01:48:14	00:18:24	01:02:57
784	135	Nuno Mendao	463	Individual	Veteranos M35	M	01:48:17	00:17:37	01:00:29
785	161	Diogo Santos	884	NEL - Pédatleta	Séniore	M	01:48:18	00:18:36	01:03:19
786	150	Rogério Mota	897	Associação de Atletismo Lebres do Sado	Veteranos M40	M	01:48:18	00:19:27	01:04:22
787	136	Miguel Almeida	1341	TintaCriativa.pt	Veteranos M35	M	01:48:25	00:18:06	01:02:33
788	137	Alexandre Fialho	1195	Individual	Veteranos M35	M	01:48:39	00:19:13	01:02:37
789	90	Pedro Silva	913	Individual	Veteranos M50	M	01:48:40	00:18:29	01:03:02
790	91	Gabriel Santos	362	centro popular e recreativo de a-do-barbas	Veteranos M50	M	01:48:43	00:17:52	01:02:04
791	151	Paulo Frade	1414	OS ZATOPEQUES	Veteranos M40	M	01:48:46	00:19:30	01:02:37
792	127	Gabriel Frade	43	Individual	Veteranos M45	M	01:48:46		
793	128	Vitor Luis	705	Individual	Veteranos M45	M	01:48:47	00:20:02	01:04:30
794	152	Eduardo Bernardo	817	Clube Vodafone	Veteranos M40	M	01:48:47	00:17:52	01:02:44
795	92	Joaquim Martins	1262	estrela campo de aviação futebol clube	Veteranos M50	M	01:48:48	00:18:57	01:03:26
796	162	Rodrigo Selada	1570	Individual	Séniore	M	01:48:50	00:19:11	01:03:03
797	138	Pedro Carrapato	444	individual	Veteranos M35	M	01:48:51	00:19:47	01:04:30
798	163	Jorge Vieira	361	Individual	Séniore	M	01:48:51	00:18:25	01:04:12
799	153	João Raimundo	178	Individual	Veteranos M40	M	01:48:54	00:20:56	01:06:46
800	154	Fernando Graça	1027	táleno pr'a correr team	Veteranos M40	M	01:48:56	00:18:17	01:03:15
801	155	Rui Carneiro	753	LESMAS DO OESTE	Veteranos M40	M	01:48:56	00:18:23	01:03:18
802	156	Duarte Sousa	1208	Individual	Veteranos M40	M	01:48:56	00:19:31	01:03:58
803	164	Hugo Carneiro	807	LESMAS DO OESTE	Séniore	M	01:48:56	00:18:23	01:03:17
804	56	Oswaldo Teixeira	945	A D Amarante	Veteranos M55	M	01:48:57	00:17:57	01:02:04
805	129	Joaquim Zambana	96	Individual	Veteranos M45	M	01:48:58	00:19:14	01:03:41
806	157	Pedro Rodrigues	1554	Individual	Veteranos M40	M	01:48:59	00:18:46	01:03:48
807	57	Rufino Lopes	868	Individual	Veteranos M55	M	01:49:01	00:20:59	01:04:52
808	130	Carlos Pinto	378	Sesimbra Mar	Veteranos M45	M	01:49:01	00:18:57	01:03:36
809	158	António Apura	1614	Individual	Veteranos M40	M	01:49:03	00:19:14	01:04:17
810	10	Maria Fialho	1214	Individual	Veteranos F40	F	01:49:03	00:19:21	01:03:52
811	159	Jorge Tirapicos	578	Individual	Veteranos M40	M	01:49:04	00:20:42	01:05:47
812	160	Evandro Silva	1568	Individual	Veteranos M40	M	01:49:04	00:19:55	01:04:13
813	58	Tam Afonso	1053	Acoreana Clube Banif	Veteranos M55	M	01:49:04	00:17:47	01:03:38
814	131	José Jacob	1370	amigos vale silencio	Veteranos M45	M	01:49:05	00:20:29	01:05:20

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
815	132	Paulo Gomes	1202	PRAZER DA CORRIDA	Veteranos M45	M	01:49:07	00:19:52	01:03:57
816	93	Rui Duarte	1466	Karrapateira 1919	Veteranos M50	M	01:49:09	00:17:27	01:02:14
817	161	Gilberto Santos	1322	Individual	Veteranos M40	M	01:49:09	00:19:03	01:03:29
818	165	Davide Cardeira	1319	Individual	Séniore	M	01:49:12	00:20:16	01:06:47
819	139	Sérgio Nunes	1571	Individual	Veteranos M35	M	01:49:15	00:20:57	01:06:47
820	133	José Magalhães	608	Run 4 Fun	Veteranos M45	M	01:49:15	00:20:24	01:05:16
821	162	José Alves	804	Individual	Veteranos M40	M	01:49:26	00:19:53	01:04:33
822	166	Francisco Monte	1438	Individual	Séniore	M	01:49:27	00:19:53	01:04:33
823	167	Telmo Pedro	1107	Individual	Séniore	M	01:49:30	00:18:58	01:02:52
824	59	Silverio Borges	1250	Individual	Veteranos M55	M	01:49:31	00:20:16	01:05:12
825	168	João Griolo	843	Individual	Séniore	M	01:49:42	00:18:26	01:03:56
826	140	Luis Martins	929	O Mundo da Corrida	Veteranos M35	M	01:49:51	00:17:04	01:01:26
827	163	Mário Teixeira	801	Individual	Veteranos M40	M	01:49:53	00:20:57	01:06:05
828	60	Fernando Oliveira	469	Centro Optico da Reboleira	Veteranos M55	M	01:49:55	00:18:28	01:03:12
829	134	José Guerreiro	1164	Individual	Veteranos M45	M	01:49:58	00:19:31	01:04:35
830	11	Sonia Gomes	795	Individual	Veteranos F40	F	01:49:59	00:19:47	01:05:18
831	44	Vitor Aguilar	176	Individual	Veteranos M60	M	01:50:00	00:19:57	01:05:02
832	169	André Pereira	430	Bosch Aveiro	Séniore	M	01:50:04	00:17:58	01:01:04
833	135	Vitor Varela	435	Bosch Aveiro	Veteranos M45	M	01:50:04	00:20:01	01:05:31
834	141	Nuno Pereira	507	GP Runners	Veteranos M35	M	01:50:05	00:17:55	01:03:24
835	61	Lucidio Dias	1562	amigos atletismo antoes	Veteranos M55	M	01:50:07	00:19:37	01:04:28
836	170	Ruben Marques	1406	Individual	Séniore	M	01:50:08	00:21:13	01:10:17
837	136	Vitor Ferreira	1277	CASA DO POVO DE ALCANENA (CPA-S)	Veteranos M45	M	01:50:10	00:18:45	01:03:20
838	137	José Ribeiro	685	Individual	Veteranos M45	M	01:50:14	00:18:59	01:03:49
839	94	Jose Rato	1527	C C R D BURINHOSA	Veteranos M50	M	01:50:16	00:17:42	01:02:41
840	138	Fernando Cerqueira	947	A D Amarante	Veteranos M45	M	01:50:17	00:17:54	01:02:46
841	45	Joaquim Vagos	150	Individual	Veteranos M60	M	01:50:19	00:18:48	01:03:32
842	142	Helder Lopes	819	Clube Vodafone	Veteranos M35	M	01:50:20	00:17:17	01:01:30
843	12	Sara Guerreiro	1512	Individual	Senhoras	F	01:50:21	00:19:31	01:04:18
844	95	Antonio Nunes	172	Tutilar Class Runners	Veteranos M50	M	01:50:24	00:19:09	01:05:03
845	143	Nuno Fabião	1508	OFFtel runners	Veteranos M35	M	01:50:26	00:19:34	01:05:32
846	139	Francisco Pereira	1240	Acoreana Clube Banif	Veteranos M45	M	01:50:29	00:18:54	01:04:32
847	164	Octavio Mariano	1534	C C R D BURINHOSA	Veteranos M40	M	01:50:30	00:17:44	01:02:16
848	144	Rui Fernandes	783	Individual	Veteranos M35	M	01:50:32	00:17:19	01:01:45
849	62	Alexandre Jorge	1142	grupo dos amigos do atletismo de vila franca de xira	Veteranos M55	M	01:50:33	00:20:25	01:05:43
850	46	Carlos Vieira	328	CALMA	Veteranos M60	M	01:50:34	00:18:22	01:03:23
851	13	Ana Alberto	1550	Leiria Marcha Atletica	Senhoras	F	01:50:35	00:18:08	01:02:49

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
852	145	João Constantino	475	Clube de Atletismo da Nazaré	Veteranos M35	M	01:50:36	00:19:03	01:03:14
853	171	Jorge Farinha	115	Individual	Séniore	M	01:50:37	00:19:21	01:03:51
854	4	Marta Colaço	473	Clube de Atletismo da Nazaré	Veteranos F35	F	01:50:38	00:18:18	01:02:35
855	165	Antonio Batista	957	Poucos mas Bons	Veteranos M40	M	01:50:39	00:18:37	01:02:59
856	63	Mario Alves	720	Sociedade Filarmonica União Artistica Piedense	Veteranos M55	M	01:50:45	00:20:41	01:05:20
857	172	Luis Teteto	697	Individual	Séniore	M	01:50:47	00:18:41	01:03:11
858	140	Manuel Mota	1035	UNIÃO DE TOMAR	Veteranos M45	M	01:50:48	00:17:46	01:02:55
859	173	José Escudero	134	Individual	Séniore	M	01:50:50	00:19:35	01:04:00
860	141	Paulo Brissos	1196	PRAZER DA CORRIDA	Veteranos M45	M	01:50:53	00:19:51	01:04:24
861	47	Arnaldo Lourenço	786	Individual	Veteranos M60	M	01:50:53	00:20:23	01:05:25
862	166	Domingos Morcela	1173	Individual	Veteranos M40	M	01:50:55	00:19:09	01:04:44
863	96	António Antunes	759	CALMA	Veteranos M50	M	01:50:58	00:17:51	01:01:42
864	146	Nelson Saturnino	506	GP Runners	Veteranos M35	M	01:51:00	00:17:55	01:03:25
865	147	Joao Laranjeira	604	Individual	Veteranos M35	M	01:51:06	00:18:25	01:03:56
866	12	Helena Mendes	1494	clube de atletismo da povoa de varzim	Veteranos F40	F	01:51:10	00:19:03	01:04:43
867	174	Manuel Medeiros	558	Individual	Séniore	M	01:51:14	00:18:47	01:03:27
868	13	Cristina Guerreiro	891	Associação de Atletismo Lebres do Sado	Veteranos F40	F	01:51:15	00:18:23	01:02:37
869	175	Paulo Lourenço	1251	Individual	Séniore	M	01:51:17	00:21:04	01:06:57
870	176	André Silva	1331	Individual	Séniore	M	01:51:18	00:20:40	01:06:23
871	64	Antonio Correia	250	BCP Millennium	Veteranos M55	M	01:51:18	00:20:34	01:05:25
872	148	Paulo Rocha	535	MaisUmaVez	Veteranos M35	M	01:51:20	00:18:00	01:03:47
873	97	Luis Santos	708	Individual	Veteranos M50	M	01:51:26	00:20:17	01:08:01
874	167	Alberto Martins	1047	Individual	Veteranos M40	M	01:51:29	00:17:30	01:03:07
875	142	Luis Neto	656	A.C.S.MAMEDE	Veteranos M45	M	01:51:34	00:19:17	01:05:08
876	143	Nuno Loureiro	207	Falcões Selvagens	Veteranos M45	M	01:51:34	00:20:19	01:05:46
877	5	Ana Féteira	1101	ARSM - Associação Recreativa de S. Miguel	Veteranos F35	F	01:51:36	00:20:00	01:05:18
878	149	Jeronimo Graça	1128	OS SANTARENOS	Veteranos M35	M	01:51:36	00:20:36	01:05:28
879	98	Antonio Duarte	1127	OS SANTARENOS	Veteranos M50	M	01:51:36	00:20:36	01:05:28
880	14	Eugénia Cid	748	Individual	Veteranos F40	F	01:51:38	00:23:11	00:00:00
881	48	Carlos Matias	1259	estrela campo de aviação futebol clube	Veteranos M60	M	01:51:39	00:17:56	01:03:09
882	168	álvaro Pereira	1578	Família Sá	Veteranos M40	M	01:51:42	00:23:25	01:09:00
883	65	Jose Monteiro	357	Individual	Veteranos M55	M	01:51:43	00:20:34	01:05:58
884	144	Carlos Silva	204	Individual	Veteranos M45	M	01:51:46	00:17:53	01:02:48
885	99	Joaquim Cruz	633	Casa do Benfica de Algueirão Mem Martins	Veteranos M50	M	01:51:51	00:20:42	01:06:40
886	49	Joaquim Fragoso	303	CCD CASA PIA	Veteranos M60	M	01:51:52	00:19:37	01:06:33
887	145	Antonio Lopes	766	"Os Cachos"	Veteranos M45	M	01:51:54	00:23:13	00:00:00
888	146	Francisco Agra	445	OS ZATOPEQUES	Veteranos M45	M	01:51:54	00:18:44	01:04:53

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
889	100	José Catita	940	GARMIN CLUBE OLIMPICO OEIRAS	Veteranos M50	M	01:51:55	00:20:33	01:06:14
890	101	Carlos Eira	329	CALMA	Veteranos M50	M	01:51:56	00:18:39	01:03:22
891	169	Nuno Duarte	508	Individual	Veteranos M40	M	01:52:03	00:18:55	01:03:58
892	50	Mário Lima	343	omundodacorrída.com	Veteranos M60	M	01:52:08	00:17:39	01:02:17
893	66	Jose Fernandes	1108	SS CGD	Veteranos M55	M	01:52:10	00:20:29	01:05:18
894	177	Daniel Vilabril	1174	Pernas de Gafanhoto	Séniore	M	01:52:10	00:21:29	01:09:00
895	150	Mário Romão	264	BCP Millennium	Veteranos M35	M	01:52:11	00:20:48	01:07:15
896	147	Franco Wudich	1077	Run 4 Fun	Veteranos M45	M	01:52:12	00:20:49	01:07:11
897	151	Filipe Leitão	704	Individual	Veteranos M35	M	01:52:12	00:20:49	01:07:11
898	102	Antonio Gonçalves	242	Individual	Veteranos M50	M	01:52:14	00:20:32	01:06:37
899	14	Ana Bento	1504	OFFtel runners	Senhoras	F	01:52:15	00:21:04	01:07:07
900	103	Pedro Silva	809	Individual	Veteranos M50	M	01:52:15	00:19:02	01:04:36
901	152	Marco Ribeiro	180	Individual	Veteranos M35	M	01:52:16	00:19:52	01:05:26
902	15	Séverine Boiteau	1451	Individual	Veteranos F40	F	01:52:17	00:18:40	01:04:36
903	4	Alzira Sobral	443	4 ao Km	Veteranos F50	F	01:52:19	00:19:58	01:05:31
904	170	Nuno Cabeça	598	Individual	Veteranos M40	M	01:52:21	00:19:40	01:03:57
905	67	Antonio Cruz	810	Clube do Grupo BES	Veteranos M55	M	01:52:23	00:20:21	01:06:43
906	153	Telmo Pedroso	1531	C C R D BURINHOSA	Veteranos M35	M	01:52:31	00:18:16	01:03:24
907	68	António Lemos	160	Individual	Veteranos M55	M	01:52:34	00:19:01	01:05:05
908	16	Fátima Gonçalves	365	OS TUGAS	Veteranos F40	F	01:52:38	00:18:42	01:03:58
909	154	Telmo Pinto	1316	Individual	Veteranos M35	M	01:52:39	00:17:19	01:02:36
910	104	Carlos Sebastião	1184	Individual	Veteranos M50	M	01:52:40	00:20:13	01:05:16
911	148	António Desidério	689	Run 4 Fun	Veteranos M45	M	01:52:42	00:20:40	01:07:50
912	149	Mario Carapineiro	1050	Individual	Veteranos M45	M	01:52:46	00:21:09	01:06:42
913	171	Jaime Júnior	304	Individual	Veteranos M40	M	01:52:46	00:19:08	01:03:13
914	51	José Bernardino	830	Individual	Veteranos M60	M	01:52:55	00:21:08	01:06:15
915	105	José Machado	205	Individual	Veteranos M50	M	01:52:56	00:19:11	01:03:46
916	150	Mario Mira	354	Individual	Veteranos M45	M	01:52:57	00:20:59	01:06:37
917	151	Jorge Manueloureiro	256	BCP Millennium	Veteranos M45	M	01:52:58	00:19:27	01:05:11
918	69	António Ramos	683	Pernas de Gafanhoto	Veteranos M55	M	01:52:58	00:18:46	01:04:21
919	155	Carlos Filipe	750	Individual	Veteranos M35	M	01:52:59	00:19:21	01:05:26
920	52	José Madeira	155	Clube de Veteranos de Atletismo de Coimbra	Veteranos M60	M	01:52:59	00:19:12	01:04:47
921	106	José Moga	1369	amigos vale silencio	Veteranos M50	M	01:52:59	00:20:29	01:05:20
922	172	Vitor Monteiro	1535	C C R D BURINHOSA	Veteranos M40	M	01:53:04	00:17:54	01:04:13
923	107	Bonnarens Jan	994	Individual	Veteranos M50	M	01:53:09	00:18:30	01:03:58
924	156	Pedro Oliveira	174	Individual	Veteranos M35	M	01:53:11	00:21:26	01:08:14
925	108	Agostinho Marques	1234	Individual	Veteranos M50	M	01:53:12	00:21:13	01:10:17

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
926	53	Guy Schnyder	1367	Spiridon Suisse	Veteranos M60	M	01:53:13	00:18:56	01:04:54
927	157	José Oliveira	1183	Individual	Veteranos M35	M	01:53:15	00:20:01	01:05:19
928	178	Rafael Martins	883	táleno pr'a correr team	Séniore	M	01:53:15	00:19:07	01:04:50
929	17	Eugenia Morim	1495	clube de atletismo da povoa de varzim	Veteranos F40	F	01:53:18	00:19:03	01:04:43
930	109	Mário Carvalho	833	Individual	Veteranos M50	M	01:53:21	00:19:15	01:06:29
931	70	Joaquim Henriques	422	Bosch Aveiro	Veteranos M55	M	01:53:25	00:19:39	01:05:53
932	54	António Ginjeira	94	Casa do Benfica de Algueirão Mem Martins	Veteranos M60	M	01:53:29	00:19:10	01:05:38
933	152	Antonio Franco	1162	Serviços Sociais Montepio Geral	Veteranos M45	M	01:53:34	00:19:55	01:07:06
934	153	Fernando Monteiro	476	Clube de Atletismo da Nazaré	Veteranos M45	M	01:53:37	00:19:02	01:04:42
935	6	Sandra Tomaz	236	Individual	Veteranos F35	F	01:53:38	00:19:46	01:05:51
936	173	Rui Gaspar	1286	Individual	Veteranos M40	M	01:53:48	00:19:46	01:05:49
937	15	Helia Santos	171	Individual	Senhoras	F	01:53:50	00:19:57	01:07:15
938	71	Fernando Venda	133	Individual	Veteranos M55	M	01:53:54	00:19:57	01:05:43
939	3	Fabricio Dias	95	Federação Portuguesa Deficientes	Deficientes I	M	01:53:57	00:18:58	01:00:04
940	179	Christoph Blanc	1365	Spiridon Suisse	Séniore	M	01:54:04	00:20:20	01:04:06
941	72	Manuel Pereira	1422	G.D.C. EIRAPEDRENSE	Veteranos M55	M	01:54:12	00:20:00	01:06:02
942	110	Jose Sousa	1476	CCD Tranquilidade	Veteranos M50	M	01:54:14	00:19:35	01:03:43
943	154	Carlos Pereira	1473	Individual	Veteranos M45	M	01:54:20	00:19:52	01:06:10
944	174	Vitor Tavares	1474	Individual	Veteranos M40	M	01:54:20	00:19:52	01:06:10
945	180	Daniel Vieira	903	Individual	Séniore	M	01:54:23	00:19:11	01:03:27
946	111	Virgilio Gonçalves	1333	Individual	Veteranos M50	M	01:54:24	00:20:34	01:05:25
947	73	Carlos Santos	333	CALMA	Veteranos M55	M	01:54:26	00:20:27	01:05:56
948	155	Manuel Dias	1168	UNIÃO DE TOMAR	Veteranos M45	M	01:54:28	00:21:37	01:08:14
949	175	Antonio Costa	1038	UNIÃO DE TOMAR	Veteranos M40	M	01:54:28	00:21:37	01:08:13
950	158	José Oliveira	1502	proAventuras	Veteranos M35	M	01:54:29	00:20:44	01:07:46
951	55	Carlos Gama	925	Individual	Veteranos M60	M	01:54:29	00:20:38	01:07:12
952	176	Antonio Guedes	1054	Acoreana Clube Banif	Veteranos M40	M	01:54:31	00:21:05	01:08:56
953	112	Orlando Silva	490	Os Zatopeques	Veteranos M50	M	01:54:33	00:19:02	01:05:59
954	177	João Antunes	835	Golden Team	Veteranos M40	M	01:54:34	00:20:42	01:06:41
955	181	Valter Rocha	933	Individual	Séniore	M	01:54:35	00:18:55	01:03:47
956	113	Altino Silva	964	clube edp - porto	Veteranos M50	M	01:54:36	00:19:03	01:06:58
957	74	Armando Peneda	962	clube edp - porto	Veteranos M55	M	01:54:36	00:17:49	01:04:47
958	178	Nelson Barreiros	1444	O Mundo da Corrida	Veteranos M40	M	01:54:36	00:20:22	01:07:41
959	56	José Bordalo	928	O Mundo da Corrida	Veteranos M60	M	01:54:37	00:18:36	01:05:13
960	57	João Benevente	438	C.A. Amigos Parque da Paz	Veteranos M60	M	01:54:37	00:18:59	01:05:21
961	159	Pedro Barbosa	1135	Scalabis Night Runners	Veteranos M35	M	01:54:40	00:17:33	01:01:37
962	58	José Belchior	1615	Os Perigosos	Veteranos M60	M	01:54:44	00:19:04	01:03:40

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
963	160	Gonçalo Ezequiel	1146	hereforbeer	Veteranos M35	M	01:54:45	00:20:18	01:07:20
964	161	Rui Simões	1151	hereforbeer	Veteranos M35	M	01:54:45	00:20:16	01:07:20
965	16	Sónia Mata	881	Individual	Senhoras	F	01:54:49	00:20:30	01:06:53
966	182	Sérgio Grade	423	Bosch Aveiro	Séniore	M	01:54:50	00:19:45	01:05:50
967	75	José Ribeiro	803	Individual	Veteranos M55	M	01:54:55	00:20:59	01:07:11
968	114	Manuel Teixeira	770	"Os Cachos"	Veteranos M50	M	01:54:58	00:17:15	01:03:59
969	76	Carlos Lopes	142	Clube de Veteranos de Atletismo de Coimbra	Veteranos M55	M	01:55:02	00:18:26	01:04:48
970	115	Francisco Silva	210	Falcões Selvagens	Veteranos M50	M	01:55:04	00:20:01	01:05:45
971	179	Joaquim Pereira	51	Individual	Veteranos M40	M	01:55:06		
972	183	Ricardo Soares	1187	Individual	Séniore	M	01:55:07	00:20:10	01:07:03
973	116	Joaquim Camões	1230	clube do stress	Veteranos M50	M	01:55:07	00:20:09	01:07:03
974	17	Joana Marques	727	NEL - Pédatleta	Senhoras	F	01:55:09	00:21:18	01:08:10
975	180	Carlos Ribeiro	574	Individual	Veteranos M40	M	01:55:10	00:19:15	01:04:01
976	184	Adelino Pais	605	Individual	Séniore	M	01:55:11	00:19:16	01:03:25
977	185	Joel Ribeiro	1326	Individual	Séniore	M	01:55:19	00:19:45	01:07:30
978	162	António Peixoto	662	Individual	Veteranos M35	M	01:55:21	00:20:13	01:06:12
979	117	Rizerio Salgado	663	Individual	Veteranos M50	M	01:55:22	00:20:13	01:06:12
980	156	Severino Cruz	1348	AFIS/OVAR	Veteranos M45	M	01:55:23	00:18:54	01:05:22
981	181	Renato Cruz	1011	GD BANCO BPI	Veteranos M40	M	01:55:24	00:19:28	01:06:56
982	163	Jorge Sousa	168	Serviços Sociais Montepio Geral	Veteranos M35	M	01:55:25	00:19:28	01:05:32
983	164	Nuno Gião	1458	Individual	Veteranos M35	M	01:55:34	00:20:15	01:07:42
984	165	Hugo Caixa	125	Oliveira irmão	Veteranos M35	M	01:55:37	00:21:04	01:10:37
985	166	Daniel Pereira	182	Individual	Veteranos M35	M	01:55:38	00:20:16	01:06:07
986	59	Vasco Fonseca	908	Individual	Veteranos M60	M	01:55:39	00:00:00	01:07:25
987	167	Plamadeala Ghenadie	1556	Individual	Veteranos M35	M	01:55:41	00:20:28	01:12:12
988	77	Albino Tomás	563	Clube Atlético das Patameiras	Veteranos M55	M	01:55:45	00:18:37	01:04:18
989	182	Pedro Souto	1139	Individual	Veteranos M40	M	01:55:46	00:20:43	01:06:40
990	78	Jose Gracio	1106	Individual	Veteranos M55	M	01:55:47	00:18:40	01:05:42
991	18	Sónia Moreira	141	Individual	Senhoras	F	01:55:48	00:19:57	01:07:09
992	79	Victor Machado	1105	Individual	Veteranos M55	M	01:55:48	00:20:15	01:05:35
993	186	Marcio Sousa	730	Centro Popular e Recreativo de A-do-Barbas	Séniore	M	01:55:49	00:18:39	01:03:35
994	157	Jorge Henriques	1104	Individual	Veteranos M45	M	01:55:49	00:20:15	01:05:35
995	118	Domingos Matos	277	Falcões Selvagens	Veteranos M50	M	01:55:49	00:20:27	01:07:21
996	158	José Crespo	1231	clube do stress	Veteranos M45	M	01:55:50	00:23:05	01:10:25
997	168	Pedro Alves	855	Individual	Veteranos M35	M	01:55:50	00:19:53	01:04:56
998	60	Manuel Sequeira	1634	Associação de Atletismo Lebres do Sado	Veteranos M60	M	01:55:51	00:20:13	01:06:43
999	61	Fernando Ferreira	1388	Casa do Benfica de Algueirão Mem Martins	Veteranos M60	M	01:56:05	00:20:48	01:07:31

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1000	19	Liliana Flores	1490	clube de atletismo da povoa de varzim	Senhoras	F	01:56:09	00:18:32	01:06:03
1001	183	Paulo Braga	1465	COIMBRA BEERUNNERS	Veteranos M40	M	01:56:13	00:21:05	01:08:37
1002	169	Marco Matafome	1170	Individual	Veteranos M35	M	01:56:19	00:19:19	01:05:38
1003	80	Hermínio Silva	629	Dream Team Academia de Viseu	Veteranos M55	M	01:56:22	00:20:19	01:08:27
1004	170	Paulo Sousa	1102	RB Running	Veteranos M35	M	01:56:23	00:19:47	01:06:41
1005	7	Maria Feio	1467	Individual	Veteranos F35	F	01:56:27	00:20:45	01:07:46
1006	62	José Guia	974	SS CGD	Veteranos M60	M	01:56:28	00:20:54	01:07:49
1007	159	José Antunes	1574	Golden Team	Veteranos M45	M	01:56:30	00:20:42	01:07:05
1008	119	João Pinto	240	GA Monsanto/Gascan	Veteranos M50	M	01:56:32	00:20:05	01:06:52
1009	171	Luís Pereira	334	Individual	Veteranos M35	M	01:56:33	00:19:45	01:06:33
1010	120	Lefebvre Claude	1081	Individual	Veteranos M50	M	01:56:42	00:18:52	01:07:39
1011	187	Alexandre Santo	1034	Individual	Séniore	M	01:56:42	00:20:06	01:07:12
1012	172	Rui Marques	185	Individual	Veteranos M35	M	01:56:43	00:17:08	00:57:40
1013	184	Edgar Alves	1329	Individual	Veteranos M40	M	01:56:45	00:20:11	01:05:04
1014	160	Vitor Lopes	144	Run 4 Fun	Veteranos M45	M	01:56:47	00:21:41	01:08:54
1015	63	António Paixão	459	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M60	M	01:56:50	00:19:24	01:04:54
1016	20	Ana Jorge	323	NEL - Pédatleta	Senhoras	F	01:56:55	00:21:06	01:08:14
1017	188	Luís Homem	1182	Individual	Séniore	M	01:57:00	00:17:14	01:03:38
1018	173	João Mata	498	Individual	Veteranos M35	M	01:57:05	00:19:58	01:07:27
1019	174	Joao Frade	745	Rimar	Veteranos M35	M	01:57:08	00:20:17	01:09:04
1020	189	Mário Canaverde	556	Individual	Séniore	M	01:57:11	00:19:13	01:01:48
1021	161	Leonel Brandão	269	BCP Millennium	Veteranos M45	M	01:57:14	00:18:36	01:05:24
1022	121	Carlos Gonçalves	352	Individual	Veteranos M50	M	01:57:18	00:20:25	01:08:01
1023	162	Jorge Morgado	483	Individual	Veteranos M45	M	01:57:19	00:20:00	01:10:54
1024	175	Pedro Cruz	806	Individual	Veteranos M35	M	01:57:24	00:21:44	01:10:41
1025	185	Alberto Tadeia	863	Individual	Veteranos M40	M	01:57:27	00:20:35	01:07:46
1026	163	João Lourenço	1553	Os Santarenos	Veteranos M45	M	01:57:30	00:20:03	01:07:47
1027	18	Ana Duarte	276	Falcões Selvagens	Veteranos F40	F	01:57:31	00:20:28	01:07:25
1028	186	Paulo Pereira	1163	Serviços Sociais Montepio Geral	Veteranos M40	M	01:57:31	00:19:54	01:07:06
1029	81	Luis Grave	486	Os Zatopeques	Veteranos M55	M	01:57:32	00:20:24	00:00:00
1030	176	Filipe Primitivo	53	Vespa Clube Fátima	Veteranos M35	M	01:57:33	00:21:16	01:08:31
1031	82	Joao Franco	618	g.d.c.zambujeira eserra	Veteranos M55	M	01:57:34	00:00:00	00:00:00
1032	164	Jose Dias	253	BCP Millennium	Veteranos M45	M	01:57:36	00:21:19	01:08:44
1033	83	Francisco Belo	590	Individual	Veteranos M55	M	01:57:48	00:20:23	01:07:48
1034	122	Fernando Ramos	47	Individual	Veteranos M50	M	01:57:57		
1035	177	Miguel Reis	977	SS CGD	Veteranos M35	M	01:57:59	00:21:17	01:09:53
1036	19	Carla Silva	1418	Individual	Veteranos F40	F	01:58:00	00:21:14	01:09:06

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1037	84	Jaime Pereira	950	A D Amarante	Veteranos M55	M	01:58:02	00:18:35	01:05:09
1038	123	Adalberto Grilo	635	Casa do Benfica de Algueirão Mem Martins	Veteranos M50	M	01:58:05	00:20:48	01:07:48
1039	165	Manuel Carneiro	769	"Os Cachos"	Veteranos M45	M	01:58:07	00:20:53	01:09:34
1040	8	Ana Marques	570	Individual	Veteranos F35	F	01:58:07	00:20:16	01:07:58
1041	187	João Martins	345	omundodacorrída.com	Veteranos M40	M	01:58:08	00:17:45	01:05:45
1042	21	Liliana Ramos	1373	Individual	Senhoras	F	01:58:08	00:20:30	01:07:12
1043	178	Hugo Oliveira	644	Individual	Veteranos M35	M	01:58:10	00:21:06	01:09:16
1044	179	Ricardo Dinis	1217	Individual	Veteranos M35	M	01:58:10	00:20:17	01:07:57
1045	64	Manuel Dinis	1218	Individual	Veteranos M60	M	01:58:10	00:19:34	01:07:57
1046	188	Paulo Ubaldo	620	Individual	Veteranos M40	M	01:58:12	00:18:23	01:04:48
1047	190	André Ferreira	418	Bosch Aveiro	Séniore	M	01:58:12	00:19:25	01:07:49
1048	191	Luis Guimarães	195	Individual	Séniore	M	01:58:17	00:18:28	01:02:36
1049	22	Elisabete Martins	1030	GRE BONFIM	Senhoras	F	01:58:19	00:17:51	01:04:49
1050	20	Ceu Santos	700	CDCR CTT COIMBRA	Veteranos F40	F	01:58:25	00:20:15	01:08:27
1051	192	Humberto Alves	1456	Individual	Séniore	M	01:58:26	00:19:22	01:03:54
1052	189	Adalberto Barreto	1268	Individual	Veteranos M40	M	01:58:27	00:21:36	01:10:29
1053	193	Eduardo Santos	647	VFF 1896	Séniore	M	01:58:28	00:23:27	01:12:48
1054	180	Paulo Rainho	1524	C C R D BURINHOSA	Veteranos M35	M	01:58:28	00:18:14	01:04:43
1055	190	Homero Magalhães	1632	Associação de Atletismo Lebres do Sado	Veteranos M40	M	01:58:29	00:18:54	01:06:54
1056	65	Manuel Balata	448	caracóis de santa iria	Veteranos M60	M	01:58:39	00:21:10	01:08:50
1057	166	Paulo Santos	999	AMCR FONTE GRADA	Veteranos M45	M	01:58:43	00:20:40	01:09:42
1058	21	Helena Gonçalves	1012	Individual	Veteranos F40	F	01:58:43	00:20:40	01:09:43
1059	191	Francisco Monteiro	1509	OFFtel runners	Veteranos M40	M	01:58:46	00:20:53	01:10:35
1060	181	João Mafra	377	sesimbra mar	Veteranos M35	M	01:58:48	00:20:25	01:09:31
1061	192	José Moreno	841	Pernas de Gafanhoto	Veteranos M40	M	01:58:48	00:21:37	01:10:49
1062	124	Luis Rebelo	1215	Individual	Veteranos M50	M	01:58:49	00:19:21	01:06:47
1063	167	Rui Silva	244	NEL - Pédatleta	Veteranos M45	M	01:58:52	00:20:51	01:08:41
1064	23	Lara Azambujo	1049	Individual	Senhoras	F	01:58:58	00:19:39	01:07:57
1065	66	João Faustino	387	Clube Atletismo da Barreira	Veteranos M60	M	01:58:59	00:19:59	01:08:04
1066	168	Carlos Gonçalves	228	Amigos do Atletismo de Avis	Veteranos M45	M	01:59:01	00:19:34	01:08:16
1067	194	André Lopes	646	VFF 1896	Séniore	M	01:59:03	00:23:28	01:12:50
1068	125	André Wiborg	557	VFF 1896	Veteranos M50	M	01:59:03	00:23:27	01:12:49
1069	22	Manuela Gonçalves	231	Amigos do Atletismo de Avis	Veteranos F40	F	01:59:04	00:19:34	01:08:16
1070	193	Luis Carvalho	709	Individual	Veteranos M40	M	01:59:09	00:21:03	01:10:35
1071	85	Alberto Antunes	761	CALMA	Veteranos M55	M	01:59:12	00:20:48	01:10:48
1072	23	Maria Rodrigues	118	Oliveira irmão	Veteranos F40	F	01:59:13	00:21:05	01:10:38
1073	182	Nuno Monteiro	117	Oliveira irmão	Veteranos M35	M	01:59:13	00:21:04	01:10:37

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1074	183	Pedro Francisco	1171	NEL - Pédatleta	Veteranos M35	M	01:59:14	00:20:51	01:08:41
1075	86	Antonio Sobral	1539	Individual	Veteranos M55	M	01:59:16	00:20:32	01:08:44
1076	169	Joaquim Lima	823	Clube Vodafone	Veteranos M45	M	01:59:20	00:19:44	01:08:37
1077	67	João Santos	187	Individual	Veteranos M60	M	01:59:21	00:21:00	01:09:05
1078	194	João Morgado	1349	Rail Runners	Veteranos M40	M	01:59:23	00:23:05	01:13:48
1079	87	José Mendes	985	Individual	Veteranos M55	M	01:59:24	00:22:06	01:10:38
1080	170	Paulo Santos	984	Individual	Veteranos M45	M	01:59:24	00:22:05	01:10:38
1081	184	Ricardo Pimenta	159	Individual	Veteranos M35	M	01:59:29	00:20:59	01:08:58
1082	9	Ana Domingues	1497	clube de atletismo da povoa de varzim	Veteranos F35	F	01:59:31	00:19:23	01:08:04
1083	195	Alberto Belo	566	Gelpinhos	Veteranos M40	M	01:59:32	00:00:00	00:00:00
1084	195	Pedro Freitas	650	Individual	Séniore	M	01:59:42	00:19:21	01:05:27
1085	196	Armando Canaverde	575	Individual	Séniore	M	01:59:43	00:19:12	01:02:19
1086	68	Aberto Carolino	890	Associação de Atletismo Lebres do Sado	Veteranos M60	M	01:59:45	00:21:06	01:10:01
1087	126	Fernando Santos	63	G.D.C. EIRAPEDRENSE	Veteranos M50	M	01:59:51	00:20:21	01:10:40
1088	197	Nuno Malheiro	1241	Individual	Séniore	M	01:59:54	00:20:10	01:08:09
1089	88	Ulisses Rossa	959	Individual	Veteranos M55	M	01:59:57	00:21:32	01:10:16
1090	196	Fernando Suzano	857	Individual	Veteranos M40	M	02:00:00	00:21:11	01:10:26
1091	197	Antonio Lorvao	1283	Individual	Veteranos M40	M	02:00:10	00:21:01	01:09:09
1092	185	Miguel Ribeiro	1285	Individual	Veteranos M35	M	02:00:11	00:21:01	01:09:08
1093	198	Patricio Gaspar	541	Bombeiros Caxarias	Séniore	M	02:00:15	00:18:10	01:06:06
1094	199	João Vale	1308	ACR Santa Cita	Séniore	M	02:00:18	00:18:59	01:01:46
1095	89	Luis Gomes	447	caracóis de santa iria	Veteranos M55	M	02:00:22	00:21:11	01:09:06
1096	198	Domingos Godinho	351	Individual	Veteranos M40	M	02:00:27	00:20:01	01:06:30
1097	24	Ana Pereira	373	Centro Optico da Reboleira	Veteranos F40	F	02:00:28	00:20:24	01:09:23
1098	127	José Troncoso	122	Individual	Veteranos M50	M	02:00:31	00:19:20	01:08:04
1099	24	Agnet Kleustrand	46	Individual	Senhoras	F	02:00:33		
1100	69	Fernando Baptista	715	Sociedade Filarmonica União Artistica Piedense	Veteranos M60	M	02:00:35	00:20:41	01:09:20
1101	90	Jorge Cerqueira	946	A D Amarante	Veteranos M55	M	02:00:40	00:20:38	01:10:15
1102	199	Luis Ferreiro	252	BCP Millennium	Veteranos M40	M	02:00:41	00:20:34	01:09:46
1103	128	Jose Soares	1526	C C R D BURINHOSA	Veteranos M50	M	02:00:43	00:19:12	01:07:52
1104	129	Rui Ventura	1530	C C R D BURINHOSA	Veteranos M50	M	02:00:43	00:19:43	01:10:24
1105	25	Gilda Mota	864	Individual	Veteranos F40	F	02:00:46	00:20:35	01:07:47
1106	200	Sérgio Suzano	858	Individual	Séniore	M	02:01:00	00:21:11	01:10:26
1107	70	José Lindo	1069	Clube Atletismo Vale Figueira	Veteranos M60	M	02:01:02	00:19:36	01:08:19
1108	130	Germano Moura	1166	os barriguitas	Veteranos M50	M	02:01:15	00:22:29	00:00:00
1109	200	Antero Martins	882	táleno pr'a correr team	Veteranos M40	M	02:01:20	00:18:38	01:07:56
1110	71	Casimiro Ferreira	1229	clube do stress	Veteranos M60	M	02:01:24	00:23:05	01:13:48

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1111	131	Luis Neto	1232	clube do stress	Veteranos M50	M	02:01:25	00:23:05	01:13:48
1112	132	Carlos Monteiro	1416	Individual	Veteranos M50	M	02:01:26	00:21:14	01:09:42
1113	171	Joaquim Hermenegildo	638	Casa do Benfica de Algueirão Mem Martins	Veteranos M45	M	02:01:28	00:19:45	01:09:53
1114	91	Rui Cortes	1086	Ginásio Clube Vila Real	Veteranos M55	M	02:01:29	00:21:16	01:11:31
1115	10	Elas Moreira	1441	GDINE	Veteranos F35	F	02:01:31	00:20:35	01:11:41
1116	72	Manuel Clemente	123	Individual	Veteranos M60	M	02:01:34	00:21:51	01:12:11
1117	133	Joao Orvalho	356	Individual	Veteranos M50	M	02:01:35	00:22:03	01:12:15
1118	5	Anabela Salgado	664	Individual	Veteranos F50	F	02:01:41	00:20:15	01:08:52
1119	92	Carlos Pereira	896	Associação de Atletismo Lebres do Sado	Veteranos M55	M	02:01:43	00:21:06	01:10:01
1120	93	António Reyes	238	GA Monsanto/Gascan	Veteranos M55	M	02:01:44	00:21:51	01:11:09
1121	94	José Aires	1475	CCD Tranquilidade	Veteranos M55	M	02:01:44	00:21:51	01:11:09
1122	134	João Jorge	249	Individual	Veteranos M50	M	02:01:45	00:20:05	01:08:01
1123	172	Carlos Velo	54	AC VERMOIL	Veteranos M45	M	02:01:48	00:19:48	01:07:04
1124	95	Antonio Bila	1374	Individual	Veteranos M55	M	02:01:50	00:21:44	01:12:48
1125	25	Marta Oliveira	916	pés de atleta	Senhoras	F	02:01:51	00:22:06	01:11:36
1126	201	Luis Soares	1330	Individual	Veteranos M40	M	02:01:59	00:20:18	01:08:40
1127	26	Maria Mesquita	880	Individual	Senhoras	F	02:02:02	00:23:20	01:13:55
1128	73	António Seca	60	G.D.C. EIRAPEDRENSE	Veteranos M60	M	02:02:11	00:21:05	01:09:33
1129	202	António Primor	1354	Sporting Clube Moitense	Veteranos M60	M	02:02:11	00:19:20	01:07:12
1130	74	Jose Ribeiro	764	Individual	Veteranos M60	M	02:02:27	00:19:52	01:09:20
1131	186	Gonçalo Seabra	1547	Individual	Veteranos M35	M	02:02:29	00:21:17	01:11:08
1132	11	Elisabete Ribeiro	943	A D Amarante	Veteranos F35	F	02:02:33	00:20:26	01:10:15
1133	201	Gonçalo Lopes	1265	Casa do Benfica da Figueira da Foz	Séniore	M	02:02:41	00:20:03	01:08:54
1134	75	António Tavares	143	Clube de Veteranos de Atletismo de Coimbra	Veteranos M60	M	02:02:48	00:18:27	01:05:35
1135	135	Pedro Ribeiro	1203	amigosdacorrída.com	Veteranos M50	M	02:02:52	00:21:43	01:12:11
1136	187	Nuno Belo	711	Individual	Veteranos M35	M	02:03:15	00:20:02	01:10:35
1137	76	Belmiro Aguiar	1439	KÁGADOS	Veteranos M60	M	02:03:28	00:22:09	01:12:33
1138	77	Eurico Semedo	976	SS CGD	Veteranos M60	M	02:03:45	00:21:16	01:10:06
1139	27	Camila Wudich	1078	Run 4 Fun	Senhoras	F	02:03:45	00:22:57	01:12:45
1140	188	Nuno Coelho	860	Individual	Veteranos M35	M	02:03:59	00:20:47	01:08:43
1141	173	Gilberto Silva	661	Individual	Veteranos M45	M	02:04:17	00:22:04	01:13:01
1142	12	Anabela Santos	630	Individual	Veteranos F35	F	02:04:18	00:18:59	01:09:52
1143	203	Nuno Graça	643	Individual	Veteranos M40	M	02:04:24	00:22:17	01:13:38
1144	189	Nuno Carneiro	725	Individual	Veteranos M35	M	02:04:24	00:22:17	01:13:38
1145	190	Nelson Marques	1564	amigos atletismo antoes	Veteranos M35	M	02:04:38	00:21:14	01:11:13
1146	202	Daniel Gomes	1505	OFFtel runners	Séniore	M	02:04:39	00:20:04	01:07:44
1147	78	Joao Estaco	466	Individual	Veteranos M60	M	02:04:41	00:19:44	01:09:54

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1148	174	José Oliveira	461	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M45	M	02:04:52	00:18:45	01:09:42
1149	191	Carlos Sepulveda	659	Individual	Veteranos M35	M	02:04:58	00:21:45	01:12:13
1150	204	Carlos Peralta	1207	Individual	Veteranos M40	M	02:05:24	00:18:06	01:09:03
1151	79	Jorge Silva	1372	Clube de Atletismo "Os Pesados"	Veteranos M60	M	02:05:46	00:21:34	01:13:39
1152	192	Pedro Silva	938	Família Silva	Veteranos M35	M	02:06:24	00:22:16	01:16:04
1153	28	Ana Amaro	939	Família Silva	Senhoras	F	02:06:24	00:22:16	01:16:04
1154	175	Fernando Bastos	50	Associação de Atletismo Lebres do Sado	Veteranos M45	M	02:06:31	00:21:14	01:13:00
1155	176	Luis Santos	898	Associação de Atletismo Lebres do Sado	Veteranos M45	M	02:06:31	00:21:14	01:12:59
1156	29	Sofia Mendes	1021	CALMA	Senhoras	F	02:06:37	00:22:36	01:14:36
1157	80	Vítor Fernandes	332	CALMA	Veteranos M60	M	02:06:38	00:22:14	01:13:16
1158	30	Cristina Valente	1084	Individual	Senhoras	F	02:06:38	00:22:36	01:14:36
1159	203	Ricardo Moreira	607	Individual	Séniore	M	02:06:55	00:19:16	01:10:12
1160	136	Iosif Bletan	327	Individual	Veteranos M50	M	02:07:00	00:23:28	01:15:43
1161	193	Nuno Rebelo	1051	Individual	Veteranos M35	M	02:07:01	00:21:45	01:14:39
1162	194	Pedro Silva	190	FSG Collonge-Bellerive	Veteranos M40	M	02:07:01	00:18:14	01:03:06
1163	26	Patrícia Pedro	1393	Casa do Benfica de Algueirão Mem Martins	Veteranos F40	F	02:07:02	00:20:56	01:10:55
1164	204	Miguel Canha	98	Individual	Séniore	M	02:07:06	00:23:20	01:13:37
1165	81	Henrique Silva	937	Família Silva	Veteranos M60	M	02:07:09	00:20:34	01:09:57
1166	13	Paula Simões	1181	Grupo Desportivo Diana	Veteranos F35	F	02:07:09	00:20:36	01:11:41
1167	14	Elisabete Vieira	568	Individual	Veteranos F35	F	02:07:25	00:22:36	01:13:57
1168	6	Maria Costa	597	Individual	Veteranos F50	F	02:07:26	00:22:09	01:13:05
1169	31	Tânia Alves	1552	Juventude Vidigalense	Senhoras	F	02:07:28	00:20:56	01:13:45
1170	205	António Sá	1577	Família Sá	Veteranos M40	M	02:07:38	00:00:00	01:17:02
1171	82	Trébaol Xavier	1683	Individual	Veteranos M60	M	02:07:40	00:22:08	01:14:28
1172	206	Helder Silva	542	Bombeiros Caxarias	Veteranos M40	M	02:07:46	00:20:27	01:10:24
1173	207	Nelson Tavares	419	Bosch Aveiro	Veteranos M40	M	02:07:57	00:23:55	01:15:38
1174	96	José Figueiredo	742	ASSOCIAÇÃO AMIGOS PARQUE INFANTE D.PEDRO	Veteranos M55	M	02:07:58	00:21:49	01:12:12
1175	208	Pedro Jorge	834	Golden Team	Veteranos M40	M	02:08:00	00:20:54	01:11:25
1176	209	Pedro	838	Golden Team	Veteranos M40	M	02:08:00	00:20:54	01:11:25
1177	195	Nuno Fradique	306	Scalabis Night Runners	Veteranos M35	M	02:08:06	00:21:22	01:13:23
1178	27	Julia Alves	621	Individual	Veteranos F40	F	02:08:07	00:22:47	01:14:55
1179	28	Eliana Pegoretti	348	omundodacorrída.com	Veteranos F40	F	02:08:09	00:21:25	01:13:28
1180	210	Ludovico Capito	921	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos M40	M	02:08:09	00:20:00	01:10:56
1181	29	Elsa Dínis	458	CLAC - Clube de Lazer Aventura e Competição do Entroncamento	Veteranos F40	F	02:08:10	00:20:01	01:11:22
1182	205	André Costa	1178	Individual	Séniore	M	02:08:19	00:20:32	01:10:44
1183	97	Joaquim Hipólito	474	Clube de Atletismo da Nazaré	Veteranos M55	M	02:08:29	00:21:14	01:12:20
1184	206	Helder Jorge	347	omundodacorrída.com	Séniore	M	02:08:29	00:20:03	01:05:50

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1185	207	Gonçalo Matos	1377	Individual	Séniore	M	02:08:35	00:24:09	01:17:23
1186	208	André Conceição	760	CALMA	Séniore	M	02:09:02	00:18:42	01:08:37
1187	137	João Lima	442	4 ao Km	Veteranos M50	M	02:09:07	00:23:40	01:18:10
1188	15	Adriana Ascenso	384	Clube Atletismo da Barreira	Veteranos F35	F	02:09:08	00:22:15	01:12:49
1189	32	Telma Moreira	338	Individual	Senhoras	F	02:09:16	00:20:33	01:11:05
1190	98	Carlos Claro	1428	Individual	Veteranos M55	M	02:09:19	00:21:12	01:13:49
1191	30	Natalia Marcheva	1385	Casa do Benfica de Algueirão Mem Martins	Veteranos F40	F	02:09:20	00:20:26	01:11:30
1192	16	Catarina Valente	1085	Individual	Veteranos F35	F	02:09:21	00:22:36	01:14:36
1193	17	Diva Cobra	793	Individual	Veteranos F35	F	02:09:23	00:22:37	01:14:37
1194	209	João Calado	794	Individual	Séniore	M	02:09:23	00:22:37	01:14:37
1195	210	Diogo Silva	1420	Ginásio Clube Figueirense	Séniore	M	02:09:24	00:21:18	01:13:24
1196	31	Maria Miguéis	800	Individual	Veteranos F40	F	02:09:33	00:23:27	01:17:01
1197	177	Joao Ferreira	106	táleno pr'a correr team	Veteranos M45	M	02:09:44	00:20:58	01:14:18
1198	211	Pedro Silva	111	táleno pr'a correr team	Séniore	M	02:09:44	00:20:58	01:14:19
1199	178	Vasco Ferreira	611	Individual	Veteranos M45	M	02:09:50	00:23:41	01:15:28
1200	211	José Finuras	610	Individual	Veteranos M40	M	02:09:50	00:23:38	01:15:28
1201	32	Ana Santos	986	Individual	Veteranos F40	F	02:09:53	00:23:19	01:16:49
1202	83	Jorge Oliveira	1236	Clube Ferroviario de Portugal	Veteranos M60	M	02:10:07	00:20:15	01:13:15
1203	138	Ricardo Esteves	110	Amigos Peniche	Veteranos M50	M	02:10:16	00:18:53	01:13:15
1204	33	Vanda Anjos	674	ASSOCIAÇÃO -TOLEDO	Senhoras	F	02:10:23	00:19:31	01:11:20
1205	196	Orlando Gomes	1267	pés de atleta	Veteranos M35	M	02:10:26	00:22:36	01:15:46
1206	212	Paulo Fernandes	1289	CASA DO POVO DE ALCANENA (CPA-S)	Séniore	M	02:10:27	00:19:38	01:10:05
1207	212	José Magro	436	O Mundo da Corrida	Veteranos M40	M	02:10:28	00:20:21	01:10:20
1208	33	Anabela Pacheco	624	omundodacorrída.com	Veteranos F40	F	02:10:28	00:20:21	01:10:20
1209	179	André Noronha	971	SS CGD	Veteranos M45	M	02:10:43	00:22:26	01:16:24
1210	34	Paula Madeira	642	gymrunners	Senhoras	F	02:10:43	00:22:26	01:16:24
1211	84	António Reis	997	Individual	Veteranos M60	M	02:10:48	00:23:18	01:15:54
1212	180	Rafael Santos	1026	CCDTML	Veteranos M45	M	02:10:56	00:21:05	01:10:35
1213	139	Henrique Borges	989	Individual	Veteranos M50	M	02:10:56	00:21:35	01:13:26
1214	99	José Amorim	224	Jose Amorim Runners	Veteranos M55	M	02:10:57	00:22:18	01:16:15
1215	18	Filipa Brás	454	Run 4 Fun	Veteranos F35	F	02:11:06	00:23:35	01:16:40
1216	100	Antonio Moço	1093	GRUPO DESPORTIVO DO PESSOAL DA CIMPOR	Veteranos M55	M	02:11:19	00:20:59	01:13:51
1217	197	Pedroabreu Pedroabreu	1157	Individual	Veteranos M35	M	02:11:31	00:22:42	01:16:55
1218	213	Francisco Rodrigues	1156	Individual	Séniore	M	02:11:31	00:22:42	01:16:55
1219	214				Séniore	M			
1220	7	Eugenia Vale	326	Individual	Veteranos F50	F	02:11:48	00:23:40	01:18:09
1221	181	Nuno Marques	789	Run 4 Fun	Veteranos M45	M	02:11:49	00:21:16	01:11:44

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1222	34	Cristina Caldeira	787	Run 4 Fun	Veteranos F40	F	02:11:49	00:21:16	01:11:45
1223	35	Miriam Silva	318	Clube EDP - Lisboa	Senhoras	F	02:11:49	00:18:29	01:03:41
1224	85	Albino Oliveira	676	Individual	Veteranos M60	M	02:11:50	00:23:49	01:16:48
1225	198	Carlos Lopes	108	Run 4 Fun	Veteranos M35	M	02:11:50	00:14:45	00:53:29
1226	182	Frederico Sousa	738	Lebres e Tartarugas	Veteranos M45	M	02:12:01	00:21:37	01:14:08
1227	215	Guilherme Cardoso	464	Individual	Séniore	M	02:12:12	00:21:40	01:15:26
1228	216	João Pinto	196	Individual	Séniore	M	02:12:31	00:22:59	01:15:03
1229	8	Cristiana Rodrigues	905	Individual	Veteranos F50	F	02:12:32	00:22:47	01:14:55
1230	35	Carla Leão	1483	Wikaboo	Veteranos F40	F	02:12:37	00:21:43	01:11:53
1231	140	Pedro Amaro	1362	Individual	Veteranos M50	M	02:12:38	00:18:56	01:11:55
1232	141	Carlos Coelho	1211	O Mundo da Corrida	Veteranos M50	M	02:12:46	00:21:10	01:14:01
1233	19	Fernanda Mangas	1160	Serviços Sociais Montepio Geral	Veteranos F35	F	02:12:51	00:21:48	01:16:20
1234	183	Pedro Pires	1637	Associação de Atletismo Lebres do Sado	Veteranos M45	M	02:12:56	00:23:35	01:16:39
1235	142	Orlando Sousa	1024	CCDTML	Veteranos M50	M	02:13:10	00:21:05	01:12:49
1236	86	José Azevedo	734	Individual	Veteranos M60	M	02:13:43	00:23:49	01:16:50
1237	143	Emídio Alexandre	1394	Casa do Benfica de Algueirão Mem Martins	Veteranos M50	M	02:14:19	00:21:33	01:16:19
1238	20	Teresa Rosário	281	10 P´rás 11	Veteranos F35	F	02:14:38	00:23:04	01:17:23
1239	199	Carlos Rocha	660	Individual	Veteranos M35	M	02:14:42	00:20:36	01:10:39
1240	36	Cristina Flores	1492	clube de atletismo da povoa de varzim	Senhoras	F	02:14:47	00:22:17	01:17:58
1241	87	José Dionísio	1205	amigosdacorrida.com	Veteranos M60	M	02:14:56	00:24:05	01:18:06
1242	200	Miguel Costa	1445	Individual	Veteranos M35	M	02:15:01	00:23:37	01:16:35
1243	88	Angelo Moeira	358	Individual	Veteranos M60	M	02:15:01	00:23:37	01:16:35
1244	37	Ana Afonso	388	Clube Atletismo da Barreira	Senhoras	F	02:15:05	00:23:06	01:16:20
1245	89	Helder Varandas	1460	Individual	Veteranos M60	M	02:15:14	00:21:53	01:16:02
1246	9	Analice Silva	1296	omundodacorrida.com	Veteranos F50	F	02:15:20	00:21:47	01:16:31
1247	36	Anabela Oliveira	280	10 P´rás 11	Veteranos F40	F	02:15:20	00:23:05	01:17:24
1248	38	Diana Alexandrova	139	Individual	Senhoras	F	02:15:57	00:26:59	01:21:37
1249	21	Susana Mendes	167	Oliveira irmão	Veteranos M35	M	02:16:14	00:21:47	01:15:33
1250	201	Dino Pedras	1499	Individual	Veteranos M35	M	02:16:40	00:24:10	01:18:47
1251	184	Fatima Lopes	737	Individual	Veteranos M45	M	02:16:41	00:24:10	01:18:46
1252	144	Joao Lopes	736	Individual	Veteranos M50	M	02:16:41	00:24:10	01:18:46
1253	90	Jose Conceicao	349	Individual	Veteranos M60	M	02:16:42	00:23:36	01:19:41
1254	22	Susana Cânciao	99	Individual	Veteranos F35	F	02:16:49	00:23:55	01:17:22
1255	145	João Barbosa	1017	CCDTML	Veteranos M50	M	02:16:53	00:23:56	01:18:20
1256	91	Fernando Fernandes	1016	CCDTML	Veteranos M60	M	02:16:54	00:23:55	01:18:20
1257	37	Carla Costa	778	Individual	Veteranos F40	F	02:17:23	00:23:04	01:17:49
1258	146	Mário Pires	126	Individual	Veteranos M50	M	02:17:58	00:22:14	01:21:42

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1259	92	Aurélio Calado	1138	SS CGD	Veteranos M60	M	02:18:25	00:23:29	01:18:51
1260	39	Ana Novo	746	Rimar	Senhoras	F	02:18:34	00:22:45	01:18:39
1261	40	Sónia Filipe	1688	Individual	Senhoras	F	02:18:34	00:22:45	01:18:39
1262	101	Joao Carreira	1158	Individual	Veteranos M55	M	02:19:03	00:23:51	01:19:05
1263	217	Miguel Carreira	1153	Individual	Séniões	M	02:19:03	00:23:52	01:19:05
1264	218	Nelson Silva	1435	Ginásio Clube Figueirense	Séniões	M	02:19:19	00:21:17	01:13:27
1265	10	Alice Bertrand	1681	Individual	Veteranos F50	F	02:19:26	00:23:32	01:20:59
1266	213	Fernando Leão	1482	Wikaboo	Veteranos M40	M	02:19:47	00:21:42	01:11:53
1267	147	Vitor Marto	1043	UNIÃO DE TOMAR	Veteranos M50	M	02:19:58	00:22:22	01:20:13
1268	148	Lewandowski Rémy	149	Individual	Veteranos M50	M	02:20:56	00:24:18	01:22:02
1269	219	Emanuel Gomes	1579	Família Sá	Séniões	M	02:21:01	00:23:25	01:17:01
1270	93	José Recacho	762	Individual	Veteranos M60	M	02:21:08	00:21:50	01:13:02
1271	214	Rui Almeida	105	Individual	Veteranos M40	M	02:21:16	00:20:46	01:14:28
1272	202	Marco Filipe	955	Individual	Veteranos M35	M	02:21:21	00:22:34	01:19:17
1273	23	Sofia Portela	956	Individual	Veteranos F35	F	02:21:23	00:22:34	01:19:17
1274	38	Filomena Jesus	1131	Academia de Atletismo do Seixal	Veteranos F40	F	02:21:27	00:23:44	01:21:19
1275	149	José Cardoso	1096	Academia de Atletismo do Seixal	Veteranos M50	M	02:21:27	00:23:44	01:21:19
1276	102	Antonio Pardal	239	GA Monsanto/Gascan	Veteranos M55	M	02:21:49	00:25:55	01:24:45
1277	39				Veteranos F40	F			
1278	94	Jose Figueiredo	344	omundodacorrída.com	Veteranos M60	M	02:22:07	00:21:41	01:17:38
1279	95	Benardino Cruz	979	Associação de Atletismo Lebres do Sado	Veteranos M60	M	02:22:46	00:23:43	01:19:41
1280	185	Eugénia Lopes	1263	estrela campo de aviação futebol clube	Veteranos M45	M	02:22:57	00:23:56	01:18:47
1281	96	Jose Carlos	1398	Casa do Benfica de Algueirão Mem Martins	Veteranos M60	M	02:23:12	00:23:55	01:19:14
1282	97	Le Gilbert	148	Individual	Veteranos M60	M	02:23:27	00:24:18	01:22:39
1283	98	Paulo Valente	164	Individual	Veteranos M60	M	02:24:34	00:22:51	01:18:28
1284	203	Mauro D`almeida	1371	Individual	Veteranos M35	M	02:24:55	00:23:51	01:19:26
1285	220	João Carreira	1152	Individual	Séniões	M	02:24:55	00:23:52	01:19:26
1286	11	Marcia Shiraishi	166	Individual	Veteranos F50	F	02:25:01	00:25:35	01:22:10
1287	103	Irineu Sato	165	Individual	Veteranos M55	M	02:25:01	00:25:36	01:22:09
1288	40	Susana Olaio	1095	Individual	Veteranos F40	F	02:25:31	00:24:06	01:21:39
1289	186	Carlos Marques	1344	Individual	Veteranos M45	M	02:25:46	00:22:51	01:20:41
1290	1	José Ramos	782	Clube de Atletismo "Os Pesados"	Veteranos M50	M	02:26:44	00:28:15	00:00:00
1291	99	Rui Coelho	861	Individual	Veteranos M60	M	02:26:57	00:23:54	01:20:59
1292	100	Joaquim Pereira	895	Associação de Atletismo Lebres do Sado	Veteranos M60	M	02:27:18	00:22:50	01:22:20
1293	204				Veteranos M35	M			
1294	101	Jean Perone	1366	Spiridon Suisse	Veteranos M60	M	02:27:23	00:25:58	01:25:39
1295	12	Lelia Areal	129	Individual	Veteranos F50	F	02:28:16	00:24:06	01:21:13

Class. Geral	Class. Esc.	Nome	Dorsal	Equipa	Escalão	Sexo	Tempo Oficial	Controlo	Viragem
1296	102	Eberhard Wilhelm	441	4 ao Km	Veteranos M60	M	02:28:32	00:23:28	01:20:28
1297	103	António Marta	1463	Individual	Veteranos M60	M	02:29:38	00:24:30	01:22:13
1298	205	Antonio Costa	1464	Individual	Veteranos M35	M	02:29:38	00:24:30	01:22:13
1299	104	Carlos Goncalves	1255	Individual	Veteranos M60	M	02:30:47	00:23:26	01:16:14
1300	41	Vera Tobarro	1256	Individual	Senhoras	F	02:30:47	00:23:26	01:16:14
1301	105	José Jorge	781	Clube de Atletismo "Os Pesados"	Veteranos M60	M	02:34:09	00:25:49	01:25:41
1302	106	João Hermano	927	Flechas	Veteranos M60	M	02:35:28	00:26:32	01:29:35