

DEZ. 2018



MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	5395	JOSE GASPAR	M	41	1	00:31:54.88	00:31:54.88	XISTARCA
2	4053	HUGO AUGUSTO	M	32	1	00:33:12.46	00:33:12.46	RUN TEJO
3	4078	FILIPE REBELO	M	23	2	00:33:15.25	00:33:15.25	RUN TEJO
4	4044	ANTÓNIO QUEIRÓS	M	18	3	00:33:22.03	00:33:17.03	
5	4076	CARLOS TIAGO	M	39	1	00:33:36.75	00:33:36.75	RUN TEJO
6	4011	CARLOS SANCHES	M	26	4	00:33:54.77	00:33:54.77	CASA DO BENFICA EM CASTELO BRANCO
7	4952	DIOGO FRAZÃO	M	18	5	00:34:06.08	00:34:06.08	RIO MAIOR TRIATLO
8	5283	LUKASZ GRABINSKI	M	38	2	00:34:08.45	00:34:03.45	
9	4042	JORGE SOUSA	M	39	3	00:34:12.62	00:34:12.62	G.D.R. DA REBOLEIRA
10	5411	JOSÉ GUERRA	M	31	6	00:34:15.72	00:34:10.72	MARINHA
11	5616	ANTÓNIO PINTO	M	43	2	00:34:17.75	00:34:12.75	GRD OS FIXES
12	4079	VASCO MARTA	M	27	7	00:34:26.22	00:34:26.22	RUN TEJO
13	4054	PEDRO ALVES	M	25	8	00:34:43.39	00:34:38.39	RUN TEJO
14	4051	PAULO GUIMARÃES	M	41	3	00:34:43.52	00:34:38.52	AMINHACORRIDA/MYPROTEIN
15	4030	DIOGO GARCIA	M	31	9	00:34:59.68	00:34:59.68	CORRER LISBOA
16	5398	MIGUEL FORTUNATO	M	21	10	00:35:20.51	00:35:20.51	RIO MAIOR TRIATLO CLUBE
17	4069	CARLOS FREITAS	M	47	1	00:35:36.46	00:35:36.46	RUN TEJO
18	4031	ANTÓNIO ARAÚJO	M	53	1	00:35:50.55	00:35:45.55	
19	4032	LUIS PEDROSO	M	47	2	00:35:55.58	00:35:55.58	NUCLEOEIRAS - ADNO
20	4048	CLAUDIA PEREIRA	F	42	1	00:36:09.77	00:36:09.77	GFD RUNNING
21	5396	NUNO SILVA	M	37	4	00:36:10.55	00:36:05.55	CAAB
22	4071	FREDERICO LÁZARO	M	39	5	00:36:22.73	00:36:17.73	RUN TEJO
23	4005	OLGA SERBYN	F	25	1	00:36:26.76	00:36:21.76	CLUBE ATLETISMO FÁTIMA
24	4847	MARK MONTEIRO	M	48	3	00:36:27.65	00:36:22.65	
25	4046	JOÃO MATEUS	M	31	11	00:36:36.55	00:36:31.55	GFD RUNNING
26	4037	JOANA RAMALHO	F	27	2	00:36:36.82	00:36:36.82	RUN TEJO
27	4033	AFONSO GARCIA	M	22	12	00:36:37.03	00:36:32.03	INFANTE DE SAGRES HEALTH CLUB
28	4027	ALVARO OLIVEIRA	M	49	4	00:36:41.88	00:36:36.88	CBAMM
29	4035	PAULO ARRENEGA	M	52	2	00:36:50.88	00:36:50.88	RUN TEJO
30	5030	RICCARDO MUGELLINI	M	36	6	00:36:55.20	00:36:49.58	
31	5476	RAUL GOULART	M	42	4	00:37:00.13	00:36:55.13	CAFH
32	4075	ANDREIA SANTOS	F	33	3	00:37:01.39	00:37:01.39	RUN TEJO
33	4021	INOCÊNCIO AMORIM	M	40	5	00:37:05.59	00:37:00.59	RUN TEJO
34	4019	JOÃO VIANA	M	19	13	00:37:11.81	00:37:11.81	RIO MAIOR TRIATLO
35	4041	DAVID LOPES	M	31	14	00:37:23.02	00:37:18.02	URBAN RUN TEAM

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36	4049	FILIPE SILVEIRA	M	36	7	00:37:34.90	00:37:29.90	GFD RUNNING
37	4010	SANDRA PROFÁSSIO	F	29	4	00:37:39.18	00:37:34.18	JOMA
38	4073	FILIPE SANTOS	M	45	5	00:37:52.75	00:37:47.75	RUN TEJO
39	4000	ANA FILIPA SANTOS	F	37	2	00:37:56.45	00:37:56.45	RIO MAIOR TRIATLO
40	4064	ALEXANDRA ALVES	F	35	3	00:38:03.65	00:37:58.65	JOMA
41	4015	MAKSYM SALENCO	M	19	15	00:38:08.31	00:38:03.31	CLUBE ATLETISMO FÁTIMA
42	4040	BRUNO AMARO	M	39	8	00:38:13.92	00:38:08.92	RUN FOR FRIENDS
43	4058	HUGO FERREIRA	M	42	6	00:38:17.77	00:38:12.77	SPAL GINASIOS
44	4034	LUIS TEIXEIRA	M	18	16	00:38:19.27	00:38:14.27	RUN TEJO
45	4045	LUIS REBELO	M	54	3	00:38:30.16	00:38:25.16	FALCÕES SELVAGENS
46	4047	CEU NUNES	F	42	4	00:38:32.70	00:38:27.70	GFD RUNNING
47	4074	NUNO MIGUEL FERREIRA	M	44	7	00:38:34.56	00:38:29.56	RUN TEJO
48	5400	RUI HENRIQUES	M	39	9	00:38:55.93	00:38:55.93	SERVIÇOS SOCIAIS MONTEPIO
49	4926	JOSE PAJINHA	M	58	1	00:39:06.30	00:39:01.30	CA VALE FIGUEIRA
50	4153	TIAGO PADEIRO	M	22	17	00:39:09.64	00:39:04.64	
51	4070	NUNO NAIA	M	44	8	00:39:15.09	00:39:10.09	RUN TEJO
52	4884	FRANCISCO SANTOS	M	47	6	00:39:27.44	00:39:22.44	
53	4879	ADOLFO LEAL	M	51	4	00:39:27.67	00:39:22.67	RESTAURANTE O CARTAXEIRO
54	4944	SAUL FINO	M	41	9	00:39:46.59	00:39:41.59	RUN TEJO
55	4013	VICENT SOBRINHO	M	53	5	00:39:48.73	00:39:43.73	BELENENSES
56	4194	ARMANDO CAIXEIRO RAFAEL	M	44	10	00:39:58.27	00:39:53.27	MARINHA
57	4560	AFONSO TOME	M	19	18	00:40:02.66	00:39:47.62	
58	4050	JOÃO PAULO	M	46	7	00:40:18.16	00:40:13.16	AMINHACORRIDA/MYPROTEIN
59	4422	PEDRO BARREIRAS	M	32	19	00:40:24.68	00:40:19.68	CAD A CORRER
60	4014	PAULO DUARTE	M	44	11	00:40:30.49	00:40:25.49	BELENENSES
61	4052	NUNO CAFÉ	M	39	10	00:40:31.99	00:40:31.99	AMINHACORRIDA/MYPROTEIN
62	5541	ADRIAN FERNANDEZ SANCHEZ	M	25	20	00:40:33.63	00:40:26.89	
63	4881	ARLINDO PAIXÃO	M	55	2	00:40:34.43	00:40:34.43	RESTAURANTE O CARTAXEIRO
64	4072	APOLO PEREIRA	M	49	8	00:40:37.55	00:40:32.55	RUN TEJO
65	4080	PEDRO AFONSO PEREIRA	M	43	12	00:40:42.03	00:40:37.03	RUN TEJO
66	4223	JOSÉ MARIA SALAZAR	M	58	3	00:40:42.54	00:40:37.54	RUN TEJO
67	4062	HELDER ONOFRE	M	43	13	00:41:01.71	00:40:56.71	
68	4204	HENRIK SANTOS	M	29	21	00:41:01.83	00:40:56.83	CAPENAFIRME
69	5517	PEDRO OLIVEIRA FERREIRA	M	38	11	00:41:04.86	00:40:38.24	MARINHA
70	4222	PEDRO PRETO	M	47	9	00:41:06.54	00:41:01.54	RUN TEJO
71	4016	DANIELA GORDINO	F	19	5	00:41:06.98	00:41:01.98	SPORTING CLUBE DE PORTUGAL
72	4867	BRUNO CARLOS	M	37	12	00:41:08.06	00:41:03.06	

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73	5282	KAROLINA KULCZYK	F	35	5	00:41:16.11	00:41:11.11	
74	4611	RUI CARMO	M	36	13	00:41:28.38	00:41:22.55	
75	4159	NUNO HENRIQUES	M	43	14	00:41:30.44	00:41:25.44	GDCTINCM
76	1295	MIGUEL SOUSA	M	46	10	00:41:33.68	00:41:28.68	CLUBE NOVO BANCO
77	4242	JOÃO SANTOS	M	18	22	00:41:40.65	00:41:35.65	OS GALGOS
78	4155	JOAQUIM MARTINS	M	55	4	00:41:47.95	00:41:42.95	CAMARA LISBOA CLUBE
79	5389	BEATRIZ REBELO	F	19	6	00:41:52.37	00:41:47.37	
80	4141	JOÃO GUTERRES	M	43	15	00:41:52.43	00:41:47.43	
81	5311	DIOGO CUNHA	M	28	23	00:42:01.66	00:41:56.66	SHADOWRUNNERS
82	5276	JOSE PROENCA	M	56	5	00:42:02.21	00:41:57.21	
83	5511	PEDRO OLIVEIRA AZENHA	M	43	16	00:42:06.27	00:41:47.70	MARINHA
84	4520	FRANCISCO CAMPOS	M	43	17	00:42:10.82	00:42:05.82	GFD RUNNING
85	5441	JOÃO PARREIRA	M	19	24	00:42:15.99	00:42:10.99	TRAIL DO TEXUGO
86	5518	PAULO REIS	M	48	11	00:42:16.00	00:42:11.00	
87	5027	BÁRBARA SÁ MARQUES	F	38	6	00:42:21.36	00:42:21.36	
88	4255	AVELINO SOARES	M	51	6	00:42:25.93	00:42:25.93	RUN TEJO
89	5114	SÓNIA MARQUES	F	42	7	00:42:29.39	00:41:54.33	LINK
90	4231	NABIL BEN AMOR	M	40	18	00:42:30.65	00:42:23.57	
91	4116	JAIME PINTO	M	58	6	00:42:30.82	00:42:25.82	
92	4077	EMILIANO VIEIRA	M	39	14	00:42:47.40	00:42:42.40	RUN TEJO
93	5520	JORGE BARBOSA	M	28	25	00:43:02.54	00:42:44.91	
94	4036	SANDRA BARROS	F	47	1	00:43:18.01	00:43:13.01	RUN TEJO
95	4038	JORGE ABREU	M	33	26	00:43:19.04	00:43:11.37	RUN TEJO
96	4020	VITOR GONZAS	M	51	7	00:43:19.87	00:43:14.87	RUN TEJO
97	4180	MASAAKI OTAKE	M	42	19	00:43:23.01	00:43:18.01	
98	5347	VALTER PAIXÃO REALISTA	M	39	15	00:43:30.10	00:43:25.10	MARINHA
99	4499	ALBINO PIRES	M	41	20	00:43:38.20	00:43:38.20	PORTO SENTIDO RUNNERS
100	4066	LUIS CHAVES	M	41	21	00:43:40.69	00:43:35.69	RUN TEJO
101	4098	PEDRO PAIS	M	29	27	00:43:42.34	00:43:37.34	INFANTE DE SAGRES HEALTH CLUB
102	4873	LUIS DUARTE LOURENÇO	M	45	12	00:43:43.88	00:43:37.98	MARINHA
103	4381	VIRIATO PATACO	M	48	13	00:43:46.90	00:43:36.89	
104	5381	BRUNO HENRIQUES	M	30	28	00:43:48.67	00:43:41.22	
105	4216	EVERSON DE LARA	M	45	14	00:43:49.77	00:43:44.77	PANGA
106	4089	GUILHERME ROMANO	M	55	7	00:43:50.00	00:43:45.00	ALLIANZ RUNNING TEAM
107	4029	LUÍS CALHA	M	50	8	00:43:51.22	00:43:46.22	CLUBE DE PRAÇAS DA ARMADA
108	5540	LUIS MARTA	M	52	9	00:43:51.77	00:43:43.92	CORRER LISBOA
109	4473	ANTÓNIO FERNANDES	M	40	22	00:43:53.28	00:43:48.28	CASA DO BENFICA EM CASTELO

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BRANCO

110	4744	LEONILDE ANTUNES	F	31	7	00:43:59.33	00:43:25.87	CCD LEÕES DA FLORESTA/UBI
111	4484	ANDRÉ FILIPE	M	28	29	00:44:02.40	00:43:51.90	SS CGD
112	4243	ALVARO CANDEIAS	M	65	1	00:44:05.90	00:44:00.90	
113	4175	ANA CRISTINA FRUTUOSO	F	44	8	00:44:06.36	00:44:01.36	LINDA-A-PASTORA SC
114	4106	PEDRO MOTA	M	30	30	00:44:14.80	00:44:09.80	INFANTE DE SAGRES HEALTH CLUB
115	4152	RUI DE OLIVEIRA	M	41	23	00:44:15.78	00:44:10.38	SPORT UNIÃO COLARENSE
116	4146	JOSÉ LEAL	M	42	24	00:44:18.07	00:44:13.07	
117	2894	PERO GRBIC	M	23	31	00:44:20.00	00:44:02.24	
118	4363	ELVIO GONÇALVES	M	31	32	00:44:26.29	00:44:14.11	
119	4939	JOAO SOARES	M	65	2	00:44:30.16	00:44:20.49	
120	5457	TIAGO SANTOS PEREIRA	M	48	15	00:44:35.84	00:44:30.84	IRUN
121	4373	JOAO RUA	M	51	10	00:44:38.20	00:44:30.17	
122	4883	RUI FERREIRA	M	47	16	00:44:40.63	00:44:38.03	RESTAURANTE O CARTAXEIRO
123	5330	PEDRO CAETANO	M	51	11	00:44:41.14	00:44:36.14	
124	5335	VICTOR DOURADO	M	38	16	00:44:44.51	00:44:36.99	
125	4170	MARCELO PINTO	M	50	12	00:44:44.58	00:44:44.58	
126	4119	CARLOS SILVA	M	55	8	00:44:44.83	00:44:39.47	CCD CRÉDITO AGRÍCOLA MÚTUO
127	5297	JOÃO DA NOVA	M	39	17	00:44:47.43	00:44:31.21	CAPTAIN FLY
128	4263	RICARDO SANTOS	M	26	33	00:44:48.23	00:44:17.54	CASA DO BENFICA EM CASTELO BRANCO
129	4158	AMERICO RAMOS PITA	M	59	9	00:44:48.35	00:44:43.35	
130	4039	ANA FILIPA	F	25	8	00:44:50.25	00:44:45.25	RUN TEJO
131	4745	JOÃO FERNANDES	M	33	34	00:44:50.37	00:44:17.16	
132	4091	VITOR MOURÃO	M	49	17	00:44:52.59	00:44:47.08	ALLIANZ RUNNING TEAM
133	4221	JOSÉ NETO	M	61	3	00:44:55.82	00:44:55.82	TEAM NETO
134	5317	GONÇALO RODRIGUES	M	44	25	00:44:55.93	00:44:49.99	
135	4202	SALVADOR BOURA	M	26	35	00:45:05.29	00:44:57.97	
136	5141	CARLOS OLEASTRO	M	55	10	00:45:05.81	00:44:57.77	CBAMM
137	4093	PEDRO ENCARNAÇÃO	M	46	18	00:45:07.81	00:45:02.81	
138	4852	CÂNDIDO CARVALHO	M	34	36	00:45:08.43	00:44:37.28	KALENJI BY DECATHLON
139	5331	RUBEN ALVES	M	38	18	00:45:18.23	00:45:12.75	
140	4173	RUI LACERDA MELLO	M	46	19	00:45:25.52	00:45:20.52	LINDA-A-PASTORA SC
141	4550	LUÍS BALINHO	M	44	26	00:45:27.03	00:45:11.94	
142	4162	TIAGO MARTINS MARTINS	M	33	37	00:45:29.26	00:45:12.19	FIT RUNNERS
143	5234	RUI OLIVEIRA	M	47	20	00:45:33.28	00:45:23.65	CCD TRANQUILIDADE
144	5262	ANA SERRA	F	42	9	00:45:38.04	00:45:20.47	MATILHA DA ATALAIA

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145	4161	JOÃO REGO	M	43	27	00:45:41.26	00:45:23.78	FIT RUNNERS
146	5472	BRUNO CARVALHO	M	41	28	00:45:43.24	00:45:36.29	PIMPOES TRIATLO
147	4185	JOAO VIEGAS	M	53	13	00:45:45.33	00:45:40.33	
148	4224	ANDRE FRIAS	M	25	38	00:45:46.95	00:45:41.95	
149	4214	NUNO COUTO	M	42	29	00:45:50.66	00:45:45.66	SIDONIOS
150	4063	WARLEY DE ALMEIDA SILVA	M	25	39	00:45:52.16	00:37:14.89	SPARTANS RUNNERS
151	5399	JOAO TABORDA	M	33	40	00:45:54.18	00:45:49.18	
152	4168	ANTONIO MARCELO	M	56	11	00:45:57.34	00:45:52.34	GFD RUNNING
153	4882	FERNANDO MIGUEL CARREIRO	M	57	12	00:45:58.05	00:45:53.05	RESTAURANTE O CARTAXEIRO
154	4186	MANUEL SOBREDA	M	51	14	00:46:00.16	00:46:00.16	
155	4911	MARIA FREITAS	F	38	10	00:46:01.20	00:45:56.20	ASSOCIAÇÃO VALE GRANDE
156	4445	ANDRÉ CUNHA	M	30	41	00:46:04.03	00:45:37.32	
157	4184	PAULO BASILIO	M	35	19	00:46:04.13	00:45:55.36	
158	5279	ANA M PINTO	F	25	9	00:46:05.77	00:46:00.15	
159	4264	RUI PINTO	M	31	42	00:46:09.15	00:45:54.58	
160	4144	ANA MENDES	F	38	11	00:46:10.21	00:46:04.90	GRUPO RECREATIVO E DESPORTIVO RIBEIRA DA LAGE
161	4177	PAULO MORAIS	M	47	21	00:46:12.49	00:46:04.65	RUN TEJO
162	4427	JOAO HORTA	M	32	43	00:46:13.46	00:46:13.46	EUROATLA
163	4022	CLÁUDIA BORRALHO	F	45	2	00:46:15.16	00:46:10.16	RUN TEJO
164	417	LUIS MEALHA	M	47	22	00:46:19.59	00:45:37.93	4FONIX
165	4227	HERMINIO BENTO	M	60	4	00:46:20.89	00:46:15.89	G.D.C. ESTRELA NEGRA
166	4163	FRANCISCO PASSOS	M	57	13	00:46:22.12	00:46:15.15	
167	4209	JOÃO TEIXEIRA	M	49	23	00:46:22.44	00:46:17.44	
168	4413	LUKASZ ZIOLKOWSKI	M	34	44	00:46:24.64	00:46:08.09	
169	4225	HUGO BRANCO	M	32	45	00:46:25.48	00:46:17.49	CORRER LISBOA
170	4212	RICARDO SENO MARTINS	M	28	46	00:46:28.04	00:46:18.88	MARINHA
171	4377	LICINIO FIDALGO	M	59	14	00:46:32.32	00:46:13.82	CLUBE C LISBOA
172	4211	MÁRIO DUQUE	M	50	15	00:46:40.17	00:46:35.17	
173	4082	ANABELA FERREIRA	F	47	3	00:46:45.17	00:46:40.10	CBAMM
174	4085	VITOR SANTOS	M	50	16	00:46:47.09	00:46:42.09	CBAMM
175	4086	RUI MELO	M	47	24	00:46:49.34	00:46:42.99	CCD CRÉDITO AGRÍCOLA MÚTUO
176	4025	SERGIO CASQUETE	M	47	25	00:46:50.75	00:46:43.99	
177	4133	FERNANDA GIL	F	49	4	00:46:51.40	00:46:44.97	
178	5372	MÁRCIO NETO	M	39	20	00:46:53.16	00:46:48.16	TEAM NETO
179	4711	DANIEL OLIVEIRA	M	23	47	00:46:56.66	00:46:03.99	CLUBE C LISBOA
180	4549	OSVALDO SANTOS	M	50	17	00:46:57.00	00:46:39.38	

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181	4501	RÚBEN GRILO	M	30	48	00:47:01.55	00:46:48.44	
182	4328	PEDRO FERNANDEZ BERNARDO	M	42	30	00:47:03.04	00:46:47.87	SEASIDE
183	4937	GONÇALO SANTOS	M	38	21	00:47:06.30	00:46:55.45	BNI
184	4259	LUIS ANTUNES	M	46	26	00:47:07.57	00:47:02.18	RB RUNNING
185	4110	ANIBAL CARVALHO	M	67	5	00:47:07.98	00:47:02.22	
186	4140	NUNO RAMOS	M	37	22	00:47:15.30	00:47:10.15	
187	4886	BRUNO SIMÕES	M	25	49	00:47:16.05	00:47:07.45	
188	4230	RUI MENDES	M	46	27	00:47:19.25	00:47:11.15	
189	4367	CATARINA AMARO	F	35	12	00:47:20.31	00:47:13.74	RUN FOR FRIENDS
190	5082	JOÃO BASILIO	M	56	15	00:47:21.73	00:46:42.36	
191	4433	JOÃO BAPTISTA	M	26	50	00:47:23.90	00:47:00.34	ALGUÉM&NINGUÉM
192	5337	TIAGO FERNANDES	M	25	51	00:47:24.42	00:47:02.02	
193	4324	MANUEL VENANCIO	M	46	28	00:47:26.96	00:47:17.15	CLUBE NOVO BANCO
194	4390	GONÇALO TELO	M	27	52	00:47:28.90	00:47:12.86	
195	5229	BRUNO DUARTE	M	35	23	00:47:29.96	00:46:36.38	CCD TRANQUILIDADE
196	5499	RICARDO SANTOS	M	37	24	00:47:33.58	00:47:22.88	
197	4329	TIAGO BIOUCAS	M	31	53	00:47:37.23	00:47:21.94	
198	4896	JOÃO PEREIRA	M	55	16	00:47:37.41	00:47:32.41	ACPORTALEGRE
199	5474	JOÃO OLIVEIRA	M	20	54	00:47:38.90	00:47:30.00	OLIVEIRAS3
200	4149	LUIS CARVALHO	M	41	31	00:47:41.18	00:47:28.59	
201	4379	NUNO MANUEL FERREIRA DA SILVA	M	47	29	00:47:41.36	00:47:31.30	
202	5328	BRUNO BATALHA	M	38	25	00:47:44.98	00:47:24.00	PREPULCIOS
203	4190	FRANCISCO PINTO	M	59	17	00:47:54.42	00:47:49.42	
204	4107	MÁRIO MONTEIRO	M	52	18	00:47:55.57	00:47:47.76	INFANTE DE SAGRES HEALTH CLUB
205	4891	PAULO SILVA	M	50	19	00:47:56.85	00:47:49.24	PINHAL NOVO A CORRER
206	4134	NUNO CONDEÇO	M	38	26	00:47:57.18	00:47:47.91	
207	4936	NELSON GOMES	M	25	55	00:47:57.98	00:47:35.58	
208	4239	JOSÉ RAMALHO	M	47	30	00:48:01.52	00:47:52.03	IMASAMS
209	5296	TIAGO MARTINS	M	41	32	00:48:02.00	00:47:19.27	CAPTAIN FLY
210	4182	ANTONIO RAMOS	M	47	31	00:48:02.38	00:47:54.39	RIO MAIOR TRIATLO CLUBE
211	4270	ANTÓNIO LOPES	M	50	20	00:48:03.44	00:47:58.44	CASA DO BENFICA ME CASTELO BRANCO
212	4241	LUÍS MORAIS	M	54	21	00:48:03.64	00:48:03.64	CASA DO BENFICA EM CASTELO BRANCO
213	4118	RICARDO B SENA	M	18	56	00:48:04.14	00:47:59.14	C MILLENNIUM BCP
214	4564	JOÃO ALVES MARTINS	M	50	22	00:48:05.56	00:47:58.44	
215	5437	GEORGE DENNISON	M	51	23	00:48:08.08	00:47:49.09	
216	4092	RUI AFONSO	M	50	24	00:48:11.31	00:48:04.82	OS BELENENESES

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SEASIDE



217	4096	PEDRO CURTO	M	28	57	00:48:11.56	00:47:35.91	LINK
218	4943	ANA SERRÃO	F	35	13	00:48:12.11	00:48:04.58	RUN TEJO
219	4123	LUÍS ZÊZERE	M	42	33	00:48:12.39	00:48:07.39	CCD CRÉDITO AGRÍCOLA MÚTUO
220	5525	PEDRO MIGUEL PEREIRA	M	30	58	00:48:14.62	00:47:18.22	
221	4156	MARIO MIGUEL DA SILVA LOPES	M	43	34	00:48:16.15	00:48:09.88	
222	4157	RUI RODRIGUES	M	48	32	00:48:16.17	00:48:09.94	
223	4555	TIAGO PEREIRA MATA	M	31	59	00:48:17.13	00:48:10.03	
224	4237	JOSÉ ADRIÃO	M	46	33	00:48:18.18	00:48:07.10	IMASAMS
225	5635	DANIEL GARRUDO	M	31	60	00:48:20.24	00:48:13.44	
226	4414	PAULO SILVA GUERRA	M	48	34	00:48:24.29	00:48:18.21	MARINHA
227	4269	JOSÉ GODINHO	M	49	35	00:48:24.94	00:48:19.94	CASA DO BENFICA ME CASTELO BRANCO
228	5105	JORGE ABRAÇOS	M	38	27	00:48:27.27	00:47:19.55	418 I'M A TEAPOT
229	5483	DUARTE VIRGILIO	M	39	28	00:48:29.37	00:47:55.76	KALENJI BY DECATHLON
230	4942	MAFALDA MARTINHO	F	29	10	00:48:30.55	00:48:25.55	RUN TEJO
231	4567	LUÍS NUNO GASPAR	M	48	36	00:48:30.68	00:48:21.30	
232	508	RUI P RIJO	M	49	37	00:48:30.75	00:48:20.75	C MILLENNIUM BCP
233	4893	HUGO SA NOGUEIRA	M	41	35	00:48:32.58	00:48:27.58	
234	5163	JOAQUIM MONTEIRO	M	51	25	00:48:33.17	00:47:59.90	CLUBE NOVO BANCO
235	4178	ANABELA SALAZAR	F	46	5	00:48:35.03	00:48:28.03	RUN TEJO
236	4111	VITOR SEABRA	M	51	26	00:48:39.57	00:48:34.57	BUÉDASTRESS
237	4929	RICARDO MESQUITA CARVALHO	M	35	29	00:48:42.86	00:48:20.08	PREPULCIOS
238	4226	PEDRO FERNANDES	M	44	36	00:48:43.19	00:48:36.60	TABERNA AFICCION
239	4094	SUZETE GOMES	F	38	14	00:48:44.11	00:48:39.11	
240	5129	WILSON PETISCA	M	28	61	00:48:44.50	00:48:44.50	CLUBE DE ATLETISMO DA NAZARE
241	4189	CESÁRIO RODRIGUES VIDEIRA	M	36	30	00:48:45.19	00:48:34.22	MARINHA
242	4114	SANDRA TEIXEIRA	F	46	6	00:48:45.50	00:48:45.50	
243	4087	MIGUEL ESTEVES	M	29	62	00:48:46.09	00:48:39.03	CLUBE COLABORADORES AGEAS
244	4247	PEREZ ARMENGOL	M	47	38	00:48:48.57	00:48:40.03	
245	4451	JORGE PAULO	M	31	63	00:48:52.75	00:48:32.39	
246	4028	ANTÓNIO COELHO	M	62	6	00:48:53.50	00:48:48.50	CBAMM
247	4188	MANUEL DUQUE	M	48	39	00:48:53.62	00:48:48.62	
248	5176	CARLOS HENRIQUE	M	51	27	00:48:54.49	00:48:17.64	GD SANTANDERTOTTA
249	5306	REINALDO BARBOSA	M	48	40	00:48:54.56	00:48:40.33	
250	4108	SILVIO PAIVA	M	67	7	00:48:57.23	00:48:52.23	CLUBE NOVO BANCO
251	5083	MONICA KVALE	F	48	7	00:49:00.25	00:48:39.02	
252	4167	CARLOS COSTA	M	47	41	00:49:02.10	00:48:57.10	CLUBE ANACOM

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SEASIDE



253	4505	MARISA RODRIGUES	F	36	15	00:49:04.51	00:48:47.69	GFD RUNNING
254	4165	ABEL PINA	M	54	28	00:49:05.04	00:49:00.00	GFD RUNNING
255	4095	JOÃO AGOSTINHO	M	27	64	00:49:05.64	00:48:58.31	LINK
256	5045	RITA RODRIGUES	F	31	11	00:49:05.66	00:48:39.85	BANDO DE COXOS
257	4471	DANIELA MARTINS	F	28	12	00:49:06.93	00:48:53.69	CASA DO BENFICA EM CASTELO BRANCO
258	4411	PAULO MERENDAS	M	41	37	00:49:07.73	00:48:57.22	ADRC MATA DE BENFICA
259	4067	RUI SILVA	M	46	42	00:49:08.67	00:49:03.67	RUN TEJO
260	5149	HENRIQUE FALCÃO	M	18	65	00:49:09.59	00:48:54.51	INFANTE DE SAGRES HEALTH CLUB
261	4218	CARLOS MADUREIRA	M	30	66	00:49:09.92	00:49:02.48	
262	4384	RICARDO LOPES	M	43	38	00:49:10.74	00:48:45.86	LINCES DA BELA VISTA
263	5364	DAVID SIN HERRERA	M	23	67	00:49:13.07	00:48:17.60	
264	5416	DINIS QUITÉRIO	M	43	39	00:49:15.30	00:49:04.26	
265	4720	NUNO CERDEIRA	M	32	68	00:49:17.82	00:49:17.82	MARINHA
266	4719	LUIS MELATO	M	33	69	00:49:18.13	00:48:15.20	MARINHA
267	4171	JORGE AMARAL	M	50	29	00:49:18.19	00:49:13.19	AMINHACORRIDA/MYPROTEIN
268	4271	MIGUEL DIAS	M	35	31	00:49:19.83	00:49:10.07	SISCOG
269	4386	RICARDO SIMÕES	M	49	43	00:49:20.04	00:49:05.51	
270	5507	BELMIRO SILVA	M	55	18	00:49:20.98	00:49:15.98	
271	4399	MÁRIO SANTOS	M	44	40	00:49:22.10	00:49:06.69	
272	1932	RICARDO SANTOS	M	41	41	00:49:23.69	00:49:18.69	
273	4132	HELENA RESENDE	F	37	16	00:49:24.32	00:49:16.62	INFANTE DE SAGRES HEALTH CLUB
274	4100	ANA ARAÚJO	F	46	8	00:49:26.92	00:49:15.22	
275	4196	PEDRO CASTRO FERNANDES	M	26	70	00:49:31.36	00:49:20.07	MARINHA
276	4143	RUI MENDES	M	36	32	00:49:31.79	00:49:26.79	GRUPO RECREATIVO E DESPORTIVO RIBEIRA DA LAGE
277	4546	SARA ROSA	F	27	13	00:49:32.53	00:49:19.51	
278	5327	ANDRE ANDRADE	M	40	42	00:49:33.51	00:48:51.92	ANDRADE
279	4232	PEDRO MENDONÇA	M	44	43	00:49:34.72	00:49:04.31	
280	5387	HELENA GONÇALVES	F	44	17	00:49:35.04	00:49:27.87	PINHAL NOVO A CORRER
281	4090	JOHANN KOPP	M	35	33	00:49:36.55	00:49:30.66	ALLIANZ RUNNING TEAM
282	4629	ALEXANDRE VASCO	M	47	44	00:49:36.98	00:49:19.45	
283	4235	SANDRA VIEIRA	F	45	9	00:49:37.65	00:49:32.14	
284	4262	BRUNO GONÇALVES	M	29	71	00:49:41.28	00:49:30.16	HOLMES PLACE AVENIDA
285	4103	DIOGO SANTOS	M	18	72	00:49:42.57	00:49:34.75	CARACÓIS PEDRA
286	5503	VLADIMIR KOPTEV	M	40	44	00:49:43.81	00:49:08.44	SEASIDE
287	4325	ANA MONTEIRO	F	52	10	00:49:44.34	00:49:34.22	CLUBE NOVO BANCO
288	4059	PEDRO BASTOS	M	47	45	00:49:44.38	00:49:39.38	CLUBE BRISA



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289	4176	EUGÉNIA TEIXEIRA	F	35	18	00:49:44.51	00:49:39.51	LINDA A PASTORA SC
290	4102	LUIS SANTOS	M	46	46	00:49:44.64	00:49:36.65	CARACÓIS PEDRA
291	4121	NÚRIA TIL	F	18	14	00:49:45.95	00:49:40.95	INFANTE DE SAGRES HEALTH CLUB
292	5373	JOSÉ BORGES	M	55	19	00:49:47.36	00:49:42.25	
293	4855	VALTER BASTOS MULLER	M	25	73	00:49:47.52	00:49:29.75	MARINHA
294	4408	MIGUEL PINHEIRO	M	42	45	00:49:48.02	00:49:38.49	
295	4370	JOSÉ RAPOSO	M	51	30	00:49:48.38	00:49:35.48	
296	5393	JORGE ILDEFONSO	M	34	74	00:49:49.81	00:49:49.81	PÁSSAROS MALUCOS RT
297	4470	PEDRO MOURA	M	38	34	00:49:52.71	00:49:40.61	
298	5445	FRANCISCO PELAEZ LOPEZ	M	60	8	00:49:52.76	00:49:28.11	
299	4313	LUÍS ALTER	M	42	46	00:49:54.13	00:49:45.48	
300	5325	LUÍS SANTOS	M	32	75	00:49:54.27	00:49:32.85	
301	4258	CARLOS ANSELMO	M	48	47	00:49:54.59	00:49:49.07	RB RUNNING
302	4661	TIAGO MARQUES	M	32	76	00:49:56.65	00:49:18.30	HOVIONE SSC
303	5521	CARLA CRISTINA	F	43	19	00:50:00.40	00:49:45.23	ÉVORA NIGHT RUNNERS
304	4945	CARLA NASCIMENTO	F	38	20	00:50:04.27	00:49:55.41	RUN TEJO
305	4382	PEDRO CLETO	M	45	48	00:50:06.51	00:49:45.84	
306	4596	JOÃO LAVADINHO	M	38	35	00:50:07.65	00:49:47.58	
307	4970	NELSON SILVA	M	43	47	00:50:08.78	00:50:08.78	CLUBE COLABORADORES AGEAS
308	4393	ANDRÉ RIBEIRO	M	32	77	00:50:08.80	00:49:43.83	FITNESS STUDIO 45
309	5342	PAULO PALMINHA	M	48	49	00:50:10.52	00:50:05.52	
310	4310	RITA SANTOS	F	27	15	00:50:11.93	00:49:58.61	
311	4436	XAVIER BEYSECKER	M	52	31	00:50:12.14	00:49:19.07	
312	5224	JOÃO PÓS-DE-MINA	M	45	50	00:50:14.45	00:50:14.45	VERMELHOS E AMARELOS
313	4166	AFONSO COSTA	M	55	20	00:50:19.21	00:50:19.21	CLUBE ANACOM
314	4565	NELSON DE ALMEIDA	M	34	78	00:50:20.46	00:50:06.18	MARINHA
315	5154	NUNO CARRASCO	M	43	48	00:50:20.95	00:49:51.78	CLUBE NOVO BANCO
316	4580	ANA SOFIA SANTOS	F	45	11	00:50:23.25	00:50:07.64	MATILHA DA ATALAIA
317	4479	EUGÉNIO RODRIGUES	M	60	9	00:50:24.11	00:50:19.11	CASA DO BENFICA EM CASTELO BRANCO
318	4124	LUÍS DAMIÃO	M	51	32	00:50:26.11	00:50:21.11	CCD CRÉDITO AGRÍCOLA MÚTUO
319	5443	SOFIA DIAS	F	25	16	00:50:27.24	00:48:51.35	CCD SIEMENS
320	4290	CAROLINA PEREZ	F	43	21	00:50:29.00	00:50:12.71	ST JULIANS RUNNING CLUB
321	4635	ANTONIO BARBAS	M	51	33	00:50:29.37	00:50:12.10	
322	5419	ANA MATOS	F	23	17	00:50:34.22	00:50:03.04	CASA DO BENFICA CASTELO BRANCO
323	4068	FILIPE CASTRO	M	35	36	00:50:36.54	00:50:31.54	RUN TEJO
324	4374	MARIA DE DEUS PALMA	F	61	1	00:50:39.35	00:50:30.99	

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SEASIDE



325	4150	ADRIANO COTRIM	M	77	10	00:50:41.41	00:50:36.41	FF PAZ MUNDIAL E UNIFICAÇÃO
326	4083	ALBINO NEIVA	M	72	11	00:50:43.38	00:50:32.87	CBAMM
327	4321	BRUNO FERNANDES	M	39	37	00:50:45.08	00:50:29.83	
328	5640	FAUSTINE BOCCAS	F	30	18	00:50:45.46	00:50:24.60	
329	4309	ANDRÉ SARAFANA	M	40	49	00:50:45.75	00:50:45.75	
330	4641	RUI FIGUEIREDO	M	43	50	00:50:48.80	00:50:22.79	SPEM
331	4060	PAULO MARQUES	M	45	51	00:50:49.00	00:50:44.00	CLUBE BRISA
332	2214	ANTÓNIO MENA	M	37	38	00:50:49.68	00:49:39.97	SEASIDE
333	4640	PAULO PIMPÃO	M	33	79	00:50:52.45	00:50:28.26	
334	4200	JOAQUIM SILVA	M	46	52	00:50:55.36	00:48:36.82	
335	4472	JOANA SOUSA	F	26	19	00:50:55.86	00:50:44.18	CASA DO BENFICA EM CASTELO BRANCO
336	586	LEONÍDO AFONSO	M	57	21	00:50:56.62	00:50:51.62	CASA DO BENFICA EM CASTELO BRANCO
337	4396	EUGENIO RODRIGUEZ	M	37	39	00:50:57.67	00:50:34.71	
338	4330	MANUEL REGO	M	55	22	00:51:05.53	00:51:00.53	GRUPO RECREATIVO E DESPORTIVO RIBEIRA DA LAGE
339	4371	BRUNO COSTA ALVES	M	38	40	00:51:08.74	00:50:57.84	MARINHA
340	4548	ANTÓNIO JÚNIOR	M	51	34	00:51:09.49	00:50:50.37	
341	4217	LUIS APOLINARIO	M	50	35	00:51:10.17	00:51:10.17	
342	5166	FERNANDO FILIPE	M	50	36	00:51:10.23	00:50:40.27	CLUBE NOVO BANCO
343	4357	JOSÉ RIBEIRO	M	58	23	00:51:11.29	00:50:45.13	CORRER LISBOA
344	4529	MIGUEL FERREIRA	M	43	51	00:51:11.72	00:50:49.73	MODA FOCA
345	4595	HUGO GONÇALVES	M	35	41	00:51:17.45	00:51:06.33	FLASH GORDON'S
346	4335	CÁTIA RAMOS	F	36	22	00:51:20.36	00:51:15.36	GRUPO RECREATIVO E DESPORTIVO RIBEIRA DA LAGE
347	4303	ALEXANDRE BARROSO	M	44	52	00:51:21.33	00:51:08.41	
348	5630	HUGO DUARTE GUERRA	M	40	53	00:51:22.63	00:51:10.49	MARINHA
349	4358	DANIEL SANTOS	M	40	54	00:51:22.74	00:50:55.89	HOVIONE SSC
350	4622	MAFALDA CARMO	F	20	20	00:51:23.04	00:51:06.38	FIT RUNNERS
351	4430	JOAQUIM FONSECA	M	63	12	00:51:23.92	00:51:15.26	FF PAZ MUNDIAL E UNIFICAÇÃO
352	4850	PEDRO MOREIRA	M	34	80	00:51:25.12	00:50:51.34	KALENJI BY DECATHLON
353	4888	MIGUEL CARVALHO	M	40	55	00:51:27.62	00:51:09.47	L&M
354	4164	EMANUEL SANTOS	M	67	13	00:51:27.65	00:51:22.03	GFD RUNNING
355	5089	PATRÍCIA CORRÊA	F	48	12	00:51:27.89	00:50:49.06	ADCRPJ
356	4203	MARIA GONÇALVES	F	46	13	00:51:27.91	00:51:22.91	AMIGOS DO ATLETISMO DE MAFRA
357	4889	JOÃO CARVALHO	M	34	81	00:51:27.97	00:51:09.86	NINJAS DO RIBATEJO
358	5454	MARTA LOPES	F	53	14	00:51:30.01	00:51:22.19	RUNPROF
359	4620	HELENA COELHO	F	46	15	00:51:30.39	00:51:14.78	FIT RUNNERS

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SEASIDE



360	4142	LICINIA REGO	F	49	16	00:51:34.05	00:51:29.05	
361	4334	FERNANDO TRINO	M	57	24	00:51:34.45	00:51:06.51	ROOM22
362	4573	PEDRO CORREIA	M	27	82	00:51:35.28	00:50:59.43	LINK
363	4229	DIOGO MARQUES PEREIRA	M	30	83	00:51:37.76	00:51:29.39	MARINHA
364	4522	JOSÉ PARDAL	M	44	56	00:51:40.75	00:50:48.80	
365	5266	DANIELA FREIRE	F	36	23	00:51:41.10	00:51:09.44	
366	4099	LUÍS SILVA	M	33	84	00:51:41.66	00:51:30.29	TARTARUGAS TEAM
367	5528	DIOGO MADEIRA	M	34	85	00:51:42.45	00:51:26.80	
368	4799	AGOSTINHO GOMES	M	39	42	00:51:44.85	00:51:12.06	
369	4524	CARLOS HILARIO	M	52	37	00:51:47.88	00:51:32.80	
370	2425	FRANCISCO FERNANDES	M	38	43	00:51:49.08	00:51:13.13	
371	4859	PEDRO FERREIRA	M	44	57	00:51:51.35	00:51:45.87	CLUBE ROBBIALAC
372	4206	ANDRÉ SILVA	M	18	86	00:51:51.93	00:51:42.21	GD ARNEIRO
373	5322	NUNO LOPES	M	40	58	00:51:52.54	00:51:25.32	PREPULCIOS
374	5074	PEDRO MARQUES	M	54	38	00:51:53.50	00:51:45.15	
375	5413	PAULO OLIVEIRA	M	49	53	00:51:53.99	00:51:18.11	AA SEIXAL
376	5402	BEATRIZ DUARTE	F	22	21	00:51:54.15	00:51:45.05	KARRAPATEIRA
377	4228	PEDRO MARQUES PEREIRA	M	34	87	00:51:54.26	00:51:46.20	MARINHA
378	4199	PEDRO CARVALHEIRO	M	35	44	00:51:58.43	00:49:37.59	OS ÚLTIMOS
379	4193	SUSANA VIDEIRA	F	36	24	00:52:00.45	00:51:49.33	
380	4536	NUNO NUNES	M	44	59	00:52:01.08	00:50:06.49	
381	4594	ANDRÉ NUNES	M	35	45	00:52:06.00	00:51:53.86	FLASH GORDON'S
382	4527	NUNO MARTINS	M	37	46	00:52:12.24	00:51:53.55	
383	4423	NUNO MELO	M	42	60	00:52:13.00	00:51:51.19	
384	4257	PAULO SOUSA	M	44	61	00:52:14.62	00:52:07.67	RB RUNNING
385	4125	RICARDO S NUNES	M	42	62	00:52:15.63	00:52:08.89	C MILLENNIUM BCP
386	5549	MANON WANDERS	F	20	22	00:52:16.48	00:51:46.07	
387	4333	LUISA CORDEIRO	F	27	23	00:52:18.28	00:51:54.19	INFANTE DE SAGRES HEALTH CLUB
388	4244	OLGA MARTINS	F	44	25	00:52:19.72	00:52:14.72	RB RUNNING
389	4323	VANDA BADÉ	F	37	26	00:52:20.32	00:52:15.32	GRUPO RECREATIVO E DESPORTIVO RIBEIRA DA LAGE
390	4605	ALVARIM MIRANDA	M	42	63	00:52:24.45	00:51:58.82	MARMELADA COM AMOR
391	4966	VANDA ROMÃO	F	49	17	00:52:25.48	00:51:56.58	CORRIDA NOTURNA PARQUE DAS NAÇÕES
392	5634	JOÃO RESENDE	M	52	39	00:52:25.58	00:52:10.77	CAPTEXTITO
393	4417	RAFAEL AZRIEL	M	49	54	00:52:26.26	00:51:53.59	
394	4197	TERESA LEITÃO	F	45	18	00:52:28.33	00:52:22.97	100 ESTRILHOS
395	4331	DIOGO AZANCOT	M	51	40	00:52:28.97	00:52:06.75	INFANTE DE SAGRES HEALTH CLUB

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MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



396	5371	RUI SILVA	M	54	41	00:52:33.96	00:52:26.11	
397	4904	CATARINA LAMEGO	F	27	24	00:52:34.18	00:52:07.54	
398	4274	SUZY PARENTE KOENEN	F	39	27	00:52:35.74	00:52:11.21	ST JULIANS RUNNING CLUB
399	5216	ANA FERREIRA	F	49	19	00:52:35.84	00:52:04.57	CLUBE NOVO BANCO
400	4431	SANDRA PALMA OLIVEIRA	F	44	28	00:52:37.96	00:52:22.27	
401	4967	LUÍS FRAGOSO	M	44	64	00:52:45.23	00:52:15.46	CORRIDA NOTURNA PARQUE DAS NAÇÕES
402	1279	CARLOS C SANTO	M	60	14	00:52:47.96	00:52:17.29	C MILLENNIUM BCP
403	4364	HELENA QENTAL	F	48	20	00:52:48.97	00:52:18.50	
404	4910	BRUNO FERNANDES	M	42	65	00:52:50.11	00:52:24.97	FUTEBOL CLUBE ESTRELAS LISBOA
405	4183	ANTÓNIO SANTOS	M	33	88	00:52:52.16	00:52:43.88	
406	5522	ROBERTO SIQUENIQUE	M	24	89	00:52:52.71	00:52:39.46	TRAIL DO TEXUGO
407	4319	MIGUEL MARQUES	M	40	66	00:52:53.08	00:52:53.08	
408	5493	NICOLAS DARRIULAT	M	26	90	00:52:54.37	00:52:20.57	
409	4715	FERNANDO RODRIGUES	M	48	55	00:52:54.59	00:52:08.36	
410	4238	MIGUEL PEREIRA	M	44	67	00:52:54.60	00:52:45.39	IMASAMS
411	4343	MARCOS LEONARDO	M	66	15	00:52:55.07	00:52:55.07	CBAMM
412	4561	CARLOS TROMBINHAS	M	44	68	00:52:56.26	00:52:41.77	QUARENTÕES NA BISGA
413	5329	FERNANDO CARRILHO	M	61	16	00:52:56.90	00:52:45.70	
414	350	LUISA LANDEIRO	F	48	21	00:52:57.53	00:52:14.57	SSCGD
415	4387	PAULO SOUSA	M	44	69	00:52:57.66	00:52:37.41	GDCTINCM
416	4540	BRUNO MADEIRA	M	40	70	00:52:57.74	00:52:47.21	
417	5544	JOÃO INGLES FERREIRA	M	32	91	00:52:57.97	00:52:15.02	MARINHA
418	4803	SÓNIA FRANÇA	F	40	29	00:52:58.19	00:52:27.50	
419	4552	ADRIANO CUNHA	M	64	17	00:52:58.95	00:52:47.07	
420	4378	MIGUEL VELEZ	M	55	25	00:53:03.42	00:52:43.42	CLUBE C LISBOA
421	4450	MARTA ENCANTADO	F	30	25	00:53:04.48	00:52:45.20	TIME FOR ME
422	4633	JOSÉ MANUEL HENRIQUES	M	47	56	00:53:04.64	00:52:36.94	
423	335	OLGA BORGES	F	43	30	00:53:05.96	00:52:21.86	OLGA BORGES
424	4532	LUIS GAMA	M	49	57	00:53:08.30	00:52:49.79	GDCT UNICRE
425	4570	BERND WEITEMEIER	M	58	26	00:53:08.39	00:52:55.30	
426	4302	CHRIS WEUTSCHECK	M	34	92	00:53:08.61	00:52:40.01	RUHR RUN CLUB
427	4253	ALEXANDRE BENTO	M	56	27	00:53:08.70	00:52:58.47	RUN TEJO
428	5071	RUTE MARTINS	F	41	31	00:53:08.96	00:52:24.88	DUBLIN O'SEVEN
429	5383	MARTA VERISSIMO	F	25	26	00:53:12.33	00:53:07.33	
430	5316	HELENA SÉCIO	F	53	22	00:53:13.44	00:52:59.44	MÃE E FILHA
431	4459	DIOGO SIMOES	M	40	71	00:53:14.18	00:52:57.00	

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MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



432	5124	BAUDUINO FERREIRA	M	66	18	00:53:16.83	00:52:34.35	RUNNING FAMILY
433	4245	PEDRO MARTINS	M	44	72	00:53:17.07	00:53:12.07	RB RUNNING
434	4766	JOÃO RAMALHOSA	M	45	58	00:53:20.31	00:52:42.12	
435	4925	JULIE PRUDHOMME	F	36	32	00:53:25.98	00:52:43.96	
436	2740	CARLOS SECO SECO	M	58	28	00:53:29.60	00:53:20.64	
437	4453	CARLA SILVA	F	46	23	00:53:31.09	00:53:18.85	IMASAMS
438	4449	MARTA SANTOS	F	41	33	00:53:32.00	00:53:14.98	
439	4498	HENRIQUE RIOS	M	44	73	00:53:33.10	00:53:09.48	RAFAEL PERALVA
440	4521	RUI MARTINS	M	38	47	00:53:33.20	00:52:39.10	
441	4338	JOÃO RODRIGUES	M	45	59	00:53:34.03	00:53:04.04	CCD CRÉDITO AGRÍCOLA MÚTUO
442	4486	MARISA RODRIGUES	F	40	34	00:53:35.07	00:53:22.64	OS GALGOS
443	4415	CATARINA RAMOS	F	29	27	00:53:37.68	00:53:10.64	CORRER LISBOA
444	4129	FERNANDO R ADREGA	M	45	60	00:53:38.71	00:53:32.10	C MILLENNIUM BCP
445	4312	LENA BLÜMER	F	54	24	00:53:39.81	00:53:14.94	
446	2035	RICARDO ALVES	M	41	74	00:53:42.02	00:53:12.47	
447	4504	FERNANDO COELHO	M	46	61	00:53:42.24	00:53:31.89	
448	4385	ANTÓNIO PINA	M	67	19	00:53:47.58	00:53:22.68	LINCES DA BELA VISTA
449	4569	ELISABETE PINTO	F	48	25	00:53:48.59	00:53:29.81	
450	4169	DAVID ALMEIDA	M	47	62	00:53:48.94	00:53:43.94	
451	4563	JOÃO PEREIRA	M	44	75	00:53:50.28	00:53:27.62	
452	4809	MÁRIO JOÃO PINTO ALVES	M	38	48	00:53:58.23	00:53:34.25	MARINHA
453	5075	JOAO MARQUES	M	41	76	00:54:02.11	00:54:02.11	
454	5025	ALBERTO ROMÃO	M	56	29	00:54:02.54	00:53:14.99	
455	5053	ARMANDO VALENTE	M	48	63	00:54:02.57	00:53:00.40	
456	4425	FERNANDO PIRES	M	51	42	00:54:02.86	00:53:40.70	
457	4616	VASCO RAMOS	M	42	77	00:54:05.17	00:53:46.55	
458	4419	CORALIE CHODOROWSKI	F	40	35	00:54:06.16	00:53:16.91	ALPHA RUN
459	5175	JOSE DELGADO	M	51	43	00:54:07.04	00:53:07.86	GD SANTANDERTOTTA
460	4949	JOÃO PEREIRA	M	52	44	00:54:07.85	00:53:39.45	SEASIDE
461	5309	BRUNO PINHO	M	40	78	00:54:10.08	00:53:47.86	BEIRA RIO
462	4568	PEDRO PACHECO	M	48	64	00:54:10.35	00:53:45.64	
463	4234	PAULO DINIS	M	43	79	00:54:10.93	00:53:41.15	
464	5046	SÓNIA SANTOS	F	31	28	00:54:10.94	00:53:46.57	SEASIDE
465	4236	ANTÓNIO VARELA	M	52	45	00:54:14.84	00:54:06.43	
466	4615	JORGE MANUEL	M	54	46	00:54:16.25	00:53:57.19	
467	4530	CARLOS VIEGAS	M	60	20	00:54:17.86	00:53:16.28	GDCT UNICRE
468	4138	JOAO PINTO	M	42	80	00:54:18.71	00:54:12.68	RUN FOR FRIENDS

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DESCOBRIMENTOS

SEASIDE



469	4135	RUTE FILIPE	F	37	36	00:54:18.73	00:54:11.36	RUN FOR FRIENDS
470	4545	LUIS MIGUEL	M	43	81	00:54:19.45	00:54:04.80	
471	4301	JOÃO AFONSO	M	46	65	00:54:19.58	00:54:04.47	
472	435	CARLA MORGADO	F	45	26	00:54:20.15	00:53:41.51	AS FERAS
473	4508	MANUEL CORREIA	M	42	82	00:54:20.25	00:53:59.42	
474	4870	MANUEL GOMES	M	53	47	00:54:20.27	00:54:00.44	CLUBE MARGINAL
475	4101	ALEXANDRE SILVA	M	43	83	00:54:21.79	00:54:00.93	CLUBE VODAFONE
476	4900	ALEXANDRA GUERRA INÁCIO	F	35	37	00:54:22.24	00:54:22.24	MARINHA
477	5005	SONIA CASTRO	F	34	29	00:54:22.38	00:53:30.02	GD SANTANDERTOTTA
478	1347	THELMO CUNHA	M	58	30	00:54:24.98	00:54:24.98	RUN2FINISH.PT
479	5240	CARLA MENDES	F	37	38	00:54:27.84	00:54:22.84	GRUPO RECREATIVO E DESPORTIVO RIBEIRA DA LAGE
480	4145	VENTURA SARAIVA	M	66	21	00:54:28.27	00:54:23.13	GRUPO RECREATIVO E DESPORTIVO RIBEIRA DA LAGE
481	4590	TOMÁS LENCASTRE FERREIRA	M	24	93	00:54:29.34	00:54:14.24	
482	5486	SÓNIA FERNANDES JORGE	F	39	39	00:54:30.05	00:54:05.49	MARINHA
483	5484	HUGO CAROLINO ALVES	M	37	49	00:54:30.06	00:54:05.11	MARINHA
484	4739	CARLOS PEREIRA	M	42	84	00:54:30.56	00:53:39.91	FIDELIDADE GDC
485	4148	CLÁUDIA MIGUEL	F	31	30	00:54:31.49	00:54:26.49	
486	4147	JOÃO VELEZ	M	39	50	00:54:31.66	00:54:26.66	
487	4081	AGOSTINHO CRISTINO	M	70	22	00:54:33.25	00:54:28.25	CBAMM
488	5487	CLAUDIA QUINTELA	F	35	40	00:54:33.49	00:54:08.57	MARINHA
489	4468	LUIZ MIGUEL CHATILLON	M	60	23	00:54:36.39	00:54:19.14	
490	4992	CARLOS MANUEL OLIVEIRA	M	56	31	00:54:36.78	00:53:43.65	CLUBE PT-ZCS
491	4024	TONI VIU	M	47	66	00:54:37.15	00:54:21.98	
492	5353	LUKE DORNAN	M	30	94	00:54:37.74	00:54:04.43	
493	5434	CLAUDIO PAULINHO	M	37	51	00:54:38.14	00:54:38.14	
494	2253	PAULO CARVALHO	M	45	67	00:54:39.12	00:53:49.91	FIDELIDADE GDC
495	4489	ANA PASSOS	F	47	27	00:54:39.28	00:54:39.28	RUN TEJO
496	4351	XANA FILIPE	F	47	28	00:54:39.52	00:54:29.49	CLUBE NOVO BANCO
497	4394	ALBANO SILVA	M	50	48	00:54:40.84	00:54:18.93	
498	4497	NUNO MARTINS	M	41	85	00:54:42.66	00:54:28.48	RUN FORREST RUN
499	4634	DANIELA MANILE	F	39	41	00:54:44.94	00:54:23.15	IPPOLIFE S.S.D. A R.L.
500	4219	FRANCISCA ALVES	F	49	29	00:54:45.01	00:54:39.78	
501	4576	MIGUEL REDMONT	M	48	68	00:54:45.67	00:54:24.60	
502	4619	CLAUDIA SAMAGAIO	F	40	42	00:54:46.18	00:54:30.13	FIT RUNNERS
503	4240	CARLA SILVA	F	47	30	00:54:46.60	00:54:29.38	
504	5079	TERRY LUTZ	M	42	86	00:54:46.78	00:53:40.49	

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DESCOBRIMENTOS

SEASIDE



505	4657	RUI SABINO	M	48	69	00:54:47.97	00:54:12.78	
506	4297	LINO OLIVEIRA	M	73	24	00:54:49.78	00:54:41.35	GD SANTANDERTOTTA
507	4519	RICARDO BRANCO	M	48	70	00:54:50.39	00:54:44.28	GFD RUNNING
508	4252	LUIS ISABELINHA	M	45	71	00:54:50.47	00:54:42.71	RUN TEJO
509	5530	JOSE PEDRO ARAGAO	M	43	87	00:54:50.57	00:54:20.84	
510	4751	ANTONIO PAIS	M	71	25	00:54:53.55	00:54:13.24	VALE DE MADEIROS SC
511	4559	CARLOS TOME	M	52	49	00:54:55.94	00:54:39.42	
512	5388	PAULO FERNANDES	M	51	50	00:54:57.32	00:54:37.51	
513	4924	ODÍLIA PEREIRA	F	47	31	00:54:57.65	00:54:40.55	CLUBE VODAFONE
514	4762	CÉSAR MACHADO	M	37	52	00:54:57.71	00:54:07.82	VDA ATLETAS
515	4600	NUNO MARQUES	M	49	72	00:54:58.93	00:54:31.11	
516	4623	ROSÁRIO CARMO	F	52	32	00:54:59.14	00:54:42.77	FIT RUNNERS
517	4558	CARLOS JORGE CASAL	M	44	88	00:54:59.29	00:54:22.16	
518	4969	RUI FILIPE GARCIA	M	39	53	00:55:00.79	00:54:03.42	CLUBE COLABORADORES AGEAS
519	4407	CARLA FERREIRA	F	34	31	00:55:02.00	00:54:52.32	MIND RUNNERS
520	4582	PAULO SILVA	M	45	73	00:55:02.07	00:53:42.20	BIGROSCAS
521	1913	SÓNIA ARAÚJO	F	40	43	00:55:02.20	00:54:05.79	ASAS NOS PÉS
522	5467	CÉLIA MINAU	F	43	44	00:55:02.75	00:54:47.44	
523	4748	HUGO QUINTAL	M	30	95	00:55:02.96	00:54:48.73	
524	4752	ARTUR ANTÓNIO INÁCIO FARINHA	M	55	32	00:55:03.68	00:54:32.12	
525	5360	RUI GONÇALVES	M	58	33	00:55:04.39	00:54:18.17	
526	5170	RITA RAMOS	F	39	45	00:55:05.45	00:54:00.16	GD SANTANDERTOTTA
527	5127	LUCIANO REIS	M	58	34	00:55:07.07	00:54:14.92	
528	4127	FERNANDO S ALMEIDA	M	50	51	00:55:09.59	00:54:45.90	C MILLENNIUM BCP
529	4349	ANA C GONCALVES	F	43	46	00:55:09.78	00:54:46.10	C MILLENNIUM BCP
530	5064	NUNO BATISTA	M	41	89	00:55:10.19	00:54:34.13	
531	4475	SARA ANTUNES	F	37	47	00:55:10.45	00:54:57.96	CASA DO BENFICA EM CASTELO BRANCO
532	4716	RAFAEL ALMEIDA	M	18	96	00:55:10.86	00:54:25.72	
533	5444	VITOR TEIXEIRA	M	55	35	00:55:11.57	00:53:46.84	CCD SIEMENS
534	4525	VITOR ESCARIA	M	47	74	00:55:11.77	00:54:20.57	ESCARIA & FRIENDS
535	5523	ANA ISABEL MACHADO FERREIRA RACHA	F	20	32	00:55:13.14	00:55:00.85	KALORIAS ÉVORA
536	4406	FILIPA ALMEIDA	F	34	33	00:55:13.68	00:55:04.32	KPMG RUNNERS
537	4409	ANDREIA SANTOS	F	27	34	00:55:14.24	00:55:04.75	KPMG RUNNERS
538	5534	FABIO QUERIDO	M	29	97	00:55:15.05	00:55:15.05	
539	4526	ANA GONÇALVES	F	30	35	00:55:17.03	00:54:31.23	
540	4362	PAULO DIAS	M	40	90	00:55:18.20	00:54:38.97	KPMG RUNNERS

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SEASIDE



541	4426	JOÃO ROSÁRIO	M	47	75	00:55:18.43	00:54:56.18	
542	5321	PEDRO DOMINGOS	M	36	54	00:55:19.93	00:54:54.65	PREPULCIOS
543	4958	CARLOS GARCIA	M	46	76	00:55:20.83	00:55:00.28	OS GALGOS
544	4544	PEDRO GIL	M	41	91	00:55:20.91	00:55:08.16	
545	4706	PEDRO NOBRE PINTO	M	21	98	00:55:22.26	00:54:23.08	COFINA RUNNERS
546	4814	JÚLIA CALISTO	F	55	2	00:55:23.19	00:55:12.57	
547	4907	LUIS LIMA	M	54	52	00:55:24.60	00:55:14.76	
548	5298	PEDRO COELHO	M	40	92	00:55:25.97	00:54:37.84	CAPTAIN FLY
549	4435	JUDITE BAIXINHO	F	32	36	00:55:26.95	00:55:10.07	SANTIAGO FUTEBOL CLUBE
550	4531	GONÇALO OLIVEIRA	M	56	36	00:55:27.89	00:54:27.03	GDCT UNICRE
551	5491	ANA CASTELHANO	F	43	48	00:55:28.83	00:55:16.73	SALINAS RUN
552	4432	PEDRO CACHAÇO	M	48	77	00:55:29.55	00:55:06.84	
553	5315	BEATRIZ SÉCIO	F	21	37	00:55:30.10	00:55:15.57	MÃE E FILHA
554	5626	FABIO MONTEIRO	M	29	99	00:55:30.40	00:54:40.01	CLUBE ACCENTURE
555	4368	SANDRA GONÇALVES	F	32	38	00:55:31.18	00:55:17.53	
556	5035	JOSE COLLADO FERNANDEZ	M	47	78	00:55:32.97	00:54:50.43	
557	4556	FERNANDO PEREIRA	M	46	79	00:55:33.94	00:55:17.55	AZEITÃO RUNNING
558	2216	RICARDO CARDOSO	M	39	55	00:55:34.64	00:54:22.40	SEASIDE
559	4481	MARGARIDA PIRES	F	19	39	00:55:34.83	00:54:55.15	SS CGD
560	2218	MARINA MARTINS	F	44	49	00:55:34.87	00:54:24.48	SEASIDE
561	5639	ARTHUR MUGNIER	M	29	100	00:55:38.46	00:55:15.05	
562	4890	SUSANA GOUVEIA	F	43	50	00:55:39.95	00:55:29.20	
563	5485	PEDRO CAVACA NEVES	M	39	56	00:55:42.18	00:55:12.07	MARINHA
564	4971	MARIA RITA DUARTE	F	29	40	00:55:42.34	00:55:05.54	CLUBE COLABORADORES AGEAS
565	5001	PEDRO REIS	M	46	80	00:55:42.40	00:54:42.80	GD SANTANDERTOTTA
566	5313	PEDRO ROCHA	M	35	57	00:55:44.90	00:55:37.74	SHADOW RUNNERS
567	4670	INÊS DE SALES RIBEIRO	F	33	41	00:55:47.17	00:55:05.80	
568	4901	ALEXANDRE TAVEIRA	M	50	53	00:55:48.08	00:55:48.08	
569	5527	MICHAEL WANDERS	M	52	54	00:55:48.53	00:55:48.53	
570	4636	AURÉLIO CALADO	M	69	26	00:55:49.02	00:55:22.53	4 AO KM
571	5497	AVELINO OLIVEIRA	M	53	55	00:55:49.04	00:55:13.91	
572	5351	VALERIA CHRISTINA HAMER SOUSA	F	51	33	00:55:49.81	00:55:25.94	
573	4311	RUI BARROS	M	50	56	00:55:52.23	00:55:34.46	
574	5252	LEANNE CROSSLAND	F	38	51	00:55:52.24	00:54:41.04	RUNNING MUMS
575	4984	GONÇALO CANDEIAS BASTO	M	32	101	00:55:52.41	00:54:58.34	CLUBE PT-ZCS
576	4361	PEDRO COSTA	M	31	102	00:55:52.72	00:55:36.99	HOVIONE SSC
577	5455	SANDRA ALVES	F	32	42	00:55:53.60	00:55:05.76	



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DESCOBRIMENTOS

SEASIDE



578	5078	INÉS SANTOS	F	24	43	00:55:54.57	00:55:04.46	
579	4849	JOÃO VICENTE	M	55	37	00:55:54.72	00:55:05.86	
580	4261	GUILHERMINA DA CRUZ	F	52	34	00:55:55.53	00:55:46.14	RUN TEJO
581	4260	CARLA COELHO	F	44	52	00:55:55.57	00:55:47.28	RUN TEJO
582	4122	MIGUEL VINAGRE	M	43	93	00:55:56.18	00:55:26.34	CCD CRÉDITO AGRÍCOLA MÚTUO
583	4339	CARLA DOMINGOS	F	38	53	00:55:56.49	00:55:26.85	CCD CRÉDITO AGRÍCOLA MÚTUO
584	4337	NUNO PÓVOA	M	34	103	00:55:56.70	00:55:13.09	CCD CRÉDITO AGRÍCOLA MÚTUO
585	5167	LUIS DIAS	M	43	94	00:55:57.91	00:54:58.34	GD SANTANDERTOTTA
586	4562	SONIA GARCIA	F	42	54	00:55:58.02	00:55:38.48	QUARENTÕES NA BISGA
587	5057	SÉRGIO BERNARDO	M	45	81	00:55:58.30	00:55:39.06	QUARENTÕES NA BISGA
588	4467	JORGE ALMEIDA	M	69	27	00:56:00.18	00:55:42.73	CLUBE ATLETISMO AMIGOS DE BELÉM
589	5310	NUNO DIAS	M	34	104	00:56:01.28	00:55:10.56	OS FLECHAS
590	4631	VALTER LOPES	M	42	95	00:56:03.41	00:55:35.61	
591	4249	PAULO BAILÃO	M	48	82	00:56:04.55	00:55:23.38	SSCGD
592	4981	LIDIA BILAO	F	48	35	00:56:04.75	00:55:25.44	SSCGD
593	5115	ANTÓNIO DIAS	M	54	57	00:56:05.19	00:56:05.19	LINK
594	5206	DAVID MARQUES	M	34	105	00:56:05.66	00:51:13.17	
595	5529	DAVID MOTA	M	30	106	00:56:07.65	00:55:22.07	#DD2017
596	4585	SOFIA ESCARIA	F	22	44	00:56:09.84	00:55:17.90	ESCÁRIA & FRIENDS
597	5414	JOSE BARATA	M	75	28	00:56:11.56	00:55:58.20	
598	4434	JOSÉ BAIXINHO	M	61	29	00:56:12.34	00:55:54.88	SANTIAGO FUTEBOL CLUBE
599	5512	MÓNICA AZENHA	F	41	55	00:56:13.83	00:55:54.55	
600	4305	ALEXIS BRUDER	M	18	107	00:56:14.36	00:55:19.18	
601	4789	ANTÓNIO SOARES	M	51	58	00:56:15.64	00:55:28.55	
602	4864	EUGENIE QUINTY	F	35	56	00:56:21.69	00:56:02.12	
603	4665	KARIM BANGY	M	39	58	00:56:23.08	00:55:56.16	
604	4609	IVO JOAQUIM	M	47	83	00:56:24.86	00:56:01.82	
605	4987	CARLOS MANUEL MARTINS	M	58	38	00:56:25.34	00:55:31.65	CLUBE PT-ZCS
606	4912	CRISTINA LUCAS	F	43	57	00:56:26.01	00:56:00.35	FC ESTRELAS LISBOA
607	4983	LUIS MIGUEL PEREIRA	M	44	96	00:56:27.61	00:55:33.91	CLUBE PT-ZCS
608	4452	MARGARIDA MARQUES	F	45	36	00:56:28.21	00:55:58.79	IMASAMS
609	4383	JOSÉ CRUZ	M	64	30	00:56:28.91	00:56:04.49	LINCES DA BELA VISTA
610	4493	JOAQUIM RAMINHOS CUNHA	M	47	84	00:56:30.36	00:54:30.87	MARINHA
611	4494	LUÍS CARLOS RIBEIRO	M	41	97	00:56:30.61	00:56:30.61	MARINHA
612	4515	CONCEICAO PINA	F	52	37	00:56:31.22	00:56:13.65	GFD RUNNING
613	5312	PEDRO SERRA	M	29	108	00:56:32.17	00:56:25.16	SHADOWRUNNERS

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MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



614	4292	MARTA MEGA RUFINO	F	42	58	00:56:34.03	00:56:09.54	ST JULIANS RUNNING CLUB
615	4360	JEREMIAS RIBEIRO	M	75	31	00:56:35.40	00:55:58.15	
616	590	JOSE ANTONIO SANTOS	M	46	85	00:56:36.15	00:55:28.04	GD SANTANDERTOTTA
617	5436	SOFIA ALEIXO	F	41	59	00:56:37.50	00:56:37.50	LINDA-A-PASTORA
618	4487	CATARINA NICHU	F	52	38	00:56:41.71	00:56:29.10	OS GALGOS
619	1768	FÁBIO TORRES	M	33	109	00:56:43.95	00:55:56.92	CAPTAIN FLY
620	4340	RODOLFO D LIMA	M	51	59	00:56:44.38	00:56:31.44	C MILLENNIUM BCP
621	5378	BEATRIZ MATIAS	F	44	60	00:56:44.62	00:55:59.41	
622	5366	LUIS GAMEIRO	M	39	59	00:56:45.38	00:56:08.17	
623	4713	IVAN COSTA	M	30	110	00:56:46.21	00:55:55.04	CLUBE C LISBOA
624	5349	MARCO CANADA	M	35	60	00:56:46.71	00:55:54.36	
625	5072	BERNARDO FELISMINO	M	20	111	00:56:47.96	00:56:06.72	
626	5143	SERGIO P ANJOS	M	71	32	00:56:48.66	00:56:09.73	C MILLENNIUM BCP
627	4688	TERESA NICOLAU	F	56	3	00:56:49.75	00:56:16.71	
628	4813	BOULARD CHRISTOPHE	M	41	98	00:56:50.00	00:55:57.00	BE
629	5519	FERNANDO FIÃES	M	54	60	00:56:51.97	00:56:30.70	
630	5451	CRISTIANA RODRIGUES	F	24	45	00:56:52.78	00:56:33.84	ZIMBRA FOX RUNNERS
631	5038	JORGE SANTOS	M	50	61	00:56:53.00	00:56:35.83	
632	4727	MAURO LANÇA	M	41	99	00:56:53.34	00:56:48.33	GDCTINCM
633	4306	FRANCOIS BRUDER	M	51	62	00:56:53.61	00:56:00.52	
634	4395	LIONEL TOSTIVINT	M	53	63	00:56:53.93	00:56:00.03	
635	4464	SONIA SANTOS	F	36	61	00:56:54.01	00:56:34.89	
636	4174	FILIPE GONÇALVES DIAS	M	23	112	00:56:54.43	00:56:42.75	MARINHA
637	4400	JÉSSICA TELES MACHADO	F	24	46	00:56:55.64	00:56:44.35	MARINHA
638	5039	RUI RIBEIRO PARREIRA	M	53	64	00:56:59.89	00:56:08.97	MARINHA
639	5242	ALBERICO GUERRA	M	67	33	00:57:00.43	00:56:17.61	
640	5041	JORGE LEMOS BORGES	M	30	113	00:57:00.60	00:56:00.54	MARINHA
641	4985	AMÉRICO MANUEL CANDIDA	M	47	86	00:57:00.69	00:56:05.61	CLUBE PT-ZCS
642	5040	SARA LÚCIO COELHO	F	28	47	00:57:00.79	00:56:00.40	MARINHA
643	5280	FORTUNATO MULAS	M	44	100	00:57:01.91	00:56:48.07	CLUBE DA NATUREZA
644	5417	PAULO CARVALHO	M	64	34	00:57:03.58	00:56:42.06	EDP
645	5453	MARIA CARMO CORREIA	F	55	4	00:57:06.17	00:56:23.84	
646	4304	PEDRO PUREZA	M	43	101	00:57:06.25	00:56:52.17	
647	4802	MARISA PEREIRA	F	40	62	00:57:07.63	00:56:36.94	
648	5288	PATRÍCIA DIAS	F	35	63	00:57:07.88	00:56:49.00	
649	5545	RAFAEL SANTOS	M	35	61	00:57:09.47	00:56:10.87	PEACE-UDOS
650	4495	ANÍBAL LOPES ROSA	M	44	102	00:57:10.00	00:57:10.00	MARINHA

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MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



651	4821	ANA RODRIGUES	F	45	39	00:57:15.31	00:56:55.28	
652	5318	ANA SERRA	F	25	48	00:57:17.82	00:57:08.34	
653	4775	DUARTE MARTINS	M	47	87	00:57:18.59	00:56:22.43	RUNNERS POWER
654	4666	JORGE VAZQUEZ	M	67	35	00:57:18.78	00:56:50.38	
655	4137	RICARDO VIEIRA	M	36	62	00:57:22.86	00:57:15.63	RUN FOR FRIENDS
656	4251	JORGE GURITA	M	59	39	00:57:22.99	00:57:10.14	
657	5546	RUI RAMOS	M	33	114	00:57:23.78	00:56:23.94	PEACE-UDOS
658	4932	MIGUEL COELHO	M	47	88	00:57:24.00	00:57:03.41	
659	4856	TÂNIA SANTOS FERREIRA	F	27	49	00:57:24.93	00:56:51.76	MARINHA
660	5418	SIMAO CAMPOS	M	34	115	00:57:25.61	00:57:04.78	EDP
661	5006	CARLOS ALVES	M	49	89	00:57:26.38	00:56:15.95	GD SANTANDERTOTTA
662	2219	CAROLINA MARQUES	F	25	50	00:57:28.43	00:56:22.70	SEASIDE
663	4586	MARIA FELÍCIO	F	32	51	00:57:28.99	00:57:06.30	
664	4905	MANUEL LAMEGO	M	61	36	00:57:30.86	00:57:04.30	
665	5537	HIPOLITO PEREIRA	M	24	116	00:57:31.38	00:55:27.41	OLYMPIC SILVAS
666	4412	CARLOS G SANTOS	M	59	40	00:57:31.57	00:57:16.12	Hapvida +1K
667	4500	FREDERICO GAMAS	M	30	117	00:57:32.10	00:57:19.40	
668	4131	PAULO C ARSENIO	M	48	90	00:57:33.60	00:57:26.56	C MILLENNIUM BCP
669	4256	RUI PARLMA	M	39	63	00:57:34.30	00:57:25.53	SSCGD
670	4617	ELISA GONÇALVES	F	40	64	00:57:34.75	00:57:19.06	FIT RUNNERS
671	5148	JOÃO PEDRO ESTRELA	M	58	41	00:57:34.94	00:56:36.20	INFANTE DE SAGRES HEALTH CLUB
672	4488	RUI MONTEIRO	M	37	64	00:57:36.01	00:56:59.41	
673	4930	ANABELA VICENTE	F	47	40	00:57:37.45	00:57:16.88	
674	5214	DIOGO ROMÃO	M	29	118	00:57:38.42	00:56:30.16	
675	4624	CARINA GUERREIRO	F	41	65	00:57:39.44	00:57:23.50	FIT RUNNERS
676	5334	JULIA CZAPLA	F	20	52	00:57:39.53	00:56:59.12	
677	5062	MARIANA OLIVEIRA	F	18	53	00:57:39.66	00:56:57.99	
678	4628	CATARINA BARREIRO	F	28	54	00:57:39.72	00:57:23.51	FIT RUNNERS
679	5211	NUNO MANUEL PEREIRA GUERREIRO	M	43	103	00:57:41.88	00:56:59.95	
680	1896	JAIME LOPES	M	43	104	00:57:42.53	00:56:57.91	RUNNING 4 ETERNITY
681	5285	SARA SEMIÃO	F	25	55	00:57:42.66	00:57:15.38	
682	4308	EDUARDO MOUTINHO	M	50	65	00:57:46.90	00:57:21.64	CORRER LISBOA
683	4424	TALA N´DJAI	M	37	65	00:57:48.48	00:57:15.69	
684	4599	ANTÓNIO DONATO	M	54	66	00:57:48.81	00:57:18.81	
685	2217	MAGDA LEITÃO	F	48	41	00:57:49.64	00:56:45.43	SEASIDE
686	5135	MUKESH CARSANE	M	41	105	00:57:51.79	00:57:15.88	
687	5336	FLÁVIA CARÓSIO GOES	F	23	56	00:57:52.36	00:57:31.37	

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MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



688	4753	RUI PINTO	M	54	67	00:57:52.41	00:57:07.61	VDA ATLETAS
689	4880	ALEXANDRA PINTO	F	43	66	00:57:53.28	00:57:10.45	
690	4461	CARLOS COSTA	M	43	106	00:57:53.50	00:57:43.65	
691	5080	MARIO ZANATTI	M	50	68	00:57:53.95	00:56:49.12	
692	2042	ANTÓNIO FIGUEIREDO	M	58	42	00:57:55.20	00:57:43.33	CLUBE EDP – LISBOA
693	5193	LUIS MOURA	M	44	107	00:57:56.86	00:57:39.61	
694	4460	ANTÓNIO MANUEL VENTURA	M	49	91	00:57:57.05	00:57:40.86	
695	5506	FRANCISCA SILVA	F	25	57	00:58:00.22	00:55:56.13	OLYMPIC SILVAS
696	4380	CARLOS FERREIRA	M	54	69	00:58:01.19	00:57:21.68	CLUBE C LISBOA
697	1897	PAULO RASCÃO	M	54	70	00:58:01.62	00:57:15.23	
698	5029	SABRINA LAPINI	F	37	67	00:58:02.79	00:57:02.03	
699	5619	ALIONA GUTU	F	28	58	00:58:04.12	00:57:16.02	
700	5048	VERA PINHEIRO	F	42	68	00:58:05.18	00:57:38.66	
701	4767	JOHANN GOUSSEAU	M	45	92	00:58:06.60	00:57:24.65	
702	4275	SARA TURNER	F	38	69	00:58:07.00	00:57:41.00	ST JULIANS RUNNING CLUB
703	5008	RUI VILELA	M	41	108	00:58:09.14	00:57:34.09	GD SANTANDERTOTTA
704	3275	MARTA MALHADAS	F	36	70	00:58:09.65	00:57:29.41	
705	4512	SONIA SANTOS	F	48	42	00:58:10.75	00:57:57.79	OS GALGOS
706	5177	RICARDO PITEIRA	M	28	119	00:58:12.74	00:57:37.74	OS GALGOS
707	4557	JORGE L. A. CORDEIRO CORDEIRO	M	60	37	00:58:16.01	00:57:57.15	START
708	4800	MOISÉS PIRES	M	52	71	00:58:17.20	00:58:17.20	ATLETAS DE PESO
709	5482	ANNABELLE LUIS	F	41	71	00:58:18.15	00:57:52.55	
710	4485	JORGE FIGUEIREDO	M	50	72	00:58:19.10	00:57:43.87	SS CGD
711	5481	RUI BANZA	M	43	109	00:58:19.65	00:57:53.88	
712	4490	MARIA FORTES	F	43	72	00:58:22.17	00:58:11.73	RUN TEJO
713	4326	JOAQUIM BARROCAS	M	66	38	00:58:23.01	00:57:55.50	N. A. PAPAGAIOS DE CASCAIS
714	4848	ARMANDA SERMEÃO	F	42	73	00:58:23.46	00:57:57.38	
715	5024	JOSÉ CARLOS ALVES	M	66	39	00:58:25.05	00:58:25.05	
716	4588	HUGO SILVA	M	42	110	00:58:26.42	00:57:54.12	
717	4513	DORA PIRES	F	52	43	00:58:26.87	00:57:47.33	SS CGD
718	4656	MARIA DE LURDES PEREIRA	F	47	44	00:58:27.15	00:57:48.86	
719	4491	FIONA DUFFY MONTEIRO	F	25	59	00:58:27.92	00:58:17.22	
720	5277	PEDRO SILVA	M	40	111	00:58:28.64	00:57:47.41	LISBON SOUTH BAY RC
721	4721	JORGE SANTOS	M	53	73	00:58:29.71	00:57:31.98	O DESPERTAR DE CASAL DE CAMBRA
722	5253	HETTIE GUERIN	F	36	74	00:58:31.76	00:57:39.19	
723	5150	HÉLIO VELHAS	M	50	74	00:58:32.00	00:58:17.00	INFANTE DE SAGRES HEALTH CLUB

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MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



724	4404	ANTÓNIO FRYXELL DOS SANTOS	M	29	120	00:58:32.51	00:57:46.75	
725	4765	SANDRA GONÇALVES	F	40	75	00:58:35.42	00:57:57.26	
726	4578	ANNA VASSILIEVA	F	38	76	00:58:35.61	00:57:24.71	RUNNING MUMS
727	4584	ANTÓNIO FARIA	M	64	40	00:58:37.83	00:58:20.85	
728	4348	CARLA P LOURENCO	F	43	77	00:58:40.15	00:58:25.73	C MILLENNIUM BCP
729	4725	PATRICIA GASPAR	F	41	78	00:58:40.16	00:58:14.66	GDCTINCM
730	2041	NUNO GOMES	M	50	75	00:58:41.10	00:58:29.23	CLUBE EDP - LISBOA
731	5509	JORGE COIMBRA	M	43	112	00:58:41.60	00:58:03.99	COIMBRAS
732	5478	PEDRO PINTO	M	32	121	00:58:41.88	00:58:36.88	
733	5191	VÍCTOR BELLERÍN	M	41	113	00:58:43.62	00:58:24.50	
734	4300	ALEXANDRA BAPTISTA	F	43	79	00:58:45.35	00:58:35.07	SERVIÇOS SOCIAIS MONTEPIO
735	4979	ANTONIO CARPINTEIRO	M	73	41	00:58:47.64	00:58:29.61	SS CGD
736	5180	MARIA QUITÉRIO	F	55	5	00:58:47.94	00:58:23.23	
737	2547	JANICE MCNALLY-TRAINOR	F	34	60	00:58:48.00	00:57:44.03	
738	4496	SOFIA NOGUEIRA	F	43	80	00:58:49.17	00:58:40.35	PIMPOES TRIATLO
739	4579	ESMERALDA RAMALHO	F	46	45	00:58:49.58	00:58:31.88	CORRER LISBOA
740	4851	JOÃO BOBATO	M	39	66	00:58:49.73	00:58:18.18	KALENJI BY DECATHLON
741	4989	PAULA ISABEL NOGUEIRA	F	49	46	00:58:49.91	00:58:35.29	CLUBE PT-ZCS
742	5102	SORAIA PAULO	F	26	61	00:58:50.52	00:58:13.46	
743	2195	CÁTIA NASCIMENTO	F	38	81	00:58:52.24	00:58:08.82	SEASIDE
744	5237	JORGE ASCENÇÃO	M	44	114	00:58:52.81	00:58:04.86	CLUBE NOVO BANCO
745	5429	CARMEN SILVA	F	38	82	00:58:53.96	00:58:22.43	
746	4602	ODETE FRANCISCO	F	48	47	00:58:54.37	00:58:44.92	SERRANOS
747	4604	CARLOS LOPES	M	50	76	00:58:54.42	00:58:44.30	SERRANOS
748	5200	CHICO SANTOS	M	62	42	00:58:54.62	00:58:18.36	
749	5406	NUNO GONÇALVES	M	65	43	00:58:55.19	00:58:23.11	KEEP RUNNING
750	4543	JOSÉ GIL	M	46	93	00:58:57.09	00:58:44.33	
751	5320	MICHAEL DE ARAUJO	M	36	67	00:58:58.71	00:58:32.96	MARINHA
752	2126	SÉRGIO DAMIÃO LOPES	M	45	94	00:58:58.72	00:58:35.42	MARINHA
753	4655	RENATO PALMA MESTRE	M	39	68	00:59:00.54	00:58:22.18	MARINHA
754	4376	ANDREIA CRUZ	F	30	62	00:59:00.83	00:58:27.22	MULTICERT
755	5284	JÉSSICA LEMOS	F	25	63	00:59:02.00	00:58:35.08	
756	5350	ANTONIO SOUZA	M	65	44	00:59:02.97	00:58:43.70	
757	4946	JOSÉ COELHO	M	53	77	00:59:03.56	00:58:35.50	
758	4892	LURDES TRIGUEIRO	F	44	83	00:59:06.61	00:58:54.68	
759	4574	TERESA TUPHOLME	F	48	48	00:59:08.62	00:58:56.62	TEAM SOARES
760	4754	TIAGO BESSA	M	37	69	00:59:10.11	00:58:09.61	VDA ATLETAS

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MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



761	4136	SARA REI	F	40	84	00:59:10.89	00:59:03.97	RUN FOR FRIENDS
762	4572	JOSÉ PIRES	M	44	115	00:59:12.35	00:58:24.69	LINK
763	1281	PATRICIA SANTOS	F	47	49	00:59:13.55	00:58:42.28	CLUBE NOVO BANCO
764	4350	JOSÉ ALEXANDRE CATALÃO DA CORDEIRO	M	48	95	00:59:14.06	00:58:51.26	INFANTE DE SAGRES HEALTH CLUB
765	4862	PAULO SANTOS	M	47	96	00:59:14.74	00:58:23.07	
766	5446	JOÃO SEBORRO	M	52	78	00:59:15.38	00:58:30.53	
767	5633	TÂNIA FERREIRO	F	36	85	00:59:22.92	00:58:48.35	
768	5431	PEDRO FERNANDES	M	43	116	00:59:23.73	00:58:56.08	
769	5265	HANNAH JODVALKIS	F	30	64	00:59:24.38	00:58:49.43	
770	4109	MANUEL SEQUEIRA	M	68	45	00:59:27.34	00:59:22.34	G.D.C.T. REPSOL POLÍMEROS
771	5116	MANUEL DA COSTA LUZ	M	53	79	00:59:28.49	00:58:44.94	
772	4781	JOÃO DIAS	M	59	43	00:59:28.56	00:59:01.33	
773	5368	VINCENZO SCARLATO	M	50	80	00:59:29.05	00:58:44.48	
774	4551	TINA OLIVEIRA	F	54	50	00:59:32.12	00:59:19.12	AMINHACORRIDA/MYPROTEIN
775	5151	INÊS BEXIGA	F	23	65	00:59:34.18	00:58:36.60	INFANTE DE SAGRES HEALTH CLUB
776	4462	INÊS PAIVA	F	39	86	00:59:34.40	00:59:07.87	
777	4113	PEDRO LETRAS	M	48	97	00:59:39.64	00:59:34.64	BUÉDASTRESS
778	5300	MANFRED REICHEL	M	56	44	00:59:40.02	00:58:50.59	
779	4699	HELGA GIRÃO	F	66	6	00:59:40.50	00:59:11.50	URBAN RUN TEAM
780	4948	CATARINA VARANDA	F	42	87	00:59:40.72	00:59:24.14	
781	5428	NOÉLIA LEAL	F	38	88	00:59:40.91	00:59:09.67	
782	4951	TAHAMARA DIAS	F	43	89	00:59:41.65	00:59:04.87	
783	5032	DANIEL BELCHIOR	M	18	122	00:59:43.10	00:59:00.19	BELCHIOR
784	5539	CARLOS RUIVO	M	31	123	00:59:43.58	00:58:39.53	
785	5550	ANA VIEIRA	F	40	90	00:59:43.97	00:59:17.85	OS BONS
786	4345	FERNANDO DOMINGUES	M	63	46	00:59:47.37	00:59:37.06	C MILLENNIUM BCP
787	5303	ILDA MORAIS	F	46	51	00:59:47.76	00:58:56.13	SEASIDE
788	4517	MARGARIDA PINTO	F	47	52	00:59:47.84	00:59:31.04	GFD RUNNING
789	4514	RITA BORBINHA	F	39	91	00:59:49.90	00:59:32.14	GFD RUNNING
790	4815	SÓNIA DIAS	F	41	92	00:59:51.11	00:59:29.53	100 ESTRILHOS
791	4592	MILENE CELESTINO	F	31	66	00:59:55.97	00:59:43.75	JRF & COMPANHIA
792	4577	NUNO PIRES	M	24	124	00:59:58.19	00:59:29.72	
793	4346	JORGE JESUS	M	65	47	00:59:59.99	00:59:59.99	CBAMM
794	4341	OLGA N LOPES	F	43	93	01:00:06.83	00:59:52.59	C MILLENNIUM BCP
795	5066	GIL MARGARIDO	M	41	117	01:00:07.44	00:59:02.94	RANCOSINHO 2018
796	5293	SANDRA CARDOSO	F	46	53	01:00:08.49	00:59:09.61	
797	4466	LUIZ ROSA	M	65	48	01:00:12.16	00:59:55.62	CLUBE ATLETISMO AMIGOS DE

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SEASIDE



BELÉM

798	2955	CAROLINA FONSECA	F	34	67	01:00:12.30	00:59:05.45	
799	4712	JOÃO PEREIRA	M	47	98	01:00:12.46	00:59:34.85	CLUBE C LISBOA
800	5236	ANTÓNIO COSTA	M	56	45	01:00:13.10	00:59:40.73	
801	5258	DIOGO MARQUES	M	22	125	01:00:13.76	00:59:47.00	
802	4571	MIGUEL FARIA	M	25	126	01:00:13.97	00:59:44.80	LINK
803	4250	HENRIQUE GAIRIFO	M	63	49	01:00:17.71	00:59:34.30	SSCGD
804	4694	MANUEL MARTINS	M	57	46	01:00:19.34	00:59:32.64	
805	4768	SYLVIE GOUSSEUX	F	46	54	01:00:20.00	00:59:44.00	
806	4777	JOANA PINA	F	34	68	01:00:20.06	00:59:23.47	RUNNERS POWER
807	5538	ALINE ALMEIDA	F	39	94	01:00:21.34	00:59:53.95	
808	5287	SOFIA PAULINO HENRIQUES	F	29	69	01:00:21.51	00:59:23.65	MARINHA
809	5286	ANA DO NASCIMENTO	F	26	70	01:00:21.81	00:59:23.76	MARINHA
810	4420	MARIO RODRIGUES	M	44	118	01:00:22.14	00:59:33.39	ALPHA RUN
811	5259	RAQUEL RIBEIRO	F	30	71	01:00:22.56	00:59:40.99	
812	5260	PAULA SOARES	F	33	72	01:00:23.11	01:00:23.11	TARTARUGAS TEAM
813	4418	ANA SANTOS	F	24	73	01:00:24.05	00:59:35.64	ALPHA RUN
814	4332	FRANCISCO MANUEL PACHECO DE PEIXOTO	M	53	81	01:00:27.22	01:00:02.69	INFANTE DE SAGRES HEALTH CLUB
815	4812	JORGE CAETANO	M	41	119	01:00:27.82	00:59:55.44	
816	2548	JANINE MCNALLY-TRAINOR	F	34	74	01:00:29.83	00:59:26.22	
817	5130	ÉRICA GOMES	F	31	75	01:00:30.58	00:59:34.60	IFC RUNNING
818	5489	INÊS BRÁS	F	31	76	01:00:30.68	00:59:35.14	
819	5155	LEONOR OLIVEIRA	F	45	55	01:00:30.87	00:59:47.07	CLUBE NOVO BANCO
820	4295	URSULA SCHENONE	F	53	56	01:00:31.78	01:00:13.68	ST JULIANS RUNNING CLUB
821	5011	JOÃO MENDONÇA	M	50	82	01:00:32.46	00:59:37.84	SPEM
822	5021	HELENA XAVIER	F	50	57	01:00:33.28	00:59:59.27	
823	4795	PAULO FIALHO	M	47	99	01:00:34.76	00:59:44.90	ALPHA RUN
824	4909	PAULO MONTEIRO	M	44	120	01:00:35.98	01:00:30.98	ASSOCIAÇÃO VALE GRANDE
825	5291	SANDRA MONTEIRO	F	41	95	01:00:36.05	00:59:49.15	CENTRO MARCHA E CORRIDA ODIVELAS
826	5289	CRISTINA NEVES	F	47	58	01:00:36.40	00:59:49.14	CORRER LISBOA
827	5160	NUNO VALENTE	M	34	127	01:00:39.65	01:00:07.80	CLUBE NOVO BANCO
828	4281	KATIE MATTHEWS	F	40	96	01:00:41.68	01:00:18.86	ST JULIANS RUNNING CLUB
829	5341	MIGUEL SILVA	M	24	128	01:00:42.45	00:56:32.31	
830	5103	PAULA FRAGOSO	F	43	97	01:00:42.87	00:59:54.87	CLUBE VODAFONE
831	4772	SÉRGIO DORE SOARES	M	49	100	01:00:43.47	00:59:45.54	
832	5081	ANA CONDE	F	25	77	01:00:45.07	01:00:25.34	TIME FOR ME

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DESCOBRIMENTOS

SEASIDE



833	5363	JORGE FERRO	M	48	101	01:00:45.19	00:59:45.18	
834	4684	INÉS GILBERT	F	42	98	01:00:45.84	01:00:03.67	
835	5466	SÓNIA BROCHADO	F	41	99	01:00:46.96	00:58:47.59	
836	1332	RAQUEL MOLEIRO	F	40	100	01:00:50.12	01:00:40.82	SEASIDE
837	5221	HELENA ROSA	F	52	59	01:00:50.30	01:00:13.76	N.A. PAPAGAIOS DE CASCAIS
838	5249	ANTÓNIO SARMENTO	M	43	121	01:00:50.79	01:00:20.02	
839	5068	MARIANA LABISA	F	19	78	01:01:00.47	01:00:14.87	
840	5412	ÓSCAR NUNES	M	29	129	01:01:02.61	00:59:57.65	
841	4613	ACIDÁLIO FIGUEIREDO	M	62	50	01:01:04.68	01:00:45.86	DUOLIFE
842	4208	JOÃO BARRETO	M	26	130	01:01:07.07	01:00:57.52	GD ARNEIRO
843	5107	ISABEL RODRIGUES	F	52	60	01:01:07.69	01:00:41.67	
844	4974	CATARINA CARAS-ALTAS	F	45	61	01:01:08.93	00:59:59.15	CLUBE COLABORADORES AGEAS
845	4642	MIGUEL PARDAL	M	52	83	01:01:10.54	01:00:09.98	PARDAIS
846	4643	CECILIA PARDAL	F	47	62	01:01:10.61	01:00:09.81	PARDAIS
847	5153	JOANA SERRANO	F	29	79	01:01:15.63	01:00:19.12	INFANTE DE SAGRES HEALTH CLUB
848	4861	CARLA SANTOS	F	45	63	01:01:16.10	01:00:24.73	
849	5628	CATARINA SANTOS	F	29	80	01:01:18.74	01:00:04.14	CLUBE ACCENTURE
850	5033	ANA CAROLLINA WINTER	F	38	101	01:01:20.82	01:00:18.64	MTFITRUN
851	4355	MARTA AGOSTINHO	F	40	102	01:01:21.97	01:00:20.48	
852	4356	MANUELA FERRER	F	48	64	01:01:22.58	01:00:21.37	
853	5017	DORA ANGELINO	F	41	103	01:01:24.39	01:00:22.67	
854	4410	ANA PAULA TAVEIRA	F	28	81	01:01:24.83	01:00:39.39	
855	5622	NUNO ESCADA	M	37	70	01:01:25.24	01:00:19.84	CLUBE ACCENTURE
856	4359	DIOGO SANTOS	M	29	131	01:01:26.45	01:00:37.24	HOVIONE SSC
857	4428	BRUNO MORAIS	M	27	132	01:01:26.93	01:01:06.42	EUROATLA
858	5218	ANA CANDEIAS	F	41	104	01:01:28.81	01:01:02.06	
859	5174	RICARDO NEVES	M	43	122	01:01:33.59	01:00:34.70	GD SANTANDERTOTTA
860	5205	NUNO ESGUELHA	M	29	133	01:01:36.41	01:00:43.51	
861	1572	CATARINA MORGADO FIGUEIRA	F	40	105	01:01:39.65	01:00:41.03	CLUBE COLABORADORES AGEAS
862	4587	RICARDO MENDES	M	40	123	01:01:41.37	01:01:26.66	ROADRUNNERS
863	4541	MADALENA SOARES	F	50	65	01:01:41.54	01:01:28.21	30 SEGUNDOS AO KM
864	5213	EVA QVARNSTROM	F	45	66	01:01:41.75	01:01:19.47	
865	5086	NICOLAU FURTADO	M	54	84	01:01:41.78	01:01:01.89	
866	4593	MARCELO FERREIRA	M	34	134	01:01:43.40	01:01:31.16	FLASH GORDON'S
867	4774	JORGE LOURENÇO	M	44	124	01:01:44.92	01:00:47.05	RUNNERS POWER
868	5352	ISABELLA FERREIRA	F	22	82	01:01:45.10	01:01:26.06	
869	4724	SÓNIA CORREIA	F	42	106	01:01:45.94	01:01:13.60	GDCTINCM



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870	4823	DIOGO FIGUEIREDO	M	30	135	01:01:47.46	01:01:19.41	
871	433	RICARDO PIRES	M	37	71	01:01:47.53	00:59:02.67	
872	5420	CESAR GUERRA	M	49	102	01:01:48.97	01:00:49.30	
873	5295	FILIPA REIS	F	42	107	01:01:52.21	01:01:22.41	SUNSET RUNNING TEAM
874	5208	LEONOR GONÇALVES BRIGAS	F	26	83	01:01:53.81	01:01:01.32	
875	5090	FÁTIMA PIRES	F	46	67	01:01:54.00	01:01:07.76	ADCRPJ
876	5281	PEDRO RODRIGUES	M	39	72	01:01:54.14	01:01:24.88	
877	5091	CARLA BAPTISTA	F	48	68	01:01:54.31	01:01:08.35	ADCRPJ
878	5198	LARISSA GOMES	F	27	84	01:01:54.56	01:01:02.00	
879	5199	RENATÃO TOMÉ	M	39	73	01:01:54.62	01:01:01.73	
880	3209	RODRIGO CARREIRA	M	48	103	01:01:55.27	01:01:09.14	
881	5210	MARTA PINTO	F	29	85	01:01:56.60	01:01:23.21	
882	4391	CATARINA BRÁS	F	33	86	01:01:57.58	01:01:31.24	FITNESS STUDIO 45
883	5226	FILIPA MONTEIRO	F	28	87	01:01:58.00	01:01:02.39	VERMELHOS E AMARELOS
884	5637	JOSE SANTOS	M	33	136	01:02:00.74	01:01:21.71	
885	5636	TERESA PAIS	F	47	69	01:02:02.04	01:01:22.21	
886	4448	BÁRBARA FARIA	F	34	88	01:02:02.64	01:01:48.84	
887	4516	LIDIA ANTUNES	F	35	108	01:02:04.42	01:01:47.25	GFD RUNNING
888	4673	ANGELA SANTOS	F	31	89	01:02:05.13	01:01:30.65	
889	4205	RITA MAIO	F	18	90	01:02:05.25	01:01:56.63	GD ARNEIRO
890	5246	ISABEL REDMONT	F	48	70	01:02:05.27	01:01:23.80	
891	4518	PATRICIA SANTOS	F	43	109	01:02:06.21	01:01:48.98	GFD RUNNING
892	5012	ANA MARQUES	F	27	91	01:02:07.02	01:01:05.27	BARRANCOS FC/BIOGADO
893	4674	HUMBERTO SOEIMA	M	32	137	01:02:07.32	01:01:32.78	
894	4709	JOAO FIGUEIREDO	M	62	51	01:02:09.71	01:01:31.38	CLUBE C LISBOA
895	4344	PEDRO C MURCA	M	52	85	01:02:11.21	01:01:50.73	C MILLENNIUM BCP
896	4198	JOÃO RAMOS	M	26	138	01:02:13.53	00:59:56.24	
897	4791	CÁTIA MARTINS	F	39	110	01:02:13.63	01:01:11.79	
898	4865	AURELIE CHEVALIER	F	34	92	01:02:14.37	01:01:54.79	
899	4871	HOLLY TAYLOR	F	41	111	01:02:14.42	01:01:37.42	
900	4794	ANA CABRITA	F	42	112	01:02:14.44	01:01:26.07	ALPHA RUN
901	5470	MÁRCIA FERNANDES	F	27	93	01:02:16.78	01:01:44.97	
902	4669	VANDA MARTINS	F	41	113	01:02:17.07	01:01:32.82	
903	4441	LUCIANO MARTINS SILVA	M	64	52	01:02:18.88	01:00:45.63	TAI YANG
904	4722	VITOR NUNES	M	50	86	01:02:20.19	01:01:22.24	
905	4282	JULIANA PERRIN	F	40	114	01:02:20.25	01:01:54.82	ST JULIANS RUNNING CLUB
906	4591	RAMIRO SEQUEIRA	M	37	74	01:02:21.17	01:01:50.34	

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SEASIDE



907	4784	JOSÉ ARTUR BARREIROS	M	47	104	01:02:21.56	01:01:40.00	
908	5235	BARBARA GANEFF	F	28	94	01:02:22.38	01:01:27.00	VERMELHOS E AMARELOS
909	4792	ANTONIO SOUSA	M	35	75	01:02:25.89	01:01:34.06	ALPHA RUN
910	4790	PATRÍCIA PRIMO	F	32	95	01:02:28.25	01:01:25.92	
911	5505	JOAO HENRIQUES	M	42	125	01:02:28.88	01:01:48.63	RHINOS
912	5452	VANDA SILVA	F	40	115	01:02:31.91	01:02:12.13	
913	5186	HECTOR COSTA	M	39	76	01:02:32.35	01:01:27.98	
914	5117	BEATE DA COSTA LUZ	F	55	7	01:02:33.13	01:01:48.80	DE
915	5209	MARIA NÉLIA PINTO	F	53	71	01:02:35.86	01:02:02.35	
916	4277	MINGZHI LIU	M	37	77	01:02:38.44	01:02:30.64	ST JULIANS RUNNING CLUB
917	4575	PAULA SOARES	F	50	72	01:02:38.48	01:02:25.03	TEAM SOARES
918	4689	ANA CONDE	F	49	73	01:02:38.59	01:01:24.46	
919	4690	RUI DOMINGOS	M	53	87	01:02:39.41	01:01:25.29	
920	5292	CARLA CARDOSO	F	44	116	01:02:40.43	01:01:40.98	
921	4353	ANA PEREIRA ROMAO	F	48	74	01:02:40.74	01:01:19.22	MARINHA
922	4354	MARIA MARQUES LOPES	F	51	75	01:02:40.95	01:01:20.99	MARINHA
923	39	BRUNO RAIMUNDO	M	33	139	01:02:43.37	01:01:41.38	MARVILA JOVEM
924	4429	ANDREIA COSTA	F	32	96	01:02:43.40	01:01:41.50	MARVILA JOVEM
925	4820	SANCHA PEREIRA	F	27	97	01:02:44.69	01:01:53.05	
926	4817	LUIS AZEVEDO	M	43	126	01:02:46.22	01:02:08.99	
927	5123	TERESA FERREIRA	F	66	8	01:02:46.53	01:02:03.20	RUNNING FAMILY
928	2954	INÊS VENTURA	F	34	98	01:02:48.90	01:01:42.05	LET'S GET PHYSICAL
929	4758	RICARDO MOURA	M	42	127	01:02:49.18	01:01:48.41	VDA ATLETAS
930	5126	RITA SILVA	F	31	99	01:02:51.59	01:01:44.44	
931	4547	ANA ISABEL DIAS LOPES	F	48	76	01:02:52.65	01:02:22.86	GD BANCO BPI
932	5139	PAULA NETO	F	54	77	01:02:52.93	01:02:19.12	CCD CRÉDITO AGRÍCOLA MÚTUO
933	4539	SIDÓNIA ATANÁZIO	F	32	100	01:02:53.72	01:02:39.35	SIDÓNIOS
934	5526	MARIA CORDEIRO	F	32	101	01:02:57.08	01:01:47.63	
935	5250	WENDY VAN CALSTER	F	38	117	01:02:58.74	01:02:04.35	RUNNING MUMS
936	5098	TIAGO RODRIGUES	M	31	140	01:02:59.43	01:01:50.22	
937	4421	JOÃO BENEVENTE	M	66	53	01:03:01.54	01:02:47.82	
938	4922	JORGE DOS SANTOS	M	35	78	01:03:03.08	01:02:16.00	MARINHA
939	5354	SONIA CASACA	F	40	118	01:03:07.75	01:03:07.75	PERNAS LOUCAS
940	5355	ANA ROSA RODRIGUES	F	55	9	01:03:08.05	01:02:30.49	PERNAS LOUCAS
941	2777	ANTÓNIO ALMEIDA	M	41	128	01:03:08.11	01:02:08.22	VDA ATLETAS
942	5460	M FRANCE VIANA	F	54	78	01:03:10.11	01:02:19.97	CHUBIRUBAS
943	4743	BRUNO VAZ	M	40	129	01:03:11.50	01:02:21.83	FIDELIDADE GDC

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DESCOBRIMENTOS

SEASIDE



944	5067	BEATRIZ FRANCO	F	63	10	01:03:11.58	01:02:38.01	
945	4976	ANA MARIA GUIMARÃES	F	61	11	01:03:13.38	01:02:39.55	CLUBE COLABORADORES AGEAS
946	4973	JOÃO PAULO PINTO	M	50	88	01:03:13.40	01:02:41.02	CLUBE COLABORADORES AGEAS
947	5118	THIAGO PONTES	M	37	79	01:03:13.77	01:02:09.63	VIVA O PADIM CIÇO
948	4278	MELANIE BORN	F	54	79	01:03:16.53	01:02:46.64	ST JULIANS RUNNING CLUB
949	5618	INÊS ALBERGARIA	F	37	119	01:03:17.69	01:02:15.43	
950	4537	LUIS NUNES	M	44	130	01:03:18.00	01:01:22.70	
951	5475	ANTONIO OLIVEIRA	M	51	89	01:03:21.25	01:02:55.70	OLIVEIRAS3
952	5201	JEAN-DENIS VANDERCLAUSEN	M	55	47	01:03:27.30	01:02:48.55	BE
953	5516	MANUELA SOUSA	F	53	80	01:03:28.73	01:02:50.56	
954	4553	CATARINA NOVAIS	F	40	120	01:03:30.66	01:03:09.20	
955	5104	ANA MENDES	F	35	121	01:03:33.76	01:02:27.07	418 I'M A TEAPOT
956	4916	PAULA LEITÃO	F	39	122	01:03:34.17	01:03:09.01	FC ESTRELAS LISBOA
957	4913	SANDRA DINIS	F	41	123	01:03:35.10	01:03:12.10	FC ESTRELAS LISBOA
958	5257	ANA RIBEIRO	F	46	81	01:03:36.39	01:03:03.31	
959	2213	BRUNO FERRÃO	M	42	131	01:03:39.95	01:02:28.86	SEASIDE
960	4728	CÉLIA CATARINO	F	51	82	01:03:41.00	01:02:56.72	SUNDAY RUNNERS
961	5013	ANDRE BARCELOS	M	28	141	01:03:43.79	01:02:43.13	
962	5073	FLORBELA MARIA PANTALEÃO	F	53	83	01:03:43.98	01:03:17.36	
963	4307	ARMÉNIO SILVA	M	80	54	01:03:44.28	01:03:18.58	NÚCLEO DE ATLETISMO OS PAPAGAIOS DE CASCAIS
964	4389	ADRIAN DE MELO	M	39	80	01:03:46.05	01:03:03.28	MARINHA
965	4738	MARIA COSTA RAPOSO	F	36	124	01:03:46.11	01:03:03.71	MARINHA
966	4705	PEDRO PONTE	M	28	142	01:03:46.41	01:02:47.95	COFINA RUNNERS
967	5533	DIANA PERALTA	F	27	102	01:03:48.57	01:03:01.31	#DD2017
968	4681	ANTERO MARTINS	M	64	55	01:03:49.72	01:03:13.84	
969	5524	ADELAIDE PORTO	F	52	84	01:03:51.59	01:03:45.81	
970	4742	ÂNGELA TAVARES OLIVEIRA	F	30	103	01:03:52.64	01:03:09.40	MARINHA
971	4735	ANA MORAIS	F	43	125	01:03:52.66	01:03:12.48	GDCTINCM
972	4397	TOM GINMAN	M	66	56	01:03:53.16	01:03:30.08	
973	4902	LAURA GOMEZ FUENTES	F	31	104	01:03:53.71	01:03:04.47	
974	4632	HELENA AFONSO	F	63	12	01:03:54.23	01:03:26.18	
975	5069	JOANA LABISA	F	22	105	01:03:54.82	01:03:10.41	
976	5631	RUI MAGALHÃES	M	42	132	01:03:55.68	01:03:12.40	
977	4401	ANTÓNIO VIDAS	M	54	90	01:03:55.93	01:03:16.83	CLUBE ANACOM
978	5447	PATRICIA DINIS	F	50	85	01:03:56.27	01:03:10.94	
979	4327	RENAUD TANNER	M	36	81	01:03:56.44	01:03:36.07	

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SEASIDE



980	4447	MICHEL TANNER	M	62	57	01:03:56.66	01:03:56.66	
981	5404	MARIA INFANTE	F	30	106	01:03:57.61	01:03:32.86	
982	4968	LURDES SANTOS	F	38	126	01:03:58.83	01:03:25.48	CORRIDA NOTURNA PARQUE DAS NAÇÕES
983	5070	GREGÓRIO LABISA	M	51	91	01:03:59.27	01:03:14.61	
984	5256	CECILIA GOMES	F	42	127	01:04:00.45	01:03:24.99	CASA DO PESSOAL DA RTP
985	5219	JORGE RODRIGUES	M	41	133	01:04:02.28	01:03:36.38	OS BONS
986	5158	PAULA MELLO	F	51	86	01:04:02.65	01:03:29.71	CLUBE NOVO BANCO
987	5339	JOSÉ GALVEIA	M	66	58	01:04:05.55	01:03:31.64	NAVIGATOR CLUBE SETÚBAL
988	4857	RAÚL COSTA	M	58	48	01:04:07.03	01:03:37.99	CLUBE ROBBIALAC
989	4819	TIAGO FERNANDES	M	34	143	01:04:07.20	01:03:28.00	
990	4858	JOSÉ VILELA	M	54	92	01:04:12.97	01:03:44.07	CLUBE ROBBIALAC
991	5501	TERESA SANTOS	F	44	128	01:04:13.97	01:04:01.17	
992	5473	SOFIA OLIVEIRA	F	25	107	01:04:15.37	01:03:53.53	OLIVEIRAS3
993	4816	ANDREIA PONTÍFICE SOUSA	F	27	108	01:04:15.98	01:03:33.41	
994	4897	NOELIA FONSECA SILVA	F	28	109	01:04:17.69	01:03:54.78	
995	4895	CARMEN SEVILLA	F	42	129	01:04:17.69	01:03:55.41	
996	4734	ANA PEREIRA	F	42	130	01:04:23.21	01:03:44.84	GDCTINCM
997	4869	FRANCISCO COITO	M	66	59	01:04:23.61	01:04:05.19	CLUBE MARGINAL
998	5264	FÁTIMA CARDOSO	F	26	110	01:04:24.66	01:03:47.70	CLUBE VODAFONE
999	4793	HUGO CABRITA	M	46	105	01:04:27.30	01:03:37.84	ALPHA RUN
1000	4650	SÓNIA SILVA	F	30	111	01:04:29.11	01:03:54.25	CORRER QUELUZ
1001	4648	JOAQUIM COUTINHO	M	53	93	01:04:29.26	01:03:53.77	
1002	5037	MARINA ALCALDE	F	29	112	01:04:29.90	01:03:40.53	
1003	5187	PRZEMYSŁAW GORSKI	M	37	82	01:04:29.99	01:03:40.47	
1004	4286	DIOGO OLIVEIRA	M	49	106	01:04:33.58	01:04:05.08	ST JULIANS RUNNING CLUB
1005	5254	NICOLA HALLETT-CAMPBELL	F	41	131	01:04:38.68	01:03:45.45	RUNNING MUMS
1006	5099	PAULO CAEIRO	M	37	83	01:04:38.71	01:03:30.02	
1007	1311	JULIANA A SILVA	F	47	87	01:04:45.35	01:04:08.67	C MILLENNIUM BCP
1008	4759	ANA RAMOS	F	44	132	01:04:45.43	01:03:54.31	VDA ATLETAS
1009	4773	SANDRA LOURENÇO	F	42	133	01:04:48.61	01:03:53.49	RUNNERS POWER
1010	4776	JOANA SANTOS	F	24	113	01:04:49.16	01:03:55.76	RUNNERS POWER
1011	5054	MARISA MARTINS	F	42	134	01:04:49.45	01:03:57.84	
1012	5217	CRISTINA MARIA DA LEBRE	F	52	88	01:04:50.69	01:04:03.53	CTA
1013	4778	BEATRIZ CARVALHO	F	20	114	01:04:54.24	01:04:28.93	
1014	4696	SAMUEL JOAQUIM	M	65	60	01:04:59.60	01:04:25.34	
1015	5468	ANA SOFIA FERREIRA	F	36	135	01:05:02.13	01:04:28.61	

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DESCOBRIMENTOS

SEASIDE



1016	5407	MARIA MADALENO	F	31	115	01:05:02.19	01:05:02.19	NUFARM TEAM
1017	4757	PEDRO BRANCO	M	49	107	01:05:02.20	01:04:11.28	
1018	5047	TERESA SARDINHA	F	48	89	01:05:02.37	01:04:37.00	NUFARM TEAM
1019	5007	JOSE RIBEIRO	M	73	61	01:05:05.10	01:04:05.48	GD SANTANDERTOTTA
1020	5379	JOÃO DUARTE	M	44	134	01:05:07.93	01:04:34.04	
1021	5134	ISABEL ALVES	F	52	90	01:05:09.98	01:04:33.11	CORRER QUELUZ
1022	5228	ANA CANAVEIRA	F	51	91	01:05:10.35	01:05:10.35	CCD TRANQUILIDADE
1023	4444	INÉS LOURENÇO	F	34	116	01:05:12.81	01:03:32.14	C AO CUBO
1024	4061	TERESA FLORÊNCIA	F	35	136	01:05:12.82	01:04:47.01	SALAMANDRECOS
1025	5169	PAULA FIGUEIREDO	F	61	13	01:05:13.23	01:04:25.02	GD SANTANDERTOTTA
1026	5513	HERMINIO COSTA	M	56	49	01:05:14.48	01:04:30.10	
1027	5358	MARIA SANTOS	F	44	137	01:05:15.26	01:04:24.57	
1028	5359	CARLA BOGALHO	F	50	92	01:05:15.94	01:04:25.91	
1029	4476	LUIS FREITAS DIAS	M	36	84	01:05:16.08	01:03:56.18	MARINHA
1030	4088	SONIA VIEIRA ALVES	F	45	93	01:05:16.46	01:03:55.18	MARINHA
1031	4653	ANTÓNIO ALMEIDA	M	59	50	01:05:16.81	01:04:32.83	
1032	5308	ANDRÉ ANTUNES	M	23	144	01:05:17.03	01:04:38.98	
1033	5278	JOÃO SILVA	M	27	145	01:05:17.45	01:04:34.85	
1034	4679	SOFIA CARVALHO	F	49	94	01:05:17.51	01:04:35.49	
1035	5643	CARMINE MORANO	F	64	14	01:05:18.50	01:04:42.01	US
1036	5642	ELIZABETH MORANO	F	59	15	01:05:20.06	01:04:44.27	US
1037	5638	ELISABETH LOUREIRO	F	62	16	01:05:21.62	01:04:59.49	SPORTING CLUBE DE CASAINHOS
1038	5267	DANIELA MONTEIRO	F	42	138	01:05:22.19	01:05:22.19	
1039	4644	PATRICIA FRANÇA	F	40	139	01:05:22.58	01:05:05.75	
1040	4668	LUISA GUERRA SANTOS	F	50	95	01:05:26.67	01:05:15.16	
1041	5263	LEONOR AZEVEDO	F	47	96	01:05:32.18	01:05:00.33	CLUBE VODAFONE
1042	4804	CELIA PEREIRA	F	40	140	01:05:35.30	01:04:54.32	EUROATLA
1043	4805	ALEXANDRE VIEGAS	M	34	146	01:05:35.94	01:04:54.58	EUROATLA
1044	5060	LUIS ANTUNES MENDES	M	48	108	01:05:36.02	01:04:46.75	MARINHA
1045	4606	RUI VARELA	M	39	85	01:05:36.62	01:05:36.62	MARMELADA COM AMOR
1046	4607	EMANUEL MATOS	M	43	135	01:05:36.90	01:05:12.22	MARMELADA COM AMOR
1047	4740	CÉLIA BORGES	F	44	141	01:05:50.72	01:05:10.08	FIDELIDADE GDC
1048	4457	JOÃO BOLINHAS	M	38	86	01:05:51.29	01:05:20.68	FAMÍLIA DO CORAÇÃO
1049	2337	PEDRO FARO	M	51	94	01:05:54.10	01:05:19.25	
1050	4933	MANUELA DE CASTRO	F	42	142	01:05:54.64	01:05:23.04	RUNNERS DE KINTAL
1051	1389	HUGO COSTA	M	40	136	01:05:58.43	01:05:11.58	HOVIONE SSC
1052	5385	ANDREIA MONTEIRO	F	40	143	01:05:58.58	01:05:11.51	

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SEASIDE



1053	5220	CARLOS TEIXEIRA	M	77	62	01:06:00.39	01:05:13.67	
1054	4483	HUGO VENANCIO	M	39	87	01:06:03.43	01:05:48.10	SS CGD
1055	4285	SANDY WEINTRAUB	F	36	144	01:06:04.03	01:05:39.66	ST JULIANS RUNNING CLUB
1056	4416	CASIMIRO RAMOS	M	56	51	01:06:04.13	01:05:35.23	CORRER LISBOA
1057	5440	SÉRGIO GONÇALVES	M	38	88	01:06:05.54	01:05:11.08	
1058	4287	DEBORA CORREA	F	47	97	01:06:06.05	01:05:36.79	ST JULIANS RUNNING CLUB
1059	4293	ALEXANDRA TORRES	F	49	98	01:06:06.65	01:05:36.98	ST JULIANS RUNNING CLUB
1060	4651	ANABELA MOREIRA	F	49	99	01:06:08.10	01:05:32.04	CORRER QUELUZ
1061	4298	JOSE MONTEIRO	M	69	63	01:06:08.14	01:05:59.00	GD SANTANDERTOTTA
1062	4786	EMÍDIO DIOGO	M	68	64	01:06:08.70	01:05:33.90	
1063	4991	AMANDIO FUNDO TAVEIRA	M	60	65	01:06:10.25	01:05:16.56	CLUBE PT-ZCS
1064	4662	LEANDRO ARAGÃO	M	38	89	01:06:11.24	01:05:21.23	MSBN
1065	4908	TELMA MARQUES	F	44	145	01:06:14.43	01:05:48.28	FUTEBOL CLUBE ESTRELAS LISBOA
1066	4854	SOFIA AZEVEDO GOULÃO	F	24	117	01:06:21.11	01:05:46.43	MARINHA
1067	4763	ANTÓNIO LOUREIRO	M	68	66	01:06:21.39	01:06:10.59	VDA ATLETAS
1068	5479	SOFIA SANTOS	F	36	146	01:06:21.93	01:05:44.43	
1069	4284	FELICIDADE WILLIAMS	F	39	147	01:06:22.63	01:05:57.14	ST JULIANS RUNNING CLUB
1070	5034	MARCO SOUZA	M	51	95	01:06:28.36	01:06:28.36	MTFITRUN
1071	5136	ANABELA CARVALHO	F	37	148	01:06:36.23	01:05:45.26	
1072	5095	MARIA PUGA	F	53	100	01:06:38.59	01:05:59.31	O MUNDO DA CORRIDA
1073	4695	ISABEL SANTOS	F	50	101	01:06:38.64	01:06:00.95	CORRER QUELUZ
1074	4187	PAWEL DUDZINSKI	M	38	90	01:06:40.03	01:05:49.96	
1075	4806	LEONEL RIBEIRO	M	30	147	01:06:40.97	01:05:39.90	
1076	4438	ARMANDO CORREIA	M	60	67	01:06:45.27	01:06:31.26	
1077	4965	FILIPA CALVÃO	F	52	102	01:06:49.25	01:06:18.34	CORRIDA NOTURNA PARQUE DAS NAÇÕES
1078	4672	HELENA DORES	F	53	103	01:06:49.61	01:06:33.48	TÁLENTOS TEAM
1079	5052	JOSUE XAVIER	M	40	137	01:06:50.12	01:05:55.42	AMCS
1080	4115	ANA FERREIRA	F	46	104	01:06:52.72	01:06:46.34	
1081	5171	PEDRO GRAÇA	M	40	138	01:06:56.65	01:06:56.65	GD SANTANDERTOTTA
1082	5247	JOSE ANTONIO CORDEIRO	M	54	96	01:06:58.36	01:06:49.51	MARINHA
1083	4702	RUI MANUEL VAZ	M	46	109	01:06:58.57	01:06:13.19	
1084	4528	ANA MARTINS	F	39	149	01:06:59.32	01:06:40.66	
1085	4474	MARTA FERNANDES	F	35	150	01:07:00.68	01:06:24.28	CASA DO BENFICA EM CASTELO BRANCO
1086	4693	RUI MANUEL VELEZ	M	54	97	01:07:01.02	01:05:46.99	
1087	4692	SUSANA NEVES DE ALMEIDA	F	42	151	01:07:01.16	01:05:45.56	
1088	4691	TÂNIA MARQUES	F	36	152	01:07:02.32	01:05:48.29	

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DESCOBRIMENTOS

SEASIDE



1089	5547	GEMMA BERROCAL BUENO	F	34	118	01:07:02.62	01:06:27.11	
1090	5131	RICARDO SIMOES	M	43	139	01:07:11.23	01:06:11.99	IFC RUNNING
1091	5059	JOAQUIM SOBREIRA NUNES	M	51	98	01:07:11.42	01:06:23.63	MARINHA
1092	5194	VANESSA FONSECA	F	26	119	01:07:12.78	01:06:24.94	
1093	4953	TERESA VARGAS	F	50	105	01:07:12.91	01:06:11.25	
1094	4160	RICARDO CARMO	M	28	148	01:07:16.10	01:06:15.58	FIDELIDADE GDC
1095	4741	MARIA FARINHA	F	30	120	01:07:16.14	01:06:17.92	FIDELIDADE GDC
1096	4601	ISABEL MORGADO	F	45	106	01:07:16.67	01:06:13.73	
1097	4747	ISABEL CARDOSO	F	53	107	01:07:18.86	01:06:23.19	
1098	4392	PEDRO AMEIXA	M	32	149	01:07:19.86	01:06:52.26	FITNESS STUDIO 45
1099	5500	PEDRO GONCALVES	M	45	110	01:07:24.33	01:07:11.64	
1100	4342	ARTUR DINIS	M	61	68	01:07:25.59	01:07:03.86	
1101	5410	EZEQUIEL ABRANTES	M	65	69	01:07:27.57	01:06:54.40	FALCÕES SELVAGENS
1102	4733	ANTÓNIO GASPAR	M	75	70	01:07:30.38	01:06:57.58	GDCTINCM
1103	5498	ANNA FRATTARUOLO	F	47	108	01:07:32.80	01:06:59.16	FRATTARUOLO-MARIN
1104	4975	ANA SANTOS	F	45	109	01:07:34.27	01:06:24.67	CLUBE COLABORADORES AGEAS
1105	5623	ANA PINTO	F	30	121	01:07:35.08	01:06:31.07	CLUBE ACCENTURE
1106	5112	DIANA BASILIO	F	27	122	01:07:42.40	01:07:03.02	
1107	4918	HUGO CERQUEIRA	M	42	140	01:07:43.22	01:07:19.48	FC ESTRELAS LISBOA
1108	5543	NATACHA CUSTÓDIO	F	31	123	01:07:54.78	01:07:12.29	GD S SEBASTIÃO DA FREGUESIA DE CANHA
1109	5122	RENATA CHICHORRO	F	31	124	01:08:03.77	01:07:08.53	
1110	5196	FERNANDA DOMINGUES	F	59	17	01:08:09.84	01:08:09.84	
1111	4923	RUTE PASSARINHO	F	42	153	01:08:11.27	01:08:11.27	FC ESTRELAS LISBOA
1112	5641	RÚBEN QUARESMA	M	24	150	01:08:14.05	01:07:36.24	
1113	4988	ANA ALICE PEREIRA	F	55	18	01:08:14.16	01:07:41.17	CLUBE PT-ZCS
1114	5109	RUI GUERREIRO	M	43	141	01:08:14.55	01:07:34.49	
1115	5111	JOANA VIEIRA	F	32	125	01:08:14.61	01:07:34.66	
1116	4649	EDUARDA RODRIGUES	F	49	110	01:08:17.40	01:07:41.93	CORRER QUELUZ
1117	5077	MÁRCIA FERREIRA	F	24	126	01:08:20.03	01:07:22.48	
1118	5132	ANA PRADO	F	41	154	01:08:21.18	01:07:24.10	IFC RUNNING
1119	5133	ELSA BARRELAS	F	43	155	01:08:21.41	01:07:24.50	IFC RUNNING
1120	5096	FERNANDA MORAIS	F	35	156	01:08:22.78	01:08:22.78	
1121	5092	PAULO ALEXANDRE MIRANDA	M	48	111	01:08:23.53	01:07:30.58	
1122	5324	ANA LOPES	F	49	111	01:08:23.79	01:07:31.89	
1123	5542	LINDA LAVADO	F	30	127	01:08:25.21	01:07:41.53	GD S SEBASTIÃO DA FREGUESIA DE CANHA
1124	5449	MARIA ROSÁRIO SOARES	F	49	112	01:08:26.00	01:07:54.03	

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SEASIDE



1125	4950	RICARDO CARVALHO	M	36	91	01:08:26.58	01:07:31.68	
1126	5340	VILMA OLIVEIRA	F	48	113	01:08:30.14	01:07:41.39	
1127	5051	VIOLETA NUNES	F	52	114	01:08:33.56	01:07:37.06	
1128	5615	JANAINA CARDOSO	F	35	157	01:08:40.64	01:07:38.58	
1129	4621	STEPHEN MESSELY	M	47	112	01:08:43.58	01:08:23.77	FIT RUNNERS
1130	5432	HENRIQUE RAMOS	M	42	142	01:08:46.51	01:07:58.82	
1131	1508	PRITESH MANILAL	M	41	143	01:08:49.80	01:08:14.04	
1132	5093	PAULO FERNANDES	M	39	92	01:08:50.75	01:07:51.61	
1133	4482	MONICA PIRES	F	22	128	01:08:51.91	01:08:13.44	SS CGD
1134	5147	CARLA D BRITO	F	45	115	01:08:53.00	01:08:17.12	C MILLENNIUM BCP
1135	5144	ROSA B GAMEIRO	F	46	116	01:08:53.80	01:04:20.96	C MILLENNIUM BCP
1136	4940	MARIO GONZAGA	M	45	113	01:08:53.87	01:08:07.78	CAPTAIN FLY
1137	4771	ELINA KRASITINA	F	31	129	01:08:54.18	01:08:26.16	
1138	5157	PAULA SILVA	F	48	117	01:08:57.04	01:08:25.56	CLUBE NOVO BANCO
1139	4955	PATRICIA COSTA	F	20	130	01:09:06.19	01:08:13.39	SEASIDE
1140	2080	ELISABETE COSTA	F	44	158	01:09:06.24	01:08:13.68	SEASIDE
1141	4372	DIOGO JESUS	M	30	151	01:09:08.80	01:09:08.80	COFINA RUNNERS
1142	5600	MÓNICA PACHECO	F	50	118	01:09:09.52	01:08:21.11	
1143	4903	MARTA ARROYO	F	31	131	01:09:13.79	01:08:24.55	
1144	5004	HERLANDER BRAZ	M	59	52	01:09:14.45	01:08:11.93	GD SANTANDERTOTTA
1145	4980	ANA LUCIA NOTARIO	F	49	119	01:09:16.12	01:08:36.53	
1146	5100	JOAO LANDEIRO	M	72	71	01:09:23.70	01:08:29.72	
1147	5617	ANDREIA COELHO	F	30	132	01:09:29.09	01:08:15.04	
1148	5614	ANDRÉ ALDEIA	M	36	93	01:09:29.23	01:09:29.23	
1149	5185	PEDRO AFONSO	M	35	94	01:09:32.07	01:08:21.13	
1150	4105	CARLA ALEXNDRA ALMEIDA	F	46	120	01:09:44.50	01:09:25.31	
1151	5380	ANA FREITAS	F	50	121	01:09:52.37	01:08:48.78	
1152	4726	MIGUEL FRAGA	M	48	114	01:09:52.90	01:09:14.25	GDCTINCM
1153	5204	TIAGO DOS SANTOS CARLOS	M	31	152	01:10:00.70	01:05:05.77	
1154	5044	SANDRA CABAÇO	F	46	122	01:10:01.98	01:08:59.67	LOBOS
1155	5128	ROMAIN LOMBERTY	M	27	153	01:10:02.59	01:08:55.69	
1156	5022	VIGUIÉ JESSICA	F	37	159	01:10:11.74	01:09:12.56	
1157	4906	ANTÓNIO CAEIRO	M	47	115	01:10:16.89	01:09:23.51	
1158	4687	MAYER RAPOSO	M	71	72	01:10:17.34	01:10:17.34	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO
1159	5121	IVA OLIVEIRA	F	45	123	01:10:18.15	01:09:22.10	ML
1160	4723	VITOR CARDOSO	M	41	144	01:10:19.45	01:09:22.38	GDCTINCM



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DESCOBRIMENTOS

SEASIDE



1161	4437	ANTÓNIA MACHADO	F	64	19	01:10:19.75	01:10:05.26	
1162	2212	KARINE MORAIS	F	51	124	01:10:26.39	01:09:14.09	SEASIDE
1163	4139	HUGO GUERREIRO	M	36	95	01:10:26.60	00:46:49.60	
1164	4120	PEDRO M CUNHA	M	40	145	01:10:46.36	01:10:35.63	C MILLENNIUM BCP
1165	5345	INÊS MARTINS	F	34	133	01:10:59.97	01:10:04.78	
1166	5346	SORAIA SILVA	F	29	134	01:11:00.88	01:10:06.13	
1167	4658	LUCIA SOUSA	F	35	160	01:11:02.68	01:11:02.68	HOVIONE SSC
1168	4731	TÂNIA DIMAS	F	49	125	01:11:04.69	01:11:04.69	
1169	5456	ALEXANDRA LOUÇÃO	F	23	135	01:11:06.23	01:10:30.40	
1170	5302	SANDRA CAMPOS	F	45	126	01:11:06.63	01:10:14.01	SEASIDE
1171	5304	GONÇALO LANDEIRA	M	20	154	01:11:06.63	01:10:15.09	SEASIDE
1172	4667	JOSÉ OLIMPÍO HENRIQUES DA GOMES	M	53	99	01:11:11.61	01:10:43.03	
1173	4647	CARLA CARVALHO	F	43	161	01:11:12.22	01:10:35.35	CORRER QUELUZ
1174	5172	SUSANA BRANCO	F	48	127	01:11:15.96	01:10:53.64	
1175	5084	FILIPA GASPAR	F	22	136	01:11:16.30	01:10:33.87	
1176	5164	JOÃO GOMES	M	67	73	01:11:17.50	01:10:52.26	CLUBE NOVO BANCO
1177	4917	MONICA CERQUEIRA	F	39	162	01:11:22.10	01:10:58.36	FC ESTRELAS LISBOA
1178	4610	BRUNO AMARO	M	37	96	01:11:22.46	01:10:20.55	
1179	4443	NUNO MIGUEL SILVA	M	38	97	01:11:23.38	01:09:45.02	TAI YANG
1180	4442	ANA PATRICIA FONSECA	F	37	163	01:11:23.65	01:09:47.28	TAI YANG
1181	4788	RITA DA SILVA	F	36	164	01:11:35.86	01:10:35.14	MARINHA
1182	4787	MÁRCIO VICENTE SILVA	M	32	155	01:11:36.88	01:10:36.40	MARINHA
1183	4639	KATHIA HADJ BACHIR	M	25	156	01:11:41.57	01:11:30.21	FLASH GORDON'S
1184	5532	NUNO DEUS	M	27	157	01:11:43.11	01:10:37.92	
1185	5016	ANA OLIVEIRA	F	26	137	01:11:51.12	01:10:48.59	
1186	5014	RITA MARTINS	F	26	138	01:11:51.20	01:10:51.25	
1187	5439	BARBARA AZEVEDO	F	42	165	01:11:52.20	01:11:07.69	MITOKONDRIA
1188	5369	MARIA SANTOS	F	57	20	01:11:54.64	01:11:43.40	LEGS ON
1189	5203	SÓNIA CAPITÃO-MOR	F	38	166	01:11:55.49	01:11:02.16	CORRER LISBOA
1190	4509	RITA GONÇALVES	F	39	167	01:11:58.17	01:11:03.65	
1191	4783	FILOMENA COSTA	F	52	128	01:12:06.53	01:11:09.82	SEASIDE
1192	2301	PAULA ALEXANDRA DIAS	F	37	168	01:12:07.95	01:11:11.57	
1193	5362	SONIA VELHO	F	39	169	01:12:10.40	01:11:19.21	
1194	4510	BARBARA BRAS	F	21	139	01:12:17.55	01:12:17.55	SSCGD
1195	4454	PAULO PEDRO	M	57	53	01:12:25.74	01:12:01.46	IMASAMS
1196	4207	FRANCELINA SILVA	F	54	129	01:12:27.90	01:12:19.07	GD ARNEIRO
1197	5184	FLAVIO FILIPE AFONSO	M	24	158	01:12:29.88	01:11:20.67	

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MEIA-MARATONA DOS  
DESCOBRIMENTOS

SEASIDE



1198	5222	RICARDO RODRIGUES	M	28	159	01:12:35.41	01:11:40.31	VERMELHOS E AMARELOS
1199	1581	CATIA FONSECA	F	36	170	01:12:56.29	01:12:15.80	SSCGD
1200	5058	NIDIA SILVA	F	63	21	01:13:00.24	01:12:29.13	
1201	4964	ISILDA RABASQUINHO	F	52	130	01:13:07.07	01:12:36.28	CORRIDA NOTURNA PARQUE DAS NAÇÕES
1202	4961	DIOGO CONDE	M	35	98	01:13:23.81	01:12:28.17	SEASIDE
1203	4962	CATARINA CONDE	F	27	140	01:13:23.87	01:12:28.03	SEASIDE
1204	5152	FILIPA INÁCIO	F	40	171	01:13:26.39	01:12:28.10	INFANTE DE SAGRES HEALTH CLUB
1205	4866	VOLKER MEIER	M	43	146	01:13:32.38	01:13:00.15	DE
1206	5065	GOTTFRIED KOLLASCHECK	M	64	74	01:13:34.57	01:13:02.48	DE
1207	4957	MARIA MACEDO	F	56	22	01:13:37.47	01:13:04.86	
1208	5405	FILIPA PIRES	F	23	141	01:13:38.00	01:12:53.52	
1209	5189	CLÁUDIO RUSSO	M	31	160	01:13:42.44	01:12:36.51	
1210	5190	MARIA HELENA RUSSO	F	33	142	01:13:42.60	01:12:36.50	LES BIG MECS
1211	4469	ANA LUCIA CHATILLON	F	31	143	01:13:44.80	01:13:28.98	
1212	5230	JOÃO RIBEIRO	M	54	100	01:13:53.29	01:12:58.79	CCD TRANQUILIDADE
1213	5181	MARIA DE FÁTIMA COSTA LUCAS	F	45	131	01:13:57.78	01:13:34.74	CENTRO DE MARCHA E CORRIDA DE ODIVELAS
1214	5182	ANA CRISTINA ABRUNHOSA	F	46	132	01:13:57.78	01:13:33.64	CENTRO DE MARCHA E CORRIDA DE ODIVELAS
1215	5183	MARIA SERRA	F	48	133	01:13:57.93	01:13:33.95	
1216	4456	ONDINA SANCHES	F	38	172	01:13:58.23	01:13:27.61	FAMÍLIA DO CORAÇÃO
1217	4824	FRANCISCA ESQUÍVEL	F	33	144	01:14:01.88	01:13:04.64	SEASIDE
1218	5548	MARIA MANUEL ALMEIDA CALDEIRA	F	55	23	01:14:12.24	01:13:31.75	
1219	5415	MIGUEL BARATA	M	45	116	01:14:16.00	01:14:01.68	
1220	4597	EDUARDA CARVALHO	F	30	145	01:14:41.15	01:14:17.97	MARMELADA COM AMOR
1221	4877	CARLOS FERREIRA	M	35	99	01:14:44.72	01:14:10.99	OS ATRETAS
1222	4878	CLAUDILENE OLIVEIRA	F	32	146	01:14:48.42	01:14:14.59	OS ATRETAS
1223	4502	SOFIA SANTOS	F	34	147	01:14:50.25	01:14:05.91	
1224	5002	SANDRA CUNHA	F	44	173	01:14:53.58	01:14:00.05	GD SANTANDERTOTTA
1225	4697	ANTONIO FIGUEIREDO	M	61	75	01:14:53.86	01:14:18.04	
1226	1325	TIAGO VEIGA	M	34	161	01:14:54.43	01:14:54.43	GD SANTANDERTOTTA
1227	4654	VERA SILVA	F	36	174	01:14:56.00	01:14:11.03	
1228	4700	FILOMENA PEDRA	F	22	148	01:15:07.30	01:14:25.71	BE IN SHAPE
1229	4701	ANA SILVA	F	45	134	01:15:07.83	01:14:25.38	BE IN SHAPE
1230	4652	CLÁUDIA FERNANDES	F	37	175	01:15:10.12	01:14:16.17	
1231	5465	MANUELA CUNHA	F	45	135	01:15:17.47	01:13:14.38	
1232	4458	ANA SALDANHA	F	46	136	01:15:23.57	01:14:53.34	FAMÍLIA DO CORAÇÃO
1233	4798	ANABELA SANTOS	F	40	176	01:15:27.96	01:14:43.23	WHS TEAM

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DESCOBRIMENTOS

SEASIDE



1234	4797	TIAGO FIGUEIREDO	M	27	162	01:15:34.23	01:14:48.46	WHS TEAM
1235	5462	ANA COUTO	F	22	149	01:15:36.09	01:14:22.92	MARAVILHOSOS
1236	4492	GONCALO CARVALHO	M	22	163	01:15:39.04	01:14:27.05	OS MARAVILHOSOS
1237	4938	PEDRO CÉSAR	M	44	147	01:15:44.49	01:15:00.79	SEASIDE
1238	4764	LURDES ALVES	F	62	24	01:15:47.23	01:15:07.41	
1239	5438	CARLO BIASOLI	M	63	76	01:15:56.60	01:15:22.84	
1240	5251	CAROLYN CAMPBELL-BALDWIN	F	40	177	01:16:00.63	01:15:06.05	RUNING MUMS PORTUGAL
1241	5120	ANA RAQUEL CRESPO	F	28	150	01:16:01.13	01:15:12.66	FORJACO-ROSA
1242	5119	ANA FORJACO JORGE	F	25	151	01:16:02.32	01:15:13.26	FORJACO-ROSA
1243	4749	ANA PAULA BRITO AZEVEDO	F	47	137	01:16:02.47	01:15:03.66	RUN&SMILE
1244	5376	AMÉLIA SILVA	F	58	25	01:16:25.37	01:15:39.45	
1245	4646	PERICLES RIBEIRO	M	48	117	01:16:51.33	01:16:04.26	ZANJOS
1246	5495	MARIA GODINHO	F	46	138	01:16:54.84	01:15:50.88	
1247	5496	ANA GODINHO	F	73	26	01:16:55.06	01:15:51.01	
1248	5492	SILVIA REDONDO SILVA	F	43	178	01:17:08.76	01:16:38.02	DOMINGUEIRA VENDAS NOVAS
1249	5239	BASILIO PAIXAO	M	49	118	01:17:18.65	01:16:31.70	
1250	5019	MÁRIO MARQUES	M	45	119	01:17:19.01	01:16:35.85	
1251	4941	PATRICIA ABREU	F	42	179	01:17:19.21	01:16:37.88	
1252	5536	NORIIHIRO KAKISAKA	M	45	120	01:17:20.73	01:16:23.34	
1253	4894	JOÃO CARVALHO	M	43	148	01:17:24.19	01:17:24.19	
1254	4990	ANA MADALENA VILELA	F	52	139	01:17:31.69	01:17:17.85	CLUBE PT-ZCS
1255	5178	PEDRO FILIPE	M	39	100	01:17:36.49	01:16:55.84	SISCOG
1256	5106	DAVID GONCALVES	M	33	164	01:18:00.62	01:16:53.97	
1257	5165	FRANCISCO COSTA	M	45	121	01:18:03.20	01:17:29.01	CLUBE NOVO BANCO
1258	4746	TENIZIA ASSIS	F	56	27	01:18:15.83	01:17:09.30	BR
1259	5015	CÁTIA SANTOS	F	27	152	01:18:46.11	01:17:44.64	
1260	2215	LEO BONFIM	M	38	101	01:18:52.12	01:17:40.87	SEASIDE
1261	4845	FERNANDO SEQUEIRA	M	61	77	01:18:52.71	01:17:38.64	
1262	4750	PAULO PRADO HENRIQUE JUNIOR PAULO PRADO	M	61	78	01:18:55.40	01:18:15.71	
1263	4737	CARLA DUARTE	F	49	140	01:19:07.65	01:18:26.75	FIDELIDADE GDC
1264	4994	MARIA TERESA LOPES	F	55	28	01:19:11.11	01:18:56.45	CLUBE PT-ZCS
1265	4995	HELENA CONCEICAO MACHADO	F	50	141	01:19:11.11	01:18:56.27	CLUBE PT-ZCS
1266	5076	SANDRA ZORC	F	31	153	01:19:33.43	01:18:47.41	
1267	4507	CARLOS ALVES	M	41	149	01:19:41.75	01:18:34.28	RUN TEJO
1268	5063	JOÃO GRAÇA	M	79	79	01:19:46.58	01:18:47.08	NUCLEO DESPORTIVO AUTOCOOPE
1269	522	LEONEL F BRANDAO	M	51	101	01:20:39.56	01:20:39.56	C MILLENNIUM BCP

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DESCOBRIMENTOS

SEASIDE



1270	4801	ANA SOARES	F	51	142	01:20:45.92	01:20:18.34	
1271	5168	REBECA AGUIAR	F	43	180	01:20:50.76	01:20:14.98	GD SANTANDERTOTTA
1272	5370	FERNANDO ANTONIO PASQUALI	M	55	54	01:21:11.34	01:20:28.76	MAKTUB
1273	5408	PAULA MARQUES	F	32	154	01:21:19.19	01:20:27.62	RUN FOR FRIENDS
1274	5458	CRISTINA SEBASTIÃO	F	45	143	01:21:21.65	01:20:27.52	
1275	5110	LUIS SEVERO	M	25	165	01:21:39.27	01:20:59.09	
1276	5238	MARINA AZEVEDO	F	52	144	01:21:40.21	01:20:52.79	
1277	5464	JOANA FERREIRA	F	31	155	01:21:46.48	01:20:52.85	CORRER LISBOA
1278	4315	PEDRO MARTINS	M	33	166	01:22:04.54	01:22:04.54	SALITRE
1279	4316	MARIA MACHADO	F	34	156	01:22:04.60	01:22:04.60	SALITRE
1280	5435	ANA PAULINHO	F	59	29	01:22:08.76	01:21:41.42	
1281	5433	MARIA JOÃO	F	45	145	01:22:09.00	01:21:41.50	
1282	5023	VERA LIMA	F	58	30	01:22:20.71	01:21:50.44	LIMA
1283	1460	MARIA CARMO ANJOS	F	72	31	01:23:33.45	01:23:33.45	CONDOR
1284	5088	ANDRES BELTRAN	M	29	167	01:23:41.14	01:23:41.14	
1285	5028	ANA MARTINHO	F	40	181	01:23:51.96	01:23:02.94	
1286	5179	FERNANDA ROSA BORGES	F	59	32	01:24:11.89	01:23:11.68	RUN 4FUN
1287	5430	ANA VIEIRA	F	41	182	01:24:18.84	01:23:29.51	
1288	4785	LUCINDA HENRIQUES	F	69	33	01:24:44.36	01:24:17.57	CONDOR
1289	4676	MARIA PINTO	F	55	34	01:25:59.94	01:24:58.72	CABELEIREIRO MODA JOVEM
1290	5031	ANA BELCHIOR	F	20	157	01:26:00.14	01:25:17.64	BELCHIOR
1291	4915	ALESSANDRA YANEZ	F	40	183	01:26:04.69	01:25:16.33	GO INSURANCE
1292	4921	PAULO GOMES	M	39	102	01:26:04.98	01:25:16.32	GO INSURANCE
1293	5055	ANTÓNIO MARQUES	M	72	80	01:26:58.65	01:26:48.98	
1294	5043	PEDRO SILVA	M	24	168	01:28:33.36	01:27:28.71	FAST AND FURIOUS
1295	5042	DIANA SALPICO	F	22	158	01:28:34.01	01:27:29.14	FAST AND FURIOUS
1296	5620	JULIANA MACEDO	F	33	159	01:29:17.04	01:29:07.81	
1297	5471	TIAGO RODRIGUES	M	32	169	01:29:17.98	01:28:36.53	ALGUÉM&NINGUÉM
1298	4272	WALKIRIA BENEDETTI	F	57	35	01:29:24.98	01:28:59.14	ST JULIANS RUNNING CLUB
1299	5301	DENISON SANTOS	M	29	170	01:29:25.00	01:28:28.92	
1300	5243	MARIA ADILIA GUERRA	F	62	36	01:29:29.75	01:28:46.49	
1301	5624	RAFAEL MURTA	M	35	103	01:30:08.74	01:29:04.38	CLUBE ACCENTURE
1302	5463	NAGA HYMA CHAKRAVARTHI	F	37	184	01:30:08.93	01:29:06.27	
1303	5621	MADHU CHAKRAVARTHI	M	42	150	01:30:08.98	01:29:06.31	CLUBE ACCENTURE
1304	4807	RUI PINTO	M	43	151	01:30:11.67	01:30:11.67	MEWTWO
1305	4320	INÊS XAVIER	F	30	160	01:30:22.25	01:29:37.90	
1306	4663	VANESSA NUNES	F	37	185	01:30:50.75	01:30:01.02	MSBN

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DESCOBRIMENTOS

SEASIDE



1307	5146	FOCK Y WAN	F	68	37	01:33:10.77	01:32:57.24	C MILLENNIUM BCP
1308	5145	JOSE G ARRUDA	M	69	81	01:33:11.21	01:32:57.00	C MILLENNIUM BCP
1309	4843	MARIANA LOPES	F	24	161	01:34:31.04	01:34:02.21	
1310	5386	BRUNO MONTEIRO	M	32	171	01:34:32.03	01:34:03.35	
1311	5494	MARIA AGUIAR	F	47	146	01:34:45.98	01:34:45.98	
1312	5469	STEPHANIE XAVIER	F	34	162	01:36:12.70	01:35:40.89	
1313	4317	LEILA FERREIRA	F	35	186	01:36:21.71	01:36:21.71	SALITRE
1314	4770	ANDRÉ AGOSTINHO	M	36	104	01:40:12.04	01:39:25.65	
1315	4769	CARLA ALVES	F	39	187	01:40:12.78	01:40:12.78	
1316	4506	JOANA CRUZ	F	24	163	01:42:18.37	01:41:48.48	RUN TEJO
1317	4318	RAQUEL BATISTA	F	35	188	01:44:32.25	01:44:32.25	SALITRE
1318	5161	MARGARIDA ASCENÇÃO	F	44	189	01:51:58.89	01:51:02.66	CLUBE NOVO BANCO
1319	4664	ADRIANA WALCKER	F	48	147	01:52:34.52	01:51:46.22	MSBN
1320	1391	MIGUEL CANSADO	M	48	122	02:24:33.24	02:23:24.22	HOVIONE SSC
1321	4128	JOSE N MARQUES	M	48	123	02:25:03.61	02:25:03.61	C MILLENNIUM BCP

Total de registros: 1321