

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1221	1	1	TIAGO PEREIRA	F.C.PENAFIEL	M	28	34:06:00	MGERAL 10
1078	2	2	BRUNO PEREIRA	DREAMSAKOS	M	29	35:01:00	MGERAL 10
1222	3	3	RICARDO MOREIRA	F.C.PENAFIEL	M	28	35:35:00	MGERAL 10
1209	4	4	PAULO COSTA	A.D.AMARANTE	M	38	35:51:00	MGERAL 10
1196	5	5	MIGUEL NETO	ROYAL WELLNESS CENTER	M	27	37:23:00	MGERAL 10
1101	6	6	CARLOS QUEIROS	A.D.AMARANTE	M	28	37:28:00	MGERAL 10
1087	7	7	FILIPE LEITE		M	45	38:56:00	MGERAL 10
150	8	8	BRUNO SANTOS	A.D.AMARANTE TRAIL RUNNING	M	39	39:24:00	MGERAL 10
1117	9	9	JORGE FERREIRA	ROYAL WELLNESS CENTER	M	36	39:33:00	MGERAL 10
1079	10	10	FERNANDO ALMEIDA	RUNPENAFIEL	M	48	39:40:00	MGERAL 10
1215	11	11	RAMIRO RIBEIRO	NBA BARROSAS	M	37	40:21:00	MGERAL 10
1065	12	12	MANUEL ROCHA	A.D.AMARANTE	M	46	40:33:00	MGERAL 10
1040	13	1	INES MOREIRA	A.D.AMARANTE	F	32	40:39:00	FGERAL 10
1104	14	13	LUIS VILELA	EQUIPA SOCIEDADE RECREIO CEPANENSE	M	57	40:46:00	MGERAL 10
1111	15	14	SERGIO FERNANDES	EQUIPA SOCIEDADE RECREIO CEPANENSE	M	42	41:44:00	MGERAL 10
1081	16	15	JOAQUIM RIBEIRO	SPORTING CLUBE DE BRAGA	M	53	41:50:00	MGERAL 10
1060	17	16	DENIS QUADROS	ATHLON RUNNERS	M	37	46:01:00	MGERAL 10
1075	18	17	MIGUEL TAVEIRA	MALTA DO SHUSS	M	32	46:04:00	MGERAL 10
564	19	18	LUIS COSTA	AMA ASSOCIACAO MONDIM ATLETISMO	M	48	46:19:00	MGERAL 10
1210	20	2	ANA RIBEIRO	NBA BARROSAS	F	18	46:35:00	FGERAL 10
1116	21	19	DUARTE CERQUEIRA	ROYAL WELLNESS CENTER	M	35	46:42:00	MGERAL 10
1212	22	3	FATIMA SOUSA	NBA BARROSAS	F	44	46:42:00	FGERAL 10
584	23	20	HUGO BASTOS	OFICINA DAS MEDALHAS	M	35	46:58:00	MGERAL 10
1047	24	21	RUI ADAO		M	44	46:59:00	MGERAL 10
1198	25	22	FABIO CUNHA		M	31	47:38:00	MGERAL 10
1051	26	4	CLAUDIA MOREIRA	A.D.AMARANTE	F	34	47:55:00	FGERAL 10
1037	27	23	FABIO SOARES	GOVEGAN	M	32	48:34:00	MGERAL 10
1109	28	24	AUGUSTO RIBEIRO	EQUIPA SOCIEDADE RECREIO CEPANENSE	M	62	48:46:00	MGERAL 10
1103	29	5	CRISTINA CARNEIRO	EQUIPA SOCIEDADE RECREIO CEPANENSE	F	43	48:46:00	FGERAL 10
1207	30	25	DAVID VCARVALHO		M	38	48:52:00	MGERAL 10
1071	31	26	FERNANDO QUEIROS	A.D.AMARANTE	M	57	49:07:00	MGERAL 10
639	32	27	CASIMIRO OLIVEIRA		M	48	49:11:00	MGERAL 10
245	33	28	DANIEL SANTOS	A.D.AMARANTE	M	34	49:11:00	MGERAL 10
1062	34	29	JORGE VILELA	NUCLEO DE ATLETISMO DE VILA REAL	M	51	49:18:00	MGERAL 10
1114	35	30	DIOGO ABREU	ABREU TEAM	M	15	49:32:00	MGERAL 10
1115	36	31	CHRISTOPHE ABREU	ABREU TEAM	M	33	49:33:00	MGERAL 10
80	37	6	ANA GUEDES		F	46	49:34:00	FGERAL 10
1108	38	7	MANUELA BENTO	EQUIPA SOCIEDADE RECREIO CEPANENSE	F	53	49:53:00	FGERAL 10
319	39	32	ANTONIO PEREIRA	EQUIPA SOCIEDADE RECREIO CEPANENSE	M	44	49:59:00	MGERAL 10
277	40	33	ANTONIO GONCALVES	A.D.AMARANTE	M	54	50:02:00	MGERAL 10
1105	41	34	ANTONIO MENDES	EQUIPA SOCIEDADE RECREIO CEPANENSE	M	52	50:04:00	MGERAL 10
1213	42	35	FILIPE MACHADAO	NBA BARROSAS	M	44	50:07:00	MGERAL 10
1197	43	8	ANITA COSTA	ROYAL WELLNESS CENTER	F	35	50:21:00	FGERAL 10
1120	44	9	PAULA AIDOS	OLIVEIRA RUNNERS	F	21	50:42:00	FGERAL 10

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
433	45	10	CLARA CARVALHO	A.D.AMARANTE	F	49	50:47:00	FGERAL 10
246	46	36	HANS SOUSA		M	52	50:49:00	MGERAL 10
1025	47	37	LUIS RIBEIRO		M	30	51:00:00	MGERAL 10
1217	48	11	ZEZA CARVALHO	NBA BARROSAS	F	40	51:06:00	FGERAL 10
1099	49	38	PAULO COELHO		M	28	51:11:00	MGERAL 10
1216	50	12	TANIA RIBEIRO	NBA BARROSAS	F	19	51:13:00	FGERAL 10
1067	51	39	FERNANDO CERQUEIRA	A.D.AMARANTE	M	53	51:16:00	MGERAL 10
1235	52	13	ANA TEIXEIRA	BIOGRANEL	F	25	51:17:00	FGERAL 10
124	53	40	VITOR TEIXEIRA		M	47	51:25:00	MGERAL 10
1045	54	14	MARIA RODRIGUES	AMIGOS DA CORRIDA	F	35	51:27:00	FGERAL 10
1080	55	41	LUIS SILVA	SPORTING CLUBE DE BRAGA	M	62	51:51:00	MGERAL 10
1054	56	42	DOMINGOS BORGES		M	62	51:53:00	MGERAL 10
1049	57	15	SANDRA INESIA		F	39	52:09:00	FGERAL 10
1204	58	43	BRUNO MENDES		M	33	52:16:00	MGERAL 10
1077	59	44	PAULO RAINHA	MALTA DO SHUSS	M	37	52:17:00	MGERAL 10
151	60	45	RICARDO TEIXEIRA	A.D.AMARANTE	M	34	52:30:00	MGERAL 10
1010	61	46	JORGE ANASTACIO		M	35	52:32:00	MGERAL 10
1061	62	47	MARCO MATOS		M	46	52:57:00	MGERAL 10
1091	63	48	BRUNO MAIA	JAVALIS PORTUGAL	M	34	53:05:00	MGERAL 10
1205	64	49	DANIEL ANDRADE		M	28	53:18:00	MGERAL 10
1184	65	16	ISABEL RIBEIRO		F	29	53:32:00	FGERAL 10
595	66	50	JOSE SILVA	SPEM EM FORCA	M	31	53:47:00	MGERAL 10
338	67	51	HUGO TAVARES	OLIVEIRA RUNNERS	M	34	54:06:00	MGERAL 10
1194	68	52	HUGO SILVA		M	38	54:09:00	MGERAL 10
157	69	53	JOSE PEREIRA	A.D.AMARANTE TRAIL RUNNING	M	40	54:09:00	MGERAL 10
1068	70	54	JAIME PEREIRA	A.D.AMARANTE	M	63	54:18:00	MGERAL 10
1085	71	55	CARLOS FONTOURA	FONTOURA	M	58	54:30:00	MGERAL 10
1059	72	56	ALVARO CERQUEIRA	ADA ATLETISMO	M	55	54:34:00	MGERAL 10
63	73	57	JOSE RIBEIRO		M	53	54:49:00	MGERAL 10
1219	74	17	ROSA MONTEIRO		F	52	55:23:00	FGERAL 10
1112	75	58	JOAO CARLOS	EQUIPA SOCIEDADE RECREIO CEPANENSE	M	51	55:42:00	MGERAL 10
1218	76	59	JOSE COELHO		M	47	55:53:00	MGERAL 10
1058	77	60	DANIEL CONDE		M	33	56:00:00	MGERAL 10
1118	78	61	FREDERICO GONCALVES		M	31	56:11:00	MGERAL 10
1110	79	18	CONCEICAO OLIVEIRA	EQUIPA SOCIEDADE RECREIO CEPANENSE	F	47	56:13:00	FGERAL 10
1035	80	19	DANIELA QUEIROS	A.D.A TRAIL RUNNING	F	30	56:18:00	FGERAL 10
64	81	20	ANA LIRIO	A.D.AMARANTE TRAIL RUNNING	F	31	56:18:00	FGERAL 10
1041	82	62	ANDRE RIBEIRO		M	31	56:27:00	MGERAL 10
1076	83	21	VERA GONCALVES	MALTA DO SHUSS	F	32	56:51:00	FGERAL 10
1043	84	22	ROSA CARMO	NASCIDOS PARA CORRER	F	28	57:08:00	FGERAL 10
1082	85	23	PAULA RODRIGUES	RODA DOS VENTOS	F	54	57:29:00	FGERAL 10
1024	86	24	MELANIE GUEDES		F	25	58:29:00	FGERAL 10
1150	87	63	CARLOS MACEDO	A.D.AMARANTE	M	63	58:31:00	MGERAL 10
1017	88	64	DAVIDE MENDES		M	31	58:42:00	MGERAL 10

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
1070	89	65	JOSE GONCALVES		M	47	58:57:00	MGERAL 10
1009	90	66	TIAGO AMORIM	FLORESTABTT	M	37	59:07:00	MGERAL 10
1200	91	67	HELDER PINTO	BODYSTATION	M	31	59:13:00	MGERAL 10
1097	92	68	DANIEL CORREIA	A.D.AMARANTE	M	39	59:13:00	MGERAL 10
1007	93	25	FERNANDA LACHADO		F	43	59:19:00	FGERAL 10
1084	94	26	DANIELA FONTOURA	FONTOURA	F	31	59:34:00	FGERAL 10
1083	95	69	JAIME TEIXEIRA		M	58	59:42:00	MGERAL 10
1055	96	70	MARIO COSTA		M	55	59:50:00	MGERAL 10
1029	97	71	LUIS GONCALO		M	25	59:56:00	MGERAL 10
1027	98	72	ANDRE CARVALHO	FITRAINER / VILLA DE BASTO	M	29	01:00:08	MGERAL 10
1039	99	27	ELISABETE MACHADO		F	37	01:00:23	FGERAL 10
1073	100	28	RITA SILVA	A.D.AMARANTE	F	25	01:00:28	FGERAL 10
1090	101	29	CLAUDIA LOPES	AS LUTADORAS	F	21	01:00:28	FGERAL 10
1123	102	30	DORA PIRES	SS CGD	F	52	01:00:28	FGERAL 10
1102	103	31	SARA TEIXEIRA	BIOGRANEL	F	25	01:00:35	FGERAL 10
1023	104	32	MICHAELA RAMOS	NOCTURNOS DE PAREDES	F	39	01:00:51	FGERAL 10
1092	105	33	ANA MARTINS	AS LUTADORAS	F	30	01:00:57	FGERAL 10
1096	106	34	ELSA COSTA		F	43	01:01:14	FGERAL 10
565	107	73	MANUEL MACHADO	AMA ASSOCIACAO MONDIM ATLETISMO	M	68	01:01:15	MGERAL 10
1074	108	35	PAULA CERQUEIRA	A.D.AMARANTE	F	45	01:01:22	FGERAL 10
1088	109	36	CATARINA ASSOREIRA		F	31	01:01:29	FGERAL 10
1107	110	37	CONCEICAO PEREIRA	EQUIPA SOCIEDADE RECREIO CEPANENSE	F	46	01:01:53	FGERAL 10
1193	111	74	AGOSTINHO MARTINS	AMA ASSOCIACAO MONDIM ATLETISMO	M	54	01:01:56	MGERAL 10
1069	112	38	IVANIA ESTEVES	EQUIPA BOOT	F	29	01:02:37	FGERAL 10
1028	113	39	EUGENIA SILVA		F	38	01:02:54	FGERAL 10
1033	114	40	PATRICIA SILVA		F	32	01:02:54	FGERAL 10
1011	115	41	ISABEL PRIOR		F	41	01:02:57	FGERAL 10
1187	116	75	ADOLFO COSTA		M	45	01:03:38	MGERAL 10
1022	117	76	JOAO RIBEIRO		M	25	01:03:56	MGERAL 10
1098	118	42	LUCIA LEITE	A.D.AMARANTE	F	34	01:04:57	FGERAL 10
1064	119	77	MANUEL LEONARDO		M	59	01:05:13	MGERAL 10
1206	120	78	VITOR PINHO		M	40	01:05:22	MGERAL 10
1094	121	43	SONIA SILVA	MOUNTAIN RUNNERS	F	38	01:05:27	FGERAL 10
1034	122	44	MADALENA COSTA		F	32	01:05:27	FGERAL 10
1089	123	45	TILA ROSADO	VILA SECA RUNNING TEAM	F	44	01:07:40	FGERAL 10
1199	124	46	MARIA NOGUEIRA		F	41	01:08:17	FGERAL 10
1086	125	79	JOAO FONTOURA		M	32	01:08:35	MGERAL 10
1093	126	47	SANDRA CARVALHO		F	19	01:08:49	FGERAL 10
1000	127	80	JORGE MENDES		M	42	01:08:49	MGERAL 10
1003	128	81	JOSE FONSECA	BVA	M	27	01:09:27	MGERAL 10
1044	129	82	ALBANO COELHO	A.D.AMARANTE	M	43	01:10:00	MGERAL 10
1220	130	48	SILVIA PINTO	A.D.AMARANTE	F	30	01:12:23	FGERAL 10
1119	131	49	CATARINA MARQUES	OLIVEIRA RUNNERS	F	32	01:12:44	FGERAL 10
1121	132	50	DIANA SILVA	OLIVEIRA RUNNERS	F	29	01:12:45	FGERAL 10

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
630	133	83	ANDRE MAGALHAES		M	31	01:13:41	MGERAL 10
1203	134	84	NUNO PEREIRA		M	29	01:14:28	MGERAL 10
1018	135	51	CARLA NOGUEIRA		F	28	01:16:47	FGERAL 10
1019	136	52	ANA TEIXEIRA		F	23	01:16:48	FGERAL 10
1057	137	85	JOAO SIMOES	MOINHOS DA GANDARA TRAIL	M	31	01:19:06	MGERAL 10