

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3749	1	Pedro Rocha	M	SenioresM	Individual	01:09:33	01:09:33
3398	2	Carlos Silva	M	SenioresM	Individual	01:09:45	01:09:45
3766	3	Paulo Gomes	M	M40	Clube União Artística Benaventense	01:09:57	01:09:57
3251	4	José Azevedo	M	SenioresM	Individual	01:11:13	01:11:12
3646	5	João Almeida	M	SenioresM	Sporting clube de Portugal	01:11:23	01:11:23
3534	6	Luis Pereira	M	M35	CAT - Clube de Atletismo do Tâmega	01:12:14	01:12:12
5001	7	Marco Marques	M	SenioresM	A.C.R. Sra Desterro-NAPO	01:13:21	01:13:21
3649	8	Helder Lopes	M	SenioresM	Dci\CCDRPedrulha-Mealhada	01:14:23	01:14:21
5008	9	Gil Ferreira	M	M45	Individual	01:15:01	01:15:00
3287	10	Fábio Abrantes	M	SenioresM	União Clube Eirense	01:15:48	01:15:47
3623	11	Nuno Amado	M	SenioresM	NAVR	01:16:04	01:16:03
3848	12	Rui Rodrigues	M	M40	Associação Académica de Coimbra	01:16:46	01:16:43
3776	13	Carla Martinho	F	F35	Individual	01:17:06	01:17:05
3903	14	António Campos	M	M40	CTM Vila Pouca de Aguiar	01:17:09	01:17:08
3767	15	Marco Filipe	M	M35	Individual	01:17:38	01:17:37
3681	16	Luis Almeida	M	SenioresM	Alto Trilho (Javalis)	01:18:25	01:18:17
3770	17	Marisa Barros	F	F35	S.C.SALGUEIROS	01:18:26	01:18:26
3075	18	Tiago Machado	M	SenioresM	Viriathvs Runners Viseu	01:18:29	01:18:24
3997	19	João Rodrigues	M	SenioresM	Individual	01:19:02	01:18:53
3583	20	João Pereira	M	M40	Dci\CCDRPedrulha-Mealhada	01:19:50	01:19:42
3503	21	Nelson Santos	M	SenioresM	GFD Running	01:19:56	01:19:56
3919	22	Ricardo Gaspar	M	SenioresM	Escola de Atletismo de Coimbra/JPaiva	01:20:12	01:20:04
3622	23	Henrique Machado	M	M50	NAVR	01:20:44	01:20:43
3620	24	João Leandro	M	M40	NAVR	01:20:46	01:20:45
3140	25	Francisco Fonseca	M	SenioresM	Individual	01:21:19	01:21:08
3990	26	Filipe Quelhas	M	M35	AC PORTALEGRE / UTSM	01:21:22	01:21:16
3690	27	Rui Rodrigues	M	M35	Casa do Povo de Mangualde	01:21:29	01:21:26
3974	28	Mauro Azevedo	M	M45	Escola de Atletismo de Coimbra/JPaiva	01:21:31	
3918	29	Márcio Pereira	M	M35	Escola de Atletismo de Coimbra/JPaiva	01:21:37	01:21:26
3671	30	José Tomás	M	M45	ACRD/PSP Viseu Runners	01:21:48	
3663	31	Edgar Faria	M	SenioresM	ozXtreme/GDCR	01:21:53	01:21:49
3790	32	João Silva	M	M40	Individual	01:22:13	01:21:48
3342	33	Telmo Almeida	M	M40	Dci\CCDRPedrulha-Mealhada	01:22:18	
3462	34	Carlos Pimenta	M	M40	Dci\CCDRPedrulha-Mealhada	01:22:29	01:22:22
3476	35	Kalong Lok	M	SenioresM	Individual	01:22:30	01:22:07
3283	36	Alexandre Mestre	M	M40	ASCValeirinha	01:22:46	01:21:44
3768	37	Marlene Lopes	F	SenioresF	G.D. de Airão	01:23:05	01:23:05
3640	38	Fernando Carvalho	M	M40	Individual	01:23:20	01:23:15
3687	39	Nuno Silva	M	M35	Individual	01:23:51	01:23:26
3916	40	Augusto Figueiredo	M	M45	Escola de Atletismo de Coimbra/JPaiva	01:24:20	01:24:08
3008	41	César Barros	M	SenioresM	Sport Clube Beira Mar	01:24:22	01:24:14
3205	42	Armindo Antunes	M	M40	Coimbra Trail Running	01:24:36	01:24:22
3782	43	Carlos Correia	M	M35	Individual	01:24:50	01:24:43
3781	44	Paulo Pereira	M	M45	Individual	01:24:51	01:24:49
3928	45	Marco Silva	M	M35	Individual	01:25:11	01:24:37

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3418	46	Carlos Costa	M	SenioresM	Individual	01:25:16	01:25:11
3739	47	Hugo Gaspar	M	M40	Individual	01:25:16	01:24:23
3779	48	Carlos Almeida	M	M50	Casa do Povo de Mangualde	01:25:24	01:24:38
3911	49	Lourenço Leitão	M	M45	Juventude Vidigalense	01:25:25	01:25:13
3322	50	Daniel Baptista	M	SenioresM	SRJardoeira	01:25:55	01:25:43
3760	51	Estêvão Gonçalves	M	M35	NAVR	01:25:58	01:25:57
3186	52	João Almeida	M	M45	Dci\CCDRPedrulha-Mealhada	01:26:07	01:25:32
3998	53	Gil Cunha	M	M40	Individual	01:26:10	
3214	54	Vitor Marques	M	M35	Individual	01:26:11	01:25:20
3507	55	Daniel Azeiteiro	M	SenioresM	Individual	01:26:12	01:24:18
3787	56	António Pêgo	M	M45	cluve	01:26:29	01:26:22
3323	57	Márcio Loureiro	M	M35	SRJardoeira	01:26:39	01:26:25
3299	58	Aurélio Saúde	M	M35	Jogging Lovers Coimbra	01:26:48	01:26:46
3040	59	Carlos Almeida	M	M40	Alto Trilho (Javalis)	01:27:06	01:27:01
3590	60	Jason Wulff	M	M35	Individual	01:27:07	01:26:52
3613	61	Hugo Brito	M	SenioresM	R3B5	01:27:07	01:26:44
3523	62	Filipe Rocha	M	M35	Individual	01:27:23	01:27:16
3446	63	Miguel Ladeira	M	M40	Individual	01:27:30	01:27:27
3637	64	Antonio Silva	M	M50	Individual	01:27:30	01:27:27
3554	65	Alexandra Oliveira	F	SenioresF	Individual	01:27:32	01:27:29
3730	66	Ricardo Oliveira	M	M40	ACRD/PSP Viseu Runners	01:27:36	01:27:25
3123	67	Nelson Neves	M	SenioresM	Individual	01:27:40	01:27:37
3921	68	Pedro Venâncio	M	SenioresM	Escola de Atletismo de Coimbra/JPaiva	01:27:44	01:27:36
3511	69	António Ribeiro	M	M35	Individual	01:27:48	01:27:46
3887	70	Márcio Ferreira	M	JunioresM	Individual	01:28:00	01:27:04
3706	71	Fernando Nogueira	M	M45	Individual	01:28:03	01:27:54
3329	72	Miguel Bessa	M	M35	Individual	01:28:05	01:27:59
3506	73	Alexandre Santos	M	M35	Individual	01:28:15	01:28:08
3809	74	Joao Neto	M	M45	Individual	01:28:17	01:28:07
3686	75	Carlos Pereira	M	M45	Individual	01:28:17	01:28:07
3000	76	João Malheiro	M	SenioresM	Individual	01:28:23	01:28:18
3522	77	Marco Silva	M	M35	Alto Trilho (Javalis)	01:28:23	01:28:18
3698	78	Carla Ribeiro	F	SenioresF	GFD Running	01:28:37	01:28:34
3338	79	Sergio Teixeira	M	M40	Wolf Runners	01:28:38	01:28:32
3512	80	Luis Santos	M	SenioresM	Individual	01:28:45	01:28:42
3792	81	Célio Camões	M	M40	Individual	01:28:55	01:28:49
3036	82	Hélio Marques	M	M40	Individual	01:28:59	01:28:55
3897	83	Fernando Neves	M	M40	G.D.C. Eirapedrense	01:29:04	01:28:55
3175	84	Daniel Correia	M	M35	Individual	01:29:14	01:28:47
3235	85	Francisco Barreto	M	SenioresM	Castêlo	01:29:21	01:28:10
3237	86	José Ferreira	M	M50	Individual	01:29:28	
3584	87	Pedro Pereira	M	M40	Individual	01:29:34	01:29:33
3735	88	José Graça	M	M40	Individual	01:29:36	01:29:36
3984	89	Nuno Gonçalves	F	SenioresF	Individual	01:29:36	01:29:36
3222	90	Diogo Maia	M	SenioresM	UDR Zona Alta - Torres Novas	01:29:39	01:29:18

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3165	91	Ricardo Oliveira	M	M35	CORPUS RUN	01:29:59	01:29:04
3878	92	Micael Costa	M	SenioresM	Individual	01:30:00	01:27:54
3795	93	Miguel Gomes	M	SenioresM	Individual	01:30:06	01:29:44
3647	94	Bruno Sequeira	M	SenioresM	Individual	01:30:09	01:30:06
3220	95	Luís Afonso	M	SenioresM	Individual	01:30:17	01:30:09
3236	96	Nelson Pinto	M	M40	Castêlo	01:30:21	01:29:10
3045	97	Marco Campos	M	SenioresM	Alto Trilho (Javalis)	01:30:27	01:30:20
3421	98	Rodrigo Carreira	M	SenioresM	Individual	01:30:32	01:28:58
3723	99	Paulo Gomes	M	M35	Benfica em forma	01:30:36	01:29:35
3399	100	Gabriel Alves	M	M45	Individual	01:30:37	01:29:56
4012	101	Mark-Atão Nutwood	M	SenioresM	Coimbra Trail Running	01:30:42	01:30:29
3067	102	António Lourenço	M	M40	Individual	01:30:49	01:30:31
3729	103	João Valério	M	M40	ACRD/PSP Viseu Runners	01:30:53	01:30:40
4004	104	Joao Fonseca	M	M35	Individual	01:30:57	01:30:55
3373	105	David Jesus	M	M35	Individual	01:31:00	01:30:44
3436	106	António Gomes	M	M35	Individual	01:31:11	01:30:25
3240	107	João Pereira	M	M35	Aminhacorrída/Kalenji	01:31:29	01:30:11
3889	108	Sérgio Lopes	M	M35	MONITAR	01:31:41	01:31:36
3964	109	Antonio Pereira	M	M45	Individual	01:31:53	01:31:43
3113	110	Filipe Pratas	M	M35	Individual	01:31:54	01:31:21
3221	111	Hélder Piedade	M	M45	Individual	01:31:56	01:30:17
3108	112	José Ferreira	M	SenioresM	Individual	01:31:58	01:31:45
3431	113	Ruben Novo	M	SenioresM	Individual	01:32:03	01:30:46
3548	114	André Carvalho	M	SenioresM	CNC	01:32:14	01:30:49
3746	115	Sérgio Pereira	M	M35	OLIVEIRA RUNNERS	01:32:17	01:31:53
3180	116	Jose Teixeira	M	M35	Individual	01:32:23	01:31:31
3676	117	Pieter Verschaeve	M	SenioresM	Individual	01:32:31	01:32:24
3245	118	Álvaro Mano	M	M45	AM71CA75	01:32:33	01:32:26
3294	119	Pedro Martins	M	M35	Running Clube de Coimbra	01:32:33	01:32:09
3979	120	António Ratola	M	SenioresM	Individual	01:32:35	01:31:38
3317	121	Renato Rodrigues	M	M35	Individual	01:32:39	01:32:02
3832	122	Gabriel Silva	M	M40	CMVISEU	01:33:05	01:33:00
3382	123	Sergio Jacinto	M	M40	Individual	01:33:08	01:32:49
3407	124	Patrícia Martocarreira	F	SenioresF	Individual	01:33:09	01:32:56
3070	125	Bruno Raposeira	M	SenioresM	"C.D. ""Os Aguias"" de Alpiarça Trail/Running"	01:33:17	01:32:58
3447	126	Pedro Marques	M	M45	Individual	01:33:23	01:33:07
4009	127	Cristiana Esteves	F	SenioresF	LION RUNNERS - G. D. Leões da Guarda	01:33:39	01:33:23
3616	128	Rafael Matias	M	SenioresM	Individual	01:33:41	01:33:26
3074	129	Nuno Paulino	M	M40	"C.D. ""Os Aguias"" de Alpiarça Trail/Running"	01:33:42	01:33:23
3171	130	Jorge Pimenta	M	M35	IPN runners	01:33:44	01:33:39
3999	131	Edivaldo Maciel	M	SenioresM	Individual	01:33:49	
3083	132	Antonio Borges	M	M40	Individual	01:33:59	01:33:44
3518	133	Eurico Maia	M	SenioresM	Individual	01:34:02	01:32:13
3969	134	Carlos Ferreira	M	M40	Individual	01:34:04	01:33:48
3333	135	José Abade	M	M60	Individual	01:34:07	01:34:02

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3556	136	Salvador Silva	M	M40	Individual	01:34:13	01:34:10
3905	137	Paulo Cerdeira	M	M40	Viriathvs Runners Viseu	01:34:19	
3139	138	Ana Petinga	F	F35	A A Coimbra	01:34:22	01:34:18
3226	139	José Pires	M	M45	Individual	01:34:22	01:34:09
3326	140	Amilcar Costa	M	M45	Individual	01:34:27	01:34:09
3717	141	Gonçalo Lourenço	M	SenioresM	Farmácia Luciano e Matos	01:34:29	01:33:40
3752	142	Fernando Machado	M	M35	Individual	01:34:34	01:34:27
4001	143	Ricardo Carvalho	M	M35	Individual	01:34:37	01:33:42
3096	144	Heber Pires	M	SenioresM	Individual	01:34:44	01:34:28
3719	145	Arnaldo Ferreira	M	M35	Individual	01:34:47	01:33:46
3555	146	Ines Santos	F	SenioresF	Individual	01:34:48	01:34:33
3202	147	Filipe Ribeiro	M	M35	Individual	01:34:49	01:34:30
3641	148	Vasco Monteiro	M	SenioresM	Individual	01:34:53	01:34:04
3900	149	Luís Nunes	M	M40	Individual	01:34:58	01:33:57
3052	150	Joaquim Dinis	M	M45	Os Santa Apolonia	01:35:03	01:34:49
3314	151	João Branco	M	M35	Jogging Lovers Coimbra	01:35:11	01:34:59
3824	152	Jorge Gonçalves	M	M45	clube desportivo feirense	01:35:18	01:35:14
3428	153	Rui Rolo	M	M45	Ginasio Clube de Bragança	01:35:18	
3488	154	Mário Nóbrega	M	M45	Eira Botelho	01:35:18	
3149	155	João Afonso	M	M35	FIT&FUN ACREDITAR	01:35:19	01:33:06
3834	156	Joel Ramalhoto	M	SenioresM	Viriathvs Runners Viseu	01:35:49	01:35:33
3850	157	Eduardo Teixeira	M	M45	RRONLINE	01:35:52	01:35:47
3441	158	António Merujo	M	M55	PSP Viseu Runners	01:35:52	01:35:41
3588	159	Frankelin Reis	M	M50	Individual	01:35:53	01:35:53
3567	160	Luís Marques	M	SenioresM	Individual	01:35:54	01:35:44
3504	161	Luis Pereira	M	M35	Individual	01:35:58	01:35:38
3133	162	José Pereira	M	M45	Amigos Ponto Final	01:36:00	01:35:52
3183	163	Andre Lopes	M	SenioresM	Crp Ribafria	01:36:04	01:35:12
3259	164	João Sacramento	M	SenioresM	Individual	01:36:09	01:35:19
3591	165	Pedro Amaro	M	SenioresM	Individual	01:36:10	01:34:59
3732	166	Vasco Carvalho	M	M35	Individual	01:36:12	01:36:05
3614	167	Carlos Fernandes	M	M50	Individual	01:36:16	01:36:09
3573	168	Luis Cavaleiro	M	M35	Run@Figueira	01:36:21	01:35:59
3072	169	Tó Serrão	M	M35	"C.D." "Os Aguias" de Alpiarça Trail/Running"	01:36:22	01:36:04
3530	170	Jorge Delgado	M	SenioresM	Casa Benfica Figueira da Foz	01:36:23	01:36:00
3806	171	Sérgio Louros	M	SenioresM	Individual	01:36:28	0,06635
3415	172	Fernando Alhau	M	M55	Individual	01:36:29	
3337	173	João Bustorff	M	M35	Wolf Runners	01:36:29	01:36:18
3066	174	Miguel Carneiro	M	M45	Individual	01:36:35	01:36:23
3524	175	Paulo Pereira	M	SenioresM	Sai da Frente	01:36:43	01:35:21
3267	176	Nuno Cachulo	M	SenioresM	Individual	01:36:47	01:36:15
3829	177	Jorge Leal	M	M35	Viriathvs Runners Viseu	01:36:52	01:36:15
3339	178	Nuno Martins	M	M40	Wolf Runners	01:36:57	01:36:49
3092	179	Tiago Osório	M	SenioresM	Individual	01:37:03	01:36:08
3349	180	João Barreiros	M	M60	Individual	01:37:03	01:36:34

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3471	181	Gonçalo Matos	M	M35	Electrex	01:37:05	01:36:54
3604	182	Filipe Lopes	M	M35	Individual	01:37:12	01:36:34
3408	183	Manuel Carreira	M	M55	Individual	01:37:13	01:37:00
3651	184	João Simões	M	M35	Dcì\CCDRPedrulha-Mealhada	01:37:15	01:37:04
3316	185	Nuno Cabral	M	M35	Jogging Lovers Coimbra	01:37:20	01:37:03
3132	186	Celestino Silva	M	M50	Amigos Ponto Final	01:37:21	01:37:12
3134	187	Alexandre Ferreira	M	M45	Amigos Ponto Final	01:37:22	01:37:14
3484	188	Paulo Batista	M	M50	Individual	01:37:25	01:37:17
3100	189	Jon Gundry	M	M45	Individual	01:37:52	01:36:45
3983	190	Marcin Brzozowski	M	SenioresM	Individual	01:37:53	01:36:13
3085	191	José Vieira	M	M50	Individual	01:37:57	01:37:40
3914	192	João Maia	M	SenioresM	Individual	01:38:01	01:37:18
3785	193	José Zananar	M	M50	Individual	01:38:10	01:36:40
3521	194	Antonio Soares	M	M35	Individual	01:38:10	01:36:36
3778	195	Abel Santos	M	M60	Caldas Sao Jorge Sport Club	01:38:21	01:37:59
3050	196	Paulo Seabra	M	M40	Individual	01:38:21	01:38:01
3406	197	Oliveira Antonio	M	M60	Individual	01:38:27	01:37:43
3963	198	Jorge Ribeiro	M	M40	Individual	01:38:33	01:37:57
3539	199	Artur Baltarejo	M	M40	Individual	01:38:34	01:38:30
3469	200	Rui Matos	M	M60	Electrex	01:38:37	0,06837
3263	201	Nelson Mota	M	M45	Açoreana Clube	01:38:40	
3505	202	Paulo Carvalho	M	M40	Coimbra Trail Running	01:38:42	01:38:29
3980	203	Pedro Ratola	M	M50	Individual	01:38:43	01:37:46
3242	204	Sofia Agostinho	F	F35	Aminhacorrída/Kalenji	01:38:44	01:37:25
3044	205	André Cardão	M	SenioresM	Individual	01:38:44	01:36:28
3057	206	Marco Gonçalves	M	M35	SOFTEAM	01:38:48	01:37:35
3207	207	Chris Cowley	M	M55	Individual	01:38:48	01:38:24
3553	208	Antonio Pereira	M	M35	Individual	01:38:51	01:38:24
3318	209	Marco Lopes	M	M35	Individual	01:38:53	01:37:42
3929	210	Nuno Lomba	M	SenioresM	Individual	01:39:04	01:38:08
3231	211	Bruno Nalha	M	M35	"C.D. ""Os Aguias"" de Alpiarça Trail/Running"	01:39:09	01:38:51
3619	212	Paulo Brás	M	M45	LION RUNNERS - G. D. Leões da Guarda	01:39:11	01:38:54
3164	213	Delfim Torres	M	M45	Individual	01:39:11	0,06869
3668	214	Hugo Cabral	M	M35	Individual	01:39:13	
3617	215	José Sá	M	M35	LION RUNNERS - G. D. Leões da Guarda	01:39:13	0,06868
3288	216	Francisco Pereira	M	M45	Açoreana Clube	01:39:17	
3359	217	Gonçalo Barreiro	M	M40	Individual	01:39:26	01:39:19
3184	218	Patrícia Fernandes	F	SenioresF	ARSM - Associação Recreativa de S. Miguel	01:39:28	01:38:52
3960	219	Joao Reis	M	M35	Individual	01:39:32	01:39:11
3223	220	Isabel Fernandes	F	SenioresF	Individual	01:39:33	01:38:42
3241	221	Duarte Ribeiro	M	SenioresM	Aminhacorrída/Kalenji	01:39:38	01:38:20
3884	222	Oscar Torres	M	SenioresM	G.D.C. Eirapedrense	01:39:43	0,06913
3156	223	Alexis Guia	M	M35	Individual	01:39:49	
3874	224	Rodrigo Monteiro	M	M40	Individual	01:39:55	01:38:33
3298	225	João Alves	M	SenioresM	Jogging Lovers Coimbra	01:40:03	0,06942

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3234	226	Miguel Oliva	M	SenioresM	Individual	01:40:09	
3271	227	José Aleixo	M	M45	Alverca Urban Runners	01:40:11	01:39:15
3621	228	Júlio Marques	M	M50	Individual	01:40:11	01:39:11
3157	229	Arsénio Santos	M	M45	Individual	01:40:12	01:39:57
3563	230	Domingos Almeida	M	M55	Individual	01:40:16	01:40:03
3153	231	Alexandre Dias	M	SenioresM	Individual	01:40:31	01:39:36
3493	232	Carlos Santos	M	SenioresM	Individual	01:40:34	0,06859
3112	233	Cátia Falhas	F	SenioresF	Individual	01:40:35	
3007	234	Pedro Castro	M	SenioresM	Individual	01:40:38	01:38:56
3020	235	John Olsen	M	M35	Individual	01:40:52	01:40:41
3855	236	Filipe Baptista	M	M40	Individual	01:40:59	01:40:17
3562	237	André Paiva	M	SenioresM	Farmácia Luciano e Matos	01:40:59	01:40:09
3061	238	Luis Faria	M	M45	Individual	01:41:09	01:40:48
3893	239	Frederico Fonseca	M	M35	Individual	01:41:09	01:39:32
3934	240	Fábio Fernandes	M	SenioresM	Casa de Saúde São Mateus	01:41:15	01:41:06
3684	241	José Amaro	M	M40	Individual	01:41:22	01:40:09
3357	242	Joao Gomes	M	M40	Individual	01:41:27	01:41:21
3612	243	Diamantino Rito	M	SenioresM	R3B5	01:41:31	01:41:07
3197	244	José Simões	M	M40	Individual	01:41:35	01:40:18
3650	245	Bruno Gomes	M	M35	Dci\CCDRPedrulha-Mealhada	01:41:39	01:41:00
3500	246	Rui Pereira	M	M35	Individual	01:41:39	01:41:15
3713	247	João Gandarez	M	SenioresM	Individual	01:41:44	01:39:45
3550	248	Nuno Rodrigues	M	M35	Deixa Passar	01:41:45	01:41:07
3575	249	Aníbal Carralas	M	M35	Individual	01:41:49	01:41:26
3858	250	José Câmara	M	M55	Coimbra Trail Running	01:41:56	01:40:40
3012	251	José Duarte	M	M35	Individual	01:41:58	01:40:08
3971	252	Pedro Santos	M	SenioresM	Individual	01:41:58	01:41:14
3743	253	Sérgio Branquinho	M	SenioresM	Individual	01:41:59	01:41:27
3514	254	Lilla Samu	F	SenioresF	Individual	01:42:01	01:40:58
3670	255	Rui Torres	M	M50	noscadecasa	01:42:07	01:41:16
3429	256	João Silva	M	M50	Ginasio Clube de Bragança	01:42:14	01:41:47
3680	257	Marco Formoso	M	SenioresM	ACRD/PSP Viseu Runners	01:42:17	01:42:01
3724	258	Inês Peixoto	F	F35	Benfica em forma	01:42:20	01:41:20
3494	259	António Gonçalves	M	SenioresM	Individual	01:42:20	01:40:31
3065	260	Victor Gomes	M	M50	Individual	01:42:24	01:41:48
3327	261	José Osório	M	M45	Individual	01:42:24	01:42:05
3802	262	Amilcar Santana	M	M60	"CCD ""O Alvitejo"""	01:42:26	01:41:49
3215	263	Filipe Martinho	M	M35	Individual	01:42:27	01:40:17
3043	264	João Duarte	M	M50	Individual	01:42:29	01:41:39
3363	265	António Dias	M	SenioresM	Monteiro & Dias	01:42:30	01:40:54
3679	266	Ramiro Oliveira	M	M40	ACRD/PSP Viseu Runners	01:42:30	01:42:14
3533	267	Pedro Santos	M	M35	Individual	01:42:30	01:41:57
3986	268	Dina Rocha	F	F40	Individual	01:42:34	01:42:29
3691	269	José Santos	M	M50	Individual	01:42:39	01:41:35
3053	270	Carla Oliveira	F	SenioresF	Os Santa Apolonia	01:42:40	01:42:26

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3276	271	Vitor Pinto	M	M40	Individual	01:42:46	01:40:27
3810	272	Rui Rocha	M	M45	Individual	01:42:47	01:40:52
3789	273	Mario Santos	M	M50	Individual	01:42:48	01:42:29
3508	274	Luís Costa	M	M40	Running Clube de Coimbra	01:42:52	01:42:32
3695	275	Vitor Figueiredo	M	M45	CON_DORES CHOUPAL COIMBRA	01:42:53	0,07134
3498	276	Andy Tasker	M	M35	Individual	01:42:55	
3578	277	Paula Martins	F	F40	Viriathvs Runners Viseu	01:43:00	
3025	278	Jorge Oliveira	M	SenioresM	Individual	01:43:04	01:41:45
3797	279	Carlos Costa	M	SenioresM	Individual	01:43:07	01:42:24
3977	280	André Cid	M	M40	Individual	01:43:10	01:42:08
3307	281	Jorge Vilela	M	M40	Jogging Lovers Coimbra	01:43:11	01:42:11
3445	282	Hélder Barros	M	M35	Keep Running	01:43:13	01:42:02
3461	283	Jose Silva	M	M45	Individual	01:43:15	01:42:45
3694	284	António Patrício	M	M50	CON_DORES CHOUPAL COIMBRA	01:43:18	01:43:03
3258	285	Jose Leite	M	M55	ginasio clube santo tirso	01:43:18	01:43:08
3348	286	Carlos Silva	M	M40	Individual	01:43:20	01:42:41
3347	287	Luis Alves	M	M35	Individual	01:43:20	01:42:43
3879	288	Paulo Leite	M	M50	All About Spirit Team	01:43:21	01:42:58
3912	289	Leandro Santos	M	SenioresM	cavalinhos runners	01:43:26	01:43:06
3227	290	Joaquim Almeida	M	M55	Individual	01:43:26	01:43:16
3021	291	Luis Silva	M	M40	Individual	01:43:28	01:41:53
3291	292	Carlos Pereira	M	M40	Individual	01:43:30	01:42:03
3437	293	Hélder Ribeiro	M	SenioresM	Individual	01:43:36	01:42:17
3595	294	André Figueiredo	M	SenioresM	CAMPOCHEIO Team	01:43:38	01:43:06
3805	295	João Trigo	M	SenioresM	Individual	01:43:39	01:42:25
3926	296	Nuno Santos	M	M35	Individual	01:43:46	01:43:30
3618	297	Sofia Pimenta	F	F35	LION RUNNERS - G. D. Leões da Guarda	01:43:52	01:43:34
3972	298	Jorge Cruz	M	M40	Individual	01:43:52	01:43:35
3477	299	José Esteves	M	M40	Individual	01:43:55	01:42:37
3956	300	Jorge Henriques	M	M45	Jogging Lovers Coimbra	01:43:55	01:43:43
3332	301	Victor Santos	M	M50	Jogging Lovers Coimbra	01:44:08	01:43:55
3906	302	Salvador Pereira	M	M35	Viriathvs Runners Viseu	01:44:21	01:44:03
3457	303	João Silva	M	SenioresM	Individual	01:44:23	01:43:54
3336	304	Pedro Rocha	M	M40	Wolf Runners	01:44:31	01:44:20
3379	305	Nuno Afonso	M	M35	Individual	01:44:40	01:43:22
3137	306	Paulo Marques	M	M45	Amigos Ponto Final	01:44:41	01:44:32
3629	307	João Cabral	M	SenioresM	Quinta Thiagos	01:44:43	01:44:23
3167	308	Pedro Santos	M	SenioresM	Individual	01:44:43	01:43:55
3416	309	Francisco Juan	M	M50	Individual	01:44:45	01:43:23
3859	310	José Santos	M	M45	Viriathvs Runners Viseu	01:44:46	01:43:47
3863	311	Luís Bernardo	M	M40	Viriathvs Runners Viseu	01:44:47	01:44:09
3835	312	Raquel Andrade	F	F35	Individual	01:44:51	01:42:56
3836	313	Bruno Moura	M	SenioresM	Individual	01:44:52	01:42:56
3708	314	Micael Santos	M	SenioresM	Individual	01:45:00	01:44:14
3733	315	Rodrigo Nunes	M	M50	adercus	01:45:02	01:44:58

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3608	316	Carlos Rocha	M	M40	Individual	01:45:03	01:43:41
3351	317	Tiago Correia	M	M40	Individual	01:45:03	01:44:37
3473	318	João Rosário	M	SenioresM	Individual	01:45:04	01:44:01
3830	319	Sandra Rodrigues	F	SenioresF	Individual	01:45:08	01:44:29
3427	320	Raquel Pereira	F	F40	Ginasio Clube de Bragança	01:45:11	01:44:43
3010	321	António Neto	M	M60	TRIFITROFA	01:45:12	01:45:10
3659	322	João Franca	M	M40	Individual	01:45:13	0,0716
3081	323	Tiago Mendes	M	M45	Individual	01:45:13	
3669	324	César Pereira	M	SenioresM	Individual	01:45:16	01:44:57
3643	325	Leandro Ramos	M	M40	Individual	01:45:20	0,0722
4002	326	José Fernandes	M	M35	Individual	01:45:22	
3142	327	Pedro Singeis	M	M45	Individual	01:45:23	01:44:59
3141	328	Carlos Guerra	M	M45	Individual	01:45:25	01:44:59
3798	329	Miguel Cancela	M	M40	Individual	01:45:27	01:44:22
3747	330	Pedro Loureiro	M	M35	OLIVEIRA RUNNERS	01:45:28	01:44:55
3917	331	Luis Fonseca	M	M40	Escola de Atletismo de Coimbra/JPaiva	01:45:28	01:44:23
3232	332	Miguel Raposo	M	M35	"C.D." "Os Aguias" de Alpiarça Trail/Running"	01:45:29	01:45:10
3346	333	Nuno Figueiredo	M	M40	Individual	01:45:30	01:44:46
3086	334	Carlos Borges	M	M40	Vimarunners	01:45:33	01:44:24
3284	335	Raul Macedo	M	M50	Individual	01:45:34	0,07251
3777	336	Eduardo Costa	M	M40	Individual	01:45:37	
3064	337	Bruno Rodrigues	M	SenioresM	Individual	01:45:39	01:44:23
3593	338	Jorge Lopes	M	M35	Mondegopeças	01:45:41	01:45:00
3274	339	Ricardo Santos	M	M35	Bio Team Run	01:45:45	01:44:49
3570	340	Nuno Almeida	M	M35	Individual	01:45:50	01:44:51
3328	341	Carlos Sampaio	M	M45	Individual	01:45:53	01:44:55
3740	342	Rui Lourenço	M	M45	Individual	01:45:53	01:44:46
3864	343	Filipe Santos	M	M35	Individual	01:45:53	01:45:08
3742	344	José Martins	M	M40	Individual	01:45:57	01:45:19
3491	345	Fábio Silva	M	SenioresM	Tarahumara	01:46:03	01:45:57
3453	346	Robin Mundhenk	M	SenioresM	Individual	01:46:07	01:44:09
3611	347	José Eufrásio	M	M60	Individual	01:46:07	01:44:23
3894	348	Nuno Maia	M	SenioresM	Individual	01:46:08	01:43:56
3711	349	Pedro Tavares	M	SenioresM	Individual	01:46:11	01:45:30
3666	350	Nuno Silva	M	M40	Individual	01:46:14	01:45:34
3130	351	Adelaide Mendes	F	F55	Individual	01:46:22	0,073
3994	352	Lucas Figueiredo	M	SenioresM	Individual	01:46:28	
3844	353	Manuel Marcal	M	M60	CON_DORES CHOUPAL COIMBRA	01:46:32	01:46:27
3442	354	Tiago Costa	M	SenioresM	Individual	01:46:37	01:45:32
3330	355	Júlio Teixeira	M	SenioresM	Individual	01:46:40	01:46:28
3920	356	Mário Vaz	M	M40	Escola de Atletismo de Coimbra/JPaiva	01:46:49	01:46:40
3478	357	José Monteiro	M	M60	Individual	01:46:53	01:46:47
3540	358	Filipe Pereira	M	M40	Sai da Frente	01:46:57	01:45:28
3700	359	Márcio Figueiredo	M	SenioresM	Individual	01:46:58	01:46:13
3403	360	Pedro Elias	M	M45	Individual	01:47:02	01:46:06



Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3927	361	Susana Cabral	F	F40	Escola de Atletismo de Coimbra/JPaiva	01:47:02	01:46:39
3285	362	Bruno Gonçalves	M	SenioresM	Individual	01:47:08	01:46:07
3272	363	Nuno Oliveira	M	M50	Individual	01:47:11	01:45:47
3448	364	João Antunes	M	M45	Individual	01:47:13	01:46:33
3009	365	Jorge Neto	M	M50	Individual	01:47:16	01:46:28
3678	366	Martin Asensio	M	M50	Individual	01:47:18	01:45:55
3627	367	Renato Tiago	M	M35	Quinta Thiagos	01:47:19	01:46:59
4003	368	Rui Fonseca	M	M40	Individual	01:47:24	01:46:00
3077	369	Raul Martins	M	M50	Individual	01:47:33	01:45:50
3238	370	Joel Luis	M	SenioresM	Individual	01:47:34	01:47:01
3335	371	Andre Antunes	M	M40	Individual	01:47:35	01:46:31
3799	372	Mário Madeira	M	SenioresM	Individual	01:47:38	01:46:44
3970	373	Jose Tavares	M	M45	Individual	01:47:39	0,07388
3674	374	Helder Simões	M	M40	Individual	01:47:42	
3109	375	José Prior	M	M40	Individual	01:47:44	01:47:17
3018	376	Bruno Torreira	M	M35	Individual	01:47:46	01:46:29
3468	377	António Martinho	M	M50	cluve	01:47:52	01:47:02
3537	378	José Martins	M	M40	Individual	01:47:54	01:46:22
3261	379	Orlando Alves	M	M40	Individual	01:47:54	01:46:59
3757	380	André Traquino	M	M35	Individual	01:48:01	01:45:39
3821	381	Francisco Morais	M	M35	Coimbra Trail Running	01:48:02	01:47:28
3212	382	João Rosinha	M	M40	Individual	01:48:10	01:47:51
4005	383	David Cunha	M	SenioresM	Centro Saúde Militar de Coimbra	01:48:15	01:47:00
3707	384	Ricardo Rocha	M	M45	CON_DORES CHOUPAL COIMBRA	01:48:17	01:48:03
3954	385	Tiago Batista	M	SenioresM	Individual	01:48:20	01:47:45
3626	386	Armando Peneda	M	M60	Individual	01:48:22	01:48:17
3300	387	Nuno Pinto	M	M35	Jogging Lovers Coimbra	01:48:30	01:47:57
3269	388	Vítor Filipe	M	M35	Individual	01:48:32	01:46:30
3030	389	Arnaldo Rolo	M	M50	Runners da FRPSI	01:48:35	01:48:02
3496	390	Filipe Monteiro	M	SenioresM	Individual	01:48:40	01:48:07
3545	391	Miguel Conceição	M	SenioresM	Individual	01:48:43	01:46:50
3576	392	Luís Machado	M	M35	Individual	01:48:45	01:47:24
3924	393	Teresa Sepulveda	F	F35	Individual	01:48:51	01:48:23
3430	394	Tiago Miguel	M	JunioresM	Individual	01:48:55	01:47:34
3047	395	Fernando Ferreira	M	SenioresM	Individual	01:49:04	01:48:23
3492	396	Cláudia Lopes	F	SenioresF	Tarahumara	01:49:07	01:49:00
3279	397	Manuel Pardal	M	M60	Associação de Atletismo Lebres do Sado	01:49:13	01:47:50
3255	398	Pedro Paiva	M	M40	Venda Nova OAZ	01:49:21	01:48:28
3256	399	Manuel Paiva	M	M60	Venda Nova OAZ	01:49:21	01:48:28
3696	400	Dany Grilo	M	SenioresM	Filhos da Fruta	01:49:26	01:47:04
3786	401	Ricardo Silva	M	M35	Individual	01:49:47	01:48:18
3079	402	Rui Duarte	M	M50	Karrapateira 1919	01:49:50	01:48:13
3566	403	Cláudia Nunes	F	SenioresF	Viriathvs Runners Viseu	01:50:06	01:49:07
3213	404	Crispim Tribuna	M	SenioresM	Individual	01:50:13	01:49:46
3731	405	Antero Cunha	M	M45	Individual	01:50:16	01:49:59

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3910	406	Nuno Silva	M	M50	Individual	01:50:16	01:49:42
3577	407	Nuno Pereira	M	M35	Individual	01:50:19	01:48:49
3736	408	Hermínia Pereira	F	F50	Individual	01:50:19	01:50:15
3549	409	Célio Duarte	M	SenioresM	Deixa Passar	01:50:21	01:48:15
3652	410	Domingos Mendes	M	M50	Individual	01:50:23	01:49:02
3552	411	Pedro Neto	M	SenioresM	Deixa Passar	01:50:24	01:48:53
3396	412	Sónia Dias	F	SenioresF	Tribo Nr	01:50:35	01:50:26
3943	413	Luís Serrano	M	M35	Individual	01:50:39	01:48:37
3867	414	Rodrigo Carvalho	M	SenioresM	Individual	01:50:39	01:48:37
3989	415	Bruno Ventura	M	M40	Individual	01:50:40	01:48:53
3940	416	Pedro Ferreira	M	M35	Viseu 360	01:50:42	01:50:33
3110	417	João Ferreira	M	M40	Individual	01:50:54	0,07595
3615	418	Francisco Maia	M	JunioresM	Individual	01:50:54	
3400	419	Paulo Gonçalves	M	M40	BeSmart	01:50:56	01:49:15
3413	420	Patrícia Diogo	F	SenioresF	Saldo Válido	01:51:06	01:50:02
3702	421	Joaquim Almeida	M	M55	Individual	01:51:10	01:50:36
3282	422	João Gil	M	M55	Individual	01:51:12	01:50:18
3479	423	Vânia Simões	F	SenioresF	Individual	01:51:21	01:50:56
3995	424	Javier Montiel	M	SenioresM	Individual	01:51:23	01:50:56
3490	425	Armando Conceição	M	M60	Individual	01:51:27	01:50:09
3727	426	Cristóvão Martins	M	M40	Individual	01:51:29	01:49:34
3985	427	Eduardo Teixeira	M	M45	SS MONTEPIO	01:51:33	01:50:33
3870	428	Joao Cardoso	M	M40	SS MONTEPIO	01:51:34	01:50:35
3941	429	Carlos Neves	M	SenioresM	Individual	01:51:37	0,07635
3286	430	Narciso Arromba	M	M60	Individual	01:51:40	
3404	431	Francisco Bizarro	M	SenioresM	Individual	01:51:41	01:50:50
3728	432	Vítor Marques	M	M35	ACRD/PSP Viseu Runners	01:51:45	01:51:30
3673	433	Sandra Rocha	F	F35	ACRD/PSP Viseu Runners	01:51:46	01:51:31
3189	434	Rita Teixeira	F	SenioresF	Teixeiraa	01:51:48	01:50:39
3991	435	Nicola Marra	M	M50	Individual	01:51:49	01:51:12
3303	436	Eugénia Teixeira	F	F45	Jogging Lovers Coimbra	01:51:51	01:51:20
3211	437	Gonçalo Martins	M	M35	Individual	01:52:00	01:49:46
3828	438	José Lopes	M	M55	Individual	01:52:00	01:51:58
3580	439	Luís Novais	M	M45	Individual	01:52:14	01:51:21
3228	440	Carlos Rodrigues	M	M35	RunMAIA	01:52:17	01:51:12
3561	441	Marcelo Coutinho	M	M45	Individual	01:52:25	01:51:20
3808	442	Duarte Barbosa	M	M40	Individual	01:52:26	01:50:29
3174	443	João Duarte	M	SenioresM	IPN runners	01:52:26	01:51:08
3811	444	Alvaro Nunes	M	M40	Individual	01:52:27	01:50:30
3268	445	Cristina Duarte	F	F35	FIT&FUN ACREDITAR	01:52:31	0,07686
3388	446	Ricardo Santos	M	M35	Individual	01:52:48	
3585	447	Luis Pereira	M	M55	Individual	01:52:50	01:51:49
3827	448	Ricardo Sousa	M	M45	Individual	01:52:52	01:52:41
3888	449	Vitor Martins	M	M60	Individual	01:53:16	01:52:52
3364	450	Pedro Monteiro	M	SenioresM	Monteiro & Dias	01:53:22	01:51:47

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3181	451	Pedro Nunes	M	SenioresM	Crp Ribafria	01:53:32	01:52:39
3247	452	Álvaro Rolo	M	M60	Individual	01:53:34	01:52:52
3080	453	Sara Magalhães	F	F35	Individual	01:53:38	01:52:52
3037	454	Adelaide Perreira	F	F45	Runners da FRPSI	01:53:46	01:53:14
3642	455	Luís Conceição	M	M55	Individual	01:53:49	01:52:07
3509	456	Pedro Furtado	M	M45	Individual	01:53:50	01:53:39
3029	457	Nuno Correia	M	M35	Runners da FRPSI	01:53:57	01:53:24
3517	458	Bruno Botelho	M	SenioresM	Individual	01:54:03	01:52:14
3662	459	Nelson Almeida	M	M40	Individual	01:54:05	01:52:40
3250	460	Filipa Carvalho	F	F40	Individual	01:54:10	01:54:08
3634	461	Luis Cunha	M	M40	Individual	01:54:11	01:53:35
3672	462	Pedro Abrantes	M	SenioresM	ACRD/PSP Viseu Runners	01:54:16	01:53:59
3111	463	João Graça	M	M60	Individual	01:54:19	01:53:54
3273	464	Francisco Mendes	M	M40	Bio Team Run	01:54:28	01:53:31
3454	465	Paulo Lopes	M	M35	Alverca Urban Runners	01:54:31	01:52:52
3996	466	José Costa	M	M50	Individual	01:54:31	01:53:56
3155	467	Pedro Sousa	M	SenioresM	Individual	01:54:36	01:53:07
3414	468	Adelino Nunes	M	M50	Saldo Válido	01:54:38	01:53:33
3293	469	Ricardo Fonte	M	M35	Individual	01:54:50	01:53:16
3145	470	Luís Neto	M	SenioresM	Individual	01:54:59	01:52:53
3225	471	Nuno Vieira	M	M40	Individual	01:55:05	01:53:55
3308	472	Rui Almeida	M	M35	Jogging Lovers Coimbra	01:55:10	01:54:43
3380	473	Fausto Carvalho	M	M60	Individual	01:55:11	01:53:21
3292	474	Luís Sampaio	M	M35	Individual	01:55:14	01:53:39
3366	475	José Oliveira	M	M45	Wolf Runners	01:55:16	01:55:05
3377	476	Carla Carvalho	F	F40	MoreTeam	01:55:21	01:55:14
3224	477	Menuel Magalhães	M	M35	Individual	01:55:24	01:54:14
3470	478	João Matos	M	M40	Electrex	01:55:29	01:54:58
3551	479	Luís Bragança	M	SenioresM	Deixa Passar	01:55:32	01:53:27
3257	480	Antonio Gomes	M	M50	ginasio clube santo tirso	01:55:33	01:55:23
3016	481	Rita Costa	F	SenioresF	Individual	01:55:34	01:55:08
3489	482	Vitor Pereira	M	M45	Individual	01:55:37	01:55:25
3411	483	Rafael Pinto	M	M40	Individual	01:55:39	01:55:13
3543	484	Carlos Duarte	M	M50	CNC	01:55:41	01:55:02
3458	485	Miguel Pereira	M	M35	Individual	01:55:45	01:55:25
3849	486	António Martins	M	M40	Correr Viseu	01:55:46	01:55:14
3866	487	Nuno Ribeiro	M	SenioresM	ACRD/PSP Viseu Runners	01:55:46	01:55:33
3433	488	Jorge Carteiro	M	SenioresM	São Teotónio Runners	01:55:49	01:54:44
3375	489	Ana Brandão	F	SenioresF	Individual	01:55:53	01:53:51
3412	490	André Ventura	M	SenioresM	Saldo Válido	01:55:54	01:54:06
3107	491	Wladimir Ribeiro	M	SenioresM	Individual	01:55:56	01:54:58
3738	492	Isabel Gaspar	F	F35	Individual	01:55:56	01:55:03
3325	493	Paulo Alves	M	M50	Individual	01:55:56	01:55:10
3361	494	António Guedes	M	M45	Correr com estilo	01:55:58	01:53:57
3289	495	Rui Ribeiro	M	M55	Individual	01:56:05	01:55:09

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3365	496	Eduardo Ribeiro	M	M35	Individual	01:56:06	01:54:32
3425	497	Claudia Ribeiro	F	SenioresF	Individual	01:56:06	01:53:59
3062	498	Albino Neves	M	M50	Individual	01:56:07	01:56:03
3014	499	Jorge Rocha	M	M35	Individual	01:56:12	01:55:25
3264	500	Veridiano Ribeiro	M	M60	Individual	01:56:13	01:55:19
3871	501	Luis Torres	M	M40	SS MONTEPIO	01:56:21	01:55:21
3891	502	Joana Correia	F	SenioresF	Individual	01:56:22	01:55:10
3872	503	Sandra Pina	F	F40	SS MONTEPIO	01:56:23	0,08014
3796	504	Paulo Silva	M	SenioresM	Individual	01:56:25	
3048	505	Fernando Almeida	M	SenioresM	Individual	01:56:27	01:55:43
3358	506	Luis Ferreira	M	SenioresM	Individual	01:56:27	01:54:24
3352	507	Patricia Reis	F	SenioresF	FIT&FUN ACREDITAR	01:56:28	01:55:54
3784	508	Luisa Mesquita	F	F35	Individual	01:56:31	01:54:55
3542	509	Armando Parreira	M	M45	Individual	01:56:34	01:55:45
3094	510	Sergio Guimas	M	SenioresM	Individual	01:56:40	01:55:04
3456	511	Luis Estrelinha	M	M50	Individual	01:56:40	01:54:58
3161	512	Bruno Gaspar	M	M35	Individual	01:56:45	01:54:33
3076	513	Raquel Neves	F	SenioresF	Individual	01:56:54	01:56:50
3218	514	Nuno Fontes	M	SenioresM	Individual	01:56:54	0,0798
3022	515	Telmo Craveiro	M	SenioresM	Individual	01:56:56	
3313	516	Hugo Ferreira	M	M35	Individual	01:57:02	01:55:03
3463	517	João Coelho	M	M35	Pés Troikados - CSCS	01:57:07	01:55:56
3801	518	Rui Silva	M	M40	Individual	01:57:08	01:56:23
3820	519	Nuno Simoes	M	M35	Individual	01:57:10	01:54:57
3833	520	Pedro Coelho	M	M40	Individual	01:57:15	01:56:57
3162	521	Cândida Miguéis	F	F50	Miguéis Teixeira	01:57:17	01:56:03
3444	522	Marco Ribeiro	M	M45	Individual	01:57:18	01:55:36
3059	523	Rafael Santos	M	SenioresM	Individual	01:57:32	01:56:59
3907	524	Joao Bento	M	SenioresM	Individual	01:57:33	01:55:18
3896	525	Manuel Santos	M	M60	G.D.C. Eirapedrense	01:57:35	01:55:24
3574	526	Lara Azambujo	F	SenioresF	Run@Figueira	01:57:38	01:57:14
3935	527	José Fernandes	M	M50	Casa de Saúde São Mateus	01:57:42	01:57:33
3754	528	Amadeu Portilha	M	M50	Individual	01:57:46	01:55:29
3973	529	Luis Rodrigues	M	M40	Escola de Atletismo de Coimbra/JPaiva	01:57:48	01:57:25
3324	530	Douglas Kovaleski	M	M35	Individual	01:57:51	01:56:36
3868	531	António Lemos	M	M45	Individual	01:57:57	0,08082
3788	532	Jorge Solorzano	M	M40	Individual	01:58:01	
3422	533	António Ferreira	M	M50	Individual	01:58:02	01:56:58
3653	534	Miguel Fonseca	M	M40	Individual	01:58:08	01:57:26
3420	535	José Dominguescosta	M	SenioresM	Individual	01:58:10	01:56:13
3265	536	Rosa Ruiz	F	F35	Individual	01:58:11	01:57:17
3120	537	Bruno Jacquet	M	SenioresM	Individual	01:58:11	01:56:45
3004	538	Rui Ferreira	M	M45	Individual	01:58:11	01:56:51
3957	539	Luís Almeida	M	M50	Individual	01:58:12	01:57:37
3297	540	Manuel Carvalho	M	M60	Individual	01:58:21	01:57:01

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3319	541	Paulo Brás	M	M40	Individual	01:58:28	01:56:24
3378	542	Luis Pacheco	M	M45	Individual	01:58:31	01:56:57
3355	543	João Neves	M	SenioresM	FIT&FUN ACREDITAR	01:58:33	0,08104
3443	544	Hélder Costa	M	M35	Keep Running	01:58:35	
3023	545	João Cavadas	M	M50	Dcì\CCDRPedrulha-Mealhada	01:58:38	01:57:54
3592	546	Fátima Santos	F	F35	Individual	01:58:48	01:58:12
3609	547	Serafim Ramos	M	M55	Individual	01:58:50	01:58:13
3304	548	Paula Anjos	F	F40	Jogging Lovers Coimbra	01:59:08	01:58:37
3975	549	Bruno Leitão	M	SenioresM	Individual	01:59:18	01:57:35
3121	550	João Duarte	M	SenioresM	Individual	01:59:19	01:56:48
3602	551	Pedro Peixoto	M	M35	Individual	01:59:23	0,08198
3160	552	José Serrão	M	M50	Individual	01:59:30	
3321	553	Leomar Tiradentes	M	M45	Individual	01:59:31	01:59:02
3280	554	José Marques	M	M60	Associação de Atletismo Lebres do Sado	01:59:42	01:58:17
3682	555	Paulo Fernandes	M	M45	Wolf Runners	01:59:47	01:59:35
3840	556	Pedro Pinto	M	M35	Individual	01:59:49	01:57:45
3982	557	Jorge Cristino	M	M35	Individual	01:59:57	01:57:40
3568	558	Jorge Ramos	M	M60	Individual	02:00:09	01:58:26
3485	559	Edgar Reinhardt	M	M40	Tartarugas do Asfalto	02:00:11	01:59:46
3648	560	Eduard Agayev	M	SenioresM	Individual	02:00:12	01:58:20
3531	561	Armando Delgado	M	M55	Casa Benfica Figueira da Foz	02:00:13	01:59:50
3909	562	Rui Rodrigues	M	M40	Individual	02:00:16	01:59:53
3451	563	João Pires	M	M50	Individual	02:00:20	01:58:38
3450	564	Filipa Pires	F	SenioresF	Individual	02:00:22	01:58:40
3049	565	Pedro Azevedo	M	M45	Individual	02:00:24	02:00:15
3362	566	Ana Morais	F	F40	Correr com estilo	02:00:43	01:58:43
3475	567	João Costa	M	M40	Individual	02:00:47	02:00:04
3417	568	Miguel Bermonte	M	M40	Individual	02:00:53	01:59:14
3800	569	Vasco Figueiredo	M	M40	Individual	02:00:54	02:00:37
3087	570	Maria Rodrigues	F	F35	Individual	02:01:03	02:00:28
3309	571	Milda Stankaityte	F	SenioresF	Individual	02:01:36	02:00:07
3697	572	Liliana Simões	F	F40	Individual	02:01:38	02:01:22
3962	573	João Oliveira	M	SenioresM	GOODFIT	02:01:41	02:00:35
3803	574	Eduardo Guimarães	M	M60	Individual	02:01:42	02:01:06
3229	575	Miguel Mandim	M	M40	RunMAIA	02:01:49	02:00:47
3006	576	Lino Silva	M	M40	Alverca Urban Runners	02:01:59	02:00:16
3176	577	Nuno Moreira	M	M35	Alverca Urban Runners	02:02:01	02:00:18
3565	578	Hugo Oliveira	M	M35	Ninja Runners	02:02:02	02:00:23
3474	579	Miguel Redmont	M	M45	Individual	02:02:06	02:01:15
3865	580	Nuno Castro	M	M45	Individual	02:02:14	02:01:50
3397	581	Silvia Vieira	F	F35	Individual	02:02:17	02:00:22
3486	582	Rui Botelho	M	SenioresM	Eira Botelho	02:02:34	02:01:29
3487	583	André Botelho	M	SenioresM	Eira Botelho	02:02:34	02:01:43
3410	584	Mara Beirão	F	SenioresF	Individual	02:03:10	02:02:01
3249	585	Paulo Matafome	M	SenioresM	Individual	02:03:10	02:02:14

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3683	586	Ricardo Figueiredo	M	M50	Wolf Runners	02:03:13	02:03:01
3432	587	José Sá	M	SenioresM	Individual	02:03:27	02:02:25
3658	588	Pedro Silva	M	M45	Individual	02:03:29	02:02:10
3376	589	Filipe Carvalho	M	M45	MoreTeam	02:03:33	02:03:25
3102	590	Leonel Rodrigues	M	M45	Individual	02:03:38	02:01:45
3190	591	Salomé Pereira	F	SenioresF	Individual	02:03:41	02:01:59
3931	592	Afonso Belo	M	M45	Alverca Urban Runners	02:03:46	02:02:03
3230	593	Francisco Prates	M	M60	Associação de Atletismo Lebres do Sado	02:03:47	02:02:20
3011	594	Paulo Mendes	M	M35	Individual	02:03:50	02:02:14
3819	595	Viriato Dias	M	M40	Individual	02:04:09	02:02:39
3596	596	Pedro Almeida	M	M35	CAMPOCHEIO Team	02:04:10	02:03:38
3384	597	Pedro Henriques	M	M40	Individual	02:04:11	02:02:40
3196	598	Firmino Mendes	M	M50	Individual	02:04:33	02:03:48
3054	599	Aurora Godinho	F	F35	SOFTEAM	02:04:34	02:03:21
3709	600	Sónia Barbosa	F	F35	Individual	02:04:37	02:03:57
3244	601	Dina Boieiro	F	SenioresF	Individual	02:04:37	02:04:13
3146	602	Arsenio Rodrigues	M	M50	FIT&FUN ACREDITAR	02:04:37	02:02:24
3178	603	Diamantino Costa	M	M45	Rompe e Rasga	02:04:42	02:03:54
3748	604	Joao Costa	M	M60	Individual	02:04:43	02:02:32
3015	605	João Catela	M	M40	Individual	02:04:48	02:04:02
3031	606	Rui Almeida	M	M40	Runners da FRPSI	02:04:49	02:03:55
3032	607	Luis São-pedro	M	M40	Runners da FRPSI	02:04:50	02:03:57
3116	608	Luís Oliveira	M	SenioresM	Individual	02:04:55	02:03:27
3331	609	Joao Malcata	M	SenioresM	Individual	02:05:05	02:03:09
3932	610	Carlos Viegas	M	SenioresM	Individual	02:05:05	02:03:09
3527	611	Jose Dias	M	JunioresM	Filhos da Fruta	02:05:08	02:02:46
3439	612	Paulo Silva	F	F40	Individual	02:05:21	02:03:01
3847	613	Mário Ferreira	M	SenioresM	Tribo Nr	02:05:21	02:05:11
3055	614	João Cruz	M	M40	Individual	02:05:28	02:04:18
3104	615	Isabel Moniz	F	F50	Individual	02:05:33	02:05:01
3624	616	Luísa Baptista	F	F50	Individual	02:05:34	02:04:35
3277	617	André Pinto	M	SenioresM	Individual	02:05:57	02:04:50
3587	618	Magda Ramalho	F	F35	Individual	02:06:11	02:05:55
3097	619	Miguel Ribeiro	M	M35	Individual	02:06:12	02:05:56
3201	620	José Perdigão	M	SenioresM	Individual	02:06:15	02:03:59
3559	621	Carlos Gil	M	M35	Ninja Runners	02:06:15	02:04:37
3560	622	Bruno Serra	M	SenioresM	Ninja Runners	02:06:15	02:04:35
3558	623	Emanuel Durães	M	M40	Individual	02:06:33	02:05:10
3301	624	Adriano Santos	M	SenioresM	Jogging Lovers Coimbra	02:06:40	02:05:28
3992	625	Rui Evangelista	M	M45	Individual	02:06:46	02:05:35
3278	626	João Garcia	M	M35	Individual	02:06:46	02:04:46
3306	627	Sónia Teixeira	F	F40	Jogging Lovers Coimbra	02:06:47	02:06:16
3667	628	Miguel Capela	M	M40	Individual	02:07:06	02:05:26
3703	629	Carlos Rodrigues	M	M45	Individual	02:07:10	02:06:03
3704	630	Fernanda Rodrigues	F	F45	Individual	02:07:14	02:06:06

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3310	631	Claudio Mello	M	M45	Individual	02:07:27	02:06:03
3275	632	Victor Tomás	M	M40	Bio Team Run	02:07:31	02:06:34
3535	633	Hugo Neves	M	SenioresM	Jumbo de Coimbra	02:07:38	02:06:08
3098	634	Teresa Vasconcelos	F	F55	Individual	02:07:41	02:06:15
3315	635	Carla Fidalgo	F	F40	Jogging Lovers Coimbra	02:07:42	02:06:46
4006	636	Joao Crespo	M	M50	Individual	02:07:53	02:07:04
3882	637	Dário Madeira	M	M40	Individual	02:08:02	02:06:23
3166	638	Susan Oliveira	F	SenioresF	CORPUS RUN	02:08:02	02:07:06
3172	639	João Dias	M	M50	IPN runners	02:08:12	02:07:48
3720	640	Vasco Silva	M	SenioresM	Individual	02:08:20	02:07:10
3529	641	Ricardo Cardoso	M	SenioresM	Ren & Stimpy	02:08:29	02:06:44
3783	642	João Mesquita	M	SenioresM	Individual	02:08:33	02:06:57
3633	643	João Quaresma	M	M35	Turismo do Centro de Portugal	02:08:37	02:07:09
3129	644	Sergio Simoes	M	M35	Individual	02:08:39	0,08873
3173	645	Alberto Valejo	M	M45	IPN runners	02:08:44	
3424	646	Ângela Brito	F	F50	Individual	02:08:47	02:07:48
3541	647	António Vital	M	M60	Individual	02:08:51	02:08:07
3370	648	João Silva	M	M45	Individual	02:08:53	02:07:53
3572	649	Roberto Dias	M	M35	Os mancos	02:09:36	02:07:49
3571	650	Davide Borges	M	M35	Os mancos	02:09:36	02:07:50
4008	651	Miguel Cachão	M	M35	Individual	02:09:37	02:07:56
3579	652	Caroline Armstrong	F	SenioresF	Individual	02:09:46	02:08:34
3837	653	Carlos Alves	M	M55	Individual	02:09:58	02:09:20
3597	654	Pedro Silva	M	M35	Individual	02:10:00	02:08:20
3598	655	Nuno Mendonça	M	SenioresM	Individual	02:10:00	02:08:20
3525	656	Eduardo Dias	M	SenioresM	Filhos da Fruta	02:10:06	02:07:44
3675	657	Cláudia Isidoro	F	F40	Coimbra Trail Running	02:10:16	02:08:59
3881	658	Rui Gonçalves	M	M40	Individual	02:10:32	02:08:52
3177	659	Rui Silva	M	M40	Rompe e Rasga	02:10:34	02:09:45
3497	660	João Lourenço	M	M35	Individual	02:10:38	02:09:32
3426	661	Joao Salazar	M	M45	Individual	02:10:42	02:09:33
3302	662	Rita Araújo	F	F35	Jogging Lovers Coimbra	02:10:50	02:10:18
3978	663	Eugénia Cid	F	F45	Individual	02:10:51	02:09:49
3187	664	Julia Alves	F	F50	Wolf Runners	02:10:57	02:10:40
3209	665	Paulo Amaral	M	M55	Individual	02:11:02	02:09:30
3861	666	Jorge Campos	M	M50	Individual	02:11:14	02:09:50
3538	667	Paulo Almeida	M	M45	Individual	02:11:35	02:10:35
3645	668	Goncalo Baptista	M	SenioresM	Individual	02:11:55	02:10:35
3644	669	Joao Orvalho	M	M50	Individual	02:12:02	02:10:43
3101	670	Tiago Martins	M	SenioresM	Individual	02:12:07	02:10:15
3452	671	Joaquim Silva	M	SenioresM	Individual	02:12:18	02:11:52
3216	672	Luis Fernandes	M	M45	710806	02:12:22	02:10:36
3586	673	Mara Silva	F	SenioresF	Individual	02:12:34	02:12:18
3689	674	Donato Amaral	M	SenioresM	Centro Saúde Militar de Coimbra	02:12:49	0,09137
3312	675	Daniel Machado	M	M35	Os Fugitivos da Crise	02:12:50	

Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3657	676	Lidia Almeida	F	F45	Individual	02:12:53	02:11:40
3510	677	Domingos Teixeira	M	M35	Individual	02:13:18	02:12:50
3150	678	Mara Janeiro	F	SenioresF	FIT&FUN ACREDITAR	02:13:27	02:11:14
3159	679	Ana Moreira	F	F45	Atitude	02:13:42	02:11:42
3630	680	Rui Borges	M	M35	Individual	02:13:43	02:11:50
3901	681	Gonçalo Matos	M	M35	Individual	02:13:46	02:11:53
3714	682	Bruno Lopes	M	SenioresM	Santo Isidro	02:13:53	02:12:07
3715	683	Maria Pinheiro	F	SenioresF	Santo Isidro	02:13:53	02:12:08
3600	684	António Gonçalves	M	M40	Individual	02:13:56	02:12:23
3601	685	Paula Gonçalves	F	F40	Individual	02:13:56	02:12:23
3266	686	Daniel Rodrigues	M	M35	Individual	02:14:11	02:13:18
3434	687	Rui Correia	M	SenioresM	São Teotónio Runners	02:15:04	0,09304
3603	688	Fernando Silva	M	M50	Individual	02:15:18	
3482	689	Pedro Monteiro	M	M40	Individual	02:15:29	02:12:11
3467	690	Fernando Ribeiro	M	M55	cluve	02:15:30	02:14:37
3988	691	Nélia Antunes	F	F35	Individual	02:15:34	02:14:18
3320	692	Antonio Oliveira	M	M45	Individual	02:15:34	02:13:30
3636	693	Vivelindo Branco	M	M60	Individual	02:15:34	02:14:04
3656	694	Daniela Silva	F	F35	Individual	02:15:35	02:15:11
3607	695	Luís Fernandes	M	SenioresM	Jogging Lovers Coimbra	02:15:44	02:14:56
3501	696	Raquel Estrela	F	SenioresF	Individual	02:15:44	02:14:01
3606	697	Nuno Fernandes	M	M40	Jogging Lovers Coimbra	02:15:47	02:14:59
3775	698	Adriana Rodrigues	F	F35	Individual	02:15:52	02:14:25
3942	699	Paulo Conceição	M	M35	Individual	02:15:56	02:14:19
3152	700	Célia Carvalho	F	F40	Individual	02:16:49	02:14:49
3465	701	Patrícia Ribeiro	F	F35	Individual	02:17:03	02:14:43
4000	702	Gerard Badendorst	M	M50	Individual	02:17:03	02:16:33
3716	703	Miguel Nora	M	SenioresM	Individual	02:17:04	02:14:46
3582	704	Pedro Conceição	M	M40	TRI IT	02:17:10	02:16:24
3581	705	Patricia Santos	F	F35	TRI IT	02:17:11	02:16:26
3354	706	Teresa Maia	F	F55	HAPPYRUN	02:17:19	02:16:57
3353	707	Fernando Maia	M	M60	HAPPYRUN	02:17:23	02:17:00
3158	708	Carlos Cerqueira	M	SenioresM	Atitude	02:17:24	02:15:24
3599	709	Carolina Perdigoto	F	SenioresF	Individual	02:17:28	02:15:31
3528	710	David Perdigoto	M	SenioresM	Individual	02:17:33	02:15:36
3569	711	Luísa Mota	F	SenioresF	Individual	02:17:37	02:16:40
3710	712	Carla Santos	F	F35	Individual	02:18:19	02:17:37
3520	713	Joana Guerreiro	F	SenioresF	Individual	02:18:27	02:16:54
3356	714	Mariaelena Ambrosio	F	F35	FIT&FUN ACREDITAR	02:18:35	02:16:49
3154	715	Marcos Guimaraes	M	M50	Individual	02:18:35	02:16:28
3147	716	Joana Mendes	F	SenioresF	FIT&FUN ACREDITAR	02:19:14	02:17:03
3712	717	Miguel Fonseca	M	M40	Individual	02:19:59	0,09605
3513	718	Jorge Oliveira	M	M60	SPORT CLUB CONIMBRICENSE	02:19:59	
3922	719	Joao Brito	M	M45	PRIMOS POUSOS	02:21:04	02:19:10
3814	720	Catarina Gonçalves	F	SenioresF	PRIMOS POUSOS	02:21:06	02:19:13



Dorsal	Lugar	Nome	Sexo	Categoria	Clube	Tempo	Chip
3705	721	Hermínio Amaral	M	M40	Individual	02:21:09	02:19:09
3239	722	Nuno Dantas	M	M40	Individual	02:21:10	02:19:08
3138	723	Janin Kassner	F	SenioresF	Individual	02:21:49	02:20:19
3722	724	Paulo Mata	M	M50	Individual	02:22:58	02:21:00
3119	725	Ângela Gaspar	F	F35	Individual	02:23:08	02:21:11
3635	726	Tânia Mendes	F	F35	Individual	02:23:43	02:22:10
3148	727	Francisco Catalão	M	SenioresM	FIT&FUN ACREDITAR	02:24:05	02:21:52
3449	728	Alexandre Almeida	M	M45	Individual	02:24:08	02:23:23
3677	729	Ana Loreto	F	F45	Individual	02:24:09	02:23:24
3387	730	Vanda Covas	F	F35	Individual	02:24:51	02:23:34
3791	731	Louis Laroche	M	M45	Individual	02:24:53	02:22:44
3343	732	João Santos	M	SenioresM	Quinta à Noite	02:25:08	02:23:42
3502	733	Monica Cunha	F	F50	Individual	02:25:19	02:24:49
3290	734	Henriqueta Solipa	F	F50	Individual	02:25:21	02:23:38
3281	735	Lídia Vieira	F	F40	Associação de Atletismo Lebres do Sado	02:25:29	02:24:03
3655	736	Paulo Lopes	M	M45	Individual	02:25:35	02:24:23
3423	737	António Brito	M	M50	Individual	02:25:42	02:24:41
3185	738	Vítor Redondo	M	M50	IPN runners	02:25:45	02:25:31
3780	739	Carlos Rodrigues	M	M50	Individual	02:26:21	02:24:28
3091	740	Sandra Bolas	F	F40	Individual	02:27:51	02:26:04
3344	741	Francisco Santos	M	SenioresM	Quinta à Noite	02:28:18	02:26:53
3350	742	Jorge Catarino	M	M35	Individual	02:28:21	02:26:26
3360	743	João Bernardo	M	M40	Individual	02:28:21	02:26:27
3981	744	Ana Rufino	F	F35	Tribo Nr	02:30:54	0,1045
3654	745	Cristina Gonçalves	F	F35	Individual	02:30:59	
3886	746	Ricardo Rosa-pais	M	M40	Individual	02:31:04	02:29:16
3481	747	José Marques	M	M35	Individual	02:31:05	02:29:19
3090	748	Milena Alipio	F	F45	Individual	02:33:08	02:31:20
3875	749	Maria Correia	F	F45	Individual	02:36:46	02:34:29
3095	750	Tânia Fernandes	F	SenioresF	Individual	02:37:30	02:36:39
3151	751	Angela Silva	F	SenioresF	FIT&FUN ACREDITAR	02:37:31	02:35:19
4007	752	Ricardo Lima	M	M35	Individual	02:38:02	02:36:45
3435	753	Gonçalo Heleno	M	SenioresM	São Teotónio Runners	02:40:27	02:39:21
3693	754	Maria Vilaça	F	JunioresF	Individual	02:40:48	02:38:26
3632	755	Pedro Ferrão	M	SenioresM	Individual	02:40:50	0,11005
3589	756	Rafael Matos	M	SenioresM	Individual	02:48:04	
3117	757	Dídia Ferreira	F	F35	Individual	02:58:29	02:57:09
3557	758	Margarida Marques	F	F45	Lousada Runners	0,12986	0,12935