

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4644	1	José Sousa	M-Seniores	União Clube Eirense	00:29:14.233	00:29:12.380
4667	2	Carlos Nunes	M-V35	Casa Do Povo De Mangualde	00:30:19.377	00:30:19.377
5022	3	Rui Lopes	M-V40	Associação Académica De Coimbra	00:30:34.497	00:30:31.890
5070	4	Ricardo Gaspar	M-Seniores	Escola De Atletismo De Coimbra/Jpaiva	00:30:57.237	00:30:48.620
5112	5	João Toscano	M-Juniores	Individual	00:31:01.120	00:30:57.187
4629	6	Telmo Nascimento	M-Seniores	União Clube Eirense	00:31:04.120	00:30:59.850
5063	7	Hugo Fontes	M-Seniores	Escola De Atletismo De Coimbra/Jpaiva	00:31:21.490	00:31:18.470
5071	8	Vasco Pereira	M-Seniores	Escola De Atletismo De Coimbra/Jpaiva	00:32:08.860	00:32:05.127
4624	9	Fábio Abrantes	M-Seniores	União Clube Eirense	00:32:24.240	00:32:22.860
4981	10	Hugo Coelho	M-V45	Cluve	00:32:49.607	00:32:42.424
5066	11	Márcio Pereira	M-V35	Escola De Atletismo De Coimbra/Jpaiva	00:33:21.747	00:33:21.747
4030	12	Fernando Marques	M-Seniores	Dci\Ccdrpedrulha-Mealhada	00:33:22.247	00:33:11.010
4822	13	Ricardo Santos	M-Juniores	Dci\Ccdrpedrulha-Mealhada	00:33:28.753	00:33:22.350
4628	14	Ruben Cantante	M-Seniores	União Clube Eirense	00:33:42.997	00:33:24.580
5021	15	Nuno Silva	M-V35	Navr	00:33:50.503	00:33:47.743
5069	16	Paulo Garcia	M-V45	Escola De Atletismo De Coimbra/Jpaiva	00:33:54.247	00:33:46.214
4504	17	Olga Serdym	F-Seniores	Gaf	00:34:14.277	00:34:14.277
4633	18	Hugo Ramalho	M-V35	Recreio Desportivo De Águeda	00:34:22.997	00:34:19.484
4824	19	Tozé Carvalho	M-V35	Dci\Ccdrpedrulha-Mealhada	00:34:30.997	00:34:26.014
5142	20	Cátia Costa	F-Seniores	Maia A.C.	00:34:54.590	00:34:54.590
4823	21	Ruben Baptista	M-Seniores	Dci\Ccdrpedrulha-Mealhada	00:34:58.247	00:34:58.247
4329	22	Joel Ramalhoto	M-Seniores	Viriathvs Runners Viseu	00:34:58.590	00:34:50.073
4614	23	Paulo Costa	M-V35	Spotcriativo Viseu Running Team	00:34:59.340	00:34:59.340
4285	24	Carlos Pimenta	M-V40	Individual	00:34:59.750	00:33:32.983
5144	25	Vítor Godinho	M-V45	Escola De Atletismo De Coimbra/Jpaiva	00:35:00.590	00:33:23.923
4821	26	Ricardo Teixeira	M-Seniores	Dci\Ccdrpedrulha-Mealhada	00:35:05.757	00:34:56.300
4663	27	Paula Rios	F-V40	Individual	00:35:06.837	00:35:03.787
4855	28	José Ramalho	M-Seniores	Zaatam Runners	00:35:10.500	00:35:10.500
4479	29	Duarte Cruz	M-Seniores	Individual	00:35:16.747	00:34:55.910
4148	30	Licínio Silva	M-Seniores	Grupo Alegre Unido Bajouca	00:35:18.257	00:33:12.820
4989	31	Alexandre Marques	M-Seniores	Individual	00:35:29.000	00:34:59.733
4358	32	Nuno Alves	M-Seniores	Individual	00:35:34.500	00:35:19.987
4122	33	Aurélio Saúde	M-V40	Jogging Lovers Coimbra	00:35:37.533	00:35:29.676
4115	34	Toze Almeida	M-V40	Individual	00:35:42.253	00:35:33.153
4654	35	Luis Mendonça	M-V55	Individual	00:35:42.583	00:35:25.333
4363	36	Miguel Ladeira	M-V45	Individual	00:36:01.250	00:35:57.127
4241	37	Nuno Coutinho	M-Seniores	Individual	00:36:08.253	00:35:45.576
4487	38	Daniel Pinto	M-Seniores	Individual	00:36:16.000	00:34:51.210
4649	39	Fábio Marques	M-Seniores	União Clube Eirense	00:36:19.580	00:35:49.880
1298	40	Pedro Fernandes	M-V35	Individual	00:36:21.257	00:35:40.400
5120	41	Leandro Moura	M-V40	Individual	00:36:27.003	00:34:54.363
4596	42	Rayane Arbaoui	M-Juniores	Individual	00:36:31.253	00:36:12.210
4951	43	Ricardo Gonçalves	M-Seniores	Guardarunners	00:36:35.317	00:36:30.280
5008	44	Joao Vieira	M-Juniores	Cpt Sobral De Ceira - Escola De Atletismo	00:36:42.827	00:36:32.954
4485	45	António Alves	M-V60	Individual	00:36:43.327	00:36:23.877

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4993	46	Emanuel Rodrigues	M-Seniores	Loja Do Atleta Agueda	00:36:50.827	00:36:47.494
4271	47	Ricardo Redondo	M-V35	Individual	00:36:51.837	00:36:35.700
4854	48	Amélia Vieira	F-Seniores	Grupo Desportivo E Cultural De Castelo De Paiva	00:36:55.503	00:36:50.096
5073	49	Bruno Bernardes	M-Seniores	Individual	00:37:01.333	00:36:45.653
4388	50	Paulo Bernardo	M-V35	Jumbo De Coimbra	00:37:08.313	00:36:59.310
4031	51	Ricardo Germano	M-Seniores	Individual	00:37:20.503	00:37:04.850
4604	52	Ricardo Gonçalves	M-V35	Individual	00:37:23.507	00:37:23.507
4673	53	Gonçalo Lourinho	M-Seniores	Cbrunningteam	00:37:28.503	00:36:21.840
4041	54	Frederico Marques	M-V35	Out 2 Run	00:37:35.823	00:37:06.590
4454	55	João Figueiredo	M-Juniores	Viriathvs Runners Viseu	00:38:01.007	00:37:35.724
4555	56	Rui Melo	M-Seniores	Individual	00:38:02.307	00:37:22.137
4249	57	Hélder Piedade	M-V45	Individual	00:38:04.007	00:36:59.570
4239	58	Tiago Tabora	M-Seniores	Tribo Nr	00:38:06.307	00:37:45.027
4795	59	Diogo Reis	M-Seniores	Individual	00:38:09.320	00:38:03.230
5005	60	José Silva	M-V50	Individual	00:38:12.067	00:37:54.837
4685	61	Humberto Oliveira	M-V40	União Clube Eirense	00:38:16.563	00:37:53.213
4994	62	Pedro Cruz	M-Seniores	Loja Do Atleta Agueda	00:38:17.007	00:38:17.007
4489	63	Rui Andrade	M-V45	Individual	00:38:18.257	00:37:32.600
4380	64	Daniel Calvão	M-Seniores	Individual	00:38:18.570	00:37:52.730
1955	65	José Nunes	M-V50	Viriathvs Runners Viseu	00:38:19.757	00:38:09.794
4712	66	Joaquim Vieira	M-V50	Individual	00:38:22.820	00:38:10.390
4568	67	Augusto Gomes	M-V50	Individual	00:38:26.757	00:38:12.557
5141	68	Tobias Hamann	M-Seniores	Individual	00:38:27.013	00:38:15.883
4150	69	Otelo Pereira	M-V40	Grupo Alegre Unido Bajouca	00:38:27.507	00:38:06.977
5027	70	Mihail Babcinschi	M-Seniores	Individual	00:38:28.303	00:37:18.923
4750	71	Carlos Santos	M-V45	Individual	00:38:35.507	00:38:01.984
4825	72	Gonçalo Batista	M-Seniores	Individual	00:38:48.757	00:37:58.737
4964	73	João Salustiano	M-V45	Individual	00:38:55.257	00:38:10.277
4079	74	Rui Pires	M-V40	Individual	00:39:01.257	00:38:50.257
4656	75	Nuno Franco	M-V35	Cluve	00:39:05.330	00:38:54.113
5032	76	Alexandre Coutinho	M-Seniores	Individual	00:39:13.813	00:38:53.046
4451	77	Márcio Rodrigues	M-V35	Individual	00:39:15.267	00:39:00.487
4109	78	Hugo Filipe	M-V40	Individual	00:39:17.767	00:39:09.370
4527	79	Francisco Pereira	M-Seniores	Individual	00:39:18.583	00:38:29.630
4886	80	Fernando Marques	M-V45	Gm Team	00:39:32.510	00:38:01.130
4462	81	Miguel Oliveira	M-Seniores	Individual	00:39:34.267	00:39:28.770
4991	82	Daniel Paiva	M-Juniores	Individual	00:39:42.010	00:36:53.583
4704	83	Francisco Roque	M-V45	Individual	00:39:46.340	00:39:34.440
4904	84	Antonio Quatorze	M-V60	Individual	00:39:50.510	00:38:28.633
4309	85	Amandio Freire	M-V35	Individual	00:39:53.760	00:38:53.563
4324	86	Carlos Costa	M-V50	Individual	00:39:54.757	00:39:10.367
4214	87	André Morais	M-Seniores	Individual	00:40:01.783	00:37:41.116
4101	88	José Lemos	M-V40	Viriathvs Runners Viseu	00:40:02.260	00:39:43.803
4167	89	Frederico Gomes	M-Seniores	Lidl Team	00:40:09.030	00:39:47.070
4343	90	André Dias	M-V50	Tribo Nr	00:40:11.010	00:39:52.220

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4736	91	Bruno Rodrigues	M-V35	Acdrs Quinhendros	00:40:16.530	00:40:01.073
4695	92	Jorge André	M-Seniores	Convencidos.Com	00:40:17.510	00:40:11.173
5024	93	Saúl Martins	M-Seniores	Tribo Nr	00:40:20.037	00:38:51.120
4354	94	André Oliveira	M-V35	Individual	00:40:21.530	00:40:03.293
5096	95	Filipe Lacerda	M-Seniores	Individual	00:40:27.290	00:39:42.227
4349	96	José Abade	M-V60	Cluve	00:40:27.770	00:40:08.887
4689	97	Nelson Heleno	M-Seniores	Individual	00:40:30.760	00:40:05.913
4578	98	Jorge Santos	M-V45	Individual	00:40:33.520	00:38:46.530
5065	99	Jorge Alves	M-V45	Escola De Atletismo De Coimbra/Jpaiva	00:40:34.010	00:39:04.147
4134	100	João Soares	M-Seniores	Individual	00:40:37.010	00:38:48.163
4464	101	Nuno Mendes	M-V40	Menhoto	00:40:49.527	00:40:35.287
4352	102	Luís Loureiro	M-Seniores	Jumbo De Coimbra	00:40:51.033	00:40:03.633
5123	103	Diogo Moura	M-Juniores	Individual	00:40:51.787	00:39:19.120
4090	104	Filipe Santos	M-V35	Casa Pessoal Cibra Pataias	00:40:56.263	00:39:40.946
4335	105	Gonçalo Barão	M-V35	Individual	00:40:57.010	00:38:54.450
4928	106	Mário Alves	M-Seniores	Individual	00:40:57.510	00:38:33.470
4773	107	Paulo Morais	M-V35	Individual	00:40:58.273	00:40:41.273
5105	108	Fábio Gaspar	M-Seniores	Clube Desportivo Operário De Lagoa	00:41:00.520	00:40:56.017
5009	109	Patricia Diogo	F-Seniores	Cpt Sobral De Ceira - Escola De Atletismo	00:41:00.783	00:40:53.063
4114	110	Vasco Silva	M-V35	Individual	00:41:02.013	00:40:34.753
4916	111	Nuno Machado	M-Seniores	Individual	00:41:04.770	00:40:11.727
5155	112	Alfredo Delgado	M-V40	Individual	00:41:05.763	00:40:33.823
4728	113	Roman Trenson	M-Seniores	Individual	00:41:09.293	00:40:20.660
4399	114	Joana Vinhanova	F-Seniores	Individual	00:41:11.013	00:40:01.150
4106	115	Marcos Alves	M-V40	Tribo Nr	00:41:12.523	00:40:25.596
4603	116	Daniel Campos	M-V35	Cmv Runners	00:41:13.043	00:40:52.426
4470	117	Guilherme Oliveira	M-Seniores	Individual	00:41:21.013	00:39:47.483
4092	118	Márcio Figueiredo	M-Seniores	Casa Pessoal Cibra Pataias	00:41:26.520	00:40:07.057
4562	119	Paulo Tavares	M-V45	Ipocrunners	00:41:29.013	00:40:58.526
4801	120	Manuel Campos	M-V50	Viriathvs Runners Viseu	00:41:34.513	00:41:21.936
4069	121	Miguel Coimbra	M-V50	Individual	00:41:34.527	00:41:03.914
4992	122	Américo Lucas	M-V35	Loja Do Atleta Agueda	00:41:34.797	00:41:29.934
5011	123	Ana Almeida	F-Seniores	União Clube Eirense	00:41:39.517	00:41:02.380
5095	124	Fernando Albuquerque	M-Seniores	Individual	00:41:40.013	00:41:24.470
5031	125	Abel Carvalho	M-Seniores	Individual	00:41:41.763	00:40:28.776
5061	126	Fábio Silva	M-Seniores	Escola De Atletismo De Coimbra/Jpaiva	00:41:41.787	00:41:07.557
4777	127	Luís Ramos	M-V45	Jumbo De Coimbra	00:41:43.267	00:40:07.187
4652	128	António Pecegueiro	M-V60	Individual	00:41:43.763	00:41:32.400
4792	129	Francisco Carvalho	M-Seniores	Individual	00:41:45.763	00:40:27.980
4002	130	Hugo Vicente	M-V35	Candosa Runners	00:41:46.267	00:40:03.710
4434	131	Vasco Gomes	M-Seniores	Individual	00:41:46.773	00:41:30.593
4627	132	Luís Bernardo	M-Seniores	União Clube Eirense	00:41:49.520	00:41:10.380
4995	133	Tiago Esteves	M-Seniores	Loja Do Atleta Agueda	00:41:52.290	00:41:52.290
4997	134	José Marques	M-V50	Individual	00:41:55.770	00:40:24.190
4308	135	Vítor Rodrigues	M-Seniores	Gym4you	00:41:57.770	00:40:56.647

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4273	136	Fábio Santos	M-Seniores	M&M'S	00:42:01.330	00:39:45.727
4172	137	Jaime Schwingel	M-V40	Lidl Team	00:42:10.013	00:42:10.013
4655	138	Claudia Domingues	F-Seniores	Individual	00:42:16.017	00:42:10.060
4037	139	Catarina Pinho	F-Seniores	Individual	00:42:16.517	00:41:56.170
4551	140	André Fernandes	M-V40	Correr Viseu	00:42:20.517	00:41:54.210
4804	141	Rui Santos	M-V45	Individual	00:42:20.520	00:41:41.760
4293	142	Joaquim Pessoa	M-V55	Casa Do Benfica Condeixa	00:42:23.530	00:40:31.847
4348	143	Bento Baptista	M-V60	Cluve	00:42:24.277	00:40:39.997
4433	144	Sérgio Carlos	M-V45	Individual	00:42:32.517	00:41:05.704
5078	145	José Sousa	M-V35	Individual	00:42:32.763	00:40:48.300
4731	146	José Sacramento	M-V45	União Clube Eirense	00:42:36.013	00:40:59.160
4465	147	Rui Ganhoto	M-Seniores	Menhoto	00:42:37.527	00:42:21.597
4902	148	Marco Pereira	M-Seniores	Individual	00:42:39.267	00:42:30.130
4925	149	Cátia Batista	F-Seniores	Thunderbolt	00:42:41.017	00:42:11.980
4888	150	José Teixeira	M-V50	Individual	00:42:41.770	00:41:53.180
4350	151	Sergio Vilão	M-V35	Individual	00:42:44.527	00:41:38.770
4152	152	Tiago Cabecinhas	M-Seniores	Grupo Alegre Unido Bajouca	00:42:45.017	00:41:09.554
4922	153	Francisco Moreira	M-V40	Runners Sernancelhe Terra Da Castanha	00:42:55.800	00:42:15.523
4860	154	Mário Neto	M-V35	Runners Sernancelhe Terra Da Castanha	00:42:56.020	00:42:16.247
4575	155	Ricardo Cruz	M-Seniores	Liberty	00:42:56.777	00:41:43.960
4377	156	Tiago Rocha	M-Seniores	Onda Team	00:42:57.280	00:40:41.900
4104	157	Pedro Amaral	M-Seniores	Individual	00:42:59.267	00:42:19.547
4202	158	Júlio Teixeira	M-Seniores	Individual	00:42:59.767	00:42:40.574
4923	159	Luis Fonseca	M-V35	A.C.U.R.A.4Trail	00:43:01.007	00:42:20.427
4133	160	Pedro Marques	M-V40	Jumbo De Coimbra	00:43:03.017	00:41:28.710
4582	161	Idálio Loureiro	M-V40	Abaladiça	00:43:05.527	00:42:54.010
4626	162	João Nunes	M-Seniores	União Clube Eirense	00:43:06.017	00:43:00.170
5004	163	Fernando Marques	M-V35	Individual	00:43:09.520	00:42:47.490
4863	164	Carlos Oliveira	M-V60	Individual	00:43:12.017	00:42:41.014
4579	165	Oscar Baptista	M-V35	Individual	00:43:18.270	00:42:29.727
4856	166	Paulo Paixão	M-V40	Zaatam Runners	00:43:18.753	
4721	167	Elisabete Rocha	F-Seniores	Individual	00:43:20.267	00:43:09.437
4356	168	José Fernandes	M-Seniores	Cbrunningteam	00:43:23.277	00:42:20.334
4972	169	Silvina Baptista	F-V40	Timim	00:43:24.267	00:42:33.670
5054	170	Paula Cardoso	F-V45	Viseu360	00:43:26.770	00:42:43.487
5103	171	Tonito Gonçalves	M-V40	Individual	00:43:26.770	00:42:25.020
4640	172	José Campino	M-V60	Runners Sernancelhe Terra Da Castanha	00:43:27.373	
4762	173	Rui Martins	M-V35	Individual	00:43:28.270	00:43:21.110
4016	174	Dora Serra	F-V40	Individual	00:43:30.273	00:43:18.586
4882	175	Manuel Santos	M-V60	União Clube Eirense	00:43:31.753	00:42:50.720
5058	176	Adérito Fontes	M-V55	Escola De Atletismo De Coimbra/Jpaiva	00:43:32.520	00:42:52.187
4701	177	Fernando Teixeira	M-V50	Individual	00:43:38.000	00:41:47.267
4466	178	Jorge Caetano	M-V45	Runners Sernancelhe Terra Da Castanha	00:43:45.333	00:43:25.963
4276	179	Ricardo Pinho	M-V35	Individual	00:43:48.020	00:42:08.853
4561	180	Edgar Pratas	M-Seniores	Ipocrunners	00:43:48.260	00:42:48.647

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4303	181	Fernando Batista	M-V50	Individual	00:43:48.517	00:42:42.657
4072	182	Victor Figueiredo	M-V45	Viriathvs Runners Viseu	00:43:50.267	00:43:19.494
5067	183	Maria Pereira	F-Seniores	Escola De Atletismo De Coimbra/Jpaiva	00:43:55.270	00:43:46.913
4056	184	Rui Lopes	M-V40	Tribo Nr	00:43:56.770	00:43:08.193
4390	185	Raul Jesus	M-Seniores	Individual	00:43:57.520	00:42:16.187
4499	186	Pedro Neves	M-V40	Individual	00:43:57.530	00:43:44.820
4625	187	Joana Quinta	F-Seniores	União Clube Eirense	00:43:59.020	00:43:39.750
4544	188	Paulo Domingues	M-V40	Tribo Nr	00:43:59.310	00:43:38.537
4600	189	Jose Cortesao	M-V55	Individual	00:44:00.777	00:43:07.790
4240	190	António Soares	M-Seniores	Individual	00:44:01.273	00:42:44.210
4278	191	Pedro Choro	M-V35	Cvl	00:44:01.770	00:43:27.573
4337	192	João Alves	M-V35	Individual	00:44:02.267	00:43:33.947
4982	193	Joao Fernando	M-V35	Individual	00:44:07.017	00:43:10.074
4420	194	Marisa Santos	F-Seniores	Guardarunners	00:44:08.027	00:42:48.640
4419	195	Daniel Sousa	M-V35	Guardarunners	00:44:09.517	00:42:46.110
4327	196	Valter Rainho	M-V40	Individual	00:44:13.270	00:43:49.007
4486	197	Carla Cantante	F-Seniores	Individual	00:44:17.537	00:42:53.794
5036	198	Bruno Ventura	M-V40	Individual	00:44:18.517	00:42:01.384
4389	199	José Rodrigues	M-V60	Individual	00:44:19.493	00:44:19.493
2032	200	Jacinta Manuata	F-V35	Individual	00:44:22.027	00:43:39.397
4545	201	Gonçalo Pascoal	M-Seniores	Individual	00:44:27.270	00:42:35.263
5158	202	Durval Pires	M-Seniores	Individual	00:44:30.537	00:42:44.624
4091	203	José Ferreira	M-V35	Casa Pessoal Cibra Pataias	00:44:31.523	00:43:16.200
4611	204	Luis Loureiro	M-V40	Viriathvs Runners Viseu	00:44:31.530	00:42:25.720
4045	205	José Sá	M-Seniores	Individual	00:44:33.270	00:43:49.230
4386	206	Francisco Farinha	M-Seniores	Correr Queluz	00:44:35.030	00:42:37.493
4310	207	Vitor Cunha	M-V50	Individual	00:44:36.493	00:43:28.906
5168	208	Virgílio Neto	M-V40	Individual	00:44:37.770	00:44:14.343
4427	209	Feliciano Sousa	M-V45	Cmv Runners	00:44:44.023	00:44:03.860
5152	210	Roberto Gomes	M-Seniores	Transpira Viseu Phaarmpeças	00:44:44.777	00:42:56.787
4569	211	Tony Lopes	M-V35	Individual	00:44:49.037	00:44:32.040
4941	212	Ana Lopes	F-V35	Individual	00:44:49.040	00:44:30.913
4497	213	Rui Ferreira	M-Seniores	Individual	00:44:56.020	00:43:28.953
5028	214	André Costa	M-Seniores	Runner`S Do Demo	00:44:57.780	00:42:50.607
4758	215	João Oliva	M-Seniores	Individual	00:44:59.280	00:42:51.247
4320	216	Carlos Carneiro	M-V35	Individual	00:45:00.253	00:43:35.740
1309	217	Amadeu Carvalho	M-V60	Individual	00:45:00.523	00:44:36.553
4984	218	Pedro Pinto	M-V35	Individual	00:45:01.280	00:43:40.517
4591	219	Miguel Silva	M-Seniores	Individual	00:45:05.040	00:43:30.697
4277	220	Elisa Silva	F-V35	Cvl	00:45:05.277	00:44:31.704
4607	221	Diana Pinto	F-Juniores	Macieira De Sarnes	00:45:05.523	00:44:51.213
5111	222	Rui Simões	M-V50	Individual	00:45:06.023	00:43:40.230
4213	223	Paulo Silva	M-V50	Individual	00:45:07.023	00:43:36.096
4896	224	Ricardo Brasio	M-Seniores	Individual	00:45:07.523	00:43:37.146
4939	225	João Matos	M-Seniores	Individual	00:45:12.760	00:42:50.500

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4357	226	Antonio Caetano	M-V40	Individual	00:45:16.523	00:43:11.816
4651	227	Pedro Ferreira	M-V35	Jogging Lovers Coimbra	00:45:17.737	00:43:25.134
4394	228	Rodrigo Nunes	M-Seniores	Individual	00:45:18.773	00:44:23.790
4342	229	Pedro Gonçalves	M-V35	Individual	00:45:19.273	00:44:40.780
4444	230	Rui Nunes	M-V35	Individual	00:45:21.023	00:43:10.793
4605	231	Lígia Casimiro	F-V40	Individual	00:45:25.030	00:44:27.617
4877	232	Miguel Gomes	M-Seniores	Individual	00:45:25.247	00:43:27.880
4060	233	Hernâni Pedroso	M-V45	Individual	00:45:26.523	00:43:46.550
5074	234	Filip Koziy	M-V35	Pascoalitos A/D. Barcouço	00:45:28.253	00:44:18.890
4688	235	Antonio Lopes	M-V45	Individual	00:45:29.587	00:44:19.454
4969	236	Fernando Ribeiro	M-V35	Timim	00:45:32.773	00:44:05.813
4055	237	José Nunes	M-V35	Individual	00:45:33.507	00:44:41.407
4403	238	António Lopes	M-V40	Cmv Runners	00:45:35.837	
4005	239	Filipe Canilho	M-Seniores	Individual	00:45:36.507	00:44:16.154
4222	240	Sérgio Ferreira	M-V35	Azurara Runners	00:45:36.527	00:44:33.927
4443	241	Paulo Fernandes	M-V40	Os Gabrielas	00:45:40.027	00:45:16.777
4722	242	Ricardo Bispo	M-V35	Individual	00:45:40.777	00:45:28.420
4983	243	Fernando Matos	M-V40	Correr Viseu	00:45:42.530	00:45:27.803
4319	244	Gonçalo Louzada	M-Seniores	Individual	00:45:44.277	00:43:32.254
4913	245	Maria Carvalho	F-Seniores	Individual	00:45:46.023	00:44:28.146
4128	246	Vasco Gomes	M-Seniores	Individual	00:45:48.027	00:44:39.220
2057	247	Cláudia Amaral	F-Seniores	Individual	00:45:50.273	00:45:14.206
4015	248	Rui Barros	M-V45	Individual	00:45:51.277	00:45:34.074
4522	249	Marco Gomes	M-V40	Individual	00:45:51.763	00:44:06.186
4631	250	Gorete Moreira	F-V35	Individual	00:45:54.007	00:44:58.730
4491	251	Júlio Gonçalves	M-V60	Individual	00:45:56.527	00:45:03.267
4076	252	Alzira Barros	F-V40	Viriathvs Runners Viseu	00:45:57.533	00:45:23.110
4709	253	Pedro Jacinto	M-V40	Individual	00:45:59.260	00:44:10.873
5016	254	Andreia Pereira	F-Seniores	Individual	00:45:59.507	00:44:13.014
4057	255	Miguel Serra	M-V40	Individual	00:46:09.777	00:45:49.357
4739	256	Carlos Ramos	M-V55	Individual	00:46:17.977	00:45:21.094
4102	257	José Costa	M-V50	Viriathvs Runners Viseu	00:46:18.000	00:44:12.137
4917	258	João Almeida	M-V35	Individual	00:46:18.800	00:43:08.700
4000	259	Helena Lopes	F-V40	Tribo Nr	00:46:19.033	00:45:31.980
4149	260	Maria Silvério	F-Juniores	Grupo Alegre Unido Bajouca	00:46:21.033	00:44:16.213
4601	261	Cecilia Monteiro	F-V45	Guardarunners	00:46:23.777	00:45:01.470
4933	262	Ibore Trindade	M-V50	Individual	00:46:25.730	00:44:44.203
5060	263	Dina Santos	F-Seniores	Escola De Atletismo De Coimbra/Jpaiva	00:46:37.027	00:46:28.540
5085	264	José Mota	M-V40	Dois Nos Acudam	00:46:38.470	00:43:35.403
4930	265	Marco Xavier	M-Seniores	Individual	00:46:44.473	00:43:35.466
5122	266	João Rocha	M-Seniores	Individual	00:46:44.720	00:44:46.707
4901	267	Diogo Ramos	M-Seniores	Individual	00:46:46.777	00:43:39.864
4920	268	Carlos Pedro	M-V40	Individual	00:46:51.747	00:44:54.480
4929	269	Nuno Reis	M-V35	Individual	00:46:58.027	00:44:33.524
5137	270	Fernando Rodrigues	M-V55	Csmc	00:46:59.347	00:45:22.297

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4826	271	José Gonçalves	M-V50	Individual	00:47:00.777	00:44:41.310
4803	272	Eulália Pereira	F-V35	Guardarunners	00:47:04.277	00:45:44.924
4458	273	Pedro Figueiredo	M-V40	Individual	00:47:08.497	00:44:54.010
5104	274	Joana Alves	F-Seniores	Viriathvs Runners Viseu	00:47:13.780	00:45:50.940
4305	275	Nuno Duarte	M-V40	Individual	00:47:18.967	00:46:08.297
4360	276	Marco Casa-Novas	M-Seniores	Kung Foge	00:47:20.537	00:44:57.470
4764	277	Bruno Silva	M-V40	Lightning Thunder	00:47:22.247	00:44:00.750
4874	278	André Silva	M-V35	Individual	00:47:28.037	00:46:39.577
5052	279	Fernando Ribeiro	M-V60	Cluve	00:47:31.963	00:47:13.126
4384	280	Álvaro Portugal	M-V60	Individual	00:47:36.030	00:47:02.657
4580	281	Teresa Ramos	F-V55	Individual	00:47:36.093	00:47:09.046
4323	282	Fernando Sousa	M-V35	Jumbo De Coimbra	00:47:42.460	00:44:56.207
4289	283	Gonçalo Saraiva	M-Seniores	Individual	00:47:42.787	00:47:04.244
4698	284	Luís Bastos	M-Seniores	Jogging Lovers Coimbra	00:47:45.537	00:45:49.034
4503	285	Samuel Pinto	M-Seniores	Individual	00:47:46.537	00:44:50.530
4542	286	João Agostinho	M-Seniores	Individual	00:47:47.287	00:45:23.954
4165	287	Eunice Ribeiro	F-Seniores	Lidl Team	00:47:48.277	00:46:37.157
5092	288	João Reis	M-V35	Individual	00:47:49.280	00:46:40.493
4584	289	Nuno Almeida	M-V35	Individual	00:47:49.780	00:45:34.830
4371	290	João Dias	M-V50	Onda Team	00:47:50.530	00:45:34.130
4083	291	João Mendes	M-V35	Individual	00:47:53.780	00:45:42.413
4269	292	Filipe Santos	M-V40	Individual	00:47:55.000	00:46:06.517
4272	293	Sara Nunes	F-V35	Individual	00:47:56.230	00:47:28.753
4556	294	Antonio Ramos	M-V60	Individual	00:47:57.280	00:47:30.813
4684	295	Pedro Carvalho	M-V35	Individual	00:47:57.777	00:46:29.787
4288	296	António Saraiva	M-V60	Individual	00:47:57.963	00:47:19.973
4475	297	Nuno Pires	M-Seniores	Casa Do Benfica Condeixa	00:47:58.487	00:46:49.160
4116	298	Vítor Ferreira	M-V40	Individual	00:47:58.537	00:46:39.234
5106	299	Hugo Martins	M-V40	Carvalhos	00:47:59.037	00:46:06.077
4238	300	Jorge Costa	M-V55	Amigos Ponto Final	00:48:00.230	00:46:57.393
4711	301	Bruno Coutinho	M-Seniores	Guardarunners	00:48:01.037	00:46:39.620
4715	302	Urania Chuva	F-V40	Individual	00:48:01.280	00:46:09.363
4065	303	Sandra Abadito	F-V40	Viriathvs Runners Viseu	00:48:02.230	00:47:52.767
4524	304	Fernando Gaspar	M-V50	Individual	00:48:02.737	00:45:37.784
4042	305	Milena Rouxinol	F-V35	Out 2 Run	00:48:03.710	00:47:37.383
4754	306	Maria Miguéis	F-V50	Individual	00:48:04.030	00:47:04.637
5153	307	Carlos Queiroz	M-V40	Individual	00:48:06.530	00:44:40.813
5068	308	Nuno Cortesão	M-V40	Escola De Atletismo De Coimbra/Jpaiva	00:48:07.293	00:46:39.493
4820	309	Maria Carvalho	F-Seniores	Dci\Ccdrpedrulha-Mealhada	00:48:07.297	00:46:40.560
5019	310	Fernando Ferreira	M-Seniores	Dci\Ccdrpedrulha-Mealhada	00:48:07.310	00:46:37.743
5072	311	João Pereira	M-V40	Individual	00:48:07.537	00:46:40.280
4954	312	Tiago Morgado	M-Seniores	Individual	00:48:07.783	00:46:19.580
5015	313	Vera Couto	F-V35	Individual	00:48:08.033	00:45:07.033
5157	314	João Nogueira	M-V45	Individual	00:48:11.737	00:45:59.800
4635	315	Fernando Silva	M-V55	Individual	00:48:15.030	

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4899	316	Nuno Martins	M-Seniores	Individual	00:48:15.993	00:46:47.430
4446	317	Afonso Macedo	M-V60	Cluve	00:48:17.457	00:47:47.960
4393	318	Joni Marques	M-V40	Os Barbudos	00:48:18.030	00:47:02.617
4533	319	Joel Loureiro	M-V35	Correr Viseu	00:48:21.537	00:46:35.220
4613	320	Catarina Florido	F-Seniores	Spotcriativo Viseu Running Team	00:48:24.033	00:47:32.530
4528	321	João Barroso	M-Seniores	Individual	00:48:24.493	00:47:36.023
5161	322	Mariana Cascão	F-Seniores	Individual	00:48:26.030	00:46:59.367
4392	323	Alexandre Chicharo	M-Seniores	Os Barbudos	00:48:26.530	00:47:09.657
4228	324	Fernando Machado	M-V55	Cpt Coimbra	00:48:26.987	00:46:56.054
4401	325	Maria Simoes	F-V45	Individual	00:48:33.030	00:48:07.333
4636	326	Susana Dias	F-V40	Guardarunners	00:48:33.457	00:47:31.430
4328	327	Barbara Mota	F-Seniores	Viriathvs Runners Viseu	00:48:34.537	00:47:43.297
4675	328	Rui Rodrigues	M-Seniores	Cbrunningteam	00:48:37.737	00:47:30.867
4552	329	Susana Fernandes	F-V35	Correr Viseu	00:48:38.790	00:48:05.050
4791	330	Paulo Providencia	M-V50	Individual	00:48:42.703	00:46:17.420
4478	331	Tiago Bragança	M-Seniores	Individual	00:48:47.703	00:48:09.040
4702	332	Pedro Matos	M-Seniores	Individual	00:48:50.290	00:47:00.303
4910	333	Sérgio Ribeiro	M-V35	Sarc Em Forma	00:48:50.950	00:47:32.613
4409	334	João Cunha	M-Seniores	Correr Viseu	00:48:51.967	00:46:53.367
4453	335	Celina Almeida	F-V40	Viriathvs Runners Viseu	00:48:55.280	00:48:22.193
4938	336	Pedro Abreu	M-V40	Individual	00:48:58.533	00:48:39.833
4859	337	Manuel Ventura	M-V45	Individual	00:48:59.040	00:46:44.783
5107	338	Pedro Fontes	M-V40	Carvalhos	00:48:59.203	00:47:07.283
4608	339	Maria Anjos	F-V40	Individual	00:49:01.843	00:48:43.006
4690	340	Pedro Alves	M-Seniores	Individual	00:49:03.480	00:47:13.257
4907	341	João Freitas	M-V40	Sarc Em Forma	00:49:03.950	00:47:45.183
4682	342	Rafael Pragana	M-Seniores	Jogging Lovers Coimbra	00:49:04.040	00:47:41.360
4606	343	Paulo Neves	M-V50	Individual	00:49:04.040	00:45:42.720
4785	344	Daniel Martins	M-V35	Individual	00:49:11.533	00:47:16.520
5094	345	Rute Moreira	F-Seniores	Tribo Nr	00:49:14.033	00:48:26.756
5050	346	Marisa Almeida	F-V35	Casa Do Benfica Condeixa	00:49:14.730	00:48:01.970
4623	347	João Pereira	M-V45	Individual	00:49:14.790	00:46:51.853
4322	348	Bruno Costa	M-Seniores	Jumbo De Coimbra	00:49:16.460	00:46:29.440
5077	349	Duarte Dias	M-V45	Individual	00:49:16.533	00:48:11.290
4884	350	Vladimir Solovov	M-V45	Individual	00:49:18.783	00:47:59.890
4215	351	Scott Culp	M-V50	Individual	00:49:19.450	00:47:16.213
4381	352	Vanessa Loureiro	F-Seniores	Individual	00:49:20.533	00:48:43.006
4768	353	Alfredo Ferreira	M-V40	Individual	00:49:20.713	00:47:24.826
4050	354	João Pereira	M-V35	Individual	00:49:20.790	00:47:21.863
5042	355	Luis Reis	M-V40	Mondegopeças	00:49:23.283	00:48:28.420
4219	356	Joaquim Oliveira	M-V55	Feroliveira	00:49:24.203	00:47:47.706
4680	357	Avelino Rodrigues	M-V40	Pascoalitos A/D. Barcouço	00:49:24.540	00:47:01.807
4472	358	Carlos Henriques	M-V35	Individual	00:49:25.783	00:47:02.673
4027	359	Carlos Barroso	M-V50	Individual	00:49:26.947	00:49:00.090
5079	360	Luís Monteiro	M-V35	Individual	00:49:28.697	00:48:23.537



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4084	361	Carolina André	F-Seniores	Individual	00:49:29.783	00:47:58.706
5051	362	Cristina Almeida	F-V40	Viseu360	00:49:32.533	00:49:32.533
5053	363	Nuno Ribeiro	M-Seniores	Viseu360	00:49:33.537	00:48:43.984
5115	364	Filomena Santos	F-V40	Correr Lisboa	00:49:37.783	00:48:54.510
4665	365	Pedro Fonseca	M-V35	Individual	00:49:43.447	00:47:37.320
4460	366	Tiago Figueiredo	M-Seniores	Individual	00:49:43.543	00:49:34.106
4914	367	David Fernandes	M-Seniores	Individual	00:49:45.293	00:47:57.776
4740	368	Dina Barroca	F-V40	Individual	00:49:51.447	00:48:37.127
4227	369	Fátima Machado	F-V55	Cpt Coimbra	00:49:52.480	00:48:18.857
4086	370	Ricardo Alves	M-Seniores	Individual	00:49:52.543	00:48:21.126
4449	371	Anabela Martins	F-Seniores	Amiciclo Grândola	00:49:52.547	00:48:31.264
5116	372	Alberto Martins	M-V50	Individual	00:49:52.793	00:48:19.883
4404	373	Cristina Lopes	F-Seniores	Cmv Runners	00:49:53.537	00:49:41.387
4742	374	Sónia Lima	F-V40	Individual	00:49:55.223	00:48:39.723
4515	375	Dora Duarte	F-Seniores	Individual	00:49:56.033	00:47:35.506
4085	376	Diana Melhorado	F-Seniores	Individual	00:50:03.287	00:48:32.184
4107	377	Jose Madeira	M-V60	Individual	00:50:04.947	00:49:07.824
4379	378	José Gaspar	M-V60	Individual	00:50:06.470	00:49:30.893
4040	379	Florabela Rouxinol	F-V45	Out 2 Run	00:50:08.783	00:49:39.560
4903	380	Armando Rodrigues	M-V45	Individual	00:50:09.440	00:47:46.927
4461	381	Gina Matias	F-Seniores	Individual	00:50:09.787	00:48:37.154
5139	382	José Moita	M-V40	Csmc	00:50:09.847	00:49:05.400
5083	383	Rui Monteiro	M-V45	Csmc	00:50:11.043	00:48:32.830
4510	384	João Costa	M-V50	Runners Sernancelhe Terra Da Castanha	00:50:13.287	00:48:53.190
4147	385	Diogo Domingues	M-Seniores	Grupo Alegre Unido Bajouca	00:50:13.690	00:48:13.157
5124	386	Pedro Alexandre	M-Seniores	Individual	00:50:14.847	00:48:54.840
4480	387	Paulo Soares	M-V50	Individual	00:50:15.730	00:48:11.947
4557	388	Ricardo Pereira	M-V35	Individual	00:50:16.720	00:47:55.433
4846	389	Diogo Rodrigues	M-V35	Individual	00:50:18.287	00:48:01.754
4445	390	Mafalda Frias	F-Seniores	Individual	00:50:22.210	00:48:34.463
4828	391	Antonio Guedes	M-V45	Correr Com Estilo	00:50:23.793	00:48:08.610
4827	392	Ana Morais	F-V40	Correr Com Estilo	00:50:25.227	00:48:08.007
4145	393	Emanuel Ferreira	M-Seniores	Jogging Lovers Coimbra	00:50:25.937	00:49:05.740
5056	394	Marco Moutinho	M-V40	Viseu360	00:50:28.043	00:49:45.056
4469	395	Nuno Bento	M-V40	Correr Viseu	00:50:28.717	00:48:04.244
4541	396	André Lopes	M-Seniores	Individual	00:50:31.537	00:48:05.680
4118	397	Paulo Curado	M-V40	Individual	00:50:34.193	00:49:42.540
4226	398	Clara Machado	F-V55	Cpt Coimbra	00:50:35.787	00:49:06.610
4338	399	Alcino Salgado	M-V40	Jumbo De Coimbra	00:50:36.537	00:48:22.057
4752	400	Joaquim Tavares	M-V50	Individual	00:50:37.537	00:48:46.367
4339	401	Brigite Campos	F-V45	Jumbo De Coimbra	00:50:38.477	00:48:24.427
4070	402	Miguel Pereira	M-Seniores	Individual	00:50:38.793	00:49:23.766
4664	403	Artur Figueiredo	M-V40	Individual	00:50:40.037	00:48:33.394
4986	404	Ana Gonçalves	F-V50	Individual	00:50:40.467	00:48:49.940
4779	405	Luís Almeida	M-Seniores	Luís Almeida	00:50:40.847	00:49:32.074

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4074	406	António Pereira	M-V45	Viriathvs Runners Viseu	00:50:42.287	00:48:40.310
4137	407	José Sequeira	M-V60	Individual	00:50:43.697	00:50:40.897
4282	408	Carolina Figueiredo	F-V35	Individual	00:50:43.717	00:50:31.594
4223	409	Sofia Canez	F-Seniores	Azurara Runners	00:50:44.207	00:49:43.837
4581	410	Ângelo Fonseca	M-V40	Abaladiça	00:50:44.473	00:50:31.846
5129	411	Ricardo Paulo	M-Seniores	Individual	00:50:45.183	00:49:34.516
4261	412	Inês Loureiro	F-Seniores	Delta Runners	00:50:46.787	00:49:55.500
5059	413	Catarina Fernandes	F-V35	Escola De Atletismo De Coimbra/Jpaiva	00:50:46.940	00:49:34.920
4744	414	António Ferreira	M-V50	Individual	00:50:48.690	00:49:12.940
5062	415	Gabriela Gomes	F-V35	Escola De Atletismo De Coimbra/Jpaiva	00:50:50.537	00:49:23.660
4341	416	José Carvalho	M-V35	Jumbo De Coimbra	00:50:50.717	00:49:37.727
4871	417	Jose Rosa	M-V50	Individual	00:50:51.037	00:50:24.440
4872	418	Tiago Rosa	M-Juniores	Individual	00:50:51.037	00:50:23.387
4251	419	Diogo Rodrigues	M-Seniores	Individual	00:50:52.287	00:50:18.074
4355	420	Raul Vilela	M-Seniores	Individual	00:50:52.787	00:48:35.344
4733	421	Nelson Ferreira	M-V40	Individual	00:50:54.793	00:49:09.040
4139	422	Gustavo Carvalho	M-V45	Individual	00:50:55.287	00:50:08.637
4931	423	Andreia Gonçalves	F-Seniores	Individual	00:50:56.297	00:50:24.997
4038	424	Eduardo Ruiz	M-Seniores	Individual	00:50:57.227	00:49:11.237
4639	425	João Monge	M-Seniores	Runners Sernancelhe Terra Da Castanha	00:50:58.547	00:50:14.930
4638	426	Cristiano Santos	M-Seniores	Runners Sernancelhe Terra Da Castanha	00:50:58.787	00:50:14.607
4726	427	Marisa Sobral	F-V35	Runners Sernancelhe Terra Da Castanha	00:50:59.223	00:50:12.716
5140	428	Renato Silva	M-Seniores	Csmc	00:51:09.933	00:48:48.210
4231	429	João Silva	M-V55	Individual	00:51:10.287	00:49:38.180
4630	430	Rita Costa	F-Seniores	Individual	00:51:10.537	00:49:30.657
4924	431	Elisabete Pires	F-Seniores	Individual	00:51:11.467	00:50:19.910
4088	432	António Tavares	M-V60	Individual	00:51:11.790	00:49:26.857
4110	433	Vasco Melo	M-V40	Jogging Lovers Coimbra	00:51:12.547	00:50:40.000
5020	434	Patricia Fernandes	F-Seniores	Individual	00:51:12.547	00:50:39.217
4111	435	Paula Gonçalves	F-Seniores	Jogging Lovers Coimbra	00:51:12.790	00:50:40.100
4942	436	Ana Vieira	F-Seniores	Individual	00:51:13.797	00:48:52.277
4787	437	Luis Vale	M-V60	Individual	00:51:14.933	00:49:08.950
4769	438	Pedro Martins	M-V35	Individual	00:51:15.180	00:49:55.627
4438	439	Luís Silva	M-V45	Individual	00:51:15.713	00:49:50.386
4532	440	Eugénia Esteves	F-V40	Cmv Runners	00:51:17.793	00:51:04.836
4670	441	Luis Costa	M-V50	Individual	00:51:19.463	00:50:45.243
4797	442	Rui Dias	M-Seniores	Individual	00:51:20.440	00:50:15.677
4760	443	Carla Tomás	F-V40	Navr	00:51:22.460	00:49:31.480
4751	444	Rita Jorge	F-V35	Individual	00:51:23.463	00:50:19.950
4067	445	Vera Lopes	F-V35	Am 18 Maio	00:51:23.547	00:50:40.660
4996	446	Bruno Benedito	M-V35	Individual	00:51:24.177	00:51:14.637
4244	447	Rita Lemos	F-V45	Individual	00:51:27.800	00:50:01.107
4146	448	Anabela Fernandes	F-V45	Grupo Alegre Unido Bajouca	00:51:29.040	00:50:57.727
4705	449	Bruno Ferrer	M-V40	Think Business	00:51:29.710	00:47:47.263
4211	450	Nádia Lemos	F-Seniores	Individual	00:51:29.790	00:49:45.917

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5055	451	Michael Gerecke	M-V35	Os Gerecke	00:51:32.537	00:49:28.894
4621	452	José Dias	M-Seniores	Galo & Cia.	00:51:32.710	00:49:33.030
4735	453	André Nogueira	M-Seniores	Individual	00:51:35.287	00:49:43.844
4531	454	José Garcia	M-V50	Individual	00:51:35.547	00:49:14.384
4517	455	Helena Azevedo	F-Seniores	Individual	00:51:40.040	00:51:23.613
4729	456	Gonçalo Amaro	M-Seniores	Individual	00:51:42.040	00:50:50.753
4987	457	Joselito Lucas	M-V40	Individual	00:51:42.200	00:51:32.553
4436	458	Evaristo Moreira	M-V45	Individual	00:51:42.710	00:50:43.380
4212	459	David Pereira	M-Seniores	Individual	00:51:43.210	00:50:08.637
4265	460	Américo Pessoa	M-V50	Individual	00:51:45.290	00:50:42.453
4268	461	Pedro Cardoso	M-V40	Individual	00:51:45.430	00:49:49.603
4710	462	Francisco Belo	M-V60	Individual	00:51:45.537	00:51:15.830
4786	463	Eder Teixeira	M-V35	Individual	00:51:46.200	00:49:53.613
4096	464	Ewa Bieniek	F-Seniores	Individual	00:51:46.297	00:50:27.424
4275	465	Pedro Ponciano	M-Seniores	M&M'S	00:51:46.790	00:49:32.123
4267	466	Herminio Luzío	M-V35	Individual	00:51:47.540	00:49:51.887
5075	467	Rodrigo Almeida	M-Juniores	Viseu360	00:51:48.287	00:51:34.244
5101	468	Vera Lopes	F-Seniores	Individual	00:51:48.460	00:49:32.640
4398	469	Lurdes Caiado	F-V40	Individual	00:51:48.797	00:51:33.744
5086	470	Tiago Amaral	M-V40	Dois Nos Acudam	00:51:49.457	00:48:45.580
4617	471	Deolinda Cerqueira	F-V55	Galo & Cia.	00:51:49.790	00:49:48.017
4878	472	Carlos Figueiredo	M-V40	Tartarugas	00:51:56.290	00:49:12.293
4879	473	Nuno Gonçalves	M-V35	Tartarugas	00:51:56.290	00:49:13.753
4756	474	Ana Lopes	F-Seniores	Atividade Sénior Viseu	00:51:57.707	00:49:56.374
5076	475	Cristina Moreira	F-V45	Individual	00:51:59.040	00:50:52.103
4677	476	Joaquim Pragana	M-V60	Jogging Lovers Coimbra	00:52:04.290	00:50:39.437
4098	477	Maria Soares	F-V50	Individual	00:52:04.423	00:49:59.046
4908	478	Marta Costa	F-V40	Sarc Em Forma	00:52:04.790	00:50:47.543
4945	479	Pedro Antunes	M-Seniores	Antunes	00:52:05.427	00:50:02.390
4408	480	Goreti Freitas	F-V45	Cmv Runners	00:52:06.290	00:51:53.703
4127	481	Andreia Costa	F-V35	Individual	00:52:07.207	00:50:02.257
4767	482	Luis Amaral	M-V40	Viriathvs Runners Viseu	00:52:07.963	00:51:04.266
4253	483	Joana Rodrigues	F-V35	Individual	00:52:08.047	00:51:08.120
4034	484	Paulo Baptista	M-Seniores	Individual	00:52:08.790	00:50:25.337
4351	485	Paula Gonçalves	F-V40	Individual	00:52:09.293	00:51:03.203
4975	486	Sílvia Gonçalves	F-V35	Guardarunners	00:52:10.197	00:51:08.174
4321	487	Pedro Cunha	M-Seniores	Individual	00:52:13.670	00:50:34.253
4473	488	Ricardo Malo	M-V40	Individual	00:52:16.427	00:50:05.587
4648	489	João Sousa	M-Seniores	Individual	00:52:18.667	00:51:14.547
4501	490	Maria Pires	F-V50	Individual	00:52:20.047	00:51:04.727
5132	491	Rafael Dinis	M-V40	Individual	00:52:20.540	00:51:28.463
4452	492	Paulo Cardoso	M-V50	Individual	00:52:22.920	00:51:54.900
4290	493	Diana Linhares	F-Seniores	Individual	00:52:23.460	00:50:10.587
4563	494	Teresa Tavares	F-V45	Ipocrunners	00:52:25.547	00:51:54.797
4921	495	Marco Alexandre	M-V35	Individual	00:52:26.297	00:50:33.384

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4318	496	Carla Freire	F-V40	Jumbo De Coimbra	00:52:26.710	00:51:12.763
5006	497	Susana Castro	F-V40	Individual	00:52:27.040	00:52:09.580
4686	498	Nair Bessa	F-Seniores	Individual	00:52:28.540	00:50:59.750
4918	499	Clara Lourenço	F-V40	Individual	00:52:31.797	00:51:25.254
5128	500	Christina Taubert	F-Seniores	Individual	00:52:31.953	00:51:22.333
4839	501	Jorge Azevedo	M-V50	M. Costas Grupo	00:52:32.173	00:50:59.016
4274	502	Maria Fraga	F-Seniores	M&M'S	00:52:32.667	00:50:17.994
4799	503	Vitor Fonseca	M-Seniores	Visiensses	00:52:32.923	00:51:26.630
4476	504	Vitor Santos	M-Seniores	Individual	00:52:33.040	00:51:56.227
4738	505	Adriano Pião	M-V45	Individual	00:52:33.550	00:50:21.283
5037	506	Filomena Dias	F-V50	Rcc	00:52:34.043	00:50:10.900
4798	507	Fábio Santos	M-Seniores	Visiensses	00:52:35.917	00:51:31.377
4835	508	Alice Fonseca	F-V35	M. Costas Grupo	00:52:38.040	00:51:17.073
4435	509	Sara Martins	F-V40	Cluve	00:52:38.470	00:51:11.160
4616	510	António Dias	M-V55	Galo & Cia.	00:52:39.167	00:50:38.550
4834	511	Alberto Brito	M-V55	M. Costas Grupo	00:52:39.703	00:51:18.266
4467	512	Cândido Azevedo	M-V55	Runners Sernancelhe Terra Da Castanha	00:52:39.800	00:51:17.720
4620	513	José Mota	M-V60	Galo & Cia.	00:52:42.040	00:50:41.003
4974	514	Cristina Santos	F-Seniores	Guardarunners	00:52:42.540	00:51:21.720
4422	515	André Antunes	M-Seniores	Individual	00:52:42.790	00:50:41.070
5151	516	Carlos Coelho	M-V50	Transpira Viseu Phaarmpeças	00:52:43.547	00:50:57.184
4666	517	Hugo Aleixo	M-Seniores	Individual	00:52:44.043	00:49:48.156
4592	518	Alexandre Alves	M-Seniores	Individual	00:52:44.417	00:50:52.977
4890	519	Sónia Lemos	F-Seniores	Seitafit	00:52:44.440	00:51:28.357
4158	520	António Marques	M-V40	Lidl Team	00:52:45.040	00:49:23.263
4221	521	Tiago Trindade	M-V35	Individual	00:52:45.290	00:51:34.723
4583	522	Nuno Tavares	M-V40	Abaladiça	00:52:45.797	00:52:32.974
4209	523	Catarina Mouraz	F-Seniores	Individual	00:52:46.167	00:50:34.990
4496	524	Sofia Ferreira	F-Seniores	Individual	00:52:50.210	00:51:16.140
4013	525	Carla Almeida	F-V40	Individual	00:52:51.547	00:52:10.637
5110	526	Fernanda Lopes	F-V40	Cmv Runners	00:52:54.043	00:52:34.766
4405	527	Joao Francisco	M-V40	Individual	00:52:57.167	00:51:03.270
4495	528	Paulo Pereira	M-V40	Individual	00:52:58.663	00:50:14.453
4089	529	Bruno Dias	M-Seniores	Casa Pessoal Cibra Pataias	00:53:01.797	00:51:44.307
4741	530	Manuel Gonçalves	M-V55	Individual	00:53:01.917	00:50:49.474
4694	531	Bruno Carraça	M-V35	Individual	00:53:04.793	00:52:23.263
5131	532	Luiz Zoby	M-V35	Individual	00:53:06.800	00:49:47.343
4026	533	João Faria	M-V35	Individual	00:53:07.910	00:51:44.060
4025	534	Ivone Costa	F-V35	Individual	00:53:09.790	00:51:45.977
4671	535	Catarina Palmeiro	F-V35	Cbrunningteam	00:53:12.077	00:52:09.034
4131	536	Joao Lopes	M-Seniores	Joaoines	00:53:12.187	00:52:37.544
4252	537	Jorge Rodrigues	M-V35	Individual	00:53:14.797	00:52:17.107
4558	538	Fernando Fernandes	M-Seniores	Individual	00:53:19.043	00:51:37.656
4669	539	Nilton Oliveira	M-V50	Individual	00:53:19.300	00:51:08.200
4549	540	Luís Santos	M-V40	Correr Viseu	00:53:19.457	00:52:42.247

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4550	541	Cristina Ferreira	F-V35	Correr Viseu	00:53:19.697	00:52:42.667
4304	542	Filipa Batista	F-Seniores	Individual	00:53:20.293	00:50:59.966
4944	543	Fernando Antunes	M-V55	Antunes	00:53:21.050	00:51:18.760
4802	544	Maria Costa	F-V50	Individual	00:53:22.187	00:51:15.630
5160	545	Constança Rigueiro	F-V50	Individual	00:53:22.483	00:51:55.440
4336	546	Florbela Fernandes	F-V45	Tribo Nr	00:53:23.447	00:51:54.837
4526	547	Cristina Barros	F-Seniores	Individual	00:53:25.043	00:51:38.326
4284	548	Pedro Simões	M-Seniores	Individual	00:53:25.947	00:51:44.120
4998	549	Ana Ferreira	F-Seniores	Individual	00:53:29.043	00:51:27.743
4208	550	Raquel Oliveira	F-Seniores	Individual	00:53:31.697	00:53:01.544
4674	551	Hortense Baptista	F-V55	Cbrunningteam	00:53:32.297	00:52:29.704
4847	552	Tânia Baptista	F-Seniores	Individual	00:53:33.657	00:50:06.264
4793	553	Ana Pires	F-Seniores	Individual	00:53:33.703	00:52:39.926
4382	554	Maria Carreira	F-Seniores	Individual	00:53:34.043	00:52:53.220
4898	555	Nuno Silva	M-V35	Individual	00:53:35.357	00:53:12.277
4842	556	Rosalina Costa	F-V45	M. Costas Grupo	00:53:35.793	00:52:03.076
4810	557	José Abrantes	M-V45	Pinks & Imens	00:53:35.943	00:52:06.166
4837	558	Cindy Silva	F-V45	M. Costas Grupo	00:53:36.043	00:52:03.050
4560	559	Rafaela Sousa	F-Seniores	Individual	00:53:36.547	00:51:57.164
4565	560	Rodrigo Sousa	M-Juniores	Individual	00:53:36.550	00:51:48.417
4759	561	Andreia Machado	F-Seniores	Individual	00:53:37.947	00:52:42.670
4254	562	Fernando Sousa	M-V40	Individual	00:53:38.907	00:51:13.564
4832	563	Fabrice Gonçalves	M-Seniores	Individual	00:53:39.043	00:51:30.196
4796	564	Palmira Baltazar	F-V50	Guardarunners	00:53:40.047	00:52:23.470
4361	565	Tiago Nascimento	M-Seniores	Kung Foge	00:53:40.053	00:51:18.826
5165	566	Guilherme Murta	M-Seniores	Individual	00:53:40.943	00:51:21.080
4365	567	Vítor Escada	M-Seniores	Individual	00:53:42.293	00:52:38.453
4250	568	Carlos Miranda	M-V45	Individual	00:53:44.190	00:51:36.127
4511	569	Sofia Relvas	F-Seniores	Individual	00:53:45.793	00:52:10.093
4952	570	Anabela Branco	F-V45	Individual	00:53:47.293	00:51:19.563
5035	571	Pedro Costa	M-V40	Individual	00:53:51.157	00:51:56.430
4294	572	Anabela Amaral	F-V45	Individual	00:53:51.443	00:52:22.310
4035	573	Sara Branco	F-Seniores	Individual	00:53:51.793	00:52:08.073
4905	574	Hélder Fernandes	M-V35	Sarc Em Forma	00:53:52.543	00:52:32.583
5049	575	Jorge Simões	M-Seniores	Nos	00:53:56.657	00:51:38.610
4136	576	Ariana Rocha	F-Seniores	Dci-Ccdrp	00:53:57.047	00:52:37.797
4081	577	Manuel Sequeira	M-V60	G.D.C.T. Repsol Polímeros	00:53:59.543	00:51:48.200
4061	578	Rosa Correia	F-V40	Viriathvs Runners Viseu	00:54:01.197	00:53:29.730
4697	579	Rafaela Silva	F-Seniores	Convencidos.Com	00:54:03.650	00:52:49.590
4364	580	Mara Pereira	F-V35	Individual	00:54:06.410	00:53:04.103
4296	581	Filipe Salgado	M-Seniores	Individual	00:54:07.543	00:53:49.173
4415	582	Daniel Costa	M-V35	Individual	00:54:08.303	00:53:44.060
4417	583	Sandra Martins	F-Seniores	Individual	00:54:08.310	00:53:45.007
4687	584	Teresa Gouveia	F-Seniores	Individual	00:54:09.043	00:52:20.616
4968	585	Manuel Pereira	M-V60	Individual	00:54:09.903	00:52:43.566

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4151	586	Célia Arneiro	F-V45	Grupo Alegre Unido Bajouca	00:54:11.800	00:51:39.207
4397	587	Rupek Margot	F-Seniores	Individual	00:54:16.550	00:52:25.077
4657	588	Helena Lacerda	F-V50	Individual	00:54:16.603	00:53:32.560
4416	589	Filipe Ferreira	M-Seniores	Individual	00:54:18.400	00:53:54.887
4418	590	Teresa Santos	F-Seniores	Individual	00:54:20.547	00:53:56.157
5164	591	Paulo Pinto	M-V50	Individual	00:54:24.903	00:53:35.260
4615	592	Gualter Gaspar	M-Seniores	Individual	00:54:25.397	00:53:59.810
5114	593	Ricardo Minas	M-V45	Individual	00:54:25.400	00:52:47.513
5159	594	João Freitas	M-V35	Individual	00:54:25.800	00:52:49.213
5113	595	João Teodoro	M-V50	Individual	00:54:26.297	00:52:49.424
4660	596	Flávio Guilherme	M-Seniores	Individual	00:54:27.057	00:53:34.507
4784	597	Irene Olivé	F-V35	Individual	00:54:27.297	00:51:02.024
4870	598	Michelle Cheese	F-Seniores	Individual	00:54:28.060	00:52:24.403
4129	599	José Quadrado	M-V45	Jogging Lovers Coimbra	00:54:28.793	00:52:26.926
4270	600	Mónica Menano	F-V35	Individual	00:54:32.177	00:52:22.027
5146	601	João Rodrigues	M-Seniores	Individual	00:54:33.547	00:52:23.637
5147	602	Nuno Silva	M-V40	Individual	00:54:33.547	00:52:25.207
4353	603	Filipa Martins	F-V40	Individual	00:54:35.797	00:53:53.794
4153	604	João Marques	M-Seniores	Individual	00:54:36.647	00:52:28.964
4593	605	Beatriz Nunes	F-Seniores	Gdr Juventude Das Ribeiras	00:54:38.553	00:54:20.573
4154	606	Mariana Fonseca	F-Seniores	Individual	00:54:38.560	00:52:32.010
4283	607	Ana Matias	F-Seniores	Individual	00:54:39.437	00:52:27.220
4280	608	Fernando Fragateiro	M-V55	Individual	00:54:40.047	00:51:20.684
4054	609	Nuno Alves	M-V50	Individual	00:54:44.047	00:52:20.747
4032	610	Catarina Ribães	F-Seniores	Individual	00:54:44.643	00:52:58.186
4716	611	Cristina Melo	F-V45	Individual	00:54:45.687	00:53:01.410
5109	612	Elisabete Merino	F-V35	Cmv Runners	00:54:50.683	00:54:31.233
4257	613	Tiago Carvalho	M-Seniores	Individual	00:54:53.143	00:52:02.286
4295	614	Fernando Moita	M-V45	Individual	00:54:55.393	00:53:41.710
4204	615	Maria Alvarenga	F-V60	Minas Gerais	00:54:57.807	00:53:22.557
4203	616	Carlos Alvarenga	M-V60	Minas Gerais	00:54:58.047	00:53:19.450
4300	617	Sandra Rodrigues	F-V45	Individual	00:54:58.173	00:53:45.230
4256	618	José Cruz	M-V60	Individual	00:54:58.307	00:53:18.047
4080	619	Tânia Sabino	F-Seniores	Individual	00:55:01.393	00:51:45.473
4887	620	Ana Ribeiro	F-Seniores	Tribo Nr	00:55:04.643	00:52:48.816
4028	621	Iracema Ferreira	F-V50	Jogging Lovers Coimbra	00:55:05.893	00:54:32.373
4474	622	Daniel Couceiro	M-Seniores	Individual	00:55:10.053	00:52:58.823
4333	623	Fernanda Santos	F-V55	Individual	00:55:13.297	00:53:02.760
4455	624	Catarina Domingos	F-Seniores	Individual	00:55:15.297	00:53:58.250
4573	625	Carlos Cruz	M-V40	Liberty	00:55:19.640	00:54:03.037
5156	626	Paula Martins	F-V50	Individual	00:55:20.387	00:54:56.450
4619	627	João Lima	M-Seniores	Galo & Cia.	00:55:36.550	00:53:14.603
4618	628	Inês Dias	F-Seniores	Galo & Cia.	00:55:37.927	00:53:18.090
2480	629	João Baptista	M-V45	Individual	00:55:39.887	00:54:02.577
4572	630	Bruno Pita	M-V40	Individual	00:55:41.387	00:53:42.980

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4143	631	Renato Monteiro	M-V35	Ipn Runners	00:55:44.387	00:53:39.960
4778	632	Joana Almeida	F-Seniores	Individual	00:55:44.427	00:53:47.764
4141	633	Carlos Pataca	M-Seniores	Ipn Runners	00:55:46.047	00:53:43.904
4707	634	Luís Batalha	M-Seniores	Think Business	00:55:47.797	00:52:07.687
4402	635	Rosa Henriques	F-V45	Individual	00:55:59.547	00:53:12.814
4385	636	Célia Corte	F-Seniores	Correr Queluz	00:55:59.633	00:54:08.390
4819	637	Ricardo Pinto	M-Seniores	#Powercouple	00:56:07.303	00:54:35.326
4818	638	Patrícia Rodrigues	F-Seniores	#Powercouple	00:56:07.547	00:54:36.947
5014	639	Filipe Simões	M-V35	Individual	00:56:15.547	00:53:11.644
4224	640	Laion Araújo	M-Seniores	Individual	00:56:15.797	00:48:24.170
4658	641	Marcos Neves	M-V35	Family Men	00:56:18.057	00:54:31.524
4218	642	Nelson Gaspar	M-V40	Jumbo De Coimbra	00:56:20.797	00:54:14.327
4857	643	Daniel Coelho	M-Seniores	Individual	00:56:21.817	00:55:34.830
4858	644	Sónia Marques	F-Seniores	Individual	00:56:21.817	00:55:37.394
4315	645	Susana Santo	F-V35	Jumbo De Coimbra	00:56:22.050	00:54:13.630
4641	646	Miguel Cunha	M-V50	Individual	00:56:25.893	00:55:27.453
4622	647	Elisio Pinto	M-V55	Individual	00:56:26.423	00:56:07.026
4659	648	Vitor Santos	M-V35	Family Men	00:56:29.297	00:54:41.760
4745	649	Jorge Ribeiro	M-V45	Individual	00:56:33.550	00:54:53.273
4260	650	Isabel Ventura	F-V50	Tribo Nr	00:56:37.170	00:56:14.230
4447	651	Ana Miguéis	F-V50	Individual	00:56:44.160	00:55:45.127
4243	652	Paulo Amaral	M-V50	Diver	00:56:46.627	00:54:44.550
4772	653	Claudio Machado	M-V35	Individual	00:56:47.547	00:52:43.480
5121	654	Andreia Marques	F-V40	Individual	00:56:51.623	00:55:49.556
4450	655	João Modesto	M-V50	Individual	00:56:53.050	00:55:50.937
4367	656	Carla Silva	F-V40	Farmácia Lima Da Silva	00:56:53.297	00:56:33.017
5100	657	Sofia Ferreira	M-V40	Individual	00:57:00.417	00:55:59.130
4691	658	Anabela Cruz	F-V45	Individual	00:57:03.050	00:55:52.253
4177	659	Mafalda Cunha	F-Seniores	Lidl Team	00:57:04.050	00:49:22.223
4346	660	Teresa Filipe	F-V55	Viriathvs Runners Viseu	00:57:05.557	00:54:58.220
4345	661	José Ferreira	M-V55	Viriathvs Runners Viseu	00:57:05.563	00:55:01.056
5133	662	Maria Gama	F-V40	Individual	00:57:07.873	00:54:44.883
4893	663	Inês Amaral	F-V40	Individual	00:57:08.300	00:56:04.403
4411	664	João Cunha	M-V50	Correr Viseu	00:57:11.807	00:55:10.177
5117	665	João Matos	M-Seniores	Individual	00:57:15.800	00:55:43.187
4535	666	Miguel Martinho	M-V45	Individual	00:57:20.373	00:54:56.206
4396	667	Rui Esteves	M-V35	Viseu	00:57:20.417	00:55:25.160
4543	668	Jorge Figueiredo	M-V45	Individual	00:57:21.553	00:54:57.536
4875	669	Carmen Ribeiro	F-Seniores	Individual	00:57:24.357	00:55:40.187
2472	670	Luis Ribeiro	M-Seniores	Os3minis	00:57:25.370	00:53:41.653
4332	671	Jaya Tamber	F-Seniores	Individual	00:57:25.370	00:55:40.373
4264	672	Rui Brunheta	M-V50	Individual	00:57:25.673	00:56:34.120
4696	673	Lucia Oliveira	F-V45	Convencidos.Com	00:57:29.620	00:56:16.543
4692	674	Maria Ribeiro	F-V50	Convencidos.Com	00:57:31.550	00:56:16.283
4216	675	Bruno Sousa	M-V45	Individual	00:57:32.877	00:55:30.517

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4459	676	Daniel Azevedo	M-Seniores	Individual	00:57:34.803	00:57:25.870
4979	677	Bruno Oliveira	M-Seniores	Jumbo De Coimbra	00:57:45.060	00:55:27.523
4978	678	Andreia Jesus	F-Seniores	Jumbo De Coimbra	00:57:45.303	00:55:28.076
4033	679	Filipe Pinto	M-V35	Individual	00:57:46.160	00:55:57.620
5125	680	Rita Batista	F-Seniores	Individual	00:57:48.553	00:56:55.856
4130	681	Inês Ernesto	F-Seniores	Joaoines	00:57:49.303	00:57:14.756
4602	682	João Vaz	M-V60	Individual	00:57:57.307	00:56:24.634
4082	683	Joaquim Pereira	M-V55	Individual	00:57:58.050	00:55:50.123
4894	684	Carlos Ferreira	M-V55	Individual	00:57:58.133	00:55:52.183
4895	685	Joao Ferreira	M-Seniores	Individual	00:57:58.617	00:55:49.200
4326	686	Joana Franca	F-V40	Individual	00:57:59.410	00:55:40.127
4876	687	Liliana Fernandes	F-Seniores	Individual	00:58:00.060	00:56:21.453
2473	688	Pedro Brites	M-V40	Os3minis	00:58:00.377	00:54:10.774
4840	689	Laurinda Fonseca	F-V35	M. Costas Grupo	00:58:02.410	00:56:40.167
2471	690	Filipa Carvalho	F-Juniores	Os3minis	00:58:02.800	00:54:15.030
4776	691	Isabel Pinto	F-V45	Jumbo De Coimbra	00:58:04.563	00:56:30.770
4817	692	Filipa Campos	F-Seniores	Individual	00:58:05.560	00:56:22.700
2186	693	Alexandra Campos	F-Seniores	Individual	00:58:05.803	00:56:21.666
4806	694	Alice Ramos	F-V50	Individual	00:58:11.053	00:56:36.170
4078	695	Marta Alves	F-V40	Filipa-Marta	00:58:16.863	00:55:21.610
4077	696	Ana Pedrosa	F-V40	Filipa-Marta	00:58:18.553	00:55:25.233
4307	697	Hugo Dias	M-Seniores	Individual	00:58:20.363	00:56:35.036
5012	698	Carina Rosa	F-V35	Individual	00:58:21.803	00:55:23.526
4306	699	Denise Adelino	F-Seniores	Individual	00:58:22.053	00:56:38.980
4653	700	Fátima Santos	F-V35	Individual	00:58:22.360	00:57:53.543
4237	701	Fátima Pinho	F-V40	Individual	00:58:24.667	00:56:49.817
2482	702	Hugo Garcia	M-Seniores	Lidl Team	00:58:29.553	00:56:47.820
4191	703	Sara Gomes	F-V35	Lidl Team	00:58:30.907	00:56:50.594
4412	704	Sara Cunha	M-Seniores	Correr Viseu	00:58:33.053	00:56:34.030
4391	705	David Valério	M-Seniores	Correr Viseu	00:58:33.060	00:56:29.887
9019	706	Luis Marques	M-V55	Individual	00:58:33.107	00:56:49.087
4577	707	Nuno Cabral	M-V40	Individual	00:58:37.363	00:56:21.190
4301	708	Cíntia Andrade	F-Seniores	Individual	00:58:37.553	00:56:32.920
4302	709	Indalécio Sousa	M-Seniores	Individual	00:58:37.810	00:56:34.873
4414	710	Manuel Cordeiro	M-V60	Individual	00:58:45.553	00:57:55.530
5041	711	Joaquim Amado	M-V50	Mondegopeças	00:58:45.807	00:56:29.440
4180	712	Maria Gomes	F-V35	Lidl Team	00:58:48.143	00:57:23.133
5040	713	Cláudia Pinto	F-V35	Mondegopeças	00:58:49.613	00:56:29.926
5039	714	André Pereira	M-Seniores	Mondegopeças	00:58:51.303	00:56:32.566
5043	715	Nuno Lemos	M-Seniores	Mondegopeças	00:58:53.160	00:56:33.260
4073	716	Ligia Martini	F-V50	Individual	00:58:57.307	00:56:38.944
4609	717	Marco Dias	M-Seniores	Individual	00:58:57.803	00:56:45.830
5099	718	Paulo Lopes	M-Seniores	Siga A Marinha	00:58:58.903	00:56:41.180
4843	719	Patrícia Sousa	F-V35	Individual	00:58:59.053	00:57:56.213
4919	720	Michel Pestana	M-V35	Individual	00:59:03.060	00:56:41.483



Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4428	721	Dora Dourado	F-V40	Bio Team Run	00:59:04.803	00:57:13.863
4463	722	Nelson Martins	M-Seniores	Individual	00:59:05.650	00:57:31.310
4836	723	Ana Miranda	F-V50	M. Costas Grupo	00:59:06.057	00:57:43.864
2485	724	Maria Maduro	F-V45	Individual	00:59:06.807	00:57:42.950
4838	725	Francisco Varzim	M-V45	M. Costas Grupo	00:59:07.400	00:57:25.737
4813	726	Rui Azevedo	M-V45	Pinks & Imens	00:59:12.557	00:57:40.694
5098	727	Nuno Silva	M-Seniores	Siga A Marinha	00:59:14.857	00:56:56.807
4849	728	Carla Caria	F-V40	Desnorteados	00:59:16.057	
4311	729	Rui Ferreira	M-Seniores	Individual	00:59:27.110	00:57:02.733
5017	730	Maria Carvalho	F-V35	Individual	00:59:27.853	00:58:59.690
4423	731	Ana Brett	F-Seniores	Individual	00:59:28.813	00:58:04.846
4424	732	João França	M-Seniores	Individual	00:59:29.063	00:58:02.503
4512	733	Aurora Freitas	F-V55	Porto Sentido Runners	00:59:32.307	00:59:08.967
5018	734	Cristovão Sacramento	M-V40	Individual	00:59:33.157	00:59:04.614
4848	735	Telma Baptista	F-Seniores	Individual	00:59:33.567	00:56:06.317
4765	736	Francisco Albuquerque	M-Seniores	Lightning Thunder	00:59:40.647	00:56:18.964
4540	737	Rui Bandeirinha	M-Seniores	Individual	00:59:42.410	00:57:50.663
5003	738	Carlos Pais	M-V55	Individual	00:59:42.557	00:59:20.967
4291	739	Catarina Henriques	F-V40	Individual	00:59:43.307	00:59:04.994
4439	740	João Farinha	M-V40	Individual	00:59:46.807	00:58:00.320
4809	741	João Lopes	M-V35	Pinks & Imens	00:59:48.653	00:58:18.826
5108	742	Ricardo Dias	M-V35	Carvalhos	00:59:55.057	00:58:01.120
4747	743	Liliana Pinto	F-V45	Aergóis Trail Running	01:00:00.063	00:58:46.596
4232	744	Luis Antonio	M-Seniores	Individual	01:00:12.057	00:59:01.670
5150	745	Paula Campos	F-V35	Individual	01:00:12.593	00:57:15.253
4906	746	Joana Costa	F-V35	Sarc Em Forma	01:00:12.860	00:58:56.153
4953	747	Elsa Correia	F-V45	Individual	01:00:13.557	00:56:51.110
4943	748	Luis Baptista	M-V55	Individual	01:00:21.560	00:54:35.310
4805	749	José Fonseca	M-V50	Individual	01:00:21.810	00:54:37.637
4368	750	Cristina Lourenço	F-V45	Farmácia Lima Da Silva	01:00:22.310	01:00:02.033
4245	751	Ana Santos	F-V35	Running Clube Coimbra	01:00:23.307	00:59:49.337
4097	752	Tânia Mendes	F-V35	Individual	01:00:25.093	00:58:51.796
4574	753	Fatima Cruz	F-V40	Liberty	01:00:25.560	00:55:36.703
4576	754	Sameiro Margalho	F-V60	Liberty	01:00:25.560	00:55:41.540
1394	755	Luis Torrão	M-V60	G.D.C.T. Repsol Polímeros	01:00:27.057	00:58:15.534
4266	756	Graciano Cabral	M-V60	Tribo Nr	01:00:27.890	00:59:54.273
4672	757	Cristina Patrício	F-Seniores	Cbrunningteam	01:00:28.307	00:58:09.407
4112	758	Francisco Costa	M-Seniores	Individual	01:00:30.573	00:59:16.876
4113	759	Patrícia Pereira	F-Seniores	Individual	01:00:30.807	00:59:15.280
4071	760	Bruno Moreira	M-V35	Individual	01:00:34.307	01:00:02.790
4724	761	Carlos Sobral	M-V40	Runners Sernancelhe Terra Da Castanha	01:00:38.063	00:59:50.646
4507	762	Sandra Santos	F-V35	Runners Sernancelhe Terra Da Castanha	01:00:38.307	00:59:52.434
4506	763	Fernando Ferreira	M-V40	Runners Sernancelhe Terra Da Castanha	01:00:38.560	00:59:52.237
4949	764	José Lopes	M-V35	Individual	01:00:43.077	01:00:20.860
4947	765	Ana Ventura	F-V35	Individual	01:00:43.307	01:00:22.744

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4950	766	Lígia Serra	F-Seniores	Individual	01:00:44.067	01:00:18.987
4948	767	André Lopes	M-Seniores	Individual	01:00:44.310	01:00:19.813
4748	768	Marisa Martins	F-V35	Aergóis Trail Running	01:00:47.307	00:59:32.374
4513	769	Magda Noronha	F-V50	Individual	01:00:48.060	00:59:26.323
4547	770	Maria Rodrigues	F-V45	Individual	01:00:48.313	00:59:26.133
4775	771	Manuel Moura	M-Seniores	Individual	01:00:49.810	00:58:24.530
5090	772	José Moreira	M-Seniores	Individual	01:00:52.057	01:00:22.924
4197	773	Susana Silva	F-Seniores	Lidl Team	01:00:54.810	00:59:44.317
5145	774	Francisco Fonseca	M-V40	Individual	01:00:59.067	00:59:53.100
4595	775	Liliana Ruivo	F-V40	Individual	01:01:00.057	01:00:33.267
5154	776	Ivone Abichara	F-V50	Individual	01:01:06.810	01:00:42.410
4966	777	Alda Santos	F-V40	Soure Mov	01:01:12.060	00:58:58.763
4965	778	Acílio Noro	M-V45	Soure Mov	01:01:12.560	00:58:58.593
4587	779	Marco Lourenço	M-Seniores	Individual	01:01:14.060	00:59:20.117
4589	780	Rita Forte	F-Seniores	Individual	01:01:14.060	00:59:21.960
4242	781	Amélia Amaral	F-V45	Diver	01:01:17.560	00:59:16.410
4873	782	Lénia Vieira	F-Seniores	Individual	01:01:27.310	00:59:29.773
4225	783	Ana Vieira	F-V45	Cskd-Condeixa Shukokai Karate-Do	01:01:30.060	00:59:12.420
4230	784	Rui Ribeiro	M-V40	Individual	01:01:36.067	00:59:11.194
4138	785	Ana Cordeiro	F-V45	Individual	01:01:36.077	00:59:11.784
4179	786	Manuela Franco	F-Seniores	Lidl Team	01:01:43.060	01:00:54.090
4788	787	Ayshe Seyfulayeva	F-Seniores	Beasteam	01:01:47.077	00:58:35.634
4789	788	Diana Carvalho	F-Seniores	Beasteam	01:01:49.810	00:58:37.803
5002	789	Fábio Magalhães	M-Seniores	Beasteam	01:01:49.837	00:58:39.514
4571	790	Guida Silva	F-V40	Individual	01:01:53.583	01:00:45.483
4520	791	Dina Romeiro	F-V40	Individual	01:01:53.817	01:00:44.640
4062	792	André Moura	M-Seniores	Be&Becas	01:01:55.827	00:59:36.314
4063	793	Ines Guerra	F-Seniores	Be&Becas	01:01:57.310	00:59:38.890
4800	794	Ton Portela	M-V35	Individual	01:01:57.577	01:00:04.207
5026	795	Paula Fonseca	F-V45	Resilientes	01:02:04.810	01:01:37.843
5025	796	Fátima Franco	F-V50	Resilientes	01:02:05.077	01:01:38.800
4155	797	Alírio Soares	M-V40	Lidl Team	01:02:06.320	01:00:26.130
4258	798	Alexandre Gomes	M-V40	Individual	01:02:06.560	01:00:18.337
4782	799	Rafael Dias	M-Seniores	Individual	01:02:07.103	01:00:18.520
4262	800	Vasco Ferreira	M-Seniores	Delta Runners	01:02:17.810	01:01:24.957
4369	801	Maria Martins	F-V40	Farmácia Lima Da Silva	01:02:20.313	01:01:59.563
5057	802	Carlos Lopes	M-V40	Individual	01:02:23.820	00:59:27.370
4958	803	Jorge Esteves	M-Seniores	Carvalhos On The Run	01:02:30.083	01:00:11.023
4123	804	Ana Roque	F-Seniores	Usf Cruz De Celas Coimbra	01:02:33.570	01:00:37.507
4539	805	José Santos	M-V60	Individual	01:02:38.333	01:02:10.313
2140	806	Daniela Novo	F-Seniores	Individual	01:02:51.870	01:01:23.963
4521	807	João Gomes	M-V60	Individual	01:02:55.063	01:01:59.800
5048	808	Fátima Ferreira	F-V35	Nos	01:03:04.817	01:00:46.477
5087	809	Fernando Silva	M-V45	Individual	01:03:09.817	00:59:59.264
4312	810	João Cruz	M-V45	Individual	01:03:10.813	01:01:19.320

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4313	811	Carla Costa	F-V35	Individual	01:03:14.563	01:01:22.410
5013	812	Daniela Gonçalves	F-V45	Individual	01:03:15.320	01:00:16.943
4248	813	Sandra Henriques	F-V35	Individual	01:03:19.313	01:02:05.793
4812	814	Paula Loureiro	F-V35	Pinks & Imens	01:03:22.580	01:01:53.057
4247	815	Nuno Martins	M-V35	Individual	01:03:23.087	01:02:08.497
4912	816	Mário Fernandes	M-Seniores	Individual	01:03:31.063	01:01:37.930
4761	817	Cristina Mendes	F-V45	Navr	01:03:32.370	00:59:38.683
4279	818	Konstantia Barmpatsalou	F-Seniores	Individual	01:03:36.313	01:03:18.530
5167	819	Pedro Vaz	M-Seniores	Individual	01:03:36.823	01:02:00.286
4344	820	Cristina Daniel	F-V40	Tribo Nr	01:03:39.307	01:03:15.464
4171	821	Ivone Pica	F-V40	Lidl Team	01:03:42.563	01:02:53.146
4529	822	Oscár Rocha	M-V55	Viriathvs Runners Viseu	01:04:06.063	01:00:22.606
4957	823	Francisco Freitas	M-Juniores	Carvalhos On The Run	01:04:08.817	01:01:49.124
4314	824	Diana Santos	F-Seniores	Individual	01:04:12.063	01:02:19.436
4973	825	Adelaide Duarte	F-V35	N.A.Cucujães	01:04:13.817	01:02:20.320
4909	826	Pedro Gonçalves	M-V40	Sarc Em Forma	01:04:17.817	01:02:58.390
4448	827	Joana Cavaleiro	F-Seniores	Individual	01:04:18.327	01:02:19.430
4259	828	Rita Martins	F-Seniores	Individual	01:04:18.333	01:02:42.460
4516	829	Susana Pato	F-Seniores	Individual	01:04:19.317	01:02:21.117
4926	830	Sofia Santos	F-Seniores	Individual	01:04:20.067	01:02:07.700
4001	831	Diana Fernandes	F-Seniores	Individual	01:04:34.317	01:03:00.387
4808	832	Bruno Costa	M-V35	Pinks & Imens	01:04:58.577	01:03:28.417
5118	833	Manuel Marques	M-Juniores	Individual	01:05:25.570	01:03:04.360
4706	834	Joana Veloso	F-Seniores	Think Business	01:05:29.827	01:01:50.950
4708	835	Teresa Ferrer	F-V35	Think Business	01:05:31.607	01:01:49.984
4012	836	Joaquim Oliveira	M-V55	Individual	01:05:37.567	01:02:30.057
4637	837	Célia Ramos	F-Seniores	Runners Sernancelhe Terra Da Castanha	01:05:39.070	01:04:54.673
5148	838	Ana Duarte	F-V35	Individual	01:05:41.820	01:03:42.123
5149	839	Rita Duarte	F-Seniores	Individual	01:05:42.070	01:03:42.223
4570	840	Véronique Seco	F-V35	Individual	01:05:42.597	01:01:00.170
5010	841	Isabel Silva	F-V60	Individual	01:05:44.570	01:00:56.830
4421	842	Sara Barata	F-V40	Individual	01:05:45.317	01:03:56.460
4632	843	Daniel Rodrigues	M-Seniores	Individual	01:05:46.060	01:03:56.417
4375	844	Rita Gonçalves	F-Seniores	Onda Team	01:05:47.067	01:03:25.774
4376	845	Susana Cruz	F-V45	Onda Team	01:05:49.597	01:03:30.364
4763	846	Luciana Lima	F-V35	Myfit	01:05:58.070	01:04:22.763
4771	847	Maria Castelo	F-V40	Individual	01:05:58.077	01:04:23.037
4713	848	Maryline Pereira	F-V40	Individual	01:06:00.070	01:04:56.403
4003	849	Emanuel Ponciano	M-V60	Individual	01:06:06.570	01:03:42.940
4737	850	Maria Martins	F-V45	Individual	01:06:25.077	01:04:12.287
4732	851	Ana Ribeiro	F-V55	Individual	01:06:41.573	01:04:54.810
4481	852	António Azevedo	M-V40	Runners Sernancelhe Terra Da Castanha	01:06:43.570	01:05:55.943
5166	853	Anna Sancini	F-Seniores	Individual	01:06:46.540	01:04:36.890
5119	854	Alfredo Costa	M-V60	Por Ti Gustavo	01:06:47.570	01:06:47.570
4094	855	Helena Falcão	F-V60	Individual	01:06:48.323	01:04:53.180

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4330	856	Anna Mergoni	F-Seniores	Individual	01:06:50.073	01:04:40.860
4442	857	Fábio Teixeira	M-Seniores	Individual	01:07:41.840	01:05:15.960
4441	858	Cátia Sousa	F-Seniores	Individual	01:07:42.077	01:05:16.867
4502	859	Dylan Herholdt	M-V35	Individual	01:07:48.083	01:05:20.836
5001	860	Paula Borges	F-V45	Individual	01:07:50.830	01:05:51.437
4383	861	Paula Moura	F-V40	Individual	01:08:04.330	01:05:43.463
4868	862	Jorge Marques	M-V50	Jcjc	01:08:10.517	01:07:03.647
5102	863	Ana Barreira	F-Seniores	Individual	01:08:13.073	01:01:30.373
4955	864	Antonio Martins	M-Seniores	Carvalhos On The Run	01:08:22.323	01:06:04.446
4867	865	João Serpa	M-V40	Jcjc	01:08:24.513	01:07:15.316
5097	866	Carlos Luis	M-V55	Individual	01:08:29.323	01:06:31.783
4103	867	Jill Azocar	F-V35	Individual	01:08:43.077	01:06:53.087
4325	868	Ana Almeida	F-V40	Individual	01:08:43.823	01:06:26.916
4362	869	Vera Ribeiro	F-V35	Individual	01:08:47.327	01:06:22.347
4723	870	Bruno Amaral	M-V40	Runners Sernancelhe Terra Da Castanha	01:08:48.327	01:07:24.354
4725	871	Filipe Augusto	M-V40	Runners Sernancelhe Terra Da Castanha	01:08:50.063	01:07:25.216
4880	872	Patrícia Couceiro	F-V35	Tartarugas	01:09:20.827	01:06:37.374
4066	873	Patrícia Silvério	F-Seniores	Individual	01:09:22.327	01:08:14.177
4959	874	Pedro Esteves	M-Seniores	Carvalhos On The Run	01:09:24.337	01:07:03.987
4956	875	Filipa Almeida	F-Seniores	Carvalhos On The Run	01:09:24.827	01:07:05.987
4456	876	Adriana Pereira	F-Seniores	Runners Sernancelhe Terra Da Castanha	01:09:46.510	01:08:55.863
4546	877	Teresa Vaz	F-Seniores	Individual	01:09:48.077	01:07:55.974
4468	878	Lídia Nobre	F-V50	Runners Sernancelhe Terra Da Castanha	01:09:48.577	01:08:57.610
4432	879	Filipa Sobral	F-Seniores	Runners Sernancelhe Terra Da Castanha	01:09:59.077	01:09:13.110
4437	880	Sónia Caria	F-V40	Runners Sernancelhe Terra Da Castanha	01:09:59.083	01:09:12.753
4019	881	Bruno Patrício	M-V35	Individual	01:10:15.743	01:06:10.756
4210	882	Alexandra Bizarro	F-V45	Atitude	01:10:21.827	01:09:02.510
4425	883	Rita Merenda	F-V35	Individual	01:10:30.580	01:08:42.453
4095	884	Teresa Falcão	F-Seniores	Individual	01:10:37.080	01:08:43.513
4814	885	João Bento	M-Seniores	Individual	01:10:49.827	01:07:26.507
4162	886	Carlos Fernandes	M-Seniores	Lidl Team	01:10:52.080	01:08:37.617
4163	887	Diana Lopes	F-Seniores	Lidl Team	01:10:54.827	01:08:39.927
4934	888	Cátia Pascoal	F-Seniores	Individual	01:11:05.133	01:06:34.706
4885	889	André Oliveira	M-Seniores	Individual	01:11:06.133	01:06:39.030
4780	890	Rosário Baptista	F-V35	Individual	01:11:10.303	01:10:13.996
4816	891	António Bento	M-V50	Individual	01:11:26.580	01:08:02.440
4117	892	Pedro Santos	M-Seniores	Individual	01:11:27.080	01:09:30.950
1467	893	Daniel Pedroso	M-Seniores	Individual	01:11:27.837	01:09:46.047
4505	894	Diane Domingos	F-V40	Individual	01:11:29.583	01:09:26.406
4205	895	Rafaella Alvarenga	F-Seniores	Minas Gerais	01:11:32.580	01:09:52.893
4298	896	Bruno Novo	M-Seniores	Beta	01:12:02.477	01:09:29.524
4299	897	Patrícia Ferraz	F-Seniores	Beta	01:12:03.727	01:09:29.264
4004	898	Rosaclara Carvalhais	F-V45	Individual	01:12:17.123	01:11:34.620
4199	899	Alexandra Nogueira	F-Seniores	Lidl Team	01:12:24.830	01:10:10.153
4881	900	Rodolfo Gouveia	M-V35	Tartarugas	01:12:38.833	01:09:52.906

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
4120	901	Fátima Antunes	F-Seniores	Jogging Lovers Coimbra	01:12:41.083	01:10:41.550
4612	902	Cristina Silva	F-V50	Individual	01:12:43.083	01:09:17.876
5088	903	João Sequeira	M-V45	Individual	01:12:50.090	01:09:40.350
4217	904	Sara Azenha	F-V35	Jumbo De Coimbra	01:13:00.587	01:10:47.180
4046	905	Joaquim Chaves	M-V60	Coimbraporto	01:13:10.337	01:11:37.524
4829	906	Ana Rosa	F-V55	Individual	01:13:36.960	01:09:22.687
4021	907	Umberto Ferreira	M-V55	Individual	01:13:41.837	01:11:59.040
4646	908	Joana Lima	F-Seniores	Clube Ferroviário De Portugal	01:14:27.587	01:12:17.960
4482	909	Paula Santos	F-V35	Runners Sernancelhe Terra Da Castanha	01:14:32.087	01:13:43.490
4518	910	Felipe Costa	M-V45	Individual	01:15:30.837	01:13:06.427
4471	911	Zulina Costa	F-V40	Individual	01:15:30.837	01:13:04.364
4650	912	Fernanda Couto	F-V55	Individual	01:15:46.447	
4537	913	Rute Saraiva	F-V40	Individual	01:16:32.180	01:12:06.433
2183	914	André Mendes	M-V40	Individual	01:17:12.140	01:16:30.737
4207	915	Salete Ferreira	F-Seniores	Viriathvs Runners Viseu	01:17:49.590	01:16:55.643
4206	916	Marco Silva	M-V35	Viriathvs Runners Viseu	01:17:51.747	01:16:57.524
4430	917	Sofia Mendes	F-V40	Bio Team Run	01:18:22.843	01:16:29.016
4681	918	Joana Bidarra	F-Seniores	Pascoalitos A/D. Barcouço	01:18:24.243	01:15:12.686
4022	919	Céu Ramos	F-V55	Orbis	01:19:18.343	01:18:46.273
4023	920	Paula Quezada	F-V50	Orbis	01:19:20.593	01:18:50.280
5138	921	Helena Nunes	F-V50	Csmc	01:20:09.357	01:18:27.540
4429	922	Sandra Lopes	F-V40	Bio Team Run	01:20:10.647	01:18:17.487
4866	923	Cláudia Serpa	F-V40	Jcjc	01:21:14.607	01:20:09.130
4869	924	Maria Marques	F-V50	Jcjc	01:21:14.847	01:20:10.617
5136	925	Laurisa Moreira	F-V55	Individual	01:21:16.133	01:19:02.790
4494	926	Olga Gomes	F-V50	Runners Sernancelhe Terra Da Castanha	01:23:15.113	01:22:24.463
4161	927	Bruno Rodrigues	M-V35	Lidl Team	01:23:16.610	01:22:03.753
4195	928	Sónia Cordeiro	F-V35	Lidl Team	01:23:16.853	01:22:06.570
4178	929	Mafalda Ferreira	F-Seniores	Lidl Team	01:23:16.860	01:22:05.383
4196	930	Susana Monteiro	F-V40	Lidl Team	01:24:10.603	01:22:46.510
4683	931	Patricia Martins	F-Seniores	Individual	01:25:37.690	01:23:39.807
4850	932	Cátia Ferreira	F-Seniores	Desnorteados	01:25:51.857	
4852	933	Tania Fragoso	F-Seniores	Desnorteados	01:25:52.140	
4125	934	Susana Miguel	F-Seniores	Usf Cruz De Celas Coimbra	01:26:00.607	01:23:44.037
4124	935	Andreia Lobo	F-Seniores	Usf Cruz De Celas Coimbra	01:26:03.447	01:23:44.734
5127	936	Eduardo Duarte	M-V60	Individual	01:26:03.843	01:22:00.083
5126	937	João Duarte	M-Seniores	Individual	01:26:05.617	01:22:03.050
4292	938	Joelma Ferreira	F-V40	Individual	01:26:16.113	01:24:04.446
4509	939	Catarina Costa	F-Seniores	Runners Sernancelhe Terra Da Castanha	01:26:45.153	01:25:56.930
4508	940	Ana Costa	F-V40	Runners Sernancelhe Terra Da Castanha	01:26:49.930	01:26:01.103
5034	941	Vânia Antunes	F-Seniores	Individual	01:27:44.913	
4194	942	Sónia Cândido	F-V35	Lidl Team	01:27:53.900	01:26:29.753
4645	943	Cristina Neto	F-V50	Clube Ferroviário De Portugal	01:28:07.360	01:25:57.693
2470	944	Paula Nascimento	F-V35	Runners Sernancelhe Terra Da Castanha	01:28:11.610	01:27:26.623
4523	945	Maria Carmo	F-V60	Runners Sernancelhe Terra Da Castanha	01:28:19.363	01:27:27.053

Dorsal	Lugar	Nome	Escalão	Equipa	Tempo	Chip
5045	946	Santiago Maciel	M-Seniores	Individual	01:29:33.907	01:26:18.070
5089	947	Laura Sequeira	M-V35	Individual	01:31:00.157	01:27:52.114
4851	948	Rita Neto	F-Seniores	Desnorteados	01:33:25.133	
4935	949	Teresa Sarmento	F-Seniores	Desnorteados	01:33:25.513	
4099	950	Ines Gonçalves	F-Seniores	Os Rabujas	01:33:32.513	01:29:48.173
4831	951	Ana Margalho	F-V40	Individual	01:33:34.367	01:28:39.584
4853	952	Eugénia Pinto	F-V45	Individual	01:33:36.117	01:28:40.890
4940	953	Helga Sardinha	F-V40	Individual	01:33:42.120	01:28:39.790
4286	954	Olinda Pais	F-V60	Individual	01:34:10.360	01:32:17.220
4287	955	Ana Ferreira	F-V60	Individual	01:34:13.360	01:32:18.193
4100	956	Tiago Lopes	M-Seniores	Os Rabujas	01:34:24.620	01:30:40.540
4727	957	Regina Rodrigues	F-V35	Runners Sernancelhe Terra Da Castanha	01:35:14.873	01:33:50.823
5038	958	Ricardo Madureira	M-V50	Rcc	01:38:20.963	01:36:15.613
4693	959	Carolina Vila-Chã	F-V40	Guardarunners	01:56:13.773	
4347	960	Ana Vieira	F-V45	Cluve	01:57:56.403	01:56:28.720
4753	961	Pedro Torres	M-V40	Individual	01:59:01.157	01:58:11.700
1356	962	Irene Melo	F-V40	Viriathvs Runners Viseu	02:13:58.007	02:11:49.920
5130	963	Ivo Melicio	M-Seniores	Desnorteados	02:43:46.473	