

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
1	5841	Bruno Silva	Águias De Alvelos	00:30:56.400	00:30:52.607	00:00:00.000
2	5641	André Silva	Águias De Alvelos	00:31:21.777	00:31:21.777	00:00:25.377
3	5711	Ricardo Ribas	Ricardo Ribas	00:32:07.813	00:32:05.670	00:01:11.413
4	5840	Oscar Mendes	Águias De Alvelos	00:32:18.613	00:32:18.613	00:01:22.213
5	5639	José Pires	Sociedade Recreio Capanense	00:32:38.587	00:32:35.987	00:01:42.187
6	5602	Henrique Costa	Individual	00:33:08.790	00:32:58.590	00:02:12.390
7	5757	Pedro Oliveira	Individual	00:33:14.700	00:33:11.613	00:02:18.300
8	5750	Abilio Costa	Clube Desportivo São Salvador Do Campo	00:33:16.660	00:33:12.427	00:02:20.260
9	5335	José Pereira	Individual	00:34:04.973	00:34:02.033	00:03:08.573
10	5770	Paulo Pereira	Individual	00:34:12.847	00:34:10.180	00:03:16.447
11	5411	Ricardo Castro	Sociedade Recreio Capanense	00:34:13.770	00:34:08.520	00:03:17.370
12	5719	Adelino Fernandes	Individual	00:34:51.117	00:34:46.880	00:03:54.717
13	5640	Henrique Pires	Águias De Alvelos	00:35:48.437	00:35:45.730	00:04:52.037
14	5690	Filipe Cunha	Individual	00:36:03.797	00:36:01.334	00:05:07.397
15	5656	Patricio Castro	N.A.Taipas	00:37:08.917	00:37:03.974	00:06:12.517
16	1	Dulce Felix	Individual	00:37:09.307	00:37:06.807	00:06:12.907
17	5724	Marco Pinto	Individual	00:37:13.947	00:37:02.440	00:06:17.547
18	5714	Helder Costa	Individual	00:37:17.567	00:37:17.567	00:06:21.167
19	5713	Monica Silva	Individual	00:37:18.793	00:37:15.850	00:06:22.393
20	5293	Diogo Cunha	N B A Barrosas	00:37:25.997	00:37:20.644	00:06:29.597
21	5673	Manuel Ribeiro	Individual	00:38:07.427	00:37:59.900	00:07:11.027
22	5694	Fernando Almeida	Individual	00:38:13.133	00:38:09.343	00:07:16.733
23	5654	Manuel Mota	N.A.Taipas	00:38:30.893	00:38:19.196	00:07:34.493
24	5415	Victor Martins	Sociedade Recreio Capanense	00:38:42.507	00:38:37.620	00:07:46.107
25	5395	Abílio Teixeira	Sociedade Recreio Capanense	00:38:45.483	00:38:39.923	00:07:49.083
26	5397	Albano Seca	Sociedade Recreio Capanense	00:39:00.150	00:38:53.553	00:08:03.750
27	5119	Roberto Cabrera	Individual	00:39:14.197	00:39:10.840	00:08:17.797
28	5168	José Fernandes	Individual	00:39:24.007	00:39:15.010	00:08:27.607
29	5671	Fernando Pereira	Individual	00:39:57.077	00:39:47.940	00:09:00.677
30	5296	Ramiro Ribeiro	N B A Barrosas	00:40:01.000	00:39:55.660	00:09:04.600
31	5267	Miguel Queirós	A. D. Amarante	00:40:03.353	00:39:56.616	00:09:06.953
32	5737	Mauricio Ferreira	Travassós Running Fafe	00:40:06.397	00:39:55.140	00:09:09.997
33	5769	Pedro Gonçalves	Individual	00:40:24.630	00:39:35.650	00:09:28.230
34	5824	Edivaldo Maciel	Individual	00:40:33.073	00:40:27.063	00:09:36.673
35	5715	Rui Cardoso	Individual	00:40:35.110	00:40:27.667	00:09:38.710
36	5744	Agostinho Costa	Clube Desportivo São Salvador Do Campo	00:40:39.910	00:40:35.113	00:09:43.510
37	5652	Lurdes Pereira	N.A.Taipas	00:40:47.487	00:40:42.280	00:09:51.087
38	5418	Joao Silva	Individual	00:40:49.503	00:40:47.263	00:09:53.103
39	5407	Luís Vilela	Sociedade Recreio Capanense	00:40:51.977	00:40:49.187	00:09:55.577
40	5410	Pedro Gonçalves	Sociedade Recreio Capanense	00:41:11.070	00:40:53.187	00:10:14.670
41	5405	Daniel Barros	Sociedade Recreio Capanense	00:41:12.020	00:40:54.487	00:10:15.620
42	5137	David Queiros	Individual	00:41:18.410	00:41:02.200	00:10:22.010
43	5643	Angelo Pacheco	N.A.Taipas	00:41:20.627	00:41:20.627	00:10:24.227
44	5646	Elisabete Pacheco	N.A.Taipas	00:41:20.987	00:41:16.450	00:10:24.587

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
45	5498	Edgar Gomes	Individual	00:41:32.040	00:41:17.920	00:10:35.640
46	5554	José Nogueira	Team Felgas	00:41:32.290	00:40:42.880	00:10:35.890
47	5370	Joaquim Marques	Individual	00:41:47.033	00:41:36.366	00:10:50.633
48	5736	Helder Pereira	Travassós Running Fafe	00:41:47.720	00:41:35.183	00:10:51.320
49	5006	Virgilio Barriga	Individual	00:42:08.933	00:41:53.050	00:11:12.533
50	5063	Nuno Fernandes	Individual	00:42:15.083	00:42:06.186	00:11:18.683
51	5230	Carlos Machado	Individual	00:42:17.797	00:41:37.717	00:11:21.397
52	5004	Miguel Travanca	Individual	00:42:29.367	00:42:13.494	00:11:32.967
53	5294	Marco Vaz	N B A Barrosas	00:42:38.103	00:42:33.823	00:11:41.703
54	5361	José Pinheiro	Miegsi Runners	00:42:46.473	00:41:44.446	00:11:50.073
55	5467	Joao Fontao	Individual	00:42:50.207	00:42:41.460	00:11:53.807
56	5403	Carlos Lemos	Sociedade Recreio Capanense	00:42:53.157	00:42:46.327	00:11:56.757
57	5008	João Rosinha	Arsm - Associação Recreativa De S. Miguel	00:42:55.383	00:42:47.443	00:11:58.983
58	5020	Rosalina Marinho	Individual	00:42:58.840	00:42:44.117	00:12:02.440
59	5412	Rui Silva	Sociedade Recreio Capanense	00:43:04.463	00:42:27.316	00:12:08.063
60	5733	Sara Oliveira	Individual	00:43:06.263	00:43:03.223	00:12:09.863
61	5734	Joao Carvalho	Individual	00:43:08.300	00:43:02.343	00:12:11.900
62	5295	Miguel Pacheco	N B A Barrosas	00:43:09.377	00:43:00.230	00:12:12.977
63	5623	Andre Martins	Individual	00:43:25.477	00:43:21.907	00:12:29.077
64	5129	Nelson Almeida	Individual	00:43:27.217	00:42:36.390	00:12:30.817
65	5188	Filipe Freitas	Clube Atletismo De Brito	00:43:43.177	00:42:46.304	00:12:46.777
66	5672	Miguel Pereira	Individual	00:43:50.063	00:43:36.436	00:12:53.663
67	5772	Joao Pereira	Individual	00:43:53.140	00:42:55.887	00:12:56.740
68	5274	Juan Oliveira	Individual	00:43:53.283	00:43:39.213	00:12:56.883
69	5257	Renato Martins	Individual	00:43:57.813		00:13:01.413
70	5732	Miguelângelo Castro	Individual	00:44:15.743	00:43:53.023	00:13:19.343
71	5065	Marílio Leite	Individual	00:44:19.877	00:44:04.707	00:13:23.477
72	5292	Ana Ribeiro	N B A Barrosas	00:44:22.980	00:44:14.237	00:13:26.580
73	5080	Paulo Guimaraes	Individual	00:44:42.387	00:44:35.814	00:13:45.987
74	5706	Catarina Pinho	Individual	00:45:07.613	00:45:03.603	00:14:11.213
75	5592	Nuno Pena	Individual	00:45:08.787	00:43:50.467	00:14:12.387
76	5000	Rui Carneiro	Individual	00:45:10.677	00:43:55.920	00:14:14.277
77	5222	Fernando Rodrigues	Individual	00:45:11.237	00:44:45.100	00:14:14.837
78	5593	David Martins	Individual	00:45:21.197	00:44:02.417	00:14:24.797
79	5788	Vitor Lopes	Liberty Seguros - Nascidos Para Correr	00:45:21.290	00:45:12.700	00:14:24.890
80	5214	Joaquim Faria	Vitória Sport Clube	00:45:25.620	00:44:43.300	00:14:29.220
81	5561	Pedro Bessa	Individual	00:45:31.767	00:45:12.634	00:14:35.367
82	5615	Susana Costa	Amigos Da Corrida	00:45:41.457	00:45:35.094	00:14:45.057
83	5468	Liliana Gonçalves	Individual	00:45:44.390	00:45:39.147	00:14:47.990
84	5452	José Caleiro	M. Costas Grupo	00:45:46.323	00:45:22.086	00:14:49.923
85	5552	Filipe Sousa	Team Felgas	00:45:46.990	00:44:57.357	00:14:50.590
86	5341	Duarte Pereira	Duros.Com	00:45:58.127	00:45:38.540	00:15:01.727
87	5691	Mário Faria	Individual	00:45:58.133	00:45:31.523	00:15:01.733
88	5409	Patrício Rodrigues	Sociedade Recreio Capanense	00:46:03.107	00:45:44.790	00:15:06.707

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
89	5438	José Rego	Individual	00:46:04.377	00:44:42.090	00:15:07.977
90	5364	Jorge Fernandes	Individual	00:46:06.657	00:44:40.254	00:15:10.257
91	5629	Jorge Soares	Individual	00:46:07.693	00:45:28.523	00:15:11.293
92	5648	Joaquim Silva	N.A.Taipas	00:46:07.717	00:45:30.230	00:15:11.317
93	5164	Nuno Batista	Individual	00:46:13.283	00:46:02.716	00:15:16.883
94	5590	Bruno Nunes	Solas Voadoras	00:46:20.220	00:45:38.903	00:15:23.820
95	5320	José Novais	Individual	00:46:24.227	00:46:19.830	00:15:27.827
96	5751	Maximino Silva	Individual	00:46:27.350	00:46:18.413	00:15:30.950
97	5773	Tiago Pinto	Individual	00:46:31.003	00:46:14.773	00:15:34.603
98	5348	Tiago Machado	Team Gym Run	00:46:32.107	00:46:12.350	00:15:35.707
99	5631	Cláudio Teixeira	Individual	00:46:36.817	00:46:13.387	00:15:40.417
100	5162	Serafim Moreira	Individual	00:46:38.197	00:46:27.880	00:15:41.797
101	5347	Ricardo Pinto	Team Gym Run	00:46:38.497	00:46:19.030	00:15:42.097
102	5380	Marco Ribeiro	Guimarunning	00:46:47.197	00:46:04.274	00:15:50.797
103	5345	Luis Lobo	Individual	00:46:48.227	00:46:37.730	00:15:51.827
104	5676	Paulo Neves	Associação Recreativa Alfundeguense	00:46:52.193	00:45:53.876	00:15:55.793
105	5665	Amândio Costa	Individual	00:46:55.610	00:46:43.910	00:15:59.210
106	5379	Joaquim Fernandes	Individual	00:47:00.477	00:46:44.727	00:16:04.077
107	5338	Rosa Oliveira	Individual	00:47:05.163	00:46:04.063	00:16:08.763
108	5297	Tânia Ribeiro	N B A Barrosas	00:47:08.030		00:16:11.630
109	5206	Pedro Morais	Corre Comigo, Riba De Ave	00:47:09.087	00:45:23.080	00:16:12.687
110	5202	Paulo Leite	Individual	00:47:17.983	00:47:10.876	00:16:21.583
111	5400	Armando Fonseca	Sociedade Recreio Capanense	00:47:18.207	00:46:34.594	00:16:21.807
112	5792	Orlando Novais	Individual	00:47:25.247	00:47:04.577	00:16:28.847
113	5381	Miguel Freitas	Individual	00:47:26.683	00:46:22.000	00:16:30.283
114	5346	Antonio Ribeiro	Team Gym Run	00:47:27.227	00:47:06.700	00:16:30.827
115	5229	António Machado	Individual	00:47:32.073	00:46:49.646	00:16:35.673
116	5093	Davide Guimarães	Individual	00:47:33.463	00:45:45.076	00:16:37.063
117	5419	Alexandre Ribeiro	Guimarunning	00:47:33.990	00:46:51.203	00:16:37.590
118	5674	Eduardo Pereira	Individual	00:47:45.907	00:47:40.530	00:16:49.507
119	5422	Paulo Gomes	Individual	00:47:48.167	00:47:18.067	00:16:51.767
120	5218	Rodolfo Monteiro	Individual	00:47:50.627		00:16:54.227
121	5259	Jorge Cunha	Individual	00:47:52.227	00:47:31.234	00:16:55.827
122	5802	Isaac Ribeiro	Estúdio 4	00:47:53.383	00:47:03.753	00:16:56.983
123	5067	Albino Fernandes	Travassós Running Fafe	00:47:55.403	00:47:41.846	00:16:59.003
124	5102	Orlando Pinto	Travassós Running Fafe	00:47:56.160	00:47:40.810	00:16:59.760
125	5298	Zeza Carvalho	N B A Barrosas	00:47:58.087	00:47:52.364	00:17:01.687
126	5709	Jose Miguel	Individual	00:48:01.320	00:46:39.187	00:17:04.920
127	5157	João Mendes	Individual	00:48:08.837	00:47:55.590	00:17:12.437
128	5268	Daniel Carneiro	Individual	00:48:15.080	00:47:49.390	00:17:18.680
129	5193	Nelson Lopes	Clube Atletismo De Brito	00:48:16.503	00:47:13.626	00:17:20.103
130	5086	João Machado	Individual	00:48:16.583	00:47:01.296	00:17:20.183
131	5151	Ricardo Pacheco	Individual	00:48:17.587	00:48:06.334	00:17:21.187
132	5817	Julio Mota	Individual	00:48:20.377	00:47:51.680	00:17:23.977

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
133	5225	Nelson Abreu	Individual	00:48:22.080	00:48:01.083	00:17:25.680
134	5212	Miguel Azevedo	Individual	00:48:26.637	00:48:11.787	00:17:30.237
135	5289	Paulo Costa	Individual	00:48:37.637	00:48:15.790	00:17:41.237
136	5384	Tiago Mendes	Individual	00:48:39.733	00:46:57.440	00:17:43.333
137	5501	Manuel Mendes	Decormovel	00:48:40.480	00:48:23.943	00:17:44.080
138	5619	Vitor Corredeira	Individual	00:48:46.050	00:48:24.270	00:17:49.650
139	5187	Eugénio Rodrigues	Clube Atletismo De Brito	00:48:49.667	00:47:45.454	00:17:53.267
140	5454	Paulo Costa	M. Costas Grupo	00:48:53.897	00:48:33.100	00:17:57.497
141	5276	Diogo Machado	Chaves Running Team	00:48:57.683	00:48:05.033	00:18:01.283
142	5326	Bruno Marinho	Picarunning	00:49:02.230	00:47:51.340	00:18:05.830
143	5808	Eduardo Pereira	Individual	00:49:03.827	00:48:26.940	00:18:07.427
144	5128	César Fernandes	Individual	00:49:04.323	00:48:53.246	00:18:07.923
145	5726	Rui Figueiredo	Foxrunners	00:49:07.520	00:47:02.923	00:18:11.120
146	5176	Gonçalo Almeida	Individual	00:49:10.000	00:47:44.183	00:18:13.600
147	5428	José Carvalho	Individual	00:49:12.080	00:48:19.290	00:18:15.680
148	5021	Pedro Ponciano	Individual	00:49:13.503	00:47:49.766	00:18:17.103
149	5565	Bernardete Pereira	Individual	00:49:15.527	00:48:15.814	00:18:19.127
150	5803	Jean Barbosa	Estúdio 4	00:49:18.670	00:48:28.990	00:18:22.270
151	5228	Paulo Freitas	Individual	00:49:19.507	00:48:12.200	00:18:23.107
152	5560	Bruno Ribeiro	Individual	00:49:19.667	00:48:32.867	00:18:23.267
153	5594	Ricardo Neves	Individual	00:49:20.090	00:47:37.450	00:18:23.690
154	5683	Ivo Fernandes	Amigos Do Empeno - Trail Running	00:49:26.920	00:48:02.037	00:18:30.520
155	5363	Sónia Mendes	Team Felgas	00:49:31.267	00:48:43.537	00:18:34.867
156	5582	Filipe Teixeira	Individual	00:49:35.147	00:48:42.364	00:18:38.747
157	5725	Miguel Fernandes	Foxrunners	00:49:38.240	00:47:34.283	00:18:41.840
158	5404	Cristina Carneiro	Sociedade Recreio Capanense	00:49:38.720	00:49:33.840	00:18:42.320
159	5562	Ana Guedes	Acd São João Da Serra	00:49:38.870	00:49:25.587	00:18:42.470
160	5563	Miguel Esmeriz	Acd São João Da Serra	00:49:39.387	00:49:26.610	00:18:42.987
161	5679	José Barroso	Individual	00:49:41.803	00:49:20.750	00:18:45.403
162	5793	Victor Castro	Individual	00:49:43.300	00:49:21.880	00:18:46.900
163	5680	Ricardo Rodrigues	Individual	00:49:43.593	00:49:18.760	00:18:47.193
164	5627	Pedro Machado	Individual	00:49:45.160	00:49:23.203	00:18:48.760
165	5343	Tiago Azevedo	Duros.Com	00:49:45.947	00:49:28.357	00:18:49.547
166	5165	Jose Arrifano	Individual	00:49:52.573	00:49:36.703	00:18:56.173
167	5572	Carlos Oliveira	Individual	00:49:52.740	00:48:35.703	00:18:56.340
168	5285	Miguel Marques	Individual	00:49:53.810	00:49:20.283	00:18:57.410
169	5053	Vitor Esteves	Individual	00:50:01.150	00:49:44.570	00:19:04.750
170	5321	César Batista	Individual	00:50:02.790	00:49:30.973	00:19:06.390
171	5413	Sérgio Mendes	Sociedade Recreio Capanense	00:50:02.963	00:49:19.656	00:19:06.563
172	5408	Marisa Fernandes	Sociedade Recreio Capanense	00:50:04.273	00:49:21.950	00:19:07.873
173	5760	Jorge Teixeira	Biogranel	00:50:06.377	00:48:38.194	00:19:09.977
174	5219	Celso Carrilho	Individual	00:50:12.410	00:49:52.643	00:19:16.010
175	5256	Leonel Martins	Individual	00:50:12.680	00:49:25.817	00:19:16.280
176	5797	Adriano Carvalho	Estúdio 4	00:50:15.637	00:49:24.770	00:19:19.237

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
177	5604	Joao Vale	Umrunners	00:50:19.503	00:49:54.146	00:19:23.103
178	5708	Jaime Oliveira	C.R. Candoso	00:50:19.747	00:49:24.150	00:19:23.347
179	5120	Agostinho Novais	Individual	00:50:23.147	00:49:49.884	00:19:26.747
180	5109	Augusto Gomes	Amigos Da Corrida	00:50:23.160	00:49:37.563	00:19:26.760
181	5233	Maria Ribeiro	Individual	00:50:23.567	00:48:40.744	00:19:27.167
182	5042	João Ramos	Friday Lovers Team	00:50:25.733	00:49:02.180	00:19:29.333
183	5131	Manuel Peixoto	Individual	00:50:26.433	00:50:14.560	00:19:30.033
184	5559	Luis Lafarga	Individual	00:50:27.067	00:49:48.584	00:19:30.667
185	5731	Julio Lobo	Individual	00:50:33.597	00:50:02.117	00:19:37.197
186	5352	Cristiano Castro	Individual	00:50:38.543	00:48:42.510	00:19:42.143
187	5758	Ana Teixeira	Biogranel	00:50:40.480	00:49:11.990	00:19:44.080
188	5826	Diogo Costa	Individual	00:50:42.207	00:49:57.374	00:19:45.807
189	5283	Francisco Mota	Miegsi Runners	00:50:45.727	00:49:41.007	00:19:49.327
190	5097	Vitor Barbosa	Individual	00:50:47.827	00:50:26.010	00:19:51.427
191	5759	Helena Teixeira	Biogranel	00:50:57.997	00:49:29.817	00:20:01.597
192	5616	Francisco Almeida	Individual	00:51:04.990	00:50:09.243	00:20:08.590
193	5473	Cristiano Fernandes	Bolama	00:51:06.323	00:50:49.350	00:20:09.923
194	5061	Alcino Silva	Individual	00:51:07.687	00:50:02.047	00:20:11.287
195	5833	Francisco Teixeira	Individual	00:51:09.857	00:50:47.817	00:20:13.457
196	5213	António Marques	Vitória Sport Clube	00:51:12.523	00:50:35.730	00:20:16.123
197	5126	Filipe Vieira	Individual	00:51:12.850	00:51:00.860	00:20:16.450
198	5089	Pedro Gonçalves	Individual	00:51:14.117	00:50:32.207	00:20:17.717
199	5650	José Mota	N.A.Taipas	00:51:17.147	00:50:20.227	00:20:20.747
200	5794	Fernando Aguiar	Runners Sernancelhe Terra Da Castanha	00:51:17.370	00:50:22.733	00:20:20.970
201	5645	David Silva	N.A.Taipas	00:51:17.437	00:50:18.157	00:20:21.037
202	5649	José Silva	N.A.Taipas	00:51:17.603	00:50:16.150	00:20:21.203
203	5644	António Castro	N.A.Taipas	00:51:18.820	00:50:19.257	00:20:22.420
204	5756	Vitor Pedroso	Individual	00:51:20.017	00:50:25.050	00:20:23.617
205	5194	Paulo Miranda	Clube Atletismo De Brito	00:51:24.063	00:50:20.283	00:20:27.663
206	5584	Paulo Caleiro	M. Costas Grupo	00:51:24.367	00:50:24.847	00:20:27.967
207	5810	José Sousa	Individual	00:51:25.420	00:51:08.307	00:20:29.020
208	5064	Carla Alexandra	Individual	00:51:26.247	00:49:20.147	00:20:29.847
209	5705	Paulo Fernandes	C.R. Candoso	00:51:34.017	00:50:38.990	00:20:37.617
210	5764	Hélder Faria	Cr Candoso	00:51:34.283	00:50:39.033	00:20:37.883
211	5127	José Ribeiro	Individual	00:51:37.660	00:50:06.270	00:20:41.260
212	5753	Cristina Santos	Individual	00:51:38.247	00:49:33.670	00:20:41.847
213	5337	Humberto Oliveira	Individual	00:51:39.293	00:50:22.153	00:20:42.893
214	5010	Luis Carvalho	Individual	00:51:40.627	00:50:01.507	00:20:44.227
215	5423	Nuno Freitas	Individual	00:51:40.763	00:51:25.916	00:20:44.363
216	5778	Nuno Neto	Individual	00:51:40.893	00:49:53.676	00:20:44.493
217	5284	Hugo Sousa	Individual	00:51:47.080	00:51:14.810	00:20:50.680
218	5324	Rui Carvalho	Judo Vsc	00:51:55.773	00:50:11.446	00:20:59.373
219	5771	Carla Sousa	Individual	00:51:58.140	00:51:00.690	00:21:01.740
220	5829	Rogério Gonçalves	Individual	00:51:58.593	00:51:18.306	00:21:02.193

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
221	5231	Diogo Barros	Individual	00:52:00.063	00:50:51.756	00:21:03.663
222	5059	Rui Carvalho	Individual	00:52:00.317	00:50:52.310	00:21:03.917
223	5796	João Boído	Individual	00:52:03.277	00:51:26.974	00:21:06.877
224	5499	Rui Ferreira	Individual	00:52:09.590	00:50:27.693	00:21:13.190
225	5392	Rodrigo Almeida	Individual	00:52:11.737	00:51:20.004	00:21:15.337
226	5620	Luis Machado	Individual	00:52:14.053	00:50:42.683	00:21:17.653
227	5152	Deolinda Ferreira	Individual	00:52:14.913	00:52:08.080	00:21:18.513
228	5804	Odília Esteves	Estúdio 4	00:52:15.230	00:51:23.993	00:21:18.830
229	5663	Hernâni Oliveira	Individual	00:52:16.087	00:50:29.610	00:21:19.687
230	5729	Assis Silva	Individual	00:52:22.987	00:52:02.097	00:21:26.587
231	5727	Helena Carvalho	Individual	00:52:24.167	00:52:03.280	00:21:27.767
232	5657	Pedro Regueiras	N.A.Taipas	00:52:26.370	00:51:26.483	00:21:29.970
233	5655	Nuno Martinho	N.A.Taipas	00:52:27.943	00:51:39.306	00:21:31.543
234	5589	Pedro Rodrigues	Individual	00:52:28.710	00:51:19.893	00:21:32.310
235	5073	Sergio Silva	Correr Com C'Alma	00:52:29.190	00:51:06.063	00:21:32.790
236	5399	António Pereira	Sociedade Recreio Capanense	00:52:33.823	00:51:47.160	00:21:37.423
237	5402	Aurélie Freitas	Sociedade Recreio Capanense	00:52:34.110	00:51:47.193	00:21:37.710
238	5550	Bruno Mota	Cafe&Cia	00:52:34.410	00:50:39.593	00:21:38.010
239	5179	Ruben Lima	Individual	00:52:34.530	00:50:46.523	00:21:38.130
240	5098	Jimmy Boy	Ccd Crédito Agrícola Mútuo	00:52:34.610	00:51:07.133	00:21:38.210
241	5835	Luis Cerqueira	Individual	00:52:34.710	00:51:46.840	00:21:38.310
242	5551	Rui Carvalho	Cafe&Cia	00:52:37.293	00:50:42.953	00:21:40.893
243	5813	Sérgio Abreu	Individual	00:52:38.517	00:52:07.220	00:21:42.117
244	5469	Sandra Marques	Individual	00:52:39.303	00:52:23.596	00:21:42.903
245	5511	Rui Rodrigues	Individual	00:52:39.830	00:50:42.750	00:21:43.430
246	5211	Paulo Salgado	Individual	00:52:42.233	00:52:15.000	00:21:45.833
247	5072	Manuel Leite	Correr Com C'Alma	00:52:44.510	00:51:20.373	00:21:48.110
248	5439	Dário Rebelo	Individual	00:52:45.553	00:50:58.886	00:21:49.153
249	5460	Bruno Oliveira	Individual	00:52:45.727	00:51:20.954	00:21:49.327
250	5390	Maria Rodrigues	Individual	00:52:49.790	00:51:08.887	00:21:53.390
251	5015	Álvaro Gonçalves	Individual	00:52:50.447	00:51:50.057	00:21:54.047
252	5417	Marçal Mendes	Airão-Vermil	00:52:50.967	00:51:48.804	00:21:54.567
253	5054	Tiago Macedo	Individual	00:52:51.047	00:51:50.700	00:21:54.647
254	5087	Rui Macedo	Individual	00:52:53.153	00:51:36.490	00:21:56.753
255	5227	Rocha Pedro	Individual	00:52:53.647	00:52:38.060	00:21:57.247
256	5049	Nuno Ramos	Individual	00:52:55.870	00:51:59.333	00:21:59.470
257	5600	Delfim Ferreira	Araújos De Balasar	00:52:56.697	00:51:34.290	00:22:00.297
258	5608	Jorge Duarte	Moreira Duarte	00:52:57.290	00:44:32.697	00:22:00.890
259	5707	Eduardo Ruiz	Individual	00:52:58.827	00:52:13.830	00:22:02.427
260	5071	Leandro Lopes	Correr Com C'Alma	00:52:58.953	00:51:40.110	00:22:02.553
261	5668	Rogério Vieira	Individual	00:52:59.923	00:51:41.143	00:22:03.523
262	5243	Filipe Castro	Individual	00:52:59.970	00:52:38.193	00:22:03.570
263	5785	José Ferreira	Individual	00:53:03.637	00:51:22.594	00:22:07.237
264	5692	Miguel Gonçalves	Umridders	00:53:04.790	00:51:33.113	00:22:08.390

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
265	5558	Tiago Teixeira	Team Felgas	00:53:05.617	00:52:18.360	00:22:09.217
266	5269	Fernando Costa	Individual	00:53:06.133	00:52:38.760	00:22:09.733
267	5451	Jorge Azevedo	M. Costas Grupo	00:53:08.600	00:52:46.727	00:22:12.200
268	5036	Rui Maranhas	Estrela Campo Aviação F.C.	00:53:09.430	00:51:49.977	00:22:13.030
269	5041	João Venes	Friday Lovers Team	00:53:11.967	00:51:46.997	00:22:15.567
270	5314	Bernardino Faria	Potes De Ouro	00:53:17.427	00:52:06.300	00:22:21.027
271	5121	Miguel Nuno	Individual	00:53:21.133	00:52:49.013	00:22:24.733
272	5675	Jorge Penarroias	Associação Recreativa Alfandeguense	00:53:21.353	00:51:29.666	00:22:24.953
273	5265	Anarita Ferreira	Individual	00:53:22.660	00:53:00.920	00:22:26.260
274	5612	Francisco Freitas	Individual	00:53:22.930	00:52:20.220	00:22:26.530
275	5266	Jaime Pereira	A. D. Amarante	00:53:25.383	00:52:57.350	00:22:28.983
276	5383	Fernando Alves	Individual	00:53:29.097	00:51:50.710	00:22:32.697
277	5406	João Doellinger	Sociedade Recreio Capanense	00:53:35.373	00:52:45.323	00:22:38.973
278	5330	Gracinda Cunha	Picarunning	00:53:42.467	00:52:30.477	00:22:46.067
279	5822	Maria Lima	Individual	00:53:46.380	00:52:37.823	00:22:49.980
280	5254	Luís Rodrigues	Individual	00:53:50.523	00:53:26.166	00:22:54.123
281	5130	Gaspar Machado	Individual	00:53:54.747	00:52:08.587	00:22:58.347
282	5814	Fabio Solarino	Individual	00:54:05.243	00:53:30.443	00:23:08.843
283	5103	Carlos Silva	Individual	00:54:05.787	00:53:18.834	00:23:09.387
284	5382	Bruno Silva	Individual	00:54:06.583	00:52:09.286	00:23:10.183
285	5226	Paulo Cerqueira	Individual	00:54:07.233	00:53:03.973	00:23:10.833
286	5377	Vitor.Hugo Sampaio	Individual	00:54:09.777	00:52:12.460	00:23:13.377
287	5217	Antonino Gonçalves	Individual	00:54:09.943	00:52:26.393	00:23:13.543
288	5425	Bruno Costa	Individual	00:54:12.850	00:52:14.393	00:23:16.450
289	5018	José Freitas	Individual	00:54:15.677	00:54:12.330	00:23:19.277
290	5614	Francisco Moreira	Runners Sernancelhe Terra Da Castanha	00:54:17.523	00:53:23.233	00:23:21.123
291	5055	Armindo Pereira	Individual	00:54:18.957	00:53:12.887	00:23:22.557
292	5264	Marcos Teixeira	Individual	00:54:19.950	00:53:03.290	00:23:23.550
293	5252	Ana Carvalho	Hipocampos De Corrida	00:54:21.567	00:52:42.954	00:23:25.167
294	5205	Luiz Ribeiro	Individual	00:54:23.530	00:53:23.193	00:23:27.130
295	5242	Sebastião Ferreira	Barrascos Runners	00:54:23.997	00:52:33.950	00:23:27.597
296	5575	José Ribeiro	Individual	00:54:25.123	00:52:43.713	00:23:28.723
297	5720	António Fernandes	Mancos	00:54:29.337	00:52:35.387	00:23:32.937
298	5315	Orlando Antunes	Individual	00:54:33.437	00:54:15.980	00:23:37.037
299	5105	José Soares	Fsoares	00:54:36.197		00:23:39.797
300	5104	Diana Soares	Fsoares	00:54:37.117	00:53:48.497	00:23:40.717
301	5505	Catarina Nunes	Individual	00:54:38.613	00:53:45.026	00:23:42.213
302	5034	Carlos Marques	Estrela Campo Aviação F.C.	00:54:40.530	00:53:20.967	00:23:44.130
303	5077	Paulo Reis	Individual	00:54:42.930	00:54:30.753	00:23:46.530
304	5115	Filipe Cunha	Individual	00:54:44.657	00:54:02.957	00:23:48.257
305	5782	Francisco Carvalho	Individual	00:54:45.027	00:52:45.364	00:23:48.627
306	5019	Pedro Oliveira	Individual	00:54:46.623	00:53:48.380	00:23:50.223
307	5308	Rui Silva	Individual	00:54:52.443	00:53:17.023	00:23:56.043
308	5838	José Figueiredo	Individual	00:54:53.530	00:53:18.420	00:23:57.130

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
309	5316	Jaime Gonçalves	C.R. Candoso	00:54:53.963	00:53:59.180	00:23:57.563
310	5741	Carlos Almeida	Vitrus	00:54:56.823	00:53:32.680	00:24:00.423
311	5740	Carlos Monteiro	Vitrus	00:54:58.640	00:53:33.593	00:24:02.240
312	5743	Rui Ribeiro	Vitrus	00:55:00.743	00:53:36.280	00:24:04.343
313	5092	Carina Barbosa	Individual	00:55:02.697	00:54:52.177	00:24:06.297
314	5245	Lúcia Oliveira	Nós Acreditamos	00:55:06.637	00:54:13.114	00:24:10.237
315	5478	Eduardo Lobo	Unidos Do Cano Veteranos	00:55:08.573	00:54:35.143	00:24:12.173
316	5447	António Soares	Individual	00:55:09.530	00:53:53.813	00:24:13.130
317	5331	Vitor Ferreira	Individual	00:55:09.573	00:54:15.160	00:24:13.173
318	2006	Paulo Silva	Individual	00:55:10.863	00:54:16.390	00:24:14.463
319	5446	Paula Nunes	Individual	00:55:11.173	00:53:51.086	00:24:14.773
320	5588	Jorge Monteiro	Individual	00:55:15.543	00:53:36.110	00:24:19.143
321	5564	Luís Abreu	Individual	00:55:17.530	00:53:37.080	00:24:21.130
322	5752	Pedro Ribeiro	Individual	00:55:19.283	00:53:31.660	00:24:22.883
323	5557	Nuno Lima	Team Felgas	00:55:21.377	00:54:31.424	00:24:24.977
324	5556	Nuno Alves	Team Felgas	00:55:22.100	00:54:32.147	00:24:25.700
325	5698	Paula Teixeira	Individual	00:55:25.910	00:53:48.500	00:24:29.510
326	5445	Miguel Machado	Individual	00:55:27.537	00:55:12.034	00:24:31.137
327	5125	José Rocha	Individual	00:55:30.183	00:53:56.343	00:24:33.783
328	5664	Laura Rebelo	Individual	00:55:30.933	00:55:01.663	00:24:34.533
329	5761	Sara Teixeira	Biogranel	00:55:32.747	00:54:04.610	00:24:36.347
330	5376	João Fontão	Individual	00:55:38.850	00:53:41.620	00:24:42.450
331	5189	Francisco Marques	Clube Atletismo De Brito	00:55:41.090	00:54:37.503	00:24:44.690
332	5624	Cesar Silva	Individual	00:55:45.647	00:54:06.810	00:24:49.247
333	5323	Alexandre Pereira	Judo Vsc	00:55:46.210	00:54:02.200	00:24:49.810
334	5807	Helder Macedo	Individual	00:55:50.087	00:55:16.910	00:24:53.687
335	5585	Pedro Miranda	M. Costas Grupo	00:55:51.357	00:55:27.810	00:24:54.957
336	5099	João Rodrigues	Ccd Crédito Agrícola Mútuo	00:56:03.207	00:55:38.470	00:25:06.807
337	5746	Geraldo Faria	Individual	00:56:04.523	00:55:29.520	00:25:08.123
338	5161	Concepción Pérez	Individual	00:56:05.037	00:54:49.264	00:25:08.637
339	5775	Luis Araújo	Individual	00:56:07.387	00:54:29.844	00:25:10.987
340	5058	Davide Sampaio	Individual	00:56:09.057	00:54:04.194	00:25:12.657
341	5466	Isabel Alberto	Individual	00:56:10.710	00:54:46.257	00:25:14.310
342	5457	Samuel Alves	Individual	00:56:10.777	00:55:30.540	00:25:14.377
343	5014	Carlos Morais	Individual	00:56:11.707	00:54:46.510	00:25:15.307
344	5567	Luís Fernandes	Individual	00:56:11.923	00:55:18.956	00:25:15.523
345	5647	Joaquim Leite	N.A.Taipas	00:56:12.867	00:55:13.860	00:25:16.467
346	5118	Jerónimo Coelho	Individual	00:56:13.843	00:55:30.280	00:25:17.443
347	5828	Joaquim Faria	Individual	00:56:17.537	00:55:55.424	00:25:21.137
348	5426	Carla Oliveira	Individual	00:56:19.123	00:55:49.980	00:25:22.723
349	5430	Céu Fernandes	Riofit	00:56:19.617	00:55:05.774	00:25:23.217
350	5712	Gonçalo Lopes	Individual	00:56:21.030	00:55:50.987	00:25:24.630
351	5436	Luis Cunha	Linhas Moure Confenix	00:56:23.303	00:55:31.646	00:25:26.903
352	5688	Antonio Lopes	Individual	00:56:23.770	00:54:42.093	00:25:27.370



Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
353	5174	Miguel Tavares	Los Tavares	00:56:24.120	00:55:11.177	00:25:27.720
354	5258	Casimiro Abreu	Individual	00:56:24.563	00:56:14.076	00:25:28.163
355	5749	José Cunha	Individual	00:56:24.863	00:54:49.833	00:25:28.463
356	5433	Laura Rodrigues	Riofit	00:56:29.257	00:55:13.127	00:25:32.857
357	5344	Vanessa Oliveira	Individual	00:56:29.853	00:55:15.286	00:25:33.453
358	5250	Silverio Fernandes	Amigos Das Sapatilhas	00:56:30.073	00:55:16.120	00:25:33.673
359	5251	João Ildo	Individual	00:56:30.460	00:55:09.700	00:25:34.060
360	5482	Hugo Silva	Unidos Do Cano Veteranos	00:56:32.520	00:55:55.827	00:25:36.120
361	5471	Eliseu Costa	Individual	00:56:35.030	00:54:42.487	00:25:38.630
362	5819	Pedro Loureiro	Individual	00:56:37.867	00:46:22.280	00:25:41.467
363	5374	Fernando Merino	Individual	00:56:41.200	00:54:57.043	00:25:44.800
364	5110	Isabel Gomes	Amigos Da Corrida	00:56:45.547	00:55:50.434	00:25:49.147
365	5555	Luís Mateus	Team Felgas	00:56:50.897	00:56:02.050	00:25:54.497
366	5150	Gil Ferreira	Emigrantes Team	00:56:54.883	00:54:49.510	00:25:58.483
367	5083	Rafael Ramirez	Individual	00:56:54.920	00:56:20.520	00:25:58.520
368	5508	Filipe Teixeira	Tasca Da Carroça	00:56:55.760	00:54:55.993	00:25:59.360
369	5270	Bárbara Pereira	Individual	00:56:57.870	00:56:18.323	00:26:01.470
370	5244	Sofia Soares	Individual	00:56:58.300	00:56:18.443	00:26:01.900
371	5318	João Henriques	Individual	00:57:03.663	00:55:33.563	00:26:07.263
372	5386	Rui Guimarães	Andamaçaçar	00:57:03.760	00:56:44.600	00:26:07.360
373	5319	Paulo Freitas	Individual	00:57:04.777	00:55:34.364	00:26:08.377
374	5032	Paulo Santos	Magnunssens	00:57:05.420	00:55:37.997	00:26:09.020
375	5031	Emanuel Correia	Magnunssens	00:57:05.817	00:55:34.307	00:26:09.417
376	5479	Fernando Teixeira	Unidos Do Cano Veteranos	00:57:08.803	00:56:34.900	00:26:12.403
377	5685	Vitor Martins	Individual	00:57:09.970	00:56:09.047	00:26:13.570
378	5068	Natália Bento	Travassós Running Fafe	00:57:14.680	00:56:56.133	00:26:18.280
379	5681	Luís Silva	Individual	00:57:17.473	00:56:05.773	00:26:21.073
380	5682	Tiago Silva	Individual	00:57:19.080	00:56:07.683	00:26:22.680
381	5311	Luis Pereira	Farokas	00:57:22.653	00:55:33.906	00:26:26.253
382	5047	Abel Moura	Individual	00:57:23.983	00:56:06.720	00:26:27.583
383	5033	Virgínia Guedes	Individual	00:57:31.043	00:56:43.583	00:26:34.643
384	5327	Eduarda Gonçalves	Picarunning	00:57:32.223	00:56:19.820	00:26:35.823
385	5385	Gustavo Santos	Andamaçaçar	00:57:32.657	00:57:13.614	00:26:36.257
386	5286	Cláudia Araújo	Individual	00:57:33.870	00:56:21.907	00:26:37.470
387	5328	Filipa Gonçalves	Picarunning	00:57:36.383	00:56:23.320	00:26:39.983
388	5678	Domingos Oliveira	Individual	00:57:37.473	00:56:37.436	00:26:41.073
389	5329	Filipe Nogueira	Picarunning	00:57:38.203	00:56:26.116	00:26:41.803
390	5704	Cristóvão Teixeira	C.R. Candoso	00:57:40.363	00:56:49.153	00:26:43.963
391	5493	Silvia Pinheiro	Individual	00:57:41.037	00:56:25.087	00:26:44.637
392	5201	Carlos Freitas	Amigos	00:57:41.943	00:55:39.060	00:26:45.543
393	5359	João Mendes	Individual	00:57:41.957	00:57:20.954	00:26:45.557
394	5811	José Peixoto	Guimarunning	00:57:43.470	00:56:35.163	00:26:47.070
395	5801	Hélder Silva	Estúdio 4	00:57:45.683	00:56:59.520	00:26:49.283
396	5181	Joana Meneses	Corre Comigo, Riba De Ave	00:57:46.880	00:55:59.863	00:26:50.480

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
397	5101	Esmeralda Pinto	Travassós Running Fafe	00:57:48.777	00:57:27.084	00:26:52.377
398	5742	Miguel Machado	Vitrus	00:57:52.777	00:56:30.814	00:26:56.377
399	5549	Lourenço Faria	Individual	00:57:53.413	00:56:21.350	00:26:57.013
400	5774	Rui Monteiro	Individual	00:57:54.010	00:56:21.300	00:26:57.610
401	5495	Carlos Sobral	Runners Sernancelhe Terra Da Castanha	00:57:56.313	00:57:02.800	00:26:59.913
402	5496	Marisa Sobral	Runners Sernancelhe Terra Da Castanha	00:57:57.150	00:57:04.657	00:27:00.750
403	5040	Daniel Rodrigues	Friday Lovers Team	00:57:57.250	00:56:31.160	00:27:00.850
404	5196	Rui Vaz	Clube Atletismo De Brito	00:57:58.077	00:56:59.970	00:27:01.677
405	5461	Pedro Leite	Individual	00:57:59.137	00:56:32.120	00:27:02.737
406	5290	Mario Gomes	Individual	00:57:59.220	00:56:10.330	00:27:02.820
407	5116	Isália Pereira	Individual	00:58:02.007	00:57:23.710	00:27:05.607
408	5441	Diogo Silva	Individual	00:58:09.377	00:56:33.660	00:27:12.977
409	5763	Marco Ferreira	Individual	00:58:10.817	00:57:35.014	00:27:14.417
410	5662	Marco Silva	Individual	00:58:11.983	00:57:30.790	00:27:15.583
411	5117	Filipe Rodrigues	Individual	00:58:12.577	00:56:59.677	00:27:16.177
412	5745	Liliana Faria	Individual	00:58:12.680	00:57:38.570	00:27:16.280
413	5606	Rita Freitas	Umrunners	00:58:13.770	00:56:41.357	00:27:17.370
414	5605	Laura Silva	Umrunners	00:58:14.113	00:56:40.383	00:27:17.713
415	5722	Sara Oliveira	Mancos	00:58:14.970	00:56:22.603	00:27:18.570
416	5506	Alberto Abreu	Tasca Da Carroça	00:58:25.150	00:56:27.533	00:27:28.750
417	5340	Ana Mendes	Duros.Com	00:58:29.303	00:58:10.493	00:27:32.903
418	5112	Carla Gouveia	Amigos Da Corrida	00:58:34.153	00:58:15.490	00:27:37.753
419	2011	Rosa Carmo	Individual	00:58:42.427	00:58:03.844	00:27:46.027
420	5204	José Oliveira	Individual	00:58:44.967	00:57:39.700	00:27:48.567
421	5396	Agostinha Gonçalves	Sociedade Recreio Capanense	00:58:48.913	00:57:59.936	00:27:52.513
422	5398	Ana Freitas	Sociedade Recreio Capanense	00:58:49.030	00:58:00.793	00:27:52.630
423	5798	Ana Silva	Estúdio 4	00:58:53.173	00:58:02.266	00:27:56.773
424	5305	Ricardo Magalhaes	Individual	00:58:57.203	00:57:23.183	00:28:00.803
425	5373	Joao lhao	Individual	00:58:58.647	00:57:25.157	00:28:02.247
426	5275	Bruno Nascimento	Chaves Running Team	00:58:59.933	00:58:07.663	00:28:03.533
427	5278	Tiago Fernandes	Chaves Running Team	00:59:01.203	00:58:07.160	00:28:04.803
428	5371	Ana Moreira	Individual	00:59:01.370		00:28:04.970
429	5277	João Alves	Chaves Running Team	00:59:01.817	00:58:08.174	00:28:05.417
430	5177	Fabia Soares	Individual	00:59:03.397	00:57:17.087	00:28:06.997
431	5149	Daniel Ferreira	Emigrantes Team	00:59:04.767	00:57:00.777	00:28:08.367
432	5366	Susana Abreu	Individual	00:59:11.260	00:58:07.563	00:28:14.860
433	5301	Olga Samões	Individual	00:59:11.690	00:59:03.430	00:28:15.290
434	5617	Jorge Gonçalves	Individual	00:59:11.827	00:58:08.420	00:28:15.427
435	5069	Anabela Lobo	Correr Com C'Alma	00:59:19.653	00:58:05.806	00:28:23.253
436	5114	Luís Costa	Individual	00:59:23.623	00:57:34.296	00:28:27.223
437	5566	Oliver Michelangelli	Individual	00:59:30.427	00:58:28.080	00:28:34.027
438	5160	Rodrigo Almeida	Individual	00:59:32.220	00:58:51.653	00:28:35.820
439	5579	Andre Castanheira	Move Martifer Gym	00:59:34.367	00:58:02.164	00:28:37.967
440	5317	Catarina Moreira	Individual	00:59:34.907	00:58:04.507	00:28:38.507

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
441	5503	Sergio Goncalves	Individual	00:59:36.347	00:58:17.434	00:28:39.947
442	2032	Maria Custódio	Individual	00:59:37.070	00:58:55.163	00:28:40.670
443	5081	Elisabete Silva	Par Maravilha	00:59:38.400	00:58:03.570	00:28:42.000
444	5509	Cristiano Guimaraes	Individual	00:59:42.763	00:58:58.706	00:28:46.363
445	5070	Dores Barroso	Correr Com C'Alma	00:59:44.257	00:58:29.730	00:28:47.857
446	5455	Rosalina Costa	M. Costas Grupo	00:59:44.327	00:59:26.307	00:28:47.927
447	5367	António Silva	Individual	00:59:46.913		00:28:50.513
448	5481	Francisco Oliveira	Unidos Do Cano Veteranos	00:59:47.097	00:59:13.197	00:28:50.697
449	5360	Sabrina Mendes	Individual	00:59:48.223	00:58:03.336	00:28:51.823
450	5830	Filipe Martins	Individual	00:59:48.417	00:58:12.724	00:28:52.017
451	5684	João Riço	Individual	00:59:48.660	00:58:05.533	00:28:52.260
452	5156	Eduardo Fontão	Individual	00:59:50.390	00:58:05.787	00:28:53.990
453	5475	Ana Ribeiro	Unidos Do Cano Veteranos	00:59:51.263	00:59:13.920	00:28:54.863
454	5488	Liliana Oliveira	Individual	00:59:54.513	00:58:56.313	00:28:58.113
455	5597	Nuno Araujo	Individual	00:59:54.880	00:59:08.960	00:28:58.480
456	5596	Ana Ferreira	Individual	00:59:56.370	00:59:10.777	00:28:59.970
457	5414	Simão Teixeira	Sociedade Recreio Capanense	01:00:05.043	00:59:14.996	00:29:08.643
458	5241	Micael Rodrigues	Barrascos Runners	01:00:06.763	00:58:17.306	00:29:10.363
459	5351	Rui Castro	A'Casa Bezerra	01:00:08.637	00:58:37.410	00:29:12.237
460	5633	Ariana Cunha	Individual	01:00:10.173	00:58:23.686	00:29:13.773
461	5487	Gabriela Melo	Amigos Da Corrida	01:00:10.553	00:59:48.603	00:29:14.153
462	5517	Jorge Caetano	Runners Sernancelhe Terra Da Castanha	01:00:19.553	00:59:24.576	00:29:23.153
463	5124	Fernanda Lachado	Individual	01:00:23.797	00:58:49.610	00:29:27.397
464	5836	Manuel Machado	Individual	01:00:38.310	00:59:52.050	00:29:41.910
465	5834	Jorge Costa	Individual	01:00:39.087	00:59:55.800	00:29:42.687
466	5249	Luís Freitas	Individual	01:00:46.907		00:29:50.507
467	5699	José Peixoto	Individual	01:00:50.963	00:59:16.103	00:29:54.563
468	5730	Jorge Soares	Individual	01:00:51.630	00:59:06.887	00:29:55.230
469	5504	Filipe Fontes	Individual	01:00:52.920	00:59:08.863	00:29:56.520
470	5197	Adérito Maia	Individual	01:00:56.027	00:58:58.080	00:29:59.627
471	5342	Rui Mendes	Duros.Com	01:00:58.133	01:00:40.050	00:30:01.733
472	5784	Gianpaolo Gulletta	Individual	01:01:00.520	01:00:27.460	00:30:04.120
473	5765	Afonso Lima	Familia Mendes	01:01:06.133	00:59:58.556	00:30:09.733
474	5766	Toze Cunha	Familia Mendes	01:01:06.360	00:59:58.503	00:30:09.960
475	5138	Vera Freitas	Individual	01:01:18.073	01:01:02.533	00:30:21.673
476	5779	Tiago Ribeiro	Individual	01:01:19.470	01:00:11.507	00:30:23.070
477	5480	Filipe Félix	Unidos Do Cano Veteranos	01:01:20.647	01:00:45.230	00:30:24.247
478	5607	João Guimarães	Moreira Duarte	01:01:22.693	01:00:22.603	00:30:26.293
479	5601	José Moreira	Araújos De Balasar	01:01:28.673	01:00:07.023	00:30:32.273
480	5281	Carlos Pairo	Individual	01:01:32.987	01:00:29.007	00:30:36.587
481	5388	Silvia Rodrigues	Individual	01:01:35.650	01:00:09.917	00:30:39.250
482	5387	Paulo Pereira	Individual	01:01:36.697	01:00:10.704	00:30:40.297
483	5449	Cindy Silva	M. Costas Grupo	01:01:44.310	01:01:19.050	00:30:47.910
484	5453	Júlia Costa	M. Costas Grupo	01:01:45.383	01:01:20.553	00:30:48.983

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
485	5082	Tiago Abreu	Par Maravilha	01:01:48.117	01:00:14.997	00:30:51.717
486	5777	Ruben Ribeiro	Individual	01:01:48.597	01:01:42.314	00:30:52.197
487	5776	João Rabaça	Individual	01:01:48.963	01:01:40.680	00:30:52.563
488	5246	Manuel Magalhães	Nós Acreditamos	01:01:49.553	01:00:57.350	00:30:53.153
489	5304	Jose Magalhaes	Individual	01:01:49.830	01:00:15.683	00:30:53.430
490	5235	Sofia Sousa	Individual	01:01:59.343	01:01:33.970	00:31:02.943
491	5234	Ana Sousa	Individual	01:01:59.873	01:01:37.026	00:31:03.473
492	5339	Luis Pedro	Guimarunning	01:02:01.890	01:01:37.923	00:31:05.490
493	5322	Alexandra Gomes	Individual	01:02:02.107	01:01:39.960	00:31:05.707
494	5595	Ana Moura	Individual	01:02:03.890	01:01:41.127	00:31:07.490
495	5057	Joao Pereira	Individual	01:02:10.370		00:31:13.970
496	5078	Ermelindo Vieira	Individual	01:02:12.040	01:00:44.177	00:31:15.640
497	5310	Jose Ferreira	Farokas	01:02:16.593	01:00:29.956	00:31:20.193
498	5587	Bruno Roda	Individual	01:02:19.360	01:00:38.487	00:31:22.960
499	5145	João Machado	Panda	01:02:20.707	01:00:28.774	00:31:24.307
500	5144	Bruno Machado	Panda	01:02:21.180	01:00:29.577	00:31:24.780
501	5143	Arlete Almeida	Panda	01:02:23.317	01:00:30.134	00:31:26.917
502	5223	Carla Guimarães	Individual	01:02:27.143	01:01:16.116	00:31:30.743
503	5583	Evaristo Moreira	Individual	01:02:27.187	01:01:15.190	00:31:30.787
504	5291	Filipe Cunha	Individual	01:02:29.140	01:00:37.717	00:31:32.740
505	5074	Redolfo Pereira	Correr Em Giesta	01:02:30.563	01:01:10.173	00:31:34.163
506	5272	Ana Faria	Individual	01:02:33.653	01:01:11.550	00:31:37.253
507	5459	Jose Fernandes	Individual	01:02:33.820	01:01:06.993	00:31:37.420
508	5832	Agostinho Martins	Individual	01:02:38.297	01:01:53.447	00:31:41.897
509	5444	Regina Ramos	Individual	01:02:42.680	01:00:37.473	00:31:46.280
510	5368	Manuel Gonçalves	Individual	01:02:42.967	01:00:58.700	00:31:46.567
511	5009	Hugo Lourenço	Individual	01:02:47.220	01:01:15.290	00:31:50.820
512	5332	Fernado Silva	Individual	01:02:47.807	01:01:55.204	00:31:51.407
513	5486	Vitor Ferreira	Amigos Da Corrida	01:02:47.853	01:01:52.160	00:31:51.453
514	5739	Bruno Oliveira	Vitrus	01:02:48.887	01:01:21.527	00:31:52.487
515	5238	Joana Ribeiro	Individual	01:02:51.537	01:02:11.304	00:31:55.137
516	5677	Victor Oliveira	Associação Recreativa Alfandeguense	01:02:52.563	01:01:00.756	00:31:56.163
517	5591	Carina Miranda	Solas Voadoras	01:03:01.433	01:02:18.086	00:32:05.033
518	5043	Joao Almeida	Ca Runners	01:03:03.447	01:01:19.754	00:32:07.047
519	5472	Ana Pinto	Individual	01:03:04.180	01:01:48.893	00:32:07.780
520	5477	Custódio Lobo	Unidos Do Cano Veteranos	01:03:06.977	01:02:29.517	00:32:10.577
521	5485	Sérgio Machado	Unidos Do Cano Veteranos	01:03:08.697	01:02:31.774	00:32:12.297
522	5721	José Fernandes	Mancos	01:03:09.507	01:01:14.867	00:32:13.107
523	5354	Sebastião Sousa	Individual	01:03:12.167	01:02:16.740	00:32:15.767
524	5353	Adriana Sousa	Individual	01:03:14.183	01:02:19.136	00:32:17.783
525	5349	Dirceu Gonçalves	A`Casa Bezerra	01:03:18.597	01:01:48.680	00:32:22.197
526	5625	Joao Mendes	Individual	01:03:20.890	01:01:42.833	00:32:24.490
527	5191	Josefina Tinoco	Clube Atletismo De Brito	01:03:25.020	01:02:22.833	00:32:28.620
528	5183	Carlos Guimarães	Clube Atletismo De Brito	01:03:25.517	01:02:24.694	00:32:29.117

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
529	5066	João Duarte	Individual	01:03:27.430		00:32:31.030
530	5088	Sandra Machado	Individual	01:03:28.413	01:02:12.083	00:32:32.013
531	5113	Romy Fernandes	Amigos Da Corrida	01:03:30.333	01:02:35.573	00:32:33.933
532	2004	Jorge Neto	Individual	01:03:34.127	01:02:09.564	00:32:37.727
533	5456	Emanuel Nunes	Individual	01:03:43.207	01:03:02.200	00:32:46.807
534	5666	Romeu Gomes	Guimarunning	01:03:44.710	01:02:35.040	00:32:48.310
535	5497	Ilídio Martins	Individual	01:03:47.837	01:03:33.384	00:32:51.437
536	5458	Sandra Nunes	Individual	01:03:48.033	01:03:07.760	00:32:51.633
537	5190	Isabel Vaz	Clube Atletismo De Brito	01:03:51.543	01:02:48.670	00:32:55.143
538	5378	Julio Machado	Individual	01:03:52.163	01:01:54.076	00:32:55.763
539	5185	Eduarda Silva	Clube Atletismo De Brito	01:03:52.200	01:02:48.577	00:32:55.800
540	5052	Augusto Pacheco	Individual	01:03:52.233	01:03:11.343	00:32:55.833
541	5207	Miguel Pinto	Individual	01:03:55.507	01:03:39.160	00:32:59.107
542	5815	Patricia Nunes	Individual	01:04:00.153	01:03:18.006	00:33:03.753
543	5701	Paulo Mateus	Zim	01:04:01.290	01:02:00.970	00:33:04.890
544	5434	Silvia Vieira	Riofit	01:04:03.167		00:33:06.767
545	18125932	Desconhecido	Individual	01:04:03.667	01:02:46.540	00:33:07.267
546	5075	Fábio Silva	Individual	01:04:03.833	01:02:58.846	00:33:07.433
547	5661	Rui Rodrigues	Umrunners	01:04:04.317	01:02:31.274	00:33:07.917
548	5035	Paulo Brito	Estrela Campo Aviação F.C.	01:04:04.387	01:02:44.260	00:33:07.987
549	5812	João Pereira	Individual	01:04:04.813	01:01:58.393	00:33:08.413
550	5393	Pedro Oliveira	Riofit	01:04:05.253	01:02:50.313	00:33:08.853
551	5203	Igor Costa	Individual	01:04:09.007	01:03:04.640	00:33:12.607
552	5325	Maria Vasconcelos	Individual	01:04:10.400	01:00:13.993	00:33:14.000
553	5573	Fábio Almeida	Individual	01:04:11.080	01:00:16.597	00:33:14.680
554	5372	Fernanda Couto	Individual	01:04:11.100	01:01:05.220	00:33:14.700
555	5134	Raquel Silvestre	Why Not?	01:04:11.597	01:03:08.567	00:33:15.197
556	5313	Lúcia Lopes	Individual	01:04:11.967		00:33:15.567
557	5133	Bruno Castro	Why Not?	01:04:13.077	01:03:10.037	00:33:16.677
558	5630	Cecília Melo	Individual	01:04:15.857	01:03:14.880	00:33:19.457
559	5437	Paula Cunha	Linhas Moure Confenix	01:04:21.060	01:02:35.740	00:33:24.660
560	5200	Bruno Pereira	Amigos	01:04:23.507	01:02:20.960	00:33:27.107
561	5717	José Cortafios	Individual	01:04:29.990	01:04:22.663	00:33:33.590
562	5718	Emilia Oliveira	Individual	01:04:30.033	01:04:04.806	00:33:33.633
563	5795	Antonio Miranda	Individual	01:04:33.860	01:02:52.790	00:33:37.460
564	5136	Sandra Pinto	Travassós Running Fafe	01:04:36.937	01:04:14.857	00:33:40.537
565	5237	Manuela Rodrigues	Individual	01:04:38.287	01:03:02.684	00:33:41.887
566	5085	Filipa Fernandes	Individual	01:04:38.420	01:02:37.687	00:33:42.020
567	5084	Diogo Fernandes	Individual	01:04:39.687	01:02:38.960	00:33:43.287
568	5091	Flávio Mendes	Funmove - Challenge Your Limits !	01:04:40.537	01:02:41.667	00:33:44.137
569	5442	António Teixeira	Individual	01:04:44.873	01:03:11.980	00:33:48.473
570	5240	Cláudio Rebelo	Barrascos Runners	01:04:52.823	01:03:02.643	00:33:56.423
571	5642	Alfredo Oliveira	N.A.Taipas	01:04:56.430	01:03:48.973	00:34:00.030
572	5553	Isabel Oliveira	Team Felgas	01:04:57.313	01:04:09.296	00:34:00.913

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
573	5653	Manuel Nené	N.A.Taipas	01:04:59.007	01:03:51.657	00:34:02.607
574	5362	Pedro Felgueiras	Team Felgas	01:04:59.927	01:04:11.900	00:34:03.527
575	5355	Ana Leite	Individual	01:05:15.107	01:03:59.907	00:34:18.707
576	5236	Sofia Xavier	Hipocampos De Corrida	01:05:17.673	01:03:36.666	00:34:21.273
577	5547	Filipe Lemos	Individual	01:05:23.890	01:05:07.047	00:34:27.490
578	5494	Carina Faria	Individual	01:05:29.993	01:03:59.896	00:34:33.593
579	5247	Ricardo Carvalho	Nós Acreditamos	01:05:32.900	01:04:40.080	00:34:36.500
580	5598	Catarina Macedo	Individual	01:05:37.657	01:04:29.007	00:34:41.257
581	5394	Helena Costa	Riofit	01:05:37.683	01:04:24.690	00:34:41.283
582	5100	Paula Neto	Ccd Crédito Agrícola Mútuo	01:05:44.037	01:04:15.984	00:34:47.637
583	5173	Carlos Guerra	Individual	01:05:47.827	01:04:29.160	00:34:51.427
584	5271	Francisco Mendes	Individual	01:05:50.207	01:03:59.514	00:34:53.807
585	5825	Gil Santos	Individual	01:05:51.303	01:03:59.990	00:34:54.903
586	5180	Dina Meneses	Corre Comigo, Riba De Ave	01:05:57.617	01:04:10.234	00:35:01.217
587	5287	Pedro Silva	Individual	01:06:06.753	01:05:14.436	00:35:10.353
588	5060	Maria Fernandes	Individual	01:06:09.163	01:04:48.966	00:35:12.763
589	5195	Rosário Cardoso	Clube Atletismo De Brito	01:06:18.573	01:05:16.546	00:35:22.173
590	5184	Cesário Silva	Clube Atletismo De Brito	01:06:19.247	01:05:10.750	00:35:22.847
591	5545	Maria Ferreira	Individual	01:06:19.493	01:06:03.033	00:35:23.093
592	5448	Paula Freitas	Os Guardiões	01:06:39.353	01:05:58.040	00:35:42.953
593	5171	Basilio Pinheiro	Individual	01:06:40.730	01:05:51.213	00:35:44.330
594	5519	Francisco Mesquita	""Os Magriços""	01:06:40.850	01:04:40.253	00:35:44.450
595	5198	Celestino Ribeiro	Individual	01:06:41.080	01:05:22.517	00:35:44.680
596	5106	Anabela Mota	Travassós Running Fafe	01:06:46.830	01:06:26.657	00:35:50.430
597	5748	Catarina Pereira	Individual	01:06:51.457	01:05:44.290	00:35:55.057
598	5253	Carla Ferreira	Hipocampos De Corrida	01:06:58.187	01:05:20.220	00:36:01.787
599	5823	Sofia Rocha	Individual	01:07:01.710	01:05:24.160	00:36:05.310
600	5175	Paulo Tavares	Los Tavares	01:07:02.953		00:36:06.553
601	5186	Eduardo Ferreira	Clube Atletismo De Brito	01:07:05.800	01:06:04.510	00:36:09.400
602	5581	Américo Simões	Individual	01:07:06.940	01:05:28.217	00:36:10.540
603	5140	Catarina Marques	Oliveira Runners	01:07:15.103	01:06:45.986	00:36:18.703
604	5273	João Queirós	Individual	01:07:23.650	01:06:01.890	00:36:27.250
605	5375	Vania Mendes	Individual	01:07:28.797	01:07:01.967	00:36:32.397
606	5470	Ariana Ribeiro	Individual	01:07:31.050	01:07:05.343	00:36:34.650
607	5424	Susana Pereira	Individual	01:07:36.040	01:06:40.993	00:36:39.640
608	5697	Felicia Peixoto	Individual	01:07:38.470	01:06:02.233	00:36:42.070
609	5696	Marta Mota	Individual	01:07:39.020	01:06:15.527	00:36:42.620
610	5132	Susana Ribeiro	Individual	01:07:39.257	01:06:17.354	00:36:42.857
611	5122	Monica Ribeiro	Individual	01:07:39.830	01:06:18.597	00:36:43.430
612	5148	Odete Coelho	Guimarunning	01:07:40.717	01:06:34.564	00:36:44.317
613	5516	Joana Santos	Runners Sernancelhe Terra Da Castanha	01:07:41.837	01:05:29.377	00:36:45.437
614	5178	Daniela Sá	Individual	01:07:44.433	01:05:54.330	00:36:48.033
615	5017	Cláudia Ramos	Individual	01:07:45.467	01:06:11.937	00:36:49.067
616	5170	Nelson Santos	Individual	01:07:47.033	01:05:58.383	00:36:50.633

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
617	5476	César Mata	Unidos Do Cano Veteranos	01:08:00.937	01:07:25.130	00:37:04.537
618	5632	Rui Rodrigues	Individual	01:08:12.167	01:07:50.744	00:37:15.767
619	5421	Antero Libânio	Individual	01:08:18.660	01:06:22.800	00:37:22.260
620	5534	Filipe Augusto	Runners Sernancelhe Terra Da Castanha	01:08:19.787	01:07:23.024	00:37:23.387
621	5781	Gabriel Dasilva	Individual	01:08:24.733	01:07:45.993	00:37:28.333
622	5786	David Silva	Individual	01:08:25.107	01:07:49.844	00:37:28.707
623	5209	Cecília Xavier	Ginasio Clube De Bragança	01:08:52.677	01:07:32.130	00:37:56.277
624	5280	João Dias	Individual	01:08:52.823	01:07:08.980	00:37:56.423
625	5208	Carla Videira	Ginasio Clube De Bragança	01:08:53.090	01:07:32.540	00:37:56.690
626	5279	Lu Barbosa	Individual	01:08:53.207	01:07:10.010	00:37:56.807
627	5172	Ana Guerra	Individual	01:08:59.910	01:07:39.857	00:38:03.510
628	5538	Sara Leite	Individual	01:09:01.990	01:07:00.680	00:38:05.590
629	1691	Jorge Soares	Individual	01:09:09.153	01:07:22.200	00:38:12.753
630	1692	João Pintinha	Individual	01:09:10.387	01:07:22.797	00:38:13.987
631	5429	Agostinho Lopes	Individual	01:09:23.003	01:07:40.136	00:38:26.603
632	5693	Sónia Gonçalves	Umrunners	01:09:23.483	01:07:48.843	00:38:27.083
633	5660	Carina Ferreira	Umrunners	01:09:23.740	01:07:50.350	00:38:27.340
634	5303	Jorge Salgado	Individual	01:09:33.797	01:07:54.154	00:38:37.397
635	5306	Adelaide Ferreira	Individual	01:09:38.067	01:08:01.644	00:38:41.667
636	5389	Rui Fumega	Individual	01:09:38.253	01:07:57.293	00:38:41.853
637	5302	Nélia Antunes	Individual	01:09:39.043	01:07:49.883	00:38:42.643
638	5307	Manuel Marques	Individual	01:09:40.220	01:08:01.563	00:38:43.820
639	5255	Danilo Conceição	Individual	01:09:52.077	01:08:22.560	00:38:55.677
640	5613	Pedro Fonseca	Individual	01:09:52.450	01:08:22.643	00:38:56.050
641	5141	Célia Dias	Oliveira Runners	01:09:53.530	01:08:19.503	00:38:57.130
642	5580	Catarina Dias	Move Martifer Gym	01:09:54.017	01:08:21.560	00:38:57.617
643	5182	Avelino Freitas	Clube Atletismo De Brito	01:09:54.150	01:08:50.353	00:38:57.750
644	5142	Fernanda Arede	Oliveira Runners	01:10:00.090	01:08:26.063	00:39:03.690
645	5578	Anabela Dias	Move Martifer Gym	01:10:00.243	01:08:26.273	00:39:03.843
646	5636	Maria Bandeira	Move Martifer Gym	01:10:01.523	01:08:27.676	00:39:05.123
647	5536	Andé Magalhães	Runners Sernancelhe Terra Da Castanha	01:10:21.903	01:09:23.443	00:39:25.503
648	5465	Mariana Ferreira	Guimarunning	01:10:29.923	01:09:22.026	00:39:33.523
649	5651	José Henrique	N.A.Taipas	01:10:30.723	01:09:24.253	00:39:34.323
650	5507	Domingos Pereira	Tasca Da Carroça	01:10:44.990	01:08:46.980	00:39:48.590
651	5427	Júlia Batista	Individual	01:10:48.750	01:09:12.337	00:39:52.350
652	5703	Zizina Moreira	Zim	01:10:48.780	01:09:36.003	00:39:52.380
653	5799	Carla Barbosa	Estúdio 4	01:10:56.330	01:10:04.487	00:39:59.930
654	5336	Cristina Lima	Individual	01:10:58.540	01:09:21.340	00:40:02.140
655	5024	Fernando Nogueira	Checkmarx Runners	01:11:03.890	01:10:17.027	00:40:07.490
656	1132	Jessica Rivera	Individual	01:11:08.950	01:09:12.950	00:40:12.550
657	5568	Carla Santos	Bolama	01:11:35.087	01:10:30.607	00:40:38.687
658	5780	José Freitas	Individual	01:11:57.443	01:10:56.193	00:41:01.043
659	5533	Vanessa Saraiva	""Os Magriços""	01:12:19.810	01:10:16.207	00:41:23.410
660	5831	Leticia Silva	Individual	01:12:26.077	01:11:18.367	00:41:29.677

Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
661	5738	André Fernandes	Vitrus	01:12:34.483	01:12:26.836	00:41:38.083
662	5167	Sofia Cavaco	Individual	01:12:44.737	01:11:31.800	00:41:48.337
663	5158	Antonio Lima	Individual	01:12:45.113	01:11:54.040	00:41:48.713
664	5159	Luciana Lima	Individual	01:12:47.500	01:11:56.087	00:41:51.100
665	5490	Pedro Fernandes	Individual	01:12:52.580	01:08:48.153	00:41:56.180
666	5491	Paulo Araujo	Individual	01:12:54.133	01:08:47.416	00:41:57.733
667	5028	Paulo Ribeiro	Checkmarx Runners	01:13:07.537	01:12:18.927	00:42:11.137
668	5515	Elisabete Nascimento	Runners Sernancelhe Terra Da Castanha	01:13:10.010	01:12:13.833	00:42:13.610
669	5489	Jorge Roriz	Individual	01:13:14.053	01:09:18.680	00:42:17.653
670	5500	Filipa Martins	Decormovel	01:13:27.203	01:12:00.356	00:42:30.803
671	5502	Sandra Cardoso	Decormovel	01:13:29.767	01:12:03.250	00:42:33.367
672	5611	Ana Vale	Bolama	01:13:30.940	01:11:47.940	00:42:34.540
673	5532	Tomás Mesquita	""Os Magriços""	01:13:39.667	01:11:38.070	00:42:43.267
674	5029	Rafael Abreu	Checkmarx Runners	01:13:51.103	01:11:49.826	00:42:54.703
675	5037	Vânia Salgado	Individual	01:13:51.287	01:11:50.364	00:42:54.887
676	5523	Manuel Póvoa	""Os Magriços""	01:13:55.093	01:11:50.806	00:42:58.693
677	5528	Paulo Fonseca	""Os Magriços""	01:13:55.710	01:11:51.340	00:42:59.310
678	5586	Sara Mendes	M. Costas Grupo	01:14:50.907	01:14:28.344	00:43:54.507
679	5450	Francisco Varzim	M. Costas Grupo	01:14:53.057	01:14:30.464	00:43:56.657
680	5224	Céu Ribeiro	Individual	01:15:09.653	01:13:13.656	00:44:13.253
681	5800	Catarina Roteia	Estúdio 4	01:15:26.860	01:14:35.020	00:44:30.460
682	5045	Helena Fernandes	Individual	01:15:30.690	01:14:07.987	00:44:34.290
683	5044	António Fernandes	Individual	01:15:31.420	01:14:09.050	00:44:35.020
684	5610	António Sousa	Os Papa Milhas	01:15:44.613	01:09:25.506	00:44:48.213
685	5005	Izabela Santos	Individual	01:15:46.037	01:14:45.694	00:44:49.637
686	5767	Carla Palmeiro	Individual	01:16:20.047	01:14:41.367	00:45:23.647
687	5768	Maria Garcia	Individual	01:16:25.310	01:14:46.357	00:45:28.910
688	5210	Aurora Cardoso	Individual	01:16:30.533	01:14:37.193	00:45:34.133
689	5420	Carina Cardoso	Individual	01:16:31.987	01:14:39.480	00:45:35.587
690	5062	Antonio Azevedo	Individual	01:18:27.560	01:17:56.400	00:47:31.160
691	5357	Joana Teixeira	Individual	01:19:00.083	01:18:49.383	00:48:03.683
692	5166	Ariana Pereira	Aves Runners	01:19:00.403	01:17:36.510	00:48:04.003
693	5525	Nazaré Reis	""Os Magriços""	01:19:33.107	01:17:30.037	00:48:36.707
694	5239	Umberto Ferreira	Individual	01:20:04.660	01:18:09.973	00:49:08.260
695	5483	Pedro Neves	Unidos Do Cano Veteranos	01:20:20.010	01:19:42.693	00:49:23.610
696	2021	Eliana Santos	Individual	01:20:43.060	01:19:00.667	00:49:46.660
697	5791	Tiago Gonçalves	Streetfit	01:21:40.517		00:50:44.117
698	5001	Miguel Campo	Individual	01:21:59.517		00:51:03.117
699	5002	Consuelo Ribas	Individual	01:22:00.460	01:19:55.717	00:51:04.060
700	5526	Nélio Cardoso	""Os Magriços""	01:23:43.027	01:21:43.224	00:52:46.627
701	5520	Gabriela Cardoso	""Os Magriços""	01:23:43.367	01:21:42.554	00:52:46.967
702	5050	Camilla Maciel	Br Corredores	01:23:57.673	01:21:59.470	00:53:01.273
703	5051	Michael Maciel	Br Corredores	01:23:59.910	01:22:00.680	00:53:03.510
704	5312	Telma Nunes	Farokas	01:24:43.720	01:22:56.640	00:53:47.320



Classificação	Dorsal	Nome	Equipa	Tempo	Chip	Diferença
705	5309	Alice Ferreira	Farokas	01:24:43.827	01:24:32.417	00:53:47.427
706	5431	Graça Rebelo	Riofit	01:24:45.397	01:23:30.500	00:53:48.997
707	5524	Maria Direito	""Os Magriços""	01:26:49.037	01:24:44.624	00:55:52.637
708	5521	Helena Mesquita	""Os Magriços""	01:26:49.043	01:24:46.830	00:55:52.643
709	5530	Sónia Carvalho	""Os Magriços""	01:26:49.627	01:24:47.337	00:55:53.227
710	5537	Mariajoão Lopes	Individual	01:26:50.333	01:24:48.436	00:55:53.933
711	5527	Patricia Madeira	""Os Magriços""	01:29:48.207	01:27:44.984	00:58:51.807
712	5531	Teresa Melfe	""Os Magriços""	01:29:50.313	01:27:46.036	00:58:53.913
713	5695	Clara Soares	Individual	01:33:33.497	01:31:56.590	01:02:37.097
714	5700	Catarina Soaraes	Individual	01:33:40.807	01:32:02.284	01:02:44.407
715	5013	Maria Vilar	Individual	01:34:05.583	01:32:16.836	01:03:09.183
716	5621	Fernando Ferreira	Runners Sernancelhe Terra Da Castanha	01:36:47.090	01:35:54.000	01:05:50.690
717	5622	Sandra Santos	Runners Sernancelhe Terra Da Castanha	01:36:47.687	01:35:55.524	01:05:51.287
718	5789	Silvia Cardoso	Runners Sernancelhe Terra Da Castanha	01:37:22.473	01:36:26.566	01:06:26.073
719	5535	Regina Augusto	Runners Sernancelhe Terra Da Castanha	01:37:24.130	01:36:28.533	01:06:27.730
720	5609	Clara Santos	Runners Sernancelhe Terra Da Castanha	02:09:51.547		01:38:55.147