

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
4	1	1	NUNO COSTA	MAIA A C	M	30	01:06:30	01:06:30	03:09	Senior Masculino
801	2	2	BRUNO PAIXAO	BEJA ATLETICO CLUBE	M	32	01:07:41	01:07:41	03:13	Senior Masculino
7	3	3	VITOR OLIVEIRA	MAIA AC	M	35	01:08:00	01:08:00	03:13	Senior Masculino
37	4	4	RUI MUGA	CLUBE ACADEMICO MOGADOURO	M	32	01:08:04	01:08:05	03:14	Senior Masculino
732	5	5	HUGO SANTOS	ACD SAO JOAO DA SERRA	M	26	01:08:57	01:08:57	03:16	Senior Masculino
53	6	6	MIHAIL LALEV	SPORTING CLUBE DE BRAGA	M	34	01:08:58	01:08:59	03:16	Senior Masculino
36	7	7	CARLOS LOPES	C.A. MOGADOURO	M	35	01:09:51	01:09:52	03:19	Senior Masculino
35	8	1	JOSE CARVALHO	CLUBE ACADEMICO DE MOGADOURO	M	40	01:09:50	01:09:52	03:19	Veterano M40
767	9	8	FERNANDO LEMOS	ACD SAO JOAO DA SERRA	M	33	01:11:05	01:11:07	03:22	Senior Masculino
346	10	1	JORGE PINTO	SERVICOS SOCIAIS SAO JOAO DA MADEIRA	M	46	01:11:42	01:11:44	03:24	Veterano M45
23	11	2	AUGUSTO COSTA	AMIGOS DA MONTANHA	M	47	01:11:54	01:11:55	03:24	Veterano M45
22	12	2	ARTUR RODRIGUES	GRUPO DESPORTIVO DE GUILHOVAI	M	41	01:12:02	01:12:03	03:25	Veterano M40
34	13	9	PEDRO RODRIGUES	CLUBE ACADEMICO DE MOGADOURO	M	38	01:12:19	01:12:20	03:26	Senior Masculino
763	14	10	NICODEMUS BIWOTT		M	36	01:12:37	01:12:38	03:26	Senior Masculino
71	15	3	MARCO FERREIRA	U.D.VARZEA	M	40	01:14:12	01:14:13	03:31	Veterano M40
624	16	4	CARLOS SOUSA	R/ROLINE	M	44	01:14:18	01:14:20	03:31	Veterano M40
583	17	5	JOAO AMORIM	FUTEBOL CLUBE DE PENAFIEL	M	41	01:14:25	01:14:28	03:32	Veterano M40
686	18	6	ABILIO PEREIRA	N.A.TAIPAS	M	42	01:14:37	01:14:39	03:33	Veterano M40
5	19	1	DOROTEIA PEIXOTO	AMIGOS DA MONTANHA	F	33	01:14:41	01:14:42	03:33	Senior Feminino
192	20	11	NUNO COSTA	SAO SALVADOR DO CAMPO	M	22	01:14:50	01:14:50	03:33	Senior Masculino
8	21	12	CARLOS COSTA	SAO SALVADOR DO CAMPO	M	30	01:15:43	01:15:43	03:36	Senior Masculino
24	22	1	ABILIO COSTA	SAO SALVADOR DO CAMPO	M	51	01:15:43	01:15:43	03:36	Veterano M50
16	23	1	CARLA MARTINHO	RECREIO DESPORTIVO DE AGUEDA	F	40	01:16:26	01:16:27	03:37	Veterana F40
82	24	3	ANTONIO SOUSA	RIPOLINS GRIJO A CORRER	M	46	01:17:06	01:17:09	03:39	Veterano M45
776	25	2	MARISA BARROS	SPORT COMERCIO E SALGUEIROS	F	36	01:17:25	01:17:27	03:40	Senior Feminino
747	26	2	ANTONIO JESUS	ACADEMIA FERNANDA RIBEIRO	M	53	01:17:28	01:17:30	03:41	Veterano M50
601	27	4	ANTONIO SILVA	ARGONCILHE	M	47	01:17:38	01:17:39	03:41	Veterano M45
636	28	7	MIGUEL MENDES	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M	42	01:17:48	01:17:52	03:41	Veterano M40
40	29	3	ULISSES LOPES	CARCAVELOS/SINERGYE	M	52	01:17:49	01:17:52	03:41	Veterano M50
784	30	13	NUNO FERNANDES	CLUBE ATLETISMO FAFE	M	34	01:18:25	01:18:27	03:43	Senior Masculino
140	31	4	EDUARDO EUSTAQUIO	AMIGOS DO ATLETISMO DE MAFRA	M	52	01:18:26	01:18:28	03:43	Veterano M50
786	32	5	JOAQUIM ROCHA	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M	51	01:18:30	01:18:32	03:43	Veterano M50
39	33	5	LUIS SA	BOAVISTA FC	M	46	01:18:43	01:18:44	03:44	Veterano M45
44	34	1	JOAQUIM SILVA	CARCAVELOS/SINERGYE	M	56	01:18:47	01:18:48	03:44	Veterano M55
260	35	6	HENRIQUE DIAS	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M	51	01:18:55	01:18:58	03:44	Veterano M50
20	36	6	BALTAZAR SOUSA	BOAVISTA FC	M	47	01:18:57	01:18:59	03:44	Veterano M45
322	37	8	CARLOS FERREIA		M	41	01:19:00	01:19:11	03:45	Veterano M40
378	38	2	JOAO PEREIRA	AFIS/OVAR	M	55	01:19:26	01:19:29	03:46	Veterano M55
753	39	9	ANTONIO CAMPOS	CTM VILA POUCA DE AGUIAR	M	42	01:19:42	01:19:44	03:47	Veterano M40
829	40	10	RAUL FERNANDES	NAVR	M	40	01:19:44	01:19:46	03:47	Veterano M40
788	41	14	TIAGO LISBOA	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M	37	01:19:46	01:19:49	03:47	Senior Masculino
3	42	7	MANUEL MENDES	VSC GUIMARAES	M	45	01:19:50	01:19:52	03:47	Veterano M45
341	43	15	LUIS NOVAIS	CLUBE ATLETISMO NOSSA SENHORA DA CONCEICAO VILA REAL	M	39	01:19:54	01:20:00	03:47	Senior Masculino
571	44	16	PAULO COSTA	A.D.AMARANTE ATLETISMO	M	37	01:19:53	01:20:00	03:47	Senior Masculino
151	45	8	JOSE QUEIROS	ASES DE SAO JORGE	M	48	01:19:59	01:20:02	03:47	Veterano M45
787	46	11	ADELINO SILVA	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M	44	01:20:06	01:20:10	03:48	Veterano M40
19	47	3	ROSA MADUREIRA	FUTEBOL CLUBE DE PENAFIEL	F	39	01:20:09	01:20:11	03:48	Senior Feminino

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
112	48	3	JOSE MONTEIRO	BAIRRO DE CARCAVELOS	M	59	01:20:12	01:20:15	03:48	Veterano M55
688	49	2	ELISABETE LOPES	N.A.TAIPAS	F	41	01:20:22	01:20:23	03:49	Veterana F40
231	50	12	JOAO TEIXEIRA	CHAVES RUNNING TEAM	M	41	01:21:14	01:21:26	03:51	Veterano M40
592	51	7	MANUEL PALMEIRO	GINASIO CLUBE DE BRAGANCA	M	53	01:21:28	01:21:28	03:52	Veterano M50
610	52	3	LUISA OLIVEIRA	PAREDES AVENTURA	F	40	01:21:28	01:21:29	03:52	Veterana F40
462	53	13	M. PEIXE	VSC GUIMARAES	M	42	01:21:35	01:21:37	03:52	Veterano M40
479	54	14	RUI COSTA	CLUBE DE ATLETISMO DE OVAR	M	40	01:21:53	01:21:57	03:53	Veterano M40
764	55	4	CLARISSE CRUZ		F	38	01:21:58	01:22:01	03:53	Senior Feminino
527	56	8	BELMIRO RODRIGUES	C.F.OLIVEIRA DO DOURO	M	54	01:22:01	01:22:07	03:53	Veterano M50
627	57	15	FILIPE CUNHA	R/RONLINE	M	41	01:22:12	01:22:19	03:54	Veterano M40
401	58	9	JOAQUIM ALVES	NASCIDOS PARA CORRER	M	48	01:22:21	01:22:24	03:54	Veterano M45
367	59	17	DOMINGOS SANTOS	NASCIDOS PARA CORRER	M	36	01:22:26	01:22:27	03:54	Senior Masculino
14	60	18	VITOR COSTA	A.D.AMARANTE TRAIL RUNNIG	M	39	01:22:32	01:22:35	03:55	Senior Masculino
11	61	9	ALFREDO PINHEIRO	A.D.AMARANTE ATLETISMO	M	51	01:22:48	01:22:52	03:56	Veterano M50
9	62	19	JOAO TEIXEIRA	A.D.AMARANTE ATLETISMO	M	22	01:22:52	01:22:53	03:56	Senior Masculino
594	63	10	ORLANDO ALVES	GINASIO CLUBE DE BRAGANCA	M	51	01:22:50	01:23:02	03:56	Veterano M50
464	64	11	JOSE FERREIRA	VSC GUIMARAES	M	50	01:23:04	01:23:08	03:56	Veterano M50
775	65	5	JUSTYNA WOJCIK	SPORT COMERCIO E SALGUEIROS	F	32	01:23:05	01:23:08	03:56	Senior Feminino
298	66	20	SAMUEL GALVEIA	U. F. C. ATLETISMO COMERCIO E INDUSTRIA	M	35	01:23:06	01:23:11	03:56	Senior Masculino
25	67	16	RUI VELOSO	SAO SALVADOR DO CAMPO	M	42	01:23:21	01:23:22	03:57	Veterano M40
12	68	17	JORGE OLIVEIRA	A.D.AMARANTE ATLETISMO	M	41	01:23:18	01:23:25	03:57	Veterano M40
41	69	4	BENJAMIM SOARES	CARCAVELOS/SINERGYE	M	57	01:23:35	01:23:39	03:58	Veterano M55
399	70	21	SAMUEL TOMAS	NAVR	M	38	01:23:46	01:23:48	03:58	Senior Masculino
295	71	22	JOAO MOITA	CLUBE ZUPPER	M	34	01:23:38	01:23:50	03:58	Senior Masculino
618	72	23	MARCELO ARAUJO	ADCCJCLARK S	M	27	01:23:41	01:23:50	03:58	Senior Masculino
582	73	10	ORLANDO VALENTE	FUTEBOL CLUBE DE PENAFIEL	M	49	01:23:59	01:24:05	03:59	Veterano M45
605	74	11	LINO FERREIRA	CLUBE DESPORTIVO FEIRENSE	M	45	01:24:01	01:24:05	03:59	Veterano M45
372	75	12	JOSE MOTA	NASCIDOS PARA CORRER	M	54	01:24:12	01:24:13	03:59	Veterano M50
612	76	24	MARIO MONTEIRO	CLUBE ATLETISMO NOSSA SENHORA DA CONCEICAO VILA REAL	M	39	01:24:14	01:24:17	04:00	Senior Masculino
579	77	5	AUGUSTO CASTRO	FUTEBOL CLUBE DE PENAFIEL	M	57	01:24:46	01:24:49	04:01	Veterano M55
745	78	12	PAULO LOURENCO	DINAMO CLUBE DA ESTACAO	M	46	01:24:50	01:24:53	04:01	Veterano M45
736	79	6	JOSE VIANA	QUEIROZTEAM / INDEVISO.COM	M	57	01:25:03	01:25:06	04:02	Veterano M55
460	80	13	FRANCISCO NOVAIS	VSC GUIMARAES	M	52	01:25:07	01:25:10	04:02	Veterano M50
687	81	18	PATRICIO CASTRO	N.A.TAIPAS	M	41	01:25:08	01:25:12	04:02	Veterano M40
139	82	25	PEDRO FREITAS	PETRO BASTO	M	28	01:25:09	01:25:14	04:02	Senior Masculino
497	83	19	PAULO RIBEIRO	A.D.R.AVELEDA	M	44	01:25:12	01:25:17	04:02	Veterano M40
47	84	1	MANUEL DOURADO	CARCAVELOS/SINERGYE	M	61	01:25:17	01:25:23	04:02	Veterano M60
396	85	14	CARLOS TAVEIRA	NAVR	M	50	01:25:27	01:25:28	04:03	Veterano M50
746	86	20	ANTONIO MOREIRA	ACADEMIA FERNANDA RIBEIRO	M	41	01:25:23	01:25:29	04:03	Veterano M40
261	87	26	VITOR BARBOSA	GRUPO DRAMATICO E RECREATIVO DA RETORTA	M	33	01:25:29	01:25:33	04:03	Senior Masculino
28	88	6	ANDREIA CUNHA	FIGUEIREDO S RUNNER S AND FRIENDS	F	30	01:25:33	01:25:34	04:04	Senior Feminino
27	89	21	MIGUEL FIGUEIREDO	FIGUEIREDO S RUNNER S AND FRIENDS	M	43	01:25:34	01:25:35	04:04	Veterano M40
568	90	27	TIAGO LOPES	A.D.AMARANTE ATLETISMO	M	36	01:25:41	01:25:48	04:04	Senior Masculino
573	91	13	VALENTIM HENRIQUES	CLUBE DESPORTIVO ASAS DO MILENIUM	M	48	01:26:03	01:26:07	04:05	Veterano M45
49	92	15	ABILIO TEIXEIRA	SOCIEDADE RECREIO CEPANENSE	M	53	01:26:27	01:26:30	04:06	Veterano M50
87	93	22	CARLOS ALMEIDA	MAFRACOMVENTO/ESTABIL	M	43	01:26:27	01:26:31	04:06	Veterano M40
597	94	7	TANIA FERNANDES	GINASIO CLUBE DE BRAGANCA	F	31	01:26:28	01:26:32	04:06	Senior Feminino

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
193	95	28	ESTEVAO GONCALVES	NAVR	M	39	01:26:45	01:26:57	04:07	Senior Masculino
521	96	14	ABILIO MOREIRA	BUDEGUITA RUNNERS	M	45	01:26:53	01:26:59	04:07	Veterano M45
349	97	29	LUIS SILVA		M	30	01:26:39	01:27:12	04:07	Senior Masculino
281	98	30	FILIFE TELES		M	34	01:27:11	01:27:18	04:08	Senior Masculino
385	99	7	EDUARDO SOUSA	CARCAVELOS/SINERGYE	M	58	01:27:15	01:27:19	04:08	Veterano M55
167	100	23	MANUEL GOMES		M	42	01:27:06	01:27:29	04:08	Veterano M40
683	101	24	SERGIO FERNANDES	SOCIEDADE RECREIO CEPANENSE	M	41	01:27:28	01:27:31	04:09	Veterano M40
183	102	31	ARTUR PEREIRA	CLUBE DE PESCA DE AMARANTE	M	38	01:27:27	01:27:36	04:09	Senior Masculino
48	103	15	FERNANDO PINTO	SOCIEDADE RECREIO CEPANENSE	M	45	01:27:41	01:27:43	04:09	Veterano M45
398	104	25	JOSE PEREIRA	NAVR	M	41	01:27:37	01:27:45	04:09	Veterano M40
162	105	16	FLAVIO FERNANDES	NBA ATLETISMO	M	48	01:27:30	01:27:54	04:09	Veterano M45
70	106	17	RUI ALVES		M	45	01:27:29	01:27:57	04:09	Veterano M45
739	107	26	DIOGO OLIVEIRA		M	42	01:28:00	01:28:00	04:10	Veterano M40
726	108	32	HELDER BARBOSA	BOAVISTA FC	M	36	01:27:56	01:28:01	04:10	Senior Masculino
165	109	33	MARIO TEIXEIRA	PORTO RUNNERS	M	36	01:27:26	01:28:02	04:09	Senior Masculino
239	110	16	ABILIO MAGALHAES	EMNA RUNNERS	M	50	01:28:05	01:28:12	04:10	Veterano M50
116	111	18	CARLOS BARROSO	C. A. GAIENSES/TOYOTA	M	48	01:28:10	01:28:14	04:11	Veterano M45
655	112	27	LUIS PEREIRA	MOCIDADE SANGEMIL AC	M	41	01:28:09	01:28:16	04:10	Veterano M40
300	113	1	LIDIA PEREIRA	GDR GRANJA TRUTAS DO MAU	F	49	01:28:14	01:28:16	04:11	Veterana F45
654	114	34	ANTONIO PINTO	MOCIDADE SANGEMIL AC	M	35	01:28:11	01:28:16	04:11	Senior Masculino
790	115	35	HENRIQUE COSTA	CYCLONES SANITOP	M	29	01:27:46	01:28:18	04:10	Senior Masculino
65	116	36	ANDRE MANITA	SERBENFIQUISTA RUNNING TEAM	M	27	01:28:14	01:28:24	04:11	Senior Masculino
735	117	28	RUI SOBRAL	PORTO RUNNER	M	44	01:28:52	01:28:58	04:13	Veterano M40
756	118	37	NUNO NUNES	BRABUS RUNNERS	M	29	01:28:49	01:29:02	04:12	Senior Masculino
117	119	29	MIGUEL OLIVEIRA	C. A. GAIENSES/TOYOTA	M	43	01:29:01	01:29:04	04:13	Veterano M40
160	120	2	FERNANDO OLIVEIRA	NBA ATLETISMO	M	62	01:29:14	01:29:14	04:14	Veterano M60
111	121	30	JOAQUIM SANTOS		M	42	01:28:51	01:29:18	04:13	Veterano M40
765	122	19	CLAUDIO QUEIROGA	DINAMO CLUBE DA ESTACAO	M	48	01:29:16	01:29:18	04:14	Veterano M45
387	123	3	JOSE CORVAL	CARCAVELOS/SINERGYE	M	61	01:29:18	01:29:23	04:14	Veterano M60
468	124	31	JOSE ALMEIDA		M	40	01:29:18	01:29:26	04:14	Veterano M40
626	125	4	MADALENA SILVA	R/RONLINE	F	43	01:29:31	01:29:34	04:15	Veterana F40
536	126	4	ANTONIO GRACA	NASCIDOS PARA CORRER	M	63	01:29:16	01:29:34	04:14	Veterano M60
394	127	8	ANTONIO BOAVISTA	CARCAVELOS/SINERGYE	M	56	01:29:25	01:29:39	04:14	Veterano M55
228	128	38	JOAO MONTEIRO		M	30	01:29:16	01:29:39	04:14	Senior Masculino
366	129	17	DOMINGOS PRESAS	NASCIDOS PARA CORRER	M	50	01:29:37	01:29:39	04:15	Veterano M50
374	130	32	NUNO VIDAL	NASCIDOS PARA CORRER	M	41	01:29:37	01:29:39	04:15	Veterano M40
360	131	18	MANUEL CARDOSO	NASCIDOS PARA CORRER	M	50	01:29:37	01:29:40	04:15	Veterano M50
307	132	20	TIAGO LEAL		M	46	01:29:40	01:29:44	04:15	Veterano M45
590	133	19	JOSE BRAGADA	GINASIO CLUBE DE BRAGANCA	M	53	01:29:35	01:29:46	04:15	Veterano M50
90	134	39	MANUEL DIAS		M	33	01:29:42	01:29:52	04:15	Senior Masculino
437	135	40	SERGIO PEREIRA	OLIVEIRA RUNNERS	M	38	01:29:28	01:29:52	04:14	Senior Masculino
404	136	41	JOSE PEREIRA	ADA TRAIL RUNNING TEAM	M	38	01:29:50	01:29:56	04:15	Senior Masculino
742	137	42	MARCO BROCHADO	OS LOBOS DO SAIBRO	M	38	01:29:26	01:29:59	04:14	Senior Masculino
657	138	43	MIGUEL OLIVEIRA	MOCIDADE SANGEMIL AC	M	39	01:29:54	01:30:01	04:15	Senior Masculino
203	139	44	BRUNO TEIXEIRA		M	39	01:29:42	01:30:02	04:15	Senior Masculino
305	140	45	BRUNO VIEIRA		M	39	01:29:48	01:30:04	04:15	Senior Masculino
107	141	46	CARLOS REIS		M	35	01:29:52	01:30:08	04:15	Senior Masculino

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
518	142	33	ADAO MENDES		M	43	01:30:13	01:30:27	04:17	Veterano M40
84	143	47	PEDRO BROCHADO		M	30	01:30:35	01:30:40	04:18	Senior Masculino
731	144	8	SUSANA VILELA	ACD SAO JOAO DA SERRA	F	30	01:30:44	01:30:44	04:18	Senior Feminino
733	145	34	CARLOS RIBEIRO		M	42	01:30:40	01:30:45	04:18	Veterano M40
265	146	48	JOSE BARROS		M	39	01:30:26	01:30:47	04:17	Senior Masculino
446	147	21	JOSE BOAVISTA		M	49	01:30:41	01:30:55	04:18	Veterano M45
337	148	22	JOSE RIBEIRO		M	47	01:31:02	01:31:05	04:19	Veterano M45
625	149	35	JOSE CORTAFIOS	R/RONLINE	M	41	01:31:04	01:31:07	04:19	Veterano M40
101	150	49	MIGUEL TAVEIRA		M	31	01:31:12	01:31:22	04:19	Senior Masculino
145	151	50	ADRIANO MENDES	BRABUS RUNNERS	M	36	01:31:19	01:31:33	04:20	Senior Masculino
110	152	36	JORGE CABOUÇO	NOVELIA RUNNING AMARANTE	M	41	01:31:37	01:31:40	04:20	Veterano M40
202	153	51	ANTONIO CORREIA		M	23	01:31:38	01:31:43	04:20	Senior Masculino
611	154	37	VITOR ANDRADE	PAREDES AVENTURA	M	41	01:31:13	01:31:46	04:19	Veterano M40
334	155	52	HUGO MATIAS		M	27	01:31:40	01:31:49	04:21	Senior Masculino
134	156	38	LUIS RIBEIRO	SS MONTEPIO	M	42	01:31:38	01:31:56	04:20	Veterano M40
370	157	39	HENRIQUE COELHO	NASCIDOS PARA CORRER	M	42	01:31:47	01:31:57	04:21	Veterano M40
66	158	20	ANTONIO	C.F. OLIVEIRA DO DOURO	M	53	01:31:54	01:31:57	04:22	Veterano M50
217	159	21	FRANCISCO SANTOS	LEOES DA AGRA	M	51	01:31:47	01:32:01	04:21	Veterano M50
216	160	23	PEDRO SANCHES	LEOES DA AGRA	M	47	01:31:48	01:32:02	04:21	Veterano M45
608	161	40	JOSE MARINHO	AMIGOS DA PICUA	M	44	01:32:04	01:32:18	04:22	Veterano M40
778	162	53	JOEL PINTO	MARCO TRAIL	M	26	01:32:22	01:32:34	04:23	Senior Masculino
751	163	41	GUILHERMINO MEIRELES	CTM VILA POUCA DE AGUIAR	M	40	01:32:31	01:32:35	04:23	Veterano M40
371	164	42	JOAO LOPES	NASCIDOS PARA CORRER	M	43	01:32:25	01:32:38	04:23	Veterano M40
235	165	54	LUIS SANTOS		M	33	01:32:24	01:32:39	04:23	Senior Masculino
105	166	55	CESAR TEIXEIRA		M	33	01:32:38	01:32:43	04:23	Senior Masculino
737	167	22	JOAO FERREIRA	PAREDES AVENTURA	M	51	01:32:12	01:32:45	04:22	Veterano M50
755	168	5	HELENA SAMPAIO	AFIS/OVAR	F	43	01:32:48	01:32:49	04:24	Veterana F40
679	169	43	ANTONIO PEREIRA	SOCIEDADE RECREIO CEPANENSE	M	43	01:32:46	01:32:52	04:24	Veterano M40
695	170	56	PEDRO MARQUES		M	30	01:32:26	01:33:03	04:23	Senior Masculino
339	171	24	MANUEL PINHEIRI	FRIDAO SEM LIMITES	M	48	01:32:43	01:33:04	04:23	Veterano M45
431	172	5	ANTONIO MALTEZ		M	63	01:32:52	01:33:06	04:24	Veterano M60
79	173	25	RUI FONTES		M	47	01:32:51	01:33:11	04:24	Veterano M45
338	174	57	ACACIO COSTA	LEOES DA FLORESTA	M	34	01:32:59	01:33:21	04:25	Senior Masculino
153	175	26	PAULO SANTOS		M	47	01:33:15	01:33:31	04:25	Veterano M45
361	176	23	ANTONIO AZEVEDO	NASCIDOS PARA CORRER	M	53	01:33:23	01:33:33	04:25	Veterano M50
184	177	58	HUGO SOUSA		M	30	01:33:04	01:33:35	04:25	Senior Masculino
704	178	59	FILIPPE BARROS	A.D.AMARANTE ATLETISMO	M	33	01:33:30	01:33:37	04:26	Senior Masculino
812	179	44	MIGUEL ALVES		M	40	01:33:25	01:33:40	04:26	Veterano M40
421	180	60	FILIPPE RIBEIRO	ECOMOBILE ALUGUER DE AUTOMOVEIS	M	39	01:33:33	01:33:45	04:26	Senior Masculino
57	181	61	MIGUEL FERRAS		M	33	01:33:43	01:33:50	04:27	Senior Masculino
467	182	45	PEDRO TEIXEIRA		M	41	01:33:39	01:33:51	04:27	Veterano M40
108	183	24	ANTONIO CORUCHO		M	51	01:33:49	01:33:54	04:27	Veterano M50
555	184	27	MIGUEL BARROS	A.D.AMARANTE ATLETISMO	M	47	01:33:47	01:33:54	04:27	Veterano M45
614	185	62	MARTINHO GOMES	FAMILIA M	M	36	01:33:49	01:33:55	04:27	Senior Masculino
443	186	25	ALBERTO MACHADO	LINHAS MOURE CONFENIX	M	52	01:33:51	01:33:55	04:27	Veterano M50
275	187	63	RUI MADUREIRA	MARCO RUNNERS	M	34	01:33:45	01:33:57	04:27	Senior Masculino
718	188	28	CARLOS NUNES	CLUBE ATLETISMO NOSSA SENHORA DA CONCEICAO VILA REAL	M	49	01:33:44	01:33:59	04:27	Veterano M45

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
719	189	26	ANICETO GUEDES	CLUBE ATLETISMO NOSSA SENHORA DA CONCEICAO VILA REAL	M	54	01:34:14	01:34:16	04:28	Veterano M50
535	190	9	OCTAVIO SOUSA	NASCIDOS PARA CORRER	M	55	01:34:08	01:34:20	04:28	Veterano M55
377	191	64	SILVIO FERREIRA	NASCIDOS PARA CORRER	M	39	01:34:03	01:34:21	04:27	Senior Masculino
447	192	65	JOSE ALMEIDA	NAVR NUCLEO ATLETISMO VILA REAL	M	35	01:34:12	01:34:29	04:28	Senior Masculino
292	193	66	MARCO RIBEIRO		M	36	01:34:28	01:34:38	04:28	Senior Masculino
556	194	67	MIGUEL QUEIROS	A.D.AMARANTE ATLETISMO	M	38	01:34:38	01:34:42	04:29	Senior Masculino
523	195	29	JOAQUIM MORAIS	AOS DOMINGOS E SEMPRE A PEDALAR	M	49	01:34:28	01:34:43	04:28	Veterano M45
667	196	46	FRANCISCO CUNHA	SOCIEDADE RECREIO CEPANENSE	M	43	01:34:43	01:34:49	04:30	Veterano M40
723	197	68	RICARDO FERREIRA	BOAVISTA FC	M	35	01:34:49	01:34:55	04:30	Senior Masculino
146	198	69	CLAUDIO ARAUJO	OS SANTA APOLONIA	M	37	01:34:52	01:34:57	04:30	Senior Masculino
419	199	10	FRANCISCO RODRIGUES		M	55	01:35:05	01:35:13	04:30	Veterano M55
498	200	70	NUNO OLIVEIRA	A.D.R.AVELEDA	M	39	01:35:08	01:35:15	04:30	Senior Masculino
386	201	11	JACINTO OLIVEIRA	CARCAVELOS/SINERGYE	M	59	01:35:08	01:35:17	04:30	Veterano M55
720	202	27	MARIO NOBREGA	CLUBE ATLETISMO SENHORA DA CONCEICAO VILA REAL	M	50	01:35:19	01:35:21	04:31	Veterano M50
238	203	28	RUI BORGES	NAVR	M	51	01:35:14	01:35:22	04:31	Veterano M50
424	204	30	FRANCISCO CERQUEIRA	MARATONISTAS DO MINHO	M	45	01:35:00	01:35:23	04:30	Veterano M45
634	205	12	MANUEL SA	CENTRO DE ATLETISMO DO PORTO	M	57	01:35:08	01:35:23	04:30	Veterano M55
715	206	71	FERNANDO PEREIRA		M	33	01:34:50	01:35:24	04:30	Senior Masculino
294	207	72	TIAGO AMARAL	KEEPMOVING	M	34	01:34:58	01:35:32	04:30	Senior Masculino
484	208	13	LOUIS BRASSARD	BIONICK TRIATHLON	M	56	01:35:21	01:35:33	04:31	Veterano M55
118	209	14	ANTONIO ROCHA		M	57	01:35:34	01:35:37	04:32	Veterano M55
532	210	73	HELDER COSTA		M	37	01:35:36	01:35:42	04:32	Senior Masculino
400	211	74	VIRGILIO VIEIRA	NASCIDOS PARA CORRER	M	38	01:35:33	01:35:44	04:32	Senior Masculino
480	212	47	HUGO CAMEIRAO	LEOES DA FLORESTA	M	40	01:35:22	01:35:46	04:31	Veterano M40
785	213	75	RUI FERNANDES	CLUBE ATLETISMO FAFE	M	36	01:35:43	01:35:50	04:32	Senior Masculino
2	214	29	ANTONIO PINTO	A.D.AMARANTE ATLETISMO	M	50	01:35:49	01:35:52	04:33	Veterano M50
175	215	76	ANDRE MARTINS	TESCO TEAM RUNNING	M	39	01:35:49	01:35:52	04:33	Senior Masculino
534	216	15	CARLOS CRUZ		M	57	01:35:34	01:35:52	04:32	Veterano M55
321	217	77	SERGIO CRISTA	PERSISTENTES	M	38	01:35:33	01:35:53	04:32	Senior Masculino
178	218	78	CESARIO LEITE	BRABUS RUNNERS	M	33	01:35:44	01:35:57	04:32	Senior Masculino
342	219	48	ALEX PINTO	FRIDAO SEM LIMITES	M	40	01:35:35	01:35:57	04:32	Veterano M40
161	220	79	MARCO VAZ	NBA ATLETISMO	M	38	01:35:36	01:35:59	04:32	Senior Masculino
376	221	49	RUI SANTOS	NASCIDOS PARA CORRER	M	43	01:35:50	01:36:01	04:33	Veterano M40
364	222	9	CELINE GOMES	NASCIDOS PARA CORRER	F	31	01:35:56	01:36:07	04:33	Senior Feminino
471	223	10	PAULA SORES	AUTISTIC RUNNERS	F	31	01:36:03	01:36:08	04:33	Senior Feminino
560	224	31	FERNANDO BARROS	A.D.AMARANTE ATLETISMO	M	45	01:36:08	01:36:13	04:33	Veterano M45
796	225	80	PEDRO PEREIRA		M	28	01:35:39	01:36:22	04:32	Senior Masculino
33	226	6	ANA CORREIRA	A.D.AMARANTE ATLETISMO	F	42	01:36:19	01:36:23	04:34	Veterana F40
676	227	16	LUIS VILELA	SOCIEDADE RECREIO CEPANENSE	M	56	01:36:24	01:36:25	04:34	Veterano M55
248	228	6	FRANCISCO RODRIGUES	RODA DOS VENTOS	M	61	01:36:15	01:36:26	04:34	Veterano M60
533	229	81	BRUNO MOREIRA	NOCTURNOS DE PAREDES	M	34	01:36:09	01:36:29	04:33	Senior Masculino
232	230	32	JOSE RIBEIRO	STCP RUNNERS	M	49	01:36:04	01:36:29	04:33	Veterano M45
343	231	30	ANTONIO SOUSA	STCP RUNNERS	M	50	01:36:03	01:36:29	04:33	Veterano M50
490	232	33	MIGUEL SA	DESNIVEL POSITIVO	M	45	01:35:57	01:36:33	04:33	Veterano M45
682	233	50	CARLOS LOPES	SOCIEDADE RECREIO CEPANENSE	M	43	01:36:31	01:36:38	04:35	Veterano M40
331	234	34	NUNO MAGALHAES	TARTARUGAS DO ASFALTO	M	48	01:36:23	01:36:40	04:34	Veterano M45
442	235	35	LUIS CUNHA	LINHAS MOURE CONFENIX	M	48	01:36:40	01:36:44	04:35	Veterano M45

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
356	236	7	ANTONIO		M	63	01:36:13	01:36:51	04:33	Veterano M60
491	237	51	CARLOS SOUSA	SARC RUN GUIMARAES	M	44	01:36:40	01:36:53	04:35	Veterano M40
519	238	17	ADELINO SILVA		M	59	01:36:43	01:36:57	04:35	Veterano M55
277	239	82	HELDER		M	36	01:37:00	01:37:03	04:36	Senior Masculino
514	240	31	JORGE FREITAS		M	51	01:36:47	01:37:07	04:35	Veterano M50
552	241	52	JORGE TEIXEIRA	A.D.AMARANTE ATLETISMO	M	40	01:37:07	01:37:08	04:36	Veterano M40
725	242	53	PEDRO DIAS	BOAVISTA FC	M	44	01:37:06	01:37:11	04:36	Veterano M40
287	243	83	FILIPE MENDES		M	25	01:37:13	01:37:13	04:37	Senior Masculino
74	244	54	RUI SOUSA		M	40	01:36:53	01:37:16	04:35	Veterano M40
757	245	36	LUIS GUISE	VIMARUNNERS	M	48	01:37:05	01:37:20	04:36	Veterano M45
630	246	1	HELENA MOURAO	ESCOLA ATLETISMO DA TROFA	F	56	01:37:06	01:37:20	04:36	Veterana F50
148	247	37	JOAQUIM DINIS	OS SANTA APOLONIA	M	48	01:37:17	01:37:21	04:37	Veterano M45
369	248	55	HELDER TEIXEIRA	NASCIDOS PARA CORRER	M	40	01:37:11	01:37:23	04:37	Veterano M40
691	249	38	MIGUEL PEREIRA	CCDTC.M.GONDOMAR	M	46	01:37:18	01:37:24	04:37	Veterano M45
659	250	56	ANTONIO BORGES	MOTAENGIL RUNNERS	M	43	01:37:01	01:37:30	04:36	Veterano M40
227	251	39	DAVID SOUSA	SUNSET RUNNERS	M	49	01:37:11	01:37:41	04:37	Veterano M45
215	252	40	PAULO CAMPOS	LEOES DA AGRA	M	49	01:37:12	01:37:42	04:37	Veterano M45
221	253	41	FERNANDO MENDES		M	46	01:37:32	01:37:43	04:37	Veterano M45
317	254	57	PAULO SOUSA	AFISOVAR	M	44	01:37:03	01:37:43	04:36	Veterano M40
194	255	32	PAULO COSTA		M	50	01:37:38	01:37:46	04:38	Veterano M50
494	256	18	JOAO SILVA		M	56	01:37:51	01:37:56	04:38	Veterano M55
62	257	58	FERNANDO MOREIRA	SUPERMERCADOS QUEIROS	M	44	01:38:01	01:38:02	04:39	Veterano M40
713	258	33	JOSE MACHADO	CYCLONESSPORTS	M	54	01:38:02	01:38:02	04:39	Veterano M50
208	259	84	LUIS CARVALHO	LOUSADA RUNNERS	M	35	01:37:44	01:38:03	04:38	Senior Masculino
318	260	59	PEDRO MOREIRA		M	40	01:37:43	01:38:09	04:38	Veterano M40
212	261	8	ABEL SANTOS	CALDAS S. JORGE SPORT CLUB	M	70	01:38:05	01:38:16	04:39	Veterano M60
465	262	85	MIGUEL MENDES	VSC GUIMARAES	M	38	01:37:53	01:38:21	04:38	Senior Masculino
463	263	19	MANUEL NOVAIS	VSC GUIMARAES	M	56	01:37:54	01:38:21	04:38	Veterano M55
428	264	60	VITOR SA	X5 HEALTH CLUB	M	43	01:38:09	01:38:25	04:39	Veterano M40
456	265	34	CARLOS GONCALVES	VSC GUIMARAES	M	50	01:38:00	01:38:29	04:39	Veterano M50
100	266	20	FERNANDO CORREIA		M	56	01:38:11	01:38:34	04:39	Veterano M55
144	267	35	AGOSTINHO CARNEIRO	C. A. ESTRELAS DO MARCO	M	51	01:38:25	01:38:35	04:40	Veterano M50
106	268	2	MARIA COSTA	AMIGOS DA MONTANHA	F	53	01:38:37	01:38:42	04:40	Veterana F50
311	269	36	HEITOR ARAUJO		M	51	01:38:45	01:38:55	04:41	Veterano M50
166	270	86	JOSE COSTA	LOUSADA RUNNERS	M	36	01:38:54	01:38:56	04:41	Senior Masculino
176	271	87	BRUNO ARAUJO		M	29	01:38:30	01:39:04	04:40	Senior Masculino
511	272	61	JOAO FERREIRA	AFISOVAR	M	40	01:39:09	01:39:22	04:42	Veterano M40
315	273	88	JOAO FERREIRA	AFISOVAR	M	39	01:39:10	01:39:23	04:42	Senior Masculino
180	274	42	CARLOS ALVES	SANTANDER TOTTA	M	49	01:39:17	01:39:25	04:42	Veterano M45
291	275	43	NUNO CASTRO		M	47	01:39:29	01:39:34	04:43	Veterano M45
449	276	44	JOSE TOUCEDA	ESPRINTES OURENSE	M	49	01:39:03	01:39:35	04:41	Veterano M45
681	277	37	LUIS GOMES	SOCIEDADE RECREIO CEPANENSE	M	53	01:39:08	01:39:37	04:42	Veterano M50
451	278	38	JOAQUIM VIEIRA	OS CACHOS	M	51	01:39:26	01:39:52	04:43	Veterano M50
280	279	89	LUIS REBELO	ASSOCIACAO TEAM NEU KICK	M	36	01:40:03	01:40:07	04:45	Senior Masculino
563	280	62	MANUEL VIEIRA	A.D.AMARANTE ATLETISMO	M	44	01:40:04	01:40:12	04:45	Veterano M40
325	281	90	BRUNO PEREIRA	AMIGOS DAS SAPATILHAS	M	29	01:39:52	01:40:12	04:44	Senior Masculino
492	282	39	PAULO SA		M	50	01:39:48	01:40:14	04:44	Veterano M50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
606	283	45	FRANCISCO REIS	CLUBE DESPORTIVO FEIRENSE	M	45	01:40:04	01:40:15	04:45	Veterano M45
525	284	63	PEDRO SANTOS		M	42	01:39:42	01:40:19	04:43	Veterano M40
252	285	91	BRUNO RODRIGUES		M	35	01:39:54	01:40:25	04:44	Senior Masculino
179	286	92	RAUL FERREIRA		M	34	01:40:10	01:40:28	04:45	Senior Masculino
802	287	2	JULIA CONCEICAO	ACD SAO JOAO DA SERRA	F	48	01:40:26	01:40:30	04:46	Veterana F45
97	288	46	ANTONIO FONSECA		M	49	01:40:17	01:40:38	04:45	Veterano M45
664	289	9	AUGUSTO RIBEIRO	SOCIEDADE RECREIO CEPANENSE	M	61	01:40:19	01:40:47	04:45	Veterano M60
678	290	47	RUI SILVA	SOCIEDADE RECREIO CEPANENSE	M	46	01:40:20	01:40:47	04:45	Veterano M45
603	291	48	AUGUSTO RODRIGUES		M	45	01:40:24	01:40:47	04:46	Veterano M45
382	292	3	ALEXANDRA FERNANDES	NASCIDOS PARA CORRER	F	49	01:40:49	01:40:52	04:46	Veterana F45
522	293	7	ANGELINA PINHO	BUDEGUITA RUNNERS	F	43	01:40:46	01:40:56	04:46	Veterana F40
220	294	93	TIAGO PAIS	LEOES DA AGRA	M	32	01:40:25	01:40:56	04:46	Senior Masculino
309	295	40	JOAO GOMES		M	52	01:40:33	01:40:56	04:46	Veterano M50
214	296	41	JOAQUIM MONTEIRO	LEOES DA AGRA	M	51	01:40:26	01:40:56	04:46	Veterano M50
651	297	64	ORLANDO SANTOS	MOCIDADE SANGEMIL AC	M	42	01:40:38	01:40:57	04:46	Veterano M40
95	298	49	CARLOS ALBERTO	C A A PARQUE DA PAZ	M	46	01:40:50	01:40:58	04:47	Veterano M45
405	299	94	HELDER PINTO	AD AMARANTE TRAIL RUNNING	M	39	01:40:51	01:40:59	04:47	Senior Masculino
182	300	65	ROBERTO MONTENEGRO	ATHLETICS FISIOTERAPIA SAN LAZARO	M	42	01:40:25	01:41:02	04:46	Veterano M40
56	301	21	ANTONIO OLIVEIRA		M	55	01:40:57	01:41:04	04:47	Veterano M55
143	302	22	MANUEL BARROS		M	57	01:40:54	01:41:04	04:47	Veterano M55
524	303	95	PEDRO NOGUEIRA	MARCO RUNNERS	M	26	01:40:54	01:41:07	04:47	Senior Masculino
296	304	66	CARLOS ROCHA	SAI DA FRENTE	M	41	01:41:00	01:41:09	04:47	Veterano M40
240	305	96	LUIS MAGALHAES	EMNA RUNNERS	M	22	01:41:18	01:41:25	04:48	Senior Masculino
289	306	97	PEDRO PONTES	GDR GRANJA TRUTAS DO MAU	M	36	01:41:16	01:41:27	04:48	Senior Masculino
690	307	50	JOSE ARAUJO	TROPA DO CARALLO	M	49	01:40:59	01:41:30	04:47	Veterano M45
617	308	67	ANGEL PATO	TROPA DO CARALLO	M	43	01:40:59	01:41:30	04:47	Veterano M40
466	309	68	PAULO ABREU	VSC GUIMARAES	M	44	01:41:05	01:41:34	04:48	Veterano M40
766	310	98	BRUNO MACIEIRA	GONDOMAR FUTSAL CLUBE	M	34	01:41:03	01:41:35	04:47	Senior Masculino
506	312	51	ARMANDO LAPA		M	48	01:41:18	01:41:42	04:48	Veterano M45
253	313	99	JOAO SANTOS		M	37	01:41:28	01:41:43	04:48	Senior Masculino
694	314	42	JOAQUIM PEREIRA		M	52	01:41:14	01:41:50	04:48	Veterano M50
469	315	43	ANTONIO LOUREIRO	AUTISTIC RUNNERS	M	50	01:41:43	01:41:53	04:50	Veterano M50
336	316	52	LUIS DIAS	NOCTURNOS DE PAREDES	M	47	01:41:37	01:41:58	04:49	Veterano M45
247	317	100	BRUNO SOARES		M	34	01:41:25	01:41:58	04:48	Senior Masculino
427	318	69	NUNO SALGADO	NOCTURNOS DE PAREDES	M	42	01:41:38	01:41:58	04:49	Veterano M40
631	319	101	ANDRE COIMBRA	ESCOLA DE ATLETISMO DA TROFA EAT	M	25	01:41:46	01:42:01	04:50	Senior Masculino
440	320	53	PEDRO ROLA	LINHAS MOURE CONFENIX	M	46	01:41:56	01:42:01	04:50	Veterano M45
635	321	70	NUNO M.GONCALVES	ZUPPER	M	41	01:41:56	01:42:02	04:50	Veterano M40
121	322	102	LUIS AGUIAR		M	34	01:41:29	01:42:03	04:49	Senior Masculino
789	323	54	LUIS COSTA	AMA ASSOCIACAO MONDIM ATLETISMO	M	46	01:41:33	01:42:04	04:49	Veterano M45
730	324	44	RUI CARDOSO	BOAVISTA FC	M	52	01:42:05	01:42:05	04:50	Veterano M50
561	325	71	EDUARDO RIBEIRO	A.D.AMARANTE ATLETISMO	M	43	01:41:58	01:42:06	04:50	Veterano M40
501	326	103	PEDRO LOUREIRO	OLIVEIRA RUNNERS	M	36	01:41:43	01:42:08	04:50	Senior Masculino
436	327	104	SERGIO BRANQUINHO	OLIVEIRA RUNNERS	M	32	01:41:44	01:42:08	04:50	Senior Masculino
589	328	45	JOAO SILVA	GINASIO CLUBE DE BRAGANCA	M	51	01:41:46	01:42:12	04:50	Veterano M50
475	329	105	RICARDO FERREIRA		M	36	01:41:40	01:42:15	04:49	Senior Masculino
68	330	106	ALEXANDRE DIAS	EM FORCA WIKABOO	M	31	01:41:41	01:42:15	04:49	Senior Masculino

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
621	331	107	PEDRO MARINHO	NEXPLORE MQDBR DOURO ULTRA TRAIL	M	39	01:42:17	01:42:18	04:51	Senior Masculino
489	332	55	DIAMANTINO CATARINO		M	45	01:41:46	01:42:23	04:50	Veterano M45
102	333	46	JOSE SILVA	SUNSET RUNNERS	M	52	01:41:58	01:42:26	04:50	Veterano M50
313	334	11	DANIELA FALCAO		F	24	01:42:24	01:42:31	04:51	Senior Feminino
55	335	72	LEANDRO RAMOS		M	40	01:42:19	01:42:37	04:51	Veterano M40
81	336	23	CARLOS	RIPOLINS GRIJO A CORRER	M	59	01:42:25	01:42:41	04:51	Veterano M55
283	337	108	JOAO REIS	PATOS REAIS	M	27	01:42:30	01:42:44	04:51	Senior Masculino
496	338	4	ANTONIA BESSA	A.D.R.AVELEDA	F	47	01:42:35	01:42:46	04:51	Veterana F45
89	339	109	CARLOS RODRIGUES		M	38	01:42:16	01:42:49	04:51	Senior Masculino
310	340	24	ORLANDO ADVOGADOS		M	58	01:42:26	01:42:49	04:51	Veterano M55
793	341	110	PEDRO SILVA	MARCORUNNERS	M	34	01:42:19	01:42:53	04:51	Senior Masculino
99	342	56	FRANCISCO BRANCO		M	49	01:42:46	01:43:03	04:52	Veterano M45
779	343	57	HENRIQUE BORGES		M	49	01:42:35	01:43:06	04:52	Veterano M45
199	344	73	MARCO MAGALHAES	ADA TRAIL RUNNING	M	42	01:43:05	01:43:11	04:53	Veterano M40
219	345	25	ANTONIO OLIVEIRA	LEOES DA AGRA	M	57	01:42:53	01:43:12	04:53	Veterano M55
486	346	74	JOAO MANGERICAO	PORTO RUNNERS	M	40	01:43:16	01:43:29	04:54	Veterano M40
132	347	58	JOSE COSTA	SS MONTEPIO	M	48	01:43:18	01:43:30	04:54	Veterano M45
138	348	75	VASCO SILVA	SS MONTEPIO	M	43	01:42:51	01:43:31	04:53	Veterano M40
752	349	76	PEDRO SA	CTM VILA POUCA DE AGUIAR	M	42	01:43:29	01:43:34	04:55	Veterano M40
696	350	111	PEDRO PEREIRA	NOCTURNOS DE PAREDES	M	38	01:43:21	01:43:42	04:54	Senior Masculino
303	351	112	OSCAR RIBEIRO		M	39	01:43:22	01:43:43	04:54	Senior Masculino
359	352	10	ADAO DIAS	NASCIDOS PARA CORRER	M	66	01:43:41	01:43:44	04:55	Veterano M60
517	353	59	AMERICO FONSECA	X5 HEALTH CLUB	M	46	01:43:28	01:43:46	04:55	Veterano M45
595	354	77	PEDRO GONCALVES	GINASIO CLUBE DE BRAGANCA	M	41	01:43:32	01:43:57	04:55	Veterano M40
381	355	12	SANDRA PEREIRA	NASCIDOS PARA CORRER	F	39	01:43:49	01:44:04	04:55	Senior Feminino
209	356	60	MANUEL SILVA		M	48	01:44:11	01:44:18	04:56	Veterano M45
210	357	8	JUDITE MARTINS		F	44	01:44:12	01:44:18	04:56	Veterana F40
461	358	61	JOSE FREITAS	VSC GUIMARAES	M	48	01:43:52	01:44:21	04:55	Veterano M45
457	359	26	CARLOS RIBEIRO	VSC GUIMARAES	M	58	01:43:53	01:44:22	04:55	Veterano M55
476	360	113	PEDRO BRAGA		M	38	01:44:03	01:44:38	04:56	Senior Masculino
187	361	114	JOAO CARDOSO	EMNA RUNNERS	M	37	01:44:33	01:44:41	04:58	Senior Masculino
648	362	78	LUCIO CUNHA	HELDER OPTICA	M	44	01:44:20	01:44:42	04:57	Veterano M40
722	363	115	NUNO MAIA		M	32	01:44:29	01:44:48	04:57	Senior Masculino
591	364	27	LUIS CANOTILHO	GINASIO CLUBE DE BRAGANCA	M	59	01:44:37	01:44:49	04:58	Veterano M55
206	365	79	PAULO DUARTE		M	43	01:44:50	01:44:56	04:58	Veterano M40
458	366	28	EDUARDO FREITAS	VSC GUIMARAES	M	55	01:44:28	01:44:57	04:57	Veterano M55
433	367	62	LUIS PEDROSO	TARTARUGAS DO ASFALTO	M	45	01:44:42	01:44:58	04:58	Veterano M45
152	368	116	LUIS FELIX		M	32	01:44:33	01:45:09	04:58	Senior Masculino
83	369	117	HUGO MORAIS		M	34	01:45:01	01:45:10	04:59	Senior Masculino
658	370	118	BRUNO ALVES	MOCIDADE SANGEMIL AC	M	38	01:44:50	01:45:12	04:58	Senior Masculino
700	371	119	SERGIO ALVES	REUMATICOS TEAM	M	36	01:44:56	01:45:20	04:58	Senior Masculino
701	372	120	ALEXANDRE SERAFIM	REUMATICOS TEAM	M	35	01:44:55	01:45:21	04:58	Senior Masculino
619	373	121	RUI FRAGA	REUMATICOS TEAM	M	38	01:44:56	01:45:21	04:58	Senior Masculino
620	374	80	MIGUEL CORREIA	REUMATICOS TEAM	M	42	01:44:56	01:45:21	04:58	Veterano M40
542	375	11	CARLOS MACEDO	A.D.AMARANTE ATLETISMO	M	60	01:45:13	01:45:24	05:00	Veterano M60
379	376	122	LEONEL VIDEIRA	NASCIDOS PARA CORRER	M	26	01:45:07	01:45:25	04:59	Senior Masculino
319	377	123	JOAQUIM SANTOS		M	32	01:44:56	01:45:27	04:58	Senior Masculino

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
434	378	124	TIAGO MOREIRA	NOTURNOS DE PAREDES	M	34	01:45:07	01:45:27	04:59	Senior Masculino
453	379	47	ANTONIO LOPES	OS CACHOS	M	51	01:45:13	01:45:40	05:00	Veterano M50
163	380	125	BRUNO RIBEIRO	NBA ATLETISMO	M	29	01:45:20	01:45:43	05:00	Senior Masculino
136	381	126	PEDRO MOREIRA	SS MONTEPIO	M	36	01:45:39	01:45:47	05:01	Senior Masculino
673	382	63	RENE TEIXEIRA	SOCIEDADE RECREIO CEPANENSE	M	49	01:45:25	01:45:51	05:00	Veterano M45
680	383	48	ANTONIO MENDES	SOCIEDADE RECREIO CEPANENSE	M	51	01:45:26	01:45:52	05:00	Veterano M50
147	384	13	CARLA OLIVEIRA	OS SANTA APOLONIA	F	29	01:45:55	01:45:59	05:01	Senior Feminino
783	385	64	MANUEL SOUSA		M	46	01:45:52	01:46:00	05:01	Veterano M45
302	386	127	JOAO MARTINS		M	24	01:46:01	01:46:07	05:01	Senior Masculino
340	387	128	NUNO PEIXOTO	CLUBE ATLETISMO NOSSA SENHORA DA CONCEICAO VILA REAL	M	38	01:46:01	01:46:10	05:01	Senior Masculino
415	388	81	MANUEL TAVARES	TATANIX DRINKING TEAM	M	44	01:45:48	01:46:18	05:01	Veterano M40
123	389	129	NUNO SANTOS		M	34	01:45:50	01:46:18	05:01	Senior Masculino
368	390	3	ETELVINA ROCHA	NASCIDOS PARA CORRER	F	50	01:46:04	01:46:20	05:01	Veterana F50
402	391	65	HELDER MADEIRA	NASCIDOS PARA CORRER	M	46	01:46:04	01:46:21	05:01	Veterano M45
727	392	49	PAULO FERREIRA	BOAVISTA FC	M	54	01:46:10	01:46:22	05:02	Veterano M50
86	393	66	MARIO CORREIA		M	47	01:46:07	01:46:27	05:02	Veterano M45
278	394	29	ARTUR FERRAZ	FALTA MUITO?	M	58	01:46:11	01:46:30	05:02	Veterano M55
156	395	130	HELDER SANTOS	LAMEGO TRIBO RUNNERS	M	30	01:45:55	01:46:32	05:01	Senior Masculino
410	396	14	MARTINE VILACHA		F	28	01:46:08	01:46:33	05:02	Senior Feminino
772	397	82	MIGUEL MACHADO	ATIB FINABRAGA RUNNING	M	41	01:46:26	01:46:36	05:03	Veterano M40
773	398	83	JOAO RICO	ATIB FINABRAGA RUNNING	M	42	01:46:25	01:46:36	05:03	Veterano M40
652	399	131	LUIS PEREIRA		M	36	01:46:12	01:46:39	05:02	Senior Masculino
559	400	50	VERISSIMO GONCALVES	A.D.AMARANTE ATLETISMO	M	53	01:46:33	01:46:44	05:03	Veterano M50
670	401	132	VITOR CASTRO	SOCIEDADE RECREIO CEPANENSE	M	33	01:46:27	01:46:51	05:03	Senior Masculino
444	402	84	PEDRO MACHADO	LINHAS MOURE CONFENIX	M	44	01:46:36	01:46:52	05:03	Veterano M40
515	403	9	CLAUDIA PIMPAREL	SHOTS INTERNATIONAL RUNNERS	F	44	01:46:40	01:46:52	05:03	Veterana F40
104	404	133	LUIS VASCONCELOS		M	39	01:46:49	01:46:57	05:04	Senior Masculino
698	405	67	VERISSIMO	AMIGOS DAS SAPATILHAS TO	M	46	01:46:40	01:47:06	05:03	Veterano M45
172	406	68	LUIS FERREIRA	NOCTURNOS DE PAREDES	M	49	01:46:51	01:47:12	05:04	Veterano M45
712	407	134	PAULO PIRES	AMA ASSOCIACAO MONDIM ATLETISMO	M	38	01:46:43	01:47:14	05:03	Senior Masculino
709	408	135	FERNANDO MAGALHAES	AMA ASSOCIACAO MONDIM ATLETISMO	M	34	01:46:46	01:47:17	05:04	Senior Masculino
656	409	85	LUIS SANTOS	MOCIDADE SANGEMIL AC	M	40	01:47:07	01:47:23	05:04	Veterano M40
647	410	69	SERGIO FONSECA		M	45	01:46:50	01:47:27	05:04	Veterano M45
348	411	70	AGOSTINHO ROCHA	ROCHA TEAM	M	49	01:47:16	01:47:35	05:05	Veterano M45
649	412	86	SERGIO BASTOS	NEIVA RUNNERS	M	40	01:47:22	01:47:45	05:05	Veterano M40
738	413	71	ARTUR MOREIRA	AMIGOS DAS SAPATILHAS	M	49	01:47:32	01:47:58	05:06	Veterano M45
565	414	136	SILVIO PINTO	A.D.AMARANTE ATLETISMO	M	36	01:47:53	01:48:00	05:07	Senior Masculino
332	415	87	VITOR COELHO		M	42	01:47:52	01:48:01	05:07	Veterano M40
411	416	137	TATANIX TEAM	CLUB TATANIX	M	28	01:47:33	01:48:02	05:06	Senior Masculino
644	417	88	JOSE MAIAS		M	44	01:47:29	01:48:06	05:06	Veterano M40
798	418	51	JOSE COUTO		M	54	01:47:46	01:48:07	05:06	Veterano M50
128	419	52	FERNANDO CARVALHO	SS MONTEPIO	M	51	01:48:06	01:48:22	05:08	Veterano M50
67	420	30	FERNANDO AZEVEDO		M	59	01:48:05	01:48:25	05:08	Veterano M55
459	421	72	FILIPE OLIVEIRA	VSC GUIMARAES	M	47	01:47:58	01:48:26	05:07	Veterano M45
562	422	53	JOSE AZEVEDO	A.D.AMARANTE ATLETISMO	M	52	01:48:09	01:48:31	05:08	Veterano M50
531	423	73	CARLOS JESUS	NUCLEO AMIGOS ATLETISMO LAGOS	M	49	01:48:18	01:48:31	05:08	Veterano M45
499	424	54	DOMINGOS MENDES	A.D.R.AVELEDA	M	54	01:48:31	01:48:40	05:09	Veterano M50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
699	425	89	ORLANDO GONCALVES		M	40	01:48:40	01:48:44	05:09	Veterano M40
504	426	138	BRUNO CARVALHO	GEADAS RUNNING	M	34	01:48:29	01:49:01	05:08	Senior Masculino
607	427	55	GIL MARTINS		M	50	01:48:34	01:49:04	05:09	Veterano M50
632	428	139	BRUNO CARVALHO	ASSOCIACAO MOINHO DE VERMOIM	M	31	01:48:46	01:49:07	05:09	Senior Masculino
665	429	140	RICARDO COSTA	SOCIEDADE RECREIO CEPANENSE	M	37	01:48:41	01:49:08	05:09	Senior Masculino
758	430	141	FABIO CUNHA		M	25	01:48:43	01:49:14	05:09	Senior Masculino
158	431	90	RUI BORGES		M	42	01:48:40	01:49:15	05:09	Veterano M40
159	432	91	MIGUEL VIEIRA		M	44	01:48:54	01:49:15	05:09	Veterano M40
395	433	92	NUNO ALEXANDRE	NOCTURNOS DE PAREDES	M	40	01:49:09	01:49:28	05:11	Veterano M40
493	434	15	SOFIA		F	36	01:49:05	01:49:29	05:10	Senior Feminino
441	435	74	ANTONIO ALVES	LINHAS MOURE CONFENIX	M	47	01:49:13	01:49:29	05:11	Veterano M45
684	436	4	HERMINIA RODRIGUES	N.A.TAIPAS	F	54	01:49:27	01:49:30	05:11	Veterana F50
420	437	75	LUIS SEQUEIRA		M	46	01:49:11	01:49:32	05:11	Veterano M45
794	438	76	JOSE FONSECA		M	48	01:49:32	01:49:41	05:11	Veterano M45
267	439	31	ABILIO TEIXEIRA		M	56	01:49:27	01:49:44	05:11	Veterano M55
91	440	5	ANA BARBOSA	TRIO MARAVILHA	F	57	01:49:35	01:49:44	05:12	Veterana F50
418	441	10	MARTA SOUSA	PERSISTENTES	F	43	01:49:35	01:49:54	05:12	Veterana F40
672	442	93	JOAO OLIVEIRA	SOCIEDADE RECREIO CEPANENSE	M	40	01:49:38	01:50:06	05:12	Veterano M40
425	443	16	RAQUEL MENDES	MARATONISTAS DO MINHO	F	37	01:49:43	01:50:06	05:12	Senior Feminino
616	444	94	NICHOLAS HAJIKOUMI	ZUPPER	M	40	01:49:48	01:50:17	05:13	Veterano M40
358	445	77	AGOSTINHO SEQUEIRA	PERSISTENTES	M	47	01:50:27	01:50:27	05:14	Veterano M45
666	446	6	MANUELA BENTO	SOCIEDADE RECREIO CEPANENSE	F	52	01:50:04	01:50:29	05:13	Veterana F50
487	447	95	PEDRO FERRAS		M	42	01:50:05	01:50:31	05:13	Veterano M40
286	448	78	ANTONIO MOREIRA		M	45	01:50:06	01:50:33	05:13	Veterano M45
297	449	5	EUGENIA TEIXEIRA	KEEPMOVING	F	46	01:50:01	01:50:35	05:13	Veterana F45
279	450	142	FILIFE CARVALHO	FALTA MUITO?	M	37	01:50:22	01:50:40	05:14	Senior Masculino
685	451	6	ROSA FERREIRA	N.A.TAIPAS	F	49	01:50:40	01:50:44	05:14	Veterana F45
792	452	79	JOAQUIM COSTA		M	48	01:50:30	01:50:51	05:14	Veterano M45
643	453	143	DOMINGOS COUTO		M	38	01:50:25	01:50:58	05:14	Senior Masculino
503	454	96	MANUEL ABOBELEIRA	GEADAS RUNNING	M	40	01:50:38	01:51:09	05:14	Veterano M40
481	455	80	RUI LEBRE	TARTARUGAS DO ASFALTO	M	47	01:50:54	01:51:11	05:16	Veterano M45
717	456	144	MANUEL RIBEIRO		M	34	01:50:38	01:51:21	05:14	Senior Masculino
557	457	12	OSVALDO TEIXEIRA	A.D.AMARANTE ATLETISMO	M	62	01:51:18	01:51:22	05:16	Veterano M60
754	458	7	LUCIA LEMOS	CTM VILA POUCA DE AGUIAR	F	50	01:51:05	01:51:24	05:16	Veterana F50
545	459	7	CLARA CARVALHO	A.D.AMARANTE ATLETISMO	F	47	01:51:20	01:51:25	05:17	Veterana F45
540	460	145	BRUNO TEIXEIRA	A.D.AMARANTE ATLETISMO	M	37	01:51:22	01:51:26	05:17	Senior Masculino
782	461	56	TOMAS CORREIA		M	53	01:51:18	01:51:32	05:16	Veterano M50
721	462	146	CARLOS LEITE	R/RONLINE	M	25	01:51:01	01:51:34	05:16	Senior Masculino
455	463	81	ALBERTO MENDES	VSC GUIMARAES	M	49	01:51:07	01:51:37	05:16	Veterano M45
189	464	147	BRUNO MAIA	JAVALLIS PORTUGAL	M	33	01:51:29	01:51:38	05:17	Senior Masculino
408	465	97	RUI CHAMUSCA	TATANIX DRINKING TEAM	M	42	01:51:10	01:51:40	05:16	Veterano M40
711	466	148	FILIFE TEIXEIRA	AMA ASSOCIACAO MONDIM ATLETISMO	M	30	01:51:09	01:51:42	05:16	Senior Masculino
435	467	82	RICARDO SILVA	CLUBE DE ATLETISMO DO PORTO	M	45	01:51:29	01:51:47	05:17	Veterano M45
703	468	98	BRUNO RODRIGUES	O JOGO	M	42	01:51:31	01:51:48	05:17	Veterano M40
251	469	99	PAULO RIBEIRO	TEAM RIBSOL	M	44	01:51:42	01:51:51	05:18	Veterano M40
375	470	17	PATRICIA PINHO	NASCIDOS PARA CORRER	F	37	01:51:37	01:51:53	05:18	Senior Feminino
674	471	100	SERGIO MENDES	SOCIEDADE RECREIO CEPANENSE	M	40	01:51:30	01:51:56	05:17	Veterano M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
671	472	18	AURELIE FREITAS	SOCIEDADE RECREIO CEPANENSE	F	31	01:51:29	01:51:56	05:17	Senior Feminino
675	473	11	CRISTINA CUNHA	SOCIEDADE RECREIO CEPANENSE	F	42	01:51:29	01:51:56	05:17	Veterana F40
689	474	83	JOAQUIM SILVA		M	49	01:51:46	01:51:58	05:18	Veterano M45
445	475	57	ERNESTO FERNANDES	LINHAS MOURE CONFENIX	M	54	01:51:49	01:52:05	05:18	Veterano M50
113	476	13	ALVARO FERREIRA		M	65	01:51:56	01:52:12	05:18	Veterano M60
103	477	101	MIGUEL BRAQUEIRO	SUNSET RUNNERS	M	42	01:51:56	01:52:24	05:18	Veterano M40
439	478	102	JOSE HENRIQUES	OLIVEIRA RUNNERS	M	41	01:52:02	01:52:25	05:19	Veterano M40
155	479	149	GONCALO OLIVEIRA	INVICTA RUNNERS TEAM	M	39	01:52:20	01:52:26	05:19	Senior Masculino
417	480	14	JORGE SILVA	PERSISTENTES	M	60	01:52:11	01:52:29	05:19	Veterano M60
750	481	84	JOSE FARO	VIRIATHVS RUNNERS VISEU	M	45	01:52:08	01:52:34	05:19	Veterano M45
333	482	103	NUNO RIBEIRO	VIRIATHV RUNNERS VISEU	M	41	01:52:11	01:52:36	05:19	Veterano M40
188	483	85	PAULO FONTES		M	46	01:52:21	01:52:43	05:19	Veterano M45
574	484	58	GERALDO GOMES	MARCO TRAIL	M	50	01:52:49	01:52:50	05:21	Veterano M50
824	485	150	ARTUR FONSECA	RUPTURA TOTAL	M	39	01:52:39	01:52:52	05:21	Senior Masculino
335	486	104	RICARDO MAGALHAES		M	41	01:52:20	01:52:56	05:19	Veterano M40
414	487	19	ANDREIA FERREIRA		F	31	01:52:23	01:52:56	05:19	Senior Feminino
830	488	20	SARA NUNES	AFISOVAR	F	39	01:52:26	01:52:56	05:20	Senior Feminino
448	489	151	TIAGO BARBOSA	AASM TRIATLO	M	30	01:52:23	01:52:56	05:19	Senior Masculino
714	490	32	RUI VILAR	PORTO RUNNERS	M	57	01:52:23	01:53:02	05:19	Veterano M55
282	491	59	MANUEL ALMEIDA	OS SANTA APOLONIA	M	51	01:52:52	01:53:15	05:21	Veterano M50
245	492	105	FILIPE OLIVEIRA		M	42	01:52:58	01:53:18	05:21	Veterano M40
482	493	12	SONIA SILVA		F	40	01:52:54	01:53:19	05:21	Veterana F40
306	494	21	CRISTINA MELO		F	36	01:52:53	01:53:20	05:21	Senior Feminino
197	495	86	PAULO CARNEIRO	STCP RUNNERS	M	48	01:52:49	01:53:21	05:21	Veterano M45
164	496	152	CRISTIANO FERREIRA	SOTRAVELAIRAESAPEDALAR	M	38	01:53:01	01:53:40	05:21	Senior Masculino
586	497	60	CARLOS FERNANDES	GINASIO CLUBE DE BRAGANCA	M	52	01:53:43	01:53:43	05:23	Veterano M50
706	498	22	CELINA SILVA	FIGUEIREDO S RUNNER S AND FRIENDS	F	36	01:53:53	01:54:03	05:24	Senior Feminino
29	499	153	JOAO CARVALHO	FIGUEIREDO S RUNNER S AND FRIENDS	M	36	01:53:54	01:54:04	05:24	Senior Masculino
328	500	154	VALTER BARBOSA	STCP RUNNERS	M	36	01:53:38	01:54:08	05:23	Senior Masculino
633	501	106	PAULO RODRIGUES	CYCLONESSPORTS	M	44	01:53:28	01:54:11	05:23	Veterano M40
777	502	23	ANA TEIXEIRA		F	26	01:53:38	01:54:13	05:23	Senior Feminino
250	503	155	TIAGO OSORIO		M	31	01:54:00	01:54:15	05:24	Senior Masculino
429	504	33	MANUEL ANDRAE		M	55	01:54:16	01:54:35	05:25	Veterano M55
645	505	107	RUI FIGUEIREDO		M	41	01:54:07	01:54:43	05:24	Veterano M40
237	506	156	RUI BORGES	NAVR	M	18	01:54:52	01:55:00	05:27	Senior Masculino
122	507	108	MIGUEL MANDIM		M	41	01:54:30	01:55:02	05:26	Veterano M40
204	508	157	FILIPE PINHEIRO	FRIDAO SEM LIMITES	M	39	01:55:03	01:55:23	05:27	Senior Masculino
201	509	158	MARIO GONCALVES		M	32	01:55:11	01:55:23	05:27	Senior Masculino
293	510	109	MARIO GOMES		M	43	01:54:50	01:55:29	05:27	Veterano M40
196	511	87	JOSE GONCALVES	STCP RUNNERS	M	46	01:54:56	01:55:29	05:27	Veterano M45
502	512	110	ANTONIO QUADROS	GEADAS RUNNING	M	43	01:55:02	01:55:34	05:27	Veterano M40
762	513	159	FREDERICO SA	TURBULENTUS	M	36	01:55:22	01:55:39	05:28	Senior Masculino
344	514	24	EUNICE SALGADO		F	39	01:56:36	01:56:58	05:32	Senior Feminino
224	515	25	GEORGINA TEIXEIRA	RED LINE	F	37	01:56:37	01:56:59	05:32	Senior Feminino
677	516	111	JOAO DOELLINGER	SOCIEDADE RECREIO CEPANENSE	M	44	01:56:35	01:56:59	05:32	Veterano M40
646	517	160	ANTONIO FONSECA		M	35	01:56:23	01:57:00	05:31	Senior Masculino
246	518	26	SILVIA SILVA		F	33	01:56:46	01:57:01	05:32	Senior Feminino

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
130	519	161	HUGO SILVA	SS MONTEPIO	M	37	01:56:47	01:57:01	05:32	Senior Masculino
811	520	112	JOAO FREITAS	PORTO RUNNERS	M	43	01:57:09	01:57:09	05:33	Veterano M40
273	521	113	JOSE ANTONIO		M	44	01:57:11	01:57:19	05:33	Veterano M40
774	522	88	NUNO MAIA	SOCIEDADE RECREIO CEPANENSE	M	48	01:56:57	01:57:25	05:32	Veterano M45
505	523	27	GISELA SA	TRAIL RUNNING CLUB BTT SANGUEDO	F	35	01:57:22	01:57:27	05:34	Senior Feminino
259	524	162	HUGO SILVA	TRAIL RUNNING SANGUEDO	M	39	01:57:22	01:57:27	05:34	Senior Masculino
795	525	34	MANUEL TEIXEIRA		M	55	01:57:32	01:57:50	05:34	Veterano M55
781	526	163	JOSE BARBOSA		M	36	01:57:45	01:57:59	05:35	Senior Masculino
615	527	8	ELISABETE GONCALVES	ZUPPER	F	49	01:57:50	01:58:19	05:35	Veterana F45
513	528	61	PAULO DIAS		M	53	01:58:04	01:58:24	05:36	Veterano M50
236	529	114	FERNANDO LOPES	NAVR	M	42	01:58:35	01:58:45	05:37	Veterano M40
233	530	89	CARLOS RIBEIRO		M	46	01:58:40	01:58:45	05:37	Veterano M45
285	531	15	ARMANDO PIMENTA		M	75	01:58:26	01:58:46	05:37	Veterano M60
550	532	35	JORGE CERQUEIRA	A.D.AMARANTE ATLETISMO	M	59	01:58:36	01:58:46	05:37	Veterano M55
740	533	36	ANTONIO TEIXEIRA	FRIDAO SEM LIMITES	M	56	01:58:28	01:58:48	05:37	Veterano M55
200	534	164	ANTIDES FIGUEIREDO		M	39	01:58:16	01:58:56	05:36	Senior Masculino
741	535	62	ANTONIO HAFTE		M	53	01:58:17	01:58:56	05:36	Veterano M50
274	536	90	CARLOS SOARES		M	46	01:58:17	01:58:56	05:36	Veterano M45
213	537	115	JOAO RIBEIRO		M	40	01:58:18	01:58:57	05:36	Veterano M40
264	538	116	FILIPPE PEREIRA		M	41	01:58:19	01:58:58	05:37	Veterano M40
211	539	8	GORETTI CARDOSO	CALDAS S. JORGE SPORT CLUB	F	52	01:59:04	01:59:13	05:39	Veterana F50
780	540	165	LUIS RODRIGUES		M	26	01:58:44	01:59:21	05:37	Senior Masculino
284	541	28	SANDRA MOREIRA	PATOS REAIS	F	30	01:59:20	01:59:34	05:39	Senior Feminino
474	542	16	ALBERTO CASTRO		M	72	01:59:08	01:59:35	05:39	Veterano M60
299	543	117	ADAO RIBEIRO		M	43	01:59:28	01:59:47	05:40	Veterano M40
710	544	166	FRANCISCO CARVALHO	AMA ASSOCIACAO MONDIM ATLETISMO	M	39	01:59:21	02:00:03	05:39	Senior Masculino
707	545	91	PAULO PEREIRA	AMA ASSOCIACAO MONDIM ATLETISMO	M	48	01:59:22	02:00:03	05:39	Veterano M45
708	546	118	DINIS VELOSO	AMA ASSOCIACAO MONDIM ATLETISMO	M	43	01:59:25	02:00:07	05:40	Veterano M40
743	547	92	JOSE SOUSA		M	45	01:59:45	02:00:13	05:41	Veterano M45
495	548	9	MARIA SILVA		F	54	02:00:18	02:00:24	05:42	Veterana F50
77	549	167	MIGUEL COELHO		M	33	02:00:05	02:00:30	05:42	Senior Masculino
205	550	168	MIGUEL TEIXEIRA		M	24	02:00:05	02:00:42	05:42	Senior Masculino
120	551	93	ALEXANDRE MONTEIRO	VETERANOS DO PORTO	M	45	02:00:10	02:00:44	05:42	Veterano M45
173	552	169	EDUARDO	SCIRUNNERS	M	36	02:00:26	02:00:51	05:42	Senior Masculino
174	553	170	ABILIO TEIXEIRA	SCIRUNNERS	M	35	02:00:27	02:00:51	05:42	Senior Masculino
94	554	9	ANA GUEDES	C A A PARQUE DA PAZ	F	45	02:00:48	02:00:57	05:44	Veterana F45
663	555	29	CATIA PEREIRA	A.D.AMARANTE ATLETISMO	F	28	02:00:53	02:00:57	05:44	Senior Feminino
613	556	94	RUI LOPES		M	48	02:00:39	02:01:13	05:43	Veterano M45
13	557	171	RICARDO TEIXEIRA	A.D.AMARANTE TRAIL RUNNING	M	33	02:01:21	02:01:27	05:45	Senior Masculino
549	558	17	JAIME PEREIRA	A.D.AMARANTE ATLETISMO	M	62	02:01:13	02:01:35	05:45	Veterano M60
547	559	63	FERNANDO CERQUEIRA	A.D.AMARANTE ATLETISMO	M	52	02:01:13	02:01:35	05:45	Veterano M50
669	560	30	SANDRINE FREITAS	SOCIEDADE RECREIO CEPANENSE	F	36	02:01:29	02:01:56	05:45	Senior Feminino
797	561	172	FERNANDO CORREIA		M	30	02:02:01	02:02:43	05:47	Senior Masculino
734	562	95	PAULO LIMA	MAGNI7	M	49	02:02:22	02:02:50	05:48	Veterano M45
324	563	13	DIANA CANCELA		F	42	02:02:15	02:02:51	05:48	Veterana F40
478	564	119	BRUNO MAGNI7	MAGNI7	M	42	02:02:22	02:02:51	05:48	Veterano M40
301	565	10	PAULA ANJOS	KEEPMOVING	F	45	02:02:23	02:02:58	05:48	Veterana F45

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
587	566	18	CASIMIRO CARNEIRO	GINASIO CLUBE DE BRAGANCA	M	63	02:02:38	02:03:07	05:49	Veterano M60
181	567	19	NATALINO PEREIRA	PORTO RUNNERES	M	61	02:02:36	02:03:12	05:49	Veterano M60
126	568	96	CARLOS MAGALHAES	SS MONTEPIO	M	48	02:03:15	02:03:31	05:50	Veterano M45
512	569	31	CLAUDIA FERREIRA	PERSISTENTES	F	30	02:03:17	02:03:36	05:50	Senior Feminino
728	570	64	LUIS ARAUJO	BOAVISTA FC	M	50	02:03:45	02:03:56	05:52	Veterano M50
729	571	65	FRANCISCO PINTO	BOAVISTA FC	M	52	02:03:45	02:03:59	05:52	Veterano M50
272	572	97	JOAO VIEIRA	PORTO RUNNERS	M	48	02:03:33	02:04:12	05:51	Veterano M45
668	573	14	ISABEL FREITAS	SOCIEDADE RECREIO CEPANENSE	F	44	02:03:49	02:04:15	05:52	Veterana F40
661	574	173	ANTONIO ROCHA	KITTY TEAM	M	32	02:04:17	02:04:17	05:54	Senior Masculino
538	575	66	ALVARO CERQUEIRA	A.D.AMARANTE ATLETISMO	M	54	02:04:37	02:04:48	05:54	Veterano M50
290	576	20	MANUEL CARVALHO		M	64	02:04:15	02:04:56	05:54	Veterano M60
109	577	32	MARCIA CABOUÇO	NOVELIA RUNNING AMARANTE	F	38	02:04:54	02:05:04	05:55	Senior Feminino
716	578	10	ROSA MONTEIRO		F	50	02:05:00	02:05:08	05:55	Veterana F50
223	579	21	VICTOR CARVALHO	LEOES DA AGRA	M	60	02:05:49	02:06:04	05:58	Veterano M60
312	580	22	AVELINO TEIXEIRA		M	62	02:06:12	02:06:22	05:59	Veterano M60
485	581	120	ANTONIO FERNANDES		M	42	02:06:00	02:06:36	05:59	Veterano M40
761	582	174	MARIO SA	TURBULENTUS	M	32	02:06:28	02:06:43	06:00	Senior Masculino
186	583	67	JOSE RIBEIRO		M	52	02:06:05	02:06:44	05:59	Veterano M50
133	584	121	JULIO SANTOS	SS MONTEPIO	M	41	02:06:35	02:06:49	06:00	Veterano M40
622	585	33	DIANELYS CABALLERO	NASCIDOS PARA CORRER	F	38	02:06:30	02:06:53	06:00	Senior Feminino
168	586	175	PEDRO SILVEIRA		M	38	02:06:30	02:06:56	06:00	Senior Masculino
373	587	34	ELISABETE MOREIRA	NASCIDOS PARA CORRER	F	37	02:06:55	02:07:19	06:01	Senior Feminino
653	588	122	JOAO RAMOS	MOCIDADE SANGEMIL AC	M	42	02:07:42	02:08:02	06:03	Veterano M40
222	589	35	SONIA BORGES		F	32	02:07:29	02:08:07	06:02	Senior Feminino
800	590	98	CARLOS FILIES		M	45	02:07:57	02:08:20	06:04	Veterano M45
230	591	36	MORGANA ALMEIDA		F	24	02:08:30	02:08:39	06:05	Senior Feminino
477	592	176	HELDER FERREIRA	STCP RUNNERS	M	39	02:08:08	02:08:42	06:04	Senior Masculino
345	593	99	DOMINGOS FAUSTINO	STCP RUNNERS	M	45	02:08:08	02:08:42	06:04	Veterano M45
15	594	177	NUNO MOURA	A.D.AMARANTE TRAIL RUNNING	M	38	02:09:05	02:09:12	06:07	Senior Masculino
314	595	178	SERGIO		M	37	02:08:46	02:09:18	06:06	Senior Masculino
516	596	123	FELICIANO FERREIRA		M	43	02:08:42	02:09:22	06:06	Veterano M40
352	597	23	FERNANDO TEIXEIRA		M	61	02:08:44	02:09:23	06:06	Veterano M60
692	598	24	AVELINO PEREIRA	CCDTC.M.GONDOMAR	M	71	02:09:34	02:10:08	06:08	Veterano M60
185	599	179	BRUNO PINHEIRO		M	35	02:09:39	02:10:18	06:08	Senior Masculino
412	600	180	JOAO FONSECA		M	37	02:11:16	02:11:16	06:13	Senior Masculino
510	601	181	CESAR SARAIVA	AFISOVAR	M	39	02:11:36	02:11:54	06:14	Senior Masculino
426	602	124	INACIO MONTEIRO		M	43	02:12:23	02:12:23	06:17	Veterano M40
137	603	182	RUI CARVALHO	SS MONTEPIO	M	38	02:12:35	02:12:53	06:17	Senior Masculino
129	604	100	FRANCISCO MOREIRA	SS MONTEPIO	M	45	02:12:37	02:12:54	06:17	Veterano M45
64	605	11	ANA TEIXEIRA		F	50	02:13:06	02:13:40	06:18	Veterana F50
327	606	183	HUGO SILVA		M	34	02:13:21	02:13:42	06:19	Senior Masculino
80	607	68	ALFREDO MAGALHAES		M	53	02:13:58	02:14:02	06:21	Veterano M50
177	608	37	SUSANA TORRES		F	32	02:14:16	02:14:58	06:22	Senior Feminino
320	609	25	ANTONIO MOREIRA		M	70	02:14:47	02:14:59	06:23	Veterano M60
191	610	125	EMANUEL LIMA		M	43	02:14:32	02:15:08	06:23	Veterano M40
51	611	184	ANDRE MAGALHAES		M	32	02:14:38	02:15:13	06:23	Senior Masculino
799	612	185	GABRIEL GOMES		M	36	02:14:39	02:15:14	06:23	Senior Masculino

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
244	613	186	FILIFE GONCALVES	INDIOS DE BTTRAIL	M	31	02:14:46	02:15:22	06:23	Senior Masculino
88	614	187	NUNO MONTEIRO		M	31	02:15:02	02:15:35	06:24	Senior Masculino
225	615	101	PAULO JORGE	MAIA A.C.	M	47	02:20:16	02:20:31	06:39	Veterano M45
450	616	11	MARISOL CHAO	ESPRINTES OURENSE	F	48	02:20:13	02:20:45	06:39	Veterana F45
593	617	188	MARCO PIRES	GINASIO CLUBE DE BRAGANCA	M	39	02:20:27	02:20:55	06:40	Senior Masculino
249	618	12	PAULA RODRIGUES	RODA DOS VENTOS	F	53	02:22:28	02:23:04	06:45	Veterana F50
58	620	189	JOSE FONSECA		M	26	02:24:06	02:24:46	06:50	Senior Masculino
326	621	37	MARIO SOARES		M	55	02:27:33	02:27:33	06:59	Veterano M55
407	622	26	FRANCISCO ESTEVEZ	TROTADAS VALDEORRAS	M	67	02:27:08	02:27:48	06:58	Veterano M60
353	623	69	MIGUEL FERNANDEZ	TROTADAS VALDEORRAS	M	51	02:27:08	02:27:49	06:58	Veterano M50
254	624	38	CARLOS MENDEZ		M	56	02:27:08	02:27:49	06:58	Veterano M55
347	625	190	JOSE ROCHA	ROCHA TEAM	M	25	02:27:58	02:28:17	07:01	Senior Masculino
529	626	38	TERESA MAIAS		F	32	02:28:12	02:28:21	07:01	Senior Feminino
157	627	191	TIAGO SANTOS	LAMEGO TRIBO RUNNERS	M	32	02:27:59	02:28:36	07:01	Senior Masculino
354	628	13	MARIA TEIXEIRA		F	56	02:29:01	02:29:11	07:04	Veterana F50
234				234	M	0	02:22:39	02:23:10	06:46	
825				825	M	0	01:41:28	01:41:38	04:48	
46			NUNO MARINHO	ACD SAO JOAO DA SERRA	M	18		DSQ		Senior Masculino
78			TIAGO MENDES		M	49		DSQ		Veterano M45
124			ANTONIO COELHO	SS MONTEPIO	M	46		DSQ		Veterano M45
198			MARCO BATISTA	STCP RUNNERS	M	42		DSQ		Veterano M40
226			BALTAZAR FERREIRA		M	49		DSQ		Veterano M45
351			MARIA HORTA	TRIO MARAVILHA	F	59		DSQ		Veterana F50
384			EDUARDO PAQUETE	CARCAVELOS/SINERGYE	M	68		DSQ		Veterano M60
388			JOAQUIM RIBEIRO	CARCAVELOS/SINERGYE	M	61		DSQ		Veterano M60
452			CARLOS VIEIRA	OS CACHOS	M	49		DSQ		Veterano M45
507			RUI SOUSA	WOLVES RUN TRAIL	M	35		DSQ		Senior Masculino
539			ANTONIO PEREIRA	A.D.AMARANTE ATLETISMO	M	67		DSQ		Veterano M60
609			CLAUDIO SILVA	WOLVES RUN TRAIL	M	30		DSQ		Senior Masculino
637			ANTONIO FERNANDES	ACR VALE DE CAMBRA	M	49		DSQ		Veterano M45
662			CASIMIRO OLIVEIRA	SALAO MIRO CABELEIREIROS	M	47		DSQ		Veterano M45