

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	5430	ANTHONY BAUMAL	M	26		00:31:38.11	00:31:37.09	FRANCA
2	5244	PLACIO JESUS	M	29		00:34:27.35	00:34:27.35	MARINHA
3	4010	JOSÉ MANUEL DIAS CABEÇA	M	20		00:34:39.38	00:34:38.29	
4	5128	HUGO AUGUSTO	M	30		00:35:12.12	00:35:11.19	BELEM RUNNERS
5	4006	ANTONIO PINTO	M	41		00:35:21.09	00:35:20.68	GRD OS FIXES
6	4013	PAULO GUIMARÃES	M	39		00:35:38.29	00:35:38.29	AMINHACORRIDA&#47MYPROTEIN
7	4030	VITOR TAVARES MARQUES	M	39		00:35:46.79	00:35:46.22	
8	4003	RODRIGO GONÇALO NOIVO GREGÓRIO	M	34		00:35:52.00	00:35:50.38	GOIRUNNERS
9	4008	MARK RIBEIRO	M	30		00:36:00.32	00:36:00.32	VITORIA FC
10	4022	FERNANDO ALVES	M	50		00:36:28.77	00:36:28.05	AMIGOS ATLETISMO MAFRA
11	4040	JOSÉ CUSTÓDIO	M	52		00:36:41.38	00:36:40.04	CLUBE DE FUTEBOL &#34OS BELENENSES&#34
12	4079	BRUNO CARVALHO	M	37		00:36:46.36	00:36:45.31	
13	4002	CARLOS FREITAS	M	45		00:36:51.61	00:36:51.61	BELEM RUNNERS
14	5248	MANUEL SOUSA	M	45		00:37:12.43	00:37:10.23	MARINHA
15	5106	HUGO ADELINO	M	42		00:37:19.54	00:37:18.64	JOANA VENTURA
16	5246	RICARDO OLIVEIRA	M	36		00:37:24.98	00:37:21.89	MARINHA
17	4031	IVO COELHO	M	33		00:37:27.21	00:37:24.94	GRUPO DESPORTIVO E RECREATIVO RIBEIRINHO
18	4065	JOSÉ CARLOS MONTEIRO PRAZERES	M	49		00:37:35.25	00:37:33.55	A NATUREZA ENSINA
19	4055	MARCO LOPES	M	27		00:37:38.80	00:37:37.58	
20	4012	ADOLFO LEAL	M	49		00:37:40.73	00:37:40.28	RESTAURANTE O CARTAXEIRO - CANEÇAS
21	5245	NUNO MONIZ	M	24		00:37:44.81	00:37:41.31	MARINHA
22	4036	RICARDO PARADA	M	36		00:37:46.71	00:37:44.90	ZIMBRA FOX RUNNERS
23	4021	JOSÉ SIMÕES	M	43		00:37:46.93	00:37:45.77	AMIGOS ATLETISMO MAFRA
24	4037	VITOR PARADA	M	34		00:37:47.46	00:37:45.43	ZIMBRA FOX RUNNERS
25	5250	MARIO ROSA	M	51		00:38:05.29	00:38:02.69	MARINHA
26	5170	MARIUS LEORDEAN	M	34		00:38:11.00	00:38:09.61	C BENFICA ALG M MARTINS
27	4993	JORGE MATOS	M	46		00:38:11.61	00:38:08.78	CF OS BELENENESES
28	4822	APARECIDA MENDES	F	33		00:38:24.80	00:38:24.80	
29	4066	MARIO BOUCINHA	M	44		00:38:27.34	00:38:25.04	A NATUREZA ENSINA
30	4914	ALEXANDRA SOUSA	F	27		00:38:38.97	00:38:38.46	GFD RUNNING
31	4062	PEDRO RIBEIRO	M	44		00:38:42.39	00:38:40.11	A NATUREZA ENSINA
32	4067	LUIS REBELO	M	52		00:38:45.85	00:38:44.69	FALCOES SELVAGENS

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## SEASIDE

## 10 Km

33	4007	MARK HOSANA	M	20	00:38:47.99	00:38:46.89	RIO MAIOR TRIATLO CLUBE
34	4056	PEDRO MARQUES	M	47	00:38:51.69	00:38:49.36	
35	5196	RUI REBOCHO	M	38	00:39:02.09	00:39:00.58	FURÕES DO ALENTEJO
36	4009	ANDRÉ LOPES	M	24	00:39:02.61	00:39:00.96	FURÕES DO ALENTEJO
37	4005	RUI HENRIQUES	M	37	00:39:10.12	00:39:09.45	SERVIÇOS SOCIAIS MONTEPIO
38	4001	INOCENCIO AMORIM	M	38	00:39:24.62	00:39:23.28	BELEM RUNNERS
39	2577	LUCIO PINA	M	28	00:39:36.23	00:39:36.23	
40	4064	MARCO FATELO	M	37	00:39:41.89	00:39:40.74	A NATUREZA ENSINA
41	4174	LEONARDO CABACEIRA	M	21	00:39:49.35	00:39:46.89	CABACEIRA SPORTS & RUN
42	4041	JOSE PAJINHA	M	56	00:39:51.96	00:39:51.10	CA ODIMARQ
43	4111	STEVEN SANTOS	M	29	00:39:52.53	00:39:49.32	BELEM RUNNERS
44	179	DAVID KARIM	M	38	00:40:01.89	00:39:57.73	A D REAL ACADEMIA
45	4004	ROBERTO GUERREIRO	M	35	00:40:08.89	00:40:06.74	RB RUNNING
46	4048	LUIS CARLOS AGUILAR DE MESQUITA	M	42	00:40:10.28	00:40:08.82	
47	4068	NUNO SILVA	M	37	00:40:13.28	00:40:11.74	CARACÓIS DE PEDRA
48	4049	EMANUEL FREITAS	M	53	00:40:14.19	00:40:13.12	CENTURY21 TELHEIRAS
49	5378	DUARTE COSTA	M	33	00:40:16.76	00:40:14.87	CORRER LISBOA
50	4329	BRUNO BRITO	M	40	00:40:32.19	00:40:28.05	O2 LIFE CENTER
51	4132	JOSE NUNES	M	23	00:40:32.57	00:40:29.79	A NATUREZA ENSINA
52	4616	FLORINO SILVA	M	36	00:40:34.09	00:40:31.39	AMINHACORRIDA&#47MYPROTEIN
53	4896	ANDRE MARTINS	M	34	00:40:34.51	00:40:34.51	MARINHA
54	4078	ANDREIA FILIPA FERRUM	F	21	00:40:38.11	00:40:36.90	
55	4191	HELDER CARMINE	M	36	00:40:38.42	00:40:33.78	A NATUREZA ENSINA
56	4011	ARLINDO PAIXÃO	M	53	00:40:41.58	00:40:41.58	RESTAURANTE O CARTAXEIRO - CANEÇAS
57	5475	IGOR TCHMAGUINE	M	44	00:40:55.03	00:40:52.16	
58	4015	JOSÉ MATEUS	M	37	00:40:57.80	00:40:56.51	FURÕES DO ALENTEJO
59	4052	KATARINA LARSSON	F	31	00:40:59.07	00:40:57.29	SPORTING TRIATLO
60	4034	JAVIER SAEZ BARRAGAN	M	25	00:41:02.09	00:41:00.19	CDB PÁRIS
61	4014	LUCILIA SOARES	F	54	00:41:03.59	00:41:02.38	AMINHACORRIDA&#47MYPROTEIN
62	4050	LUIS PAULO	M	50	00:41:19.42	00:41:17.18	BAHIA
63	5200	ALEXANDRE BORRALHO	M	20	00:41:37.49	00:41:30.51	
64	4054	BRUNO AMARO	M	37	00:42:02.01	00:41:59.78	
65	4889	NELSON PRATES	M	37	00:42:03.09	00:41:58.41	MARINHA

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## SEASIDE

## 10 Km

66	4101	MIGUEL SOUSA	M	44	00:42:07.25	00:42:03.76	CLUBE NOVO BANCO
67	5227	PATRICIA RIVOTTI	F	39	00:42:08.35	00:42:02.29	MARINHA
68	4063	DAVID ROSA	M	40	00:42:13.22	00:42:10.79	A NATUREZA ENSINA
69	4144	NUNO RIJO	M	41	00:42:14.13	00:42:12.01	TRIATLO-CNCVG
70	4899	ANA L SILVA	F	33	00:42:15.35	00:42:09.55	MARINHA
71	4053	JOAO CANHAO	M	49	00:42:16.13	00:42:16.13	SCP TRIATLO
72	5185	ALBAN DELAUNAY	M	25	00:42:17.36	00:42:07.95	
73	4183	RODRIGO GODINHO	M	18	00:42:20.61	00:42:16.72	RESTAURANTE &#340 CARTAXEIRO&#34 CANEÇAS
74	4134	RICARDO CASTANHO	M	41	00:42:22.50	00:42:20.60	A NATUREZA ENSINA
75	4175	FRANCISCO JOSÉ DOS SANTOS VICENTE DA SILVA	M	43	00:42:24.81	00:42:20.47	JA T&#39;APANHO
76	4020	PEDRO MIGUEL RAMOS COSTA LIMA	M	50	00:42:29.05	00:42:27.34	
77	4129	VITOR BATISTA	M	47	00:42:39.22	00:42:36.05	
78	5328	PAULO RODRIGUES	M	47	00:42:43.21	00:42:36.86	MARINHA
79	5521	DEONILDE COSTA	F	42	00:42:46.73	00:42:46.73	ATLÉTICO CLUBE DE VERMOIL
80	4143	PEDRO JORGE DE OLIVEIRA AZENHA	M	41	00:42:48.07	00:42:42.72	CNCVG - TRIATLO
81	5195	IVO REBOCHO	M	32	00:42:52.37	00:42:46.00	FURÕES DO ALENTEJO
82	4221	DAVID GORGULHO	M	34	00:43:05.09	00:43:00.60	
83	4156	JAIME PINTO	M	56	00:43:15.70	00:43:11.71	
84	4266	PEDRO MANUEL DA SILVA ANTUNES	M	38	00:43:23.86	00:43:22.16	CLUBE ASSOCIATIVO DE SANTA MARTA DO PINHAL
85	4189	NUNO OLIVEIRA	M	37	00:43:33.59	00:43:31.42	A NATUREZA ENSINA
86	4023	MA. CLAIRE ADORNA	F	23	00:43:33.88	00:43:32.78	RIO MAIOR TRIATLO CLUBE
87	5340	FREDERICO BILAO	M	35	00:43:35.04	00:43:31.10	MARINHA
88	4306	NÉLIO PICÃO	M	37	00:43:41.20	00:43:39.27	CLUBE DESPORTIVO CEPESA
89	1225	GONCALO SERAFIM	M	40	00:43:46.81	00:43:36.18	
90	4159	RITA GOMES	F	24	00:43:49.60	00:43:40.33	KALENJI BY DECATHLON
91	4239	MANUEL ARAUJO	M	55	00:43:57.33	00:43:53.87	
92	4113	ANDRE MENDONÇA	M	33	00:44:00.17	00:43:55.96	BELEM RUNNERS
93	4247	ANTÓNIO PEDRO DIAS CARDOSO FONSECA MIRANDA	M	26	00:44:02.43	00:43:58.59	
94	4199	RUI CRUZ	M	48	00:44:04.33	00:43:58.39	LEYATLETAS
95	5517	JOAO DIOGO MAIA	M	35	00:44:10.43	00:44:06.15	
96	4992	SANDRA BARROS	F	45	00:44:16.04	00:44:13.69	CF OS BELENENESES
97	4821	ANTONIO J BRAGA	M	57	00:44:25.54	00:44:21.29	MILLENNIUM BCP
98	4249	VIRIATO RIBEIRO PATACO	M	46	00:44:25.68	00:44:22.68	

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## SEASIDE

## 10 Km

99	4166	STEPHANE ALMEIDA	M	35	00:44:39.46	00:44:32.78	
100	4263	PAULO TORRES	M	40	00:44:49.50	00:44:40.11	
101	4233	NUNO INÁCIO	M	41	00:44:49.93	00:44:41.39	
102	4260	RUI ROSA	M	59	00:44:50.70	00:44:37.57	PUMAS DO GUINCHO
103	4254	HAILE WELLA	M	33	00:44:52.74	00:44:47.50	
104	4235	SERGIO SANTOS	M	44	00:44:53.82	00:44:46.06	
105	4142	EVELINO MAGALHÃES	M	42	00:44:54.52	00:44:48.46	NORAUTO PORTUGAL
106	5216	NUNO BRITO	M	42	00:44:56.43	00:44:47.99	MARINHA
107	4161	MARIANA MOREIRA	F	24	00:44:59.84	00:44:51.06	KALENJI BY DECATHLON
108	4019	MARTA RODRIGUEZ SERRANO	F	45	00:45:01.93	00:45:00.24	CDB PÁRIS
109	4100	FILIPE CORREIA	M	39	00:45:06.29	00:44:59.89	SS CGD
110	5030	NUNO M NAIA	M	42	00:45:08.33	00:45:02.74	MILLENNIUMBCP
111	4788	ARTUR PARREIRA	M	55	00:45:09.25	00:45:01.62	UCI
112	5127	JOAO R MARINHO	M	45	00:45:12.58	00:44:52.59	BELEM RUNNERS
113	5159	CARLOS OLEASTRO	M	53	00:45:16.25	00:44:54.66	C BENFICA ALG MEM MARTINS
114	4298	CELSO PONTES	M	37	00:45:17.08	00:45:10.53	CLUBE DESPORTIVO CEPESA
115	4163	INÉS VIEIRA SANTOS	F	27	00:45:17.45	00:45:11.21	FURÕES DO ALENTEJO
116	5491	OLIVER KITTNER	M	34	00:45:21.52	00:45:11.62	ALEMANHA
117	4691	PEDRO PALHA	M	35	00:45:23.89	00:45:11.17	
118	4047	FILIPE POMBO	M	30	00:45:24.78	00:45:21.75	CLUBE DE ATLETISMO DO FUNCHAL
119	4758	SERGIO COSTA	M	33	00:45:25.50	00:45:09.79	UCI
120	5448	PAULO SANTOS	M	49	00:45:25.58	00:45:22.28	LOURDETE PERFUMARIAS
121	4796	ANDRE CALDAS	M	36	00:45:25.97	00:45:10.17	UCI
122	4669	HÉLIO GUERRA	M	30	00:45:26.44	00:45:14.82	
123	4749	JOSE GERARDO	M	54	00:45:28.01	00:45:05.23	UCI
124	4148	LUÍS PINTO	M	43	00:45:43.19	00:45:37.85	RUN CREW TRAIL MONTIJO&#47JUNTOSSOMOSMUITAFORTES
125	5098	PEDRO MARTINS	M	48	00:45:44.56	00:45:30.36	JOANA VENTURA
126	4202	BAVIECHE SAMGI	M	25	00:45:44.66	00:45:38.58	OXY CAPITAL
127	4139	JOÃO CAFÉ MARQUES	M	29	00:45:48.72	00:45:43.47	LINK
128	4236	PEDRO MANUEL NUNES CAETANO	M	49	00:45:48.76	00:45:44.79	
129	4244	PEDRO FONSECA	M	26	00:45:49.53	00:45:42.80	
130	5438	JORGE RAMALHO	F	52	00:45:49.71	00:45:34.97	
131	4296	MANUEL MACAU	M	56	00:45:51.14	00:45:48.71	CLUBE DESPORTIVO CEPESA

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## SEASIDE

## 10 Km

132	5092	CONCEIÇÃO PEREIRA	F	54	00:45:54.49	00:45:52.55	JOANA VENTURA
133	5247	ABEL GONCALVES	M	38	00:45:55.36	00:45:48.64	MARINHA
134	4224	ALBERTO ARAUJO	M	43	00:45:55.80	00:45:52.46	RB RUNNING
135	4105	VALTER OLIVEIRA	M	39	00:45:57.24	00:45:49.57	GDCTINCM
136	4173	FILIPE MACEDO	M	26	00:45:59.66	00:45:52.36	ZIMBRA FOX RUNNERS
137	4657	NUNO GUIMARAES	M	35	00:46:00.84	00:45:53.88	
138	4230	RICARDO PEREIRA	M	40	00:46:01.00	00:45:45.76	CLUBE OGMA
139	5164	JOSE CANHOTO	M	66	00:46:01.36	00:45:55.91	C BENFICA ALG M MARTINS
140	4229	JOAO CRISTINO	M	63	00:46:01.88	00:45:54.57	
141	4157	ALEXANDRE FERREIRA	M	40	00:46:03.11	00:45:54.91	
142	4231	LUIS FILIPE DA SILVA ANTUNES	M	34	00:46:06.34	00:46:03.70	CLUBE ASSOCIATIVO DE SANTA MARTA DO PINHAL
143	4203	ANDRÉ MARTINS	M	24	00:46:10.39	00:46:04.86	OXY CAPITAL
144	4257	DANIEL SILVA	M	56	00:46:12.31	00:46:07.98	CA ODIMARQ
145	4115	HELDER ALEXANDRE RODRIGUES COTRIM	M	36	00:46:14.25	00:46:09.35	
146	4953	NUNO CONSTANCIO	M	38	00:46:15.26	00:46:10.60	CLUBE VODAFONE
147	4104	VIRGÍLIO MADEIRA	M	57	00:46:17.97	00:46:11.88	AÇOREANA
148	5437	LISA WARNER	F	40	00:46:21.92	00:46:15.70	
149	4185	ELMAR DERKITSCH	M	59	00:46:22.58	00:46:17.34	MARRIOTT LISBOA
150	4128	ANA PEREIRA	F	47	00:46:24.83	00:46:18.82	A NATUREZA ENSINA
151	5511	ANTONIO NOGUEIRA	M	44	00:46:29.66	00:46:22.49	FARMACIA DOS LUSIADAS - LISBOA
152	5077	ANA VIEIRA	F	41	00:46:41.49	00:46:39.10	MAGICATITUDE
153	4131	PAULO FOLGADO	M	48	00:46:42.99	00:46:36.36	A NATUREZA ENSINA
154	5150	SERGIO G MACHADO	M	39	00:46:44.68	00:46:24.82	MARINHA
155	5171	VITOR SANTOS	M	48	00:46:49.36	00:46:22.00	C BENFICA ALG M MARTINS
156	4192	ANA FERNANDES	F	33	00:46:50.65	00:46:45.48	A NATUREZA ENSINA
157	4154	MÁRIO FIGUEIREDO	M	45	00:46:51.16	00:46:47.54	COFINA
158	5398	GONÇALO ALMEIDA	M	37	00:46:55.31	00:46:26.42	
159	5426	ANDRE CARDOSO AFONSO	M	34	00:46:56.80	00:46:48.71	OUTRUNNERS
160	4103	PAULO FERNANDES	M	48	00:47:00.36	00:46:56.64	AÇOREANA
161	5518	PAULO COSTA	M	35	00:47:02.41	00:46:54.77	
162	4617	TELMO NOGUEIRA	M	32	00:47:03.87	00:44:08.85	
163	4245	MARTIM CORREIA	M	18	00:47:05.66	00:46:48.49	
164	4325	NUNO PEREIRA	M	40	00:47:09.59	00:45:44.24	CLUBE ACCENTURE

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## SEASIDE

## 10 Km

165	4240	FRANCISCO PASSOS	M	55	00:47:09.61	00:47:03.71	
166	4252	ABILIO OLIVEIRA	M	51	00:47:12.88	00:47:08.74	
167	4149	LUIS CALHA	M	48	00:47:13.34	00:47:10.62	
168	5331	DARLISSON DE ALEXANDRIA SANTOS	M	27	00:47:17.20	00:46:44.32	
169	4182	ANTÓNIO BUGALHO	M	48	00:47:18.94	00:47:16.26	
170	4133	ISABEL SANTOS	F	47	00:47:20.16	00:47:17.12	FF PAZ MUNDIAL
171	4218	EDUARDO J TACANHO	M	42	00:47:21.02	00:47:13.63	
172	4699	FRANCISCO CUNHA	M	45	00:47:22.36	00:47:10.57	ENCONTRAMO-NOS NA META
173	4542	MARIA ANTUNES	F	47	00:47:23.47	00:47:11.09	
174	4583	JOSE BELO	M	45	00:47:24.18	00:47:18.44	GERUNNERS PORTUGAL
175	5353	LILIANA BALTAZAR	F	30	00:47:24.28	00:47:06.19	KALENJI BY DECATHLON
176	4951	AMADEU MARCELINO	M	55	00:47:24.99	00:46:48.40	MARINHA
177	4181	DUARTE VIRGÍLIO	M	37	00:47:25.18	00:47:15.91	KALENJI BY DECATHLON
178	5042	PAULA SILVA	F	46	00:47:27.17	00:47:27.17	CLUBE NOVO BANCO
179	5251	JOSE ARAUJO	M	53	00:47:27.85	00:47:11.61	MARINHA
180	5502	DANIELA HELENO	F	36	00:47:28.02	00:47:13.49	
181	5126	LENIA SILVA	F	42	00:47:28.94	00:47:25.55	BELEM RUNNERS
182	4262	PAULO BENIDO	M	58	00:47:29.35	00:47:25.74	
183	5449	HÉLIO CARREIRA	M	31	00:47:38.70	00:47:28.61	
184	4256	JOÃO PEDRO VIEGAS	M	51	00:47:43.70	00:47:40.21	
185	4264	NANDO TORRES	M	53	00:47:47.46	00:47:39.93	
186	4035	JORGE VILELA	M	50	00:47:51.28	00:47:50.84	CENTRO DE TREINO MUNICIPAL VILA POUCA DE AGUIAR
187	4879	NUNO RODRIGUES	M	45	00:47:56.98	00:47:52.19	
188	4225	ISABEL HEVIA	F	34	00:47:58.88	00:47:51.65	
189	4242	NUNO SANTOS	M	42	00:47:59.86	00:47:57.07	
190	4150	JOSÉ CARLOS FREITAS	M	47	00:48:00.14	00:47:55.06	COFINA
191	4118	ANA RAMOS	F	40	00:48:01.89	00:47:59.06	GYM2010
192	4180	RUI FERNANDES	M	32	00:48:07.74	00:47:49.09	KALENJI BY DECATHLON
193	4568	PEDRO BRAVO	M	37	00:48:11.37	00:47:34.81	
194	4201	DAVID PINHEIRO	M	24	00:48:16.01	00:48:10.47	OXY CAPITAL
195	5317	RUI PAVIA	M	31	00:48:17.35	00:47:41.58	RUSH TEAM
196	4268	NUNO JESUS	M	36	00:48:18.35	00:48:13.83	
197	4176	PEDRO COELHO	M	40	00:48:20.58	00:48:16.62	

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

198	5157	AGOSTINHO CRISTINO	M	68	00:48:22.93	00:48:15.10	C BENFICA ALG MEM MARTINS
199	4122	MARCO ANTÓNIO BARRADAS DIAS	M	23	00:48:24.97	00:48:06.48	
200	4194	MÁRCIO NETO	M	37	00:48:30.33	00:48:30.33	TEAM NETO
201	4777	VICENTE ROCHA	M	43	00:48:33.78	00:48:17.79	UCI
202	5015	JOÃO SOUSA	M	50	00:48:34.37	00:48:11.22	CARNE MATURADA
203	4315	RUI BRÁS	M	39	00:48:38.23	00:48:31.27	GDCTINCM
204	4130	PEDRO DEQUEIRA	M	37	00:48:39.02	00:48:30.96	NUCLEO DESPORTIVO AUTOCOOPE
205	5297	ANA FILIPA REBELO	F	23	00:48:41.18	00:48:34.79	FALCOES SELVAGENS
206	4253	JOAQUIM PALMEIRO	M	45	00:48:44.95	00:48:24.02	
207	4620	SALVATORE PALMA	M	37	00:48:46.29	00:48:19.88	
208	4158	MAXIMIANO SANTOS	M	52	00:48:46.88	00:48:44.24	
209	4745	SILVIA RADU	F	38	00:48:48.37	00:48:20.49	UCI
210	4782	VEACESLAV IGNAT	M	38	00:48:48.85	00:48:21.00	UCI
211	5125	PEDRO PEREIRA	M	41	00:48:51.53	00:48:47.95	BELEM RUNNERS
212	4112	SANDRA CARVALHO	F	45	00:48:51.61	00:48:47.89	BELEM RUNNERS
213	4125	CARLOS M FRANCISCO	M	25	00:48:53.20	00:48:48.14	
214	5103	MORENO BRANCO	M	18	00:48:59.38	00:48:44.67	JOANA VENTURA
215	4138	PEDRO CURTO	M	26	00:49:08.68	00:49:04.08	LINK
216	5444	TIAGO DIAS FERREIRA GOMES	M	34	00:49:10.23	00:48:21.03	CLUBE ATLÉTICO DO HIP HOP
217	5474	PEDRO MIGUEL XAVIER FERNANDES	M	41	00:49:11.30	00:49:08.73	FALCOES SELVAGENS
218	4320	JOSE MORAIS	M	26	00:49:11.98	00:48:35.26	CLUBE ACCENTURE
219	4875	OLIVIA SITA	F	35	00:49:12.52	00:47:29.52	MARINHA
220	4193	CARLA VIEGAS	F	38	00:49:12.71	00:49:05.66	
221	4773	FRANCISCO SILVA	M	34	00:49:13.96	00:48:58.96	UCI
222	4544	MANUEL SAMORRINHA	M	18	00:49:16.32	00:49:08.64	
223	4316	RICARDO ALVES	M	40	00:49:17.09	00:49:10.14	GDCTINCM
224	4802	BRUNO RAINHO	M	33	00:49:17.69	00:49:09.83	SS CGD
225	4434	FLAVIO TOSCANO	M	35	00:49:20.01	00:49:08.83	
226	5265	LARS SCHKADE	M	23	00:49:21.64	00:48:38.34	THE JELLY KARAOKE GANG
227	4160	INÉS LEMOS	F	25	00:49:24.19	00:49:15.02	KALENJI BY DECATHLON
228	4403	FILIPPE SÁ	M	39	00:49:30.37	00:49:23.51	
229	5498	LUIS SILVA	M	36	00:49:33.52	00:49:03.63	
230	4267	LIBERTO SANTOS	M	49	00:49:34.37	00:49:28.74	

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

231	5462	ANDRÉ CARDOSO	M	36	00:49:35.07	00:49:27.19	
232	5078	FRANCISCO VIEIRA	M	48	00:49:35.46	00:49:27.61	MAGICATITUDE
233	4772	CARLOS CALMAO	M	34	00:49:36.26	00:49:05.23	UCI
234	4258	RUI LUIS	M	39	00:49:37.71	00:49:29.12	
235	4137	FERNANDO OLIVEIRA	M	49	00:49:38.65	00:49:33.80	
236	4284	JOAQUIM MONTEIRO	M	49	00:49:39.28	00:49:29.78	CLUBE NOVO BANCO
237	4119	MANUEL OLIVEIRA PEREIRA	M	59	00:49:41.00	00:49:37.36	GYM2010
238	4594	PEDRO CERDEIRA	M	46	00:49:43.01	00:49:33.62	GFD RUNNING
239	4566	PAULO SOUSA	M	43	00:49:44.31	00:49:27.15	
240	4615	JORGE AMARAL	M	36	00:49:44.44	00:49:41.90	AMINHACORRIDA&#47MYPROTEIN
241	4295	NUNO QUINTINO	M	39	00:49:49.19	00:49:34.18	CLUBE DESPORTIVO CEPESA
242	4994	JOAO MARREIROS	M	46	00:49:50.18	00:49:30.75	MARINHA
243	5259	SALVADOR GARCIA VICENTE	M	21	00:49:51.99	00:49:13.25	
244	4039	FABRICE POLTEAU	M	43	00:49:53.52	00:49:53.52	KALENJI BY DECATHLON
245	5132	BELMIRO SILVA	M	53	00:49:54.08	00:49:47.81	MARINHA
246	4027	MIGUEL PEREIRA	M	39	00:49:55.63	00:49:50.74	IMASAMS
247	5094	RUI LUIS	M	59	00:49:57.50	00:49:37.56	JOANA VENTURA
248	4521	ABEL REBELO	M	57	00:49:58.15	00:49:47.55	
249	5293	JOSÉ NETO	M	59	00:50:00.59	00:49:56.74	TEAM NETO
250	5296	CARLOS SAMPAIO	M	42	00:50:01.56	00:49:56.35	
251	5508	DIEGO CORTINA	M	28	00:50:03.74	00:49:42.63	
252	4698	RAÚL MASSANO	M	37	00:50:06.25	00:49:54.33	ENCONTRAMO-NOS NA META
253	5377	Mª ORLETE MENDES	F	65	00:50:08.24	00:50:06.23	CA GALINHEIRAS
254	4294	PAULO RAVASQUEIRA	M	40	00:50:11.68	00:49:59.70	CLUBE DESPORTIVO CEPESA
255	5032	ANTONIO SOUSA	M	70	00:50:13.76	00:49:39.78	MILLENNIUMBCP
256	4536	PAUL MOTA	M	33	00:50:15.51	00:50:00.23	
257	4365	AMERICO RAMOS	M	57	00:50:15.96	00:50:05.47	
258	5446	RICARDO CONCEIÇÃO	M	49	00:50:18.42	00:50:15.90	LOURDETE PERFUMARIAS
259	4537	NUNO BUSTORFF	M	24	00:50:20.81	00:50:05.29	
260	4404	JOSE RIBEIRO	M	44	00:50:23.50	00:50:05.50	
261	4168	NUNO MORUJO	M	42	00:50:25.18	00:50:07.62	
262	4043	JOSÉ ADRIÃO	M	44	00:50:25.71	00:50:22.16	IMASAMS
263	4151	ANDREIA VALE	F	38	00:50:32.18	00:50:23.43	COFINA



# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

264	4280	SILVIO PAIVA	M	65	00:50:40.93	00:50:16.83	CLUBE NOVO BANCO
265	4413	BRUNO MIGUEL REIS BATISTA	M	45	00:50:41.91	00:50:26.03	
266	4972	ANTONIO NETO	M	50	00:50:43.54	00:50:23.26	MARINHA
267	5355	SUSANA RAMALHO	F	44	00:50:47.08	00:50:41.45	IMASAMS
268	5024	LUIS M GONCALVES	M	39	00:50:53.51	00:50:16.83	MILLENNIUMBPC
269	4282	NUNO FERREIRA	M	33	00:50:54.69	00:50:28.91	CLUBE NOVO BANCO
270	5500	VITOR MOREIRA	M	63	00:50:58.57	00:50:41.57	CLUBE EDP - LISBOA
271	4169	JOANA FILIPA PEREIRA RIBEIRO	F	22	00:50:59.94	00:50:48.68	
272	4200	LUÍS QUARESMA	M	45	00:51:03.16	00:50:58.09	OXY CAPITAL
273	5507	JUAN FRANCISCO BOTTA	M	29	00:51:07.29	00:50:45.55	
274	5231	PAULO PALMA	M	48	00:51:08.64	00:50:54.47	KEEP RUNNING
275	4506	SERGIO BORGES	M	44	00:51:09.38	00:51:01.90	NUCLEO DESPORTIVO AUTOCOOPE
276	5138	JORGE SALVADO	M	53	00:51:11.90	00:50:35.89	CLUBE MILLENNIUMBPC
277	4297	FERNANDO ADREGA	M	43	00:51:17.01	00:51:02.61	CLUBE DESPORTIVO CEPASA
278	4444	NUNO FILIPE PEREIRA	M	40	00:51:17.14	00:51:09.53	
279	5409	JOSE PEREIRA	M	31	00:51:18.32	00:50:42.06	MARINHA
280	4688	JOSE V. RODRIGUES	M	50	00:51:20.03	00:51:05.74	
281	5522	RODOLFO G NUNES	M	42	00:51:20.57	00:50:47.14	
282	5417	JOAO AFONSO	M	35	00:51:21.31	00:51:09.81	
283	4198	MÓNICA CARRUFA	F	32	00:51:22.32	00:51:07.74	
284	4408	PEDRO DUARTE	M	42	00:51:22.91	00:51:12.67	CARACOIS DO ASFALTO
285	4372	ISA ESPIRITO SANTO	F	32	00:51:23.94	00:51:16.52	CCD-AT
286	4519	SANDRA COVAL	F	37	00:51:25.82	00:51:05.74	
287	4384	ARLINDO ROLO	M	48	00:51:26.39	00:50:59.36	CATA - CLUBE ATLETISMO AMORA
288	5262	JAN CHVOJKA	M	24	00:51:27.05	00:50:44.32	THE JELLY KARAOKE GANG
289	4588	MANUEL MATOS	M	24	00:51:30.92	00:51:20.86	
290	4612	MÁRIO SILVA COSTA	M	36	00:51:31.15	00:51:14.37	CUATRECASAS
291	4517	BRUNO HENRIQUES	M	41	00:51:31.22	00:51:09.75	
292	4155	NUNO JERÓNIMO	M	49	00:51:31.67	00:51:20.19	COFINA
293	4611	FERNANDO LANÇA MARTINS	M	32	00:51:32.70	00:51:15.77	
294	4204	VITOR TEIXEIRA	M	48	00:51:33.06	00:51:30.06	
295	4337	NUNO PINHEIRO	M	29	00:51:33.52	00:51:24.67	
296	5436	LUIS CRUZ	M	45	00:51:39.26	00:51:37.45	VITORIA FC

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

297	4140	PAULO JORGE CARVALHO MIGUEL	M	48	00:51:39.94	00:51:33.57	PRIMESTAR SERVICING
298	4538	PEDRO QUITÉRIO	M	33	00:51:40.13	00:51:32.72	
299	4383	MANUEL DIAS	M	49	00:51:40.22	00:51:13.37	CATA - CLUBE ATLETISMO AMORA
300	4228	FERNANDO CORVELO	M	48	00:51:41.10	00:51:33.63	
301	4496	JOSÉ NEVES	M	37	00:51:42.81	00:51:33.41	KALENJI BY DECATHLON
302	5041	HUGO PIMENTEL	M	41	00:51:44.80	00:51:15.06	CLUBE NOVO BANCO
303	4343	MANUEL NAVARRO	M	37	00:51:47.05	00:51:35.38	
304	4575	RUI S TEIXEIRA	M	46	00:51:49.74	00:51:31.17	MARINHA
305	4463	PAULO LACERDA	M	46	00:51:51.19	00:51:23.80	
306	4554	CUSTÓDIO QUIBINA	M	31	00:51:52.37	00:51:36.20	SPORTING CLUBE DE CASAINHOS
307	5205	NUNO PETERS	M	36	00:51:52.79	00:51:28.36	CARNE MATURADA
308	5204	GONÇALO SANTOS	M	40	00:51:54.74	00:51:30.95	CARNE MATURADA
309	4465	ÁLVARO GOMES	M	43	00:51:58.88	00:51:31.12	
310	5258	GUILLERMO MAUDES	M	29	00:52:01.92	00:51:22.34	ESPANHA
311	4167	LUIS MOURA	M	42	00:52:04.78	00:51:47.58	
312	4283	MANUEL MANTEIGAS	M	32	00:52:06.48	00:51:42.89	CLUBE NOVO BANCO
313	4563	MIGUEL CIPRIANO	M	63	00:52:09.81	00:52:00.76	
314	4165	MARTA VIEIRA DA SILVA	F	48	00:52:15.37	00:51:36.26	
315	4512	PEDRO MOURA	M	36	00:52:16.55	00:51:54.72	MOURAS FAMILY
316	4712	TATIANA LOURO	F	34	00:52:18.54	00:52:09.67	GFD RUNNING
317	4641	NUNO ALMEIDA	M	41	00:52:18.63	00:51:47.52	SPORTINGS DE ALMEIDA
318	4286	JOAO BATISTA	M	41	00:52:19.47	00:51:55.24	CLUBE NOVO BANCO
319	4638	ARLETE MARIA REGO	F	36	00:52:21.79	00:52:05.93	
320	5100	NELSON CASIMIRO	M	40	00:52:23.66	00:52:23.66	JOANA VENTURA
321	5529	FREDERICO ANTUNES	M	35	00:52:24.88	00:52:20.50	CLÍNICA DO TEMPO
322	4285	ANA M MONTEIRO	F	50	00:52:25.54	00:52:16.95	CLUBE NOVO BANCO
323	4705	JOAO PEDRO PEREIRA	M	40	00:52:26.16	00:52:13.78	
324	4398	ANTONIO SOARES	M	50	00:52:30.97	00:52:17.45	TEAM SOARES
325	5180	GERARD DAVAU	M	67	00:52:39.49	00:52:27.07	FRANCA
326	4984	SILVIA TEIXEIRA DUARTE	F	50	00:52:44.58	00:52:30.44	CLUBE DO STRESS
327	4361	FILIPPE VICENTE	M	44	00:52:45.47	00:51:59.52	GCD HOVIONE
328	4481	DIOGO VIEGAS	M	34	00:52:46.92	00:52:13.50	FITÁZEOS
329	5392	JOSÉ TELES	M	40	00:52:49.32	00:52:19.45	CLUBE DESPORTIVO E CULTURAL DO CASAL DO MARCO

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

330	4573	JOÃO PALMA	M	18	00:52:50.21	00:52:33.61	KEEP RUNNING
331	4206	PEDRO DIAS	M	42	00:52:50.43	00:52:34.09	KEEP RUNNING
332	5211	ANTONIO RAPOSO	M	55	00:52:50.71	00:52:25.64	MARINHA
333	5209	ARTUR GONCALVES	M	55	00:52:50.89	00:52:25.96	MARINHA
334	5486	BRUNO MIGUEL FERREIRA TEIXEIRA DA SILVA	M	40	00:52:52.11	00:52:03.66	PÉ DE ATLETA
335	4492	FERNANDO TRINO	M	55	00:52:52.46	00:52:24.82	
336	4437	RICARDO TRIGUEIRO	M	34	00:52:53.61	00:52:24.41	
337	4222	CARLOS CARVALHO	M	46	00:52:54.09	00:52:44.92	RB RUNNING
338	5435	KENNETH WHELAN	M	60	00:52:56.56	00:52:15.25	IRLANDA
339	4549	LUÍS O. GASPAR	M	46	00:52:57.08	00:51:59.93	
340	4805	JOAO FONTES	M	38	00:52:58.83	00:52:25.33	SS CGD
341	5166	LUISA FERREIRA	F	47	00:53:03.89	00:52:46.18	C BENFICA ALG M MARTINS
342	4146	CARLOS MARQUES	M	54	00:53:06.26	00:52:43.82	CLUBE BRISA
343	4412	HERMÍNIO CABACEIRA	M	55	00:53:13.34	00:53:03.46	CABACEIRA SPORTS & RUN
344	4312	PEDRO SIMÕES	M	47	00:53:14.70	00:52:41.53	CLUBE ANA LISBOA
345	4483	CARLOS MARTINS	M	34	00:53:15.18	00:52:40.97	FITÁZEOS
346	5026	JOEL ESTEVES	M	37	00:53:15.83	00:52:48.68	MILLENNIUMBGP
347	4515	JOÃO PINTO	M	53	00:53:17.49	00:53:07.82	
348	4639	SÍLVIA ABRANCHES	F	45	00:53:18.68	00:52:07.68	MILES OF SMILES
349	4409	OLIVIA LUCAS	F	51	00:53:19.13	00:52:58.81	BRACKAWAY
350	4550	NUNO SILVA	M	39	00:53:20.74	00:53:02.09	
351	4694	JOSÉ BORGES	M	53	00:53:21.67	00:52:45.57	
352	4790	FERNANDO RODRIGUES	M	44	00:53:24.52	00:52:36.58	UCI
353	5072	RUI SARROEIRA	M	48	00:53:28.11	00:53:01.32	GD SANTANDERTOTTA
354	4676	RUI PEDRO TRIGUEIRO	M	39	00:53:30.33	00:52:48.99	ACADEMIA FITNESS MILITAR
355	4451	SERGIO PEREIRA	M	44	00:53:31.12	00:53:20.45	CLUBE VODAFONE
356	5053	MIGUEL COSTA	M	18	00:53:32.02	00:53:05.05	GD SANTANDERTOTTA
357	4307	FILIFE PAIXÃO	M	43	00:53:35.77	00:53:06.63	CLUBE DESPORTIVO CEPESA
358	4567	LUIS RESSURREIÇÃO	M	43	00:53:36.03	00:53:12.90	CARNE MATURADA
359	4556	FÁTIMA MACHADO	F	54	00:53:37.52	00:53:26.38	
360	5192	EMMA PHELAN	F	27	00:53:37.54	00:52:57.22	
361	5352	RICARDO FERREIRA	M	34	00:53:37.83	00:53:07.92	MARINHA
362	5372	HENRIQUE ESTEVES	M	34	00:53:38.62	00:53:09.32	MARINHA

# MEIA-MARATONA DOS DESCOBRIMENTOS

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## SEASIDE

## 10 Km

363	5333	PAULO GONÇALVES	M	43	00:53:41.98	00:52:59.37	CML
364	4829	LUIS HENRIQUES	M	42	00:53:43.41	00:53:24.24	MARINHA
365	5334	PEDRO LIMA	M	38	00:53:44.12	00:53:00.53	CML
366	5332	JOAO ROSA	M	38	00:53:45.00	00:53:02.85	CML
367	4682	PAULO MACHADO	M	33	00:53:46.27	00:53:46.27	
368	4599	NED DWYER	M	50	00:53:49.26	00:53:13.50	
369	4032	RICARDO DOMINGUES	M	29	00:53:49.42	00:53:27.28	
370	5341	ÁLVARO JOSÉ PINTO PALHARES	M	23	00:53:50.07	00:53:38.97	
371	4026	PEDRO OLIVEIRA	M	43	00:53:51.78	00:53:47.56	IMASAMS
372	4497	FREDERICO MIGUEL DA SILVA MOUTA RAPOSO	M	30	00:53:53.29	00:53:16.75	
373	4696	PAULO JOAQUIM DE SOUSA FERNANDES	M	49	00:53:54.40	00:53:46.58	
374	4778	JOSE NUNES	M	49	00:54:01.43	00:53:27.90	UCI
375	5167	MARCOS LEONARDO	M	64	00:54:03.51	00:53:49.97	C BENFICA ALG MEM MARTINS
376	4844	AFONSO PINO	M	40	00:54:04.94	00:53:46.10	MARINHA
377	4903	ANTONIO CERDEIRA	M	60	00:54:05.86	00:53:39.55	MARINHA
378	4207	SILVIA OLIVEIRA ROLO	F	35	00:54:09.16	00:54:03.77	RÉATHLÉTİK MONACO
379	5415	MANFRED REICHEL	M	54	00:54:10.27	00:53:49.25	ALEMANHA
380	4432	GEORG SCHNEID-PAWKOWICZ	M	57	00:54:10.51	00:53:49.68	
381	4344	JOÃO RIBEIRO	M	25	00:54:11.18	00:53:56.82	
382	5174	CESAR FUNDO	M	34	00:54:12.00	00:53:58.00	EDP RUNNERS
383	4135	JOÃO CARVALHO	M	32	00:54:12.56	00:54:07.75	
384	4348	JOAO PASSOS DE ALMEIDA	M	52	00:54:13.58	00:53:29.29	E-CLUB
385	4237	FERNANDO CARRILHO	M	59	00:54:24.09	00:54:19.33	
386	5295	MARTA LOPES	F	51	00:54:26.73	00:54:19.64	
387	5528	RUI SILVA	M	38	00:54:26.86	00:54:22.66	CLÍNICA DO TEMPO
388	5184	FREDERICO NETO	M	35	00:54:27.89	00:54:01.06	MARINHA
389	4553	MARTIM SANTOS	M	33	00:54:28.63	00:53:52.36	
390	4892	PEDRO C MENDES	M	30	00:54:32.95	00:54:32.95	MARINHA
391	4196	PAULO PEREIRA	M	51	00:54:34.22	00:54:19.10	
392	4197	RICARDO MOREIRA	M	50	00:54:34.99	00:54:20.05	
393	4486	ADRIANO CUNHA	M	62	00:54:35.85	00:53:40.24	GRCD LEIÃO
394	4470	PAULO JORGE CARDOSO GONÇALVES	M	43	00:54:37.87	00:54:10.51	ABUTRES RUNNING TEAM
395	4964	FRANCISCO ALVES	M	18	00:54:38.15	00:53:43.22	SPORT AMADORA E PUMAS

# MEIA-MARATONA DOS DESCOBRIMENTOS

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## SEASIDE

## 10 Km

396	4528	JOÃO OLIVEIRA	M	18	00:54:39.55	00:54:28.66	OLIVEIRAS3
397	4484	SERGIO CARROLA	M	39	00:54:40.87	00:54:22.87	
398	4330	DANIELA SOUTO	F	45	00:54:41.00	00:54:12.35	TRY@LEAST
399	4504	NUNO JERÓNIMO	M	38	00:54:41.14	00:54:10.46	
400	4457	JOÃO ELVAS	M	46	00:54:42.73	00:54:30.53	
401	4479	JOAO FONSECA	M	29	00:54:43.87	00:53:06.76	
402	4442	SÓNIA ROQUE	F	45	00:54:44.32	00:53:55.70	CARAP AUS DE CORRIDA
403	4894	ALEXANDRA GUERREIRO	F	42	00:54:45.19	00:54:36.84	
404	4495	CARLOS JESUS	M	45	00:54:45.68	00:54:18.14	
405	4373	RITA CAPUCHO	F	42	00:54:46.33	00:54:38.22	CCD-AT
406	5213	JOSE R MARQUES	M	49	00:54:46.48	00:54:19.64	MARINHA
407	4907	PHOEBE WRIGHT	F	24	00:54:52.88	00:54:37.56	
408	4473	PATRICIA SUSANA DA SILVA TERESA RIBEIRO	F	30	00:54:53.32	00:54:42.34	
409	4317	PAULO SOUSA	M	42	00:54:55.17	00:54:47.99	GDCTINCM
410	4381	JOÃO AUGUSTO SLVA	M	46	00:54:57.64	00:54:26.90	
411	4456	NUNO DE ALMEIDA COSTA	M	43	00:54:58.93	00:54:34.00	
412	4881	ALFREDO NOTARIO	M	47	00:55:03.56	00:54:37.49	MARINHA
413	4524	CARLOS SAMPAIO	M	54	00:55:08.18	00:54:58.22	
414	4577	JOSE FERREIRA	M	59	00:55:11.83	00:54:41.61	SANTIAGO FUTEBOL CLUBE
415	4587	SONIA DANTAS	F	37	00:55:19.82	00:54:45.77	
416	4598	JUDITE BAIXINHO	F	30	00:55:21.37	00:54:51.86	SANTIAGO FUTEBOL CLUBE
417	4872	NEVES SILVA	M	63	00:55:22.65	00:55:09.87	C FERROV PORTUGAL
418	4172	DIOGO LUCAS	M	21	00:55:23.11	00:55:05.54	OS COXOS E O MIGUEL
419	4836	FERNANDO MANUEL GOMES ROSA	M	56	00:55:23.29	00:54:38.35	V DATLETAS
420	4637	RUI FIGUEIREDO	M	41	00:55:23.42	00:55:06.75	E-CLUB
421	5410	PAULO MOTA	M	33	00:55:24.34	00:54:48.71	MARINHA
422	4751	PAULO SOARES	M	35	00:55:26.88	00:54:44.10	UCI
423	5067	SALVADOR AFONSO	M	62	00:55:26.89	00:54:52.47	GD SANTANDERTOTTA
424	653	NUNO FRAGOSO	M	40	00:55:28.62	00:54:47.58	
425	4605	RUI TIAGO CARREIRO	M	33	00:55:28.91	00:54:37.45	
426	4604	CRISTINA FELICIANO	F	44	00:55:29.63	00:54:38.88	
427	5082	FERNANDO CLAUDINO	M	64	00:55:30.49	00:55:22.83	MAGICATITUDE
428	1	ACACIO TEIXEIRA	M	58	00:55:30.49	00:55:23.04	

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

429	4770	JORGE CORREIA	M	35	00:55:31.52	00:55:10.30	UCI
430	4396	JOANA FELISBERTO	F	28	00:55:32.72	00:55:22.77	TREINOS, AVENTAIS E CONFUSÃO
431	5147	ARTUR JORGE CARVALHO	M	49	00:55:35.30	00:55:23.20	
432	4572	CARLOS FERREIRA	M	42	00:55:39.97	00:55:11.85	
433	4353	ELISABETE BACELAR LUIS PINTO	F	46	00:55:41.08	00:55:28.24	
434	4352	PATRÍCIA PINTO	F	41	00:55:41.26	00:55:28.58	GDA
435	4400	JOÃO PRELHAZ	M	39	00:55:47.27	00:55:07.76	
436	4580	JORGE HUMBERTO PEREIRA	M	53	00:55:47.57	00:55:25.66	
437	4558	PAULO CARVALHO	M	62	00:55:48.64	00:55:31.42	CLUBE EDP - LISBOA
438	4977	KEVIN BROOKS	M	45	00:55:48.79	00:55:29.89	
439	5080	HELENA PEREIRA	F	39	00:55:50.61	00:55:41.02	MAGICATITUDE
440	5085	NUNO AVÓ	M	49	00:55:55.13	00:55:36.53	AÇOREANA
441	4543	ALEXANDRE CARDANA	M	34	00:56:00.11	00:55:10.66	CLUBE ATLÉTICO DO HIP HOP
442	4475	JOÃO PAULO PIRES RODRIGUES	M	43	00:56:02.00	00:55:40.84	
443	5187	LEONEL NEVES	M	63	00:56:04.36	00:55:40.60	A VALE SILENCIO
444	5373	SANDRA BAPTISTA	F	40	00:56:04.57	00:55:41.29	A VALE SILENCIO
445	4973	JOÃO RIBEIRO	M	28	00:56:06.45	00:55:52.41	
446	4961	ANTÓNIA CONCEIÇÃO FERNANDES	F	58	00:56:07.79	00:56:07.79	
447	5512	PAULO SERRANO	M	47	00:56:09.04	00:55:24.99	
448	4385	FRANCISCO CONTEL-MARTINS	M	32	00:56:12.54	00:56:05.55	
449	5000	FILIPA ABREU	F	33	00:56:16.00	00:56:16.00	JBETTENCOURT
450	5440	JOAO AMORIM	M	36	00:56:16.58	00:55:33.44	MARINHA
451	4546	TIAGO FIGO	M	29	00:56:17.33	00:55:29.35	
452	5054	MÁRIO COSTA	M	40	00:56:22.16	00:55:41.19	GD SANTANDERTOTTA
453	4493	PEDRO VENTURA	M	37	00:56:30.54	00:56:11.57	KALENJI BY DECATHLON
454	4377	RODRIGO ANDRÉ LUCAS MONTEIRO	M	25	00:56:31.75	00:56:28.41	OS AMIGOS
455	4335	MARIA HELENA QUENTAL	F	46	00:56:34.84	00:56:15.38	RUNR&#39US
456	4585	ANTONIO FARIA	M	62	00:56:35.46	00:56:11.99	
457	4797	PEDRO MEDEIROS	M	40	00:56:36.30	00:56:05.04	SS CGD
458	4655	SERGI GARCIA	M	41	00:56:36.78	00:56:36.78	ESPANHA
459	5419	ALICE GRIMAUD	F	33	00:56:37.60	00:55:53.19	FRANCA
460	4461	PAULO JORGE DUARTE SILVQ	M	56	00:56:37.79	00:55:59.62	
461	4374	RUI E. HORTA	M	51	00:56:40.49	00:56:20.83	PRIMESTAR SERVICING

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

462	5301	JOÃO NUNO SEQUEIRA FERNANDES	M	36	00:56:41.26	00:55:54.04	PÉ DE ATLETA
463	4579	JOSE MANUEL MARQUES	M	43	00:56:41.40	00:55:57.64	MARQUES
464	4562	ANDRÉ DUARTE	M	26	00:56:41.46	00:56:10.83	WEVENTUAL
465	4750	NUNO SARAIVA	M	41	00:56:42.13	00:56:32.93	UCI
466	5302	RICARDO NEVES CORREIA DOS SANTOS	M	39	00:56:42.97	00:55:55.08	PÉ DE ATLETA
467	4454	FERNANDO SARAIVA	M	59	00:56:43.02	00:56:33.32	
468	5397	JULIA DUQUE	F	28	00:56:44.01	00:56:04.22	
469	5169	SARA REIS	F	22	00:56:44.52	00:56:20.77	C BENFICA ALG M MARTINS
470	4654	ANDRÉ FILIPE ALMEIDA SIMÕES	M	31	00:56:47.58	00:56:21.40	
471	4576	HUGO NEVES DA SILVA	M	37	00:56:49.81	00:56:22.53	
472	5360	MARIANA ROSA FERREIRA SOUSA	F	29	00:56:50.57	00:56:12.14	
473	5439	ANA MARGARIDA VIEIRA	F	38	00:56:50.84	00:56:07.78	
474	4578	CARLOS SILVA	M	41	00:56:51.00	00:56:23.89	
475	4459	CARLOS VIEGAS	M	58	00:56:51.27	00:56:36.63	GDCT UNICRE
476	4677	TIAGO CAMPOS	M	40	00:56:55.91	00:56:19.11	
477	5428	MARIA MARCELINO	F	24	00:56:59.32	00:56:20.14	
478	4435	NUNO ANTUNES	M	30	00:57:00.10	00:56:49.23	
479	4313	JOÃO MARTINS	M	29	00:57:01.26	00:56:48.25	CLUBE ANA LISBOA
480	5038	FERNANDO ALMEIDA	M	48	00:57:03.06	00:56:47.20	MILLENNIUMBCP
481	4462	MARIA JOÃO FERREIRA FRANCO SILVA	F	55	00:57:06.07	00:56:27.95	
482	5021	HOLLY TAYLOR	F	39	00:57:08.15	00:56:42.57	GRÃ BRETAGNA
483	4667	JAVIER ERNESTO CUELLAR	M	30	00:57:09.66	00:56:44.17	
484	5181	CARINA BORGES	F	33	00:57:11.42	00:56:31.04	ACADEMIA FITNESS MILITAR
485	4799	FERNANDO ALVES	M	55	00:57:12.22	00:57:03.70	SS CGD
486	5182	RICARDO DOMINGOS	M	35	00:57:13.57	00:56:32.23	100FITBOX
487	5354	MAFALDA RALHETA	F	32	00:57:14.03	00:56:42.83	
488	5477	VITOR PEREIRA	M	47	00:57:16.98	00:57:04.93	
489	5035	RODOLFO LIMA	M	49	00:57:20.72	00:57:04.23	MILLENNIUMBCP
490	4671	ANDRÉ RAMIRES FERREIRA DA SILVA	M	30	00:57:22.01	00:57:11.03	
491	4371	PAULO MARTINS	M	47	00:57:23.34	00:56:40.70	
492	4565	MANUEL ANTÓNIO LOPES SEQUEIRA	M	66	00:57:23.42	00:57:11.44	G.D.C.T. REPSOL POLÍMEROS
493	4800	ESMERALDO PEREIRA	M	70	00:57:23.79	00:57:02.41	SS CGD
494	4017	FAUSTO RODRIGUEZ COELHO	M	28	00:57:24.40	00:57:21.32	

# MEIA-MARATONA DOS DESCOBRIMENTOS

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## SEASIDE

## 10 Km

495	4619	VICTOR CALLENS	M	27	00:57:25.95	00:57:17.43	
496	4016	JULIANA COTROFE RODRIGUES	F	30	00:57:25.96	00:57:23.04	
497	4692	CÁTIA COUVEIRO	F	31	00:57:26.59	00:56:36.51	
498	4618	KELLY ANN HIRINA	F	38	00:57:26.80	00:57:18.28	
499	4362	NUNO ROSA	M	41	00:57:27.00	00:56:36.93	GCD HOVIONE
500	4431	HUGO FILIPE FIGUEIREDO	M	32	00:57:30.61	00:56:58.37	
501	5048	JOAO ANTUNES	M	29	00:57:32.98	00:57:14.04	CLUBE NOVO BANCO
502	4613	JOÃO AFONSO VALENTE FERREIRA DE SOUSA	M	37	00:57:34.96	00:57:22.49	
503	4965	FAUSTO REIS DE OLIVEIRA	M	34	00:57:35.97	00:56:57.49	
504	5271	FREDERICO FERREIRA	M	30	00:57:37.45	00:56:49.67	MARINHA
505	5153	DULCE MARQUES	M	52	00:57:38.60	00:57:17.09	DOLCE FURADOURO
506	4700	RUI RIBEIRO	M	43	00:57:39.56	00:57:26.21	ENCONTRAMO-NOS NA META
507	4684	NELSON SILVA	M	28	00:57:40.11	00:56:14.14	
508	4213	LAETICIA MENTA	F	37	00:57:42.25	00:57:36.40	RÉATHLÉTIK MONACO
509	4214	ORLANDINA MEIRA ROLO	F	36	00:57:42.59	00:57:35.71	RÉATHLÉTIK MONACO
510	4697	EDUARDO JOAO COSTA MATOS	M	32	00:57:44.33	00:57:33.08	
511	4397	HUGO MIGUEL COSTA	M	31	00:57:46.13	00:57:34.53	TREINOS, AVENTAIS E CONFUSÃO
512	4518	ANTONIO CARTUCHO	M	57	00:57:46.88	00:57:25.89	
513	5152	TERESA SARDINHA	F	46	00:57:48.74	00:57:26.48	DOLCE FURADOURO
514	5130	PEDRO RICARDO DOS SANTOS GONÇALVES	M	28	00:57:49.42	00:57:24.15	
515	4873	ARTUR FARINHA	M	53	00:57:50.77	00:57:26.19	MARINHA
516	4581	SARA PALA	F	41	00:57:53.03	00:57:24.31	
517	4281	RICARDO FERNANDES	M	57	00:58:00.59	00:57:35.88	CLUBE NOVO BANCO
518	4460	GONÇALO LOPES	M	41	00:58:02.22	00:57:27.42	GDCT UNICRE
519	5165	JOSE SILVERIO	M	76	00:58:02.45	00:57:36.05	C BENFICA ALG M MARTINS
520	4440	CLÁUDIA AH QUIN	F	40	00:58:03.72	00:57:14.59	CARAP AUS DE CORRIDA
521	4441	SUSANA FRANÇA	F	37	00:58:05.25	00:57:16.46	CARAP AUS DE CORRIDA
522	4332	MICHELE CORREIA	F	43	00:58:06.31	00:57:28.79	BELEM RUNNERS
523	4923	HELENA FERNANDES	F	44	00:58:06.82	00:57:51.10	BCC RUNNERS
524	5183	ANTÓNIO HENRIQUES	M	66	00:58:09.10	00:57:53.20	
525	5191	IRISH LOUISE O'SULLIVAN	F	28	00:58:10.12	00:57:30.41	
526	4499	FERNANDO JORGE PINA	M	43	00:58:10.64	00:57:32.20	
527	5447	ISABEL SANTOS	F	49	00:58:13.00	00:58:10.43	LOURDETE PERFUMARIAS



# MEIA-MARATONA DOS DESCOBRIMENTOS

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## SEASIDE

## 10 Km

528	5276	ANDRE COSTA	M	32	00:58:15.93	00:57:33.05	MARINHA
529	4559	JAIME AFONSO	M	51	00:58:16.79	00:57:57.88	CLUBE ANACOM
530	4535	MARILENE OLGA LOPES NUNES DOS REIS	F	28	00:58:16.88	00:58:05.20	
531	4162	RICARDO DOURADO	M	42	00:58:19.55	00:58:10.95	
532	4290	RUI LAMPREIA	M	46	00:58:23.73	00:57:50.59	CLUBE DESPORTIVO CEPESA
533	4303	LÚIS LEITÃO	M	45	00:58:23.75	00:57:51.49	CLUBE DESPORTIVO CEPESA
534	4763	JOAO SANTOS	M	49	00:58:24.86	00:58:00.53	UCI
535	4685	ANA CRISTINA CALAFATE	F	49	00:58:25.77	00:58:00.74	TARTARUGAS SOLIDARIAS
536	5319	CLAUDIA MARQUES	F	35	00:58:26.88	00:58:11.61	GDCT UNICRE
537	4391	RITA RAPOSO	F	19	00:58:27.03	00:58:27.03	
538	5460	CARLOS LOPES	M	48	00:58:28.09	00:57:57.64	SERRANOS
539	5480	LAURA SMITH	F	33	00:58:30.99	00:58:21.25	GRÃ BRETANHA
540	5506	CATARINA AFONSO	F	33	00:58:32.29	00:58:32.29	
541	4708	DINIS ARAUJO	M	18	00:58:33.14	00:55:13.05	PALHAS
542	5461	ODETE FRANCISCO	F	46	00:58:33.54	00:58:03.87	SERRANOS
543	4527	ANTÓNIO OLIVEIRA	M	49	00:58:35.27	00:58:24.48	OLIVEIRAS3
544	5578	LUIS SERRA LIBORIO	M	33	00:58:37.39	00:58:08.04	
545	4450	ODÍLIA MARIA PEREIRA	F	45	00:58:38.57	00:58:26.16	CLUBE VODAFONE
546	4840	FERNANDO MIGUEL DOS SANTOS INÁCIO	M	41	00:58:38.81	00:58:10.68	VDATLETAS
547	4367	JOSÉ GALVEIA	M	64	00:58:40.90	00:58:20.19	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO
548	4642	SUSANA ALEXANDRA GOMES DA SILVA DE AGONIA PEREIRA	F	44	00:58:43.87	00:58:21.96	
549	5311	SOFIA ALEXANDRA CASTANHEIRA CARVALHO NUNES BARATA	F	36	00:58:45.44	00:58:02.41	
550	5431	CLAUDIA MORELL	F	21	00:58:45.96	00:58:29.66	
551	4123	FILIPE PAULO MENDES DA CUNHA	M	36	00:58:46.24	00:58:16.61	OS COXOS
552	4870	AUGUSTO RIBEIRO	M	46	00:58:48.26	00:58:05.70	
553	5318	HUGO REIS	M	40	00:58:48.50	00:58:12.18	RUSH TEAM
554	5111	MAURO LANÇA	M	39	00:58:48.61	00:58:39.18	GDCTINCM
555	4975	ELISABETE COSTA	F	42	00:58:48.67	00:58:11.33	MARINHA
556	4018	EDUARDO MOUTINHO	M	48	00:58:48.73	00:58:01.00	O MUNDO DA CORRIDA
557	4557	FERNANDO MACHADO	M	57	00:58:49.31	00:58:37.14	
558	4212	SANDRINE AMSELEM	F	49	00:58:50.03	00:58:42.86	RÉATHLÉTIK MONACO
559	4942	BEATRIZ SÉCIO	F	19	00:58:50.75	00:58:13.77	MÃE E FILHA
560	4801	SILVIA PEDRO	F	49	00:58:52.94	00:58:12.79	SS CGD

# MEIA-MARATONA DOS DESCOBRIMENTOS

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## SEASIDE

## 10 Km

561	4410	VITOR LUCAS	M	53	00:58:54.64	00:58:34.03	BRACKAWAY
562	5160	JOAO C LOPES	M	49	00:58:58.78	00:58:32.37	C BENFICA ALG MEM MARTINS
563	4980	CÁTIA PARREIRA	F	36	00:59:02.90	00:58:28.77	KALENJI BY DECATHLON
564	5055	SUSANA GUERREIRO	F	40	00:59:05.70	00:58:24.91	GD SANTANDERTOTTA
565	4024	SÃO AGULHAS	F	44	00:59:05.77	00:58:59.99	IMASAMS
566	4500	LUIS SOBRAL	M	54	00:59:05.81	00:58:36.65	
567	4930	ROGER GERRISH	M	72	00:59:06.92	00:58:35.82	GRÃ BRETANHA
568	5173	LUÍS MIGUEL BRANCO MIRANDA	M	42	00:59:07.27	00:58:48.89	
569	5037	LUIS SILVA	M	48	00:59:08.00	00:58:37.37	MILLENNIUMBPCP
570	4334	ANA COSTA FIGUEIRA	F	48	00:59:14.90	00:59:04.31	AS TARTARUGAS
571	4808	ANTONIO CARPINTEIRO	M	71	00:59:15.94	00:59:07.64	SS CGD
572	4270	SANDRA ATALHO	F	45	00:59:16.07	00:58:53.55	
573	4423	JOANA MARTINS	F	36	00:59:17.46	00:58:54.59	
574	4422	MIGUEL PINHAL	M	49	00:59:18.03	00:58:54.83	
575	5239	JORGE OLIVEIRA	M	49	00:59:19.70	00:58:42.88	CAN RUNNER'S
576	4402	PAULA CALISTO	F	35	00:59:29.96	00:59:06.17	
577	5524	SARA SEMIAO	F	23	00:59:30.88	00:59:13.05	
578	4869	MANUEL SILVA	M	61	00:59:31.26	00:59:02.58	MARINHA
579	4427	NUNO SOUSA GOMES	M	48	00:59:34.68	00:59:34.68	CLUBE EDP - LISBOA
580	5009	NUNO LIMA	M	38	00:59:34.72	00:59:00.44	SEASIDE
581	4511	JOSE ALVES	M	58	00:59:35.19	00:58:51.81	
582	5010	JORGE PROENÇA	M	31	00:59:35.30	00:59:35.30	SEASIDE
583	4425	SUSANA COSTA	F	43	00:59:35.38	00:59:26.05	
584	4508	RITA FACHADAS	F	22	00:59:36.22	00:59:33.58	A NATUREZA ENSINA
585	5476	SUSANA MENDES	F	44	00:59:38.14	00:59:11.62	
586	5199	FERNANDO DEDEIRAS	M	39	00:59:40.87	00:59:10.36	FURÕES DO ALENTEJO
587	4469	LAUREN MATTHEWS	F	30	00:59:41.13	00:59:29.83	
588	4831	LURDES SANTOS	F	32	00:59:45.98	00:59:15.04	LUCAS
589	4436	RICARDO PAIS TEIXEIRA	M	31	00:59:53.69	00:59:44.13	AS TARTARUGAS
590	4814	SUSANA ROCHA	F	39	00:59:58.11	00:59:31.28	MILLENNIUM BCP
591	4748	Mª FATIMA PEREIRA	F	51	00:59:59.79	00:59:33.88	UCI
592	4786	JOAO PEREIRA	M	50	00:59:59.81	00:59:33.91	UCI
593	4614	TINA OLIVEIRA	F	36	01:00:00.34	00:59:34.04	AMINHACORRIDA&#47MYPROTEIN

# MEIA-MARATONA DOS DESCOBRIMENTOS

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## SEASIDE

## 10 Km

594	5162	JOAQUIM COSTA	M	55	01:00:00.74	00:59:41.48	C BENFICA ALG MEM MARTINS
595	4596	PAULO SERRA	M	41	01:00:02.37	00:59:37.62	SERRALHARIA AGOSTINHO DUARTE, LDA
596	5403	ROSÁRIO CUNHA	F	44	01:00:03.47	00:59:42.21	ENCONTRAMO-NOS NA META
597	4498	JOÃO CARLOS DE JESUS ZARRO	M	40	01:00:04.85	00:59:52.52	
598	4574	NUNO GONÇALVES	M	63	01:00:05.69	00:59:50.57	KEEP RUNNING
599	4327	VALTER LIMA	M	42	01:00:06.39	00:59:35.35	CLUBE ACCENTURE
600	4375	MARIA JOÃO PERLEQUES	F	45	01:00:09.04	00:59:49.92	PRIMESTAR SERVICING
601	5158	ANTONIO GINGEIRA	M	76	01:00:10.23	00:59:42.06	C BENFICA ALG M MARTINS
602	5140	MARTA PRATES	F	40	01:00:10.66	00:59:28.88	ACADEMIA FITNESS MILITAR
603	5432	MELISSA TAYLOR	F	32	01:00:12.17	00:59:27.57	GRÃ BRETANHA
604	5358	CARLA SILVA	F	44	01:00:16.53	01:00:13.60	IMASAMS
605	4839	RICARDO FRANCISCO	M	39	01:00:17.43	00:59:52.53	CAN RUNNER&#39S
606	4695	JOAQUIM MELO	M	48	01:00:19.32	00:59:50.20	
607	4818	PATRICIA DINIS	F	48	01:00:19.81	01:00:19.81	MILLENNIUM BCP
608	5237	PEDRO NUNO RIBEIRO REIS	M	44	01:00:25.70	00:59:49.62	CAN RUNNER&#39S
609	4859	PAULO ALVES	M	43	01:00:26.38	01:00:01.35	CAN RUNNER&#39S
610	4679	CAROLINA FONSECA	F	32	01:00:26.67	00:59:46.65	DEFALCADA
611	4670	SÍLVIA ANDREIA ALMEIDA QUARESMA	F	31	01:00:27.30	01:00:16.53	
612	4926	RICARDO TABORDA BORREGO	M	34	01:00:28.90	01:00:07.42	
613	4709	ADELAIDE MANHICA	F	58	01:00:28.98	01:00:17.88	
614	4414	Mª HELENA LEITAO	F	46	01:00:29.75	01:00:09.78	RUN LOVERS
615	4710	CARMEN CRISTINO	F	43	01:00:30.18	01:00:18.77	
616	5402	TÂNIA SIMÕES	F	34	01:00:31.88	01:00:09.58	ENCONTRAMO-NOS NA META
617	4853	CARINE PIEDNOEL	F	43	01:00:33.13	00:59:45.00	ST JULIANS RUNNING MOMS
618	4547	INÊS BARROSO	F	24	01:00:34.78	01:00:19.09	
619	5223	JOÃO MIGUEL CORTEZ SOBRAL	M	24	01:00:35.62	01:00:05.47	
620	5455	AUDREY RIBOURDOUIL	F	23	01:00:38.62	01:00:05.96	FRANCA
621	4310	DIOGO SOARES	M	32	01:00:41.55	00:57:36.16	CLUBE ANA LISBOA
622	4243	TIAGO FILIPE ALEIXO DA PAULA	M	23	01:00:43.99	01:00:35.29	
623	4746	KARINE MAIA	F	27	01:00:45.50	01:00:23.31	UCI
624	4783	JEFERSON MAIA	M	39	01:00:45.77	01:00:23.13	UCI
625	5394	ANDRE AMARAL	M	18	01:00:46.12	01:00:33.23	
626	5263	ANNAMÁRIA HORVÁTH	F	24	01:00:47.12	01:00:03.19	THE JELLY KARAOKE GANG

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

627	5384	MARJE PLADO	F	47	01:00:48.09	01:00:34.64	ESTÓNIA
628	4356	SANDRA TOMÉ	F	42	01:00:49.33	01:00:16.70	
629	5454	LORENA COMERFORD	F	39	01:00:49.51	01:00:08.43	IRLANDA
630	4187	JORGE GUERREIRO	M	41	01:00:51.02	01:00:20.12	MARRIOTT LISBOA
631	4421	LUIS LOPES	M	37	01:00:52.55	01:00:35.76	RESTAURANTE O CARTAXEIRO - CANEÇAS
632	5076	JOSE RIBEIRO	M	71	01:00:52.65	01:00:35.11	GD SANTANDERTOTTA
633	4446	CÉLIA MARIA COLAÇO GIL	F	46	01:00:54.06	01:00:17.53	
634	4447	NUNO ALVES	M	37	01:00:54.59	01:00:17.74	
635	4474	MARTA BISPO PIMENTA	F	26	01:00:55.38	01:00:20.62	
636	4867	PAULA FANCISCO	F	45	01:00:57.46	01:00:15.42	
637	5315	JOÃO BARRIGOLA	M	34	01:00:57.82	01:00:41.30	
638	4406	JOAQUIM MACHADO	M	64	01:00:58.07	01:00:43.38	C.C.D. DAS AUTARQUIAS DE ALMADA
639	4561	ANA CALDAS	F	42	01:00:58.16	01:00:43.27	E-CLUB
640	4653	RICARDO SANTOS	M	34	01:01:07.94	01:00:39.63	
641	4387	PAULA SOARES	F	48	01:01:10.32	01:00:55.69	TEAM SOARES
642	4852	CAROLINE BOWEN	F	52	01:01:13.29	01:00:26.11	ST JULIANS RUNNING MOMS
643	4845	ALEXANDRA TORRES	F	47	01:01:13.60	01:00:26.48	ST JULIANS RUNNING MOMS
644	4560	FLAVIO BASILIO	M	40	01:01:14.19	01:00:59.23	E-CLUB
645	5226	ODILE BEAUVAIS	F	50	01:01:15.09	01:00:39.35	
646	4234	JESSICA KARPYK	F	37	01:01:15.72	01:00:47.27	
647	4364	SOFIA CORDEIRO	F	41	01:01:17.48	01:00:53.75	BRRNIGHTRUNNERS
648	4533	FLÁVIA PÉNAN	F	28	01:01:18.29	01:01:08.52	
649	4807	CRISTIANA REIS	F	38	01:01:19.32	01:00:43.65	SS CGD
650	2239	PAULO ABREU	M	40	01:01:26.07	01:00:43.92	SS CDG
651	4732	NORBERTO PIRES	M	44	01:01:31.70	01:01:15.69	UCI
652	5479	RITA MARGARIDA CHARRAZ GODINHO DE SOUSA MESSIAS	F	30	01:01:38.20	01:00:59.81	
653	5039	CARLA LOURENCO	F	41	01:01:42.95	01:01:14.34	MILLENNIUMBPCP
654	5412	TERESA MARTINS	F	57	01:01:43.42	01:01:11.62	
655	5395	MANUEL FONTINHA	M	47	01:01:46.40	01:01:10.11	MANECAS
656	4526	SOFIA OLIVEIRA	F	23	01:01:51.71	01:01:41.74	OLIVEIRAS3
657	5188	INÉS MACHADO	F	18	01:01:53.10	01:01:20.12	CORRER LISBOA
658	4401	JOÃO CUNHA	M	29	01:01:53.51	01:01:29.03	
659	4208	VALERIE HUET	F	54	01:01:56.94	01:01:50.58	RÉATHLÉTIK MONACO

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

660	4650	MARTA RODRIGUES	F	27	01:01:58.63	01:01:32.47	
661	4651	JOAO PINTO	M	32	01:01:58.65	01:01:32.34	
662	4394	PEDRO MIGUEL MOREIRA PEREIRA	M	23	01:01:59.25	01:01:50.03	
663	4333	JOAO NICOLAU	M	31	01:02:01.06	01:01:32.74	
664	5515	ANA MARQUES	F	32	01:02:02.67	01:01:34.83	
665	4636	RUI XAVIER	M	49	01:02:03.82	01:01:51.88	CLUBE EDP - LISBOA
666	4455	SÓNIA NOBRE	F	39	01:02:05.15	01:01:51.49	E-CLUB
667	5547	DIOGO PALMA	M	31	01:02:06.95	01:02:06.95	
668	5548	LUISA OLIVEIRA	F	29	01:02:07.28	01:02:07.28	
669	4640	ANA ALMEIDA	F	39	01:02:09.34	01:01:37.83	SPORTINGS DE ALMEIDA
670	4545	DINIS FERNANDES	M	44	01:02:11.50	01:01:29.35	
671	4322	PATRICIA CARDOSO	F	34	01:02:13.10	01:01:46.80	CLUBE ACCENTURE
672	4539	FRANCISCO JANUARIO	M	46	01:02:13.87	01:01:56.06	
673	5369	SYLVIA CHOITHRAMANI BECERRA	F	38	01:02:16.33	01:01:35.84	TITANES
674	5408	LILIANA MOREIRA	F	32	01:02:19.38	01:01:43.34	CORRER NA CIDADE
675	4288	SOFIA GUEDES	F	41	01:02:19.84	01:01:38.46	AÇOREANA
676	4289	ANTÓNIO GUEDES	M	45	01:02:20.88	01:01:39.26	AÇOREANA
677	4595	ELISABETE FERNANDES	F	38	01:02:21.20	01:01:55.93	SERRALHARIA AGOSTINHO DUARTE, LDA
678	4986	LEONOR OLIVEIRA	F	43	01:02:32.00	01:01:54.45	
679	5376	DÁLIA LEITIE	M	53	01:02:32.81	01:02:20.92	CA ODIMARQ
680	5093	CLARA MINA	F	56	01:02:34.90	01:02:11.36	JOANA VENTURA
681	5473	TIAGO ALVES	M	30	01:02:35.14	01:02:15.57	CLUBE DE RUGBY DO TÉCNICO
682	4897	LUIS VIEIRA ESTEVES	M	57	01:02:42.20	01:02:15.24	
683	5443	INES LOPES	F	27	01:02:43.44	01:02:13.43	ACPORTALEGRE&#47UTSM
684	4936	NUNO LOURENÇO	M	41	01:02:45.09	01:02:09.99	
685	4816	FOCK Y WAN	F	66	01:02:46.23	01:01:56.43	MILLENNIUM BCP
686	5028	EDUARDO C VILHENA	M	49	01:02:46.66	01:01:56.78	MILLENNIUMBPCP
687	5179	HERMÍNIO COSTA	M	54	01:02:53.48	01:02:25.40	
688	4439	JOAQUIM LOBÃO	M	47	01:02:54.93	01:02:05.76	
689	4532	SOFIA AMBRIOSIO	F	39	01:02:58.20	01:02:46.45	
690	5084	IDALINA MADEIRA	F	55	01:03:02.52	01:02:37.40	AÇOREANA
691	4846	SYLVIA LOPES	F	40	01:03:05.68	01:02:18.30	ST JULIANS RUNNING MOMS
692	5456	ELISE TAGLIARINO	F	23	01:03:12.82	01:02:39.85	FRANCA

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

693	4950	LEANNE SARAH CROSSLAND	F	34	01:03:13.67	01:02:51.69	
694	4989	NUNO MIGUEL DA SILVA OLIVEIRA	M	40	01:03:17.17	01:02:38.04	
695	5016	FRANCISCO LANDEIRA	M	45	01:03:19.87	01:02:56.13	CARNE MATURADA
696	4607	HELDER SANTOS	M	46	01:03:21.89	01:02:55.54	NOVOTEL MERCURE RUNNING TEAM
697	4681	PAULO VIEIRA	M	45	01:03:22.19	01:02:56.01	NOVOTEL MERCURE RUNNING TEAM
698	4609	CLÁUDIA BAIÃO	F	34	01:03:22.37	01:02:56.31	NOVOTEL MERCURE RUNNING TEAM
699	4480	JOANA VIEGAS	F	32	01:03:23.27	01:02:50.21	FITÁZEOS
700	4485	ANA PAULA CARREIRA	F	38	01:03:26.39	01:03:03.24	
701	5445	GUILHERME PEREIRA	M	32	01:03:29.75	01:02:40.76	CLUBE ATLÉTICO DO HIP HOP
702	4388	TERESA S TUPHOLME	F	45	01:03:31.58	01:03:16.94	TEAM SOARES
703	4922	LUCIANA DE ALMEIDA TOLDO	F	37	01:03:35.58	01:03:07.11	
704	5229	ROSA LOPES MARÇAL	F	42	01:03:37.34	01:03:11.32	
705	4299	CARLA VILA NOVA	F	40	01:03:38.19	01:03:10.03	CLUBE DESPORTIVO CEPESA
706	5172	MIGUEL CORREIA	M	18	01:03:39.47	01:03:17.65	MARINHA
707	5337	AMÉLIA PEREIRA	F	47	01:03:39.48	01:03:09.13	
708	4910	PEDRO SANTOS	M	39	01:03:40.48	01:02:47.87	CLUBE VODAFONE
709	4911	REBECA BASTOS	F	24	01:03:40.52	01:02:47.71	CLUBE VODAFONE
710	5441	QUINN WARNER	M	41	01:03:42.54	01:02:52.77	
711	5260	SÉRGIO GONÇALVES	M	36	01:03:43.94	01:03:10.54	
712	4590	MANUEL NOBRE BAPTISTA	M	51	01:03:47.13	01:03:25.32	
713	4646	ANTÓNIO SILVA	M	51	01:03:58.15	01:03:28.70	E-CLUB
714	4358	LURDES ALVES	F	60	01:03:58.75	01:03:43.12	GCD HOVIONE
715	4962	FILIFE MANUEL SIMÕES GOMES DA SILVA	M	29	01:03:59.67	01:03:59.67	
716	4360	SUSANA CAMPOS	F	38	01:04:00.02	01:03:16.68	GCD HOVIONE
717	5467	ARTUR DINIS	M	59	01:04:04.90	01:03:34.03	
718	5257	CAROLINA SIMOES DA SILVA	F	29	01:04:07.14	01:03:28.43	ESPANHA
719	5224	CAROLINA CONSTANT	F	37	01:04:07.89	01:03:30.32	
720	5386	LUCIA CORTINHAL	F	42	01:04:13.63	01:03:48.77	ECI RUNNING TEAM
721	5007	SUSANA VILAÇA	F	31	01:04:13.65	01:03:42.13	FULLSIX
722	5321	ANDRÉ CHANOCA	M	35	01:04:14.23	01:03:49.60	
723	4934	ANA FILIPA MONTÓIA JACINTO	F	24	01:04:19.79	01:03:39.87	
724	4913	ANA SOFIA TEIXEIRA BRITO	F	38	01:04:20.01	01:04:15.07	
725	5361	ANA CHAVES	F	39	01:04:20.74	01:03:42.09	

# MEIA-MARATONA DOS DESCOBRIMENTOS

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## SEASIDE

## 10 Km

726	5266	JULIE STAUB	F	23	01:04:21.80	01:03:39.25	THE JELLY KARAOKE GANG
727	5513	JUDITE BASILIO	F	53	01:04:24.00	01:03:47.15	
728	4584	HENRIQUE GIRAO	M	67	01:04:25.71	01:04:15.68	
729	4806	FATIMA GUIA	F	67	01:04:26.27	01:04:16.89	SS CGD
730	4854	SUSAN FERREIRA	F	44	01:04:30.91	01:03:43.65	ST JULIANS RUNNING MOMS
731	5117	JOSE ABREU	M	68	01:04:44.24	01:04:11.87	GDCTINCM
732	5488	PEDRO NUNO NOBRE DA VEIGA KETTMANN DE CARVALHO	M	36	01:04:47.11	01:03:59.04	PÉ DE ATLETA
733	5489	EDUARDO FILIPE FIGUEIREDO DE CARVALHO	M	36	01:04:47.73	01:03:59.28	PÉ DE ATLETA
734	5323	NUNO LUFINHA	M	42	01:04:53.69	01:04:16.24	HAPPY RUNNERS
735	4678	INÊS VENTURA	F	32	01:04:55.78	01:04:15.73	DEFALCADA
736	4834	RUI MIGUEL PEREIRA PINTO	M	52	01:04:56.28	01:01:37.44	V DATLETAS
737	4390	MAYCON NEVES	M	38	01:04:56.70	01:04:56.70	
738	5096	ANTONIO MOURA	M	60	01:04:56.74	01:04:32.59	JOANA VENTURA
739	5385	RITA MARQUES	F	42	01:05:01.03	01:04:20.45	RUNNIOLOGIA
740	5427	VANESSA NEVES	F	39	01:05:02.90	01:04:28.06	KALENJI BY DECATHLON
741	5324	LUIS BERNARDO	M	48	01:05:06.84	01:04:28.88	HAPPY RUNNERS
742	4947	NICOLA HALLETT-CAMPBELL	F	39	01:05:08.02	01:04:45.92	
743	4672	BRUNO SOUSA	M	37	01:05:09.25	01:04:56.23	LOS CAMPEONES
744	5086	ANA CANAVEIRA	F	49	01:05:10.28	01:04:31.14	AÇOREANA
745	4399	RUI RAPOSO	M	52	01:05:11.58	01:04:32.58	
746	4983	MADALENA TEIXEIRA DUARTE	F	59	01:05:15.34	01:05:01.20	CLUBE DO STRESS
747	4188	SERGIO MORAIS	M	34	01:05:15.89	01:04:44.35	MARRIOTT LISBOA
748	5062	LUIS SILVA	M	74	01:05:18.11	01:04:51.62	GD SANTANDERTOTTA
749	4929	RITA ALVES	F	43	01:05:18.24	01:04:31.17	
750	4912	SUSANA TRAVANCA	F	43	01:05:19.23	01:04:32.27	ANSELMINHOS
751	4915	SARA REBELO	F	37	01:05:23.49	01:04:48.05	KALENJI BY DECATHLON
752	4693	HELENA BASTARDO	F	48	01:05:25.56	01:05:25.56	H2H
753	4817	SANDRA C POCO	F	43	01:05:27.11	01:04:55.44	MILLENNIUM BCP
754	4448	MAYA ATTINELLO RODRIGUES	F	35	01:05:28.29	01:05:07.25	
755	5156	ANA TERESA SEABRA	F	51	01:05:29.52	01:04:57.69	
756	5143	FILIPE GINJA DUARTE	M	30	01:05:30.08	01:04:52.43	
757	4346	ARMANDO CORREIA	M	58	01:05:31.82	01:05:18.09	
758	4597	JOSÉ MANUEL SIMÕES	M	60	01:05:35.36	01:05:29.67	GEORUNNERS

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

759	4452	CECILIA GOMES	F	40	01:05:36.21	01:04:49.55	CASA DO PESSOAL DA RTP
760	4321	MARGARIDA MARTINS	F	28	01:05:36.67	01:04:57.18	CLUBE ACCENTURE
761	5049	HERNANI BONIFACIO	M	42	01:05:39.29	01:05:04.63	CLUBE NOVO BANCO
762	4804	JOAQUIM LAVADO	M	62	01:05:42.74	01:05:26.09	SS CGD
763	4246	ADELAIDE PÔRTO	M	50	01:05:43.69	01:05:35.00	
764	5013	FERNANDA DOMINGUES	F	57	01:05:45.67	01:05:10.87	AT
765	5305	RAQUEL BOARI BETING	F	36	01:05:47.14	01:05:12.23	BOARI BETING
766	5303	ERICH ZIONI BETING	M	37	01:05:48.03	01:05:13.08	BOARI BETING
767	5114	ANA SANTOS	F	42	01:05:52.91	01:05:19.22	GDCTINCM
768	5118	ANTONIO NASCIMENTO	M	76	01:05:53.12	01:05:23.49	GDCTINCM
769	4997	ORLANDA SOFIA OLIVEIRA GRAÇA MARTINS	F	45	01:05:53.24	01:05:20.45	WEVENTUAL
770	5411	ISABEL MAGALHÃES	F	60	01:05:53.85	01:05:14.11	GYM2010
771	5102	KOFFI AGBEHONOV	M	29	01:05:54.81	01:05:54.81	JOANA VENTURA
772	5017	PEDRO ANGELO PEREIRA	M	47	01:05:57.13	01:05:11.09	CTT_CE
773	4338	FRANCISCO SANTOS	M	60	01:05:57.28	01:05:11.44	CTT_CE
774	5019	LUIS CRUZ	F	48	01:05:58.66	01:05:13.20	CTT_CE
775	5193	RAFAL PAWELCZYK	M	41	01:06:01.47	01:05:42.92	
776	4674	ANA SOUSA	F	35	01:06:03.41	01:05:51.07	LOS CAMPEONES
777	4673	FERNANDO SANTOS	M	35	01:06:03.91	01:05:52.06	LOS CAMPEONES
778	4931	TAL SEGEV	F	43	01:06:07.30	01:05:21.25	ISRAEL
779	4349	GUALDINO FREIRE	M	70	01:06:10.29	01:06:04.46	CCDTMETROLX
780	4960	CLÁUDIA SOFIA FREIRE DOS SANTOS SIMÕES FERNANDES	F	37	01:06:11.22	01:06:11.22	
781	4932	EMANUEL SOARES	M	31	01:06:16.41	01:06:16.41	OS FRENÉTICOS
782	4935	ELISABETE PIO	F	34	01:06:16.54	01:06:16.54	OS FRENÉTICOS
783	5194	KATARZYNA SZWEDA	F	41	01:06:24.50	01:06:05.55	
784	4411	RAFAELA GONÇALVES	F	23	01:06:34.51	01:06:20.47	
785	4966	LESLIE MERCADO	F	42	01:06:38.66	01:06:17.98	
786	4948	MARIA MEDEIROS	F	39	01:06:39.06	01:06:17.29	RUNNING MUMS
787	5207	SÍLVIA MATA	F	40	01:06:39.72	01:05:56.36	OS MATAS
788	5206	VIRGÍLIO MATA	M	63	01:06:39.93	01:05:56.52	OS MATAS
789	5208	ISABEL VIEIRA	F	56	01:06:40.34	01:05:57.09	OS MATAS
790	5261	ALEXANDRA INACIO	F	33	01:06:42.32	01:06:09.57	MARINHA
791	5119	ANTONIO GASPAR	M	73	01:06:49.87	01:06:16.82	GDCTINCM



# MEIA-MARATONA DOS DESCOBRIMENTOS

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## SEASIDE

## 10 Km

792	5081	ISABEL ALVES	F	49	01:06:54.04	01:06:44.30	MAGICATITUDE
793	4494	INÉS ALMEIDA	F	23	01:06:55.10	01:05:17.46	
794	4292	VANDA BRISSOS	F	51	01:06:55.27	01:06:23.31	CLUBE DESPORTIVO CEPESA
795	4293	TERESA BRISSOS	F	51	01:06:55.56	01:06:23.87	CLUBE DESPORTIVO CEPESA
796	4885	MIGUEL FARIA	M	23	01:06:56.06	01:06:05.54	LINK
797	4974	FRANCISCO AMÁVEL SARRASQUEIRO	M	69	01:06:59.11	01:06:43.49	
798	4675	LILIANA ANTUNES	F	29	01:07:04.07	01:06:24.19	
799	4668	PAULO TAVARES	M	52	01:07:04.81	01:06:47.41	
800	5225	PATRÍCIA AUGUSTO	F	43	01:07:05.00	01:06:24.47	
801	4477	SILVIA ALEXANDRE SILVA	F	45	01:07:06.79	01:06:29.30	
802	4255	PEDRO FERRABELO ROSA	M	34	01:07:07.58	01:06:53.19	
803	4880	JOANA MOREIRA	F	35	01:07:08.69	01:06:35.50	MARINHA
804	5325	SARA GOMES	F	20	01:07:10.31	01:03:25.39	
805	5374	CORINE CAUNES	F	51	01:07:12.50	01:07:00.77	FRANCA
806	4287	MICHEL COSTA	M	45	01:07:16.23	01:06:29.88	AÇOREANA
807	4220	EDUARDO CABRITA	M	47	01:07:17.31	01:06:30.53	
808	5501	SARA PEREIRA	F	24	01:07:17.57	01:06:28.26	CLUBE ATLÉTICO DO HIP HOP
809	4378	RITA JOAQUIM	F	35	01:07:21.22	01:06:40.89	
810	4116	PAULO MASSANO	M	37	01:07:22.62	01:07:09.81	ENCONTRAMO-NOS NA META
811	4644	MIGUEL MOTA MARQUES	M	24	01:07:24.90	01:07:24.90	MOTA MARQUES
812	4941	HELENA SÉCIO	F	51	01:07:25.00	01:07:25.00	MÃE E FILHA
813	5424	MARIA BEATRIZ CRUZ	F	25	01:07:28.73	01:06:49.55	
814	4141	MÁRIO DIONISIO	M	44	01:07:29.57	01:07:09.82	
815	4825	CARLOS CONCEICAO	M	54	01:07:30.76	01:06:58.61	MILLENNIUM BCP
816	5549	MELANIE PEREIRA	F	30	01:07:32.62	01:07:32.62	
817	5493	SILVIA PIRES	F	35	01:07:32.95	01:07:07.62	
818	5363	ANA-ALICE SIMÕES PEREIRA	F	53	01:07:34.90	01:07:18.96	
819	5241	MARIA CLOTILDE RIBEIRO DA SILVA	F	49	01:07:40.87	01:07:03.52	
820	5129	JOÃO VEIGAS	M	44	01:07:41.06	01:07:18.14	CARNE MATURADA
821	5242	ELISABETE VALE	F	43	01:07:41.23	01:07:03.83	
822	5005	JOANA RIBEIRO	F	26	01:07:48.42	01:06:58.16	FULLSIX
823	4900	SAMUEL JOAQUIM	M	63	01:07:56.26	01:07:16.13	
824	4862	CARMO CORREIA	F	53	01:08:06.11	01:07:34.65	LEYATLETAS

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

825	5367	JAVIER LOPEZ	M	34	01:08:16.75	01:07:32.05	ESPANHA
826	4996	LÚIS NEVES	M	26	01:08:22.94	01:07:42.75	WEVENTUAL
827	5063	HERLANDER BRAZ	M	56	01:08:24.75	01:07:43.05	GD SANTANDERTOTTA
828	4525	DANIEL JOAQUIM PEREIRA GONÇALVES	M	18	01:08:29.60	01:07:47.16	GLOBAL SPORTS SOLUTIONS
829	5322	HELENA FINO	F	58	01:08:29.79	01:07:50.87	HAPPY RUNNERS
830	4982	ELSA FEIXEIRO	F	32	01:08:35.98	01:07:59.92	KALENJI BY DECATHLON
831	5433	SUSANA CORTINHAL	F	33	01:08:37.08	01:08:05.36	MARINHA
832	4981	JOÃO RODRIGUES	M	29	01:08:37.08	01:08:01.81	KALENJI BY DECATHLON
833	5375	MICHEL CAUNES	M	52	01:08:49.73	01:08:38.59	FRANCA
834	5396	KOLLASCHECK GOTTFRIED	M	62	01:08:56.78	01:08:34.14	ALEMANHA
835	5422	JOEL FARINHA	M	31	01:09:00.73	01:08:11.04	DA SILVA FF
836	5423	LÍDIA DA SILVA FARINHA	F	30	01:09:01.18	01:08:11.06	DA SILVA FF
837	4933	SÓNIA PIO	F	38	01:09:02.88	01:09:02.88	OS FRENÉTICOS
838	5083	RAQUEL MOLEIRO	F	38	01:09:07.85	01:08:57.14	MAGICATITUDE
839	4760	FATIMA CARVALHO	F	43	01:09:08.53	01:08:43.12	UCI
840	4555	ANA DUARTE	F	41	01:09:22.00	01:08:50.25	TÁ-LEN-TOS
841	5281	DINIS MELRO	M	39	01:09:23.06	01:08:48.37	
842	5278	ANA PARDO MART	F	24	01:09:24.48	01:08:37.88	ESPANHA
843	5279	JOSE CASTILLO	M	31	01:09:24.49	01:08:37.68	ESPANHA
844	4718	MILKO STANEV	F	53	01:09:49.74	01:09:43.09	
845	4291	LINA JESUS	F	39	01:09:50.16	01:09:16.25	CLUBE DESPORTIVO CEPESA
846	5116	MIGUEL FRAGA	M	46	01:09:51.03	01:09:22.76	GDCTINCM
847	4304	ANA PINTO	F	40	01:09:52.25	01:09:18.35	CLUBE DESPORTIVO CEPESA
848	5288	SANDRA MOREIRA	F	33	01:09:52.89	01:09:10.63	MARINHA
849	4305	TIBÉRIO SANTOS	M	46	01:09:53.90	01:09:19.20	CLUBE DESPORTIVO CEPESA
850	5418	RUTE CASIMIRO	F	37	01:09:59.23	01:09:10.47	CLUBE ANA LISBOA
851	4998	ISILDA LOURENÇO	F	48	01:10:12.14	01:09:51.02	SEASIDE
852	5338	SOFIA CARVALHO	F	47	01:10:15.48	01:09:42.24	
853	4849	TRACY BROOKS	F	43	01:10:22.39	01:09:34.49	ST JULIANS RUNNING MOMS
854	4851	MARISA LAGO DE CARVALHO	F	43	01:10:23.15	01:09:35.84	ST JULIANS RUNNING MOMS
855	5366	FILIPA MILHEIRO ALMEIDA	F	24	01:10:24.19	01:09:38.02	
856	5381	FILOMENA PEDRA	F	38	01:10:27.71	01:09:43.42	BE IN SHAPE
857	5382	ANA ALEXANDRA SILVA	F	43	01:10:27.97	01:09:43.89	BE IN SHAPE

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

858	4689	MARIA ROSARIO SOARES	F	47	01:10:30.20	01:10:15.71	
859	5004	RUI NETO	M	28	01:10:30.56	01:09:39.56	FULLSIX
860	5003	MIGUEL ROSA	M	27	01:10:32.21	01:09:41.46	FULLSIX
861	5059	RITA LOURENÇO	F	31	01:10:33.63	01:09:51.22	GD SANTANDERTOTTA
862	4833	FERNANDO RESINA DA SILVA	M	56	01:10:45.29	01:10:00.33	V DATLETAS
863	4621	ELIZABETH DUENAS	F	28	01:10:46.81	01:10:09.92	
864	5002	JOANA DIAS	F	28	01:10:49.19	01:09:58.15	FULLSIX
865	4794	MARTA CARREIRA	F	48	01:10:50.00	01:10:27.35	UCI
866	4793	IRINA TEIXEIRA	F	30	01:10:51.01	01:09:59.65	UCI
867	5050	JOÃO GOMES	M	44	01:10:54.68	01:10:28.60	CLUBE NOVO BANCO
868	5349	LOBO DA FONSECA	M	55	01:10:59.41	01:10:17.35	
869	5277	ISABEL PEREIRA	F	48	01:11:00.99	01:10:30.43	
870	5151	RUI MANUEL AFONSO VAZ	M	44	01:11:02.72	01:10:27.30	
871	4647	BOOBANDRA BABU	M	39	01:11:03.21	01:10:46.20	SHLOKLABS
872	5348	MARIA GONÇALVES	F	34	01:11:04.38	01:10:22.32	
873	5178	NATÁLIA PLENTZ	F	28	01:11:06.91	01:10:43.39	
874	4355	ANTÓNIO MANUEL REIS COSTA	M	54	01:11:14.89	01:10:53.22	
875	4963	JOANA SOFIA MARTINS MOTA	F	31	01:11:24.70	01:10:45.86	
876	5300	LUIS MOURA	M	54	01:11:35.54	01:11:00.88	NABDF
877	4937	CARLA ALMEIDA	F	44	01:11:45.65	01:11:35.42	RUNNING SMILE
878	5466	ZEFERINO BOAL	M	54	01:11:48.15	01:11:30.70	
879	5095	FRANCISCO CASACA	M	77	01:11:53.32	01:11:32.52	JOANA VENTURA
880	3527	LINA BAIA	F	34	01:11:58.61	01:11:31.12	
881	5308	ANA DUARTE	F	48	01:12:01.22	01:11:40.53	CORRER LISBOA
882	5309	VÂNIA TELES	F	36	01:12:01.77	01:11:41.25	CORRER LISBOA
883	4928	NIDIA SILVA	F	60	01:12:04.81	01:11:20.87	
884	4884	PAULO NUNES	M	51	01:12:06.69	01:11:47.34	LINK
885	5371	PATRÍCIA PINTO	F	24	01:12:14.29	01:12:00.47	DIGITANDO
886	4863	NUNO MIGUEL BORGES GOMES DOS SANTOS	M	41	01:12:27.78	01:12:08.73	
887	4893	JOHNNY THOMASSEN	M	56	01:12:32.08	01:12:13.53	
888	4649	MÁRIO MARTINS	M	43	01:13:01.17	01:12:16.28	
889	4905	MARIA JOAO VELADAS	F	41	01:13:24.93	01:12:58.77	
890	5442	ANA VAZQUEZ-PAGAN	F	20	01:13:26.63	01:12:52.17	

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

891	5254	ROMAIN LOMBERTY	M	25	01:13:30.56	01:12:48.76	
892	5148	HUGO MOTA CARMO	M	32	01:13:44.50	01:12:59.98	TAG TEAM
893	5499	JOANA VEIGA CARDOSO	F	32	01:13:45.18	01:12:59.67	TAG TEAM
894	4971	ANTONIA MACHADO	F	62	01:13:46.37	01:13:23.30	
895	4464	SARA DE SOUSA	F	37	01:13:49.75	01:13:37.08	TARTARUGAS SOLIDARIAS
896	4949	MARJOLEIN JANSSEN	F	35	01:13:51.52	01:13:29.34	
897	5141	ANA ISABEL LOPES	F	46	01:13:54.05	01:13:14.07	OFFICIAL MARATHON TRAINING
898	4359	SOFIA SILVA	F	32	01:14:13.19	01:13:29.70	GCD HOVIONE
899	5274	ANDREIA SARAIVA	F	18	01:14:17.50	01:13:50.39	BOLINHAS RUNNERS
900	4592	SORAIA SILVA	F	24	01:14:17.88	01:14:00.39	
901	5550	HELENA ALONSO	F	36	01:14:21.17	01:13:43.60	
902	5552	PATRICIA PINTO	F	35	01:14:22.36	01:13:44.65	
903	4978	JOSÉ CABACEIRA	M	56	01:14:24.07	01:14:01.73	CABACEIRA SPORTS & RUN
904	4184	MARCO CONSTATINO	M	36	01:14:30.58	01:14:30.58	
905	4901	ANTONIO FIGUEIREDO	M	61	01:14:34.03	01:13:54.01	
906	5393	CRISTINA CARNEIRO	F	44	01:14:43.58	01:14:30.57	
907	5530	MATHEUS ALVES COELHO SOUZA	M	26	01:14:49.50	01:14:17.76	
908	5519	MARIA LUIZA SALOMÃO SHIMARU	F	24	01:14:49.60	01:14:18.46	
909	5175	ALEXANDRE SOARES	M	43	01:14:54.75	01:14:42.13	
910	5087	MA FEE HUNG	F	66	01:15:02.46	01:14:38.10	AÇOREANA
911	4513	TATIANA SERRA	F	34	01:15:04.50	01:14:39.39	SERRALHARIA AGOSTINHO DUARTE, LDA
912	5307	VANDA RIBEIRO	F	36	01:15:07.39	01:14:26.46	418 I&#39;M A TEAPOT
913	4449	MARIA LEONOR AZEVEDO	F	45	01:15:17.43	01:14:30.50	CLUBE VODAFONE
914	5459	CLÁUDIA PAIVA	F	31	01:15:22.91	01:14:57.06	MORCEGOS TRAIL
915	5275	JOAQUIM MANUEL VARELA ABEGÃO	M	55	01:15:26.49	01:15:03.81	
916	5061	MARIA PATRICIO	F	68	01:16:03.43	01:15:45.30	GD SANTANDERTOTTA
917	5472	DANIELA FAÍSCA	F	37	01:16:18.58	01:16:04.48	TA-LEN-TOS
918	4784	MANUEL AFONSO	M	64	01:16:23.19	01:15:58.82	UCI
919	4747	BRUNO AFONSO	M	39	01:16:23.64	01:15:56.20	UCI
920	4940	CRISTINA MAIA	F	56	01:16:30.30	01:16:20.02	
921	5235	BRUNO MIGUEL FRADE BANZA	M	40	01:16:35.73	01:15:57.82	CAN RUNNER&#39;S
922	5238	RICARDO RUI NEVES	M	41	01:16:35.81	01:15:57.09	CAN RUNNER&#39;S
923	4025	PAULO PEDRO	M	56	01:17:06.07	01:17:01.55	IMASAMS

# MEIA-MARATONA DOS DESCOBRIMENTOS

4 DEZEMBRO 2016

## SEASIDE

## 10 Km

924	5051	ANA M BASTOS	F	38	01:17:08.94	01:16:36.95	CLUBE NOVO BANCO
925	4490	INÉS CATARINO	F	30	01:17:12.32	01:16:37.12	PERENE RUN
926	4491	VERA GONÇALVES	F	34	01:17:13.66	01:16:37.94	PERENE RUN
927	5052	PAULA MELLO	F	49	01:17:50.03	01:17:17.90	CLUBE NOVO BANCO
928	4028	SOFIA RONDULHA	F	39	01:17:58.53	01:17:55.60	IMASAMS
929	4351	ORLANDO SOUSA	M	54	01:18:08.06	01:17:50.45	CCDTMETROLX
930	4866	ELISA DIAS	F	53	01:18:08.95	01:17:50.75	CCDTMETROLX
931	5036	ROSA GAMEIRO	F	44	01:18:39.15	01:18:07.07	MILLENNIUMBCP
932	5291	SARA GARCÍA DE LAS HERA	F	41	01:18:47.34	01:18:13.08	
933	4820	ARINDA BRAGA	F	54	01:19:23.55	01:19:07.64	MILLENNIUM BCP
934	5031	ANA ISABEL GONCALVES	F	41	01:19:24.20	01:19:08.44	MILLENNIUMBCP
935	5494	JOANA MALCATA	F	37	01:20:01.29	01:19:12.35	CORRER NA CIDADE &#47 CANESPOR
936	4927	FERNANDO MANUEL COELHO	M	50	01:20:11.17	01:19:27.40	
937	4564	JOAQUIM PEREIRA	M	77	01:20:37.28	01:20:32.30	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO
938	5255	SERGIO BASTO	M	41	01:20:38.37	01:20:10.13	
939	5434	DUARTE NUNO	M	39	01:21:15.26	01:21:01.44	DIGITANDO
940	5280	SONIA CASANOVA MARQUES	F	36	01:21:48.87	01:21:06.30	
941	5190	LAURA ANNE TAYLOR	F	58	01:21:50.06	01:21:09.68	
942	5356	TELMA LOURENÇO	F	23	01:22:14.57	01:22:09.34	IMASAMS
943	5046	Mª MANUELA SANTOS	F	48	01:22:32.58	01:22:00.80	CLUBE NOVO BANCO
944	4917	SONIA JESUS	F	45	01:22:56.56	01:22:39.66	
945	4939	FRANCISCO MORGADO	M	63	01:23:40.97	01:23:29.72	
946	5290	MARIA DO ROSÁRIO BALÃO PINTO	F	53	01:23:49.46	01:23:34.85	
947	5425	LUCINDA HENRIQUES	F	67	01:25:08.92	01:24:55.53	
948	3538	SAMIRA BARRIMA	F	39	01:26:38.14	01:26:38.14	
949	5327	Mª MARGARIDA MACEDO	F	54	01:28:20.37	01:24:35.55	
950	4876	CARLA ALEXANDRA GONÇALVES BOCHECHA	F	48	01:28:51.63	01:28:22.84	
951	4878	ANA ELIZABETE GUERREIRO CORREIA CAETANO	F	44	01:28:51.75	01:28:23.26	
952	5283	FATIMA SILVA	F	49	01:28:54.74	01:28:24.54	
953	5282	FERNANDO NUNES	M	49	01:28:54.76	01:28:24.28	
954	4985	HENRIQUE TEIXEIRA DUARTE	M	63	01:31:04.53	01:30:23.23	CLUBE DO STRESS
955	5299	MARTINE COUDON	F	65	01:32:18.32	01:31:54.29	
956	5189	MARIA GRACIETE DE SOUSA FERREIRA	F	62	01:37:46.31	01:37:21.41	

MEIA-MARATONA DOS  
DESCOBRIMENTOS  
4 DEZEMBRO 2016

SEASIDE

10 Km

957	4916	SONIA MARTINS	F	41	01:40:46.34	01:40:30.13
958	5168	ISABEL BETTENCOURT	F	54	01:55:52.69	01:55:52.69
959	4424	PEDRO VENTURA	M	40	02:21:39.73	02:21:39.73

**Total de registros: 959**