



12 ABRIL 2015
BMcar MEIA MARATONA
DE BARCELOS

Mini Maratona

Resultados Globais / Overall Results

Pos	Peitor. Bib#	Corredor Participant	Sexo Gen.	Ano YOB	Clube Club	Cat. Division	Tempo Time	Passo Pace	Dif. 1º Dif. 1st
1	19	MIGUEL BORGES	M / 1	1994	SPORT LISBOA E BENFICA	M-40 / 1	0:32:55	03:07	
2	38	OSCAR DANIEL GONÇALVES MEND	M / 2	1981	LIBERDADE F. C.	M-40 / 2	0:34:28	03:15	+0:01:33
3	1359	PEDRO SILVA	M / 3	1996		M-40 / 3	0:34:40	03:17	+0:01:45
4	110	JORGE SANTA CRUZ	M / 4	1989	SPORTING CLUBE BRAGA	M-40 / 4	0:35:26	03:21	+0:02:32
5	1358	RICARDO DA SILVA FERREIRA	M / 5	1980	CORREDORES DE ESTRADA	M-40 / 5	0:35:36	03:22	+0:02:41
6	1191	PAULO SÉRGIO LOPES JESUS	M / 6	1976	GRUPO RECREATIVO ESTRELA	M-40 / 6	0:36:51	03:29	+0:03:56
7	1340	PEDRO PONTES	M / 7	2012	ACPV	M-40 / 7	0:37:59	03:35	+0:05:04
8	1325	JOÃO PEDRO COSTA	M / 8	1966	GYM TONICO	M+40 / 1	0:39:08	03:42	+0:06:13
9	1341	RENATO SILVA	M / 9	1983	ACPV	M-40 / 8	0:39:41	03:45	+0:06:47
10	1168	JOANA CARVALHO	F / 1	1991	CYCLONES SANITOP	F-40 / 1	0:40:01	03:47	
11	39	TÂNIA DANIELA CARVALHO DA SIL	F / 2	1988	LIBERDADE F. C.	F-40 / 2	0:40:47	03:51	+0:00:47
12	1146	CARLOS ROLO	M / 10	1985	CONSTRUÇÕES ZININHO	M-40 / 9	0:40:58	03:52	+0:08:04
13	1057	ANTHONY LOPES	M / 11	1984	ENGOMADORIA L&A TEAM	M-40 / 10	0:41:13	03:53	+0:08:19
14	1017	JOSÉ AUGUSTO SANTOS VIANA	M / 12	1959	QUEIROZTEAM	M+40 / 2	0:41:28	03:54	+0:08:34
15	1074	JOSÉ MAURÍCIO TORRINHA	M / 13	1962		M+40 / 3	0:43:11	04:05	+0:10:17
16	1164	CATIA COSTA	F / 3	1989		F-40 / 3	0:43:27	04:06	+0:03:26
17	1222	HELDER FILIPE JARDIM PEREIRA	M / 14	1981	SCP	M-40 / 11	0:43:27	04:06	+0:10:33
18	1051	LUIS FILIPE MOTA	M / 15	1970	AIRÓRUN	M+40 / 4	0:43:27	04:06	+0:10:33
19	1342	EUGENIO LATA	M / 16	1973	ACPV	M+40 / 5	0:43:56	04:09	+0:11:01
20	1192	JORGE LUIS PARREIRA AUGUSTO	M / 17	1973		M+40 / 6	0:44:01	04:08	+0:11:06
21	1138	JORGE GOMES	M / 18	1977	MOVIMENTO DE JUVENTUDE DE	M-40 / 12	0:44:08	04:10	+0:11:14
22	1167	EUNICE TAVARES	F / 4	1985	SPORTING CLUBE BRAGA	F-40 / 4	0:44:19	04:11	+0:04:19
23	1046	FRANCISCO PEREIRA	M / 19	1970	AIRÓRUN	M+40 / 7	0:44:28	04:12	+0:11:34
24	1315	PEDRO ANDRE GOMES MARTINS	M / 20	1986	QUEIROZ TEAM	M-40 / 13	0:45:00	04:14	+0:12:06
25	1088	PAULO CÉSAR VIEIRA FERNANDES	M / 21	1980	VIDA ATIVA RUNNERS	M-40 / 14	0:45:05	04:15	+0:12:10
26	1169	BRUNO PEREIRA	M / 22	1988	E.LECLERC	M-40 / 15	0:45:46	04:18	+0:12:51
27	1240	JOÃO MIGUEL OLIVEIRA LEITE	M / 23	1990	TRAVASSOS	M-40 / 16	0:46:12	04:18	+0:13:17
28	1327	PEDRO MIGUEL RAMOS LIMA	M / 24	1982		M-40 / 17	0:46:19	04:21	+0:13:25
29	1050	NUNO MOTA	M / 25	1995	AIRÓRUN	M-40 / 18	0:46:41	04:25	+0:13:46
30	2271	JOSÉ OLIVEIRA BARBOSA PEREIRA	M / 26	1969	AIRÓRUN	M+40 / 8	0:46:41	04:24	+0:13:47
31	1084	MARA COSTA	F / 5	1986		F-40 / 5	0:47:41	04:28	+0:07:40
32	25	ORLANDO JOEL FERNANDES COSTA	M / 27	1979	DOMINGO A CORRER ÀS 9 / Á	M-40 / 19	0:48:24	04:33	+0:15:30
33	1318	HUGO PAÇO DO CASAL	M / 28	1977	CAO VIANENSE	M-40 / 20	0:48:37	04:34	+0:15:43
34	1019	BALTAZAR JOAQUIM JESUS FERREI	M / 29	1967	INDIVIDUAL	M+40 / 9	0:48:59	04:35	+0:16:05
35	1185	JOSÉ CARLOS DA SILVA GOMES	M / 30	1969	DOMINGO A CORRER AS 9 / Á	M+40 / 10	0:49:07	04:37	+0:16:13
36	1239	JOSÉ CASIMIRO SILVA ARAÚJO	M / 31	1964		M+40 / 11	0:49:16	04:39	+0:16:22
37	1013	LUIS MIGUEL PIRES DA CRUZ	M / 32	1998	INDIVIDUAL	M-40 / 21	0:49:19	04:39	+0:16:24
38	1173	FERNANDO CÉSAR BARBOSA MEND	M / 33	1982	DOMINGO A CORRER ÀS 9 / Á	M-40 / 22	0:49:21	04:38	+0:16:27
39	1158	JOÃO MIGUEL VENDA GONÇALVEZ	M / 34	1975		M-40 / 23	0:49:29	04:37	+0:16:34
40	1320	EDUARDO ALBERTO MACHADO PIM	M / 35	1980	BICIGALOS	M-40 / 24	0:49:39	04:41	+0:16:45
41	1151	FRANCISCO PEREIRA FARIA	M / 36	1965		M+40 / 12	0:49:46	04:39	+0:16:52
42	2678	PAULO JORGE NOVO DE ARAÚJO GO	M / 37	1971		M+40 / 13	0:50:16	04:40	+0:17:21



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Pos	Bib#	Participant	Gen.	YOB	Club	Division	Time	Pace	Dif. 1st
43	1276	ADRIANA ISABEL SILVA GOMES	F / 6	1984		F-40 / 6	0:50:23	04:46	+0:10:22
44	1069	JOSÉ CARLOS ANDRADE TELES	M / 38	1973	INDIVIDUAL	M+40 / 14	0:50:28	04:46	+0:17:33
45	1286	HIPÓLITO JOSÉ OLIVEIRA MARTINS	M / 39	1967		M+40 / 15	0:50:38	04:46	+0:17:43
46	1284	VALDEMAR AGOSTINHO GONÇALV	M / 40	1971	INDIVIDUAL	M+40 / 16	0:50:45	04:44	+0:17:50
47	1272	PATRICIO CORREIA FERNANDES	M / 41	1980		M-40 / 25	0:50:46	04:43	+0:17:51
48	1321	HUGO RODRIGUES XAVIER	M / 42	1988	BICIGALOS	M-40 / 26	0:51:07	04:48	+0:18:13
49	1333	RICARDO FILIPE FIGUEIREDO FERRE	M / 43	1989		M-40 / 27	0:51:08	04:45	+0:18:13
50	1331	JOSÉ CARLOS GONCALVES DE MAT	M / 44	1984		M-40 / 28	0:51:08	04:45	+0:18:13
51	1299	ANDRE TORRES	M / 45	1977		M-40 / 29	0:51:08	04:47	+0:18:14
52	2143	ALBERTO MANUEL MESQUITA DE S	M / 46	1962	GRUPO DESPORTIVO FERROVIÁ	M+40 / 17	0:51:13	04:47	+0:18:18
53	1324	CONSTANÇA ROSA MARTINS OLIVEI	F / 7	1989		F-40 / 7	0:51:14	04:50	+0:11:13
54	1217	LUÍS GOMES	M / 47	1981	BARCELOS SAUDÁVEL	M-40 / 30	0:51:14	04:50	+0:18:20
55	1124	DIONÍSIO DA SILVA CARVALHO	M / 48	1972		M+40 / 18	0:51:31	04:50	+0:18:36
56	1195	PEDRO REINA	M / 49	1983	VARZIM TRIATLO	M-40 / 31	0:51:31	04:50	+0:18:36
57	1293	MANUEL JOAQUIM GOMES CALDAS	M / 50	1958		M+40 / 19	0:51:32	04:48	+0:18:38
58	1021	RICARDO COSTA	M / 51	1977		M-40 / 32	0:51:43	04:50	+0:18:48
59	1081	VITOR HUGO LEITE LEMOS	M / 52	1993		M-40 / 33	0:51:54	04:49	+0:19:00
60	1072	CARLOS EDUARDO LEIRAS DE FARI	M / 53	1985		M-40 / 34	0:51:56	04:44	+0:19:02
61	1076	CARLOS JESUS CUNHA FERREIRA	M / 54	1964		M+40 / 20	0:52:15	04:53	+0:19:21
62	1203	JOÃO REINA	M / 55	1982		M-40 / 35	0:52:24	04:55	+0:19:30
63	1236	JOSÉ CIPRIANO DA SILVA MOTA MA	M / 56	1948		M+40 / 21	0:52:25	04:57	+0:19:30
64	1156	JOSÉ PEDRO FREITAS SILVA FERREI	M / 57	1970		M+40 / 22	0:52:28	04:58	+0:19:33
65	1330	EDGAR ANDRÉ FERREIRA PEREIRA	M / 58	1978		M-40 / 36	0:52:42	04:54	+0:19:48
66	1049	DEOLINDA FARIA	F / 8	1969	AIRÓRUN	F+40 / 1	0:52:44	04:58	+0:12:43
67	1311	TIAGO MANUEL CARVALHO DUART	M / 59	1999	DUARTESFER TEAM	M-40 / 37	0:52:52	04:59	+0:19:57
68	1027	DIOGO FERREIRA MAIA	M / 60	1985		M-40 / 38	0:53:06	04:56	+0:20:12
69	1241	ANA FILIPA FREITAS TEIXEIRA	F / 9	1988	TRAVASSOS	F-40 / 8	0:53:16	04:58	+0:13:15
70	1346	RUI MANUEL FERREIRA DE MIRAND	M / 61	1977	RUMO AVENTURA	M-40 / 39	0:53:18	04:59	+0:20:24
71	1255	DIOGO FILIPE FERNANDES DA SILVA	M / 62	1959		M+40 / 23	0:53:19	05:00	+0:20:24
72	1282	RUI PINTO FERREIRA	M / 63	1981	PINTO FERREIRA	M-40 / 40	0:53:23	04:59	+0:20:28
73	1008	SIPE - SINDICATO INDEPENDENTE P	M / 64	1970	SIPE	M+40 / 24	0:53:24	05:00	+0:20:30
74	1126	JOÃO BATISTA FERREIRA DE SOUSA	M / 65	1961		M+40 / 25	0:53:26	05:01	+0:20:32
75	1123	JORGE MANUEL MIRANDA SILVA	M / 66	1984		M-40 / 41	0:53:26	05:01	+0:20:32
76	1277	JORGE LUIS FERNANDES ROCHA	M / 67	1976		M-40 / 42	0:53:34	04:59	+0:20:40
77	2229	RICARDO FERREIRA	M / 68	1986	MOVIMENTO DE JUVENTUDE DE	M-40 / 43	0:53:42	05:00	+0:20:47
78	1223	LUÍS CERQUEIRA	M / 69	1965	AMA - ASSOCIAÇÃO MONDIM A	M+40 / 26	0:53:42	05:01	+0:20:47
79	1176	EDUARDO PATRICIO PEDROSA DA C	M / 70	1978	DOMINGO A CORRER ÀS 9 / Á	M-40 / 44	0:53:45	05:02	+0:20:51
80	1136	HELDER DANIEL LOPES MATOS	M / 71	1995		M-40 / 45	0:53:49	05:03	+0:20:55
81	1150	JOSE LUIS SANTOS VASCONCELOS	M / 72	2002	QUEIROZ TEAM	M-40 / 46	0:53:50	05:00	+0:20:55
82	1242	ANDRÉ SIMÕES FARIA	M / 73	1988	DOMINGO A CORRER ÀS 9/ÁGU	M-40 / 47	0:53:51	05:03	+0:20:57
83	1225	TINO BRIZIDA	M / 74	1995	AMA - ASSOCIAÇÃO MONDIM A	M-40 / 48	0:53:54	05:02	+0:20:59
84	1143	VANESSA PAZ DA FONSECA	F / 10	1999		F-40 / 9	0:53:54	05:05	+0:13:53



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85	1135	VITOR HUGO POLERI LOPES	M / 75	1990		M-40 / 49	0:53:57	05:04	+0:21:03
86	1319	PAULO FILIPE FERNANDES MONTEI	M / 76	1975		M+40 / 27	0:53:58	05:05	+0:21:04
87	1275	JOAQUIM PEREIRA GOMES	M / 77	1960		M+40 / 28	0:54:03	05:06	+0:21:08
88	1224	FRANCISCO TEIXEIRA	M / 78	1965	AMA - ASSOCIAÇÃO MONDIM A	M+40 / 29	0:54:13	05:04	+0:21:18
89	1316	PAULO JORGE G. VIEIRA	M / 79	1970	VIDAATIVARUNNERS	M+40 / 30	0:54:17	05:07	+0:21:22
90	1137	FILIPA GOMES	F / 11	1986	MOVIMENTO DE JUVENTUDE DE	F-40 / 10	0:54:18	05:03	+0:14:17
91	1308	RUI MANUEL FERNANDES SILVA	M / 80	1975	DUARTESFER TEAM	M-40 / 50	0:54:25	05:03	+0:21:31
92	1188	PAULO JORGE SILVA DA COSTA	M / 81	1979	DOMINGO A CORRER AS 9 / Á	M-40 / 51	0:54:36	05:08	+0:21:41
93	1073	NUNO MIGUEL LEIRAS DE FARIA	M / 82	1979	LEIRAS FAMILY	M-40 / 52	0:54:36	04:59	+0:21:42
94	1202	ANTÓNIO JOAQUIM DE CARVALHO	M / 83	1969	INDIVIDUAL	M+40 / 31	0:54:38	05:06	+0:21:44
95	1086	BRUNO MIGUEL AZEVEDO SIMÕES	M / 84	1986	EDV - VIANA TRAIL	M-40 / 53	0:54:41	05:05	+0:21:46
96	26	JOEL AUGUSTO FERNANDES GOMES	M / 85	1986	DOMINGO A CORRER ÀS 9 / Á	M-40 / 54	0:54:48	05:09	+0:21:53
97	1251	LUÍS FILIPE VILAS BOAS CAMPOS	M / 86	1984		M-40 / 55	0:54:48	05:05	+0:21:54
98	1350	MÁRIO JORGE ALVES DA SILVA	M / 87	1975		M-40 / 56	0:54:54	05:07	+0:22:00
99	1253	RUI MANUEL ALVES SILVA	M / 88	1975		M-40 / 57	0:54:55	05:07	+0:22:00
100	1093	DIOGO ARAÚJO	M / 89	1987	SEISSA	M-40 / 58	0:55:07	05:11	+0:22:12
101	1348	JOSE AZEVEDO CARVALHO	M / 90	1967	RUMO AVENTURA	M+40 / 32	0:55:12	05:11	+0:22:18
102	1206	EDGAR ARTUR DOS SANTOS BARBO	M / 91	1965		M+40 / 33	0:55:15	05:12	+0:22:21
103	1175	ANTÓNIO MONTEIRO FIGUEIREDO	M / 92	1971	DOMINGO A CORRER ÀS 9 / Á	M+40 / 34	0:55:18	05:11	+0:22:24
104	1092	ANDRE ARAÚJO	M / 93	1981	SEISSA	M-40 / 59	0:55:23	05:13	+0:22:28
105	1122	FERNANDO MANUEL PEREIRA DA R	M / 94	1958		M+40 / 35	0:55:24	05:13	+0:22:30
106	1232	NUNO MIGUEL FERNANDES SILVA	M / 95	1982		M-40 / 60	0:55:25	05:15	+0:22:30
107	1221	JOSE FERNANDES CAPITAO PEREIR	M / 96	1987		M-40 / 61	0:55:35	05:15	+0:22:40
108	1077	JOSÉ MAGALHÃES	M / 97	1945	ARPO - OS SANTA APOLÓNIA	M+40 / 36	0:55:42	05:11	+0:22:47
109	1337	CARLA CABREIRA	F / 12	2012	ACPV	F-40 / 11	0:55:47	05:16	+0:15:46
110	2136	EMÍLIO JOSÉ ALBERTO TRIGUEIRA	M / 98	1957	GRUPO DESPORTIVO FERROVIÁ	M+40 / 37	0:55:56	05:14	+0:23:02
111	1271	JOAO PAULO CARVALHO	M / 99	1982		M-40 / 62	0:55:59	05:12	+0:23:04
112	1111	ANDRÉ AMORIM	M / 100	1990		M-40 / 63	0:56:14	05:17	+0:23:19
113	1397	JOSÉ MÁRIO SÁ PEREIRA	M / 101	1975		M+40 / 38	0:56:16	05:19	+0:23:21
114	1184	AIRES CERQUEIRA FERNANDES	M / 102	1975		M-40 / 64	0:56:17	05:17	+0:23:22
115	1198	CARLOS MANUEL MIRANDA RODRI	M / 103	1986		M-40 / 65	0:56:19	05:15	+0:23:24
116	1314	DAVID RENATO MACEDO ALVES DA	M / 104	1981	-	M-40 / 66	0:56:21	05:17	+0:23:27
117	1347	AUGUSTO FERNANDO RODRIGUES S	M / 105	1971	RUMO AVENTURA	M+40 / 39	0:56:26	05:17	+0:23:32
118	1352	NELSON CESAR AZEVEDO PEREIRA	M / 106	1979		M-40 / 67	0:56:30	05:15	+0:23:35
119	1159	MARCO ANTONIO FERNANDES LOP	M / 107	1985		M-40 / 68	0:56:30	05:15	+0:23:36
120	1186	PEDRO CÉSAR FARIA MARTINS	M / 108	1982	DOMINGO A CORRER AS 9 / Á	M-40 / 69	0:56:34	05:19	+0:23:39
121	1304	PEDRO NUNO DA COSTA FARIA	M / 109	1981		M-40 / 70	0:56:42	05:19	+0:23:47
122	1306	JOAQUIM JOSÉ DE SOUSA LOUREIR	M / 110	1982		M-40 / 71	0:56:42	05:19	+0:23:47
123	1254	MARCIA VILAS BOAS BANDEIRA	F / 13	1977	VIDA ATIVA	F-40 / 12	0:56:47	05:18	+0:16:46
124	1121	TEOTÓNIO DA SILVA BOUCINHA	M / 111	1970		M+40 / 40	0:56:49	05:21	+0:23:55
125	1303	ARTUR MANUEL VELOSO GONÇALV	M / 112	1977	VIDA ATIVA	M-40 / 72	0:56:53	05:19	+0:23:58
126	1107	SERAFIM FERNANDES	M / 113	1977		M-40 / 73	0:56:55	05:21	+0:24:01



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127	1160	FRANCISCA OLIVEIRA DA SILVA	F / 14	1997	QUEIROZ TEAM	F-40 / 13	0:57:03	05:22	+0:17:02
128	1079	JOÃO DIAS DA CRUZ	M / 114	1961	BARCELOS SAUDÁVEL	M+40 / 41	0:57:07	05:23	+0:24:12
129	2524	AIRES CARQUEIJÓ PATRÃO	M / 115	1975	MOINHOS D'AVENTURA	M-40 / 74	0:57:10	05:20	+0:24:15
130	2523	RUI JORGE MARQUES COUTO	M / 116	1974	MOINHOS D'AVENTURA	M+40 / 42	0:57:10	05:20	+0:24:16
131	1288	JOAQUIM VILAS BOAS	M / 117	1971		M+40 / 43	0:57:17	05:23	+0:24:22
132	1269	YE JIANGE	M / 118	1974	INDIVIDUAL	M+40 / 44	0:57:17	05:22	+0:24:23
133	1326	HUGO JOEL FERNANDES DE SÁ PER	M / 119	1984		M-40 / 75	0:57:19	05:23	+0:24:24
134	1007	PAULO CARVALHO	M / 120	1975	FAURECIA RUNNERS	M-40 / 76	0:57:30	05:24	+0:24:36
135	1140	FERNANDO SALEIRO CUNHA	M / 121	1972		M+40 / 45	0:57:36	05:24	+0:24:42
136	1053	ALEXANDRE SOBRAL PINTO LISBOA	M / 122	1978		M-40 / 77	0:57:47	05:26	+0:24:53
137	1317	DOMINGOS HILARIO MACIEL DE CA	M / 123	1975		M-40 / 78	0:57:50	05:27	+0:24:56
138	1295	NUNO GONÇALO LEITE GONÇALVES	M / 124	1983	DURRAES	M-40 / 79	0:57:53	05:27	+0:24:59
139	1243	PAULO MANUEL SILVA VILAS BOAS	M / 125	1963		M+40 / 46	0:57:54	05:26	+0:25:00
140	1226	FREDERICO RIBEIRO	M / 126	1982	AMA - ASSOCIAÇÃO MONDIM A	M-40 / 80	0:57:56	05:23	+0:25:02
141	1197	CARLA ISABEL SOUSA GONÇALVES	F / 15	1977	VIDAATIVARUNNERS	F-40 / 14	0:57:58	05:25	+0:17:57
142	1356	RUI MANUEL DA SILVA FERREIRA	M / 127	1970	RUI FERREIRA	M+40 / 47	0:58:04	05:28	+0:25:10
143	1153	AGNIESZKA SZMURLO	F / 16	1992		F-40 / 15	0:58:13	05:27	+0:18:12
144	1336	EDUARDO TORRES	M / 128	1971	VIDA ATIVA	M+40 / 48	0:58:14	05:25	+0:25:20
145	1246	PAULA ISABEL DE CARVALHO FERR	F / 17	1978		F-40 / 16	0:58:16	05:26	+0:18:15
146	1247	FILIFE PIRES MARTINS	M / 129	1976		M-40 / 81	0:58:17	05:26	+0:25:22
147	1338	PAULO JORGE CARDOSO COSTA	M / 130	1973		M+40 / 49	0:58:26	05:27	+0:25:32
148	1264	EDUARDO MIGUEL FIGUEIREDO SO	M / 131	1971	BARCELOS SAUDÁVEL	M+40 / 50	0:58:28	05:29	+0:25:33
149	1102	PEDRO ALEXANDRE PIMENTA PERE	M / 132	1975	2SLOW2RUN	M-40 / 82	0:58:31	05:30	+0:25:37
150	1187	PAULO JORGE VIEIRA FARIA	M / 133	1975	DOMINGO A CORRER AS 9 / Á	M-40 / 83	0:58:32	05:30	+0:25:37
151	1261	JOSÉ MANO GOMES	M / 134	1988	BARCELOS SAUDÁVEL	M-40 / 84	0:58:40	05:29	+0:25:46
152	1335	SUSANA CRISTINA MARRUCHO CRU	F / 18	1979	CORREDORES DE STRADA	F-40 / 17	0:58:57	05:31	+0:18:56
153	1100	MANUEL JORGE GOMES PEREIRA	M / 135	1968		M+40 / 51	0:58:57	05:31	+0:26:03
154	1025	JOAO SOARES	M / 136	1989		M-40 / 85	0:59:03	05:29	+0:26:08
155	1263	CATARINA SILVA FERNANDES	F / 19	1973	BARCELOS SAUDÁVEL	F+40 / 2	0:59:13	05:33	+0:19:12
156	1270	CRISTÓVÃO ALBERTO MENDES TEI	M / 137	1970	VITORIA SEMPRE	M+40 / 52	0:59:14	05:32	+0:26:19
157	1174	AVELINO BATISTA FIGUEIREDO	M / 138	1971	DOMINGO A CORRER ÀS 9 / Á	M+40 / 53	0:59:17	05:35	+0:26:22
158	1323	MANUEL LUIS SILVA BRITO	M / 139	1965	FERREIROLUX	M+40 / 54	0:59:24	05:36	+0:26:29
159	1313	RUI MANUEL ALVES FONTES	M / 140	1974		M+40 / 55	0:59:56	05:37	+0:27:01
160	1201	ANDRE CARAVANA	M / 141	1985		M-40 / 86	1:00:05	05:36	+0:27:10
161	1106	MARIA SILVINA COELHO ESTEVES	F / 20	1983	TRAIL ME	F-40 / 18	1:00:05	05:38	+0:20:04
162	1252	JOANA MARIA AUSINA DA SILVA CO	F / 21	1981		F-40 / 19	1:00:06	05:37	+0:20:06
163	1267	ISABEL MARIA SA RIBEIRO PASSOS	F / 22	1967		F+40 / 3	1:00:11	05:39	+0:20:10
164	1307	MIGUEL AUGUSTO GAMA RIBEIRO	M / 142	1980		M-40 / 87	1:00:11	05:36	+0:27:17
165	1344	JOSÉ ANTÓNIO FERREIRA DA COST	M / 143	1966		M+40 / 56	1:00:18	05:37	+0:27:24
166	1154	JOSÉ CARLOS CAMPOS FERREIRA	M / 144	1982		M-40 / 88	1:00:21	05:38	+0:27:26
167	1268	DANIEL FERNANDES DE MACEDO	M / 145	1975		M-40 / 89	1:00:21	05:38	+0:27:27
168	1196	SARA TAVEIRA	F / 23	1986		F-40 / 20	1:00:26	05:38	+0:20:25



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169	1193	BERTA MARIA MADUREIRA RODRIG	F / 24	1975		F+40 / 4	1:00:27	05:42	+0:20:26
170	1305	MARGARIDA MARIA GOMES DA CO	F / 25	1984		F-40 / 21	1:00:32	05:41	+0:20:31
171	1043	MARIANA AUSINA CORREIA	F / 26	1986		F-40 / 22	1:00:44	05:41	+0:20:43
172	1328	SÓNIA MARIA MARQUES DO SANTO	F / 27	1975		F+40 / 5	1:00:47	05:43	+0:20:46
173	1108	MANUEL ALVES	M / 146	1958		M+40 / 57	1:00:57	05:44	+0:28:03
174	1062	LILIANA RAQUEL BRAGA TEIXEIRA	F / 28	1979	FAFE RUNNERS	F-40 / 23	1:01:00	05:45	+0:20:59
175	1329	SANDRA CRISTINA GOMES MARTIN	F / 29	1987		F-40 / 24	1:01:10	05:43	+0:21:10
176	1281	SARA MATILDE SOUSA FERNANDES	F / 30	1980		F-40 / 25	1:01:10	05:43	+0:21:10
177	1351	JOAQUIM ANDRÉ	M / 147	1957	FAMILIA ANDRÉ	M+40 / 58	1:01:11	05:44	+0:28:17
178	1022	JOSÉ MANUEL GOMES DA CUNHA	M / 148	1966		M+40 / 59	1:01:22	05:47	+0:28:27
179	1006	LUISA TRINDADE	F / 31	1972	FAURECIA RUNNERS	F+40 / 6	1:01:31	05:48	+0:21:30
180	1260	MARIZA FALCÃO	F / 32	1979	BARCELOS SAUDÁVEL	F-40 / 26	1:01:32	05:45	+0:21:31
181	1119	ANDRÉ RIBEIRO RODRIGUES	M / 149	1983	30OVER30MARATHON.ORG	M-40 / 90	1:01:35	05:45	+0:28:41
182	1357	JOÃO FRANCISCO DE ALMEIDA CUN	M / 150	1987		M-40 / 91	1:01:52	05:48	+0:28:58
183	1068	RUI MIGUEL RESENDE RUI MIGUEL	M / 151	1977		M-40 / 92	1:02:11	05:48	+0:29:16
184	1194	PAULO ALEXANDRE CARNEIRO	M / 152	1970	INDIVIDUAL	M+40 / 60	1:02:19	05:50	+0:29:25
185	1279	MARIA SALOMÉ SOARES	F / 33	1984	RENOVATIO	F-40 / 27	1:02:20	05:51	+0:22:19
186	1155	MARIA INES OLIVEIRA MARQUES	F / 34	1973		F+40 / 7	1:02:32	05:54	+0:22:31
187	1037	ANA ISABEL FERNANDES VIANA NA	F / 35	1981	MICKYS	F-40 / 28	1:02:36	05:54	+0:22:35
188	1036	SARA SOFIA FERNANDES VIANA NA	F / 36	1984	MICKYS	F-40 / 29	1:02:37	05:54	+0:22:36
189	1075	MANUEL RODRIGUES PEREIRA	M / 153	1967	GRUPO DESPORTIVO SANTANDE	M+40 / 61	1:02:37	05:53	+0:29:43
190	1178	FRANCISCO DOS SANTOS FIGUEIRE	M / 154	1973	DOMINGO A CORRER ÀS 9 / Á	M+40 / 62	1:02:40	05:53	+0:29:45
191	1189	DOMINGOS NELSON FERNANDES PE	M / 155	1975	DOMINGO A CORRER AS 9 / Á	M-40 / 93	1:02:40	05:53	+0:29:45
192	1023	MARIA ROSALINA LOPES DA COSTA	F / 37	1968	BARCELOS SAUDÁVEL	F+40 / 8	1:02:44	05:55	+0:22:43
193	1129	SARAH ALEXANDRA DIAS DA CUNH	F / 38	1978	NORTH RUNNERS	F-40 / 30	1:02:46	05:51	+0:22:45
194	1132	PEDRO MIGUEL PINTO DE ANDRADE	M / 156	1974	NORTH RUNNERS	M+40 / 63	1:02:46	05:51	+0:29:51
195	1258	JORGE LIMA DE SOUSA	M / 157	1962		M+40 / 64	1:02:48	05:54	+0:29:54
196	1213	VÂNIA MENDES COSTA	F / 39	1986		F-40 / 31	1:03:05	05:53	+0:23:04
197	1309	RICARDO JOSÉ SILVA VIANA	M / 158	1987	DUARTESFER TEAM	M-40 / 94	1:03:05	05:53	+0:30:11
198	30	NELSON MARIO FERNANDES FERRE	M / 159	1984	EXPLORAIDEIAS	M-40 / 95	1:03:06	05:58	+0:30:12
199	1101	CARLA SOFIA FARIA SENRA	F / 40	1987	SOPROJECTOS	F-40 / 32	1:03:17	05:55	+0:23:16
200	1294	BRUNO JOSE DA SILVA CARVALHO	M / 160	1992		M-40 / 96	1:03:18	05:55	+0:30:23
201	1095	FILIFE MANUEL MARTINS FERREIRA	M / 161	1981		M-40 / 97	1:03:20	05:54	+0:30:26
202	1163	LUÍS CARAPITO	M / 162	1984		M-40 / 98	1:03:22	05:54	+0:30:27
203	1245	MARIA ALZIRA OLIVEIRA ALVES	F / 41	1969		F+40 / 9	1:03:28	05:59	+0:23:27
204	1171	IVA MATOS VIANA	F / 42	1976		F-40 / 33	1:03:39	05:56	+0:23:38
205	1005	CAROLINA FIGUEIREDO	F / 43	1980	FAURECIA RUNNERS	F-40 / 34	1:03:40	05:59	+0:23:39
206	29	FILIPA CARVALHO	F / 44	1975	EQ. MARAVILHA	F+40 / 10	1:03:40	06:01	+0:23:40
207	1018	ANA MARIA CARVALHO MATOS	F / 45	1969	BARCELOS SAUDAVAL	F+40 / 11	1:03:44	06:01	+0:23:43
208	1237	MIGUEL PEDRO DE CARVALHO GAR	M / 163	1998	QUEIRÓS TEAM	M-40 / 99	1:03:46	05:57	+0:30:51
209	1147	MARIA MIRANDA	F / 46	1977	GRUPO DESPORTIVO LEOES DO	F-40 / 35	1:03:48	05:59	+0:23:47
210	1078	INÊS GONÇALVES PINTO DE AZEVE	F / 47	1998		F-40 / 36	1:03:48	05:57	+0:23:47



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211	1238	SANDRA DANIELA FERREIRA PINTO	F / 48	1982		F-40 / 37	1:03:57	06:00	+0:23:56
212	1127	MARIA LAURINDA REIS DE SOUSA	F / 49	1971	INTENSAS	F+40 / 12	1:04:08	06:01	+0:24:08
213	1233	MARIA CEU CARVALHO	F / 50	1977		F-40 / 38	1:04:08	06:01	+0:24:08
214	1128	LILIANA CAMPOS MARTINS	F / 51	1982	INTENSAS	F-40 / 39	1:04:12	06:02	+0:24:11
215	1211	HÉLDER RAFAEL DE SOUSA PARAD	M / 164	1977	2SLOW2RUN	M-40 / 100	1:04:13	06:02	+0:31:19
216	1349	RUI MANUEL CARVALHAL TORRES	M / 165	1977	RUMO AVENTURA	M-40 / 101	1:04:24	06:03	+0:31:29
217	1161	ARMINDA MANUELA MACHADO DI	F / 52	1964	QUEIROZ TEAM	F+40 / 13	1:04:33	06:03	+0:24:33
218	1177	DANIEL VIEIRA DA SILVA	M / 166	1985		M-40 / 102	1:04:38	06:02	+0:31:44
219	1166	NUNO MIGUEL MACHADO MARTINS	M / 167	1982		M-40 / 103	1:04:38	06:02	+0:31:44
220	1218	ISABEL PEREIRA DE CARVALHO	F / 53	1991	INDIVIDUAL	F-40 / 40	1:04:41	06:05	+0:24:41
221	1219	VÍTOR BRUNO DA SILVA FERREIRA	M / 168	1989	INDIVIDUAL	M-40 / 104	1:04:42	06:05	+0:31:47
222	1130	RICARDO JORGE AGUIAR VINAGREI	M / 169	1972	NORTH RUNNERS	M+40 / 65	1:04:47	06:03	+0:31:52
223	1274	PAULO SÉRGIO OLIVEIRA FERNAND	M / 170	1971	INDIVIDUAL	M+40 / 66	1:04:48	06:03	+0:31:54
224	1265	BARBARA FERREIRA	F / 54	1994	CLUBE R/R ONLINE	F-40 / 41	1:04:50	06:05	+0:24:49
225	1024	ANA RITA ALMEIDA	F / 55	1993	RITA ABREU	F-40 / 42	1:04:50	06:03	+0:24:50
226	1227	MANUEL MACHADO	M / 171	1950	AMA - ASSOCIAÇÃO MONDIM A	M+40 / 67	1:04:50	06:05	+0:31:56
227	1134	FRANCISCO MANUEL PIMENTA PER	M / 172	1980	NORTH RUNNERS	M-40 / 105	1:04:52	06:03	+0:31:57
228	1133	MARTA SOFIA FARIA PEREIRA	F / 56	1984	NORTH RUNNERS	F-40 / 43	1:04:52	06:03	+0:24:51
229	1141	ANTÓNIO COELHO	M / 173	1973		M+40 / 68	1:04:52	06:05	+0:31:58
230	1170	CRISTIANO SILVA	M / 174	1983	E.LECLERC	M-40 / 106	1:05:00	06:08	+0:32:05
231	1105	FERNANDO FERNANDES DE MIRAN	M / 175	1968		M+40 / 69	1:05:01	06:05	+0:32:06
232	1310	PEDRO MIGUEL SILVA SIMÕES	M / 176	1988	DUARTESFER TEAM	M-40 / 107	1:05:02	06:04	+0:32:07
233	1059	GONÇALO JOSÉ VILAS BOAS GOMES	M / 177	1999		M-40 / 108	1:05:10	06:07	+0:32:16
234	1230	ISABEL CRISTINA MAGALHÃES BAR	F / 57	1979		F-40 / 44	1:05:17	06:05	+0:25:17
235	1250	JOSÉ ANTÓNIO FERREIRA DE CAMP	M / 178	1975		M-40 / 109	1:05:19	06:06	+0:32:25
236	1216	SUSANA PATRICIA PEREIRA MIRAN	F / 58	1984		F-40 / 45	1:05:32	06:07	+0:25:31
237	1162	DINA ISABEL FERNANDES MONTEIR	F / 59	1988		F-40 / 46	1:05:33	06:07	+0:25:32
238	1334	DANIELA ESTEVES RODRIGUES	F / 60	1987		F-40 / 47	1:05:33	06:07	+0:25:32
239	1343	MANUEL FERREIRA FERNANDES	M / 179	1954		M+40 / 70	1:05:35	06:07	+0:32:40
240	1285	ISABEL MARIA GOMES PEREIRA	F / 61	1977		F-40 / 48	1:05:41	06:11	+0:25:40
241	1172	ORLANDO PEDRO MONTEIRO RODRI	M / 180	1986		M-40 / 110	1:05:45	06:08	+0:32:50
242	1099	SÓNIA MARIA MIRANDA GONÇALVE	F / 62	1974	INDIVIDUAL	F+40 / 14	1:05:50	06:11	+0:25:49
243	1029	MARIA AURORA SILVA	F / 63	1979	AURORA SILVA	F-40 / 49	1:05:56	06:11	+0:25:55
244	1028	MARIA JULIA LOPES COSTA	F / 64	1965	BARCELOS SAUDÁVEL	F+40 / 15	1:06:02	06:14	+0:26:01
245	1210	VALDEMIR HAILÉ VIEIRA ADÃO	M / 181	1977	SENIELIAH	M-40 / 111	1:06:11	06:11	+0:33:16
246	1112	HUGO DIOGO DOS SANTOS QUINTAS	M / 182	1990		M-40 / 112	1:06:12	06:10	+0:33:17
247	1345	NUNO EVANDRO SERRA OLIVEIRA	M / 183	1977		M-40 / 113	1:06:16	06:13	+0:33:22
248	1287	SERGIO MIGUEL FIGUEIREDO TORR	M / 184	1977		M-40 / 114	1:06:21	06:14	+0:33:27
249	1179	JULIO PAULO JARDIM FIGUEIREDO	M / 185	1974	DOMINGO A CORRER ÀS 9 / Á	M+40 / 71	1:06:31	06:15	+0:33:36
250	1040	SUSANA MARIA GOMES SOUSA	F / 65	1973	HAPPYFAMILY	F+40 / 16	1:06:42	06:06	+0:26:42
251	1089	MARIA DA CONCEIÇÃO RODRIGUES	F / 66	1964		F+40 / 17	1:07:05	06:17	+0:27:04
252	1142	MARIA DE LA SALETE DA SILVA MO	F / 67	1969		F+40 / 18	1:07:05	06:18	+0:27:04



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253	1302	NATÁLIA PATRICIA GUEDES DE OLI	F / 68	1982	SPEM - SOCIEDADE PORTUGUE	F-40 / 50	1:07:08	06:17	+0:27:07
254	1090	CARLOS ALBERTO MAGALHÃES MA	M / 186	1963		M+40 / 72	1:07:08	06:17	+0:34:14
255	1332	NUNO MIGUEL OLIVEIRA DA SILVA	M / 187	1989		M-40 / 115	1:07:27	06:20	+0:34:33
256	1060	MARIA DA GRAÇA GONÇALVES GO	F / 69	1972		F+40 / 19	1:07:38	06:21	+0:27:37
257	1157	LAURA FILIPA VENDA GONÇALVEZ	F / 70	1983		F-40 / 51	1:07:48	06:21	+0:27:47
258	1042	GUSTAVO JORGE MATOS NEVES	M / 188	1982		M-40 / 116	1:08:11	06:24	+0:35:16
259	1256	ROSALINA SUSANA ALVES DA SILV	F / 71	1981		F-40 / 52	1:08:44	06:25	+0:28:43
260	1228	TÂNIA ALEXANDRA FERREIRA CAR	F / 72	1980	MARINES	F-40 / 53	1:08:56	06:28	+0:28:55
261	1182	ALEXANDRE MANUEL FALCÃO BAR	M / 189	1979		M-40 / 117	1:08:56	06:27	+0:36:02
262	1234	RICARDO TOMÉ RIBEIRO GUIMARÃ	M / 190	1983		M-40 / 118	1:08:56	06:27	+0:36:02
263	1104	MARIA DE LURDES GUIMARAES FER	F / 73	1975		F+40 / 20	1:09:02	06:26	+0:29:01
264	1298	GABRIEL FALCÃO COSTA MARQUES	M / 191	1987		M-40 / 119	1:09:06	06:29	+0:36:11
265	1152	CARLA FERNANDA MARTINS SANT	F / 74	1973		F+40 / 21	1:09:08	06:27	+0:29:07
266	1283	MARIA DA LUZ FERNANDES DOS SA	F / 75	1984	QUEIROZ TEAM	F-40 / 54	1:09:08	06:27	+0:29:07
267	1204	VERA ELISABETE DIAS BARROSO	F / 76	1991	TEAM PROCRASTINATING	F-40 / 55	1:09:13	06:29	+0:29:12
268	1205	JORGE MIGUEL DO VALE FIGUEIRED	M / 192	1990	TEAM PROCRASTINATING	M-40 / 120	1:09:13	06:29	+0:36:19
269	1001	ROSA MARIA ANDRÉ	F / 77	1959	FAMILIA ANDRÉ	F+40 / 22	1:09:17	06:31	+0:29:16
270	1045	MARCOS PEREIRA	M / 193	1994	AIRÓRUN	M-40 / 121	1:09:27	06:32	+0:36:33
271	1296	EVA CRISTINA ARAÚJO GOMES	F / 78	1991		F-40 / 56	1:09:33	06:28	+0:29:32
272	1297	BERNARDO DANIEL SÁ LOPES	M / 194	1990		M-40 / 122	1:09:34	06:28	+0:36:39
273	1055	ELISA DE SOUSA ALVES LOPES	F / 79	1966	HAPPYFAMILY	F+40 / 23	1:09:36	06:22	+0:29:35
274	1257	ADELAIDE CRISTINA ALVES DA SIL	F / 80	1986		F-40 / 57	1:09:38	06:30	+0:29:38
275	1047	VÂNIA PEREIRA	F / 81	1970	AIRÓRUN	F+40 / 24	1:09:47	06:34	+0:29:46
276	1082	ADRIANA GONÇALVES	F / 82	1990	BARCELOS SAUDÁVEL	F-40 / 58	1:10:00	06:32	+0:29:59
277	1048	DEOLINDA PEREIRA	F / 83	1972	AIRÓRUN	F+40 / 25	1:10:08	06:36	+0:30:08
278	1300	ANA ALEXANDRA C. MARTINS	F / 84	1978	SPEM - SOCIEDADE PORTUGUE	F-40 / 59	1:10:30	06:40	+0:30:29
279	1115	SÉRGIO MANUEL BRITO FERNANDE	M / 195	1970	B LIFE	M+40 / 73	1:10:30	06:35	+0:37:35
280	1012	TIAGO FILIPE MIRANDA PIRES	M / 196	1980		M-40 / 123	1:10:43	06:37	+0:37:48
281	1280	ÂNGELA OLIVEIRA	F / 85	1991	RENOVATIO	F-40 / 60	1:10:58	06:40	+0:30:58
282	1278	MARTA MARIA CARVALHO DE NOR	F / 86	1987	RENOVATIO	F-40 / 61	1:10:58	06:40	+0:30:58
283	1041	RUI FILIPE LOPES DA CUNHA	M / 197	1990		M-40 / 124	1:11:12	06:40	+0:38:17
284	1354	HELENA ISABEL ANDRADE PEREIRA	F / 87	2000	INDIVIDUAL	F-40 / 62	1:11:13	06:44	+0:31:13
285	1262	RAQUEL FARIA	F / 88	1966	BARCELOS SAUDÁVEL	F+40 / 26	1:11:16	06:41	+0:31:15
286	1070	MARIA ADELAIDE MADUREIRA PER	F / 89	1958		F+40 / 27	1:11:50	06:46	+0:31:49
287	1080	FÁTIMA MORAIS	F / 90	1976		F-40 / 63	1:11:51	06:42	+0:31:50
288	1097	MARTA CONCEIÇÃO VILAS BOAS D	F / 91	1994		F-40 / 64	1:12:04	06:44	+0:32:03
289	1098	SARA SOFIA BRITO VILAS BOAS	F / 92	1982		F-40 / 65	1:12:04	06:44	+0:32:03
290	1139	MARIA FONSECA	F / 93	1969	VAMOS LÁ	F+40 / 28	1:12:10	06:48	+0:32:09
291	1145	JORGE DEOLINDO COSTA FREITAS	M / 198	1956	ERNESTO SÃO SIMÃO	M+40 / 74	1:12:16	06:49	+0:39:22
292	1249	SOFIA MIRANDA	F / 94	1996		F-40 / 66	1:12:31	06:47	+0:32:30
293	1248	GLÓRIA SILVA	F / 95	1965		F+40 / 29	1:12:37	06:47	+0:32:36
294	27	SUSANA SANTOS	F / 96	1982	EQ. MARAVILHA	F-40 / 67	1:12:44	06:53	+0:32:43



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Pos	Bib#	Participant	Gen.	YOB	Club	Division	Time	Pace	Dif. 1st
295	1273	DIANA FILIPA ARANTES MONTEIRO	F / 97	1986	QUEIROZ TIME	F-40 / 68	1:12:47	06:50	+0:32:46
296	1190	SÉRGIO DOMINGOS PEIXOTO CUNH	M / 199	1984		M-40 / 125	1:12:49	06:48	+0:39:55
297	1039	PEDRO DE SOUSA MOTA	M / 200	2002	HAPPYFAMILY	M-40 / 126	1:13:18	06:43	+0:40:23
298	1030	MARIA CONCEIÇÃO FERREIRA GOM	F / 98	1969	METRALHASBTT RUNNING	F+40 / 30	1:13:20	06:53	+0:33:19
299	1120	MARIA ALEXANDRA PEREIRA DA SI	F / 99	1975		F-40 / 69	1:13:28	06:54	+0:33:27
300	1056	DIANA RAQUEL DE SOUSA LOPES	F / 100	1989	HAPPYFAMILY	F-40 / 70	1:13:32	06:45	+0:33:31
301	1220	CRISTINA MARIA PAREDES GOMES	F / 101	1976		F-40 / 71	1:13:52	06:55	+0:33:51
302	1087	CÁTIA TEIXEIRA	F / 102	1988		F-40 / 72	1:13:53	06:49	+0:33:52
303	1035	ÂNGELA ARAUJO	F / 103	1983	MOVIMENTO DE JUVENTUDE DE	F-40 / 73	1:14:13	06:57	+0:34:12
304	1034	CARINA ALVES	F / 104	1981	MOVIMENTO DE JUVENTUDE DE	F-40 / 74	1:14:13	06:57	+0:34:12
305	1209	PAULO MIGUEL FERNANDES CUNH	M / 201	1978		M-40 / 127	1:14:18	06:57	+0:41:23
306	1208	VASCO MANUEL MAIA ARAÚJO	M / 202	1978		M-40 / 128	1:14:18	06:57	+0:41:24
307	1110	ANA CLÁUDIA FARIA DE ARAÚJO M	F / 105	1979		F-40 / 75	1:14:20	06:57	+0:34:19
308	1113	CLÁUDIA AZEVEDO LEITÃO	F / 106	1977		F-40 / 76	1:14:48	06:59	+0:34:47
309	1010	EMILIA JESUS REIS PEREIRA GONÇA	F / 107	1975	ADVENTOURS	F+40 / 31	1:14:48	06:59	+0:34:47
310	1229	TERESA SUSANA SILVA PEREIRA	F / 108	1987	CATRUNNERS	F-40 / 77	1:15:14	07:06	+0:35:13
311	1199	MARIA MANUELA PEREIRA ROCHA	F / 109	1986		F-40 / 78	1:15:15	07:03	+0:35:14
312	1002	IDALECIA ANDRÉ	F / 110	1980	FAMILIA ANDRÉ	F-40 / 79	1:15:30	07:07	+0:35:29
313	1094	PEDRO MANUEL SERRA DE MAGAL	M / 203	1979		M-40 / 129	1:15:57	07:06	+0:43:03
314	1109	HÉLDER ALVES	M / 204	1967		M+40 / 75	1:16:21	07:03	+0:43:27
315	1144	SARA ALEXANDRA VARELA CAMPO	F / 111	1990	ERNESTO SÃO SIMÃO	F-40 / 80	1:16:28	07:13	+0:36:27
316	1067	PAULO PINTO PEREIRA DE BARROS	M / 205	1968	M&M	M+40 / 76	1:16:29	07:04	+0:43:34
317	1125	LAURA CARRACEDO GARCIA	F / 112	1995	ATETISMO RÚA	F-40 / 81	1:16:29	07:09	+0:36:28
318	1353	FLAVIO DA CUNHA GOMES	M / 206	1992		M-40 / 130	1:16:59	07:14	+0:44:05
319	1058	ELISABETE FARIA OLIVEIRA	F / 113	1962		F+40 / 32	1:17:05	07:13	+0:37:04
320	1292	MARIANA QUEIRÓS	F / 114	1987	SPEM - SOCIEDADE PORTUGUE	F-40 / 82	1:17:09	07:12	+0:37:08
321	1065	INES PINTO PEREIRA DE BARROS	F / 115	1970	M&M	F+40 / 33	1:18:14	07:13	+0:38:13
322	1066	RUI ANTÓNIO MOREIRA LOSA FARI	M / 207	1968	M&M	M+40 / 77	1:18:16	07:14	+0:45:21
323	1149	MARIA PAULA GONÇALVES DOS SA	F / 116	1971	QUEIROZ TEAM	F+40 / 34	1:18:21	07:20	+0:38:20
324	1118	MARIA MANUELA PEREIRA DA SILV	F / 117	1975	QUEIROZTEAM	F-40 / 83	1:18:21	07:20	+0:38:20
325	1200	MARIA ALICE BRAGA OLIVEIRA DE	F / 118	1959		F+40 / 35	1:18:28	07:21	+0:38:27
326	1291	ORLANDO COSTA	M / 208	1998		M-40 / 131	1:19:09	07:27	+0:46:14
327	1212	ANA LUÍSA CARVALHO LOPES	F / 119	1983	2SLOW2RUN	F-40 / 84	1:19:12	07:27	+0:39:11
328	1301	CARLOS MANTA	M / 209	1977	SPEM - SOCIEDADE PORTUGUE	M-40 / 132	1:19:19	07:25	+0:46:25
329	1096	SERGIO EMANUEL BATISTA CORREI	M / 210	1986	GRUPO DESPORTIVO SANTANDE	M-40 / 133	1:19:27	07:29	+0:46:33
330	1016	RUI FINO	M / 211	1978		M-40 / 134	1:21:01	07:35	+0:48:07
331	1015	ELISABETE MACEDO GONÇALVES	F / 120	1986		F-40 / 85	1:21:02	07:35	+0:41:01
332	1148	BEATRIZ AUGUSTA MAGALHAES PE	F / 121	1995	QUEIROZ TEAM	F-40 / 86	1:21:40	07:39	+0:41:40
333	1183	SILVIA RAQUEL PEREIRA MATOS G	F / 122	1979		F-40 / 87	1:21:42	07:39	+0:41:41
334	1266	JOANA SERRA	F / 123	1994	BARCELOS SAUDÁVEL	F-40 / 88	1:22:41	07:49	+0:42:41
335	1063	ANA SOFIA RIBEIRO COSTA	F / 124	2001		F-40 / 89	1:23:02	07:50	+0:43:02
336	1064	SONIA MARIA MADUREIRA RIBEIRO	F / 125	1975		F-40 / 90	1:23:03	07:50	+0:43:02



Mini Maratona

Resultados Globais / Overall Results

Pos	Peitor.	Corredor	Sexo	Ano	Clube	Cat.	Tempo	Passo	Dif. 1°
Pos	Bib#	Participant	Gen.	YOB	Club	Division	Time	Pace	Dif. 1st
337	1011	MARIA ADELAIDE PERES DIAS ALM	F /	126	1975	F-40 / 91	1:23:20	07:49	+0:43:19
338	1214	DORITA COSTA CUNHA GOMES	F /	127	1968	F+40 / 36	1:23:44	07:52	+0:43:43
339	1259	CLARA DIAS	F /	128	1983 BARCELOS SAUDÁVEL	F-40 / 92	1:26:15	08:06	+0:46:14
340	1235	RICARDO MANUEL ALVES CACHAD	M /	212	1985	M-40 / 135	1:28:48	08:20	+0:55:53
341	1103	TINA SCIULLO FREIXO	F /	129	1978 INDIVIDUAL	F-40 / 93	1:29:10	08:16	+0:49:09
342	1312	RUI PEDRO CARVALHO BERNARDIN	M /	213	1998 DUARTESFER TEAM	M-40 / 136	1:35:42	09:02	+1:02:47
343	1207	FRANCISCO PEREIRA DE ALMEIDA	M /	214	1959	M+40 / 78	1:35:57	09:00	+1:03:02
344	1231	DIANA SOFIA SANTOS CORREIA CAE	F /	130	1984 PERNETAS	F-40 / 94	1:44:19	09:48	+1:04:18