

PROVA PRINCIPAL - STAGE 1

21,097 KM

**R**  
REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	-99°C	-99%
End	12:26	11,7°C	97%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	240	Miguel Ribeiro	clube de atletismo olímpico vianense	Senior Masculino	01:07:40		03:12
2	816	Vitor Oliveira	maia ac criobaby	Senior Masculino	01:08:58	+01:19	03:16
3	126	JOÃO ANTUNES	arpo - associação recreativa pousadense	Senior Masculino	01:09:40	+02:01	03:18
4	772	Rogério Bessa	jobra-associação de jovens da branca	Senior Masculino	01:10:48	+03:08	03:21
5	1012	Joao Almeida	sporting clube de portugal	Senior Masculino	01:10:56	+03:17	03:22
6	234	LEONEL FERNANDES	clube atletismo de ovar	Senior Masculino	01:12:53	+05:13	03:27
7	34	António Fernandes	acr vale de cambra	Veterano M45	01:12:54	+05:14	03:27
8	83	Janik Lima	afis / ovar	Senior Masculino	01:13:13	+05:33	03:28
9	238	LUIS SILVA	clube atletismo de ovar	Veterano M40	01:13:16	+05:37	03:28
10	983	JORGE PINTO	s.s.p.m.s.j.m.	Veterano M45	01:13:31	+05:52	03:29
11	853	Tozé Castro	núcleo de atletismo de cucujães	Senior Masculino	01:14:11	+06:32	03:31
12	64	Gil Ferreira	adercus	Veterano M40	01:14:41	+07:01	03:32
13	993	Clarisse Cruz	sc salgueiros 08	Senior Feminino	01:15:42	+08:03	03:35
14	712	Manuel Gomes	individual	Veterano M50	01:16:04	+08:25	03:36
15	205	Fernando Santos	casa do povo de mangualde	Veterano M40	01:16:08	+08:29	03:37
16	327	João Sá	fogaças com malapos	Senior Masculino	01:16:29	+08:49	03:38
17	640	António Sousa	individual	Veterano M45	01:16:41	+09:02	03:38
18	246	Pedro Terra	clube de campismo são joão da madeira	Veterano M55	01:16:50	+09:10	03:39
19	778	Carlos Oliveira	jobra-associação de jovens da branca	Veterano M45	01:16:50	+09:11	03:39
20	337	Nuno Valente	g.d.c.guilhovai	Senior Masculino	01:17:09	+09:29	03:39
21	1096	Leonor Carneiro	sporting clube de portugal	Senior Feminino	01:17:25	+09:46	03:40
22	33	Bruno Freitas	acr vale de cambra	Senior Masculino	01:17:39	+10:00	03:41
23	60	Bruno Pereira	adercus	Senior Masculino	01:17:51	+10:11	03:41
24	859	Norberto Silva	núcleo de atletismo de cucujães	Veterano M40	01:17:54	+10:14	03:42
25	63	Sérgio Lopes	adercus	Senior Masculino	01:18:07	+10:27	03:42
26	775	António Sousa	jobra-associação de jovens da branca	Veterano M40	01:18:11	+10:32	03:42
27	127	AUGUSTO ANTUNES	arpo - associação recreativa pousadense	Veterano M50	01:18:16	+10:36	03:43
28	198	José Tavares	caldas de s. jorge sport club	Veterano M50	01:18:21	+10:41	03:43
29	1007	Nuno Gomez	sneakers power	Senior Masculino	01:18:28	+10:48	03:43
30	367	André Ferreira	grupo juvenil pinheiro da bemposta	Veterano M40	01:18:31	+10:52	03:43
31	67	Paulo Ferreira	adercus	Veterano M45	01:18:33	+10:53	03:43
32	850	Luis Silva	núcleo de atletismo de cucujães	Senior Masculino	01:18:34	+10:55	03:43
33	208	Helder Costa	central runners	Senior Masculino	01:18:48	+11:09	03:44
34	65	Josué Oliveira	adercus	Veterano M40	01:19:08	+11:28	03:45
35	90	João Pereira	afis / ovar	Veterano M50	01:19:15	+11:35	03:45
36	1104	Carlos Alberto Brito	amigos da montanha	Veterano M50	01:19:26	+11:47	03:46
37	155	Casimiro Galhardo	c p t bairro carcavelos	Veterano M60	01:19:39	+11:59	03:47
38	852	Rui Almeida	núcleo de atletismo de cucujães	Senior Masculino	01:19:39	+12:00	03:47
39	194	Renato Silva	caldas de s. jorge sport club	Veterano M45	01:19:53	+12:13	03:47
40	861	Francelino Resende	núcleo de atletismo de cucujães	Veterano M45	01:20:01	+12:22	03:48
41	245	Fernando Soares	clube de campismo são joão da madeira	Veterano M45	01:20:12	+12:33	03:48
42	433	FILIPPE CUNHA	individual	Senior Masculino	01:20:13	+12:34	03:48



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**OFFICIAL RESULT**



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
89	231	CARLOS SEQUEIRA	clube atletismo de ovar	Senior Masculino	01:24:52	+17:12	04:01
90	406	André Almeida	individual	Senior Masculino	01:24:52	+17:13	04:01
91	565	Alcindo Dias	ad quinta - atletismo	Veterano M40	01:24:56	+17:17	04:02
92	196	Arlindo Santos	caldas de s. jorge sport club	Veterano M50	01:25:08	+17:28	04:02
93	233	HUGO GOMES	clube atletismo de ovar	Senior Masculino	01:25:11	+17:31	04:02
94	526	Tiago David Henriques Silva	individual	Senior Masculino	01:25:15	+17:36	04:02
95	1066	JOSE MACHADO	vitoria sport clube	Veterano M55	01:25:17	+17:37	04:03
96	1070	Ricardo Fonseca	vivalley runners	Veterano M40	01:25:19	+17:40	04:03
97	164	FILIPE FONTES	cal - clube atletismo de lamas	Veterano M40	01:25:20	+17:40	04:03
98	781	João Vinha	jobra-associação de jovens da branca	Veterano M50	01:25:21	+17:41	04:03
99	236	RUI COSTA	clube atletismo de ovar	Senior Masculino	01:25:28	+17:48	04:03
100	424	Carlos Vieira	individual	Senior Masculino	01:25:29	+17:49	04:03
101	52	José Ferreira	adc c j clark - castelo de paiva	Veterano M40	01:25:34	+17:55	04:03
102	779	João Neves	jobra-associação de jovens da branca	Veterano M45	01:25:37	+17:58	04:04
103	994	Sara Carvalho	sc salgueiros 08	Senior Feminino	01:25:37	+17:58	04:04
104	643	António Jorge Castro Rodrigues Vale	individual	Veterano M45	01:25:39	+17:59	04:04
105	995	Hugo Pinto	sc salgueiros 08	Senior Masculino	01:25:42	+18:03	04:04
106	106	PEDRO SOUSA	amigos do atletismo magna	Senior Masculino	01:25:43	+18:04	04:04
107	513	Rui Tavares	individual	Senior Masculino	01:25:44	+18:04	04:04
108	464	Jose Barros	individual	Senior Masculino	01:25:45	+18:06	04:04
109	459	Joel Barbosa	individual	Senior Masculino	01:25:47	+18:07	04:04
110	157	Domingos Pinto	c.f.oliveira do douro	Veterano M55	01:25:47	+18:08	04:04
111	732	José soares correia	individual	Veterano M55	01:25:51	+18:12	04:04
112	241	Carlos Mota	clube de atletismo os gaienses/toyota	Veterano M45	01:25:54	+18:15	04:04
113	446	Hernani Furtado	individual	Senior Masculino	01:26:00	+18:20	04:05
114	483	Milton César Miranda dos Santos	individual	Senior Masculino	01:26:12	+18:33	04:05
115	75	JOSÉ AFONSO	adrulsm-brasinhas	Senior Masculino	01:26:15	+18:35	04:05
116	23	Alvaro Cardoso	a. r. luz e vida gdomarense	Senior Masculino	01:26:19	+18:39	04:05
117	1077	Carlos Ramos	x5	Senior Masculino	01:26:26	+18:46	04:06
118	420	Bruno Miguel Oliveira Queirós	individual	Senior Masculino	01:26:28	+18:49	04:06
119	324	Fernando Sacramento	fit4fun	Veterano M50	01:26:30	+18:50	04:06
120	805	Manuel Lázaro Pereira Silva	lusotufo	Veterano M40	01:26:35	+18:56	04:06
121	675	Marco Oliveira	individual	Veterano M45	01:26:56	+19:16	04:07
122	244	Antonio Rocha	clube de atletismo os gaienses/toyota	Veterano M55	01:27:09	+19:29	04:08
123	133	CARLOS COELHO	associação desportiva rio largo clube de espinho	Veterano M40	01:27:09	+19:29	04:08
124	691	salvador fadilha	individual	Veterano M45	01:27:16	+19:36	04:08
125	1068	Adriano Fonseca	vivalley runners	Senior Masculino	01:27:20	+19:41	04:08
126	228	José Morais	clube atletismo de avintes	Veterano M45	01:27:23	+19:44	04:09
127	858	Jorge Queirós	núcleo de atletismo de cucujães	Veterano M40	01:27:26	+19:47	04:09
128	626	Rui Cardoso	individual	Veterano M40	01:27:31	+19:51	04:09
129	204	Lidia Pereira	casa do povo de mangualde	Veterana F40	01:27:40	+20:00	04:09
130	167	AUGUSTO ALUAI	cal - clube atletismo de lamas	Veterano M45	01:27:40	+20:00	04:09
131	571	carlos silva	individual	Veterano M40	01:27:51	+20:11	04:10
132	345	MANUEL AZEVEDO	gdairão curviã	Veterano M50	01:27:55	+20:15	04:10
133	62	Rodrigo Silva	adercus	Veterano M50	01:28:06	+20:27	04:11







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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
270	441	Geraldo Santos	individual	Senior Masculino	01:35:06	+27:26	04:30
271	419	Bruno Miguel Alves Madureira	individual	Senior Masculino	01:35:08	+27:28	04:31
272	391	Juliana Rodrigues	individual	Senior Feminino	01:35:12	+27:33	04:31
273	298	David Camelo	faurecia runners	Senior Masculino	01:35:12	+27:33	04:31
274	440	Francisco Terra	individual	Senior Masculino	01:35:13	+27:34	04:31
275	35	MIGUEL MAGALHÃES	acrde	Veterano M40	01:35:16	+27:37	04:31
276	95	Manuel Sousa	afis / ovar	Veterano M60	01:35:18	+27:39	04:31
277	469	Lino Manuel Serra Maia	individual	Senior Masculino	01:35:20	+27:40	04:31
278	929	Laurindo Moreira Gomes	porto sentido	Veterano M40	01:35:21	+27:42	04:31
279	821	Alberto Espinheira	movol	Veterano M50	01:35:22	+27:42	04:31
280	632	Sérgio Canedo	individual	Veterano M40	01:35:22	+27:43	04:31
281	417	Bruno Emanuel Duarte Monteiro	individual	Senior Masculino	01:35:24	+27:45	04:31
282	797	Jose Fernando costa	lousada runners	Senior Masculino	01:35:28	+27:48	04:32
283	261	CARLOS MOÇO	clube novo banco - del. norte	Veterano M40	01:35:29	+27:49	04:32
284	708	José Pires	individual	Veterano M50	01:35:31	+27:51	04:32
285	908	OSCAR LEMOS	os felinos	Veterano M40	01:35:34	+27:55	04:32
286	1059	CARLOS GONÇALVES	vitoria sport clube	Veterano M45	01:35:40	+28:01	04:32
287	863	José Tavares	núcleo de atletismo de cucujães	Veterano M45	01:35:40	+28:01	04:32
288	946	Claudio Almeida	purefit by claudio	Senior Masculino	01:35:41	+28:01	04:32
289	1082	António Magalhães	x5	Veterano M40	01:35:44	+28:04	04:32
290	200	Abel Santos	caldas de s. jorge sport club	Veterano M60	01:35:46	+28:07	04:32
291	216	Fernando Américo Cruz	cirac - circulo de recreio arte e cultura	Senior Masculino	01:35:48	+28:08	04:32
292	347	Adérito Curto	gira sol	Veterano M55	01:35:54	+28:15	04:33
293	765	Carlos Eduardo Costa da Cruz Martins	iron runners	Senior Masculino	01:35:56	+28:17	04:33
294	534	Vitor Neves	individual	Senior Masculino	01:36:00	+28:21	04:33
295	679	Miguel Carneiro	individual	Veterano M45	01:36:01	+28:21	04:33
296	36	PAULO SANTOS	acrde	Veterano M40	01:36:10	+28:31	04:34
297	1102	Carlos Ferreira	os falta d'ar	Senior Masculino	01:36:11	+28:32	04:34
298	42	José Loureiro	ad quinta - atletismo	Veterano M40	01:36:13	+28:34	04:34
299	467	Lázaro manuel adrego teixeira	individual	Senior Masculino	01:36:14	+28:34	04:34
300	629	Rui Pinto	individual	Veterano M40	01:36:15	+28:35	04:34
301	514	ruí vieira	individual	Senior Masculino	01:36:17	+28:37	04:34
302	985	Paulo Pereira	sai da frente	Senior Masculino	01:36:17	+28:37	04:34
303	349	Angelo Cabral	gramidense ifc	Senior Masculino	01:36:18	+28:38	04:34
304	660	Joaquim Matos	individual	Veterano M45	01:36:19	+28:39	04:34
305	1001	Marco Fernandes	smip	Senior Masculino	01:36:21	+28:41	04:34
306	695	António Augusto Silva	individual	Veterano M50	01:36:23	+28:44	04:34
307	314	Manuel Pereira	ferreiroulux	Veterano M50	01:36:25	+28:46	04:34
308	1106	João Paixão	amigos da montanha	Veterano M45	01:36:27	+28:47	04:34
309	845	Emanuel Madureira	nascidos para correr	Veterano M50	01:36:27	+28:48	04:34
310	318	Eduardo Fernandes	ferreiroulux	Veterano M60	01:36:28	+28:49	04:34
311	521	Sérgio Miguel Coelho Mota	individual	Senior Masculino	01:36:29	+28:49	04:34
312	590	Jorge Bruno Coelho Mota	individual	Veterano M40	01:36:29	+28:49	04:34
313	112	Artur Rego	amigos parque biologico	Veterano M40	01:36:29	+28:50	04:34
314	166	AMERICO GOMES	cal - clube atletismo de lamas	Veterano M45	01:36:30	+28:50	04:34

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
315	115	António Conceição Silva Pereira	amigos quinta das freiras	Veterano M55	01:36:30	+28:50	04:34
316	495	Pedro Costa	individual	Senior Masculino	01:36:30	+28:51	04:34
317	575	Daniel J. A. Coelho	individual	Veterano M40	01:36:31	+28:51	04:35
318	915	ROGÉRIO BASTOS	os kágados	Senior Masculino	01:36:31	+28:52	04:35
319	1039	Angelo Vidal	veteranos do porto	Veterano M40	01:36:32	+28:53	04:35
320	439	Filipe Vintém	individual	Senior Masculino	01:36:33	+28:54	04:35
321	663	Jorge Miguel	individual	Veterano M45	01:36:36	+28:57	04:35
322	82	Hélder Paiva Costa	afis / ovar	Senior Masculino	01:36:36	+28:57	04:35
323	855	Dulce Bastos	núcleo de atletismo de cucujães	Veterana F40	01:36:38	+28:58	04:35
324	93	António Vieira	afis / ovar	Veterano M55	01:36:39	+28:59	04:35
325	683	Paulo J Alves	individual	Veterano M45	01:36:43	+29:04	04:35
326	175	António Neves	caldas de s. jorge sport club	Senior Masculino	01:36:47	+29:07	04:35
327	188	Eduardo Martins	caldas de s. jorge sport club	Veterano M45	01:36:47	+29:07	04:35
328	918	ANTÓNIO PEREIRA	os kágados	Veterano M60	01:36:49	+29:10	04:35
329	37	JOSÉ SILVA	acrde	Veterano M50	01:36:54	+29:14	04:36
330	79	JORGE MOREIRA	adrulsm-brasinhas	Veterano M40	01:36:55	+29:16	04:36
331	243	Miguel Oliveira	clube de atletismo os gaienses/toyota	Veterano M45	01:37:03	+29:23	04:36
332	182	Manuel Almeida	caldas de s. jorge sport club	Veterano M40	01:37:03	+29:23	04:36
333	486	Nuno Filipe da Silva e Sousa	individual	Senior Masculino	01:37:08	+29:28	04:36
334	68	Fernando Pato	adrep	Veterano M60	01:37:08	+29:28	04:36
335	431	Fabio Jesus	individual	Senior Masculino	01:37:10	+29:30	04:36
336	170	Jorge Paulo Ferreira Faria	calcandopedal	Veterano M45	01:37:11	+29:31	04:36
337	820	Paulo Silva	movol	Veterano M45	01:37:11	+29:31	04:36
338	1060	JOAO FREITAS	vitoria sport clube	Veterano M45	01:37:21	+29:42	04:37
339	287	JOSÉ PONTE	edv viana trail	Veterano M55	01:37:23	+29:44	04:37
340	873	José Pedro	nucleo de montanha de espinho	Veterano M40	01:37:23	+29:44	04:37
341	107	ALBINO CORREIA	amigos do atletismo magna	Veterano M45	01:37:30	+29:51	04:37
342	211	Ângelo Pereira	centro ciclista de gondomar	Veterano M50	01:37:32	+29:53	04:37
343	872	João Natario	nucleo de montanha de espinho	Veterano M40	01:37:32	+29:53	04:37
344	275	António Teixeira	clube zupper	Veterano M55	01:37:33	+29:54	04:37
345	335	Luciano Vieira	g.c.r alvarelhos	Veterano M55	01:37:36	+29:56	04:38
346	426	Daniel Costa	individual	Senior Masculino	01:37:39	+29:59	04:38
347	85	Luis Nuno	afis / ovar	Veterano M40	01:37:40	+30:00	04:38
348	883	Joaquim Vieira	os cachos	Veterano M50	01:37:43	+30:04	04:38
349	143	Rui Costa	barrinha surf school	Veterano M50	01:37:56	+30:17	04:39
350	574	Constantino Mota	individual	Veterano M40	01:37:56	+30:17	04:39
351	588	Joaquim Miguel Soares Gonçalves	individual	Veterano M40	01:37:57	+30:17	04:39
352	179	Vitor Hugo	caldas de s. jorge sport club	Senior Masculino	01:38:03	+30:23	04:39
353	457	JOÃO VÍTOR FAUSTINO FILIPE	individual	Senior Masculino	01:38:04	+30:24	04:39
354	1032	CARLOS SOUSA	tutilar class runners	Veterano M50	01:38:04	+30:25	04:39
355	630	Rui Teixeira	individual	Veterano M40	01:38:13	+30:33	04:39
356	644	António Jorge de Oliveira Sousa	individual	Veterano M45	01:38:17	+30:38	04:40
357	826	JOSE FREITAS	n.a.taipas	Veterano M40	01:38:19	+30:40	04:40
358	827	PAULO RODRIGUES	n.a.taipas	Veterano M40	01:38:19	+30:40	04:40
359	838	Helder Teixeira	nascidos para correr	Veterano M40	01:38:20	+30:40	04:40
360	471	Luis Branco	individual	Senior Masculino	01:38:24	+30:45	04:40



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**21,097 KM**

**R**  
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**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
361	500	Pedro Pinho	individual	Senior Masculino	01:38:24	+30:45	04:40
362	1095	Vitor Amaral	individual	Veterano M55	01:38:26	+30:46	04:40
363	634	Toni Pereira	individual	Veterano M40	01:38:32	+30:52	04:40
364	665	José António Ferraz Ribeiro	individual	Veterano M45	01:38:32	+30:52	04:40
365	613	Paulo Seabra	individual	Veterano M40	01:38:35	+30:56	04:40
366	462	Jorge manuel oliveira soares	individual	Senior Masculino	01:38:35	+30:56	04:40
367	895	Rui Miguel Santos	os falta d'ar	Senior Masculino	01:38:41	+31:01	04:41
368	1049	Jorge Matos	vitalis - corrida de domingo	Veterano M45	01:38:46	+31:07	04:41
369	346	Helena Mourão	gdc castelo de paiva	Veterana F40	01:38:46	+31:07	04:41
370	519	Sérgio Bastos	individual	Senior Masculino	01:38:55	+31:16	04:41
371	735	Manuel António Silva	individual	Veterano M55	01:38:59	+31:20	04:42
372	443	Hélder Costa	individual	Senior Masculino	01:39:00	+31:20	04:42
373	38	André Silva	ad quinta - atletismo	Senior Masculino	01:39:01	+31:21	04:42
374	1023	Fernando Pinto Carvalho	terrores do asfalto	Veterano M60	01:39:02	+31:23	04:42
375	401	Sílvia Tomaz	individual	Senior Feminino	01:39:03	+31:23	04:42
376	123	Paulo Grilo	arcorun	Veterano M40	01:39:10	+31:30	04:42
377	122	Miguel Barros	arcorun	Veterano M40	01:39:10	+31:30	04:42
378	998	Elísio Azevedo	smf	Senior Masculino	01:39:10	+31:31	04:42
379	1041	Paulo Craveiro	veteranos do porto	Veterano M45	01:39:14	+31:35	04:42
380	931	Manuel Ribeiro	pote 1	Veterano M40	01:39:15	+31:35	04:42
381	162	SÉRGIO MATOS	cal - clube atletismo de lamas	Senior Masculino	01:39:17	+31:37	04:42
382	981	Vasco Rodrigues Silva	s.s. montepio	Veterano M40	01:39:17	+31:37	04:42
383	749	Fernando Leite	individual	Veterano M60	01:39:19	+31:39	04:42
384	158	Luis Trigo	cães d'avenida	Veterano M50	01:39:22	+31:43	04:43
385	255	LEONEL ABILIO RIBEIRO POÇAS	clube millennium bcp	Veterano M50	01:39:23	+31:43	04:43
386	163	FERNANDO BERNARDINO	cal - clube atletismo de lamas	Veterano M40	01:39:23	+31:43	04:43
387	633	Sérgio Santos	individual	Veterano M40	01:39:23	+31:44	04:43
388	137	ADRIANO QUEIRÓZ	associação desportiva rio largo clube de espinho	Veterano M60	01:39:28	+31:48	04:43
389	223	Fernando Gonçalves	cirac - circulo de recreio arte e cultura	Veterano M55	01:39:29	+31:49	04:43
390	165	JOEL SANTOS	cal - clube atletismo de lamas	Veterano M40	01:39:32	+31:53	04:43
391	91	Luís Osório	afis / ovar	Veterano M50	01:39:35	+31:55	04:43
392	603	Miguel Alexandre Leitão Marques	individual	Veterano M40	01:39:35	+31:55	04:43
393	1048	Jorge Basto	vitalis - corrida de domingo	Veterano M45	01:39:36	+31:56	04:43
394	1050	Miguel araujo	vitalis - corrida de domingo	Veterano M45	01:39:36	+31:56	04:43
395	1043	Oscar Leite	veteranos do porto	Veterano M50	01:39:36	+31:57	04:43
396	901	José Vieira	os falta d'ar	Veterano M45	01:39:37	+31:57	04:43
397	903	Constantino Vieira	os falta d'ar	Veterano M60	01:39:37	+31:58	04:43
398	835	José Andrade	nascidos para correr	Senior Masculino	01:39:37	+31:58	04:43
399	667	José Fonseca	individual	Veterano M45	01:39:43	+32:04	04:44
400	743	ANTÓNIO NETO	individual	Veterano M60	01:39:46	+32:06	04:44
401	777	Tadeu Roma	jobra-associação de jovens da branca	Veterano M40	01:39:47	+32:07	04:44
402	567	Antonio Marques	individual	Veterano M40	01:39:47	+32:08	04:44
403	813	Manuel Rodrigues Oliveira	lusotufo	Veterano M55	01:39:49	+32:10	04:44
404	481	MIGUEL ALVES	individual	Senior Masculino	01:39:59	+32:19	04:44
405	645	Arnaldo Pereira	individual	Veterano M45	01:40:02	+32:22	04:45



**PROVA PRINCIPAL - STAGE 1**

**21,097 KM**

**OFFICIAL RESULT**

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**REVISED**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
450	566	António José da Cunha Lourenço	individual	Veterano M40	01:42:04	+34:24	04:50
451	646	Augusto Rodrigues	individual	Veterano M45	01:42:06	+34:26	04:50
452	718	Albino Sousa Abreu	individual	Veterano M55	01:42:06	+34:27	04:50
453	313	Isidro Gomes	ferreiroulux	Veterano M50	01:42:08	+34:28	04:50
454	898	Marco Botelho	os falta d'ar	Veterano M40	01:42:10	+34:30	04:51
455	290	José Manuel Abreu Carvalho	faíscas	Veterano M40	01:42:11	+34:31	04:51
456	76	LEANDRO MAIA	adrulsm-brasinhias	Senior Masculino	01:42:11	+34:32	04:51
457	1089	António Machado	xavier oliveira por joane	Veterano M45	01:42:12	+34:32	04:51
458	1092	Xavier Oliveira	xavier oliveira por joane	Veterano M45	01:42:12	+34:33	04:51
459	285	Sérgio Costa	dragões de ovar	Veterano M40	01:42:18	+34:38	04:51
460	1017	Manuel Tavares	tatanix athletic team	Veterano M40	01:42:20	+34:40	04:51
461	540	Antónia Bessa	individual	Veterano M45	01:42:20	+34:41	04:51
462	1016	Pedro Bastos	tatanix athletic team	Senior Masculino	01:42:21	+34:41	04:51
463	891	Tiago Santos	"os centauros"	Senior Masculino	01:42:25	+34:46	04:51
464	829	ANTONIO RODRIGUES	n.a.taipas	Veterano M50	01:42:40	+35:01	04:52
465	721	Antonio José Oiveira	individual	Veterano M55	01:42:46	+35:06	04:52
466	178	Ricardo Ferrão	caldas de s. jorge sport club	Senior Masculino	01:42:47	+35:08	04:52
467	1086	Américo Silva Fonseca	x5	Veterano M45	01:42:51	+35:11	04:53
468	809	Luís Cunha	lusotufo	Veterano M45	01:42:53	+35:13	04:53
469	870	Tiago Costa	nucleo de montanha de espinho	Senior Masculino	01:42:58	+35:19	04:53
470	969	João Campos	s.s. montepio	Senior Masculino	01:43:09	+35:29	04:53
471	806	Pedro Machado	lusotufo	Veterano M40	01:43:15	+35:35	04:54
472	987	Antero Antonio Sousa Teixeira	sai da frente	Veterano M40	01:43:15	+35:36	04:54
473	477	marco Peixoto	individual	Senior Masculino	01:43:16	+35:36	04:54
474	572	Cecílio Manuel Silva Ferreira	individual	Veterano M40	01:43:18	+35:38	04:54
475	693	Tiago Mendes	individual	Veterano M45	01:43:18	+35:38	04:54
476	51	Adélia Tavares	adc c j clark - castelo de paiva	Veterana F40	01:43:18	+35:39	04:54
477	125	Manuel Silva	arcozelo.atletas	Veterano M45	01:43:18	+35:39	04:54
478	508	Rui André Monteiro da Costa Pinto	individual	Senior Masculino	01:43:19	+35:39	04:54
479	932	André Almeida	poteeentes - clube corrida pnhc	Senior Masculino	01:43:22	+35:43	04:54
480	1064	JOAQUIM FARIA	vitoria sport clube	Veterano M50	01:43:24	+35:45	04:54
481	625	Rui Alves	individual	Veterano M40	01:43:29	+35:50	04:54
482	225	Oscar Magolo	cirac - circulo de recreio arte e cultura	Veterano M55	01:43:30	+35:50	04:54
483	397	Sandra Cristina Pires da Silva	individual	Senior Feminino	01:43:31	+35:51	04:54
484	986	Valter Bernardino Silva Martins	sai da frente	Senior Masculino	01:43:32	+35:53	04:54
485	103	SERGIO AUGUSTO FERREIRA	amigos da picua	Veterano M60	01:43:35	+35:55	04:55
486	189	Fernando Ribeiro	caldas de s. jorge sport club	Veterano M45	01:43:37	+35:58	04:55
487	19	Carlos Macedo	a. d. amarante	Veterano M60	01:43:39	+35:59	04:55
488	871	Wilmer Freitas	nucleo de montanha de espinho	Senior Masculino	01:43:41	+36:01	04:55
489	363	benjamim kimbuelas	grupo desportivo leoes de veneza	Veterano M60	01:43:42	+36:03	04:55
490	326	Hugo Lima	fogaças com malapos	Senior Masculino	01:43:52	+36:12	04:55
491	758	Nelson José Ribeiro da Cunha e Silva	individual	Veterano M60	01:43:53	+36:13	04:55
492	28	joana creissac	aasm triatlo	Senior Feminino	01:43:53	+36:14	04:55
493	914	PEDRO COSTA	os kágados	Senior Masculino	01:43:53	+36:14	04:55
494	579	Filipe Ramos	individual	Veterano M40	01:43:56	+36:17	04:56

**PROVA PRINCIPAL - STAGE 1**

**21,097 KM**

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REVISED

**OFFICIAL RESULT**

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
495	193	Martinho Santos	caldas de s. jorge sport club	Veterano M45	01:43:58	+36:18	04:56
496	385	Daniela Soares	individual	Senior Feminino	01:43:58	+36:18	04:56
497	616	Paulo Vilas Boas	individual	Veterano M40	01:43:58	+36:19	04:56
498	1078	Ivo Santos	x5	Senior Masculino	01:44:01	+36:22	04:56
499	452	João Ferreira	individual	Senior Masculino	01:44:01	+36:22	04:56
500	84	Sérgio Rodrigues	afis / ovar	Senior Masculino	01:44:05	+36:25	04:56
501	13	Clara Carvalho	a. d. amarante	Veterana F40	01:44:06	+36:27	04:56
502	547	Donzília Correia Silva	individual	Veterana F40	01:44:08	+36:29	04:56
503	669	José Serrano	individual	Veterano M45	01:44:08	+36:29	04:56
504	1065	CARLOS RIBEIRO	vitoria sport clube	Veterano M55	01:44:11	+36:32	04:56
505	171	Vitor Silva	calcandopedal	Veterano M45	01:44:13	+36:34	04:56
506	810	Pedro Bruno Silva Marques Rola	lusotufu	Veterano M45	01:44:13	+36:34	04:56
507	303	Porfirio Pereira	faurecia runners	Veterano M40	01:44:15	+36:36	04:57
508	621	ricardo viseu	individual	Veterano M40	01:44:16	+36:37	04:57
509	1000	Francisco Aragão	smf	Senior Masculino	01:44:20	+36:40	04:57
510	413	António Figueiredo	individual	Senior Masculino	01:44:23	+36:44	04:57
511	564	AGOSTINHO MARQUES DE SOUSA	individual	Veterano M40	01:44:24	+36:44	04:57
512	490	NUNO SOUSA	individual	Senior Masculino	01:44:25	+36:46	04:57
513	536	Xavier Correia Fernandes	individual	Senior Masculino	01:44:31	+36:52	04:57
514	527	Tiago José Cadima Borges	individual	Senior Masculino	01:44:33	+36:54	04:57
515	144	Valquíria Silva	boavista f.c.	Veterana F40	01:44:45	+37:05	04:58
516	114	Paulo Costa	amigos quinta das freiras	Veterano M40	01:44:50	+37:10	04:58
517	591	Jorge Manuel de Oliveira e Silva	individual	Veterano M40	01:44:51	+37:11	04:58
518	1058	ALBERTO MENDES	vitoria sport clube	Veterano M45	01:44:51	+37:11	04:58
519	1026	Paulo Valente	trailistas "eu é que sei!"	Veterano M50	01:44:52	+37:13	04:58
520	964	Antonio Medeiros	runners monte aventino	Veterano M50	01:44:55	+37:16	04:58
521	705	José Ferreira da Silva	individual	Veterano M50	01:44:59	+37:19	04:59
522	176	Bruno Couto	caldas de s. jorge sport club	Senior Masculino	01:45:02	+37:22	04:59
523	604	Miguel Bruno Cardoso	individual	Veterano M40	01:45:02	+37:22	04:59
524	40	João Santos	ad quinta - atletismo	Senior Masculino	01:45:08	+37:28	04:59
525	128	José Costa	associação cultural de vermoim	Veterano M45	01:45:10	+37:31	04:59
526	98	JOSE MANUEL DIAS COUTINHO	amigos da picua	Senior Masculino	01:45:12	+37:32	04:59
527	773	Sandrine Sousa	jobra-associação de jovens da branca	Veterana F40	01:45:14	+37:35	04:59
528	555	manuela sousa	individual	Veterana F40	01:45:21	+37:42	05:00
529	138	Augusto Silva	associação desportiva rio largo clube de espinho	Veterano M60	01:45:22	+37:42	05:00
530	592	Jorge Saraiva Alves	individual	Veterano M40	01:45:24	+37:45	05:00
531	184	Pedro Silva	caldas de s. jorge sport club	Veterano M40	01:45:25	+37:46	05:00
532	952	Bruno Bastos	rainhaclub	Senior Masculino	01:45:25	+37:46	05:00
533	1087	Paulo Costa	x5	Veterano M45	01:45:30	+37:50	05:00
534	315	David Gonçalves	ferreirolux	Veterano M55	01:45:32	+37:52	05:00
535	11	Nuno Santos	4any1	Senior Masculino	01:45:33	+37:53	05:00
536	548	Dulce Silva	individual	Veterana F40	01:45:37	+37:57	05:00
537	975	Helder Pereira	s.s. montepio	Veterano M40	01:45:46	+38:07	05:01
538	636	Abelardo Ferreira Gomes	individual	Veterano M45	01:45:48	+38:08	05:01
539	392	Liliana Pereira	individual	Senior Feminino	01:45:48	+38:08	05:01





**PROVA PRINCIPAL - STAGE 1**
**21,097 KM**
**OFFICIAL RESULT**
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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
631	922	Afonso Bonifácio	pernetas	Senior Masculino	01:49:59	+42:20	05:13
632	940	Fernando Gomes	poteeentes - clube corrida pnhc	Veterano M40	01:50:01	+42:22	05:13
633	939	Carlindo Martins	poteeentes - clube corrida pnhc	Veterano M40	01:50:01	+42:22	05:13
634	935	rui Ferraz	poteeentes - clube corrida pnhc	Senior Masculino	01:50:02	+42:22	05:13
635	703	João Paulo Brás Oliveira	individual	Veterano M50	01:50:03	+42:24	05:13
636	1071	josé miguel casal cardoso neves	voleibol runners	Veterano M45	01:50:04	+42:25	05:13
637	831	JOSE LOPES	n.a.taipas	Veterano M50	01:50:05	+42:25	05:13
638	596	julio costa	individual	Veterano M40	01:50:17	+42:38	05:14
639	654	HERMÍNIO PINHO	individual	Veterano M45	01:50:32	+42:52	05:14
640	793	Fernando Valente	leões da agra	Veterano M55	01:50:34	+42:54	05:14
641	784	Rui Pedro Almeida Galante	juventude cortegacense	Veterano M40	01:50:36	+42:57	05:15
642	702	Herculano Cardoso	individual	Veterano M50	01:50:37	+42:57	05:15
643	489	nuno oliveira	individual	Senior Masculino	01:50:43	+43:03	05:15
644	387	ESTELA SOFIA DE SOUSA PIMENTA	individual	Senior Feminino	01:50:44	+43:04	05:15
645	896	Tiago Camboa	os falta d'ar	Senior Masculino	01:50:47	+43:08	05:15
646	967	Sílvia Cardoso	s.s. montepio	Senior Feminino	01:50:50	+43:11	05:15
647	283	Bruno Pinto	dragões de ovar	Senior Masculino	01:50:58	+43:18	05:16
648	709	Luis Filipe Ferreira	individual	Veterano M50	01:50:58	+43:18	05:16
649	222	Alcides Sales	circac - circulo de recreio arte e cultura	Veterano M55	01:51:01	+43:22	05:16
650	73	EDUARDO FERREIRA	adrulsm-brasinhas	Senior Masculino	01:51:03	+43:24	05:16
651	81	FERNANDO CUNHA	adrulsm-brasinhas	Veterano M55	01:51:03	+43:24	05:16
652	1109	José Vilela	grupo os barrigas	Veterano M50	01:51:04	+43:24	05:16
653	72	David Teixeira	adrulsm-brasinhas	Senior Masculino	01:51:08	+43:28	05:16
654	545	Cristina Alves	individual	Veterana F40	01:51:09	+43:30	05:16
655	160	JOSÉ COELHO	cal - clube atletismo de lamas	Senior Masculino	01:51:16	+43:37	05:16
656	159	FILIPE MOREIRA	cal - clube atletismo de lamas	Senior Masculino	01:51:17	+43:37	05:17
657	746	Armenio Ferreira	individual	Veterano M60	01:51:19	+43:39	05:17
658	383	Carla Nunes	individual	Senior Feminino	01:51:19	+43:40	05:17
659	947	valdemar costa dias	quimifeiracorre/vcd	Veterano M40	01:51:21	+43:41	05:17
660	670	JUSTINIANO VIRIATO ROCHA MANO	individual	Veterano M45	01:51:23	+43:43	05:17
661	656	João Miguel Abreu Amorim Pinheiro Vieira	individual	Veterano M45	01:51:24	+43:44	05:17
662	523	Sérgio Pereira	individual	Senior Masculino	01:51:26	+43:47	05:17
663	44	Fernanda Oliveira	adc c j clark - castelo de paiva	Senior Feminino	01:51:28	+43:48	05:17
664	45	Helena Pereira	adc c j clark - castelo de paiva	Senior Feminino	01:51:28	+43:49	05:17
665	997	Carlos Oliveira	smf	Senior Masculino	01:51:35	+43:55	05:17
666	135	CARLOS CARDOSO	associação desportiva rio largo clube de espinho	Veterano M45	01:51:36	+43:56	05:17
667	119	Jorge Ramos	arcorun	Senior Masculino	01:51:40	+44:01	05:18
668	169	JOAQUIM PAULINO	cal - clube atletismo de lamas	Veterano M60	01:51:43	+44:03	05:18
669	741	alvaro gonçalves ferreira	individual	Veterano M60	01:51:50	+44:11	05:18
670	615	Paulo Silva	individual	Veterano M40	01:51:51	+44:11	05:18
671	43	Andreia Teixeira	adc c j clark - castelo de paiva	Senior Feminino	01:51:51	+44:11	05:18
672	812	Ernesto Fernandes	lusotufo	Veterano M50	01:51:55	+44:16	05:18
673	1088	Lola Pereira	xavier oliveira por joane	Senior Feminino	01:51:57	+44:18	05:18







**PROVA PRINCIPAL - STAGE 1**

**21,097 KM**

**OFFICIAL RESULT**



RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
764	146	Francisco Pinto	boavista f.c.	Veterano M50	01:57:49	+50:10	05:35
765	1036	Sergio Ferreira	veteranos do porto	Senior Masculino	01:57:55	+50:16	05:35
766	923	Ângela Bramão	ponto zen	Senior Feminino	01:57:59	+50:19	05:36
767	924	Paulo Ferreira	ponto zen	Senior Masculino	01:57:59	+50:19	05:36
768	1083	António Pinheiro	x5	Veterano M40	01:58:02	+50:22	05:36
769	1020	Claudio Candido	team maria	Senior Masculino	01:58:08	+50:28	05:36
770	1021	Filipe Gonçalves	team maria	Veterano M40	01:58:08	+50:28	05:36
771	455	João Mascarenhas	individual	Senior Masculino	01:58:09	+50:29	05:36
772	1103	Paulo Maia	individual	Veterano M45	01:58:10	+50:31	05:36
773	53	Filipe Pinto	adc c j clark - castelo de paiva	Senior Masculino	01:58:12	+50:32	05:36
774	15	Alvaro Cerqueira	a. d. amarante	Veterano M50	01:58:14	+50:34	05:36
775	920	Mario Florindo	os muchachos	Veterano M40	01:58:15	+50:36	05:36
776	202	carlos tadeia	carlos	Veterano M50	01:58:24	+50:44	05:37
777	150	Adriano Pinto	braguinhas runners	Veterano M50	01:58:27	+50:47	05:37
778	1053	AMÉLIA VIEIRA	vitoria sport clube	Veterana F40	01:58:28	+50:48	05:37
779	429	Eduardo Pais	individual	Senior Masculino	01:58:30	+50:51	05:37
780	885	Rui Assunção	os caga tacos running team	Senior Masculino	01:58:32	+50:52	05:37
781	484	Nuno Batista	individual	Senior Masculino	01:58:34	+50:54	05:37
782	1101	Luis Filipe Pinheiro Marques	lusotufó	Veterano M40	01:58:51	+51:11	05:38
783	1004	Lúcio Ribeiro	smip	Veterano M40	01:58:52	+51:13	05:38
784	375	Afonso Costa	hoje corro amanhã choro	Senior Masculino	01:58:52	+51:13	05:38
785	378	Pedro Reis	hoje corro amanhã choro	Senior Masculino	01:58:54	+51:14	05:38
786	1003	Tiago Silva	smip	Senior Masculino	01:59:00	+51:20	05:38
787	880	Filipe Sousa Silva	os bandalhos	Veterano M40	01:59:12	+51:32	05:39
788	1028	Fátima Geraldês	tugas na estrada	Veterana F40	01:59:18	+51:39	05:39
789	1030	Jorge Gonçalves	tugas na estrada	Veterano M55	01:59:19	+51:39	05:39
790	542	CARMO MARINHO	individual	Veterana F40	01:59:20	+51:40	05:39
791	296	Ricardo Santos	farroncos papa km	Senior Masculino	01:59:22	+51:43	05:40
792	677	Marcos Quintas	individual	Veterano M45	01:59:23	+51:43	05:40
793	730	GIL DA COSTA	individual	Veterano M55	01:59:28	+51:48	05:40
794	262	PAULO OLIVEIRA	clube novo banco - del. norte	Veterano M40	01:59:29	+51:49	05:40
795	496	Pedro Gomes Mota	individual	Senior Masculino	01:59:31	+51:52	05:40
796	1002	Tiago Mota	smip	Senior Masculino	01:59:32	+51:52	05:40
797	1005	Paulo Marçal	smip	Veterano M50	01:59:37	+51:57	05:40
798	292	Eva Mendes	farroncos papa km	Senior Feminino	01:59:43	+52:04	05:41
799	293	Bruno Rocha	farroncos papa km	Senior Masculino	01:59:43	+52:04	05:41
800	18	Jorge Cerqueira	a. d. amarante	Veterano M55	01:59:51	+52:12	05:41
801	377	Manuel Adriano	hoje corro amanhã choro	Senior Masculino	02:00:02	+52:23	05:41
802	340	Pedro Paixão	gangue das maçãs	Senior Masculino	02:00:03	+52:23	05:41
803	382	Bárbara Abreu	individual	Senior Feminino	02:00:18	+52:38	05:42
804	728	fernando resende	individual	Veterano M55	02:00:18	+52:39	05:42
805	113	Margarida da Silva Pereira	amigos quinta das freiras	Veterana F40	02:00:23	+52:43	05:42
806	551	Fátima Pimentel	individual	Veterana F40	02:00:46	+53:06	05:43
807	911	DULCE ALMEIDA	os kágados	Senior Feminino	02:00:52	+53:12	05:44
808	886	António Macedo	os caga tacos running team	Veterano M60	02:00:52	+53:12	05:44
809	927	Sandra Carvalho	porto sentido	Veterana F40	02:00:58	+53:19	05:44



PROVA PRINCIPAL - STAGE 1

21,097 KM

OFFICIAL RESULT



LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
856	687	Rui Cunha	individual	Veterano M45	02:05:03	+57:24	05:56
857	121	Isabel Lourenço	arcorun	Veterana F40	02:05:20	+57:40	05:56
858	252	JOSÉ MANUEL VIEIRA ALVES	clube millennium bcp	Veterano M45	02:05:23	+57:43	05:57
859	253	PAULO ARTUR PINTO DE SOUSA	clube millennium bcp	Veterano M45	02:05:24	+57:44	05:57
860	550	Elisabete Silva	individual	Veterana F40	02:05:36	+57:56	05:57
861	215	Carla valente	cirac - circulo de recreio arte e cultura	Senior Feminino	02:05:52	+58:12	05:58
862	562	Sónia Neves	individual	Veterana F40	02:05:52	+58:12	05:58
863	217	Susana Sofia Rocha	cirac - circulo de recreio arte e cultura	Veterana F40	02:05:52	+58:12	05:58
864	218	Paulo Martins	cirac - circulo de recreio arte e cultura	Veterano M40	02:05:52	+58:13	05:58
865	1094	Raimundo Silva	os falta d'ar	Veterano M40	02:05:56	+58:16	05:58
866	398	Sandra Moreira	individual	Senior Feminino	02:06:01	+58:22	05:58
867	869	André Neves	nucleo de montanha de espinho	Senior Masculino	02:06:44	+59:04	06:00
868	1084	Nuno Miguel	x5	Veterano M40	02:06:44	+59:04	06:00
869	497	Pedro Guimarães	individual	Senior Masculino	02:06:52	+59:13	06:01
870	380	Ana Catarina Silva Simões Guimarães	individual	Senior Feminino	02:06:52	+59:13	06:01
871	379	Ana Catarina da Silva Campos Pais	individual	Senior Feminino	02:07:07	+59:27	06:02
872	47	Susana Sousa	adc c j clark - castelo de paiva	Senior Feminino	02:07:27	+59:47	06:02
873	251	Manuel Mendes Rocha	clube galp energia norte	Veterano M60	02:07:45	+01:00:05	06:03
874	330	António Pinto	fogaças com malapos	Veterano M45	02:08:19	+01:00:39	06:05
875	256	MARIA INÊS SENA	clube novo banco - del. norte	Senior Feminino	02:08:20	+01:00:41	06:05
876	259	TERESA PINTO	clube novo banco - del. norte	Senior Feminino	02:08:20	+01:00:41	06:05
877	376	Antonio de Oliveira	hoje corro amanhã choro	Senior Masculino	02:08:21	+01:00:41	06:05
878	402	Vera Oliveira	individual	Senior Feminino	02:08:21	+01:00:41	06:05
879	539	ana Paula Teixeira	individual	Veterana F40	02:09:36	+01:01:57	06:09
880	766	Jorge Miguel Gomes da Costa	iron runners	Senior Masculino	02:09:39	+01:02:00	06:09
881	403	Vera Pires	individual	Senior Feminino	02:10:09	+01:02:30	06:10
882	750	Fernando Silva Almeida	individual	Veterano M60	02:10:23	+01:02:43	06:11
883	800	Filipe Rola Almeida	lusotufu	Senior Masculino	02:10:26	+01:02:46	06:11
884	593	José Elísio Correia	individual	Veterano M40	02:10:41	+01:03:02	06:12
885	819	Dinis Mesquita	movol	Veterano M40	02:11:00	+01:03:20	06:13
886	980	Rui Carvalho	s.s. montepio	Veterano M40	02:11:14	+01:03:35	06:13
887	329	Vitor Duarte	fogaças com malapos	Senior Masculino	02:11:53	+01:04:13	06:15
888	974	Francisco Moreira	s.s. montepio	Veterano M40	02:12:04	+01:04:25	06:16
889	951	Sara Martins	rainhaclub	Senior Feminino	02:12:44	+01:05:04	06:17
890	388	Gabriela Košlerová	individual	Senior Feminino	02:13:03	+01:05:24	06:18
891	541	Carla Pinto	individual	Veterana F40	02:13:24	+01:05:44	06:19
892	884	Bruno Macedo	os caga tacos running team	Senior Masculino	02:14:36	+01:06:56	06:23
893	470	Luís Borges	individual	Senior Masculino	02:15:28	+01:07:48	06:25
894	512	Rui Portela	individual	Senior Masculino	02:15:50	+01:08:11	06:26
895	738	MANUEL OLIVEIRA	individual	Veterano M55	02:16:10	+01:08:30	06:27
896	422	Bruno Silva	individual	Senior Masculino	02:16:23	+01:08:43	06:28
897	425	César Saraiva Alves	individual	Senior Masculino	02:18:00	+01:10:20	06:32
898	752	Jorge Manuel de Almeida Martins	individual	Veterano M60	02:19:07	+01:11:28	06:36
899	173	Lídia Ferreira	caldas de s. jorge sport club	Senior Feminino	02:19:09	+01:11:29	06:36
900	152	JORGE ALVES OLIVEIRA	btrain	Veterano M60	02:19:17	+01:11:38	06:36



**Prova Principal****21,097 KM****R**  
**REVISED**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	10:00	-99°C	-99%
End	12:26	11,7°C	97%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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**Senior Feminino**

1	993	Clarisse Cruz	SC Salgueiros 08	Senior Feminino	01:15:43		03:35
2	1096	Leonor Carneiro	Sporting Clube de Portugal	Senior Feminino	01:17:26	+01:43	03:40
3	59	Joana Nunes	ADERCUS	Senior Feminino	01:21:14	+05:31	03:51
4	994	Sara Carvalho	SC Salgueiros 08	Senior Feminino	01:25:38	+09:55	04:04
5	832	Ana Luis Reis	Nascidos para Correr	Senior Feminino	01:31:22	+15:39	04:20
6	874	Maria Gonçalves	Oralklass - Amigos Do Trail	Senior Feminino	01:32:40	+16:57	04:24
7	203	Célia Matias	CASA DO POVO DE MANGUALDE	Senior Feminino	01:34:26	+18:43	04:29
8	391	Juliana Rodrigues	Individual	Senior Feminino	01:35:13	+19:30	04:31
9	401	Sílvia Tomaz	Individual	Senior Feminino	01:39:03	+23:20	04:42
10	768	Ana Valente	Jobra-Associação de Jovens da Branca	Senior Feminino	01:40:52	+25:09	04:47
11	22	Sónia Sousa	A. R. LUZ E VIDA GONDOMARENSE	Senior Feminino	01:41:36	+25:53	04:49
12	397	Sandra Cristina Pires da Silva	Individual	Senior Feminino	01:43:31	+27:48	04:54
13	28	joana creissac	AASM TRIATLO	Senior Feminino	01:43:54	+28:11	04:55
14	385	Daniela Soares	Individual	Senior Feminino	01:43:58	+28:15	04:56
15	392	Liliana Pereira	Individual	Senior Feminino	01:45:48	+30:05	05:01
16	849	Cláudia Silva	Núcleo de Atletismo de Cucujães	Senior Feminino	01:48:07	+32:24	05:07
17	257	MÓNICA ALMEIDA	CLUBE NOVO BANCO - DEL. NORTE	Senior Feminino	01:48:20	+32:37	05:08
18	950	Marisa Gonçalves	RAINHA CLUB	Senior Feminino	01:48:55	+33:12	05:10
19	888	Libânia Pereira	"Os Centauros"	Senior Feminino	01:49:38	+33:55	05:12
20	387	ESTELA SOFIA DE SOUSA PIMENTA	Individual	Senior Feminino	01:50:44	+35:01	05:15
21	967	Sílvia Cardoso	S.S. MONTEPIO	Senior Feminino	01:50:51	+35:08	05:15
22	383	Carla Nunes	Individual	Senior Feminino	01:51:20	+35:37	05:17
23	44	Fernanda Oliveira	ADC C J CLARK - Castelo de Paiva	Senior Feminino	01:51:28	+35:45	05:17
24	45	Helena Pereira	ADC C J CLARK - Castelo de Paiva	Senior Feminino	01:51:29	+35:46	05:17
25	43	Andreia Teixeira	ADC C J CLARK - Castelo de Paiva	Senior Feminino	01:51:51	+36:08	05:18
26	1088	Lola Pereira	XAVIER OLIVEIRA POR JOANE	Senior Feminino	01:51:58	+36:15	05:18
27	395	Marisa Lopes	Individual	Senior Feminino	01:52:58	+37:15	05:21
28	390	Julia Schiavon	Individual	Senior Feminino	01:55:12	+39:29	05:28
29	887	Andreia Muxagato	"Os Centauros"	Senior Feminino	01:55:54	+40:11	05:30
30	923	Ângela Bramão	Ponto Zen	Senior Feminino	01:57:59	+42:16	05:36
31	292	Eva Mendes	Farroncos Papa KM	Senior Feminino	01:59:44	+44:01	05:41
32	382	Bárbara Abreu	Individual	Senior Feminino	02:00:18	+44:35	05:42
33	911	DULCE ALMEIDA	Os Kágados	Senior Feminino	02:00:52	+45:09	05:44
34	172	Carla Ribeiro	Caldas de S. Jorge Sport Club	Senior Feminino	02:01:27	+45:44	05:45
35	814	Joana Pão Trigo	Magni7	Senior Feminino	02:01:57	+46:14	05:47

Official Timekeeper: Lap2Go

1 / 22

generate 11-mai-2016 12:55



**Prova Principal**

**21,097 KM**



**OFFICIAL RESULT**

17	852	Rui Almeida	Núcleo de Atletismo de Cucujães	Senior Masculino	01:19:40	+12:00	03:47
18	433	FILIFE CUNHA	Individual	Senior Masculino	01:20:14	+12:34	03:48
19	418	Bruno Ferreira	Individual	Senior Masculino	01:20:15	+12:35	03:48
20	833	Domingos Santos	Nascidos para Correr	Senior Masculino	01:20:25	+12:45	03:49
21	786	TONI SOARES	JUVENTUDE ILHA VERDE	Senior Masculino	01:20:54	+13:14	03:50
22	1097	marco paiva	Individual	Senior Masculino	01:21:00	+13:20	03:50
23	336	António cristovao	G.D.C.Guilhovai	Senior Masculino	01:21:08	+13:28	03:51
24	771	Nuno Gonçalves	Jobra-Associação de Jovens da Branca	Senior Masculino	01:21:59	+14:19	03:53
25	48	Carlos Sousa	ADC C J CLARK - Castelo de Paiva	Senior Masculino	01:22:48	+15:08	03:55
26	449	João Alves	Individual	Senior Masculino	01:22:53	+15:13	03:56
27	232	HELDER PIRES	Clube Atletismo de Ovar	Senior Masculino	01:22:58	+15:18	03:56
28	427	DANIEL SANTOS OLIVEIRA	Individual	Senior Masculino	01:23:23	+15:43	03:57
29	834	Helder Kicker	Nascidos para Correr	Senior Masculino	01:23:27	+15:47	03:57
30	472	Luís Ribeiro	Individual	Senior Masculino	01:23:56	+16:16	03:59
31	364	Helder robalinho	grupo desportivo s. paio de oleiros	Senior Masculino	01:24:19	+16:39	04:00
32	235	MARCIO SERRADO	Clube Atletismo de Ovar	Senior Masculino	01:24:22	+16:42	04:00
33	61	Francisco Gamelas	ADERCUS	Senior Masculino	01:24:22	+16:42	04:00
34	50	Nuno Faria	ADC C J CLARK - Castelo de Paiva	Senior Masculino	01:24:34	+16:54	04:01
35	493	Paulo Sérgio Rodrigues da Silva	Individual	Senior Masculino	01:24:41	+17:01	04:01
36	231	CARLOS SEQUEIRA	Clube Atletismo de Ovar	Senior Masculino	01:24:52	+17:12	04:01
37	406	André Almeida	Individual	Senior Masculino	01:24:53	+17:13	04:01
38	233	HUGO GOMES	Clube Atletismo de Ovar	Senior Masculino	01:25:11	+17:31	04:02
39	526	Tiago David Henriques Silva	Individual	Senior Masculino	01:25:16	+17:36	04:02
40	236	RUI COSTA	Clube Atletismo de Ovar	Senior Masculino	01:25:28	+17:48	04:03
41	424	Carlos Vieira	Individual	Senior Masculino	01:25:29	+17:49	04:03
42	995	Hugo Pinto	SC Salgueiros 08	Senior Masculino	01:25:43	+18:03	04:04
43	106	PEDRO SOUSA	AMIGOS DO ATLETISMO MAGNA	Senior Masculino	01:25:44	+18:04	04:04
44	513	Rui Tavares	Individual	Senior Masculino	01:25:44	+18:04	04:04
45	464	Jose Barros	Individual	Senior Masculino	01:25:46	+18:06	04:04
46	459	Joel Barbosa	Individual	Senior Masculino	01:25:47	+18:07	04:04
47	446	Hernani Furtado	Individual	Senior Masculino	01:26:00	+18:20	04:05
48	483	Milton César Miranda dos Santos	Individual	Senior Masculino	01:26:13	+18:33	04:05
49	75	JOSÉ AFONSO	Aadrulsm-Brasinhás	Senior Masculino	01:26:15	+18:35	04:05
50	23	Alvaro Cardoso	A. R. LUZ E VIDA GONDOMARENSE	Senior Masculino	01:26:19	+18:39	04:05
51	1077	Carlos Ramos	X5	Senior Masculino	01:26:26	+18:46	04:06
52	420	Bruno Miguel Oliveira Queirós	Individual	Senior Masculino	01:26:29	+18:49	04:06
53	1068	Adriano Fonseca	VIVALLEY RUNNERS	Senior Masculino	01:27:21	+19:41	04:08
54	362	André Rocha	Grupo Desportivo dos Outeiros	Senior Masculino	01:28:50	+21:10	04:13
55	913	PAULO ANTUNES	Os Kágados	Senior Masculino	01:28:52	+21:12	04:13
56	890	Manuel Muxagato	"Os Centauros"	Senior Masculino	01:29:02	+21:22	04:13
57	1008	Estêvão Gonçalves	SneakesPower/APRT	Senior Masculino	01:29:08	+21:28	04:13
58	933	Bruno Ricardo Vieira Dias	Poteentes - Clube Corrida PNHC	Senior Masculino	01:29:08	+21:28	04:14
59	437	Filipe Marques Ribeiro	Individual	Senior Masculino	01:29:15	+21:35	04:14
60	956	Pedro Henriques	RAINHACLUB	Senior Masculino	01:29:23	+21:43	04:14



**Prova Principal**

**21,097 KM**



**OFFICIAL RESULT**

61	435	Filipe Dias Valente	Individual	Senior Masculino	01:29:35	+21:55	04:15
62	509	Rui Miguel Silva	Individual	Senior Masculino	01:29:49	+22:09	04:15
63	409	André Joaquim Lima Pereira de Pina	Individual	Senior Masculino	01:30:03	+22:23	04:16
64	960	TIAGO JESUS	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	01:30:08	+22:28	04:16
65	528	Tiago Lopes	Individual	Senior Masculino	01:30:12	+22:32	04:17
66	105	JOAQUIM FERNANDES	AMIGOS DO ATLETISMO MAGNA	Senior Masculino	01:30:16	+22:36	04:17
67	502	Pedro RÓmano	Individual	Senior Masculino	01:30:20	+22:40	04:17
68	448	Hugo Fardilha	Individual	Senior Masculino	01:30:22	+22:42	04:17
69	1072	Ricardo Areias	White Running Team / Not Run Alone	Senior Masculino	01:30:27	+22:47	04:17
70	206	Pedro Silva	CCD RENAULT CACIA	Senior Masculino	01:30:32	+22:52	04:17
71	414	antonio oliveira	Individual	Senior Masculino	01:30:40	+23:00	04:18
72	366	Cesar Silva	Grupo Juvenil Pinheiro da Bemposta	Senior Masculino	01:31:00	+23:20	04:19
73	132	ZÉ RODRIGO	ASSOCIAÇÃO DESPORTIVA RIO LARGO CLUBE DE ESPINHO	Senior Masculino	01:31:05	+23:25	04:19
74	12	Miguel Queirós	A. D. AMARANTE	Senior Masculino	01:31:07	+23:27	04:19
75	310	Simão Couto	FERREIROLUX	Senior Masculino	01:31:17	+23:37	04:20
76	104	FÁBIO PINTO	AMIGOS DO ATLETISMO MAGNA	Senior Masculino	01:31:31	+23:51	04:20
77	506	Ricardo Ribeiro	Individual	Senior Masculino	01:31:36	+23:56	04:21
78	480	Mário Vieira	Individual	Senior Masculino	01:31:46	+24:06	04:21
79	851	Pedro Paiva	Núcleo de Atletismo de Cucujães	Senior Masculino	01:32:13	+24:33	04:22
80	535	Williams da Conceição Rodriguez	Individual	Senior Masculino	01:32:19	+24:39	04:23
81	1051	LUIS MENDES	VITORIA SPORT CLUBE	Senior Masculino	01:32:29	+24:49	04:23
82	299	Sergio Silva	Faurecia runners	Senior Masculino	01:32:38	+24:58	04:23
83	487	Nuno Hélder Silva	Individual	Senior Masculino	01:32:39	+24:59	04:23
84	904	JORGE PEREIRA	OS FELINOS	Senior Masculino	01:32:51	+25:11	04:24
85	461	Jorge Bastos	Individual	Senior Masculino	01:32:54	+25:14	04:24
86	1111	Roberto Moreira	Villa Cesari	Senior Masculino	01:32:55	+25:15	04:24
87	889	António Ferreira	"Os Centauros"	Senior Masculino	01:33:05	+25:25	04:25
88	770	Mauro Valente	Jobra-Associação de Jovens da Branca	Senior Masculino	01:33:10	+25:30	04:25
89	451	João Fernandes	Individual	Senior Masculino	01:33:13	+25:33	04:25
90	485	Nuno Filipe Cardoso Maia	Individual	Senior Masculino	01:33:26	+25:46	04:26
91	1052	MIGUEL MENDES	VITORIA SPORT CLUBE	Senior Masculino	01:33:37	+25:57	04:26
92	463	José Manuel O. Teixeira	Individual	Senior Masculino	01:33:50	+26:10	04:27
93	468	Leandro Costa	Individual	Senior Masculino	01:34:05	+26:25	04:28
94	522	Sérgio Paiva	Individual	Senior Masculino	01:34:10	+26:30	04:28
95	1073	João Bustorff	Wolfrunners	Senior Masculino	01:34:13	+26:33	04:28
96	141	DÊNIS QUADROS	ATHLON RUNNER'S	Senior Masculino	01:34:16	+26:36	04:28
97	478	Mário Faria	Individual	Senior Masculino	01:34:20	+26:40	04:28
98	294	Nelson França	Farroncos Papa KM	Senior Masculino	01:34:24	+26:44	04:28
99	525	Tiago Carvalho	Individual	Senior Masculino	01:34:26	+26:46	04:29
100	905	NUNO FELGUEIRAS	OS FELINOS	Senior Masculino	01:34:50	+27:10	04:30
101	308	Carlos Manuel Pereira Fernandes	FCA Atletismo	Senior Masculino	01:34:50	+27:10	04:30
102	498	Pedro Lourenço	Individual	Senior Masculino	01:34:51	+27:11	04:30
103	161	nuno silva	CAL - Clube Atletismo de Lamas	Senior Masculino	01:35:01	+27:21	04:30

**Prova Principal**

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**OFFICIAL RESULT**

104	505	Ricardo José Neves Moreira	Individual	Senior Masculino	01:35:03	+27:23	04:30
105	441	Geraldo Santos	Individual	Senior Masculino	01:35:06	+27:26	04:30
106	419	Bruno Miguel Alves Madureira	Individual	Senior Masculino	01:35:08	+27:28	04:31
107	298	David Camelo	Faurecia runners	Senior Masculino	01:35:13	+27:33	04:31
108	440	Francisco Terra	Individual	Senior Masculino	01:35:14	+27:34	04:31
109	469	Lino Manuel Serra Maia	Individual	Senior Masculino	01:35:20	+27:40	04:31
110	417	Bruno Emanuel Duarte Monteiro	Individual	Senior Masculino	01:35:25	+27:45	04:31
111	797	Jose Fernando costa	LOUSADA RUNNERS	Senior Masculino	01:35:28	+27:48	04:32
112	946	Claudio Almeida	PureFit by Claudio	Senior Masculino	01:35:41	+28:01	04:32
113	216	Fernando Américo Cruz	Cirac - Circulo de Recreio Arte e Cultura	Senior Masculino	01:35:48	+28:08	04:32
114	765	Carlos Eduardo Costa da Cruz Martins	IRON RUNNERS	Senior Masculino	01:35:57	+28:17	04:33
115	534	Vitor Neves	Individual	Senior Masculino	01:36:01	+28:21	04:33
116	1102	Carlos Ferreira	OS FALTA D'AR	Senior Masculino	01:36:12	+28:32	04:34
117	467	Lázaro manuel adrego teixeira	Individual	Senior Masculino	01:36:14	+28:34	04:34
118	514	rui vieira	Individual	Senior Masculino	01:36:17	+28:37	04:34
119	985	Paulo Pereira	SAI DA FRENTE	Senior Masculino	01:36:17	+28:37	04:34
120	349	Angelo Cabral	Gramidense IFC	Senior Masculino	01:36:18	+28:38	04:34
121	1001	Marco Fernandes	SMIP	Senior Masculino	01:36:21	+28:41	04:34
122	521	Sérgio Miguel Coelho Mota	Individual	Senior Masculino	01:36:29	+28:49	04:34
123	495	Pedro Costa	Individual	Senior Masculino	01:36:31	+28:51	04:34
124	915	ROGÉRIO BASTOS	Os Kágados	Senior Masculino	01:36:32	+28:52	04:35
125	439	Filipe Vintém	Individual	Senior Masculino	01:36:34	+28:54	04:35
126	82	Hélder Paiva Costa	AFIS / OVAR	Senior Masculino	01:36:37	+28:57	04:35
127	175	António Neves	Caldas de S. Jorge Sport Club	Senior Masculino	01:36:47	+29:07	04:35
128	486	Nuno Filipe da Silva e Sousa	Individual	Senior Masculino	01:37:08	+29:28	04:36
129	431	Fabio Jesus	Individual	Senior Masculino	01:37:10	+29:30	04:36
130	426	Daniel Costa	Individual	Senior Masculino	01:37:39	+29:59	04:38
131	179	Vitor Hugo	Caldas de S. Jorge Sport Club	Senior Masculino	01:38:03	+30:23	04:39
132	457	JOÃO VÍTOR FAUSTINO FILIPE	Individual	Senior Masculino	01:38:04	+30:24	04:39
133	471	Luis Branco	Individual	Senior Masculino	01:38:25	+30:45	04:40
134	500	Pedro Pinho	Individual	Senior Masculino	01:38:25	+30:45	04:40
135	462	Jorge manuel oliveira soares	Individual	Senior Masculino	01:38:36	+30:56	04:40
136	895	Rui Miguel Santos	Os Falta D'Ar	Senior Masculino	01:38:41	+31:01	04:41
137	519	Sérgio Bastos	Individual	Senior Masculino	01:38:56	+31:16	04:41
138	443	Hélder Costa	Individual	Senior Masculino	01:39:00	+31:20	04:42
139	38	André Silva	AD Quinta - Atletismo	Senior Masculino	01:39:01	+31:21	04:42
140	998	Elísio Azevedo	SMF	Senior Masculino	01:39:11	+31:31	04:42
141	162	SÉRGIO MATOS	CAL - Clube Atletismo de Lamas	Senior Masculino	01:39:17	+31:37	04:42
142	835	José Andrade	Nascidos para Correr	Senior Masculino	01:39:38	+31:58	04:43
143	481	MIGUEL ALVES	Individual	Senior Masculino	01:39:59	+32:19	04:44
144	984	Albino Augusto Sousa Pinto	SAI DA FRENTE	Senior Masculino	01:40:29	+32:49	04:46
145	408	André Filipe Rodrigues Gonçalves	Individual	Senior Masculino	01:40:35	+32:55	04:46
146	971	Pedro Machado	S.S. MONTEPIO	Senior Masculino	01:40:40	+33:00	04:46
147	482	Miguel Santos	Individual	Senior Masculino	01:40:49	+33:09	04:47
148	823	Mário Pires	MPAM	Senior Masculino	01:40:55	+33:15	04:47
149	1014	José Manuel Gusman Barbosa	SUICIDAS BRÁCAROS	Senior Masculino	01:41:25	+33:45	04:48

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**OFFICIAL RESULT**

150	1013	João Rodrigues	SUICIDAS BRÁCAROS	Senior Masculino	01:41:25	+33:45	04:48
151	934	Bruno Sousa	Poteentes - Clube Corrida PNHC	Senior Masculino	01:41:30	+33:50	04:49
152	77	PEDRO FERNANDES	Adrulsm-Brasinhas	Senior Masculino	01:41:32	+33:52	04:49
153	78	VICTOR OSÓRIO	Adrulsm-Brasinhas	Senior Masculino	01:41:33	+33:53	04:49
154	999	Filipe Coelho	SMF	Senior Masculino	01:41:34	+33:54	04:49
155	24	André Fonseca	A. R. LUZ E VIDA GONDOMARENSE	Senior Masculino	01:41:34	+33:54	04:49
156	936	Tiago Carvalho	Poteentes - Clube Corrida PNHC	Senior Masculino	01:41:36	+33:56	04:49
157	782	Rui Miguel Marques Claro	Juventude Cortegacense	Senior Masculino	01:41:41	+34:01	04:49
158	356	Rui Rocha	GRUNIL	Senior Masculino	01:41:51	+34:11	04:50
159	76	LEANDRO MAIA	Adrulsm-Brasinhas	Senior Masculino	01:42:12	+34:32	04:51
160	1016	Pedro Bastos	TATANIX ATHLETIC TEAM	Senior Masculino	01:42:21	+34:41	04:51
161	891	Tiago Santos	"Os Centauros"	Senior Masculino	01:42:26	+34:46	04:51
162	178	Ricardo Ferrão	Caldas de S. Jorge Sport Club	Senior Masculino	01:42:48	+35:08	04:52
163	870	Tiago Costa	Nucleo de Montanha de Espinho	Senior Masculino	01:42:59	+35:19	04:53
164	969	João Campos	S.S. MONTEPIO	Senior Masculino	01:43:09	+35:29	04:53
165	477	marco Peixoto	Individual	Senior Masculino	01:43:16	+35:36	04:54
166	508	Rui André Monteiro da Costa Pinto	Individual	Senior Masculino	01:43:19	+35:39	04:54
167	932	André Almeida	Poteentes - Clube Corrida PNHC	Senior Masculino	01:43:23	+35:43	04:54
168	986	Valter Bernardino Silva Martins	SAI DA FRENTE	Senior Masculino	01:43:33	+35:53	04:54
169	871	Wilmer Freitas	Nucleo de Montanha de Espinho	Senior Masculino	01:43:41	+36:01	04:55
170	326	Hugo Lima	Fogaças com Malapos	Senior Masculino	01:43:52	+36:12	04:55
171	914	PEDRO COSTA	Os Kágados	Senior Masculino	01:43:54	+36:14	04:55
172	1078	Ivo Santos	X5	Senior Masculino	01:44:02	+36:22	04:56
173	452	João Ferreira	Individual	Senior Masculino	01:44:02	+36:22	04:56
174	84	Sérgio Rodrigues	AFIS / OVAR	Senior Masculino	01:44:05	+36:25	04:56
175	1000	Francisco Aragão	SMF	Senior Masculino	01:44:20	+36:40	04:57
176	413	António Figueiredo	Individual	Senior Masculino	01:44:24	+36:44	04:57
177	490	NUNO SOUSA	Individual	Senior Masculino	01:44:26	+36:46	04:57
178	536	Xavier Correia Fernandes	Individual	Senior Masculino	01:44:32	+36:52	04:57
179	527	Tiago José Cadima Borges	Individual	Senior Masculino	01:44:34	+36:54	04:57
180	176	Bruno Couto	Caldas de S. Jorge Sport Club	Senior Masculino	01:45:02	+37:22	04:59
181	40	João Santos	AD Quinta - Atletismo	Senior Masculino	01:45:08	+37:28	04:59
182	98	JOSE MANUEL DIAS COUTINHO	AMIGOS DA PICUA	Senior Masculino	01:45:12	+37:32	04:59
183	952	Bruno Bastos	RAINHA CLUB	Senior Masculino	01:45:26	+37:46	05:00
184	11	Nuno Santos	4Any1	Senior Masculino	01:45:33	+37:53	05:00
185	510	Rui Palma Barreto	Individual	Senior Masculino	01:45:49	+38:09	05:01
186	453	Joao Mangericao	Individual	Senior Masculino	01:46:29	+38:49	05:03
187	447	Hugo Costa	Individual	Senior Masculino	01:46:31	+38:51	05:03
188	286	Sérgio Rêgo	DRIVE N RIDE LDA	Senior Masculino	01:47:12	+39:32	05:05
189	491	Paulo Oliveira	Individual	Senior Masculino	01:47:20	+39:40	05:05
190	282	Tiago Oliveira	Douro Runners	Senior Masculino	01:47:33	+39:53	05:06
191	328	Vitor Costa 26	Fogaças com Malapos	Senior Masculino	01:47:37	+39:57	05:06
192	325	Filipe Coelho	Fogaças com Malapos	Senior Masculino	01:47:38	+39:58	05:06
193	992	Rui manuel da silva valente	SBK MOTOS	Senior Masculino	01:47:41	+40:01	05:06
194	1034	Jorge Seabra	UrbanAtletas	Senior Masculino	01:47:48	+40:08	05:07
195	407	Andre filipe mendes da rocha	Individual	Senior Masculino	01:47:49	+40:09	05:07

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196	1080	Nuno Raposo	X5	Senior Masculino	01:48:02	+40:22	05:07
197	456	João Oliveira	Individual	Senior Masculino	01:48:05	+40:25	05:07
198	531	Valter Ferreira de Oliveira	Individual	Senior Masculino	01:48:13	+40:33	05:08
199	355	Eduardo Martins	GRUNIL	Senior Masculino	01:48:22	+40:42	05:08
200	450	Joao Cacheira	Individual	Senior Masculino	01:48:24	+40:44	05:08
201	959	DANIEL JESUS	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	01:48:26	+40:46	05:08
202	803	Valter Alves de Sa Carvalho	Lusotufo	Senior Masculino	01:48:45	+41:05	05:09
203	970	Pedro Aires Moreira	S.S. MONTEPIO	Senior Masculino	01:48:49	+41:09	05:09
204	1079	João Graça	X5	Senior Masculino	01:48:56	+41:16	05:10
205	990	Daniel Patrício da silva beleza	SBK MOTOS	Senior Masculino	01:49:01	+41:21	05:10
206	442	Gonçalo Lopes	Individual	Senior Masculino	01:49:04	+41:24	05:10
207	434	Filipe Daniel Rocha Oliveira	Individual	Senior Masculino	01:49:06	+41:26	05:10
208	1025	Mário Novo	TIKI-TAKA RUNNERS	Senior Masculino	01:49:16	+41:36	05:11
209	466	Júlio Pereira	Individual	Senior Masculino	01:49:21	+41:41	05:11
210	69	CÉSAR LISBOA	Adrulsm-Brasinhas	Senior Masculino	01:49:24	+41:44	05:11
211	295	Pedro Familiar	Farroncos Papa KM	Senior Masculino	01:49:34	+41:54	05:12
212	174	Alexandre Tavares	Caldas de S. Jorge Sport Club	Senior Masculino	01:49:46	+42:06	05:12
213	248	Luis Almeida	Clube Desportivo Feirense	Senior Masculino	01:49:50	+42:10	05:12
214	41	Nelson Castro	AD Quinta - Atletismo	Senior Masculino	01:49:55	+42:15	05:13
215	1024	David Fragoso	TIKI-TAKA RUNNERS	Senior Masculino	01:50:00	+42:20	05:13
216	922	Afonso Bonifácio	Pernetas	Senior Masculino	01:50:00	+42:20	05:13
217	935	ruí Ferraz	Poteeentes - Clube Corrida PNHC	Senior Masculino	01:50:02	+42:22	05:13
218	489	nuno oliveira	Individual	Senior Masculino	01:50:43	+43:03	05:15
219	896	Tiago Camboa	Os Falta D'Ar	Senior Masculino	01:50:48	+43:08	05:15
220	283	Bruno Pinto	Dragões de Ovar	Senior Masculino	01:50:58	+43:18	05:16
221	73	EDUARDO FERREIRA	Adrulsm-Brasinhas	Senior Masculino	01:51:04	+43:24	05:16
222	72	David Teixeira	Adrulsm-Brasinhas	Senior Masculino	01:51:08	+43:28	05:16
223	160	JOSÉ COELHO	CAL - Clube Atletismo de Lamas	Senior Masculino	01:51:17	+43:37	05:16
224	159	FILIPE MOREIRA	CAL - Clube Atletismo de Lamas	Senior Masculino	01:51:17	+43:37	05:17
225	523	Sérgio Pereira	Individual	Senior Masculino	01:51:27	+43:47	05:17
226	997	Carlos Oliveira	SMF	Senior Masculino	01:51:35	+43:55	05:17
227	119	Jorge Ramos	ARCORUN	Senior Masculino	01:51:41	+44:01	05:18
228	788	Jorge Catarino	K.M.A.	Senior Masculino	01:52:29	+44:49	05:20
229	801	Mário Joel Silva Sequeira	Lusotufo	Senior Masculino	01:52:36	+44:56	05:20
230	476	Marco Osório	Individual	Senior Masculino	01:52:42	+45:02	05:21
231	423	Carlos pina	Individual	Senior Masculino	01:53:16	+45:36	05:22
232	120	Miguel Matos	ARCORUN	Senior Masculino	01:53:21	+45:41	05:22
233	530	Toni Ferreira	Individual	Senior Masculino	01:53:31	+45:51	05:23
234	445	Henrique Oliveira	Individual	Senior Masculino	01:54:01	+46:21	05:24
235	74	HELDER CAMPOS	Adrulsm-Brasinhas	Senior Masculino	01:54:35	+46:55	05:26
236	70	DANIEL SILVA	Adrulsm-Brasinhas	Senior Masculino	01:54:35	+46:55	05:26
237	460	Jorge Araújo	Individual	Senior Masculino	01:54:48	+47:08	05:26
238	894	Nelson Ferreira	Os Falta D'Ar	Senior Masculino	01:54:59	+47:19	05:27
239	953	Hugo Costa	RAINHA CLUB	Senior Masculino	01:55:05	+47:25	05:27
240	411	André Paiva	Individual	Senior Masculino	01:55:15	+47:35	05:28
241	421	Bruno Moreira	Individual	Senior Masculino	01:55:23	+47:43	05:28



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287	512	Rui Portela	Individual	Senior Masculino	02:15:51	+01:08:11	06:26
288	422	Bruno Silva	Individual	Senior Masculino	02:16:23	+01:08:43	06:28
289	425	César Saraiva Alves	Individual	Senior Masculino	02:18:00	+01:10:20	06:32
290	524	Simão Pedro da Rocha Ramos	Individual	Senior Masculino	02:19:59	+01:12:19	06:38

**Veterana F40**

1	204	Lidia Pereira	CASA DO POVO DE MANGUALDE	Veterana F40	01:27:40		04:09
2	855	Dulce Bastos	Núcleo de Atletismo de Cucujães	Veterana F40	01:36:38	+08:58	04:35
3	346	Helena Mourão	GDC CASTELO DE PAIVA	Veterana F40	01:38:47	+11:07	04:41
4	774	Susana Andrade	Jobra-Associação de Jovens da Branca	Veterana F40	01:40:13	+12:33	04:45
5	558	Maria Jorge Sarmento Calvao Silva Vieira	Individual	Veterana F40	01:40:55	+13:15	04:47
6	51	Adélia Tavares	ADC C J CLARK - Castelo de Paiva	Veterana F40	01:43:19	+15:39	04:54
7	13	Clara Carvalho	A. D. AMARANTE	Veterana F40	01:44:07	+16:27	04:56
8	547	Donzília Correia Silva	Individual	Veterana F40	01:44:09	+16:29	04:56
9	144	Valquíria Silva	Boavista F.C.	Veterana F40	01:44:45	+17:05	04:58
10	773	Sandrine Sousa	Jobra-Associação de Jovens da Branca	Veterana F40	01:45:15	+17:35	04:59
11	555	manuela sousa	Individual	Veterana F40	01:45:22	+17:42	05:00
12	548	Dulce Silva	Individual	Veterana F40	01:45:37	+17:57	05:00
13	124	Judite Martins	Arcozelo.Atletas	Veterana F40	01:48:48	+21:08	05:09
14	804	Isabel Alves Rosas	Lusotufo	Veterana F40	01:49:59	+22:19	05:13
15	545	Cristina Alves	Individual	Veterana F40	01:51:10	+23:30	05:16
16	916	CRISTINA ALMEIDA	Os Kágados	Veterana F40	01:52:02	+24:22	05:19
17	824	CONCEIÇÃO SILVA	N.A.Taipas	Veterana F40	01:52:07	+24:27	05:19
18	825	MARIA JOSE	N.A.Taipas	Veterana F40	01:52:08	+24:28	05:19
19	789	Rosa Pinto	K.M.A.	Veterana F40	01:52:29	+24:49	05:20
20	543	cláudia fernandes	Individual	Veterana F40	01:53:21	+25:41	05:22
21	1022	Sonia Maria Dos Santos	Terroros do Asfalto	Veterana F40	01:54:51	+27:11	05:27
22	557	Maria João Oliveira e Silva	Individual	Veterana F40	01:55:08	+27:28	05:27
23	907	TERESA FARIA	OS FELINOS	Veterana F40	01:56:06	+28:26	05:30
24	1053	AMÉLIA VIEIRA	VITORIA SPORT CLUBE	Veterana F40	01:58:28	+30:48	05:37
25	1028	Fátima Gerales	TUGAS NA ESTRADA	Veterana F40	01:59:19	+31:39	05:39
26	542	CARMO MARINHO	Individual	Veterana F40	01:59:20	+31:40	05:39
27	113	Margarida da Silva Pereira	AMIGOS QUINTA DAS FREIRAS	Veterana F40	02:00:23	+32:43	05:42
28	551	Fatima Pimentel	Individual	Veterana F40	02:00:46	+33:06	05:43
29	927	Sandra Carvalho	PORTO SENTIDO	Veterana F40	02:00:59	+33:19	05:44
30	817	Lurdes Cunha	Meias Sangrentas	Veterana F40	02:02:40	+35:00	05:49
31	560	Rita Coimbra	Individual	Veterana F40	02:04:19	+36:39	05:54
32	762	Isabel Monteiro	inf1ltr4d0s	Veterana F40	02:04:31	+36:51	05:54
33	561	Rita Martins	Individual	Veterana F40	02:04:35	+36:55	05:54
34	553	Filipa Falcão	Perdi o Táxi	Veterana F40	02:04:58	+37:18	05:55
35	121	Isabel Lourenço	ARCORUN	Veterana F40	02:05:20	+37:40	05:56
36	550	Elisabete Silva	Individual	Veterana F40	02:05:36	+37:56	05:57

Official Timekeeper: Lap2Go	9 / 22	generate 11-mai-2016 12:55
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37	562	Sónia Neves	Individual	Veterana F40	02:05:52	+38:12	05:58
38	217	Susana Sofia Rocha	Cirac - Circulo de Recreio Arte e Cultura	Veterana F40	02:05:52	+38:12	05:58
39	539	ana Paula Teixeira	Individual	Veterana F40	02:09:37	+41:57	06:09
40	541	Carla Pinto	Individual	Veterana F40	02:13:24	+45:44	06:19
41	357	Isabel Martins	GRUNIL	Veterana F40	02:21:20	+53:40	06:42
42	875	Manuela Arantes	OriEstarreja	Veterana F40	02:21:27	+53:47	06:42
43	937	Aurora Carvalho	Poteentes - Clube Corrida PNHC	Veterana F40	02:26:30	+58:50	06:57

**Veterano M40**

1	238	LUIS SILVA	Clube Atletismo de Ovar	Veterano M40	01:13:17		03:28
2	64	Gil Ferreira	ADERCUS	Veterano M40	01:14:41	+01:24	03:32
3	205	Fernando Santos	CASA DO POVO DE MANGUALDE	Veterano M40	01:16:09	+02:52	03:37
4	859	Norberto Silva	Núcleo de Atletismo de Cucujães	Veterano M40	01:17:54	+04:37	03:42
5	775	António Sousa	Jobra-Associação de Jovens da Branca	Veterano M40	01:18:12	+04:55	03:42
6	367	André Ferreira	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	01:18:32	+05:15	03:43
7	65	Josué Oliveira	ADERCUS	Veterano M40	01:19:08	+05:51	03:45
8	857	Fernando Lima	Núcleo de Atletismo de Cucujães	Veterano M40	01:20:33	+07:16	03:49
9	1056	JOSE DIAS	VITORIA SPORT CLUBE	Veterano M40	01:20:52	+07:35	03:50
10	117	António Manuel Figueiredo Moita	ANONYMOUS PROSPORTS CHALLENGER	Veterano M40	01:20:55	+07:38	03:50
11	1055	JOÃO SILVA	VITORIA SPORT CLUBE	Veterano M40	01:22:32	+09:15	03:55
12	606	Nelson Lopes	Individual	Veterano M40	01:23:13	+09:56	03:57
13	1069	Cláudio Fonseca	VIVALLEY RUNNERS	Veterano M40	01:23:17	+10:00	03:57
14	856	Carlos Ferreira	Núcleo de Atletismo de Cucujães	Veterano M40	01:24:00	+10:43	03:59
15	583	Hilário Pinto	Individual	Veterano M40	01:24:30	+11:13	04:00
16	338	João Barbosa	G.D.C.Guilhovai	Veterano M40	01:24:34	+11:17	04:01
17	565	Alcindo Dias	AD Quinta - Atletismo	Veterano M40	01:24:57	+11:40	04:02
18	1070	Ricardo Fonseca	VIVALLEY RUNNERS	Veterano M40	01:25:20	+12:03	04:03
19	164	FILIPPE FONTES	CAL - Clube Atletismo de Lamas	Veterano M40	01:25:20	+12:03	04:03
20	52	José Ferreira	ADC C J CLARK - Castelo de Paiva	Veterano M40	01:25:35	+12:18	04:03
21	805	Manuel Lázaro Pereira Silva	Lusotufo	Veterano M40	01:26:36	+13:19	04:06
22	133	CARLOS COELHO	ASSOCIAÇÃO DESPORTIVA RIO LARGO CLUBE DE ESPINHO	Veterano M40	01:27:09	+13:52	04:08
23	858	Jorge Queirós	Núcleo de Atletismo de Cucujães	Veterano M40	01:27:27	+14:10	04:09
24	626	Rui Cardoso	Individual	Veterano M40	01:27:31	+14:14	04:09
25	571	carlos silva	Individual	Veterano M40	01:27:51	+14:34	04:10
26	149	Henrique Silva	Braguinhas Runners	Veterano M40	01:28:13	+14:56	04:11
27	180	Alberto Neves	Caldas de S. Jorge Sport Club	Veterano M40	01:28:25	+15:08	04:11
28	185	Tozé Amorim	Caldas de S. Jorge Sport Club	Veterano M40	01:28:25	+15:08	04:11
29	368	Carlos Santos	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	01:28:53	+15:36	04:13
30	776	José Ferreira	Jobra-Associação de Jovens da Branca	Veterano M40	01:29:36	+16:19	04:15

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**OFFICIAL RESULT**

31	210	Luis Lopes	CENTRAL RUNNERS	Veterano M40	01:29:56	+16:39	04:16
32	586	Ivo Manuel Cruz Pereira	Individual	Veterano M40	01:30:10	+16:53	04:16
33	1075	Sergio Teixeira	Wolfrunners	Veterano M40	01:30:15	+16:58	04:17
34	631	salviano lopes ferreira	Individual	Veterano M40	01:30:54	+17:37	04:19
35	274	Marco Vieira	Clube Zupper	Veterano M40	01:30:59	+17:42	04:19
36	181	Armando Bastos	Caldas de S. Jorge Sport Club	Veterano M40	01:31:01	+17:44	04:19
37	369	Rui Freire	Grupo Juvenil Pinheiro da Bemposta	Veterano M40	01:31:03	+17:46	04:19
38	365	PAULO SILVA	grupo dramatico e recreativo da retorta	Veterano M40	01:31:03	+17:46	04:19
39	1054	HÉLIO OLIVEIRA	VITORIA SPORT CLUBE	Veterano M40	01:31:27	+18:10	04:20
40	55	JOSE MANUEL NETO SILVA	ADEC-ms - Ass. desp. Cult. Macieira de Sarnes	Veterano M40	01:31:44	+18:27	04:21
41	585	Humberto Almeida	Individual	Veterano M40	01:31:52	+18:35	04:21
42	582	Henrique Vale Neves	Individual	Veterano M40	01:32:33	+19:16	04:23
43	580	Francisco Pinheiro	Individual	Veterano M40	01:32:39	+19:22	04:24
44	584	Hugo Chumbo	Individual	Veterano M40	01:32:48	+19:31	04:24
45	1085	Vitor Sá	X5	Veterano M40	01:32:55	+19:38	04:24
46	617	Pedro Faria de Oliveira	Individual	Veterano M40	01:33:27	+20:10	04:26
47	909	RICARDO LEMOS	OS FELINOS	Veterano M40	01:33:37	+20:20	04:26
48	25	Ricardo Almeida	A. R. LUZ E VIDA GONDOMARENSE	Veterano M40	01:33:50	+20:33	04:27
49	237	José Lourenço	Clube Atletismo de Ovar	Veterano M40	01:33:56	+20:39	04:27
50	99	JOSE CARLOS MARINHO	AMIGOS DA PICUA	Veterano M40	01:33:58	+20:41	04:27
51	142	ALCINO PINTO	ATHLON RUNNER'S	Veterano M40	01:34:02	+20:45	04:27
52	148	Artur Baltarejo	Braguinhas Runners	Veterano M40	01:34:38	+21:21	04:29
53	1057	PAULO ABREU	VITORIA SPORT CLUBE	Veterano M40	01:34:53	+21:36	04:30
54	930	Jorge Ferreira	POTE 1	Veterano M40	01:34:55	+21:38	04:30
55	35	MIGUEL MAGALHÃES	ACRDE	Veterano M40	01:35:17	+22:00	04:31
56	929	Laurindo Moreira Gomes	PORTO SENTIDO	Veterano M40	01:35:22	+22:05	04:31
57	632	Sérgio Canedo	Individual	Veterano M40	01:35:23	+22:06	04:31
58	261	CARLOS MOÇO	CLUBE NOVO BANCO - DEL. NORTE	Veterano M40	01:35:29	+22:12	04:32
59	908	OSCAR LEMOS	OS FELINOS	Veterano M40	01:35:35	+22:18	04:32
60	1082	António Magalhães	X5	Veterano M40	01:35:44	+22:27	04:32
61	36	PAULO SANTOS	ACRDE	Veterano M40	01:36:11	+22:54	04:34
62	42	José Loureiro	AD Quinta - Atletismo	Veterano M40	01:36:14	+22:57	04:34
63	629	Rui Pinto	Individual	Veterano M40	01:36:15	+22:58	04:34
64	590	Jorge Bruno Coelho Mota	Individual	Veterano M40	01:36:29	+23:12	04:34
65	112	Artur Rego	AMIGOS PARQUE BIOLOGICO	Veterano M40	01:36:30	+23:13	04:34
66	575	Daniel J. A. Coelho	Individual	Veterano M40	01:36:31	+23:14	04:35
67	1039	Angelo Vidal	VETERANOS DO PORTO	Veterano M40	01:36:33	+23:16	04:35
68	79	JORGE MOREIRA	Adrulsm-Brasinhãs	Veterano M40	01:36:56	+23:39	04:36
69	182	Manuel Almeida	Caldas de S. Jorge Sport Club	Veterano M40	01:37:03	+23:46	04:36
70	873	José Pedro	Nucleo de Montanha de Espinho	Veterano M40	01:37:24	+24:07	04:37
71	872	João Natarío	Nucleo de Montanha de Espinho	Veterano M40	01:37:33	+24:16	04:37
72	85	Luis Nuno	AFIS / OVAR	Veterano M40	01:37:40	+24:23	04:38
73	574	Constantino Mota	Individual	Veterano M40	01:37:57	+24:40	04:39



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**OFFICIAL RESULT**

74	588	Joaquim Miguel Soares Gonçalves	Individual	Veterano M40	01:37:57	+24:40	04:39
75	630	Rui Teixeira	Individual	Veterano M40	01:38:13	+24:56	04:39
76	826	JOSE FREITAS	N.A.Taipas	Veterano M40	01:38:20	+25:03	04:40
77	827	PAULO RODRIGUES	N.A.Taipas	Veterano M40	01:38:20	+25:03	04:40
78	838	Helder Teixeira	Nascidos para Correr	Veterano M40	01:38:20	+25:03	04:40
79	634	Toni Pereira	Individual	Veterano M40	01:38:32	+25:15	04:40
80	613	Paulo Seabra	Individual	Veterano M40	01:38:36	+25:19	04:40
81	123	Paulo Grilo	ARCORUN	Veterano M40	01:39:10	+25:53	04:42
82	122	Miguel Barros	ARCORUN	Veterano M40	01:39:10	+25:53	04:42
83	931	Manuel Ribeiro	POTE 1	Veterano M40	01:39:15	+25:58	04:42
84	981	Vasco Rodrigues Silva	S.S. MONTEPIO	Veterano M40	01:39:17	+26:00	04:42
85	163	FERNANDO BERNARDINO	CAL - Clube Atletismo de Lamas	Veterano M40	01:39:23	+26:06	04:43
86	633	Sérgio Santos	Individual	Veterano M40	01:39:24	+26:07	04:43
87	165	JOEL SANTOS	CAL - Clube Atletismo de Lamas	Veterano M40	01:39:33	+26:16	04:43
88	603	Miguel Alexandre Leitão Marques	Individual	Veterano M40	01:39:35	+26:18	04:43
89	777	Tadeu Roma	Jobra-Associação de Jovens da Branca	Veterano M40	01:39:47	+26:30	04:44
90	567	Antonio Marques	Individual	Veterano M40	01:39:48	+26:31	04:44
91	322	LUIS FILIPE TEIXEIRA	FINABRAGA RUNNING	Veterano M40	01:40:08	+26:51	04:45
92	767	Joaquim Paulo da Rocha Ferreira	I-Run	Veterano M40	01:40:36	+27:19	04:46
93	608	Nuno Alexandre Monteiro	Individual	Veterano M40	01:40:43	+27:26	04:46
94	611	Paulo Osório	Individual	Veterano M40	01:40:45	+27:28	04:47
95	1074	Nuno Martins	Wolfrunners	Veterano M40	01:40:50	+27:33	04:47
96	56	RUI MANUEL TEIXEIRA DE PINHO	ADEC-ms - Ass. desp. Cult. Macieira de Sarnes	Veterano M40	01:41:13	+27:56	04:48
97	54	ARMANDO COSTA	ADEC-ms - Ass. desp. Cult. Macieira de Sarnes	Veterano M40	01:41:13	+27:56	04:48
98	988	Luis Filipe de Sousa Almeida	SAI DA FRENTE	Veterano M40	01:41:49	+28:32	04:50
99	566	António José da Cunha Lourenço	Individual	Veterano M40	01:42:04	+28:47	04:50
100	898	Marco Botelho	Os Falta D'Ar	Veterano M40	01:42:10	+28:53	04:51
101	290	José Manuel Abreu Carvalho	Faixas	Veterano M40	01:42:11	+28:54	04:51
102	285	Sérgio Costa	Dragões de Ovar	Veterano M40	01:42:18	+29:01	04:51
103	1017	Manuel Tavares	TATANIX ATHLETIC TEAM	Veterano M40	01:42:20	+29:03	04:51
104	806	Pedro Machado	Lusotufo	Veterano M40	01:43:15	+29:58	04:54
105	987	Antero Antonio Sousa Teixeira	SAI DA FRENTE	Veterano M40	01:43:16	+29:59	04:54
106	572	Cecilio Manuel Silva Ferreira	Individual	Veterano M40	01:43:18	+30:01	04:54
107	625	Rui Alves	Individual	Veterano M40	01:43:30	+30:13	04:54
108	579	Filipe Ramos	Individual	Veterano M40	01:43:57	+30:40	04:56
109	616	Paulo Vilas Boas	Individual	Veterano M40	01:43:59	+30:42	04:56
110	303	Porfirio Pereira	Faurecia runners	Veterano M40	01:44:16	+30:59	04:57
111	621	ricardo viseu	Individual	Veterano M40	01:44:17	+31:00	04:57
112	564	AGOSTINHO MARQUES DE SOUSA	Individual	Veterano M40	01:44:24	+31:07	04:57
113	114	Paulo Costa	AMIGOS QUINTA DAS FREIRAS	Veterano M40	01:44:50	+31:33	04:58
114	591	Jorge Manuel de Oliveira e Silva	Individual	Veterano M40	01:44:51	+31:34	04:58
115	604	Miguel Bruno Cardoso	Individual	Veterano M40	01:45:02	+31:45	04:59
116	592	Jorge Saraiva Alves	Individual	Veterano M40	01:45:25	+32:08	05:00
117	184	Pedro Silva	Caldas de S. Jorge Sport Club	Veterano M40	01:45:26	+32:09	05:00





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25	691	salvador fadilha	Individual	Veterano M45	01:27:16	+14:22	04:08
26	228	José Morais	Clube Atletismo de Avintes	Veterano M45	01:27:24	+14:30	04:09
27	167	AUGUSTO ALUAI	CAL - Clube Atletismo de Lamas	Veterano M45	01:27:40	+14:46	04:09
28	370	António Costa	Grupo Juvenil Pinheiro da Bemposta	Veterano M45	01:28:40	+15:46	04:12
29	190	José Carvalho	Caldas de S. Jorge Sport Club	Veterano M45	01:29:11	+16:17	04:14
30	220	Jorge Silva	Cirac - Circulo de Recreio Arte e Cultura	Veterano M45	01:29:11	+16:17	04:14
31	842	Domingos Presas	Nascidos para Correr	Veterano M45	01:31:21	+18:27	04:20
32	657	João Moço	Individual	Veterano M45	01:31:24	+18:30	04:20
33	309	Fernando Oliveira	Fernando Oliveira	Veterano M45	01:31:36	+18:42	04:21
34	192	Mário Costa	Caldas de S. Jorge Sport Club	Veterano M45	01:32:26	+19:32	04:23
35	191	Manuel Grilo	Caldas de S. Jorge Sport Club	Veterano M45	01:32:26	+19:32	04:23
36	187	David Leite	Caldas de S. Jorge Sport Club	Veterano M45	01:32:29	+19:35	04:23
37	331	Paulo Oliveira	G.C.R ALVARELHOS	Veterano M45	01:32:30	+19:36	04:23
38	291	Salomão Coelho de Abreu	Faíscas	Veterano M45	01:32:48	+19:54	04:24
39	268	JOSÉ ADRIANO CASTRO	CLUBE NOVO BANCO - DEL. NORTE	Veterano M45	01:32:48	+19:54	04:24
40	269	PAULO SANTOS	CLUBE NOVO BANCO - DEL. NORTE	Veterano M45	01:33:06	+20:12	04:25
41	280	José Dias	CTAD - Trilhos de Cinfães	Veterano M45	01:33:20	+20:26	04:25
42	962	CARLOS GUERRA	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M45	01:33:23	+20:29	04:26
43	195	Vitor Silva	Caldas de S. Jorge Sport Club	Veterano M45	01:34:02	+21:08	04:27
44	30	RUI EUSÉBIO	ACADEMIA FERNANDA RIBEIRO	Veterano M45	01:34:04	+21:10	04:28
45	1040	Luis Santos	VETERANOS DO PORTO	Veterano M45	01:34:10	+21:16	04:28
46	651	Fernando Pinheiro Mendes	Individual	Veterano M45	01:34:34	+21:40	04:29
47	270	RUI TEIXEIRA	CLUBE NOVO BANCO - DEL. NORTE	Veterano M45	01:34:38	+21:44	04:29
48	682	Nuno Cáceres	Individual	Veterano M45	01:34:59	+22:05	04:30
49	1059	CARLOS GONÇALVES	VITORIA SPORT CLUBE	Veterano M45	01:35:41	+22:47	04:32
50	863	José Tavares	Núcleo de Atletismo de Cucujães	Veterano M45	01:35:41	+22:47	04:32
51	679	Miguel Carneiro	Individual	Veterano M45	01:36:01	+23:07	04:33
52	660	Joaquim Matos	Individual	Veterano M45	01:36:19	+23:25	04:34
53	1106	João Paixão	Amigos da Montanha	Veterano M45	01:36:27	+23:33	04:34
54	166	AMERICO GOMES	CAL - Clube Atletismo de Lamas	Veterano M45	01:36:30	+23:36	04:34
55	663	Jorge Miguel	Individual	Veterano M45	01:36:37	+23:43	04:35
56	683	Paulo J Alves	Individual	Veterano M45	01:36:44	+23:50	04:35
57	188	Eduardo Martins	Caldas de S. Jorge Sport Club	Veterano M45	01:36:47	+23:53	04:35
58	243	Miguel Oliveira	Clube de Atletismo os Gaienses/Toyota	Veterano M45	01:37:03	+24:09	04:36
59	170	Jorge Paulo Ferreira Faria	CALCANDOPEDAL	Veterano M45	01:37:11	+24:17	04:36
60	820	Paulo Silva	Movol	Veterano M45	01:37:11	+24:17	04:36
61	1060	JOAO FREITAS	VITORIA SPORT CLUBE	Veterano M45	01:37:22	+24:28	04:37
62	107	ALBINO CORREIA	AMIGOS DO ATLETISMO MAGNA	Veterano M45	01:37:31	+24:37	04:37
63	644	António Jorge de Oliveira Sousa	Individual	Veterano M45	01:38:18	+25:24	04:40
64	665	José António Ferraz Ribeiro	Individual	Veterano M45	01:38:32	+25:38	04:40
65	1049	Jorge Matos	Vitalis - Corida de Domingo	Veterano M45	01:38:47	+25:53	04:41
66	1041	Paulo Craveiro	VETERANOS DO PORTO	Veterano M45	01:39:15	+26:21	04:42

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**Prova Principal**
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**OFFICIAL RESULT**


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67	1048	Jorge Basto	Vitalis - Corida de Domingo	Veterano M45	01:39:36	+26:42	04:43
68	1050	Miguel araujo	Vitalis - Corida de Domingo	Veterano M45	01:39:36	+26:42	04:43
69	901	José Vieira	Os Falta D'Ar	Veterano M45	01:39:37	+26:43	04:43
70	667	José Fonseca	Individual	Veterano M45	01:39:44	+26:50	04:44
71	645	Arnaldo Pereira	Individual	Veterano M45	01:40:02	+27:08	04:45
72	642	antonio gilberto santos jesus	LOUSADA RUNNERS	Veterano M45	01:40:40	+27:46	04:46
73	668	José Pinhel	Individual	Veterano M45	01:40:54	+28:00	04:47
74	80	paulo jorge silva freitas	Adrulsm-Brasinhãs	Veterano M45	01:41:33	+28:39	04:49
75	692	Simão Dias	Individual	Veterano M45	01:41:40	+28:46	04:49
76	646	Augusto Rodrigues	Individual	Veterano M45	01:42:06	+29:12	04:50
77	1089	António Machado	XAVIER OLIVEIRA POR JOANE	Veterano M45	01:42:12	+29:18	04:51
78	1092	Xavier Oliveira	XAVIER OLIVEIRA POR JOANE	Veterano M45	01:42:13	+29:19	04:51
79	540	Antónia Bessa	Individual	Veterano M45	01:42:21	+29:27	04:51
80	1086	Américo Silva Fonseca	X5	Veterano M45	01:42:51	+29:57	04:53
81	809	Luís Cunha	Lusotufo	Veterano M45	01:42:53	+29:59	04:53
82	693	Tiago Mendes	Individual	Veterano M45	01:43:18	+30:24	04:54
83	125	Manuel Silva	Arcozelo.Atletas	Veterano M45	01:43:19	+30:25	04:54
84	189	Fernando Ribeiro	Caldas de S. Jorge Sport Club	Veterano M45	01:43:38	+30:44	04:55
85	193	Martinho Santos	Caldas de S. Jorge Sport Club	Veterano M45	01:43:58	+31:04	04:56
86	669	José Serrano	Individual	Veterano M45	01:44:09	+31:15	04:56
87	171	Vitor Silva	CALCANDOPEDAL	Veterano M45	01:44:14	+31:20	04:56
88	810	Pedro Bruno Silva Marques Rola	Lusotufo	Veterano M45	01:44:14	+31:20	04:56
89	1058	ALBERTO MENDES	VITORIA SPORT CLUBE	Veterano M45	01:44:51	+31:57	04:58
90	128	José Costa	ASSOCIAÇÃO CULTURAL DE VERMOIM	Veterano M45	01:45:11	+32:17	04:59
91	1087	Paulo Costa	X5	Veterano M45	01:45:30	+32:36	05:00
92	636	Abelardo Ferreira Gomes	Individual	Veterano M45	01:45:48	+32:54	05:01
93	921	Eduardo Falcão	Perdi o Táxi	Veterano M45	01:45:56	+33:02	05:01
94	649	Celestino Garcia	Individual	Veterano M45	01:46:13	+33:19	05:02
95	358	Eduardo Ferreira	GRUNIL	Veterano M45	01:46:14	+33:20	05:02
96	186	António Conceição	Caldas de S. Jorge Sport Club	Veterano M45	01:46:25	+33:31	05:03
97	311	Joao Arantes	FERREIROLUX	Veterano M45	01:46:25	+33:31	05:03
98	267	CÉSAR FERREIRA	CLUBE NOVO BANCO - DEL. NORTE	Veterano M45	01:47:56	+35:02	05:07
99	807	Antonio Alves	Lusotufo	Veterano M45	01:48:04	+35:10	05:07
100	676	marco pereira	Individual	Veterano M45	01:48:25	+35:31	05:08
101	658	Joao Oliveira Martins	Individual	Veterano M45	01:48:49	+35:55	05:09
102	304	Manuel Silva	Faurecia runners	Veterano M45	01:48:55	+36:01	05:10
103	647	carlos ferreira	Individual	Veterano M45	01:49:31	+36:37	05:11
104	694	Vitor Manuel Araújo Ribeiro	Individual	Veterano M45	01:49:47	+36:53	05:12
105	1071	josé miguel casal cardoso neves	Voleibol Runners	Veterano M45	01:50:05	+37:11	05:13
106	654	HERMÍNIO PINHO	Individual	Veterano M45	01:50:32	+37:38	05:14
107	670	JUSTINIANO VIRIATO ROCHA MANO	Individual	Veterano M45	01:51:23	+38:29	05:17
108	656	João Miguel Abreu Amorim Pinheiro Vieira	Individual	Veterano M45	01:51:24	+38:30	05:17
109	135	CARLOS CARDOSO	ASSOCIAÇÃO DESPORTIVA RIO LARGO CLUBE DE ESPINHO	Veterano M45	01:51:36	+38:42	05:17
110	1090	Carlos Machado	XAVIER OLIVEIRA POR JOANE	Veterano M45	01:51:58	+39:04	05:18

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Prova Principal

21,097 KM

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OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

14	62	Rodrigo Silva	ADERCUS	Veterano M50	01:28:07	+12:02	04:11
15	716	Rodrigo Costa	Individual	Veterano M50	01:28:07	+12:02	04:11
16	57	LUIS FILIPE DA SILVA PINHO	ADEC-ms - Ass. desp. Cult. Macieira de Sarnes	Veterano M50	01:28:24	+12:19	04:11
17	792	Francisco Santos	Leões da Agra	Veterano M50	01:28:53	+12:48	04:13
18	108	ABÍLIO TAVARES	AMIGOS DO ATLETISMO MAGNA	Veterano M50	01:28:55	+12:50	04:13
19	1029	Paulo Vilaça	TUGAS NA ESTRADA	Veterano M50	01:29:12	+13:07	04:14
20	156	António Nascimento	C.F.OLIVEIRA DO DOURO	Veterano M50	01:29:26	+13:21	04:14
21	109	ALBERTO SOARES	AMIGOS DO ATLETISMO MAGNA	Veterano M50	01:29:26	+13:21	04:14
22	323	Dinis Tavares	FIT4FUN	Veterano M50	01:29:39	+13:34	04:15
23	864	Amílcar Ferreira	Núcleo de Atletismo de Cucujães	Veterano M50	01:30:40	+14:35	04:18
24	717	Rui Oliveira	Individual	Veterano M50	01:30:46	+14:41	04:18
25	713	Manueluerta da Costa	Individual	Veterano M50	01:31:12	+15:07	04:19
26	221	Valdemar Alves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M50	01:31:17	+15:12	04:20
27	704	Jorge Gomes Fonseca	Individual	Veterano M50	01:31:41	+15:36	04:21
28	110	MAXIMIANO BORGES	AMIGOS DO ATLETISMO MAGNA	Veterano M50	01:31:56	+15:51	04:21
29	250	Antonio Leitão	Clube Desportivo Feirense	Veterano M50	01:32:37	+16:32	04:23
30	333	Manuel António Dias Carneiro	G.C.R ALVARELHOS	Veterano M50	01:33:44	+17:39	04:27
31	197	João Pinto	Caldas de S. Jorge Sport Club	Veterano M50	01:34:02	+17:57	04:27
32	865	António Fernandes	Núcleo de Atletismo de Cucujães	Veterano M50	01:34:05	+18:00	04:28
33	844	António Azevedo	Nascidos para Correr	Veterano M50	01:34:42	+18:37	04:29
34	811	Alberto Machado	Lusotufo	Veterano M50	01:34:47	+18:42	04:30
35	821	Alberto Espinheira	Movol	Veterano M50	01:35:22	+19:17	04:31
36	708	José Pires	Individual	Veterano M50	01:35:31	+19:26	04:32
37	695	António Augusto Silva	Individual	Veterano M50	01:36:24	+20:19	04:34
38	314	Manuel Pereira	FERREIROLUX	Veterano M50	01:36:26	+20:21	04:34
39	845	Emanuel Madureira	Nascidos para Correr	Veterano M50	01:36:28	+20:23	04:34
40	37	JOSÉ SILVA	ACRDE	Veterano M50	01:36:54	+20:49	04:36
41	211	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	01:37:33	+21:28	04:37
42	883	Joaquim Vieira	OS CACHOS	Veterano M50	01:37:44	+21:39	04:38
43	143	Rui Costa	Barrinha Surf School	Veterano M50	01:37:57	+21:52	04:39
44	1032	CARLOS SOUSA	TUTILAR CLASS RUNNERS	Veterano M50	01:38:05	+22:00	04:39
45	158	Luis Trigo	Cães d'Avenida	Veterano M50	01:39:23	+23:18	04:43
46	255	LEONEL ABILIO RIBEIRO POÇAS	Clube Millennium BCP	Veterano M50	01:39:23	+23:18	04:43
47	91	Luís Osório	AFIS / OVAR	Veterano M50	01:39:35	+23:30	04:43
48	1043	Oscar Leite	VETERANOS DO PORTO	Veterano M50	01:39:37	+23:32	04:43
49	344	ALBERTO FERREIRA	GDAIRÃO CURVIÃ	Veterano M50	01:40:18	+24:13	04:45
50	830	JOA SILVA	N.A.Taipas	Veterano M50	01:41:09	+25:04	04:48
51	697	António Porrão	Individual	Veterano M50	01:41:16	+25:11	04:48
52	129	Joaquim Ferreira	ASSOCIAÇÃO CULTURAL DE VERMOIM	Veterano M50	01:41:45	+25:40	04:49
53	313	Isidro Gomes	FERREIROLUX	Veterano M50	01:42:08	+26:03	04:50
54	829	ANTONIO RODRIGUES	N.A.Taipas	Veterano M50	01:42:41	+26:36	04:52
55	1064	JOAQUIM FARIA	VITORIA SPORT CLUBE	Veterano M50	01:43:25	+27:20	04:54
56	1026	Paulo Valente	Trailistas "Eu é que sei!"	Veterano M50	01:44:53	+28:48	04:58
57	964	Antonio Medeiros	RUNNERS MONTE AVENTINO	Veterano M50	01:44:56	+28:51	04:58

Official Timekeeper: Lap2Go

18 / 22

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**Prova Principal**

**21,097 KM**



**OFFICIAL RESULT**

58	705	José Ferreira da Silva	Individual	Veterano M50	01:44:59	+28:54	04:59
59	707	Jose Manuel Pereira castro Couto	Individual	Veterano M50	01:45:53	+29:48	05:01
60	942	Miguel Almeida	Poteentes - Clube Corrida PNHC	Veterano M50	01:46:15	+30:10	05:02
61	101	ANTÓNIO TEIXEIRA	AMIGOS DA PICUA	Veterano M50	01:47:27	+31:22	05:06
62	982	Fernando Carvalho	S.S. MONTEPIO	Veterano M50	01:47:44	+31:39	05:06
63	866	Fernando Adrião	Núcleo de Atletismo de Cucujães	Veterano M50	01:48:07	+32:02	05:07
64	17	José Azevedo	A. D. AMARANTE	Veterano M50	01:48:20	+32:15	05:08
65	963	JOSÉ SANTOS	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	01:48:26	+32:21	05:08
66	706	jose manuel martins silva	Individual	Veterano M50	01:48:52	+32:47	05:10
67	703	João Paulo Brás Oliveira	Individual	Veterano M50	01:50:04	+33:59	05:13
68	831	JOSE LOPES	N.A.Taipas	Veterano M50	01:50:05	+34:00	05:13
69	702	Herculano Cardoso	Individual	Veterano M50	01:50:37	+34:32	05:15
70	709	Luis Filipe Ferreira	Individual	Veterano M50	01:50:58	+34:53	05:16
71	1109	José Vilela	GRUPO OS BARRIGAS	Veterano M50	01:51:04	+34:59	05:16
72	812	Ernesto Fernandes	Lusotufo	Veterano M50	01:51:56	+35:51	05:18
73	1076	Ricardo Figueiredo	Wolfrunners	Veterano M50	01:52:07	+36:02	05:19
74	794	Ernesto Martins	LION RUNNERS – G. D. Leões da Guarda	Veterano M50	01:52:08	+36:03	05:19
75	16	Fernando Cerqueira	A. D. AMARANTE	Veterano M50	01:53:37	+37:32	05:23
76	1110	José Oliveira	GRUPO OS BARRIGAS	Veterano M50	01:54:15	+38:10	05:25
77	1044	Pedro Craveiro	VETERANOS DO PORTO	Veterano M50	01:54:31	+38:26	05:26
78	699	Augusto Barros	Individual	Veterano M50	01:55:05	+39:00	05:27
79	1062	EDUARDO FREITAS	VITORIA SPORT CLUBE	Veterano M50	01:55:11	+39:06	05:28
80	714	Paulo Alexandre Ferreira Dias	Individual	Veterano M50	01:55:17	+39:12	05:28
81	573	Fernando Correia	Individual	Veterano M50	01:55:54	+39:49	05:30
82	698	António Silva	Individual	Veterano M50	01:57:31	+41:26	05:34
83	146	Francisco Pinto	Boavista F.C.	Veterano M50	01:57:50	+41:45	05:35
84	15	Alvaro Cerqueira	A. D. AMARANTE	Veterano M50	01:58:14	+42:09	05:36
85	202	carlos tadeia	carlos	Veterano M50	01:58:24	+42:19	05:37
86	150	Adriano Pinto	Braguinhas Runners	Veterano M50	01:58:27	+42:22	05:37
87	1005	Paulo Marçal	SMIP	Veterano M50	01:59:37	+43:32	05:40
88	271	MÁRIO MACEDO	CLUBE NOVO BANCO - DEL. NORTE	Veterano M50	02:02:59	+46:54	05:50
89	763	José Monteiro	inf1ltr4d0s	Veterano M50	02:04:31	+48:26	05:54
90	1033	FRANCISCO NETO	TUTILAR CLASS RUNNERS	Veterano M50	02:04:42	+48:37	05:55
91	917	paulo pinho	Os Kágados	Veterano M50	02:04:56	+48:51	05:55

**Veterano M55**

1	246	Pedro Terra	Clube de Campismo São João da Madeira	Veterano M55	01:16:50		03:39
2	153	Benjamim Soares	C P T BAIRRO CARCAVELOS	Veterano M55	01:21:58	+05:08	03:53
3	733	luis simões	Individual	Veterano M55	01:22:22	+05:32	03:54
4	27	Manuel Sousa	A. R. LUZ E VIDA GONDOMARENSE	Veterano M55	01:23:54	+07:04	03:59
5	1066	JOSE MACHADO	VITORIA SPORT CLUBE	Veterano M55	01:25:17	+08:27	04:03
6	157	Domingos Pinto	C.F.OLIVEIRA DO DOURO	Veterano M55	01:25:48	+08:58	04:04



**Prova Principal**

**21,097 KM**



**OFFICIAL RESULT**

7	732	José soares correia	Individual	Veterano M55	01:25:52	+09:02	04:04
8	244	Antonio Rocha	Clube de Atletismo os Gaienses/Toyota	Veterano M55	01:27:09	+10:19	04:08
9	229	silverio silva	Clube Atletismo de Avintes	Veterano M55	01:29:06	+12:16	04:13
10	226	Serafim Rodrigues	Cirac - Circulo de Recreio Arte e Cultura	Veterano M55	01:29:11	+12:21	04:14
11	868	Manuel Luis	Núcleo de Atletismo de Cucujães	Veterano M55	01:30:27	+13:37	04:17
12	102	MANUEL SILVA	AMIGOS DA PICUA	Veterano M55	01:30:57	+14:07	04:19
13	199	José Silva	Caldas de S. Jorge Sport Club	Veterano M55	01:31:14	+14:24	04:19
14	1067	MANUEL NOVAIS	VITORIA SPORT CLUBE	Veterano M55	01:31:31	+14:41	04:20
15	111	ALEXANDRE SILVA	AMIGOS DO ATLETISMO MAGNA	Veterano M55	01:33:07	+16:17	04:25
16	725	CARLOS LEMOS	Individual	Veterano M55	01:34:00	+17:10	04:27
17	352	Carlos Ripoli	Grijó a Correr	Veterano M55	01:34:35	+17:45	04:29
18	353	Francisco Rocha	Grijó a Correr	Veterano M55	01:35:03	+18:13	04:30
19	347	Adérito Curto	Gira Sol	Veterano M55	01:35:55	+19:05	04:33
20	115	António Conceição Silva Pereira	AMIGOS QUINTA DAS FREIRAS	Veterano M55	01:36:30	+19:40	04:34
21	93	António Vieira	AFIS / OVAR	Veterano M55	01:36:39	+19:49	04:35
22	287	JOSÉ PONTE	EDV Viana Trail	Veterano M55	01:37:24	+20:34	04:37
23	275	António Teixeira	Clube Zupper	Veterano M55	01:37:34	+20:44	04:37
24	335	Luciano Vieira	G.C.R ALVARELHOS	Veterano M55	01:37:36	+20:46	04:38
25	1095	Vitor Amaral	Individual	Veterano M55	01:38:26	+21:36	04:40
26	735	Manuel António Silva	Individual	Veterano M55	01:39:00	+22:10	04:42
27	223	Fernando Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M55	01:39:29	+22:39	04:43
28	813	Manuel Rodrigues Oliveira	Lusotufu	Veterano M55	01:39:50	+23:00	04:44
29	316	Jaime Lima	FERREIROLUX	Veterano M55	01:40:49	+23:59	04:47
30	214	Vitor Manuel de Sousa Teixeira	CENTRO DE ATLETISMO DE MATOSINHOS	Veterano M55	01:40:51	+24:01	04:47
31	798	Armando Oliveira	LOUSADA RUNNERS	Veterano M55	01:41:44	+24:54	04:49
32	720	Aníbal Rodrigues de Almeida	Individual	Veterano M55	01:41:56	+25:06	04:50
33	731	Heitor Oliveira Santos	Individual	Veterano M55	01:41:58	+25:08	04:50
34	718	Albino Sousa Abreu	Individual	Veterano M55	01:42:07	+25:17	04:50
35	721	Antonio José Oiveira	Individual	Veterano M55	01:42:46	+25:56	04:52
36	225	Oscar Magolo	Cirac - Circulo de Recreio Arte e Cultura	Veterano M55	01:43:30	+26:40	04:54
37	1065	CARLOS RIBEIRO	VITORIA SPORT CLUBE	Veterano M55	01:44:12	+27:22	04:56
38	315	David Gonçalves	FERREIROLUX	Veterano M55	01:45:32	+28:42	05:00
39	1105	Manuel Vieira	AFIS / OVAR	Veterano M55	01:46:04	+29:14	05:02
40	736	Manuel costa	Individual	Veterano M55	01:46:38	+29:48	05:03
41	1006	Adelino Fernandes	SMIP	Veterano M55	01:46:44	+29:54	05:04
42	151	António Sousa	Braguinhas Runners	Veterano M55	01:47:22	+30:32	05:05
43	723	Bernardino Ferreira Martins	Individual	Veterano M55	01:48:37	+31:47	05:09
44	168	DOMINGOS SILVA	CAL - Clube Atletismo de Lamas	Veterano M55	01:48:49	+31:59	05:09
45	1093	José Ribeiro	XAVIER OLIVEIRA POR JOANE	Veterano M55	01:49:19	+32:29	05:11
46	793	Fernando Valente	Leões da Agra	Veterano M55	01:50:34	+33:44	05:14
47	222	Alcides Sales	Cirac - Circulo de Recreio Arte e Cultura	Veterano M55	01:51:02	+34:12	05:16
48	81	FERNANDO CUNHA	Aduism-Brasinhas	Veterano M55	01:51:04	+34:14	05:16



**Prova Principal**

**21,097 KM**



**OFFICIAL RESULT**

26	847	Adão Dias	Nascidos para Correr	Veterano M60	01:46:47	+27:08	05:04
27	757	Narciso Arromba	Individual	Veterano M60	01:47:46	+28:07	05:06
28	372	Adriano Silva	Grupo Juvenil Pinheiro da Bemposta	Veterano M60	01:47:51	+28:12	05:07
29	910	JOSE SAMPAIO	OS FELINOS	Veterano M60	01:47:59	+28:20	05:07
30	745	Antonio Vasconcelos Carvalho	Individual	Veterano M60	01:49:16	+29:37	05:11
31	1045	Fernando Ribeiro	VETERANOS DO PORTO	Veterano M60	01:49:17	+29:38	05:11
32	746	Armenio Ferreira	Individual	Veterano M60	01:51:19	+31:40	05:17
33	169	JOAQUIM PAULINO	CAL - Clube Atletismo de Lamas	Veterano M60	01:51:43	+32:04	05:18
34	741	alvaro gonçalves ferreira	Individual	Veterano M60	01:51:51	+32:12	05:18
35	754	José Manuel dos Santos Rebelo	Individual	Veterano M60	01:52:01	+32:22	05:19
36	742	António Matos	Individual	Veterano M60	01:53:01	+33:22	05:21
37	320	Justino Coutada	FERREIROLUX	Veterano M60	01:53:27	+33:48	05:23
38	949	camilo goncalves duarte	quimifeiracorre/vcd	Veterano M60	01:53:41	+34:02	05:23
39	748	Custodio Neto	Individual	Veterano M60	01:54:06	+34:27	05:25
40	373	Antonio Pereira	Grupo Juvenil Pinheiro da Bemposta	Veterano M60	01:54:10	+34:31	05:25
41	140	JOSÉ FACÃO	ASSOCIAÇÃO DESPORTIVA RIO LARGO CLUBE DE ESPINHO	Veterano M60	01:54:20	+34:41	05:25
42	747	ARMÉNIO NEVES	Individual	Veterano M60	01:54:24	+34:45	05:25
43	919	BELMIRO AGUIAR	Os Kágados	Veterano M60	01:56:34	+36:55	05:32
44	753	jose afonso	Individual	Veterano M60	01:56:58	+37:19	05:33
45	273	ALBERTO LIZARDO	CLUBE NOVO BANCO - DEL. NORTE	Veterano M60	01:57:02	+37:23	05:33
46	886	António Macedo	os caga tacos running team	Veterano M60	02:00:52	+41:13	05:44
47	1108	Ramiro Monteiro	Caldas de S. Jorge Sport Club	Veterano M60	02:01:13	+41:34	05:45
48	759	pedro figueiredo	Individual	Veterano M60	02:01:51	+42:12	05:47
49	201	Albano Miranda	Caldas de S. Jorge Sport Club	Veterano M60	02:03:56	+44:17	05:52
50	354	Manuel Couto	GRIJÓ A CORRER	Veterano M60	02:04:38	+44:59	05:54
51	251	Manuel Mendes Rocha	Clube Galp Energia Norte	Veterano M60	02:07:45	+48:06	06:03
52	750	Fernando Silva Almeida	Individual	Veterano M60	02:10:23	+50:44	06:11
53	752	Jorge Manuel de Almeida Martins	Individual	Veterano M60	02:19:08	+59:29	06:36
54	152	JORGE ALVES OLIVEIRA	Bttrain	Veterano M60	02:19:18	+59:39	06:36
55	58	ALBINO ALMEIDA DA COSTA	ADEC-ms - Ass. desp. Cult. Macieira de Sarnes	Veterano M60	02:25:28	+01:05:49	06:54
56	740	abilio brandão	Individual	Veterano M60	02:25:30	+01:05:51	06:54

## COLETIVA 8 ATLETAS

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Núcleo de Atletismo de Cucujães	11 + 24 + 32 + 38 + 40 + 45 + 46 + 76	312
2	ADERCUS	12 + 23 + 25 + 31 + 34 + 54 + 81 + 86	346
3	Clube Atletismo de Ovar	6 + 9 + 61 + 66 + 80 + 89 + 93 + 99	503
4	Jobra-Associação de Jovens da Branca	4 + 19 + 26 + 49 + 58 + 98 + 102 + 159	515
5	Caldas de S. Jorge Sport Club	28 + 39 + 92 + 137 + 138 + 149 + 181 + 187	951
6	VITORIA SPORT CLUBE	47 + 48 + 60 + 95 + 193 + 194 + 208 + 234	1079
7	AMIGOS DO ATLETISMO MAGNA	106 + 144 + 157 + 168 + 195 + 202 + 225 + 342	1539
8	AFIS / OVAR	8 + 35 + 78 + 277 + 323 + 325 + 348 + 392	1786
9	Nascidos para Correr	44 + 71 + 190 + 191 + 259 + 310 + 360 + 399	1824
10	CAL - Clube Atletismo de Lamas	97 + 130 + 267 + 315 + 382 + 387 + 391 + 602	2571
11	Cirac - Circulo de Recreio Arte e Cultura	150 + 151 + 188 + 292 + 390 + 483 + 650 + 737	3041
12	FERREIROLUX	189 + 308 + 311 + 419 + 454 + 535 + 549 + 551	3316
13	X5	117 + 221 + 290 + 468 + 499 + 534 + 580 + 607	3316
14	Lusotufo	120 + 260 + 404 + 469 + 472 + 507 + 582 + 598	3412
15	Adrulsm-Brasinhas	115 + 331 + 434 + 435 + 436 + 457 + 619 + 651	3478
16	ADC C J CLARK - Castelo de Paiva	63 + 84 + 101 + 477 + 664 + 665 + 672 + 774	3500
17	CLUBE NOVO BANCO - DEL. NORTE	218 + 224 + 257 + 284 + 578 + 587 + 733 + 759	3640
18	Poteeentes - Clube Corrida PNHC	148 + 433 + 439 + 440 + 480 + 547 + 548 + 633	3668
19	Os Falta D'Ar	82 + 368 + 397 + 398 + 455 + 611 + 646 + 721	3678
20	ASSOCIAÇÃO DESPORTIVA RIO LARGO CLUBE DE ESPINHO	123 + 184 + 389 + 530 + 558 + 667 + 708 + 750	3909
21	S.S. MONTEPIO	383 + 414 + 471 + 538 + 572 + 573 + 599 + 603	4153
22	A. D. AMARANTE	155 + 185 + 488 + 502 + 588 + 700 + 775 + 801	4194
23	VETERANOS DO PORTO	247 + 320 + 380 + 396 + 615 + 712 + 763 + 766	4199
24	N.A.Taipas	358 + 359 + 427 + 465 + 638 + 680 + 682 + 684	4293
25	Os Kágados	141 + 319 + 329 + 494 + 677 + 752 + 808 + 853	4373