

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
1	3010	José Moreira	Senior	M	CLUBE S.L.BENFICA	01:08:04	01:08:04
2	3007	Rui Muga	Senior	M	Ginásio Clube de Bragança	01:09:09	01:09:09
3	1544	JOSÉ SOUSA	Senior	M	XISTARCA	01:12:41	01:12:41
4	3012	Paulo Pereira	M35	M	NAC	01:13:26	01:13:26
5	3023	Marco Bernardo	Senior	M	Nucleo Atletismo Vila Real	01:13:58	01:13:58
6	3014	Nuno Romão	M40	M	Individual	01:14:11	01:14:11
7	1487	Nuno Tinoco	Senior	M	A.ACADÉMICA C ^a	01:14:24	01:14:24
8	1798	Baltazar Sousa	M45	M	Individual	01:15:06	01:15:06
9	3011	Filipe Coutinho	Senior	M	Individual	01:15:42	01:15:42
10	3004	Anália Rosa	Senior	F	Maratona Clube de Portugal	01:15:49	01:15:49
11	1803	Leonor Carneiro	Senior	F	Individual	01:16:14	01:16:14
12	1413	jose tojal	M45	M	g d 3 santos populares	01:16:23	01:16:23
13	1159	José Félix	M45	M	Linda a Pastora Sport. Clube	01:17:09	01:17:09
14	1630	Uwe Borsdorf	M45	M	Individual	01:17:21	01:17:21
15	1488	Rui Rodrigues	M35	M	A.ACADÉMICA C ^a	01:17:56	01:17:56
16	3008	Claúdia Pereira	Senior	F	Individual	01:18:04	01:18:04
17	1476	Mário Teixeira	Senior	M	Sporting Clube de Portugal	01:18:04	01:18:04
18	1792	Paulo Reis Reis	M45	M	Individual	01:18:41	01:18:41
19	1341	Nuno Marques	Senior	M	Poteeentes	01:18:56	01:18:56
20	3009	Carla Martinho	Senior	F	ADERCUS	01:19:33	01:19:33
21	1155	Paulo Pinto	M45	M	Individual	01:19:47	01:19:47
22	1415	messias dias	M40	M	g d 3 santos populares	01:20:02	01:20:02
23	1332	Ricardo Jorge Santos Moreira Moreira	Senior	M	Individual	01:20:47	01:20:47
24	1657	Joao Serras	Senior	M	Individual	01:21:01	01:21:01
25	1348	João Manuel Rodrigues	Senior	M	Individual	01:21:30	01:21:29
26	1287	BELMIRO RODRIGUES	M50	M	Individual	01:22:03	01:22:03
27	1400	NELSON CONSTANTINO	Senior	M	ELECTRICO FUTEBOL CLUBE	01:22:05	01:22:05
28	1704	Márcio Pereira	Senior	M	Atletismo GiraSOI	01:22:08	01:22:08
29	1397	Ricardo Costa	Senior	M	Individual	01:23:24	01:23:24
30	1489	Paulo Antunes	M40	M	A.ACADÉMICA C ^a	01:23:34	01:23:34
31	1144	António Dias	M55	M	Maratona Clube de Vila Chã Seia	01:23:39	01:23:39
32	1438	rodrigo costa	M50	M	Individual	01:24:39	01:24:39
33	1388	Rui Baptista	M40	M	Bttrain - Clube Ferroviário de Coimbra	01:24:46	01:24:46
34	1326	Romeu Correia	M40	M	Individual	01:25:03	01:25:03
35	1414	joaquim godinho	M60	M	g d 3 santos populares	01:25:10	01:25:10
36	1272	Márcio Loureiro Loureiro	Senior	M	SR Jardoeira	01:25:22	01:25:22
37	1223	Nuno André Moreira Soares	Senior	M	Individual	01:25:37	01:25:37
38	1355	José Gusman Barbosa	Senior	M	Suicidas Brácaros	01:25:38	01:25:38
39	1586	Carlos Filipe Leite Costa	Senior	M	Individual	01:25:40	01:25:40
40	1412	Vitor Francisco Francisco	Senior	M	Individual	01:26:29	01:26:29
41	1454	Iven Pinho	Senior	M	Caldas de São Jorge Sport Clube	01:27:24	01:27:24
42	1444	Micael Agostinho	Senior	M	Individual	01:27:36	01:27:36
43	1695	Duarte Canario	Senior	M	Individual	01:27:55	01:27:55
44	1642	Paulo Miguel Pereira Viegas	Senior	M	CoimbraTrailRunning	01:27:59	01:27:42
45	1329	Joaquim Gonçalves	M40	M	Individual	01:28:12	01:28:12

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
46	1619	Nelson Costa	M35	M	Individual	01:28:13	01:28:13
47	1100	Monica Moreiras Moreiras	Senior	F	NUCLEOEIRAS/SPORTZONE	01:28:44	01:28:44
48	1390	Hugo Coelho	M45	M	A R S M- São Miguel de Poiares	01:28:46	01:28:46
49	1794	Fernando Carvalho	M35	M	Individual	01:28:50	01:28:50
50	1291	paulo renato sousa marreiros	M40	M	Individual	01:28:52	01:28:49
51	1170	Paulo Silva	Senior	M	Individual	01:29:00	01:28:49
52	1255	NUNO ESPÍRITO SANTO	Senior	M	AÇOREANA CLUBE BANIF	01:29:01	01:29:01
53	1713	Pedro Nascimento	Senior	M	Individual	01:29:13	01:29:13
54	1425	António Padilha	Senior	M	Individual	01:29:20	01:28:36
55	1780	Jorge Rocha	M40	M	Individual	01:29:30	01:29:30
56	1146	António Pêgo	M45	M	CluVe - Clube de Veteranos de Atletismo de Coimbra	01:29:30	01:29:30
57	1623	Miguel Pato Vieira	M40	M	Royal School of Languages	01:29:31	01:29:14
58	1805	Paulo Abreu	M40	M	Individual	01:29:35	01:29:35
59	1383	José Leal	M40	M	Bttrain - Clube Ferroviário de Coimbra	01:29:36	01:29:36
60	1213	Sérgio Martins	M35	M	Individual	01:29:50	01:29:50
61	1703	Jorge Ferreira	Senior	M	Atletismo GiraSOI	01:29:56	01:29:56
62	1677	filipe torres	M35	M	Follow Runs	01:29:57	01:29:57
63	1384	Pedro Anselmo	M40	M	Bttrain - Clube Ferroviário de Coimbra	01:30:08	01:30:08
64	1624	Jorge Pato Vieira	M40	M	Royal School of Languages	01:30:15	01:29:58
65	1343	Roberto Machado	Senior	M	A.R.C. V.S.Cosme	01:30:16	01:30:16
66	1035	Nuno Dias	Senior	M	Clube de Atletismo da Barreira	01:30:23	01:30:20
67	1505	Ricardo Oliveira	M35	M	GDR Figueiras	01:30:23	01:30:20
68	1510	Jorge Aires	M40	M	Clube de Atletismo da Barreira	01:30:23	01:30:21
69	1354	José David Sousa	M35	M	Individual	01:30:28	01:30:28
70	1509	Luis Paulo	M45	M	Bahia	01:30:42	01:30:42
71	1490	Paulo Pereira	M45	M	A.ACADÉMICA C ^a	01:30:45	01:30:45
72	1808	David Amaral	M35	M	Individual	01:30:47	01:30:47
73	1151	Gustavo Francisco	Senior	M	Individual	01:30:58	01:30:58
74	1753	José Ferreira	M40	M	Individual	01:31:21	01:31:21
75	1195	Miguel Nascimento	Senior	M	Individual	01:31:22	01:30:56
76	1741	João Paulo Afonso	M35	M	Individual	01:31:30	01:30:44
77	1044	Tiago Castela	Senior	M	Individual	01:31:39	01:31:39
78	1602	José Bragada	M50	M	Individual	01:31:48	01:31:48
79	1718	Carlos Fernandes	M45	M	Individual	01:31:50	01:31:50
80	1315	joaquim antonio esgaio figueira figueira	M40	M	Individual	01:31:56	01:31:56
81	1102	Armindo Antunes	M35	M	Individual	01:32:08	01:31:43
82	1322	Maikol Simões	Senior	M	Litoralis, Saúde e Bem Estar	01:32:10	01:31:12
83	1211	Vitor Rodrigues Rodrigues	Senior	M	Individual	01:32:12	01:32:12
84	1122	Telmo Almeida	M40	M	Individual	01:32:29	01:32:29
85	1402	Rui Teixeira Teixeira	M50	M	Veteranos da Figueira	01:32:39	01:32:39
86	1395	Ricardo Nuno Carvalho	M35	M	Individual	01:32:41	01:32:14
87	1375	jose ferreira	M35	M	Individual	01:32:45	01:32:45
88	1358	Ivo Manuel Pereira	M35	M	Individual	01:32:48	01:32:48
89	1472	Alexandre Nuno Távora Almeida Mestre	M35	M	Individual	01:33:01	01:32:13
90	1015	Enrique Navarrete Gonzalez	M40	M	Individual	01:33:07	01:33:04

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
91	1477	Filipe Moreira	Senior	M	Individual	01:33:14	01:32:48
92	1724	Mário Barata	M40	M	Clube Fluvial de Coimbra	01:33:19	01:31:44
93	1060	Vitorino Sousa Cardoso	M55	M	Individual	01:33:22	01:33:18
94	1590	André Salgado	Senior	M	Individual	01:33:25	01:33:25
95	1473	Nuno Carvalho	Senior	M	Individual	01:33:31	01:33:31
96	1245	Rui Pedro Reis Ferreira	M40	M	Individual	01:33:32	01:33:32
97	1801	Cristóvão Gomes	Senior	M	Individual	01:33:36	01:33:36
98	1004	Paulo Alves	Senior	M	Falcões Selvagens	01:33:41	01:33:41
99	1389	Rui Rolim	M40	M	Bttrain - Clube Ferroviário de Coimbra	01:33:44	01:33:44
100	1772	Manuel Fernandes	M60	M	Individual	01:33:51	01:33:51
101	1469	Hugo Santos	Senior	M	CLUBE GALPENERGIA NORTE	01:33:51	01:33:51
102	1634	Evelina Shamarova	F40	F	Porto Runners	01:33:52	01:33:52
103	1359	ELISIO GONÇALVES	M40	M	Individual	01:34:28	01:34:28
104	1556	Miguel Abreu	M50	M	Individual	01:34:41	01:34:41
105	1738	Vítor Costa	Senior	M	Individual	01:34:46	01:34:37
106	1532	Ricardo Deus	Senior	M	Individual	01:34:49	01:34:03
107	1417	Heber Pires	Senior	M	Pascoalitos	01:34:51	01:34:51
108	1346	Miguel Bessa	Senior	M	Individual	01:34:57	01:34:57
109	1442	Jaime Junior	M40	M	Individual	01:35:01	01:34:44
110	1393	Carlos Dionísio	M45	M	A R S M- São Miguel de Poiares	01:35:03	01:35:03
111	1214	Sérgio Amaro Bastos Bastos	M35	M	Individual	01:35:04	01:34:35
112	1271	EUGÉNIO NEVES	M45	M	Individual	01:35:06	01:35:06
113	1797	carlos pimenta	M35	M	Individual	01:35:25	01:35:25
114	1380	Pedro Longuinho	Senior	M	Individual	01:35:26	01:35:26
115	1723	Luís Miguel Jardim Pires	Senior	M	Individual	01:35:36	01:35:36
116	1421	Jorge Alves	M45	M	Run@Figueira	01:35:39	01:35:22
117	1260	Joaquim Duarte Pires Pocinho	M55	M	AAC ATLETISMO	01:35:48	01:35:48
118	1268	JOAQUIM NOGUEIRA	M50	M	Individual	01:35:48	01:35:48
119	1608	Anibal Marques	M50	M	Individual	01:35:48	01:35:48
120	1434	Humberto Almeida	M40	M	Individual	01:35:50	01:35:50
121	1045	JOSÉ SOUSA	M40	M	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	01:35:50	01:35:50
122	1336	João Forte	Senior	M	Individual	01:35:51	01:35:35
123	1179	José Maia	Senior	M	Individual	01:36:00	01:36:00
124	1745	Paulo almeida	M35	M	Individual	01:36:10	01:36:10
125	1196	Luis Miguel Faria	M40	M	Individual	01:36:15	01:36:15
126	1220	Jorge Pimenta	Senior	M	Individual	01:36:20	01:36:20
127	1591	Martinho Pessoa	Senior	M	Individual	01:36:24	01:36:24
128	1164	Pedro Miguel Barros	M40	M	Individual	01:36:27	01:36:27
129	1114	Fernando Alhau	M50	M	Individual	01:36:37	01:36:37
130	1364	Rodrigo Quintal	M35	M	Individual	01:36:38	01:36:38
131	1025	Alexandra Lamas	F40	F	Individual	01:36:46	01:36:46
132	1257	Luís Miguel Alves Loureiro	Senior	M	Individual	01:36:47	01:35:47
133	1286	Tiago Costa	Senior	M	Individual	01:36:49	01:36:49
134	1795	António Morais	M40	M	Individual	01:36:50	01:36:50
135	1763	Luis Miguel Abade	M45	M	Individual	01:36:55	01:36:55

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
136	1560	Filipe Ismael Maia Rocha	Senior	M	Grupo Desportivo BPI	01:36:58	01:36:33
137	1698	Vasco Micaelo	M60	M	Individual	01:37:02	01:37:02
138	1073	José Manuel Gomes Nunes	M35	M	Individual	01:37:03	01:37:03
139	1123	Mario Carapinheiro	M50	M	Cluve- c.v.a.coimbra	01:37:04	01:37:04
140	1126	Joao Duarte	Senior	M	Individual	01:37:04	01:37:04
141	1562	joaquim madureira	M35	M	Individual	01:37:10	01:36:45
142	1614	Joao Rodrigues	M40	M	Individual	01:37:11	01:37:11
143	1333	Henrique Jorge Coelho	M40	M	X&Y	01:37:11	01:37:11
144	1335	Filipe José Pereira Alves de Sousa	Senior	M	Individual	01:37:11	01:37:11
145	1289	PEDRO RIBEIRO MACEDO	Senior	M	Individual	01:37:13	01:37:13
146	1615	André Fonte	Senior	M	Individual	01:37:16	01:37:16
147	1700	eduardo costa	M40	M	Individual	01:37:22	01:37:22
148	1089	André Magalhães	Senior	M	Individual	01:37:31	01:37:20
149	1247	Paulo Leitão	M45	M	Individual	01:37:33	01:37:10
150	1049	António Rui Merujo	M55	M	Individual	01:37:35	01:37:35
151	1541	Artur Dinis	M45	M	Individual	01:37:40	01:37:40
152	1244	António Espinha Monteiro	M40	M	Individual	01:37:47	01:37:32
153	1032	Tiago Fidalgo	Senior	M	Individual	01:37:47	01:37:47
154	1737	Miguel Melo	Senior	M	Individual	01:37:48	01:37:34
155	1074	Mauro Azevedo	M40	M	Individual	01:37:57	01:37:57
156	1339	Rui Daniel Dinis de Melo	Senior	M	Individual	01:38:05	01:38:05
157	1386	Arnaldo Ferreira	Senior	M	Bttrain - Clube Ferroviário de Coimbra	01:38:12	01:38:11
158	1165	Francisco Lobo	M50	M	Individual	01:38:14	01:38:14
159	1512	JOAQUIM FERNANDES	M40	M	Individual	01:38:15	01:38:15
160	1153	Luís Gomes	M35	M	Individual	01:38:16	01:37:57
161	1451	Fernando Manuel Rodrigues Agante	M50	M	Individual	01:38:19	01:38:19
162	1219	Mário Jorge Melo	Senior	M	Individual	01:38:37	01:38:37
163	1279	LUIS FILIPE GASPAS MACHADO	Senior	M	Individual	01:38:52	01:38:46
164	1147	António Carlos Bento de Almeida	M60	M	Lexvis-Assoc.Cult. e Desportiva Viseu	01:38:54	01:38:54
165	1042	John Olsen	Senior	M	Individual	01:38:54	01:38:54
166	1259	Carlos Nobre	Senior	M	Individual	01:39:01	01:38:41
167	1231	David Perdigoto	Senior	M	Individual	01:39:05	01:39:05
168	1011	Luis Miguel Torres	M40	M	Individual	01:39:17	01:39:17
169	1391	José Féteira	M45	M	A R S M- São Miguel de Poiares	01:39:21	01:38:56
170	1142	Allan Almeida	Senior	M	Individual	01:39:22	01:39:22
171	1046	Ricardo Bica	Senior	M	Individual	01:39:22	01:39:18
172	1474	José António Cardoso Rodrigues	M40	M	RUN@FIGUEIRA	01:39:26	01:39:11
173	1540	Edgar Rosa	M35	M	Individual	01:39:32	01:39:32
174	1356	ANTONIO MANUEL NEVES FERREIRA	Senior	M	Individual	01:39:33	01:39:06
175	1258	José Miguel Oliveira	Senior	M	Individual	01:39:36	01:39:36
176	1475	Vítor Paulo Duarte Caldeira	Senior	M	Individual	01:39:39	01:39:39
177	1751	sergio santos	M40	M	Individual	01:39:42	01:39:42
178	1429	Franklin Reis	M50	M	Individual	01:39:44	01:39:44
179	1809	Tiago Moreira	Senior	M	Individual	01:39:45	01:39:45
180	1522	José Santos	M45	M	Vial Seca Running Team	01:39:47	01:39:47

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
181	1014	João Gonçalves	M35	M	Individual	01:39:52	01:39:52
182	1274	Luís Manuel Bidarra Pais	M40	M	Individual	01:39:55	01:39:55
183	1584	Nuno Miguel Baptista Morais	Senior	M	Individual	01:40:03	01:39:36
184	1284	Salvador Silva	M40	M	Individual	01:40:07	01:40:07
185	1132	Ricardo Filipe Lapa da Silva	Senior	M	Individual	01:40:09	01:40:09
186	1116	Ricardo Cabrita	Senior	M	Individual	01:40:18	01:39:27
187	1264	Jorge Barbosa	M35	M	Individual	01:40:18	01:40:03
188	1065	Silverio Pinto	M45	M	Comporto	01:40:19	01:40:19
189	1002	RUI ANDRADE	M50	M	Individual	01:40:21	01:40:21
190	1194	MIGUEL PEREIRA	Senior	M	Individual	01:40:21	01:40:21
191	1311	João Tinoco	Junior	M	Individual	01:40:25	01:40:25
192	1294	David Jesus	Senior	M	Individual	01:40:38	01:40:38
193	1504	Maillard Séverine	F40	F	Individual	01:40:39	01:40:03
194	1068	Ricardo Santos	Senior	M	Individual	01:40:57	01:40:57
195	1517	Nuno Santos	M45	M	Individual	01:41:01	01:41:01
196	1352	Emanuel Dias Ferreira	Senior	M	Individual	01:41:02	01:40:42
197	1298	Jose Pedro Fernandes	Senior	M	Individual	01:41:15	01:41:05
198	1513	joaquim ferreira ferreira	M50	M	Individual	01:41:17	01:41:17
199	1305	Pedro Tiago Ferreira Soares Borges Lopes	Senior	M	Individual	01:41:22	01:41:21
200	1629	Hugo Albino Filipe Barqueiro	Senior	M	Individual	01:41:32	01:41:09
201	1361	Bruno Miguel Marques Teixeira	Senior	M	Individual	01:41:41	01:41:22
202	1574	João Cunha	Senior	M	Individual	01:41:42	01:41:42
203	1230	Miguel Caceiro	M40	M	Individual	01:41:48	01:41:24
204	1411	João Carlos Marques	M50	M	Individual	01:41:49	01:41:49
205	1606	José Geraldés	Senior	M	DENIROVIP	01:41:54	01:41:51
206	1664	Ricardo Aguiar	M40	M	Individual	01:41:56	01:41:56
207	1392	Rui Figueiredo	M35	M	A R S M- São Miguel de Poiares	01:41:59	01:41:26
208	1362	Luis Almeida	M40	M	Individual	01:42:01	01:42:01
209	1484	José Carlos Forte	M55	M	Individual	01:42:04	01:41:56
210	1495	Luís Manuel Leitão Canotilho	M55	M	Individual	01:42:13	01:42:13
211	1620	Fausto Pimentel	Senior	M	Individual	01:42:15	01:41:51
212	1238	Gonçalo Durão	M40	M	Juventude Vidigalense	01:42:17	01:42:17
213	1404	Angelo Pinho	M40	M	Individual	01:42:18	01:42:18
214	1774	Daniel Filipe Cunha Fernandes	Senior	M	Individual	01:42:20	01:42:16
215	1458	ANTONIO GOMES	M45	M	GINASIO CLUB SANTO TIRSO	01:42:29	01:42:29
216	1302	Carlos Manuel da Silva da Silva	M55	M	Os Cortiços	01:42:32	01:42:13
217	1731	PEDRO JOSÉ	Senior	M	Run@Figueira	01:42:37	01:42:16
218	1766	Joaquim Santos	M55	M	Individual	01:42:40	01:42:40
219	1781	Edgar Faria	Senior	M	Individual	01:42:47	01:42:47
220	1160	Fernando Costa	Senior	M	Os Amigos do Atletismo de Aviz	01:42:54	01:42:53
221	1675	Miguel Ribeiro	Senior	M	Individual	01:43:08	01:43:08
222	1663	Paulo Almeida	M35	M	Individual	01:43:10	01:43:10
223	1193	Alexandre Dias	Senior	M	Individual	01:43:11	01:43:11
224	1221	Helena Mourão	F50	F	Gdc castelo de paiva	01:43:15	01:43:11
225	1650	Rui Carrito	Senior	M	Individual	01:43:18	01:43:18

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
226	1457	ALBINO FERNANDES	M50	M	GINASIO CLUB SANTO TIRSO	01:43:21	01:43:21
227	1459	JOSE LEITE	M55	M	GINASIO CLUB SANTO TIRSO	01:43:21	01:43:21
228	1507	Carlos Camponez	M50	M	Clube do Stress	01:43:23	01:43:10
229	1470	Gonçalo Batista	Senior	M	Individual	01:43:26	01:43:19
230	1156	AMILCAR COSTA	Senior	M	Individual	01:43:27	01:43:27
231	1555	ANTÓNIO CORUCHO	M45	M	Individual	01:43:30	01:43:24
232	1005	Rui Pereira	Senior	M	Individual	01:43:32	01:43:32
233	1385	Luís Maia	M40	M	Bttrain - Clube Ferroviário de Coimbra	01:43:35	01:43:35
234	1242	António Manuel Cunha Pereira	M55	M	Clube Veteranos de Coimbra	01:43:38	01:42:47
235	1752	Luís Inácio	M35	M	Individual	01:43:39	01:43:39
236	1248	Rui Pedro Pena	M40	M	Individual	01:43:42	01:43:35
237	1166	JORGE BRUNO COELHO MOTA	M35	M	Individual	01:43:44	01:43:44
238	1351	Luis Miguel Moreira Mendes	M35	M	Individual	01:43:45	01:43:26
239	1545	Nuno Figueiredo	M35	M	Individual	01:43:49	01:43:21
240	1186	Ricardo Ferreira	Senior	M	Individual	01:43:56	01:43:56
241	1573	Rui António Santos Costa	M40	M	Individual	01:44:01	01:44:01
242	3006	Armando Manuel Pinto Macedo Macedo	M60	M	Individual	01:44:04	01:44:04
243	1022	PEDRO JACINTO	M40	M	Individual	01:44:07	01:44:06
244	1720	Antonio Lameira	M40	M	Vitalis	01:44:12	01:44:08
245	1239	Anibal pinho almeida Anibal almeida	M45	M	Individual	01:44:21	01:44:21
246	1749	Victor Santos	M50	M	Phive	01:44:26	01:44:26
247	1109	Milton Rodrigues	M35	M	Individual	01:44:34	01:44:34
248	1682	fernando santos	M50	M	Liberty	01:44:34	01:44:17
249	1187	Luis Filipe Jesus Miguel	M35	M	Individual	01:44:35	01:44:35
250	1342	Joana Moura	Senior	F	Poteeentes	01:44:37	01:44:37
251	1152	Fernando Jorge Alves Ferreira	Senior	M	Individual	01:44:40	01:44:14
252	1113	Pedro Barbosa Ribeiro	Senior	M	Individual	01:44:41	01:44:41
253	1376	Alexandre Duque Vieira	M35	M	Individual	01:44:43	01:43:42
254	1215	Artur Gandara	M35	M	Individual	01:44:47	01:43:54
255	1648	Marcos Dias	Senior	M	Individual	01:44:47	01:43:53
256	1254	Nuno Jerónimo Henriques Costa	M35	M	Individual	01:44:51	01:44:31
257	1432	João Santos	M40	M	Individual	01:44:54	01:44:54
258	1702	Jorge Assunção	M50	M	Individual	01:44:56	01:44:49
259	1407	Jorge Sousa	Senior	M	Individual	01:44:57	01:44:57
260	1563	gabriel moreira	Senior	M	Individual	01:45:01	01:44:36
261	1807	Luís Filipe Carvalheiro	M40	M	Individual	01:45:03	01:45:03
262	1396	Bruno Miguel Quintal	M40	M	Individual	01:45:04	01:45:04
263	1605	Ricardo Fernandes	Senior	M	DENIROVIP	01:45:05	01:45:03
264	1447	Pedro Varandas	M35	M	Individual	01:45:08	01:45:08
265	1533	Helder Araujo	M55	M	Individual	01:45:12	01:44:27
266	1313	Sérgio Silva	M40	M	SR Jardoeira	01:45:13	01:45:04
267	1304	Bruno Gil	Senior	M	Individual	01:45:13	01:44:59
268	1621	João Fernando	Junior	M	Individual	01:45:15	01:45:05
269	1140	Paulo Batista	M50	M	Individual	01:45:16	01:45:16
270	1535	PEDRO GONÇALO LOPES HENRIQUES	Senior	M	Individual	01:45:17	01:44:15

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
271	1748	Susana Morgado	F40	F	Phive	01:45:18	01:45:18
272	1198	Maria Mafalda Fernando	Junior	F	Individual	01:45:20	01:45:11
273	1598	Nelson Oliveira	Senior	M	Individual	01:45:21	01:45:13
274	1506	Marco Ribeiro	M45	M	Individual	01:45:23	01:45:23
275	1363	JULIO MARQUES	M50	M	Individual	01:45:24	01:45:24
276	1779	Diogo Barros	Senior	M	Individual	01:45:26	01:45:26
277	1455	Hugo Mayer Raposo Vaz Abade	Senior	M	Individual	01:45:29	01:45:03
278	1107	João Cacheira	Senior	M	Individual	01:45:29	01:44:55
279	1285	SONIA MAMEDE	Senior	F	Individual	01:45:32	01:45:25
280	1266	FABIO OLIVEIRA	Senior	M	Individual	01:45:32	01:45:02
281	1278	Antonio Dinis	Senior	M	Individual	01:45:51	01:45:28
282	1377	JOSE MANUEL COELHO FERNANDES	M40	M	Individual	01:45:52	01:45:52
283	1790	Renato Osório	Senior	M	As corridas do Marquês	01:45:53	01:45:53
284	1197	Pedro Alexandre Fernando	M45	M	Individual	01:46:11	01:46:03
285	1578	Hugo Rodolfo Campos Martins	M35	M	Individual	01:46:15	01:46:02
286	1233	Nuno Vasconcelos	Senior	M	CoimbraTrailRunning	01:46:16	01:46:00
287	1234	Filipa de Sá	Senior	F	CoimbraTrailRunning	01:46:16	01:46:00
288	1297	CARLOS COSTA	M45	M	Grupo Desportivo e Amizade nas Donas	01:46:17	01:46:17
289	1288	RUI SILVA	M40	M	Individual	01:46:17	01:46:07
290	1058	Pedro Ferreira	M35	M	Individual	01:46:17	01:46:17
291	1300	Vitor Fonseca	Senior	M	Individual	01:46:18	01:45:53
292	1382	Toze Almeida	M40	M	Bttrain - Clube Ferroviário de Coimbra	01:46:22	01:46:22
293	1711	Nuno Henrique Perdigão Cabral	Senior	M	Individual	01:46:23	01:46:23
294	1307	Cláudio Amaral	Senior	M	Burako	01:46:27	01:46:11
295	1433	Severina Almeida	Senior	F	Individual	01:46:33	01:46:33
296	1525	Jorge Rosa	Senior	M	Individual	01:46:39	01:46:39
297	1526	Fernando Rosa	Senior	M	Individual	01:46:39	01:46:39
298	1669	Pedro Laranjo	M40	M	Individual	01:46:40	01:46:40
299	1516	Carlos Manuel Costa de Sousa	Senior	M	Individual	01:46:42	01:46:39
300	1688	david camelo	Senior	M	Liberty	01:46:45	01:46:45
301	1542	Miguel Angelo Ferreira Custodio	Senior	M	Individual	01:46:48	01:46:48
302	1649	João Baptista	M45	M	Individual	01:46:49	01:46:25
303	1270	Gonçalo Ribeiro	Senior	M	Individual	01:47:01	01:46:57
304	1031	Paulo Fernandes	M45	M	AFIS/OVAR	01:47:04	01:47:04
305	1040	Carmo Marinho	Senior	F	Gil da Costa	01:47:13	01:46:46
306	1635	António Bernardo Mesquita	M60	M	Porto Runners	01:47:17	01:47:01
307	1083	Luis Carlos Dias Fernandes	Senior	M	Individual	01:47:18	01:47:18
308	1497	Marco Correia	Senior	M	Individual	01:47:19	01:46:19
309	1175	Rui Manuel Pacheco Duarte	M50	M	Karrapateira 1919	01:47:27	01:46:58
310	1659	Silvar Kallip	Senior	M	Individual	01:47:27	01:47:27
311	1687	antonio miranda	M50	M	Liberty	01:47:29	01:47:25
312	1685	cesar gonçalves	M35	M	Liberty	01:47:29	01:47:25
313	1134	António Augusto dos Reis Silva	M50	M	LOUSADA RUNNERS	01:47:29	01:47:25
314	1686	armando oliveira	M55	M	Liberty	01:47:29	01:47:27
315	1534	Tiago Rocha	Senior	M	Individual	01:47:47	01:47:39

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
316	1127	Ricardo Fernandes	Senior	M	Individual	01:47:48	01:47:18
317	1566	Filipe Gonçalves	Senior	M	Run Me...I'm Famous	01:47:53	01:47:53
318	1295	José Manuel Seromenho Duarte	Senior	M	Individual	01:47:54	01:47:01
319	1034	Manuel Augusto Gonçalves Rodrigues	M40	M	Individual	01:47:57	01:47:29
320	1378	VITOR GOMES	M50	M	Individual	01:48:01	01:47:56
321	1293	Igor Cardoso	Senior	M	Individual	01:48:05	01:47:24
322	1478	Jeremias Cardoso	M45	M	Individual	01:48:07	01:47:54
323	1778	João Dixo	Senior	M	Individual	01:48:14	01:48:14
324	1030	Goncalo Brito	Senior	M	Individual	01:48:15	01:47:29
325	1471	Rui simoes	Senior	M	Individual	01:48:20	01:47:53
326	1103	antonio marques	M45	M	Individual	01:48:31	01:48:31
327	1587	José Miguel Oliveira das Neves	Senior	M	Individual	01:48:33	01:48:08
328	1552	David Silva	Senior	M	Farmácia Luciano e Matos	01:48:35	01:48:13
329	1216	Francisco Bandeira	Senior	M	Individual	01:48:38	01:48:38
330	1800	Ricardo Moreira	Senior	M	Individual	01:48:38	01:48:38
331	1655	Renato Rodrigues	Senior	M	Individual	01:48:46	01:48:18
332	1141	Henrique Manuel Gomes Meireles	Senior	M	Individual	01:48:47	01:48:47
333	1416	David Pereira	Senior	M	Individual	01:48:50	01:48:32
334	1078	Carlos Barbosa	Senior	M	Grupo Desportivo Vale do Ave	01:48:51	01:47:47
335	1172	LUIS MANUEL OLIVEIRA E SOUSA	M45	M	Individual	01:48:53	01:48:46
336	1588	Jose Miguel Resende Franco Quintela	Senior	M	Individual	01:49:05	01:48:40
337	1765	JOSE MIGUEL LEMOS DE OLIVEIRA	M35	M	Individual	01:49:05	01:48:50
338	1667	Celso Pereira	M40	M	BTTRAIN - CLUBE FERROVIÁRIO DE COIMBRA	01:49:13	01:49:13
339	1521	Filipe Ramalheira	M35	M	Individual	01:49:20	01:49:20
340	1110	Miguel Ribeiro	M40	M	Individual	01:49:22	01:49:17
341	1501	Susana Cabral	F40	F	Run@Figueira	01:49:23	01:49:05
342	1299	José Carlos Fernandes	M50	M	Individual	01:49:38	01:49:32
343	1546	Gonçalo Martins	Senior	M	Individual	01:49:40	01:49:20
344	1410	Francisco Mason	Senior	M	Individual	01:49:41	01:47:19
345	1150	Pedro Canais	Senior	M	Individual	01:49:43	01:49:34
346	1094	Nuno Marques	M35	M	KeMedo	01:49:44	01:49:20
347	1310	António Manuel Lourenço Guedes	Senior	M	Individual	01:49:46	01:48:53
348	1137	FILIPE BAPTISTA	M40	M	Individual	01:49:46	01:49:04
349	1091	Manuel Batista	M45	M	Clube Ogma	01:49:50	01:49:50
350	1582	Vitor Pereira	M45	M	Individual	01:50:07	01:50:03
351	1321	Ricardo teixeira	M35	M	Individual	01:50:09	01:49:55
352	1174	Narciso Arromba	M60	M	Individual	01:50:45	01:50:45
353	1581	Patricia Gilde	F40	F	Individual	01:50:48	01:50:48
354	1202	José Alves	M60	M	SERVIÇOS SOCIAIS DA CAIXA GERAL DE DEPÓSITOS	01:50:50	01:50:47
355	1115	Carlos Martins	M40	M	Individual	01:50:52	01:50:52
356	1732	ANDRÉ MONTEIRO	M35	M	Run@Figueira	01:50:59	01:50:37
357	1161	Manuel Saraiva	M50	M	Os Amigos do Atletismo de Aviz	01:51:01	01:50:55
358	1224	Hélder Figueiredo Duarte	Senior	M	Individual	01:51:10	01:50:41
359	1690	Porfirio Pereira	M40	M	Liberty	01:51:12	01:51:12
360	1658	Fábio Diogo de Oliveira Antunes	Senior	M	Individual	01:51:12	01:50:42

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
361	1409	Carlos Amorim	Senior	M	Individual	01:51:14	01:48:56
362	1467	Luís Filipe Pinto de Albuquerque	M45	M	Individual	01:51:19	01:51:17
363	1019	Hélder Costa	Senior	M	Keep Running	01:51:22	01:50:22
364	1725	Rui Manuel Monteiro	M45	M	Holmes Place	01:51:26	01:51:03
365	1209	Jorge Miguel Paquim Serra Lopes	Senior	M	Individual	01:51:27	01:51:27
366	1445	Maria Isabel da Silva Fernandes	Senior	F	Individual	01:51:30	01:51:30
367	1227	CELIO DUARTE	Senior	M	Individual	01:51:39	01:50:44
368	1080	Gonçalo Rosado	Senior	M	Individual	01:51:43	01:51:32
369	1250	Carlos Galamba	M45	M	Individual	01:52:02	01:51:39
370	1531	Frederico Franco Madeira Fonseca	Senior	M	Individual	01:52:03	01:51:16
371	1468	Tiago Miguel Castanho Prazeres	Senior	M	Individual	01:52:04	01:52:04
372	1353	Sílvia Tomás	Senior	F	Individual	01:52:06	01:51:54
373	1008	Ricardo Jesus	Senior	M	Individual	01:52:10	01:51:56
374	1719	Ramiro Alves	M45	M	Holmes Place	01:52:11	01:51:44
375	1633	Tiago Filipe Mendes Figueiredo	Senior	M	Individual	01:52:14	01:51:44
376	1054	Hugo Barreto	Senior	M	Individual	01:52:16	01:52:16
377	1317	Paulo Jose Aleixo Godinho Nunes	M40	M	Individual	01:52:27	01:52:20
378	1316	João Carlos Correia Almeida	M45	M	Individual	01:52:27	01:52:21
379	1171	Samuel Soares	M35	M	Individual	01:52:40	01:52:40
380	1181	marco carneiro	M40	M	korpus academia saude estetica	01:52:44	01:52:44
381	1124	LUIZ HENRIQUE MENDES	M50	M	Individual	01:52:46	01:52:46
382	1492	David Lourenço	M35	M	Individual	01:52:47	01:52:23
383	1730	DANIEL MENDES	M35	M	Run@Figueira	01:52:48	01:52:32
384	1312	António Teixeira	M50	M	Individual	01:52:49	01:52:49
385	1290	Rui Brochado	M50	M	AKF Runners	01:52:50	01:52:50
386	1365	Jorge Pereira	Senior	M	AÇOREANA CLUBE BANIF	01:52:50	01:52:50
387	1016	Luís Costa	M40	M	Individual	01:53:08	01:53:08
388	1178	Ana Paula Santos	F50	F	Individual	01:53:13	01:53:13
389	1177	Helder Pinto	M35	M	Individual	01:53:14	01:53:11
390	1668	Pedro Marques	M40	M	Individual	01:53:21	01:52:37
391	1773	Nuno Pinto	Senior	M	Individual	01:53:30	01:53:30
392	1426	João Cavadas	M45	M	Individual	01:53:31	01:53:22
393	1357	Nuno Miguel Antunes Candido	Senior	M	Individual	01:53:36	01:53:08
394	1105	João Barreira	Senior	M	Run 4 Fun	01:53:45	01:53:45
395	1571	Luis Gaspar	Senior	M	Bombeiros Voluntários da Figueira da Foz	01:53:50	01:53:42
396	1023	Óscar Pinto	M45	M	Individual	01:53:51	01:53:47
397	1612	Camilo Fernández Lopera	Senior	M	Individual	01:53:51	01:52:56
398	1324	Filipe Carvalho	Senior	M	Litoralis, Saúde e Bem Estar	01:53:52	01:52:56
399	1309	Ana Margarida Morais Morais	Senior	F	Individual	01:53:55	01:52:59
400	1627	Rui Parreira	M35	M	Individual	01:54:01	01:53:03
401	1727	Rogério Pedro Oliveira Abrantes	Junior	M	Individual	01:54:01	01:53:53
402	1559	Frederico Monteiro dos Santos	Senior	M	Individual	01:54:03	01:53:34
403	1762	Marcelo Coutinho	Senior	M	Individual	01:54:08	01:53:50
404	1666	Joaquim Tavares	M50	M	Individual	01:54:10	01:53:27
405	1330	VITOR BARATA	M45	M	Grupo Desportivo e Amizade nas Donas	01:54:10	01:54:10

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
406	1491	Alexandra Faria	Senior	F	Individual	01:54:21	01:53:56
407	1173	José Mira Mira	M60	M	Clube Desportivo Asas do Milenium	01:54:32	01:54:32
408	1448	Celso Teixeira	Senior	M	Cavalinhos Runners	01:54:34	01:54:19
409	1647	Luis Oliveira	Senior	M	Individual	01:54:40	01:53:49
410	1328	Renato Carvalho	M35	M	CCDPJ Coimbra	01:54:48	01:54:48
411	1077	Paulo Machado	M45	M	Grupo Desportivo Vale do Ave	01:54:48	01:53:43
412	1422	Pedro Nogueira	M45	M	Run@Figueira	01:54:51	01:54:32
413	1207	Oscar Leite	M50	M	Veteranos do Porto	01:54:52	01:54:52
414	1093	BRUNO BOTELHO	Senior	M	Individual	01:54:59	01:54:09
415	1118	Mário Vilarinho	M60	M	Individual	01:55:07	01:55:07
416	1806	RUI PEREIRA	M50	M	Individual	01:55:08	01:55:08
417	1750	Rui Matos	Senior	M	Phive	01:55:11	01:54:32
418	1462	Luis José Barros	Senior	M	Individual	01:55:14	01:55:14
419	1662	JOSE ANTONIO NOGUEIRA MARTINS	M35	M	Individual	01:55:16	01:54:57
420	1387	Vasco Borges	M45	M	Bttrain - Clube Ferroviário de Coimbra	01:55:20	01:55:06
421	1154	Luís Fernandes	M45	M	Individual	01:55:20	01:55:06
422	1427	vasco marques marques	M40	M	Individual	01:55:21	01:55:14
423	1097	Filipa Ferro	Senior	F	Individual	01:55:21	01:55:21
424	1638	José Augusto Faro	M40	M	Individual	01:55:22	01:55:22
425	1637	Luis Fernandes	Senior	M	Individual	01:55:23	01:55:23
426	1208	Inácio Faísca	M35	M	Individual	01:55:24	01:55:10
427	1273	RENATO FERREIRA	M40	M	Individual	01:55:25	01:55:25
428	1674	liliana baltazar	Senior	F	Correr Lisboa	01:55:26	01:55:16
429	1594	Paulo Alexandre Duarte	Senior	M	Individual	01:55:30	01:54:38
430	1691	raquel vasconcelos	Senior	F	Liberty	01:55:51	01:55:51
431	1721	Jaime Vasconcelos de Carvalho	M45	M	Individual	01:56:12	01:55:54
432	1190	Fernando Venda	M55	M	Individual	01:56:12	01:55:57
433	1009	sónia moreira	Senior	F	Individual	01:56:12	01:56:07
434	1228	Rita Branco	Senior	F	Individual	01:56:13	01:55:48
435	1041	Juan Montoro	Senior	M	Individual	01:56:15	01:54:46
436	1585	Pedro Silva	Senior	M	CROSSFIT COIMBRA	01:56:15	01:56:14
437	1528	Mário Rui Bonita do Nascimento Pinto	Senior	M	Individual	01:56:21	01:55:43
438	1565	Pedro Monteiro	Senior	M	Run Me...I'm Famous	01:56:26	01:56:26
439	1344	Pedro Matos	Senior	M	Individual	01:56:26	01:56:14
440	1320	João Abrunheiro	Senior	M	Individual	01:56:28	01:56:07
441	1654	Cátia Domingues	Senior	F	Individual	01:56:39	01:56:39
442	1319	Márcio Oliveira	M35	M	Individual	01:56:58	01:56:57
443	1003	Jorge Oliveira	Senior	M	Individual	01:57:19	01:56:56
444	1135	Rui Costa	Senior	M	Individual	01:57:21	01:55:58
445	1743	Mário Neves	M40	M	Individual	01:57:22	01:57:22
446	1589	Maria João Feio	F40	F	Individual	01:57:22	01:57:22
447	1576	Diogo Silva	Senior	M	Individual	01:57:23	01:56:51
448	1514	Carlos João Bernardes Gomes	M35	M	Individual	01:57:23	01:57:20
449	1570	Hugo Dias	Senior	M	Bombeiros Voluntários da Figueira da Foz	01:57:30	01:57:22
450	1026	Sara Campos	F40	F	Individual	01:57:33	01:56:13

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
451	1070	SONIA CARVALHO	Senior	F	Individual	01:57:34	01:57:34
452	1036	João Gunther Amaral	Senior	M	Individual	01:57:40	01:56:20
453	1138	Carla Barros	Senior	F	Individual	01:57:44	01:57:03
454	1139	Joaquim Silva	Senior	M	Individual	01:57:45	01:57:06
455	1007	Marta Andrade	Senior	F	Treino em Casa	01:57:51	01:57:51
456	1131	Carlos Alexandre Lapa Simões	Senior	M	Individual	01:57:51	01:57:51
457	1498	Alexandre Melo	M45	M	Individual	01:57:57	01:56:44
458	1226	NUNO JOEL TEIXEIRA	Senior	M	Individual	01:58:03	01:57:08
459	1405	Fernando Ribeiro	M55	M	CLUVE	01:58:15	01:58:08
460	1372	Jose Guilherme Moreira	M45	M	Individual	01:58:20	01:58:07
461	1609	João Filipe Silva	M50	M	LeNovo	01:58:26	01:58:26
462	1053	Jorge Lestro	Senior	M	O MUNDO DA CORRIDA	01:58:40	01:58:31
463	1251	Pedro Lopes	Senior	M	Individual	01:58:41	01:58:41
464	1651	Nuno Oliveira	M45	M	Individual	01:58:43	01:57:48
465	1708	José Santos	M45	M	Individual	01:58:47	01:58:47
466	1460	Nuno Álvares Carmo Freitas	M40	M	Individual	01:58:50	01:58:50
467	1345	Paulo Sérgio e silva Duarte	M40	M	Individual	01:58:58	01:58:26
468	1241	Antonio Silva	M40	M	Individual	01:58:59	01:58:34
469	1055	Luis Costa	M55	M	Individual	01:59:00	01:58:35
470	1558	Paulo Guilherme Tavares Martins	M45	M	Individual	01:59:03	01:59:03
471	1381	Paulo Gomes	Senior	M	Individual	01:59:04	01:59:04
472	1603	Henrique Domingues Pinto	M35	M	Individual	01:59:05	01:58:48
473	1671	Pedro Serra	M35	M	Correr Lisboa	01:59:06	01:58:56
474	1636	Simão Lopes	Senior	M	Individual	01:59:12	01:58:23
475	1639	Ricardo Freitas	Senior	M	Individual	01:59:13	01:58:46
476	1043	NUNO MIGUEL MAIA	M40	M	Individual	01:59:14	01:58:52
477	1523	TIAGO MACHADO	Senior	M	Individual	01:59:15	01:59:15
478	1610	Bruno Carrilho	M35	M	LeNovo	01:59:17	01:59:17
479	1518	Marta Pinto	Senior	F	Individual	01:59:29	01:59:24
480	1705	PEDRO MOREIRA	Senior	M	Individual	01:59:36	01:59:11
481	1120	Paulo Sousa	M40	M	Individual	01:59:37	01:59:37
482	1791	FAUSTINO LANÇA	M35	M	Individual	01:59:37	01:59:37
483	1600	Cristina Melo	Senior	F	Individual	01:59:56	01:59:50
484	1593	Miguel Pedro	M35	M	Individual	02:00:01	01:59:55
485	1047	Hugo Neves	Senior	M	Individual	02:00:28	02:00:20
486	1240	Manuel Magalhães	M45	M	portorunners	02:00:30	02:00:10
487	1733	Paulo Pinto	M50	M	Vitalis	02:00:33	02:00:12
488	1162	Carlos Gonçalves	M50	M	Os Amigos do Atletismo de Aviz	02:00:38	02:00:34
489	1641	Ricardo Neves	Senior	M	Individual	02:00:39	02:00:39
490	1616	DANIEL CORREIA	Senior	M	Individual	02:00:47	02:00:47
491	1366	Pedro Bastos	Senior	M	AÇOREANA CLUBE BANIF	02:00:48	02:00:48
492	1069	Margarida Rosa Mota	F40	F	Individual	02:00:49	02:00:12
493	1323	José Sereno	Senior	M	Litoralis, Saúde e Bem Estar	02:00:51	01:59:56
494	1061	Vitor Ferreira	M55	M	Individual	02:01:01	02:00:23
495	1081	Ana Eustáquio	Senior	F	Individual	02:01:01	02:01:01

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
496	1595	Célio Manuel Fernandes Abade Dias	Senior	M	Individual	02:01:02	02:00:37
497	1236	António Calheiros	Senior	M	Gazelas de Bencanta	02:01:04	02:00:25
498	1553	André Filipe Paiva Loureiro	Senior	M	Farmácia Luciano e Matos	02:01:10	02:00:28
499	1699	David Miguel Gaspar Palos	M40	M	Individual	02:01:11	02:01:11
500	1203	Henrique Gonçalves	M55	M	Veteranos do Porto	02:01:21	02:01:15
501	1296	Bruno Ribeiro	Senior	M	Individual	02:01:23	02:01:03
502	1200	Rui Jorge da Silva Antunes	M50	M	Individual	02:01:37	02:00:57
503	1520	Pedro Pinto	Senior	M	Individual	02:01:39	02:01:33
504	1096	Vitor Fonseca	Senior	M	Individual	02:01:43	02:01:21
505	1217	Ricardo Nogueira	Senior	M	Individual	02:01:45	02:01:11
506	1163	Luis Noronha Távora	Senior	M	Individual	02:01:47	02:01:47
507	1596	Marco Trindade	M40	M	Individual	02:01:52	02:00:53
508	1267	Eurico Seguro	M35	M	Individual	02:02:02	02:01:28
509	1767	Pedro Pinheiro	Senior	M	Individual	02:02:05	02:02:05
510	1681	henrique figueiredo costa	M50	M	Liberty	02:02:06	02:01:14
511	1742	Joao Requejo	Senior	M	Individual	02:02:11	02:02:10
512	1626	José Carlos Santos Piçarra	Senior	M	PEXULÉ	02:02:13	02:01:05
513	1192	Maria José Santos	Senior	F	CAPSAS - Clube de Atletismo Pátio de Santo An	02:02:16	02:02:09
514	1191	Gonçalo Mendes	Senior	M	CAPSAS - Clube de Atletismo Pátio de Santo An	02:02:16	02:02:08
515	1206	Augusto Pinto	M55	M	Veteranos do Porto	02:02:20	02:02:20
516	1276	Jorge Santos	M45	M	Individual	02:02:29	02:01:57
517	1403	José Lucas Lucas	M60	M	Veteranos da Figueira	02:02:31	02:02:31
518	1225	LUIS BRAGANCA	Senior	M	Individual	02:02:32	02:01:38
519	1644	André Carvalho	Senior	M	Individual	02:02:33	02:01:37
520	1371	Manuela Damas	Senior	F	Individual	02:02:45	02:02:45
521	1370	João Pedro da Costa	M35	M	Individual	02:02:45	02:02:45
522	1017	Joel Barbosa	Senior	M	Santiago	02:02:50	02:02:18
523	1640	Marcel Brito Van Velze	Senior	M	Individual	02:02:59	02:02:03
524	1090	PEDRO FALCAO	Senior	M	Individual	02:03:08	02:02:36
525	1157	Joaquim Moutinho	Senior	M	Individual	02:03:26	02:03:26
526	1249	Tiago Lemos	Senior	M	Individual	02:03:54	02:03:54
527	1222	Afonso Macedo	M60	M	CLUVE	02:03:56	02:03:56
528	1548	Daniel Correia	Senior	M	Individual	02:04:03	02:03:37
529	1406	Nuno Fernandes	Senior	M	Individual	02:04:03	02:03:41
530	1494	PAULO AFONSO	Senior	M	Individual	02:04:13	02:03:32
531	1480	António Vital	M60	M	Individual	02:04:26	02:04:17
532	1499	Tiago Silva	Senior	M	É só moscas!	02:04:34	02:04:33
533	1318	João Pedro Marques	Senior	M	Individual	02:04:35	02:03:45
534	1145	Manuel Melo	M35	M	Individual	02:04:39	02:04:06
535	1775	Joel Martinho	Senior	M	Individual	02:04:46	02:04:42
536	1261	CARLOS RAMOS	M50	M	Individual	02:04:47	02:04:17
537	1205	Manuel Dias	M60	M	Veteranos do Porto	02:04:58	02:04:53
538	1204	Joaquim Meneses	M55	M	Veteranos do Porto	02:04:59	02:04:54
539	1450	David Francisco	Senior	M	Cavalinhos Runners	02:05:01	02:04:45
540	1437	Ana Sousa	Senior	F	Cavalinhos Runners	02:05:01	02:04:46

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
541	1483	Rodrigo Lourenço	M35	M	Individual	02:05:02	02:04:55
542	1453	Antonio Duarte	M40	M	Cavalinhos Runners	02:05:02	02:04:42
543	1443	João Reis	Senior	M	Cavalinhos Runners	02:05:02	02:04:46
544	1449	Liliana Martins	Senior	F	Cavalinhos Runners	02:05:02	02:04:47
545	1066	Alvaro Vaz	M60	M	Comporto	02:05:05	02:05:04
546	1201	Tiago Ferreira	Senior	M	Individual	02:05:13	02:04:42
547	1756	fabio direito	Senior	M	centro ativo quinta da romeira	02:05:34	02:05:04
548	1758	eduardo leitao	Senior	M	centro ativo quinta da romeira	02:05:34	02:05:03
549	1604	Pedro Baptista	M35	M	Cavalinhos Runners	02:05:43	02:05:26
550	1729	SUSANA SALVATERRA	Senior	F	Run@Figueira	02:05:44	02:05:27
551	1569	José Cavaco	Senior	M	Individual	02:05:49	02:05:49
552	1010	Sergio Rodelo	Senior	M	Individual	02:06:02	02:06:02
553	1707	Fernando Cordeiro	M45	M	Individual	02:06:32	02:05:32
554	1706	Rogério Portugal	M35	M	Individual	02:06:32	02:05:32
555	1283	joaqui manuel carvalho amado	M45	M	Individual	02:06:40	02:06:40
556	1325	Jorge Campos	M50	M	Individual	02:06:43	02:06:19
557	1761	Samuel Martinho	Senior	M	Individual	02:06:49	02:06:10
558	1331	Gonçalo Neto	M35	M	Individual	02:07:01	02:06:52
559	1592	Fábio Costa	Senior	M	Individual	02:07:14	02:06:34
560	1232	Manuel Emidio Emidio	M60	M	Individual	02:07:14	02:07:14
561	1018	Maria João Benquerença	F40	F	Individual	02:07:39	02:07:31
562	1692	paula lopes	Senior	F	Liberty	02:07:52	02:07:52
563	1547	Marco Henriques	M40	M	Clube Fluvial de Coimbra	02:08:00	02:07:56
564	1439	LUIS MIGUEL MONTEIRO DAVID	Senior	M	Individual	02:08:05	02:08:05
565	1282	FILIPE COSTA	M40	M	Individual	02:08:19	02:08:19
566	1543	Eduard Agayev	Senior	M	Individual	02:08:31	02:08:16
567	1071	João Duarte	Senior	M	Individual	02:08:34	02:08:11
568	1292	Paulo Silva	M40	M	Individual	02:08:39	02:08:12
569	1656	Vekov Imre	Senior	M	Individual	02:08:39	02:07:40
570	1079	Tiago Almeida	Senior	M	Grupo Desportivo Vale do Ave	02:08:48	02:07:43
571	1076	Nuno Carvalho	Senior	M	Grupo Desportivo Vale do Ave	02:08:48	02:07:43
572	1697	Alberto Manuel Tomás Cardoso	M35	M	Individual	02:08:52	02:08:38
573	1679	Ana Geraldo	Senior	F	Individual	02:09:02	02:08:56
574	1689	Filipe Cunha	Senior	M	Liberty	02:09:08	02:09:08
575	1680	marisa geraldos lazaro	Senior	F	Liberty	02:09:08	02:08:50
576	1736	Gonçalo Ventura	Senior	M	Individual	02:09:10	02:09:04
577	1500	Luis Manuel Novo Soares Soares	Senior	M	Individual	02:09:16	02:08:55
578	1021	Carlos Rocha	M40	M	fujitsu	02:09:18	02:09:18
579	1189	Adriano Galante	Senior	M	Individual	02:09:34	02:09:02
580	1119	Luís António Pinto Pereira	M50	M	Individual	02:09:45	02:09:45
581	1771	José Simões	M45	M	Individual	02:10:01	02:09:00
582	1660	Joaquim Almeida	Senior	M	Ainda falta muito?	02:10:05	02:09:25
583	1408	Reinaldo Lopes	M45	M	Individual	02:10:11	02:07:46
584	1243	Paulo Janeiro Matos	Senior	M	Individual	02:10:12	02:09:32
585	1717	Tiago Patrão	Senior	M	Individual	02:10:13	02:09:35

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
586	1117	Joao Orvalho	M50	M	Individual	02:10:15	02:10:15
587	1039	João Gil da Costa	M50	M	Gil da Costa	02:10:15	02:09:34
588	1340	Carlos Pereira	M45	M	Individual	02:10:18	02:10:18
589	1262	JOSE PEDRO OLIVEIRA	M45	M	Individual	02:10:20	02:09:54
590	1441	Nuno Vasconcelos	Senior	M	Individual	02:10:31	02:10:31
591	1607	Henrique Costa	M45	M	Individual	02:10:38	02:10:14
592	1710	Rui Miguel Serralha Gonçalves	Senior	M	Individual	02:10:46	02:10:02
593	1401	Carlos Rodrigues	M45	M	Individual	02:10:48	02:10:44
594	1508	Óscar López	Senior	M	Individual	02:10:49	02:09:31
595	1092	FRANCISCO PRATES	M60	M	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	02:10:54	02:10:45
596	1760	RUI BALTAZAR	Senior	M	CROSSFIT COIMBRA	02:11:04	02:10:05
597	1529	ALEXANDRE ALMEIDA	M40	M	Individual	02:11:07	02:11:07
598	1168	fausto carvalho	M55	M	arsm	02:11:30	02:11:15
599	1176	Helder José Ferreira	M55	M	Individual	02:11:37	02:11:37
600	1327	Paulo Teixeira	Senior	M	Maia Runners	02:11:53	02:11:53
601	1527	Nuno Cipriano	M40	M	Individual	02:11:53	02:10:57
602	1098	António Ferreira	Senior	M	Individual	02:11:59	02:11:48
603	1143	António José Loureiro	Senior	M	Individual	02:12:00	02:11:49
604	1314	Pedro Cirne	M45	M	Individual	02:12:02	02:11:55
605	1466	Andrzej Gonera	Senior	M	Individual	02:12:02	02:11:00
606	1549	Céu Santos	F50	F	O MUNDO DA CORRIDA	02:12:07	02:11:31
607	1715	Dulce Amieira	Senior	F	Vitalis	02:12:11	02:12:01
608	1121	Ricardo Vieira	M40	M	Individual	02:12:12	02:12:02
609	1777	António Santos	M40	M	Individual	02:12:28	02:11:21
610	1125	João Paulo Santos Lima	M50	M	4 ao Km	02:12:43	02:12:43
611	1029	Nuno Rosa	Senior	M	Individual	02:12:44	02:11:57
612	1755	Olinto Miguel Teodoro Vieira	M35	M	Individual	02:13:09	02:12:25
613	1601	Ricardo Gabriel	Senior	M	Individual	02:13:11	02:13:04
614	1496	Mara Marinha	Senior	F	Individual	02:13:32	02:13:08
615	1212	Sofia Maria Feijão Mota	Senior	F	Individual	02:13:46	02:13:36
616	1347	Vita Stagno	Senior	F	Individual	02:13:47	02:13:14
617	1769	Nuno Filipe Martins Moreira	Senior	M	Individual	02:14:10	02:14:10
618	1568	José Alberto Catarino	M55	M	Individual	02:14:16	02:14:16
619	1112	Rui Ramos	Senior	M	Individual	02:14:21	02:13:51
620	1631	António Miguel Nobre Franco Portugal Dias	M50	M	Individual	02:14:31	02:14:31
621	1482	João Nabais	M45	M	Individual	02:14:33	02:13:46
622	1611	VITOR MANUEL MEDEIROS FERNANDES	M60	M	Individual	02:14:33	02:13:59
623	1269	JOSÉ GIRÃO	Senior	M	Individual	02:14:34	02:13:47
624	1684	miguel reis da fonseca	M35	M	Liberty	02:14:35	02:13:51
625	1379	Luis Gomes	Senior	M	Individual	02:14:36	02:14:36
626	1106	Valter Mendonça	M35	M	Individual	02:14:37	02:14:37
627	1554	Melanie Duarte	Senior	F	Farmácia Luciano e Matos	02:14:42	02:13:51
628	1580	Pedro Elias	M45	M	Individual	02:14:46	02:14:32
629	1006	ADÉRITO LUÍS RAÍNHO	M35	M	Individual	02:14:51	02:14:51
630	1059	Carlos Cerqueira	M45	M	Individual	02:15:00	02:14:16

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
631	1303	Maria Deolinda da Costa Pinto	F50	F	Os Cortiços	02:15:16	02:14:57
632	1539	Ricardo Rosa Pais	M40	M	Individual	02:15:21	02:14:31
633	1519	Daniel Taborda	M35	M	Individual	02:15:21	02:14:31
634	1538	Sérgio Miguel dos Santos Cruz	Senior	M	Individual	02:15:22	02:14:43
635	1128	Carina Bernardo	Senior	F	Individual	02:15:22	02:14:51
636	1301	Mario Neves	Senior	M	Individual	02:15:57	02:15:57
637	1229	Antides Figueiredo	Senior	M	Individual	02:16:27	02:15:48
638	1511	Nuno Oliveira	Senior	M	Individual	02:17:06	02:16:18
639	1281	Jorge Oliveira	M60	M	Clube Ferroviario de Portugal	02:17:37	02:17:37
640	1446	Pedro Violante	Senior	M	Individual	02:17:48	02:17:15
641	1726	Fernando Manuel Abrantes Simões	Senior	M	Individual	02:17:56	02:17:46
642	1486	Filipe Moura	M35	M	Amigos das Sapatilhas	02:18:01	02:18:01
643	1770	Manuel Paulo	Senior	M	Individual	02:18:07	02:18:07
644	1020	Paulo Jordão	M40	M	fujitsu	02:18:31	02:18:31
645	1599	Paula Esteves	Senior	F	Individual	02:18:45	02:18:37
646	1418	Miguel Angelo Costa	Senior	M	Individual	02:19:14	02:18:43
647	1796	Pedro Neves	Senior	M	Individual	02:19:20	02:19:20
648	1739	Pedro Couto	Senior	M	Individual	02:19:22	02:18:15
649	1786	Bernardo Rocha	M35	m	Individual	02:19:25	02:17:35
650	1185	vitores alves	M45	M	korpus academia saude estetica	02:19:36	02:19:35
651	1235	Carlos Miguel Jegundo Amado	M40	M	Individual	02:19:36	02:19:34
652	1167	Luís Guimarães	Senior	M	Individual	02:19:40	02:19:40
653	1180	Miguel Teixeira	Senior	M	Individual	02:19:41	02:19:41
654	1564	Carla Sepúlveda Vieira	Senior	F	Run Me...I'm Famous	02:20:26	02:20:26
655	1435	Rodrigo de Moraes Sarmento Pereira Jorge	Senior	M	Individual	02:20:49	02:20:03
656	1436	Rúbia Prochmann	Senior	F	Individual	02:20:49	02:20:02
657	1734	João Pedro Figueiredo Marques Soares	M40	M	Individual	02:21:46	02:21:06
658	1063	Luísa Baptista	F40	F	Individual	02:21:46	02:21:31
659	1062	Agna Marques	Senior	F	Individual	02:21:47	02:21:32
660	1712	António Manuel Gomes da Gama	M40	M	Individual	02:22:26	02:22:04
661	1788	Luís Pereira Martins	M55	M	Individual	02:22:30	02:22:30
662	1653	Joaquim Caeiro	M45	M	DNM SPORT TEAM	02:22:33	02:22:13
663	1652	Jorge Marques	M40	M	DNM SPORT TEAM	02:22:33	02:22:10
664	1136	Fernando Pereira	Senior	M	Individual	02:22:42	02:21:57
665	1037	Joao Prosil Sampaio	Senior	M	Individual	02:23:12	02:22:40
666	1086	José Simões	M45	M	A R S M- São Miguel de Poiares	02:23:17	02:23:17
667	1087	Ricardo Simoes	Senior	M	A R S M- São Miguel de Poiares	02:23:18	02:23:18
668	1515	Albino Jorge Santos Neves	M50	M	Individual	02:23:28	02:22:43
669	1111	Jorge Santos	Senior	M	Individual	02:23:52	02:23:52
670	1082	João José Araújo Riem	Senior	M	Individual	02:23:52	02:23:52
671	1256	SANDRA MARTINS	Senior	F	AÇOREANA CLUBE BANIF	02:24:27	02:24:27
672	1696	André Filipe Marques Gomes	Senior	M	Individual	02:25:05	02:24:51
673	1567	Ana Matos	Senior	F	Run Me...I'm Famous	02:25:11	02:25:11
674	1551	Maria Helena Correia Amado	F50	F	Farmácia Luciano e Matos	02:25:44	02:24:53
675	1709	Fernando Teixeira	M45	M	Individual	02:25:45	02:25:14

Lugar	Dorsal	Atleta	Escalão	Sexo	Clube	Tempo	Chip
676	1744	Paulo Jorge Ferreira Mata	M45	M	Individual	02:25:57	02:25:37
677	1530	Cristóvão Pires	Senior	M	Individual	02:26:24	02:25:42
678	1464	João Miguel Braga Cruz	M40	M	RUN@FIGUEIRA	02:27:13	02:26:54
679	1052	David Sereno	Senior	M	Individual	02:27:55	02:27:17
680	1524	António Ferreira	M45	M	Individual	02:28:04	02:28:04
681	1740	MARIANA MARTINS	Senior	F	CROSSFIT COIMBRA	02:28:09	02:27:10
682	1263	Paulo Jorge Antonio Martins Ferreira Ferreira	Senior	M	Individual	02:29:00	02:28:19
683	1479	Carla Maria Cardoso	F40	F	Individual	02:29:36	02:29:24
684	1747	Paulo Gomes	M50	M	Individual	02:31:27	02:30:43
685	1338	César Alves	Senior	M	Individual	02:33:30	02:33:17
686	1280	Miguel Dias Gonçalves	Senior	M	Individual	02:34:14	02:33:04
687	1075	ana magalhaes magalhaes	F40	F	Individual	02:34:15	02:34:15
688	1575	Tiago Madeira	Senior	M	Individual	02:37:19	02:36:56
689	1754	PEDRO CORREIA	Senior	M	CROSSFIT COIMBRA	02:37:45	02:36:46
690	1625	Frederico Miguel Rodrigues Amaral Neves	Senior	M	PEXULÉ	02:38:15	02:38:15
691	1557	Diana Franco	Senior	F	Individual	02:40:39	02:39:56
692	1130	David Fernandes	Junior	M	Individual	02:42:16	02:41:22
693	1646	Rafael António Marques	M40	M	Individual	02:45:50	02:45:50