

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
4	1	1	RUI TEIXEIRA	SCPORTUGAL	M	36	01:09:25	MSEN 21
16	2	2	CARLOS COSTA	CLUBE DESPORTIVO SAO SALVADOR DO CAMPO	M	32	01:09:34	MSEN 21
3	3	3	RICARDO DIAS	SCPORTUGAL	M	33	01:09:50	MSEN 21
20	4	4	MIHAIL LALEV	SPORTING CLUBE BRAGA	M	36	01:11:48	MSEN 21
2	5	1	AUGUSTO COSTA	AMIGOS DA MONTANHA	M	48	01:11:51	M45 21
1	6	1	DOROTEIA PEIXOTO	AMIGOS DA MONTANHA	F	35	01:13:37	FSEN 21
9	7	5	NUNO COSTA	CLUBE DESPORTIVO SAO SALVADOR DO CAMPO	M	23	01:13:50	MSEN 21
100	8	1	FERNANDO GRILO	SIRA SOC INSTRUCAO E RECREIO ALDREENSE	M	42	01:14:00	M40 21
15	9	2	DAVIDE FIGUEIREDO	FIGUEIREDO S FRIENDS	M	46	01:15:32	M45 21
110	10	1	JOAQUIM LOPES	CLUBE DESPORTIVO SAO SALVADOR DO CAMPO	M	54	01:16:34	M50 21
5	11	2	MONICA SILVA		F	34	01:16:43	FSEN 21
425	12	6	DIOGO MIGUEIS	AGUIAS DE ALVELOS / SMART RUN	M	26	01:16:47	MSEN 21
8	13	2	ALFREDO PINHEIRO	AMARANTE	M	52	01:16:49	M50 21
24	14	3	MANUEL MENDES	VITORIA SPORT CLUBE	M	46	01:17:40	M45 21
219	15	3	JOSE ANDRADE	MOVIMENTO DE JUVENTUDE DE MERELIM	M	50	01:18:37	M50 21
115	16	7	HELDER PEIXOTO	C.D.S. SALVADOR DO CAMPO	M	25	01:18:43	MSEN 21
400	17	4	ADELINO FERNANDES	LIBERDADE F.C.	M	53	01:19:16	M50 21
2085	18	1	ANTONIO FARIA	CAVE ESPOSENDE	M	61	01:19:49	M60 21
369	19	4	ANTONIO VALE	CLUBE ATLETISMO FAFE	M	48	01:21:12	M45 21
11	20	1	CLAUDIA PEREIRA		F	42	01:21:17	F40 21
270	21	2	JOSE ALMEIDA		M	41	01:21:56	M40 21
301	22	5	PAULO MATOS	GULBENKIAN	M	47	01:22:50	M45 21
343	23	6	JOAQUIM ALVES	NASCIDOS PARA CORRER	M	49	01:23:21	M45 21
447	24	8	ANTONIO MAIA	KUNALAMARUNNERS	M	31	01:23:31	MSEN 21
355	25	3	JESSICA PONTES	S.C. BRAGA	F	23	01:24:07	FSEN 21
367	26	1	JOSE MOTA	NASCIDOS PARA CORRER	M	55	01:24:37	M55 21
7	27	2	CARLA MACHADO	UNIAO DESPORTIVA DE VARZEA	F	48	01:24:44	F40 21
101	28	9	HUGO FERREIRA	GRAMIDENSE IFC	M	38	01:24:49	MSEN 21
330	29	10	JORGE SANTOS	SIRA SOC INSTRUCAO E RECREIO ALDREENSE	M	33	01:25:44	MSEN 21
260	30	11	RICARDO SOUSA		M	37	01:25:58	MSEN 21
413	31	12	ORLANDO SILVA	DETRASPAFRENTE RUNNING TEAM	M	34	01:26:01	MSEN 21
332	32	5	JOSE MARTINS	SIRA SOC INSTRUCAO E RECREIO ALDREENSE	M	51	01:26:04	M50 21
386	33	7	EDUARDO LEMOS		M	46	01:26:07	M45 21
217	34	2	JOSE MONTEIRO	BAIRRO DE CARCAVELOS SYNERGIE	M	60	01:26:07	M60 21
23	35	3	RUI CARDOSO	ELCOMANDANTETEAM	M	43	01:26:14	M40 21
216	36	13	NUNO LOMBA	A.D.ESPOSENDE TRAIL RUNNING	M	34	01:26:18	MSEN 21
422	37	14	PEDRO TORRES		M	34	01:26:27	MSEN 21
251	38	15	CARLOS MARTINS	AIRO RUN	M	39	01:26:29	MSEN 21
391	39	2	JOSE AZEVEDO		M	55	01:26:46	M55 21
304	40	16	JOSE BARBOSA		M	35	01:27:10	MSEN 21
448	41	17	BRUNO GONCALVES	TEAM TRAIL BEM VIVER	M	26	01:27:33	MSEN 21
302	42	18	JOSE MARQUES	GULBENKIAN	M	39	01:27:53	MSEN 21
376	43	19	BRUNO COSTA	ARCA BARCELOS RUNNERS	M	36	01:28:17	MSEN 21
377	44	20	RICARDO MIRANDA	ARCA BARCELOS RUNNERS	M	28	01:29:05	MSEN 21

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
420	45	21	SALVADOR OLIVEIRA		M	26	01:29:46	MSEN 21
402	46	22	RUI ALVES	TRAIL ME	M	32	01:29:49	MSEN 21
445	47	3	JOAO SOUSA	VIDA ACTIVA RUNNERS	M	56	01:29:58	M55 21
329	48	8	JOAQUIM PINHEIRO	SHERATON PORTO	M	48	01:30:15	M45 21
215	49	9	ANTONIO CARDOSO	A.D.CARVALHAL	M	47	01:30:40	M45 21
348	50	4	MANUEL GOMES	A.D.CARVALHAL	M	43	01:30:58	M40 21
403	51	23	HELDER FARIA	AMIGOS DA ONCA	M	33	01:30:59	MSEN 21
375	52	24	MIGUEL SOARES	ARCA BARCELOS RUNNERS	M	38	01:31:05	MSEN 21
254	53	4	MANUEL MIRANDA	ACR RORIZ	M	55	01:31:20	M55 21
328	54	5	DAVID RODRIGUES	OS ROMPE SOLAS	M	55	01:31:33	M55 21
438	55	6	ANTONIO MEIRA	FERREIROLUX	M	52	01:32:04	M50 21
268	56	5	LUIS LIMA		M	41	01:32:08	M40 21
220	57	6	RICARDO AZEVEDO	ARPO ASSOCIACAO RECREATIVA POUSADENSE.	M	40	01:32:16	M40 21
259	58	25	JOAO PARALVAS	B.T.M.	M	24	01:32:23	MSEN 21
228	59	7	DOMINGOS VALE		M	43	01:32:30	M40 21
374	60	8	LUIS NECO	ARCA BARCELOS RUNNERS	M	43	01:32:43	M40 21
405	61	9	JORGE DOMINGUES	LEBRES MINHOTAS	M	44	01:33:14	M40 21
6	62	3	VANDA RIBEIRO	GRECAS	F	43	01:33:28	F40 21
365	63	26	VITOR CARDOSO	CTADTRILHOS DE CINFAES	M	39	01:33:38	MSEN 21
357	64	10	MIGUEL PEREIRA	CCDT.C.M.GONDOMAR	M	47	01:33:43	M45 21
258	65	10	PEDRO MIRANDA	VIDA ATIVA RUNNERS	M	42	01:33:53	M40 21
358	66	6	AMERICO PINTO	CCDT.C.M.GONDOMAR	M	56	01:33:58	M55 21
300	67	11	MIGUEL CARNEIRO		M	47	01:34:00	M45 21
404	68	11	ANTONIO DOMINGUES	LEBRES MINHOTAS	M	43	01:34:41	M40 21
320	69	7	JOSE CARDOSO	ARCA BARCELOS RUNNERS	M	51	01:34:44	M50 21
208	70	27	MIGUEL PEREIRA		M	35	01:35:33	MSEN 21
360	71	28	VITOR LIMA		M	30	01:35:43	MSEN 21
264	72	12	DIOGO OLIVEIRA		M	43	01:35:51	M40 21
370	73	12	NUNO CUNHA	GAZ	M	47	01:36:08	M45 21
411	74	8	TIAGO MENDES		M	50	01:36:37	M50 21
214	75	13	RUI FONTES		M	48	01:36:45	M45 21
368	76	4	CELINE GOMES	CDCR CTT PORTO	F	32	01:37:02	FSEN 21
239	77	29	PAULO FERNANDES	VIDA ATIVA RUNNERS	M	37	01:37:05	MSEN 21
465	78	30	PEDRO CUNHA	VIDA ATIVA RUNNERS	M	32	01:37:05	MSEN 21
429	79	13	FILIPE MARTINS		M	43	01:37:15	M40 21
347	80	14	RUI MARTINS		M	40	01:37:15	M40 21
294	81	14	ALVARO SOUSA	OS SANTA APOLONIA	M	48	01:37:15	M45 21
278	82	9	JOSE ARAUJO	AIRO RUN	M	53	01:37:15	M50 21
439	83	10	CARLOS MANO	FERREIROLUX	M	52	01:37:39	M50 21
299	84	15	JOSE SILVA		M	49	01:37:47	M45 21
350	85	11	ANTONIO CORUCHO	ATLETURISTAS	M	52	01:37:49	M50 21
13	86	16	FERNANDO BARROS	OPRATICANPE.PT / A. D. AMARANTE	M	46	01:38:06	M45 21
244	87	7	MANUEL COSTA	A.C. VERMOIM	M	59	01:38:09	M55 21
441	88	8	JOAQUIM FERREIRA	FERREIROLUX	M	58	01:38:26	M55 21

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
401	89	31	VITOR OLIVEIRA	ARCA BARCELOS RUNNERS	M	30	01:38:33	MSEN 21
426	90	17	RUI OLIVEIRA	GAIA TRAIL	M	46	01:38:44	M45 21
255	91	12	JOAQUIM RODRIGUES	ACR RORIZ	M	54	01:38:48	M50 21
261	92	15	NUNO MENESES	VAMOSEQUIPE	M	40	01:39:02	M40 21
396	93	32	BRUNO ESTEVES		M	36	01:39:33	MSEN 21
409	94	18	JOSE CASTRO	B.T.M.	M	46	01:39:35	M45 21
336	95	19	ERNESTO SOUSA		M	45	01:39:35	M45 21
443	96	13	MANUEL PEREIRA	FERREIROLUX	M	52	01:39:42	M50 21
460	97	14	RODRIGO COSTA		M	53	01:40:07	M50 21
452	98	20	MANUEL MARTINS	VO2 FITNESS	M	46	01:40:09	M45 21
205	99	4	MARIA FREITAS	OS ISABELINHAS	F	46	01:40:32	F40 21
283	100	16	LUIS PATRAO	ADE TRAIL RUNNING	M	44	01:40:43	M40 21
442	101	21	ANTONIO SILVA	FERREIROLUX	M	48	01:40:46	M45 21
269	102	15	ARNALDO RODRIGUES		M	54	01:40:51	M50 21
310	103	17	RUI COSTA	PORTO RUNNERS	M	41	01:40:54	M40 21
288	104	16	TURNACIONCARLOS COSTA		M	53	01:40:58	M50 21
253	105	33	CARLOS FERNANDES		M	30	01:41:01	MSEN 21
410	106	5	MARIA PINTO		F	33	01:41:04	FSEN 21
243	107	9	JOSE SA	SOCIEDADE RECREIO CEPANENSE	M	57	01:41:12	M55 21
262	108	34	CARLOS CARREIRA		M	38	01:41:13	MSEN 21
284	109	35	NUNO CRUZ	ARCA BARCELOS RUNNERS	M	39	01:41:15	MSEN 21
282	110	18	AIRES PATRAO	ADE TRAIL RUNNING	M	42	01:41:20	M40 21
281	111	19	RUI COUTO	ADE TRAIL RUNNING	M	43	01:41:21	M40 21
433	112	17	PAULO BOAS	AGUIAS DE ALVELOS	M	54	01:41:21	M50 21
364	113	20	RUI BOAS	A.D.CARVALHAL	M	41	01:41:26	M40 21
247	114	36	VITOR FONSECA		M	34	01:41:38	MSEN 21
415	115	37	CARLOS VALE	DETRASPARENTE RUNNING TEAM	M	33	01:41:47	MSEN 21
242	116	22	JOSE SILVA	CAP	M	46	01:41:48	M45 21
446	117	38	PEDRO NOGUEIRA	MARCO RUNNERS	M	27	01:42:17	MSEN 21
434	118	3	EDUARDO FERNANDES	FERREIROLUX	M	65	01:42:22	M60 21
440	119	18	DOMINGOS LAMEIRA	FERREIROLUX	M	51	01:42:22	M50 21
412	120	19	FILIPE SOUSA		M	51	01:42:27	M50 21
344	121	39	SERGIO GOMES	8FEET	M	39	01:42:45	MSEN 21
437	122	4	COSNTANTINO MOREIRA	FERREIROLUX	M	63	01:42:48	M60 21
408	123	21	JORGE BRITO	SLB...	M	44	01:43:28	M40 21
307	124	23	ANTONIO RIBEIRO		M	47	01:44:02	M45 21
430	125	22	PEDRO MORAIS		M	42	01:44:08	M40 21
397	126	40	BRUNO SILVA		M	36	01:44:15	MSEN 21
274	127	23	RICARDO ROCHA		M	41	01:44:23	M40 21
207	128	41	HUGO FERREIRA		M	39	01:44:28	MSEN 21
362	129	42	LUIS FERRAZ	CARACOLETAS	M	37	01:44:35	MSEN 21
453	130	6	ANA CARDOSO	FAMA RUNNERS	F	25	01:44:53	FSEN 21
202	131	43	PAULO SILVA	TEAM WORKOUT 48	M	30	01:45:11	MSEN 21
388	132	44	PAULO OLIVEIRA	VIDA ATIVA RUNNERS	M	27	01:45:20	MSEN 21

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
333	133	5	DOMINGOS CUNHA		M	61	01:45:40	M60 21
459	134	5	RUFINA VILLAR		F	53	01:45:44	F40 21
335	135	24	ANTONIO CAPITAO	CAVE ESPOSENDE	M	47	01:46:32	M45 21
275	136	20	ANTONIO ROSA		M	52	01:46:40	M50 21
267	137	45	RICARDO GUIMARAES		M	34	01:46:41	MSEN 21
316	138	46	LUIS CAMPOS	WTG	M	33	01:46:50	MSEN 21
293	139	24	MIGUEL FARIA	AGUIAS DE ALVELOS	M	42	01:46:59	M40 21
218	140	25	JORGE FERREIRA		M	45	01:47:00	M45 21
224	141	26	PAULO FRANCISCO	PAULO FRANCISCO RUNNER TEAM	M	49	01:47:04	M45 21
390	142	27	JOAO SANTOS		M	46	01:47:46	M45 21
303	143	28	MANUEL OLIVEIRA		M	49	01:47:51	M45 21
339	144	21	FERNANDO CARVALHO	S. S. MONTEPIO	M	53	01:48:01	M50 21
449	145	25	CESAR MELERO		M	42	01:48:21	M40 21
373	146	47	VITOR SA		M	37	01:48:36	MSEN 21
234	147	48	JOAO COUTO		M	35	01:48:51	MSEN 21
389	148	49	HELDER TORRES		M	36	01:49:02	MSEN 21
271	149	50	RICARDO CARVALHO	SECARIAS RUNNERS	M	34	01:49:14	MSEN 21
240	150	29	MANUEL ARAUJO	CALCA FOLHAS	M	45	01:49:28	M45 21
431	151	6	ANABELA LOPES		F	45	01:49:28	F40 21
306	152	10	RUI VILAR	PORTO RUNNERS	M	58	01:49:43	M55 21
297	153	51	RICARDO VIEIRA	VIDA ATIVA RUNNERS	M	35	01:49:46	MSEN 21
342	154	22	FERNANDO CUNHA		M	54	01:49:54	M50 21
334	155	7	MARGARIDA MAGALHAES	DESNIVEL POSITIVO	F	50	01:49:59	F40 21
102	156	52	MARCO SOUSA		M	34	01:49:59	MSEN 21
266	157	23	CARLOS JESUS	NUCLEO AMIGOS ATLETISMO LAGOS	M	51	01:50:31	M50 21
209	158	6	ARMINDO SILVA		M	64	01:51:24	M60 21
233	159	8	TANIA CAMPOS		F	41	01:51:56	F40 21
444	160	53	HUGO PEREIRA	FERREIROLUX	M	18	01:52:24	MSEN 21
298	161	26	ANTONIO COSTA		M	40	01:53:07	M40 21
290	162	7	SANDRA PEREIRA	GIVEC	F	24	01:53:16	FSEN 21
319	163	24	FIRMINO SILVA	ARCA BARCELOS RUNNERS	M	53	01:53:17	M50 21
305	164	30	FERNANDO ABREU	LONE RUNNER	M	46	01:53:34	M45 21
289	165	25	JORGE AZEVEDO	GIVEC	M	50	01:53:53	M50 21
291	166	27	RICARDO PACHECO	GIVEC	M	43	01:54:22	M40 21
12	167	54	GUSTAVO BENTO	OPRATICANTE.PT/A.D. AMARANTE	M	36	01:54:22	MSEN 21
423	168	31	PAULO VIEIRA	VIDAATIVARUNNERS	M	47	01:54:33	M45 21
451	169	28	PAULO MONTEIRO	VIDA ATIVA RUNNERS	M	43	01:54:33	M40 21
418	170	29	EDUARDO FONSECA	B.T.M.	M	43	01:55:26	M40 21
280	171	11	ANTONIO MORAIS	PORTO RUNNERS	M	55	01:55:30	M55 21
226	172	9	MARLENE COSTA		F	41	01:55:30	F40 21
436	173	7	FERNANDO SOUSA	FERREIROLUX	M	64	01:55:31	M60 21
354	174	8	ANA MATOS		F	22	01:55:31	FSEN 21
435	175	8	JUSTINO COUTADA	FERREIROLUX	M	64	01:55:31	M60 21
359	176	10	MONICA FERREIRA	SPIN E RUN ESPOSENDE	F	40	01:56:01	F40 21

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
231	177	26	VICTOR CUNHA		M	52	01:56:22	M50 21
227	178	30	ALBERTO RIBEIRO		M	42	01:56:24	M40 21
265	179	31	RUI FIGUEIRAS	ASSOCIACAO DESPORTIVA CARVALHAL	M	42	01:57:00	M40 21
349	180	11	INACIA VITORIANO		F	40	01:57:37	F40 21
399	181	12	MARIA RODRIGUES	BOM GOSTO	F	59	01:57:38	F40 21
398	182	32	YOAN CHACON	BOM GOSTO	M	46	01:57:38	M45 21
221	183	32	FERNANDO AZEVEDO	ARPO ASSOCIACAO RECREATIVA POUSADENSE.	M	41	01:58:16	M40 21
353	184	55	RICARDO ARAUJO		M	25	01:58:17	MSEN 21
250	185	27	ANTONIO CARVALHO	AMIGOS DO ATLETISMO POVOENSE	M	51	01:58:47	M50 21
248	186	33	RICARDO COSTA		M	43	01:59:11	M40 21
351	187	13	MARIA BRAS	SPIN E RUN ESPOSENDE	F	62	01:59:26	F40 21
286	188	28	JOSE LOUREIRO		M	50	01:59:33	M50 21
285	189	33	JOAO LINHARES		M	46	01:59:36	M45 21
241	190	34	FRANCISCO COSTA		M	49	01:59:44	M45 21
454	191	35	MARIO ROSAS	WEDO RUNNERS	M	45	01:59:46	M45 21
206	192	56	RUI MONTEIRO		M	32	01:59:52	MSEN 21
277	193	36	ARMANDO OLIVEIRA	GDC FIDELIDADE	M	45	01:59:55	M45 21
337	194	57	BENTO VIEIRA	ALMOSTRUNNERS	M	36	01:59:57	MSEN 21
245	195	9	ANA PATRICIA	B.T.M.	F	25	01:59:59	FSEN 21
371	196	58	HUGO SILVA		M	30	02:00:42	MSEN 21
407	197	12	MANUEL BATISTA	SPIN E RUN ESPOSENDE	M	58	02:00:58	M55 21
352	198	14	MARIA CAMPOS	SPIN E RUN ESPOSENDE	F	50	02:02:07	F40 21
356	199	9	AVELINO PEREIRA	CCDT.C.M.GONDOMAR	M	72	02:02:42	M60 21
256	200	37	FERNANDO EIRA		M	48	02:02:49	M45 21
378	201	10	AVELINO DIAS	ARCA BARCELOS RUNNERS	M	62	02:05:37	M60 21
419	202	10	CARLA ABILHEIRA		F	26	02:05:59	FSEN 21
417	203	59	PEDRO MAGALHAES	B.T.M.	M	30	02:06:00	MSEN 21
424	204	15	ANA FERREIRA		F	43	02:06:42	F40 21
229	205	38	JOAO GONCALVES		M	46	02:09:08	M45 21
287	206	16	MARIA AZEVEDO		F	56	02:09:09	F40 21
230	207	17	ISABEL FERREIRA		F	44	02:09:09	F40 21
428	208	13	DOMINGOS MACHADO		M	59	02:09:59	M55 21
345	209	29	JOAQUIM OLIVEIRA	8FEET	M	51	02:10:57	M50 21
292	210	11	DYANELIS CABALLERO	NASCIDOS PARA CORRER	F	39	02:11:35	FSEN 21
455	211	60	ANDRE MARTINS		M	18	02:11:53	MSEN 21
421	212	61	ABILIO CASANOVA		M	37	02:13:56	MSEN 21
341	213	62	RUI CARVALHO	S. S. MONTEPIO	M	39	02:15:06	MSEN 21
338	214	39	FRANCISCO MOREIRA	S. S. MONTEPIO	M	46	02:15:07	M45 21
340	215	34	LUIS RIBEIRO	S. S. MONTEPIO	M	43	02:15:07	M40 21
273	216	18	ANA ROCHA		F	41	02:16:43	F40 21
372	217	12	MARIA OLIVEIRA	B.T.M.	F	39	02:16:47	FSEN 21
427	218	40	ALCIDES FREIRE	TURBO MULA	M	46	02:19:41	M45 21
457	219	13	JOANA SILVA	METRALHAS RUNNERS	F	35	02:36:23	FSEN 21
456	220	35	PAULO MARTINS	B LIFE OITDOOR TEAM	M	40	02:36:24	M40 21