

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
34	1	1	PAULO PAULA		M	37	01:04:50	01:04:51	03:05	MSEN
12	2	2	RUI PINTO	SLBENFICA	M	24	01:04:50	01:04:51	03:05	MSEN
21	3	3	TIAGO COSTA	SLBENFICA	M	29	01:05:07	01:05:08	03:05	MSEN
13	4	4	DANIEL PINHEIRO	MAIA AC	M	33	01:05:22	01:05:23	03:06	MSEN
656	5	5	BRUNO SILVA	AGUIAS DE ALVELOS	M	33	01:09:00	01:09:00	03:16	MSEN
137	6	6	MIHAIL LALEV	S.C.BRAGA	M	35	01:11:38	01:11:39	03:24	MSEN
27	7	1	ARTUR RODRIGUES	GUILHOVAI	M	40	01:12:10	01:12:11	03:25	M40
31	8	2	CARLOS SOUSA	R/ROLINE	M	44	01:13:18	01:13:19	03:28	M40
3	9	1	DOROTEIA PEIXOTO	AMIGOS DA MONTANHA	F	33	01:13:19	01:13:20	03:29	FSEN
11	10	1	AUGUSTO COSTA	AMIGOS DA MONTANHA	M	47	01:13:23	01:13:24	03:29	M45
4	11	7	RICARDO RIBAS	SLBENFICA	M	39	01:13:26	01:13:27	03:29	MSEN
32	12	1	MANUEL FERREIRA	GUILHOVAI	M	50	01:14:41	01:14:42	03:33	M50
101	13	2	MARIO CARREIRA	PORTO RUNNERS	M	49	01:14:46	01:14:47	03:33	M45
24	14	8	BRUNO CARVALHO		M	32	01:15:20	01:15:21	03:34	MSEN
429	15	3	FERNANDO GRILO	SIRA SOC INSTRUCAO E RECREIO ALDREENSE	M	41	01:16:18	01:16:22	03:37	M40
523	16	9	FRANCISCO GOMES	AGUIAS DE ALVELOS	M	32	01:17:44	01:17:52	03:41	MSEN
503	17	4	PEDRO PEREIRA	MAIA AC	M	43	01:18:00	01:18:02	03:42	M40
102	18	2	JOAQUIM LOPES	PORTO RUNNERS	M	53	01:18:02	01:18:03	03:42	M50
258	19	10	MARCO PINTO		M	34	01:18:31	01:18:33	03:43	MSEN
344	20	3	AUGUSTO ANTUNES	ARPO ASSOCIACAO RECREATIVA POUSADENSE	M	52	01:18:49	01:18:51	03:44	M50
621	21	4	ADELINO FERNANDES	CYCLONES SANITOP	M	52	01:18:54	01:18:57	03:44	M50
19	22	3	MANUEL MENDES		M	45	01:19:49	01:19:49	03:47	M45
33	23	1	LUIZA OLIVEIRA	PAREDES AVENTURA	F	40	01:19:56	01:19:57	03:47	F40
313	24	4	JOSE ANDRADE	MOVIMENTO DE JUVENTUDE DE MERELIM	M	49	01:19:54	01:19:58	03:47	M45
664	25	11	JERONIMO OLIVEIRA		M	30	01:20:10	01:20:11	03:48	MSEN
497	26	12	LUIS TINOCO		M	26	01:20:56	01:21:00	03:50	MSEN
615	27	13	NUNO MARQUES	BARCELOS TEAM PORTUGAL	M	38	01:21:22	01:21:26	03:51	MSEN
594	28	5	CARLOS DIAS	MAIA AC	M	49	01:21:29	01:21:31	03:52	M45
238	29	14	PEDRO TORRES	E.LECLERC DE BARCELOS	M	33	01:21:30	01:21:41	03:52	MSEN
617	30	5	NUNO CAMPOS	BARCELOS TEAM PORTUGAL	M	44	01:21:46	01:21:50	03:52	M40
29	31	2	JUSTINE WOOJEIK		F	33	01:21:49	01:21:50	03:52	FSEN
402	32	15	PEDRO FREITAS		M	29	01:22:28	01:22:33	03:54	MSEN
338	33	16	JOAO MACIEL	MANOS MAC	M	36	01:22:41	01:22:50	03:55	MSEN
640	34	6	JORGE GONCALVES		M	40	01:22:52	01:22:56	03:56	M40
657	35	3	MARLENE LOPES	AGUIAS DE ALVELOS	F	34	01:23:10	01:23:11	03:57	FSEN
148	36	6	ORLANDO NEVES	BOAVISTA FC	M	46	01:23:11	01:23:12	03:57	M45
256	37	17	BRUNO SOUSA		M	35	01:22:55	01:23:18	03:56	MSEN
376	38	5	JOSE MOTA	NASCIDOS PARA CORRER	M	54	01:23:47	01:23:51	03:58	M50
322	39	7	JOAO REIS	ARCA BARCELOS RUNNERS	M	45	01:24:01	01:24:03	03:59	M45
323	40	7	JOSE ALMEIDA		M	40	01:24:13	01:24:16	03:59	M40
260	41	6	JOSE ALVES	GD AIRAO CURVIA	M	52	01:24:34	01:24:38	04:00	M50
577	42	18	CARLOS MARTINS	AIRO RUN	M	38	01:24:36	01:24:38	04:00	MSEN
212	43	8	NUNO VIEIRA	AASM TRIATLO	M	40	01:24:30	01:24:41	04:00	M40
645	44	7	FRANCISCO SANTOS	FARQUIM	M	51	01:25:02	01:25:10	04:02	M50
428	45	8	JOSE MARTINS	SIRA SOC INSTRUCAO E RECREIO ALDREENSE	M	50	01:25:09	01:25:12	04:02	M50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
549	46	19	HUGO ARAUJO	GTTARMAZEM DO CAFFE	M	30	01:25:15	01:25:17	04:02	MSEN
482	47	8	ADRIANO SA	AGUIAS DE ALVELOS	M	45	01:25:46	01:25:49	04:04	M45
252	48	20	NUNO GONCALVES	GTTARMAZEM DO CAFFE	M	32	01:26:16	01:26:18	04:05	MSEN
659	49	21	LUIS DANTAS	ACDR CALHEIROS	M	32	01:26:30	01:26:37	04:06	MSEN
359	50	9	ANTONIO MOREIRA	FERREIROLUX	M	51	01:26:39	01:26:43	04:07	M50
122	51	22	HUGO FERREIRA	GRAMIDENSE IFC	M	37	01:27:06	01:27:09	04:08	MSEN
450	52	23	EDUARDO CUNHA	AGUIAS DE ALVELOS	M	39	01:27:08	01:27:11	04:08	MSEN
506	53	24	LUIS CERQUEIRA	B LIFE OUTDOORTEAM	M	18	01:26:57	01:27:15	04:07	MSEN
350	54	9	PAULO SILVA		M	46	01:27:28	01:27:35	04:09	M45
626	55	4	TERESA COSTA	ASSOCIACAO CULTURAL E DESPORTIVA JARDIM DA SERRA	F	34	01:27:38	01:27:40	04:09	FSEN
662	56	9	FILIPE LIMA	ACDR CALHEIROS	M	42	01:27:34	01:27:41	04:09	M40
107	57	10	MANUEL ROCHA	A. D. AMARANTE ATLETISMO	M	45	01:27:44	01:27:46	04:10	M45
231	58	1	HILARIO GARIM	AC RORIZ	M	60	01:27:46	01:27:52	04:10	M60
464	59	11	FERNANDO PINTO	SOCIEDADE RECREIO CEPANENSE	M	45	01:27:51	01:27:55	04:10	M45
381	60	10	ADAO MENDES		M	43	01:27:46	01:27:55	04:10	M40
514	61	25	DIOGO ARAUJO	GCLUB GINASIO	M	29	01:28:00	01:28:04	04:10	MSEN
279	62	26	PEDRO MARTINS		M	25	01:28:07	01:28:15	04:10	MSEN
614	63	2	PAULA MARQUES	EDV VIANA TRAIL	F	44	01:28:16	01:28:19	04:11	F40
499	64	27	DENNY MENEZES		M	28	01:28:42	01:29:08	04:12	MSEN
516	65	12	MIGUEL PEREIRA	CCDTC.M.GONDOMAR	M	46	01:29:07	01:29:11	04:14	M45
433	66	28	ORLANDO SILVA	DETRASPARENTE RUNNING TEAM	M	33	01:28:31	01:29:15	04:12	MSEN
345	67	29	RICARDO AZEVEDO	ARPO ASSOCIACAO RECREATIVA POUSADENSE	M	39	01:29:26	01:29:29	04:14	MSEN
229	68	10	MANUEL MIRANDA	AC RORIZ	M	54	01:29:33	01:29:35	04:15	M50
215	69	11	JOSE COUTINHO		M	44	01:29:34	01:29:37	04:15	M40
324	70	30	ANDRE CARVALHO		M	33	01:29:38	01:29:43	04:15	MSEN
247	71	12	PEDRO MIRANDA	VIDA ATIVA RUNNERS	M	41	01:29:40	01:29:49	04:15	M40
116	72	11	JOAQUIM SANTOS	WHITE	M	51	01:29:52	01:29:55	04:15	M50
591	73	3	MADALENA SILVA	R/RONLINE	F	43	01:29:59	01:30:00	04:16	F40
424	74	13	RUI CARDOSO		M	42	01:29:58	01:30:01	04:16	M40
328	75	14	HELDER SILVA	OS ROMPE SOLAS	M	41	01:30:06	01:30:08	04:16	M40
556	76	15	SERGIO GOMES		M	44	01:30:14	01:30:21	04:17	M40
432	77	31	MARCO MARQUES		M	31	01:30:00	01:30:23	04:16	MSEN
224	78	32	MARKUS RENN	GTTARMAZEM DO CAFFE	M	33	01:30:46	01:30:52	04:18	MSEN
459	79	12	ABILIO TEIXEIRA	SOCIEDADE RECREIO CEPANENSE	M	53	01:30:54	01:31:00	04:19	M50
302	80	13	ANTONIO CARDOSO	A.D.CARVALHAL	M	46	01:30:59	01:31:02	04:19	M45
501	81	16	IVO MORAIS	BYL	M	40	01:31:06	01:31:12	04:19	M40
582	82	14	MANUEL PINHEIRO	FRIDAO SEM LIMITES	M	48	01:31:20	01:31:36	04:20	M45
383	83	33	NUNO LOMBA		M	33	01:31:29	01:31:38	04:20	MSEN
266	84	34	JOAO MARTINS	VILA VERDE A CORRER	M	37	01:31:36	01:31:38	04:20	MSEN
110	85	15	FERNANDO BARROS	A. D. AMARANTE ATLETISMO	M	45	01:31:23	01:31:39	04:20	M45
387	86	17	DIOGO OLIVEIRA		M	42	01:28:00	01:31:51	04:10	M40
244	87	35	ANTONIO BOAS	FISIPADRAO	M	39	01:31:51	01:31:56	04:21	MSEN
518	88	1	AMERICO PINTO	CCDTC.M.GONDOMAR	M	55	01:32:00	01:32:03	04:22	M55
233	89	36	NELSON LEAL		M	32	01:31:53	01:32:03	04:22	MSEN
353	90	13	MANUEL PEREIRA	FERREIROLUX	M	51	01:31:47	01:32:07	04:21	M50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
568	91	18	FILIPE FERREIRA	BOSCH	M	42	01:32:09	01:32:17	04:22	M40
627	92	16	RUI FONTES		M	47	01:31:55	01:32:24	04:22	M45
488	93	19	DOMINGOS VALE	BARCELOS RUNNERS	M	42	01:32:29	01:32:33	04:23	M40
431	94	37	HUGO GOMES		M	27	01:32:02	01:32:35	04:22	MSEN
489	95	20	LUIS MIGUEL		M	40	01:32:28	01:32:36	04:23	M40
441	96	38	NUNO GONCALVES	B LIFE OUTDOORTEAM	M	31	01:31:56	01:32:36	04:22	MSEN
230	97	14	JOAQUIM RODRIGUES	AC RORIZ	M	54	01:32:35	01:32:36	04:23	M50
104	98	2	ZE DIAS	A D ESMERIZ RUNNING	M	55	01:32:37	01:32:38	04:23	M55
575	99	5	ANA ROCHA	ALIVE RUNNERS	F	35	01:32:32	01:32:40	04:23	FSEN
652	100	15	ANTONINO PEREIRA		M	50	01:32:43	01:32:48	04:23	M50
261	101	21	LUIS LIMA	ARCA BARCELOS RUNNERS	M	42	01:32:47	01:32:51	04:24	M40
362	102	39	SIMAO COUTO	FERREIROLUX	M	38	01:32:47	01:32:51	04:24	MSEN
222	103	40	RICARDO COELHO		M	31	01:32:40	01:32:53	04:23	MSEN
398	104	41	NUNO ARAUJO	TRILHOS DAVENTURA	M	29	01:32:38	01:32:54	04:23	MSEN
325	105	22	RICARDO OLIVEIRA	TRILHOS DAVENTURA	M	40	01:32:38	01:32:54	04:23	M40
452	106	16	JOSE CARDOSO	ARCA BARCELOS RUNNERS	M	50	01:33:05	01:33:09	04:25	M50
465	107	23	CARLOS LOPES	SOCIEDADE RECREIO CEPANENSE	M	43	01:33:23	01:33:29	04:25	M40
371	108	3	JOSE CAMPOS	CBC RUNNERS	M	59	01:33:23	01:33:34	04:25	M55
352	109	4	ADELINO SILVA		M	59	01:33:27	01:33:38	04:26	M55
563	110	17	DOMINGOS OLIVEIRA	BRAGA RUNNERS	M	53	01:33:19	01:33:45	04:25	M50
565	111	18	MANUEL MOTA	NUCLEO ATLETISMO DAS TAIPAS	M	50	01:33:30	01:33:45	04:26	M50
120	112	24	CARLOS MONTEIRO	F.C.VIZELA	M	44	01:33:54	01:33:57	04:27	M40
121	113	42	HELDER OLIVEIRA	F.C.VIZELA	M	39	01:33:54	01:33:57	04:27	MSEN
119	114	43	LUIS BESSA	F.C.VIZELA	M	34	01:33:55	01:33:57	04:27	MSEN
351	115	44	NUNO MARTINS	TESCO TEAM RUNNING	M	39	01:33:59	01:34:00	04:27	MSEN
559	116	17	JOAO LEITAO	TRIO GBL	M	48	01:34:00	01:34:07	04:27	M45
210	117	45	ALEXANDRE FERREIRA	AASM TRIATLO	M	37	01:34:12	01:34:22	04:28	MSEN
408	118	46	JOSE NUNEZ		M	35	01:34:14	01:34:25	04:28	MSEN
242	119	18	JOAQUIM PEREIRA	ADMINOVA	M	49	01:34:19	01:34:25	04:28	M45
476	120	47	HELDER PEREIRA		M	33	01:34:19	01:34:27	04:28	MSEN
509	121	48	JOSE PEREIRA	GTTARMAZEM DO CAFFE	M	29	01:34:29	01:34:30	04:28	MSEN
458	122	19	MIGUEL ARAUJO	TRAIL ME	M	46	01:34:25	01:34:35	04:28	M45
268	123	49	BRUNO PINHO		M	36	01:34:41	01:34:51	04:29	MSEN
292	124	50	FRANCISCO BARRETO	CASTELO	M	29	01:34:41	01:34:52	04:29	MSEN
460	125	25	FRANCISCO CUNHA	SOCIEDADE RECREIO CEPANENSE	M	43	01:34:58	01:35:04	04:30	M40
451	126	5	JOAO SOUSA	VIDA ATIVA RUNNERS	M	55	01:34:37	01:35:07	04:29	M55
289	127	51	CRISTIANO PEREIRA	CASTELO DA MAIA	M	36	01:35:15	01:35:25	04:31	MSEN
555	128	19	SCHNITZER WOLFI	LSG VORARLBERG	M	50	01:35:05	01:35:28	04:30	M50
202	129	20	PAULO FRANCISCO	PAULO FRANCISCO RUNNER	M	48	01:35:24	01:35:33	04:32	M45
349	130	52	ANDRE MOREIRA	ARCO4RUN	M	30	01:35:20	01:35:34	04:31	MSEN
283	131	53	PEDRO ROMANO		M	31	01:35:29	01:35:50	04:32	MSEN
473	132	54	SERGIO MENDES	RIOFIT RUNNING	M	38	01:35:40	01:35:54	04:32	MSEN
583	133	20	LUIS GOMES	SOCIEDADE RECREIO CEPANENSE	M	53	01:35:44	01:35:56	04:32	M50
314	134	55	HUGO MOREIRA		M	28	01:35:51	01:36:01	04:33	MSEN
596	135	26	PAULO CAMPOS		M	42	01:36:03	01:36:03	04:33	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
272	136	56	JOAO LOPES		M	39	01:35:49	01:36:05	04:33	MSEN
569	137	21	ANTONIO GRANDE	TRAIL ME	M	45	01:35:56	01:36:06	04:33	M45
391	138	57	DANIEL LEITE	GT RUNNERS	M	39	01:35:45	01:36:08	04:32	MSEN
619	139	22	FERNANDO MENDES		M	46	01:36:07	01:36:12	04:33	M45
533	140	21	JOSE LOPES		M	52	01:36:19	01:36:22	04:34	M50
271	141	58	RUI PARALVAS		M	38	01:35:51	01:36:23	04:33	MSEN
317	142	59	RICARDO GUIMARAES		M	33	01:36:15	01:36:29	04:34	MSEN
512	143	60	MIGUEL NOVAIS	BARCELOS TEAM PORTUGAL	M	37	01:36:26	01:36:31	04:34	MSEN
250	144	61	ALEXANDRE MARTINS	MOUNTAINBYTERS	M	33	01:36:06	01:36:34	04:33	MSEN
660	145	62	TELMO FERNANDES		M	27	01:35:59	01:36:34	04:33	MSEN
425	146	22	JOAQUIM VIEIRA	OS CACHOS	M	51	01:36:26	01:36:45	04:34	M50
217	147	63	TIAGO PORTELA		M	30	01:36:38	01:37:00	04:35	MSEN
221	148	64	PEDRO MARTINS		M	30	01:36:37	01:37:00	04:35	MSEN
511	149	27	ARLINDO ALVES		M	40	01:36:41	01:37:06	04:35	M40
651	150	65	NUNO MENESES		M	39	01:36:52	01:37:08	04:35	MSEN
446	151	66	LUIS CAMPOS	WTG	M	32	01:36:52	01:37:21	04:35	MSEN
601	152	67	MIGUEL SOARES	GIVEC	M	37	01:37:15	01:37:29	04:37	MSEN
604	153	68	RICARDO SOUSA	AGUIAS DE ALVELOS	M	32	01:37:27	01:37:37	04:37	MSEN
218	154	69	JOHN OLSEN		M	36	01:37:37	01:37:43	04:38	MSEN
373	155	23	NUNO CUNHA		M	46	01:37:15	01:37:48	04:37	M45
653	156	70	ROBERTO FERREIRA	LIFE3FIT	M	24	01:37:48	01:37:50	04:38	MSEN
375	157	6	CELINE GOMES	NASCIDOS PARA CORRER	F	31	01:37:51	01:37:55	04:38	FSEN
262	158	4	MARIA COSTA	AMIGOS DA MONTANHA	F	53	01:37:56	01:38:03	04:38	F40
339	159	28	AFONSO PEREIRA		M	44	01:37:53	01:38:08	04:38	M40
500	160	71	PAULO SILVA		M	29	01:37:45	01:38:18	04:38	MSEN
343	161	72	HELDER BARBOSA	TRILHOS DAVENTURA	M	39	01:38:06	01:38:23	04:39	MSEN
348	162	73	PEDRO MAGALHAES	ARCO4RUN	M	34	01:38:17	01:38:28	04:40	MSEN
329	163	24	CARLOS SAMPAIO	OS ROMPE SOLAS	M	46	01:38:27	01:38:30	04:40	M45
600	164	74	HELDER TORRES	B.T.M.	M	35	01:38:20	01:38:35	04:40	MSEN
537	165	23	JOAQUIM FERREIRA		M	54	01:38:10	01:38:40	04:39	M50
113	166	29	JORGE TEIXEIRA	A. D. AMARANTE ATLETISMO	M	40	01:38:43	01:38:48	04:41	M40
246	167	75	CARLOS NOVAIS	BARCELOS TEAM PORTUGAL	M	34	01:38:48	01:38:59	04:41	MSEN
211	168	25	JOAO LINHARES	ADMINOVA CONDOMINIOS	M	45	01:38:54	01:39:01	04:41	M45
603	169	76	VITOR LIMA		M	29	01:38:59	01:39:03	04:41	MSEN
409	170	30	ROBERTO MONTENEGRO	ATHLETICS FISIOTERAPIA SAN LAZARO	M	42	01:38:36	01:39:04	04:40	M40
534	171	24	JOSE ARAUJO	EQUIPA AIRORUN	M	52	01:39:02	01:39:05	04:41	M50
363	172	25	ISIDRO GOMES	FERREIROLUX	M	53	01:38:59	01:39:05	04:41	M50
285	173	31	NUNO FIGUEIRINHAS		M	40	01:38:42	01:39:08	04:41	M40
255	174	32	PAULO DUARTE		M	43	01:39:13	01:39:23	04:42	M40
368	175	26	ARNALDO RODRIGUES	DESNIVEL POSITIVO	M	53	01:39:01	01:39:24	04:41	M50
637	176	33	JOAO MOTA		M	43		01:39:26	04:43	M40
481	177	26	ANTONIO GOMES	AGUIAS DE ALVELOS	M	46	01:39:19	01:39:30	04:43	M45
550	178	27	RUI OLIVEIRA		M	45	01:39:14	01:39:31	04:42	M45
540	179	6	MANUEL COSTA		M	58	01:39:02	01:39:32	04:41	M55
539	180	27	JOSE COSTA		M	50	01:39:12	01:39:43	04:42	M50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
661	181	34	EDGAR COSTA	B.T.M.	M	42	01:39:14	01:39:45	04:42	M40
245	182	28	PEDRO COSTA		M	47	01:39:35	01:39:47	04:43	M45
634	183	77	DOMINGOS RIBEIRO	AMARES TRAIL	M	34	01:39:39	01:39:51	04:43	MSEN
394	184	29	MANUEL RODRIGUES		M	45	01:39:39	01:39:51	04:43	M45
334	185	7	ALBERTO CUNHA		M	55	01:39:26	01:39:52	04:43	M55
440	186	35	ANTONIO COELHO	TRAIL ME	M	42	01:39:53	01:40:04	04:44	M40
462	187	28	ANTONIO MENDES	SOCIEDADE RECREIO CEPANENSE	M	51	01:40:16	01:40:24	04:45	M50
306	188	78	ANDRE COSTA	BEFITNESS RUNNERS	M	29	01:40:11	01:40:28	04:45	MSEN
276	189	79	LUIS BARREIRO	DOMOWEB	M	25	01:40:20	01:40:31	04:45	MSEN
461	190	30	RENE TEIXEIRA	SOCIEDADE RECREIO CEPANENSE	M	49	01:40:34	01:40:41	04:46	M45
336	191	80	JOSE MACIEL	MANOS MAC	M	34	01:40:13	01:40:44	04:45	MSEN
467	192	36	JORGE FERREIRA	SOCIEDADE RECREIO CEPANENSE	M	41	01:40:41	01:40:49	04:46	M40
281	193	81	NUNO DOMINGUES	PUPPYCAT TEAM	M	35	01:40:40	01:40:50	04:46	MSEN
355	194	2	EDUARDO FERNANDES	FERREIROLUX	M	64	01:40:33	01:40:50	04:46	M60
374	195	37	NUNO FARIA	MARINES	M	41	01:40:38	01:40:57	04:46	M40
340	196	38	JORGE SEABRA	INVICTUS RUNNING TEAM	M	40	01:40:37	01:41:02	04:46	M40
477	197	82	PAULO LOPES	GRUPO DESPORTIVO SELHO	M	33	01:40:38	01:41:05	04:46	MSEN
457	198	5	MARIA FREITAS	OS ISABELINHAS	F	45	01:41:02	01:41:13	04:47	F40
406	199	39	TELMO AIRES	SS BOX	M	42	01:41:25	01:41:31	04:48	M40
399	200	6	DULCE SILVA		F	41	01:40:49	01:41:33	04:46	F40
658	201	83	JOAO OLIVEIRA		M	33	01:40:49	01:41:33	04:46	MSEN
469	202	84	VITOR FERNANDES		M	35	01:41:36	01:41:44	04:49	MSEN
367	203	85	JOAO BEZERRA	GT RUNNERS	M	31	01:41:27	01:41:50	04:48	MSEN
589	204	86	LEONEL AZEVEDO	AGUIAS DE ALVELOS	M	37	01:41:32	01:41:54	04:49	MSEN
420	205	29	JOSE BROCHADO	MOTO CLUBE DO PORTO	M	51	01:41:54	01:41:56	04:50	M50
392	206	30	TURNACTIONCARLOS COSTA	ACTIONCOACHADMINOVA	M	52	01:41:53	01:42:00	04:50	M50
636	207	87	TIAGO DUARTE		M	23	01:41:56	01:42:03	04:50	MSEN
650	208	88	MARCOS LOPES		M	20	01:41:58	01:42:03	04:50	MSEN
291	209	89	BRUNO ARAUJO	BRAGUINHAS RUNNERS	M	34	01:41:56	01:42:07	04:50	MSEN
354	210	3	CONSTANTINO MOREIRA	FERREIROLUX	M	62	01:41:49	01:42:09	04:50	M60
361	211	8	JAIME LIMA	FERREIROLUX	M	57	01:41:54	01:42:12	04:50	M55
643	212	31	JOAQUIM MONTEIRO	FARQUIM	M	51	01:41:54	01:42:20	04:50	M50
389	213	31	PEDRO MATOS	GT RUNNERS	M	47	01:41:58	01:42:21	04:50	M45
642	214	32	PAULO CAMPOS	FARQUIM	M	49	01:41:55	01:42:21	04:50	M45
644	215	32	ANTONIO GONCALVES	FARQUIM	M	50	01:41:56	01:42:23	04:50	M50
572	216	90	SERGIO COSTA		M	30	01:42:13	01:42:35	04:51	MSEN
274	217	4	DOMINGOS CUNHA		M	60	01:42:30	01:42:42	04:51	M60
257	218	33	TIAGO MENDES		M	49	01:42:38	01:42:45	04:52	M45
249	219	91	EMANUEL BRAGA	MOUNTAINBYTERS	M	29	01:42:28	01:42:55	04:51	MSEN
265	220	92	ANTONIO MIGUEIS	AMA ASSOCIACAO MONDIM ATLETISMO	M	31	01:42:47	01:42:56	04:52	MSEN
472	221	93	ANGELO MARTINS	OLIMPICO VIANENSE TRAIL	M	34	01:42:20	01:42:56	04:51	MSEN
201	222	94	JOSE MARTINS	AGUIAS DE ALVELOS	M	36	01:42:47	01:42:58	04:52	MSEN
318	223	40	PAULO MONTEIRO	VIDA ATIVA RUNNERS	M	42	01:42:43	01:43:00	04:52	M40
434	224	34	PAULO VIEIRA	VIDA ATIVA RUNNERS	M	46	01:42:44	01:43:00	04:52	M45
282	225	41	GUSTAVO TAVEIRA		M	41	01:42:49	01:43:02	04:53	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
535	226	42	FILIPE RIBEIRO		M	43	01:42:41	01:43:11	04:52	M40
299	227	5	RAUL FERNANDES	CERVEIRA TEAM RUNNING	M	65	01:43:19	01:43:21	04:54	M60
532	228	43	FLAVIO SILVA		M	42	01:43:13	01:43:27	04:53	M40
278	229	95	NELSON FERREIRA	DOMOWEB	M	31	01:43:19	01:43:29	04:54	MSEN
491	230	35	JOAO SANTOS		M	45	01:43:12	01:43:29	04:53	M45
105	231	44	EDUARDO RIBEIRO	A. D. AMARANTE ATLETISMO	M	43	01:43:19	01:43:35	04:54	M40
632	232	7	MARCIA BANDEIRA	VIDA ATIVA RUNNERS	F	39	01:43:29	01:43:36	04:55	FSEN
298	233	96	CARLOS FERNANDES	CERVEIRA TEAM RUNNING	M	29	01:43:32	01:43:36	04:55	MSEN
625	234	6	DIAMANTINO COELHO	EUROTRANSMISSAO	M	69	01:43:34	01:43:37	04:55	M60
484	235	45	JORGE BRITO	PINGUIM TEAM	M	43	01:43:41	01:43:49	04:55	M40
341	236	7	JOSE GOMES	CAPV	M	63	01:43:49	01:43:54	04:55	M60
631	237	9	MANUEL FARIA	CAVE ESPOSENDE	M	55	01:43:49	01:43:55	04:55	M55
254	238	97	NUNO CRUZ	ARCA BARCELOS RUNNERS	M	36	01:43:55	01:43:59	04:56	MSEN
496	239	46	RICARDO ROCHA	B.T.M.	M	40	01:43:59	01:44:30	04:56	M40
346	240	98	TIAGO OLIVEIRA		M	29	01:44:31	01:44:39	04:57	MSEN
584	241	33	RUI PEREIRA		M	54	01:44:27	01:44:44	04:57	M50
570	242	34	ANTONIO MENDES		M	54	01:44:30	01:44:44	04:57	M50
581	243	99	TIAGO MAIA		M	27	01:44:44	01:44:49	04:58	MSEN
213	244	1		213	M	0	01:44:29	01:44:52	04:57	Age Unknown Male
397	245	100	LEONEL VIDEIRA	NASCIDOS PARA CORRER	M	26	01:44:34	01:44:59	04:58	MSEN
370	246	36	SERGIO FERNANDES	CBC RUNNERS	M	47	01:44:59	01:45:06	04:59	M45
498	247	101	JOSE MOREIRA	PVZ	M	30	01:44:40	01:45:10	04:58	MSEN
304	248	37	CARLOS CARDOSO	R4C	M	46	01:44:53	01:45:11	04:58	M45
364	249	35	CARLOS MANO	FERREIROLUX	M	51	01:44:57	01:45:13	04:58	M50
225	250	38	PAULO CUNHA		M	47	01:45:10	01:45:23	04:59	M45
103	251	7	VALQUIRIA SILVA	BOAVISTA FC	F	41	01:45:24	01:45:26	05:00	F40
495	252	39	JOSE CASTRO	B.T.M.	M	45	01:44:55	01:45:27	04:58	M45
624	253	47	JOAO PEREIRA		M	44	01:45:13	01:45:32	05:00	M40
453	254	36	FIRMINO SILVA	ARCA BARCELOS RUNNERS	M	52	01:45:20	01:45:34	05:00	M50
307	255	40	VITOR DINIS	BEFITNESS RUNNERS	M	45	01:45:16	01:45:34	05:00	M45
520	256	48	ULISSES LOPES	BRACARA GENUS	M	44	01:45:34	01:45:34	05:00	M40
442	257	8	ANA CARDOSO	B LIFE OUTDOORTEAM	F	25	01:44:59	01:45:38	04:58	FSEN
253	258	49	JOAO SUBIDA		M	41	01:45:27	01:45:59	05:00	M40
369	259	102	BRUNO FERNANDES	CBC RUNNERS	M	25	01:45:57	01:46:04	05:01	MSEN
449	260	103	JOEL GOMES	AGUIAS DE ALVELOS	M	30	01:45:47	01:46:09	05:01	MSEN
633	261	104	ANDRE MATOS		M	34	01:45:49	01:46:16	05:01	MSEN
463	262	50	JOAO OLIVEIRA	SOCIEDADE RECREIO CEPANENSE	M	40	01:46:06	01:46:19	05:02	M40
455	263	105	HUGO AZEVEDO	TURTLE RUNNERS	M	36	01:45:45	01:46:23	05:01	MSEN
108	264	37	ANTONIO GONCALVES	A. D. AMARANTE ATLETISMO	M	53	01:46:29	01:46:32	05:03	M50
114	265	8	OSVALDO TEIXEIRA	A. D. AMARANTE ATLETISMO	M	62	01:46:30	01:46:32	05:03	M60
478	266	38	JOAO ARAUJO		M	53	01:46:02	01:46:38	05:01	M50
207	267	51	FRANCISCO FREITAS		M	42	01:46:30	01:46:55	05:03	M40
551	268	41	CARLOS FREIXO	EXPERENCIAR	M	49	01:46:51	01:46:59	05:04	M45
475	269	42	RUI PINTO	@PODIOS	M	49	01:46:55	01:47:01	05:04	M45
357	270	9	FERNANDO SOUSA	FERREIROLUX	M	63	01:46:56	01:47:04	05:04	M60

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
426	271	43	CARLOS VIEIRA	OS CACHOS	M	49	01:46:45	01:47:04	05:04	M45
629	272	10	ANTONIO TEIXEIRA	VITORIA SPORT CLUB	M	58	01:46:59	01:47:08	05:04	M55
504	273	106	JOSE SILVA	B LIFE OUTDOORTEAM	M	37	01:46:29	01:47:10	05:03	MSEN
243	274	44	JOSE SILVA	CAP CENTRO DE ATLETISMO DO PORTO	M	45	01:46:56	01:47:18	05:04	M45
316	275	107	RICARDO MOREIRA	ATALANTA RUNNERS	M	35	01:46:49	01:47:20	05:04	MSEN
223	276	108	CESAR RODRIGUES		M	23	01:47:08	01:47:21	05:04	MSEN
573	277	109	JORGE PEREIRA	B LIFE OUTDOORTEAM	M	39	01:46:48	01:47:30	05:04	MSEN
269	278	52	MARCOS GOMES	BRAGA RUNNERS	M	41	01:47:22	01:47:37	05:05	M40
206	279	110	WILLIAM SANTOS		M	27	01:47:24	01:47:40	05:06	MSEN
277	280	11	JOSE AMARAL	DOMOWEB	M	58	01:47:34	01:47:45	05:06	M55
330	281	45	ANTONIO COSTA	OS ROMPE SOLAS	M	49	01:47:37	01:47:46	05:06	M45
527	282	46	JOSE COSTA	BRACARA GENUS	M	47	01:47:48	01:47:48	05:06	M45
443	283	47	ANTONIO CAPITAO		M	46	01:47:50	01:47:56	05:07	M45
567	284	111	FERNANDO MENDES		M	35	01:47:18	01:47:58	05:05	MSEN
635	285	53	SERGIO BASTOS	NEIVA RUNNERS	M	40	01:47:24	01:48:01	05:06	M40
639	286	39	FERNANDO ALVES	OLIMPICO VIANENSE TRAIL	M	52	01:47:56	01:48:05	05:07	M50
216	287	112	HUGO FERREIRA		M	38	01:48:01	01:48:26	05:07	MSEN
480	288	54	PAULO FARIA	AGUIAS DE ALVELOS	M	41	01:48:04	01:48:27	05:08	M40
649	289	113	TIAGO PAIS	FARQUIM	M	32	01:48:33	01:48:56	05:09	MSEN
538	290	40	ANTONIO FERREIRA		M	52	01:48:27	01:48:57	05:08	M50
203	291	55	MARIO ROSAS	WEDO RUNNERS	M	44	01:48:47	01:49:00	05:09	M40
438	292	56	JOSE TEIXEIRA	SS BOX	M	40	01:49:09	01:49:15	05:11	M40
507	293	114	ADRIANO NEIVA	B LIFE OUTDOORTEAM	M	28	01:48:36	01:49:17	05:09	MSEN
468	294	41	LUIS VIEIRA		M	50	01:49:21	01:49:21	05:11	M50
654	295	48	PAULO PEDRA	EDV VIANA TRAIL	M	45	01:49:23	01:49:43	05:11	M45
580	296	115	NUNO COSTA	GTTARMAZEM DO CAFFE	M	27	01:49:45	01:49:50	05:12	MSEN
337	297	9	HELENA FERREIRA		F	31	01:49:54	01:50:00	05:13	FSEN
602	298	57	JOAQUIM GAYO	SULNOR	M	41	01:50:17	01:50:20	05:14	M40
112	299	8	CLARA CARVALHO	A. D. AMARANTE ATLETISMO	F	48	01:50:09	01:50:24	05:13	F40
109	300	42	JOSE AZEVEDO	A. D. AMARANTE ATLETISMO	M	52	01:50:08	01:50:24	05:13	M50
437	301	10	SUSANA CARRASQUINHO	SS BOX	F	37	01:50:26	01:50:33	05:14	FSEN
444	302	49	CARLOS FERNANDES		M	47	01:50:29	01:50:36	05:14	M45
517	303	10	AVELINO PEREIRA	CCDTC.M.GONDOMAR	M	71	01:50:31	01:50:50	05:14	M60
410	304	11	ARMINDO SILVA		M	63	01:50:24	01:50:53	05:14	M60
297	305	11	MARIA PINTO		F	32	01:50:53	01:51:08	05:15	FSEN
597	306	58	PAULO CAMPOS		M	42	01:51:12	01:51:12	05:16	M40
356	307	12	JUSTINO COUTADA	FERREIROLUX	M	63	01:51:00	01:51:22	05:16	M60
358	308	116	JOAO RIBEIRO	FERREIROLUX	M	37	01:51:08	01:51:28	05:16	MSEN
547	309	50	JOAO RODRIGUES		M	46	01:51:27	01:51:30	05:17	M45
622	310	12	FATIMA VEIGA	CYCLONES SANITOP	F	25	01:51:32	01:51:40	05:17	FSEN
608	311	59	NUNO RODRIGUES		M	41	01:50:53	01:51:43	05:16	M40
404	312	117	JOAO MARTINS		M	24	01:51:36	01:51:48	05:18	MSEN
273	313	13	ISABEL HENRIQUES	TERRORES DO ASFALTO	F	37	01:51:18	01:51:48	05:16	FSEN
365	314	51	JOAO ARANTES	FERREIROLUX	M	49	01:51:32	01:51:52	05:17	M45
303	315	118	JOEL SANTOS		M	25	01:51:58	01:52:23	05:18	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
239	316	119	PEDRO NUNES		M	36	01:51:58	01:52:23	05:18	MSEN
411	317	120	BRUNO GONCALVES		M	35	01:52:24	01:52:49	05:19	MSEN
557	318	14	CELIA CUNHA		F	35	01:52:48	01:53:01	05:21	FSEN
471	319	121	PAULO CARVALHO		M	31	01:53:12	01:53:36	05:22	MSEN
524	320	15	JOANA ALVES		F	22	01:53:18	01:53:44	05:23	FSEN
525	321	52	FABER MARTINS		M	46	01:53:23	01:53:49	05:23	M45
598	322	13	ALBINO VALE		M	66	01:53:54	01:54:03	05:24	M60
447	323	122	PEDRO CRUZ		M	39	01:53:40	01:54:07	05:23	MSEN
232	324	123	CARLOS FARDILHA		M	37	01:53:48	01:54:10	05:24	MSEN
646	325	12	FERNANDO VALENTE	FARQUIM	M	56	01:54:09	01:54:17	05:24	M55
395	326	124	RICARDO DELFIM	FREE MIND	M	39	01:53:52	01:54:19	05:24	MSEN
360	327	13	JOSE FARIA	FERREIROLUX	M	59	01:54:10	01:54:24	05:25	M55
388	328	60	LUIS CARVALHO	SEGUROBRAGA	M	42	01:53:44	01:54:29	05:24	M40
566	329	14	JOSE MOTA	NUCLEO ATLETISMO DAS TAIPAS	M	55	01:54:30	01:54:49	05:26	M55
470	330	125	MIGUEL FARIA		M	22	01:54:59	01:55:19	05:27	MSEN
427	331	43	MANUEL CARNEIRO	OS CACHOS	M	52	01:55:04	01:55:24	05:27	M50
587	332	44	JOSE FERREIRA	BRAGUINHAS RUNNERS	M	52	01:54:58	01:55:25	05:27	M50
319	333	16	ELISABETE COSTA	BRAGUINHAS RUNNERS	F	38	01:54:59	01:55:25	05:27	FSEN
237	334	126	MARCO SOUSA	E.LECLERC DE BARCELOS	M	34	01:55:20	01:55:26	05:28	MSEN
522	335	17	VERA FERNANDES	BRAGUINHAS RUNNERS	F	36	01:55:09	01:55:36	05:27	FSEN
531	336	53	EMANUEL MELO		M	45	01:55:23	01:55:37	05:28	M45
647	337	54	DAVID SOUSA	FARQUIM	M	49	01:55:17	01:55:40	05:28	M45
421	338	61	ABEL ALMEIDA	BLIFE OUTDOOR TEAM	M	42	01:55:11	01:55:53	05:27	M40
235	339	15	ARMENIO SOUSA		M	58	01:55:47	01:56:05	05:29	M55
445	340	55	ANTONIO ALMEIDA		M	46	01:55:58	01:56:15	05:30	M45
106	341	16	JORGE CERQUEIRA	A. D. AMARANTE ATLETISMO	M	59	01:56:13	01:56:24	05:31	M55
536	342	62	FRANCISCO MIRANDA		M	44	01:56:10	01:56:40	05:31	M40
606	343	127	RICARDO MOREIRA		M	26	01:56:26	01:56:52	05:31	MSEN
487	344	9	GRACA MARTINS	BARCELOS RUNNERS	F	40	01:56:51	01:56:55	05:32	F40
546	345	18	SANDRA PEREIRA		F	23	01:56:38	01:56:55	05:32	FSEN
620	346	128	EDUARDO FREITAS		M	24	01:56:20	01:57:01	05:31	MSEN
423	347	1	JOSE LOUREIRO	AMIGOS DA MONTANHA	M	6	01:56:51	01:57:03	05:32	erro
466	348	63	JOAO DOELLINGE	SOCIEDADE RECREIO CEPANENSE	M	44	01:57:00	01:57:09	05:33	M40
111	349	45	FERNANDO CERQUEIRA	A. D. AMARANTE ATLETISMO	M	52	01:56:56	01:57:11	05:32	M50
494	350	129	RUY MARTINS		M	39	01:57:23	01:57:32	05:34	MSEN
326	351	19	SANDRA SILVA	BEFITNESS RUNNERS	F	34	01:57:33	01:57:51	05:34	FSEN
321	352	64	VICTOR SANTOS	BLASQEM	M	44	01:57:56	01:57:59	05:36	M40
665	353	130	MIGUEL ARAUJO		M	37	01:57:51	01:58:01	05:35	MSEN
611	354	65	CARLOS OLIVEIRA		M	41	01:56:47	01:58:15	05:32	M40
263	355	10	LAURINDA ALMEIDA	B LIFE OUTDOORTEAM	F	45	01:58:01	01:58:42	05:36	F40
305	356	20	HELENA CASTRO	BEFITNESS RUNNERS	F	26	01:58:26	01:58:43	05:37	FSEN
607	357	56	JOSE SOUSA		M	45	01:59:15	01:59:45	05:39	M45
267	358	66	ARMANDO OLIVEIRA	GRUPO DESPORTIVO FIDELIDADE	M	44	01:59:34	02:00:02	05:40	M40
310	359	131	NELSON PEIXOTO	MOUNTAINBYTERS	M	32	01:59:41	02:00:08	05:41	MSEN
123	360	11	ELISABETE RIBEIRO	A. D. AMARANTE ATLETISMO	F	42	02:00:09	02:00:24	05:42	F40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
493	361	57	FABIO CRUZ		M	49	02:00:00	02:00:25	05:41	M45
505	362	21	SARA DUARTE	B LIFE OUTDOORTEAM	F	28	02:00:01	02:00:43	05:41	FSEN
648	363	132	AUGUSTO RIBEIRO	FARQUIM	M	32	02:01:00	02:01:22	05:44	MSEN
492	364	22	CARLA FIGUEIREDO	B LIFE OUTDOORTEAM	F	33	02:00:45	02:01:25	05:44	FSEN
526	365	133	NUNO PASSOS		M	38	02:01:14	02:01:53	05:45	MSEN
204	366	134	PAULO SILVA		M	35	02:01:26	02:01:59	05:45	MSEN
236	367	12	ISABEL PEREIRA		F	55	02:02:00	02:02:19	05:47	F40
439	368	14	AVELINO DIAS		M	61	02:02:14	02:02:22	05:47	M60
485	369	58	JOAO GONCALVES	BARCELOS RUNNERS	M	45	02:02:31	02:02:36	05:49	M45
486	370	13	ISABEL FERREIRA	BARCELOS RUNNERS	F	43	02:02:33	02:02:36	05:49	F40
454	371	14	MARIA AZEVEDO	BARCELOS RUNNERS	F	55	02:02:34	02:02:37	05:49	F40
366	372	15	CLAUDIA ALVES	VILA VERDE A CORRER	F	44	02:02:58	02:03:11	05:50	F40
479	373	16	FERNANDA LOPES	WETEACH RUN TEAM	F	48	02:02:54	02:03:23	05:50	F40
259	374	15	ALVARO FERREIRA		M	65	02:03:10	02:03:27	05:50	M60
456	375	23	SARA VERDELHO	TURTLE RUNNERS	F	36	02:02:48	02:03:28	05:49	FSEN
592	376	67	SIMAO FELIX	R/RONLINE	M	41	02:02:48	02:03:28	05:49	M40
380	377	68	PEDRO PEDROSO		M	44	02:02:50	02:03:30	05:49	M40
311	378	24	MONICA OLIVEIRA	MCDB	F	39	02:03:20	02:03:44	05:50	FSEN
332	379	135	NUNO SILVA	PIRATAS DA MONTANHA	M	25	02:03:22	02:03:56	05:51	MSEN
284	380	46	PAULO DIAS		M	53	02:03:34	02:03:57	05:52	M50
666	381	47	PAULO MATOS	GT RUNNERS	M	51	02:04:06	02:04:30	05:53	M50
544	382	25	PATRICIA CORREIA		F	24	02:05:50	02:06:30	05:58	FSEN
578	383	17	SONIA SANTOS	OS DOIS	F	42	02:05:54	02:06:30	05:58	F40
562	384	26	JOANA REBELO		F	35	02:06:06	02:06:36	05:59	FSEN
219	385	18	ANA TEIXEIRA		F	50	02:06:23	02:06:44	05:59	F40
669	386	136	JOSE MESQUITA	LUS TEXUGOS	M	27	02:06:24	02:06:46	06:00	MSEN
616	387	59	FERNANDO MARQUES		M	47	02:06:30	02:07:12	06:00	M45
448	388	60	COSME CAMPINHO		M	48	02:06:54	02:07:21	06:01	M45
663	389	19	ANA DURAES	LUS TEXUGOS	F	42	02:07:08	02:07:30	06:02	F40
513	390	61	FERNANDO ABREU		M	45	02:07:23	02:07:39	06:02	M45
270	391	27	SONIA OLIVEIRA		F	37	02:08:20	02:08:48	06:05	FSEN
342	392	137	TIAGO LEMOS		M	32	02:08:24	02:08:48	06:05	MSEN
393	393	20	ANA ROCHA		F	40	02:08:37	02:09:04	06:06	F40
385	394	21	ELVIRA PIMENTA	VILA VERDE A CORRER	F	47	02:09:05	02:09:18	06:07	F40
384	395	138	RICARDO PEREIRA	EMBRYO TEAM	M	38	02:09:06	02:09:22	06:07	MSEN
331	396	69	SERGIO COSTA	DELPHI	M	40	02:08:58	02:09:33	06:07	M40
474	397	48	JOAQUIM OLIVEIRA	RIOFIT RUNNING	M	50	02:10:19	02:10:33	06:10	M50
333	398	139	CARLOS OLIVEIRA	DELPHI	M	36	02:09:58	02:10:33	06:10	MSEN
396	399	28	CATIA TEIXIERA	FREE MIND	F	28	02:11:36	02:12:02	06:14	FSEN
508	400	22	MARIA BRAS		F	61	02:13:15	02:13:35	06:19	F40
585	401	23	MANUELA FERREIRA	PERNETAS	F	46	02:14:08	02:14:32	06:22	F40
320	402	29	LILIANA PINTO	PERNETAS	F	35	02:14:08	02:14:32	06:22	FSEN
275	403	24	MARIA AMORIM		F	58	02:14:18	02:14:46	06:22	F40
301	404	30	BARBARA BRANDAO	VIDA ATIVA RUNNERS	F	33	02:15:33	02:15:49	06:25	FSEN
300	405	140	PAULO FERNANDES	VIDA ATIVA RUNNERS	M	36	02:15:33	02:15:49	06:25	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Chip	Tempo	Ritmo	Escalão
347	406	16	JOSE AZEVEDO		M	65	02:16:46	02:17:09	06:29	M60
553	407	141	IGOR PINTO	PT TUDO	M	32	02:18:23	02:18:38	06:33	MSEN
515	408	31	CLAUDIA DIAS	PT TUDO	F	26	02:18:23	02:18:38	06:33	FSEN
554	409	32	ANA ALVITO		F	34	02:18:17	02:18:47	06:33	FSEN
588	410	33	MARTA FERREIRA	VIDA ATIVA RUNNERS	F	35	02:19:07	02:19:15	06:36	FSEN
490	411	142	NELSON FERREIRA	EXP / VINTAGE IBIZA	M	32	02:18:52	02:19:15	06:35	MSEN
541	412	25	MARIA AZEVEDO		F	45	02:19:50	02:20:19	06:38	F40
315	413	143	JOSE PAIVA		M	32	02:21:23	02:21:57	06:42	MSEN
240	414	144	JOSE FONSECA	RUPTURA TORAL	M	39	02:25:35	02:26:07	06:54	MSEN
638	415	145	JUSTINO CRUZ		M	34	02:26:56	02:27:23	06:58	MSEN
579	416	17	CARLOS MENDEZ	TROTADAS	M	57	02:28:18	02:29:06	07:02	M55
610	417	70	ANTONIO PEREIRA		M	41	02:32:05	02:33:17	07:12	M40
609	418	71	BRUNO DIAS		M	42	02:32:22	02:33:17	07:13	M40
542	419	26	MARIA RIBEIRO		F	50	02:34:02	02:34:30	07:18	F40