

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|----------------------|------|-----------|-----------------------------|------------|------------|
| 3936 | 1 | João Teixeira | M | SenioresM | Individual | 00:35:03,4 | 00:35:02,1 |
| 3482 | 2 | José Pires | M | SenioresM | Sociedade Recreio Capanense | 00:35:36,2 | 00:35:34,1 |
| 5017 | 3 | José Araújo | M | SenioresM | N.A.Taipas | 00:35:50,7 | 00:35:50,1 |
| 3896 | 4 | José Pereira | M | M35 | Individual | 00:37:41,2 | 00:37:39,1 |
| 3892 | 5 | Heitor Oliveira | M | SenioresM | Individual | 00:38:32,4 | 00:38:05,1 |
| 3675 | 6 | Helena Miranda | F | SenioresF | Individual | 00:40:11,7 | 00:40:10,3 |
| 3478 | 7 | Ricardo Castro | M | SenioresM | Sociedade Recreio Capanense | 00:40:13,7 | 00:40:09,6 |
| 3776 | 8 | Patrício Castro | M | M40 | N.A.Taipas | 00:40:14,7 | 00:40:13,3 |
| 3390 | 9 | Miguel Peixoto | M | M40 | VITÓRIA SPORT CLUBE | 00:40:17,2 | 00:40:16,1 |
| 3483 | 10 | Victor Martins | M | M40 | Sociedade Recreio Capanense | 00:40:42,7 | 00:40:38,3 |
| 3674 | 11 | Alberto Silva | M | M45 | Individual | 00:40:55,2 | 00:39:56,8 |
| 3698 | 12 | Joao Silva | M | M55 | Individual | 00:41:07,4 | 00:41:03,4 |
| 3421 | 13 | José Fernandes | M | M45 | Cyclones Sanitop | 00:41:28,7 | 00:41:21,1 |
| 3596 | 14 | Fernando Figueiredo | M | M50 | Individual | 00:41:34,4 | 00:41:27,1 |
| 3945 | 15 | Fernando Pereira | M | M45 | Individual | 00:41:40,7 | 00:41:29,1 |
| 3802 | 16 | Patrícia Pereira | F | SenioresF | S.C.SALGUEIROS | 00:41:55,9 | 00:41:55,6 |
| 3275 | 17 | Libório Vilela | M | M35 | Tsunami Team | 00:42:06,4 | 00:41:47,1 |
| 3921 | 18 | Filipe Gajo | M | SenioresM | Individual | 00:42:10,9 | 00:41:03,3 |
| 3891 | 19 | Rosa Soares | F | SenioresF | Individual | 00:42:19,7 | 00:42:18,6 |
| 3479 | 20 | Daniel Oliveira | M | M40 | Sociedade Recreio Capanense | 00:42:22,7 | 00:42:16,9 |
| 3477 | 21 | Luis Vilela | M | M55 | Sociedade Recreio Capanense | 00:42:31,2 | 00:42:18,4 |
| 3422 | 22 | Armindo Faria | M | M55 | Cyclones Sanitop | 00:42:33,2 | 00:42:25,3 |
| 3749 | 23 | Jose Fraga | M | SenioresM | Adventure s Runners | 00:42:33,2 | 00:41:40,4 |
| 3581 | 24 | Rui Gonçalves | M | SenioresM | ÁGUIAS DE ALVELOS | 00:42:47,2 | 00:42:46,3 |
| 3279 | 25 | José Santos | M | M50 | Tsunami Team | 00:42:50,4 | 00:42:30,1 |
| 3771 | 26 | José Silva | M | M45 | N.A.Taipas | 00:43:19,7 | 00:43:00,9 |
| 3039 | 27 | Eugenio Fernandes | M | SenioresM | Primos | 00:43:32,4 | 00:42:54,6 |
| 3678 | 28 | David Fernandes | M | M55 | GRUPO DESPORTIVO GUILHOVAI | 00:43:42,7 | 00:43:33,1 |
| 3549 | 29 | Joao Antunes | M | M40 | Individual | 00:44:09,4 | 00:43:47,6 |
| 3473 | 30 | Augusto Ribeiro | M | M60 | Sociedade Recreio Capanense | 00:44:25,2 | 00:44:07,4 |
| 3772 | 31 | José Guimarães | M | M50 | N.A.Taipas | 00:44:31,7 | 00:44:26,3 |
| 3373 | 32 | Pedro Faria | M | SenioresM | Individual | 00:44:50,4 | 00:44:45,3 |
| 3348 | 33 | Miguel Rego | M | M35 | Qualy - Produtos de Limpeza | 00:45:06,9 | 00:44:52,4 |
| 4000 | 34 | Miguel Pereira | M | SenioresM | Individual | 00:45:17,2 | 00:45:05,4 |
| 3965 | 35 | Carlos Macedo | M | M45 | Individual | 00:45:23,9 | 00:44:09,8 |
| 3467 | 36 | Carlos Lemos | M | M55 | Sociedade Recreio Capanense | 00:45:29,4 | 00:45:27,3 |
| 3466 | 37 | José Carvalho | M | M45 | Sociedade Recreio Capanense | 00:45:30,9 | 00:45:11,1 |
| 3996 | 38 | Hélder Santos | M | M35 | Individual | 00:45:38,9 | 00:44:42,6 |
| 3276 | 39 | José Sotelo | M | M40 | Tsunami Team | 00:46:02,2 | 00:44:09,1 |
| 3823 | 40 | José Gomes | M | M55 | Individual | 00:46:06,2 | 00:45:01,1 |
| 3593 | 41 | Agostinho Figueiredo | M | M35 | Individual | 00:46:12,4 | 00:46:08,1 |
| 3519 | 42 | Tiago Lopes | M | SenioresM | Individual | 00:46:24,4 | 00:46:12,4 |
| 3628 | 43 | Renato Mendes | M | M35 | Flephas | 00:46:25,4 | 00:46:01,4 |
| 3778 | 44 | Júlio Silva | M | JunioresM | Individual | 00:46:35,9 | 00:44:27,9 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|----------------------|------|-----------|------------------------------|------------|------------|
| 3969 | 45 | Vitor Lopes | M | M45 | GCST | 00:46:46,7 | 00:46:10,4 |
| 3211 | 46 | Rui Rego | M | SenioresM | Qualy - Produtos de Limpeza | 00:46:55,7 | 00:46:41,9 |
| 3556 | 47 | Tiago Moreira | M | SenioresM | Cercigui | 00:47:12,2 | 00:46:22,4 |
| 3038 | 48 | Daniel Torres | M | SenioresM | Primos | 00:47:12,4 | 00:46:38,3 |
| 3462 | 49 | Paulo Vieira | M | M40 | Sociedade Recreio Capanense | 00:47:17,9 | 00:47:06,3 |
| 3229 | 50 | Antonio Caldas | M | M45 | Individual | 00:47:19,2 | 00:46:28,3 |
| 3654 | 51 | Joseramon Dengra | M | M40 | Individual | 00:47:21,0 | 00:46:54,9 |
| 3278 | 52 | Nelson Almeida | M | SenioresM | Tsunami Team | 00:47:25,2 | 00:45:31,6 |
| 3673 | 53 | José Pinheiro | M | SenioresM | MIEGSI | 00:47:25,9 | 00:45:31,9 |
| 3814 | 54 | Gentil Mendes | M | M40 | Individual | 00:47:26,4 | 00:45:00,6 |
| 3614 | 55 | Fernado Rodrigues | M | M45 | Individual | 00:47:35,4 | 00:47:20,1 |
| 3979 | 56 | Delfim Ricardo | M | M40 | Individual | 00:47:37,2 | 00:47:33,8 |
| 4013 | 57 | José Lopes | M | M50 | Individual | 00:47:52,9 | 00:47:45,3 |
| 3880 | 58 | Fernando Henriques | M | M40 | GMR | 00:47:58,2 | 00:46:15,9 |
| 3805 | 59 | Cláudio Teixeira | M | M40 | Individual | 00:48:06,4 | 00:47:44,3 |
| 3306 | 60 | André Carvalho | M | SenioresM | Individual | 00:48:10,7 | 00:47:16,6 |
| 3315 | 61 | Hélder Martins | M | SenioresM | Individual | 00:48:34,2 | 00:47:39,3 |
| 3283 | 62 | Filipe Bugalho | M | SenioresM | Amigos da Onça | 00:48:35,7 | 00:47:34,4 |
| 3281 | 63 | Roberto Machado | M | SenioresM | Amigos da Onça | 00:48:35,9 | 00:47:35,1 |
| 3214 | 64 | Tiago Amorim-barbosa | M | SenioresM | Qualy - Produtos de Limpeza | 00:48:50,5 | 00:48:36,4 |
| 3884 | 65 | Rui Almeida | M | M35 | Individual | 00:48:51,9 | 00:47:48,6 |
| 3498 | 66 | Ricardo Bras | M | SenioresM | Individual | 00:48:56,7 | 00:47:51,6 |
| 3358 | 67 | Jorge Ribeiro | M | SenioresM | os amigos da confecção netex | 00:48:57,9 | 00:48:34,6 |
| 3271 | 68 | Daniel Abreu | M | M35 | Individual | 00:49:01,7 | 00:47:17,4 |
| 3252 | 69 | Bruno Vaz | M | SenioresM | Individual | 00:49:02,7 | 00:48:23,1 |
| 3451 | 70 | Adriana Piza | F | F45 | ECPinheiros | 00:49:04,2 | 00:48:34,6 |
| 3305 | 71 | Bruno Oliveira | M | JunioresM | Individual | 00:49:06,7 | 00:48:14,4 |
| 3274 | 72 | Octavio Oliveira | M | M35 | Tsunami Team | 00:49:13,7 | 00:47:21,4 |
| 3127 | 73 | Miguel Lima | M | SenioresM | Os Fortes | 00:49:35,7 | 00:47:12,9 |
| 3703 | 74 | Hélder Pereira | M | M35 | Travassós Running | 00:49:39,7 | 00:47:54,9 |
| 3873 | 75 | Rafael Cunha | M | SenioresM | Individual | 00:49:40,7 | 00:49:23,4 |
| 3013 | 76 | Célia Pereira | F | SenioresF | Individual | 00:49:42,2 | 00:49:29,1 |
| 3349 | 77 | Cristiano Macedo | M | SenioresM | #tomatinosteam | 00:49:48,7 | 00:47:25,4 |
| 3947 | 78 | Nuno Pena | M | SenioresM | Cercigui | 00:50:10,2 | 00:50:00,9 |
| 3948 | 79 | David Martins | M | JunioresM | Cercigui | 00:50:10,4 | 00:49:57,4 |
| 3902 | 80 | Jony Salgado | M | SenioresM | Individual | 00:50:11,7 | 00:50:00,6 |
| 3392 | 81 | Susana Fernandes | F | F40 | VITÓRIA SPORT CLUBE | 00:50:15,7 | 00:49:42,1 |
| 3472 | 82 | Cláudia Carvalho | F | F35 | Sociedade Recreio Capanense | 00:50:17,9 | 00:49:06,9 |
| 3931 | 83 | Isabel Augusto | F | F40 | Individual | 00:50:19,2 | 00:47:34,1 |
| 3325 | 84 | Cristiano Castro | M | SenioresM | Individual | 00:50:24,9 | 00:49:33,1 |
| 3648 | 85 | Antonio Machado | M | M45 | Individual | 00:50:36,2 | 00:50:31,4 |
| 3629 | 86 | Antonio Fernandes | M | M55 | Individual | 00:50:36,4 | 00:50:32,8 |
| 3615 | 87 | Rubens Cunha | M | M35 | Individual | 00:50:36,9 | 00:50:20,4 |
| 3200 | 88 | Rui Fontes | M | M45 | Individual | 00:50:37,2 | 00:48:56,3 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|--------------------|------|-----------|---|-----------------|------------|
| 3277 | 89 | Manuel Correia | M | M45 | Tsunami Team | 00:50:40,2 | 00:48:51,3 |
| 3154 | 90 | Paulo Reis | M | SenioresM | Individual | 00:50:40,7 | 00:49:47,6 |
| 3481 | 91 | Nelson Oliveira | M | SenioresM | Sociedade Recreio Capanense | 00:50:42,0 | 00:49:29,1 |
| 3389 | 92 | Jose Machado | M | M55 | VITÓRIA SPORT CLUBE | 00:50:42,2 | 00:49:57,4 |
| 3342 | 93 | Carlos Batista | M | M40 | Individual | 00:50:45,2 | 00:49:40,9 |
| 3672 | 94 | Paulo Freitas | M | M35 | Individual | 00:50:46,9 | 00:49:36,6 |
| 3386 | 95 | Alberto Mendes | M | M45 | VITÓRIA SPORT CLUBE | 00:50:51,4 | 00:50:17,1 |
| 3484 | 96 | Diogo Ribeiro | M | JunioresM | Sociedade Recreio Capanense | 00:50:52,9 | 00:49:34,1 |
| 3457 | 97 | Davide Guimarães | M | SenioresM | Individual | 00:50:53,7 | 00:48:53,1 |
| 3436 | 98 | Filipe Moura | M | M40 | Amigos das Sapatilhas | 00:50:57,9 | 00:49:52,4 |
| 3470 | 99 | Vitor Castro | M | SenioresM | Sociedade Recreio Capanense | 00:51:01,4 | 00:49:39,9 |
| 3508 | 100 | Domingos Raimundo | M | M40 | Individual | 00:51:01,7 | 00:50:21,1 |
| 3876 | 101 | Armando Malvar | M | M35 | Individual | 00:51:05,9 | 00:50:32,6 |
| 3304 | 102 | Aires Oliveira | M | M50 | Individual | 00:51:08,7 | 00:50:16,4 |
| 3485 | 103 | Rui Sousa | M | M40 | Individual | 00:51:34,4 | 00:49:13,6 |
| 3941 | 104 | João Lima | M | M40 | Individual | 00:51:36,7 | 00:50:45,6 |
| 3319 | 105 | Tiago Bento | M | SenioresM | Individual | 00:51:40,2 | 00:50:27,4 |
| 3226 | 106 | Ricardo Santos | M | M35 | Individual | 00:51:41,0 | 00:50:13,4 |
| 3347 | 107 | Dinis Silva | M | SenioresM | #tomatinosteam | 00:51:41,2 | 00:49:18,6 |
| 3929 | 108 | Eduardo Barbosa | M | M35 | Individual | 00:51:42,4 | 00:49:35,1 |
| 3155 | 109 | Bruno Pereira | M | SenioresM | Individual | 00:51:46,9 | 00:50:06,6 |
| 3750 | 110 | Paula Machado | F | SenioresF | Adventure s Runners | 00:51:50,5 | 00:49:51,1 |
| 3192 | 111 | Bernardo Lopes | M | JunioresM | Centro Municipal de Marcha e Corrida Agueda | 00:51:52,4 | 00:51:11,1 |
| 3006 | 112 | Damião Duarte | M | SenioresM | Individual | 00:51:56,4 | 00:50:11,9 |
| 3704 | 113 | Filipe Bento | M | M40 | Travassós Running | 00:51:56,9 | 00:50:11,4 |
| 3694 | 114 | Iris Soares | F | SenioresF | Individual | 00:51:58,4 | 00:51:09,1 |
| 3756 | 115 | Bruno Costa | M | M35 | Individual | 00:52:01,2 | 00:49:45,1 |
| 4017 | 116 | Joao Fontelo | M | SenioresM | Individual | 00:52:01,2 | 00:49:45,1 |
| 3576 | 117 | José Silva | M | SenioresM | Individual | 00:52:01,5 | 00:51:17,4 |
| 3238 | 118 | José Ribeiro | M | M35 | Individual | 00:52:06,5 | 00:50:22,1 |
| 3335 | 119 | Hugo Barbosa | M | SenioresM | Individual | 00:52:06,5 | 00:51:52,1 |
| 3777 | 120 | Rosa Ferreira | F | F45 | N.A.Taipas | 00:52:06,7 | 00:51:59,1 |
| 3871 | 121 | Nuno Baptista | M | SenioresM | Individual | 00:52:10,2 | 00:51:31,1 |
| 3572 | 122 | Ana Machado | F | SenioresF | Individual | 00:52:16,0 | 00:51:51,4 |
| 3645 | 123 | Wellington Alves | M | SenioresM | Individual | 00:52:23,9 | 00:52:11,6 |
| 3789 | 124 | Ricardo Peixoto | M | SenioresM | RIOFIT | 00:52:25,7 | 00:50:06,6 |
| 3387 | 125 | Joao Faria | M | M50 | VITÓRIA SPORT CLUBE | 00:52:29,2 | 00:51:41,9 |
| 3924 | 126 | Miguel Fernandes | M | SenioresM | CMteam | 00:52:37,2 | 00:49:47,8 |
| 3303 | 127 | Filipe Santos | M | M55 | Individual | 00:52:43,7 | 00:52:32,9 |
| 3053 | 128 | Francisco Oliveira | M | M40 | Individual | 00:52:44,2 | 00:51:04,1 |
| 3503 | 129 | Rafaela Bento | F | SenioresF | Individual | 00:52:46,9 | 00:52:16,6 |
| 3732 | 130 | Duarte Fernandes | M | M40 | | 7679 00:52:49,0 | 00:50:27,4 |
| 3452 | 131 | Mauricio Abramento | M | M50 | ECPinheiros | 00:52:50,2 | 00:52:17,1 |
| 3882 | 132 | Armando Castro | M | M35 | Individual | 00:52:50,7 | 00:51:11,6 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|------------------|------|-----------|---|------------|------------|
| 3847 | 133 | Priscila Nântua | F | SenioresF | Individual | 00:52:51,5 | 00:50:31,9 |
| 3250 | 134 | Pedro Felgueiras | M | SenioresM | Individual | 00:52:54,4 | 00:51:59,4 |
| 3872 | 135 | Lucas Afonso | M | SenioresM | MIEGSI | 00:52:56,2 | 00:51:02,6 |
| 3156 | 136 | Nuno Pacheco | M | SenioresM | Patarrolas | 00:52:59,4 | 00:52:03,6 |
| 3918 | 137 | António Pinto | M | M45 | Individual | 00:52:59,9 | 00:51:40,3 |
| 3553 | 138 | José Almeida | M | M55 | Cercigui | 00:53:00,4 | 00:52:14,1 |
| 3296 | 139 | Vitor Pedroso | M | M35 | Os Rôtos | 00:53:01,7 | 00:52:14,1 |
| 3559 | 140 | Pedro Rocha | M | SenioresM | Individual | 00:53:01,7 | 00:51:45,4 |
| 3810 | 141 | Diogo Cunha | M | JunioresM | Individual | 00:53:04,2 | 00:50:28,4 |
| 3455 | 142 | Paulo Lopes | M | SenioresM | Individual | 00:53:06,5 | 00:52:44,6 |
| 3282 | 143 | Luis Santos | M | SenioresM | Amigos da Onça | 00:53:09,7 | 00:51:13,6 |
| 3163 | 144 | Ricardo Azevedo | M | SenioresM | Patarrolas | 00:53:10,4 | 00:52:14,1 |
| 3345 | 145 | Jorge Ribeiro | M | SenioresM | #tomatinosteam | 00:53:17,5 | 00:50:56,6 |
| 3249 | 146 | Paulo Pinto | M | SenioresM | Individual | 00:53:18,4 | 00:52:24,4 |
| 3611 | 147 | Sandra Mesquita | F | F40 | Adventure s Runners | 00:53:21,7 | 00:52:45,9 |
| 3544 | 148 | Joaquim Soares | M | M50 | Individual | 00:53:21,9 | 00:53:03,9 |
| 3708 | 149 | Jorge Silva | M | SenioresM | Individual | 00:53:24,7 | 00:52:28,8 |
| 3937 | 150 | Diogo Teixeira | M | SenioresM | Carro Vassoura | 00:53:26,2 | 00:52:36,1 |
| 3790 | 151 | Filipe Nogueira | M | SenioresM | Cercigui | 00:53:28,7 | 00:51:24,9 |
| 3867 | 152 | Fernando Costa | M | M45 | Individual | 00:53:30,2 | 00:52:20,4 |
| 3881 | 153 | Paulo Gomes | M | SenioresM | GMR | 00:53:31,9 | 00:51:49,9 |
| 3242 | 154 | Pedro Marques | M | SenioresM | Individual | 00:53:33,2 | 00:52:34,1 |
| 3824 | 155 | Rosa Silva | F | F45 | Individual | 00:53:41,4 | 00:52:33,6 |
| 3289 | 156 | Gonçalo Almeida | M | M35 | Friday Lovers Team | 00:53:45,7 | 00:52:38,6 |
| 3223 | 157 | Luís Costa | M | SenioresM | Individual | 00:53:50,4 | 00:51:49,9 |
| 3179 | 158 | Gabriel Farias | M | SenioresM | Centro Municipal de Marcha e Corrida Agueda | 00:53:51,2 | 00:52:22,6 |
| 3273 | 159 | Manuel Carvalho | M | M60 | Individual | 00:53:57,7 | 00:52:30,9 |
| 3341 | 160 | Bruno Cunha | M | M35 | Individual | 00:53:59,4 | 00:53:31,1 |
| 3471 | 161 | Carlos Ribeiro | M | SenioresM | Sociedade Recreio Capanense | 00:54:00,2 | 00:52:39,4 |
| 3838 | 162 | Ângelo Fernandes | M | SenioresM | Individual | 00:54:01,5 | 00:52:30,1 |
| 3445 | 163 | Belmiro Ferreira | M | M45 | vimaranes | 00:54:03,0 | 00:52:07,9 |
| 3763 | 164 | Artur Batista | M | M40 | Individual | 00:54:04,2 | 00:53:32,6 |
| 3448 | 165 | Miguel Machado | M | M35 | Individual | 00:54:07,5 | 00:53:16,4 |
| 3495 | 166 | João Oliveira | M | SenioresM | Individual | 00:54:10,2 | 00:52:48,3 |
| 3700 | 167 | André Ribeiro | M | SenioresM | Individual | 00:54:10,7 | 00:52:48,8 |
| 3606 | 168 | Helder Soares | M | SenioresM | vimaranes | 00:54:11,9 | 00:52:18,4 |
| 3493 | 169 | Anselmo Leite | M | M40 | Individual | 00:54:12,2 | 00:52:18,4 |
| 3442 | 170 | Adolfo Escudeiro | M | M50 | Individual | 00:54:12,2 | 00:52:25,9 |
| 3413 | 171 | João Silva | M | SenioresM | Qualy - Produtos de Limpeza | 00:54:12,4 | 00:53:57,6 |
| 3049 | 172 | José Castro | M | M45 | Individual | 00:54:13,2 | 00:53:34,9 |
| 3533 | 173 | Lino Cardoso | M | M45 | Individual | 00:54:20,2 | 00:52:48,6 |
| 3531 | 174 | Dario Sampaio | M | SenioresM | Individual | 00:54:20,2 | 00:52:48,4 |
| 3370 | 175 | Manuel Cunha | M | M50 | Guimarães a correr | 00:54:23,2 | 00:52:51,6 |
| 3633 | 176 | Antonio Diogo | M | M55 | Individual | 00:54:23,4 | 00:53:48,6 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|--------------------|------|-----------|---|------------|------------|
| 3202 | 177 | António Valentim | M | M45 | Centro Municipal de Marcha e Corrida Agueda | 00:54:23,5 | 00:52:53,9 |
| 3994 | 178 | Manuel Silva | M | M60 | Individual | 00:54:25,5 | 00:53:17,6 |
| 3453 | 179 | Paulo Lopes | M | M45 | Individual | 00:54:26,9 | 00:54:16,6 |
| 3804 | 180 | Manuel Machado | M | M60 | ama associação mondim atletismo | 00:54:27,2 | 00:54:08,1 |
| 3623 | 181 | Flávio Mendes | M | SenioresM | Individual | 00:54:30,2 | 00:53:54,6 |
| 3883 | 182 | Carlos Santos | M | M40 | Individual | 00:54:31,5 | 00:54:04,1 |
| 3497 | 183 | Francisco Pinto | M | SenioresM | 5.7 Crossfit Guimarães | 00:54:32,5 | 00:52:04,1 |
| 3201 | 184 | Nuno Santos | M | M40 | Centro Municipal de Marcha e Corrida Agueda | 00:54:37,2 | 00:53:08,6 |
| 3469 | 185 | Ricardo Costa | M | M35 | Sociedade Recreio Capanense | 00:54:37,5 | 00:53:17,9 |
| 3758 | 186 | João Alves | M | JunioresM | Portugal Runners | 00:54:37,7 | 00:53:28,6 |
| 3714 | 187 | Ricardo Fernandes | M | SenioresM | Individual | 00:54:48,0 | 00:53:35,6 |
| 4007 | 188 | João Fernandes | M | SenioresM | Individual | 00:54:48,0 | 00:53:36,4 |
| 3287 | 189 | João Venes | M | M35 | Friday Lovers Team | 00:54:51,7 | 00:53:45,4 |
| 3366 | 190 | Nelson Abreu | M | SenioresM | Individual | 00:54:52,2 | 00:53:59,6 |
| 4010 | 191 | José Leite | M | M55 | Individual | 00:54:53,2 | 00:54:32,6 |
| 3735 | 192 | Armindo Pereira | M | M55 | Individual | 00:54:53,4 | 00:53:55,9 |
| 4015 | 193 | Jorge Vilela | M | M50 | Individual | 00:54:55,7 | 00:54:50,6 |
| 3809 | 194 | Tomaz Cunha | M | SenioresM | Individual | 00:54:57,5 | 00:52:21,1 |
| 3781 | 195 | Ângela Costa | F | F45 | RIOFIT | 00:54:58,0 | 00:52:36,9 |
| 3757 | 196 | Diogo Pereira | M | JunioresM | Portugal Runners | 00:55:04,9 | 00:53:55,9 |
| 3952 | 197 | Adriano Araújo | M | SenioresM | Individual | 00:55:10,2 | 00:54:04,4 |
| 3869 | 198 | Hugo Silva | M | M35 | Individual | 00:55:19,7 | 00:54:40,1 |
| 3637 | 199 | Henrique Silva | M | M35 | Individual | 00:55:26,7 | 00:55:01,9 |
| 4004 | 200 | João Costa | M | SenioresM | Individual | 00:55:37,9 | 00:54:53,9 |
| 3251 | 201 | Sónia Mendes | F | SenioresF | Individual | 00:55:38,7 | 00:54:19,6 |
| 3724 | 202 | Miguel Magalhaes | M | SenioresM | Individual | 00:55:44,2 | 00:53:04,1 |
| 3730 | 203 | Nuno Costa | M | SenioresM | Individual | 00:55:44,2 | 00:53:04,9 |
| 3942 | 204 | Bernardino Andrade | M | M45 | Taloxinhas | 00:55:51,2 | 00:54:55,9 |
| 3570 | 205 | José Fernandes | M | SenioresM | Individual | 00:55:52,0 | 00:54:27,9 |
| 3943 | 206 | Filipe Agra | M | M40 | Taloxinhas | 00:55:52,4 | 00:54:57,1 |
| 3879 | 207 | Carlos Gomes | M | SenioresM | GMR | 00:55:53,2 | 00:54:10,4 |
| 3990 | 208 | Jose Jordao | M | M35 | José Jordão | 00:56:05,2 | 00:53:27,6 |
| 3361 | 209 | Manuel Miranda | M | M45 | os amigos da confecção netex | 00:56:06,7 | 00:55:39,8 |
| 4008 | 210 | José Dias | M | SenioresM | Individual | 00:56:08,5 | 00:53:38,4 |
| 3327 | 211 | Pedro Silva | M | SenioresM | Individual | 00:56:11,2 | 00:53:24,6 |
| 3917 | 212 | Maria Silva | F | F40 | Individual | 00:56:12,2 | 00:55:58,3 |
| 3731 | 213 | Ludgero Ribeiro | M | M35 | Individual | 00:56:13,9 | 00:54:50,4 |
| 3904 | 214 | João Faria | M | M50 | Individual | 00:56:14,5 | 00:54:47,6 |
| 3343 | 215 | Joao Dias | M | SenioresM | #tomatinosteam | 00:56:21,5 | 00:53:55,9 |
| 3262 | 216 | Paulo Silva | M | SenioresM | Individual | 00:56:22,5 | 00:54:53,6 |
| 3431 | 217 | Armando Pereira | M | SenioresM | Rexemingas Team | 00:56:25,0 | 00:54:35,4 |
| 3032 | 218 | José Soares | M | M55 | Individual | 00:56:25,7 | 00:54:10,6 |
| 3458 | 219 | Ricardo Maia | M | SenioresM | Individual | 00:56:26,0 | 00:56:11,6 |
| 3263 | 220 | Ricardo Sampaio | M | M35 | Equipa Maria Clara | 00:56:26,7 | 00:53:44,4 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|--------------------|------|-----------|---|------------|------------|
| 3889 | 221 | Paulo Leite | M | SenioresM | Individual | 00:56:26,7 | 00:54:56,9 |
| 3261 | 222 | Mauro Queirós | M | SenioresM | Equipa Maria Clara | 00:56:27,4 | 00:53:45,6 |
| 3599 | 223 | Sergio Sa | M | M35 | Individual | 00:56:27,7 | 00:55:26,4 |
| 3604 | 224 | Marco Ribeiro | M | M35 | Individual | 00:56:28,0 | 00:54:08,6 |
| 3173 | 225 | Joaquim Balreira | M | M45 | Centro Municipal de Marcha e Corrida Agueda | 00:56:33,2 | 00:55:37,6 |
| 3826 | 226 | João Lopes | M | JunioresM | GCST | 00:56:34,7 | 00:53:53,9 |
| 3408 | 227 | Carlos Oliveira | M | SenioresM | Individual | 00:56:36,5 | 00:54:40,1 |
| 3588 | 228 | Milton Magalhães | M | SenioresM | Individual | 00:56:37,9 | 00:55:37,1 |
| 3190 | 229 | Tiago Esteves | M | SenioresM | Centro Municipal de Marcha e Corrida Agueda | 00:56:40,0 | 00:55:54,9 |
| 3561 | 230 | Carlos Lopes | M | M40 | Individual | 00:56:41,0 | 00:55:17,6 |
| 3821 | 231 | Casimiro Abreu | M | M60 | Individual | 00:56:50,5 | 00:56:39,1 |
| 3378 | 232 | Joao Martins | M | SenioresM | Running Team | 00:57:01,0 | 00:56:00,9 |
| 3288 | 233 | João Ramos | M | M40 | Friday Lovers Team | 00:57:09,7 | 00:56:03,1 |
| 3766 | 234 | Odilia Esteves | F | SenioresF | Cercigui | 00:57:09,9 | 00:55:03,6 |
| 3729 | 235 | Jorge Cunha | M | M35 | Individual | 00:57:11,5 | 00:56:00,4 |
| 3868 | 236 | Abilio Silva | M | M35 | Individual | 00:57:13,2 | 00:56:35,1 |
| 3328 | 237 | Pedro Faria | M | SenioresM | Individual | 00:57:14,5 | 00:54:26,6 |
| 3506 | 238 | Sergio Marques | M | M35 | Individual | 00:57:15,2 | 00:54:20,9 |
| 3680 | 239 | Sandra Rodrigues | F | SenioresF | RUINEL | 00:57:18,2 | 00:55:03,1 |
| 3394 | 240 | Manuel Guedes | M | M40 | Individual | 00:57:19,2 | 00:55:51,6 |
| 3124 | 241 | Martinho Braga | M | M55 | AMIGAS DO CORAÇÃO | 00:57:21,7 | 00:54:37,4 |
| 3125 | 242 | Fernanda Casimiro | F | F50 | AMIGAS DO CORAÇÃO | 00:57:21,7 | 00:54:36,4 |
| 4006 | 243 | António Fernandes | M | M45 | Individual | 00:57:21,7 | 00:54:53,4 |
| 3562 | 244 | José Teixeira | M | M50 | Individual | 00:57:27,0 | 00:56:57,1 |
| 3630 | 245 | Paulo Sampaio | M | SenioresM | Individual | 00:57:29,2 | 00:55:07,9 |
| 3585 | 246 | Rui Oliveira | M | M45 | Individual | 00:57:31,9 | 00:55:02,8 |
| 3800 | 247 | Hélder Silva | M | M35 | Cercigui | 00:57:34,5 | 00:55:27,6 |
| 3968 | 248 | Gabriel Cabrinhas | M | M35 | Individual | 00:57:39,2 | 00:55:45,1 |
| 3774 | 249 | Maria José | F | F45 | N.A.Taipas | 00:57:40,7 | 00:55:10,1 |
| 3035 | 250 | Mara Miranda | F | SenioresF | Individual | 00:57:41,0 | 00:57:01,1 |
| 3768 | 251 | João Sousa | M | M45 | N.A.Taipas | 00:57:41,5 | 00:55:10,9 |
| 3992 | 252 | Miguel Jordao | M | JunioresM | José Jordão | 00:57:44,2 | 00:51:16,4 |
| 3253 | 253 | Cecilia Veloso | F | SenioresF | Individual | 00:57:47,2 | 00:57:11,4 |
| 3254 | 254 | Alberto Araujo | M | M35 | Individual | 00:57:47,2 | 00:57:11,4 |
| 3236 | 255 | Jorge Silva | M | M55 | Individual | 00:57:48,7 | 00:56:28,1 |
| 3583 | 256 | Jacinto Guimarães | M | M45 | Individual | 00:57:49,0 | 00:55:17,4 |
| 3446 | 257 | Jorge Ferreira | M | SenioresM | vimaranes | 00:57:49,2 | 00:55:54,4 |
| 3783 | 258 | Carlos Ribeiro | M | SenioresM | RIOFIT | 00:57:49,5 | 00:55:26,4 |
| 3652 | 259 | Rodrigo Almeida | M | SenioresM | Individual | 00:57:51,2 | 00:56:49,9 |
| 3072 | 260 | Joana Guerra | F | F40 | Centro Municipal de Marcha e Corrida Agueda | 00:57:56,7 | 00:56:29,9 |
| 3523 | 261 | Patricia Fernandes | F | F35 | Individual | 00:57:57,0 | 00:57:04,4 |
| 3060 | 262 | Fernando Pereira | M | M45 | Centro Municipal de Marcha e Corrida Agueda | 00:58:06,7 | 00:57:26,1 |
| 3539 | 263 | Óscar Rocha | M | M55 | Viriathvs Runners Viseu | 00:58:06,7 | 00:56:58,1 |
| 3651 | 264 | António Silveira | M | M35 | Individual | 00:58:06,7 | 00:57:20,4 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|--------------------|------|-----------|-----------------------------|------------|------------|
| 3402 | 265 | Alcino Silva | M | M45 | Individual | 00:58:15,0 | 00:57:44,6 |
| 3411 | 266 | Augusto Magalhães | M | M35 | Os Celoricenses | 00:58:16,5 | 00:56:09,4 |
| 3293 | 267 | Carlos Silva | M | M50 | Individual | 00:58:19,2 | 00:57:36,9 |
| 4005 | 268 | Sérgio Abreu | M | SenioresM | Individual | 00:58:19,9 | 00:57:35,8 |
| 3712 | 269 | João Machado | M | SenioresM | Individual | 00:58:20,2 | 00:55:53,9 |
| 3480 | 270 | Simão Teixeira | M | M35 | Sociedade Recreio Capanense | 00:58:21,2 | 00:56:58,4 |
| 3983 | 271 | Américo Campos | M | SenioresM | 5.7 Crossfit Guimarães | 00:58:22,7 | 00:56:39,4 |
| 3161 | 272 | Diogo Faria | M | SenioresM | Patarrolas | 00:58:22,9 | 00:57:25,9 |
| 3710 | 273 | Bruno Machado | M | SenioresM | Individual | 00:58:26,0 | 00:55:59,9 |
| 3663 | 274 | Luis Pereira | M | SenioresM | Farokas | 00:58:26,7 | 00:56:00,6 |
| 3635 | 275 | Marco Couto | M | SenioresM | Individual | 00:58:30,2 | 00:56:56,6 |
| 3295 | 276 | Ricardo Freitas | M | SenioresM | R&R Team | 00:58:31,7 | 00:57:38,4 |
| 3923 | 277 | Carlos Martins | M | SenioresM | CMteam | 00:58:34,0 | 00:55:44,4 |
| 3682 | 278 | Fábio Brito | M | SenioresM | Os incansáveis | 00:58:36,7 | 00:55:53,9 |
| 3545 | 279 | Joy Monteiro | M | M35 | Individual | 00:58:37,7 | 00:57:14,6 |
| 3853 | 280 | Carlos Mendes | M | SenioresM | +Activo RUN FIT | 00:58:38,5 | 00:55:43,1 |
| 3326 | 281 | Sílvia Silva | F | SenioresF | Individual | 00:58:40,0 | 00:56:32,1 |
| 3658 | 282 | Helena Ferreira | F | SenioresF | Farokas | 00:58:40,0 | 00:56:14,4 |
| 3512 | 283 | David Cunha | M | SenioresM | Individual | 00:58:40,7 | 00:57:10,9 |
| 3860 | 284 | Marlene Abreu | F | SenioresF | +Activo RUN FIT | 00:58:41,0 | 00:56:21,1 |
| 3811 | 285 | Ana Ribeiro | F | SenioresF | Individual | 00:58:41,5 | 00:56:05,4 |
| 3812 | 286 | Tania Ribeiro | F | SenioresF | Individual | 00:58:41,5 | 00:56:04,9 |
| 3120 | 287 | Sergio Andrade | M | M35 | FORMA VIVA | 00:59:04,2 | 00:57:33,9 |
| 3890 | 288 | Deolinda Silva | F | F55 | Individual | 00:59:06,5 | 00:57:58,9 |
| 3953 | 289 | Rui Costa | M | M45 | Individual | 00:59:07,7 | 00:57:14,9 |
| 3786 | 290 | Eduardo Gomes | M | SenioresM | RIOFIT | 00:59:11,5 | 00:56:44,9 |
| 3152 | 291 | Eduardo Malheiro | M | M60 | GCST | 00:59:20,5 | 00:56:36,9 |
| 3755 | 292 | Sérgio Lopes | M | SenioresM | Guimarães Corre-corre | 00:59:32,0 | 00:54:47,6 |
| 3430 | 293 | Bruno Silva | M | SenioresM | Rexemingas Team | 00:59:33,0 | 00:57:43,4 |
| 3744 | 294 | Filipe Matos | M | SenioresM | Individual | 00:59:35,0 | 00:57:27,6 |
| 3266 | 295 | Elsa Teixeira | F | F45 | Individual | 00:59:35,7 | 00:57:25,4 |
| 3813 | 296 | Cátia Sousa | F | SenioresF | Individual | 00:59:39,0 | 00:57:02,1 |
| 3463 | 297 | Rita Magalhães | F | F35 | Sociedade Recreio Capanense | 00:59:39,5 | 00:59:28,4 |
| 3401 | 298 | Vitor Mendes | M | SenioresM | Individual | 00:59:40,0 | 00:58:49,6 |
| 4019 | 299 | Sergio Santos | M | SenioresM | Individual | 00:59:41,7 | 00:57:26,4 |
| 3631 | 300 | Cátia Tavares | F | SenioresF | Individual | 00:59:42,0 | 00:59:16,1 |
| 3268 | 301 | Rui Resende | M | M35 | família resende | 00:59:44,5 | 00:57:58,4 |
| 3605 | 302 | Nuno Almeida | M | M35 | Individual | 00:59:47,0 | 00:57:21,1 |
| 3569 | 303 | Gaspar Machado | M | M45 | amigos atletismo povoense | 00:59:48,5 | 00:59:06,8 |
| 3707 | 304 | António Pereira | M | M50 | Individual | 00:59:48,5 | 00:59:06,8 |
| 3258 | 305 | Angelina Silva | F | F45 | Individual | 00:59:58,5 | 00:59:31,4 |
| 3379 | 306 | Geraldo Martins | M | M40 | Running Team | 00:59:59,2 | 00:58:48,9 |
| 3460 | 307 | Silverio Fernandes | M | SenioresM | Amigos das Sapatilhas | 00:59:59,7 | 00:58:54,4 |
| 3830 | 308 | Andreia Fernandes | F | SenioresF | Individual | 01:00:01,0 | 00:57:24,1 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|-------------------|------|-----------|---|------------|------------|
| 3831 | 309 | Nuno Machado | M | SenioresM | Individual | 01:00:01,0 | 00:57:23,6 |
| 3317 | 310 | Gabriela Cunha | F | SenioresF | Individual | 01:00:02,7 | 00:58:44,1 |
| 3322 | 311 | Sandra Monteiro | F | SenioresF | Individual | 01:00:03,0 | 00:57:16,9 |
| 3701 | 312 | Rui Macedo | M | SenioresM | Individual | 01:00:03,0 | 00:57:10,6 |
| 3939 | 313 | Fabio Costa | M | SenioresM | Carro Vassoura | 01:00:08,7 | 00:59:18,6 |
| 3260 | 314 | Francisco Fonseca | M | M35 | Individual | 01:00:09,2 | 00:57:46,6 |
| 3158 | 315 | Miguel Freitas | M | SenioresM | Patarrolas | 01:00:11,7 | 00:59:16,4 |
| 3910 | 316 | Rui Rodrigues | M | M40 | Individual | 01:00:16,5 | 00:57:41,6 |
| 3903 | 317 | Nelson Moura | M | SenioresM | Individual | 01:00:18,2 | 00:59:43,6 |
| 3537 | 318 | Eunice Loureiro | F | F50 | Viriathvs Runners Viseu | 01:00:24,2 | 00:59:14,4 |
| 3383 | 319 | Hernâni Barbosa | M | SenioresM | Zbirinaites | 01:00:27,7 | 00:58:36,9 |
| 3794 | 320 | Bruno Marinho | M | SenioresM | Individual | 01:00:28,0 | 00:58:23,8 |
| 3911 | 321 | Isabel Monteiro | F | F45 | Individual | 01:00:35,5 | 01:00:25,6 |
| 3855 | 322 | Geraldino Silva | M | SenioresM | +Activo RUN FIT | 01:00:36,2 | 00:58:16,9 |
| 3870 | 323 | Jorge Silva | M | M45 | Individual | 01:00:41,0 | 01:00:01,6 |
| 3769 | 324 | João Sá | M | M60 | N.A.Taipas | 01:00:42,2 | 00:58:12,1 |
| 3329 | 325 | Tânia Eusébio | F | SenioresF | Individual | 01:00:43,2 | 00:59:07,6 |
| 3858 | 326 | Luís Araújo | M | M35 | +Activo RUN FIT | 01:00:43,5 | 00:58:23,1 |
| 3770 | 327 | Joaquim Fernandes | M | M55 | N.A.Taipas | 01:00:43,7 | 00:58:17,1 |
| 3346 | 328 | Daniela Martins | F | SenioresF | #tomatinosteam | 01:00:44,5 | 00:58:21,1 |
| 3647 | 329 | Diana Ferreira | F | SenioresF | Individual | 01:00:46,2 | 00:59:26,4 |
| 3522 | 330 | Helena Marques | F | SenioresF | Individual | 01:00:46,7 | 00:59:26,4 |
| 3752 | 331 | Sutete Ferreira | F | SenioresF | Adventure s Runners | 01:00:47,0 | 00:59:53,1 |
| 3747 | 332 | Aldo Borges | M | SenioresM | Adventure s Runners | 01:00:47,2 | 00:59:54,9 |
| 3169 | 333 | José Bento | M | M55 | Centro Municipal de Marcha e Corrida Agueda | 01:00:49,0 | 01:00:08,6 |
| 3182 | 334 | Elza Viana | F | F40 | Centro Municipal de Marcha e Corrida Agueda | 01:00:49,2 | 01:00:09,9 |
| 3706 | 335 | Carlos Traquino | M | M35 | Família Silva | 01:00:50,7 | 01:00:48,4 |
| 3166 | 336 | Isália Pereira | F | F45 | Individual | 01:00:51,7 | 01:00:07,6 |
| 3709 | 337 | Jorge Mendes | M | M35 | Individual | 01:00:54,5 | 00:58:11,6 |
| 3728 | 338 | Vasco Ribeiro | M | M40 | Individual | 01:00:56,5 | 00:58:14,6 |
| 3407 | 339 | Claudia Cunha | F | SenioresF | Individual | 01:01:04,0 | 00:58:44,4 |
| 3938 | 340 | Duarte Freitas | M | SenioresM | Carro Vassoura | 01:01:04,7 | 01:00:13,9 |
| 3476 | 341 | Ana Freitas | F | F35 | Sociedade Recreio Capanense | 01:01:08,2 | 01:00:47,1 |
| 3350 | 342 | Catarina Rosas | F | SenioresF | Qualy - Produtos de Limpeza | 01:01:13,2 | 01:00:58,1 |
| 3542 | 343 | Rui Pires | M | M40 | Individual | 01:01:17,2 | 01:00:24,6 |
| 3689 | 344 | Carlos Pinto | M | SenioresM | GMR | 01:01:21,0 | 00:59:38,4 |
| 3791 | 345 | Sandra Gonçalves | F | SenioresF | Cercigui | 01:01:22,0 | 00:59:17,9 |
| 3030 | 346 | Maria Lima | F | SenioresF | UMRunners | 01:01:28,2 | 00:59:56,1 |
| 3993 | 347 | Benigno Torres | M | M60 | Individual | 01:01:28,2 | 00:59:48,4 |
| 3846 | 348 | Claudia Nogueira | F | JunioresF | Individual | 01:01:30,0 | 00:59:43,6 |
| 3935 | 349 | Jaime Pereira | M | M60 | Individual | 01:01:31,7 | 00:59:00,6 |
| 3865 | 350 | Sofia Soares | F | F35 | +Activo RUN FIT | 01:01:39,0 | 00:59:19,1 |
| 3420 | 351 | Jose Duran | M | M55 | Individual | 01:01:41,5 | 01:00:02,6 |
| 3514 | 352 | Fábio Silva | M | SenioresM | MIEGSI | 01:01:42,0 | 00:59:45,1 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|-------------------------|------|-----------|---|------------|------------|
| 3995 | 353 | Domingos Cunha | M | M50 | Individual | 01:01:42,7 | 01:01:08,6 |
| 3362 | 354 | Marco Silva | M | M35 | os amigos da confecção netex | 01:01:46,0 | 01:01:17,9 |
| 3702 | 355 | Mariagiovanna Masciotta | F | SenioresF | Individual | 01:01:46,7 | 00:59:21,6 |
| 3501 | 356 | Camilla Librici | F | SenioresF | Individual | 01:01:47,5 | 00:59:23,4 |
| 3365 | 357 | Bruno Oliveira | M | SenioresM | os amigos da confecção netex | 01:01:48,0 | 01:01:21,6 |
| 3437 | 358 | Jose Mendes | M | SenioresM | Individual | 01:01:49,5 | 01:00:03,1 |
| 3655 | 359 | Luis Teixeira | M | M55 | Individual | 01:01:50,0 | 01:00:38,6 |
| 3650 | 360 | António Figueiredo | M | M45 | Cercigui | 01:01:51,2 | 01:00:07,1 |
| 3857 | 361 | Juliana Leite | F | SenioresF | +Activo RUN FIT | 01:01:52,0 | 01:00:16,9 |
| 3552 | 362 | Filipe Rocha | M | SenioresM | Individual | 01:01:54,5 | 01:01:21,1 |
| 3679 | 363 | Nuno Aboim | M | SenioresM | Individual | 01:01:56,7 | 01:00:07,9 |
| 3121 | 364 | Susana Santos | F | F35 | FORMA VIVA | 01:02:00,2 | 01:00:30,4 |
| 3428 | 365 | Carina Condeço | F | SenioresF | Individual | 01:02:03,0 | 01:01:36,4 |
| 3418 | 366 | Carlos Silva | M | SenioresM | Os Taludos | 01:02:04,5 | 01:00:15,6 |
| 3580 | 367 | Bruno Salgado | M | M35 | Individual | 01:02:08,5 | 01:01:07,6 |
| 3085 | 368 | Mila Teixeira | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:02:09,0 | 01:01:24,3 |
| 3167 | 369 | Tiago Bento | M | SenioresM | Centro Municipal de Marcha e Corrida Agueda | 01:02:09,2 | 01:01:27,6 |
| 3601 | 370 | Jorge Lobo | M | M40 | Individual | 01:02:10,0 | 01:00:30,4 |
| 3913 | 371 | Laura Fernandes | F | SenioresF | Individual | 01:02:10,0 | 00:55:59,6 |
| 3719 | 372 | António Silva | M | SenioresM | Individual | 01:02:10,5 | 00:59:28,1 |
| 3961 | 373 | Joana Cruz | F | SenioresF | Individual | 01:02:11,7 | 01:00:13,9 |
| 3363 | 374 | Jorge Silva | M | M40 | os amigos da confecção netex | 01:02:16,2 | 01:01:49,4 |
| 3808 | 375 | Domingos Martins | M | M45 | Individual | 01:02:16,7 | 01:00:38,4 |
| 3620 | 376 | Catarina Almeida | F | SenioresF | Individual | 01:02:17,7 | 01:00:43,9 |
| 4014 | 377 | Sérgio Ribeiro | M | SenioresM | Individual | 01:02:18,2 | 01:01:31,4 |
| 3723 | 378 | Rui Magalhães | M | M50 | Individual | 01:02:19,7 | 00:59:37,9 |
| 3849 | 379 | Marco Almeida | M | M40 | Individual | 01:02:19,7 | 01:00:38,1 |
| 3850 | 380 | Paulo Pinto | M | M40 | Individual | 01:02:20,2 | 01:00:38,7 |
| 3761 | 381 | Davide Machado | M | SenioresM | Individual | 01:02:20,7 | 01:00:25,6 |
| 3331 | 382 | Nuno Silva | M | M35 | Individual | 01:02:23,2 | 01:00:29,4 |
| 3528 | 383 | André Costa | M | SenioresM | Sociedade Recreio Capanense | 01:02:24,5 | 01:01:03,6 |
| 3659 | 384 | José Ferreira | M | SenioresM | Farokas | 01:02:26,0 | 01:00:00,4 |
| 3662 | 385 | Telma Nunes | F | SenioresF | Farokas | 01:02:26,2 | 01:00:15,6 |
| 3009 | 386 | Felisbela Nogueira | F | F35 | Eu e ela | 01:02:28,0 | 01:02:18,1 |
| 3008 | 387 | António Nogueira | M | M40 | Eu e ela | 01:02:28,0 | 01:02:17,4 |
| 3746 | 388 | Julio Machado | M | SenioresM | Individual | 01:02:29,0 | 01:00:12,1 |
| 3754 | 389 | Sergio Carvalho | M | SenioresM | Individual | 01:02:29,0 | 01:00:12,6 |
| 3684 | 390 | Susana Fernandes | F | F40 | Individual | 01:02:32,0 | 00:59:54,6 |
| 3669 | 391 | Pedro Fernandes | M | SenioresM | Individual | 01:02:33,5 | 01:00:39,4 |
| 3683 | 392 | Maria Alves | F | SenioresF | Os incansáveis | 01:02:34,0 | 00:59:50,6 |
| 3909 | 393 | Jose Pinto | M | M40 | Individual | 01:02:36,5 | 01:00:01,9 |
| 3153 | 394 | Joao Almeida | M | M40 | Individual | 01:02:45,7 | 01:02:04,6 |
| 3027 | 395 | Marino Barroso | M | M50 | Curtes | 01:02:47,0 | 01:01:46,6 |
| 3435 | 396 | Tiago Carneiro | M | SenioresM | Família carneiro | 01:02:47,7 | 01:01:14,9 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|---------------------|------|-----------|---|------------|------------|
| 3339 | 397 | Angelo Carneiro | M | SenioresM | Individual | 01:02:47,7 | 01:01:14,4 |
| 3244 | 398 | Abel Moura | M | M60 | Individual | 01:02:48,2 | 01:02:00,6 |
| 3852 | 399 | Carla Fernandes | F | SenioresF | +Activo RUN FIT | 01:02:48,2 | 01:00:28,4 |
| 3509 | 400 | Mario Pinto | M | SenioresM | Team Voraz | 01:02:50,2 | 01:00:57,4 |
| 3600 | 401 | Dores Barroso | F | F50 | Individual | 01:02:50,5 | 01:01:40,1 |
| 3052 | 402 | Laura Silva | F | SenioresF | UMRunners | 01:02:50,7 | 01:01:18,8 |
| 3697 | 403 | Miguel Gonçalves | M | M35 | Individual | 01:02:51,0 | 00:58:28,6 |
| 3486 | 404 | Salvador Bras | M | M55 | Individual | 01:02:51,0 | 01:01:45,4 |
| 3028 | 405 | Isabel Arantes | F | SenioresF | UMRunners | 01:02:51,2 | 01:01:18,9 |
| 3960 | 406 | Patrícia Fernandes | F | F35 | Individual | 01:02:55,5 | 01:01:02,3 |
| 3367 | 407 | Maria Mendes | F | F40 | Cercigui | 01:02:57,0 | 01:02:01,9 |
| 3922 | 408 | Cristiana Vilasboas | F | SenioresF | Individual | 01:03:00,0 | 01:02:27,1 |
| 3574 | 409 | Cedric Marta | M | SenioresM | 2gether | 01:03:01,2 | 01:00:13,9 |
| 3427 | 410 | Tiago Nascimento | M | M35 | Individual | 01:03:03,0 | 01:02:36,6 |
| 3835 | 411 | Luis Abreu | M | M40 | Individual | 01:03:09,7 | 01:01:41,6 |
| 3958 | 412 | Silvia Pinheiro | F | F40 | Individual | 01:03:09,7 | 01:01:15,4 |
| 3257 | 413 | Rui Lopes | M | SenioresM | Individual | 01:03:11,0 | 01:01:55,4 |
| 3256 | 414 | Sergio Magalhães | M | M35 | Individual | 01:03:11,2 | 01:01:55,4 |
| 3907 | 415 | João Lopes | M | SenioresM | Individual | 01:03:12,7 | 01:00:23,9 |
| 3908 | 416 | João Moreira | M | SenioresM | Individual | 01:03:13,2 | 01:00:23,4 |
| 3594 | 417 | Dario Silva | M | M50 | Individual | 01:03:16,7 | 01:00:44,9 |
| 3025 | 418 | Ricardo Teixeira | M | M35 | Individual | 01:03:17,0 | 01:03:08,9 |
| 3839 | 419 | Pedro Silva | M | SenioresM | Individual | 01:03:17,5 | 01:01:46,4 |
| 3988 | 420 | José Fernandes | M | M60 | Individual | 01:03:18,7 | 01:02:08,1 |
| 3980 | 421 | Rui Silva | M | SenioresM | Individual | 01:03:25,2 | 00:57:41,6 |
| 3742 | 422 | Filipe Rodrigues | M | M35 | Individual | 01:03:29,0 | 01:03:16,6 |
| 3690 | 423 | Ricardo Fumega | M | M35 | Individual | 01:03:43,2 | 01:02:28,6 |
| 3284 | 424 | Ana Eira | F | SenioresF | Amigos da Onça | 01:03:45,2 | 01:02:41,1 |
| 3859 | 425 | Mário Abreu | M | SenioresM | +Activo RUN FIT | 01:03:47,5 | 01:01:27,4 |
| 3558 | 426 | Duarte Dias | M | M45 | Os incansáveis | 01:03:50,0 | 01:01:04,6 |
| 3534 | 427 | Rui Novais | M | M35 | Individual | 01:03:50,5 | 01:01:44,6 |
| 3535 | 428 | Elsa Pereira | F | F35 | Individual | 01:03:50,5 | 01:01:44,9 |
| 3560 | 429 | Melanie Rodrigues | F | JunioresF | Individual | 01:03:55,2 | 01:02:11,9 |
| 3900 | 430 | Vítor Cardoso | M | M50 | Individual | 01:03:58,0 | 01:01:57,6 |
| 3529 | 431 | Adelio Gonçalves | M | M50 | Individual | 01:03:59,2 | 01:02:27,6 |
| 3619 | 432 | André Lobo | M | SenioresM | Individual | 01:04:00,2 | 01:01:54,9 |
| 3716 | 433 | Luzinha Monteiro | F | SenioresF | Individual | 01:04:04,0 | 01:01:26,4 |
| 3180 | 434 | Daniela Peixoto | F | SenioresF | Individual | 01:04:06,5 | 01:01:52,6 |
| 3183 | 435 | Marlene Antunes | F | SenioresF | Centro Municipal de Marcha e Corrida Agueda | 01:04:06,7 | 01:02:39,4 |
| 3914 | 436 | Paulo Amado | M | M55 | Individual | 01:04:11,0 | 01:02:18,4 |
| 3043 | 437 | Flávio Rodrigues | M | M40 | Individual | 01:04:14,5 | 01:02:20,9 |
| 3264 | 438 | Jose Flora | M | M45 | Individual | 01:04:14,5 | 01:02:20,9 |
| 3775 | 439 | Natália Cruz | F | SenioresF | N.A.Taipas | 01:04:16,7 | 01:02:48,1 |
| 3443 | 440 | Elsa Costa | F | F35 | Cercigui | 01:04:18,0 | 01:03:23,1 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|-------------------|------|-----------|---|------------|------------|
| 3557 | 441 | Tiago Neves | M | SenioresM | Os incansáveis | 01:04:20,7 | 01:01:36,4 |
| 3578 | 442 | Pedro Santos | M | M35 | Individual | 01:04:22,0 | 01:02:38,9 |
| 3302 | 443 | Ricardo Sousa | M | M60 | Individual | 01:04:22,5 | 01:02:02,6 |
| 3773 | 444 | Manuel Ribeiro | M | M55 | N.A.Taipas | 01:04:23,5 | 01:01:52,4 |
| 3897 | 445 | Pedro Silva | M | SenioresM | Individual | 01:04:23,5 | 01:02:18,4 |
| 3513 | 446 | Sérgio Abreu | M | SenioresM | Individual | 01:04:24,2 | 01:02:54,6 |
| 3753 | 447 | David Gonçalves | M | SenioresM | Individual | 01:04:25,2 | 01:03:12,4 |
| 3740 | 448 | Barbara Maia | F | F35 | Individual | 01:04:25,5 | 01:03:51,3 |
| 3971 | 449 | Adriano Carvalho | M | M35 | ZIM | 01:04:26,5 | 01:01:45,9 |
| 3517 | 450 | Marco Pereira | M | M45 | Individual | 01:04:31,5 | 01:02:22,1 |
| 3516 | 451 | António Andrade | M | M55 | Individual | 01:04:31,7 | 01:02:22,6 |
| 3525 | 452 | Luis Ribeiro | M | SenioresM | Individual | 01:04:32,2 | 01:03:44,9 |
| 3737 | 453 | Miguel Fernandes | M | SenioresM | Individual | 01:04:32,5 | 01:01:44,6 |
| 3854 | 454 | Fátima Castro | F | SenioresF | +Activo RUN FIT | 01:04:33,0 | 01:01:38,1 |
| 3864 | 455 | Ricardo Freitas | M | M35 | +Activo RUN FIT | 01:04:33,0 | 01:01:38,1 |
| 3759 | 456 | Elvis Castro | M | SenioresM | Os Mutchachos | 01:04:37,0 | 01:01:53,1 |
| 3760 | 457 | Fernando Teixeira | M | SenioresM | Os Mutchachos | 01:04:37,0 | 01:01:53,4 |
| 3231 | 458 | Silvia Gallo | F | F35 | LOBO | 01:04:45,5 | 01:03:33,9 |
| 3230 | 459 | Denny Bevilaqua | M | SenioresM | LOBO | 01:04:45,7 | 01:03:34,4 |
| 3617 | 460 | Ana Moura | F | SenioresF | Adventure s Runners | 01:04:49,7 | 01:04:11,9 |
| 3836 | 461 | Afonso Lima | M | M35 | Individual | 01:04:50,7 | 01:02:33,9 |
| 3464 | 462 | Liliana Rodrigues | F | SenioresF | Sociedade Recreio Capanense | 01:04:51,5 | 01:03:30,6 |
| 3465 | 463 | Patrício Silva | M | M35 | Sociedade Recreio Capanense | 01:04:51,5 | 01:03:30,4 |
| 3643 | 464 | António Lopes | M | M40 | Individual | 01:04:52,7 | 01:03:01,6 |
| 3964 | 465 | Carlos Lopes | M | M40 | Individual | 01:04:53,0 | 01:03:01,9 |
| 3333 | 466 | Pedro Ribeiro | M | SenioresM | Laborim runners | 01:04:54,0 | 01:02:31,1 |
| 3131 | 467 | Avelino Silva | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:04:54,2 | 01:02:51,4 |
| 3209 | 468 | Edgar Carneiro | M | SenioresM | Individual | 01:04:54,5 | 01:03:45,6 |
| 3047 | 469 | Helena Lopes | F | F40 | Jogging Lovers Coimbra | 01:04:55,5 | 01:03:50,6 |
| 3999 | 470 | Pedro Ferreira | M | M40 | Individual | 01:04:57,0 | 01:04:14,6 |
| 3932 | 471 | José Silva | M | M60 | Individual | 01:05:00,7 | 01:03:04,4 |
| 3454 | 472 | Lurdes Sousa | F | F45 | Individual | 01:05:01,7 | 01:04:50,9 |
| 3185 | 473 | Rita Ramos | F | SenioresF | Centro Municipal de Marcha e Corrida Agueda | 01:05:03,5 | 01:02:29,9 |
| 3416 | 474 | Isabel Prates | F | F45 | Individual | 01:05:03,5 | 01:03:22,6 |
| 3259 | 475 | Nuno Fernandes | M | SenioresM | Individual | 01:05:04,2 | 01:03:44,4 |
| 3496 | 476 | Jose Ferreira | M | SenioresM | #tomatinosteam | 01:05:09,0 | 01:02:44,1 |
| 3382 | 477 | Leonilde Macedo | F | F40 | Individual | 01:05:16,0 | 01:04:21,9 |
| 3380 | 478 | Andre Martins | M | JunioresM | Running Team | 01:05:17,7 | 01:04:17,9 |
| 3741 | 479 | José Torrinha | M | M40 | Individual | 01:05:21,7 | 01:02:37,4 |
| 3843 | 480 | Laurentina Araujo | F | F50 | EDP Runners - Porto | 01:05:28,2 | 01:04:39,4 |
| 3316 | 481 | Diogo Cunha | M | SenioresM | Individual | 01:05:29,5 | 01:02:43,9 |
| 3520 | 482 | David Dias | M | M35 | Individual | 01:05:31,0 | 01:02:53,9 |
| 4002 | 483 | Vitor Rodrigues | M | M35 | Individual | 01:05:31,2 | 01:04:48,4 |
| 3577 | 484 | Yfke Vries | F | SenioresF | Individual | 01:05:33,5 | 01:05:04,1 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|---------------------|------|-----------|---|------------|------------|
| 3191 | 485 | Elisabete Barroso | F | SenioresF | Individual | 01:05:35,7 | 01:03:21,9 |
| 3409 | 486 | Frédéric Magalhães | M | SenioresM | Os Celoricenses | 01:05:38,2 | 01:03:23,9 |
| 3400 | 487 | Helder Dias | M | SenioresM | Individual | 01:05:49,2 | 01:05:37,4 |
| 3688 | 488 | João Freitas | M | M35 | Individual | 01:05:49,2 | 01:03:28,9 |
| 3671 | 489 | Carlos Guerra | M | M35 | Individual | 01:05:53,7 | 01:04:45,9 |
| 3338 | 490 | Nuno Costa | M | SenioresM | Amigos das Sapatilhas | 01:05:56,5 | 01:04:51,1 |
| 3352 | 491 | Simão Guimarães | M | SenioresM | Individual | 01:06:01,7 | 01:03:49,9 |
| 3586 | 492 | Jacinta Correia | F | F35 | Individual | 01:06:03,5 | 01:05:04,6 |
| 3748 | 493 | Fernanda Machado | F | SenioresF | Adventure s Runners | 01:06:03,5 | 01:04:03,9 |
| 3912 | 494 | Raquel Martins | F | SenioresF | Individual | 01:06:03,7 | 01:04:03,1 |
| 3237 | 495 | Pedro Lourenco | M | SenioresM | Individual | 01:06:04,2 | 01:04:03,9 |
| 3751 | 496 | Ricardo Carvalho | M | M35 | Adventure s Runners | 01:06:04,2 | 01:04:04,1 |
| 3717 | 497 | José Bastos | M | M45 | Individual | 01:06:07,7 | 01:06:05,6 |
| 3989 | 498 | Inácio Ferreira | M | M50 | Individual | 01:06:09,7 | 01:04:53,1 |
| 3827 | 499 | Rute Machado | F | SenioresF | Individual | 01:06:16,2 | 01:05:06,4 |
| 3828 | 500 | Ana Dias | F | SenioresF | Individual | 01:06:16,5 | 01:05:06,9 |
| 3500 | 501 | Luís Ferreira | M | M45 | Individual | 01:06:18,2 | 01:03:43,3 |
| 3441 | 502 | João Castro | M | M35 | Castro Team | 01:06:21,5 | 01:04:39,4 |
| 3440 | 503 | Ana Castro | F | F35 | Castro Team | 01:06:22,0 | 01:04:39,9 |
| 3795 | 504 | Paulo Antunes | M | M50 | Individual | 01:06:30,7 | 01:03:59,6 |
| 3510 | 505 | Ana Moura | F | SenioresF | Team Voraz | 01:06:39,5 | 01:04:46,3 |
| 3034 | 506 | Basilio Paixao | M | M45 | Individual | 01:06:41,7 | 01:04:29,7 |
| 3018 | 507 | Rita Freitas | F | SenioresF | UMRunners | 01:06:43,7 | 01:05:10,6 |
| 3874 | 508 | José Almeida | M | M45 | Individual | 01:06:43,7 | 01:04:32,6 |
| 3610 | 509 | Alexandra Gomes | F | F35 | Adventure s Runners | 01:06:44,0 | 01:06:06,9 |
| 3734 | 510 | Joao Oliveira | M | M55 | Individual | 01:06:44,5 | 01:04:33,4 |
| 3026 | 511 | Marília Barroso | F | F45 | Curtes | 01:06:44,7 | 01:05:44,9 |
| 3798 | 512 | Rita Neto | F | SenioresF | Individual | 01:06:47,2 | 01:04:17,4 |
| 3309 | 513 | Carlos Nuno | M | M35 | Individual | 01:06:54,0 | 01:04:20,9 |
| 3970 | 514 | Florabela Fernandes | F | F45 | Individual | 01:06:54,0 | 01:04:08,6 |
| 3307 | 515 | Sónia Cabaça | F | SenioresF | RIOFIT | 01:06:54,2 | 01:04:33,6 |
| 3001 | 516 | Ana Sêco | F | SenioresF | Individual | 01:06:56,2 | 01:05:10,6 |
| 3726 | 517 | Emilio Silva | M | M45 | Individual | 01:06:57,2 | 01:05:16,4 |
| 3270 | 518 | Joana Resende | F | F35 | família resende | 01:06:58,2 | 01:05:10,4 |
| 3895 | 519 | Elisabete Ferreira | F | F35 | Individual | 01:06:59,7 | 01:06:40,1 |
| 3324 | 520 | Kinara Falcão | F | F35 | Arretados do Brasil | 01:07:00,5 | 01:05:24,4 |
| 3991 | 521 | Maria Jordao | F | F35 | José Jordão | 01:07:02,5 | 01:04:40,4 |
| 3073 | 522 | Alexandra Cardoso | F | F45 | Centro Municipal de Marcha e Corrida Agueda | 01:07:03,2 | 01:06:08,1 |
| 3174 | 523 | Adélia Almeida | F | F55 | Centro Municipal de Marcha e Corrida Agueda | 01:07:03,5 | 01:06:23,6 |
| 3195 | 524 | Jorge Almeida | M | M50 | Centro Municipal de Marcha e Corrida Agueda | 01:07:04,0 | 01:06:24,1 |
| 3955 | 525 | Helena Silva | F | SenioresF | Individual | 01:07:07,7 | 01:06:08,1 |
| 3232 | 526 | Romeu Gomes | M | M35 | MachadoGomes | 01:07:09,5 | 01:06:25,6 |
| 3160 | 527 | Davide Ribeiro | M | SenioresM | Patarrolas | 01:07:14,2 | 01:06:13,2 |
| 3337 | 528 | Luciano Rocha | M | SenioresM | Individual | 01:07:15,2 | 01:05:42,9 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|---------------------|------|-----------|---|------------|------------|
| 3381 | 529 | Domingos Teixeira | M | M35 | Individual | 01:07:18,2 | 01:05:16,6 |
| 3582 | 530 | Nuno Queiroz | M | M35 | Individual | 01:07:20,0 | 01:06:18,9 |
| 3538 | 531 | Patrícia Martins | F | SenioresF | Individual | 01:07:25,7 | 01:05:36,1 |
| 3133 | 532 | Custódia Pereira | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:07:26,5 | 01:02:06,1 |
| 3934 | 533 | Rui Teixeira | M | M35 | Individual | 01:07:28,7 | 01:04:37,1 |
| 3664 | 534 | José Ferreira | M | SenioresM | Farokas | 01:07:29,5 | 01:05:19,9 |
| 3736 | 535 | Ana Ribeiro | F | F35 | Individual | 01:07:43,2 | 01:04:58,1 |
| 3803 | 536 | Paulo Rodrigues | M | M35 | Individual | 01:07:43,5 | 01:04:59,1 |
| 3168 | 537 | Marta Pinheiro | F | SenioresF | Centro Municipal de Marcha e Corrida Agueda | 01:07:59,2 | 01:07:17,6 |
| 3844 | 538 | Marcio Silva | M | SenioresM | EDP Runners - Porto | 01:08:00,2 | 01:05:18,9 |
| 3042 | 539 | Cláudia Soares | F | SenioresF | Individual | 01:08:01,7 | 01:05:44,4 |
| 3012 | 540 | Francisco Mendes | M | SenioresM | Individual | 01:08:02,7 | 01:06:13,4 |
| 3475 | 541 | Catarina Freitas | F | F40 | Sociedade Recreio Capanense | 01:08:05,5 | 01:06:51,1 |
| 3626 | 542 | Rui Martins | M | M35 | Flehas | 01:08:06,5 | 01:07:41,1 |
| 3627 | 543 | Daniel Ferreira | M | SenioresM | Flehas | 01:08:06,7 | 01:07:41,4 |
| 3031 | 544 | Diana Soares | F | SenioresF | Individual | 01:08:07,2 | 01:05:52,1 |
| 3157 | 545 | Joana Cunha | F | SenioresF | Patarrolas | 01:08:08,2 | 01:07:10,6 |
| 3788 | 546 | José Ferreira | M | M40 | RIOFIT | 01:08:20,2 | 01:05:55,1 |
| 3745 | 547 | Filipa Mendes | F | SenioresF | Individual | 01:08:22,0 | 01:06:15,6 |
| 3210 | 548 | Carina Faria | F | SenioresF | Individual | 01:08:24,2 | 01:07:24,1 |
| 3417 | 549 | Rita Duarte | F | F35 | Individual | 01:08:24,5 | 01:05:59,4 |
| 3877 | 550 | Maria Duarte | F | SenioresF | Individual | 01:08:27,0 | 01:08:03,4 |
| 3530 | 551 | Jose Mendes | M | M50 | Individual | 01:08:32,0 | 01:07:01,1 |
| 3415 | 552 | Vanda Martins | F | F35 | Individual | 01:08:32,2 | 01:08:06,6 |
| 3526 | 553 | Armindo Gomes | M | M50 | Individual | 01:08:32,2 | 01:07:01,4 |
| 3639 | 554 | João Ribeiro | M | SenioresM | Individual | 01:08:37,0 | 01:06:14,9 |
| 3982 | 555 | Jorge Silva | M | M40 | Individual | 01:08:37,2 | 01:02:56,4 |
| 3547 | 556 | Anabela Henriques | F | SenioresF | OLIVEIRA RUNNERS | 01:08:40,0 | 01:07:03,9 |
| 3916 | 557 | Gloria Souto | F | F35 | Individual | 01:08:41,2 | 01:07:01,4 |
| 3220 | 558 | André Correia | M | SenioresM | CMMCT Runners | 01:08:43,0 | 01:07:29,6 |
| 3782 | 559 | António Marques | M | M35 | RIOFIT | 01:08:46,5 | 01:06:20,6 |
| 3502 | 560 | Tania Ramos | F | SenioresF | Chaves Running Team/Aquae Flaviae Night Running | 01:08:48,0 | 01:08:20,6 |
| 3377 | 561 | Isabel Pizarro | F | F40 | Running Team | 01:08:48,0 | 01:07:42,1 |
| 3499 | 562 | Luís Soares | M | M35 | Individual | 01:08:48,5 | 01:07:28,7 |
| 3963 | 563 | Joaquina Freitas | F | F50 | Individual | 01:08:49,0 | 01:08:38,4 |
| 3385 | 564 | Margarita Lukjanska | F | SenioresF | Individual | 01:08:54,7 | 01:06:34,1 |
| 3957 | 565 | Micaela Fontão | F | F40 | Individual | 01:08:54,7 | 01:06:57,1 |
| 3181 | 566 | Sofia Oliveira | F | F35 | Centro Municipal de Marcha e Corrida Agueda | 01:08:55,2 | 01:07:27,9 |
| 3954 | 567 | Carina Freitas | F | F40 | Individual | 01:08:59,2 | 01:07:03,4 |
| 3140 | 568 | Paula Oliveira | F | F50 | Centro Municipal de Marcha e Corrida Agueda | 01:09:04,0 | 01:04:36,4 |
| 3711 | 569 | Joaquim Ribeiro | M | M50 | Individual | 01:09:05,2 | 01:06:37,6 |
| 3235 | 570 | José Cunha | M | M50 | Individual | 01:09:08,2 | 01:07:20,6 |
| 3301 | 571 | Tiago Silva | M | M40 | Eira Botelho | 01:09:09,2 | 01:02:59,9 |
| 3300 | 572 | António Botelho | M | M55 | Eira Botelho | 01:09:09,7 | 01:06:41,9 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|--------------------|------|-----------|---|------------|------------|
| 3246 | 573 | Marcio Borges | M | M35 | Individual | 01:09:14,5 | 01:07:22,9 |
| 3243 | 574 | Andreia Martins | F | SenioresF | Individual | 01:09:14,7 | 01:07:23,1 |
| 3568 | 575 | Márcia Sousa | F | F35 | Individual | 01:09:15,0 | 01:07:01,4 |
| 3607 | 576 | Joaquim Oliveira | M | M50 | Individual | 01:09:16,7 | 01:08:55,1 |
| 3634 | 577 | Jose Carlos | M | M50 | Individual | 01:09:16,7 | 01:08:52,6 |
| 3738 | 578 | Manuel Marques | M | M60 | Cercigui | 01:09:20,0 | 01:08:12,6 |
| 3739 | 579 | Adelaide Ferreira | F | F50 | Cercigui | 01:09:20,0 | 01:08:13,1 |
| 3928 | 580 | Jose Bento | M | M45 | Individual | 01:09:23,2 | 01:09:10,4 |
| 3354 | 581 | Antonio Guimaraes | M | M50 | Individual | 01:09:25,7 | 01:08:49,9 |
| 3550 | 582 | Rita Jesus | F | SenioresF | Individual | 01:09:26,5 | 01:08:41,1 |
| 3640 | 583 | Nuno Araújo | M | SenioresM | Individual | 01:09:27,5 | 01:07:34,9 |
| 3434 | 584 | Jose Carvalho | M | M60 | Individual | 01:09:39,2 | 01:06:41,9 |
| 3646 | 585 | Joao Cunha | M | M40 | Familia Cunha | 01:09:39,7 | 01:08:19,9 |
| 3691 | 586 | Patricia Fernandes | F | SenioresF | Individual | 01:09:46,2 | 01:08:33,4 |
| 3490 | 587 | Joel Pereira | M | SenioresM | Individual | 01:10:01,7 | 01:07:23,9 |
| 3491 | 588 | Sandra Marques | F | SenioresF | Individual | 01:10:02,0 | 01:07:24,1 |
| 3414 | 589 | Adelino Videira | M | M35 | Individual | 01:10:14,5 | 01:09:40,1 |
| 3267 | 590 | Pedro Dinis | M | M40 | Slow Motion | 01:10:20,0 | 01:07:41,6 |
| 3762 | 591 | Filipa Silva | F | SenioresF | Individual | 01:10:20,2 | 01:08:24,1 |
| 3919 | 592 | Marlene Cardoso | F | SenioresF | Nós os dois | 01:10:21,5 | 01:07:34,9 |
| 3920 | 593 | Vitor Costa | M | SenioresM | Nós os dois | 01:10:22,0 | 01:07:35,6 |
| 3070 | 594 | Ana Carreira | F | F35 | malice13 | 01:10:24,0 | 01:10:12,6 |
| 3077 | 595 | Isabel Cruz | F | F50 | Centro Municipal de Marcha e Corrida Agueda | 01:10:25,5 | 01:09:30,6 |
| 3285 | 596 | Rosa Fernandes | F | F45 | Individual | 01:10:27,5 | 01:08:01,6 |
| 3286 | 597 | Filipa Portela | F | SenioresF | Individual | 01:10:27,7 | 01:08:01,6 |
| 3976 | 598 | Mary Silva | F | F50 | ZIM | 01:10:29,2 | 01:07:48,4 |
| 3974 | 599 | Clare Picken | F | F45 | ZIM | 01:10:30,0 | 01:07:48,4 |
| 3796 | 600 | Paula Freitas | F | F40 | Individual | 01:10:35,7 | 01:09:57,9 |
| 3587 | 601 | Raquel Oliveira | F | SenioresF | Individual | 01:10:39,7 | 01:09:40,6 |
| 3193 | 602 | Catarina Santos | F | JunioresF | Centro Municipal de Marcha e Corrida Agueda | 01:10:40,2 | 01:10:00,4 |
| 3369 | 603 | Julia Batista | F | F50 | Guimarães a correr | 01:10:43,2 | 01:09:10,1 |
| 3184 | 604 | Marlene Brito | F | F35 | Centro Municipal de Marcha e Corrida Agueda | 01:10:49,2 | 01:09:16,3 |
| 3488 | 605 | Mariajosé Matos | F | F55 | Matos | 01:10:50,0 | 01:10:18,9 |
| 3064 | 606 | Inês Conceição | F | SenioresF | Centro Municipal de Marcha e Corrida Agueda | 01:11:01,7 | 01:08:09,4 |
| 3065 | 607 | Micael Loureiro | M | SenioresM | Centro Municipal de Marcha e Corrida Agueda | 01:11:02,0 | 01:08:10,1 |
| 3977 | 608 | Paulo Mateus | M | M45 | ZIM | 01:11:03,5 | 01:08:20,9 |
| 3219 | 609 | Iracema Ferreira | F | F50 | Individual | 01:11:03,7 | 01:09:30,1 |
| 3926 | 610 | Ricardo Faria | M | M35 | Individual | 01:11:04,7 | 01:09:56,9 |
| 3075 | 611 | Francisco Cravo | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:11:08,7 | 01:08:56,4 |
| 3332 | 612 | Joel Ferreira | M | SenioresM | Laborim runners | 01:11:18,7 | 01:08:52,6 |
| 3344 | 613 | Lu Barbosa | F | SenioresF | #tomatinosteam | 01:11:22,0 | 01:08:56,4 |
| 3228 | 614 | André Alves | M | SenioresM | Individual | 01:11:22,5 | 01:09:20,1 |
| 3959 | 615 | Vanessa Pinho | F | SenioresF | Individual | 01:11:25,7 | 01:09:28,1 |
| 3573 | 616 | Sonia Marques | F | SenioresF | 2gether | 01:11:33,7 | 01:08:46,9 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|-------------------|------|-----------|---|------------|------------|
| 3555 | 617 | Esmael Magalhães | F | SenioresF | Individual | 01:11:34,0 | 01:09:23,9 |
| 3487 | 618 | Luciano Matos | M | M55 | Matos | 01:11:38,0 | 01:11:06,4 |
| 3997 | 619 | Eulália Costa | F | F45 | Individual | 01:11:38,7 | 01:08:54,9 |
| 3715 | 620 | Emilia Oliveira | F | F40 | Individual | 01:11:40,0 | 01:11:19,6 |
| 3985 | 621 | Nuno Araújo | M | M35 | Individual | 01:11:44,0 | 01:10:34,4 |
| 3984 | 622 | Ana Ferreira | F | SenioresF | Individual | 01:11:44,2 | 01:10:35,4 |
| 3375 | 623 | Antonio Azevedo | M | M60 | Individual | 01:11:46,7 | 01:11:16,1 |
| 3649 | 624 | Manuela Rocha | F | SenioresF | ROCHA DE ALMEIDA | 01:11:47,2 | 01:09:06,1 |
| 3624 | 625 | Felicia Peixoto | F | F50 | Individual | 01:11:52,2 | 01:10:50,4 |
| 3410 | 626 | Carla Ferreira | F | SenioresF | Os Celoricenses | 01:12:02,2 | 01:09:52,1 |
| 3602 | 627 | Lia Lopes | F | SenioresF | Individual | 01:12:06,5 | 01:11:06,9 |
| 3657 | 628 | Gabriela Andrade | F | SenioresF | Individual | 01:12:08,0 | 01:11:52,6 |
| 3603 | 629 | Joao Lopes | M | SenioresM | Individual | 01:12:09,7 | 01:11:09,4 |
| 3492 | 630 | João Maia | M | SenioresM | MIEGSI | 01:12:10,7 | 01:10:11,6 |
| 3799 | 631 | Tiago Bras | M | SenioresM | Individual | 01:12:17,7 | 01:09:47,1 |
| 3661 | 632 | Diogo Ferreira | M | SenioresM | Farokas | 01:12:19,0 | 01:10:07,9 |
| 3102 | 633 | António Jorge | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:12:23,5 | 01:07:09,9 |
| 3086 | 634 | António Queirós | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:12:24,7 | 01:09:48,9 |
| 3797 | 635 | Cecília Martins | F | F40 | TheTree - Team Runners | 01:12:34,0 | 01:10:56,1 |
| 3571 | 636 | Manuela Rodrigues | F | F35 | Individual | 01:12:51,0 | 01:10:15,6 |
| 4018 | 637 | Rui Gomes | M | SenioresM | Individual | 01:12:51,2 | 01:10:36,6 |
| 3045 | 638 | Lígia Santos | F | F35 | Lisbon South Bay Atlético Clube | 01:12:54,0 | 01:10:13,8 |
| 3395 | 639 | Liliana Oliveira | F | F35 | Individual | 01:12:55,2 | 01:11:40,7 |
| 3906 | 640 | Domingos Moreira | M | M55 | Individual | 01:13:07,7 | 01:10:19,1 |
| 3905 | 641 | Catarina Moreira | F | SenioresF | Individual | 01:13:08,0 | 01:10:18,1 |
| 3833 | 642 | Liliana Oliveira | F | F35 | Individual | 01:13:13,7 | 01:10:42,4 |
| 3393 | 643 | Sofia Xavier | F | F35 | SERXavier | 01:13:20,5 | 01:10:56,4 |
| 3066 | 644 | Francisco Limas | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:13:21,5 | 01:12:35,1 |
| 3083 | 645 | Levi Anjos | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:13:21,5 | 01:12:35,4 |
| 3670 | 646 | Ana Guerra | F | F35 | Individual | 01:13:25,2 | 01:12:17,6 |
| 3609 | 647 | Sérgio Gonçalves | M | M35 | Individual | 01:13:30,5 | 01:11:23,4 |
| 3927 | 648 | Romeu Rodrigues | M | M40 | Individual | 01:13:32,2 | 01:11:36,9 |
| 3224 | 649 | Vera Silva | F | SenioresF | Individual | 01:13:39,2 | 01:11:01,4 |
| 3567 | 650 | Ana Martins | F | SenioresF | Individual | 01:13:41,2 | 01:11:27,6 |
| 3403 | 651 | Rosa Duarte | F | F45 | Individual | 01:13:44,2 | 01:12:38,4 |
| 3011 | 652 | João Faria | M | M35 | Coyote and Road Runner, Inc. | 01:13:46,2 | 01:12:20,9 |
| 3010 | 653 | Ivone Costa | F | SenioresF | Coyote and Road Runner, Inc. | 01:13:46,5 | 01:12:21,4 |
| 4009 | 654 | Fátima Pinho | F | F40 | Individual | 01:13:47,5 | 01:11:35,6 |
| 3875 | 655 | Cristina Ribeiro | F | F45 | Individual | 01:14:03,2 | 01:11:52,6 |
| 3978 | 656 | Zizina Moreira | F | F35 | ZIM | 01:14:13,0 | 01:11:30,4 |
| 3972 | 657 | Ana Silva | F | JunioresF | ZIM | 01:14:13,2 | 01:11:30,6 |
| 3975 | 658 | Manuela Mendes | F | F35 | ZIM | 01:14:13,2 | 01:11:30,1 |
| 3227 | 659 | Raquel Gomes | F | SenioresF | Individual | 01:14:19,0 | 01:12:16,1 |
| 4011 | 660 | Daniel Mesquita | M | M40 | Individual | 01:14:26,7 | 01:12:38,4 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|-----------------------|------|-----------|---|------------|------------|
| 3494 | 661 | Cátia Ferreira | F | SenioresF | CAMIR | 01:14:27,2 | 01:13:41,4 |
| 3625 | 662 | José Peixoto | M | M55 | Individual | 01:14:27,2 | 01:13:24,9 |
| 3419 | 663 | Juliana Pinheiro | F | SenioresF | Salgueiral | 01:14:28,5 | 01:12:51,4 |
| 3543 | 664 | Pedro Rodrigues | M | M40 | Individual | 01:14:32,2 | 01:12:51,1 |
| 3233 | 665 | Susana Machado | F | F35 | MachadoGomes | 01:14:33,5 | 01:13:54,1 |
| 3764 | 666 | Luís Serrador | M | SenioresM | Individual | 01:14:45,0 | 01:11:53,4 |
| 3765 | 667 | Rita Vilaça | F | SenioresF | Individual | 01:14:47,0 | 01:11:55,6 |
| 3967 | 668 | Mara Costa | F | SenioresF | Cercigui | 01:14:49,5 | 01:14:16,4 |
| 3359 | 669 | Silvia Silva | F | F35 | os amigos da confecção netex | 01:14:54,0 | 01:13:09,6 |
| 3090 | 670 | Francisco Conceição | M | SenioresM | Centro Municipal de Marcha e Corrida Agueda | 01:15:00,0 | 01:12:27,6 |
| 3089 | 671 | Catarina Oliveira | F | SenioresF | Centro Municipal de Marcha e Corrida Agueda | 01:15:00,0 | 01:12:27,9 |
| 3355 | 672 | Ricardo Machado | M | SenioresM | os amigos da confecção netex | 01:15:01,2 | 01:13:16,4 |
| 3356 | 673 | Maria Rocha | F | SenioresF | os amigos da confecção netex | 01:15:01,2 | 01:13:16,9 |
| 3364 | 674 | Cristina Ribeiro | F | F35 | os amigos da confecção netex | 01:15:01,5 | 01:13:18,4 |
| 3784 | 675 | Cátia Carvalho | F | SenioresF | RIOFIT | 01:15:01,5 | 01:12:32,6 |
| 3785 | 676 | César Castro | M | M35 | RIOFIT | 01:15:01,7 | 01:12:32,9 |
| 3308 | 677 | Graça Rebelo | F | SenioresF | RIOFIT | 01:15:02,7 | 01:12:39,1 |
| 3956 | 678 | Isabel Martins | F | F40 | Individual | 01:15:13,0 | 01:13:14,4 |
| 3946 | 679 | Angela Ponto | F | F35 | Individual | 01:15:14,5 | 01:14:07,6 |
| 3618 | 680 | Maria Cunha | F | F50 | Individual | 01:15:29,5 | 01:13:02,9 |
| 3886 | 681 | Maria Ferreira | F | F45 | Individual | 01:15:29,5 | 01:13:02,9 |
| 3360 | 682 | Maria Fernandes | F | F45 | os amigos da confecção netex | 01:15:35,0 | 01:13:50,6 |
| 3320 | 683 | Isabel Santoalho | F | SenioresF | Individual | 01:15:39,0 | 01:11:48,4 |
| 3054 | 684 | Cláudia Fernandes | F | SenioresF | Individual | 01:15:41,2 | 01:15:02,1 |
| 3584 | 685 | Clara Castro | F | F35 | Individual | 01:15:54,5 | 01:13:56,6 |
| 3696 | 686 | Carlos Guimarães | M | M40 | Individual | 01:15:54,7 | 01:13:57,4 |
| 3566 | 687 | Olinda Melo | F | F45 | Individual | 01:15:55,2 | 01:13:41,4 |
| 3215 | 688 | Carina Quintas | F | F35 | Centro Municipal de Marcha e Corrida Agueda | 01:15:55,5 | 01:14:23,1 |
| 3676 | 689 | Mariana Santoalha | F | SenioresF | Migas de Aveiro | 01:16:04,5 | 01:13:19,4 |
| 3024 | 690 | Patrícia Graça | F | SenioresF | Cercigui | 01:16:06,5 | 01:15:33,9 |
| 3376 | 691 | Juliana Regadas | F | F35 | Running Team | 01:16:14,5 | 01:15:08,4 |
| 3898 | 692 | Gualdino Lopes | M | M50 | Individual | 01:16:14,7 | 01:11:21,9 |
| 3899 | 693 | Mariam Manuela Mendes | F | F50 | Individual | 01:16:18,2 | 01:11:24,1 |
| 3128 | 694 | Fátima Lopes | F | F60 | Trofa Runners | 01:16:25,2 | 01:16:11,1 |
| 3019 | 695 | Carina Ferreira | F | F35 | UMRunners | 01:16:37,0 | 01:15:03,4 |
| 3020 | 696 | Sandra Madureira | F | F35 | UMRunners | 01:16:37,2 | 01:14:04,1 |
| 3336 | 697 | Evaggelos Grigoroudis | M | M55 | Individual | 01:16:45,0 | 01:13:54,4 |
| 3092 | 698 | Raphaël Lopes | M | SenioresM | Individual | 01:16:55,5 | 01:14:37,9 |
| 3239 | 699 | Bruno Gonçalves | M | SenioresM | Individual | 01:17:08,0 | 01:15:08,1 |
| 3893 | 700 | Ermesinde Carvalho | F | F45 | Individual | 01:17:34,7 | 01:15:19,1 |
| 3579 | 701 | Joaquina Fernandes | F | F60 | Individual | 01:17:41,0 | 01:17:12,6 |
| 3129 | 702 | Glória Balreira | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:41,2 | 01:12:29,4 |
| 3137 | 703 | Teresa Marques | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:41,5 | 01:12:20,9 |
| 3079 | 704 | José Carvalho | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:41,5 | 01:12:21,9 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|---------------------|------|-----------|---|-----------------|------------|
| 3213 | 705 | Susana Ferreira | F | SenioresF | Individual | 01:17:41,7 | 01:16:08,6 |
| 3666 | 706 | Nuno Cardoso | M | SenioresM | Farokas | 01:17:44,2 | 01:15:31,4 |
| 3081 | 707 | Manuel Sousa | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:44,2 | 01:11:59,6 |
| 3665 | 708 | Ana Ferreira | F | SenioresF | Farokas | 01:17:44,5 | 01:15:31,4 |
| 3104 | 709 | Helmutt Leitner | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:45,0 | 01:13:42,4 |
| 3130 | 710 | Ana Balreira | F | SenioresF | Centro Municipal de Marcha e Corrida Agueda | 01:17:45,2 | |
| 3078 | 711 | Rosa Teixeira | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:45,7 | 01:12:24,6 |
| 3139 | 712 | Joana Vinagre | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:46,2 | 01:12:23,9 |
| 3057 | 713 | Filipa Pereira | F | F35 | Centro Municipal de Marcha e Corrida Agueda | 01:17:46,2 | 01:15:14,4 |
| 3444 | 714 | Ismael Ferreira | M | SenioresM | vimaranes | 01:17:48,5 | 01:15:51,9 |
| 3216 | 715 | João Brinco | M | M50 | Centro Municipal de Marcha e Corrida Agueda | 01:17:49,2 | 01:12:36,6 |
| 3447 | 716 | Tania Soares | F | SenioresF | vimaranes | 01:17:49,2 | 01:15:52,9 |
| 3080 | 717 | Irene Sousa | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:50,0 | 01:12:01,4 |
| 3100 | 718 | Camila Dias | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:53,0 | 01:15:18,6 |
| 3205 | 719 | Orlando Ribeiro | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:17:53,2 | 01:13:39,9 |
| 3110 | 720 | Claúdia Cruz | F | F40 | Centro Municipal de Marcha e Corrida Agueda | 01:17:54,7 | 01:15:20,1 |
| 3733 | 721 | Susana Fernandes | F | F35 | | 7679 01:18:01,2 | 01:15:39,9 |
| 3107 | 722 | Filipe Leal | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:18:16,5 | 01:14:24,1 |
| 3357 | 723 | Rosa Fernandes | F | F35 | os amigos da confecção netex | 01:18:17,2 | 01:16:34,6 |
| 3592 | 724 | Duarte Fernandes | M | SenioresM | Orbis | 01:18:23,7 | 01:15:53,9 |
| 3412 | 725 | Alexandre Magalhães | M | SenioresM | Os Celoricenses | 01:18:28,2 | 01:16:16,9 |
| 3292 | 726 | Adelaide Pereira | F | F50 | Individual | 01:18:30,7 | 01:15:48,9 |
| 3136 | 727 | Fatima Rodrigues | F | F40 | Centro Municipal de Marcha e Corrida Agueda | 01:18:39,7 | 01:17:58,1 |
| 3122 | 728 | Emília Maia | F | F35 | Covelas | 01:18:43,2 | 01:14:10,6 |
| 3692 | 729 | Lurdes Ribeiro | F | F40 | Individual | 01:18:44,7 | 01:17:28,1 |
| 3023 | 730 | Cláudia Ramos | F | SenioresF | Individual | 01:18:45,7 | 01:16:41,9 |
| 3397 | 731 | Natercia Freitas | F | SenioresF | Individual | 01:19:00,5 | 01:18:49,6 |
| 3399 | 732 | Catia Soares | F | SenioresF | Individual | 01:19:00,7 | 01:18:48,9 |
| 3055 | 733 | Diana Carneiro | F | SenioresF | Covelas | 01:19:01,2 | 01:14:28,9 |
| 3056 | 734 | Patrícia Torres | F | SenioresF | Covelas | 01:19:01,2 | 01:14:28,9 |
| 3265 | 735 | João Gandum | M | M55 | Individual | 01:19:08,7 | 01:16:58,1 |
| 3564 | 736 | Ana Costa | F | SenioresF | Fafe_energy | 01:19:19,7 | 01:17:04,1 |
| 3565 | 737 | Fábio Araújo | M | SenioresM | Fafe_energy | 01:19:19,7 | 01:17:03,6 |
| 3532 | 738 | Fernando Abreu | M | M45 | Individual | 01:19:42,0 | 01:18:10,6 |
| 3720 | 739 | Luis Dias | M | SenioresM | Individual | 01:19:47,0 | 01:13:37,6 |
| 3644 | 740 | Alcino Teixeira | M | M45 | Individual | 01:19:55,5 | 01:18:03,4 |
| 3330 | 741 | Sonia Fernandes | F | JunioresF | Individual | 01:20:05,5 | 01:17:56,9 |
| 3591 | 742 | Patricia Correia | F | SenioresF | Orbis | 01:20:22,5 | 01:17:52,4 |
| 3705 | 743 | Rafaela Andrade | F | SenioresF | Os incansáveis | 01:20:27,2 | 01:17:41,9 |
| 3323 | 744 | Reginaldo Falcão | M | M60 | Arretados do Brasil | 01:20:27,7 | 01:18:51,1 |
| 3817 | 745 | Maria Cunha | F | F40 | Individual | 01:20:37,2 | 01:18:01,9 |
| 3819 | 746 | Cesar Leite | M | M35 | Individual | 01:20:37,2 | 01:18:01,9 |
| 3834 | 747 | Miguel Oliveira | M | M40 | Individual | 01:20:39,2 | 01:19:10,9 |
| 3780 | 748 | Ana Silva | F | SenioresF | RIOFIT | 01:20:42,0 | 01:18:14,9 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|-------------------|------|-----------|---|------------|------------|
| 3505 | 749 | Susana Cunha | F | F40 | Individual | 01:20:50,0 | 01:19:50,1 |
| 3518 | 750 | Ana Abreu | F | F40 | Individual | 01:20:50,0 | 01:19:50,4 |
| 3621 | 751 | Juliana Fernandes | F | F35 | Individual | 01:20:54,5 | 01:19:16,4 |
| 3186 | 752 | Luis Silva | M | M35 | Centro Municipal de Marcha e Corrida Agueda | 01:21:07,5 | 01:18:54,4 |
| 3792 | 753 | Julia Lima | F | SenioresF | LittleBierds | 01:21:08,7 | 01:18:15,9 |
| 3793 | 754 | Sara Duarte | F | SenioresF | LittleBierds | 01:21:09,0 | 01:18:15,6 |
| 3641 | 755 | Joel Fernandes | M | SenioresM | Individual | 01:21:10,0 | 01:19:17,1 |
| 3162 | 756 | Carina Pires | F | SenioresF | Patarrolas | 01:21:12,2 | 01:20:14,9 |
| 3165 | 757 | Carolina Luís | F | SenioresF | Patarrolas | 01:21:12,2 | 01:20:16,4 |
| 3280 | 758 | Isaura Medeiros | F | SenioresF | Individual | 01:21:13,0 | 01:20:42,4 |
| 4001 | 759 | Alfredo Costa | M | M60 | Individual | 01:21:37,5 | 01:21:30,6 |
| 3612 | 760 | Vera Ferreira | F | F35 | Adventure s Runners | 01:21:42,0 | 01:21:03,9 |
| 3613 | 761 | Carolina Cunha | F | SenioresF | Adventure s Runners | 01:21:42,7 | 01:21:04,4 |
| 3425 | 762 | Ana Sousa | F | F35 | Individual | 01:22:11,7 | 01:19:47,1 |
| 3036 | 763 | Filipe Martins | M | SenioresM | Saltámos do Sofá | 01:22:14,2 | 01:20:49,4 |
| 3037 | 764 | Susana Martins | F | SenioresF | Saltámos do Sofá | 01:22:14,2 | 01:20:49,6 |
| 3536 | 765 | Sofia Lopes | F | F35 | Individual | 01:22:16,7 | 01:19:59,9 |
| 3851 | 766 | Susana Lopes | F | F35 | Individual | 01:22:16,7 | 01:19:59,4 |
| 3825 | 767 | Alvaro Araujo | M | M50 | Individual | 01:22:55,5 | 01:20:04,9 |
| 3074 | 768 | Amélia Santos | F | F45 | Centro Municipal de Marcha e Corrida Agueda | 01:22:56,5 | 01:22:02,1 |
| 3461 | 769 | Nicole Alves | F | SenioresF | Individual | 01:22:58,0 | 01:22:31,6 |
| 3368 | 770 | Adriana Salgado | F | F35 | Individual | 01:23:00,0 | 01:22:35,1 |
| 3718 | 771 | Fátima Bastos | F | F50 | Individual | 01:23:02,7 | 01:22:59,9 |
| 3384 | 772 | Cátia Macedo | F | SenioresF | Zbirinaites | 01:23:20,2 | 01:21:29,6 |
| 3404 | 773 | Fernando Cunha | M | M50 | Individual | 01:23:39,2 | 01:21:20,2 |
| 3507 | 774 | Pedro Lobo | M | M40 | Individual | 01:23:47,2 | 01:21:48,9 |
| 3894 | 775 | Benedita Kendall | F | F40 | Individual | 01:23:49,7 | 01:23:38,4 |
| 3406 | 776 | Hugo Ferreira | M | SenioresM | Individual | 01:23:58,0 | 01:21:38,6 |
| 3405 | 777 | Filipa Cunha | F | SenioresF | Individual | 01:23:59,5 | 01:21:40,4 |
| 3109 | 778 | Paulo Cruz | M | M40 | Centro Municipal de Marcha e Corrida Agueda | 01:24:19,7 | 01:21:29,1 |
| 3150 | 779 | Diana Cruz | F | JunioresF | Centro Municipal de Marcha e Corrida Agueda | 01:24:19,7 | 01:21:29,1 |
| 3123 | 780 | Maria Vilar | F | F45 | AMIGAS DO CORAÇÃO | 01:24:44,5 | 01:21:59,9 |
| 3126 | 781 | Conceição Queiros | F | F55 | AMIGAS DO CORAÇÃO | 01:24:45,0 | 01:22:00,1 |
| 3653 | 782 | Nuno Lameirinhas | M | M35 | Individual | 01:25:21,7 | 01:22:41,4 |
| 3636 | 783 | Bruno Pinto | M | SenioresM | Individual | 01:25:22,0 | 01:22:41,6 |
| 3681 | 784 | Flávio Gomes | M | SenioresM | Individual | 01:26:38,5 | 01:25:25,7 |
| 3138 | 785 | Aurizeo Marques | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:26:54,2 | 01:21:20,9 |
| 3677 | 786 | Iris Oliveira | F | SenioresF | Migas de Aveiro | 01:26:54,7 | 01:24:08,6 |
| 3721 | 787 | Vânia Mateus | F | SenioresF | Individual | 01:27:03,7 | 01:24:27,1 |
| 3091 | 788 | Maria Branco | F | F60 | Centro Municipal de Marcha e Corrida Agueda | 01:27:07,0 | 01:21:40,1 |
| 3597 | 789 | Rita Russo | F | F55 | Individual | 01:27:14,2 | 01:19:05,6 |
| 3598 | 790 | João Palheiras | M | M55 | Individual | 01:27:16,0 | 01:18:56,9 |
| 3590 | 791 | Maria Ramos | F | F55 | Orbis | 01:27:17,5 | 01:24:25,1 |
| 3046 | 792 | Fátima Pacheco | F | F55 | Lisbon South Bay Atlético Clube | 01:27:18,7 | 01:24:38,6 |

| Dorsal | Lugar | Atleta | Sexo | Escalão | Equipa | Tempo | Chip |
|--------|-------|---------------------|------|-----------|---|------------|------------|
| 3118 | 793 | João Roldão | M | SenioresM | Centro Municipal de Marcha e Corrida Agueda | 01:27:31,0 | 01:21:37,6 |
| 3117 | 794 | Catarina Marques | F | SenioresF | Centro Municipal de Marcha e Corrida Agueda | 01:27:31,2 | 01:21:38,6 |
| 3861 | 795 | Nuno Castro | M | M35 | +Activo RUN FIT | 01:28:00,5 | 01:25:05,4 |
| 3076 | 796 | Roasalina Cravo | F | F55 | Centro Municipal de Marcha e Corrida Agueda | 01:30:07,2 | 01:24:54,4 |
| 3189 | 797 | Fatima Oliveira | F | F35 | Centro Municipal de Marcha e Corrida Agueda | 01:30:09,5 | 01:24:54,6 |
| 3134 | 798 | Cristina Calado | F | F45 | Centro Municipal de Marcha e Corrida Agueda | 01:30:10,7 | 01:24:23,1 |
| 4012 | 799 | Daniela Cunha | F | SenioresF | Individual | 01:30:27,2 | 01:26:36,4 |
| 3044 | 800 | Ana Guimarães | F | SenioresF | Individual | 01:30:51,7 | 01:28:35,6 |
| 3915 | 801 | Claudia Mendes | F | SenioresF | Individual | 01:31:24,5 | 01:30:16,8 |
| 3951 | 802 | Diana Babo | F | SenioresF | Sai da Frente | 01:31:25,0 | 01:30:17,4 |
| 3866 | 803 | Vânia Ribeiro | F | SenioresF | +Activo RUN FIT | 01:31:28,2 | 01:28:31,9 |
| 3856 | 804 | Joana Sousa | F | SenioresF | +Activo RUN FIT | 01:31:28,5 | 01:28:32,1 |
| 3240 | 805 | Inês Guerreiro | F | SenioresF | Individual | 01:31:32,0 | 01:29:32,4 |
| 3351 | 806 | José Magalhães | M | SenioresM | Individual | 01:33:00,5 | 01:30:41,6 |
| 3217 | 807 | Aldora Queirós | F | F55 | Centro Municipal de Marcha e Corrida Agueda | 01:33:14,0 | 01:28:44,9 |
| 3374 | 808 | Miguel Guimarães | M | M45 | Individual | 01:35:11,7 | 01:32:38,4 |
| 3334 | 809 | Joana Bidarra | F | SenioresF | Individual | 01:35:29,7 | 01:32:38,1 |
| 3021 | 810 | Nuno Cardetas | M | SenioresM | Jogging Lovers Coimbra | 01:35:53,7 | 01:35:34,6 |
| 3022 | 811 | Luis Cardetas | M | SenioresM | Jogging Lovers Coimbra | 01:35:54,0 | 01:35:34,6 |
| 3176 | 812 | Gina Pinho | F | F40 | Centro Municipal de Marcha e Corrida Agueda | 01:36:54,7 | 01:32:56,4 |
| 3787 | 813 | Elsa Rodrigues | F | SenioresF | RIOFIT | 01:39:31,2 | 01:37:02,9 |
| 3962 | 814 | Frederico Fernandes | M | M35 | Individual | 01:46:52,0 | 01:45:47,9 |
| 3115 | 815 | Jorge Marques | M | M60 | Centro Municipal de Marcha e Corrida Agueda | 01:49:54,5 | 01:44:05,6 |
| 3119 | 816 | Miguel Marques | M | JunioresM | Centro Municipal de Marcha e Corrida Agueda | 01:53:08,7 | 01:47:18,4 |
| 3116 | 817 | Carmina Vidal | F | F55 | Centro Municipal de Marcha e Corrida Agueda | 01:54:20,2 | 01:48:31,1 |
| 3372 | 818 | Frederico Campos | M | M40 | Individual | 01:54:31,2 | 01:54:10,9 |
| 3371 | 819 | Andromeda Campos | F | F40 | Individual | 01:54:31,7 | 01:54:11,4 |
| 3146 | 820 | José Pereira | M | JunioresM | Centro Municipal de Marcha e Corrida Agueda | 02:04:53,6 | 01:57:25,2 |
| 3767 | 821 | Carlos Silva | M | M60 | N.A.Taipas | 02:05:17,5 | 02:02:50,6 |
| 3930 | 822 | Orlando Sampaio | M | M40 | Individual | 02:08:56,8 | |
| 3112 | 823 | Olimpia Pinha | F | F40 | Centro Municipal de Marcha e Corrida Agueda | 02:10:06,2 | 02:02:36,6 |
| 3069 | 824 | Fernando Azevedo | M | SenioresM | Individual | 02:10:52,2 | 02:09:06,6 |
| 4016 | 825 | Liliana Magalhaes | F | JunioresF | Individual | 02:16:56,8 | 02:12:11,0 |
| 3449 | 826 | Inês Pereira | F | JunioresF | Individual | 02:19:10,6 | 02:14:25,7 |
| 3950 | 827 | Nuno Pereira | M | M35 | Individual | 02:19:42,5 | 02:16:50,6 |
| 3727 | 828 | Jacinto Magalhães | M | M50 | Individual | 02:20:49,3 | 02:16:02,5 |